

# *The* **SPiRiT** *of*

 **Gaylord**  
Specialty Healthcare



# The **SPiRiT** of



## ACKNOWLEDGMENTS

Welcome to the fifth printing of *The Spirit of Gaylord*.

Since 1902, Gaylord has been committed to restoring the health and function of people recovering from chronic illnesses and life-altering accidents or diseases. We take tremendous pride in our world-class outcomes, restorative campus, and stellar reputation. Throughout this booklet you will see the “spirit” of innovation, persistence, teamwork, and compassion reflected in each new initiative, every decision, and every patient success story.

The best is yet to come as Gaylord sets a course to not only impact its current patient population but also to lead the way in patient care through academics, research, innovation, and clinical leadership so that others may experience “the Gaylord way.”

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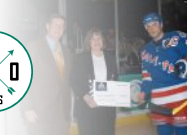
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**April 2, 1793**

**DR. MOSES GAYLORD PURCHASED 200 ACRES OF LAND** from Billious Ball Newton of Cheshire for 35 pounds, which eventually became the Gaylord Hospital campus.

**October, 1901**

**AT A MEETING OF THE NEW HAVEN COUNTY MEDICAL SOCIETY** a committee was appointed to study methods for the control of tuberculosis in New Haven County.

**November 1, 1901**

**THE COMMITTEE CREATED BY THE MEDICAL SOCIETY MEETS AT DR. OLIVER T. OSBORNE'S HOUSE TO DISCUSS** 1) improving local ordinances concerning tuberculosis, especially in reference to expectoration, and 2) establishing a hospital.

**1900s**

**May 8, 1902**

**THE COMMITTEE WAS ENLARGED TO INCLUDE LAYMEN AND RESOLVED ITSELF INTO THE NEW HAVEN COUNTY ANTI-TUBERCULOSIS ASSOCIATION.** There were five doctors, six industrialists, one minister, one lawyer, one politician, two professors and three businessmen.

**1900  
WORK ON THE  
NYC SUBWAY  
BEGINS**

**1901  
TEDDY ROOSEVELT  
ELECTED PRESIDENT**

## October 14, 1902

### **NEW HAVEN COUNTY ANTI-TUBERCULOSIS ASSOCIATION LEGALLY INCORPORATED.**

It was one of the first public health associations to be organized in the United States.

*Objective: To establish and maintain a sanatorium and hospital in New Haven County, on a non-profit basis, for the care and treatment of cases of pulmonary tuberculosis susceptible to amelioration...and to do generally anything necessary, expedient or incidental to the operation of a sanatorium in all its phases.*

## 1903

**DR. FRANCIS BACON, PRESIDENT OF THE ASSOCIATION, WAS DULY AUTHORIZED TO BUY FROM DR. CHARLES W. GAYLORD OF BRANFORD AND SECOND VICE PRESIDENT OF THE BOARD, THE UNUSED GAYLORD FAMILY FARM IN WALLINGFORD FOR \$3,600.**

(approx. \$127,000 in 2022)

## 1903

**FIRST WORLD SERIES:  
BOSTON AMERICANS  
VS PITTSBURG PIRATES**

10-14-1902

## November 2, 1902

**FIRST ANNUAL MEETING OF THE BOARD** was held in the parlours of Harmonie Hall in New Haven. By-laws were adopted and a generous gift of \$40,000 from Mr. and Mrs. John Davenport Wheeler was announced which, with other gifts, made possible the building of the hospital. (\$40,000 is the equivalent to \$1.4M in 2022).



An architect's rendering of the proposed Gaylord Farm Sanatorium.



**Dr. David Lyman**, who studied TB, contracted the disease and then recovered. He devoted his career to Gaylord – and defeating TB.

## 1903

### **DR. DAVID RUSSELL LYMAN WAS ENGAGED AS MEDICAL SUPERINTENDENT.**

At the time of his appointment, Dr. Lyman was on the medical staff of the Adirondack Cottage Sanatorium, later called the Trudeau Sanatorium. He reported for duty at Wallingford in October 1903, but was given leave until February 1904 for without a sanatorium there didn't seem to have been much for him to do. By February 1904, building was well underway and never again could it be said there's nothing for him to do.

## 1904

### **DR. LYMAN ARRIVES ON CAMPUS.**

His first task as Medical Superintendent was to assemble a manure spreader for the farm.

**1903**  
**FIRST POWERED**  
**FLIGHT, WRIGHT BROS.**

## 1904

### **FLORENCE RANDOLPH BURGESS, RN BECAME THE FIRST DIRECTOR OF NURSING AND ASSISTANT SUPERINTENDENT.**

Mrs. Burgess was visiting relatives of her late husband in New Haven in 1904 when she heard of the new sanatorium on a hill farm in Wallingford. She soon presented herself with her belongings to the surprised Dr. David Lyman to whom she announced that she would be head nurse. Her sudden arrival gave him little choice; as Dr. Lyman recalled she "proved to be as capable and versatile as she was determined."

Original 1904 staff. Florence Burgess (seated, center), was the first director of nursing and assistant superintendent. Her legacy inspired generations of nurses at Gaylord.



**THE SANATORIUM OPENS ITS DOORS TO ITS FIRST SIX PATIENTS**  
with a plant value of \$86,000, \$99.92 cash in hand "and faith in God."

Fresh air was part of the recovery regimen followed by people with tuberculosis in the early 1900s. Patients at Gaylord slept on open porches of their cottages even during the winter months.



9-20-1904

**1904**

**THE BUILDINGS WERE FINISHED AND TURNED OVER TO THE ASSOCIATION.** The medical staff is comprised of Dr. Lyman, Dr. Foster and Dr. Osborn.

Doctor and nurses with a patient in 1909.



June 26, 1905, postcard from Florence Burgess to Miss Florence Weller.



**1912**  
**TITANIC SINKS**

**1912**  
**GIRL SCOUTS OF THE USA STARTED BY JULIETTE GORDON LOW**

# 1910s

**1910**  
**SEWING MACHINE BUILT**

Many of the nurses at Gaylord during its early years were former tuberculosis patients. They were inspired by Nurse Florence Burgess (second from left) to become nurses and return to Gaylord. The years printed on their placard denote the year they graduated as a patient from Gaylord.



**1912**  
**WHEELER PAVILION CHILDREN'S COTTAGE OPENED.** The Wheeler family gave the first large gift to establish the Sanatorium in 1902. In 1929, this building was converted to infirmary beds for men when children were no longer accepted as patients. In 1954, it was reconstructed for use by non-TB patients as Gaylord transitioned to a rehab hospital.



## Eugene O'Neill, famous playwright, was a Gaylord patient

It was at Gaylord, recovering from tuberculosis in 1912-13, that the then-24-year-old O'Neill not only turned his life around – he had been an itinerant adventurer, sailor, and aimless knockabout – but discovered his true calling, that of a playwright.

*“It was at Gaylord,” he later wrote, “that my mind got the chance to establish itself, to digest and value the impressions of many past years in which one experience had crowded on another ... At Gaylord, I really thought about my life for the first time.”*

*Gaylord inspired his first play. At Gaylord he met a young woman from Waterbury named Kitty McKay. Her case of TB was much more serious than his, which turned out to be a relatively mild one. He was discharged from Gaylord, symptom-free, in June 1913; she died in 1915. The difference between the severity of their conditions was the central theme of a play he completed in 1919, “The Straw.” The title refers to the ways of chance – whether one chooses “the short straw” in life, or not.*



O'Neill on the right and Kitty McKay center, the principal character in his play about his stay at Gaylord called “The Straw”.

Cottage where Eugene O'Neill stayed in 1912.





The road to Gaylord Farm was a poor one. Visitors would take a trolley to Cheshire, then hire a livery service to bring them to Wallingford.

## 1914

### **JULY 28, 1914 AN EPIDEMIC OF SCARLET FEVER BROKE OUT**

and continued until November 13, 1914. Gaylord initiated quarantines, 22 cases in all, no fatalities "owing to the extreme care and vigilance exercised by Dr. Lyman and his associates." It is believed to have originated by a casual visitor who brought it to campus.

**1914  
WORLD WAR I  
BEGINS**

## 1915

**MR. VOORHEES OF THE BOARD OF DIRECTORS IS IN CHARGE OF FUNDRAISING.** In 1914, he raises \$14,873.35 for Gaylord which is approx \$441,000 in 2022.

## 1915

### **HONORARY DIRECTORS DR. KNOPF OF NEW YORK AND DR. EDWARD R. BALDWIN BOTH ADVOCATE FOR A "SOLARIUM" FOR PATIENTS.**

"The curative value of the direct sun rays on the bare skin in tuberculosis has long been demonstrated." It was noted that it was especially beneficial for those with TB of joints and pulmonary TB. It's not until 1919 that they "finally got sunshine." Mrs. Henry Scoble, of Watertown provided Alpine sunlamps at a cost of \$600. They built the sunporch across the end of the infirmary.

## 1915

### **THE 1915 FARM REPORT AT THE ANNUAL BOARD OF DIRECTORS MEETING GIVEN BY THE CHAIR OF THE MEDICAL BOARD REPORTS 52 CATTLE ALL ARE FREE FROM TB.**

Cattle are retested for TB every six months. He also noted the Gaylord milk is "nearly 4 times as pure as is the standard for certified milk." Tests show Gaylord milk has 13,600 bacteria to the cubic centimeter while certified milk is allowed 50,000 bacteria to the cubic centimeter.

## 1915

### **RECORDS SHOW 307 PATIENTS WERE TREATED IN 1915.**

The longest stay was 1,284 days and the shortest stay was four days.



## 1915

**VISITING NURSE PROGRAM BEGAN** with the help of a \$1000 grant from the White Foundation of Litchfield.

## 1915

**POOR ORAL HEALTH IS IDENTIFIED AS A MENACE.** Prevention is easier than the cure. They “should do everything they can to prevent infection of the individual with his own bacilli and their toxins.” A request for \$100 was made to the Board to properly equip a dental room. A nurse with training could clean teeth and give instructions to each patient as to the proper care of the mouth. Major dentistry needs were addressed by Dr. Craig and Dr. Brosnan of Wallingford. The dental office was located in the Kimball Memorial Building. By 1917 it was reported “all patients have had their mouths examined and we have seen less tonsillitis, sore throat, indigestion, grip and colds than before these mouth investigations.”

## 1915

**KIMBALL MEMORIAL MEDICAL BUILDING OPENS.** It included rooms, sleeping porch for the medical staff, x-ray and a laboratory equipped for experimental as well as for routine clinical examinations in bacteriology and pathology. The cost was \$10,000 paid for by Mr. and Mrs. Henry F. English in memory of Mrs. English's brother, Charles Albert Kimball, who died in 1904 of TB. He was a Boston businessman.

## 1915

**GAYLORD LAUNCHES ITS MAGAZINE AGENCY.** “All funds of this enterprise are used directly for the patient and in no way for the sanatorium” thus providing steady employment for many. The first year subscriptions totaled \$5,838.21 and patient commissions equaled \$715.92 or 12%. By 1917 clients included the New Haven library, the American Brass Company, the Graduate Club, and the Quinnipiack Club.

## 1916

**BORROWED \$12,000 FOR A SERIES OF CAPITAL IMPROVEMENTS** including a root cellar (\$2,000); fire protection by erecting a water tank in order to install a sprinkler system (\$5,000); and building a nurses' home at a cost of \$5000 for the head and night nurses.

## 1916

**PATIENT CENSUS IS 126.**

An awareness of tuberculosis grew, so did Gaylord's reputation. These coal miners from Pennsylvania were brought to Gaylord to receive treatment for tuberculosis.





**1916**

**MISS GERTRUDE WHITEMORE OF NAUGATUCK LEAVES \$10,000 TO THE SANATORIUM** (the equivalent to \$278,000 in 2022) in her will. The Board voted to use the bequest to improve the road to the sanatorium which was deemed almost impassible in the winter from Wallingford.

**1916**

**“LA GRIPPE” ALSO KNOWN AS THE SPANISH FLU WAS EPIDEMIC.** For two months the visiting nurses quarantined at the farm rather than go out to homes in order to prevent the general epidemic of La Grippe affecting Gaylord’s patients.

**1916**

**MAX ADLER OF THE BOARD OF DIRECTORS DIES.** He was the son of an umbrella-maker, was a partner in a corset factory that had 1,000 and sometimes as many as 1,500 hands. He had been an errand-boy, cash-boy, cashier, bookkeeper, and then manager of a dry-goods store. He was president of the New Haven Chamber of Commerce and an original Board member of Gaylord.

**1916**

**THE BOARD DISCUSSES THE NEED TO BUILD A “PREVENTORIUM”** to accommodate 50 to 100 children. “So when they take a mother suffering from TB into the sanatorium we could go to her home and take any little sick, backward or under developed children from possible infected surroundings, give them several months fresh air, good food and schooling and send them back with the mother with a lasting basis of health.”

**1917**

**MARCH 11, 1917, PROFESSOR WILLIAM BEEBE, FINANCIAL SECRETARY OF THE ASSOCIATION DIES FROM PNEUMONIA.**

Born in 1851 in Litchfield, William was an instructor and professor at Yale from 1876 to 1917. In 1909, he provided a much-needed recreation pavilion as a memorial to their son who died of TB called “The Philip Schuyler Beebe Memorial” (pictured left). In 1910, he was elected a Director of Gaylord Farm.

**1917**

**SHORTAGE OF HELP DUE TO WORLD WAR I. GOVERNOR MARCUS H. HOLCOMB OF CONNECTICUT AND PRESIDENT HARRY S. TRUMAN URGE ORGANIZATIONS TO HELP WITH THE WAR EFFORT.**

Gaylord organized the children into a Junior Home Guard to help with gardening. That year they planted 11 acres rather than five to lessen the sanatorium’s purchases. “It would not be possible without the help of patients.”

**1917**

**INABILITY TO PROCURE COMPETENT HERDSMAN MADE IT NECESSARY TO PURCHASE COWS FROM OUTSIDE IN ORDER TO MAINTAIN GAYLORD’S MILK SUPPLY.** The animals purchased were sold as tuberculin-tested. “We did not retest because of our confidence in people from whom they were obtained. Thanks to dishonest dealers somewhere along the line, TB cattle got into our herd.” Gaylord lost a very valuable Guernsey bull and had to destroy 10 cows. “Now we face 2 to 3 years work to again breed for ourselves to obtain an entirely healthy herd,” Mr. Bushnell, farm manager reported.

Scores of former patients would flock to Gaylord for the annual patient reunions on the campus.



**1918**  
**PROHIBITION**  
**BEGINS**

**1918**  
**THE GREAT**  
**INFLUENZA**  
**PANDEMIC**

**1918**  
**THE BOARD OF DIRECTORS APPROVE A LEAVE OF ABSENCE FOR DR. LYMAN SO HE MAY TRAVEL TO FRANCE AS A MEMBER OF THE ROCKEFELLER COMMISSION TO HELP THE FRENCH PEOPLE ORGANIZE TO COMBAT THE RAPID SPREAD OF TB.** While still in France he was elected President of the National Tuberculosis Association. Mrs. Burgess (head nurse) and Dr. Edson W. Glidden are deputized to run the Sanatorium in his absence. The Board formally acknowledged at its 1918 annual meeting the smooth running of the Sanatorium declaring, "Mrs. Burgess has fully justified our high opinion of her ability and her devotion to the work."



## 1918

**A SERVICE FLAG IN THE ASSEMBLY HALL INDICATES THOSE STAFF WHO HAVE ENLISTED IN WORLD WAR I.** In 1918 they added three stars for: "Dr. Wilson Pendleton who enlisted as first lieutenant in the medical corps and who has since been promoted to major; Miss Elizabeth Smith, former visiting nurse who is serving in a base hospital; and William Shepherd, the baker who enlisted as first class cook on one of our submarine chasers."

## 1918

**ELTON PLAYHOUSE FOR CHILDREN OPENS.** Today known as the Chauncey Conference Center.

## 1918

**DR. CHARLES W. GAYLORD OF BRANFORD DIES.** In 1903 he learned that the New Haven Anti-Tuberculosis Association was seeking a location for a sanatorium and offered his family farm of 250 acres for such a low amount they considered it practically a gift and named it the Gaylord Farm Sanatorium.

## 1918

**GAYLORD CARED FOR 300 PATIENTS INCLUDING 20 CHILDREN FROM 39 DIFFERENT TOWNS.** The average census was 112. Capacity was 120 which they reached with some crowding.

## 1918

**ONE OF THE CELLARS IS FITTED AS A CANNING KITCHEN.**



## 1919

**NEW MOVING PICTURE MACHINE NEEDED.** Cost is \$300 to purchase. Ongoing costs of \$15/mo to operate it and acquire reels.

## 1919

**MISS FOIREN IS BROUGHT ON PART-TIME AS A CHILDREN'S TEACHER** to help Miss Ryder the full-time teacher because the ratio had grown to 1:25 which was deemed too high. When not teaching, Miss Foiren worked part-time for the magazine agency.

## 1919

**GAYLORD'S FISCAL YEAR CHANGES TO A CALENDAR YEAR FORMAT.** It was previously May to April.

## 1919

**STATE OF CONNECTICUT ANNOUNCES INTENTION TO ESTABLISH A CHILDREN'S TB HOME** with \$100,000 in state funds on the seashore.

## 1919

**EMPLOYEE MRS. JESSIE CROWNSHIELD,** 83 years old who was in charge of the linen supplies since 1904, made a gift to Gaylord of \$500 for x-ray equipment (equivalent to \$8,125 in 2022). Employee giving continues to be a strength at Gaylord today.

## 1919

**SPANISH FLU. EARLY QUARANTINE PREVENTED AN EPIDEMIC OF INFLUENZA.** Dr. Oliver T. Osborn, chair of the Medical Board, reported at the annual Board meeting that they lifted the quarantine for Christmas 1918 and then had six cases develop as a direct result of allowing convalescent patients to go home for a short visit. These six cases occurred in one cottage, and quarantine again limited the influenza to this cottage. All of these six patients ultimately recovered.

## 1919

**GAYLORD TAKES IN 15 SOLDIERS AND SAILORS ASSIGNED BY THE WAR RISK INSURANCE BUREAU.** "We have stretched our capacity to the limit and have omitted our ordinary rules for admission in order to do all that could be done for these patients."



## *Gaylord Barn Fire*

*March 14, 1919, 2 p.m.*

*“The general barn was destroyed due to a fire started by an employee who ‘was a pyromaniac.’ There were four horses and 50 cattle in the cow barn; all but two horses were rescued. Because of no wind the sanatorium escaped disaster. A second fire was discovered at the edge of a wagon shed and a third at the back of the green bins over the root house. Police were brought in. The cause was a poultry man employed for a little over one month. He came from a farm near Hamden. His family had a history of insanity. He had had a severe attack of influenza last winter and had been nervous ever since. Now he’s in the Middletown asylum.”*

*In response to the fire, the Board of Directors vote to fireproof all building roofs with red asbestos slate shingles. It was noted at the annual meeting that if it had been a windy day when the “pyromaniac” set fire to the barns, the whole plant would have been destroyed. Because of the 1919 chestnut timber blight, Gaylord had 100,000 foot of chestnut logs that they were able to use in constructing the new barn to replace the one that burned down utilizing the sawmill on site.*



**1922** •  
**DR. WILLIAM HAVILAND MORRISS JOINED GAYLORD AS THE ASSISTANT SUPERINTENDENT.** He, too, had tuberculosis and was still receiving treatment when he came to Gaylord.

**1920-29  
THE U.S. STOCK  
MARKET BOOMS**

**9-17-1922**

**1920s**

**1920  
WOMEN WIN THE  
RIGHT TO VOTE**

**1922**  
**AVERAGE CENSUS WAS ABOUT 120** and the average stay was 51 days. The cost was \$23.71 a month. Average weight gain was 8-14 lbs; 50 children were patients throughout the 20s.





