EVENTS · MUSIC · ART · FILMS · DINING · NEWS · COMMUNITY · LIFESTYLE · HEALTH · SPORTS · BUSINESS · ADVICE

coachellavalleyweekly.com • April 17 to April 23, 2025 Vol.14 No.6

CV WEEKLY

Esjay Jones



PERFORMER/SONGWRITER — PRODUCER/ENGINEER — ENTREPRENEUR

ALSO...

COACHELLA COVERAGE

4/20 CANNABIS

Sunset Jazz Soirée pg7

The Smithereens pg8

JW Marriott Desert Springs Easter Brunch pg12

Bighorn BAM pg22

CALIFORNIA

WEST COAST CANNABIS CLUB

SET YOUR STANDARDS HIGH







OPEN DAILY FROM 9AM-9:50PM

CATHEDRAL CITY
C10-0000372-LIC

68-828 Ramon Rd
Cathedral City, CA
92234

(760) 656-0865

$55
HALF OZ

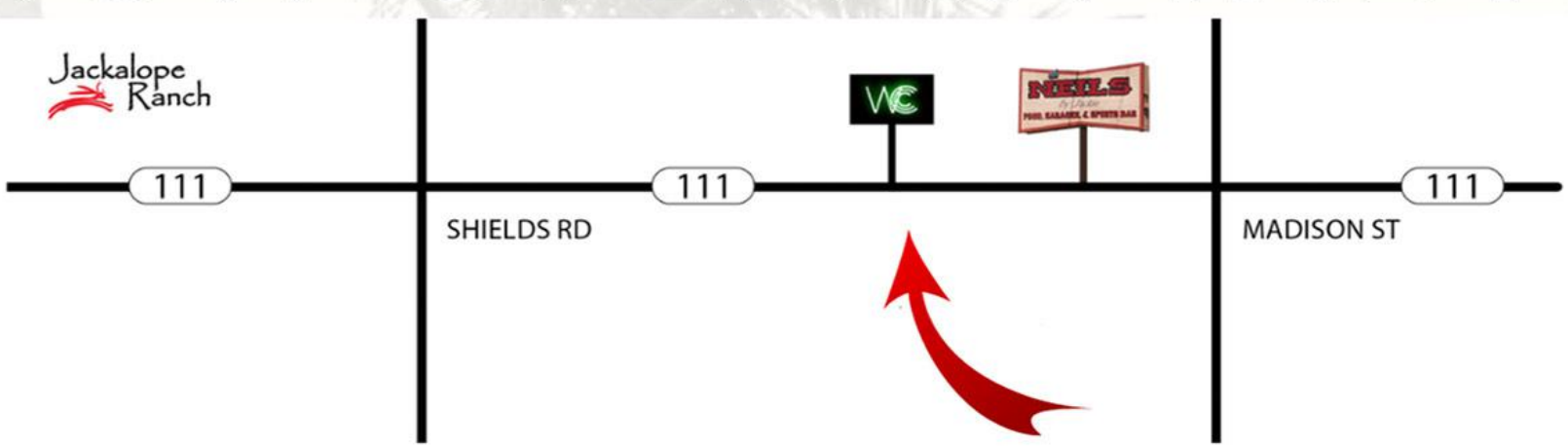
EVERY SUNDAY!

INDIO
C10-0001143-LIC

80916 Highway 111
Indio, CA
92201

(760) 619-3905

NOW OPEN IN INDIO!



WCCC_WESTCOAST WWW.WESTCOASTCANNABIS.CLUB

CV WEEKLY
Coachella Valley Weekly
(760) 501-6228
publisher@coachellavalleyweekly.com
coachellavalleyweekly.com
facebook.com/cvweekly
x.com/cvweekly1

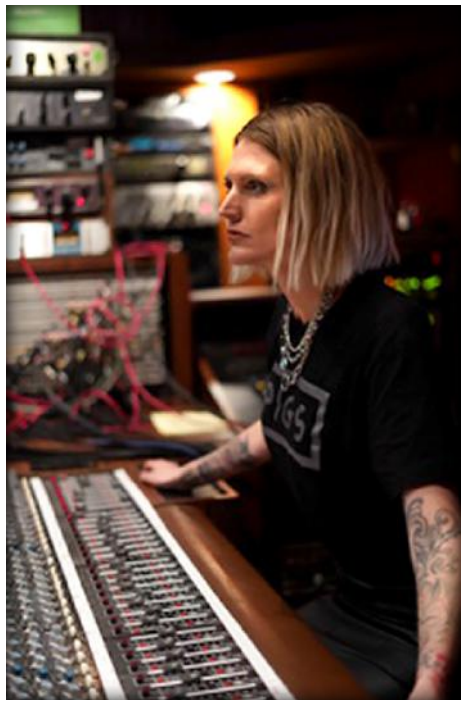
Owner / Publisher:
Tracy Dietlin
Editor:
Phil Lacombe
Art Director:
Robert Chance
Website Editor:
Bobby Taffolla
Sales Team:
Tommy Westley, Jean Kirby, Christian Perez
Head Music Writer:
Esther Sanchez
Head Feature Writer:
Crystal Harrell
Feature Writers:
Noe Gutierrez, Esther Sanchez, Marissa Willman
Writers/Contributors:
Eleni P. Austin, Janet McAfee, Haddon Libby, Rick Riozza, Sam DiGiovanna, Dale Gribow, Rob Brezsny, Craig Michaels, Denise Ortuno, Lynne Tucker, Aimee Mosco, Ruth Hill, Madeline Zuckerman, Michelle McLaughlin, Nadia Popova, DeAnn Lubell
Photographers:
Robert Chance, Laura Hunt Little, Chris Miller, Esther Sanchez
Videographer:
Kurt Schawacker
Distribution:
Phil Lacombe, William Westley

CONTENTS

Esjay Jones 3
Coachella Roundup 4
4/20 Events 5
Cannabis Corner 5
Sunset Music & Education Foundation Present: A Sunset Jazz Soirée 7
Coachella Fashion 7
Consider This - The Smithereens 8
Club Crawler Nightlife 9
JW Marriott Desert Springs Resort & Spa Easter Brunch 12
Mary Pickford Theatre is D'Place 13
The Vino Voice 14
Pet Place 16
Haddon Libby 18
Dale Gribow 18
C.V. Firebirds 19
EWF Wrstling 19
Wisdom Coaching 20
Mental Health 21
Safety Tips 21
Send Me A Trainer 22
Bighorn BAM 22

ESJAY JONES: MULTI-TALENTED AND MULTI-FACETED

BY TRACY DIETLIN
PUBLISHER



I have known Esjay Jones for many years now on many levels as a music producer, business woman, and as my personal friend. She is an incredible woman on all accounts.

Recently I had the chance to sit with Esjay and pick her very talented brain about several things: Her music, Producing multiple artists, and now, as the Brainchild and Co-Founder of the tasty non-alcoholic beer **KittiePig.**

CVW: Can you share with our readers a little about your music background for those who might not yet know you?

Esjay: "I'm a South African-born producer, songwriter and artist with over 25 years in the music industry now living in Yucca Valley! I started out in a rock band called Stealing Love Jones, which had a great run, including opening for major acts like Fall Out Boy and One Republic. After relocating to the U.S., I transitioned into music production and songwriting, working with artists across genres, from rock and hip-hop to pop and electronic. Some of my most recognized work includes collaborations with artists like Alien Ant Farm, Krewella, and Sean Kingston. I'm also known for my work developing up-and-coming artists and helping shape their sound."

CVW: Musically, what projects are you working on now?

Esjay: "Right now, I'm working on a few exciting projects, including producing and developing new music for Miss Velvet, an out-of-this-world artist with a powerhouse voice. I'm also continuing my work in artist development and music production for various artists, while always keeping my ear open for fresh and innovative collaborations."

CVW: What are some of your favorite projects you've worked on?

Esjay: "There have been so many, but a few standouts include working with Alien Ant Farm on new material, producing new tracks with makeup mogul Jeffree Star, and collaborating with legends like Billy Corgan (Smashing Pumpkins). One of the most meaningful projects I've had the honor of working on was the Chester Bennington *Grey Daze* project, helping bring his early music back to life and preserving his legacy. Every project has its own unique energy, and I love diving into different creative spaces to bring something special to life."

CVW: Are you performing live anywhere in the near future?

Esjay: "Right now, my focus is more on the production and songwriting side, but I'm always open to jumping on stage when the right opportunity comes up. I've been deep in the studio with various artists, so let's see what the rest of the year brings! "

CVW: Now let's talk about your newest endeavor, KittiePIG non-alcoholic beer. What is your role/title? And how did this venture come about? Please give as many details and info as possible.

Esjay: "I'm the brainchild and co-founder of **KittiePIG**, serving as the Chief Operating Officer. This venture came from years of being immersed in the music industry—touring, producing and being surrounded by a culture where alcohol is everywhere. But not everyone drinks, and the options for a non-alcoholic beer that actually fits into alternative and heavy music culture were basically nonexistent."

KittiePIG isn't just another NA beer - it was designed to represent the same rebellious, independent spirit that drives rock, punk, and metal. From the bold design of the can to the unapologetic attitude behind the brand, it stands for those who live loud, push boundaries and challenge the norm. We've already sold out online twice, expanded into 50+ stores and have been making our mark at festivals and events where the demand is real.

At the end of the day, KittiePIG is about choice - giving people a non-alcoholic option that doesn't compromise on quality, taste or identity."

CVW: Where are you located, and how can people get their hands on KittiePIG?

Esjay: "Right now, we're available in 50+ stores and have an online presence that allows people to order directly. We've been expanding rapidly, and we're working on bringing **KittiePIG** to even more major retailers. You can check our website and grab it directly from AMAZON for next day shipping!"

CVW: Tell us about an average day in the life of Esjay?

Esjay: "No two days are ever the same! Some days, I'm in the studio for hours producing and writing music, while others are spent in meetings and strategizing for **KittiePIG**'s growth. Mornings usually start with coffee and catching up on emails, followed by studio sessions, business calls and sometimes heading to an event or networking with artists and entrepreneurs. There's always a lot of movement, but I thrive on the mix of creativity and business."

CVW: Is there anything else you would like to share?

Esjay: "Just a huge thank you to everyone who has supported **KittiePIG** thus far! I'm always looking for ways to push boundaries, whether in sound or business and I love connecting with like-minded people. Stay tuned for what's next - it's going to be a ride!"

ESJAY JONES - Grammy Featured Songwriter / Producer / Collaborator
www.esjayjones.com
Follow me!
f. esjay jones
i. esjayjones1
t. esjayjones CV





Photo By Chris Quinn



Photo By Marc Silverstein

WEEKEND 2 PREVIEW: TOP ARTISTS TO CATCH AT COACHELLA 2025

COACHELLA





BY CRYSTAL HARRELL

PHOTO COURTESY OF DO LAB

As the desert dust settles from a wild Weekend 1, Coachella is getting ready to do it all over again. Weekend 2 of the Coachella Valley Music and Arts Festival is set to bring back the magic - and possibly crank it up a notch. Whether you're heading to the Empire Polo Club for the first time or returning for round two, here's your guide to the can't-miss artists lighting up the stage this weekend.

Lady Gaga - Pop Royalty Returns - Lady Gaga's triumphant return to the Coachella main stage was one of the biggest highlights of Weekend 1. With her new era in full swing and a set packed with both deep cuts and global hits, she reminded the world why she's a generational performer. Weekend 2 could bring even more surprises - rumors are already swirling about potential guest appearances and a brand new unreleased track. Her theatrical energy and vocal firepower make this a top-tier must-see set.

Green Day - Punk Legends, Coachella First-Timers - For the first time ever, Green Day is taking over the Coachella stage - and they didn't disappoint in Weekend 1. Blasting through hits like "American Idiot," "Basket Case," and "Holiday," Billie Joe Armstrong and crew brought punk energy and political edge to the desert. Expect another charged-up performance this weekend, and don't be surprised if they swap in a few deep cuts for returning fans.

Post Malone - Genre-Bending, Country-Flavored Cool - Post Malone's Weekend 1 set was a genre-hopping ride, leaning heavily into his new country era while still repping the melodic hip-hop that put him on the map. With talk of a country album in the works and a stripped-down stage setup, Post's performance felt intimate, even in the vastness of Coachella's main stage. If you missed him last weekend - or just want to see what he might do differently - his Weekend 2 performance promises more warm vibes and possibly new material.

Travis Scott - The Desert as His Playground - After years of hype and delays, Travis Scott finally made his Coachella return. Weekend 1's show was wild: a visually immersive experience dubbed "Travis Scott Designs the Desert," filled with smoke, lasers, unreleased tracks, and high-octane energy. His Weekend 2 set is expected to bring the same raw chaos - but possibly with some changes or special guests. If you're looking for one of the most visually ambitious shows of the weekend, this is it.

Charli XCX - The Star Who Should Be Headlining - Charli XCX delivered a ferocious performance during Weekend 1, blending tracks from her upcoming album Brat with massive crowd energy - and even surprise cameos from Billie Eilish and Lorde. Offstage, she kept the conversation going by wearing a "Miss Should Be Headliner" sash to an afterparty. She's got a point - and Weekend 2 could bring more surprises, more fire, and maybe even more guests.

Missy Elliott - A Hip-Hop Icon in Her Element - Missy Elliott brought the house down during Weekend 1 with a full-throttle set packed with classics and a jaw-dropping stage show inspired by Transformers and Y2K nostalgia. If you missed her first performance, don't make the same mistake twice. She's a living legend, and this show is a masterclass in how to own a festival crowd.

Megan Thee Stallion - Hot Girl Summer Starts Here - Megan turned up the heat in Weekend 1 with a surprise-filled set, bringing out Victoria Monét and joining Queen Latifah for a powerful rendition of "U.N.I.T.Y." She's known to switch it up for second-weekend shows, so expect a few surprises and a whole lot of Houston pride. She's all about energy, empowerment, and undeniable stage presence.

Amaarae - A Global Breakthrough Moment - Amaarae made history in Weekend 1 as the first Ghanaian artist to play a solo set at Coachella, and her blend of Afropop, R&B, and futuristic style made her a fan favorite. Her Weekend 2 set is expected to be even tighter and more confident - don't sleep on this rising global star.

Japanese Breakfast - Dreamy, Emotional, and Undeniably Cool - Michelle Zauner's Japanese Breakfast offered one of the most emotionally resonant sets of Weekend 1, capped off with a beautiful cover of Gorillaz's "On Melancholy Hill." Her Weekend 2 set is a great choice for sunset vibes - lush, introspective, and deeply moving.

Bonus Vibes: El Malilla, Junior H & Rawayana - Weekend 1 proved that some of the best sets can come from outside the mainstream. Junior H brought regional Mexican music to the forefront, Rawayana fused funk and Latin flair, and El Malilla got the crowd moving early. If you're wandering and want something unexpected and vibrant, catch one of these under-the-radar gems.

Coachella Weekend 2 is more than just a replay. Artists tweak their sets, new guests show up, and the energy is often even higher. Whether you're camping under the stars or breezing in for a day, these performances are the ones to plan your schedule around. Get your hydration pack ready - the desert's about to come alive all over again. CV



420 CELEBRATION 2025

CANNABIS CORNER



BY RUTH HILL R.N.



Here comes Peter Cottontail, tokin' down the bunny trail. In the past 40 years, Easter Sunday has fallen on April 20 exactly once: April 20, 2003. That year, the Paschal full moon occurred on April 16; the following Sunday was April 20, perfectly aligned with 4/20. This rare convergence means that cannabis enthusiasts share the date with Jewish and Easter celebrants, although cultural implications likely vary based on local traditions and attitudes toward cannabis.

How did this unofficial holiday start?

