Newsletter of the Lexington-based Central Kentucky Computer Society®

Computer File®

December 2025 Volume 41, Issue 12

December Meetings

CKCS Board of Directors
Dec. 4

Amateur Photographers Club
Dec. 4, 11, 18

Dr. Fix-it & iHelp
Dec. 6

CKCS Holiday Party
Dec. 8

Windows SIG
No Meeting

Genealogy SIG
Dec. 15

All Things Apple SIG
Dec. 16

Digital Photography SIG
No Meeting

Click here for the SIG calendar provided by Larry Trivette.

Class/Workshop Calendar

December Weather in Central Kentucky

"December in Lexington embraces the full-blown winter experience" writes WeatherAtlas, "with colder temperatures and shorter days." Most people don't



equate December with rain, but WeatherAtlas points out that Lexington normally sees rain nearly 13 days out of the month. Snow often falls on seven days during December and accumulates to 1.69 inches during a typical month. WeatherAtlas points out that the shortest days out of the entire year occur this month. The days may be short, but in some rare instances, they're warm. According to Weather & Climate, Lexington saw its highest Dec. day when the mercury reached 75º on the second day of the month back in 1982. The site writes the wettest Dec. day ever occurred in Lexington on Dec. 2, 1991. On that day, the city received 3.22 inches of precipitation. Wanderlog writes that December weather



"can be described as cold and breezy, with increasing cloud cover throughout the month." If you want sunshine, don't bet on central Kentucky in December. Weather Stats reports the average number of sunny days during the month stands at seven. Another notable fact–Dec. is windy, with an average wind of 9.3 miles an hour recorded during the month.

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Dec. 2025







Central Kentucky Computer Society

All of Us at CKCS Wish You Happy Holidays!







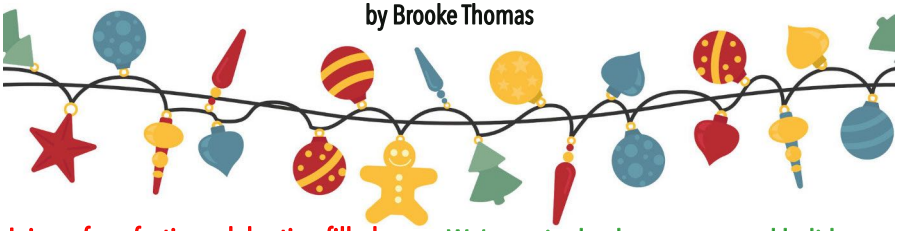
Ho! Ho! Ho!



It's Time For a Party

Join Us Dec. 8 at 6 P.M. for the CKCS Holiday Party

by Brooke Thomas



Join us for a festive celebration filled with joy, laughter, and holiday cheer!

We're excited to host our annual holiday party and can't wait to see you there!

When: Dec. 8 at 6 P.M. at CKCS (in person only)
Please bring an appetizer or dessert to share. CKCS will provide drinks.
You could win an exciting door prize just by attending!



Come to learn about the fascinating world of video editing

Larry Mitchum will show how he uses Final Cut Pro, one of the most popular video editing tools. You'll learn how to transform your raw footage and photos (think vacation memories, family gatherings or just everyday moments) into engaging, cohesive stories rather than a collection of random clips or static images.

Come Celebrate With Us!





Can You Help Us Design the Future?







By Brooke Thomas

CKCS needs a new logo!

Exciting changes are coming to our Resource Center in the year ahead, and we're kicking things off with a fresh new look — starting with a brand-new logo! That's where you come in.

We're inviting all creative minds to submit one or two original logo designs that capture the spirit of our evolving space and the mission of CKCS. Whether you're a seasoned designer or just love to dabble in creativity, we want to see your vision!



Winner receives a $50 gift card to Malone's Restaurant — a delicious reward for your design brilliance!

Deadline for submissions:
February 14, 2026

You've got plenty of time to brainstorm, sketch, and polish your ideas — but don't wait too long!

How to enter: Email your logo designs as a .png or .jpg file to PhotoLexington@gmail.com. Please include your name, email address, a phone number, and any other comments you want to include.



We can't wait to see your creative ideas.

Special Announcement



Joe Dietz, who leads the monthly Digital Photo SIG, announces he'll be taking a well-deserved break after the January meeting.

There will be no scheduled Digital Photo SIG meeting until July. A pop-up session is possible, but Joe says no meetings are now scheduled until the July SIG meeting. Keep reading *Computer File* for further updates.

July's Hall of Fame photo contest topics are fences, birdhouses, and mist or fog. Remember, you must submit paper copies for the July contest by physically bringing those photos to CKCS.



Time to Get Out the Heavy Winter Parka?

Forecasters say a 'wobbly' Polar Vortex might send frigid Arctic air into the U.S.

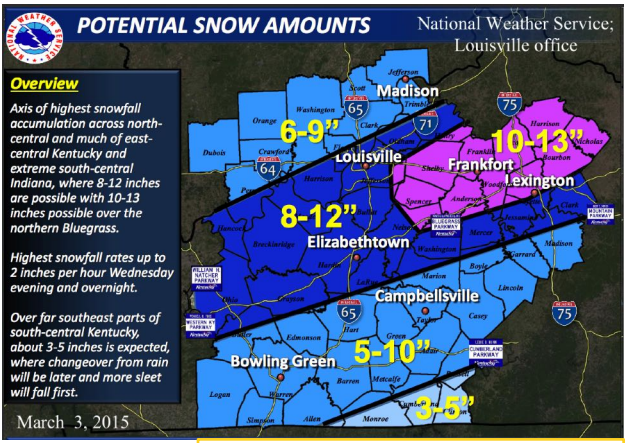
By Kurt Jefferson

I was eating breakfast one morning shortly before Thanksgiving when I nearly spilled my oatmeal. My cat looked at me as if to say, "Are you going to have an accident?"

I was reading an extended forecast from the Louisville office of the National Weather Service. The forecasters there were mentioning a developing situation up north that could put a frown even on Old Saint Nick's face.

I read the jargon-filled forecast and decided to let ChatGPT translate 'weather speak' into easy-to-understand English: "Forecasts are becoming more confident that we will see a sudden warming event in the stratosphere (the upper part of the atmosphere) over Canada by late November. These sudden warmings are pretty rare early in the season. When this happens, it often causes a disruption in the Polar Vortex (PV), which can lead to colder air moving down into the U.S."

Now where did I put my long underwear? But there's more from the National Weather Service: "This is typical of years with a La Niña in the Pacific Ocean. Based on this, it's looking more likely that winter will start quickly across the central and eastern U.S., and December could be much colder than usual, with a higher chance of snow and other wintry weather."



In 2015, the Polar Vortex 'wobbled,' pouring very cold air into central Kentucky and opening the door to heavy snowfall.



Rockin' Around the Christmas Tree – Brenda Lee
https://www.youtube.com/watch?v=TFsZy9t-qDc&list=RDTFsZy9t-qDc&start_radio=1

O Come All Ye Faithful – Flash Mob
https://www.youtube.com/watch?v=XI2c9yptr4U&list=RDXI2c9yptr4U&start_radio=1

Christmas Food Court Flash Mob
https://www.youtube.com/watch?v=SXh7JR9oKVE&list=RDSXh7JR9oKVE&start_radio=1

Merced Children's Holiday Choir (Kwanzaa)
https://www.youtube.com/watch?v=cMNhxZqembw&list=RDcMNhxZqembw&start_radio=1

Feliz Navid – José Feliciano
https://www.youtube.com/watch?v=0UVUW11FENs&list=RD0UVUW11FENs&start_radio=1

White Christmas – Bing Crosby
https://www.youtube.com/watch?v=v5ryZdpEHqM&list=RDv5ryZdpEHqM&start_radio=1

Facts You Don't Know About Kentucky

By Kurt Jefferson



Hold on to your horses! You're about to enter the world of the unknown. Here are some little-known morsels that even folks who've lived in the Commonwealth for many years might not realize. Okay. See how many of these facts about Kentucky are new to you!

- The melody for the song *Happy Birthday to You* was written by two Louisville sisters, Mildred and Patty Hill, in 1893.

- Horses add more than $3 billion to the state's economy.

- When it comes to trees, Kentucky has one of the most diverse varieties, with more than 130 native species.

- Middlesboro is quite unique in that it's the only U.S. city built inside a meteor crater.

- The only state with more navigable waterways is Alaska.

- Covington, in northern Kentucky, is home to the world's largest hand-blown stained-glass window at the Cathedral Basilica of Assumption.



More on the next page.

Facts You Don't Know About Kentucky

By Kurt Jefferson



Here are more fun facts to share with others.

- Since 1981, the only plant in the world producing the iconic GM Chevrolet Corvette is the Bowling Green Assembly Plant.

- The dome atop the state capitol in Frankfort was based on Napoleon's tomb.

- As a child, I was fond of Pepsi-Cola, but I didn't know that Pikeville leads the entire country in per-capita Pepsi consumption.

- The fastest growing area of Lexington is within the 40509 zip code adding 1,164 people in 2025 alone.

- More than 150 Japanese companies operate in Kentucky. That's the largest number in the multi-state region.

- Kentucky actually began as a Virginia county and became a state in 1792.

- Lake Cumberland is one of the largest man-made lakes east of the Mississippi River.

Read more fun facts at Finding Dulcinea, Contact Senators, and The Fact File.

December Holidays & Celebrations

Special days come from National Today & There Is a Day For That.

