

NAME:

**ONE-YEAR
DAILY DEVOTIONAL
FOR GRADES
5 & 6**

QUIET TIME

CHAMPION


Olympians

A Word of Life Ministry

Introducing your Quiet Time

It's a special time that you set aside each day to read God's Word, to get to know Him better, and to learn how He wants you to live. During this time, God speaks to you through His Holy Word, the Bible, and you speak to God through prayer. What an adventure! As a Christian, spending time in God's Word every day is very important for you to grow closer to Him.

This booklet is divided into three sections:

Personal Prayer Journal

This is where you can write prayer requests to remind yourself to pray for people that you care about and things that are happening.

Olympians Program Pages

This section tells you all about the Olympians program if you attend one at your church. It also provides a place to document your progress.

Daily Quiet Time Pages

Each day has a Scripture passage to read and questions or activities to help you understand and apply the truths from God's Word.

HEY PARENTS!

This Quiet Time provides an easy, fun opportunity to interact with your child about the vital truths of God's Word. Here are some tips to help your child get the most out of their time in God's Word.

- Work together to decide on a regular daily time to set aside for their Quiet Time.
- Work together to decide on a good place to keep their Bible, this Quiet Time, and other supplies needed.
- Be available to help your child find the Bible passages and answer questions they may have.
- Ask your child what the passage was about, what they learned, or how they will live it out.
- Share with your child a way that passage impacts your own life.
- Encourage your child to use the Prayer section, and ask if they would like you to pray for any specific request.



This Quiet Time is just one part of a comprehensive Children's Ministry program called Olympians. You can learn more about it in the back of this book, or go to wol.is/olympians for more information.

Your Daily Quiet Time

DAILY PASSAGE

Each day, read the verses shown from your Bible.

ACTIVITIES AND QUESTIONS


Complete the activities and answer the questions to better understand the thoughts of the passage and why they are important.

LIVE IT

Complete this section to put God's Word into action.

PRAYER

Use this to start off your time talking to God after reading His Words to You. You can also write prayer requests in the front of this Quiet Time. The important thing is to remember to spend time talking to God in prayer.



Week 1

SUNDAY

COLOSSIANS 1:1-8

Faith, hope, and love—Do I have these, and am I growing in them?

COLOSSIANS 1:2
In Paul's letters he calls believers **STNIAS** (Spell backwards.).

COLOSSIANS 1:4-6
Paul describes the **saints** as having **faith**, having **hope**, having **love** for God's people, and bearing **fruit**.

I will find these bold-faced words in the word search.

E	V	O	L	S	F	F
A	E	N	C	T	Y	R
F	E	R	O	N	D	U
Z	A	K	C	I	J	I
E	P	I	R	A	Q	T
L	P	H	T	S	D	E
E	P	O	H	H	A	M

LIVE IT!

I can have **f** _____ in Jesus through the truth of the Gospel, the good news of God's salvation made possible by Christ's death, burial, and resurrection.

I have put my faith in this good news!
 I will ask a believer in Christ more about this good news.
 I will now put my faith in Jesus to save me from the penalty of sin and separation from God.

This gives me a sure **h** _____! (v. 5) From my faith and hope in Jesus, love and other fruit for God grows! (v. 6) A way I show good fruit for God (Gal. 5:22) is: _____

PRAYER: God, thank You for the faith and hope I can have in You. Help me to live in a way that shows the fruit of that.

THINGS I NEED FOR MY QUIET TIME:

My Bible • My Quiet Time • Pen or Pencil • A Quiet Place

My Quiet Time Schedule

Welcome to a new year of Quiet Time! With most trips, you'll want to map out where you're going to go, and this Quiet Time journey is no different. Below you will find some tools to help you plan and reach your destination of spending this year with God in His Word.

The following chart displays the Bible books and chapters that will be covered in this year's Quiet Time. You may want to use it to help you plan when you (or you and your family) want to study specific books of the Bible throughout the year. Since all Word of Life Quiet Times cover the same passages each day, the whole family (from preschool-adult) can stay connected with each other in God's Word.