In 1971, five high school students in San Rafael, California, known as the Waldos because they would meet at a wall, began a ritual that continues to this day. Steve Capper, Dave Reddix, Jeffrey Noel, Larry Schwartz, and Mark Gravich would say "420" to each other as a code for marijuana. They learned about a Coast Guard member who had planted a cannabis plant but could no longer tend to it, which led him to abandon the crop.

The group would gather at the Louis Pasteur statue outside their high school at least once a week to search using a treasure map from the grower. Their meeting time was set for 4:20 PM, after practice. They chose this specific time because extracurricular activities typically ended by then. The Grateful Dead band promoted it, and the Internet spread the word through social media. Any time you see '420' in the classifieds or on social media, it signifies marijuana friendliness. See more about the Waldos Group on YouTube.

April also marks Cannabis Awareness Month across the country. While marijuana is legal in many states, health concerns still persist, especially regarding synthetic cannabis products. At The Leaf on El Paseo, preparations are underway for the upcoming 4/20 celebration. Assistant Manager Miguel is dedicated to product safety. He ensures that everything from Delta-9 THC tinctures to cannabidiol (CBD) gummies undergoes thorough testing. Miguel believes that safety is essential for both new and experienced users.

Meanwhile, health experts like Dr. Alexander Simopoulos from the Betty Ford Center are urging caution. He warns that even moderate marijuana use can carry risks. Synthetic products made in a lab may lead to harmful side effects. Only cannabis plant products are sold in dispensaries. Despite these concerns, Miguel remains a strong advocate for marijuana's medicinal use. He views cannabis as a healing tool when used responsibly. As 4/20 approaches, The Leaf promotes both celebration and education.

Where to Celebrate

CVCAN presents Cannabis Industry Insights & Member Spotlights on April 17th at Miracle Springs Resort & Spa. They will curate an excellent lineup of CVCAN Member Speakers who will discuss various cannabis topics. Attendees can enjoy food, drinks, raffles, and 420 swag!

Zahara's 3rd Annual Smoked Out 420 Fest will be celebrated on April 19th. **LA SESH FEST '25**, celebrated on April 19th, is canceled.

The Underground 420 Festival 2025 will take place in Los Angeles, CA 90015, featuring live music and performances, unique vendors showcasing the best of cannabis culture, delicious food options, entertaining games and activities, and special guest appearances. Organized by True Potheads, who have over 501 followers on their social media, Underground 420 promises an exhilarating experience.

Status Music Festival celebrates cannabis culture with live music, a car show, boxing sparring, and a diverse selection of cannabis vendors. This free event emphasizes community, providing a relaxed atmosphere where enthusiasts can explore, learn, and enjoy the plant in a safe and welcoming environment.

Although cannabis will be present at the Status Music Festival, it is an event that the whole family can enjoy. All cannabis sales, vendors, and anything else related to the industry will be located in a designated area for those aged 21 and over. You will need an ID to enter this area. Date: April 19, 2025, Location: 12000 Stadium Way, Adelanto, CA 92301, Time: 10:00 AM to 10:00 PM PST. Although the event is free, Preferred and VIP admission tickets can be obtained here.

The San Francisco 420 event has been canceled for the second consecutive year. Why? In short, it's the same reason as last year. Citing a struggling cannabis industry and city budget cuts, organizers have canceled the celebration in 2024, and these same economic conditions have led to the same outcome this year. In the years before cannabis was legalized in California in 2016, the 420 event in San Francisco was an informal but well-attended gathering of dedicated enthusiasts.

Every year on April 20, cannabis enthusiasts gather on Hippie Hill, overlooking Robin Williams Meadow (formerly Sharon Meadow) in Golden Gate Park, to enjoy the finest weed by lighting up together at 4:20 p.m. This event creates a cloud of smoke substantial enough to trigger a false alarm to the fire department. (To understand why "420" became synonymous with marijuana, you can read or listen to KQED Bay Curious' episode on how five San Rafael high school students coined the term in the 1970s.)

Over the years, the growing popularity of the informal San Francisco 420 event led to challenges, culminating in 2016 with reports of violence, theft, and 11 tons of trash left behind by attendees, putting it at "risk of being shut down," according to the event's website. However, the voter-approved measure from 2016 that legalized cannabis statewide also opened the door for organizers to apply for permits. In 2017, they formally sought the city's approval to transform the Hippie Hill 420 party into an officially sanctioned bud-bonanza.

Since then, the celebration has evolved from an informal gathering of hacky sacks and drum circles into a highly produced event featuring improved amenities such as portable restrooms. Best Weed for 420

Leafly's best strains in 2025 are the new classics: Biscotti, Rainbow Belts, Motorbreath, White Rhino, Papaya Punch, MK Ultra, Animal Cookies, Khalifa Kush, Watermelon Zkittlez, Ghost Train, Haze, and Pennywise.

Strains that are no longer popular include G13, Afgooey, Romulan, OGKB, Gorilla Cookies, Banana Punch, XJ-13, Apple Jack, Red Congolese, Jillybean, and Alaskan Thunder Fuck.

When you light up at 4:20 PM this year, be grateful for the many activists, scientists, and advocates who have risked their reputations and livelihoods to show that your joint is safe. Happy 420.

hilruth@gmail.com CV

AUTISM APOCALYPSE IN 2025

CANNABIS CORNER

BY RUTH HILL R.N.

President Donald J Trump proclaimed, "On World Autism Awareness Day, we recognize the millions of Americans living with autism spectrum disorder (ASD). heir proud perseverance in overcoming tremendous hurdles is emblematic of the strength and grit that makes America great. The First Lady and I extend our heartfelt appreciation to the families, friends, and communities aiding Americans with ASD as we empower every citizen to participate and shape our new golden age. President Trump declared April World Autism Month".

According to Robert F. Kennedy Jr. (RFK Jr.), the U.S. Secretary of Health and Human Services (HHS), the United States will determine the cause of what he referred to as the country's "autism epidemic" by September, as he mentioned during a Cabinet meeting on April 10, 2025.

Kennedy, who has vowed to "Make America Healthy Again" (MAHA), has been working tirelessly to research and engage with other health officials about the links to autism and to "transform America's approach to public health, environmental sustainability, and government accountability." "The autism rates have gone from—the most recent numbers we think are going to be about 1 in 31, so they are going up again, from 1 in 10,000 when I was a kid," Kennedy stated.



Autism Spectrum Disorder (ASD) is a developmental disability that typically manifests during the first three years of life. It affects the brain's normal development in areas related to social interaction and communication skills. A person with ASD may exhibit repetitive body movements, atypical responses to people or objects, resistance to changes in routine, and aggressive behavior. ASD is the fastest-growing developmental disability in the country.

Recently, Cannabidiol (CBD)-enriched cannabis has been beneficial for children with autism. In this retrospective study involving 60 children, behavioral outbreaks improved in 61% of patients, communication problems in 47%, anxiety in 39%, stress in 33%, and disruptive behavior in 33% of the participants. The rationale for this treatment is based on earlier observations and the theory that CBD's effects may include alleviation of psychosis and anxiety, facilitation of REM sleep, and suppression of seizure activity. A prospective single-case study of Dronabinol (a THC-based drug) showed significant Vaccines and Autism: A Tale of Shifting Hypotheses.

Childhood vaccines were once seen as the culprit due to thimerosal, a preservative harmful to the nervous system. Today, aluminum is the most commonly used vaccine preservative, replacing thimerosal. A 2018 study found that individuals with autism had elevated levels of aluminum in their brain tissue.

Treatment options

The benefit-risk profile of medical marijuana appears relatively benign compared to Risperdal, considered the least valuable and most dangerous of psychotropic drugs. Reports from parents suggest that medical marijuana often proves effective when no other treatments, whether drug or non-drug, have been beneficial.

Mieko Hester-Perez, the founder of the Unconventional Foundation for Autism, is an advisory board member of Cannabis Science and advocates for medical cannabis. Coming from a conservative family with deep roots in law enforcement, she's an unlikely cannabis advocate.

Biomarkers Determining Effectiveness of Cannabis

Dr. Bonnie Goldstein, a pediatric physician specializing in treating refractory childhood diseases with cannabis, has researched cannabis-responsive biomarkers- chemicals in our bodies that are part of the pathways supporting cell function. These chemical biomarkers can be detected in saliva or blood and are used to assess specific behaviors or diseases. For example, physicians measure the white blood cell (WBC) count when someone has an infection; the WBC count is a biomarker for infection. Another example is the PSA level, which indicates prostate cancer.

Goldstein's research measured 31 biomarkers for autism that indicated physiological changes upon cannabis ingestion. Several studies have shown that children with autism typically have low levels of anandamide (THC), a natural endocannabinoid produced by the body. Low levels, or a deficiency, of anandamide are observed in autism. CBD is not a direct replacement for anandamide; it can enhance the efficacy of the body's anandamide, though some patients may require THC. According to Dr. Mechoulam and others, THC seems to act as a direct substitute for anandamide.

We look forward to RFK Jr.'s report in September.

Send comments to hilruth@gmail.com. CV

Revolution Stage Company

presents

Hollywood FRINGE Award Winner

The Funny Thing about Men



A Musical Comedy

"A One Woman Show"
Written and Performed by
Mandy Williams

Saturday, April 26th
7:30PM

"The wit of Noel Coward and the charm of Dolly Parton"

"Extremely clever and well written"



"Playful and light-hearted
~The Edmonton Journal

https://our.show/funnything

611 S Palm Canyon Drive #16, Downtown Palm Springs, near Revivals



THE JOSHUA TREE MUSIC FESTIVAL IS A SMALL, SOULFUL, AND SAFE GATHERING. YOU'RE NOT JUST A WRISTBAND IN THE CROWD.

YOU'RE PART OF THE FAMILY.

UNPLUG, CONNECT DEEPLY, AND FEEL ALL THE FEELS;
WHETHER YOU'RE DANCING UNDER THE STARS,
DIVING INTO A PLAYSHOP, OR SHARING A SUNRISE TEA.

INTIMATE. COZY. EDGY. ALIVE.

JOIN US FOR A WEEKEND OF SONIC EXPLORATION AND FAMILY-FRIENDLY GOODNESS IN THE MAGICAL MOJAVE.

RECHARGE. REBOOT. REHUMANIZE.

WHERE CONNECTIONS, RELATIONSHIPS & LOVE
ARE THE REAL HEADLINERS.

QR CODE 4 TIX & INFO

SUNSET MUSIC & EDUCATION FOUNDATION PRESENTS: A SUNSET JAZZ SOIRÉE: MUSIC WITH A MISSION

BY ALEX SAMMS

MUSIC

A FUNDRAISER ARTFULLY CURATED BY SWEET BABY J'AI APRIL 19TH IN PALM SPRINGS







In a world moving faster than most of us can catch our breath, music remains one of the few things that bring us together. That's exactly what the **Sunset Music & Education Foundation (SMEF)** is all about—creating access to **comprehensive music education**, supporting young musicians, and bringing world-class performances to the Coachella Valley.

Now, SMEF invites the community to experience it all under one soulful roof at **a Sunset Jazz Soirée**, happening **Friday, April 19th from 5–7 PM** at a stunning private Modernism home in Palm Springs.

The evening features an intimate performance by internationally acclaimed pianist **Yuko Mabuchi**, known for her fiery blend of jazz, classical, and R&B. Also showcased is the work of celebrated visual artist **Bernard Hoyes**, whose vibrant pieces honoring African diasporic traditions will be available through a special art auction benefiting SMEF's **SMARTS Initiative**.

Founded by multi-award-winning artist and jazz ambassador **Sweet Baby J'ai**, SMEF provides students across the Coachella Valley with mentorship, scholarships, instruments, and performance opportunities.

"We're not just giving kids instruments," says J'ai. "We're giving them hope, confidence, and a creative outlet to carry them through the chaos of the world."

Recent efforts include a **Community Impact Celebration** at **Hotel Paseo's Larkspur Grill**, where students from Painted Hills Middle School received new instruments thanks to the hotel's $10,000 Legacy Sponsorship.

"Seeing their faces when they received their instruments was unforgettable," said SMEF Board President **Gladys Brown, JD**. It was a reminder that music can be both a refuge and a bridge to a better future." Community partners like Larkspur Grill show how powerful it is when local businesses invest in the well-being of their communities—creating joy, access, and lasting impact.

When J'ai discovered that many students weren't allowed to take their instruments home, SMEF responded—ensuring students not only received instruments but also had the support to practice and grow. It's about more than music—it's about equity and empowerment.

According to the National Institutes of Health, music education improves cognitive function, language development, and graduation rates. Music also benefits adults, reducing stress and building community connection.

This spirit will shine again at the **Sunset Music & Comedy Festival**, returning **November 6–9** during **Pride and Veterans Day Weekend**. The festival will feature these vibrant events filled with live music, top comedians, LGBTQ+ artists, and youth performers.

"Music isn't just a performance," says J'ai. "It's an experience. It's healing. It's education. It's how we tell our stories."

Event Info: Join us Friday, April 19 from 5–7 PM at a private Modernism home in Palm Springs (address shared after ticket purchase). Tickets are $85 and include live music, art, wine, and bites by **Chef Emmanuel**. Reserve your spot or donate today at **sunsetmusic.org** — and help us make joyful noise for a meaningful cause! As a 501(c)(3), all donations are tax-deductible. CV

COACHELLA 2025 WEEKEND 1 FASHION TRENDS

COACHELLA

ARTICLE & PHOTOS BY BY ESTHER SANCHEZ



The time has come! It's festival season in the iconic Coachella Valley where year after year, humans of all kinds migrate in droves to what has become the quintessential Mecca of coolness. It's widely recognized that the annual lineup of both emerging stars and legendary acts draws attention that can range from excitement to outright debate. Alongside the music, the culinary offerings are exceptional. Whether you're a glutton who is eager to indulge in deep-fried treats or a vegan seeking the best plant-based dishes in existence, there's a diverse selection to satisfy every palate.

From the swaying palm trees to the stunning, dynamic art installations and the iconic Ferris wheel, the dedicated team behind the world's most renowned music festival puts immense effort into crafting an experience that leaves attendees in awe and wonder. Their meticulous attention to detail not only captivates those present but also fosters an irresistible desire in those who have yet to experience it for themselves.

With all that in mind, those fortunate enough to attend this now-iconic annual event seize the chance to showcase their unique styles without restraint. For the last twenty years, the fashion choices made at Coachella have established the benchmark for festival attire—at least until the following year brings a fresh wave of trends. The eyes of the world are upon us, and we're ready to embrace it all. Truthfully, the charm of Coachella fashion lies in its lack of restrictions. This festival is a vibrant space where individuals from all walks of life can express themselves freely through their clothing, donning whatever makes them feel truly remarkable.

This year, I couldn't help but notice a surge in eclectic black fashion items, along with delicate, feminine details like bows and lace. Additionally, I spotted a fascinating trend of sports jerseys being worn with a wide range of bottoms and footwear, from cowboy boots to sneakers and even high heels. I'm still trying to pinpoint the origins of the jersey craze, but I'll keep you posted once I figure it out. Another recurring trend I've seen for the second consecutive year is what I like to refer to as "Coachella meets Stagecoach Fest with a twist."

Ultimately, Coachella is about embracing your authentic self and expressing your wildest fashion dreams. Whether you prefer to flaunt your figure or wrap yourself in burlap from head to toe, this festival is the perfect place to do it. It's Coachella, Baby! So go ahead and let your true colors shine! CV















THE SMITHEREENS "2011" (SUNSET BLVD. RECORDS)

CONSIDER THIS



BY ELENI P. AUSTIN

I came across the Smithereens first long-player, *"Especially For You"* in the fall of 1986 and listened to it incessantly. It got to the point where my cassette tape was making that squeaky mouse sound, a true indication that the tape was wearing out from constant play.

