

Red Cliffs Secondary College

Resilient, Compassionate, Successful Citizens



INFORMATION BOOKLET

ORIENTATION DAY

Tuesday 12th December, 2023

Tel: 03 5024 1522
Fitzroy Avenue, Red Cliffs, Vic, 3496.

Email: red.cliffs.sc@education.vic.gov.au
Website: www.red-cliffs-sc.vic.edu.au



Dear Parents/Guardians of prospective students,

Welcome to the Red Cliffs Secondary College community, and thank you for choosing our school for your child's secondary education. I am looking forward to getting to know your children where we will provide a safe, inclusive environment for all students to achieve success. My goal leading into 2024 is to build a strong connection with families as I believe that positive family connection is essential for a smooth transition into secondary school.

We are very proud of our school, the achievements of our students and the high standards that we endeavor to maintain. I have a clear set of expectations for all students at Red Cliffs Secondary College. These include students always trying their best and making the most of opportunities, respecting their peers, teachers, and property. We have an experienced and dedicated staff of teachers and support staff who will provide wonderful opportunities for your child. A broad and rich year 7 -12 curriculum that ensures students are well prepared for their future aspirations as lifelong learners. We have a strong focus on quality teaching and authentic and personal learning which is led by our leadership team.

Year 7 is a big step up for our young people with some exciting challenges ahead with a broad range of new opportunities. As well as a new range of subjects, a large school to find their way around, multiple teachers and dozens of new names to remember, our new students have the opportunity to be involved in many extra-curricular activities and subject based excursions and year level camps. Be it sport, instrumental music, subject competitions, or any of the many other events and activities, I strongly recommend that your child makes the most of the opportunities available to them.

Student wellbeing is equally important to us as academic achievement. We are keen to develop the whole child, both academically and socially. Our wellbeing team is there for students who are having social, emotional or health support, or simply need someone to talk to. The wellbeing team runs various programs throughout the year to ensure students are emotionally and physically healthy. We have a strong commitment to support all students and provide guidance and support through numerous key staff including the Check-In teacher, Year Level Coordinator and Sub School Leader. In 2023 we introduced a student wellbeing dog 'Eddy' who has been successfully integrated into our college. It's great to see many students and staff engage with Eddy, and we are already seeing a positive impact with in our college.

We introduced the Resilience Project into our school in 2023 which has been very successful with our students. There has never been a more crucial time to help support our students, building resilience to ensure they develop the capacity to be able to overcome the many challenges they have faced over the past few years. I am looking forward to another successful year with this project.

There are four words that appear on all of our school's paperwork: Resilient, Compassionate, Successful Citizens. This is what we as a staff are committed to help shape and develop in your child – a person who is able to bounce back when things don't go quite to plan, someone who is caring and considerate of others, someone who is able to realise their hopes and aspirations and someone who will be a positive member of their community, wherever that may be. As Principal of Red Cliffs Secondary College, this is what I am committed to provide.

Yours sincerely,
Justin Matt
Executive Principal

SCHOOL VALUES

Resilience, Compassion, Success and Citizenship

Our values of **Resilience, Compassion, Success** and **Citizenship** are both promoted and acknowledged within all aspects of our school community. Students displaying our values and growth in our values, are rewarded through a *Values Recognition Program* from Bronze to Silver to Gold Awards. Behaviour support processes are based around our values and include a structured program BRAVE built into the timetable that specifically addresses development of these school values.

RESILIENCE

- We encourage all students to stretch out of their comfort zone and try new skills and activities. These high expectations foster the development of capacity to get back up and try again or try a different way.
- We encourage all students to complete all projects, subjects, activities that they begin and use encouraging strength based conversations to support them.
- We support students to work through any social or emotional concern to look for positive outcomes and not shy away.
- We have an experienced and dedicated Wellbeing team and Wellbeing Centre that provides strategies on resilience including whole class development through the BRAVE Program.

COMPASSION

- We develop the understanding of diversity in students' needs, situations, motivations, culture and identity through the BRAVE program, Respectful Relationships and in our communication with students every day.
- We understand that sometimes students cannot come to school in the correct uniform so we have near new clean uniform items for students to borrow when needed.
- We model compassion through our relationships with and response to students.

SUCCESS

- We offer a variety of choice in the curriculum that allows every child to develop their strengths and achieve great outcomes in all choices.
- We have success criteria for every lesson / outcome that students are addressing so that they know exactly what they need to achieve for success.
- We have a very high portion of students engaging in post-secondary school education, employment and training.
- We provide personal tutoring before school every day in the Library. This is open to any student, any year level and any subject.

