EVENTS · MUSIC · ART · FILMS · DINING · NEWS · COMMUNITY · LIFESTYLE · HEALTH · SPORTS · BUSINESS · ADVICE

coachellavalleyweekly.com • September 11 to September 17, 2025 Vol.14 No.27

CV WEEKLY

Amy's Purpose Doggie Fashion Show and Dinner

A Glamorous Night of Fur-tastic Fun!

Amy's Purpose
ESTABLISHED 2021
SAVING THE LIVES OF PETS

OCTOBER 12, 2025
Reception 5:30PM to 6:30PM
Dinner & Show 6:30PM to 9PM

Honoree
Phyllis Eisenberg



Hosted by Co-Chairs
Elaine Church & David Sullivan

Event Emcee
Patrick Evans



Live Music By
The Incomparable
Patricia Welch



MEDIA SPONSOR
NEWS CHANNEL 3 abc

SCAN ME FOR TICKETS

Pet Hero Cleo
from Guide Dogs of the Desert

Mission Hills Country Club's Oak Room
34600 Mission Hills Country Club Dr,
Rancho Mirage, CA

Tickets Available at AMYSPURPOSE.NET

Ophelia Program pg5 | Guide Dogs of the Desert pg5 | Bri Cherry pg7 | David Lowery pg8 | Art From The Heart pg10 | P.S. Pride Honors Awards pg19

PLAY & WIN ON THE SAME DAY!

SEPTEMBER 5–27 | 3 PM – 10 PM



ALFA ROMEO SWEEPSTAKES

FRIDAYS



$440,000 GUCCI BAG OF CASH

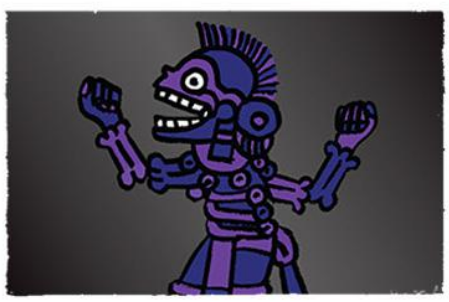
SATURDAYS

Play each promotional day to win **CASH** and a chance to win an **ALFA ROMEO** on Fridays or a **GUCCI BAG** and **$10,000 CASH** on Saturdays!

AGUA CALIENTE CASINOS IS YOUR PREMIER DESTINATION FOR ENTERTAINMENT!



KANSAS
SEPTEMBER 12 | 8 PM



CALIFANES
SEPTEMBER 13 | 8 PM



THIRD EYE BLIND
SEPTEMBER 19 | 8 PM



ROD STEWART
SEPTEMBER 20 | 8 PM

AGUA CALIENTE CASINOS

888.999.1995 | AGUACALIENTECASINOS.COM

Alfa Romeo Sweepstakes: Prize includes $29,610 towards a two-year lease on a 2025 Alfa Romeo Giulia.
Must be 21 or older, have valid photo ID and be an ACE Club member. Management reserves all rights. Problem Gambling? Call 1.800.GAMBLER

CV WEEKLY
Coachella Valley Weekly
(760) 501-6228
publisher@coachellavalleyweekly.com
coachellavalleyweekly.com
facebook.com/cvweekly
x.com/cvweekly1

Owner / Publisher:
Tracy Dietlin
Editor:
Phil Lacombe
Art Director:
Robert Chance
Website Editor:
Bobby Taffolla
Head Feature Writer:
Crystal Harrell
Nashville Bureau Chief for CV Weekly
Rich Henrich
Sales Team:
Tommy Westley, Jean Kirby, Christian Perez
Head Music Writer:
Esther Sanchez
Feature Writers:
Noe Gutierrez, Esther Sanchez, Marissa Willman
Writers/Contributors:
Eleni P. Austin, Janet McAfee, Haddon Libby, Rick Riozza, Sam DiGiovanna, Dale Gribow, Rob Brezsny, Craig Michaels, Denise Ortuno, Lynne Tucker, Aimee Mosco, Ruth Hill, Madeline Zuckerman, Michelle McLaughlin, Nadia Popova, DeAnn Lubell
Photographers:
Robert Chance, Laura Hunt Little, Chris Miller, Esther Sanchez
Videographer:
Kurt Schawacker
Distribution:
Phil Lacombe, William Westley

CONTENTS

Amy's Purpose Fundraiser 3
International Cultural Network 4
Ophelia Program 5
Guide Dogs of the Desert 5
Atria Palm Desert Blood Drive..... 5
Bri Cherry 7
Consider This - David Lowery 8-10
Club Crawler Nightlife 9
Art From The Heart 10
Mary Pickford Theatre is D'Place 13
The Vino Voice 14
Pet Place 16
Haddon Libby 18
Dale Gribow 18
Palm Springs Pride Honors Awards 19
Swag For The Soul 20
Cannabis Corner 21
Send Me A Trainer..... 22
Safety Tips 23

AMY'S PURPOSE ANNUAL FUNDRAISER FEATURES VIP DOGGIE FASHION SHOW

BY DEANN LUBELL
PHOTOS PROVIDED BY AMY'S PURPOSE

On Sunday, October 12, you are invited to experience Amy's Purpose "Doggie Fashion Show and Dinner" at the Mission Hills Country Club. This unique event is the non-profit organization's main fundraiser for the year.

Picture this: the lights dim, an upbeat rendition of "Who Let the Dogs Out" plays, and a spotlight focuses on the runway as precious pups dressed to the "canines" begin to strut their stuff, followed by some of your favorite local personalities. Humans and fur doggie models include: Mara Brown with Sparkle, Lisa Karr with Bella Mae, Dan Rossi with Palm Springs Animal Shelter pup, Yvonne Bell with Coco Jere Ring with George, Sharon Cardiff with Georgie, Lauren Cardiff with Miss Brooklyn, Alvaro Medrano with Lily, Edwardo Khawam with Aspen, Bobbie Lampros with Fancy, Joyce Bulifont with Violet, Yvonne Sonneberg with Mindy, Dr. Deborah Greco with Lily, Barbara Curry with Dino, and Chris Barrrett with Roger.

Enjoy entertainment by Broadway singer, the incomparable Patricia Welch, along with strolling guitarist Sergio. You won't want to miss exciting and informative Intuitive Readings by numerologist David Groode. Shop for beautiful Wearable Art by Alexis Hunter and indulge in a No-host Bar and a complimentary wine reception. The dog art company, Aspen Del Ryo Art, will sell paintings from its collection. Doggie fashions provided by Al Medrano, owner of Cold Nose, Warm Heart Pet Boutique.

"Amy's Purpose is pleased to honor the lovely philanthropist Phyllis Eisenberg, who has proven over and over that she has a heart of gold when it comes to supporting local nonprofits," said Lubell. "In addition, we will present the annual Pet Hero Award to Cleo, from Guide Dogs of the Desert.

The charity got its start after three coyotes killed a little rescue terrier, Amy, in the backyard of DeAnn Lubell-Clarke and Jeffrey Clarke, one sunny day in December 2019. Not wanting other pet owners to experience the heartache of losing a beloved pet, the Clarkes, along with their daughter, Tanya Martin-Yee, founded Amy's Purpose, INC., a nonprofit organization. Amy's Purpose became an official 501 (c) (3) on December 21, 2020, and will be celebrating its fifth anniversary at the end of this year.

As Amy's Purpose grew, so did its missions. A health crisis affecting animal care has crippled veterinary clinics and hospitals locally and nationally. Amy's Purpose teamed up and partnered with the College of the Desert's



Partnership and Community Education Veterinary Assistant program three years ago, with the goal of helping to fill the gap through full scholarship opportunities to qualified candidates. Therefore, Amy's Purpose is dedicated to protecting pets through public safety awareness education programs and empowering future veterinary professionals through educational scholarships, helping to rectify the current emergency veterinary care crisis – saving the lives of pets and enhancing the lives of humans.

"We look forward to continuing to fill this dire need in the valley for animal care," said founder and President of Amy's Purpose DeAnn Lubell. "To date, we have been able to award 30 full scholarships, while also educating the community about predator safety."

Board members Mara Brown, Elaine Church, Edward Corrick, Susan Francis, Patti Gribow, Jo Ann Horwitz, Lisa Karr, Mary Steele, Kathy Strong, David Sullivan, Judy Vossler, and Atma Wiseman – along with Founders DeAnn Lubell, Jeffrey Clarke, and Tanya Martin-Yee, as well as our hero advocate, ex officio Bruce Fessier – are a passionate Amy's Purpose team.

Amy's Purpose is more than an organization – it is a promise. A promise to protect the animals we love, and to invest in the people who care for them.





ALL ABOUT THE EVENT:

Sunday, October 12, 2025, at the Mission Hills Country Club's Oak Room, 34600 Mission Hills Drive, Rancho Mirage, CA. Reception 5:30-6:30 – Dinner and Show 6:30-9 PM,

Menu: Chopped Caesar salad and assorted breads. Braised short ribs and boneless skinless chicken breast, vegetables, and potato. Butter cake with caramel ice cream for dessert. Vegan choice: Portobello mushroom with vegetable filling.

Parking is simple and plentiful at the clubhouse parking lot.

Valet parking will be available at no charge.

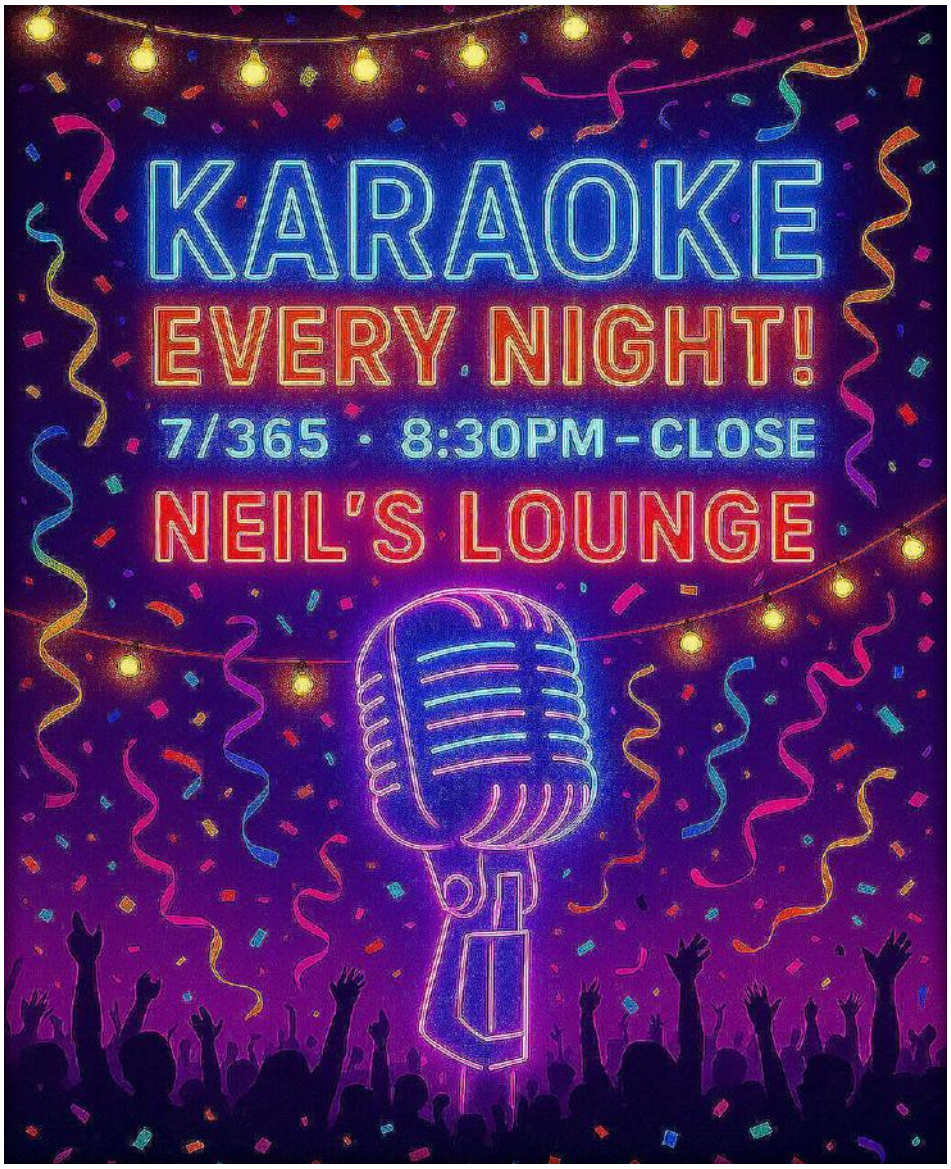
For single reservations at $195 each, please go to amyspurpose.net to order tickets.

To reserve tables of 8 or VIP runway tables of 8, please call Mary Steele at 760-880-0299

Save the date for Amy's Purpose evening Annual Mixer on Tuesday, March 3, 2026, at Wille's Modern Fare in Rancho Mirage. Dr. Linda Colburn, DVM, owner of Companion Animal Clinic, will be honored at this popular event. For more information, call 760-880-0299. CV







COMMUNITY

COACHELLA VALLEY STUDENTS EXPERIENCE CHINA ON INTERNATIONAL CULTURAL NETWORK EXCHANGE

BY CRYSTAL HARRELL

This summer, five students with ties to the Coachella Valley joined peers from around the world on a cultural exchange trip to China, gaining firsthand experience of the country's history, innovation, and traditions through the International Cultural Network (ICN).

Chaperoned by Suzanne Potter, the group included Reed Potter (16, Palm Desert High School), Rosie Potter (19, Cal State Northridge marketing major), Michael Flicker (20, UC Irvine political science major), Jackie Jones (UC Berkeley applied mathematics and computer science majors, and Chinese minor), and Nicolette Eusebi (Oregon State geology major). Several students also shared a background in local Scouting: Rosie and Nicolette are Eagle Scouts from Troop 451, while Reed and Michael are Eagle Scouts from Troop 1701.

The *Global View on China* program brought together dozens of students from the United States, Brazil, Italy, the UK, France, and Pakistan on this edition.

"It was a once-in-a-lifetime type of experience that opened horizons, not only about China, but also through connecting with other college students from around the world," said chaperone Suzanne Potter.

"The 15-day cultural diplomacy journey across China brought together 35 young leaders from different continents, providing them with an immersive experience in heritage preservation, environmental stewardship, and cross-cultural dialogue. By fostering empathy, intercultural competence, and environmental awareness, Beijing & Beyond proved to be a transformative experience that will inspire its young participants to take action in their own communities and beyond," stated program leader Beatrice De Salles, an international cultural diplomacy specialist and Global Chair of the delegation.

The itinerary stretched from Beijing to Shanghai, with stops at UNESCO World Heritage sites, innovation centers, and ecological reserves. Students climbed the Great Wall of China, toured the Temple of Heaven, cruised the Grand Canal, and marveled at Shanghai's glittering skyline.

For Michael Flicker, the ancient-meets-modern contrasts stood out. "This trip was the trip of a lifetime. Everything there was beautiful. I thought all the Chinese classical architecture was gorgeous, and a lot of the new modern stuff is fantastic," stated Flicker.

Michael was especially impressed by China's approach to water management along the Grand Canal. "I come from the desert, so it is especially impressive that they're able to move a ton of water from the south, which is very wet, to the north, which is very dry. They've been able to solve their water insecurity problems that way, and I found that fascinating."

For Reed Potter, the trip highlighted China's ability to honor its past while investing in the future. "My big takeaway is that China is very futuristic, but can also really teach us about their past. We saw many temples and monuments, but also a robot mall, which showed what they're working on for the future," shared Potter.

The group's stop at a robotics lab showcased virtual reality controlled by the mind, robot musicians, and students even saw AI-driven art installations at a different stop.

"Just seeing how advanced all of China's technology is was amazing. I've never seen anything like that," said Nicolette Eusebi.



Nicolette, a geology major, was also struck by the landscapes. "Every time we were on the bus driving to a new place, I'd look out the window and be in absolute awe. Their climate is so different, and the tall skyscrapers in Shanghai were just jaw-dropping."

For Jackie Jones, the cultural values made a lasting impression. "Chinese culture is very community-oriented. We went to so many public places, so many parks, and you wouldn't see any litter, no graffiti. It felt very safe and very welcoming," said Jones.

The students also shared lighter, memorable moments: eating regional foods (very different from American Chinese takeout), watching a world-class acrobatics show in the town of Cang Zhou in Hebei Province, feeding endangered Milu deer in Yancheng, and walking through a man-made forest planted in the 1960s.

"The Great Wall is a World Wonder. Being there was surreal, because it is huge and beautiful. All of the other students on the trip spoke multiple languages. That gave me motivation to learn another language myself," explained Rosie Potter.

From historic temples to futuristic VR labs, the trip offered a rare immersion into China's cultural and technological landscape. For the Coachella Valley students, the journey provided not only unforgettable experiences but also a stronger sense of global citizenship.

"They came away with friendships across the world and a deeper understanding of international cooperation, culture, and history. It's the kind of experience that will stay with them forever," said Suzanne Potter.

"Participants left the program with more than just memories—they gained a global network of peers, mentors, and partners committed to creating a safer and more responsive future. The trip emphasized the importance of youth voices in diplomacy and empowered students to see themselves as cultural ambassadors capable of bridging divides between nations," added Beatrice De Salles. CV

CITY OF RANCHO MIRAGE PARTNERS WITH JFK MEMORIAL FOUNDATION'S OPHELIA PROGRAM TO EMPOWER YOUNG WOMEN

COMMUNITY


Dayanarra Diaz Fernandez and Dr Paula Kinney

The City of Rancho Mirage is helping change the future for young women in the Coachella Valley through its partnership with the JFK Memorial Foundation's Ophelia Program. By supporting mentorship and leadership opportunities, the city is playing a vital role in empowering girls to discover their confidence, achieve their goals, and become leaders in their communities.

For Rancho Mirage High School senior Dayanarra Diaz Fernandez, the program has been life changing.

