



Blue Sash Publication

The Official Publication of Lourdes College

Volume 62 | No. 2 | January 15 - May 29, 2025



JUBILEE YEAR

of hope



EDITORIAL BOARD



Alve Jane Aranton
MODERATOR



Reeve Dalauta
EDITOR-IN-CHIEF



Queione Martin Mabao
ASSOCIATE & PHOTO
EDITOR



Kent Jordan Nadela
LAYOUT EDITOR



Jasmine Dawn Salce
FREEHAND EDITOR



Chryssie Jarell Constantino
CIRCULATIONS MANAGER

EDITORIAL STAFF

WRITERS

Missy Grace Delmo
Eicee Jane Balingkit
Rajeon May Pulgo
Angelica Clarabal
Juleeyana Zafra
Mary Sylene Señara
Mary Margarette Labininay
Kennon Ray Dalapo

LAYOUT ARTIST

Alanis Paullo

ILLUSTRATOR

Ashley Nicole Tabuan

PHOTOJOURNALISTS

Yron Yuval Premacio
Larra Villegas
Sean Owen Potenciando

CONTRIBUTORS

Jesse Alferez
John Lawrence Santillan
Athena Abao
Gwyn Yvette Mate
Chloe Bagongon
Niko Edyann
Wendel Sy

CONSULTANTS

Kriscentti Exzur P. Barcelona, PhD
Revina O. Mendoza, PhD
Miguela B. Napiere, PhD

EDITOR'S NOTE

As you turn the pages of this semester's issue, I invite you to look beyond the ink and paper, beyond the tangible accounts of events and achievements that mark our recent journey. For within these narratives, a deeper current flows---the enduring spirit of hope that transcends the concrete and material.

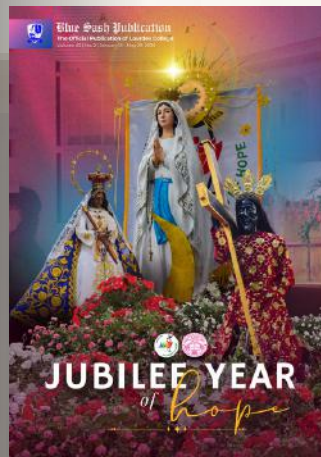
This issue, therefore, is a chronicle of the enduring hope that has sustained Lourdes College for the past 97 years. As we reflect on our institution's rich legacy, let the stories within these pages not only inform but also inspire, reminding us that hope, nurtured through shared experiences begets deeper faith, commitment to excellence, and steadfast dedication to service.

- Reeve Dalauta

KNOW THE CONTENTS: ISSUE HIGHLIGHTS

	03	28 New Lourdesians pass LET '25
	04	LC's MBA Program Completes Successful PAASCU Preliminary Survey
	05	LC forges partnerships with Japan's Groups
	10	Archbishop Cabantan Confirms 55 Lourdesians in Ceremony
	19	Reaching Students Beyond the Office

ABOUT THE COVER



On this special Jubilee Year of Hope and Lourdes College's founding anniversary, the Blue Sash Publication's cover magnificently features Our Lady of Lourdes, Our Lady of Hope and Good Voyage, and the Black Nazarene. These sacred figures don't just adorn our pages; they powerfully guide the narratives within, from insightful news pieces

to compelling features, all reflecting the theme of renewed hope and enduring faith amidst the world's challenges. Through their serene strength, this issue illuminates the countless stories of resilience and grace that define our community.

CIRCULATORY NOTE

The Blue Sash Publications is produced every semester. It is the official campus paper of Lourdes College. It aims to inform the LC community of the various happenings, both within and beyond the four corners of the campus.

If you have any articles or literary pieces that you would like to submit to the Blue Sash as well as inquiries or suggestions, feel free to visit the office on the ground floor along the main corridor or connect us through the social media accounts.



bluesash@lccdo.edu.ph

bluesashpublication

@bluesashpublication

Hope in Different Forms

In such a world, the concept of hope can easily feel like a fragile whisper, a mystical notion detached from the brutal realities we witness daily. Yet, to relegate hope to the realm of the ethereal is to misunderstand its inherent strength. **Hope is not merely a fleeting emotion; it is the tenacious determination we hold true and dear, the inner conviction that a better future, however distant it may seem, remains possible.**

It demands courage to be hopeful amidst despair, and its multifaceted nature reflects this very struggle.

This year was nothing short of tribulation as we suddenly witnessed the transition of profound spiritual leadership. As we observed the passing of Pope Francis and the subsequent induction of Pope Leo XIV, the Catholic Church embarks on a new chapter, guided by the enduring principles of faith and service. This transition, a moment of both reflection and anticipation, arrived at a time when the global landscape is deeply etched with suffering, most acutely in the ongoing war in Gaza, where each passing day steals more innocent lives and buries hopes under the rubble.

This profound trajectory of loss, coupled with the budding of anticipation, is unexpectedly bathed in light--the myriad of forms hope can take. It is as if we have suddenly opened a box radiating a soft glow of tomorrow; comforting yet resonant in the way it bends and dances around us, taking novel shapes. Ever-changing, our hope as Catholics takes new form as we actively seek spiritual renewal this *Jubilee Year of Hope* because we are pilgrims who are on a constant journey toward brighter horizons.

As pilgrims on their own academic and spiritual journeys, Lourdesians exhibit the same tenacious hope that shape their daily life at Lourdes College. They are nurtured with resilience through the values of faith, excellence, and service; integrating their integral role in the Church's ongoing mission for justice and collective good. In this manner, they emanate their own light of hope.

This "box of light," however, is often confronted by the deep shadows cast by the evils of the world. The relentless violence in Gaza and the distress faced by Lourdesians in the academe--these are the antithesis of hope. They are the manifestations of a daunting world, a stark reminder of the human capacity for disparity.

Yet, it is precisely in these moments of profound darkness that the diverse forms of hope become most vital. After Pope Francis's death, Pope Leo XIV extended his pontifical mission for the collective good as he continued to call for a ceasefire in Gaza, demonstrating the Catholic Church's enduring role as a beacon of hope advocating for peace and human dignity amidst global conflicts. Similarly, with S. Ma. Mirafior A. Bahan, RVM, at the helm as the new School President, LC has echoed this global call for peace with her leadership. She has continually imparted to the Lourdesian community that hope is not just taught but actively lived through service and advocacy.

Hence, it is through these collective acts of leadership and shared commitment, reflecting the *Jubilee Year of Hope* in 2025, that offers an opportunity to collectively open that box of light and be fuelled by the determined hope that resides within each of us. For Lourdesians, this means actively embodying the values instilled in them, becoming beacons of compassion and agents of change. This hope, far from being mystical or fleeting, is the very foundation upon which a more humane and just future can be built.





Batch 2024 get 100% Passing in LET

Reeve Dalauta

Lourdes College proudly announced 28 of its alumni for its exceptional 100% passing rate for its Batch 2024 graduates who took the March 2025 Secondary Level Licensure Exam for Teachers (LET) last May 29, 2025.

The new batch of LET passers included Krizel Joy Ador, Marie Faye Besana, Cherry Borres, Bruno Louise Cabanlas, Sam Caguindangan, Cris Maegan Carcosa, Danah Dagunot, Gilliane Dapat, Xyla Meghan Diane, Patricia Estrañero, Sheila Mae De la Peña, Gladys Mae Gabia, Julianne Gahit, Justine Kaye Gaid, Shanyl Joy Galsim, Jelly Guiritan, Philip Anthony Lagrada, Prin-

cess Jean Lanzaderas, Glecel Mae Leonor, Jocelyn Rose Lim, Jhoana Jane Magdugo, Vyllette Gail Miquiabas, Carmelle Therese Monte, Mileen Gine Obemio, Christine Nicollete RapiRAP, Guen Ivy Taloon, Kyla Leigh Udang, and Ivory Villanueva.

LC celebrates this achievement, solidifying its role in shaping the future of education in the region and affirming the institution's strong commitment to educational excellence in Cagayan de Oro.



(From left to right, in white uniform) Werth Sadhill Nono, Mary Ritz Trixie Bitas, James Escobal, and Redeemer Salo receive awards as the second runner-up team in the Inter-Collegiate Debate Competition.

LC Nursing students hailed as 2nd runner-up in Abortion Debate

Juleeyana Zafra

Lourdes College Nursing students garnered the second runner-up award in a mind-stimulating discourse during the first Inter-Collegiate Debate Competition last March 28, 2025, held at J.R. Borja General Hospital.

In celebration of National Women's Month, the event

sparked an intense discussion about one of society's most pressing questions: "Abortion—A Woman's Right or the Right to Life?" The competition featured six esteemed institutions affiliated with JR Borja General Hospital.

With their mentor and coach, Ms. Hazel Anne B. Angeles, RN, USRN, debate representatives, Mary Ritz Trixie Bitas, James Escobal, Redeemer Salo, and Werth Sadhill Nono showcased their intellect through mastery of words, passion, and critical thinking, which clinched them the much-deserved accolade.

