EVENTS · MUSIC · ART · FILMS · DINING · NEWS · COMMUNITY · LIFESTYLE · HEALTH · SPORTS · BUSINESS · ADVICE

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CV WEEKLY

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FANTASY SPRINGS RESORT CASINO



Lady A
Live in Concert
8PM, SAT, FEB 15



ANDY GRAMMER
FEB 28



VILLAGE PEOPLE
MAR 8



DAVID SPADE AND DANA CARVEY
MAR 15



OLD DOMINION
MAR 21

Children's Discovery Museum of the Desert pg5
Spirit of the Desert Foundation pg5
Gary Louris pg8
Golden Boy Boxing pg19
Car Boot Kings pg19

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EXCITING ENTERTAINMENT LINEUP AT FANTASY SPRINGS CONTINUES TO FEATURE TOP TIER ARTISTS, COMEDIANS, AND BOXING

Fantasy Springs Resort Casino continues to raise the bar for world-class entertainment, offering an impressive lineup of performances across multiple venues. From chart-topping artists and electrifying concerts to comedy shows and intimate lounge performances, there's something for everyone — and best of all, many events are free and parking is always free. Whether you're seeking a night of high-energy music or a laid-back evening with friends, Fantasy Springs is the place to be.

The Special Events Center will host a star-studded lineup of entertainment including:

Lady A (Feb. 15) – Grammy-winning country trio

Andy Grammer (Feb. 28) – Pop sensation and hitmaker

Golden Boy Boxing (March 6) – Hometown hero Manny Flores will headline

Village People & Special Guests Tavares (March 8) – Disco legends

David Spade & Dana Carvey (March 15) – Comedy icons

Old Dominion (March 21) – Award-winning country band

The Price Is Right Live! (March 28) – Interactive game show experience based on the classic TV show.

Dance lovers can keep the party going at LIT Rockin' Weekends, featuring:

Pulp Vixen (Feb. 14 & 15)
Dudes of San Diego (Feb. 21 & 22)
B.I.G. (Feb. 28 & March 1)
Dance Dance Evolution (March 7 & 8)
Tre'sure (March 14 & 15)
Party Sugar (March 21)
Smooth Touch (March 28 & 29)
Free Admission, guests must be 21.

The highly anticipated return of The Rock Yard on March 7 will bring the nation's best tribute bands back to Fantasy Springs for incredible outdoor performances through December.

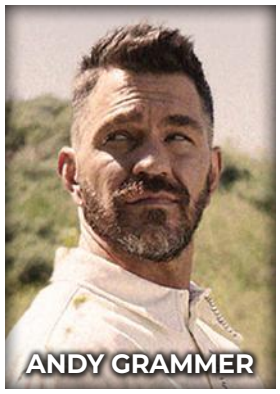
Which One's Pink, Pink Floyd Tribute (March 7)
Queen Nation, Queen tribute (March 8)
Strangelove, Depeche Mode tribute (March 14)
Damage Inc., Metallica tribute (March 15)
The Chicago Experience, Chicago tribute (March 21)
Prince Again, Prince tribute (March 22)
Rain, Creed tribute (March 28)
Smooth, Santa tribute (March 29)
Free admission, guests must be 18 to rock.

For sweeping views and a swanky atmosphere, head up to **twelve** every Friday and Saturday night, where MoonChild Duo kicks off the night with acoustic and unplugged sets, followed by Steel Rod performing everything from Marvin Gaye to Metallica.

Free Admission, guests must be 21.

For more information about entertainment at Fantasy Springs Resort Casino or to purchase tickets head to the Fantasy Springs Box Office, via phone (760) 342-5000 or online at FantasySpringsResort.com. CV


LADY A


ANDY GRAMMER


DAVID SPADE


DANA CARVEY


THE VILLAGE PEOPLE


OLD DOMINION

COACHELLA ANIMAL NETWORK TO HOLD LOW-COST MULTI-SERVICES DOG AND CAT CLINIC IN INDIO ON FEB. 14 AND 15

The Coachella Animal Network will hold a multi-services, affordable clinic for dogs and cats at the ABC Recovery Center in Indio located at 44359 Palm St. on Friday, Feb. 14 and Saturday, Feb. 15 from 10 a.m. – 2 p.m.

Services offered include a spay and neuter clinic on both days, appointments are highly recommended. Stand-by appointments may be available on first come, first serve basis. Low-cost vaccines, microchip, and licenses will be available on a walk-in basis on Saturday, February 15 only. For fees, appointments, and more information about the clinic visit, coachellaanimalnetwork.org, or call (760) 848-4284.

In addition to the clinic, there will also be complimentary nail trimming and ear cleaning, along with groups offering pet education.

The Mission of C.A.N. is to make a positive difference in the community. Pet ownership provides endless joy and happiness for both the animal and owner, enriching each other's lives. After witnessing the devastating consequences of pet abandonment in our community, C.A.N. decided to set up low-cost clinics to make sure people can afford to keep their pets and become responsible pet owners.

"One day I noticed the stray dogs and cats throughout the Valley and wondered why anyone wasn't doing anything and someone suggested I do something," C.A.N. founder and CEO Kim Maguire-Hardee said. "Looking back, I didn't know what I was getting into, but this has been the most rewarding experience of my life."

Since July 31, 2013, C.A.N. has spayed/neutered over 20,500 dogs and cats, preventing multitudes of unwanted births.

Groups that are participating include Coachella Animal Network, Palm Springs Animal Shelter, Loving All Animals, S.O.A.R, Pawfect Time, Traveling Paws, and the office of Riverside County Supervisor Manuel Perez.

Fantasy Springs Resort Casino continues to be a proud sponsor of C.A.N. CV


MORE DATES!
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"BRIGHT BEGINNINGS" FUNDRAISER BENEFITTING CHILDREN'S DISCOVERY MUSEUM OF THE DESERT CELEBRATES THE MUSEUM'S REOPENING AND BRIGHT FUTURE

EVENTS



The Children's Discovery Museum of the Desert is the beneficiary of an exciting fundraiser on Tuesday, February 18, from 5:00 PM to 7:00 PM at Las Casuelas Nuevas in Rancho Mirage. The fundraiser and friendraiser is hosted by Board of Director Chair, Catherine Robinson, First American Title and Fundraising Committee Chair, Erika Unruh, Stonegate West Real Estate Group. The event is generously sponsored by Andres and Tajah Delgado, Las Casuelas Nuevas.

Be a part of our 2nd Annual Fundraiser and a much-anticipated update for guests on the museum's reIMAGINATION project and reopening and future Museum endeavors. The reIMAGINED gallery features new adventures such as children navigating a wild noodle forest, creating culinary masterpieces like grasshopper tacos in the Garden Taco Stand, and testing climbing skills in the Net Climbing Structure! Fundraiser attendees will also enjoy a margarita welcome and a wide variety of delicious light bites – all flavors of the Delgado 50-year family history of Casuelas restaurants in the Coachella Valley. Tickets are $125 per person and can be purchased on Eventbrite.

Link for tickets: Bright Beginnings: Fundraiser for Children's Discovery Museum of the Desert Tickets, Tue, Feb 18, 2025 at 5:00 PM | Eventbrite

"Growing up in the Coachella Valley, I have countless memories of spending joyful days at CDMoD, exploring, experimenting, and making lifelong memories with my parents and friends. Now, as a mom of two, it's a dream come true to share those same experiences with my daughter and son. In a world where technology often dominates, I cherish the opportunity to pause and engage in hands-on learning and imaginative play, creating meaningful moments that will last a lifetime. It's because of the generosity of people like you that we can continue to reimagine and expand the programming that nurtures creativity and curiosity in our children", Catherine Robinson, Board Chair.

The first phase of the reIMAGINATION project focused on the innovative main gallery, new programming and camps, field trip programs, and increased accessibility including reopening as a Certified Autism Center. Future growth includes a Yoga Lawn promoting mental health among families, a building dedicated to Middle School and High School Aged Kids, expanded outdoor experiences and ongoing innovative programming and events.

CDMoD positively impacts the lives of our children, giving them a place to explore themselves and the world around them through curiosity, creativity, and discovery as they learn at their own pace. They create "Bright Beginnings" for our community's future leaders.

"As a mom, I wanted a place where my daughter could use her imagination and creativity, and our museum offers just that. While we have incredible support, we need ongoing community involvement and support to ensure our kids continue to have a fun, enriching environment. It's not just for the children—it's a place where parents can connect and build lasting memories with their families", Erika Unruh, Board of Directors and Fundraising Committee Chair.

Tickets to the event are limited and sponsorships are welcome. Attendees can also plan to gift the museum with funding on the event night. Contact Lorena@cdmod.org to coordinate gifts, surprises, and donations.

"I am so grateful to the community for embracing the Museum as we journeyed through our reIMAGINATION and reopening last year. We realize the impact we have on this community and our families, and we take that responsibility seriously. The Museum holds a special place in my heart as I have over 800 photos of our kids enjoying the museum and I want every family to have those same cherished memories." Cindy Burreson, CEO, Children's Discovery Museum of the Desert.

For those unable to attend the event, consider donating $120 here: https://64943.blackbaudhosting.com/64943/General-Contributions. Or reach out for larger gifts and partnership opportunities. www.cdmod.org.

The Children's Discovery Museum of the Desert, the only facility of its kind in Greater Palm Springs, offers learning experiences in a creative and engaging environment. This valuable resource is designed for children and their families to experience the joy of learning about themselves and the world around them through hands-on explorations of exhibits and programs.

Thank you to our media sponsor: Digital Party Sound. CV







SPIRIT OF THE DESERT FOUNDATION: BRINGING MUSIC TO THE COMMUNITY

EVENTS

SPIRIT OF THE DESERT FOUNDATION

The Spirit of the Desert Foundation, a nonprofit organization, was founded in 2019 by musician, songwriter, and recording artist Johnny Meza and his wife, Tracey. Dedicated to fostering the arts, the foundation provides ukuleles, recorders, and professional music instruction to elementary students in the Desert Sands Unified School District. To date, the foundation has helped over 450 students, giving them the opportunity to learn and appreciate music from an early age.

A Mission to Inspire Through Music

The mission of the Spirit of the Desert Foundation is to promote the arts by providing musical instruments, professional instruction, and scholarships for college-bound music majors. Beyond working with young students, the foundation's impact extends to the senior community as well. The musicians on the board actively perform at assisted living facilities, bringing the joy of live music to senior residents.

Upcoming Fundraisers: A Night of Music and Nostalgia

To continue supporting music education and fund scholarships for high school graduates, the foundation has planned two exciting fundraising events at BG Plaza, 73600 Alexandra Drive, Palm Desert.

February 17 – Rock Around the Clock with Elvis Tribute

From 6 PM to 9 PM, attendees will be transported back to the 1950s with a Rock Around the Clock event featuring Elvis tribute artist Rob Hund.

- The evening kicks off with Guitarist Rockin Vance Jorgensen, an inductee of the 2022 Iowa Rock and Roll Hall of Fame, performing live in the lobby.
- Inside the main venue, DJ Ronnie Felix, "The Ronz" will spin the best '50s hits, recreating the energy of the golden era of rock and roll.
- Attendees can enter a raffle and participate in a best costume contest to win prizes.
- At 7 PM, "Elvis" enters the building, and the night continues with a rockin' and rollin' performance, celebrating the legacy of the King of Rock and Roll.

Tickets: purplepass.com/lovemetender

March 31 – A Tribute to Rod Stewart

The second fundraising event, also at BG Plaza from 6 PM to 9 PM, will be a spectacular tribute to Rod Stewart, featuring tribute artist Rg Stewart.

- Attendees will enjoy performances of Rod Stewart's biggest hits, including Maggie May, Infatuation, Hot Legs, and many more.
- This night promises to be an unforgettable celebration of classic rock and the timeless music of Rod Stewart.

Tickets: purplepass.com/hotlegs









Supporting the Next Generation of Musicians

In June, the foundation will announce and award scholarships to deserving high school graduates pursuing music in college. A special event will be held to honor the recipients, with details to be announced soon.

For more info or to support the foundation, contact Executive Director Johnny Meza at (442) 677-9229.

By attending these fundraisers or making a donation, you can help keep music alive for students and aspiring musicians while enjoying a night of unforgettable entertainment! CV

PAMPERED PALATE

WILDEST WELCOMES SCOTT CARTER FOR LIVE MUSIC & DANCING EVERY THURSDAY NIGHT!



