LIBERTY UNIVERSITY
CAMPUS RECREATION

F21-S22
50th Anniversary
Fall Edition





Liberty Mountain Snowflex Centre

ABOUT CAMPUS RECREATION

Liberty University is a special place. We enjoy a beautiful campus, talented professors, dedicated staff members, and a thriving, energetic student body. During your time here, take time to recognize what a unique opportunity you have to be a part of this community. As you find ways to engage academically and spiritually, I hope that Campus Recreation can provide a way for you to connect socially while you take care of yourself physically and mentally.

For anyone new to Liberty University, Campus Recreation will be a pathway for you to make new connections and to explore hobbies or interests that you have. Do not be afraid to try something new — whether it is climbing the LaHaye Rock Wall or riding a horse at the Equestrian Center. If you are looking to connect with friends, consider joining an Intramural Sports team together or running a trail race at the Hydaway Outdoor Center. Also, do not neglect your physical health and make time to work out at the LaHaye Recreation & Fitness Center or at David's Place.

For those of you who are returning to Liberty University, Campus Recreation provides fresh offerings each year, so be sure to check out the program calendar on our website and visit each facility to see what we have planned for you. You will find great opportunities to meet new people or to connect with your existing group of friends.

The following pages highlight our pristine facilities and exciting programming. However, there is more here than buildings and events. What this represents is the staff of Campus Recreation who pour themselves into their work, day in and day out, to provide these services for our community. They care about you, and they want to see you thrive. If you have suggestions or ideas, please do not hesitate to reach out to anyone on staff or contact me directly via email at cjmisiano@liberty.edu.



Chris Misiano, Ph.D
Vice President
Campus Recreation and Logistics



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@LibertyURec

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PARKING GARAGE
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CAMPUS RECREATION MAP

1 LaHaye Recreation & Fitness Center

2 Montview Game Room

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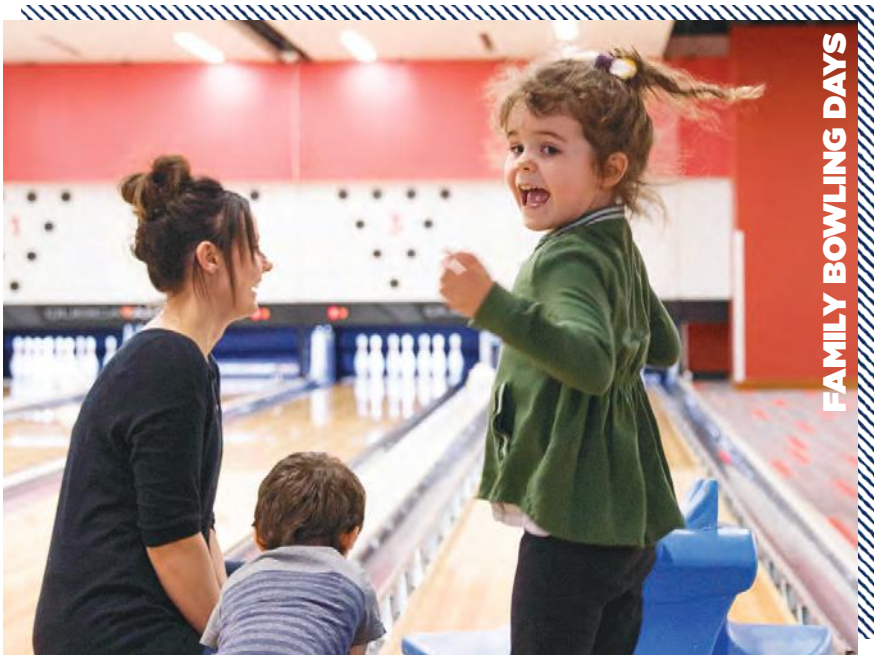
9 Liberty Mountain Equestrian Center

NEED A RIDE?

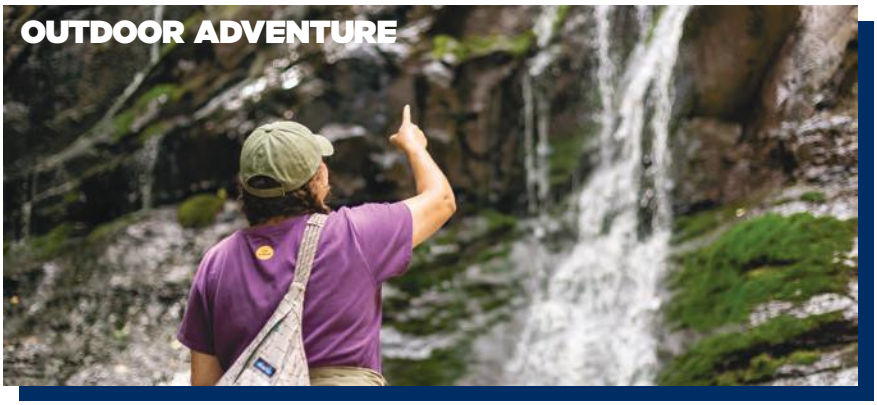
Liberty University Transit now offers On-Demand Ride Service (ODR) for students, faculty, and staff. Covering service to Liberty facilities on and off campus, ODR is easy to use through the MyLU app. Download the app today!

