

2017-2018
CENTENNIAL
REPORT TO THE
COMMUNITY

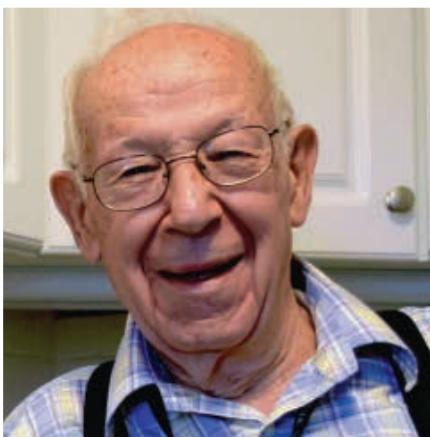




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LEADERSHIP

The Hebrew Home at Riverdale, a nationally recognized leader in senior care, is part of RiverSpring Health. RiverSpring Health provides a full range of care solutions including nursing home care, managed long-term care, assisted living programs, senior housing rehabilitation services and specialized services such as elder justice and memory care. Collectively, RiverSpring Health empowers over 18,000 patients, residents and members to live forward every day.

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MESSAGE FROM THE CHAIRMAN AND CEO

Dear Friends,

Our 2017-18 Report to the Community is special. We celebrate our Centennial and the start of our second century simultaneously. We are so pleased to share this historic moment with you. You have stood with us and have helped us shape, save and improve the lives of older adults.

For 100 years, the Hebrew Home has been committed to healthy aging and the highest quality of life through groundbreaking programs and services designed to meet the evolving needs of older adults. Our achievements are numerous, our advocacy just and our accomplishments renowned.

While we reflect on our proud past, capped off by our Centennial year, we savor the milestone. We will not bask in our past highlights and novel programs for too long because, true to our pioneering spirit, we are planning for the future. Our 101st year is upon us.

Ten thousand people turn 65 every day of the year. 50 million Americans are over the age of 65, and this number is expected to more than double by 2060. The Hebrew Home begins our second century of service at a critical time in the continuum of eldercare. Stay tuned. We have anticipated these changes in demographics and have done the research on how older adults want to live and what they need for a full, safe and secure life. We have begun necessary capital projects, inaugurated therapeutic and enrichment programs and conceived new strategies for adding life to years.

Thank you for celebrating our 100th anniversary and joining with us to kick off our 101st year. **Together, we will continue to innovate care, services and programs for older adults with knowledge and compassion — we will continue to make a difference.**



Daniel A. Reingold
President & CEO



Jeffrey S. Maurer
Chairman



Daniel A. Reingold and Jeffrey S. Maurer

CELEBRATING 100 YEARS OF COMPASSIONATE CARE



1917



1947



1991



1993



2004



2007



2009



2009



2013

1917 The Hebrew Home for the Aged at Harlem is established to fulfill a Jewish tradition of reverence and responsibility to the elderly.

1920-1939 The Hebrew Home soon acquires adjacent brownstones which contain a synagogue, library, infirmary and rooms for dormitory-style sleeping.

1947 Harry (standing, far left) and Anna Barschi (fourth from left), great-grandparents of Jeffrey Maurer, the Home's current Board Chairman, along with other founding families of the Hebrew Home.

1970-1980 The campus expands with the opening of the Pauline and William Goldfine Pavilion (1967), the Jack and Pearl Resnick Pavilion (1974), the Pearl and Irving H. Stoltz Pavilion (1978) and the acquisition of Fairfield Nursing Home.

1981 The Hebrew Home is one of the nation's first geriatric centers to construct a federally subsidized housing complex on its campus. Converted to middle income housing, it is known today as the Jenny and John Paulson Residences at RiverWalk.

1985 The Hebrew Home's Research Division is established, partnering with medical institutions like Mount Sinai Hospital and Columbia University to conduct groundbreaking research on aging.

2005 The nation's first elder abuse shelter, now named The Harry and Jeanette Weinberg Center for Elder Justice, opens on the Hebrew Home at Riverdale campus.

2007 The Pets by Your Side Program aids in memory care, enhances the resident centered home-like atmosphere, reduces loneliness and adds joy to the lives of our residents and their families.

2009 The Derfner Judaica Museum is dedicated and opens within a new space in the Jacob Reingold Pavilion. Together, the Museum + Art Collection feature more than 5,000 works of fine art and 1,400 Jewish ceremonial objects.

2013 The Hebrew Home launches its first app — Balance — designed for caregivers of Alzheimer's patients.

2014 To reflect its expanded scope, which includes community programs, assisted living and at-home health services, the Hebrew Home embraces a new brand and name — RiverSpring Health.

2015 The Hebrew Home and NewYork-Presbyterian team up to create a co-branded rehabilitation services program on the campus of the Hebrew Home featuring a New York Giants Zone.



1951



1961



1964



1981

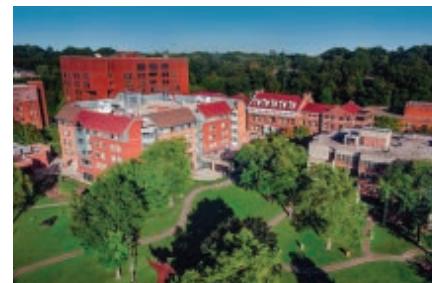
Our 100th Anniversary celebrates our leadership and innovation on behalf of older adults. As we enter our second century, we will continue to pioneer programs that enhance and empower aging.