LC receives Plaque of Service for lifesaving contributions

Mary Sylene Señara

Lourdes College was honored with a Plaque of Service by the Philippine Red Cross–Mindanao Regional Blood Center, Misamis Oriental–Cagayan de Oro Chapter for its contribution of over 500 blood units through successful blood donation drives conducted over the past five consecutive years, in collaboration with the Red Cross Youth – Lourdes College Council last March 19, 2025.

Embodying the core value of Service, the success of this initiative was made possible through the dedicated leadership of Mrs. Mary Ann R. Escobal, RN, the school nurse and blood donation coordinator, who was also awarded the title of Outstanding Blood Coordinator by



Mrs. Mary Ann R. Escobal, RN, (center) receiving the Plaque of Service at Ayala Centrio Mall with PRC–MRBC, Misamis Oriental-CDO Chapter personnel.

the same organization. Her tireless efforts in organizing the drives and encouraging voluntary donors have been instrumental in achieving this milestone.

With this recognition, the school humbly continues its consistent efforts to promote awareness and further encourage students and faculty to participate in blood donation drives to emphasize the massive impact of this small act in saving lives.

Benchmarking Journey at UIC Davao Inspires LC Student Affairs Team

Alve Jane Aranton

From June 3 to 6, 2025, the Lourdes College Student Affairs and Services (SAS) team successfully conducted a benchmarking activity at the University of the Immaculate Conception (UIC) in Davao City.

The visit, headed by Dr. Marvin S. Arrabaca (DSAS), provided valuable opportunities for professional exchange and collaboration. Joining him were Ms. Mariblest Mapalad (Promotions & Marketing), Ms. Rosemarie Ann Silmonet and Ms. Alve Jane Aranton (Guidance Center), Mrs. Marilou Jumarito (POD-IBED), Mr. Neil Bangero (PSA-SHS), Mr. Russel Tambiado (PSA-K-10), Mrs. Mary Ann Escobal (Health Center), and S. Paulette Maria Goretti Ankrah, RVM (Campus Ministry).



LC personnel with UIC's SAS team capturing a fun photo, culminating their benchmarking activity in UIC, Davao City.

Throughout the four-day activity, the team engaged in insightful discussions and immersive learning experiences, particularly in areas of student support services, discipline, marketing strategies, health services, and guidance programs. The warm hospitality and openness of UIC's SAS team enriched the exchange and created space for future collaboration.

The Lourdes College team brings home not just best practices and innovative ideas but also renewed inspiration to further enhance student-centered programs and services in the LC community.



LC's MBA Program Completes Successful PAASCU Preliminary Survey

Alve Jane Aranton

Lourdes College, Inc. proudly marks a significant milestone as its Master of Business Administration (MBA) program of the Graduate School department completed a successful preliminary survey conducted by accreditors from the Philippine Accrediting Association of Schools, Colleges and Universities (PAASCU).

The visit, which was held from March 14 to 15, 2025, was met with positive feedback, highlighting the institution's commitment to academic excellence, professional development, and continuous improvement.

The academic community extends its sincere gratitude

to the accreditors— Sr. Helen A. Malubay, SPC (Team Chairperson), Dr. Nikko T. Ederio, Dr. Jemma J. Jay, CPA, Dr. Maxie Doreen L. Cabarron, Dr. Eddie G. De Paula, Dr. Maricar Flores, Dr. Renee Vieve V. Kanindot, Dr. Rebecca C. Torres, and Ms. Catherine L. Ybañez (PAASCU Representative), for their thorough and supportive evaluation. Their insights and commendations are valuable as the school moves forward with its goal of achieving formal accreditation for the MBA program.

As a result, the MBA program can apply for a Formal Survey, one year after receiving the report. This achievement reaffirms the institution's dedication to providing quality graduate education and nurturing future leaders in the field of business.

LC joins in celebrating the CEAP Founding Anniversary

Missy Grace Delmo

In celebration of its founding anniversary of the Catholic Educational Association of the Philippines (CEAP), Lourdesians came together for a meaningful gathering last February 3, 2025, at the Lourdes College Quadrangle.

"CEAP is more than just an organization; it's a movement. It connects schools across the Philippines to work together and support each other in ensuring quality education," as emphasized Ms. Myrna Fantonalgo in her talk as the esteemed speaker, conveying a solemn pro-

mise to unite Catholic schools in providing holistic and quality education for all.

"CEAP isn't just about policy and meetings. It's about you, dear students. It helps you grow in faith, become responsible leaders, and develop the skills needed for future success. CEAP ensures that education isn't just about books; it's about learning with purpose in serving others and having faith in action," she added

The CEAP Day is celebrated as a reminder of the institution and its partner schools nationwide, united in their commitment to provide holistic education grounded in the school's core values of Faith, Service, and Excellence.



LC administration snap a photo with Tatsumotokai Group, Kokusai Academy Inc., and Goldmarc International Career Corp. heads.

Lourdes College Inc. inked its Memorandum of Understanding through a Signing Ceremony with Tatsumotokai Group, Kokusai Academy Inc., and Goldmarc International Career Corp., on March 28, 2025, at the HM Laboratory 2, Function Hall. The ceremony aimed to broaden the institution's global academic and career collaboration opportunities for students and faculty.

"This memorandum signing agreement signifies the commitment to fostering a collaborative partnership," Dr. Revina O. Mendoza, the Vice President for Academic Affairs, stated in her opening remarks. S. Ma. Miraflor A. Bahan, RVM, the School President, also expressed her gratitude for the momentous endeavor, as she shared that the collaboration would foster great beginnings for the institution. "May this collaboration flourish with continued blessings and guidance from the Almighty, with sincere gratitude and hope for our shared future," she added.

LC forges partnerships with Japan's Groups

Rajejan May Pulgo

"This opportunity allows us to have a partnership with Lourdes College, and I would like to invite more workers from Cagayan de Oro... So I would like to welcome alumni and graduates of Lourdes College to be accepted in our organization," said Mr. Miyauchi Toshikazu, president of the Tatsumotokai Group. Mr. Aristeo Villanueva, the head of Manila Kokusai Academy Inc, also conveyed how he values diversity and collaboration with the institution, "This ceremony represents a significant milestone and our shared purpose, we have aimed to leverage our respective strengths and resources to achieve a common duty, to provide a better opportunity to young Filipinos through various training and guidance," he said. Furthermore, the Memorandum opened avenues for specialized training and job placement opportunities for Nursing and Hospitality Management students of LC after graduation and also ensured internships. Additionally, Goldmarc International Career Corp. shared that they would provide Nihongo classes, while the Tatsumotokai Group said that they would support any activities that best serve students of the aforementioned programs.

The event was then closed by Dr. Kriscentti Exzur P. Barcelona, the International Officer, by saying, "May this partnership flourish, strengthening the bonds between our institutions and between the Philippines and Japan. Together we will create opportunities and empower the next generation of leaders and professionals."



LC's fourth-year students across BUSACC-IT, TEP, and Arts and Sciences programs step closer to their professional journeys as they proudly receive their pins in a series of ceremonies.

LC holds 2nd Pinning Ceremony for BUSACC-IT, TEP, Arts and Sciences

Missy Grace Delmo, Rajejan May Pulgo, Juleeyana Zafra

Fourth-year students from the Business Education, Accountancy, Accounting Information System, Information Technology, Teacher Education, and Arts and Sciences programs were honored with their respective second pinning ceremonies held on January 15, 16, and 18, 2025, at the Lourdes College Auditorium.

The first ceremony on January 15 recognized 54 practicum students from the BUSACC-IT programs. This group included 11 financial management, 21 marketing management, 12 accountancy, six accounting information systems, and three information technology students.

Meanwhile, the TEP's pinning ceremony on January 16 acclaimed a total of 38 pre-service teachers representing various majors: 15 from Bachelor in Secondary Education (BSED) Major in English, one from BSED Major in Filipino, two from BSED Major in Science, three from BSED Major in Values, three from Bachelor of Secondary Education (BSED) Major in Culture and Arts, five from

BSED Major in Social Studies, five from Bachelor in Elementary Education (BEED), and four from Bachelor in Early Childhood Education (BECED).

Lastly, the Arts and Sciences program had 60 students pinned on January 18 which included two students from Bachelor of Library Information Science, four from Bachelor of Arts in Communication, four from Bachelor of Arts in English Language, and 50 from Bachelor of Science in Psychology.

These pinning ceremonies served as recognition of the students' dedication and academic achievement as they now slowly transition into the world of work. LC bestowed the pins to symbolize their readiness to embark on new professional journeys, equipped with the knowledge and resilience gained through their years within the walls of the institution.

