The LUMINARY

NEW LCC-C PRESIDENT 01
Welcome message

MOST-AWAITED COMEBACK OF LCCIANS: 17
Face-to-face classes is real, are you ready?

K-DRAMA HIT 30
Extraordinary Attorney Woo

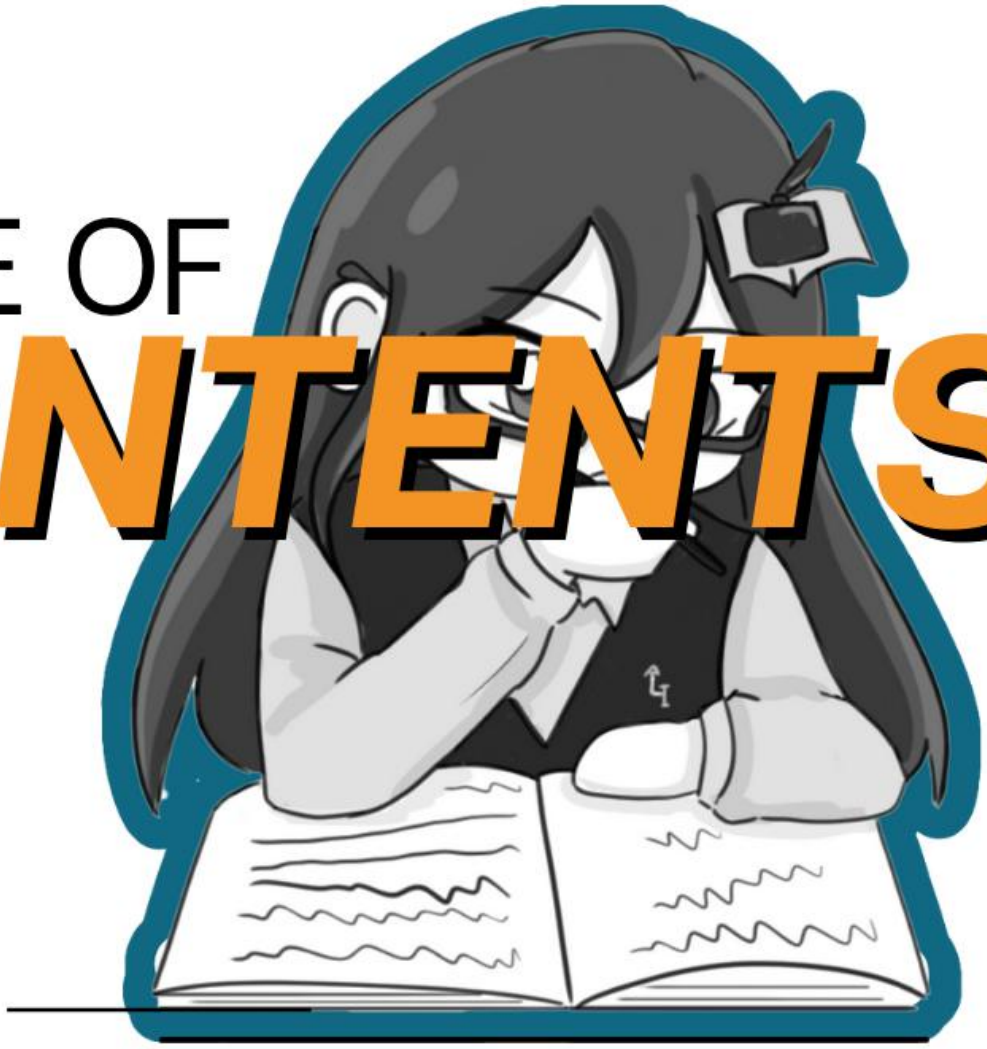
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Luminary

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EDITOR'S NOTE

Welcome, LCCians! to The Luminary Volume 2; 4th Issue. I'm so happy to share with everyone the fruit of our labor and dedication. In the midst of proliferation of digital misinformation, we stand firmly as warriors and pillars of truth committed to provide quality and relevant articles based on evidences.

We promise that despite the rough terrain and the challenges of time, Luminary will always adhere to objectivity and authenticity. We strongly condemn lies, history denialism, and misinformation. Together, let us make a positive difference in our community of friends and the society.

Our voice must be heard! Continue to be Critical and Compassionate! Enjoy Reading!



KENNETH JORDAN D. CARPIO
EDITOR-IN-CHIEF

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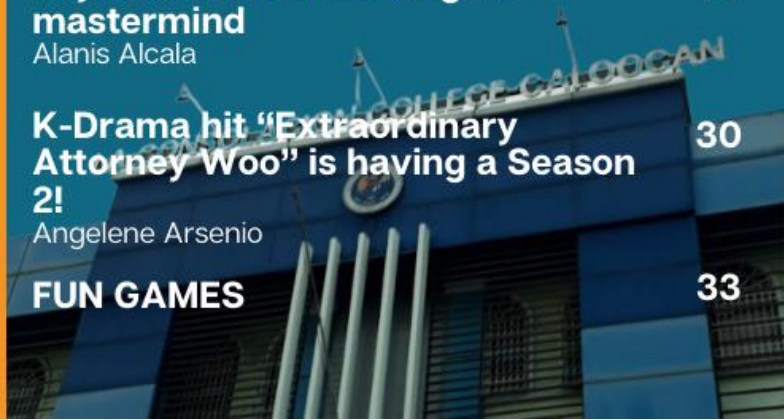
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Welcome Message to New LCC-C President

A new chapter has begun for LCC-C, a new chapter with high hopes and high-spirit to every LCCians! The Luminary Team is joyous and extending our warm welcome to our New President, Sr. Maria A. Garcia, OSA! We are in one in empowering and building for a stronger La Consolacion College- Caloocan under your leadership. May the Spirit of Almighty God and Divine wisdom be with you always!





SR. MARIA A. GARCIA, OSA



Tiktok at Mitolohiya Tampok sa Pagdiriwang ng Buwan ng Wika 2022

by Wella Flora

Matagumpay na ipinagdiwang ng La Consolacion College- Caloocan ang Birtwal na Pagdiriwang ng Buwan ng Wika noong ika-25 ng Agosto, 2022 na may temang "Filipino at mga Katutubong Wika: Kasangkapan sa Pagtuklas at Paglika."

Ang pagdiriwang ay pinasinayaan ng Future Mentors' Society, mga mag-aaral na mula sa kursong Edukasyong Pang-elementarya at Pang-sekondarya.

Ginanap ang paglulunsad ng pagdiriwang ng Buwan ng Wikaa noong ika-18 ng Agosto, 2022, na kung saan inihandog ng Future Mentors' Society ang isang patimpalak na lalahukan ng bawat kurso, ang MiTikTokLohiya na kung saan ang bawat kalahok ay gumamit ng Tiktok sa bidyo ng bawat kurso sa kolehiyo gamit ang kategoryang #miTIKTOKlohiya".

Ayon sa mga tagapag-pasinaya, ang salitang "MiTikTokLohiya" ay nagmula sa mga salitang "Mito, "TikTok", at "Teknolohiya". Ang tatlong elementong mga ito ang siyang nagbigay buhay at kulay sa pagdiriwang.

Ang pagdaos ng patimpalak ay inihanda online sa pamamagitan ng MS Teams. Ang mga hurado na kumilatis sa bawat likha ay sina Bb. Rochella Sy, Ginoong Jeetendra Vaswani, at Ginoong Brian Pateo.

Ang nagkamit ng unang gantimpala ay iginawad sa kursong Bachelor of Science in Hospitality Management (BSHM); pangalawang gantimpala naman ay iginawad sa Bachelor of Science in Business Administration (BSBA); at ang ikatlong gantimpala ay iginawad sa Bachelor of Science in Tourism Management (BSTM). Ang bawat kalahok ay nakatanggap ng karampatang premyo at sertipiko ng pagkilala.



Maliban pa sa pamtimpalak na MiTikTokLohiya, naghanda rin ng palaro ang Future Mentors' Society na may pamagat na "Tagisan ng Talino: Kakakasa ka ba? O kakaba-kaba?" na nilahukan ng mga dumalo sa pagdiriwang sa bawat kurso. Ang mga nagwagi ay nagkamit din ng premyo mula sa mga tagapag-pasinaya.

Nilalayon ng pagdiriwang na ito na mas maunawaan at maipakita ang kaugnayan ng siyensya at teknolohiya sa pangyayaring naganap sa mga mitong tinalakay.

Ang pandemya ay hindi naging hadlang sa mga mag-aaral ng kolehiyo na maipahatid ang impormasyon patungkol sa kasangkapan sa pagtuklas at paglikha upang mas mabigyang kaliwanagan ang mga bagay-bagay.

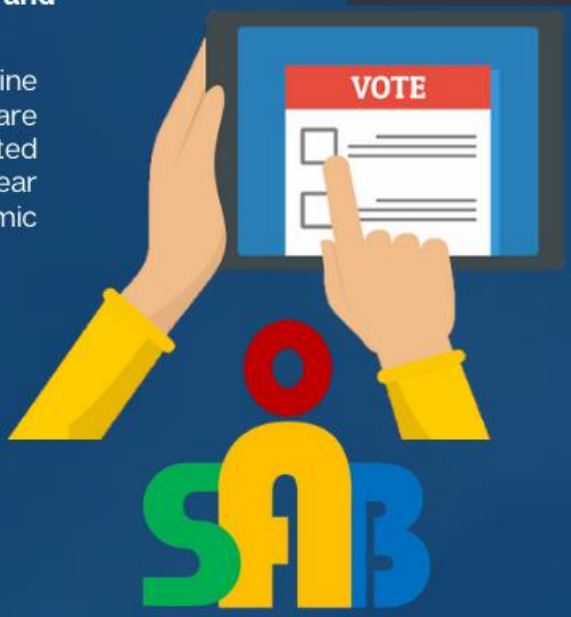
Ang Buwan ng Wika ay isa sa mga selebrasyon na pinaghahandaan at hinihintay ng mga LCCian dahil sa ibat-ibang patimpalak na maaaring salihan ng mga mag-aaral upang mas malinang pa ang kanilang mga kaisipan at pagpapahalaga sa Wikang Filipino.

STUDENT ADVISORY BOARD 2022–2023:

Leadership For a better Relationship

Student Advisory Board, the highest form college student organization responsible for being the voice of all college students and be the link between students, faculty, and the administrators.

by Loren Laguna



On September 27, 2022, 1st Year Representative via online election. The teaching staff and elected officers in higher positions are the one in charge of organizing the meeting and election. The elected 1st Year Representative is Cheska De Leon, to speak for first-year students and whose job it is to gather information about the academic setting of first-year students.