At this point in Rock & Roll history, Punk, Post-Punk, New Wave, Cow-Punk and Power-Pop were elbowing their way onto MTV as well as adventurous radio stations like KROQ, 91.X and KCRW. That made it easier to ignore the ascendence of Hair Metal and the syrupy dross that clogged the Top 40. Much like Squeeze and another up-and-coming band, Crowded House, The Smithereens managed to take a page from The Beatles playbook, matching nuanced narratives to indelible melodies, without ever sounding dated or derivative.

Jersey natives Jim Babjak (guitars), Dennis Diken (drums, percussion) and Mike Mesaros (bass) had been friends throughout school, graduating Carteret High School in 1975. A couple years later Pat DiNizio (lead vocals, guitar), placed an ad in The Aquarian Weekly, looking for like-minded musicians who drew inspiration from Buddy Holly, The Clash, Nick Lowe and Elvis Costello. Also folded into the mix was a clear affinity for British Invasion progenitors like The Beatles, The Who and The Kinks.

The band paid their dues playing countless bars and clubs up and down the East Coast. Their debut EP, *Girls About Town,* was self-released on their own, D-Tone label. Three years later they returned to the studio to record a second Extended Play, *Beauty And Sadness,* which garnered airplay on college radio stations.

By 1985, they had sent a demo to Enigma Records. The SoCal indie label that focused on Punk, Alternative, Heavy Metal and Techno. The Smithereens' persistence paid off and they inked a deal, then headed into the studio with producer Don Dixon (R.E.M., Dumptruck, Tommy Keene). *Especially For You* arrived in 1986. A watershed effort, it distilled their myriad influences into a heady brew that was at once fresh and familiar. Two songs, *"Blood And Roses"* and *"Behind The Wall Of Sleep"* received airplay on MTV and radio and began to climb the charts, reaching a very respectable #51 on Billboard's Hot 100.

The band was off and running. Following extensive touring, the band reconvened with Don Dixon and recorded their 1988 follow-up, *Green Thoughts* in an astonishing 16 days. The record spun off three hit singles and the album reached #60 on the charts.

More excellence followed. 1989 saw the release of *11,* two years later they returned with *Blow Up* and *A Date With The Smithereens* arrived in 1994. The band took a five-year hiatus and closed out the 20th century with *God Save The Smithereens.*

For the next 10 years, they concentrated on honoring their musical heroes by recording albums dedicated to The Beatles and The Who, along with a couple of live sets and a Christmas album. 2011 saw the release of their 11th album (and first release of all-original music since 1999's *God Save The Smithereens),* pithily entitled *2011.* Don Dixon was back as producer, but Mike Mesaros had left the Smithereens in 2006, by 2016, he had returned Anchoring the low end on *2011,* was Severo Jornacion.

In 2015, Pat suffered a couple of serious falls that resulted in some nerve damage. He continued to experience health setbacks and, sadly, passed away in 2017. A year after his death, The Smithereens chose to soldier on as a touring band. They enlisted simpatico guest vocalists like Power Pop God Marshall Crenshaw, Gin Blossoms front-man Robin Wilson, and most recently, Sunshine Pop legend, John Cowsill, from The Cowsills.

Luckily, the boss and bitchin' kids in charge at Sunset Blvd. Records have continued to carry the Smithereens torch. 2023 saw the release of *The Lost Album,* a collection of tracks recorded when the band was between record deals in the '90s. Although it was kind of an odds & sods collection, it coalesced beautifully, proving that their sound remains timeless, no matter the context. Now the label is reissuing their hard-to-find 11th effort, *2011,* on CD and vinyl.

The record kicks into gear with the Punk-tastic *"Sorry."* Slashing power chords collide with bellicose bass lines and a pummeling beat. Dispensing with niceties, lyrics like *"Words you whisper in my ear just make me wanna run, wanna disappear, cause I don't look at things the way you do, I'm not happy when you're around, you make me wanna run, wanna hit the ground, and you're just not the girl that I once knew/I would like to make your day, but I'd rather fade away, I would like to say I'm sorry, but I won't,"* cut to the quick with a Dylanesque efficiency. Tensile acoustic riff-age is swiftly supplanted by a splayed electric solo that ricochets through the break

The following track, *"One Look At You,"* completely reverses course, expertly flipping the script. Opening with a defiant F chord, sinewy guitars are shackled to buoyant bass lines and a basher beat. Heartfelt lyrics sweetly pay homage to an elusive dream girl: *"One look at you and I knew that we'd be together, you disappeared and I thought you were gone forever/On and on I see your face, everywhere and every place, on and on I see your face, one look at you and I can see everything."* Brawny guitars fuse on the break, somersaulting atop lush harmonies. As a final chorus recedes, the shuddery F chord is reprised, and the track winds down with a swirly, Psychedelic coda.

The Smithereens have always viewed love through a prism of beauty and sadness. That approach remains resolutely in place on this record. Take the chugging *"As Long As You Are Near Me."* The song is powered by stately piano, angular guitars, time-keeper bass and a cantilevered beat. This lovelorn declaration of adoration and allegiance is aimed at the one who got away: *"You fly a little too high, I wonder what happened to you, you're like the 4th Of July, it's just not the same without you, you, you, you."* Guitars toggle between serpentine and scraggly on the break, mirroring the lyrical angst.

Then there's the melancholy *"Bring Back The One I Love."* Menacing guitar riffs line up with pastoral acoustic notes, buoyant bass and a rat-a-tat beat. Sad-sack lyrics chronicle an abrupt break-up: *"My girl is leaving town, left me here six feet under the ground, they say she's homeward bound, she's the one I love but she just won't talk to me, when I'm in a crowd she's the only face I see."* As guitars



ring and chime on the break, self-pity gives way to a momentary epiphany: *"The girl has come and gone, it didn't last too long, she never did belong to me."*

Meanwhile, the hazy and hallucinogenic *"A World Of Our Own"* yearns for insular isolation, free from outside distractions. Distorto guitars echo and sway, matched by thready bass and a piledriver beat. Unswerving lyrics map out a path that points toward a folie a deux: *"When we're here inside with nothing to do, Baby, I feel just fine being with you, I will tell them all to please just leave us alone, you and I will live inside the world of our own."* On the break, angelic "ahhs" momentarily cocoon vroom-y guitars just as they achieve supersonic lift-off.

A couple of tracks look past affairs of the heart. *"Nobody Lives Forever"* is particularly poignant in light of Pat's untimely passing. Opening with a 1-2-3-4 count-off, muscular guitars and spidery bass lines are wed to a walloping beat. Lyrics offer up a gimlet-eyed carpe diem: *"There's nobody listening to the words I say, tell them to live for today, one thing I know is I'm not coming back, nobody lives forever, nobody lives forever."* Like a prayer or a mantra, he insists *"This I know, life is stronger, no tomorrow."* Rollicking guitars bluster through the break, slightly ahead of a pugilistic percussive salvo that detonates like a series of smart bombs.

"Turn It Around" is an attempt to mend fences. Downstroke guitars connect with fluid bass runs and a kinetic beat. Pat's vocals are buoyed by stacked harmonies, as perspicacious lyrics tackle the tough questions like *"How many years will it take, til we learn from our mistakes, when all our races are run, will we still be chasing the sun?"* On the break, shivery keys, shaker percussion, a bludgeoning beat and tremolo'd guitars underscore the desire for detente.

The best songs here confirm that even after 31 years, The Smithereens were at the top of their game. On *"All The Same,"* jangly guitars, roiling bass lines and a see-saw beat anchor a Country-flavored melody. Lyrics limn the callous caprice of 21st century romance: *"Love is gone, so are you, you've got better things to do, now I find in the end, I have lost my one true friend/But it's all the same, and I refuse to play your game, no matter what I do for you I'm still to blame."* Sprawling guitars twang and spiral on the break. But the winsome melody and jaunty arrangement can't compensate for dashed expectations: *"I've been told life is great, good things come to those who wait, now she's gone and I find love is just a state of mind."* A rambling guitar solo delivers the last word.

On *"Rings On Her Fingers,"* reverb-drenched guitars twitch and quiver, tethered to blistering bass lines and a hell-for-leather backbeat. Lyrics are suffused with longing and regret as a husband confesses *"You came along and slipped into my heart, you came along and ripped my world apart, you're not the only one to know what I'm going through, now I'm the lonely one, cause I'm still in love with you…there's a ring on her finger, but she isn't you."* Spanish-tinged guitar rides roughshod on the break, but the hard-charging arrangement can't outrun heartache.

"Viennese Hangover" is another treatise on temptation wrapped up in ¾ time. Peeling guitars partner with brisk bass lines and a stutter-step rhythm. Coruscating bells dart through the mix as lyrics offer some hard-won perspective: *"I've got a home and a life of my own, there's just no way I'm giving in, I've got a wife and a job that's alright, I won't be wrong, it won't be long until I'm gone and then you'll see it's meant to be."* A courtly guitar solo uncoils on the break, shading regret and recrimination on this contemplative roundelay.

Other interesting include *"Goodnight Goodbye"* and *"Keep On Ringing."* Both share musical DNA with a couple of trailblazing songs. The former is primarily a bare-bones affair, just Pat's tender tenor, acoustic guitars and a bit of a tambourine shake. But the barbed chorus invites comparisons to R.E.M.'s *"Orange Crush."* The latter recalls the ticking time bomb Psychedelic ferocity of *"Time Has Come Today"* from The Chambers Brothers.

The album ends on a high note on *"What Went Wrong."* Careening out of the speakers, fuzz-crusted guitars and jittery bass are bookended by a knockabout beat. Like some long-lost Garage Rock classic, the track channels The Yardbirds, The Nazz and The Who. Lyrics conduct a marital post-mortem *"Well, I recall that you say you were sorry for the things you said to me, I was still so angry and I acted so insensitive with hostility, cause I could not find the words that would describe the love you took from me/And I'm wondering to myself what went wrong, and I cry myself to sleep at what went wrong."* But, to quote Carole King, *"it's too late baby."* Skittering guitars snarl on the break echoing the calibrated chaos that characterized the symbiotic soundscape that Pete Townshend, John Entwistle and Keith Moon pioneered 60 years ago. Upping the ante, a pounding big beat navigates the arrangement's aural switchbacks, as reptilian riffs slither through the mix ahead of a final, and explosive drum fusillade. It's a thrilling, full-throttle finish to an excellent record.

If we still live in the cassette era, *2011* would undoubtedly start squeaking like a mouse after countless hours in the tape deck. This time out, it's the vinyl LP that will probably take a shellacking, as pops and skips embed themselves in the grooves. It's a testament to the enduring power of The Smithereens. CV



THURSDAY, APRIL 17

Babaloo Lounge – Steven Sanders Piano Bar – 4-6:30pm, Roger and the Rebels – 7pm
Bart Lounge – Trappea Thursdays – 8pm
Casuelas Café – Brad Byrd – 5:30pm
Coachella Valley Brewery PS – Live Music – 6:30pm
Coachella Valley Brewery TP – Open Mic Night Hosted by Matt Claborn – 6pm
DJ's Sports Bar and Grill – Throwbacks w/ DJ Rapmarz – 9pm
Eddie V's – Kevin Tokarz Trio – 6:30pm
Indian Wells Resort Hotel – Christine Love – 6pm
Larkspur Grill – Fun with Dick and Jane – 6pm
Lavender Bistro – Jeff Bonds and Scott Carter – 6pm
The Nest – Live Music – 6:30pm
Pappy and Harriet's – The Cover Up – 6:30pm, Matthew Logan Vasquez – 9pm
Plan B Live Entertainment and Cocktails – Woody and the Retros – 8pm
PS Air Bar – Sean's In Flight Karaoke Night – 7pm
PS Cultural Center – Shenanigans w/ Dede Ondishiko, Jason Powell, Troy Garza and more – 5:30pm
Purple Room – La vie en Rose w/ Jeremie Levi Samson – 6:30pm
Sandbar – Bill Baker – 6pm
Shadow Mountain Golf Club – Open Mic – 4-7pm
Shanghai Reds PS – Live Music – 6pm
Tommy Bahamas – Live Music – 4pm
Twelve @ Fantasy Springs – HWY 111 – 8pm
V Wine Lounge and Martini Bar – Jason Weber – 6pm
Vicky's of Santa Fe – Richard Turner Jr. and Wayne Cobham – 6pm
Wildest – Scott Carter – 6pm

FRIDAY, APRIL 18

Babaloo Lounge – Eric Frankson Piano Bar – 4-7pm, The Sundawgs – 7pm
Bart Lounge – DJ – 8pm
Big Rock Pub – Electric Feel – 7pm
Casuelas Café – The Myx – 6:30pm
Coachella Valley Brewery – "Laughs and Drafts" – 8pm
DJ's Sports Bar and Grill – TBA – 8pm, DJ Rapmarz – 11pm
Eddie V's – Johnny Meza Trio – 6:30pm
Indian Wells Resort Hotel – Marc Antonelli – 6pm
Kitchen 86 – Krystofer Do – 6pm
La Quinta Brewery – Karaoke – 8pm
Larkspur Grill – "Art of Sax" w/ Will Donato – 7pm
Lavender Bistro – Jeff Bonds and Scott Carter – 6pm
Lit @ Fantasy Springs – Smooth Touch – 9pm
The Local on 50th – Live Music – 7pm
Mitch's on El Paseo – Alex Santana – 12-2:30pm
The Nest – Live Music – 6:30pm
Oasis on Miles – Open Mic and Karaoke – 6pm
Pappy and Harriet's – Black Mountain – 9pm
Plan B Live Entertainment & Cocktails – Red's Rockstar Karaoke – 9pm
PS Air Bar – Dance Flight w/ Nouveau – 8pm
PS Cultural Center – Razzle Dazzle: A Broadway Revue – 7pm
Purple Room – Anthony Nunziata – 8pm
Rockyard @ Fantasy Springs – Cash'd Out (Johnny Cash Tribute) and Saints of Las Vegas – 7pm
Sandbar – Bill Baker – 6pm
Shanghai Reds PS – Barry Baughn Blues Band – 7pm
Tack Room Tavern – Live Music – 7pm
Tommy Bahamas – Live Music – 4pm
Twelve @ Fantasy Springs – Moonchild – 7pm, Steel Rod – 10:30pm
V Wine Lounge and Martini Bar – Siobhan – 7pm
Vicky's of Santa Fe – Doug MacDonald Trio – 5pm, John Stanley King – 7:30pm
Wildest – Derek Jordan Gregg – 6pm

SATURDAY, APRIL 19

Babaloo Lounge – Eric Frankson Piano Bar – 4-6:30pm, Off Da Cuff – 7pm
Bart Lounge – DJ – 8pm
Big Rock Pub – Brad Mercer and the Profile – 7pm
Casuelas Café – Michael Keeth – 12, California Celts – 4pm, Lisa Lynn and the Broken Hallelujahs – 7pm
Coachella Valley Brewery – Taproom Tunes – 8pm
Cork and Fork – Live Music – 6pm
DJ's Sports Bar and Grill – DJ Rapmarz – 9pm
Eddie V's – Danielle Alexander – 6:30pm
Indian Wells Resort Hotel – Marc Antonelli – 6pm
Kitchen 86 – Krystofer Do – 6pm
Larkspur Grill – The 70's Party Band – 7pm
Lavender Bistro – Mark Guerrero and Scott Carter – 6pm
Lit @ Fantasy Springs – Smooth Touch – 9pm
Mitch's on El Paseo – Alex Santana – 12-2:30pm
The Nest – Live Music – 6:30pm
Oasis on Miles – Live Music – 6:30pm
Pappy and Harriet's – Dummy – 9:30pm
Plan B Live Entertainment & Cocktails – Red's Rockstar Karaoke – 9pm
PS Air Bar – Dance Flight w/ Nouveau – 8pm
Purple Room – Anthony Nunziata – 8pm
Rockyard @ Fantasy Springs – Heartbeat City (Cars Tribute) and Saints of Las Vegas – 7pm
Sandbar – Bill Baker – 6pm
Shanghai Reds PS – Barry Baughn Blues Band – 7pm
Sullivan's – The Myx – 6pm
Tommy Bahamas – Live Music – 4pm
TQLAS – Derek Jordan Gregg – 11:30-2:30pm
Twelve @ Fantasy Springs – Moonchild – 7pm, Steel Rod – 10:30pm
Vicky's of Santa Fe – Rose Mallett – 5pm, John Stanley King – 7:30pm
Wildest – DJ Alfredo Hernandez and Steppin Out Band – 6pm

