

Student Handbook

2025 – 2026



Middletown High School
200 Schoolhouse Drive
Middletown, MD 21769

<https://mhs.sites.fcps.org/>

227-203-3600

Fax: 227-203-3601

“A Tradition of Excellence – Knowledge, Creativity, Strength, Leadership”



Admin Welcome

Welcome to Middletown High School – a school that is rich with a tradition of excellence. The high expectations established by the staff give each student the opportunity to excel in many areas including academics, career training programs, athletics, student life through activities and service. MHS can provide this positive climate with the continued support of the student body, parents and community. MHS has experienced superior levels of success translating to “excellence is the only option.”

The beginning of each school year is a time for setting personal goals and renewing commitment to all aspects of your life. Establish routines early that permit you ample time for academics, activities, work, friends, and family. Remain focused and dedicated to always doing the best you can do. We will work with you to provide a quality education, will share in your triumphs, and will assist you as needed. We support and endorse the MHS Knight creed: ready, respectful and relentless. We will model these traits and ask you to accept the responsibility for practicing these characteristics throughout high school and life.

Let’s make the School Year 2025-2026 a positive and memorable one for MHS!

Sincerely,

MHS Administrative Team



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General Information

General Information

School Day

Students should arrive between 7:00 a.m. and 7:15 a.m. and report to the cafeteria.

7:00 – 7:15 Student Arrival

7:30 Late Bell

7:30 – 2:15 Student School Day

2:45 Teacher Workday Ends

***Students must be in the classroom by 7:30 or are considered tardy (unexcused tardies result in lunch detention that day*)**

Bell Schedule

Regular Bell Schedule	Block	M – T – Th – F <i>89-minute classes</i>	Wednesday <i>45 min class + 44 min KQ/Clubs</i>
	1	7:30 – 8:59	7:30 – 8:15 (Class) 8:15 – 8:59 (KQ/Clubs)
	2	9:03 – 10:32	9:03 – 9:48 (Class) 9:48 – 10:32 (KQ/Clubs)
	Announcements: 10:32 – 10:36 *CTC dismissed for lunch at 10:32 *** CTC Bus leaves at 10:52*		
	3	10:40 – 12:42 1 st Lunch: 10:36 – 11:06 2 nd Lunch: 11:20 – 11:50 3 rd Lunch: 12:12 – 12:42	*KQ is the last 44 minutes of class* Block 3 Clubs start @ 11:58 <i>3rd lunch students in Block 3 Clubs are dismissed to buy lunch at 11:53</i>
4	12:46 – 2:15	12:46 – 1:31 (Class) 1:31 – 2:15 (KQ/Clubs)	

Attendance

IF YOU ARE ABSENT

Within two days of returning to school, students should submit a parent/guardian-written note or email (mhs.attendance@fcps.org), that includes:

- Student's name
- Grade
- Date(s) of absence
- Reason for absence.

Doctor visits require a note from the doctor's office and should be submitted or emailed to the front office.

EARLY DISMISSALS

Submit notes/emails to the Attendance Office prior to dismissal. The Attendance Office may call parent/guardian to verify the dismissal request. All students must sign out when leaving and sign in upon their return.

MAKE UP WORK

It is the student's responsibility to obtain any work they missed due to their absence.

UNEXCUSED ABSENCES

Students who have excessive absences may be placed on an Administrative Attendance Contract. We strongly encourage parents/guardians to call a counselor, administrator or the Attendance Office whenever student attendance is a concern or in question.

COLLEGE VISITS

Certain absences for trips or college visits will be excused, but only with prior administrative approval. Prior approval should be initiated at least 7 days before the absence on the request form available in the Front Office and on the MHS website. Return the form to attendance at least 3 days prior to the planned absence.

Visits by students to prospective colleges will be excused up to 4 days per year. College visits must be arranged in advance and verification from the college is required for a lawful absence. A counselor can arrange the college appointment for you.

ELIGIBILITY FOR ATHLETIC, CLUB, & EXTRACURRICULAR ACTIVITIES

For a student to be eligible to participate in any extracurricular activity, the student must be in attendance a full day on the date in question. The only exception is if the student-athlete provides a doctor's note related to their absence.

