

# LANSDOWNE FC YEARBOOK

**2023–2024**

**Lansdowne Football Club,**  
Lansdowne Road, Dublin 4

(01) 668 9300  
info@lansdownerugby.com  
lansdownerugby.com





# AD INDEX

Asador.....	42	Kilsarin Build.....	20
Addleshaw Goddard .....	179	Knight Frank .....	66
Ali Davis Food.....	148	Leddin Finance .....	92
Ardagh Group .....	116	Merrycobbler .....	47
ATC Ltd .....	5	Mitchell & Son.....	97
Baynes & Co Solicitors.....	42	Mobile Cover .....	97
Bizimply .....	27	Nightmarket.....	102
Burgess Galvin & Co. Ltd.....	47	Palace Bar .....	26
Cairn .....	21	Pitchcare.ie.....	110
Canterbury .....	19	Quilter Cheviot.....	34
Café Java.....	74	Roadstone Ltd .....	114
Crownway Investment Ltd .....	54	Sheehan & Co Solicitors .....	164
Davy .....	15	Smart Mortgages.....	166
DMG.....	28	Snap Leeson Street .....	58
Downer International.....	62	SparksWealth.....	41
Dillon Eustace.....	44	Stacks.ie .....	70
Diskin Fire .....	54	The Palace Bar.....	24
EWT.ie .....	177	The Shelbourne Hotel.....	24
Evolve Accountants .....	79	Verve.....	166
Fanagans Funeral Home .....	188	Zurich .....	174
Four Star Pizza .....	22		
Home Instead Senior Care .....	15		
Heineken .....	Back		
Hopkins Ward Estate Agents.....	90		
Hunters Estate Agents.....	151		
JJ Kavanagh Bus Hire .....	169		



# CONTENTS

Club Officers & Management .....	6
Club Internationals.....	10
Lansdowne Professional Players .....	14
Presidents of Lansdowne .....	18
Captains of Lansdowne.....	21
Lansdowne Presidents of IRFU, Hon Secs of IRFU.....	25
In Memoriam.....	29
A Tribute to Pat Casey .....	30
A Tribute to Caleb Powell.....	32
Message from the Club President .....	35
Message from the Club Captain.....	37
Message from IRFU president.....	39
Energia message to AIL Clubs .....	43
Message from Zurich.....	45
Player Bios .....	50
Lansdowne AIL Individual Scoring and Playing Records.....	74
Preview of Lansdowne's 2023 / 2024 AIL Campaign .....	76
RWC France 2023 Good Luck Message .....	78
1st XV Season Review.....	80
J1 Season Review .....	83
J2 Season Review .....	93
J3 Season Review .....	100
J4 Season Review .....	107
U20s Season Review.....	111





Minis & Youths Season Review.....	115
Claremont Road Acquisition .....	117
Hats (or Caps ) Off to Clincher.....	119
Writing Lansdowne FC: A History.....	121
Lansdowne 150th Ball .....	124
Minis and Youths Christmas Party.....	141
Lansdowne Business Lunch.....	143
Lansdowne Dinner .....	144
Lansdowne Ladies Lunch .....	149
Three Castles Ball.....	153
Lansdowne 2010: Biarritz Merci.....	157
The Players' Awards.....	167
Lansdowne Golf Outing.....	169
The Final Farewell: Brian Whelan.....	171
Ken Nuzum Legend's Award: Gerry Maloney .....	175
Minding Your Mental Health: Cost of Living.....	180
Lansdowne FC Code of Conduct.....	182
Lansdowne FC Safety Statement.....	186





## The Tiger ECO

Ultra Modern



## The Panther

For High Usage Washrooms



# atc<sup>®</sup>

## The Premium Blade

Elegant & Hygienic



## The ECO Tap Wash Station

Future Forward Experience

# Creating Hygienic Washrooms



## The Cub

Unique Design



## The Puma

Compact Design





# CLUB OFFICERS & MANAGEMENT 2023-2024

## President

Stephen Rooney  
Mobile: 087 918 6848  
Email: lansdownedirector@gmail.com

## Vice-President

Conor Shaw  
Mobile: 087 813 4849  
Email: conormshaw@gmail.com

## Deputy Vice President

Gavin Lee  
Mobile: 086 853 0451  
Email: gavinjplee@gmail.com

## Honorary Secretary

Kieran Walsh  
Mobile: 086 833 1736  
Email: honsec@lansdownerugby.com

## Honorary Treasurer

Karl Cleere  
Mobile: 085 173 3454  
Email: karlcleere@gmail.com

## Executive Committee

Stephen Rooney, Conor Shaw, Gavin Lee, Kieran Walsh, Karl Cleere, Enda Bohan and Brian Moran.

## Trustees

Michael Kearney, Rory Williams, Oisín O'Buachalla, Michael Ryan, Ciaran O'Reilly

## Club Captain

Cillian Redmond  
Mobile: 087 240 4798  
Email: redmondcillian@gmail.com

## P.R.O.

John Delaney  
Mobile: 086 237 9652  
Email: johndelany95@gmail.com

## Leinster Branch Rep

Colin Goode  
Office: 045 409 386  
Mobile: 086 814 1284  
Email: colin@ewt.ie

## Chairman of Rugby

Enda Bohan  
Office: 01 230 1726  
Mobile: 086 259 7214  
Email: enda.bohan@homeinstead.ie

## Director of Senior Rugby

Michael Quinn Junior  
Mobile: 086 814 7715  
Email: mpmquinn@gmail.com

## Honorary Fixtures Secretary

Ricky Geraghty  
Office: 086 608 7001  
Email: rickygeraghty1@gmail.com

## Club Doctor

Dr Conor Murphy  
Mobile: 087 671 9260  
Email: cmurph1010@gmail.com

## L.O.W. Management Committee

Gerry Maloney  
Mobile: 086 828 1402  
Email: gerrymaloney144@hotmail.com

## General Manager

Elayne Power  
Office: 01 668 9300  
Mobile: 086 824 9568  
Email: elaynepower@lansdownerugby.com

## Events & Administration Manager

Stephanie Ojo  
Office: 01 668 9300  
Mobile: 089 489 1897  
Email: stephanieojo@lansdownerugby.com





### Health & Safety Officer

Elayne Power  
Office: 01 668 9300  
Mobile: 086 824 9568  
Email: elaynepower@lansdownerugby.com

### Player Registrar

Noel Boyle  
Mobile: 087 239 2973  
Email: noel\_boyle@hotmail.com

### First Team Head Coach

Declan Fassbender  
Mobile: 086 601 4168  
Email: declanfassbender@leinsterrugby.ie

### First Team Manager

Paddy Gore  
M: 086 601 0695  
Email: paddy.gore@gmail.com

### First Team Assistant Coach

Charlie Doel  
Mobile: 087 218 4438  
Email: charliedoel252@gmail.com

### First Team Assistant Coach

Damien McCabe  
M: 087 227 3898  
Email: Damien.McCabe@Leinsterrugby.ie

### First Team Forwards Coach

Phil Horan  
Mobile: 087 613 0742  
Email: philhoran@hotmail.com#

### First Team Lineout Coach

Mark Flanagan  
M: +353 83 300 9584

### First Strength & Conditioning Coach

Daniel Moore  
Mobile: 085 734 4006  
Email: dmoore@blackrockcollege.com

### First Physiotherapist

Aisling Frawley  
Mobile: 085 765 9260  
Email: aisling@elevatephysioperformance.ie

### J1 Head Coach

Conor Nugent  
Mobile: 086 073 4635

Email: conor.nugent.2009@gmail.com

### J1 Manager

John Kilroy  
Mobile: 087 622 9090  
Email: John.kilroy@bradykilroy.ie

### J1 Attack Coach

Mark Roche  
Mobile: 083 836 8615  
Email: rochey12@hotmail.com

### J1 Skills Coach

Sam Meyers  
Mobile:  
Email:

### Junior Physiotherapist

Darragh Mangan  
Mobile: 0044 7539 362525  
Email: mangand23@gmail.com

### Director of Junior Rugby

Kevin O'Connor  
Mobile: 086 317 8705  
Email: kevoconnor1@gmail.com

### J2 Head Coach

Adam Curry  
Mobile: 085 828 6501  
Email: curryadam1@gmail.com

### J3 Head Coach

Mark Quinn  
Mobile: +353 87 970 3892

### J2 & J3 Manager

James Caslin

### J2, J3 & J4 Coaches

Ed O'Keefe  
Mobile: 085 763 9856

### Director of U20 Premier 1 Rugby

Mark MacMahon  
Mobile: 085 115 0488  
Email: markmacmahon94@gmail.com

### U20 Premier 1 Head Coach

Rhys Ruddock  
Mobile: 087 625 2966  
Email: rhys\_ruddock@hotmail.com





### **U20 Premier 1 Backs/Attack Coach**

Ross McKeever  
Mobile: 083 084 5954  
Email: ross.mckeever@olivegroup.io

### **U20 Premier 1 Forwards Coach**

Richie Allen  
Mobile: 087 952 1059  
Email: richieallen182@gmail.com

### **U20 Strength & Conditioning Coach**

Luke Thompson  
Mobile: 086 2493086  
Email: l.thompson.egs@gmail.com

Bryan Mollen  
Mobile: 085 116 4057  
Email: bmollen@gmail.com

### **Youth & Mini Rugby Chairman**

Brian Moran  
Mobile: 086 238 5385  
Email: y&m@lansdownerugby.com

### **Youth & Mini Player Registration**

Brian Moran  
Mobile: 086 238 5385  
Email: y&m@lansdownerugby.com

### **Youth & Mini Child Welfare Officer**

Jennapher Gleeson  
Mobile: 086 020 2294  
Email: y&m@lansdownerugby.com

### **U6/U7 Contact**

John Garry  
Mobile: +353 83 867 9566  
Email: ajohnyg4@gmail.com

### **Under 8**

Gavin Lee  
Mobile: 086 853 0451

### **U9**

Mark Quinn  
Mobile: 087 970 3892

### **U10**

Sebastian Orsi  
Mobile: 087 294 9299

### **U11**

Conor Gahan  
Mobile: 086 308 3488

### **U12**

Janet Trehy  
Mobile: 086 797 9846

### **U13**

David McKeown  
Mobile: 086 242 7221

### **U14**

Simon McDowell  
Mobile: 086 020 3561

### **U15**

Will Keating  
Mobile: 086 224 3555

### **U16**

Olivier Padioleau  
Mobile: 086 774 1722

### **U17**

Niall Hayes  
Mobile: 087 912 2305

### **U18.5**

Declan Drummond  
Mobile: 086 253 0800

### **Girls Rugby**

Brian Moran  
Mobile: 086 238 5385  
Email: y&m@lansdownerugby.com

### **Active Referees**

Arthur Lynch M: 086 235 5752  
Bernard McSweeney M: 086 385 1090  
Colm Roche M: 087 7586962  
Dermot Blake M: 086 864 3313  
Dermot Sheehan M: 087 6310630  
Ed Kenny M: 087 236 5574  
James Fegan M: 087 8217800  
Jim Kelly M: 087 2306662  
Paul Clinch M: 087 2487444  
Robert Phelan M: 087 7727150

### **Leinster Metro Representative**

Luke Healy  
Mobile: 086 827 39990  
Email: luhealyke@gmail.com





# CLUB INTERNATIONALS (118)

Aherne, L.P.F. 1988-92 16(1)	Edwards, T. 1889-93 6	Moroney, R.J.M. 1984-85 3
Arigho, J.E. 1928-31 16	Elwood, E.P. 1993-02 35(12)	Murphy, C.J.* 1939-47 5
Arnott, D.T. 1876 1	English, M.A.F.+ 1958-63 16(11)	Murphy, J. 2013- 9
Bagot, J.C. 1879-81 5	Feddiss, N. 1956 1	O'Connell, W.J. 1955 1
Bailey, A.H. 1934-38 13(12)	Feighery, C.F.P. 1972 3	O'Connor, P.J. 1887 1
Barr, A. 1898-1901 4(2)	Fitzgerald, D.C.+ 1984-92 34	O'Flanagan, M. 1948 1
Becker, V.A.M. 1974 2	Freeair, A. E. 1901 3	O'Mahony, D.P. 1995 1(1)
Beirne, T. + 2018 16 (41)	Fulcher, G.M. 1994-99 21(20)	O'Mahony, D.W.1995-97 4(4)
Berkery, P.x1J. 1954-58 11(3)	Gibson, M.E. 1979-88 10(5)	O'Shea, C.M.P. 1993-00 35(22)
Boyle, C.V.+ 1935-39 9(8)	Glennon, B.T. 1993 1	Pike, T.O. 1927-28 8
Brunker, A.A.D. 1895 2	Hamilton, A.J. 1884 1	Pike, V.J. 1931-34 13(6)
Bulger, L.Q. 1896-98 8(3)	Healy, M. 2016 - 1	Purcell, N.M.J. 1921 4
Bulger, M.J. 1888 1	Heffernan D. 2017 5	Quinn, M.A. 1973-81 10
Byrne, J.J.D. 1953-55 3(1)	Henebery, G.J. 1906-09 6(4)	Reddan, E. 2007-16 71 (16)
Byrne, H. 2021-	Hingerty, D.J. 1947 4(4)	Reidy, G.F. 1953-54 5(4)
Callan, C.P. 1947-49 10	Horgan, S. + 1999-2011 64(10)	Roe, R. + 1952-57 21(17)
Canniffe, D.M. 1976 2	Jack, H.J. 1914-21 3(2)	Ross, J.P.* 1985-86 4
Carroll, J.R. 1947-50 3	Jameson, J.S. 1889-93 7	Rutherford, W.G.* 1884-88 5(2)
Casey, P.J. 1963-65 12(9)	Johnson-Smyth, T.R. 1882 1	Ryan, D. 2014 1
Clancy, T.P.J. 1988-89 9	Keane, M.I.+ 1974-84 51	Ryan, J. (30)
Clinch, P 1989 (2)	Kearney, D. 2013- 19	Sayers, H.J.M. 1935-39 10(10)
Coffey, J.J. 1900-10 19	Kelleher, R.2020 (23)	Sexton, J.F. 1988-89 4(1)
Collins, P.C. 1987-90 2(1)	Kelly, J.P. (Seamus) 1954- 60 5	Scriven, G.* 1879-83 8
Contepomi, F1998-1385(62)	Kidd, F.W. 1877-78 3	Shanahan, T. 1885-88 5
Cook, H.G. 1884 1	Kiely, M.D. 1962-63 5	Sheehan D 2021- (18)
Cooney J. (11)	Kiernan, M.J. + 1982-91 43(36)	Sherry, M.J.A. 1975 2
Corrigan, R.P.M. 1997- 32(28)	Knox, H.J.B. 1904-08 10(4)	Smith, R.E. 1892 1
Crawford, W.E.*1920-27 30	Lambert, N.H. 1934 2	Spring, D.E.J. 1978-81 7(6)
Cronyn, A.P. 1875-80 3	Le Fanu, V.C.* 1886-92 11(4)	Spring, R.M. 1929 3
Crowe, M.P. 1929-34 13(3)	Lightfoot, E.J. 1931-33 11	Synge, J.S. 1929 1
Cunningham, W.A. 1920- 23 8	Lynch, M.L. 1956 1	Toner D. 2010- 70
Danaher, P.P.A. 1988-95 28(25)	McConnell, J.W. 1913 1	Walsh, E.J. 1875-76 7
D'Arcy, G. + 1999- 2015 82	McCullen, Aidan 2003 1	Warren, R.G.* 1884-90 15
Davies, F.E. 1892-93 5	McGann, B.J. 1969-76 25(21)	Wood, B.G.M.+ 1954-61 29(19)
Davy, E.O'D.* 1925-34 34(5)	MacHale, S. 1965-67 12	
Deegan, M. 2020 1	McKeen, A. 1999 1	
Doran, B.R.W. 1900-02 8	McQuilkin, K.P. 1996-97 5(3)	
Doran, E.F. 1890 2	Mannion, N.P. 1988-93 16(11)	
Doran, G.P. + 1899-1904 8	Moore, M. 2013- 10	
Duggan, A.T.A. 1964-72 25		
Dunlea, F.J. 1989-90 3		
Dunne, M.J. + 1929-34 16		

Caps won while playing  
with other clubs are in  
brackets.





\* Ireland Captains + British & Irish Lion

**Lansdowne Presidents of the IRFU**

George Scriven 1882-3 and 1885-86  
 J. Chambers 1887-88  
 J.B. Moore 1889-99  
 Ainsie Barr 1908-09  
 Jack J.Coffey 1924-25  
 J.J. Warren 1938-39  
 R.G. Warren 1895-96  
 G.P.S. Hogan 1948-49  
 Ernie Crawford 1957-58  
 Tommy O'Reilly 1963-64  
 Eugene O'D. Davy 1967-68  
 J.C. "Paddy" Conroy 1972-73  
 Jack F. Coffey 1975-76  
 Caleb Powell 2010-11

**Lansdowne Honorary Officers of the IRFU**

C.F. Ruxton, Hon. Secretary 1897-1925  
 R.W. Jeffares Snr., Secretary 1925-47  
 R.W. Jeffares Snr., Secretary/Treasurer 1947-51  
 R.W. Jeffares Jnr., Secretary/Treasurer 1951-1964

**Lansdowne Presidents of the Leinster Branch**

C.F. Ruxton, Hon. Secretary 1889-91

Victor Drennan, Hon. Secretary 1912-34

**Lansdowne Honorary Officers of the Leinster Branch**

J.B. Moore 1892-1927  
 R.G. Warren Hon. Secretary 1897-1938  
 GPS Hogan 1946-1971

**Lansdowne International Rugby Board Members**

1924 – 25 J.J. Warren  
 1932 - 33 V.V. Drennan  
 1937 - 38 G.P.S. Hogan B.L.  
 1942 – 43 N.M. Purcell  
 1953 - 54 Lt. Col. J.J. (Nicky) Winters B.E.  
 1957 – 58 E.J. Lightfoot  
 1970 - 71 J. F. Coffey  
 1977 - 78 K. D. Kelleher  
 1985 – 86 A. Twomey  
 1997 - 98 C. C. Powell  
 2004 - 05 P. Boylan

**Lansdowne International Referees**

Victor V. Drennan (1)  
 Rupert W. Jeffares Snr. (3)  
 Rupert W. Jeffares Jnr. (5)  
 Noel M. Purcell (1)  
 Hamilton (Ham) Lambert (1)  
 Robert (Bobby) Mitchell (3)  
 Kevin Kelleher (23)  
 Kevin Hanley (USA) (2)







# LANSDOWNE PROFESSIONAL PLAYERS



**RONAN KELLEHER**



**HARRY BRYNE**



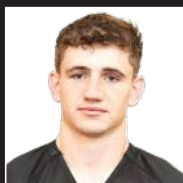
**MAX DEEGAN**



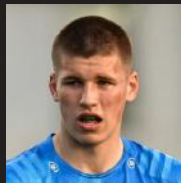
**PETER DOOLEY**



**DAN SHEEHAN**



**CORMAC FOLEY**



**SAM PRENDERGAST**



**TOM FARRELL**



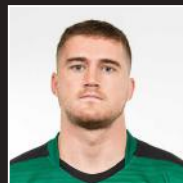
**TADHG BEIRNE**



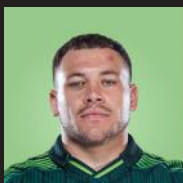
**TOM DALY**



**MARTY MOORE**



**OISÍN DOWLING**



**TADGH MCELROY**

## PROVISIONAL A / ACADEMY



**CHARLIE TECTOR**



**TEMI LASISI**



**WE KNOW YOU CARE,  
AND SO DO WE.**



Home Instead provides personalised home care services so your loved ones can continue living in their home. From personal care to dementia care to transportation, we help older adults live safe and happy lives – at home.

**Call 1800 911 855 or visit [HomeInstead.ie](https://www.HomeInstead.ie)**

Each Home Instead® office is independently operated.

DAVY

**Wishing Lansdowne FC  
the best of luck for the  
upcoming season.**





# **PRESIDENTS OF LANSDOWNE**

<b>1872-1904</b>	H. W. D. Dunlop	<b>1939-40</b>	W. E. Crawford
<b>1904-05</b>	J. Sibthorpe	<b>1940-41</b>	W. E. Crawford
<b>1905-06</b>	J. B. Moore	<b>1941-42</b>	J. A. Cooke
<b>1906-07</b>	H. Moore	<b>1942-43</b>	A. H. Robinson
<b>1907-08</b>	W. Pigot	<b>1943-44</b>	W. J. Young
<b>1908-09</b>	J. Denning	<b>1944-45</b>	R. H. Maunsell
<b>1909-10</b>	R. G. Warren	<b>1945-46</b>	R. W. Jeffares Jr.
<b>1910-11</b>	F. W. Kidd	<b>1946-47</b>	L. B. Heaney
<b>1911-12</b>	R. W. Jeffares Snr.	<b>1947-48</b>	A. J. Beatty
<b>1912-13</b>	A. M. Toomey	<b>1948-49</b>	R. Noel Mitchell
<b>1913-14</b>	J. Chambers	<b>1949-50</b>	Michael J. Dunne
<b>1914-19</b>	F. Denning	<b>1950-51</b>	F. C. Conroy
<b>1919-20</b>	A. A. Brunker	<b>1951-52</b>	E. J. Lightfoot
<b>1920-21</b>	F. Joynt	<b>1952-53</b>	Lt.Col. J. J. Burke- Gaffney, MC.
<b>1921-22</b>	F. Joynt		T. A. O'Reilly
<b>1922-23</b>	B. R. Doran	<b>1953-54</b>	E. O'D. Davy
<b>1923-24</b>	J. J. Coffey	<b>1954-55</b>	J. Bell
<b>1924-25</b>	J. J. Warren	<b>1955-56</b>	Dr. M. P. Crowe
<b>1925-26</b>	R. Simmons	<b>1956-57</b>	T. C. Fox
<b>1926-27</b>	J. A. Gargan	<b>1957-58</b>	E. W. Garland
<b>1927-28</b>	A. C. Sibthorpe	<b>1958-59</b>	H.W. Jack OBE, D.Sc.
<b>1928-29</b>	M. Dawson	<b>1959-60</b>	C. S. P. Randel
<b>1929-30</b>	M. J. D'Alton	<b>1960-61</b>	N. H. Lambert
<b>1930-31</b>	C. J. Law	<b>1961-62</b>	G. P. S. Hogan, B.L.
<b>1931-32</b>	F. E. Davies	<b>1962-63</b>	Major-Gen. S. Collins-Powell
<b>1932-33</b>	V. C. Le Fanu	<b>1963-64</b>	W. G. Sutherland
<b>1933-34</b>	F. A. Ross		J. E. McEnery
<b>1934-35</b>	V. V. Drennan	<b>1964-65</b>	C. J. Murphy
<b>1935-36</b>	R. H. Lambert	<b>1965-66</b>	J. N. Garland
<b>1936-37</b>	R. Donnelly	<b>1966-67</b>	R. Mitchell
<b>1937-38</b>	N. M. Purcell	<b>1967-68</b>	
<b>1938-39</b>	F. W. Warren	<b>1968-69</b>	



<b>1969-70</b>	T. C. Byrne	<b>1997-98</b>	P. Van Cauwelaert
<b>1970-71</b>	T. V. Davy, S.C.	<b>1998-99</b>	A. T. A. Duggan
<b>1971-72</b>	Rev. W. J. Moynan	<b>1999-2000</b>	M. Kearney
<b>1972-73</b>	J. F. Coffey	<b>2000-01</b>	J. Flanagan
<b>1973-74</b>	A. W. Campbell	<b>2001-02</b>	J. A. Leddin
<b>1974-75</b>	H. Vard	<b>2002-03</b>	P. Gahan
<b>1975-76</b>	J. C. Dawson	<b>2003-04</b>	F. Forrest
<b>1976-77</b>	P. J. Berkery	<b>2004-05</b>	B. Sparks
<b>1977-78</b>	J. P. Barrett	<b>2005-06</b>	O. O Buachalla
<b>1978-79</b>	A. McNally	<b>2006-07</b>	A. Delany
<b>1979-80</b>	A. Twomey	<b>2007-08</b>	P. Halpenny
<b>1980-81</b>	R. Carroll	<b>2008-09</b>	J. Kearney
<b>1981-82</b>	L. Lynch	<b>2009-10</b>	M. Dawson
<b>1982-83</b>	S. MacHale	<b>2010-11</b>	C. O'Reilly
<b>1983-84</b>	P. Moorhead	<b>2011-12</b>	P. Boylan
<b>1984-85</b>	K. Kelleher	<b>2012-13</b>	D. McCarron
<b>1985-86</b>	N. Hayden	<b>2013-14</b>	M. Quinn
<b>1986-87</b>	Dr. J. Craig	<b>2014-15</b>	F. Kenny
<b>1987-88</b>	J. Maguire	<b>2015-16</b>	Donal Lennon
<b>1988-89</b>	P. Ward	<b>2016-17</b>	Simon Coyle
<b>1989-90</b>	M. English	<b>2017-18</b>	Michael Cassidy
<b>1990-91</b>	P. J. Casey	<b>2018-19</b>	Kieran J. Mulligan
<b>1991-92</b>	C. Flanagan	<b>2019-20</b>	Derry Shaw
<b>1992-93</b>	L. McSherry	<b>2020-21</b>	Colin Goode
<b>1993-94</b>	C. Powell	<b>2021-22</b>	Colin Goode
<b>1994-95</b>	R. J. Mitchell	<b>2022-23</b>	Michael Dawson
<b>1995-96</b>	B. J. McGann	<b>2023-24</b>	Stephen Rooney
<b>1996-97</b>	P. Inglis		



LANSDOWNE F.C.