## DEDICATION OF THE DAVID RUSSELL LYMAN GATEWAY.

Conceived of and paid for by current and former patients, the construction of the stone arch cost \$1,847. The ceremony was attended by 200 former patients in a steady rain on Sept. 12, 1922.



## 1923

**MISS MARY BEEHLER INTRODUCED SILVERCRAFT** to provide an occupation for patients instead of basketry and woodwork. Mr. and Mrs. W. Dodge assisted in establishing the Silvershop. Patients had sold \$700 worth of silver within six months.

## 1925

**SAMUEL WEIL CONTRIBUTED \$10,000 FOR A RESEARCH LABORATORY.** A chemist was hired to work with a Yale professor and to cooperate with the Research Committee of the National TB Association.

1924 TB research paper.



**1925**  
THE GREAT  
GATSBY BY  
F. SCOTT  
FITZGERALD  
WAS  
PUBLISHED.

**1926**  
THE PATIENT CENSUS  
GREW FROM 26 TO 125

**1926**  
EMPLOYEE HOUSE WAS  
BUILT FOR \$103,000

**1926**  
An address by Dr. William  
C. White of the U.S.  
Public Health Laboratory  
in Washington D.C. cited  
**GAYLORD AS THE FIRST  
SANATORIUM IN THE  
COUNTRY TO OFFER  
ITS FACILITIES TO THE  
NATIONAL RESEARCH  
COMMITTEE.**



Employee Home

**1927**  
**BROOKER ADMINISTRATION BUILDING WAS BUILT**

for \$150,000, named after former president Charles F. Brooker. After a series of campus fires, the need was to build a "fireproof" building.



Charles F. Brooker, Chairman of the  
Board, 1913-1927

Three female  
patients on the  
steps of the  
Brooker Building



Brooker administration building

## 1927

**GAYLORD'S 25TH ANNIVERSARY** attracts 1,000 people back to campus.



**1928**  
**SLICED BREAD**  
**AND BUBBLE**  
**GUM INVENTED**

## 1928

**THE WEEKLY CHARGE TO PATIENTS INCREASED TO \$15 PER WEEK.** They were encouraged to pay more if they could. Some did, but some couldn't pay anything at all.

## 1928

**NEW WATER TOWER BUILT AT A COST OF \$41,000** which increased water to 100,000 gallons and addressed need for fire suppression. Soon after there was a fire in the early morning in a stack of hay. Staff were able to put out the fire immediately without any damage to the property beyond the loss of hay. This tower also allowed Gaylord to save on insurance.

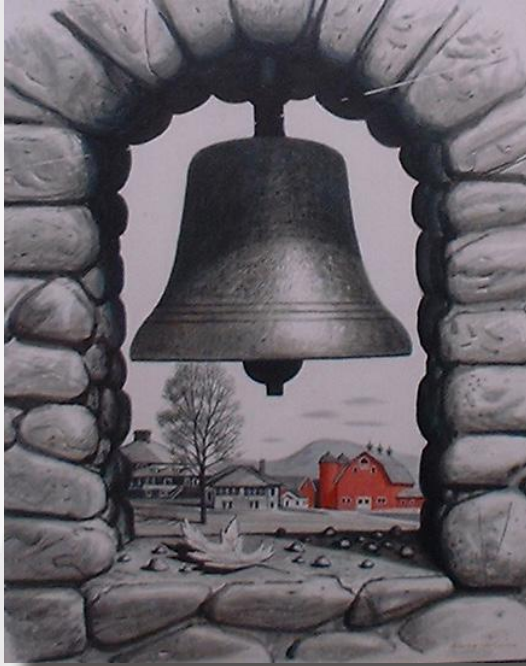


## 1929

**SILVERCRAFT SHOP REPORTED 34 PATIENTS WORKED 6,489 HOURS AND PRODUCED ARTICLES WITH THE VALUE OF \$3,882.72.**

## 1929

**CHILDREN WERE NO LONGER ACCEPTED AS PATIENTS.** The Wheeler Building where children were housed was renovated to add more infirmary beds for men at a cost of \$5,000. (Today, patients age 16 or older are accepted as inpatients.)



## *The Bell*

### **ABOUT THE PICTURE**

*Stevan Dohanos (1907-1994) was a nationally known illustrator and artist. He was best known for his 125 Saturday Evening Post covers. He designed his first Post cover while a patient at Gaylord, using the old Silver Shop (now Chauncey Conference Center) as his studio. In 1955 he received the David Russell Lyman medal for public service.*

*This picture was created especially for Gaylord and depicts the Lyman Arch with the Gaylord Bell inside. In the distance you can see the Gaylord red barn. Gaylord started as a TB Sanatorium and was a*

*self-sufficient, working farm that provided fresh eggs, chicken, dairy and beef to its patients as part of their “cure.” The arch and bell became symbols of Gaylord and of good health. Patients upon discharge would pick up a pebble, throw it at the bell and try to ring it. If successful, it signified good health and well-being for the rest of one’s life. Steve’s rendering shows the many small pebbles and numerous nicks on the bell.*

*Gaylord presents this drawing to retiring members of the Board of Directors and retiring staff to thank them for the work they did to contribute to the hospital’s well-being and to wish them good health.*



## *Gaylord Silvercraft*

*The Gaylord Farm Sanatorium was opened with the goal of treating patients with tuberculosis (TB). For more than forty years, until streptomycin provided a cure for tuberculosis, the sanatorium served the needs of hundreds TB patients who required many months, if not years, of recovery. As patients improved, they needed activities to help keep them busy and by the early 1920s interest in basketry and woodworking was waning. Patients also needed an activity that could generate some income for themselves and their families.*

*To meet this need, Mary Beehler introduced silvercraft to Gaylord in 1923 as a form of occupational therapy and vocational training. Former patient William Waldo Dodge Jr. and his wife, in collaboration with Wallace, International and the Providence-based Gorham Silver, established Gaylord Silvercraft as a business on the Gaylord grounds. W. Scott Braznell, a metal craft authority, later wrote, "Gaylord knew that its silvercraft workshop could not exist on sales resulting from sentiment or charity ... its silverware was sold on a strictly business basis in competition with comparable goods."*

*In the first year the shop sold \$700 worth of silver goods and its employees were paid a total of \$413. Gaylord Silvercraft was sold under the "Flying Hammer" hallmark from 1925 to 1944. A.J. Maisonville later became director of the Silver Shop with Joseph DeMunda as his assistant (both were former patients).*



*A large variety of products were created. In 1934, for example, patients made bracelets, letter openers, matchbox holders, crosses, plates, sandwich trays, bowls, buckles, rings, pins, clips, clasps, and a porringer. But the shop's signature item was table flatware in a dazzling variety of styles: cold meat forks, bon-bon spoons, food pushers, lemon forks, bouillon spoons, asparagus servers, iced tea spoons, mayonnaise ladles, butter spreaders, cheese knives, pastry servers, tomato servers and, of course, complete table services. Ornamental saw-piercing was a Gaylord specialty.*

## 1929

### **RESEARCH STUDY FUNDED WITH A GRANT FROM THE HAZEN FOUNDATION.**

The \$5,000, two-year funding enabled a study of the existence of tuberculosis in patient families. The study was to enroll at least 100 families and conducted a physical exam, x-ray, and tuberculin test to all members. The study would not only give “material additional service to the patients and their families, but would secure evidence of the existence of TB in a typical group of American population that should be invaluable to the conduct of the work in Connecticut and elsewhere.” The project received the “hardy approval” of such authorities as the National Tuberculosis Association, the School of Public Health at Yale, and the Henry Phipps Institute of Philadelphia.

## 1929

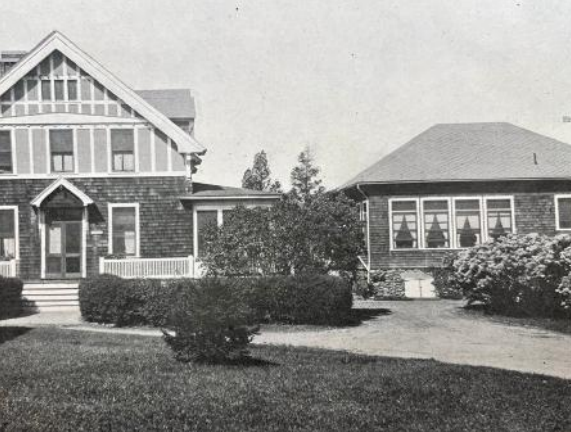
### **GAYLORD EMPLOYS PNEUMOTHORAX TREATMENT**

to give the patient rest by collapsing the lung or cutting the nerve to the diaphragm. Dr. William Morris feels these are successful treatments and another positive step forward in helping patients recover from TB.



## 1929

**THE U.S. STOCK MARKET  
CRASHES. U.S. ENTERS  
GREAT DEPRESSION**





## 1930

### PATIENTS WORK ON THE FARM AS PART OF THEIR THERAPY.

The farm had 140 heads of cattle and milk cows which produced enough dairy and meat products to supply the hospital. There were also 200 pigs, 3,000 turkeys (the surplus sold to the public at holiday times), 1,000 broilers and also hens both for eating and for the eggs they produced. The barn doors stayed open until 1959.

**1930  
EMPIRE STATE  
BUILDING BEGINS  
CONSTRUCTION**

1930s

## 1930

### ALARIC PERSKY MEDICAL SERVICE BUILDING OPENS.

Made possible by a \$15,000 gift from Mr. and Mrs. Simon Persky of New Haven in memory of their son.



### 1931 Gaylord Annual Report:

*“The Medical Service Building, given by Mr. and Mrs. Simon Persky of New Haven in memory of their son, Alaric Persky, has been in use since September and has proven of the greatest value. It contains offices and dressing rooms for the service of ex-patients returning for examination, two operating rooms with sterilizing room between and an X-ray room where we have our fleuroscope and a table for gastro-intestinal work. It is connected to the infirmary by an enclosed hallway, and is of fireproof construction throughout.”*

**1933**  
**FRANKLIN D.**  
**ROOSEVELT**  
**ELECTED**  
**PRESIDENT**

**1935**

**PATIENTS ADMITTED WERE MOSTLY HOUSEWIVES**, with many more women than men coming in for treatment.



**1931**

**CONVERTS FROM SILENT FILMS TO TALKIES.**

Gaylord invests in new sound equipment for the Beebe Recreation Hall as a result of not being able to secure silent movies from the Film Exchange of New Haven.

**1931**

**IN 1929, MR. ARTHUR KIMBALL, CHAIRMAN OF THE BOARD'S EXECUTIVE COMMITTEE, SUGGESTED A ROAD WAS NEEDED TO CONNECT CHESHIRE WITH WALLINGFORD.**

"The benefits would be many. A convenience for Gaylord and its patients but also to the large population up above Waterbury who could use a road to come through Wallingford and then straight down to the shore." The road was approved in 1931 by the state.

**1936**  
**HOOVER DAM**  
**COMPLETED**

**1939**

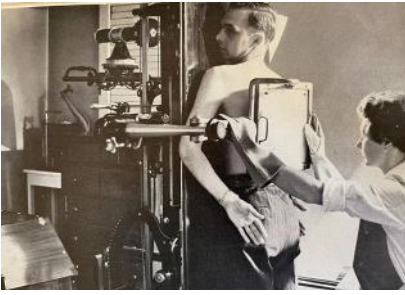
**HITLER INVADES  
POLAND.  
WWII BEGINS**

**1939**

**A 35TH REUNION WAS HELD WITH  
1,500 FORMER PATIENTS.** One patient  
even cut short his honeymoon to be  
there. These former patients gave \$1,000  
to renovate Beebe Recreational Hall.  
(photo below)





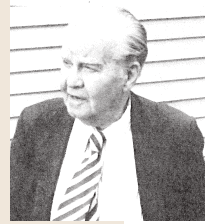


Patient in X-Ray.

**1940**  
**MODERN COLOR**  
**TELEVISION**  
**SYSTEM INVENTED**

**1942**

*Howard Crockett came to Gaylord for a TB treatment, after staying six months at his parents. He only paid \$4 per week, but apparently used up all his resources after two years. Since he wasn't quite ready to go back to his career on Wall Street, and because he had a wealth of experience, he was hired as the fundraiser for Gaylord. He raised over \$20 million dollars during his tenure, which ended in 1986.*



**1940s**

**1940**

**THE GAYLORD LEAGUE WAS FOUNDED BY GRADUATE PATIENTS.**

It serves as an Alumni Association and actively supports the work of the sanatorium by raising money and participating in activities.

**1941**

**PEARL HARBOR ATTACKED. U.S. ENTERS WWII**

**1944**

**THE ANNUAL DEATH RATE FOR TB DROPPED TO 34 PER 100,000;** it was 186 per 100,000 in 1900.



Turkeys on the farm in 1942.



Photos of patients from the 1940s

**1946**

**ASSISTANT MEDICAL DIRECTOR DR. WILLIAM MORRISS GAVE A QUALIFIED VOTE OF CONFIDENCE FOR STREPTOMYCIN**, a somewhat experimental drug, to be used for the treatment for TB.

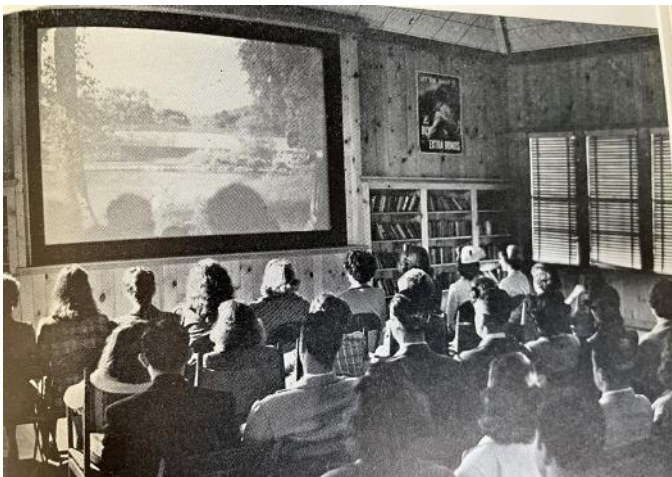
**1947**

**DR. MORRISS EXPRESSED HIS CONCERN FOR GAYLORD'S FUTURE** as a TB sanatorium.

**1945**  
WWII ENDS

**1946**

**PATIENTS ENJOY TUESDAY NIGHT MOTION PICTURES EACH WEEK.**



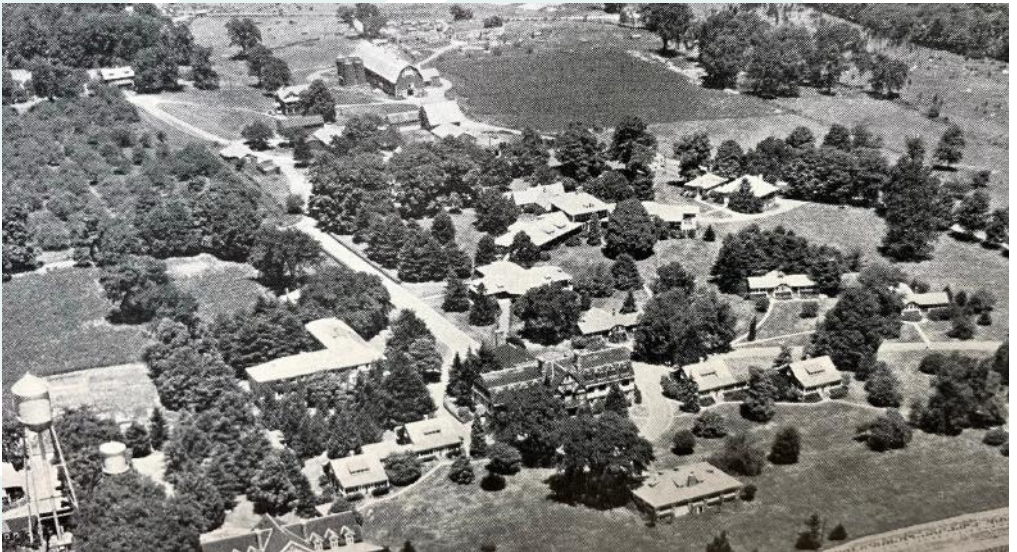
**1948**

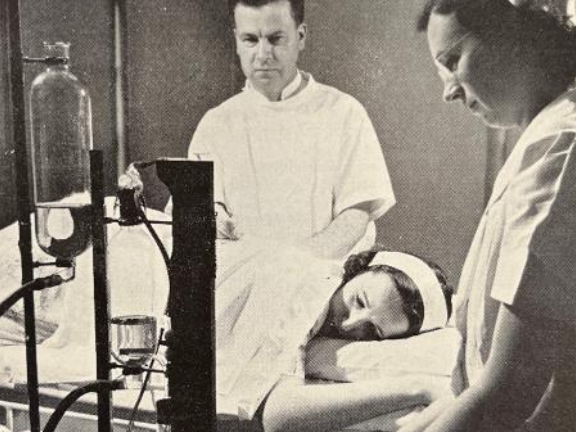
**GAYLORD FARM SANATORIUM BECAME WHAT IT IS TODAY, GAYLORD HOSPITAL.** TB cases were rapidly decreasing, but it was determined that people of all ages would need care for chronic illnesses of all types.

**1949**  
**GEORGE ORWELL'S**  
**BOOK 1984 IS**  
**PUBLISHED.**

**1949**  
**THE NORTH**  
**ATLANTIC TREATY**  
**ORGANIZATION**  
**(NATO) IS**  
**ESTABLISHED.**

Air view of Gaylord Farm Sanatorium and its grounds taken by a former patient in 1949.





## 1950

**COMPARISON OF 1950 TO 1904.** The plant value is estimated at \$965,411 as compared with \$86,000. The endowment is well over \$800,000 instead of \$99.92 in hand.

## 1950

**A HURRICANE HITS WALLINGFORD,** ripping off gutters and shingles on many buildings; it wrecked portions of the grounds and all but demolished the large cow barn.

## 1950-53 KOREAN WAR

## 1952

**75 EMPLOYEES AND AN OPERATING BUDGET OF \$472,861** which includes \$81.10 in expenses for the cow barn.

## 1952

**JOSEPH DEMUNDA,** who came to Gaylord as a patient and assisted Mr. Maisonville in the Silvercraft for more than 30 years succumbed to a long-standing heart ailment.

## 1952

**THE GAYLORD LEAGUE (ALUMNI ASSOCIATION) HOLDS ANNUAL PATIENT REUNIONS** on the last Saturday of every June.

# 1950

## 1950

**SINGER WINIFRED BLANCHARD RECEIVES CARE AT GAYLORD FOR M.S.,** after returning to the United States and experiencing difficulty walking.

## 1950

**THE BOARD CREATES THE DESIGNATION OF "LIFE MEMBER"** for those members who, because of change of residence or other reasons such as ill health, are no longer able to participate regularly in its affairs.