"I've learned how I feel within myself and what it takes to be a woman honestly—and how your confidence comes from within," Dayanarra said. "Ophelia is the most welcoming thing in the world. It's the best thing you can join. I'm going to be an Ophelia girl the rest of my life."

Over the past three years, Dayanarra has grown under the guidance of her mentor, Dr. Paula Kinney. "This is my third year with Ophelia, and I'm so committed to working with these young women and seeing them blossom," Dr. Kinney said. "Ophelia helps them take away a feeling that they can do anything they want."

Dayanarra's journey is a testament to the program's success. She plans to pursue nursing at a university, with aspirations to become a traveling nurse and eventually a pediatric nurse practitioner. Her story is one of many behind Ophelia's 100% high school graduation rate among participants.

The support of the City of Rancho Mirage has been instrumental in making stories like Dayanarra's possible. City funding and partnership have allowed the program to expand into local schools, recruit and train mentors, and provide enrichment programming to help girls build the skills and confidence needed to lead.

"Partnerships with cities like Rancho Mirage are essential," said Peter Sturgeon, President/CEO of JFK Memorial Foundation. "They recognize that when cities invest in their young women, they strengthen families, schools, the city, and the entire region."

As JFK Memorial Foundation works toward its goal of expanding the Ophelia Program to every middle and high school in the Coachella Valley by 2030, civic partnerships will be more critical than ever.

Dayanarra summarized the lifelong impact best: "Ophelia isn't just something I joined. It's something I'll carry with me for the rest of my life."

To learn more about the Ophelia Program and how your city, business or organization can help support its expansion, visit jfkfoundation.org or contact JFK Memorial Foundation at 760-776-1600 Ext 111.

Video on YouTube: youtu.be/TRc47ehjGy4 featuring Dayannara Diaz Fernandez and Dr Paula Kinney.

2025 Ophelia Luncheon Videos: YouTube | 2025 Ophelia "It's a Girls' World" Luncheon | I Can Do It YouTube | 2025 Ophelia "It's a Girls' World" Luncheon | Women Can Do Anything

The John F. Kennedy Memorial Foundation is a nonprofit organization dedicated to creating brighter futures for youth in the Coachella Valley. The Foundation's flagship initiative, the Ophelia Program, empowers young women from middle school through high school to achieve their dreams of graduating and attending college. Visit jfkfoundation.org or call 760-776-1600. CV

CELEBRATE NATIONAL GUIDE DOG MONTH WITH GUIDE DOGS OF THE DESERT

COMMUNITY

BY CRAIG MICHAELS

September is National Guide Dog Month, a nationwide celebration honoring the remarkable bond between people and their guide dogs. What many may not know is that this month of recognition began right here in the Coachella Valley. When beloved actor Dick Van Patten visited Guide Dogs of the Desert in Whitewater, he witnessed firsthand the life-changing transformation that takes place when a person who is blind or visually impaired is matched with a guide dog. Inspired, Van Patten championed the idea of dedicating a month to honor these extraordinary partnerships — and every September since, National Guide Dog Month has done just that.

For more than 50 years, Guide Dogs of the Desert has been committed to providing mobility, companionship, and independence to the blind and visually impaired through custom-trained guide dogs. Each guide dog, along with the extensive training for both dog and handler, is provided completely free of charge. The organization's vision is simple yet profound: a world where individuals who are blind can access high-quality guide dogs and the support they need to live life on their own terms.

The impact of these dogs extends far beyond guidance. They become trusted partners, empowering their handlers to navigate the world safely and with confidence. But behind every successful guide dog is another hero — the volunteer Puppy Raiser. These dedicated volunteers welcome future guide dogs into their homes, teaching them basic obedience, social skills, and most importantly, love. Puppy Raisers play a critical role in shaping a dog's success, and the opportunity is open to anyone with patience, time, and heart. Families, retirees, and young adults alike can make a life-changing difference simply by raising a puppy with purpose.

This September, Guide Dogs of the Desert is launching a special fundraiser to support the medical care of future guide dogs from puppyhood to retirement. The organization recently reopened its veterinary hospital, which had been closed during the pandemic, to help reduce care costs. Now, with a goal of raising $200,000, Guide Dogs of the Desert is working to update equipment and ensure the very best medical care for the extraordinary dogs that will go on to change lives.

Supporting the mission is easy, and every contribution makes a direct impact. Donations help fund the extensive process of raising, training, and providing lifetime care for each guide dog — a cost that exceeds $100,000 per dog, all covered entirely by the organization.

Become a Volunteer Puppy Raiser and help raise a future guide dog with love and dedication. Apply here: guidedogsofthedesert.org/get-involved/raise-a-puppy.

Support the Medical Team Fundraiser and help reach the $200,000 goal for the newly reopened veterinary hospital. Donate here: guidedogsofthedesert.org/waystogive/medical-fundraiser.

Make a Donation to cover the cost of raising, training, and providing lifetime support for guide dogs. Give here: guidedogsofthedesert.org/donate.

Together, we can ensure more individuals experience the freedom and independence a guide dog provides. This National Guide Dog Month, celebrate the extraordinary partnerships that change lives — one guide dog at a time. CV



GuideDogs OF THE Desert

ATRIA PALM DESERT HOSTS LIFESAVING BLOOD DRIVE WITH LIFESTREAM BLOOD BANK

COMMUNITY

BY CRAIG MICHAELS



Atria Palm Desert is proud to partner with LifeStream Blood Bank to host an important community blood drive on Wednesday, September 17, from 9:00 am to 2:00 pm at 44300 San Pascual, Palm Desert. This event provides a meaningful opportunity for residents to give the gift of life and support patients in need across the region.

Blood donations are critically important. Every two seconds, someone in the U.S. needs blood, and one pint can save up to three lives. Despite this urgent need, less than 10% of eligible Americans donate each year, even though 38% of the population qualifies. Much of today's medical care—including treatments for cancer patients, premature infants, anemic individuals, and those undergoing major surgeries—depends on a steady supply of healthy donors. There is no substitute for human blood, making every donation essential.

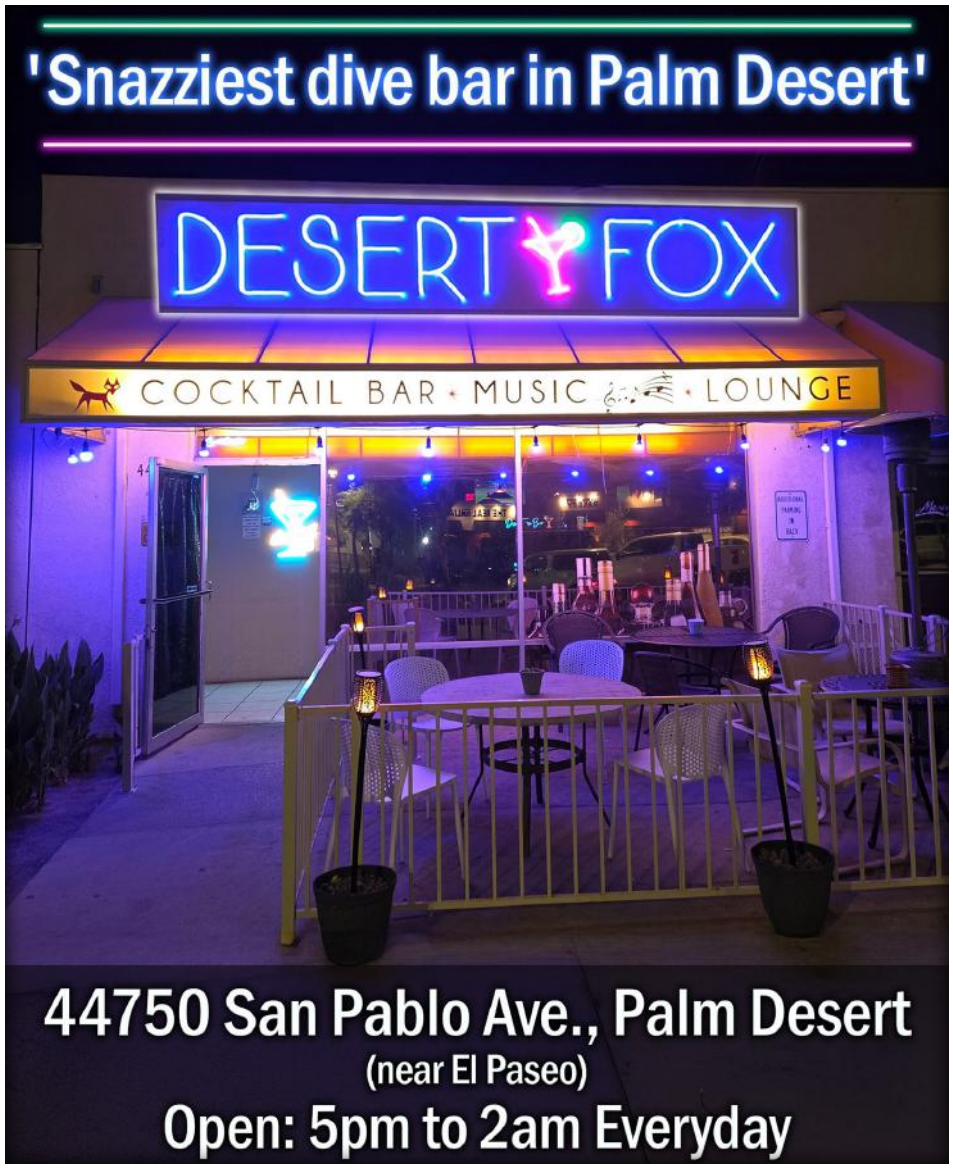
Unfortunately, many myths keep people from donating. Common misconceptions include beliefs that giving blood is painful, causes weight gain, or that others are already donating enough. In reality, most people feel only a slight pinch when the needle enters, and donating blood actually burns calories as the body replenishes what is given. Only 4% of the eligible population donates, which means every new donor makes a tremendous impact.

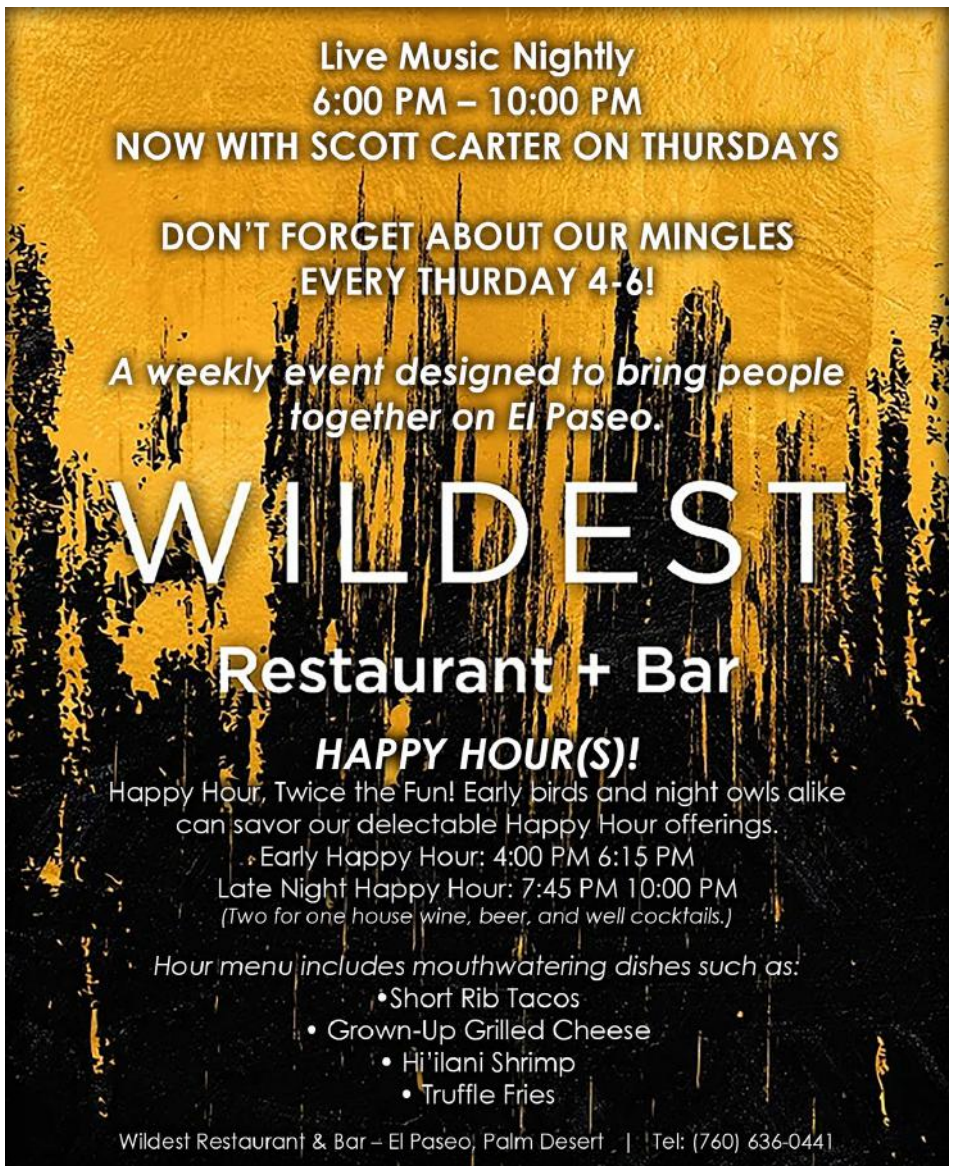
LifeStream Blood Bank works hard to ensure a steady blood supply, but shortages often occur during the summer and winter holidays. Donating at events like this blood drive helps prevent these shortages and ensures patients always have the blood they need.

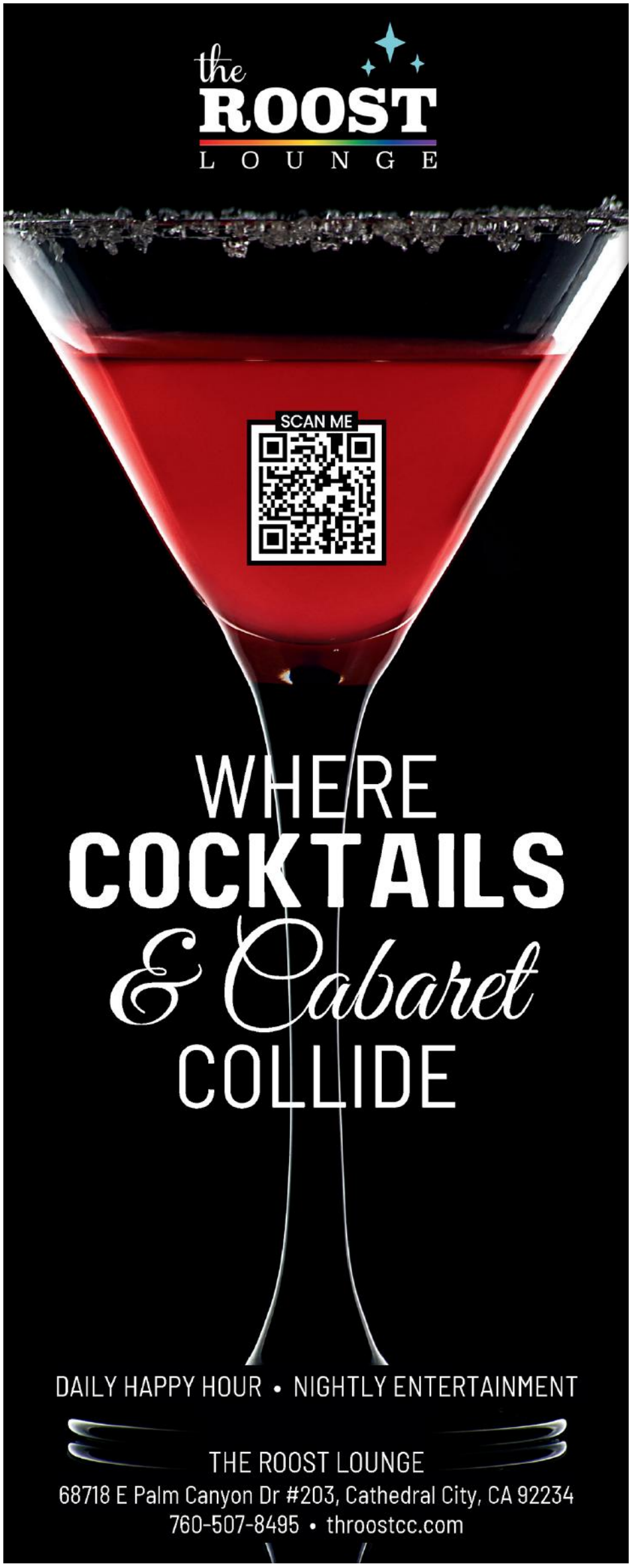
Appointments are encouraged and can be made by calling 800.879.4484, visiting lstream.org/cityofpalmdesert, or scanning the QR code on the flyer. As a thank-you, every donor will earn points that can be redeemed for LifeStream-branded items, prepaid Mastercards, and more.

