

# MESKWAKI NATION

# TIMES

SAC & FOX TRIBE OF THE MISSISSIPPI IN IOWA

Volume 21 Issue 02 | February 2024



Members of Meskwaki Youth Development's Kids Club enjoy a snack and a movie at the Recreation Center

# DIRECTORY

**TRIBAL POLICE** 484-4844  
**FOR EMERGENCIES** DIAL 911

## TRIBAL OPERATIONS

Tribal Center Offices	484-4678
• Attorney General Office	484-4678
• Child Support Services	484-9301
• Enrollment	484-9233
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• Facilities Management	484-9255
• Family Services	484-4444
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• Higher Education	484-3157
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• Prosecutors Office	484-4678
• Public Defender's Office	484-9214
• Public Works	484-4600
• Senior Services	484-9224
• Victim Services Crisis Line	
* Answered 24 Hours	<b>481-0334</b>
• Workforce Development	484-9501
• Youth Program	484-5369

## MESKWAKI HEALTH SERVICES

Health Clinic	484-4094
• Contract Health Services	484-9406
• Benefits Coordinator	484-9404
• Medical Records	484-9431
• CHR Program	484-9419
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• Behavioral Health	484-9482
• Pharmacy	484-9451
• Recreation & Community Center	484-9560

## MESKWAKI SETTLEMENT

### SCHOOL

• Primary	484-4990
• High School	484-9000

## MESKWAKI ENTITIES

GAMING COMMISSION	484-1450
HOUSING AUTHORITY	484-6106
MESKWAKI CASINO	484-2108
TRAVEL PLAZA	484-9350
TRIBAL COURT	484-9300
MESKWAKI, INC.	484-3820
PINNACLE BANK (Mtown)	752-2393
PINNACLE BANK (Toledo)	484-7303



**SAC & FOX TRIBE OF THE MISSISSIPPI IN IOWA**

## **THE MESKWAKI NATION**

349 Meskwaki Road  
Tama, Iowa 52339

Phone: 641-484-4678 or 800-944-9503  
Fax: 641-484-5424

**“TO RELY ON THE KNOWLEDGE AND EXPERIENCES OF THE PAST, ALONG WITH THE WILL TO SURVIVE TO ADVANCE THE PEOPLE, CULTURE AND WELL-BEING OF THE MESKWAKI NATION.”**

### **Chairman - Vern Jefferson**

State, Local & Federal: Term expires November 2025

### **Vice Chairman - Mike Stacey**

Enrollment: Term expires November 2027

### **Treasurer - Andre Roberts**

Education: Term expires November 2025

### **Member - Leon Max Bear, Jr.**

Housing: Term expires November 2027

### **Tribal Council**

### **Member - Vance Brown**

Agriculture: Term expires November 2025

### **Member - Apollo Davenport**

Employment: Term expires November 2025

### **Member - Zach Old Bear**

Health: Term expires November 2027

If you have recently moved, please update your address with the Finance Office. Tax documents, checks, the MNT, and other notices are sent to tribal member's addresses on file. Address change forms are available at the front desk of the Tribal Center and available for download on our website at:

**WWW.MESKWAKI.ORG**

(Click on the Government/Finance links)

Forms can also be mailed, faxed or emailed to you upon request.

**NO CHANGES WILL BE ACCEPTED OVER THE PHONE.**

If you have questions, please contact Taylor Henry in the Finance Office at 641-484-9208.

**Next  
TRIBAL  
COUNCIL  
Meeting**

February 7th @ 5 pm – 9 pm

Meeting dates / times are subject to change at discretion of the Chairman.

The Meskwaki Nation Times is a monthly publication available to all enrolled adult tribal members by mail. Meskwaki Media Services is a member of the Indigenous Journalists Association.

The deadline to submit articles for the next edition is:

**MARCH 20, 2024**

Articles can be submitted via email to:

**MEDIA@MESKWAKI-NSN.GOV**

Or mailed to:

Meskwaki Nation Times, 1646 305th Street, Tama, Iowa 52339



All articles submitted are subject to approval and/or editing due to the space available.  
Editor: Shannon Mitchell - Photographer: Wendy Witt - Content: Crystal Mzhickteno/Spencer Yost-Wolff

## PUBLIC WORKS POLICY REGARDING DRIVEWAYS

In the event of a blizzard or whiteout conditions, the Public Works Director will pull all trucks from the roads until after the storm has passed. Once the main roadways are cleared and treated we then move on to driveways. Our first priority is the tribe's main roadways. After plowing the main roadways, we move on to driveways. Should you need your driveway plowed before we are able to, please consider hiring outside services.



When we receive less than 5" of snow, we will work on the medical priority list provided by the Meskwaki Health Clinic, followed by elder driveways.

When we receive 5" of snow or more, we will plow all driveways on the Settlement in no particular order after we have completed plowing and treating the main roadways. Public Works does driveways ONLY.

Please be patient with us as we do sometimes get stuck and have equipment break-downs. Thank you for your understanding, ~ Public Works

## CHAIRMAN UPDATES

Greetings,

I am hoping the community is starting the year off with a positive vibe. A special "thank you" to Public Works for clearing the roads and driveways during the snowy weather. You are very much appreciated. Also, thanks to any other departments that assisted them.

A special "thank you" to the Council for their time and dedication. They have taken their oaths very seriously and we thank the community for trusting them to make the right choices and moral decisions. They continue to promote fairness, respect and empathy as they work to utilize evidence-based, not an emotional based, decisions to keep the community moving in a positive direction.

While keeping the work of the Meskwaki Nation moving forward, I encourage teamwork amongst each other. We, as a community, have faced plenty of hurdles in life that can cause separation. Let's work together as much as possible so we can continue to thrive and grow.

Thank you for your time and as always feel free to reach me with any questions.

~ Vern Jefferson, Tribal Chairman



MESKWAKI NATION  
The Sac & Fox Tribe of the Mississippi in Iowa

349 Meskwaki Road - Tama, IA 52339 | Ph: (641) 484-4678 | www.meskwaki.org

## GENERAL MEETING

MBCH Convention Center  
Wednesday, February 21, 2024

### Agenda

5:00 PM - Dinner served in the MBCH Convention Center  
6:00 PM - Meeting

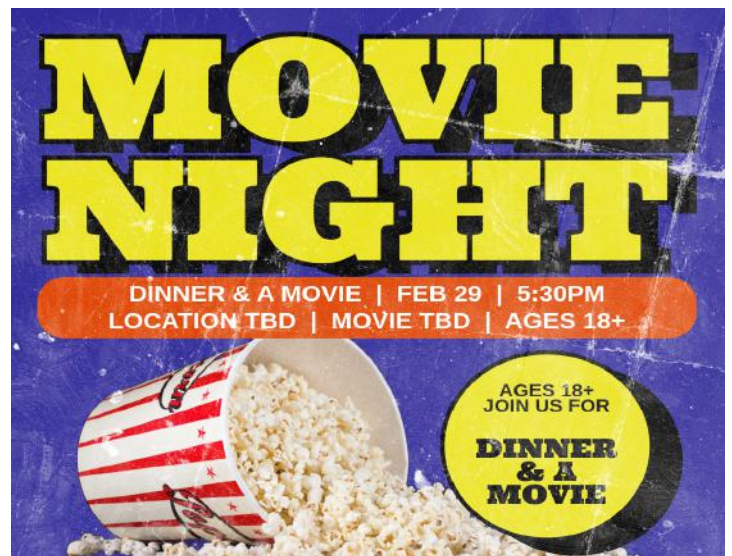
1. Welcome - Vern Jefferson, Chairman
2. Meskwaki Information Technology
3. Meskwaki Natural Resources
4. Meskwaki Workforce Development
5. Meskwaki Health Clinic
6. Meskwaki Housing
7. Executive/Fiscal
8. Question / Comment Period

\*Question/Comment box will be available at the front Entrance of the Convention Center. Members can write and submit their questions and/or comment upon entrance.

**\*\*Anyone currently banned from the casino must request a temporary waiver of their ban by writing a letter to:**  
Sac and Fox Gaming Commission  
1504 305<sup>th</sup> St.  
Tama, IA 52339

The Gaming Commission must receive requests no later than February 14, 2024.

\*Personnel matters will not be discussed during a public forum.  
\*\*Enrolled Tribal Members only and are encouraged to attend.



The Meskwaki Preservation Language Department is conducting a survey for individuals ages 16-18, interested in taking the Meskwaki Language Classes. Please check out the Meskwaki Language Preservation FB page to take the survey.

Email: [dawson.davenport@meskwaki-nsn.gov](mailto:dawson.davenport@meskwaki-nsn.gov)





## PROMOTING TRIBAL ECONOMIES AND COMMUNITY

The PTEC season will begin in April, as it has in the past, providing this assessment to participants through Workforce Development. PTEC (Promoting Tribal Economies and Community) will once again give participants on-the-job training experiences at Red Earth Gardens and Meskwaki Food Sovereignty, but will also help them explore educational and employment pathways as they move from the program to future endeavors. See flyer below for details. Apply today!

### PTEC



Promoting Tribal Economies & Community

### About PTEC

Promoting Tribal Economies and Community is a Meskwaki Workforce Development Program for any tribal community member interested in enhancing workplace skills, learning about food, farming and related businesses.

### Applying for PTEC

Applications are now being accepted for 4 positions placed with Meskwaki Food Sovereignty and Red Earth Gardens for the 2024 growing and harvest season: April-November.

Applications available online. Scan bar code (lower-right) with your phone or visit [www.meskwaki.org/ptec](http://www.meskwaki.org/ptec)

Scan this QR code!



### Contact

Contact Workforce Education Coordinator, Stephanie BadSoldier Snow for any questions:  
Email: [stephanie.snow@meskwaki-nsn.gov](mailto:stephanie.snow@meskwaki-nsn.gov)  
Cell: (641) 481-1855



## FREE TAX PREP

The tax season is just around the corner and volunteers for the Meskwaki site will again be providing free tax preparation through the AARP in the Tribal Center gym. Appointments will begin on Wednesday, February 7th. There will be two days of service provided per week this year but we will try to accommodate others as much as possible. Appointment times will be Wednesday from 1pm – 8pm and Fridays from 9am – 4pm.



Individuals can call the Tribal Center at (641) 484-4678 to set up an appointment with the receptionist.

Individuals should plan on bringing all necessary documents including: photo ID, social security cards for anyone on the return, all tax documents for 2023 including but not limited to: W-2's (work), 1099-MISC (typically per cap, minor's trust payouts, powwow winnings) 1099-NEC (contractor earnings), W-2G (gambling winnings), statement from casino to offset winnings if player's card used, any other tax documents, direct deposit information including name of bank, account type, routing and account number, and a copy of your 2021 and 2022 tax return.



### HOURS:

Wednesday  
1:00 PM - 8:00 PM  
Friday  
9:00 AM - 4:00 PM

### LOCATION:

Meskwaki Tribal Center Gym  
349 Meskwaki Road  
Meskwaki Settlement

### WHAT YOU NEED TO BRING TO YOUR APPOINTMENT:

- Photo ID
- Social Security Cards/Numbers (for everyone on the return)
- All 2023 Tax Forms
- Copy of 2022 Tax Return (If you don't have this, it is ok. We will explain the impact when you come in)
- Banking Information for Direct Deposit (Name of Bank, Account Number, Routing Number, Account Type - Checking or Savings)

**CALL US TODAY ☎**  
**641-484-4678**  
to scheduled your appointment!

Appointments Encouraged.  
Limited amount of volunteers available.

