



PGS SPORT
EST. 1732

**PGS INJURY REPORTING AND
HEAD INJURY
(CONCUSSION)
MANAGEMENT PROGRAMME**

IN PARTNERHSHIP WITH



SOUTH COAST RX PHYSIOTHERAPY
PREVENT | RECOVER | SUSTAIN

ACUTE HEAD INJURY (CONCUSSION) MANAGEMENT PROGRAMME: THE PROCESS AT A GLANCE.

HEAD INJURY IDENTIFIED

NO SYMPTOMS

REVIEW CRT6

Monitor, contact parents & advise vigilance/issue safety netting. Not to book into clinic unless symptoms develop.

RED FLAGS

A+E / AMBULANCE

1 SIGN OR NON-IMPROVING SYMPTOMS

WALK IN CENTRE

1 OR MORE SYMPTOMS (SHORT LASTING)

CONTACT PARENTS
ISSUE SAFETY NETTING DOCUMENT
ADVISE TO ATTEND HEAD INJURY CLINIC

****24 HOURS REST - NO SCHOOL****
IF AFTER 24 HOURS SYMPTOMS ARE NO MORE THAN MILD THE PUPIL CAN ATTEND SCHOOL

PARENT TO BOOK CHILD INTO HEAD INJURY CLINIC VIA
WWW.SOUTHCOASTRXPHYSIOTHERAPY.CO.UK
PGS HEAD INJURY CLINIC
MONDAY & THURSDAY 13.00-14.00

MUST HAVE A HEALTH CARE PROFESSIONAL REVIEW WITHIN 24 HOURS.

ALL THOSE SUSPECTED OF SUSTAINING A CONCUSSION SHOULD BE ASSESSED BY AN APPROPRIATE ONSITE HEALTHCARE PROFESSIONAL OR BY ACCESSING THE NHS BY CALLING 111 WITHIN 24 HOURS OF THE INJURY. IF THERE ARE CONCERNS ABOUT OTHER SIGNIFICANT INJURY OR THE PRESENCE OF 'RED FLAGS' THEN THE PLAYER SHOULD RECEIVE URGENT MEDICAL ASSESSMENT ONSITE OR IN A HOSPITAL ACCIDENT AND EMERGENCY (A&E) DEPARTMENT USING AMBULANCE TRANSFER BY CALLING 999 IF NECESSARY

ANYONE WITH ONE OR MORE VISIBLE CLUES, OR SYMPTOMS OF A HEAD INJURY MUST BE IMMEDIATELY REMOVED FROM PLAYING OR TRAINING AND MUST NOT TAKE PART IN ANY FURTHER PHYSICAL SPORT OR WORK ACTIVITY, EVEN IF SYMPTOMS RESOLVE, UNTIL ASSESSMENT BY AN APPROPRIATE HEALTHCARE PROFESSIONAL OR BY ACCESSING THE NHS BY CALLING 111, WHICH SHOULD BE SOUGHT WITHIN 24 HOURS

MONITOR PROGRESSION THROUGH THE GRAS VIA "PGS CONCUSSION TRACKER"

REVIEW TAB FOR EACH STAGE FOR GUIDANCE ON HOW TO AMEND SPORTS SESSIONS APPROPRIATELY.

HEAD INJURY CLINIC: THE PROCESS AT A GLANCE

HEAD INJURY CLINIC

ATTEND RECEPTION AND SIGN IN. YOU WILL BE CHAPERONED TO THE MEDICAL BAY.

REVIEW PRE-ASSESSMENT FORM. ENSURE CONSENT SIGNED FROM PARENT.

COMPLETE INITIAL AX. CHECK SYMPTOMS.

IF MORE THAN MILD, CHILD SHOULD CONTINUE TO BE OFF SCHOOL. **

RUN PUPIL AND PARENT THROUGH THE RELEVANT STAGE OF THE GRAS PROGRAMME (SEE SHARED CONCUSSION PATHWAY DRIVE FOR SUPPORTING MATERIALS)

UPDATE PGS CONCUSSION TRACKER

UPDATE SCRX GRAS TRACKER

SEND RELEVANT EMAIL TO PUPILS & PARENT VIA WRITE UP AND CC IN:

NURSINGTEAM@PGS.ORG.UK
S.COPELAND@PGS.ORG.UK
(DOS)
H.GRIST@PGS.ORG.UK
HEAD OF YEAR (SEE BELOW)

IF PUPILS SYMPTOMS IMPACTING ACADEMIC STUDIES THEN CONTACT SHOULD BE MADE WITH

NURSINGTEAM@PGS.ORG.UK
S.COPELAND@PGS.ORG.UK
L.RYAN@PGS.ORG.UK (PUPIL WELFARE)
HEAD OF YEAR (SEE BELOW)

