

# SYNERGY

## PRODUCT CATALOG



## Manufacturing, Certifications, Testing + Guarantees PDF



### INNOVATION

It has been said that the most expensive nutritional supplement is the one that doesn't work. For this reason, Synergy products are based on science, research, and results, ensuring that they will undoubtedly work for you. Outfitted with state-of-the-art instrumentation and combining the skills of accomplished scientists, researchers, and medical professionals, The Hughes Center for Research and Innovation creates a unique environment where our staff pursues scientific discovery and advancement. It is the hub of Synergy WorldWide's new product development. Utilizing advanced technology to verify the identity, purity, and potency of individual constituents, our scientists work to discover powerful ingredient combinations and create unique formulations that will undergo clinical studies to confirm their safety and efficacy.

### QUALITY

Synergy guarantees the purity, potency, and safety of every product it manufactures. From start to finish, Synergy ensures the quality of its product line because, when it comes to your health, nothing else will do. Best Sources: Members of our Quality Assurance Department travel the world to audit the farms, plantations, and sites from which Synergy ingredients are sourced. Every ingredient in every Synergy product has met strict safety and purity standards beginning at its origin. Rigorous Testing: More than 600 quality control tests, comparable to those used in the pharmaceutical industry, are performed on Synergy's product line. A skilled team of scientists test the raw ingredients before manufacturing begins, then test a sample from every finished lot. Synergy exceeds industry standards with this level of attention to detail and insists on the highest levels of manufacturing excellence.

### MANUFACTURING

In conjunction with its parent company Nature's Sunshine Products (NSP), Synergy WorldWide controls all of its own product manufacturing and testing. The company simply refuses to leave the quality of its products in the hands of someone else. In 2002, NSP and Synergy opened a new, state-of-the-art manufacturing plant. This award-winning facility earned the prestigious NSF certification, and operates daily according to Good Manufacturing Practices, also known as GMP standards. From milling and bottling to ingredient storage and machinery sanitization, Synergy has complete control over product quality.



#### NSF-GMP Certification

The NSF (National Sanitation Foundation) is an organization that performs standard development, product certification, testing, and auditing in the field of public health and environment. Nature's Sunshine and Synergy have obtained NSF-GMP(Good Manufacturing Practice) certification, which guarantees the reliability of the company and its products through rigorous manufacturing practices.



#### USDA ORGANIC Certification

Through compliance with the regulations of the USDA's organic manufacturing facilities, Nature's Sunshine and Synergy have obtained USDA ORGANIC certification after successfully passing USDA's stringent audits. We promise to provide the highest quality products from a sterile and safe manufacturing facility.



#### ISO-9001, ISO-17025 Certification

ISO-9001 certifies that the manufacturing facility complies with quality management and environmental system standard specifications set by the International Organization for Standardization (ISO) and operates effectively. ISO-17025 is a globally significant standard for research facilities, certifying our research facility's precision and accuracy in conducting tests on ingredients and products. These certifications serve as the benchmarks of quality manufacturing management, ensuring that manufacturers always provide high-quality products to customers.



#### Listed in Cologne List®

Cologne List® is the world's largest doping prevention platform, established in 2006 by the Olympic Training Center in Germany to prevent intentional or unintentional contamination of sports supplements with prohibited substances. To be listed on the Cologne List®, products must undergo a rigorous verification process, including testing for banned substances such as steroids, prohormones, and stimulants, starting from the information on the product label.



#### PDR by ConnectiveRx®

#### Listed in PDR

PDR (Prescribers' Digital Reference) is a reputable compendium used by medical professionals worldwide for over 70 years to access information about medications and prescriptions. It includes label information, warnings, precautions, drug interactions, and product images of FDA-approved medications. Our flagship product, ProArgi-9 Plus listed in PDR enhances the product's credibility.



#### TGA-GMP Certification

In Australia, the regulation of most health functional foods falls under the purview of the TGA (Therapeutic Goods Administration of Australia). These products are required to be manufactured according to GMP (Good Manufacturing Practice) standards. Nature's Sunshine strictly complies with the TGA's regulations and holds the GMP certification, ensuring the production of the most reliable and trustworthy products.

*Quality Matters*

# AWARD WINNING – PROARGI-9+ (GRAPE)

CV Volume    Retail/Autoship    Wholesale/Autoship

60CV                    \$90/\$81                    \$75/\$67.50



## PROARGI-9+

CITRUS BERRY | MIXED BERRY | GRAPE

YOUR HEART HEALTH HERO -  
THE WORLD'S BEST  
L-ARGININE SUPPLEMENT

SKU# SU74887  
30 single-serve packets



**ProArgi-9+** is the cornerstone of any nutritional regimen. This powerful supplement, Synergy's top-selling product, is meticulously formulated to support Elite Health.

Each serving of ProArgi-9+ contains 5,000 mg of pure, granular-grade, free form L-arginine, an ingredient validated as a therapeutic agent by thousands of clinical studies. The complete ProArgi-9+ formula combines L-arginine with L-citrulline and a carefully selected array of vitamins to rapidly and significantly increase nitric oxide levels in the body. Nitric oxide provides many physical benefits, including the support of healthy circulatory and cardiovascular function.

The Physicians Desk Reference refers to ProArgi-9+ as the world's highest quality L-arginine supplement. Studies show that L-arginine aids in maintaining healthy blood pressure levels, helps improve immune function, and stimulates the release of human growth hormone (HGH).\* It may also boost energy levels, help to build muscle, and reduce adipose tissue body fat.\* ProArgi-9+ is a unique product with far-reaching benefits that will help you unlock your potential and achieve Elite Health.

### BENEFITS

- Significantly and rapidly increases the level of nitric oxide in the body for a natural stamina and energy boost
- Supports overall cardiovascular health
- Supports a healthy inflammatory response
- Enhances blood flow to vital organs
- Combats the negative effects of cardiovascular aging
- Protects against arterial damage and reduces the occurrence of LDL cholesterol oxidation within the body
- May aid in decreasing body fat and building muscle mass

### RECOMMENDED USE

Mix 1 serving (providing 5000 mg pure, free form L-arginine) with 4-8 oz. water (depending on individual taste). Stir to dissolve. If water is very cold, mixture will take about one minute to dissolve.

One serving (1 scoop or 1 stick pack) may be taken twice per day

### Supplement Facts

Serving Size 1 packet (10.5 g)  
Servings Per Container 30

	Amount Per Packet	% Daily Value
Calories	35	
Total Carbohydrate	5g	2%**
Vitamin C (Ascorbic Acid)	60mg	67%
Vitamin D3 (Cholecalciferol)	40mcg	200%
Vitamin K (Menaquinone-7)	20mcg	17%
Vitamin B6 (Pyridoxine HCl)	2mg	118%
Folate	333mcg DFE (200mcg folic acid)	83%
Vitamin B12 (Cyanocobalamin)	6mcg	250%
Proprietary Blend	6.1g	†

L-arginine, pomegranate fruit juice concentrate, L-citrulline, D-ribose, grape skin extract, red grape polyphenol extract

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

**Other Ingredients:** Citric Acid, Natural Grape Flavors, Tartaric Acid, Silicon Dioxide, Monk Fruit Extract.



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## PDR

by ConnectiveRx®

Link to PDR



Link to Cologne List



As with any nutritional product, please consult your physician before use, especially if pregnant, lactating, or have a known medical condition. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, or prevent any disease.

**syn-rgy**

SYNERGYWORLDWIDE.COM

# AWARD WINNING – PROARGI-9+ (CITRUS BERRY)

CV Volume    Retail/Autoship    Wholesale/Autoship

60CV                      \$90/\$81                      \$75/\$67.50



## PROARGI-9+

CITRUS BERRY | MIXED BERRY | GRAPE

YOUR HEART HEALTH HERO -  
THE WORLD'S BEST  
L-ARGININE SUPPLEMENT

SKU# SU74155  
30 single-serve packets

**ProArgi-9+** is the cornerstone of any nutritional regimen. This powerful supplement, Synergy's top-selling product, is meticulously formulated to support Elite Health.

Each serving of ProArgi-9+ contains 5,000 mg of pure, granular-grade, free form L-arginine, an ingredient validated as a therapeutic agent by thousands of clinical studies. The complete ProArgi-9+ formula combines L-arginine with L-citrulline and a carefully selected array of vitamins to rapidly and significantly increase nitric oxide levels in the body. Nitric oxide provides many physical benefits, including the support of healthy circulatory and cardiovascular function.

