PEKING DUK · TORI FORSYTH · PHEBE STARR

SEPTEMBER – NOVEMBER 2024
LIMITED EDITION ZINE

Rolling Stone

AUSTRALIA



The Diagnosis That *Rocked* PEKING DUK


Bru, breast cancer
1 IN 2
IS TOO MANY
1 in 2 of us will be diagnosed with cancer by age 85.
Donate to cancer research
Cancer Council

Hey there,

On paper, there's no easy way to start an editor's letter about cancer. Not exactly the gentlest icebreaker, is it? Mentioning the old c-word does tend to change the vibe of a room a bit.

But that's just the thing.

Cancer is affecting us whether we talk about it or not. I know that firsthand. As Head of Fundraising and Communications at Cancer Council Victoria, I've seen how hearing the words "you have cancer" impacts the people diagnosed, and everyone who loves them.

But it's exactly because it's serious that we need to talk about it. And not in an ultra-heavy, ultra-dark way. Not like it's taboo or something to be hushed up for fear of bringing down the mood. We need to talk about it, because if we're silent, cancer wins.

And we can't let it win.

1 in 2 of us will be diagnosed with cancer in our lifetime. Which means, if we aren't diagnosed ourselves, someone we love or care about probably will be. And cancer isn't something that only happens to older people – a diagnosis and treatment can happen at any age.

In fact, too many young people are still getting cancer. None of us are indestructible.

However, we mustn't accept cancer as something that's inevitable. We can, and are, changing the record against cancer. But it takes all of us.



"One in two of us will be diagnosed with cancer in our lifetime. If we aren't diagnosed ourselves, someone we love or care about probably will be"

We can reduce the risk of cancer by eating well, exercising, and protecting our skin from UV over summer when festival season hits. We can quit smoking and vaping, pay attention to our bodies, and get checked if something seems off. We can get behind cancer research by donating to causes that fund it.

And we can take cancer seriously.

That's why I'm so excited to pair with Rolling Stone for this special zine; a chance to talk about cancer honestly and truthfully.

Let's bring cancer rates down together.

Because 1 in 2 is far too many.

LYRIAN FLEMING-PARSLEY
HEAD OF FUNDRAISING AND COMMUNICATIONS, CANCER COUNCIL VICTORIA

LUPITA NYONG'O



"Death is hard to understand, maybe even harder to accept. But the love generated from the life he lived will fuel every anniversary marking his absence. Chadwick may no longer be in our photos, but he will always be in our hearts."

Lupita Nyong'o on losing her close friend and co-star Chadwick Boseman to colon cancer

SOURCE: INSTAGRAM

"I hope you're wearing sunscreen."

SOURCE: FROM ONSTAGE AT HARVEST ROCK II IN ADELAIDE

PIP BROWN

(AKA LADYHAWKE)

BRENDON THORNE/GETTY IMAGES; BRENTON HO/VARIETY VIA GETTY IMAGES; JOSEPH OKPAKO/WIREIMAGE; LEON BENNETT/GETTY IMAGES; THEO WARGO/GETTY IMAGES FOR DISNEY; JED CULLEN/DAVE BENETT/GETTY IMAGES



"I know you've heard me talk about my basal cell carcinomas. I'm going to keep talking about them. And if it reminds even one person to put on sunscreen, then I'm happy."

SOURCE: INSTAGRAM

HUGH JACKMAN



DELTA GOODREM

"I honor my journey that leads me here but it's also about what we do next that counts. For those in the fight you are never alone and I stand here with you as a survivor."

SOURCE: INSTAGRAM





RIHANNA

"The greatest misconception about SPF is that dark skin does not require protection from the sun's rays. I, a woman of color, am here to tell you this could not be further from the truth - we need it and must apply it daily!"

SOURCE: YAHOO ENTERTAINMENT

KYLIE MINOGUE

"The experience of a cancer diagnosis will live in me. It was difficult. It was also amazing. Amazing in that you are very aware of your body, of the love that's around you, of your capability, all sorts of things."

SOURCE CBS NEWS

PEKING DUK

Peking Duk Know There's Nothing Hotter than Sun Safety

WORDS BY **JOSEPH EARP** PHOTOGRAPH BY **MICHELLE PITIRIS**



Four or so years ago, Adam Hyde — also known as Keli Holiday, and one half of the acclaimed electronic music duo Peking Duk — took a trip to the doctor for a skin check-up. Hyde's doctor spotted something "a little suss" — an unusual mole. He cut it out, and a little while later, Hyde received a startling email. "It said, 'Melanoma in situ'," Hyde says. "I was like, 'Oh god.'"