LATE ARRIVALS

Punctual arrival at school is also required. Tardiness to school is cumulative within a term. The following actions will be taken for an unexcused late arrival to school:

- 1 - 4 Tardy Arrivals: Lunch detention will be assigned on the day of tardy arrival
- 5+ Tardy Arrivals: Lunch detention will be assigned on the day of tardy arrival, student administrator will be notified, and parent/guardian may be contacted to discuss a plan for timely attendance to school.
- Students are given the opportunity to make up the missed lunch detention on the following day.
- Failure to attend make-up detention will result in 30 minutes of after-school detention.

Key Dates

Academic Dates		Athletic Dates	
First Day of School	August 20, 2025	Fall 2025 Season Begins: Wednesday, August 13, 2025 Winter 2025 Season Begins: Saturday, November 15, 2025 Spring 2026 Season Begins: Saturday, February 28, 2026	
Term 1 Midterm	September 19, 2025		
Term 1 Ends	October 27, 2025		
Term 2 Begins	October 29, 2025		
Term 2 Midterm	December 2, 2025		
Term 2 Ends	January 16, 2026		
Term 3 Begins	January 21, 2026	**All Calendar Dates are subject to change based on weather closures. For most up to date information visit FCPS.org ** 	
Term 3 Midterm	February 13, 2026		
Term 3 Ends	March 19, 2026		
Term 4 Begins	March 23, 2026		
Term 4 Midterm	May 1, 2026		
Last Day of School	June 9, 2026		

School Closures			
Labor Day	September 1, 2025	Dr. Martin Luther King Jr Birthday Observance	January 19, 2026
Fair Day 3.5 hour early release	September 19, 2025	Teacher Workday	January 20, 2026
Rosh Hashanah	September 23, 2025	2 Hour Early Release	February 13, 2026
2 Hour Early Release	September 26, 2025	President's Day	February 16, 2026
Yom Kippur	October 2, 2025	2 Hour Early Release	March 19, 2026
Professional Learning Day	October 17, 2025	Eid al-Fitr Teacher Workday	March 20, 2026
Teacher Workday	October 28, 2025	Spring Break	April 3 – April 10
Thanksgiving Break	November 26 – 28, 2025	2 Hour Early Release	May 1, 2026
2 Hour Early Release	December 2, 2025	Memorial Day	May 25, 2026
Winter Break	December 22 – January 2	Eid al-Adha	May 27, 2026
2 Hour Early Release	January 16, 2026	2 Hour Early Release (Last Day of School)	June 9, 2026

Communication

MHS newsletters and other important information are distributed through SchoolMessenger. See link [HERE](#) for sign up information.

You can also visit the MHS website for information and quick links: <https://mhs.sites.fcps.org/>

MHS General Directory Information	
Front Office	227-203-3600
Attendance	227-203-3633
	Mhs.attendance@fcps.org
Health Room	227-203-3609

Administration

The Middletown High School Administrative Team is here to work with you, your parents and your teachers to ensure that you have a successful year. They are willing and able to help with academic or personal concerns. You are welcome to visit them at any time to discuss anything that is important to you. If they are not available when you stop by, please leave a note requesting an appointment with an office secretary.

Principal

Mr. Bernard Quesada

Bernard.quesada@fcps.org

Assistant Principal

Last Names A – G

Mr. Shawn Carey

Shawn.carey@fcps.org

Assistant Principal

Last Names H – N

Mrs. Andi Ivey

Andreanne.ivey@fcps.org

Assistant Principal

Last Names O – Z

Mrs. Stephanie Bittner

Stephanie.bittner@fcps.org

Athletic and Facilities Coordinator

Mrs. Karin Bauer

Karin.bauer@fcps.org

Student Services

The Student Services department seeks to develop within each student’s confidence, an understanding of oneself, and the problem solving and decision-making skills needed to become educated, responsible and productive members of society. The counselors engage in program development, management, and evaluation to ensure delivery of services appropriate to the needs of our students. Each student is assigned a counselor to help the student with personal problems, curriculum choices, career decisions and college planning. Counselors may meet with students individually or in small groups. Information shared during a student/counselor conference is confidential except in areas protected by law.

School counselors can assist students and parents in the following areas:

- Educational development, including college and scholarship searches
- Personal growth
- Career exploration and decision making
- Consultation services

See Ms. Bertulaitis during lunch, before school or after school to request an appointment with a counselor. The appointment slip (pass) must be shown to the classroom teacher for approval prior to the student’s release for the appointment.