Cagayan de Oro City Jail conducts Penology Awareness Campaign to Nursing Students

Angelica Clarabal

The Cagayan de Oro City Jail-Female Dormitory (CDOCJ-FD) and Cagayan de Oro City Jail-Male Dormitory (CDOCJ-MD) organized a Joint Penology Profession Awareness Campaign held at Lourdes College Main Campus, as participated in by nursing students last February 19, 2025. Aimed to enhance knowledge of the correctional system and to look into career options in public safety, the talk gave students a meaningful glimpse into penology as Jail Officer II (JO2) Jerimae M. Faustino emphasized the vital roles of discipline, security, and rehabilitation in correctional facilities.

Additionally, Jail Inspector (JINSP) Brit D. Aguilon's recruitment briefing introduced students to career paths in the Bureau of Jail and Management and Penology (BJ-



LC Allied Health faculty and staff stands with CDOCJ-FD and CDOCJ-MD for a photo.

MP) that merged public safety with healthcare. Jail Senior Inspector (JSINSP) Mary Rose S. Pacana further shared the significant influence healthcare professionals can make within the correctional system.

In cooperation with Dr. Madeleine C. Zamayla, Dean of the Allied Health Program, the initiative of JSINSP Mary Rose S. Pacana, Jail Warden CDOCJ-FD, Jail Superintendent (JSUPT) Marlon J. Ymballa, Jail Warden of CDOCJ-MD, JINSP Brit D. Aguilon, Community Relations Service Officers, and Jail Nurses, the talk paved the way for future nurses in the broader area of their profession that calls them to serve.



LC students give heartfelt celebration for the school's Catholic personnel through speeches, performances, and fun games.

Lourdesians honor LC personnel in a Special Celebration

Missy Grace Delmo

As a way to honor the commitment and service of the school's personnel, the Lourdes College Student Government (LCSG) orchestrated a memorable Catholic Personnel's Day on January 24, 2025, at the Lourdes College Main Campus.

The main event commenced at the Auditorium as the opening remarks was delivered by the LCSG President, Mr. Jansen Ivan M. Wenceslao, who conveyed deep appreciation for both the teaching and non-teaching personnel of LC. A memorable highlight of the event was the array of speeches and live performances by students from various programs who showcased excellence through their immense set of talents. This heartfelt dis-

play of appreciation led both students and personnel to reflect on the unconditional service they have rendered to the institution, made possible through God's glory.

The celebration peaked with excitement during the games prepared by the event organizers, bringing out the laughter and playful spirit of the personnel through their wit and cleverness. "The institution's personnel are committed to equipping the Lourdesian community with a holistic formation," Dr. Revina O. Mendoza concluded the celebration, implying the institution's unwavering dedication to nurturing well-rounded individuals through holistic formation and fostering a community rooted in love and harmony.



LC joins the RVM-EMC Research Congress '25

Missy Grace Delmo

On March 14 to 15, 2025, Lourdes College proudly took part in the RVM-EMC Research Congress 2025, with the theme "Empowering Communities through Research and Innovation," held at the University of the Immaculate Conception (UIC), Davao City.

The congress aimed to strengthen a dynamic research culture across RVM schools. Lourdes College delegates, including distinguished students and faculty, actively participated in the two-day event. The opening program featured messages from DepEd and CHED officials, followed by a remarkable plenary talk by Dr. Emma

Mirza Wati Mohamad from University Kebangsaan Malaysia, where she emphasized the role of communication in driving social change. The second day continued with parallel sessions where participants presented studies across various fields.

The congress concluded with an awarding ceremony which underscored research's role in transforming communities and reaffirmed Lourdes College's commitment to academic excellence and nation-building.



LC welcomes MOGCHS, CDONHS students in Campus Tour

Mary Sylene Señara, Reeve Dalauta

As part of its 97th founding anniversary celebration, Lourdes College extended its festivities beyond its walls by welcoming student visitors from Misamis Oriental General Comprehensive High School (MOGCHS) and Cagayan de Oro City National High School (CDONHS) for a campus tour held on February 10, 2025.

The campus tour was among the key activities lined up for the school's foundation days which was aimed to introduce other students to the academic environment, facilities, and programs offered by the institution while also encouraging them to consider LC for their future studies.

During the visit, students were guided through the campus and its various facilities, including laboratories, libraries, learning spaces, and recreational areas. The students from MOGCHS were given the tour in the morning, while CDONHS was catered in the afternoon. On the same day, the Program Day also took place, offering a closer look into the different Senior High School strands and College programs available.

By sharing this experience, LC hopes to inspire future Lourdesians to embrace its core values of faith, excellence, and service, and perhaps, to walk its halls as official students in the coming school year.



LC Student Leaders unmask true leadership in Training Seminar 2.0

Reeve Dalauta

Guided by the theme, “The Mask of Leadership,” the Lourdes College Student Government (LCSG) spearheaded an Ignacian Marian Leadership Training Seminar 2.0 on March 22, 2025, at the Audio-Visual Room (AVR), inviting students from the Higher Education and Senior High School levels.

“Many are called but few are chosen [...] your commitment to show up today reflects how responsible you are,” Dr. Marvin Arrabaca, Dean of Student Affairs and Services, said in his welcoming remarks. He highlighted the students' proactiveness and dedication to their leadership roles and initiative in seeking opportunities for growth and development.

Consequently, the seminar was expertly guided by guest speaker Ms. Allyca Khaye Jamodiong, leading the



Ms. Allyca Khaye Jamodiong sharing her insights (right); whereafter, student leaders culminate the seminar with a photo with Ms. Jamodiong, Dr. Marvin Arrabaca, and Ms. Angelica Ruth Turno (left).

session with engaging and interactive activities, inspiring discussions, and insightful learnings. “A leader is there because they have a purpose, you step up to the task because it is a calling,” Ms. Jamodiong shared. “It’s not just about having a title or position [...] it’s about how you guide, influence, and empower others,” she added. The session enabled student leaders to explore the complexities of balancing academic duties with the roles in their respective organizations, all while staying authentically true to their passion and purpose. Ms. Jamodiong expressed how “the mask of leadership becomes a problem if leadership becomes performative” in her talk, which reflected the fundamental principle of leadership: service rooted in genuine care and intention.

As the seminar neared a conclusion, she left the audience with a saying, “*Walay impact inyong paglead if walay heart,*” (Your leadership will have no impact if there is no heart) that resonated with the aspiring leaders, urging them to lead with authenticity and genuine commitment.

LCSG declares new officers in PINILIAY '25

Reeve Dalauta

The Lourdes College Student Government (LCSG) held its annual election through *PINILIAY 2025*, on May 2, 2025 with the results announced on the same day, having substantial voter turnout of 1,046, as accounted for in the results for President and the Secretaries. The campus election demonstrated the active engagement of the Lourdes College student body in campus governance.

The newly elected LCSG officers for Academic Year 2025-2026 will be led by President Marianne Roqueza A. Reyes, who received 709 votes (67.8%), and will be supported by Kennon Ray Dalapo as Vice President, garnering 553 votes (52.9%). The other key positions in the student government have been filled by Ven Loyd C. Tarre as Executive Secretary, topping the count with 737 (70.5%); Alchell Galenzoga as Secretary of Social Affairs, drawing 584 (55.8%); Mira Angel A. Alitao as Secretary of Finance with 729 (69.7%); Jansen Ivan M. Wenceslao as Secretary of Audit, leading significantly with 918 (87.8%); Tricia Nicole C. Guirit as Secretary of Information, receiving 740 (70.7%); Jesse Alferez as Secretary of Sanitation and Discipline, accounting for 581 (55.5%); and Zeal Clement Mahinay as Secretary of Sports and Wellness, who polled 743 (71%).

Representing the various academic programs as commissioners are Kerbie Y. Fernandez for AISSAC-IT, Meriam Trisha T. Cañete for Allied Health, Rona Lorraim F. Abao for Arts and Sciences, Aivan Rey M. Serna for Business Education, Joem Dela Cruz for Hospitality Management, Andrei Knowell L. Olape for Social Work, and April Rose P. Igloria for Teacher Education.

With the newly elected officers now at the helm, the LCSG is expected to play a crucial role in representing student interests and fostering a vibrant campus community throughout the next academic year.

LOURDES COLLEGE STUDENT GOVERNMENT

VICE-PRESIDENT
Kennon Ray Dalapo

PRESIDENT
Marianne Roqueza Reyes

EXECUTIVE SECRETARY
Ven Loyd Tarre

SECRETARY OF SOCIAL AFFAIRS
Alchell Galenzoga

SECRETARY OF FINANCE
Mira Angel Alitao

SECRETARY OF AUDIT
Jansen Ivan Wenceslao

SECRETARY OF INFORMATION
Tricia Nicole Guirit

SECRETARY OF SANITATION AND DISCIPLINE
Jesse Alferez

SECRETARY OF SPORTS AND WELLNESS
Zeal Clement Mahinay

AISSAC-IT COMMISSIONER
Kerbie Fernandez

ALLIED HEALTH COMMISSIONER
Meriam Trisha Cañete

ARTS & SCIENCES COMMISSIONER
Rona Lorraim Abao

BUSINESS EDUCATION COMMISSIONER
Aivan Rey Serna

HOSPITALITY MANAGEMENT COMMISSIONER
Joem Dela Cruz

SOCIAL WORK COMMISSIONER
Andrei Knowell Olape

TEACHER EDUCATION COMMISSIONER
April Rose Igloria



Rev. Msgr. Jose Alan P. Pulgo, SSJV, blesses a bust of Mother Ignacia during the mass (top); whereafter the mass, LC personnel and students walked in a procession back to the main campus (bottom).