Wildest Restaurant & Bar is thrilled to announce that the incredibly talented Scott Carter will be performing live every Thursday night from 6:00 to 10:00 PM. Guests can now experience his soulful, engaging performances while enjoying our award-winning wine list, innovative cocktails, and California-inspired farm-to-table cuisine.

Scott Carter, a dynamic singer-songwriter and guitarist, has captivated audiences with his unique blend of blues, rock, and Americana. His rich vocals and masterful guitar playing create an unforgettable musical experience, making him a perfect fit for Wildest's lively and welcoming atmosphere.

"We couldn't be more excited to have Scott as part of the Wildest experience every Thursday night," says Charissa Farley-Hay, owner of Wildest. "His music brings an energy that truly complements our vision—great food, great drinks, and great vibes. We invite our guests to come for dinner, stay for the music, dance a little, and make Thursday nights at Wildest a new weekly tradition."

Whether you're joining us for a special dinner, unwinding with a glass of wine, or simply looking for an incredible live music experience, Scott Carter's performances at Wildest promise an evening of pure entertainment and exceptional hospitality.

Event Details:

Live Music Every Thursday Night

6:00 PM – 10:00 PM

Wildest Restaurant & Bar – El Paseo, Palm Desert

Tel: (760) 636-0441

DON'T FORGET ABOUT OUR MINGLES EVERY THURDAY 4-6!

A weekly event designed to bring people together on El Paseo. Wild Mingle, a social happy hour every Thursday from 4-6 PM, invites friends, colleagues, and singles to unwind, network, and connect in an elevated yet relaxed setting. With exclusive discounts on a selection of hand-crafted cocktails and wine tasting flights, Wild Mingle offers the ideal ambiance for those looking to enjoy great company and fabulous drinks.

DON'T FORGET ABOUT HAPPY HOUR(S)!

Featuring both early and late-night specials to cater to all schedules. Guests can indulge in extraordinary bites, craft cocktails, and curated wines while enjoying live music every night of the week. With an enticing menu and unparalleled entertainment, Wildest is setting the stage for unforgettable evenings in the Coachella Valley.

Happy Hour, Twice the Fun: Early birds and night owls alike can savor our delectable Happy Hour offerings:

• Early Happy Hour: 4:00 PM 6:15 PM

• Late Night Happy Hour: 7:45 PM 10:00 PM (Two for one house wine, beer, and well cocktails.)

Our Happy Hour menu includes mouthwatering dishes such as:

• Short Rib Tacos ($10): Tender braised short ribs with smoky chipotle, salsa verde, and crumbled cotija cheese on warm corn tortillas. * Grown-Up Grilled Cheese ($19): A luxurious blend of Brie and Gruyère, paired with velvety tomato soup.

• Hi'ilani Shrimp ($17): Crispy shrimp in a sweet-and-spicy glaze topped with wasabi aioli and sesame furikake.

• Truffle Fries: Golden fries tossed with Parmesan cheese and aromatic truffle oil.

Pair these dishes with handcrafted cocktails like the Cucumber Gin Refresher and the Maple Old Fashioned or explore our curated wine and draft beer selection, starting at just $6.



About Wildest Restaurant & Bar:

Wildest is a premier dining destination in Palm Desert, known for its farm-to-table approach, award-winning wine list, and vibrant atmosphere. With a commitment to quality ingredients and unforgettable experiences, Wildest continues to be a favorite for locals and visitors alike. CV



JAM FOR LA

SAFETY TIPS

BY FIRE CHIEF SAM DIGIOVANNA



Come join us February 23rd 2025 at the beautiful South Coast Winery Resort and Spa in Temecula, CA. This event is supported by the California State Firefighters' Association (CSFA).

Smooth Jazz legend Dave Koz will be cohosting this event with Michael Paulo who have added Rick Braun, David Benoit, Chris Walker and Richard Elliott to our lineup. This will be the biggest smooth jazz event of the year and all for a good cause. All artists are donating their time and effort so you can enjoy great entertainment and help those that lost their homes and businesses in the LA fires.

There will be live & silent action items. All fundraising & ticket proceeds will go to help local charities the fire victims. Please come and show your support showing we care and stand together while sending a message of hope to those communities that are trying to recover.

Reserved seating sold out ! Limited amount of General Admission seats available . This will sell out . Don't wait to buy your tickets

For artist line up and ticket link: **TIX. COM.** If you would like to purchase please call 951-764-1726. Proceeds to go directly to non profit charity.

The South Coast Winery is located at 34843 Rancho California Rd, Temecula, CA 92591

www.apauloproductions.net

Fire Chief Sam DiGiovanna CV



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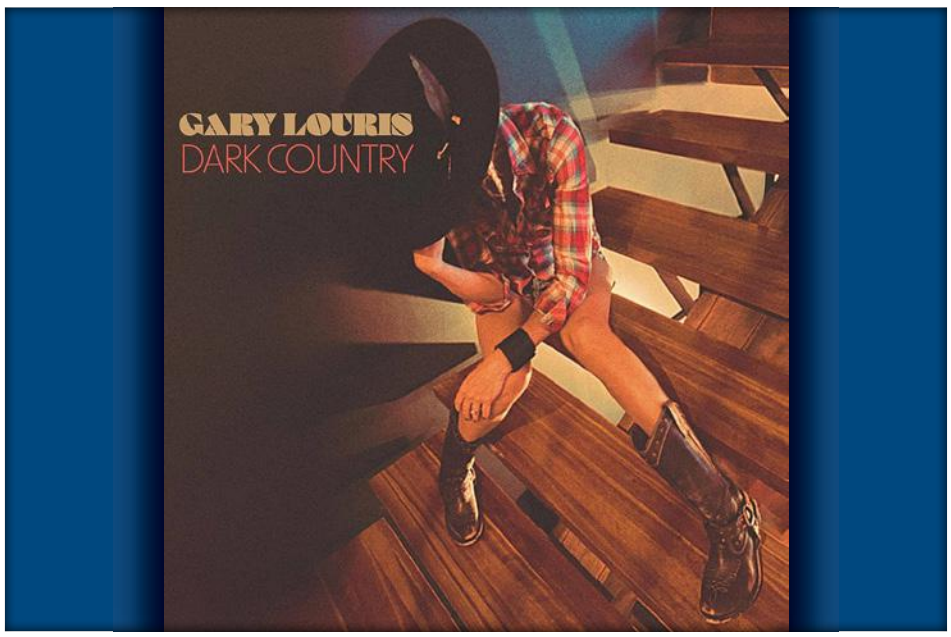
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CONSIDER THIS

GARY LOURIS "DARK COUNTRY" (SHAM/THIRTY TIGERS RECORDS)



BY ELENI P. AUSTIN



The origins of alt.country (sometimes known as Americana) can be traced back to Los Angeles in the mid '60s. Former teen idol Rick Nelson, musician and Monkees actor Mike Nesmith and Georgia/Florida transplant Gram Parsons separately (yet simultaneously) hit upon the idea of cross-pollinating Country and Rock & Roll. Although they shared the credit (and each were acknowledged rather belatedly), bands like the Eagles and Poco reaped the rewards, commercially and financially. In fact, the Eagles kind of took it to the limit, so to speak.

Nearly 20 years later, another amalgam emerged, Cow-Punk. Bands like Rank & File, Jason & The Scorchers, The Rave-Ups and The Beat Farmers wed the "aw shucks" sincerity of Country to the snarling nihilism of Punk. While it seemed incongruous on paper, this combustible combination was an astute alliance. In their time, Hank Williams, Sr, Johnny Cash and Jerry Lee Lewis were as Punk Rock as Sid Vicious, Joe Strummer and Dee Dee Ramone. A couple of years later it evolved into alt.country, with bands like Uncle Tupelo, The Bottle Rockets and The Jayhawks carrying the torch.

Jayhawks co-founder Gary Louris was born in Toledo, Ohio in 1955. He was drawn to music at an early age. He took piano lessons as a kid, switching to guitar in his teens. He studied architecture at the University Of Minnesota, receiving his degree in 1977. But he quickly detoured from that career path, as his passion to make music truly took hold.

Soon enough, he was writing his own songs on a recently purchased electric guitar. He joined his first band, Schnauzer, in 1980. Their sets consisted of Garage Rock and British Invasion covers. He caught a break in 1982 when he was added to the line-up of his favorite Minneapolis Roots-Rock outfit, Safety Last. They had already released a well-received EP, and Gary was on-hand for their one and only long-player, 1983's *Struck By Love.*

Two years later, Mark Olson (guitars/vocals), Marc Perlman (bass) and Norm Rogers (drums) had joined forces as the Jayhawks. All three were veterans of the Twin Cities music scene. Rather serendipitously, Gary attended their first gig. He struck up a conversation with Mark. He ended up joining the band. Their sound drew from mutual inspirations like Gram Parsons, Bob Dylan's *Nashville Skyline* album, The Louvin Brothers and Tim Hardin.

In 1986, The Jayhawks released their self-titled debut on their own Bunkhouse record label. The band took a short hiatus so Gary could recover from a serious car accident. In that interim signed with the Minneapolis indie Twin/Tone, which launched the careers of bands like The Suburbs, The Replacements and Soul Asylum.

Their sophomore effort, *The Blue Earth,* garnered critical acclaim and caught the ear of producer George Drakoulias. He had already hit a homerun producing The Black Crowes' 1990 debut. His enthusiasm caused Rick Rubin to sign them to his Def American label. The Jayhawks' commercial breakthrough happened with their third album, *Hollywood Town Hall.* Produced by George Drakoulias and released in 1992, it featured hits like *"Two Angels"* and *"Waiting For The Sun."* Both songs went into heavy rotation on MTV and a new radio format, Adult Album Alternative (AAA). The band hit the road opening for The Black Crowes and then Tom Petty & The Heartbreakers.

By now, Gary and Mark were the band's primary songwriters. Despite the success of their fourth long-player, *Tomorrow The Green Grass,* Mark quit the band, weary of the road and wanting to spend more time with his wife, singer-songwriter, Victoria Williams. Going forward, Gary became the Jayhawks frontman and de facto leader.

More stellar albums followed, *Sound Of Lies, Smile* and *Rainy Day Music* in 1997, 2000 and 2003, respectively. In between Jayhawks commitments, Gary was also part of the boozy, alt.country super group Golden Smog, which included Jeff Tweedy from Wilco, Kraig Johnson from Run Westy Run, Dan Murphy and Dave Pirner from Soul Asylum and Jody Stephens from Big Star.

The Jayhawks took an extended break following their *Rainy Day* album. A couple years later Gary began collaborating with his old compadre Mark Olson, which resulted in their 2008 duo album, *Ready For The Flood.* He also found time to record his first solo effort, *Vagabonds.* When the Jayhawks returned to the studio to make their eighth long-player, Mark Olson was back on board. Following their tour, he jumped ship, just ahead of 2016's *Paging Mr. Proust,* 2018's *Back Roads And Abandoned Motels* and 2020's *XOXO.* A year later, Gary released a second solo record, the playful *Jumping For Joy.* Now he has returned with his third, *Dark Country.*

The record flutters to life with *"Getting Older,"* Smoky harmonica washes over strummy acoustic guitar, that kinda-sorta echoes the chord changes on The Jayhawks' breakthrough hit, *"Waiting For The Sun,"* but here, the sun seems to be setting. Authoritative piano notes underscore lyrics that advocate for change: *"You hear that voice inside your head, don't drown out what is being said, so blue yet seeing red, alive yet feeling dead."* Dense, yet delicate guitars sidle across swooping harmonica and plangent piano on the break as the sweet chorus offers a bit of a carpe diem: *"And time won't wait for you to make decisions in the dark, while breaking each other's hearts, it's time we make a new start, and we're just getting older."* Guitars and piano tangle on the instrumental coda.

