

WHO SHALL SURVIVE?

We will!

**ABE Certified Members
2020-2023**

Highlights

J. L. MORENO

A grayscale photograph of three people walking towards the camera. On the left is an older woman with short hair and glasses, wearing a dark top and light-colored pants. In the center is a woman with short, curly hair, wearing a dark blazer and light-colored pants. On the right is a man with short hair, wearing a light-colored button-down shirt and dark pants. They are all smiling and appear to be walking together. The background is a plain, light color.

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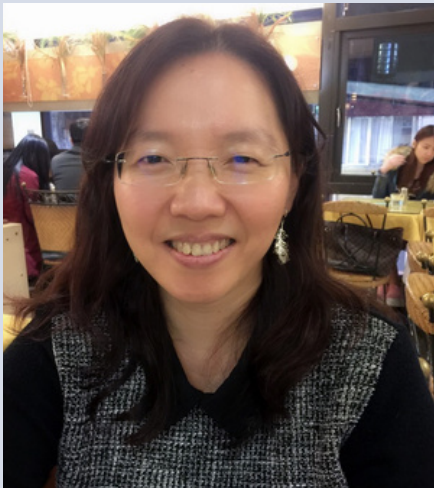
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BIOGRAPHIES



Sulabha “Su” Abhyankar, LCSW, CP, PAT

Su is a Licensed Clinical Social Worker in the state of California since 1999. She has been working in the field of psychotherapy and social work for 33 years. She has a private practice specializing in Trauma processing, relationships and addiction issues. Su utilizes Psychodrama and Sociometry techniques in individual and group settings; personal growth groups, Trauma processing groups, and clients in IOP (Intensive Outpatient Programs) from Drug/Alcohol Rehab Centers.

For Mental health Professionals: She utilizes Psychodrama and Sociometry theory and techniques for Staff Trainings/Team Building Groups, Trauma Informed Therapy Training for Mental Health Professionals and Compassion Fatigue Management workshops for mental health professionals.

Su provides Training Workshops in Psychodrama, Sociometry for professionals working towards Certification in Psychodrama. Students are introduced to the theory, philosophy and psychodramatic techniques and structure with sociometric action exercises and psychodramatic enactments. Trainings focus on History and Philosophy of Psychodrama, Understanding Role Theory , Catharsis of Abreaction and Integration, Classical Doubling, Satten Slide Doubling and the clinical theory for utilizing different doubling styles based on the protagonist's drama.

Sulabha is originally from India and has lived in California for 35 years. She weaves her eastern philosophy, her western clinical training and her life experiences together to create a unique, learning experience and provides clients, students and professionals with a supportive network.



Patrick Barone, JD, TEP

My first psychodrama experience was in 2007 with John Nolte. I was immediately hooked!

I began training with Dale Buchanan and Nina Garcia. Subsequently, my trainers included Louise Lipman, Donna Little, Barbara Guest, Ann Hale and Peter Pitzele.

My biggest supporter has been my wife, Dr. Elizabeth Corby, who is also a TEP.

Together we formed the Michigan Psychodrama Center in 2015. We offer ongoing psychodrama training and personal growth workshops and a biweekly psychodrama therapy group.

In my role as lawyer, I use psychodrama in my state trial practice and federal sentence mitigation work.

I also lead Bibliodrama workshops for personal and spiritual growth.



Yawei Bi, TEP

Hi, this is Bi Yawei from Hunan, China. It was during my first immersive experience at Dr. Gong Shu's workshop when I established a deep connection with psychodrama, bringing my life into a brand new chapter.

Though Dr Gong Shu and Dr Lin Ciyue were my primary trainers, the progress I made was improbable without the guidance from masters all around the world.

In addition, I would like to offer a special thank you to Dr Zhong Lianghong for being both my mentor and my friend in the past ten years. She always encouraged and supported me on the journey of exploring psychodrama, and she did not hesitate to have me leading together with her when she decided to open workshops in Changsha, Hunan.

The plentiful help I have received is what motivates me to keep moving, and I would like to offer as much as I can to people in need of psychological assistance and further promote psychodrama to a wider audience.



Uneeda Brewer, MSW, TEP

On Becoming a TEP: A Story of Perseverance and Compassionate Encouragement

I started my psychodrama training 30 years ago with the intention of completing all the certifications within 10 years. I attained my CP certification in 1997 after 7 years of training with Dr. Nina Garcia and Dr. Dale Richard Buchanan. At that time, I set my goal for completing the TEP certification for 2002. However, in 2002, my plans changed. I paused my training and for the next ten years I pursued other important life goals.

During my time away, I continued to use my psychodrama & sociometry knowledge & expertise in all the work I was doing in my corporate position at Johnson and Johnson and in consulting projects with The Oxford Group (primary office in Oxford, England). I designed and facilitated leadership and other types of workshops using my knowledge of sociometry and group dynamics to enhance connections and strengthen group cohesion. As I coached clients, I used doubling and role reversal to understand them and their situations better, and to help them tap into their spontaneity and creativity so they could live more fulfilling lives. I maintained my connection to the psychodrama community through serving on ASGPP committees and presenting workshops at annual conferences. My passion for the method drew me back to training and strengthened my desire to complete my TEP certification.

I am grateful to my trainers, Nina Garcia, and Dale Richard Buchanan, for supporting me on this journey and for keeping the door open into TEP-dom for me. I am grateful to the many colleagues and friends, too numerous to name individually, who encouraged me and supported me along the way as well. I have become the psychodramatist I always wanted to be. I will continue to use psychodrama & sociometry in all that I do because I have witnessed its power to heal and transform lives positively including my own.

**“An open door says, “Come in,”
Doors by Carl Sandberg**

**“It’s not where your dreams take you,
its where you take your dreams.”
Maya Angelou**



Lori Budman, MSS, LCSW, PAT

I came to Psychodrama to expand my repertoire as a Gestalt Therapist. Having been introduced to it by a friend who took me to his training group that fateful night in 2015, it caught me and excited me in a way that I did not realize I needed.

Fast forward to 2019-2020 during the pandemic lockdown when another opportunity arose, this time to attend a virtual CP Exam Prep Course with Louise Lipman to get ready for the October 2020 Exam.

Having received a provisional CP in early 2021, I was able to begin the PAT process, and became an official Certified Practitioner of Psychodrama after passing the on-site in August 2022 after the pandemic restrictions were lifted.

Psychodrama continues to energize me and the work I do with individuals, couples, clinical groups, and trainings in the Philadelphia area.



Sara R. Butler, LCSW, CP, PAT

Sara R. Butler, LCSW, CP, PAT, is a dedicated and proud queer therapist, bringing a passionate commitment to the field of psychodrama. She began her psychodrama training journey in 2008 during her graduate studies at Monmouth University, under the guidance of Ronald Collier, LCSW, TEP, and later with Scottie Urmey, LCSW, TEP. Sara has utilized her expertise in various settings, including partial hospital programs, outpatient trauma programs, and intensive in-home community stabilization.

Since 2018, Sara has served as the founder and director of The Organization for Therapeutic Treatment, Education, and Recovery, also known as The OTTER Group. In this role, she has created a platform for comprehensive therapeutic services tailored for individuals impacted by trauma, with a particular focus on children, women, and the LGBTQ+ community. Sara's specialization lies in employing psychodrama as a fundamental method to address a wide range of issues, including anxiety, adjustment difficulties, trauma, child development, parenting challenges, and perinatal mental health.

In addition to her clinical work, Sara actively contributes to the psychodrama community. She co-founded the Psychodrama Collaborative NJ in 2017 and served as a board member until 2019. Currently, she volunteers for the American Board of Examiners (ABE) and is a Practitioner Applicant for Trainer (PAT), showcasing her dedication to ongoing professional development and high standards of practice.

Sara has been devoted to providing educational opportunities to fellow providers. Since 2017, she has been conducting training workshops on essential topics such as Secondary Traumatic Stress and Trauma-Informed Care.

Looking ahead, Sara is actively engaged in developing training programs for 2024. Her focus is on exploring the integration of psychodrama with related fields and child development care. She is set to present at the 2024 ASGPP conference on "Empowering Clients Utilizing Psychodrama " and hosts monthly Psychodramatic Peer Supervision groups for mental health professionals. Additionally, Sara has recently initiated a virtual test preparation group, ensuring that aspiring psychodrama practitioners are well-prepared and knowledgeable for the certification exam.

Sara eagerly anticipates her next chapter as she works towards completing her certification as a Trainer, Educator, and Practitioner of Psychodrama, embracing the exciting opportunities that lie ahead in her professional journey.



Hsiu-Chuan Chang, PhD, LCP, TEP

I am Hsiu-Chuan Chang from Taiwan. In 2005, I was introduced to psychodrama by my first trainer, Nien-Hwa Lai. Subsequently, with my second trainers, Dr. Pam Remer and Dr. Rory Remer, I gained a richer understanding of sociometry and multiculturalism. I also learned about working with trauma in group setting from Dr. Kate Hudgins. I'm thankful for the opportunity to learn from trainers of various cultures and styles.

Over the past 18 years, I have been fortunate to apply psychodrama in my work with Chinese families, along with Dr. Nien-Hwa Lai. I also incorporated Dr. Lai's cultural psychodrama into my doctoral thesis on Chinese family therapy, promoting the awareness of psychodrama.

I am a counseling psychologist and the director of Mao-Chong Counseling Center in Taipei. In 2010, I had the privilege of visiting Zerka Moreno and was deeply influenced by her. With her influence, I'm dedicated to taking psychodrama beyond therapy rooms.

In addition to community counseling, I conduct psychodrama training in schools, businesses, government agencies and integrate psychodrama into mental health education in community, making it a part of people's lives and unlocking the potential for social transformation.



Yen-Hung Chang, MS, LCP, TEP

I vividly remember participating in my first psychodrama workshop in 2006. This holistic approach to therapy deeply resonated with me and set me on a journey of psychodrama learning. I began my studies with Kate Hudgins, Ph.D., TEP pursuing the TSM (Therapeutic Spiral Model) approach. Later, I joined Nien-Hwa Lai, Ph.D., TEP 's training group, both of whom became my primary and secondary trainers for CP and TEP certifications.

Over the past decade of learning psychodrama, in addition to being grateful for the teachings of many instructors, I've had the privilege of meeting a group of inspiring psychodrama enthusiasts through Nien-Hwa Lai's training group and Lifelong group peers. They have been my companions in learning psychodrama and personal growth.

During my journey towards TEP certification, I'm thankful to Yu-Cheng Chang, MEd, TEP and Tzu-Yueh Lin, ME, TEP for creating a co-training experience and to a group of trainees who placed their trust in me and accepted my training.

Lastly, I want to express my heartfelt gratitude to my family for their unwavering support, and to myself for never giving up.



Yu-Cheng Chang, PhD, LCP, TEP

Hi! I'm Yu-Cheng Chang (Aaron) from Taiwan. Becoming a psychodrama trainer has truly been the realization of a dream for me.

Since starting my journey into psychodrama at 23, I've spent 15 enriching years witnessing the beauty and challenges of human nature through each session. I'm deeply grateful to my primary trainer, Nien-Hwa Lai. Collaborating with her on my doctoral dissertation, I learned to understand more profoundly how Chinese culture influences a person's handling of challenges, emphasizing the importance of respecting each individual's cultural background.

Additionally, I am involved in ongoing research and teach psychodrama in university settings. Primarily serving adults and teenagers in Mao-Chong Art Counseling Center in Taipei, my past experience as a school teacher fuels my passion for supporting professional development in educators.

I cherish working with my group members, addressing past traumas and envisioning futures together.

Being honest and present with everyone is something I've always committed myself to. I'm eager to encounter people from diverse cultures through psychodrama, hoping to make life even more meaningful and beautiful!



Chia-Wen Chen, MS, LCP, TEP

My first encounter with psychodrama was in 2005, when I participated in a psychodrama workshop led by Dr. Kate Hudgins. I was fascinated by psychodrama. It has greatly enriched my life. I learned how to be myself, love myself and trust myself. I am happy to become a TEP in 2023.