Dec. 1
- ***Cyber Monday***
- *Rosa Parks Day*
- *World AIDS Day*
- *Eat a Red Apple Day*
- *Nat'l. Women Support Women Day*

Dec. 2
- *Nat'l. Day of Giving*
- ***World Computer Literacy Day***
- *Nat'l. Mutt Day*
- *Safety Razor Day*
- *World Pollution Prevention Day*

Dec. 3
- *Int'l. Day of Persons With Disabilities*

Dec. 4
- *Nat'l. Cookie Day*

Dec. 5
- *Celebrate Shelter Pets Day*
- *Nat'l. Communicate With Your Kids Day*

Dec. 6
- *Miners' Day*
- *Day of Remembrance & Action on Violence Against Women*

Dec. 7
- ***Nat'l. Pearl Harbor Remembrance Day***
- ***Hanukkah***
- *Int'l. Civil Aviation Day*

Dec. 9
- *Int'l. Day of Veterinary Medicine*
- *Anti-Corruption Day*

Dec. 10
- *Human Rights Day*
- *Int'l. Animal Rights Day*
- *Nobel Prize Day*

Dec. 12
- *Universal Health Coverage Day*

Dec. 13
- *Day of the Horse*
- *Int'l. Shareware Day*

Dec. 15
- *Bill of Rights Day*
- *Int'l. Tea Day*

Dec. 17
- *Wright Bros. Day*

Dec. 21
- *Nat'l. Crossword Puzzle Day*

Dec. 24
- ***Christmas Eve***

Dec. 25
- ***Christmas Day***

Dec. 31
- ***New Year's Eve***

A Heartfelt Thank You

CENTRAL KENTUCKY COMPUTER SOCIETY

President's Report by Brooke Thomas

Central Kentucky Computer Society (CKCS) continues to thrive because of the generosity of our members.

Your donations–whether large or small–make a direct impact on our ability to offer programs, maintain our class room and seminar space, and keep technology education accessible to our community.

Many of you have chosen to give quietly, without recognition, and we want to honor that spirit of selflessness.

Whether your gift came through a check, an online contribution, or from your IRA's required minimum distribution, please know that it is deeply appreciated. These thoughtful contributions ensure that CKCS remains vibrant, relevant, and welcoming for all who walk through our doors.

Your support allows us to:

- Host Tech Nights, SIGs, and classes/ workshops that keep members engaged and learning.

- Do some needed renovation during the next year to our space, updating technology and refreshing design of the resource center.

- Celebrate milestones and sustain the legacy of CKCS for future generations.

We may not list names here, but every donation represents a story of commitment to CKCS's mission. Together, you are the reason we can continue blending tradition with innovation, offering a place where technology and community meet with the focus on "demystifying technology." From all of us at CKCS, thank you for keeping the organization strong.

CKCS Membership

For the period Oct. 21 – Nov. 24
CKCS Board Member Ben Rice provided these names.

New members:

Teresa Apel
Patrick E. Ballard
Betty Barton
Dean Cook
Kim Crocetti
Gil Dunn
C. Drane Furry
Michael Graff
Marsha Hennig
Bonnie Jacobs
Janet Jenkins
Tami R. Kelder
Rose Mary Rowland
Peggy J. Williams

Renewing members:

Joseph P. Bark, M.D.
Kathy Brinegar
Sam D. Carneal
Francis Fresh
Vicki Garrett
Bernhard (Bernie) Hennig
Jerry Kirschner
Carmel Wallace
Gail Waller



Join CKCS today!

There are three ways to join:

Visit the CKCS Store here and choose your membership. It's that easy.

Call 859-373-1000 and tell the person manning the desk you want to join CKCS. (Volunteers man the desk Mon.–Thurs. from 10 A.M–4 P.M.)

Visit CKCS at its Moore Drive location and tell the volunteer at the desk you want to join!

QR Code for the CKCS Store

Use the QR code below to register for CKCS classes or workshops, join CKCS, or just visit the CKCS Store online to browse.

If you have an iPhone running iOS 11 or later, simply open your camera app and point it at the code. Once your camera recognizes the code, a notification will appear, providing a link to the CKCS Store. Tap on the link and you'll automatically visit the CKCS Store. Using an Android phone is very similar.

If you're new to QR codes, QR stands for 'quick response,' which was first created in 1994 by a Japanese firm specializing in auto parts. QR codes were used to keep track of different makes of cars so they could easily match the right parts with the right car. During 2020, when COVID struck, some restaurants started using menus with QR codes so customers could read menus without touching them. Today QR codes are used the world-over for all sorts of reasons.

Before using a QR code, make sure you're aware of which websites it will take you to. QR codes from scammers can lead you to dangerous websites or attempt to install malicious software.

QR Codes For Various CKCS Websites

Central Kentucky Computer Society

CKCS Website

CKCS Facebook page

CKCS Amateur Photography Club

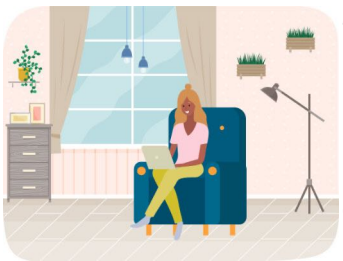
CKCS Amateur Photography Club Facebook page

What are Wednesday Workshops & Saturday Safaris?





These are Zoom sessions offered by APCUG that you're welcome to attend.



APCUG is the volunteer-run, non-profit group designed to help folks get more out of technology (CKCS is a member.)

So treat your brain and see what you can learn. Visit APCUG websites for Wednesday Workshops & Saturday Safaris.

Oh, and don't forget to have fun!





December, 2025 CKCS Special Interest Group (SIG) Schedule

See https://www.youtube.com/@ckcsVideos for recorded Zoom SIG meetings.Larry Trivette prepared this SIG calendar. Print this page for your refrigerator or bulletin board.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Dec	**2 Dec**	**3 Dec**	**4 Dec**	**5 Dec**	**6 Dec**
			10 a.m. **Photography Club** In-Person Only 7 p.m. **Board of Directors** In-Person Only		10 a.m. **Dr. Fix-It & iHelp** Bring your PC, Mac, iPad & iPhone problems or questions and we'll try to help. In-Person Only
8 Dec	**9 Dec**	**10 Dec**	**11 Dec**	**12 Dec**	**13 Dec**
7 p.m. **Tech Night** Holiday Party & Larry Mitchum, Video Editing In-Person & via Zoom	7 p.m. **Windows** No Meeting This Month		10 a.m. **Photography Club** In-Person Only		
15 Dec	**16 Dec**	**17 Dec**	**18 Dec**	**19 Dec**	**20 Dec**
7 p.m. **Quarterly Genealogy** Joe Dietz Restoring Old Photographs In-Person Only	7 p.m. **All Things Apple** Brooke, Kurt, Joe, Phil See Topics in Newsletter Via Zoom Only		10 a.m. **Photography Club** In-Person Only		
22 Dec	**23 Dec**	**24 Dec**	**25 Dec**	**26 Dec**	**27 Dec**
	7 p.m. Digital Photography Joe Dietz No Meeting This Month		10 a.m. Holiday Cheers		
29 Dec	**30 Dec**	**31 Dec**	**1 Jan**	**2 Jan**	**3 Jan**
		New Year's Eve	Happy New Year		10 a.m. **Dr. Fix-It & iHelp** Bring your PC, Mac, iPad & iPhone problems or questions and we'll try to help. In-Person Only

Amateur Photography Club

Meets in person on Thursday mornings at 10 A.M.















Windows SIG

No Meeting.
Enjoy Your Holiday!



If you have a suggestion for a topic for a Windows SIG, particularly relating to a feature included within Windows, please let Ben Rice, Windows SIG Coordinator, know. Reach Ben here.



Joe Dietz *from the CKCS Digital Photo SIG will join the Genealogy SIG to demonstrate how to clean up old photos. Whether it's a crease, age spots, or other problems with old family photos, Joe will show how to bring them back to life.*



All Things SIG

Join us via Zoom on Dec.16 at 7 P.M.

Four topics, Four presenters

***Joe** will discuss how to record a phone call on your iPhone and then listen to the recording.*

He'll also tackle how to customize a message background.

***Phil** will tackle Reminders. He'll show you how to complete shared to-do lists and assigning tasks to others. In addition, two other items Phil will show include location aware reminders and tasks and sub-tasks.*

***Ben Cowgill** will address Ten Tips on* How to Get the Most Joy *from your iPhone during the holiday season.*

***Kurt** will address tips for Mac users that many folks don't know. During Mac classes he's been teaching, he's noticed many students are not aware of these tips. To help spread holiday cheer, he'll share them!*

Zoom link: https://us02web.zoom.us/j/81185707914

Digital Photography SIG



There will be no
Digital Photography Special
Interest Group in December.
Take this time to spend with family
and friends and enjoy the season!

See ya in January!

Joe

Also remember !



John Snell will be returning to CKCS Digital Photography Special Interest Group on January 27 at 7 PM to show and tell us about his photography adventures of 2025.

Photo Contest - Leaves



• The Deal •
(Available Only to CKCS Members)

Visit KyTrade √

Show Your Current CKCS Membership Card √

Save Money on any Services, Hardware √
and a Malwarebytes Subscription

It's That Easy!

KyTrade computer services

Thank you!

Please visit us
and bring your CKCS membership card
To get discounts.

KyTrade Computer Services
373 Virginia Avenue
Lexington
kytrade.com
Phone: (859) 225–1700

$20 on any services, **5%** on any hardware,
$10 on Malwarebytes subscription



Spring Classes & Workshops

(CKCS Courses Start in February)

Click on a title to learn more about that course.



