

SIH'HEE UDHARES

AEH NEWSLETTER | MONTHLY EDITION

Patient
Pulse

STAFF
SPOTLIGHT

Ms. Mariyam Zaya zareer
Ms. Fathimath Rasheeda

Giving the Gift of Movement
Total Knee
Replacement Camp

Beyond the
Workplace
Club AEH's Sports
Festival Brings the
Heat

A MESSAGE FROM THE CEO: CULTIVATING GROWTH FOR A THRIVING FUTURE

As we wrap up another dynamic November and a fortnight of a December at Addu Equatorial Hospital, I am proud to reflect on the progress we've made together and the milestones that showcase our commitment to excellence, inclusivity, and community engagement.

First and foremost, I am delighted to welcome two remarkable individuals to our AEH One team: **Fathimath Rasheedha, who joins us as an Attendant at HMHC,** and **Mariyam Zaya Zareer, our new Assistant Customer Service Officer at MHC.** Their addition strengthens our pledge to create an inclusive workplace where everyone can thrive. Let us extend our full support as they embark on this journey with us.

This month also brought moments of celebration. Congratulations to the **Customer Care** and **Transport Departments** for emerging as Futsal Champions at the Club AEH Sports Festival. Your teamwork and determination reflect the vibrant spirit of AEH beyond the workplace. Speaking of the festival, it was inspiring to see so many of you participate in events that foster camaraderie and wellness.



DR. IBRAHIM YASIR AHMED
CEO, ADDU EQUATORIAL HOSPITAL

A special thank you to Aminath Naja Abdul Maushoog, Vice President of Club AEH, for her engaging article, *"Beyond the Workplace: Club AEH's Sports Festival Brings the Heat."* It perfectly captures the energy and enthusiasm of the events we conducted in the Sports Festival.

On the clinical front, we continue to make strides in patient care. The positive feedback from our patients admitted in the wards is a testament to your dedication and compassion. Additionally, initiatives like the **TKR Camp in collaboration with MCGH,** **Cancer Screening in collaboration with the Cancer Society,** and **Diabetic Day celebrations at MHC** highlight our proactive approach to community health. I encourage you to read Fathimath Sama's article, *"Giving the Gift of Movement,"* which beautifully illustrates the life-changing impact of TKR procedures.

Looking ahead, we have exciting events lined up: the **Badminton Tournament, Track and Field competitions,** and the much anticipated Club AEH **Gala Night.** These activities are more than just events, they are opportunities to strengthen bonds, celebrate achievements, and reinforce the culture that makes AEH exceptional.

Thank you for your unwavering commitment and passion. Each of you plays a vital role in shaping AEH's success and delivering on our vision to set the benchmark to other health care institutions. Let us continue to innovate, collaborate, and inspire—both within our hospital and in the community we serve.

Warm regards,

A handwritten signature in blue ink that reads "Dr. Yasir". The signature is fluid and cursive, with a long horizontal stroke extending to the right.

Staff Spotlight

MS. MARIYAM ZAYA ZAREER

Maryam Zaya Zareer joined Maradhoo Health Center last month as an Assistant Customer Service Officer. She communicates effectively through written Dhivehi and English, supported by sign language and lip reading, despite having a hearing and speech disability. Since joining, she has demonstrated a positive attitude, strong focus, and a willingness to learn new skills. She is able to carry out assigned duties with support where required, follow instructions accurately, and interact professionally within the work environment.

With prior exposure to basic computer use and a strong willingness to learn, she is steadily developing her administrative and customer service skills. Her dedication and professionalism make her a valued addition to the team.



ASSISTANT CUSTOMER SERVICE OFFICER OF MHC



MS. FATHIMATH RASHEEDA

Fathimath Rasheeda joined Hulhumeedhoo Health Center last month as a Health Care Attendant. Since joining, she has consistently demonstrated a strong work ethic, enthusiasm, and dedication in carrying out her assigned duties, despite having a hearing and speech disability, aided by a hearing device. She shows genuine interest in her responsibilities and contributes to a positive and cooperative workplace environment. She demonstrates strong physical capability, reliability, and the ability to carry out assigned tasks with support from her colleagues where required.