Join your neighbors at Atria Palm Desert on September 17 to make a lifesaving difference. Giving blood is safe, quick, and one of the most powerful ways to give back to the community. CV




'Snazziest dive bar in Palm Desert'
DESERT FOX
COCKTAIL BAR • MUSIC • LOUNGE
44750 San Pablo Ave., Palm Desert
(near El Paseo)
Open: 5pm to 2am Everyday


Live Music Nightly
6:00 PM – 10:00 PM
NOW WITH SCOTT CARTER ON THURSDAYS
DON'T FORGET ABOUT OUR MINGLES
EVERY THURDAY 4-6!
A weekly event designed to bring people together on El Paseo.
WILDEST
Restaurant + Bar
HAPPY HOUR(S)!
Happy Hour, Twice the Fun! Early birds and night owls alike can savor our delectable Happy Hour offerings.
Early Happy Hour: 4:00 PM 6:15 PM
Late Night Happy Hour: 7:45 PM 10:00 PM
(Two for one house wine, beer, and well cocktails.)
Hour menu includes mouthwatering dishes such as:
•Short Rib Tacos
• Grown-Up Grilled Cheese
• Hi'ilani Shrimp
• Truffle Fries
Wildest Restaurant & Bar – El Paseo, Palm Desert | Tel: (760) 636-0441


the ROOST
LOUNGE
SCAN ME
WHERE
COCKTAILS
& Cabaret
COLLIDE
DAILY HAPPY HOUR • NIGHTLY ENTERTAINMENT
THE ROOST LOUNGE
68718 E Palm Canyon Dr #203, Cathedral City, CA 92234
760-507-8495 • throostcc.com

LOCAL MUSIC SPOTLIGHT WITH BRI CHERRY

LOCAL MUSIC

BY PHIL LACOMBE





Photo By George Duchannes

Local Music Spotlight is tuning in to one of the Coachella Valley's most dynamic and genre-bending talents, violinist Bri Cherry. From a fourth-grade music assembly to festival stages and benefit concerts across the desert, Bri's journey is anything but ordinary. Her story is woven with moments of serendipity, a fearless embrace of improvisation, and a deep love for the Valley's vibrant music scene. Whether she's bending classical notes into rock rhythms or creating new soundscapes entirely, Bri doesn't just play the violin, she reinvents it.

CVW: When did you first pick up the violin, and what drew you to it?

Cherry: When I was 9 years old and went to a public school that had a music program. This put me in 4th grade, I remember they had an assembly where they brought the 4th graders in to show and tell string instruments and choir. We got to pick where we wanted to go! Instruments spoke to me right away. They started with the upright Bass and I was so stoked, was sure that was the one because it was just really freaking cool! But then they also spoke about how much things cost if a string broke. I think it was like... 50 bucks, which to me meant 1 million dollars so that was out of the question.

Next was Cello... and oh my... That, to this day, will make my soul dance. It spoke to me most directly, in a way that I don't think I can come up with the words to do it all justice. But my family had finance stuff as a regular topic at home and at a young age it weighed heavily on my decision making. So decided to keep listening to the options we had.

Viola, nope...

Violin, 5 bucks to replace a broken string and seemed versatile. Done. I later learned my Great Grandfather had also played Violin so that was neat. I know it isn't really the most inspiring story of deciding violin was going to be a thing for me, but at the time, little did I know that it was a decision that changed the course of my entire life.

I obviously decided to stick with it as it helped me escape into a really lovely headspace. I really liked being able to feel it, being able to just get lost in whatever my fingers wanted to play, whatever my inner self wanted to express, to go where my soul craved creatively and intellectually.

CVW: Was there a moment you realized music was going to be more than a hobby?

Cherry: The moment I realized music was going to be more than a hobby? ... Machin'... There were some truly remarkable and epic moments in that journey. The moment David recruited me I knew this was going to be something different. And wow. What a ride.

CVW: Who are your biggest musical influences, past or present?

Cherry: It's crazy you know... I get this question a lot in interviews and in the past I would scramble to try and think of everyone I liked in that moment, but when I am really honest with myself... the biggest influences to me growing up was such a wide range lol Shania Twain, Jack Johnson, Sublime, Eminem, Korn, Metallica etc... The list is long and awesome, but none of it really related to violin. I mean I love classical numbers too, don't get me wrong, but I never sat there drooling over Bach lol just thought all the greats were kickass and enjoyed listening to them, appreciating their works of art. I truly am open to music of so many genres, they all make me think and set me up for some great creative spaces.

CVW: How has living in the Coachella Valley influenced your music or performances?

Cherry: Wow... how has it influenced my music/performances living here...?? GREATLY lol The whole reason I played and still play publically is because of the influence of the people in the Valley in general. The first time I picked up an instrument in front of ANYONE in public was actually when I was on a...date? I was in my LBD and 6 inch heels, he brought me to a bar with a stage that had instruments on it. Liquid courage became a part of egging me on to pick up an instrument, so I did. I picked up the bass guitar and someone picked up the drums. We had a lot of fun and I then said... 'Ya know I actually play Violin' and it was over... The invite was there from the owner so I came back the next night and played and became a regular 'auxiliary instrument' for the house band lol

People just being people with instruments, we were (and are) always just having such a good time!

This place has such an incredible music scene! Just absolutely terrific. The Coachella Valley is the whole reason why I started playing in public with bands. Before it was just jams and quartets, symphonies, and yeah those are wicked awesome too, I really enjoy improv and writing the most.

I didn't know what COACHELLA Fest was and got invited to play there, what a moment that was when I learned about what it actually was lol Same with both JT music Fest and JT Roots Fest, These Festivals! OMG! And the amount of Benefit Concerts out here for incredible causes that music can support! Like Concert for Autism and more! All of these are in our backyard and here I was just showing up and playing with people, freaking wild!! Venues up the wazoo to play at, with such rich history!

This valley really encourages me regularly to come out of my shell with music. I say this Valley, but really it's the people! I could write an entire essay listing off the names, but I'll save the ink for ya lol they know who they are. If we've crossed paths, they made their mark, it's beautiful and I am grateful to each and everyone of you <3

CVW: Do you focus more on classical, contemporary, or blending genres? How do you decide?

Cherry: Good question... When I am doing my own writing, it's purely going with the feels. I guess I really like to play with the beats side of things the most. Jump in and out of offbeats, tribal beats... something with a deeper tone that can get kind of muddy, but in a kickass kind of way. Rock, dub step, Idk.. I guess blending genres is my strength now that I think about it loool because I'll put a jazz tune or classical reference over a good beat any day lol

CVW: What's a piece or song that always makes you smile when you play it?

Cherry: A song called..."Nameless" It's an original that no one has actually heard the whole song in its entirety, but I LOVE to experiment with it with people. Hearing how other people interpret what they are hearing and put their own interpretation in their instrument to add to it. I like it. I usually throw it into sound check to warm up a little bit lol

CVW: If you could collaborate with any artist, living or historical, who would it be?

Cherry: oooooo.... tough... I want to collaborate with EVERYONE, truly most of the people that actually come to mind are local lol

But I'd have to say it'd be cool to collaborate with Lindsey Stirling, I think there would be something really neat about that.

CVW: What's next for you — new projects, recordings, or performances we should be watching for?

Cherry: Well, musically I've been really toning things down temporarily, you'll see me with Jetta King from time to time, and other random adventures, but I've been focusing on my family and my businesses, but the focus has been with music returning all along. I don't want to spoil anything too early... But... the letters that I'd look out for are T.P.P.

I'll just plant that seed to see if anyone pays attention or even remembers in the next 2 years lol. For those that do, this article is going to get a lot cooler later on.

Bri Cherry is more than a musician; she's a creative force who transforms strings into storytelling. Her passion, adaptability, and connection to the Coachella Valley's community are the heartbeat behind every note she plays. With hints of future projects and a playful nod to "T.P.P." on the horizon, one thing is certain, wherever Bri's music goes next, it's bound to strike a chord. CV



Photo By George Duchannes

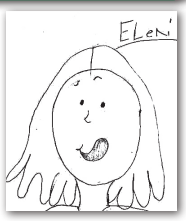


Photo By Martina Beate Webster

DAVID LOWERY "FATHERS, SONS AND BROTHERS" (COOKING VINYL RECORDS)

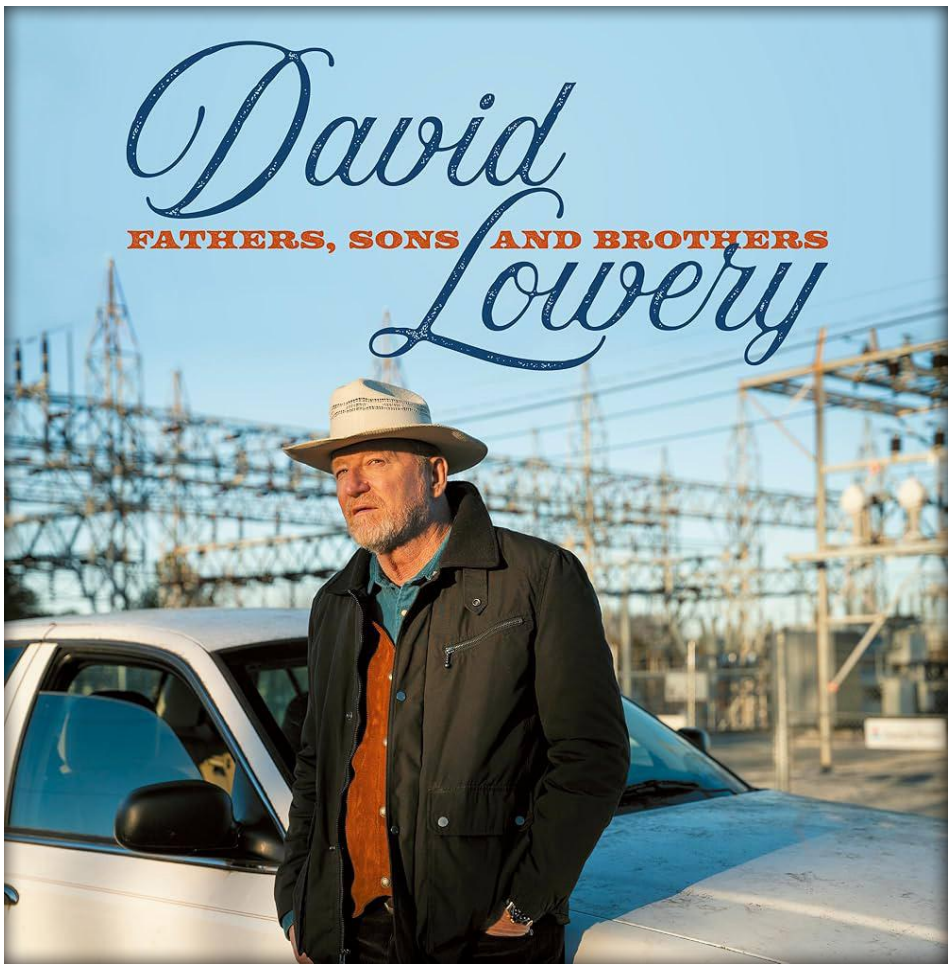
CONSIDER THIS

BY ELENI P. AUSTIN



"The album spawned three more singles, none of them sounded like Grunge, but we were selling out theaters, it was timing and luck, and I should have got down on my knees and thanked the Lord, cause it don't last long, enjoy it while you can, it don't last long."

That's David Lowery, musing on the highs and lows that accompany a music career on *"It Don't Last Long,"* a track from his new collection, *Fathers, Sons And Brothers.* It seems as though people have been urging David for several years to write an autobiography. Rather than write a carefully curated memoir, he has opted to create a song-cycle that tells his story and pays homage to his parents, sisters and extended family.



Born in San Antonio, Texas in 1960, David endured a peripatetic childhood. His dad was in the Air Force, so, the family moved around a bit, finally settling in Redlands, California. He spent his college years at UC Santa Cruz. It was there he began playing in bands like Sitting Ducks and Box O' Laughs. He had more lasting success with Camper Van Beethoven, which included Anthony Guess, Victor Krummacher, Jonathan Segal and Greg Lisher. Paying their dues in the college town's bars and clubs, they honed a sound that was a was a sharp synthesis of Folk Rock, World Music, Punk, Ska and Garage Rock. They scored a bona fide hit with their quirky *"Take The Skinheads Bowling" song,* garnering airplay on College Radio, Alternative stations and MTV. After a couple albums released via the Pitch-A-Tent label, they got a huge break when Indie Rock superstars, R.E.M. invited them to open for them on their *Life's Rich Pageant* tour.

After they inked a deal with Virgin Records, they scored a couple left-of-the-dial hits with *"Eye Of Fatima (Pt. 2)"* and a scabrous cover of the Status Quo song, *"Pictures Of Matchstick Men."* But CvB had already began to splinter and officially called it quits in 1990. Within a year, David had reconnected with his old Redlands pal, Johnny Hickman, once they recruited bassist Davey Farragher they formed Cracker. Although David's trademark trenchant wit remained ever-present, Cracker's sound was more Rootsy and muscular.

Their self-titled debut arrived in 1992, boasting irresistible singles like *"Teen Angst (What The World Needs Now)"* and *"This Is Cracker Soul."* They followed up with *Kerosene Hat,* which was recorded in Pioneertown. It achieved real mainstream success with break-out singles like *"Get Off This"* and *"Low,"* as well as the hidden track, *"Eurotrash Girl,"* reaching platinum status.

Although Cracker never matched that feat again, the continued to release excellent efforts throughout the '90s and early aughts. The band took a hiatus and David joined forces with his former CvB compatriots, reactivating the Camper brand for a couple of compilations and a new record, 2004's *New Roman Times.* A year later, he launched the first Camper/Cracker Campout Festival at Pappy & Harriet's. Collaborating with Pappy & Harriet's owners Robyn Celia and Linda Krantz, along with his girlfriend (now wife), Velena Vego, they curated a show that featured Cracker, CvB and assorted off-shoots, along with guests like John Doe, Neko Case, Built To Spill and Jessika Von Rabbit.

Something of a polymath, David has continued to juggle Camper and Cracker obligations, as well as produce artists like Counting Crows, Sparklehorse, Modern Skirts and Carbon Leaf, to name a few. He was part owner of the Sound Of Recording Studio in Richmond, Virginia. He earned a Bachelor's degree in mathematics at Santa Cruz and later received a Doctor Of Education degree from the University Of Georgia where he is a lecturer and professor.

His solo debut, *The Palace Guards,* finally arrived in 2011. His next three, *In The Shadow Of The Bull, Leaving Key Member Clause* and *Vending Machine* have only been available digitally. Until now. *Fathers, Sons And Brothers* collect 28 tracks across a two-CD set and three LPs. The songs stitch together a rich narrative tapestry.

The first five tracks chart a course from childhood through early adolescence. Powered primarily by rippling back-porch banjo, weepy pedal steel, pensive piano and a kick-drum beat, *"Frozen Sea"* recalls his earliest memory of his father: *"I go down to the kitchen, strange man in a uniform, he holds my mother's hand, she kisses his cheek, my sisters all down his legs, hug and call him Pa, he reaches down and puts me in his arms, puts a silk ball cap on my head that says 'Vietnam.'"* The melody shares a bit of musical DNA with Bob Dylan's *"Love Minus Zero/No Limit."*

"Plaza De Toros" wraps shaggy acoustic guitars around stream-of-conscious vignettes of childhood and attending his first bullfight when the family was stationed in Spain. Meanwhile, on *"Super Bloom,"* finger-picked acoustic riffs hug the hairpin turns of the melody. The lyrics paint a vivid portrait of cousinly misadventure when David spends a week in Indio with some covertly rebellious relatives: "*The twins stole a car, and they took me with to watch them burn it by the aqueduct, then they robbed the neighbor's house, I was frightened, ran away, never told my grandfather what they'd done."*

Then there's *"How Does Your Sister Roller skate,"* which weds sprawling piano and swoopy strings, thrumming bass and shivery guitars to a thunking beat. Lyrics offer a lesson in the casual cruelty of children: *"It was a less enlightened time, and she was harassed all the time, they called her retard and spastic to her face, and they were generally cruel and unkind, me and my sisters tried to defend her, but nothing really changed, until my neighbor Victor broke somebody's nose."*

Finally, the bare-bones *"Disneyland Jail"* finds David reminiscing about his own misspent youth, and hoping his own kids will steer clear of teenage temptation: *"We all ate the mushrooms in the Disneyland parking lot. Dale had a puffy down jacket, put the vodka up one sleeve, he looked like a body builder, but only on one side, so we rolled up a t-shirt, stuck it up the other sleeve/Never take mushrooms and ride Space Mountain, you just might end up in the Disneyland jail, never drink vodka, pass out on the monorail, you might end up in the Disneyland jail."* Reflecting on his own sons' adolescent rites of passage, he hopes *"oh God, please don't do the shit I did, stay in the chess club, run for student council, keep playing the clarinet in the marching band."*

The next trio of tracks chronicle coming of age and his first taste of success. On *"Mom I'm Living The Life,"* the fledgling has left the nest. Chunky acoustic guitar chords cloak almost-epistolary lyrics that find our hero navigating college life in Santa Cruz and gaining some independence: *"I had a band, it was a joke, then it was not, we got some real gigs in San Francisco, went next door to the old grocery store, bought some refried beans and some fresh tortillas, heated them up on the flame of the stove, whispered 'Mom, I'm living the life.'"*

"I Wrote A Song Called Take The Skinheads Bowling" offers up a pocket history of writing a hit song. Vroom-y guitars connect with brisk bass lines and a percolating drum machine. This winsome number capture that moment when mundanity sparks creativity: *"I was working at a liquor store in San Bernadino, summer of 1983, he liquor store got robbed while I was stocking up the cooler, took a 40 home and I wrote a song, I wrote a song called 'Take The Skinheads Bowling'….it's a song that didn't mean nothing, it's a song that put me on a different trajectory."* More importantly, the song shines the spotlight on the co-founder of CVB, David McDaniel who had *"a calling from God and quit the band, he went on missions all around the world, while I toured around meeting girls who liked the song called 'Take The Skinheads Bowling'… sadly, you've never heard of him and you've barely heard of me."*

Probably the prettiest and most poignant song on the record is *"Mexican Chickens."* Loping guitars, swoony pedal steel and flinty bass lines are tethered to cantering gait. Feathery backing vocals from Megan Slankard add some distaff energy. Lyrics offer up a nuanced narrative wherein true love is eclipsed by immaturity and ambition: *"…I loved her from the first time I laid my eyes upon her, got a little house, drove a truck played in a band, got some Mexican chickens and we raised them on our land, talked of having little girls, they'd have their mother's little curls, it was more than just a dream, yeah one day they'd be real."* Of course, priorities shift: *"I was foolish, I was selfish…I knew that she was better off without me, I saw their faces in her hair, but now it was clear, I would never be their father/Put on my coat and hat, slid the deadbolt in the hasp, took one last look back at her, I stepped across the threshold."*

Bitterness, regret and relentless hedonism inform the next few songs. On the banjo-riffic Bluegrass stomp of *"Europass"* he promises *"If I make it out the other side, I will be a cult leader, you will be my number one acolyte, if I make it out, though it's totally unclear that I will ever get my shit together, if I make it out the other side, you will be and I will be your faithful servant, if I make it out, Promise if I make it out the other side."* At this point, Camper Van Beethoven was coming apart at the seams.