CAMPUS RECREATION EVENTS & PROGRAMS







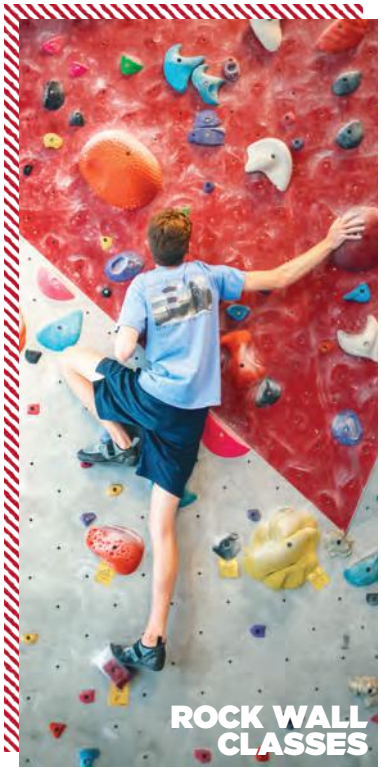




















TO VIEW OUR CURRENT EVENT SCHEDULE, VISIT LIBERTY.EDU/CAMPUSREC/EVENTS

LAHAYE RECREATION & FITNESS CENTER

LaHaye Recreation & Fitness Center is comprised of multiple fitness spaces, such as a cardio loft with over 200 LifeFitness machines, a free weight area, an indoor track, group exercise studios, a 4,000-square-foot rock wall, a 6-lane aquatic center, recreational courts, indoor soccer fields, and more.

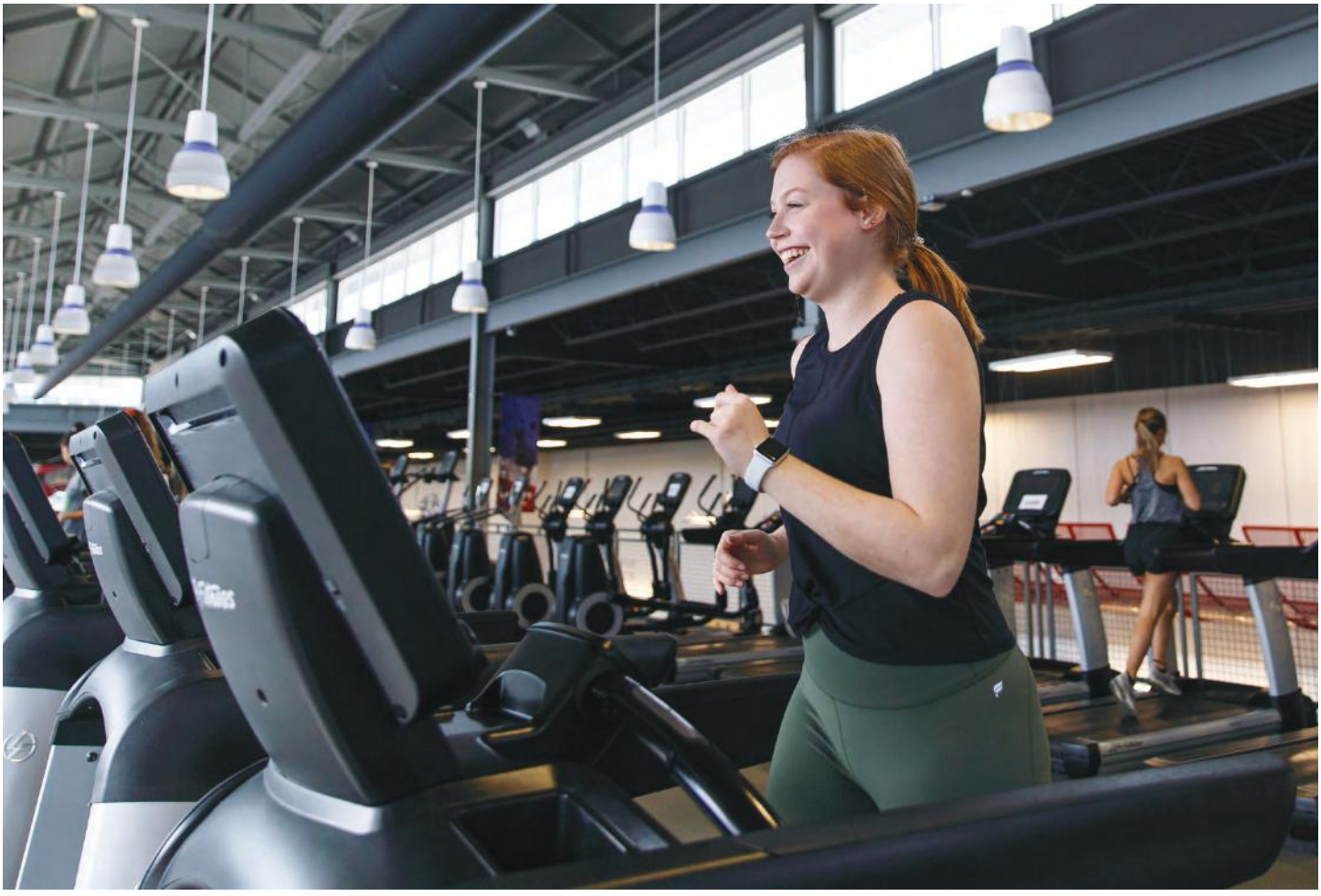
LaHaye Rec & Fit offers a variety of programming, such as group exercise classes, personal training packages, rock wall and aquatics programming, and various events/workshops throughout the year.

