

PORTFOLIO OF SPORT IN SOUTH AFRICA 2023






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IN SOUTH AFRICA
2023

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Publisher: SLG Media Pty Ltd
Project Manager: Sonja Gerber
Designer & Layout: Msingathi Nqwazi
Email: info@slgmedia.co.za
Website: www.slgmedia.co.za
Tel: 065 913 6925 | 082 7878 981



KAHLE

DEPARTMENT OF SPORT, ARTS AND CULTURE

The Department of Sport, Arts and Culture (DSAC) is mandated to provide leadership to the sport, arts and culture sector to accelerate its transformation; oversee the development and management of sport, arts and culture in South Africa; legislate on sports participation, sports infrastructure and safety; improve South Africa's international ranking in selected sports through a partnership with the **South African Sports Confederation and Olympic Committee (SASCOC)**; preserve, develop, protect and promote the cultural, heritage, linguistic diversity and legacy of South Africa; lead nation-building and social cohesion through social transformation; enhance archives and records management structures and systems; and promote access to information.



Over the medium term, the department planned to focus on creating job opportunities in the sport, and cultural and creative industries sectors; promoting a diverse and socially cohesive society with a common national identity; enabling a transformed, capable and professional sport, arts and culture sector; providing integrated and accessible sports, arts and culture infrastructure and information; and supporting youth development.

In addition to encouraging the development of young people through sport and enable them to showcase their skills at events such as the national school sport championship, the department planned to build new libraries, upgrade community libraries and produce library materials over the medium term.

Role players

Boxing South Africa (BSA)

The BSA administers professional boxing, recognises amateur boxing, creates synergy between professional and amateur boxing, and promotes interaction between associations of boxers, managers, promoters and trainers.

Netball South Africa (NSA)

The NSA is the peak governing body for the sport of netball in South Africa, which is responsible for overseeing the practice of the sport across the country. Additionally, the NSA is the managing body for the National Netball Team – the Spar Proteas. The NSA will host the Netball World Cup in Cape Town in 2023. This is a historic first for the sport in Africa.

Tennis South Africa (TSA)

The TSA is the national governing body for the sport of tennis in South Africa created to standardise rules and regulations and to promote and develop the growth of tennis in South Africa. The not-for-profit organisation invests its proceeds to promote and develop the growth of tennis, from the grass-roots to the professional levels, and to raise funds for and on behalf of tennis players and the game of tennis within South Africa. The TSA is affiliated to both the International.

GolfRSA

GolfRSA is the unified body of the South African Golf Association and Women's Golf South Africa, administering, operating and providing service to amateur golf in South Africa. GolfRSA's role is to look after the interests of more than 460 golf clubs and 139 000 men, women, boy and girl club members, produce champion golfers and provide the opportunity for everyone in South Africa to experience the game of golf.

South African Institute for Drug-Free Sport (SAIDS)

The SAIDS promotes participation in sport without the use of prohibited performance enhancing substances and methods, and educates sportspeople on fair play and the harmful effects of the use of prohibited performance enhancing substances and methods.

South African Sports Confederation and Olympic Committee

SASCOC is the national multi-coded sporting body responsible for the preparation, presentation and performance of teams to all multi-coded events, namely the Olympic Games, Paralympic Games, Commonwealth Games, World Games, All Africa Games, Olympic Youth Games, Commonwealth Youth Games and Zone VI Games. It also looks after the various national federations affiliated to it, together with the various provincial sports councils. SASCOC is responsible for the awarding for National Protea Colours to athletes/officials who have met the criteria to represent South Africa in different sporting codes and arenas. South Africa is also represented on the Association of National Olympic Committees of Africa and on the Confederation of Southern African National Olympic Committees.

World Anti-Doping Agency (WADA)

The WADA was established in 1999 as an international independent agency composed and funded equally by the sport movement and governments of the world. Its key activities include scientific research, education, development of antidoping capacities and monitoring of the World Anti-Doping Code – the document harmonising anti-doping policies in all sports and all countries.

Athletics South Africa (ASA)

ASA, which reports to the SASCOC, is the national governing body for the sport of athletics in South Africa that is recognised by World Athletics and is also a member of Confederation of African Athletics.

MAJOR EVENTS

Big Walk

The Big Walk is staged on the first Sunday of October to encourage participation in physical activity. The annual Big Walk takes place in October. It is aligned with The Association for International Sport for All World Walking Day, which encourages and lobbies countries to walk by creating advocacy and awareness during October.

Annual National Recreation Day

Although not a public holiday, the day provides an opportunity to all South Africans to be actively involved by participating in recreation activities that will improve their health and wellbeing.

National Indigenous Games

The National Indigenous Games festival forms part of South Africa's annual heritage celebrations and brings people from culturally diverse backgrounds together. The popularity of the festival in recent years has contributed to an increase in the number of active participants in sport and recreation events. The games played included khokho, intonga, ncuva, morabaraba, diketo, drie stokkies, kgati, dibeke and juskei, all of which are indigenous to South Africa.

MAJOR SPORTING ACTIVITIES

Sporting codes

Major sporting codes in South Africa include: Athletics; Biking; Mountain Biking; Cycling; Boxing; Cricket; Canoeing; Rowing; Golf; Hockey; Ice Hockey; Motorsport; Flying; Netball; Rugby; Running (including South Africa's two worldrenowned ultra-marathons – the Comrades Marathon in KwaZulu-Natal and the Two Oceans Marathon in the Western Cape); Soccer; Surfing; Sailing; Swimming; Tennis and Chess.

Services rendered by the DSAC

Some of the services rendered by the department include the:

- National Archives, which makes archival material available to the public. Although actual access to archival documentation is free of charge, the public is charged for the reproduction of material for further use, either on film or paper. Publications are also sold, and the public is charged for the transfer of data by magnetic means.
- Video and Sound Archives which collects, preserves and provides access to audiovisual records created both by government and private bodies or individuals.
- Bureau for Heraldry, which registers the heraldic representations, names, special names and uniforms of individuals, associations and institutions. It also renders advice on heraldic and related matters and provides financial assistance to institutions, boards, committees or other public bodies or persons in order to promote the functional objectives of the Bureau of Heraldry.
- National Language Service, which provides a translating and editing service to all government departments. It also provides policy development support relating to official language development, particularly related to the Use of Official Languages Act of 2012.

PROMOTING AND PRESERVING HERITAGE INFRASTRUCTURE

The department's infrastructure development initiatives aim to achieve redress for South Africa's historical imbalances and contribute to social transformation by establishing and maintaining world-class heritage sites to boost tourism and create job opportunities, particularly in historically disadvantaged areas.

Community library services

In addition to building and upgrading libraries, the department, in collaboration with the **Department of Basic Education (DBE)**, the DSAC also plans to build 70 dual library service points to support school curricula and enhance learning outcomes. Cultural and creative industries

The Mzansi Golden Economy (MGE) seeks to create economic and job opportunities in the arts, culture and heritage sector by supporting programmes designed to develop audiences, stimulate demand, increase market access, and develop skills.

CULTURAL DEVELOPMENT

National Art Bank of South Africa (NABSA)

The NABSA(link is external) is a national programme of the then DAC, as part of the MGE Strategy implementation. The vision of the NABSA is to promote, foster and stimulate a vibrant market for the collection of South African contemporary visual art. It is tasked with purchasing artworks from South African artists, particularly that of emerging artists in order to lease and sell the artworks to South African Government departments, private companies and private individuals.

Young Patriots Programme

The Young Patriots Programme was launched in 2016 to encourage young people to participate actively in building the capacity of the arts, culture and heritage sector, and gain meaningful skills through service delivery improvement and moral regeneration initiatives, and the youth social cohesion advocates programme.

National heritage

As part of efforts in recognising the work of South Africa's Living Human Treasures, the department has produced two books on women artists who have made a unique contribution to the living heritage. The first two books are about Noria Mabasa, a world-renowned (ceramic and wood) sculptor from Tshino Village in the Vuwani area in Limpopo and Esther Mahlangu, world-famous for her largescale paintings referencing her Ndebele heritage.

Languages

South Africa is a multilingual country. The Constitution of the Republic of South of 1996 guarantees equal status to 11 official languages to cater for its diverse people and their cultures. These are: English, isiNdebele, isiXhosa, isiZulu, Afrikaans, Sepedi, Sesotho, Setswana, Siswati, Tshivenda and Xitsonga.

Other languages used in South Africa include the Khoi, Nama and San languages, Sign Language, Arabic, German, Greek, Gujarati, Hebrew, Hindi, French, Portuguese, Sanskrit, Tamil, Shona, Telegu and Urdu. South Africa has various structures and institutions that support the preservation and development of languages.

ARTS AND CULTURE ORGANISATIONS

Some of the organisations which are playing an active role in upholding the mandate of the DSAC include the following:

- The National Heritage Council engages heritage stakeholders in public and private institutions, including the various organs of civil society, mobilises debates and builds awareness about heritage.
- The South African Heritage Resources Agency is the national administrative management body for the protection of South Africa's cultural heritage.
- The National Arts Council of South Africa (NAC) facilitates opportunities for people to practice and appreciate the arts.
- The National Film and Video Foundation develops and promotes the film and video industry in South Africa.
- The Pan South African Language Board is a constitutional institution that promotes an awareness of multilingualism as a national resource and supports previously marginalised languages.
- The South African Geographical Names Council is an advisory body that facilitates name changes by consulting with communities to advise the Minister of Arts and Culture.
- Arts institutions include the State Theatre in Pretoria, Playhouse Company in Durban, Artscape in Cape Town, Market Theatre in Johannesburg, Performing Arts Centre of the Free State in Bloemfontein and the Windybrow Theatre in Johannesburg.
- Heritage institutions include Die Afrikaanse Taalmuseum en monument, Paarl; Ditsong Museums of South Africa, Pretoria; Iziko Museums, Cape Town; KwaZulu-Natal Museum, Pietermaritzburg; National Museum, Bloemfontein; National English Literary Museum, Grahamstown; Robben Island Museum, Cape Town; Voortrekker Museum, Pietermaritzburg; War Museum of the Boer Republics, Bloemfontein; William Humphreys Art Gallery, Kimberley; Luthuli Museum, Stanger; Nelson Mandela Museum, Mthatha; Freedom Park and the Engelenburg House Art Collection.

FESTIVALS

Some of the different arts and cultural festivals in South Africa include the following:

- The Aardklop National Arts Festival is held annually in October in Potchefstroom, North West. Although it is inherently Afrikaans, it is universal in character.
- Arts Alive International Festival in Newtown in Johannesburg provides the best in homegrown and overseas entertainment in September.
- The Cape Town International Jazz Festival features international and African artists. It also features photographic and art exhibitions.
- The Grahamstown National Arts Festival at the end of July is the biggest annual celebration of the arts on the African continent and consists of drama, dance, theatre, comedy, opera, music, jazz, visual art exhibitions, film, lectures, a craft fair and workshops, as well as a children's arts festival.
- The Kirkwood Wildlife Festival attracts visitors to see the game animal auction, agricultural exhibitions.
- The Dance Umbrella is a festival of contemporary choreography and dance, presenting work ranging from community-based dance troupes to international companies. The Dance Umbrella has established itself as the main "stepping stone" for many South African choreographers who now work internationally.
- The Klein Karoo Nasionale Kunstefees, a vibrant festival for the performing arts, is held annually in Oudtshoorn and presentations include drama, cabaret, and contemporary and classical music.
- The Moretele Park Tribute Concert is an annual festival which is held at Moretele Park in Mamelodi, Pretoria.
- The Cape Town Minstrel Festival sees the minstrels taking over the streets of Cape Town (Mother City) annually on 2 January for a parade that dates back to the mid-19th century. Minstrels in troupes parade throughout the city centre in their colourful garb.
- The Mangaung African Cultural Festival in Bloemfontein is one of the biggest cultural tourism events in southern Africa. This 10-day festival in October showcases the cream of African and international talent.
- The National Arts Festival, held annually in July in Grahamstown in the Eastern Cape, is one of the largest and most diverse arts gatherings in Africa.
- The Splashy Fen Music Festival near Underberg in KwaZulu-Natal offers a variety of mainstream and alternative rock and pop music.
- Standard Bank Joy of Jazz is Johannesburg's biggest annual jazz festival, with local and international artists performing at different venues across the city.
- Up the Creek is a popular music festival held in February on the banks of the Breede River near Swellendam in the Western Cape.
- The White Mountain Folk Festival in the Central Drakensberg mountain range offers great music in an awesome setting for three days in September. It features acoustic performances by some of South Africa's top folk musicians.
- 503 Music Festival takes place twice a year in KwaMashu, KwaZulu-Natal. It is all about celebrating and thanking icons who were born and raised in the area, also bringing other national icons to the township. Other festivals that attract both national and international visitors are: Innibos in Nelspruit, Mpumalanga; Taung Cultural Calabash in North West; the Awesome Africa Music Festival in Durban, KwaZulu-Natal; the Windybrow Theatre Festival in Johannesburg; Hilton Arts Festival in KwaZulu-Natal, and the One City Many Cultures in Cape Town, Western Cape.

Cultural tourism

Cultural festivals, African-cuisine projects, cultural villages, heritage routes and storytelling are areas that benefit from South Africa's booming tourism industry. Many cultural villages have been established throughout South Africa to reflect the different cultures and traditions of the country's people.

Theatre

There are over 100 active venues across the country offering everything from indigenous drama, music, dance, cabaret and satire to classical opera and ballet.

Performing arts

Performing arts institutions are schedule 3A public entities established in terms of the Cultural Institutions Act of 1998. They are mandated to advance, promote and preserve the performing arts in South Africa; enhance the contribution of arts and culture to the economy; and create job opportunities and initiatives that further nation-building.

The following arts institutions receive annual transfers from the DSAC:

Artscape (Cape Town); The Playhouse Company (Durban); The Market Theatre (Johannesburg); Performing Arts Centre of the Free State (Bloemfontein); and the South African State Theatre, (Pretoria).

Music

Music is one of the key cultural industries identified in the Cultural Industrial Growth Strategy Report and government has committed itself to harnessing its potential.

In addition to its cultural value, music plays an important economic role in the country, generating significant copyright revenue. In this industry, the department has solid foundations on which to build.

These include the annual South African Music Week, the in-school education programme run in conjunction with the DBE, and the Moshito Music Conference and Exhibition.

The Taking South African Music to the World Programme is aimed at improving export opportunities for South African music. Government funds a number of musical ensembles directly and indirectly, through the NAC. South Africa is the 25th largest market for recorded music, with the industry employing more than 20 000 people. Local music accounts for a third of all the music bought by South Africans.

Township jazz and blues, especially the kwêla music of the 40s and 50s, are being redefined; the country also has a rich choral tradition, and pop and rock musicians have made their mark internationally. Even techno-rave and house music have found their own variations in local culture.

Dance

Dancing is part of the African way of life and has become a prime means of artistic expression, with dance companies expanding and exploring new territory.

Contemporary work ranges from normal preconceptions of movement and performance art or performance theatre to the completely unconventional. Added to this is the African experience, which includes traditional dance inspired by wedding ceremonies, battles, rituals and the trifles of everyday life. An informal but highly versatile performance venue in Johannesburg, The Dance Factory, provides a permanent platform for a variety of dance and movement groups. The University of the Witwatersrand (Wits) Theatre is another popular dance venue.

Visual arts

South Africa has a rich variety of visual art, with influences ranging from prehistoric, ancient and indigenous art to western, Asian and contemporary art.

Art galleries, ranging from small privately owned commercial galleries, to major regional galleries such as the South African National Gallery in Cape Town, the Durban Art Gallery in KwaZulu-Natal, the Johannesburg Art Gallery in Gauteng and King George VI Gallery in Gqeberha in the Eastern Cape, showcase collections of indigenous, historical and contemporary works.

Rock art

There are many traces of ancient cultures that existed in southern Africa in the distant past. Experts estimate that there are 250 000 rock-art sites south of the Zambezi. The San people left a priceless and unique collection of Stone Age paintings and engravings in the region, which also represents the largest collection of its kind in the world.

Photography

With its scenic beauty, abundant wildlife, diversity of cultures and rich historical heritage, South Africa is a photographer's paradise. Many South African photographers have been acclaimed for their work, which features in coffee-table books, documentaries, local and overseas exhibitions, magazines and newspapers.

Architecture

South Africa has a rich architectural heritage, reflecting contributions from all the cultural groups in the country. Through the centuries, a unique trend has developed in South Africa's architectural style, which has been referred to as an innovative marriage of traditions.

This is evident in the variety of architectural structures found all over the country, ranging from humble dwellings, historical homesteads and public buildings, to modern, commercial buildings reflecting state-of-the-art technology and designs that match the best in the world.

Crafts

South African beadwork, once the insignia of tribal royalty alone, has found a huge range of applications, from the creation of coverings for everything from bottles to matchboxes.

With workplaces ranging from the pavements and markets of the big cities to dwellings in deep rural areas, South Africans produce a remarkable range of arts and crafts, including various forms of traditional artwork and innovative new products.

These range from jewellery, tableware, home decorations, embroidery and key rings to skilfully crafted wooden engravings and wirework sculptures. In addition to the standard materials such as beads, grass, leather, fabric and clay, many other mediums are also used, including telephone wire, plastic bags, empty cans, bottle tops and even food tin labels, to create brightly coloured paper mâché bowls. Shops, markets and collectors dealing in African crafts provide much-needed employment and income to communities.

Literature

South Africa has a rich and diverse literary history, and the local literature sector has become globally competitive and the country's writers continue to command respect throughout the world. South Africa commemorates the annual National Book Week (NBW) in September. It is an initiative of the South African Book Development Council, in collaboration with the DSAC. The NBW is an important initiative in encouraging the nation to value reading as a fun and pleasurable activity and to showcase how reading can easily be incorporated into one's daily lifestyle. The commemoration coincides with International Literacy Day on 8 September. The NBW was celebrated from 6 to 12 September 2021.

Film

The South African Government recognises the significant role played by the film sector in nation-building, promoting social cohesion, reconciliation and supporting economic growth and job creation. Government offers a package of incentives to promote its film production industry. The Foreign Film and Television Production incentive aims to attract foreign-based film productions to shoot on location in South Africa, and the South African Film and Television Production and Co-production Incentive aims to assist local film producers in producing local content. The South African Emerging Black Filmmakers incentive, a subprogramme of the South African Film and Television Production and Co-production Incentive, which aims to assist local emerging black filmmakers to nurture and grow them to take up big productions and thus contribute towards employment creation.

The three largest film distributors in South Africa are Ster-Kinekor, United International Pictures and Nu-Metro. Ster-Kinekor has a specialised art circuit, called Cinema Nouveau, with theatres in Johannesburg, Cape Town, Durban and Pretoria. Film festivals include the Durban International Film Festival; the North West Film Festival; the Apollo Film Festival in Victoria West; the Three Continents Film Festival (specialising in African, South American and Asian films); the Soweto Film Festival; and the Encounters Documentary Festival, which alternates between Cape Town and Johannesburg.

Museums

South Africa has more than 300 museums ranging from museums of geology, history, the biological sciences and the arts, to mining, agriculture, forestry and many other disciplines. The Nelson Mandela Museum in Soweto, Johannesburg had signed a partnership with Google to launch the Google Expedition that would provide a virtual tour of the museum.

National Library of South Africa (NLSA)

The NLSA (link is external) was established in terms of the NLSA Act of 1998, which requires it to contribute to socio-economic, cultural, educational, scientific and innovative development by collating, recording, preserving and making available the national documentary heritage, and to promote awareness and appreciation of the national documentary heritage.

It provides services to community libraries. These include, in partnership with provincial library services, ICT support; training in preservation and resource development; and marketing and exhibition services. Over the period ahead, the National Library of South Africa plans to catalogue 129 000 items and conserve 57 000 books.

South African Library for the Blind (SALB)

The SALB was established in terms of the South African Library for the Blind Act of 1998, and is mandated to provide a national library and information service to blind and print-handicapped readers in South Africa. The SALB receives an operational subsidy from the DSAC.

Over the medium term, the library was expected to maintain its objective of reviving and strengthening services to blind and print-handicapped readers. It plans to produce reading material in audio and Braille formats, and set standards for the production of such documents; research production methods and technology in the appropriate fields; and procure and distribute reading equipment for new members.

Blind SA, located in Johannesburg, provides services for blind and partially sighted individuals to uplift and empower them by publishing books, magazines and other documents in Braille. It equips blind people with the skills they need to fully and independently participate in society. This includes support in living without assistance, getting about, using technology, reading and working



Contact Details

Tel: 012 441 3000 | Email: info@dac.gov.za

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BOXING SOUTH AFRICA

Boxing SA is determined to be a leading sports code in South Africa and a world class boxing authority!

Subject to that, we strive to be Professional, Accountable, Diverse, and to exercise leadership for the good of the sport.

In and outside the ring, boxing has produced some of Mzansi's finest sport genius, history rewriters, stalwarts and legends. Through their journey we seek to inspire the next generation

PROFESSIONAL

Established in 2001, we expend our duties expertly, exercising our mandate authoritatively coupled with transparency and openness.

ACCOUNTABLE

Our accountability affords us to be entrusted

with a rich boxing heritage which we honour by preserving the integrity of the sport.

LEADERSHIP

Our leadership enables the necessary collaboration amongst stakeholders for the success of the sport code by encouraging collective responsibility.

DIVERSITY

We provide equal opportunity for all to excel in the game without regard for cultural, linguistic, religious, social, economic and/or other status.

BSA VISION

Our vision is to be a leading sport code in South Africa and a world class boxing authority. The vision of Boxing South Africa (BSA) represents its futurist, long term and idealistic state. This vision is aimed at rallying and inspiring the entire boxing community of South Africa to make every effort in taking boxing to new heights.

BSA MISSION

To regulate the administration of professional boxing in South Africa by focusing on licensing of boxing practitioners across various categories, sanctioning of quality tournaments, rating boxers, training of licensees and promoting the sport of boxing in the country.