Looking back, it is a wonderful journey. I get much healing and learning from psychodrama.

I not only learned how to help clients through action-based experiential methods but also learned how to teach trainees step-by-step. Using the way they can understand.

I am deeply grateful to my primary trainer Dr. Kate Hudgins, who walked with me on such a wonderful journey. She is so warm. She always encourages and supports me. Her love nourishes me. She teaches me how to love and to be loved. She also teaches me how to be a trainer who can clearly teach. She is a good teacher and good friend.

I also pay special thanks to Dr. Siyat Ulon. He is my secondary trainer. He guides me into Jungian orientation and teaches me how to combine Jungian and psychodrama. He has a tender and open heart.

Besides, I want to thank my husband and son. Their love always supports me.

I am honored to become a part of this community.



Ching-Mei “Medea” Chen, MSW, TEP

The first time I came into contact with psychodrama was in the fall of 1990. I took a psychodrama course in the first semester of my senior year. In the last experiential course at the end of the semester, I became the protagonist of a psychodrama, dealing with the deep sadness of my mother's death for many years.

The first trainers for CP and TEP certification are Dr. Gong Shu and Dr. Lai, Nien-Hwa.

The main people who supported my study of psychodrama were my husband and the father of Taiwanese psychodrama, Chen, Chu-Chang, PhD in Psychiatry.

During the certification process, the main service targets are teachers, college and graduate students, and community volunteers.

In the future, I want to run a psychodrama group at a low cost so that more people can benefit from psychodrama.



Chun-Chin Chen, MS, TEP

Become a trainer

Years ago, I embarked on a journey of learning psychodrama to meet the needs of students. Encouraged by the renowned psychodrama master, Teacher Gong Shu, I applied psychodrama to students, parents, and teacher groups on campus, and eventually expanded to serve the community residents.

Throughout the years, from obtaining director certification to becoming a psychodrama trainer, I am particularly grateful to my first trainer, Lai Nien Hwa. She not only possesses exceptional and creative professional skills but also a strong belief in sharing, co-learning, and transmitting love. She often stresses that psychodrama emphasizes not just skills but also the spirit of love and care.

I also want to express my gratitude to my second trainer, Gong Nin Shing, whose step-by-step teaching on time structure, director's personal style and the hope and meaning brought by spirituality has greatly benefited me.

Leading community psychodrama groups is always my passion. After becoming a trainer, I have more opportunities to go to various remote communities to give the general public a chance to experience the magic of psychodrama in a profound yet accessible way.



I-Jung Chen, MS, LCP, TEP

Learning Psychodrama has been a long journey for me. I first started it in 1982. I directed my first psychodrama under the supervision of Chew-Chung Wu, when I was a clinical psychologist in a psychiatric hospital in 1985.

I learned from Zerka Moreno, Dorothy Satten and Kate Hudgins who taught me how to be a director and helped me working through my own issues. I am immensely grateful to them.

LDr. Lai Nien-Hwa, TEP was my primary trainer, who supervised and supported me in many ways. I am grateful to her for giving me a lot of space to integrate my professional and personal growth.

I also appreciate sincerely Dr. Chou Chi-Chu, TEP who encouraged me to lead and teach psychodramas with creativity.

Many thanks also go to Dr. Pam & Rory Remer, Donna Little, Kung Ning-Shine, Hart, Katrena and my peer supporting group who all provided me with insights and encouragement.

I will carry on this journey with passion and creativity to be a Trainer, Educator, and Practitioner.



Shin-Jaw Chen, MD, TEP

I first encountered psychodrama on July 5, 1990, during my fourth day as a first-year psychiatric resident when I participated in a psychodrama session in the day ward of psychiatry department of National Cheng-Kung University Hospital in Tainan, Taiwan.

I am delighted to have officially received the TEP certification from the ABE this July.

In total, my psychodrama journey has spanned 33 years, which is more than half of my age of 61. My wife once said that psychodrama is my "affair." However, she is happy that she doesn't have to force me to choose between her and my "affair."

It has been a fulfilling result of my journey in learning and practicing psychodrama.

In my 33-year psychodrama journey, I received several valuable gains:

1. Liberation from my father's authority.
2. Improving my relationship with my wife.
3. Learning how to be a timely friend to my children.
4. Finding a supportive community of like-minded individuals.
5. Self-integration and self-love.
6. Professional growth.

My greatest lifelong aspiration for myself is two-fold.

Firstly, I want to remember the initial purpose of learning psychodrama: it's not for fame or money, but for psychological growth of myself, as well as the maturity of skills, attitudes, and capabilities in the field of helping profession.

Secondly, I wish to promote affordable psychodrama training. I hope that people can learn without spending too much, and once they've gained expertise, they can continue to apply this mindset to help others in need.



Su-Feng Chiou, MS, LCP, TEP

My name is Chiou, Su-Feng. I started learning psychodrama at Changhua Hospital from 2011, and I passed the TEP exam this year.

My Primary Trainer was Chou, Chi-Chu, Ph.D., TEP, my Secondary Trainer was Hsieh, Yun-Jen, TEP, and my Adjunctive Trainers were Dr. Liang, Sun-Yuan, and Lin, Tzu-Yueh, TEP. I appreciate for their mentoring, which expanded my knowledge and skills.

The journey of TEP certification was a process of self-improvement and personal growth. I expect that I will continuously provide training about how to apply psychodrama to psychiatry services, child therapy, addiction treatment, and individual counseling etc.



Jia-Yu Chu, MS, LCP, TEP

I am Jia Yu Chu, TEP and a licensed counseling psychologist in Hualien, Taiwan. I first learned about psychodrama in 2009. When I first time joined a psychodrama group and became the protagonist, I found it to be a very healing experience. I believe that integrating spiritual power and psychodrama's healing is my lifelong calling. In 2010, I decided to pursue a career in psychodrama and participate in first training group.

In 2023, I begin an exciting new journey as a TEP in Hualien, Taiwan. I am grateful to my primary trainer, Nien-Hwa Lai, for her guidance and 100% support. She has taught me the importance of being creative and humane in my work. My secondary trainers, Siyat Ulon (TEP journey) and Tzu-Yueh Lin (CP journey), have also been great mentors. They have shown me how to work effectively with trainees from all backgrounds. I am inspired by their examples, and as the only TEP in eastern Taiwan, I am committed to building the Hualien psychodrama community in this beautiful but rural place.

I work as a school counseling teacher with Aboriginal students in Hualien. Being a psychodramatist, I, and my trainees, work hard to bring psychodrama into schools, hospitals, jails, and the community in Hualien. My dream is to share the creativity, spontaneity, and love of psychodrama with every corner of eastern Taiwan.

P.S. The picture was taken at the Horse Auxiliary Therapy Center in Hualien. I have been working to integrate resources from different approaches and offer a variety of mental health services in Hualien.

- *Licensed Counseling Psychologist

- *Special Education Teacher's Certificate

- *Master of the Department of Thanatology and Health Counseling,
National Taipei University of Nursing and Health Sciences.

- *Counseling Psychologist of Fonglin Junior High School, in Hualien

- *Areas of competence:

 - Spiritual Development (Bibliodrama and Gospel Psychodrama)

 - Using Expressive Art Therapy (Psychodrama) In Self-Exploration, Family &
Interpersonal Relationships

 - Issues of Crisis Managing, Grieving Counseling and Adventure Therapy for
teenagers and families.



Kerry Conca, LMHC, CP, PAT

My psychodrama journey has had a profound impact on my life personally and professionally.

Often, I reflect that I may not be the person I am today without the years of psychodrama groups that were the roadmap I needed to navigate my young adulthood and early career. I consider myself extremely fortunate to have been exposed to psychodrama while in graduate school by the person who became one of my primary trainers, Sandra Seeger.

I joined a training group facilitated by Sandra Seeger and Susan Mullins shortly after graduation and stuck with it until obtaining my CP in 2022. I have so much gratitude for the teachings, mentorship, unrelenting support, and encouragement from Sandy and Susan.

Since obtaining my PAT, I joined forces with my dear friend Aimee Johnson to form the Creative Wellness Collective to offer psychodrama training to therapists. We have had a blast co-presenting at ASGPP conferences and the AMHCA conference this year, with plans to present at the FMHCA conference in 2024. I can't imagine being on this journey without her, and I look forward to all the fun memories we will make on our future adventures.

Finally, I have so many thanks to give to my loving family who always supports me and celebrates all my accomplishments.

A final, very special shout-out to my partner, Brad. Being the significant other to a psychodramatist requires a special skill set sometimes, and he has been my rock, comfort, and safe space throughout all the ups and downs.



Namu Danzhen, MSW, CP, PAT

My journey as a CP can be traced back to 2015 when I met my primary trainer, Gong Shu. This encounter marked the beginning of a profound connection with psychodrama.

From 2015 to 2019, I participated in Gong Shu's psychodrama training program, which allowed me to overcome my fears and achieve significant personal growth. Studying psychodrama also enabled me to forge lifelong friendships with many of my peers.

Throughout my practice, I have continued to learn from different mentors and have integrated various techniques into the world of psychodrama. This experience has allowed me to deeply appreciate the inclusive charm and integrative power of psychodrama.

Spontaneity and creativity have also become integral parts of my life philosophy. In my interactions with others, I often use role reversal to enhance understanding.

In the future, I look forward to delving deeper into the theories of psychodrama in my professional work. Through continuous practice and learning, I aspire to become a qualified trainer and share the knowledge of psychodrama with more people, so that they too can benefit from it.

I am truly grateful and delighted to be a part of the psychodrama family and am eager to walk alongside you all, sharing in the joy of this journey.



Sarah Bowman Davila, LCSW, CP, PAT

My psychodrama journey began in 1992 with a wonderful group of colleagues who introduced me to a psychodrama practicum with Janet Sahafi where we did mask making. Life happened and I reconnected through the ASGPP conference in NYC where I met Dorothy Satten.

In 2003, I did my first residential in Bow, WA with Dorothy and Mort Satten at the Shapiros home. The Sattens then came to Rochester a few times. I landed at HVPI when I began to look for more training.

In 2014, I attended the ASGPP conference in Oakland and began working with Nan Nally-Seif, then Toronto Centre with Donna Little and Barbara Guest.

I finally completed my training for the CP with Judy Swallow and Jenny Salimbene at HVPI - so grateful to all!!

And I returned to Bow, WA (2023) for a family psychodrama session with the Shapiros!



Jon DeAngelis, LCAT, CP, RDT

Jon DeAngelis is a drama therapist in private practice, specializing in adults, senior adults and caregivers, and welcoming members of the LGBTQIA+ community.

He is founder and co-host of the podcast Drama Therapy Radio, by and for drama therapists and others curious about the practice.



Steven Durost, PhD, CP, PAT, REAT, LCMHC

Steven Durost, PhD, LCMHC, REAT is the Executive Director & Owner of C.R.E.A.T.E! Center for Expressive Arts, Therapy and Education in Manchester, NH, which employs 25+ counselors and arts-based therapists.

C.R.E.A.T.E! is the recipient of the 2010 New Hampshire National Alliance for Mental Illness Award for Systems Change. Steven has been awarded the Heroes of Justice Award by the YWCA Crisis Services for his work with the Male Sexual Abuse Survivor's Group and for being a first responder for human trafficking.

Steven is one of the first dozen people in the world to earn a Doctorate in Expressive Art Therapy through Lesley University in Cambridge, MA. Steven teaches or has taught as adjunct faculty for Springfield College, Lesley University (in America and in Israel), New Hampshire Institute of Arts and New England College. Steven conducted research, taught courses and created groups in South Africa, Israel, New Zealand, Australia as well as here in America. Steven is a Registered Expressive Art Therapist with the International Expressive Art Therapy Association.

Steven developed and taught the psychodrama and sociometry course for Lesley University's Undergraduate Expressive Therapies Major. Steven has presented at the ASGPP, IAGP and IEATA conferences and is a guest speaker on the topic of psychodrama at Lesley University helping to ignite young interest in the field.