CITIZENSHIP

- We actively encourage all students to have an awareness and understanding of the demands and concerns of each year level and promote role modelling by seniors for juniors.
- We have many leadership development programs offered for all ages.
- We want students to feel as though they belong to our community so support students who do not have the required equipment or uniform.

THE RESILIENCE PROJECT

Building Resilience and Values Education

In 2023, we are excited to bring The Resilience Project into our school community and implement a wellbeing curriculum throughout our classrooms.

Current research tells us:

- **1 in 4** adolescents have a mental illness.
- **1 in 7** primary school students have a mental illness.
- **1 in 5** adults will experience mental ill-health throughout the year.
- **65%** of adolescents do not seek help for mental illness.

The Resilience Project delivers emotionally engaging programs and provides evidence-based, practical strategies to support positive mental health and build resilience. Through this program, teachers and students will engage in weekly lessons and activities around the key principles of **Gratitude, Empathy, Mindfulness** (GEM) with **Emotional Literacy** being a foundation skill to practise these strategies to build resilience.

Gratitude

Practising gratitude increases our levels of energy, helps us to feel happier, more focussed, determined and optimistic.

Empathy

When we show empathy, our brain releases oxytocin, which leads to increased self-esteem, energy levels and positivity.

Mindfulness

Practising mindfulness can help us stay focussed as well as reduce stress and anxiety.

Emotional Literacy

When we improve our emotional literacy, we can work towards recognising our own feelings and being able to manage them.

To support what is being done in the classroom, parents will be given access to an online Parent and Carer Hub which will introduce them to The Resilience Project, build their own confidence around resilience, and give them ideas to help their young people and their mental health throughout the years.

The Resilience Project's School Curriculum has been evaluated by the University of Melbourne, with parents observing positive changes in how children handled situations. The evaluation also demonstrated the program had targeted benefits in building:

- Student's use of daily gratitude strategies and their sense of gratitude.
- Confidence and self-esteem, especially in relation to their peer relationships.
- Relationships at school and home.
- Knowledge and ability to express emotions.
- More supportive classroom environments.

Feel free to learn more about the resilience project by exploring the ideas, activities and resources which bring Gratitude, Empathy and Mindfulness (GEM) to life at TRP@HOME. [Home - TRP@HOME \(theresilienceproject.com.au\)](http://theresilienceproject.com.au)

PARENT COMMUNICATION

Parent and carer involvement in their child's school contributes to improved student learning, health and wellbeing. Effective schools have high levels of parent and carer engagement and involvement. This involvement is strongly related to improved student learning, attendance and behaviour.

[The Department of Education and Training]

It is so important to maintain a high level of communication between the Parent / Carer and the school. You should always feel welcome to contact the school for any concern or information about your child. You will be given the information on the key people in your child's education early term 1.

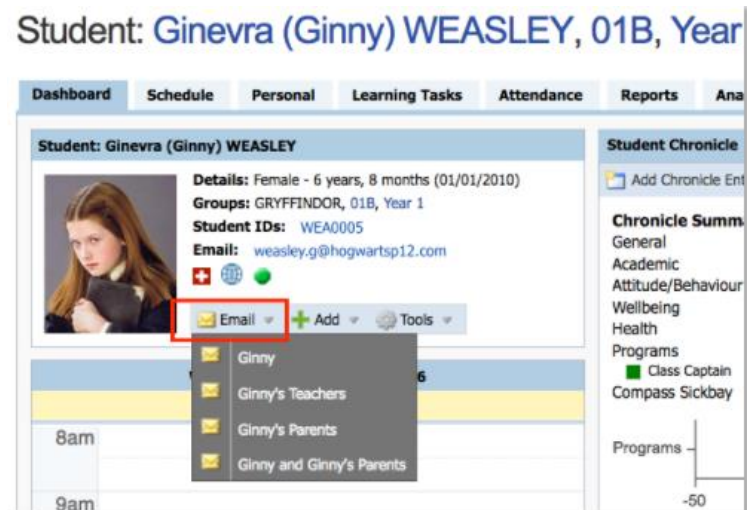
The following is a guide to who you should contact for various concerns.

YEAR LEVEL CO-ORDINATOR

- If you have a concern about your child, their learning, their health (physical or mental).
- For more information about your child's schooling.

CLASSROOM TEACHERS

- If you would like to find out how your child is going in one or all of their classes, you can send all of their teachers an email through the Parent Portal of Compass.
- If you need to inform classroom teachers of an extended upcoming absence.
- If there is an event or situation that may impact on your child's learning.