Counselor Last Names: A – D	Meredith Bagnell Meredith.bagnell@fcps.org
Counselor Last Names: E – K	James Claney James.claney@fcps.org
Counselor Last Names: L – Rod	Erin Phelps Erin.phelps@fcps.org
Counselor Last Names: Roe – Z	Jackie Bassler Jacqueline.bassler@fcps.org
Counseling Office and Transcripts	Jennifer Bertulaitis Jennifer.bertulait@fcps.org
Registrar	Niki Dillard Nicole.dillard@fcps.org
College and Career Readiness	Jaime Crosthwait Jaime.crosthwait@fcps.org
Career Coach	Lauren Sinay Lauren.sinay@fcps.org
Internships and Service Learning	Andy Baker Andrew.baker@fcps.org

School Lunches

2025 – 2026 Meal Prices	
Breakfast	\$2.00
Lunch	\$3.05

FCPS uses the LINQ Connect program for meal pre-payment. Use this [link](#) or download the app to manage or add money to student accounts. For more information, see link [here](#). For questions, contact Nutrition Services at 240-586-8152.



To view the breakfast/lunch menu use this website:

<https://www.fcpsnutrition.com/index.php?sid=1496937421390&page=menus>

FREE AND REDUCED-PRICE MEALS

The Electronic Meal Benefits Application for the 2025-2026 school year will be available on August 4, 2025 at LINQ Connect. Families can apply for free or reduced-price meal benefits all year long. All students at all Frederick County Public Schools can apply for free or reduced-price meal benefits.

Before the start of each school year, we remind families that they can apply for free or reduced-priced meal benefits. Benefits from the previous school year expired on October 3, 2025. A child's meal status will change to a "paid" status on October 6, 2025 if the child did not have a new application or direct certification from the state by October 3, 2025. We encourage families who feel they qualify, or families who are not sure if they qualify, to fill out an online free and reduced meal benefit application. Families can access the confidential application at [LINQ Connect](#). The USDA publishes new [income eligibility guidelines to qualify for free or reduced-price meals](#) yearly. If you didn't qualify last year, you may qualify this year. For any questions, visit the [Free and Reduced Meals FAQs](#), email FNS at food.service@fcps.org, or call 240-586-8152.



Health Suite

If you become injured or ill, report immediately to the teacher in charge. The teacher will refer you to the health room where the nurse or health technician will evaluate your condition and determine appropriate action. It is important that you return your emergency information form at the beginning of each school year so that parents can be reached in the case of an emergency. Please keep the health room updated with any new health concerns and the front office staff aware of any changes in contact information throughout the school year.

**Ill students leave school with clearance from the Health Room. Students leaving school without authorization may be subject to receive an office referral.

Medication

Frederick County Health Department (FCHD) school health staff will administer medications. A completed "Medication Authorization Form" is required for each medication. It is available on the FCPS website [here](#). The form must be signed by a licensed health care provider and by the parent/guardian.

It is the parent/guardian's responsibility to obtain the proper information and signatures for the forms. New authorization forms are required at the beginning of each school year and when there is a change in the order.

If medication or treatment is necessary during the school day, the parent/guardian(s) must provide a written order from the student's healthcare provider for all prescription and over-the-counter medications or treatments.

Medications must be transported by an adult and provided to the school in the pharmacy bottle, correctly and completely labeled. Over-the-counter medication must be in the original, unopened container. Medications sent in envelopes, plastic bags or daily reminder containers cannot be administered.

MEDICATION AUTHORIZATION FORMS [here](#) are also available in the health room located in the main office and on the FCPS website.





School Safety

Building Security

All visitors are required to use the main-entry buzzer system and register at the main office, asked to show identification, and required to wear an FCPS-issued identification badge while on school property. Persons who enter school buildings or grounds without reporting to the office or who disturb or interfere with school activities will be considered unauthorized and will be dealt with as trespassers under the law.

- External doors should never be unlocked or propped open. Students who prop doors open, enter through prohibited doors, or open prohibited doors for others may face disciplinary action.
- Students who leave property without permission and return may be subject to search pending reasonable suspicion of misconduct.