SUNDAY, APRIL 20

Babaloo Lounge – Judy Wolman Piano Bar – 4pm, Inka Kings – 7pm
Bart Lounge – DJ LF – 8pm
Big Rock Pub – The Myx – 12pm
Casuelas Café – Mariachi – 1pm, Paul Douglas – 5:30pm
Coachella Valley Brewery PS – Trivia Hosted by Wes Gainey – 4-6pm
Coachella Valley Brewery TP – Acoustic Afternoon – 3:30pm
DJ's Sports Bar and Grill – DJ Rapmarz – 9pm
Eddie V's – Chris Cerna Group – 6pm
Fisherman's Market, PS – Live Music – 6pm
Kitchen 86 – Krystofer Do – 6pm
Lavender Bistro – Mark Gurrero and Scott Carter – 6pm
Melvyn's – Mikael Healey – 3:30-7:30pm
The Nest – Live Music – 6:30pm
Pappy and Harriet's – LSD and the Search for God – 9pm
Plan B Live Entertainment & Cocktails – LNA Karaoke – 7pm
PS Cultural Center – Dusty String Collective – 5:30pm
Purple Room – The Judy Show – 7pm
Shanghai Reds PS – Stanley Butler – 6pm
Tommy Bahamas – Live Music – 12pm
TQLAS – Derek Jordan Gregg – 11:30-2:30pm
Wildest – Derek Jordan Gregg – 6pm

MONDAY, APRIL 21

Babaloo Lounge – Judy Wolman Piano Bar – 4pm, Last Minute Men – 7pm
Casuelas Café – The Shadows Band – 5:30pm
Eddie V's – Chris Cerna Group – 6:30pm
Indian Wells Resort Hotel – Sharon Sills – 6pm
Lavender Bistro – Abbie Perkins and Jeff Bonds – 6pm
The Nest – Live Music – 6:30pm
PS Air Bar – Nick Sosa – 4pm
PS Cultural Center – Mon Petit Salon: Night in Paris – 5pm
Shadow Mountain Golf Club – Phil and Lorie – 3:30pm
V Wine Lounge and Martini Bar – Leanna and Miguel – 5pm
Vicky's of Santa Fe – Fun with Dick and Jane – 6:30pm
Wildest – Derek Jordan Gregg – 6pm

TUESDAY, APRIL 22

Babaloo Lounge – Judy Wolman Piano Bar – 4pm, Hotwyre – 7pm
Casuelas Café – Johnny Meza Duo – 5:30pm
DJ's Sports Bar and Grill – Banda Night – 9pm
Eddie V's – Tony Patler Trio – 6:30pm
Fireside Lounge – Red's Rockstar Karaoke – 9pm
Larkspur Grill – Scott Carter – 7pm
Lavender Bistro – Abbie Perkins and Mark Guerrero – 6pm
The Local on 50th – Trivia Night Hosted by Dacoda Miracle – 7pm
The Nest – Live Music – 6:30pm
PS Cultural Center – Melba Miller's Jazz Oasis – 5:30pm
Purple Room – Rose Mallett – 6:30pm
Sandbar – Bill Baker – 6pm
Shadow Mountain Golf Club – Game Night – 4-6pm
V Wine Lounge and Martini Bar – Keisha D – 6:30pm
Vicky's of Santa Fe – Slim Man Band – 6:30pm

WEDNESDAY, APRIL 23

Babaloo Lounge – Steven Sanders Piano Bar – 4pm, Crimson Crow – 6:30pm
Casuelas Café – Inka Kings – 5:30pm
Coachella Valley Brewing Co. – Trivia Night Hosted by Derek Wade Timmons – 7pm
DJ's Sports Bar and Grill – Country Night – 9pm
Eddie V's – Tony Patler Trio – 6:30pm
The Hood – Open Mic – 9pm
Indian Wells Resort Hotel – Patrice Morris – 6pm
Larkspur Grill – Slim Man and Chase Huna: "Rat Pack Duo" – 6pm
Lavender Bistro – Abbie Perkins and Scott Carter – 6pm
The Local on 50th – Live Music – 7pm
The Nest – Live Music – 6:30pm
Palm Canyon Roadhouse – Country Night w/ Roger and the House Rebels – 6pm
Plan B Live Entertainment & Cocktails – Red's Rockstar Karaoke – 9pm
PS Air Bar – Siobahn – 7pm
PS Cultural Center – Mod Squad Variety Show – 5pm
Purple Room – Charles Herrera, Darci Daniels and Michael Holmes – 6:30pm
Sandbar – Bill Baker – 6pm
Shadow Mountain Golf Club – Doug McDonald Trio – 5:30pm
V Wine Lounge and Martini Bar – Karaoke Hosted by Julian – 6pm
Vicky's of Santa Fe – John Stanley King Cowboy Songs – 6pm
Wildest – Jesika von Rabbit – 6pm CV




NURSE JOHN
the SHORT-STAFFED tour
SHIFT'S GETTING REAL
8PM, SAT
MAY 3
JASON BONHAM'S
JBLZE
LED ZEPPELIN EVENING
CELEBRATING 50 YEARS OF PHYSICAL GRAFFITI
8PM, SAT, MAY 24
8PM, FRI
JUL 18
DUSTIN LYNCH
FANTASY SPRINGS
RESORT CASINO
800.827.2946 | fantasyspringsresort.com |
84-245 Indio Springs Parkway, Indio, CA 92203

BIG ROCK PUB

SMOKED BRISKET
& EGG SAMMIE



SUNDAY
BRUNCH
AT BIG ROCK

JOIN US FOR BRUNCH EVERY SUNDAY FROM 11AM-2PM
FEATURING LIVE ENTERTAINMENT FROM THE MYX 12-3PM

ENDLESS MIMOSAS, DELICIOUS FOOD, GOOD VIBES AND MORE

79-940 WESTWARD HO DRIVE INDIO, CA 92201 • 760-200-9844 • WWW.BIGROCKGOLFANDPUB.COM

PAMPERED PALATE

LAKESIDE EASTER BRUNCH AT JW MARRIOTT DESERT SPRINGS RESORT ON APRIL 20, 2025





JW Marriott Desert Springs Resort & Spa, the largest resort in Palm Desert, is hosting a family-oriented Easter Brunch at Rockwood Grill, offering breathtaking views of the property's stunning lakes. Scheduled for Easter Sunday, April 20, from 10:00 AM to 5:30 PM, reservations are necessary.

The brunch menu includes a variety of specialty items such as Belgian Waffles, Grilled Halloumi, and Omelette stations, along with Fritto Misto and Seafood Towers. Main course selections feature Crustless Quiche, Sumac Airline Chicken, Feta & Herb Hot Smoked Salmon, Long Bone Prime Ribs, and Smoked Spice Rubbed Cauliflower, among others. For children, the menu offers Mini Corn Dogs, Chicken Fingers, Mac & Cheese, and Peanut Butter & Jelly Sandwiches. The Grand Desert Room presents over 50 festive options, including a Cold Stone Ice Cream Chocolate Fountain, Fresh Crepes, and a Donut Wall.

Cost for adults is $154 and $49 for children (4-11 years old) with no charge for kids under 3 years old. Reservations are available through Rockwood Grill and Blue Star Lounge Restaurant at OPEN TABLE.

The property will also have a slew of family friendly activities through the JW Family Passport program. For more information, visit jwdesertsprings.247activities.com.

CV

DESERT SPRINGS
A JW MARRIOTT™ RESORT & SPA
PALM DESERT

THE PALM SPRINGS UNIFIED SCHOOL DISTRICT PRESENTS
THE FIRST ANNUAL BRINGING MUSIC TO LIFE BENEFIT CONCERT
FEATURING PERFORMANCES FROM
LISA LYNN MORGAN
JOHN STANLEY KING
ROSE MALLETT
KEISHA D
WILL DONATO
SLIM MAN
PSUSD BAND
AND A MUSICAL INSTRUMENT DRIVE!
SUNDAY, MAY 4TH
Instrument Drive 10am - 3pm Concert 3pm - 8pm
Tickets at SlimMan.com or scan the code
VICKY'S OF SANTA FE
45100 Club Drive, Indian Wells
PSUSD PALM SPRINGS UNIFIED SCHOOL DISTRICT

KITTIEPIG
NON-ALCOHOLIC CRAFT BREW
PIT APPROVED
ALL HEADBANG, NO HANGOVER
WWW.KITTIEPIG.COM

PLAYING THE WEEK OF APRIL 18TH AT THE MARY PICKFORD

FILM



Sinners *(2h 18m – Rated R) Drama, Horror, Thriller*

Starring Michael B. Jordan

Trying to leave their troubled lives behind, twin brothers return to their hometown to start again, only to discover that an even greater evil is waiting to welcome them back.

The Wedding Banquet *(1h 42m – Rated R3) Comedy, Romance*

Starring Bowen Yang, Lily Gladstone, Kelly Marie Tran, Han Gi-chan, Joan Chen, Youn Yuh-jung

From Director Andrew Ahn comes a joyful comedy of errors about a chosen family navigating the disasters and delights of family expectations, queerness, and cultural identity. Angela and her partner Lee have been unlucky with their IVF treatments, but can't afford to pay for another round. Meanwhile, their friend Min, the closeted scion of a multinational corporate empire, has plenty of family money but a soon-to-expire student visa. When his commitment-phobic boyfriend Chris rejects his proposal, Min makes the offer to Angela instead: a green card marriage in exchange for funding Lee's IVF. But their plans to quietly elope are upended when Min's sceptical grandmother flies in from Korea unannounced, insisting on an all-out wedding extravaganza.

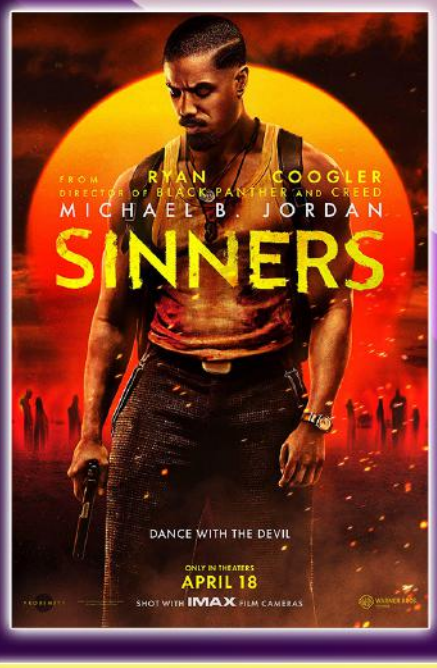
Pride & Prejudice 20th Anniversary *(2h 9m – Rated PG) Drama, Romance*

Starring Kiera Knightley, Matthew Macfadyen

Sparks fly when spirited Elizabeth Bennet meets single, rich, and proud Mr. Darcy. But Mr. Darcy reluctantly finds himself falling in love with a woman beneath his class. Can each overcome their own pride and prejudice?

Sneak Peek Showcase *(1h 12m – NotRated)*

Sneak Peek Showcase brings the famed industry-insider event CinemaCon - and its studio content - to the masses, with a fun look at trailers, some never-before-seen footage, and behind-the-scenes content from the upcoming theatrical slate. Featuring exclusive content from Sony, Lionsgate, Warner Brothers, Universal, MGM/Amazon, Paramount, and Disney. 100% of ticket proceeds go to benefit the Will Rogers Pioneer Assistance Fund, Variety - the Children's Charity, and The Cinema Foundation. CV

Mary Pickford Theatre is D'PLACE
CINEMASAFE YOUR SAFETY IS OUR FOCUS
NOW SHOWING




36850 Pickfair St in Downtown Cathedral City (760) 328-7100 FOLLOW US ON
DPlaceEntertainment.com

Palm Canyon Theatre PALM SPRINGS
The Valley's Longest Running Theatre Company!
ONE FLEW OVER THE CUCKOO'S NEST
APR 18 - 27
Play adapted by Dale Wasserman.
29TH SUMMER KIDS CAMP
ACTING! SINGING! DANCING!
SIX WEEKS OF CAMP!
JUNE 23 - AUG 1
538 N PALM CANYON DR • 760.323.5123
www.PALMCANYONTHEATRE.org

THE VINO VOICE

APRIL'S A-LIST REVIEW

BY RICK RIOZZA





Hey sports fans! We know so much goes on in our desert surrounds as far as wine events, sports & wine combos and restaurant winemaker dinners—many of which we have covered in the first quarter of 2025. I know—it's been a while since we simply directed our attention to just reviewing wine.

So—Easter dining is just around the corner, and we thought it time to recommend at least three wines that would impress anyone at the table. Indeed, these choices would do well to boast the host's wine savvy credibility—*or, something like that*. The wines are some of the best deals in town that showcase wonderful and classic wine flavors and match well with the meal on the dinner table.

And with Easter dining in mind, we'll keep it simple and straight forward with three well-known and popular California wines: a Cab, a Pinot Noir, and of course for our white wine friends—a classic and delicious Chardonnay (no haters please!)

2021* Stags' Leap Napa Valley Cabernet Sauvignon** *($65).* I just read a nice blurb on this Stags' Leap wine. It was titled: ***A Delux Red Worth Savoring. We're all in with that notion. Indeed, this is a wonderful wine that brings all the various Cab lovers together to agree that the wine is simply delish! Whether you like your Cab on the fruity side or the savory, this Napa Valley Cab works!

Just prior to the pandemic, we enjoyed the Stags' Leap 2015 Napa Cab at one of Palm Springs' enduring restaurants, and, we sat with winemaker Cristophe Paubert to enjoy his Stags' Leap portfolio: https://coachellavalleyweekly.com/taking-a-stags-leap-at-spencers/ . It's incredible how deliciously consistent his Cab performs.

Quoting again from the blurb **"**For those who want an opulent experience, this Cabernet is celebratory from the first sip." We agree that there is that opulent feel, but this wine is not simply a fruit forward rush. Featuring notes of vibrant black raspberry, blackcurrant, and blackberry preserves this wine is underscored by floral hints of violet and accents of lavender. We also found ripe dark plum, black cherry, classic red currant and hibiscus flower supporting savory Chaparral sagebrush. *That's quite a mouthful!*

It shows silky tannins lending to a polished, lingering finish. Pair this wine with a grilled lamb chop or an elegant charcuterie spread.

Our Pinot Noir of choice this month is the fabulous ***2021* Etude Winery Heirloom Pinot Noir Grace Benoist Ranch Carneros** *($95)* **"**Heirloom Pinot Noir" sounds like an enticing wine that we'd like to showcase on our Easter table. The winery actually comments on the back-label of the bottle: "ETUDE (Fr. 'study') has been dedicated to sustainably growing and hand-crafting Pinot Noir for over 40 years. This wine is sourced from rare heirloom selections from across our "Ranch" Estate chosen for their heritage and concentration reflecting the diversity of our most prized wines."