2015



2016



2017

1951 The Hebrew Home moves to an 18-acre Riverdale campus and is renamed the Hebrew Home for the Aged at Riverdale, housing 103 residents.

1961 Grandparents Day is founded at the Hebrew Home, and is later declared a national holiday by President Jimmy Carter in 1978.

1964 U.S. Attorney General Robert F. Kennedy with Executive Director Jacob Reingold during his visit to the Hebrew Home highlights the government's commitment to the care of older adults with the introduction of the Medicare and Medicaid programs.

1991 Jacob Reingold, the Hebrew Home Executive Vice President, with Senator Edward M. (Ted) Kennedy at the dedication of the Elma and Milton A. Gilbert Pavilion.

1993 HOPE (Healthcare Offers Permanent Employment) is a program that provides full-day, alternative education for special education students from NYC high schools. Board Trustee George D. Martin recently visited students from the HOPE program, which continues to flourish.

2004 The Hebrew Home residents and staff embark on the first ever overseas trip to Israel by a long-term care facility dubbed the "Chutzpah Mission."

2009 United States Senator Kirsten Gillibrand tours the Hebrew Home at Riverdale with Board Chairman Jeffrey Maurer.

2010 The Hebrew Home launches ElderServe Health, today called RiverSpring Health Plans, enabling older adults to remain in their own homes.

2012 Following expansion and renovation, the enhanced 32-acre campus is renamed the Maurice R. and Corinne P. Greenberg Campus.

2016 The Hebrew Home honors world and business leaders Maurice R. Greenberg, Dr. Henry A. Kissinger and Sanford I. Weill for their devotion to our mission.

2017 As RiverSpring Health looks to its future and celebrates its Centennial, it begins planning New York City's first Continuing Care Retirement Community on its Riverdale campus.

RiverSpring Health™
Hebrew Home at Riverdale

100 YEARS OF ACHIEVEMENTS AND FIRSTS

FOR 100 YEARS, OUR CORE MISSION TO HELP OLDER ADULTS ENVISION AND CREATE THE LIFE THEY WANT HAS NEVER WAVERED.

- Created national “Grandparents Day” in 1961.
- Organized the first nursing home mission to Israel, dubbed the “Chutzpah Mission.”
- Created the nation’s first sexual expression policies within a long-term care setting.
- Opened a managed care program, including a MLTC (Managed Long-Term Care), currently with more than 13,000 members.
- Opened the first post-acute rehabilitation program to be co-branded with an acute care hospital.
- Opened the first Judaica museum + art collection, within a long-term care facility.
- Rebranded the Hebrew Home at Riverdale to RiverSpring Health to reflect the organization’s breadth and depth of healthcare offerings for older adults throughout New York City.
- Opened the nation’s first research division on aging within a long-term care facility.
- Developed the HOPE (Healthcare Offers Permanent Employment) Program, the nation’s first alternative high school established in a long-term care facility.
- Established The Harry and Jeanette Weinberg Center for Elder Justice, the nation’s first elder abuse shelter.
- Created the first evening respite program for older adults with Alzheimer’s Disease.
- Expanded the campus to create the now 32-acre Maurice R. and Corinne P. Greenberg campus on the Hudson River.
- Developed housing for older adults at all levels of income and healthcare needs.
- Created community healthcare services to provide care in one’s home.
- Developing River’s Edge, New York City’s first Continuing Care Retirement Community.



RIVERSPRING HEALTH 2017

OUR INNOVATIVE SOLUTIONS HELP OVER 18,000 OLDER ADULTS LIVE FORWARD EVERY DAY

THE HEBREW HOME AT RIVERDALE

RiverSpring Rehabilitation a comprehensive and interdisciplinary program consisting of physical and occupational therapies, and speech and language therapies.

Skilled Nursing Care internationally recognized pioneer in the field of long-term care, located along the majestic Hudson River.

Memory Support Care residential memory support setting for older adults that provides a meaningful and enriching life.

LIVING AT HOME

RiverSpring Care Management a concierge service that provides older adults with personalized support, expert emergency intervention and long-distance case management by monitoring through assessment of clients' ever-changing needs.

RiverSpring Certified Home Health Agency provides direct care services in the comfort of a patient's home including skilled nursing, rehabilitation, social work and more.

RiverSpring Licensed Home Care Services Agency provides comprehensive and personalized home health care services for older adults, helping to maximize individual independence at home.

RIVERSPRING HEALTH PLANS MANAGED CARE

RiverSpring at Home MLTC is a New York State Managed Long-Term Care Program that is designed to help frail and disabled individuals remain in their own homes and live as independently as possible.

RiverSpring FIDA Plan (Medicare and Medicaid plan) is designed to bring high-quality, personalized care to people with complex health needs to improve their health and the quality of their lives.

RiverSpring Star ISNP is a Medicare Advantage plan for people who live in the community or in one of our participating nursing homes; they receive additional Medicare benefits.

ELDER JUSTICE

The Harry and Jeanette Weinberg Center for Elder Justice the nation's first emergency elder abuse shelter that provides emergency short-term shelter and crucial legal services regardless of a person's ability to pay.

