

125th Anniversary
Garscube
Harriers
1898 - 2023

Honours Board

BRITISH MASTERS
ATHLETIC FEDERATION

CANADA

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Date	Written By	Issue	Title
27/03/2025	Robert Cuthbertson	1	Level 3 Endurance Coach
Date	Modified By	Issue	Title
01/05/2025	Robert Cuthbertson	2	Level 3 Endurance Coach
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ABBREVIATIONS**Age Group Race Categories**

ABBREVIATION	DEFINITION
MSTR	Masters
MSTRM	Masters Men
MSTRW	Masters Women
M35	Masters Men aged 35 to 39
M40	Masters Men aged 40 to 49
M50	Masters Men aged 50 to 59
M50+	Masters Men all age groups above 50
M60	Masters Men aged 60 to 69
M70	Masters Men aged 70 to 79
W35	Masters Women aged 35 to 39
W40	Masters Women aged 40 to 49
W50	Masters Women aged 50 to 59
W50+	Masters Women all age groups above 50
W60	Masters Women aged 60 to 69
W70	Masters Woman aged 70 to 79
SNRM	Senior Men
SNRW	Senior Women
U13B	Under 13 Boy
U13G	Under 13 Girl
U15B	Under 15 Boy
U15G	Under 15 Girl
U17M	Under 17 Men
U17W	Under 17 Women
U20M	Under 20 Men
U20W	Under 20 Women
JRM	Junior Male
JRF	Junior Female
JRW	Junior Women
YA	Young Athlete
YAM	Young Athlete Men
YM	Young Male(s)
YF	Young Female(s)
YTHM	Youth Male(s)

Competitions, Organisations and Bodies

ABBREVIATION	DEFINITION
CWG	Commonwealth Games
BEG	British Empire Games
IAU	International Association of Ultra runner
IAUM	International Association for Ultra Multievents
IXCU	International Cross Country Union
NXCU	National Cross Country Union of Scotland
SIAB	Schools International Athletics Board
SSAA	Scottish Schools Athletic Association
SC	SteepleChase
T&F	Track & Field
WMRA	World Marathon Running Association
XC	Cross Country

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1 FOREWORD:

1.1 JILL O'NEIL

From the first time I joined this club, I knew I was part of something really special. The welcome extended to me, the support from others who barely knew me initially, and the willingness to help me improve were noticeably different from any sports club I had previously been involved in. It was a genuine pleasure, and I knew very quickly that joining Garscube Harriers was the right decision.

What does Garscube Harriers mean to me? Friendship, belonging, learning, improving, helping – oh, and yes, running as well. But running is just part of what we do here at Garscube. We use athletics as a platform to bring people together, create joy, support people in achieving their goals, and develop friendships. I think that's quite an impact to have in any organisation, especially one that does it through a volunteer workforce.

So, in this, our 125th year, it's important that we take the time to acknowledge those who have gone before us, who played their part in shaping the club into what it is today and recognize the significant contributions they made to the sport of athletics, to our local community, and to the wider Scottish sporting landscape. It's vital that we remember them, recognize the difference they made, and appreciate how they paved the way for us to enjoy all that this great club has to offer.

That's also why documents such as our Honours Board are so important. I'm delighted to be able to share this with you and hope you enjoy reading about the contributions, performances, and achievements of both previous and current members of Garscube Harriers.



Jill O'Neil
Club President, 2014 - 2023

1.2 DAN SCROOP

When the first intrepid group of Garscube Harriers met in 1898, towards the end of the Victorian age, running clubs catered solely to men, distances were measured in inches, feet, yards and miles, and you could win marathon gold—as did the Greek athlete Spyridon Louis at Athens in 1896—in 2:58.50. How times have changed! Today, more than 125 years later, we can take pride in the fact that we champion women as well as men, and welcome children as well as to adults of all abilities. And while a sub-3 marathon remains an admirable achievement it is, of course, a goal well within the reach of many a club runner, albeit aided, these days, by gizmos such as carbon plates, energy gels, and GPS watches which would have astonished and befuddled our nineteenth century forebears.

Reading this document and looking back at the achievements of our athletes over several generations, I am struck by the fact that our fundamental purpose remains unchanged. As Garscube Harriers, we meet, we train, we run, and we compete, always striving to explore our capabilities, discover our physical limits, and sometimes, perhaps, even to surprise ourselves by surpassing our expectations, by running faster—or going further—than we ever dreamed possible.

This document, meticulously compiled by Robert Cuthbertson, is more than a mere list of names, titles, medals, and records: it is a testament to the enterprise, spirit, and endeavour of Garscube Harriers; it invites Garscube's next generation to make contributions of their own, taking our great Club's story forward into the future; and it binds all of us together in a common, yet unique, story of which we can be justly proud.



Dan Scroop
Club President 2023 to Present

2 INTRODUCTION

This document was written to record the Garscube Harriers Honours Board as part of the celebration of the club's 125th year. The information researched is not complete, but it represents the best attempt to record the club's honours based on the information available.

When I started, my vision was to record all our trophy winners in my role as Trophy Coordinator. However, as I researched the performances of our historical athletes—such as Robert R. Sutherland, Lesley MacDonald Piggott, William Menzies Campbell, Donald A. MacDonald, and more recently, Lesley Chisholm-Bell—and the progress of our young athletes, Finlay Ross-Davie and James Alexander, I decided to broaden the scope and aim to document all our team and individual honours at World, UK, National, West District, and Dunbartonshire AAA levels.

In this document, William Menzies Campbell, Lesley MacDonald Piggott, and Donald A. MacDonald will be referred to as Ming Campbell, Les Piggott, and Donnie MacDonald, respectively, as these were the names used by their fellow Garscube athletes during their active membership in the club.

The honours information was collated from the following sources:

- Club trophies.
- Old membership books.
- Yearly results (2007–2023).
- Club history on our website.
- Results data from Stevie Cullen, Stuart Irvine, Davy S Geddes, and John Coyle.
- Power of 10.
- Club records via John Bell from his former coach.
- Chloe McAdam's spreadsheet on club records.
- Individual athlete records,
- Scottish Athletics Road Running & Cross Country Medallists & Championship Results Archive website.
- Scotstats website.

Unfortunately, some areas of our club records and information have been lost over the years due to generational changes and website updates that were not backed up. Track and field honours have suffered the most, although we do get some insight through the Imperial Club records in that area.

The research highlights that, over the years, some trophies have been lost in the past 50 years, making it impossible to access important data. The trophies currently lost are:

- The Members Memorial Bowl (1939–1945) – 100yds/100m Track.
- Master of Works Cup – XC Youth Championship.
- Cuthbert Trophy – Most Meritorious Performance in Track.
- George Carmichael Memorial Trophy – Most Meritorious Performance in Field Events.
- D.A. Kerr Shield – Most Meritorious Performance in Open Handicap Track Races.

Finally, I would like to thank Gill Blee, Stevie Cullen, John Coyle, Alex Chalmers, David S Geddes, and Stuart Irvine for all their help. Special thanks to Duncan Boyd for photographing all the trophies, Peter Scott for the Honours Board artwork, and all the athletes who provided individual honours information.

It has also been a pleasure to become friendly with our founder's granddaughter, Annie, and to learn so much more about his life. This is reflected in Annie's own words in Section 2, which she prepared for the 125th celebration night.

It has taken two years of my spare time to get to Issue 1, and the document remains active to correct mistakes, update lost data, and include yearly trophy winners and future club team or individual honours.

Robert Cuthbertson

3 LIFE OF WILLIAM ANTONY MCAA – FOUNDER PRESIDENT

This section was written by Annie, the granddaughter of our founder and president, and was prepared for our 125th celebration evening in October 2023. During the celebration, Annie did offer a few words of thanks and gratitude, but not as she had originally prepared, as she felt, upon reflection, that they were too long-winded for the occasion.

I thought it would be appropriate, as part of our history, to give you the opportunity to read the words written by Annie, which offer us a new insight into the life of William Antony McCaa. — Robert



W A McCaa

Founder President 1898 – 1902

Life is a series of coincidences, but how happy this one is for me and my sister, as the only surviving granddaughters of your founder, William Antony McCaa.

It was some months ago, at my grandson's wedding in the Iron Works, Maryhill, when one of my sons asked me about the Garscube Harriers family connection, pointing out that Garscube Harriers trained very close to the wedding venue. That prompted me to send an email to Garscube Harriers, and I received an unexpected reply from Robert Cuthbertson. I am so proud to be here with my grandson Charlie at the club's 125th celebration night.

William Antony McCaa was born on the 6th of August 1876 at 6 Church Street in Partick, the eldest of four children born to James and Christine McCaa.

His father was a mason journeyman, and the 1891 census shows they had moved to Ayrshire, where 14-year-old William was recorded as an office boy. I know he left school at 12 and attended evening classes to further his education, as was not uncommon in those days. Given the deprivation of the time, life would have been tough, and it's something he never forgot.

This makes it all the more remarkable that, at the age of 22, he found the time and enthusiasm to start this club, when he must have been busy trying to carve out a career in what was commonly called the rag trade—a business plagued by bad practices and the spread of disease from the unregulated importation of contaminated materials for bedding and upholstery.

By the time of his untimely death in 1934, he had been President of the National Federation of Bedding for several years and played a major role in getting the Rag Flock Acts, passed between 1911 and 1928, through Parliament. These acts regulated the materials used in the furniture trade, largely due to the appalling consequences suffered by wounded soldiers in the First World War from infected bedding.

By then, he had set up his own manufacturing company based in Leeds, which, in 1924, was so highly regarded that it was awarded the Royal Warrant. This warrant is still displayed today—albeit a bit tattered and torn—in a bar at the George Hotel in Inveraray, of all places, which is where my sister lives.

My mother used to boast that his company had upholstered many royal seats, as well as the famous leather seating in the Houses of Parliament. He must have been an astute businessman as well as a philanthropist, as he went on to establish the Furnishing Trades Benevolent Society in the days before social security to help those in the trade suffering hardship.

The plan was always to have a home in Scotland to retire to, and he and my grandmother had almost completed building Seaward House from two derelict fish houses on the river Dee in Kirkcudbright when, tragically, he suddenly died in 1934 at the age of only 56.

My grandmother lived there until her death in 1950. My mother lived there until 1988, when it became too much for her, and the house was sold.

Who knows what he might have gone on to do? However, his legacy in founding Garscube Harriers and becoming the first President of the Scottish Cross Country Association by the time he was 24 is quite an achievement. Remarkably, he was not a runner due to a foot injury.

In 1928, my grandfather had the honour of opening your club headquarters in Maxwell Avenue, which was probably his last contribution to Garscube Harriers. See the attached photo and extract from the program, which includes the invitation for the 10-mile relay race.

My sadness is that I never knew him, but we are here tonight to celebrate the foresight of a remarkable man who gave chances to others that he never had.

I thank you for paying tribute to his memory and inviting me and Charlie to share the evening with you and all your members, who continue to make this club the success my grandfather would be so proud of.

Annie

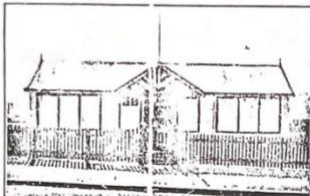


First known picture of team Garscube with W McCaa centre middle



Garscube Harriers' Club.

Scottish Novice Champions, 1922, 1924, 1925.
 Scottish District Champions, 1903, 1920, 1922.
 Scottish National Champions, 1925, 1926.
 Struthers Relay Champions, 1924.



OPENING OF . . .

NEW HEADQUARTERS

AT WESTERTON AVENUE, WESTERTON.

On SATURDAY, 15th SEPTEMBER, 1928.

The Opening Ceremony will be performed by W. A. M'CAA, Esq., Leeds, at 7.30 p.m., after which the Club House will be open for public inspection till 3.10.

ALSO INVITATION 10 MILES RELAY RACE,
 commencing at 3.30 p.m.

JUDGES.	REFEREE.	MARKSMEN.
J. O. A. BOGIE.	J. O. SPBURN.	J. D. MILLAN.
GEO. DALLAS.	TIMI KEEPERS.	W. S. M'CAIRTY.
T. M'ALISTER.	G. M. GRANT.	A. COMLIN.
J. L. NIKLSON.	GEO. HUME.	D. M'SWEIN.
R. PORTEOUS.	J. M'ULLOCH.	J. FORRESTER.
J. HOWIESON.	W. GARDINER.	GEO. LAURIE.

STARTER.—C. DURNING, G.U.A.C.
 STEWARDS.

C. CHALMERS, T. MITCHELL, and Members of Committee.
 REFRESHMENTS CONVENOR.—Mrs. R. M'ORRAN.
 SECRETARY.—A. S. BROOKE, 1232 ARGYLE STREET, CITY.

SOUVENIR PROGRAMME, THREEPENCE.

To-day we have with us many other clubs, and we extend to them a hearty welcome to our countryside.

In conclusion we trust that the achievements of the Club in the past will be an incentive to our own members in the years to come, and spur them on to even greater deeds. To the youth of the district we extend a very cordial welcome to join up with the Club; for what can be better for a young man if he has the time at his disposal, than spending his Saturday afternoon in the country, running over moor and glen, ploughed fields, etc., getting his lungs cleared, chest expanded, muscles rendered free, elastic and strong, while the exercise in a clear crisp air over hill and dale adds tone to body, brain and spirits.

Runners will line up in the following Order:—

- | | |
|---------------------------------|--------------------------------|
| 1. St. Peter's A.A.C. | 13. Shettleston Harriers. |
| 2. Maryhill Harriers. | 14. Irvine Y.M.C.A. Harriers. |
| 3. Eglinton Harriers. | 15. West of Scotland Harriers. |
| 4. Linlithgow Harriers. | 16. Dundee Thistle Harriers. |
| 5. Edinburgh Northern Harriers. | 17. Glasgow Harriers. |
| 6. Beith Harriers. | 18. Garscube Harriers. |
| 7. Plebeian Harriers. | 19. Canon Sports Club. |
| 8. Doon Harriers. | 20. Springburn Harriers. |
| 9. Glasgow University H. and H. | 21. Bellahouston Harriers. |
| 10. Greenock Glenpark Harriers. | 22. Glasgow Y.M.C.A. Harriers. |
| 11. Monkland Harriers | 23. Paisley Harriers. |

1. Beith Harriers—(Colours)—Black Vest with White Band.
2. Bellahouston Harriers—(Colours)—Dark Blue with St. Andrew's Cross.
3. Canon Sports Club—(Colours)—White with Red Facings.
4. Doon Harriers—(Colours)—Royal Blue.
5. Dundee Thistle Harriers—(Colours)—Red with Black Facings.
6. Edinburgh Northern Harriers—(Colours)—Maroon with Blue Band.
7. Eglinton Harriers—(Colours)—Old Gold with Blue Band.
8. Garscube Harriers—(Colours)—White with Royal Blue Band.
9. Greenock Glenpark Harriers—(Colours)—Pale Blue with Badge.
10. Grange Harriers—(Colours)—Chocolate Vest.
11. Glasgow Harriers—(Colours)—White with Blue Band and Circle.
12. Glasgow University H. and H.—(Colours)—White with Gold and Black Gate.
13. Glasgow Y.M.C.A. Harriers—(Colours)—White with Red Triangle.
14. Irvine Y.M.C.A. Harriers—(Colours)—Black with Red Triangle.
15. Linlithgow Harriers—(Colours)—
16. Maryhill Harriers—(Colours)—Royal Blue.
17. Monkland Harriers—(Colours)—Black with White Sash.
18. Paisley Harriers—(Colours)—Dark Blue with Red Facings.
19. Plebeian Harriers—(Colours)—White with Red Band.
20. St. Peter's A.A.C.—(Colours)—White with Yellow Band.
21. Shettleston Harriers—(Colours)—Blue with Gold Band.
22. Springburn Harriers—(Colours)—Navy Blue with Diamond Badge.
23. West of Scotland Harriers—(Colours)—Pale Blue with Navy Band.

4 PRESIDENT AND SECRETARY HONOURS BOARD

This honours list details the club Presidents and Secretaries from 1898 to the present day.

In our history, we have had 20 Presidents: 19 men and 1 woman have had the honour of serving as President. Our Founder President was William A. McCaa, our 50th Year President was John Girvan, our Centenary President was David S Geddes, and our 125th Year Presidents are Jill O'Neil and Dan Scroop. Our longest-serving President was Condie Chalmers, with 29 years of service.

In our history, we have had 40 men and 1 woman who have had the honour of serving as Secretary. Our Founder Secretary was J. Orr, our 50th Year Secretary was D. Murray, our Centenary Secretary was Peter McGlynn, and our 125th Year Secretary is Stuart Irvine. Our longest-serving Secretary was Peter McGlynn, with 17 years of service.

YEAR	PRESIDENT	SECRETARY
1898-1899	William A McCaa	J Orr
1899-1900	William A McCaa	J Orr
1900-1901	William A McCaa	G Connell
1901-1902	William A McCaa	W Kirkwood
1902-1903	John Girvin	W Kirkwood
1903-1904	John Girvin	W Connell
1904-1905	Sam Kennedy	W Connell
1905-1906	William Law	D McCallum
1906-1907	William Law	Andrew McCaa
1907-1908	D McCallum	Andrew McCaa
1908-1909	W Connell	Andrew McCaa
1909-1910	W Connell	J Brown
1910-1911	Condie Chalmers	J Hutcheson
1911-1912	Condie Chalmers	Adam Veitch
1912-1913	Condie Chalmers	Adam Veitch
1913-1914	Condie Chalmers	G Prentice
1914-1915	Condie Chalmers	R Hervey
1915-1919	Condie Chalmers	Office not filled due to WW1
1919-1920	Condie Chalmers	J McIlree
1920-1921	Condie Chalmers	R Hervey
1921-1922	Condie Chalmers	J McIlree
1922-1923	Condie Chalmers	H Macauley
1923-1924	Condie Chalmers	H Macauley
1924-1925	Condie Chalmers	James Purves
1925-1926	Condie Chalmers	James Purves
1926-1927	Condie Chalmers	J R Mullion
1927-1928	Condie Chalmers	Alexander S Brooke
1928-1929	Condie Chalmers	Alexander S Brooke
1929-1930	Condie Chalmers	J Dobbie
1930-1931	Condie Chalmers	J Dobbie
1931-1932	Condie Chalmers	Alex D MacDonald
1932-1933	Condie Chalmers	Alex D MacDonald
1933-1934	Condie Chalmers	Alex D MacDonald
1934-1935	Condie Chalmers	Walter T Ross
1935-1936	Condie Chalmers	Walter T Ross
1936-1937	Condie Chalmers	T A Gourlay
1937-1938	Condie Chalmers	R D Phoenix
1938-1939	Condie Chalmers	R D Phoenix
1939-1940	Condie Chalmers	R D Phoenix
1940-1941	John Cuthbert	P Thomson

Presidents and Secretaries continued

YEAR	PRESIDENT	SECRETARY
1941-1942	John Cuthbert	E Farrell
1942-1943	John Cuthbert	E Farrell
1943-1944	John Cuthbert	E Farrell
1944-1945	John Cuthbert	Walter J Ross
1945-1946	John Cuthbert	J Gunn
1946-1947	G Carmichael	J Gunn
1947-1948	Condie Chalmers	J Gunn
1948-1949	John Girvin	D Murray
1949-1950	John Girvin	D Murray
1950-1951	John Girvin	G Carmichael
1951-1952	John Girvin	G Carmichael
1952-1953	John Girvin	D Murray
1953-1954	T A Gourlay	Ewan S Murray
1954-1955	T A Gourlay	Ewan S Murray
1955-1956	T A Gourlay	Ewan S Murray
1956-1957	Walter J Ross	Ewan S Murray
1957-1958	Alan D MacDonald	Ewan S Murray
1958-1959	Alan D MacDonald	Ewan S Murray
1959-1960	Alan D MacDonald	Ewan S Murray
1960-1961	Alan D MacDonald	Ewan S Murray
1961-1962	Alan D MacDonald	Ewan S Murray
1962-1963	Alan D MacDonald	Ewan S Murray
1963-1964	Alan D MacDonald	J Linn
1964-1965	Alan D MacDonald	J M Stewart
1965-1966	Alan D MacDonald	W Smith
1966-1967	Alan D MacDonald	W Smith
1967-1968	Alan D MacDonald	W Smith
1968-1969	Alan D MacDonald	Fred J Robertson
1969-1970	Alan D MacDonald	Fred J Robertson
1970-1971	Alan D MacDonald	Fred J Robertson
1971-1972	Alan D MacDonald	David A Kerr
1972-1973	Donnie MacDonald	David A Kerr
1973-1974	Donnie MacDonald	David A Kerr
1974-1975	Donnie MacDonald	A MacDonald
1975-1976	Donnie MacDonald	Stuart Irvine/Euan Murray
1976-1977	Donnie MacDonald	D O'Reilly
1977-1978	Donnie MacDonald	David A Kerr
1978-1979	Donnie MacDonald	David A Kerr
1979-1980	Donnie MacDonald	A MacDonald
1980-1981	Donnie MacDonald	W Cassidy
1981-1982	David Kerr	W Cassidy
1982-1983	David Kerr	Stephen Cullen
1983-1984	Gordon Dunn	David A Kerr
1984-1985	Gordon Dunn	J Alexander
1985-1986	Gordon Dunn	J Alexander
1986-1987	Gordon Dunn	J Alexander

Presidents and Secretaries continued

YEAR	PRESIDENT	SECRETARY	TREASURER
1987-1988	Gordon Dunn	Alan MacDonald	Stuart Irvine
1987-1988	Gordon Dunn	Alan MacDonald	Stuart Irvine
1989-1990	David S Geddes	Alan MacDonald	Stuart Irvine
1990-1991	David S Geddes	Alan MacDonald	Stuart Irvine
1991-1992	David S Geddes	Peter McGlynn	Stuart Irvine
1992-1993	David S Geddes	Peter McGlynn	Stuart Irvine
1993-1994	David S Geddes	Peter McGlynn	Stuart Irvine
1994-1995	David S Geddes	Peter McGlynn	Stuart Irvine
1995-1996	David S Geddes	Peter McGlynn	Stuart Irvine
1996-1997	David S Geddes	Peter McGlynn	Stuart Irvine
1997-1998	David S Geddes	Peter McGlynn	Stuart Irvine
1998-1999	David S Geddes	Peter McGlynn	Stuart Irvine
1999-2000	David S Geddes	Peter McGlynn	Stuart Irvine
2000-2001	David S Geddes	Peter McGlynn	Stuart Irvine
2001-2002	David S Geddes	Peter McGlynn	Stuart Irvine
2002-2003	David S Geddes	Peter McGlynn	Stuart Irvine
2003-2004	David S Geddes	Peter McGlynn	Stuart Irvine
2004-2005	David S Geddes	Peter McGlynn	Stuart Irvine
2005-2006	David S Geddes	Peter McGlynn	Stuart Irvine
2006-2007	David S Geddes	Peter McGlynn	Dermot Williamson
2007-2008	David S Geddes	Peter McGlynn	Dermot Williamson
2008-2009	David S Geddes	Stuart Irvine	Athole Smith
2009-2010	David S Geddes	Stuart Irvine	Athole Smith
2010-2011	David S Geddes	Stuart Irvine	Athole Smith
2011-2012	Andy Griffiths	Stuart Irvine	Athole Smith
2012-2013	Andy Griffiths	Stuart Irvine	Athole Smith
2013-2014	Andy Griffiths	Stuart Irvine	Athole Smith
2014-2015	Jill O'Neil	Stuart Irvine	Athole Smith
2015-2016	Jill O'Neil	Stuart Irvine	Athole Smith
2016-2017	Jill O'Neil	Stuart Irvine	Athole Smith
2017-2018	Jill O'Neil	Stuart Irvine	Athole Smith
2018-2019	Jill O'Neil	Stuart Irvine	Athole Smith
2019-2020	Jill O'Neil	Stuart Irvine	Athole Smith
2020-2021	Jill O'Neil	Stuart Irvine	Athole Smith
2021-2022	Jill O'Neil	Stuart Irvine	Athole Smith
2022-2023	Jill O'Neil	Stuart Irvine	Athole Smith
2023-2024	Daniel Scroop	Stuart Irvine	Athole Smith
2024-2025	Daniel Scroop	Alison Rutherford	Athole Smith



Centenary President David S Geddes accepting award from Jackie Baillie to celebrate club 100 years at Glasgow City Chambers Civic Reception

5 CLUB RECORDS

5.1 FEMALE METRIC TRACK & FIELD RECORDS

DISTANCE	TIME	ATHLETE	DATE SET	VENUE
60m Indoor	8.77	Amanda Taylor	18/02/2017	Motherwell
100m	13.97	Amanda Taylor	21/05/2017	Grangemouth
100m Indoor	14.09	Amanda Taylor	30/03/2016	Motherwell
200m	28.07	Erin Burnett	14/05/2023	Kilmarnock
200m Indoor	28.92	Erin Burnett	20/02/2022	Emirates Arena
400m	1:08.63	Monica Blair	25/08/2024	Crown Point
800m	2:18.52	Ellie Hinks	01/06/2018	Scotstoun
800m Indoor	2:28:53	Lesley Bell	18/12/2021	Emirates Arena
1500m	4:31.80	Louisa Brown	30/07/2021	Scotstoun
1500m Indoor	4:37:58	Lesley Bell	21/01/2023	Emirates Arena
Mile	5:01.81	Lesley Bell	20/05/2022	Stirling
3000m	9:30.19	Louisa Brown	25/09/2021	Derby
3000m Indoor	9:42:68	Louisa Brown	18/02/2022	Emirates Arena
5000m	16:46:86	Anya MacLean	17/08/2024	Grangemouth
10000m	36:05	Anya MacLean	25/04/2025	Crownpoint
High Jump	1.4m	Erin Burnett	10/07/2022	Dundee
Long Jump	4.2m	Catriona Booth	21/06/2012	Grangemouth
Long Jump Indoors	4.32m	Catriona Booth	07/02/2013	Emirates Arena
Discus Throw 1k	8.12m	Alexandra Bell	23/07/2023	Kilmarnock

5.2 FEMALE ROAD RECORDS

DISTANCE	TIME	ATHLETE	DATE SET	VENUE
Mile	4:59.09	Louisa Brown	21/05/2021	Stirling
5Km	16:45	Louisa Brown	20/03/2022	Greenock
5 Mile	28:47	Lesley Bell	02/03/2013	Garscube, Glasgow
10Km	35:06	Anya MacLean	08/09/2024	Stirling
10 Mile	58:20	Katie White	02/04/2017	Motherwell
Half Marathon	75:58	Katie White	11/03/2018	Inverness
Marathon	2:40:31	Katie White	28/10/2018	Frankfurt, GER

5.3 FEMALE ULTRA RECORDS

DISTANCE	TIME/DISTANCE	ATHLETE	DATE SET	VENUE
12 Hours Track	129.171 km	Debbie Martin-Consani	26/04/2014	Crawley
24 Hours	226.107 km	Sharon Law	12/05/2013	Steenbergen, NED
50km	4:05:32	Debbie Martin-Consani	14/02/2015	Donadea
100Km	9:03:09	Debbie Martin-Consani	30/04/2011	Perth
100 Mile	15:48:15	Debbie Martin-Consani	08/09/2012	Katowice, Poland
100 Mile Track	16:21:03	Debbie Martin-Consani	07/09/2019	Ashford
West Highland Way 95Mile	17:45:51	Nicola Adams Hendry	23/06/2018	Milngavie - Fort William
Highland Fling 53 Mile	8:16:04	Nicola Adams Hendry	29/04/2017	Milngavie - Tyndrum
Devil O The Highlands 43 Mile	6:28:16	Nicola Adams Hendry	05/08/2017	Tyndrum - Fort William

5.4 MALE METRIC TRACK & FIELD RECORDS

DISTANCE	TIME	ATHLETE	DATE SET	VENUE
100m	10.46	Ming Campbell	1967	USA
200m	20.7	Ming Campbell	1967	Budapest
400m	47.2	Ming Campbell	1964	San Jose CA, USA
400m Indoor	51:19	Alastair Stanley	02/03/2013	Emirates Arena
800m	1:51.20	Alan B MacDonald	1957	Meadowbank
800m Indoor	1:59:26	Alastair Stanley	07/02/2013	Emirates Arena
1500m	3:58.6	Tommy Wiseman	1972	Glasgow Championships
1500m Indoor	3:59	James Alexander	06/02/2025	Emirates Arena
Mile	4:18	Derek Leitch	-	-
3000m	8:10:74	Finlay Ross-Davie	31/05/2024	Glasgow
3000m Indoor	8:31.83	James Alexander	04/01/2025	Emirates Arena
3000m Steeplechase	9:48	J Linn	22/06/1957	Meadowbank
5000m	14:06.48	Finlay Ross-Davie	25/05/2024	IFAM Continental Tour Brussels
10000m	30:54.9	Tommy Wiseman	1970's	-
200m Hurdles	27.95	Alastair Stanley	24/08/2013	Yeovil
400m Hurdles	57.02	Alastair Stanley	07/06/2013	Grangemouth
High Jump	1.78m	Alastair Stanley	09/02/2013	Emirates Arena
Long Jump	5.91m	Alastair Stanley	13/07/2013	Grangemouth
Triple Jump	11.9m	Alastair Stanley	25/08/2013	Yeovil
Pole Vault	3.30m	Alastair Stanley	24/06/2012	Dunfermline
Pole Vault Indoors	3.32m	Alastair Stanley	10/02/2013	Emirates Arena

5.5 MALE ROAD RECORDS

DISTANCE	TIME	ATHLETE	DATE SET	VENUE
Mile	4:21.85	Finlay Ross-Davie	20/05/2022	Stirling
5Km	13:56	Finlay Ross-Davie	13/02/2025	Armagh, Northern Ireland
5 Mile	25:16	Finlay Ross-Davie	11/03/2023	Edinburgh
10Km	29:36	Finlay Ross-Davie	29/12/2024	Clitheroe Ribbles Valley 10k
10 Mile	51:24	James Wilkes	17/11/2024	Brampton-Carlisle 10m
Half Marathon	70:55	Colin Whitby	02/10/2022	Glasgow
Marathon	2:27:18	David S Geddes	18/10/1981	Glasgow

5.6 MALE ULTRA RECORDS

DISTANCE	TIME/DISTANCE	ATHLETE	DATE SET	VENUE
12 Hours Track	145.570 km	Marco Consani	26/04/14	Crawley
24 Hours	250.263 km	Marco Consani	22/10/2016	Albi, FRA
24 Hours Track	256.531 km	Marco Consani	20/12/2015	Barcelona, ESP
50Km	3:14:46	Marco Consani	14/02/2015	Donadea
100Km	7:18:31	Marco Consani	27/03/2016	Perth
100 Mile	14:14:25	Marco Consani	22/10/2016	Albi, France
100 Mile Track	14:31:01	Marco Consani	21/09/2013	Tooting, Bec
West Highland Way 95Mile	16:03:48	Marco Consani	21/06/13	Milngavie to Fort William
Highland Fling 53 Mile	7:58:51	Marco Consani	27/04/19	Milngavie to Tyndrum
Devil O The Highlands 43 Mile	6:02:46	John McLaughlin	03/08/2013	Tyndrum to Fort William