BSA VALUES

Our values will guide the actions and behaviours of all at BSA, the licensees and all other stakeholders in the broader boxing fraternity. At the core of our values is the belief and the reality that boxing starts and ends with a boxer and hence our values are boxer centric.

Accordingly, BSA will promote and champion these values to ensure the promotion and advancement of boxing nationally and that the sport is restored to its previous glory and receives the respect of practitioners and the public alike. Our values are encapsulated in the figure below.

Boxing South Africa commits itself to promote Women In Boxing in all respects through recruiting more women to join the sport of Boxing in all categories in a quest to achieve Renewal, Growth and Transformation. For a very long time Boxing has been a male dominated sport but in 2016 that narrative has changed as BSA deliberately established a committee to solemnly look at women issues in boxing.

We have seen an upward trend in terms of women licensees even though the numbers are still not adequate for us to celebrate as yet, but there are women that are making strides in the sport of boxing. As part of the achievements by women this year and boxer in the name of Smangele "Smash" Hadebe has been recently crowned as the ABU Flyweight Champion in February.



Contact Details

Tel: +27 (12) 765 9600 | Email: mail@boxingsa.co.za

 www.boxingsa.co.za



SMANGELE "SMASH" HADEBE

Age: **20** Born: **28 December 1993** | Limpopo, South Africa

Sport:
Boxing
Division:
Fly Weight

Debut:
02 DEC 2016

Pro Boxing record:
12 Wins
3 Losses
2 Draws

Trainer:
Anton Nel

**African
Boxing Union
flyweight
titleholder.**

"I dedicate my fights to women and children who were abused and could not speak for themselves," Hadebe said ahead of her 10-rounder, and her 17th professional fight. "My fights are about telling them that they can fight what they went through, and also know that they are not alone. We need to be the change we wish to see in others."

Violence against women and children is an epidemic in South Africa, with recent studies estimating that nearly half of all children in the country have either been abused or been exposed to domestic violence. "I'm the voice of the voiceless.

A lot of children in South Africa are going through child abuse but have nobody to assist them, they're suffering in silence. "I want children to know they can get help when abused and should not remain silent. That's why I'll have a hotline number on my boxing clothes in my fight so that people know where they can report child abuse."

Boxing helped me with mental health in the aftermath of my trauma: "My childhood trauma was the main reason I started boxing. Boxing was like an anti-depressant for me."

The SA flyweight title holder comes into this bout on a five-fight winning streak, with her last victory an unanimous decision win over Thema Zuma in September last year, and she is confident of the run continuing.

"You can't teach heart and I am full of heart," continued Hadebe. "I won't be pushed around by the fears in my mind. I am ready for a big battles.

"If you are going through hell you have to keep going, and I'm prepared for anything."

PRO BOXING CAREER

Date	Opponent	w-l-d	Location	Result
2022-02-24	Halima Vunjabei	10 7 1	Cambridge Commercial Park, Johannesburg	WIN - UD
Vacant African Boxing Union Female Fly Title				
2021-09-18	Thema Zuma	5 5 0	Parkview Centre, Pretoria	WIN - UD
2021-08-15	Thema Zuma	5 4 0	Booyens Boxing Club, Johannesburg	WIN - UD
Vacant South African Female Fly Title				
2021-03-20	Melissa Miller	5 9 3	Graceland Hotel Casino, Secunda	WIN - UD
2019-10-20	Thema Zuma	5 3 0	Time Square, Menlyn, Pretoria	WIN - TKO
2019-06-30	Siphosethu Nxazonke	4 7 0	Community Hall, Kwa Thema, Springs	WIN - PTS
2019-02-19	Sofia Abraamyan	2 1 0	Korston Club, Moscow	LOSS - UD
2018-12-15	Nozwelethu Mathontsi	9 0 0	Msobomvu Hall, Butterworth	WIN - TKO
2018-06-30	Ellen Simwaka	6 3 2	Turfontein Race Course, Johannesburg	LOSS - TKO
Vacant World Boxing Federation International Female Bantam Title				
2018-05-25	Ellen Simwaka	6 3 1	Portuguese Hall, Johannesburg	DRAW - MD
2018-02-23	Gabisile Tshabalala	10 2 1	Emerald Casino, Vanderbijlpark	WIN - SD
2017-09-08	Ellen Simwaka	6 1 0	Memorial Centre, Kagiso	WIN - PTS
2017-08-25	Nathaline Bania	5 6 1	Memorial Centre, Kagiso	WIN - KO

CRICKET SOUTH AFRICA

Cricket South Africa (CSA), an affiliate of the South African Sports Confederation and Olympic Committee (SASCOC) and a full member of the International Cricket Council (ICC), is the national governing body for the sport of cricket in South Africa and administers all aspects of South African cricket, men and women, both in the professional and amateur spheres. It initially operated under the name of the **United Cricket Board of South Africa (UCB)** which came into being on 29 June 1991, following the completion of the unity process between the **South African Cricket Union (SACU)** and the **South African Cricket Board (SACB)**. CSA was formed in 2002.

And ran parallel to UCB, with the UCB responsible for the administration of amateur cricket and CSA responsible for professional cricket, the UCB was amalgamated into CSA in 2008. CSA is conducted on a non-profit basis with the intent and purpose that its capital and income, from whatever sources, shall be applied solely towards the promotion of its objective and the advancement of cricket in South Africa contributing towards the sustainability and growth of cricket in the regions of its respective Members.

DEVELOPMENT, YOUTH AND GRASS ROOTS

Cricket South Africa offers numerous programmes that cover all aspects of the development of the amateur and professional game, for both men and women. From school projects, to introduction of hard ball cricket, through the semi-professional and fully professional franchise system, and then the pinnacle of international cricket.

As the majority of South African schools do not have the necessary support infrastructure in place, CSA provides regional and district programmes, often via their Performance Centres. KFC Mini-Cricket is usually the first introduction to cricket that South African boys and girls enjoy. Starting at the ages of four to thirteen, more than 126,000 school children have participated in the programme, while the number of coaches and schools participating has increased to nearly 14,000 and 7,000 respectively.

National inter-provincial tournaments are played at under-13, under-15, under-17 and under-19 levels for boys, and at under-15 and under-19 levels for girls. Through the Talent Acceleration Programme, the best players can be identified, particularly disadvantaged cricketers, without any bias against their background or circumstance. Numerous initiatives are available that provide financial support for deprived young

cricketers, through the Sunfoil Education Trust (SET), the Momentum Bursary Trust, and the SASCOC Bursary Programme. From Youth to International progression, CSA nourishes talent through multiple Provincial and Regional Academies, as well as the National Academy and the High Performance Centre.

VISION

To make cricket a truly national sport of winners.

MISSION

To Create a **ONE TEAM** Culture.

OUR PILLARS

ACCESS

- Market relevance of cricket through growth in fan numbers
- Increase in player, support & technical staff & participation, with particular focus on Women

EXCELLENCE

- Competitive world-class (and domestic league) National Teams (Men, women, boys and girls)

OUR VALUES

- Honesty & Integrity
- Professionalism & Diligence
- Mutual Respect & Fairness



Contact Details

Tel: +27 11 880 2810 | Email: info@cricket.co.za



@CricketSouthAfrica



cricket_south_africa



@OfficialCSA



Cricket South Africa



<https://cricket.co.za>



TEMBA BAVUMA

ICC Rankings
Batting:

TEST/22 | ODI/60 | T20/53



Birth Date:

17 May 1990 (age: 31)

Batting:

Right-handed

Birth Place:

Langa, Cape Town, South Africa

Bowling:

Right-arm medium

Sport:

Cricket

Playing role:

Batsman

Height:

1.62 m (5 ft 4 in)

Team:

Imperial Lions

Weight:

65 kg (141 lbs)

Temba Bavuma (born 17 May 1990) is a South African cricketer who is currently the captain of the South African national team in limited overs (One Day International and Twenty20 International) cricket. He also vice-captains the South African national cricket team in Test cricket. He was the first black African cricketer to make a Test century for South Africa and the first to captain the side. Bavuma is only the second South African cricketer to score a century on ODI debut, scoring 113 runs against Ireland in September 2016. He is also South Africa's first permanently appointed black captain.

Brought up in the intense cricket culture of Langa, Bavuma, Thami Tsolekile and Malusi Siboto are all from the same street – Bavuma was educated at South African College Junior School in Newlands, and St David's Marist Inanda High School in Sandton.

Bavuma made his debut in 2008 in Gauteng against Eastern Province. Batting in the middle order, he made four runs in the first innings in which he batted, briefly partnering teammate Dane Vilas to his first-class best score. Bavuma made his franchise debut for the Lions in the 2010/11 season. In the Supersport Series, he made 242 runs in 4 matches at an average of 60.50 in this first season, including a 124* against the Knights, which earned him a man of the match. In his second Supersport season in 2011/12, he made 637 runs at an average of 53.08. This was enough for him to place 11th in the top run scorers.

In 2012/13, he was the 5th highest scorer in the now renamed Sunfoil Series, but at a poorer average of 31.58. In 2013/14, he again scored heavily making 714 runs at an average of 39.66, seeing him place 6th on the Sunfoil Series scorers list. For his franchise, he has an unusually high conversion rate of 50s to 100s, scoring six 100s and five 50s in Supersport & Sunfoil series cricket.

These performances have earned him five matches so far for the South Africa A cricket team. The first was in July 2012 against Sri Lanka A in Durban. He also played a match against Ireland in the A side's tour of the country in August of that year. He did not make a significant contribution in either of those two matches. His next appearances for the A side were in the series of matches played in South Africa between South Africa A and the Indian and Australian A sides. He faced Australia once, and India twice. His best performance was a 65 in the second match of an innings defeat against the Indians. He was included in the Gauteng squad for the 2015 Africa T20 Cup. In May 2017, Bavuma announced that he was switching franchises to join Cape Cobras ahead of the 2017–18 season. In April 2021, he was named in Gauteng's squad, ahead of the 2021–22 cricket season in South Africa.

In March 2021, Bavuma was named as the captain of South Africa's limited over side, taking over the captaincy from Quinton de Kock. With the appointment of him as South Africa's permanent captain, he became the first ever black African player to be appointed as the permanent captain of South Africa's side. On 24 July 2021, against Ireland in the third T20I, Bavuma scored his maiden T20I half-century, scoring 72 off 51 deliveries before being dismissed by Barry McCarthy. In September 2021, Bavuma was named as the captain of South Africa's squad for the 2021 ICC Men's T20 World Cup.

CAREER STATISTICS

Competition	Test	ODI	T20I	FC
Matches	51	19	21	160
Runs scored	2,612	722	501	8,796
Batting average	34.36	45.12	27.83	37.11
100s/50s	1/19	2/2	0/1	15/46
Top score	102*	113	72	180
Balls bowled	96	37	–	500
Catches/stumpings	26/–	16/–	9/–	91/–

INTERNATIONAL INFORMATION

National side	South Africa (2014–present)
Test debut (cap 320)	26 December 2014 v West Indies
ODI debut (cap 117)	25 September 2016 v Ireland
T20I debut (cap 83)	18 September 2019 v India
DOMESTIC TEAM	
Years	Team
2008/09–present	Imperial Lions
2017/18	Cape Cobras
2018	Durban Heat (squad no. 11)
2019	Northamptonshire (squad no. 9)
T20I debut (cap 83)	18 September 2019 v India



KESHAV MAHARAJ

ICC Rankings
Batting:

TEST/21 | ODI/31 | T20/55



Birth Date:	Birth Place:	Sport:	Height:	Weight:
7 February 1990 (Age: 32)	Durban, South Africa	Cricket	1.79 m (5 ft 10 in)	65 kg (143 lbs)
Batting:	Bowling:	Playing role:	Team:	
Right-handed	Slow Left arm Orthodox	Bowler	Dolphins	

A left-arm spinner from Northwood Boys High, the alma mater of Shaun Pollock, Keshav Maharaj emerged at a time when South Africa began to take spin seriously. For several seasons in the mid 2010s, spinners were among the leading wicket-takers in South Africa's first-class competition. Maharaj was among them in the 2014-15 and 2015-16 seasons and was rewarded with an international call-up the following summer.

In his youth, Maharaj was a pace bowler, whose father played for Natal B during segregation years. He turned to spin on a whim in the nets one afternoon at school. He found that it worked and stuck to it. Maharaj's secret was his accuracy. At the Dolphins, he was able to combine that with an ability to take wickets at key moments.

During the opening first-class match of the 2016-17 season, Maharaj picked up 13 for 157, and was then told he would be on South Africa's Test tour to Australia. Maharaj debuted at the WACA, an unusual place for a spinner, given the conditions, but did a remarkable job. In an innings in which he had to hold one end when Dale Steyn was injured, Maharaj bowled well enough to allow the other two seamers to be rotated at the other side. He took 3 for 56 in the first innings, four in the match, and scored an unbeaten 41 to show great promise for the future.

In October 2016, Maharaj was named in South Africa's squad for their series against Australia. He made his Test debut against the Australians on 3 November 2016 and was instrumental in the collapse of Australian batting in the first innings by picking up three crucial wickets. He was the first specialist spinner to make his Test debut at Perth.

On 10 March 2017, against New Zealand, Maharaj took his maiden five-wicket haul in Tests. This was only the seventh five-for by a South African spinner in Tests against New Zealand. In April 2017, Maharaj was named in South Africa's One Day International (ODI) squad for their series against England and the 2017 ICC Champions Trophy. He made his ODI debut for South Africa against England on 27 May 2017. In May 2017, Maharaj was named International Newcomer of the Year at Cricket South Africa's annual awards.[28] In October 2017, he took his 50th wicket in Tests, during the first Test against Bangladesh.

On 21 June 2021, Maharaj took South Africa's second ever Test hat-trick, and first since Geoff Griffin at Lord's in 1960, during the fourth day of the second Test match of South Africa's tour of the West Indies. In September 2021, Maharaj was named in South Africa's squad for the 2021 ICC Men's T20 World Cup despite being uncapped in T20Is. He made his T20I debut on 10 September 2021, for South Africa against Sri Lanka, as the team's captain, and took a wicket with his first ball in T20Is. He also helped South Africa win the series 3-0 after South Africa lost the ODI series to Sri Lanka 2-1.

CAREER STATISTICS

Competition	Test	ODI	T20I	FC
Matches	42	21	8	145
Runs scored	953	153	0	3,755
Batting average	15.88	17.00	0.00	20.63
Balls bowled	8,811	1,111	175	30,211
Wickets	150	25	6	555
Bowling average	30.67	35.36	28.33	27.13
Best bowling	9/129	3/25	2/24	9/129
Catches/stumpings	13/-	3/-	5/-	54/-

INTERNATIONAL INFORMATION

National side

South Africa (2016-present)	26 December 2014 v West Indies
Test debut (cap 327)	3 November 2016 v Australia
ODI debut (cap 120)	27 May 2017 v England
T20I debut (cap 94)	10 September 2021 v Sri Lanka

DOMESTIC TEAM

Years	Team
2006-present	KwaZulu-Natal
2009-present	Dolphins
2018	Lancashire
2018-present	Durban Heat
2019	Yorkshire



DEWALD BREVIS

Age: 18 **Born:** April 23, 2003
Johannesburg, Gauteng

During a tournament, Dewald scored a total of three fifties and 2-centuries, and because of this, he was awarded the Player of the Tournament.

Sport: Cricket

Team: Mumbai Indians

Height: 1.78m (5 ft 10in)

Weight: 60 kg (132.27 lb)

Batting: Right-handed

Bowling: Leg-break

Playing Role: Batsmen

Dewald Brevis (born 29 April 2003) is a South African cricketer. In April 2021, he was signed by Northerns ahead of the 2021–22 domestic cricket season in South Africa. He made his Twenty20 debut on 8 October 2021, for the South Africa Under-19s in the 2021–22 CSA Provincial T20 Knock-Out tournament. In November 2021, he was named in South Africa's team for the 2022 ICC Under-19 Cricket World Cup in the West Indies. During the tournament, he scored two centuries and three fifties, and was named the Player of the Tournament, after scoring 506 runs. In February 2022, Brevis was bought by the Mumbai Indians in the 2022 Indian Premier League auction. He is also known as 'Baby AB' for his playing resemblance to AB de Villiers.

Dewald Brevis is a South African player famous for his batting style which is mostly similar to the legendary cricketer AB de Villiers. Dewald started playing cricket in his backyard with his brother, Reinard Brevis. In absence of his brother, he played with his mother, Yolanda Brevis, who is self-employed.

Dewald completed his schooling and grasped the basics of cricket from Pretoria's Afrikaanse Hoor Seunskool (Affies). Brevis was first selected in Northerns for the forthcoming 2021–22 domestic cricket season in South Africa in April 2021. Subsequently, He debuted in Twenty-20 format on 8 October 2021 for the South Africa Under-19s in the 2021–22 CSA Provincial T20 Knock-Out tournament. Finally, He got the opportunity to play for South Africa Under-19 team in ICC Under-19 Cricket World Cup in 2022.

- The debut match of Dewald Brevis in List A career was S Africa U19 vs Easterns at Bloemfontein – October 08, 2021,
- The last match played by the South African cricketer was Boland vs Titans at Port Elizabeth
- Ahead of IPL 2022, Brevis was bought by the Mumbai Indians in February 2022 IPL Mega Auction at a price of INR 3 Crore.
- He made his Ipl debut against Kalkata knight Riders in IPL 2022.

Dewald Brevis made a world record of most runs in an Under-19 tournament or series. Brevis scored 506 runs in the 2022 ICC Under-19 Cricket World Cup and broke the previous record of Shikhar Dhawan of 505 runs in a single ICC Cricket Tournament. Brevis followed AB de Villiers as his idol in the game. He also got AB's jersey number (17) with his permission. He also stated in an interview that his favorite IPL team is RCB as his two favorite cricketers AB de Villiers and Virat Kohli played for the franchise. Dewald Brevis achieved quite well in the last few years. He made his debut in List A and represent South Africa at International level tournaments of the Under-19 age group. After an impressive performance in the ICC Under-19 World Cup 2022, He was awarded as the Player of the Tournament for his brilliant record-breaking 506 runs including Two centuries and three fifties. Also, Brevis was bought by the five-time champion team of IPL, Mumbai Indians in the IPL Auction 2022, held in February 2022.

CAREER STATISTICS

Competition	T20
Matches	13
Runs scored	324
Batting average	27.00
Top score	49
Balls bowled	123
Wickets	6
Bowling average	25.00
Best bowling	2/33

DOMESTIC TEAM

Years	Team
2021/22	Titans
2022	Mumbai Indians

CYCLING SOUTH AFRICA

CyclingSA is the national governing body of cycling in South Africa and is affiliated to the International Cycling Union (UCI), South African Sports Confederation and Olympic Committee (SASCOC). Though not limited to, it governs five disciplines, road cycling, mountain biking (MTB), track cycling, bicycle motocross (BMX), para-cycling,

it's National Championships and Teams. It has nine provincial affiliates with ten additional regional affiliations and makes provision for other associate members within cycling.



#GROWCYCLING | 2020 - 2024 STRATEGIC PLAN

CyclingSA's vision is to become a financially sustainable **non-profit sports organisation** and transform the way we develop to deliver the **performance of tomorrow's talent**. The mission is to achieve a more diverse organisation and being inclusive of all stakeholders as a **cornerstone of the federation's strategy**.

To give momentum to this overall strategy for 2020–2024, the current President, Ciska du Plessis – Austin, advocates for more **robust social support** from key role-players in the sport and it is designed to achieve that objective in addition to being more socially relevant whilst measuring success in **5 focus areas: partnerships, image, development, performance and governance**.

PARTNERSHIPS

Foster and maintain unified partnerships with Affiliates, Associates and Alliances

IMAGE

Build CyclingSA's image to become a recognised and respected brand in the national and international sports industry.

PERFORMANCE

To improve our global competitiveness by being athlete centric in our preparation with clear benchmarks, measurable intermediate goals and targets.

DEVELOPMENT

Introducing the sport to a wide base of participants and to create opportunities for talented riders to become competitive through the different levels.

GOVERNANCE

To ensure our code of conduct is above reproach, and that compliance, accountability, transparency and integrity are displayed at all times.

VISION

CyclingSA wants to build a strong, financially sustainable federation and a leading partner to stakeholders, inspiring a diverse nation from grass-root levels to ride bicycles, race and be a united community.

MISSION

- To be a rider centric cycling federation that offers value propositions to all member and is socially relevant.
- To lead and innovative in building capacity through strong alliances with all stakeholders.
- To reposition assets and initiatives to relevant markets and ensure the application of strong governance and financial austerity.

VALUES

- Integrity
- Accountability
- Transparency
- Innovation
- Diversity
- Collaboration



Contact Details

Email: info@cyclingsa.com

@CyclingSA

@Cycling_SA

www.cyclingsa.com

cycling_sa

Cycling South Africa



DARYL IMPEY

Birth Date:	Birth Place:	Sport:	Height:	Weight:
6 December 1984 (age 37)	Johannesburg, South Africa	Cycling	1.83 m (6 ft 0 in)	70 kg (154 lb)
Discipline	Role:	Rider type	Current team	
Road	Rider	All-rounder Super-domestique	Israel–Premier Tech	

Daryl Impey is a South African professional road cyclist, who currently rides for UCI WorldTeam Israel–Premier Tech. Impey is an all-rounder; he generally comes to the fore on tough uphill sprints. Impey is a two-time winner of the Tour Down Under, and the only rider to have won the race in consecutive years, winning in 2018, and 2019. He has won the South African National Road Race Championships twice, and is a nine-time winner of the South African National Time Trial Championships, including eight consecutive titles between 2013 and 2020. In 2013, Impey became the first South African rider to wear the yellow jersey at the Tour de France, doing so for two days; six years later, he won his first individual stage at the race, winning the ninth stage in Brioude.