Beatriz Elaine Basto, SAB President, identified key advocacies under her leadership, **"B.E.A."**, which is an acronym for her nickname. **B** stands for **"Be Your Voice"** which makes sure that every student's concerns and ideas are taken into account when the school tries to build good relationships between the students. **E** stands for **"Engagement"** By forming a creative team, the LCC-C Student Advisory Board hopes to improve the engagement on its Facebook page. whereas, every other day, there are designated groups that are tasked with posting in accordance with the weekly topics, which are as follows: MON-BUSINESS DAY(BSBA), TUERISM DAY (BSTM), WEDUCATION DAY (BSED), THURSPITALITY DAY (BSHM) and FRI-ALUMNI DAY (Alumni). **A** stands for **"Activities"** To plan more events that will help LCC-Cians improve themselves in all areas of their lives, such as their physical health, intellectual ability, emotional stability, social relationships, and spiritual connection, so that they can reach their full potential.

The officers are responsible for posting announcements, activities, advocacy, and other things that will enable the school to continue to thrive. In addition to the students having good discipline and good supervision, SAB are the ones who are responsible for making such proposals. The SAB formed a creative team in each course for them to share their skills when it comes to editing, regarding their respective courses, and the officers will post it on their SAB Facebook page.

" We can only achieve this through collaboration and cooperation by working together towards one goal–to make a meaningful and wonderful academic year for every LCC–Cian. "

-Beatriz Elaine Basto



The Student Advisory Board was established with the goal of encouraging students at younger levels to take on leadership roles on campus. It also serves as the appropriate authority within the school community, allowing it to fulfill its role as a connector between students, teaching staff, and administration. This was the motivation behind the creation of this organization.

EdukCircle 2022: Empowering and Enriching Hospitality and Tourism Industry

by Jam Ashera Calma

With three consecutive years of holding The Edukcircle online via Zoom, this year's convention for Hospitality and Tourism was held on Saturday, October 1st, continued to serve its purpose of giving insights to students regarding the field they want to enter through professionals and experts who are generous enough to share what they wish to the aspiring youth to know.

Hosted by Ms. Toni Pua, the convention started with Dr. Hubert B. Van Hoof and his take on Hospitality Management Education as part of the US Higher Education System. According to him, "In here (US), we see Hospitality Management as one of the many majors that we offer in a research university." Further, he added, "At the undergraduate level, students from Europe, Asia, the Philippines, and the US are equally well-prepared for entry into the Hospitality Industry."

Dr. Amit Sharma discussed Land Use Regulation, Land Use Change (LUC), and Tourism. He stated, "Land is an essential element in all tourism activities." He also emphasized that land use change (LUC) can have an economic and environmental impact, coupled with the rise of private businesses.

Coming from Cornell University, Dr. Robert Kwortnik Jr. delivered his topic regarding Experiential Marketing, which he has been studying for about twenty-five (25) years. "Hospitality guests want an experience," stated Dr. Kwortnik, which includes making memories and meanings. He added, "Everything we do in Hospitality is the marketing of experiences."

Dr. Amanda Belarmino from the University of Nevada, Las Vegas, discussed Peer-to-Peer Accommodations, which are making new waves for budget travelers as an alternative to hotels. "What makes peer-to-peer accommodations unique in the 21st century is that they are facilitated online," said Dr. Belarmino. The rise of peer-to-peer accommodations impacts both the hotels and the customers. "It can decrease some of the demand for hotels or drive the prices lower." In terms of the impact on customers, Dr. Belarmo pointed out, "peer-to-peer accommodations aren't necessarily taking away huge shares from hotels, but they are allowing people to travel."



Dr. van Hoof

Dr. Belarmino

A recorded online lecture by Ms. Heather Kolakowski from Cornell University regarding Community Tables: Restaurant Social Enterprises Addressing Food Justice encapsulates food justice, food insecurity in the US, and restaurant social enterprises. "Food is a right," emphasized Ms. Kolakowski. In order to achieve food justice, Ms. Kolakowski made a call to action to reach out to business enterprises and even mere individuals.



Dr. Kolakowski

Dr. Xavier Font, the last speaker, gave a lecture regarding Sustainable Tourism Production and Consumption for the Tourism and Hospitality Industries. According to him, "Everyone loves sustainability." People would want to make more effort to travel more sustainably, but this is countered by the hypocrisy of what people actually do. Thus, stating the importance and impact of sustainability on guests is crucial. "A well-managed hotel has the knowledge and the resources also to manage well its impacts."

Through the six resource speakers invited, students from thirty (30) universities filled their Saturday with lectures and discussions about what they can bring for the future and betterment of Hospitality and Tourism Industry.



LCC-C COMMUNITY'S VIRTUAL CELEBRATION TO COMMEMORATE

FEAST OF ST. AUGUSTINE

by Kristine Mae Soriano



To commemorate the Feast St. Augustine of Hippo, the La Consolacion College-Caloocan (LCC-C) community broadcasted a Live Virtual Mass on their Facebook held at the LCC-C Chapel on August 26, 2022, led by Rev. Fr. Niño Andrade, OSA.

Every year on August 28th, the LCC-C family gathered in joy and thanksgiving to celebrate the feast of the patron saint, St. Augustine. Part of the celebration is the Novena in honor of St. Augustine as the patron saint of brewers, printers, and theologians.

As the school approach the month of August in pre-pandemic, LCCians from Pre-school to College began to plan and prepare many activities for the celebration, such as role-playing about St. Augustine's life; room decorating with St. Augustine's famous words; games; and Pistang Pinoy.

Due to the on-going pandemic, this year, the LCC-C community still held a mass to glorify the solemnity of the patron saint via Zoom and Facebook Live. The LCCians prayed fervently with faith so that God would grant their heart's desire, guide, and continue to bless everyone. On this day, the story of a soul's journey is the essence of celebration.

Back then, after the death of the patron saint on August 28, 430 AD, St. Augustine rose to prominence as the most important theologian in Western Christian history as a result of his writings.

To honor his love, truthfulness, unity and passion, the whole month of August is devoted to him. This is also to inspire everyone to live in God's grace like St. Augustine.

FARE HIKES IN PUBLIC TRANSPORTATION: STUDENTS' TANGIBLE WAY TO UNDERSTAND PRICE INCREASE

KRISTINE MAE SORIANO

In accordance with the petition filed by transport groups due to oil price hikes, the Land Transportation Franchising and Regulatory Board (LTFRB) authorized the fare increase in public transportation such as jeepneys, buses, taxis, and Transport Network Vehicle Services (TNVS). The ordinance is effective at the beginning of the month of October 2022 after the release in September 2022.

Both traditional and modern public jeepneys have increased P1 for the first 4 kilometers as per as of LTFRB.

Therefore, the new minimum fare for traditional public utility jeepneys (TPUJ) is P12 while P14 for modern public utility jeepneys (MPUJ).

In this case, the additional fare to TPUJ is currently P1.80 from P1.50 and P2.20 to MPUJ from P1.80 for the following kilometers.

Moreover, the operators of public utility buses also appealed a fare hike of P4 to P7 and a rate of P0.45 to P1.20 for the following kilometers.

As per LTFRB, an additional even base fare of P2 was authorized for the first 5 kilometers of city and provincial buses, and P0.35 to P0.50 for the following kilometers, depending on the kind of bus.

Taxi and Transport Network Vehicle Services (TNVS) fare rates also increased by P5.

In accordance with the ordinance, a new minimum fare of P45 for taxis and sedan-type TNVS and P55 for AUV/SUV type TNVS is also applied.

On the other hand, the flagdown rate for hatchback-type TNVS is P35 and there is no increase in the following kilometers.

For senior citizens, students, and persons with disabilities (PWD), the 20% discount is still effective.

Imagine the hardships of every commuters, especially students, who has been suffering and has to suffer from price increase of basic goods and services. Fare hike will affect how students to budget their allowances daily. Perhaps, the fare hike is the most tangible price increase and can be felt by students because they can experience it first-hand.



EXPRESSING GRATITUDE TO THE PROFESSIONAL BUILDERS

LOREN LAGUNA

A celebration for Teacher's Month was held at La Consolacion College-Caloocan on September 29, 2022 as a way to express love, gratitude, and appreciations for all teachers. College students from different courses surprised their professors and advisers by giving them gifts and wishing them warm greetings in person and online.

The school community prepared a program to celebrate the Teachers' Month at LCC-C. However, due to the strict health protocols only limited number of people are permitted to enter the school. Performers, instructors, and employees at LCC-C are required to provide photo identification, fill out health declaration form, and a vaccination card upon the entrance to the school.

In addition, LCC-C, Student Advisory Board, and The Luminary posted greetings for teachers on their respective Facebook page to show gratitude to all hardworking teachers.

National Teachers' Month has been celebrated through the world every month of September to honor and appreciate teachers' for their dedication to their profession.In an announcement made by the Department of Education (DepEd), the beginning of the celebration of 2022 National Teacher's Month (NTM) is on September 5, with the theme of "Gurong Pilipino, Dangal ng Sambayanang Pilipino." This is to commemorate the excellence of teachers and their devotion to helping young people in the Philippines achieve their goals and fulfill their ambitions.

People celebrate World Teachers' Day every September, yearly. This has been held to thank the teacher for the sacrifices they made, the guidance they provided, and for inspiring each and every student to study and become professionals. Words are not enough to express how much gratitude students feel for everything that the teachers have done.

It is common for Filipinos to celebrate Teacher's Day by giving their teachers unexpected gifts, putting on a performance in which they express their gratitude to their teachers by singing songs like "Thank you" and "Salamat," and raising funds to purchase their teachers' cakes, confetti, and other decorations to make them feel extra special on that day to show appreciation and how thankful students are for the teacher's dedication for helping them gain wisdom and prevent ignorance.

The teacher acts as a bridge between the student and their aspirations in life. It is indeed that the teacher is the builder of all professionals; teachers impart their knowledge and guidance onto their students in order to teach them in becoming more admirable individuals who may serve as models for future generations.

National Teacher's Month 2022



UPHOLDING BUSINESS LANDSCAPE AT 25TH EDUKCIRCLE ON BUSINESS 2022

The Bachelor of Science in Business Administration Major in Marketing and Human Resource students, professors, and other profession in the field of business gathered at 25th EdukCircle International Convention on Business via Zoom held last October 22, 2022.

Over 300 students from 32 different schools and universities joined the webinar. The topics focused on business environment and development. The webinar was hosted by Ms. Toni Pua, GMA International host and a Senior Activation Specialist.

La Consolacion College-Caloocan have the tradition of actively participating in the said event annually to grind out the students' knowledge and awareness to different issues in the business field.Well-known and acquainted speakers from different universities worldwide shared to attendees their studies and expertise about the field.