LC commemorates Mother Ignacia's 362nd Baptismal Anniversary

Reeve Dalauta

Lourdes College joined the commemorative celebration of Mother Ignacia Del Espiritu Santos' 362nd Baptismal Anniversary on March 3, 2025, at the St. Augustine Cathedral, presided by Rev. Msgr. Jose Alan P. Pulgo, SSJV.

The celebration reminded Lourdesians of the profound significance of baptism, a sacrament of initiation that welcomes individuals into the kingdom of God and cleanses them of original sin. Relating to this essence, Rev. Pulgo, SSJV, shared in his homily that "Baptism enables us to be a new creature, a true child of God [...] for with it, God will both be with us and in us."

He further shared in his homily that Mother Ignacia's baptism laid the foundation for her remarkable spiritual journey. He highlighted how this pivotal event guided her discernment of God's will and ultimately led to the founding of the congregation of the Religious of the Virgin Mary (RVM).

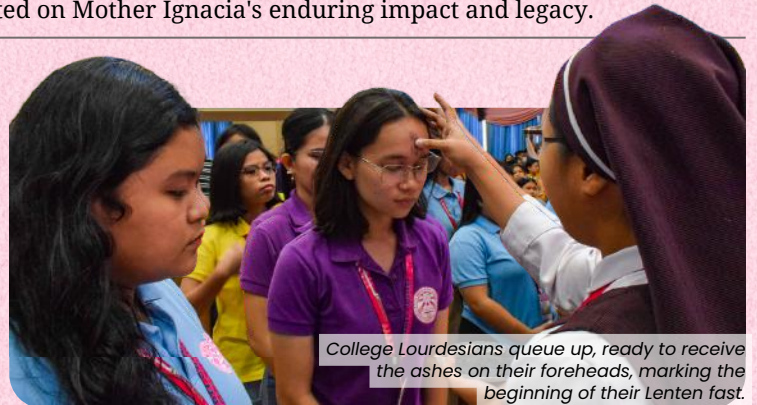
Following the mass, Lourdes College students, faculty, and staff participated in a solemn procession back to the campus. The quadrangle resonated with gratitude as the institution reflected on Mother Ignacia's enduring impact and legacy.

Lourdes College observes Lent with Ash Wednesday Mass

Reeve Dalauta

With the Lenten season approaching, the Lourdes College community held its Ash Wednesday Mass on March 5, 2025, at the LC Auditorium, which was presided over by Rev. Msgr. Jose Alan Pulgo, SSJV, STL. The celebration signified the onset of the 40-day period of reflection, repentance, and spiritual discipline wherein Rev. Msgr. Pulgo shared that "The mark of the cross on our foreheads makes us one with God, we are under his ownership for we are His."

He further elaborated that the ash markings we bear compel and encourage us to be humble for our vulnerability as sinners. "We should not be proud of these markings because it shows that our wickedness needs to be repented," Rev. Msgr. Pulgo added. As he closed his homily, Rev. Msgr. Pulgo shared the frailty of humanity as we continue to seek



College Lourdesians queue up, ready to receive the ashes on their foreheads, marking the beginning of their Lenten fast.

grace, emphasizing the transformational journey this Lenten season brings for Catholics.

Consequently, the mass resounded the essence of fasting, genuine prayer, and charitable almsgiving to emulate Christ's sacrifice and prepare for the celebration of His resurrection, and ultimately bringing the Lourdesian community closer as one synodality.

Lourdes College partakes in Stations of the Cross

Reeve Dalauta

Lourdes Colleges participated in the Stations of the Cross, a significant practice during the Lenten season. This observance, which started on March 7, 2025, at 3:00 PM, allowed the students and faculty members to reflect in making way onto the 14 stationed crosses around the campus.

All of the participants engaged in a profound reflection on Christ's Passion and death on the cross while walking to-

gether to pray collectively and show commitment during the holy season. The act of moving from station to station, accompanied by prayer and contemplation, strengthened Lourdesians' faith and introspection on the importance of sacrifice and redemption.

The long-standing practice of this occasion allowed Lourdesians to deeply reflect on the sacrifice of Jesus, fostering spiritual growth and strengthening our faith.



United in faith, the LC community participates in the Stations of the Cross as they collectively walk the 14 stations placed around the main campus.

Archbishop Cabantan Confirms 55 Lourdesians in Ceremony

Reeve Dalauta

A total of 55 Lourdesians received the Sacrament of Confirmation—comprising of 3 college students, 20 from Junior High, and 32 from Senior High school through the Most Reverend Jose Araneta Cabantan, DD, Archbishop of the Archdiocese of Cagayan de Oro City, last March 31, 2025, at Saint Augustine Cathedral.

In his homily, Rev. Bishop Jose Araneta Cabantan, DD, underscored the communal nature of the sacrament, stating that this occasion "is a celebration of the whole Christian community," recognizing the vital role and support of parents, guardians, and sponsors in the candidates' faith formation. "The celebration of the sacrament is always a communal celebration," Rev. Bishop Cabantan added.



Lourdesian confirmands holding lit candles to symbolize the Light of Christ and the flame of faith that calls them to keep burning in their hearts.

Echoing Pope Francis's words, "No one baptized himself or herself," Archbishop Cabantan shared with the attendees the importance of collective nurturance of faith and the interconnectedness of individuals having completed the Sacraments of Initiation. He further elucidated the transformative essence of Confirmation: to deepen the recipients' faith, bestow upon them the gifts of the Holy Spirit, and empower them to actively live out their Christian mission in the world.

Al-Ilham Organization celebrates Grand Iftar

Eicee Jane Balingkit

The Muslim brothers and sisters from Al-Ilham Organization—Lourdes College Muslim Students Organization set up their Grand Iftar celebration at the Lourdes College rooftop on March 28, 2025, for the first time.

Lourdes College, with the active leadership of its Campus Ministry headed by Sister Paulette Maria Goretti Ankrah, RVM, and Ms. Angelica Ruth Turno, Head of the Senior High PSAD office, organized a Grand Iftar at the close of a day's fast during Ramadan which is a sacred and cherished tradition that unites Muslims worldwide in reflection, gratitude, and community.

This inaugural event brought together Muslim students for a special evening of togetherness and spiritual renewal. With Lourdes College's inclusivity and diversity, the celebration was a successful one for the Muslim brothers and sisters. This event highlighted the importance of honoring religious practices and fostering an environment where, despite religious beliefs and differences, every individual feels respected, valued, and truly at home within the community.



Muslim Lourdesians celebrate the Iftar through prayer and thanksgiving as they break their fast at sunset during Ramadan at the LC Rooftop.

LC NSTP Students Go Green with Tree-Planting Activities

Eicee Jane Balingkit, Reeve Dalauta

First-year students of Lourdes College's National Service Training Program (NSTP) successfully pulled off two tree-planting activities at Luyong Bonbon, Opol, and Barangay Iponan on March 15 and April 5, 2025, respectively. Both activities promoted environmental preservation and community engagement, overseen by NSTP Coordinator Mrs. Mary Ann Escobal and other NSTP instructors.

In collaboration with the Red Cross Youth Lourdes College (RCY-LC) Council, the NSTP department on March 15 conducted a Mangrove Planting Activity at Luyong Bonbon, while a culminating tree-planting activity was carried out at the RVM Farm, Barangay Iponan on April 5. On one hand, the former event served as an annual endeavor of the institution's dedica-



NSTP students planting mangrove seedlings along Luyong Bonbon's coast.

tion to coastal rehabilitation and community engagement; the latter was a culminating project for the NSTP students as they planted fruit-bearing saplings they had nurtured since the start of the semester, demonstrating personal environmental stewardship. Guided by the Luyong Bonbon personnel and RVM Farm Sisters and workers on respective occasions, the activities fostered a deeper sense of responsibility towards the environment and community among participants.

United by a shared purpose in nurturing and protecting years of environmental heritage, the initiative underscored LC's continuous endeavor for ecological preservation and cultivation of students with a deeper sense of social responsibility.



OF FAITH, EXCELLENC



years

LEARNING, AND SERVICE



PILGRIMS OF HOPE: JOURNEYING WITH THE CHURCH THIS JUBILEE YEAR

Reeve Dalauta

February is a chapter that turns into a new page of the 97th founding anniversary of Lourdes College. The excitement of the festivities transformed into a meaningful celebration that marked a salient moment of commemorating the institution's rich history which is the founding spirit that Mother Ignacia del Espiritu Santo's legacy has shaped throughout the decades. Under the inspiring theme "LC@97: Pilgrims of Hope: Journeying with the Church this Jubilee Year," LC aligned its celebrations with the Catholic Church's observance as a year of hope that transformed the campus into a vibrant hub of celebration, reflections, and community spirit for five consecutive days.