## 1952

**DUPLEX HOUSE FOR STAFF OPENS** and becomes the residence for Mr. Howard Crockett and the Assistant Resident physician.



1951 Gaylord Farm Sanatorium Staff

## 1952

### **THE 50TH GOLDEN JUBILEE WAS ATTENDED BY 4,000 FORMER PATIENTS AND GUESTS.**

The oldest person had left Gaylord in 1905. Three members of the class of 1908 were there. Patients came from the New England states, New York, Pennsylvania, New Jersey, Maryland, the District of Columbia and Virginia. One woman of the class of 1915 came from California. In attendance was also Governor and Mrs. John D. Lodge. The Yale School of Drama staged a play, the Business and Professional Men's Orchestra of New Haven provided a concert. The invitations were created by alumnus Stevan Dohanos. Reverend Anson Phelps Stokes, the only living member of the group who founded the association in New Haven in May 1902 drove down from Lennox, MA with Mrs. Stokes to pronounce the benediction at the close of the exercises. (50th Golden Jubilee photo below)

#### *Remarks by Dr. David Lyman:*

*“As to the future and the probability that the happy day will come when part or all of our beds will not be needed for tuberculosis, your directors already have a Forward Planning Committee to guide them in choosing the next field in which Gaylord Farm can best serve the people of Connecticut by continuing to provide low-cost care in the same spirit in which we operate today.”*



## 1952

### FLORENCE R. BURGESS INFIRMARY OPENS TO PATIENTS.

The new wing was built to address the increased numbers of patients with advanced TB who needed medical procedures and to stay in the infirmary rather than the ambulatory cottages on campus. Its construction added 20 additional single rooms where new admissions “can have their cases studied with every comfort and facility.” The ground floor houses the medical offices and records, the X-ray, a dental clinic, the outpatient clinic and the linens and blankets for the housekeeping department. The cost was approximately \$320,000 and included a gift of \$6,300 from the Gaylord League (alumni association).



*The Florence R. Burgess Infirmary as pictured by the architect and as it appears today. Cost estimates have risen from \$270,000 in 1950 to \$320,000 in 1951. The problem of meeting the increased costs is still to be solved.*



## 1952

### SURGICAL INTERVENTIONS ARE BECOMING A COMMON TREATMENT FOR TB.


In 1952 Dr. Morriss reported Gaylord had eight cases that had various types of resection surgery. “This means removal of parts of the lung, sometimes a whole lung, sometimes a lobe, sometimes a segment of a lobe. It is even possible now, under certain circumstances, to do what they call wedge resection, when a small area of disease lung near the surface can be cut out. Resection surgery is still in our judgment radical treatment not to be lightly advised but is steadily winning for itself a wider field of great usefulness. I certainly want to express my usual appreciation to the services and cooperation that we have had from Dr. Lindskog and his surgical staff at the New Haven Hospital and the Yale Medical School.”



Gaylord Farm Sanatorium brochure from the 1950s.

## 1952

### THE DAVID RUSSELL LYMAN MEDAL



was established by the Board of Directors for the purpose of perpetuating the name of Dr. Lyman in recognition of his lifetime of devoted and selfless effort toward the prevention and cure of tuberculosis. "The medal shall be awarded to a man or woman, who, overcoming the handicap of tuberculosis, has lived a life exemplary of outstanding productiveness and service to the public welfare." The first recipient was Dr. William H. Morriss, medical director for his "outstanding contributions to the knowledge of tuberculosis and its treatment, and for his long and distinguished record of service to his country and state in the field of public health education."

## 1952

**THE BOARD OF DIRECTORS PURCHASED FOR \$10,000 THE PARCEL OF WETLAND** of approximately 10 acres across the road from the sanatorium entrance. The owner had placed this on the market for a building lot and it was essential to acquire it for more protection.

## 1952

**NOTING A FOUR-YEAR DECLINE IN TUBERCULOSIS PATIENTS,** Medical Director Dr. William Morriss notes, "It is going to be necessary quite soon to widen our field of usefulness" and to utilize excess beds for the restoration to active life for those handicapped by other conditions.

## 1953

**A PATIENT COUNCIL WAS FORMED.** One of their recommendations was the creation of the Gaylord Gazette newspaper. Today Gaylord has a Patient and Family Advisory Committee (PFAC).

## 1953

**A STUDENT FROM CORNELL SCHOOL OF MEDICINE HAS RECEIVED A FELLOWSHIP IN PREVENTIVE MEDICINE** from the National Foundation for Infantile Paralysis to study at Gaylord for two months during the summer.

## 1953

**DR. STERLING BROWNLEE BRINKLEY BECAME THE NEW MEDICAL SUPERINTENDENT AND REITERATED HIS VISION FOR GAYLORD, WHICH WAS TO TRANSFORM GAYLORD FROM A TB SANATORIUM INTO A REHAB HOSPITAL.** In his first address to the Board of Directors he noted that "the comprehensive services we have provided people with tuberculosis for more than 50 years are in essence the same kind of care needed by people with other chronic diseases, particularly disorders of the heart and non-tuberculosis disorders of the lungs."



Dr. Sterling Brinkley

**1953**  
**COLOR TV**  
**BROADCASTING**  
**BEGINS**

**1954**  
**DR. BRINKLEY WAS**  
**IMPLEMENTING MODERN**  
**TECHNOLOGY AND OTHER**  
**SOPHISTICATED SERVICES FOR**  
**A REHABILITATIVE INSTITUTION.**

Dr. Thomas Hines, assistant professor and director of physical medicine at Yale, joined Gaylord as an expert in the field to help transition into a rehab hospital.



**1954**  
**UPON THE RECOMMENDATION OF**  
**DR. BRINKLEY TO “ADAPT ONE**  
**OR MORE OF OUR BUILDINGS**  
**TO PROVIDE SUITABLE**  
**SEPARATE QUARTERS FOR NON-**  
**TUBERCULOSIS PATIENTS,”** the

Board approved the reconstruction of the Wheeler Pavilion.

**1955**  
**THE DAVID RUSSELL LYMAN MEDAL**  
**WAS AWARDED TO FORMER**  
**PATIENT STEVAN DOHANOS,** who had been well established in both commercial and fine arts fields before his career was interrupted by TB. He went on to paint over 125 covers for The Saturday Evening Post.



**1956**

**PHYSICAL THERAPY STUDENT PROGRAM BEGINS.**

Fifteen students received 4-7 weeks training at Gaylord. They came from University of Connecticut, Bauve-Boston School of Physical Therapy and University of Pennsylvania.



**DR. DAVID RUSSELL LYMAN PASSES AWAY.**

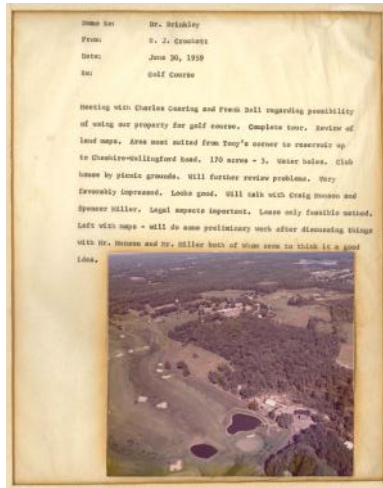
**10-15-1956**

**1955  
ROSA PARKS  
REFUSED TO  
RELINQUISH HER  
SEAT ON THE BUS  
IN SEGREGATED  
MONTGOMERY, AL**

**1959**

**DISCUSSIONS BEGIN ON CREATING A GOLF COURSE FROM GAYLORD LAND.**

Howard Crockett of Gaylord and community members Charles Gearing and Frank Bell discuss acreage and water needs for proposed golf course.



**1960  
FIRST  
TELEVISED  
PRESIDENTIAL  
DEBATE**



**1960  
FIRE DESTROYS  
THE BARN.**



**1960**

**GAYLORD EXPLORED A BUSINESS MODEL AIMED AT THE "WELL ADULT"** so they may live "as satisfactorily as is possible." Met with leaders at Cornell Medical College and Brigham Hospital to develop "preventative medical aspects of an Executive Health Check-up Program."

**1960**

**ENGAGED SERVICES OF PROFESSOR DEANE KELLER OF YALE UNIVERSITY** to prepare a portrait painting of Dr. William H. Morriss to be placed in the new dining hall to be named for him.

**1960**

**A VISION FOR THE FUTURE.** Gaylord leadership met with representation from 28 Congregational churches to discuss the establishment of a village for elderly people, complete and self-sufficient as a unit. Gaylord would provide medical and hospital services to the community. They would lease and/or purchase Gaylord land to build it. In May, 1961 they met again with the church group now known as Davenport Village Inc. of New Haven. The two parties signed a 100-year lease for 42 acres for the construction of a retirement center.

**1961**

**DR. WILLIAM HAVILAND MORRIS DIES.**

**1961**

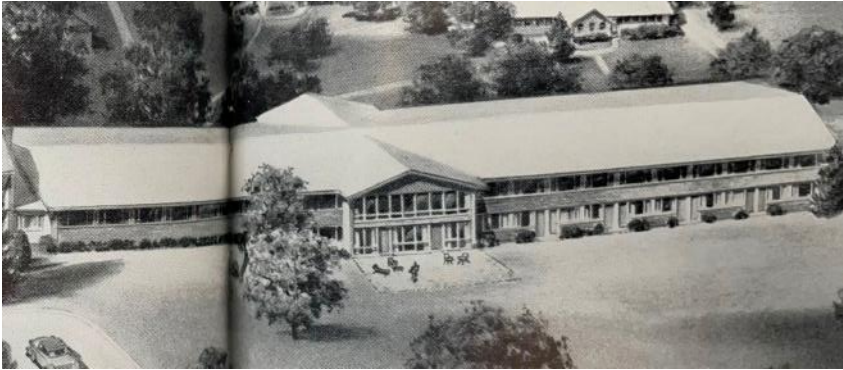
**A 100 YEAR LEASE FOR 170 ACRES OF LAND WAS SIGNED IN THE SUMMER OF 1961 TO CREATE A GOLF COURSE** known as the Farms Country Club. Agreement includes membership for the president of Gaylord and a percentage back each year. The clubhouse construction cost \$300,000.

## 1962

**THE COLORS RED AND SKY-BLUE BECAME THE GAYLORD COLORS** and appeared on directional signs, letterhead and even the water tank.

## 1962

**NEW DAVID RUSSELL LYMAN MEMORIAL UNIT OPENED** for patients at a cost of \$900,000.



## 1962

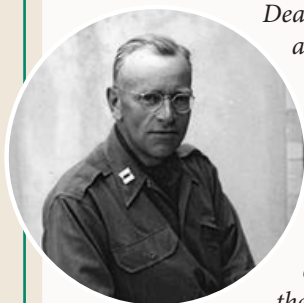
**DR. BRINKLEY RESIGNS DUE TO ILL HEALTH.** Dr. Harold Anderson who is chief medical officer is named acting Director. The Board recognizes his extraordinary contributions at its Annual Meeting through a resolution which states: "Sterling Brownlee Brinkley, MD by his vigorous, imaginative and resourceful leadership during a crucial decade of change contributed importantly to rebuilding a waning tuberculosis sanatorium into a bright, new rehabilitation and chronic disease hospital."

## 1962

**TUBERCULOSIS REMAINS THE LARGEST SINGLE DISEASE CATEGORY TREATED AT GAYLORD** which was divided into two medical divisions: Tuberculosis and General Medical (cardiac, spinal cord injury and traumatic brain injury).

**1963  
PRESIDENT  
KENNEDY  
ASSASSINATED**

## Deane Keller: Portraitist of Gaylord



*Deane Keller (1901-1992) was a man of many titles – artist, Yale professor, art restorer, preservationist, Monuments Man, and friend of Gaylord Hospital.*

*One day in the early to mid 1950s, Dr. David Lyman (1876-1956), first Director of the Gaylord Farm Sanatorium, walked into Professor Keller's studio at Yale University and introduced himself. The reason for his visit was to procure some art for a new building called the Florence Burgess building. Florence Randolph Burgess was the first director of nursing and assistant superintendent during Gaylord's earliest years and worked alongside Dr. Lyman in his fight against 'the great white plague' known as tuberculosis.*

*Professor Keller explained the expense of procuring the size and quantity of art required for the building and Dr. Lyman very directly told him he had no intention of buying them. Instead, he explained to Professor Keller the plague that his patients were enduring – fighting tuberculosis and being shut in for months and sometimes years – and suggested that Professor Keller would consider a donation.*

*And so began a friendship that would last until Professor Keller's death at the age of 90 and would include a total of 50 fine portraits and watercolors that continue to be hung in the halls and walls of Gaylord Specialty Healthcare today.*

*In 1929, after receiving his BFA from the Yale School of Fine Arts, and spending three years studying art in Rome, Italy, Professor Keller began his career as a member of the Yale faculty. In 1943, Professor Keller's academic career was interrupted by the Second World War, where he served until 1946 as an officer of the US 5th Army in the Monuments, Fine Arts, and Archives program.*

*The professor-turned-captain was primarily responsible for the identification and transportation of artworks in Tuscany, Italy, the center of the Italian Renaissance and a major site of Nazi looting. He also worked in Pisa and Florence repatriating lost works. Keller became a "Monuments Man," one of hundreds who inspired George Clooney's 2014 war film, "The Monuments Men."*

*At the end of the war, Professor Keller returned to teach at Yale's School of Fine Arts and, after a combined total of 40 years on faculty, retired in 1979. In 2000, Professor Keller was buried at Campo Santo in Pisa, in recognition of his extraordinary wartime efforts in Italy with honors from the United States, Italy, and the Roman Catholic Church.*

*It has been Gaylord's honor to count Professor Keller among our friends, and the official portraitist of Gaylord's for many years. While he is best known for his fine portrait work, the 40+ watercolors Professor Keller gifted to Gaylord were painted in his spare time, for enjoyment. Perhaps knowing the joy they brought to Gaylord patients for many years (and still do) was payment enough.*

## 1963

**BOARD APPOINTS MR. STUART W. KNOX AS DIRECTOR OF GAYLORD.** Knox was a seasoned hospital administrator for the past 10 years in Connecticut. In an address on May 23 he observed, "When I arrived last month I found a top-notch, patient-centered hospital" but he also cautioned "our accomplishments must be viewed objectively, and even hyper critically, so that well-deserved feelings of pride do not give way to complacency and smugness." The operating budget in 1963 was \$1,124,448 and Gaylord was strengthening its position in rehabilitation where the belief was that healthcare had "added years to life, now we must add life to years". A study of need at the time showed capacity should be 150 patients. He retired in 1966.



Auxiliary presidents Kitty Barclay, Marcia Stevens and Edith Atmore flank Gaylord Hospital Director Stuart Knox.

## 1963

**DEDICATION OF THE NEW WILLIAM HAVILAND MORRISS BUILDING** as a dining and rehabilitation wing. Constructed in 1961 at a cost of \$203,432 some of the funding (\$96,667) was secured by Senator Prescott S. Bush through the Hill-Burton act.



## 1963

**THE GAYLORD HOSPITAL AUXILIARY** was preceded by a program of volunteer services initiated under the auspices of the Wallingford Junior Women's Club.

## 1963

**ROBINSON SPEERY**, retired TV phone company executive, joined the Auxiliary as the first male, and the first volunteer to pass 700 hours of service.

## 1964

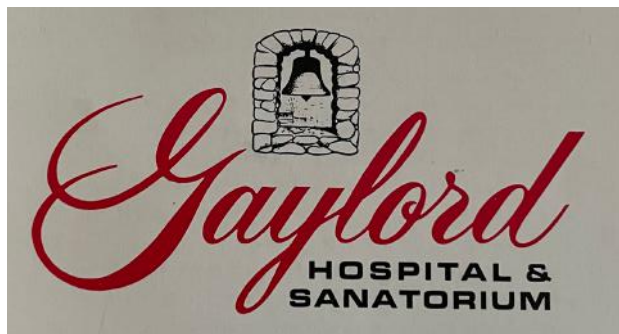
**U.S. ENTERS VIETNAM WAR**

## 1964

**AFFILIATION WITH WATERBURY HOSPITAL SCHOOL OF NURSING.**

The alliance provides senior student nurses with training in rehabilitation nursing.

This logo appeared in Gaylord's 1964 Annual Report.



## 1964

### **AWARDING OF THE FIRST GAYLORD MEDAL.**

The medal was bestowed upon long time Board member Max Traurig of Waterbury. "To be given not more than once a year, preferably at the annual meeting of the Association, to a person who has contributed to the Gaylord Hospital in some highly significant way; as for example, by long and distinguished service as an Officer or Director, as a staff physician, as an interested benefactor or who has promoted the cause of chronic medical care and rehabilitation in other ways or in other institutions."

## 1965

### **POSITION CREATED FOR THERAPEUTIC RECREATION.**

## 1965

### **AMPUTEE CLINIC LAUNCHED.**

## 1965

### **U.S. GOVERNMENT CREATES MEDICARE.**

Implementation of the new Public Law 89-97; known to Congress as the Social Security amendment of 1965 and to most people by the single word, "Medicare."

## 1964

### **GAYLORD AUXILIARY PRESENTS THE HOSPITAL WITH A SILVER TEA SERVICE AND CANDELABRAS.**

The silver tea service has been used ever since - most notably for employee retirement teas.

## 1965

### **NAME CHANGED TO GAYLORD HOSPITAL & REHABILITATION CENTER.**

Board Chair John B. Stevens proposed a name change from Gaylord Hospital & Sanatorium to Gaylord Hospital & Rehabilitation Center to set Gaylord apart from the typical convalescent home. The stated goal was to become recognized by the state as the "number one rehabilitation center in Connecticut; to do everything possible to associate rehabilitation with Gaylord in people's minds."



Silver tea set.

**1967**

**210 VOLUNTEERS CONTRIBUTED 11,000 HOURS OF SERVICE.** Included are 42 junior volunteers - boys and girls between the ages of 14-18 who gave a total of 2,473 hours during the summer months.

**FIRST "GAYLORD DAY"**

"Gaylord Day" was a medical program presenting three nationally known speakers in the field of bracing, physical medicine and orthopedic surgery. Invitations were mailed to 550 physicians. It was to become a semi-annual medical presentation.

**5-25-1966**

**1967**

**DR. THOMAS HINES WAS NAMED MEDICAL DIRECTOR AND CHIEF EXECUTIVE OFFICER OF GAYLORD.**

**1967**

**MEMBERSHIP IN THE AUXILIARY REACHES 178 MEMBERS.**

**1967**

**GLORIA MILLER, PT, HIRED AS FIRST PHYSICAL THERAPIST AT GAYLORD.**

**1967**

**GAYLORD PLANNED ITS FIRST FUNDRAISING EVENT, The Gaylord Gala, a champagne movie premiere.**

**1967**

**GAYLORD ENJOYED AN INTERNATIONAL REPUTATION FOR ITS WORK.** Laouli Garba from Niger was sent to Gaylord via the Peace Corps with the help of the United Churches of Christ in 1965. He took his first steps at Gaylord. Niger's President, Diori Hamani, awarded its Humanitarian Gold Medal to Gaylord Hospital.



**1967**

**THE AUXILIARY ESTABLISHES A LIBRARY.** Auxiliary members wheeled a roving book cart with large print books, popular titles and magazines to patients unable to browse the new facility.



**FORMAL VOTE WAS TAKEN TO ENTER INTO A \$1.5M CAMPAIGN - THE FIRST IN 10 YEARS.**

The stated goals were to replace outmoded facilities by constructing a 50-bed patient unit, upgrade auxiliary facilities and expand medical services. The campaign was announced after a \$750,000 bequest from long-time friend and benefactor Elizabeth Hooker (1874-1965). Mr. Craig Munson of Wallingford, who had served in the Board of Directors since 1948, served as State Chairman eventually raising \$2.3M from over 1,000 contributors state-wide.

**1968**  
**911 SYSTEM WAS FIRST IMPLEMENTED IN ALABAMA**

**1968**  
**AVERAGE COST OF 4 YEAR COLLEGE: \$1,487**

**2-16-1967**

**MR. LOUIS LAVALETTE RECEIVES HIS EMPLOYEE SERVICE AWARD**

representing 55 years of employment at Gaylord.

*There has been a Lavalette working at Gaylord every year from its founding through 2014. Gary Lavalette, who worked in the Sleep Medicine program, was the last Lavalette when Gaylord closed the sleep program in 2014.*

**5-20-1967**

**1969**  
**AN OUTPATIENT TEENAGE CLINIC WAS ESTABLISHED.**

**1969**  
**GAYLORD NOW HAD A TEAM INCLUDING PSYCHOLOGISTS, SOCIAL WORKERS, AND RECREATIONAL THERAPISTS,** giving them the ideal environment in which to treat the whole patient.