After riding for the South African team Barloworld in 2008 and 2009, in 2010 Impey joined Team RadioShack. Impey had originally signed for 2011 with the Australian team called Pegasus, but was forced to seek employment elsewhere after that team failed to secure a UCI license. After riding for MTN–Qhubeka and Team NetApp in 2011, Impey joined GreenEDGE for the squad's inaugural season in 2012. He won a stage of the Tour of the Basque Country in April of that year, before making his Grand Tour debut at the Giro d'Italia in May. In 2013, he became the first South African ever to lead the Tour de France. He won the Tour of Alberta in 2014 by a single second thanks to his victory in the last stage, which gave him enough bonus seconds to overtake Tom Dumoulin. Impey confirmed his good form a couple of days later by taking the fourth place on the Grand Prix Cycliste de Québec. In 2015, Impey had to abandon the Tour de France after being involved in a massive crash on the third stage. He was named in the start list for the 2015 Vuelta a España.

In August 2020, it was announced that Impey was to join Israel Start-Up Nation from the 2021 season – alongside his former Barloworld teammate Chris Froome – on a two-year contract.

PROFESSIONAL TEAMS	
2008–2009	Barloworld
2010	Team RadioShack
2011	MTN–Qhubeka
2011	Team NetApp
2012–2020	GreenEDGE
2021–	Israel–Premier Tech

MAJOR WINS

2014 National Road Championships 1st Time trial 2nd Road race 1st Overall Tour of Alberta 1st Stage 5 4th Grand Prix Cycliste de Québec 7th Overall Bayern–Rundfahrt	3rd Team time trial, UCI Road World Championships 2017 1st Time trial, National Road Championships 1st 947 Cycle Challenge 1st Stage 6 Volta a Catalunya 2018 National Road Championships 1st Road race 1st Time trial 1st Overall Tour Down Under Critérium du Dauphiné 1st Points classification 1st Stage 1 3rd Cadel Evans Great Ocean Road Race 8th GP Industria & Artigianato di Larciano 10th Brabantse Pijl	2019 National Road Championships 1st Road race 1st Time trial 1st Overall Tour Down Under 1st Stage 4 1st Overall Czech Cycling Tour 1st Points classification 1st Stage 1 (TTT) 1st Stage 9 Tour de France 3rd Cadel Evans Great Ocean Road Race 2020 National Road Championships 1st Time trial 2nd Road race 3rd Cadel Evans Great Ocean Road Race 6th Overall Tour Down Under 2021 2nd La Drôme Classic
2015 National Road Championships 1st Time trial 2nd Road race 2nd Vuelta a La Rioja 3rd 947 Cycle Challenge 6th Overall Tour des Fjords 6th Classic Sud-Ardèche 7th Overall Tour Down Under 1st Sprints classification		
2016 1st Time trial, National Road Championships		

GYMNASTICS SOUTH AFRICA

Gymnastics South Africa is the governing body for gymnastics in the geographic bounds of South Africa.

Gymnastics SA Governs 9 gymnastics disciplines, namely:

Gymnastics SA is affiliated to the **International Gymnastics Federation (FIG)**, the **International Jump Rope Union (IJRU)** the **Africa Gymnastic Union (UAG)**, the **African Jump Rope Federation (AJRF)**, the **African Union Sports Council Region 5 Gymnastics Confederation (AUSCR5GC)** and the **South African Sports Confederation and Olympic Committee (SASCOC)**, and recognized by the **Department of Sport, Arts and Culture (DSAC)**.

The Vision of Gymnastics SA is to create, through participation in gymnastics, a society of accomplished, self-confident individuals who are able to impact their own world positively with the lessons they have learned. The federation is actively involved from grassroots development level to elite gymnastics level in all the 9 Provinces of South Africa, with the assistance of its provincial affiliates.

Gymnastics SA Governs 9 gymnastics disciplines, namely:

- **Acrobatic Gymnastics (ACRO)**
- **Aerobic Gymnastics (AER)**
- **Gym for All (GFA)**
- **Men's Artistic Gymnastics (MAG)**
- **Parkour (PARK)**
- **Rhythmic Gymnastics (RG)**
- **Rope Skipping (RS)**
- **Trampoline & Tumbling (TRA)**
- **Women's Artistic Gymnastics (WAG)**

The federation is actively involved from grassroots development level to elite gymnastics level in all the 9 Provinces of South Africa, with the assistance of its provincial affiliates.

The first gymnastics club in South Africa, the Port Elizabeth Gymnastics Club, was founded in 1876, although British soldiers practiced the sport spontaneously prior to this date in Cape Town. The formation of the Port Elizabeth Gymnastics Club was followed by the formation of the Cape Town Gymnastics Society in 1880 and the YMCA Gymnastics Society (also in

Cape Town) in 1884. Originally, gymnastics was practiced for the inherent physical and moral value with competition limited to internal club rivalry. The advent of organized sport, including gymnastics, gained momentum in the Kimberley region with the establishment of the Kimberley Gymnasium later in 1884 and also the Pirates Gymnastics Club in 1886. Here the first noticeable signs of competitive gymnastics in South Africa.

The first international exposure came by means of a Swiss national team competing in South Africa in 1947. South Africa competed in the Olympic Games from 1952 – 1960 and in the World Championships from 1954 – 1966. International participation after these dates ceased due to boycotts as a result of South Africa's racial policies, however membership of the FIG was never suspended.

South Africa re-entered the international area in 1991, competing for the first time in 25 years at the Artistic World Championships in Indianapolis, USA. After an absence of 44 years, South Africa once more competed at the 2004 Olympic Games in Athens.



Contact Details

Tel: 021 671 4818 | Email: info@sagf.co.za



@SAGymnastics



@SAGymnastics



@_sagymnastics



Gymnastics South Africa



www.gymnasticssa.co.za



CANDICE VAN ROOYEN



Birth Date:	Birth Place:	Sport:	Coached By:
2 March 1997 (age 25)	Port Elizabeth, South Africa	Gymnastics	Mandy Zooneynd and Lee Budler
Disciplines:	Club:		
Tumbling and Trampolining	Mandy's School of Tumbling and Trampolining (Port Elizabeth)		

Candice van Rooyen (born on the 2nd of March in 1997) was a South African Tumbling and Trampolining Gymnast. Candice was coached at Mandy's School of Tumbling and Trampolining in Port Elizabeth. Candice competed in all three disciplines in Tumbling and Trampolining.

She officially made the National team to represent South Africa internationally at the age of 12 in 2009 at the World Age Group Championships held in Russia, Saint Petersburg.

Candice attended the Indo's Pacific Championships in Japan where she placed 4th overall on Double-Mini Trampoline. In 2011, Candice attended the World Age Groups Championships in Birmingham where she placed 3rd overall for Double-Mini Trampoline.

She has also hauled many gold and silver medals at the Jannie Jansen international competition held in South Africa in Pretoria in 2012. Candice attended the Sofia cup in 2012 held in Bulgaria and placed 1st overall for Double-Mini Trampoline. She also represented South Africa in Bulgaria the following year (2013) attending the World Age Group Championships.

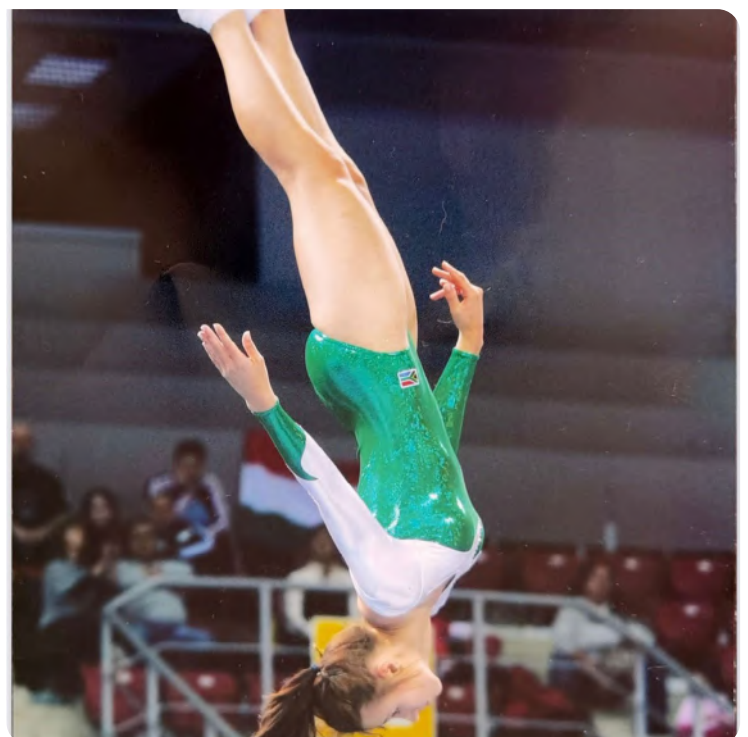
In 2014, Candice participated in the African Championships competition held in Namibia along with gymnasts from Algeria, Angola, Congo, Egypt, Namibia and Tunisia. Candice placed 1st overall for Double-Mini Trampoline. Candice also trialled for Youth Olympic Games in Namibia in 2014.

Candice went on to competing in the Indo's Pacific Championships held in South Africa where she placed 3rd overall for Double-Mini, 2nd overall with synchro partner Bianca Zooneynd for Synchro Trampolining, and received 2nd overall as the trampoline team for the event alongside Micheala Mentz, Christine Hansen, and Bianca Zoonkenyd.

Candice also achieved the the following awards for her participation in the support:

- Eastern Cape Gymnastics Achiever Special Award – 2014
- Eastern Cape Gymnastics International Participation (Double-Mini and Euro Trampolining) 2013
- Double-Mini Junior Victrix Lodurum – 2009
- Double-Mini Senior Victrix Lodorum – 2013
- International Participation – 2012
- Trampolining Junior Gymnast of The Year
- Trampolining Senior Gymnast of The Year – 2014

PERSONAL BESTS:	
3rd overall	World Age Group Championships (2011)
1st overall	Sofia Cup (2012)
MEDAL RECORD (ALL INTERNATIONAL COMPETITIONS):	
2011	Birmingham, UK – Double-Mini Trampoline
2012	Pretoria, South Africa – Jannie Jansen
2012	Sofia, Bulgaria – Double-Mini Trampoline
2014	Walvis Bay, Namibia – Double-Mini Trampoline
2014	Sun City, South Africa – Double-Mini Trampoline, Synchro, Trampoline





HISTORY OF SOUTH AFRICAN GOLF

South Africa has the weather, the courses and the players. The country has produced some of the best in the game, including multiple major winners Bobby Locke, Gary Player, Ernie Els and Retief Goosen, and a host of others that regularly challenge for titles around the world.

Golf was first played in South Africa in 1885 on Waterloo Green, Wynberg, near Cape Town. The first club to form was the **Cape Golf Club (now the Royal Cape Golf Club.)** In the USA, the game was only introduced in 1887. The first national championship was held in Kimberley in 1892, and the first Open Championship in Port Elizabeth in 1903. In 1910, the **South African Golf Union (S.A.G.U.)** was formed. The **South African Ladies Golf Union (S.A.L.G.U.)** was formed in 1914.

The first great boost for South African golf was in 1959, when the Commonwealth Golf Tournament took place at the Royal Johannesburg Club.

Bobby Locke got South African golf on the world map, won 13 tournaments, the British Open four times and won the South African Open at the tender age of 17.

In 1970, female golfer, Sally Little posted the best individual score at the World team Championship in Madrid.

Gary Player, a nine-time major winner, will forever be associated with two of the greatest players in the history of the game, Jack Nicklaus and Arnold Palmer. Together, those three took golf to another level, pulling millions of new fans to the game with their great battles down the years.

Ernie Els is undoubtedly one of the most popular golfers in the world. He is also one of the best. His apparently easy-going appearance has earned him the nickname "The Big Easy." Although Els says that perception is not quite right, he admits to feeling big pressure, just like everyone else. Ernie's big wins have come as the victor of the U.S. Open in 1994, 1997 and The Open Championship in 2002.

Retief Goosen is a quiet man—the only real noise he makes is by his achievements on the golf courses of the world. He has been a regular top 10 ranked player for some time and, like Els, he fares well wherever he plays. Goosen captured the US Open title in 2001 and 2004, he is also a two-time winner of the European Order of Merit. The man who stopped his three-peat was Ernie Els.

The Els-Goosen pair won the World Cup of Golf for South Africa in 2001, but more recently it was another South African pair that did the trick. Rory Sabbatini and Trevor Immelman won at Kiawah Island in 2003 to give the country two victories in the last three times the competition has been held.

Trevor Immelman seems to be battling with Ernie Els for top South African golfer with his 2008 Masters win.

A very healthy local tour has been established, known as the Sunshine Tour.

An event that stands out in the minds of many is the Nedbank Golf Challenge at Sun City. The first golf tournament to offer a first-place prize of \$2 million USD, it has since gone on to be a destination of choice for those among the world's top golfers invited to contest it towards the end of each year.

The country boasts fantastic courses in a wonderful variety of stunning settings, and the golf tourism industry is just starting to hot up.



TOP 10 GOLF COURSES IN SOUTH AFRICA



1

Fancourt (Links)

The Links course at Fancourt opened for play in November 2000 and it represents a unique and very tough South African golfing experience.

Average Reviewers Score:



2

Leopard Creek

Leopard Creek Country Club – the wild thing – is a course that's in-tune with nature. Set on the edge of the Kruger National Park it's a cocktail of golf and safari.

Average Reviewers Score:



3

Pearl Valley

Laid out within a 500-acre residential estate in the Cape Winelands, Pearl Valley is one of the most visually pleasing golf courses imaginable...

Average Reviewers Score:



4

St Francis Links

The course at St Francis Bay lies a little inland from the coast and it displays many links traits with fairways laid out on rugged, tumbling, sandy terrain...

Average Reviewers Score:



5

Fancourt Montagu

Located between the Outeniqua mountains to the north and the Indian Ocean to the south, all three of Fancourt's fabulous courses are accessible to hotel residents and Country Club members with their guests

Average Reviewers Score:



6

Glendower

Formed back in 1935, the Glendower Golf Club engaged the services of Harry Colt's associate, Charles Hugh Alison, to lay out an 18-hole parkland course in two loops of nine...

Average Reviewers Score:



7

Humewood

Greens at Humewood are firm and fast, requiring a sure putting touch – which was needed when the South African Open returned to this top class links in 2006.

Average Reviewers Score:



8

Arabella

Arabella Golf Club is set dramatically on the edge of Bot River Lagoon. This wetland is home to thousands of waterfowl, so keep your eyes peeled for the Blue Crane... this beautiful bird is even the Arabella club emblem.

Average Reviewers Score:



9

Blair Atholl

Measuring an incredible 8 300 yards from the back markers, Blair Atholl is one of the longest Golf courses in the world.

Average Reviewers Score:



10

Royal Johannesburg & Kensington

The East course at Royal Johannesburg and Kensington is famed for its fearsome start to the inward half, with back-to-back par fours over 500 yards in length at the 10th and 11th holes.

Average Reviewers Score:





PAULA RETO

LPGA Ranking: **153**



Birth Date:	Birth Place:	Sport:	Height:	Weight:	Turned Pro:
03 May 1990 (age 31)	Cape Town, South Africa	Golf	1.68 m (5 ft 6 in)	62 Kg. (136 lbs)	2013

Reto played field hockey and ran track in her youth and did not start playing golf until 2005. She played with the Purdue Boilermakers women's golf team between 2009 and 2012, and was a member of the 2010 NCAA National Championship team. She was a three-time First-Team All-Big Ten Conference selection (2011-2013), and a First-Team All American in 2013. She earned an individual third place finish at the 2013 NCAA Championships and was named the 2013 Mary Fossum Award winner for low stroke average in the Big Ten Conference.

Reto won the Dixie Amateur back to back in 2011 and 2012. In 2012 she reached the quarterfinals of the U.S. Women's Amateur Championship, eliminated by eventual champion and the world's top-ranked amateur, Lydia Ko.

Reto qualified for the LPGA Tour through Q-School on her first attempt in 2013 and turned professional. She tied for 13th place to earn full status for the 2014 season. She finished 77th on the 2014 official LPGA money list and was seventh in the Louise Suggs Rookie of the Year race. Reto recorded a solo third at the 2014 Yokohama Tire LPGA Classic. She had a three-shot lead in Prattville, Alabama after 36 holes and shared the lead after 54 holes.

In 2019 she was runner-up at the FireKeepers Casino Hotel Championship, two strokes behind Ssu-Chia Cheng.

Reto finished tied 16th at the 2016 Summer Olympics and qualified for the 2020 Summer Olympics, but was forced to withdraw due to the COVID-19 protocol.

On the 18th of February 2022 Paula romped home by 10 strokes after a closing one-under-par 71 in the Sunshine Ladies Tour's SuperSport Ladies Challenge, presented by Sun International at Sun City. Her five birdies and four bogeys in the closing round at the Gary Player Country Club took her to 13-under-par for the tournament, with Casandra Alexander in a distant second on three-under-par after a closing round of two-over-par 74.

Sweden's Linn Grant, last week's winner of the Dimension Data Ladies Challenge, and reigning Investec South African Women's Open champion Lee-Anne Pace shared third on two-under-par and Stacy Bregman and Romy Meekers from the Netherlands rounded out the top five on one-under. "It means a lot," said Reto of her first professional title in her home country.

"I've been getting lots of messages, especially from my family. It shows I can do it, and to do it here in my home country makes it that much bigger – one of my bigger wins, for sure." Reto battled her way through the front nine, finding things more difficult than they had been all week for her. She bogeyed the par-five fifth but regained that lost shot with a birdie on the very next hole. Bogeys on eight and nine meant she turned in two-over 38.

"There were lots of thoughts bouncing around in my head, and I was just trying to stay calm," she said. "My breathing was a little off in the first couple of holes, and Casandra played so well. I needed to think whether I was supposed to press then. In the end, I decided to just keep doing what I was doing. After those bogeys on eight and nine, I turned and told myself that it was okay. I focused on the back nine and tried to see how many birdies I could get together."

For Reto, there is more to look forward to. The fourth stop on the 2022 Sunshine Ladies Tour is the R1-million Jabra Ladies Classic at Glendower Golf Club next week, where her opposition will no doubt be hoping she will be a little less dominant.

CAREER, ACHIEVEMENTS AND TITLES

College	Purdue University
Tour(s)	LPGA Tour Futures Tour
Professional wins	1

BEST RESULTS IN LPGA MAJOR CHAMPIONSHIPS

ANA Inspiration	T18: 2016
Women's PGA C'ship	T48: 2014
U.S. Women's Open	CUT: 2017, 2018
Women's British Open	T24: 2021
Evian Championship	T48: 2016

AWARDS

Big Ten Conference Mary Fossum Award 2013



LEE-ANNE PACE

LPGA Ranking: **141**



Birth Date:	Birth Place:	Sport:	Height:	Weight:	Turned Pro:
15 February 1981 (age 41)	Paarl, South Africa	Golf	1.68 m (5 ft 6 in)	70 Kg. (154 lbs)	2005

Lee-Anne Pace (born 15 February 1981) is a South African professional golfer. Pace was born in Paarl, Western Cape. She had a successful amateur collegiate career in the United States, where she attended Murray State University and the University of Tulsa, graduating with a degree in psychology. Having turned professional in 2005, Pace played on the second tier Duramed Futures Tour in 2006 before qualifying for the LPGA Tour for 2007 at qualifying school. Having lost her card in the United States at the end of 2007, she qualified for the Ladies European Tour for 2008 via qualifying school. She made her breakthrough in 2010 with five wins at the Deutsche Bank Ladies Swiss Open, the S4C Wales Ladies Championship of Europe, the Finnair Masters, the Sanya Ladies Open, and the Suzhou Taihu Ladies Open. She ended the season at the top of the Order of Merit and won the LET Player of the Year.

After failing to win in 2012, Pace had another big season in 2013. Pace won her sixth Ladies European Tour event in May when she took a one stroke victory at the Turkish Airlines Ladies Open. She followed that victory up with another in July, again winning by a stroke, at the Open De España Femenino. She concluded the 2013 season by winning in a playoff at the Sanya Ladies Open. The victory was her eighth on tour and netted her a second LET Player of the Year award. In October 2014, Pace would win her ninth LET event when she was victorious in her home country, winning the Cell C South African Women's Open, in a playoff, after a final round comeback. A week later, Pace won her first LPGA Tour event at the Blue Bay LPGA in China.

In April Lee-Anne Pace won the Investec South African Women's Open, a tournament of the Ladies European Tour which took place on the course of the Steenberg Golf Club (par 72) in Cape Town. The South African (71 73 74 70) repeated the success obtained in 2021 and confirmed herself as champion by overcoming Argentina's Magdalena Simmermacher (68 73 77 70) with a birdie on the sixth hole of the playoff after both had closed with 288 (par) in a sudden-death playoff that saw the pair halve the 18th hole at Steenberg Golf Club five times before Pace secured a

stunning victory with the sun setting. This was Pace's fifth SA Open crown and her second in as many years after she won at Westlake Golf Club in 2021. It is also her 11th European Tour victory and 15th on South Africa's Sunshine Tour.

For Lee-Anne Pace this is the eleventh victory on the main European women's circuit. In total, including the LPGA Tour and Sunshine Tour. Thanks to this success, the South African collects a check for 45,000 euros on a total prize pool of 300,000 and climbs to first place of the Race to Costa del Sol, the order of merit of the Ladies European Tour.

CAREER, ACHIEVEMENTS AND TITLES

College	Murray State University, University of Tulsa
Tour(s)	LPGA Tour Futures Tour Ladies European Tour

Professional wins	23
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NUMBER OF WINS BY TOUR

LPGA Tour	1
Ladies European Tour	11
Other	11

BEST RESULTS IN LPGA MAJOR CHAMPIONSHIPS

ANA Inspiration	T14: 2016
Women's PGA C'ship	T62: 2015
U.S. Women's Open	T43/43: 2014, 2017
Women's British Open	T17: 2016
Evian Championship	T6: 2015

ACHIEVEMENTS AND AWARDS

Ladies European Tour Order of Merit winner	2010
Ladies European Tour Player of the Year	2010, 2013

HORSE RACING IN SOUTH AFRICA



From small beginnings in the late 1700's, horse racing is now a multi-million rand hobby and has many thousands of participants and supporters. South African horse racing is hugely popular amongst the rich and famous of the country.