Steven is the recipient of the 2014 ASGPP's Zerka T. Moreno Award for outstanding achievement in psychodrama. Steven is one of the leading trainers in the Therapeutic Spiral Model as a clinically-based, trauma-informed body-engaged method to move people to their strength, through their trauma and to transformation. Steven has co-presented and presented TSM Psychodrama workshops around the world in China, Singapore, Sweden, Denmark, Greece, Croatia, United States and India.

Steven is also an invited kite-flyer to international kite festivals and a Pro Master Bodybuilder.



Shelley Firestone, MD, FAGPA-F, CGP, CP, PAT

Shelley Firestone, MD, FAGPA-F, CGP, PAT; a psychiatrist and psychotherapist for 40 years and lecturer at the University of Chicago Department of Psychiatry, with Board Certification, American Board of Psychiatry and Neurology; Psychiatry, Addiction Medicine; S/P Child and Adolescent Psychiatry.

She is a Member, Certified Group Psychotherapist, and Fellow of the American Group Psychotherapy Association (AGPA); Member and Editorial Consultant, and Recipient of the Zerka Moreno Award (2016) of the American Society of Group Psychotherapy and Psychodrama (ASGPP), and Certified Practitioner (CP) and Practitioner and Trainer (PAT) of the American Board of Psychodrama, Sociometry and Group Psychotherapy (ABE); Member of the American Society of Addiction Medicine (ASAM), the American Academy of Marriage and Family Therapy (AAMFT), and Member and Certified Consultant of the A.K. Rice Center for the Study of Groups and Organizations (AKRI), and Psychotherapist, Psychiatrist, and Medical Director, the Chicago Center for Psychotherapy and Psychiatry.

Shelley is committed to enhancing the Moreno legacy and founder of the JACOB AND ZERKA MORENO FOUNDATION FOR PSYCHODRAMA, SOCIOMETRY AND GROUP PSYCHOTHERAPY. She is passionate about psychodrama, sociometry and group psychotherapy, training, teaching and writing.



Kirsten Friedman JD, LMHC, TEP

My Psychodrama Journey

I found psychodrama after a sabbatical from a 25-year law practice, or rather, my husband found it for me. He had attended the Trial Lawyers College and had done three days of intensive psychodrama work there. He was certain that I would love it and signed us up for Louise Lipman's (TEP) 2012 summer residential program. I fell in love with psychodrama. I dropped my plans to return to law practice, enrolled in a Master's program in counseling, and started training to become a psychodramatist.

I became a CP in 2017, and became a TEP in 2020 – 2022. I had no idea how rich the journey would be. It has brought me great friends and inspiring mentors, amazing adventures, and has deepened my own self-knowledge.

The path continues to be rich, varied and deeply rewarding.



Dr. Scott Giacomucci, DSW, LCSW, BCD, CGP, FAAETS, TEP

Dr. Scott Giacomucci, DSW, LCSW, BCD, CGP, FAAETS, TEP, is the Director & Owner of the Phoenix Center for Experiential Trauma Therapy in Media, Pennsylvania and Director of Trauma Services at Mirmont Treatment Center.

He teaches trauma-focused psychodrama as an Adjunct Professor & Research Associate at Bryn Mawr College Graduate School of Social Work.

He is the author of *Social Work, Sociometry, & Psychodrama* (Springer Nature, 2021, 325,000+ downloads), *Trauma-Informed Principles in Group Therapy, Psychodrama, and Organizations* (Routledge, 2023), along with multiple research studies, articles, and book chapters. He serves on the Executive Council of the American Society of Group Psychotherapy & Psychodrama (ASGPP) and co-chairs the Research Committee.

He is Co-Chief Editor of the *Journal of Psychodrama, Sociometry, and Group Psychotherapy*, book series Co-Editor of *Psychodrama in Counselling, Coaching, and Education*, and co-editor of *Autobiography of a Genius* (2019) by Jacob Moreno.

Scott regularly presents at local/global events and has received various awards/recognition for his work.



Erin Grupp, LCSW, CAP, CST, CSAT-S, CP & Certified EFT Couples Therapist

First and foremost, Erin and Scott Grupp want to thank our Tampa Psychodrama training groups (too many friends and colleagues to name!), Nina Garcia, Linda Condon, Julie Wells and Natalie Winters for sparking and fueling our interest and passion for helping others through Psychodrama, Sociometry and Group Psychotherapy!

Even without the emergence of COVID-19, becoming a Certified Practitioner in Psychodrama, Sociometry and Group Psychotherapy was to be the culmination of many years of learning, training and hard work for Erin and Scott Grupp. The journey included multiple homes, multiple kids, and many new lifelong friendships. However, when the on-site was canceled with only a couple of days notice during the second week of March 2020 due to the impending pandemic, everything was up in the air. After passing the CP exam in October of 2019, the on-site wasn't possible for another two-plus more years. Finally in June 2022, Erin and Scott Grupp welcomed Sue McMunn as their on-site examiner for the culmination of their CP certification training and examination. This challenging and beautiful journey has been worth it as we continue to grow and evolve as Certified Practitioners!

Erin and Scott Grupp founded Catalyst Center for Change to help individuals, couples and families heal from the devastating impact of betrayal, infidelity, trauma and addiction. They work with individuals (adults, adolescents and children), as well as with couples and families, and have treated clients in partial hospitalization day/night addiction and outpatient clinical care treatment settings. Scott also facilitates customized Intensives (including Three-Day Couple Intensives for rebuilding trust) as well as the ongoing weekly men's group (The Men's Intimacy and Sexual Recovery Group).



Scott Grupp, LMHC, LMFT, MCAP, CSAT, CMAT, CPTT, CST, CP & Certified EFT Couples Therapist

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Dan Hao, TEP

Dream-Making Journey

I'm Hao Dan. On August 3rd, I received a congratulatory email. At that moment, I was gathering with my psychodrama partners. We screamed and hugged tightly to witness this important moment in our life together. I waited for three years for this special moment.

It has been 18 years since I met psychodrama in 2005 and today, and I have been reshaped by this dream-making journey.

The spontaneousness and creativity of psychodrama makes my life full of hope and surprises. I am living my best life along people who will meet a better me in the future.

Special thanks to my trainer, Ms. Gong Yu. Her optimism and tenacity have deeply affected me. I told myself that I want to become a dreamer like Gong Yu in this life, so that more people can live again on the stage of the soul.

Hi, I'm Hao Dan, a dream fairy. I'm looking forward to meeting you.



Gecole Harley, JD/MSW, CP

My Psychodrama Journey

“Hey, excuse me, Hiiiiiii!!” A smiling woman waved her arms in my direction as I searched for the free lunch at the 2015 NASW conference in Phoenix, AZ. After looking over my shoulder to make sure she was talking to me; I approached her exhibition booth. The woman asked if I knew about something called Psychodrama and she assured me that I would love it.

She said the National Conference would be in Phoenix that year, and she insisted I attend. To this day, I don’t know that woman’s name, but she was a Guide. On that day, I began my psychodrama journey.

Seven years later, I earned my Certified Practitioner credential thanks to The Action Institute of California (Jean Campbell), the Hudson Valley Psychodrama Institute (Deb Shaddy and Rebecca Walters), and the Psychodrama and Creative Arts Therapy Institute, NYC (Louise Lipman).

It is my pleasure and honor to be certified. I plan to continue applying J.L. Moreno’s methods, including The Encounter, to help people resolve conflict in my role as an organizational ombudsperson and conflict resolution specialist. I thank the countless people who have been in groups and/or training with me. You helped me do my work so I can go forth and serve.

Please, if you are that lovely lady who reached out to me in Phoenix, AZ. THANK YOU! I would love to know your name.



Min Hsia MEd, LCP, TEP

My first encounter with psychodrama was in 1993, when I participated in a psychodrama group organized by Yu-Ying Zheng and Xing Wang. I was surprised and also fascinated by the Tele in the group. This experience redirected my interest from sociology to counseling.

I would like to thank Dorothy Satten (TEP) and Nien-Hwa Lai (TEP), who are the most important persons in my journey. In 1998, I participated in a psychodrama group led by Dorothy and Mort Satten, who came to Taiwan once or twice a year. In their group, I found out that psychodrama is not only about learning professional skill, but also about everything in life. I miss Dorothy.

In the journey of PAT. Nien-Hwa Lai encouraged me and made me believe in myself. We had an amazing 10 years together, just playing psychodrama.

I would also like to express my gratitude to Pam and Rory Remer (TEPs), Kate Hudgins (TEP), Katrena Heart (TEP) and Chi-Chu Chou (TEP), who enriched my learning.

In my long process of pursuing towards certification, my husband, Te-Wen Wang, has showed his full support.

During the 30-year long journey, I have healed myself and grown. I think psychodrama is an attitude towards life, and I hope to share it.



Hua Hu, MD, CP, PAT

- Chief Physician, Professor and Master Supervisor of the Department of Psychiatry, the First Affiliated Hospital of Chongqing Medical University in China.
- Registered Psychological Supervisor of Chinese Psychological Association (D-06-021), the first batch of certified supervisors of Chinese Mental Health Association (XXD-2020-152).
- Member of the Group Psychological Counseling and Treatment Committee of China Psychological Health Association and member of the Psychodrama Group, Chairman of Chongqing Association of Mental Health.

In August 2010, by chance, I entered the psychodrama growth workshop conducted by my primary trainer, Dr. Gong Shu, at Suzhou University!

This was an experience that shook my body and mind, and it made me an inseparable bond with psychodrama. I am very grateful to the psychodrama trainers Gong Shu, Tzu-Yueh Lin, Erdong Wang, Nien-Hwa Lai, Liwen Molly Mo and others, who have supported me on the way to becoming a CP! It's all of you who have brought me the charm of the spontaneity and creativity of psychodrama!

I am inspired by Moreno's psychodrama spirit and will continue to apply it to psychiatric clinical practice, teaching, research, and social psychological services.

I look forward to benefiting more people from psychodrama!

Thank you to my family members for your love, tolerance, and support along the way!



Tan-Yu Hu, MEd, LCP, TEP

I like to bring the knowledge and abilities I have learned into training, especially improvisational theatre, which makes my training more creative and ever-changing; TSM Psychodrama training helps me build a safer group; my long-term investment in learning from different orientations; and a solid training process; have enabled my training not only to create creativity, but also to have a solid clinical diagnosis and foundation.

I am very grateful for the guidance and leadership of my primary trainer, Tzu-Yueh Lin, my senior and good partner, Shu-Chu Yang, who has continued to cooperate with me in offering courses of training, and the biggest supporter behind the course, Lindsay Chang. These three are my biggest supporters on my journey as a trainer.

In addition, I am grateful to my teachers, seniors, classmates and friends who have supported me all the way from the stage of training as a director.....the people in Taiwan's psychodrama community have been absolutely indispensable for me to reach this position.

I cherish and appreciate all of this.



Kuo-Hsiang (Esteban) Huang, MA, LSC, CP, PAT

I'm a school counselor and primary school teacher for 17 years in Taiwan. I use action-methods to work with children, parents and teachers in an educational setting. I specialize in children; individual and group counseling, psychodrama and sociodrama with children, action approach class counseling, school crisis intervention, parent consultation, and supervision for school counselors.

My first psychodrama group was with Shu-Yu You, TEP on 2010. I experienced psychodrama as a powerful healing tool. After several years, I engaged in learning psychodrama in Formosa Institute of Psychodrama and Depth Psychology from 2017. Four TEPs from Formosa Institute: Molly Liwen Mo, Yun-Jen Hsieh, Siyat Ulon, and Yi-Chun Yeh, encouraged me to apply psychodrama in a school setting.

Until now, I had published 5 articles of "*Psychodrama with Children*" and presented 5 experiential workshops in Taiwan Association of Psychodrama Annual Conference from 2019 to 2023 and 1 TELE TALK in 2022 British Psychodrama Association Annual Conference.

My partner supported me with love and trust during the CP certification process.

Training group members prepared the CP written exam with me, helping me to gain a deeper understanding of the philosophy and theory of psychodrama.

As a Practitioner Applicant for Trainer of psychodrama since 2023, I offer both in person and online experiential groups to teach and introduce the action methods of psychodrama, sociometry and group psychotherapy.