## 1970

**250 VOLUNTEERS (36 JUNIOR VOLUNTEERS) CONTRIBUTED 14,000 HOURS OF SERVICE.**

Barbara Lane serves as Director of Volunteers Services.



Charles Lirot (left) and Dr. Thomas Hines review blueprints for the Luscomb Building with Auxilians Mabel Parker, treasurer, and Jane Crowley, president.

## 1972

**GROUND BROKEN TO BUILD NEW BUILDING TO MODERNIZE AND CONSOLIDATE MEDICAL TREATMENT SERVICES.** Plan also

included expansion of dining facilities. Total cost \$878,000 (\$600,000 construction, \$200,000 equipment and contingency and \$78,000 for dining expansion.) The Auxiliary pledged \$20,000 towards the project.



# 1970s

## 1970

**ELIZABETH RUSSELL HOOKER MEDICAL REHAB WING WAS COMPLETED.** It was named for long-time friend and benefactor Elizabeth Hooker (1874-1965)

## 1972

**GAYLORD HAD 98 BEDS AND AN AVERAGE DAILY CENSUS OF 86.1.**

Average length of stay was 41.7 days; Gaylord admitted a total of 734 patients that year.



**1971  
VOTING AGE  
LOWERED TO 18**



Patients and staff  
in the Luscomb  
Building.

### 1973

**THE 10th BIRTHDAY OF THE AUXILIARY COINCIDED WITH THE CONTINUED EXPANSION OF THE HOSPITAL.** A Gala was held at Choate's new Paul Mellon Arts Center to raise money towards their \$20,000 pledge for the Luscomb construction project.



### 1974

**PENSION PLAN AT GAYLORD WAS ESTABLISHED.**

### 1974

**HENRY M. LUSCOMB TREATMENT CENTER OPENS.** A significant portion of its construction was made possible by a 1972 bequest from the Luscomb estate totalling \$419,150.



**1976**

**THE “SALUTE TO AMERICA” GALA BROUGHT CROWDS OF PEOPLE TO THE GAYLORD CAMPUS.** They toured the corridors of Luscomb and even attended a reading of Eugene O’Neil’s first play, “The Straw,” which was inspired by his days as a patient at Gaylord.



**1974**

**U.S. PRESIDENT RICHARD NIXON RESIGNS**

**1976**

**DR. THOMAS HINES MEDICAL DIRECTOR AND CHIEF EXECUTIVE OFFICER DIED SUDDENLY.** He served for two decades and as medical director for nine of those years. The patio at the Lyman entrance was named in honor of Dr. Hines.

**1976**

**APPLE COMPUTER INVENTED**



**1977**  
**DR. CURTLAND C. BROWN JR.**  
**NAMED MEDICAL DIRECTOR.** His wide smile and narrow bow ties became his trademarks.



Dr. Curtland C. Brown Jr.

**1977**  
**DR. BROWN REPORTS TO THE BOARD**  
**SUMMARIZING THE CHALLENGES IN**  
**FISCAL YEAR 1977:**

*“We continued to struggle with Medicare to win recognition of the need for a hospital level of rehabilitation.”*

**1977**  
**AUXILIARY BOASTS 201 MEMBERS.**  
Focus is on raising money for a greenhouse.

**1977**  
**PATIENT LENGTH OF STAY**  
**DECREASES TO 32.1 DAYS** in comparison to 151.9 days in 1954 and 85.5 days in 1966 when Medicare started.

**1977**  
**UNSUCCESSFUL ATTEMPT BY**  
**DISTRICT 119, AFL-CIO TO**  
**UNIONIZE EMPLOYEES.**



**1978**

**THE GREENHOUSE, A GIFT OF THE GAYLORD AUXILIARY, OPENS FOR PATIENTS AS PART OF THEIR RECUPERATION.**



**1979  
SONY  
WALKMAN  
INVENTED**

**1978**

**GAYLORD'S 75th ANNIVERSARY**

is celebrated with a gala at the Farms Country Club.



**1979**

**UPON THE DEATH OF BARBARA CHASE LANE, THE FORMER DIRECTOR OF VOLUNTEERS, A SCHOLARSHIP FUND WAS ESTABLISHED IN HER HONOR.**

Originally awarded annually to a worthy college-bound junior volunteer pursuing a program in the allied health field. Today, it is available to staff or their children.

**1980**

**CAMPUS CONSOLIDATION PLANS** included the demolition of Cottage VI and the "farm duplex."

**1980**

**THE AUXILIARY CHANGED THE AWARDS GIVEN TO HIGH SCHOOL SENIORS** from savings bonds and medical dictionaries to a \$50 check deposited in the college bookstore of their choice.

**1980**

**THE AUXILIARY BOASTS 200 MEMBERS AND OVER 14,000 HOURS OF DONATED TIME.** Its budget was \$4,140. This included monies for the Greenhouse Manager, Junior Volunteer program, picture cart, library, plant and flower activities, arts and crafts, health awards, publicity and the Bell newsletter which had a mailing list of 1,500.

**1981**

**SANDRA DAY O'CONNOR FIRST WOMAN U.S. SUPREME COURT JUSTICE**

**1981**

**MTV DEBUTS**

**1980s**

**1980**

**PATIENT MARGARET MAHONEY, ALSO AN AUXILIARY BOARD MEMBER, POINTED OUT THE NEED TO REDUCE THE SUMMER HEAT ON THE LYMAN SOUTH UNIT,** leading the way for tinting of the windows.

**1981**

**UPDATED TRAURIG PAVILION OPENS.** Built in 1913 as the Elton Playhouse for Children, it was converted in 1920 to the Silver Shop - one of the first hospital vocational rehab programs in the country. Plans to return the building to a summer playhouse as it was originally used were brought to fruition thanks to a \$35,000 gift from the Traurig family of Waterbury. The vision was for a pleasant place for patients and their families and friends to gather during visiting hours. It was named the Max Traurig Pavilion to honor Mr. Traurig who had been associated with Gaylord for 68 years as a patient, donor and Director. Today it is known as Chauncey Conference Center.



Nurse interacting with a patient.



Huntington T. Day, Board Member

**1982**

**THE AUXILIARY DONATED \$5,000 TOWARDS THE REMODELING AND REFURBISHING OF THE BROOKER LECTURE HALL DEDICATED AS THE NEW HUNTINGTON T. DAY WING.** Mr.

Day was a founding partner of Wiggin & Dana Law Firm, a former patient of Dr. Lyman and Board Member from 1946-1981.

**1982**

**THE LONG RANGE PLANNING COMMITTEE CONSIDERS A VISION OF UTILIZING THE GAYLORD CAMPUS TO HOUSE PHYSICALLY DISABLED AND ELDERLY CITIZENS.**

**1982**

**TWO RESEARCH PROJECTS WERE CONDUCTED.** Dr. Andrew Steward explored bone metabolism in spinal cord injured patients. Dr. Michael Niederman studied bacterial adherence in patients with tracheostomy.

**1982**

**440 EMPLOYEES AND AN OPERATING BUDGET OF \$12.5 MILLION.**

**7-7-1981**

**OPENED ALCOHOL REHABILITATION UNIT,**

located in the newly refurbished Burgess Building.

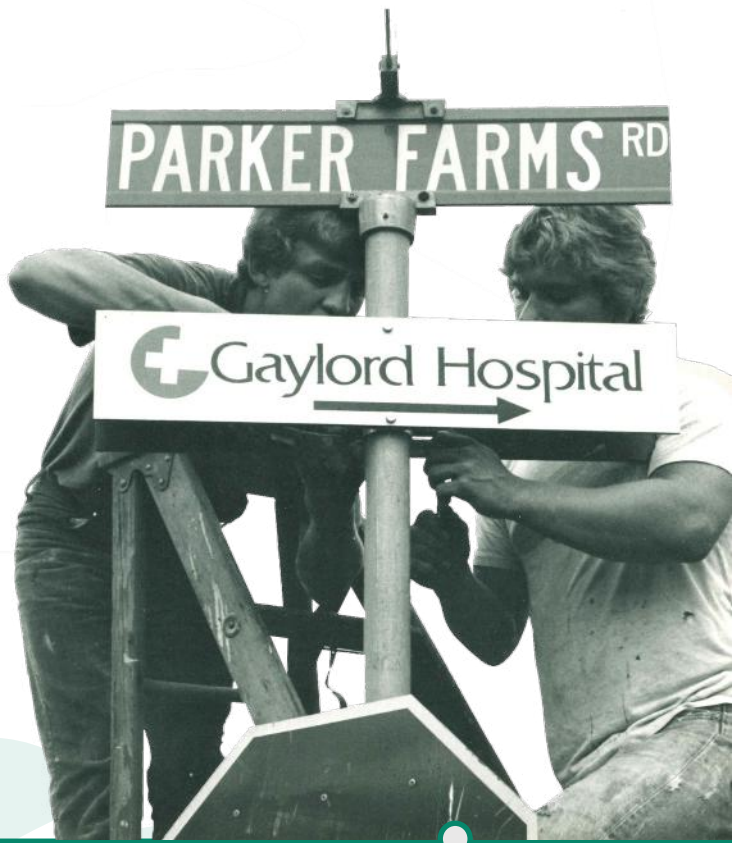
**1982**

**NANCY WINIALSKI, PROGRAM DIRECTOR OF THE GAYLORD ALCOHOLISM REHABILITATION PROGRAM** reports growth

in the program with 183 patients admitted for an accumulation of 4,635 patient-days. The increase attributed to increased referrals from business and industry through their Employee Assistance Program (EAP). Thirty percent of the patients were female. During the year two important components were added: an education program on alcoholism and an Alumni Group.



Occupational therapist during therapy session.



Workmen install new directional signs at street intersections.

*WHEREAS: Sterling Brownlee Brinkley MD by his vigorous, imaginative and resourceful leadership during a crucial decade of change contributed importantly to rebuilding a waning tuberculosis sanatorium into a bright, new rehabilitation and chronic disease hospital; and*

*WHEREAS: his understanding, kindness and unfaltering loyalty were a constant source of strength and inspiration to staff and patients alike, and*

*WHEREAS: in the course of rebuilding a venerable institution he served with distinction, met the inevitable of the innovator and catalyst with reasonable serenity, and accepted success modestly and without expectation of personal reward;*

*BE IT RESOLVED: That the Directors of the Gaylord Farm association at this meeting express our deep appreciation of Dr. Brinkley's outstanding contribution to Gaylord and his countless patients and offer him and his family our affection and best wishes for good health and success in all the years to come.*

*Signed,*

**Henry E. Bartels**  
Chairman, Board of Directors  
December 8, 1982

**1982**  
**THE FATHER**  
**OF GAYLORD**  
**REHABILITATION:**

Board Resolution recognizing and thanking Dr. Sterling Brownlee Brinkley for successfully leading Gaylord through the transition from TB Sanatorium to Rehabilitation Hospital.

**LETTER FROM VICE PRESIDENT OF THE  
UNITED STATES GEORGE H.W. BUSH  
CONGRATULATING GAYLORD**

on its 80th Anniversary and stating that the hospital holds a special place for his father, Sen. Prescott Bush (R, CT) who laid a cornerstone of the first rehabilitation facility.



THE VICE PRESIDENT  
WASHINGTON

August 10, 1982

Mr. Howard J. Crockett  
Vice President  
Gaylord Hospital  
Wallingford, Connecticut 06492

Dear Mr. Crockett:

My best wishes on your eightieth anniversary. As you know, I hold a special affection for Gaylord Hospital. It was particularly thoughtful of you to send the picture of my father laying the cornerstone of the first rehabilitation facility. Gaylord was always a cause he championed.

Today's event is a fitting tribute to the impressive work being carried on by Gaylord. My thoughts and prayers are with you as you commemorate this fine heritage. We are looking forward to the next eighty years!

Sincerely,

George Bush

**GAYLORD'S  
80TH  
ANNIVERSARY  
IS CELEBRATED  
WITH A GALA.**

**10-14-1982**

THE NEW YORK TIMES, SUNDAY, OCTOBER 31, 1982

## ROLE OF THERAPY BECOMING BROADER

Rehabilitation Now Often Seen  
As a Group Process That  
Goes Beyond Medicine

By **ROBERT E. TOMASSON**

On the morning after Thanksgiving, 1970, Jacqueline Mayer Townsend of Meadow Lands, Pa., awoke to hear her infant daughter crying. Mrs. Townsend moved to get out of bed, but could not get her right side to respond. She turned to her husband, John, to tell him something was wrong, but she could not speak. She began to cry, as she was to do many times in the weeks ahead, at her nightmarish helplessness.

Mrs. Townsend's story was the subject of a film made for the American Heart Association and shown at a recent two-day conference sponsored by Gaylord Hospital in Wallingford, Conn., to celebrate the hospital's 80th anniversary and its eminence as a center of rehabilitation medicine.

### Teamwork in Rehabilitation

Rehabilitation medicine was once a somewhat ancillary field in which physicians would prescribe treatments and subordinate nurses and physical therapists would carry them out. But over the decades it has become a field in which members of a wide variety of

professions from both within and beyond the traditional specialties of health care join to aid the disabled in an atmosphere of growing equality and teamwork.

"It is not enough to meet the physical needs of disabled patients, for one must meet their social, vocational and emotional needs as well," Dr. Howard A. Rusk, founder in 1947 of the Institute of Rehabilitation Medicine and Distinguished University Professor at New York University said at a two-day conference at Gaylord Hospital on "Rehabilitation and the Quality of Life."

The conference, sponsored by Gaylord Hospital, emphasized treating the patient within a combined social, occupational and psychological context.

"In addition to becoming an equal participant in the interdisciplinary team, social work now sees itself as having something to say about the administration and evaluation of health-care delivery as well," said Luke V. Lauretano, a social worker administrator.

### Team Approach Is Costly

The team approach is, however, "a very costly method of planning care," said Mary Hickey, director of nursing at Gaylord.

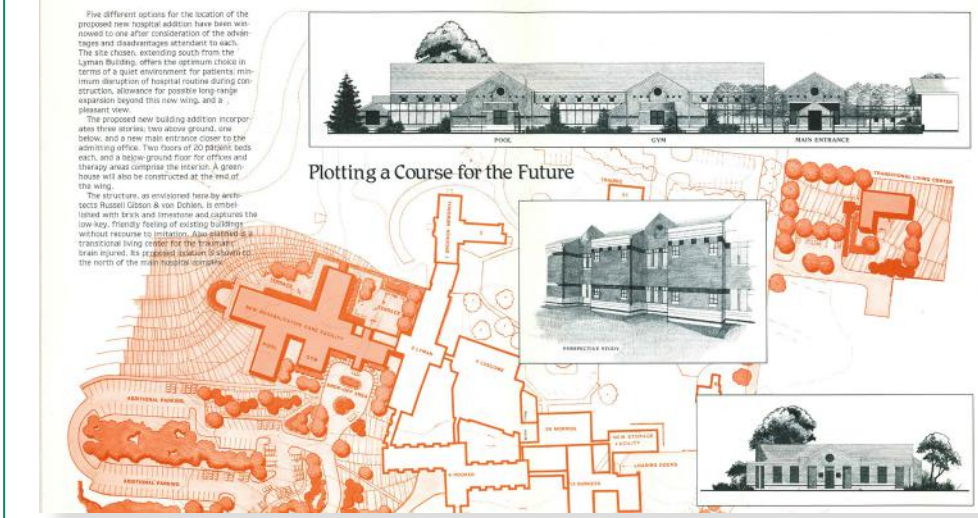
"When a team is responsible for the outcome of each patient's hospitalization, who is accountable?" Mrs. Hickey asked at the conference. One answer, she said, could lie in the selection of a "case coordinator" who would be accountable for the team's decision, for example, to discharge a patient.

The doctors, nurses, therapists, social workers and psychologists at the conferences were joined by lawyers and mechanical engineers to discuss their involvement in the multidisciplinary rehabilitation team.

Article in the New York Times on therapy at Gaylord and showcased its "team approach".

## 1984

**MASTER CAMPUS PLAN WAS DEVELOPED.** Five different options for the location of a new hospital addition were winnowed down to one. The site chosen extended south towards the Farms Country Club off of the Lyman building. The proposed new building addition incorporates three stories: two above ground one below and a new main entrance closer to the admitting office. Two floors have 20 patient beds each, and a below ground floor for offices and therapy areas comprise the interior a greenhouse will also be constructed at the end of the wing. The architects were Russell Gibson and von Dohlen. This plan evolved into the current Jackson Pavilion today.



## 1983

**LAUNCHED PATIENT SATISFACTION PROGRAM.** Recently discharged patients were mailed questionnaires asking them to evaluate Gaylord's major services including nursing, therapies, food service and the preparation and plans for after discharge care.

## 1984

**GAYLORD JOINS WITH 16 OTHER CONNECTICUT HOSPITALS AS A MEMBER OF THE VOLUNTARY HOSPITALS OF AMERICA,** a national Association of nonprofit hospitals. VHA was established in response to the growing proliferation of for-profit hospitals which, because of their size, enjoy economies of scale not available to the nonprofit sector. VHA membership will provide Gaylord with a range of services designed to lower the overall cost of providing patient care.

## 1984

**THE AUXILIARY ESTABLISHED A MEMORIAL LECTURESHIP IN HONOR OF WINNIE WINTERS, RN, ASSOCIATE DIRECTOR OF NURSING,** who had "the spirit," even during her battle with cancer.



## 1985

**13,807 PATIENTS ARE EVALUATED OR TREATED IN GAYLORD'S OUTPATIENT PROGRAM.** An increase of 3,000 over 1984.

## 1985

**GAYLORD FILES FOR CERTIFICATE OF NEED (CON)** to build a transitional living center on its Wallingford campus for TBI patients.

## 1985

**PAIN REHABILITATION PROGRAM LAUNCHED.** Gaylord established a formal program for treatment of patients with chronic pain syndrome CPS. Under the direction of Sylvia Lack, MD, a 28-day inpatient program was designed and implemented, to teach CPS patients to reduce or alleviate pain without the use of habit-forming drugs. CPS patients are defined as experiencing pain which is often not susceptible to definitive diagnosis or treatment.

## 1985

**GAYLORD INTRODUCED THE FIRST COMPREHENSIVE SERVICE FOR POST-POLIO PATIENTS IN THE STATE.** It focused on treatment of the late affects of polio.



**1985  
MICROSOFT  
WINDOWS  
LAUNCHES**

## 1985

**GAYLORD HOSTS A FREE OUTDOOR CONCERT** featuring the New Haven Symphony Orchestra. It is attended by 2,000 people and underwritten by the Gaylord Auxiliary and American Cyanamid who contributed \$2,500 each. The concert was part of a broad PR campaign to bring more awareness of Gaylord and its services to the surrounding community.



## 1985

### RETIREMENT PARTY IS HELD FOR HOWARD

**CROCKETT** at the Farms Country Club with 160 guests in attendance. Howard was a patient in 1942 and would be a patient two more times. During his 40 years tenure as an administrator he raised over \$20 million for Gaylord.

## 1985

### GAYLORD INAUGURATED THE STERLING SILVER

**SOCIETY** for older adults, aged 60 and over, to provide programs beneficial to their health and lifestyles. "The first such program addressed improvement in driving skills. A recent session dealt with nutritional needs of older adults. Future programs will cover topics such as exercise, drug and prescription use, financial management, and a review of Medicare benefits."



Sterling Silver participants in group discussion on nutrition.