She is adapting well to the work environment and responds positively to guidance and teamwork. Her commitment, positive attitude, and determination make her a valued and respected member of the organization.

ATTENDANT OF HMHC



“Welcome aboard” the AEH ONE TEAM



IBRAHIM LOUTH SHATHIR
Assistant Customer Service
Officer



AISHATH NASHA NAZEER
Assistant Customer Service
Officer



DR. RAJESH DEO
Consultant Pathologist



FATHIMATH RASHEEDA
Temp. Health Care Attendant



MARYAM ZAYA ZAREER
Temp. Assistant Customer
Service Officer



Patient Pulse:

Voices from the Heart of Our Hospital



I had an accident, and the ambulance attendants rushed me to the hospital. The ER staff were very helpful and caring.

After the accident, I was admitted for further care. I sincerely thank all the staff of AEH for their wonderful service.



The service we received in this medical ward was incredible. The sisters were very kind, and the instructions were clear and easy to understand.

Thank you for taking such good care of me. The sisters here are wonderful, and my stay at the hospital was a positive experience.



Thank you so much for the wonderful care after my delivery. Everything went well. The service was excellent, and everyone was very attentive. I truly appreciate the time and effort given.

Thank you!





Cricket Exhibition Match

CLUB AEH Annual Sports Festival





Volleyball Exhibition Match

CLUB AEH Annual Sports Festival



BEYOND THE WORKPLACE: CLUB AEH'S SPORTS FESTIVAL BRINGS THE HEAT

By: Aminath Naja Abdul Maushoog, (Vice President, Club AEH)

From the first whistle to the final cheer, the Club AEH Sports Festival is creating moments of excitement, teamwork, and connection among colleagues across the organization.

Club AEH is currently hosting its annual Sports Festival, bringing members together through sports and shared experiences. The festival offers colleagues a refreshing opportunity to step away from their daily routines, engage in friendly competition, and strengthen connections across the hospital.

A Strong Start

The festival began on December 11th with exhibition matches in cricket and volleyball. These opening events set a positive and energetic tone, drawing enthusiastic participation and support from staff across departments, while building excitement for the main competitions to follow.

Two Categories, One Spirit

Category A focuses on futsal and badminton.

Futsal matches are held over three consecutive days, offering fast-paced, team-based competition that promotes communication, coordination, and quick decision-making. This is followed by a three-day badminton tournament, where both singles and doubles match highlight agility, focus, and technical skill.

Category B features track and field events, allowing participants to test their physical abilities in running and jumping. These events emphasize personal effort, endurance, and determination, providing opportunities for individuals of varying fitness levels to participate and challenge themselves.

One Team, Multiple Departments

One of the standout features of this year's festival is the strong interdepartmental spirit on display. Four mixed teams bring together staff from across AEH, including Administration, Nursing, Transport, Maintenance, Attendants, Doctors, Physiotherapy, Radiology, Laboratory, Health Centers, and SCDC. This diversity strengthens teamwork and reinforces a sense of unity beyond departmental boundaries.

When work meets play, it boosts energy, motivation, and mental wellbeing, reminding everyone of the power of coming together and bringing the AEH family closer.

Celebrating Beyond the Games

Following the sporting events, the year concludes with an exclusive Gala Night for all Club AEH members. The evening will also celebrate the launch of the Club AEH Membership Card, providing members with access to exclusive discounts at businesses across Addu City.

This special night will mark a joyful close to the year, a time to celebrate achievements, enjoy each other's company, and strengthen the bonds that make AEH more than just a workplace.