If Don Rickles ever wrote an Appalachian ballad with xenophobic intent, it might sound like the woozy see-saw of *"We Hate You."* Conversely, *"Everybody Get A Fucking Day Job"* is a Flamenco-flavored diatribe steeped in self-loathing.

And then there's *"Leaving Key Member Clause."* Swathed in honeyed guitars, Honky-Tonk keys, lowing bass and keening pedal steel, David offers a scathing take on the mendacious music biz: *"I could barely get by on my Bug mechanical royalties, but record company parties kept us fed and drunk, there were local local girl flirtations in the*

continue to page 10



THURSDAY, SEPTEMBER 11

Babaloo Lounge – Roger and the Rebels – 7pm
Bart Lounge – DJ – 8pm
Carousel @ Agua Caliente P.S. – Danny Jonokuchi and the Revisionists – 7pm
Coachella Valley Brewery TP – Open Mic Night – 7pm
DJ's Sports Bar and Grill – Throwbacks w/ DJ Rapmarz – 9pm
Eddie V's – Kevin Tokarz Trio – 6:30pm
Kitchen 86 – Krystofer Do – 8:30pm
The Nest – Live Music – 6:30pm
Pappy and Harriet's – Campout w/ Cracker, Camper Beethoven, The Third Mind and Jesika von Rabbit – 9pm
Plan B Live Entertainment and Cocktails – Daytime Moon – 9pm
Purple Room – La Vie en Rose w/ Jeremie Levi Samson – 6:30pm
The Roost Lounge – Chenza – 5:30pm
Shanghai Reds PS – Desert Crows – 6pm
Twelve @ Fantasy Springs – HWY 111 – 8pm
V Wine Lounge and Martini Bar – Jason Weber – 6pm
Wildest – Derek Jordan Gregg – 5pm

FRIDAY, SEPTEMBER 12

Babaloo Lounge – Off Da Cuff – 7pm
Bart Lounge – DJ – 8pm
Big Rock Pub – Electric Feel – 7pm
Cascade Lounge @ Agua Caliente – Dueling Pianos – 7pm, Cascade Nights Dance Party – 10pm
Casuelas Café – The Myx – 6:30pm
Coachella Valley Brewery – Laughs and Drafts – 6:30pm
DJ's Sports Bar and Grill – TBA – 8pm, DJ Rapmarz – 11pm
Eddie V's – Johnny Meza Trio – 6:30pm
Indian Wells Resort Hotel – Marc Antonelli – 6pm
Kitchen 86 – Dueling Pianos – 9pm
Lit @ Fantasy Springs – Party Sugar – 9pm
The Local on 50th – Live Music – 6pm
Mojave Gold – Tyler Halverson – 9pm
The Nest – Live Music – 6:30pm
Pappy and Harriet's – Campout w/ Cracker, Camper Beethoven, The Third Mind and Jesika von Rabbit – 6:30pm
Plan B Live Entertainment & Cocktails – Red's Rockstar Karaoke – 9pm
Purple Room – Nic and Desi: Broadway to Hollywood – 8pm
Rockyard @ Fantasy Springs – Deadman's Party (Oingo Boingo Tribute) and Steel Rod – 7pm
Shanghai Reds PS – Barry Baughn Blues Band – 7pm
Spotlight Casino – DJ Cooch Comedy Show – 8pm
Twelve @ Fantasy Springs – Moonchild – 7pm, Steel Rod – 10:30pm
V Wine Lounge and Martini Bar – Siobhan – 7pm
Wildest – Derek Jordan Gregg – 5pm

SATURDAY, SEPTEMBER 13

Babaloo Lounge – Hotwyre – 7pm
Bart Lounge – DJ – 8pm
Big Rock Pub – TBA – 8pm
Cascade Lounge @ Agua Caliente – Cascade Nights Dance Party – 10pm
Casuelas Café – Live Music – 7pm
Coachella Valley Brewery – Taproom Tunes – 8pm
DJ's Sports Bar and Grill – DJ Rapmarz – 9pm
Eddie V's – Yve Evans – 6:30pm
The Hood – Hannah Mills, Matt Claborn and Lance Riebsomer – 9pm
Hotel Zoso – Funshine Pool Party – noon
Indian Wells Resort Hotel – Marc Antonelli – 6pm
Kitchen 86 – Dueling Pianos – 9pm
Lit @ Fantasy Springs – Party Sugar – 9pm
The Local on 50th – Live Music – 7pm
Mojave Gold – Luna Negra Presents: Casa de Brujas, Poltergeist City and Cruel Reflections – 9pm
The Nest – Live Music – 6:30pm
Pappy and Harriet's – Campout w/ Cracker, Camper Beethoven, The Third Mind and Jesika von Rabbit – 6:30pm
Plan B Live Entertainment & Cocktails – Red's Rockstar Karaoke – 9pm
Purple Room – Debby Holiday: Tina Turner Tribute – 8pm
Rockyard @ Fantasy Springs – Don't Look Back (Boston Tribute) and Hifi Academy – 7pm
The Roost Lounge – Karen Cobb – 5:30pm
Shanghai Reds PS – Barry Baughn Blues Band – 7pm
Sullivan's – The Myx – 6pm
Twelve @ Fantasy Springs – Moonchild – 7pm, Steel Rod – 10:30pm
Wildest – Derek Jordan Gregg – 5pm

SUNDAY, SEPTEMBER 14

Babaloo Lounge – Judy Wolman Piano Bar – 4pm, Tim Burleson – 7pm
Bart Lounge – DJ LF – 8pm
Cascade Lounge @ Agua Caliente – Latin Nights – 9pm
Coachella Valley Brewery PS – Trivia Hosted by Wes Gainey – 4-6pm
Coachella Valley Brewery TP – Acoustic Afternoon – 3:30pm
DJ's Sports Bar and Grill – DJ Rapmarz – 9pm
Eddie V's – Chris Cerna Group – 6pm
Fisherman's Market, PS – Live Music – 6pm
Hotel Zoso – Funshine Pool Party - noon
Kitchen 86 – Krystofer Do – 8:30pm
The Local on 50th – Live Music – 11-2pm
Melvyn's – Mikael Healey – 3:30-7:30pm
The Nest – Live Music – 6:30pm
Pappy and Harriet's – Grandaddy and Pedro the Lion – 7pm
Plan B Live Entertainment & Cocktails – LNA Karaoke – 7pm
Purple Room – The Judy Show – 7pm
The Roost Lounge – Rebecca Clark – 5:30pm
Shanghai Reds PS – Stanley Butler – 6pm
Wildest – Derek Jordan Gregg – 5pm

MONDAY, SEPTEMBER 15

Eddie V's – Chris Cerna Group – 6:30pm
La Quinta Brewery – Trivia Night – 6pm
The Nest – Live Music – 6:30pm
Pappy and Harriet's– Sunny Day Real Estate and Cursive – 7pm, Dogs in a Pile – 9pm
The Roost Lounge – Open Mic – 6pm
V Wine Lounge and Martini Bar – Leanna and Miguel – 5pm
Wildest – Derek Jordan Gregg – 5pm

TUESDAY, SEPTEMBER 16

Babaloo Lounge – Judy Wolman Piano Bar – 4pm, Hotwyre – 7pm
DJ's Sports Bar and Grill – Banda Night – 9pm
Eddie V's – Rick Taylor Trio – 6:30pm
Fireside Lounge – Red's Rockstar Karaoke – 9pm
The Local on 50th – Trivia Night Hosted by Dacoda Miracle – 7pm
The Nest – Live Music – 6:30pm
Pappy and Harriet's – Dogs in a Pile – 9pm
Purple Room – Rose Mallett – 6:30pm
The Roost Lounge – Karaoke – 6pm
V Wine Lounge and Martini Bar – Keisha D – 6:30pm

WEDNESDAY, SEPTEMBER 17

Babaloo Lounge – Steve Sanders Piano Bar – 4pm, The Carmens – 6:30pm
Cascade Lounge @ Agua Caliente – Jessica Kaczmarek – 7pm
Coachella Valley Brewing Co. – Trivia Night Hosted by Derek Wade Timmons – 7pm
DJ's Sports Bar and Grill – Country Night – 9pm
Eddie V's – Rick Taylor Trio – 6:30pm
The Hood – Open Mic – 9pm
Hotel Zoso – Desert Soul Club – 6pm
Indian Wells Resort Hotel – Patrice Morris – 6pm
Larkspur Grill – Slim Man and Chase Huna: "Rat Pack Duo" – 6pm
The Local on 50th – Live Music – 7pm
Mojave Gold – Karma Dealers, Brad Byrd and John Meeks – 8:30pm
The Nest – Live Music – 6:30pm
Pappy and Harriet's – Total Chaos, The Havoc and Spunk – 8pm
Plan B Live Entertainment & Cocktails – Red's Rockstar Karaoke – 9pm
Purple Room – Charles Herrera, Darci Daniels and Michael Holmes – 6:30pm
Red Barn – Kimberly Cofer – 8pm
V Wine Lounge and Martini Bar – Karaoke Hosted by Julian – 6pm CV



DAVID LOWERY continued from page 8

Hollywood Dive Bars, the record company contract 'Leaving Key Member' clause, It's a wonder we got anything done at all."

He circles back toward family for the last couple of songs that close out the first CD. *"Battle Of Leros"* is a ragged sea shanty that finds him in the midst of an existential crisis, but gifted with an opportunity to get to know his maternal grandfather. Megan Slankard provides backing vocals, keys and a bit of whistin,' and David handles guitars, bass and drum machine, as they sing Grandfather's praises: *"You're always so sunny Grandad, didn't sink you at Leros, leave you swimming with the fishes at the bottom of the sea, you're still sunny Grandad, cause the Krauts didn't get leave you swimming with the fishes at the bottom of the sea."*

Something of a dirge, *"Piney Woods"* unfolds as jangly guitars crisscross lachrymose violin and high-lonesome pedal steel. What begins as a road trip from California to Virginia, winds up a story of generational trauma, when they stop to spend time with David's paternal grandmother in Arkansas. A mystery always shrouded the death of his father's brother, here, she tells him the truth: *"My oldest son was murdered in these fields… they took off in a small plane and circled our fields, he pointed the plane downward, it crashed into the ground, as William was dying his little brother looked on, that's what your father carries, it's inside of you too/The dark malaise that comes to you on a bright and sunny day, this feeling that something bad might happen any time, and it is a family wound, cuts across three generations son, you carry it inside you son, just like your father does."* The song is stark and sadly beautiful.

The second half of this collection begins with his new life in Richmond Hill. The Oregon Hill neighborhood where he first settled, gets a shout-out on the opening in the Folksy ramble of *"Let It Roll Down That Hill."* The next few tracks introduce David's "future ex-wife" and indulge in a bit of well-deserved domesticity.

Sun-dappled acoustic guitars lattice a bit of down-home whistling and sylvan violin on *"Pretty Girl."* Lyrics find the couple navigating life in the *"opulent poverty"* of their neighborhood. A lesson in hubris is delivered on a silver-platter with the aforementioned *"it Don't Last Long."* South-Of-The Border guitars tentacle thready bass lines, as Cracker gets a shot at the big time and the band feel invincible: *"And I was getting way too cocky, there was some bad behavior, but it didn't really cost me, selling 5k a week, but then I taught the audience to sing the record company president's direct line phone number, we were dropped in just a week."*

Conjugal bliss continues on both *"Fat Little Babies"* and *"Mark Loved Dogs And Babies."* The former is a courtly Norteno propelled by sylphlike guitars, spidery bass and sepia-tone strings. Equivocal lyrics play devil's advocate, offering up the pros and cons of procreation: *"Fat little babies riding on a cosmic chariot, fat little babies trip the light fantastic, fat little babies won't fix everything between you and me, fat little babies, the mystery of the universe."*

The latter is a cracked Country waltz that blends meandering fiddles, rippling acoustic guitars, sinewy bass and a tambourine shake. Lyrics pay homage to the menagerie of stray dogs and cats David and Mary rescued during their time together, and more tenderly, offer a sweet benediction to Sparklehorse front-man Mark Linkous, who died by suicide in 2010: *"Mark loved dogs and babies, and came to visit my day-old son, he took a big sniff of his head and said 'I love that smell', Mark loved dogs and babies and may have had a happier life, if he and his wife could had little babies of their own, or maybe not."*

David turns a page with both *"Sunrise In The Land Of Milk And Honey"* and *"Vending Machine."* Of course, *"Sunrise…"* originally appeared on Cracker's 2009 album of the same name. Ditching the rollicking groove of the original, this solo version remains equally ambitious as a peppery horn fanfare and a shivery string arrangement supplants hard-charging guitars. At first, he cheekily declares *"If you wanna live, let's live together, in boas and feathers, in Weimar decadence"* (referencing the wanton German debauchery that presaged the rise of Hitler). Lyrics like *"dying is easy, it's living that's hard,"* seem to yearn for something more substantial. Magnificently dark and moody, it winds down efficiently, folding into *"Vending Machine."*

Anchored by sugary acoustic guitars and tough-minded bass lines, the arrangement is spare and bare-bones. Following an indulgent night of humbling self-destruction, David is at an emotional crossroads: *"I passed out underneath the desk of the of the publisher of* SPIN *magazine, it was the last night of the Modest Mouse/Camper Van Beethoven tour, I said I didn't want to live this way anymore, walked down the alley and I knocked on the door."* This starts him on a path toward sobriety: *"I do the work, I read the book, I volunteer each week, I focus on keeping clean my side of the street, but not that it matters, this is a historically black AA room, I am accepted, I am extended grace, this blows me away."* It's a deeply personal journey.

The title-track is a full-throttle collaboration between David and Riverside's own Soul/Punk Rockers, The BellRays. This one nearly veers into Rock Opera territory as gritty guitars, fluttery strings and celestial organ coalesces around angular bass and a rock-steady beat. A few deftly turned phrases advocate for compassion : *"Help me reach across, help me hear the signal in the noise, help me put aside all my pettiness and ego, every man is someone's father, brother or son."* Spooky keys and a skittering guitar solo swirl on the break, and The BellRays add a bit of Gospel heft to this churlish rejoinder: *"Live like this, you will be infinitely less of an asshole."* That's a direct quote from the Good Book, right?

The next trifecta of tracks deal with mortality, marital strife, music industry woes and coming to terms with parenthood. *"Yonder Distant Shore"* is something of a restless farewell to his parents, fueled by a plaintive whistle and ringing acoustic guitar. His father paves the way for his mother: *"I was away in a Spanish town when the ferryman returned, he took away my father, left my mother at the church, my mother, she was lonely, she slowly slipped away/Her memories fled across the sea to yonder distant shore, then returned the ferryman, he promised her life returned, to take her to my father in his Army uniform."*

On *"Darken My Door,"* sparkly guitars sweetly orbit a willowy melody as the dissolution of his first marriage quietly coincides with a series of paradigm shifts in the music biz. *"Giving Father Tree,"* is a tender paternal apologia (sans the maudlin *"Cat's In The Cradle"* component), with a nod to Shel Silverstein's classic children's book, *The Giving Tree.*

The last songs to close out the collection includes *"Art Basel,"* which matches Grand Ol Opry strings and plangent guitars to a stompy handclap beat. David is simply the fly on the wall of a giant corporate rat-fuck. The solo splendor of *"Every Time I Try To Get Out"* finds him attempting to renounce making music only to realize his complicated love and obsession with music keeps him from completely breaking free. The record finishes with a sweet encomium to his wife Velena Vego. This skippy little number reveals a love-besotted David quietly insisting *"If you haven't heard it, and you've come to doubt it, don't you know you are still beautiful, if you don't know it, and you don't feel it, don't you know you are still beautiful."* It's a uncharacteristically mushy finish to a roller coaster ride of a record.

Yeah, *Fathers. Sons And Brothers* is a potent collection of tracks. Candid, funny, touching and slightly cynical, it's a window into David Lowery's soul. But it's only whet my appetite for a full-fledged autobiography. C'mon David, get on it.

Pappy & Harriet's Presents Campout: 20th Anniversary featuring Cracker // Camper Van Beethoven // The Third Mind // Jessika Von Rabbit + Special Guests Thursday Through Saturday. September 11, 12, 13, 2025. Indoor/Outdoor Shows. Thursday Doors: 7:30pm, Show: 9:00Pm Friday & Saturday Doors: 5:00pm Show: 7:30pm. 53688 Pioneertown Rd, Pioneertown.

pappyandharriets.com. CV

ART FROM THE HEART: AN EVENING OF CREATIVITY AND COMPASSION

ART SCENE



BY CRAIG MICHAELS



Mark your calendars for the 3rd Annual *Art from the Heart* event, happening Thursday, September 25, 2025, from 5:00–7:00 PM at the Cambria Gallery, located at 42210 Cook Street, Suite M in Palm Desert. This inspiring evening is presented by **Variety – the Children's Charity of the Desert**, an organization dedicated to serving the special needs of children throughout the Coachella Valley.

Guests will have the opportunity to explore and purchase unique artwork created by children in Variety's **Future Program**, which provides socially inclusive activities that nurture growth, confidence, and friendships for children with special needs. Each piece of art tells a story, reflecting the imagination and spirit of these remarkable young artists.