Before the official opening of the event, the Red Cross Youth Council (RCY), in partnership with the National Service Training Program (NSTP) Department, carried out a Blood Donation Drive on February 5, 2025, serving as a selfless prelude to the festivities, embodying the spirit of service and setting a compassionate tone for the days that followed. Themed "Every Donor is a Hero," this year's annual RCY blood drive saw a significant increase in participation with an impressive collection of 190 bags of blood obtained especially coming from first-time donors. Following this, the commencement on February 7 at the St. Augustine Metropolitan Cathedral dawned

upon the Lourdesian community with fervor at 7:30 in the morning as the institutional mass ushered in a renewed energy that fostered a collective anticipation for the anniversary celebrations. Consequently, the motorcade that featured vehicles clad in colorful designs showcased different college programs and senior high school strands, making rounds in the city with lively beats from the pink and white ensemble of the Drum Corp., has echoed throughout the streets.

As the day progressed, intellectual prowess took center stage at the Auditorium with the final round of the Debate Competition exchanged their masterful arguments and elocution skills while the harmonious blend of talent and faith with the Singing Contest for college and senior high school students reverberated at the Quadrangle. Tying the strings on a successful first day, the Praise Jam and Music Palooza married joy and spirituality among Lourdesians—grounding the festivities with the essence of spiritual journey as Pilgrims of Hope.

February 8, Day 2, offered a deeper dive into the community's role and potential. The Advocacy Seminar, themed "The Role of Youth in Nation-Building," held at the AVR inspired students to recognize their vital contribution to society, aligning perfectly with the Jubilee Year's call for active engagement. The day's intellectual



challenge came with the Brain Blitz Trivia Quiz Bee at the Quadrangle, wherein numerous teams from the College and Senior High School Departments participated. In the afternoon, the school then erupted in a kaleidoscope of movement and rhythm with the Festival Dance Competition, brewing of cultural heritage and program unity. The day culminated in a heartfelt reunion as alumni reconnected at the “*HALI NA MO! LC Alumni Homecoming*” event at Limketkai Center, bridging generations of Lourdesian spirit.

On the third day, a special night dedicated to honoring those who have profoundly shaped LC's journey in holistic formation was marked by the Jubilarians Night, a moment of nostalgic reflection and gratitude, celebrating the enduring connections and contributions of past graduates. Subsequently, the fourth day on February 10 shifted focus towards community engagement and program distinction with a campus tour with partner schools for the entire day, welcoming prospective students and collaborators, offering a glimpse into the promising academic life in LC. Meanwhile, the Modern Dance Competition saw a spectacular display in the afternoon as it exhibited the charisma and youthful vigor of Lourdesians when they owned the Quadrangle with their captivating dance moves. The day gracefully concluded with a Cultural Show that also served as a Stakeholders Appreciation

Day, acknowledging the invaluable support of the college's wider community and presenting a well-rounded performance from students and teachers in a captivating array of local and contemporary arts.

The anniversary week reached its zenith on February 11, the last day of its festivities, with the institutional procession and Feast Day Mass at the St. Augustine Metropolitan Cathedral. This solemn yet joyful observance reaffirmed the college's spiritual roots and its journey as Pilgrims of Hope that brought a touch of nostalgic charm and a profound sense of spiritual renewal, truly embodying the Jubilee Year's call to deepen faith as the institution reflected on nearly a century of grace and purpose.

Through this meticulously planned and passionately executed anniversary celebration, Lourdes College marked its 97th year with unwavering and collective pride as it deepened its connection to the Church's Jubilee Year theme. Each event, from the lively program booths buzzing with student-led initiatives to the vivid expressions of dance and song, served as a testament to hope: a hope grounded in faith, nurtured by community, and illuminated by the enduring legacy of an institution committed to holistic education and servant leadership. As Lourdes College moves closer to its centennial, this five-day journey truly embodied a pilgrimage of hope, inviting all to walk forward with renewed spirit and purpose.

SSSVE Club Participates in SJVTS Forum with Archbishop Cabantan

Jesse Alferez

On Thursday, March 13, 2025, the St. John Vianney Theological Seminary (SJVTS) held a theological forum at its Main Chapel, with its theme *Spe Salvi Sumus (In Hope We Are Saved)* from Romans 8:24. The event brought together seminarians, theology faculty members, and invited guests which include participants from the Teacher Education Program's Society of Social Studies and Values Education (SSSVE) Club for a rich day of spiritual and theological reflection. The forum's keynote speaker, Most Reverend Jose Cabantan, DD, Archbishop of Cagayan de Oro, shared profound insights rooted in his episcopal motto, which also served as the forum's guiding theme.

The SSSVE Club delegation, led by Moderator Gabriel Andrew Reyes and President Jesse Alferez, were among the attendees. Their participation highlighted the growing collaboration between theological formation and teacher education, particularly in nurturing values-based leadership among future educators.

Archbishop Cabantan opened his talk by reflecting on '*Spe Salvi Sumus*,' reminding the audience that hope is not sim-



SSSVE Club members with Mr. Gabriel Andrew Reyes (center, light blue polo) taking a photo with Most Reverend Jose Cabantan, DD, Archbishop of Cagayan de Oro (center, gray polo).

ply a human emotion but a theological virtue grounded in God's promises. He drew connections between Romans 8:24 and the encyclical *Spe Salvi* by Pope Benedict XVI, emphasizing that Christian hope leads believers through suffering, sustains them in uncertainty, and anchors them in the promise of salvation. Sharing personal experiences from his pastoral work in Northern Mindanao, the Archbishop described how communities enduring hardship still radiate hope.

He then urged seminarians and future educators to become 'bearers of hope' in their vocations. The presence of the SSSVE Club underscored education's role in forming leaders rooted in both knowledge and faith. Through Archbishop Cabantan's reflections on '*Spe Salvi Sumus*,' participants were reminded of hope's transformative power in ministry and education.

LC remembers 39th EDSA Anniversary

Missy Grace Delmo



Fr. Jonas Awayan, SSJV, delivering a reflective recount of EDSA's essence to the younger generation of Lourdesians.

mon goal of resistance without bloodshed. He highlighted that the peaceful movement symbolized the people's desperation amid chaos, rooted in their unwavering faith, unity, and pursuit of freedom through collective action.

"Faith without action is dead," he said, quoting *James 2:26*. Fr. Awayan emphasized that the EDSA movement demonstrated how faith was put into action. He pointed out how ordinary citizens, united in prayer and purpose, stood firm yet peaceful in their call for change.

The event shed light on the patriotism and unity shown by Filipinos during one of the most significant moments in the country's history. Their brave actions were rooted in faith, driven by a pursuit of excellence, and carried out in service to the nation.

In observance of the 39th EDSA People Power Revolution, Lourdes College hosted a commemorative talk led by Fr. Jonas A. Awayan, SSJV, at the Lourdes College Auditorium on February 24, 2025.

Fr. Awayan, SSJV, centered his talk on the spirit of EDSA, where people from diverse backgrounds united for the com-

LC TEP empowers voters in Democracy in Action Seminar

Kennon Ray Dalapo

The Teacher Education Program of Lourdes College hosted an engaging and timely voter education seminar titled "Democracy in Action: A Voter's Guide" on May 7, 2025, via Google Meet. The event was attended by over 70 TEP students and spearheaded by guest speaker Mr. Fredmar A. Gemino, LPT, MAT, who emphasized the moral and ethical responsibilities of voting.

Mr. Gemino urged the students to embody integrity and

discernment as future educators and voters. "Voting is both a right and a civic duty," he stressed, pointing out the need to reject dishonest practices like vote-buying and to vote not for personal gain, but for the common good. Interactive segments, including live quizzes, helped reinforce the importance of knowing candidates' platforms and understanding the voter registration process.

The event concluded with a call to action: for students to not only vote wisely but also inspire others to do the same. Lourdes College continues to shape not just educators, but also nation-builders as the seminar left a palpable impact on the students as catalysts for change.

Arts and Sciences Students Win Big at Brain Blitz Trivia Quiz Bee

Angelica Clarabal



(From left to right) Cheryl Isidro, Angelica Clarabal, and Christine Pajayac snap a photo after being declared the winners.

The Brain Blitz Trivia Quiz Bee, facilitated by the Lourdes College Student Government, was organized and held at Lourdes College Quadrangle on February 08, 2025, where 3rd-year students from the Arts and Sciences Program “Teambangan,” namely Angelica Clarabal, Cheryl Isidro, and Christine Faith Pajayac, were declared as champions.

