

WINDHOEK	SWAKOPMUND
8 °   23 °	12 °   14 °
OSHAKATI	KEETMANSHOOP
8 °   29 °	7 °   19 °

**Windhoek council's credit card of love**

Windhoek politics has always been a contact sport, but this week it perched into a full-blown romantic comedy – with the city's taxpayers as the underpaid extras, dutifully footing the catering bill.



Mayor Ndesihafela Lalandja claims that former mayor Sade Gawanas, during her reign, allegedly swiped the official City credit card for "boyfriend entertainment purposes".

And not just for a polite cappuccino and a bran muffin – we're talking groceries, pizza and the kind of candlelit meals that murmur, "Don't worry darling, the ratepayers have got this".

"She even told everyone at a budget workshop she'd maxed out the card," Lalandja declared, clearly appalled that the sacred municipal 'entertainment budget' might have been spent on... actual entertainment.

Gawanas, of course, denied it all, insisting the spending was purely humanitarian. "I bought dry food for hungry Khorixas residents," she said, "and if my boyfriend happened to be holding the bags, that's called community service."

But Lalandja wasn't packing away her popcorn just yet.

She went further, accusing Gawanas of taking her boyfriend, children and mother on official trips – essentially converting the mayor's office into a mobile family braai. Gawanas fired back that her partner's sole purpose was baby care, which raises the burning question: is 'Nappy Consultant' now an official municipal post with housing benefits?

The pièce de résistance was Gawanas' Germany trip, baby in tow.

She swears it was fully funded by the Germans – after all, they still owe us trillions in unpaid genocide reparations.

Feeding Sade and her entourage is practically a warm-up act before the big cheque clears. "He was there to handle nappies, not policies," she said, presumably with a straight face.

Windhoek residents, veterans of political melodrama, are watching this saga unfold with the calm detachment of soap opera fans who know the next episode will somehow top the last. "We thought we were getting houses," one resident sighed, "but instead we got The Real Mayors of Windhoek. At least it's free to watch – sort of."

The city council, quieter than a library on a public holiday, is rumoured to be in talks for a Netflix spin-off: Mayors, Malls & Maxed-Out Cards. Sources say it's part comedy, part tragedy, all municipal.

For now, residents are keeping their rates and taxes up to date – not out of civic duty, but to keep the cameras rolling. "I used to complain about my municipal bill," one Windhoeker confessed, "but now I see it as my monthly subscription for front-row drama."

Tune in – your rates have already bought the tickets, the popcorn, and possibly a slice of pizza for someone's boyfriend.



**ACC INVESTIGATOR REMAINS COOL UNDER FIRE**

# Four against one: How Inambao weathered the storm

As a key prosecution witness, ACC chief investigator Oberty Inambao has held **his ground while being cross-examined by a formidable team of defence lawyers in the Enercon-Namcor courtroom saga.**



**LEVEL HEAD:** ACC chief investigator Oberty Inambao. PHOTO: FILE

court: "The ACC and you have fallen into a trap of Namcor to be used to persecute and victimise my client."

He went further, saying that no law allows for arrests over internal company policy breaches, challenging the ownership of a luxury vehicle allegedly gifted by a fugitive, and enquiring why documentation was not produced to support these claims.

Inambao responded that some arrests had to be made urgently and without warrants due to the risk of evidence being destroyed or compromised. He maintained that the ACC acted within its statutory authority and that internal breaches can amount to corruption under the law.

Regarding the vehicle, he said his statements were based on documented evidence and that ownership questions would be addressed in court.

**Disrespect highlighted**

The exchanges began to reveal an unusual dynamic.

At times, the defence lawyers, known for dominating courtrooms, appeared wary of him.

Their challenges carried an edge of defensiveness, as though aware that each question risked a counterstrike.

On occasion, their probing seemed to edge into pointed remarks and insinuations, perhaps in an attempt to unsettle the unflappable witness.

At one point, Inambao also confronted lawyer Gilroy Kasper.

"I think since yesterday, you have demonstrated elements of disrespect. Yesterday, you used the word nonsense. Today, you are saying the charges are pathetic. How do I answer if you say the charges are pathetic?" Inambao said coolly.

The exchange came after Kasper, representing Dunaiski, described the charges against his client as chaotic and pathetic, extending the tense standoff between the two on yet another day of the Namcor-Enercon bail proceedings. The bail applications, State closing submissions and the courtroom drama continue next week.

On day one, Namandje tried to dismiss him outright, describing him as "a danger to his own case" and asserting that the State's "house is not in order", even accusing the ACC of basing charges on provisions "that do not exist" in the law.

Rather than retreat, Inambao countered with a question that pierced the air.

"Why would Namcor, having already entered a fuel-supply deal with Enercon, buy assets and then not use them at all?"

As the questioning intensified, Inambao refused to be boxed into yes-or-no answers, insisting on explaining the context behind each response.

This has seemingly irked the defence.

**Documented evidence**

Even when defence lawyer Gerhardt said ACC investigators have no expertise to probe fuel-related matters, Inambao maintained his cool, retorting that while this was true, it did not weaken the case.