***Registration starts Jan. 5** in the CKCS store, by phone at (859) 373-1000, or in person at CKCS.*

- Intro to Adobe Photoshop Elements For Mac & Windows
- Organizing Your Computer Files on a Windows PC
- Intro to Photography
- The Science of Digital Photography
- Getting the Most Out of Your iPhone
- Computer Basics for Microsoft Word Windows
- iPad Mastery: Unveiling Hidden Features
- Get Much More Out of Your Mac
- Photography: Seeing the Light
- Adventures in Photography: Composition
  Learning to See Creatively in Photography

Spring Classes & Workshops

Cybersurvival: How To Protect Yourself Online

Wrangling Calendars, the Apple Way

Intro To Windows 11

Using Apple iCloud For Your iPhone & iPad

Apple Watch: Beyond Telling Time



Central Kentucky Computer Society

Spring Classes & Workshops

Intro to Adobe Photoshop Elements (for Mac & Win) — ***Mondays; Feb. 2, 9, 16 & 23, and March 2 & 9, from 11 A.M. to 1 p.m.***

Learn to use the tools in Elements to do basic photo editing including adjusting lighting and color, cropping, cloning and spot healing, red eye removal, and many other techniques. We will also discuss photo considerations prior to printing or sharing, introduction to layers, converting images to black and white, enhancing and restoring old photos, adding text, using brushes, graphics, templates, guided edits, filters and special effects, and a demonstration of how this program can create cards, calendars, slide shows, collages and photo books.

Intro to Photography — ***Mondays; Feb. 2, 9, 16 & 23, and March 2, from 1 to 3 p.m.***

Learn to set up camera controls; choose presets and a subject; compose photographs; take photographs; review photographs; move photographs to their computer; and then view their photographs. Also, students will review their photographs and learn to make corrections. Additional camera controls, presets, and rules of composition will be reviewed along with a discussion of which memory cards and lenses are recommended for their camera.

Getting the Most Out of Your iPhone — ***Wednesdays; Feb. 4, 11, 18 & 25 and March 4 & 11, from 1 to 3 p.m.***

There are many changes in iOS 26. Get up to speed with the new operating system. You need to learn important (and hidden) functions of your iPhone. Learn how to download apps, move them, nest them, and delete them. Learn how to get better photos with your phone, organize your pictures, and send them in text and emails. Texting messages and using Siri will also be covered. Participants should bring their (fully charged) iPhone and know (or bring) their passcode, Apple Account ID, and password.

Spring Classes & Workshops

iPad Mastery: Unveiling Hidden Features

Thursdays; Feb. 5, 12, 19 & 26, and March 5 & 12, from 1 to 3 p.m.

Dive into the depths of your iPad and emerge a master of its capabilities. This class offers a comprehensive guide to utilizing the built-in Apple apps to their fullest potential. Tailor your iPad experience by personalizing and organizing your apps, enhancing your photos, and managing your albums with ease. Gain insights into the iPad's settings, uncover keyboard shortcuts, and add flair to your emails and texts with animations. Plus, receive practical tips on optimizing the use of Calendar, Notes, Reminders, FaceTime, and the Libby app. Transform your iPad into a powerhouse of productivity and personal expression.

Photography: Seeing the Light

Mondays; March 16 & 23, from 1 to 3 p.m.

Lighting plays a huge role in determining whether your photo is good or great. Learn how the camera sees light and discover ways to manipulate it to enhance the photograph. We'll cover the electromagnetic spectrum, setting monitor color space, white balance, color temperatures and histograms, filters, hard and soft light, and backlighting.

Organizing Your Computer Files on a Windows PC

Tuesdays; Feb.10, 17 & 24, from 10 to noon.

Have you ever created a file and saved it, only to lose it? We will look at several strategies for organizing your files to make them easier to find. We will also learn techniques for moving files and folders on your computer and external storage devices.

Spring Classes & Workshops

The Science of Digital Photography

Tuesdays; Feb.10, 17, & 24 and March 10, 17, & 24, from 10 to noon. No class March 3.

We'll discuss how AI is used in audio, still images, and videos. Students will learn how computers can be used to create an artificial reality. We will NOT examine AI software on the market, but rather how technology is used to create these offerings. Students will learn about how two-color systems are used to create undetectable modification to images in still images to videos. Scam techniques will be discussed as well as how to check for fakes.

Computer Basics for Microsoft Word (Windows)

Thursdays; Feb. 19 & 26, and March 5, 12, 19 & 26, from 10 to noon.

Your children say, 'You just do this, this and this," and you have no idea what they said. This class is geared toward simple and patient explanation of the basics of word processing and filing of documents and pictures. You will find it nonthreatening, comfortable and fun.

Get Much More Out of Your Mac

Mondays; March 16, 23, & 30, and April 6,13, & 20, from 10:30 a.m. to 12:30 p.m

In a hands-on classroom setting, Mac users will learn how to become much more efficient on their computers. This is for both long-term Mac users and Windows users switching to the Mac. This is the live version of the Mac user manual designed to help you master all the essential information you need.

Spring Classes & Workshops

Adventures in Photography- Composition Learning to See Creatively in Photography

Mondays; April 13, 20 & 27, and May 4 & 11, from 1 to 3 p.m.

Learn the ingredients for a good photo. We will study the elements of design, perspective, composition, lighting, and color of light. Why are some pictures more appealing than others? They follow some simple rules: A. Simplicity. B. Drawing Attention to the Subject. C. Positioning the Subject. D. Knowledge of Graphic Design for Interest and Harmony. Understanding and using these guidelines will show you how to implement this knowledge and become a better photographer. Instruction will consist of lecture, class discussion & video presentations.

Cybersurvival: How to Protect Yourself Online

Tuesdays; April 14, 21, & 28, and May 5, from 1 to 3 p.m.

Learn essential strategies to safeguard your digital life in this four session course.

- *Strong Passwords – Create and manage secure passwords across devices.*
- *Multi-Factor Authentication (MFA) – Enhance protection with text codes, authenticator apps and biometrics.*
- *Authenticator Apps – Set up tools like Google Authenticator and Apple's built-in security features.*
- *Passkeys – Explore password-free login technology for added security.*

Exercises will focus on Apple devices, but the concepts apply to Windows and Android as well. Students should bring their computer devices (laptops, smartphones and tablets) fully charged.

Spring Classes & Workshops

Using Apple iCloud for Your iPhone and iPad

Tuesday, Feb. 10, from 1 to 4 p.m.

You will learn how to take advantage of your iCloud account. When you purchase an iPhone or iPad you have an account set up in the cloud. Here, you store copies of your photos, contacts, messages, email and more. Students will learn how to set up their account to get more out of it. We will talk about downloading and uploading your files (to and from your iPhone or iPad). We will also discuss how to share documents and photos from the iCloud. Acquiring more storage space will also be discussed.

Wrangling Calendars, the Apple Way

Wednesday, Feb. 4, from 10 to noon.

Learn how to create and view Calendar events on Apple devices. Events can be one-time or repeating, often repeating in unusual ways. We will learn how to publish Calendars for others to see (Read only) and subscribe to other Calendars across the OS divide between Apple and Google's cloud platforms. Lastly, we will integrate our events with the iPhone's GPS system to ensure sufficient time is allowed to get to our appointments on time!

Intro to Windows 11

Tuesday, March 3, from 9 to noon.

We'll explore new features offered in Windows 11, point out the changes, and demonstrate how to set it up for a more user-friendly experience. If you are considering installing it on your computer, this workshop may help you decide whether to proceed. On the other hand, if you have already installed it, this workshop might help you set up Windows 11. Students are encouraged to bring their laptop computers if they have Windows 11 already installed. However, ensure your laptop is fully charged before you bring it to class.

Spring Classes & Workshops

Apple Watch: Beyond Telling Time

Wednesday; April 1, from 1 to 4 p.m.

Join us for an engaging and informative workshop where you'll discover over 20 tips and tricks to maximize the potential of your Apple Watch! Whether you're a new user or a seasoned pro, this session will help you unlock many of the capabilities of your device. Some of the tips include the following: learn how to get help in an emergency, remove apps from your watch, make the text size larger, adjust brightness and wake duration, change the layout of your watch, mute your watch notifications, use your watch as an alarm clock, use auto pause for workouts, use your watch as a flash light and running or walking light at night, unlock your iPhone with your watch, and find your iPhone with your watch. An Apple Watch 6 will be used for demonstration. Many of the features are similar on the different series of Apple Watches that are using the current Watch operating system.