South Africa is home to 3 famous horse races that take place in it's three principal cities. Johannesburg hosts The Summer Cup where the first prize will award you with R1.2 million in prize money, Cape Town hosts The J&B Met (at Kenilworth Race Course) and Durban hosts the primary event known as The Durban July, which has been running since 1897. Whether you're a horse racing fanatic or not, a day at one, whether you've got money to bet, or whether you just want to mingle with the rich and famous, horse racing in South Africa is an exciting and an eventful sport that will not disappoint.

RECOMMENDED IN HORSE RACING



GREYVILLE RACE COURSE

Say the suburb name 'Greyville' to the average Durbanite, and you will discover it is virtually synonymous with the Durban July and Durban's first and longest running sports venue - the Greyville Racecourse.



KENILWORTH RACE COURSE

The oldest racecourse in the country, Kenilworth is steeped in tradition and history. With its enviable geographic location and beauty, it has long been a favourite racing venue among both South African and overseas visitors.



SCOTTSVILLE RACE COURSE

Scottsville Racecourse is popular for a number of good reasons, not least of all its excellent facilities and its being the setting for the movie Racing Stripes, a 2005 children's movie about a racing zebra. It is situated in Pietermaritzburg.



TURFFONTEIN RACE COURSE

In Johannesburg when you speak about 'going to the races' you're usually referring to spending a day watching horses race at the Turffontein race track, one of the oldest horse racing venues in South Africa, built in 1887.

SOUTH AFRICAN EQUESTRIAN FEDERATION

The South African Equestrian Federation (SAEF) is the national governing body for all equestrian sports in South Africa. These sports include the FEI-recognized disciplines of Dressage, Eventing, Showjumping, Vaulting, Endurance, Reining, Para-equestrian, and Driving, with the non-FEI disciplines of Western Mounted Games, Mounted Archery, Showing, Saddle Seat, Equitation, Tentpegging, English Mounted Games, Polo and Polocrosse.

SAEF governs the official relations with the International Federation for Equestrian Sports (FEI), with its affiliation established since 1947. It also oversees the interactions between the South African government with equestrian athletes and professionals. SAEF is registered with SASCOC as



the officially recognised Equestrian Federation. The South African Equestrian Federation is the main body for the administration of Equestrian Sport in South Africa. The commitment to success is encouraged at every level of the sport and over the 17 disciplines affiliated with the SAEF.

The SAEF is the representative body for equestrian sport in South Africa, we are registered with SASCOC and are the South African representatives at the FEI. We ensure adherence of the Sports Act, the rules and regulations of SASCOC and Discipline Constitutions in South Africa by our members. The SAEF is also responsible for supporting members in obtaining Protea Colours and ensuring that our sport remains drug free.

What the SAEF does

- Gateway to government funding at all levels (club to municipality, district level) (district to District Sports Council, provincial level) (province to Department of Culture and Sports, national) (national to Department of Culture and Sports)
- Gateway to government organisations for issuing of colours (district to District Sports Council, province to Provincial Sports Confederation, endorsed by District and Provincial Federations)
- Gateway to government for permits (events permits, export permits)
- Gateway to government departments such as Agriculture for negotiations around AHS regulations, horse movements
- Gateway to government departments to assist with land use of government property (local, district)
- Central communication and listing portal via regional/provincial/national websites for all equine matters in the province (especially matters spanning more than one area, more than one discipline)
- Gateway to FEI through affiliation to the National Federation
- Gateway to umbrella insurance cover for all events listed on the official regional/provincial calendar

- Centralised provincial database of all participants in order to report accurate stats when applying for government funding and other assistance
- Centralised calendar for multi discipline members, with potentially cross pollination between disciplines; also ensuring insurance cover for all events on the calendar
- Gateway to All Sports awards functions (district through District Sports Council, province through Provincial Sports Confederation) to allow athlete recognition outside of Equestrian
- Escalation body for matters not resolved on local, district or provincial discipline association level
- Gateway to arbitration mechanism in government structures, in cases outside geo-political structure jurisdiction, or in case of conflicts of interest
- Gateway to government coaches and officials' symposium through District structure
- Custodian of Colours requirements across all areas and disciplines
- the welfare of horses
- Trained and accredited officials and coaches
- Trained and accredited team selectors and team managers
- Proper liaison with geo-political federations for the endorsement of Colours



Contact Details

Tel: +27 21 928 7000 | Email: admin@saef.org.za



@SAEF.SA



@HorseSportSAEF

SNOW SPORTS SOUTH AFRICA

Snow Sports South Africa (SSSA) is the National governing body for skiing and snowboarding and was formed in 1990 under the name of "South African National Snow Ski Association" (SANSSA), in order to co-ordinate the development of skiing in South Africa and gain national and international recognition.

Snow Sports SA is a member of the International Ski Federation (FIS), the International Bobsleigh and Skeleton Federation (IBSF), the Small Evolving Ski Nations (SES), the South African Sports Confederation and Olympic Committee (SASCOC) and is recognized by the Dept. of Sport and Recreation.

It manages the Olympic disciplines of Alpine Skiing, Snowboarding, Cross-Country Skiing, Ski Jumping, Nordic Combined, Freestyle Skiing, Bobsleigh & Skeleton in South Africa. Snow Sports SA is responsible for setting the national competition rules for the above mentioned disciplines and stages annual ski and snowboard competitions through its member clubs.

Since the formation of Snow Sports South Africa, the Association has organized regular training camps, teaching clinics and competitions in South Africa and has sent representatives to international meetings, congresses, training-and coaching camps. Some of the athletes have successfully competed in World Cup events, World Championship events, Paralympic Winter Games and Olympic Winter Games since 1996.

South Africa has a number of mountains where natural snow falls during the winter months (between May and September) and it is possible to ski in some of these areas. Enthusiastic individuals have taken advantage of this and have formed Ski Clubs and established facilities. This goes back as far as 1929 when members of 'The Mountain Club of South Africa' started skiing in the Matroosberg (Western Cape) Mountain range.

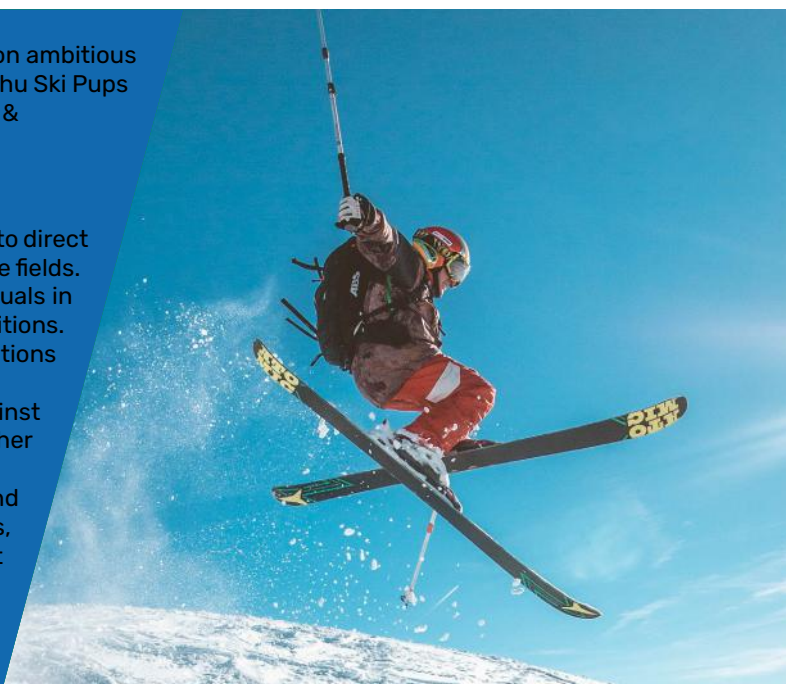
Later, clubs also developed in the Eastern Cape Mountains and skiers from Gauteng and the Free State started to ski in the Maluti Mountains in Lesotho. Over the years, basic facilities were built in the mountains like huts and ski lifts. Access to reliable local skiing facilities improved considerably when in 1994 South Africa's first commercial ski resort, Tiffindell Ski Resort, situated in the Eastern Cape Mountains, opened. The only ski resort in South Africa offers accommodation, ski-shop with ski hire, has modern snow making facilities and ski lifts.

It is host to South Africa's main events on the annual ski and snowboard calendar, the National Children (U16, U14, U12, U10) and Masters Championships. From July 2014 the resort hosts International FIS competitions which incorporate the National Alpine Ski Championships and National Alpine Junior Championship events.

Since the opening of the resort, the Association has embarked on ambitious development programs in cooperation with the resort and Ikhephu Ski Pups Club with thanks to financial assistance from the Dept. of Sport & Recreation.

The Aims of the Association are:

- To promote and encourage snow sports in South Africa and to direct and manage its development in recreational and competitive fields.
- To improve the moral, mental and physical health of individuals in South Africa through its programmes, projects and competitions.
- To create and maintain friendly and sportsmanlike relations between its members
- Not to allow any discrimination in snow sports matters against any club or its members on racial, religious, political or other grounds.
- To select and enter competitors into national and international competitions and to issue relevant licenses, assisting South African athletes to achieve their highest goals.
- To raise funds for the purpose and objectives of the Association and in particular to improve and establish facilities and for the purpose of sending South Africans to international events.
- To keep close contact with relevant national and international umbrella organizations, observing and implementing their recommendations, rules and regulations to the best of our ability.



Contact Details

Tel: +27 11 9764731 | Email: ppilz@snowsports.co.za

 @Snow Sports South Africa

TIFFINDELL SKI RESORT



Tiffindell Ski Resort is a year-round alpine resort, the only ski resort in South Africa and one of the two ski resorts in Southern Africa. It was established in 1993 in the Southern Drakensberg, Tiffindell is rated number 19 on CNN's "Top 100 Ski Runs of the World".

TIFFINDELL VILLAGE

Tiffindell Ski & Alpine Resort is a fully equipped hospitality centre with over 150 beds. It is open year round having secure facilities and is available for skiing & snowboarding, team building, corporate, government functions, and big or unusual promotional events.

In the warmer months Tiffindell is the hub of the best off-the-beaten-track adventure-lands in South Africa. Tiffindell and Ben McDhui Pass become the focal point for the highest, meanest, gravel passes in the country. 4x4 adventurers, big bikes, MTB, and hikers flock to the area to complete 'South Africa's High 5' and 'The Ben 10 Eco challenge.'

In the winter months of June, July and August, the resort comes alive to the sport of skiing. Returning skiers, first time skiers and non skiers alike flock to Tiffindell for their, "best holiday ever." Skiing is a great family sport, inspiring, healthy, social, character building activity for young children, youth and parents alike. Tiffindell exudes the atmosphere of the best European ski resorts at a fraction of the cost.

COMMUNITY IMPACT

Tiffindell is community orientated and hosts the local "Ikephu Ski Pups." From this club many previously disadvantaged children participated in the South African National Children's Ski Championships 2016.

The first ever Winter Ski Academy in Africa was opened in winter 2014 and 20 children attend school classes at the resort while ski training during recreational time. Your kids can also join - better skiers and better grades!

Since 2014 winter season Tiffindell has hosted the only International (FIS) Races ever held on the African Continent bringing top skiers to SA. Tiffindell's top FIS racers have competed and trained all over the world in Youth Olympics and World Cup events.

Tiffindell employs local permanent staff and helps uplift the local communities with training and skills development. Local suppliers are used and people of the area, of all ethnic groups, support Tiffindell wholeheartedly, as an employer for the ongoing future of the region.

The East Coast Development Corporation, East Cape Tourist Association, the Senqu and Joqabi district Municipalities, the Rhodes Community Tourist Office and the Wartrail Community Tourist Organisation are involved with and support Tiffindell initiatives.

Tiffindell hosts some high altitude research into wetland species, alpine flowers, geology and our own endearing "Tiffindell chipmunks" or snow rats from the genus *Otomys*.

A HISTORY

Tiffindell Ski & Alpine Resort was purchased by Lew Campbell and Peter Pilz of Tiffindell (Pty) Ltd in 2012.

Peter Pilz has been the President of the South African Snowsports Association for 25 years and devoted thousands of voluntary hours to the sport of skiing.

Lew Campbell has been in the South African ski business for over 30 years running The Ski Deck in Randburg, Johannesburg.

The resort is managed by Mr Maarten den Heyer and Grant Sephton who have over 38 years of service to Tiffindell since 1997.



SURFING IN SOUTH AFRICA



South African surfers are passionate about their favourite spots and what makes them unique. There is massive variety along this extensive coastline, making this a fantastic surfing destination for novices and hardcore surf junkies alike.

KwaZulu Natal's coast is a veritable surfers' paradise. There are fantastic waves far and wide, including hollow beach breaks, points and a few classic reef breaks. The water temperature is relatively warm all year round too, so no wetsuit is required for this part of South Africa. The most consistent surf is found in the winter months, which extend from May to August. This is mainly due to the cold fronts that sweep up the coast from the Cape, bringing solid six- to eight-foot swells.

In summer, the swell tends to be a bit smaller, with fun surf available at the many beach breaks. Some hot surf spots in and around the main metropolis of Durban are at New Pier, Bay of Plenty, Cave Rock, St Mike's, Margate, Umdloti, Ballito and Alkanstrand.

The Eastern Cape is home to some of the finest and most beautiful surfing beaches in the world. Port Elizabeth and East London have warm water and awesome waves that attract millions of water sports enthusiasts. Some hot surf spots in Port Elizabeth include King's Beach and 'pipe'. The surf in Port Elizabeth is rather small, but there are days when freak swells hit the coast and make for excellent surfing. In East London, be sure not to miss the legendary Nahoon Beach. Port St Johns is also a lovely and unspoilt stretch of tropical coastline a little further north.

Jeffreys Bay is, undoubtedly, the Eastern Cape's gem in terms of surfing. In fact, this is a world-renowned stretch for some of the finest surfing available. It is no wonder that it hosts one of the legs of the annual Billabong Pro™ surf event, in which the planet's top surfers compete for the title. This legendary right-hand break is, by far, the most consistent and well known surf spot in South Africa. Fans from all over the world come to experience the famous breaks around this area, as well as in nearby St Francis Bay.

In Cape Town and the Western Cape, surfers will discover awesome sandy beaches. Camps Bay, Llandudno, Clifton, Bloubergstrand, Langebaan, Hermanus and Muizenberg all offer fantastic waves and picturesque scenery. The water on this side of South Africa is cold, but the great waves make surfing the Cape worth your while.

The Garden Route is known for its natural beauty along with its spectacular beaches. Plettenberg Bay is one of South Africa's favourite surfing playgrounds. It is home to two incredible beaches, Robberg and Lookout. The Wilderness promises furious seas and awesome waves. Also, be sure not to miss out on Victoria Bay just outside The Wilderness, where the fantastic waves have been host to many great surfing competitions.

South Africa showcases numerous pristine beaches and outstanding waves; its coastline promising dazzling views and marine life. This combination makes for an awesome surfing destination.





JORDY SMITH



Birth Date:	Birth Place:	Sport:	Height:	Weight:
11 February 1988 (age 34)	Durban, South Africa	Surfing	190 cm (6 ft 3 in)	86 kg (190 lb)
Major	Stance	Rookie year	Men's CT 2022	
2010 – 2nd in World Title	Natural (regular foot)	2008	#12	

Jordan Michael "Jordy" Smith (born 11 February 1988) is a South African professional surfer, competing on the World championship tour surfing (WCT). In 2007 Smith won surfing's World Qualifying Series, the second-tier tour which leads to qualification for the World championship tour (WCT) surfing. Jordy Smith won both the 2010 and 2011 Billabong J-Bay competitions in South Africa. He has also won 2014 and 2016 Hurley Pro at Trestles California. In 2013 he won the Rio Pro in Brazil. All of these contests are part of the world championship tour.

Smith grew up in Durban and started surfing at age 3. He attended a local Durban high school, Glenwood High School. Smith is known for the manoeuvres "rodeo flip" and full rotation "alley-oops" and he has been sponsored by O'Neill since 2007. In 2014, Smith married South African model Lyndall Jarvis. Outside surf, Smith is a supporter of S.L. Benfica. He has qualified to represent South Africa at the 2020 Summer Olympics.

SURFING CAREER			
Sponsors	Channel Islands surfboards, Oakley, O'Neill, Red Bull, Brand Black Shoes, Vestal Watches, Futures Fins, Trace, Muzik headphones, Neff headwear		
WSL CHAMPIONSHIP TOUR EVENT WINS			
Years	Event	Venue	Country
2010	Billabong Pro J-Bay	Jeffreys Bay	RSA
2011	Billabong Pro J-Bay	Jeffreys Bay	RSA
2013	Billabong Rio Pro	Rio de Janeiro	BRA
2014	Hurley Pro at Trestles	Trestles	USA
2016	Hurley Pro at Trestles	Trestles	USA
2017	Rip Curl Pro Bells Beach	Bells Beach	AUS
2018	Outerknown Founders Cup	Lemoore, CA	USA



SOUTH AFRICAN RUGBY UNION

The South African Rugby Union (SARU) is the governing body for rugby union in South Africa and is affiliated to World Rugby. It was established in 1992 as the **South African Rugby Football Union**, from the merger of the **South African Rugby Board** and the non-racial **South African Rugby Union (SACOS)**, and took up its current name in 2005. SARU organises several national teams, most notably the senior national side, the **Springboks**.

The South Africa national rugby union team, commonly known as the Springboks (colloquially the Boks, Bokke or Amabokoboko), is the country's national team governed by the South African Rugby Union.

The Springboks play in green and gold jerseys, with white shorts and their emblem is a native antelope, the springbok, which is the national animal of South Africa. The team has been representing South Africa in international rugby union since 30 July 1891, when they played their first test match against a British Isles touring team. They are currently ranked the number one men's team by World Rugby and are the only team besides the All Blacks to have won the Rugby World Cup on three occasions (1995, 2007 and 2019).

The team made its World Cup debut in 1995, when the newly democratic South Africa hosted the tournament. Although South Africa was instrumental in the creation of the Rugby World Cup competition, the Springboks did not compete in the first two World Cups in 1987 and 1991 because of international anti-apartheid sporting boycotts. The Springboks defeated the All Blacks 15–12 in the 1995 final, which is now remembered as one of the greatest moments in South Africa's sporting history, and a watershed moment in the post-Apartheid nation-building process.

South Africa regained the title as champions 12 years later, when they defeated England 15–6 in the 2007 final. As a result of the 2007 World Cup tournament the Springboks were promoted to first place in the IRB World Rankings, They were named 2008 World Team of the Year at the Laureus World Sports Awards. South Africa then won a third World Cup title, defeating England 32–12 in the 2019 final. As a result of this, the South African National Rugby Union Team were named 2020 World Team of the Year at the Laureus World Sports Awards for a second time.

South Africans are rugby mad. On any given match day, men, women and children can be seen wearing rugby jerseys and reveling in the green and gold, the colours worn by the Springboks. Both the South African Rugby Union (also known as SA Rugby) and the actual game of rugby have been at the forefront of change on the South African sports scene over the past ten years, and management structures and strategies in SA Rugby have continuously evolved to keep up with changes and challenges on the South African playing field.

SA Rugby is committed to South Africa, constantly emphasizing the role of the sport and the country's national teams in encouraging patriotism and instilling national pride in people from all walks of life. Rugby is also one sport in which South African teams compete with – and regularly beat – the top teams from around the globe.

The organisation believes that continual growth is vital to the future of the sport in South Africa. For rugby to be a national sport it must appeal to – and be played or watched by – a significant percentage of the South African population. SA Rugby has formulated a growth strategy that covers both participants and supporters, and a number of activities are already underway to meet these objectives.

The strategy includes the development and implementation of programmes to establish sustainable rugby clubs. In addition, education and training programmes are in place to develop and hone the skills of coaches, referees and administrators. An innovative junior and youth rugby policy has also been adopted to ensure the on-going growth of the game at school level.


After soccer, rugby is the most popular sport in South Africa with a following of close to 10 million in a population of close to 50 million. With such a significant market share, SA Rugby aims to grow the brand in a manner that will encourage more sponsorship, translating into increased turnover. With more money to put back into the sport, SA Rugby can increase its appeal among prospective young players and create more winning teams.



Contact Details

Tel: +27 21 928 7000 | Email: yourview@sarugby.co.za

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YOUR ENERGY



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THE SPRINGBOKS**



CHESLIN KOLBE



Birth Date:	Birth Place:	Sport:	Height:	Weight:
28 October 1993 (age 28)	Kraaifontein, South Africa	Rugby	1.71 m (5 ft 7+1/2 in)	75 kg (165 lb)
Position(s)	Team	Test Caps		
Wing / Fullback / Fly-half, center	RC Toulonnais	18		

Cheslin Kolbe is a South African professional rugby union player who currently plays for the South Africa national team and for Toulon in the Top 14 in France. His regular position is wing, but he also plays at fullback. He has also recently featured at fly half for Toulouse in the top 14, and as a scrum half for the Boks. Kolbe was a member of the South Africa Sevens team that won a bronze medal at the 2016 Summer Olympics.

Kolbe played for Hoërskool Brackenfell. He represented Western Province at various youth levels, from the Under-16 Grant Khomo Week in 2009 to the 2012 Under-21 Provincial Championship.

He made his provincial first class debut in their Vodacom Cup match against Boland Cavaliers, and a month later he was named on the bench for the Stormers for their Super Rugby game against the Sharks. In October 2013 he was part of the Western Province team that won the Currie Cup by beating the Lions 19-16. He penned a three-year deal to remain at Western Province until 2016.