The melanoma was treated, but a few years later, in the early months of 2024, Hyde spotted another unusual lump. The news came back that it was cancer, again. Following a successful excision, Hyde is now cancer-free — but the incident made him painfully aware of the importance of sun safety and getting to know your own skin.

ON THE COVER

Reuben wears **The Tales** shirt, **Neuw** jeans, **R.M. Williams** boots | Adam wears **Saturdays NYC** tank; **All Saints** shirt; **Dr Martens** shoes; **Good Morning Keith** jeans

Creative Director:	**Katie Taylor** @katie.taylor___
Photographer:	**Michelle Pitiris** @sheisaphrodite
Hair and Makeup:	**Samantha Lee** @samanthaleemua
Digi Tech / LX:	**Nikola Blagojevic** @niikoniika
DOP:	**Rob Agostino** @robertwilliam.exe
Styling:	**Monique Moynihan** @monoffeepie
Graphic Designer:	**Paula Lei Tayao** @arumtayao



ILLUSTRATIONS BY **DAKOTA-RAIN BOND**



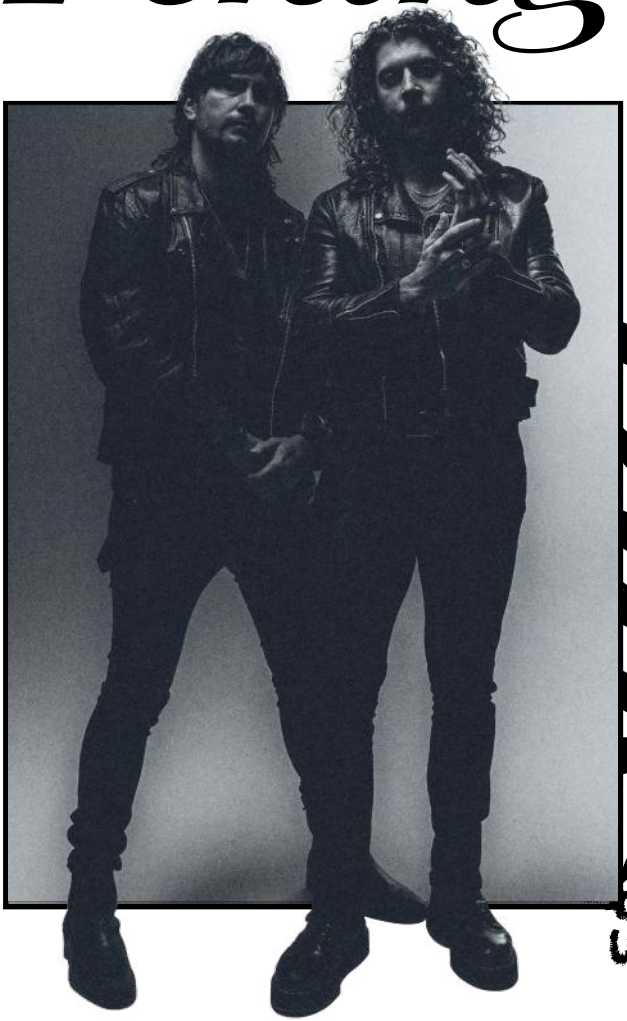
Adam Hyde isn't an outlier, either: 1 in 2 of us will be diagnosed with cancer in our lifetimes.



BILLY ZAMMIT; OPPOSITE PAGE: SUPPLIED

"If you catch it early and as long as you're on top of it, that's the most important thing." – Adam Hyde

Peking Duk



BILLY ZAMMIT





ILLUSTRATIONS BY DAKOTA-RAIN BOND

"It was crazy to think that someone my age was taken away by cancer." – Reuben Styles



BILLY ZAMMIT; SUPPLIED



"If you catch it early and as long as you're on top of it," Hyde says, "that's the most important thing."

Hyde isn't an outlier, either: 1 in 2 of us will be diagnosed with cancer in our lifetimes. It's a shocking stat — and one that Hyde's musical partner, Reuben Styles, also knows the reality of.

"My friend Jamesy, who was very young, passed away a few years ago," Styles says. "It was pretty crazy to think that someone my age was taken away by cancer."

That is now one of the core messages that Styles and Hyde both want to impart to Australians – that cancer is not an old person's disease.



"I always wear sunscreen now," Hyde says.

Covering your skin by wearing proper amounts of sunscreen as well as a hat, sunnies, protective clothing, seeking shade, acting with caution, and looking after

BILLY ZAMMIT; SUPPLIED

yourself — these are the steps that Peking Duk together encourage all Australians to take. And, importantly, knowing your skin and getting checked if you notice any changes or anything unusual.