A photograph of two football players in action on a green field at night. They are wearing dark blue jerseys with red and yellow horizontal stripes across the chest. The number "1872" is visible on the front of the jersey. The player in the foreground is running towards the right, while the player in the background is slightly out of focus.

# MADE STRONGER

OFFICIAL CANTERBURY TEAMWEAR PARTNER OF LANSDOWNE FC

Canterbury Teamwear Contact:  
Keith Coombes  
Tel: 0876600000  
[keith@maguireagencies.ie](mailto:keith@maguireagencies.ie)



ideas taking shape



**Kilsaran**  
PAVING & WALLING

**Kilsaran**  
**KPRO**  
FACADES  
& MORTARS

**Kilsaran**  
CONCRETE PRODUCTS  
& AGGREGATES

**Kilsaran**  
PRECAST

**Kilsaran**  
ROAD SURFACING  
& CONTRACTING

**Kilsaran**  
MATERIALS RECOVERY  
& RECYCLING

[info@kilsaran.ie](mailto:info@kilsaran.ie) | [www.kilsaran.ie](http://www.kilsaran.ie)  
Pierectown, Dunboyne, Co Meath, Ireland A86 W820





# CAPTAINS OF LANSDOWNE

<b>1935-36</b>	J. E. Arigho	<b>1967-68</b>	P. J. Casey
<b>1936-37</b>	Rev. St. J. Pike	<b>1968-69</b>	Noel Dwyer
<b>1937-38</b>	T. P. Sinnott	<b>1969-70</b>	Dr. J. Craig
<b>1938-39</b>	T. J. O'Driscoll	<b>1970-71</b>	P. Sutherland
<b>1939-40</b>	C. J. Murphy	<b>1971-72</b>	Dr. E. Kiely
<b>1940-41</b>	W. G. Sutherland	<b>1972-73</b>	J. Mitchell
<b>1941-42</b>	W. G. Sutherland	<b>1973-74</b>	D. Power
<b>1942-43</b>	R. Mitchell	<b>1974-75</b>	J. Flanagan
<b>1943-44</b>	N. J. Burke	<b>1975-76</b>	P. Inglis
<b>1944-45</b>	C. J. Murphy	<b>1976-77</b>	D. Caniffe
<b>1945-46</b>	D. Hingerty	<b>1977-78</b>	P. Gahan
<b>1946-47</b>	C. Callan	<b>1978-79</b>	R. Spring
<b>1947-48</b>	Rev. W. J. Moynan	<b>1979-80</b>	P. Boylan
<b>1948-49</b>	J. F. Coffey	<b>1980-81</b>	M. Keane
<b>1949-50</b>	R. Carroll	<b>1981-82</b>	M. Quinn
<b>1950-51</b>	J. C. Dawson	<b>1982-83</b>	M. Gibson
<b>1951-52</b>	E. Connellan	<b>1983-84</b>	V. Becker
<b>1952-53</b>	C. V. Crowley	<b>1984-85</b>	D. Spring
<b>1953-54</b>	T. D. McNally	<b>1985-86</b>	M. Ryan
<b>1954-55</b>	L. M. Lynch	<b>1986-87</b>	W. Burns
<b>1955-56</b>	J. P. D. Morris	<b>1987-88</b>	P. Collins
<b>1956-57</b>	P. J. Berkery	<b>1988-89</b>	G. Dilger
<b>1957-58</b>	A. Twomey	<b>1989-90</b>	V. Ryan
<b>1958-59</b>	M. A. L. Tansey	<b>1990-91</b>	P. Clinch
<b>1959-60</b>	S. Kelly	<b>1991-92</b>	W. Burns
<b>1960-61</b>	B. G. M. Wood	<b>1992-93</b>	F. Aherne
<b>1961-62</b>	N. Feddis	<b>1993-94</b>	J. Sexton
<b>1962-63</b>	B. G. M. Wood	<b>1994-95</b>	F. Aherne
<b>1963-64</b>	Dr. M. D. Kiely	<b>1995-96</b>	B. Glennon
<b>1964-65</b>	Caleb Powell	<b>1996-97</b>	M. McDermott
<b>1965-66</b>	A. Twomey	<b>1997-98</b>	K. McQuilkin
<b>1966-67</b>	A. T. A. Duggan	<b>1998-99</b>	K. McQuilkin



<b>1999-2000</b>	D. O'Mahony	<b>2011-12</b>	R. McCarron
<b>2000-01</b>	C. McEntee	<b>2012-13</b>	R. McCarron
<b>2001-02</b>	S. Rooney	<b>2013-14</b>	W. Earle
<b>2002-03</b>	E. Bohan	<b>2014-15</b>	R. Boucher
<b>2003-04</b>	E. Bohan	<b>2015-16</b>	S. Deasy
<b>2004-05</b>	L. Toland (Resigned)	<b>2016-17</b>	Ian Prendiville
	S. O'Connor	<b>2017-18</b>	Ian Prendiville
<b>2005-06</b>	G. Quinn	<b>2018-19</b>	Eamonn Mills
<b>2006-07</b>	D. Lavin	<b>2019-20</b>	Jack Dwan
<b>2007-08</b>	A. Maher	<b>2020-21</b>	Jack Dwan
<b>2008-09</b>	A. Maher	<b>2021-22</b>	Jack O'Sullivan
<b>2009-10</b>	J. Lyne	<b>2022-23</b>	Jack O'Sullivan
<b>2010-11</b>	J. Lyne	<b>2023-24</b>	Cillian Redmond

**★★★★ FOUR STAR PIZZA®**

**SCRUMTIUS**

★ FOUR STAR PIZZA BALLSBRIDGE ★

PROUDLY SUPPORTING  
LANSDOWNE FOOTBALL CLUB

**01 668 0223 FOURSTARPIZZA.IE**

51 SHELBOURNE ROAD, BALLSBRIDGE, D4





**CAIRN**

# Built For Good



We're putting down markers to stand  
for generations to come.

[cairnhomes.com](http://cairnhomes.com)





# THE SHELBOURNE

On behalf of The Shelbourne, our best wishes  
to Lansdowne on their upcoming season.

SINCE 1824



Dublin's most distinguished address and a national treasure  
Looking out onto the glorious St. Stephen's Green, The Shelbourne  
is perfectly positioned in the heart of Ireland's capital. For nearly  
200 years, it has been the centre of the city's social and cultural life  
and the favourite destination of visitors from around the world.

The Shelbourne, 27 St Stephen's Green, Dublin 2, Ireland, D02 K224. +353 1 663 4500  
[theshelbourne.com](http://theshelbourne.com)    



# LANSDOWNNE PRESIDENTS & HON SECS OF IRFU

## Lansdownne Presidents of the IRFU

George Scriven 1882-3 and 1885-86  
 J. Chambers 1887-88  
 J.B. Moore 1889-99  
 Ainsie Barr 1908-09  
 Jack J.Coffey 1924-25  
 J.J. Warren 1938-39  
 R.G. Warren 1895-96  
 G.P.S. Hogan 1948-49  
 Ernie Crawford 1957-58  
 Tommy O'Reilly 1963-64  
 Eugene O'D. Davy 1967-68  
 J.C. "Paddy" Conroy 1972-73  
 Jack F. Coffey 1975-76  
 Caleb Powell 2010-11

## Lansdownne Honorary Officers of the IRFU

C.F. Ruxton, Hon. Secretary 1897-1925  
 R.W. Jeffares Snr., Secretary 1925-47  
 R.W. Jeffares Snr., Secretary/  
 Treasurer 1947-51  
 R.W. Jeffares Jnr., Secretary/  
 Treasurer 1951-1964

## Lansdownne Presidents of the Leinster Branch

C.F. Ruxton, Hon. Secretary 1889-91  
 Victor Drennan, Hon. Secretary  
 1912-34

## Lansdownne Honorary Officers of the Leinster Branch

J.B. Moore 1892-1927  
 R.G. Warren Hon. Secretary 1897-1938

## Lansdownne International Rugby Board Members

**1924 - 25** J.J. Warren  
**1932 - 33** V.V. Drennan  
**1937 - 38** G.P.S. Hogan B.L.  
**1942 - 43** N.M. Purcell  
**1953 - 54** Lt. Col. J.J. (Nicky) Winters B.E.  
**1957 - 58** E.J. Lightfoot  
**1970 - 71** J. F. Coffey  
**1977 - 78** K. D. Kelleher  
**1985 - 86** A. Twomey  
**1997 - 98** C. C. Powell  
**2004 - 05** P. Boylan





### Lansdowne International Referees

Victor V. Drennan (1)  
 Rupert W. Jeffares Snr. (3)  
 Rupert W. Jeffares Jnr. (5)  
 Noel M. Purcell (1)  
 Hamilton (Ham) Lambert (11)  
 Robert (Bobby) Mitchell (3)  
 Kevin Kelleher (23)  
 Kevin Hanley (USA) (2)

### Lansdowne Honorary Life Members

All Past Presidents and E. Byrne;  
 M. Dawson; N. Hoffman; P. Lavelle;  
 M. Governey; Michael Daly; Donal  
 Spring; Richard Spring; Martin Rafferty





# BIZIMPLY

## The all-in-one system for managing your team

*"Best wishes to Lansdowne FC and Steve Rooney for season 23-24"*

Conor Shaw - CEO



- Staff Rosters
- Clock in and out
- Timesheets
- Human Resources
- Shift Log Books
- Team and Manager Apps
- Holiday Management
- Labour Forecasting
- API Integrations



Contact Me: 01 576 3788 | maire@bizimply.com | www.bizimply.com



**dmg** :: media

**ENGAGING AUDIENCES  
THROUGH GREAT  
CONTENT**

**EVOKE**

*One Fab Day*  
WEDDING STYLE, INSPIRATION & IDEAS

**Roller Coaster.ie**  
For the Ups & Downs of Pregnancy & Parenting

**MailOnline** **Irish Daily Mail**

**The Irish Mail**  
ON SUNDAY

**Extra.ie**

**BUSINESSPLUS.ie**

**GEEKIRELAND**

 **SpaceTo**

**ExtraG.ie**



## **IN MEMORIAM**

*In memoriam*

We'd like to remember the following members and friends who we have lost over the past 12 months.

- |                                   |   |
|-----------------------------------|---|
| 1. Aidan McNally                  | 16. John McKenna                          |
| 2. Ann McGoldrick (née Murphy)    | 17. John Sisk                             |
| 3. Brian Loughney                 | 18. Leo Hayden                            |
| 4. Brianne Mc Hugh (née O'Connor) | 19. Margaret O'Reilly                     |
| 5. Bryan Phelan                   | 20. Margôt D'arcy                         |
| 6. Caleb Powell                   | 21. Monica Toland                         |
| 7. Colm Madigan                   | 22. Pat Casey                             |
| 8. Danny Doyle                    | 23. Paul Grimes                           |
| 9. Declan Barden                  | 24. Regina Sheehan                        |
| 10. Denys Connolly                | 25. Ret. Commandant Joseph (Joe) Campbell |
| 11. Derek Earle                   | 26. Ryan Walker                           |
| 12. Eric Galbraith                | 27. Seán MacHale                          |
| 13. Jim Kenny                     | 28. Tom Lillis                            |
| 14. Jim O'Meara                   | 29. Vincent Mcl. Finnegan                 |
| 15. John Conmee                   |   |



## A TRIBUTE TO PAT CASEY



The Lansdowne Family lost of one of our greatest International players and a magnificent character in July, Pat Casey.

Pat was a renowned schools player with CBC Monkstown driving them to the Senior Cup semi-final in 1958 where they lost 3-0 to a strong Terenure team after losing a player early in the game and no subs allowed.

He went to UCD and took the place by storm both on and off the field. And he fitted in a Bcomm along the way and ended up a Chartered Accountant. After that it was like a whirlwind that hit Lansdowne.

A notable group of lads joined the club around that time and all became life-long friends and legends of the club. Dr. John Craig, his doctor and buddy, Noel Dwyer, Donal Chambers, Eddie Byrne, Noel Hoffman, Bryan O'Neill, Paul van Cauwelaert, and Joe McAvin (Bective) to name but a few.

Pat's rugby flourished as did his career in finance. Starring many times for Leinster, he went on to wear the green jersey of Ireland 12 times with great pride, culminating in what has been acknowledged as Ireland's greatest ever try v England at Twickenham in 1964.

Open your imagination to the mercurial Mike Gibson slicing through the England defense at his own 10 yard line, and as the defense recovered Gibson headed left and executed a perfect 'scissors' with Centre Jerry Walshe. Walsh was clear but tailing towards the right touch line and going inside the England 22. As the tacklers approached he saw a blur of pace and power cutting back from the right as Caso called for a scissors and he took





the ball at full flight to crash under the posts for a “try for all ages”.

When you think of sports greatest moments that come to mind.....the names Bolt, Messi, Ronaldo, Wilkinson, Pigott, Farrah, Best, Charlton, Pele, O’Gara, O’Driscoll and Caso !!

Pat was a fantastic character, universally loved in Lansdownne. Full of fun and laughter. He was so proud of his great family and happy home, his lovely wife Ann, sons Billy (a star U19 player at Lansdownne) and Tony, and daughter Judith (who is married to former Lansdownne star and coach Stephen O’Connor).

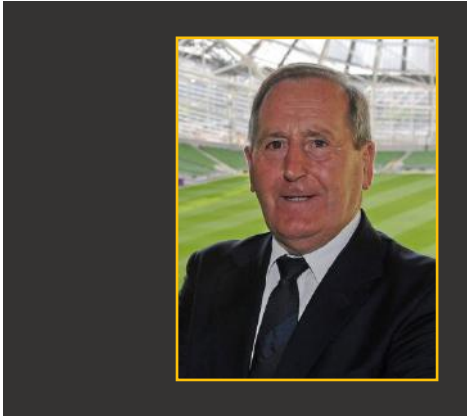
Pat gave back to Lansdownne in spades, playing down the teams in the club to the 3rd B’s and starring at the World Golden Oldies for Lansdownne in 1981 and 1993.

He bore his illness with great bravery, fight and humor. Pat joins the list of Lansdownne Legends who have passed this way. And my own story is like so many, I was honored to have played on the same pitch as this splendid man, to have listened to his hilarious stories and to have had my life enriched in the process.

Mick Quinn LFCTID.



## A TRIBUTE TO CALEB POWELL



**Caleb Powell** RIP (March 8<sup>th</sup> 2023)

You would be inclined, when a member of a rugby club passes away, to place that person in a category such as player, alickadoo, administrator, or maybe supporter of the club. In the case of Caleb Powell a new description must be found such as his contribution to Lansdowne, Leinster and Irish Rugby, Schools Rugby and The Kings Hospital School. The word I believe that serves us best is Statesman for he had a profound effect on so many fronts that helped many institutions and individuals and groups to flourish over many years.

Caleb was an extraordinary individual who was both respected and admired

by everybody he came into contact with. His association with Tipperary and Limerick are well known and having schooled at Villiers, as a player he wore the Nenagh Ormond jerseys and he was capped for Munster during the Interprovincial Championship of 1962/63. He went to Trinity and had the honour of Captaining Dublin University FC. He also starred for Bohemians RFC in Limerick, captaining them before moving to Dublin and joining the great Mick English and Sean MacHale who moved to Lansdowne around that time. He also impressed on the hockey field, earning colours and playing for Leinster Schools.

He Captained Lansdowne to a famous Leinster Senior Cup triumph in 1964-65 season. Caleb was by this time a respected teacher at The Kings Hospital School and he would go on to be a rugby coach and Vice-Principal in the school for many years. Caleb and his lovely wife Gill had three children Bob, Lynn and Dave. Caleb has four brothers he has left behind, Baden, George, Arthur and Dick.

Caleb was much sought after because he was universally popular and very sound. Caleb was the IRFU's 122nd president in 2010/11 and was a former





president of Lansdowne FC in the 1993/94 season and also President of the Leinster Rugby Branch in 1997/98. He served Lansdowne brilliantly as President. He was Chairman of the Leinster Schools Committee and he was the schools' representative on the Leinster Branch for over 20 years, from 1980 to 2006. He brought great honour to Lansdowne by being elected President of the IRFU, the highest office in Irish Rugby. While achieving all these he also helped to bring some top rugby players to Lansdowne from Kings Hospital. The names Meredith, Conroy, Goode, Winckworth, Nuzum and McKeen spring to mind among many others.

Any conversation you would have with Caleb would be always interesting and his knowledge of Irish Rugby was infinite. Those of us that would challenge let's say the "Politics" of Irish Rugby committees would have a tough adversity in Caleb. He would 'hold the line' well at all times in the official sense but would tend to agree with you in the quieter "off the record" moments. He always told me "Mickey Quinn, you're a rogue"! "Ah but what type of a rogue Caleb"? "A lovable one" he'd say. That's good enough for me!! A true gentleman Caleb Powell. A Lansdowne Man. RIP.

#### **Mick Quinn**





# SUPPORTING YOU TO INVEST IN YOUR FUTURE.

Best wishes to Lansdowne Football Club and their president Stephen Rooney for a successful season.

For over 250 years, clients have relied on our expert advice to help make sense of a changing world.

If you have investment or financial planning requirements, we would love to speak with you.

Contact our executive director **Stephen Rooney** and his team at Quilter Cheviot Europe on **tel: +353 1 799 6905** or **email: [stephen.rooney@quiltercheviot.com](mailto:stephen.rooney@quiltercheviot.com)**



**QUILTER CHEVIOT**  
INVESTMENT MANAGEMENT

**Investors should remember that the value of investments, and the income from them, can go down as well as up and that past performance is no guarantee of future returns. You may not recover what you invest.**

Quilter Cheviot Europe Limited, trading as Quilter Cheviot and Quilter Cheviot Investment Management, is regulated by the Central Bank of Ireland. Registered in Ireland: No. 643307. Registered Office: Hambleden House, 19-26 Lower Pembroke Street, Dublin D02 WV96.



# A MESSAGE FROM THE CLUB PRESIDENT

STEVE ROONEY



I would like to extend a very warm welcome to all visitors, members and friends to Lansdowne FC this season.

It is a wonderful honour and privilege to be President of Lansdowne Football Club for the coming season 2023/2024. I look forward to representing the Club to the best of my ability.

Congratulations to Cillian Redmond on his selection as Club Captain, an honour he has most certainly earned. To our head coach Declan Fassbender and his excellent coaching team and squad I wish you the very best of luck for the season ahead.

Our Chairman of Rugby Enda Bohan, Director of Senior Rugby Michael Quinn Jr., Director of Junior Rugby

Kevin O'Connor, Director of U20's Rugby Mark McMahon and Chairman of Minis & Youths Rugby Brian Moran are all doing a brilliant job on and off the pitch, making sure our senior, junior, U20 and minis & youths teams all compete strongly for honours in the season ahead.

I also want to wish all of senior, U20s, Junior Rugby, Youths, Minis, Girls and Boys players, Coaches, and Managers and indeed all of our volunteers a successful and enjoyable season. The enthusiasm and hard work and outstanding skill on display from all of our teams is quite something to behold and our future looks very bright indeed.

To all of our new members and players welcome to Lansdowne and I hope





you find your time with us both challenging and enjoyable. We will do our very best to look after you both on and off the pitch.

Everybody in Lansdowne FC wishes Ireland and in particular Tadgh Beirne, Ronan Kelleher, James Ryan and Dan Sheehan the very best of luck in the Rugby World Cup. Go well lads we are proud of you all!

A big thank you to all the businesses who continue to support the club through sponsorship. In particular, I would like to thank our Club Sponsor Zurich for their continued support as we go into our 34th season with Zurich as our main sponsor. Zurich's commitment to Lansdowne is exceptional and we are very grateful to have them on board once again.

As many of you will probably be aware we have finally closed our deal to acquire the former YMCA grounds on Claremont Road. This is a very exciting moment in Lansdowne's history and a very ambitious venture for the club which will deepen our roots further in our local community, and provide members with much needed additional sporting facilities for our Junior, Mini and Youth teams. Thanks to everyone involved to date in helping secure this ground. The work doesn't end here! It's really important that we all get behind this venture going forward to ensure it is a success for the club.

To all of our members please consider how you can help your club for the season ahead. This can range from becoming a sponsor of the club to volunteering for a role in the club (join a committee, manage a team, write a match report, the list is endless) or something as simple as coming to a game or better still taking a table at one of our many AIL lunches or events during the year. If you are interested in any of the above, please contact Elayne or Stephanie in the office at (01) 668 9300 or email [elaynepower@lansdownerugby.com](mailto:elaynepower@lansdownerugby.com) / [stephanieojo@lansdownerugby.com](mailto:stephanieojo@lansdownerugby.com).