I welcome invitations for providing and teaching psychodrama in various settings.



Wei Chao Huang, PhD, CP, PAT

As a psychologist, the first time I stepped onto the stage of psychodrama and witnessed the protagonist enacting their experiences of that moment, I gained a deeper understanding of my own mode of existence.

This experience further empowered my spontaneity and creativity, paving the way for new actions in the future.

I fell in love with this therapeutic approach and aspire to become a psychodrama trainer/instructor in the future.



Hung Yi-Ching, MEd, LCP, TEP

When I first started learning psychodrama, I didn't expect that one day I would become a CP or even a TEP. At first, I was curious and thought that I could learn more technology for counseling.

In the process of learning psychodrama, I often felt anxious and did not have confidence. I thought it was too difficult, but I really like the flow of emotions between each other in psychodrama. Because of this love, I began to have the strength to make myself brave.

In a psychodrama, there was one sentence touching me: "When you doubt yourself, you must be brave to stand with yourself." This sentence brought a lot of tears to my eyes and began to make me different. When I'm firm with myself, I don't seem to be so afraid. I thought that maybe I could try to be a CP.

With the encouragement of my primary trainer Lai Nien-Hua, I became a certified CP in 2018. I hope that I can keep going toward TEP. During the five-year for PAT, sometimes I felt that I was not qualified for this role. Every time the thought came out, I knew I was starting to get scared again. Thanks to the support and encouragement of my primary trainer Nien-Hua who really made me believe I can realize my dreams.

I am also grateful for my peer group who supports me, and we passed the exam together. Without them, I wouldn't be where I am today.

Now I am a TEP. This is not the end, but the beginning



Zhong Hong Ji, TEP

I am Ji Zhong Hong. In 2005, I first encountered psychodrama and felt its magic and impact. Subsequently, I began receiving extensive training under Dr. Gong Shu. In 2013, I participated in the first-ever online theoretical examination for psychodrama, sociometry, and group psychotherapy held by the American Board in China.

In 2016, with the support of Dr. Gong Shu and my son Tao Yuanjun, I traveled to the United States and successfully passed the on-site examination, becoming a certified practitioner (CP).

In the same year, I was admitted to the Practitioner Applicant for Trainer Process (PAT), I continued to receive training and supervision from the primary trainer, Gong Shu, and the second trainer, Wang Erdong.

In 2020, I participated the online theoretical examination for trainers.

Due to the pandemic, more than two years later, on August 3, 2023, I successfully passed the trainer's on-site examination, officially becoming a TEP (Trainer, Educator, Practitioner).

Over the span of 18 years of learning, practice, and supervision, I have received support and encouragement from many teachers, colleagues, family members, friends, students, and individuals from various walks of life. This journey has not only facilitated my personal growth but has also helped people from different sectors of society attain health and happiness.

At this moment, I am particularly grateful to all those I have encountered in my life. In the future, I will continue to work hard and contribute my efforts to the promotion of psychodrama in China.



Dongwei Jiang, CP

My psychodrama story began in Vancouver in 2011, where I met Molly Mo, who had just moved in from Taiwan. I learned from her that psychodrama can bring significant changes to people. What impressed me the most was her physical character: relaxed, spontaneous, creative, and flexible, acting according to her bodily sensations without strict rules.

I eagerly joined psychodrama with her, and I helped organize a self-growth group.

She led the members to experience the wonder of psychodrama. The first psychodrama stage was a member's living room. Tears, laughter, shyness, surprise, and emotion all remain in my memory.

The next year, I moved away to Shanghai, I couldn't move away from psychodrama. I browsed psychodrama activities in China Mainland or Taiwan. I attended training courses in different cities, by Dr. Nien Hwa-Lai, Dr. LiLi-Chang, Donna Little, Susie Taylor, Marcia Karp, Dr. Pam & Rory Remer.

From 2014 to 2016, I invited Molly Mo to teach psychodrama in Shanghai, where people interested in psychodrama had the opportunity to gather and experience psychodrama. This has always been my passion for doing psychodrama-related things.

I use the techniques and theories of psychodrama for group work and personal counseling. I hope to open psychodrama workshop sharing with people how to apply the theory and technique of psychodrama in personal daily life and interpersonal challenges. I also hope to share with professionals how to apply psychodrama in case conceptualization and psychological intervention.



Mian Jiang, MS, TEP

Since my first exposure to psychodrama in June 2011, I have been deeply attracted by the psychodrama led by Dr. Gong Shu. Therefore, I joined the continuous training of psychodrama without hesitation.

My primary trainer is Dr. Gong Shu. My second trainer on the CP stage is Dr. Jinlin You, and on the TEP stage is Dr. Nien-Hwa Lai. They have given me a lot of support and assistance in my professional development, and I am very grateful to each of them.

I am also very grateful for the support of my family. I extended the duration of the PAT phase due to giving birth and hoping to accompany my little daughter. After my child started kindergarten, I spent more time and energy completing the TEP certification process with the help of my family.

I also want to thank my trainees for witnessing my journey from being a director to becoming a trainer step-by-step.

In the future, I hope to promote psychodrama more often and combine them with the traditional Chinese culture, parenting, and other aspects leading growth and training workshops.



Aimee Johnson, LMHC, PAT

Aimee is a licensed mental health counselor practicing since 2014 with specialties in trauma and addiction. She is the owner of Creative Minds Counseling, LLC offering individual and group therapy as well as training and supervision. Aimee has been training in Psychodrama for more than 10 years and is a certified practitioner. She is currently in the Practitioner Applicant for Trainer (PAT) process. She is committed to helping individuals with trauma and addiction learn how to thrive and overcome the obstacles to succeed in their lives.

Her work focuses on creative and experiential techniques that foster a collaborative environment where clients can achieve their goals. Aimee has been a member of ASGPP since 2017 and is an active member of the Sociatry and Social Justice committee as well as the Membership committee. She has a passion for social justice work and has developed trainings with other local psychodramatists to use action tools for social justice. Additionally, she has spent 13 years in anti-human trafficking work as well as advocating for affordable quality healthcare for financially insecure and underserved populations. Aimee offers access to mental health services including individual and group counseling at no cost for individuals with limited income. With her training partner, Kerry Conca, LMHC, PAT, she provides training and education in psychodrama, sociometry and group psychotherapy.

I am grateful for my trainers Susan Mullins and Sandy Seeger! Sandy introduced me to psychodrama while I was still in graduate school and Susan showed me psychodrama for the first time, something that I still haven't forgotten. Both of my trainers are creative and spontaneous and have taught me how to be a psychodramatist with a focus on safety and containment while still having fun and being creative. I have really appreciated their positive training style.

I have also really appreciated my training group over the last ten years, especially Kerry Conca, my training partner and Tracy Kelso, who has also been my training partner. The consultation of Gisela Padron and Marie Celeste have also been invaluable.

I have benefitted from relationships in our local psychodrama community with Julie Wells, Linda Condon, Cece Yocum, Christina Bellamy and Uneeda Brewer. Julie, in particular, has been the most helpful in the certification process.

I would also like to send a huge thank you to my Sociatry and Social Justice Committee members who have always been there to help me, ease my anxiety and send me a resource whenever I needed it.

Thank you Deb Karner, Ed Schreiber, Jennie Kristel, Michael Watson, Anne Lukins and Daisy Martinez DiCarlo. Special thanks to Scott Giacomucci for making it possible for me to complete training for certification and answering many emails about research. I would also like to thank the late Herb Propper who was so kind to me during my studying process and sent me many helpful handouts. He will be missed.



Özge Kantaş, PhD, CP, PAT

I am a social and personality psychologist, a certified psychodramatist in Europe and the US, and an Assistant Professor at St. John Fisher University, Rochester/ NY.

In the psychology department, I teach classes in the intersection of trauma, psychopathology, motivation, law and policy-making, and social psychology for ill-being and well-being outcomes in real life.

In business school, I teach MBA students about organizational behavior and human resources management.

I also have a consulting and training company called PsychoSocial, where I help organizations and companies create human-centered design, research, and development processes. Working on corporate, social, and individual well-being through business partnerships, I cross-stitch different fields by coaching therapists for entrepreneurship and leadership skills, and on the other hand, teaching industry leaders and entrepreneurs for psychological knowledge and social-emotional skills.

By utilizing psychodrama techniques and theories, I am a therapist in the tech world advising start-ups, especially wellness apps, on trauma-informed product development, human-centered user experience, sustainable behavior change, motivation, and well-being.

In ASGPP, I serve on the Evidence-Based Research Committee. In addition to co-chairing the Organizational Consulting SIG at AGPA, I also serve as a member of the Diversity - Equity - Inclusion Funds Advisory Board and Community Outreach Committee to scale up the presence of group psychotherapies.

We can connect via [Linkedin](#) and my email is kantas.ozge@gmail.com.



Anne Taylor Kitts, LCSW, NCACII, CSAC, TEP

It took me 15 years to become a TEP.

I didn't rush the process and focused on surrounding myself with other psychodramatists that were positive influences in my process.

What I found was a group of individuals from all over the United States who celebrated my process.

I could not have become a TEP without my trainers Dr. Nina Garcia and Dr. Dale Buchanan. I was able to be a part of the Tampa training group and the Del Ray group in Florida.

I am able to teach what I love now and my clients feel more seen by me because I utilize psychodrama techniques in every session.

I am not only using psychodrama for my clients but also in the legal arena to enable others to connect with one another in varied modalities.

I feel blessed to now have the ability to see others through their eyes and for them to see me through my eyes.



Chung-Yen Kuo MS, LCP, CP

In 2009, I participated in a psychodrama training group hosted by Nien-Hwa Lai, Chi-Chu Chou, and Glenn Sammis in Taiwan. Following this, I continued to engage in psychodrama training groups led by my primary trainer, Nien-Hwa Lai. Along the way, I was also influenced by the training provided by Pamela Remer and Rory Remer and received supervision from Yun-Jen Hsieh as my secondary trainer.

In 2019, I applied for certification as a practitioner. I have gained substantial insights over nearly a decade of learning and practical experience, yet I have also faced profound uncertainties. A significant portion of my proficiency in group work stems from my learning and practice in psychodrama. At one point, I questioned the idea of leading psychodrama solely for certification purposes and believed that psychodrama should not be a privilege for individuals with economic, cultural, and social dividends.

In 2018, I, along with a group of proactive and enthusiastic gay men grappling with personal and societal challenges, initiated a group with an invitation from Serene Yang. This group operated for three years. Because of these members and Yi-Ling and Cheng-Lan, my co-leaders, I once again experienced the possibility and charm of Psychodrama, Sociometry, and Group Psychotherapy, which motivated me to pursue this certification.

This certification is not an individual achievement but a shared honor between the aforementioned team and its members, serving as a testament to our collective growth. (Translated with help by Vincent Hsu.)



Joshua S. Lee, MSW, CP, PAT

Joshua S. Lee, MSW, is a certified psychodramatist (CP/PAT) and a certified Systemic Team Coach, working in the areas of team building, communication, and restorative practices, using action-learning tools to enhance the learning experience. He is an innovator and author. One of his creations is an experiential coaching model called *The Game Plan for Better Living* where he coaches people to embody their strengths and resources to overcome life's opponents.

His newly published book, *The Game Plan for Better Living Performance Coaching*, outlines how his coaching model went from paper-and-pencil to a full-blown interactive model by using action methods. He has presented nationally and internationally in the areas of psychodrama and sociodrama. Both action methods are ways he helps people tell the subjective truth of their lives in action.

Currently, he trains and coaches, educators, and community-based leaders, such as community empowerment, and racial/social justice practitioners, through a trauma-responsive lens, by way of the Therapeutic Spiral Model's international experiential trauma certification.

On a personal note, he is the father of 5 lovely adult daughters - all their names begin with a 'J' and all of them are blazing pathways in their own rights. Even the next generation of children – the grands – all have 'J' names. Yes, indeed, he really has started something.

And finally, he is clear that he's walking in his God-given purpose:
HELPING HUMANITY WIN!