"Sure it's a little daunting," Hyde says, "but what's more daunting than finding out you have cancer?"

If you or someone you know has cancer, get free confidential support from a cancer nurse, call 13 11 20.

"It's a wise warning for everyone to get checked, because you never know."

ILLUSTRATIONS BY DAKOTA-RAIN BOND

THE RISE OF CANCER IN YOUNG PEOPLE – A MODERN MYSTERY

BEASTIE BOYS' Adam 'MCA' Yauch was diagnosed with a rare throat cancer at the age of 44 and left the music world in shock when he died three years later. While his cancer was rare, the reality is that cancer itself is not as uncommon in young people as we've come to believe.

1 in 2 of us will be diagnosed with cancer in our lifetimes, so we can no longer see it as just an older person's disease.

What's causing the rise in young cases is complicated: it's likely a mix of genetics, lifestyle choices, environmental exposures, and better screening technology. But the impact of a diagnosis at such a critical stage in life has its challenges.

"You're suddenly confronted. I was a healthy person and suddenly I'm not," said 38-year-old Melbourne tattooist, Bru, after she was diagnosed with triple negative breast cancer.



MCA (Adam Yauch) in 1987



Beastie Boys In West 42nd Street / Times Square Subway Station in 1986

The physical impacts for Bru were significant during treatment, and she's still psychologically processing her diagnosis. "Life is not the same, because you're a whole different person. But you're left with the life you used to have."

A third of all cancers are preventable, so ditching the smokes and vapes, being sun smart, and eating well is all in your hands. Check for lumps and bumps, or anything that doesn't look, feel, or come out right. If something seems off, don't dismiss it – get it checked by a doctor.



Adam Yauch in 2007

More and more of us are surviving by detecting cancer early and accessing improved treatments. So don't wait. In the words of Moloko's dance pop anthem, "*Give up yourself unto the moment / The time is now*." ®

STEFAN JEREMIAH/FILMMAGIC; MICHAEL OCHS ARCHIVES/GETTY IMAGES; MICHEL DELSOL/GETTY IMAGES

TORI FORS

"I e g h fo

PHOTOGRAPH BY **MICHELLE PITIRIS**

ADDS COUNTRY FLAIR TO SUN S

WHEN YOU'RE an artist as prolific and hard-working as Tori Forsyth, summer doesn't exactly spell relaxation. The singer-songwriter - who makes music that calls to mind Lucinda Williams and her friend and mentor Kasey Chambers - dropped her new album All We Have Is Who We Are in May of 2024, and she's barely slowed her output since its release.

"At the moment I'm working on a music/creative podcast," Forsyth says of her busy post-release period. "And I'm still doing touring stints."

Some of those stints will see Forsyth hit some outdoor festivals, which she loves due to their "fresh air, atmosphere and sunshine." But she understands that the heat and the exposure to the sun come with its own risks. There is, after all, very little shelter from the glare when you're up onstage, and Forsyth has sensible - and stylish - protective measures in place to keep herself sunsafe.

"For the past year I have played nearly every show with a giant cowboy hat - highly recommended for sun safety," she says. "Wearing sunscreen in Australia all year round, particularly living in QLD."

So, next time you hit the outdoors, remember to take Forsyth's advice, and invest yourself in one fine ten-gallon. Sun safety can be country-appropriate after all.



I have played nearly every show with a giant cowboy hat - highly recommended for sun safety"

SYTH

AFETY


SLIDE
SLIDE
SLAP
SLIDE
SLIDE

HOW TO AVOID DISASTER
THIS FESTIVAL SEASON



PHEBE STARR

On The Importance of Staying Cool

It's somewhat ironic that Phebe Starr – the creator of some of the most sparkly and luminous pop in Australia – has a complicated relationship to summer. "I hate playing in summer, if I'm honest," Starr explains. "I'm extremely translucent and white with freckles, so it's always a struggle in the heat."