The fitness center is available to residential students who have paid the activity fee at no additional cost. Faculty and staff can elect the Early Bird membership to access the facility for free during limited hours or purchase an Early Bird Plus membership for all-hours access. More information on memberships for individuals such as LUO students, alumni, and faculty/staff spouses can be found at Liberty.edu/CampusRec/Memberships.

To learn more about LaHaye Recreation & Fitness Center, visit Liberty.edu/LaHaye-Rec.

AMENITIES

- Cardio Loft
- Free Weight Area
- Training Loft
- Indoor Track
- Basketball Mezzanine
- 6 Group Exercise Studios
- 7 Basketball Courts
- 9 Volleyball Courts
- 2 Indoor Soccer Fields
- 4 Racquetball Courts
- Checkout Equipment
- Free Storage Lockers







AQUATIC CENTER

The LaHaye Aquatic Center houses six 25-yard lanes maxing 12 feet in depth, one 1-meter diving board, and 2 spas. The Aquatic Center provides various opportunities for the Liberty community, such as open rec swimming, swimming for fitness, swim lessons, and lifeguard certification courses.



ROCK WALL

The LaHaye Rock Wall is a great opportunity for students to build strength, courage, and community. The LaHaye Rock Wall is a 4,000 square foot climbing facility offering bouldering, a climbing tower, and a variety of programming, such as bouldering and top rope classes.



INDOOR SOCCER CENTER

The Thomas Indoor Soccer Center houses 2 AstroTurf 3D Synthetic regulation fields. The Soccer Center is available for recreational play and reservations and hosts a variety of Intramural Sports throughout the school year.



RECREATIONAL COURTS

The Recreational Courts include 7 basketball courts, 9 volleyball courts, and 4 racquetball courts. These courts are available for recreational play and reservations and are utilized for Intramural basketball and volleyball during the school year.

GROUP EX PLUS

- TRX®
- CARDIO KICKBOXING
- CROSSFIT®
- CYCLING
- YOGA
- CARDIO HIP HOP
- TABATA GX™
- YOGA SCULPT
- ZUMBA®



MEMBERSHIP PRICING

DAILY	MONTHLY	SEMESTER
$5	$15	$40

PURCHASE A GROUP EX MEMBERSHIP TODAY THROUGH THE MEMBERSHIP PORTAL AT LIBERTY.EDU/LAHAYE-REC.

FITNESS PROGRAMS

PERSONAL TRAINING

Consider training with a professional who is dedicated to helping you reach your health and fitness goals. Our personal trainers work with clients to develop an appropriate exercise program and closely supervise their progress. By assessing fitness goals first, our trainers create a personalized workout plan, teach their clients how to properly perform exercises, and keep them motivated! Whether you are looking to lose weight, gain muscle, improve your cardiovascular fitness, excel at your chosen sport, or learn more about proper techniques, our trainers are always ready to help. With 3–13 week packages available with Tier 1–3 Trainers, you can find the right option for you.





GROUP EXERCISE

Campus Recreation proudly offers various standard group exercise classes each week that focus on strength, cardio, and mind/body. These classes are led by trained Fitness Instructors who are dedicated to providing each participant with a safe, effective, and fun workout. All standard classes are free for residential students with a valid Flames Pass.

At a low cost, a Group Ex Plus Membership offers unlimited access to over 30 additional classes led by experienced instructors who have the credentials as an Instructor in their class format.

GROUP EXERCISE CLASS OFFERINGS

- Barre
- Cardio Hip Hop
- Core & Glute Maxout
- CrossFit®
- HIIT 30
- Pilates
- Spartacus
- Studio Cycling
- Synrgy Circuits
- TRX™
- Yoga



"Working as a personal trainer through Campus Recreation gave me the chance to work with real people who needed practical applications of the science I was studying. I've watched clients become the type of people who choose to show up for themselves rather than be the type to let excuses cause them to no-show their own goals. Transformations occur from the daily choosing of simple, functional habits over what's fun, fast, and easy. If you are ready to change more than you've been able to on your own, invest in the experience that a professional can offer you! It will save you time and energy, and you can be confident that you are following a clear path to the strongest version of yourself."

– TABITHA HAND

DAVID'S PLACE

DAVID'S PLACE FITNESS

David's Place is a 5,000-square-foot fitness facility on Campus East that provides a unique workout experience for the Liberty community. The facility is available to students, faculty, and staff. David's Place houses a Cycle Studio and Multi-Purpose Room as well as equipment unique to the facility. Learn more at Liberty.edu/DavidsPlace.

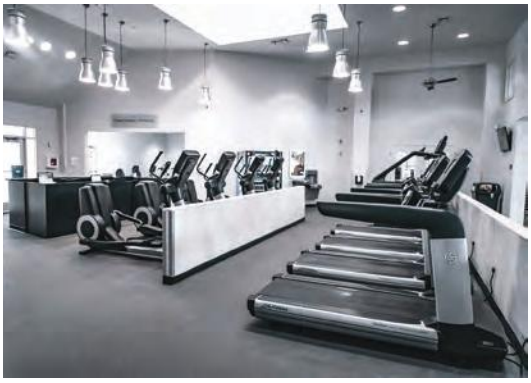
DAVID'S PLACE POOL

David's Place also offers a 60' x 30' heated outdoor pool with two large grills and a firepit where students can cook out, lounge, and play cornhole or pool basketball/volleyball with friends. Summer swim memberships are available to the Liberty and local Lynchburg communities annually at Liberty.edu/CampusRec/Memberships.