The club is in great hands with Elayne Power, our general manager ably assisted by our events and administration manager Stephanie Ojo who are both doing a great job. A big thanks to our very hard-working bar staff, headed up by Dave Mangan, and thank you again to Louis Preston (Mr Fixit) who makes sure our wonderful clubhouse stays in one piece!

Finally, I look forward to welcoming the many visiting teams, guests, and spectators to Lansdowne FC in the coming season and I hope to see you all in the clubhouse after the game for some warm Lansdowne FC hospitality.

**Steve Rooney**

Club President 2023/24





# MESSAGE FROM THE CLUB CAPTAIN

CILLIAN REDMOND



*Ladies and Gents,*

As the newly appointed Captain of Lansdowne FC for the upcoming 2023/2024 AIL season, it is with great pleasure that I extend a warm welcome to each and every one of you. From the honorary exec, members, past members, parents, visitors, bar & office staff, sponsors, players and relevant others. Our club has a rich history and an unwavering spirit, and I am honoured to lead this exceptional team and club into the new season.

First and foremost, I would like to thank Michael Dawson for the leadership he showed throughout his tenure as president in the 2022/2023 season, which was a tough season on and off the pitch including the 150th anniversary of the club. As one great man

steps aside another steps in. With that being said, I would like to extend a heartfelt welcome to President Stephen Rooney. Your dedication to the club and passion for the sport is truly inspiring. We are grateful for your leadership and look forward to a successful season under your guidance.

Although our Senior team had a rocky journey last season, we managed to steady the ship and avoid relegation. Our Junior teams secured a lot of success across the grades, which allows our Seniors to grow also. With the help of a successful U20's team last year, winning the U20's All Ireland Fraser McMullen Cup and topping the JP Fanagan Premier 1 League, we have a strong squad heading into the





2023/2024 season and we are aiming for a top 4 finish.

I can't go without mentioning the work that is being put into the club, especially with the Minis & Youths. The sheer numbers we have is outstanding, whilst it continues to grow. This is a credit to all the parents and coaches that volunteer and help out in any way possible. They are the foundations and future of our fantastic club.

To wrap things up, I would like to wish all players, coaches, staff, volunteers, and supporters the very best for the promising season ahead.

With great honour, I look forward to playing my part in steering this group in the direction of further success and helping our fantastic club to continuously excel.

**Cillian Redmond**

Club Captain 2023/24





## MESSAGE FROM IRFU PRESIDENT

GREG BARRETT



*Dear Hon. Secretary,*

It gives me great pleasure to write to you for the first time in the capacity of President of the Irish Rugby Football Union for the upcoming season, 2023/24.

It is my great honour to represent my family, my club Cork Constitution FC and my home province Munster as President of the IRFU and I will continue to work hard to represent everyone across the rugby community in the months to come. I would like to pay tribute to our departing President John Robinson, a friend and colleague who worked tirelessly to support the game. John held office with distinction and Irish rugby is indebted to him for his positive stewardship across the 2022/23 season.

The 2022/23 season was a fantastic one for the Union, both domestically and internationally. This is in no small part thanks to the support given to teams and Clubs from everyone involved in the game. The 2023/24 season is already shaping up to be a memorable one with so much for rugby supporters to look forward to.

The Club scene is the bedrock of our game with Clubs continuing to develop and nurture talent that feed our academies and underage systems. I would like to express my sincere thanks to all the coaches and volunteers who give up their time to train or support these endeavours. Your commitment does not go unnoticed, and the Union is very grateful for your dedication.





The Energia ALL leagues for both women and men continue to go from strength to strength with increasing attendances and coverage across all forms of media. There are still opportunities for us to grow the domestic game and embed our Clubs in more local communities, but we are thankful for the support Energia have brought as the title sponsor.

For the first time ever our women's Sevens team will take part in an Olympic games in Paris next summer, joined also by our men's side. To qualify for the games is a wonderful achievement and hopefully our Olympians can inspire a future generation.

Our men's international side are busy preparing for the upcoming Rugby World Cup, buoyed by their Grand Slam achievements. I am sure club-houses across the country will be thronged with supporters keen to cheer on the team and I wish them well.

A new era dawns for our women's XV team with the appointment of a new Head Coach in Scott Bemand. Scott is an exceptionally strong candidate,

and he will no doubt bring a new dimension to the development of our senior team. Our pathways continue to develop with additional resourcing and the setting up of regional talent hubs, which will no doubt bear fruit in the years to come.

A new season brings new opportunities and a chance for a fresh start. Our rugby values are a great source of pride to us, and we must ensure that the values of our game, respect, inclusivity, integrity, fun and excellence continue to be at the forefront of all our endeavours.

I look forward to touring the country to visit as many clubs and schools as possible and to meet so many people who are essential to the running of our game.

I would like to wish all clubs and their members the very best for the season ahead.

Yours sincerely

**Greg Barrett**  
President





PensionOwl.ie



SPARKSWEALTH

Proud to support Lansdowne FC



01 639 2908 | 12 Lower Hatch Street, Dublin 2

SparksWealth.ie

PensionOwl.ie

SparksWealth Ltd trading as SparksWealth, PensionOwl is regulated by the Central Bank of Ireland






# ASADOR

the art of barbecue food

The idea behind ASADOR is simple, source the best of Irish produce and cook in the most ancient of ways. The living, breaching heart of our open kitchen is our bespoke 1.2 tonne 'Asador' or barbecue.

We cook all our meats, shellfish, fish and game over fires of lump wood charcoal and oak & apple hard woods. An extensive wine list and delicious cocktails round off the ASADOR experience

Fully enclosed heated terrace now available for exclusive hire

01 254 5353 | [reception@asador.ie](mailto:reception@asador.ie) | [www.asador.ie](http://www.asador.ie)  
 1 Victoria House, Haddington Road, Dublin 4  
 Twitter & Facebook @ASADORdublin

*Best Wishes to Lansdowne FC  
from*

## **BAYNES & CO. LLP SOLICITORS**

*Fiachra Baynes, LLB, Dip Employment Law  
Michael J. Baynes, B. Comm, F.C.I.S.*

155 King Street North, Dublin 7  
 Tel: 671 23 84 Fax: 874 67 19  
 Email: [info@baynes.ie](mailto:info@baynes.ie)





## **ENERGIA MESSAGE TO AIL CLUBS**

**GARY RYAN**



At Energia Group, we are excited that the return of the Energia AIL for the 23/24 season is just around the corner and we are looking forward to all teams getting back to the pitches.

Anticipation is high as we embark on what promises to be yet another thrilling season. Last year's increased game attendance and extensive online engagement were brilliant to witness, underscoring the league's remarkable quality. We eagerly anticipate the continued growth of these impressive numbers throughout the next season.

The clubs and players continue to inspire us to #ThinkOfThePossibilities as we reflect on last season, and look ahead at what's to come. Energia are proud to continue to both nurture and value the sport from its grassroots across all divisions.

We look forward to another epic season ahead, where all 59 teams will once again take the field. Wishing everyone the best of luck and we can't wait to see what this season brings.

**Gary Ryan**


Managing Director

*Customer Solutions, Energia Group*



**Focus you can count on.**



**DILLON  EUSTACE**

For more information on how we can support your business, contact:

Mark Thorne, Partner

T: +353 1 6731735 E: [mark.thorne@dilloneustace.ie](mailto:mark.thorne@dilloneustace.ie)

**[dilloneustace.com](http://dilloneustace.com)**



# MESSAGE FROM ZURICH

DECLAN O'HALLORAN



As we prepare to send the Irish Rugby team off to the World Cup, we're also proud to look back on another successful year of our sponsorship of Lansdowne Football Club. Last year, we were delighted to share our 150th anniversary with Lansdowne, having both been founded in 1872, and we now look ahead to our further milestones as both our organisation and Lansdowne FC go from strength to strength.

As we head into the Rugby World Cup in France, ranked number one in the world, we must look to our schools and clubs with appreciation and respect for nurturing young talent which has seen many talented players playing at exceptional standards and doing their country proud. We are delighted to

continue reinforcing our commitment to a club that makes a truly positive contribution to both rugby in Ireland and its local community. We also congratulate and cheer on Lansdowne's four former players who are heading out to France in September: Tadhg Beirne, Ronan Kelleher, James Ryan and Dan Sheehan. We wish these players, as well as the wider squad, the very best of luck in France.

Closer to home, we welcome the positive contribution that Lansdowne FC continues to make in their local community. As life has returned to normality following a difficult few years off the pitch, we welcome how the game of rugby engrains a deep sense of togetherness for communities, promoting wellbeing and inclusion, and





instills perseverance and respect in boys and girls from an early age.

Zurich's commitment to supporting local communities expands right across Ireland, particularly through our unique partnership with Rugby Players Ireland around the powerful and hugely influential Tackle Your Feelings mental wellbeing campaign. Many within Lansdowne FC have gotten behind our campaign which has paved the way for players to talk about their mental health and take steps to break the stigma by proactively taking control of their mental wellbeing on a daily basis. We in Zurich passionately believe that being honest with how you are feeling is brave and we would encourage all members to explore Tackle Your Feelings as a means of improving self-confidence, resilience, and overall happiness.

Building on past successes, we are very excited to see Lansdowne continue to set the standard in grassroots

rugby this season. The culture that has been nurtured by all of the club officers, players and supporters, is one that will ensure that Lansdowne continues winning countless prestigious titles and producing some of the finest players Ireland has ever seen.

On behalf of Zurich, I would like to wish Stephen Rooney, President of Lansdowne, Declan Fassbender, Head Coach, Cillian Redmond, Club Captain, and each and every player the very best of the luck for the season ahead.

Finally, I want to extend a thank you to those of you who chose Zurich as your insurance provider. We appreciate your ongoing support, and we look forward to continuing to provide you with market leading products and services to meet your every need long into the future.

**Declan O'Halloran**

Director of Sales & Distribution  
*Zurich Insurance*





**HANDCRAFTED TO LAST**

**THE MERRY COBBLER**

**IRISHTOWN D4**

**BEST OF LUCK FASSY AND ALL  
THE LANSDOWNE LADS AND LADIES**

**THE MERRY COBBLER • 78-82 IRISHTOWN ROAD • 01 231 3786**



Est. 1948

**BURGESS GALVIN & CO. LTD**

Manufacturers of Detergents, Hand Cleansers  
and Industrial Adhesives.

Our Experience is Your Guarantee

**Best of luck to Lansdowne for the season**

Burgess Galvin & Co.Ltd.  
Jamestown Road, Finglas, Dublin 11.

Telephone: (01) 8342255

Fax: (01) 8361399

e-mail: mail@burgessgalvin.ie









# ADAM BOLAND

PROP



**BORN:** ..... 15/07/1993  
**HEIGHT (CM):** ..... 177  
**WEIGHT (KG):** ..... 84  
**OCCUPATION:** ..... PRODUCT MANAGER  
**SCHOOL:** ..... BLACKROCK COLLEGE  
**RUGBY HON:** ..... IRISH CLUB XV, IRISH U20S

WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?

"IF NO ONE COMES BACK FROM THE FUTURE THEN HOW BAD A DECISION WAS IT REALLY?"

WHAT IS YOUR BEST RUGBY MEMORY:

"FIRST AIL LEAGUE WIN"

WHAT IS YOUR UNPOPULAR OPINION?

"LISTENING TO PODCASTS IS MORE ENJOYABLE THAN LISTENING TO MUSIC"

# AIDAN LONG

FLANKER

**BORN:** ..... 28/03/2001  
**HEIGHT (CM):** ..... 184  
**WEIGHT (KG):** ..... 90  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... ST GERARD'S SCHOOL  
**RUGBY HON:** ..... JP FANAGAN U20 WINNER

WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?

"WORK HARD PLAY HARD"

WHAT IS YOUR BEST RUGBY MEMORY:

"SENIOR CUP"

WHAT IS YOUR UNPOPULAR OPINION?

"ON CURRENT FORM SAKA-SALAH"

# ANDY MARKS

CENTRE



**BORN:** ..... 04/08/1995  
**HEIGHT (CM):** ..... 185  
**WEIGHT (KG):** ..... 93  
**OCCUPATION:** ..... ACCOUNTANT  
**SCHOOL:** ..... GONZAGA  
**RUGBY HON:** ..... IRISH UNIS

WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?

"MEASURE TWICE CUT ONCE"

WHAT IS YOUR BEST RUGBY MEMORY:

"BATEMAN CUP"

WHAT IS YOUR UNPOPULAR OPINION?

"PALACE PL CHAMPS 23/24"





# BARRY FITZPATRICK

FLANKER



**BORN:** ..... 04/05/1997  
**HEIGHT (CM):** ..... 187  
**WEIGHT (KG):** ..... 102  
**OCCUPATION:** ..... COMMERCIAL PROPERTY INDUSTRY  
**SCHOOL:** ..... ST. MICHAEL'S COLLEGE  
**RUGBY HON:** .....

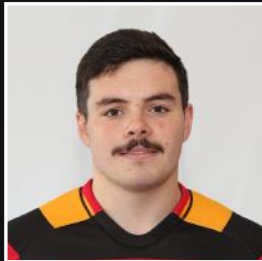
**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "LIFE IS SHORT, ENJOY IT"

**WHAT IS YOUR BEST RUGBY MEMORY?**  
 "2018 SEASON"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "TEQUILA > VODKA"

# BEN POPPLEWELL

PROP



**BORN:** ..... 07/01/2002  
**HEIGHT (CM):** ..... 180  
**WEIGHT (KG):** ..... 118  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... ST PETER'S COLLEGE, WEXFORD  
**RUGBY HON:** ..... IRISH AND LEINSTER UNDERAGE, IRISH UNIVERSITIES

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "GET A TAXI HOME"

**WHAT IS YOUR BEST RUGBY MEMORY?**  
 "DEBUT V CORK CON- TWO YEARS AGO"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "RUAIRI CLARKE IS BIGFOOT"

# BILLY FOLEY

FLY-HALF, FULL BACK



**BORN:** ..... 31/07/2000  
**HEIGHT (CM):** ..... 185  
**WEIGHT (KG):** ..... 88  
**OCCUPATION:** ..... ACTUARY  
**SCHOOL:** ..... CISTERCIAN COLLEGE ROSCREA  
**RUGBY HON:** ..... U20 JP FANAGAN, J1 DOUBLE

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "PUT THE DRIVER AWAY AND GET A 4-IRON IN PLAY"

**WHAT IS YOUR BEST RUGBY MEMORY?**  
 "LANSOWNE RUGBY TOUR TO SAN SEBASTIÁN AND BIARRITZ"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "MUNSTER WILL WIN THEIR NEXT HEINEKEN CUP BEFORE LEINSTER DO"





# CATHAL EDDY

WING, FULL BACK



**BORN:** ..... 23/03/2002  
**HEIGHT (CM):** ..... 189  
**WEIGHT (KG):** ..... 90  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... PRESENTATION COLLEGE BRAY  
**RUGBY HON:** .....

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "IT'S NOT OVER TILL IT'S OVER"

**WHAT IS YOUR BEST RUGBY MEMORY?**  
 "WINNING THE U20 DOUBLE WITH LANSDOWNE"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "COKE IS HUGELY OVERRATED AS A DRINK"

# CHARLIE MCSWEENEY

SECOND ROW, FLANKER



**BORN:** ..... 10/05/2001  
**HEIGHT (CM):** ..... 190  
**WEIGHT (KG):** ..... 102  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... RATOATH COLLEGE  
**RUGBY HON:** .....

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "RUN IT STRAIGHT STEPPING IS FOR BACKS"

**WHAT IS YOUR BEST RUGBY MEMORY?**  
 ""

**WHAT IS YOUR UNPOPULAR OPINION?**  
 ""

# CIAN MOLONEY

SCRUM-HALF



**BORN:** ..... 27/07/2002  
**HEIGHT (CM):** ..... 172  
**WEIGHT (KG):** ..... 72  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... BLACKROCK COLLEGE  
**RUGBY HON:** ..... LEINSTER SCHOOLS JUNIOR CUP, 2 JP FANAGAN  
 LEAGUE TITLES AND FRASER MCMULLEN ALL IRELAND CUP.

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 ""MOVE TO SCRUM HALF, YOU'RE NOT BIG ENOUGH FOR 13""

**WHAT IS YOUR BEST RUGBY MEMORY?**  
 "WINNING A DOUBLE WITH THE U20S."

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "MANCHESTER UNITED WILL WIN THE CHAMPIONS LEAGUE."





# CILLIAN REDMOND

CENTRE, FULL BACK



**BORN:** ..... 31/12/1999  
**HEIGHT (CM):** ..... 186  
**WEIGHT (KG):** ..... 96  
**OCCUPATION:** ..... FITTER  
**SCHOOL:** ..... FCJ BUNCLODY  
**RUGBY HON:** ..... WON TOO MUCH TO REMEMBER

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**

"NEVER BRING A BOLLOX WITH YE , BECAUSE THERE'LL ALWAYS BE A BOLLOX THERE"

**WHAT IS YOUR BEST RUGBY MEMORY:**

"SCORING ON MY DEBUT VS SARACENS TO WIN THE GAME"

**WHAT IS YOUR UNPOPULAR OPINION?**

"IT'S NOT WEIRD TO DRINK PICKLE JUICE FROM THE JAR"

# CLIVE ROSS

FLANKER, NO. 8



**BORN:** ..... 14/06/1989  
**HEIGHT (CM):** ..... 193  
**WEIGHT (KG):** ..... 109  
**OCCUPATION:** ..... PROJECT ENGINEER  
**SCHOOL:** ..... MIDLETON COLLEGE  
**RUGBY HON:** ..... ULSTER RUGBY CAPPED

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**

"CONTROL THE CONTROLABLES"

**WHAT IS YOUR BEST RUGBY MEMORY:**

"PLAYING CHAMPIONS CUP RUGBY"

**WHAT IS YOUR UNPOPULAR OPINION?**

"PEOPLE SHOULD WORK A FULL DAY ON FRIDAYS"

# CONALL DOHERTY

CENTRE



**BORN:** ..... 19/06/1993  
**HEIGHT (CM):** ..... 186  
**WEIGHT (KG):** ..... 101  
**OCCUPATION:** ..... SOLUTIONS MANAGER  
**SCHOOL:** ..... LUMEN CHRISTI COLLEGE  
**RUGBY HON:** ..... IRISH UNIVERSITIES / IRELAND UNDER AGE /  
 ULSTER UNDER AGE

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**

"HIT THE GAP"

**WHAT IS YOUR BEST RUGBY MEMORY:**

"CROKE PARK 2007 V ENGLAND"

**WHAT IS YOUR UNPOPULAR OPINION?**

"DRIVE FOR DOUGH PUTT FOR SHOW"





Best  
wishes  
Lansdowne F C  
for the  
Season



**CROWNWAY**  
Investment Ltd

Millennium Tower  
Charlotte Quay Dock  
Ringsend Road, Dublin 4.

Tel: +353 (0)1 663 0200  
Fax: +353 (0)1 663 0222  
crownway@eircom.net



Member of Fire Industry Association of Ireland





# CONOR MCMENAMIN

SECOND ROW, FLANKER



**BORN:** ..... 20/10/2000  
**HEIGHT (CM):** ..... 197  
**WEIGHT (KG):** ..... 110  
**OCCUPATION:** ..... MECHANICAL ENGINEER  
**SCHOOL:** ..... COLAISTE AILIGH  
**RUGBY HON:** ..... IRELAND U18 U19 . ULSTER U18 U19 A

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**

"WHEN LIFE GIVES YOU LEMONS SQUEEZE THEM IN RUAIRI CLARKES EYES"

**WHAT IS YOUR BEST RUGBY MEMORY:**

"SCORING AN INTERCEPT AGAINST JAPAN"

**WHAT IS YOUR UNPOPULAR OPINION?**

"I SHOULD BE A BACK"

# DANIEL MCEVOY

WING, FULL BACK



**BORN:** ..... 28/12/1990  
**HEIGHT (CM):** ..... 180  
**WEIGHT (KG):** ..... 88  
**OCCUPATION:** ..... ACCOUNT EXECUTIVE  
**SCHOOL:** ..... GONZAGA  
**RUGBY HON:** ..... LEINSTER U20, IRELAND CLUBS XV, AIL TOP TRY SCORER, AIL TRY OF THE YEAR

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**

"HARD WORK BEATS TALENT WHEN TALENT DOESN'T WORK HARD"

**WHAT IS YOUR BEST RUGBY MEMORY:**

"PLAYING WITH 3 BROTHERS ON THE J2S VS. ENNISCORTHY OR SECOND CAP VS GARRYOWEN IN 2016"

**WHAT IS YOUR UNPOPULAR OPINION?**

"EXPERIENCE TRUMPS YOUTH"

# DARRAGH MURPHY

NO. 8



**BORN:** ..... 21/05/1999  
**HEIGHT (CM):** ..... 189  
**WEIGHT (KG):** ..... 108  
**OCCUPATION:** ..... PRISON OFFICER  
**SCHOOL:** ..... TULLOW COMMUNITY SCHOOL  
**RUGBY HON:** .....

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**

"BE WHERE YOUR FEET ARE"

**WHAT IS YOUR BEST RUGBY MEMORY:**

"PLAYING IN THE HOSPITAL CUP IN AUSTRALIA"

**WHAT IS YOUR UNPOPULAR OPINION?**

"PROPS SHOULD KICK"





# DONOUGH LAWLOR

NO. 8

**BORN:** ..... 04/06/2002  
**HEIGHT (CM):** ..... 194  
**WEIGHT (KG):** ..... 105  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... NEWBRIDGE COLLEGE  
**RUGBY HON:** ..... LEINSTER SCHOOLS, U19S AND U20S, IRISH SCHOOLS

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**

"THE TEMPORARY SATISFACTION OF QUITTING IS OUTWEIGHED BY THE ETERNAL SUFFERING OF BEING A NOBODY."

**WHAT IS YOUR BEST RUGBY MEMORY:**

"SENIOR CUP SEMI FINAL 2020"

**WHAT IS YOUR UNPOPULAR OPINION?**

"BEN POPPLEWELL IS A DECENT HUMAN"

# DYLAN O'KEEFFE

CENTRE



**BORN:** ..... 11/01/2004  
**HEIGHT (CM):** ..... 182  
**WEIGHT (KG):** ..... 94  
**OCCUPATION:** ..... SPORTS REHAB  
**SCHOOL:** ..... PATRICIAN SECONDARY SCHOOL  
**RUGBY HON:** .....