Two more tracks seem to tackle the impending threat of geezerhood, *"Better To Walk Than To Run,"* and *"Dead Porcupine."* The former is a spare and bare-bones, just plaintive vocals and shimmering guitars. Lyrics offer up some hard-won wisdom: *"In the blink of an eye, it all rushes by, did we find what we were after, were we filled with laughter, or left only in tears."*

The latter exhibits a Stonesy swagger that recalls the *Beggar's Banquet* era. Sturdy acoustic riffs are bookended by ramshackle bottleneck notes. Gary's mien is conversational even as it feels like the end is nigh: *"The trees don't lie and the clouds don't cry unless they hide the sun, the moon creeps deep into my restless sleep and makes me come undone/Moss and stones on brittle bones, the atmosphere is heavy, East of here the Trail Of Tears is overgrown with Ivy."* The chorus unfurls like haunting a cri de Coeur: *"Oh my baby, never leave me, oh my baby, never leave me."*

In recent interviews, Gary has said this album is a love letter to his wife, Stephanie. Those songs stretch across the length of this record, beginning with *"Couldn't Live A Day Without You."* Sun-dappled guitars partner with sturdy keys as Gary gently caresses sweet encomiums like *"You are the air that I breathe, every day you give me a a reason to believe, forgive me when I fail ya, I get crazy once and a while."* Following the chorus, he floats some tender *"doo-do-do-doo's"* that conjure comparisons to the late, great Harry Nilsson.

"By Your Side" shares some musical DNA with Neil Young's *"After The Gold Rush."* A majestic string arrangement and woozy harmonica accents wraps around this piano-driven ballad. Gary essentially bares his soul: *"I walked a fine line, between the dark and the light, and then I met you and my forever home fell within my sights, a little bungalow, and you my darling wife, yeah, I'll be by your side, yeah, I'll be by your side."*

Gary executes a stylistic 180 on *"Living On My Phone."* Straying from his alt.country roots, the song is powered by pastoral guitars and bloopy keys. The quiescent arrangement, matched by the percolating instrumentation leans closer to Elliott Smith than Merle Haggard. Melancholy lyrics sketch out the eternal disconnect that accompanies life on tour: *"The hours they disappear, tell me have they been wasted, I am, am I not here, what tail have I been chasing, I'd trade it all away for just a moment or a day I could be with you."*

Although two tracks don't explicitly address marital bliss, they are love songs just the same. *"Blow 'Em All Away"* drafts off thematic blueprints like Big Star's *"13"* and Bruce Springsteen's *"Thunder Road."* The longing to get out from under oppressive surroundings is palpable. Guitars ring as and piano chords ripple and wistful pedal steel threads this aural tapestry. Lyrics like *"We'll steal your Daddy's car, roll down the window and ride on the breeze, we'll live on what we got, and our love, she's gonna blow 'em away,"* suggests the typical teenage rebellion, but the following verse: *"I don't care what people say, if they don't like us they can look the other way, we'll go walking arm in arm, we don't mean nobody harm, we're just livin' our lives, doin' the best we can,"* indicates there's more at stake. There's an ache to *"Listening To Bobby Charles"* that has less to do with playing the music of the late, underappreciated Louisiana musician, then it does navigating the occasionally rocky shoals of romance. Keening harmonica runs lattice liquid acoustic arpeggios across a sunny melody. The songs of Bobby Charles are meant to soothe the ruffled feathers of marital misunderstanding: *"Flying solo without a wing, hard through the sideways rain, with a foggy feeling, broken but still working overtime, I'm dodging bullets, still living the dream/There listening to Bobby Charles, beneath the blue suburban sky, I feel like a drunken shark, smelling the blood and wondering why."*

Other interesting tracks include *"Redefining Love,"* which is an ode making music and finding love. Then there's *"Helping Hand,"* a jittery declaration of friendship and the surprisingly muscular *"Two Birds,"* which celebrates the power of two.

The album closes with a faithful take on the Harry Nilsson deep cut, *"Perfect Day."* Filigreed fretwork is buoyed by gossamer strings and beatific "ahh-ahhs." This minor-key masterpiece originally appeared on Harry's 1977's *Knilsson* album. Gary does little to alter this ethereal soundscape, even jettisoning his usually reedy tenor in order to replicate Harry's three and a half octave range. Lyrics like *"Ride with me, glide with me, stay by my side with me through the night, ride on the wings of the angels of love who are on our on our side,"* is right in line with the themes he's explored here. Ultimately the perfect way to end this record.

While Gary played most of the instruments himself, writing and recording the album in his home studio in the mountains of Quebec, he received some superstar assists from Eleanor Whitmore and Stephen McCarthy. Eleanor, best known as half of the alt.country duo The Mastersons, added string arrangements and played violin. Stephen, a founding member of The Long Ryders and an occasional Jayhawk, played pedal steel, electric and baritone guitars and co-wrote *"Better To Walk Than Run."*

It seems wholly apropos that the record will be released on Valentine's Day. CV

CLUB CRAWLER NIGHTLIFE

THURSDAY, FEBRUARY 13

Babaloo Lounge – Steven Sanders Piano Bar – 4-6:30pm, Woody and the Retros – 7pm
Bart Lounge – Trappea Thursdays – 8pm
Casuelas Café – Palo Xanto – 5:30pm
Coachella Valley Brewery PS – Live Music – 6:30pm
Coachella Valley Brewery TP – Open Mic Night Hosted by Matt Claborn – 6pm
DJ's Sports Bar & Grill – Throwbacks w/ DJ Rapmarz – 9pm
Eddie V's – Danielle Alexander – 6:30pm
Indian Wells Resort Hotel – Christine Love – 6pm
Larkspur Grill – Fun with Dick & Jane – 6pm
Lavender Bistro – Jeff Bonds and Scott Carter – 6pm
The Local on 50th – Karaoke Thursdays w/ DJ Gold Dust – 8pm
The Nest – Live Music – 6:30pm
Pappy & Harriet's – Spooky Mansion – 9pm
Plan B Live Entertainment & Cocktails – Daytime Moon – 8pm
Purple Room – Sharon Sills – 6:30pm
Sandbar – Bill Baker – 6pm
Shadow Mountain Golf Club – Open Mic – 4-7pm
Shanghai Reds PS – Live Music – 6pm
Tommy Bahamas – Alex Santana – 5pm
Twelve @ Fantasy Springs – HWY 111 – 8pm
V Wine Lounge & Martini Bar – Jason Weber – 6pm
Vicky's of Santa Fe – Richard Turner Jr. and Wayne Cobham – 6pm
Wildest – Derek Jordan Gregg – 6pm

FRIDAY, FEBRUARY 14

Babaloo Lounge – Eric Frankson Piano Bar – 4-7pm, Inka Kings – 7pm
Bart Lounge – DJ – 8pm
Big Rock Pub – Electric Feel – 7pm
Casuelas Café – The Myx – 6:30pm
Coachella Valley Brewery – "Laughs and Drafts" – 8pm
DJ's Sports Bar & Grill – TBA – 8pm, DJ Rapmarz – 11pm
Eddie V's – Johnny Meza Trio – 6:30pm
Indian Wells Resort Hotel – Marc Antonelli – 6pm
Kitchen 86 – Krystofer Do – 6pm
La Quinta Brewery – Karaoke – 8pm
Larkspur Grill – "Art of Sax" w/ Will Donato – 7pm
Lavender Bistro – Jeff Bonds and Scott Carter – 6pm
Lit @ Fantasy Springs – Pulp Vixen – 9pm
The Local on 50th – Live Music – 7pm
Mitch's on El Paseo – Alex Santana – 12-2:30pm
The Nest – Live Music – 6:30pm
O'Caine's – Kilty as Charged – 6pm
Pappy & Harriet's – Michael Shannon and Jason Narducy – 9:30pm
Plan B Live Entertainment & Cocktails – Red's Rockstar Karaoke – 9pm
Purple Room – Ben Jones – 8pm
Sandbar – Bill Baker – 6pm
Shanghai Reds PS – Barry Baughn Blues Band – 7pm
Tommy Bahamas – Alex Santana – 5pm
Twelve @ Fantasy Springs – Moonchild – 7pm, Steel Rod – 10:30pm
V Wine Lounge & Martini Bar – Siobhan – 7pm
Vicky's of Santa Fe – Doug MacDonald Trio – 5pm, John Stanley King – 7:30pm
Wildest – Derek Jordan Gregg – 6pm

SATURDAY, FEBRUARY 15

Babaloo Lounge – Eric Frankson Piano Bar – 4-6:30pm, Hotwyre – 7pm
Bart Lounge – DJ – 8pm
Big Rock Pub – The Refills – 7pm
Casuelas Café – Michael Keeth – 12, Live Music – 6:30pm
Coachella Valley Brewery – Taproom Tunes – 8pm
DJ's Sports Bar & Grill – DJ Rapmarz – 9pm
Eddie V's – Danielle Alexander Trio – 6:30pm
Indian Wells Resort Hotel – Marc Antonelli – 6pm
Kitchen 86 – Krystofer Do – 6pm
Larkspur Grill – The 70's Party Band – 7pm
Lavender Bistro – Mark Guerrero and Scott Carter – 6pm
Lit @ Fantasy Springs – Pulp Vixen – 9pm
Mitch's on El Paseo – Alex Santana – 12-2:30pm
The Nest – Live Music – 6:30pm
O'Caine's – Killt – 6pm
Pappy & Harriet's – Sam Grisman Project – 9:30pm
Plan B Live Entertainment & Cocktails – Red's Rockstar Karaoke – 9pm
Purple Room – Ben Jones – 8pm
Sandbar – Bill Baker – 6pm
Shanghai Reds PS – Barry Baughn Blues Band – 7pm
Tommy Bahamas – Alex Santana – 5pm
TQLAS – Derek Jordan Gregg – 11:30-2:30pm
Twelve @ Fantasy Springs – Moonchild – 7pm, Steel Rod – 10:30pm
Vicky's of Santa Fe – Rose Mallett – 5pm, John Stanley King – 7:30pm
Wildest – Derek Jordan Gregg – 6pm

SUNDAY, FEBRUARY 16

Babaloo Lounge – Judy Wolman Piano Bar – 4pm, Inka Kings – 7pm
Bart Lounge – DJ LF – 8pm
Casuelas Café – Mariachi – 1pm, Paul Douglas – 5:30pm
Coachella Valley Brewery PS – Trivia Hosted by Wes Gainey – 4-6pm
Coachella Valley Brewery TP – Acoustic Afternoon – 3:30pm
DJ's Sports Bar & Grill – DJ Rapmarz – 9pm
Eddie V's – Chris Cerna Group – 6pm
Fisherman's Market, PS – Live Music – 6pm
Kitchen 86 – Krystofer Do – 6pm
Lavender Bistro – Mark Gurrero and Scott Carter – 6pm
Melvyn's – Mikael Healey – 3:30-7:30pm
The Nest – Live Music – 6:30pm
Pappy & Harriet's – Video Age – 9pm
Plan B Live Entertainment & Cocktails – LNA Karaoke – 7pm
Purple Room – The Judy Show – 7pm
Shanghai Reds PS – Live Music – 6pm
Tommy Bahamas – Alex Santana – 12pm
TQLAS – Derek Jordan Gregg – 11:30-2:30pm
Wildest – Derek Jordan Gregg – 6pm