The first presenter was Dr. Yann Cornill, Assistant Professor of Sauder School of Business at British Colombia. His study is about Epicurean Nudging that focused on the portion control on appetite. He also disccused the sensory image, health image and control which is a very interesting topic that explains the people psychology and how it affects their decision when it comes to measuring their food.

The next speaker was Professor Dominic Houlder, Adjunct Professor of Strategy and Entrepreneurship from London Business School. He presented about Executing Strategy in Turbulent Times, the topic was very helpful since some business are struggling.

Meanwhile, the third speaker was Dr. Kathryn Rudle Harrigan, Professor from Columbia Business School, Columbia University. Her presentation focused on the growth and updating in a business including computers, Excel and Microsoft accounts.

The fourth presenter was Dr. Mohammed Razzaque, Associate Professor of Business School at University of New South Wales. His discussion focused on Social Marketing.

First, the Bristish and American definition of Social Marketing. Second. Next, the common misconception of social marketing particularly as social media marketing, corporate social responsibility, societal marketing and nonprofit marketing. Third, is the Basic Characteristics of Social Marketing, Essential Features, Application on Social Change and more.

For the fifth discusser was Dr. Jaideep Prabhu, Professor at University of Cambridge. His topic is about Frugal Innovation. He pointed out the innovations came from less resources but can do more and better particularly the MittiCool Fridge and the Nokia 1100. Moreover, the Frugal Innovation in the West and its Six Principles are also disccussed. In conclusion, we need to an inclusive, frugal and flexible innovation. Also, it is better that small and large organizations will work together to improve our lives.

The last lecturer was Dr. Junbum Kwon of Business School in University of New South Wales, discussed the topic of Communicating Entrepreneurial Ideas for Crowdfunding Success. He defined Crowdfunding as "a platform that provides opportunity to the founders to advertise their new product ideas." The key success factors for crowdfunding was also given and explained.

After each speaker's presentation, the students and panelist were given a chance to ask questions and discuss their insights about the topics discussed. For more updates and information on EdukCircle Conventions, just visit and follow their social media accounts in Facebook and Youtube: The EdukCircle; and in Twitter and Instagram: @EdukCircle.

TRAVEL WITH THE TRAVEL CLUB IN CELEBRATING World Tourism Day 2022



MA.CHRIS HERMIE MORALDE

In celebration World Tourism Day, on September 27, 2022, La Consolacion College- Caloocan's Bachelor of Tourism Management (BSTM) students' Travel Club hosted a webinar held via Microsoft Teams with a theme "Rethinking Tourism" that aims to relive, empower, and promote the tourism industry in the midst of pandemic.

Ms. Shari A. Peniano, a Malabon City Tourism Officer and a LCC-C College Alumna was the first guest speaker. Ms. Peniano's talk revolved around the wonders can be seen in Malabon City.

As a Malabon City Tourism Officer, she toured the attendee virtually in Malabon City, highlighting different mouthwatering foods and delicacies native and iconic to the city, namely: Pancit Malabon at Nanay's Pancit Canton Restaurant, Ninong Ading's Veranda- a heritage house of Dr. Conrado Nepomuceno turned into a restaurant, Dolor's Kakanin- the iconic round kakanins, and many more. The speaker also mentioned the Concepcion Market, known for their delicious products. Did you know you can also explore Malabon City through a box?! The Malabon-in-a-Box a food package consisting the delicious products and delicacies of the city, in this way it promotes the tourism industry and restaurants and their products.

Aside from delicious foods, Ms. Peniano toured everyone to historical and cultural destinations in the city, including San Bartolome Church and the Tabakan Festival held every August to honor San Bartolome; Heritage Library Museum featuring historical artifacts of the city. Malabon City has always been associated to flooding, but in this talk, Ms. Peniano introduced the city in a completely different lens.

The second resource speaker was Mr. Dennis Del Mar, a trainer from PTC Aviation Training Center Inc. and been working in the airline business for 31 years. Mr. Del Mar talked about what it takes to be a flight attendant.

According to the speakerflight attendant must know the rules of the flight, the duties of the job, and the standards of the airline. Flight attendants are trained to deal with problems and keep people safe and he emphasized that a flight attendant must have a "heart for service", love what you do, love helping people, and have a kind heart to give passengers the best service.

In between gaps of the speaker the Travel Club prepared simple game, named "Scavenger hunt" using the Plus Code of the Locations using Google Map and identify the tourist attraction. Each winner received a reward for their participation.

Annually, September 27, the international community celebrates World Tourism Day to bring attention to the importance of tourism and its social, cultural, political, and economic value. This celebration is a great way to empower and promote the one of the most affected industries in the pandemic in the Now Normal.







LCCCians Take Part in Leading the Campaign in Dealing Mental Health

by Kenneth Jordan D. Carpio



Mental Health matters!" On September 30, 2022, the Guidance and Evaluation Center organized a webinar titled "Back to Basics: Understanding Mental Health" in order to raise understanding and awareness regarding mental health among LCCians. Ms. Grace Nicka Banawa, RPM, RBT, LPT, a mental health advocate and professional, graced the event as the key speaker for the webinar. The event was attended by grades 7 and 8, Senior High School, and College Students to further understand mental health and its importance. The event was organized by the Guidance and Evaluation Center in an effort to celebrate Mental Health Awareness Month in October.

Mental Health Conversation has become louder in recent times due to the pandemic. Many people are suffering and dealing with mental health issues, which is completely normal. However, despite its normalcy, there are stigmas existing that immobilize the normalizing mental health conversation. As the key speaker reiterated, "Stigma has three elements, namely: ignorance, prejudice, and discrimination." Indeed, stigma is deeply rooted in ignorance. Many people do not understand what it is, which makes it easy to judge and discriminate against individuals dealing with mental health issues.



Every individual is dealing with mental health issues, it could be good or poor, and it is normal. But poor mental health does not equate to mental illness. As the speaker highlighted, "a person can experience poor mental health and not be diagnosed with a mental illness." Because problems and illness are two different things, mental illness can experience periods of physical, mental, and social well-being. That's why we need to understand mental health for us to assess ourselves if we need to seek professional help.

Depression and Suicide were also tackled by Ms. Banawa as these are the mental health issues that are common to students, and there's an urgent need to discuss and address these things that can only be done through normalizing mental health conversations and asking the help of mental health professionals.

There is no room for stigma if life and one's well-being is at stake. It's about time to make a constant movement, be part of the movement to eradicate stigma, normalize mental health conversations, and ask for help from mental health professionals. May we be part of and in one in raising awareness and understanding towards mental health.

THE 13TH EDUKCIRCLE CONVENTION ON EDUCATION STUDIES PROVED TIMELY AND SUCCESSFUL



ALANIS MAY ALCALA

The 13th International Convention on Education Studies was an online event that transpired on the 29th of October that was conducted via Zoom and hosted by Ms. Toni Pua. Different lecturer and professionals internationally present their studies during the online convention. Attended by students and professors from the list of outstanding universities and colleges in the Philippines.

The first speaker is Dr. Meira Levinson, a professor at the Graduate School of Education at Harvard University, talks about the examples of ethical dilemmas in educational practice and educational policy, how ethical dilemmas in education have traditionally been addressed, why ethical education is somewhat insufficient as a matter of theory and practice. Dr. Levinson also shares some resources on educational ethics and what field of academic ethics would accomplish. Dr. Levinson presented the requisite knowledge to her audience as she delivered it professionally and sincerely and was open to suggestions and feedback.

Dr. Susan Newman is the second speaker from New York University, a Steinhardt School of Education professor. The professor elaborates on the different skills for school readiness and how they can be developed. Dr. Newman presents her study with solid backgrounds and replete information and further explains the consequences of those school readiness skills.

The third resource speaker who presented their study was a professor from Columbia University, Dr. John Broughton, an Associate Professor. The latter amazingly conferred his research without a presentation and made it a successful talk, as Dr. Broughton did it brilliantly and exceptionally.

Dr. Shima Saichi, an Assistant Professor in the Graduate School of Education at Stanford University presented his insights regarding"Equitable STEM Education: What Can We Learn From Education and Psychology Research? Dr. Saichi presents an evidence-based approach to teaching scientific problem-solving. She provides data, study designs, and reflections that show her study in a very understandable way of learning. Dr. Saichi showed that teaching students reflective practices improve their problem-solving and empirically identified essential problem-solving practices, including reflective practices.

The last three professors who presented their studies are; Dr. Susan Robertson, a professor from Monash University who talks about Knowledge and Power as Contested Terrain.

Dr. Kentei Tekaya, a Clinical Associate Professor of Teaching and Learning from New York University, with his study about enhancing educational effectiveness through a needs assessment. Lastly, a University Lecturer from the University of Cambridge, Dr. Ros McLellan, with her topic Mathematics Anxiety, its experience, origins, and implications.

The topics are very educational and engaging. Significant impact on future professionals. It made the audience develop and reflect on what they already knew and what they needed to know more. The topics are very educational and engaging. Great opportunity for future educators to learn, observe and understand specific problems that are not being reiterated enough in education through the perspectives of experts and professionals around the world.



LCC-C INSTITUTIONAL LIVING ROSARY:

Praying as One Community; Communing with God as One Entity

KENNETH JORDAN CARPIO

For the first time in two to three years! Finally, La Consolacion College- Caloocan's Institutional Living Rosary was held face-to-face last October 27, 2022, at LCC-C Quadrangle.

Rosary—one of the most recognizable icons of Catholicism. The etymology of the "rosary" originated from the Latin word "rosarium", meaning "garland" or "bouquet of flowers". By praying and meditating on the rosary, it is an offering of flowers to Mary. Every October, the Catholic faithful ensure that they celebrate the holy rosary in honor of Mary, Mother of God.

The praying of the holy rosary for each Luminous Mystery was led by the Administrators, Faculty, Non- Teaching Personnel, Family Council Incorporated Members, Alumni, and Community of Sisters. The College Faculty led the praying of the Third Luminous Mystery.

Selected students are invited to attend the Living Rosary physically to offer candles and flowers and light the candles representing the beads of the rosary.

In an interview with Ms. Brigenda Pajarillo, the Campus Ministry Officer-in-Charge, she was excited and glad to witness Face-to-Face Living Rosary after being held virtually in the past three years due to COVID-19 Pandemic. She reiterated that we pray the rosary with intensity for the healing of our World.

"In a world full of lies and sins, through praying and meditating, the rosary will prevail (over) the truth," Ms. Pajarillo added.

She also mentioned that although the change was noticeable due to the limitations, she was happy to see things slowly coming back to normal. "Despite the limitations, we are able to do things we missed"

Litany of the Blessed Virgin Mary, Final Prayer, and Blessing was led by the New President of LCC-C, Sr. Maria A. Garcia, OSA, and the community of sisters.