Threats

FCPS is committed to promoting a culture of safety, wellness, and civility for students and staff, and fully complies with Maryland Law to ensure FCPS provides a safe and secure environment. To this end, FCPS takes all threats against students, staff, and property seriously. Students must refrain from making threatening statements, whether or not they have intent to harm. FCPS works closely with local law enforcement agencies to investigate all violent threats that are reported, administer appropriate school discipline, provide necessary and needed support for all who are involved, and seek criminal charges when appropriate.

Emergency and Fire Drill Procedures

The purpose of a fire or emergency drill is to teach students how to proceed in case of a real emergency. These drills are held at various times during the school year as mandated by state law. The signal for a drill is the constant sounding of a bell, accompanied by a voice call to evacuate the building. Every person (students, teachers, secretaries, custodians, cafeteria workers, teacher aides, visitors, etc.) must vacate the building. Notice of a lockdown drill is given over the public address system. A lockdown is called by the principal or administrator in charge.

The following rules must be observed during the drills:

- Do not talk during an emergency or drill. Listen for directions.
- If directed to exit the building, walk rapidly, do not run. Go to the area outside the building posted on the directions near the exit of each classroom. The first two students reaching an outside exit should hold the door for all others.
- Keep together; meet outside as a class in an assigned area away from the exit doors.
- Leave belongings such as books and papers in the room.
- Attendance will be taken by teachers.

All persons should be at least 50 yards from the building and not blocking roadways or entrances.

Firearms and Weapons Possession

Possession of any firearm or other weapon by a student on school property, including in vehicles parked on school property, is strictly forbidden. Look-alike weapons are also prohibited.

It is a serious offense for employees (except security personnel), volunteers, substitutes and visitors to possess any rifle, gun, knife or deadly weapon of any kind on any school property in Maryland. Offenders face criminal penalties and severe personnel consequences up to and including termination.

The school system's prohibition on carrying or possessing a weapon on school property applies to loaded and unloaded weapons. This prohibition applies to weapons contained within automobiles. Exceptions are provided for persons who display or engage in historical demonstrations using weapons or replicas of weapons for educational purposes; prior approval from the Superintendent or designee is required.

Use of Building After School

Students will not be permitted to remain in the school building after 2:30 p.m. unless they are under the direct supervision of a teacher, coach, athletic practices, music or drama practices, detentions or help sessions with teachers, or any other school sponsored activity.

Students are expected to wait in the front lobby or outside for a ride after school.



The image features a large, stylized graphic of the letters 'M' and 'A' in a yellow color with a grey outline. The letters are positioned centrally on a white background. Overlaid on the center of the 'M' and 'A' is the word 'Academics' in a bold, black, sans-serif font. The entire graphic is enclosed within a thin orange border.

Academics

MHS Honor Pledge

MHS Honor Philosophy

The MHS community acknowledges that learning is the right and responsibility of all students. A successful school experience requires the highest standards of integrity on the part of all involved. A student's work reflects self-pride. Therefore, the honor philosophy of this community recognizes that ideas belong to those who create and articulate them; that to submit work that is not one's own is to insult the efforts of one's peers; that to claim the thoughts or works of another as one's own is to steal from the originator and to deceive those to whom the material is presented; that to be dishonest is to degrade oneself.

Honor Pledge

I have neither given nor received unauthorized aid on this assignment. My name on this piece of work affirms my character and honor.

Students are responsible for:

- Understanding the definition of cheating and the types of conduct that are deemed unacceptable.
- Refraining from cheating, plagiarizing, facilitating academic dishonesty, abusing academic materials, stealing, or lying.
- Reporting every instance in which the student has knowledge that academic dishonesty has taken place.

Definition of Cheating:

- Using or attempting to use unauthorized materials, information, notes, study aids or other devices, or obtaining unauthorized assistance from any source or person for work submitted as one's own individual efforts on any assignment. Cheating is also the act of helping or attempting to help another student commit an act of academic dishonesty.