For all the Pinot Noir lovers out there, surely you adore the great tasting fruit that comes from the area of Carneros, north of the San Pablo Bay, that uniquely embodies both the Napa and Sonoma wine regions. The soils at Grace Benoist Ranch are variations of soils influenced by volcanic origin. Combining these well-drained, rocky upland soils with the extreme western location closer to the Pacific Ocean make this site an ideal place to grow Burgundian varieties.

Founder and self-described winegrower Tony Soter puts it this way: "There's no better vehicle with which to study or practice the craft of winemaking than Pinot Noir. It is the most challenging, unforgiving and quixotic of all wine grapes, and yet the most delicate and transparent." "Make no mistake it is a humbling pursuit, but when it's right, Pinot Noir is a glorious and moving thing. It is in the pursuit of that experience that we all work."

Winery notes include, **"**Elegant and expressive, this Heirloom Pinot Noir is a true collector's gem. Layers of strawberry, pomegranate, and red berries interlace with notes of toasted almond, baking spices, and dried rose petals, creating a wine that is both vibrant and nuanced."

Ken's Wine Guide got deep into glass: "This ruby colored Pinot Noir opens with a black raspberry and mild wild strawberry bouquet with hints of cedar, mulling spices, and red cherry. On the palate, this wine is medium bodied with integrated medium plus acidity. The mouthfeel is nicely balanced, smooth, supple, and polished. The flavor profile is a stewed plum and mild black raspberry blend with notes of clove, orange peel, and mushroom. We also detected hints of oolong tea, bay leaf, and fine stone dust. The finish is dry, and its flavors, acidity and refined well-managed tannins stick around for a while. With a little aeration, everything comes together nicely. A classic pairing with this Pinot Noir with a fresh sliced Norwegian salmon or roast duck with mushroom risotto. "

And now a white wine masterpiece of a Chardonnay: ***2023* Beringer Vineyards' Private Reserve Chardonnay** *($50).* For those of you who appreciate a luxuriously layered Chard, this is your April love. The Private Reserve Chardonnay was introduced way back with the 1978 vintage, and has earned three decades of extraordinary accolades, including two "Wine of the Year" awards.

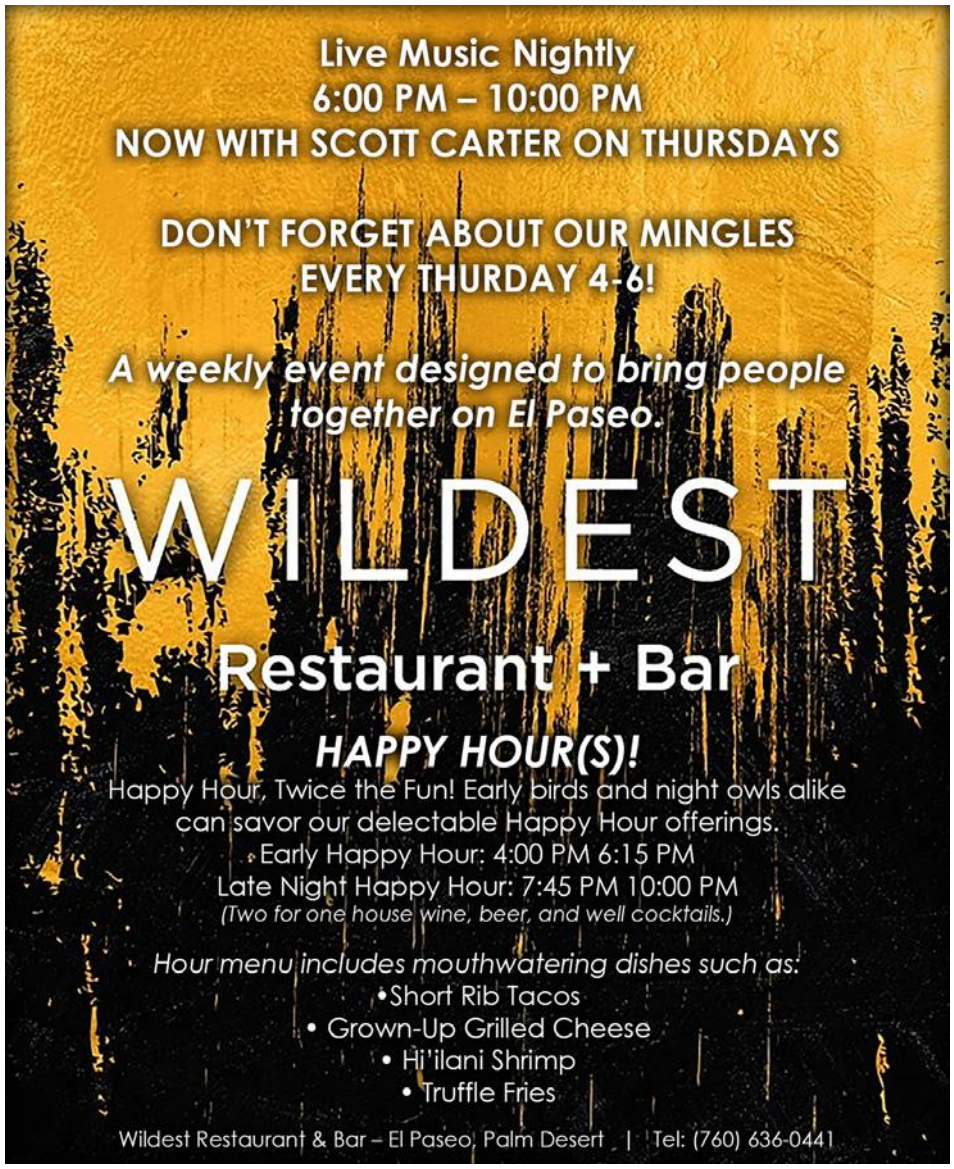
Fresh & vibrant, this shows fragrant notes of lemon zest, tangerine marmalade, and delicate white flowers set the stage for a palate bursting with Asian pear, lemon meringue, Meyer lemon, yuzu, pear and touch of sweet pineapple. Subtle undertones of white tea, jasmine, vanilla, and hazelnut add complexity to ensure a decadent yet fresh finish. Sip happily on its own as an *apero;* or, dare to pair this Chard with fresh seafood!

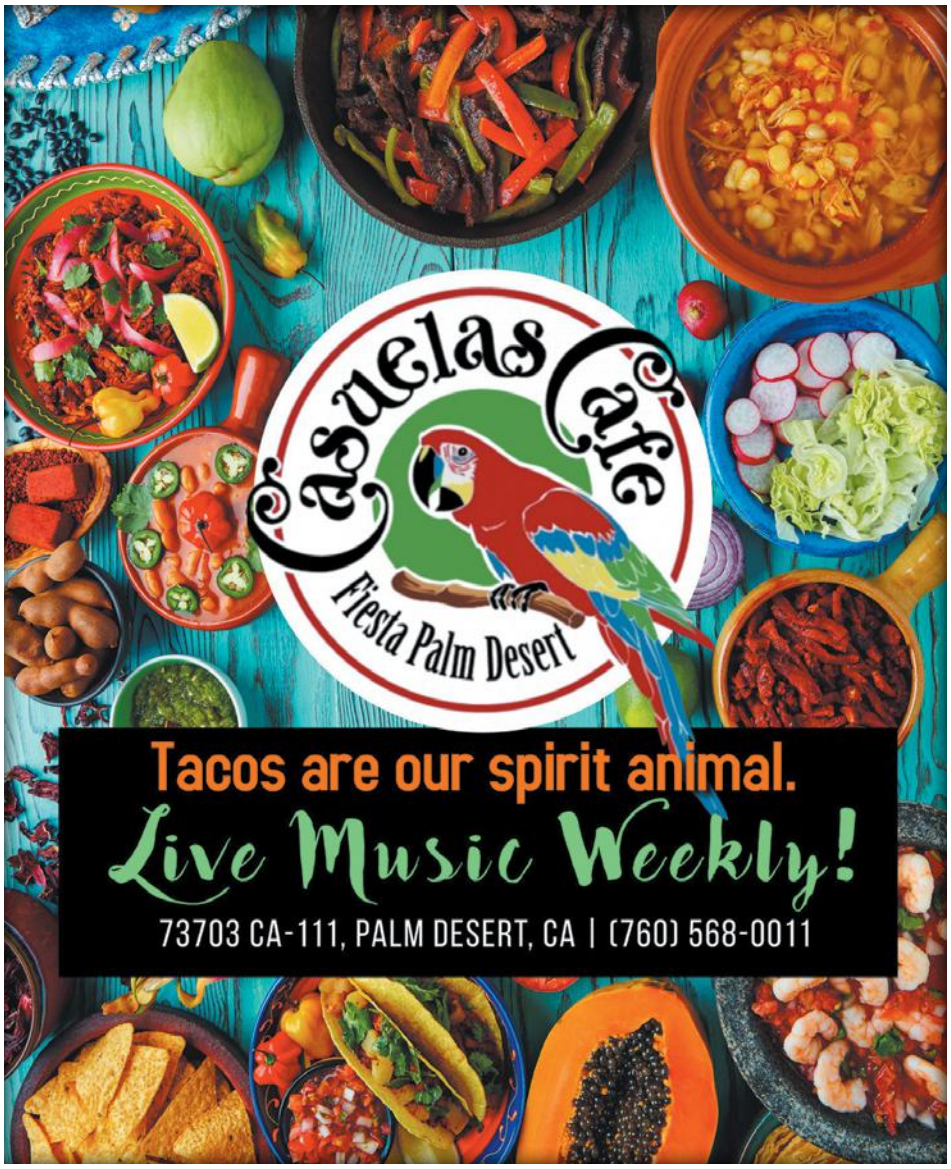
Bon Appétit & Cheers! CV






$1 Off Yogurt
Beach House
FROZEN YOGURT
72-363 HWY 111, Palm Desert 760.773.5400
One coupon per person per visit.
Offer good for $1 off total yogurt purchase.


Live Music Nightly
6:00 PM – 10:00 PM
NOW WITH SCOTT CARTER ON THURSDAYS
DON'T FORGET ABOUT OUR MINGLES
EVERY THURDAY 4-6!
A weekly event designed to bring people together on El Paseo.
WILDEST
Restaurant + Bar
HAPPY HOUR(S)!
Happy Hour, Twice the Fun! Early birds and night owls alike can savor our delectable Happy Hour offerings.
Early Happy Hour: 4:00 PM 6:15 PM
Late Night Happy Hour: 7:45 PM 10:00 PM
(Two for one house wine, beer, and well cocktails.)
Hour menu includes mouthwatering dishes such as:
•Short Rib Tacos
• Grown-Up Grilled Cheese
• Hi'ilani Shrimp
• Truffle Fries
Wildest Restaurant & Bar – El Paseo, Palm Desert | Tel: (760) 636-0441


Casuelas Cafe
Fiesta Palm Desert
Tacos are our spirit animal.
Live Music Weekly!
73703 CA-111, PALM DESERT, CA | (760) 568-0011


MY LITTLE FLOWER SHOP
SPECIAL EVENT ARTISTS
WEDDING, CORPORATE, & PRIVATE AFFAIRS
We are the premiere full service floral and event design studio in Palm Springs, CA. Combined, our staff has over 50 years experience designing, planning and executing one-of-a-kind, high profile social, corporate and charity benefit special events, including the Academy Awards and Presidential Inaugurations. We have created hundreds of unique, personal weddings, birthday celebrations, showers, anniversary parties, and all occasion/holiday bouquets, using only the finest flowers.
(760) 778-7111
861 N. Palm Canyon Dr Palm Springs, CA 92262
www.mylittleflowershop.com
Follow us on
Facebook.com/MyLittleFlowerShop
& Twitter @MyLittleFlowerS
10% OFF ALL FLORAL ARRANGEMENTS!

PET PLACE

EMERGENCY PREPAREDNESS FOR PETS



BY JANET McAFEE



This week on Monday, April 14, a 5.2 magnitude earthquake rocked the San Diego area. The shaking was felt across the Coachella Valley as aftershocks continued to frighten local residents. What would happen to your pets in the event of a major earthquake, a hurricane, fire, or a flood? In California, our greatest concern is the possibility of an earthquake. Experts predict massive traffic jams on the 10 freeway in the aftermath of an earthquake in the Coachella Valley.

In 2019, the Idyllwild Mountain region was under mandatory evacuation from the Cranston fire. Pet parents were directed to shelters in nearby high schools that will accept animals of certain sizes. Over 160 dogs and cats from the Living Free Animal Sanctuary were transported to safer locations with other animal welfare organizations. There were special arrangements for horses.

Here are some things pet parents can do IN ADVANCE of a natural disaster or emergency to keep their fur friends safe. These steps will help you plan for yourself as well. Be sure to always keep your car's gas tank over half full in case it becomes difficult to purchase fuel. Have a battery-operated radio to receive news updates in case there is no power in your home. Keep some cash on hand.

TAG AND MICROCHIP YOUR PET

Microchipping is your pet's best ticket to getting home if he gets lost or displaced in an emergency. The tiny chip in the back of his neck contains owner contact information that can read by any scanner at a shelter or vet clinic. An engraved tag with your phone number and important medical information on his collar is the quickest way to have your pet returned and you can obtain them at PetSmart or Petco. Have current photos of your pets on your cell phone.

Loving All Animals will microchip your dog or cat for FREE at their shelter in Coachella during weekdays. Call ahead for times and availability at 760-834-7000. Cats must arrive in carriers and dogs on leash.

PLAN A PET FRIENDLY PLACE TO STAY

Locate pet-friendly hotels out of your area in advance. Plan to stay with a friend or relative who will allow your pet to stay in an emergency. You can locate pet-friendly hotels at several websites including www.DogWonderful.com, www.bringyourpet/com, and www.PetTravel.com.

USE THE BUDDY SYSTEM

Plan ahead with a trusted friend or neighbor and give them a key to your home in the event you are caught outside evacuation lines when an order is issued. They may need to handle evacuating your pets.

PREPARE AN EMERGENCY KIT FOR EACH ANIMAL

Stock up on basic supplies as retail stores could shut down in the event of an emergency. Have a two-week supply of pet food on hand. Have a 2-week supply of food for the people in your home as well. Store a supply of pet food in a water-tight container and rotate it every few months to ensure freshness. People and pets will require a supply of drinking water if officials declare your household water unfit to drink. Keep an extra supply of their medication. Other items to have ready include a flashlight, scoopable litter, blanket, liquid soap dish and disinfectant, first aid kit and photocopies of medical records.

HAVE CARRIERS AND LEASHES FOR EACH ANIMAL

This is particularly important for multiple pet households. Carriers are essential for car travel and transport. Pets may be stressed, and carriers will prevent them from escaping.

EVACUATING WITH BIRDS

Our feathered friends must be transported in a secure travel cage or carrier. A blanket over the bird's cage may reduce stress. In warm weather, carry a spray bottle to periodically moisten your bird's feathers. As with all your pets, have a current photo, and keep your bird's leg band on for identification. Birds must eat on a daily basis, so obtain a timed feeder that will ensure his daily feeding schedule should you have to leave unexpectedly.

DON'T LEAVE YOUR PETS BEHIND

We all remember the tragic scenes of desperate animals left behind in Katrina not allowed into rescue boats. In response to that tragedy, the 2007 PETS Act authorized FEMA to provide rescue, care, and shelter to people with domestic pets and service animals. If the situation isn't safe for you, it's not safe for your animals.

COMFORT YOUR ANIMALS

Your calm voice and presence will help reduce their stress if you and your animals are displaced. Cats in particular don't like to be transported to unfamiliar locations and must be in carriers. Play soft music on the radio. Keep a familiar toy in their kennel.

