



RAFFAELE GIANNETTI

TUSCANY and ELBA

116 CRAGS from the
Apuan Alps to Argentario



iCLIMBING APP
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VERSANTE SUD EDIZIONI | LUOGHI VERTICALI | CLIMBING

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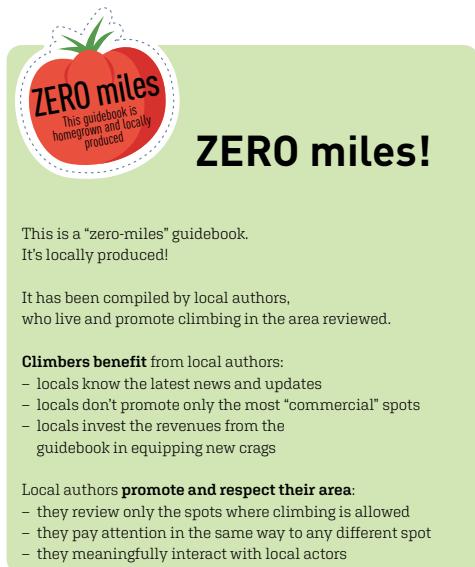
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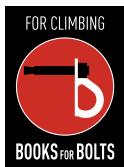
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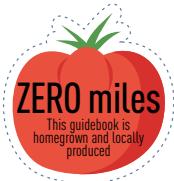


Note

Climbing is a potentially dangerous sport in which participation is entirely at your own risk. All the information in this guide has been updated based upon information at the time of publication, however it is vital to evaluate every situation yourself before placing yourself in a life threatening situation or to seek the advice of experienced and qualified individuals.



2% of the proceeds from this guidebook are re-invested in material for re-bolting routes and crags



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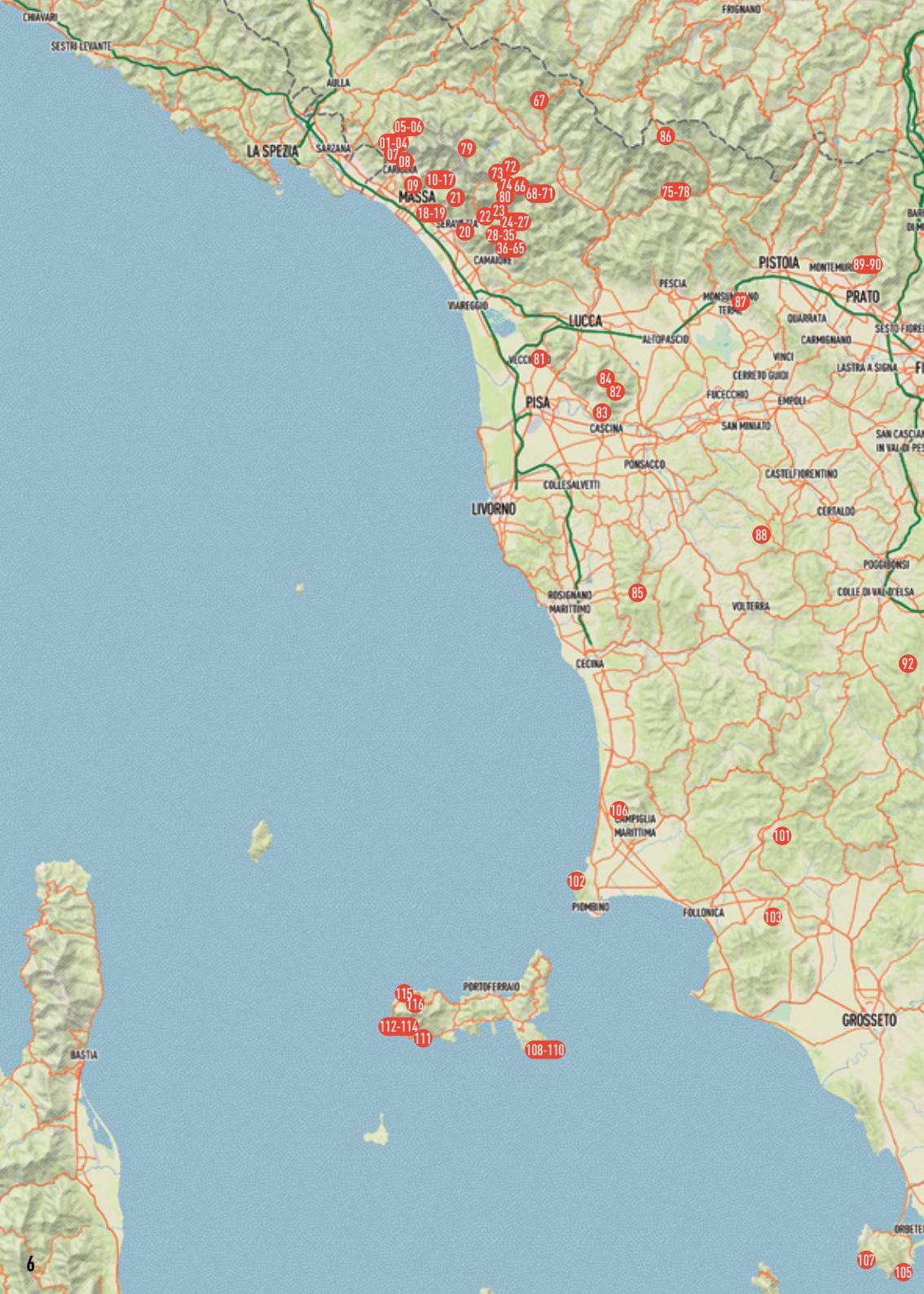
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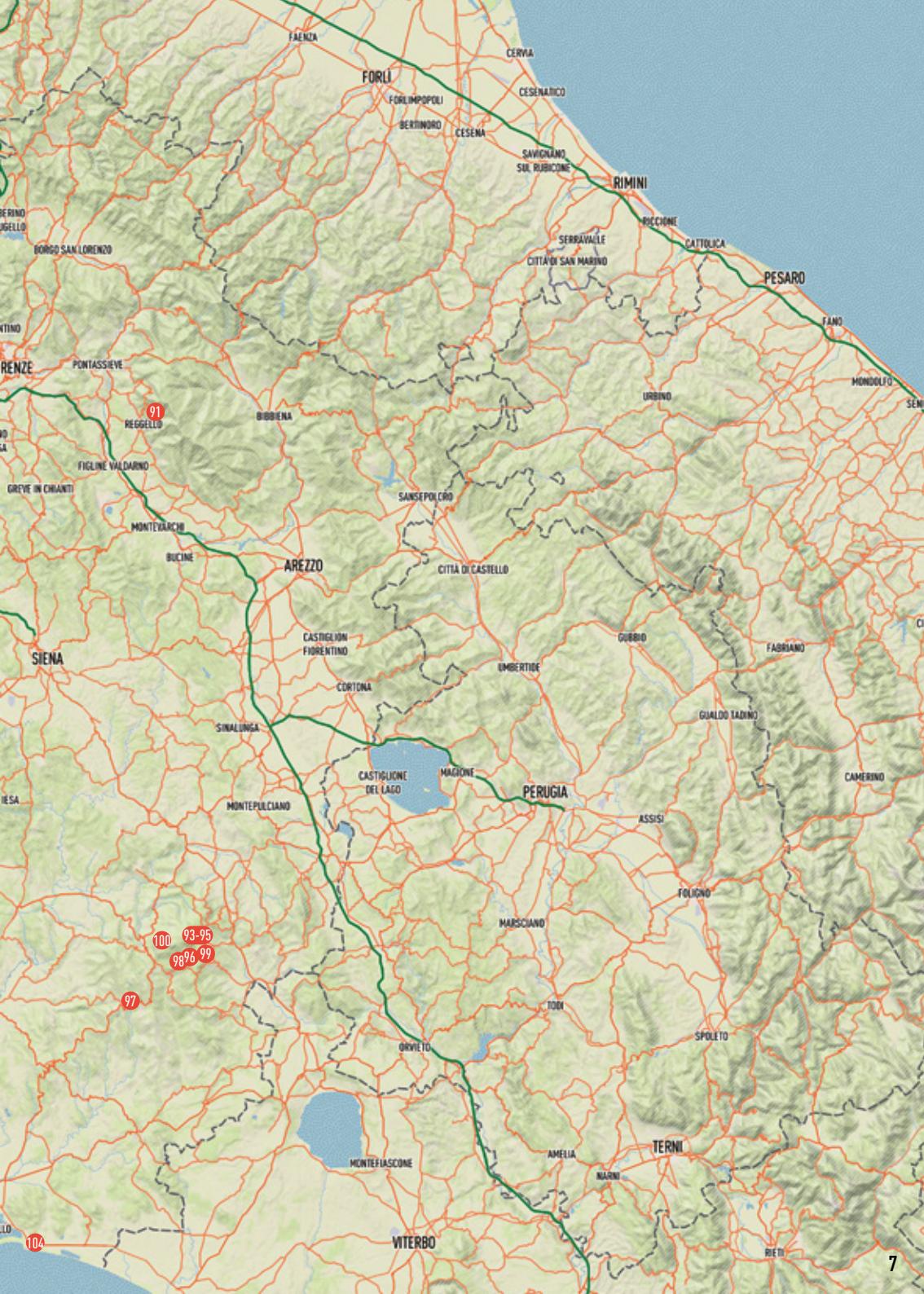