Upon the conclusion of the praying of the rosary, the Sayaw at Kultura Club of the Senior High School Department performed a Doxology while everyone was singing the "Awit sa Ina ng Santo Rosaryo."

The event was filled with joy, gratitude, love for Mary, and glory to God. The entire LCC-C is praying to the Mother of God to bring peace and healing to the World.



Igniting your Inner Darna:

Mighty Superheroine, Symbol of Women's Strength and Empowerment

by Wella Mae Flora and Loren Laguna

When we say "Filipino Superhero" the first name that resonates in our mind is "Darna", a superheroine created through the story of iconic comic artist, Mars Ravelo and illustrated by Nestor Redondo in 1950.

Darna appeared on the silver screen for the first time in 1951 portrayed Ms. Rosa Del Rosario and directed by Fernando Poe Sr. and alongside her archnemesis Valentina, a snake-haired woman portrayed by Cristina Aragon. The success of the first Darna film necessitated the creation of a sequel, which began in 1952. Although devastated by the sudden passing of Poe Sr. in 1951. The production and the family still continue the momentum of Darna and became popular in Philippine Comics and Entertainment industry up until now. Many legendary actresses portrayed Darna in cinema who are remarkable in their own ways, in the likes of Rio Locsin, Gina Pareno, Vilma Santos, Lorna Tolentino, Sharon Cuneta, and many more. Darna is iconic besides from the actresses who portrayed her and her gold and red costume, Valentina is also iconic, because of snake hair, the role was portrayed by actresses in the likes of Celia Rodriguez, Melissa Rubio, Pilar Pilapil, Pilita Corrales, and many more.



It was in 2005, when Darna appeared on television for the first time portrayed by Angel Locsin, and followed by Marian Rivera in 2009. Finally, after a long time Darna is back on television! On August 15, 2022, The New Generation of Darna aired in ABS-CBN channel replacing the FPJ's Ang Probinsyano. Darna has been trending nationwide and on social media platforms such as Tiktok, Twitter, and Facebook. Jane De Leon is the New Darna, whose alter ego is Narda. Darna would not be complete if there's no Valentina, Janella Salvador played the role of Regina that turns into Valentina when it is triggered. In the pilot episodes, before the magical stone passed to De Leon, Iza Calzado first showed up as Darna and Leonor the mother of Narda and Ding (brother of Narda). Leonor came to earth from her Planet of origin Marte, she fought the alien that invaded their town. Zaijan Jaranilla played the role of Ding, Narda's brother and trusted sidekick in the series. When Narda shouts, "Ding, Ang Bato!", he is the one who will throw the stone at Narda so that Narda might become Darna. The iconic line became a trend on social media. As there are a lot of crimes taking place in the Philippines, Darna's character serves as an inspiration for this generation. The bravery and generosity that Darna showed will help save the lives of other people just as she did. The audience is provided with an important life lesson by this television series since it clearly shows real-world societal concerns such as poverty, the corruption that can be found in politicians or in government, and how money may be the motivation for people to commit crimes.

Why all these years Darna is still relevant and well-loved by people? Because she is a reflection and role model for every Filipino worthy of aspiration, she is an icon of women empowerment and love for one's community and country promoting order, justice, freedom, kindness, and love. Each one of us has "Inner Darna" that must ignite and radiate within us and reflect in our actions, we may not have the magical stone and extraordinary abilities, but we are superheroes in our own, in our family, community, school, to our friends and loved ones.

Ignite the Darna in you and let your power and influence inspire people to find the inner Darna in themselves!

FACTS ABOUT THE CASTS OF DARNA

MS. JANE DE LEON got her first big role as Darna. She attended different workshops to achieve every stance as Darna. Jane is a former member of Girltrends of the noon time show "It's Showtime".

MS. JANELLA SALVADOR as Regina Vanguardia/Valentina, she portrays two different roles. Her role is known as "Kontrabida with a heart" and a lot of netizens love her so much. Like her co-workers she really worked hard and prepared intensively to achieve the look of Valentina.

MR. JOSHUA GARCIA as Brian Robles is a Police officer and partner of Narda. He also attended different workshops to achieve every stance. He became popular because of his acting skills and because of that he got an award in the 32nd PMPC Star Awards for Television as a "Best Drama Actor"

MR. ZAIJAN JARANILLA as Ding brother/sidekick of Narda, is a Filipino actor who became popular as Santino.

MS. IZA CALZADO as Narda's mother and mentor. She is the keeper of the powerful white stone originating from Planet Marte. In 2005, she supposedly portrayed Darna, however, due to some problems, she withdrew from the role and eventually the role went to Angel Locsin in which she's supportive about it.





Christmas in the Philippines: THE MERRIEST AND LONGEST HOLIDAY IN THE WORLD

- Angelene G. Arsenio

More than three months before the actual Christmas day, the Philippine Christmas season begins on September 1st, highlighting the beginning of the so-known "BER months." Filipinos delight in the 100-day countdown of Christmas (September 16 to December 25), that's 3 months and 9 days, as it gets us all excited and which engages us in social gatherings. Christmas carols start playing on the radio, and in the malls, friends and relatives send invites to get together and eat together, and Christmas trees, balls, and lights have taken over the space as Christmas decorations. Filipinos are the best at celebrating Christmas. There are numerous occasions and traditions that Filipinos dearly miss during the holiday season. From carolings, visiting our ninangs and ninongs, and the famous Christmas handaan with our loved ones. It was all halted for two years when the pandemic struck, which we are now slowly slipping away from.

Why is Christmas celebrated earlier in the Philippines?

According to the statistics, more than 80% of the population is Catholic and the majority of them are Christians. Christmas is the most popular holiday celebrated worldwide. Christmas is a time for family, friends, religious celebrations, and festivals for us Filipinos. We love to celebrate a special occasion with lots of food, similar to how we celebrate festivals. Filipinos really put a lot of effort into celebrating Christmas even though we celebrate it during ber months.

Filipinos are all full of excitement when the 25th of December is nearing to spend that time with our loved ones. Attending Simbang Gabi (Dawn Mass), gathering outside to eat bibingka and puto bumbong. Filipinos look forward to Simbang Gabi every year as a way to anticipate the coming of our savior, Jesus Christ. There is also a belief that if you attend the mass for all nine days, your wish will come true.

The cold weather, the new clothes (damit pamasko) we get to wear on December 25, the sharing of gifts from our families and godfathers/mothers, as well as the workers' 13th-month salary and bonuses, the students together with teachers celebrating the Christmas party because it is a time to make memories, the exchanging of gifts, receiving the famous Christmas handa which consists of spaghetti, ham and queso de bola.

By displaying the Belen and airing Christmas music, particularly Jose Mari Chan's 'Christmas in our Hearts' on the radio and to the houses of Filipinos, the familiar Christmas spirit that malls and business establishments exhibit, the most wonderful season of the year begins and is celebrated for months.

Before the pandemic, the LCC-C community celebrates Christmas by having a party. Each class organizes its party based on how they want it, consisting of games, exciting prizes, having a meal together, or "salo-salo" that will someday turn into a memory to remember. This year, the LCC-C students, as well as the faculty and personnel anticipate the comeback of the original Christmas celebration at school after the two years we were held back.

"Christmas day is a day of joy and charity. May God make you very rich in both." It's the Christmas season today, the extended holiday season creates an atmosphere of generosity, caring, and genuine love that will reach its happiness on Christmas Eve at the blessed Noche Buena family dinner.

PHILIPPINES HAS THE LONGEST CHRISTMAS!











FEATURE

"MOST-AWAITED COMEBACK OF LCCIANS: FACE-TO-FACE CLASSES IS REAL, ARE YOU READY?"

by Beatriz Elaine F. Basto

Hearing this kind of news and announcement gives us a roller coaster ride of feelings and emotions. Some of you may feel excited to see and roam around the vicinity of the school; others may be excited to meet their teachers and classmates in person. And maybe some of you are still frightened and nervous going to school, especially when your teacher asks you to introduce yourself.

In compliance with the Department of Education (DepEd) states that both public and private schools and other institutions may conduct the fully face-to-face class on November 2, 2022. On the other hand, the Commission on Higher Education (CHED) asserts that it will not mandate that all institutions switch to in-person instruction, allowing colleges and universities to select the best type of instruction for their needs. In doing so, the La Consolacion College - Caloocan followed the order and complied with the requirements to operate and prepare the school for upcoming face-to-face classes.

But how about the students? Are you physically, mentally, socially, emotionally, and spiritually ready? If your answer is NO, read the next part to know how you will prepare yourself for the upcoming face-to-face classes. But if your answer is YES, have some reflections if the following concepts are already possessed. And if you are NEUTRAL, read the following selection and start to make your checklist.

Here are the keys to fully- equip yourself in the upcoming face-to-face classes, as LCC-Cians let us remember the keys by using the acronym of our school "LCC-C".

Let us prepare your essentials - Double check things you need to bring to school, such as a bag, notebook, pad paper, ballpen, pencils, etc. Check also the uniforms you need to wear in the school if it is fit for you and are still in good condition. Hence, as we are in the now normal, we should bring our vaccination card, face mask, alcohol, and sanitizer to prevent the spread of the virus.

Cope up with changes - "The one constant in life is CHANGE". Although we have different coping mechanisms brought by the changes happening around us, we must overcome it. Be easy on ourselves, and trust the process even if it is slow and what matters the most is the progress. Always surround yourself with positive people so that it will radiate a happy and productive outlook in life.

Check your health - It is vital to hear our body so that the systems are functional and working together. By having daily routines such as exercising, eating healthy meals, drinking plenty of water, and getting enough sleep. Remember, to take a lot of vitamins to boost your immune system for added protection.

Commit to your study - As students, we need to be dedicated and passionate in every school works and tasks. By establishing a good study habit and allotting time to each activity that you need to accomplish. In that way, it serves as a compass and tool for us to achieve our goals and dreams in life.

After reading the text, I think you are ready for the upcoming face-to-face classes! The long wait is now over, and it is real! Let us open our arms and shout:

Have a safe and fruitful academic year for all of us.

WELCOME BACK

LCC-Cians!



POPE: A PERSONIFIED PROMISE OF CHRIST TO HUMANITY

Kenneth Jordan Carpio

Successor of St. Peter, bearer of the Ring of Fisherman, head of State of the Vatican City, and Leader of the Catholic Church, simply known as "The Pope". According to Catechism of the Catholic Church 882, the Pontiff "has full, supreme, and universal power over the whole Church, a power which he can always exercise unhindered."

Matthew 16:18 "You are Peter, and on this rock, I will build my church." The papacy is not just a position, it is believed that it is bestowed by Jesus to his apostle, Peter. It claims that he has the authority to continue Jesus' mission to spread the Word of God.