Changjin Li, PhD, CP, PAT

I am Changjin Li, a psychologist who graduated from Peking University and currently works as a lecturer at the Department of Applied Psychology at Wenzhou Medical University. Additionally, I am also a psychological counselor.

My primary trainer is Dr. Nien Hwa Lai, who has had a profound impact on me with her profound understanding of psychodrama and her passion for it.

She has always been an encouraging and supportive figure in my certification process as a psychodrama director.

I have also received unwavering support from my family and peers who have been studying psychodrama with me.

In the future, I hope to apply psychodrama more extensively in the medical field and promote its use even further.



Na Li, TEP

The jumping process--my experience of getting CP and TEP

I remember that the first time I participated in the psychodrama group was a five-day growth workshop led by Dr. Gong Yu. During the group process, I was deeply surprised and jumped. The process of role reversal and mirroring was so amazing. I fell in love with psychodrama and started a lifelong journey of exploration and development. Dr. Gong Yu became my first trainer.

My English level is very poor, and there are many difficulties in the process of obtaining CP and TEP. At the critical moment, the encouragement and support of friends, teachers and family members gave me a lot of motivation and warmth, and my belief in psychodrama guided me. I insist on learning, actively practicing, and seeking supervision, and I have been recognized! A jumping process!

Cultivating more psychodrama directors, benefiting more people, and making the world a better place is my expectation for the future!



**Rebecca Lillywhite, LCSW,
TEP**



Xinjie Lin, PhD, Phar. NP, ICH, PC2, CP, PAT

I'm Lin Xinjie. In the summer of 2009, I attended the Psychodrama Growth and Experience Workshop led by Dr. Gong Shu, in which I became the main character and dealt with one of my obsessions, and I have been in love with psychodrama ever since.

Since the summer of 2010, I have been attending the Psychodrama Director's Workshop led by Dr Gong Shu with the support of my family. Dr Gong Shu is my first trainer, and I have also attended workshops with TEPs such as Katherine Hudgins, Tian Dayton, Marcia Karp, Sylvia Israel, Stylianos Lagarakis, Lai Nien-Hua, Lin Tzu-Yueh, Wang Erdong, Zhang Li-Feng, Liwen Molly Mo, and others.

I have over 2,000 psychodrama hours. I have been using psychodrama techniques for many years in both group and individual counselling work with good results. As a result, there are many Counseling-Psychologists who want me to teach them how to use psychodrama techniques. To become a TEP, I had to become a CP first, so in 2021, I started to review and took the CP theory exam, and in January 2022, after I became a provisional CP and PAT, I provided psychodrama theory and practice training to more than 600 Counseling-Psychologists.

This year I passed the on-site exam of CP, which is my first step to become a TEP. In the future, I will aim to successfully pass the TEP exam as well as to become an excellent TEP, and to train excellent psychodrama directors.



AiQin Liu, MA, CP, PAT

I am AiQin Liu and currently work at a university in Beijing. I have been exposed to psychodrama since 2011 and have been studying systematically since 2015. In my long-term study, I feel that psychodrama is very inclusive and embraces all rivers, solidifying my determination to continue learning.

I studied under Professor Nien Hwa Lai, and under his rigorous training, I continuously improved and expanded my field of applying psychodrama work, from individual counseling to group counseling, to course teaching, and in my own daily life. In the future, I will continue to spread psychodrama to more people and fields.



Hongmei, Liu, MA, CP

Before getting into psychodrama, I studied and received some training in other psychotherapy techniques. I am a national 2nd-class psychological counselor, Senior family education instructor, Gestalt therapist, Hypnotist.

When I first experienced psychodrama at Gong Shu's psychodrama workshop, I was shocked by it deeply. Since then, I have become fascinated with psychodrama.

After years of experience and training in psychodrama, it always amazed me in its power of increasing self-awareness and repairing relationships with others. I have made myself more complete and my life more spontaneous and creative step-by-step.

In recent years, I employ psychodrama for the growth of college students, graduate students, primary and middle school students, teachers, housewives, psychological counselors, etc. I also apply it to work with doctors and nurses under the COVID pandemic. I lead a psychodrama group for Southwest University and Lanzhou University. I made a presentation at the 2022 China psychodrama Conference on the application of psychodrama.

I want to express my sincere thanks to all the teachers, classmates and team members who helped me a lot.

And thanks to my husband and son heartily.

I am happy to contribute my strength to the peace of People's hearts.



Qiongzhen Liu, MA, CP, PAT

Professor, Master of Psychological Counseling and Therapy, and full-time psychological counselor.

In 2015, by chance, I was fortunate enough to meet Yishu Psychodrama, became a student of Gong Shu (TEP), the founder of Yishu Psychodrama, and fell deeply in love with psychodrama ever since.

Till 2023, I have done 2,000 hours of psychodrama training.

My first trainer was Gong, Shu (PhD, ATR-BC, LCSW, TEP); my secondary trainer is Li-Feng Chang (PhD, TEP); my third trainer is Ci-Yue Lin MA (TEP), and also participated in the Lai Nian Hwa (TEP), and other domestic or foreign TEP psychodrama workshops. All these experiences let me participate in different TEP psychodrama working styles, enriching my understanding of psychodrama.

I would like to especially thank my husband and son for their support in my study of psychodrama, especially since my husband took the initiative to take on a lot of housework.

Due to the COVID period, my CP certification process was extended by 3 years. Now, I am a PAT and plan to take the TEP Certification Theory Exam in 2024, hoping to successfully pass the TEP certification and become a TEP as soon as possible.



Ying Ting Lu, MEd, LCP, CP

The first time I participated in psychodrama was to experience psychodrama therapy. The director at the time was my primary trainer, Dr. You Shu Yu. I was amazed by the good therapeutic effects of psychodrama and continued my training as a psychodrama director for many years.

My partner saw me benefiting from studying psychodrama and was very supportive.

At the same time, I apply psychodrama in my work and promote it in different fields such as medical institutions and communities.

In the future, I hope to promote the education and training of psychodrama and further become a TEP.



Shan-Li Luo, MEd, LCP, CP

I learned psychodrama from Shu-Yu, You, and joined her psychodrama training group from 2013.

My title of thesis is “*A study on the Experiential Process of Psychodrama Protagonist through Doubling*”.

My trainers are Shu-Yu, You TEP and Shu-Chu, Yang TEP.

In their training group, I have met many partners, and we can practice together and support each other in psychodrama and counseling. Great partners help me through the learning process and encourage each other's spontaneity and creativity in our life.

I will continue to work hard on this road of Psychodrama to become a TEP. I hope I can bring the beauty of psychodrama to more people.



Bin Lyu, CP, PAT

The first time I came into contact with psychodrama in 2012 was in Li-li Chang's training course, and I felt that psychodrama was so amazing. Since then, I fell in love with psychodrama. Lin, Tzu-Yueh is my primary trainer. Nien-Hwa Lai is my secondary trainer. LiangHong Zhong is my third professional endorser.

I am very grateful to these teachers and other trainers who I learned from because of their encouragement and support, as well as the professional training, so that I continue to progress. I am also very grateful to a group of learning partners. We cheer each other and insist on it until now.

Most of all, I would like to thank my husband for his unconditional support! Now I will continue to walk on the path of certification as a TEP and continue to work hard!

Best wishes
BinLyu



Dongfang Ma, CP

My first experience of psychodrama was in February 2009, participating in the two-day public welfare workshop organized by Wang Erdong, when there was a preliminary contact with psychodrama. By the end of 2011, I enrolled in Mr. Gong's psychodrama group growth workshop, which was set up as a continuous closed group. In two years, a total of six and five-day closed groups, I realized that group counseling and psychodrama have profoundly affected my learning and growth.

At the end of 2014, I participated in Ms. Lai Nian Hwa's group psychodrama and continued to study in the group for seven years. At the same time, I worked in Ms. Lin Ciyueh and Ms. Li Wen's workshop to learn different working styles and concepts. I have had more than 2,000 hours of study in psychodrama from 2011 to 2018.

I am a psychology teacher in a vocational school, and I have become inseparable from psychodrama methods in psychology classes and group counseling. In the future, I will continuously contribute to the advancement of psychodrama.

In March 2020, during the epidemic, I received a phone call from a classmate who was participating in Mr. Gong's group supervision class via video, which the teacher expressed her heartfelt feelings, and this classmate relayed, "Because of the severe epidemic in the United States, the teacher was experiencing a poor physical condition, and he said goodbye to us one by one" I was in front of the window and instantly in tears when I heard that news. At that moment, I made a decision, I'm going to take the CP test, and my perfect score in the CP theory and practice exams will be a gift for my dear teacher.



Zechun Ma, CP, PAT

I am Zechun Ma, a teacher in the Department of Social Work of Beijing University of Agriculture. I obtained CP certification in 2020. My main trainer is Dr. Nien Hwa Lai.

The first time I attended Dr. Lai's class was in 2011. At that time, I felt that CP certification was far away from me, and I wouldn't take the exam. But psychodrama deeply attracted me, making me unconsciously qualified for certification.

With the encouragement of Dr. Lai and the support of my husband and son, I finally bravely challenged myself and became a CP and PAT.

This year, I will take the TEP written exam and in the future, I will engage in teaching and practical work in psychodrama in China.



Daisy Martinez-DiCarlo LMHC, LPC, CP, PAT

I first became involved in psychodrama in 2002 when I found my first trainers, Mary Jo Amatruda and Eugene Eliasoph at the Psychodrama Institute of New Haven. I fell in love with this experiential group therapy method that brought out a brave and vulnerable part of me. My training felt both challenging and liberating.

Once Mary Jo retired and Gene died, I was fortunately connected to Louise Lipman who became my new trainer and helped me through my CP certification process. As a third year PAT, I am supervised by both Louise Lipman and Scott Giacomucci.

In addition, Leticia Nieto, Nina Garcia and Dale Buchanan have been my teachers during the first 2 years of my PAT process.

One year after becoming certified in psychodrama, I am providing psychodrama groups to women in recovery; to lawyers who represent vulnerable populations at the Trial Lawyers College; and I co-founded a newly formed non-profit, Theatre for Social Justice, Inc., based in Sarasota, FL.

Theatre for Social Justice, Inc. was born from the developmental liberation work I have done with Leticia Nieto. It is also a gift to society which was co-created with my Puerto Rican family, my husband, Greg, and daughter, Kati and my psychodrama training groups with Louise, Nina, Dale, Scott and Leticia in the hopes of creating a more socially just and equitable society.

At Theatre for Social Justice, Inc., we have offered sociodrama workshops to the community of Florida to make psychodrama methodology accessible to marginalized populations.



Kate Merkle LCSW, MPH, RDN, LDN, CDWF, CP, PAT

With dual qualifications as both a registered dietitian and psychotherapist, I have dedicated the past 20 years to making a meaningful impact in the realm of eating and feeding disorder recovery, as well as addressing the complex issues surrounding body image concerns. My journey into the world of psychodrama, however, was an unexpected and serendipitous turn in my professional life.

It all began with a colleague's invitation, which piqued my curiosity and ignited a profound passion within me. This newfound fascination led me to attend a transformative workshop centered around the intriguing concept of the "diamond of opposites." Following that workshop, I made a bold and life-altering decision to resign from my existing roles and embark on a journey that took me all the way to Brazil.

Wholeheartedly embracing this innovative therapeutic approach, I embarked on a global odyssey, immersing myself in the captivating realms of psychodrama. Along the way, I have had the privilege of learning from an array of distinguished experts in the field, including luminaries such as Dr. Elaine Sacknoff, Lorelei Goldman, Louise Lippman, John Rasberry, and Dr. Mario Buchbinder, among many many others.

Today, guided by the principle of spontaneity and creativity, I am proud to co-direct the Chicago Center for Psychodrama, a role that allows me to contribute significantly to the nurturing and expansion of the psychodrama community. Looking ahead, my vision is one of continued growth and exploration. I am deeply committed to empowering individuals and forging meaningful connections between the domains of well-being, psychology, and creativity. In doing so, I aim to create transformative experiences that resonate with the core of human existence, enriching the lives of individuals and communities alike. With each step of this journey, I strive to deepen my understanding of the human psyche and further contribute to holistic well-being.