Quotes About December



"Good morning, happy first day of December. Keep looking up. That's the secret of life."
– Charles M. Schulz

"December is the time to reflect on the blessings of the past year and to embrace the opportunities of the coming one."
– Oprah Winfrey

"What good is the warmth of summer, without the cold of winter to give it sweetness?"
– John Steinbeck

"December is a month of invitation to forget ourselves in the service of others."
– Robert Louis Stevenson

"Chill December brings the sleet, Blazing fire, and Christmas treat."
– Sara Coleridge
"The Months"

"December is a month of enormous potential. It's a time when we can all give and receive, a time when the spirit of humanity shines brightest."
– Michael Josephson

"If we make it through December, everything's gonna be alright I know: it's the coldest time of winter and I shiver when I see the falling snow."
– *From the 1973 hit country song by Merle Haggard and The Strangers; also written by Haggard and The Strangers*

"So quiet and subtle is the beauty of December that escapes the notice of many people their whole lives through. Colour gives way to form: every branch distinct, in a delicate tracery against the sky."
– Flora Thompson



"I heard a bird sing in the dark of December, A magical thing and sweet to remember: We are nearer to spring, Than we were in September.
– Oliver Herford
"Hope" in *The Century Magazine*, 1914

"God gave us memory so that we might have roses in December."
– J.M. Barrie

"For many, December is also a month of a bit more reflection than usual. People are reminded of loved ones who are no longer around, and how important family truly is."
– Steve Coats

"December is a month that is rife with nostalgia. If there's anything deep in your heart that you want to keep buried, you can count on December to bring it to the surface."
– Lois Duncan

From: GoodGoodGood, QuoteGarden, Hello Fearless & The Positivity Blog

Notable December Births

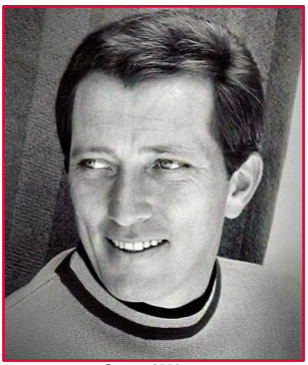
By Kurt Jefferson



Mary Martin was the mother of Larry Hagman, who starred as "J.R." in the hit TV show, *Dallas*, which CBS-TV began airing in 1978. Source: Wikipedia/1939 photo from CBS Radio, Columbia Broadcasting System

Mary Martin was an American singer and actress who was best known for her roles in Broadway musicals including *South Pacific, Peter Pan, and The Sound of Music.* She was born in Weatherford, Texas, on Dec. 1, 1913. She started a successful dance school in her hometown and eventually landed in Hollywood. She sang in an amateur music show there and was urged to seek work in New York City. She performed in a Cole Porter musical and turned heads with her performance of *My Heart Belongs to Daddy.* She won an Emmy Award for her 1955 television performance in *Peter Pan*.

Born on Dec. 3, 1927, in Wall Lake, Iowa, **Andy Williams** (born Howard Andrew Williams) sold more than 45 million records worldwide during his lifetime. For a time he lived in Ohio, and attended Western Hills High School in Cincinnati. Williams was nominated for six Grammy Awards and hosted a popular TV show on NBC-TV from 1962 to 1971. His best-selling single was *Can't Get Used To Losing You*, released in 1963 and reaching number two on the *Billboard* music charts.



Singer **Andy Williams** in a publicity photo dated Sept. 1967. Source: Wikipedia/Sheldon Saltman

Notable December Births

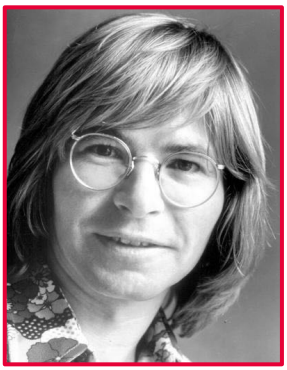
By Kurt Jefferson



Howard Hughes standing in front of his new Boeing Army Pursuit Plane (a Boeing 100A) in Inglewood, Calif. in the 1940s.
Source: Wikipedia/Library of Congress

Born on Christmas Eve in Houston, Texas, in 1905, **Howard Hughes** wore many different hats during his lifetime. He created the Hughes Aircraft Company, was a film producer known for going over budget, inventor, and aerospace engineer. He was one of the wealthiest individuals in the world at one time. Hughes was also a very good golfer, according to historians, known for scoring near-par numbers on the course. A long-time pilot, Hughes survived four separate airplane crashes, and set numerous aviation speed records. In July 1938, Hughes set the record for completing an around-the-world flight in just 91 hours.

Singer–songwriter **John Denver** (born Henry John Deutschendorf Jr.) came into the world on the last day of the year in 1943, in Roswell, New Mexico. During the 1970s, Denver became one of the best-selling artists of the decade. His songs often dealt with his joy of nature, country life, and life's simple pleasures. He started playing the guitar when his grandmother gave him a 1910 Gibson model when he was 12. Denver had 14 gold and eight platinum albums. One of his most popular singles, *Annie's Song*, was written in just ten minutes while Denver sat on a Colorado ski lift.



John Denver in April 1974.
Source: Wikipedia/RCA Records

Notable December Births

By Kurt Jefferson



Alaskans honor one of the winningest Iditarod Trail Sled Dog Race runners every March during **Susan Butcher** Day.

Susan Butcher was a sled-dog racer and trainer who was dominant in the sport for more than ten years. In 1986, she was only the second woman to win the Iditarod Trail Sled Dog Race. By the time she was 16, she began training dogs. In 1979, she drove a team of dogs to the peak of Mount McKinley, the highest mountain in North America. The Boston area-born Butcher is honored in Alaska on the first Saturday of every March when the state celebrates "Susan Butcher Day." She moved to Alaska to train for the Iditarod, which is a grueling race of well over 1,100 miles often during an arctic blizzard in the Alaskan wilderness. In 2007, Butcher was inducted into the Alaska Sports Hall of Fame. She won four Iditarod races in 1986, 1987, 1988, and 1990. Butcher was born the day after Christmas in 1954 at Cambridge, Mass.

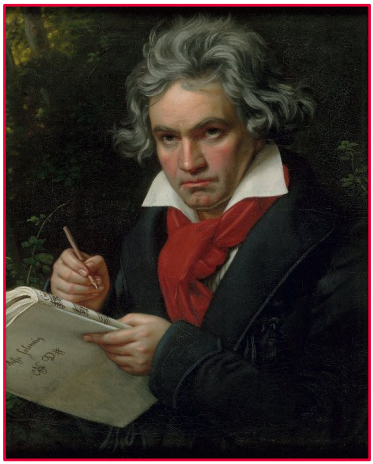
Chet Huntley was seen in millions of American homes starting in 1956 when he began co-anchoring NBC-TV's *Huntley-Brinkley Report*. He was paired with David Brinkley and the on-air chemistry between the two worked well. Huntley reported from New York City while Brinkley was in Washington D.C. The pair signed off from their nightly newscast with "Good night, Chet"-"Good night, David" and good night for NBC News." Huntley was born in Cardwell, Montana, on Dec. 10, 1911.



Chet Huntley was co-anchor of NBC-TV's nightly news show for 14 years, starting in 1956. His last NBC News broadcast aired in July 1970. He is pictured here in Feb. 1968. Source: Wikipedia/ NBC-Television

Notable December Births

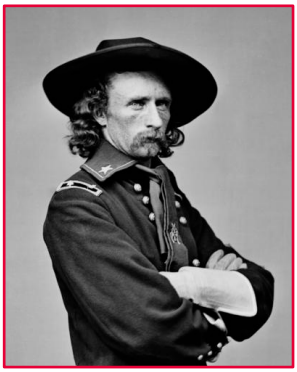
By Kurt Jefferson



Ludwig van Beethoven, pictured in an 1820 painting by German painter Joseph Karl Stieler.
Source: Wikipedia/Beethoven House in Bonn, Germany.

Ludwig van Beethoven, baptized in Bonn, Germany, on Dec. 17, 1770, (birthdate unknown) is synonymous with classical music to many Americans. Many regard him as the greatest composer who ever lived. He played the piano in the homes of nobility, in public with visiting virtuosos and leading pianists. Before 1800, Beethoven realized he was suffering hearing loss. Eventually, he would become deaf. His writings indicate he was tempted to take his own life. He became totally deaf by 1819. His friends would write questions in a book and Beethoven would respond orally. Between May and October, historians say he would keep performing in small villages around Vienna. When deafness became total, he would spend much of his day composing. Many consider his greatest achievement to be raising the stature of instrumental music at a time when it was considered to be inferior to vocal performances.

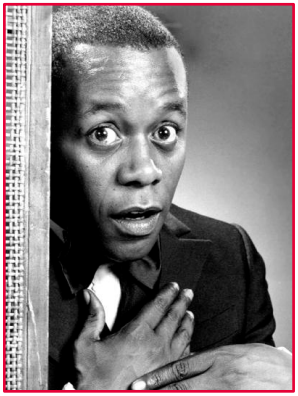
Born on Dec. 5, 1839, in the eastern Ohio town of New Rumley, **George Armstrong Custer** graduated last in his class from the Military Academy at West Point, New York. Even so, Custer went on to surpass all of his classmates with a higher military rank. He was an army officer and cavalry commander in the Civil War and Indian Wars. Custer had a reputation as a top Indian fighter even after other officers surpassed his exploits. He's probably best remembered for the Battle of Little Bighorn where Custer split up his soldiers to attack the Sioux and Cheyenne. That turned out to be a disastrous decision–leading to Custer's death and the death of all his soldiers. The Sioux and Cheyenne were victorious as they captured 80 to 90 live horses from Custer's obliterated ranks.



George Armstrong Custer in field uniform on May 23, 1865.
Source: Wikipedia/Photographer Mathew Brady and his field staff.

Notable December Births

By Kurt Jefferson



Comedian **Flip Wilson** shown in a 1970 publicity photo for *The Flip Wilson Show*. Source: Wikipedia/NBC-TV

Clerow "Flip" Wilson Jr. was born on Dec. 8, 1933, in Jersey City, New Jersey. He was the host of a popular NBC-TV show in the early 70s that was the second-most watched TV show in America for most of its run. Wilson was the first African American to host a popular TV variety show. *TIME Magazine* named him "TV's first black superstar," and featured him on the cover. Wilson won a Grammy Award for his 1970 comedy record album, *The Devil Made Me Buy This Dress.* Wilson appeared on *The Ed Sullivan Show* and mentioned that appearance as the one giving him the most important career boost of his working life.

Ada Lovelace is considered by many historians to be the first computer programmer. She was born on Dec. 10, 1815, in London. She worked with the Analytical Engine, which was Charles Babbage's proposed mechanical computer. Lovelace was one of the first to realize that Babbage's invention could be used for many purposes besides pure mathematical calculations. The Analytical Engine was never built, but many believe it foresaw the features provided on modern electric computers. Lovelace was a mathematician and writer who is honored on the second Tuesday of October during Ada Lovelace Day. Women's contributions to math, science, technology and engineering are honored on that day.