The Physicians Desk Reference refers to ProArgi-9+ as the world's highest quality L-arginine supplement. Studies show that L-arginine aids in maintaining healthy blood pressure levels, helps improve immune function, and stimulates the release of human growth hormone (HGH).\* It may also boost energy levels, help to build muscle, and reduce adipose tissue body fat.\* ProArgi-9+ is a unique product with far-reaching benefits that will help you unlock your potential and achieve Elite Health.

### BENEFITS

- Significantly and rapidly increases the level of nitric oxide in the body for a natural stamina and energy boost
- Supports overall cardiovascular health
- Supports a healthy inflammatory response
- Enhances blood flow to vital organs
- Combats the negative effects of cardiovascular aging
- Protects against arterial damage and reduces the occurrence of LDL cholesterol oxidation within the body
- May aid in decreasing body fat and building muscle mass

### RECOMMENDED USE

Mix 1 serving (providing 5000 mg pure, free form L-arginine) with 4-8 oz. water (depending on individual taste). Stir to dissolve. If water is very cold, mixture will take about one minute to dissolve.

One serving (1 scoop or 1 stick pack) may be taken twice per day

## Supplement Facts

	Amount Per Packet	% Daily Value
Serving Size 1 packet (10 g) Servings Per Container 30		
Calories	35	
Total Carbohydrate	5 g	2%**
Vitamin C (Ascorbic Acid)	60 mg	67%
Vitamin D <sub>3</sub> (Cholecalciferol)	40 mcg	200%
Vitamin K (Menquinone-7)	20 mcg	17%
Vitamin B <sub>9</sub> (Pyridoxine HCl)	2 mg	118%
Folate	333 mcg DFE (200 mcg folic acid)	83%
Vitamin B <sub>12</sub> (Cyanocobalamin)	6 mcg	250%
Proprietary Blend	6.5 g	†
L-arginine, xylitol, pomegranate fruit juice concentrate, L-citrulline, d-ribose, grape skin extract, red grape polyphenol extract.		

\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

**Other Ingredients:** Citric Acid, Malic Acid, Natural Citrus Flavors, Silicon Dioxide and Sucralose.



### Listed in Cologne List®

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## PDR

by ConnectiveRx®

Link to PDR



Link to  
Cologne List



# AWARD WINNING – PROARGI-9+ (MIXED BERRY)

CV Volume    Retail/Autoship    Wholesale/Autoship

60CV                    \$90/\$81                    \$75/\$67.50



## PROARGI-9+

CITRUS BERRY | MIXED BERRY | GRAPE

YOUR HEART HEALTH HERO -  
THE WORLD'S BEST  
L-ARGININE SUPPLEMENT

SKU# SU74802  
30 single-serve packets



**ProArgi-9+** is the cornerstone of any nutritional regimen. This powerful supplement, Synergy's top-selling product, is meticulously formulated to support Elite Health.

Each serving of ProArgi-9+ contains 5,000 mg of pure, granular-grade, free form L-arginine, an ingredient validated as a therapeutic agent by thousands of clinical studies. The complete ProArgi-9+ formula combines L-arginine with L-citrulline and a carefully selected array of vitamins to rapidly and significantly increase nitric oxide levels in the body. Nitric oxide provides many physical benefits, including the support of healthy circulatory and cardiovascular function.

The Physicians Desk Reference refers to ProArgi-9+ as the world's highest quality L-arginine supplement. Studies show that L-arginine aids in maintaining healthy blood pressure levels, helps improve immune function, and stimulates the release of human growth hormone (HGH).\* It may also boost energy levels, help to build muscle, and reduce adipose tissue body fat.\* ProArgi-9+ is a unique product with far-reaching benefits that will help you unlock your potential and achieve Elite Health.

### BENEFITS

- Significantly and rapidly increases the level of nitric oxide in the body for a natural stamina and energy boost
- Supports overall cardiovascular health
- Supports a healthy inflammatory response
- Enhances blood flow to vital organs
- Combats the negative effects of cardiovascular aging
- Protects against arterial damage and reduces the occurrence of LDL cholesterol oxidation within the body
- May aid in decreasing body fat and building muscle mass

### RECOMMENDED USE

Mix 1 serving (providing 5000 mg pure, free form L-arginine) with 4-8 oz. water (depending on individual taste). Stir to dissolve. If water is very cold, mixture will take about one minute to dissolve.

One serving (1 scoop or 1 stick pack) may be taken twice per day

### Supplement Facts

Serving Size: 1 packet (10.75 g)  
Servings Per Container: 30

	Amount Per Packet	% Daily Value
Calories	35	
Total Carbohydrate	5g	2%**
Vitamin C (Ascorbic Acid)	60mg	67%
Vitamin D <sub>3</sub> (Cholecalciferol)	40mcg	200%
Vitamin K (Menquinone-7)	20mcg	17%
Vitamin B <sub>6</sub> (Pyridoxine HCl)	2mg	118%
Folate	340mcg DFE (200 mcg folic acid)	85%
Vitamin B <sub>12</sub> (Cyanocobalamin)	6mcg	250%
Proprietary Blend	6.8g	†
L-arginine, xylitol, pomegranate fruit juice concentrate, L-citrulline, D-ribose, grape skin extract, red grape polyphenol extract.		

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

**Other Ingredients:** Citric acid, malic acid, natural citrus sweetener (oligofructose, fructose, natural flavors, pea protein), silicon dioxide, natural citrus and huckleberry flavors, stevia leaf extract (Stevia rebaudiana).



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## PDR

by ConnectiveRx®

Link to PDR



Link to Cologne List



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syn-rgy

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# NEW PURIFY 200 (DETOX/CLEANSE KIT)

CV Volume   Retail/Autoship   Wholesale/Autoship

200CV   \$336/\$302.40   \$280/\$252

## NEW PURIFY 200 21 DAY DETOX/CLEANSE

Clinical Study

SCAN ME



Purify Program

SCAN ME



**The Purify Kit (Previously called Fortify)** includes a supply of clinically formulated nutrition for the microbiome. Probiotics, vegetable proteins, and many other powerful ingredients combine to promote detoxification, cleansing, and balance. Use these carefully engineered supplements, and adhere to the dietary guidelines as you begin your journey to Elite Health.

**ProArgi-9+**: Known as the world's highest quality L-arginine supplement, a clinically-proven, patent-pending formula that works powerfully to support your body's blood circulation.

**Biome Shake**: A purifying meal replacement shake high in vegetable protein with a blend of antioxidants, vitamins, minerals, amino acids and beneficial fats.

**Biome DTX**: By activating detoxification, cleansing with fiber to eliminate toxins, and balancing the microbiome, this purification drink is a patent-pending formula that purifies the system for a new beginning to Elite Health.

**Biome Actives**: Combines both prebiotics and probiotics to synergistically provide a favorable environment for beneficial gut bacteria.

**Body Prime**: Made with magnesium, prune powder, and apple pectin, this formula has simple ingredients that support cleansing and bowel motility.

### Pack Contains:

- 2 Mixed Berry ProArgi-9+
- 2 Biome Shake
- 2 Biome DTX
- 1 Biome Actives
- 1 Body Prime
- 1 Blender Bottle



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# BIOME SHAKE

CV Volume Retail/Autoship Wholesale/Autoship

30CV \$57.60/\$51.84 \$48/\$43.20

## BIOME SHAKE

### MICROBIOME PURIFICATION SHAKE

SKU# SU92643

15 Servings (2 Scoops, 40 g) per container

Biome Shake is a purifying meal replacement shake high in vegetable protein with a blend of antioxidants, vitamins, minerals, amino acids, and beneficial fats from sources such as flax seed and borage oil. As part of the Purify program, Biome Shake helps balance and purify the microbiome with a vegetable base featuring broccoli, digestive enzymes, prebiotics, and clean vegetable protein.

#### BENEFITS

- 20 grams of vegetable protein per serving
- Promotes a feeling of fullness
- Gluten free
- Certified vegan
- Delicious vanilla flavor

#### KEY INGREDIENTS

- Pea protein
- Fruit & vegetable base
- Digestive enzymes
- Antioxidant blend

#### RECOMMENDED USE

Mix two level scoops (40 g) of Biome Shake powder with approximately 9 oz. of cold water, or mix to taste.