Index

General Map	6
Symbols	10
The author	12
Introduction	14
Climber's basic rules at the crag	16
Back up points	18
Thanks	22
The hardest pitches	24
List of pitches by exposure	26
 CARRARA	
01. Fessura Messner	30
02. Gabellaccia	34
03. Malpasso	42
04. Zeus	44
05. Tenerano - La tecchia	48
06. Tenerano - Settore Apuano	54
07. La Perla	58
08. Torano	64
 MASSA	
09. Bergiola	68
10. Casette	72
11. Forno	76
12. Gronda	80
13. Silvano Giorgeri	84
14. Monorotaia	86
15. Laguna	90
16. Placche di Antona	96
17. Campareccia	100
18. Uncini	108
19. Montignoso	112
20. Il Tempio	116
 ALTA VERSILIA	
21. Il Secondo	122
22. Altissimo	124
23. Penna rossa di Retignano	126
24. Torre di Belen	130
25. Pruno Climbing Festival	134
26. Rifugio Forte dei Marmi	138
27. Calamijean	140
28. Climber's basic rules at the crag	152
Enrico Tomasin	158
APEX ARRAMPICATA	160
29. Procinto	162
30. Lo zoccolo	166
 SANT'ANNA DI STAZZEMA	
31. Rocca Petrosa	174
32. Il Grotto	176
33. Il Castello	180
34. Andrea Gelfi	184
35. La Vela	186
36. Foce di Compito	188
37. Lieto basso	192
38. Il Caprone	196
39. Albatrelo	200
40. Muro del Tossico	204
 CAMAIORE	
41. Muro dei Ganzi	206
42. Isola	210
43. Tomeoni	214
44. Ciarro Torre	218
45. Lorenzo Abbarchi	224
46. Saratoga	228
47. Conchetta	232
48. Trittico	234
49. Selva	238
50. Grottino	240
51. Maruccio Area	244
52. Ciarro Torre	246
53. Maruccio Area	252
54. Muro di Swann	254
55. Candalla Bassa	258
56. Candalla Alta	272
57. Placche a mare	276
58. Penna Pirsing	284
59. Castagni	286
60. Maurizio Pagazzo	288
61. Cimitero	292
62. Mongololificio	294
63. Cannelot	298
64. Giardino degli Elfi	300
65. Pilastro dei Briganti	304
66. Calamijean	308

58.	1° Pilastro di Setriana	312	AMIATA	548	
59.	Caiannificio	316	93.	Catarcione	550
60.	Grotta all'ombra	320	94.	Sasso di Dante	556
61.	Casa dei Folli	324	95.	Hollywood	564
62.	Panoramix	326	96.	Sasso Corbaio	570
63.	2° Pilastro di Setriana	328	97.	Roccalbegna	574
64.	Pensatoio	330	98.	Mura del Terraio	580
65.	San Rocchino	332	 Lorenzo Masala	584	
 66.	Luca Lucchesi	338	 Roberto Del Bergiolo	586	
GARFAGNANA		340	99.	Rocchetto	588
66.	Rocchette	342	100.	Scalonaia	594
 67.	Patrizio Buricchi	370			
67.	Sassorosso	372			
68.	Trombacco	378			
69.	Grotte della Scaffa	386			
 70.	Davide Bimbi	390			
70.	I Campanili	392			
71.	Il Colle	398			
72.	Merizzacchia	400			
73.	Ikea	404			
74.	Collepanestra	406			
75.	Cocciglia	418			
76.	Penna di Lucchio	422			
77.	Balzo della Vergine	426			
78.	Sasso del Inferno	430			
79.	San Viano	432			
80.	Rifugio Rossi	440			
PISA		446			
81.	Vecchiano	448			
82.	Monte Serra	464			
83.	Verruca	476			
84.	REM	482			
85.	Montalone	494			
TOSCANA CENTRALE		498			
86.	Balzo di Peppone	500			
87.	Monsummano	504			
 88.	Alberto Tomasi	520			
88.	San Vivaldo	522			
89.	Parete Malaparte	526			
90.	Figline di Prato	530			
91.	Massanera	534			
92.	Celsa	536			
TOSCANA MERIDIONALE		598			
101.	Poggio al Montone	600			
102.	Buca delle Fate	604			
103.	Gavorrano	610			
104.	Ansedonia	614			
105.	Canne d'organo	618			
106.	Grotta del Gufo	622			
 107.	Simone Fazzini	626			
107.	Capo d'uomo	630			
ISOLA D'ELBA		636			
108.	Il Ginepro	638			
109.	Baia dei Pirati	642			
110.	Il Remaiolo	644			
111.	Fetovaia	648			
112.	Monte Schiappone	654			
113.	Monte San Bartolomeo	656			
114.	Monte Cotete	662			
115.	La Zanca	666			
116.	Madonna del Monte	670			









READING SCHEME



beauty



splendid



worthy



nice



not exciting



equipment



perfect



good



pay attention



terrible



quiet



high



medium



low



crowd

This description takes into account a number of factors which include, besides the beauty of the rock and the pitches, the surrounding environment, how peaceful the area is and anything that can make a crag **splendid, beautiful, deserving or not at all interesting**. This evaluation is personal and individual.

The description takes into account the distance between each protection placed and their position in relation to the route.

This indication refers to the crowding found on average at a crag during the recommended period and with ideal climatic conditions.



comfort at base



comfortable



uncomfortable



take care



tie in

General indication which evaluates how comfortable the terrain is where one stands to belay. In some crags, even if the majority of the bases below each pitch are comfortable, for some it might be necessary to tie in or balance on a small terrace.



parking



very good



good



sufficient



difficult

This indication is useful when planning any transfers, especially in case there are many people with more than one car: if the car park is not big enough or difficult to find we recommend to use the least possible number of cars or to use public transport.



falling rocks

IN ALL CRAGS THERE IS THE CHANCE OF ROCK FALL. THE USE OF A HELMET IS ALWAYS RECOMMENDED BOTH FOR THOSE CLIMBING AND FOR THOSE BELAYING!

In crags where this danger is greater and more concrete, the indication **YES** highly recommends the use of a helmet.



type of rock

This information is very useful when deciding which crag to choose depending on one's personal taste. For many **gneiss** crags, the indications can be sometimes misleading since this kind of rock is also very different and usually the climbing can change a lot from crag to crag. This doesn't happen for **dolomite rock, limestone, granite** or **sandstone** crags where the rock and type of climbing are always very similar.



approach time

The indications of how long an approach walk is on foot from the car park, to the base of the crag or the first sector you reach, is calculated at an average walking speed considering even the weight of the gear (rope, back pack, quick draws, climbing shoes, water, clothes etc.). The length of time can vary on the basis of the climatic conditions and terrain. For example in late autumn, some paths may be totally covered by leaves so as well as losing the tracks, walking becomes slower. Same thing happens in case of steep access during hot summer days under the beating sun. The indication is personal and variable depending on other factors which can affect the times of the approach walk.



beginners school

This indication highlights the crags which have the ideal pitches for beginners or for anyone climbing for the "first time". The bolts on these routes are usually very safe and placed nearby even if some exceptions might exist.



fit for family

This indication should not be confused with the presence or not of easier pitches but simply to make it clear if it is possible to reach the base of this crag with small children or if a constant control is needed on the part of the adults. Many crags are often not ideal for families or small children due to exposed ledges, difficult or dangerous approach walks, rock fall, or the presence of a busy road or other objective dangers.

BRINGING CHILDREN INTO A NATURAL ENVIRONMENT IS NONTHELESS RISKY. THE AUTHOR'S INDICATION ONLY TRIES TO HELP ADULTS FIND THE AREAS WITH MINOR OBJECTIVE RISKS. IT IS OBVIOUSLY UP TO THE PARENTS TO MAKE THE FINAL ASSESSMENT OF THE AREA.

qr code parking



Is it difficult to find the car park? With a simple scan of this code through one of the many available apps it is possible to activate the navigator through your smartphone which will lead you directly to the car park. The coordinates refer to Google maps.

THE AUTHOR

Raffaele Giannetti. I was born and grew just below the Apuan Alps, an area I doubt I will ever be able to leave. I started exploring this land ever since I was a kid, when the father of one of my school friends took us on via ferrates and simple mountaineering routes. That is when my passion for the mountains was ignited. My father signed me up with Carrara's youth alpinism club, and every year I impatiently waited for the day which was dedicated to climbing, rather than the usual excursions. During those days, I was fascinated by the historical climbers of the Carrara Alpine Club, who climbed easily and without fear. As a teenager I started to venture out on my own, exploring this activity. With a few friends I would visit the Parco della Padula at Carrara, a few minutes from home, where a few local climbers had bolted some high boulders which were 3 to 5 metres high. We would abseil down from the top and then top roped the line (in the past, this area had been included as a crag in the first editions of the guidebook "Tuscany and Isola d'Elba" even if today it can be considered a bouldering area). I stopped climbing for a while to dedicate time to another one of my passions, martial arts, achieving significant goals. Around 2010 I went back seriously to climbing. I started going to the climbing gym at Carrara, the only gym in those days, first of all as a client then helping out in the management and setting of the routes. There I met new friends with whom I spent my weekends climbing. It was here that I met Andrea Gelfi who became my mentor. I learned from him not only about climbing technique but also the respect for rock and the environment.