He said the investigation was already at an advanced stage, supported by witness statements, bank records and other documentary evidence.

Inambao said further arrests are expected, underscoring the scale and complexity of the matter.

Sometimes, his delivery is marked by a dry wit, the kind that disarms without resorting to raising his voice.

When accused of orchestrating media leaks, he didn't bristle or protest – instead, he remarked evenhandedly: "I even asked witnesses outside Mr Mulunga's home to leave. Mr Mulunga was watching on CCTV. He can confirm that," before pausing and adding, "I only regret not asking the driver to park further from the garage – the media could've got a better picture."

At one point, Namandje turned to the magistrate and said: "Your Worship, the witness is frowning."

Other defence lawyers also joined in.

**Acted according to mandate**

Bangamwabo, representing former Namcor MD Mulunga, told the ACC investigator in

STAFF REPORTER  
WINDHOEK



The Windhoek Magistrate's Court has seen its share of verbal jousts, but nothing quite like this.

For two straight weeks, Anti-Corruption Commission (ACC) chief investigator Oberty Inambao has stood alone on the witness stand, facing formidable defence lawyers in the N\$53 million Enercon-Namcor bail fight – among them Sisa Namandje, whose courtroom presence alone can unnerve the best.

The team of defence lawyers for the accused includes Namandje, who is defending the Elindis - Peter, Malakia and Lydia, while Ileni Gebhardt is acting on behalf of Leo Nandago.

Francois Bangamwabo is appearing for former Namcor executives Immanuel Mulunga and Jennifer Hamukwaya, and Gilroy Kasper for Olivia Dunaiski.

Coming face-to-face with the mighty Sisa Namandje can feel like a trial by fire.

**OBERTY INAMBAO**



I only regret not asking the driver to park further from the garage – the media could've got a better picture.

Namandje's cross-examinations are statement and spectacle rolled into one – rapid questions, dramatic pauses, piercing stares.

**Steady under fire**

But Inambao hasn't flinched. He cuts a calm but distinctive figure – broad-shouldered, centered in his speech, with a gaze that weighs every word hurled his way.

He wastes nothing. Pauses are deliberate; his answers are sometimes brief and sharp.

At other times, he takes his time to respond and often leaves the lawyers scrambling for the next question.

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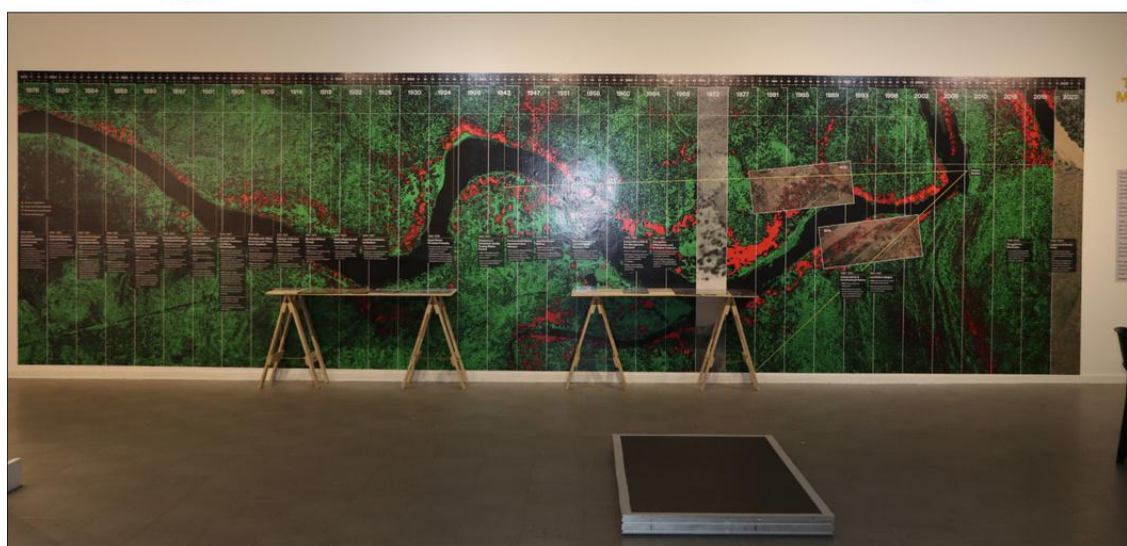
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• 'WE ARE NOT JUST CREATING ART, WE ARE GIVING RESEARCH RESULTS'

# Art and science fuse to spotlight Namibia's genocide history



**ON DISPLAY:** 'Inherited Testimonies: Re-tracing the Genocide with Nama and Ovaherero Descendants' is now on view at the National Art Gallery of Namibia. The exhibit blends 3D reconstructions, oral histories and archival research to confront the silence of history. PHOTOS: MICHAEL KAYUNDE

A new exhibition at the National Art Gallery offers a unique blend of 3D reconstructions, oral testimonies and archival research, giving voice to and confronting Namibia's brutal and painful colonial history.