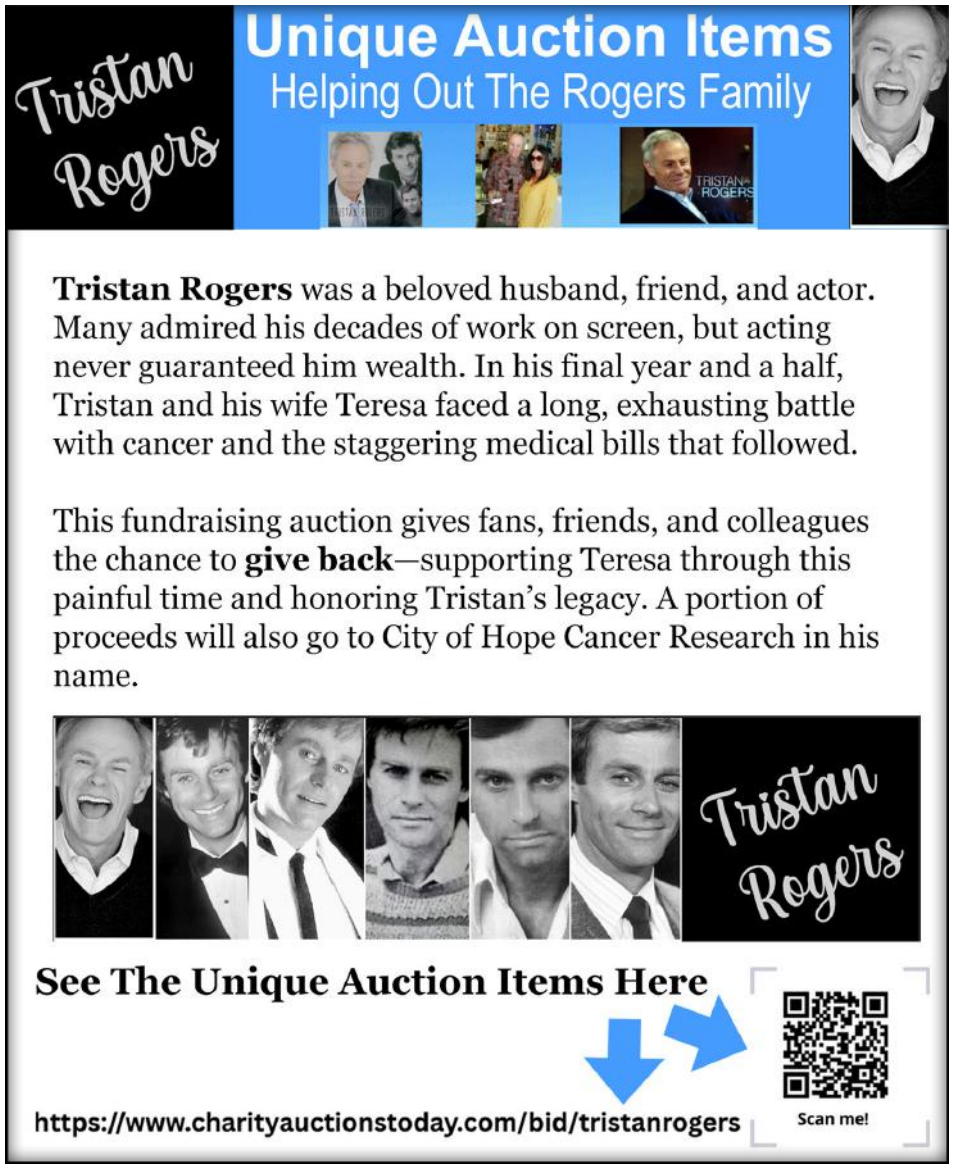
Proceeds from the evening will directly benefit the Future Program, ensuring that these children continue to enjoy enriching experiences that encourage inclusivity and belonging. By participating, attendees will not only take home a one-of-a-kind piece of art but also help fund programs that empower kids to reach their fullest potential.

Since its founding, Variety – the Children's Charity of the Desert has been committed to improving the lives of local children who face challenges related to mobility, accessibility, and developmental needs. Through initiatives like *Art from the Heart*, Variety continues its mission to provide life-changing support and create brighter futures for young people in our community.

Whether you're an art lover, philanthropist, or someone who believes in the power of inclusion, *Art from the Heart* promises to be a night where compassion and creativity shine side by side.

If you would like more information about Variety, the Children's Charity of the Desert you can visit their website: varietyofthedesert.org. CV


¡VIVA INDIO!
A TRIBUTE TO HISPANIC HERITAGE
SATURDAY, SEPTEMBER 13, 2025
5-9PM
KIDS ZONE | FOOD VENDORS | PIÑATA MAKING
LIVE ENTERTAINMENT
BRONCO TRIBUTE
LAS TÍAS
BALLET FOLKLORICO | MARIACHIS
DOWNTOWN INDIO
FREE | ALL AGES | 82881 MILES AVENUE

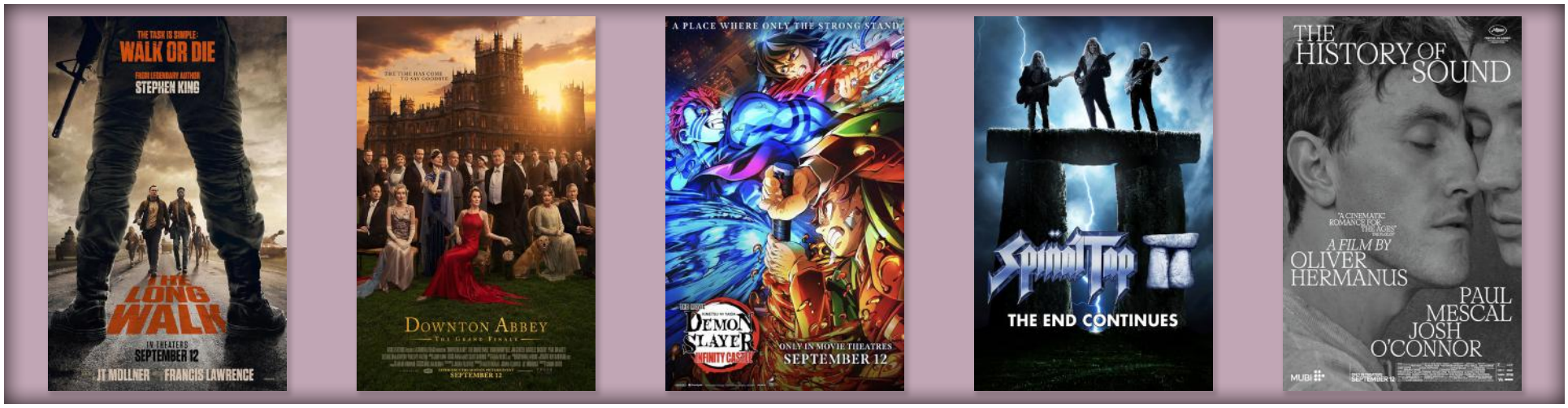

Tristan Rogers
Unique Auction Items
Helping Out The Rogers Family
Tristan Rogers was a beloved husband, friend, and actor. Many admired his decades of work on screen, but acting never guaranteed him wealth. In his final year and a half, Tristan and his wife Teresa faced a long, exhausting battle with cancer and the staggering medical bills that followed.
This fundraising auction gives fans, friends, and colleagues the chance to give back—supporting Teresa through this painful time and honoring Tristan's legacy. A portion of proceeds will also go to City of Hope Cancer Research in his name.
Tristan Rogers
See The Unique Auction Items Here
https://www.charityauctionstoday.com/bid/tristanrogers
Scan me!


CONCERT FOR AUTISM 18
Four concert events to benefit the Desert Autism Foundation
Donate Now!
For info visit concertforautism.org
MAIN EVENT
Saturday, October 25th Big Rock Pub, Indio, CA
ACOUSTIC for AUTISM
Sunday, October 19th Coachella Valley Brewing Co. Thousand Palms, CA
LEAD-UP EVENT
Saturday, October 11th Hood Bar & Pizza, Palm Desert, CA
KICKOFF EVENT
Friday, September 26th Coachella Valley Brewing Co. Thousand Palms, CA


CONQUER THE
RIB-A-SAURUS
ONLY AVAILABLE Tuesday &
Wednesday 4PM-CLOSE
BEAT THE HEAT
TAME THE BEAST
$25
BIG ROCK
PUB
Our RIB-A-SAURUS is a massive, dino-sized beef rib that brings serious bbq energy to your midweek. Served with onion rings, homemade corn bread, cole slaw and enough flavor to bring down a T-Rex. Only dine in - Only at Big Rock *WHILE SUPPLIES LAST
www.bigrockgolfandpub.com – 760.200.9844
79940 Westward Ho Drive, Indio, CA 92201

PLAYING THE WEEK OF SEPTEMBER 10TH AT THE MARY PICKFORD

FILM



The Long Walk *(1h 48m – Rated R) Horror*

Starring Cooper Hoffman, David Jonsson, Garrett Wareing, Tut Nyuot, Charlie Plummer, Ben Wang, Roman Griffin Davis, Jordan Gonzalez, Josh Hamilton, Judy Greer, Mark Hamill

From the highly anticipated adaptation of master storyteller Stephen King's first-written novel, and Francis Lawrence, the visionary director of The Hunger Games franchise films, comes THE LONG WALK, an intense, chilling, and emotional thriller that challenges audiences to confront a haunting question: how far could you go?

Downton Abbey: The Grand Finale *(2h 3m – Rated PG) Drama*

Starring Paul Giamatti, Dominic West, Joely Richardson, Alessandro Nivola, Simon Russell Beale, Arty Froushan

DOWNTON ABBEY: THE GRAND FINALE, the cinematic return of the global phenomenon, follows the Crawley family and their staff as they enter the 1930s. As the beloved cast of characters navigates how to lead Downton Abbey into the future, they must embrace change and welcome a new chapter.

Demon Slayer: Kimetsu no Yaiba Infinity Castle *(2h 35m – Rated R) Action, Anime*

Starring Natsuki Hanae, Akari Kitō, Yoshitsugu Matsuoka, Hiro Shimono, Takahiro Sakurai, Akira Ishida

Tanjiro Kamado – a boy who joined an organization dedicated to hunting down demons called the Demon Slayer Corps after his younger sister Nezuko was turned into a demon. While growing stronger and deepening his friendships and bonds with fellow corps members, Tanjiro has battled many demons with his comrades, Zenitsu Agatsuma and Inosuke Hashibira. Along the way, his journey has led him to fight alongside the Demon Slayer Corps' highest-ranking swordsmen, the Hashira, including Flame Hashira Kyojuro Rengoku aboard the Mugen Train, Sound Hashira Tengen Uzui within the Entertainment District, as well as Mist Hashira Muichiro Tokito and Love Hashira Mitsuri Kanroji at the Swordsmith Village. As the Demon Slayer Corps members and Hashira engaged in a group strength training program, the Hashira Training, in preparation for the forthcoming battle against the demons, Muzan Kibutsuji appears at the Ubuyashiki Mansion. With the head of the Demon Corps in danger, Tanjiro and the Hashira rush to the headquarters but are plunged into a deep descent to a mysterious space by the hands of Muzan Kibutsuji. The destination of where Tanjiro and Demon Slayer Corps have fallen is the demons' stronghold – the Infinity Castle. And so, the battleground is set as the final battle between the Demon Slayer Corps and the demons ignites.

Spinal Tap II: The End Continues *(1h 23m – Rated R) Comedy, Music*

Starring Michael McKean, Christopher Guest, Harry Shearer

Forty-one years after the release of the groundbreaking mockumentary This Is Spinal Tap, the now estranged bandmates David St. Hubbins, Nigel Tufnel, and Derek Smalls are forced to reunite for one final concert. Spinal Tap II: The End Continues also marks the resurrection of documentarian Marty Di Bergi (Rob Reiner), who once again tries to capture his favorite metal gods as they contemplate mortality—and the hope that their 12th drummer doesn't join them in The Great Beyond. Joined by music royalty Paul McCartney and Elton John, Spinal Tap wrestles with their checkered past to put on a concert that they hope will solidify their place in the pantheon of rock 'n' roll.

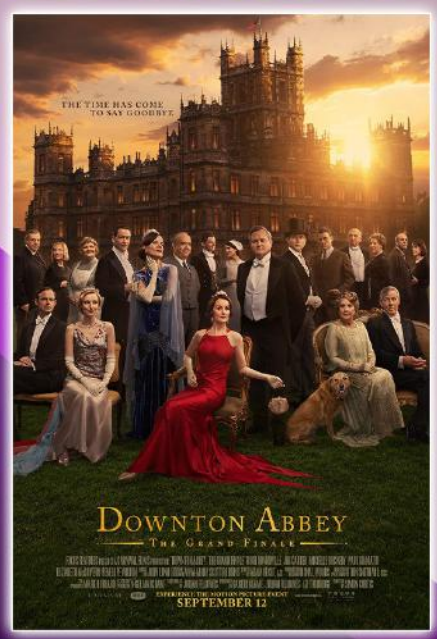
The History of Sound *(2h 7m – Rated R) Drama, Romance*

Starring Paul Mescal, Josh O'Connor

In 1917, Lionel — a young, talented music student — meets David at the Boston Conservatory, where they bond over a deep love of folk music. Years later, Lionel receives a letter from David, leading to an impromptu journey through the backwoods of Maine to collect traditional songs. This unexpected reunion, ensuing love affair, and the music they collect and preserve, will shape the course of Lionel's life far beyond his own awareness.

CV

Mary Pickford Theatre is D'PLACE
CINEMASAFE YOUR SAFETY IS OUR FOCUS
NOW SHOWING

36850 Pickfair St
in Downtown Cathedral City
(760) 328-7100
FOLLOW US ON
DPlaceEntertainment.com

Palm Canyon Theatre PALM SPRINGS
SEASON 29 2025 - 2026
SEASON TICKETS NOW ON SALE!
Roald Dahl's Willy Wonka OCT 3 - 12 · 2025
Annie NOV 28 - DEC 21 · 2025
HAIR FEB 6 - MAR 1 · 2026
KISS OF THE SPIDER WOMAN APR 17 - 26 · 2026
THE MERRY WIDOW MAY 21 - 24 · 2026
PRISCILLA QUEEN OF THE DESERT OCT 24 - NOV 16 · 2025
I DO! I DO! JAN 16 - 25 · 2026
10086 SUNSET BLVD. MAR 13 - APR 5 · 2026
THE RITZ MAY 8 - 17 · 2026
The WIZARD of OZ JUL 17 - AUG 2 · 2026
Patron's Choice
10 Tickets - $400
Ten tickets that may be used in any combination of mainstage shows
9 Show Package - $334
1 ticket to any 9 mainstage shows
8 Show Package - $312
1 ticket to any 8 mainstage shows
4 Show Package - $166
1 ticket to any 4 mainstage shows
Contact the box office for more package options
538 N PALM CANYON DR • 760.323.5123
www.PALMCANYONTHEATRE.org

THE VINO VOICE

BY RICK RIOZZA



PERFECT TIMING FOR PINOT RHYMING

So don't let the "t" in the word "pinot"—as in ***Pinot Noir***, throw you off: it's a French term for the word "grape" and of course most of you readers know it perfectly rhymes with the word "vino" — as in *the Vino Voice*. *Happy thoughts!!*

Fall/autumn is fast approaching (albeit not fast enough here in the desert of Coachella Valley), and, the designated valley vino red wine for the times is—*you guessed it!* **Pinot Noir.**

The Autumn Allure of Pinot Noir is what the poets and gastronomes chant about. As the fall season seems to be one of the most popular times of the year, so too, Pinot Noir always gets the vino vote as the most desired red wine for the time. (Pinot Grigio—on the other hand, gets the votes in the springtime—*so no worries*.)

Our desert vino lovers just can't shake it off: vino Pinot reigns through their veins and around their valley bellies. They can't get enough of the stuff!

The wonderful non-fiction addiction are the predominant Pinot Noir flavors of berry—strawberry, raspberry blackberry, black cherry, cinnamon, and mint. Then, depending on the terroir or micro-climate, add the very aromatic flavors of: cranberries, cedar, earth, flowers, game, meat, minerals, mushrooms, plums, smoke, spices, tea (especially Moroccan Green), toast, truffles, vanilla, and violets. Yes! It's a natural for the contemplative season, and, is the reason that it annually graces our holiday table.

And it's not that you vino pinot lovers need an added incentive, but, the latest 2023 California Pinot Noir vintage is one of the best the past 20 years!

Wine Spectator defines it as: "The 2023 Pinots are defined by a wide spectrum of fruit, from the red and blue to black and purple, matched by a vivid display of floral and savory aromas. Underneath the flavors runs finely beaded acidity delivering mouthwatering succulence... and they have a potential to age."

One of the best 2023 Pinots include the well-known **Brewer-Clifton Santa Rita Hills Machado** *($85).* "This brims with succulent blackberry and mulberry fruit flavors that are coiled with energy, while singed mesquite, blood orange zest, black tea, and dried anise accents add fuel to the lengthy finish. *WS 96 points.*

And one of the best Pinot deals in town for only $36 is the **Failla Sonoma Coast.** "This sauve Pinot has a mulled edge to its raspberry, damson plum and blood orange notes, sparkling with savory and rose hip details. Ends with light-handed echoes of sandalwood and forest floor. *WS 93 points*

A Passion 4 Pinot: For the past six years or so, I've had the pleasure of covering one of the most acclaimed, recognized, and largest Pinot Noir tasting event in Southern California. A premier event that's on the international wine calendar, drawing attendees from all over the United States. With 70+ notable California Pinot Noir-producing wineries pouring more than 225 top-tier Pinot Noir wines, the festival showcases the varietal as well as the artists and craft behind it.

Check out my last coverage of this past year's event: ***coachellavalleyweekly.com/palm-springs-perfect-pino-fest*.**

So here's the vino buzz: I just received



an email informing me that the **2026 Palm Springs Pinot Fest** attendance tickets are available now! And as most of us know—they sell out before the event. Those Pinot lovers in the know are already acting accordingly!

The year, the Passion 4 Pinot is being hosted in one of the world's most dramatic and awe-inspiring Hotels, the **Omni Rancho Las Palmas Resort & Spa** in Rancho Mirage.

The Grand Tasting – Saturday, January 31, 2026 From ***General Admission*** to **Early Entry,** all the way up to the ***exclusive VIP Vista Terrace Experience,*** the Grand Tasting offers something for every Pinot lover. Explore over 200 exceptional Pinot Noirs, taste culinary creations from Coachella Valley's best restaurants, enjoy live entertainment, and take home a keepsake crystal wine glass. VIP guests will enjoy early access, complimentary parking, seating, special pours, tasty bites, and a signature gift.