BOOK IN FOR WEEKLY FOLLOW UP UNTIL ABLE TO RETURN TO PLAY. SEND FINAL EMAIL TO STAFF TO LET THEM KNOW

PGS CONTACTS:

DIRECTOR OF SPORT

S.COPELAND@PGS.ORG.UK

NURSING TEAM

NURSINGTEAM@PGS.ORG.UK

HEAD OF CO-CURRICULAR

M.MURRAY@PGS.ORG.UK

PUPIL WELFARE

L.RYAN@PGS.ORG.UK

HEADS OF YEAR

YEAR 7 –KIMBERLEY LEIGHTON-SMITH (KLS)

K.LEIGHTON-SMITH@PGS.ORG.UK

YEAR 8 - LLOYD ANSELL (LAA)

L.ANSELL@PGS.ORG.UK;

YEAR 9 - EMILY SEDDON (EES)

E.SEDDON@PGS.ORG.UK;

YEAR 10 - GRAHAM RYAN (GJR)

G.RYAN@PGS.ORG.UK;

YEAR 11- GEORGE STRATFORD (GHS)

G.STRAFORD@PGS.ORG.UK;

YEAR 11 - ELLY TANYANYIWA (EFT)

E.TANYANYIWA@PGS.ORG.UK;

YEAR 12 - AMY CHAPLIN (AJCH)

A.CHAPLIN@PGS.ORG.UK;

REBECCA CLAY (RHC)

R.CLAY@PGS.ORG.UK

YEAR 13 - SARAH STEWART (SLS)

S.STEWART@PGS.ORG.UK;

REBECCA CLAY (RHC)

R.CLAY@PGS.ORG.UK

THE PROCESS AT A GLANCE FOR TEAM SCRXX IF NOT IMPROVING:

IF PUPILS CONTINUE TO REPORT SYMPTOMS WHICH ARE PROVOKED MORE THAN MILDLY DURING ACADEMIC STUDIES, TO REMAIN OFF SCHOOL AND SCRXX TO LIAISE WITH PGS REGARDING PERSONALISED CARE PLAN FOR RETURN TO SCHOOL.

****ALWAYS ESCALATE PUPILS WITH ONGOING SYMPTOMS TO CAM/DAN AS EARLY AS POSSIBLE**



IF SYMPTOMS NOT IMPROVING AT DAY 14



MUST BE REVIEWED BY A DOCTOR VIA:
GP
111

PRIVATE SEM CONSULTANT THROUGH SCRXX TELEHEALTH
HOBBS REHAB APPOINTMENT
REFERRAL INTO NHS CONCUSSION CLINIC (BIRMINGHAM)

ADVISE THE PARENT THAT CLINICAL DIRECTOR CAMERON BREW WILL BE IN TOUCH VIA PHONE CALL TO DISCUSS OPTIONS IF PUPIL NOT IMPROVING



CAN ONLY RETURN TO CONTACT SPORT IF 14 DAYS SYMPTOMS FREE AT REST

CAN ONLY RETURN TO COMPETITION IF 14 DAYS SYMPTOM FREE AT REST, NO EXACERBATION DURING PHYSICAL ACTIVITY AND MINIMUM OF 21 DAYS.



IF SYMPTOMS IMPROVING PUPIL CAN RETURN BACK TO SPORT NO LESS THAN 21 DAYS

INJURY REPORTING

THE PROCESS AT A GLANCE:

INJURY SUSTAINED

INJURY REPORT COMPLETED

AUTOMATED SUMMARY OF FORM SENT TO:
NURSING TEAM
FORM TUTOR (DEPENDING ON YEAR)
HEAD OF SPORT / HEAD OF PE / DIRECTOR OF SPORT / SCRXX (IF DURING SPORT/GAMES)

HEAD INJURY

**REFER TO
CONCUSSION FLOW**

AMBULANCE

AUTOMATED SUMMARY SENT TO:
NURSING TEAM
FORM TUTOR
HEADS OF SPORT
HEAD OF PE
HEAD OF CO-CURRICULAR
DOS
PUPIL WELFARE TEAM

A+E / WALK IN CENTRE

AUTOMATED SUMMARY SENT TO:
NURSING TEAM
FORM TUTOR
HEADS OF SPORT
HEAD OF PE
HEAD OF CO-CURRICULAR
DOS
PUPIL WELFARE TEAM

NOTES COLLATED CENTRALLY

COPIED INTO PUPIL NOTES BY
NURSING TEAM

DATA ANALYSIS

COMPLETED YEARLY TO HELP
INFORM MEDICAL PROVISION AND
ESTATES MANAGEMENT