In 2013, he was included in the training group that toured Argentina in preparation for the 2013 IRB Junior World Championship. He was then included in the squad for the 2013 IRB Junior World Championship.

Between 2012 and 2017, he represented the South Africa Sevens team. In 2013, he was included in the squad for the 2013 Rugby World Cup Sevens. Kolbe was included in a 12-man squad for the 2016 Summer Olympics in Rio de Janeiro.[10] He was named as a substitute for their first match in Group B of the competition against Spain, with South Africa winning the match 24-0.

He was a member of the South Africa team that won the 2019 Rugby World Cup. Playing at right wing, he scored South Africa's second try in the final minutes of the final. Kolbe was nominated for 2019 World Rugby Player of the Year but lost to South Africa teammate Pieter-Steph du Toit. He is widely regarded as one of the best players in the world. He previously played for Toulouse in the Top14, the Stormers in super rugby, and Western Province in the Currie Cup. He has won the World Cup, Rugby Championship, and Lions Series with the Boks, the Top14, and Champions Cup with Toulouse, and Currie Cup with the Western Province. He is contracted until 2024 with RC Toulonnais. He has scored 9 tries in 18 tests for South Africa.

He is one of the fastest rugby players ever with a 10.70 for the 100m. He is famous for his small size, but brilliant finishing skills, pace, and side stepping ability. He is part of Roc Nation, the Gilbert rugby family, Laureus, and Nike. He is the SA players player of the year 2021. Kolbe is a cousin of South African track and field sprinter Wayde van Niekerk, who won the gold medal in the 400 metres at the 2016 Olympics and is the current 300m and 400m world record holder.

Recognized for his speed, agility, power and strength on the field, Cheslin Kolbe is a force to be reckoned with in World Rugby. His passion, hard work, commitment and desire to prove everyone wrong, due to his size, has fueled his journey right to the top of the game, standing today as a Rugby World Cup Champion as well as French domestic league, Top 14's Player of the Year.

RUGBY UNION CAREER			
Position(s):	Wing / Fullback / Fly-half, center		
Current team:	RC Toulonnais		
YOUTH CAREER			
2009–2012	Western Province		
SENIOR CAREER			
Years	Team	Apps	(Points)
2012–2017	Western Province	100	(65)
2013–2017	Stormers	49	(74)
2017–2021	Toulouse	82	(172)
2021–present	Toulon	1	(0)
NATIONAL TEAM(S)			
Years	Team	Apps	(Points)
2013	South Africa U20	5	(10)
2015–2016	South Africa Sevens	30	(113)
2018–	South Africa	18	(45)



SIYA KOLISI



Birth Date:	Birth Place:	Sport:	Height:	Weight:
16 June 1991 (age 30)	Port Elizabeth, South Africa	Rugby	1.88 m (6 ft 2 in)	106 kg (233 lb)
Position(s)	Role:	Team	Test Caps	
Loose forward	Captain of the Springboks	Sharks/Western Province	63	

Siyamthanda Kolisi is a South African professional rugby union player who currently captains the South Africa national team and also the Cell C Sharks. He plays club rugby for the Sharks in the Currie Cup. He generally plays as a flanker. In 2018, Kolisi was appointed captain of the Springboks, becoming the first black man to hold the position, and eventually leading the South African Rugby team to victory in the 2019 Rugby World Cup Final against England. In December 2019, Kolisi was named in New African magazine's list of 100 Most Influential Africans.

Kolisi grew up in Zwide, Ibhayi, a township outside of Port Elizabeth. Kolisi's mother, Phakama, was 17 when Siya was born and his father, Fezakele, was in his final year of school. Kolisi's mother died when he was 15, leaving his late grandmother, Nolulamile, to raise him. At the age of 12, he impressed scouts at a youth tournament in Mossel Bay and was offered a scholarship at Grey Junior in Port Elizabeth. He was subsequently offered a rugby scholarship to the prestigious Grey High School, which South African cricketer Graeme Pollock and England International Mike Catt had attended. Kolisi was a regular member of the first XV rugby team. He was also a part of the Eastern Province Kings youth set-up between 2007 and 2009, playing in the Under-16 Grant Khomo week and the Under-18 Craven Week before shifting west to join Western Province. He further represented the South Africa national under-18 rugby union team (SA Schools team) for two consecutive years.

Kolisi made his senior debut for Western Province against the Golden Lions during the 2011 Vodacom Cup and later in the year several injuries and international call-ups gave him the opportunity to make regular starts in the Currie Cup. He made 13 appearances and scored 4 tries during the campaign including a crucial score against bitter rivals the Blue Bulls. 2012 saw Kolisi graduate to the Stormers squad and he made an immediate impact with 16 appearances during the season and 1 try.

The second half of the year was not so kind to him as a thumb injury restricted him to just one appearance in the 2012 Currie Cup and he had to watch on from the sidelines as Province lifted their 33rd Currie Cup title. Kolisi returned with a bang the following year and held his place in the Stormers side despite fierce competition among the loose forwards. 13 appearances and 2 tries were recorded and this earned him his first international recognition. Being part of the Springbok set-up for the 2013 Rugby Championship meant he only played in Western Province's final 3 matches of the 2013 Currie Cup and he was powerless to prevent them from slipping to a surprise 33-19 home defeat to the Sharks in the final of the competition.

Kolisi was selected as the new captain of the Stormers on 20 February 2017. He was selected as the new captain of the Springboks on 28 May 2018, becoming the team's first black captain in its 126-year history. Bryan Habana, former Springbok and of mixed race, praised Kolisi's appointment: "It's a monumental moment for South African rugby, and a moment in South African history." Kolisi was on the board of directors of MyPlayers Rugby which is the players' Organisation of all the professional rugby players in South Africa.

RUGBY UNION CAREER			
Position(s)	Loose forward		
Current team	Sharks / Sharks (Currie Cup)		
YOUTH CAREER			
2007-2009	Eastern Province Kings		
2010-2012	Western Province		
SENIOR CAREER			
Years	Team	Apps	(Points)
2011-2021	Western Province	34	(35)
2012-2020	Stormers	118	(95)
2021-	Sharks	7	(5)
2021-	Sharks (Currie Cup)	0	(0)
NATIONAL TEAM(S)			
Years	Team	Apps	(Points)
2010-2011	South Africa U20	8	(10)
2013-	South Africa	63	(30)

POOL A: NEW ZEALAND, FRANCE, ITALY, URUGUAY, AFRICA

	FRANCE V NEW ZEALAND	
Fri 8 Sep Stade de France, Saint-Denis		
	ITALY V AFRICA 1	
Sat 9 Sep Stade Geoffroy Guichard, Saint-Étienne		
	FRANCE V URUGUAY	
Thu 14 Sep Stade Pierre Mauroy, Lille		
	NEW ZEALAND V AFRICA 1	
Fri 15 Sep Stadium de Toulouse, Toulouse		
	ITALY V URUGUAY	
Wed 20 Sep Stade de Nice, Nice		
	FRANCE V AFRICA 1	
Thu 21 Sep Stade Vélodrome, Marseille		
	URUGUAY V AFRICA 1	
Wed 27 Sep Parc OL, Lyon		
	NEW ZEALAND V ITALY	
Fri 29 Sep Parc OL, Lyon		
	NEW ZEALAND V URUGUAY	
Thu 5 Oct Parc OL, Lyon		
	FRANCE V ITALY	
Fri 6 Oct Parc OL, Lyon		

POOL B: SOUTH AFRICA, IRELAND, SCOTLAND, ROMANIA, ASIA/PACIFIC 1

	IRELAND V ROMANIA	
Sat 9 Sep Stade de Bordeaux, Bordeaux		
	SOUTH AFRICA V SCOTLAND	
Sun 10 Sep Stade Vélodrome, Marseille		
	IRELAND V ASIA/PACIFIC 1	
Sat 16 Sep Stade de la Beaujoire, Nantes		
	SOUTH AFRICA V ROMANIA	
Sun 17 Sep Stade de Bordeaux, Bordeaux		
	SOUTH AFRICA V IRELAND	
Sat 23 Sep Stade de Bordeaux, Bordeaux		
	SCOTLAND V ASIA/PACIFIC 1	
Sun 24 Sep Stade de Nice, Nice		
	SCOTLAND V ROMANIA	
Sat 30 Sep Stade Pierre Mauroy, Lille		
	SOUTH AFRICA V ASIA/PACIFIC 1	
Sun 1 Oct Stade Vélodrome, Marseille		
	IRELAND V SCOTLAND	
Sat 7 Oct Stade de France, Saint-Denis		
	ASIA/PACIFIC 1 V ROMANIA	
Sun 8 Oct Stade Pierre Mauroy, Lille		

POOL C: WALES, AUSTRALIA, FIJI, GEORGIA, FINAL QUALIFICATION WINNER

	AUSTRALIA V GEORGIA	
Sat 9 Sep Stade de France, Saint-Denis		
	WALES V FIJI	
Sun 10 Sep Stade de Bordeaux, Bordeaux		
	WALES V FINAL QUALIFICATION WINNER	
Sat 16 Sep Stade de Nice, Nice		
	AUSTRALIA V FIJI	
Sun 17 Sep Stade Geoffroy Guichard, Saint-Étienne		
	GEORGIA V FINAL QUALIFICATION WINNER	
Sat 23 Sep Stadium de Toulouse, Toulouse		
	WALES V AUSTRALIA	
Sun 24 Sep Parc OL, Lyon		
	FIJI V GEORGIA	
Sat 30 Sep Stade de Bordeaux, Bordeaux		
	AUSTRALIA V FINAL QUALIFICATION WINNER	
Sun 1 Oct Stade Geoffroy Guichard, Saint-Étienne		
	WALES V GEORGIA	
Sat 7 Oct Stade de la Beaujoire, Nantes		
	FIJI V FINAL QUALIFICATION WINNER	
Sun 8 Oct Stadium de Toulouse, Toulouse		

POOL D: ENGLAND, JAPAN, ARGENTINA, SAMOA, AMERICAS 2

	ENGLAND V ARGENTINA	
Sat 9 Sep Stade Vélodrome, Marseille		
	JAPAN V AMERICAS 2	
Sun 10 Sep Stadium de Toulouse, Toulouse		
	SAMOA V AMERICAS 2	
Sat 16 Sep Stade de Bordeaux, Bordeaux		
	ENGLAND V JAPAN	
Sun 17 Sep Stade de Nice, Nice		
	ARGENTINA V SAMOA	
Fri 22 Sep Stade Geoffroy Guichard, Saint-Étienne		
	ENGLAND V AMERICAS 2	
Thu 28 Sep Stadium de Toulouse, Toulouse		
	JAPAN V SAMOA	
Thu 28 Sep Stadium de Toulouse, Toulouse		
	ARGENTINA V AMERICAS 2	
Sat 30 Sep Stade de la Beaujoire, Nantes		
	ENGLAND V SAMOA	
Sat 7 Oct Stade Pierre Mauroy, Lille		
	JAPAN V ARGENTINA	
Sun 8 Oct Stade de la Beaujoire, Nantes		

QUARTER-FINALS

	WINNER POOL C V RUNNER-UP POOL D	
Sat 14 Oct SStade Vélodrome, Marseille		
	WINNER POOL D V RUNNER-UP POOL C	
Sat 14 Oct Stade de France, Saint-Denis		
	WINNER POOL B V RUNNER-UP POOL A	
Sun 15 Oct SStade Vélodrome, Marseille		
	WINNER POOL A V RUNNER-UP POOL B	
Sun 15 Oct Stade de France, Saint-Denis		

SPRINGBOK SQUAD FOR 2020/2021 SEASON



- DAMIAN WILLEMSE
- DAMIEN DE ALLENDEE
- EBEN ETZEBETH
- ELTON JANTJIES
- FRANCO-MOSTERT
- FRANCOIS STEYN
- HANDRE POLLARD
- HERSCHEL JANTJIES
- JASPER WIESE
- JESSE KRIEL
- KOBUS REINACH
- KWAGGA SMITH
- LOOD DE JAGER
- LUKHANYO AM
- MAKAZOLE MAPIMPI
- MALCOLM MARX
- OX NCHE
- SIYA KOLISI
- STEVEN KITSHOFF
- TREVOR NYAKANA
- VINCENT KOCH
- WILLIE LE ROUX

QUARTER-FINALS

WINNER POOL C V RUNNER-UP POOL D Sat 14 Oct Stade Vélodrome, Marseille		WINNER POOL B V RUNNER-UP POOL A Sun 15 Oct Stade Vélodrome, Marseille	
WINNER POOL D V RUNNER-UP POOL C Sun 15 Oct Stade Vélodrome, Marseille		WINNER POOL A V RUNNER-UP POOL B Sun 15 Oct Stade de France, Saint-Denis	

SEMI-FINALS

WINNER QUARTER-FINAL 1 V WINNER QUARTER-FINAL 2 Fri 20 Oct Stade de France, Saint-Denis		WINNER POOL B V RUNNER-UP POOL A Sat 21 Oct (Stade de France, Saint-Denis)	
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THIRD-PLACE MATCH

Fri 27 Oct | Stade de France, Saint-Denis

2023 RWC FINALS

Sat 28 Oct | Stade de France, Saint-Denis



THE STATE DE FRANCE STADIUM

The Stade de France is the national stadium of France, located just north of Paris in the commune of Saint-Denis. Its seating capacity of 80,698 makes it the seventh-largest stadium in Europe. The stadium is used by the France national football team and France rugby union team for international competition. It is the largest in Europe for track and field events, seating 78,338 in that configuration.

RUGBY WORLD CUP 2019 RESULTS

POOL A: IRELAND, SCOTLAND, JAPAN, RUSSIA, SAMOA

JAPAN 30 - 10 RUSSIA Fri 20 Sep Tokyo	IRELAND 27-3 SCOTLAND Sun 22 Sep Yokohama
RUSSIA 9-34 SAMOA Tue 24 Sep Kumagaya	JAPAN 19-12 IRELAND Sat 28 Sep Shizuoka
JAPAN 19-12 IRELAND Mon 30 Sep Kobe	IRELAND 35-0 RUSSIA Thu 3 Oct Kobe
JAPAN 38-19 SAMOA Sat 5 Oct Toyota	SCOTLAND 61-0 RUSSIA Wed 9 Oct Shizuoka
IRELAND 47-5 SAMOA Sat 12 Oct Fukuoka	JAPAN 28-21 SCOTLAND Sun 13 Oct Yokohama

POOL B: NEW ZEALAND, SOUTH AFRICA, ITALY, NAMIBIA, CANADA

NEW ZEALAND 23-13 SOUTH AFRICA Sat 21 Sep Yokohama	ITALY 47-22 NAMIBIA Sun 22 Sep Osaka
ITALY 48-7 CANADA Thu 26 Sept Fukuoka	SOUTH AFRICA 57-3 NAMIBIA Sat 28 Sep Toyota
NEW ZEALAND 63-0 CANADA Wed 2 Oct Oita	SOUTH AFRICA 49-3 ITALY Fri 4 Oct Shizuoka
NEW ZEALAND 71-9 NAMIBIA Sun 6 Oct Tokyo	SOUTH AFRICA 66-7 CANADA Tue 8 Oct Kobe
NEW ZEALAND 0-0 ITALY Sat 12 Oct Toyota Match cancelled	NAMIBIA 0-0 CANADA Sun 13 Oct Kamaishi Match cancelled

POOL C: ENGLAND, FRANCE, ARGENTINA, USA, TONGA

FRANCE 23-21 ARGENTINA Sat 21 Sep Tokyo	ENGLAND 35-3 TONGA Sun 22 Sep Sapporo
ENGLAND 45-7 USA Thu 26 Sep Kobe	ARGENTINA 28-12 TONGA Sat 28 Sep Osaka
FRANCE 33-9 USA Wed 2 Oct Fukuoka	ENGLAND 39-10 ARGENTINA Sat 5 Oct Tokyo
FRANCE 23-21 TONGA Sun 6 Oct Kumamoto	ARGENTINA 47-17 USA Wed 9 Oct Kumagaya
ENGLAND 0-0 FRANCE Sat 12 Oct Yokohama Match cancelled	USA 19-31 TONGA Sun 13 Oct Osaka

POOL D: AUSTRALIA, WALES, GEORGIA, FIJI, URUGUAY

AUSTRALIA 39-21 FIJI Sat 21 Sep Sapporo	WALES 43-14 GEORGIA Mon 23 Sep Toyota
FIJI 27-30 URUGUAY Wed 25 Sep Kamaishi	GEORGIA 33-7 URUGUAY Sun 29 Sep Kumagaya
AUSTRALIA 25-29 WALES Sun 29 Sep Tokyo	GEORGIA 10-45 FIJI Thu 3 Oct Osaka
AUSTRALIA 45-10 URUGUAY Sat 5 Oct Oita	WALES 29-17 FIJI Wed 9 Oct Oita
AUSTRALIA 27-8 GEORGIA Fri 11 Oct Shizuoka	WALES 35-13 URUGUAY Sun 13 Oct Kumamoto

KNOCKOUT STAGES

ENGLAND 40-16 AUSTRALIA Sat 19 Oct Oita QF1	NEW ZEALAND 46-14 IRELAND Sat 19 Oct Tokyo QF2	WALES 20-19 FRANCE Sun 20 Oct Oita QF3	JAPAN 3-26 SOUTH AFRICA Sun 20 Oct Tokyo QF4
ENGLAND 19-7 NEW ZEALAND Sat 26 Oct Yokohama Semi-Final	WALES 16-19 SOUTH AFRICA Sun 27 Oct Yokohama Semi-Final	NEW ZEALAND 40-17 WALES Fri 1 Nov Oita Third-place Play-off	

2019 RWC Finals

ENGLAND 12-32 SOUTH AFRICA

Sat 2 Nov | Yokohama





EBEN ETZEBETH

Age: 30 **Born:** 29 October 1991
Cape Town, Western Cape

A prominent New Zealand publication **StuffNZ** singled out lock Eben Etzebeth as the "real" Test player of the year 2021

Sport:
Rugby

Team:
Cell-C Sharks

Height:
2.03m
(6 ft 8 in)

Weight:
122 kg
(269.19 lb)

Position(s)
Lock / Flanker

Eben Etzebeth (born 29 October 1991) is a South African professional rugby union player who currently plays for the South Africa national team and Toulon in the Top 14 in France. His regular playing position is as a number 4 lock. Springboks Etzebeth was called up to the Springbok squad for the first time by new head coach Heyneke Meyer ahead of the three match series against England in June 2012. He made his first appearance in the second row alongside fellow debutant Juandré Kruger on 9 June 2012 at Kings Park Stadium, Durban. South Africa were victorious by 22–17.

On 23 November 2013 he was nominated for the 2013 IRB Player of the Year award along with Leigh Halfpenny, Sergio Parisse, Kieran Read and Ben Smith. He has very impressive upper body strength for man of his huge height and young age, being able to bench press 385 pounds (175 kg), and perform incline dumbbell chest presses with 175 pounds (79 kg) dumbbells.

Etzebeth was selected by the Springboks in the 31-man squad for the 2015 Rugby World Cup, making an appearance in every one of the team's pool matches, including one off the bench in South Africa's historic 32–34 loss to Japan. After starting in the rest of the pool matches, Etzebeth started in the quarter-final win against Wales and semi-final 18–20 narrow loss to New Zealand. On 30 October 2015, with the Springboks having been knocked out of the chance to win the World Cup, Etzebeth started in a locking partnership with retiring captain Victor Matfield against Argentina for the Bronze Final. Etzebeth played the full 80 minutes of the bronze final and scored a try in the 43rd minute, helping South Africa to win third place in the competition. After captaining the Springboks to beat France 35–12 in the final match of a three-test series between the two sides, Etzebeth was named as captain of the Springboks for the 2017 Rugby Championship, replacing newly appointed captain Warren Whiteley who was ruled out of the competition with an injury sustained in the second test of the French series. Whiteley failed to recover prior to the end of the 2017 season so this saw Etzebeth carry a huge workload for South Africa in 2017, playing the full 80 minutes of every match in the 2017 Rugby Championship and three-test French series. Etzebeth's 2017 campaign included what was arguably the best performance of his career in a narrow 24–25 loss to New Zealand in Cape Town. After playing the full 80 minutes in South Africa's 3–38 loss to Ireland and 18–17 win over France on the end-of-year-tour, Etzebeth was finally subbed off for the first time in 2017 where he was replaced by Franco Mostert in a 35–6 win over Italy. Etzebeth was subbed off at half-time in the final test of 2017 where South Africa lost 22–24 against Wales, picking up a back injury. Etzebeth is expected to return to Super Rugby in May. In addition to full international matches, Etzebeth has played in non-cap matches against a World XV in Cape Town 2015 and the Barbarians in London in 2016. Etzebeth was named in South Africa's squad for the 2019 Rugby World Cup. South Africa went on to win the tournament, defeating England in the final.

After playing the full 80 minutes in South Africa's 3–38 loss to Ireland and 18–17 win over France on the end-of-year-tour, Etzebeth was finally subbed off for the first time in 2017 where he was replaced by Franco Mostert in a 35–6 win over Italy. Etzebeth was subbed off at half-time in the final test of 2017 where South Africa lost 22–24 against Wales, picking up a back injury. Etzebeth is expected to return to Super Rugby in May. In addition to full international matches, Etzebeth has played in non-cap matches against a World XV in Cape Town 2015 and the Barbarians in London in 2016. Etzebeth was named in South Africa's squad for the 2019 Rugby World Cup. South Africa went on to win the tournament, defeating England in the final.