And don't miss the Gary's Vineyard at 30 Seminar on Friday, January 30, where the Fransconi and Pisoni families will be joined by legendary winemakers for an intimate tasting of world-class Pimot.

As this column has written previously, we've come to know wine promoter & producer Dave Frashcetti who has been at the helm of this annual Pinot Fest. I've spoken with Dave, and his wine cup continues to runneth-over with fresh exuberance. "I learned many years ago that when it comes to wine festivals, bigger is not better. In fact," he continues, "it's the complete opposite."

Those who have attended my events before know that our event is a first-class fun event that is designed for all types of wine lovers, from novices to expert Somms. It's not snobbish; it's a fun-filled afternoon that allows one to learn, taste and fall in love with amazing Pinot Noir from the best that California has to offer."

"The wineries that are participating with us have achieved a stellar reputation for producing truly outstanding and highly sought-after Pinot Noir," Dave continues, "They will be pouring their amazing cult classic collectible wines and educating guests, from wine lovers to novices alike—it's all about the talent of excellent winemaking."

Check out their website and get you tickets soon! ***palmspringspinotfest.com***

See you later & see you there! Cheers!

CV





EVENTS Palm Springs .com

EXCLUSIVE 25% OFF Shows Promo Code: CVWEEKLY

SEPTEMBER



Bold, fearless, and laugh-out-loud: Sara Weinshenk brings razor-sharp wit, a unique voice, and undeniable stage presence. The LA comic and host of the SHENK podcast has appeared on Comedy Central's Shenks for Smoking and Lights Out with David Spade. Don't miss her!



DJ Cooch toured with Carlos Mencia, Russell Peters, Anjelah Johnson, and Tommy Chong; hosted George Lopez's Lopez Tonight Party Bus Tour on TBS; and earned his name on the IMPROV Wall of Fame. As seen on TBS, Showtime, STARZ, and MTV—expect big laughs,



Laugh live with Eric Ochoa—aka SUPEReeeGO—the Mexican-American comic behind Cholo Adventures and viral sketches. With 3.5M YouTube subscribers and hit TikToks, he brings bold characters, quick-fire punchlines, and storytelling!.



Skip Heller, longtime friend of Schoolhouse Rock's Bob Dorough, revives classics using Dorough's original charts with all-star ensembles—archival precision, explosive performance, no synths or samples—swinging, smart, straight from the source.



Meet Tremoloco, a Los Angeles–Houston roots band blending Sonoran folk, Gulf Coast grooves, and Tex-Mex Americana. Dubbed "Cantina Music," they fuse Mexican swing, cumbia, blues, and country into bilingual originals—veteran players delivering rhythms and electrifying shows.



Get ready to jive as The Dreamboats electrify Desert Blues Revival—a high-octane Canadian quartet blending Chuck Berry bite with modern retro polish. After Europe/California tours, they celebrate '50s/'60s hits with harmonies, twangy guitars, and dancing.



Jessica Kaczmarek blazes on six strings: fiery solos, commanding vocals, magnetic presence. A California standout, she fuses rock, blues, and Americana into dazzling, emotionally charged shows—equal parts grit, groove, and grace. Plug in, feel it.



Turn up the heat at Palm Springs Burlesque Night: Sizzling Summer Edition—Saturday at Hotel Zoso in downtown Palm Springs. Presented by Dirty Little Secrets Burlesque, expect laugh-out-loud comedy, jaw-dropping striptease, and dazzling showgirls/showboys.



Compton-raised Richard Villa delivers smart, high-energy bilingual stand-up with sharp storytelling. Seen on Netflix and Comedy Central, the Hollywood Improv's "Refried Fridays" host brings laughs in English, Spanish, or both.



San Diego jazz guitarist Alex Ciavarelli pairs lyrical phrasing with masterful technique and deep tradition. His 2024 debut, A Tribute to Oscar Peterson on Guitar, reimagines swing with guitar-driven nuance. He delivers technically dazzling, resonant performances.



NYC's premier swing band Danny Jonokuchi & The Revisionists electrify dance floors with joyful grooves. Winners of the Count Basie Swing Contest, featured on Late Night Basie, and Lincoln Center headliners at iconic venues nationwide.



Global jazz vocalist Sacha Boutros—praised for impeccable phrasing and magnetic presence—sings in 13 languages, blending jazz and Latin traditions. Mentored by legends, Grammy-recognized with charting albums, she delivers elegant performances.



Born from Americana's swamps and lit by rock, soul, and blues, Beaux Gris Gris & The Apocalypse is a visceral, high-voltage live experience. Fronted by Greta Valenti's mesmerizing voice and Robin Davey's searing guitar, they conjure hypnotic melodies, gritty grooves, and theatrical swagger.



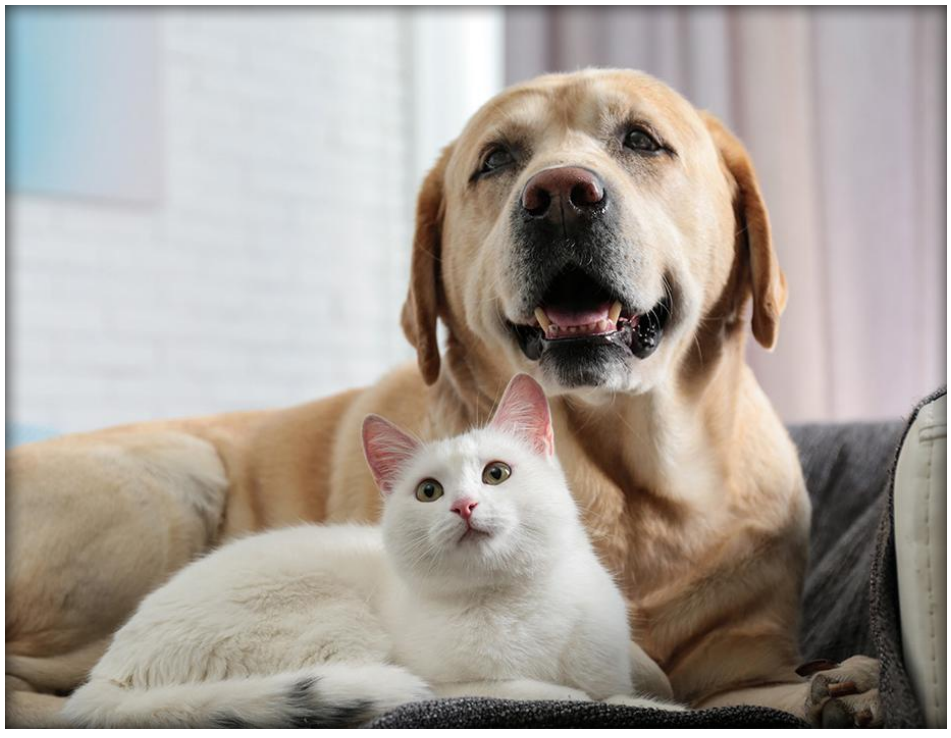
Vegas-style Funshine Pool Party hits Hotel Zoso every Saturday in Palm Springs—live DJs, cocktails, games, dancing. Celebrate birthdays or bachelorettes. Meet Brutus the octopus.

FOR TICKETS & INFO SCAN QR CODE OR VISIT: EVENTSPALMSPRINGS.COM

PET PLACE — SPAY AND NEUTERING MEANS HEALTHIER & HAPPIER PETS



BY JANET McAFEE



Spaying or neutering your cat and dog is a wonderful gift you can provide your pet, your family, and your community. These minor surgical procedures not only prevent medical and behavioral problems in your pet, but they also help save the lives of homeless animals that languish in shelters and roam our neighborhoods as strays. Not convinced yet? What are some of the reasons why you should spay or neuter?

Your female pet will live a longer and healthier life – Spaying helps prevent uterine infections, uterine cancer, and breast cancer which are often fatal conditions in female animals.

Neutering provides major health benefits for your male pet– In addition to prevent him from dangerous neighborhood roaming, neutering prevents testicular cancer in male cats and dogs.

Spaying prevents heat cycle problems – The loud screeching of a female cat in heat can disturb your comfort and become a neighborhood nuisance. Blood stains on your carpet and outdoor patio create more problems. Neutering ends the problem of male cats spraying, particularly if done at an early age.

Neutering prevents roaming and fight related injuries – One of the primary reasons male pets are lost, hit by cars, or end up in shelters is their tendency to escape when they smell a female animal in heat. They may end up in fighting with competing males, and you will have an expensive vet bill.

Neutering reduces aggression and biting from male dogs – Approximately 90% of dog bites are from unneutered male dogs.

There are not enough homes, and animals pay the ultimate price – For every human born in the United States, there are 15 dogs born and 45 cats born! We cannot adopt our way out of the pet overpopulation crisis. Our 4 Riverside County Shelters including our local Coachella Valley Animal Campus in Thousand Palms are now beyond 200% capacity, and innocent animals are paying the ultimate price.

Animals suffer and die in our public shelters – There are approximately 2,500 dogs and cats euthanized in America's public shelters EVERY DAY. Most of these are healthy and adoptable animals whose only crime is being homeless.

Taxpayers foot the bill for too many homeless animals – Depending on the jurisdiction, it costs California taxpayers over $400 for our local governments to capture, house, care for, and sometimes euthanize ONE unwanted animal. Public shelters do not have the staff to provide 24-hr bottle feeding for orphan litters of underage kittens and puppies, and these tiny creatures may be euthanized unless a foster home is found.

The human toll from shelter euthanasia – Public shelter workers must cope with the horrendous job duty of euthanizing pets that are not reclaimed or adopted. This can be very traumatic when they have to end the life of an animal they've spent days caring for and getting to know. The majority of shelter employees do their best to help their animals get adopted, but an irresponsible public that discards pets for trivial reasons and carelessly breeds more animals makes their job overwhelming.

The unintended consequence of your finding homes for a litter of 10 puppies your dog produced may mean 10 homeless shelter dogs don't get their second chance home. Letting your pet produce offspring so your children can learn about the miracle of birth is not a good idea when so many unwanted litters end up in shelters. Get a video to show your children about birth.

One reason folks do not sterilize their pets is the high cost of the procedure at some private veterinarians. Call your local shelter or private rescue organization for referrals. Low cost spay and neuter services are available in most communities. The www.aspca.org website has links where you can find services. The Animal Action League, www.animalactionleague.org operates a low cost spay/neuter mobile unit in the Coachella Valley, the Joshua Tree desert region, and in Banning. Call the Animal Action League for an appointment at (760) 366-1100.

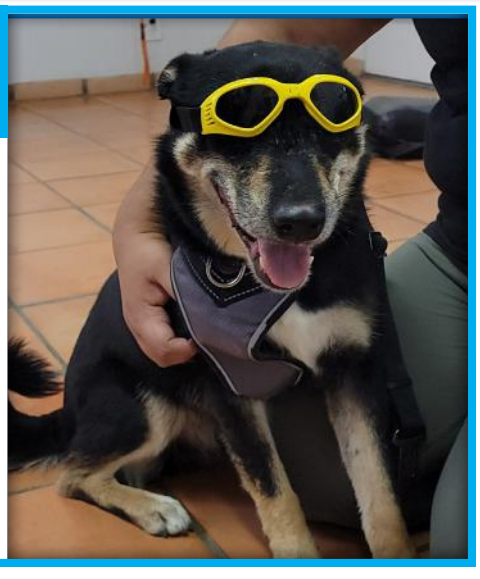
Spaying and neutering is the key to NO MORE HOMELESS PETS!

janetmcafee8@gmail.com CV



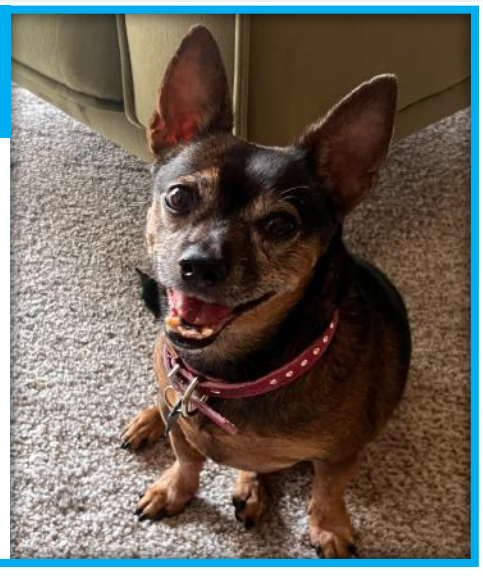
MEET HENNY

This "Cool Dude" will liven up your home with happiness! He is a Husky/ Collie mix, 5-yrs old & 38-lbs of doggie love. Call Loving All Animals (760) 834-7000 to meet Henny.



MEET DAISY LOU

Precious Chihuahua girl just wants to be your new best buddy! She's an 8-yr-old cuddle bug waiting for a great home. Call Loving All Animals (760) 834-7000.





Here is a partial list of animal shelters & rescues:

COACHELLA VALLEY ANIMAL CAMPUS – Open 10:00-4:00 Monday through Saturday. View animals online at all 4 county shelters www.rcdas.org, 72-050 Pet Land Place, Thousand Palms, Call (760) 343-3644. (Public)

PALM SPRINGS ANIMAL SHELTER – Open to the public, closed Tuesday. View animals online at www.psanimalsshelter.org and complete application for the one you want to meet, 4575 E. Mesquite Ave, Palm Springs, Call (760) 416-5718. (Public)

DESERT HOT SPRINGS ANIMAL CARE & CONTROL - Open daily 9:30-4:30. www.cityofdhs.org/animal-care-control.com, View animals at www.petango.com/dhsacc. 65810 Hacienda Ave, Desert Hot Springs, Call for appointment (760) 329-6411 ext. 450.

ANIMAL SAMARITANS – Open to the public. View their animals at www.animalsamaritans.org. Email volunteer@animalsamaritans.org to foster or volunteer. Located at 72307 Ramon Rd, Thousand Palms, (760) 601-3918. (Private)

CALIFORNIA PAWS RESCUE - Call for an appointment to adopt. Located at 73650 Dinah Shore, Palm Desert. View their animals at www.californiapawsrescue.com, (760) 656-3833. (Private)

HUMANE SOCIETY OF THE COACHELLA VALLEY – Fill out an application online www.orphanpet.com and call for an appointment. This shelter has dogs of all sizes and cats, Located at 17825 N. Indian Canyon, Palm Springs, (760) 329-0203. (Private)

KITTYLAND – Open to the public to adopt cats and kittens. Located at 67600 18th Avenue, Desert Hot Springs, www.kittylandrescue.org, (760) 251-2700. (Private)

PRETTY GOOD CAT – Foster based rescue for cats located in La Quinta. Contact them at www.prettygoodcat.com, (760) 660-3414 (Private)

LOVING ALL ANIMALS – Call for appointment to adopt dogs. Located at 83496 Ave 51, Coachella, www.lovingallanimals.org, (760) 834-7000. (Private)

ANIMAL RESCUE CENTER OF CALIFORNIA (ARC), Foster based rescue for dogs and cats in Indio. www.thearc-ca.org, (760) 877-7077 (Private)

FLUFFS & SCRUFFS – Foster based rescue for small dogs in Cathedral City. FLUFFSANDSCRUFFS@AOL.COM, (310) 980-3383 (Private)

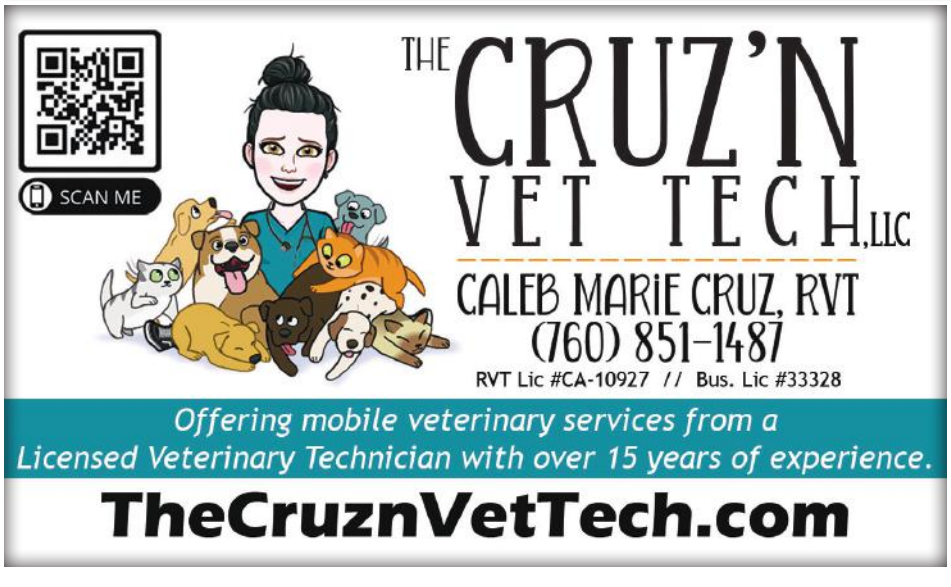
SOCIETY'S OUTKAST ANIMAL RESCUE – Foster based rescue for dogs in Rancho Mirage, www.societysoutkasts.com, (760) 832-0617. (Private)