Currently, Pope Francis is the head of the Catholic Church; born as Jorge Mario Bergoglio of Argentina, he is the first South American and Jesuit Pope in the History of the Papacy. In 2013, he was chosen by the College of Cardinals to be the successor of St. Peter after the resignation of Pope Emeritus Benedict XVI. But have you ever wondered what is the path to Papacy?

The selection of the Pope is a highly-religious process. It seems like God is orchestrating everything. Once the reigning pope died or resigned, after the mourning period passed, a conclave must take place, the papal election. The vacancy of the papacy is called "sede vacante". All cardinals around the world, not more than 120 cardinals, not 80 years old or beyond at the time of conclave, are eligible for the papacy, and selecting the pope, they will be called as "College of Cardinals".

After gathering the cardinal, the day of Conthe clave begins with the celebration of Mass of the College of Cardinals before the procession to Sistine Chapel while praying the Litany or "Ordo Rituum Conclavis", and they will lock their selves in the chapel, inside the walls of Vatican. Inside the chapel, cardinals have to take the pledge "Oath of Secrecy". After the oat, upon saying the Latin term "extra omnes," meaning "all out," commanding anyone to leave the Sistine Chapel who will not take part in the conclave. Once locked, the College of Cardinals starts the conclave. Single ballot on the afternoon of the first day; from the second day onwards, two ballots are held in the morning and the afternoon. The ballot contains the Latin term "Eligio in Summum Pontificem..." (I elect as Supreme Pontiff...) and a space below allotted to write the name of the cardinal they want to be the next pope.

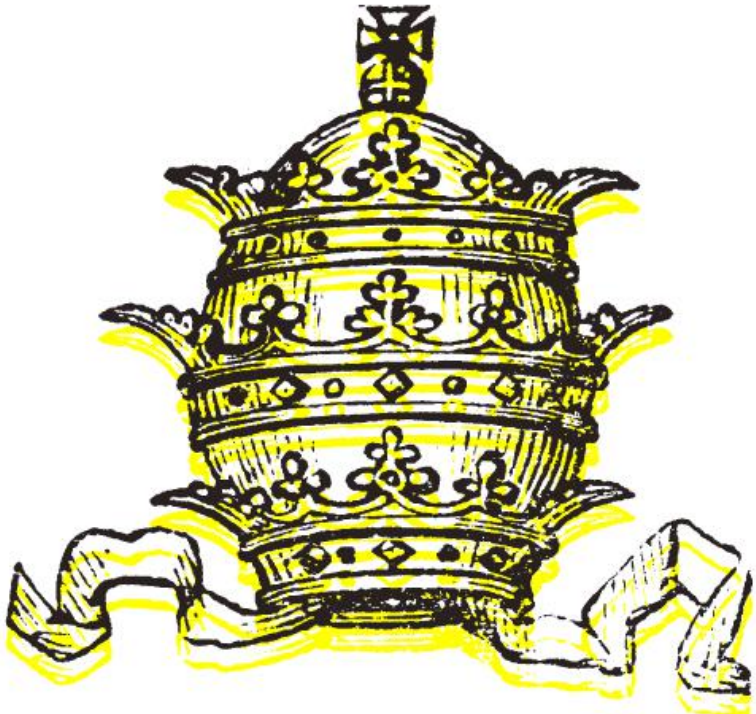
As the College of Cardinals are in the process of the conclave, the faithful of the Catholic Church and media are flocking to St. Peter Square, anticipating to meet the new pope. Some of them are praying, bringing their country's flag and photos of their cardinals, and some are betting on which cardinal will be the next pope. Even in conclave, there are frontrunners; the media and people called it "papabile" (popeable) or "preferiti" (favorite).

Back to Sistine Chapel, once the cardinals cast their votes, they will proceed to the altar and place their ballot on the plate before dropping it in the urn. After dropping the ballots in the urn, the scrutineers will count the vote, the first two scrutineers will count and tally the votes, and the third scrutineers will announce the name of the cardinal written on the ballot after the ballot has been tallied, it will be pierced with a needle and placing the ballots in a single thread.

Once the votes have been counted, it will be burned, and the color of the smoke indicates decision, black for no pope has been elected, and white means "Habemus Papam" or "We have a New Pope." People outside the Basilica are just praying and waiting for the smoke in the chimney of the Sistine Chapel. In order for a cardinal to be elected as pope, he must receive two-thirds of the vote or at least 80 votes. After the release of white smoke, the faithful and the entire Catholic Church are excited and rejoicing to meet the new pope, who will appear any minute on the balcony of St. Peter's Basilica as the new pope's first public appearance. Before the appearance of the newly-elected pope, a cardinal will utter the words "Annuntio vobis gaudium magnum: Habemus Papam..." (We announce with great joy, we have a pope...) after that will say the name of the cardinal elected as new pope and saying the official papal name of the new pope.

In the 21st Century, there are three popes, in the names of John Paul II (1978-2005), Benedict VI (2005-2013, and Francis (2013- present), and already two conclaves, one in 2005 after the death of John Paul II, and in 2013 upon the resignation of Benedict XVI. Fun fact! Some reports are saying that in the 2005 Conclave, then Cardinal Bergoglio of Argentina (Pope Francis) was a runner-up to then Cardinal Ratzinger of Germany (Pope Emeritus Benedict XVI). While in 2013 Conclave, formerly Manila's Archbishop Cardinal Luis Antonio Tagle, was a "papabile", a contender for the papacy.







Editorial Cartoon by Janelle Sioson

"Ready or Not?"

: An Implication of Voluntary Use of Face Mask in Philippine Context

by Mary Jane Totanez

Planning to go outside while slaying your OOTD? This might have been a common millennials and Gen Z scenario before, but everything had changed when the sudden COVID-19 pandemic took over the customs of the entire world–there is an additional 'must' that people are required to wear regardless of how it deface someone's style. Face masks became part of everybody's necessities as it was mandated by the Department of Health and Inter-Agency Task Force for the Management of Emerging Infectious Diseases in order to ensure safety from the virus. Nevertheless, as time went by the country also striving to go back to the normal wherein they are relieving local and national policies together with allowing slackened mobility. Consequently, last September 12, 2022 President Ferdinand Marcos Jr. approved the Executive Order No. 3, s. 2022 that allows voluntary usage of face masks in an outdoor setting whereas Press Secretary Trixie Cruz-Angeles reiterated that the implementation of minimum public health standards are still continuing. The signed EO cleared that scope and limitations of the guideline, since face masks are still required to wear indoor either public or private, specifically in all modes of public transportation and outdoor settings where physical distancing cannot be acquired. Moreover, the level of "highly encouraged" falls with people who have not yet completed the primary COVID vaccination series, senior citizens, and immunocompromised groups.

Based on the study of Hapal (2021) published in Sage Journal, "the Philippine response to COVID-19 has been described as being one of the longest and strictest lockdowns in the world. Entire provinces and cities were put into lockdown, mobility was restricted, and the wearing of masks and social distancing were strictly enforced". In spite of it, ironically the country is also one of the slowest to recover from the pandemic's impact. Considering the recurring effects of COVID-19 in the country and ensuring that proliferating of the virus will not take place, are the Philippines ready or not with this mandate?

That mundane and unusual thing which is customarily seen only when going to hospitals, laboratories, and clinics are now creating some debates whether the country has already established its stability and is ready to use it voluntarily instead of mandatory. Martinelli et.al. (2021) studied different views about face mask wearing wherein diverse standpoints were considered mainly Medical Perspectives, Political Perspectives, and Personal Behavioral Alteration. Face mask, a typical thing that mainly utilizes a required level of assuring individual's protection as well as function part of wearing Personal Protective Equipment or PPE. In fact Dr. Caeusu (2021) stated "as an obstetrician-gynecologist, I am trying to convince people that there is no way of considering the mask as an enemy but a protection– like an umbrella against rain" which connotes that face mask has viewed as a means of primary protection in a medical perspective. Face mask, a now politicized discourse as a country reinforced financial penalties with its usage that creates a dilemma whether to empathize people's economic situations by requiring them for payable fees related to face mask wearing.

In contrast with prioritizing the public health and safety as Masic (2021) highlighted that "health risk of incorrectly wearing a face mask increased by 25%... wore mask improperly, on their neck, or wearing only their mouths, but not nose...they touch the outside mask, which is inappropriate and wrong". These conflicting perspectives also affects people's behavior, emotions, and psychological entrapment syndrome as from being isolated uncertainty for several months and going back to living "with others" outside the household urge new social etiquette that creates different outlook whether it is highly necessary to increase safety measure, it is additional financial burden, or it may cause a vast amount of environmental pollution in daily basis.

Establishing public policies intertwined with considering every sides and corners as it allows contextualizing every perspective that influences the effectiveness and efficiency of the new guidelines. However, taking stances into account, Philippines' capacity in terms of its responses with the pandemic– it is not fully ready to implement an entire voluntary use of face masks. As according to Fodjo et.al. (2020) *"voluntary policy and insufficient compliance can be perceived as less fair allowing individuals to compromise epidemiological measures"* wherein several studies supported that firmer rules correspond to a better compliance to the situations. In spite of gradually striving to go back to the normal, some aspects have to be modified completely that might contribute to what *"new normal"* portrays. A situation where no sides and perspectives are being compromised and will not romanticize an instant decision-making without proper analysis of the state's situation as every law, policies, and order immensely affects the entire Philippines ' welfare.

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The Happening

by Kurk Bryan Lee

Dr. Howard was a famous biologist that loves animals and valued life, he was always curious and would stop at nothing to get the answer. One lovely afternoon while sipping his tea he reached for the TV remote to watch some news. While watching, the first headline that popped up was about a strong typhoon that killed a lot of people, being a man who values life he turned off the TV and went to get his newspaper. Upon opening the newspaper, he got disappointed since the headline was about an earthquake that killed hundreds of people, being irritated he threw his newspaper and grabbed his phone. When he went to Facebook, he saw an article about a volcanic eruption that destroyed infrastructure and burned the forest, with a mixed feeling of sadness and anger.

He sat down and pondered about why is there suffering? After some thinking he came to the conclusion that it was all the fault of God, because of God, all those people died. Why does God make these disasters? I will find the answer.

He then traveled to Saudi Arabia to ask God why he made those disasters, on his way to meet God he came across a lake, and he was about to walk away when suddenly a giant crocodile came out of the water. Dr, Howard was scared and thought that he was going to die. However, the crocodile said “Do not worry. I'm not going to eat you.” Dr. Howard asked “Why?”

The crocodile then opened its mouth and to Dr. Howard's surprise, it had no tooth. How did that happen? The crocodile responded “I don’t know one day I just woke up and all my teeth fell off” Dr. Howard replied “Don’t worry I'm on my way to God and I am going to ask him why all your tooth fell off.”