AMENITIES

- Treadmills and Power Mills
- Recumbent and Upright Bikes
- Precor Queenax Rig with Assorted Attachments
- Synrgy 180 Equipped with an Endless Rope and Wall Ball Target
- HD Bridge and Perimeter outfitted with Olympic Power Bars & Plates
- Reservable Indoor Party Room
- Reservable Outdoor Picnic Table









"Working for the Campus Recreation fitness team has profoundly impacted my habits. I have grown professionally, personally, and have developed a transferable skill set that will serve me well in the future. One of my favorite aspects of this job is seeing clients come in seeking physical change but experiencing far greater mental and spiritual change along the way. Personal training and group exercise classes extend beyond the physical workout. We build community within this space and recognize fitness as just one facet of your overall well-being."

– AMANDA LAVENDER


LIBERTY
CAMPUS
RECREATION
MONTVIEW
BOWLING ALLEY
TAKE
CAMPUS REC
WITH YOU
SHOP OUR MERCH

HYDAWAY OUTDOOR CENTER

Fun. Challenge. Adventure. Hydaway Outdoor Center, located less than 5 miles from campus, offers the Liberty community and the general public the opportunity to take a break from the busyness of life and enjoy the great outdoors! The sandy beach and designated swimming area provide the perfect opportunity for lakefront fun, while the expansive trail system offers opportunities for running, hiking, and camping. Hydaway also facilitates Outdoor Adventure trips for students guided by experienced trip leaders.



HYDAWAY OUTFITTER

The Outfitter provides rental equipment for mountain biking, hiking, camping, fishing, and water sports for students, faculty, and staff. Rentals used on the Hydaway property are free with a valid Flames Pass. The Liberty community can also rent equipment at a low cost to take on their own adventure off the premises. Equipment includes backpacks, sleeping bags, tents, kayaks, paddleboards, and more.

AMENITIES

- 8 Campsites
- Zipline
- Challenge Course
- Trail System
- Disc Golf Course
- Lake & Beach
- Waterslide
- Volleyball & Basketball Courts
- Reservable Pavillions



TRAIL SYSTEM

The Liberty Mountain Trail System is comprised of over 50 miles of single and double track trails as well as logging roads that span approximately 5,000 acres. The mountain rises to over 1,360 feet offering cross country and gravity-fed trails for both hiking and mountain biking.

The Trail System is available to both the Liberty community and the general public daily from dawn to dusk. Directional signs, map kiosks, and safety signs provide easy navigation for trail users.

The Trail System is where the Liberty Mountain Trail Series is held. Join us this year for the Deep Hollow 5K, Valley View 5-Miler, King of the Mountain 1-Miler, Arctic 5K, and the Reindeer Run 2-Miler! Register at Liberty.edu/Races.



CAMPSITE RESERVATIONS

The campsites are available for reservation on Friday and Saturday nights. Located on the outskirts of Hydaway Lake, all 8 campsites include a firepit and all necessary camping gear with each site reservation.

ZIPLINE DAYS & BONFIRE NIGHTS

The zipline at Hydaway is open on select Saturdays throughout the semester for students, faculty, staff, and their families to take the jump and soar overhead! Hydaway also offers bonfire nights on select Fridays throughout the semester for students to spend an evening under the stars while enjoying s'mores!

DISC GOLF COURSE

The Liberty Mountain Disc Golf Course is housed within the Liberty Mountain Trail System. Featuring over 20 unique holes on challenging terrain, both beginner and advanced players are sure to enjoy this course.

CHALLENGE COURSE

Reach beyond your limits and try something new with one of the challenge courses at Hydaway. Low and high challenge courses offer a supportive and exciting team bonding experience for students, faculty, and staff. More info at Liberty.edu/CampusRec/Facility-Reservations.







OUTDOOR ADVENTURE

The Outdoor Adventure program exists to provide Liberty University students with the opportunity to explore the Virginian outdoors with experienced guides. Whether you enjoy the water, the mountains, biking, or camping — we have something for you! Get out of your comfort zone and join us on one of our trips. Registration opens at the beginning of the semester for all scheduled trips, so go check it out!

TRIPS

- Whitewater Rafting
- James River Kayaking
- James River Canoeing
- Fly Fishing
- Horseback Riding
- Overnight Sunrise Hike
- Caving
- Rock Climbing
- Camping
- Mountain Biking







"This job is constantly teaching me to lead others well while stepping out of my comfort zone. Growing up in Florida, I was not used to the elevation, mountains, or any of the trips we offer, but this job has been the most fitting and biggest blessing for me! We as staff really strive to make everyone feel as comfortable as possible on our trips. I love seeing how everyone on our trips bonds through their experience and encourages one another. I have made so many good friends with students who showed up for a trip and love seeing familiar faces when they return! The best part? We provide everything you need on these trips. Just show up and have fun!"