## 1985

### AN EXPANSION OF THE HOSPITAL'S DINING ROOM WAS COMPLETED IN JULY 1985,

providing much needed seating space as well as new vending and microwave facilities for employees and visitors. An attractive staff conference room was also part of the project. Funded in part by a \$7,500 gift from the Gaylord Hospital Auxiliary, this new dining wing was dedicated to the memory of Eunice Lake, MA, Administrative Dietitian from 1964 to 1980.

## 1986

### WHEELCHAIR FITNESS COURSE

**CONSTRUCTED.** Funding was obtained from the crippled children's aid society, the Wells Fargo Foundation, and Jackson newspapers, to construct a wheelchair fitness course on Gaylord property for patients and for the disabled community.

Construction work began in the fall. The L. Suzio Asphalt Company donated its services to this effort.



## 1986

### GAYLORD'S FIRST ANNUAL FITNESS FESTIVAL

took place in October 1986 to increase public awareness about the athletic capabilities of disabled individuals and to attract people of all abilities to a day of athletic competition. The festival proved so successful that it became an annual event, and a part of Gaylord's overall effort in promoting wheelchair athletics.

## 1986

### **AIDS PANDEMIC AFFECTS GAYLORD**

**PROCESSES.** Gaylord expanded and re-organized its risk management program. The risks associated with AIDS prompted consideration and adoption of the Universal Body Substance Precautions recommended by the Centers for Disease Control (CDC).

## 1986

**GAYLORD OPENED FIRST LOCATION OUTSIDE OF WALLINGFORD,** the Gaylord/Yale-New Haven Rehabilitation Center at Long Wharf in New Haven.



Head Nurse Shirley Buzzell on  
TBI unit, 1987.

## 1987

### **GAYLORD GETS COMPUTERIZED.**

Under the coordination of the data-processing steering committee, three hospital departments were computerized during the course of the fiscal year. Pharmacy, medical records, and the outpatient department went online. Records of prescriptions, appointments, and medical charts are now in the computer system.



Patient using Ergys  
Computerized Bicycle.

## 1987

**CONSTRUCTION OF THE EASY STREET** indoor environment was the highlight of the year. Modules constructed by Guynes Design in Arizona were installed in Luscomb. A model grocery, restaurant, theater, bank, and car were added to an existing kitchen, bath and laundry area to help patients readapt their community living skills. Easy Street will be used by all the therapies on a daily basis. The Easy Street project, one of the first of its kind in the country and the only project of its kind in New England, was completed by the end of September.



## 1987

**THE LI'L TYKES DAY CARE CENTER** operated by the YMCA opened in a refurbished residential building on grounds to ensure a safe place for the care of staff member's children.

## 1987

**NATIONAL NURSING SHORTAGE AFFECTS GAYLORD.** The 1986-87 Annual Report notes the impact:

*"We have stepped up recruitment efforts, increased nursing salaries, and offered other incentives for filling nursing positions. We have also introduced a new classification of nursing assistant, the room service aide, to reduce routine chores for the RNs and LPNs. Nevertheless, we have still experienced a shortage of qualified nurses. The stress of the situation is intense, as is the competition from other health care facilities which are also operating with staff vacancies and are vying to hire nurses from the same short supply."*

## 1987

**WINTERIZATION OF THE TRAURIG PAVILION WAS COMPLETED** between early spring and the end of September. Constructed in 1913, this pavilion is the oldest hospital building remaining on the grounds, and retained the tone and architectural style of many of the earlier buildings. Once used for the children's school, and for the Gaylord silver shop, the Traurig Pavilion is now used primarily for meetings. The Traurig family of Waterbury, through the Traurig Foundation, has played a major role in preserving this historic building for the hospital's continued use. In addition to funding the winterization project, the family also contributed to an earlier renovation of the building.



## 1987

**AQUATIC THERAPY PROGRAM WAS LAUNCHED** by members of the physical therapy department. Patients are taken to the YMCA pool in Southington to exercise in water. The activities and resocialization therapy department now takes patients to the Choate Rosemary Hall pool for recreational swimming.

## 1987

**PLANS TO CONSTRUCT A TRANSITIONAL LIVING CENTER** for traumatically brain injured individuals were reinforced by passage of legislation that provides a system of reimbursement for Medicaid patients. The new TBI facility, the first of its kind in the state, is scheduled for completion in 1988.



“The Dr. Brown Quilt” was a labor of love for retiring medical director Curtland C. Brown, Jr., MD. Employees handcrafted the quilt using patchwork, applique and embroidery. The quilt depicts scenes of Gaylord life, such as the Gaylord tree through the seasons, the Fitness Festival, the hospital Christmas tree, the Gaylord bell and the Brooker Building.



**1988**

**HENRY (SAM) CHAUNCEY JR.** joined the hospital as president and CEO.



Mr. Chauncey’s tenure prepared Gaylord for dramatic changes in the healthcare marketplace.

*Prior to Gaylord, Mr. Chauncey was the president of the Science Park Development Corporation, an urban industrial park which has achieved national prominence for its unique involvement of town, gown and business. Chairman of Gaylord’s Board of Directors, Paul J. Johnsen said,*

*“Gaylord’s Board of Directors feels that Mr. Chauncey is uniquely qualified to preserve to the excellence and reputation of the past while leading Gaylord into the future with all its challenges and opportunities.”*

**1989**

**RONALD T. ROZETT, MD.** was named V.P. and medical director. Dr. Rozett had been an associate clinical professor of medicine at Yale School of Medicine and was formally vice president for clinical affairs at Community Health Care Plan (CHCP), a health maintenance organization headquartered in New Haven. He was considered a pioneer in the development of alternative healthcare delivery systems in the area.



**1989  
BERLIN WALL  
FALLS**

**1989**

**THE LOUIS D. TRAUIG HOUSE, A TRANSITIONAL LIVING FACILITY, GIVEN BY THE TRAUIG FAMILY OF WATERBURY, OPENS.**



The Traurig House provides a homelike reintegration program, where residents who have experienced brain injury and other disabilities relearn independent living skills.

## Trisha Meili: The Central Park Jogger



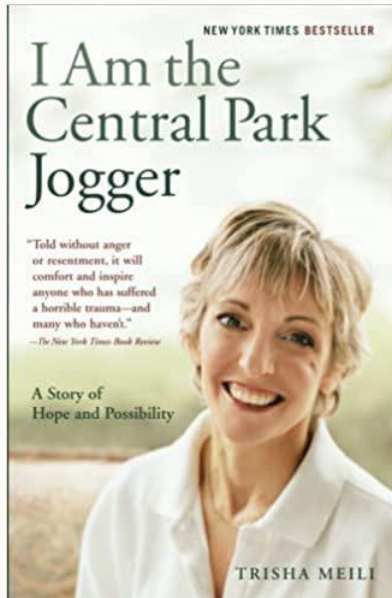
*It was the headline that gripped the nation: In the spring of 1989, an unconscious young woman was discovered in Central Park, sexually assaulted and beaten so savagely that only the soles of her feet remained unbruised. Media dubbed her “The Central Park Jogger,” and the world held its breath, praying that the anonymous woman would survive the enormity of her injuries.*

*Seven weeks later, that woman – 28-year-old Trisha Meili – emerged from a deep coma. The once-avid runner and Wellesley and Yale-educated investment banker could no longer stand or walk, and suffered from severe cognitive and physical impairments from her traumatic brain injury. Her family transferred Trisha to Gaylord Hospital in hopes of the best recovery possible.*

*Trisha’s driven and disciplined nature helped her persevere, yet progress was measured in small steps – buttoning a blouse, tying her shoes. Four months after the attack, Trisha began jogging again on Gaylord’s campus. She credits the support she received from her teams at Gaylord Hospital and the Traurig House Transitional Living Center with her return to her job on Wall Street only eight months later.*

*Today, Trisha is a best-selling author and motivational speaker dedicated to helping others reclaim their life’s potential by sharing her message of hope and possibility. Grateful to the hospital that returned her function, Trisha served as a Gaylord board member from 1996 to 2009.*

*“Gaylord’s caring commitment to the patient clearly creates an environment that allows us to heal,” she said. “The staff recognizes the potential of the human spirit, and with a tireless dedication motivates patients to do more than anyone ever thought possible.”*





**CROCKETT GUEST HOUSE DEDICATED.**

This 1920 vintage prefabricated kit house from Sears and Roebuck was renovated with funds raised by the Gaylord Auxiliary through a giant tag sale. Named for retired administrator and former TB patient Howard Crockett.

**1991**

**LAUNCH OF A CAPITAL CAMPAIGN** to raise \$2.5 million for the new Ambulatory Care Pavilion (Jackson Pavilion)

**1991**

**A FORMAL AGREEMENT WAS SIGNED BETWEEN GAYLORD AND THE YALE UNIVERSITY SCHOOL OF MEDICINE,** establishing a professional affiliation of record.

**1990s**

10-7-1990

**1990**

**THE GAYLORD GOLF CLASSIC TEED OFF AT THE FARMS COUNTRY CLUB** with the help of the Napier Company of Meriden. Proceeds from the event were directed to the hospital's therapeutic recreation department which coordinates adaptive sport programming.

**1990s  
THE INTERNET  
WAS CREATED**

**1992**

**EXPANDING THE TRADITION OF VOLUNTEERISM** established by the Auxiliary, the volunteer ranks of the hospital expanded in 1992 to include additional members of the community. The "Friends of Gaylord" offered people in the community non-traditional volunteer opportunities.

**1992**

**JOSEPH A. LINDENMAYER EMPLOYEE OF THE YEAR AWARD BEGINS.**

Lorna Manners, a certified nursing assistant, was the inaugural winner of the award which was given by the grateful family of a former patient.



Lorna Manners, first Employee of the Year.

**1993**

**GAYLORD DEDICATED THE RICHARD S. JACKSON AMBULATORY CARE PAVILION.**

The \$10.5 million Pavilion was named after long time friend and former editor/publisher for the New Haven Register and Gaylord Director. The centerpiece of the 60,000 square-foot, state-of-the-art facility was the 75 x 25' therapeutic pool with programs to benefit people with a wide range of conditions from arthritis and strokes to chronic pain syndrome and multiple sclerosis. With the opening of the Pavilion, Gaylord has become the region's preeminent center for outpatient rehabilitation. Gaylord now offers more than 45 outpatient services.



**6-13-1993**

**1993**

**THE FIRST NATIONAL CAMPAIGN FUNDRAISING EFFORT IN GAYLORD HISTORY**

ended on June 30, 1993 with a total of 4,383 pledges totaling \$2,775,934

**1993**

**GAYLORD INTRODUCED AN OUTPATIENT GERIATRIC ASSESSMENT AND REHABILITATION SERVICE**

to help older people achieve and maintain the highest possible level of functional independence.

**1994**

**GAYLORD'S CHEMICAL DEPENDENCY PROGRAM**

which offers inpatient day and evening treatment programs began an outpatient detoxification service designed to keep individuals in their home environment during the recovery from use of addictive substances.

**1994**

**MINIMUM WAGE WAS \$4.25**

## 1994

**GAYLORD/YALE-NEW HAVEN REHABILITATION CENTER AT LONG WHARF SERVED 3,700 PEOPLE IN FISCAL YEAR 1994.** This center was known for its highly regarded hand rehabilitation program which treated individuals with carpal tunnel syndrome, fractures, tendon and nerve injuries, lacerations, amputations or disorders such as arthritis, reflex sympathetic dystrophy (RSD), and other repetitive motion diseases. Another niche service was their program for osteoporosis, the bone weakening disease that accounted for 1.3 million fractures each year. It included a home program of exercise, postural awareness and body mechanics and instructed patients in ways to modify daily activities and reduce the risk of future fractures. This location also offered BackSchool; a Flexercise Program for individuals who have completed formal therapy but can continue to attend exercise sessions supervised by a licensed exercise physiologist and nutritional counseling sessions with a Gaylord dietitian.

## 1994

**THE GROWING LONG WHARF LOCATION MOVED TO 1 LONG WHARF DRIVE,** a larger facility that could handle the ongoing growth.



## 1994

**OVER 30 ONGOING RESEARCH STUDIES** to improve the effectiveness of rehabilitation services for people with disabilities in the areas of brain dysfunction, neuromuscular disease, pulmonary rehabilitation, spinal cord injury, and sports medicine were conducted. These projects were undertaken in cooperation with colleagues from other institutions. In 1994 Gaylord staff worked with individuals from Yale University School of Medicine, the University of Connecticut School of Medicine, Hartford Hospital, Dartmouth Hitchcock Medical Center, Cognitive Rehabilitation Services, Columbia University College of Physicians and Surgeons, Quinnipiac College, and Southern Connecticut State University.

## 1994

**GAYLORD OPENED A SATELLITE IN THE JEWISH COMMUNITY CENTER (JCC) IN WOODBRIDGE.** It was staffed by a full-time physical therapist and a senior rehab aide five days a week. It offered primarily orthopedic physical therapy including free athletic screenings for individuals with injuries that seem not to improve over time, or people whose activities are limited because of joint or muscular problems.



## 1994

**PAUL H. JOHNSON SUCCEEDED HENRY "SAM" CHAUNCEY AS GAYLORD'S NEW PRESIDENT AND CEO.**

Johnson, a graduate of Yale University, was a lawyer and former bank president.

## 1995

### **CHEMICAL DEPENDENCY PROGRAM OPENED AS A SEPARATE CORPORATE ENTITY**

called the Gaylord Farms Rehabilitation Center (GFRC). Owned and operated by the Gaylord Farm's Association, the parent company of Gaylord Hospital, GFRC was a nonprofit facility for the treatment of people who were addicted to alcohol or other drugs. The services include residential detoxification and various levels of outpatient care.

## 1995

### **TO ENCOURAGE THE ADVANCEMENT OF REHABILITATION MEDICINE, THE GAYLORD REHABILITATION RESEARCH INSTITUTE (GRII) WAS INTRODUCED AT A SYMPOSIUM**

in the Chauncey Conference Center on December 12, 1995. Initiated by Gaylord with assistance from Board member Michael Bracken, PhD professor of epidemiology and public health at Yale University School of Medicine, the Institute "will focus on rehabilitation research to raise awareness of important rehabilitation and healthcare issues." The Institute provided grants for small research projects and helped facilitate larger grant awards. During its first year the Institute awarded two projects: "A Structural Computerized Link Assessment and Intervention Protocol Targeting Impairment and ADL Disabilities" by Thomas Gill, MD; and "Functional Magnetic Resource Imaging of Motor Function in Patients Recovering from Stroke" by Dana Leifer, MD. Both were assistant professors at Yale School of Medicine.



## 1995

### **JERROLD KAPLAN, MD, NAMED CHIEF MEDICAL OFFICER.**

Aerial view of the Gaylord campus, 1996.



# SPORTS ASSOCIATION GAYLORD HOSPITAL



**1996**

## **THE GAYLORD SPORTS ASSOCIATION**

– the largest adaptive sports program in the state – was created to help people with physical disabilities experience the benefits of adaptive sports and recreation.



**1996**

## **GAYLORD INITIATED THE 9-HOLE GOLF TOURNAMENT, THE GAYLORD HOSPITAL OPEN (GHO) FOR GOLFERS WITH DISABILITIES.**

It was renamed in 2016 as the Ken Murphy Memorial Open (KMMO) in honor of former founder and recreation director Ken Murphy.



Ken Murphy, founder of the Gaylord Sports Association

**1996**

## **GAYLORD BEGAN ITS SPONSORSHIP OF THE CONNECTICUT JAMMERS, THE STATE'S ONLY QUAD RUGBY TEAM.**

Quad rugby, a wheelchair sport for people with quadriplegia has an active network of teams along the East Coast. The 1996 Paralympics in Atlanta presented quad rugby as a competitive sport for the first time. Gaylord's 1995–96 team advanced to the section finals, finishing the season in fifth place and just missing a spot to go to the nationals.



## 1996

**GAYLORD'S CONTINUUM OF CARE WAS ENHANCED BY THE EXPANDED LEVEL OF CARE (ELC) AND THE EARLY RECOVERY PROGRAM FOR BRAIN INJURY.** The program consisted of comprehensive, outcome-oriented, inpatient functional restoration services for the person who has had an acute illness, injury or exacerbation of a chronic illness. ELC has provided a valuable treatment niche for these patients, as they no longer need the services of an acute care hospital but still require on-site physician attention and restorative rehabilitation.

## 1996

**THE EMILY HALL TREMAINE LIBRARY AND RESOURCE CENTER ON THE GROUND FLOOR OF THE JACKSON PAVILION OPENED** in November thanks to a \$250,000 grant from the Emily Hall Tremaine Foundation of Meriden. In addition to the medical and science collection, the Tremaine Center incorporated the patient recreation reading collection, provided by the Auxiliary, and featured a new collection of patient information materials. The Center offered online and CD-ROM information and offered two alcove areas to provide access to video instructions on topics related to disabilities and rehabilitation medicine. The atrium leading to the library was also expanded as a reading area to serve patients and visitors. Volunteers assist staff and the public in accessing information in the center.



## 1996

**THE SPINAL CORD INJURY PROGRAM INTRODUCED AN UPDATE OF THE STIMMASTER – STATE-OF-THE-ART TECHNOLOGY FOR BICYCLING USING FUNCTIONAL ELECTRICAL STIMULATION (FES)** – which was popularized by actor Christopher Reeve during his interview with media personality Barbara Walters after his paralysis resulting from a fall from a horse. This bicycle helps people with spinal cord injuries to improve muscle tone and cardiovascular endurance.



## 1997

### **THE MEDICAL REHABILITATION DIVISION FORMALIZED THE CANCER REHABILITATION PROGRAM.**

The program - for hospital patients not quite ready to return home and for those still receiving outpatient treatment - provides people with a means to improve function and wellness within the limits imposed by their illness. Gaylord unveiled the program to referral sources at an open house on October 30.

## 1997

### **GAYLORD ENTERED INTO AN AGREEMENT WITH THE WALLINGFORD GIRLS SOFTBALL LEAGUE (WGSL) TO UTILIZE ITS LAND FOR FIELDS.**

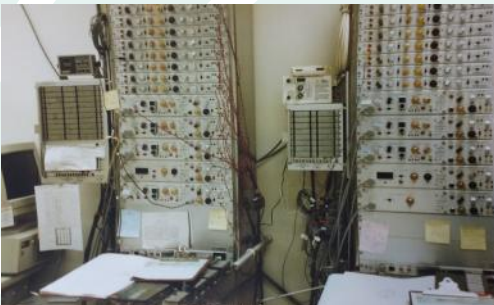
Membership in the local girl's softball league hit record highs leaving the town with a shortage of playing fields and competition for game time with the boys and adult leagues. The agreement, made in October 1997, allows the league to use the land for five years. With enough land to construct five to nine ball fields, the WGSL finally found a home at Gaylord. Field construction began in the spring and was continuing with fundraising activities. In 2022, the WGSL continues to play on the "The Gaylord Fields."

## 1997

**THE ACQUIRED BRAIN INJURY DIVISION RECEIVED ACCOLADES** for innovative programing when the Neurobehavioral Program was the first in CT to address the specific needs of people with brain injury experiencing agitation and confusion.

## 1997

**DIANA, PRINCESS OF WALES DIES IN CAR CRASH**



Equipment used in the sleep medicine labs.

## 1998

### **THE NEUROBEHAVIORAL PROGRAM RECEIVED THE CONNECTICUT INNOVATION PRIZE,**

the entry-level award of the CT Quality Improvement Award. The program's success was measured by a decrease in patients' length of stay and increase in discharges to the community.

## 1998

### **THE ANNUAL WOMEN WITH DISABILITIES CONFERENCE FEATURED JUDY PANKO REIS**

and provided women with disabilities networking opportunities and community resources for their personal journey towards empowerment.