MONDAY, FEBRUARY 17

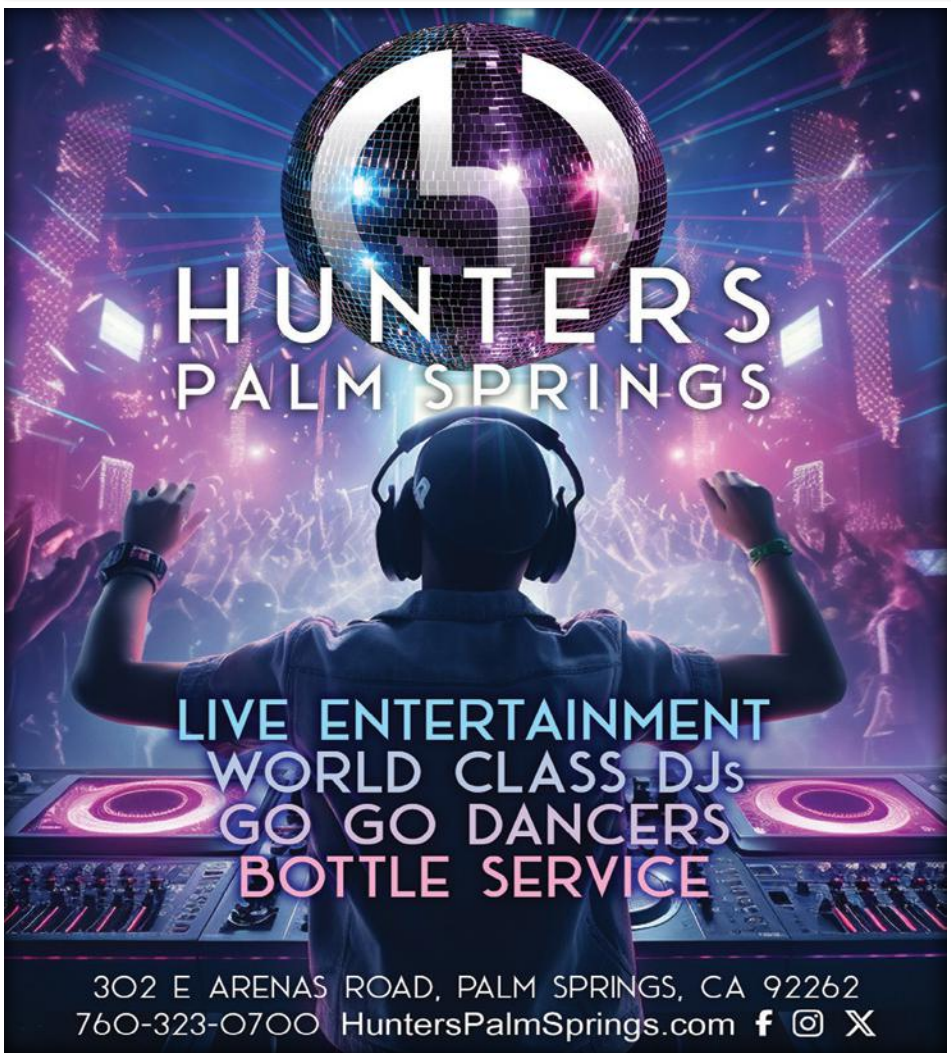
Babaloo Lounge – Judy Wolman Piano Bar – 4pm
Casuelas Café – Desert Suite Band – 5:30pm
Eddie V's – Chris Cerna Group – 6:30pm
Indian Wells Resort Hotel – Sharon Sills – 6pm
Lavender Bistro – Abbie Perkins and Jeff Bonds – 6pm
The Nest – Live Music – 6:30pm
Shadow Mountain Golf Club – Phil and Lorie – 3:30pm
Tommy Bahamas – TBA – 12pm
V Wine Lounge & Martini Bar – Leanna and Miguel – 5pm
Vicky's of Santa Fe – Fun with Dick and Jane – 6:30pm

TUESDAY, FEBRUARY 18

Babaloo Lounge – Judy Wolman Piano Bar – 4pm, Hotwyre – 7pm
Casuelas Café – Johnny Meza Duo – 5:30pm
DJ's Sports Bar & Grill – Banda Night – 9pm
Eddie V's – Yve Evans – 6:30pm
Fireside Lounge – Red's Rockstar Karaoke – 9pm
Larkspur Grill – Scott Carter – 7pm
Lavender Bistro – Abbie Perkins and Mark Guerrero – 6pm
The Local on 50th – Trivia Night Hosted by Dacoda Miracle – 7pm
The Nest – Live Music – 6:30pm
Purple Room – Rose Mallett – 6:30pm
Sandbar – Bill Baker – 6pm
Shadow Mountain Golf Club – Game Night – 4-6pm
Tommy Bahamas – Live Music – 5pm
V Wine Lounge & Martini Bar – Keisha D – 6:30pm
Vicky's of Santa Fe – Slim Man Band – 6:30pm

WEDNESDAY, FEBRUARY 19

Babaloo Lounge – Steven Sanders Piano Bar – 4pm, DJ Mirage – 6:30pm
Casuelas Café – Lisa Lynn and the Broken Hallelujahs – 5:30pm
Coachella Valley Brewing Co. – Trivia Night Hosted by Derek Wade Timmons – 7pm
DJ's Sports Bar & Grill – Country Night – 9pm
Eddie V's – Yve Evans – 6:30pm
The Hood – Open Mic – 9pm
Indian Wells Resort Hotel – Patrice Morris – 6pm
Larkspur Grill – Slim Man and Chase Huna: "Rat Pack Duo" – 6pm
Lavender Bistro – Abbie Perkins and Scott Carter – 6pm
The Local on 50th – George Delegans – 7pm
The Nest – Live Music – 6:30pm
Palm Canyon Roadhouse – Country Night w/ Roger and the House Rebels – 6pm
Plan B Live Entertainment & Cocktails – Red's Rockstar Karaoke – 9pm
Purple Room – Charles Herrera, Darci Daniels and Michael Holmes – 6:30pm
Sandbar – Bill Baker – 6pm
Shadow Mountain Golf Club – Doug McDonald Trio – 5:30pm
V Wine Lounge & Martini Bar – Karaoke Hosted by Julian – 6pm
Vicky's of Santa Fe – John Stanley King Cowboy Songs – 6pm CV





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FILM



Captain America: Brave New World *(1h 58m – Rated PG-13) Action, Adventure, Sci-Fi*

Starring Anthony Mackie, Harrison Ford, Danny Ramirez, Shira Haas, Carl Lumbly, Xosha Roquemore, Johannes Haukur Johannesson, Giancarlo Esposito, Tim Blake Nelson

After meeting with newly elected U.S. President Thaddeus Ross, Sam finds himself in the middle of an international incident. He must discover the reason behind a nefarious global plot before the true mastermind has the entire world seeing red.

Paddington in Peru *(1h 46m – Rated PG) Adventure, Comedy, Family*

Starring Hugh Bonneville, Emily Mortimer, Julie Walters, Olivia Colman, Antonio Banderas, Ben Whishaw

When Paddington discovers his beloved Aunt Lucy has gone missing from the Home for Retired Bears, he and the Brown family head to the wilds of Peru to look for her, the only clue to her whereabouts a spot marked on an enigmatic map. Determined to solve the mystery, Paddington embarks on a thrilling quest through the rainforests of the Amazon to find his aunt and may also uncover one of the world's most legendary treasures.

You, Me & Her *1h 34m – Rated R) Comedy, Drama*

Starring Ritesh Rajan, Selina Ringel, Sydney Park

For Mags and Ash, marriage has become a series of arguments and compromises, leaving them both yearning for more. On their first vacation alone since becoming parents, their arguments threaten to ruin the trip—until they meet Angela, a free-spirited digital nomad who stirs unexpected feelings in Mags and gives her permission to be a version of herself she has not been in years, fun! Intrigued by Angela, the couple flirts with the idea of a threesome, but it's never as simple as it seems.

Silents Synced: Sherlock Jr. w/ R.E.M. *(45m – Rated PG-13) Adventure, Detective Thriller*

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Animation (1h 28m)

Beautiful Man (Belgium, France, Netherlands); In the Shadow of the Cypress (Iran); Magic Candies (Japan); Wander to Wonder (Netherlands, Belgium, France); Yuck (France)

Documentary (2h 39m)

Death By Numbers (USA); I am Ready, Warden (USA); Incident (USA); Instruments of a Beating Heart (Japan); The Only Girl in the Orchestra (USA)

Live Action (1h 42m)

A Lien (USA); Anuja (India); I'm Not a Robot (Belgium, Netherlands); The Last Ranger (South Africa); The Man Who Could Not Remain Silent (Croatia) CV

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THE VINO VOICE

BY RICK RIOZZA



UPTOWN TASTES AT TRIO

Hey! Finally there is some wonderful news for us foodies, locals, visitors, and travelers all about. Palm Springs' famed Uptown Design District's **TRIO Restaurant**, is celebrating the fresh new year with their new 2025 interior design and refreshed beverage list and menu options that incorporate both their uptown beloved traditional meals along with some new innovative & delicious dishes.



It's been a while since this column has done a fine restaurant review, but we're back in the saddle again and are so pleased to begin our new year's program of restaurant and wine venue reviews by covering one of our favorite spots in Palm Springs: the Uptown favorite, TRIO Restaurant.

We recently visited, ate, and chummed around with famed restaurateur Tony Marchese, founder of **TRIO,** and his new ***Executive Chef, Gladis Lizarraga.*** If her name sounds familiar, she recently served as Executive Chef at Wildest Restaurant & Bar in Palm Desert, where her leadership earned accolades including Palm Springs Life's "Best of the Best 2022" and OpenTable's 2022 Diners' Choice Award.

Right now, I find ***Chef Gladis*** sitting comfortably on my wine radar. She's is on record stating, "Enjoying delicious food and drinking a good wine go hand in hand with enjoying life. A great chef doesn't just follow recipes—they bring their unique style and vision to every dish, making it truly special." With over 15 years of experience in the restaurant industry, *Chef Gladis* brings a unique blend of precision and creativity to the **TRIO** kitchen.

We'll get to her new innovative dishes in a moment—but hey, you loyal readers definitely wish to hear first about the ***exciting wine and beverage*** list available at this cool venue. Quick enough: you can go on-line to check out the great wine deals all over TRIO's wine map: ***www.triopalmsprings.com/wine-list.*** And as you may remember, we've been covering their wine list since they made the Wine Spectator' Award of Excellence for the past 8 years!

Enough said: However, do keep in mind that TRIO's wine bottle prices are one of the lowest restaurant mark-ups in town. We wine enthusiasts certainly know the costs of our favorite bottles and we applaud their extensive and reasonably price wine list. *Cheers! to that!*

The new bar design looks great and the vibe is as cool and friendly as ever. That night, our favorite seasoned bartender, Jose, was as amiable as ever and played the *Cocktalian Du Jour* showcasing some of the fun and innovative libations that are sprawled on the ***Specialty Cocktail List***: ***triopalmsprings.com/beverages***.

I know the trend these days is Tequila & Mezcal, so I guess I'm trending because for starters, I requested the ***Mezcalita*** made with Codigo Blanco Tequila, El Silencio Mezcal, Ancho Verde Liqueur, Orange Liqueur, Lime Juice, Agave. I'm a shooter type guy, but this drink opened my eyes.

My next drink, **P.H.A.T.** ***(Pretty Hot & Tempting)*** featuring El Silencio Mezcal, Campari, Orgeat, Jalapeno Infused Tequila, Watermelon Liquor, Lemon Juice, and Tajin, made me a believer and I will order this cocktail instead of shots whenever I sit at Jose's bar. Then our attentive server, Dominic, suggested I try the ***Blood Orange Whiskey Sour*** headlining Bulleit Bourbon, Blood Orange Puree, Egg White, Lemon Juice, Simple Syrup; ahh—now I understand the love of the Bourbon cocktails.

And talk about trending, for those so inclined, the TRIO ***Mocktails*** at only $8, showcase how well these unleaded libations can match up. We tried the ***Hibiscus Punch***, made with Hibiscus Syrup, Strawberry Puree, Lemon Juice, Orange, Basil, Soda, which was delicious—and, it would work anytime as a fresh cleanser between dishes. Check out their array of non-alcoholic cocktails.

Okay—we mentioned the Award Winning Wine List already. Now here's some new fun wine news: Our valley celeb, Tony Marchese has become a winemaker too! Available now is the **Trio Cabernet Sauvignon and Chardonnay**. Tony handed me a bottle of Cab and told me that he was indeed up in Paso Robles stomping on grapes, bottling wine, kissing babies—you know how they do it!

So I put on my wine critic hat and found the wines to be right-on with the California palate. *Have fun!* Order a bottle with that Palm Springs chic art on the label and impress your fellow diners! (By the way—at home, I opened the Cab and aerated it for a couple of days, it was the perfect steak wine!

Back to the menu entrees where the menu simply overflows with delicious dishes. Our server Dominic made some comment that sounded like that Oscar winning movie: "The

menu has everything everywhere all at once" —or something like that. It's true: the menu had something for everyone. Please go on-line to ***triopalmsprings.com/dinner*** where you'll find starters, salads, pasta, vegetables & vegetarian, land & sea, and desserts. And they strive to provide locally produced ingredients!

There's also a new weekend ***Brunch Menu, Uptown Prix Fixe,*** and this current week, a **Valentines Menu** offering both their Regular Dinner menu along with ***$79 Valentines Prix Fixe Menu.*** Indeed, there *i*s everything culinary-wise available—so much so that we'd love to come back for an added review in a couple of months.

However, some of our favorite Chef Gladis' works of culinary art include:

Beet Tartare: Avocado Mouse, Vegan Horseradish Aioli, Toasted Farro, Micro Greens. I love my meat, but I love this beet just as well. A nice appetizer starter fresh and delish!