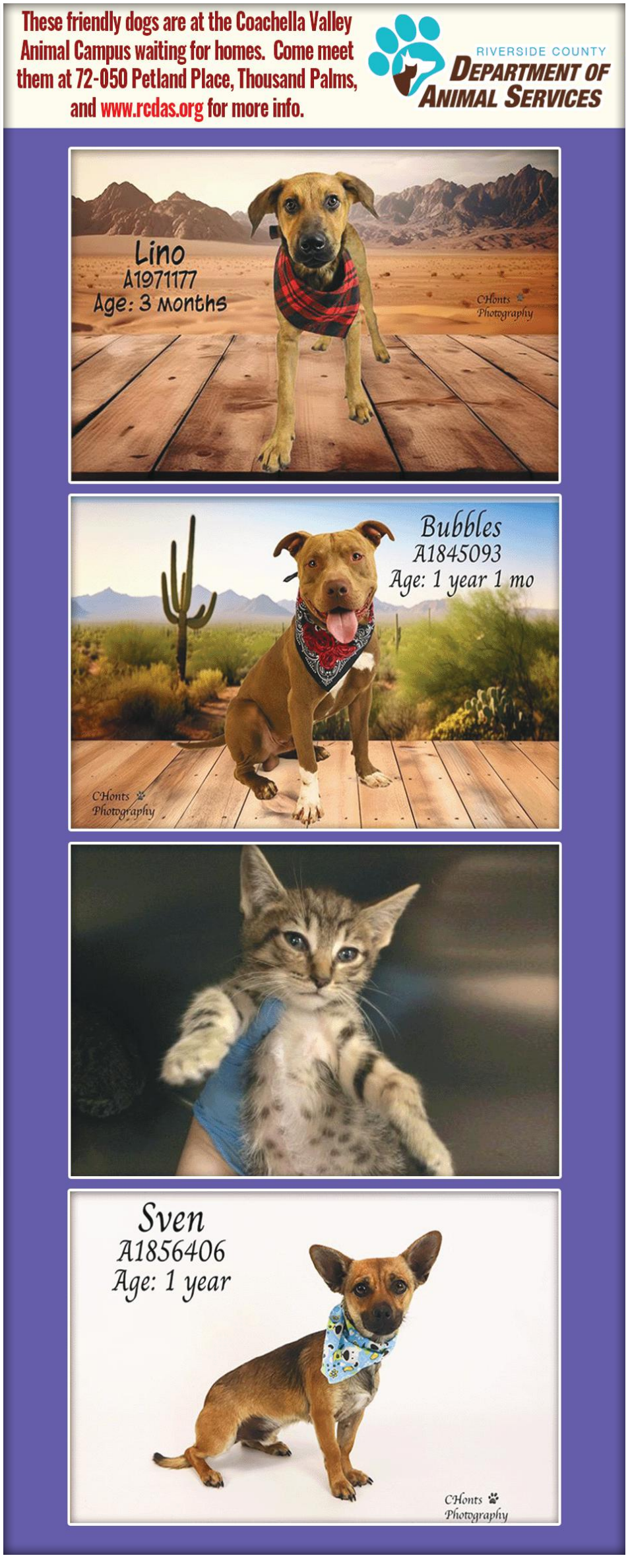
LIVING FREE ANIMAL SANCTUARY – Large outdoor shelter for dogs and cats up Hwy 74, Mountain Center, www.living-free.org, (951) 659-4687. (Private)

CITY OF BANNING ANIMAL SHELTER – Open daily 10am-6pm. Located at 2050 E. Charles Street, Banning. Many beautiful animals of all sizes. View animals at www.arerecue.org/banning. (951) 708-1280 Short staffed so don't always answer phones. (public)

CITY OF SAN BERNARDINO ANIMAL SHELTER – Open 12:00 – 3pm Tues through Sat. Google "City of San Bernardino Animal Shelter" for website to view animals and get the ID number of the animal you want. Located at 333 Chandler Place, San Bernardino, (909) 384-1304 or (909) 384-7272. (Public)

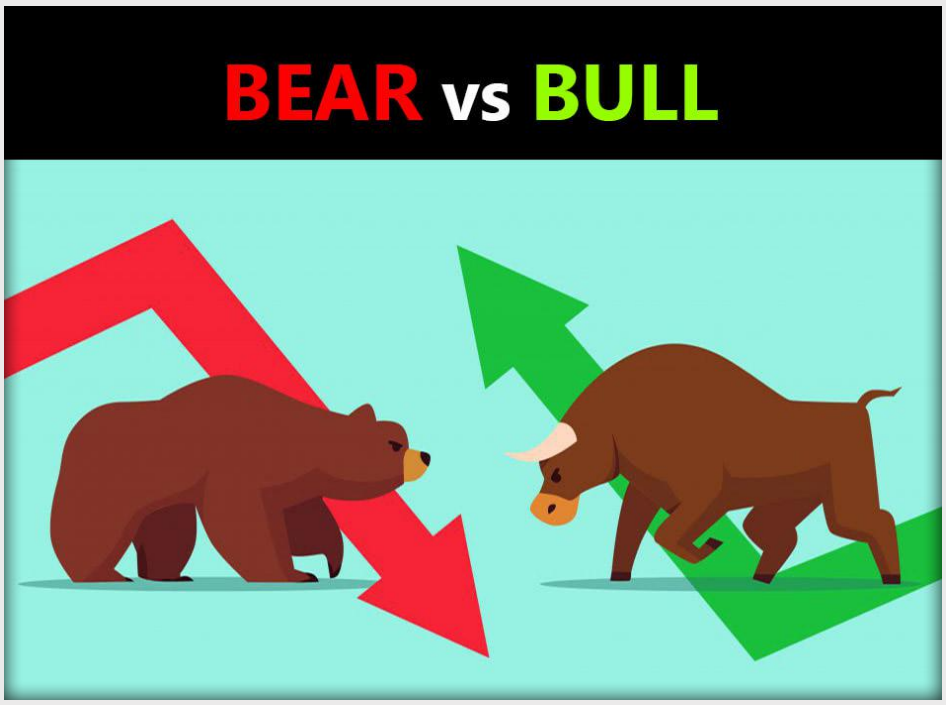
SAN BERNARDINO COUNTY ANIMAL SHELTER AT DEVORE – Open 7 days a week. Call (909) 386-9280, www.sbcounty.gov/acc and get the ID number of animal you are interested in adopting, 19777 Shelter Way, San Bernardino (Public). CV





STOCK MARKET REACHES ALL-TIME HIGHS: WHAT'S NEXT?

HADDON LIBBY





BY HADDON LIBBY

U.S. stock markets have soared to record highs, driven by robust corporate earnings, anticipated interest rate cuts, reduced fears of disruptive tariffs, and significant investments in the AI ecosystem.

AI Ecosystem Fuels Growth

The AI sector is a key driver, encompassing hardware like chip-powered data centers and storage solutions, as well as software platforms such as Microsoft Azure, Amazon Web Services, Google Cloud, and generative AI tools like ChatGPT. These advancements are boosting corporate efficiency and profitability.

Economic Context and Federal Reserve Outlook

With inflation at 2.9%, GDP growth slowing to 1.9%, and unemployment at 4.2%, the Federal Reserve is expected to cut the federal funds rate by 0.25% on September 17, 2025. Additional cuts of 0.25% to 0.50% are anticipated by year-end, with a total reduction of 1.50% over the next 18 months. These cuts should support the real estate market, where high rates have suppressed sales and valuations, and provide relief to debt-laden consumers and businesses.

Stagflation Risks

The economy faces the risk of stagflation—characterized by slow growth, high unemployment, and persistent inflation. Avoiding this scenario depends on stable employment and GDP, effective rate cuts, and tariff negotiations that avoid price increases.

Market Performance and AI Impact

Despite economic challenges, equity markets remain optimistic, buoyed by AI-driven efficiencies that enhance corporate profit margins. However, these gains may come at the cost of jobs, particularly in entry-level white-collar roles, manufacturing, and data processing. A McKinsey study estimates that 5–10% of current jobs could be automated immediately, with up to 30% at risk over the next five years. Conversely, AI is expected to create higher-skilled roles, such as data scientists and AI-assisted positions in healthcare, education, and energy.

Are Stocks Overvalued?

The S&P 500's price-to-earnings (P/E) ratio stood at 30x in August 2025, with a projected 2026 P/E of 22x, about 50% above the long-term average. This elevated ratio is driven by a few mega-cap companies, which account for roughly one-third of the index and have high P/E ratios. Excluding Technology (37x), Real Estate, and Consumer Cyclicals, other sectors range from 17x to 27x. Energy (43% below the average) and Financials (37% below 30x) offer more attractive valuations.

Growth Outlook

Fourth-quarter growth estimates project 10–20% gains for most sectors. Technology anticipates 10–20% growth due to ongoing digital transformation. Financials expect 10–15% growth, benefiting from lower rates and improved material pricing. Consumer Cyclicals face challenges as high prices and reduced discretionary spending strain consumers.

Market Implications

Elevated valuations suggest that stock prices may stabilize unless earnings significantly exceed or underperform expectations. Companies missing forecasts are likely to face sharp declines due to high P/E ratios. Continued deficit spending by the U.S., China, and Germany supports global economic growth, propping up stock valuations due to liberal monetary policies.

Haddon Libby is the Founder and Chief Investment Officer of Winslow Drake Investment Management. For more information, visit www.WinslowDrake.com.

Disclaimer: This article is for informational purposes only and does not constitute investment advice. Consult a qualified investment advisor for personalized guidance.

CV

WINSLOW DRAKE INVESTMENT MANAGEMENT

INSURANCE IGNORANCE CAN COST YOU

DALE GRIBOW ON THE LAW





1. Homeowners Insurance – Cover the Right Value

Don't insure your home for its market value—that includes the land, which doesn't need coverage. Instead, insure it for the **cost to rebuild**: materials, labor, and permitting. Current inflation may necessitate a review of current limits.

2. The Truth About Red Cars

Red cars don't cost more to insure, but they **do** catch the eye of law enforcement. You don't want to give the police an excuse to stop you for weaving/speeding and determining you are Under the Influence. Both DUI's and tickets are expensive.

3. After a Serious Accident

Your insurance won't drop you immediately if you cause a major accident, but your **DMV record and premiums** will take a hit. It will also be more difficult to get insurance with another company.

4. Small vs. Large Cars

Smaller cars often have lower property damage repair costs, and safer risk profiles, making them **cheaper to insure**.

5. Comprehensive Auto Insurance – Misleading Name

"Comprehensive" doesn't mean **everything**. It only covers **non-collision losses** like theft, vandalism, storm damage, and animal impacts.

6. Car Theft Realities

Older cars are a favorite target for thieves—parts sell well…often called Midnight Auto. Don't ignore anti-theft protection just because your car isn't new.

7. Lending Your Car? Know This:

If a friend crashes your car, **your insurance** is on the hook. Insurance Coverage follows the **car**, not the **driver**.

8. Out-of-State Tickets Count

Think that a speeding ticket in Arizona won't matter? Think again—it will **add points to your California record**.

9. DMV Point System – Watch It Closely

4 points in 1 year, 6 in 2 years, 8 in 3 years = license suspension

Accidents = 2 points each

Traffic School may remove **1 point after trial**, but tickets still show for insurance purposes.

10. New California Auto Liability Limits – Effective 1/1/25

Minimums increase to **$30,000 per person / $60,000 per accident** (from $15K/$30K). Thus, no person can collect more than $30k, and everyone together in the car has a total maximum coverage of $60k.

11. Exceeding Your Policy Limits

If damages exceed your coverage, you're **personally liable**. This can mean lawsuits, wage garnishment, or asset seizure are possible.

12. UM/UIM – A Must-Have

Uninsured/Underinsured Motorist coverage protects **you** when the other driver has none—or not enough. This is essential in the Coachella Valley where so many neighbors are uninsured.

13. Umbrella Policies – Big Protection, Low Cost

Instead of over-insuring your auto policy, find out what limits qualify you for a $1 million umbrella policy. It's often available for a few hundred dollars more and only kicks in when other coverage is exhausted. It's a smart safety net**.**

Final Word

Drive smart, stay insured, and remember: Uber is cheaper than me. Drive sober or get pulled over.

Give this card to officer with license, registration and insurance:

Upon the advice of my attorney, Dale Gribow: I respectfully invoke my **constitutional right to remain silent** and **do not consent to any questioning**, or search, without my attorney present.

Please contact attorney Gribow before proceeding further: (760) 837-7500; dale@dalegribowlaw.com

Mr. Gribow advises: The **Field Sobriety Tests (FSTs),** and the **Preliminary Alcohol Screening (PAS) breath test**, ***at the scene***, are **Voluntary-unless I am on probation**. I respectfully **decline to participate in these roadside tests**, but I am **willing to cooperate** by taking a **blood test**, as required by law.

REMEMBER: REMAIN SILENT

It's not what you said... It's what they *think* you said.

Insurance companies and law enforcement can lie and deceive in conversation, and are **not on your side. Only your lawyer is ethically bound to be on your side.**

********Dale Gribow Career PI/DUI Awards********

38-**Top Lawyer Honors**

5-Star/10.0 Avvo "Superb", and AV Martindale Pre-eminent ratings (Client Choice Award 2025)

9x Man of the Year | 4 "Dale Gribow Days"

Known as "Mr. Charity," for decades of legal and philanthropic service and recognition

Dale limits his caseload and ***personally answers every call.*** CV

PALM SPRINGS PRIDE ANNOUNCES 2025 PRIDE HONORS AWARDS RECIPIENTS

EVENTS



Greater Palm Springs Pride is proud to announce the recipients of the 2025 Palm Springs Pride Honors Awards, recognizing individuals and organizations for their exceptional contributions to the LGBTQ+ community. This year's honorees have demonstrated remarkable leadership and a profound commitment to activism and allyship. The awards reception, a night of inspiration and celebration for LGBTQ+ activists, allies, and supporters, will be held at the Palm Springs Hilton on Thursday, October 16, 2025.

In today's political climate, where the rights and protections of LGBTQ+ people are facing unprecedented challenges, the act of publicly recognizing community members is more vital than ever. As administrations attempt to roll back protections and create a sense of fear and uncertainty, events like the Greater Palm Springs Pride Honors Awards serve as a powerful counter-narrative," said Ron deHarte, President and CEO of Palm Springs Pride.

"These awards do more than simply acknowledge individual achievements. They send a clear and resounding message that the LGBTQ+ community and its allies are strong, visible, and united. By celebrating the hard work and dedication of leaders and activists, Palm Springs Pride helps to fortify a sense of community resilience and hope. It is a moment to not only honor the honorees but to remind everyone present that their efforts are seen, valued, and essential," added deHarte.

The Pride Honors Awards are co-chaired by Coachella Valley Firebirds, One Valley Foundation, Hilton Palm Springs, and Desert Care Network.

Jasmine Sullivan-Waits, Executive Director of Palm Springs Pride, said, "In the face of political rhetoric that seeks to erase or marginalize LGBTQ+ people, events that shine a spotlight on community leaders and their accomplishments are an act of resistance. They affirm the worth and dignity of a community under threat, and they inspire the next generation of advocates to continue the fight for equality and justice for all."

Spirit of Stonewall Business of Pride Award: Entrepreneur and celebrated drag icon Honey Davenport is being honored for her business acumen and powerful advocacy. As the founder of Honey's Hose, an inclusive line of hosiery for drag performers, and a veteran of RuPaul's Drag Race, she has consistently used her platform to champion marginalized communities, particularly people of color and women. Her artistry and business ventures serve as a vehicle for protest, representation, and empowerment.

Spirit of Stonewall Friend of Pride Award: The Rev. Jane Voigts, Pastor of the United Methodist Church of Palm Springs, has been an advocate for the LGBTQ+ community since she arrived in 2018. Known for her vibrant and humorous approach to ministry, she has been instrumental in organizing events like the Stonewall 50th Anniversary Observance and the Interfaith PRIDE Shabbat, building bridges between the church and the broader community. She has successfully led her congregation in creating a welcoming space where 'all means all'.

Spirit of Pride Award: Loren Ostrow, CEO and President of Living Out, is a visionary leader in creating safe and affirming communities for LGBTQ+ seniors. His work with Living Out, the first luxury active adult community for LGBTQ+ people and their allies, provides a space where older adults can live authentically with pride and dignity. Ostrow's commitment is further demonstrated by his past service on the boards of the Los Angeles LGBTQ Center and the National Gay & Lesbian Task Force.

Spirit of Stonewall Arts and Culture Award: Valerie Milano**,** Publisher and Senior Editor of *The Hollywood Times*, is an influential voice in journalism and a passionate advocate for LGBTQ+ rights. Her extensive coverage of major cultural events, like the Palm Springs LGBTQ+ Film Festival, Cinema Diverse, and The Dinah, has been instrumental in shaping conversations at the intersection of entertainment, culture, and equality. Milano's dedication to meaningful storytelling is a testament to her commitment to the community.

Spirit of Stonewall Organization of the Year: Courageous Resistance Indivisible of the Desert is a powerful grassroots activist group with over 1,740 members. As "Defenders of Democracy," they have successfully organized rallies that have drawn over 5,000 people. The group's focus on voter education and advocacy has made them a force for positive change, standing in firm solidarity with the LGBTQ+ community and championing rights for all.

Spirit of Stonewall Community Service Award: Ben and Bob Kincaid, owners of Roadrunner Print and Ship, are being honored for their deep commitment to the community. As vital pillars of Palm Springs, they've turned their business into a trusted partner and sponsor for countless local festivals and nonprofits. Their unwavering support and dedication to giving back exemplify their commitment to investing in the communities where they live and work.

The Palm Springs Pride Honors Awards celebrate the inspiring work of these individuals and organizations, whose efforts continue to strengthen and uplift the LGBTQ+ community in the Coachella Valley and beyond.

For more info about Palm Springs Pride Week and the Honors Awards, visit the webite pspride.org. CV



THE LEGACY OF AN ANCIENT CIVILIZATION

SWAG FOR THE SOUL

BY AIMEE MOSCO



There is no way for us to know if Atlantis is just a legend born from myth, or if it was, in fact, a highly advanced ancient civilization. If it truly did exist as a physical reality on this planet, the irrefutable proof has long been destroyed. Legend tells us that Atlantis fell due to cataclysmic events which swallowed towering structures whole. Tsunamis caused wide-spread floods that wiped the footprints of nearly all living beings from the land. The memory banks were cleared. There was nothing left of Atlantis after the fall to relay the stories of the time.

It is hard to imagine that a whole civilization, especially one as technologically advanced as Atlantis reportedly was, could just vanish without a trace. This calls into question the legitimacy of claims that it ever really existed in the first place. If we were to rely on empirical evidence alone to discern whether Atlantis was for real, it would be clear that it was not.