5.7 IMPERIALTRACK & FIELD RECORDS

DISTANCE	TIME	ATHLETE	DATE SET	VENUE
60yds	6.2	Ming Campbell	07/01/1967	San Francisco, USA
75yds	7.5	Ming Campbell	09/10/1965	Love Street, Paisley
100yds	9.6	Ming Campbell	28/05/1968	Scotstoun, Glasgow
220yds	20.8	Ming Campbell	10/06/1967	Sacramento, USA
300yds	30.5	Ming Campbell	20/08/1966 Scottish Record	Meadowbank, Edinburgh
440yrds	49.3	Donnie MacDonald	12/06/1954	Ibrox Stadium, Glasgow
800yds	1:54.5	Donnie MacDonald	21/06/1958	Meadowbank, Edinburgh
2 Mile	9:31.4	Stan Horn	20/08/1955	Murrayfield Stadium, Edinburgh
3 Mile	14:47	Stan Horn	06/06/1957	Helenvale, Glasgow
6 Mile	31:29	Stan Horn	02/05/1957	Garscadden, Glasgow
120yds Hurdles	16.1	W N Stanwix	11/06/1955	Fir Park, Motherwell
440yds Hurdles	58.6	J Kidd	25/06/1966	Meadowbank, Edinburgh
Long Jump	20ft 9.5in	I Tainish	16/05/1962	Westerlands, Glasgow
Triple Jump	44ft 6in	I Tainish	25/06/1962	Westerlands, Glasgow
High Jump	6ft 1in	N Hancock	1971	Meadowbank, Edinburgh
Pole Vault	9ft	T Ryan	16/06/1956	Renfrew, Glasgow
Shot Putt	40ft 4in	G Taylor	17/05/1966	Westerlands, Glasgow
Javelin	173ft 8in	G Taylor	25/05/1966	Westerlands, Glasgow
Discus	124ft 5.5in	G Taylor	18/08/1964	Knightswood, Glasgow

5.8 CLUB RELAY CHAMPIONSHIP RECORDS

DISTANCE	TIME	ATHLETEs	DATE SET	VENUE
4x100yds	42.6	A Brown, L Piggot, R Marshall, M Campbell	20/08/1966	Meadowbank
4x220yds	1:34.6	J Brown, D Howie, R Jackson, W N Stanwix	12/07/1966	Scotstoun
4x440yds	3:34.5	D MacDonald, R Murray, E S Murray, W N Stanwix	14/07/1954	Scotstoun
3x880yds	6:11.6	E S Murray, F J Robertson D MacDonald	112/07/1956	Scotstoun
4x400m	3.21.6	D O'Reilly, K C Macanna F Arnot, I F Murray	1982	Scottish Championships
4x1 Mile	3:39.4	J R Boyd, W N Stanwix R Jackson, D MacDonald	03/09/1955	Shotts Highland Games

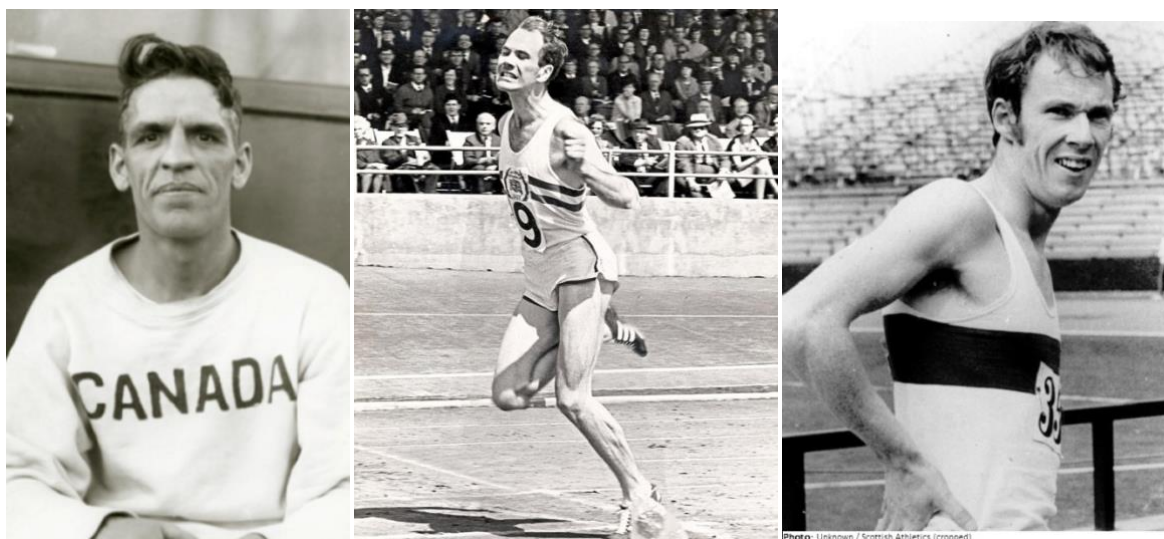
6 MAJOR GAMES HONOURS

6.1 OLYMPIC GAMES

The club has been represented at the Olympics by 3 athletes:

- John Cuthbert – Representing Canada
- Ming Campbell – Representing UK
- Les Piggot – Representing UK

YEAR/DATE	GAMES	ATHLETE	EVENT(s)
1924	Paris	John Cuthbert Representing Canada	10000m Marathon
14/10/1964 16/10/1964	Tokyo	Ming Campbell Representing UK	200m
1968	Mexico	Les Piggot Representing UK	4x100m
1972	Munich	Les Piggot Representing UK	100m 4x100m



Our Olympian Athletes: John Cuthbert, Ming Campbell & Les Piggot

6.2 EUROPEAN GAMES

The club has been represented at the European Games by 2 athletes:

- Ming Campbell – Representing UK
- Les Piggot – Representing UK

ATHLETE	GAMES	DATES	EVENT(s)
Ming Campbell	Budapest	30/08/1966 31/08/1966	100m
Ming Campbell	Budapest	01/09/1966	200m
Les Piggot	Helsinki	1971	4x100m

6.3 BRITISH EMPIRE GAMES & COMMONWEALTH GAMES

The club has been represented at the British Empire Games and Commonwealth Games by 4 athletes:

- Robert R Sutherland – Representing Scotland
- John Cuthbert – Representing Canada
- Ming Campbell – Representing Scotland
- Les Piggot – Representing Scotland
- Donnie MacDonald – Representing Scotland

DATE	GAMES	ATHLETE	EVENT(s)
1930	Hamilton, Canada British Empire Games	John Cuthbert Representing Canada	10000m Marathon
		Robert R Sutherland Representing Scotland	4 miles
1958	Cardiff British Empire Games	Donnie MacDonald Representing Scotland	880 yards 4x400 yards
1966	Kingston, Jamaica British Empire Games & Commonwealth Games	Ming Campbell Representing Scotland	100 yards 200 yards
1970	Edinburgh Commonwealth Games	Les Piggot Representing Scotland	100m 4x100m
1974	Christchurch	Les Piggot Representing Scotland	100m 4x100m



Donnie MacDonald receiving a commemorative award from Condie Chalmers for representing Scotland in the British Empire Games 880 yards & 4x400 yards in 1958

6.4 INTERNATIONAL CROSS COUNTRY GAMES

The inaugural International Cross Country Championships, held in 1903, were contested by the four home countries. France was the first overseas country to compete in 1907, followed by Belgium in 1923, Italy, Luxembourg, Spain and Switzerland in 1929, Netherlands in 1950 and Yugoslavia in 1953. Northern Ireland first entered a discrete team in 1933 and the Irish Republic in 1938, although All-Ireland teams were again entered from 1946 to 1967 inclusive. The first African country to enter was Tunisia in 1958. A junior championship (for athletes under 21 on the day of the race) was introduced in 1961, although an earlier unofficial junior race was staged in 1940. 8 unofficial women's international matches were held between 1931 and 1957 prior to the formal acceptance of a women's race as a championship event in 1967. In 1970 two women's events were held at different venues over the same weekend. The event was given official IAAF World Championship status in 1973.

Year	GAMES	ATHLETE
1904	ST Helens, England	Sam Kennedy Team Bronze
1905	Dublin	Sam Kennedy
1907	Glasgow	Sam Carson
1921	Newport-Caerleon, Wales	A B Lawrie
1922	Glasgow	John Cuthbert Team Bronze
1924	Newcastle-on-Tyne	James McIntyre
1925	Dublin	James McIntyre
		Alex McMorran
1926	Brussels	Dan Quinn Team Bronze
1927	Newport-Caerleon, Wales	Alex McMorran Team Bronze
		James Girvan Team Bronze
		Ross Roxburgh
1928	Ayr	Robert R Sutherland Team Bronze
1930	Leamington, Warwickshire	Robert R Sutherland Individual Silver Team Bronze
1931	Dublin	Robert R Sutherland Team Silver
1932	Brussels	Donald Urquhart Team Bronze
1933	Newport-Caerleon, Wales	James Girvan
		Robert R Sutherland Individual Silver Team Silver
1934	Ayr	Robert R Sutherland Team Bronze
1936	Blackpool	Robert R Sutherland Team Bronze
		Bill Wylie Team Bronze
1937	Brussels	Robert R Sutherland
1951	Newport-Caerleon, Wales	Alex Kidd
1956	Belfast	Gordon A Dunn
1967	Barry, Wales	James Cook (Junior)
1968	Tunisia	James Cook (Junior)

7 SCOTTISH & BRITISH NATIONAL RECORDS

Scottish and British Records are defined as follows:

SCOTTISH NATIONAL RECORD: for a performance made in or out with Scotland by a competitor who was born in Scotland, or either of whose parents was born in Scotland, or who has been recognised by Scottish Athletics as eligible through three years continuous residence to be a Scottish athlete for international competition, provided that athlete has not rendered him/herself ineligible to compete for Scotland.

SCOTTISH NATIVE RECORD: for a performance made in Scotland by a competitor who was born in Scotland, or either of whose parents was born in Scotland, or who has been recognised by the Scottish Athletics as eligible through three years continuous residence to be a Scottish athlete for international competition, provided that athlete has not rendered him/herself ineligible to compete for Scotland.

SCOTTISH ALL-COMERS' RECORD: For a performance made in Scotland by a competitor irrespective of their nationality or place of birth.

UK NATIONAL RECORD: For a performance made anywhere in the world by athletes eligible to represent the United Kingdom in international competition.

UK ALL-COMERS RECORD: For a performance made in the United Kingdom, by athletes from anywhere in the world.

7.1 MING CAMPBELL

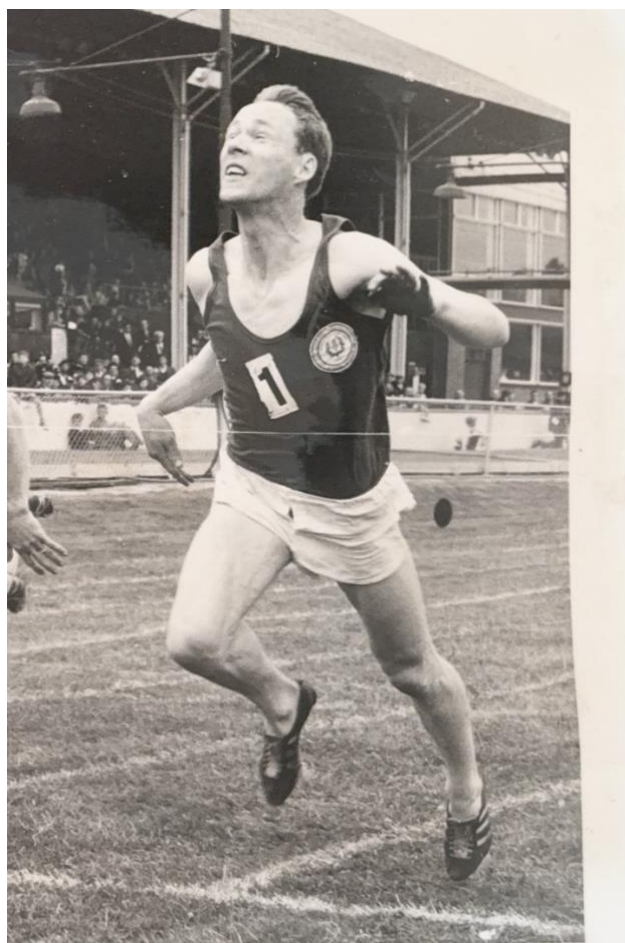


Photo: Unknown / Daily Record (cropped)

Ming Campbell has set 24 Scottish Records and 3 UK Records.

YEAR	RECORD	EVENT	TIME
1961	Scottish Native Record	300 yards	30.9 secs
1962	UK National Indoor Record	60 yards	6.2 secs
	Scottish Native Record	440 yards	48 .0 secs
1963	Scottish Native Record	220 yards	21.5 secs
	Scottish National Record	4x440 yards	3:19.3
1964	Scottish National Record	150 yards	14.3 secs
	Scottish Native Record		
	Scottish All-Comers Record		
	Scottish National Record	220 yards	21.1 secs
1965	Scottish National Record	100 yards	9.7 secs
	Scottish National Record	4x440 yards	3:19.1
	Scottish National Record	75 yards	7.5 secs
	Scottish Native Record		
	Scottish All-Comers Record	100 yards	9.8 secs
1966	Scottish Native Record	4x440 yards club	3:19.3
	Scottish Native Record	4x440 yards club	3:19.1
	Scottish All-Comers Record	4x110 yards	41.7 secs
	Scottish National Record	300 yards	30.5 secs
1967	Scottish Native Record	100m Bellingen, Germany	10.3 secs
	Scottish National Record	220 yards	20.8 secs
1968	Scottish National Record	100m San Jose CA, USA on 20/05 Equalled at Modesto CA, USA on 27/05	10.2 secs
	UK National Record		
1968	Scottish National Record	100 yards	9.6 secs
	Scottish Native Record		
	Scottish All-Comers Record		

7.2 LES PIGGOT



Les Piggot has set 14 Scottish Records and 3 UK Record.

YEAR	RECORD	EVENT	TIME
1964	Scottish Native Record	100 yards	9.8 secs
	Scottish Native Record Scottish All-Comers Records	75 yards	7.6 secs
1965	Scottish All-Comers Record	4x110 yards	41.7 secs
1966	Scottish Native Record	100 yards	9.8 secs
	UK National Indoor Record	60 yards	6.2 secs
1967	Scottish National Record	100 yards	9.7 secs
	Scottish Native Record		
1970	Scottish National Record	4x100 m	40.5 secs
	Scottish National Record	4x100 m	40.0 sec
	Scottish Native Record	4x100m	41.3 secs
1974	Scottish National Record	4x100 m	39.8 secs
	Scottish Native Record	100m	10.4 secs
	Scottish Native Record Scottish All-Comers Record	100m	10.3 secs
	UK National Record UK All Comers Record	100m	10.3 secs

7.3 LESLEY CHISHOLM-BELL



Lesley Chisholm-Bell has set 7 Scottish Masters Records and 2 UK Masters Record.

YEAR	RECORD	EVENT	TIME
2016 *	Scottish W40 Masters Record	3000m - Crown Point Glasgow	10:05.47
2016*	Scottish W40 Masters Record	1500m - Emirates' Arena Glasgow	04:46.45
2016	Scottish W40 Masters Record	3000m - Emirates' Arena Glasgow	10:13:52
2022	Scottish W45 Masters Record	1500m - Kilmarnock	04:39.95
2022	Scottish W45 Masters Record	3000m - Grangemouth	10:12.02
2023	Scottish W45 Masters Indoor Record UK W45 Masters Indoor Record	1500m - Emirates' Arena Glasgow	04:37.58
2023	Scottish W45 Masters Indoor Record UK W45 Masters Indoor Record	3000m - Emirates' Arena Glasgow	09:59.19

* Set record as Lesley Chisholm.

7.4 ROBERT R SUTHERLAND

YEAR	RECORD	EVENT	TIME
1931	Scottish National 4 mile Record	Scottish Athletics Championship	19:58.8

7.5 JAMES ALEXANDER

YEAR	RECORD	EVENT	TIME
2024	Scottish National U17 Record	5k - Linlithgow Glasgow	14:34

8 ATHLETE INTERNATIONAL HONOURS

8.1 UK INTERNATIONAL HONOURS SENIOR

8.1.1 MING CAMPBELL

Mings, UK International Honours running for Garscube Harriers are currently under research.

8.1.2 LES PIGGOT

Les Piggott Junior has informed me that his dad represented Great Britain and Northern Ireland on 73 occasions between 1965 and 1976.

Dialogue with Les ongoing to identify actual honours.

8.2 UK INTERNATIONAL HONOURS U13 – U20

8.2.1 ALASDAIR STANLEY

Alasdair's UK International Honours in a Garscube vest are currently under research.

8.2.2 CATRIONA GRAVES

YEAR	COMPETITION	EVENTS	LOCATION
2013	JRW European Mountain Running Championship	Mountain Running	Borovets, Bulgaria
2013	JRW WMRA World Mountain Championships	Mountain Running	Krynica, Poland
2014	JRW European Mountain Championships	Mountain Running	Gap, France
2014	JRW WMRA World Mountain Championships	Mountain Running	Casette di Massa, ITA
2015	JRW European Mountain Championships	Mountain Running	Porto Moniz, POR

8.2.3 LOUISA BROWN

YEAR	COMPETITION	EVENTS	LOCATION
2022	European Off – Road Running Championships Team Silver	5.9km Uphill	EL Paso, La Palma

8.3 UK INTERNATIONAL HONOURS ULTRA

8.3.1 DEBBIE MARTIN-CONSANI

YEAR	COMPETITION	EVENTS	LOCATION
2012	IAU 24 Hour World/European Championships	24 Hour	Katowice, Poland
2013	IAU 24 Hour World/European Championships	24 Hour	Steenbergen, NED
2015	IAU 24 Hour World/European Championships	24 Hour	Turin, Italy
2016	IAU European 24 Hour Championship	24 Hour	Albi, France
2017	IAU World 24 Hour Championship	24 Hour	Belfast, NI

8.3.2 MARCO CONSANI

YEAR	COMPETITION	EVENTS	LOCATION
2015	IAU 24 Hour World/European Championships	24 Hour	Turin, Italy
2016	IAU European 24 Hour Championship	24 Hour	Albi, France
2017	IAU World 24 Hour Championship	24 Hour	Belfast, NI

8.3.3 GRANT MACDONALD

YEAR	COMPETITION	EVENTS	LOCATION
2019	24 Hour World Championship	24 Hour	Albi, France

8.3.4 SHARON LAW

YEAR	COMPETITION	EVENTS	LOCATION
2012	IAU 24 Hour World/European Championships	24 Hour	Katowice, Poland
2013	IAU 24 Hour World/European Championships	24 Hour	Steenbergen, NED
2015	IAU 24 Hour World/European Championships	24 Hour	Turin, Italy
2017	IAU World 24 Hour Championship	24 Hour	Belfast, NI



Debbie Martin-Consani & Marco Consani
Multi British and Scottish Internationalist

8.4 UK INTERNATIONAL HONOURS MASTERS

8.4.1 NORMAN BAILLIE

YEAR	COMPETITION	EVENTS	LOCATION
2018	World Masters Team Championships M70 Team Silver XC & M70 Team Bronze HM	10km and Half Marathon	Malaga
	European Masters Team Championships M70 Team Gold XC and M70 Team 10km Gold	Cross Country and 10k	Alicante
2019	World Masters Team Championships M70 Team Silver XC	Cross Country and 10km	Torun
2023	World Master Team Championships M75 Team Gold XC	Cross Country	Torun
2024	World Master Team Championships M75 Team Silver	Half Marathon	Gothenburg

8.5 SCOTTISH INTERNATIONAL HONOURS SENIOR

This list of athletes does not include those athletes who represented Scotland at the International Cross Country event. See section 5.4.

8.5.1 MING CAMPBELL



Ming Campbell represented Scotland at international athletics meetings between 1961 and 1968 on 10 occasions, competing in 21 events.

YEAR	COMPETITION	EVENTS
1961	Wales & Ireland	440yds
1962	Ireland	220yds 440yds 4x110yds
1962	Netherlands	440yds 4x110yds
1963	Belgium	220yds 440yds 4x110yds
1964	Ireland	4x110yds
1965	Wales	100yds 220yds 4x110yds
1966	Wales	100yds 4x110yds
1966	England, Commonwealth Games	100yds 200yds
1968	England, N Ireland & Wales	4x110yds
1968	Benelux Countries	100yds 220yds 4x110yds

8.5.2 LES PIGGOT



Les Piggot represented Scotland at international athletics meetings between 1964 and 1974 on 29 occasions, competing in 55 events. The table below is incomplete and is currently under research.

YEAR	COMPETITION	EVENTS
1964	Ireland	100yds 4x110yds
1964	Belgium, Ireland	100m 4x100m
1965	Wales	100yds 4x110yds
1965	Iceland	110yds 4x110yds
1966	Wales	100yds 200yds 4x110yds
1966	ISL	100m 200m 4x100m
1966	Wales	100yds 4x110yds
1967	England, N Ireland & Wales	100yds 4x110yds
1967	Denmark	100yds 4x110yds
1968	England, N Ireland & Wales	100yds 4x110yds
1969	England, N Ireland & Wales	100m 4x100m
1969	Norway	100 yards 4x110 yards
1970	Commonwealth Games	100m 4x100m
1971	England, Wales & Northern Ireland	100m 4x100m
1971	Belgium	100m 4x100m
1974	Commonwealth Games	100m 4x100m
1974	Northern Irelands	100m

8.5.3 ROBERT R SUTHERLAND

Robert R. Sutherland represented Scotland at international athletics meetings between 1930 and 1931 on 4 occasions, competing in 5 events. He also represented Scotland 7 times at the International Cross Country Games. See details in Section 5.4.

YEAR	COMPETITION	EVENTS
1930	England & Ireland	4 miles
	British Empire Games	4 miles
1930	England	1 mile
		3 miles
1931	Ireland	6 miles

8.5.4 DONNIE MACDONALD

Donnie MacDonald represented Scotland at International athletics meetings between 1952 and 1958 on 3 occasions running in 4 events. After retiring from racing, Donnie went on to be club president from 1972 to 1981 and club coach for many years.

YEAR	COMPETITION	EVENTS
1952	England, & Wales, Ireland	400m
1954	Ireland	440 yards
1958	Empire & Commonwealth Games	880 yards
		4x400 yards

8.5.5 DEREK F LEITCH

Derek Leitch represented Scotland on two occasions in 1976. Derek was selected based on his performances in the Scottish Track Championships in 1976.

YEAR	COMPETITION	EVENTS
1976	Northern Ireland & Iceland	1500m
	England & Wales	800m

8.5.6 FINLAY ROSS-DAVIE

YEAR	COMPETITION	EVENTS
2024	Home Nations Podium 5km Cardiff Team Silver	Road 5km
2025	Armagh International Road 5k	Road 5km

8.6 SCOTTISH INTERNATIONAL HONOURS U13 – U23

8.6.1 ALASDAIR STANLEY

YEAR	COMPETITION	EVENTS	LOCATION
2010	SIAB Schools International	XC	Truro
2011	U17 SIAB Schools International	1500m SC	Cardiff
2011	SSAA/SIAB Pentathlon Championships	Pentathlon	Glasgow
2011	McCain Combined Events	Decathlon	Stoke
2012	U17 SIAB International Match	1500m SC	Ashford
2012	Celtic Games U16/U18 International	2000m SC	Aberdeen
2012	U17 SIAB International Match	400m H	Ashford
2012	SIAB Schools Pentathlon	Pentathlon	Glasgow

8.6.2 CATRIONA GRAVES

YEAR	COMPETITION	EVENTS	LOCATION
2010	Junior Girls SIAB Schools International	XC	Truro
2011	Junior Girls SIAB Schools International	XC	Antrim
2012	Intermediate Girls SIAB Schools International	XC	Perth
2012	U15 Celtic Nations International XC	XC	Edinburgh
2012	U15 London Mini Marathon	3 mile Road	London
2012	WMRA International Youth Cup	Mountain Running	Glendalough, Ireland
2012	U17 Home Counties Mountain International	Mountain Running	Melmerby
2013	Intermediate Girls SIAB Schools International	XC	Dinefwr, Wales
2013	U15 London Mini Marathon	3 mile Road	London
2013	U17 Celtic Nations International XC	XC	Cardiff
2013	Karrimor Great Trail Challenge	5.5km Mountain Running	Keswick
2013	U19 British & Irish Hill Championship & Junior Home International	Hill Running	Aberfoyle
2014	U20 Home International XC	XC	Antrim
2014	U20 London Mini Marathon	3 mile Road	London
2014	Karrimor Great Trail Challenge	5.5km Mountain Running	Keswick
2015	U20 Celtic Nations International XC	XC	Dunboyne, Ireland

8.6.3 LOUISA BROWN

YEAR	COMPETITION	EVENTS	LOCATION
2021	Manchester International	1500m Track	Manchester
2021	UK Schools Games	3000m Track	Loughborough
2021	SIAB Athletics	3000m Track	Derby
2021	Mini London Marathon	2.6km Road	London
2022	Belfast International XC U20 Team Gold	4k XC	Belfast

8.6.4 CODY STEVENSON

YEAR	COMPETITION	EVENTS	Location
2017	WMRA International Youth Cup	Mountain Running	Gagliano del Capo Italy

8.6.5 ELLIOT DUFF

YEAR	COMPETITION	EVENTS	LOCATION
2016	SIAB Schools International	4km XC	Falkirk

8.6.6 FINLAY ROSS-DAVIE

YEAR	COMPETITION	EVENTS	Location
2020	SIAB Schools International	Cancelled due to COVID *	
2023	Welsh Track & Field International	U20 3000m Track	Cardiff
2024	European XC Trial	U23 5km XC	Liverpool

*Selected for event so deserves recognition



Finlay Ross-Davie and Coach Alex Chalmers

8.6.7 JACK TRAINER

YEAR	COMPETITION	EVENTS	Location
2018	U17 Celtic International	XC	Antrim
2018	U17 British & Irish Junior Mountain Championship Team Gold	Hill Running	Wicklow, Ireland
2018	SIAB Schools International	6km XC	Nottingham
2018	Junior Home International		
2018	Mounting Running Internal Youth Cup	4.3km Mountain Running	Lanzada, Italy

8.6.8 JAMES CONNOLLY

YEAR	COMPETITION	EVENTS	Location
2019	U20 British & Irish Junior Mountain Championship	Hill Running	Wales

8.6.9 THOMAS BERRY

YEAR	COMPETITION	EVENTS	Location
2018	U20 British & Irish Junior Mountain Championship. - Team Silver	Hill Running	Wicklow, Ireland
2019	Great Stirling Cross Country International	XC	Stirling, Scotland
2019	U20 British & Irish Junior Mountain Championship	Hill Running	Wales

8.6.10 ELLIE HINKS

YEAR	COMPETITION	EVENTS	LOCATION
2018	U17 British & Irish Junior Mountain Championship Team Silver	Hill Running	Wicklow, Ireland

8.6.11 ANYA MACLEAN

YEAR	COMPETITION	EVENTS	LOCATION
2018	SIAB Schools International	4km XC	Nottingham
2018	London Mini Marathon	3 mile Road	London
2020	SIAB Schools International	Cancelled due to COVID *	
	London Mini Marathon	Cancelled due to COVID *	
	U17 British Cross Challenge	6km XC	Stirling
2023	U20 British Cross Challenge	6km XC	Liverpool
2025	U23 British Cross Challenge	6km XC	Leeds

*Selected for events so deserves recognition

8.6.12 JAMES ALEXANDER

YEAR	COMPETITION	EVENTS	LOCATION
2022	SIAB Schools International	4km XC	Wales
2023	SIAB Schools International	6.2km XC	Liverpool
2024	U17 British Athletics Cross Challenge	6km XC	Glasgow
	SIAB Schools International	6km XC	Ireland
	UK School Games	3000m	Loughborough
	U17 SIAB Schools International	3000m	Carmarthen
	TCS London Mini Marathon	2.6km Road	London
2025	TCS London Mini Marathon	2.6km Road	London

8.6.13 RORY TREHARNE

YEAR	COMPETITION	EVENTS	LOCATION
2024	UK School Games	Triathlon	Loughborough

8.6.14 DANIEL HENDRY

YEAR	COMPETITION	EVENTS	LOCATION
2023	U15 SIAB Schools International	1.5km	Liverpool

8.6.15 CONNOR CAMPBELL

YEAR	COMPETITION	EVENTS	LOCATION
2023	U15 SIAB Schools International	1.5km	Liverpool
2025	TCS London Mini Marathon	2.6km Road	London

8.6.16 MIA PADMANABHAN

YEAR	COMPETITION	EVENTS	LOCATION
2025	U23 British Cross Challenge	6km XC	Leeds

8.7 SCOTTISH INTERNATIONAL HONOURS ULTRA**8.7.1 DEBBIE MARTIN-CONSANI**

YEAR	COMPETITION	EVENTS	LOCATION
2011	UK 100K Championship (Anglo Celtic Plate)	100km	Perth

8.7.2 MARCO CONSANI

YEAR	COMPETITION	EVENTS	LOCATION
2012	UK 100K Championship (Anglo Celtic Plate)	100km	Redwick
2013	UK 100K Championship (Anglo Celtic Plate)	100km	Perth
2016	UK 100K Championship (Anglo Celtic Plate)	100km	Perth

8.7.3 GRANT MACDONALD

YEAR	COMPETITION	EVENTS	LOCATION
2013	UK 100K Championship (Anglo Celtic Plate)	100km	Perth
2015	Anglo Celtic Plate 100k	100km	Redwick

8.8 SCOTTISH MASTERS INTERNATIONAL HONOURS

8.8.1 LESLEY CHISHOLM-BELL

YEAR	COMPETITION	AGE GROUP	LOCATION
2010	British & Irish Masters International XC	W35	Dublin
2011	British & Irish Masters International XC Team W35 Silver	W35	Glasgow
2013	British & Irish Masters International XC	W35	Cardiff
2016	British & Irish Masters International XC	W35	Glasgow
2017	British & Irish Masters International XC	W40	Derry
2023	British & Irish Masters International XC Individual W45 Bronze & Team W45 Silver	W45	Glasgow

8.8.2 KATIE WHITE

YEAR	COMPETITION	AGE GROUP	LOCATION
2016	British & Irish Masters International XC	W35	Glasgow
2017	British & Irish Masters International XC	W35	Derry/Londonderry
2019	British & Irish Masters International XC Team W35 Silver	W35	Liverpool
2022	British & Irish Masters International XC Team W40 Bronze	W40	Dublin
2023	British & Irish Masters International XC Team W40 Silver	W40	Glasgow
2024	British & Irish Masters International XC Team W40Bronze	W40	Belfast