Japanese A5 Beef Carpaccio: Horseradish Aioli, Fennel, Chives, Mustard Frill, Olive Crumble. Ahh—here's the beef! The best in town!

Do remember to order the ***Local Lettuce Salad***, the ***Spiced Carrots*** (these were so good, I asked Chef for her recipe), and **Wild Mushroom Ravioli*: House*-made pasta prepared daily,** Ricotta, Burrata, Spinach, Grana Padano, Wild Mushroom Marsala Sauce.

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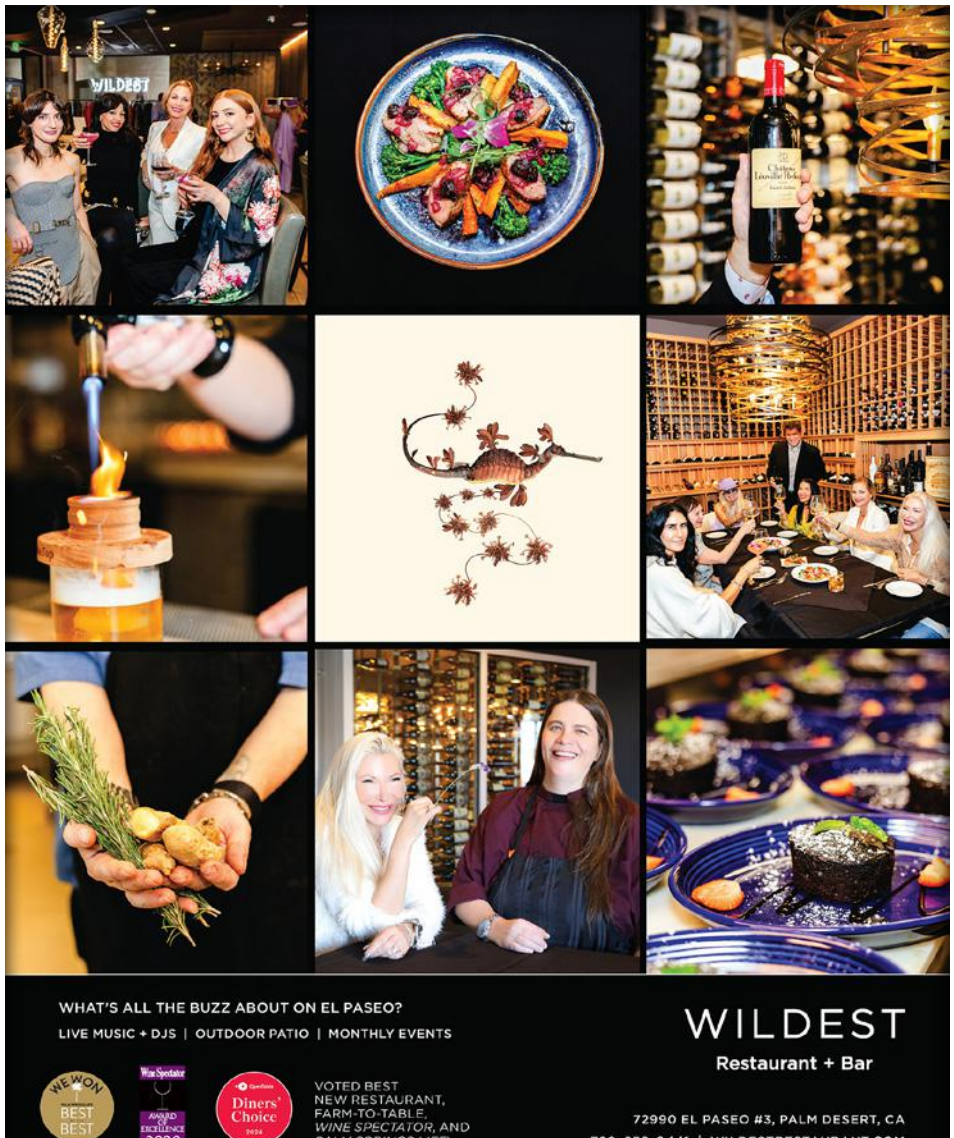
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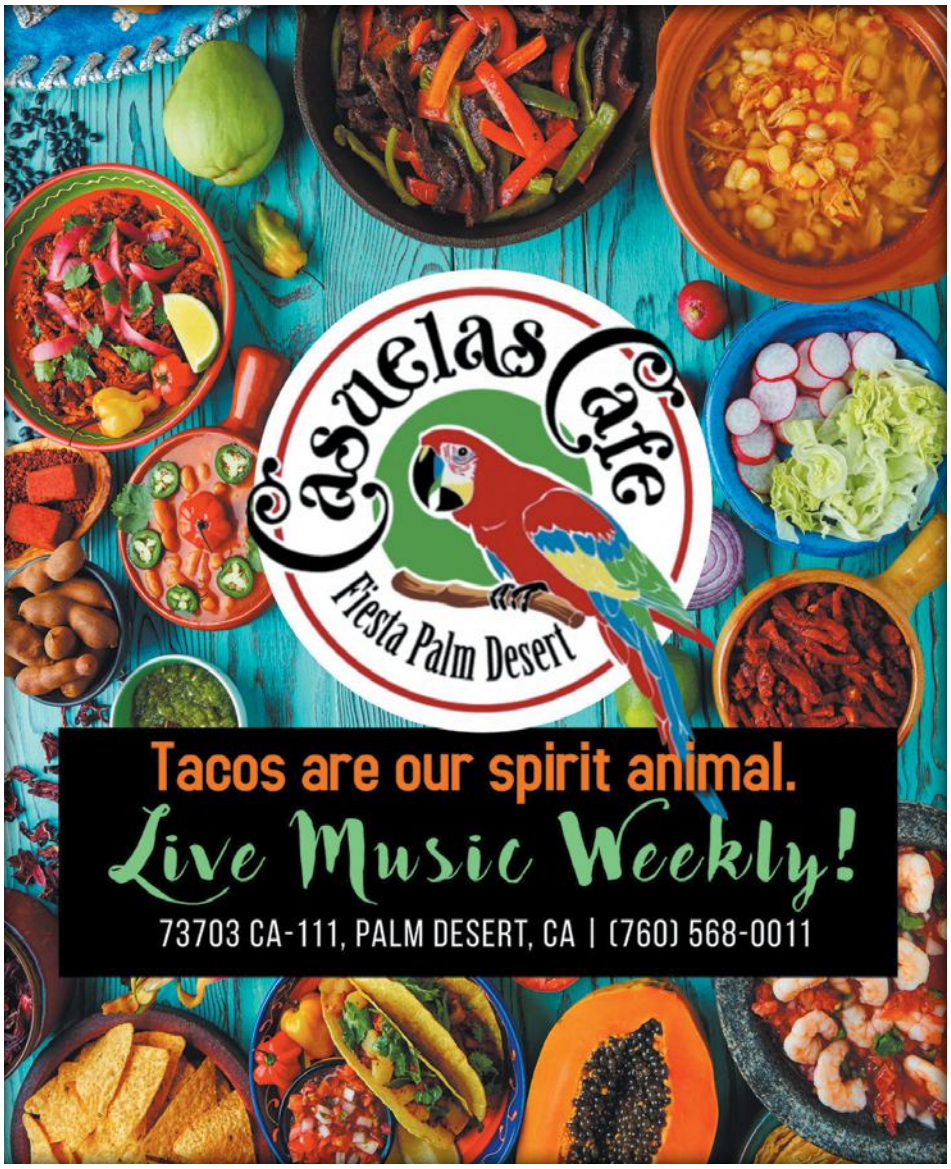
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BY JANET McAFEE

Valentine's Day is Friday, February 14. A special Coachella Valley rescue dog named Skipper celebrates every day with love, happiness, and gratitude. Skipper has lessons to teach us humans including how to live happily in the moment, how to overcome adversity, and how to love unconditionally. He is currently in a wonderful Loving All Animals foster home and seeking a great home where he gets lots of attention.

Life didn't start out so well for Skipper. He was found injured and unable to walk by the side of a road in Desert Hot Springs. Was he hit by a car? Was he abused and then discarded? Did someone drop him off there because they could not afford vet care? We will never know his past, but his luck changed after a Good Samaritan contacted the City of Desert Hot Springs Animal Care Center shelter. Skipper tells us his story.....

"It was May 2024, and I was just a small puppy shivering in the darkness trying to drag my body from the path of oncoming cars. One of my rear legs would not move and the searing pain spread from my neck to my paw which was covered in pus. Finally, a pair of headlights stopped. A woman walked towards me and started making phone calls about me. An officer in uniform arrived in a truck and gently placed me inside.

I was eventually taken to a white building where people wearing white coats met me. They gave me medication for the pain, and I was so relaxed I didn't resist when they took x-rays. Everyone looked worried and I heard them say "amputation". The shelter manager contacted Loving All Animals, a local animal rescue organization because I needed a foster home for bed rest afterwards.

I was so happy when I went to Tony's foster home. I wagged my tail in gratitude to let everyone know there would be good things after my hardship. I enjoyed going for short walks with Tony. Soon I walked so well I forgot about my missing leg until someone called me a "Tripod"! They said I was a "Special Needs Dog"...I just knew I was special and seeking love like every pup.

I started to run around Tony's home. I could run fast, play, use stairs, and even swim in the pool. Now it was time for me to go to the Loving All Animals shelter in Coachella. I was happy to see other dogs there and was soon playing games and running around with them in the large backyard. Some people there think I look like a Mountain Cur breed of dog with a brindle coat. I greeted visitors who came to the shelter and they would pet me but talk about how they wanted to adopt a small fluffy dog.

My life took a wonderful turn for the better when Briana who works at Loving All Animals decided to foster me! We arrived at her house and I met her dogs and her cats. I had never before seen cats and I approached them with curiosity, but when I suggested we play they ran up on top of high furniture. It's so much fun to play tug of war with a rope toy with Briana's family.

I heard Briana say, "Skipper is a ladies man! He prefers to hang out with women and tries to vocalize to join their conversations. He tries to run as fast as my dogs when they race around. When he starts to slow down from the other dogs, he runs over to me for play time. He will make a great guard dog because he usually barks when strangers arrive.. Skipper is a fabulous dog!"

Skipper is now 10-months old, a healthy command-trained pup weighing approximately 44 pounds. Briana brings him with her on the days she works at Loving All Animals. He loves going car rides but is happiest during the road trips home with his foster Mom. He has an optimism and a zest for life that comes from surviving tough times. He lives his life with enthusiasm not realizing he has any limitations.

The heart of a rescue dog is something special. Be the lucky family who adopts Skipper and gives him the love and attention he deserves. Animals adopted through Loving All Animals receive the assistance of dog trainer Valerie Masi as needed. Call Loving All Animals at (760) 834-7000 to arrange a meet and greet with Skipper. February is the season for love, and you will surely fall in love when you meet special pup Skipper. www.lovingallanimals.org

Janetmcafee8@gmail.com CV



MEET BUTTERCUP

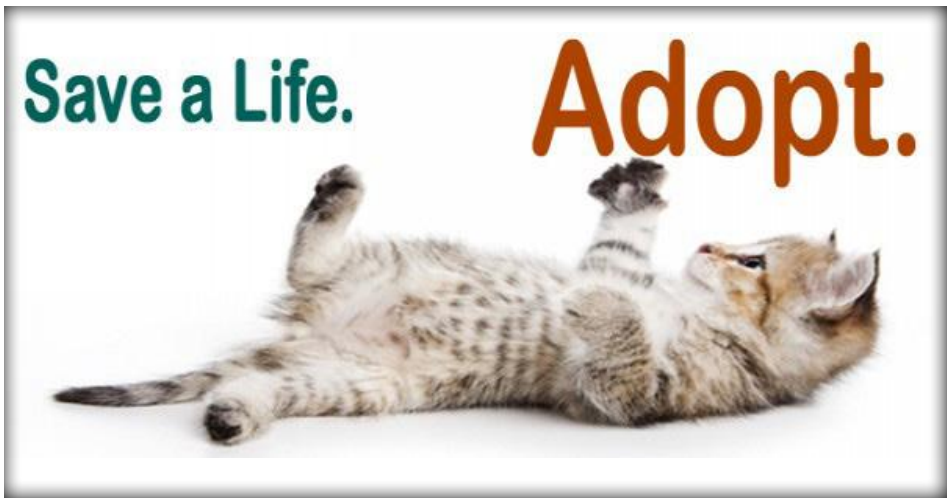
FABULOUS BUTTERCUPS LOVES HER DAILY OUTINGS WITH A VOLUNTEER! Come meet this tri-color Shepherd at the Coachella Valley Animal Campus, 72-050 Pet Land Place, Thousand Palms, ask to take her to a private visiting room and be greeted with a kiss.