## 1998

**PETER SWET, AN AWARD-WINNING AUTHOR AND PLAYWRIGHT, RETURNED TO GAYLORD** in June to recount his days as an inpatient recovering from a massive stroke and to autograph copies of his new release, *Cracking Up: Nice Day for a Brain Hemorrhage*. A Connecticut resident, Swet advised current patients with brain injuries to keep their sense of humor.



## 1998



**CAROL WALLACE IS NAMED FIRST FEMALE CHAIRMAN OF THE BOARD OF DIRECTORS.** Carol's mother, Charlotte Wallace, had been an active member of the Gaylord Auxiliary for decades and Carol herself had been a "Candy Striper" (junior volunteer). She was CEO of Cooper Instruments in Middlefield.

## 1998

**CAROLYN ROCHESTER, MD MEDICAL DIRECTOR OF THE REHABILITATION DIVISION AND ASSISTANT PROFESSOR OF PULMONARY MEDICINE AT THE YALE UNIVERSITY SCHOOL OF MEDICINE PARTICIPATED IN AN INTERNATIONAL RESEARCH PROJECT,** "Quality of Life and Survival of Patients Affected by Chronic Respiratory Failure."

## 1998

**THE SEARCH ENGINE GOOGLE IS FOUNDED**

## 1998

**COLLABORATING WITH THE WALLINGFORD YMCA, GAYLORD TRANSFORMED THE LIROT HOUSE INTO THE EARLY LEARNING CHILDCARE CENTER.** Under the direction of the YMCA, the preschool program accommodated children ages one through five. This program joins Little Tykes Infant Center which cared for up to 12 infants from eight weeks to 12 months old. On-campus childcare provided a much-needed service to staff.



Lirot House, located behind the tennis courts.

## 1998

**MULTIPLE SCLEROSIS CONFERENCE AND PARENTING WITH DISABILITIES CONFERENCE HELD ON CAMPUS.**

**1999**

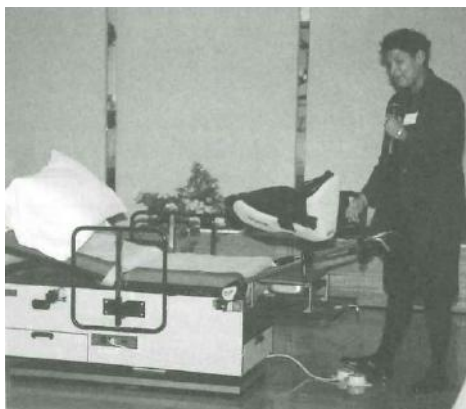
**GAYLORD RESPONDED TO THE NEED FOR REPRODUCTIVE HEALTH SERVICES AMONG WOMEN WITH DISABILITIES**

and began to offer women's gynecological health services at the hospital's Wallingford campus thanks to the acquisition of an adaptive gynecological table.

**1999**

**GAYLORD BEGAN AN \$11.7 MILLION DOLLAR RENOVATION FOR ITS WALLINGFORD CAMPUS.**

75% of the project was for upgrades of mechanical, electrical and plumbing systems in the Lyman and Hooker patient units.



**1999**

**THE SPINAL CORD INJURY PROGRAM RECEIVED THE QUIGLEY AWARD**

from the New England Health Care Assembly for projects conducted with the National Spinal Cord Injury Association- CT Chapter to provide peer support for patients with spinal cord injuries while decreasing length of stay.



Gaylord instituted an Intrathecal Baclofen Pump program in the mid-1990s for people with spasticity and spinal cord injury.

## Disability Changed Her Practice, Not Her Heart

### *Dr. Anna Tirado, Champion for Improving Women's Access to Care*



*The only forms of payment that Anna Tirado, MD, has ever accepted for her work as Director of the Gaylord Gynecological Clinic for Women with Disabilities are the hugs and thanks issued from the hundreds of grateful patients she has served.*

Since establishing the clinic in 1999, to her retirement in April 2022, Dr. Tirado has donated every paycheck earned at Gaylord back to the organization that gave her a “second chance” at returning to the profession she loved.

Dr. Tirado was diagnosed with leukemia as an adult. The aggressive treatment that saved her life left her with a significant – and permanent – disability that threatened to end her career. As a Gaylord outpatient, she spent months rebuilding her strength and adapting to her new normal. Dr. David Rosenblum, director of Gaylord’s spinal cord injury program, asked for her assistance in developing and staffing a new, in-house gynecology clinic for women with disabilities. Resolved to find something to add to her practice to “counterbalance what was taken away,” Dr. Tirado agreed.

“I have been witness to the care of women with spinal cord injuries in standard gynecologist offices that required up to five people in the exam room,” she said. “It becomes a circus-like atmosphere, and the obstacles often render it not worth the effort for these women to seek regular care. The idea was to try something different, and offer patients the relief of knowing that they’re seeing people who are knowledgeable about their specific needs.”

Under her direction, the clinic was outfitted with custom equipment to safely accommodate women of any level of disability, with Dr. Tirado spending up to an hour and a half with her most complex patients. In 2019, The Connecticut Hospital Association honored Dr. Tirado’s extraordinary efforts by presenting her with the Healthcare Hero Award and Connecticut’s Hospital Community Service Award.

“For years, women have relied on her for care that is not readily available elsewhere in Connecticut,” said Stephen Holland, MD, chief medical officer. “The community benefit of this program has been immeasurable, and Dr. Tirado has been a continuous advocate for improving women’s access to care.”

**1999**

**DR. CARLOS FRAGOSO IS MEDICAL DIRECTOR OF GAYLORD SLEEP SERVICES.** During the 1998-99 fiscal year, Gaylord opened sleep service satellites in Fairfield and West Hartford adding to the existing Wallingford and New Haven locations. The satellites were part of a strategic plan to make access to sleep services more readily accessible to people throughout the state. Gaylord implemented an insomnia treatment program that year. The treatment was based on behavior modification, not sleeping pills and included a follow up system of phone calls to check on progress. That year a sleep apnea support group was also formed.

**1999**

**TRAURIG HOUSE BEGINS OPERATING AS A SEPARATE CORPORATE ENTITY,** Gaylord Farms Rehabilitation Center (GFRC) on June 1, 1999. GFRC is owned by the Gaylord Farms Association, the parent company of Gaylord Hospital. The change in corporate status was made so that Gaylord could be reimbursed by the Department of Social Services (DSS) for outpatient services provided to residents. It resulted in few changes for the hospital. Traurig also became licensed as a residential care home through the Department of Public Health (DPH).



Gaylord Sleep Services staff and equipment.

**1999**

**GAYLORD ENTICES THE CONNECTICUT SPOKEBENDERS WHEELCHAIR TENNIS TEAM TO JOIN THE HOSPITAL'S SPORTS ASSOCIATION.** The tennis program was recognized with the opening and dedication of the Cecilia Flagg tennis courts in June 1999. The team is now the Gaylord Hornets wheelchair tennis team.

**1999**

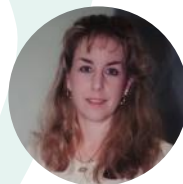
**SPINAL CORD INJURY DIVISION HOSTED MOBILITY FOR THE 21ST-CENTURY: ADVANCES IN RESEARCH, MEDICINE AND THERAPY ON JUNE 10.** The conference featured the Miami Project's Naomi Kleitman, PhD, who highlighted progress in spinal cord injury research. She also participated with Dr. David Rosenblum in a chat room discussion of current spinal cord injury research and Gaylord's website which was launched in the spring.

**1999**

**GAYLORD WELCOMED DEBORAH POLLOCK, MD AS DIRECTOR OF GAYLORD SLEEP SERVICES.** Working with Medical Director Carlos Frogosa, MD., Dr. Pollock brought with her strong background in sleep medicine, pulmonary medicine and critical care.

**1999**

**COST OF A GALLON OF GAS WAS \$1.22**



Deborah Pollack, MD, Director of Gaylord Sleep Services, 1999.

## 1999

**BARIATRIC PROGRAM BEGAN IN RESPONSE TO THE INCREASED NUMBER OF EXTREMELY OVERWEIGHT PATIENTS.** While most of these patients had respiratory disorders, their unique health issues alerted Gaylord to the need for appropriate equipment and training to create a bariatric program. Designed to treat patients with respect and dignity, the program uses proper equipment such as wheelchairs, lifts and beds to make patients as comfortable as possible. The program is supplemented by a nutritional component that is directed by a registered dietitian. Support services such as outpatient nutritional assessment and Flexercise are offered after discharge.

## 1999

**AS PART OF A NATIONAL EMPHYSEMA TREATMENT TRIAL** evaluating the efficacy of lung volume reduction surgery, Gaylord was selected as a satellite rehabilitation center by Columbia Presbyterian Medical Center. The trial compared the surgery to standard medical therapy in the treatment of advanced emphysema. The procedure involved the removal of the most diseased portions of each lung. This led to improved function of respiratory muscles and remaining portions of lung, which can translate into improved exercise performance, reduced oxygen requirements and better quality of life.

## 1999

**THANKS TO A ONE-YEAR GRANT FROM THE BUREAU OF REHABILITATION SERVICES,** Gaylord and Kuhn Employment Opportunities, Inc., began offering people with spinal cord injuries in greater New Haven the chance to enter or re-enter the workforce. Project Jumpstart enabled people with spinal cord injury to shadow a full-time employee of a New Haven area business for three months. Transportation was provided. The project provided people with the opportunity to explore career options and ways that employers can make the job site more accessible to people with disabilities.

“Long term unemployment is a real problem with people with spinal cord injury. When someone becomes disabled, they have the best chance of working if they go back to work within six months of their injury - usually to his or her old job” said Louise Duwell, vocational coordinator for Kuhn at Gaylord. “With spinal cord injury, the rehabilitation process often takes much longer than that, and it may be impossible to return to a former job. The program is aimed at people who still are unemployed after two years or more post injury. In addition, their benefit will not be affected by taking part in this project.”

**2001**

**JAMES J. CULLEN** joined the hospital as president and CEO.



*Cullen, a former auditor with Peat, Marwick, Mitchell & Co., began specializing in the financial operations of health care institutions in the 1970s. His first client was Gaylord. Cullen joined the Hospital of Saint Raphael in 1982 as its Chief Financial Officer. He was President and CEO of Saint Raphael Hospital and President and COO of the expanded Saint Raphael Healthcare System from 1991 to 1998. He left in 1999 to join the Denver-based Catholic Health Initiatives System of 70 hospitals and became President and CEO of its Saint Joseph Medical Center in the Baltimore suburb of Towson, Maryland. But as the nationwide chain began to exert increasing control over his 492-bed institution, the 54-year-old Cullen began to look for something else. Mr. Cullen retired on November 11, 2011.*



**2001**  
**TERRORIST**  
**ATTACK ON**  
**AMERICA**

**2001**  
**APPLE IPOD**  
**DEBUTS**

**2002**  
**PLANS WERE**  
**DEVELOPED FOR A**  
**GAYLORD SPONSORED**  
**HEALTH AND WELLNESS**  
**CENTER**

that blends medical fitness and specialized programming for fitness enthusiasts as well as people who need assistance in regaining fitness and good health.

**2002**

**AUXILIARY BELL REFURNISHED AND REDEDICATED AS PART OF GAYLORD'S CENTENNIAL CELEBRATION.** It now occupies a place of pride in the lobby of the Jackson Pavilion.



**2003**

**GAYLORD RECEIVED A \$49,569 GRANT FROM THE CONNECTICUT HEALTH AND EDUCATIONAL FACILITIES AUTHORITY (CHEFA)** to purchase a new van for its Therapeutic Recreation department's Community Reintegration Program.

**2003**

**LAUNCH OF EMPLOYEE GIVING PROGRAM.** Today it is one of the most successful programs of any hospital in the state.



**2005**

**GAYLORD PHYSICAL THERAPY OF NORTH HAVEN OPENS ITS DOORS,** forming a partnership with Healthtrax Fitness.

**2005**

**SLEEP MEDICINE EXPANDED ITS PROGRAM.** The three-bed lab in Fairfield moved to a new six-bed lab at the Trumbull Marriott. The setting provided all the amenities of a first-class hotel with state-of-the-art sleep medicine. Sleep medicine also combined Wallingford and Long Wharf sites into an expanded 12-bed sleep center at the Gaylord Wellness Center. This move positioned Gaylord Sleep Medicine as the largest sleep provider in the state of CT.

**2005**

**DUE TO HIGH DEMAND, THE GAYLORD BOARD OF DIRECTORS AUTHORIZED THE EXPANSION OF THE WALLINGFORD CAMPUS.** A new wing of 36 inpatient rooms and renovation of the Luscomb therapy building would take place. The Development office conducted a capital campaign to secure a portion of the funding through philanthropy.

**2004**

**FIRST WOLFPACK TIP-A-PLAYER EVENT**

to support Gaylord was held on February 23 at Coach's Bar & Grille in Hartford. Over 300 people attended the two seatings, which netted over \$22,000 for the Sports Association. WolfPack ice hockey players waited tables, took tips for service, signed autographs and tee shirts and posed for photos. The evening included raffles and a silent auction.



**2004**

**BEQUESTS FROM THE ESTATES OF GERTRUDE AND ROSE TRAURIG, AS WELL AS DONOR AND EMPLOYEE GIFTS, HELPED FUND THE TRANSFORMATION OF THE JACKSON INNER COURTYARD INTO A TRANQUIL JAPANESE GARDEN.**

The ribbon cutting ceremony was held with President and CEO Jim Cullen and donor Josephine Gierer.

*Jim Cullen, president and CEO and Tara Knapp, director of development, received a check on the ice at the Hartford Civic Center on March 31, 2004 from Ken Gernander, Captain of the Hartford WolfPack.*

## 2007



### **THE CAMPAIGN FOR GAYLORD HOSPITAL WAS LAUNCHED**

with a goal of raising \$5M towards the \$22M capital effort to construct a new two-story, 36-bed inpatient pavilion, and renovate the Luscomb gym and radiology suite. A \$1 million dollar donation made by George

and Carol Milne gave Gaylord the confidence to begin construction. The groundbreaking began on July 5, 2007 with a cornerstone laying ceremony on September 27, 2007 by the Masons from Masonicare. The Campaign raised \$6 million from donors and friends and was the largest amount raised to-date.



## 2008

### **REHAB SPECIALIST COURSE RELAUNCHED AFTER AN EIGHT-YEAR HIATUS.**

This course offers a comprehensive review of neuroanatomy and the rehabilitative process related to spinal cord injury. Gaylord clinical specialists and guest speakers present on their area of expertise through lectures.

## 2008

**AN ULTRASOUND MACHINE WAS ADDED** as part of the Radiology Suite expansion and upgrade during the Campaign for Gaylord Hospital.

## 2008

**TRAURIG HOUSE 20TH ANNIVERSARY PICNIC WAS HELD.**

## 2007

**PLAN TO EXPAND GAYLORD'S FOOTPRINT AT HEALTHTRAX**

## 2007

**FORMAL AFFILIATION WITH THINKFIRST** - a national injury prevention program.

**ThinkFirst**  
National Injury Prevention Foundation

## 2008

**GAYLORD ACQUIRED THE MYOMO e100**

NeuroRobotic™ System which is a new FDA-cleared device which stands for My Own Motion. This wearable, portable, lightweight device is designed to provide exercise-facilitating power assistance that is controlled by a patient using their own electrical muscle activity. Initially indicated for stroke patients with upper extremity hemiparesis, the system is built to reinforce normal movement patterns in persons who suffer loss of voluntary movement or severe muscle weakness.





**2008**  
**MILNE PAVILION OPENS ON DECEMBER 5 WITH A RIBBON CUTTING**



# 2010s

**2010**  
**HMG HOSPITAL GROUP** begins providing hospitalist services to Gaylord inpatients.

**2010**  
**MEDICALLY COMPLEX EDUCATION SERIES STARTS.**  
Gaylord clinical experts present on their key areas of expertise.

**2010**  
**NEW CEILING LIFTS INSTALLED IN POOL AND WHEELCHAIR CLINIC** making it easier to safely transfer patients while reducing employee injuries.



**2011**  
**GEORGE KYRIACOU IS APPOINTED PRESIDENT AND CEO.** Within his first year, Kyriacou makes Gaylord Specialty Healthcare profitable and brings a state-of-the-art approach to delivering care, measuring care and achieving clinical and operational results.



President & CEO, George Kyriacou

## 2012

**STEVE HOLLAND, MD  
JOINS GAYLORD AS CHIEF  
MEDICAL OFFICER.**



*Dr. Stephen Holland named Chief Medical Officer. He previously served as vice president and chief medical officer at Saint Mary's Health System in Waterbury and brought 20 years of medical leadership*

## 2012

**GAYLORD RECEIVES A  
\$75,000 GRANT FROM  
CHEFA**

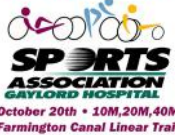
*to purchase three sophisticated portable ventilators to get many of our patients on ventilators up and ambulating - this will contribute to better outcomes, faster weaning and fewer complications.*

## 2012

**GAYLORD SPORTS  
ASSOCIATION PLAYS  
EXHIBITING MATCH AT  
NEW HAVEN OPEN.**

*experience to Gaylord. A native of the Greater Waterbury area, Holland earned his medical degrees from the Universidad del Noreste, Mexico, and the University of Maryland Medical School. His residency was in internal medicine at Saint Mary's Hospital, where he served as chief resident. Board certified in internal medicine and emergency medicine, he is a fellow of the American College of Emergency Physicians as well as the American Professional Wound Care Association. Holland is a clinical adjunct assistant professor in the School of Health Sciences at Quinnipiac and is a clinical instructor at the University of Connecticut Medical School in the Department of Medicine as well as the Department of Traumatology and Emergency Medicine. Given his experience in emergency medicine, Holland has consulted for the U.S. Department of Energy and the Office of Polar Programs division of the National Science Foundation (NSF).*

### 2012 CYCLING TOUR



## 2012

**ON OCTOBER 20TH, CYCLISTS GATHERED IN SIMSBURY ON THE FARMINGTON CANAL LINEAR TRAIL FOR THE INAUGURAL GAYLORD BIKE TOUR.**

*The event was organized by a former patient, Colleen Kelly Alexander, who had been run over by a freight truck. The effort raised \$12,469, which was used to purchase recumbent bikes and accessories for the Sports Association. The event was held again in 2013 and 2014, raising an additional \$26,000 for the adaptive sports program.*

*Lifelong athlete Colleen was biking home when a delivery truck ran a stop sign and crushed the 42-year-old beneath its wheels, splitting open her abdomen, cracking her pelvis in two, tearing her femoral artery, and causing extensive degloving injuries. Colleen flat-lined twice and required 30 surgeries during her recovery.*



*She came to Gaylord Specialty Healthcare where she spent months healing from complex wounds and to begin therapy. Eight months after leaving Gaylord, Colleen "ran" a half marathon, using a walker and hooked up to a colostomy bag. She now runs in marathons across the country and presents her race medals to everyday heroes in the community, including many of the staff who restored her function at Gaylord.*



*Colleen authored this book about her experiences.*

## 2012

**\$323,000 GRANT RECEIVED FROM CT CLEAN ENERGY FUND (CCEF) FOR SOLAR PANEL PROJECT.** The installation of solar panels on the roofs will allow Gaylord to use solar energy to heat water.



## 2012

**THE EKSO® ROBOTIC EXOSKELETON,** which enables people with lower extremity paralysis to stand and walk, was purchased through a charitable donation, making it the 17th facility in the world to use this remarkable machine. Mike Loura of Darien, CT becomes the first Gaylord patient to walk in the machine on October 8, 2012. Mike was paralyzed when he was hit by a car while riding his bike as he trained for an Iron Man race. Gaylord becomes a top site worldwide for number of steps in the Ekso.