MICHAEL KAYUNDE WINDHOEK

The National Art Gallery of Namibia opened its doors to 'Inherited Testimonies: Re-tracing the Genocide with Nama and Ovaherero Descendants' on Thursday.

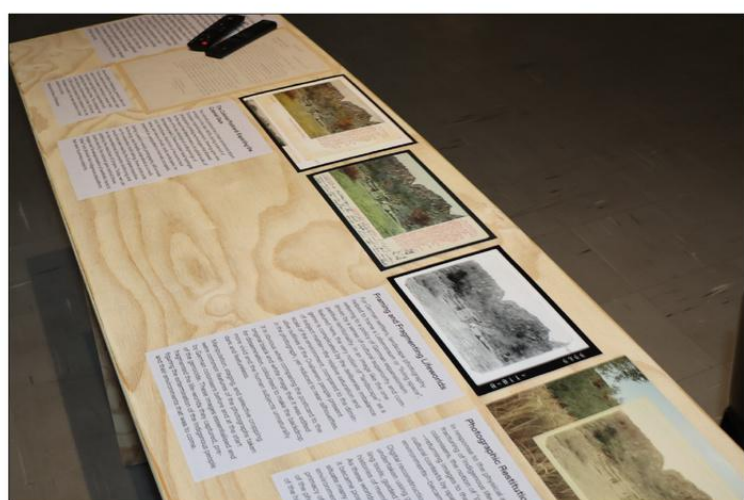
'Inherited Testimonies' offers visitors an immersive exhibition that fuses art and investigative research to explore one of the most harrowing chapters in Namibia's colonial history.

On view until 20 September, the exhibition is the result of a collaboration between the Berlin-based research agencies Forensic Architecture and Forensis, the National Art Gallery of Namibia and local partners, including the Nama Traditional Leaders Association, the Ovaherero Traditional Authority (OTA) and the Ovaherero Genocide Foundation.

## Art and science fuse

For Dr Mark Mushiva, a Namibian researcher and technologist at Forensis, the exhibition is both a professional undertaking and a deeply personal mission.

Speaking to Namibian Sun, Mushiva explained that his role was to investigate how German colonialism's legacy continues to shape the environment.



"I use scientific tools like machine learning and remote sensing to provide that evidence," he said. "But I'm also part of the wider team working on 3D reconstructions and archival research."

Those reconstructions form the heart of the exhibition.

Never-before-seen investigative videos reimagine the architecture of concentration camps that once stood in Windhoek, Swakopmund, and other locations across Namibia. "These reconstructions have been built through oral testimonies from our partners and archival photographs found mostly in German colonial archives," Mushiva said. "In presenting this research, we are not just creating art, we are giving research results."

While much of the technical production took place in Germany and London, the foundation of the project was laid in Namibia.

## National healing

Over three years, the research team visited historical sites, interviewed descendants of those directly affected, and gathered field data. Some of the locations they reconstructed no longer exist and many have been transformed



... we want to raise awareness of this history in Namibia, because it has never been seen in such detail.

into commercial farms or erased entirely.

Mushiva hopes the exhibition will serve a dual purpose. "As an organisation, we want to raise awareness of this history in Namibia, because it has never been seen in such detail," he said. "As a Namibian researcher, I hope it sensitises the wider public to the events of the genocide and sparks constructive conversations for national healing, especially within the communities that lived through it."

Through its blend of technology, oral history and forensic investigation, 'Inherited Testimonies' invites visitors to confront the silence of history – and to imagine a future in which that silence is finally broken.

# MISS TEEN NAMIBIA 2025 PRIZES TOTAL N\$1.1 MILLION

MICHAEL KAYUNDE WINDHOEK

The Namibian Broadcasting Corporation (NBC), in partnership with the Miss Namibia Organisation and powered by Debra Marine Namibia, unveiled a lavish N\$1.1 million total in prizes for all the winners of this year's Miss Teen Namibia 2025.

Organisers announced on Wednesday that the crown comes with an impressive prize package, combining cash awards, scholarships, professional services and luxury perks designed to support the winner's reign both locally and internationally.

Newly crowned Miss Teen, Chantel Boeren, will receive a grand cash prize of N\$50 000, while each of the Top 10 finalists will take home N\$1 000 in recognition of their achievement. The Miss Photogenic titleholder will add N\$2 000 to her winnings.

First runner-up, Sylleste Nandago, will walk away with a N\$30 000 prize, while the second runner-up, Melanie van der Merwe, will receive N\$20 000. Both will also collect N\$1 000 each for reaching the Top 10. The title winners of Miss Congeniality and Miss Public Choice will each be gifted N\$2 000.



## Education, beauty, care

Beyond the cash prizes, Boeren will enjoy premium photography services from KeenStudio, valued at N\$144 000, covering all official engagements both nationally and internationally. She and her two princesses will each receive a laptop from Twinrain Technologies, with a combined value of N\$75 000.