Advance preparation will prevent danger, panic, and suffering for you and your beloved animals!

Janetmcafee8@gmail.com CV



MEET STEVE

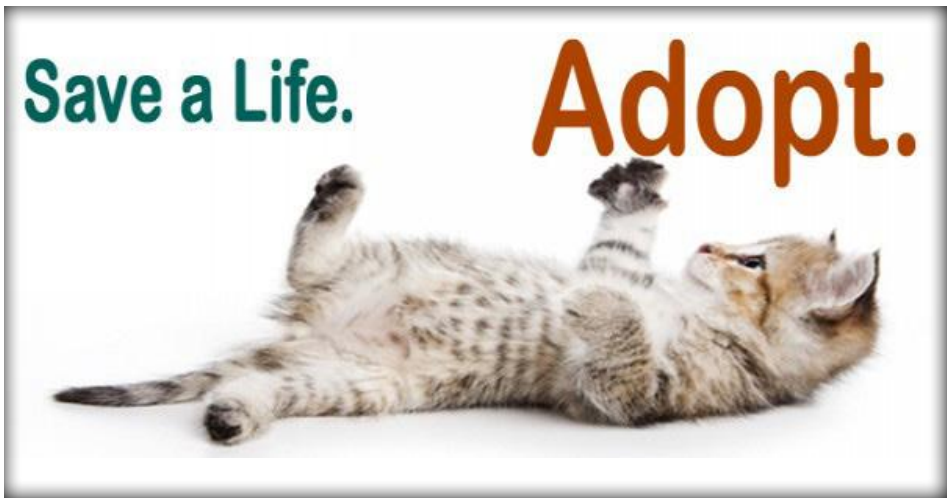
This adorable 4-mo-old Lab mix puppy will hop his way into your heart at the Loving All Animals shelter. He and his sister Toni are full of puppy antics. Call (760) 834-7000.



MEET TONI

This 4-mo-old Lab mix puppy will hop her way into your heart at the Loving All Animals shelter. She and her brother Steve are full of fun puppy antics. Call (760) 834-7000.





Here is a partial list of animal shelters & rescues:

COACHELLA VALLEY ANIMAL CAMPUS – Open 10:00-4:00 Monday through Saturday. View animals online at all 4 county shelters www.rcdas.org, 72-050 Pet Land Place, Thousand Palms, Call (760) 343-3644. (Public)

PALM SPRINGS ANIMAL SHELTER – Open to the public, closed Tuesday. View animals online at www.psanimalsshelter.org and complete application for the one you want to meet, 4575 E. Mesquite Ave, Palm Springs, Call (760) 416-5718. (Public)

DESERT HOT SPRINGS ANIMAL CARE & CONTROL - Open daily 9:30-4:30. www.cityofdhs.org/animal-care-control.com, View animals at www.petango.com/dhsacc. 65810 Hacienda Ave, Desert Hot Springs, Call for appointment (760) 329-6411 ext. 450.

ANIMAL SAMARITANS – Open to the public. View their animals at www.animalsamaritans.org. Email volunteer@animalsamaritans.org to foster or volunteer. Located at 72307 Ramon Rd, Thousand Palms, (760) 601-3918. (Private)

CALIFORNIA PAWS RESCUE - Call for an appointment to adopt. Located at 73650 Dinah Shore, Palm Desert. View their animals at www.californiapawsrescue.com, (760) 656-3833. (Private)

HUMANE SOCIETY OF THE COACHELLA VALLEY – Fill out an application online www.orphanpet.com and call for an appointment. This shelter has dogs of all sizes and cats, Located at 17825 N. Indian Canyon, Palm Springs, (760) 329-0203. (Private)

KITTYLAND – Open to the public to adopt cats and kittens. Located at 67600 18th Avenue, Desert Hot Springs, www.kittylandrescue.org, (760) 251-2700. (Private)

PRETTY GOOD CAT – Foster based rescue for cats located in La Quinta. Contact them at www.prettygoodcat.com, (760) 660-3414 (Private)

LOVING ALL ANIMALS – Call for appointment to adopt dogs. Located at 83496 Ave 51, Coachella, www.lovingallanimals.org, (760) 834-7000. (Private)

ANIMAL RESCUE CENTER OF CALIFORNIA (ARC), Foster based rescue for dogs and cats in Indio. www.thearc-ca.org, (760) 877-7077 (Private)

FLUFFS & SCRUFFS – Foster based rescue for small dogs in Cathedral City. FLUFFSANDSCRUFFS@AOL.COM, (310) 980-3383 (Private)

SOCIETY'S OUTKAST ANIMAL RESCUE – Foster based rescue for dogs in Rancho Mirage, www.societysoutkasts.com, (760) 832-0617. (Private)

LIVING FREE ANIMAL SANCTUARY – Large outdoor shelter for dogs and cats up Hwy 74, Mountain Center, www.living-free.org, (951) 659-4687. (Private)

CITY OF BANNING ANIMAL SHELTER – Open daily 10am-6pm. Located at 2050 E. Charles Street, Banning. Many beautiful animals of all sizes. View animals at www.arerecue.org/banning. (951) 708-1280 Short staffed so don't always answer phones. (public)

CITY OF SAN BERNARDINO ANIMAL SHELTER – Open 12:00 – 3pm Tues through Sat. Google "City of San Bernardino Animal Shelter" for website to view animals and get the ID number of the animal you want. Located at 333 Chandler Place, San Bernardino, (909) 384-1304 or (909) 384-7272. (Public)

SAN BERNARDINO COUNTY ANIMAL SHELTER AT DEVORE – Open 7 days a week. Call (909) 386-9280, www.sbcounty.gov/acc and get the ID number of animal you are interested in adopting, 19777 Shelter Way, San Bernardino (Public). CV



These friendly dogs are at the Coachella Valley Animal Campus waiting for homes. Come meet them at 72-050 Petland Place, Thousand Palms, and www.rcdas.org for more info.

RIVERSIDE COUNTY DEPARTMENT OF ANIMAL SERVICES









INVESTING IN A TRUMPIAN WORLD

HADDON LIBBY



BY HADDON LIBBY

After everything that has transpired in the stock and bond markets over the last few months, let's pause to reflect on the fundamental investment principles that guide us to protect and grow wealth effectively.

A study by RBC Wealth Management analyzed four hypothetical investors over the past twenty years. Each investor made $3,000 annual contributions over twenty years ($60,000 total) to their investment accounts.

Investor #1, dubbed Kreskin, strategically added $3,000 each year at the stock market's lowest price point.

Investor #2, named Jack B (founder of Vanguard Investments), consistently invests $250 every month over twenty years.

Investor #3, called 'Wrongway Corrigan' after the Depression-era aviator who intentionally flew from Brooklyn to Europe instead of his planned Long Beach, California destination, does the opposite of Kreskin and invests at the market's highest value annually.

Investor #4, named Johnny Cash, places money in a secure, interest-earning cash investment, entirely avoiding the stock market.

Unsurprisingly, Kreskin performed best with $149,000, followed by Bogle at $137,000, Wrongway at $129,000, and Cash last at $72,000.

This illustrates that even an investor with poor timing outperforms one who remains in cash. Bogle's disciplined approach is likely the easiest to follow, as you invest the same amount each month regardless of market conditions. This consistency fosters some of the best growth rates over time. Even Wrongway fares reasonably well by staying invested in the market.



Nobel laureate Harry Markowitz, creator of Modern Portfolio Theory in 1952, famously said, "Diversification is the only free lunch in investing." Markowitz's adage is straightforward: by holding a varied mix of assets that do not move in lockstep, potential losses in one area are mitigated by gains in another. This principle has faced scrutiny recently due to the strong outperformance of technology and mega-cap stocks like Apple, Amazon, and Microsoft.

Looking at the market's performance in 2025 through April 10th, tech stocks and cyclicals declined by more than 17%, while healthcare, utilities, and consumer staple stocks held steady. Meanwhile, the 10-year Treasury yielded 4.48%, offering tax-effective yields as high as 4.92%. A typical 5-year corporate bond delivered roughly the same yield as Treasuries.

One key takeaway is that a balanced mix of assets is crucial for managing portfolio risk. Fixed income provides a stable foundation, offsetting the volatility of equities. Within equities, tech has led performance over the past decade, yet maintaining higher dividend stocks—such as those in healthcare, utilities, staples, and financials—is vital for risk management.

This brings us to the most critical consideration: what level of risk aligns with your personal comfort zone?

If your risk level exceeds your comfort zone, you may be tempted to sell when prices are low and buy after a rally has already occurred.

The last two months highlight some of the extreme volatility that can shake investor confidence. Markets peaked on February 18th before a three-week decline of 10%. From March 13th through the 25th, markets rallied nearly 5% before a sharp drop from April 2nd through April 9th, when President Trump announced a 90-day pause on most tariffs. During that week, markets fell by nearly 12%, contributing to a 19% decline in valuations from mid-February's all-time highs. On April 9th alone, markets surged by roughly 7% before relinquishing some gains on the 10th.

History indicates that markets typically rally by 29% from cyclical lows. The question remains whether April 8th marked the low. Since predicting the future is impossible, we must evaluate whether we are comfortable with our current asset allocation mix.

Haddon Libby is the Founder and Chief Investment Officer of Winslow Drake Investment Management, a locally-based Fiduciary RIA. For more information, please visit www.WinslowDrake.com. CV

WINSLOW DRAKE INVESTMENT MANAGEMENT

WHILE LEAVING COACHELLA I WAS IN AN ACCIDENT WILL MY PRIOR INJURY HURT MY CASE?

DALE GRIBOW ON THE LAW

LEGAL REPRESENTATION OF THE INJURED & CRIMINALLY ACCUSED



The correct answer to this, and most legal questions is, "it depends." If your PI Trial Lawyer is experienced, s/he can get a lot of mileage from a victim who is already hurting from a prior injury. Of course, the insurance company will argue it's a degeneration of the spine, and thus they are not responsible…as they refuse to pay.

As an experienced Accident Trial lawyer, I know that prior Injuries are not a problem, They Are Part of Life! It can be argued that prior injuries help your case because it takes much less of an impact to cause an injury to an egg shell client. An egg shell victim is someone who, when hit on the top of their head with a spoon, their head cracks…like an egg shell.

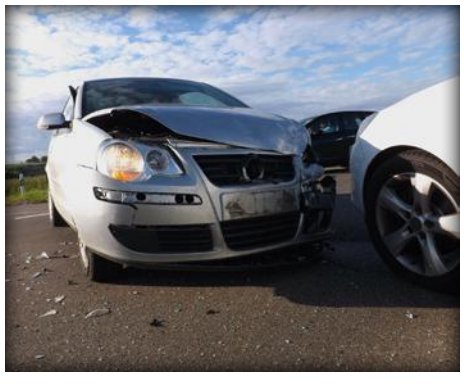
A client's prior injuries are an example of the defense trying to box you in with their preconceived notions about what factors discount the value of cases. An experienced Personal Injury Trial Lawyer, won't let them get away with this. There is a difference between aggravation of a prior condition that didn't yet heal, vs a prior injury that *did resolve*.

Unless the victim is an infant, most adult victims will have had some kind of back or neck problem in the past. Our adult spines get dinged from time to time. Those priors aren't a bad thing. They may actually help the case because an egg shell victim is more susceptible to an injury… from a minor impact. A minor impact may cause less damage to the body of a car, than to the human spine. Healing from something in the past doesn't mean a later injury to that same area will cause less harm. In fact, it is just the opposite. It may mean the outcome will be worse. An experienced lawyer will argue that in his/her client's case, it caused a herniation, not just a sprain/ strain.

Think about it. Why should the defense get a discount, when their client caused a "forever injury" to your client's life. Just because the victim has crashes or episodes of neck/back pain in her past, like

almost everyone else, there is no reason for a discount. Unfortunately, the insurance companies think they have a right to short victims of what is owed. The law gives them no such discount. Most courts and juries recognize that negligence need not be the sole cause of injury, so long as it contributes substantially to the outcome. A good trial lawyer will point that out to the jury during voir dire.

An experienced trial lawyer will explain to the jury that this is "as is" justice. You take the person "as is". In other words, justice is not reserved for people who are in perfect health. People who are not in the prime of their physical life don't get treated as second class citizens who can only receive discounted



justice. People with wear and tear, bumps & bruises, who have been hurt in the past or had health problems, should also get full justice. Our US Constitution promises *equal justice* or *justice for all.* As an experienced trial lawyer I ask the jury pool, isn't this the way it should be? I would follow this up by asking if anyone disagrees.

A local experienced trial lawyer will harp on this universal truth by using the phrase "as is" justice…over and over. When the defense neurosurgeon says the victim had degeneration of the spine, I point out, this is normal aging and say, "Are you suggesting that an injury matters less when someone isn't in the prime of their physical life? Your lawyer should ask if the doctor is familiar with the concept of susceptibility and 'as is' justice and let the jury mull over the answer.

DON'T DRINK & DRIVE. Impaired Driving = Drunk Driving and Uber is cheaper than me! After a FREE 360 ACCIDENT/ DUI Case Analysis Consultation (760-837-7500, dale@dalegribowlaw.com), you may not need a Lawyer! "If not retained, I will direct you to a more budget-friendly lawyer…honestly." Remain Silent! It's not what you said. It's what the police/ insurance company thought you said! They are Not on your side; you are Not in good hands and your friendly neighbor will Not give you a piece of the rock.

Dale Gribow is a multi-award-winning INJURY AND CAR ACCIDENT LAWYER | DUI ATTORNEY with career awards: 35 Top Lawyer | 5-Star | 10.0. He is experienced and recognized for excellence and trustworthiness, with the highest possible ratings from the most respected national legal rating publications, reflecting the confidential opinions of Judges and Attorneys...Martindale/ Avvo; Google, Justia, Expertise.com. These validated: 9 Man of the Year | 4 Dale Gribow Days | Mr. Charity- recognizing dozens of philanthropic awards. Cases are limited. Dale personally answers all calls. CV

MØLGAARD SCORES FIRST AHL GOAL IN OVERTIME LOSS TO GULLS

COACHELLA VALLEY INCHES CLOSER TO SECURING HOME ICE IN POSTSEASON IN OT DEFEAT TO SAN DIEGO

The Coachella Valley Firebirds, the American Hockey League (AHL) affiliate of the Seattle Kraken, fell to the San Diego Gulls in overtime on Sunday at Acrisure Arena by the final score of 4-3. Oscar Mølgaard recorded his AHL first goal and Ben Meyers notched three points in the loss, moving the Firebirds record to 37-24-4-5.

Coachella Valley opened the scoring 1:34 into the first period as Ben Meyers found a loose puck right in front of the San Diego net. Jani Nyman and Ty Nelson earned the assists on Meyers 23rd goal of the season. The Firebirds extended their lead at 16:21 as Jagger Firkus ripped a shot over the glove hand of Calle Clang for his 15th of the season. Nik Brouillard's outlet pass located Firkus at the red line. Meyers picked up his second point of the game with the secondary assist.

The Gulls cashed in twice inside the final 2:58 of the second period to tie the game. Jan Mysak and Yegor Sidorov each beat Victor Ostman to make it 2-2 after forty minutes.

The Firebirds regained their lead with 8:21 remaining in the third period as Charlie Wright slid the puck to Oscar Mølgaard at the right circle, beating Clang on a one-time to make it 3-2. Meyers recorded his third point of the game on Mølgaard' goal, the first in the American Hockey League for the 2023 second round Seattle Kraken draft pick.

San Diego pulled their goaltender inside the final minutes and Coachella Valley's Max Lajoie was called for cross-checking with just eight seconds remaining in regulation. Roland McKeown scored the game-tying goal off the faceoff as his team was on a 6-on-4 advantage, sending the game to overtime.