The crocodile then thanks the scientist and Dr. Howard continued his journey while walking he felt a rumble on his stomach, he was hungry, but where will he get his food, he's in a jungle for crying out loud he heard somebody saying “He, buddy! Do you want a mango?” When he looked up he saw a giant mango tree talking to him. He answered “Yes” So, the mango tree dropped a mango and Dr. Howard sat at the foot of the mango tree while eating.

The mango tree then asked “What are you doing in this jungle buddy?” Dr. Howard then said “I am on my way to God” The tree asked, “Why?” Dr. Howard replied “I am going to ask him why natural disaster happens and why does he torture his creation?” The tree then said, “Then, can you ask God why there are birds attacking me, birds keep drilling at my trunk to make their nest, they also pull my leaves and steal my fruit, can you ask God why he punishes me with birds?” Dr. Howard said yes and continued his journey.

While walking he saw an ostrich looking up at the sky, Dr. Howard asked the sad ostrich “What are you looking at?” The ostrich replied, “The other birds, I wish I could fly like them.” Dr. Howard then said “Well, I'm on my way to meet God I might as well ask him.” The ostrich was happy then thanked him.

He finally reached his destination Mount Horeb. Suddenly the burning bush appeared, once again as what happened in the bible, God then said “I was expecting you, Dr. Howard, I was watching your journey and I admire your hunger for knowledge.” Dr. Howard then said “Then you know why I'm here?”

God replied “Yes my child I am omnipresence, come now and I shall answer your questions.”

The first question is, “Why did you remove the crocodile's teeth?” God answers “That crocodile is a bad crocodile. His name is Gustave, he is a Nile crocodile and the reason I punish him is that he kills young animals and human but he does not even eat them, he just plays with the corpse, and then kill another, I had to punish him to give justice to his victims.”

“Alright, second question why did you punish the tree?” God answers “My child that is not a punishment that was helping the tree, the birds guard the tree from termites, termites are insects that eat wood and leaves. If I were to remove the birds the termites would kill the tree”

“Okay then, the third question why didn’t you give the ostrich ability to fly?” God answers “My child the ostrich is a big bird but it can run fast and defend itself from predators, that’s the take away since I gave the ostrich power and speed I had to take away flight since he would be too heavy to fly.”

"Alright, now my last question is about the natural disaster." God said "Listen Doctor, everything in life has a purpose, I create rain and storm so that plants may grow, the storm also helps human develop and become stronger because of typhoon. It increases human intelligence. You invented satellites, roofs, infrastructures and window wiper. Earthquakes help form the tectonic plates and give way to small animals. As for the volcanic eruption it helps in the formation of volcanoes and small hills."

Dr. Howard then realized that everything happens for a reason, he then thanked God and went back to fulfill his promise. He went to see the ostrich being surrounded by birds, they were jealous of the ostrich because he was tall and fast Dr. Howard told the ostrich about God's answer and the ostrich was satisfied.

He then went to the mango tree and told the tree what God said. The tree was satisfied and thanked Dr. Howard.

Finally, he went to Gustave the Nile crocodile and told him about God's answer, Gustave felt guilty and apologized to God through prayer. After praying Gustave felt something in his mouth, when he opened his mouth it was one piece of the tooth that grew, Gustave then realize that sorry is not enough, he has to prove that he is sorry by not killing for fun, he can only kill when hungry.

Dr. Howard then went home and drank his coffee and he wrote and published a book about the reason for natural disasters and titled it "The Happening".

Mantsa

Maikling Kuwento

by Aren Chezz P. Lapada

Nagising ang isang binata na tila pupungas-pungas pa, hindi pa sana ito babangon nang maalala ang mga gawain na dapat tapusin sa asignaturang mahirap pa sa mahirap. Walang pahinga at tulog na hinarap ang papel at lapis na nagsilbing sandata sa kaniyang pagpasa, kahit napipikit pa ang mata, pipilitin na idilat dahil marami pa ang dapat niyang bunuin. Isang beses nagkaroon ng pulang mantsa ang sagutang papel ng binata, agad kinuha ang pambura nagbabaka sakali ito'y matanggal at mabura pa, dahil ilang oras na lamang kailangan na 'tong ipasa. Ngunit ang mantsang pula'y padami nang padami, hindi matanggal kahit anong pagbura pa ang gawin, ito pala'y hindi mantsa mula sa kagamitan niya, ito'y mantsa na magwawakas ng kaniyang pangarap at paghinga...

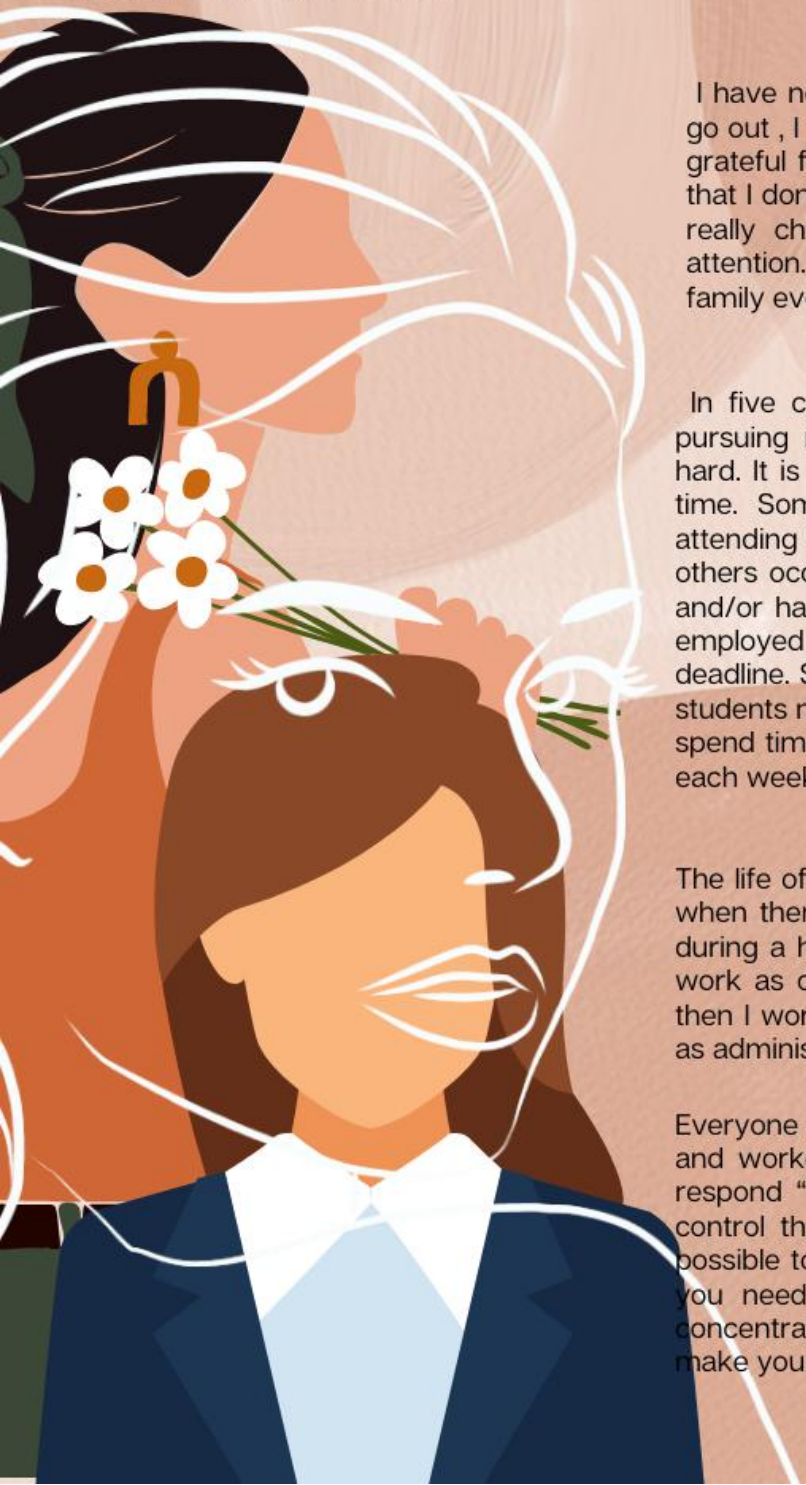


Proud to be a "Working Student"

Gising sa umaga, Gising sa gabi

by Aira Joy Escuzar

My Mom once told me “mag enjoy ka lang sa buhay hanggat bata kapa”. Every time I think of these words I ask myself, "Am I enjoying my life?", “Am I doing great?”. For the entirety of my time in college, I have been a working student. Balancing my study and career is one of a difficult part of being a working student. Study and have a class in the morning and worked in the evening. I can say Im doing great because I manage to pursue my degree with a lof of effort.



I have no time for “Gala” and whenever my friend asked me to go out , I just simply said “I have been working in the evening. I'm grateful for all of my friends who stick with me despite the fact that I don't always have time for them. A working student's life is really challenging. They hardly give anything or anyone any attention. No communication with friends, little attendance at family events, and only uses books to play hide and seek.

In five consecutive years, I continue to be a working student, pursuing my education and working at the same time is really hard. It is not as easy to work and educate yourself at the same time. Some people work additional occupations in addition to attending their institutions full-time. Some people work part-time, others occasionally perform odd jobs, while still others don't work and/or have never worked a day in their lives. Students who are employed feel pressure to finish all of their assignments by the deadline. Sometimes, in order to work out on several assignments, students must create schedules. Even when you want to unwind or spend time with friends and family, you still need to schedule time each week to sit at your desk and study.

The life of a working student can be somewhat chaotic. Especially when there are deadlines involved, and even more so if this falls during a hectic time for both work and personal life. I started my work as cashier at chowking for 3 consecutive years. I resigned then I worked as Call center for 10months, and finally I'm working as administrative assistant at Chowking.

Everyone asked me what is the secret of balancing your academic and worked since working while student is challenging. I simply respond “Time Management” is a key. People can organize and control their activities using time management. We believe it is possible to complete all tasks with minimal effort and planning. All you need to do is master the art of time management and concentrate on staying organized. Just focus on your goals and make your life meaning for the things that will come in your way.

Ulan

by Aren Chezz P. Lapada

Maikling Kuwento

Isang makulimlim na umaga ang bumungad sa pagmulat ng aking mata, isang mapait na ngiti ang aking iginawad dahil sa aking nasumpungang pagbabadya ng ulan.

"Ito nanaman" aking nabanggit sa sarili dahil sa nasilayan.

Masaya nanaman ang mga bata dahil may masarap na tsamporadong handa nanaman ang kanilang Ina, habang ang kanilang Ama ay may bitbit na pandesal para sa kanila. Wala nang mas sasarap pa sa panonood ng kartun habang kumakain ng tsamporadong mas lamang pa ang gatas sa ibabaw. At sa pagsawsaw ng mainit na tinapay sa kapeng matapang.