WEEK #	BOOKS (CHAPTERS)	PLANNED START DATE
WEEK 1	Colossians 1-2	_____
WEEK 2	Colossians 2-4	_____
WEEK 3	Ruth 1-4	_____
WEEK 4	1 John 1-2	_____
WEEK 5	1 John 2-4	_____
WEEK 6	1 John 5, 2 John, 3 John	_____
WEEK 7	Joshua 1-5	_____
WEEK 8	Joshua 6-14	_____
WEEK 9	Joshua 20-24	_____
WEEK 10	1 Peter 1-3	_____
WEEK 11	1 Peter 3-5	_____
WEEK 12	Jonah 1-4, Haggai 1-2	_____
WEEK 13	Luke 1-2	_____
WEEK 14	Luke 2-4	_____
WEEK 15	Luke 4-6	_____
WEEK 16	Luke 6-8	_____
WEEK 17	Luke 8-9	_____
WEEK 18	Luke 9-11	_____
WEEK 19	Luke 11-13	_____
WEEK 20	Luke 13-15	_____
WEEK 21	Luke 16-18	_____
WEEK 22	Luke 19-20	_____
WEEK 23	Luke 21-23	_____

My Quiet Time Schedule

WEEK #	BOOKS (CHAPTERS)	PLANNED START DATE
WEEK 24	Luke 23-24	_____
WEEK 25	Proverbs 7, Psalm 119	_____
WEEK 26	1 Samuel 1-9	_____
WEEK 27	1 Samuel 10-17	_____
WEEK 28	1 Samuel 17-20	_____
WEEK 29	2 Samuel 5-15	_____
WEEK 30	2 Samuel 18-24	_____
WEEK 31	Psalm 73, Psalm 119	_____
WEEK 32	2 Corinthians 1-4	_____
WEEK 33	2 Corinthians 5-8	_____
WEEK 34	2 Corinthians 9-13	_____
WEEK 35	Esther 1-5	_____
WEEK 36	Esther 6-9, Philemon 1-10	_____
WEEK 37	Acts 1-3	_____
WEEK 38	Acts 3-5	_____
WEEK 39	Acts 5-8	_____
WEEK 40	Acts 8-10	_____
WEEK 41	Acts 10-12	_____
WEEK 42	Acts 13-15	_____
WEEK 43	Acts 15-17	_____
WEEK 44	Acts 17-20	_____
WEEK 45	Acts 20-22	_____
WEEK 46	Acts 23-25	_____
WEEK 47	Acts 26-28	_____
WEEK 48	Proverbs 12-13, Daniel 1	_____
WEEK 49	Daniel 2-3	_____
WEEK 50	Daniel 3-6	_____
WEEK 51	Daniel 6-9, Titus 1-3	_____
WEEK 52	2 Thessalonians 1-3	_____
WEEK 53	Proverbs 27-29	_____

For those that want to use an academic or calendar date schedule, the following QR code provides these two schedules for this year for you or your family.



My Personal Prayer Diary

Spend time with God through prayer.

Keeping a Personal Prayer Journal is a great way to remind yourself to pray for specific people and things. It also reminds you to thank God and to tell others when He answers your prayers.

Prayer is the chance you have to talk to the One who loves you the most. God wants to hear what you're thinking and feeling. He wants you to share anything that is on your heart with Him. He wants that time with you.

Some ideas of what to talk to God about include:

FRIENDS AND FAMILY: safety, health, problems, and those who don't know Jesus as their Savior.

YOURSELF: that you will grow in your Christian life and become what God wants you to be. You can pray about any problems or struggles you have.

MISSIONARIES: You can ask them for specific prayer requests. Write these on your prayer pages.

PRAISE TO GOD: You can praise God for Who He is and His salvation through Jesus.

THANKS TO GOD: You can thank God for answered prayers, specific people, and so many other things.

AUTHORITIES OVER YOU: Teachers, people in government, pastors, church leaders, and parents.

SUNDAY

COLOSSIANS 1:1-8

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COLOSSIANS 1:2

In Paul's letters he calls believers _____ **STNIAS** (Spell backwards.).

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I will find these bold-faced words in the word search.



LIVE IT!

I can have **f**_____ in Jesus through the truth of the Gospel, the good news of God's salvation made possible by Christ's death, burial, and resurrection.

- I have put my faith in this good news!**
- I will ask a believer in Christ more about this good news.**
- I will now put my faith in Jesus to save me from the penalty of sin and separation from God.**

This gives me a sure **h**_____! (v. 5) From my faith and hope in Jesus, love and other fruit for God grows! (v. 6) A way I show good fruit for God (Gal. 5:22) is:

_____.

PRAYER: God, thank You for the faith and hope I can have in You. Help me to live in a way that shows the fruit of that.

What should I pray for?

COLOSSIANS 1:9-10

God is ___ ___ ___ ___ ___ ___ ___ when I

7 4 10 2 8 10 6

pray and ask Him to show me His ___ ___ ___ ___ so I can live well for Him.