– EDEN HARNAGE




Liberty Mountain
—TRAIL SERIES—
Deep Hollow
OCTOBER 9
HALF MARATHON & 5K
NOVEMBER 13
5-MILER
VALLEY VIEW
MIKE DONAHUE MEMORIAL 5 MILER
REINDEER RUN
DECEMBER 4
2-MILER
FEBRUARY 5
5K
ARCTIC 5K
TRAIL RACE
KING OF THE MOUNTAIN
MARCH 5
1-MILE UPHILL
SAVE 15% BY SIGNING UP FOR ALL 5 RACES
MORE INFORMATION AT
LIBERTY.EDU/RACES

MONTVIEW BOWLING ALLEY

The Montview Bowling Alley, located on the basement level of the Montview Student Union, features 8 bowling lanes, 2 billiards tables, and various seating areas with flat screen TVs. The Bowling Alley is available to the Liberty community and the general public at a low cost. Semester and monthly membership options are available for the Liberty community, and summer memberships are available to the local community annually. All memberships include shoe rentals.

The Bowling Alley is a great location to hang out with friends or host hall events or birthday parties! Between the various built-in game modes, challenges, optional gutter guards, and the weekly specials, such as BOGO Bowling and Blacklight Night, the Bowling Alley provides fun experiences for all ages. To learn more, visit Liberty.edu/Bowling. To reserve the Montview Bowling Alley, inquire at Liberty.edu/CampusRec/Reservations.

"Anytime a family can bowl together, it strengthens the family bond. From my 7-year-old son, to my teenage daughter, to my wife and I, we all have fun! The learning curve for bowling was quick for our family. My daughter went from scores of 55 to rarely bowling less than 100! My 7-year-old son used the bumpers and dinosaur ramp the first couple times; now he doesn't need either one. And my wife bowled her first 150+ game ever! From the clean, smoke-free air, to the music playing in the background, to the clean, fresh amenities, the Montview Bowling Alley is totally family friendly!

– AARON SCOTT









BOGO BOWLING

On Mondays, pay for one game and get another one free! This offer is only valid with Flames Cash.

FREE SHOES

On Wednesdays, with the purchase of a game, shoe rentals are free!

$1 GAMES

On Tuesdays, the pricing per game is only $1 per person. Shoe Rental is not included.

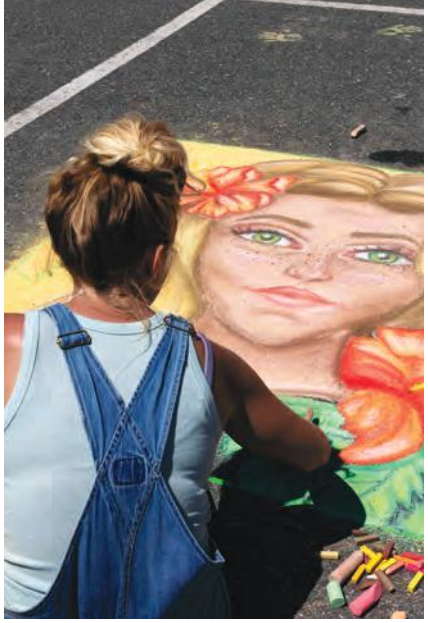
BLACKLIGHT NIGHT

On Thursdays from 7 p.m.–close, enjoy a fun-filled night of blacklight bowling.



2021-
2022

- BLOCK PARTY
- HOMECOMING
- OPEN MICS
- *FALL FEST
- OUTDOOR MOVIES
- CONCERTS
- COFFEEHOUSE
- YARD SALE
- WORKSHOPS
- BINGO
- SA FEST
- JAZZ NIGHT
- BINGE & BANTER





STUDENT ACTIVITIES



@LIBERTYSA LIBERTY.EDU/SA

CHECK OUT OUR FULL CALENDAR

MONTVIEW GAME ROOM

The Montview Game Room, located on the second level of the Montview Student Union, features 4 billiards tables, 3 ping pong tables, an air hockey table, and a number of flat screen TVs with video game consoles. There are a variety of video games and board games available for check out.

The Game Room is available for free to Liberty students, faculty, and staff and is the perfect location to take a study break and have some fun! All you have to do is swipe in, and the friendly staff will help get you the equipment you need.



AMENITIES

- 4 Billiards Tables
- 3 Ping Pong Tables
- 1 Air Hockey Table
- PS4, Xbox One, and Nintendo Switch Consoles
- Digital Nintendo Switch Games
- PS4 and Xbox One Games for Checkout
- Board Games for Checkout

"Table tennis is an easy game to pick up and play with other people, and the short distance between players allows for easy conversation. I am a follower of Christ, and this sport has opened conversations about my faith that I likely would not have had the chance to do otherwise. I really like that the Montview Game Room has a fair space for the sport. It is the main solution for my stress, and it is one of the only places within an hour of Lynchburg that provides that opportunity."

– BRANDON PHELPS





INTRAMURAL SPORTS

Intramural Sports are organized recreational sports leagues that allow students, faculty, and staff to participate in a variety of team and individual sports. Intramural Sports exists to offer opportunites for health and exercise, sportsmanship, teamwork, social interaction, stress reduction, and healthy competition. Campus Recreation offers over 20 different sports in various leagues and tournaments throughout the school year with varying commitment levels, so there is something for everyone!