"Sana bata na lang ulit ako"
Wika ko sa aking sarili habang nagbubukas ng instant noodles na aking agahan sa araw na ito.

At umulan na nga, buti na lamang at wala akong pasok sa araw na ito, nadagdagan ng lamig ang kwartong aking tinutuluyan. Aking naalala ang dating pagmamahal sa ulan nang sobra-sobra. Ngunit nagbago dahil sa aking mga nakita.

"Sana umulan, para payapa ang paligid at malamig ang simoy ng hangin"

"Ang sarap naman yahuuuuu!"
Wika sa sarili habang natatalsikan ng patak ng ulan sa aming bintana.

Mga salitang nagpapahiwatig bakit nais ko ang ulan palagi. Ang sarap naman kasi talaga sa pakiramdam kapag dinadama ang bawat pagpatak nito, kasabay ang masarap na hangin na may dalang ginhawa at lamig. Sa aking pag-iisip may mga salitang hindi ko na nais pang marinig.

"Anak baka yung gamit natin basa na, baka umapaw na ang palangganang inilagay ko para sa butas ng bubong"

"Umuulan nanaman wala nanaman kaming matutulugan"

"Pahirapan nanaman sumakay nito"

Mga dahilan ng pagbawi ko sa hiling na sana'y umulan.

Masakit man sa pakiramdam na ayawan ang pagnanais na umulan, akin itong buong pusong tinalikuran dahil hindi lahat ay biniyayaan ng magandang tirahan upang kanilang masilungan, isang sasakyan na pwedeng maghatid sa kanilang paroroonan, at ni silong manlang kapag ulan ay nariyan.

Ako'y nagising sa malamig na patak,
"Hindi ka na namin nagising agad anak, bangon na tulungan mo kaming maglimas ng tubig tumataas nanaman"

Panaginip lang pala, sana ito'y totoo na . . .

Disney's Little Mermaid sparks backlash and interests: Have you ever imagined Ariel being black?

by Roselyn Nicole Bautista

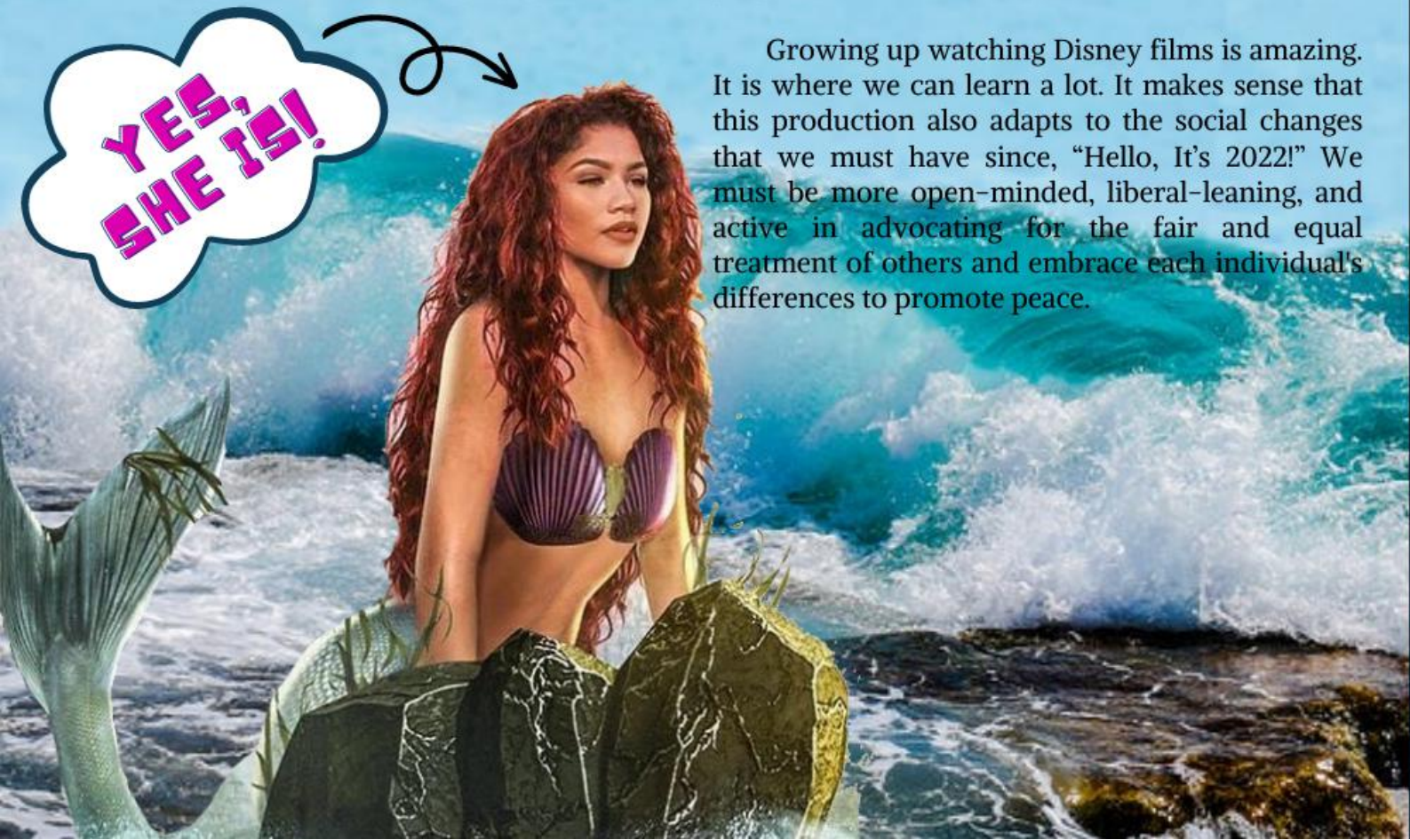
he first teaser for Disney's live-action remake of "The Little Mermaid," starring Halle Bailey, has been released. People who perhaps had no prior interest in Disney movies were fascinated by the concept that Ariel was portrayed by a black actress. Netizens want to ask, "Whozits and Whatzits? About the Little Mermaid film.

The one-and-a-half-minute teaser opens with the vast sea before focusing on a swimming mermaid exploring a shipwreck. The teaser was first posted on consequence.net, which features Halle singing 'Part of the World', the film's theme song. The live adaptation, directed by Rob Marshall, gives the viewers a quick glance at what they will expect as people wait for it to be released in theaters on the 26th of May, 2023.

As the famous Disney Princess movie goes, it tells the story of Ariel, a teenage mermaid princess who wishes to become human and falls in love with a human prince named Eric, prompting her to make a magical deal with the sea witch Ursula in order to become human and be with him. The teaser shows a realistic environment and objects under the sea, coupled with Ariel, who delivered the song perfectly and gave goosebumps to many. The story is already interesting, but it becomes more mainly for how the main character looks.

On the other hand, numerous film critiques arise as mermaids live under the sea and come from European mythology figures, meaning Ariel must be white and making the character black can ruin some people's childhood. Ariel being black sparked a lot of positive reactions as it spread across many social media platforms like Tiktok, Facebook, Youtube, and more. Many people relate to and become fascinated with how Ariel looks, especially the Black community. For them, this film becomes an advocacy to stop racial discrimination across the world, mentioning that representation matters, which typically means "if people who look like me are on screen, I matter."

Growing up watching Disney films is amazing. It is where we can learn a lot. It makes sense that this production also adapts to the social changes that we must have since, "Hello, It's 2022!" We must be more open-minded, liberal-leaning, and active in advocating for the fair and equal treatment of others and embrace each individual's differences to promote peace.





"LET'S GO, PPOP RISE!"

MA. CHRIS HERMIE MORALDE & AIRA JOY ESCUZAR

PPOP (Philippine Pop Music) is currently having a moment of global supremacy. The growth of PPOP groups is one of the primary causes of this. As a result, PPOP music is consistently mainstream. These PPOP groups bring a fresh flavor to Philippine music, and when they perform their own Filipino music, most of the groups sing, dance, and play instruments.

SB19, also known as the country's PPOP kings, is one of the most successful PPOP groups in the country. They are the ones who penned and performed the well-known song "MAPA," which is a song that is dedicated to Mama and Papa and garnered 77 million views on YouTube as of this writing. They were nominated for Billboard Music Awards in the category of Top Social Artist in 2021. SB19 is the first Filipino act to land on the International Billboard Social 50 and Next Big Sound chart with the number 2 peak spot. The five-member group occupied the top spot on the Billboard Hot Trending Song Chart for a total of seven consecutive weeks. With their continuous success, the boys are now on the road to their world tour concert.

The impact of SB19 has resulted in the formation of a large number of PPOP groups in today's music scene, including **BGYO, BINI, ALAMAT, 4TH IMPACT, 1STONE, KAIA, G22, VXON, CALISTA**, among others. **Anne Tenorio**, a previous student of La Consolacion College-Caloocan from a Bachelor of Science in Business Administration with a concentration in Marketing and is a member of the PPOP girl group Calista. These PPOP artists' ensembles are getting closer and closer to reaching their objectives of being well-known and showcasing Filipino talents.

Between the years 2010 'til 2020, there was progress made in Philippine Pop Music. People were willing to pay more money to produce and listen to music because of the rise in its overall quality and the growth in the range of musical styles available. It was merely the beginning of popular culture when PPOP began to adopt the popular musical genre of KPOP (Korean POP music); at that time, it was also the beginning of a culture in which PPOP artists showed their silky dance moves and angelic voice.

As a result of SB19, which adopted the Korean training system, becoming well-known and inspiring a fan base that functions similarly to KPOP fandoms, PPOP has gained domestically and internationally in recent years. The PPOP music scene is unquestionably expanding with the help of new groups making their first appearances and being brought to light one after the other.

TAYLOR SWIFT: THE MIDNIGHTS' MASTERMIND

– Alanis May Alcala

Midnights, Taylor Swift's 10th studio album, released on the 21st of October, makes history as one of the most historic albums to claim the survey's entire top 10 in a single frame in the 64-year history of the Billboard Hot 100 songs chart.

It breaks several sales and streaming records within its release week, breaking the record for the largest overall week for any album, by equivalent album units, within just four days.

Five years ago, Swift's 6th studio album, "Reputation," achieved the biggest-ever U.S sales week by traditional album sales with 1.216 million copies sold. "Midnights" topped this record in just four days!

Ever wondered what it is about "Midnights" that has made it Taylor Swift's most significant success yet, and why did it break her own record?