# MESKWAKI SETTLEMENT SCHOOL

## SPEECH PERFORMS AT DISTRICTS, ON TO STATE

Congratulations to the Speech teams who competed Saturday, January 20, 2024 at the Large Group District Speech contest at Liberty High School. Allison Fisher, Meskwaki Settlement High School Language Arts teacher and Speech Coach said, "We had the film "#Ghosted" make it to State, receiving a I rating. This film was made by Aerial Roberts, Eva Roberts, Elyse Kapayou, and Jaycene Pushetonequa. The film "Locked In" performed by Kalayna White, Sia Bear, Sophie Shuckahosee, and Agabi Washington, and the podcast "Unthinkable Crimes" performed by Kim Lasley and Agabi Washington received division II ratings. Congratulations to these students for their hard work and dedication, especially with many of them being in multiple activities and having other responsibilities."



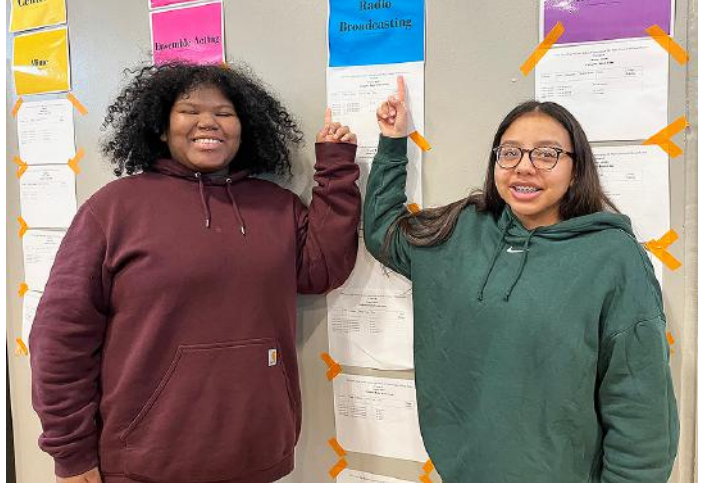
The Short Film, "#Ghosted" performed by Elyse Kapayou, Eva Roberts, Aerial Roberts and Jaycene Pushetonequa received a division I rating and earned them a spot at the State competition on February 3 in Bettendorf

Pleasant Valley High School will be hosting the South East District Large Group

Speech State Contest on February 3rd in Bettendorf, Iowa.



The Short Film, "Locked In" performed by Kalayna White, Sia Bear, Sophie Shuckahosee and Agabi Washington received a II rating.



Agabi Washington and Kimaura Lasley received a division II rating for their podcast "Unthinkable Crimes."



The Meskwaki Warriors tip off against Colo-Nesco on Tuesday, January 16, 2024 at Wells Fargo Arena

Photo provided



Meskwaki Atti Team, Circa 1930's "Ready for the Game"  
 Top L-R: Wilson Brown, John Bear, Jim Bear, Frank Mitchell, George Henry  
 Bottom L-R: Horace Whitebreast, Burpee Whitebreast, Edwin Kapayou

## A THROBACK FROM THE PAST

Meskwaki Nation Newsletter  
 Reprinted from January 31, 2003

### HISTORIC PRESERVATION OFFICE NOTES

From the desk of Johnathan L. Buffalo

#### ATTI

A gentleman from Oregon named John Hull, formerly from Iowa, has donated some pictures to the Tribal archives including the two Meskwaki lacrosse team photos below. Mr. Hull has been donating pictures to the Tribe for some years now. He had attended our Annual Powwow for many years until he moved out of state. He said that his grandfather had purchased hides and furs from Meskwaki hunters in the late 1800's near Marshalltown, Iowa.

American Indians played a number of team-sport ball games: Racket, Shiny and Double Ball. In none of these games is the ball ever touched with the hand, and doing so was strictly forbidden by the rules of the game. The Meskwaki word for "Racket" or lacrosse is "Atti" (pronounced Ah-CHEE). Racket was an aboriginal invention in the Americas but, as is the case with many Indian cultural and intellectual properties, some non-Indian people insist that the French brought the game of lacrosse to this land and dismiss the possibility that the French commandeered Racket and took it back home to their land.

Variations of this appear widespread among most American



Indian tribes. The Algonquin and Iroquoian tribes on the Atlantic seaboard as well as the Algonquin and Siouan tribes in the Great Lakes region were known to enjoy playing this game and were highly competitive. Team sports have a strong presence throughout American Indian history, whereas individual sports such as tennis and croquet were more prevalent in Europe up until the last century or so.

"Racket" was a men's game in which the ball is tossed with a racket. Among the Meskwaki, the teams would typically be Black Team – or Tokans – versus the White Team – or Kiskos. And we all know which team tends to cheat and which team complains a lot, don't we?



**IN THE TRIBAL COURT OF THE  
SAC & FOX TRIBE OF THE MISSISSIPPI IN IOWA  
MESKWAKI TRIBAL COURT  
MESKWAKI SETTLEMENT**

**Case no.: NC-2024-0002**

**ORDER TO SHOW CAUSE**

**RE: NAME CHANGE**

1. Petitioner, through himself/herself or a representative, is requesting the Court legally change Petitioner's name:

From the present (first, middle, last)  
**AERIAL SUEANN ALBERT**

To proposed name (first, middle, last)  
**AERIAL SUEANN ROBERTS**

2. The Court orders that all persons interested in this matter shall appear before it for a hearing to show cause, if any, why the petition for name change should not be granted.

**NOTICE OF HEARING**

Date of Hearing: **April 16, 2024**

Time: **2:00 PM**

Location: Meskwaki Tribal Court  
307 Meskwaki Rd.  
Meskwaki Settlement  
Tama, IA 52339

Christopher M. Nydle, Judge of the Tribal Court

Dated: January 26, 2024

## WINTER WEATHER & THE COURT CALENDAR

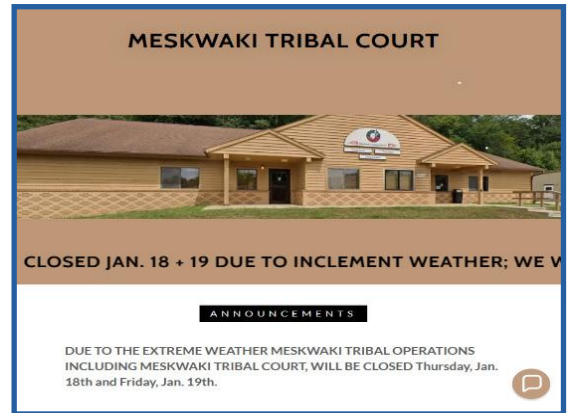
Winter weather severely impacts not only school and work schedules, but also affects Tribal Court hearings and Probation services. Delays and last-minute continuances can occur due to temporary closures, hazardous road conditions, and other weather-related issues.



- 1 Check the **Court's website** for special notices:

 [WWW.MESKWAKICOURT.ORG](http://WWW.MESKWAKICOURT.ORG)

- 2 Check the **Court's website** for Administrative Orders issued by the Chief Justice regarding the affected time period. These Orders can include extensions for filing deadlines in existing cases, the rescheduling of cases that would have otherwise occurred during the closure, as well as date/s for any statutorily-required criminal proceedings for new persons taken into custody during the closure.



- 3 **Your case is important. Cases that must be rescheduled will be placed back on the calendar as soon as possible.** Factors such as judge availability, attorney availability, and the work or personal schedules of the parties themselves help determine how soon the hearing can be set again. A notice will be sent out to all the parties letting them know the new hearing date and time. If your hearing is affected, PLEASE CALL THE COURT TO MAKE SURE WE HAVE YOUR CURRENT PHONE NUMBER, EMAIL, AND MAILING ADDRESS.

***It is the mission of the Meskwaki Tribal Court to administer Justice according to laws that govern the Meskwaki Nation by exercising all judicial and dispute resolution powers of the Tribe.***

**IN THE TRIBAL COURT OF THE  
SAC & FOX TRIBE OF THE MISSISSIPPI IN IOWA  
MESKWAKI TRIBAL COURT  
MESKWAKI SETTLEMENT**

**Case no.: NC-2024-0003**

**ORDER TO SHOW CAUSE**

**RE: NAME CHANGE**

1. Petitioner, through himself/herself or a representative, is requesting the Court legally change Petitioner's name:

From the present (first, middle, last)  
**MATEO JOSE ROMERO**

To proposed name (first, middle, last)  
**MATEO JOE WANATEE**

2. The Court orders that all persons interested in this matter shall appear before it for a hearing to show cause, if any, why the petition for name change should not be granted.

**NOTICE OF HEARING**

Date of Hearing: **April 2, 2024**

Time: **2:00 PM**

Location: Meskwaki Tribal Court  
307 Meskwaki Rd.  
Meskwaki Settlement  
Tama, IA 52339

Christopher M. Nydle, Judge of the Tribal Court

Dated: January 22, 2024

# BEAR HONORED AS ORIGINAL ARTIST

Adolph Bear, South Tama County alum and Meskwaki Nation member, was honored with the dedication of a metal engraved plaque that details the history of the South Tama Trojan Head emblem and Mr. Bear as its original designer. At right: Bear and STC Native American Education Liaison Melanie Davenport hold the plaque which is now on display in the school commons area.

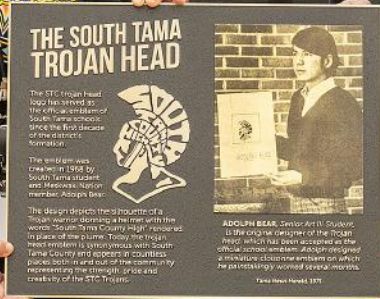


## The South Tama Trojan Head

The iconic trojan head logo has served as the official emblem of South Tama schools since the first decade of the district's formation. The emblem was created in 1968 by South Tama student member, Adolph Bear. The design depicts a warrior donning a Trojan helmet with the words "South Tama County High" rendered in plume. Today the trojan head emblem is synonymous with South Tama County and appears in countless places both in and out of the community representing the strength, pride and creativity of the STC Trojans.



Adolph Bear, senior art III student, is the original designer of the Trojan head, which has been accepted as the official school emblem. Adolph designed a miniature classroom emblem on which he painstakingly worked several months. *Tama News Herald, 1972*



Bear poses with his family and the STC plaque.



Photos provided Jaden Davenport

The Meskwaki Lady Warriors played Colo-Nesco at Wells Fargo Arena on January 16. They wore blue ribbons in honor of the lives lost at Perry school shooting.

## THE DIFFERENCE BETWEEN “IN-STATE” AND “OUT-OF-STATE” STATUS FOR COLLEGES AND UNIVERSITY ATTENDANCE

When selecting a college or university to attend, we might go on-line, take the advice of an advisor, or become recruited for our academic or other abilities. Several new college students select to go to out-of-state schools. Here is the difference between in-state and out-of-state college attendance and why this is important to note as you make your college selection:

“In-State” status means that the state where you hold a driver’s license and/or have had an address within a particular state for no less than 12 months. This status signals to the college that in-state tuition is charged. The cost of attendance is generally much lower.

A person is considered “out-of-state” when they are not in possession of a driver’s license in the state they are going to attend school. The new license would need to show it was obtained no less than 12 months PRIOR to attending school in that new state. We have also seen colleges require 12 months of utility bills before being considered in-state. Colleges and universities have a lot riding on this status because, once a person is declared “out-of-state” they remain in that status for the entire time they are a student and tuition costs then, are much higher, at least twice as much as an in-state student. It is possible, that even after scholarships and

Pell grant, a student and/or their parents may need to supplement their college education financially.