A daguerreotype of **Ada Lovelace** taken in 1843. Lovelace was the daughter of poet Lord Byron. She was only 36 when she died from cervical cancer. Source: Wikipedia/Antoine Claudet

What are Wednesday Workshops & Saturday Safaris?



These are Zoom sessions offered by APCUG that you're welcome to attend.



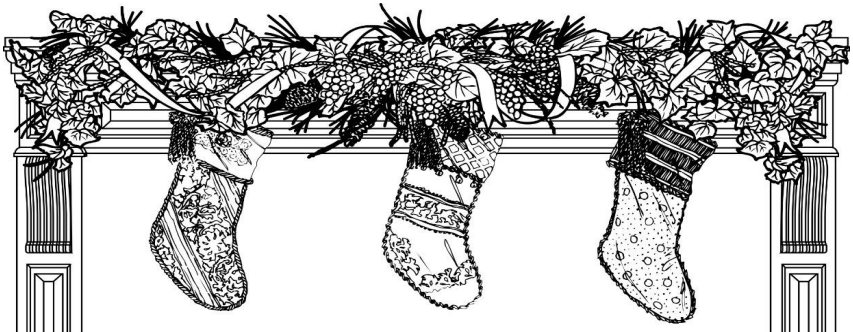
APCUG is the volunteer-run, non-profit group designed to help folks get more out of technology (CKCS is a member.)

So treat your brain and see what you can learn. Visit APCUG websites for Wednesday Workshops & Saturday Safaris.

Oh, and don't forget to have fun!

CKCS Photos on Display, Check Them Out If You Get a Chance

If you're near the Lexington Senior Center, stop by just to catch a glimpse of the photos snapped by CKCS members. These photos showcase the remarkable talents demonstrated by CKCS members. And don't forget–if you're interested in photography, CKCS offers photo classes as well as the Amateur Photo Group.

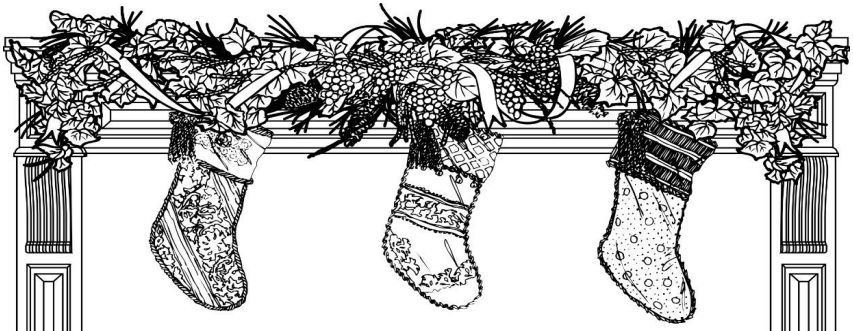




Pravin Patel (left), Jerry Fuller, and Arleigh Kerr hung the photos at the Senior Center.

Photos: Arleigh Kerr

CKCS Photos on Display, Check Them Out If You Get a Chance

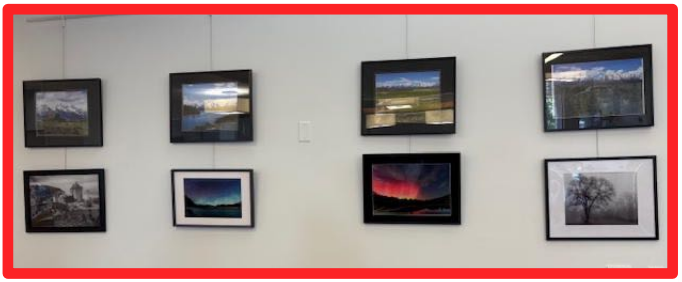






Photos: Arleigh Kerr

CKCS Photos on Display, Check Them Out If You Get a Chance





Photos: Arleigh Kerr

Photo of a Painter at Work Wins City-Wide Competition

By Kurt Jefferson



Photo: Herman Tudor

This photo did the trick, according to Herman Tudor. He credits Joe Dietz of CKCS with encouraging him to enter it into the city of Lexington's photo contest. That contest is part of the city-wide celebration honoring Lexington's birth in 1775. "I entered a single photo to show our fellow citizens enjoying an event/gathering in our city and it was selected. It will be on display Dec. 5 - Feb. 5 at the Downtown Art Center, across from the public library on Main St. I wouldn't have known about the contest without your email, so my sincere thanks to you!," writes Herman in an email to Joe. Congratulations, Herman!





Your Health



By Kurt Jefferson



Man has been seeking the fountain of youth for hundreds of years. From a snake oil tonic in the 1800s to a "magic" pill today, it appears the secret to a long life is right under our noses. The Conversation reports it all comes down to five science-backed methods to reduce your biological age:

- Exercise
- Make healthier food choices
- Improve your sleep habits
- Avoid unhealthy vices
- Stress management is key

Many of us are taking pills the wrong way. A study described in ScienceAlert shows leaning to your right when taking a pill is the optimal way for fastest absorption. The study by Johns Hopkins University revealed that sitting or standing upright was not the best angle.



Central Kentucky Computer Society

If you eat rice, you might consider ditching white rice for the brown variety. Harvard Health Publishing released a side-by-side comparison and reported: "Brown rice and white rice can both be part of a healthy diet. But because brown rice retains the bran and germ, it's more nutrient-dense than white rice. For example, brown rice delivers more fiber, magnesium, potassium, iron, and certain B vitamins (B1, B3, B6, and B9) than white rice."



Registration For CKCS Classes & Workshops Gets Underway Jan. 5!



Runners who are sleep deprived are more likely to have an accident. A study by a sports psychologist in the Netherlands (who's also an adjunct professor in Australia) found poor sleep greatly increases the chances of getting hurt while running. ScienceDaily details the study.





Your Health



By Kurt Jefferson

Reducing the amount of time you're sitting by just one-half hour a day might improve energy levels and metabolism. A study of 64 sedentary individuals who were at risk of developing diabetes and heart disease showed cutting sitting time can improve the body's ability to use fats and carbs to make energy. The study was highlighted in the *Scandinavian Journal of Medicine and Science in Sports*. This study showed that minor changes in a person's lifestyle can have a big impact on health.



This one activity might reduce the risk of dementia: listening to music. A study from Australia showed that an individual who "always" listens to music was connected to a 39% lesser chance of developing dementia. Playing an instrument was associated with a 33% drop. Those studied were all 70 or older and were among 10,893 Australians who took part. The study is published in the *International Journal of Geriatric Psychiatry*.



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Your teeth are more important than you might think. "Keeping your mouth healthy could be the key to protecting your brain and heart," reports ScienceDaily. The study followed thousands of individuals with an average age of 63. None of the group had undergone a stroke at the start. Those with both gum disease and cavities had an 86% increased risk of having a stroke compared to those with healthy mouths. Those who saw a dentist on a regular basis were 81% less likely to have both cavities and gum disease. Those who didn't take care of their teeth also showed a 36% increased chance of a heart attack or other cardiovascular issues. Read more about the study in *Neurology*.



Ho!
Ho!
Ho!

Even Santa Claus trains his brain at CKCS!







Your Health



By Kurt Jefferson

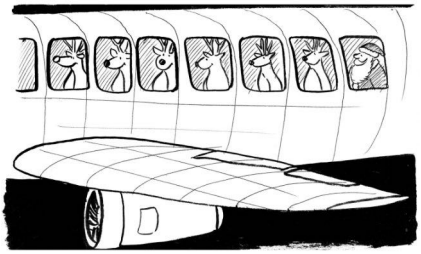
Daily coffee drinking may cut your risk of atrial fibrillation (AFib) by 39%. This is counter to what many doctors have believed for years. Patients have been urged to avoid caffeine fearing that it might worsen their symptoms. A new study by the University of California-San Francisco "discovered that caffeine's effects on activity, blood pressure, and inflammation could all contribute to a healthier heart system," writes ScienceDaily. AFib is a common issue with the heart rhythm causing it to beat too fast or irregularly.



New pill cuts "bad" cholesterol by 60%, potentially replacing injections, reads a headline from MedicalXpress. That pill is enlictide and was given to more than 2,900 people who had an earlier heart attack, stroke, or another cardio event. Those taking enlictide saw their cholesterol fall by up to 60% compared with others given a placebo.



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Ho! Ho! Ho!

Santa and his reindeer have booked a flight to CKCS after the holidays. Starting Jan. 5, they're enrolling in spring classes and workshops. Join them!

CKCS



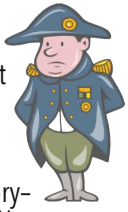




Your Health



By Kurt Jefferson



For many decades, historians have asked why French general Napoleon Bonaparte lost his campaign to invade Russia in the summer of 1812. He had the backing of what is believed to be one of the largest armies in history–more than a half-million strong. Now researchers have completed a study of bacterial DNA long preserved in the teeth of 13 soldiers. For years, historians have blamed the disease, typhus fever. It's a bacterial infection spread by body lice, chiggers, or fleas. Two additional diseases have been found in the teeth–paratyphoid fever and a relapsing fever. Both are spread by contaminated water and food. So it appears some very sick soldiers-in an era before antibiotics–were asked to complete a mission facing not only bitter cold along with contaminated food and water. Two additional diseases may have played a huge role in their military defeat. *Current Biology* provides details of the research.