RUGBY UNION CAREER

Position(s)	Lock / Flanker		
Current team	sharks		
Youth career			
2009–2011	Western Province		
Amateur team(s)			
Years	Team	Apps	(Points)
2011	UCT Ikey Tigers	7	(5)
Senior career			
Years	Team	Apps	(Points)
2012–2014	Western Province	7	(0)
2012–2019	Stormers	61	(20)
2015–2016	NTT DoCoMo	8	(5)
2019–present	Toulon	28	(30)
National team(s)			
Years	Team	Apps	(Points)
2011	South Africa U20	5	(5)
2012–	South Africa	97	(15)
2015	Springboks [a]	1	(5)
2016	Springbok XV [b]	1	(0)





































VODACOM BLUE BULLS

During the 1920s the Pretoria Sub-union had not foreseen the growing need for fields, but in the first part of that decade, the Sub-union, in co-operation with the Municipality, systematically put their existing rugby fields under kikuyu.

University and Boys' High followed their example in 1923, so that there were seven grass fields available in that year. The Railway Institute field at Berea Park was similarly grassed in 1924. At the end of 1928 there were ten grass fields in Pretoria.



2022 VODACOM BULLS SQUAD

 ARNO BOTHA Loose Forward	 BERNARD VAN DER LINDE Scrumhalf	 CANAN MOODIE Centre/wing	 CHRIS SMITH Flyhalf	 CORNAL HENDRICKS Centre
 DAVID KRIEL Fullback/wing	 DIEGO APPOLLIS Centreg	 ELRIGH LOUW Loose forward	 EMBROSE PAPIER Scrumhalf	 FC DU PLESSIS Flyhalf
 GERHARD STEENEKAMP Prop	 HAROLD VOSTER Flyhalf/centre	 HENCO BEUKES Loose Forward	 JACO LABUSCHAGNE Loose Forward	 JACQUES DU PLESSIS Lock/loose forward
 JACQUES VAN ROOYEN Prop	 JAMES VERITY-AMM Utility back	 JAN-HENDRIK WESSELS Prop	 JANKO SWANEPOEL Lock/loose forward	 JOE VAN ZYL Hooker
 JOHAN GOOSEN Flyhalf/fullback	 JOHAN GROBBELAAR Hooker	 KEAGAN JOHANNES Scrumhalf	 KURT-LEE ARENDESE Wing	 LIZO GQOBOKA Prop
 MADOSH TAMBWE Wing/centre	 MARCELL COETZEE Loose Forward	 MARCO JANSEN VAN VUREN Utility back	 MHLELI DLAMINI Loose Forward	 MORNAY SMITH Prop
 MORNÉ STEYN Flyhalf	 MULLER UYS Loose Forward	 RAYNARD ROETS Lock	 REINHARDT LUDWIG Lock	 RICHARD KRIEL Utility back
 ROBERT HUNT Prop	 RUAN NORTJE Lock	 SCHALK ERASMUS Hooker	 STEDMAN GANS Centre	 STRAVINO JACOBS Wing
 WALT STEENKAMP Lock	 WERNER GOUWS Loose Forward	 WJ STEENKAMP Loose Forward	 ZAK BURGER Scrumhalf	

The Pretoria Sub-union also wished to improve the facilities at the Eastern Sports Ground. In 1923 the City Council commenced the building of a concrete stand which could accommodate 2 000 spectators. At the end of 1928, mainly as a result of the All Blacks tour, the Sub-union could show a record financial gain and used the profits to erect the changing-rooms and toilets they had waited for, for so long. Loftus is named after Robert Owen Loftus Versfeld, who is seen as the founder of organised sport in the Pretoria area. When Mr. Loftus Versfeld died suddenly in May 1932, the Sub-union paid the fitting tribute of renaming the Eastern Sports Grounds. From then on, it was to be known as Loftus Versfeld.

The phenomenal growth of rugby was accompanied by a dearth of playing fields. Apart from the 3 605 pupils who played rugby in 1937, there were 2 202 senior players actively involved. As early as 1934 the Pretoria Sub-union was unable to provide enough fields to satisfy the needs of the schools. The prospect of two additional municipal fields being laid out on the racecourse had not materialised by March 1936.




Contact Details

Tel: +27 12 420 0700 | Email: info@bluebull.co.za

 BullsOfficial  @blue_bulls_official

 @BlueBullsRugby  VodacomBulls

 www.bullsrugby.co.za

abantu

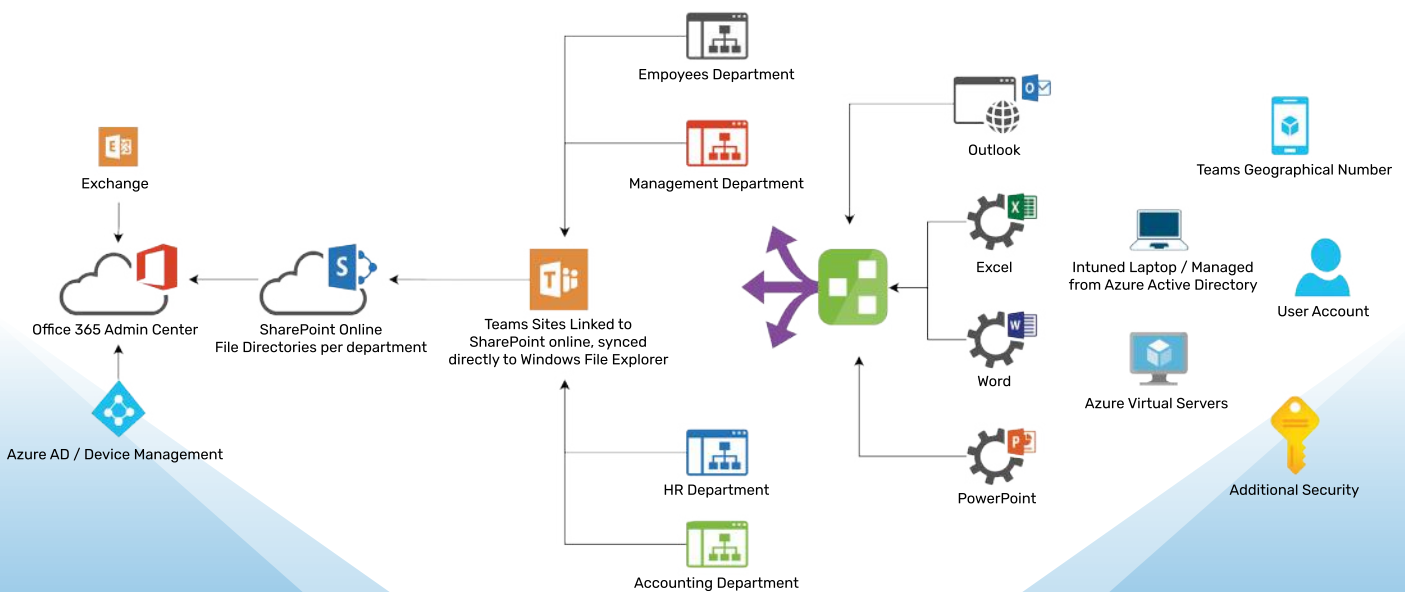
CLOUD SOLUTIONS

Abantu Cloud Solutions has been a solutions provider for the last 13 years.

We are committed to providing solutions that will accommodate you and your needs in the best way possible. We find that each company is unique and has its way of doing things. Companies usually are unwilling to embark on new changes and solutions.

We understand that most companies resist change and can be scared of digital transformation. We assist those companies in going digital without costs spiraling out of control and helping them to make the right choices. Without digital transformation and the fourth industrial revolution moving at a fast and aggressive pace, it could become a big hurdle for companies to stay ahead of the game in the future.

We specialize in cloud services and are moving away from on-prem solutions. With Microsoft Azure and Office-365, we can make work easy, affordable, and Geographically possible for any company or individual.



Microsoft Cloud Services

Moving to Microsoft Cloud Services will give any SME the ability and power to work from anywhere and still have full control over your organisation. Microsoft Cloud Services are broken into segments making it easier and more affordable to the transition to the cloud.

Starting with the Business Basic package you are already making a step in the right direction in becoming cloud-based. This will give you the ability to collaborate and manage your company online without the worries of on-site infrastructure.

The Above Diagram shows you the ability of Microsoft Cloud Services and its capabilities.

Office Packages (Word, Excel, PowerPoint, Outlook).
 One Drive for each User, Fully manageable from the Admin Center.
 Teams File collaboration / Phone Number.

SharePoint File Services for your departments.
 Azure Active Directory and Device Management.
 MFA for Enhanced Security.



JOIN THE SOUTH AFRICAN NATIONAL ARCHERY ASSOCIATION

The South African National Archery Association (SANAA) was established in 1948 and is the representative body for all forms of archery in South Africa.

The sport attracts a wide cross-section of participants from all walks of life and of varying ages, abilities, race and gender. We are represented across the country through provincial and regional structures that in turn are populated by registered archery clubs.

We are also active members of the global body that governs the sport, World Archery. This relationship is a crucial link for South African ambitions to compete on the global stage. Our athletes regularly qualify for and compete at Archery World Cup tournaments, although the sport's highest honours are reserved for those who qualify for the Olympics.

We also have a number of judges who have been certified by World Archery to adjudicate at international events. But the focus for now is to get the handful of promising archers knocking on the door to qualify for Paris 2024 ready to peak at the right time.

Olympic Archery is currently restricted to the recurve discipline, but qualifying compound archers often compete at World Cup events against the best in the world. South Africa was represented as recently as the 2020 Tokyo Olympics by paralympians Shaun Anderson and Philip Coates Palgrave.

Participating at this level is a unique honour and only possible after many hours of practice to master this demanding but tremendously satisfying sport.

Those who take up the sport are immediately captivated by the instantaneous feedback from where the arrow lands. An obsession to improve the next arrow, and the one after that is what brings newcomers and experienced archers back every weekend.

SANAA co-ordinates grassroots development initiatives to introduce newcomers to the joy of archery. We do this in various ways, from growing the number of schools offering archery to supporting club and regional bodies to promote the sport.

The archery community in South Africa may be small compared to the major sporting codes, but it's made up of passionate administrators and athletes who are going all out to grow participation.

SKATEBOARDING IN SOUTH AFRICA



South Africa has numerous skate parks that offer awesome skateboarding and rollerblading adventures.

South Africa's skateboarding and rollerblading community is a fast growing group of hardcore enthusiasts who spend their days looking for the highest jumps, the smoothest rails to grind and the best terrain to showcase their skills. South Africa has numerous skate parks that offer awesome skateboarding and rollerblading adventures.

Essentially, where there's tar or cement, there's a skating and rollerblading venue, however South African's are privileged to have official skate parks in almost every major province. Wave House, located at Gateway's Theatre of Shopping on Umhlanga Ridge in Durban, is one of South Africa's hottest skateboarding and rollerblading entertainment venues. It is an awesome fusion of all boardsport cultures providing the ultimate place to hang out!

Wave House boasts an unbelievable 4000m² Skatepark designed by 10-time World Skating Champion, Tony Hawk. Tony Hawk himself was present at the opening of this unique South African skatepark and did the opening run for an audience of thousands of excited fans. Wave House is a playground for everyone!

There are skateparks in most cities in South Africa. Durban is home to the IS Skatepark which is an awesome indoor skatepark that boasts a street section and miniramps. Germiston is home to the Germiston Bowl where the riding surface material is concrete and for the more hardcore skateboarders and rollerbladers.

Johannesburg is home to Boogaloos, Green Ramp and Hartbees Holiday Resort. Boogaloos has lots of blanks, rails and bowl type quarter types as well as a 6 foot miniramp. The riding material is wood. Whilst skateboarding you can listen to MTV and view the pro's in the skatemovies which are projected on a big screen. Hartbeespoort Dam Holiday Resort is a setting to die for. One can enjoy exhilarating skateboarding adventures at the skatepark and enjoy a refreshing swim in the swimming pools. The riding surface material is metal.

Mandini is home to the Mandini Bowl which was originally a water catchment that was built in the 70's. Now it has become a popular skateboarding destination. The riding surface material is therefore concrete. It consists of a tight snake run into a bowl which has been extended into an over vertical wall.



PARA-ATHLETICS



Para-athletics is the sport of athletics practised by people with a disability as a parasport. The athletics events within the parasport are mostly the same as those available to able-bodied people, with two major exceptions in wheelchair racing and the club throw, which are specific to the division. The sport is known by various names, including disability athletics, disabled track and field and Paralympic athletics. Top-level competitors may be called elite athletes with disability.

Competitors are typically organised into three broad categories: deaf sports, athletes with a physical disability, and athletes with an intellectual disability. Deaf athletes typically compete among themselves, while athletes with physical and intellectual disabilities are usually assessed and given a para-athletics classification, which groups together athletes with similar ability levels. These classifications are governed by the **International Paralympic Committee (IPC)** and comprise a single letter and a number: T for Track or F for Field, then a number defining the level of ability. In competition, events may take place between athletes of identical class if numbers are sufficient, otherwise a range of similar classes may compete in the same event.

The Raza point score system can be used in field events to allow athletes of different abilities to directly compete. International governance operates outside of the sport's able-bodied governing body World Athletics (until 2019: IAAF) and instead is divided among those categories, with deaf athletics overseen by the **International Committee of Sports for the Deaf (CISS)**, para-athletics for the physical disabled principally governed by the World Para Athletics subcommittee of the IPC, and para-athletics for the intellectually disabled through the **International Sports Federation for Persons with Intellectual Disability (INAS)**. There are also condition-specific organisations, such as the International Dwarf Sports Federation and International Athletics Association for Persons with Down Syndrome. Rules for the sport are adapted from those set forth by the World Athletics, with the majority of rules for para-athletics being the same as those for able-bodied competitions, with exceptions that account for competitors' abilities, such as a visual signal instead of a starting pistol in

races for the deaf. Paralympic athletics has been one of the sports at the Paralympic Games since 1960, though deaf athletes and athletes with an intellectual disability compete separately at the Deaflympics and Special Olympics World Games, respectively. The three major sport-specific world championships for para-athletics are the **World Para Athletics Championships**, the **World Deaf Athletics Championships** and the **INAS World Athletics Championships**. Other major para-athletics competitions are hosted within the IWAS World Games and the INAS Global Games.

The name of the sport is derived from a portmanteau of the words Paralympic and athletics – the former term itself is a portmanteau of the words paraplegic and Olympic, though it now describes athletics for all disabilities. Some para-athletics competitors (in particular deaf, visually impaired, and amputee athletes) also compete in the able-bodied division of the sport, though competitions with a mix of elite disabled and able-bodied athletes are not typically classed as para-athletics.





NTANDO MAHLANGU

Age: 20 **Born:** 26 January 2002 | Mpumalanga, South Africa

Disability:
Amputated legs at the knee due to fibular hemimelia

Competing for:
South Africa

Sport:
Para-Athletics

Event(s):
200 metres
Long jump

Sponsor:
Toyota
South Africa

Coached by:
Neil Cornelius
Cathy Landsberg

Ntando Mahlangu (born 26 January 2002) is a South African Paralympic athlete. He won the gold medal in both the men's long jump T63 and men's 200 metres T61 events at the 2020 Summer Paralympics in Tokyo, Japan.

He won the silver medal in the men's 200 metres T42 event at the 2016 Summer Paralympics in Rio de Janeiro, Brazil. He is also a two-time medalist at the World Para Athletics Championships.

Mahlangu was born with fibular hemimelia, which affected the development of both his legs below the knee. In 2012, it was decided to amputate both his legs at the knee. Later that year he received his first set of blades. He attended primary school at Laerskool Constantiapark and high school at Afrikaanse Hoër Seunskool (Affies) in Pretoria.

South Africa's teenage track star Mahlangu hogged limelight after winning his first major international competition, the men's 200m T61, at the 2019 World Championships in Dubai, UAE.

One of the brightest young rising stars in the Paralympic Movement, Mahlangu is one of the nine Paralympians featured in the Netflix documentary 'Rising Phoenix'.

In 2017 he became an ambassador for US television channel Cartoon Network's anti-bullying campaign 'Be a Buddy, Not a Bully'. "I have been bullied due to my disability and know how it feels to have people make fun of you. I wanted to be able to tell my story and hopefully have it help people understand that bullying is wrong and everyone deserves to be treated with respect.

He had made a name for himself after a terrific season in 2017, dominating the World Junior Championships in Nottwil, Switzerland, with four gold medals and new 100m T42 (12.01) and 400m T42 (49.92) world records in the process – all at just 15. Those achievements came just weeks after he won 200m T42 silver behind Great Britain's Paralympic champion Richard Whitehead at the London 2017 World Championships.

Born with hemimelia, which meant his legs didn't fully develop below the knees, Mahlangu spent much of his early life in a wheelchair. Then in 2012 the decision was made to amputate both legs at the knee. In September that year, Mahlangu received his first set of blades through the South African charity Jumping Kids – and he hasn't looked back.

Four years later, the South African lined up at his first Paralympic Games in Rio de Janeiro. At just 14-years-old – one of the youngest competitors at the Games – he finished second behind defending champion Whitehead in the men's 200m T42, setting a new African record (23.77) in the process.

Mahlangu had already shown lot of prospect from the time he got hooked to the sport. In 2015 he won the 200m and 400m T42 at the IWAS World Junior Games in Stadskanaal, the Netherlands; a year later at the IWAS Under 23 World Games in Prague, Czech Republic, he won four gold medals and set what was then a new world record in the 400m T42. He returned home with the 'Best Athlete of the Games' award.

ACHIEVEMENTS AND TITLES

MEDAL RECORD

MEN'S ATHLETICS REPRESENTING SOUTH AFRICA

PARALYMPIC GAMES

Gold	2020 Tokyo	Long Jump T63
Gold	2020 Tokyo	200m T61
Silver	2016 Rio de Janeiro	200m T42
Gold	2021 Tokyo	200m
Gold	2021 Tokyo	Long Jump

WORLD CHAMPIONSHIPS

Gold	2019 Dubai	200m T61
Silver	2017 London	200m T42



ZANELE SITU

Birth Date:	Birth Place:	Sport:	Event(s)	Disability
19 January 1971 (age 51)	Kokstad, South Africa	Para-Athletics	Javelin throw & Discus	Spinal cord injury
Disability class	Coached by	Club/Team		
F54	Danny Damon	Maties ParaSport Club: Stellenbosch		

Ntombizanele Situ (born 19 January 1971), better known as Zanele Situ, is a Paralympian athlete from South Africa competing mainly in category F54 throwing events. Specialising in the javelin throw, Situ is a two-time gold medalist at both the Paralympics and the IPC Athletics World Championships and is the first female South African black athlete to win a Paralympic gold medal. Situ was born in Kokstad, South Africa in 1971. At the age of twelve she experienced weakness in her legs which resulted in an inability to walk. Medical tests discovered a tuberculosis infection in her spine which resulted in Situ entering a two-year semi-coma, and was left with paralysis from the fourth vertebra down, leaving her wheelchair bound. After becoming disabled she was schooled at Mthatha.

Situ first came to the international stage in 1998 when she represented South Africa at her first IPC Athletics World Championships, held in Birmingham, England. There she entered both the javelin and discus events, winning gold in the javelin with a best throw of 14.45 metres, and bronze in the discus throw. This led her to the 2000 Summer Paralympics in Sydney where she won a gold in the F52-54 javelin and a silver in the F51-54 discus. By taking gold in Sydney she became the first South African female black athlete to win a Paralympic title. Two years later she successfully defended her javelin world title in Lille, but despite adding almost two meters to her discus distance from Birmingham, it was only good enough for a fourth-place finish. 2003 saw Situ recognized for her achievements by her country when she was awarded the Order of Ikhamanga (silver) for her contributions to sport.

Two years later in Athens, Situ successfully defended her javelin title at the 2004 Summer Paralympics. Although not finishing on the podium in either the shot put or the discus, she was recognized by the International Paralympic Committee as the female athlete who best embodied the spirit of the Games when she was awarded the Whang Youn Dai Achievement Award. After Athens, Situ entered a barren period competitively,

failing to reach the podium at the 2008 Summer Paralympics in Beijing. She recovered some form in 2011, when she won bronze at Christchurch World Championships, but the emergence of world class competitors, such as Tunisia's Hania Aidi and China's Yang Liwan, made title challenges a difficult task. At the 2012 Summer Paralympics in London Situ threw a distance of 16.22 metres, but she fell short of the podium in fourth place. In between the 2012 and 2016 Summer Paralympics, Situ claimed two more world bronze medals, at Lyon (2013) and Doha (2015), both in the javelin. At Rio, in the 2016 Paralympics, Situ achieved a personal best in the javelin, throwing a 17.90 metre mark in her third round to take her first Paralympic medal in twelve years, a bronze. At the Rio Games she was also recognized by her country, being given the honour of flag bearer during the opening ceremony.

ACHIEVEMENTS AND TITLES		
MEDAL RECORD		
PARA-ATHLETICS REPRESENTING SOUTH AFRICA		
PARALYMPIC GAMES		
Gold	2000 Sydney	Javelin throw – F52-54
Gold	2004 Athens	Javelin throw – F54/55
Silver	2000 Sydney	Discus throw – F51-54
Bronze	2016 Rio de Janeiro	Javelin throw – F54
WORLD CHAMPIONSHIPS		
Gold	1998 Birmingham	Javelin F54
Silver	2002 Lille	Javelin F54-56
Bronze	1998 Birmingham	Discus F54
Bronze	1998 Birmingham	Discus F54
Bronze	2011 Christchurch	Javelin F54-56
Bronze	2013 Lyon	Javelin F54-56
Bronze	2015 Doha	Javelin F54
Bronze	2017 London	Javelin throw – F54



MPUMELELO MHLONGO



Birth Date: 22 March 1994 (age 28)	Birth Place: Cape Town, South Africa	Height: 1.68 m (5 ft 6 in)	Weight: 70 Kg. (154 lbs)	Coached by: Jason Sewanyana
Sport: Para athletics	Event(s): 100m, 200m, 300m Long & High Jump	Club / Team : University of Cape Town Athletics Club		

Mpumelelo Mhlongo is a South African professional athlete, business owner and student, Mhlongo was born in Cape Town, Western Cape. He took up the sport in 2001 in Pinetown, South Africa. He took up Para athletics in 2014 at the University of Cape Town Athletics Club in South Africa.