Athletic training is available to all Liberty students who have been injured while using a Campus Rec facility or while playing Intramural Sports. Our certified and licensed athletic trainer evaluates and treats injuries at the Athletic Training Clinic located in LaHaye Rec & Fit or at the Intramural Complex Satellite Clinic. Through the athletic trainer, Campus Recreation also offers CPR Certification Courses for Liberty students.

Learn more about Intramural Sports at Liberty.edu/Intramurals.



"Working for Intramural Sports has provided me the opportunity to grow professionally in my sport management field while also giving me friendships I'll cherish for the rest of my life. Whether playing a sport or working on staff, both sides of Intramurals bring great camaraderie and fond memories. Intramurals is an avenue for people to be able to see their friends on a consistent basis, with the added benefit of friendly competition. Bottom line: intramurals are fun. I think it's the perfect way for people, especially freshmen, to get plugged into a group."

- KAILEY BANDARA











OUTDOOR LEAGUES

- 7v7 Flag Football (Fall Only)
- Coed Beach Volleyball
- Disc Golf
- Kickball (Fall Only)
- Outdoor Soccer
- Softball
- Spikeball
- Tennis
- Ultimate Frisbee

INDOOR LEAGUES

- 4v4 Flag Football
- Basketball
- Bowling
- Broomball
- Coed Volleyball
- Cornhole
- Indoor Soccer
- Racquetball

TOURNAMENTS

- 3-Point Shootout
- Billiards
- Dodgeball
- Fantasy Football
- Kickball (Spring Only)
- Table Tennis
- Wiffleball
- Women's Flag Football



LIBERTY MOUNTAIN SNOWFLEX CENTRE

Liberty Mountain Snowflex Centre offers the opportunity to participate in winter activities year round through the Neveplast tubing runs and artificial Snowflex® material, designed to mimic the feel of real snow!



Blast down the 350 or 500 foot Neveplast tubing runs on the main slope, jump on an Olympic-style trampoline, or ski/snowboard on the unique, four-season Snowflex slopes! Snowflex also offers a bunny hill slope for beginners of all ages to ski, snowboard, sled, or learn from our ski instructors through lessons.

All activities and rentals are available to Liberty students for free and the general public, faculty, and staff at an additional cost. The 2-Hour Combo Pass is a great deal that includes rentals and activities at $25/person.

In addition to regular hours of operation and activities, Snowflex offers programming such as competitions, lessons, and summer camps. Snowflex also showcases one of the prettiest sunset views in Lynchburg, so even if snow sports aren't for you, the view is worth a visit! Learn more about Snowflex at Liberty.edu/Snowflex.



BARRICK-FALWELL LODGE

The Barrick-Falwell Lodge is a scenic centerpiece of Liberty Mountain, creating the look and feel of an alpine resort right in the heart of Lynchburg.

The lodge houses a concessions area that accepts Flames Cash and offers drip coffee from The Muse Coffee Co., hot chocolate, fresh pastries, and Snowflex merchandise.

The lodge offers plenty of seating for parents to enjoy during their child's lesson or for students to study, relax with friends, or play board games.



COMMUNITY LESSONS & PROGRAMS

Snowflex offers a variety of options for locals to grow in their skills, such as day camp and the 4-week development program. $10 Tuesdays is a weekly deal for the community to receive rentals and a 2-Hour Combo Pass over 50% off regular price!

COMPETITIONS & EVENTS

Throughout the school year, Snowflex offers a variety of competitions for the Liberty and local communities, such as the Rail Jam, Big Air Competition, and Slope Style Competition. View our upcoming competition schedule at Liberty.edu/CampusRec/Events.

SKI & SNOWBOARD LESSONS

Train with a snow sport professional who will help you reach your goals! The Snowflex slopes are a perfect spot for all skill levels to improve in a safe, minimal impact environment.







LIBERTY MOUNTAIN EQUESTRIAN CENTER

Liberty Mountain Equestrian Center is a USHJA-recognized Riding Academy that expands across a 380-acre property on Liberty Mountain. One of the largest facilities of its kind in Virginia, the center offers a variety of programs and events for the Liberty University community. The center is also open to the public to walk the facility and see the horses during visiting hours. The Equestrian Center also holds summer camp opportunities for beginner–advanced riders from ages 8-18. To learn more about the Equestrian Center, visit Liberty.edu/Equestrian.

AMENITIES

- Outdoor Riding Arena
- Indoor Riding Arena
- 3 Stall Barns
- 78 Horse Stalls
- 26 Pastures
- Climate Controlled Tack Rooms

TRAIL RIDES

Looking for a way to participate at the Equestrian Center but not sure where to start? We recommend a trail ride! Guided trail rides are offered by appointment to students, faculty, and staff. Trail rides are priced at $15/person, and each ride can accommodate 2-4 guests. Suited for all riding levels, these rides include a brief lesson in the ring followed by a 20-30 minute trail ride through the beautiful Liberty Mountain.











RIDING LESSONS

Horseback riding lessons are offered for residential students at a low cost for both Hunt Seat and Western riding styles. Lessons must be scheduled in advance, and students will receive instruction from one of our experienced instructors.

ACADEMIC CLASSES

The Equestrian Center offers residential students the opportunity to enroll in beginner, intermediate, or advanced academic riding classes. Class participants will experience both ground and mounted lessons and earn 2 credit hours per class.

HORSE BOARDING

The Equestrian Center provides full care stall board for students interested in bringing their horses to school. Horses are accepted as space allows and pending the application process. Boarders have access to the amenities within the Center.