With an estimated 96 million Americans diagnosed with pre-diabetes, and diabetes itself being the eighth largest killer, could a popular drink made from fermented tea help solve the problem? "Drinking Kombucha May Reduce Blood Sugar Levels in People with Type 2 Diabetes," is the headline from a Georgetown University article. Research by Georgetown University, University of Nebraska–Lincoln, and MedStar Health did the study. It showed that people with Type 2 diabetes who drank kombucha for four weeks "had lower fasting blood glucose levels compared to when they consumed a similar-tasting placebo beverage," according to the article. The study was completed in 2023 but those involved say it shows more studies with larger numbers of people are warranted.



Don't forget! iHelp & Dr. Fix-it are held the first Saturday of the month. We help folks with their Apple devices, Windows, & Android products.

Central Kentucky Computer Society



From all of us at CKCS.





Your Health



By Kurt Jefferson

One simple change in your diet could help you sleep better. "A new study shows that eating more fruits and vegetables during the day can significantly improve sleep that same night," reports ScienceDaily. The University of Chicago Medicine and Columbia University did the study. This was the first time a study linked eating better during the day and improved sleep that same night. Individuals who met the CDC suggestion of five cups of fruits and veggies each day saw a 16% improvement in their quality of sleep compared to those who ate none.



Those suffering from kidney stones say the pain can reach 11 on a scale from one to ten. Now researchers say snakes might hold the solution to stopping pain from kidney stones and gout. Snakes create uric acid spheres when they pee. So their waste is in crystalline form. Researchers now believe this discovery might help scientists develop new ways to treat "human conditions linked to uric acid buildup, such as kidney stones or gout," reports ScienceDaily.



Central Kentucky Computer Society

Get outside! "Spending time in natural areas can lower blood pressure, reduce stress hormones and boost immunity, multiple studies have found, " reports MedicalXpress. A doctor from the Mayo Clinic says one study after another shows that humans are wired to be out in nature.



Happy Holidays!





Winter begins this month on Sunday, Dec. 21, at 10:03 A.M. Here are tips on how to prepare your home for the winter solstice.







Your Health



By Kurt Jefferson

Could a smartwatch replace visits to sleep clinics to diagnose sleeping disorders? A study by the University of Massachusetts Amherst might open the door to just that. MedicalxPress describes the study in an article titled, *An app, an Apple Watch and AI: A new way for researchers to study sleep health*. The app, created by the research team is called BIDSleep. It was developed to study the connections between sleep disorders and the development of Alzheimer's Disease.



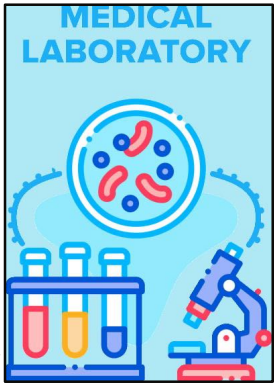
Cancer patients who received a COVID-19 shot (the mRNA-type) within 100 days of receiving treatment to stimulate the body's immune response lived much longer than those who didn't, according to research described in ScienceDaily. The study involved advanced lung and skin cancer patients.



Your membership keeps CKCS going strong! If you're not a member and reading this, please consider joining. An individual membership is only $40/year. You can join CKCS at our online store.

Central Kentucky Computer Society

A simple saliva test could now reveal the possible risk of you suffering heart failure before it occurs. This isn't to be confused with cardiac arrest where the heart stops working altogether. Heart failure, as ScienceAlert reports, is "when the heart is too weak to pump blood around the body at a suitable rate." The Centers For Disease Control estimates that 6.7 million American adults have heart failure. There is no cure but early diagnosis can save lives through changes in diet and lifestyle along with medicine. Researchers from the ARC Centre of Excellence in Synthetic Biology at Queensland University of Technology in Australia created what scientists are calling a potentially groundbreaking saliva testing. You can read more about this study in New Atlas.









YOUR TECH

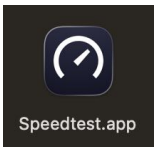
By Kurt Jefferson

If you're an Android phone or tablet user, you might be especially interested in a new feature coming soon to Google Play.



Apps that use too much juice will get labeled with this message, "This app may use more battery than expected due to high background activity," reports PCMag. This will provide a heads-up to users who might think twice about downloading an app that uses too much battery power.

For many years, I've run the Speedtest app on my Mac, iPad and iPhone. It tells me quickly whether my Internet connection speed is as fast as it should be or whether it's bogged down by interference or some other issue. I also periodically use the speedtest.net website to check speed. This is especially valuable if I'm running a VPN (virtual private network) app for security.



Now, Ookla, the folks behind Speedtest, are introducing a handheld gadget to help technicians who come to your home determine whether there's a problem with your signal. PCMag writes about the gadget.

In addition, I run the WiFi Explorer app from the Mac App Store which provides a visual display of how strong my signal is (compared to my neighbors' Internet connections from my home.)



A new feature coming in the macOS Tahoe 26.2 update will bring better lighting to your Zoom, FaceTime, and other video chats. PCMag reports the feature, Edge Light, "mimics an external light source by running an illuminated border around the video call window on your computer." The point is to make your face look better in a dark room and adjust the lighting to make you shine. PCMag reports that all Macs running an Apple silicon processor (M1, M2, M3, etc.) will be able to use Edge Light on their machines.

Ring in the new year with higher streaming prices. Paramount+, Netflix, and Disney+ are all raising their subscription prices in 2026. PCMag reports that Paramount+ is also ending free trials. With the new year, Paramount+ will cost $8.99/month. Paramount Premium jumps to $13.99/month. The standard Netflix plan with ads is $7.99/month. Disney+ with ads is $11.99/month. Disney+ may raise its prices again in the fall. Moneywise notes that major streaming services have raised their prices by 172% since 2019.



YOUR TECH



By Kurt Jefferson



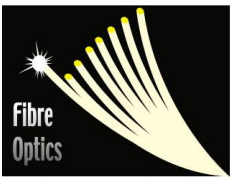
You've probably read news reports about the negative impacts to children who spend too much time on their phones, iPads, and computers. It turns out that older adults might be improving their brain health when they use technology. Nature Human Behavior details a study showing a 58% lower risk of an intellectual disability in older adults using computers, smartphones, and the Internet. A Baylor University professor wrote the study which followed individuals for an average of six years. Researchers believe that people using technology more may have less "brain rot." As it turns out



those same people might have better brain health in the future also. The Baylor University website points out that change is constant in technology, and tech users have to adapt. That might be good for the brain. "For the current generation of older adults who were introduced to computers, the internet and smartphones past their childhood, using technology is cognitively challenging because it is ever-changing. Technology requires constant adaptation, which is effective at exercising the brain."

Metronet

Quite a few CKCS members use Metronet for their Internet service (so do I and so does CKCS.) Now that T-Mobile owns 50% of Metronet, how will this change impact users of the all fiber-optic Internet network? The Streamable points out that Metronet users will be billed directly by T-Mobile. In addition, "T-Mobile will also handle customer service for Metronet, and all plans from the company will now be sold to new



customers by T-Mobile itself." Existing Metronet subscribers may bundle their internet plans with voice lines…" Evansville-based Metronet will no longer be available as an Internet provider. It is becoming part of the T-Mobile network and I suspect billing will switch over to the new system after New Year's Day.





YOUR TECH

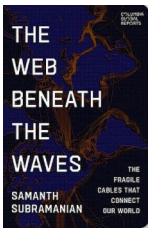


By Kurt Jefferson



Source: Pixabay/kreatikar

Most Americans have no clue about the kingdom of Tonga. It's an island country in Polynesia, about 3,100 miles southwest of Hawaii (or 1,242 miles northeast of New Zealand.) Tonga has 169 islands and is part of Oceania. About 105,000 people call it home. PCMag notes the country was thrown back to 1880 when a volcano erupted in 2022, leaving the island nation with no Internet, no power, and no way to call for help. A new book, *The Web Beneath the Waves* tells how Tonga residents were forced to use paper record-keeping (no credit cards would work), grow their own food, and talk with neighbors door-to-door.



Source: Goodreads

Central Kentucky Computer Society

Got iPhone Questions? You should visit iHelp at CKCS on the first Saturday of the month at 10 A.M. for help.



If you missed Tech Night in December, you can still view the slideshow used by Transylvania University's JJ Wallace, Ph.D. Wallace led a fascinating discussion about how Artificial Intelligence is no longer just science fiction—it's shaping the way we live, work, and connect.

Her presentation: https://docs.google.com/presentation/d/1sEodFSEEAlz0uwl9kmiqdSRrWZ0aLuJJdUpoe2Kaspo/edit?usp=gmail

CKCS





YOUR TECH



By Kurt Jefferson



As winter approaches, (it begins on Dec. 21 at 10:03 A.M. EST) here's an item to ponder. TechCrunch reports an industry insider says, "The explosive growth of data centers could threaten the stability of the electrical grid this winter." Demand for power this winter is expected to exceed last year, and a lot of that increased demand can be traced to data centers, according to the report. The rapid growth of artificial intelligence (AI) is significantly increasing demand for power according to The Pennsylvania State University. It reports that "U.S. data centers could consume up to 8% of the country's power by 2030, up from 3% in 2022."

Why aren't more people impressed with AI? That's the question posed by a Microsoft executive as reported by PCMag. Microsoft received plenty of angry comments from users turned off by artificial intelligence. One programmer wrote, "No one wants this." Some people are concerned about AI taking away jobs from humans while others are watching the ongoing legal battles over copyright infringement. Some companies have been forced to stop using web articles to train their AI engines.