If you are contemplating attending a school out of state for FALL 2024, we can assist you in researching your school of choice so that you know what kind of expenses may or may not be yours, out of pocket. Ultimately, you want to have a good college experience. Research shows that finances are a major draw-back for many students. Informed ahead of time, as to college expenses, can help to ease the burdens that may come later on. Keeping to your goals to complete what one starts, is made possible by knowing all aspects of college attendance especially your finances. Parents and students are always welcome to stop by to visit us or call us. We are here to help!

~ Terri M. Scott, Director MHEP



### MESKWAKI HIGH SCHOOL SENIORS

This is a reminder to fill out your Graduate BIO and submit both a senior and baby pic for inclusion in the 2024 Graduate Booklet. Deadline for submission is May 1, 2024.

Visit <https://www.meskwaki.org/higher-education-program/> to fill out the form!



## WHETHER YOU ARE AN ADULT READY TO MAKE A CHANGE OR A NEW GRADUATE JUST STARTING OUT, LET HIGHER EDUCATION ASSIST YOU ON YOUR EDUCATIONAL JOURNEY. WE HELP BY:

- MHEP offers financial support for any course of study that leads to a post-secondary educational degree (AA or AS, BA or BS, Masters and/or Doctorate).\*
- MHEP offers financial support for career and technical education funding.\*
- MHEP assists in career exploration and helps you through the admission processes (like completing college application, filling out financial aid forms, etc.)
- Let MHEP help you find your educational purpose.
- **Contact us to find out more!**

### MESKWAKI HIGHER EDUCATION PROGRAM



Assisting enrolled Tribal members and their descendants in their educational pursuits and life-long learning goals.



PREPARATION  
ENGAGEMENT



### MESKWAKI HIGHER EDUCATION PROGRAM

ENGAGING THE COMMUNITY, OVERCOMING BARRIERS AND HELPING TRIBAL MEMBERS AND THEIR DESCENDANTS SUCCEED THROUGH POST-SECONDARY EDUCATION AND TRAINING OPPORTUNITIES.

- FINANCIAL SUPPORT FOR POST-SECONDARY EDUCATION
- ADULT VOCATIONAL TRAINING
- ADULT EDUCATION & G.E.D. SUPPORT
- PRE-COLLEGE AWARENESS & SUPPORT
- CAREER EXPLORATION
- CAREER & TECHNICAL EDUCATION FUNDING
- COLLEGE/UNIVERSITY INFORMATION



CALL OR STOP IN TODAY TO LEARN MORE.

**(641) 484-3157**

or toll free at: (800) 679-3687

## MACAEL BEAR IS MAKING A NAME FOR HIMSELF

On Thursday, January 25th, MaCael reached 100 career wrestling wins. His 100th victory came during South Tama high school's final regular season dual meet. MaCael is currently ranked 7th in Iowa in his division.

MaCael is a senior. Soon, he will have more control over the direction of his life than ever before. A number of colleges have offered spots on their wrestling rosters. With a major decision looming, MaCael remains razor-focused on the coming state championship. When his father, Mark Bear, asked MaCael how it felt to reach 100 wins, he offered a staple of teenage communication--the one-word response.

"Accomplished."

We caught up with Mark about MaCael's past and future in wrestling. Mark had a lot more to say than his son, "MaCael, along with his brother Marcus, have been wrestling since 2nd grade... He plans to attend college to wrestle. There are a number of options, but he is waiting until the end of this season, his most successful, before making any commitments."

While MaCael has been wrestling since 2nd grade, his father had particular

praise for his current season, "He has really developed over the last year. Making his first state tournament appearance last season fed his competitive nature to get better. He has since been wrestling all year round in freestyle and Greco tournaments. He has dedicated a lot of time doing strength training and his body has totally transformed and developed. He literally sits in his room watching wrestling videos and drilling with his free time. He is laser focused this year. It's showing."

MaCael's mother, Brooke Allise, shares the same sense of pride for her son, "I just want to add how proud of him I am, all his hard work and dedication is paying off and I can't wait to see what else he accomplishes."

Wrestling isn't just for sport. Its individualized format builds maturity, responsibility, and the competitive drive to better oneself. Mark explains, "Wrestling is a great character builder for children. You are alone out there in front of everyone and you learn a lot of self-accountability. You don't get to share the heartache of losses with a team or rationalize it may be someone else's fault. Wrestling is fair. You get what you put in. Seeing both my sons excel under such circumstances makes me rest easier knowing they have those tools to use for life in general. I cannot put into words how proud I am of my sons, not just as athletes, but as young Native men."

Readers can cheer on MaCael and Marcus, along with Amare Chavez, who reached his 100 career wrestling wins at the Independence, Iowa meet in December, and the rest of the South Tama wrestlers who plan to compete at the upcoming state qualifying tournament, hosted in Williamsburg on February 10th. Following the qualifier, the state championship is on February 14-17th in the



Wells Fargo Arena, Des Moines. Marcus Bear (sophomore), MaCael Bear (senior), and Amare Chavez (senior) are all striving for results at the state championship. With a strong foundation from their parents, coaches, and community, the future looks bright for our Meskwaki wrestlers.

Photos provided by Mark Bear, Kiyanna Pushetonequa, and the South Tama County School District Facebook page.



## NEW JR. HIGH SPORTS TEAM FOR MSS

Andre Roberts, former UFC heavyweight fighter, is stepping back into the ring. But he's not wrestling. The 6'2" giant is coaching a new junior high girls wrestling team at the Meskwaki Settlement School.

On January 29th, 2024, the Meskwaki Junior High Lady Warriors joined 9 other schools to compete in the South Tama Middle School Girls Wrestling Scramble. For many on the team, this is their first season competing. Andre's face lit up with pride as he informed us that several girls got their first win.

For Andre, coaching the team is not all fun and games. It poses a unique challenge: how to inspire his same passion for martial arts in a group of middle schoolers. "It's a learning experience. Out of the eight girls, for six, this is their first time ever wrestling. It's

hard to get them to show up with their shoes. It's like, bring your shoes. Bring your headgear. Bring that, bring that. And then when we get to the venue where we're having our meet, and it's all, 'I didn't bring my shoes. I forgot my headgear.'"

Sure enough, at the team practice after our interview, several girls showed up late and forgot their equipment. Their punishment: running laps.

It's not everyday you find an ex-professional fighter trying to convince a gaggle of 13 year-olds to bring their shoes to practice. We asked Andre what drove such an accomplished fighter to create a middle school team. "Passion. I mean, I love it. I love wrestling. I've heard my coaches for years and years say 'you have to have passion.' To see a kid grow from day one to our last practice, to see a kid actually do the moves that we've been working on: the counters, combinations, escapes, the takedowns. That would be my biggest

accomplishment, seeing those kids really learn and execute those moves. To see them learn that passion."

For those new to the sport, Andre offered the following advice: "I would tell them to try. Give it a try, give it a practice, give it a week's practice, give it a couple of weeks. There's going to be aches, pains, bruises, blood. There's going to be a lot of sweat. This sort of wrestling teaches you good parallels with life and work. The harder you work, the more dedication that you have to not quit, the more you will grow. Trying is what's most important. All successes, big or small, are a step in the right direction."

Andre paused and smiled. His eyes glowed. "You never know... There could be a diamond in the rough out there somewhere. It could be some kid that just needs a little push to get out there and try it and then he, or she, might be the one that'll go far."

# HEALTH & WELLNESS

MYP KIDS CLUB CALENDAR						
January 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
	K-4th Grade after school until 6pm	5th-12th Grade after school until 6pm	K-4th Grade after school until 6pm	5th-12th Grade after school until 6pm	No Activities	
28	29	30	31	5th-12th Grade		K-4th Grade
	5th-12th Grade after school until 6pm	K-4th Grade after school until 6pm	5th-12th Grade after school until 6pm			
February 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				K-4th Grade after school until 6pm	No Activities	
4	5	6	7	8	9	10
	5th-12th Grade after school until 6pm	K-4th Grade after school until 6pm	5th-12th Grade after school until 6pm	K-4th Grade after school until 6pm	No Activities	
11	12	13	14	15	16	17
	K-4th Grade after school until 6pm	5th-12th Grade after school until 6pm	K-4th Grade after school until 6pm Valentines Day	5th-12th Grade after school until 6pm	No Activities	
18	19	20	21	22	23	24
	K-4th Grade after school until 6pm	5th-12th Grade after school until 6pm	K-4th Grade after school until 6pm	5th-12th Grade after school until 6pm	No Activities	
25	26	27	28	29	5th-12th Grade K-4th Grade	
	5th-12th Grade after school until 6pm	K-4th Grade after school until 6pm	5th-12th Grade after school until 6pm	K-4th Grade after school until 6pm		
March 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>MUST</b> be signed up for Spring Break Activities to attend!					1	2
3	4	5	6	7	8	9
	5th-12th Grade after school until 6pm	K-4th Grade after school until 6pm	5th-12th Grade after school until 6pm	K-4th Grade after school until 6pm	No Activities	
10	11	12	13	14	15	16
	Spring Break Activities	Spring Break Activities	Spring Break Activities	Spring Break Activities	Spring Break Activities	
17	18	19	20	21	22	23
	K-4th Grade after school until 6pm	5th-12th Grade after school until 6pm	K-4th Grade after school until 6pm	5th-12th Grade after school until 6pm		
24	25	26	27	28	29	30
	K-4th Grade after school until 6pm	5th-12th Grade after school until 6pm	K-4th Grade after school until 6pm	5th-12th Grade after school until 6pm		
31						



**STC**  
**SPRING BREAK**

HAPPENING  
**APRIL 1ST & 2ND**  
8AM - 430PM  
Deadline:  
**2/22/24**  
PLEASE SIGN UP VIA BRIGHTWHEEL,  
GOOGLE DOC LINK OR BY CALLING  
484-5369



**MSS SPRING BREAK**

March 11 - March 15th

Capacity will be 60 then a waitlist

-Please sign up via brightwheel, google doc link or by calling 484-5369



**MYP Kids Club**  
Always taking applicants!

## RECREATION CENTER HOURS OF OPERATION

The Recreation Center is now open every day: Monday through Friday from 5 a.m. to 9 p.m. Saturday from 8 a.m. to 8 p.m. and Sunday 10 a.m. to 4 p.m. and is open to all Native community members.



New equipment is still arriving and the Fitness Studio now has mirrors. Fitness trainers have been working on their indoor cycling certifications, so classes will be starting soon.

It is still winter, so please carry your workout shoes into the building and change into them when you walk in. We have coat racks and cubbies for your winter coats, and a place to sit down to change your shoes.

For those of you participating in the SettFit Challenge, keep up the great work! For those of you who haven't had a chance to check out the Rec Center yet, stop in, take a class, walk the track, talk to a fitness instructor, and/or take a tour with a recreation worker. You'll be glad you did!