Nutrition Facts			
15 servings per container			
Serving size 2 scoops (40g)			
Amount per serving			
<b>Calories</b>		<b>150</b>	
		% daily value*	
Total Fat 1g	8%	Iron 2mg	10%
Saturated Fat 1g	2%	Potassium 100mg	4%
Trans Fat 0g		Vitamin A 3000iu	38%
Cholesterol 0mg	0%	Vitamin C 70mg	80%
Sodium 300mg	12%	Thiamin 0.1mg	80%
Total Carbohydrate 18g	7%	Riboflavin 1mg	80%
Dietary Fiber 4g	14%	Niacin 12mg	80%
Total Sugars 0g		Vitamin B6 1.31mg	80%
Includes 0g Added Sugars	0%	Folate 200mcg DFE	50%
Sugar Alcohol 10g		(100mcg DFE acif) (100mcg DFE acif)	80%
Protein 20g	40%	Vitamin B12 per methoxyvitamin 1.8mcg	80%
Vitamin D 10mcg	80%	Pantothenic Acid 4mg	80%
Calcium 20mg	2%	Kelone 115mcg	80%
		Zinc 8mg	80%
		Selenium 40mcg	80%
		Copper 0.7mg	80%
		Manganese 1 mg	80%
		Chromium 27mcg	80%
		Molybdenum 30mcg	80%

\*% Daily Values are based on a diet of other people's secrets.

**INGREDIENTS:** Pea protein concentrate, erythritol, sunflower oil creamer, natural flavors, soluble vegetable fiber, short chain fructooligosaccharides, medium chain triglycerides, rice protein, flax seed, potassium citrate, guar gum, gum acacia, vanillin gum, pea fiber, sodium citrate, plant fiber, ascorbic acid, steviol glycosides, plant enzyme blend, carrot powder, cranberry powder, broccoli powder, borage oil, grape seed extract, selenium amino acid chelate, blueberry powder, luo han guo extract, niacinamide, zinc oxide, manganese citrate, ergocalciferol (vitamin D2), calcium D-pantothenate, vitamin A palmitate, copper gluconate, biotin, potassium iodide, pyridoxine hydrochloride, folic acid, molybdenum amino acid chelate, riboflavin, thiamine mononitrate, chromium picolinate, methylcobalamin.

May Contain: Coconut.

[18g Total Carbs - 4g Fiber - 10g Sugar Alcohol = 5g Net Carbs

] [Not a low calorie food, see Nutrition Facts panel for more information.

# BIOME DTX

**CV Volume**    **Retail/Autoship**    **Wholesale/Autoship**

**40CV**

**\$72/\$64.80**

**\$60/\$54**

## BIOME DTX

DETOX, CLEANSE,  
MICROBIOME BALANCE

SKU# SU92645



Biome DTX is a patent-pending premix that utilizes three distinct pathways to provide breakthrough purification." By activating detoxification, supports elimination of heavy metals, cleansing with fiber to eliminate toxins, and balancing the microbiome, this purification drink is a patent-pending formula that purifies the system for a new beginning to Elite Health.

### BENEFITS

- Detoxifies, cleanses, and balances the microbiome
- Activates enzymes to target contaminants
- Supports healing of the digestive lining with L-glutamine
- Lubricates digestive tract to facilitate contaminant elimination
- Supports healthy bacteria with pH-balancing fermentable fiber

### KEY INGREDIENTS

- Sodium Copper Chlorophyllin
- Broccoli Flowers
- Inulin (soluble fiber))
- Glutamine
- Psyllium
- Zinc

### RECOMMENDED USE

Mix one packet (one serving or 6.6 g) with approximately 9 oz. of water. Drink 4 servings per day for a one-week Purify program. For a one-month maintenance program, drink 2 servings per day.

Supplement Facts		
Serving Size 1 packet (6.6 g) Servings Per Container 28		
	Amount Per Packet	% Daily Value
Calories	20	
Total Carbohydrate	4 g	1%**
Dietary Fiber	2 g	7%*
Zinc (Citrate)	3.75 mg	34%
Sodium	10 mg	<1%
Proprietary Blend	6.1 g	†
Psyllium Husk, L-Glutamine, Inulin (Chicory Root Extract), Apple Fruit Fiber, Flax Seed, Guar Gum, Gum Arabic, Broccoli Flowers, Sodium Copper Chlorophyllin, Apple Fruit Extract, Green Tea Leaf Extract, Cabbage Leaf, Carrot Root, Red Beet Root, Rosemary Leaf, Tomato Fruit, Turmeric Rhizome, Olive Leaf Extract, Grape Seed Extract.		
**Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.		

PURIFY		
Microbiome Balance*	Detox*	Cleanse*
Balances gut pH levels to support the growth of beneficial bacteria*	Activates detoxification signaling*	Balances gut bacteria through elimination*
Supports the healing of the digestive lining*	Supports elimination of heavy metals*	Ingredients:
Ingredients:	Ingredients:	• Inulin
• Prebiotics	• Zinc	• Psyllium
• L-Glutamine	• Broccoli	
	• Sodium Copper Chlorophyllin	

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# BODY PRIME

CV Volume Retail/Autoship Wholesale/Autoship

25CV \$46.80/\$42.12 \$39/\$35.10

## BODY PRIME

### MICROBIOME PURIFICATION & EFFICIENCY

SKU# SU92975  
30 Capsules

Body Prime is an effective kick-start to any health regimen. Made with magnesium, prune powder, and apple pectin, this formula has simple ingredients that support cleansing and bowel motility to prime the body for an effective purification program.

#### BENEFITS

- Supports cleansing and bowel motility<sup>1</sup>
- Magnesium helps maintain healthy electrolyte balance and reduce fatigue
- Contributes to muscle function including the heart muscle
- Contributes to normal muscle contraction including normal heartbeat

#### KEY INGREDIENTS

- **Magnesium:** Body Prime contains 400 mg of the powerful, essential macro-mineral Magnesium. To effectively prepare the body for a regimen of healthy habits, magnesium oxide has a priming effect shown in clinical settings to induce mild bowel motility. At the same time, magnesium is a crucial mineral for maintaining a healthy balance of electrolytes, and is an important micronutrient in the reduction of fatigue. Additionally, magnesium has been proven to have positive cardiovascular benefits.
- **Apple Fruit Pectin and Prune Fruit Powder Blend:** Prune powder and apple pectin work synergistically to kick-start a health regimen. Along with magnesium oxide, these familiar fruit sources have been recommended for use in clinical settings to induce bowel motility, which leads to a variety of benefits. These ingredients are approved for daily use.

#### RECOMMENDED USE

Take two capsules one to three times per day. Digestive tracts vary. Begin with fewer capsules and increase as desired to achieve digestive response.

#### SCIENTIFICALLY VALIDATED

Body Prime and its ingredients have been included in a number of studies, including those conducted at the Hughes Center for Research and Innovation. There, the safety and efficacy of escalating doses of Body Prime on maintaining the regularity of healthy bowel function were explored, thereby setting the



recommended dosing parameters. Studies showing that magnesium has a positive cardiovascular benefit<sup>1</sup>, is useful in maintaining a healthy electrolyte balance<sup>2</sup>, and reduces fatigue<sup>3</sup>, are noted as follows:

- Kupetsky-Rincón, E. a. & Uitto, J. Magnesium: Novel applications in cardiovascular disease - A review of the literature. *Ann. Nutr. Metab.* 61, 102-110 (2012).
- EFSA. Scientific Opinion on the substantiation of health claims related to magnesium and electrolyte balance ( ID 238 ), energy-yielding metabolism ( ID 240 , 247 , 248 ), neurotransmission and muscle contraction including heart muscle ( ID 241 , 242 ), cell di. EFSA J. 7(9), 1-20 (2009).
- EFSA. Scientific Opinion on the substantiation of health claims related to magnesium and hormonal health ( ID 243 ), reduction of tiredness and fatigue ( ID 244 ), contribution to normal psychological functions ( ID 245 , 246 ), maintenance of normal blood. EFSA J. 8, 1807 (2010).

### Supplement Facts

Serving Size 1 packet (3 tablets, 3 capsules)  
Servings Per Container 14

Amount Per Packet	% Daily Value
Cleanse Tablets Proprietary Blend	1410 mg†
Cascara Sagrada Bark, Buckthorn Bark, Licorice Root, Ginger Rhizome, Oregon Grape Root and Rhizome, Capsicum Fruit, Turkey Rhubarb Root, and Red Clover Flowers	
Detox Capsules Proprietary Blend	1049 mg†
Aloe Vera Whole Leaf, Cranberry Fruit, Garlic Bulb, Licorice Root, Dandelion Root, Yellow Dock Root, Milk Thistle Seed, Echinacea Purpurea Root, Black Walnut Hulls, Burdock Root, Fenugreek Seeds, Ginger Rhizome, Kelp Leaves & Stems, Red Clover Flowers, Slippery Elm Inner Bark, Cloves Flowers, Spirulina Algae, Marshmallow Root, Capsicum Fruit, Fennel Seeds, Peppermint Leaves, Safflower Flowers, Corn Silk, Rosemary Leaves, Aloe Vera Inner Leaf.	