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**

"BACK UR TEAM MATES RIGHT OR WRONG"

**WHAT IS YOUR BEST RUGBY MEMORY:**

"WINNING ALL IRELANDS WITH 20S"

**WHAT IS YOUR UNPOPULAR OPINION?**

"THE BRONCO ISN'T TOO BAD"

# DYLAN TIGHE

SECOND ROW



**BORN:** ..... 05/08/1998  
**HEIGHT (CM):** ..... 190  
**WEIGHT (KG):** ..... 104  
**OCCUPATION:** ..... CLIENT EXECUTIVE  
**SCHOOL:** ..... ST OLIVER PPS  
**RUGBY HON:** ..... ULSTER U18

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**

"LEFTY LOOSEY, RIGHTY TIGHTY"

**WHAT IS YOUR BEST RUGBY MEMORY:**

"BEING THE FIRST TEAM TO WIN AN ULSTER CUP WITH VIRGINIA IN RAVENHILL"

**WHAT IS YOUR UNPOPULAR OPINION?**

"KETCHUP IS OVERRATED"





# EADBHARD O'CALLAGHAN

SCRUM-HALF

**BORN:** ..... 12/06/2002  
**HEIGHT (CM):** ..... 182  
**WEIGHT (KG):** ..... 74  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... GONZAGA  
**RUGBY HON:** .....

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "BE HAPPY WITH WHAT YOU HAVE"

**WHAT IS YOUR BEST RUGBY MEMORY?**  
 "PLAYING IN THE SENIOR CUP"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "STEPHEN KENNY IN"

# EVAN DOWNEY

PROP, HOOKER, FLANKER



**BORN:** ..... 26/09/2000  
**HEIGHT (CM):** ..... 176  
**WEIGHT (KG):** ..... 98  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... BLACKROCK COLLEGE  
**RUGBY HON:** ..... BLACKROCK COLLEGE SCT

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "LIVE IN THE MOMENT"

**WHAT IS YOUR BEST RUGBY MEMORY?**  
 "U20'S WINNING THE LEAGUE AND J1 LAST YEAR WINNING THE CUP AND LEAGUE"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "BOOJUM OVER TOLTECA"

# GEORGE MORRIS

PROP



**BORN:** ..... 27/07/2003  
**HEIGHT (CM):** ..... 185  
**WEIGHT (KG):** ..... 112  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... GONZAGA COLLEGE  
**RUGBY HON:** ..... IRISH UNDER 20 SIX NATIONS GRAND SLAM

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 N/A

**WHAT IS YOUR BEST RUGBY MEMORY?**  
 "WINNING AN UNDER 20 GRAND SLAM"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "APPLE MUSIC OVER SPOTIFY"





*Best of luck!*

to Lansdowne F.C. for the new season.  
From all the team at Snap.

**Docklands**

P: 01 677 0230

E: docklands@snap.ie



**Leeson Street**

P: 01 269 0000

E: leeson@snap.ie



# GEORGE KENNY

FLANKER



**BORN:** ..... 25/06/2002  
**HEIGHT (CM):** ..... 183  
**WEIGHT (KG):** ..... 92  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... GONZAGA COLLEGE  
**RUGBY HON:** ..... LEINSTER SENIOR SCHOOLS LEAGUE 1A (2018)  
 (2019) LEINSTER SCHOOLS SENIOR CUP FINAL (2019) GONZAGA SCT CAPTAIN

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "WIN OR LOSE WE'RE ON THE BOOZE"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "BEATING BLACKROCK IN THE SENIOR CUP"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "AMERICAN FOOTBALL > FOOTBALL"

# GRANT PALMER

PROP

**BORN:** ..... 05/03/2004  
**HEIGHT (CM):** ..... 188  
**WEIGHT (KG):** ..... 130  
**OCCUPATION:** ..... APPRENTICE  
**SCHOOL:** ..... CBS WEXFORD  
**RUGBY HON:** .....

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "NEGATIVITY IS CONTAGIOUS"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "MAKING IRELAND U18"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "PINEAPPLE GOES ON PIZZA"

# HARDUS VAN EEDEN

FLANKER, NO. 8



**BORN:** ..... 15/03/1997  
**HEIGHT (CM):** ..... 194  
**WEIGHT (KG):** ..... 110  
**OCCUPATION:** ..... CONSTRUCTION  
**SCHOOL:** ..... SAREL CILLIERS HIGH SCHOOL (SA)  
**RUGBY HON:** ..... U19 CHEETAHS CURRIE CUP 2016, VARSITY CUP  
 2021 (MADIBAZ)

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "NEVER LOOSE SIGHT OF YOUR GOALS"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "PLAYING AT LOFTUS VERSVELD"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "N/A"





# HENRY GODSON

HOOKER



**BORN:** .....14/05/2000  
**HEIGHT (CM):** .....175  
**WEIGHT (KG):** .....92  
**OCCUPATION:** .....STUDENT  
**SCHOOL:** .....GONZAGA COLLEGE  
**RUGBY HON:** .....

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "HANDS TO THE TARGET!"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "SCHOOLS' CUP"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "CRICKET ISN'T A SPORT!"

# HUGH LYNN

WING



**BORN:** .....01/05/2002  
**HEIGHT (CM):** .....176  
**WEIGHT (KG):** .....73  
**OCCUPATION:** .....STUDENT  
**SCHOOL:** .....GONZAGA  
**RUGBY HON:** .....REPRESENTED GONZAGA SENIOR CUP TEAM, 2X  
 LANSDOWNE U20 LEAGUE TITLES, 1X ALL IRELAND TITLE

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "NEVER GET TACKLED IN TO TOUCH."

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "BEATING BLACKROCK COLLEGE IN SCHOOLS SENIOR CUP"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "BUNSEN IS OVERRATED (NO BACON)"

# HUGO MCLAUGHLIN

FULL BACK



**BORN:** .....26/05/2004  
**HEIGHT (CM):** .....181  
**WEIGHT (KG):** .....90  
**OCCUPATION:** .....STUDENT  
**SCHOOL:** .....GONZAGA  
**RUGBY HON:** .....SCT WINNERS 2023, LEINSTER U18 & U19,  
 IRELAND U18 & U19

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "KEEP TRYING - EVEN IF YOU FAIL AT SOMETHING KEEP GOING AFTER IT NO MATTER WHAT"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "WINNING SCT 2023"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "PINEAPPLE IS NICE ON PIZZA"





# JACK CONNOLLY

SCRUM-HALF, FLY-HALF



**BORN:** ..... 07/12/2000  
**HEIGHT (CM):** ..... 187  
**WEIGHT (KG):** ..... 85  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... GONZAGA COLLEGE  
**RUGBY HON:** ..... LEINSTER U19, U20, A

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "DO SOMETHING 100% OR DON'T DO IT AT ALL"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "REACHING THE 2019 LEINSTER SCHOOLS' SENIOR CUP FINAL"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "HAM & PINEAPPLE > PEPPERONI PIZZA"

# JACK COOKE

SECOND ROW, FLANKER



**BORN:** ..... 18/02/1998  
**HEIGHT (CM):** ..... 193  
**WEIGHT (KG):** ..... 98  
**OCCUPATION:** ..... TBC  
**SCHOOL:** ..... THE FOREST SCHOOL (UK)  
**RUGBY HON:** ..... IRELAND U19, LONDON IRISH

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "ALWAYS BE YOURSELF"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "CAPTAINING LONDON IRISH WHICH WAS MY BOY HOOD CLUB IN THE PREMIERSHIP FOR THE FIRST TIME"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "GUINNESS TASTES BETTER IN ENGLAND"

# JACK MATTHEWS

SCRUM-HALF



**BORN:** ..... 11/08/2000  
**HEIGHT (CM):** ..... 181  
**WEIGHT (KG):** ..... 85  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... CISTERCIAN COLLEGE ROSCREA  
**RUGBY HON:** .....

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "HARD WORK BEATS TALENT"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "WINNING THE U20S LEAGUE"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "RUAIRI CLARKE LOVES TO SMILE"





# Fabric and Tensile Engineering/Architecture

## Fabric Structures



## Barrisol Fabric Ceilings



## Jacobs Inox Line Cabling Systems



## Canopies



## Signage



*For further information contact:*

**Downer International**  
The Sail Loft • Crofton Avenue • Dun Laoghaire • Co. Dublin  
Tel: 01 280 0231 / 280 4286 • Fax: 01 284 6431  
Visit our website at [www.downerint.com](http://www.downerint.com)





# LIAM FORSTER

FLANKER, NO. 8



**BORN:** ..... 17/09/2001  
**HEIGHT (CM):** ..... 180  
**WEIGHT (KG):** ..... 96  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... CBC MONKSTOWN  
**RUGBY HON:** .....

WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?

22/19

WHAT IS YOUR BEST RUGBY MEMORY:

"GETTING MY FIRST START IN OUR WIN V CORK CON LAST SEASON"

WHAT IS YOUR UNPOPULAR OPINION?

44/19

# LOUIS MCGAURAN

FLANKER, NO. 8

**BORN:** ..... 06/05/2004  
**HEIGHT (CM):** ..... 197  
**WEIGHT (KG):** ..... 94  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... ST MARY'S COLLEGE  
**RUGBY HON:** ..... JCT, SCT, LEINSTER U17, U18X2, AND U19

WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?

"ALWAYS TAKE OPPORTUNITIES"

WHAT IS YOUR BEST RUGBY MEMORY:

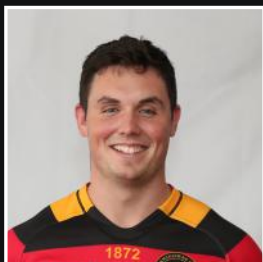
"BEATING ST MICHAEL'S IN MICHAEL'S"

WHAT IS YOUR UNPOPULAR OPINION?

"PINEAPPLE ON PIZZA IS AMAZING"

# LUCAS CULLITON

FLANKER, NO. 8



**BORN:** ..... 28/09/2000  
**HEIGHT (CM):** ..... 196  
**WEIGHT (KG):** ..... 110  
**OCCUPATION:** ..... ACCOUNTANT  
**SCHOOL:** ..... CISTERCIAN COLLEGE ROSCREA  
**RUGBY HON:** .....

WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?

"PLAY RUGBY AS LONG AS YOU CAN CAUSE YOU'LL SPEND LONG ENOUGH NOT PLAYING IT"

WHAT IS YOUR BEST RUGBY MEMORY:

"SENIOR CUP GAMES IN SCHOOL"

WHAT IS YOUR UNPOPULAR OPINION?

"MILK > ALCOHOL"





# LUKE CALLINAN

FLANKER



**BORN:** ..... 28/12/2002  
**HEIGHT (CM):** ..... 193  
**WEIGHT (KG):** ..... 98  
**OCCUPATION:** ..... INTERN IN EBAY  
**SCHOOL:** ..... CASTLEKNOCK COLLEGE  
**RUGBY HON:** ..... LEINSTER DEVELOPMENT PLAYER 2021,  
 LANDSDOWNE U20 2021 LEAGUE WINNER, LANDSDOWNE U20 2022 LEAGUE

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**

"IT AIN'T ABOUT HOW HARD YA HIT. IT'S ABOUT HOW HARD YOU CAN GET HIT AND KEEP MOVING FORWARD"

**WHAT IS YOUR BEST RUGBY MEMORY:**

"GETTING TO A SENIOR CUP SEMI FINAL"

**WHAT IS YOUR UNPOPULAR OPINION?**

"CEREAL TASTES BETTER WHEN IT'S SOAKED IN MILK"

# LUKE THOMPSON

HOOKER

**BORN:** ..... 09/02/2000  
**HEIGHT (CM):** ..... 178  
**WEIGHT (KG):** ..... 102  
**OCCUPATION:** ..... S&C COACH  
**SCHOOL:** ..... EAST GLENDALOUGH SCHOOL  
**RUGBY HON:** ..... LEINSTER YOUTHS AND 19S

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**

"GET STUCK IN"

**WHAT IS YOUR BEST RUGBY MEMORY:**

"WINNING THE BATEMAN CUP 2022"

**WHAT IS YOUR UNPOPULAR OPINION?**

"DON'T HAVE TIKTOK"

# MATT GROGAN

CENTRE, WING



**BORN:** ..... 20/02/2001  
**HEIGHT (CM):** ..... 183  
**WEIGHT (KG):** ..... 94  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... BELVEDERE COLLEGE  
**RUGBY HON:** ..... IRISH U18S CLUBS AND SCHOOLS

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**

"JUST ENJOY IT"

**WHAT IS YOUR BEST RUGBY MEMORY:**

"WINNING THE J1 DOUBLE FOR ERIK TEN NUGE"

**WHAT IS YOUR UNPOPULAR OPINION?**

"RUNNING IS AN ENJOYABLE HOBBY"





# MATTHEW HODGINS

CENTRE, WING, FULL BACK



**BORN:** .....06/03/2001  
**HEIGHT (CM):** .....194  
**WEIGHT (KG):** ..... 92  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... KILKENNY COLLEGE  
**RUGBY HON:** .....

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "TRAIN AS YOU WOULD PLAY"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "WATCHING IRELAND BEAT THE ALL BLACKS IN 2021 IN THE AVIVA STADIUM."

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "MUNSTER ARE THE BEST TEAM IN IRELAND #URC2023"

# OISIN DEVITT

SCRUM-HALF

**BORN:** .....31/08/2002  
**HEIGHT (CM):** .....179  
**WEIGHT (KG):** ..... 74  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... CLONGOWES WOOD COLLEGE  
**RUGBY HON:** ..... LEINSTER U20S, LEINSTER U19S

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "DON'T TAKE THINGS TOO SERIOUSLY"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "REPRESENTING MY SCHOOL IN THE SCT"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "RUGBY LEAGUE IS MORE ENTERTAINING TO WATCH THAN UNION"

# OSCAR OBRIEN

FLANKER, NO. 8



**BORN:** .....12/07/2002  
**HEIGHT (CM):** .....188  
**WEIGHT (KG):** ..... 92  
**OCCUPATION:** ..... TUD  
**SCHOOL:** ..... BLACKROCK COLLEGE  
**RUGBY HON:** ..... U20S ALL IRELAND AND U20S LEAGUE

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "TO CHANGE OUT OF THE BACK LINE"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "WINNING THE ALL IRELAND"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "BUFFALO IS SOME TREK OF A GAME"



**WE TAKE PRIDE IN  
EXCELLENCE.**

**With 411 offices in 59 countries, we have a world of  
property expertise at your disposal.**

20-21 Upper Pembroke Street , Dublin 2 | T: 01 634 2466 | W: [KnightFrank.ie](http://KnightFrank.ie) | Follow us:  



# OSCAR EGAN

PROP



**BORN:** ..... 03/05/2001  
**HEIGHT (CM):** ..... 193  
**WEIGHT (KG):** ..... 120  
**OCCUPATION:** ..... UNEMPLOYED  
**SCHOOL:** ..... COLERAINE GRAMMMER  
**RUGBY HON:** ..... IRISH UNDER 18 SCHOOLS

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "BUY THE DIP"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "WATCHING IRELAND BEAT THE ALL BLACKS"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "BRUNETTES OVER BLONDES"

# PAUL WILSON

FLANKER

**BORN:** ..... 26/05/2004  
**HEIGHT (CM):** ..... 185  
**WEIGHT (KG):** ..... 96  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... GONZAGA COLLEGE SJ  
**RUGBY HON:** .....

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "ALWAYS PLAY TO YOUR STRENGTHS"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "CAPTAINING GONZAGA TO WIN SCT 2023"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "TEA > COFFEE"

# RONAN SHAW

PROP



**BORN:** ..... 27/11/2001  
**HEIGHT (CM):** ..... 190  
**WEIGHT (KG):** ..... 100  
**OCCUPATION:** ..... STUDENT - COMMERCE  
**SCHOOL:** ..... GONZAGA  
**RUGBY HON:** .....

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 ""YOU MISS 100% OF THE SHOTS YOU DON'T TAKE - WAYNE GRETZKY" - MICHAEL SCOTT"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "PLAYING THE SENIOR CUP FINAL"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "WATCHING FOOTBALL AT HOME > WATCHING IT AT THE PUB"





# RORY MADIGAN

CENTRE



**BORN:** ..... 08/07/1999  
**HEIGHT (CM):** ..... 183  
**WEIGHT (KG):** ..... 85  
**OCCUPATION:** ..... AUDIT TRAINEE  
**SCHOOL:** ..... BLACKROCK COLLEGE  
**RUGBY HON:** ..... LEINSTER SCHOOLS CUP WINNER & JP FLANAGAN WINNER

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "“THEYRE ALL THE SAME SIZE AROUND THE ANKLES”"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "2009 GRANDSLAM"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "MATT HEALY IS ACTUALLY GOOD AT RUGBY"

# RORY PARATA

CENTRE



**BORN:** ..... 14/08/1994  
**HEIGHT (CM):** ..... 183  
**WEIGHT (KG):** ..... 94  
**OCCUPATION:** ..... GRAPHIC DESIGNER  
**SCHOOL:** ..... ROCKWELL COLLEGE  
**RUGBY HON:** ..... IRELAND U19, CONNACHT, ZEBRE, CORNISH PIRATES

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "TREAT OTHERS THE WAY YOU'D LIKE TO BE TREATED"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "BEATING SARACENS WITH THE CORNISH PIRATES"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "WINTER IS BETTER THAN SUMMER"

# RUAIRI CLARKE

SECOND ROW



**BORN:** ..... 09/01/2002  
**HEIGHT (CM):** ..... 194  
**WEIGHT (KG):** ..... 110  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... CROSS AND PASSION COLLEGE KILCULLEN  
**RUGBY HON:** ..... LEINSTER UNDER 18, 19 AND 20S. IRISH UNDER 18S. IRISH UNIVERSITY'S 2022 AND 2023

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "DO YOUR J1IN SAN DIEGO"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "WINNING THE BATEMAN CUP WITH LANSDOWNNE AGAINST YOUNG MUNSTER DOWN IN CORK"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "RONALDO IS THE GOAT"





# SEÁN DUNNE

PROP



**BORN:** ..... 15/02/1999  
**HEIGHT (CM):** ..... 188  
**WEIGHT (KG):** ..... 113  
**OCCUPATION:** ..... STRENGTH & CONDITIONING COACH  
**SCHOOL:** ..... WESLEY COLLEGE  
**RUGBY HON:** ..... JP FANAGAN J1S DOUBLE

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "PROGRESS IS MORE IMPORTANT THAN PERFECTION"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "LFC TOUR"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "SCRUMS ARE BEAUTIFUL"

# SEÁN WALSH

SECOND ROW



**BORN:** ..... 12/01/2002  
**HEIGHT (CM):** ..... 205  
**WEIGHT (KG):** ..... 102  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... CLONKEEN COLLEGE  
**RUGBY HON:** .....

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "MIND YOUR HEAD ON THE WAY OUT."

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "WINNING THE U18 CLUBS INTERPRO."

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "I LIKE PINEAPPLE ON PIZZA."

# SEÁN GALVIN

WING



**BORN:** ..... 18/06/1999  
**HEIGHT (CM):** ..... 174  
**WEIGHT (KG):** ..... 80  
**OCCUPATION:** ..... TECHNOLOGY ANALYST  
**SCHOOL:** ..... GONZAGA  
**RUGBY HON:** ..... IRISH 7S

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "DON'T PASS"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "1ST YEAR C TEAM IN SCHOOL"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "HAM + PINEAPPLE ON PIZZA (COP OUT)"





**Stacks**



# Your **E-Commerce** Growth Partner.

Giving E-Commerce brands an **unfair advantage.**

Visit [Stacks.ie](https://Stacks.ie)



- Ad Creative & UGC
- Data-Driven Campaigns
- Transparent Reporting
- Email Automation
- E-Commerce CRO

Trusted By





# SHANE O'HANLON

PROP

**BORN:** .....25/04/1996  
**HEIGHT (CM):** .....185  
**WEIGHT (KG):** .....108  
**OCCUPATION:** ..... INVESTMENT ANALYST  
**SCHOOL:** ..... CHRISTIAN BROTHERS COLLEGE CORK  
**RUGBY HON:** ..... MUNSTER UNDER 18S, 20S, MUNSTER A, IRELAND STUDENTS

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "KEEP AT IT"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "WINNING MAN OF THE MATCH IN THE JUNIOR CUP FINAL IN SECONDARY SCHOOL FOR CHRISTIANS"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "TUNA ON RICE CAKES"

# STEPHEN MADIGAN

FLY-HALF



**BORN:** .....08/07/1999  
**HEIGHT (CM):** .....183  
**WEIGHT (KG):** .....82  
**OCCUPATION:** .....NOT UP TO A WHOLE LOT ATM TBH  
**SCHOOL:** .....BLACKROCK  
**RUGBY HON:** .....2018 LEINSTER SCHOOLS CUP WINNER

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "SHIPS WEREN'T BUILT FOR HARBOURS"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "IRELANDS WINNING THE ALL BLACKS TOUR IN 2023"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "GUINNESS IS POO"

# STEPHEN CALLINAN

FLANKER



**BORN:** .....23/08/2001  
**HEIGHT (CM):** .....191  
**WEIGHT (KG):** .....98  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... CASTLEKNOCK COLLEGE  
**RUGBY HON:** .....

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "EXCUSES WILL ALWAYS BE THERE, OPPORTUNITIES WON'T"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "PLAYING SENIOR CUP IN 6TH YEAR"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "RONALDO'S BETTER THAN MESSI"





# STEPHEN MCMAHON

FLY-HALF

**BORN:** ..... 28/07/2004  
**HEIGHT (CM):** ..... 183  
**WEIGHT (KG):** ..... 81  
**OCCUPATION:** ..... STUDENT AT TRINITY  
**SCHOOL:** ..... GONZAGA COLLEGE  
**RUGBY HON:** .....

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "ALWAYS ACT CONFIDENT, EVEN IF YOU'RE NOT FEELING IT"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "WINNING THE SENIOR CUP WITH GONZAGA"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "PEOPLE THAT DO CYCLING AS A HOBBY/SPORT ARE FREAKS (NOT IN THE GOOD WAY)."

# TEMI LASISI

PROP



**BORN:** ..... 09/05/2001  
**HEIGHT (CM):** ..... 183  
**WEIGHT (KG):** ..... 124  
**OCCUPATION:** ..... STUDENT  
**SCHOOL:** ..... CBS ENNISCORTHY  
**RUGBY HON:** ..... IRELAND U20S 2021, LEINSTER ACADEMY, 2  
 LEINSTER SENIORS CAPS

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "WIN WITH US OR WATCH US WIN"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "FIRST LEINSTER SENIOR APPEARANCE AGAINST ULSTER IN THE KINGSPAN"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "JAM, BUTTER AND SCRAMBLED EGGS ON TOAST IS ELITE."

# THOMAS MONAGHAN

CENTRE



**BORN:** ..... 01/10/1998  
**HEIGHT (CM):** ..... 178  
**WEIGHT (KG):** ..... 85  
**OCCUPATION:** ..... FARMER  
**SCHOOL:** ..... CLONGOWES WOOD COLLEGE  
**RUGBY HON:** .....