3 9 4 4

God can give me spiritual ___ ___ ___ ___ ___ ___ and understanding.

3 9 8 6 1 5

CODE: 1=O 2=A 3=W 4=L 5=M 6=D 7=P 8=S 9=I 10=E

Colossians 1:11	LIVE IT!
<p>I can ask God to help me to have strength, patience, and joy even when I am going through a difficult time. I will write about what I want to ask God below.</p>	
Colossians 1:12-14	
<p>I have so much to thank God for! He saves me from eternal death. Even when I'm going through a difficult time, I can still thank Him for these things. I will:</p> <ul style="list-style-type: none"> <input type="checkbox"/> listen to or sing a song of thanks to God. <input type="checkbox"/> create some artwork of thanks to God. <input type="checkbox"/> list some things I will thank God for. 	

PRAYER: *God, I am so glad I can ask You for direction, pray to You about hard times, and have so much to thank You for! Help me not to neglect taking the time to do these things. Amen.*

Who is Jesus?

COLOSSIANS 1:15-17

Jesus is described as the firstborn of all **c** _____, because He is the One Who created it all and keeps it from falling apart! Jesus shows me Who **G** _____ is.

COLOSSIANS 1:18

Paul describes Jesus as the _____ **DAEH** (Spell backwards.) of the church. Without my head, the rest of my body would not work, and neither would the church.

He deserves: **FIRST** **SECOND** **LAST** place in everything.

Jesus deserves: **FIRST** **SECOND** **LAST** place in my life.

Colossians 1:19

LIVE IT!

Jesus is:

not just part God, He is fully God.

just kind of like God.

Because of Who Jesus is, He is worthy of my worship, service, and obedience. A way I can keep Jesus first as I go through my week is by: (Write or doodle.)

A specific way I will worship, serve, or obey Jesus today is:

_____.

PRAYER: *Father God, thank You for sending Your Son, Jesus, so that I may know what You are like. Please help me to know You better and keep You first in my life. In Jesus' name, amen.*

How can I have eternal life?

COLOSSIANS 1:20

I will write the letter that comes next in the alphabet. Paul said that when I trust by faith in Jesus, I become _____ to God.

Q D B N M B H K D C

This means that my relationship with Him is made right.

The only way to be saved or reconciled is to believe in **J** _____, God's Son, and what He has done for me.

COLOSSIANS 1:23

There is so much in this world that tries to pull me away from my faith in Jesus. Instead of being pulled away, my mind and heart need to be:

- shifting back and forth.**
- established and firm in the hope Jesus gives.**

I will:

- think about this, and make sure I firmly trust in Jesus.**
- talk to someone about this, asking questions to make sure.**

Colossians 1:21-22

LIVE IT!

I will write or doodle about how my life is different now that I have been reconciled to God.

I want to tell _____ about Jesus so they can be reconciled to God and have eternal life, too. I can start by sharing how my life has changed and what I believe. I will initial here after I have shared the good news. _____

PRAYER: *God, thank You for sending Your Son to die for me. Please give me wisdom to know how to share about Jesus with the person whose name I wrote above.*

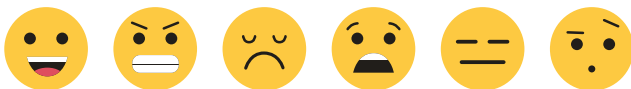
What is the mystery of Jesus?

COLOSSIANS 1:24

When Paul was in prison for teaching about Jesus, he responded this way: (Circle.)

He rejoiced in his sufferings. OR He got angry at God.

When I end up suffering for doing right, what should my attitude be? (Circle.)



Colossians 1:25-27

LIVE IT!

Paul was willing to _____ (Unscramble.)

VSREE

the church so that others could have Jesus in them. As a believer, it is not a mystery that Jesus lives in my heart. I will:

serve others this way, so they can learn about Jesus too:

_____.

ask a godly adult how I can get involved in serving in the church.

They said: _____

_____.

COLOSSIANS 1:28

A person I know who needs Jesus is: _____ . I will:

- pray for them.**
- write them a note or card about Jesus.**
- talk to them about Jesus.**
- invite them to church with me.**

COLOSSIANS 1:29

God:

- gives me the power, energy, and might I need to serve Him.**
- does not help me; I have to struggle on my own.**

PRAYER: *God, You are not a mystery to me since You live in my heart. Please help me to serve and share even when it's hard.*

How can I grow as a Christian?