LIBERTY MOUNTAIN GUN CLUB



The Liberty Mountain Gun Club, also known as LMGC, is a full service, recreational shooting facility built for Liberty University students, faculty, and staff. Located just minutes from main campus, LMGC offers a variety of shooting opportunities for all skill levels. LMGC Range Safety Officers (RSOs) are available to assist and provide safety for patrons at all range locations.

ACADEMIC CLASSES & SAFETY COURSES

The Gun Club sits on over several hundred acres of property and houses two separate shooting venues. There are two check-in points — one at the rifle/pistol range and another at the shotgun/archery range. Both spaces also house a classroom for academic classes and safety courses offered to students, faculty, and staff.



SHOTGUN RANGE

LMGC is very proud to offer one of the nicest shotgun facilities on the East Coast. Shooters can try their hand at American Skeet, Trap, or 5-Stand. For those with a bit more skill, International Skeet, Bunker Trap (International Trap), and a Sporting Clay Course are also available.



ARCHERY RANGE

A large area with field targets provides Olympic style shooters a place to practice, and the 10 lane 3D range will challenge 3D shooters and those wanting to hone their hunting skills. At the Archery Range, we allow field points and recurve and compound bows.



PISTOL RANGE

With the capability to engage targets from 7 to 50 yards and offering steel and paper targets, the Pistol Range offers a challenge to everyone regardless of their experience level.



RIFLE RANGE

With ten bays ranging from 100 to 300 yards, rifle shooters have an opportunity to shoot both steel and paper targets at each range. Any .22 caliber rifle will also be able to shoot targets at 50 yards.

BENEFITS OF CAMPUS RECREATION

94.38% OF FACILITY USERS STATE THAT A CAMPUS RECREATION FACILITY HELPS THEM WITH AT LEAST ONE OF THE FOLLOWING:



REDUCE STRESS



IMPROVE OVERALL HEALTH



IMPROVE SLEEP



BUILD RELATIONSHIPS

MANAGER HIGHLIGHT

JACOB HAMBEL
LaHaye Rec & Fit Manager

"I have been working for Campus Rec since September 2019, my freshman year. Since then I have been able to closely observe how the student body at Liberty University has utilized our facilities. Students have a wide variety of outlets available to them based on their interests, which makes Liberty's Campus Recreation unique compared to other universities.

Specifically working at LaHaye Rec & Fit, I see the positive effects it has on the student body as a whole. This includes students' mental health, physical health, spiritual health, and overall well-being. The gym is more than a place to get a good sweat in — it is a social gathering place where everyone is welcome. Personally speaking, I have met some of my closest friends while working on shift and working out at LaHaye Rec & Fit.

During COVID-19, we truly realized the impact our facilities have on the student body. While prioritizing policies and ensuring safety, it is no surprise that some patrons' overall well-beings were affected. We as a staff were saddened to not be able to provide outlets for the student body that they previously had access to. For example, we had to shut down recreational pickup games on the LaHaye Courts for a season. The courts have always been a stomping ground for students to gather and mingle throughout the years. Not being able to have that outlet clearly put a strain on the student body, but I am excited to start seeing people out on the courts again in our upcoming 2021-22 academic year!

Working at LaHaye Rec & Fit has also shown me the overall positive impact Campus Recreation has on Liberty's spiritual community. Just walking into any of our facilities, you will be greeted with a smile and warm welcome, which alone can break down walls and make a space feel safe. Being a Christian campus makes it so easy to openly discuss and display our faith, which I value so much.

Within our staff, we feel comfortable bringing up questions about our faith and set beliefs in Christianity. Whether it be from a recent sermon, devotion, or a book we are reading, we all jump at the opportunity to discuss and have Christian fellowship in the workplace, ultimately encouraging and challenging each other to grow holistically. There are many occasions where we get to have these conversations with the patrons in the facility as well. This is one of the most rewarding and valuable qualities I value of Campus Recreation at Liberty University."









FACILITY RESERVATIONS

DID YOU KNOW YOU CAN RESERVE CAMPUS RECREATION FACILITIES?

LaHaye Rec & Fit, Montview Bowling Alley, Hydaway Outdoor Center, and Snowflex all have different reservation options available to you!

To book your event, hall activity, or birthday party, visit our website at Liberty.edu/CampusRec/Facility-Reservations.







50 YEARS OF RECRE

Learn more about the 50th Anniversary of Liberty University at Liberty.edu/50





STUDENT ACTIVITIES ORIGINATES

Kicking off the programming for large, organized student events, 1975 student body president Lamar Keener makes Student Activities a concentrated focus at Liberty.

INTRAMURAL SPORTS IS ESTABLISHED

Intramural Sports (IMS) becomes an official department under the Office of Student Life.



EQUESTRIAN CENTER OPENS

Liberty Mountain Equestrian Center opens with one horse stall barn.

OFFICE OF STUDENT LIFE IS ESTABLISHED

The predecessor to Campus Recreation, the Office of Student Life, is established as a department at Liberty. This department encompasses Student Activities and is housed in three offices within the original David's Place.

SOCCER CENTER ADDED

The Thomas Indoor Soccer Center is opened in LaHaye Student Union (LaHaye Rec & Fit).