SENIOR HOUSING COMMUNITIES

The Jenny and John Paulson Residences at RiverWalk a premier independent senior apartment community that offers residential living with a focus on hospitality services, cultural activities and meals.

RiverSpring Assisted Living Program a community for older adults that offers the best of both worlds — independence along with extra support and personal care services.

Hudson House federally subsidized affordable housing in a safe and peaceful environment with priority admission for victims of documented elder abuse.

1880 Boston Road Housing Development Fund Corporation a 168-unit affordable senior housing development currently under construction.

THE YEAR IN NUMBERS 2017

The Hebrew Home at Riverdale, a nationally recognized leader in senior care, is part of RiverSpring Health. RiverSpring Health provides a full range of care solutions including nursing home care, managed long-term care, assisted living programs, senior housing rehabilitation services and specialized services such as elder justice and memory care. Collectively, RiverSpring Health empowers over 18,000 patients, residents and members to live forward every day.

AN UNPARALLELED PROVIDER OF CARE TO OLDER ADULTS.

RiverSpring Health featuring the Hebrew Home at Riverdale is unequivocally recognized as a center of excellence for elder care. We have received national and international recognition for the quality of life, health and social services programs we have developed for older adults.

In 2017, the Centers for Medicare and Medicaid Services (CMS) once again awarded the Hebrew Home at Riverdale with its highest accolade: a 5-star rating for superior quality healthcare services. Our exceptional team is dedicated to delivering customized healthcare services including vision care, rehabilitation, end-of-life care, therapeutic arts and enrichment and elder justice.

Our clinical team is enhanced by our partnership with medical systems in the region and our sub-acute services feature co-branded units with NewYork-Presbyterian and Montefiore Health System. These unique partnerships enhance our ability to provide unparalleled direct medical care with extremely low hospital readmission rates.

HOSPITAL AFFILIATIONS

- Montefiore Health System
- NewYork-Presbyterian

RESIDENT PROFILE & HEALTH CARE BED COMPLEMENT

- 59.2% of residents are living with Alzheimer's disease or other dementias
- 82 is the average resident age
- 22 centenarians in residence
- 37 holocaust survivors
- 35 assisted living beds
- 244 memory support beds
- 79 subacute/short-term rehabilitation beds
- 735 skilled nursing beds
- 49 low vision care beds

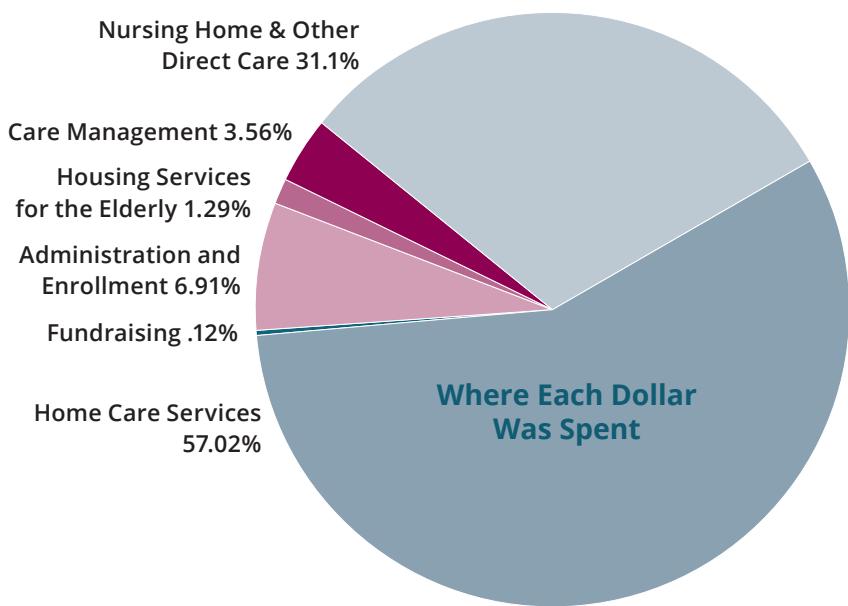
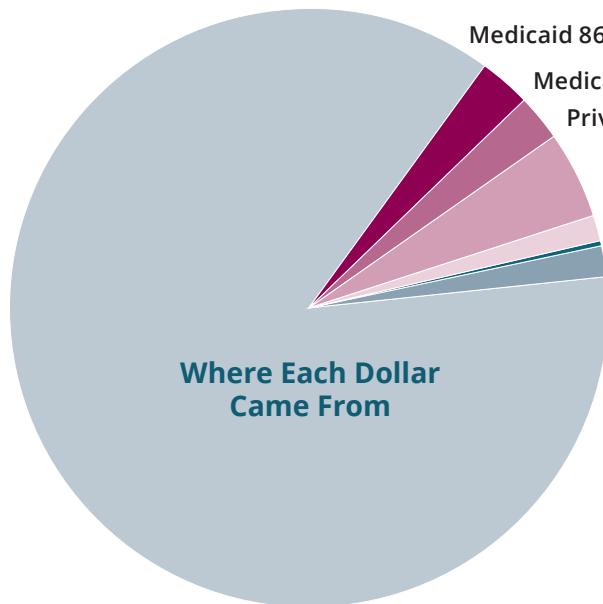
RIVERSPRING HEALTH PLANS (MANAGED CARE)