MEET ELVIS

I'm a 3-yr-old Cool Dude! I'm just 13-lbs of doggie love seeking a home with humans who give me lots of attention. You "Can't Help Falling in Love" when you meet me at Loving All Animals shelter in Coachella. Give me a call at (760) 834-7000.





Here is a partial list of animal shelters & rescues:

COACHELLA VALLEY ANIMAL CAMPUS – Open 10:00-4:00 Monday through Saturday. View animals online at all 4 county shelters www.rcdas.org, 72-050 Pet Land Place, Thousand Palms, Call (760) 343-3644. (Public)

PALM SPRINGS ANIMAL SHELTER – Open to the public, closed Tuesday. View animals online at www.psanimalsshelter.org and complete application for the one you want to meet, 4575 E. Mesquite Ave, Palm Springs, Call (760) 416-5718. (Public)

DESERT HOT SPRINGS ANIMAL CARE & CONTROL - Open daily 9:30-4:30. www.cityofdhs.org/animal-care-control.com, View animals at www.petango.com/dhsacc. 65810 Hacienda Ave, Desert Hot Springs, Call for appointment (760) 329-6411 ext. 450.

ANIMAL SAMARITANS – Open to the public. View their animals at www.animalsamaritans.org. Email volunteer@animalsamaritans.org to foster or volunteer. Located at 72307 Ramon Rd, Thousand Palms, (760) 601-3918. (Private)

CALIFORNIA PAWS RESCUE - Call for an appointment to adopt. Located at 73650 Dinah Shore, Palm Desert. View their animals at www.californiapawsrescue.com, (760) 656-3833. (Private)

HUMANE SOCIETY OF THE COACHELLA VALLEY – Fill out an application online www.orphanpet.com and call for an appointment. This shelter has dogs of all sizes and cats, Located at 17825 N. Indian Canyon, Palm Springs, (760) 329-0203. (Private)

KITTYLAND – Open to the public to adopt cats and kittens. Located at 67600 18th Avenue, Desert Hot Springs, www.kittylandrescue.org, (760) 251-2700. (Private)

PRETTY GOOD CAT – Foster based rescue for cats located in La Quinta. Contact them at www.prettygoodcat.com, (760) 660-3414 (Private)

LOVING ALL ANIMALS – Call for appointment to adopt dogs. Located at 83496 Ave 51, Coachella, www.lovingallanimals.org, (760) 834-7000. (Private)

ANIMAL RESCUE CENTER OF CALIFORNIA (ARC), Foster based rescue for dogs and cats in Indio. www.thearc-ca.org, (760) 877-7077 (Private)

FLUFFS & SCRUFFS – Foster based rescue for small dogs in Cathedral City. FLUFFSANDSCRUFFS@AOL.COM, (310) 980-3383 (Private)

SOCIETY'S OUTKAST ANIMAL RESCUE – Foster based rescue for dogs in Rancho Mirage, www.societysoutkasts.com, (760) 832-0617. (Private)

LIVING FREE ANIMAL SANCTUARY – Large outdoor shelter for dogs and cats up Hwy 74, Mountain Center, www.living-free.org, (951) 659-4687. (Private)

CITY OF BANNING ANIMAL SHELTER – Open daily 10am-6pm. Located at 2050 E. Charles Street, Banning. Many beautiful animals of all sizes. View animals at www.arerecue.org/banning. (951) 708-1280 Short staffed so don't always answer phones. (public)

CITY OF SAN BERNARDINO ANIMAL SHELTER – Open 12:00 – 3pm Tues through Sat. Google "City of San Bernardino Animal Shelter" for website to view animals and get the ID number of the animal you want. Located at 333 Chandler Place, San Bernardino, (909) 384-1304 or (909) 384-7272. (Public)

SAN BERNARDINO COUNTY ANIMAL SHELTER AT DEVORE – Open 7 days a week. Call (909) 386-9280, www.sbcounty.gov/acc and get the ID number of animal you are interested in adopting, 19777 Shelter Way, San Bernardino (Public). CV



These friendly dogs are at the Coachella Valley Animal Campus waiting for homes. Come meet them at 72-050 Petland Place, Thousand Palms, and www.rcdas.org for more info.

RIVERSIDE COUNTY DEPARTMENT OF ANIMAL SERVICES









INVESTMENT GAMIFICATION

HADDON LIBBY



BY HADDON LIBBY



Since COVID, there has been a marked increase in the gamification of stock market investing. This 'Meme stock culture' focuses on a small group of stocks that become loved in community investment forums on Reddit. This leads to large groups of small investors working together to move the price of a stock to valuations untethered to the company's underlying economics. AMC Theatres and GameStop were early beneficiaries of groups like r/wallstreetbets.

At present, Palantir and Rigetti Computing are major beneficiaries of retail investor support with minimal professional investment manager support. (This is not investment advice. If you want investment advice, see a licensed professional like me.)

Palantir is a stock loved by retail investors and shunned by many professional investors. Professionals dislike the investment due largely to its current stock price. Retail investors are attracted by the company's strong growth potential and its charismatic leader, Alex Karp. The stock has also become a darling in online Reddit communities.

Palantir is a Denver-based software company that runs central operating systems for government agencies and various industries and utilizes AI to enhance performance. With $2.2 billion in annual sales and $210 million in profits, the company has a market value of $250 billion. Stated differently, the stock price implies a value equal to more than 500 years of profits or more than 100 times sales. The ultra-premium price is based largely on its annual revenue growth rate of 25%. Independent rating service Morningstar recently increased its target price to 180 years of profits.

Rigetti Computing is another retail stock darling. Way back on Halloween, the stock was trading at $1.50/share, well below its 2021 IPO price of $10/share. Currently, the stock trades at $12.50/share. This Berkeley-based company specializes in quantum computing. Quantum computing uses the principles of quantum mechanics to perform computations in ways traditional computers cannot. Where a traditional computer thinks of a unit of information as a 0 or 1, a quantum computer can be 0 and 1 simultaneously making it dramatically faster than traditional computers.

Righetti offers quantum computing via its cloud-based systems. Primary competitors are Google, IBM, Microsoft, Amazon or Honeywell's Quantinuum. In this David versus Goliath battle, Righetti had revenues of $2.4 million during its most recent quarter with a $15 million loss. Investors have a $3.2 billion valuation on this stock.

Sales were down versus the same quarter in 2023 yet the projections are for 55% growth in 2025. I'm estimating that this means Righetti will have a little less than $4 million in revenues and a loss of $12 million. Since its inception four years ago, RIghetti has chewed through more than $400 million in capital from investors. While the opportunity in quantum computing is an exciting one, can Righetti succeed against competitors spending as much as $100 billion annually on computer advancements? Investors must be hoping that Righetti is to quantum computing what DeepSeek is to Generative AI.

The opposite of a meme stock is a boring old business like Microsoft with a $3 trillion valuation. This stock has gone nowhere over the last year as valuations are thought to be on the high side after increasing by 136% since 2020. The company does many similar things to Palantir and Righett. Microsoft had $245 billion in sales in 2024 representing a 15% growth rate. Profits were $88 billion meaning that Microsoft trades at a premium valuation equal to 35 years of profits.

You be the judge on whether a stock is valued correctly or not. When investing, there is nothing wrong with having a pool of money that you gamble with. This is a great way to learn about investing while having some fun. The important thing to remember is that you should keep most of your investments in stocks where valuations are more closely tethered to the underlying economics.

Haddon Libby is the Founder and Chief Investment Officer of Winslow Drake Investment Management, a Fiduciary RIA. For more information on our services, please visit www.WinslowDrake.com. CV

WINSLOW DRAKE
INVESTMENT MANAGEMENT

SUPERBOWL= PARTYING= PI & DUI

DALE GRIBOW ON THE LAW



LEGAL REPRESENTATION OF THE INJURED & CRIMINALLY ACCUSED



So, you attended a Super Bowl party to watch the Philadelphia Eagles and Kansas City Chiefs battle for the championship. Maybe you had too much to drink and got a DUI, or you were hit by someone who had too much to drink. Now what?

You must find a local, award-winning, Top Tier PI/DUI lawyer asap. With accidents, you don't have to worry about paying a retainer, because all experienced Accident lawyers represent you on a contingency. This means the lawyer takes 1/3 of the settlement. You just need to find a competent, experienced and, ethical lawyer.

In 1000 legal columns, over several decades, I have always recommended a local *non-TV/ Billboard advertising lawyer*. Advertising attorneys have many cases and can't pay attention to each client. I know because I was there 30 years ago with my 30-person firm. It was difficult to meet, let alone work on all my client's cases.

Thus, the client gets lost in the shuffle…and with a non-lawyer assistant…or the client is sold to another firm…and with a name like Larry H. Parker who is deceased or Jacoby and Meyers, where one is deceased and one basically retired. I understand both practices are being run by some young lawyers**.** With a DUI, the question is "can you afford a private DUI lawyer", or do you ask the court for a public defender. Surprisingly, many TV/Billboard PI/DUI lawyers don't get referrals from past clients and friends. There are several ways to find a PI/DUI "advertising" attorney… none work! Advertising lawyers are not always 100% wrong, but as a rule, they are 100% wrong for your PI/DUI.

Martindale Hubbell and Avvo are the most respected ratings publication with peer reviews by Judges and fellow attorneys. An AV Preeminent from Martindale and 10.0/5 Star Superb, from Avvo is the ideal. During my career, I have received both along with 30 Top Lawyer awards.

Local law enforcement often makes mistakes. A skilled DUI attorney can challenge the arrest or raise other technical defenses and often have the DUI dismissed or reduced.

A local, experienced lawyer helps clients use these errors to mount a successful DUI defense. A good DUI lawyer will carefully examine and aggressively attack all parts of the prosecutor's case, including: The Stop, Arrest, Refusal, Breath/Blood Tests and FST. So, don't let one night of drinking leave you with a HANGOVER for life.

There are sound reasons to hire a **local** lawyer: 1) Familiarity with the PS and Indio courts and the DA's. 2) Convenience. 3) A good reputation within the legal community, which helps in court. 4) Personalized attention on your case, as they are not juggling a large number of cases in various locations.

A few potential defenses that might be used in an Indio DUI case: 1) Lack of **probable cause,** when the officer didn't have a valid reason for stopping your vehicle (e.g. speeding, swerving, etc.). If so, any evidence obtained as a result of the stop may be deemed inadmissible in court. 2) **Improper administration of field sobriety tests** which can be subjective and may be administered improperly or evaluated unfairly. Thus, your lawyer may be able to challenge to the test results. 3) **Malfunctioning or improperly calibrated breathalyzers** allows you to question the results. 4) **Medications or medical conditions** that affected your ability to drive safely. 5) **Illegal search and seizure,** when the police violated your Fourth Amendment rights by searching your vehicle or seizing evidence without probable cause.

Each DUI case is unique, and the best defense will depend on the specific circumstances of the case. An experienced DUI attorney will be able to review the facts of your case and advise you on the best defense strategy.

"You don't get 30 Top Lawyer awards without standing on the shoulders of thousands of previous PI/DUI client's cases, from which you have learned all the trial and error tricks of maximizing the results and learning what works. I am thankful for those former clients"

My advice if you encounter a DUI or PI… SHUT UP! "Don't talk to the police or insurance companies without your lawyer's permission", because "Silence is Golden and Handcuffs are Silver". It's not what you said. It's what they thought you said! They are "Not on Your Side"; "You are NOT in Good Hands," and "Your Friendly Neighbor" will not give you a "Piece of the Rock."

DRINKING/TEXTING BOTH CAUSE ARRESTS/ACCIDENTS, MAKING A DRIVER MORE LIKELY TO GET A PI/DUI. DON'T DRINK, DRIVE OR TEXT.

Being Intexticated, is just as serious as being Intoxicated. **CALLING UBER IS CHEAPER THAN CALLING ME. REMEMBER, YOUR DOG WILL NEVER UNDERSTAND WHY YOU DIDN'T COME HOME!**

Dale Gribow's distinguished 5 Star PI/DUI legal/philanthropic career, warranted 30+ Top Lawyer Awards; 9 Man of the Year; 4 Dale Gribow Days and Mr. Charity…in recognition of dozens of charitable awards. He limits cases and personally answers calls.