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**  
 "TALENT IS NOTHING WITHOUT HARD WORK"

**WHAT IS YOUR BEST RUGBY MEMORY:**  
 "CAN'T PINPOINT ONE MANY GOOD MEMORIES"

**WHAT IS YOUR UNPOPULAR OPINION?**  
 "AS A FARMER I LOVE A BIT OF RAIN"





# TOM GAVIGAN

FLY-HALF



**BORN:** .....05/09/2001  
**HEIGHT (CM):** ..... 191  
**WEIGHT (KG):** ..... 92  
**OCCUPATION:** ..... STUDYING INTERNATIONAL BUSINESS IN DCU  
**SCHOOL:** ..... BLACKROCK COLLEGE  
**RUGBY HON:** ..... JP FANAGAN

**WHAT IS THE BEST PIECE OF ADVICE YOU HAVE BEEN GIVEN?**

"ENJOY THE PROCESS"

**WHAT IS YOUR BEST RUGBY MEMORY:**

"PLAYING IN THE RDS AT HALF-TIME WITH NAVAN U10S"

**WHAT IS YOUR UNPOPULAR OPINION?**

"COUNTRY MUSIC IS THE BEST GENRE"

**CAFÉ  
JAVA**  
1992  
SANDYMOUNT

**KIERAN MULLIGAN & CAFÉ JAVA  
SUPPORTING LANSDOWNE FC SINCE 1992**



# INDIVIDUAL SCORING & PLAYING RECORDS

## MOST POINTS

### ALL TIME

951	Scott Deasy
417	Craig Ronaldson
384	Eric Elwood
235	Rory Kearns
207	Barry Everitt

## MOST TRIES

### ALL TIME

36	Matt Healy
30	Dan McEvoy
28	Ross McCarron
26	Cian Aherne
23	Fiachra Baynes
20	Brian Glennon
20	Marcus Dillon
19	Ron Boucher
17	Tyrone Moran
15	Alan Bennie
14	Robbie Dolan
14	Mark Roche
14	Tom Farrell
14	Foster Horan
14	Peter Sullivan
13	Collie McEntee
13	John Cooney

## MOST TRIES

### ALL TIME

66	Craig Ronaldson
43	Eric Elwood
37	Matt Leek

## MOST PENALTIES

166	Scott Deasy
80	Eric Elwood
71	Craig Ronaldson
51	Rory Kearns

### IN A SEASON

219	Scott Deasy	2017-2018
196	Craig Ronaldson	2012-2013
196	Barry Everitt	1999-2000
195	Matt Leek	2002-2003
182	Craig Ronaldson	2011-2012

### IN A SEASON

15	Peter Sullivan	2018-2019
14	Matt Healy	2009-2010
13	Ross McCarron	2009-2010
12	Cian Aherne	2012-2013
11	Dan McEvoy	2018-2019
11	Dan McEvoy	2016-2017
11	Tom Farrell	2014-2015
10	Tadhg McElroy	2022-2023
10	Alan Bennie	2017-2018
9	Matt Healy	2011-2012
9	Charl Oosthuizen	2008-2009
8	Tyrone Moran	2017-2018
8	Mark O'Keeffe	2017-2018
8	David O'Mahony	1996-1997
8	Marcus Dillon	1996-1997

### IN A SEASON

45	Scott Deasy	2016-2017
36	Matt Leek	2002-2003
33	Craig Ronaldson	2011-2012

38	Barry Everitt	1999-2000
38	Scott Deasy	2017-2018
37	Craig Ronaldson	2012-2013
35	Scott Deasy	2015-2016

### IN A GAME

28	Matt Leek	Lansdowne 48 Carlow 22	2002-2003
27	Matt Leek	Blackrock 13 Lansdowne 47	2002-2003
26	Eoghan Hickey	Lansdowne 61 UCC 13	2010-2011
26	Corey Burt	Lansdowne 71 Blackrock 15	2005-2006
25	Barry Everitt	Lansdowne 55 Young Munster 0	1999-2000
25	Scott Deasy	Lansdowne 30 Galwegians 24	2015-2016

### IN A GAME

4	Tadhg McElroy	Lansdowne 32 Trinity 10	2022-2023
3	Adam Leavy	Lansdowne 24 Garryowen 25	2019-2020
3	Dan McEvoy	Lansdowne 66 Trinity 33	2018-2019
3	Peter Sullivan	Lansdowne 66 Trinity 33	2018-2019
3	Ronan Kelleher	Lansdowne 31 UCC 15	2018-2019
3	Alan Bennie	Lansdowne 46 UCD 30	2017-2018
3	Ron Boucher	Lansdowne 61 Dolphin 11	2013-2014
3	Cian Aherne	St Marys 9 Lansdowne 29	2012-2013
3	Jordi Murphy	Blackrock 12 Lansdowne 40	2011-2012
3	Ross McCarron	Terenure 3 Lansdowne 22	2009-2010
3	Charl Oosthuizen	Belfast Harlequins 12 Lansdowne	2008-2009
3	Karl Becker	Lansdowne 48 Carlow 22	2002-2003
3	Ray Niland	Lansdowne 55 Young Munster 0	1999-2000
3	David O'Mahony	Old Belvedere 3 Lansdowne 32	1996-1997
3	Marcus Dillon	Young Munster 15 Lansdowne 42	1996-1997
3	Brian Glennon	Bangor 25 Lansdowne 32	1992-1993

### IN A GAME

8	Scott Deasy	Lansdowne 76 Trinity 26	2017-2018
7	Barry Everitt	Lansdowne 55 Young Munster 0	1999-2000
7	Scott Deasy	Lansdowne 66 Trinity 33	2018-2019

6	Corey Burt	Lansdowne 25 UCD 14	2005-2006
6	Rory Kearns	Lansdowne 18 Shannon 14	1997-1998
6	David Quigley	Lansdowne 18 St Mary's 18	2000-2001
6	Eoghan Hickey	Dungannon 21 Lansdowne 18	2010-2011



## LANSDOWNNE ALL IRELAND LEAGUE TEAM RECORDS

### MOST LANSDOWNNE POINTS IN A GAME

76	2017-2018	Trinity	Lansdownne 76 Trinity 26
71	2005-2006	Blackrock	Lansdownne 71 Blackrock 15
66	2018-2019	Trinity	Lansdownne 66 Trinity 33
61	2013-2014	Dolphin	Lansdownne 61 Dolphin 11
61	2010-2011	UCC	Lansdownne 61 UCC 13

### BIGGEST WINNING MARGIN IN A GAME

56	2005-2006	Blackrock	Lansdownne 71 Blackrock 15
55	1999-2000	Young Munster	Lansdownne 55 Young Munster 0
50	2017-2018	Trinity	Lansdownne 76 Trinity 26
50	2013-2014	Dolphin	Lansdownne 61 Dolphin 11
48	2010-2011	UCC	Lansdownne 61 UCC 13

### HIGHEST POINTS AGGREGATE IN A GAME

102	2017-2018	Trinity	Lansdownne 76 Trinity 26
99	2018-2019	Trinity	Lansdownne 66 Trinity 33
88	2018-2019	UCD	Lansdownne 57 UCD 31
86	2005-2006	Blackrock	Lansdownne 71 Blackrock 15
86	1998-1999	Blackrock	Blackrock 54 Lansdownne 32

### MOST LANSDOWNNE TRIES IN A GAME

11	2017-2018	Trinity	Lansdownne 76 Trinity 26
10	2018-2019	Trinity	Lansdownne 66 Trinity 33
10	2005-2006	Blackrock	Lansdownne 71 Blackrock 15
9	2018-2019	UCD	Lansdownne 57 UCD 31
9	2013-2014	Dolphin	Lansdownne 61 Dolphin 11
9	2011-2012	Blackrock	Lansdownne 55 Blackrock 13



## LANSDOWNNE ALL IRELAND LEAGUE CENTURIONS

Willie Earl	145
Enda Bohan	142
Ron Boucher	133
Angus McKeen	130
Stephen Rooney	128
Shane Whelan	114
Ian Prendiville	110
Greg Stafford	106
Scott Deasy	106
Stephen O'Connor	104



**PREVIOUS AIL GAMES**

GAME	VENUE	DATE	OPPONENTS	AIL GAMES PLAYED	WON	DREW	LOST	LAST 10 GAMES
1	Home	07/10/23	Young Munster	32	17	0	15	LWLLLL WWWWW
2	Away	14/10/23	City Of Armagh	0	0	0	0	N/A
3	Home	21/10/23	Ballynahinch	12	7	-	5	LLWWWL WLWW
4	Away	04/11/23	Cork Con	40	12	2	26	WLLWLL WWLW
5	Away	11/11/23	Terenure	29	15	2	12	LLLLWW WLWW
6	Home	18/11/23	Shannon	25	9	1	15	WLWWL WLWLL
7	Away	02/12/23	Dublin University	14	10	1	3	WLWLLW WWWWW
8	Home	09/12/23	Clontarf	36	17	1	18	LLLWWL LLWW
9	Away	16/12/23	Ucd	25	13	1	11	WLLWWW WWWWW
10	Home	13/01/23	Ucd	25	13	1	11	WLLWWW WWWWW
11	Away	20/01/23	Clontarf	36	17	1	18	LLLWW LLLWW
12	Home	27/01/23	Dublin University	14	10	1	3	WLWLLW WWWWW
13	Away	10/02/23	Shannon	25	9	1	15	WLWWL WLWLL
14	Home	17/02/23	Terenure	29	15	2	12	LLLLWW WLWW
15	Home	02/03/23	Cork Con	40	12	2	26	WLLWLL WWLW
16	Away	23/03/23	Ballynahinch	12	7	-	5	LLWWW LWLWW
17	Home	30/03/23	City Of Armagh	0	0	0	0	N/A
18	Away	06/04/24	Young Munster	32	17	0	15	LWLLLL WWWWW

Lansdowne will make 5 trips outside Leinster and entertain 5 clubs from outside Leinster this season  
 All AIL fixtures are at 2.30pm on Saturdays except where stated above  
 Prior to the 2023/24 season Lansdowne and City of Armagh have never played each other in the AIL



## TEAMS BETWEEN CLUBS

### LANSDOWNNE

	HEAD COACH	TWITTER	WEBSITE	LAST SEASONS FINISH
	Ger Slattery	@youngmunsterrfc	www.youngmunster.com	4th
	Chris Parker	@CityOfArmaghRFC	www.cityofarmaghRFC.com	Promoted
	Adam Craig	@HinchrFC	www.hinchrfc.co.uk	5th
	Jonny Holland	@CorkConRugby	www.corkcon.ie	3rd
	Sean Skehan	@terenurerugby	www.tcfc.ie	1st
	Stephen Keogh	@Shannon_RFC	www.shannonrfc.com	9th
	Tony Smeath	@dufcrugby	www.dufc.ie	6th
	Andy Woods	@Clontarfrugby	www.clontarfrugby.com	2nd
	Emmett McMahon	@ucdrugby.com	www.ucdrugby.com	8th



The Top 4 teams after the 18 match league series will enter the play-off series (semi-final and final)  
The bottom team will be relegated automatically and 2nd from bottom go into playoffs with 1B teams





## WORLD CUP GOOD LUCK MESSAGE

Everybody in Lansdowne FC wishes Ireland and in particular Tadhg Beirne, Ronan Kelleher, James Ryan and Dan Sheehan the very best of luck in the Rugby World Cup. Go well lads we are proud of you all!



RUGBY  
WORLD CUP  
FRANCE 2023





## PROFESSIONAL ACCOUNTANCY SERVICES

- ✓ Outsourced Financial Control
- ✓ Bookkeeping
- ✓ Annual Compliance
- ✓ Company Formation
- ✓ Payroll Services
- ✓ Tax Compliance

**Best wishes to Lansdowne FC  
from all the team at **Evolve Accountants.****



Conor Gahan



Nicky McCudden

 [evolveaccountants.ie](https://www.evolveaccountants.ie)



## 1<sup>ST</sup> XV SEASON REVIEW

**Played 18, Won 6, Lost 12,  
Scored 428 points, conceded  
465 points.**

The 22 / 23 season began on a positive note reaching the final of the Leinster League that was narrowly lost in the final to Terenure College.

The AIL commenced a week later on October 1st with a home game v Ballynahinch on the same day as the club's 150th Gala Dinner. Two further losses against Clontarf and DUFC precluded our first win of the season away to Young Munster. Defeats followed against Terenure College and Cork Con, before our next win against Garryowen. The first half of the season ended poorly with 2 more losses to UCD and Shannon.

Post the Shannon match, Declan Fassbender stepped up from the U20's to take over from Mark McHugh



as Head Coach of the 1st XV. All at Lansdowne are hugely appreciative of the commitment Mark showed to the club over the years and the work and effort he continuously put in.

Under Declan, the 2nd half of the season started with 2 successive wins in the reverse fixtures against Shannon and UCD. Great wins against Cork Con and away to DUFC along with superb performances during tight losses against Young Munster and Clontarf were other highlights of a difficult season for the club. Lansdowne finished the season in 7th place.

A huge thank you to all the coaches, backroom staff, physios and medical staff for their tremendous work throughout the season.









## J1 SEASON REVIEW

The story of the J1 season reads as follows played 21 won 19 lost 2. It was an outstanding season and very close to the perfect season. The team achieved the notable success of the J1 double, which is not easy to do and in so doing setting very high standards, which will be a difficult act to follow for next year's team.

This is the second time the J1's team as a set-up have won the double for the club in the past five years and shows the strength in depth of the club at this level.

More particularly, they secured 3 trophies namely the Colm O'Shea Cup at the start of the season beating Terenure, the Metro J1 league beating Terenure in the final, and the Metropolitan Cup beating Barnhall MU in the final securing the double in the 150th year celebration season for the club.

They say that J1 level can be the trickiest in the club to motivate due to a mixture between players who aspire

and wish to be on the senior team and those who want to play and enjoy junior rugby. There is no doubt that a lot of this team will go on to play at a higher level, and the importance of a strong second team in the club set up cannot be overemphasized. This team showed huge determination, skill and a willingness to learn each week and play for each other and for the jersey. The coaching staff of Mark Roche, Conor Nugent, Sam Myers and the physiotherapist Darragh Mangan produced throughout the year a highly competitive team that were hugely difficult to beat hence the high level of success achieved by them and conceding the least amount of points in the season for any team at this level.

The fact that the senior squad train together helps to raise standards and give a cutting edge to the team and this was very noticeable throughout the season during a string of very impressive performances where some games were over by the hour mark as a competitive fixture. Also, there was very clever use of the bench which





meant that injuries were minimized and that a settled team was created as a result.

What followed was a special season and as I have already said one that will be hard to match in terms of the end result, but it is safe to say in relation to this team that some of the players are hugely improved from what they began the season at, and many will go on to bigger and better things no doubt.

One other thing of note with this team was the tremendous team spirit generated and expressed on the field throughout the season. This camaraderie, discipline and friendship built up throughout the squad which is invaluable in generating competition and their

willingness to back each other. They created memories by winning the double and strong bonds are created by that success both on the field and off the field and they can look back in the years to come at a job very well done.

Finally, for this team it was good to see that some of their number during the league campaign moved up to the senior team which is always a good sign in the development of players within the club. That is all that can really be said about this year, a special season with an outstanding finish to it but one that was achieved on the back of hard work, commitment and no short levels of skill.

**John Kilroy**















**Sales | Lettings | Management | Maintenance**

Leading Letting & Management Agent in the Dublin Residential Market

Contact Ian Hopkins or Robbie Ward

📞 01-4967954

✉️ [info@hopkinsward.ie](mailto:info@hopkinsward.ie)

[www.hopkinsward.ie](http://www.hopkinsward.ie)

Licence 003276





# LEDDIN

FINANCE



(01) 6449442 | 3 Herbert Street, Dublin 2

Joe Leddin | 086 2564587 | [Joe@leddinfinance.ie](mailto:Joe@leddinfinance.ie)

Conor McCarthy | 087 2564587 | [Conor@leddinfinance.ie](mailto:Conor@leddinfinance.ie)

Residential Mortgages | Life Assurance /Protection Products | General Insurance | Pensions /Investments | Construction /Development Finance | Commercial Mortgages | Asset Financing





## J2 SEASON REVIEW

### Junior 2's - Metro League Division Two

Captain	Rob Kelly
Vice Captain	Aaron Daly
Played	14
Won	7
Drew	2
Lost	5
Points for	339
Points against	302
Difference	37
Bonus Points	7
Finishing League Position	THIRD

It was a season of two halves for Rob Kelly and Aaron Daly's band of brothers, the earlier part being characterized by the same courageous, but sometimes patchy performances that bedeviled them in past seasons, as they took on mostly Junior 1 teams in this competitive league. But one night in December, in the last game of 2022, everything clicked into place and they started a run that would see them unbeaten in the league for the rest of the season. That inspiring victory over Blackrock in Stradbrook, showed the steel that lurked beneath the flair and talent, shaped and channeled by

coaches Ross Barry and John Sparks, but that night, inspired by departing prop and talisman, Paddy Butler. Even though silverware may have eluded them this season, the achievement of this group can't be overstated. For years they've flirted with relegation from this predominantly J1 league, regularly having to battle through play offs just to stay up. But this year, they beat every team in the league in the second half of the season – some resoundingly – and only missed the finals by a narrow margin. As well as “The Fairytale of Stradbrook”, referred to earlier,





notable performances included the resounding victory over Naas (35–8) as the centerpiece the “Festival of Junior Rugby” at HQ on January 28<sup>th</sup>, thrashing league toppers Belvedere in Anglesea Road by six tries to three in the final game of the season, and that historic day when all four McEvoy’s played together when we travelled to their Donal’s club, Enniscorthy, to help us emphatically avenge a heavy defeat early in the season. Sadly, the Albert O’Connell cup wasn’t to make a return visit to our trophy cabinet, however. Starting with a commanding win over Bective (7 – 59 in

Donnybrook), followed by a close encounter with Wanderers (12 – 19 in Merrion Road), we met our nemesis and League winners, Old Wesley in the semi-final. In spite of a valiant effort and particularly well organized and heroic defence to prevent them scoring, we lost on penalties 6 – 12. Wesley went on to be the deserved winners of the league and cup double. Too many great players, characters and club men to single out, but if anyone was ever looking for a sign of the spirit of the club, look no further than the J2’s season.







# Mobilecover.ie



Mobilecover.ie insuring mobile phones & tablets  
for loss, theft, damage & screen breakage

**MITCHELL & SON**  
Est'd 1805 Est'd 1805  
FINE WINES & SPIRITS, DUBLIN

**YELLOW SPOT**  
Single Malt Scotch Whisky  
AGED 12 YEARS

CHQ, I.F.S.C, Dublin 1  
GLASTHULE, Glasthule Village, Co. Dublin  
AVOCA, Dunboyne, Co. Meath  
AVOCA, Kilmacanogue, Co. Wickow

[www.mitchellandson.com](http://www.mitchellandson.com)  
WE DELIVER NATIONWIDE & WORLDWIDE









## J3 SEASON REVIEW

In previous years, the J3s were relatively comfortable in mid table, rarely concerned about relegation, but never threatening the top of the league. This season they dominated the league from start to finish. And the transformation didn't come by accident. It started in August when the extended management team led by director of Junior Rugby, Ian Hopkins and Uber-Coach, Dave Tunney, planned the whole junior rugby season campaign with military precision. A group meeting in September spelled out the goals and short, medium and long term measures to achieve them. But it wasn't just about the rugby; it was about going all-in on the off-pitch celebrations too. The 150th anniversary was a perfect backdrop and junior rugby players participated with gusto in most, if not all the celebrations. But we also created our own, the "Festival of Junior Rugby", for example, and supported of brother teams feverishly whenever possible. The results were clear: as well as this J3 group commanding their league, the J2s had their best season in years and the J4's ... well their existence is prize enough, but they too performed out of their skins.

### Junior 3s - Metro League Division 5

Captain	Rob Troy
Vice Captain	Luke Van Caelwart
Played	12
Won	11
Drew	1
Lost	0
Points for	410
Points against	105
Difference	305 (!!!)
Bonus Points	9

The J3 statistics, while staggering – look at the point difference of 305! – they don't do full justice to the excellent all-round season enjoyed by the group. Led by dream team coaching and management package of Dave Tunney, Mark Quinn, Shane Dalton, Adam Curry and James Caslin, these men didn't just put their bodies on the line for the club on the pitch, they put in some stellar performances in the bar as well!

Two examples of how this group exemplified the Joy of Junior Rugby at Lansdowne to the full were the





night of the “Festival of Junior Rugby” on January 28<sup>th</sup>, when all three junior teams (J2’s J3’s and J4s) played back to back games at home. After dispatching CYM by 83 – 12, most of the squad delayed showering and returned to the sideline to support the J2s, pausing only briefly to load up on pints. It’s alleged that one or two of them returned to the pitch for the J4’s victory later.

The other was on the night of the “Fairytale of Stradbroke”, when the J2s had such a significant win away in Blackrock. The J3s had also had their own significant victory that night at home to closest rivals, Terenure, beating them by four tries to one, but all they wanted to do was celebrate the J2s’ win and join in the overall group’s celebrated farewell to Paddy Butler.

Though they dominated the league and will be promoted next season, their winning ways were brought to a shuddering halt when they met UCD in the first round of Moran Cup. In the first half, they matched the students, try for try, and though on paper they looked in touch at half time, being only one try down, it wasn’t a huge surprise when Collidge opened up a comfortable lead in the second half and saw us out of the competition by a margin of 38 - 22. That excellent UCD side deserved the victory and went on to win the Moran Cup.



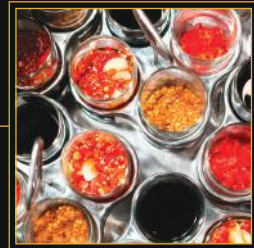
ETHNIC  
RESTAURANT  
OF THE YEAR  
2018

*Nightmarket*

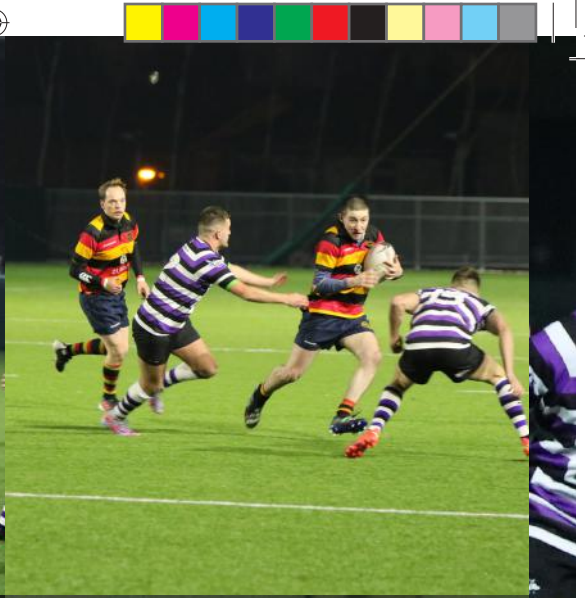


# REGIONAL FOOD OF THAILAND

120 RANELAGH, DUBLIN 6  
01 538 5200 | WWW.NIGHTMARKET.IE













## J4 SEASON REVIEW

Coch/Manager: Adam Curry

Captain: Ethan Bradley

Played 11, won 8. Conceded 3 games due to lack of players.

The J4s competed in Metro Division 10 which saw games played on Saturdays.

For the first time in 16 years, we have been able to field a team at this level. It was largely made up of Junior players with some appearances from U20 squad members throughout the season.