In 2014 together we established "Versante Apuano", an association which has been busy promoting climbing in a sustainable and respectful way. As well as bolting new crags and supervising the maintenance and upkeep of the existing crags we have given life to "Pruno Climbing Festival", an event which always attracts a great number of participants in the splendid setting of Pruno. We created a team of local athletes, supporting them in the discovery of new lines to enhance the territory.



In 2017, with Michele Moretti, we established "The Wall" a new climbing gym which lies between Liguria and the Apuan mountains. The climbing gym has been very successful, offering many people the opportunity to discover and pursue this sport. However, currently the structure is in standby waiting for a new location, with the hope that it will open up again soon.

Finally, the guide book: in 2016 I contributed to editing the guide book written by Mauro Franceschini and Fabrizio Recchia, giving information on the crags bolted by our association which was collected by Versante Apuane. After the tragic death of the authors who were killed on an ice fall, I took over their legacy. Since the areas' crags were continuously being bolted I decided to divide the guide book into two volumes: one dedicated to crags and one to multi pitch climbs. With this latest edition, the amount of crags has grown significantly, offering a complete view of the Tuscan territory.

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INTRODUCTION

In the heart of the Tuscan mountains, climbing takes on a unique atmosphere, mixing the wild beauty of nature with the challenge of vertical exploration. The limestone and granite walls which rise high across valleys and ridges offer climbers fertile land on which to cultivate their passion. The colours of the rock mix with the ones of the surrounding vegetation, creating a striking backdrop for climbers pushing themselves to the top, tackling cracks, ledges and slabs with bravery and determination.

The paths which unwind along the peaks, lead to some of the region's best crags and climbing walls, where the challenges vary from technical routes to more physical climbing. The tranquility which takes over the mountain is only interrupted by the noise of carabiners clipping into bolts and the voices of climbers exchanging advice and encouragement. However, among the majestic Apuan Alps, the natural silence is sometimes disturbed by the noise of bulldozers working in the marble quarries; a conflicting echo which contrasts with the silence of nature.

The perfume of the ground and wild plants mixes with adrenaline which permeates through the air when the breeze caresses your face, creating a unique atmosphere which feeds the adventurous spirit. But it is from the summit, when one's effort is rewarded by a breath taking view which stretches out across to the horizon, that climbing in Tuscany reveals its full charm. The mountains' embrace and the expanse of the landscape below creates a moment of connection with nature and of gratitude for conquering the route's chain. In that moment, between sky and earth, climbers feel free, immersed in timeless beauty.

In the majestic dance between rocks and sky, climbing manifests itself as an art defying gravity and celebrating the power of the human soul. Every single movement, every time a finger squeezes the limestone rock is an expression of pure determination and agility. But it is when one turns round to look down over the view from above that one grasps the true essence of climbing: the thrill of having witnessed a world suspended between heaven and earth, of having climbed the peaks of the impossible and having conquered oneself.

Tuscany's magic is expressed in the variety of its landscapes. From the top of any Apuan summit (often with your feet in snow!) it is possible to admire Versilia's sea and coastline. The mountain's shadow projects over and gets lost in the Tyrrhenian sea drawing a magical triangle which connects east to west.

The roots of Tuscany's climbing history go back decades ago, thanks to the leading figure of Roberto Vigiani, Massimiliano Merler, Stefano Sandrelli, Moreno Filattiera, Paolo Bianchini and Beppe Pacini. These pioneers began bolting the first sectors in the Camaiore area and at the Vecchiano crag. Over the years with the growing interest for climbing there has been an increase of crags as well as bolters.

In this new edition, we wanted to pay tribute to the people who, over the years, have made an important contribution to the development of sports climbing in Tuscany, putting their energy and skills at the service of everyone and giving life to wonderful sectors ranging from north to south, from the Apuan Alps to the Tyrrhenian Sea.

Names that are now well known in this world, but also new faces, who have picked up the baton and in a way try to continue this important task, with the utmost respect for the environment and the historic importance of these places. This guidebook includes a series of interviews with the bolters of old and new generations, as well as the names present in this volume, which you can find as you leaf through these pages, there are many other well known personalities scattered around Tuscany. In addition to the historical bolters previously mentioned it is important to remember other names

such as Stefano Zanchetta, Filippo Arigoni, Marco Ricciotti, Alberto Baldini, Eraldo Meraldi, Stefano Nesti, Ernesto Fiera, and the bolters who died Alessandro Bertagna and Paolo Cosseddu. We are aware that this list is not complete, and we apologise in advance if we have forgotten someone who has left their contribution, but we hope that those who have not been included in this edition will feel somewhat represented by those who are here and perhaps be able to join future editions.

Capo D'Uomo



Climber's basic rules at the crag

 Follow marked paths, without crossing private land. Owners might get angry and prohibit access to the crags.

 Do not light fires at the base of cliffs, flames could spread and cause fires.

 Do not leave rubbish, neither at the base of climbing areas nor along the trails. Respect nature, for yourselves and future generations..

 Do not leave cigarette butts on the ground. A cigarette butt without a filter takes 6 to 12 months to degrade, as it is made of cellulose alone. Quite a different story when it comes to a filtered cigarette butt, which, alas, takes 5 to 12 years.

 Avoid shouting, both out of respect for those intent on climbing, but above all out of respect for the fauna.

 Also respect the flora, do not cut or break branches and plants unnecessarily. Respect wild animals, being aware that the environment does not belong to us. Respect streams and rivers! Do not throw anything into them. Do not collect 'souvenirs'. If something is there, there must be a reason!

 Carry out your business in a civilised and controlled manner, certainly not on paths or under crags. Do not use wet wipes, or if you do use them, pick them up and take them away. Toilet paper is preferred. A wet wipe, even an organic one, takes at least three years to biodegrade!

 Park properly so that there is still room for others. There are not always many parking spaces at the crags and we should be less selfish and learn team spirit and respect for nature and others!

INTERNATIONAL LAND-AIR RESCUE SIGNS FOR HELICOPTERS AND PLANES

WE NEED HELP

Land-air signs



Yes

Red flare or light



Red material / red flag



WE DON'T NEED HELP

Land-air signs



No

TECHNICAL DIFFICULTY

FR

Free climbing grade followed by the obligatory grade and the possible aid climbing grade in brackets. Two examples available on the right.

7b (6a, A0 obl.)
6c+ (6b obl.)

UIAA

Grade of the hardest section followed by the obligatory grade plus the aid climbing grade in brackets. Two examples available on the right.

VI (V+, A0 obl.)
V+ (IV, A1 obl.)

PROTECTION

S1	Normal protection system such as on cliffs. Average distance between bolts: 3,4 metres. Potential length of fall: some metres; fall without danger.	R1	Easy to protect, always solid, safe and numerous protections. Few compulsory passages. Potential length of fall: some metres; fall without danger.
S2	Distant bolts and compulsory passages from one bolt to another. Potential length of fall: a maximum of 10 metres; fall without danger.	R2	Fairly easy to protect, always solid and safe protections, smaller in number. Compulsory passages between protections. Potential length of fall: some metres; fall without danger.
S3	Distant bolts, almost always compulsory passages. A distance of sometimes more than 5 metres between bolts. Long falls but not very dangerous.	R3	Difficult to protect, not always good protections, bolts rather distant from each other. Long compulsory passages. Potential length of fall until 7-8 metres, fall with possible injury.
S4	Very distant bolts (more than 7 metres), compulsory passages. A fall can potentially cause an injury.	R4	Difficult to protect, scarce and/or unreliable and/or distant protections which could allow just a small fall. Long compulsory passages. Potential length of fall until 15 metres with possibility of losing the anchors. Fall with a high possibility of injury.
S5	Bolts more than 10 metres apart, compulsory passages and parts where a fall can surely cause an injury (fall on terraces and ledges or directly to the ground).	R5	Difficult to protect, scarce, unreliable and/or distant protections, which could allow just a small fall. Long compulsory passages. Possibility of long falls that might lead to the ground with consequent serious injuries.
S6	Partially bolted but far from cruxes, long parts (more than 20 metres) from which a fall could be mortal.	R6	Not possible to protect but for short and insignificant passages far from cruxes. A fall could be mortal.

OVERALL EFFORT

I	A short route which takes only a few hours, near the road and with an easy approach, pleasant surroundings and easy to retreat.	V	Very long route, big wall style, usually requires a bivvy on the wall. Retreat is difficult, severe environment.
II	Multi pitch route on a wall which is higher than 200 metres, easy approach even if it might require quite a long hike in, easy to retreat.	VI	Big wall which requires multi days to complete the route, high mountain environment, difficult to retreat.
III	Long route over 300m, severe surroundings, requires almost the entire day to be climbed. Might require a long approach walk and any retreat might not be quick.	VII	All the features of a sixth grade route, but intensified, as in the case of Himalayan big walls which require to be on an expedition.
IV	Route situated far from the valley floor. It requires an entire day to be climbed. The retreat can be complicated and possibly not along the ascent route.		