---------- Cut out this card! ----------

GIVE THIS CARD TO OFFICER WITH LICENSE, INSURANCE, REGISTRATION

Upon advice of my attorney, Dale Gribow, I exercise my right to remain silent until you contact him at (760) 837-7500 or dale@dalegribowlaw.com for an OK. He advises, "the **VOLUNTARY** FIELD SOBRIETY AND BREATH TESTS, at the scene, are **OPTIONAL** (unless one is on probation). Thus I elect not to take them. I want to cooperate and am happy to take a BLOOD TEST." CV

SPORTS SCENE

MANNY "GUCCI MANNY" FLORES RETURNS AS MAIN EVENT FOR GOLDEN BOY BOXING FIGHT NIGHT AT FANTASY SPRINGS RESORT CASINO ON THURSDAY, MARCH 6, 2025



The Coachella Valley's hometown hero Manuel "Gucci Manny" Flores (18-1, 14 KOs) will return to Fantasy Springs Resort Casino to headline Golden Boy Fight Night on DAZN in a 10-round super bantamweight match up against Jorge "Zurdo" Leyva (18-3, 13 KOs) of La Paz, Mexico.

The 10-round main event will take place at the Special Events Center at Fantasy Springs on Thursday, March 6. Tickets are on sale now at the Fantasy Springs Box Office, via phone (760) 342-5000 or online at FantasySpringsResort.com.

On fight night, doors to the Special Events Center will open at 5 p.m. and the worldwide broadcast on DAZN will begin at 6 p.m.

With four consecutive knockout performances, "Gucci Manny" will be looking to give the fans another treat. He will face tough southpaw, Leyva who is no stranger to entering into the lion's cage and pulling out the victory.

I'm back in my hometown and ready to put on another show!" said Flores. "I am ready to separate myself from the rest of the division and continue my quest to become the best!"

"First and foremost, I would like to thank God, Golden Boy and my team for this great opportunity," said Jorge Leyva. "My promoter called me today to offer me the fight against Flores and without hesitation I said yes, 'Please make it happen.' I will be mentally and physically ready for a war. Manuel Flores is a great and tough fighter, however, I am up for the challenge. I know the importance of this fight. A win over Flores will be huge and will open up many great opportunities for me. I dedicate this fight to my family and all the boxing fans that will be watching on DAZN.

"Our Golden Boy Fight Night shows are a fight fan's opportunity to see boxing's hottest prospects of today as they become tomorrow's future world champions," said Golden Boy Chairman and CEO Oscar De La Hoya. "Our March 6 event is no exception, as the show will feature nonstop action from top to bottom, with a main event that will be a sure-fire knockout!"

Tickets for Golden Boy Fight Night on Thursday, March 6 are on sale now at the Fantasy Springs Box Office, via phone (760) 342-5000 or online at FantasySpringsResort.com. CV

EVENTS

CAR BOOT SALE TO BENEFIT COACHELLA VALLEY HIGH SCHOOL



BY CRYSTAL HARRELL



On March 15, a car boot sale will be held from 7 am to noon to benefit Coachella Valley High School at the high school backlot with an entrance on Avenue 55. The event will be hosted by the Coachella Valley High School ASB and special guests "The Car Boot Kings". There is free entrance for all buyers at the event and it is free for all ages—whether you are a seller or a buyer. The car boot sale will also be filmed for a UK television series.

EBOOT, owned by Andrew Walsh and James Taroni, have been running car boot sales for many years across the Midlands. They have grown their business and have loyal stall holders that have been coming to them for years, so much so they are now known as 'The Car Boot Kings'.

Following their success from the Channel 4 television program, the two businessmen from Sutton Coldfield in Birmingham have joined forces with Publicist Barry Tomes and will be flying out to the US in March to debut the first car boot in America, with a plan to form a franchise business in the future.

"Our main aim of coming back this time is to continue the work with the media department coaching the students. I have a UK TV presenter with me. We built a studio set at the school. We plan to film some Monica Price TV show episodes at CVHS. We will be interviewing Walter Clarke about his work and support for the schools. We are also in talks with the mayor of Coachella, Steve Hernandez. We also plan to have musicians and other characters on the show. We plan to film the car boot sale for a UK episode. All this will be amazing experience for the students. Hopefully we can expand this to other schools overtime," shared Tomes.

The practice of having garage sales in the United States, which take place on peoples drives and inside the garage of homes, differs from the traditional car boot sales that occur in the UK.

The car boot will take place at the Coachella Valley High School to raise vital funds for the school.

"The desert has a special place in my heart. I travel the world over but I am most relaxed in Palm Springs. I own a record label. Music is a big part of my life so it's always cool to visit Coachella. I also have a radio show called US10. I play only American music. It broadcasts on seven radio stations. I feature bands like Whitewater and Empty Seat on my show on a regular basis. Both from the desert," revealed Tomes.

'The Car Boot Kings' run the largest car boot sales in the Midlands. Barry Tomes is thrilled that they have been invited to run their first car boot ever in the United States.

"A teacher friend of mine, John Zembo, introduced me to his school, CVHS. He was always so passionate about the students I asked if I could visit. I finished up doing a talk for all the students in the auditorium. One question from a pupil moved me. He said, 'Sir. Why have you come here?' I asked, 'Don't you want me to talk?' They all said, 'no, it's fantastic,' he said. 'No one ever comes here.' I said, 'I promise you I will change that.' All schools need money. The fundraiser was a no-brainer. I am planning more," explained Tomes.

Seller spots are priced at 20 dollars and can be purchased online or in-person at the ASB office. CV





SWAG FOR THE SOUL

THE EFFECT OF ENERGY PROTECTION

BY AIMEE MOSCO



This world is filled with peril and we learn from a young age to respond in fear. There is a purpose for this. When there is the threat of danger, fear motivates us to heighten awareness and take actions that keep us safe from impending harm. If we had no fear, many of us would not be here today!

Often times as a course of habit, we humans respond with fear even when there is no mortal danger. We apply the physical world fear response to our emotions, to our beliefs, to our interactions with others and even to the energy that surrounds us. This is problematic in a spiritual context because the energy of fear aligns us with a victim view which cripples us in our ability to exercise creative freedoms.

We are divinely creative beings. We learn through explorations. We cultivate wisdom by collecting knowledge and then applying it. We broaden perspective through experience. We do not do any of these things to their fullest and highest degree when we are contracting from fear. We connect with our divinely appointed power when we our hearts are open.

The dawning of the new era has heightened our senses. We are becoming more aware of the energy that circulates around us, and not all of it feels good. Given that we are creatures of habit, when we sense lower vibrations, our inclination is to respond in fear and throw the shields of protection up. In many cases, this is completely counterproductive because that fear response strips us of our ability to manage that unfavorable energy.

Energy can be transmuted, diverted, neutralized, or reprogrammed, but you must acknowledge your divine power as a commanding force for any of those things to happen. When you deploy protection from energy such as a shield or a block, or you send energy away so it cannot harm you, then you have actually disempowered yourself which is likely the exact opposite of what you intended.



Energy circulating around you that has been generated by a source other than your inner spirit, holds no power over you unless you give your power away. A fear response does just that. It shuts down your divine power. You will maintain your energy field much more effectively if you embrace the belief and knowing that only energy you choose to accept as a divinely powerful being will penetrate the perimeter of your aura. This approach creates a filter that has the same desired effect as a shield, but without the fear.

So, the next time you feel compelled to protect yourself from unsavory energies that circulate about, take a pause. Embrace your divine power. State an intention to allow only love-based frequencies into your aura, and let that powerful filter go to work for you.

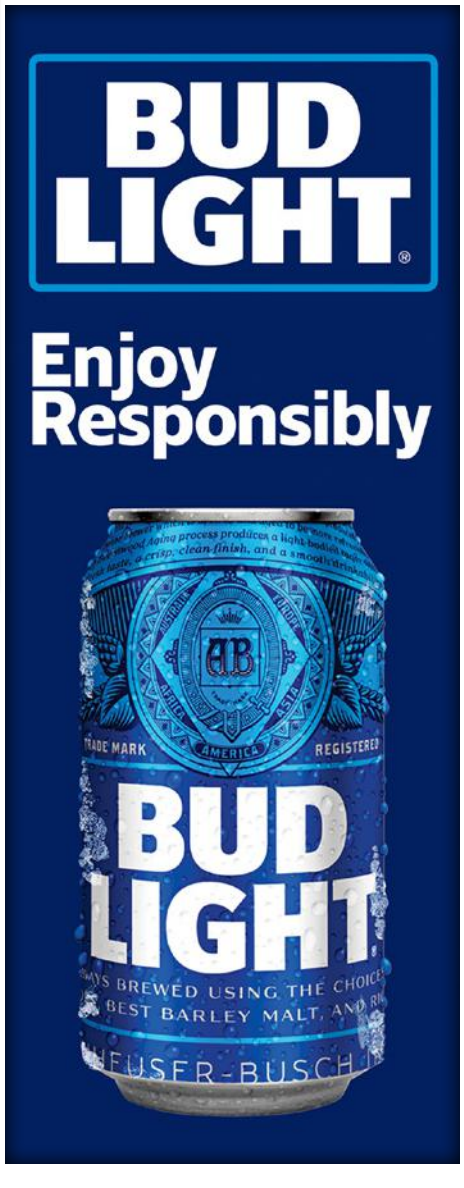
Aimee invites you to join her Telegram community ***DIVINE PURPOSE Discussions*** to explore the topic of energy**.** Go to https://t.me/+8XQ9bgCiF0A2Yzlx to join these discussions.

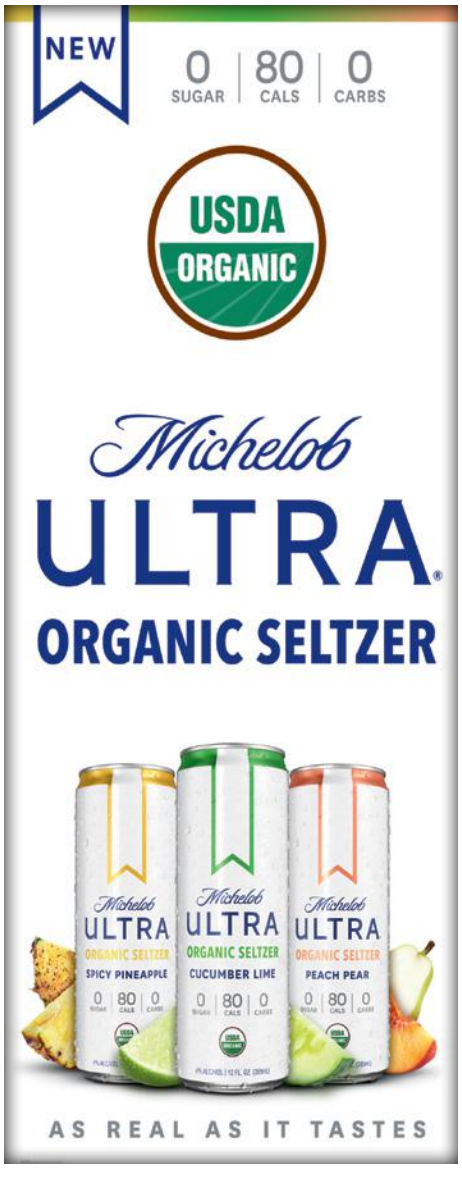
Aimee Mosco is an Author, Intuitive Channel, Spiritual Teacher and Co-Founder of Intentional Healing Systems, LLC. Aimee's desire to help others inspired her first book "Gratitude + Forgiveness x (LOVE) = Happiness". Aimee serves as an advisor to global charity organization, World Game-Changers, and as a board member to Coachella Valley Horse Rescue. Visit Aimee at www.ihsunity.com. CV

SWAG for the SOUL









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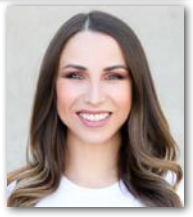
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BY COACH NADIA POPOVA

In today's fast-paced world, it's easy to let our health and well-being take a backseat. We're bombarded with demands on our time, and often, exercise falls by the wayside. But what if I told you that prioritizing physical fitness isn't just about looking good – it's about feeling good, thinking clearly, and living a longer, healthier, and more fulfilling life? It's about unleashing your inner strength, both physically and mentally.