- RiverSpring at Home Managed Long-Term Care Program
- RiverSpring FIDA Plan
- RiverSpring Star ISNP
- 22.6 million hours of personal care provided
- 13,000 members served

POST-GRADUATE AND UNDERGRADUATE INTERNSHIP AND EDUCATIONAL TRAINING PROGRAMS IN PARTNERSHIP WITH

- Albert Einstein College of Medicine
- College of Mount Saint Vincent
- Columbia University
- Fordham University
- Hostos Community College
- Ithaca College
- Lehman College
- Monroe College
- New York University
- New York Institute of Technology
- Pratt Institute
- Sarah Lawrence College
- School of Visual Arts
- Westchester Community College
- York College

RIVERSPRING HEALTH



THE HARRY and JEANETTE WEINBERG CENTER FOR ELDER JUSTICE

- 115,977 shelter days provided since inception
- Sheltered clients range in age from 61-91
- 474 patients screened for elder abuse on sub-acute rehab
- 58 trainings and outreach events with 2,200 professional and community members trained
- 11 presentations at regional, national and international conferences
- 4 publications
- 790 hours of direct legal service provided
- 88 community referrals

DERFNER JUDAICA MUSEUM + THE ART COLLECTION

- Visitors: 4,546
- Temporary exhibitions: 4
- School group visits: 7
- Senior and adult group visits: 11
- Alzheimer's and special needs programs and workshops: 14
- Lectures and public programs: 13
- "Let's Talk About Art" neighborhood programs: 57
- Intergenerational museum programs and art tours: 11

THE HARRY AND JEANETTE WEINBERG CENTER FOR ELDER JUSTICE

2017 — A BANNER YEAR FOR THE WEINBERG CENTER

We are delighted to share that we will now be known as **The Harry and Jeanette Weinberg Center for Elder Justice**.

As a national leader in elder justice, we will continue our steadfast commitment to:

- Provide shelter to people who experience elder abuse
- Build the size, capacity and reach of the world wide shelter movement through The SPRiNG Alliance
- Provide direct legal services to our clients and advocate for increased access within the broader legal system
- Expand partnerships and collaborations
- Advance public and professional awareness around elder abuse and elder justice

AWARDS & RECOGNITION

U.S. Department of Justice, Office of Crime Victims' 2017 National Crime Victims Service Award

2017 Westchester Women's Bar Association Family Friendly Award

Deirdre Lok, Esq., New York Law Journal's 2017 General Counsel Impact Honoree, and Spotlight and Guest Editor of the 2017 American Bar Association's Voice of Experience Publication



The Weinberg Center's Sixth Annual Awards of Distinction Breakfast Event Chair, Lesley Rosenthal, Esq.; 2017 Honorees Stephen P. Younger, Esq., and Judge Deborah A. Kaplan with Joy Solomon, Esq., Director and Managing Attorney; Jeffrey S. Maurer, Board Chair, and Daniel Reingold, MSW, JD, President and CEO



U.S. Department of Justice Office of Crime Victims' 2017 National Crime Victims Service Award recipients Marlene Riquelme, MPH, Public Health Specialist; Brooke Santoro, LMSW, Elder Justice Outreach Specialist; Joy Solomon, Esq., Director and Managing Attorney; Deirdre Lok, Esq., Assistant Director and General Counsel; Malya Levin, Esq., Senior Staff Attorney; and Glendalee Olivera, LMSW, ASW-G, Senior Elder Justice Specialist

We are pioneers of safe shelter for people who experience elder abuse. It is our mission to champion justice and dignity for older adults.

JANET'S STORY OF HOPE AND JUSTICE

Janet, a retired career woman in her 80s, enjoyed living with her sister in their family home. As Janet's memory began to fail, she and her sister became increasingly dependent on their longtime neighbor, Anna, to help them with errands, managing money and finally with daily care. Though Anna said she was taking care of everything, the house fell into disrepair, the phone no longer worked and bills went unpaid. Anna's friends began coming in and out of the home at all hours and cherished family belongings were missing when they left.

Following a fall in her home, Janet was admitted to the hospital, where Anna, acting as the newly appointed health care proxy, prohibited Janet from contacting her friends and relatives. Alarmed, Janet's friends alerted the District Attorney's Office. Janet barely remembered Anna and couldn't recall signing any documents.

The District Attorney brought the case to the local elder abuse Multidisciplinary Team (MDT). The Weinberg Center, a founding



member of MDTs throughout the city, heard Janet's story and helped transfer her directly from the hospital to the Weinberg Center's shelter program.

The legal team immediately initiated a guardianship proceeding not only moving Janet to a safe location, but also securing her assets. The appointed guardian continued to work with law enforcement and the Weinberg Center to build a felony criminal case against Anna for larceny. An order of protection

issued by the guardianship court also ensured that Anna was barred from further access to Janet and her home.

The Weinberg Center lawyers and social workers, together with the Hebrew Home clinical care team, provided the support Janet needed on her journey toward healing. With our help, Janet was able to return safely to her home with appropriate round-the-clock care.