1975 — 1989 — 1991 — 1994 — 2004 — 2007 — 2009 — 2010 — 2011



DAVID'S PLACE OPENS

A maintenance storage garage at the current location of the Liberty Baseball Stadium is renovated into the original David's Place as a space for students to "hang out." The facility is named for David DeMoss, a Liberty student who was very involved in student life but was killed in a car crash one summer while on vacation.

LAHAYE STUDENT UNION OPENS

The LaHaye Student Union (LaHaye Rec & Fit) is opened in its current location at Green Hall.



THE OFFICE MOVES

Now with five underlying departments including IMS, Fitness, Aquatics, Facilities, and Student Activities, the Office of Student Life moves from its location in David's Place to Green Hall.



SNOWFLEX OPENS

Liberty Mountain Snowflex Centre opens its doors, allowing students to ski and snowboard year-round.

BEACH VOLLEYBALL COURTS BUILT

Four beach volleyball courts are added to Liberty Campus East, and the grass playing fields there are upgraded to be turf with stadium lighting.



ROCK WALL ADDED

A rock wall is added to LaHaye Student Union (LaHaye Rec & Fit).



MULTIPURPOSE CENTER ADDED

The Multipurpose Center is added to LaHaye Student Union (LaHaye Rec & Fit).

EATION



LIBERTY ACQUIRES HYDAWAY
Thomas Road Baptist Church's Camp Hydaway facility on Liberty Mountain is acquired by Liberty and renamed Hydaway Outdoor Center under the Campus Recreation department.

LAHAYE FACILITY EXPANSIONS
LaHaye Student Union (LaHaye Rec & Fit) is expanded to include 67,000 square feet of open fitness space, four racquetball courts, an indoor track, individual fitness rooms, and a larger rock wall.

HYDAWAY LAKE EXPANSION
Work begins to expand the lake at Hydaway from 6 acres to 31 acres.



GUN LODGE OPENS
Liberty Mountain Gun Club opens its lodge.

TUBING RUNS ADDED
Two tubing runs are added to the mountain at Snowflex.

IMS COMPLEX OPENS
The Liberty Mountain Intramural Sports Complex opens on Liberty Mountain.

SECOND BARN ADDED
A second stall barn is constructed at Liberty Mountain Equestrian Center.



SECOND BEGINNER HILL ADDED
Snowflex is expanded to include a second beginner hill.

DAVID'S PLACE CLOSES
The original David's Place facility is closed and demolished to make room for the current Liberty Baseball Stadium.

THIRD BARN ADDED
A third stall barn is constructed at Liberty Mountain Equestrian Center.

2012 — 2013 — 2014 — 2016 — 2017 — 2019 — 2020 — 2021



A NEW DAVID'S PLACE
A clubhouse on Liberty Campus East is renamed David's Place after the original facility on main campus is closed. This new David's Place is complete with an outdoor pool, movie theater, and updated campus dining options.



DAVID'S PLACE REPURPOSED
David's Place on Liberty Campus East is repurposed to include a fitness center, removing its dining options and movie theater.

LIBERTY MOUNTAIN GUN CLUB OPENS
Constructed in 2018, Liberty's gun range opens to students, faculty, and staff under the name Liberty Mountain Gun Club, making it an official part of Campus Recreation.

LAHAYE IS RENAMED
LaHaye Student Union is renamed to LaHaye Recreation & Fitness Center.



INDOOR ARENA ADDED
Liberty Mountain Equestrian Center opens its indoor arena.

GUN CLUB EXPANSION
Liberty Mountain Gun Club completes construction on a new Rifle and Pistol Building in July 2021. This building houses a classroom for academic classes and safety & concealed carry courses as well as a front desk and point of sales system.

GAME ROOM & BOWLING ALLEY OPEN
Montview Student Union is opened on Main Campus and, with it, the Montview Bowling Alley and Game Room.

LIBERTY UNIVERSITY 50 YEARS

WORK FOR CAMPUS REC

Campus Recreation proudly offers a variety of employment opportunities through the various facilities and programs. Gain professional experience outside of the classroom to enhance your résumé while meeting some of your best friends at the same time. More information about the jobs listed below can be found at Liberty.edu/CampusRec/Employment.



CAMPUS RECREATION OFFICE

- Receptionist
- Graphic Designer
- Photographer/Videographer
- Event Staff

LAHAYE REC & FIT AND DAVID'S PLACE

- Operations Assistant
- Rock Wall Monitor
- Lifeguard
- Personal Trainer
- Group Exercise Instructor

MONTVIEW BOWLING ALLEY & GAME ROOM

- Member Services Staff

INTRAMURAL SPORTS

- Referee
- Scorekeeper
- Field Monitor

HYDAWAY OUTDOOR CENTER

- Outdoor Adventure Staff
- Hydaway Outfitter Staff

LIBERTY MOUNTAIN SNOWFLEX CENTRE

- Snowflex Attendant
- Ski and Snowboard Instructor

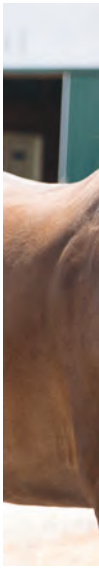
LIBERTY MOUNTAIN EQUESTRIAN CENTER

- Barn Staff

LIBERTY MOUNTAIN GUN CLUB

- Range Attendant








LIBERTY









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Liberty Mountain Gun Club

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