Academic opportunities form a major part of the prize. All three titleholders will be awarded three-year scholarships from the Namibia University of Science and Technology, valued at N\$111 333 each.

Personal care and wellness also feature prominently. I AM HAIR & BEAUTY, together with the Oukolule Wellness Team and Primo Beauty, will provide premium hair and beauty treatments valued at N\$425 000.

Nesha Medical Practice will oversee their health with services worth N\$28 800, while Tuli Line CC will supply health products for a year for the top three, valued at N\$39 000. While the pageant celebrates glamour, organisers emphasised that the package is crafted to offer "tools, not just titles" from education and technology to wellness and public representation.



**CROWNING ACHIEVEMENT:** Miss Teen Namibia 2025 and her two princesses are set to embark on a year of opportunity bolstered by an impressive prize package valued at N\$1.1 million. PHOTOS: CONTRIBUTED

# Doja Cat announces 'Vie' album release date

VARIETY LOS ANGELES

Doja Cat has announced that her fifth album 'Vie' will be released on 26 September. The rapper and singer revealed the news on social media, posting a video where she poses in front of the Eiffel Tower and repeats the phrase "Je sais que tu es ma vie," or "I know you are my life."

Doja Cat has been teasing the album since at least last October and recently announced that its lead single 'Jealous Type' will be released on 21 August. She also performed the song at Outside Lands and during an appearance at Club Oasis.

She last released the full-length studio album 'Scarlet' in September 2023. The project, which debuted at No. 4 on the Billboard 200, spawned a pair of massive singles – 'Paint the Town Red' and

'Agora Hills' – that peaked at Nos. 1 and 7 on the Hot 100, respectively. Last October, she kicked off her international Scarlet Tour in San Francisco on Halloween night, which continued globally before capping off at London's Finsbury Park on July 14.

## Love and light

"I know that I've done a lot of pink and soft things, a lot of pop and glittery sounds, but for this next era, I'm going in a more masculine direction," she told Variety for a cover story half a year before 'Scarlet' arrived.

She released 'Scarlet 2 Claude', the deluxe edition of her album, in April 2024. The project, which was a seven-track addendum to 'Scarlet', featured guest appearances from ASAP Rocky and Teezo Touchdown. Post-Scarlet Tour, Doja Cat appeared at the Global Citizen Festival 2024 in New York City. During her headlining set, she took a moment to speak out against the injustices plaguing people around the globe.

"Right now, millions of men, women and children in Gaza, Ukraine, Sudan, the Congo and all across the world are suffering," she said. "In times like this, it is important to remember that we have the power to bring change, love, light and hope to those who need it most."

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# Over 1,000 delegates gather in Windhoek to chart the future of the country's emerging oil and gas sector

## Future

Over 1,000 delegates gather in Windhoek to chart the future of the country's emerging oil and gas sector

### STAFF REPORTER

The third edition of the Namibia Oil and Gas Conference concluded successfully this week after bringing together 1,161 delegates and 73 exhibitors at the Mercure Hotel in Windhoek. Running from August 12-17, 2025, under the theme “From Exploration to Action: Positioning Namibia as the Next Energy Frontier,” the conference highlighted the country's rapid emergence as a significant player in the global energy landscape.

### Youth at the Center of Energy Future

The conference opened with a strong emphasis on youth empowerment through Future Generations Masterclasses, organized in partnership with the Namibia Energy Youth Forum. Over 60 young professionals participated in the program, which provided insights into career opportunities and direct engagement with industry veterans, reflecting growing interest among Namibia's younger generation in the country's energy future.

### Vision Beyond Resource Extraction

Speaking on behalf of Her Excellency Netumbo Nandi-Ndaitwah, Special Advisor and Head of Upstream Petroleum Unit, Kornelia Shilunga delivered a keynote address that emphasized transforming oil and gas discoveries into meaningful socio-economic benefits.

“The true measure of our success will not be in the number of barrels extracted, but in the number of lives uplifted,” Shilunga remarked, outlining how the sector must create decent



jobs, build domestic capacity through skills transfer, stimulate economic diversification, and generate revenues for current and future generations.

The keynote aligned with Vision 2023 and NDP6 priorities, positioning oil and gas as a catalyst for economic transformation rather than a crutch for dependency.

### Leadership Calls for Responsible Resource Management

Mines minister Natangwe Ithete, challenged attendees to ensure Namibia becomes a model for responsible resource management. “We must take a stand to manage, guide our offshore discovery jealously, and be a model country that translates oil and gas discovery into a catalyst for peace, unity and prosperity,” he stated.

### International Recognition

Mohamed Hamel, Secretary General of the Gas Exporting Countries Forum (GECF), emphasized Namibia's potential to become a clean energy hub. He noted that recent offshore discoveries have positioned Namibia as “one of Africa's most promising energy frontiers and one of the most promising oil and gas producers in the future.”

Hamel connected resource development to national sovereignty, stating that “the right to develop natural resources is inseparable from the right



*We must take a stand to manage, guide our offshore discovery jealously.*

Natangwe Ithete

to chart one's own destiny.”