## 2013

**SPORTS ASSOCIATION ATTAINS BRONZE LEVEL FOR PARALYMPIC SPORT CLUB DEVELOPMENT PROGRAM.**



**BRONZE MEDAL**  
PARALYMPIC SPORT CLUB  
EXCELLENCE PROGRAM

## 2013

**THE RECOGNIZE A STAR WALL WAS CREATED.** Grateful patients, family members, friend and employees purchase a star to recognize staff or departments which are printed on a star and installed on the wall in a highly visible area for all to see. In 2021, the wall was moved to the Luscomb corridor and a semi-annual reception reuniting grateful patients and their caregivers was added.



## 2013

**GAYLORD LAUNCHES THE GAYLORD CENTER FOR CONCUSSION CARE.** The Gaylord Center for Concussion Care is formally launched providing a comprehensive program for both teens and adults. Drawing upon Gaylord's long and successful history of treating brain injuries, the collaborative center consists of psychiatrists, neuropsychologists, therapists and other specialists with advanced training in neurological disorders to maximize recovery. Gaylord's expertise allows for a comprehensive plan to maximize a person's return to their previous activities including work, sports and other leisure activities.



the injured patient a voice in their recovery and opportunity to connect with family and friends.

## 2013

**GAYLORD NAMED A CENTER OF EXCELLENCE FOR THE PASSY-MUIR VALVE** which is a device that allows a patient with a tracheostomy to speak thus giving



## 2014

### **GAYLORD TRIALS NEW TECHNOLOGY FOR LANGUAGE INTERPRETATION - MARTTI**

which stands for My Accessible Real-Time Trusted Interpreter. It is a unique tool to provide interpretation services for patients who have limited or no proficiency in English or who are hearing impaired. By providing one-touch access to specially trained medical interpreters, patients can understand what clinicians are saying and assure them that they are being understood by their caretakers. This, in turn, develops greater trust and confidence in the patient/caretaker relationship. Gaylord went on to purchase the system. In 2019 the organization switches from MARTTI to the Stratus system to achieve the same goals.



## 2014

**THE 25TH ANNUAL GOLF CLASSIC** was held on June 2, 2014 at the Farms Country Club. Over 25 years, this annual event has raised over \$1 million for the Sports Association.

## 2014

**THE 10TH AND FINAL WOLFPACK TIP-A-PLAYER DINNER AND SPORTS CARNIVAL** was held at the XL Center in downtown Hartford to benefit the Gaylord Sports Association. This yearly event paired the Hartford WolfPack ice hockey team with Gaylord and local Hartford restaurants to bring a fun night complete with dinner, raffles and kid-friendly activities to benefit Gaylord's adaptive sports program. Over its 10-year run, the event raised over \$391,000.



## 2014

**THE FIRST ANNUAL GAYLORD GAUNTLET 5K OBSTACLE RACE** was held on June 28, 2014. Conceived of by Chief Medical Officer Stephen Holland, MD, and coordinated entirely by staff, this event leveraged Gaylord's natural resources to challenge almost 400 runners - both able bodied and disabled - to 22 man-made and natural obstacles that included fire, water and mud. The event netted over \$40,000 to help support the activities of the Sports Association. The race continues today and attracts over 1,000 runners annually.



## 2014

**GAYLORD RECEIVES A \$75,000 GRANT FROM CHEFA** for a bedside medication verification system (BMV). The goal is to create “error-free rooms” by minimizing any room for human error. This system directly addresses patient identification, dosing, memory slips and lapses, and assures consistency of medication dispensing regardless of room, time of day or staff changes.

## 2014

**GAYLORD FORMS FIVE-YEAR CLINICAL AFFILIATION WITH QUINNIPIAC UNIVERSITY SCHOOL OF MEDICINE.**

## 2014

**SPORTS ASSOCIATION AWARDED THE VETERAN’S HUMANITARIUM AWARD** by the Quinnipiac Chamber of Commerce.

## 2015

**THE GAYLORD WOLFPACK, CONNECTICUT’S ONLY SLED HOCKEY TEAM,** became an official program of the Gaylord Sports Association. The team was originally started in 2003 by Chariots of Hope.



## 2014

**GAYLORD HOSTS PROM FOR TEENAGE PATIENT WITH CYSTIC FIBROSIS.**



## 2015

**GALYA,** a sweet and highly trained yellow lab, joined Gaylord as a full-time working facility dog.



# Jillian Harpin



*Jillian Harpin is on a life-long mission to “think possible” and “try as many different impossible tasks people wouldn’t expect to see from someone in a wheelchair.”*

*In 2016, the then-23-year-old was vacationing with friends in Mexico. She propped herself onto the railing of her hotel balcony to take a phone call and slipped backwards, falling three stories to the ground. She was told that she would never walk again.*

*“There was a lot of uncertainty,” Jillian recalled. “I was scared that I’d never drive a car, have a relationship, or feel the crunch of leaves under my feet.”*

*Jillian was flown to Connecticut and admitted to Gaylord Hospital. Among everything that Gaylord offered, one program - a wearable exoskeleton that would let her stand and walk - particularly piqued her interest.*

*Jillian logged thousands of steps in the EKSO suit through Gaylord’s corridors. The physical benefits are many, but for Jillian, the greatest benefit was face-to-face conversations with friends, an experience she called “liberating.”*

*She credits Gaylord with helping her gain the physical strength and confidence needed to crush her goals. While still an inpatient, Jillian’s physical therapist encouraged her to participate in the Gaylord Gauntlet 5K.*

*Though skeptical – “I couldn’t even put my pants on myself!” – Jillian accepted the challenge and conquered the 2018 race, a feat she repeated in 2022 against friend and fellow Gaylord graduate Jay Ross.*

*Despite never having considered herself athletic before, the Gaylord Sports Association imbued Jillian with a love for adaptive sports from waterskiing and rock climbing to monoskiing and archery. She even placed among top-ranking adaptive athletes in the 2022 International CrossFit Games.*



*“It’s crazy to think that in such a short time, I’ve gone from my normal life ... to the lowest point ... to back to where I was before, if not better!”*

## 2016

### DEDICATED ADOLESCENT SUITES FOR SPINAL CORD INJURED PATIENTS UNVEILED

featuring all-private patient rooms with an adjoining, free-of-charge parent/family room. The rooms are connected via private bathrooms for each and a shared shower for the suite. Each family suite has a mini fridge, convertible couch/bed combo and available laundry pick-up and delivery service. A newly created teen-friendly space called “the Loft” is also created giving teens a place they can call their own.



## 2016

### SPORTS ASSOCIATION RECEIVED “CHOICES OF THE HEART” AWARD

from CT Concerned Citizens for People with Disabilities

## 2016

### GAYLORD PHYSICAL THERAPY, ORTHOPEDICS & SPORTS MEDICINE EXPANDS TO CHESHIRE.



## 2016

### HARTFORD BUSINESS JOURNAL NAMES DR. DAVID S. ROSENBLUM AND HEATHER HANCORT, RN WITH FACILITY DOG GALYA AS 2016 HEALTHCARE HEROES.



## 2016

### TARA KNAPP, VP OF DEVELOPMENT, PUBLIC RELATIONS & MARKETING,

was awarded the Hartford Business Journal Women in Business Award and was named Woman of the Year by Quinnipiac Chamber of Commerce.



Pictures of the the Traurig House renovations (kitchen and living room).

## 2016

**GAYLORD PHYSICAL THERAPY ORTHOPEDICS AND SPORTS MEDICINE IN NORTH HAVEN OPENS ITS NEW, EXPANDED SPACE.**

## 2016

**WITH THE COMBINATION OF AN ANONYMOUS DONOR AND THE COMMUNITY, \$100,000 WAS RAISED TO RENOVATE THE TRAURIG HOUSE.** The house is lighter, brighter and more functional for its residents (pictures on the right).



## 2016

**THE BRAND NEW CARF-ACCREDITED COMPLEX STROKE UNIT OPENS ON HOOKER 1** outfitted with a state-of-the-art telemetry system. The unit is dedicated to the unique medical needs of the hospital's most fragile stroke patients.



## 2017

**ADOLESCENT SCI UNIT HONORED WITH GREATER NEW HAVEN CHAMBER HEALTH CARE AWARD.**

## 2017

**STEVE HOLLAND RECEIVED HEALTH CARE HERO AWARD FROM HARTFORD BUSINESS JOURNAL.** Dr. Holland created the 'Dashboard' system to improve patient care, quality and safety.

2017

#METOO MOVEMENT



## 2017

### **THE ALTER G® TREADMILL WAS PURCHASED FOR PATIENT USE.**

Developed by NASA, the Alter G uses unique unweighting with air pressure, which comfortably lifts the user and allows them to walk or run at a fraction of their body weight.



## 2018

### **IN DECEMBER OF 2018, THE MORALEE GUEST COTTAGES OPENED.**

These cottages are offered to families traveling long distances to visit their loved ones. A ribbon-cutting ceremony was held on 11/27/18 with lead donors Linda Morasutti, RN and her husband Robert Lee and other contributors. The four-suite cottage expands on-campus housing significantly for the growing out-of-state patient population.

## 2017

### **THE ZERO G® GAIT AND BALANCE SYSTEM WAS PURCHASED AND INSTALLED IN THE WALLINGFORD INPATIENT GYM.**

This device is mounted to an overhead track and protects patients from falls while providing dynamic body-weight support as patients practice walking, balance tasks, sit-to stand maneuvers and even stairs.



## 2018

### **GEORGE KYRIACOU AWARDED HARTFORD BUSINESS JOURNAL HEALTHCARE HERO AWARD.**

Kyriacou is recognized for ushering in one of the most innovative and dynamic eras in the history of Gaylord.





## 2019

**GAYLORD ACQUIRES THE KINESIQ®**, the first balance, gait and orthopedic exercise equipment dedicated to physical and neurological rehabilitation. The machine helps patients develop core strength, balance, and coordination, but in a way that feels intuitive. Some examples are: walking in Paris, riding a bus, navigating a crowd in Times Square, steering a gondola in Venice, and more. Contributions to Gaylord's S.T.A.R.T (Specialized Technologies Assisting Rehabilitation Today) Fund made this purchase possible.



## 2019

**HISTORIC \$5M GIFT SECURED FROM DR. PETER BUCK, CO-FOUNDER OF SUBWAY** during the Think Possible Campaign directed towards renovations of the Lyman and Hooker patient units.

## 2019

**PATIENT UNIT RENOVATIONS BEGIN ON LYMAN 1**



Architect rendering of the Lyman 2 Nurse Station

## 2019

**CT HOSPITAL ASSOCIATION RECOGNIZES GAYLORD WITH THE 2019 CONNECTICUT'S HOSPITAL COMMUNITY SERVICE AWARD, HONORING DR. ANNA TIRADO** for her work in the gynecological clinic at Gaylord for women with disabilities.





## 2019

**FIRST DAISY AWARD** given to Jaime Wortman, RN, a staff nurse on Lyman 1.



*The DAISY Award is a renowned nursing recognition program created by the family of J. Patrick Barnes. Patrick died in 1999 from the autoimmune disease Idiopathic Thrombocytopenia Purpura at the young age of 33. His family was so overwhelmed by the care and compassion Patrick received from his nurses during his eight-week hospitalization that they wanted to create a recognition award program just for RNs. DAISY stands for Diseases Attacking the Immune SYstem and today there are over 3,200 healthcare facilities throughout the US and 18 other countries that celebrate the award.*

## 2019

### **SONJA A. LABARBERA NAMED WOMAN OF THE YEAR**

by Quinnipiac Chamber of Commerce.



**2020  
COVID-19 PANDEMIC  
BREAKS OUT**

## 2019

### **KATIE JOLY, GAYLORD SPORTS ASSOCIATION PROGRAM MANAGER, IS RECOGNIZED AS A HARTFORD BUSINESS JOURNAL HEALTHCARE HERO**

for her work to expand and elevate the state's largest adaptive sports program.





Inpatient therapists wearing PPE during the height of the COVID-19 pandemic.

## 2020

**IN RESPONSE TO THE COVID-19 PANDEMIC AND CLOSING OF GAYLORD'S OUTPATIENT MEDICAL AND THERAPY SERVICES, THE ORGANIZATION QUICKLY INSTITUTES TELEMEDICINE VISITS** as a way for outpatients to safely continue to receive the vital services they need.



# 2020

## 2020

**GAYLORD ADMITS ITS FIRST COVID-19 PATIENT, JAY BIALKOWSKI.**

## 2020

**VIC GARA, THE FIRST COVID-19 PATIENT TO BE DISCHARGED FROM GAYLORD,** leaves the hospital among much fanfare and press coverage.

This begins a year-long tradition of "COVID send-offs" for patients where staff gather to congratulate and cheer discharged COVID patients as they reunite with their families.



## 2020

**PONIES AND CHILDREN FROM PEMBROKE HILL EQUESTRIAN CENTER LED A MEMORIAL DAY "PONY PARADE"** around campus for patients watching from inside the hospital during the COVID pandemic.





**2020**  
**THE FIRST ANNUAL PHIL AWARD** is presented to Ryan Wanat, BS, RRT.



*The PHIL Award (Pulmonary Health and Illnesses of the Lungs) was established by The FACES Foundation to recognize outstanding respiratory therapists who provide care and treatment for patients with respiratory illnesses. Sharman Lamka established The PHIL Award as part of The FACES Foundation after her husband, Philip C. Lamka, passed away from an Interstitial Lung Disease (ILD). Sharman wanted to establish a way of acknowledging the valuable role that respiratory therapists play in the lives of patients with life-threatening pulmonary illnesses.*

**2020**  
**GAYLORD STAFF ARRANGED THE FIRST OF 1,086 WINDOW VISITS** as a safe way for families to see their loved ones during COVID visitor restrictions.



**2020**  
**GAYLORD PHYSICAL THERAPY OF CROMWELL OPENS** its doors despite the ongoing pandemic.



**2020**  
**THE FIRST PATIENT CARE TECHNICIAN (PCT) AWARDS**

were given to Ewa Gryzmala, Barbara Janicki, James Greene, and Beverly Teixeira.



Ewa Gryzmala



Barbara Janicki



James Greene



Beverly Teixeira

**2020**

**PULMONOLOGIST DR. MEGAN PANICO, MEDICAL DIRECTOR AND CRITICAL CARE SPECIALIST, RECEIVED THE HARTFORD BUSINESS JOURNAL'S HEALTHCARE HERO AWARD.** Panico, a former Gaylord patient, was recognized for her leadership role during COVID.



**2020**

**A VIRTUAL COVID-19 SUPPORT GROUP, ONE OF THE FIRST IN THE COUNTRY, IS LAUNCHED** as a means for survivors of severe COVID-19 and those experiencing long-COVID to connect to Gaylord experts and draw inspiration and advice from each other.

**2020**

**A \$5 MILLION PLEDGE FROM FORMER BOARD MEMBERS CAROL AND GEORGE MILNE HELPS ESTABLISH THE MILNE INSTITUTE FOR HEALTHCARE INNOVATION.** The Milne Institute is a hub for accelerating world-class research, technology development and innovation.

*Both George and Carol served on the Gaylord Board of Directors. Carol's family had a long history with Gaylord dating back to its TB days.*



**2020**

**OUTPATIENT COVID-19 RECOVERY & REHAB SERVICES PROVIDES CARE TO PEOPLE EXPERIENCING LONG-COVID.**

Headed by Dr. Jerrold Kaplan, the program is one of the first of its kind in the United States.

**2020**

**PRESIDENT & CEO SONJA LABARBERA IS THE FIRST GAYLORD EMPLOYEE TO RECEIVE THE NEWLY RELEASED COVID-19 VACCINE.**



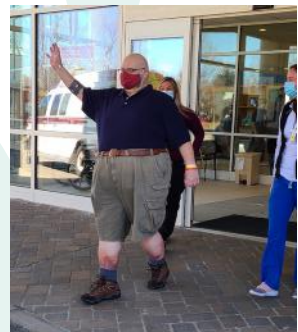
**2021**

**THE OFFICE OF INTEGRATIVE MEDICINE IS LAUNCHED** to

address holistic needs of patients as well as staff. The program is created through the Think Possible Campaign.

**2021**

**GAYLORD HOSPITAL DISCHARGES ITS 200TH COVID PATIENT, JOHN KOZIN**



## 2021

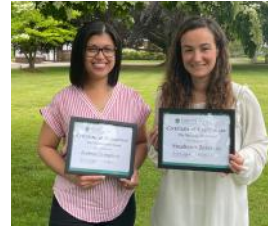
### THE FIRST GAYLORD NURSING LEADERSHIP

**AWARD** is presented to Caitlin Cote, MSN, RN, PCCN and Nicole Morrill, MSN, BSN, RN.



## 2021

**THE INAUGURAL “NIGHTINGAYLORD” AWARDS** are presented to Jessica Crespo, RN and Stephanie Zetye, RN. This is created to fill the gap when the Nightingale Awards were cancelled due to the COVID-19 pandemic.



## 2021

**DOCTORS ALYSE SICKLICK, DAVID ROSENBLUM AND LUCI JUVAN** nominated again by their peers as Top Docs. They have received this distinction almost yearly for the past few decades.



## 2021

### A TELEVISION CREW FROM THE INTERNATIONAL PUBLIC TELEVISION SERIES TRAVELS & TRADITIONS WITH BURT

**WOLF** spends a week at Gaylord interviewing staff and patients for its “Hospital of the Future” episode to air on public television stations throughout the country.



## 2021

### THE GAYLORD GAUNTLET RETURNS AT HALF-CAPACITY

(500 runners) and with numerous safety precautions after a one-year COVID hiatus.



## 2021

### A COVID-19 PATIENT REUNION PICNIC ON THE SOUTH LAWN MARKED THE ONE-YEAR ANNIVERSARY OF GAYLORD'S VIRTUAL COVID SUPPORT GROUP.

Over 70 former patients and their families shared an emotional reunion with their doctors, nurses and therapists.



## 2021

### HEARST MEDIA CONNECTICUT NAMES GAYLORD A TOP WORKPLACES 2021,

ranking third among large companies throughout Fairfield, Litchfield and New Haven counties. President & CEO Sonja LaBarbera wins the region's Top Leader Award.





**The first PM&R Residents:**  
 Gage Hurlburt, D.O.  
 Priscilla Mapelli, D.O.  
 Courtney Pinto, M.D.  
 Mitchel Wright, D.O.

**2021**

**CONNECTICUT'S FIRST AND ONLY PHYSICAL MEDICINE AND REHABILITATION (PM&R) RESIDENCY**

- a four-year program created in partnership between Gaylord Hospital, Hartford Hospital, The University of Connecticut School of Medicine, and UConn Health - is announced. The inaugural class of four students began their transitional internship year in July 2022 and will begin their Gaylord rotation in July 2023.

**2021**

**LISA KALAFUS, CHIEF NURSING OFFICER, AWARDED WITH THE HARTFORD BUSINESS JOURNAL HEALTHCARE HERO AWARD IN THE NURSING CATEGORY,** pictured right with her mother at the ceremony.



**2022**

**A NEW, 3,200 SQUARE-FOOT GAYLORD PHYSICAL THERAPY LOCATION OPENS IN MADISON** for outpatient physical therapy and orthopedic rehab.



**2022**

**SENATOR RICHARD BLUMENTHAL ANNOUNCES \$1.2 MILLION IN COMMUNITY PROJECT FUNDING**

for renovation and equipment expenses to support Gaylord's Physical Medicine & Rehabilitation residency program. "This is a place where miracles happen," Senator Blumenthal said. "The skilled professionals who work here are not only miracle workers but are truly givers of life."

## Once Strangers, COVID Made Them 'Brothers for Life'



Staff at Gaylord Specialty Healthcare affectionately refer to them as the “four amigos.”