Examples of cheating include, but are not limited to, the following actions:

- Copying from another student's paper or test or receiving assistance from another person during an exam or other assignment in a manner not authorized by the teacher.
- Possessing, buying, selling, removing, receiving, or using copy or copies of any exam/other materials intended to be used as an instrument of evaluation in advance of its administration.
- Working with another or others on any exam or assignment when the teacher requires an independent and unaided effort.
- Attempting to influence or change an academic evaluation, grade, or record by deceit or unfair means, such as: (a) damaging the academic work of another student to gain unfair advantage in an academic evaluation; or (b) marking or submitting an exam or other assignment in a manner designed to deceive the grading system.
- Submitting the same academic work that has been submitted in another class.
- Aiding another during an exam or other assignment in a way not authorized by the teacher.

- Copying homework – even one or two answers.
- Minimizing a computer screen rather than closing all programs during a quiz or test. A minimized screen has the potential to be a “cheat sheet”.

Definition of Plagiarism:

Representing orally or in writing, in any academic exercise or assignment, the words, ideas, or works of another as one’s own without proper acknowledgement of the source.

Examples of plagiarism include, but are not limited to, the following actions:

- Submitting material or work, in whole or in part, which has been prepared by another individual or commercial service.
- Directly quoting from a source without the proper citation.
- Paraphrasing or summarizing another person’s work without acknowledging the source.
- Submitting work that too closely resembles work created by another individual (determined at teacher’s discretion).

Consequences of Plagiarism or Cheating (minimum):

Parent contact – Referral - zero credit - honor society notification

Awards
<p>A school letter is awarded for excellence in academics, athletics, and music. The first award earned is a school letter and an accompanying pin. Subsequent awards are additional bars to be attached to the letter.</p> <ul style="list-style-type: none"> • Athletics: Varsity Letter – The athletic director, in conjunction with the coaches, determines awardees based upon current policy. • Music: Music Symbol – The music director determines awardees based upon specific criteria.

Graduation Honors		
Honors	High Honors	Highest Honors
3.5 – 3.74	3.75 – 3.99	4.0 or greater
<p>All three tiers of academic recognition will be calculated using cumulative weighted grade point averages. Students are awarded a cord to wear at graduation based on the level of honors they achieve.</p>		

Academics and Standardized Testing

College Board Exams:

- PSAT/NMSQT is offered to 10th and 11th grade students at cost in the Fall semester.
- SAT is offered at MHS to all 11th grade students (no cost) in the Spring semester.
- AP Exams are offered to students taking AP courses in the Spring semester at no cost.

State Assessments-

- Please refer to the FCPS Website: [Maryland Comprehensive Assessment Program](#)

Test Security – The Superintendent has issued rules and regulations to ensure compliance with the Maryland State Department of Education test security and data reporting bylaws.

Test Invalidation—please refer to State bylaw 13A.03.04.04 Invalidation of Test Scores.

Recommended Tests for All Students

FRESHMEN AND SOPHOMORES

- Preliminary Scholastic Aptitude Test (P.S.A.T) for students who have completed Algebra I and Geometry.

JUNIORS

- Preliminary Scholastic Aptitude Test/National Merit Qualifying Test (P.S.A.T./N.M.S.Q.T) administered in the Fall for all Juniors who have completed Algebra I and Geometry
- Scholastic Aptitude Test (S.A.T.) or American College Test (A.C.T.) in the Spring.

SENIORS

- S.A.T. or A.C.T. again in the Fall of your Senior year after having taken them as a Junior



Textbooks, Materials of Instruction & Equipment

Textbooks as well as other materials of instruction are furnished by Middletown High School and/or the Board of Education of Frederick County for use by students. It is expected that such items will be returned in the same condition as issued, except for wear caused by normal use. Fees will be collected for lost or damaged textbooks, materials, or equipment. The teacher who has issued the book, equipment, or materials will notify the student as to the amount of the replacement fee to be charged. Students will not be issued another book, article of equipment, or materials to replace lost or damaged items until the fee has been paid or an arrangement has been worked out with an administrator.

Homework

All students should expect homework assignments requiring no more than two (2) hours of homework per night for combined subjects. Note: Exceptions may apply for students participating in dual enrollment courses. Students who attend school for any portion of the day (whether late to school or excused early) are required to submit their homework assignments to all classes on that same day.