8.8.3 ANN WHITE

YEAR	COMPETITION	AGE GROUP	LOCATION
2016	British & Irish Masters International XC	W65	Glasgow
2017	British & Irish Masters International XC	W65	Derry/Londonderry
2018	British & Irish Masters International XC Individual W65 and Team W65 Silver	W65	Swansea
2019	British & Irish Masters International XC Team W65 Gold	W65	Aintree
2023	British & Irish Masters International XC Team W70 Silver	W70	Glasgow
2024	British & Irish Masters International XC Team W70 Bronze	W70	Belfast

8.8.4 GILL BLEE

YEAR	COMPETITION	AGE GROUP	LOCATION
2022	British & Irish Masters International XC Team W40 Bronze	W40	Dublin
2024	British & Irish Masters International XC	W35	Belfast

8.8.5 MARY SENIOR

YEAR	COMPETITION	AGE GROUP	LOCATION
2022	British & Irish Masters International XC Team W45 Bronze	W45	Dublin
2023	British & Irish Masters International XC Team W50 Silver	W50	Glasgow
2023	England Masters 1500m & 3000m	W50	Nuneaton
2024	England Masters 3000m	W50	Corby

8.8.6 KATH SCOTT

YEAR	COMPETITION	AGE GROUP	LOCATION
2022	British & Irish Masters International XC Team W60 Silver	W60	Dublin

8.8.7 ALEX CHALMERS

YEAR	COMPETITION	AGE GROUP	LOCATION
2014	British & Irish Masters International XC		Nottingham
2018	British & Irish Masters International XC	M50	Swansea

8.8.8 DAN SCROOP

YEAR	COMPETITION	AGE GROUP	LOCATION
2019	British & Irish Masters International XC	M45	Liverpool

8.8.9 JOHN BELL

YEAR	COMPETITION	AGE GROUP	LOCATION
2009	British & Irish Masters International XC	M40	Birmingham
2010	British & Irish Masters International XC	M40	Dublin
2011	British & Irish Masters International XC	M40	Glasgow

8.8.10 JOHN COYLE

YEAR	COMPETITION	AGE GROUP	LOCATION
2019	British & Irish Masters International XC Team M45 Bronze	M45	Aintree
2022	British & Irish Masters International XC	M45	Dublin
2023	British & Irish Masters International XC Team M50 Gold	M50	Glasgow
2024	British & Irish Masters International XC	M50	Belfast

8.8.11 NORMAN BAILLIE

YEAR	COMPETITION	AGE GROUP	LOCATION
2017	British & Irish Masters International XC Team M70 Silver	M70	Derry/Londonderry
2019	British & Irish Masters International XC Team M70 Silver	M70	Aintree
2022	British & Irish Masters International XC Team M75 Silver	M75	Dublin
2023	British & Irish Masters International XC	M75	Glasgow
2024	British & Irish Masters International XC Team M75 Gold	M75	Belfast

8.8.12 CRAIG SHIELDS

YEAR	COMPETITION	AGE GROUP	LOCATION
2022	British & Irish Masters International XC Team M40 Silver	M40	Dublin

8.8.13 JAMES MACLEOD

YEAR	COMPETITION	AGE GROUP	LOCATION
2022	British & Irish Masters International XC	M35	Dublin
2023	British & Irish Masters International XC	M35	Glasgow

8.8.14 DAVID DICKSON

YEAR	COMPETITION	AGE GROUP	LOCATION
2024	British & Irish Masters International XC	M65	Belfast

8.8.15 ROBERT MCLENNAN

YEAR	COMPETITION	AGE GROUP	LOCATION
2015	British & Irish Masters International XC	M55	Dublin
2019	British & Irish Masters International XC Team M60 Silver	M60	Liverpool

8.8.16 JOE MCKNIGHT

YEAR	COMPETITION	AGE GROUP	LOCATION
2011	British & Irish Masters International XC Team M35 Silver	M35	Glasgow

8.8.17 ALISON WINSHIP

YEAR	COMPETITION	AGE GROUP	LOCATION
2006	British & Irish Masters International XC	F35	Falkirk
2007	British & Irish Masters International XC	F35	Belfast
2008	British & Irish Masters International XC	F35	Swansea
2009	British & Irish Masters International XC	F35	Birmingham
2010	British & Irish Masters International XC	F35	Dublin

8.8.18 EUAN MACKEY

YEAR	COMPETITION	AGE GROUP	LOCATION
2010	British & Irish Masters International XC	M45	Dublin

8.8.19 HEATHER AKERS

YEAR	COMPETITION	AGE GROUP	LOCATION
2005	British & Irish Masters International XC	F40	Dublin

8.8.20 JANET MCCOLL

YEAR	COMPETITION	AGE GROUP	LOCATION
2001	British & Irish Masters International XC	F45	Falkirk
2002	British & Irish Masters International XC	F45	Ballymena

8.8.21 BENNY MCLAUGHLIN

YEAR	COMPETITION	AGE GROUP	LOCATION
2004	British & Irish Masters International XC	M40	England

8.8.22 GARRY MATHEW

YEAR	COMPETITION	AGE GROUP	LOCATION
2017	British & Irish Masters International XC	F35	Derry

8.8.23 CHRIS DEVINE

YEAR	COMPETITION	AGE GROUP	LOCATION
2016	British & Irish Masters International XC	M35	Derry
2017	British & Irish Masters International XC	M35	Glasgow
2018	British & Irish Masters International XC	M40	Swansea
2019	British & Irish Masters International XC	M40	Liverpool

8.8.24 GREG HASTIE

YEAR	COMPETITION	AGE GROUP	LOCATION
2015	British & Irish Masters International XC	M45	Dublin

8.8.25 ALEX CHISHOLM

YEAR	COMPETITION	AGE GROUP	LOCATION
2018	British & Irish Masters International XC Team M60 Silver	M60	Swansea

8.8.26 ARLENE LEWIS

YEAR	COMPETITION	AGE GROUP	LOCATION
2018	British & Irish Masters International XC	W45	Swansea

8.9 ENGLISH INTERNATIONAL HONOURS**8.9.1 KATIE WHITE**

YEAR	COMPETITION	AGE GROUP	LOCATION
2017	Granollers Half Marathon	SNRW	Catalonia, Spain
2020	Snowdon Hill Race	SNRW	Wales

9 TEAM HONOURS

9.1 BRITISH CROSS COUNTRY TEAM HONOURS

9.1.1 BRITISH MASTERS CROSS COUNTRY CHAMPIONSHIPS

YEAR	TEAM HONOUR
2025	British Masters Cross Country W35-W44 Team Champions Gill Blee, Ilona Kriauzaite & Laura Gray
	British Masters Cross Country M35-M44 Team Silver James MacLeod, Matt MacDonald & Neil Smith

9.2 SCOTTISH NATIONAL CROSS COUNTRY TEAM HONOURS

9.2.1 SCOTTISH NATIONAL CROSS COUNTRY CHAMPIONSHIPS

YEAR	TEAM HONOUR
1904	Scottish National Cross Country SNRM Team Bronze Sam Kennedy, Sam Carson, James Girvan, Daniel Beattie, Sam Porter & William Law
1921	Scottish National Cross Country SNRM Team Silver Alexander Laurie, John Cuthbert, Thomas McTurk, James H Haggerty, Hamilton MacAulay & William M McIntosh
1922	Scottish National Cross Country SNRM Team Bronze Alexander Laurie, John Cuthbert, J Purves & 3 team members unknown
1923	Scottish National Cross Country SNRM Team Silver Joseph McIntyre, Daniel Quinn, John Cuthbert, David Elliot, Thomas McTurk & Matthew McKinlay
1924	Scottish National Cross Country SNRM Team Silver Daniel Quinn, Joseph McIntyre, Alexander J T Morran, William M McIntosh, Alexander Adams & Hamilton MacAulay
1925	Scottish National Cross Country SNRM Team Champions Alexander J T McMorrnan, John Girvan, Daniel Quinn, J McIntyre, Alexander W Adams & Thomas McTurk
1926	Scottish National Cross Country SNRM Team Champions Daniel Quinn, John Girvan, Charles H Blue, Alexander J T Morran, David Brooks & Alexander W Adams
1928	Scottish National Cross Country SNRM Team Bronze John Girvan, Robert Roxburgh, Charles H Blue, Alexander Brooke, David Brooks & James McFarlane
1931	Scottish National Cross Country SNRM Team Silver John Girvan, Peter McNab, Alexander Brooke, Robert Roxburgh, James Thomson & Donald Urquhart
1935	Scottish National Cross Country SNRM Team Bronze Donald Urquhart, James Thomson, James Bennett, David Brooks, John Dailey & Thomas Armstrong
1938	Scottish National Cross Country U17M Team Champions Roderick Mulgrew, Robert Stephen, Adam Veitch & J McDougall
1948	Scottish National Cross Country SNRM Team Bronze Alexander Kidd, Roderick Mulgrew, Arthur Warton, Thomas McGinlay Ronald Murray & Joseph Croall
1949	Scottish National Cross Country U17M Team Silver Euan S Murray, George Dunn, J Robertson & William Munro
1956	Scottish National Cross Country U20M Team Bronze George Dickson, Benny Linn, A MacDonald & George Paris

Scottish National Cross Country Championship continued

YEAR	TEAM HONOUR
2014	Scottish National Cross Country U13B Team Silver Elliot Duff, Jack Trainer, Ross Chapman & Daniel McGarrie
2018	Scottish National Cross Country U15G Team Bronze Anya MacLean, Ellie Hinks, Mia Padmanabhan & Isabelle Burnside
2019	Scottish National Cross Country U13B Team Bronze Fergus Currie, Matthew Burnside, Charlie Treharne & Jackson Adams
2020	Scottish National Cross Country U13B Team Silver James Alexander, Rory Treharne, Robert Nicol & Rory Beaton
2022	Scottish National Cross Country U17W Team Silver Lousia Brown, Amiya Patel & Beth Trainer
2024	Scottish National Cross Country U17M Team Bronze James Alexander, Rory Treharne, Daniel Owens & Fraser Donaldson

9.2.2 SCOTTISH NATIONAL CROSS COUNTRY RELAY CHAMPIONSHIPS

YEAR	TEAM HONOUR
2008	Scottish National Cross Country Relay MSTRW Team Champions Alison Winship, Mairi Stanley & Kirsty Husband
2009	Scottish National Cross Country Relay MSTRW Team Bronze Alison Winship, Heather McIntosh & Kirsty Husband
2017	Scottish National Cross Country Relay YAM Team Bronze Fergus Currie, James Connelly & Lorn Webster
2018	Scottish National Cross Country Relay MSTRW Team Silver Lesley Chisholm, Yvonne Burgess & Mary Senior
	Scottish National Cross Country Relay YAM Team Bronze Fergus Currie, Cameron Berry & Jack Trainer
2021	Scottish National Cross Country Relay MSTRW Team Bronze Gill Blee, Emily Tomasso & Marian Kelly
2022	Scottish National XC Relay MSTRW Team Champions Lesley Bell, Katie White & Gill Blee
2023	Scottish National Cross Country Relay MSTRW Team Silver Mary Senior, Gill Blee & Katie White
	Scottish National Cross Country Relay MSTRM Team Silver Colin Whitby, James MacLeod, Craig Shields & J Connolly
2024	Scottish National Cross Country Relay MSTRW Team Silver Gill Blee, Laura Gray & Mary Senior
	Scottish National Cross Country Relay MSTRM Team Bronze James MacLeod, John Connolly, Craig Shields & John Coyle

9.2.3 SCOTTISH NATIONAL SHORT COURSE CROSS COUNTRY CHAMPIONSHIPS

YEAR	TEAM HONOUR
2011	Scottish National Short Course Cross Country SNRW Team Bronze Lesley Chisholm, Katie White & Kirsty Husband
2017	Scottish National Short Course Cross Country U15G Team Silver Anya MacLean, Ellie Hinks & Mia Padmanabhan
2019	Scottish National Short Course Cross Country U17M Team Bronze James Connelly, Finlay Ross-Davie & Lewis Hailey

9.2.4 SCOTTISH NATIONAL MASTERS CROSS COUNTRY CHAMPIONSHIPS

YEAR	TEAM HONOUR
2017	Scottish Masters Cross Country MSTRW Team Silver Lesley Chisholm, Arlene Lewis & Morag Casey
2021	Scottish Masters Cross Country MSTRM Team Bronze Garry Mathew, John Coyle, Finlay Finlay & Dan Scroop
2022	Scottish Masters XC Championship MSTRW Champions Lesley Bell, Katie White, Gill Blee
2023	Scottish Masters XC Championship MSTRW Team Champions Lesley Bell, Katie White, Gill Blee
2025	Scottish Masters XC Championship MSTRW Team Silver Katie White, Gill Blee & Laura Gray



Scottish Masters XC Championship Team Champions 2023

9.2.5 SCOTTISH NATIONAL NOVICE CROSS COUNTRY CHAMPIONSHIPS

The first race was held in 1919 and was open only to athletes who had not won individual or team championship medals in District or National championships. The race continued until the 1948-49 season.

YEAR	TEAM HONOUR
1919	Scottish National Novice Cross Country SNRM Team Silver Alexander B Lawrie, Norman McIntosh, Hector McAuley & David Moir
1920	Scottish National Novice Cross Country SNRM Team Bronze William McIntosh, Joesph McIntyre & 2 unknown athletes
1922	Scottish National Novice Cross Country SNRM Team Champions John Girvan, David Elliott, Andrew McGregor & John Abbott
1923	Scottish National Novice Cross Country SNRM Team Silver Alexander J T McMorran, Donald Urquhart, James Mullion & James B McFarlane
1924	Scottish National Novice Cross Country SNRM Team Champions Charles H Blue, Alexander Brooke, Andrew Bridge & James Carson
1925	Scottish National Novice Cross Country SNRM Team Champions Robert Roxburgh, William Grieve, James Cuthbert & James Morrison
1930	Scottish National Novice Cross Country SNRM Team Champions Alexander D McDonald, James Thomson, James Nimmons & Sam Carson
1931	Scottish National Novice Cross Country SNRM Team Silver Robert McKie, James Bennett, Colin L Campbell & Robert D Phoenix
1938	Scottish National Novice Cross Country SNRM Team Bronze Roderick Mulgrew, J McDougal, A Simpson & T McGinley

9.2.6 LINDSAYS TROPHY

The Lindsay Trophy is awarded to the club with the highest aggregate total of finishers in the three Scottish National Cross-Country Championships: National XC Relays, National XC Short Course, and National XC.

YEAR	CLUB HONOUR
2017-18	Winners – 230 points
2018-19	2 nd – 248 points
2021-22	3 rd – 165 points
2023-24	Winners – 233 points



Lindsay Trophy Winners 2017/2018



Lindsay Trophy Winners 2023/2024

9.3 SCOTTISH NATIONAL ROAD RACE TEAM HONOURS

9.3.1 SCOTTISH NATIONAL 10KM ROAD CHAMPIONSHIP

YEAR	TEAM HONOUR
2008	Scottish National 10km Road Championship SNRW Team Bronze Kathryn Graham, Jill O'Neil & Ailsa Currie
2009	Scottish National 10km Road Championship SNRW Team Silver Kirsty Husband, Carole Gilmour & Marian Kelly
2010	Scottish National 10km Road Championship SNRW Team Champions Kirsty Husband, Lesley Chisholm & Charlotte Wilson
2023	Scottish National 10km Road Championship SNRW Team Silver Lesley Bell, Mary Senior & Kath Scott

9.3.2 SCOTTISH NATIONAL 10 MILE ROAD CHAMPIONSHIP

YEAR	TEAM HONOUR
2013	Scottish National 10 mile Road SNRW Team Champions Jill O'Neil, Gail Beaton & Marian Kelly
2017	Scottish National 10 mile Road SNRW Team Bronze Katie White, Jill O'Neil & Debbie Martin-Consani
2018	Scottish National 10 mile Road SNRW Team Bronze Katie White, Laura Gray & Alieen Wilson
2022	Scottish National 10 mile Road SNRW Team Champions Lesley Bell, Mary Senior & Gill Blee
2025	Scottish National 10 mile Road SNRW Team Bronze Gill Blee, Laura Gray & Mary Senior

9.3.3 SCOTTISH NATIONAL HALF MARATHON ROAD CHAMPIONSHIP

YEAR	TEAM HONOUR
2012	Scottish National Half Marathon Road SNRM Team Bronze Ben Melby, Alec Chalmers & Nick Heaney
2016	Scottish National Half Marathon Road SNRM Team Bronze Del Young, Garry Matthew & Donald McPartlin
2019	Scottish National Half Marathon Road SNRW Team Bronze Katie White, Gill Blee & Emily Tomasso
2022	Scottish National Half Marathon Road SNRM Team Bronze Colin Whitby, Craig Shields & James Wilkes

9.3.4 SCOTTISH NATIONAL MARATHON ROAD CHAMPIONSHIPS

YEAR	TEAM HONOUR
2013	Scottish National Marathon Road SNRW Team Bronze Gail Beaton, Sharon Law & Fiona McCormick
2017	Scottish National Marathon Road SNRW Team Silver Katie White, Mairi Stanley & Marian Kelly
2017	Scottish National Marathon Road SNRM Team Bronze David Lindsay, Garry Matthew & Stephen Porteous
2018	Scottish National Marathon Road SNRM Team Champions David Lindsay, Ian Thomson & Craig Shields
2023	Scottish National Marathon Road SNRW Team Bronze Gill Blee, Emily Tomasso, Mairi Stanley

9.3.5 SCOTTISH NATIONAL 6/4 STAGE ROAD RELAY CHAMPIONSHIPS

YEAR	TEAM HONOUR
2023	Scottish National 4 Stage Relay W40 Team Champions Lesley Bell, Mary Senior, Gill Blee & Katie White
2024	Scottish National 4 Stage Relay W40 Team Silver Martha Lovatt, Mary Senior, Gill Blee & Katie White
2025	Scottish National 4 Stage Relay W40 Team Champions Gill Blee, Mary Senior, Ilona Kriauzaite & Katie White

9.3.6 SCOTTISH NATIONAL YOUNG ATHLETES' ROAD CHAMPIONSHIPS

YEAR	TEAM HONOUR
2014	Scottish National YA Road U13B Team Bronze Elliot Duff, Arun Smith & Jack Cuthbertson
2020	Scottish National YA Road U17W Team Silver Anya McLean, Summer McDonald & Alexandra Jones
2022	Scottish National YA Road U17W Team Silver Lousia Brown, Chrissie Francis & Beth Trainer
2023	Scottish National YA Road U13G Team Bronze Erin Burnett, Alexandra Bell & Sophie Harkins
2025	Scottish National YA Road U17M Team Champions James Alexander, Rory Trehane & Daniel Owens
	Scottish National YA Road U15B Team Bronze Connor Campbell, Archie Loch & Ruban Stewart

9.3.7 EDINBURGH TO GLASGOW ROAD RELAY

YEAR	TEAM HONOUR
1931	Edinburgh to Glasgow Relay Team Bronze A S Brooke, John Girvan, E Loudon, David Urquhart*, Robert M Roxburgh Charles H Blue, James Thomson & David B Brookes. * - Stage Record
1935	Edinburgh to Glasgow Relay Team Silver T Armstrong, J Bennett, W Gowans, R McKie, A D Mc Donald, D B Brookes, D Urquhart & C T Thomson

9.4 SCOTTISH NATIONAL TRAIL TEAM HONOURS

9.4.1 SCOTTISH NATIONAL ULTRA TRAIL RUNNING CHAMPIONSHIPS

YEAR	TEAM HONOUR
2011	Scottish National Ultra Trail Running SNRW Team Bronze Debbie Martin-Consani, Karen Ann McLennan & Rachel Stevenson
2022	Scottish National Ultra Trail Running SNRM Team Silver Keith Wall, Alan McIntosh & Gavin Hinde
2023	Scottish National Ultra Trail Running SNRM Team Bronze David Mackay, Alan McIntosh & Paul Collins

9.4.2 SCOTTISH NATIONAL MID TRAIL RUNNING CHAMPIONSHIPS

YEAR	TEAM HONOUR
2016	Scottish National Mid Trail Running U17M Team Champions Cody Stevenson, Tom Berry & Arun Smith
	Scottish National Mid Trail Running U15B Team Silver James Cathro, Jack Trainer & James Connelly
2017	Scottish National Mid Trail Running U17M Team Champions Lorn Webster, Jack Trainer & Murphy Hand
	Scottish National Mid Trail Running U15Gs Team Champions Ellie Hinks, Mia Padmanabhan & Oria Docherty
	Scottish National Mid Trail Running U15B Team Champions J Connelly, Finlay Ross-Davie & Strickland
	Scottish National Mid Trail Running Team SNRW Silver Katie White, Lesley Chisholm, Ann White, Catriona Padmanabhan
2018	Scottish National Mid Trail Running U15G Team Champions Anya MacLean, Isabelle Burnside, Summer McDonald
	Scottish National Mid Trail Running U17W Team Champions Ellie Hinks, Mia Padmanabhan & Hannah Nibbs
2019	Scottish National Mid Trail Running U17W Team Champions Mia Padmanabhan, Alex Jones, Summer McDonald
2022	Scottish National Mid Trail Running U15B Team Champions James Alexander, Rory Treharne, Daniel Hendry

9.5 SCOTTISH NATIONAL TRACK TEAM HONOURS

9.5.1 SCOTTISH NATIONAL OUTDOOR TRACK RELAY CHAMPIONSHIPS

YEAR	TEAM HONOUR
1949	Scottish National Outdoor 1 mile Medley Relay Team Bronze
1950	Scottish National Outdoor 4x100 yards Relay Team Silver
1951	Scottish National Outdoor 4x100 yards Relay Team Silver
1952	Scottish National Outdoor 4x100yards Relay Team Silver Scottish National Outdoor 1 mile Medley Relay Team Bronze
1966	Scottish National Outdoor 4x100 yards Relay Team Champions
1968	Scottish National Outdoor 4x100 yards Relay Team Champions
1971	Scottish National Outdoor 4x100m Relay Team Silver Scottish National Outdoor 1600m Medley Relay Team Bronze
1973	Scottish National Outdoor 4x100m Relay Team Bronze Scottish National Outdoor 1600m Medley Relay Bronze
1974	Scottish National Outdoor Relay 4x100m Team Bronze
1975	Scottish National Outdoor 4x100m Relay Team Bronze Scottish National Outdoor 1600m Medley Relay Team B Champions Scottish National Outdoor 1600m Medley Relay Team A Silver
1976	Scottish National Outdoor 1600m Medley Relay Team Champions Scottish National Outdoor 4x400m Relay Team Bronze
1979	Scottish National Outdoor 1600m Medley Relay Team Silver
1980	Scottish National Outdoor 4x100m Relay Team Bronze Scottish National Outdoor 1600m Medley Relay Team Bronze
1981	Scottish National Outdoor 1600m Medley Relay Team Silver
1982	Scottish National Outdoor 1600m Medley Relay Team Bronze Scottish National Outdoor 4x400m Relay Team Bronze Scottish National Outdoor 4x100m Relay Team Bronze
1983	Scottish National Outdoor 1600m Medley Relay Team Bronze

- 1mile Medley = 880 yards x 220 yards x 200 yards x 880 yards
- 1600m Medley = 800m x 400m x 400m x 800m

9.6 DISTRICT CROSS COUNTRY TEAM HONOURS

The Men's District Cross Country Championship was first held in the West in the 1894-95 season.

From 1929-30 until 1974-75, the West of Scotland was split into two districts: South-West and Midland. In 1975-76, they reformed as one district, the West District as we know it today.

Garscube Harriers athletes competed in the Midland District, and the honours reflect results from both the West District and Midland District Cross Country Championship races.

The Senior Women's team competition began in the 1964-65 season, and the Men's and Women's Masters team competitions started in the 1995-96 season.

In the early to mid-1970s, U13, U15, and U17 age group races were introduced for Girls, Boys, and Men. In the 1983-84 season, the U20M age group race was introduced, followed by the U20W race in the 2006-07 season.

9.6.1 WEST DISTRICT CROSS COUNTRY CHAMPIONSHIPS

YEAR	TEAM HONOUR
1902	West District Cross Country SNRM Team Bronze Sam Kennedy, James Butters, Charles Scullion, Sam Carson, James Hewitt & Samuel Porter
1903	West District Cross Country SNRM Team Champions Sam Kennedy, Sam Carson, Sam Porter, William Law, Danial Beattie & Charles Scullion
1909	West District Cross Country SNRM Team Bronze Adam Veitch, Thomas McTurk, William Magee, William Hobbs, J Davidson & Stewart Gellatley
1911	West District Cross Country SNRM Team Bronze J Henderson, Thomas McTurk, James Creelman, William McGhee, Adam Veitch & William Inglis
1912	West District Cross Country SNRM Team Silver Adam Veitch, Thomas McTurk, James Henderson, John Creelman, M McLean & William McGhee
1919	West District Cross Country SNRM Team Silver John Cuthbert, Thomas McTurk, James Haggerty, Alexander Lawrie, Hamilton McAulay & John Gow
1920	West District Cross Country SNRM Team Champions John Cuthbert, James Haggerty, Alexander Lawrie, William McIntosh, Thomas McTurk & John Gow
1922	West District Cross Country SNRM Team Champions Joesph McIntyre, Daniel Quinn, Alexander W Adams, John Girvan, David Elliot & James Purvis
1924	West District Cross Country SNRM Team Bronze David Brooks, James Carson, James Mullion, James McFarlane, James Henderson & Andrews Bridges
1927	West District Cross Country SNRM Team Bronze David Brooks, James McFarlane, Henry Carson, John Cuthbert, George Currie & Thomas Mitchell
2010	West District Cross Country SNRW Team Bronze Lesley Chisholm, Alison Winship, Mairi Stanley & Heather McIntosh
2011	West District Cross Country SNRW Team Silver Lesley Chisholm, Katie White Alison Winship & Charlotte Wilson

West District Cross Country Championships continued

YEAR	TEAM HONOUR
2013	West District Cross Country U13B Team Champions Elliot Duff, Jack Trainer & Mackenzie Haldane
2014	West District Cross Country U13B Team Bronze Elliot Duff, Jack Trainer & Mackenzie Haldane
2015	West District Cross Country MSTRW Team Champions Lesley Chisholm, Arlene Lewis & Ann White
	West District Cross Country SNRM Team Bronze Del Young, Donald McPartlin, Neil Robertson, Chris Devine, Alan Blair & Garry Mathews
2016	West District Cross Country SNRW Team Silver Katie White, Lesley Chisholm, Frances Wardle & Louise Torr
	West District Cross Country U15B Team Bronze
	West District Cross Country U13G Team Silver Anya MacLean, Isabelle Burnside & Grace MacLean
	West District Cross Country U13B Team Bronze F Ross-Davie, Marcus Donnelly & Tom Berry
2017	West District Cross Country U17M Team Champions Lorn Webster, Jack Trainer & Elliot Duff
	West District Cross Country U15G Team Silver Anya MacLean, Ellie Hinks & Isabelle Burnside
	West District Cross Country U15B Team Bronze James Connelly, Luke Aitken & Finlay Ross-Davie
2018	West District Cross Country U15B Team Silver Finlay Ross-Davie, Tom Berry & Miller
	West District Cross Country U13B Team Bronze Fergus Currie, Matthew Burnside & Charlie Treharne
	West District Cross Country MSTRW Team Silver Lesley Chisholm, Arlene Lewis & Morag Casey
2019	West District Cross Country U17F Team Champions Anya MacLean, Sumer McDonald & Mia Padmanabhan
	West District Cross Country U20M Team Silver Tom Berry, Cameron McClymont & Cody Stevenson
	West District Cross Country U13B Team Silver Robert Nicol, James Alexander & Rorey Treharne
	West District Cross Country U15G Team Bronze Amiya Patel, I Imrie & C Francis
2021	West District Cross Country MSTRW Team Champions Lesley Bell, Gill Blee & Marian Kelly
	West District Cross Country U17F Team Silver Louisa Brown, Amiya Patel & Beth Trainer
	West District Cross Country U13G Team Bronze Erin Burnett, Isobel Collingwood & Skye Dick

West District Cross Country Championships continued

YEAR	TEAM HONOUR
2022	West District Cross Country SNRW Team Bronze Lesley Bell, Katie White, Gill Blee & Holly Smith
	West District Cross Country U15B Team Bronze James Alexander, Rory Treharne & Danial Hendry
	West District Cross Country U13G Team Bronze E Burnett, S Harkins & A Bell
	West District Cross Country U13B Team Bronze Connor Campbell, M Connolly & E Tyler
	West District Cross Country MSTRW Team Champions Lesley Bell, Katie White & Gill Blee
	West District Cross Country MSTRM Team Bronze James MacLeod, Garry Matthew & Donald McPartlin,
2023	West District Cross Country MSTRW Team Champions Lesley Bell, Gill Blee & Catriona Padmanabhan
	West District Cross Country MSTRM Team Bronze James MacLeod, Nick Gemmell & Grant MacDonald
	West District Cross Country U17M Silver James Alexander, Rory Treharne & Daniel Owens
	West District Cross Country U17W Bronze Sophie Gibbons, Nina Padmanabhan & Charlotte Tower
2024	West District Cross Country MSTRW Team Champions Lesley Bell, Katie White & Gill Blee
	West District Cross Country U15B Team Silver Connor Campbell, Connor Birnie & Archie Loch
	West District Cross Country SNRW Team Bronze Monica Blair, Lesley Bell, Katie White & Gill Blee
	West District Cross Country U17W Team Bronze Nina Padmanabhan, Eilidh Wilson & Sophie Gibbons

**West District Champions 1903, 1920 & 1922**

9.6.2 MIDLAND CROSS COUNTRY CHAMPIONSHIPS

The Midland Cross Country Championship was contested from the 1929-30 to the 1974-75 seasons. Before and after this period, the District Championship was contested as the West District Championship. The William Malley Trophy was first presented in the 1927-28 season to the winners of the West District Championship.

YEAR	HONOUR
1930-31	Midland District Cross Country SNRM Team Bronze Donald Urquhart, David Brooks, Alex D McDonald, James Thomson, Lachlan Lindsay & George Frost
1932-33	Midland District Cross Country SNRM Team Bronze James Bennet, Alex D McDonald, Lachlan Lindsay, Thomas Daily, John R Landy & Robert D Phoenix
1933-34	Midland District Cross Country SNR Team Silver Thomas Daily, Robert McKie, James Bennet, Alex D McDonald, Lachlan Lindsay & Thomas Simms
1934-35	Midland District Cross Country SNRM Team Champions James Bennet, Thomas Daily, Thomas Armstrong, William Gowans, Duncan M Armstrong & Robert McKie William Malley Trophy Winners
1945-46	Midland District Cross Country U17M Team Bronze Alex Hay, Arthur Wharton, Roderick J Mulgrew, Thomas Gourley, Walter J Ross & Thomas Simms
1946-47	Midland District Cross Country U17M Team Silver Robert Smith, Joesph J Duffy & O'Kane
1947-48	Midland District Cross Country SNRM Team Champions Alex Kidd, Arthur Warton, Roderick J Mulgrew, Thomas McGinley, J Gunn & D Murray William Malley Trophy Winners
1948-49	Midland District Cross Country U17M Team Silver F C Robertson, E Murray, W Murray & W Stanwix
1964-65	Midland District Cross Country U15B Team Silver R Wood, J Cook, A McDonald, A Speirs & J Belkelvitz
1965-66	Midland District Cross Country U17M Team Silver
	Midland District Cross Country U15B Team Bronze



William Malley Trophy Winners 1934-35 & 1947-48

9.6.3 WEST DISTRICT CROSS COUNTRY RELAY CHAMPIONSHIPS

The West District Cross Country Championship was contested from the 1893-94 to the 1928-29 season and again from the 1975-76 season to the present day. Between the 1929-30 and 1974-75 seasons, the District Relay Championship was contested as the Midland District Relay Championship.