Finished in 3rd place but should have finished in the play-off places if not for conceding these 3 games. It is likely that this team will be competing in a higher division next season.

The J4s competed in O'Connor Cup with teams from Division 7 & 8.

The run ended in defeat to St Mary's in the semi-final in Templeville.

Overall, Junior Rugby is in a very healthy state in the club but recruitment and retaining players from both within the squad and outgoing members of the U20s is key to growing and competing at this level. Huge thanks must go to the hard work of the coaching group throughout the season.









**Phone: 01- 8417 399**

**Email: ollie@pitchcare.ie**

**SERVING THE TURFCARE INDUSTRY**

• ADVICE • SHOP • PRODUCTS  
& Much More

**log onto our New website.....**

**[www.pitchcare.ie](http://www.pitchcare.ie)**





# U20S SEASON REVIEW

MARK MACMAHON

Played 18, Won 15, Lost 2, Drew 1

Points For 693, Points Against 394

Winning of the J.P Fanagan Premier 1 League and the Fraser McMullen All Ireland Cup turned out to be the most successful season ever for Lansdowne U20s.

After an early setback with an away defeat to UCD, the 20s ran off 8 successive wins before meeting Trinity in a top-of-the-table clash in College Park. In an extraordinary game, Lansdowne were reduced to 12 players for nearly 10 mins but still managed to hold Trinity to a draw. This then opened the door for Clontarf to challenge for the title along with Trinity and ourselves, with all three clubs were in with a shout on the last day of the league.

Lansdowne travelled to Castle Avenue knowing that 2 bonus points against Clontarf would be enough to retain

the title. In a pulsating match, LFC achieved their goal by winning the game with the last kick of the game. Premier 1 league was won for the 3rd time in a row, and a very impressive 5 times in 6 seasons.

Beating Cork Constitution in the All-Ireland thus setting up a home Semi Final tie against Clontarf.

With some scintillating attacking rugby scored 4 tries before defending brilliantly to win 28-14.

Lakelands Park hosted the final against Trinity. Lansdowne were down 22-10 at halftime, However, Lansdowne, scored three unanswered tries to lead by four with only minutes left.

The 20s then had to defend for an agonising 12 minutes of added time before the final whistle sounded.









# BEST WISHES FROM ALL THE TEAM AT ROADSTONE

FIND YOUR NEAREST LOCATION  
AT [WWW.ROADSTONE.IE](http://WWW.ROADSTONE.IE)

SUPPLIERS OF:

- Concrete
- Blocks
- Stone & Aggregate
- Blacktop
- Paving & Walling
- Roof Tiles



01 404 1200  
[www.roadstone.ie](http://www.roadstone.ie)





## **MINIS & YOUTHS SEASON REVIEW**

The 2022/23 150th season was celebrated very well by the Minis and Youths. The numbers involved were large and in line with previous years, covid showing no signs of reducing interest. Our big Minis Blitz featuring the under 12s versus the combined D4 clubs, Wanderers, Old Belvedere, Wesley and Bective went off without a hitch on the main pitch an hour ahead of the Ulster v La Rochelle game much to the delight of everybody in attendance.

The Minis were in attendance at all the usual blitzes and tournaments flying the LFC colours around the province. The 12s travelled to Athy for the now annual blitz and won every match they played.

The under 13s had a very successful tour to Biarritz. They also won their

Leinster League title but were beaten by a strong St Marys side in the Cup. The under 14s remained very strong at 43+ with high hopes to bring many of these back for under 15s, recruitment from the exempt schools showing signs of fruition.

The 15s brought back 3 trophies to the Club. The invitational Toulon Cup, Leinster League and Metro Cup. Thanks to Olivier and his coaches along with Dan Murphy and Jack Matthews for an excellent season.

The Under 17 Barbarians were beaten in the league but won their Metro Invitational cup. There is a good chance we can play this as an Under 18s team this season.





ArdaghGroup

**Best of luck to Lansdowne FC in  
the upcoming season – from all  
the team at Ardagh Group.**

[ardaghgroup.com](http://ardaghgroup.com)



## CLAREMONT ROAD ACQUISITION

31 July, 2023: Lansdowne Football Club has completed the acquisition of the sports grounds located off Claremont Road in Sandymount from YMCA Dublin. This follows formal approval for the deal from the Charities Regulator.

The acquisition of this significant site in Dublin 4, will provide Lansdowne FC with the ability to extend its sporting facilities in the local community within which it has had its home and presence since 1872. Lansdowne is located in the Lansdowne Road rugby grounds, with its immediate community links covering Sandymount and the surrounding areas of Ballsbridge, Irishtown and Ringsend. The Club celebrated its 150th anniversary this past year.

Commenting on the Club's expansion plans, Stephen Rooney, President of Lansdowne FC said: "This is a really exciting moment in Lansdowne's history. As we complete the celebration of our 150th anniversary, we are now

about to embark on another significant and ambitious venture for the Club which will deepen our roots further in our local community and provide members with much needed additional sporting facilities for our Junior, Mini and Youth teams."

He added: "We are very grateful for having this opportunity to acquire such a superb site on Lansdowne FC's doorstep and for YMCA Dublin to endorse Lansdowne to become the new custodian for this important outdoor space. We are very much committed to operating a sustainable multi-sporting and commercial campus that adds value to and is part of the community, a welcoming space that can continue to provide amenities for exercise and recreation for a diverse range of sporting and other activities."

The lands, which cover 6.6 acres, are accessed from Claremont Road and comprise a large surface car park with





parking for approximately 40 cars adjoining a modern 2-story pavilion and open out into a large expansive site of playing fields, including an all-weather hockey pitch.

Kathryn O' Mahony CEO YMCA Dublin stated: "It is heartening that through the grounds' new owners, Lansdowne FC, the property will continue its strong sporting and recreational tradition. For the YMCA, this sale means we can

begin in earnest our mission to build three new community hubs in areas across Dublin where we can have the greatest positive impact. These hubs will mirror our city centre Aungier Street facility and will have an array of vital community resources including; Community Childcare, Family Support and of course our full range of specialist Youth Services."

**Gerry Thornley**





## HATS (OR CAPS ) OFF TO **CLINCHER**

They say good things come to those who wait.

Well, never was a truer word spoken when it comes to our very own Paul Clinch ( aka Clincher).

After a staggering 34 years in the wilderness, justice was finally served when Clincher was awarded his first Irish cap for proudly representing Ireland on the tour of North America in 1989 making him the oldest Lansdowne member in the 150 year history of the club to receive his first cap.

That accolade alone must almost make it worth the wait as it's a record that surely will never be broken!

He now joins the illustrious roll of honour of Lansdowne men who played for Ireland and he officially becomes a Lansdowne international.

Fittingly he carries on a proud Clinch family tradition following his Grandad

and Great Grandad who were also capped for Ireland.

Since the day he joined the club in 1986, fresh from Captaining Trinity, he has been and continues to be a great Lansdowne man. In his early Lansdowne years, he slotted seamlessly into a star studded backline including such greats as Johnnie Sexton ( the original!), Philip Danagher, Fergus Aherne, Greg Dilger, Fergus Dunlea, Rory Moroney, Willie Dawson, Noel Downer, Dave Moore and last but certainly not least, Pete Purcell, who set a new Leinster Club record for the most tries in a season in 1989. According to Clincher, he provided most of the scoring passes!

In fairness the pack wasn't bad either. (Before I get an earful from Basher).

That team went on to win numerous Leinster Senior Cups and Leagues and Clincher was at the heart of it





all, Captaining the Club in the '88 /89 season.

Since then he has remained loyal and committed to Lansdowne, coaching at many levels all the way from the Firsts to the Third D's, most of who struggled to understand his instructions on how to receive and give a pass in one movement. (' think of picking up a pint at a bar and handing it to a pal behind you' )

On top of this he served as a referee for many seasons and remains a fourth official to this day, all the while championing Lansdowne Tag Rugby teams through thick and thin, bringing rarely seen levels of intensity to this gentle game and succeeding (in the great Paul O'Connell tradition) of putting the fear of God into his own players, never mind the opposition.

His Tag Rugby adventures culminated this month (August 2023) with Clincher earning his Second Irish Cap playing for the over 50's Irish Tag Rugby Team in the World Cup.

This time he doesn't have to wait another 34 years to get his cap which is just as well as he would be 96 at the time but even then I think we could expect him to take off his shirt and roller blade through the award ceremony.

Keep it going Clincher, you are an example to us all of how to stay young at heart and you have done Lansdowne proud, you Irish International you.

### **Johnnie Lombard**

August 2023.



## **WRITING LANSDOWNNE FC: A HISTORY – OR, HOW TO STAY SANE DURING COVID**

**IVAR MCGRATH**

*Question:* What makes a good book?

*Answer:* A good story.

When first approached about writing a history of Lansdownne FC I knew that there was a great story to tell. That fact made it easier to accept the task, while at the same time increasing the pressure to try to tell that story in a readable and attractive fashion. Having played for the LFC under-19s in 1982-3, after an ensuing sojourn in the Irish army and a mis-spent year with UCD Rugby I returned to Lansdownne in the later 1980s for the joys of the Third Bs. This less than impressive playing CV only made me more driven to actually try to do something of value for the most iconic club in Ireland as it approached its 150<sup>th</sup> anniversary.

Surprisingly, COVID helped in that task – not long into the first lockdown in 2020, I realised I needed a project that would keep me grounded and provide an escape from the crushing weight of home working, schooling, social distancing and the other challenges we all faced in those years. Not

being able to actually visit the archives – i.e. the LFC clubhouse – also had a surprising upside: over various visits, Mick and Mark Dawson dropped off various boxes of files, documents and yearbooks to my home so that I could get on with the task. On one occasion, in December 2020, Mick arrived looking rather concerned as I balanced on a wobbly step ladder stringing up Christmas lights in my front garden. The financial assistance of the Shubothams also allowed for my colleague Frances Nolan to trawl through digital copies of a vast range of newspapers, magazines and other online sources over a period of nine months to extract further research data.

With all this material gathered, and as students started to return to UCD wearing masks and carrying hand sanitisers, I read and wrote for seven months from June to December 2021 in my office. First and foremost, I looked for the micro-stories that told the big story – the individuals, the events, and the occurrences that constituted the social and cultural history of the Club and rugby in Ireland.





H.W.D. Dunlop dominated the early years, in particular with regard to the intriguing story behind the finding of a ground at Lansdowne Road, an unintended consequence of which was the bestowing upon the Club of what has become such an iconic name. The long association of the Club with the International Rugby stadium via a shared name loomed large throughout the history of both.

Other stories that anchored the book included the Club's quickly developing obsession with winning the Leinster Senior Cup, the impact of the First World War, the vicissitudes of an all-Ireland game in a partitioned Ireland after 1921, the home-from-home that LFC provided to generations of players from all over Ireland, the sporting boycott of Apartheid South Africa, the impact of professionalism from

the mid-1990s onwards, and of course the long quest for a junior ground. As I write, the news has just been officially confirmed of LFC's purchase of the YMCA Cricket Club grounds in Sandymount, an occurrence which is the culmination of a journey that commenced back in the 1920s with the likes of Ernie Crawford and Eugene Davy advocating for and searching for a suitable ground for junior rugby. Generational peregrinations to junior grounds in Kimmage Grove, Templeogue, Kilgobbin and Ballycorus were all part of a long trek that is finally coming full circle – persistence pays off.

For a writer, once the text is finished, the more mundane work begins with practical issues such as getting permissions for images and so on. Over 5,000 words of captions had to be

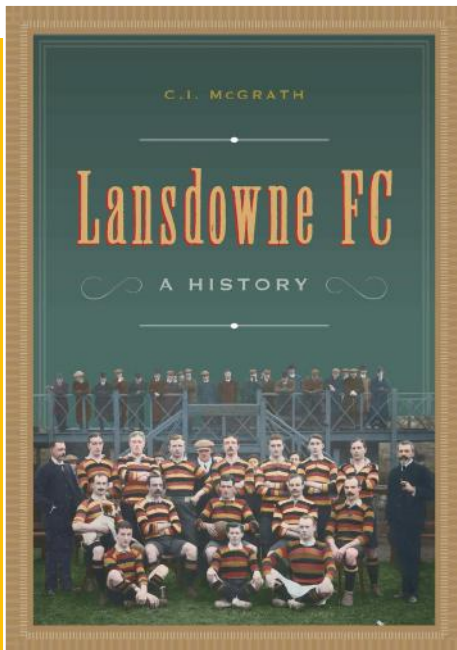




typed up and high-resolution versions of more than one hundred team and other images found. Mark Dawson and Michael O'Brien played a blinder on that front, while others such as Michael Kearney and Rory MacMahon kept me on the straight and narrow when it came to the correct spelling of names – even still, a few of those were only finally clarified at the clubhouse bar.

Then, once the final version was signed off with the publisher, in theory my job was done. Of course, in reality, a whole new phase of the project took off. Highlights included: the official launch of the Club's 150<sup>th</sup> anniversary celebrations in September 2022. The

toughest question from Hugh Cahill on the night was which was the best Lansdowne team ever? I had grown up full of wonder at the feats of the First XV of the late 1970s and early 1980s, with the likes of Moss Keane, Mick Quinn, the Spring brothers, Vinnie Becker *et al.* I would have struggled to look beyond them until I wrote the book. Then I learnt of the great teams of the late 1920s and early 1930s, with Davy, Crawford, Jack Arigho, Sarsfield Hogan, M. J. Crowe, Ham Lambert and Ned Lightfoot among other greats. And yet I had also developed a real regard for the First XV of the mid-1980s when further records were made, including Peter Purcell's 35 tries in one season. And then there was Mike Ruddock's senior squad of 2017-18 which won all four major trophies on offer that year. The truth of the matter is, writing the book had taught me that no single team or individual is or can be the greatest in a Club. As the wonderful series of events for the 150<sup>th</sup> season rolled out through the winter and spring of 2022-3, it confirmed the belief that the book had taught me: it is the whole panoply of people in the Club that make it great, be it channelled through victories on the pitch, service in the clubhouse, cheering on the touchline or trekking out to a wind-swept, wet and muddy Kilgobbin for a junior match on a winter's afternoon.





## LANSDOWNE 150<sup>TH</sup> BALL ARTICLE

### A NIGHT TO REMEMBER!

It was, indeed, a night to remember! From the moment our taxi swung onto Sussex Road at around 6:45pm and the throng of at least a hundred over-dressed customers outside O'Brien's Pub came into sight, the magnitude of the occasion began to sink in.

“Don't they know there's a free bar in the hotel!” spluttered one of my traveling companions, a miserable so and so who shall remain nameless.

And there was! Or, as the “Evening's Programme” for the Lansdowne F.C 150th Anniversary Gala Ball put it more sedately, “a Drinks Reception”. Either way, the night was off to a cracking start as the close on a thousand guests mingled, greeting friends and acquaintances, both old and new, and soaked up the cracking atmosphere as well as many of those complimentary drinks....

The sheer numbers attending and the logistics involved in getting all

the guests into the dining room and seated at one of the 82 tables meant that the Programme Schedule was always under duress. It was only under the threat of a Putin-like strike that MC for the night Barry Murphy finally managed to get all of the attendees seated and some order imposed.

The kick-off was marked by a video collage of Lansdowne's history prepared and edited by former President Michael Cassidy which set the perfect tone for the evening's proceedings.

The guest list read like a “Who's Who” of Lansdowne, Dublin and the wider Irish Rugby and Sporting Society; Irish Times rugby scribe Gerry Thornley was there, although sharing a table with seven Mulligans meant he might have struggled to get a word in edgeways; Tony and Robbie Twomey graced a table shared by Paul and Lulu Van Cauwelaert; Noel and Barbara Hoffman and former Club Hon. Treasurer David McDowell.





Notables at Michael and Yvonne Cassidy's table were Eddie and Hildegarde O'Connor and John Conmee, on a busman's holiday as he returned to the dining halls where he presided over thousands of repasts as Banqueting Manager in the old Burlington Hotel for over 20 years.

The celebratory evening saw the return to the Dirty Auld Town of many Lansdowne exiles; Geoff Dawson (USA), brother of Club President Mick; Kevin Hanley, international referee (USA); Michael and Mary Gibson (London); Mike and Bernie Ruddock (Wales); Mark MacWhite (Australia); John and Anne Driscoll (Wales); Paul Smith (London); Niall Keller (South Africa); Alan Ryan (Canada); Andy and Sharon Doyle (London); Ron Boucher and Darren O'Reilly (London) and Ian Prendiville (Canada), to mention but a few.

Lansdowne's provincial roots were well represented on the night by a swathe of Limerick people – Pat and Ita Chesser; Shane, Ruth, Pat and Deirdre Whelan; Phil and Eimear Danaher; Di and Mary Power; Micky Kelly; Liam Toland; Jim and Renee Hogan as well as Mick and Mary Sherry.

Cork, too, was well represented by Paul "Pakkie" and Jan Derham; Frankie and Daphne Forrest; Fergus and Elaine Aherne and recently returned exiles Scott and Julie Deasy as well as

Eamonn Mills. Exiles who went in the other direction included Conor and Pauline Hayden.

How many Irish caps were in the room? When one could mention Alan "Dixie" Duggan, Eric Elwood; Jimmy Bowen; Jamie Heaslip; Dan Sheehan; Leo Cullen; Paul Collins; Nick Popplewell; Devin Toner; Tom Clancy; Michael Gibson; Alan Reddan; Gordon D'Arcy; Des Fitzgerald; Donal Spring; Vinny Becker; John Sexton; the legendary Ollie Campbell, who shared a table with Terry Kennedy, Johnny Maloney, Rory Moroney and no less than seven Quinns, led by the shy and retiring Micky...

From around the island of Ireland, we had Joe Daly (Ballinrobe), Willie and Caoimhe Earl (Gorey), Andy Corcoran (Kerry), Willie Dawson (Skerries!), Willie, Tommy and Jimmy Burns; Terry Kavanagh (Newport, Co. Mayo) and a table taken by our Northern Ireland members (Lansdowne FC Donaghadee Branch) led by the great Ronnie Porter OBE, his lovely wife Elma, and Brian and Elaine Huston.

Rugby administration and coaching were well represented, too, by Kevin Potts (Chief Executive IRFU); Gerry Murphy (former Irish Coach); Leinster Director of Rugby Leo Cullen; Kay Bowen (Trinity); Mark McDermott (former Russia Head Coach); Mark McHugh (Lansdowne Head Coach).





ex-Lansdowne player Hubie Kos represented his Dad, former Lansdowne great from the 1960's, Miklos Kos, while Lansdowne's continuity was personified by the presence of Centenary Year Club Captain Johnny Mitchell and his wife, Vivienne.

The food was great, the wine flowed and the bar was open until 2:30am (I think; things began to get a bit fuzzy well before that...!). The Velvet Lounge Band provided the jazzy music as the dancing began..... Discretion prevents me from naming one or two guests who, perhaps having decided to dine well rather than wisely or else just overcome by the sense of occasion, decided to try and make a name for themselves on the dance floor!

Before all that, a raffle in aid of Lansdowne Youth and Mini Rugby was a great success.

After dinner, sports compere Hugh Cahill facilitated a fascinating interview with former All Blacks legend, Sean Fitzpatrick and current Ireland star, Lansdowne's Dan Sheehan, which embraced a wide and penetrating analysis of the professional era to date from two of the best hookers in the business, past and present.

Gala events such as the 150th Anniversary Ball don't happen overnight, and our grateful appreciation must go to Michael Kearney and his hardworking Committee (most of them, anyway!) – Rosie Dawson, Scott





Deasy, Luke Healy, Frank Kenny, Joe and Duggie Leddin, Brian McDermott, Brian Moran, Oisín O’Buachalla, Collette O’Malley, Elayne Power, Derry Shaw and John Conmee.

Likewise, a serious vote of thanks is owed to our Gala Ball sponsors, in particular our main sponsor, the Ardagh Group. They were ably supported by Garry Moore, SteriPack Ireland; Heineken and The Dingle Distillery (Dingle Gin) who generously sponsored the Drinks Reception; Mitchell & Son for sponsoring the after-dinner Armagnac and Lindt for the Chocolates, of which this scribe confesses to have over-indulged himself.

Player tables were sponsored by Care to Comfort (Yvonne Cassidy & Martin Deasy); John Gallagher; Oisín O’Buachalla; Smart Mortgages and Jim Maguire.

Copies of Professor Ivar McGrath’s History of Lansdowne sold like hotcakes on the night, although one or two guests appeared to have left their copies behind on their tables for some reason.... A cracking read, and an insight into the social and economic developments that helped shape the creation and development of this great club of ours over the last 150 years.

Have a great season!

**Michael Daly**

























# Club History



# History





## **MINIS AND YOUTHS CHRISTMAS PARTY**

What a Day that was.

A very special celebration of Lansdowne Football Clubs 150<sup>th</sup> Anniversary, the Lansdowne Minis got treated to special day out on the Main Pitch in the Aviva Stadium. They played matches against the under 6, 7 & 8's of our neighbouring clubs; Wanderers, Old Wesley, Old Belvedere and Bective, followed by a round robin blitz.

Mums, dads, grandparents, siblings, and families all gathered round to watch on with excitement as their littles played on the grounds of the National stadium.

Ireland and Lansdowne man Dan Sheehan made a special appearance to encourage the young stars. Santa Claus himself took some time out of his busiest season to stop by and surprise the boys and girls - bringing loud cheers, giddy excitement, and chocolate treat for the festive seasons!

It was a superb effort from all the boys, the coaches and everyone involved.

Special thanks to the Irish Rugby Football Union for making it happen, especially given the fluid nature of the events leading up to Ulster's match on the day, after the blitz.

**Brian Moran / Stephanie Ojo**







## LANSDOWNNE *BUSINESS LUNCH*

A record attendance of over 370 hosts and guests were treated to a fantastic 150th Anniversary Business Lunch, kindly sponsored once again by MMPI, in the RDS on Friday 20th of January.

Both speakers were excellent with Andy Farrell, interviewed by Nigel Osbourne, communicating in great detail his management style and the values that underpin that. Paul Coulson's chat, with the excellent Richard Curran, was so good that one could hear a pin drop in the room with many guests commenting they could have listened to Paul's insight and experiences all day.

The feedback from all has been very positive with some describing it as the best business Lunch they ever attended . In addition, a successful raffle and auction raised much needed funds for three very good causes:

The Ringsend and District Response to Drugs Addiction Treatment Centre Neurodiversity Ireland, Sandymount IRFU Charitable Trust  
Many thanks to all who attended and for their generous contribution to the raffle – we look forward to seeing you all next year!

We are also very grateful to Peter MacCann of the Merrion Hotel, Aidan Marsh of Beauchamps Solicitors and Michael Kearney for their contribution to the raffle prizes.

Sponsors are key to the running of an event of this nature and thanks to Bryan Moloney and MMPI for their sponsorship of the Lansdownne FC Business Lunch for the fifth successive year.