~ Kim Evans, Recreation Coordinator



## MESKWAKI RECREATION & COMMUNITY CENTER WEEKLY FITNESS CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:00AM-7:00AM STRENGTH TRAINING @ WEIGHT ROOM W/ JASON	5:45AM-6:45AM YOGA @ FITNESS STUDIO W/ DANA	5:00AM-7:00AM STRENGTH TRAINING @ WEIGHT ROOM W/ JASON	5:45AM-6:45AM YOGA @ FITNESS STUDIO W/ DANA	5:00AM-7:00AM STRENGTH TRAINING @ WEIGHT ROOM W/ JASON
9:00AM-10:00AM SENIOR HOUR @ WEIGHT ROOM W/ JASON	9:00AM-10:00AM SENIOR HOUR @ WEIGHT ROOM W/ JASON	9:00AM-10:00AM YOGA @ FITNESS STUDIO W/ DANA	9:00AM-10:00AM SENIOR HOUR @ WEIGHT ROOM W/ JASON	9:00AM-10:00AM SENIOR HOUR @ WEIGHT ROOM W/ JASON
10:00AM-1:00PM STRENGTH TRAINING @ WEIGHT ROOM W/ JASON	1:00PM-2:00PM SENIOR HOUR @ WEIGHT ROOM W/ SIDNEY	9:00AM-10:00AM SENIOR HOUR @ WEIGHT ROOM W/ JASON	1:00PM-2:00PM SENIOR HOUR @ WEIGHT ROOM W/ SIDNEY	10:00AM-1:00PM STRENGTH TRAINING @ WEIGHT ROOM W/ JASON
1:00PM-2:00PM SENIOR HOUR @ WEIGHT ROOM W/ SIDNEY	4:45PM-5:30PM YOGA @ FITNESS STUDIO W/ DANA	10:00AM-1:00PM STRENGTH TRAINING @ WEIGHT ROOM W/ JASON	4:45PM-5:30PM YOGA @ FITNESS STUDIO W/ DANA	1:00PM-2:00PM SENIOR HOUR @ WEIGHT ROOM W/ SIDNEY
5:15PM-6:00PM KETTLEBELL CLASS @ TURF W/ ELGIN	6:00PM-7:00PM CIRCUIT TRAINING @ TURF W/ SIDNEY	1:00PM-2:00PM SENIOR HOUR @ WEIGHT ROOM W/ SIDNEY	6:00PM-7:00PM CIRCUIT TRAINING @ TURF W/ SIDNEY	5:15PM-6:00PM KETTLEBELL CLASS @ TURF W/ ELGIN
		5:15PM-6:00PM KETTLEBELL CLASS @ TURF W/ ELGIN		

THE WEATHER OUTSIDE IS FRIGHTFUL BUT INSIDE...



**WE CARRY IN OUR  
WORKOUT SHOES!**

PLEASE HELP US KEEP OUR REC CENTER FLOORS CLEAN BY BRINGING IN CLEAN SHOES TO WEAR IN THE BUILDING.

## SENIOR ACTIVITIES FOR FEBRUARY

- Feb. 2 – Painting Activity; 1:00 p.m.
- Feb. 6 – Darts; 1:00 p.m.
- Feb. 8 – NE Iowa Food Box Distribution; 11:00 a.m.
- Feb. 8 – Elders Committee Meeting; 1:00 p.m.
- Feb. 14 – Valentines Bingo; 1:00 p.m.
- Feb. 15 – Noon Guest Speaker: Shelley Buffalo  
Topic: Local Food System
- Feb. 21 – Coffee Talk: February 21, 2024 -  
Depression, Cold Weather, Access to Care, Urgent Care VS ER
- Feb. 22 – Birthday Meal
- Feb. 27 – Craft Activity; Moc Class w/Wanda; 5:00 p.m. to 7:30 p.m.



Mark your calendars for February 27, 2024, from 5:00 p.m. to 7:30 p.m. because our local moccasin maker, Wanda Lasley, is having a moccasin class for the tribal community at the Meskwaki Senior Center! All you need to do is bring your leather needle and leather, and the Meskwaki Senior Services will dish out the sinew. But hurry, only 10 people can join in on the crafty fun! Sign up at the Senior Center.

We extend our best wishes to the senior citizens embarking on the challenge of engaging in physical activity for 30 minutes per day or 150 minutes per week! It's worth noting that the deadline for submitting your New Year, New Me Challenge booklets is extended to February 29, 2024. We encourage you to complete and submit your booklets as soon as possible, inspiring the younger generation with your active and dynamic lifestyle. ~ Christina Blackcloud, Director

**COFFEE TALK**

THANK YOU SENIORS FOR JOINING US TODAY!

GIFT CARD WINNER: JOYCE WOLFE

NEXT COFFEE TALK  
**February 21, 2024**  
DEPRESSION, COLD WEATHER, ACCESS TO CARE, URGENT CARE VS ER

TAMA COUNTY PUBLIC HEALTH & HOME CARE COVERED THESE TOPICS TODAY!

- Healthy Meals
- Influenza
- Home Evaluations
- Shingles
- Whooping Cough

All are invited to join the  
**ROBERT MORGAN POST 701**  
MESKWAKI NATION

in welcoming  
**NATIONAL COMMANDER**  
**DANIEL J. SEEHAFFER**

★ ★ ★ ★ ★ ★

**SATURDAY**  
**FEBRUARY 17**  
**10 AM - 12 PM**

OMFR rooms located across from the Meskwaki Veterans Convention Center

Meskwaki Bingo Casino Hotel  
Tama, IA

Light lunch will be provided.  
Free will donation.

**ATTENTION: SENIORS 55+**

Meskwaki Senior Services

**2 Cases of Free Water per month per senior until supplies last.**

CALL 641-484-9224 IF YOU HAVE QUESTIONS.



**SAVE THE DATE**

**WEAR RED**  
Feb. 2  
Wear red day for Heart Health Month!

**DIABETES BINGO**  
Feb. 5 @ 12:30 PM  
Meskwaki Health Clinic

**DIABETES BINGO**  
Feb. 19 @ 12:30 PM  
Meskwaki Health Clinic

## FEBRUARY IS HEART HEALTH MONTH

Practicing self care can keep our hearts healthy. Being physically active, eating healthier foods, getting enough sleep, not smoking, and finding healthy ways to reduce stress can help prevent heart disease. Patients with diabetes are twice as likely to have heart disease or a stroke than someone who doesn't have diabetes. Let's help prevent heart disease by walking daily, reminder 30 minutes or more of exercise each day can improve your health.

60 mile walking challenge Feb 1-29, 2024  
All walking will need to be done at the Meskwaki Rec Center or Wellness Center if Rec is not open.

Deadline to sign up will be Feb 5, please call 641-484-9414 to sign up, leave a message if no answer.

Blood pressure checks will be held every Wednesday at the Rec Center from 10:00am-11:00am and 3:30pm-4:30pm.

Participants that complete the challenge will receive a light-weight jacket. Must be Native American to be eligible for incentive.

Diabetes program is not responsible for accidents or injuries. Thanks.

~ Chris Alamo, LPN, Diabetes Project Coordinator



**February is HEART HEALTH MONTH**

**PRACTICING SELF CARE CAN KEEP OUR HEARTS HEALTHY**  
Being physically active, eating healthier foods, getting enough sleep, not smoking, and finding healthy ways to reduce stress can help prevent heart disease. Patients with diabetes are twice as likely to have heart disease or a stroke than someone who doesn't have diabetes.

**LET'S HELP PREVENT HEART DISEASE BY WALKING DAILY**  
30 minutes or more of exercise each day can improve your health.

**60 MILE WALKING CHALLENGE FEBRUARY 1-29**  
All walking will need to be done at the Meskwaki Rec Center or Wellness Center if Rec is not open. Deadline to sign up will be Feb 5. Please call 641-484-9414 to sign up. Leave a message if no answer.

**PARTICIPANTS WHO COMPLETE THE CHALLENGE WILL RECEIVE A LIGHT-WEIGHT JACKET.**

**BLOOD PRESSURE CHECKS**  
Wednesdays at the Rec. Center, 10am-11am & 3:30pm-4:30pm

Diabetes program is not responsible for accidents or injuries. Must be Native American to be eligible for incentive.

Know The Difference  
**SUDDEN CARDIAC ARREST VS HEART ATTACK**  
They Are Not The Same

Sudden Cardiac Arrest Victim	Heart Attack Victim
Electrical malfunction causes the heart to suddenly and unexpectedly stop beating	Blockage in coronary arteries interrupts blood flow to the heart
Can happen at any age, including children and teens	Happens mostly in people over age 35
Person in unresponsive and NOT breathing	Person is responsive and breathing
Person may gasp or shake, as if having a seizure	Person may experience chest, neck, or left arm pain, shortness of breath, sweating or nausea
Call 911	Call 911
People nearby must start CPR immediately to triple chance of survival	Responsive victims don't need CPR/AED
The use of an AED is the only way to restart a heart; AEDs can be operated by anyone as it will tell you exactly what to do as soon as you turn it on...follows its directives	Start CPR if person becomes unresponsive and experiences sudden cardiac arrest

# MESKWAKI SETTLEMENT SCHOOL

The Meskwaki Settlement School held their 1st Semester Academic Awards ceremony on Wednesday, January 18th.



12th Grade A Honor Roll: Devon Roberts, Kalayna White, Christopher Blackcloud, Kimaura Lasley, Sia Bear



12th Grade B Honor Roll: Sophia Kucera, Elyse Kapayou, Aerial Roberts, Tibby Billy, Not Pictured: Sophie Balderas



11th Grade A Honor Roll: Deyson Poweshiek, Jayvin Roberts, Tenoch Estrada-Snow



11th Grade B Honor Roll: Syrus Kucera, Nathaniel Seymour, Sophie Shuckahosee



10th Grade A Honor Roll: Jaycene Pushetonequa  
B Honor Roll: Ashlyn Kapayou, Lane Bear



9th Grade A Honor Roll: Amyla Sheridan, Dorothy Bear, Sade Kapayou, Dantavious Slick-Driscoll, Karsyn Wolf



9th Grade B Honor Roll: Cadelle Youngbear, Eva Roberts, Izayah Blackcloud



Most Improved Award: Dorian Velazquez, Keki Bear, Pono Clark



Innovation and Technology Award: Jayvin Roberts, Draven Davenport



Resilience and Perseverance Award: Damien Davenport, Andrew Wabaunasee



Creative Arts Award: Viola Wrase-Lasley, Sophia Kucera, Sia Bear



Exemplary Behavior Award: TyJerrison Raphealito, Izayah Blackcloud



Community Service Award: Sophie Balderas, Kimaura Lasley



Sportsmanship Award: Tibby Billy, Deyson Poweshiek

# MESKWAKI SETTLEMENT SCHOOL



8th Grade A Honor Roll: Vawn Lasley, Kenley Ryan, Dayeci Davenport, Jaymison Hill, Johnelle Roberts, Emiliano Duran-Roberts, Jarvis Bear, Cahysia Kapayou, Isabella Bear, Viviana Wanatee, Hegan Azure, Nahliya Pushetonequa, Lance Mauskemmo



8th Grade B Honor Roll: Aurora Bear, Emery Roberts, Izik Furcap, Dominick Wrase-Lasley, Decorah Walker, Addison Walker, Kaelonna Kaler, Nevaeh Buffalo



7th Grade A Honor Roll: Willow Tewawina, Zaidyn Seymour, Lalaya Shuckahosee, Layla Tahahwah, Miley Perez, Ciera Youngbear, Karsen Kapayou, Martha Blackcloud, Markelle Wabaunasee, Draven Davenport, Braden Pushetonequa, Bree Scabbyrobe, Jrey Getty



7th Grade B Honor Roll: Desirae Seymour, Athena Bear, Kelley Old Bear, Durell Mauskemmo, Jasmine Quist, Romy Buffalo, Dominic Jarvis