†Daily Value not established.

# BIOME ACTIVES

CV Volume    Retail/Autoship    Wholesale/Autoship

25CV    \$46.80/\$42.12    \$39/\$35.10

## BIOME ACTIVES

### MICROBIOME BALANCING\* PREBIOTIC & PROBIOTIC

SKU# SU94320  
90 Capsules

Biome Actives combines both prebiotics and probiotics to synergistically provide a favorable environment for beneficial gut bacteria.\* By providing 1 billion CFU (colony-forming units) of the *Bacillus coagulans* probiotic per capsule, Biome Actives helps maintain the balance of the microbiome in the digestive system and support healthy detoxification.\*

#### BENEFITS

- Provides 1 billion CFU (colony-forming units) of *Bacillus coagulans* per capsule
- Supports healthy bacteria by optimizing pH balance with lactic acid-forming bacteria
- Feeds healthy bacteria with prebiotics
- Supports healthy immune function

#### RECOMMENDED USE

Take 2 capsules, one to three times per day.

May be taken with a meal or alone. Capsules may also be opened and sprinkled on food or mixed in beverages.



Supplement Facts		
Serving Size 3 Capsule		
Serving Per Container 30		
	Amount Per 3 Capsule	%Daily Value
Bacillus coagulans	3 Billion CFU	†

†Daily Value not established.

**Other Ingredients:** Inulin, vegetable capsule (hypromellose, water), magnesium stearate (vegetable), silicon dioxide.

# E9 – ENERGY WITH L-ARGININE

**CV Volume**   **Retail/Autoship**   **Wholesale/Autoship**

**34CV**   **\$54/\$48.60**   **\$45/\$40.50**

## E9

### ENERGY WITH L-ARGININE

SKU SU74136  
30 single-serve packets

e9 delivers energy derived naturally from healthy sources. L-arginine together with a potent blend of amino acids, pure caffeine from guarana, other herbal extracts, and a unique combination of B vitamins will lift you out of an energy-deficient slump and give your body the added nutrition it needs to boost and sustain energy levels.

e9's exclusive high-energy, low-calorie formulation provides steady energy for hours, then lets your energy gradually subside without experiencing that typical sudden crash.

Far too often, people are forced to choose between unhealthy energy drinks to supplement their depleting energy levels. Such choices provide little-to-no nutritional value and consequently load the body with unnecessary amounts of sugar and artificial caffeine. The use of these unhealthy alternatives often results in the sudden crash.

Anytime during the day when you need to be focused, alert, and energized, mix up an e9 and experience its fast, long-lasting, energizing effect. Enjoy the tasty Tropical Burst flavor and you'll soon be energized for hours.

#### BENEFITS & FEATURES

- Long-lasting, healthy energy through a unique, low-calorie formulation
- Combines health benefits of l-arginine to support cardiovascular health
- Enhances mental and physical energy levels
- Maintains alertness, improves cognitive capacity, and increases physical performance
- Stimulates the body's natural ability to produce energy
- Great-tasting Tropical Burst flavor
- Sweetened with steviol glycosides that occur naturally

#### RECOMMENDED USE

Mix 1 serving (1 packet) in 8 oz. of water. Stir or shake to dissolve.

Suggested serving size is 1 packet per day.

Not recommended for use by children under 18 years of age.

Too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally, rapid heartbeat.



#### Supplement Facts

Serving Size 1 packet (0.5 g) Servings Per Container 30		
	Amount Per Packet	% Daily Value
Calories	20	
Total Carbohydrate	5 g	2%,**
Vitamin C (ascorbic acid)	60 mg	67%
Thiamin (B1) (thiamine mononitrate)	1.5 mg	125%
Riboflavin (B2)	1.7 mg	131%
Niacin (niacinamide)	40 mg	250%
Vitamin B6 (pyridoxine HCl)	20 mg	1116%
Folate	333 mcg DFE (200 mcg folic acid)	83%
Vitamin B12 (cyanocobalamin)	120 mcg	5000%
Pantothenic Acid (D-calcium pantothenic)	10 mg	200%
Proprietary Energy Blend	3095 g	1
Inulin, amino acid blend (l-arginine, leucine, l-histidine, l-glutamine, glycine, l-tyrosine, l-leucine, l-isoleucine, l-valine), guarana seed extract, white willow bark, yerba mate leaf extract, green tea leaf extract, korean ginseng root extract, maca root extract, acer berry concentrate, aloe vera whole leaf.		

\*\*Percent Daily Values are based on a 2,000 calorie diet. Daily value not established.

**Other ingredients:** natural flavors, citric acid, natural citrus sweetener (d-glucifrutose, fructose, pea protein, natural flavors), silicon dioxide, malic acid, stevia leaf extract, natural color.

Includes a dietarily insignificant amount of sugar.

**Contains: 95 mg of caffeine per serving.**

#### Listed in Cologne List®

Cologne List® is the world's largest doping prevention platform, established in 2006 by the Olympic Training Center in Germany to prevent intentional or unintentional contamination of sports supplements with prohibited substances. To be listed on the Cologne List®, products must undergo a rigorous verification process, including testing for banned substances such as steroids, prohormones, and stimulants, starting from...

Link to Cologne List



As with any nutritional product, please consult your physician before use, especially if pregnant, lactating, or have a known medical condition. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, or prevent any disease.

# SYNERBEET

CV Volume   Retail/Autoship   Wholesale/Autoship

45CV   \$72/\$64.80   \$60/\$54

## SYNERBEET

### ENERGIZE YOUR LIFE

Item# SU23209  
30 Single-Serve Stick Packs

Recapture and sustain your vitality with the amazing benefits of Synerbeet - a nutrient-rich fruit and vegetable blend featuring red beet root.

This blend also contains phytonutrients and antioxidants from pomegranate juice concentrate, apple fruit extract, turmeric, blueberry, and tart cherry in a convenient stick pack for anyone wanting to live a healthier life, improve their energy levels, or to simply enjoy a delicious beverage.

#### FEATURES

- 3g red beet root per serving
- 0g added sugar
- Natural pomegranate citrus flavor
- Caffeine-free
- Clinically studied ingredients

#### BENEFITS

- A synergistic combination of standardized beet root, fruits, herbs and a potent antioxidant blend
- Natural energy without the "jitters"
- Provides energy-boosting vitamins
- Powerfully activates nitric oxide production to boost energy, stamina, exercise performance and endurance
- Supports cognitive function, focus and alertness
- Supports circulation

#### KEY INGREDIENTS

- Red Beet root
- FOS
- Apple Fruit Extract
- Green Tea Extract
- Phytonutrient Fruit and Vegetable Blend

#### RECOMMENDED USE

Mix one packet (5.8 g) with 12-16 oz. (240 ml) of water based on taste preference. Use up to twice daily.



#### Supplement Facts

Serving Size 1 packet (5.8 g)  
Servings Per Container 30

	Amount Per Serving	% Daily Value**
Calories	20	
Total Carbohydrate	5g	2%
Vitamin C (as ascorbic acid)	60mg	67%
Thiamin (as thiamine mononitrate)	0.8mg	67%
Niacin (as nicotinic acid)	8mg	50%
Vitamin B <sub>6</sub> (as pyridoxine hydrochloride)	1.0mg	59%
Folate	400mcg DFE (240 mcg folic acid)	100%
Vitamin B <sub>12</sub> (as cyanocobalamin)	2.2mcg	92%
Magnesium (as magnesium oxide)	40mg	10%
Herbal Antioxidant Blend*	3,700mg	†
Red Beet Root Powder, Pomegranate Fruit Juice Concentrate Powder, Apple Fruit Extract, Green Tea Leaf Extract, Grape Seed Extract (†Megalganol™-B™, S™ Blend (Green Coffee Bean Extract, Green Tea Leaf Extract, Turmeric Rhizome Extract, Blueberry Fruit, Broccoli, Tart Cherry Fruit, Kale), Red Grape Polyphenol Extract.		

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

## PDR

by ConnectiveRx®

Link to PDR



# PROARGI-9+ PROGUARD

CV Volume   Retail/Autoship   Wholesale/Autoship

39CV

\$60/\$54

\$50/\$45

PROARGI-9+

## PROGUARD

### IMMUNE SYSTEM SUPPORT

SKU# SU22724

30 single-serve packets



Proactively strengthen your body's ability to protect itself with ProArgi-9+ ProGuard. Formulated by leading scientists to work with your body's own nitric oxide, ProGuard works to circulate powerful immune-enhancing ingredients.