Christine Pajayac and Cheryl Isidro shared the same initial sentiments in joining the said quiz bee. “*I was hesitant jud na mag apil, labi na sa quadrangle ang venue* (I was hesitant to join, especially that it will be held at the Quadrangle),” Christine Faith Pajayac stated. “*Pero pag clarify na by team diay ang quiz bee, naka gain rako ug courage to participate* (However, after it was made clear that it would be played by team, I gained courage to participate),” she added, emphasizing the strength that comes from having a team that could collectively work together for a common goal.

Their incredible victory was an indication that while fear and doubt may cast shadows on the journey, the presence of someone who believes in you can light the way. Their triumph wasn’t just about winning, it was also about rising together to prove that courage increases when it is shared.

Nursing Program triumphs over Social Work Program in LC Debate ‘25

Missy Grace Delmo

The annual battle of wits during the debate, one of the main highlights of the 97th Lourdes College Founding Anniversary festivities, was held at the Auditorium on February 7, 2025, where the competition showcased the intellectual prowess and eloquence of its participants.

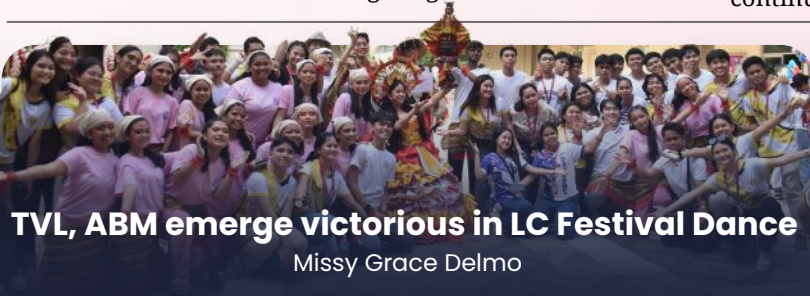
The Nursing and Social Work programs both advanced to the finals with strong arguments and exceptional speech delivery. Representing the affirmative side, the Nursing Program emerged victorious in the battle for Best Debating Team, while the Social Work Program, on the negative side, finished as the runner-up. Among the eight debaters, Mr. Redeemer Salo from the Nursing Program was acclaimed as



Nursing students (center, white) with Bridgette Sandoval (center-right, black) receiving their respective awards with the Debate Competition heads (far left) and guest judges (far right).

Best Debater, while Ms. Bridgette Flor Sandoval from the Social Work Program was named Best Speaker.

The debaters’ pursuit of excellence throughout the competition stands as a testament to their dedication and hard work. Their efforts not only brought pride to their respective programs but also inspired their peers to continue striving for greatness.



TVL, ABM emerge victorious in LC Festival Dance

Missy Grace Delmo

On February 8, 2025, the annual Festival Dance Competition was held at the Quadrangle in celebration of the 97th Founding Anniversary of Lourdes College where the joint TVL and ABM team emerged as champions.

The College and Senior High School Departments went head-to-head in the competition as the winners’ rendition of the Sinulog Festival secured them the crown. Social Work claimed the first runner-up title with their performance of *Kaamulan* Festival. Meanwhile, STEM 1 was the second runner-up with their vibrant presentation of the *Masskara* Festival.

The crowns for Festival Queen and King found their rightful bearers as Ms. Dexie Mariz Mediante from the Hospitality Management Program was crowned Festival Queen, while Mr. Ethan Zachary Cole Sarraga from the Senior High School Department was honored as Festival King.

Arts and Sciences Program dominates Modern Dance Competition

Rajean May Pulgo

As part of Lourdes College’s festivities for its founding anniversary, the Modern Dance Competition hailed the Arts and Sciences Program as champions on February 10, 2025, at the Quadrangle.

Participated by seven college programs, the event started at 1:00 in the afternoon at the same venue. Following closely at the crown, the AISACC-IT Program was the first runner-up, while the Allied Health Program obtained the second runner-up title.



Arts and Sciences dance team captures a photo with competition judges, Dr. Marvin S. Arrabaca, Ms. Kimberly Joy S. Sanchez, and other LC faculty.



Student researchers with LC personnel pose with their certificates on stage during the awarding ceremony at the Auditorium.

Student Researchers Shine in the 4th Annual Institutional Student Research Forum

Alve Jane Aranton

Last May 7, 2025, student researchers across clusters took center stage during the 4th Annual Institutional Student Research Forum, spearheaded by Dr. Noel Pit, Head of the Research, Planning, and Development Office. The event was truly a celebration of curiosity and innovation, as it highlighted the brilliance and dedication of young researchers who presented and defended their work with passion and precision.

Participants competed in two main categories: Best Visual Presenter and Best Oral Abstract Presenter, with awards given across multiple clusters. In Cluster 1, Ritchie Ian M. Antonio bagged the Gold for Best Visual Presenter, followed by Gessel Rose R. Somo (Silver) and Meika Pauline Daulong (Bronze) for Outstanding Visual Presentations. Meanwhile, in Cluster 2, Neziel B. Asna clinched the Gold, with Kimberly Vine Beholt (Silver) and Zenith Fraul Chiong (Bronze) earning top recognition for their visual presentations.

Oral abstract presentations also showcased exceptional talent: Theresa Marie Oco led Cluster 1 with a Gold award, while Andrey Aquino (Silver) and Pamela Stephan D. Fuentes (Bronze) impressed the panel with their clarity and insight. In Cluster 2, Marie Ritz Trizte Bithas received the Gold, followed by Joshua Ejida (Silver) and Myzzie Chyle M. Japson (Bronze).

These awards reflected not just the gift of academic excellence but the deeper understanding and commitment of students to inquiry and meaningful research. As the event concluded, it became clear that with the bold voices of students, the future of research is both bright and incredibly promising.



Beyond Limits: The BSBA Days 2025

Kent Jordan Nadela

The BSBA Days 2025, a three-day extravaganza held from April 2-5, 2025, under the inspiring theme "Igniting Passion, Cultivating Innovation, and Transforming the Future," lived up to its name. The event was a vibrant showcase of the exceptional talents within the business administration sphere, encompassing everything from sharp business acumen to creative design, entrepreneurial drive, and compelling presentation skills.

The atmosphere buzzed with intellectual energy during the Quiz Bowls, where strategic minds locked horns. Innovation took center stage in the Product Making Contest, revealing ingenious creations, while the Feasibility Study Showcases presented promising ventures, notably "Laughthirst" and "Chicfry", two distinct food business concepts. Adding another layer of intellectual depth was the Business Research Summit, where di-

verse research papers were presented. The celebration extended beyond Lourdes College, warmly welcoming and showcasing the remarkable abilities of students from other institutions, fostering a dynamic exchange of ideas and skills.

The culmination of this spectacular event was the dazzling Mr. & Ms. Business Ambassadors 2025. The newly crowned Mr. Business Ambassador, Nathaniel Granaderos of Grade 12 ABM, and Ms. Business Ambadress, Theresa Marie Oco, a 4th Year Accountancy student, truly embodied the spirit and excellence of the Business Education Program.

BSBA Days 2025 served as a powerful testament to how passion and innovation can indeed drive the future, right within the halls of Lourdes College.

CELEBRATING THE PROWESS OF HOSPITALITY AND TOURISM IN GRAND HM DAY 2025

Angelica Clarabal

This year's HM Day took place with the theme, *Kagay-anon Culinary Heritage: Elevating Traditions Through Innovation*, honoring the industry's vibrant traditions, talents, and passion. Celebrated last February 26, 2025, the event showcased the finest talents of hospitality and tourism students who proved that tradition and creativity go hand in hand.

The event started with a formal opening ceremony that included the national anthem, ribbon cutting, and the announcement that HM Day had begun. This was followed by a series of professional competitions that tested the students' readiness for the hospitality industry.

The competitions showcased various aspects of the hospitality in-

dustry, from the artistic precision of latte art, *kapentura* (coffee painting), and cupcake decorating to the technical expertise displayed in the chef culinary challenge and knife cuts competition. Students demonstrated professional service standards through the flight attendant, waitering, and tour guiding competitions, while creative presentations were featured in the table skirting and centerpiece contests.

Each competition category tested technical skills while celebrating the passion, dedication, and heart of every Lourdesian in the Hospitality and Tourism Program. The success of HM Day served as a lively reminder that hospitality is not just a career but a calling to serve with heart, skill, and style.

HEARTFELT CONNECTIONS UNITE STUDENTS AND FACULTY IN LC'S SW DAY

Mary Margarete Labininay

On March 18, 2025, the Junior Social Workers Association of the Philippines (JSWAP) LC Chapter gathered at the Lourdes College Main Campus Lobby to celebrate Social Work Day with the theme "Strengthening Intergenerational Solidarity for Enduring Wellbeing." This celebratory event brought together social work students and faculty in a vibrant atmosphere characterized by warmth, engagement, and collaboration. Social Work Day holds a significant place in recognizing the invaluable contributions of social workers globally, aiming not only to honor their relentless efforts but also to educate the public about the essential role they play in creating transformative change in the lives of individuals and communities.

