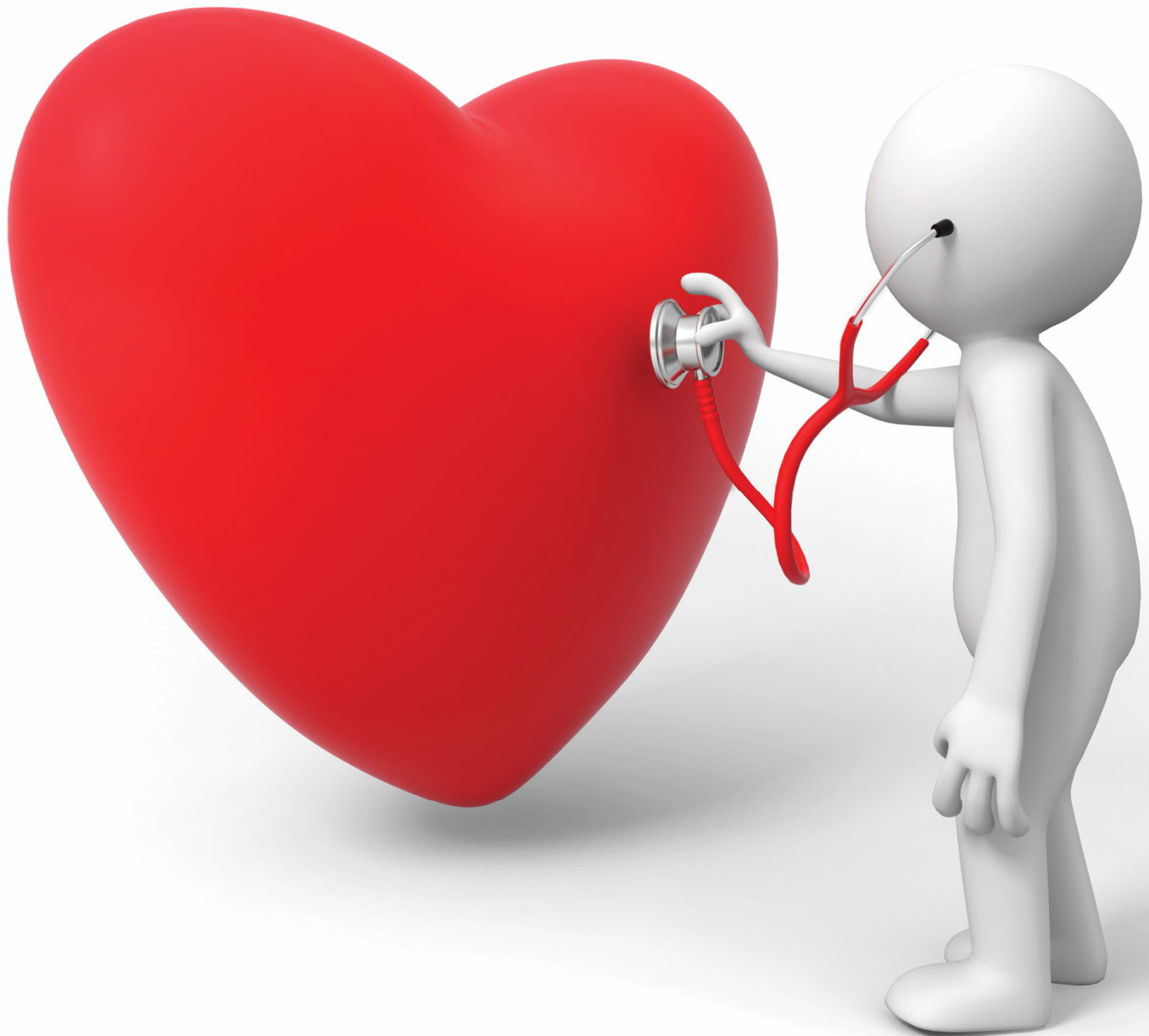
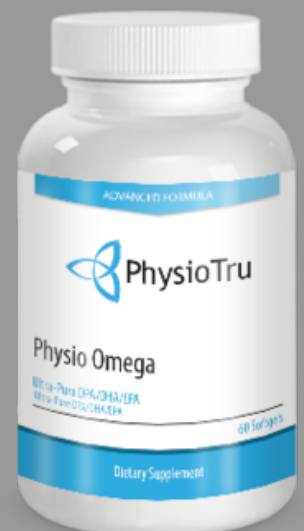


PHYSIO OMEGA BY PHYSIOTRU



PhysioTru is a fish oil supplement to fully support your health and help protect your body against the damage inflammation can cause.



Heart diseases are becoming more prevalent, particularly among the elderly. Our diets are a major contribution to heart disease and several other health disorders. Our diets have grown nutrient-deficient and less healthful over time, with an increase in carbohydrates, fats, and sweets that contribute to excessive body fat and clog blood vessels. These blocked arteries and vessels elevate blood pressure and increase the risk of stroke or heart attack. Therefore, the excessive levels of sugars, carbs, and harmful fats in our diets have contributed to a rise in cardiovascular disease and illnesses such as hypertension, obesity, and diabetes. As we age, being mindful of what we eat and monitoring our blood pressure levels and heart health helps to reduce the risk of heart disease, hypertension, and heart attack.



Supplementing our meals with vital nutrients that improve heart health enables us to take better care of our hearts and live longer. Omega-3 fatty acids, often found in fish and fish oil, are one of the nutrients that improve heart function. Including these fatty acid-rich foods in your diet and exercising can considerably benefit your heart. In addition, taking omega-3 supplements is a quick, simple, and extremely effective approach to deliver these essential nutrients to your system and strengthen your heart.