BACK UP POINTS

RIFUGIO CARRARA

Località Campocecina, Carrara, 54033 (MS)

Tel. +39 338 5780668

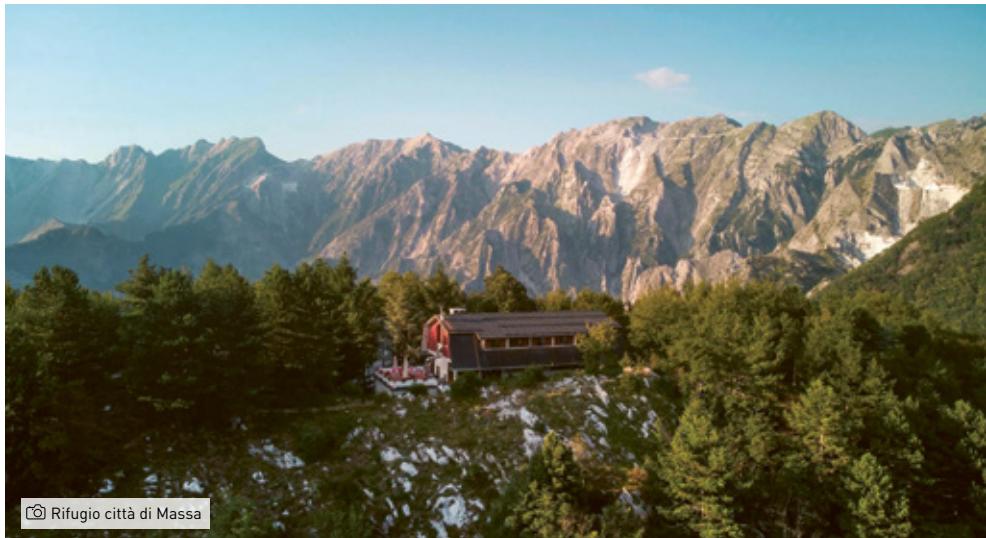
The rifugio Carrara is situated at Campocecina at 1320m above sea level, and is open all year round but has 36 beds. Easy to reach by car.

RIFUGIO CITTÀ DI MASSA

Via dei Colli, Pian della Fioba, 54100 (MS)

Tel. +39 338 9350953

The rifugio Città di Massa is situated at Pian della Fioba at an altitude of 900m. It is open from June to September and during the weekends, it is also possible to stay overnight and has 25 beds.



RIFUGIO NELLO CONTI

Via Vandelli, Resceto, 54100 (MS)

Tel. +39 0585 793059

Rifugio Nello Conti is situated at an altitude of 1420m, at Campaniletti, on the side of via Vandelli which goes from Resceto to Tambura, opened during the summer it can host 24 people.

RIFUGIO LA QUIETE

Provinciale road of Arni, Stazzema, 55040 (LU)

Tel. +39 338 9350953

The hut is situated on the pastures of Puntato. It is possible to stay overnight and eat all year round.



RIFUGIO ADELMO PULITI

Località Case Giannelli, Stazzema, 55040 (LU)

Tel. +39 338 9952268

The hut is situated at Arni, in Case Giannelli along path number 31-33. Opened every Sunday, even during winter except for rainfall or snow; it is possible to book and there are 14 places available.

RIFUGIO FORTE DEI MARMI

Località Alpe della Grotta, Stazzema 55040 (LU)

Tel. +39 331 3277741

Ideal starting point for all the sectors of Upper Versilia, Il Rifugio is situated in Alpe della Grotta at 865m of altitude and is owned by C.A.I. di For- te dei Marmi. It has 25 beds available and is opened throughout the summer season and weekends.

PANIA FORATA HOSTEL

Via del Teatro 205, Pruno, 55040 (LU)

Tel. +39 333 6725870

Inside the beautiful town of Pruno it offers many beds and excellent cuisine.

RIFUGIO GIUSEPPE DEL FREO

Località Foce Di Mosceta, Stazzema, 55040 (LU)

Tel. +39 333 7343419

Rifugio Del Freo, owned by C.A.I. of Viareggio, is situated in the valley of Mosceta, between the peaks of Pania della Croce, of Monte Corchia and Pizzo delle Saette. Opened during the summer period and the weekends, it can hold up to 57 people.



Rifugio Forte dei Marmi



Rifugio Rossi

RIFUGIO ROSSI ALLA PANIA

Prati Della Pania, Molazzana, 55020 (LU)

Tel. +39 0583 710386

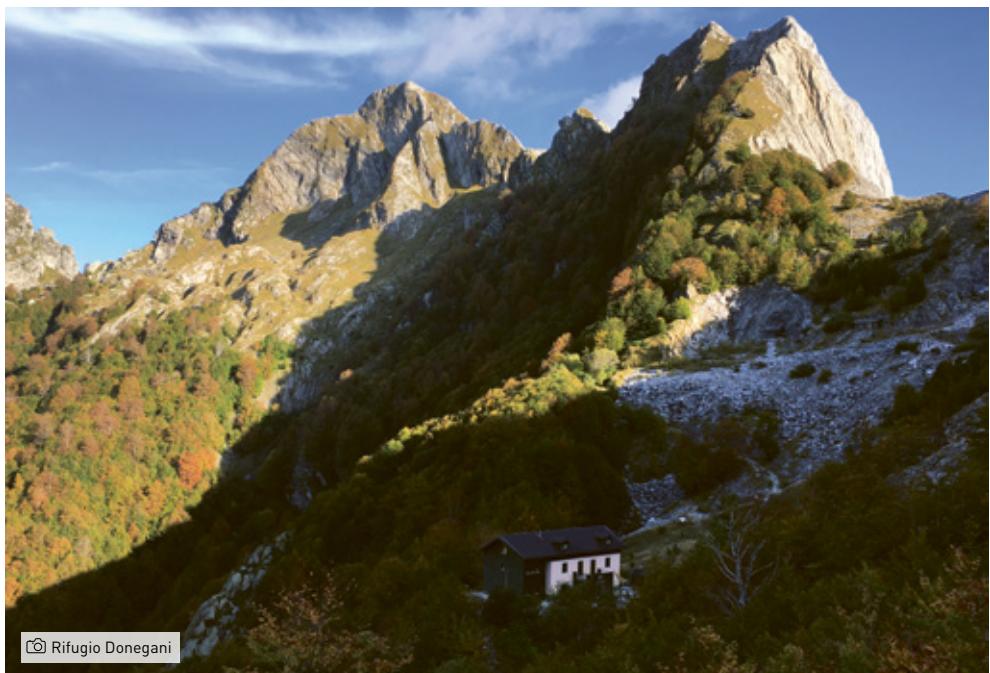
Rifugio Rossi lies on the northern side of Monte Omo Morto, which can be reached only on foot with roughly one hour of walking from Pigionico. It is open during summer time and during the weekends, and can accomodate up to 22 people.

RIFUGIO GUIDO DONEGANI

Orto di Donna, Minucciano, 55034 (LU)

Tel. +39 340 2851088

It can be easily reached by car, rifugio Donegani lies below one of the most majestic summits of the Apuan mountains, excellent starting point for the ascents of Pizzo D'Uccello, Pisanino, Cavallo, Contrario, Grondilice and Garnerone.



Rifugio Donegani

RIFUGIO VAL SERENAIA

Orto di Donna, Minucciano, 55034 (LU)

Tel. +39 328 0136377

Rifugio val Serenaia is found the in the area of Orto di Donna, it can easily be reached by car along an asphalt road which deviates for 5 km from the provincial road which connects Aulla to Castelnuovo Garfagnana (precisely between Minucciano and Gramolazzo). It seats 50 outside and 20 inside, there is a bar and a restaurant, where you can have lunch, dinner or enjoy hearty snacks. On the upper floor it has two large rooms with 12 beds sharing a bathroom and two double rooms with private bathroom. 100m from the mountain hut there is a campsite for tents and camper vans, with toilets and laundry.

RIFUGIO ORTO DI DONNA

Località Ex Cava 27, Minucciano, 55034 (LU)

Tel. +39 347 3663542

Rifugio Orto di Donna, lies at the foot of monte Contrario, near Cava 27, and can be reached on foot from Val Seranaia with roughly 1 hour and a half of walking. Open during the summer season it accommodates up to 46 people.



RISTORO ALTO MATANNA

Località Alto Matanna, Stazzema, 55060 (LU)

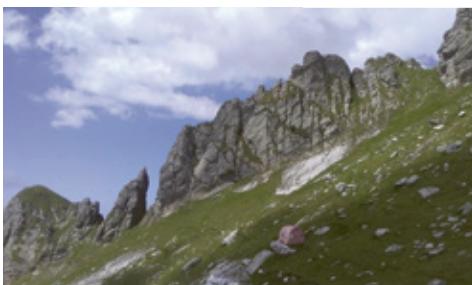
Tel. +39 0584 776005

This rifugio can be reached by car, Ristoro Alto Matanna, is situated on the eastern side of Calcare di Matanna.