6th Grade A Honor Roll: Keala Clark, Ryson Davenport, Paisley Lasley, Kailyn Wolf, Dominic Papakee, Mila Walker, Sterling Alamo, Jaslynn Hill, Tariah Grant, Jesse Bear, Ava Roberts, Kaylene Sounding Sides



6th Grade B Honor Roll: Brayden BigEagle, Tina Roberts, Skyler BigEagle, Tayevia Dupris, Aubree Garrett, Shariah Tahahwah, Isria Yepez-Marland, Pippen Keahna, Bryson Grant, Ellasyn White, Gladys Bruguier, Jaliyah Whitebreast, Tess Lasley, Aria Bear



Perfect Attendance recipients include: Isabella Bear, Brayden Big Eagle, Skyler Big Eagle, Martha Blackcloud, Cadell Buffalo, Romy Buffalo, Keala Clark, Draven Davenport, Ryson Davenport, Tenoch Estrada-Snow, Jrey Getty, Tess Lasley, Lance Mauskemmo, Brennan Roberts, Kenly Ryan, Lalaya Shuckahosee, Layne Steuhm, Kobe Wabaunasee, Markelle Wabaunasee, Mykelle Wabaunasee, Mila Walker, Kailyn Wolf, Karsyn Wolf, Isria Yepez-Marland



PRIDE Award recipients include: Jaliyah Whitebreast, Aubree Garrett, Jesse Bear, Isabella Kapayou, Sophie Balderas, Tibbi Billy, Sadie Stewart, Jrey Getty, Jayvin Roberts, Markelle Wabaunasee, Deyson Poweshiek, Keala Clark, Dominic Papakee, Ryson Davenport, Vawn Lasley, Aria Bear, Jaycene Pushetonequa, Jaslynn Hill, Sophia Kucera, Kaelonna Kaler, Devin Hoag, Ciera Youngbear, Kenley Ryan, Kaylene Sounding Sides, Devon Roberts, Draven Davenport, Kimaura Lasley, Lance Mauskemmo, Karsyn Wolf, Syrus Kucera, Christopher Blackcloud, Jace Thompson, Sophie Shuckahosee, Ellasyn White, Elyse Kapayou, Amyla Sheridan, Ethan Hainline, Angelina Dye, Tenoch Estrada-Snow, Zola Davenport, Sia Bear

## PINNACLE BANK OFFERS CHECKING AND SAVINGS ACCOUNTS

Early into the year is a great time to review your individual financial performance from the prior year and make plans and a budget for the new year. Once the Holidays have wrapped up, the elation of the gifts and parties is often overtaken by the regret of the overspending when the bills start piling up.

One of the tactics that I personally use is keeping a budget and making small adjustments to the budget on a regular basis. I fully review my budget at the beginning of the new year.

Let's say you spent \$1,200 on gifts this year. Consider opening a Pinnacle Bank Savings account and depositing \$100 each month. Not only will you have this annual expense paid in full when the holidays roll around, you will also earn some interest income to help you meet your goals.

There is no better feeling than having a big expense already saved for. Purchasing that gift will be that much more rewarding when it is paid for from annual savings. Once you have taken this small step for 2024's planning, you can start to apply to a monthly budget for utilities, insurance, car payments and all of your other recurring financial obligations.

For more information on opening a savings account, contact either of Pinnacle Bank's locations in Toledo and Marshalltown or open an account online at [www.bankpinnacle.us](http://www.bankpinnacle.us).

~ Damon Morrison, President & CEO



**Pinnacle Bank recently installed a new ATM at the Tribal Center.**


## WATER QUALITY AND FISH SAMPLING

Most data from water quality and fish sampling are in hand at this writing. There are some obvious issues that MNDNR hopes the Meskwaki Tribe will pursue. There are detections of PFAS or "forever" chemicals in some tributaries on the Settlement. There are no federal criteria yet for "safe" levels, but the evidence points toward very tiny amounts (parts per trillion) as causing or worsening cancer and other health effects. Stopping these at their source requires identification of the source and cooperation from the source's operators. The alternative is to remove the PFAS compounds at or downstream from the detection points.

Coliform bacteria continue to be health hazards from two streams that begin off the Settlement but flow into Meskwaki lands. These streams have been identified by the Iowa DNR for several years as "impaired" for these bacteria, and our water sampling efforts strongly support that. "Coliform bacteria" are microscopic organisms like *Escherichia coli* (usually shortened to *E. coli*) and its many variations. Some coliform bacteria are essential to good health because they help with the digestion of food. The same bacteria can cause sepsis and other illness if they move from the gut to, say, the bloodstream. A few variants of *E. coli*, found in lake and river water but not our bodies, can cause serious illness and even death to humans, dogs, and possibly other animals.


Certain solid forms of nitrogen are of concern, especially nitrates and nitrites, along with ammonia and total nitrogen found in surface water. The US EPA sets criteria for these based on adult human health and effects on aquatic life. However, there is research showing that young children may be more sensitive to nitrogen levels than adults. The future may see even more stringent criteria from the EPA or from other Tribes that are affected by it.

The photos are from the fish tissue sampling by a technical team from Region 7 of the Environmental Protection Agency. Each photo has its own caption about the activity or the fish species.



Get in touch to hear about the buying process, the HUD Section 184 mortgage option and more!

**Jessica YoungBear, REALTOR**  
 Re/Max Concepts, Windsor Heights  
 6600 University Ave. Windsor Heights, IA 50324  
 Call: (515) 777-9219  
 email: [jybrealtor@gmail.com](mailto:jybrealtor@gmail.com)  
[www.jessicayoungber.remax-central.com](http://www.jessicayoungber.remax-central.com)



Contact me for all your home buying and selling needs. I specialize in mortgage direction, assistance to 1st time home buyers, real estate investment opportunities like rentals, flips, foreclosure purchases and more.

# MESKWAKI NATURAL RESOURCES



The EPA technical team used a small boat with the fish shocker and other equipment. Here they use the probes to stun fish around large woody debris. They are joined by Brunell Buffalo and Zane Old Bear who helped capture and release the fish.



This Smallmouth Buffalo lacks horns, fur, and hooves. (It's not a mammal.)



It is important to check several kinds of habitat during a sampling event. Large wood is still available for fish to hid, but the water is much shallower here.



This is a Highfin Carpsucker, a naturally occurring relative of the introduced carp.



Flathead Catfish can become very large. This one has some growing to do.



Notice how the mouth is tucked under the snout of this Golden Redhorse.



# WINTER SPORTS



MSS Boys Basketball Front Row L-R: Tibby Billy, Dorian Velazquez, Cadelle Youngbear, Izayah Blackcloud, Layne Steuhm, Kobe Wabaunasee, Dantavious Slick Driscoll, Gerald Sanache. Back Row: Coach Tyus Grant, Cadell Buffalo, Jace Thompson, Yamni Whiteman, Nathan Bear, Sevastian Scabbyrobe, Tenoch Snow.



MSS Girls Basketball L-R: Sade Kapayou, Karysn Wolf, Eva Roberts, Sophie Balderas, Kalayna White, Sia Bear, Dorothy Bear, Aerial Roberts, Sophie Shuckahosee, Isabella Kapayou.

# WINTER SPORTS



STC Boys Wrestling: Front Row L-R: Kyle Youngbear, Amare Chavez, MaCael Bear. 2nd Row: Marcus Bear.



STC Girls Basketball Front Row L-R: Sienna Defoe, Jezeila Camacho. 2nd Row: Jaslene Lasley. 3rd Row: Ruby Davenport.



STC Boys Basketball L-R Row 2: Caden Defoe. Row 3: Jerome Kapayou, Hunter Defoe, Chayton Etzen, Chandon Graybeal. Row 4: Cyrell Etzen, Tanner Large, Shinobi Wanatee, Jordan Defoe.



STC Girls Wrestling: Ioleta Kingbird  
STC team photos provided by The Final Draft Films



MSS Junior High Girls Wrestling Front Row L-R: Cahysia Kapayou, Mylauna Roberts, Miley Perez. Back Row: Coach Rylee Roberts, Decorah Walker, Athena Bear, Vawn Lasley, Aurora Bear, Coach Andre Roberts. Not Pictured: Bella Bear and Desirea Seymour.



Photo provided Stalzers Photography

EM/GMG Wrestling Front Row: Lawrence Dye. Middle Row: Kaydence Wolf. Back Row: Coach Andre Roberts, Jayven Roberts, Christopher Blackcloud.

### MOVING?

If you have recently moved, don't forget to update your mailing address with the Fiscal Office. The form can be found by calling (641) 484-4678 or by visiting the Meskwaki website at [www.meskwaki.org](http://www.meskwaki.org).



### HOME INTERNET ISSUES?

Please contact Alana Kapayou

[alana.kapayou@meskwaki-nsn.gov](mailto:alana.kapayou@meskwaki-nsn.gov)  
**(641) 481-1282**

Thank You!



Crisisline: (855) 581-8111

BRING HER HOME. YOUR HELP IS NEEDED.



## MISSING PERSON

# \$100,000

# REWARD

The reward for anyone willing to come forward with new information that leads to finding Rita Janelle Papakee has been increased to \$100,000.

On January 16, 2015 Rita Papakee was last seen at the Meskwaki Bingo Casino Hotel near Tama, Iowa. She has not been heard from since.

She was 41 years old at the time of her disappearance. She was described as a Native American female with brown hair and brown eyes. She was 5'4" tall and weighed between 145-170 lbs.

If you have any information about what may have happened to her, please contact the number below.



Missing since January 16, 2015

## RITA PAPAKEE

Please contact the Meskwaki Nation Police Department with any information about what may have happened.

**(641) 484-4844**

Anonymous tip hot-line and text line: (641) 481-0840

The Meskwaki Bingo Casino Hotel had the pleasure of hosting the annual Owner Appreciation Dinner on January 11th. Staff thanks everyone who attended!



# RECREATION AND COMMUNITY CENTER ACTIVITIES



Activities happening daily at the REC Center. See page 13 for full schedule.