He was born with amniotic band syndrome, a condition at birth when the foetus becomes entangled in fibrous amniotic bands in the womb, restricting blood flow. He was also born with congenital talipes equinovarus [club foot].

He liked playing team sports growing up and saw it as a way of making friends. "It was through trying to get fit for soccer again in university, and I joined the track and field team of the **University of Cape Town**. I was at one of the meets, just trying to do my high jump – I'm a big fan of high jump, it was my second love after soccer. Then a guy came up to me and he was like, 'What's wrong with your leg?' And I said, 'Uh, I don't know, what's wrong with yours?' He said, 'It looks like you could actually be classified as a Para athlete!'"

In 2018 he graduated with a master's degree in chemical engineering from the University of Cape Town in South Africa. The following year he continued to pursue a PhD in chemical engineering at the same university.

Some Interesting facts about Mpumelelo:

- Nicknames - Mpumi
- His mother is the most influential person in his career
- He's Hero & Idol is South African Para sprinter Ntando Mahlangu.
- He developed patellar tendinitis [jumper's knee] while in grade nine at high school. The injury prevented him from competing in several European competitions in early 2016.
- His Sporting philosophy / motto: "To be great means to enjoy what you do a little more every day."
- His ambitions are to compete at the 2020 Paralympic Games in Tokyo, to jump 7.80 metres in long jump and improve on his time in the 100m event.

In 2019 he began the **#SomeoneWhoCares** campaign on social media to bring greater attention to the challenges of people living with impairments. "This is not just an African challenge but one for the entire world, even if the situation within my continent seems that much more bleak. The truth is that despite being part of the community, I do not know how to change the way the disabled are viewed in South Africa and other countries across the continent. However, I do believe that through my successes as a Para athlete and advocacy, a global spotlight can be shone on this issue, and if that can happen, change could happen." In 2020 he used his partnership with a betting company to inject funds into the Western Province Sport Association for the Physically Disabled [**WPSAPD**], and donate sports equipment.

TYPE OF IMPAIRMENT	
Impaired muscle power	
Origin of Impairment:	Congenital
Classification:	T44, F44
INTERNATIONAL DEBUT	
Year:	2015
Competing for:	South Africa
BEST RESULTS COMPETING IN PARA ATHLETICS	
2017 WPA Championships - Men's 100m T44:	7th
2019 WPA Championships - Men's 100m T64:	2nd
2019 WPA Championships - Men's Long Jump T64	3rd
2021 Paralympic Games Men's 200m T64:	5th
2021 WPA Track & Field Championship League Series Meeting 3, Athletic Track, Parow	2nd
ACHIEVEMENTS AND AWARDS	
Sportsman with a Disability of the Year award at the Cape Town District Sports Awards:	2019
UCT Sportsperson of the Year	2015, 2016, 2017, 2018, 2019

SOUTH AFRICAN FOOTBALL ASSOCIATION

The South African Football Association was incorporated on 23 March 1991, following a long unity process intended to rid football in South Africa of all its past racial division.

Four disparate units came together to form the organisation in Johannesburg to set South African football on the road to a return to international competition after a lifetime of apartheid in soccer. These four entities were the Football Association of South Africa (FASA), the South African Soccer Association (SASA), the South African Soccer Federation (SASF) and the South African National Football Association (SANFA), who later withdrew from the process only to return again two years later.



SOUTH AFRICAN FOOTBALL ASSOCIATION

SAFA's inaugural conference in Johannesburg was chaired by Interim Chairman, Mr Mluleki George, of the **National Sports Congress (NSC)**. The proposal for SAFA to apply for CAF membership was taken at this congress. However, SANFA did not agree with this initiative. A Draft Constitution was accepted and referred to all Regions and provinces for further consideration and any proposed amendments were to be thrashed out on 5 May 1991. A 15-member committee was elected to office until February 1992, when elections for a permanent National Executive Committee would be held. The process culminated in a holistic consensus of all negotiating parties on 8 December 1991. It was only natural that the game finally be united as the sport of football had long led the way into breaking the tight grip of racial oppression, written into South Africa's laws by its successive apartheid governments.

In comparison with other football nations, SAFA has achieved remarkable success with qualification for the FIFA World Cup finals in France in 1998, Korea-Japan in 2002 and in South Africa in 2010. It also became the African champions at the 1996 Africa Cup of Nations finals, which the country hosted, and were the runners-up in Burkina Faso two years later.

After a lengthy period in the doldrums of African football, the Men's Senior National Team experienced a resurgence in 2010 – 2011, experiencing a memorable 2010 FIFA World Cup campaign and moving from 89th position on the FIFA World Rankings to 38th position in May 2011 – an improvement of 51 positions in 13 months!

At under-20 level, South Africa were runners-up at the 1997 African championships in Morocco and qualified to play in the Under-20 FIFA World in Malaysia in the same year. In 2010, the Womens Under-17

National Team played in the Under-17 FIFA World Cup after a gruelling qualifying campaign.

The Womens Senior National Team (Banyana Banyana) has consistently remained among the top three national teams in Africa and qualified, in August 2011, to play in the 2012 London Olympic Games. In the same year, the team placed fourth in the 2011 All-Africa Games in Mozambique, in what was their most successful year to date.

The country's Under-23 National Team faced a gruelling campaign in 2011 to qualify for both the All-Africa Games and the 2012 London Olympic Games, going on to place second in the 2011 All-Africa Games in Mozambique with a group of players put together at short notice due to club commitments of players who played in the qualification rounds of the competition.

At club level, Orlando Pirates won the prestigious African Champions Cup in 1995, the first club from the southern African region to take the title in more than 30 years of competition. Orlando Pirates played in the event for the first time and won the title away from home in Cote d'Ivoire to further amplify the magnificence of the victory.


Behind the scenes, SAFA has worked long and hard to provide the structures to take football to all levels of the South African community. There are now national age-group competitions from under-17 levels, more than 7,000 qualified coaches working around the country and nine provincial structures, who are further divided into 52 Regions. Additional Regions are planned in line with the changes made to municipal demarcations by the Municipal Demarcation Board.



Contact Details

Tel: +27 (11) 567 2010 | Email: media@safa.net

 @southafricanfootballassociation

 @SAFA_net

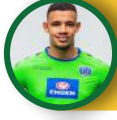
 SAFA_net TV

 www.safa.net

SOCCER PLAYERS OF SOUTH AFRICA IN 2022



VELI MOTHWA | GOALKEEPER | Age: 31
 Place of Birth: Polokwane | Current Club:
 Date of Birth: 1991-02-12 | **Amazulu Durban**



RONWEN WILLIAMS | GOALKEEPER | Age: 30
 Place of Birth: Polokwane | Current Club:
 Date of Birth: 1992-01-21 | **Supersport United**



NKOSINATHI SIBISI | CENTRE BACK | Age: 26
 Place of Birth: Durban | Current Club:
 Date of Birth: 1995-09-22 | **Golden Arrows**



SIYANDA XULU | CENTRE BACK | Age: 30
 Place of Birth: Durban | Current Club:
 Date of Birth: 1991-12-30 | **Hapoel Tel-Aviv**



KHULISO MUDAU | RIGHT BACK | Age: 27
 Place of Birth: Musina | Current Club:
 Date of Birth: 1995-04-26 | **Mamelodi Sundowns**



TERRENCE MASHEGO | LEFT BACK | Age: 23
 Place of Birth: Musina | Current Club:
 Date of Birth: 1998-09-16 | **Cape Town City**



NYIKO MOBBIE | RIGHT BACK | Age: 27
 Place of Birth: Shikunda | Current Club:
 Date of Birth: 1994-09-11 | **Sekhukhune United**



RUSHIWE DE REUCK | CENTRE BACK | Age: 26
 Place of Birth: Cape Town | Current Club:
 Date of Birth: 1996-02-09 | **Mamelodi Sundowns**



ATHENKOSI MCABA | CENTRE BACK | Age: 20
 Place of Birth: Springs | Current Club:
 Date of Birth: 2002-01-09 | **Stellenbosch FC**



THABANG MONARE | CENTRE MIDFIELDER | Age: 32
 Place of Birth: Embalenhle | Current Club:
 Date of Birth: 1989-09-16 | **Orlando Pirates**



MOTHOBI MVALA | DEFENSIVE MIDFIELDER | Age: 27
 Place of Birth: Theunissen | Current Club:
 Date of Birth: 1994-06-14 | **Mamelodi Sundowns**



KEAGAN DOLLY | ATTACKING MIDFIELDER | Age: 29
 Place of Birth: Johannesburg | Current Club:
 Date of Birth: 1993-01-22 | **Kaizer Chiefs**



LYLE LAKAY | LEFT MIDFIELDER | Age: 30
 Place of Birth: Cape Town | Current Club:
 Date of Birth: 1991-08-17 | **Mamelodi Sundowns**



ETHAN BROOKS | DEFENSIVE MIDFIELDER | Age: 20
 Place of Birth: Johannesburg | Current Club:
 Date of Birth: 2001-11-22 | **TS Galaxy Kameelrivier**



TEBOHO MOKOENA | CENTRE MIDFIELDER | Age: 25
 Place of Birth: Bethlehem | Current Club:
 Date of Birth: 1997-01-24 | **Mamelodi Sundowns**



BANDILE SHANDU | RIGHT MIDFIELDER | Age: 27
 Place of Birth: Pietermaritzburg | Current Club:
 Date of Birth: 1995-01-19 | **Orlando Pirates**



GOODMAN MOSELE | CENTRE MIDFIELDER | Age: 22
 Place of Birth: Khuma | Current Club:
 Date of Birth: 1999-11-18 | **Orlando Pirates**



LYLE FOSTER | CENTRE FORWARD | Age: 21
 Place of Birth: Soweto | Current Club:
 Date of Birth: 2000-09-23 | **KVC Westerlo**



EVIDENCE MAKGOPA | CENTRE FORWARD | Age: 21
 Place of Birth: GaMampa | Current Club:
 Date of Birth: 2000-06-05 | **Baroka FC Polokwane**



BONGOKUHLE HLONGWANE | CENTRE FORWARD | Age: 21
 Place of Birth: Pietermaritzburg | Current Club:
 Date of Birth: 2000-06-20 | **Minnesota United FC**



FAGRIE LAKAY | CENTRE FORWARD | Age: 24
 Place of Birth: Menenberg | Current Club:
 Date of Birth: 1997-05-31 | **Pyramids Beni-Suef**



VICTOR LETSOALO | CENTRE FORWARD | Age: 29
 Place of Birth: Cape Town | Current Club:
 Date of Birth: 1993-04-01 | **Royal AM Pietermaritzburg**

NATIONAL TEAMS COACHED BY HUGO BROOS - FIFA

Year	Country	M	W	D	L	G
2017	Cameroon	18	7	6	5	23
2016	Cameroon	8	3	4	1	11
2022	South Africa	2	0	1	1	0
2021	South Africa	6	4	1	1	6
		34	14	12	8	40

NATIONAL TEAMS COACHED BY HUGO BROOS - NON FIFA

Year	Country	M	W	D	L	G
2017	Cameroon	1	1	0	0	2
2016	Cameroon	0	0	0	0	0
2022	South Africa	0	0	0	0	0
2021	South Africa	0	0	0	0	2

Champions 2020



PREMIER SOCCER LEAGUE

The Premier Soccer League (PSL) is the trading name of the National Soccer League (NSL). It is an Affiliate Member of the South African Football Association (SAFA) and the administrator of professional football in the Republic of South Africa. The PSL was established in 1996.

Manning Rangers were the first to be crowned champions of the PSL in 1997 when Gordon Igesund-coached the side and stunned all and sundry by winning the title ahead of a number of more fancied opponents. From 1998 to 2000 the league was dominated by Mamelodi Sundowns, who pulled off a hat-trick of titles. In 2001,

Founder Members

AmaZulu	Orlando Pirates
Bloemfontein Celtic	QwaQwa Stars
Cape Town Spurs	Real Rovers
Hellenic	Mamelodi Sundowns
Jomo Cosmos	Supersport United
Kaizer Chiefs	Umtata Bush Bucks
Manning Rangers	Vaal Professionals
Michau Warriors	Witbank Aces
Moroka Swallows	Wits University

The current PSL Executive Committee:

1. Dr. Irvin Khoza (Chairman)
2. Mr Kaizer Motaung
3. Ms Mato Madlala
4. Mr John Comitis
5. Mr Stanley Matthews
6. Mr David Thidiela
7. Dr Rejoice Simelane
8. Mr Robert Benadie

Igesund moved to Orlando Pirates and helped the 'Buccaneers' secure the title. The following season he moved to Cape Town-based Santos, and steered it to win the league title, thus becoming the first coach to win the championship with three different clubs. He then won it again with Mamelodi Sundowns in the 2007/08 season.

The league was reduced from 18 to 16 teams after the end of the 2001/2002 season to avoid fixture congestion, causing two teams, Ria Stars and Free State Stars, to be disbanded. Kaizer Chiefs successfully defended their league

The 2005/2006 season saw Mamelodi Sundowns capturing the title for the fourth time.

The PSL has helped raise the standard of club soccer in South Africa, providing the sport with better media coverage and much improved revenue through strong sponsorship deals. Sponsors include renowned brands like Nedbank, Telkom, Absa, and the official suppliers are Castle, Coca-Cola and Vodacom. It has also provided a platform for local players to make their mark and catch the eye of overseas clubs.

The Premier Soccer League (PSL) and MultiChoice have partnered to produce an inventive programme, designed to help players find success off the playing field once their careers conclude.

The PSL Player Transition Programme focuses on current PSL players aged between 28 and 35 years and aims to equip and empower them with the necessary knowledge and skills to transition into a role in sport after they have retired.

Set to run from January 2022 until June 2022, the programme will prepare these players for the reality of retirement from playing professional sport, empowering them to make a meaningful impact in the world and to leave a legacy.



Contact Details

Call: +27 11 715 2500 | Email: info@psl.co.za



@OfficialPSL



@OfficialPSL



www.psl.co.za

BANYANA BANYANA

The South Africa women's national soccer team, nicknamed Banyana Banyana (The Girls), is the national team of South Africa and is controlled by the South African Football Association.



KAYLIN SWART

Position: **Goal Keeper**



ANDILE DLAMINI

Position: **Goal Keeper**



REGIRL NGOBENI

Position: **Goal Keeper**



LEBOGANG RAMALEPE

Position: **Defender**



KARABO DHLAMINI

Position: **Defender**



KOKETSO TLAILANE

Position: **Defender**



JANINE VAN WYK (CAPTAIN)

Position: **Defender**



TIISETSO MAKHUBELA

Position: **Defender**



BAMBANANI MBANE

Position: **Defender**



NOKO MATLOU

Position: **Defender**



KARABO MAKHURUBETSHI

Position: **Defender**



ONGEZIWE NDLANGISA

Position: **Defender**



REFILOE JANE

Position: **Midfielder**



ORATILE MOKWENA

Position: **Midfielder**



GABRIELA SALGADO

Position: **Midfielder**



THALEA SMIDT

Position: **Midfielder**



KHOLOSA BIYANA

Position: **Midfielder**



ROBYN MOODALY

Position: **Midfielder**



SIBULELE HOLWENI

Position: **Midfielder**



MAMELLO MAKHABANE

Position: **Midfielder**



NOMVULA KGOALE

Position: **Midfielder**



LINDA MOTLHALO

Position: **Midfielder**



NOXOLO CESANE

Position: **Midfielder**



THEMBI KGATLANA

Position: **Forward**



MELINDA KGADIETE

Position: **Forward**



JERMAINE SEOPOSENWE

Position: **Forward**



NTHABISENG MAJIYA

Position: **Forward**



HILDAH MAGAIA

Position: **Forward**



ASANDA HADEBE

Position: **Forward**



RHODA MULAUDZI

Position: **Forward**

SOUTH AFRICAN DEAF SPORTS FEDERATION

SADSF has participated in all the Deaflympic Games since 1993 and these games have become very popular amongst athletes in South Africa, with each and every athlete aspiring to be part Team South Africa. These aspirations alone are enough to push athletes to work hard at school, local, provincial and national competitions so as to be considered for selection.

The Deaflympics are held every four years, and are the longest running multi-sport event excluding the Olympics themselves. The first games, held in Paris in 1924, were also the first ever international sporting event for athletes with a disability.



The SADSF currently promotes 10 sport codes, namely: Athletics; Cricket; Soccer; Netball; Volleyball; Golf; Table Tennis; Swimming; Squash; Cycling. Most of these codes have their own structures and constitutions and are, as provided for in the SADSF Constitution, affiliated to the SADSF which is a National controlling body that facilitates the administration and coordination of each of these 10 Sport Codes to the highest level of excellence.

SADSF further has 9 constituted Provincial structures that are responsible for the identification and development of sporting talent for Deaf at grassroots level and also for the administering and coordination of sport for the Deaf at a Provincial level. Deaf School Sport Commission, hereinafter referred to as the Commission, is a permanent Standing Committee of SADSF and its responsibility is to administer and coordinate sport for the Deaf at school level. It directly maintains working relationship with SASCOC School Sport Commission, National Coordinating Council (NACOC) - a Sub Directorate of Sport and Recreation South Africa (SRSA) and Department of Education (DoE) in terms of implementation of school sport projects and policies. The Commission advises SADSF on matters affecting Deaf school sport and oversee the organizing of National Deaf School Games and Championships for Deaf athletes up to 19 years of age.

SADSF Constitution includes some basic objectives such as the provision of training, campaigning for better facilities and the organizing of sporting events. In the years that SADSF have existed, it has won respect and acclaim for the dedicated role it has played in the field of Deaf sport development in the country.

SADSF is affiliated to **International Committee of Sports for the Deaf (ICSD)** or **CISS** as it is widely known around the world. SADSF was also affiliated to **National Paralympics Committee of South Africa (NAPCOSA)** which has now disbanded to pave the way for **Disability Sport South Africa (DISSA)** which has also been dissolved. As a result of the **resolution of Sport and Recreation South Africa (SRSA)** Ministerial Task Team, the new body, namely; **South African Sports Confederation and Olympic Committee (SASCOC)** was established and SADSF became an affiliated member of this body in 2005.

To contribute to the pride of Deaf athletes and to unite Deaf people from diverse cultures in South Africa, the medium of sport and sport participation remain one of the major tools and challenges of SADSF.

Team SA is hoping to fly the flag high at the 2022 Deaflympics in Brazil. South Africa has sent a team to take part in the world-class competition, with SA swimmer Amkele Qamarana having carried the South Africa flag at the opening ceremony on Sunday.

The Deaflympics are the most prestigious multi-sports event meant only for deaf athletes.

South African Deaf Sport Federation currently promotes 10 sport codes, including Swimming. Most of these codes have their own structures and constitutions and are, as provided for in the SADSF Constitution, affiliated to the SADSF which is a National controlling body that facilitates the administration and coordination of each of these 10 Sport Codes to the highest level of excellence. SADSF further has 9 constituted Provincial structures that are responsible for the identification and development of sporting talent for Deaf at grassroots level and also for the administering and coordination of sport for the Deaf at a Provincial level.



Contact Details

Tel: 082 362 3519 | Email: president@sadeafsports.co.za

@SADeafsport



GINIEL DE VILLIERS



Birth Date:	Birth Place:	Sport:	Debut season	Current team
25 March 1972 (age 50)	Barrydale, South Africa	circuit racing	2003	Toyota
Co-driver	Championships			
Dennis Murphy	Dakar Rally			

Giniel de Villiers (born 25 March 1972 in Barrydale, South Africa) is a South African racing and rally driver, best known for winning the Dakar 2009.

De Villiers began his career in circuit racing, winning the domestic South African touring car championship four times in succession from 1997 to 2000 with a dealer-backed Nissan Primera.

Switching to off-road racing thereafter, de Villiers made his Dakar Rally debut in 2003 driving for the works Nissan team. Finishing fifth overall at first attempt alongside navigator Pascal Maimon, de Villiers took his first stage victory in 2004 on the way to seventh overall in the standings (this time alongside François Jordaan) and won two stages in 2005, ending fourth overall (alongside Jean-Marie Lurquin).

De Villiers switched his allegiance to Volkswagen when Nissan withdrew their factory team at the end of 2005, taking another stage win and the runner-up position in the overall standings in 2006 along with navigator Tina Thorner – fifteen minutes behind Mitsubishi's Luc Alphand. Engine trouble prevented de Villiers and his new navigator Dirk von Zitzewitz finishing any higher than eleventh overall in 2007, in spite of four stage victories. In 2009, de Villiers and Zitzewitz took the overall victory, albeit largely as a result of their teammate Carlos Sainz retiring whilst in a commanding position. More engine trouble in 2010 prevented de Villiers and von Zitzewitz from being able to defend their crown, the pair finishing just seventh overall, but they were able to finish in a strong runner-up position to teammate Nasser Al-Attiyah in 2011 with another stage victory.

De Villiers and Zitzewitz joined the South African Imperial Toyota team for the 2012 and 2013 event as a result of Volkswagen's withdrawal. They finished in third position in 2012 and a credible second place overall in 2013 despite taking no stage victories. In 2014, de Villiers and Zitzewitz were the best non-Mini crew, winning the final stage of the rally to cement fourth place overall – de Villiers' eighth top five finish in 11 Dakar starts.

De Villiers also took part in the 2009 Race of Champions, forming an 'All-Star' team alongside David Coulthard. The pair however failed to advance from the group stages of the Nations Cup competition, whilst de Villiers finished bottom of his group during the individual event.

The opportunity to compete in the local championship has given De Villiers the opportunity to return to a championship he won a decade ago. But more than that, it gives him significantly more seat time in the Toyota Gazoo Racing SA Hilux, and the Toyota Kalahari Botswana 1,000 Desert Race is the perfect place to hone his skills in preparation for Dakar 2018.