Patrice Migliori-Farnes, LCSW, RPT-S, CP

My journey started with a phone call to Paul Lesnik who at the time was an adjunct professor at my graduate school, not knowing that I was talking to my future trainer, mentor, friend, and one of my favorite humans. Our 'workship' and friendship have truly been a gift that has altered my professional trajectory.

He introduced me to Psychodrama and now my trainers Paul Lesnik and Lin Considine train the therapists I hire to work in my group practice. What a difference a phone call can make when there is such generosity.

He referred me to Herb Dandes for the group. Florencia Sabugo, my CP study cohort, and a double on-site buddy started to drive to Miami from Boca to learn about psychodrama. Herb would be so proud of our journey. I am also so fortunate to be on this journey with my psychodrama and life soul sister.

Through the next few years, I attended trainings that were being offered in the South Florida community and was so appreciative of the introduction to Lin Considine. Lin and Paul began their training group that started my path to the CP. I am beyond grateful for the care that they both take for our professional growth. We are all so fortunate to be on the receiving end of their knowledge and wisdom.

Our loyal group stayed connected by training during the pandemic via Zoom, a significant gift in itself. Lin and Paul also began the online CP study group during the pandemic. Again, so grateful for their belief in us, and their unwavering encouragement to trust ourselves and dare to be adequate through a journey that even surprised me. The self really does emerge from the roles we take.

I run a group practice in Boynton Beach, Florida Reflections Creative Therapies. Over half our clinicians are training in psychodrama again primarily because of the amazing generosity of Paul and Lin.

I hope to complete my application in the New Year to continue my journey as a PAT.



Karen Levin Moser, LCSW, CP, PAT

My psychodrama journey began in 1993 when I participated in a few experiential weekends. I loved the model – I didn't start training in psychodrama until 2015 when I met Dr. Tian Dayton. I had just finished a Gestalt Therapy certification program and was searching for something that was more group oriented.

I had not planned on doing psychodrama training but went to New York for a training with Tian while I had been consulting at a local addiction rehabilitation center. I was hooked and joined her training group a month later.

In the last seven years, I have trained with and been mentored by Tian Dayton, Nina Garcia, and Louise Lipman. I have also enjoyed a few workshops with Cathy Nugent. I feel honored to have had such great teachers.

My current path finds me in a transition from seasoned clinician of 30 years into the role of a trainer. I have been teaching Sociometrics and Relational Trauma Repair (Tian Dayton's model) at addictions conferences, and have begun leading psychodrama workshops locally for clinicians as well as offering groups for clients.



Mimi Moyer, MS, LPC, NCC, LCAT, BC-DMT, RDT, CP, PAT

In Pat Sternberg's Drama Therapy class I was introduced to Psychodrama; the book "*Sociodrama, Who's in Your Shoes*" written by Antonia Garcia & Patricia Sternberg was required. Pat said, "Maybe someday you'll study w/Nina". Now I'm in Nina Garcia's and Dale Richard Buchanan's Delray Training/Supervision group.

After completing an MS in Dance Movement Therapy, Drama Therapist Certification, and becoming a Licensed Creative Arts Therapist, I decided to focus on Psychodrama. At conferences, trainings, and online I learn from our ASGPP community.

I'm grateful to Linda/Becky for demonstrating leadership and increasing my Sociometry by drafting me to sing at Summer Camp. I thank Phyllis, Julie, Suzi, Pamela, and Lin for believing in me, and helping me to believe in myself. At Camp Steve Kopp reviewed categories for the CP; I took notes-then Dale and Nina said you're ready for the Exam. My brain asked, "I am?!? -though I was doing groups with acute Psychiatric patients, mood disordered Adults, and Adolescents and was in Supervision with my Trainers. I read Moreno, Dale and Nina's writings, Tian's book, and William Wysong's "*The Psychodrama Companion*" to focus; and wrote/reviewed 5 years of practice questions with my Big Sisters/Brothers till my brain was lit up-"Maybe I can channel Moreno."

It takes a village to train a Psychodramatist as you are Mind, Body, and Spirit involved in working on yourself with your peers while learning how to work with clients.

Passing the CP exam, we had to wait till after Covid for onsites. The ABE board paired us for onsites, and Scott/Phoenix Trauma Center generously provided a space. Inspired by Scott's writing and eager to start on PAT hrs, I presented Sociometry and the Social Atom for the NADTA, and ASGPP's conferences.



Xinyu Pan, MEd, CP, PAT

My first exposure to psychodrama was in Dr. Gong Shu's public class in Soochow University in 2005. In the summer of 2013, I made a decision to enroll in Dr. Gong Shu's intense psychodrama training class. Since then I have been learning and practicing psychodrama.

At first I studied psychodrama for personal growth and I really benefitted a lot by being protagonists, auxiliary roles, etc.

Then I decided to learn more about psychodrama and continued in Dr. Gong Shu's senior training classes and also participated in various trainers' classes. I also took an active part in the psychodrama study/practice group in Suzhou.

Gradually I started doing psychodrama at schools, business and hospitals under the supervision of my trainers. In 2020, I passed the CP written test and in the summer of 2023, I passed the CP on-site test and officially become a CP. It has been 10 years since I formally took the psychodrama training. During the past 10 years, I have got fully support from my family, my trainers and have made many friends in psychodrama.

I will continue to use psychodrama to help more people and contribute my part to the dissemination of psychodrama.



Sue Parcell, MA, ATR-BC, LCPC, CP

In 1992, a colleague invited me to go and attend Elaine Sachnoff, Ph.D., TEP's training at the Oasis Center, I went once or twice and considering that I was applying to become an ATR and eventually get my licensure, psychodrama was on the back burner...I had grad-school loans to pay off! So I forgot about psychodrama.

It was back in 2011 or 2012 that my colleague Brittany Lakin-Starr, Ph.D., TEP and I were having our offices moved next to one another, she looked at me and I will never forget the words, "Sue, psychodrama! You! You got to try it!"

At the time she was in training, and would bring her secondary trainer, John Raspberry, LMFT, TEP to Illinois Masonic out-patient building where he would facilitate trainings in the IOP room. I signed up for a training and I remember being chosen to play a protagonist's auxiliary of "you will be my mess" and I writhed on the floor as the P's mess. When I got home from that 8 hour training, I was go do to dinner with friends but I could not I was still de-rolling from being a mess!

Eventually I signed up to get training and practiced, studied, got supervision and went to Lorelei Goldman LCSW, TEP trainings at UU Church in Evanston, she became my secondary trainer and John R was my primary trainer. What I like was the traveling, meeting new people, getting great hands-on experiences, learning the myriad of creativity that psychodrama uses and going to my first ASGPP conference in 2019.

When the Pandemic hit on March 13th 2020 when we went lockdown in Chicago and started working remotely, psychodrama was used in my groups and individual sessions.

Currently I am the only (hopefully for not long) group facilitator that runs an in-person group that uses psychodrama. The patients love it. I am grateful to my sister, Connie who gave me some many, many scarves. I passed the written exam and the on-site, wow what an adventure that was!

And here I am. No regrets.



Tan Hoe Peng, MHS, CP

I have a vivid memory of my first encounter with psychodrama in March 2004, during which I underwent a profound transformation while addressing childhood trauma as the protagonist. Over the subsequent seven years, I dedicated myself to learning and growth under the guidance of Prema Jackson, a Jungian analyst originally from the USA who had relocated to Malaysia (1942-2012). I also had the privilege of training with Satir Family Trainers Wen Char and John Banmen.

In 2011, my primary trainer, Gong Shu, returned to Malaysia to conduct a psychodrama workshop, and I have continued my learning journey with her ever since.

My decision to pursue certification as a Board-Certified Practitioner was solidified after successfully completing my psychodrama assistance examination with the International Zerka Moreno Institute.

I actively share my knowledge of psychodrama with university students, engage in online practice sessions with a psychodrama group in China, and collaborate with a community consulting center to facilitate psychodrama workshops, thus extending the benefits of this therapeutic approach to a broader audience. I aspire to establish a Zerka Moreno Centre. My hope is that the knowledge and skills I have acquired in the realm of Psychodrama with a blend of Buddhist Psychology will be of value to individuals worldwide, offering assistance to those in need, regardless of their location.

I am deeply grateful to Dr. Gong Shu, my primary trainer, as well as my second trainer, TEPs Jui-Lin Tu. I'd also like to extend my thanks to Ji Zhong-Hong, Wang Er Dong, Rory Fleming Richardson, Chang Li-Li, Molly Mo, Wu Yun, Lai Nien-Hwa, and my classmates from Malaysia, Taiwan and mainland China. Their invaluable expertise, unwavering support, and trust in me were instrumental in making my journey through CP and psychodrama a seamless and fulfilling experience.

Finally, I express my heartfelt gratitude to my beloved wife, sisters, and my mother, who have offered unwavering support throughout my journey to become a psychodramatists.



Marc Pimsler, LPC, CET3, CP, PAT

I first experienced the magic of psychodrama as a child in therapy; however My first psychodrama training was in 1995 with Dorothy Satten. I am so incredibly grateful to my trainers whom I have received such encouragement, inspiration, and of course healing from.

My primary trainer is Mary Bellofatto and my secondary trainer is Jean Campbell. I have been fortunate enough to train with a wide variety of other TEPs and so incredibly grateful for the love, inspiration, and generosity

I have found from learning, growing, and healing in this process. The process of certification has at times been excruciating and frustrating, however through it all I am so glad I persevered.

The ability to join the ranks as a psychodramatist and bring the magic of psychodrama out into the world is a true gift.

See you on the stage!



Mallory Primm, PsyD, CP

Mallory Primm, PhD, PAT (she/her) is a certified psychodramatist and faculty member at the Chicago Center for Psychodrama. has been incorporating psychodrama into her group and individual work for the last 7 years. She currently co-facilitates a weekly psychodrama group with Dr. Brittany Lakin-Starr at the Chicago Center for Growth and Change.

Mallory has several years of experience treating children (3 +), adolescents, and adults from diverse backgrounds. Dr. Primm has worked and trained in various settings, including a pediatric psychiatric hospital, schools, community mental health centers, a youth crisis center, and at Advocate Illinois Masonic Medical Center's (AIMMC) Behavioral Health Services (outpatient and obstetrics and gynecology clinics).

Mallory is very grateful to Rebecca Walters and Deb Shaddy of Hudson Valley Psychodrama Institute and Brittany Lakin-Star and Kate Merkle of Chicago Center for Psychodrama.

[linkedin.com/in/mallory-primm-psyd](https://www.linkedin.com/in/mallory-primm-psyd)



Florencia Sabugo, LCSW, CP

Yes, CP at last! A journey for sure. I was introduced to Psychodrama by my awesome friend (sister in surplus reality) Patrice (Migliori-Farnes). We were in graduate school and part of a school organization when in 2004 she invited Paul Lesnik to do an introduction to Psychodrama. We were hooked.

We joke around and say that we were “participants” for the longest time. Our training was gradual. From stand-alone sessions to weekend long trainings. Who we are today as psychodramatists is unequivocally influenced by Lin Considine and Paul Lesnik. Lin & Paul have been the parental figures in psychodrama who saw us grow and moved through the role sequencing of becoming CPs. Lin & Paul have supported us professionally of course, though their personal impact is most crucial in our lives. They are loving, genuine, real and they saw in us the possibility of becoming CPs. Our training group plays an influential role as well. We have grown together and grateful for them.

The pandemic was a challenge. Our training group moved to virtual and rose up to the discomforts of directing online. In preparing for the written exam a few of us joined a CP prep class with our trainers. We sent questions/answers back and forth. We encouraged each other. Having a group to do this with was a gift.

I thank my husband (Nico) and daughter (Emma) who patiently supported me evenings and weekends to attend training.

We stand on the shoulders of others: Lin, Paul, Herb, Nina, Dale, Moreno, Zerka, and many others who are the ancestral voices of those who train(ed) us and trained them! We hope to offer some shoulders too and assist in moving Psychodrama forward so others can experience and learn it.

TEP here WE come! #TEPorbust.