The Struthers Shield was first presented in the 1924-25 season to the winners of the District Relay Championship.

YEAR	TEAM HONOUR
1924-25	West District Cross Country Relay SNRM Team Champions Struthers Shield Winners D B H Elliot, D Quinn, John Girvan & A J T McMorran
1925-26	West District Cross Country Relay SNRM Team Bronze D B H Elliot, D Quinn, John Girvan & A J T McMorran
1926-27	West District Cross Country Relay SNRM Team Silver Charles H Blue, Robert Roxburgh, John Girvan & A J T McMorran
1927	West District Cross Country Relay SNRM Team Silver Charles H Blue, J Girvan, A S Brookes & Robert Roxburgh
1928	West District Cross Country Relay SNRM Team Bronze Charles H Blue, Robert Roxburgh, E Loudon & John Girvan,
2010	West District Cross Country Relay MSTRW Team Champions Lesley Chisholm, Karen McIlvenna & Ann White
2011	West District Cross Country Relay MSTRM Team Silver Alex Chalmers, John McLaughlin, Athole Smith & Alexander Chisholm
2013	West District Cross Country Relay MSTRM Team Bronze John Bell, Alexander Chisholm, David Robertson & Euan Geddes,
2014	West District Cross Country Relay MSTRM Team Bronze Nick Heaney, Alex Chalmers, John Bell & Dave Dickson
2015	West District Cross Country Relay MSTRW Team Champions Lesley Chisholm, Karen McIlvenna & Ann White
	West District Cross Country Relay MSTRM Team Bronze Marco Consani, Nick Heaney, Robert McLennan & Malcolm Shepard
2017	West District Cross Country Relay MSTRW Team Bronze Arlene Lewis, Ann White & Mary Senior
2018	West District Cross Country Relay MSTRM Team Silver John Coyle, Dan Scroop, Alex Chalmers & Nick Heaney
2019	West District Cross Country Relay MSTRW Team Champions Lesley Bell, Yvonne Burgess & Arlene Lewis
	West District Cross Country Relay MSTRM Team Silver Marco Consani, Dan Scroop, Alex Chalmers & John Coyle
2021	West District Cross Country Relay MSTRM Team Silver Finlay Finlay, Dan Scroop, John Coyle & James MacLeod
2022	West District Cross Country Relay MSTRM Team Champions J MacLeod, John Coyle, G Mathew & D McPartlin
	West District Cross Country Relay MSTRW Team Silver Lesley Bell, Emma Blair & Laura Gray
2023	West District Cross Country Relay MSTRW Team Silver Lesley Bell, Laura Gray & Catriona Padmanabhan
	West District Cross Country Relay MSTRM Team Silver Dan Scroop, John Coyle, James MacLeod & Nicholas Gemmell
2024	West District Cross Country Relay MSTRW Team Silver Mary Senior, Katie White & Laura Gray



Struthers Shield Winners 1924-25

9.6.4 MIDLAND DISTRICT CROSS COUNTRY RELAY CHAMPIONSHIPS

YEAR	TEAM HONOUR
1929	Midland District Cross Country Relay SNRM Team Silver Charles H Blue, Edward Loudon, Robert M Roxburgh & John Girvan
1932	Midland District Cross Country Relay SNRM Team Bronze William Regan, Thomas Dailly, John Girvan & David B Brookes
1947	Midland District Cross Country Relay SNRM Team Bronze David Murray, Arthur Warton, Alex Kidd & Thomas Daily
1955	Midland District Cross Country Relay SNRM Team Silver Bernard Linn, Stan Horn, George Dickson & Gordon A Dunn

9.7 WEST DISTRICT TRACK & FIELD HONOURS**9.7.1 WEST DISTRICT OUTDOOR TRACK RELAY CHAMPIONSHIPS**

YEAR	TEAM HONOUR
1967	West District Outdoor 4x110 yards Relay SNRM Champions – Exhibition Trophy
1982	West District Outdoor 4x100m Relay SNRM Champions
1983	West District Outdoor 4x100m Relay SNRM Champions

9.8 DUNBARTONSHIRE AAA CROSS COUNTRY TEAM HONOURS

9.8.1 DUNBARTONSHIRE AAA CROSS COUNTRY CHAMPIONSHIPS

YEAR	TEAM HONOUR
1947	Dunbartonshire AAA Cross Country YTHM Team Champions J J Duffy, R Smith & F Russell
	Dunbartonshire AAA Cross Country SNRM Team Champions Alex Kidd, Arthur Warton, D Murray & T Daily
	Dunbartonshire AAA Cross Country SNRM Team Bronze Garscube B Team
1948	Dunbartonshire AAA Cross Country SNRM Team Champions
	Dunbartonshire AAA Cross Country YTHM Champions
1949	Dunbartonshire AAA Cross Country SNRM Team Champions
	Dunbartonshire AAA Cross Country YTHM Team Champions
1950	Dunbartonshire AAA Cross Country SNRM Team Champions
1951	Dunbartonshire AAA Cross Country SNRM Team Champions
1952	Dunbartonshire AAA Cross Country SNRM Team Champions
1953	Dunbartonshire AAA Cross Country SNRM Team Champions
	Dunbartonshire AAA Cross Country YTHM Team Champions
1954	Dunbartonshire AAA Cross Country SNRM Team Champions
1955	Dunbartonshire AAA Cross Country SNRM Team Champions
1958	Dunbartonshire AAA Cross Country YTHM Team Champions
1961	Dunbartonshire AAA Cross Country SNRM Team Silver
1963	Dunbartonshire AAA Cross Country YTHM Team Silver
2005	Dunbartonshire AAA Cross Country SNRM Team Bronze Greg Hastie, Lindsay Cunningham, Rob McLennan & Iain Mennie
	Dunbartonshire AAA Cross Country SNRW Team Bronze Carole Gilmour, Marian Kelly & Carol Nicol
2007	Dunbartonshire AAA Cross Country SNRM Team Silver Alasdair Morrison, Lindsay Cunningham, Marco Consani & Euan Mackay
	Dunbartonshire AAA Cross Country SNRW Team Bronze Alison Winship, Heather MacIntosh & Jill O'Neil
2015	Dunbartonshire AAA Cross Country SNRM Team Champions Donald McPartlin, Alan Blair, Alasdair MacMillian & Neil Robertson
	Dunbartonshire AAA Cross Country U13B Team Champions Finlay Ross-Davie, James Connelly & Luke Aitken
	Dunbartonshire AAA Cross Country U15B Team Champions Elliot Duff, Arun Smith & Jack Cuthbertson
	Dunbartonshire AAA Cross Country SNRW Team Silver Arlene Lewis, Daisy Ticker & Mairi Stanley
	Dunbartonshire AAA Cross Country U11B Team Silver F Currie, H Borthwick & B Thomson
2016	Dunbartonshire AAA Cross Country SNRM Team Champions Donald McPartlin, Alastair McMillan, Alan Blair & Nick Heaney
	Dunbartonshire AAA Cross Country U11B Team Champions Fergus Currie, Mathew Burnside & Adam Watson
	Dunbartonshire AAA Cross Country U13G Team Champions Anya MacLean, Isabella Burnside & Grace MacLean
	Dunbartonshire AAA Cross Country U15B Team Champions Elliot Duff, Jack Trainer & Murphy Hand
	Dunbartonshire AAA Cross Country U17M Team Champions Lorn Webster, Cody Stevenson & F Gordon
	Dunbartonshire AAA Cross Country SNRW Team Silver Chloe McAdam, Mary Senior & Martha Lovatt
	Dunbartonshire AAA Cross Country U13B Team Silver Finlay Ross-Davie, Marcus Donnelly & Tom Gibbons

Dunbartonshire AAA Cross Country Championships continued

YEAR	TEAM HONOUR
2017	Dunbartonshire AAA Cross Country SNRW Team Bronze Katie White, Marian Kelly & Mary Senior
	Dunbartonshire AAA Cross Country U11B Team Bronze Adam Weston, Callum Mathew & Ruari Stevenson
2018	Dunbartonshire AAA Cross Country U11B Team Champions James Alexander, Rory Treharne & Rory Beaton
	Dunbartonshire AAA Cross Country SNRW Team Silver Katie White, Lesley Chisholm & Holly MacIver
	Dunbartonshire AAA Cross Country SNRM Team Silver Stephen Porteous, John Coyle, James MacLeod & Daniel Scroop
2019	Dunbartonshire AAA Cross Country SNRW Team Champions Katie White, Lesley Bell & Gill Blee
	Dunbartonshire AAA Cross Country U11B Team Silver Daniel Hendry, Finlay Hannah & Theo Stalin
2022	Dunbartonshire AAA Cross Country SNRW Team Champion Gill Blee, Holly Smith Lucy Donaldson & Marian Kelly
	Dunbartonshire AAA Cross Country SNRM Team Champions James MacLeod, Euan Convery, Jordan Queen & James Wilkes
	Dunbartonshire AAA Cross Country U13B Team Champions Conner Campbell, Theo Stalin & Jacob Stalin
	Dunbartonshire AAA Cross Country U17M Team Champions Charlie Treharne, Fraser Donaldson & Rob Nicol
2023	Dunbartonshire AAA Cross Country SNRW Team Champions Monica Blair, Gill Blee, Holly Smith & Laura Gray
	Dunbartonshire AAA Cross Country SNRM Team Champions J Wilkes, C Smith, N Gemmell & J MacLeod
2024	Dunbartonshire AAA Cross Country SNRW Team Champions Monica Blair, Gill Blee, Lucy Donaldson & Diane Clark
	Dunbartonshire AAA Cross Country U17m Team Champions Daniel Hendry, Daniel Owens & Kyle Thomson
	Dunbartonshire AAA Cross Country U15B Team Champions Archie Loch, Max Connelly & Ruben Stewart
	Dunbartonshire AAA Cross Country U13B Team Champions Sam Robertson, Brodie Burnett & Sorley Gemmell
	Dunbartonshire AAA Cross Country SNRM Team Silver Fraser Donaldson, John Connelly, Euan Convery & Matthew MacDonald
	Dunbartonshire AAA Cross Country U11B Team Silver Keyan Patel, Eric Ranford & Joshua Odonnell

9.8.2 DUNBARTONSHIRE AAA CROSS COUNTRY RELAY CHAMPIONSHIPS

YEAR	TEAM HONOUR
1948	Dunbartonshire AAA Cross Country Relay SNRM Team Champions
1950	Dunbartonshire AAA Cross Country Relay SNRM Team Champions
1952	Dunbartonshire AAA Cross Country Relay SNRM Team Champions
1953	Dunbartonshire AAA Cross Country Relay SNRM Team Champions
1954	Dunbartonshire AAA Cross Country Relay SNRM Team Champions
1956	Dunbartonshire AAA Cross Country Relay SNRM Team Champions
1958	Dunbartonshire AAA Cross Country YTHM Relay Team Champions
1960	Dunbartonshire AAA Cross Country Relay SNRM Team Silver N McIver, J Linn, S Horn & Dougie L. Spencer
1961	Dunbartonshire AAA Cross Country Relay SNRM Team Bronze F Robertson, A Irvine, J Linn & G Dickson
1962	Dunbartonshire AAA Cross Country Relay SNRM Team Bronze N McIver, G Dickson, S Horn & J Stewart
	Dunbartonshire AAA Cross Country Relay YTHM Team Silver R McCormack, J Kidd & R Black
	Dunbartonshire AAA Cross Country Relay BOYS Team Silver W Ritchie, D Fountain & K Wilson
1963	Dunbartonshire AAA Cross Country Relay SNRM Team Champions
1964	Dunbartonshire AAA Cross Country Relay SNRM Team Bronze R Russell, Martin & D Spencer
	Dunbartonshire AAA Cross Country Relay YTHM Team Silver D Hayman, McGrade & J Ordish
	Dunbartonshire AAA Cross Country Relay BOYS Team Champions R Wood, A McLean & J Cook
1972	Dunbartonshire AAA Cross Country Relay BOYS Team Champions Ronnie Weir, Jim McAneny, & Neil McDonald
2005	Dunbartonshire AAA Cross Country Relay SNRM Champions Stephen Mulrine, Lindsay Cunningham, Greg Hastie & Benny McLaughlin
2006	Dunbartonshire AAA Cross Country Relay SNRM Team Silver Euan Mackay, L McQuire, L Cunningham & Marco Consani
2009	Dunbartonshire AAA Cross Country Relay SNRM Team Champions Joe McKnight, Stephen Mulrine, Marco Consani & Ben Melby
	Dunbartonshire AAA Cross Country Relay SNRW Team Silver Marian Kelly, Heather McIntosh & Ailsa Currie
2015	Dunbartonshire AAA Cross Country Relay YM Team Champions Finlay Ross-Davie, Elliott Duff & Cody Stevenson
	Dunbartonshire AAA Cross Country Relay SNRW Team Bronze Karen McIlvenna, Ann White & Mary Senior
	Dunbartonshire AAA Cross Country Relay SNRM Team Bronze Donald McPartlin, Stevie Currie, A MacMillian & Alan Blair
2016	Dunbartonshire AAA Cross Country Relay SNRM Team Champions Garry Mathew, Donald McPartlin, Neil Robertson & A Robertson
	Dunbartonshire AAA Cross Country Relay SNRW Team Champions Mairi Stanley, Emma Blair & Nicola Adams-Hendry
	Dunbartonshire AAA Cross Country Relay YM Team Champions C Berry, Elliott Duff & Cody Stevenson
	Dunbartonshire AAA Cross Country Relay SNRM Team Bronze Duncan McKellar, Tim Martin, Danny Burns & A McIver
	Dunbartonshire AAA Cross Country Relay SNRW Team Bronze Marian Kelly, Alison Wood & Chloe McAdam
	Dunbartonshire AAA Cross Country Relay U11B Team Bronze J Maxwell, I Bitt & P Young

Dunbartonshire AAA Cross Country Relay Championships continued

YEAR	TEAM HONOUR
2017	Dunbartonshire AAA Cross Country Relay SNRW Team Champions Frances Wardle, Mary Senior & Lesley Chisholm
	Dunbartonshire AAA Cross Country Relay YF Team Champions B Raeside, G MacLean & Ellie Hinks
	Dunbartonshire AAA Cross Country Relay YM Team Champions J Adams, J Connelly & Jack Trainer
	Dunbartonshire AAA Cross Country Relay U11B Team Champions A McLean, Rory Beaton & C Mathew
	Dunbartonshire AAA Cross Country Relay SNRW Team Bronze Ann White, Martha Lovatt & Kath Scott
	Dunbartonshire AAA Cross Country Relay SNRM Team Bronze Garry Mathew, Stephen Porteous, Kevin Liddle & D Lindsay
2018	Dunbartonshire AAA Cross Country Relay U11B Team Champions R Treharne, J Alexander & R Beaton
	Dunbartonshire AAA Cross Country Relay U11B Team Silver C Mathew, C Nicol & C Murray
	Dunbartonshire AAA Cross Country Relay SNRM Team Silver Stephen Porteous, Dan Scroop, Garry Mathew & John Coyle
	Dunbartonshire AAA Cross Country Relay YM Team Silver M Burnside, F Currie & C Berry
2019	Dunbartonshire AAA Cross Country Relay SNRM Team Champions Del Young, Tim Martin, Iain McFarlane & John Coyle
	Dunbartonshire AAA Cross Country Relay SNRW Team Champions Lesley Bell, Yvonne Baillie & Laura Gray
	Dunbartonshire Cross Country Relay YF Team Champions N Padmanabhan, A Patel & M Padmanabhan
	Dunbartonshire AAA Cross Country Relay SNRW Team Silver Katie White, Alison Wood & E Tomasso
	Dunbartonshire AAA Cross Country Relay YM Team Silver James Alexander, M Burnside & J Connelly
	Dunbartonshire AAA Cross Country Relay U11B Team Silver F Hannah, D Hendry & T Stalin
	Dunbartonshire AAA Cross Country Relay YM Team Bronze Rory Treharne, H Borthwick & Finlay Ross-Davie
2023	Dunbartonshire AAA Cross Country Relay SNRM Team A Champions James Wilkes, Crawford Smith, Colin Whitby & James MacLeod
	Dunbartonshire AAA Cross Country Relay SNRW Team A Champions Katie White, Laura Gray & Gill Blee
	Dunbartonshire AAA Cross Country Relay YM Team A Champions Max Connelly, Daniel Hendry & James Alexander
	Dunbartonshire AAA Cross Country Relay YM Team B Silver Sorley Gemmell, Connor Campbell & Daniel Owens
	Dunbartonshire AAA Cross Country Relay SNRM Team B Silver John Connelly, Callum MacDonald, John Coyle & Craig Shields
	Dunbartonshire AAA Cross Country Relay YM Team C Bronze Euan McDonald, Kyle Thomson & Christopher Hargreaves
	Dunbartonshire AAA Cross Country Relay YF Team A Bronze Phoebe Thomson, Alexandra Bell & Jennie McMahon

9.9 DUNBARTONSHIRE AAA ROAD TEAM HONOURS

9.9.1 DUNBARTONSHIRE AAA 10K ROAD CHAMPIONSHIP

YEAR	TEAM HONOUR
2023	Dunbartonshire AAA 10km Road SNRW Team Champions Lesley Bell, Holly Smith, Mary Senior, Emma Blair
	Dunbartonshire AAA 10km Road SNRM Team Champions Colin Whitby, Alan Blair, Nicholas Gemmell, Robbie Drummond
2024	Dunbartonshire AAA 10km Road SNRW Team Champions Monica Blair, Gill Blee, Mary Senior & Emily Tomasso
	Dunbartonshire AAA 10km Road SNRM Team Champions James Wilkes, Joe Fitzgibbon, Nick Gemmell & Euan Convery

9.9.2 DUNBARTONSHIRE AAA 10 MILE ROAD CHAMPIONSHIPS

YEAR	TEAM HONOUR
2023	Dunbartonshire AAA 10 mile Road SNRW Team Champions Lesley Bell, Marian Kelly, Laura Gray & Lyndsay Kerrigan
	Dunbartonshire AAA 10 mile Road SNRM Team Champions James Wilkes, Alan Blair, Craig Prior & Craig Shields
	Dunbartonshire AAA 10 mile Road SNRM Team Silver Euan Convery, Garry McQueen, Mattia Mancinelli & Iain McFarlane
2024	Dunbartonshire AAA 10 mile Road SNRW Team Champions Katie White, Alison Wood, Martha Lovatt & Moira Young
	Dunbartonshire AAA 10 mile Road SNRM Team Silver Gavin Spence, Iain McFarlane, Mattia Mancinelli & James Reid
2025	Dunbartonshire AAA 10 mile Road SNRW Team Champions Gill Blee, Heather Crawford, Aileen Wilson & Maisie Blair
	Dunbartonshire AAA 10 mile Road SNRM Team Silver Craig Shields, Simon Sheridan, Mykola Kulakov & David Butterly

9.10 DUNBARTONSHIRE AAA TRACK & FIELD TEAM HONOURS

9.10.1 DUNBARTONSHIRE AAA OUTDOOR TRACK CHAMPIONSHIPS

The Logue Trophy was awarded based on a points system for the track championships, with points given to medal winners. The events were 100 yards, 200 yards, 400 yards, 800 yards, Mile, 3 miles, High Jump, Shot Putt & Javelin

YEAR	TEAM HONOUR
1961	Dunbartonshire AAA Track Champions – Logue Trophy
1966	Dunbartonshire AAA Track Champions – Logue Trophy
1967	Dunbartonshire AAA Track Champions – Logue Trophy
1968	Dunbartonshire AAA Track Champions – Logue Trophy
1969	Dunbartonshire AAA Track Champions – Logue Trophy
1970	Dunbartonshire AAA Track Champions – Logue Trophy
1971	Dunbartonshire AAA Track Champions – Logue Trophy
1972	Dunbartonshire AAA Track Champions – Logue Trophy
1982	Dunbartonshire AAA Relay 4x200m Champions

9.10.2 DUNBARTONSHIRE AAA OUTDOOR 5KM TRACK CHAMPIONSHIPS

YEAR	HONOUR
2020	Cancelled due to COVID
2021	Cancelled due to COVID
2023	Dunbartonshire AAA 5km Track SNRM Team Champions James Wilkes, Craig Prior, Joe Fitzgibbon & James MacLeod
	Dunbartonshire AAA 5km Track SNRW Team Bronze Mary Senior, Kath Scott, Jill O'Neil & Lyndsay Kerrigan
2024	Dunbartonshire AAA 5km Track SNRM Team Champions Euan Convery, Craig Shields, Gavin Spence & Iain McFarlane
	Dunbartonshire AAA 5km Track SNRW Team Champions Lesley Bell, Gill Blee, Alison Wood & Kate Holmes

9.11 SPORTS HONOURS

9.11.1 SCOTTISH ATHLETICS NATIONAL AWARDS

YEAR	NAME	INDIVIDUAL HONOUR
2018	Garscube Harriers	Scottish Athletics Off Track Club of the Year
2024	Garscube Harriers	Scottish Athletics Off Track Club of the Year



Scottish Athletics Off Track Club of the Year 2024 Awards

9.11.2 ERIC LIDDELL RECOGNITION AWARD

YEAR	NAME	INDIVIDUAL HONOUR
2024	Stuart Irvine	Eric Liddell Award

9.11.3 SPORTS SCOTLAND AWARDS

YEAR	NAME	INDIVIDUAL HONOUR
2014	John Bell	Coach of the Year
	Tony Hall	Volunteer of the Year

9.11.4 GLASGOW SPORTS PERSON OF THE YEAR AWARDS

YEAR	NAME	INDIVIDUAL HONOUR
2014	Garscube Harriers	Club of the Year
2016	Jill O'Neil	Volunteer of the Year Commendation

9.11.5 SPORTS COUNCIL OF GLASGOW AWARDS

YEAR	NAME	INDIVIDUAL HONOUR
2012	Garscube Harriers	Accredited Club of the Year
2014	Tony Hall	Volunteer of the Year
	Robert Cuthbertson	Coach of the Year Senior Highly Commended
2015	Garscube Harriers	Development Club of the Year
	Darren McGowan	Young Volunteer of the Year Highly Commended
	Debbie Martin-Consani	Outstanding Performance International Highly Commended
2016	Del Young	Outstanding Performance Highly Commended
	Stevie Cullen	Services to Sport Lifetime Achievement Award
	Calum Esler	Young Volunteer of the Year Highly Commended
	Nicola Adam Hendry	Outstanding Individual Performance Highly Commended
	Robert Cuthbertson	Performance Development Coach Highly Commended



Development Club of the Year 2015



Stevie Cullen - Lifetime Achievement Award 2016

9.11.6 CLUBSPORT GLASGOW AWARDS

YEAR	NAME	INDIVIDUAL HONOUR
2024	Stuart Irvine	Service to Sport Award
	Finlay Ross-Davie	Individual Performance Domestic
	Garscube Harriers	Sports Club of the month - June



Stuart Irvine - Club Sport Glasgow Service to Sport Award 2024

10 ATHLETE HONOURS

10.1 WORLD INDIVIDUAL HONOURS

This section includes all individual honours outside the UK.

10.1.1 IAUM WORLD U20 CHAMPIONSHIPS

Icosathlon events consist of 20 events, including the 10 traditional decathlon events, along with 10 additional track and field events, known as the double decathlon.

The events include:

Track: 100m, 200m, 400m, 800m, 1500, 3000m, 5000m, 10000m, 110m hurdles, 200 hurdles, 400m hurdles & 3000m steeplechase.

Field: Long Jump, High Jump, Shot Put, Hammer Throw, Discus Throw, Javelin & Pole Vault

YEAR	NAME	INDIVIDUAL HONOUR
2013	Alasdair Stanley	IAUM World U20 Championships U20M Icosathlon Champion

10.1.2 WORLD MASTERS CHAMPIONSHIPS

This International Masters event includes Track, Cross Country and Road races.

YEAR	NAME	INDIVIDUAL HONOUR
2018	Katie White	World Masters Half Marathon W35 Silver – Malaga
2023	Norman Baillie	World Masters Cross Country 6k M75 Champion – Torun
		World Masters 10km Road M75 Champion – Torun

10.2 BRITISH CROSS COUNTRY INDIVIDUAL HONOURS

10.2.1 BRITISH MASTERS CROSS COUNTRY CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
2014	Lesley Chisholm	British Masters Cross Country W35 Champion
2025	James MacLeod	British Masters Cross Country W40 Silver

10.3 BRITISH ROAD INDIVIDUAL HONOURS

10.3.1 BRITISH MASTERS 10KM ROAD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
2013	Lesley Chisholm	British Masters 10km Road W35 Silver
2022	Katie White	British Masters 10km Road W40 Champion
	Colin Whitby	British Masters 10km Road M40 Champion
	Lesley Bell	British Masters 10km Road W45 Champion
	Ann White	British Masters 10km Road W70 Champion
	John Coyle	British Masters 10km Road M45 Bronze

10.4 BRITISH TRACK & FIELD INDIVIDUAL HONOURS

10.4.1 BRITISH INDOOR TRACK & FIELD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
1967	Les Piggot	British Indoor 60 yards SNRM Silver
1976	Les Piggot	British Indoor 60m SNRM Silver

10.4.2 BRITISH MASTERS INDOOR TRACK & FIELD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
2019	John Coyle	British Masters Indoor 3000m M45 Champion
2022	Dan Scroop	British Masters Indoor 800m M45 Bronze

10.4.3 BRITISH OUTDOOR TRACK & FIELD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
1927	Robert R Sutherland	British Outdoor Steeplechase SNRM Silver
1931	Robert R Sutherland	British Outdoor 4 mile SNRM Bronze
1933	Robert R Sutherland	British Outdoor 6 mile SNRM Silver
1937	W C Wylie	British Outdoor Steeplechase SNRM Champion
1964	Ming Campbell	British Outdoor 220 yards SNRM Champion
1965	Ming Campbell	British Outdoor 220 yards SNRM Silver British Outdoor 100 yards SNRM Bronze
1966	Ming Campbell	British Outdoor 200 yards SNRM Silver
1967	Ming Campbell	British Outdoor 200 yards SNRM Champion
1971	Les Piggot	British Outdoor 100m SNRM Silver
1972	Les Piggot	British Outdoor 100m SNRM Bronze
1973	Les Piggot	British Outdoor 100m SNRM Bronze

10.4.4 BRITISH MASTERS OUTDOOR TRACK & FIELD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
2016	Alex Chisholm	British Masters Outdoor 5000m M60 Silver
	Lesley Chisholm	British Masters Outdoor 5000m F40 Bronze
2022	Colin Whitby	British Masters Outdoor 1500m M40 Silver

10.5 SCOTTISH NATIONAL CROSS COUNTRY INDIVIDUAL HONOURS

10.5.1 SCOTTISH NATIONAL CROSS COUNTRY CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
1922	John Cuthbert	Scottish National Cross Country SNRM Bronze
1928	Robert Sutherland	Scottish National Cross Country JRM Champion
1930	Robert Sutherland	Scottish National Cross Country SNRM Silver
1931	Robert Sutherland	Scottish National Cross Country SNRM Silver
1932	Robert Sutherland	Scottish National Cross Country SNRM Silver
1934	Robert Sutherland	Scottish National Cross Country SNRM Silver
1936	Robert Sutherland	Scottish National Cross Country SNRM Silver
1937	Robert Sutherland	Scottish National Cross Country SNRM Bronze
1938	Roderick Mulgrew	Scottish National Cross Country U17M Bronze
1958	Douglas Gifford	Scottish National Cross Country U17M Bronze
1966	James Cook	Scottish National Cross Country U15B Silver
1967	James Cook	Scottish National Cross Country U17M Champion
2012	Catriona Grave	Scottish National Cross Country U15G Champion
2013	Catriona Grave	Scottish National Cross Country U17W Champion
2014	Catriona Grave	Scottish National Cross Country U17W Champion
2015	Catriona Grave	Scottish National Cross Country U20W Bronze
2017	Anya MacLean	Scottish National Cross Country U13G Silver
2018	Anya MacLean	Scottish National Cross Country U15G Bronze
2019	Fergus Currie	Scottish National Cross Country U13B Bronze
2019	Jack Trainer	Scottish National Cross Country U17M Silver
2022	Louisa Brown	Scottish National Cross Country U17W Champion
2023	James Alexander	Scottish National Cross Country U15B Silver
2024	Finlay Ross-Davie	Scottish National Cross Country U20M Silver
2025	James Alexander	Scottish National Cross Country U17M Silver

10.5.2 SCOTTISH NATIONAL CROSS COUNTRY CHAMPIONS

10.5.2.1 CATRIONA GRAVES

Catriona won the U15G championship in 2012, the U17W championship in 2013 and 2014.



Catriona Holding the U17W Lothian Trophy

10.5.2.2 LOUISA BROWN

Louisa won the U17W championship in 2022.



Louisa Brown winning the National XC U17 Title in 2022

10.5.2.3 **ROBERT R SUTHERLAND – GARSCUBE GREATEST XC RUNNER**

Robert R. Sutherland won the Scottish National Cross Country Junior Championship in 1928, finished 4th in the senior race, and went on to win 5 Scottish National Cross Country Senior silver medals in 1930, 1931, 1932, 1934, and 1936, along with one bronze in 1937.

Robert was an army sergeant and a physical education instructor, and he always represented Garscube in the individual championship, as army leave was never granted in time to meet the team entry deadlines. He missed the championships in 1933 and 1935 due to army duties.

He represented Scotland in the International Cross Country event on 7 occasions, winning 2 individual silver medals in 1930 and 1933, 2 team silver medals in 1931 and 1933, and 4 team bronze medals in 1928, 1930, 1934, and 1936.

Robert earned the title of Garscube Harriers Greatest Cross Country Runner by winning 15 major cross country medals—7 National and 8 International. He was probably the best "unknown" runner that Scotland has ever had.

All recorded results for Robert end in 1937, with the assumption that he was called for active duty during World War II.



10.5.3 SCOTTISH NATIONAL SHORT COURSE CROSS COUNTRY CHAMPIONSHIPS

The honours for Masters athletes are awarded in 10 year bands.