Customer Care Department



Futsal Tournament Champions

CLUB AEH Annual Sports Festival

Transport Department



GIVING THE GIFT OF MOVEMENT: A TOTAL KNEE REPLACEMENT CAMP

By: *Fathimath Sama Hassan (Medical Admin)*

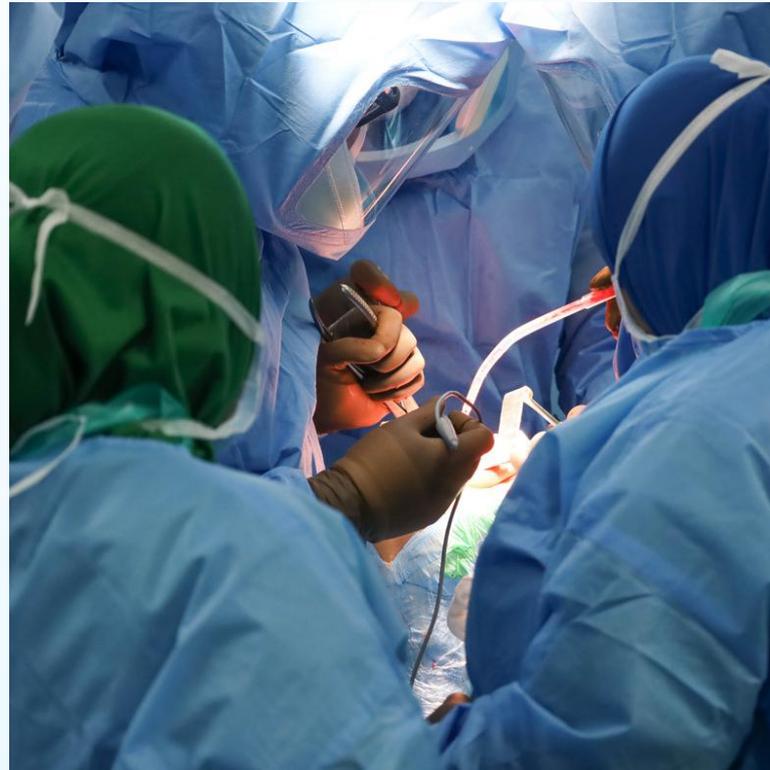
A Total Knee Replacement (TKR) Camp was successfully conducted at AEH in collaboration with IGMH on 29th and 30th November, bringing much-needed orthopedic care closer to the community. The camp focused on helping patients suffering from advanced knee conditions regain mobility and live free from chronic pain.

Restoring Mobility, Renewing Hope

Over the two-day initiative, patients received expert consultations, detailed clinical assessments, and personalized treatment plans from specialist orthopedic surgeons. For individuals with severe knee damage, Total Knee Replacement surgery offered a life-changing solution.

Life Changing Outcomes

A total of eight patients successfully underwent knee replacement surgeries during the camp. For many, this marked a significant turning point after years of pain and restricted movement. The joy and relief seen on patients' faces reflected the true impact of the initiative, not only medical success, but renewed independence, confidence, and quality of life.



Commitment to Compassionate Care

This TKR camp represents a meaningful step toward accessible and compassionate healthcare, reaffirming AEH's commitment to improving lives by bringing specialized services directly to those who need them most.





TKR CAMP 2025





TKR CAMP 2025





CANCER SCREENING BY CANCER SOCIETY OF MALDIVES





CANCER SCREENING BY CANCER SOCIETY OF MALDIVES





DIABETIC DAY EVENT 2025





DIABETIC DAY EVENT 2025





CLUB AEH FUTSAL TOURNAMENT 2025





CLUB AEH FUTSAL TOURNAMENT 2025





CLUB AEH FUTSAL TOURNAMENT 2025





CLUB AEH FUTSAL TOURNAMENT 2025





CLUB AEH FUTSAL TOURNAMENT 2025





CLUB AEH FUTSAL TOURNAMENT 2025



UPCOMING EVENTS

Badminton Tournament, Track and Field competitions, Gala Night



FOR AMBULANCE

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FOLLOW OUR JOURNEY!