Zhiqin Sang, PhD, TEP

Training Experience:

She had graduated from the doctoral program of “Client–Centered Therapy” while she had psychodrama training for more than 2000 hours.

Now she is the psychodrama director (CP) certified by The American Board of Examiners in Psychodrama, Sociometry, and Group Psychotherapy and she is an TEP.

She had Gestalt Therapy Training for more than 1200 hours, and now is the Chinese teacher at The Gestalt therapy research institute in German.

In addition, she had the Hypnotherapy Training from the China-German psychotherapy training program and the Psychological Counseling Supervisor Training from the China-America psychotherapy training program.

Working Background:

Professor, Department of psychology, Nanjing University.

Theoretical Orientation:

Client–Centered Therapy, Gestalt Therapy, psychodrama Therapy.

Supervising Background:

Now she has accepted individual supervision and group supervision.



Lauren Shpall-Brown, MA, MEd, CP, PAT

I am grateful for the support of my psychodrama teachers: Nina Garcia and Louise Lipman; and my Psychodrama Group who guided me through the CP exam process during the Pandemic with accurate mirroring, encouragement, support and unconditional love. I could not have done it without all of you.



YuLi Shih, TEP

I am old but I fulfill my dream of becoming a TEP.

Thanks to all of you.

Thank you God and Earth.



Qi Su, CP, PAT

I am QI SU. Lives in Jinan, Shandong Province, China. In 2009, I was moved by Dr. Nien Hwa Lai's report on the conference, and since then I have been studying psychodrama. My trainer is Dr. Nien Hwa Lai. Since 2014, I've been studying psychodrama for over 2500 years and accept the long-term supervision of Nien Hwa trainer. Besides, I also took lessons from other trainers such as Dr. Shu Gong , Dr. Molly Mo and so on.

The process of becoming a CP is hard and requires a lot of time, effort and expense. Fortunately, my husband, son, and sister gave me strong support , My mentor Nien Hwa Lai and fellow psychodrama students have given me tremendous encouragement and companionship.

I applied for the TEP exam this year. I look forward to spreading the spirit and technique of psychodrama more widely and deeply, I will continue to lead psychodrama training groups in schools and growth groups in communities. To serve more people.



Joel Thayer, LMHC, MFA, JD, CP, PAT

I'm a Licensed Mental Health Counselor and Certified Psychodramatist. I offer individual and group therapy through Here & Now LLC in Franklin MA and I'm a group therapist at McLean Hospital in Middleboro MA. I specialize in the treatment of anxiety, depression, grief, addiction, LGBTQ+ affirmative therapy, trauma, and PTSD.

I've been a Certified Holistic Health Counselor for over twenty years and hold an MA in Counseling from Southern New Hampshire University, an MFA from Yale School of Drama, and a JD from Suffolk University Law School. My services are for persons of any sexual orientation, gender identification, or cultural heritage, and I offer virtual and in-person options.

I started my Psychodrama journey in 2017 at Onsite Workshops in TN. After my first drama as Protagonist, I was blown away. My background is mostly in theater, so the terminology and action methods felt organic to me. Since that first experience, I began training and have recently obtained my LMHC and CP/PAT. This is my fifth career!

My primary trainer and mentor is Louise Lipman. I've also had the great opportunity to learn from Rebecca Walters at Hudson Valley Psychodrama Institute, Mary Bellofatto, and many more.

Over the years I've held many roles including; counselor, group therapist, creative artist, sponsor, mentor, lawyer, college professor, director, producer, stage designer, entrepreneur, and husband. My combined professional expertise and varied life experience greatly inform my Psychodrama process.

Go Psychodrama!



Sonora Rose Thomas, LMHC, CP, PAT

Sonora R. Thomas, M.A., LMHC, PAT is a certified psychodrama practitioner in private practice in Williamstown, MA, where she focuses on action-oriented psychotherapy. She graduated from Lesley University in 2012 with a Master's in Clinical Mental Health Counseling, and from the Hudson Valley Psychodrama Institute in 2019. She has expertise in mind/body therapies including Self Regulation Therapy and the Alexander Technique.

She has been a post-graduate instructor for American International College's Clinical Psychology program, Wheelock College, and has been a guest lecturer in Springfield College's Master's in Expressive Therapies program.

She offers supervision and consultation in psychodrama and mind-body therapies and action methods by personal appointment, telephone, e-mail and online. Her trainings offer CE credits for licensed professional counselors, plus psychodrama credits accepted for certification with the American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy.



Yu-Ting Tsai, LCP, TEP

"My father in a wheelchair tried to get up to pick up the tennis ball that ran in front of him." On the stage of psychodrama, it seems that the scene has been transferred to the original. Gong Shu, PhD, TEP healed me and inspired me to embark on a journey of psychodrama.

Thanks to my husband for fully supporting me in developing my favorite field.

Thanks Tzu-Yueh Lin, TEP, Nien-Hwa Lai, TEP, Lindsay Chang, TEP etc. for bringing me rich learning. The philosophy and attitude of psychodrama, culture conserve and relationship healing, and how sociometry aware and connect interpersonal relationships.

TEP certification is a rigorous and arduous process. When I faced with hardships, and still dare to act, psychodrama brings great joy. It also brings a lot of good partners in the helping profession. It is a learning process of love, enduring tolerance and kindness. We can exchange life stories with each other. Many people helped me, and more importantly, it was my own decision to complete this journey.

I hope to practice the life philosophy of psychodrama, becoming myself, continuing to pursue my bliss, and a life that brings blessings to others.



Cheng-Chi Tseng, PhD, TEP

During the years 2020 to 2023, practitioners of psychodrama faced significant challenges amid the severe pandemic situation. For instance, the psychodrama training groups that I regularly organized had to be terminated, leading to the discontinuation of many students' learning and interpersonal relationships. However, with the development of online communication software, new opportunities were opened for both personal growth and psychodrama training.

For example, over these three years, I organized online seminars that applied psychodrama principles to the corporate world, drawing from my years of experience in using psychodrama in business contexts.

Additionally, I combined psychodrama with hypnotherapy to conduct online workshops that focused on constructing inner scenes using hypnotic techniques. Through increased self-initiation and innovation within the psychodrama community, we expanded the horizons of psychodrama and created more opportunities for growth.

Looking forward to the post-pandemic era, we hope that the psychodrama community can explore more possibilities in both virtual and physical spaces, ushering in a new era for psychodrama.



Su-Mei Tseng, PhD, LCP, TEP

It's been almost thirty years since I encountered psychodrama. From the beginning of my studies, I applied the elements of psychodrama to high school campus. Now that I have retired from full-time work, I have applied psychodrama to a variety of fields and objects more broadly. I am deeply moved by the infinite possibilities that psychodrama brings.

From obtaining CP in 2016 to becoming TEP, I would like to especially thank my first trainer, Nien-Hwa Lai. She allowed me to witness the creativity and charm of psychodrama, and also learned that "training" can be so diverse, rich, and even interesting!

In addition, I would also like to thank my second trainer, Ning-Shing Kung. The therapeutic philosophy and humanistic views she conveyed are always worth pondering over and over again.

After becoming TEP, I hope that I can implement the concept of "psychodrama is not just therapy, but an attitude towards life" so that more ordinary people can get close to psychodrama and learn to integrate psychodrama elements or skills into their lives. , making the world better because of psychodrama.



Jing Wang, TEP

TEP Certification Introduction:

In 2005, I was first attracted by Doctor Gong Shu's psychodrama and started to learn psychodrama. In 2015 and 2023, I was certified as CP and TEP, respectively.

Looking back on the eighteen years of certification journey, I thank my family, who supported me in leaving home and studying constantly.

Thanks to my teacher, Dr. Gong Shu, and teachers Lai NienHwa, Zhang Lifeng, Lin Ciyue, and so on for their careful teaching, I am also fortunate to be mentored by Regina Moreno, Dr Pamela Remer, Dr Douna Little, Dr Kate Hudgin, Dr Dorcas Mclaughlin, and Marcia Karp [UK].

I also want to thank a group of psychodrama students who encourage each other, learn together, and jointly promote and spread psychodrama.



Qi Wang, TEP

My name is Qi Wang, a teacher at East China Normal University in Shanghai, China. I also serve as the Secretary-General of the Positive Psychology Professional Committee of the Shanghai Psychological Society.

I am delighted to become a TEP, and I am grateful for the dedicated guidance from trainer Lai Nianhwa and the journey with my fellow colleagues.

I also appreciate my own persistence and diligent practice, which allowed me to see the scenery I wanted.

TEP is a milestone victory and also a fresh start. In recent years, I have been striving to combine positive psychology with psychodrama and have developed a series of positive psychology drama workshops. Here I welcome fellows with enthusiasm to join hands in creating together, working with love, and letting the positive psychology drama bloom into even more brilliant flowers of happiness.



Wen Chin Wang, PhD, TEP

I am a counseling psychologist at primary school. I'm live in Taiwan, R.O.C. It's so happy to get the certification as a TEP.

Dear Gong Shu, Nien-Hwa (Annie) Lai, Ning-Shing Kung, Liwen Molly Mo, and Siyat Ulon, thank you for your help. Of course, I would also like to thank the two examiners who came from far away from the United States.

I participated in Dr. Gong Shu's group at the age of 40 first, I was a TV director at the time, and I was amazed that Psychodrama could be used for personal growth, group therapy, and social practice.

My main supporter is Jennifer Yang, who also completed TEP certification this year.

I plan to retire next year and lead psychodrama growth group as a volunteer in the community.



Xiao-Hui Wang, PhD, CP, PAT

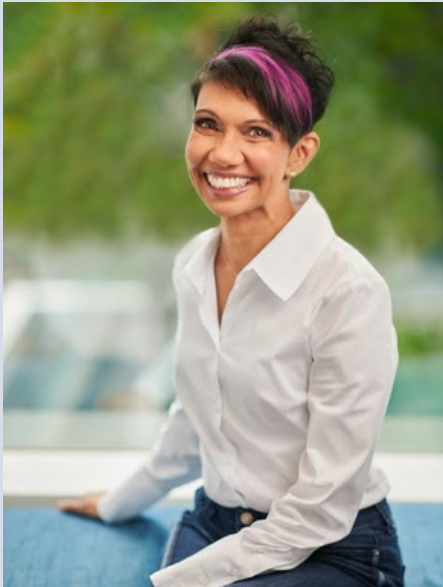
I'm a social work teacher at a university. Around 2012, I saw a psychodrama about parent-child relationships directed by professor Lai, and I found the psychodrama very fascinating. So I've been studying psychodrama ever since.

My trainers are Nien Hwa, Molly, Chang Yo, and I also received training by Jacob, Nan, Rebecca, Lesley during my study visit in the United States. They all love psychodrama and focus on the practice and research of psychodrama, who also gave me a good guide and solid training.

Becoming a CP has been a long, difficult and beautiful journey. Although the on-site exam has been delayed due to the COVID-19 pandemic, this period of waiting has made me more experienced and more able to appreciate the spontaneity and creativity of psychodrama.

My husband and children have been very supportive during this process, and I am very grateful to them.

In the future, I will continue to move forward on the path of learning psychodrama and integrate psychodrama into social work professional education and professional services.



Sharmini Winslow BFa, MC, CP, PAT

Sharmini Winslow is a Certified Psychodramatist and PAT; on her way to becoming a TEP. She has a Masters in Counselling from Monash University, Melbourne and a Bachelor of Fine Arts in Dance from the University of California: Irvine. She currently resides in Singapore.

Sharmini discovered the wonderful world of surplus reality and the phrase, “Reverse roles!”, when she attended a weekend training in Australia with Rob Brodie, TEP in 2010.

She later attended Psychodrama Intensives with Max Clayton who was a student of Moreno. In 2016 she began studying with Rebecca Walters and Deb Shaddy at the Hudson Valley Psychodrama Institute and sat for her certification with the ABE in 2020.

Today, Sharmini runs regular public demonstrations of psychodrama (Open Sessions), Personal growth groups and Training Workshops for Professionals to share her love of Psychodrama. Her training Cohort began its first year in 2023 with therapists from Singapore, Hong Kong and Vietnam, awarding Psychodrama hours towards certification with the ABE.