GENERAL OFFICE

- If you have any query about accounts or payments.
- To set up a payment plan for an excursion or any school item.
- You can report your child's absence **via text message to 0438 241 522**. Please include your child's name, reason for absence and days they will be away. *Please note, this number is for text message only.*

NOTE: Your child's Teachers and their Year Level Co-ordinator may contact you throughout the year for many reasons, including feedback about learning, values based behaviours, support or advice.

COMPASS

Compass is our online communication tool between staff, students and parents.

The **Parent Portal** allows parents to:

- Monitor their child's attendance, and enter in explanations for late arrivals or absences.
- Communicate with their child's teachers and update their family details.
- Monitor homework, assessment tasks and view outstanding learning tasks.
- Download and view their child's progress and semester reports.
- View 'My News', a news feed of school announcements, alerts and updates.
- View their student's timetable and the school calendar.
- Book parent-teacher meetings.
- Pay and provide consent for events, excursions and school fees.

The screenshot shows the Compass Parent Portal interface. At the top, there is a navigation bar with a home icon, a calendar icon, a pencil icon, a grid icon, a person icon, and a star icon. The user's name, Mrs Molly WEASLEY, is displayed in the top right corner. The main content area is titled "Welcome to the Hogwarts P-12 Portal" and "Compass". Below the title, there is a "Main Menu" button and a "Tools" button. The "Tools" button is highlighted with a red box. The main content area is divided into several sections: "Your Child/ren" (listing Ron WEASLEY and Ginny WEASLEY with links to their profiles, email, and reports), "Alerts" (showing messages about reports, insights, course confirmations, and attendance), and "News" (including a "Cauldron Sale" and "Homework Club" announcement). The user's name, Mrs Molly WEASLEY, is visible in the top right corner.

The **Student Portal** allows students to:

- Access their timetable and any daily changes of teachers or rooms.
- Check their news items for daily information.
- Access learning tasks.
- Access interim and semester reports.
- Check their attendance.

COLLEGE UNIFORM

At Red Cliffs Secondary College we take great pride in our uniform. Students have a variety of options to select from.

Tops	Maroon (junior) or Navy (senior) polo shirt with school logo Maroon (junior) or Navy (senior) jumper with school logo either Rugby jumper, Olympus Softshell Jacket or Torquay Hoodie School dress (short sleeved)
Bottoms	Approved black shorts (no cargo style) Approved black pants (no cargo style) Navy skirt Maroon (junior) or Navy (senior) or skin tone or tights Approved dress (short sleeved)
Shoes	Black sneakers recommended which have laces, Velcro, or leather school shoes. White, black, or grey socks
Sport/PE	Red School or House sport polo shirt Black shorts/track pants/netball skirt Sports shoes/runners & socks
Options	Scarf – maroon (junior) or Navy (senior). Not to be worn inside Headband – white or maroon (junior) or navy (senior) Bucket hat – Maroon (junior) Navy (senior) Custom Beanie - Maroon (junior) or Navy (senior)

Uniform is available from **Laser Print and Designs, Shop 4-75 Melaleuca Street, Buronga, 2739** who are the preferred uniform supplier.

Open sandals are **not** acceptable as they do not meet safety requirements in practical classes such as Science, Technology, Art, Textiles, Cookery, Physical Education and Sport.

Students are encouraged to wear hats, although they are to be worn **outside only**.





SCHOOL POLO

MAROON/NAVY: YR7-9
NAVY/MAROON: YR10-12
SIZES:

\$42

BOYS: S-3XL & 5XL GIRLS: 6-26 KIDS: 12-16



RUGBY

MAROON: YR7-9
NAVY: YR10-12
SIZES:
2XS-5XL

\$55



SPORTS POLO

RED/WHITE
SIZES:

\$42

BOYS: S-3XL & 5XL GIRLS: 6-26 KIDS: 12-16



OLYMPUS SOFTSHELL JACKET

MAROON: YR7-9
NAVY: YR10-12
SIZES:

\$70

ADULTS: S-3XL & 5XL KIDS: 12-16



SHORTS (unisex)

SHORT/LONG
NAVY

\$40

SIZES:
ADULTS: XS-5XL KIDS: 12-14



TRACK PANTS

NAVY
SIZES: XS-3XL

\$42



SKORT

NAVY
SIZES: 6-22

\$60



BUCKET HAT

MAROON: YR7-9
NAVY: YR10-12
SIZES: XS, S, M, M/L, L/XL

\$15



DRESS

SIZES: 6-22

\$70



TORQUAY HOODIE

MAROON: YR7-9
NAVY: YR10-12
SIZES:

\$55

ADULTS: XS-3XL & 5XL KIDS: 4-16



AP SHORTS (unisex)