The festivities began with a trivia contest crafted by the JSWAP-LC Officers, covering various social work topics to foster learning and belonging among new entrants to the field. This engaging activity was a perfect icebreaker, allowing students to form connections while enhancing their knowledge base. The ceremonious opening of the JSWAP booth included a ribbon-cutting ceremony led by the Social Work Coordinator, Mrs. Sheena Marie P. Abad, alongside JSWAP-LC Chapter moderator, Ms. Jan Trisha Sabaiton, JSWAP-LC Chapter President, Ms. Mary Margarete Labininay, and faculty members, Mr. Justine Granaderos, and Ms. Leizel Morula. The booth buzzed with excitement as students participated in enriching activities ranging from trivia games to interactive installations like a freedom wall, displaying messages of support.

The first day blended creative expression with advocacy, featuring essay writing and poetry contests that highlighted social work's essence through literature, alongside a poster and slogan contest in the canteen promoting the annual theme. These events served as crucial platforms for students to articulate their understanding of social work's societal impact. Complementing these activities, the "Nag Social Work Ko Because..." social media campaign allowed students to share their personal motivations, while a "Day in My Life as a Social Work Student" vlog contest offered an authentic look into their academic journeys, collectively inspiring future social workers, and emphasizing the profession's potential for positive community change.

The second day of the Social Work Day celebration culminated in a collaborative outreach activity titled "One Mission, One Heartbeat: Building Strength Through Action," organized in partnership with the Lourdes College Community Involvement Program. Though students remained on campus, faculty and JSWAP officers delivered collected toys, food, and storybooks to Barangay Consolacion's daycare community, underscoring social work's core values of empathy, responsibility, and social justice through direct service. This two-day event successfully raised awareness for the profession and reinforced the importance of intergenerational ties, highlighting that the commitment to social work extends beyond the classroom, fostering a future built on solidarity and collective action.

Reaching Students Beyond the Office

Reeve Dalauta

Dr. Marvin Arrabaca, the Dean of Student Affairs and Services (DSAS) at Lourdes College, recently lent his expertise to the airwaves, when he appeared on the popular radio program *OVERTIME with Atty. Oscar Moreno* last February 13, 2025. With the keynote topic on *More Than Just Rules: The Dean's Role in Student Empowerment*, the radio segment shed light on the crucial role of the student services in every school to foster holistic student development and unlock individual potential, while providing vital support services that empower learners in navigating both academic challenges and personal growth.

The radio interview navigated the stellar legacy of Lourdes College as an institution of rich history in Cagayan de Oro, as Atty. Moreno and Dr. Arrabaca weaved past and present stories of the college's development and even had the opportunity to recall their fondest memories.

Dr. Arrabaca also offered listeners a personal glimpse into the experiences and passions that drive his dedicated commitment to education and the success of the students. Drawing from his corporate career, Dr. Arrabaca offered real-world insights in his teaching, illustrating how his role transcends the DSAS office by molding socially responsible and future-ready individuals. They further tackled on the dilemma of how an office can provide services even with a lack of resources. In response, Dr. Arrabaca shared the importance of innovation and creativity to deliver optimal services by stating that, "The best ideas are not always coming from the leader, *naay mga panahon nga gikan sa imong mga miyembro ang best idea, ang kulang lang is unsaon nimo pagpatingog sa ilaha nga maestro nila o maexpress nila*



ilang idea (there are times when the best idea comes from your members. The only lacking is how you can get them to speak up to their leader or how they can express their idea)." He further implied that cooperation from his office, the Student Government, the student populace, and other organizations are essential to mobilize efficient and substantial endeavors.

Concluding his talk with Atty. Moreno, Dr. Arrabaca described his role as more than just an official within the school, but rather an instrument that links students and administrators. "It's actually not about asking what you have done, but it's actually about what else can I do," he affirmed, highlighting his proactive approach to student support and empowerment.



speaker who shared her uplifting and grounded view on women's role in society and the evolving understanding of feminism.

In her talk, Ms. Legaspi highlighted the challenges faced by marginalized groups—including women and persons with special needs in society. These challenges, ranging from discrimination to Violence Against Women and Children (VAWC), have fueled the feminist movement; a movement that historically propelled a new age of equality and justice.

"While girl power is about confidence and achieving things independently, it is also about widening the scope of empathy—seeing beyond your own perspective," she added. Feminism goes beyond addressing inequality; it cultivates resilience and empowers the marginalized to take up space with confidence and conviction.

Is it simply about "girl power," or something deeper? Lourdes College's Women's Month event, hosted by the Guidance and Counseling Center, held an inspiring talk on April 2, 2025, with the theme "Shattering Limits, Shaping Futures: Women's Voices Matter." The event, held at the Auditorium, featured Ms. Nadine Hendrikka Legaspi, distinguished author of *The Fireline: Stories from Cagayan de Oro*, as the guest

Following the presentation of a Certificate of Appreciation to Ms. Legaspi by the event's inaugural speaker, Ms. Alve Aranton, Rpm, the closing remarks were delivered by Ms. Rosemarie Ann Silmonet, LC's Guidance Counselor. She emphasized, "Your engagement is also a testament to our commitment in creating a more equitable future," capturing the event's call to resist discrimination, uplift marginalized voices, and stand against inequality.

FebruCare: Love Safe, Love Smart -More Than Just Awareness

Mary Margarette Labininay

In a world where information is readily available yet misconceptions still persist, talking about HIV/AIDS continues to be a challenge. But at Lourdes College, the students took an active step in shattering the silence by bringing in *FebruCare: Love Safe, Love Smart*, which paved the way for not just awareness but also a call for action, responsibility, and compassion. Organized on February 26, 2025 at the Auditorium, the activity was a joint project of the Peer Facilitators & Psych Circle Club (PFAPCC) and the Ignacian-Marian Oro Scholars (IMOS). The activity unified scholars, students, and professionals for an open discussion of HIV/AIDS prevention, sexual health, and deconstruction of stigma, which are long-standing issues but are rarely discussed.

Even with all the medical advancements, HIV is still one of the misunderstood health conditions today. Misinformation gives rise to growing stigma, which makes it increasingly difficult for individuals to seek help or even talk about it without being criticized. Guest speaker Ms. Mirasol Flores, an HIV awareness activist, gave an honest and informative lecture on safe sex habits, the importance of HIV testing, and medication. She emphasized that HIV diagnosis is not a death sentence and that early detection, proper medication, and a supportive community can allow people to live normal, productive lives too. Meanwhile, City Health Office Representative Mr. Christopher Gonzales reiterated the necessity of de-stigmatizing HIV testing. Additionally, he further advocated for people to pursue free, anonymous HIV testing that is readily available for students. This process is a vital step towards being proactive regarding one's healthcare without the shackles of stigma or fear.

While FebruCare was geared towards health awareness, it also gave students a medium to express feelings that otherwise would remain unspoken through The IMOSStorya: PEERfect Confessions. The session allowed students to send anonymous words of gratitude, love, or heartbreak, which testified that love, however it arrives this time of year, never really goes away. Some were tearful, some sad, but they all carried the same message, that love is not always romantic but an act of consistent honesty, openness, and accountability.

At the end of the event, there was one powerful message that resonated all throughout the minds of everyone who participated: "Knowledge is power, but action makes it louder." And that's what this specific event has sought out to do, which is to give information at the forefront of it all while bringing about change. In standing up to controversial topics with honesty and compassion, students weren't only taught but given the tools to challenge their thinking, make intelligent choices, and promote a culture of awareness and empathy.



Ms. Mirasol Flores (left) and Mr. Christopher Gonzales (right) delivering their talks; whereas, students (center) participate in one of the activities during the program.

A Symphony of Reflective Voices

Reeve Dalauta

Blending the art of storytelling with harmonious voices, IFP 1 students portrayed heartfelt performances in a Verse Choir Competition that showcased their literary and elocution skills that explored the values and legacy of Mother Ignacia Del Espiritu Santo, the reverend foundress of the congregation of the Religious of the Virgin Mary (RVM), on May 9, 2025, at the Auditorium.

With the theme "Honoring the Life and Spirituality of Mother Ignacia del Espiritu Santo," the event served as a culminating activity for the students under Mr. Gabriel Andrew V. Reyes, their instructor for the subject. Layering creative interpretations of Mother Ignacia's life and the lessons she had cultivated over the years, the stage was a source of poetic and choral expression. Although rooted in a competitive premise, the event was a key component of the Marian Month celebration, emphasizing Mother Ignacia's virtues of faith, humility, and selfless service.

Each of the eight participating sections crafted original verse compositions and adapted existing works centered on Mother Ignacia's life, spirituality, and devotion to Mary. A valuable

aspect of the competition was that sections were allowed to incorporate imaginative and distinctive costumes, props, visual effects, and instrumental accompaniment to their performances, which subtly enhanced their vocal delivery of their literary pieces. At the height of the program, NUR 1A was hailed as the champion, while TM 1A and NUR 1B were first and second runner-ups, respectively. Special awards were also given for Best Verse Choir Performance, Most Inspiring Performance, Best Vocal Expression, Best Original Composition, and Best Interpretation and Delivery, further recognizing the diverse talents and efforts of the participating students.