YEAR	NAME	INDIVIDUAL HONOUR
2009	Alasdair Stanley	Scottish National Short Course Cross Country U15B Silver
2010	Catriona Graves	Scottish National Short Course Cross Country U15G Silver
2011	Alasdair Stanley	Scottish National Short Course Cross Country U17M Silver
	Catriona Graves	Scottish National Short Course Cross Country U15G Champion
2012	Alasdair Stanley	Scottish National Short Course Cross Country U17M Champion
2013	Catriona Graves	Scottish National Short Course Cross Country U17W Bronze
2014	Catriona Graves	Scottish National Short Course Cross Country U20W Silver
	Robert McLennan	Scottish National Short Course Cross Country M50+ Silver
2016	Alex Chisholm	Scottish National Short Course Cross Country M60+ Champion
	Ann White	Scottish National Short Course Cross Country W60+ Silver
	Mary Cox	Scottish National Short Course Cross Country W60+ Bronze
	Lesley Chisholm	Scottish National Short Course Cross Country W40+ Bronze
2017	Anya MacLean	Scottish National Short Course Cross Country U15G Silver
	Ann White	Scottish National Short Course Cross Country W60+ Silver
2018	Ann White	Scottish National Short Course Cross Country W60+ Champion
	Lesley Chisholm	Scottish National Short Course Cross Country W40+ Silver
	Norman Baillie	Scottish National Short Course Cross Country M70+ Champion
	Dave Heppell	Scottish National Short Course Cross Country M70+ Bronze
2019	Ann White	Scottish National Short Course Cross Country W60+ Champion
	Robert McLennan	Scottish National Short Course Cross Country M60+ Silver
	Stuart Irvine	Scottish National Short Course Cross Country M70+ Bronze
2020	Louisa Brown	Scottish National Short Course Cross Country U17W Champion
2021	Louisa Brown	Scottish National Short Course Cross Country U17W Champion
	Ann White	Scottish National Short Course Cross Country W70+ Champion
	Lesley Bell	Scottish National Short Course Cross Country W40+ Silver
2022	Lesley Bell	Scottish National Short Course Cross Country W40+ Silver
2023	Anya MacLean	Scottish National Short Course Cross Country U20W Champion *
	Ann White	Scottish National Short Course Cross Country W70+ Champion
	Dan Scroop	Scottish National Short Course Cross Country M50+ Silver
2024	Ann White	Scottish National Short Course Cross Country W70+ Champion
	Lesley Bell	Scottish National Short Course Cross Country W40+ Champion
	John Coyle	Scottish National Short Course Cross Country M50+ Champion

*Represented Edinburgh University

10.5.4 SCOTTISH NATIONAL MASTERS CROSS COUNTRY CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
1972	Walter Ross	Scottish National Masters Cross Country M50 Bronze
1973	Walter Ross	Scottish National Masters Cross Country M50 Champion
1975	Walter Ross	Scottish National Masters Cross Country M50 Bronze
1979	Walter Ross	Scottish National Masters Cross Country M60 Bronze
2005	Lesley Chapman	Scottish National Masters Cross Country W50 Silver
2008	Kirsty Husband	Scottish National Masters Cross Country W40 Bronze
2015	Ann White	Scottish National Masters Cross Country W60 Champion
	Lesley Chisholm	Scottish National Masters Cross Country W40 Champion
2016	Alexander Chisholm	Scottish National Masters Cross Country M60 Bronze
	Lesley Chisholm	Scottish National Masters Cross Country W40 Champion
	Robert McLennan	Scottish National Masters Cross Country M55 Bronze
2017	Lesley Chisholm	Scottish National Masters Cross Country W40 Champion
2018	Lesley Chisholm	Scottish National Masters Cross Country W40 Bronze
	Ann White	Scottish National Masters Cross Country W65 Champion
2019	Lesley Chisholm	Scottish National Masters Cross Country W40 Champion
	Alexander Chisholm	Scottish National Masters Cross Country M60 Silver
2020	Ann White	Scottish National Masters Cross Country W65 Champion
	Norman Baillie	Scottish National Masters Cross Country M70 Bronze
2022	Lesley Bell	Scottish National Masters Cross Country W45 Champion
	Ann White	Scottish National Masters Cross Country W70 Champion
	Kath Scott	Scottish National Masters Cross Country W60 Bronze
	Alexander Chisholm	Scottish National Masters Cross Country M65 Bronze
2023	Lesley Bell	Scottish National Masters Cross Country W45 Champion
	Norman Baillie	Scottish National Masters Cross Country M75 Bronze
	Ann White	Scottish National Masters Cross Country M70 Champion
2024	John Coyle	Scottish National Masters Cross Country M50 Silver

10.5.5 SCOTTISH NATIONAL NOVICE CROSS COUNTRY CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
1921	William M McIntosh	Scottish National Novice Cross Country SNRM Silver
1923	John Girvan	Scottish National Novice Cross Country SNRM Silver
1924	Alexander J T McMorran	Scottish National Novice Cross Country SNRM Bronze
1925	Charles H Blue	Scottish National Novice Cross Country SNRM Bronze
1948	Joseph J Duffy	Scottish National Novice Cross Country SNRM Champion



Joseph J Duffy Winning the Scottish National Novice Championship 1948

10.6 SCOTTISH NATIONAL ROAD RACE INDIVIDUAL HONOURS

10.6.1 SCOTTISH NATIONAL 5KM ROAD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
2013	Lesley Chisholm	Scottish National 5km Road W40+ Bronze
2014	Catriona Graves	Scottish National 5km Road JRW Champion
2015	Lesley Chisholm	Scottish National 5km Road W40+ Champion
	Rob McLennan	Scottish National 5km Road M50+ Bronze
2016	Lesley Chisholm	Scottish National 5km Road W40+ Champion
2019	Lesley Chisholm	Scottish National 5km Road W40+ Champion
2022	Lesley Bell	Scottish National 5km Road W40+ Champion
	Finlay Ross-Davie	Scottish National 5km Road U20M Bronze
	Colin Whitby	Scottish National 5km Road M40+Bronze
2023	Lesley Bell	Scottish National 5km Road W40+ Silver
	Mia Padmanabhan	Scottish National 5km Road U20W Silver
	Finlay Ross-Davie	Scottish National 5km Road U20M Bronze
2024	Finlay Ross-Davie	Scottish National 5km Road U20M Champion Scottish National 5km Road SNRM Silver
	Mary Senior	Scottish National 5km Road W50+ Champion
	John Coyle	Scottish National 5km Road M50+ Champion

10.6.2 SCOTTISH NATIONAL 10KM ROAD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
2009	Kirsty Husband	Scottish National 10km Road W40+ Champion
2010	Kirsty Husband	Scottish National 10km Road W40+ Silver
	Mairi Stanley	Scottish National 10km Road W40+ Bronze
2012	Lesley Chisholm	Scottish National 10km Road W40+ Silver
2013	Lesley Chisholm	Scottish National 10km Road W40+ Champion
2019	Alexander Chalmers	Scottish National 10km Road M50+Bronze
2021	Mary Senior	Scottish National 10km Road W45+ Silver
2022	Kath Scott	Scottish National 10km Road W60+ Champion
	Norman Baillie	Scottish National 10km Road M70+ Silver
2023	Lesley Bell	Scottish National 10km Road W40+ Silver
	Mary Senior	Scottish National 10km Road W50+ Champion
	Kath Scott	Scottish National 10km Road W60+ Silver
	Colin Whitby	Scottish National 10km Road M40+ Silver
	Norman Baillie	Scottish National 10km Road M70+ Silver
	Finlay Ross-Davie	Scottish National 10km Road U20M Silver

10.6.3 SCOTTISH NATIONAL 10 MILE ROAD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
1921	John Cuthbert	Scottish National 10 Mile Road SNRM Champion
2014	Tony Hall	Scottish National 10 mile Road M60 Bronze
2016	Ann White	Scottish National 10 Mile Road W60 Champion
2017	Katie White	Scottish National 10 Mile Road SNW Champion
2018	Ann Clanachan	Scottish National 10 mile Road W60 Silver
2019	Norman Baillie	Scottish National 10 Mile Road M70 Champion
	Alex Chalmers	Scottish National 10 Mile Road M50 Silver
2022	Lesley Bell	Scottish National 10 Mile Road W45 Champion
	Ann White	Scottish National 10 Mile Road W70 Champion
	Colin Whitby	Scottish National 10 Mile Road M40 Silver
	Kath Scott	Scottish National 10 Mile Road W60 Silver
	Norman Baillie	Scottish National 10 Mile Road M70 Silver
2023	Athole Smith	Scottish National 10 Mile Road M60 Silver
	Mary Senior	Scottish National 10 Mile Road W50 Champion
2024	Mary Senior	Scottish National 10 Mile Road W50 Champion
	John Coyle	Scottish National 10 Mile Road M50 Silver
2025	Allan Jenkins	Scottish National 10 Mile Road M70 Silver

10.6.4 SCOTTISH NATIONAL HALF MARATHON ROAD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
2015	Lesley Chisholm	Scottish National Half Marathon Road W40+ Silver
2019	Katie White	Scottish National Half Marathon Road SNRW Champion
2022	Colin Whitby	Scottish National Half Marathon Road M40+ Champion
2025	Mary Senior	Scottish National Half Marathon Road W50+ Silver

10.6.5 SCOTTISH NATIONAL MARATHON ROAD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
1956	Alex Kidd	Scottish National Marathon Road SNRM Silver
1981	Davie Kerr	Scottish National Vets Marathon Road Champion
2014	Athole Smith	Scottish National Marathon Road M50+ Silver
2017	David Lindsay	Scottish National Marathon Road M40+ Champion
	Mairi Stanley	Scottish National Marathon Road W40+ Silver
	Katie White	Scottish National Marathon Road SNRW Bronze
2018	David Lindsay	Scottish National Marathon Road M40+ Bronze
2023	Mairi Stanley	Scottish National Marathon Road W50+ Champion
2024	Mairi Stanley	Scottish National Marathon Road W50+ Champion
	Nick Gemmell	Scottish National Marathon Road M50+ Champion
2025	Mairi Stanley	Scottish National Marathon Road W50+ Silver
	Debbie Martin-Consani	Scottish National Marathon Road W50+Bronze

10.6.6 SCOTTISH NATIONAL YOUNG ATHLETES' ROAD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
2011	Alistair Stanley	Scottish National YA Road U15B Silver
2012	Catriona Graves	Scottish National YA Road U15G Silver
2013	Catriona Graves	Scottish National YA Road U17W Bronze
2014	Catriona Graves	Scottish National YA Road U17W Champion
2017	Elliot Duff	Scottish National YA Road U15B Bronze
2019	Fergus Currie	Scottish National YA Road U13B Bronze
2022	Louisa Brown	Scottish National YA Road U17W Champion
	Erin Burnett	Scottish National YA Road U13G Champion
2025	James Alexander	Scottish National YA Road U17M Champion
	Connor Campbell	Scottish National YA Road U15B Silver

10.6.7 SCOTTISH NATIONAL 50KM ROAD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
2013	John McLaughlin	Scottish National 50k Road SNRM Bronze
	John McLaughlin	Scottish National 50k Road MSTRM Silver
	Sharon Law	Scottish National 50k Road SNRW Silver
	Sharon Law	Scottish National 50k Road MSTRW Silver

10.6.8 SCOTTISH NATIONAL 100KM ROAD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
2011	Debbie Martin-Consani	Scottish National 100k Road SNRW Bronze
2012	Marco Consani	Scottish National 100k Road SNRM Silver
	Marco Consani	Scottish National 100k Road MSTRM Silver
2013	Marco Consani	Scottish National 100k Road SNRM Silver
	Marco Consani	Scottish National 100k Road MSTRM Champion
2016	Marco Consani	Scottish National 100k Road SNRM Silver

10.7 SCOTTISH NATIONAL TRAIL RUNNING CHAMPIONSHIPS

10.7.1 SCOTTISH NATIONAL ULTRA TRAIL RUNNING CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
2011	Debbie Martin-Consani	Scottish National Ultra Trail Running SNRW Silver
	Marco Consani	Scottish National Ultra Trail Running MSTRM Silver
2012	Sharon Law	Scottish National Ultra Trail Running SNRW Silver
	Nicola Adams-Hendry	Scottish National Ultra Trail Running MSTRW Champion
2013	Nicola Adams-Hendry	Scottish National Ultra Trail Running MSTRW Champion
	Marco Consani	Scottish National Ultra Trail Running SNRM Bronze
2014	Debbie Martin-Consani	Scottish National Ultra Trail Running MSTRW Champion
2015	Debbie Martin-Consani	Scottish National Ultra Trail Running SNRW Silver
2016	Debbie Martin-Consani	Scottish National Ultra Trail Running SNRW Silver
	Nicola Adams-Hendry	Scottish National Ultra Trail Running SNRW Champion
	Donald McPartlin	Scottish National Ultra Trail Running SNRM Silver
2017	Nicola Adams-Hendry	Scottish National Ultra Trail Running SNRW Champion
	Donald McPartlin	Scottish National Ultra Trail Running SNRM Bronze
2018	Nicola Adams-Hendry	Scottish National Ultra Trail Running SNRW Bronze
	Sharon Law	Scottish National Ultra Trail Running MSTRW Champion

10.7.2 SCOTTISH NATIONAL MID DISTANCE RUNNING CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
2016	Ann White	Scottish National Mid Distance Running W60+ Champion
	Katie White	Scottish National Mid Distance Running SNRW Champion
	Cody Stevenson	Scottish National Mid Distance Running U17M Champion
	Alex Chisholm	Scottish National Mid Distance Running M60+ Silver
2017	Alex Chisholm	Scottish National Mid Distance Running M60+ Champion
	James Connelly	Scottish National Mid Distance Running U15B Champion
	Cody Stevenson	Scottish National Mid Distance Running U20M Silver
	Lorn Webster	Scottish National Mid Distance Running U17M Silver
	Katie White	Scottish National Mid Distance Running SNRW Bronze
	Ellie Hinks	Scottish National Mid Distance Running U15G Bronze
	Lesley Chisholm	Scottish National Mid Distance Running F40+ Silver
2018	Alex Chisholm	Scottish National Mid Distance Running M60+ Champion
	Anya MacLean	Scottish National Mid Distance Running U15G Champion
	Jack Trainer	Scottish National Mid Distance Running U17M Champion
	Alex Chalmers	Scottish National Mid Distance Running M50+ Silver
2019	Mia Padmanabhan	Scottish National Mid Distance Running U17W Silver
	Alex Chalmers	Scottish National Mid Distance Running M50+ Bronze
	Callum Miller	Scottish National Mid Distance Running U17M Bronze
2022	Louisa Brown	Scottish National Mid Distance Running U20W Champion
	James Alexander	Scottish National Mid Distance Running U15 Boys Silver
2024	Nick Gemmell	Scottish National Mid Distance Running M50+ Champion
	Louisa Brown	Scottish National Mid Distance Running U20 Champion
	Daniel Hendry	Scottish National Mid Distance Running U17M Champion
	Joe Butler	Scottish National Mid Distance Running U15B Champion

10.8 SCOTTISH NATIONAL TRACK & FIELD INDIVIDUAL HONOURS

10.8.1 SCOTTISH NATIONAL SENIOR/AGE GROUP INDOOR T&F CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
1973	Alan B MacDonald	Scottish National Indoor SNRM 600m Silver
1988	Richard Blair	Scottish National Indoor U15B Triple Jump Champion Scottish National Indoor U15B Long Jump Champion Scottish National Indoor U15B High Jump Champion
2013	Alasdair Stanley	Scottish National Indoor U20M Pentathlon Champion
2022	Louisa Brown	Scottish National Indoor SNRW 3000m Silver
	Lesley Bell	Scottish National Indoor SNRW 3000m Bronze
2023	Lesley Bell	Scottish National Indoor SNRW 1500m Silver

10.8.2 SCOTTISH NATIONAL MASTERS INDOOR TRACK & FIELD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
2014	Rob McLennan	Scottish National Masters Indoor 1500m M50 Silver
2015	Rob McLennan	Scottish National Masters Indoor 3000m M55 Silver
2016	Lesley Chisholm	Scottish National Masters Indoor 1500m W40 Champion Scottish National Masters Indoor 3000m W40 Champion
	Robert McLennan	Scottish National Masters Indoor 800m M55 Champion Scottish National Masters Indoor 1500m M55 Silver Scottish National Masters Indoor 3000m M55 Champion
	Alex Chisholm	Scottish National Masters Indoor 3000m M60 Silver
2019	Lesley Bell	Scottish National Masters Indoor 1500m W40 Champion Scottish National Masters Indoor 3000m W40 Champion
	Stevie Cullen	Scottish National Masters Indoor Shot Putt M60 Silver
	David Dickson	Scottish National Masters Indoor 200m M60 Bronze Scottish National Masters Indoor 400m M60 Bronze
	John Coyle	Scottish National Masters Indoor 1500m M45 Bronze
	Alex Chisholm	Scottish National Masters Indoor 1500m M60 Bronze
	Garry Mathew	Scottish National Masters Indoor 3000m M35 Bronze
	Robert McLennan	Scottish National Masters Indoor 3000m M55 Bronze
2020	Lesley Bell	Scottish National Masters Indoor 1500m W45 Champion
	Robert McLennan	Scottish National Masters Indoor 1500m M60 Bronze
2022	Lesley Bell	Scottish National Masters Indoor 1500m W45 Champion Scottish National Masters Indoor 3000m W45 Champion
	Colin Whitby	Scottish National Masters Indoor 1500m M40 Champion Scottish National Masters Indoor 3000m M40 Silver
	John Coyle	Scottish National Masters Indoor 3000m M45 Champion
	Danial Scroop	Scottish National Masters Indoor 800m M45 Silver
	Alex Chisholm	Scottish National Masters Indoor 1500m M65 Bronze
2023	James MacLeod	Scottish National Masters Indoor 800m M40 Bronze Scottish National Masters Indoor 1500m M40 Bronze
	John Coyle	Scottish National Masters Indoor 1500m M50 Champion Scottish National Masters Indoor 3000m M50 Champion
	Mary Senior	Scottish National Masters Indoor 1500m W50 Silver
	Robert McLennan	Scottish National Masters Indoor 1500m M60 Silver Scottish National Masters Indoor 3000m M60 Silver
	Alan Blair	Scottish National Masters Indoor 3000m M35 Silver
	Stephen Cullen	Scottish National Masters Indoor Shot M65 Bronze
2025	Colin Whitby	Scottish National Masters Indoor 1500m M40 Champion Scottish National Masters Indoor 3000m M40 Champion

10.8.3 SCOTTISH NATIONAL SENIOR/AGE GROUP OUTDOOR T&F CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
1903	James Scholes	Scottish National Outdoor Shot Put SNRM Silver Scottish National Outdoor Hammer SNRM Silver
1904	Samuel Kennedy	Scottish National Outdoor 1 mile SNRM Silver
1921	John Cuthbert	Scottish National Outdoor 10 mile SNRM Champion
1923	D Quinn	Scottish National Outdoor 10 mile SNRM Bronze
1930	Robert R Sutherland	Scottish National Outdoor 4 mile SNRM Champion Awarded the Crabbie Cup for the Most Meritorious Scottish Championship performance
1931	Robert R Sutherland	Scottish National Outdoor 4mile SNRM Champion
1933	Robert R Sutherland	Scottish National Outdoor 4 mile SNRM Champion
1934	Robert R Sutherland	Scottish National Outdoor 3 mile SNRM Silver
1936	W C Wylie	Scottish National Outdoor Steeplechase SNRM Champion
	David B Brooke	Scottish National Outdoor 10 mile SNRM Silver
	Robert R Sutherland	Scottish National Outdoor 6 mile SNRM Silver
1937	Robert R Sutherland	Scottish National Outdoor 2 mile Steeplechase SNRM Champion Scottish National Outdoor 6 mile SRNM Bronze
1946	Alex Hay	Scottish National Outdoor 3mileSNRM Silver
1947	Robert Smith	Scottish National Outdoor YTHM Mile Champion
	G Hamilton	Scottish National Outdoor High Jump YTHM Champion
1952	Donald MacDonald	Scottish National Outdoor 440 yards SNRM Silver
1953	Donald MacDonald	Scottish National Outdoor 440 yards SNRM Silver
1954	Donald MacDonald	Scottish National Outdoor 440 yards SNRM Silver
1955	Donald MacDonald	Scottish National Outdoor 440 yards SNRM Bronze
1956	Donald MacDonald	Scottish National Outdoor 440yards SNRM Bronze
1957	Donald MacDonald	Scottish National Outdoor 440 yard SNRM Bronze
1958	Donald MacDonald	Scottish National Outdoor 880 yards SNRM Champion
		Scottish National Outdoor 440 yards SNRM Silver
1961	Ming Campbell	Scottish National Outdoor 220 yards SNRM Bronze
		Scottish National Outdoor 440 yards SNRM Champion
1962	Ian B Tainish	Scottish National Outdoor Triple Jump Junior Champion
	Ming Campbell	Scottish National Outdoor 440 yards SNRM Champion Scottish National Outdoor 220 yards SNRM Silver
1963	Ming Campbell	Scottish National Outdoor 100 yards SNRM Champion
		Scottish National Outdoor 220 yards SNRM Champion Scottish National Outdoor 440 yards SNRM Champion
1964	Ming Campbell	Scottish National Outdoor 100 yards SNRM Champion Scottish National Outdoor 220 yards SNRM Champion Scottish National Outdoor 400 yards SNRM Champion
	Les Piggot	Scottish National Outdoor 100 yards SNRM Bronze
1965	R Wood	Scottish National Outdoor 880 yards YTHM Champion
	G Hamilton	Scottish National Outdoor High Jump YTHM Champion
	Ming Campbell	Scottish National Outdoor 100 yards SNRM Champion Scottish National Outdoor 220 yards SNRM Champion
	Les Piggot	Scottish National Outdoor 100 yards SNRM Silver
1966	Les Piggot	Scottish National Outdoor 100 yards SNRM Silver
1967	Les Piggot	Scottish National Outdoor 100 yards SNRM Silver
1968	Les Piggot	Scottish National Outdoor 100 yards SNRM Silver

Scottish National Outdoor Track & Field Championships Continued

YEAR	NAME	INDIVIDUAL HONOUR
1969	H Gillespie	Scottish National Outdoor 100m YTHM Champion
	Les Piggot	Scottish National Outdoor 100m SNRM Bronze
1970	Les Piggot	Scottish National Outdoor 100m SNRM Champion Scottish National Outdoor 200m SNRM Silver
	Russel Dunlop	Scottish National Outdoor 100m YTHM Champion
1971	Les Piggot	Scottish National Outdoor 100m SNRM Champion Scottish National Outdoor 200m SNRM Bronze
	Ian Murray	Scottish National Outdoor 100m YTHM Champion
	Alastair McLaughlin	Scottish National Outdoor 400m Boys Champion
1972	Les Piggot	Scottish National Outdoor 200m SNRM Champion
1973	Les Piggot	Scottish National Outdoor 100m SNRM Champion
1974	Kenny Macanna	Scottish National Universities 400m SNRM Champion
	Les Piggot	Scottish National Outdoor 100m SNRM Silver
1975	Les Piggot	Scottish National Outdoor 100m SNRM Silver
1976	Les Piggot	Scottish National Outdoor 100m SNRM Champion
	Derek F Leitch	Scottish National Outdoor 800m SNRM Silver
1978	Derek F Leitch	Scottish National Outdoor 800m SNRM Bronze
1988	Richard Blair	Scottish National Outdoor Triple Jump U15B Champion Scottish National Outdoor Long Jump U15B Champion Scottish National Outdoor High Jump U15B Champion
2011	Alastair Stanley	Scottish National Outdoor Decathlon U18 Silver
2012	Alastair Stanley	Scottish National Outdoor Decathlon U20 Champion
		Scottish National Outdoor 1500m SC U17M Silver Scottish National Outdoor Pole Vault U17M Silver
2021	Louisa Brown	Scottish National Outdoor 1500m U17 Champion Scottish National Outdoor 3000m U17 Champion
	Finlay Ross-Davie	Scottish National Outdoor 5000m U20 Silver
2023	Finlay Ross-Davie	Scottish National Outdoor 5000m U20 Champion
	James Alexander	Scottish National Outdoor 3000m U17M Silver
2024	James Alexander	Scottish National Outdoor 3000m U17M Champion
	Anya MacLean	Scottish National Eric Liddell Outdoor 5000m SNRW Silver
	Finlay Ross-Davie	Scottish National Eric Liddell Outdoor 5000m SNRM Bronze
	Connor Campbell	Scottish National Age Group Outdoor 1500m U15B Bronze
2025	Anya MacLean	Scottish National Outdoor 10000m SNRW Champion

10.8.4 SCOTTISH NATIONAL MASTERS OUTDOOR TRACK & FIELD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
2014	Lesley Chisholm	Scottish National Masters Outdoor 3000m F35 Champion
	Rob McLennan	Scottish National Masters Outdoor 1500m M55 Silver
2015	Rob McLennan	Scottish National Masters Outdoor 800m M55 Champion Scottish National Masters Outdoor 1500m M55 Champion Scottish National Masters Outdoor 10000m M55 Champion
	Stevie Cullen	Scottish National Masters Outdoor 400m M55 Champion Scottish National Masters Outdoor 800m M55 Silver
	David Dickson	Scottish National Masters Outdoor 10000m M55 Silver
2017	Lesley Chisholm	Scottish National Masters Outdoor 1500m W40 Champion
	Alex Chisholm	Scottish National Masters Outdoor 1500m M60 Champion
	Rob McLennan	Scottish National Masters Outdoor 1500m M55 Silver
2018	David Dickson	Scottish National Masters Outdoor 400m M60+ Champion Scottish National Masters Outdoor 800m M60 Silver Scottish National Masters Outdoor 10000m M60 Champion
	Paul O'Brien	Scottish National Masters Outdoor 800m M60 Champion
	Stevie Cullen	Scottish National Masters Outdoor Shot Putt M60 Champion
	Alex Chisholm	Scottish National Masters Outdoor 1500m M60 Bronze
2019	Dan Scroop	Scottish National Masters Outdoor 1500m M45 Bronze Scottish National Masters Outdoor 10000m M45 Bronze
	Rob McLennan	Scottish National Masters Outdoor 1500m M60 Bronze
2021	John Coyle	Scottish National Masters Outdoor 1500m M45 Champion Scottish National Masters Outdoor 10000m M45 Champion Scottish National Masters Outdoor 5000m M45 Silver
	Dan Scroop	Scottish National Masters Outdoor 800m M45 Silver Scottish National Masters Outdoor 1500m M45 Bronze
	Stevie Cullen	Scottish National Masters Outdoor Field Shot Putt M60 Bronze
2022	John Coyle	Scottish National Masters Outdoor 1500m M45 Champion Scottish National Masters Outdoor 5000m M45 Champion Scottish National Masters Outdoor 10000m M45 Bronze
	Colin Whitby	Scottish National Masters Outdoor 1500m M40 Silver Scottish National Masters Outdoor 5000m M40 Champion Scottish National Masters Outdoor 10000m M40 Champion
	Alan Blair	Scottish National Masters Outdoor 10000m M35 Silver
	Garry Mathew	Scottish National Masters Outdoor 10000m M40 Silver
2023	John Coyle	Scottish National Masters Outdoor 5000m M50 Champion
	Mary Senior	Scottish National Masters Outdoor 1500m W50 Champion
2024	John Coyle	Scottish National Masters Outdoor 10000m M50 Champion

10.9 SCOTTISH NATIONAL OFFICE BEARERS

This section is work in progress.

YEAR	NAME	INDIVIDUAL HONOUR
1903-05	William A McCaa	President National Cross Country Union of Scotland
1933-34	Condie Chalmers	President NXCU of Scotland President IXCU
1970	Ewan Murray	President Scottish Athletics Commonwealth Games Edinburgh 1970 Team Manager
	Walter Ross	Founder of the Scottish Veterans Harriers Club
	Bob Donald	President Scottish Veterans Harriers Club
2022- Present	Jill O'Neil	Scottish Athletics Board of Directors
2023-Present	John Bell	President Scottish Veterans Harriers Club

10.10 DISTRICT CROSS COUNTRY INDIVIDUAL HONOURS

10.10.1 WEST DISTRICT CROSS COUNTRY CHAMPIONSHIPS

Individual Masters medals are not awarded on age categories just overall.