Media Center

Media Specialist: Ms. Weaver	Media Center Hours: 7:15 – 2:20
Media Center Use With teacher permission, students may use the Media Center to research, type, print, read, discuss, create presentations and access information or engage in educational activities on our computers. Students are expected to sign in, respect our no-food policy, and please behave kindly and respectfully.	
Book Checkouts Books are checked out for three weeks. Students may check out up to five books at a time.	
MHS Media Center Web Page: https://edu.fcps.org/mhs/media Use the MHS Media Center website to access our online resources. Database passwords are available in a Google document on the Media Home Page.	

Lockers

All students will have the opportunity to sign up for a locker.

- The lock must remain on the locker and secured at all times. Students may not bring their own locks. Students will be charged a \$5.00 fee for lost or stolen locks.
- Students must use ONLY their assigned locker and should not share their locker combination
- *Students are liable for the contents of the assigned locker.*

Items of value and large amounts of money should not be brought to school. The school cannot take responsibility for valuable items left in hall or lockers. Further, students are financially liable for any intentional damage to their lockers.

- All lockers must be cleaned out by the last day of school. All personal belongings left in lockers will be donated/disposed of.

Students, personal property, and the school property assigned to students shall not be subjected to **unlawful** search and seizure. However, administrators may search the school building, including lockers, at any time. Administrators may also search students when they have reasonable suspicion that the law has been broken or a FCPS Regulation has been violated and the search is related to that suspicion.

Students are obligated to cooperate with such searches as indicated in *FCPS Regulation #400-59*.

Student Record and Information

Student records are accumulated and maintained by teachers and other school officials who have a legitimate professional interest in student educational records as determined by FCPS and in accordance with federal regulation, state law and Board policy and FCPS regulation.

The Family Educational Rights and Privacy Act (FERPA) requires that public schools, with certain exceptions, obtain written consent prior to the disclosure of personally identifiable information from a student's education records. However, FCPS may disclose appropriately designated "directory information" without written consent, unless the parent has advised the school to the contrary in accordance with FCPS procedures. The primary purpose of directory information is to allow FCPS to include this type of information from student records in certain school publications. For more information, see Student Records Regulation 400-20 [here](#).

Parents who do not want directory information from their child's education records to be disclosed by their child's school must notify the school in writing by September 30 or within 30 days of the date of enrollment. FCPS has designated the following as directory information:

- Student's name, school, grade level, teacher/class assignment and attendance dates
- Participation in officially recognized activities and sports
- Weight and height of members of athletic teams
- Photographic, video or electronic images
- Roles in drama or music productions
- Honors and awards received



A large, stylized letter 'M' graphic. The letter is filled with a light beige color and has a thick white outline. It is set against a grey background that also forms the letter's shape. The text 'Student Behavior Expectations' is centered within the 'M' in a bold, black, sans-serif font.

**Student Behavior
Expectations**

Student Behaviors

Through the implementation of the FCPS Multi-tiered Systems of Support Framework, students are informed and taught appropriate behavioral expectations for school, school-sponsored events, and FCPS-sponsored transportation.

In addition, selected FCPS policies and regulations are published in the Frederick County Board of Education Calendar Handbook [here](#). At the start of each school year, copies of the school system's Calendar Handbook are distributed to all families. Students are encouraged to read it thoroughly.

The staff and administration of Middletown High School join this community in recognizing the critical importance of having a school that is absolutely drug and alcohol free. Any student with information regarding the presence or use of drugs or alcohol at our school is strongly encouraged and welcomed to report concerns to staff. Students may speak freely and confidentially to any administrator at any time.

FCPS Code of Conduct

Students are expected to follow the FCPS Code of Conduct which can be found here:
https://www.fcps.org/families_students/student_code_of_conduct

Bullying, Harassment, Intimidation, Hate Bias, and Title IX

FCPS Policy #400-48. Everyone has the right to feel respected and be treated with dignity. At FCPS we believe schools must be safe, provide an optimal environment for achievement and be free from violence.

Students and parents may report incidents using the following links:

- Bullying/Harassment/Intimidation: [Form Link](#)
- Hate/Bias: [Form Link](#)
- Title IX Violations: [Form Link](#)

More Information can be found on the FCPS Student Services page:

https://www.fcps.org/families_students/student_services/bullying_prevention

Possession and Use of Alcoholic Beverages and Drugs

Disciplinary consequences for possession, distribution or being under the influence of alcohol or controlled substance are outlined in the calendar handbook and [here](#) for Policy 112 - Promoting a Drug-Free, Alcohol-Free and Tobacco-Free Environment.