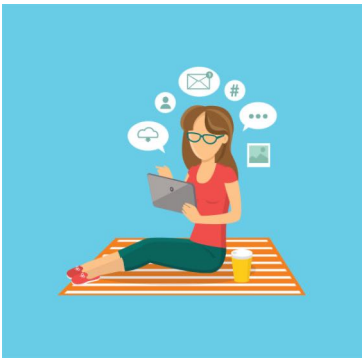


Registering for classes or workshops at CKCS is incredibly easy. Just visit the CKCS Store to register or become a member. **Registration starts on Monday, Jan. 5.** Join us, won't you?

From the "doing your wash" category: How many computer chips are in a modern washing machine? *Singletrack World Magazine* reports the answer ranges from a few to several dozen chips. And, the typical modern dryer can contain anywhere from one to several chips according to albertlee.biz. Did you know it often costs less to do your laundry between 10 P.M. and 7 A.M., in addition to weekends, and holidays, reports LG&E and KU. Electricity costs less during those times. Utilities urge customers never to do laundry when they're sleeping in case equipment overheats and starts a fire.



APCUG



You may not know APCUG, but that volunteer-run, non-profit organization has a mission: To help folks get more out of technology. CKCS is a member of APCUG, the Association of Personal Computer User Groups.

APCUG is cross-platform, meaning it deals with major operating systems including Windows, macOS, Linux, iOS, Android, and Chrome.

It's a far-reaching group that is international in scope. Canadian and Australian tech groups are members of APCUG.

If you've never joined an APCUG Zoom session, try it out. You will learn an amazing amount at Wednesday Workshops & Saturday Safaris. ***Grow your brain.***

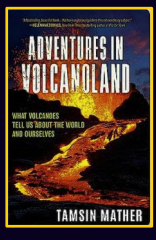


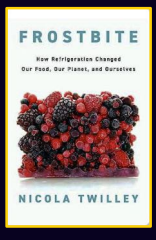


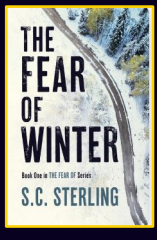
Books!

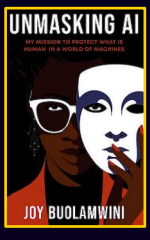


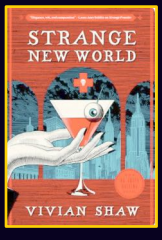
Covers: Goodreads.com



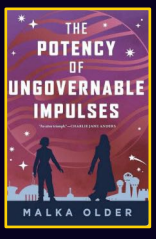


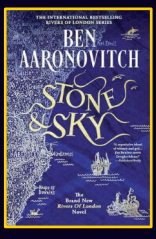








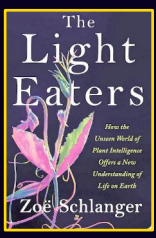


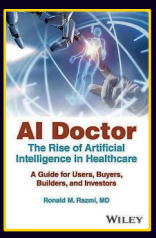


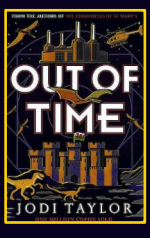


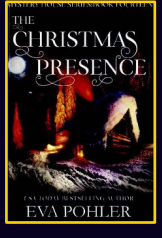












Central Kentucky Computer Society





Books!



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Central Kentucky Computer Society



Books!



Covers: Goodreads.com

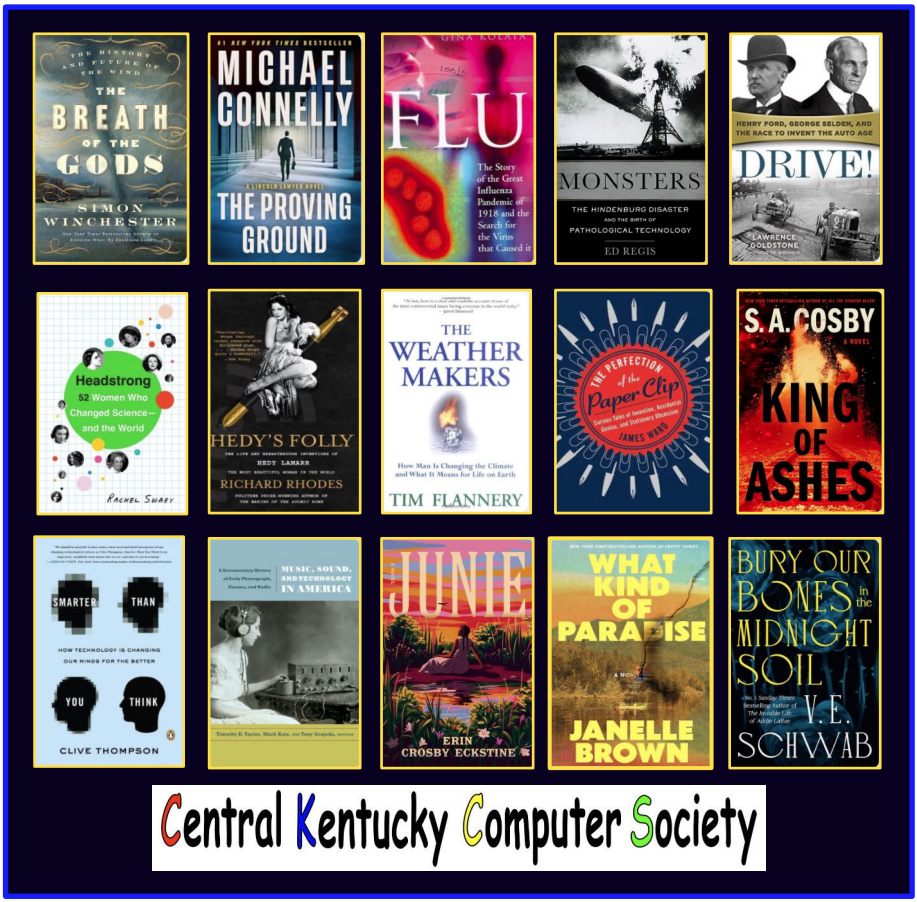




Books!



Covers: Goodreads.com





Time Machine

Going Back in Time For a Look at the Past



A girl plays the horn, an owl smokes a pipe, a dog plays a harmonica while a boy conducts them all.

Photoprint by Fitz W. Guerin. Photo taken circa 1900–1910.

Time Machine

Going Back in Time For a Look at the Past



Two girls sit on a park bench, one with a dog on her lap, the other pointing and holding a basketball with New York City's Verazzano-Narrows Bridge under construction in background. The suspension bridge was supposed to open in 1959 but construction delays pushed back the opening until Nov. 1964.

Photo by Angelo Rizzuto. Photo taken Nov. 1957.

Time Machine

Going Back in Time For a Look at the Past



Photo is titled "My Protector." Small girl with St. Bernard.

From a stereo photo card. Photographer unknown.
Photo taken circa 1906.

Time Machine

Going Back in Time For a Look at the Past

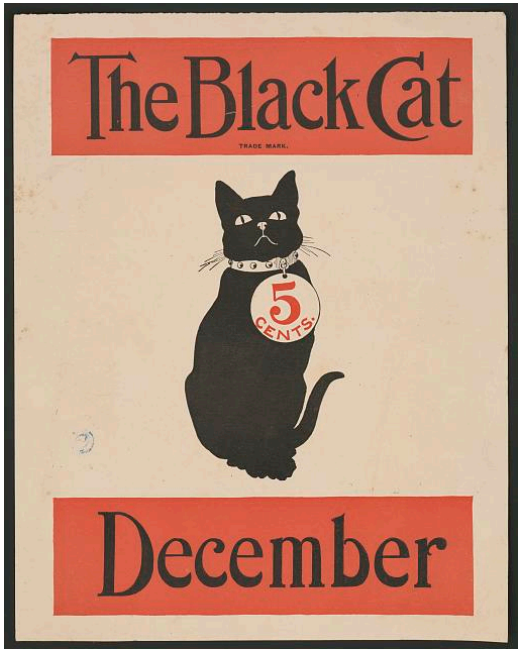


First Lady Florence Harding poses with her dog Laddie Boy during a visit with Girl Scouts who were in Washington D.C. from Orange, New Jersey.

From *The Evening Star* newspaper. (From a glass negative.) Photo taken: April 22, 1922.

Time Machine

Going Back in Time For a Look at the Past



The Black Cat magazine cover, December issue. *The Black Cat* was a literary fiction magazine published between 1895 and 1922. It only published short stories and offered contests to draw amateur authors. The magazine was launched in Boston by Herman Umbstaetter. Several features set the publication apart from others. The five cent price was unique, the publisher paid on merit instead of story length, and he was open to buying stories from new authors rather than established writers.

2024 APCUG Newsletter of Excellence



Dec. 2025



Computer File



Computer File®

***Computer File*®** is a monthly publication of the Lexington-based Central Kentucky Computer Society, founded more than four decades ago. Empowering people with tech skills has been the goal of CKCS since a handful of interested individuals began meeting in September 1984. Today, we rely on a fantastic group of dedicated volunteers who freely give their time.





CKCS is a non-profit organization. Your membership is vital to keep us running.

Donations help keep CKCS operating and are accepted on our website.



CKCS is a member of APCUG, the international computer and tech organization.

We appreciate your support. ***Thank you.***

CKCS Office Hours: *Mon.–Thu. 10 A.M.– 4 P.M.*
(These are hours when a volunteer mans the desk.)
Phone: *859–373–1000*

Who We Are

These are just some of the people who make CKCS happen. There are plenty of other volunteers who give their time to make CKCS a success. We thank them.