Finally, our thanks to the RDS and the unique Concert Hall Room for hosting it, to MC Mano Ryan and President Mick Dawson as well as the Business lunch committee led by Ciaran O'Reilly

Gavin Lee  
Mano Ryan  
Michael Ryan  
Will Sparks  
Stephanie Ojo  
Elayne Power

To round off a great day , our First Team had a narrow win over UCD. Next year's event is the 19th of January 2024 - bookings are now open - email:

[stephanieojo@lansdownnerugby.com](mailto:stephanieojo@lansdownnerugby.com).





# LANSDOWNNE *PRESIDENTS DINNER*











# ALI DAVIS FOOD

Cordon bleu trained chef Alison Davis and her catering team are available to book for all family occasions either at the club, a venue of your choice or in the comfort of your own home

**We cater for:**

*Weddings*  
*Birthday Celebrations*  
*Retirement Parties*  
*Corporate Events*

***Ali and her team wishes  
Lansdowne F.C. a very successful 2023-2024***

For all enquires please contact:  
Alison Davis 086 841 5939 or Alan Lord 086 855 3096

*[www.alidavisfood.com](http://www.alidavisfood.com)*





## LANSDOWNNE *LADIES LUNCH*

SARAH-JAYNE TOBIN/ CLAIRE HYLAND - EVOKE

The Lansdowne Ladies Lunch took place on April 21 2023, an annual fundraiser that this year helped raise the bar not just for youth sports but also by lining out for an amazing Irish charity. Some of the capital's most glamorous rugby supporters turned out for the Lansdowne Ladies Lunch and it is fair to say that they dressed to impress with their outfit choices. Hosted in the intimate surroundings of the club HQ, there was no shortage of enviable looks on the day, from a plethora of chic white suit combos to summery florals and stylish summer frocks that were totally on-point for the occasion.

Speaking to EVOKE, Aileen Dawson, one of the chief organisers of the lunch, commended the tremendous support of the ladies who attended and described them as the backbone of everything that goes on there. She said it's a really special day to get together to celebrate all the highs (and sometimes lament the lows!) of the season gone by. This year, the committee decided that they will split all the money raised between two very worthy causes - the Lansdowne Minis & Youths and the Ringsend and Irishtown Community Centre's Dementia Café.

Hundreds of young people are lucky enough to benefit from the work that Brian Moran and his coaching team put in each weekend at Lansdowne Minis and Youths. The staff, which are run on a volunteer basis, work extremely hard to promote rugby and encourage players to reach for the stars, something that is so vital for teenagers especially. A portion of the funds raised at the lunch will go towards keeping these youth teams on the pitch as well as investing in new training equipment.

The second charity to benefit from the ladies lunch is the RICC Dementia Café in nearby Ringsend. The recently opened community centre provides this inclusive and inviting facility, with a beautiful tranquillity room, to provide space for older people and those living with Dementia and special needs in the community. More than 100,000 people use the services of the RICC every year. A sensory garden was officially opened in February and with the funds raised from the lunch, RICC hope to enhance the space and implement courses for service users.







Many properties.  
One property agent  
you should call on.

Jamie Douglas and Hunters  
Dalkey Team Proudly Support  
Cuala Mini All Ireland 2017

**CITY CENTRE**  
Tel: +353 (0)1 668 0008

**FOXROCK**  
Tel: +353 (0)1 289 7840

**DALKEY**  
Tel: +353 (0)1 275 1640

**HUNTERS**  
ESTATE AGENT

info@huntersestateagent.ie  
www.huntersestateagent.ie







# THREE CASTLES BALL

KEVIN O'CONNOR & JACK O'SULLIVAN

The third Three Castle Ball took place last Saturday (22 April), proving to be a great success for a third successive year.

Over 140 guests attended with a great mix of players from 1sts, Junior and Under 20s squads, plus their significantly better other halves.

On the night, guests were welcomed to a complimentary new Profile Picture or just a general souvenir, a prosecco reception which was made light work of and shortly after moved in for a sit-down dinner in the Zurich Room.

Club Captain Jack O'Sullivan welcomed all guests for the evening and lead the reduced number of speeches for the night.

Fantastic entertainment was provided by Guto Piazza who did his third year in a row for the ball, a live band that provoked good use of the dance floor, and DJ that kept things going. Mr George Morris also ought to be mentioned for setting the

entertainment off with a quick spoons rendition.

Congratulations to Tom Barry's table, strangely named "Alcoholics Anonymous" for winning the table competition on the night for their submissions of their favourite Lansdowne tradition and 2022/2023 season memory. Notable mentions to Brian Whelan's Son's Table and Fr Godfrey Runners Up tables for their less PG submissions.

The party continued with the ever accommodating Leggs on Leeson St. until the early hours of the morning.

A special thanks to Stephanie, without whom nothing would have happened, Elayne, Verve Agency, the Bar Staff for their valued service and to Con O'Donoghue for the professional photography.

The Three Castle Ball is proving to be a date for the diary since its intro and as ever the night will be remembered as one of the highlights of the 150th.











# LANSDOWNE 2010

## TOUR BIARRITZ MERCI!

MARCH 14 – 16 2023  
SIMON MCDOWELL

Expectation had been building for almost a year (probably for even longer for a number of the parents within the group!) or so it seemed, but on Friday March 14<sup>th</sup> the infamous Tour to Biarritz had eventually arrived and the Lansdowne 2010 players and parents slowly gathered in Dublin Airport. Covid meant that for the boys this was their first step into the dark and unknown world of rugby touring. Despite the normal bravado from the usual suspects an air of nervous anticipation permeated the boys, fused with a sense of 'we know what's coming next' from the slightly more experienced adult members of the touring party! We had been getting regular updates from the advance party of Doug and Archie that for some reason seemed to think we were going on Thursday rather than Friday. There is definitely no truth in the rumour that in the best Scottish tradition Doug was unwilling to pay the staggering cost of the flights Mr. O'Leary was charging when he eventually got around to booking, and instead reasoned an extra night in Biarritz with cheaper flights was the only solution!

A moment of panic ensued when word reached us that one of Rob Kearney's cousins wanted to delay our take-off by a couple of hours. A quick call from Brian Moran to his contact in the Secret Service and things were straightened out, Joe would wait his turn and Lansdowne were on their way (at least we hoped everyone was on board, you can only count a group of 13 year olds in the same Lansdowne hoody so many times before they all start to look the same!).

The excitement was building nicely by the time the plane touched down in Biarritz where we were warmly greeted by the Two Sean's and their side kick Antoine! First stop the Biarritz Olympique training ground for a no-holds barred training session taken by Sean Spring, cousin of a former Irish full-back more well known for his time in Leinster House, the link between West Kerry and the Land of the Long White Cloud was explained but still will only make sense to those born west of the Cahah Pass. Any of the boys that thought this would be a simple game of tip rugby while the parents





took shelter from the elements in the pub around the corner were in for a rude awakening! Sean was from the old school in every sense of the word and the cobwebs were definitely well and truly blown off! The session ended with Sean leading the Lansdowne travelling party in the Haka. Just think of a cross between Dancing on Ice meets Hugo Kennan's Dad in House!

## Day 2 – Saint Jean De Luz Olympique & Some Army Ranger Training

An early start the next morning, a quietness hung over the group during breakfast, the boys preparing mentally for the battle ahead and the parents preparing in their own way for the undoubted challenges that they would face during the day that

lay ahead. The Two Sean's arrived and it was time to leave for the match against Saint Jean de Luz Olympique. If I had to pick a word to describe the mood it would be "Apprehension", the boys had obviously been speaking to the older teams in Lansdowne about previous trips to Biarritz. Tall tales about the size of the opposition were whispered in hushed tones from player to player as the coach pulled up to the Saint Jean ground, one or two of the parents were even starting to look nervous, would we need them to play if the rumours were true about the opposition... I knew we could count on Doug and Dave but with Stevie Keogh not travelling we could really be in trouble here. Without realising it we had bigger problems than we thought, a number of the boys (for reasons known only to the inner





workings of a 13 years boys mind) had decided that you did not need to bring your rugby kit on a rugby tour (thankfully Santi had remembered his gum-shield, for once!). Panic averted, out onto the pitch for the warm up, whatever thoughts we had about a weekend in the sun in the South of France were quickly dispelled when the rain started.

With the warm up, over the players were greeted on to the pitch by an enthusiastic roar from the travelling Lansdowne contingent and a Gallic shrug of the shoulders from the home crowd! Thankfully the rain had eased by kick-off and we were all set for a great encounter. The game was fast and furious with both teams looking to run the ball. At the end of the first period, the match hung in the balance but the Sean Jean De Luz team pulling ahead playing some vintage free flowing French rugby. At this point the true spirit of this Lansdowne group came to the fore yet again, when tested this season this group has never failed to

dig deep and find a solution. Not ideal for the hearts of a number of the parents but a testament to the strong bond that has developed within the group, which is spread far and wide in schools from the mean streets of Foxrock to Sandymount and many points in between. Many of the boys have crossed swords against each other, playing for their schools and GAA and Soccer clubs this year but never let the result of those games carry inside the gates of Lansdowne FC. We witnessed some great performances from both teams and with the Lansdowne boys maintaining the reputation of this great Club across many foreign fields over the past 150 years. A narrow defeat suffered across the three periods of the game did not diminish in any way the spirit and effort shown by the 26 Lansdowne boys. At this point the true spirit of rugby came to the fore, the Saint Jean De Luz coach explained that there would be a final quarter but for this period the teams would be mixed together. After the initial panic questions about how



do we play with kids we cannot communicate with, the game got started. Within seconds of the start, it was obvious that rugby truly crosses many divides, and the boys were like old friends playing for the sheer fun of the sport. The Legend of “Johnniee” was born at this point for some reason the French boys just simply adopted the one and only Johnny Maguire as one of their own, despite the fact his only known word of French was “Merci” which he repeated at least every ten seconds whether it was required or not! These twenty minutes contained everything good about these tours, the boys were now friends and not simply opposing teams. The final whistle eventually blew, and the singing started almost immediately. Like many Lansdowne teams before them the lack of French and an ability to sing did not stop the boys! With one eye on the League Final the following Sunday, this was the perfect warm up before we faced the Newbridge team in the Donnybrook showdown.

Following a few words from the coaches to the boys in the changing room and the ritual rugby jersey and hoody hunt we were treated to some wonderful hospitality from the Sean Jean De Luz club. The legendary rugby club chicken curry was no-where to be seen, this was Basque country paella in all its glory accompanied by a few quiet beers for the parents! Again the language barrier proved no barrier at

all and led by the by-now legendary Johnniee and the miracle of Snapchat the boys made many new friends in the South West of France. At this point we hit a fork in the road, it was back to the hotel for some much-needed r&r for the Dynamic Duo or take a deep breath and keep the party going. Decisions of this magnitude are not easy but after a couple of seconds of consideration we were bound for the beach at Anglet. The wisdom of this decision was immediately called into question when we saw the “No Swimming” signs all along the beach front, if only we had have known when we took made the decision. I had that sinking feeling that Warren Gatland experienced when the Irish team bus pulled up outside that infamous hotel in Bordeaux during the 2007 Rugby World Cup. It had been going too well and now the wheels were about to come off, 26 kids on a beach and no swimming allowed a couple of hours to fill in.... Dave Lavin’s years in the Irish Army came to the fore in our hour of need. The boys were introduced to the concept of “Trust” as a team building exercise, something Dave picked up from the Army Ranger Wing! It’s amazing how much fun they had without actually going for a swim!

Next stop dinner in one of the beach front restaurants after the kids enjoyed some retail therapy! The age of the Bucket Hat had arrived... Thankfully the traditional thank you speeches







were short and sweet, perhaps people were saving their thoughts for next week's League Final. It's typically after darkness falls on any tour that people's hidden talents remain hidden no longer. When Jim Molloy successfully wrestled the guitar from the band and started to play who would have guessed we were about to be treated to something special. But that's how it turned out, and like all the true greats he left the audience calling out for more when he wrapped up his own unique version of that Saw Doctors classic "I Used to Love Her". Jim, if you ever finally escape from Intel, we might see you on the stage at Glastonbury.

### Day 3 – The Ultimate Test for Some!

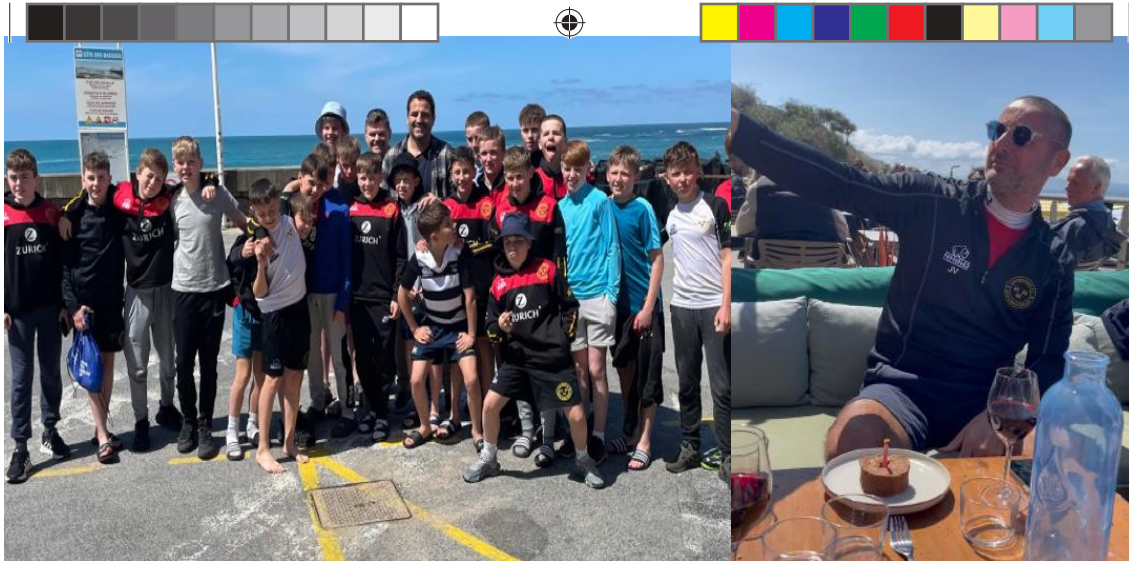
Day 3 dawned bright and early, I was under the impression that the UN had a rule about that no rugby tour activity starting before noon, unfortunately no one told our hosts this and like a couple of unwelcome Jack-in-the-boxes at 7.45am, Sean and Antoine arrived to take the boys surfing! Apparently, time and in this case, Tide waits for no man, not even a Lansdowne rugby team. At 8am on the dot the boys and the more resilient parents headed to the beach for the boys surfing lesson. A brisk 30-minute walk later (it felt longer) we arrived at the beach. Akin to throwing a glimmer of hope to a drowning man, Sean confidently let us

know the coffee shop would definitely be open at 10am, the real question was whether we could survive that long!

The surfing was a great success, and all the boys were catching waves within a short time. Several of the more resilient Dads braved the waves to prove a point to the boys that you really did not need a wet suit to go swimming in the Atlantic in March! To fill in the time before lunch, two of the boys decided that a version of the Lansdowne Squid Games was required to keep the seafront crowds entertained! After about an hour of standing in front of the crashing waves, Dr. Frank had to step in due to fears about Nikolai's survival as he had gone a shade of blue! A number of sceptics in the group questioned his conflict of interest in stepping in given his son Cian was the other member of the dynamic duo! Lunch was livened up by the arrival of the former French legend Thomas Lievreumont for a quiet family lunch. Thomas was generous with his time and was happy to chat with the boys and even recorded a friendly warning message for the Newbridge team the boy's opponents in the following week's League Final. The group enjoyed the afternoon celebrating John Vaudin's 50 something birthday.

The last leg of the tour and one of the real highlights was a trip to the home





of the famed Biarritz Olympique stadium. The group was given the full warts, and all look behind the curtain of where the team trains and the home teams' dressing room. Finally, we were allowed onto the stadium pitch for a walk around. For some unknown reason the tour guide had no problem when we suggested continuing the latest in the long running Parents v Kids tip rugby saga on the stadium pitch. We lasted about 20 minutes before the combined effects of celebrating John Vaudin's birthday earlier in the day and old age left the parents' team begging for the final whistle! I believe the boys may have won this time, but it was a close-run thing. The total commitment shown by the parents can be seen in the photos below, note the total lack of concern for the parent circled in red after he face planted the hallowed Biarritz turf!

With the airport at Biarritz fast approaching on the horizon thoughts

turned towards home inevitably and the question "Do I really have to go to school tomorrow?" was uttered more than once typically eliciting the emphatic response of "YES". As the wheels of Ryan Air 1983 touched down on the Dublin runway Lansdowne 2010's Biarritz Tour had come to an end. A magical few days were enjoyed by all in the South West of France, happy and tired kids trooped off the plane, veterans of their first (of hopefully many) Lansdowne tours to come over the years that lie ahead of them. Finally I would like to thank everyone that contributed to making the tour the great adventure it was Dave Kilmartin (Master of the Spreadsheet and the subtle reminders about making payments), Brian Moran (for simply doing what Brian does, think Swan and you will understand the amount of time and effort Brian puts in which all the kids benefit from) and Jim Maguire's and a unnamed benefactor for their generous sponsorship of the Tour Kit.



# sheehan & company solicitors LLP



**Employment**

**Private Clients**

**Commercial**

**Commercial Property**

**Residential Property**

**Banking, Funding & Finance**

**Litigation and Dispute Resolution**

1 Clare Street Dublin 2 Ireland D02 V573  
01 661 6922 [www.sheehanandco.ie](http://www.sheehanandco.ie)

contact

**David Colbert**  
[colbertd@sheehanandco.ie](mailto:colbertd@sheehanandco.ie)





To the boys within the group that go to St. Michael's, those of you I know will be starting their at the end of August and your family's I am writing this report during a week where the extended STMC family was tested to the core of its being, by the events which took place on a faraway island many of you had probably never heard of but now will be forever linked to STMC. Jack's older brother Matthew is a member of the STMC Class of 2023,

so we have some idea of the impact the last 10 days have had. Remember the fun you had in Biarritz and don't ever be afraid to go out into the World, it's part of growing up, I am sure Max and Andrew would tell you to go for it if they were able to!

P.S. For those interested in whether Lansdowne prevailed in the League Final the following week, the picture below says everything!





Proud sponsor of the Lansdowne Rugby Tour 2022  
From James Maguire

**GETTING YOU THE BEST MORTGAGE POSSIBLE IN THE EASIEST WAY POSSIBLE**

- EXPERIENCED MORTGAGE BROKERS
- CONVENIENT ONLINE APPLICATION
- CHOICE OF MORTGAGE PROVIDERS
- MORTGAGE PROTECTION & HOUSE INSURANCE

Station House, Shankill, Dublin 18 | 01 2393220 | hello@smartmortgage.ie

**SMART MORTGAGES**  
MORTGAGES MADE EASIER  
[www.smartmortgages.ie](http://www.smartmortgages.ie)

Shankill F.S. Ltd T/A Shankill Financial Services & Smart Mortgages is regulated by the Central Bank of Ireland.

**Events and Experiences that drive meaningful change for brands**

[VerveLiveAgency.com](http://VerveLiveAgency.com)  
Dublin | London | Amsterdam

**verve**





# THE PLAYER'S AWARDS

The winners from the 2022-2023 season were;

## **1st XV Forward**

Rory Clarke

## **1st XV Back**

Cillian Redmond

## **Senior Player of the Year**

Tadgh McElroy

## **J1 Forward**

Sean Dunne

## **J1 Back**

Liam O'Sullivan

## **J2 Forward**

Aaron Daly

## **J2 Back**

Rob Kelly

## **J3 Forward**

Conor Horan

## **J3 Back**

Arthur Rousset

## **J4 Forward**

Rob Timlin

## **J4 Back**

Ethan Bradley

## **Junior Player of the Year**

Bill McNamara

## **U20 Forward**

Luke Callinan

## **U20 Back**

Cathal Eddy

## **U20s Player of the Year**

Tom Barry

## **Clubman of the Year**

Dave Tunney

## **Ken Nuzam Award**

Gerry Maloney

The previous year's award winners received a crystal memento in recognition of their achievement.

Congratulations to all the winners, and we are looking forward to an even more successful 2023/2024 season.





**J.J. Kavanagh & Sons**  
Keeping Ireland Moving Since 1919

  
**Faster Bookings**

  
**Real-time Info**

  
**Digital Tickets**



**Download Our App Today!**

GET IT ON  
 **Google Play**

Download on the  
 **App Store**



**Proud Travel Partner**  
to Lansdowne Football Club

[info@jjkavanagh.ie](mailto:info@jjkavanagh.ie) | [jjkavanagh.ie](http://jjkavanagh.ie)



# LANSDOWNNE *GOLF OUTING*

On Friday 19 May 172 Golfers participated in the final Event of the 150 Celebrations. Milltown GC was the location for 43 teams of 4 starting in two phases. The first 20 teams enjoyed a good Breakfast from 7am in the Club prior to their shotgun start at 8.15am. On completion of their round they were joined for lunch by the 23 teams which participated in the afternoon with a 2.15pm start. The Weather Gods looked clemently and a rain free and temperate day was enjoyed by all.

Dinner and Prize Presentation took place at 8pm and an excellent meal and wines were enjoyed by all. The Milltown Captain and member of the Event Organising Committee, Brian Woods, welcomed all participants to Milltown. President, Michael Dawson, was fulsome in his thanks to Eddie O'Connor and his team at Supernode for his very generous sponsorship of

the Event and acknowledged with sincere thanks the Organising Committee of Conor Smyth, John Dawson, Brian Woods, Gav Lee and Barry Nestor. The formal side of the evening's proceedings were brought to a close by an outstanding Charity Auction of a signed Ireland Triple Crown and Grand Slam Jersey which was bid and secured by a most generous John Gleeson for €4,500. The Jersey had been donated by Colleen Farrell and was presented to John Gleeson by Colleen's husband and Rugby Coach of some repute, Andy Farrell.

The Golf Day brought the curtain down on what has been an outstanding season of celebratory events and saw the completion of a book recording the history of the Club's first 150 years.

Golf Prize are detailed below with first prize on an excellent score being won





by the Hopkins Ward Estate Agents Team of Ian Hopkins, Ricky Geraghty, Dave Tunney and Adam Curry on an excellent score of 98 points.