NAVY or BLACK

\$30

SIZES:
ADULTS: XS-3XL & 5XL KIDS: 4-16



NEO TRACK PANTS

NAVY or BLACK
SIZES: Kids, Ladies & Mens

\$50



JB SHORTS (unisex)

NAVY or BLACK

\$30

SIZES:
ADULTS: S-4XL KIDS: 6-14



CUSTOM BEANIE

MAROON: YR7-9
NAVY: YR10-12

\$25

One size fits all

UNIFORM SHOP HOURS:

Monday 10.30am-5.00pm

TUESDAY CLOSED

Wednesday 8.30am-5.00pm

Thursday 8.30am-5.00pm

Friday 8.30am-4.00pm

OR ORDER ONLINE

www.lasersp.com.au

BYOD

Bring Your Own Device

What devices are allowed?

At Red Cliffs Secondary College we have a Bring Your Own Device program, which means that students are encouraged to bring a device of their own that meets certain minimum specifications to school each day to use as a regular and indispensable tool for learning. It is critical that every student has a laptop to use at school for learning, researching, sharing, designing, presenting, printing and communicating and to access the school intranet (Compass) and the internet while at school. Our policy is that devices can be connected to the school network if they meet the necessary specifications that are listed below:

- Minimum of i3 Intel Processor
- Minimum of 8 Gigabytes of RAM or greater
- Minimum of 128 Gigabytes of storage memory
- 11 inch monitor or larger (diagonally)
- Battery life of at least 8 hours
- Run Windows 10 or Apple OS 15 at a minimum
- 3 years warranty / 2 years insurance cover (*strongly recommended that all devices owned by students are insured*)
- Be able to access wireless network
- Tablet devices must have an attachable keyboard and a mouse.
- All devices require a carry bag (not a back-pack) to be used at all times.
- Windows/PC preferred due to our network requirements.
- Chromebooks, ipads and Android (google) tablets are NOT supported
- ***These specifications are subject to change and re-evaluated annually.***

How do I purchase a device?

Option A: Buy a device from another vendor of choice. Students can source their own device elsewhere, so long as it meets the school's minimum specifications. They will need to take it to our IT Administrator for connection to the school network and installation of Microsoft Office and an anti-virus program.

Option B: You may already have a device that is suitable. Bring this into the school to our IT Administrator Peter Manno for connection as above.



INSTRUMENTAL MUSIC

Your child may have indicated they have an interest in becoming involved in our instrumental music program during the 2024 school year. Lessons are available on a range of instruments, occurring on a rotating timetable (i.e. the lessons are a different time each week, so that students do not miss the same subject).

Please scan the QR code below to enroll in one of the programs.

Lesson Fees

All students who participate in music lessons are required to pay an \$80.00 annual fee. Payment should be paid before lessons commence. This fee covers photocopying costs and resources for the lessons. This fee is not included in the instrument hire fee for those students hiring an instrument.

Instrument Hire

A range of musical instruments are available for hire. Instrument hire fees will be payable upon receipt of an account from the General Office. The total charge for the year is \$150.00.

Note: Guitars, Bass Guitars and Drum Kits are not available for hire through the school system.

Other important points:

- Repairs, maintenance and accidental damage are covered in the terms of contract.
- Instruments are covered by insurance whilst at school and at home (it does NOT cover the instrument during transit – Please check your own contents insurance cover).
- Other options for the hiring of instruments are available (purchase plans etc.).

Please speak to staff before buying any instrument, especially when purchasing online. Many of the instruments that look affordable are not playable to the standard that your child will require to progress. A basic service costs around \$110 for a small instrument.

Students and parents who sign up their child for music lessons are making a number of commitments:

⌘ Lessons will not commence until the lesson fees are paid/instalments are commenced

⌘ Involvement in the lessons for the full year

⌘ Weekly participation in lessons and practice at home

⌘ Ensuring that all work missed from the scheduled classes is caught up and that their timetable is signed by their class teacher.

⌘ Involvement in College ensembles. It is expected that at the appropriate time students will be involved in one or more of the many ensembles that the college has as part of its program.

Donald Mayne

Performing Arts Co-ordinator



Students who will be continuing Instrumental Music Lessons



Students who are new to Instrumental Music Lessons

WHAT TO DO ON DAY ONE

Bring your books and stationery for your day one classes. You will have your timetable from orientation day.

- ❖ Make sure you have purchased your own lock prior to day one. Locks can be either combination or a key. If you are using a key, a spare key must be given to the Student Reception with your name and form group labelled.
- ❖ Remember to write your name on all your books and equipment as well as labeling your school uniform.
- ❖ Introduce yourself to someone you don't know they will probably appreciate it and then you will know someone new.