But to John Astorita, Jay Bialkowski, Chris Bowery and Vic Gara, they’re simply “brothers for life.”

Golf outings and family meals are weekly occasions for the quartet of friends who double as travel buddies and casino partners. Group texts filled with good-natured ribbing and support happen all day, every day.

Their close bond – the kind you’d expect among old friends – belies the fact that the four only recently met.

In the early days of the pandemic, the men became severely ill with COVID-19. Three were on ventilators, their families told to say goodbye. All four were transferred from their hospital’s ICU to Gaylord Hospital, where they would take the next steps to restoring their lives.

The amigos met through Gaylord’s virtual COVID support group, one of the first of its kind in the nation. The online community was a lifeline as the men struggled to make sense of the emotional enormity of their experiences and their unusual post-COVID symptoms. It wasn’t long before a close offline friendship was born from their shared adversity and wry humor.

“No one else understands what I went through,” said Jay Bialkowski, the first COVID inpatient discharged from Gaylord Hospital.

More than two years after the pandemic began, the men continue to struggle with post-traumatic stress disorder and long-COVID, seeking relief from Gaylord’s outpatient COVID Recovery Services.

“People see us physically, and we’re not on ventilators anymore. We’re up and walking around. They think ‘they’re good.’ No, they’re not good,” Bialkowski said. “It’s the neurological, the psychological, the mental aspect that really has hit all of us still.”

“It’s been one of those positive things that comes out of something so negative. It’s just been a wonderful, wonderful friendship,” explained Chris Bowery.

“They’re stuck with me for the rest of their lives,” he laughed. “Whether they like it or not!”

## 2022

**GAYLORD THERAPY SERVICES IN NORTH HAVEN ADDS NEUROLOGICAL THERAPY TO ITS EXISTING ORTHOPEDIC PHYSICAL THERAPY SERVICES.** The site more than doubles its square footage to meet the demand for a broader range of rehab services in Connecticut.



## 2022

**GAYLORD IS THE ONLY REHABILITATION-FOCUSED HEALTHCARE SYSTEM AND ONE OF TWO CONNECTICUT ORGANIZATIONS NAMED AMONG THE 2022 BECKER'S HEALTHCARE "TOP PLACES TO WORK IN HEALTHCARE."**



## 2022

**GAYLORD'S NEW CERTIFIED NURSING ASSISTANT ACADEMY BEGINS** its first seven-week session.

The robust learning experience gives the inaugural class of seven students hands-on experience caring for patients with complex medical needs and prepares them for the CT Certified Nursing Assistant certification exam.



**The first Gaylord CNA class:**

Isabelle Ojeda  
Tathiana Cortes  
Latoya Dale  
Renasia Peterson  
Alana Congnata  
Nickaeja Atkinson  
Chanpen Puccino

**2022**

**GAYLORD IS AWARDED \$4.5 MILLION IN STATE BOND FUNDING FOR A NEW ELECTRONIC MEDICAL RECORDS SYSTEM.**

**2022**

**NASH, A BLACK LABRADOR RETRIEVER, IS WELCOMED TO THE GAYLORD TEAM** as a therapy dog.



**2022**

**A GALA FUNDRAISING EVENT AT THE NEW HAVEN LAWN CLUB COMMEMORATES GAYLORD'S 120-YEAR ANNIVERSARY.**



To all People to whom these Presents shall come: GREETING

KNOW YE, That *J. Billius Ball Newton* of *Cheshire* in the *County of Newhaver*

for the Consideration of *Thirty five pounds Lawful money*

*Pa<sup>r</sup> M<sup>r</sup> Moses Gaylord* of *Wallingford* in said County received to full Satisfaction of  
Do give, grant, bargain, sell, and confirm unto the said *Pa<sup>r</sup> M<sup>r</sup> Moses Gaylord* his heirs  
Heirs & Assigns forever one certain piece of Land ~~in~~ *part*  
of it lying in said *Wallingford* & part in said *Cheshire* containing  
More or less one hundred & forty seven rods more or less it  
is bounded East on *Cheshire Hall & yard* West on *Essex*  
*Alvatus Hill*, South on *Cheshire Alvatus & North on* *Jared*  
*Newton*

TO HAVE AND TO HOLD, the above granted & bargained Premises, with the Appurtenances  
thereof, unto *him* the said *Grantor* his  
forever, to *his* and their own proper Use and Behoof. And also, *I* Heirs and Assigns  
the said *Grantor*

do for my self & my Heirs, Executors and Administrators, covenant with the said  
Heirs and Assigns; that at and until the executing of these Presents *I am* well seized of  
the Premises, as a good indefeasible Estate in Fee-simple, and have good Right to bargain and sell  
the same in Manner and Form as is above written, and that the same is free of all Incumbrances  
whatsoever.

AND FURTHERMORE, *I* the said *Grantor*

do by these Presents, bind my self & my Heirs forever to warrant and defend the  
above-granted and bargained Premises, to *him* the said *Grantor* his

Heirs and Assigns, against all Claims and Demands whatsoever.

IN WITNESS whereof *I* have hereunto set my  
Hand and Seal the *2<sup>d</sup>* Day of *April* Anno Domini 1793

*Billius B. Newton*

Signed, sealed and delivered  
in the Presence of  
*Oliver Stanley*  
*Nathaniel Jones*

*Newhaver* Personally appeared, *Billius B. Newton* of *Wallingford* the *2<sup>d</sup>* Day of *April* above  
Instrument, and acknowledged the same to be his free Act and Deed, before me

*Oliver Stanley* Just. Pac.

# APPENDIX

## Original Board of Directors 1902



A1. Dr. J.P.C. Foster, New Haven, A2. Rev. E.S. Lines, New Haven, A3. Dr. Carl E. Munger, Waterbury, A4. Mr. Max Adler, New Haven, A5. Dr. Francis Bacon, New Haven, A6. Dr. E.T. Bradstreet, Meriden, B1. Dr. Oliver T. Osborne, New Haven, B2. Mr. Joseph Porter, New Haven, B3. Dr. Henry L. Swain, New Haven, B4. Hon. James P. Bree, New Haven, B5. Charles F. Brooker, Ansonia, B6. George M. Curtis, Meriden, C1. Mr. F.A. Wallace, Wallingford, C2. Mr. J.H. Whittmore, Naugatuck, C3. Dr. Frank W. Wright, New Haven, C4. Mr. J.S. Elton, Waterbury, C5. Prof. H. W. Farnam, New Haven, C6. Prof. Irving Fisher, New Haven

# APPENDIX

## Board of Directors 2022



**A1.** Connor Dolan, Guilford, **A2.** Bo Bradstreet, Madison, **A3.** Robert J. Mobeck, CFA, CFP, CIC, Branford, **A4.** Peter Deckers, MD, Avon, **A5.** Denny Wakerley, Hamden, **A6.** Robert Lyons, Jr, Guilford, **B1.** Christopher Cartland, West Simsbury, **B2.** Kim A. Healey, Fairfield, **B3.** Brian Lawlor, Southport, **B4.** Clement Lewin, PhD, MBA, Orange, **B5.** Gus Marchetti, Branford, **B6.** Robert McHugh, Madison, **C1.** George Milne, PhD, Boca Grande, FL, **C2.** Ryan O'Connell, MD, North Haven, **C3.** Mary Pepe, Branford, **C4.** Robert Preti, PhD, Bronx, NY, **C5.** Steve Ryder, MD, Westport, **C6.** William Simone, III, Cheshire, **D1.** Michele Volpe, Esq, Madison, **D2.** Susan Whetstone, New Haven **D3.** Stephen Holland, MD, FACEP, FAPWCA, ABIM, MPA, Watertown, **D4.** Sonja LaBarbera, MSOL, MS CCC/SLP, Wallingford

# APPENDIX

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## Presidents

<b>Year</b>	<b>Name</b>	<b>Title</b>
10/1/1903	Dr. David Russell Lyman	Medical Superintendent
7/30/1953	Dr. Sterling Brownlee Brinkley	Medical Superintendent
1962	Dr. Harold C. Anderson	Acting Director, Chief of Medicine
1963-1965	Stuart W. Knox	Director
8/30/1967	Dr. Thomas Hines	Medical Director & Chief Executive Officer
8/13/1977	Dr. Curtland C. Brown, Jr.	Medical Director & Chief Executive Officer
10/1/1988	Henry “Sam” Chauncey, Jr.	President & Chief Executive Officer
10/1/1994	Paul H. Johnson	President & Chief Executive Officer
10/1/2001	James J. Cullen, CPA	President & Chief Executive Officer
11/14/2011	George M. Kyriacou	President & Chief Executive Officer
1/1/2019	Sonja A. LaBarbera, MSOL, MS CCC/SLP	President & Chief Executive Officer

# APPENDIX

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## The David Russell Lyman Medal

Originated in 1952



The David Russell Lyman medal shall be awarded to a man or a woman who has lived an exemplary life of outstanding productiveness and service in the public welfare. The medal shall be awarded periodically, but not more than once a year. No person shall be awarded the medal more than once in his lifetime.

<b>Year</b>	<b>Recipients</b>	
1952	<b>Dr. William H. Morris</b>	Physician, Gaylord staff
1954	<b>Dr. Lewis Beardsley</b>	Physician, VA administration
1955	<b>Mr. Stevan Dohanos</b>	Artist, former Gaylord patient
1956	<b>Mr. Alvin J. Maisonville</b>	Staff, posthumous award
1957	<b>Dr. John Paul</b>	Physician, researcher
1958	<b>Mr. Raymond A. Loring</b>	Executive, SNET Co, former Gaylord patient
1959	<b>Dr. Kirby S. Howlett, Jr.</b>	Physician, hospital administrator
1960	<b>Mr. Edward M. Gaillard</b>	Banker, former Gaylord patient
1961	<b>Ms. Evelyn Sturmer</b>	Nurse, educator
1962	<b>Prof. Norman Pearson</b>	Educator, author
1963	<b>Mr. Huntington T. Day</b>	Former Gaylord patient
1965	<b>Ms. Marian Bates</b>	
1968	<b>Mr. Howard J. Crockett</b>	Hospital administrator, former Gaylord patient
1974	<b>Mr. Richard S. Jackson</b>	Newspaper publisher, director, former patient
1995	<b>Mr. Henry Bartels</b>	Director
1996	<b>Mr. Edward H. Cantor</b>	Director

# APPENDIX

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## The Gaylord Medal

**Originated in 1964**

"To be given not more than once a year, preferably at the annual meeting of the Association, to a person who has contributed to the Gaylord Hospital in some highly significant way; as for example, by long and distinguished service as an Officer or Director, as a staff physician, as an interested benefactor or who has promoted the cause of chronic medical care and rehabilitation in other ways or in other institutions."

<b>Year</b>	<b>Recipients</b>
1964	Mr. Max R. Traurig
1966	Mr. H. Stuart Stone, Jr.
1967	A. Bliss Dayton, MD
1987	John C. Moench, MD
1988	Curtland C. Brown, Jr., MD
1990	Redento D. Ferranti, MD
1993	Mr. F. Perry Wilson, Jr.
1995	Mr. Peter Flagg

## The Gaylord Lyman Medal

**Originated in 1975**

"Shall be awarded in memory of Dr. David Russell Lyman, not more than once a year, to an individual, man or woman, who having suffered a major disabling illness or accident, has not only overcome his handicaps and achieved rehabilitation, but has since led an outstanding productive and purposeful life."

<b>Year</b>	<b>Recipients</b>
1975	Mr. Carl Cook
1977	Mr. Thomas Connors
1982	Joseph N. D'Esopo, MD
1983	Ms. Jane H. Berger
1987	Mr. Peter Flagg
1993	Mr. Paul Johnsen

# APPENDIX

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## The Challenger Medal

**Originated in 1994**



Awarded annually to a person who has made significant contributions to sports for people with disabilities. The medal was inspired by the Challenger sculpture by artist and occupational therapist Jacqueline Lorieo of New York. The sculpture resides in the Chauncey Conference Center in the Traurig Pavilion at Gaylord.

<b>Year</b>	<b>Recipients</b>	
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1994	<b>Nelson Carvalho, PT</b>	Director of Physical Therapy, Gaylord
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1996	<b>Dave Ceruti</b>	1996 Gold Medalist, Atlanta Paralympics
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2004	<b>Trisha Meili</b>	Former Gaylord patient and board member
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# APPENDIX

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## The Spirit of Gaylord Medal

Originated in 2002



Established on the occasion of Gaylord's Centennial, this medal was awarded in honor of those who see the ability in disability.

### Medal inscription:

The Spirit of Gaylord Medal,  
Awarded in honor of those who see  
The ability in disability.

Gaylord Centennial Celebration  
June 23, 2002

### Recipients 2002

Clara Lyman Day

Nancy Gaylord

Florence "Dolly" Parisi, RN

Henry "Sam" Chauncey

Rev. John Carr

Carol Wallace

Mike Spiteri

Stan Koslowski

Joe Gaetani

Chris Mallinson

Heather Middlebrook, RN

Gloria Stowell, RN

Anne Albert Walczak, OT

Ken Higgins, PT

Cynthia Trindal

William Kelly

Charles Griggs

Robert Tombank

Walter Hoerman

Peter Flagg

Peter Swet

Kim D'Angelo

Record-Journal

Rotary Club of Wallingford

# APPENDIX

## Employee of the Year Winners

Established in 1992



Mr. Joseph A. Lindenmayer was a patient in 1991. His daughter, Josephine (Josie) Gierer, and her family established the Joseph A. Lindenmayer Employee of the Year Award in 1992 as a way to acknowledge the kindness that was shown her father by the employees at Gaylord. The annual Award recognizes employees who exemplify the values of Gaylord: Integrity, Compassion, Accountability, Respect and Excellence.

<b>Year</b>	<b>Name</b>	<b>Department</b>
1992	Lorna Manners	Nursing Services
1993	Jayne Kleinman	Social Work
1994	Anne Marie Keithan	Nursing Services
1995	Susan Clark	Physical Therapy
1996	Jennifer Russo	Nursing Services
1997	Anthony Rapuano	Physical Therapy
1998	Pamela Euerle	Social Work
1999	Michelle Ciaburri	Medical Records
2000	James Ferland	Physical Therapy
2001	Lori Charette	Audiology
2002	Lynne Bonnett	Physical Therapy
2003	Gloria Stowell	Nursing Services
2004	Ellen Paine	Social Work
2005	Jacqueline Buza, MD	Physician Services
2006	Heidi Zommer	Inpatient Therapy
2007	Elizabeth Marquis	Care Management
2008	Laura Biestek	Nursing Services
2009	Tim Polaske	Facilities
2010	Anne Walczak	Inpatient Therapy
2011	Bill Neidel	Inpatient Therapy
2012	Erin Prastine	Inpatient Therapy
2013	Susan Hahn	Nursing Services
2014	Bogdan Stepien	Facilities
2015	Laura Phipps	PR & Marketing
2016	Jacob Hunter	Physical Therapy
2017	Cheryl Tansley	Inpatient Speech
2018	Kim Crawford	Nursing Services
2019	Ingrid Marschner	Outpatient Therapy
2020	June Napolitano	Nursing Services
2021	Alyssa Rotman	Clinical Services
2022	Jillian Cacopardo	Outpatient Therapy

# APPENDIX

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## Gaylord Sports Association

### Sports Offered in 2022

One of the largest programs in New England, The Sports Association offers 15 different adaptive programs for people with physical or visual impairments.



Alpine skiing

Archery

Boccia

Cycling

Golf

Kayaking

Paratriathlon

Pickleball

Wheelchair rugby

Rock climbing

Sled hockey

Tennis

SAVES (Sports Association Veterans Event Series)

Veterans programs including fishing

Virtual programs including fitness and adaptive boxing

Water skiing

Yoga



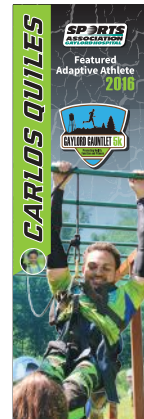
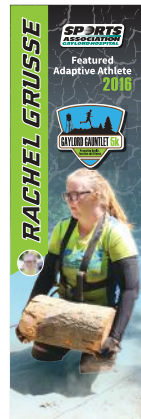
# APPENDIX

## Featured Adaptive Athletes

### Gaylord Gauntlet 5k



Year	Name	Disability
2014	Shane Mosko	Spinal cord injury
2015	John Redfield	Amputee
2016	Rachel Grusse	Amputee
2016	Carlos Quiles	Spina bifida
2017	Joe Stone	Spinal cord injury
2018	Jillian Harpin	Spinal cord injury
2019	Jay Ross	Spinal cord injury
2021	Greg Whitehouse	COVID-19 & GBS
2022	Jillian Harpin vs Jay Ross	Spinal cord injuries



# APPENDIX

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## Gaylord Programs and Conditions Treated

### Services

Amputation Care  
Aphasia Therapy  
Aquatic Therapy  
Brain Injury Program  
Brain Injury Residential Program  
Cancer Care  
Cardiac Care  
Cognitive Therapy  
Complex Medical Care  
Complex Wound Care  
Concussion Program  
COVID-19 Recovery & Rehab Services  
Diagnostic Imaging  
Early Recovery Program  
Infectious Disease Management  
Neurological Rehabilitation Program  
Neuropsychology  
Neuropsychology Evaluations  
Nutrition Services  
Occupational Therapy  
Orthopedic Therapy  
Pediatric & Adolescent Neuropsychology  
Physiatry  
Physical Therapy  
Prosthetic & Orthotic Services  
Pulmonary Program  
Speech Therapy  
Spinal Cord Injury Adolescent Program  
Spinal Cord Injury Program  
Sports Association  
Sports Medicine  
Stroke Program  
Stroke Residential Program  
Therapeutic Recreation  
ThinkFirst  
Vestibular Rehab Therapy  
Wheelchair Assessment  
Workers' Compensation  
Young Stroke Program

### Conditions

Amputation  
Aphasia  
Balance Problems  
Brain Arteriovenous Malformation (AVM)  
Brain Health  
Brain Injury  
Cancer  
Cardiac Dysfunction  
Cognition / Cognitive Deficits  
Concussion  
COPD / Emphysema  
COVID-19  
Dizziness / Vertigo  
Dysphagia  
Encephalopathy  
Fistulas  
Infections  
Joint Pain  
Mild Cognitive Impairment (MCI)  
MultiTrauma  
Muscles / Tendons  
Musculoskeletal Injury / Pain  
Necrotizing Fasciitis  
Neurodevelopmental Disorders  
Neurological Diseases / Conditions  
Organ Failure  
Osteoarthritis  
Pain Related to Golf  
Pain / Back, Neck  
Pulmonary Conditions / Disease  
Seizure Disorders / Epilepsy  
Spasticity  
Spinal Cord Injury / SCI  
Sports Injuries  
Stroke  
Temporomandibular disorders (TMD / TMJ)  
Tracheostomy  
Transplant  
Voice / Speech  
Wounds



“Medicine has added years to one’s life but Gaylord adds life to one’s years.”

# APPENDIX

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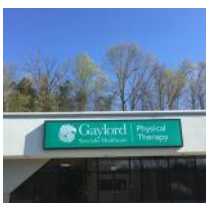
## Locations in Connecticut



**Wallingford, Main Campus  
Hospital / Outpatient Services**  
50 Gaylord Farm Road  
(203) 284-2800



**Cheshire**  
1154 Highland Avenue  
(203) 679-3533



**Cromwell**  
50 Berlin Road  
(203) 284-3020



**North Haven**  
8 Devine Street  
(203) 230-9226



**Madison**  
28 Durham Road  
(203) 284-2929



**Think Possible**



[gaylord.org](http://gaylord.org)

50 Gaylord Farm Road  
Wallingford, CT 06492