Each daily serving contains a clinically-proven blend of beta glucans, along with vitamins, minerals, polyphenols and fruit that will support and defend your immune system.

Combine ProArgi-9+ ProGuard with ProArgi-9+ for increased health benefits. This combination supports a healthy blood flow, powering vital immune-supporting nutrients throughout your body. It's the "2x Boost" effect for immune strength, cardiovascular support, and overall Elite Health.

#### BENEFITS

- Supports increased vigilance of your immune system
- Supports activation of t-cells, macrophages, and NK Cells
- Beta glucans activate immune cells to express more receptors for Vitamin D1
- Combining with ProArgi-9+ enhances your body's ability to benefit from both formulas
- Delicious Mixed Berry flavor

#### KEY INGREDIENTS

- Clinically-proven beta glucan blend
- Vitamins C, D3, B6 & B12
- Natural fruit extracts
- Zinc

#### RECOMMENDED USE

Mix 1 serving (1 packet) with 8 fl. oz. of water. When combining with ProArgi-9+, mix with 12-18 fl. oz. of water, adjusting to taste. \*Non-GMO, gluten free, non-allergenic, keto friendly

#### Supplement Facts

Serving Size 1 packet (6.5 g)  
Servings Per Container 30

	Amount Per Packet	% Daily Value
Calories	10	
Total Carbohydrate	4 g	2%**
Sugar Alcohol (Erythritol)	3 g	†
Vitamin C	1000 mg	11111%
Vitamin D <sub>3</sub>	25 mcg	125%
Vitamin B <sub>6</sub>	1.8 mg	106%
Vitamin B <sub>12</sub>	6.0 mcg	250%
Zinc	10 mcg	91%
Proprietary Blend	2.7 g	†

Fructooligosaccharides, Arabinoxylan, Beta-Glucans, Pomegranate Fruit Juice Concentrate, Grape Seed Extract, Red Grape Polyphenol Extract, Apple Fruit Extract, Orange Bioflavonoid Extract.

\*Percent Daily Values are based on a 2,000 calorie diet. †Daily value not established.

ProArgi-9+ + ProGuard = **2x BOOST**

Enhance the effects of ProArgi-9+ ProGuard with the cardiovascular power of ProArgi-9+. Combining these formulas will optimize your body's ability to support its immune system and benefit from both formulas.\*

**DIRECTIONS:**  
Mix 1 serving (1 packet) with 8 fl.oz. of water. When combining with ProArgi-9+, mix with 12-18 fl.oz. of water, adjusting to taste.

Link to PDR



**PDR**  
by ConnectiveRx®

# MISTICA

**CV Volume**   **Retail/Autoship**   **Wholesale/Autoship**

**30CV**   **\$50.40/\$45.36**   **\$42/\$37.80**

## MISTICA

### A SUPER FRUIT BLEND

SKU# SU92529  
24.7 oz. (730 ml) liquid bottle

Mistica fruit blend contains naturally occurring antioxidants, anthocyanins, essential fatty acids, and phytosterols that work together to reduce oxidative stress, support the cardiovascular system, and improve your overall health.

Powered by Vitamin B6, Açai berry, green tea extract, and a host of other fruit extracts, Mistica delivers important nutrients your body needs to neutralize free radicals. Give your immune system a boost by adding this delicious drink to your daily regimen.

#### BENEFITS

- Counters free radical damage and premature aging
- Maintains cholesterol levels already in the normal range
- Supports normal psychological function
- Supports normal red blood cell formation.
- Supports normal homocysteine metabolism

#### RECOMMENDED USE

Experience the benefits of Mistica by taking 1 oz. (30 ml) once or twice daily. Shake well before use. Refrigerate after opening.

#### KEY INGREDIENTS

Acai fruit concentrate, red grape fruit concentrate, concord grape fruit concentrate, blueberry fruit concentrate, red raspberry fruit concentrate, raspberry fruit, cranberry fruit, blueberry fruit, lycium fruit extract, elderberry fruit extract, bilberry fruit extract, pomegranate fruit extract, decaffeinated green tea leaf extract, grape seed extract.



### Supplement Facts

Serving Size 1 oz (30ml)  
Servings Per Container 24

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	4 g	1%**
Total Sugars	3 g	†
Proprietary Blend	6.5 g	†
Red Grape Fruit Concentrate ( <i>Vitis vinifera</i> )		
Concord Grape Fruit Concentrate ( <i>Vitis labrusca</i> )		
Açai Fruit Concentrate ( <i>Euterpe oleracea</i> )		
Blueberry Fruit Concentrate ( <i>Vaccinium</i> spp.)		
Red Raspberry Fruit Concentrate ( <i>Rubus idaeus</i> )		
Cranberry Fruit ( <i>Vaccinium macrocarpon</i> )		
Lycium Fruit Extract ( <i>Lycium barbarum</i> )		
Elderberry Fruit Extract ( <i>Sambucus nigra</i> )		
Bilberry Fruit Extract ( <i>Vaccinium myrtillus</i> )		
Pomegranate Fruit Extract ( <i>Punica granatum</i> )		
Decaffeinated Green Tea Leaf Extract ( <i>Camellia sinensis</i> )		
Grape Seed Extract ( <i>Vitis vinifera</i> )		

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

Link to Brunswick Clinical Test  
Comparing Orac Scales of other products



INDEPENDENT CLINICAL TEST PERFORMED BY  
**BRUNSWICK LABORATORIES**

#### ORAC Comparison

Measurement of Oxygen Radical Absorbance  
Capacity - Antioxidant Activity

# LIQUID CHLOROPHYLL

CV Volume   Retail/Autoship   Wholesale/Autoship

20CV   \$32.40/\$29.16   \$27/\$24.30

## LIQUID CHLOROPHYLL

NATURE'S SIMPLE SOLUTION.

SKU# SU92818  
24.7 oz. (730 ml) liquid bottle

Chlorophyll, the green pigment in plants that facilitates respiration and growth, is a significant nutrient found in green, leafy vegetables. Sourced from mulberry leaves and alfalfa, Synergy's Liquid Chlorophyll is a rich, highly-concentrated combination of chlorophyllin (sodium copper chlorophyllin) and peppermint oil. Chlorophyllin has been shown to provide valuable protection against excess free radicals. Liquid Chlorophyll also contains barley, a grass that acts as a good source of vitamins and proteins. Studies also support the ability of barley grass to scavenge free radicals and act as a powerful antioxidant. Simply add two teaspoons to eight ounces of water and turn your ordinary drinking water into a body-cleansing, refreshing beverage.

### BENEFITS

- Helps detoxify your digestive tract
- Supports gut health
- Supports well-being
- Helps freshen breath and body
- Supports antioxidant pathways

### RECOMMENDED USE

*For adults:* Take two teaspoons (10 ml) in a glass (240 ml) of water, two times a day.

*For children 12 and under:* 2.5 ml in a half glass of water, two times a day.

Refrigerate after opening.

### KEY INGREDIENTS

Sodium Copper Chlorophyllin, peppermint aerial parts oil, alfalfa leaf and stem juice extract, barley grass juice extract.



### Supplement Facts

Serving Size 2 teaspoons (10 ml)  
Servings Per Container 73

Amount per 10ml	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%**
Proprietary Blend	43 mg	†
Sodium Copper Chlorophyllin, Peppermint Aerial Parts Oil, Alfalfa Leaf & Stem Juice Extract, Barley Grass Juice Extract		

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

# TRUGREEN+

CV Volume   Retail/Autoship   Wholesale/Autoship

20CV   \$33.60/\$30.24   \$28/\$25.20

## TRUEGREEN+ EXTRA STRENGTH

### POWDERED CHLOROPHYLL ALL NATURAL DETOXIFIER

Powerful, delicious and convenient, TruGreen+ refreshes your body from the inside out.

Loaded with chlorophyllin, a natural detoxifier, this travel-ready stick pack helps balance the gut microbiome to keep you feeling healthy and fresh every day.

With a tasty natural lime flavor, TruGreen+ is easy to drink and a great way to support digestive, intestinal and immune health.

#### BENEFITS:

- Supports natural detoxification and microbiome balance
- Freshens and deodorizes the body from the inside out
- Protects against and helps block the absorption of pollutants
- Provides powerful antioxidants that support beauty
- Refreshes with delicious, natural flavors
- Paraben and preservative free
- 

#### RECOMMENDED USE

Mix the contents of 1 packet in 12-16 oz. of water and shake well.