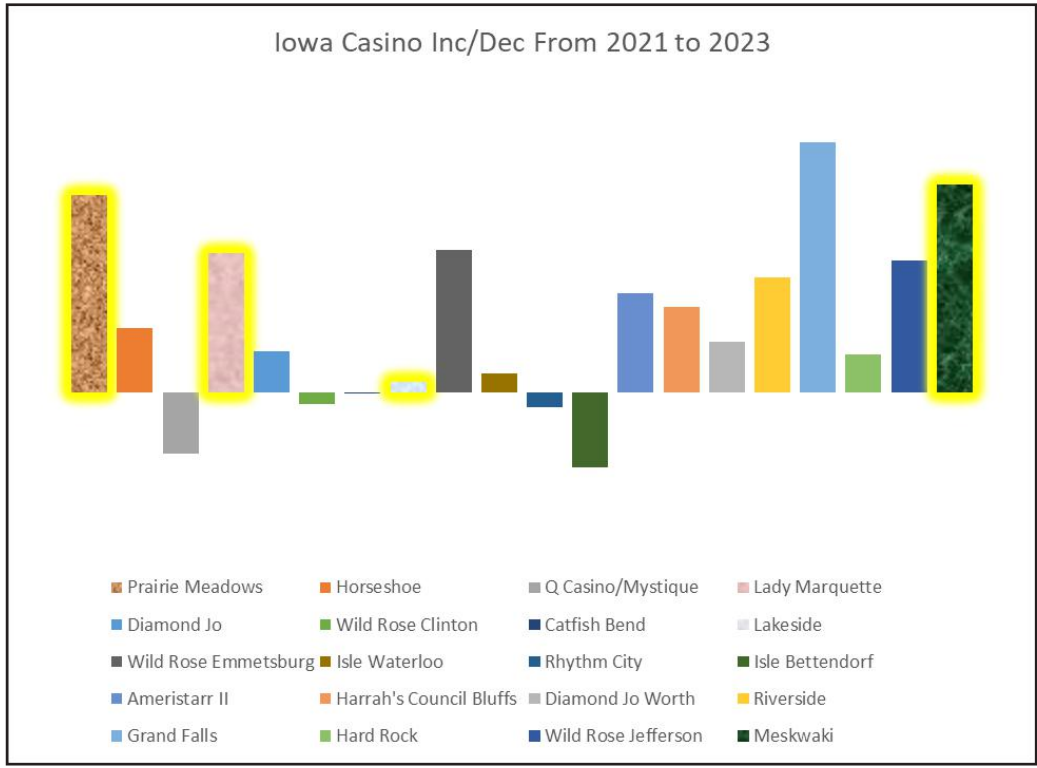
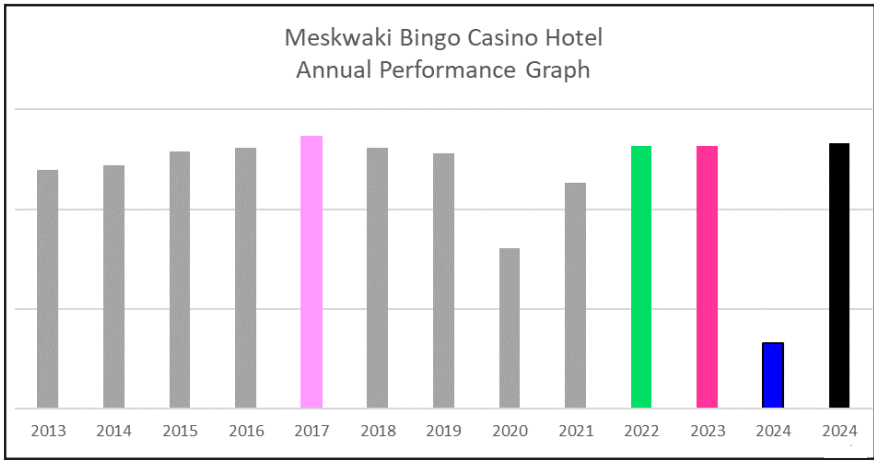


## MESKWAKI BINGO CASINO HOTEL OPERATIONS UPDATE

The bar graph (above top right) represents how the casino has performed going back to fiscal 2013 (2024 only includes Oct & Nov of fiscal 2024). As you can see, 2017 was the highest year in this graph followed by 2022 second & 2023 third highest. We expect 2024 to meet or beat them all.

Competitive analysis shows that MBCH has enjoyed the second highest sustained growth over these last few years. Casino operations can only achieve this performance with the continued support of the Tribal Council and the Gaming Commission and membership. Thank you all!

As a reminder, ALL the casinos in Iowa offer slots, table games, restaurants, beverage service, hotel rooms, entertainment, promotions, etc. The ONLY thing that separates us from the competition is our employees and the service they provide that builds relationships and thus creates customer loyalty. Every customer contact is meaningful and makes all the difference whether they choose Meskwaki or a competitor for where to play. When they select Meskwaki and drive right past the competition it's because of the relationships they have with the employees and other guests and the environment we create for them. The GOLDEN RULE, "treat people the way you expect to be treated".



### Plans for 2024

Continue the hotel lobby construction that will include "new" tribal antiquities display area, shepherded and designed in conjunction with Meskwaki Museum curator Mary Young Bear. This phase is anticipated to be completed mid-fall 2024.

The Starbucks store is in the "pre-planning" phase. Starbucks has been licensed by Gaming Commission and the legal team is working through the Starbucks Master Licensing Agreement. "IF" all goes according to schedule we could have our Starbucks opening in the fall.

We are looking at constructing a "smoking room" in the old Poker Room and Keno Lounge area of the facility. However, that area will require a structural analysis because it is the original structure and some of it will undoubtedly need to be shored up due to all the development over the years that is cumulatively stressing the structure.

We are continuing to aggressively acquire the newest, most popular, and profitable slot games.

All in all, we are excited about 2024 and what it will bring.

~ Scott Sirois GM and Spencer Wolf AGM at Meskwaki Bingo Casino Hotel

## TOO MUCH DEBT

Dear Dr. Per Cap:

During the pandemic, I paid off all my credit card debt and even saved money, too. But now that we've seen the worst of COVID, I've reverted to my old ways of outstanding credit card balances and minimal savings. Help!



Signed, Too Much Debt

Dear Too Much Debt,

To quote one of my favorite songs from the 80s by the band Chicago, "You're not alone."

Stuck at home and flush with stimmy money, Americans collectively paid down more than \$125 billion of credit card debt during the pandemic. Meanwhile, the worst of the COVID lockdowns saw the average personal savings rate, as compared to disposable income, peak as high as 33%.

Click ahead to 2024 and total credit card debt in the U.S. has now surpassed pre-COVID levels and the average savings rate has dropped below 4%. Part of the backslide comes from an inflation-induced spike in food and energy prices that squeezes us all. Meanwhile, higher interest rates have raised the cost of borrowing for not just credit cards, but also homes and vehicles, too.

And let's not forget some of it has to do with folks just making poor financial decisions.

I encourage you to embrace the new year with a renewed sense of financial purpose. While COVID certainly presented some highly unique opportunities to pay off debt and save money, don't ignore your own determination and effort that also contributed to getting your finances squared away. Regardless of the stimmy money, you still demonstrated willpower by making those extra credit card payments, while resisting a lot of unnecessary purchases, too.

If you did it once, you can do it again. So, tap that budgeting app you haven't used lately and make a financial plan for 2024. Ease up on the credit cards by focusing on your needs, instead of wants. And if you expect a sizeable tax refund this spring, plan on putting a good chunk of it toward paying down your credit cards.

Another tip is to embrace the 50-30-20 rule. I've shared it in this column before because it's one of the easiest, most effective budgeting methods I know. It works by limiting your fixed expenses that don't usually change from month to month like rent, car payments, and insurance to no more than 50% of your monthly income. Flexible expenses that you can control like food, gas, and utilities should fall within 30% of monthly income. And that leaves the remaining 20% for savings.

Try it, and when you pay off the debt, you'll see that the world's got troubles worse than you. Sing it, Bill Champlin!

*AskDr. Per Cap is a program funded by First Nations Development Institute with assistance from the FINRA Investor Education Foundation and submitted by the Meskwaki Financial Planning Committee. For more information, visit [www.firstnations.org](http://www.firstnations.org). To send a question to Dr. Per Cap, email [askdrpercap@firstnations.org](mailto:askdrpercap@firstnations.org).*

## HEMP

### MESKWAKI HEMP SUPPLY AND MESKWAKI NATURALS

While the winter months have us mostly waiting for the spring thaw to come for field work, we have been busy getting Meskwaki Naturals



ready for production mode, including remodeling in the Renards Warehouse, sourcing and setting up production equipment, and even training with subject matter experts on a test batch of full-spectrum hemp oil extracting. Luke and Kade have done a lot of hard work getting the GMP production space prepared. Thanks to the advisement of production trainers in mid-January, the stainless steel tables and equipment are positioned for efficient workflow.

We are nearly done with the remodel for the production space, as we just await the commercial ventilation fans to be delivered and installed at this point, along with ordering the final few pieces of production equipment. It is exciting to see the development of the space. While we have spent the past 6 months doing online training, it was rewarding to get hands-on and develop a deeper understanding and appreciation of the lipid-infusion oil extraction process, and how the high-quality end product will set our future products apart and above from most isolated CBD products on the market that use harsh solvents to extract the CBD, which tends to also denature and diminish the cannabinoid molecules as a result.

Another reason we are pursuing lipid infusion extraction, besides maintain the molecular structure and resulting purity and effectiveness of the CBD in our hemp, is the full-spectrum benefits of the extraction process when compared to CO2, or solvent based extractions. While most have heard of mainly 2 cannabinoids in cannabis plants, THC and CBD, there are actually



over 100, and scientists are yet to discover all they do, and the beneficial interactions of their combinations. We want to set our products apart from the mass-produced majority, and honor the intrinsic intelligence and integrity of the hemp plants so we can provide a premium-grade product that has better processing and results, which we believe will develop a loyal customer base of repeat buyers in the future.

~ Grant Shadden, CEO and General Manager

## MESKWAKI, INC. UPDATES

WOW! What a stormy couple weeks in January. Whenever the weather gets dangerous, we have to start evaluating conditions and balance that with the safety of our staff. With 24 hour operations and fuel delivery being essential, there are many factors that go into keeping businesses open. Staff is always able to utilize a free hotel room at the Meskwaki Bingo Casino & Hotel, when conditions are poor. The Travel Plaza also serves as a place for those who must be out, no matter the road conditions, to have a safe place to get off the road. Being the only truck stop located directly on Highway 30 in Iowa, this also makes us an even more attractive stop for truckers. As part of the overall emergency management plan for the Meskwaki Tribe, we have a generator to ensure that the Meskwaki Travel Plaza always has power and this sets us apart from competitors as we also can be an emergency fueling source. All staffing and closure decisions are made as a team that also includes communication with our Board Chairman.

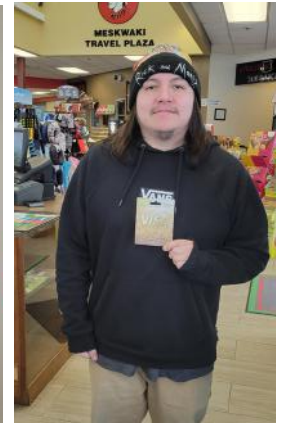
All of our staff really shined during both of the major storms that impacted us in a single weeks time. Meskwaki Travel Plaza, Meskwaki Fuels, Meskwaki, Inc., and Big River Trading Company, all played a role in seeing that operations continued and were supported. As a small team, we have to be able to step in to multiple roles and assist each other. No one wants to be traveling when a major blizzard hits and every employee, whether they be

essential worker, plow driver, trucker, or emergency personnel, has a family. At the end of the day, we want everyone safe; from our staff to our customers and those who must be on the roads.

Staff that worked during the first storm were given a Visa gift card and we had 2 "Snow Storm Rock Stars": Dugee Tyon and Quincy Lasley! Not only did they work their shift, they volunteered to work double shifts when other staff was unable to safely travel in to work! With the rapidly deteriorating conditions of the second storm, we implemented hazard pay for all employees that were able to make it into work. Thank you all for your efforts, dedication, and helpfulness as we managed this last round of snow storms.

**IMPORTANT INFORMATION:** In the event of an emergency, closure, or change of hours at the Meskwaki Travel Plaza, we will utilize the Meskwaki Travel Plaza Facebook Page to notify the public. Additionally, we will submit this information to Meskwaki Nation Media Department.