Nico Myatovic won the game for the Gulls 2:52 into overtime on the first shot of the extra session to secure the extra point for San Diego and limit Coachella Valley to just one point earned.

The Firebirds earned their 83rd point of the season, maintaining their fourth place spot in the Pacific Division and moving them one point away from securing home ice for the first round of the Calder Cup Playoffs. Coachella Valley was outshot by San Diego 34-30. Victor Ostman made 31 saves on 34 shots as his record falls to 2-1-2.

The Firebirds and the Gulls will finish out their regular season series this Saturday, April 19th at Pechanga Arena in San Diego.

Fan Appreciation Night!

Coachella Valley concludes their homestand this Friday, April 18th for their final regular season game at 6 p.m. PT for Fan Appreciation Night presented by Acrisure!

Group Tickets Still Available!

Group tickets are also on sale! For groups of 10 or more, take advantage of special ticket discounts and the opportunity to avoid taxes and fees when attending a game. Don't miss out - lock in your tickets today and be part of the excitement! Bring you group to a game.

Firebirds Playoff Presale!

The Firebirds are gearing up for 2025 Postseason presented by Spotlight 29 Casino. Secure your 2025 Calder Cup Playoffs seats before anyone else! While exact dates and opponents are yet to be determined, don't miss your chance to be a part of another electric year of playoff hockey. Sign up now for exclusive presale access and be among the first to grab playoff tickets before they go on sale to the public.

Season Tickets on Sale Now!

Season ticket memberships for the 2025-26 season are on sale now! Join the Firebirds family and secure your seats for another thrilling season of action.

Premium Seating at Firebirds' Games

Experience the game like never before with Firebirds' Premium Seating! Experience access to the VIP amenities from the comfort of one of several club options located throughout Acrisure Arena. Deposits are currently accepting deposits for our exclusive, sold-out premium areas.

Stay up to date on the latest Firebirds' news and info by visiting CVFirebirds.com and by following the team on social media @ Firebirds. CV

PRO WRESTLING ANNIVERSARY EVENT!

PRODUCED BY EMIR



It's coming to the *Banning Community Center* on **Sunday, May 18th 5PM start time** – **EWF** *[Empire Wrestling Federation]* Anniversary special. For wrestling fans of the Coachella Valley, this is your opportunity to experience professional wrestling (like you see on TV) **LIVE!**

Come witness the heroes and villains – the superstars of the future as they butt heads for dominance.

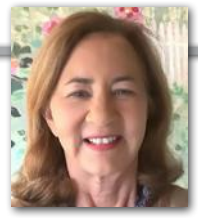
The headline of the evening will feature the Great Goliath title match in which EWF hero, Trailer King takes on one of the *Empire's* greatest champions, Michael Bad Wolf. The story between these two has been heating up ever since Bad Wolf took the tile from Trailer King days after Trailer King captured it for the first time. This main event match on Sunday, May 18th, inside the *Banning Community Center* match could prove to be one of the greatest in *Empire Wrestling Federation* history.

In another exciting climax to a saga that began to simmer last summer, current EWF tag team champions, I Rod, and Firebird will take on the dastardly force known as DELIRIUM, Slade, and McCallion with The Master. It was last summer when Delirium debuted in a match against I Rod and Firebird [before they became EWF tag team champions]. Delirium was victorious in that match against I Rod and Firebird. Subsequently, a rematch took place earlier this year, in which, and again, Delirium won. Had it not been for EWF Commissioner Jack Fancy's interference, Delirium would currently be EWF tag team champions. This epic tag team encounter will be make or break it for I Rod and Firebird, because as The Master pointed out at EWF's last Banning show – "You do realize that you are no longer a champion, don't you, I Rod." Those words must be ringing loudly through the mind of I Rod, over and over. To justify their "stolen" titles, as The Master says, I Rod and Firebird must win. Will I Rod, remain focused, or will Firebird have to go at it alone…

One thing is for sure, as the EWF celebrates its anniversary, the *Banning Community Center* will be celebrating as fans fill the venue to capacity. Make sure that you are there to enjoy all the action and be part of one of the greatest nights of "good versus evil" stories in all of entertainment.

For tickets call **(909) 886-5201** or visit **empirewrestlingfederation.com**. CV

WISDOM COACHING



BY MICHELLE MCLAUGHLIN

HOW TO LIVE—AND THRIVE WITH GRACE—IN UNCERTAIN TIMES

AN OPEN LETTER TO THE WOMAN WHO FEELS WORN OUT

Hey you...

Yes, you—the one quietly carrying the weight of the world. Trying to hold it all together while the economy shifts every day, your job may be unstable or unsatisfying and your peace feels like a distant memory. You wake up tired. You go to bed worried. And somewhere in between, you wonder, is this how life is supposed to feel?

Let me tell you something straight from the heart: You are not broken. It just feels like it.

These uncertain times?

They're not here to break you.

They're here to remake you.

Not to push you down—but to pull you inward.

To ask you, gently and firmly:

What truly matters? What no longer fits? And what are you finally ready to lay down?

I know this from the trenches. I've had to reinvent myself more times than I can count—especially in these last few years.

...I've cried until there were no tears left.

...I've screamed into pillows, prayed in silence, begged the universe for mercy.

...And yes, I've wanted to give up.

...I've whispered "I'm done I can't go on" into the dark and meant every word.

But here's what I've learned:

There is always a way forward despite Divorce. Financial loss. Illness. Grief. Life doesn't always go how we planned. But somehow, in the middle of all this I found something sacred. I found gratitude.

When I stopped fighting the reality of where I was and started accepting it as a truth I needed to face something shifted. I began to see that what I had, even in the midst of uncertainty, was enough. That I was enough... and that's when everything started to change.

So how do you live—and truly thrive—when life feels like it's falling apart?

You come home to yourself.

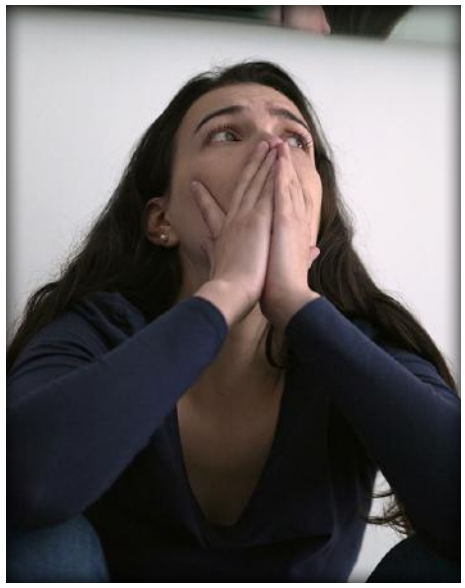
You get still.

You get honest.

You let go of what isn't yours to carry.

And you start building something new... from the inside out.

Because the answers you're looking for? They're already within you.



Where Do You Begin?

1. Ground Yourself in the Now.

Uncertainty breeds anxiety because it lives in the future. But power? Power lives in the present. Pause. Breathe. Feel your feet on the ground.

2. Reclaim Your Joy & Peace.

Ask yourself: What makes me feel alive? What small thing sparks joy and gives you peace, even for five minutes? Paint. Dance. Walk barefoot. Journal. Your joy is your lifeline. Reconnect with what nourishes your soul.

3. Create a Simple Vision.

Forget the one-year plan. What's one aligned step you can take today? Focus on progress, not perfection. A small, heart-led step is more powerful than a big, forced leap. Baby steps will get you there.

4. Strengthen Your Tribe.

You don't have to walk this path alone. Find your tribe—those who remind you who you are when you forget. Talk it out. Receive love and give it back in multitudes. You weren't meant to carry the heaviness of the world in silence.

5. Anchor to Purpose.

Who can you serve? What can you create? How can you rise? Let it shape your story.

Growing Through Uncertainty

You weren't made just to get through the hard times—you were made to grow through them. To get clear on what matters and build strength from the inside out. Life's uncertainty doesn't need to be feared—it can be faced, baby step by baby step, with heart, honesty, and resilience. You don't need to have it all figured out—just the courage to keep showing up.

In closing... the world may be uncertain, but you don't have to be.

You've got this. I believe in you!

And woman—you're just getting started.

***About Michelle McLaughlin**: Michelle is a guide, a wise woman, and an accomplished coach experienced in supporting women as they navigate remarkable, unexpected, and / or some of the most challenging transitions in life. She intimately understands the overwhelming weight of these moments that feel like they might break us. Yet, through her journey, she has discovered something extraordinary: transitions, while undeniably hard, are also powerful opportunities to rediscover who we are, what we're capable of, and how to live a life of deeper meaning and connection.*

McLaughlin has endured cancer, alcoholism, financial loss, divorce, depression, and grief and emerged stronger, bolder, and more capable to lead other women into new directions. A courage creator and pioneer, Michelle is the mentor any woman would love to have by their side — and every woman deserves. For questions and/or a complimentary 30-minute coaching session please email her at im4letitbe@gmail.com.

CV



FACING THE FEAR AND ANXIETY OF THE UNKNOWN

BY STAN POPOVICH

HEALTH



Almost everybody worries about what will happen in the future. The prospect of not knowing if something good or bad will happen can produce a lot of fear and anxiety.

As a result, here are seven ways on how to deal with the fear of the unknown.

1. No one can predict the future with one hundred percent certainty: Even if the thing that you fear does happen, there are circumstances and factors that you can't predict which can be used to your advantage.

For instance, you miss the deadline for a project you have been working on. Everything you feared is coming true. Suddenly, your boss tells you that the deadline is extended and that he forgot to tell you the day before. This unknown factor changes everything.

2. Take it one day at a time: Instead of worrying about how you will get through the rest of the week or coming months, try to focus on today. Each day can provide us with different opportunities to learn new things and that includes learning how to deal with your problems. When the time comes, hopefully you will have learned the skills to deal with your situation.

3. Use Self-Visualization: Sometimes, we can get anxious over a task that we will have to perform in the near future. When this happens, visualize yourself doing the task in your mind. For instance, you have to play in the championship volleyball game in front of a large group of people in the next few days. Before the big day comes, imagine yourself playing the game in your mind. By doing this, you will be better prepared when the time comes.

4. Take a break: Take a deep breath and try to find something to do to get your mind off of your anxieties and stresses. A person could take a walk, listen to some music, read the newspaper, watch TV, play on the computer, or do an activity that will give them a fresh perspective on things. This will distract you from your current worries.

5. Challenge your negative thinking with positive statements and realistic thinking: When encountering thoughts that make you fearful or depressed, challenge those thoughts by asking yourself questions that will maintain objectivity and common sense. Focus on the reality of your situation and not on your thoughts.

6. Worrying can make the problem worse: All the worrying in the world will not change anything. All you can do is to do your best each day, hope for the best, and when something does happen, take it in stride. If you still have trouble dealing with the fear of the future, then talking to a counselor or clergyman can be of great help.

7. Get some help: Sometimes, it helps to be able to talk to someone about your stressful situations. Talking to a trusted friend, counselor, or clergyman can give you additional advice and insights on how to deal with your current problem. In time, you will become better able to deal with the fear of the unknown.

BIOGRAPHY *- Stan is the author of "A Layman's Guide to Managing Fear" which covers a variety of techniques that can drastically improve your mental health. For more information, please visit Stan's website at www.managingfear.com.* CV

IT'S TIME TO JAM!

SAFETY TIPS

BY FIRE CHIEF SAM DIGIOVANNA



Jazz Appreciation Month (fondly known as "JAM") was created at the Smithsonian Institute in 2001 to recognize and celebrate the extraordinary heritage and history of jazz for the entire month of April.

JAM is intended to stimulate and encourage people of all ages to participate in jazz - to study the music, attend concerts, listen to jazz on radio and recordings, read books about jazz, and more.

Smooth Jazz Music may Lower Blood Pressure! Between 30% and 50% of adults over the age of 50 are reported to have chronic hypertension, or high blood pressure. If left untreated, high blood pressure can lead to a number of dangerous complications, including, Heart attack, stroke and aneurysms. It is also reported to help stimulate the brain, and with chronic pain.

No matter what age you are, it's important to take care of your physical and mental health needs. Making small lifestyle changes, from adjusting to your diet to meditating regularly, can have a huge impact on your overall well-being. One of the simplest things you can do to promote your health is listen to jazz music as it's good for both the heart and soul.

Being JAM Month, I want to send a huge shout out of appreciation to Michael and Terri Paulo with Apaulo Productions. They have been providing some of the best smooth Jazz Concerts throughout Southern California for well over a decade. Michael is one of the most talented saxophonist I have ever heard and can jam with any bands that they host with their concert series without missing a beat!

The next concert is the Tris Imboden Yacht Stars Band. It is back by popular demand and they will be back at the Omni La Costa Resort on Sunday May 18th. Lead by drummer Tris Imboden who spent over twenty-five years touring with the band Chicago.

The Yacht Stars bring back the music of the 80's performed by the musicians that helped create the Yacht Rock sound. Come and hear the music of Christopher Cross, Kenny Loggins, Earth Wind and Fire, Chicago, Doobie Brothers, Hall and Oates and more! Don't miss this special concert event at the Omni La Costa Resort in Carlsbad, CA .

For tickets visit WWW.TIX.COM

Hotel Information: www.omnihotels.com/hotels/san-diego-la-costa

Let's JAM!

Fire Chief Sam DiGiovanna CV





NADIA POPOVA, RESIDENT OF PALM DESERT, EMPOWERS WOMEN TO PRIORITIZE HEALTH DURING WOMEN'S HISTORY MONTH ON KUSI NEWS

SEND ME A TRAINER

BY COACH NADIA POPOVA,
PRESENTER OF THE HOLLYWOOD NATURAL BODYBUILDING & FITNESS AWARDS, RESIDENT OF COACHELLA VALLEY





In a powerful segment aired on KUSI News San Diego during Women's History Month, Nadia Popova shared invaluable insights on the challenges women face and the crucial role of prioritizing health. Popova's message resonated deeply with viewers, emphasizing the multifaceted lives women lead and the importance of self-care.

Popova acknowledged the immense juggling act many women perform, balancing roles as mothers, wives, sisters, and professionals. "Women have so many roles that they have to play," she stated, highlighting the constant demands on their time and energy. "With that comes a lot of things that they have to juggle."

Recognizing the potential for overwhelm, Popova stressed the fundamental connection between personal well-being and overall success in these roles. "To stay focused on healthy, women should make it a priority," she advised. "When women are healthy, they can be better mothers, better wives, better sisters, and just better individuals overall. Health has to be a priority for all of us."

Popova offered practical advice on how women can effectively prioritize their health amidst their busy lives:

Define Non-Negotiables: "Women have to be clear on their non-negotiables without feeling guilty," she emphasized. Setting boundaries and identifying essential self-care practices is crucial.

Make Time for Well-Being: Popova stressed the importance of carving out dedicated time for personal well-being. This could include exercise, relaxation, or pursuing hobbies.

Furthermore, Popova provided guidance on achieving sustainable success in a health journey:

Embrace Fitness as a Lifestyle: "Fitness is a lifestyle," she asserted. "You have to stay consistent with your workouts, even if it is just three days a week."

Prioritize Healthy Eating: Popova recommended adhering to a healthy diet at least 80% of the time, emphasizing the link between nutrition and overall well-being.

Focus on Health, Not Just Aesthetics: "We stay fit to be healthy, and then the looks come naturally," she explained, highlighting the importance of prioritizing health over superficial goals.