Cafeteria Behavior

- Report directly to the cafeteria at the appropriate time.
- Leaving the cafeteria or the school building is not permitted during lunch.
- The Media Center is open during lunch for students. No food or drinks are allowed in the Media Center.
- Throwing food will result in a disciplinary referral.
- Students are expected to clean up after themselves.

Student Deliveries

Deliveries to students during the school day are prohibited. Balloons, cakes, flowers, beverages, food, etc. will not be delivered to students and will remain in the office until dismissal. Home baked goods cannot be brought into the school for distribution to students for any reason. This includes classroom celebrations.

Per [Wellness Regulation 400-82](#), students are only permitted to bring in food for their own personal consumption.

Technology in School

MHS is committed to assisting students in creating learning environments that provide access to digital learning opportunities that are age appropriate and safe. To support this initiative, with MHS staff approval, students may use their FCPS provided devices during approved times within the classroom or other areas.

FCPS is not responsible for loss or damage of personal electronic devices. Electronic devices shall not be used to record, store, or transmit any type of image, sound, or video except for approved assignments with the express permission of school staff. School administrators reserve the right to take temporary possession of any device during an investigation and revoke privileges associated with the misuse of any electronic device. For more information, see Student Discipline Regulation 434.01 Technology Use, Students.

Acceptable Personal Mobile Device (PMD)

Guidelines “Acceptable Personal Mobile Device” or “Acceptable PMD” is defined as technology, not provided by FCPS, brought to school by a student that includes: cell phones, headphones, smartwatches, speakers and/or cameras.

High school students may use Acceptable PMDs before and after the student day. Students may use Acceptable PMDs during transitions between classes and during lunch periods. Acceptable PMDs are permitted for approved instructional purposes during instructional periods when staff expressly give permission. Unless otherwise directed by staff, during instruction Acceptable PMDs shall be silenced and kept out of sight.

Skateboards and Roller Blades

Students may not rollerblade or ride skateboards on school property at any time. This includes “roller shoes”. Roller blades and skateboards are not allowed in school buses. Skateboards, roller blades, or roller shoes may be confiscated and /or reported to the police. Skateboarding on school property is a violation of the Middletown Municipal Code (Ordinance No. 10.16.010)

Student Dress Code

Prohibited Attire: Students cannot wear attire that impacts their ability to actively engage in learning, disrupts the school environment, promotes illegal or harmful activities, or could endanger the health or safety of the student or others during the school day and school related activities safety of themselves or others. This includes, but is not limited to:

- Visible undergarments, including fabric that is not opaque, meaning it should not be see-through.
- Attire that obscures the identity of an individual (e.g., ski masks, balaclavas, other hooded garments that are pulled up, etc.).
- Attire that depicts, advertises, or advocates for the use of alcohol, tobacco, marijuana, or other controlled substances.
- Attire that depicts pornography, nudity, and sexual acts.
- Attire that contains sexually suggestive messages.
- Attire that depicts gang affiliation.
- Attire that contains rude, disrespectful or discourteous expressions inconsistent with civil discourse and behavior.
- Attire that contains language and/or displays images, symbols, materials, or other items that promote hatred, racial or ethnic violence, intimidation, or harassment.
- Attire that causes or is likely to cause a material disruption, a substantial disorder to the orderly and safe operation of the school or at school-sponsored activities, or an invasion of the rights of others.

If necessary, disciplinary action may be taken to encourage compliance with the policy. Since the intent of the policy is not to inhibit or prohibit any student who is not in uniform from receiving the education to which he/she is entitled, no student shall be suspended from class or from school, expelled from school, or receive a lowered academic grade as a result of not complying with the policy. Disciplinary action should be initiated only after all other means to secure support and cooperation as mentioned above have not succeeded.

Prior to initiating any disciplinary action against a student not complying with the policy, a school administrator or counselor should hold a conference with the parent(s) or guardian to solicit cooperation and support. See Student Dress Code Policy 439 [here](#).



The image features a large, stylized graphic of the letters 'M' and 'A' in a yellow color with a grey outline. The letters are positioned centrally and serve as a background for the text. The text is written in a bold, black, sans-serif font and is centered within the yellow area of the letters.