### Building Sustainable Foundations

Jason Kasuto, Chairman of the Economic Association of Namibia and Managing Director of Monasa Advisory & Associates, addressed concerns about the pace of policy development. He argued that Namibia is deliberately building solid foundations for “sustainable and inclusive growth” of the industry, drawing parallels to the country's successful transition to stable democracy after independence in 1990.

### Industry Engagement and Opportunities

The conference featured strategic panel discussions on topics including the current oil and gas landscape in Namibia, financing mechanisms, and

critical infrastructure development for a sustainable energy mix. A dedicated business-to-business service facilitated connections between investors and companies, offering matchmaking services to help identify potential partners and investment opportunities. Leonard Neshuku from Barloworld, Namibia's official Caterpillar dealer, highlighted the networking value: “Since last year, we've built strong networks with stakeholders in the oil and gas sector, which have been invaluable to our growth. It's a dynamic and fast-expanding industry with significant opportunities for both established players and newcomers.”

### Looking Forward

As Namibia's oil and gas sector continues to evolve, the conference served as a crucial platform for strategic dialogue and collaboration. The event's success, demonstrated by record attendance and international participation, signals growing confidence in Namibia's potential to transform recent offshore discoveries into long-term economic prosperity while maintaining environmental stewardship and social responsibility. The next conference is already generating interest, with industry participants like Barloworld considering sponsorship opportunities, indicating sustained momentum in the sector's development.

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### Exchange Rates

Currency	Spot	Currency	Spot	Currency	1M	3M	6M	12M
USD/NAD	17.593	NAD/AUD	0.088	USD/ZAR	17.894	17.997	18.335	17.972
EUR/NAD	20.489	NAD/NZD	0.096	EURO/ZAR	20.782	20.155	19.225	19.734
GBP/NAD	23.805	NAD/BWP	0.82	GBP/ZAR	23.979	23.96	23.07	23.127
NAD/CHF	0.046	NAD/JPY	8.399	ZAR/JPY	8.304	8.081	8.301	8.29

\*Effective rate (withholding tax still to be applied)

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synergi



The FNB University of Namibia rugby team has shown that they should not be underestimated in their away match against FNB Kudus this coming Saturday in Walvis Bay.



"Dit wil vir my lyk asof Rassie sê 'ons wil hardloop rugby speel' veral met iemand soos Manie wat baie goed is met sy dwars skoppe en sy slinkse jakkeldraaitjies."

Coordinator: Brian Munango  
E-mail: [brian@nsh.com.na](mailto:brian@nsh.com.na)

Marketing  
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# Ekandjo ends Namibia's 10-year wait for World Championships

## Rhythmic gymnastics

She will be following in the footsteps of Nicole Bierbach, who last participated in 2014.

MARIUD NGULA

Namibian rhythmic gymnast Emilia Ekandjo will depart for Rio de Janeiro on Sunday to compete at the World Championships, ending the country's decade-long absence from the event.

The competition, held at Barra Olympic Park from Wednesday to Sunday next week, is the 41st edition of the prestigious International Gymnastics Federation (FIG) World Championships.

The Windhoek Rhythmic Club gymnast follows in the footsteps of Nicole Bierbach, Namibia's last representative at the global showpiece, who competed at the 33rd edition in

Turkey in 2014.

Ekandjo earned her place after impressing at various competitions, including the national championships in April. She will join more than 100 top gymnasts from 73 countries, including hosts Brazil, as Namibia's sole representative.

She will be accompanied by her coach, Wietsa Snyman, alongside African athletes from South Africa, Angola, Egypt, Cape Verde and Côte d'Ivoire.

### 'Years of sacrifice'

The news of her qualification first stunned Ekandjo.

"Being selected for such a prestigious event is challenging, especially from a country where rhythmic gymnastics is still growing. But my pride kicked in after realising that all my years of sacrifice and relentless training have been recognised," she said.

Determined to compete for herself and her country, she has increased her hours on the mat since qualifying three weeks ago, including attending training camps in South Africa to polish her routines.

"My coach Wietsa and my mother have played a special role in my training and have been my biggest supporters since I started some seven years ago, after transitioning from ballet. My coach's ability to see my potential before I could has made me enjoy and work hard in the sport," she said.

### Role models

Beyond the competition, Ekandjo is looking forward to meeting her role models and sightseeing.

"I'm excited to meet Luana Gomes, Sofia Raffaeli, Wang Zilu, Bárbara Domingos and many others. This is definitely my proudest moment in the sport as it's a dream realised!"

If she could take someone along for moral support, she would choose her former coach, Ndina Simon.

"She has a unique ability to calm my

nerves, sharpen my focus and mentally prepare me before stepping onto the mat. Plus, she loves taking pictures, so it would be like having a personal photographer on the trip," she said.