BIVACCO ARONTE

The Aronte bivouac was the first mountain hut built on the Apuan Alps in 1902, and it risks disappearing due to the advancing of the marble quarry of Passo della Focolaccia, below Monte Cavallo. Today the bivouac is always open, and offers 8 beds, it is managed by Massa Alpine Club.

☞ Bivacco Aronte ↓



BIVACCO K2

Bivacco K2 is situated on the north side of Monte Contrario a few dozen metres from path n.179. To get its keys you need to contact CAI Carrara.

CAPANNA GARNERONE

Prefabricated in wood, it has been recently restructured, inside it is possible to sleep and cook, and it accommodates up to 18 people. The rifugio lies in a conifer forest, along path n.37. To get the keys you need to contact CAI Carrara.

☞ Capanna Garnerone

THANKS

It was possible to publish this guide book thanks to the great effort and dedication of many people who have contributed to making this project a tangible reality. First and foremost I would like to express my deep gratitude to my family, Jessica and to my children, for the time I took away from them to pursue this project.

A heartfelt thank you goes to all those who actively collaborated to the creation of this edition. To Simone Fazzini for the enormous practical support, moral and emotional as well as sharing his new crag. To Barbara Santucci for the difficult task of interviewing all the people. To all the bolters who wanted to share with me and all of you the fruits of their labour. To Andrea Gefi and all of the team Versante Apuano, for the new Apuan crags and for developing awareness on the environmental importance of the territory. To Silvano Giorgeri for the Teenrano and Massa areas. To the Apex association for the upkeep work carried out in the crags of Procinto. To Lorenzo Abbarchi, Maurizio Pagazzo and Luca Lucchesi for the great support in revisiting Carnaiore. To Paolo Pucci for the crags at Rovaio. To Filippo Arigoni for the help on the Pisoni territory. To Andrea Guideri who with CAI Siena and with the Chiodofisso association have given renewed life to the crag of Celsa. To Lorenzo Masala the relentless bolter from Amiata.

An immense thank you to all the friends who have spent a bit of their time visiting crags scattered around the region sending photos, reviews and updates. Finally special thanks to the readers of this guide book. Without you, our work would be meaningless. I hope this can inspire you to improve and achieve greater goals.





Giardino degli Elfi, Simone Fazzini, *Tentazioni* (© B. Santuccil)

The hardest pitches

NATURALMENTE	9a+	San Rocchino	Adam Ondra
LA TERZA ETÀ	9a	San Rocchino	Adam Ondra
TOUCH DOWN	8c+	San Rocchino	Lorenzo Bogliacino
SKIZZO DI PIÙ	8c+	Candalla Alta	Paolo Bernardi
LA PRECIPITAZIO	8c+	Cimitero	Marcello Bruccini
VIGIO NUMBER ONE	8c+	Cimitero	Marcello Bruccini
TERIBILE	8c	Rifugio Forte Dei Marmi	Cristiano Virgilio
COUP DE FOUDRE	8c	Grotta dell'omo	Luca Andreozzi
LA PROSECUIZIO	8c	Candalla Bassa	Marcello Bruccini
ATTRaversamento PEDONALE	8c	Candalla Bassa	Giacomo Bertoncini
MANCO IL VIGIO	8c	Candalla Alta	Klemen Bečan
TORNA A BORDO! CAZZO!	8c	Cimitero	Marcello Bruccini
JUMANJI	8c	Giardino degli Elfi	Patrizio Buricchi
CHI Lotta PUÒ ANCHE PERDERE...	8c	San Rocchino	Luca Lucchesi
L'IMPERIALE	8c	San Rocchino	Luca Lucchesi
BARDAMÙ	8c	San Rocchino	Giacomo Bertoncini
SOVRANA	8c	Le rochette	Matteo Gambaro
OLTRE IL CONFINE	8c	Sasso Corbaio	Bengio Chiesi
L'AMANTE GELOSA	8c	Roccalbegna	Bengio Chiesi
SORRIDI PER ESSERE FELICE L2	8c	Grotta del Gufo	Giovanni Bagnoli
JUST FOR FUN	8b+	Rifugio Forte Dei Marmi	Edoardo Bendinelli
LA SCAMOSCIATA	8b+	Grotto di Rocca Petrosa	Luca Lucchesi
RE DI BASTONI	8b+	Il caprone	Marcello Bruccini
L'OSVALDO	8b+	Muro di Swann	Patrizio Buricchi
IL GEMONE	8b+	Candalla Bassa	Marcello Bruccini
IL RE, IL SAGGIO, IL BUFFONE	8b+	Candalla Bassa	Michele Fornaciari
ALBALIANTE CONNEXION	8b+	Candalla Bassa	Luca Lucchesi
ULTIMO GIRO DI GIOSTRA L2	8b+	Candalla Alta	Klemen Bečan
UNA BARCA NEL BOSCO L2	8b+	Parco	Paolo Bernardi
GUANAJA	8b+	Cimitero	Marcello Bruccini
L'INCOLACANI	8b+	Mattatoio	Luca Lucchesi
JUMA	8b+	Giardino degli Elfi	Luca Andreozzi
HAI CAPITO CHE ARIA TIRA! L2	8b+	Grotta all'ombra	Matteo Gambaro
MAI DI MARTEDÌ	8b+	Penna Pirsing	Luca Andreozzi
LA QUIETE	8b+	San Rocchino	Matteo Gambaro
1270RE	8b+	San Rocchino	Patrizio Buricchi
OBI ONE KENOBI	8b+	San Rocchino	Edoardo Bendinelli
CREDERE NEI SOGNI	8b+	San Rocchino	Luca Lucchesi
BRICIOLE DI GLORIA L2	8b+	San Rocchino	Luca Lucchesi
ALIBRACCIA PINNE SINISTRA	8b+	Sasso Corbaio	Bengio Chiesi
VOTA FATUR	8b+	Sasso Corbaio	Bengio Chiesi

SHAMIRA	8b	Gabellaccia	Roberto Vigiani
MEZZO SECOLO	8b	Tenerano – La tecchia	Danilo Bo
IABADABADUU	8b	Rifugio Forte Dei Marmi	Edoardo Bendinelli
LA QUESTUA	8b	Grotto di Rocca Petrosa	Patrizio Buricchi
MR. CAMOSC	8b	Grotto di Rocca Petrosa	Marco Peli
LA TRONFIONA	8b	Il caprone	Luca Lucchesi
ZONA CONFORT	8b	Il caprone	Luca Lucchesi
ADELE E GLI ORCHI	8b	Il caprone	Marco Peli
ELYSIUM	8b	Charro Torre	Luca Andreozzi
IL GENIO	8b	Candalla Bassa	Severino Scassa
GLI ALBANESI	8b	Candalla Bassa	Edoardo Bendinelli
IL PASTICCERE	8b	Candalla Bassa	Roberto Vigiani
GLI AMICI DEL BOFONCHIO L2	8b	Candalla Bassa	Damiano Guidotti
BELLA MOSTRA	8b	Candalla Bassa	Roberto Vigiani
CONDANNA A VITA	8b	Candalla Alta	Luca Lucchesi
MANCO IL PAPA L3	8b	Candalla Alta	Roberto Vigiani
300-400 L2	8b	Candalla Alta	Damiano Guidotti
VERSILIA BY NIGHT	8b	Giardino degli Elfi	Andrea Gelfi
MOOD	8b	Giardino degli Elfi	Andrea Gelfi
IL PIÙ GRANDE SPETTACOLO	8b	Grotta all'ombra	Luigi Billoro
PICCOLO PRINCIPE	8b	San Rocchino	Luca Lucchesi
NO COMMENT L2	8b	San Rocchino	Patrizio Buricchi
AURORA SPERICOLATA	8b	Panoramix	Luca Andreozzi
LES JEUX SONT FAITS	8b	Secondo pilastro di Setriana	Luca Lucchesi
IL DEMORALIZZATORE	8b	Secondo pilastro di Setriana	Luca Lucchesi
TACHIPIRINA MILLE	8b	Le rocchette	Eugenio Biondi
TOWANDA	8b	Le rocchette	Patrizio Buricchi
FAHRENHEIT 911	8b	Le rocchette	Patrizio Buricchi
OMBRE BUIE	8b	Le rocchette	Patrizio Buricchi
ANDIAMO A COMANDARE	8b	Le rocchette	Patrizio Buricchi
IL LATO OSCURO DI ANDROMEDA	8b	Monsummano	Cristiano Lucchesi
RAMOZZO	8b	Sasso di Dante	Laura Rogora
NO PUSSY FOR YOU	8b	Sasso Corbaio	Bengio Chiesi
ALIBRACCIAPINNE DESTRA	8b	Sasso Corbaio	Bengio Chiesi
GITA ORGANIZZATA	8b	Sasso Corbaio	Bengio Chiesi
SADDAPATÌ	8b	Roccalbegna	Bengio Chiesi
MARACAIBO	8b	Roccalbegna	Bengio Chiesi
LA VISIONE DI VAN HELSING	8b	Grotta del Gufo	Bengio Chiesi
DOLORE	8b	Grotta del Gufo	Giovanni Bagnoli