~ Tracie Zoffa, Training and Certification Administrator





## Valentine's Gift Basket Drawing

Enter to win with any \$20.00 Meskwaki Travel Plaza purchase January 31 - February 12, 2024

1 entry per purchase drawing 2/13/24



Basket includes:  
Lucky's gift card, candy, Valentine's plush, snacks

Employees and their immediate family are not eligible for this drawing

# EMPLOYMENT OPPORTUNITIES

## EVERY TEAM MEMBER MAKES A DIFFERENCE

CULTURE, COLLABORATION & COMMUNITY

Please take a look at the positions currently available to you.

We offer competitive wages, great group benefits (health, dental, life), paid vacation, sick leave, disability income protection, retirement benefits and more.

(Indian preferences given in accordance with Sac & Fox Code, Title 9, Sec. 9-1303.)

## Executive Director

Executive Management

### DUTIES & RESPONSIBILITIES:

- Manage and develop Tribal Programs to ensure that the needs of the Tribe are being met.
- Understand customary laws and practices associated with Tribal Operations.
- Ensure compliance with all relevant policies and procedures as adopted by the Tribal Council.
- Recommend policy changes to Tribal Management structure.
- Evaluate programs to determine the needs and performances in order to meet proposed goals and objectives.
- Act as consultant and advisor to the Tribal Council and attend all meetings of the Tribal Council.
- Represent the Tribal Council and the Tribe in negotiations with representatives of local, state and federal government agencies.
- Direct and coordinate current and long-range planning toward meeting the goals and objectives of the Tribe.
- Direct development of Tribal legislation and evaluate impact of new legislation and policies on the Tribe.
- Coordinate referral and follow-up of legal matters with Tribal legal representatives.
- Evaluate the performance of staff under direct supervision on an annual basis to include recommendations for improvement.
- Other duties as assigned.

### REQUIREMENTS:

- Bachelor's Degree in Business Administration or related field.
- Prefer Master's Degree (MBA/MA).
- Five (5) years of progressively responsible

FOR FULL JOB DESCRIPTIONS GO TO:  
[WWW.MESKWAKI.ORG](http://WWW.MESKWAKI.ORG) & CLICK ON "CAREERS"

Please submit your application/resume and salary expectations to Human Resources in one of three ways:

1. **Email:** [applications@meskwaki-nsn.gov](mailto:applications@meskwaki-nsn.gov)
2. **Online:** <https://meskwaki.applicantpro.com/jobs>
3. **Mail:** Sac & Fox Tribe of the Mississippi in Iowa  
349 Meskwaki Road  
Tama, IA 52339

management oriented experience.

- Prefer prior experience as a director or administrator.
- Must possess experience working with Indian Tribal organizations.
- Strong communications skills, verbal and written.
- Knowledge of P.L. 638 contracting, general fund and accounting principles and applicable federal laws and regulations.
- Be knowledgeable and proficient in P.C. word processing, spreadsheet, Internet and e-mail.
- Demonstrated knowledge and experience in teambuilding and teamwork.

• Travel required.

• Valid Driver's License required.

**ANNUAL SALARY: \$106,038 - \$157,248**

### POSITION OPEN UNTIL FILLED

For full job descriptions & information visit: <https://meskwaki.applicantpro.com/jobs/>

Are you awesome?

WE are HIRING!  
Join us!

WE'RE LOOKING FOR YOU!

**These current jobs are still open and will remain open until filled unless a closing date is posted on our website.**

- **Associate Judge**
  - Sac & Fox Tribal Court
- **Behavioral Health Services Director**
  - Health - Behavioral Health Services
- **Chief Trial Judge**
  - Sac & Fox Tribal Court
- **Child Care Teacher**
  - Childcare
- **Dentist**
  - Health - Dental
- **Human Resources Specialist**
  - Human Resources
- **Lead HVAC/Classroom Instructor**
  - Apprenticeship Program
- **Maintenance Technician**
  - Meskwaki Settlement School
- **MSS Superintendent (2024-2025)**
  - Meskwaki Settlement School
- **MSS Maintenance**
  - Meskwaki Settlement School
- **MSS Substitute Teacher (Long-Term)**
  - Meskwaki Settlement School
- **Office Assistant**
  - Behavioral Health Services
- **Prevention Specialist**
  - Behavioral Health Services
- **Recreation Worker (Part-Time)**
  - MRCC
- **Registered Dietitian**
  - Health - Diabetes Program
- **Social Worker**
  - Family Services

## Welcome to the Team!



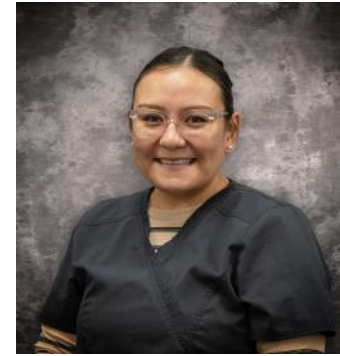
**TRICIA ZUNKER**  
*Chief Justice*  
*Sac & Fox Tribal Court*

Tricia Zunker was sworn in as Chief Justice of the Sac and Fox Tribe of the Mississippi in Iowa Court of Appeals in November 2023. She has served as Associate Justice of the Ho-Chunk Nation Supreme Court since 2013. She has also served as President of the Wausau Board of Education, is founding director of Central Wisconsin Indigenous Peoples' Day Committee, a 501(c)(3) non-profit entity that organizes the annual Indigenous Peoples' Day Pow Wow in central Wisconsin, and is an enrolled member of Ho-Chunk Nation. Tricia is a first generation college graduate, earning a Bachelor of Arts degree from University of Wisconsin-Madison with a triple major in: (1) French; (2) Political Science; and (3) International Political Economy and Policy Studies. She earned a Juris Doctorate degree from UCLA School of Law. In addition to her judicial role, Tricia is a longtime educator. She teaches concurrently in the Legal Studies department at University of Maryland, in the Criminal Justice department at Colorado State University-Global Campus, and serves as law professor at California School of Law, where she is also Dean of Faculty. Tricia was also candidate for Congress in Wisconsin's 7th Congressional District in 2020. She is a member of the ACLU of Wisconsin Board of Directors, including serving on the Executive Committee; a member of the Midwest Environmental Advocates Board of Directors; and founding director of Central Wisconsin Indigenous Peoples' Day Committee, Inc. Her lived experiences have instilled in her a passion for public education, social justice, protecting the environment, ensuring fundamental rights and achieving representation reflective of society. She resides in central Wisconsin with her thirteen year-old son and their rescue pup, Diesel.



**PEDRO JACK ALAMO**  
*Carpentry Apprentice*  
*Meskwaki Apprenticeship Program*

My name is Pedro Alamo, III, aka Me-do-ba, aka Jack. I grew up here on the Settlement. I applied to the Apprenticeship Program to finally work towards a career. When I finally graduate, Dante and I are going to start building stuff for money. I hope he says "yes", I should ask him first! Oh, wait... he's probably reading this right now. Hey Dante, wassup? Can I ask you a question, bruh? When I finally graduate do you want to start building stuff for money with me or what? I hope you graduate too Dante. My hobbies include fishing, working out, and stretching. My dislikes are working out, stretching, and wasting bait.



**AILEENA IRON SHELL**  
*Dental Assistant*  
*Meskwaki Dental*

Hello my name is Aileena Iron Shell and my Indian name is Nenawabigea. I am the new dental assistant for Meskwaki Dental. I am a descendant of the Meskwaki Tribe and an enrolled member of the Rosebud Sioux Tribe. I grew up in Tama my whole life and graduated from South Tama County High School. I then went to Marshalltown Community College for my Dental Assisting Diploma and graduated in May of 2022. I was a scared patient in the dental chair as a little girl, but grew a love for teeth. I am excited to be a part of the dental team here and excited to meet all of our patients and community. When I am not at work I love to spend time with my family and workout. I am excited to see and work on everyone's smiles.



**DANTE DAVENPORT**  
*Carpentry Apprentice*  
*Meskwaki Apprenticeship Program*

Hello, my name is Dante Davenport and I am one of the new Carpentry Apprentices at the Meskwaki Apprenticeship Program. I am Meskwaki and my Meskwaki name is Nenemekisa. I grew up here on the Settlement and attended Meskwaki Settlement School. My goal here is to learn a new trade and start a career. My hobbies include spending time with my Lady Josephine and also hanging out with my daughter who is 2 years old.



**WINSTON WOLF**  
*Pest Control Apprentice*  
*Meskwaki Apprenticeship Program*

Hi, my name is Winston Wolf. I'm the new Pest Control Apprentice. I'm a Meskwaki descendant with a splash of Omaha. I live and grew up on the Settlement my whole life. I once worked with the Apprenticeship Program for carpentry but this time I'm coming in as a Pest Control Apprentice. My goals are to learn the trade and use that to help my community the best way I can. Other than that, I'm a man of few words. I do love being a father. I have an 8 year old daughter whose name is Wyomia and an 8 month old son named Mahwahsah.



# NEW HIRES



## JORDAN WRIGHT

*Recreation Worker  
Meskwaki Recreation & Community Center*

Hi, My name is Jordan Wright and I am one of the new Rec Workers at the new Rec Center. I am of Meskwaki descent and my Indian name is Nedonemeke. I was born and raised in Des Moines but moved to the Settlement around the fall of 2022. I attended Des Moines Area Community College, where I received my Associates Degree and plan to continue studying Public Health later this year. I have been dancing for over 15 years and skateboarding for more than 20. I chose to work here because I enjoy helping others and believe in movement and exercise as the best preventative medicine. I also enjoy traveling, learning history, and discovering new music. I'm excited to be here and look forward to connecting with more people in the community.



## JOSEPHINE YOUNGBEAR

*Lab Assistant  
Meskwaki Health Clinic*

Hello, my name is Josephine Youngbear. I am the new Lab Assistant at the Meskwaki Tribal Health Clinic. I am a Member of the Meskwaki Tribe. I attend school at MCC, I hope to get a degree in the medical field. My love and I have a beautiful daughter named Delphine who just turned two. I enjoy spending my time with them and watching movies. I look forward for to working with the community.



## TERESA WASESKUK

*Carpentry Apprentice  
Meskwaki Apprenticeship Program*

Hoat! My Name is Teresa Waseskuk. My Meskwaki name is Bayoki. I am a first-year Carpentry Apprentice. I grew up on the Settlement and attended school at Sac and Fox until 6th Grade. I graduated from South Tama in 1999. I decided to further my knowledge into carpentry so I can help build green houses for the community and animal dwellings to help combat the elements.



## DENISE DAVENPORT

*Accounts Payable Specialist  
Finance*

Hey, my name is Denise Davenport, Bye-twe-ta, I am Thunder Clan of the Meskwaki Nation. My new job title is Accounts Payable Specialist. I was born and raised here on the Meskwaki Settlement. I have two associate degrees, one in Graphic Communications from DMACC and one in Creative Writing from the Institute of American Indian Arts. My hobbies and interests include writing poetry and taking photos, beading and sewing and watching movies. I do Senior Portraits as a hobby. Professionally I just want to do anything I can for my tribe and contribute anyway I can. I have two cats Bruno and Bone Thug and three dogs Keanu, Khan and Tripod. We adopted him and he has only 3 feet. I don't know what happened to the fourth one. I look forward to working for the Meskwaki Nation.



## JANA KAPAYOU-BEAR

*Recreation Worker  
Meskwaki Recreation & Community Center*

Hi, my name is Jana Kapayou-Bear and I am one of the new Recreation Workers at our new Meskwaki Recreation Community Center. I am a Meskwaki Tribal Member and my Meskwaki name is Ma Ni No A of the Fox Clan. Born and raised here on the Meskwaki Settlement. I recently obtained my AA Degree from Marshalltown Community College. I am currently working on my BA in Health. My reason for working here is to help our community get healthy, achieve their goals and help them see them better themselves in a good way within our new facility. I have five kids and four grandchildren with whom I enjoy spending my time with! Working here inspires me to get healthy and exercise in my spare time.