Supplement Facts		
Serving Size 1 stick pack (2.25g)		
Servings Per Container 30		
	Amount Per Packet	% Daily Value**
Calories	5	
Total Fat	0 g	0%
Total Carbohydrate	2 g	1%
Dietary Fiber	1 g	4%
Total Sugars	0 g	
Includes 0g Added Sugars		0%
Sodium Copper Chlorophyllin	120 mg	†

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Inulin, Guar Gum, Natural Flavors (Key Lime, Lime, Vanilla), Citric Acid, Malic Acid, Steviol Glycosides (Rebudiosides M, A).



# VITALIFT

CV Volume   Retail/Autoship   Wholesale/Autoship

30CV

\$50/\$45

\$42/\$37.80

## VITALIFT

### ENERGIZE & ACTIVATE

SKU# SU21935  
30 packets

VitaLift supports the body's energy production and helps maintain an active lifestyle. Its refreshing, natural, tropical-citrus fruit flavor is universally appealing, and convenient stick packs go anywhere so you can get an uplift anytime you need energy. Start your day off right with VitaLift.

#### BENEFITS & FEATURES

- Reduces feelings of fatigue\*
- Elevates body and mind\*
- Increases focus\*
- Boosts metabolism\*
- Supports exercise endurance\*
- Provides energy for daily tasks\*
- Non-GMO blend

#### HOW IT WORKS

With natural caffeine from guarana seed, plus ginseng root extract, green tea leaf extract and B vitamins, VitaLift pumps needed vitality into a tired day. This smart energy drink puts your health first by considering electrolyte balance and sugar content. And it's sweetened with stevia leaf extract to keep calories low. You'll love the refreshing natural citrus flavor!



#### Supplement Facts

Serving Size 1 packet (4 g)  
Servings Per Container 30

	Amount Per Packet	% Daily Value**
Calories	10	
Total Carbohydrate	3 g	1%
Dietary Fiber	1 g	4%
Thiamin (B <sub>1</sub> , thiamine mononitrate)	1.2 mg	100%
Riboflavin (B <sub>2</sub> )	1.3 mg	100%
Niacin (niacinamide)	16 mg	100%
Vitamin B <sub>6</sub> (pyridoxine hydrochloride)	1.7 mg	100%
Vitamin B <sub>12</sub> (cyanocobalamin)	4.8 mcg	200%
Pantothenic Acid (d-calcium pantothenate)	10 mg	200%

\*\*Percent Daily Values are based on a 2,000 calorie diet.

### KEY INGREDIENTS



Guarana seed extract &  
Green tea leaf extract



Ginseng root



B Vitamins



Prebiotic fiber (FOS)

#### WARNING

This product contains caffeine. Not recommended for use in children, pregnant/nursing women or persons sensitive to caffeine. Consult your physician prior to use if

As with any nutritional product, please consult your physician before use, especially if pregnant, lactating, or have a known medical condition. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, or prevent any disease.

syn-rgy

SYNERGYWORLDWIDE.COM

# VITALIFT

CV Volume   Retail/Autoship   Wholesale/Autoship

30CV

\$50/\$45

\$42/\$37.80

## KEY INGREDIENTS

### Guarana seed extract

- Provides naturally occurring caffeine (60 mg per serving) to energize the body and support stamina and vitality <sup>1,2</sup>

### Ginseng root

- Strengthens qi (in TCM) to fortify the body <sup>3</sup>
- Naturally contains ginsenosides that benefit health <sup>3</sup>
- May support the healthy function of the nervous system <sup>3</sup>
- May support immune health <sup>3</sup>

### Green tea leaf extract

- Provides powerful catechins like EGCG that reduce oxidative stress
- Helps maintain healthy blood flow
- Supports normal-range cholesterol levels

### B Vitamins

- Play a crucial role in supporting energy levels
- Support brain and nerve function
- Support cell metabolism
- Supports energy and hormone production (B<sub>6</sub>)
- Supports energy, circulation, memory, mood and digestion (B<sub>12</sub>)

### Prebiotic fiber (FOS)

- Provides food for friendly flora to help them thrive in the gut
- Supports bowel health and function
- Promotes digestive function



## RECOMMENDED USE

Mix the contents of 1 packet in 14-16 oz. water based on taste and preference.

## References

1. Elizabeth A F S Torres, et al., *Comprehensive reviews in food science and food safety*; (2022)
2. McLellan T M, et al. *Neuroscience & Biobehavioral Reviews*, (2016).
3. Li, Z, et al. *Frontiers in Pharmacology*, (2023).

## ENERGY DRINK COMPARISON

PRODUCT	VITALIFT	RED BULL	ROCKSTAR	MONSTER
Calories	10	110	140	110
Added Sugar	No	Yes	Yes	Yes
Carbohydrates	3g	28g	31g	27g
Added Caffeine	No*	Yes	Yes	Yes
Thiamin (B1)	100%	0%	0%	0%
Riboflavin (B2)	100%	0%	200%	100%
Niacin (B3)	100%	100%	100%	100%
Pyridoxine (B6)	100%	250%	100%	100%
Cyanocobalamin (B12)	200%	80%	100%	100%
<b>COST PER SERVING</b>	<b>\$1.40</b>	<b>\$1.98</b>	<b>\$1.50</b>	<b>\$1.88</b>

# ESSENTIAL GREENS

CV Volume    Retail/Autoship    Wholesale/Autoship

32CV    \$48/\$43.20    \$40/\$36

## ESSENTIAL GREENS

PACKED WITH YOUR ESSENTIAL DAILY VEGETABLES & HERBS

This product harnesses the powerful process of photosynthesis, which takes sunlight and transforms it into energy that fuels the world-chlorophyll.

Drink a glass of water with Essential Greens and you will feel refreshed, invigorated, and energized.

Bridge the gap in your nutrition with Essential Greens. This product is formulated to provide quick, powerful nutrients to those who don't have time to prepare and eat their servings of vegetables in a day.

### BENEFITS:

- Phytonutrients provide powerful health-protective benefits
- Antioxidants combat free radicals and help counter cell damage
- Chlorophyll enhances immunity and protects cells
- Brings you the green fire of photosynthesis in an easily digestible form
- Alkalinizing formula hydrates and detoxifies the body
- Rich in nutrients and enhances energy

### RECOMMENDED USE

Mix one packet in one liter of water daily.



### Supplement Facts

Serving Size: 1 packet (5 g)  
Servings Per Container: 30

	Amount Per Packet	% Daily Value**
Calories	15	
Total Carbohydrate	3 g	1%
Dietary Fiber	2 g	7%
Protein	1 g	
Proprietary Blend	4.97 g	**

Wheat Grass (*Triticum aestivum*), oat Sprout (*Avena sativa*), Barley Grass (*Hordeum vulgare*), Lemongrass, Aerial Parts (*Cymbopogon citratus*), Artichoke Leaf (*Cynara scolymus*), Cucumber Fruit (*Cucumis sativus*), Okra Pod (*Abelmoschus esculentus*), Celery Seed (*Apium graveolens*), Parsley Leaf (*Petroselinum crispum*), Spinach Leaf & Stem (*Spinacia oleracea*), Kale Leaf (*Brassica oleracea* var. *acephala*), Broccoli Flowers (*Brassica oleracea* var. *italica*), Cabbage Leaf (*Brassica oleracea* var. *capitata*), Tomato Fruit (*Solanum lycopersicum*), Peppermint Leaf (*Mentha x piperita*), Rosemary Leaf (*Rosmarinus officinalis*), Sage Leaf (*Salvia officinalis*), Spearmint Leaf & Flower (*Mentha spicata*), Thyme Leaf (*Thymus vulgaris*)

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

Link to PDR



PDR  
by ConnectiveRx<sup>®</sup>

# COQ-10

<b>CV Volume</b>	<b>Retail/Autoship</b>	<b>Wholesale/Autoship</b>
15CV	\$30/\$27	\$25/\$22.50

## COQ-10

### SUPPORT FOR VITAL ORGANS & ENERGY PRODUCTION

**SKU# SU74882**  
**30 Capsules**

The human body is comprised of complex anatomical systems that are responsible for life-depending physiological functions. Each system, composed of different organs, cells, and tissues requires a supply of energy or ATP for its optimal function.

Within these vast networks, ATP or energy is delivered after its successful production within the body. Much of the body's energy is derived from components found in natural food sources. CoQ10, formally known as Coenzyme Q10, is an oil-soluble vitamin-like compound found in every cell of the human body.