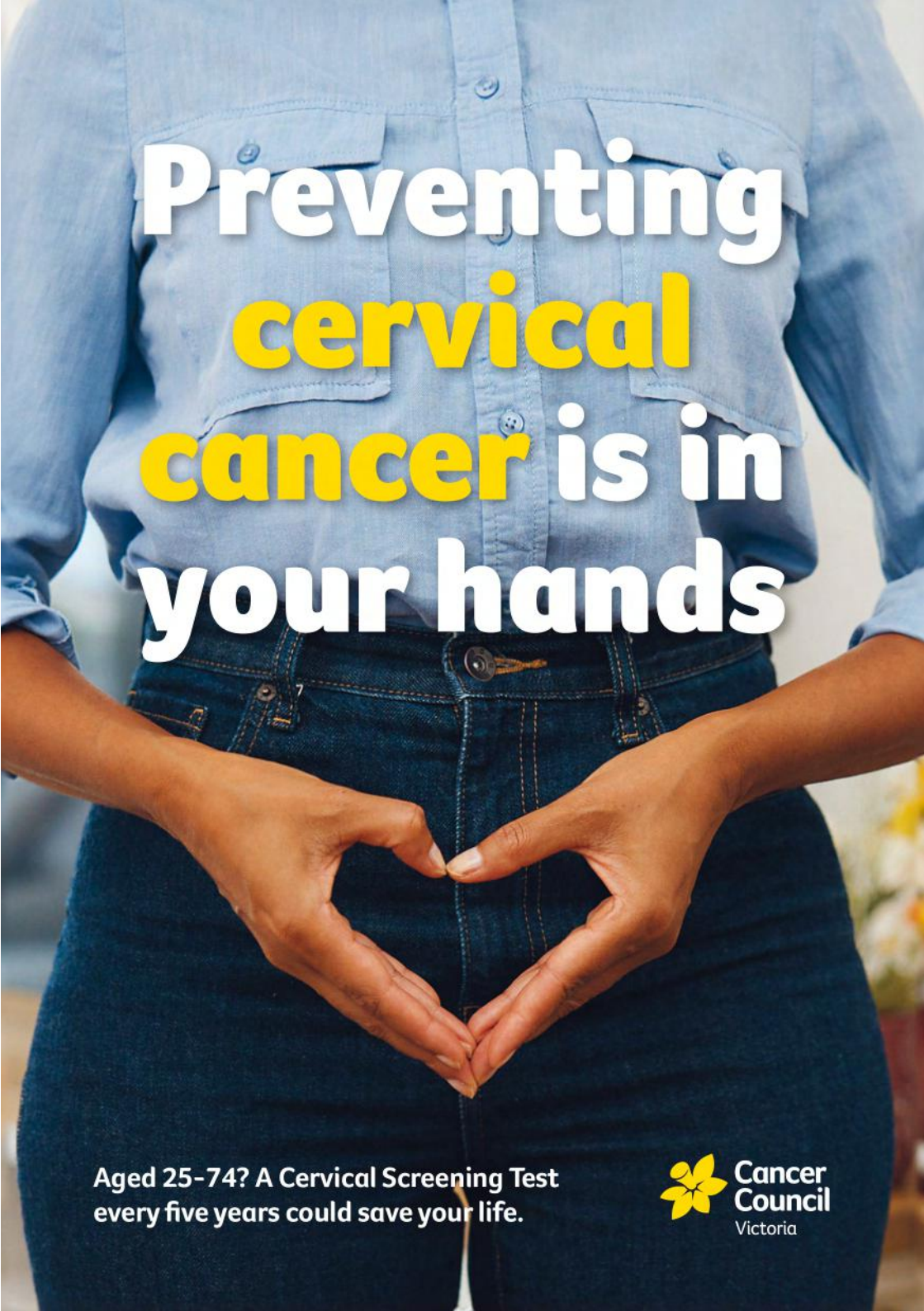
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Still, if there's one thing that the 'Edelweiss' singer has proven, it's that she knows how to adapt and change with the times. "I've learned to lean into it," she says. "Sometimes it can inspire an outfit—a giant hat, a veil, and a quick exit from the stage."

Starr expresses concern around Australia's "culture of embracing the sun" – she knows that sun safety is important for all Australians. "My number one tip would be not to worry about what everyone else is doing and to put your skin and health first," she says. "I had horrible experiences growing up, with people bullying me to get a tan and wear more revealing clothing."

"My number one tip would be not to worry about what everyone else is doing and to put your skin and health first."

The true way to be stylish in summer is to protect yourself – there's nothing more exciting than good health, after all. "I gladly enjoy finding the shade, chilling near the trees, wearing oversized clothing, applying my mineral sunscreen, and carrying a giant umbrella like I'm from the 18th century," Starr says.


Preventing
cervical
cancer is in
your hands
Aged 25-74? A Cervical Screening Test
every five years could save your life.
Cancer
Council
Victoria

IT'S YOUR QUITTING JOURNEY



FIND YOUR WHY

quit.org.au/quit-with-pride

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