WHAT TO DO WHEN YOU ARRIVE

- ❖ If you are ordering your lunch at the canteen, please do before the first bell – Canteen opens at 8.00 am.
- ❖ When the first bell rings, make your way to the Activity Centre for a '**Whole School Assembly**'. At the assembly you will be given information about the program for the rest of the day.
- ❖ If a family member is picking you up after school, make sure you know exactly where they will be parked at the end of the school day. (3.15pm finish) Cars are not permitted to enter the school grounds and/or bus stop to pick up students. Parking is available on Fitzroy Avenue.

RED CLIFFS SECONDARY COLLEGE SPORT

As a new student at Red Cliffs Secondary College, you will be assigned to one of the four sports Houses:

Allungah	Yellow
Bindaree	Blue
Terragong	Green
Warragai	Red

You will be assigned to the same House as older brothers or sisters who have attended this school. If you have no previous family connection, then you are randomly placed so that numbers are equal in each House. Once assigned to a House you remain in that House until you leave the College.



As a member of a House, you have the opportunity to compete in swimming, cross country and athletics.

- The **Swimming Carnival** is held at the Red Cliffs Swimming Pool early in Term 1. Students participate in trials to determine who will represent their Houses.
- The **Cross Country** event is held in Term 2 and all students participate. Training takes place in PE classes and students are encouraged to continue this training at home.
- Term 3 is dedicated to **Athletics**. Trials are held during PE classes and the carnival is held during week 6.

Performances at these carnivals enable teams to be selected for the inter school carnivals held in Mildura.

The results of all three carnivals are added and at Speech Night at the end of the year, the Champion House for the year is announced and the shield awarded to House Captains. Sporting Blues certificates are awarded to students who have achieved excellence in their chosen sports. All students who represent the College are also awarded certificates with a record of their participation. Junior and senior boy and girl sports awards are presented to the most outstanding students of the year.

There are numerous opportunities for students to represent the College in a wide range of sports. Students are selected after attendance at trials/training and are required to be up to date with all class and homework in order to participate. College representation is considered an honour, and behaviour and sportsmanship must reflect the high standards expected of our students.

Students who win locally are offered the opportunity to attend Loddon Mallee Region and VSSA (State) finals.

*Red Cliffs Secondary College is a health promoting school
"Be Active for Life"*

HOW TO USE YOUR TIMETABLE

You will receive a personal copy of your timetable on Day One so you will know where to go and which books to take. Through the Student Portal on Compass, you can also print off extra copies if you lose it or just need extra copies. Some handy places to keep your timetable are:

- Your pocket (but not great, if it goes through the wash!)
- In your pencil case
- In your diary
- Stuck inside your locker
- On the fridge at home



Check In is in the same room every day

Lesson	Monday	Tuesday	Wednesday	Thursday	Friday
Check In (9.00: 7CKINA – E4 – JA1)					
1	9.05: 7ENGA – S4 – KG1	9.05: 7ENGA – S4 – KG1	Arts Elective	9.05 7ENGA – S4 – KG1	9.05: 7TEXA – C4 – JM2
2				9.52: 7HPEA – A3 – ST1	
Recess					
3	11.05: 7SCIA – S4 – AW1	11.05: 7HPEA – A3 – ST1	11.05: 7MTHA – E8 – MD2	11.05: 7SCIA – S4 – AW1	Extension Elective
4			11.52: 7LANA – C6 – PG1	Technology Elective	
Lunch					
DEAR					
5	Extension Elective	Technology Elective	1.30 7ENGA – S4 – KG1	1.30: 7HPEA – A3 – ST1	1.30: 7SCIA – S4 – AW1
6	2.33: 7HUMA - P10 - HC2		2.33: 7HPEA – A3 – ST1	Arts Elective	2.33: 7MTHA – E8 – MD2



To use the timetable:

- Find the right day
- Read the left hand column to find the period you need
- Where these two lines join, you will find the subject you have, the teacher of the class and the room you need to go to
- Use your map in this booklet to help you find your room
- If you are still having trouble, ask someone to help you

New Bell Times

8:55 am *Locker Bell - followed by music*

9:00 am *Check-In*

9:10 am *Period One*

10:00 am *Period Two*

10:50 am *Recess*

11:05 am *Locker Bell - followed by music*

11:10 am *Period Three*

12:00 pm *Period Four*

12:50 pm *Lunch*

1:30 pm *Locker Bell - followed by music*

1:35 pm *Period Five*

2:25 pm *Period Six*

3:15 pm *End of Day*

DOCTORS IN SECONDARY SCHOOL PROGRAM

Red Cliffs Secondary College
Thursdays 9.30am - 1.30pm

FREE service

Make an appointment at
Student Reception anytime.