However, it seems that vivid past-life memories of an ancient utopian culture known as Atlantis have continued to emerge in humans through the ages. These mystical imprints have lingered in the collective consciousness and as they surface across cultural divides, the details are eerily similar. How is this possible if there truly was no such thing as Atlantis?

Could it be that Atlantis was real even though verification is unobtainable? Are past life memories testimony enough? Are claims that Atlantis existed made by famous psychics such as Edgar Cayce and Dolores Cannon believable?

Even if Atlantis is just a myth, the stories and collective memories that have been shared over the years hold an important message. The fall of Atlantis, as it is described from soul memories and psychic accounts, is reflective of our current times. The fall marked the end of an era. An abuse of power shook the delicate foundation underneath something beautiful. Tyranny laid waste to an infrastructure that honored all living beings. War and manipulation upset the organic equilibrium of the planet. Disaster followed and destroyed an entire civilization to begin a new cosmic era.

We are in the midst of a spiritual and physical transition in our current time, too. We are standing on the threshold between the end of the old cosmic era and the start of a new one. We have a collective choice to make. Will we make the same choice and follow in the footsteps of the Atlanteans? Whatever you commit to for yourself serves to fortify or weaken the foundation under the new collective infrastructure that is materializing. Will you choose love over fear? Will you choose peace over war? Will you choose balance over power? The legacy of Atlantis reminds us to choose wisely. The fate of the world, it seems, depends on it.

*Aimee invites you to join her Telegram community **DIVINE PURPOSE Discussions** to explore the theory of Atlantis. Go to https://t.me/+8XQ9bgCiF0A2YzIx to join these discussions.*



Aimee Mosco *is an Author, Intuitive Channel, Spiritual Teacher and Co-Founder of **Intentional Healing Systems, LLC.** Aimee's desire to help others inspired her first book "Gratitude + Forgiveness x (LOVE) = Happiness". Aimee serves as an advisor to global charity organization, **World Game-Changers**, and as a board member to **Coachella Valley Horse Rescue**. Visit Aimee at **www.ihsunity.com**.* CV

LOCATED IN DOWNTOWN INDIO!

Rocks & Records

INDIO, CALIFORNIA

-Vinyl Records
(New & Vintage)
-Apparel
-Crystals
-Fossils
-Posters

COME CHECK US OUT!

82753 Miles Ave, Indio, CA 92201 | 760-600-0103

DID WE MAKE A BARGAIN WITH THE DEVIL TO LEGALIZE PROP 64?

CANNABIS CORNER



BY RUTH HILL R.N.

To pass the Adult Use of Marijuana Act (Proposition 64) in 2016, legalizing recreational use of cannabis, we made a bargain with the devil. In essence, we agreed to fund these four accounts, and this alone entices me to run to the illicit market:

- Youth Education, Prevention, Early Intervention and Treatment (which includes childcare for low-income children),
- Environmental Restoration and Protection (which includes climate chang, fisheries),
- State and Local Government Law Enforcement,
- Public universities for various cannabis research efforts, and
- Whatever the Governor determines for the remaining funds.

Currently, California *AB-564 Cannabis: Excise Tax: Rate Increase Suspensions*, introduced by Assembly Member Haney, has undergone six bill analyses and three amendments. As of this writing, AB 564 sits with the Senate Appropriations Committee.

The following text, taken exactly from AB 564, is an example of why normal people get frustrated with our brilliant legislators. It gives me a migraine just to read these bills.

"This bill would revise the above-described provisions governing the cannabis excise tax rate. Specifically, the bill would, bill, for the period from July 1, 2025, to September 30, inclusive, 2025, inclusive, would retain the existing cannabis excise tax rate of 19%. For the period from October 1, 2025, to June 30, inclusive, 2030, 2028, inclusive, the bill would decrease the excise tax rate to 15%."



This sentence is one long paragraph: "For the 2030–31 2028–29 fiscal year and every two years thereafter, the department, in consultation with the Department of Finance, shall, on or before May 1 of the fiscal year immediately preceding the applicable fiscal year, adjust the cannabis excise tax rate upon purchasers of cannabis or cannabis products imposed in paragraph (1) by the additional percentage of the gross receipts of any retail sale by a cannabis retailer that the department estimates will generate an amount of revenue equivalent to the amount that would have been collected in the previous fiscal year pursuant to the weight-based cultivation tax imposed under Section 34012 as it read on June 29, 2022." I am out of breath reading it.

In comparison, California's alcohol excise tax rates are among the lowest in the U.S. and have not increased since the early 1990s. California's state beer tax remains steady at 20 cents a gallon since 1991. California alcohol taxes do not directly fund low-income childcare. The reliance on cannabis tax revenue to fund social services, such as childcare, has its challenges.

As the legal cannabis market struggles with falling revenue and competition from the illicit market, the tax dollars generated are not a stable source of funding. The state recently increased the excise tax on cannabis to offset the elimination of other taxes. Still, childcare advocates are concerned that proposals to freeze or reverse this increase could lead to cuts in childcare funding. (Will childcare funding be forever linked to cannabis taxes?)

Policy experts caution that relying on "sin taxes" for critical programs can be a risky approach. Experts echo a previous situation in California where a tax on tobacco funded early childhood programs, but revenue declined as fewer people smoked, leaving those programs vulnerable.

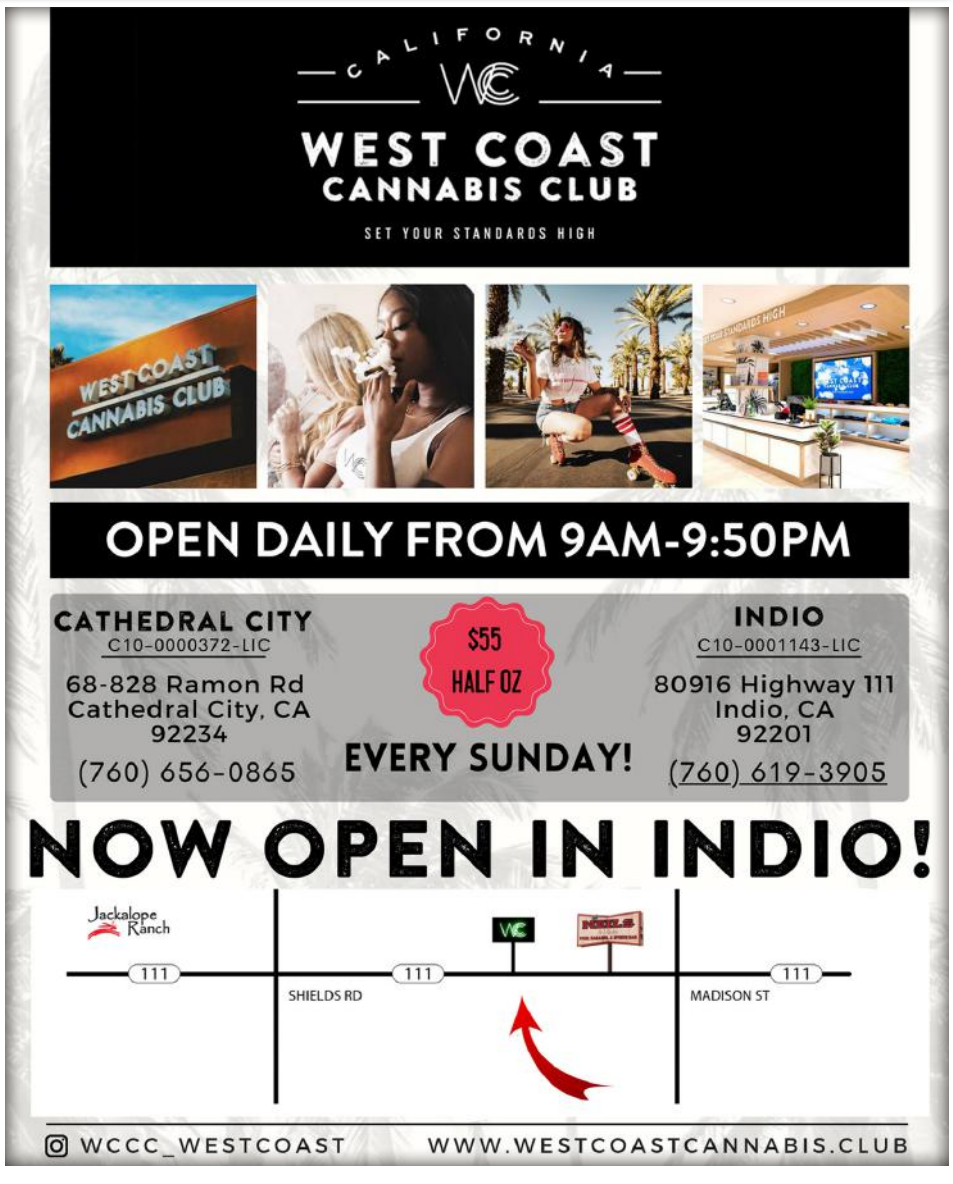
Do we want to reduce the excise tax on cannabis? With all these requirements, I am not sure. But do call or email your own Assemblyman or Senator to oppose or support AB 564. Find your representative at: **https://findyourrep.legislature.ca.gov** Cannabis has proven to have a 9% addiction incidence, whereas alcohol has a 30% addiction incidence. The legislature puts too much attention on the dangers of cannabis and not enough attention on the threat from the unregulated market. Massaging and manipulating excise and sales taxes will continue to push the public into the illegal market.

CA's confusing legislative tricks produce antiquated voluminous laws that deceive what taxes accurately funds. I am sure the public had no idea we made a bargain with the devil to pass recreational use of cannabis. When the public disengages from politics, the crooks disguise themselves as sheep.

Send comments to hilruth@gmail.com

CV





FALL INTO FITNESS: ADAPTING YOUR WELLNESS ROUTINE FOR THE NEW SEASON

SEND ME A TRAINER

BY COACH NADIA POPOVA,
PRESENTER OF THE HOLLYWOOD NATURAL BODYBUILDING & FITNESS AWARDS, RESIDENT OF COACHELLA VALLEY





As the long, sun-soaked days of summer fade and the crisp, vibrant colors of autumn emerge, our routines naturally begin to shift. The easy spontaneity of outdoor workouts and late-evening activities gives way to earlier sunsets and cooler temperatures. This seasonal transition is the perfect time to refresh your focus and ensure your wellness routine thrives, not just survives.

Whether you're in the cool, crisp air of Chicago, enjoying the last of the desert warmth in Palm Desert, or experiencing the gentle change of seasons in Beverly Hills, here are three tips to help you embrace the fall and keep "crushing" your fitness goals.

1. Mind Over Mood: Beat the Seasonal Slump

The change in seasons can sometimes affect our energy levels and mood. Shorter days and less sunlight can make it tempting to skip a workout in favor of staying indoors.

The Tip: Combat this by leaning into the change. Create a "cozy" workout ritual. This could mean putting on your favorite autumn-themed playlist, lighting a candle, or even investing in some new, comfortable workout gear. When you make your workout a treat, it's less of a chore.

The Advantage: Our residential wellness centers are the perfect sanctuary. They offer a climate-controlled environment where you can stay motivated, regardless of what the weather is doing outside.

2. Reconnect with the Rhythm

Summer often means a disruption in routine with vacations and a more relaxed schedule. As fall begins, it's the perfect opportunity to re-establish a consistent rhythm for your body and mind.

The Tip: Schedule your workouts like you would any other important appointment. Whether it's a 30-minute strength session in the morning or a brisk walk in the evening, blocking out that time in your calendar makes it non-negotiable. Consistency is more important than intensity in the long run.

The Advantage: With our fitness centers conveniently located within your residence, you have no excuses. They are ready for you at any time, making it simple to stick to your schedule and build a powerful, consistent habit.

3. Nourish for the New Season

Your body's nutritional needs can shift with the seasons. As the weather cools, you might find yourself craving warmer, heartier meals. This is an opportunity to fuel your body with nutrient-dense foods that support your wellness goals.

The Tip: Embrace seasonal produce like squash, sweet potatoes, apples, and kale. These foods are packed with vitamins and antioxidants that can help boost your energy and immunity. Try a warm, spiced sweet potato and lentil soup or a hearty kale and apple salad.

The Advantage: Proper nutrition supports your workouts and overall well-being. Our trainers and staff can offer guidance on fueling your body for the season ahead, ensuring your diet complements your fitness efforts.

Ready for a Stronger, Healthier You? Don't let the new season slow you down. Visit our website wellnessresouresgroup.com and book your free discovery call. CV

WELLNESS RESOURCES GROUP INC.

STELLAR CLEANING SERVICES
Transforming your space with exceptional cleaning and personalized care.
- Residential & Commercial Cleaning
- Deep Cleans, Move-In/Out, Recurring Services
- Eco-Friendly Products & Detail-Oriented Pros
- Flexible Scheduling to Fit Your Lifestyle

Experience the shine that only Stellar delivers!
CALL TODAY FOR A FREE QUOTE
(760) 409-5965
info@stellarcleaningservicesinc.com

MY LITTLE FLOWER SHOP
SPECIAL EVENT ARTISTS
WEDDING, CORPORATE, & PRIVATE AFFAIRS



We are the premiere full service floral and event design studio in Palm Springs, CA. Combined, our staff has over 50 years experience designing, planning and executing one-of-a-kind, high profile social, corporate and charity benefit special events, including the Academy Awards and Presidential Inaugurations. We have created hundreds of unique, personal weddings, birthday celebrations, showers, anniversary parties, and all occasion/holiday bouquets, using only the finest flowers.
(760) 778-7111
861 N. Palm Canyon Dr Palm Springs, CA 92262
www.mylittleflowershop.com
Follow us on Facebook.com/MyLittleFlowerShop & Twitter @MyLittleFlowerS
10% OFF ALL FLORAL ARRANGEMENTS!

SAFETY TIPS



BY FIRE CHIEF SAM DIGIOVANNA

SEPTEMBER - A SEASON OF CHANGE AND A CALL TO AWARENESS



When I think of September, I picture back-to-school energy, changing leaves, and the first hints of fall. I think of holidays approaching, firefighters on high alert, and the threat of deadly Santa Ana winds. But September is also National Suicide Prevention Month—a time to confront a crisis that often hides in plain sight reminds Fire Chief Sam DiGiovanna.

Each year, thousands of lives are lost to suicide. And tragically, the numbers continue to rise. Yet statistics alone can't capture the complexity of this issue. After someone dies by suicide, it's common to feel helpless, either because we saw warning signs but didn't know how to respond, or because we didn't see them at all.

That's why it's critical to educate ourselves, to recognize the signs, and to act. As I often remind my team: awareness saves lives.

According to suicide prevention experts, most—but not all—people who die by suicide show warning signs. These may include:

- Talking about wanting to die
- Searching for ways to end their life
- Expressing hopelessness or a lack of purpose
- Describing unbearable pain or feeling trapped
- Saying they're a burden to others
- Increasing use of alcohol or drugs
- Acting anxious, agitated, or recklessly
- Sleeping too little or too much
- Withdrawing or isolating themselves
- Showing rage or talking about revenge
- Displaying extreme mood swings

The more signs someone exhibits, the greater the risk. These behaviors are associated with suicide, though they may not be the direct cause.

If someone you know is showing warning signs:

- Don't leave them alone
- Remove firearms, alcohol, drugs, or sharp objects
- Call the U.S. National Suicide Prevention Lifeline at 988 or dial 911
- Take them to an emergency room or seek help from a medical or mental health professional

We can't undo the loss of a life—but we can change the conversation. We can remind our communities that while anxiety and depression are part of the human experience, suicide is not the answer. Mental wellness and resilience are possible. And help is always within reach.

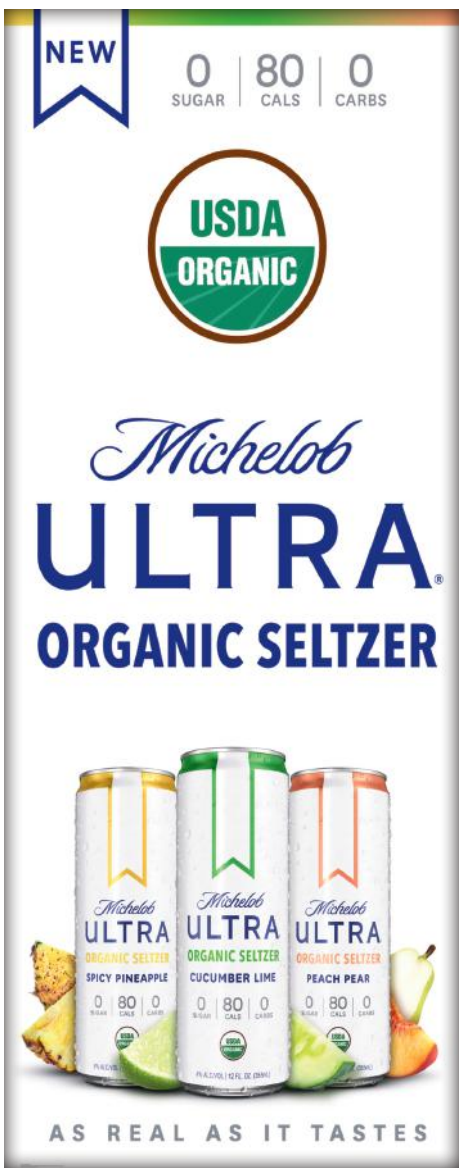
Let's be the lifeline someone needs.

Fire Chief Sam DiGiovanna CV









— EST. 1976 —
Capriotti's
SANDWICH SHOP

FIRST TIME
FAN FAVORITES

THE BOBBIE®



CLASSIC CHEESE STEAK



CAPASTRAMI®



THE IMPOSSIBLE®
CHEESE STEAK



WAGYU SLAW BE JO®



EAT EXTRAORDINARY

CATERING AVAILABLE

- Catering Trays and Salads
- Individual Box Lunches
- Meatball Bar

ORDER ANYTIME

- Available for pick up or delivery
- Order via order.capriottis.com or by using Capriotti's CAPAddicts App