The Harry and Jeanette Weinberg Center for Elder Justice

AT THE HEBREW HOME AT RIVERDALE

SOCIAL SERVICES

LIVING LIFE TO THE FULLEST

The Social Services Team champions our residents. They work in partnership with each of the Home's departments to provide an integrated array of healthcare and therapeutic services that are individualized for each resident.

Each member of the social services department works to redefine the stereotype of aging by helping the residents develop skills focused on their strengths. As advocates, they ensure that members of our community retain their dignity and voice through programs and committees such as our active Resident's Council, the Welcome Committee and the LGBT and Allies Group.

In 2017, we introduced new support groups for families with loved ones with dementia, and for residents with Parkinson's disease. We also began a partnership with the Therapeutic Arts and Enrichment Department to provide a Family Wellness series.

Social Services supports our residents and their families, providing guidance from the admissions process through treatment planning and ongoing case management. Our team celebrates all of life's touchstones with residents and their families, including special end-of-life care.



Celebrating Third Acts — such as forming new friendships, sitting for a portrait with the artist, Brenda Zlamany, or learning to be a potter.

LONG- AND SHORT-TERM REHABILITATION

RESTORING QUALITY OF LIFE WITH INNOVATIVE HEALTHCARE SOLUTIONS

Similar to the growth of the Hebrew Home at Riverdale over the past 100 years, the field of rehabilitation has continued to evolve. RiverSpring Rehabilitation, located at the Hebrew Home at Riverdale, continues to be a pioneer in the fields of rehabilitation and wellness. Our highly motivated team of Physical, Occupational and Speech Therapists improve the lives of our long- and short-term residents. In 2017, our team logged over 1,600 treatment episodes through innovative and highly skilled treatment sessions.

Healthcare reform has forged an era of focus on outcomes and quality of care for short-term rehabilitation. Through RiverSpring Rehabilitation's data-driven and clinically meaningful care, our position as a leader in post-acute care has been established. In 2017, the Hebrew Home at Riverdale realized the following short-stay achievements:

- Extremely low hospital readmission rates
- High functional improvement scores
- Successful discharge of patients to a safe and productive home environment
- 18% increase in likelihood to recommend facility Press Ganey Customer Satisfaction Score as compared to 2016

SHORT-STAY MEASURES

NURSING HOME 5 STAR RATING SYSTEM OVERALL RATING: 5 OUT OF 5 STARS	HHAR Average	New York Average	National Average
Percentage of short-stay residents who were re-hospitalized after a nursing home admission	8.8%	20%	21.1%
Percentage of short-stay residents who have had an outpatient emergency department visit	3.2%	9.7%	11.9%
Percentage of short-stay residents who were successfully discharged to the community	80%	55.6%	57%
Percentage of short-stay residents who made improvements in function	66%	66.8%	64.5%
Percentage of short-stay residents who self-report moderate to severe pain	3.1%	11%	15.3%
Percentage of short-stay residents with pressure ulcers that are new or worsened	0.5%	1%	1.1%
Percentage of short-stay residents who newly received an anti-psychotic medication	0.9%	1.9%	2.1%

From a long-term care standpoint, our warm water aquatic dementia therapy program is distinctive in that it utilizes multiple therapeutic modalities to gain strength, balance, cognition function, emotional support and socialization. This collaborative program, involving both a physical therapist and a dance movement therapist, has demonstrated successful outcomes with improved physical function and cognitive status. Tenaya Cowsill, MS, R-DMT, LCAT-P reported, **"this program has been an incredibly meaningful source of joy, autonomy and pride to residents."**



THERAPEUTIC ARTS AND ENRICHMENT PROGRAMS

Our Therapeutic Arts and Enrichment Programs touch every aspect of our residents' lives and provide opportunities for creative expression, continued learning and physical activity. **The End of Life Music Therapy Program** brings added comfort and compassion to both our residents and their families. During these personalized sessions, residents are encouraged to share their experiences through the art of songwriting and listening to pre-composed songs. Through this individual journey of creative self-expression and improvisation, residents process their thoughts, fears and memories.

This successful program was featured in the *New York Times* article, "Music Therapy Offers an End-of-Life Grace Note" on January 15, 2018. Since its inception, the program has received 107 resident referrals and has conducted 438 sessions. This provides residents, families and staff profound comfort and grief support.

A poem, "Special Person," created by Doris Reich, deeply touched her family. "The fact that you shared her words with us gave our family a bright ray of joy and hopefulness, since at



that stage of her dementia, we didn't think she still had such thoughts in her head," her son, David Reich, shared.

One of the many highlights in 2017 was the highly successful collaboration with New York University's Steinhardt Drama Therapy Program culminating in the production of an adaptation of Aristophanes' "The Birds" (Chip

Reis is pictured performing, top left on next page).

Standing-room-only audiences remarked that this production of "The Birds" was the best of experimental theatre ever seen from Broadway all the way up the Hudson to the Hebrew Home on the Palisades. Participating residents were touched and gratified by the positive impact

In being part of the production of "The Birds," we found a wondrous sense of pride in our accomplishments and, best of all, formed wonderful friendships.

— Chip Reis, resident, actor and dramaturg

this experience had on their daily lives, helping them to gain a renewed sense of purpose and connectedness to their peers.

Our art studio continues to be a hub of creativity as our arts therapists work with residents to help develop their inner artist through the mediums of sculpture, painting, enameling, pottery, beadwork, drawing, knitting and on and on and on.