WSL CHAMPIONSHIP TOUR EVENT WINS

Year	Class	Vehicle	Position	Stages won
2003	CAR	Nissan	5th	0
2004			7th	1
2005			4th	2
2006		Volkswagen	2nd	1
2007			11th	4
2008-Event cancelled – replaced by Central Europe Rally				
2009	CAR	Volkswagen	1st	4
2010			7th	0
2011			2nd	1
2012		Toyota	3rd	0
2013			2nd	0
2014			4th	1
2015			2nd	0
2016			3rd	0
2017			5th	0
2018			3rd	1
2019			9th	0
2020			5th	1
2021			8th	1
2022			5th	1

MOTORSPORT SOUTH AFRICA

Motorsport is controlled worldwide by two governing bodies: the **Federation Internationale de l'Automobile (FIA)** responsible for all forms of automobile sport, and the **Federation Internationale de Motocyclisme (FIM)**, responsible for all categories of motorcycling. The **Commission Internationale de Karting (CIK)**, forms part of the FIA.

Both the FIA and FIM recognise only one National Federation in each country, with such Federation in turn being responsible for the control and administration of the sport in its own country.

In South Africa, the FIA and FIM have transferred their sporting powers to **Motorsport - South Africa (MSA)** and all motorsporting events in the country are held in accordance with FIA and FIM Sporting Codes. South Africa is one of only a few countries responsible for the control of both car and motorcycle sporting events, with most other countries having separate governing bodies for the two disciplines.

There has never been any discrimination in motorsport, and before any club's application for affiliation to MSA is considered, the club has to provide a copy of its Constitution to MSA, wherein it must be clearly stated that there will be no discrimination between race, colour, creed or religion within the club. The MSA Handbook further specifies this in the "Introduction" Section.

The control of motorsport in South Africa is divided into six regions, namely Northern Regions; Kwazulu Natal; Western Province; Eastern Province; Border and FS/Northern Cape.

The MSA's Functions

Formulates, Compiles/Distributes:

- Sporting Policy
- Technical Rules and Regulations
- Annual Motorsport Calendar
- National and Regional Championships Scoring

Issues/Publishes:

- Competitor Licences
- Official Licences
- National and Regional Circulars
- Media Releases
- Court Findings
- Informative and updated website & Social Media

Ensures:

- Conformity of South African motorsport regulations with FIA, CIK and FIM International
- Sporting Codes
- Conformity and compliance with WADA Anti-Doping Regulations
- Compliance with Ministry of Sport and SASCOC laws, statutes and requirements
- Qualification of licensed officials
- Safety of competitors, officials and spectators at all events
- Attendance of qualified medical personnel at events
- Transparent and clean administration of the sport and all financial matters
- Transformation within motorsport at all levels
- Awareness and protection of environment

Promotes:

- The interests of South African motorsport
- Equality in motorsport

Controls:

- Commercial Rights for all categories of motorsport
- Awarding of South African and Regional Championship titles

Implements:

- Special projects whenever deemed necessary
- Development programmes

Contact Details

Call: 011 675 2220 | Email: msa@motorsport.co.za



@motorsportsouthafrica



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SOUTH AFRICAN UNDERWATER SPORTS FEDERATION

The South African Underwater Sports Federation (SAUSF) is the official CMAS (World Underwater Federation) representative in the Republic of South Africa and is also an affiliate of the South African Sports Confederation and Olympic Committee (SASCOC).

We recognise our responsibility to promote and represent all CMAS approved underwater sports in South Africa. Furthermore, to conform to all CMAS, SASCOC & SRSA rules, requirements, standards and procedures in order to ensure and promote good sportsmanship and competition.



The SAUSF known as **SAUU (South African Underwater Union)** has traditionally been responsible for the administrative duties of all underwater sports in South Africa. This responsibility included boating and scuba diving (training and recreational diving). These two sports grew to more of a commercial type discipline than the more competitive amateur sports like underwater hockey, rugby, spearfishing, fin swimming and freediving. Both boating and scuba diving deemed it in their best interest to split off the SAUU and established their own national federations. Where needed, SAUSF does more than just the transferring of affiliation fees to CMAS. SAUSF liaises with CMAS and SASCOC on behalf of the underwater sports. SAUSF can assist with a vast spectrum of administrative duties from applications for national colours to assisting with funding. In the early 1950's Underwater Hockey (UWH) took off as a new sport in South Africa. South African underwater hockey was born out of the desire for spearfishermen to keep fit when away from the sea or when sea conditions were undivable.

UNDERWATER FISHING FEDERATION (SAUFF)

SAUFF is the South African Underwater Fishing Federation and is a Nonprofit Organisation. It is the body which provides support and a united voice for all spear and crayfishers. Our primary focus is to grow the sport of underwater fishing at a development and club level as well as to protect the interests of our unique sport at a provincial and governmental level.

UNDERWATER HOCKEY FEDERATION (SAUWHF)

The South African Underwater Hockey Federation (SAUWHF) is a voluntary body responsible for the pursuance of all physical sporting matters related to underwater hockey. South Africa underwater hockey has always performed exceptionally well on the international circuit with our Masters & Elite teams internationally recognised for their agility and competitiveness.

SA UNDERWATER RUGBY FEDERATION (SAURF)

Underwater-Rugby is a ballgame played in a swimming pool of approximately 4-5 meters depth, where the playing "field" consists of the entire 3D-watermass. Each team consists of a least 4 players per side (everyone welcome). The goal (pun intended) is to put a ball into a round metal-basket on the bottom at the opposing team's end of the "field". Yes, the ball sinks. One of the things that makes this sport unique, is the 3D-aspect. The occasional bruise or scratches are the only usual "side-effects" of this game.

UNDERWATER FREEDIVING

Freediving combines a love for being in the ocean (and swimming pools, freshwater lakes and the like), with the physical and mental challenge of learning how to hold your breath for an extended period of time.

South Africans do tend to be a competitive bunch and we tend to thrive on personal progress and success. If you combine this with the idea that freediving is also a competitive sport (Who can dive deeper under water? Further in a pool? Hold their breath for longer?), then it's obvious why more and more South African freedivers are pushing the limits of the sport and setting records.

Freediving events include: Free immersion and constant weight depth events, dynamic pool events and static apnea.



Contact Details

 www.sauff.co.za | admin@sauff.co.za

NETBALL SOUTH AFRICA

Netball South Africa is the peak governing body for the sport of netball in South Africa, which is responsible for overseeing the practice of the sport across the country. Additionally, NSA is the managing body for the National Netball Team – the **SPAR Proteas**. They are 5th in the **INF World Rankings** and placed 4th in the 2019 **INF Netball World Cup**.

Since 1992, South Africa has participated in international tournaments primarily within the Commonwealth nations. With a strong grassroots network in schools and universities, netball in South Africa has taken on a more professional position with the introduction of the **Telkom**

Netball League, The **Telkom Netball League (TNL)** is South Africa's premier Netball tournament. Proudly sponsored by Telkom, the league showcases South Africa's netball talent with coaches and scouts frequently in attendance. and with many of the players plying their trade in England, Australia and New Zealand leagues.

South Africa have long been among the top five ranked nations in netball, having twice won medals at the World Cup, once with a third-place finish in 1967 and later securing runner-up status to Australia in 1995. The national team was barred from participating in international test matches in 1969 because of the country's apartheid policies and were not readmitted until 1995. Their surprise appearance in 1995 World Cup Final came off the back of an historic victory over New Zealand earlier in the tournament and saw the team receive a medal from President Nelson Mandela personally.

As well as competing in World Cups and at the Commonwealth Games, the Proteas also regularly participate in the **Quad Series** against Australia, New Zealand and England, though the team has never finished above fourth place in the tournament. The Proteas also feature in the **all-African Diamond Challenge** tournament most years, which they have won on each occasion thus far.

The mission of Netball South Africa is to connect young and old to the professional arm of the sport. We are committed to ensuring rules are fair, coaches are trained and accredited, and that all professional games are played according to global standards.

Netball South Africa governs the sport across each of the nine provinces. It is through the regions that tournaments are held and training for coaches and umpires is facilitated.

Communities such as schools, universities, clubs and districts engage with NSA through the regional representatives where access to governance, training and support is provided.

Netball is one of the most popular women's participation sports in South Africa. The sport is also played by a large number of men. It exists in a culture where sport plays an important public and social part of life.

There are a number of men's teams around the country and some national competitions like **Action Sports Netball Inter Provincial Tournaments** have categories for them to compete on mixed teams or men's only teams.


South Africa has made efforts to help develop the game around Africa. They have helped Botswana with coach and umpire development. 30 local graded umpires and 22 Botswana based coaches were trained in the country



Contact Details

Tel: (012) 344 5971 | Email: info@netball-sa.co.za

 @netballsa

 Netball South Africa

 @Netball_SA

 NetballSA

 <https://netball-sa.co.za>

BADMINTON SOUTH AFRICA

Badminton South Africa (BSA) promotes badminton, the fastest racket sport in the world, in the Republic of South Africa, to enable all sections of the community to enjoy the benefits of this Olympic sport that offers so much to everyone who is interested in athletic recreation.

BSA promotes, facilitates, engages, advances, develops, governs and maintains the Olympic Sporting Code Badminton, the fastest racket sport in the world, in the Republic of South Africa, to enable all sections of the community to enjoy the benefits of the sport that offers so much to everyone interested in a healthy lifestyle. BSA is a voluntary organisation not for gain (a registered non-profit company) in terms of its constitution approved by its General Assembly.



Badminton is a racquet sport played using racquets to hit a shuttlecock across a net. Although it may be played with larger teams, the most common forms of the game are "singles" (with one player per side) and "doubles" (with two players per side). Badminton is often played as a casual outdoor activity in a yard or on a beach; formal games are played on a rectangular indoor court. Points are scored by striking the shuttlecock with the racquet and landing it within the opposing side's half of the court.

Each side may only strike the shuttlecock once before it passes over the net. Play ends once the shuttlecock has struck the floor or if a fault has been called by the umpire, service judge, or (in their absence) the opposing side. The shuttlecock is a feathered or (in informal matches) plastic projectile which flies differently from the balls used in many other sports. In particular, the feathers create much higher drag, causing the shuttlecock to decelerate more rapidly. Shuttlecocks also have a high top speed compared to the balls in other racquet sports. The flight of the shuttlecock gives the sport its distinctive nature.

The game developed in British India from the earlier game of battledore and shuttlecock. European play came to be dominated by Denmark but the game has become very popular in Asia, with recent competitions dominated by China. Since 1992, badminton has been a Summer Olympic sport with four events: men's singles, women's singles, men's doubles, and women's doubles, with mixed doubles added four years later. At high levels of play, the sport demands excellent fitness: players require aerobic stamina, agility, strength, speed, and precision. It is also a technical sport, requiring good motor coordination and the development of sophisticated racquet movements.

BSA aims to create, develop and maintain a fair, comprehensive and coordinated badminton provision structure in South Africa, and therefore its objectives are:

1. To facilitate, promote, engage, advance, develop and generally to assist and protect the interests of the game of badminton throughout South Africa.
2. To govern, and to make and pass Laws, Rules and Regulations governing, regulating and controlling, badminton in South Africa, either alone or in cooperation with the Badminton World Federation; and to add to, repeal or alter such Laws, Rules and Regulations and enforce the carrying out of same.
3. To formulate, control, add to and amend the conditions under which all competitions shall be conducted and to regulate conditions under which trophies offered to and accepted by BSA are to be competed for.
4. To administer and invest and grant subsidies out of the funds of BSA for purposes calculated to promote the interests and attain the objectives of BSA.
5. To borrow, purchase, hire, and acquire movable property and/or raise funds for furthering the aims and objectives of BSA, and to administer and use the casual revenue and property of BSA from whatsoever source derived solely for those aims and objectives.



Contact Details

Tel: +27 (0)12 000 4802 | Email: office@badmintonsa.co.za



@badmintonsouthafrica



badmintonsouthafrica



<https://badmintonsa.co.za>

SOUTH AFRICAN TABLE TENNIS BOARD

Since its unification in 1991, the **South African Table Tennis Board (SATTB)** has come a long way in introducing the sport of table tennis to all spectrums of the South African population, on one level, and to start the journey towards international competition medals, on another. The idea of this business plan is to bring into perspective the long-term vision of the South African Table Tennis Board for the next five to ten years.

The South African Table Tennis Board has already implemented a number of far-reaching developmental programmes, in partnership with local, regional, provincial and national **Department of Sport and Recreation (SRSA)**, **Department of Education** and the **National Lotteries Distribution Trust Fund (NLDTF)**.



The past 3 years, with the financial resources and support received from our stakeholders, the SATTB has been able to successfully embark on a program to promote and popularize the development of table tennis in South Africa. History – SATTU & SATTB 2001 was a historical year for the South African Table Tennis Board as it celebrated ten years of unification. The unity was between the then **South African Table Tennis Union (SATTU)** that was formed in 1939 and the **South African Table Tennis Board (SATTB)** that was formed in 1948. The two organisations SATTU and SATTB signed a declaration of intent on 21 July 1991 to unite the SATTB and SATTU into one controlling body for Table Tennis in South Africa. SATTU was affiliated to **South African National Olympic Committee (SANOC)** and the **Confederation of South African Sports (COSAS)**. SATTB was affiliated to the **African Table Tennis Federation (ATTF)**, **International Table Tennis Federation (ITTF)** and **National Olympic Sports Congress (NOSC)**. The SATTB enjoyed the membership of both the ATTF and ITTF during the isolation years.

In February 1992 an Inauguration Championships was held in Johannesburg and once again we were honoured by the presence of Mr. Ichiro Ogimura, President of the ITTF, Mr. George Segun, President of the ATTF. Mr. Ichiro Ogimura mentioned at this event that he would be discussing the possibility of awarding two wild cards to South Africa to participate in the 1992 Barcelona Olympic Games with his executive, which had the support of the ATTF and NOSC. South Africa was awarded two wild cards and the two athletes that represented South Africa were Mr. Louis Botha (SATTU) and Miss Cheryl Roberts (SATTB). The decision to send these two athletes was met with some resistance, the National Interim Body was determined that it would be a team of National Unity. In 1993 South Africa's participation in the World Championships, raised the issue of merit selection versus a team of national unity. During the period 1993-1994 the executive agreed that South Africa would not be participating in World events except in Zonal and Continental competitions.

The rationale was to consolidate the efforts of the development programs and to ensure that unity is achieved by all the affiliates of the SA Table Tennis Board. It was also realised that the existing structure of the national executive was too cumbersome and a more lean and effective structure had to be implemented, which in effect meant a National executive of six persons with sub-committees. This proposed amendment was to be tabled at the AGM that was held in 1994 in Cape Town. The Annual General Meeting was held on 25 September 1994 in Cape Town and was adjourned. The continuation of the AGM was re-convened on 22 April 1995 in Johannesburg and a New Executive Committee was elected. By this time The SATTB was confident that team selection would be on merit as the development programs was starting to produce the desired results and this was evident when we participated in the 6th All Africa Games in Harare 1995. Since 1996 democratic elections were held every second-year, with no fear or concern that an individual or a group of persons will derail the progress achieved since unification.

The challenge that faces the South African Table Tennis Board in the 21st century is to ensure that table tennis is accessible to the majority of citizens especially the youth, girls and persons with disabilities both in the urban and rural communities and at the same time assist the elite athletes to achieve their life dreams of being the best in the world.



Contact Details

Tel: +27 12 645 0463 | Email: sattb@tabletennis.co.za



@SATTB



@sa_tabletennis



@SATTB1



South African Table Tennis Board



www.tabletennis.co.za

SOUTH AFRICAN SHEEP SHEARING FEDERATION

The South African Sheep Shearing Federation is the only controlling body of shearing and wool handling sport in the Republic of South Africa. The Federation is also affiliated to the **South African Sports Confederation and Olympic Committee (SASCOC)**. The **World Records Committee** and the **Golden Shears World Council**

The SASSF is funded by donations and sponsorships. Our membership is free and all trained shearers and wool handlers can enter our championships. Most of our competitors are from rural areas and are very poor and disadvantaged. The SASSF was established to give sheep shearers and wool handlers the opportunity to compete in Regional, Provincial and National Championships as well as with shearers and wool handlers in other countries.

This developed from a training program that was started by the NWGA in 1981. This program vastly improved the quality and ability of our shearers and wool handlers to the point where we can compete on equal footing with other nations. The mission of the SASSF is to co-ordinate, encourage and control the sport of competitive sheep shearing and wool handling throughout the Republic of South Africa and abroad and to provide a National Body for this purpose to which other societies with the same goals may affiliate or take membership, be it on provincial, regional or club level.

Objectives were identified to support the mission, namely:

- To promote the art and skill of sheep shearing and wool handling as well as further development and exposure abroad and to provide equal opportunities for all participants with no discriminatory practices on the grounds of race, colour, religion, age, sex, creed, HIV status or political convictions.
- To initiate sheep shearing competitions by member Societies and to organize and co-ordinate the date and places of such competitions.
- To compile uniform standard rules for sheep shearing and wool handling competitions and the judging thereof.
- To set national standards for shearing and wool handling; and to amend such set standards at a meeting of the Executive.
- To approve and maintain a record of an approved panel of judges qualified to judge at regional, national or international level.
- To act as controlling body for the selection of individual competitors and/or teams of competitors to represent South Africa and to take part in shearing competitions in any part of the world.
- To assist with arrangements for overseas shearers and wool handlers to visit South Africa for the purpose of competing in shearing and wool handling competitions in South Africa.
- To affiliate or co-operate with international sheep shearing organizations and nominate delegates to such organizations.

- To appoint an Executive that will manage the Federation and the finances.
- To organize competitions and facilities continuously.
- To manage activities on a self-supporting basis by means of sponsors and exposure for sponsors.
- To be financially independent and to have an own bank account.
- To affiliate or to co-operate with or to join or to subscribe to the funds of any Company, Society, Corporation, Body or Organization having similar objectives to the Federation in whole or in part for the purpose of better attaining or otherwise furthering the objectives and interests of the Federation or its members.
- To make rules or regulations to procure the above objectives.

Sheep shearing is the process by which the woollen fleece of a sheep is cut off. The person who removes the sheep's wool is called a shearer. Typically each adult sheep is shorn once each year (a sheep may be said to have been "shorn" or "sheared", depending upon dialect). The annual shearing most often occurs in a shearing shed, a facility especially designed to process often hundreds and sometimes more than 3,000 sheep per day.

Contact Details

 <https://sasheepshear.co.za> Tel: 051 - 447 3023

EC: sterlingchase@isat.co.za

FS: Email: nwgablem@intekom.co.za

MP: Email: wolskaap@mweb.co.za

WC: ajbalbertyn@vodamail.co.za

KZN: harmonie@venturenet.co.za



AERO CLUB SOUTH AFRICA

The Aero Club of South Africa pro-actively promotes, protects and preserves all forms of aviation sport and recreational in South Africa. Through the participation of its members, the Aero Club of South Africa has the following core objectives;

- Protect and Preserve
- Administer
- Promote and Grow sport and recreation aviation

The Aero Club was formed in 1920 by a group of airman, "Millers Boys", who had served with the Royal Flying Corps and the Royal Naval Air Service. In 1928, due to lack of funds, the club went into recess.

It was revived again in 1936 when Mr I W Schlesinger offered €10 000,00 was donated by Sir Abe Bailey to promote Civil Aviation in South Africa, part of which

was used for the establishment of a National Controlling Body for Aviation. In 1939 as World War II hostilities began, The Aero Club opened a Civil Pilots register to enable government to readily mobilize those in civil aviation or those with any past flying experience. When war was declared all the established flying clubs were turned into Military units with many of these men giving the SAAF a name and reputation unequalled before.

At the end of the war in 1945 the Aero Club set about re-establishment of clubs throughout South Africa.

A century later, the very aims that were true then, still hold true today, and is the most important organisation to protect the rights of the freedom of flight.

The Aero Club of South Africa now has 5500 members across 13 affiliated Sections representing the various Recreational Aviation disciplines as independent organisations, and is recognised by various Governmental and International Aviation Bodies.

Although the Aero Club has two full time staff members and three Executive Directors, it relies heavily on National members to assist with projects furthering the needs of Recreational Aviation in South Africa.

Aviation Sport

The Aero Club is the **National Aero Club (NAC)** of South Africa and is a Sporting body representing Aviation Sport with SASCOC. The Sections of the Aero Club that have Sport as part of their discipline are **SAPFA (Power Flying)**, **SAHPA (Paragliding, Hang Gliding)**, **SSSA (Gliding)**, **PASA (Skydiving)**, **MISASA (Microlighting)**, **SAMAA (Models)**, **BAFSA (Ballooning)**, **SAC (Aerobatics)**.

Most of these Sections that have sporting activities have National Qualifier competitions to qualify for International event participation. These disciplines once qualified for International participation, are eligible for Protea Colours.


The sections of Aero Club are:- Power Flying, Gliding, Parachuting, Aerobatics, Ballooning, Hang Gliding & Paragliding, Aero-Modelling, Homebuilders, Microlighting, Experimental Aircraft, Gyro Planes, Virtual Aviation, Rocketry and Disabled Aviators. Aero Club is affiliated to the Fédération Aéronautique Internationale – the world controlling body for sport aviation. No competitive recreational flying activity in South Africa is recognized without Aero Club approval. This includes world record attempts.

Aero Club officials regularly attend FAI meetings to ensure South Africa's participation in international competitions. Aero Club provides a strong lobby on behalf of all its members on important issues e.g. ATNS fees, Met forecast levies and Civil Aviation Authority fees. Aero Club provides a central identity for all sport aviation enthusiasts. It advises, via notices and magazines, current happenings and items of interest to all sectors of recreational flying.

Aero Club and the South African Power Flying Association is at present, busy with the promotion of projects which will be of direct benefit to its members.

Contact Details

Tel: 011 082 1100 | Email: office@aeroclub.org.za

 www.aeroclub.org.za

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