Sharmini will be offering training workshops in Singapore and beyond on psychodrama skills, sociodrama, role training and group work, as she trains to be a TEP.



ShangQing-Wu, CP

I am Shang-Qing Wu CP.

I was born in Hunan, China.

I used to be a journalist and psychological counselor, curious and brave enough to explore the inner world.

I have a deep interest in Zen Buddhism and have published the book "*Journey to the Zen Academy*".

Until I met a psychodrama, I realized that I might have used more life as material in the past. In psychodrama, I learned how to live here and now.

In the past eight years of learning and practice, I have applied psychodrama to various aspects of life and work.

Thanks to my mentor, Gong Shu Dr., and my partner, Li Guihua Dr..

In 2023, I established my own psychodrama studio in Guangzhou, with a fixed psychodrama experience workshop every month.



Mei Yan, MEd, CP, PAT

Professional Qualification:

- Master of Psychology, Central China Normal University.
- Registered psychologist in the National Registration System of the Chinese Psychological Society (registration number: X-22-098).

- American Board of Examiners in Psychodrama, Sociometry, Psychodrama and Group Psychotherapy (CP) and Associate Trainer (PAT).
- Narrative psychologist.
- 2000+ hours of psychology training in various genres, 1000+ hours of psychodrama, 800+ hours of group and case leading.

Resume:

Yan Mei, female, born in 1979. In 2009. I began to learn psychodrama with Doctor Gong Tong, who was also my first trainer, and the second trainer was Lady Lin Ciyue, with Teacher Wang Erdong as the referee.

I would like to express my sincere gratitude to my teachers for their guidance, to my parents, lovers and children (especially) for their love and support, and finally to all my dear partners and psychodrama comrades for their help.

Ms. Yan Mei devoted herself to the study and practice of psychodrama. She combined narrative therapy with Yi Shu psychodrama and applied it in case interviews and group counseling. She published a paper entitled "Integrated Application of Narrative Therapy and Psychodrama in Trauma Cases" in Sichuan Mental Health, a core journal of Chinese science and technology.

During the epidemic period, she set up online support groups for China's frontline anti-epidemic personnel. She also organized psychodrama growth and training groups for teachers, college students, prospective police officers and other groups which are very popular.



Ching-Fen “Jennifer” Yang, MEd, MS, LCP, TEP

My name is Ching-Fen Yang, also known as Jennifer Yang in English. I am a Licensed Counselling Psychologist, and a resident of Taipei, Taiwan.

Before I met psychodrama, I majored in IE (Industrial Engineering) and had 15 years working experience in related fields.

My first encounter with psychodrama was in 2001, when I was a 36-year-old TQM Officer (Total Quality Management Officer) at an international antivirus company. I was trying my best in a high and well-paying position, but I was not happy, so I attended the first psychodrama workshop. On the fifth day, I became the protagonist and explored my family of origin, the relationship with my mother, and my career direction.

Dr. Gong Shu is my enlightenment in psychodrama and the trainer who led me into the field. With the support of my husband, I enrolled in the Graduate School of Psychological Counselling.

Subsequently, I continued to receive psychodrama training and supervision from Gong Shu, Lai Nien-Hwa, Molly Mo and other foreign trainers.

I am currently committed to training workplace sociometrist. This not only combines my long-term corporate experience with current profession, but also fully demonstrates my personal strengths.

I enjoy the training very much and will continue to devote my energy to this field in the future.



Hui Yang, PhD, CP

Hi everyone.

I'm Hui Yang, currently a faculty member at the School of Social Work, China University of Labour Relations, a university in Beijing.

I have been involved in psychodrama since 2012 when I met my trainer, Dr Nien Hwa Lai. Becoming a CP has been a journey full of various adventures, surprises and rebirths.

I am grateful to my teachers and learning partners who have been together for many years, to my husband and son for their support, and to all the members on Psychodrama, we have made this process together.

I work mostly with individual counselling and group activities, and I intend to apply the techniques of psychodrama in groups such as university students, social workers, teachers, and working staff, so that everyone can experience the beauty of psychodrama as well.



Shu-Chu Yang, MEd, LCP, TEP



The Journey To be a Psychodrama Trainer by Yang Shu Chu

Above these photos, there are many profound moments from my psychodrama journey.

From the first encounter with psychodrama, I knew that I was meeting a charismatic, a compassionate, and a godhead approach.

By the group we were wounded, by the group we shall be healed.

Now I am a wounded Trainer, Educator, and Practitioner.

My name is Yang Shu Chu.

I am a guidance teacher, counselor and supervisor.

I reside in Taipei, Taiwan, R.O.C.

Skype account: lynn2111503



Zidong Yang, CP

I, Yang Zidong, encountered Psychodrama the first time through Wang Erdong in 2012, was also deeply attracted by Psychodrama with Dr. Gong Shu.

In 2015, I gave up my job as a doctor after working for more than 20 years and became a student of the first-seed class in China to study Psychodrama full-time.

Since 2015, I have been studying theories and techniques of Psychodrama with full concentration and immersion under the training from Dr. Gong Shuu, Dr. Lai Nieh-hwa, Lin Tzu-Yueh, Wang Erdong and Dr. Zhong Lianghong, meanwhile gaining personal growth and applying Psychodrama in group and individual consultations.

In total, I have approximately 2,500 hours of study and training in Psychodrama. My primary trainer is Dr. Gong Shu, my second trainer is Wang Erdong, and my third trainer is Dr. Zhong Lianghong.

My main supporters are my husband and children, sister, etc.

The process of obtaining CP certification was not easy, because the changing role from being a dentist to a Psychodrama director, as well as the fact that I had to re-learn Psychology, complete a master's degree, grow, practice and be supervised.

I have spent time, energy and money, but I have also gained unprecedented growth and happiness! In the future, I will use Psychodrama to spread Psychodrama with peace of mind and do my best to serve those who are destined to do so!

Dani yang



Yi-Chun Yeh, MS, LCP, TEP

From the first time I came into contact with psychodrama in 2000, a feeling of coming home was deeply imprinted in my heart and became the motivation to continue participating in psychodrama for many years after that.

During this period, my life experiences, interpersonal connections and Self-healing is almost accomplished on the stage of psychodrama.

From the self-exploration when I was young and frivolous, to the various hesitations and doubts in life experience, one encounter after another made me know where my destiny is.

Completing the Psychodrama Director Certification in 2014 has been self-realization. Now, after going through the long trip and completing the Psychodrama Trainer Certification in 2023, I have realized that the process of achievement is not deliberate, but more like a budding process. I can comfortably playing different roles, deeping for myself to have a more understanding of healing.

Having served in a mental health institution for 20 years, I have seen the unique soul of an individual and the touching feeling of connection between each other through psychodrama. I know that it is so powerful to apply psychodrama to cases with people. I slowly completed the certification process at my own pace. I allow the fermentation and integration of more personal life experiences because psychodrama is not only a therapeutic technique for me, but also a philosophical attitude towards life. So that I can meet a better you and me.



Rosana Zapata, LCSW, CAP, TEP

During my Graduate Program, while doing my own healing work, I stumbled upon psychodrama and instantly knew that I wanted to be that Therapist that used this model. All the pieces fell easily into place to begin my psychodrama training immediately in 2004. It was never my intention to become certified, I just wanted to know everything there is to know about this model and to use it in my clinical practice.

I completed the CP process after only 5 years, under the training, supervision and guidance of Nina Garcia and Dale Richard Buchanan. With a move to Europe, I took a pause in training, although I continued to use what I had learned in my clinical practice.

Now, after almost 20 years, I am happy to say that I finally completed the TEP Certification process.

A warm extended bow of gratitude in particular to Nina and Dale; to all the Colleagues that I have sat next to during our many Training and Supervision sessions; to Estelle Fineberg for her support in preparing for the CP Exam; to Mindy Lawless Coker for being my CP study partner and then my Consultation guide as I went through the PAT process; to Jean Campbell for her Supervision in preparing for the TEP Exam; and finally, to all of my trainees who have participated in my training sessions and have taken this model into their own practices.

I am beyond grateful that I chose to become certified and to be part of this global community.



Fan Zhang, CP, PAT

Over the past 11 years, psychodrama enriches my experience. I can feel the layers of emotion and the wonderful interactions between people, and I also love the creativity and spontaneity psychodrama brings to me, which makes me love life and my family more.

Thanks, my enlightening teacher Lili Chang for introducing me into the world of psychodrama.

I want to thank my primary trainer Tzu-Yueh Lin, for her great love and guidance. She always affirmed and supported me. I learned courage, trust, and appreciation of others, integrity and a lot from her.

Thanks Dr. Nien-Hwa Lai, I hope to be as genuine and highly creative as she is rich in ideas. She told me there were so many possibilities and encouraged me to role reversal when I connect with others.

Also, Mrs. Liwen Molly Mo, my family and my friends, thank you for your supports, and I love you all! Because of your love, I am beginning to become the person I am today.

I am primarily trained in psychodrama and bioenergetic analysis and have also studied art over the past few years. I would like to continue the integration of bioenergetic analysis and art therapy into psychodrama. At the same time, I hope that I can pass on the spirit of psychodrama as my trainers have done and bring creativity and blessings to more people.

I am Fan Zhang, a creative counselor who loves psychodrama and an energetic person who loves life.



Bingjie Zhao, TEP

It has been a fantastic and glorious adventure in my life to pass the CP and TEP exams. 2001 was the first time Dr. Gong Shu came to China, I was fortunate to be a protagonist in her theatre and was deeply attracted by the profundity, creativity, beauty and creativity of psychodrama.

In order to apply psychodrama profoundly, I spent the next 22 years studying extensively in the domains of dance, drama, drawing therapy, completion therapy, psychodynamics, etc.

I have also studied with the founder of Spiral Psychodrama Kite, and many other world-renowned experts, and traveled across the ocean to the founder of the Psychodrama Association, Zerka's home for a 10 days of consecutive healing and supervision, her deep gaze and gentle touch is still fresh in my memory.

Psychodrama has been infiltrated 1/3 of my life so far, and there will be more and more. Moreno's divine values go deep into my bone marrow, which brings me the feeling of being truly held, warmed, permitted, and uncriticized human care.

In the years of learning and applying psychodrama, I am grateful to my husband for the time and space he generously gave me, my son for the profound experience he brought to me in his growing up, students for the constant encouragement and tolerance, the CP and TED examiners for the appreciation and compliments, and all the colleagues for their support, which allow me to swing in the vast, deep and wonderful psychodrama for all eternity



Lianghong Zhong, PhD, TEP

My Journey: Dedicated to Psychodrama and Love

I'm Zhong Liang Hong, from Changsha, Hunan, China. In 2019, I passed the TEP theoretical exam. It took three long years due to the pandemic, but in August 2023, I finally completed the practical examination.

Looking back at my TEP journey, it's filled with emotions.

First, I want to thank my family for their unwavering support. Their love gave me the strength and allow me to carry on my psychology training programs. It also empowered me to impart valuable knowledge to immigrant policemen, medical professionals, and school teachers.

I must also express my deep appreciation for my primary Psychodrama trainer, Dr. Gong Shu. She not only introduced me to the world of Psychodrama but also illuminated the potential of blending Chinese traditional culture with Psychodrama therapy. This innovative approach enabled me to teach Psychodrama in a manner that resonates more profoundly with the Chinese people.

Furthermore, I'm grateful to my second Psychodrama trainer, Dr. Lin Tsu-Yueh. Her steadfast guidance and unwavering professionalism served as stepping stones that propelled me towards the completion of my TEP certification.

Finally, I wish to convey my heartfelt thanks to Dr. Wang Erdong and the many other teachers and friends who accompanied me on this transformative journey in the realm of Psychodrama.

As for myself, I wholeheartedly commit my life to the pursuit of Psychodrama and the spread of love. I look forward to sharing more of my working experiences with future friends and colleagues.

CONNECT WITH US

Feel free to reach out to us for any questions, feedback, suggestions or concerns. We're always looking to improve our service.

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