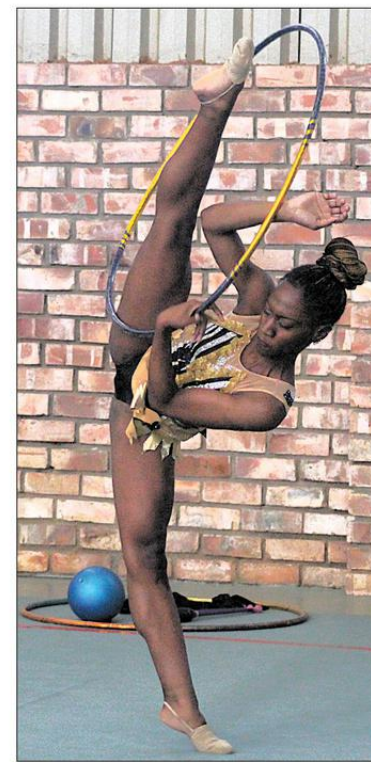
Her advice to upcoming gymnasts is: "Work hard, stay dedicated and focus on precision. Don't be discouraged by mistakes, but learn from them."

### 'It has been a long time coming'

Namibian Gymnastics Federation (NGF) rhythmic section coordinator Britt Adonis-Byl described Ekandjo's participation as a "great achievement" for both the rhythmic section and the federation as a whole.

"Getting Emilia out on the international stage has been a long time coming, especially considering the challenges - specifically financial - that we have faced. It finally feels like we are getting the recognition we have worked so hard for," she said.

She added that having gymnasts in both the junior and senior catego-



Emilia Ekandjo. PHOTO MARIUD NGULA

ries at the World Championships in the same year, following Kayla Duchaine's historic debut at the Junior World Championships in June, is a significant milestone.

"Emilia is a very hard-working, dedicated gymnast and I believe she is going to fly our flag high with immense pride," she remarked.

- mariud@nsh.com.na

## SPORTS FIXTURES THIS WEEKEND

SATURDAY 16 August, 2025

### Golf, Nedbank for Good series

Leg 10 at Henties Bay Golf and Lifestyle Estate.

### Road running in Academia (Windhoek) or virtually from anywhere in Namibia

The Pulse of the Brave: Run/walk (5 km / 10 km / 15 km / 21 km) or cycle (15 km / 30 km / 45 km). Registration has closed.

### Schools hockey in Windhoek

Quarter-finals, semi-finals and finals weekend for the Namibia Schools Hockey Association. At Windhoek Gymnasium's King Price Aloe Park:

Girls Super League bronze final	14:00
Boys Super League bronze final	15:30
Girls premier league final	17:00
Boys premier league final	18:00
Girls Super League final	19:00
Boys Super League final	20:30

### Netball, MTC Namibia Premier League

Resumes 23-24 August at Oshakati.

### Volleyball at Ramatex Hall

### in Otjomuise

Central Volleyball Association (CVA) League's second round (week 3).

### Futsal Namibia Premier League at Windhoek Show Grounds

Ragazzi v Ineos	14:00
Windhoek Futsal Club v 7 Kings	15:00
JAC FC v Flying V	16:00
WIAS FC v Ballers	17:00
X-Men FC v EFG Patriots	18:00
Chile FC v Demia FC	19:00
The Mavericks v Boston Madrid	20:00

Live broadcast of the last three matches from 17:50: NTV / <https://oneuptwo.com>

### Schools rugby, U19 NSSR League

Lions Den: King Price Windhoek Gymnasium v De Duinesig 12:00

Live broadcast: NTV / <https://oneuptwo.com>

FNB Vegkop Stadium: Samsung WHS vs Farmstyle Elnatan 12:00  
Swakopmund: InSpares Pro-Ed Akademie v Autohaus Windhoek Affies 12:00

Naartjie Park: Namib Diesel Walvis Bay PS v Compack Tsumeb Gymnasium 12:00

Club rugby, JSB Gold Cup  
Walvis Bay: FNB Kudus 1 v FNB Unam 1

15:45

Live broadcaster: NTV / <https://oneuptwo.com>

Walvis Bay: FNB Kudus 2 v FNB Unam 2 14:00

Grootfontein: FNB Grootfontein 1 v FNB Wanderers 1 15:45

Grootfontein: FNB Grootfontein 2 v FNB Wanderers 2 14:00

United field: Trustco United 1 v FNB Rehoboth 1 15:45

United field: Trustco United 2 v FNB Rehoboth 2 14:00

### Club rugby, JSB Silver Cup

Keetmanshoop: Southern XV 1 v FNB Western Suburbs 1 15:45

Keetmanshoop: Southern XV 2 v FNB Western Suburbs 2 14:00

Swakopmund: FNB Dolphin 2 v Central XV 2 14:00

### Club rugby, JSB Women's Super Cup

United: United Gemsbokkies v Rehoboth Bokkies 12:30

### Rugby, Currie Cup

Mbomela: Airlink Pumas v Fidelity ADT Lions 14:00

Bloemfontein: Toyota Cheetahs XV v DHL Western Province 14:00

### Rugby Championship

Johannesburg:

Springboks v Australia 17:10  
Córdoba: Argentina v New Zealand 23:10

### Cricket, international cricket

Cairns, 3rd T20I: Australia v South Africa 11:15

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## Tsodilo Hills – Botswana’s “Louvre in the Desert”



Ellanie Smit

Rising dramatically from the arid expanse of Botswana’s northwest near the Namibian border, the Tsodilo Hills are one of Southern Africa’s most treasured cultural and spiritual landmarks. Often referred to as the “Louvre of the Desert” for their rich concentration of rock art, these hills hold archaeological, historical and cultural significance. Recognised as a UNESCO World Heritage Site in 2001, Tsodilo is a place where history, legend and breathtaking scenery converge.