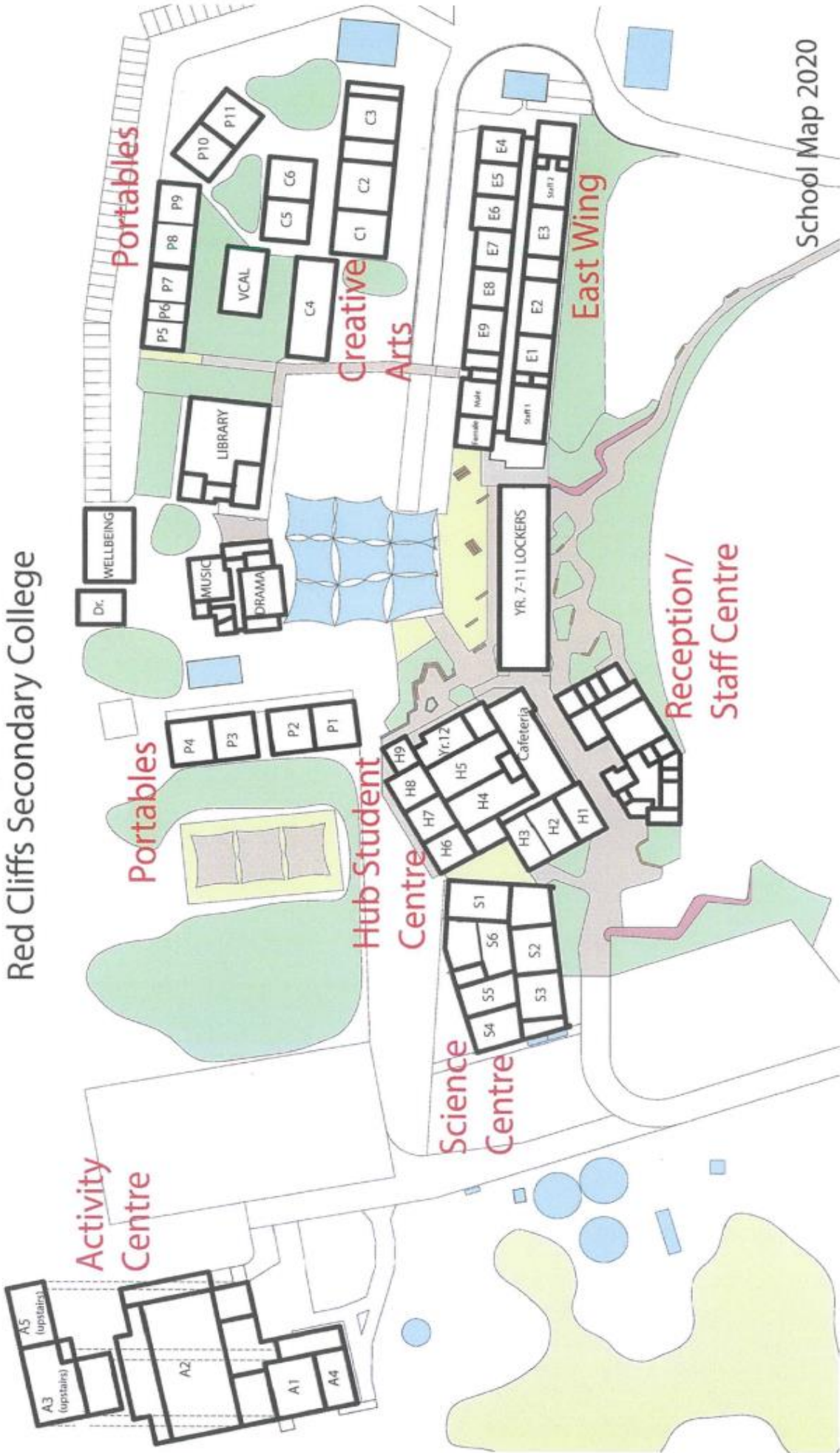
SCHS

Sunraysia Community
Health Services

RED CLIFFS SECONDARY COLLEGE – OUT OF BOUNDS AREAS DURING BREAK TIMES



Red Cliffs Secondary College



School Map 2020

BUS SERVICES

Times and runs are correct as of December 2023

PUBLIC BUS SERVICES: Buslink Sunraysia – to school

- (100) Departs Mildura 7.45 am, arrives Red Cliffs SC about 8.15 am
⇒ Follows 15th Street/highway, Fitzroy Avenue
- (732) Departs Mildura 7.40 am, arrives Red Cliffs SC about 8.00 am
⇒ Left Bathurst Court, Left Cowra Avenue, Right 11th St, Cureton Avenue, Cocklin Avenue, Fitzroy Avenue
- (714) Cardross Service. Departs Red Cliffs SC 8.15 am, arrives Red Cliffs SC about 8.40 am
⇒ Fitzroy Avenue, Avocat Avenue, Myall Street, Coorong Avenue, 20th Street, Dairtnunk Avenue to Cardross Shop at 8.22 am, Pawson Avenue, Boomerang Avenue, Myall Street, Ropers Road, Westcliff Avenue Store, Laurel Street, Nardoo Street, Fitzroy Avenue.

PUBLIC BUS SERVICES: Buslink Sunraysia – from school

- 720 Bus, departs Red Cliffs SC 3.27 pm
⇒ Fitzroy Avenue, Calder Hwy/15th Street, running express to Irymple PS, going past Mopung Avenue, Karadoc Avenue and Centro, Deakin Avenue, Mildura Senior College, Henderson Park, "U" Turn express Deakin Avenue to Sixteenth Street.
- 725 Bus, departs Red Cliffs SC 3.27 pm.
⇒ Fitzroy Avenue, Calder Hwy/15th St, express to Mopung Avenue, stopping all stops to Karadoc Avenue to Irymple SC, and then continues to Koorlong and Merbein.
- 723 Bus, departs 3.30 pm
⇒ Fitzroy Avenue, Health Street, Erskine Road, Calder Highway, Deakin Avenue to Jackies Corner, stopping all stops. Overload bus – last to leave Red Cliffs S.C. 3.30pm.
- 734 Bus, departs 3.30 pm