Popova's appearance on KUSI News served as a timely reminder of the strength and resilience of women, and the importance of self-care. Her message encourages women to prioritize their health, not as an indulgence, but as a fundamental requirement for leading fulfilling and successful lives. CV

BIGHORN BAM HITS $1 MILLION MILESTONE AGAIN — WITH A TOUCH OF WONKA MAGIC

EVENTS

BIGHORN Golf Club Charities today announced that BIGHORN BAM (Behind a Miracle) raised more than **$1 million** for cancer care and treatment throughout the Coachella Valley for the third consecutive year.

The sweet announcement was made on Tuesday during BAM's wildly imaginative *Willy Wonka*themed golf awards luncheon — the grand finale of a spring fundraising season that included the ever-popular Game Day for Life, Eisenhower Cup, Cash for Caddies, Fashion Night, BAM Golf Tournament, and a silent auction.

"The fun fuels real help," said BAM Co-Chair and BIGHORN Member Debbie Frost, rallying the crowd. "Thanks to your generosity, BAM has supported more than 100,000 local patients with diagnostic equipment, transportation, and treatment."

Among BAM's many local contributions, this year's proceeds will directly benefit four vital organizations:

Eisenhower Health – $656,000

Desert Regional Medical Comprehensive Cancer Center – $90,000

Make-A-Wish Foundation – $61,000

Loma Linda University Children Hospital Hematology Oncology Unit – $56,000

"We're here to save lives and make new miracles happen," said Julie Simon, BAM Chair, who led the events alongside Frost, Director of Charities Kelly Levy, and Charities Assistant Jackie Lopez. Since its founding in 2007 by BIGHORN Member Selby Dunham, BAM has raised over $14 million, including funding for five BAM vans, which have provided 46,659 rides for cancer patients who otherwise would face stressful or inaccessible transportation options.

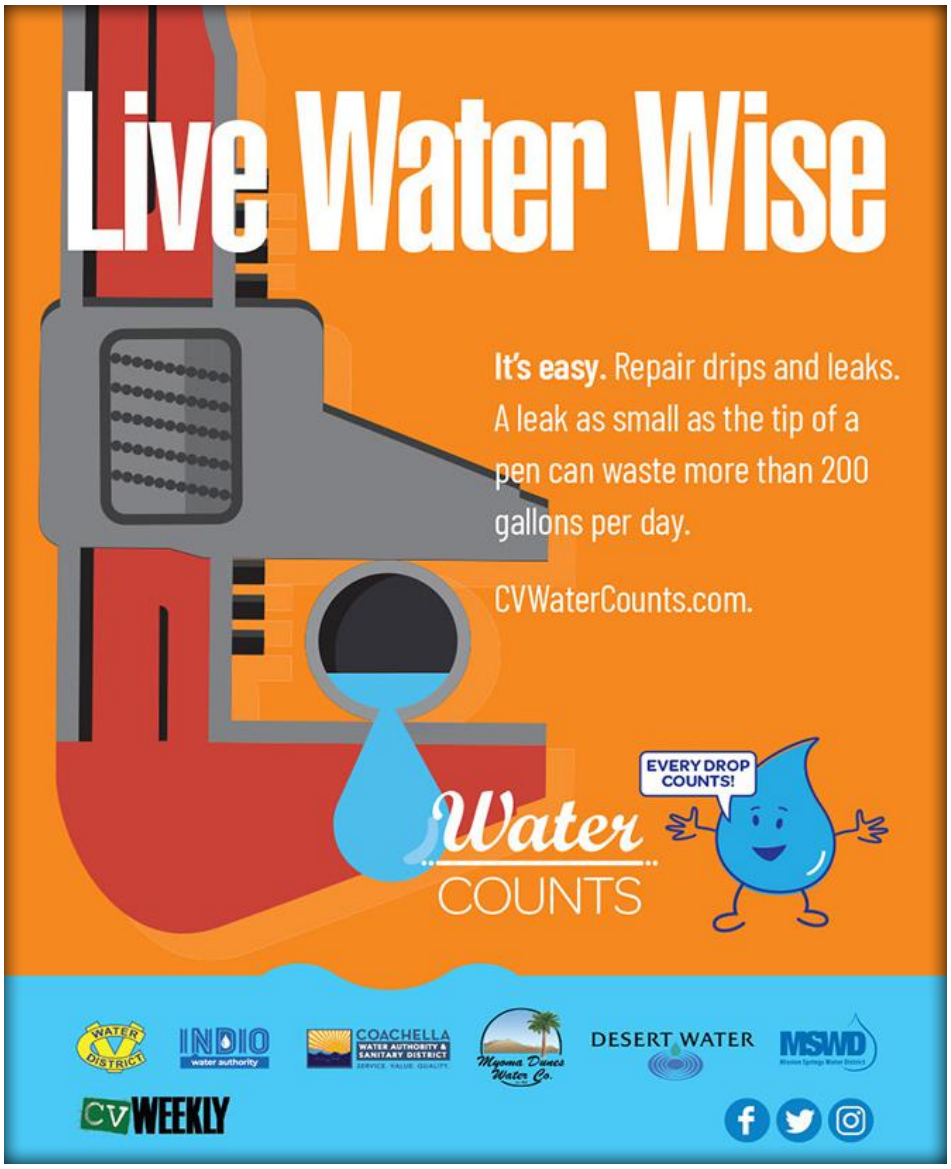
"BIGHORN Members have long been committed to making a lasting, positive impact - within the Club, for the amazing employees who work here, and for the broader community where we all live," said Levy. "We're beyond grateful for their support, year after year, to help us fight cancer in the Coachella Valley."

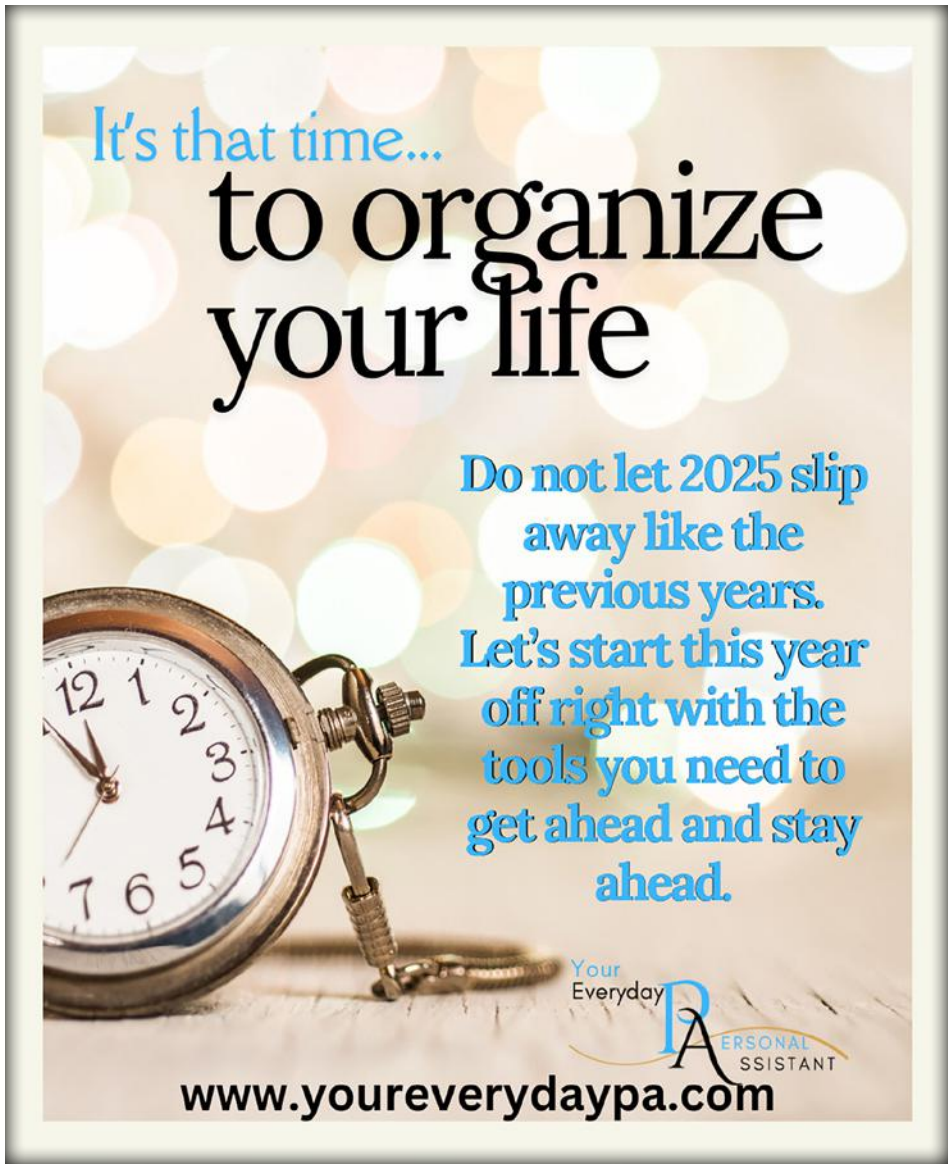
BAM is one of three charitable arms of BIGHORN Golf Club Charities, which also includes BIGHORN Cares and the BIGHORN Scholarship Program. To support BAM or learn more, contact Kelly Levy at klevy@bighorngolf.com. CV



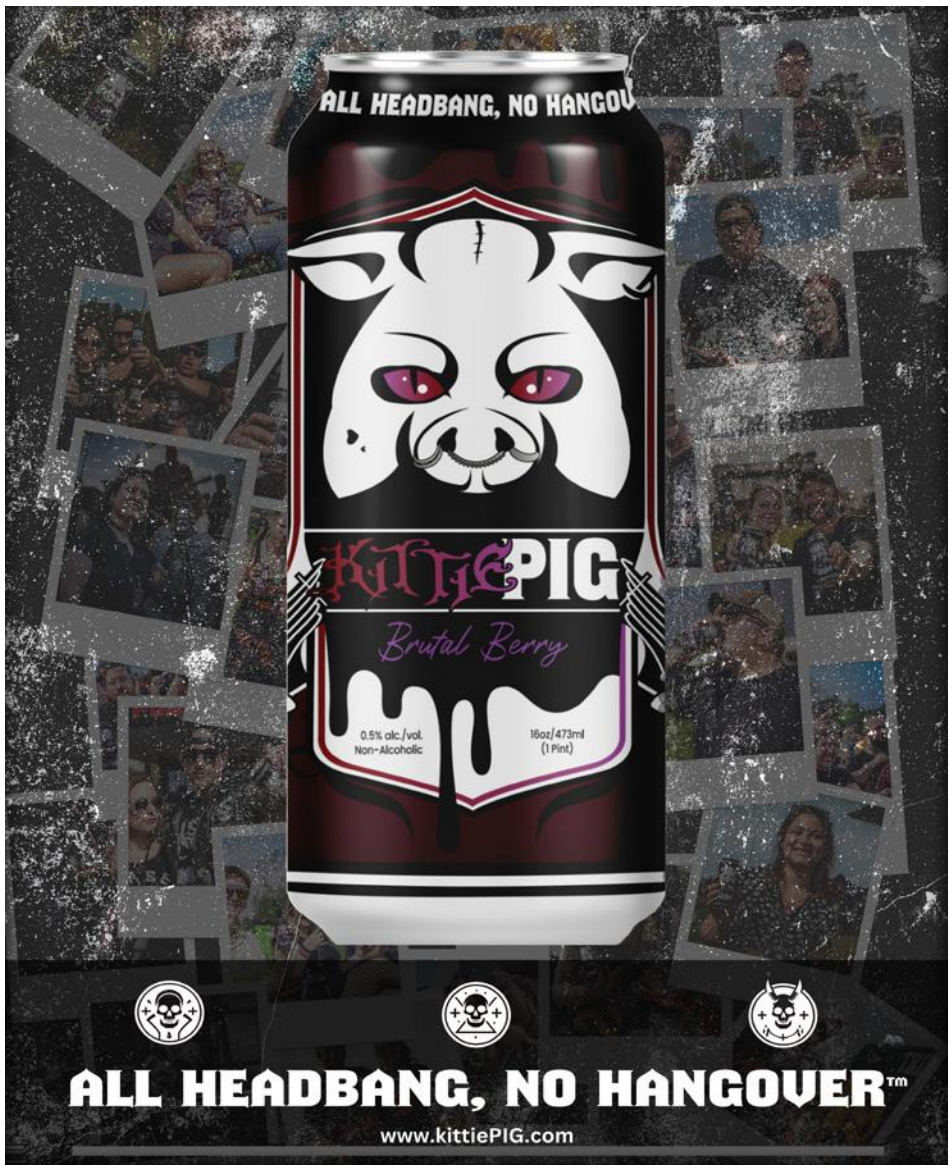





Live Water Wise
It's easy. Repair drips and leaks. A leak as small as the tip of a pen can waste more than 200 gallons per day.
CVWaterCounts.com.
EVERY DROP COUNTS!
Water COUNTS
INDIO water authority
COACHELLA WATER AUTHORITY & SANITARY DISTRICT
Myoma Dunes Water Co.
DESERT WATER
MSWD
CV WEEKLY


It's that time...
to organize your life
Do not let 2025 slip away like the previous years. Let's start this year off right with the tools you need to get ahead and stay ahead.
Your Everyday PERSONAL ASSISTANT
www.youreverydaypa.com


NAMERRS
SIGNS PRINTING T SHIRTS
951.350.0270
227 E. MAIN ST. SAN JACINTO, CA 92583
BUSINESS START UP
SILVER PACKAGE
2 MAGNETS
1 3X5 BANNER FULL COLOR
1000 - BUSINESS CARDS
BOTH SIDES FULL COLORS
$200
GOLD PACKAGE
2 MAGNETS
1 3X5 BANNER FULL COLOR
1000 - BUSINESS CARDS
BOTH SIDES FULL COLORS
1000 - STARNARD FLYERS
$300
PLATINUM PACKAGE
2 MAGNETS
1 3X5 BANNER FULL COLOR
1000 - BUSINESS CARDS
BOTH SIDES FULL COLORS
1000 - STARNARD FLYERS
12 SHIRTS
$400
namerrs.com
Call: (951) 350-0271
Text: (951) 807-4466


ALL HEADBANG, NO HANGOV
KITTIEPIG
Brutal Berry
0.5% alc./vol. Non-Alcoholic
16oz/473ml (1 Pint)
ALL HEADBANG, NO HANGOVER™
www.kittiePIG.com

AIR QUALITY TESTING SERVICES

IS YOUR HOME AIR TOXIC?



MOLD ASBESTOS LEAD

DO YOU SUFFER FROM ?

ASTHMA, ALLERGIES, CHEST CONGESTION, HEADACHES, MIGRAINES , SNEEZING, SHORTNESS OF BREATH, DRY COUGH, WHEEZING, CRACKLING SOUND WHEN BREATHING, CHEST PAINT / TIGHTNESS, PLEURAL EFUSION / PLAQUES / THICKENING, AND/OR ASBESTOSIS, STOMACH CRAMPS, CONSTIPATION, MUSCLE/JOINT PAIN, TROUBLE SLEEPING, FATIGUE, IRRITABILITY, AND/OR LOSS OF SEX DRIVE

THESE SYMPTOMS MAY BE FROM UNKNOWN TOXINS

WE ARE CERTIFIED PROFESSIONALS

- ☑ CALIFORNIA DIVISION OF OCCUPATIONAL SAFETY AND HEALTH (DOSH) CERTIFIED ASBESTOS CONSULTANT (CAC)
- ☑ CALIFORNIA DEPARTMENT OF PUBLIC HEALTH (CDPH) LEAD RELATED CONSTRUCTION (LRC) INSPECTOR/ ASSESSOR

CALL US TODAY
FOR A FREE QUOTE
760.238.6679
www.desertaqts.com

WOMEN OWNED BUSINESS

70% OFF 1 ROOM!