The echoes of the verse choir performances, resonating with the spirit and legacy of Mother Ignacia del Espiritu Santo, lingered long after the final applause in the Auditorium. "What I saw on that stage was more than just a class performance task but a beautiful celebration of faith, collaboration, personal success, and the legacy of Mother Ignacia brought to life by the students. I am humbled by their efforts in giving such performances, which were all great, and by the working committee class," Mr. Reyes shared. As NUR 1A stood as champion, the true victory lay in the collective honoring of a spiritual heritage—a potent reminder that the stories of faith and service continue to inspire and resonate across generations, ensuring that the memory of Mother Ignacia finds a new and melodious expression in the voices of these young students.



NUR 1A students gather on stage after being declared as the champions with Mr. Gabriel Andrew Reyes, contest judges, Ms. Kimberly Joy Sanchez, Arts and Sciences Dean, and other faculty members.

LOURDESIANS EMBARK ON A SPIRITUAL JOURNEY WITH LCNE 2.0

Missy Grace Delmo

A day filled with solemnity unfolded on May 2, 2025, marking the launch of the Lourdesian Conference on New Evangelization 2.0 with the theme *"Ibig po naming makita si Jesus."* The event was spearheaded by Mr. Jessie Felomino, a Religious Studies instructor and the Event Director, with the goal of uniting people from diverse backgrounds to connect with and rediscover Jesus.

The celebration commenced in the morning with the arrival of the statues of St. Jesus Nazareno and Our Lady of Antipolo, accompanied by a student performance featuring a Filipino mixed cultural dance salvo. The Nazareno Mass was held to officially open the celebration and for the preparation of the afternoon's festivities.

The celebration resumed at the Auditorium that began with the opening prayer "Let There Be Praise" marking the official start of the event, S. Maria Miraflor Bahan, RVM, School President, delivered her opening remarks that emphasized unity and spiritual renewal as a powerful Alleluia acclamation led by Fr. Manoling Francisco, SJ, which stirred the hearts of the gathered community was consequently followed. Adding depth and inspiration to the occasion, Rev.

Msgr. Jose Alan Pulgo, STL, SSJV, took to the stage to deliver an uplifting keynote speech, setting a hopeful and reflective tone for the rest of the day's events.

Before the much-anticipated musical play, the audience was treated to a vibrant community dance performance set to "Celebration" by Kool & The Gang. The musical play, titled "Si Nena at si Kris," captured the crowd's attention with its compelling storyline that portrayed a realistic journey of communion with Christ. It showed how He gently guides us, often through subtle means such as sending someone into our lives as an instrument to lead us back to Him. The challenges faced by the characters served as reminders that no matter how far we stray, we can always rely on His presence and return to His embrace.

Concluding the event with reflections from both the audience and participants gave the celebration a true sense of wholeness. It highlighted the essence of the Synodal Experience and the Synthesis Song Corner, which aimed to create space for shared voices, mutual understanding, and spiritual connection.



Sparkles, Stories, and Songs Surround Jubilarians Night

Eicee Jane Balingkit

Nothing beats the nostalgia and excitement of returning to one's alma mater, where students from the past walk along again in the halls of their younger years. The joy that came with it can be felt throughout the night of the Jubilarians Night of Lourdes College on February 9, 2025, held at the Auditorium with the theme, Pilgrims of Hope. The Host for this year's Jubilarians Night were the Silver Jubilarians, who were the last group of students to experience an all-girls environment before it became co-ed in the year 2000.

Even when the night was still young, the celebration was worth decades. Memories were reminisced and laughter echoed in the atmosphere. Collectively, the batches were regal and stunning in their outfits. The night went on, beginning with a grand entrance graced by the RVM sisters, administration, faculty, staff, and incorporated board of officers of the Lourdes College Alumni Association (LCCAAI). Meanwhile, the alumni themselves were the highlight of the night who were the 1965 graduates, Diamond Jubilarians, Emerald Jubilarians of 1970, Golden Jubilarians of 1975, Sapphire Jubilarians of 1980, Ruby Jubilarians of 1985, Coral Jubilarians of 1990, Pearl Jubilarians of 1995, and Silver Jubilarians of 2000. The event continued on with a presentation from the Lourdes College Cultural Group who magnified this year's theme.

The former president of LCCAAI, Ms. Gigi Go, set the stage for her opening remarks and urged everyone to take a moment to reflect on their journey, vision, and mission. "For 97 years, Lourdes College stood as a beacon of faith, excellence, and service. As we come back, we affirm the unwavering commitment to the value that has found us and the faith that continues to guide us." Ms. Go's message set the stage for the event, an encouragement for students to embrace the opportunities that lie ahead, and allow such an event to be a celebration of their shared history and present achievements. The President of Lourdes College, Sister Ma. Miraflor Bahan, RVM, also expressed her special message for the night, "Welcome home, welcome back to your alma mater", are simple words yet hold an insurmountable emotion for the alumnae. In addition, Sister Ma. Miraflor expressed her appreciation for the Alumni's generosity and kindness and for their unwavering support, commitment, and contributions, particularly for their provision of scholarships.

Beyond, the night featured more performances by the Jubilarians themselves. Each batch took turns showcasing their beautifully prepared dances and songs. Alongside their performances were heartfelt messages and generous donations for the scholars they have chosen to support. The LCCAAI presented the Alumni Scholars for the school year 2024-2025, who were namely: Angelica Ely, Amanda Amora, Aisha de Castro, Chloe Nicole Lim, Zanelle Chloe Balarias, and Kevin Anthony Peralta, who were present and also delivered their performances that captivated the audience.

To end the Jubilarians Night, the Jubilarians once again sang the LC Loyalty song with joyous voices and warmth, wrapping them as if bringing them back to their youthful days as a Lourdesian. At the end of such a special event, each of them carried away joy and lasting memories to treasure forever.





LOURDES COLLEGE

CAGAYAN DE ORO CITY

A Catholic Institution run by the Religious of the Virgin Mary Sisters



ARTS AND SCIENCES PROGRAM

- ***Bachelor of Arts (AB) in: - English Language - Communication
- ***Bachelor of Science in Psychology
- ***Bachelor of Library and Information Science
- Bachelor of Music (BM) major in Piano
- Bachelor of Music Education (Piano Principal)

TEACHER EDUCATION PROGRAM

- ***Bachelor in Secondary Education major in:
 - Science
 - English
 - Filipino
 - Values Education
 - Social Studies
- ***Bachelor in Elementary Education
- ***Bachelor in Early Childhood Education
- Bachelor of Culture and Arts Education
- Bachelor of Technology and Livelihood Education

BUSINESS AND ACCOUNTANCY PROGRAM

- *** Bachelor of Science in Business Administration
 - Major in: - Human Resources Development Management - Marketing Management - Financial Management
- Bachelor of Science in Accountancy
- Bachelor of Science in Accounting Information System

SOCIAL WORK PROGRAM

- *** Bachelor of Science in Social Work

ALLIED HEALTH PROGRAM

- **Bachelor of Science in Nursing
- **Bachelor of Science in Nutrition & Dietetics
- Bachelor of Science in Pharmacy

HOSPITALITY MANAGEMENT PROGRAM

- ***Bachelor of Science in Hospitality Management
- Bachelor of Science in Tourism Management

INFORMATION TECHNOLOGY PROGRAM

- *Bachelor of Science in Information Technology
- Bachelor of Science in Information System

GRADUATE DEGREE PROGRAMS

- **Master of Arts in Education major in :
 - Educational Management
 - Childhood Education
 - Teaching English Communication Arts
 - Elementary Education
 - Teaching Physical Education
- Master of Arts in Human Resource Development
- Master in Library and Information Science
- Master in Business Administration
- Master of Science in Hospitality Management
- Master of Arts in Home Economics
- Master of Science in Social Work

BASIC EDUCATION

- ***PRE-SCHOOL
- ***KINDERGARTEN
- ***GRADE SCHOOL (Grades 1-6)
- ***JUNIOR HIGH SCHOOL (Grades 7-10)

SENIOR HIGH SCHOOL

- Science, Technology, Engineering, Math (STEM)
- Accountancy, Business & Management (ABM)
- Humanities & Social Sciences (HUMSS)
- Tech-Voc: Culinary Arts & ICT
- Performing Arts: Music

*** PAASCU Level III ** PAASCU Level II * PAASCU Level I

*Nurturing Faith...
Developing Attitudes for Humble Service...
Building Passion for Excellence...*

(Basic Education) 09355016732
 (Senior High School) 09652175796
 (College) 09771087317
 (Graduate School) 09673953698

| www.lccdo.edu.ph | e-mail: lc@lccdo.edu.ph |