⇒ Fitzroy Avenue, Cocklin Avenue, Cureton Avenue, 11th Street, all the way to Deakin Avenue, finishing at Jackie's Corner (8th Street).
- 728 Cardross Service. Departs Red Cliffs SC 4.08 pm
⇒ Fitzroy Avenue, Guava Street, Indi Avenue, Jacaranda Street, Murray Avenue, Laurel Street, Westcliffs Avenue, Ropers Road, Myall Street, Boomerang Avenue, 19th Street, Dairtnunk Avenue, Pawson Avenue, Euston Avenue, 20th Street, Coorong Avenue, Moonah Street.

CONTRACT BUS SERVICES:

Carwarp Run – Buslink Sunraysia (716)

- Departs North West Angle Road, Ginquam at approx 7.00 am, arrives Red Cliffs SC about 8.12 am
⇒ Southwest side of railway line, Calder Highway, Nangiloc Road, Barndeet Avenue, Dumosa Street, Merrijig Avenue, Woomera Avenue, Stewart Road, Cocklin Avenue, Kiewa Avenue, Calder Highway, Murray Avenue, Laurel Street, Loddon Avenue, Kauri Street. Drops off at Red Cliffs PS and St. Joseph's Primary.
- Departs Red Cliffs SC 3.55 pm
⇒ Does the morning run in reverse order.

Colignan Run – Sunraysia Charter Service

- Departs Sandy Lane, Colignan 7.10am, arrives Red Cliffs SC approx 8.10am
⇒ Browns Road, Kulkyne Way, Boonoonar Road, Lewis Road, Kulkyne Way, Castles Crossing Road, Sculthorpe Road, Kulkyne Way, Woomera Road, Pumps Rd, Cocklin Ave, Fitzroy Ave.
- Afternoon departs Red Cliffs SC 4.15 pm
⇒ Fitzroy Avenue, Cocklin Avenue, Pumps Road, Woomera Avenue, then morning run in reverse order.

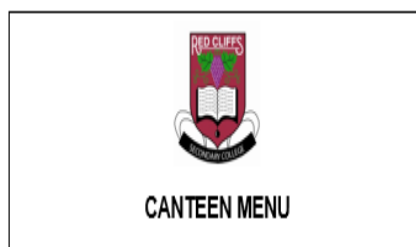
Nanglioc Run – Blair Hahnell

- Morning, departs Nangiloc Shop 7.45 am, arrives Red Cliffs SC about 8.30 am
⇒ Kulkyne Way, out to Iraak Lake, Lindeman's Winery, Kulkyne Way, Calder Highway, Fitzroy Avenue
- Afternoon, departs Red Cliffs SC 3.25 pm
⇒ Does the morning run in reverse order.