COLOSSIANS 2:1-3

Paul wrote his letter to those whom he could not visit, because he wanted them to know that he:

- could not do anything for them.**
- cared and worked for their good.**

Paul wanted them to be **e**_____, be knitted or joined together in **I**_____, and have full understanding of God's **m**_____ (**Christ**).

A person who cares about me and works hard to help me grow spiritually is _____.

I will gratefully have my heart and mind ready to learn from them. **YES / NO**

Colossians 2:6-7

LIVE IT!

God wants me to grow as a Christian. To help me grow, this week I will:

- select a Bible verse and learn it by heart. I chose this verse:**

_____.

- spend time with others who believe in Jesus.**
- complete my Quite Time faithfully.**
- examine my heart, confessing sin that God brings to mind.**
- talk to a church leader about my questions about God.**
- pray daily, asking God to lead in His ways each day.**

PRAYER: *God, I want to grow as a Christian. Please help me to be faithful in completing the action(s) that I checked above.*

What happens when I am given new life in Jesus?

COLOSSIANS 2:8-10

Paul warned against being taken _____ **EVITPAC** (Spell backwards.) by false teachings about God.

It is dangerous to my mind and heart if my belief is in anything that does not depend on _____ **TSIRHC** (Spell backwards.).

_____ **SUSEJ** (Spell backwards.) was a human, just like me, yet He is God! He knows everything about me!

Colossians 2:11

LIVE IT!

When I am alive in Jesus, my old, sinful life is replaced! He sees me as set apart for Him, marked as one of His people. I will:

- thank Him!
- ask Him for that.
- find out more about that.

Colossians 2:12-15

Believing in Jesus makes a difference! I will write the opposites to show the differences.

BEFORE I KNEW JESUS	SINCE I AM ALIVE IN HIM
dead	forgiven
defeated	

I will ask a godly, loving adult who knows me well about changes or lack of them that they see in me. Based on what they said, I will: (Write or doodle.)

PRAYER: *God, I have eternal life because I am alive in You! Thank You for removing my sin, so I can have new life and be with You forever!*

Olympians

is a fun Bible-based program for kids just like you
in grades 1-6!

Just like Olympic athletes train to be the very best they can be, your Olympians coaches will help train you to be the best you can be for Jesus!

CHALLENGERS

(grades 1-2)

CONQUERORS

(grades 3-4)

CHAMPIONS

(grades 5-6)



A **Word** of **Life** Ministry

We all get to work together toward the best goal — **Living for Jesus** with all our thoughts, attitudes, words, and actions!

HOW TO KEEP TRACK OF YOUR PROGRESS

QUALIFIER

Collect all these items to be a qualifier and get your Qualifier award!



Qualifier Award

Meeting 1 Meeting 2 Meeting 3 Motto

Bronze Level Award

MEMORY VERSES
7 verses and pass the Test

John 3:14
Hebrews 11:29a
Philippians 1:6
1 Thessalonians 5:24
Matthew 25:21a
Titus 3:4-5a
1 Corinthians 13:4

SERVICE ACTIVITIES

Description: _____ Service 1
Description: _____ Service 2
Description: _____ Service 3
Description: _____ Service 4

CHRISTIAN BOOKS

Title: _____ Book 1

FAITHFULNESS

Quiet Time Attendance

This form is for those keeping records of program progress. Detailed instructions and a listing of Service Ideas are located in the Champion program pages in the back of this book.

SERVICE ACTIVITIES

Your Olympians coaches will help you show love for Jesus and others in creative ways that you can do!

MEMORY VERSES

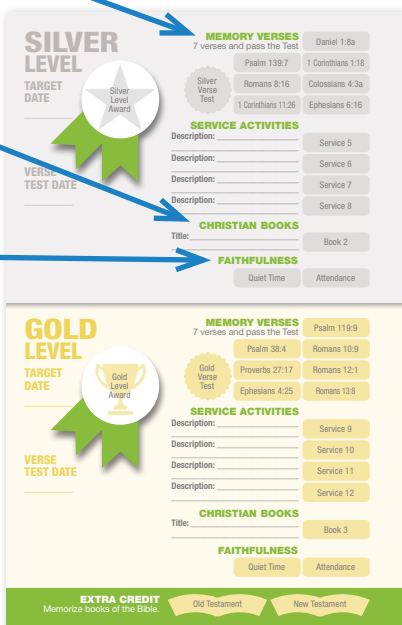
Keep track of each Bible verse you memorize!

CHRISTIAN BOOKS

Read some great Christian books just for you!