PhysioTru's Physio Omega pills are among the best supplements for heart and general health. This mixture, sometimes known as Heart Vitamin or heart attack fighter, was created by Dr. Sam Walters to enhance heart health and prevent heart attacks. Dr. Sam Walters is a certified medical practitioner who has been featured on FOX, ABC, NBS, and CBS during the last four decades. He has a bachelor's degree in Bio Nutrition and a master's degree in Clinical Nutrition-focused Biology. He collaborated with PhysioTru to develop the optimum supplement for heart health, Physio Omega.

How Physio Omega Functions

Physio Omega is formulated with all-natural components and omega-3 fatty acids for heart and circulatory health.

Omega-3 fatty acids are molecules found in foods such as fish, and they are well-known for their many advantages for heart function and general health. In addition to flax seeds, green vegetables, cereals, walnuts, and soybeans, they are also found in flax seeds. This fatty acid reduces the chance of heart failure and stroke, as well as the danger of blood clots, which may cause serious health issues. In addition, they may lower blood pressure and correct irregular heartbeats.

Eicosapentaenoic acid (EPA), Alpha-linolenic acid (ALA), and Docosahexaenoic acid (DHA) are the omega-3 fatty acids (DHA). EPA reduces the risk of heart and coronary problems, while DHA enhances brain function, aids in the treatment of hypertension and thrombosis, and is beneficial to pregnant women. ALA supports cardiovascular health by reducing stress, and it has other positive health effects.

Additionally, Physio Omega contains a unique type of Omega 3 known as DPA. DPA is more potent than other omega-3 fatty acids and is present in a few of fish species. Multiple studies indicate that DPA is the most effective

Omega 3 component, distinguishing Physio Omega from other supplements. According to a research published in the New England Journal of Medicine, Omega 3 might reduce the risk of a heart attack by 28% and the risk of a fatal heart attack by 50%.

Additionally, the DPA in Physio Omega provides several health advantages, including blood sugar regulation and weight reduction assistance. This supplement includes 60 mg of the uncommon chemical DPA, 280 mg of the anti-inflammatory EPA, and 240 mg of the brain-health promoting DHA.

Additionally, physical omega includes Vitamin E and Coenzyme 10. Vitamin E facilitates the body's digestion and absorption of omega-3 fatty acids, whilst Coenzyme Q10 is crucial for maintaining healthy skin and body function.

Physio Omega's Components

Physio Omega includes 2,400 mg of fish oil, 240 mg of DHA, 280 mg of EPA, and 60 mg of DHA per serving. Here is the list of Physio Omega's ingredients:

Menhaden Fish Oil
Omega 3 Fatty Acid

Eicosapentaenoic acid (EPA)

Docosapentaenoic acid (DPA) Docosahexaenoic acid (DHA)

Additional components: Tocopherol Blend and Citrus Flavor

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Advantages of Physio Omega Omega-3 fatty acids have anti-inflammatory effects, decreasing inflammation and lowering the risk of a variety of disorders. Inflammation in the cardiovascular system is caused by clogged arteries and blood vessels, which leads to blood clots and heart failure. By lowering inflammation, Physio Omega reduces the risk of heart attacks and maintains the health of the heart.

This supplement promotes brain function. The DHA fatty acid in omega 3 improves brain function, allowing you to think more clearly and execute a variety of mental activities. Omega 3 and DHA are abundant in Physio Omega, which improves brain health and function.

It reduces cholesterol and promotes weight reduction. High cholesterol levels have been related to hypertension

and cardiovascular disease. The omega 3 in the Physio Omega supplement is helpful in lowering cholesterol and cleaning arteries, hence reducing the risk of cardiovascular disease and body fat. Omega 3 also reduces hunger, allowing you to consume less and maintain a healthy weight. Therefore, Physio omega is effective in promoting weight reduction and keeping you fit and healthy.

This supplement modulates glucose and lipid levels in the blood. Physio Omega includes DPA, a unique fatty acid found in a few fish species that is up to 10 times more effective than other fatty acids and offers several health advantages. High blood sugar is a major contributor to cardiovascular issues and illnesses such as hypertension and diabetes, and DPA regulates blood sugar levels and improves insulin sensitivity. Triglycerides are composed of fatty acids and glycerol and are utilized to retain excess calories. Triglyceride levels that are too high may lead to a stroke, a heart attack, or type 2 diabetes. By managing triglyceride and blood sugar levels, Physio Omega enhances cardiovascular function and maintains optimum health.

Investing in Physio Omega

Physio Omega is available only via the official website. Multiple choices are available for purchase:

Purchase a bottle for \$67

Purchase four bottles for \$33.50 each.

Purchase eight bottles for \$24.95 each

In addition, they offer a subscribe and save option that includes an extra discount:

One bottle costs \$60.30.

Purchase four bottles for \$30.15 each.

Purchase eight bottles for \$22.46 each

Additionally, Physio Omega has a 60-day money-back guarantee. If you are not completely happy with your purchase within the first 60 days, you may get a full refund. To inquire about the return policy, contact customer service at customercare@physiotru.com.

Conclusion

Physio Omega is an all-natural, extremely effective, and safe dietary supplement. It includes no toxins since it contains Omega 3 fatty acids derived from fish in pure, uncontaminated water bodies. Dr. Sam Walters, a heart and nutrition specialist with over forty years of expertise, is also the creator of this product. Visit the official website now to get Physio Omega!



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