YEAR	NAME	INDIVIDUAL HONOUR
1903	Sam Kennedy	West District Cross Country SNRM Champion
1922	Joseph McIntyre	West District Cross Country SNRM Silver
2004	Heather Akers	West District Cross Country MSTRW Bronze
2005	Heather Akers	West District Cross Country MSTRW Silver
	Lesley Chapman	West District Cross Country MSTRW Bronze
2008	Catriona Graves	West District Cross Country U13G Champion
2009	Catriona Graves	West District Cross Country U13G Bronze
	Alastair Stanley	West District Cross Country U15B Bronze
	Alison Winship	West District Cross Country MSTRW Bronze
2010	Mairi Stanley	West District Cross Country MSTRW Champion
2011	Catriona Graves	West District Cross Country U15G Bronze
	Alison Winship	West District Cross Country W40 W Bronze
2012	Catriona Graves	West District Cross Country U17W Champion
	Lesley Chisholm	West District Cross Country SNRW Silver West District Cross Country W35 Champion
	Alison Winship	West District Cross Country MSTRW Bronze
	Lesley Chisholm	West District Cross Country SNRW Bronze
2013	Catriona Graves	West District Cross Country U17W Silver
	Danielle Beattie	West District Cross Country U20W Silver
	Catriona Graves	West District Cross Country U20W Champion
2014	Eliot Duff	West District Cross Country U13B Silver
	Lesley Chisholm	West District Cross Country SNRW Silver West District Cross Country MSTRW Champion
2016	Lesley Chisholm	West District Cross Country MSTRW Champion
	Katie White	West District Cross Country SNRW Silver
	Finlay Ross-Davie	West District Cross Country U13B Bronze
	Anya MacLean	West District Cross Country U13G Bronze
2017	Anya MacLean	West District Cross Country U15G Champion
	Fergus Currie	West District Cross Country U13B Silver
	Lorn Webster	West District Cross Country U17M Silver
2018	Jack Trainer	West District Cross Country U17M Champion
	Lesley Chisholm	West District Cross Country MSTRW Silver
2019	Thomas Berry	West District Cross Country U20M Champion
	Anya MacLean	West District Cross Country U17W Bronze
2021	Louisa Brown	West District Cross Country U17W Champion
	Lesley Bell	West District Cross Country MSTRW Silver
2022	Erin Burnett	West District Cross Country U13G Champion
	Lesley Bell	West District Cross Country MSTRW Champion
	Katie White	West District Cross Country MSTRW Bronze
	James Alexander	West District Cross Country U15B Bronze
2023	James Alexander	West District Cross Country U17M Champion
	Lesley Bell	West District Cross Country MSTRW Champion
2024	Lesley Bell	West District Cross Country MSTRW Silver
	John Connelly	West District Cross Country MSTRM Silver

10.10.2 MIDLAND DISTRICT CROSS COUNTRY HONOURS

YEAR	NAME	INDIVIDUAL HONOUR
1930	Donald Urquhart	Midland District Cross Country SNRM Champion
1945	Robert Smith	Midland District Cross Country U17M Champion
1946	Robert Smith	Midland District Cross Country U17M Silver
1948	Fred Robertson	Midland District Cross Country U17M Silver
1957	William Scott	Midland District Cross Country U15B Silver
1965	Richard Wood	Midland District Cross Country U15B Silver
1967	James Cook	Midland District Cross Country U17M Champion

10.11 WEST DISTRICT ROAD INDIVIDUAL HONOURS**10.11.1 WEST DISTRICT 10KM ROAD CHAMPIONSHIPS**

YEAR	NAME	INDIVIDUAL HONOUR
2018	Katie White	West District 10km Road SNRW Champion
	Mary Senior	West District 10km Road W40+ Bronze
2022	Katie White	West District 10km Road SNRW Champion West District 10km Road W40+ Champion
	Finlay Finlay	West District 10km Road M40+ Champion
	Craig Shields	West District 10km Road M40+ Silver
	Frances Wardle	West District 10km Road SNRW Bronze
2023	Gill Blee	West District 10km Road W40+ Champion West District 10km SNRW Bronze
	Emma Blair	West District 10km Road W40+ Silver
	Finlay Finlay	West District 10km Road M40+ Bronze
2024	Craig Shields	West District 10km Road M40+ Silver
	Mary Senior	West District 10km Road W40+ Bronze
	Nick Gemmell	West District 10km Road M40+ Bronze

10.11.2 WEST DISTRICT 10 MILE ROAD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
2017	Katie White	West District 10 mile Road SNRW Champion
2022	Gill Blee	West District 10 mile Road W40+ Champion
	Mary Senior	West District 10 mile Road W40+ Silver
	Colin Whitby	West District 10 mile Road M40+ Silver
	Lesley Bell	West District 10 mile Road SNRW Bronze
2023	Lesley Bell	West District 10 mile Road SNRW Champion West District 10 Mile Road W40+ Champion
	Craig Shields	West District 10 mile Road M40 Champion
2024	Katie White	West District 10 mile Road SNRW Champion West District 10 mile Road W40+ Champion
2025	Gill Blee	West District 10 mile Road W40+ Bronze

10.12 WEST DISTRICT TRACK & FIELD INDIVIDUAL HONOURS**10.12.1 WEST DISTRICT TRACK & FIELD INDOOR CHAMPIONSHIPS**

YEAR	NAME	INDIVIDUAL HONOUR
1988	Richard Blair	West District Indoor U15B Triple Jump Champion West District Indoor U15B Long Jump Champion West District Indoor U15B High Jump Champion

10.12.2 WEST DISTRICT OUTDOOR TRACK & FIELD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
1982	Ian Murray	West District Outdoor 200m SNRM Champion
	Stevie Cullen	West District Outdoor 3000m Steeplechase Champion
1988	Richard Blair	West District Outdoor Triple Jump U15B Champion West District Outdoor Long Jump U15B Champion West District Outdoor High Jump U15B Champion
2013	Alasdair Stanley	West District Outdoor 400m Hurdles U17M Bronze
2014	Lesley Chisholm	West District Outdoor 1500m SNRW Bronze
2016	Anya McLean	West District Outdoor 1500m U13G Silver
2022	Erin Burnett	West District Outdoor 1500m U13G Champion
	Connor Campbell	West District Outdoor 1500m U13B Champion
	Lesley Bell	West District Outdoor 1500m SNRW Bronze

10.13 DUNBARTONSHIRE AAA CROSS COUNTRY INDIVIDUAL HONOURS

10.13.1 DUNBARTONSHIRE AAA CROSS COUNTRY CHAMPIONSHIP

YEAR	NAME	INDIVIDUAL HONOUR
1947	J J Duffy	Dunbartonshire AAA Cross Country YTHM Champion
	R Smith	Dunbartonshire AAA Cross Country YTHM Silver
	F Russell	Dunbartonshire AAA Cross Country YTHM Bronze
1961	C McLachlan	Dunbartonshire AAA Cross Country SNRM Bronze
1962	K Wilson	Dunbartonshire AAA Cross Country BOYS Silver
1963	K Wilson	Dunbartonshire AAA Cross Country YTHM Bronze
2006	Alison Winship	Dunbartonshire AAA Cross Country SNRW Champion
	Marian Kelly	Dunbartonshire AAA Cross Country SNRW Bronze
2007	Alistair Morrison	Dunbartonshire AAA Cross Country SNRM Champion
	Marc Austin	Dunbartonshire AAA Cross Country U15M Champion
	Alison Winship	Dunbartonshire AAA Cross Country SNRW Silver
	Fraser Knox	Dunbartonshire AAA Cross Country U11B Silver
2008	Catriona Graves	Dunbartonshire AAA Cross Country U13G Silver
	Alasdair Stanley	Dunbartonshire AAA Cross Country U13B Champion
2009	Carole Setchell	Dunbartonshire AAA Cross Country SNRW Champion
	Joe McKnight	Dunbartonshire AAA Cross Country SNRM Bronze
	Catriona Graves	Dunbartonshire AAA Cross Country U13G Silver
	Alasdair Stanley	Dunbartonshire AAA Cross Country U15B Silver
2010	Catriona Graves	Dunbartonshire AAA Cross Country U15G Champion
2013	Alasdair Stanley	Dunbartonshire AAA Cross Country U13B Champion
2014	Catriona Graves	Dunbartonshire AAA Cross Country U20W Champion
	Anya McLean	Dunbartonshire AAA Cross Country U11G Champion
2015	Elliot Duff	Dunbartonshire AAA Cross Country U15B Champion
	Arun Smith	Dunbartonshire AAA Cross Country U15B Silver
	Cody Stevenson	Dunbartonshire AAA Cross Country U17M Silver
	Emma Watson	Dunbartonshire AAA Cross Country U17W Silver
	Finlay Ross-Davie	Dunbartonshire AAA Cross Country U13B Bronze
	Fergus Currie	Dunbartonshire AAA Cross Country U11B Bronze
	Donald McPartlin	Dunbartonshire AAA Cross Country SNRM Bronze
2016	Mary Senior	Dunbartonshire AAA Cross Country M60 Champion
	Paul O'Brien	Dunbartonshire AAA Cross Country W50 Champion
	Fergus Currie	Dunbartonshire AAA Cross Country U11B Champion
	Finlay Ross-Davie	Dunbartonshire AAA Cross Country U13B Champion
	Anya McLean	Dunbartonshire AAA Cross Country U13G Champion
	Elliot Duff	Dunbartonshire AAA Cross Country U15B Champion
	James Trainer	Dunbartonshire AAA Cross Country U15B Silver
	Ellie Hinks	Dunbartonshire AAA Cross Country U15G Silver
	Lorn Webster	Dunbartonshire AAA Cross Country U17M Silver
	Murphy Hand	Dunbartonshire AAA Cross Country U15B Bronze

Dunbartonshire AAA Cross Country Championship Continued

YEAR	NAME	INDIVIDUAL HONOUR
2017	Katie White	Dunbartonshire AAA Cross Country SNRW Champion
	Mary Cox	Dunbartonshire AAA Cross Country W60 Champion
	Robert Morrison	Dunbartonshire AAA Cross Country M50 Champion
2018	Katie White	Dunbartonshire AAA Cross Country SNRW Champion
	Lesley Chisholm	Dunbartonshire AAA Cross Country W40 Champion
	Marco Consani	Dunbartonshire AAA Cross Country M50 Champion
	Alex Chisholm	Dunbartonshire AAA Cross Country M60 Champion
	James Alexander;	Dunbartonshire AAA Cross Country U11B Champion
	Rory Treharne	Dunbartonshire AAA Cross Country U11B Silver
	Lesley Bell	Dunbartonshire AAA Cross Country SNRW Silver
	Rory Beaton	Dunbartonshire AAA Cross Country U11B Bronze
	Charlie Treharne	Dunbartonshire AAA Cross Country U13B Bronze
Stephen Porteous	Dunbartonshire AAA Cross Country SNRM Bronze	
2019	Katie White	Dunbartonshire AAA Cross Country SNRW Champion
	Lesley Bell	Dunbartonshire AAA Cross Country W40 Champion
	John Coyle	Dunbartonshire AAA Cross Country M40 Champion
	Ann White	Dunbartonshire AAA Cross Country W60 Champion
	Rob McLennan	Dunbartonshire AAA Cross Country M60 Champion
	Chrisie Frances	Dunbartonshire AAA Cross Country U15G Champion
	Lesley Bell	Dunbartonshire AAA Cross Country SNRW Silver
	Danial Hendry	Dunbartonshire AAA Cross Country U11B Silver
Lucy Thomson	Dunbartonshire AAA Cross Country U15G Bronze	
2022	James Wilkes	Dunbartonshire AAA Cross Country SNRM Champion
	Lucy Donaldson	Dunbartonshire AAA Cross Country U20W Champion
	Crawford Smith	Dunbartonshire AAA Cross Country U20M Champion
	Gill Blee	Dunbartonshire AAA Cross Country SNRW Champion Dunbartonshire AAA Cross Country W40 Champion
	James MacLeod	Dunbartonshire AAA Cross Country M40 Champion
	Nick Gemmell	Dunbartonshire AAA Cross Country M50 Champion
	Kath Scott	Dunbartonshire AAA Cross Country W60 Champion
	Connor Campbell	Dunbartonshire AAA Cross Country U13B Champion
	Rory Treharne	Dunbartonshire AAA Cross Country U15B Champion
	Charlie Treharne	Dunbartonshire AAA Cross Country U17M Champion
	Euan Convery	Dunbartonshire AAA Cross Country SNRM Silver
	Theo Stalin	Dunbartonshire AAA Cross Country U13B Silver
Fraser Donaldson	Dunbartonshire AAA Cross Country U17M Silver	
Rob Nicol	Dunbartonshire AAA Cross Country U17M Bronze	
2023	James Wilkes	Dunbartonshire AAA Cross Country SNRM Champion
	Monica Blair	Dunbartonshire AAA Cross Country SNRW Champion
	Crawford Smith	Dunbartonshire AAA Cross Country U20M Champion
	Nick Gemmell	Dunbartonshire AAA Cross Country M50 Champion
	Lucy Donaldson	Dunbartonshire AAA Cross Country U20W Champion
	Max Connelly	Dunbartonshire AAA Cross Country U13B Silver
	Constance Gardiner	Dunbartonshire AAA Cross Country U11G Bronze

Dunbartonshire AAA Cross Country Championship continued

YEAR	NAME	INDIVIDUAL HONOUR
2024	Monica Blair	Dunbartonshire AAA Cross Country SNRW Champion
	Gill Blee	Dunbartonshire AAA Cross Country W40 Champion
	John Connelly	Dunbartonshire AAA Cross Country M40 Champion
	Lucy Donaldson	Dunbartonshire AAA Cross Country U20W Champion
	Fraser Donaldson	Dunbartonshire AAA Cross Country U20M Champion
	Nina Padmanabhan	Dunbartonshire AAA Cross Country U17W Champion?
	Daniel Hendry	Dunbartonshire AAA Cross Country U17M Champion
	Archie Loch	Dunbartonshire AAA Cross Country U15B Champion
	Sam Robertson	Dunbartonshire AAA Cross Country U13B Champion
	Niamh Rogers	Dunbartonshire AAA Cross Country U11G Champion
	Simon Sheridan	Dunbartonshire AAA Cross Country M50 Silver
	Jim McAneny	Dunbartonshire AAA Cross Country M60+ Silver
	Daniel Owens	Dunbartonshire AAA Cross Country U17M Silver
	Max Connelly	Dunbartonshire AAA Cross Country U15B Silver
	Brodie Burnett	Dunbartonshire AAA Cross Country U13B Silver
	Catriona Padmanabhan	Dunbartonshire AAA Cross Country W50 Bronze
	Keith Wall	Dunbartonshire AAA Cross Country M50 Bronze
	Kyle Thomson	Dunbartonshire AAA Cross Country U17M Bronze
	Eilidh Wilson	Dunbartonshire AAA Cross Country U17W Bronze
	Ruben Stewart	Dunbartonshire AAA Cross Country U15B Bronze
Sorley Gemmell	Dunbartonshire AAA Cross Country U13B Bronze	
Keyan Patel	Dunbartonshire AAA Cross Country U11B Bronze	

10.14 DUNBARTONSHIRE AAA ROAD INDIVIDUAL HONOURS**10.14.1 DUNBARTONSHIRE AAA 10KM ROAD CHAMPIONSHIPS**

YEAR	NAME	INDIVIDUAL HONOUR
2023	Lesley Bell	Dunbartonshire AAA 10km Road SNRW Champion Dunbartonshire AAA 10km Road W40 Champion
	Colin Whitby	Dunbartonshire AAA 10km Road SNRM Champion Dunbartonshire AAA 10km Road M40 Champion
	Mary Senior	Dunbartonshire AAA 10km Road W50 Champion
	Maureen O'Hara	Dunbartonshire AAA 10km Road W60+ Champion
	Nick Gemmell	Dunbartonshire AAA 10km Road M50 Champion
	Holly Smith	Dunbartonshire AAA 10km Road SNRW Silver
	Norman Baillie	Dunbartonshire AAA 10km Road M70 Voucher Prize
2024	James Wilkes	Dunbartonshire AAA 10km Road SNRM Champion
	Monica Blair	Dunbartonshire AAA 10km Road SNRW Champion
	Craig Shields	Dunbartonshire AAA 10km Road M40 Champion
	Mary Senior	Dunbartonshire AAA 10km Road W50 Champion
	Nick Gemmell	Dunbartonshire AAA 10km Road M50 Champion Dunbartonshire AAA 10km Road SNRM Bronze
	Joe Fitzgibbon	Dunbartonshire AAA 10km Road SNRM Silver
	Gill Blee	Dunbartonshire AAA 10km Road SNRW Bronze

10.14.2 DUNBARTONSHIRE AAA 10 MILE ROAD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
2023	Lesley Bell	Dunbartonshire AAA 10 mile Road W40 Champion Dunbartonshire AAA 10 mile Road SNRW Champion
	Craig Shields	Dunbartonshire AAA 10 mile Road M40+ Champion
	James Wilkes	Dunbartonshire AAA 10 mile Road SNRM Silver
	Alan Blair	Dunbartonshire AAA 10 mile Road SNRM Bronze
2024	Katie White	Dunbartonshire AAA 10 mile Road SNRW Champion Dunbartonshire AAA 10 mile Road W40 Champion
	Iain McFarlane	Dunbartonshire AAA 10 mile Road M40 Champion
	Moira Young	Dunbartonshire AAA 10 mile Road W60+ Champion
	Gavin Spence	Dunbartonshire AAA 10 mile Road SNRM Silver
2025	Gill Blee	Dunbartonshire AAA 10 mile Road SNRW Champion Dunbartonshire AAA 10 mile Road W40 Champion
	Aileen Wilson	Dunbartonshire AAA 10 mile Road W50 Champion
	Simon Sheridan	Dunbartonshire AAA 10 mile Road M50 Champion
	Craig Shields	Dunbartonshire AAA 10 mile Road M40 Silver

10.15 DUNBARTONSHIRE AAA TRACK & FIELD INDIVIDUAL HONOURS

10.15.1 DUNBARTONSHIRE AAA INDOOR TRACK & FIELD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
1988	Richard Blair	Dunbartonshire AAA Indoor Triple Jump U15B Champion Dunbartonshire AAA Indoor Long Jump U15B Champion Dunbartonshire AAA Indoor High Jump U15B Champion

10.15.2 DUNBARTONSHIRE AAA OUTDOOR TRACK & FIELD CHAMPIONSHIPS

YEAR	NAME	INDIVIDUAL HONOUR
1961	D McDonald	Dunbartonshire AAA Outdoor 440 yards SNRM Champion
	I Tainsh	Dunbartonshire AAA Outdoor 100 yards JNRM Champion Dunbartonshire AAA Outdoor 440 yards JNRM Champion
	D McAdam	Dunbartonshire AAA Outdoor 880 yards YTHM Champion
1964	Les Piggot	Dunbartonshire AAA Outdoor 100 yards SNRM Champion Dunbartonshire AAA Outdoor 220 yards SNRM Champion
	G Taylor	Dunbartonshire AAA Outdoor Shot Putt SNRM Champion Dunbartonshire AAA Outdoor Discus SNRM Champion Dunbartonshire AAA Outdoor Javelin SNRM Champion
1981	Ian Murray	Dunbartonshire AAA Outdoor 100m SNRM Champion Dunbartonshire AAA Outdoor 200m SNRM Champion
	Kenny Macanna	Dunbartonshire AAA Outdoor 400m SNRM Silver
	Stevie Cullen	Dunbartonshire AAA Outdoor 3000m Steeplechase SNRM Silver
	Dennis O'Reilly	Dunbartonshire AAA Outdoor 400m SNRM Bronze
1982	Billy Cassidy	Dunbartonshire AAA Outdoor 800m SNRM Bronze
	Ian Murray	Dunbartonshire AAA Outdoor 100m SNRM Champion
1988	Stevie Cullen	Dunbartonshire AAA Outdoor 3000m Steeplechase SNRM Champion
	Richard Blair	Dunbartonshire AAA Outdoor Triple Jump U15B Champion Dunbartonshire AAA Outdoor Long Jump U15B Champion Dunbartonshire AAA Outdoor High Jump U15B Champion
2015	Matthew O'Brien	Dunbartonshire AAA Outdoor 5000m U20 Champion
	Donald McPartlin	Dunbartonshire AAA Outdoor 5000m SNRM Silver
	Alan Blair	Dunbartonshire AAA Outdoor 5000m SNRM Bronze
2016	Donald Mc Partlin	Dunbartonshire AAA Outdoor 5000m SNRM Bronze
2017	Katie White	Dunbartonshire AAA Outdoor 5000m SNRW Champion
	Mary Senior	Dunbartonshire AAA Outdoor 5000m W40 Champion
	Garry Mathew	Dunbartonshire AAA Outdoor 5000m SNRW Champion
	David Linsay	Dunbartonshire AAA Outdoor 5000m M40 Champion Dunbartonshire AAA Outdoor 5000m SNRM Silver
	Cody Stevenson	Dunbartonshire AAA Outdoor 5000m U20M Champion Dunbartonshire AAA Outdoor 5000m SNRM Bronze

Dunbartonshire AAA Outdoor Track &Field Championship continued

YEAR	NAME	INDIVIDUAL HONOUR
2018	Rob McLennan	Dunbartonshire AAA Outdoor 5000m M50+ Champion
	Alex Parker	Dunbartonshire AAA Outdoor 5000m M60+ Champion
	Nighean Stevenson	Dunbartonshire AAA Outdoor 5000m W40+ Champion
	Mary Cox	Dunbartonshire AAA Outdoor 5000m W60+ Champion
	Laura Gray	Dunbartonshire AAA Outdoor 5000m SNRW Bronze
2019	Grant MacDonald	Dunbartonshire AAA Outdoor 5000m M40 Champion
	Malcolm Shepard	Dunbartonshire AAA Outdoor 5000m M50 Champion
	Paul O'Brien	Dunbartonshire AAA Outdoor 5000m M60 Champion
	Debbie Martin-Consani	Dunbartonshire AAA Outdoor 5000m W40 Champion Dunbartonshire AAA Outdoor 5000m SNRW Bronze
	Garry Mathew	Dunbartonshire AAA Outdoor 5000m SNRM Bronze
2023	James Wilkes	Dunbartonshire AAA Outdoor 5000m SNRM Champion
	James MacLeod	Dunbartonshire AAA Outdoor 5000m M40+ Champion
	Athole Smith	Dunbartonshire AAA Outdoor 5000m M60+ Champion
	Mary Senior	Dunbartonshire AAA Outdoor 5000m W50+ Champion
	Craig Prior	Dunbartonshire AAA Outdoor 5000m SNRM Silver
2024	Lesley Bell	Dunbartonshire AAA Outdoor 5000m SNRW Champion Dunbartonshire AAA Outdoor 5000m W40+ Champion
	Jim McAneny	Dunbartonshire AAA Outdoor 5000m M60+ Champion
	Euan Convery	Dunbartonshire AAA Outdoor 5000m SNRM Bronze
	Gill Blee	Dunbartonshire AAA Outdoor 5000m SNRW Silver

11 CLUB CROSS COUNTRY HONOURS BOARD

11.1 MEN'S CROSS COUNTRY CHAMPIONS

The Men's Cross Country Championship Champion is awarded the **John Cuthbert Trophy**, which was first presented in the 1942-1943 season.

John Cuthbert served as club president from 1940 to 1946 and represented Canada at the 1924 Olympic Games in both the 10km and Marathon events. He repeated this achievement by representing Canada at the 1934 British Empire Games, competing in both distances. In 1921, he won the Scottish 10-Mile Road Championship.

The Men's Cross Country Championship was originally an organized club event but was later changed to a National Cross Country Championship event in recent years.

There is no record of what trophy was awarded to the Men's Cross Country Champion from 1898 to 1942.



John Cuthbert Trophy

YEAR	CHAMPION
1898-1899	James Girvan
1899-1900	William Kirkwood
1900-1901	Sam Kennedy
1901-1902	Sam Kennedy
1902-1903	Sam Kennedy
1903-1904	Sam Kennedy
1904-1905	Sam Kennedy
1905-1906	Sam Kennedy
1906-1907	Sam Carson
1907-1908	Sam Carson
1908-1909	William Magee
1909-1910	William Magee
1910-1911	Adam Veitch
1911-1912	Thomas McTurk
1912-1913	Adam Veitch
1913-1914	J Creelman
1914-1919	The Great War
1919-1920	John Cuthbert
1920-1921	John Cuthbert

Men's Cross Country Champions continued

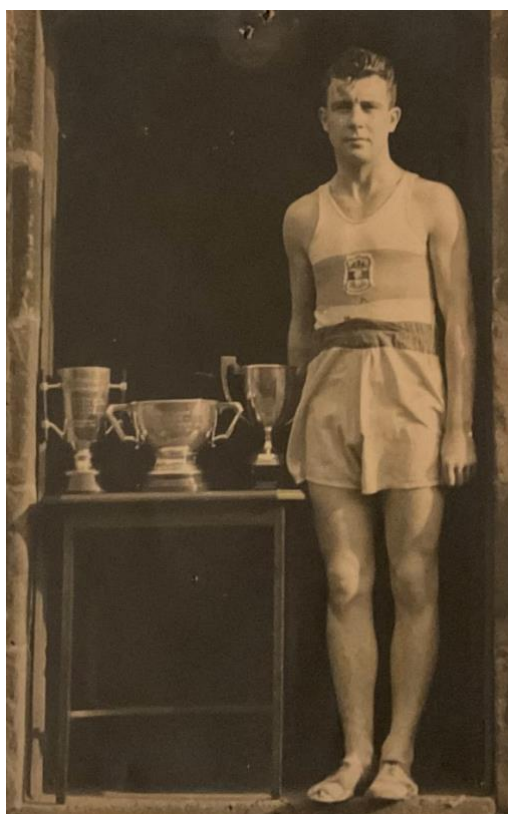
YEAR	CHAMPION
1921-1922	John Cuthbert
1922-1923	Joe McIntyre
1923-1924	D Quinn
1924-1925	A J T McMorran
1925-1926	Dan Quinn
1926-1927	Dan Quinn
1927-1928	Charles H Blue
1928-1929	John Girvin
1929-1930	John Girvin
1930-1931	John Girvin
1931-1932	Donald Urquhart
1932-1933	John Girvin
1933-1934	John Girvin
1934-1935	Donald Urquhart
1935-1936	W Gowans
1936-1937	Donald Urquhart
1937-1938	D B Brooke
1938-1939	R McKie
1939-1940	R J Mulgrew
1940-1941	A Hay
1941-1942	R J Mulgrew
1942-1943	A Hay
1943-1944	A M Donnet
1944-1945	Alex Kidd
1945-1946	A Hay / A L Hay - Dead Heat
1946-1947	R J Mulgrew
1947-1948	Alex Kidd
1948-1949	Alex Kidd
1949-1950	Alex Kidd
1950-1951	Alex Kidd
1951-1952	Alex Kidd
1952-1953	Alex Kidd
1953-1954	Gordon A Dunn
1954-1955	Gordon A Dunn
1955-1956	Gordon A Dunn
1956-1957	Stan Horn
1957-1958	Stan Horn
1958-1959	D Spencer
1959-1960	J M Barrowman
1960-1961	J Linn
1961-1962	Stan Horn
1962-1963	R M Russell
1963-1964	Dougie Spencer
1964-1965	David A Kerr
1965-1966	David A Martin
1966-1967	David A Martin
1967-1968	David A Martin
1968-1969	David A Martin
1969-1970	David A Martin

Men's Cross Country Champions continued

YEAR	CHAMPION
1970-1971	Tommy Wiseman
1971-1972	Tommy Wiseman
1972-1973	Tommy Wiseman
1973-1974	Tommy Wiseman
1974-1975	Tommy Wiseman
1975-1976	Tommy Wiseman
1976-1977	Tommy Wiseman
1977-1978	Tommy Wiseman
1978-1979	Tommy Wiseman
1979-1980	Tommy Wiseman
1980-1981	A J McCall
1981-1982	Stevie Cullen
1982-1983	Stevie Cullen
1983-1984	Stevie Cullen
1984-1985	David S Geddes
1985-1986	Stevie Cullen
1986-1987	Tommy Wiseman
1987-1988	David S Geddes
1988-1989	David S Geddes
1989-1990	Gregor Gilmour
1990-1991	Stevie Cullen
1991-1992	Gregor Gilmour
1992-1993	Stevie Cullen
1993-1994	David S Geddes
1994-1995	David S Geddes
1995-1996	David S Geddes
1996-1997	Iain Cullen
1997-1998	David S Geddes
1998-1999	Iain Cullen
1999-2000	David S Geddes
2000-2001	Iain Cullen
2001-2002	Iain Cullen
2002-2003	Stephen Mulrine
2003-2004	Iain Cullen
2004-2005	Lindsay Cunningham
2005-2006	Greg Hastie
2006-2007	Lindsay Cunningham
2007-2008	Alasdair Morrison
2008-2009	D Price
2009-2010	Ben Melby
2010-2011	Ben Melby
2011-2012	Ben Melby
2012-2013	Ben Melby
2013-2014	Chris Devine
2014-2015	Del Young
2015-2016	Alan Blair
2016-2017	Kevin Liddle
2017-2018	Garry Mathew

Men's Cross Country Champions continued

YEAR	CHAMPION
2018-2019	Donald McPartlin
2019-2020	Donald McPartlin
2020-2021	Not contested due to COVID
2021-2022	Alan Blair
2022-2023	Alan Blair
2023-2024	Alan Blair
2024-2025	James MacLeod

**Alex Kidd**

7 time Club XC Champion & 6 time Club National XC Champion
Alex winning the club treble in season 1944/45
Henderson Cup, Condie Chalmers Trophy & John Cuthbert Trophy

11.2 FIRST GARSCUBE HARRIER IN THE NATIONAL XC CHAMPIONSHIPS

The McMorran Shield was presented by J.T. McMorran in 1929 for annual competition among first-team members in the National Cross Country Championship.

In 2025, it was awarded as the handicap prize in the National Cross Country Championship, following the change of the John Cuthbert Club Cross Country Championship from a club event to a national event in recent years.



McMorran Shield

YEAR	CHAMPION
1929	J Girvin
1930	J Girvin
1931	J Girvin
1932	D Urquhart
1933	J Girvin
1934	J Girvin
1935	D Urquhart
1936	D B Brooke
1937	D Urquhart
1938	D B Brooke
1939	R McKie
1940-1946	Not Contested during World War 2
1947	A Hay
1948	Alex Kidd
1949	Alex Kidd
1950	Alex Kidd
1951	Alex Kidd
1952	Alex Kidd
1953	Alex Kidd
1954	Gordon A Dunn
1955	Gordon A Dunn
1956	Gordon A Dunn

First Garscube Harrier in National Cross Country Championship continued

YEAR	CHAMPION
1957	Gordon Dickson
1958	Stan Horn
1959	Dougie Spencer
1960	Stan Horn
1961	J Linn
1962	G Dickson
1963	Stan Horn
1964	Stan Horn
1965	David Kerr
1966	J M Barrowman
1967	J M Barrowman
1968	David A Martin
1969	David A Martin
1970	David A Martin
1971	Tommy Wiseman
1972	Stuart Polwart
1973	J S Irvine
1974	Tommy Wiseman
1975	Tommy Wiseman
1976	Tommy Wiseman
1977	Tommy Wiseman
1978	Tommy Wiseman
1979	J Barrowman
1980	R Wilson
1981	A J McCall
1982	Stevie Cullen
1983	David A Kerr
1984	Stevie Cullen
1985	No Record
1986	No Record
1987	T Murray
1988	David S Geddes
1989	No Record
1990	Gregor Gilmour
1991	David S Geddes
1992	Gregor Gilmour
1993	Peter McGlynn
1994	J Weir
1995	Fred Wallace
1996	David S Geddes
1997	A Lees
1998	David S Geddes
1999	David S Geddes
2000	Iain Cullen
2001	Iain Cullen
2002	Iain Cullen

First Garscube Harrier in National Cross Country Championship continued

YEAR	CHAMPION
2003	Lindsay Cunningham
2004	Robert McLennan
2005	Lindsay Cunningham
2006	Greg Hastie
2007	Lindsay Cunningham
2008	Alistair Morrison
2009	Joe McKnight
2010	Joe McKnight
2011	Ben Melby
2012	Stephen Mulrine
2013	Marco Consani
2014	Donald McPartlin
2015	Chris Devine
2016	Alan Blair
2017	Kevin Liddle
2018	Garry Mathew
2019	Donald McPartlin
2020	Donald McPartlin
2021	Cancelled due to COVID
2022	Alan Blair
2023	Alan Blair
2024	Alan Blair
2025	Keith Wall

11.3 WOMEN'S CROSS COUNTRY CHAMPIONS

The Women's Cross Country champion is awarded the Alex Kidd Trophy, which was donated by the Kidd family in memory of Alex.

Alex was an outstanding Cross Country runner, winning the club XC Championship on seven occasions and finishing as the first Garscube Harrier in the National Cross Country Championship six times.

The trophy was first awarded during the 2001–2002 season. Initially, the competition was an organized club event but has since been incorporated into the National XC event in recent years.



Alex Kidd Trophy

YEAR	CHAMPION
2001-2002	Janet McColl
2002-2003	Heather Akers
2003-2004	Heather Akers
2004-2005	Alison Winship
2005-2006	Alison Winship
2006-2007	Alison Winship
2007-2008	Heather McIntosh
2008-2009	Alison Winship
2009-2010	Alison Winship
2010-2011	Alison Winship
2011-2012	Marion Kelly
2012-2013	Diane Clark
2013-2014	Laura Devine
2014-2015	Marian Kelly
2015-2016	Lesley Chisholm
2016-2017	Katie White
2017-2018	Katie White
2018-2019	Katie White
2019-2020	Frances Wardle
2020-2021	Not Contested due to COVID
2021-2022	Lesley Bell
2022-2023	Katie White
2023-2024	Monica Blair
2024-2025	Monica Blair

11.4 MCCA CUP CHAMPIONS

After retiring as President of Garscube Harriers, Mr. William A. McCaa was elected President of the National Cross Country Union of Scotland in 1903, a post he held for two years.

His love for Cross Country running remained a central part of his life, and in 1929, he donated the McCaa Cup to the club for an Cross Country race to be contested annually over six miles. The trophy is now awarded to the West District Cross Country Championship race handicap winner.