Organs with the highest energy requirements, such as the heart, have an increased need for high concentrations of CoQ10 for the production of energy. Synergy's CoQ10 is an all-natural, crystal-free form that uses a patented lipid blend that enhances its bioavailability and absorption in the human body. Incorporate this into your daily supplement diet to ensure an adequate supply of energy to your body's most important muscle - your heart.

#### BENEFITS

- Helps reduce oxidative stress in all cells throughout the body
- Supports energy production for the heart and other organs requiring high levels of ATP or energy
- Supports the health of the heart, kidneys, liver, and pancreas

#### RECOMMENDED USE

Take 1-2 capsules daily.



#### Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 30

	Amount Per Capsule	%Daily Value
Coenzyme Q <sub>10</sub>	100 mg	†

†Daily Value not established.

Other Ingredients: Extra virgin olive oil, softgel (gelatin, glycerin, water, annatto), beeswax, sunflower lecithin.

# OMEGA-3

CV Volume   Retail/Autoship   Wholesale/Autoship

15CV   \$31.20/\$28.08   \$26/\$23.40

## OMEGA-3

### CHOLESTERAL SUPPORT WITH NO FISHY FLAVOR

SKU SU92902  
60 Softgels

Omega-3 is a natural triglyceride fish lipid concentrate containing essential fatty acids that are not synthesized by the body and must be obtained through diet or supplementation. Providing 380 mg EPA/190 mg DHA per capsule.

#### BENEFITS & FEATURES

- Supports cardiovascular function
- Supports brain health
- Supports positive mood
- Helps regulate the body's ratio of HDLs to LDLs

#### RECOMMENDED USE

Take one capsule with a meal 2 times daily.

#### BENEFITS & FEATURES

Supports cardiovascular function  
Supports brain health  
Supports positive mood  
Helps regulate the body's ratio of HDLs to LDLs



#### Supplement Facts

Serving Size 1 Softgel  
Servings Per Container 60

	Amount Per 1 Softgel	%Daily Value
Fish Oil (anchovy, sardine, mackerel)	1000 mg	†
Eicosapentaenoic Acid (EPA)	380 mg	†
Docosahexaenoic Acid (DHA)	190 mg	†

†Daily Value not established.

# METABOLIC LDL

**CV Volume**   **Retail/Autoship**   **Wholesale/Autoship**

**25CV**   **\$46.80/\$42.12**   **\$42/\$37.80**

## METABOLIC LDL

### HEALTHY CHOLESTEROL & METABOLIC SUPPORT

**SKU# SU94217**  
**60 Capsules**

Support healthy cholesterol levels and cardiovascular function with Metabolic LDL. This unique and powerful herbal formula helps modulate cholesterol oxidation and maintain healthy cholesterol levels.

Metabolic LDL combines Citrus bergamia Risso extract with a proprietary blend of high-ORAC antioxidants that help support total cholesterol and triglyceride levels already in the normal range. It works in part by blocking an enzyme the liver needs to produce LDL cholesterol. This combination of Citrus bergamia fruit extract and antioxidants naturally supports healthy cholesterol and blood sugar levels already in the normal range.

#### BENEFITS

- Modulates oxidation of LDL cholesterol\*
- Supports healthy cholesterol levels\*
- Features a powerful, proprietary antioxidant blend\*

#### KEY INGREDIENTS

**Bergamot Fruit Extract (Citrus bergamia Risso):** Technically an orange, this fruit more closely resembles a lime or lemon with a bumpy outer peel that ranges from pale green to yellow. Our bergamot fruit grows along the southern coast of Italy in the town of Bergamo. Bergamo fruit is bursting with polyphenols, naturally occurring antioxidants that scavenge free radicals in the body.

**Proprietary Antioxidant Blend:** Nine fruit and plant extracts - including turmeric, green tea, grape seed and mangosteen - are featured in this dynamic formula.

Our unique combination of citrus bergamia and our powerful, proprietary antioxidant blend create a truly synergistic effect. Scientists observed enhanced antioxidant activity beyond the regular capacity of the individual ingredients, yielding a wonderfully effective formulation for cardiovascular health.

#### RECOMMENDED USE

Take 2 capsules with your evening meal.



#### Supplement Facts

Serving Size 2 VegCaps  
Serving Per Container 30

	Amount Per 2 VegCaps	%Daily Value
Bergamot Orange Fruit Extract	500 mg†	
Proprietary Blend	200 mg†	
Apple Fruit Extract, Turmeric Root & Rhizome Extract, Green Tea Leaf Extract, Grape Seed Extract, Mangosteen Pericarp Extract, Grape Skin Extract, Olive Leaf Extract, Blueberry Fruit Concentrate, Capsicum Fruit		

†Daily Value not established.

Other Ingredients: Vegetable capsule (hypromellose, water), cellulose, vegetable magnesium stearate.

# VITAMIN D3

**CV Volume**    **Retail/Autoship**    **Wholesale/Autoship**

16CV

\$24/\$21.60

\$20/\$18

## VITAMIN D3

BOOST IMMUNITY & ELEVATE  
YOUR MOOD WITH THE  
'SUNSHINE VITAMIN'

**SKU# SU74034**  
**150 Chewable Tablets**

The human body is equipped with the amazing ability to synthesize vitamin D3 through exposure to the sun's ultraviolet rays. However, today's indoor living and extensive use of sunscreen has resulted in a society where millions are deficient in this life sustaining, bone building vitamin.

Like a ray of sunshine, Synergy's Vitamin D3 chewable tablets benefits the body's numerous biological functions to promote a greater state of overall health. This essential vitamin is one of the most useful nutritional tools we have at our disposal.

Of the many roles Vitamin D3 fulfills in the body, one of the most important is to enable calcium absorption. The body is unable to digest calcium without adequate levels of D3. Insufficient levels of calcium can then lead to osteoporosis and eventually bone loss.

Vitamin D3 also works to promote bone mineralization in the body. Through adequate supplementation you can provide your body with the necessary levels of Vitamin D3 needed to ensure a healthy and strong skeletal system.

### BENEFITS & FEATURES

- Provides 2500 IU of Vitamin D3 per tablet
- Helps maintain normal levels of calcium in the blood
- Helps maintain bone health and mineralization
- Helps support a healthy immune system
- Facilitates calcium absorption in the body to support a healthy skeletal system

### RECOMMENDED USE

Take 1-2 tablets daily.



### Supplement Facts

Serving Size 2 Tablets

Servings Per Container 75

	Amount Per 2 Tablets	%Daily Value
Vitamin D3 (cholecalciferol)	125 mcg	625%

†Daily Value not established.

Other Ingredients: Sorbitol, mannitol, xylitol, stearic acid, natural fruit flavors, magnesium stearate, citric acid.

# PROARGI-9+ ACTIVE

CV Volume    Retail/Autoship    Wholesale/Autoship

60CV            \$90/\$81            \$75/\$67.50

## PROARGI-9+ ACTIVE

SPECIFICALLY DESIGNED TO  
ENHANCE PHYSICAL ACTIVITY.

SKU# SU74044  
30 single-serve packets

Like the other members of the ProArgi-9+ family, Active helps support your heart health. What makes the Active formula different is its targeted approach to physical activity. ProArgi-9+ Active is specifically designed to enhance physical activity by combining L-arginine with the energy-producing properties of quercetin. ProArgi-9+ Active also includes the benefits of Vitamins B6 and B12, Folic Acid, and D-Ribose. This is truly a complete formula to enhance your heart health and activity.

**ProArgi-9+ Active is a powerful exercise tool that can help you:**

- Improve endurance and stamina
- Reduce fatigue
- Enhance blood circulation
- Reduce the time it takes to recover from physical activity

Synergy believes that a healthy heart can be achieved through regular physical activity and proper nutrition. Whether you run marathons or simply walk around the block, ProArgi-9+ Active will help you be more physically active every day.

### BENEFITS:

- Provides optimal antioxidant protection to cell membranes
- Maintains cholesterol levels already within the normal range
- Promotes vasodilation already within the normal range
- Increases elasticity of arterial walls
- Maintains healthy mucous membranes (lungs) and skin
- Enhances immune system response

### RECOMMENDED USE

Mix 1 packet with 4-8 oz. water (depending on individual taste). Stir to dissolve. If water is very cold, mixture will take about one minute to dissolve. 1 packet may be taken twice per day.