**Prizes**

1st with 98 Points – Hopkins Ward Estate Agents Ian Hopkins, Ricky Geraghty, Dave Tunney, Adam Curry

2nd with 93 Points – Rhino Barry Brennan, Alex McEvoy, Simon Ensor, James Thornton

3rd with 91 Points – Team Garry Tony Garry, Noel Shannon, Kevin O'Malley, Kieran Garry

4th with 88 Points – ATC Ciaran O'Reilly, Brian Bolger, David Bruton, Declan O'Reilly

5th with 87 Points – O'Connor, Sutton Cronin

Paul Healy, Conor Harrington, Gavin Mullins, Mark Hogan

6th with 87 Points – Team Kearney

Michael Kearney, Mick Bollard, John Kearney, Mark Dawson

7th with 85 Points – Supernode Eddie O'Connor Ben Culligan, Frank Frisby, Padraig McElwain, Kevin O'Sullivan

Front 9 with 46 points – DigitalWell Ross Murray, Barry Nestor, Gavin Lee, John Crowley

Back 9 with 45 Points – Team Shaw Derry Shaw, JP McDowell, Hugh Millar, Seamus Brady

Nearest the pin on 4th Hole – Anne Dawson

Nearest the pin on 12th Hole – Conor Harrington

Nearest the pin in Two on the 9th Hole – John Delaney

Longest Drive for the Ladies on the 10th – Sarah Hackett

Longest Drive for the Men on the 10th Hole – Conor Jameson





# **THE FINAL FAREWELL:** **BRIAN WHELAN**

## **Old Wesley Spoil the Party Yet Again as J2s Bow Out in Albert O'Connell Semi Finals**

### **Lansdowne 6 – 12 Old Wesley**

Dreams of a return of the much-loved Albert O'Connell trophy to the club cabinet were dashed on Saturday as Old Wesley used all their seasoned guile to prevent us playing our open running game and so took the spoils with four penalty kicks to our two.

And that's pretty well all there is to say about the game. They disrupted and rattled our set pieces and quenched our normally fiery attack with clever defence. But in the past they would also have run in several tries -not on Saturday. Our defence was as steadfast as it's been all season and so the visitors had to resort to penalties to gain the edge on us. Indeed, it was their defence that was stretched to its limits as we hammered their line in the last five minutes of the match, showing the hunger, character and class that

has defined this group all season, with exceptional results since Christmas. There's no escaping it, the defeat was and remains bitterly, bitterly disappointing. Bringing Albert home would have been a wonderful crowning of the best season for the J2's since this correspondent has been involved. But that's sport. The highs wouldn't be so great if they didn't rise from the ashes of lows like this.

### **A Season to Cherish**

And though victory on the pitch is at the heart of everything we strive for in Lansdowne, this season has been such a success in so many other ways. The attendances at training grew from the mid-twenties a few years ago, to over 60 some cold and wet nights in HQ and elsewhere. When we might have struggled to put two teams out on weekends in recent years, with several players bravely "doubling up", this year we frequently fielded three teams, usually winning each





game. But if our attendances at training and in competitive matches were good, our performances in the Après Match were phenomenal. As the season progressed, more and more players, supporters and happily also opposition stayed in the club to socialise after games, win or lose. In the several happy decades since this correspondent first enjoyed the fruits of Lansdowne sociability, I'd say this 150<sup>th</sup> anniversary season was the best fun ever. Sure, Ireland winning the Grand Slam and a certain other green-jersey wearing team winning the Schools' cup were great nights, but who can forget Paddy Butler's last night, or the rollover after the J3's won the league? Life-affirming and as Ross Barry also sagely points out, "life-shortening" fun!

So as this correspondent signs off for the last time, indulge me in a few final thoughts, with sincere apologies to anyone I've left out.

#### Passing the Baton

To captain Rob Kelly and vice-captain Aaron Daly, it's been a special joy working with you. These reports have given testimony over and over again not just to both of your leadership and heroism, but also to the more tangible fact that you played so bloody well! Progressively better and better as the season wore on. Keep her lit!

Other Olympic clubmen on the J2 squad included all the McEvoy's of course, JJ, Stewie, Andrew MacInnes and his sometime partner Chorán and stalwarts of our defence forces, Dave Kavanagh and Donal Liddy. It's been a thrill to watch you and write about your performances. And speaking of the military, our Swiss Army knife of a player, Bill McNamara played every position in the back line at some stage and did most of the kicking. He was a revelation this season and brilliantly personified the commitment, talent and heart of the whole group.

And the future is in good hands too, with lads like Luc Van Cauelewart (God, I won't miss trying to spell that name week after week!) and Johnny Barry. I have watched come up through minis and youths (with that other legend, Mikey – sorry, I couldn't resist!) to come of age this season with legendary performances on and off the pitch.

This great season has been a few years in gestation, of course, and it's on the shoulders of many who've moved on that it was built. Great clubmen and indeed tourists that come to mind are the epic centre pairing, RBK and Dallas and that menace, Grogan. Another Swiss knife positionally, Oscar O'Cleirigh and further back in the past John Flynn come to mind too. John and Oscar (and as I think of it, Andy O'Reilly) rarely let a weekend pass without playing at least one and half





matches, no matter how hard they had partied.

But fielding teams takes coaches, managers and of course fixtures secretaries too. Let's not forget the "hard yards" put in by "Doctor" Phil Donnellan all alone in the early years, but when Beanser pulled together a full compliment of coaching talent, things really started to move. This year the work of John Sparks and especially Ross Barry was transformational, under the watchful and loving gaze of the inimitable wunder-coach Dave Tunney! With Mark Quinn, Shane Dalton, Adam Curry and James Caslin

taking up the baton next year the future is in very good hands.

But for me, it's adieu, for now at least. It's been a joy and an honour to be involved with junior rugby in Lansdowne for these last few years. You've reminded me of the joy of rugby, team mates and of course, our wonderful club. With the new property in Claremont Road, players and management like this, the future of the junior club looks truly exciting.

Bon voyage!

**Brian Whelan**





# At Zurich, our insurance protects your world.

From your home and car to your farm or business.

Find out more about our great value insurance.

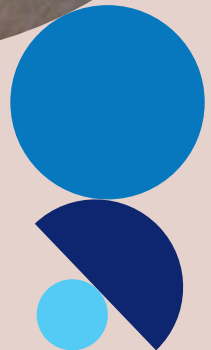
- Car
- Home
- Farm
- Business



Visit [zurich.ie](http://zurich.ie), call 053 915 7775 or contact your broker.

Proud main sponsors of Lansdowne FC.

And our protection goes beyond insurance



Zurich Insurance plc is regulated by the Central Bank of Ireland.



# **KEN NUZUM LEGEND'S AWARD: *GERRY MALONEY***

## **MICHAEL CASSIDY**

I first met Gerry Maloney when I joined Lansdowne in the mid-70's and we immediately struck up a friendship and connection with the west of Ireland, as my uncle from Mayo had taught him in school.

Gerry doesn't consider anyone truly from the west of Ireland unless they're from Galway. He was considered the best centre to come out of Connaught in years. I know this because he regularly told me.

Not one to allow the restriction against wearing glasses while playing, Gerry tackled every man / woman / cat / dog or goalpost he encountered on the pitch. And while he was held in high regard for his tackles, his ability to pass was questionable.

After he finished playing, Gerry was elected to the Old Wesley Lansdowne Committee overseeing the management of Ballycorus. He did this like he does so much, quietly, professionally, and not looking for thanks.

It ran so smoothly, year on year and Lansdowne owes a debt of gratitude to Gerry. And the same can be said for all his work with the many Lansdowne Junior Teams.

Gerry's knowledge of the 'laws' of the game is immense. So much so that one evening in the company of John Conmee (May he Rest in Peace), Martin Deasy and myself, in a discussion about scrummaging, he forcefully told Keith Wood he was wrong. John, Martin and I took a step back, Gerry just about survived. With this knowledge, he joined the Lansdowne J4's (Killer B's) mission to bring junior club rugby to every far-flung country in Europe.

A visit to the Czech Republic was undertaken in May 2002. A group of players hungry for a win (and thirsty to try the local ale) set forth to lands unknown. The games, facilities, accommodation, and entertainment were all arranged by the late Rory Lannon





# ENVIRONMENTAL WASTE TECHNOLOGIES LTD.

Unit W10E Toughers Business Park, Naas, Co. Kildare  
[info@ewt.ie](mailto:info@ewt.ie)

**Proud Supporters of Lansdowne FC**

Specialists in;

- **Removal & Disposal of Asbestos Materials**
- **Asbestos Surveying**
- **Lead Paint Removal**
- **Mould Removal**
- **Contaminated Soil Removal & Remediation**
- **Hazardous Waste**

Environmental Waste Technologies Ltd would like to wish all members a successful 2022 Summer Tour .

Check all of our services out on [www.ewt.ie](http://www.ewt.ie)





(May he Rest in Peace), accompanying the group, and guiding them on this adventure were two seasoned Alickadoos, Gerry Maloney and Frank Kenny. The main task bestowed upon them was to ensure that the standards that were set by the Lansdowne touring teams over the years were maintained. (Although debate continues regarding how high or low the bar was set in regard to these standards.)

The team were billeted in a town called Trutnov, in a hotel with all the trappings of communist type hospitality. Towering at 10 stories high with corridors that were endlessly long, dark and each floor identical. This would not normally cause a problem to people of a sober disposition, or experience in the scouts, but as we all know the Killer B's and their guides possessed neither of these things so navigating their way home could prove tricky. To further add to these hurdles, one of the said guides had a tendency to sleepwalk, and a proven record that these 'walkabouts' often

took place at inopportune times while also inebriated.

Early one morning as Frank awoke in the room, he shared with his fellow Alickadoo, Gerry lay sleeping, dreaming of past winning games (few of which he was part of), Frank set about showering and preparing himself for the buffet feast ahead of him. However, on leaving the bathroom, Frank discovered that Gerry was no longer in bed, or the balcony, or the room or even the long expansive corridor outside it. Worried he checked further afield, in the stairwell, the lift and importantly in the breakfast room, where he stopped to refuel, the search couldn't continue on an empty stomach! Yet there was still no sign of Gerry.

Circling back to their room, Frank was very relieved to discover sleeping beauty back in his bed tucked up as if he had never left. As Gerry was the keeper of the drinking kitty, under the guise of mapping out the day's





distribution of funds, Frank began stirring him for the day ahead. He then gently questioned Gerry as to where he had been. Gerry very matter-of-factly declared he had never left the room. Where and who he encountered on this sleepwalking daze remains one of the tour's mysteries.

The following day, the Killer B's went on to lose their game but let us not forget, records were still achieved on that trip...

The Killer B's maintained their record of having been beaten by every team they ever visited in Europe since Ireland became a member of the EU. And Gerry Maloney managed a disappearing and reappearing act that Houdini would marvel at!

On another trip to Wales, having landed at Holyhead, we drove to

Cardiff only to discover that Gerry had left his wallet, the drinking kitty and all our tickets in a McDonald's in Holyhead. So, we had to do a U-turn as we entered Cardiff and trek back to retrieve all the items. Gerry, yet again, managing a disappearing and reappearing act!

There is no better example of a true Lansdowne member, and he very much deserved the award of Ken Nuzum Legend's Award in our 150th season.

I am very proud to call Gerry my friend and as we all know he is the real LFC TID.





# DEADLOCK. DEAL. COMPLEXITY. CLARITY. OBSTACLE. OPPORTUNITY. THE DIFFERENCE IS IMAGINATION.

Addleshaw Goddard - The international law firm with more imagination and more impact. Our single-minded focus is to help you find the smartest way to achieve your ambitions in, to, or from Ireland, the UK, France, Germany or the other 100 countries around the world where we've helped our clients.

That's why we were named one of **Europe's top 5 most innovative law firms by the FT.**

**Get in touch:** Mark Walsh,  
Head of Ireland, [m.walsh@aglaw.com](mailto:m.walsh@aglaw.com)



 **ADDLESHAW  
GODDARD**

**MORE IMAGINATION MORE IMPACT**

[addleshawgoddard.com](http://addleshawgoddard.com)





# MINDING YOUR MENTAL HEALTH: **COST OF LIVING**

We are and have been facing extraordinary times for several years. Whilst the pandemic is dissipating from media attention, we are all now burdened with the uncertainty of future Global War, increasing environmental disasters, fears for our children's futures and an economic climate that is generating continual alarm. Individually, each of the above are enough to generate overwhelm, combined; they can instill hopelessness and fear.

Most recently, the "cost of living crisis" has dominated conversation, and there are few of us who have not been impacted by the changes to the Global economy. After accounting for inflation, household disposable income is expected to shrink by almost 6% between 2022 and 2024, whilst 2022 also saw the sharpest drop in household income on record. Whether you are worrying about the next electricity bill or rent and mortgage rises, there are practical ways to cope.

Each of us views the world through a lens; a lens through which our perceptions, not any objective reality, govern

our emotional response to stress and crisis. By changing our perception, we do not change the situation, but we can put things into a healthier perspective. When we become "stuck" in the belief that a situation is hopeless, we lose the ability to see beyond the issue at hand and can shroud ourselves in negative thoughts and catastrophic outcomes. Changing and gaining perspective can help clarify what our options are and may dissuade us from making rash decisions based on our initial narrow appraisal of the situation.

Master a "Hands On" approach to coping with the current economic climate by:

- ▶ Being kind and patient with yourself; if others appear to be managing "better", remind yourself that we only see what someone is willing to show us
- ▶ Placing boundaries on your exposure to news and being mindful of the sources you read; fact check
- ▶ Resisting temptations to ruminate, thinking about the





worst-case economy scenario will only serve to exacerbate feelings of overwhelm and anticipatory anxiety

- ▶ Controlling what you can
  - Maintain routines and structure within your financial means
- ▶ Engaging in self-care – Sleep, exercise and nutritious food are essential components for ensuring psychological well-being; the absence of any and especially all of these factors are evidenced to be considerably negatively impactful to our mental and physical health, especially when we are facing a life stressor

- ▶ Remove credit/debit cards from “tap” pay, and take out budgeted amounts of cash instead
- ▶ Submit electricity readings on time – estimates can be significantly higher than actual use
- ▶ Encourage your children to actively participate in family cost saving - Explain the difference between wants versus needs, and highlight that right now parents may simply be focusing on spending money on necessities

Making some small changes to your daily routine, can enhance your well-being. This is of particular importance during these uncertain times. If you feel like you may require further psychological support however, it is recommended that you seek professional support from a qualified psychologist.

On a more tangible level, engaging in practical cost saving measures may also ease some of the burden that is posed:

- ▶ Track spending and set budgets
- ▶ Prepare meals
- ▶ Unplug all standby appliances (anything with the “red” light)
- ▶ Appliances with remotes soak up energy when not in use; televisions, game consoles, printers, stereos etc. - Turn them off!
- ▶ Cancel all non-essential subscription sign ups
- ▶ Refrain from in-app purchasing

We at imagine health are here for you so please do not hesitate to reach out if you need anything at all!

**The Imagine Health Team.**





# **LANSDOWNE FC CODE OF CONDUCT**

For Players, Parents, Coaches, Spectators and Referees

## **1. Players**

- ▶ Play for enjoyment and become part of the rugby family.
- ▶ Respect the “Game of Rugby” and play within the Laws of the Game.
- ▶ Accept the decision of the referee or touch judge and let your captain or coach ask any relevant questions.
- ▶ Play with control. Do not lose your temper.
- ▶ Always do your best and be committed to the game, your team and your club.
- ▶ Be a “good sport”. Applaud all good play whether by your team or the opposition.
- ▶ Respect your opponent. Treat all players as you would like to be treated. Do not “bully” or take advantage of any player.
- ▶ Rugby is a team sport and make sure you co-operate with your coach; team mates and members of your club.
- ▶ Remember that the goals of the game are to have fun, improve your skills and feel good.
- ▶ At the end of the match thank your opponents, the referee and the touch judges for the match.
- ▶ Always remember that you owe a duty of care to your opponents. Tackle hard but fairly, do not intend to hurt your opponent.
- ▶ Winning and losing is part of sport: Win with humility - Lose with dignity.
- ▶ As part of the team it is important that you attend training regularly and listen to your coach and help your team.
- ▶ As a team sport it is important to understand that all members are important to the team!
- ▶ Remember you are representing your team, club, family and the Game of Rugby.





## 2. Parents

- ▶ Remember, young people play rugby for their enjoyment, not only yours.
- ▶ Encourage your child always to play by the Laws of the Game.
- ▶ Teach young children that honest endeavour is as important as winning, so that the result of each game is accepted without disappointment.
- ▶ Help young people to work towards skill improvement and good sportsmanship.
- ▶ Set a good example by applauding good play on both sides.
- ▶ Never ridicule, humiliate or shout at young players for making a mistake or losing a match.
- ▶ Do not place emphasis on winning at all costs.
- ▶ Do not force an unwilling child to participate in the playing of rugby. If the child is to play, he/she will do so in good time through your encouragement.
- ▶ Support all efforts to remove verbal and physical abuse from rugby.
- ▶ As a spectator do not use profane language or harass referees, touch judges, coaches or players.
- ▶ Do not publicly question the judgement of the referee or touch judges and never question their honesty.
- ▶ Recognise the value and importance of volunteer referees, touch judges and coaches.
- ▶ Identify and acknowledge the good qualities of the Game of Rugby and uphold these values.
- ▶ Remember you and your child's contribution to the Game of Rugby is very important to the IRFU and be proud of your contribution.
- ▶ Understand the value of team sport and the importance thereof.

## 3. Coaches (incl. Assistant Coaches, Team Managers, Medical personnel etc.)

- ▶ Remember that as a coach of an "Age Grade Team" you are to act in "loco parentis" and to that extent your duty of care is more onerous than that of a coach to an adult team.
- ▶ Lead by example - young people need a coach whom they respect.
- ▶ Be generous with your praise when it is deserved. Never ridicule or shout at players for making mistakes or losing a match.
- ▶ Teach your players that the Laws of the Game are mutual agreements which no one should evade or break.
- ▶ Prepare young players for inter-class, inter-school and inter-club activities.





- ▶ Be reasonable in your demands on the players' time, energy and enthusiasm.
- ▶ Ensure that all players participate in matches. The "average" players require and deserve equal time.
- ▶ Remember that young players play for fun and enjoyment and that skill learning and playing for fun have priority over highly structured competition. Winning is not the only objective.
- ▶ Develop player and team respect for the ability of opponents, as well as for the judgement of referees and opposing coaches.
- ▶ Insist on fair play and disciplined play. Do not tolerate foul play, fighting or foul language. Be prepared to take off an offending player.
- ▶ Encourage young players to develop basic skills and sportsmanship. Avoid over specialisation in positional play during their formative years.
- ▶ Set realistic goals for the team and individual players and do not push young players into adult-like competitions.
- ▶ Create a safe and enjoyable environment in which to train and play.
- ▶ Do not over burden younger players with too much information.
- ▶ Make a personal commitment to keep yourself informed on sound coaching principles and methods, and on the principles of growth and development of young people.
- ▶ Be aware of the effect you have on growing children.
- ▶ Never criticise the referee or touch judges during or after a match in front of players or spectators.
- ▶ Always thank the match officials and if they have made decisions which require clarification, discuss the problems after everyone has changed.
- ▶ In the event of a young player receiving a head injury ensure he/she is immediately substituted and does not return to the field for the rest of the day, unless approved in person by a doctor.
- ▶ Seek and follow the advice of a doctor in determining when an injured player is ready to play again.
- ▶ Ensure that proper equipment and facilities are available at all times.
- ▶ Be responsible and ensure you uphold the ethos of the game and the IRFU.
- ▶ Attend coaching courses.
- ▶ Support the Code of Ethics and all policies regarding Children in Sport.
- ▶ Ensure you and your players are proud of your team, club and efforts during the season.





## 4. Spectators

- ▶ Remember that although young people play organised rugby they are not “miniature internationals.”
- ▶ Be on your best behaviour and lead by example. Do not use profane language or harass referees, players or coaches.
- ▶ Applaud good play by the visiting team as well as your own.
- ▶ Show respect for your team’s opponents. Without them there would not be a match.
- ▶ Condemn the use of violence in all forms at every opportunity.
- ▶ Verbal abuse of players or referees cannot be accepted in any shape or form.
- ▶ Players, referees or touch judges are not fair targets for ignorant behaviour.
- ▶ Encourage young players to play by the Laws of the Game.
- ▶ Be proud of your club and the Game of Rugby.

## 5. Referees

- ▶ Respect the rights, dignity and worth of every child and treat everyone equally, regardless of gender, disability, ethnic origin, religion, etc.
- ▶ All referees must be a member of a Branch Referees Association.
- ▶ Act as a role model and promote the positive aspects of rugby and maintain the highest standard of personal conduct.
- ▶ Be responsible for monitoring the boundaries between a working relationship and friendship with
- ▶ Avoid being alone with underage players.
- ▶ Never deal with injuries unless qualified to do so.
- ▶ Encourage coaches/parents to act responsibly and to be responsible for the behaviour and performance of players.
- ▶ Ensure that safety is paramount in all games. In the event of a young player receiving a head injury ensure he/she is immediately substituted and does not return to the field for the rest of the day, unless approved in person by a doctor. Use your powers under Law 3.9 if necessary.
- ▶ Follow agreed protocols regarding shower arrangements after matches.
- ▶ Agree appropriate times for entry to changing rooms to deal with match preparation and ensure members of the team management are present.
- ▶ Be punctual, prepared and well presented.
- ▶ Ensure players and officials comply with the Laws of the Game.
- ▶ Never criticise individual players and/or coaches or parents.
- ▶ Adhere to all rules and procedures as agreed by the Branch Referees Association.





# **LANSDOWNE FC SAFETY STATEMENT SUMMARY**

## **Policy**

The Management Committee of Lansdowne Football Club (LFC) is committed to compliance with the Safety, Health and Welfare at Work (General Application) Regulations 2007 to 2012, and any amendments thereof, and in doing so will provide for all its members, employees and visitors an environment that is as safe and healthy as is reasonably practicable and will comply with all relevant statutory requirements.

LFC will provide a safe system of operation through the provision of appropriate information, instruction, training and supervision. The co-operation of every member and employee is expected and all members and employees are reminded that statutory obligations are minimum standard for which they are responsible.

## **Scope**

The provisions of this statement will apply to all LFC members, employees, visitors and outside agencies such as Contractors, ESB, etc. and to any agency that may from time to time have to affect deliveries or "to service equipment which is located on the premises.

## **Responsibilities**

The Management Committee, Officers of the Club, Coaches, Members and employees have a range of responsibilities which are set out in detail in the full Safety Statement.

The Chief Executive, Michael Diskin is the designated Health & Safety Officer. Everyone, being primarily responsible for their own safety, should act accordingly and not do anything that places either themselves or others, or the Club premises or Club equipment in a hazardous or risky situation. If anyone comes across a situation which they think is, or has the potential to be, a hazardous or risky situation they are obliged to immediately bring it to the attention of the Health & Safety Officer, or any Committee or staff member in his absence. N.B. Parents – your children should never be in the Gym, on the balcony, or in the Medical Room (except for treatment).






## Summary

LFC is fully committed to providing, in so far as is reasonably practicable, a safe and healthy environment for all persons using the Club and its facilities, but this can only be achieved with the co-operation of those persons in complying with the Club's Health and Safety requirements.”





*On his final journey, they took him  
past his favourite place.*

It's the little details that make a funeral service more personal. At Fanagans we take care of them all. That's one reason why, for 200 years, Dubliners have trusted us to deliver excellence in funeral care with empathy, compassion and dignity.

When your thoughts are with them,  
ours are with you.



**FANAGANS**

EXCELLENCE IN FUNERAL CARE

ESTABLISHED 1819

[fanagans.ie](http://fanagans.ie)

The Fanagan Group includes Carnegies, Kirwans and Nichols.  
Tel: 01 4167700