The cup was contested by male competitors between 1929 and 2001.

First Winner: William McGookin in 1929.

Four-time winner (and coach) Steve Cullen: 1979, 1984, 1987, and 1998.

In 2001, Hazel Watson, Sara Dunlop, Janet McColl, and Jill O'Neil became the first females to take part in the competition. They claimed the first four handicap positions, with Jill O'Neil becoming the first female winner of the McCaa Cup.



McCaa Cup

YEAR	CHAMPION
1929	W McGookin
1930	T Mitchell
1931	J A S Thomson
1932	W Geddes
1933	W McMurdo
1934	W Murdock
1935	T Armstrong
1936	W Gowan
1937	T Gourlay
1938	C A Burns
1939	R J Mulgrew
1940	T G Gourlay
1941	John Cuthbert
1942	E Farrell
1943	A L Hay

McCaa Cup Champions continued

YEAR	CHAMPION
1944	T Gourlay
1945	R J Mulgrew
1946	J A S Edwards
1947	T Barton
1948	A W Warton
1949	W T Robertson
1950	E S Murray
1951	G A Dunn
1952	Joseph J Duffy
1953	Gordon A Dunn
1954	J Linn
1955	G Dickson
1956	B Linn
1957	D MacFadyen
1958	Douglas Spencer
1959	J M Barrowman
1960	A W Warton
1961	J A S Blackhouse
1962	R Sharp
1963	J M Stewart
1964	A W Warton
1965	D Martin
1966	D Calderwood
1967	G Dickson
1968	A Kidd
1969	James Cook
1970	S Polwart
1971	A P W Maxwell
1972	A MacDonald
1973	A P W Maxwell
1974	D Kerr
1975	G Dickson
1976	A J McCall
1977	J M Barrowman
1978	Alan B MacDonald
1979	Stevie Cullen
1980	W Cassidy
1981	David S Geddes
1982	W S Ritchie
1983	J G McLaughlin
1984	Stevie Cullen
1985	Dougie Spencer
1986	S Clements
1987	Stevie Cullen
1988	T Murray
1989	Gregor Gilmour
1990	Gregor Gilmour

McCaa Cup Champions continued

YEAR	CHAMPION
1991	C Blackwood
1992	David Heppell
1993	Fred Wallace
1994	W Marshall
1995	David S Geddes
1996	John Dryden
1997	John Dryden
1998-1999	Stevie Cullen
1999-2000	W Marshall
2000-2001	Iain Cullen
2001-2002	Jill O'Neil
2002-2003	Hazel Watson
2003-2004	Heather Akers
2004-2005	Carlie Kilshaw Snr
2005-2006	Annmarie Cullen
2006-2007	Marco Consani
2007-2008	Alasdair Morrison
2008-2009	Davis Dickson
2009-2010	A MacGregor
2010-2011	Kieran MacLaughlin
2011-2012	Alex Chalmers
2012-2013	Marco Consani
2013-2014	Marco Consani
2014-2015	Martha Lovatt
2015-2016	Marian Kelly
2016-2017	Katie White
2017-2018	Caroline Dow
2018-2019	Garry Mathew
2019-2020	Debbie Martin-Consani
2020-2021	Cancelled due to COVID
2021-2022	Melanie McCahill
2022-2023	Maureen Campbell
2023-2024	Grant MacDonald
2024-2025	Martha Lovatt

11.5 HENDERSON CUP CHAMPIONS

The Henderson Cup was donated by the Henderson family in memory of James Henderson

James was a club athlete, trainer, and committee member during the 1920s and 1930s.

The Henderson Cup is awarded to the handicap winner in a club-organised cross country race.

The inaugural race in the 1935–1936 season was won by Walter T. Ross, who is the leading trophy winner, having won it five times over a 30-year period.

The first female to win the trophy was Karen Ann Stevenson, in the 2004–2005 season.



Henderson Cup

YEAR	CHAMPION
1935-1936	Walter T Ross
1936-1937	Walter T Ross
1937-1938	T Simms
1938-1939	T McGinley
1939-1940	Roderick J Mulgrew
1940-1941	Roderick J Mulgrew
1941-1942	Walter J Ross
1942-1943	Roderick J Mulgrew
1943-1944	J Gunn
1944-1945	Alex Kidd
1945-1946	Walter J Ross
1946-1947	D G Causon
1947-1948	T McGinlay
1948-1949	A Gold
1949-1950	J A Duffy
1950-1951	Gordon A Dunn
1951-1952	D Coupland
1952-1953	J Linn
1953-1954	Stan Horn
1954-1955	D G Carson
1955-1956	A L McKenzie
1956-1957	A W Warton
1957-1958	Dougie Spence
1958-1959	J M Barrowman

Henderson Cup Champions Continued

YEAR	CHAMPION
1959-1960	A W Warton
1960-1961	G Dickson
1961-1962	Alex Kidd
1962-1963	A J Dougan
1963-1964	Stan Horn
1964-1965	Walter J Ross
1965-1966	Walter J Ross
1966-1967	D A Martin
1967-1968	Tommy Wiseman
1968-1969	David A Martin
1969-1970	David A Kerr
1970-1971	Tommy Wiseman
1971-1972	J S Irvine
1972-1973	W S Ritchie
1973-1974	G Dickson
1974-1975	G Clarke
1975-1976	Stevie Cullen
1976-1977	Tommy Wiseman
1977-1978	Tommy Wiseman
1978-1979	No Record
1979-1980	No Record
1980-1981	Kenny C Macanna
1981-1982	David S Geddes
1982-1983	Stevie Cullen
1983-1984	No Record
1984-1985	R Mollins
1985-1986	Stevie Cullen
1986-1987	T Murray
1987-1988	L Smith
1988-1989	David Heppell
1989-1990	D Gilmour
1990-1991	J Weir
1991-1992	D Gilmour
1992-1993	S Sheridan
1993-1994	D S Irvine
1994-1995	J Weir
1995-1996	No Record
1996-1997	Stevie Cullen
1997-1998	David G Geddes
1998-1999	Ian Cullen
1999-2000	C Russell
2000-2001	Kenny C Macanna
2001-2002	John R Austin
2002-2003	Ian Mennie
2003-2004	David S Geddes
2004-2005	Karen A Stevenson
2005-2006	David S Geddes
2006-2007	Marco Consani
2007-2008	James Taylor
2008-2009	James Taylor
2009-2010	David S Geddes
2010-2011	Diane Cooper

Henderson Cup Champions Continued

YEAR	CHAMPION
2011-2012	Adam Taylor
2012-2013	Dermot Williamson
2013-2014	Scott McPherson
2014-2015	Chloe McAdam
2015-2016	Stephen Porteous
2016-2017	Paddy Gibbons
2017-2018	Theresa Miln
2018-2019	Mark Thistlethwaite
2019-2020	Suzanna Rae
2020-2021	Cancelled due to COVID
2021-2022	Cancelled due to COVID
2022-2023	Gavin Spence
2023-2024	Kieran Daw
2024-2025	Jennifer Sorbie

11.6 NOVICE CROSS COUNTRY CHAMPIONS

The Novice Cross Country Championship was contested from the 1898–1899 season to the 1948–1949 season. This competition was open only to senior athletes who had never previously won a club championship. In the 1949–1950 season, the trophy was repurposed for the Junior Cross Country Championship.

YEAR	CHAMPION
1898-1899	W Kirkwood
1899-1900	W Girvin
1900-1901	W Connell
1901-1902	Thomas McLusky
1902-1903	R McDonald
1903-1904	P Robertson
1904-1905	J McNair
1905-1906	J Jardine
1906-1907	Thomas McTurk
1907-1908	W Magee
1908-1909	Adam Veitch
1909-1910	W Hobbs
1910-1911	J Buchanan
1911-1912	J Henderson
1912-1913	H Carmichael
1913-1914	J Boyle
1914-1915	H Wright
1915-1919	The Great War
1919-1920	H Macauley
1920-1921	W M McIntosh
1921-1922	James Purves
1922-1923	D B H Elliot
1923-1924	Alexander J T McMorran
1924-1925	Charles H Blue
1925-1926	John Cuthbert
1926-1927	A K Menzies
1927-1928	David B Brooke
1928-1929	L Lindsay
1929-1930	T Daily
1930-1931	A D MacDonald
1931-1932	Robert McKie
1932-1933	W Regan
1933-1934	William Gowans
1934-1935	D Thomson
1935-1936	J Fleming
1936-1937	A Geddes
1937-1938	B Mulgrew
1938-1939	J McDougall
1939-1940	Adam Veitch (Road Race)
1940-1941	P McGrath (Road Race)
1941-1942	P McGrath
1942-1943	Arthur W Warton
1943-1944	Adam Veitch
1944-1945	J McSmall
1945-1946	P G Jewell
1946-1947	D Murray
1947-1948	Joseph J Duffy
1948-1949	J McGarrity

11.7 MEN'S MASTERS CROSS COUNTRY CHAMPIONS

The David Kerr Memorial Trophy was donated by the Kerr family in memory of David. The trophy is awarded to the first Garscube Harrier in the Men's Scottish National Masters Cross Country Championship age group category M40-M64.

Age group category M65+ champions were officially recognised in 2020, with the champion receiving a monetary award.

The inaugural race took place in the 1990 season and was won by D. Hepplewhite

In 2022, the trophy was retired due to its poor condition and replaced with a glass individual award for the winner, known as the David Kerr Memorial Award.



David Kerr Memorial Trophy

YEAR	M40-M64 CHAMPION	M65+ CHAMPION
1990	D Hepplewhite	
1991	T Murray	
1992	T Murray	
1993	Peter McGlynn	
1994	David Heppell	
1995	I Dunn	
1996	Stuart Irvine	
1997	David S Geddes	
1998	David S Geddes	
1999	David S Geddes	
2000	David S Geddes	
2001	David S Geddes	
2002	Alex Parker	
2003	J Weir	
2004	Benny McLaughlin	
2005	Benny McLaughlin	
2006	David S Geddes	
2007	Euan Mackay	
2008	Lindsay Cunningham	
2009	Euan Mackay	
2010	Euan Mackay	
2011	John Bell	
2012	Stephen Mulrine	
2013	No Competitor	

David Kerr Memorial Winners continued

YEAR	M40-M64 CHAMPION	M65+ CHAMPION
2014	Tony Hall	
2015	David Dickson	
2016	Robert McLennan	
2017	No Competitors	Norman Baillie
2018	Alex Chalmers	No Competitor
2019	John Coyle	Norman Baillie
2020	Finlay Finlay	Norman Baillie
2021	Not Contested due to COVID	Not Contested due to COVID
2022	Garry Mathew	Alex Chisholm
2023	John Coyle	David Dickson
2024	James MacLeod	Paul O'Brien
2025	James MacLeod	David Dickson

11.8 WOMEN'S MASTERS CROSS COUNTRY CHAMPIONS

The first Garscube Harrier in the Women's Scottish National Masters Cross Country Championship age group category W40-W64 was awarded a monetary prize until the trophy levelling-up exercise in 2020. From 2022 onwards, the winner is awarded a glass individual award known as the David Kerr Memorial Award.

Age group category W65+ champions were officially recognized in 2018, with the champion receiving a monetary award.

YEAR	W40-W64 CHAMPION	W65+ CHAMPION
2015	Lesley Chisholm	No Competitors
2016	Lesley Chisholm	No Competitors
2017	Lesley Chisholm	No Competitors
2018	Lesley Chisholm	Ann White
2019	Lesley Chisholm	No Competitors
2020	Julie Gordon	Ann White
2021	Not Contested due to COVID	Not Contested due to COVID
2022	Lesley Bell	Ann White
2023	Lesley Bell	Ann White
2024	Katie White	Ann White
2025	Katie White	Ann White

12 CLUB ROAD CHAMPIONSHIP HONOURS BOARD

12.1 WOMEN'S 5KM ROAD CHAMPIONS

The Women's 5k Road Championship is contested at the Scottish National 5k Championship race.

The award was officially recognised in 2019 with the champion receiving a monetary award.

YEAR	CHAMPION
2012	Lesley Chisholm
2013	Lesley Chisholm
2014	Catriona Graves
2015	Lesley Chapman
2016	Lesley Chisholm
2017	No Competition
2018	Alison Wood
2019	Lesley Chisholm
2020	Not Contested due to COVID
2021	Not Contested due to COVID
2022	Lesley Bell
2023	Lesley Bell
2024	Louisa Brown

12.2 WOMEN'S 5 MILE ROAD CHAMPIONS

The Women's 5 mile Road Champion is awarded the Walter J. Ross Memorial Road Championship Trophy, which was donated by the Ross family.

Walter served as club Secretary for two years (1934–1936) and was a two-time winner of the Henderson Cup.

The trophy was contested over 5 miles until the 2019–2020 season, when the distance was changed to 10 km.



Walter J Ross Memorial Road Championship Trophy

YEAR	CHAMPION
2001-2002	Janet McColl
2002-2003	Mairi Stanley
2003-2004	Fiona Sharp & Julia Brosnan
2004-2005	Alison Winship
2005-2006	Heather Akers
2006-2007	Marian Kelly
2007-2008	Alison Winship
2008-2009	Carole Gilmour
2009-2010	Kirsty Husband
2010-2011	Kirsty Husband
2011-2012	Lesley Chisholm
2012-2013	Lesley Chisholm
2013-2014	Laura Devine
2014-2015	Laura Devine
2015-2016	Lesley Chisholm
2016-2017	Emma Blair
2017-2018	Laura Gray
2018-2019	Laura Gray

12.3 WOMEN'S 10KM ROAD CHAMPIONS

The Walter J Ross Memorial Trophy was awarded to the 10K Road Champion instead of the 5mile Road Champion from season 2019/2020

YEAR	CHAMPION
2005	Heather Ackers
2006	Alison Winship
2007	Alison Winship
2008	Kirsty Husband
2009	Kirsty Husband
2010	Lesley Chisholm
2011	Lesley Chisholm
2012	Katie White
2013	Katie White
2014	Lesley Chisholm
2015	Lesley Chisholm
2016	Lesley Chisholm
2017	Mary Senior
2018	Katie White
2019-2020	Katie White
2020-2021	Not Contested due to COVID
2021-2022	Not Contested due to COVID
2022-2023	Katie White
2023-2024	Lesley Bell
2024-2025	Monica Blair

12.4 WOMEN'S HALF MARATHON ROAD CHAMPIONS

The Women's Half Marathon Championship is contested over the Glasgow Half Marathon/Great Scottish Run Half Marathon or another licensed Half Marathon.

The champion receives a monetary award.

YEAR	CHAMPION
2006	Alison Winship
2007	Alison Winship
2008	Alison Winship
2009	Alison Winship
2010	Mairi Stanley
2011	Katie White
2012	Katie White
2013	Barbara Anderson
2014	Morag Casey
2015	Lesley Chisholm
2016	Katie White
2017	Katie White
2018	Laura Gray
2019	Katie White
2020	Not Contested due to COVID
2021	Not Contested due to COVID
2022	Emma Blair
2023	Monica Blair
2024	Gill Blee

12.5 WOMEN'S MARATHON ROAD CHAMPIONS

The Women's Marathon Champion is the athlete with the fastest female road marathon performance of the year, in accordance with the Summer League rules. In 2005 and 2006, the title was awarded to the athlete with the fastest marathon time of the year.

The Women's Marathon Club record is held by Katie White, with a time of 2:41:31.

YEAR	CHAMPION
2005	Lesley Chapman
2006	Carole Setchell
2007	Rachel Stevenson
2008	Katherine Graham
2009	Marian Kelly
2010	Charlotte Wilson
2011	Gail Beaton
2012	Barbara Anderson
2013	Katie White
2014	Katie White
2015	Nicola Adams Hendry
2016	Katie White
2017	Katie White
2018	Katie White
2019	Katie White
2020	Not Contested due to COVID
2021	Ann White
2022	Emily Tomasso
2023	Gill Blee
2024	Monica Blair

12.6 MEN'S 5K ROAD CHAMPIONS

The Men's 5km Road Championship is contested at the Scottish National 5km Road Championship race.

The champion receives a monetary award.

YEAR	CHAMPION
2011	Andy Griffiths
2012	Alex Chisholm
2013	Alex Chisholm
2014	Not Contested
2015	Robert McLennan
2016	Del Young
2017	Craig Shields
2018	A Kearns
2019	John Coyle
2020	Not Contested due to COVID
2021	Not Contested due to COVID
2022	Finlay Ross-Davie
2023	Finlay Ross-Davie
2024	James Alexander

12.7 MEN'S 5 MILE ROAD CHAMPIONS

The Men's Road Champion is awarded the Condie Chalmers Trophy.

Condie was a dedicated servant to the club, serving as President for 29 years, making him the longest-serving President in our history.

The trophy was contested over 5 miles until the 2019–2020 season, when the distance was changed to 10k.

David S Geddes is the leading trophy winner, with an impressive 14 victories.



Condie Chalmers Trophy

YEAR	CHAMPION
1943-1944	A M Donnet
1944-1945	Alex Kidd
1945-1946	A L Hay
1946-1947	A L Hay
1947-1948	Arthur W Warton
1948-1949	Alex Kidd
1949-1950	R Smith
1950-1951	Joseph J Duffy
1951-1952	Joseph J Duffy
1952-1953	D Coupland
1953-1954	Gordon A Dunn
1954-1955	Gordon A Dunn
1955-1956	Stan Horn
1956-1957	Stan Horn
1957-1958	Stan Horn
1958-1959	Dougie Spencer
1959-1960	J M Barrowman
1960-1961	Dougie Spencer

Condie Chalmers 5 mile Champions continued

YEAR	CHAMPION
1961-1962	Neil MacIver
1962-1963	David A Martin
1963-1964	David A Martin
1964-1965	David A Kerr
1965-1966	David A Kerr
1966-1967	J M Barrowman
1967-1968	Tommy Wiseman
1968-1969	J M Barrowman
1969-1970	Tommy Wiseman
1970-1971	Tommy Wiseman
1971-1972	Tommy Wiseman
1972-1973	Tommy Wiseman
1973-1974	Alan B MacDonald
1974-1975	G Clarke
1975-1976	D F Leitch
1976-1977	D F Leitch
1977-1978	J M Barrowman
1978-1979	Tommy Wiseman
1979-1980	Tommy Wiseman
1980-1981	A J McCall
1981-1982	David S Geddes
1982-1983	David S Geddes
1983-1984	David S Geddes
1984-1985	David S Geddes
1985-1986	David S Geddes
1986-1987	David S Geddes
1987-1988	David S Geddes
1988-1989	David S Geddes
1989-1990	D Gilmour
1990-1991	David S Geddes
1991-1992	David S Geddes
1992-1993	David S Geddes
1993-1994	David S Geddes
1994-1995	David S Geddes
1995-1996	Fred Wallace
1996-1997	A Lees
1997-1998	David S Geddes
1998-1999	Ian Cullen
1999-2000	Ian Cullen
2000-2001	Ian Cullen
2001-2002	Ian Cullen
2002-2003	Stephen Mulrine
2003-2004	Ian Cullen
2004-2005	Lindsay Cunningham
2005-2006	Greg Hastie
2006-2007	Lindsay Cunningham
2007-2008	Lindsay Cunningham
2008-2009	Linsay Cunningham
2009-2010	Ben Melby
2010-2011	Joe McKnight
2011-2012	Euan Geddes

Condie Chalmers 5 mile Champions continued

YEAR	CHAMPION
2012-2013	Nick Heaney
2013-2014	Nick Heaney
2014-2015	Chris Devine
2015-2016	Del Young
2016-2017	Alasdair MacMillan
2017-2018	Cody Stevenson
2018-2019	Gavin Hinde

12.8 MEN'S 10KM ROAD CHAMPIONS

The Condie Chalmers Trophy has been contested over the 10km road distance since the 2019–2020 season.

YEAR	CHAMPION
2006	Lindsay Cunningham
2007	Lindsay Cunningham
2008	Ben Melby
2009	Danny Price
2010	Ben Melby
2011	Stephen Mulrine
2012	Ben Melby
2013	Alex Chalmers
2014	Chris Devine
2015	Garry Mathew
2016	Del Young
2017	David Lindsay
2018	Garry Mathew
2019-2020	Garry Mathew
2020-2021	Not Contested due to COVID
2021-2022	Not Contested due to COVID
2022-2023	Donald McPartlin
2023-2024	Colin Whitby
2024-2025	James Wilkes

12.9 MEN'S HALF MARATHON ROAD TO CHAMPIONS

The Men's Half Marathon Road Championship is contested over the Glasgow Half Marathon/Great Scottish Run Half Marathon, or another Scottish Athletics-licensed Half Marathon.

The champion receives a monetary award.

YEAR	CHAMPION
2006	Marco Consani
2007	Alastair Morrison
2008	Ben Melby
2009	Joe McKnight
2010	Ben Melby
2011	John McLaughlin
2012	Ben Melby
2013	Euan Geddes
2014	Chris Devine
2015	Del Young
2016	Del Young
2017	Garry Mathew
2018	Garry Mathew
2019	Mattia Mancinelli
2020	Not Contested due to COVID
2021	Not Contested due to COVID
2022	Colin Whitby
2023	Euan Convery
2024	Joe Fitzgibbon

12.10 FIRST GARSCUBE HARRIER IN THE GREAT SCOTTISH RUN

The **First Garscube Harrier** in the Great Scottish Run was introduced in 1983 for competition in the Glasgow Marathon. The marathon was discontinued in 1987, and the award was then given to the first finisher in the Great Scottish Run Half Marathon. In 1989 and 1990, the distance was changed to 25 km to celebrate Glasgow being named the European City of Culture.



Great Scottish Run Shield

YEAR	CHAMPION
1983	David S Geddes
1984	David S Geddes
1985	David S Geddes
1986	B Gleeson
1987	J Collington
1988	Tommy Murray
1989	Tommy Murray
1990	J Weir
1991 to 1994	Currently no Information available
1995	John McLaughlin
1996	S Hassocks
1997	Ian Cullen
1998	Currently no Information available
1999	G McCrae
2000	David S Geddes
2001	Ian Cullen
2002	Alec Parker
2003	C McKay
2004	C McKay
2005	Lindsay Cunningham
2006	Marco Consani
2007	Alastair Morrison
2008	Ben Melby
2009	Joe McKnight
2010	Ben Melby
2011	Joe McLaughlin

First Garscube Harrier in the Great Scottish Run Continued

YEAR	CHAMPION
2012	Ben Melby
2013	Euan Geddes
2014	Chris Devine
2015	Del Young
2016	Del Young
2017	Garry Mathew
2018	Garry Mathew
2019	Mattia Mancinelli
2020	Not Contested due to COVID
2021	Not Contested due to COVID
2022	Colin Whitby
2023	Euan Convery
2024	Joe Fitzgibbon

12.11 MEN'S MARATHON ROAD CHAMPIONS

The Men's Marathon Champion is the athlete with the fastest male road marathon performance of the year, in accordance with the Summer League rules.

Unfortunately, we have no record of marathon champions prior to 2007.

The Tommy Wiseman Memorial Trophy was donated by the Wiseman family and introduced in 2019 to recognise the fastest male marathon performance of the year, in line with the Summer League rules.

The first recipient of the trophy was Kevin Liddle in 2018.

The Men's Marathon record holder is David S Geddes, with a time of 2:27:18.



Tommy Wisemen Memorial Trophy

YEAR	CHAMPION
2007	Marco Consani
2008	Marco Consani
2009	Euan Geddes
2010	Euan Geddes
2011	Ben Melby
2012	Marco Consani
2013	Euan Geddes
2014	Euan Geddes
2015	Chris Devine
2016	Euan Geddes
2017	David Lindsay
2018	Kevin Little
2019	Kevin Little
2020	Not Contested due to COVID
2021	Not Contested due to COVID
2022	Donald McPartlin
2023	Nicholas Gemmell
2024	Nicholas Gemmell

13 CLUB MOST MERITORIOUS HONOURS BOARD

13.1 MOST MERITORIOUS PERFORMANCE DURING THE YEAR

The Duncan J. Kerr Memorial Bowl was awarded for the Most Meritorious Performance of the year.

In 2022, the trophy was retired due to its poor condition and replaced with a glass individual award for the winner, known as the Duncan J. Kerr Memorial Award.



Duncan J Kerr Memorial Bowl

YEAR	CHAMPION
1986	T Chalmers
1987	Currently no Information available
1988	Currently no Information available
1989	Stevie Cullen
1990	T Gorman
1991	Ian Dunn
1992	Stephen Sheridan
1993	W Marshall
1994	John Dryden
1995	Currently no Information available
1996	W Cassidy
1997	William Fus
1998	Currently no Information available
1999	Currently no Information available
2000	Ian Dunn
2001	Heather Watson
2002	Margaret A Douglas
2003	G Hartley
2004	Lesley Chapman
2005	Ian Eccles
2006	Marco Consani
2007	Carole Gilmour
2008	Debbie Martin-Consani

Most Meritorious Performance during the year champions continued.

YEAR	CHAMPION
2009	Joe McKnight
2010	Debbie M Consani
2011	Debbie M Consani
2012	Catriona Graves
2013	Catriona Graves
2014	Catriona Graves
2015	Tony Hall
2016	Del Young
2017	Katie White
2018	Katie White
2019	Barbara Watt
2020	James Alexander
2021	Louisa Brown
2022	Louisa Brown
2023	Lesley Bell
2024	Finlay Ross-Davie
2025	Finlay Ross-Davie

13.2 MOST MERITORIOUS FEMALE MARATHON



**Trophy and Gail with best friends Jill O’Neil and Marian Kelly
Scottish 10 mile SNRW Team Champions 2013**

The Gail Beaton Memorial Trophy was donated by the Beaton family and friends in the spirit of Gail, who trained for and ran the marathon in her personal best time of 3:10:27. It was introduced in the 2018 marathon season to recognize the female athlete who achieved the most meritorious marathon performance from October 1 to September 30, in accordance with the Summer League rules for that year.

The first recipient of the trophy was Katie White in 2019.

YEAR	CHAMPION
2019	Katie White
2020	Not Contested due to COVID
2021	Not Contested due to COVID
2022	Gill Blee
2023	Aileen Wilson
2024	Monica Blair

13.3 MOST MERITORIOUS MALE MARATHON

This award was first presented in the 2018–2019 season to the male athlete who achieved the most meritorious marathon performance from 01 October to 30 September, in accordance with the Summer League rules for that year.

The first recipient of the trophy was Ian Thomson in 2019.

YEAR	CHAMPION
2019	Ian Thomson
2020	Not Contested due to COVID
2021	Not Contested due to COVID
2022	Craig Shields
2023	Euan Convery
2024	Iain McFarlane

14 CLUB TRACK AND FIELD HONOURS BOARD

14.1 NON RECORDED MENS IMPERIAL/METRIC TRACK &FIELD EVENTS

We have no record of Imperial or Metric track race distances and field performances, except for club records from 1954 to 1968. The club records in Section 3 cover the following race distances and field events:

- 75 yards
- 220 yards
- 300 yards
- 440 yards
- 880 yards
- 2 miles
- 3 miles
- 6 miles
- 120 yard hurdles
- 440 yard hurdles
- Long Jump
- High Jump
- Hop, Step & Jump
- Javelin
- Discus
- 3000 metres Steeplechase

14.2 100 YARDS TRACK CHAMPIONS

The Members Memorial Bowl 1939–1945 was awarded to the 100-yard track champion in memory of those who lost their lives during the Second World War. In 1969, after the UK switched to metric distances, the memorial trophy was repurposed to award the track 100m champion.

The club record holder for 100 yards was Ming Campbell, with a time of 9.6 seconds.

YEAR	CHAMPION
1946	J Small
1947	D Y Clark
1948	D Y Clark
1949	W C O'Kane
1950	W C O'Kane
1951	D MacDonald
1952	D MacDonald
1953	D MacDonald
1954	D MacDonald
1955	D MacDonald
1956	R Jackson
1957	D MacDonald
1958	D MacDonald
1959	D MacDonald
1960	A Brown
1961	Ming Campbell
1962	Les Piggot
1963	Les Piggot
1964	Les Piggot
1965	Les Piggot
1966	A Brown
1967	W Ritchie
1968	J Fisher

14.3 MEN'S 100 METRE TRACK CHAMPIONS

As with the 100 yards, the Members Memorial Bowl 1939–1945 was awarded for the 100m distance from 1969, when the UK switched to metric measurements.

The trophy was lost sometime on or before 2011, and as a result, we unfortunately have no data from 1975 to 2006. Information from 2007 onwards has been recorded on the club awards sheets.

YEAR	CHAMPION
1969	J Fisher
1970	J Carmichael
1971	R Dunlop
1972	R Dunlop
1973	R Dunlop
1974	D O'Reilly
1975 - 2006	No Data -Trophy Lost
2007	Paul Consani
2008	Paul Consani
2009	No Record
2010	Chris Devine
2011	Gary Goldie
2012	Les Piggot JNR
2013	Alastair Stanley
2014	Alastair Stanley
2015	Garry Mathew
2016-2019	Not Contested or No data from Track League
2020 -2021	Not Contested due to COVID
2022-2025	Not Contested

14.4 WOMEN'S 100 METRE TRACK CHAMPIONS

The inaugural Women's 100m Track Championship was contested in 2007.

However, the competition as a championship has not been held since 2011 due to the introduction of the Women's Track League and a reduction in track championship events at the club.

YEAR	CHAMPION
2007	Alison Winship
2008	Not Contested
2009	Laura Devine
2010	Charlotte Wilson
2011	Laura Devine
2012-2019	Not Contested or No data from Track League
2020-2021	Not Contested due to COVID
2022-2025	Not Contested

14.5 MEN'S 200 METRE TRACK CHAMPIONS



The 200 Metres Track Trophy was presented to the club by Mr. and Mrs. B. Morrison in 1990 for the club's 200m track championship. This race has not been contested since 2019.

YEAR	CHAMPION
1990	M Harbison
1991	M Harbison
1992	A Morrison
1993	F Wallace
1994	F Wallace
1995	A Morrison
1996	D Dunn
1997	A Morrison
1998	M Harbison
1999	Stevie Cullen
2000	C Russell
2001	Stevie Cullen
2002	Stephen Mulrine
2003	Ian Cullen
2004	Jim McAneny
2005	Paul Consani
2006	Paul Consani
2007	Not Contested
2008	Paul Consani
2009	Paul Consani
2010	Paul Consani
2011	Not Contested
2012	M Sogbanmu
2013	Alastair Stanley
2014	Alastair Stanley
2015	C McKay
2016	Calum Esler
2017	Garry Mathew
2018	Garry Mathew
2019	David Carr
2020-2021	Not Contested Due to COVID
2022-2025	Not Contested

14.6 WOMEN'S 200 METRE TRACK CHAMPIONS

There are no records of the Women's 200m Track Championship being contested before 2009

The competition has been discontinued as a championship since 2012, following the introduction of the Women's Track League and a reduction in track championship events at the club.