### Supplement Facts

Serving Size 1 packet (11 g)  
Servings Per Container 30

	Amount Per Packet	% Daily Value
Calories	30	
Total Carbohydrate	5 g	2% **
Vitamin B6 (Pyridoxine HCl)	4 mg	235%
Folate	333 mcg DFE (200 mcg folic acid)	83%
Vitamin B12 (Cyanocobalamin)	12 mcg	500%
Proprietary Blend	5.6 g	†
L-arginine, quercetin (extract from <i>Sophora japonica</i> fruit), and d-ribose.		

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

# MELATONIN PLUS

**CV Volume**   **Retail/Autoship**   **Wholesale/Autoship**

**22CV**   **\$33.60/\$30.24**   **\$28/\$25.20**

## MELATONIN PLUS

BETTER SLEEP. BETTER YOU.

**SKU# SU23753**  
**60 Capsules**

For many people, getting a good night's sleep can be rather challenging. Sleep issues can be a natural outcome of aging, a change to the routine, increased worry, jet lag, caffeine or alcohol consumption, and screen time.

Melatonin is a natural hormone produced by the brain and secreted by the pineal gland. The human body releases melatonin when it's dark outside and slows its release during daylight hours. This important hormone helps you get the proper amount of sleep by helping the brain to relax at the right time.

### BENEFITS

- Helps promote the body's natural sleep cycle
- Helps you feel more rested and alert after sleeping
- May help you adapt to new time zones during and after travel
- Provides 3 mg melatonin per serving
- With vitamin E, ginkgo and eleuthero for brain support

### KEY INGREDIENTS

#### Melatonin

- Supports restful sleep and sleep cycles
- Helps increase alertness after sleeping
- Provides support for immune and cardiovascular health
- Supports bone health

#### Ginkgo leaf and extract

- Traditionally used to support brain health and attention
- Supports blood flow and heart health
- May aid circulation in the extremities

#### Vitamin E

- An antioxidant vitamin that helps fortify cells against free radicals
- Supports and helps balance the pituitary gland, which controls hormone production

#### Eleuthero root

- Helps increase resistance to daily stress
- Reduces fatigue
- Traditionally used to support sleep and mental or physical performance



## KEY INGREDIENTS



Melatonin



Ginkgo Leaf + Extract



Vitamin E



Eleuthero Root

# MELATONIN PLUS

**CV Volume**    **Retail/Autoship**    **Wholesale/Autoship**

**22CV**    **\$33.60/\$30.24**    **\$28/\$25.20**

## HOW IT WORKS

Melatonin controls sleep patterns and influences the body's biological clock. As we age, melatonin levels drop, which may explain why sleep patterns change. Melatonin Plus provides 3 mg pure melatonin combined with herbs traditionally used to support brain function and natural vitamin E, for optimal brain health benefits.

## SCIENCE-BASED FORMULA

Melatonin is an important signaling molecule in the body that regulates our circadian rhythms, including the sleep-wake cycle. At a cellular level, it acts as antioxidant to reduce oxidative burden and helps neutralize free radicals that can damage adjoining molecules. This hormone has also been found to support immune health, cardiovascular function, bone health and female reproduction.

Independent studies show that people age 55 and older who have difficulty sleeping have much lower levels of melatonin than people who do not have trouble sleeping. So it makes sense to supplement the body's melatonin levels to promote restful sleep.

Modern research has validated ginkgo leaf's potential for memory, cognitive function, mood, focus and circulatory support. And ginkgo's antioxidant activity may help boost subjective sleep quality.

Eleuthero is an adaptogenic herb; it helps calm the brain and nervous system. Eleutherosides B and E may help with learning and memory. And its complex polysaccharides support immune function.

## FEATURES

- Non-GMO formula
- With standardized ginkgo (24% ginkgo flavone glycosides)

## RECOMMENDED USE

Take 1 capsule 30 minutes before bed.



<b>Supplement Facts</b>		
Serving Size 1 Capsule		
	Amount Per Capsule	%Daily Value
Vitamin E (d-alpha tocopheryl acetate)	22 mg	147%
Melatonin	3 mg	†
Proprietary Blend	105 mg	†
Eleuthero Root ( <i>Eleutherococcus senticosus</i> ), Ginkgo Leaf ( <i>Ginkgo biloba</i> ), Ginkgo Leaf Extract (standardized to 24% ginkgo flavone glycosides)		

†Daily Value not established.

# BODY CLEANSE

**CV Volume**   **Retail/Autoship**   **Wholesale/Autoship**

**27CV**   **\$45.60/\$41.04**   **\$38/\$34.20**

## BODY CLEANSE

PURIFY & DETOXIFY YOUR  
BODY WITHOUT INTERFERING  
WITH YOUR DAILY ACTIVITIES

Fast track your weight management efforts with Synergy's SLMsmart Body Cleanse.

Featuring an efficacious blend of 35 time-honored herbs, this powerful formula helps rid the body of waste and unwanted toxins that can build up over time as a result of a poor diet, the environment, or the breakdown of stored body fat. Contains ingredients that assist with eliminating microbes and parasites.

Naturally gentle, Body Cleanse works with minimal interference to your daily activities.

### BENEFITS

- Purifies and detoxifies the body
- Helps eliminate toxins that build up during the breakdown of stored body fat
- Minimal interference with daily activities

### RECOMMENDED USE

Take two packets daily: One packet with your morning meal, and one packet with your evening meal.



### Supplement Facts

Serving Size 1 packet (3 tablets, 3 capsules)  
Servings Per Container 14

Amount Per Packet	% Daily Value
Cleanse Tablets Proprietary Blend	1410 mg†
Cascara Sagrada Bark, Buckthorn Bark, Licorice Root, Ginger Rhizome, Oregon Grape Root and Rhizome, Capsicum Fruit, Turkey Rhubarb Root, and Red Clover Flowers	
Detox Capsules Proprietary Blend	1049 mg†
Aloe Vera Whole Leaf, Cranberry Fruit, Garlic Bulb, Licorice Root, Dandelion Root, Yellow Dock Root, Milk Thistle Seed, Echinacea Purpurea Root, Black Walnut Hulls, Burdock Root, Fenugreek Seeds, Ginger Rhizome, Kelp Leaves & Stems, Red Clover Flowers, Slippery Elm Inner Bark, Cloves Flowers, Spirulina Algae, Marshmallow Root, Capsicum Fruit, Fennel Seeds, Peppermint Leaves, Safflower Flowers, Corn Silk, Rosemary Leaves, Aloe Vera Inner Leaf	

†Daily Value not established.

# CRAVE CONTROL

<b>CV Volume</b>	<b>Retail/Autoship</b>	<b>Wholesale/Autoship</b>
<b>25CV</b>	<b>\$57.60/\$51.84</b>	<b>\$48/\$43.20</b>

## CRAVE CONTROL

WITH CRAVE CONTROL,  
HEALTHY SATIETY IS ONLY  
A DRINK AWAY.

SKU# SU74907  
30 Packets

Take a break from hunger with Synergy's SLMsmart Crave Control. This refreshing, strawberry-lemonade flavored drink mix promotes a sustained sense of fullness with a powerful blend of efficacious ingredients, including chromium picolinate, fiber, and a patented, all-natural potato protein extract. This delicious formula fights hunger for up to three hours at a time, reducing cravings for sweets, high-fat treats, and fast foods.

### BENEFITS

- Helps curb hunger for up to three hours
- Helps you consume less food throughout the day
- Reduces cravings and unhealthy snacking

### RECOMMENDED USE

Take Crave Control in anticipation of periods of hunger. If you know you won't be eating another meal for a few hours, drink a glass of Crave Control. Doing so will help prevent between-meal cravings and allow you to save your appetite for a satisfying meal of essential foods.



### Supplement Facts

Serving Size 1 packet (7 g)  
Servings Per Container 30

	Amount Per Serving	% Daily Value**
Calories	10	
Total Carbohydrate	6 g	2%
Chromium (as chromium picolinate) <sup>1</sup>	1000 mcg	2857%
Sodium	20 mg	1%
Potato Tuber Extract	300 mg	§
Proprietary Blend Isomalto-oligosaccharides, Fructooligosaccharides, Grape Skin Extract ( <i>Vitis vinifera</i> )	4.1 g	§

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
§Daily Value not established.



## SATISFACTION GUARANTEED

Synergy offers a money-back guarantee. If you are not fully satisfied, simply return any or all of the products in your initial order – used or unused – within 120 days of purchase for a 100% refund. The refund excludes taxes and shipping. You must return all product containers to receive a refund.

# THIS IS SYNERGY

We help you get more out of life - plain and simple. We start with the goal of keeping your mind, body and spirit in perfect harmony, then think about nutrition from there. We're all about high performance high quality and exceeding your wildest expectations.