In her acceptance speech for the Video of the Year award for "All Too Well (10-minute version) (Taylor's version) (from The Vault)" at the VMAs in August, Taylor Swift surprised not just her fans but also the world by announcing that she was releasing her brand new album "Midnights" on 21st of October.

All 13 tracks on "Midnights" were produced by herself and her longtime friend Jack Antonoff, featuring the very glamorous Lana Del Rey in one of the tracks, "Snow on the Beach." Experimenting with an atmospheric synth-pop style with hints of R&B, "Midnights" marks the revival of Taylor Swift's catchy, pop-style songwriting.

Taylor Swift set a new standard by embracing the past and some of her best practices. Swift's announcement of "Midnights" led to a change in this lower-profile social media stance. Suddenly it feels like 2015 again for fans, as Swift posts practically every day and interacts with fans as she keeps updating and posting titles one-by-one on TikTok about her "Midnights" to nightly "Midnights Mayhem with Me." A genius marketer in terms of keeping her distance from her fans but still making them feel connected to her by putting these clues out there that make it feels like a dialogue.

In her Midnights era, she announced her first tour in almost five years. Announcing her sixth tour, the upcoming tour, by name, is intended to highlight all the different eras throughout her career rather than "Midnights" alone, the "Taylor Swift | The Eras Tour."

Taylor Swift has been utterly successful at expressing herself through various genres of authentic songwriting and fan engagement. She is a truthful storyteller and creative artist, as she is an authentic person with respect to the way that she engages with her fans. As one of them, I think she's proven that over and over again.

The best thing that "Midnights" by Taylor Swift makes it groundbreaking is that she is the only person who can write them but not the only person who can relate to them. Using specific imagery and reworked clichés, she has shown her incredible capabilities as a songwriter by creating one of the most historic albums, "Midnights."







K-Drama hit "Extraordinary Attorney Woo IS HAVING A SEASON 2!

by Angelene G. Arsenio

"Woo to the Young to the Woo!" and "Dong to the Geu to the Ra-mi!" The famous lines from the K-drama hit titled 'Extraordinary Attorney Woo' made waves across social media and inspired people to imitate it. With its fun and hearty content, viewers quickly fell in love with the show, which made it climb to Netflix's top spot for months.

The lead actress Park Eun-bin portrays Attorney Woo Young Woo in the Korean drama Extraordinary Attorney Woo tells the story of a talented young lawyer with autism spectrum disorder (ASD) and genius-level intelligence. She achieved the highest score on her bar exam and graduated first in her class from Seoul National University's law school, one of the nation's most prestigious universities. The cast of the show carries off the combination of law, humor, and romance in the most endearing way. "The shock of moving from one space to another is very overwhelming for me. If I count to three and take a deep breath before going in, it lessens the shock a bit." – Woo Young Woo

Each episode deals with a different situation; it covers parenting, emotional problems, the case of the autistic brother, inheritance, product copying, gender discrimination, and many more topics that most viewers can connect with.

As seen in the show, Attorney Young-woo opened herself to grow more as a woman. Despite having an autistic condition, she manages to have a perfectly balanced love story with her co-lead Lee Jun-Ho. Attorney Woo and Jun-Ho had gotten along well since they first met, and as their platonic friendship progressed to closeness and then romantic love, they both grew to value one another even more. The lesson from this relationship between Young-Woo and Jun-Ho is that we should be bound to each other, listen to and make suggestions, know what we enjoy and dislike, and understand each feeling to identify what is wrong with the relationship. Jung-Ho always tells Young-Woo that they should not listen to what people think because love is not about them and instead should concentrate on helping each other grow and appreciate one's partner. Jung-Ho and Young-Woo match each other perfectly.

"How you feel right now is not important. How you felt when it happened is." Attorney Woo Young-Woo has proven in her amazing journey her determination to improve both professionally and personally. She accepts that there will always be difficulties that contradict her beliefs, and she accepts her hardship and celebrates her efforts by herself. Extraordinary Attorney Woo's second season has already been announced after the first season's recent success. Due to the drama's popularity and interesting plot, viewers may highly suggest it to everybody.

With the broad spectrum of creativity that K-dramas give, it has become a huge part of Filipino leisure. For this reason, many individuals actually enjoy watching K-dramas (Korean Dramas). Aside from charming actors, South Korea's beautiful scenery is expertly captured in cinematography, giving the impression that the viewers are actually visiting the country even if we are only viewing it on a television or smartphone, pairing it with the artistry of the soundtrack that gives more of that 'feels'. With mind-blowing, relatable, and inspiring storylines that K-dramas have, viewers feel that they can also live a K-drama life by being their extraordinary selves.

"COLLEAGUES ARE SUPPOSED TO LEARN FROM EACH OTHER. TO GROW." – ATTORNEY JUNG

"IF YOU WANT GOOD GRADES, STUDY. IF YOU WANT TO LOSE WEIGHT, EXERCISE. IF YOU WANT TO COMMUNICATE, MAKE AN EFFORT." – YOUNG WOO'S FATHER

"COME UP WITH A WAY TO SOLVE THIS POLITICALLY AND LESS ROMANTICALLY. IT MAY NOT SEEM LIKE MUCH BUT SOMETIMES THINGS LIKE THIS WORK." – CEO HAN



GAMES

Word Search

LCCC
DARNA
RAVELO
BUSINESS
ROSARY
ELECTION
POPE
Christmas
Conclave
Taylor
Midnights
Teachers
Tour
Tiktok
Augustine
Attorney
Mental
extraordinary
Mermaid
Working
Mask
Comeback
holiday
Months

V	S	Z	Z	D	B	R	O	N	L	A	E	S	M	L
C	A	S	A	J	U	L	N	S	U	U	W	R	F	C
N	H	R	E	O	F	O	A	G	J	O	V	E	C	C
M	N	R	T	N	I	T	U	T	R	H	X	H	E	C
A	E	Q	I	T	I	S	D	K	N	P	S	C	Y	Z
J	E	R	C	S	T	S	I	O	L	E	V	A	R	U
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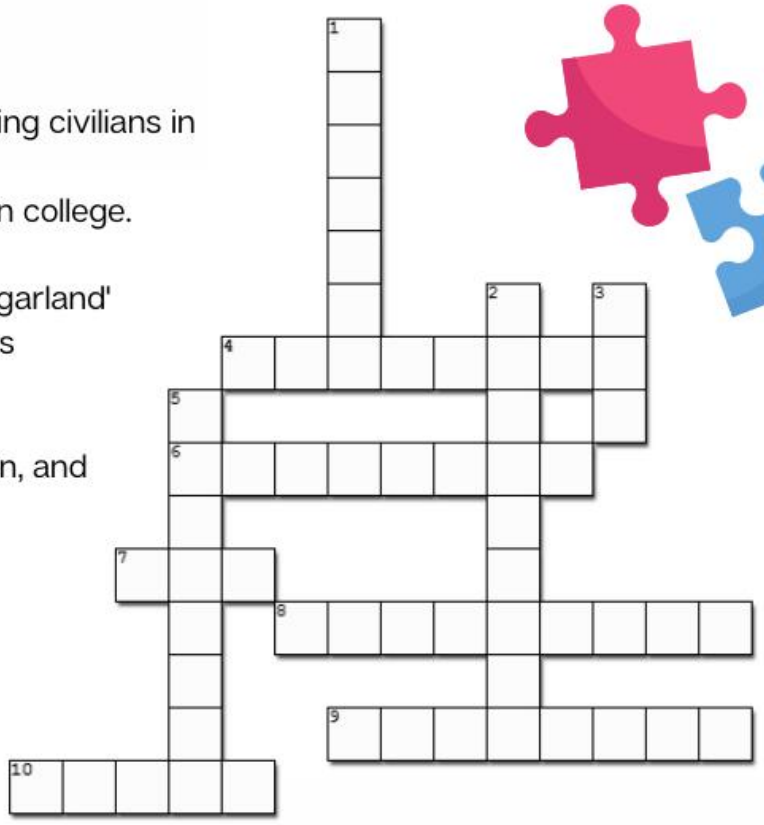
Crossword

ACROSS

4. Election of the New Pope
6. Profession that deals with laws and representing civilians in court.
7. Acronym of the highest student organization in college.
8. Taylor Swift's 10th Studio Album
9. Etymology of the word 'rosary' which means 'garland'
10. Name of the iconic Disney's Mermaid Princess

DOWN

1. City in NCR known for its Pancit, Dolor's Kakanin, and other delicacies
2. Darna's archnemesis with snakes in her hair.
3. Collective name for months that marks the celebration of Christmas in the Philippines
5. A term to describe frontrunners to papacy.





HOW MANY PHOTOS OF LIA DID YOU SEE ALL OVER THE MAGAZINE?

FUN

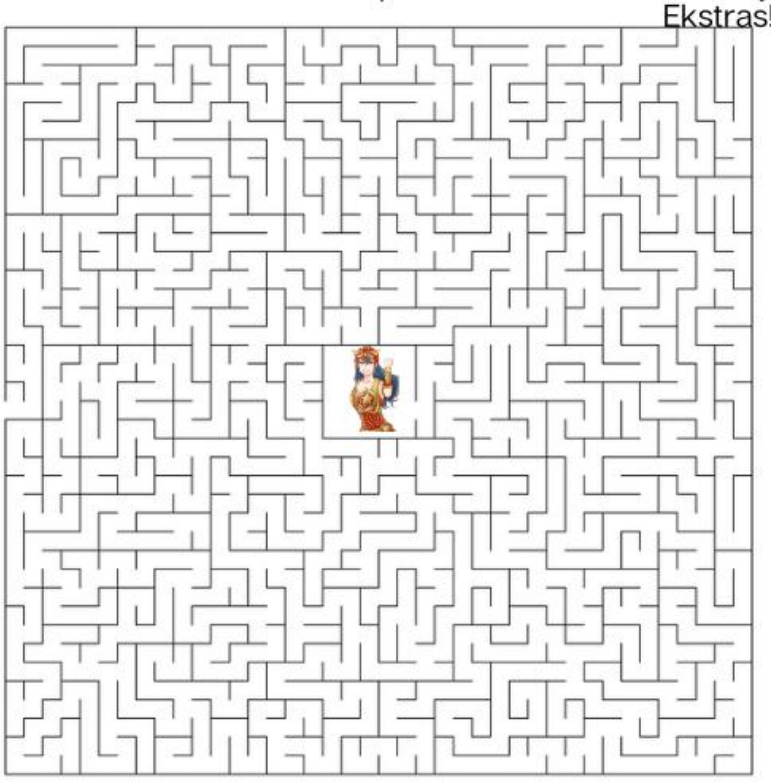


ANSWER KEY WILL BE REVEALED IN THE NEXT ISSUE



Ekstra Maze

Help Darna Lia to escape the Ekstra Maze to help those in need attacked by Ekstras!





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