List of pitches by exposure



EAST

Tenerano - Settore Apuano	54	Secondo Pilastro di Setriana	328
La Perla	58	Pensatoio	330
Torano	64	San Rocchino	332
Bergiola	68	Penna di Lucchio	422
Penna rossa di Retignano	130	Balzo della vergine	426
Torre di Belen	134	Verruca	476
Isola	218	Parete Malaparte	526
Trittico	240	Massanera	534
Selva	244	Catarcione	550
Cannelot	300	Sasso di Dante	556
Primo Pilastro di Setriana	312	Hollywood	564
Casa dei folli	324	Capo d'uomo	630
Panoramix	326	Monte Cetote	662



WEST

Forno	76	Candalla bassa	258
Gronda	80	Candalla alta	272
Uncini	108	Castagni	288
Il tempio	116	Cimitero	294
Rifugio Forte dei marmi	140	Pilastro dei briganti	308
Calamjjeans	152	Rifugio Rossi	440
Lo zoccolo	166	Monte Serra	464
La vela	188	Scalonai	594
Conchetta	238	Poggio al Montone	598
Grottino	246	Il remaiolo	644
Maruccio Area	252	Baia dei pirati	642
Muro di Swann	254	Monte San Bartolomeo	656

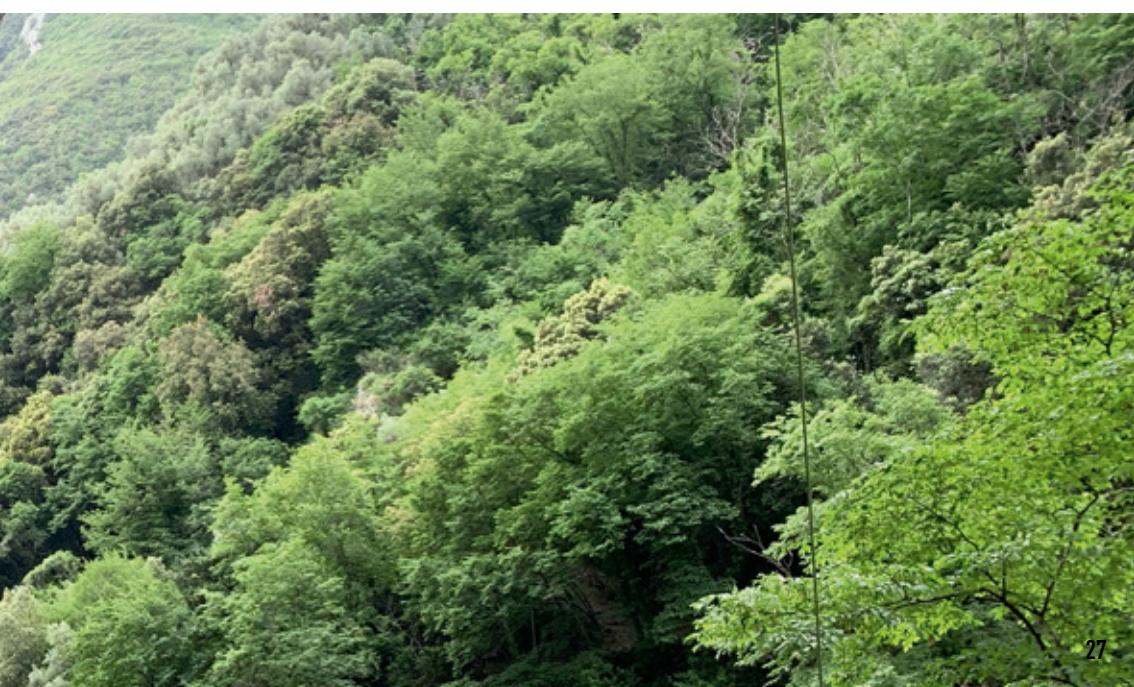


**NORTH**

Fessura Messner	30	Giardino degli elfi	304
Casette	72	Caianificio	316
Monorotaia	86	Grotta all'ombra	320
Laguna	90	Sassorosso	372
Procinto	162	Figline di Prato	530
Muro dei ganzi	214	Mura del terraio	580
Ciarro Torre	228	Rocchetto	588
Penna Pirsing	286	Monte Schiappone	654
Mongololificio	298		

**SOUTH**

Gabellaccia	34	Trombacco	378
Malpasso	42	Grotte della scaffa	386
Zeus	44	I campanili	392
Tenerano - La tecchia	48	Il colle	398
Placche di Antona	96	Merizzacchia	400
Campareccia	100	Ikea	404
Montignoso	112	Cocciglia	418
Il secondo	124	Sasso dell'Inferno	430
Altissimo	126	San Viano	432
Rocca Petrosa	176	REM	482
Il grotto	180	Balzo di Peppone	500
Il castello	184	Sasso Corbaio	570
Foce di compito	192	Roccalbegna	574
Lieto basso	196	Buca delle fate	604
Il caprone	200	Gavorrano	610
Albatrello	204	Ansedonia	614
Muro del tossico	210	Canne d'organo	618
Tomeoni	224	Grotta del gufo	622
Saratoga	234	Il ginepro	638
Placche a mare	284	Fetovaia	648



CARRARA

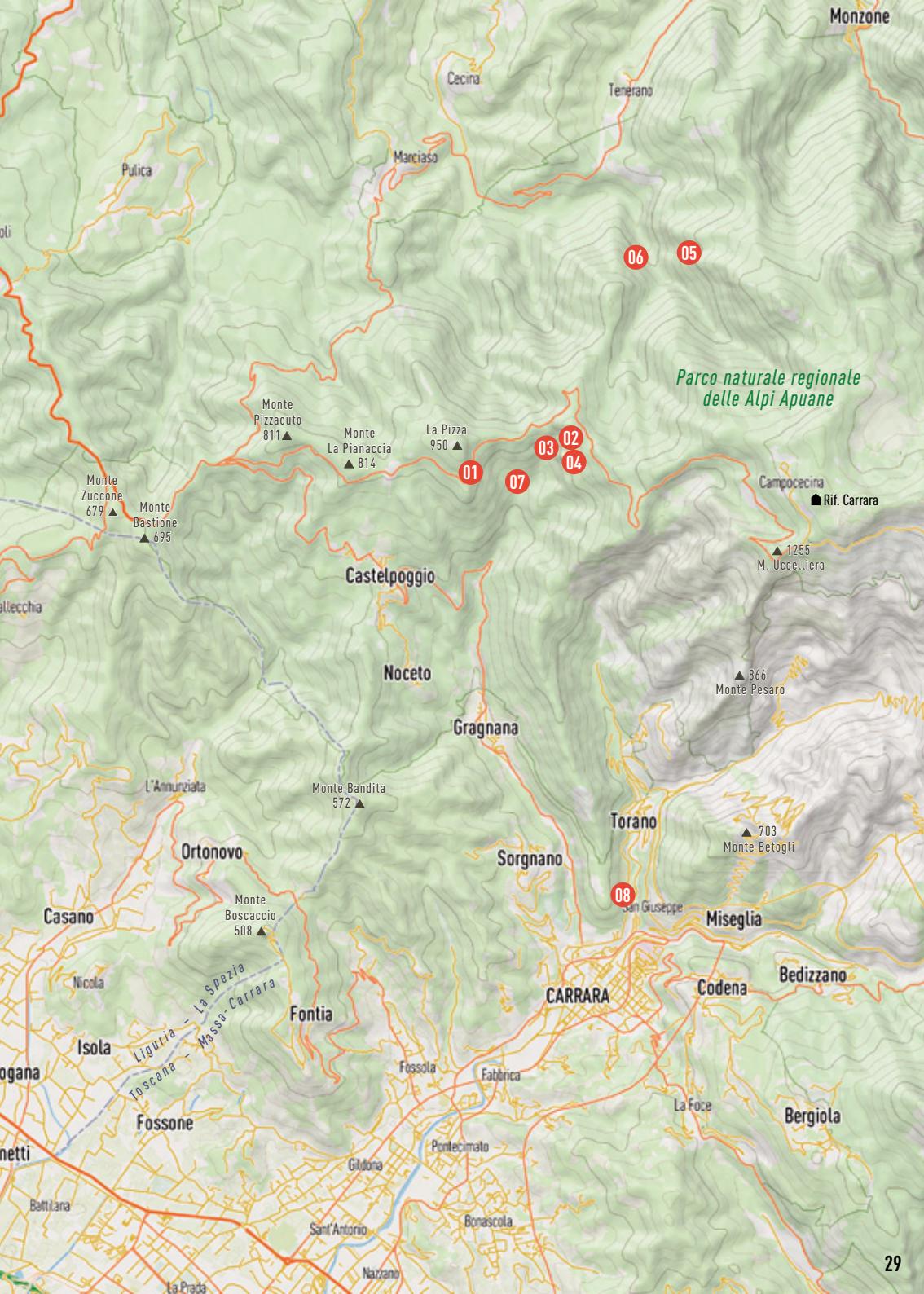
Carrara is considered the most important site in the world for the extraction of the "Carrara marble". In fact, it is behind this coastal town that one can 'admire' the desolating massacre that the hand of man has inflicted on the Apuan Alps, devastation that is unfortunately continuing to this day. Nonetheless, close to these marble basins one can find climbing sites such as the Torano crag, while in the Campocecina area, thanks to the abundant vegetation, it is still possible to climb in untouched environments such as Gabellaccia, Malpasso and Fessura Messner.