Finally, **Our Pets by Your Side**

Program brings the unconditional love and compassion of pets to the lives of our residents and their families. Our program also features lifelike animatronic therapy cats that aid in memory care. As featured in extensive media coverage worldwide, these sensory cats interact with residents through touch and sound. This non-pharmacological approach enhances the Hebrew Home at Riverdale's resident centered home-like atmosphere and aims to reduce loneliness and agitated behavior. Our goal with this, as with all interventions, is to assist with maximizing psycho-social wellbeing.



Creativity is the spice of life — whether it is participating in a play or creating a work of art.

DERFNER JUDAICA MUSEUM + THE ART COLLECTION

DERFNER JUDAICA MUSEUM + The Art Collection

At the Hebrew Home, art is seen at every turn — 5,000 works of art installed on every residential floor, Jewish ceremonial objects on view in the Derfner Judaica Museum and rotating contemporary art exhibitions.

A weekly program led by a museum educator, "Let's Talk About Art," takes place on the resident neighborhoods, encouraging personal expression and interaction, especially for those with cognitive impairments. Art History is presented by Hebrew Home curators and guest lecturers every month in the Biederman Library and is accessible to everyone in the wider Hebrew Home community.

Intergenerational programming has been at the core of the Museum's mission since its inception in 1982, inspiring conversation and cross-cultural exchange among visitors of all ages and abilities.

Weekly programs provide cultural opportunities especially geared to children and young adults with special needs. At exhibition opening receptions, artists, curators, families and visitors intermingle as one community. The art program is driven by a mission articulated 50 years ago, when Jacob Reingold, the Hebrew Home's then Executive Director and founder of the Art Collection, said in *The New York Times*: "We wanted to bring the beauty that is art into the lives of people. We're trying to remove the invisible wall that often separates an institution from the community."

The Museum + Art Collection's programs are supported by The Derfner Foundation under the transformative leadership of Trustee Jay Lieberman, and also, in part, by public funds from the New York City Department of Cultural Affairs in partnership with the City Council, and other generous contributions. Additional exhibition support was provided by Joseph Alexander Foundation, the Jan Karski Educational Foundation and Yivo Institute for Jewish Research.

Art and Museum Exhibitions Featured in 2017:

Susan Schwalb: Metalpoint Paintings
January 15–May 14, 2017

***92 Americans. Every Day. A Project
About Gun Violence in America
by Marisa Gonzales Silverstein***
January 22–March 5, 2017

***Across Divides: Borders and
Boundaries in Contemporary Art***
March 26–July 30, 2017

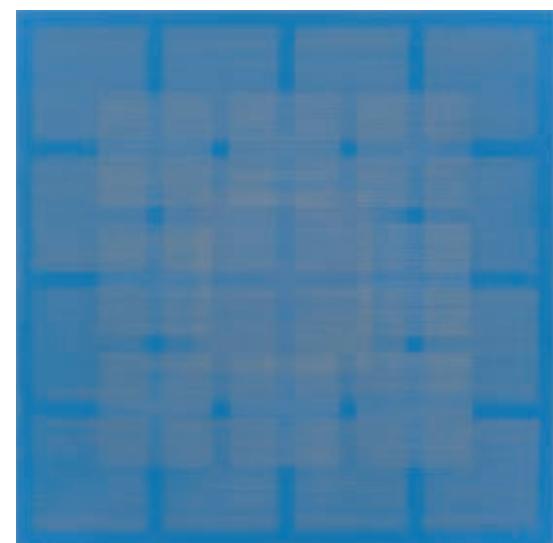
Celebrating 100 Years: 1917–2017
July 5, 2017–ongoing

***Chuck Fishman: Roots, Resilience and
Renewal — A Portrait of Polish Jews,
1975–2016***
September 17, 2017–January 7, 2018
(Jointly organized with Jewish Studies
at Fordham University)

Brenda Zlamany: 100/100
September 10, 2017–January 7, 2018

We wanted to bring the beauty that is art
into the lives of people.

— Jacob Reingold



TOP TO BOTTOM, LEFT TO RIGHT: A timeline exhibition celebrates the Hebrew Home's Centennial; Sylvia Sutton visits *100/100*, which featured 100 watercolor portraits of Hebrew Home residents by artist Brenda Zlamany; Susan Schwalb, *Polyphony VI*, 2013; Chuck Fishman speaks about his experiences photographing Jewish communities in Poland on Sept. 17; Chuck Fishman's photograph *Participants in the fifth annual March of Remembrance, Warsaw, 2016*.



MEDIA AND COMMUNICATIONS



"Taking college classes is fantastic, it makes you feel alive." Philip Wolitzer, RiverWalk resident and student at the College of Mt. St. Vincent

Throughout our Centennial year, our groundbreaking programs and services were prominently featured in local, national and international news including: NBC *Nightly News*, WNBC-TV, WCBS-TV, NY 1 News, News 12, Fox News, *The New York Times*, *Wall Street Journal Podcast*, *Aging Today*, *Riverdale Press* and Sirius-XM's *Doctor Radio*.