The site consists of four main hills known locally as Male, Female, Child and an unnamed hill, each tied to the myths and oral traditions of the San and Hambukushu peoples who have called the area home for generations. According to local lore, the Male and Female hills represent the first man and woman, while the Child hill is their offspring. These legends imbue the area with a deep spiritual aura, and many locals regard the hills as a sacred place not to be disturbed without respect.

What makes Tsodilo truly remarkable is its extraordinary collection of rock paintings. More than 4 500 individual artworks have been recorded on over 400 rock surfaces, making it one of the highest concentrations of rock art

in the world. The paintings depict a range of subjects - from giraffes, rhinos and elephants to abstract shapes and human figures - offering a vivid window into the lives, beliefs and environments of people who lived here over the past 100 000 years. Archaeological excavations have also uncovered tools, pottery and other artefacts, pointing to continuous human habitation for millennia.

Visitors to Tsodilo can explore its history and beauty through several well-marked trails, such as the Rhino Trail and Lion Trail, which lead to some of the most famous rock art panels. The onsite Tsodilo Hills Museum provides further context, showcasing artefacts and explaining the cultural and natural history of the area. For those with an adventurous spirit, climbing to the summit of the Female Hill is rewarded with sweeping views across the surrounding Kalahari landscape.

Tsodilo is not just a site for archaeologists or historians; it is a place where nature, art and spirituality meet. Standing in the quiet shadow of these ancient rocks, surrounded by images painted thousands of years ago, visitors are reminded of humanity’s deep connection to the land and each other. In Botswana’s vast wilderness, the Tsodilo Hills stand as a timeless monument to our shared past.



## FISH EAGLE’S NEST – RIVERSIDE COMFORT IN KATIMA MULILO

Ellanie Smit

Perched along the scenic banks of the Zambezi River in Katima Mulilo, Fish Eagle’s Nest offers visitors a peaceful retreat in the heart of Namibia’s lush Zambezi Region. This charming guesthouse is named after the majestic African Fish Eagle, whose distinctive calls often echo over the river, creating an authentic wilderness soundtrack.

Fish Eagle’s Nest provides a range of comfortable accommodation options, including en-suite rooms and self-catering units. Each is thoughtfully designed to make guests feel at home while offering breathtaking river views.

The guesthouse is a paradise for anglers, with the Zambezi River offering excellent fishing opportunities for species like tigerfish and bream. Birdwatchers will also be delighted, as the sur-

rounding wetlands attract a rich variety of bird-life. For those seeking adventure, boat cruises, cultural tours and day trips to Bwabwata National Park or Impalila Island are easily arranged.

Hospitality is at the heart of Fish Eagle’s Nest. The friendly hosts go out of their way to ensure guests enjoy a relaxed and memorable stay. The restaurant serves hearty meals, with freshly caught fish often featured on the menu. Evenings are perfect for gathering around a crackling fire, sharing stories under the brilliant Zambezi night sky.

Whether you are travelling through Katima Mulilo or planning an extended stay in Namibia’s north-eastern corner, Fish Eagle’s Nest offers the perfect blend of comfort, nature and local charm. It’s a place where the river’s rhythm sets the pace, and every sunrise and sunset becomes a treasured memory.



## Phazama Farm

Ellanie Smit

Phazama Farm – a peaceful, unique and eco-friendly hideaway

Tucked away in the Tsutsubega community, just a 35-minute 4x4 drive from Maun, Phazama Farm offers a tranquil retreat on the fringes of Botswana’s famed Okavango Delta.

This eco-conscious lodge is ideal for travellers seeking a peaceful, nature-filled experience off the tourist trail.

Phazama Farm is built on a small island surrounded by seasonal floodplains. It features four charming self-catering chalets named Hans, Ber, Mia, and Mascha, each thoughtfully designed with a private bathroom, kitchenette, shaded terrace, and picnic space. The chalets are nestled beneath towering trees, offering guests a secluded and immersive bush stay.

Nature is at the heart of Phazama Farm. Wildlife sightings are frequent, with duikers, bushbabies, vervet monkeys, genets, and even elephants occasionally passing through. The rich birdlife includes hornbills, woodpeckers and fish eagles,

making it a paradise for birdwatchers.

Guests can enjoy leisurely walks through the surrounding forest and across the floodplains, guided informally by the host’s local knowledge and expertise.