01. Fessura Messner.....	30	05. Tenerano - La Tecchia.....	48
02. Gabellaccia.....	34	06. Tenerano - Settore Apuano.....	54
03. Malpasso	42	07. La Perla	58
04. Zeus	44	08. Torano.....	64

 The devastation of the marble quarries (© P. Guidetti) ↓



Parco naturale regionale
delle Alpi Apuane



FESSURA MESSNER



825m
altitude



NORTH
orientation



★★★★
beauty



★★★★
equipment



★★★★
quiet



★★★★
comfort



★★★★
parking



falling rocks



limestone
type of rock



0'
approach time



beginners school



possible when raining



fit for family



multi-pitch

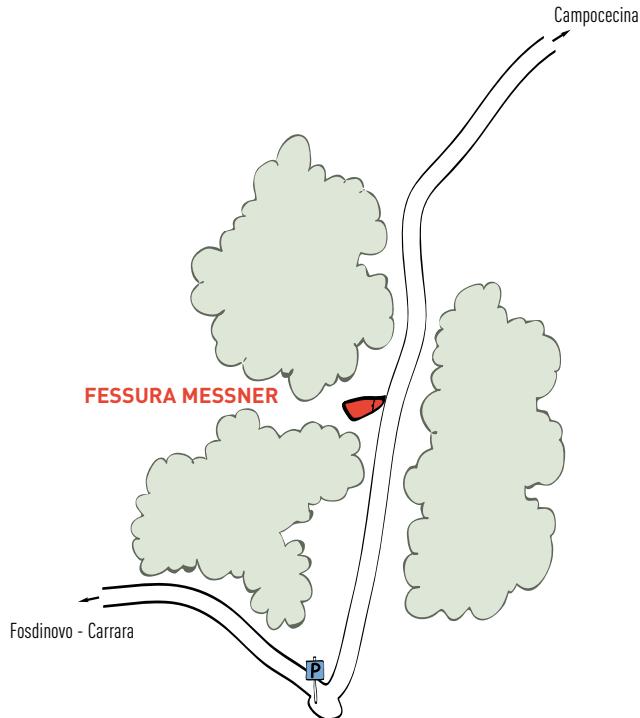


P

Legend narrates that Reinhold Messner, on his way back from a conference at the CAI Carrara rifugio, saw this crack from the road which came down from Campocecina, he stopped the car and climbed up it with his boots on. Rebolted and recently developed by Michele Moretti and Marco Ricciotti, the crag requires a medium/high level. Excellent limestone, slightly overhanging and zero approach. The Messner crack has been left free of bolts to climb it trad.

ACCESS

From Carrara follow signposts for Castelpoggio and then towards Campocecina, while for those coming from Sarzana follow towards Fosdinovo and then to Campocecina. Once past Maestà, straight after a hair pin bend with a fire extinguishing tank, you will find the crag on the left, on the road. The parking is on the hairpin bend.





TECHNICAL CLOTHING

CLIMBING - MOUNTAINEERING - TREKKING - SKI



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Nicolosi (CT)

tel. 095 910173
m. 349 166 0782
servolare17@hotmail.it



El Bahira Campeggio
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ALTISSIMO



700m
altitude



SOUTH
orientation



★★★★★
beauty



★★★★★
equipment



★★★★★
quiet



★★★★★
comfort



★★★★★
parking



falling rocks



dolomite
type of rock



40'
approach time



beginners school



possible when raining



fit for family



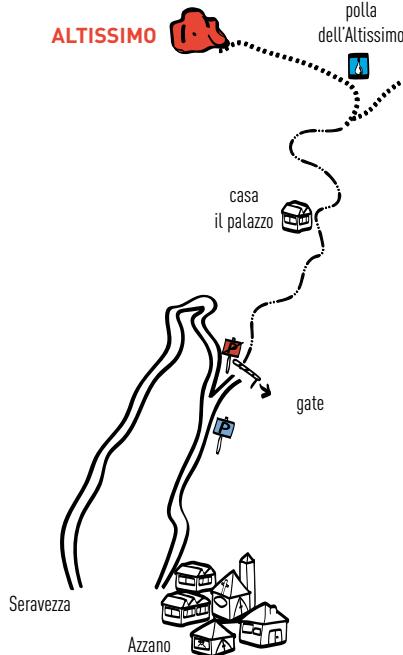
multi-pitch



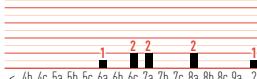
Monte Altissimo, Apuan Alps, a wild territory, rugged, full of pinnacles, rock faces and water, a unique scenery for its morphology. Monte is full of history and charm, accessible from more sides which are very different one from another. Monte consists of precious material, a mountain of marble. Being precious is what creates the paradox: divided into two, among beauty and destruction. The activity of marble extraction manifests itself in scenes of great devastation. Quarries are active on various fronts, but fortunately there are still intact slopes. In one corner of this devastating beauty Andrea Gelfi has uncovered a slab of perfect rock, compact, smooth, perhaps too smooth and slightly leaning. The total opposite of today's climbing style.

ACCESS

From the A12 Genova-Livorno motorway exit at the Versilia toll and Seravezza. Straight before the bridge which enters the town of Seravezza turn left towards Riomagno. Go past the town and continue the road for roughly 5 km towards Malbacco and Azzano, until you find a junction on a hair pin bend, where you continue to the right and park after a few metres in the few spaces along the road.

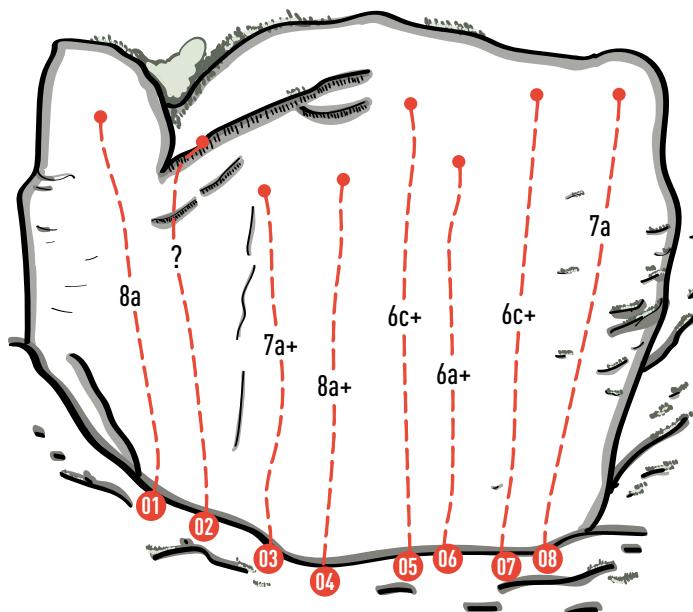


08



Head back on foot to the junction which you have just driven by and continue along the asphalt road, via Tacca Bianca, until you find a gate, which you go through passing to the side of it on the left. Go past the house "Il palazzo" and reach a barrier, straight to the right there is an old electricity cabin and other buildings, continue until on the right you will find the chapel Tacca Bianca with a Madonna statue in it. Here there is a junction: to the right the road for the marble quarry Cava Mossa, while to the left another branch of the road which leads to the marble quarry runs down with signs for "sentiero 32" towards the SE ridge of Monte Altissimo which you follow until you reach la Polla, and that is a jet of water gushing from the rock, which is considered the source of the Serra stream. We follow the path for 5/10 minutes until we reach the base of the crag.