A few highlights include:

The Wall Street Journal featured our collaboration with neighboring College of Mount Saint Vincent, in which RiverWalk residents attend college courses ranging from medieval history to the arts. Our residents have an incredible love of learning. Stepping into a college classroom, for the first time in decades, has been an exciting journey that reminds our residents that it is never too late to learn something new!

The Associated Press featured the Hebrew Home's HOPE Program, exploring the high school for special needs students that is housed within the nursing home, and the indelible bonds that have developed between its students and our residents.

The New York Times featured the Hebrew Home's end-of-life music therapy program, and its powerful and moving impact on residents and families at such an important and emotional time in one's life.

RiverSpring Health has an abundance of stories to share, and at their heart, are the residents, patients and members in our care.

Follow us on Instagram, Facebook, and visit our YouTube channel by searching the Hebrew Home at Riverdale or visit our website: www.riverspringhealth.org



RESEARCH

RESEARCH — TRANSFORMING THE FIELD OF AGING AND MAKING A DIFFERENCE IN THE LIVES OF OLDER ADULTS

The Hebrew Home at Riverdale's Research Division continues to be a thought leader in the field and is currently the Data Coordinating Center for 12 projects, through federally-funded subcontracts to major medical centers. These projects relate to research in the following areas: Alzheimer's disease biomarkers and early detection, cardiovascular risk factors, delirium, elder abuse, pain and palliative care, stroke, functional assessment in hospitalized elders and falls prevention. Our research projects span the spectrum of issues facing older adults including cultural biases in healthcare research.

We are proud to be working with our preeminent research partners — investigators from Columbia, Cornell, Harvard, Mayo Clinic, Mount Sinai, New York University and Yale. We have major roles as Research Cores or consultants to several National Institute on Aging (NIA) Centers, including the Cornell Roybal Center



focused on the study of pain, the National Resource Centers for Minority Aging Research focused on studies of minority elders, and the Mount Sinai Pepper Center focused on the study of palliative care. We are

the multiple Principal Investigators to a large study of resident interactions in Assisted Living, funded by the NIA. In addition, we participate in multiple federally-funded mentoring and measurement analytic projects.



Yale

VOLUNTEER SERVICES

CONNECTING THE GENERATIONS

Volunteer Services continues to provide invaluable opportunities for an ever-expanding and diverse community of volunteers and, in turn, for our residents. Each learns from and mentors the other.

In 2017, over 300 volunteers donated some 43,000 hours of their time to support residents, families and staff. Volunteers range in age from 14-102.

This year, our growing intergenerational programming hosted visitors from local schools, camps and community groups. These customized group experiences create opportunities for our residents to share their rich life experiences with youngsters and visitors from across the region. These interactions have a profound positive effect on both the residents and the visitors.

In the summer of 2017, we were happy to introduce a week-long mini camp for children ages 7-13, providing full days of interactions and great opportunities to truly bond with our residents.

Residents are key members of our team at the Home, volunteering their time to greet new members of their resident neighborhoods as



Our volunteers help build our community, by creating special connections between the generations.

Building on a legacy of service to the community, our volunteers are at the heart of what we do at the Hebrew Home at Riverdale.

part of our welcome committee and working with students as part of our intergenerational mentoring programs.

The Volunteer Department is also home base for non-clinical internships for college students. Through our numerous affiliations with local colleges, we are able to offer a large number of non-clinical internships to students interested in pursuing healthcare and/or business careers. Some of the areas of interest for our interns have included nursing, physical/occupational therapy, social services, accounting, finance, IT, communications, business administration, psychology and pre-med.

High school internships are also available. Of special note, is our connection to the NYC Department of Education which brings the **HOPE Program** (Healthcare Offers Permanent Employment) to the Hebrew Home. HOPE provides vocational training for students with intellectual disabilities and equips them with the skills they will need for employment.



VOLUNTEER PROGRAMS SERVING OUR RESIDENTS AND COMMUNITY

- America Needs You
- Bronx-Westchester — AHEC
- Brotherhood Synagogue
- Children's Village
- CMSV Classes for our Seniors
- Greenacres Elementary School
- Greenburg Hebrew Center
- Camp Judaea
- Kinneret Day School
- LitWorld/LitCamp
- PS 9
- Resident Welcome Committee
- Riverdale Country School (Lower School)
- Riverdale Neighborhood House
- Rosenbaum Yeshiva of North Jersey
- SAR Academy — (ELC)
- SAR Academy — (Lower School)
- Scarsdale Synagogue Temples Tremont and Emanu-El
- Summer GO Program
- Summer Youth Employment Program
- Woodlands Community Temple
- Camp Young Judaea Sprout Lake

COMMUNITY OUTREACH PROGRAMS

- AFYA
(*Monthly Community Service Project*)
- Compassionate Care Volunteers
(*Partnership with the Archdiocese of New York and Calvary Hospital*)
- Foster Grandparents
(*Partnership with NYC Department of Aging*)
- HOPE Program
(*Intergenerational Alternative High School Program for developmentally and behaviorally challenged youth in partnership with the NYC DOE*)
- RSVP
(*Retired Senior Volunteer Program*)
- Humane Society of NYC

HIGH SCHOOL AFFILIATIONS

- Fordham Prep
- The Abraham Joshua Heschel High School
- Horace Mann
- International Leadership Charter High School
- New York City Department of Education
- Xavier High School

We salute our tremendous team of volunteers for generously donating their time and talents. Thank you for being important members of the Hebrew Home family.