Owned and operated by a Dutch couple, the farm is deeply rooted in sustainable living and community development. Solar power, compost toilets, organic farming, and a reforestation programme reflect their environmental commitment. Furthermore, it supports youth education, entrepreneurship and women’s empowerment in the region.

Guests often praise the establishment for its warm hospitality, cleanliness, and serene atmosphere.

Whether you’re preparing for a Delta adventure or simply want to unwind in nature, this unique hideaway offers a blend of rustic comfort, cultural connection, and ecological integrity.

Phazama Farm isn’t just a place to stay; it is a place to breathe, learn and reconnect with the wild soul of Botswana.



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## Kom speel uit in die woestyn se skatkis

Katstertjies, kapokbossies, koolgannas en tsmamas: Uitspeel is onlangs veldskool toe saam met Desert Secrets om unieke plante met die mooiste name te ontmoet. 'n Nooi van die plaas Klein Aus, Sophia Snyman, het kleintyd reeds die geheime van die ryk plantelewe van die diep Suide leer ken. "Ek was altyd lief vir plante en blomme," sê Sophia. Dit was haar inspira-

**"Ek was altyd lief vir plante en blomme ..."**

sie om Desert Secrets eers in haar kombuis, toe in haar motorhuis en uiteindelik in 'n suksesvolle besigheid te ontwikkel wat uniek-Namibiese produkte met inheemse plantbestanddele



vervaardig. Dié skat pryk op wêreldrakke.

• Speel elke Vrydag om 20:00 uit saam met Hen-

riette Lamprecht en Jo-Maré Duddy.



## Delving deep into Namibian mining

The latest episode of the NTV show Focus, featured content from Delve Deep's 2025 edition, coinciding with the just concluded Namibia Mining Expo and Conference. Watch Delve Deep writer Augetto Graig

speaking to Glenn-Nora Tjipura, as well as interviews from Focus's visit to this well-known annual industry indaba. Young people were encouraged to join the continued boom in mining. Says Vistorin Amadhila of Swakop Uranium:

"Here I am, an accountant, a lady, and I am shining ..."  
• Network Media Hub's monthly Focus editions are inserted into our dailies, printed separately in gloss and have its own social media and TV show.



## Inspiring voices, bright futures

"Obstacles will always come, we as people ... are supposed to look ahead, [and] jump over them." Generation C buzzed with inspiration over the past two weeks, featuring the talents of Okahandja Senior Secondary School and the dynamic spirit of

Curro Windhoek Gymnasium. From energetic school spirit segments to thought-provoking conversations, the message remains clear: young voices matter. Next week, we visit Khomasstura High School. Expect more energy,

laughter, and wisdom from the next generation of leaders, dreamers, and changemakers. Whether you've been following this youthful journey from the start or are just joining in, you don't want to miss what's coming next - Thursdays at 17:30.



## Countdown spotlights local music

Tjil Sessions captivates audiences every Saturday at 19:00 with its vibrant top five music video countdown. Hosted by award-winning entertainment journalist Michael Kayunde, the programme spotlights the week's trend-

ing music videos. Tjil also features entertainment news, and in-depth interviews with artists about their latest work. Click to play our exclusive interview with DJ Siya, whose new single 'Morena' showcases

vocals from Temi Dimplez and the renowned South African trio Dalom Kids, blending Tswana traditions with gospel chants and vintage disco beats.  
• Also chill with 2 hours of local music from 11:00 every evening

## WEEKEND SCHEDULE

### SATURDAY

06:00	Sport Wrap (Friday repeat)
06:30	Flex
07:00	Erongo Talk
07:30	Uitspeel
08:00	Smell The Coffee
08:30	Gooi Kole
09:30	In Die Tonnel
10:00	Rugby Gold Cup Kudu vs Wanderers (rpt)
11:50	<b>LIVE</b> Schools Rugby Whk Gym vs De Duinesig
13:45	Schools Rugby Pro-Ed vs Moria (rpt)
15:30	<b>LIVE</b> JSB Gold Cup Rugby Kudu vs Unam
17:35	Tennis Billie Jean King Cup Namibia vs Burundi (doubles) (rpt)
18:30	Sport Weekend Wrap-up
19:00	Tjil Sessions
19:30	The Agenda
20:30	Tjil Music

Click on shows to play

### SUNDAY

06:00	Sport Wrap-up Show
06:30	Flex
07:00	Agri Monitor
07:30	Evening Review
08:00	Smell The Coffee
08:30	Church
10:00	Blitsfokus
10:30	What's Cooking
11:00	Generation C
11:30	Career Chronicles
12:00	My.Na Property
12:30	Aitsa
13:00	Tourismus (German)
14:00	Football Futsal (rpt)
18:00	Tourismus English
18:30	Career Chronicles
19:00	Uitspeel
19:30	What's Cooking
20:00	The Agenda
21:00	Second Take

## ON THE PLAYLIST EACH WEEK

## Full TV Schedule

 16.08 18:30	 22.08 12:30	 22.08 18:30	 Mon.-Fri. 10:30
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