## ELWOOD ROBERTS

*Plumbing Apprentice  
Meskwaki Apprenticeship Program*

I like to eat. I like to watch movies. I like to play video games. #Glizzy

My life motto is: You can't always be sure people are doing the wrong thing. The thief who steals food to feed his family isn't necessarily wrong, you just might not understand, so don't judge.

Often in life, unless you are wearing their shoes, you can't see the "big picture". So again... DON'T JUDGE.

## Make **MESKWAKI BINGO CASINO HOTEL** your future employer!



To Apply visit our website: <https://www.meskwaki.com/employment> and click on Meskwaki Career Center. The career center lists all of our open positions with detailed job descriptions.

**PORTER** FT \$13.00 hourly. Must be 18 years of age or older.

**CARPENTER** FT \$20.00 hourly. Requires HS Diploma/GED with certificate/diploma from a one to two-year trade school or three years of on-the-job training with a licensed contractor. Valid Iowa Driver License preferred. SS

**GENERAL MAINTENANCE** FT \$15.00 hourly. Requires certificate of training or one (1) year work experience in relevant field. Must be able to comprehend and follow literature regarding proper installation & maintenance of equipment, tools, & devices. SS

**HVAC TECHNICIAN** FT \$20.00 hourly. Requires a valid Journeyman's license, an AAS/AA college degree in relevant field, or two years' work experience working in the trade, or an equivalent combination of education/experience. SS

**LICENSED ELECTRICIAN** FT \$22.00 hourly. Requires a valid Journeyman's OR Master Electrician's license, and 3 years of experience as a skilled electrician, or an equivalent combination of education and experience. Must have knowledge of blueprints, schematics, lock out tag procedures and the National Electrical Code. Must have good knowledge of computers and software applications. SS

**CAGE CASHIER** FT \$15 hourly. Requires a HS Diploma/GED and 18 years of age or older.

**COOK/CASHIER** FT \$13.00 hourly. Must be 18 years of age. Previous experience preferred.

**BAKER** FT \$13.00 hourly. Must be at least 18 years of age.

**BANQUET SET-UP PERSON** FT \$11.50 per hour with tips (tips may vary). Must be 18 years of age.

**BEVERAGE BARBACK** FT \$12.00 per hour + tips/may vary. Must be 21 years of age.

**COOK** (Buffet/Luckys) FT \$15.00 – 18.00 hourly (dependent on experience). Must be 18 years of age.

**DISHWASHER** FT \$13.00 hourly. Must be 18 years of age.

**UTILITY** (Arcade) FT \$13.00 hourly. Must be 18 years of age.

**GENERAL MAINTENANCE** FT \$15.00 hourly. Requires certificate of training or one (1) year work experience in relevant field. Must be able to comprehend and follow literature regarding proper installation & maintenance of equipment, tools, & devices. SS

**\*\* GUEST ROOM ATTENDANT** FT \$11.00 per hour with a potential to earn \$3.00 per standard/\$4.00 per suite.

**LAUNDRY WORKER** FT \$13.00 hourly. Must be 18 years of age or older.

**DEALER TRAINEE** FT This is a FREE training, and we will pay you \$7.50 hourly while training, Monday-Friday, 8 am to 4 pm. After training you could earn from \$20-25 per hour with tips (tips may vary). Requires HS Diploma or GED. Requires successful completion of the appropriate dealer training course.

**EXPERIENCED DEALER** FT/PT \$20.00-25.00 per hour with tips (tips may vary). Requires HS Diploma or GED. Trained to operate any combination of: Blackjack, Dice (Craps), Roulette or Baccarat/Pai Gow.

**FLOOR PERSON/DEALER TRAINER** FT/PT \$20.50 hourly. Requires HS Diploma or GED and six months of pit experience and knowledge of game protection techniques.

**SECURITY EMT** FT \$17.00 hourly. HS Diploma/GED preferred. Certified Iowa EMT or Registered Nurse. SS

**SECURITY OFFICER** FT \$14.00 hourly. HS Diploma/GED preferred. 18 years of age and older. SS

**SLOT ASSISTANT SHIFT MANAGER** FT \$TBD. High school diploma/GED. Associate degree in relevant field of study or four years of Slot Attendant experience including one-year supervisory level experience or an equivalent combination of education and experience.

**Requirements for all positions:** Pre-Employment Drug Screen Required and Gaming Commission License Background Interview.  
**Hourly Shift differential – Swing 2nd shift \$ .50, Grave 3rd shift \$1.00.** Native American preference policy applies to all positions.

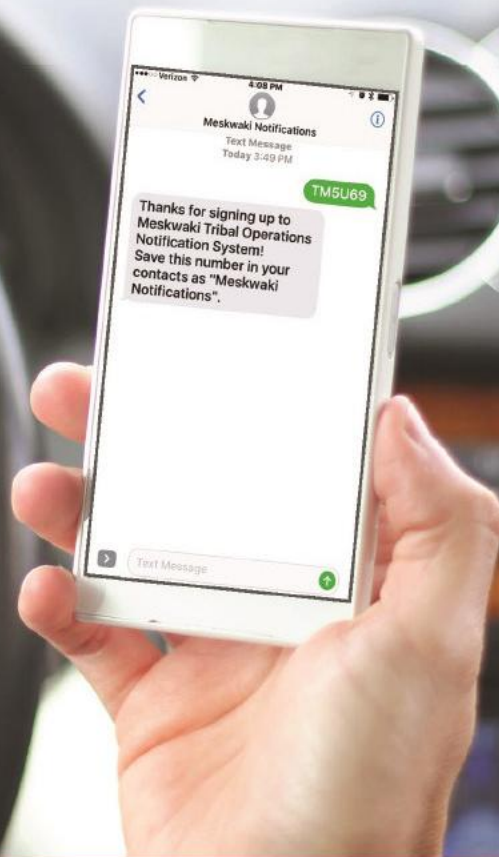
**Call 641.484.1575/1478  
for more information.**

Scan our QR code to apply  
online >>>>



**ANYONE WITH A CELL PHONE CAN PARTICIPATE!**

**RECEIVE INSTANT  
NOTIFICATIONS  
FROM THE  
MESKWAKI NATION  
ABOUT WEATHER  
AND INFORMATION  
BY RECEIVING TEXT  
MESSAGES FROM  
TRIBAL OPERATIONS.**



**SIGN UP TO RECEIVE **TEXT ALERTS** FROM  
MESKWAKI TRIBAL OPERATIONS**

From your mobile device,  
create a new text message.

In the "To" line enter this phone number:

**(641) 323-4126**

In the "Message" line, enter:

**TM5U69**

**Hit Send.**

**Weather  
Delays &  
Closures**

**Community  
Events**

**Important  
Announcements**

**Employee  
Events**

**Meetings  
& Program  
Info**

This program is brought to you by Meskwaki Tribal Operations.  
For additional information, email: [media@meskwaki-nsn.gov](mailto:media@meskwaki-nsn.gov)

# MINT

## Meskwaki Nation Times

Preserving sovereignty, protecting traditions, promoting culture and building a stronger community through information, communication, and support.

VISIT US ON-LINE  
FOR THE MOST UP-TO-DATE  
INFORMATION POSTED DAILY!



[WWW.MESKWAKI.ORG](http://WWW.MESKWAKI.ORG)

- Community Calendar
- Career Opportunities
- "In The News"
- & more!

Tribal Council Minutes, Election info, and more is located in the "Members Only" section of the site.




Sac & Fox Tribe of the Mississippi in Iowa

## MESKWAKI NATION

349 Meskwaki Road  
Tama, IA 52339-9634


PRESORTED  
STANDARD MAIL  
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PERMIT NO. 7

Percap Distribution:  
Friday - February 9, 2024



**My Beloved**  
**My Honey**  
**My Sugar**  
**I love you**

**Ne tti ka mo**  
**Ne a mow i**  
**Ne si se bag i**  
**Ke ta pa ni**



2024 FEBRUARY				MESKWAKI		THU	FRI	SAT
YOUR MOMENT. YOUR PLACE.								
SUN	MON	TUE	WED					
4 SUNDAY BRUNCH 10 AM - 2 PM BINGO 2 PM & 6 PM SHRIMP BUFFET 4 - 8 PM	5 GIFT OF THE MONTH 8 AM - 11 PM	6 GIFT OF THE MONTH 8 AM - 11 PM	7 BINGO 2 PM & 6 PM 6X SLOT POINTS*	8 STEAK BUFFET 4 - 8 PM \$3,000 TOURNAMENT 12 PM - 2 PM 4 PM - 6 PM BINGO 2 PM & 6 PM	9 SEAFOOD BUFFET 3 - 9 PM BINGO 2 PM & 6 PM JAKE MCVEY 8:30 PM - 1 AM	10 PRIME RIB BUFFET 4 - 8 PM BINGO 4 PM LION DANCE 6 - 6:30 PM ASIAN SHOW 8 PM THRILLBILLIES DUO 8:30 PM - 1 AM		
11 SUNDAY BRUNCH 10 AM - 2 PM CUPID'S ARROW 2 - 5 PM BINGO 2 PM & 6 PM SHRIMP BUFFET 4 - 8 PM	12 GIFT OF THE MONTH 8 AM - 11 PM	13 GIFT OF THE MONTH 8 AM - 11 PM	14 BINGO 2 PM & 6 PM 6X SLOT POINTS* BE MY "RANDOM" VALENTINE 12 - 6:30 PM	15 STEAK BUFFET 4 - 8 PM \$3,000 TOURNAMENT 12 PM - 2 PM 4 PM - 6 PM BINGO 2 PM & 6 PM	16 SEAFOOD BUFFET 3 - 9 PM BINGO 6 PM BLUZILLION 8:30 PM - 1 AM	17 PRIME RIB BUFFET 4 - 8 PM BINGO 4 PM & 9 PM BLUZILLION 8:30 PM - 1 AM		
18 SUNDAY BRUNCH 10 AM - 2 PM BINGO 4 PM SHRIMP BUFFET 4 - 8 PM	19 GIFT OF THE MONTH 8 AM - 11 PM	20 GIFT OF THE MONTH 8 AM - 11 PM	21 BINGO 2 PM & 6 PM 6X SLOT POINTS*	22 STEAK BUFFET 4 - 8 PM \$3,000 TOURNAMENT 12 PM - 2 PM 4 PM - 6 PM BINGO 2 PM & 6 PM	23 SEAFOOD BUFFET 3 - 9 PM BINGO 2 PM & 6 PM PASSION 8:30 PM - 1 AM	24 PRIME RIB BUFFET 4 - 8 PM BINGO 4 PM PASSION 8:30 PM - 1 AM		
25 SUNDAY BRUNCH 10 AM - 2 PM CUPID'S ARROW 2 - 5 PM BINGO 2 PM & 6 PM SHRIMP BUFFET 4 - 8 PM	26 GIFT OF THE MONTH 8 AM - 11 PM	27 GIFT OF THE MONTH 8 AM - 11 PM	28 BINGO 2 PM & 6 PM 6X SLOT POINTS*	29 STEAK BUFFET 4 - 8 PM LEAP INTO MARCH 12 PM - 6 PM BINGO 2 PM & 6 PM	*Excludes Video Poker.			