Who's Who at Central Kentucky Computer Society

Officers
President: Brooke Thomas
Vice President: Joe Dietz
Secretary: Larry Trivette
Treasurer: Jim McCormick

Ex-Officio Member
Bob Brown

Directors
Janet Cartmell
Arleigh Kerr
Larry Mitchum
Pennie Redmond
Paul Stackhouse

Directors
Boone Baldwin
Jan Landers-Lyman
Ben Rice
Mike Seiler
Kurt Jefferson

Webmasters
Arleigh Kerr
Jim McCormick

Class Coordinator
Janet Cartmell

Office Supervisors
Jan Landers-Lyman, Coordinator
Nancy Bowling
Jenny Brown
Edith Conyers
Ben Cowgill
Wendell Curtis
Mike Seiler
Lydia Short
Larry Trivette

Alternate Supervisors
Peggy Bern
Mona Burger
Debbie Bryant
Joe Dietz
Roberta Dwyer
Jan Landers-Lyman
Sandra O'Neal
Brooke Thomas
Susan Umberger

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Who's Who at Central Kentucky Computer Society

CKCS Calendar (Online)
Nancy Bowling
Lydia Short

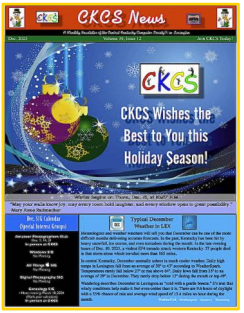
CKCS Calendar (Newsletter)
Larry Trivette

Newsletter Editor
Kurt Jefferson

Newsletter Proofreaders
Lynne Bowman
Ben Rice
Lydia Short
Brooke Thomas
Diane Vance
Pat Vaughan
Gail Waller

Manager, Constant Contact
Larry Mitchum

Refreshment Center
Jim Hughes



Website links used in Computer File are in no way associated with CKCS. In addition, the linked websites do not endorse CKCS.

We include these links in this newsletter as a service to the reader. We attempt to provide high-quality content and believe the links provide a great addition to what you are reading.

Thanks for taking the time to read this newsletter and share it with others.

What We Are

We're located at 160 Moore Drive, #107, in Lexington.
Our phone no. is (859) 373–1000. Our website is https://newsite.ckcs.org/.

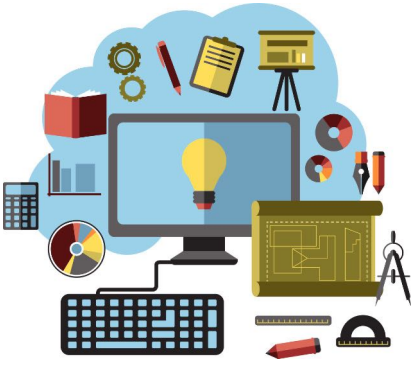
If you'd like to become a member, join CKCS here.
Donations help keep CKCS operating and are accepted here.
We appreciate your support. Thank you.

Our monthly newsletter, *Computer File*, is available online here. *Click on News in the menu bar. In the drop-down menu, choose either PDF or flip book version of the newsletter.*

CKCS is a non-profit, all-volunteer organization that has been empowering people with tech skills since it formed in September 1984. People from all walks of life are members–students, officers, directors, and others help man the desk. They share one goal: Helping folks get more out of technology. More than four decades after it formed, CKCS is still true to that goal. Join us as we help others.

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Phone: *859–373–1000*

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Videos & More



How to Have a New Zealand Christmas
https://www.youtube.com/watch?v=vIFrYdeQYFw

A New Zealand Christmas
https://www.youtube.com/watch?v=mSVRl30tAKs

Toys of Christmas Past
https://www.youtube.com/watch?v=CxUtNdIOjDw

One of the Best Christmas Commercials
https://www.youtube.com/watch?v=EeaHlhDypFw

Ten Best Christmas Commercials of All Time
https://www.youtube.com/watch?v=ZKsmZjtX4q4

A Little Help, A Short Film
https://www.youtube.com/watch?v=qsI9WhXgsfU

Believe, A Holiday Short Film
https://www.youtube.com/watch?v=Kq45OMtXYe0

Soothing Christmas Piano Music
https://www.youtube.com/watch?v=MhsNL8seU_E

How to Lower Your Utility Bills
https://www.youtube.com/watch?v=vcsINpvD27k

Helping Shelter Pets at the Holidays
https://www.youtube.com/watch?v=6WbP3PjPQJM

Help Feed Hungry Shelter Pets This Holiday
https://www.youtube.com/shorts/L9_EeT0g12Q

Indiana Soldier Surprises Daughter at Christmas Concert
https://www.youtube.com/watch?v=SbRvboX6loo

Calif. Community Buys Out Donuts So Shop Owner Can Spend Time With Sick Wife
https://www.youtube.com/watch?v=MlUSqJKl3vw

Man Who Opened His Motel to Flooding Victims Has Given Away $50,000 Worth of Services
https://www.youtube.com/watch?v=HCombAf6LPM

Principal Who Took Night Job to Help His Students Gets A Heartwarming Surprise
https://www.youtube.com/watch?v=ecZRySUQNRM

Mrs. Hayes TV Commercial for Chevrolet
https://www.youtube.com/watch?v=ClksskUKFF0

Small Talk
https://www.youtube.com/watch?v=PNTCM7cbrsc

57 Years Apart, A Boy & Man Talk About Life
https://www.youtube.com/watch?v=BqSxjmvXzzY

58 Years Apart, A Girl & A Woman Talk About Life
https://www.youtube.com/watch?v=WZZAAWxB_W4

Kids Meet A 101-Year-Old
https://www.youtube.com/watch?v=69HgC2KghBc

Videos & More



18 Tricky Riddles That Will Stretch Your Brain
https://www.youtube.com/watch?v=be9RJp4f4Pc

Meet the World's Tallest Family
https://www.youtube.com/watch?v=O-xPawZjq6k

What's the Fastest Baseball Player Ever Thrown?
https://www.youtube.com/watch?v=fJaru0MzzbQ

14 Veggies & Herbs That Can Grow in Cold Weather
https://www.youtube.com/watch?v=izGhyNgDe70

Top Winter Herbs to Grow in December for Zones 7 & 8
https://www.youtube.com/watch?v=35-p-xWzR8g

Top Ten Funny Commercials From Different Countries
https://www.youtube.com/watch?v=sBXQO1zBDMc

Three New Funny Language Learning Commercials
https://www.youtube.com/watch?v=DMLclpU2MUo

German Coast Guard Viral Commercial
https://www.youtube.com/watch?v=x9wJxZc2KF8

American Reacts to Funny German Commercials
https://www.youtube.com/watch?v=kW_bKmyDvOg

The Power of Words
https://www.youtube.com/watch?v=Hzgzim5m7oU

American Reacts to Norwegian Accents
https://www.youtube.com/watch?v=XhhWIlVqjDY

French Girl Reacts to Louisiana Cajun French
https://www.youtube.com/watch?v=6eEQqOJw_jA

The Best Country Music of the late 70s and 80s
https://www.youtube.com/watch?v=CPv5NZR_Wtk&list=-PLYluSfNh3SDtVZXJEENQbvYwBPj4yHieM

Golden Oldies 60s & 70s
https://www.youtube.com/shorts/dQVQU6utwqY

Growing Up in the 1970s
https://www.youtube.com/watch?v=ZoE0uJuYzUE

Seven Southern U.S. Accents You Won't Understand
https://www.youtube.com/watch?v=Bl8ksfLfW6Q

Ten Strange American Accents You May Never Hear Again
https://www.youtube.com/watch?v=jbF-lw07PB0

Brits Guess Arkansas Slang
https://www.youtube.com/watch?v=iW6VfoqLE6o

Do English People Like American Accents?
https://www.youtube.com/watch?v=TH1SZmgvUs0

You Betcha! The 'Midwest accent'
https://www.youtube.com/watch?v=iyzJQNPcPQw

What Are You Looking At?

I'm Streaming the Western *The Young Riders*

By Kurt Jefferson

Back in late September, 1989, ABC Television began airing a new western as part of its fall lineup. The show followed the lives of Pony Express riders based in Sweetwater, Nebraska, as they delivered the mail and vital papers around the time of the Civil War. They dodged bullets from bushwhackers, rogue military officers, and native Americans to get the mail delivered. Back in 1989, primetime American network TV shows would regularly draw in the neighborhood of 20 million viewers. In 2025, top-rated primetime shows draw just under 14 million, with many of those viewers streaming services such as Hulu+, Paramount+, and Peacock.



ABC execs had high hopes for its new show, *The Young Riders*, which began airing on Thursday nights. It was rough riding. NBC-TV aired its top-rated *The Cosby Show* and *Cheers* on Thursday evenings. CBS-TV aired *Father Dowling Mysteries* and *48 Hours,* which fared well. *The Young Riders* ended up at or near the bottom of the TV Nielsen ratings.

ABC management knew *The Young Riders* could do much better. So after its first-year run, they moved the show to Saturday night (where the likes of *Gunsmoke, Dr. Quinn, Medicine Woman,* and many other Wild West shows have attracted viewers over the years.) The show not only flourished, but shot up to the number one spot in the Nielsen ratings.

The cast included names you've likely heard such as Stephen Baldwin (who plays Buffalo Bill Cody), Josh Brolin (James Butler Hickok), and Ty Miller (The Kid). Guest stars run the gamut from Della Reese *(Touched by an Angel)* to David Soul *(Starsky and Hutch)* to David Carradine *(Kung Fu)* and Gary Lee Sandy *(WKRP)*. The show was shot in Arizona and there were far more horses in one episode than you're likely to see at a Kentucky horse farm.



If you're hankerin' for a good Western pardner, saddle up. Amazon Prime currently airs it. If you missed its three-year run on ABC where it all began 36 years ago, this is a prime opportunity to catch it.

Central Kentucky Computer Society

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Happy Holidays!

December 2025



Central Kentucky Computer Society