1. APUAMATER	8a	20m	Continuous and requires movement with final boulder move
2. IL PALAZZO DEI SOGNI	?	20m	
3. DARKSIDE	7a+	20m	Technical slab requires movement
4. LO SMANACCHINO	8a+	20m	Probably the most difficult leaning slab in central/south Italy
5. LIGURI APUANI	6c+	20m	Technical slab requiring movement
6. MANGIA PIETRA	6a+	20m	Nice slab with featured rock
7. . MARMIVORI	6c+	20m	Initial crux and final bouldery move
8. PIETRA VIVENTE	7a	20m	Continuous and movement with final crux







PENNA ROSSA DI RETIGNANO



450m
altitude



WEST
orientation



★★★★



★★★★



★★★★



★★★★



★★★★



falling rocks



limestone
type of rock



10'
approach time



beginners school



possible when raining



fit for family



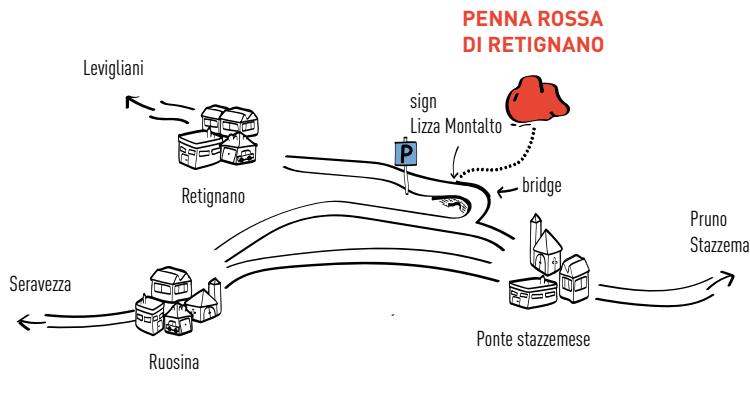
multi-pitch



The crag Penna rossa is a small rocky band with a reddish colour, situated near the town of Retignano, it faces south/west and is close to the provincial road of Arni. It is a leaning slab with an overhang above, the rock offers good holds making the climbing style similar to limestone climbing. During the 80s it was already frequented by some young local climbers who had bolted 4/5 pitches on the right hand sector of the wall, then it was abandoned. In 2019 the crag was revisited thanks to Francesco Bertellotti: the old routes were rebolted and some new ones were opened. Currently there are 20 pitches of various lengths (from 15 to 25m) which vary from 4th grade to 6c+/7a. During summer the wall lies in the shade in the morning, while during winter time it is best to climb in the afternoon to enjoy some sun rays, we do not recommend to climb here after heavy downpours. Under every route there is a plaque with name and difficulty.

ACCESS

From Versilia continue towards Seravezza and continue along the provincial road of Arni 10, leave the junction for Pontestazzemese on the right, and just before reaching the town of Retignano, you will find an abandoned dump. Park further on in an opening on the left, and take the steep path in front of the ex dump, marked with the writing "Lizza Montalto" to then leave it after a few dozen metres following fixed ropes on the left which in 5 minutes lead to the base of the rock face.



21





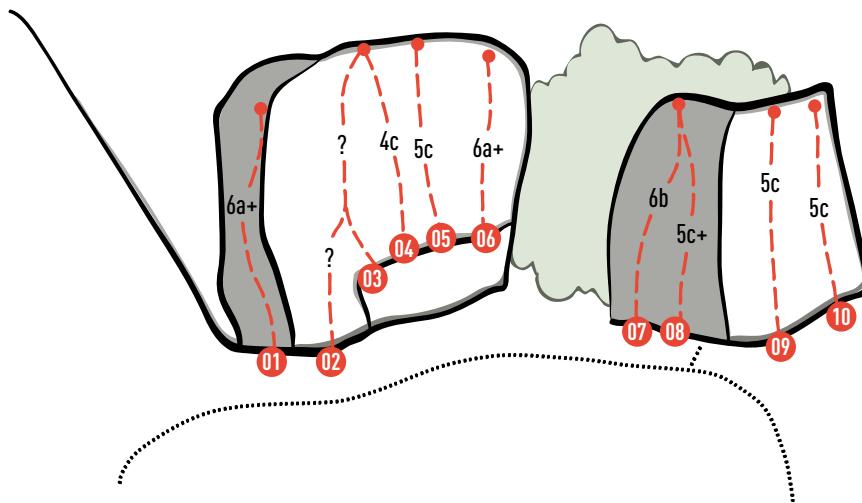
 Marzia Biagi, Free Rock (© A. De Asmundis)

ABSIDE

- | | | |
|--------------------------------------|-----|-----|
| 1. PADRE DONDI | 6a+ | 14m |
| 2. WITHOUT NAME | ? | |
| 3. TESTE MARCE | ? | 12m |
| 4. RIKKIKITKKITAVI | 4c | 12m |
| 5. VIA DEI MATTI AL NUMERO ZERO | 5c | 10m |
| 6. VIA LA GATTA DAL TETTO CHE SCOTTA | 6a+ | 10m |

DI GIACOMO

- | | | |
|------------|-----|-----|
| 7. CHIARA | 6b | 10m |
| 8. NOW | 5c+ | 10m |
| 9. M&M's | 5c | 10m |
| 10. MIKADO | 5c | 10m |

ABSIDE**DI GIACOMO**



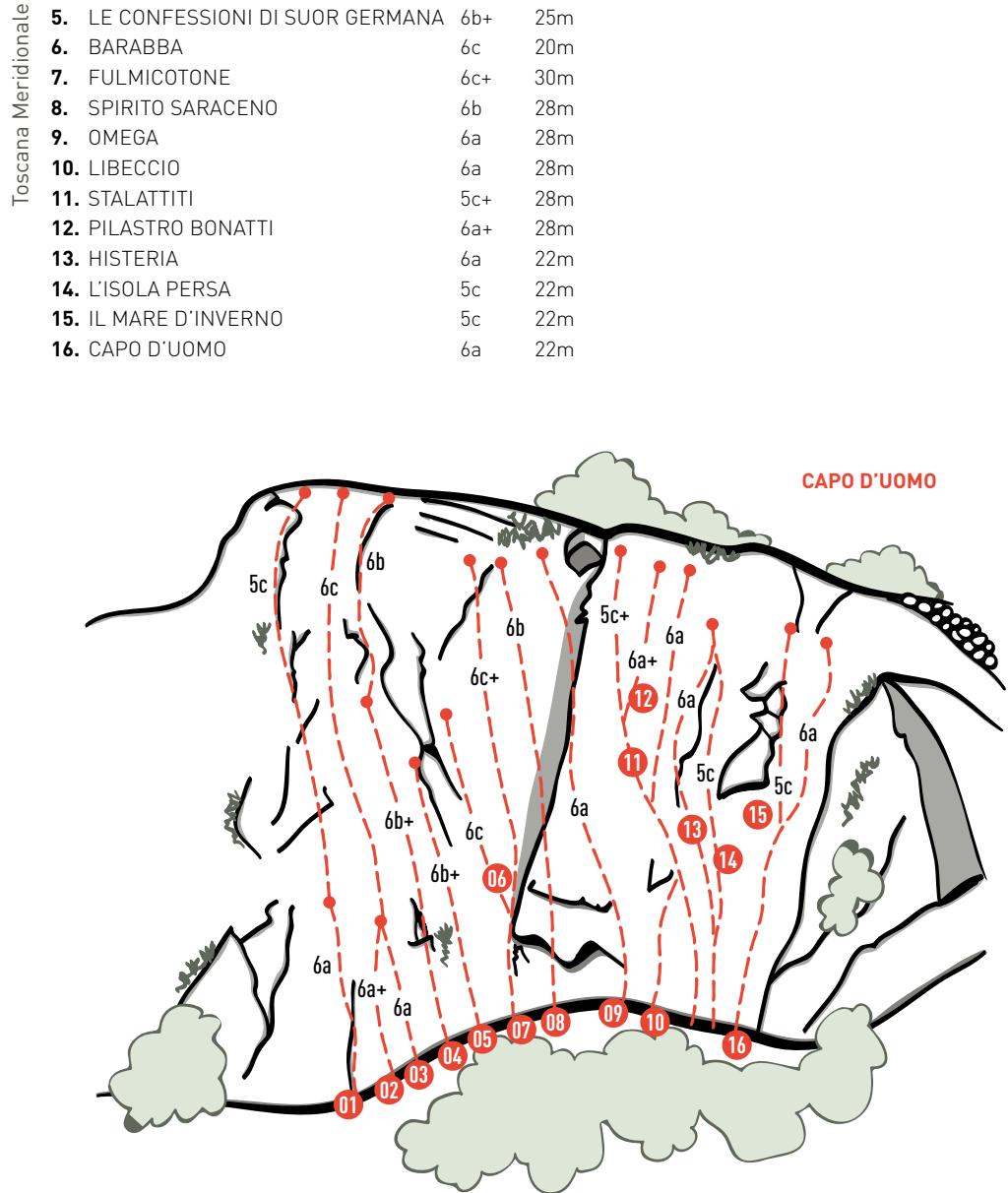
© Andrea Bertanelli, *Vento di Francia* (© A. Ceil)

1. AIUTATI CHE DIO T'AIUTA
 2. GAB
 3. IL SOGNO DI MARIA
 4. CAPO CACCIA

P1 6a 22m
 P2 5c 30m
 P1 6a+ 20m
 P2 6c 30m
 6a 20m
 P1 6b+ 28m
 P2 6b 18m

5. LE CONFESSIONI DI SUOR GERMANA
 6. BARABBA
 7. FULMICOTONE
 8. SPIRITO SARACENO
 9. OMEGA
 10. LIBECCIO
 11. STALATTITI
 12. PILASTRO BONATTI
 13. HISTERIA
 14. L'ISOLA PERSA
 15. IL MARE D'INVERNO
 16. CAPO D'UOMO

6b+ 25m
 6c 20m
 6c+ 30m
 6b 28m
 6a 28m
 6a 28m
 5c+ 28m
 6a+ 28m
 6a 22m
 5c 22m
 5c 22m
 6a 22m

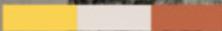




 Capo d'Uomo



PIRENEI
PERFORMANCE CLIMBING PANTS



RUPE