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We extend our heartfelt appreciation to the many individuals, corporations, foundations and government agencies for your generous and essential support of our work. It is because of you that we continue to provide leadership, care and innovative services to our ever-growing population of older adults.

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Create a legacy that will help the Hebrew Home at Riverdale continue to transform healthy aging.

Making a planned gift may allow you to give more than you ever thought possible and, at the same time, benefit from tax advantages or income for life. Planned or deferred gift options include bequests, annuities (Charitable Gift Annuity) and trusts (Charitable Remainder Trust, Charitable Lead Trust) as well as gifts of life insurance and pensions.

Charitable gifts reward donors in many ways: in addition to fulfilling your philanthropic goals, you may reduce taxes, increase spendable income and address other financial and estate planning goals.

There are many planned giving options including: Charitable Gift Annuities, Charitable Remainder Trusts, Charitable Lead Trusts, Bequests and Life Insurance

For more information about planned giving, to notify the Hebrew Home of a planned gift that has already been made, or if you wish to designate the Hebrew Home as a beneficiary in your will, please contact Rosanne Slattery at 718-781-1250 or Rosanne.Slattery@hebrewhome.org.

You can also support the Hebrew Home by making a gift of stocks or other kinds of securities. In doing so, you receive a two-fold benefit: a charitable tax deduction for the full fair market value of the stocks or securities at the time of the gift, and you avoid paying capital gains taxes. To make a securities gift, please contact Patricia S. Weiss at 718-581-1848 or Patricia.Weiss@hebrewhome.org



2017 VISIONARIES

The Hebrew Home at Riverdale Foundation would like to express its deepest gratitude to our Hebrew Home Visionaries. Their legacy gifts make a lasting difference in the lives of the older adults we serve.

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100TH ANNIVERSARY GALA CELEBRATION

The 100th Anniversary Gala *Celebrating 100 Years of Compassionate Care*

HONORING Wendy and Jeff Maurer

Our Centennial Celebration, held at the iconic American Museum of Natural History, was a gala for the record books. Eight hundred dedicated friends, supporters and members of our Hebrew Home family, representing many generations, came together to honor our proud history and to support a strong future. Together we raised \$3.4 million dollars for the Hebrew Home Foundation.

We congratulate our distinguished honorees Wendy and Jeff Maurer. It was a privilege to recognize our dear friends and our Board Chairman, who has provided transformational leadership to the Hebrew Home.

We thank you, our dedicated partners, friends and loyal supporters, for your generous contributions and involvement with our 100th Anniversary Gala. Your commitment

to our work ensured the spectacular success of this historic evening.

Wendy and Jeff, thank you for expanding the treasured legacy entrusted to you by your parents, grandparents and great grandparents. Your wise counsel, generosity and unwavering devotion will ensure that the Hebrew Home's mission continues to flourish.





SAVE THE DATE
Sunday, November 11, 2018

THE HEBREW HOME AT RIVERDALE FOUNDATION
101ST ANNUAL GALA

CELEBRATING
LIVING AND AGING 101

HONORING
Merryl and James Tisch

The Ziegfeld Ballroom



BUILDING
FOR OUR SECOND
CENTURY OF CARE

Change is the law of life. And those who look only to the past or present are certain to miss the future.

— President John F. Kennedy

For 100 years, The Hebrew Home at Riverdale has been the innovative go-to for all answers to all questions about living and aging. We have been bold in our development of programs and services that anticipate and meet the needs of older adults and enable them to live the fullest possible life. This ethos has been built into our DNA since our founding.

Here are the present facts about aging:

- There are 50 million Americans over the age of 65
- There are 10,000 people turning 65 every day
- The number of Americans ages 65 and older is projected to more than double to over 100 million by 2060 and the 65 and older age group's share of the total population will rise to 25%
- One in 10 people age 65 and older have Alzheimer's dementia
- One in 10 older adults in America experience abuse, neglect or exploitation

THIS IS A PIVOTAL MOMENT IN ELDER CARE.

Not surprisingly, we have been prescient in acknowledging this evolution of need and care and have explored solutions. We have looked to the future.

We recognize that older adults want and require different living options and care. As of the publication of this report, we are actively transforming our facilities and renovating our buildings on campus to expand our memory care, assisted living and our elder abuse prevention services as well as to upgrade our nursing home neighborhoods.

As leaders in aging, we are committed to these capital improvements and innovations to ensure the excellence of care — and a safe, secure and vibrant living experience for our residents.

We continue to pursue capital funding from city, state and federal government sources as well as from families and foundations...AND...we need your help to support these capital improvements.

Learn how you can make a difference in the lives of so many.

Please contact:
Patricia S. Weiss
Vice President of Development
Hebrew Home at Riverdale

Patricia.Weiss@hebrewhome.org
or 718-582-1848

For information or to make a gift visit
470.thankyou4caring.org/

Together, we will continue to add life to years. It is everyone's right.





RIVERSPRING HEALTH MISSION STATEMENT

RiverSpring Health serves older adults of all faiths through compassionate care and vibrant community engagement. Guided by Jewish values and our non-profit mission, we advocate and celebrate a vision of empowered aging.