FAITHFULNESS

Read your Bible and spend Quiet Time with God regularly. Come to Olympians weekly!



Silver Level Award

MEMORY VERSES
7 verses and pass the Test

Daniel 1:8a
Psalm 139:7
1 Corinthians 1:18
Romans 8:16
Colossians 4:3a
1 Corinthians 11:26
Ephesians 6:16

SERVICE ACTIVITIES

Description: _____ Service 5
Description: _____ Service 6
Description: _____ Service 7
Description: _____ Service 8

CHRISTIAN BOOKS

Title: _____ Book 2

FAITHFULNESS

Quiet Time Attendance

Gold Level Award

MEMORY VERSES
7 verses and pass the Test

Psalm 119:9
Psalm 38:4
Romans 10:9
Proverbs 27:17
Romans 12:1
Ephesians 4:25
Romans 13:8

SERVICE ACTIVITIES

Description: _____ Service 9
Description: _____ Service 10
Description: _____ Service 11
Description: _____ Service 12

CHRISTIAN BOOKS

Title: _____ Book 3

FAITHFULNESS

Quiet Time Attendance

EXTRA CREDIT
Memorize books of the Bible.

Old Testament New Testament

As you finish the **Bronze**, **Silver**, and **Gold** levels you can receive some fine awards to recognize your hard work. **Check them out on the next page.**

Scripture Memory

Olympians Motto:

"I press toward the mark for the prize of the high calling of God in Christ Jesus."

PHILIPPIANS 3:14



Want to review your verses online?
Scan the QR code to open the
Quizlet App to help review your
verses.

✓ Check each verse as it is memorized.

1

How did Jesus say He would die?

John 3:14

And as Moses lifted up the serpent in the wilderness, even so must the Son of man be lifted up.

2

How did the Israelites cross the Red Sea?

Hebrews 11:29a

By faith they passed through the Red sea as by dry land.

3

Is God still working on me?

Philippians 1:6

Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ.

4

Will God help me do what He wants me to do?

1 Thessalonians 5:24

Faithful is he that calleth you, who also will do it.

5

What do I want to hear God say to me?

Matthew 25:21a

His lord said unto him, Well done, thou good and faithful servant.

6

What did God show me when I was lost in my sin?

Titus 3:4-5a

But after that the kindness and love of God our Saviour toward man appeared, not by works of righteousness which we have done, but according to his mercy he saved us.

7

What does real love look like?

1 Corinthians 13:4

Charity suffereth long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up.

Scripture Memory

✓ Check each verse as it is memorized.

8

How did Daniel prepare himself to face temptation?

Daniel 1:8a

But Daniel purposed in his heart that he would not defile himself with the portion of the king's meat, nor with the wine which he drank.

9

Is it possible to hide from God?

Psalm 139:7

Whither shall I go from thy spirit? or whither shall I flee from thy presence?

10

What do people think about Jesus' death on the cross?

1 Corinthians 1:18

For the preaching of the cross is to them that perish foolishness; but unto us which are saved it is the power of God.

11

Once I believe Jesus died on the cross for my sins, what am I?

Romans 8:16

The Spirit itself beareth witness with our spirit, that we are the children of God.

12

What should I pray for people who want to share the Gospel?

Colossians 4:3a

Withal praying also for us, that God would open unto us a door of utterance, to speak the mystery of Christ.

13

What do we proclaim when we observe Communion?

1 Corinthians 11:26

For as often as ye eat this bread, and drink this cup, ye do shew the Lord's death till he come.

14

What piece of the armor of God helps me to extinguish Satan's fiery darts?

Ephesians 6:16

Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.

Scripture Memory

✓ Check each verse as it is memorized.

15

How can I keep my life clean and pure?

Psalm 119:9

Wherewithal shall a young man cleanse his way? by taking heed thereto according to thy word.

16

What will my sins feel like?

Psalm 38:4

For mine iniquities are gone over mine head: as an heavy burden they are too heavy for me.

17

How can I be saved?

Romans 10:9

That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved.

18

How do friends help each other?

Proverbs 27:17

Iron sharpeneth iron; so a man sharpeneth the countenance of his friend.

19

What should I offer in service to God?

Romans 12:1

I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

20

How should we speak to each other?

Ephesians 4:25

Wherefore putting away lying, speak every man truth with his neighbour: for we are members one of another.

21

What is the one thing that I do owe to others?

Romans 13:8

Owe no man any thing, but to love one another: for he that loveth another hath fulfilled the law.