This isn't just another fitness blog preaching the importance of exercise. This is about understanding *why* physical fitness is so crucial and how it impacts every facet of your being. It›s about recognizing the incredible power you have to transform your life through movement.



The Physical Perks: Building a Stronger You

Let's start with the tangible benefits – the physical changes you can see and feel. Regular physical activity is a cornerstone of good health, offering a wealth of advantages, including:

• **Stronger Muscles and Bones:** Weight-bearing exercises, like lifting weights or even bodyweight training, stimulate muscle growth and increase bone density, reducing your risk of osteoporosis and injuries.

• **Improved Cardiovascular Health:** Regular exercise strengthens your heart, lowers blood pressure, and improves circulation, reducing your risk of heart disease, stroke, and other cardiovascular problems.

• **Weight Management:** Physical activity helps you burn calories and maintain a healthy weight. It also helps regulate your metabolism, making it easier to manage your weight in the long run.

• **Increased Energy Levels:** It might seem counterintuitive, but exercise actually boosts your energy levels. By improving your cardiovascular health and strengthening your muscles, you'll feel less fatigued and have more stamina throughout the day.

• **Better Sleep:** Regular physical activity can improve the quality of your sleep, helping you fall asleep faster and sleep more soundly.

Beyond the Physical: The Mental Edge

The benefits of physical fitness extend far beyond the physical realm. Exercise is a powerful tool for improving mental and emotional well-being:

• **Stress Reduction:** Physical activity releases endorphins, which have mood-boosting and stress-reducing effects. Exercise can be a healthy outlet for pent-up emotions and can help you manage stress more effectively.

• **Enhanced Mood:** Regular exercise can help alleviate symptoms of anxiety and depression. The sense of accomplishment you feel after a workout can also boost your self-esteem and confidence.

• **Sharper Cognitive Function:** Studies have shown that exercise can improve cognitive function, including memory, attention, and focus. This is because exercise increases blood flow to the brain, delivering vital nutrients and oxygen.

• **Increased Confidence:** As you achieve your fitness goals and see positive changes in your body, your confidence will naturally increase. This can have a ripple effect on other areas of your life, from your relationships to your career.

Ready to Unleash Your Potential?

The journey to a healthier and happier you starts with a single step. Whether you're a seasoned athlete or just beginning your fitness journey, our team of professional personal trainers is here to guide you every step of the way. We'll work with you to create a personalized fitness plan tailored to your specific goals, needs, and preferences.

We understand that everyone's fitness journey is unique. That's why we offer personalized support and motivation to help you stay on track and achieve your desired results. Don't wait any longer to unlock your full potential. Contact us today to schedule a consultation and discover how we can help you unleash your inner strength!

Ready to start your transformation? Contact us today for a free consultation! CV

IBOGAINE INSPIRES NEW TREATMENTS FOR ADDICTION AND DEPRESSION

CANNABIS CORNER



BY RUTH HILL R.N.

In recent years, a quiet revolution has been unfolding within the realm of treatment for combat-related injuries. Substances like MDMA, psilocybin, and ibogaine are now at the forefront of cutting-edge research for their potential to alleviate severe post-traumatic stress (PTS) and post-traumatic stress disorder (PTSD).

Scientists have developed two new drug candidates for potentially treating addiction and depression, modeled on the pharmacology of a traditional African psychedelic plant medicine called ibogaine. At very low doses, these new compounds were able to blunt symptoms of both conditions in mice.

The findings, published on May 2 in Cell, took inspiration from ibogaine's impact on the serotonin transporter (SERT). A team of scientists from UC San Francisco, Yale, and Duke University virtually screened 200 million molecular structures to find ones that blocked SERT in the same way as ibogaine. Ibogaine binds to potassium channels in the heart, which can cause heart arrhythmias, and from a scientific standpoint, it's a 'dirty' drug. Targeted molecules are more potent than SSRI antidepressants and avoid dangerous side effects.

Researchers found that a treatment approach that consisted of MDMA given in three eight-hour therapy sessions, four weeks apart, worked better than a placebo in reducing the severity of their symptoms. A separate recent trial showed that "86% of participants who got the MDMA treatment along with talk therapy saw a reduction in the severity of their symptoms after 18 weeks.

A Food and Drug Administration (FDA) advisory panel rejected the use of MDMA as a treatment for PTSD. This decision is a significant setback. The rejection highlights the persistent barriers and misconceptions that continue to hinder progress with emerging therapies.



In October, Robert F Kennedy Jr specifically criticized the Food and Drug Administration (FDA) over the agency's "suppression of psychedelics" and a laundry list of other issues that he said amounted to a "war on public health" that would end under the Trump administration. Meanwhile, a top U.S. Department of Veterans Affairs (VA) official recently said it's "very encouraging" that Kennedy supports psychedelics reform—and he hopes to work with him on the issue when confirmed as the Secretary of Health and Human Services (HHS).

In an interview with Joe Rogen, former Governor of Texas, Rick Perry believes Trump's "health picks are a 'Great Gift' for psychedelics. Perry said that's why he's "excited" about Trump's plans to insert Kennedy as HHS secretary, as well as others such as physician and TV personality Dr. Mehmet Oz to oversee the Centers for Medicare and Medicaid Services (CMS).

The conservative former governor said conversations with the twin brother of Rep. Morgan Luttrell (R-TX), Marcus, and subsequently the congressman himself—both of whom are veterans who personally benefitted from psychedelics therapy. After those discussions, Perry said he started researching the issue and eventually became an advocate.

"We're sitting here with 20-plus veterans a day killing themselves. Yet we have a compound that clearly the data shows, when appropriately used and appropriately overseen—can change lives and save lives," he said. "And for me to be able to know that, and then still see government say, 'No, we're not interested,' is frustrating."

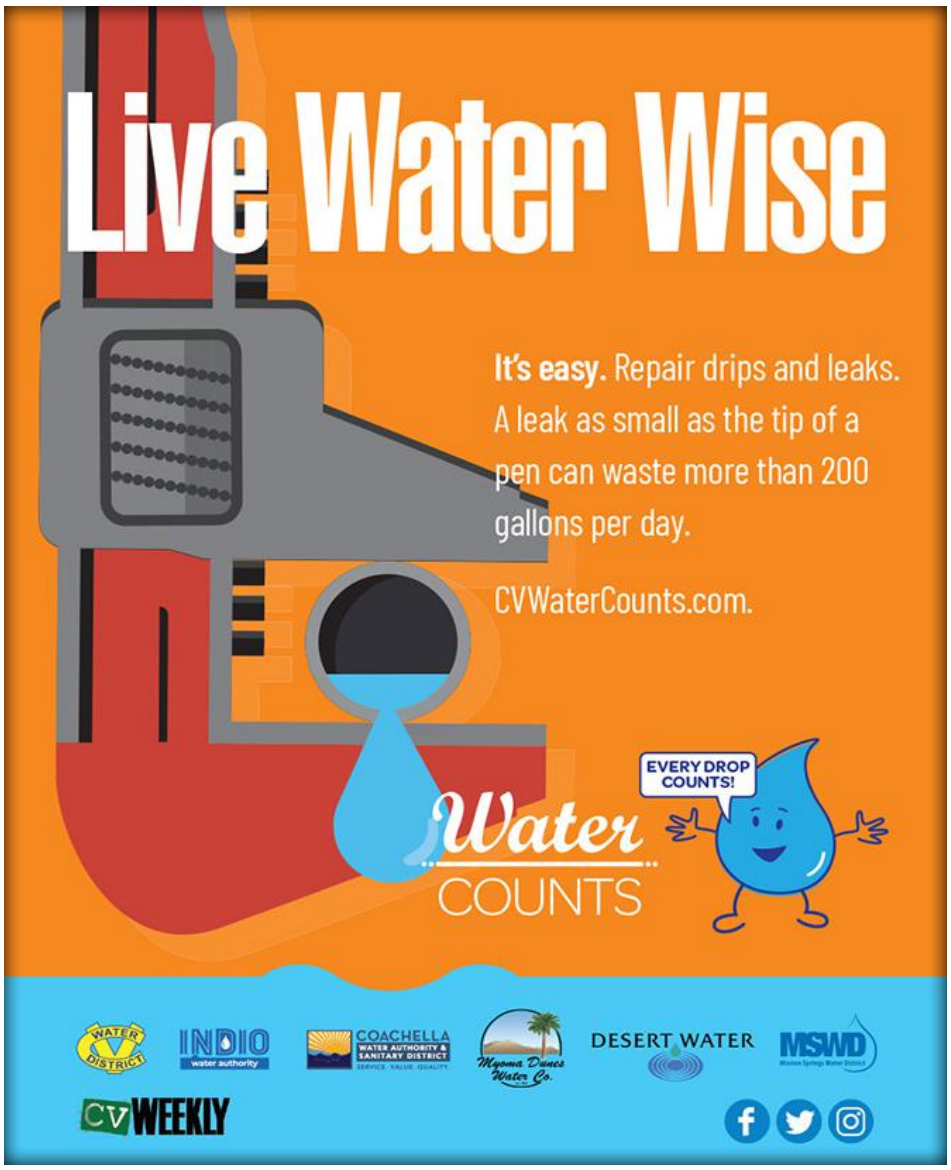
"This is an opportunity for our government—both at the federal level and in the state level" to advance reform, Perry said, referencing an initiative underway in his state of Texas to provide public-private funding to support clinical trials exploring ibogaine treatment.

Kennedy's advocacy for psychedelics reform is particularly relevant to his potential role at HHS. FDA faced criticism from advocates last year after the agency rejected an application to approve MDMA-assisted therapy for post-traumatic stress disorder (PTSD). The nominee has made clear he believes psychedelics hold significant therapeutic potential that should be untapped, and he'd wield influence over that potential administrative reform as well.

Meanwhile, Rep. Dan Crenshaw (R-TX) recently urged the FDA to finalize guidance on conducting clinical trials into psychedelics to facilitate research, including investigations focusing on the potential benefits of substances such as MDMA and psilocybin for military veterans.

Send comments to hilruth@gmail.com.

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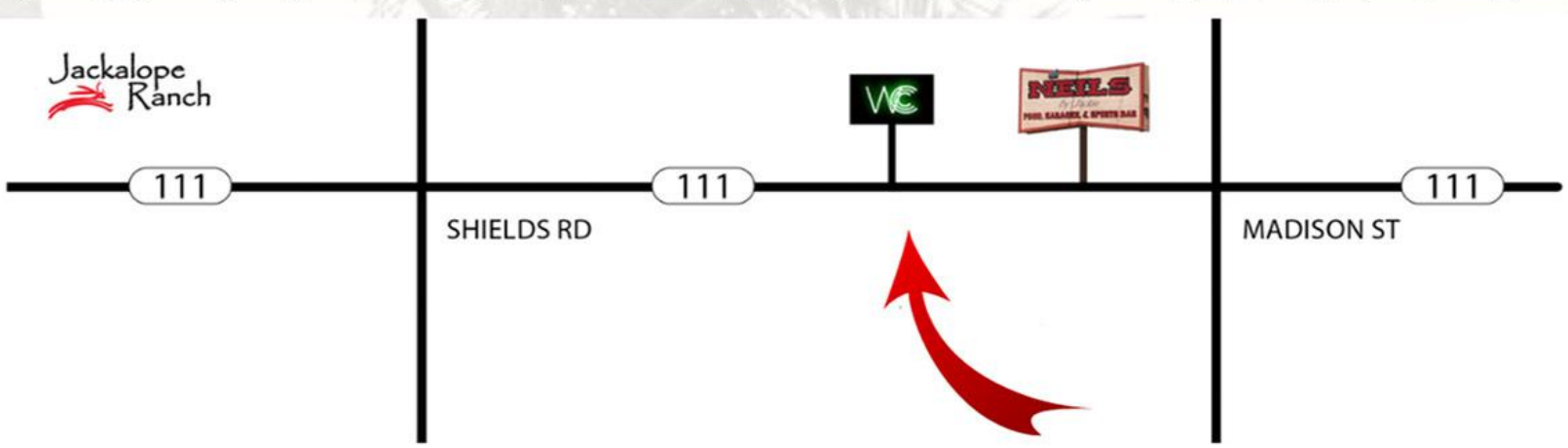
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