YEAR	CHAMPION
2007	Not Contested
2008	Not Contested
2009	Karen A McLennan
2010	Alison Winship
2011	Not Contested
2012	Vicky Moore
2013-2019	Not Contested or No data due to Track League
2020 2021	Not Contested Due to COVID
2022-2025	Not Contested

14.7 MEN'S 400 METRE TRACK CHAMPIONS

The Donald Urquhart Trophy was presented to the club by the Urquhart family in 1990 for the club's 400m track championship.

This race has not been contested since 2015.



Donald Urquhart Trophy

YEAR	CHAMPION
1976	Kenny C Macanna
1977	Kenny C Macanna
1978	D O'Reilly
1979	Kenny C Macanna
1980	Ian Murray
1981	Kenny C Macanna
1982	Ian Murray
1983	D O'Reilly
1984	Ian Murray
1985	Ian Murray
1986	Ian Murray
1987	Ian Murray
1988-1990	Not Contested
1991	Kenny C Macanna
1992	A Morrison
1993	Fred Wallace
1994	Fred Wallace
1995	Kenny C Macanna
1996	Kenny C Macanna
1997	Not Contested
1998	M Harbison
1999	Stevie Cullen
2000	Stevie Cullen
2001	Alasdair Morrison
2002	Stephen Mulrine
2003	Jim McAneny
2004	Stephen Mulrine
2005	Stephen Mulrine
2006	Paul Consani
2007	Not Contested

Donald Urquhart Trophy continued

YEAR	CHAMPION
2008	Ben Melby
2009	Ben Melby
2010	Chris Devine
2011	D Robertson
2012	Marco Consani
2013	Alastair Stanley
2014	Alastair Stanley
2015	Calum McKay
2016-2019	Not Contested
2020 2021	Not Contested Due to COVID
2022-2025	Not Contested

14.8 WOMEN'S 400 METRE TRACK CHAMPIONS

There are no records of the Women's 400m Track Championship being contested before 2009.

The competition as a championship has not been held since 2011, following the introduction of the Women's Track League and a reduction in track championship events at the club.

YEAR	CHAMPION
2009	Laura Devine
2010	Charlotte Wilson
2011	Laura Devine
2012-2019	Not Contested or No data due to Track League
2020 2021	Not Contested Due to COVID
2022-2025	Not Contested

14.9 MEN'S & WOMENS 800 METRE TRACK CHAMPIONS

There are no records of the Women's and Men's 800m Track Championships being contested before 2009.

The competition has not been held as a championship since 2012, following the introduction of the Women's and Men's Track Leagues and a reduction in track championship events at the club.

YEAR	MEN'S CHAMPION	WOMEN'S CHAMPION
2007	Alastair Morrison	Alison Winship
2008	Paul Consani	No Contested
2009	Paul Consani	Jill O'Neil
2010	Paul Consani	Alison Winship
2011	Stephen Mulrine	Not Contested
2012	M Sogbanmu	Katie White
2013-2019	Not Contested or No data due to Track League	Not Contested or No data due to Track League
2020 2021	Not Contested Due to COVID	2020 2021
2022-2025	Not Contested	2022-2025

14.10 MEN'S 1 MILE TRACK CHAMPIONS

The Men's 1 mile track champion is awarded the Members Memorial Trophy 1939 -1945(1 Mile). This trophy has been contested either over 1500m (metric mile) or 1 mile over the years.



Members Memorial Trophy 1939 -1945 (1 Mile)

YEAR	CHAMPION
1946	Arthur W Warton
1947	Robert Smith
1948	Robert Smith
1949	Fred R Robertson
1950	Joseph J Duffy
1951	Joseph J Duffy
1952	Joseph J Duffy
1953	Fred R Robertson
1954	Fred R Robertson
1955	Stan Horn
1956	D Paton
1957	Stan Horn
1958	Euan S Murray
1959	Dougie Spencer
1960	Dougie Spencer
1961	Neil MacIver
1962	Neil MacIver
1963	David A Martin
1964	David A Martin
1965	David A Kerr
1966	David A Kerr
1967	James Cook
1968	Alan B MacDonald
1969	Alan B MacDonald
1970	Alan B MacDonald
1971	Alan B MacDonald
1972	Alan B MacDonald
1973	Alan B MacDonald
1974	D R Leitch

Members Memorial Trophy 1939 -1945 (1 Mile) Continued

YEAR	MALE CHAMPION
1975	D R Leitch
1976	R Wilson
1977	Tommy Wiseman
1978	Tommy Wiseman
1979	Tommy Wiseman
1980	Tommy Wiseman
1981	Kenny C Macanna
1982	Kenny C Macanna
1983	James G Geddes
1984	Stevie Cullen
1985	A McLachlan
1986	Kenny C Macanna
1987	R Weir
1988	R Weir
1989	Gregor Gilmour
1990	Stevie Cullen
1991	Stevie Cullen
1992	Jim McAneny
1993	Jim McAneny
1994	Stevie Cullen
1995	Jim McAneny
1996	Fred Wallace
1997	Stevie Cullen
1998	G Macrae
1999	Stevie Cullen
2000	Ian Cullen
2001	Stephen Mulrine
2002	Stephen Mulrine
2003	Jim McAneny
2004	Stephen Mulrine
2005	Stephen Mulrine
2006	Stephen Mulrine
2007	Stephen Mulrine
2008	Ben Melby
2009	Ben Melby
2010	Chris Devine
2011	Stephen Mulrine
2012	Marco Consani
2013	Alastair Stanley
2014	Alastair Stanley
2015	Garry Mathew
2016	Garry Mathew
2017	Garry Mathew
2018	Garry Mathew
2019	David Carr
2020-2021	Not Contested due to COVID
2022	James Wilkes
2023	James Wilkes
2024	James Wilkes

14.11 WOMEN'S 1 MILE TRACK CHAMPIONS

There are no records of the Women's 1-mile Track Championship being contested before 2009. This championship was not held between 2012 and 2021 due to the introduction of the Women's Track League, a reduction in track championship events, and the impact of COVID-19. The winner receives a monetary award.

YEAR	CHAMPION
2009	Laura Devine
2010	Charlotte Wilson
2011	Laura Devine
2012-2019	Not Contested or No Data due to Track League
2020-2021	Not Contested due to COVID
2022	Lesley Bell
2023	Lesley Bell
2024	Lesley Bell

14.12 WOMEN'S & MEN'S 5000 METRES TRACK CHAMPIONS

There are no records of the Women's and Men's 5000m Track Championship being contested before 2007. The winners receive a monetary award.

YEAR	MEN'S CHAMPION	WOMEN'S CHAMPION
2007	Alistair Morrison	Alison Winship
2008	Euan McKay	Jill O'Neil
2009	Euan McKay	Alison Winship
2010	Euan McKay	Alison Winship
2011	Not Contested	Not Contested
2012	Alan Blair	Lesley Chisholm
2013	Not Contested	Not Contested
2014	Not Contested	Not Contested
2015	Howard Smith	Lesley Chisholm
2016	Garry Mathew	Marian Kelly
2017	Garry Mathew	Katie White
2018	Gavin Hinde	Laura Gray
2019	Garry Mathew	Debbie Martin-Consani
2020-2021	Not Contested due to COVID	Not Contested due to COVID
2022	Jack Trainer	Lesley Bell
2023	James Wilkes	Holly Smith
2024	Rory Treharne	Anya McLean

14.13 WOMEN'S & MEN'S TRACK LEAGUE CHAMPIONS

The Women's and Men's Track League was introduced in 2013 as a league format, rather than awarding individual titles. The athletes with the highest total points from the following events were crowned the winners: 100m, 200m, 400m, 800m, 1500m/1 mile, and 5000m.

The league has since been replaced with individual 1-mile and 5000m Track Championships. The winners receive a monetary award.

YEAR	MEN'S CHAMPION	WOMEN'S CHAMPION
2013	Alistair Stanley	Lesley Chisholm
2014	Alistair Stanley	Laura Devine
2015	Garry Mathew	Louise Crilly
2016-2018	Not Contested	Not Contested
2019	David Carr	Emily Tomasso
2020-2021	Not Contested due to COVID	Not Contested due to COVID
2022-2025	Not Contested	Not Contested

14.14 SHOT PUTT CHAMPIONS

The J.R. Mullion Cup was awarded to the Shot Put Champion in 1965. Only one winner has been recorded. This trophy will be repurposed in the future due to its value.



J R Mullion Cup

YEAR	CHAMPION
1965	G A K Taylor
1966-2025	Not Contested

15 CLUB WINTER AND SUMMER LEAGUE HONOURS BOARD

15.1 CROSS COUNTRY LEAGUE CHAMPIONS

The Cross Country League Championship was introduced in the 1988–1989 season. The competition was contested over a series of cross-country events, with the athlete accumulating the highest total points being declared the winner.

In the 2007–2008 season, the Cross Country League Championship was replaced by the individual Women's and Men's Winter Leagues. Since 2023, the shield has been awarded jointly to the winners of both the Women's and Men's Winter Leagues.



Cross Country Shield

YEAR	CHAMPION
1988-1989	S Gilmour
1989-1990	Stevie Cullen
1990-1991	David S Geddes
1991-1992	Stevie Cullen
1992-1993	Peter McGlynn
1993-1994	Stevie Cullen
1994-1995	Stevie Cullen
1995-1996	Stevie Cullen
1996-1997	Ian Cullen
1997-1998	Not Contested
1998-1999	Ian Cullen
1999-2000	Ian Cullen
2001-2002	Ian Cullen
2002-2003	Ian Mennie
2003-2004	Heather Akers
2004-2005	Euan Mackay
2005-2006	Marian Kelly
2006-2007	Robert McLennan

15.2 SENIOR WOMENS & MENS WINTER LEAGUE CHAMPIONS

The Senior Women's and Men's Winter Leagues replaced the Cross Country League Championship in the 2007–2008 season. The change introduced separate leagues for both women and men. Points are awarded for each race in the league, including 1 point for participation.

The female and male athletes with the highest total points from their 6 best performances, plus participation points, are declared the winners. The winners receive a monetary award, with additional awards given to 2nd and 3rd place.

15.2.1 SENIOR WOMEN'S WINTER LEAGUE CHAMPIONS

YEAR	SNRW CHAMPION	SNRW SECOND	SNRW THIRD
2007-2008	Heather McIntosh		
2008-2009	Ali Winship	Heather McIntosh	Alison Campbell
2009-2010	Ali Winship	Marian Kelly	-
2010-2011	Lesley Chisholm	Heather McIntosh	Laura Devine
2011-2012	Marian Kelly	Diane Clark	Laura Devine
2012-2013	No Information	No Information	No Information
2013-2014	Lesley Chisholm	Laura Devine	Marian Kelly
2014-2015	Laura Devine	Marian Kelly	Ann White
2015-2016	Lesley Chisholm	Arlene Lewis	Daisy Ochoa
2016-2017	Emma Blair	Marian Kelly	Alison Wood
2017-2018	Katie White	Mary Senior	Laura Gray Alison Wood
2018-2019	Katie White	Chloe McAdam	Holly Maciver
2019-2020	Gill Blee	Yvonne Burgess	Katie White
2020-2021	Not Contested - COVID	Not Contested - COVID	Not Contested - COVID
2021-2022	Not Contested - COVID	Not Contested - COVID	Not Contested - COVID
2022-2023	Lesley Bell	Katie White	Gill Blee
2023-2024	Monica Blair	Holly Smith	Laura Gray
2024-2025	Monica Blair		

15.2.2 WOMENS MASTERS WINTER LEAGUE CHAMPIONS

As part of the club's competition levelling-up initiative, the Masters Women's age group categories F40, F50, and F60+ champions were introduced in the 2019–2020 season.

YEAR	F40 CHAMPION	F50 CHAMPION	F60+ CHAMPION
2019-2020	Catrina Padmanabhan	Kath Scott	Ann White
2020-2021	Not Contested - COVID	Not Contested - COVID	Not Contested - COVID
2021-2022	Gill Blee	Kath Scott	Ann White
2022-2023	Laura Gray	Maureen Campbell	Kath Scott
2023-2024	Gill Blee	Catrina Padmanabhan	Ann White
2024-2025	Gill Blee	Mary Senior	Kath Scott

15.2.3 SENIOR MEN'S WINTER LEAGUE CHAMPIONS

YEAR	SNRM CHAMPION	SNRM SECOND	SNRM THIRD
2007-2008	Alistair Morrison		
2008-2009	Joe McKnight	David Dickson Marco Consani	-
2009-2010	Joe McKnight	Ben Melby	-
2010-2011	Joe McKnight	Ben Melby	John Bell
2011-2012	Ben Melby	Alex Chalmers	John McLaughlin
2012-2013	No Information	No Information	No Information
2013-2014	Chris Devine	Donald McPartlin	Alan Blair
2014-2015	Chris Devine	Neal Robertson	Alan Blair
2015-2016	Donald McPartlin	Alan Blair	Del Young
2016-2017	Donald McPartlin	Alasdair MacMillian	Garry Mathew
2017-2018	Garry Mathew	David Lindsay	Stephen Porteous
2018-2019	Garry Mathew	John Coyle	Daniel Scroop
2019-2020	John Coyle	Thomas Berry	Timothy Martin
2020-2021	Not Contested - COVID	Not Contested - COVID	Not Contested - COVID
2021-2022	Not Contested - COVID	Not Contested - COVID	Not Contested - COVID
2022-2023	James Wilkes	Mattia Mancinelli	Euan Convery
2023-2024	James Wilkes	Euan Convery	Crawford Smith
2024-2025	James MacLeod	Matt MacDonald	Craig Smith

15.2.4 MEN'S MASTERS WINTER LEAGUE CHAMPIONS

As part of the club's competition levelling-up initiative, the Masters Men's age group categories the M40, M50, and M60+ champions were introduced in the 2019–2020 season.

YEAR	M40 CHAMPION	M50 CHAMPION	M60+ CHAMPION
2019-2020	John Murray	Alex Chalmers	Alexander Chisholm
2020-2021	Not Contested - COVID	Not Contested - COVID	Not Contested - COVID
2021-2022	Dan Scroop	Martin Egan	Norman Baillie
2022-2023	James MacLeod	Gareth David Treharne	Robert McLennan
2023-2024	James MacLeod	Nick Gemmell	Paul O'Brien
2024-2025	John Connelly	Andy Downey	Stuart Irvine

15.3 WOMEN'S & MEN'S WINTER LEAGUE 2ND DIVISION LEAGUE CHAMPIONS

During the 2009–2010 season, a second division handicap Winter League was introduced to encourage participation and give all athletes a chance to become club champions.

YEAR	WOMEN'S CHAMPION	MEN'S CHAMPION
2009-2010	Irene Vezza	Stevie Cullen
2010-2-011	Not Contested	Not Contested
2011-2012	Isobel Martin	Alex Chalmers
2013-2025	Not Contested	Not Contested

15.4 SENIOR WOMEN'S & MEN'S SUMMER LEAGUE CHAMPIONS

The Senior Women's and Men's Summer Leagues were introduced in the 2007 season. Points are awarded for each race in the league, including 1 point for personal bests (PBs) and participation.

The female and male athletes with the highest total points from their 6 best performances, plus PB and participation points, are declared the winners.

The winners, along with the 2nd and 3rd place finishers, receive a monetary award.

15.4.1 SENIOR WOMEN'S SUMMER LEAGUE CHAMPIONS

YEAR	SNRW CHAMPION	SNRW SECOND	SNRW THIRD
2007	Heather McIntosh		
2008	Katherine Graham		
2009	Kirsty Husband	Alison Campbell	Emma Ralston
2010	Lesley Chisholm	Laura Devine	Jill O'Neil
2011	Isobel Martin	Lucy Watson	Morag Casey
2012	Katie White	Isobel Martin	Fiona McCormick Joan Morris
2013	Katie White	Morag Casey	Charlene McCallum
2014	Morag Casey	Fiona Maurer	Marian Kelly
2015	Lesley Chisholm	Aileen Wilson	Amy Cromarty
2016	Katie White	Alison Wood	Ann White
2017	Katie White	Mary Senior	Alison Wood
2018	Katie White	Laura Gray	Mary Senior
2019	Katie White	Gill Blee	Alison Wood
2020	Not Contested - COVID	Not Contested - COVID	Not Contested - COVID
2021	Not Contested - COVID	Not Contested - COVID	Not Contested - COVID
2022	Gill Blee	Alison Wood	Emily Tomasso
2023	Lesley Bell & Mary Senior	-	Alison Wood
2024	Gill Blee	Mary Senior	Alison Wood

15.4.2 WOMEN'S MASTERS SUMMER LEAGUE CHAMPIONS

As part of the club's competition levelling-up initiative, the Masters Women's age group categories W40, W50, and W60+ champions were introduced in the 2019 season.

YEAR	W40 CHAMPION	W50 CHAMPION	W60+ CHAMPION
2019	Debbie Martin-Consani	Moira Young	Mary Cox
2020	Not Contested - COVID	Not Contested - COVID	Not Contested - COVID
2021	Not Contested - COVID	Not Contested - COVID	Not Contested - COVID
2022	Lesley Bell	Maureen Campbell	Kath Scott
2023	Gill Blee	Jan Boyd	Kath Scott
2024	Emily Tomasso	Aileen Wilson	Moira Young

15.4.3 SENIOR MEN'S SUMMER LEAGUE CHAMPIONS

YEAR	SNRW CHAMPION	SNRM SECOND	SNRM THIRD
2007	Lindsay Cunningham		
2008	Ben Melby		
2009	Joe McKnight	Euan Geddes	Stephen Mulrine
2010	Ben Melby	Stephen Mulrine	Euan MacKay
2011	John Murray	Craig Brown	John McLaughlin
2012	John McLaughlin	Alex Chalmers Kieran McLaughlin	-
2013	Alan Blair	Craig Brown	Paul Bassett
2014	Chris Devine	Alan Blair	Euan Geddes
2015	Del Young	Garry Mathew	Ian Thomson
2016	Garry Mathew	Finlay Finlay	Alan Blair
2017	David Lindsay	Garry Mathew	Finlay Finlay
2018	Garry Mathew	David Lindsay	Gavin Hinde
2019	Finlay Finlay	David Carr	Stephen Craig
2020	Not Contested - COVID	Not Contested - COVID	Not Contested - COVID
2021	Not Contested - COVID	Not Contested - COVID	Not Contested - COVID
2022	Finlay Finlay	Craig Shields	James Wilkes
2023	James Wilkes	Euan Convery	Mattia Mancinelli
2024	James Wilkes	Iain McFarlane	Gavin Spence

15.4.4 MEN'S MASTERS SUMMER LEAGUE CHAMPIONS

As part of the club's competition levelling-up initiative, the Masters Men's age group categories M40, M50, and M60+ champions were introduced in the 2019 season.

YEAR	M40 CHAMPION	M50 CHAMPION	M60+ CHAMPION
2019	Andy Downey	Jeremy Coupling	Paul O'Brian
2020	Not Contested - COVID	Not Contested - COVID	Not Contested - COVID
2021	Not Contested - COVID	Not Contested - COVID	Not Contested - COVID
2022	Colin Whitby	Andrew Downey	Norman Baillie
2023	David Carr	Andy Downey	Athole Smith
2024	Matt MacDonald	Duncan Boyd	Paul O'Brien

16 CHARLIE KILSHAW 5 MILE HONOURS BOARD

This race is held in memory of Charlie Kilshaw, who typified the spirit of Garscube Harriers. Charlie was a kind and warm man, always friendly to both new and long-time members. He went out of his way to help others and represented the club in numerous races from 2000 to 2012.

Although Charlie was never the fastest runner, his enthusiasm, determination, and effort to always do his best endeared him to the hearts of Garscube runners at every race.



Charlie running with a smile on his face

YEAR	CHAMPION
2013	Iain Peers
2014	Stevie Cullen
2015	Sean McAneny
2016	Alison Wood
2017	Liz Short
2018	Katie White
2019	Lorna McDougall
2020	Ann Clanachan -Virtual winner due to COVID
2021	Cancelled due to COVID
2022	Mark Cathro
2023	Martin Egan
2024	Ashley Clancy

17 ACHIEVEMENTS AWARD HONOURS BOARD

17.1 MOST IMPROVED ATHLETE AWARD

The Most Improved Athlete award recognizes a senior athlete who has demonstrated exceptional dedication and attitude toward training, coupled with outstanding improvement in race performances over the course of the year.

This award was introduced in 2020, and the winner receives a monetary prize.

YEAR	CHAMPION
2019-2020	Gill Blee
2020-2021	Cancelled due to COVID
2021-2022	Emily Tomasso
2022-2023	Mary Senior and David Butterly
2023-2024	Mary Senior
2024-2025	Kate Holmes

17.2 VOLUNTEER OF THE YEAR AWARD

The Club Volunteer of the Year award recognizes the volunteer who has made the most valuable contribution to the club during the year.

This award was introduced in 2020, and the winner receives a monetary prize.

YEAR	CHAMPION
2019-2020	Alex Chalmers
2020-2021	Duncan McKellar
2021-2022	Amy Cromarty & John Bell
2022-2023	Alex Chalmers
2023-2024	Catriona Padmanabhan
2024-2025	Paul Collins

17.3 BEST NEWCOMER AWARD

The R.L. Scott Memorial Trophy is awarded to the Best Newcomer. Originally donated by the Scott family to be presented for the Boys' Cross Country Championship, it was repurposed in 2009 to recognize the Best Newcomer.



R L Scott Memorial Trophy

YEAR	CHAMPION
2009	Emma Ralston
2010	Isobel Martin
2011	Craig Brown
2012	Joan Morris and Katie White
2013	Charlene McCallum
2014	Donald McPartlin
2015	Del Young
2016	Alison Wood
2017	David Lindsay
2018	Gavin Hinde
2019	Kirsten Mathew
2020	Cancelled due to COVID
2021	Cancelled due to COVID
2022	Not Contested
2023	Maureen Campbell
2024	Caroline Cherry
2025	Christina Nicolson

18 JUNIOR AWARDS HONOURS BOARD

18.1 COLTS CROSS COUNTRY CHAMPIONS

In the 1930–1931 season, A.D. MacDonald won the Senior Novice Championship and was presented with the trophy shown below.

In the 1974–1975 season, his family donated his winner’s trophy for the Colts Cross Country Championship for boys in the U11 age category. The award was renamed the A.D. MacDonald Trophy.

It was last awarded in 1986, but after a 36-year absence, it was reintroduced in 2023.



A D MacDonald Trophy

YEAR	CHAMPION
1975	John McLaughlin
1976	John McLaughlin
1977	Andrew Cullen
1978	Andrew Cullen
1979	Andrew Cullen
1980	N Hogg
1981 to 1885	Not Contested
1986	L Hentory
1986-2022	Not Contested
2023	Brodie Burnett
2024	Max Connolly
2025	Florence Skinner

18.2 JUNIOR BOYS & GIRLS CROSS COUNTRY CHAMPIONS

The Thomas Grant Trophy was donated by the Grant family in memory of Thomas Grant, who was tragically killed in the Ibrox football disaster on 2nd January 1971, at the age of 16.

In 1965, Thomas won our annual DB Brooke Trophy – Young Athletes Christmas Handicap. As a result, he was a junior club member for at least 6 years.

From 1971 to 1984, the Cross Country Championship trophy was awarded to Junior Boys in the U13 age group category.

The trophy remained in storage for 39 years, but in 2023 it was repurposed to include girls. In our 125th year, the trophy will again be awarded annually in Thomas's memory. The junior coaches will determine the criteria for its award each year.



Thomas Grant Trophy

YEAR	CHAMPION
1968	G Morris
1969	John Carmichael
1970	A McLaughlin
1971	R McKelvie
1972	J Weir
1973	J Weir
1974	D G Murray
1975	James G Geddes
1976	G Davidson
1977	J Devine
1978 to 1981	Not Contested
1982	Andrew D Geddes
1983	S J Marshall
1984	J McKinnon
1984 to 2022	Not Contested
2023	James Alexander
2024	Connor Campbell
2025	Archie Loch

18.3 SENIOR BOYS CROSS COUNTRY CHAMPIONS

The R.L. Scott Memorial Trophy was donated by the Scott family in 1958 for the Boys' Cross Country Championship. The trophy was awarded annually from 1958 to 1989 in the U15 Boys' age group category.

In 2009, it was repurposed for the Best Newcomer award.



R L Scott Memorial Trophy

YEAR	CHAMPION
1957-1958	W A Scott
1958-1959	K Mackenzie & L Tainish - Dead Heat
1959-1960	B Houston
1960-1961	K G McGee
1961-1962	A Shepherd
1962-1963	K Mc A Wilson
1963-1964	A McDonald
1964-1965	James Cook
1965-1966	James Cook
1966-1967	E Campbell
1967-1968	K Campbell
1968-1969	A Watson
1969-1970	A Watson
1970-1971	I F Murray
1971-1972	A McLaughlin
1972-1973	T Kelly
1973-1974	W R Smith
1974-1975	Jim McAneny
1975-1976	G Cameron
1976-1977	James G Geddes
1977-1978	A Littlejohn
1978-1979	D Anderson
1979-1980	Unknown
1981-1985	Not Contested
1985-1986	J MacKinnon
1986-1987	J MacKinnon
1987-1988	J MacKinnon
1988-1989	Stephen Sheridan

18.4 MASTER OF WORKS CUP YOUTH CROSS COUNTRY CHAMPIONS

The Master of Works Cup was awarded for the Youths Cross Country Championship. Unfortunately, the trophy was lost after season 1974-75. The photo below is a replica trophy won by David S Geddes in 1973-74.



Replica Master of Works Trophy awarded to David S Geddes

YEAR	CHAMPION
1930-1931	Robert McKie
1931-1932	C Thomson
1932-1933	C Thomson
1933-1934	G B Russel
1934-1935	C Mc Garrity
1935-1936	C McGarrity
1936-1937	Roderick J Mulgrew
1937-1938	Roderick J Mulgrew
1938-1939	Adam Veitch
1939-1940	P McGrath
1940-1941	P McGrath
1941-1942	W McCormack
1942-1943	A O'Neil
1943-1944	W Robertson
1944-1945	R Sharp
1945-1946	Robert Smith
1946-1947	Joseth J Duffy
1947-1948	Hugh Hattrick
1948-1949	Fred J Robertson
1949-1950	G A Dunn
1950-1951	H Carson
1951-1952	H Carson
1952-1953	G Dickson
1953-1954	A McDonald
1954-1955	A McDonald
1955-1956	J M Stewart
1956-1957	D Gifford
1957-1958	D Gifford
1958-1959	Neil MacIver

Master of Works Youths Cross Country Championship Continued

YEAR	CHAMPION
1959-1960	A McCall
1960-1961	J Anderson
1961-1962	R McCormick
1962-1963	R McCormick
1963-1964	K Wilson
1964-1965	No Race
1965-1966	Tommy Wiseman
1966-1967	James Cook
1967-1968	J Bulloch
1968-1969	L Smith
1969-1970	L Smith
1970-1971	D Dougal
1971-1972	John Carmichael
1972-1973	A McLauchlan
1973-1974	David S Geddes
1974-1975	Stephen Cullen

18.5 JUNIOR MEN CROSS COUNTRY CHAMPIONS

In the 1949–1950 season, the Novice Cross Country Championship was repurposed as the Junior Cross Country Championship for Junior men in the U20 age group category.

Unfortunately, the trophy was lost, and only the base remains, with the names of the winners listed up until 2000.

YEAR	CHAMPION
1949-1950	F J Robertson
1950-1951	Gordon A Dunn'
1951-1952	Gordon A Dunn
1952-1953	Gordon A Dunn
1953-1954	Benny Linn
1954-1955	G Dickson
1955-1956	G Dickson
1956-1957	D MacFadyen
1957-1958	D MacFadyen
1958-1959	J M Stewart
1959-1960	T Dingwall
1960-1961	Neil MacIver
1961-1962	Neil MacIver
1962-1963	D A Martin
1963-1964	D A Martin
1964-1965	J R Kidd
1965-1966	R D McCormick
1966-1967	Tommy Wiseman
1967-1968	Tommy Wiseman
1968-1969	Alan B MacDonald
1969-1970	Alan B MacDonald
1970-1971	L Smith
1971-1972	L Smith
1972-1973	L Smith
1973-1974	J Carmichael
1974-1975	Not Contested
1975-1976	David S Geddes
1976-1977	Stevie Cullen
1977-1978	J Brown
1978-1979	Not Contested
1979-1980	F Arnot
1980-1981	J G Geddes
1981-1982	J G Geddes
1982-1983	J Devine
1983/4 to 1990/1	Not Contested
1991-1992	Stephen Sheridan
1992-1993	Stephen Sheridan
1993/4 to 1994/5	Not Contested
1995-1996	S Watt
1996/7-1997/8	Not Contested
1998-1999	S Fraser
1999-2000	C Russell

18.6 YOUNG ATHLETES CHRISTMAS HANDICAP

The D.B. Brooke Trophy was originally contested as a New Year's Day handicap race. Due to low participation on New Year's Day, it was moved to a pre-Christmas handicap race around 2004 to boost attendance. The race is now known as the Santa Run, where athletes are encouraged to wear festive running outfits.



D B Brooke Trophy

YEAR	CHAMPION
1940	H C Kay
1941	W Mulgrew
1942	W McCormick
1943	J King
1944	A C McFadyen
1945	A C McFadyen
1946	F B Russell
1947	W R Munroe
1948	D R Leckenby
1949	F Robertson
1950	J Runcie
1951	G Dickson
1952	A J Dougan
1953	G H Paris
1954	D H Johnston
1955	A A McDonald
1956	G MacLean
1957	T Dingwall
1958	J Carr
1959	W A Scott
1960	A McCall
1961	D McAdam
1962	R D McCormick
1963	R D McCormick
1964	J R Kidd
1965	T M Grant
1966	I McDonald
1967	J S Fairbrother
1968	F Bulloch

D B Brooke Trophy continued

YEAR	CHAMPION
1969	I F Murray
1970	J Carmichael
1971	R J Weir
1972	R J Weir
1973	T Kelly
1974	J McAneny
1975	W R Smith
1976	F Mc Connell
1977	Iain Cullen
1978	A Cullen
1979	D Anderson
1980	D Anderson
1981	Winner Not Recorded or Not Contested
1982	K A Murray
1983	J C Samson
1984	J Donnell
1985	F D Steward
1986	A Roberts
1987	F D Steward
1988	Stephen Sheridan
1989 to 1990	Winners Not Recorded or Not Contested
1991	Stephen Sheridan
1992	Winner Not Recorded or Not Contested
1993	R McGregor
1994	R Toner
1995	M Chapman
1996	R Toner
1997 to 2003	Not Contested
2004	J Austin
2005	A Gallagher
2006	C Young
2007	A Martin
2008	Lucie Stevenson
2009	Cody Stevenson
2010	Winner Not Recorded or Not Contested
2011	Cody Stevenson
2012	F P Curry
2013	Cody Stevenson
2014	A Smith
2015	M Howat
2016	B Howat
2017	J Adams
2018	James Alexander
2019	No Information
2020	Louisa Brown - Virtual winner due to COVID
2021	Beth Trainer
2022	Colin Nicol
2023	James Alexander
2024	Constance Gardiner