CANTEEN MENU

Red Cliffs Secondary College aims to provide a nutritious, affordable range of food through our canteen service. All items, if ordered in the morning, will be available to be collected at lunchtime. The options for purchase at lunchtime will be determined by demand on the day. For this reason, ordering your lunch is preferred.

BREAKFAST	
TOASTED HAM & CHEESE	\$3.50
EGG & BACON MUFFIN	\$4.00
CRUNCHY HASH BROWN	\$1.50
COLD DRINKS	
BOTTLED WATER-	\$3.00
NIPPY'S JUICE – 250ML (APPLE, APPLE/BLACKCURRANT)	\$3.00
ICE BREAK ICED COFFEE – 500ML (STRAWBERRY, ICED CHOC, MOCCA, HONEYCOMB)	\$4.00
POWERADE ZERO – 600ML (MOUNTAIN BLAST/BERRY ICE)	\$4.00
PUMP & PUMP FLAVOURS - 500ML (LEMON FIX/LIME RUSH)	\$3.50
FRUIT BOX – 250ML (ORANGE)	\$2.00
FROZEN	
CALLIPO MINI (RASPBERRY/PINEAPPLE/ORIGINAL LEMON)	\$1.50
PADDLE POP – CHOCOLATE OR RAINBOW	\$2.00
ICYPOLE – LEMONADE	\$1.50
SLUSHY – (ONE SIZE) (BLUE LAGOON/TROPICAL/COLA)	\$2.00
BARISTA	
CAPPUCCINO, LATTE, HOT CHOCOLATE OR MOCHA (ONE SIZE - \$3.50)	
ICED COFFEE, CHOCOLATE OR MOCHA (ONE SIZE - \$4.50)	
SKINNY/SOY/ALMOND/LACTOSE FREE MILK EXTRA 50 CENTS	
FRUITY	
FRESH FRUIT (SINGLE)	\$1.20
SEASONAL FRUIT SALAD	\$4.00



FRESH SANDWICHES/ROLLS	
HAM & CHEESE	\$4.00
HAM & SALAD	\$5.50
CHICKEN & SALAD*	\$5.50
CHICKEN, CHEESE, LETTUCE & MAYO (CCLM)*	\$5.00
SALAD*	\$5.00
EGG, LETTUCE & MAYO*	\$5.00
ALL MADE ON FRESH WHITE BREAD/WHOLEMEAL*	
GLUTEN FREE BREAD EXTRA 50 CENTS	
ROLLS EXTRA 50 CENTS	
TOASTED EXTRA 50 CENTS (TERM 2 & 3 ONLY)	
FOCACCIA	
CHICKEN, AVOCADO, CHEESE & MAYO	\$5.50
HAM, CHEESE & TOMATO	\$5.50
PITA WRAPS	
CHOPPED CHICKEN/HAM/SALAD/MAYO IN TORTILLA	\$5.00
CHICKEN SCHNITZEL/SALAD WRAP (ORDER ONLY)	\$6.00
SALADS	
CHICKEN CAESAR SALAD*	\$5.50
SLICED HAM & GARDEN SALAD*	\$5.50
ROAST CHICKEN & GARDEN SALAD	\$5.50
SNACK ATTACK (TWIGGY STICKS, CHEESE, CELERY, CARROT, SHAPES/RICE CRACKERS)	\$4.00

SNACKS	
RED ROCK CHIPS (SEA SALT, HONEY SOY CHICKEN, SWEET CHILLI & SOUR CREAM)	\$1.00
JJ's (CHICKEN)	\$1.50
SHAPES (BBQ & PIZZA)	\$1.00
COOKIES	\$2.00
ASSORTED CAKES/SLICES	\$3.00
HOT	
PIZZA BREAD	\$3.00
WRAP – CHICKEN TENDERS (SWEET CHILLI or BBQ)	\$7.50
MEAT PIE	\$5.00
PASTIES	\$5.00
SAUSAGE ROLL	\$4.00
PASTA DISH	\$6.00
FRIED RICE	\$4.50
CHICKEN BURGER	\$6.50
HAMBURGER LOT	\$8.00
SOUP OF THE DAY (TERM 2 & 3 ONLY)	\$4.00
CHICKEN NUGGET*	\$1.00
STEAMED DIM SIMS	\$1.50
EXTRAS	
SOY SAUCE*, TOMATO SAUCE*, MUSTARD, MAYO, SWEET CHILLI SAUCE*	FREE
*Gluten free option available	
Prices correct at 30/8/2022 and subject to change	



NOW SERVING

BREAKFAST CLUB

Monday and Friday 8:00am to 8:45am

*Are you
Reddy?*

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