**Athletics
&
Extracurricular
Activities**

Sportsmanship Conduct

Students attending MHS or FCPS sporting events should give athletes POSITIVE encouragement and support. Participation in any unsportsmanlike conduct (such as booing, taunting, inappropriate signs, foul language or physical contact) may result in removal from the premises and appropriate disciplinary action, including the possible prohibition from all school activities/events.

Extracurricular Ineligibility

Organizations, activities, and all music, drama and athletic programs are subject to the “Academic Standards for Participation in Extracurricular Activities” policy. The student must carry a 2.0 grade point average. Specific rules governing this policy can be found on the FCPS website:

- Refer to BOE Policy 509: <https://apps.fcps.org/legal/documents/509/history/77>
- All incoming ninth graders are eligible through the first marking period.

Sports Teams

Fall	Winter	Spring
Cheerleading Cross Country Field Hockey Flag Football Football Golf Soccer Unified Tennis Volleyball	Basketball Cheerleading Diving Indoor Track and Field Swimming Unified Bocce Wrestling	Baseball Lacrosse Outdoor Track and Field Softball Tennis Unified Track

Clubs

The students of Middletown High School are offered membership in a variety of clubs and organizations. Some are an integral part of the day-to-day classroom curriculum, others are special interest groups that meet during the school day and are sponsored and advised by a member of the Middletown High School staff or parent volunteers. Clubs meet on Wednesdays during FLEX.

Add link to club list

Dance Conduct Expectations

School events should provide a healthy, safe and enjoyable atmosphere for all students. The following behavior expectations are designed to ensure positive dance environments for our students, staff and community.

FCPS Expectations for Students and Guests:

- Students may only purchase a ticket after financial obligations have been paid.
- All FCPS rules, regulations and policies are in effect for FCPS dance events.
- Possession, use, or being under the influence of drugs, alcohol and tobacco products is an infraction of both FCPS regulation and MD state law.
- [Student Dress Code Policy 439](#) will be enforced during all FCPS events, including dances.

The dance is only for the students of the home school and their guests.

- All attendees must be enrolled in grade 9 or above.
- All guests attending FCPS dances must be under 21 years of age.
- All guests must be approved in advance by the school administration.
- All guests must enter and leave the dance with the student who invited them to attend.
- Participants are not permitted to leave and return.
- All guests must provide a photo ID before entering a dance.

As stated in the [Student Code of Conduct](#), students shall refrain from all Public Displays of Affection (PDA) while on campus or while attending and/or participating in a school-related activity, including school dances. Students are prohibited from taking actions such as unwelcome conduct of a sexual nature that creates an intimidating, hostile, or offensive environment.

Failure of participants to comply with these guidelines may result in:

- Suspension from the dance floor for a period of time
- Expulsion from the dance and forfeiture of the admission cost
- Suspension from future home school extracurricular activities
- Suspension from future FCPS (home and guest) extracurricular activities
- Fully lighted dance floor
- Termination of the dance

The image features a large, stylized graphic of the letters 'M' and 'A' in a yellow-orange color with a grey outline. The word 'Transportation' is written in a bold, black, sans-serif font across the center of the letters.

Transportation

School Bus Regulation

School bus regulations can be found in the Calendar Handbook. In emergency situations only, students who need to ride an alternate bus to school or home, must bring a note to the front office for verification the day before, in case of a morning ride, or the morning of the change, in case of an afternoon change. The note is verified via a parent phone call. If the note is not turned in on time, or is not received, the bus ride change cannot be made.

High school students are not allowed to ride the bus home with Middle School students.

Bus Status

To check the status of your school bus use this link: <https://apps.fcps.org/transportation/status>



Parking on Campus

A parking permit is required for all students to park on the property during school hours. Vehicles without permits will be ticketed. Visitors must park in visitor slots. Seniors and work study students are given priority as parking space is limited. Students must not assume that space is available for everyone who wishes to drive.

Students and their parent/guardian must complete a “Parking Agreement Form” and students must present their driver’s license when submitting the completed form to the front office (available [here](#) and in the front office).

Both the student and a parent must sign the agreement.

CONSEQUENCES FOR BREAKING DRIVING/PARKING RULES ARE INCLUDED IN THE PARKING AGREEMENT FORM.