







KLTC Young Members Launch Party

Tuesday 13 January, 2015 6.00 - 9.00pm

Kooyong Lawn Tennis Club - Grass courts

Canapas & drinks 5.00pm 8.00pm cash bar thereafter

Ticket to the Tennis included. gates open at 10.00am

Tickets \$55 Members \$65 Non Members

See www.kooyong.com.au for more details





Woods & Whites Garden Party

Wednesday 14 January, 2015

5,30 - 7,30pm

Kooyong Lawn Tennis Club - Grass courts

Drinks and Canapés

Wine tasting brought to you by Nepenthe Wines

Ticket to the Tennis included. gates open at 11.00am

Tickets \$55 Members \$65 Non Members

See www.kooyong.com.au for more details.







KLTC MEMBERS ONLY SPECIAL

Win a trip for 2 to Thailand

As a KLTC member, by purchasing a ticket to the Priceline Pharmacy Classic via the unique members link on the KLTC website, you are automatically placed in the draw to win a trip for 2 to Thailand including 4 nights accommodation. See www.kooyong.com.au for more details on how to enter.







Game, Sedge & Match

It was fantastic to see Kooyong **Foundation Patron Frank** Sedgman launch his biography amongst friends and family at Kooyong last month.

The tennis legend, who ushered in an era of Australian dominance of the sport in the 1950's, is humble despite his lengthy list of achievements that would have rolled on had he not turned professional at the age of 25.

Having been ostracised by the tennis fraternity after defecting to Jack Kramer's Pro Tour, Sedgman won 22 Grand Slam titles including the doubles Grand Slam in 1951 with Ken McGregor.

This total could have been anything if Sedgman had remained an amateur but his legend grew.

Despite not being able to enter Kooyong for 15 years, the advent of the Open era saw the game boom and his trailblazing decision was eventually heralded.

Frank's contribution to the Kooyong Foundation since its creation more than 15 years ago highlights his continued love of the game and he will long be remembered as a giant of the sport especially at Kooyong.

Any members wishing to purchase a copy of Frank's book can get them in the Pro Shop.



COURTSIDE

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PRESIDENT'S REPORT

Committee discussions over many years have noted the need for Kooyong Lawn Tennis Club to prosper as a modern relevant Club by appealing to a broader audience than just tennis players.

Anecdotally single sport or single interest Clubs have been more susceptible in recent times to changing lifestyles and fads. Kooyong, whilst staying true to our roots as the "Spiritual Home of Australian Tennis", and for that matter squash, has evolved into a lifestyle Club appealing to a broad range of Members of all ages, some of who rarely pick up a racquet.

Despite opposition from some quarters, the Fraser & Quinn Presidential eras introduced the first gym and pool at Kooyong, and later construction of a much bigger gymnasium and pool. These areas have been of great attraction to Members, both past and new. The fact that the bar, dining and balcony areas are such pleasant places to meet other Members and to entertain visitors are in many respects an added bonus of Membership for our active sports participants.

Some greater flexibility around senior Memberships and the surge in membership of the Bridge group, Wine and Food Society, Social Committee, RCH Auxiliary and Young Members groups have also given our less sporting and senior Members good reason to remain Members of our great Club.

Kooyong is blessed by its geographical location and with around 90% of Members living within 7 kilometres of the Club and a plethora of activities and social options available to Members, Kooyong activities compliment the ever-increasing busy lifestyles of our younger members. Kooyong truly is a Club that fits comfortably within most Members' daily routines.

In contrast to Kooyong, the Members of most metropolitan Golf Clubs live quite a distance away from their club. Adding a gym or pool or improving and expanding dining facilities at a metropolitan golf club won't necessarily translate into greater Member Club use as it did at Kooyong.

Lifestyle changes have also worked in favor of Kooyong given the relatively short time required to complete a game of tennis or squash, swim laps or to complete a gym workout.

The cycling boom that has impacted golf clubs has had far less an impact on Kooyong, and one suspects on tennis clubs around Australia. All the same this Committee and future Committees of Kooyong will need to remain vigilant to changing lifestyles, interests and Member expectations.

Our exciting masterplan is close to being finalised and I believe that it promises to help maintain Kooyong's position as one of Melbourne's great Club Memberships.

Annual General Meeting

At the recent AGM, Members approved adoption of a new set of Club rules that see that the Club complies with the updated Associations Incorporation Reform Act 2012 (and its associated Regulations), which replaced the Associations Incorporation Act 1981.

The Club's Committee and Management, with the assistance of experts in this field prepared the updated set of rules for the Club which included the ability for the Club to reduce the size of the Committee and to remove a number of historical anomalies.

Under the Rules, the Committee will be known as the Board. Members will continue to vote for their President, however, the Board will now appoint the Treasurer and Vice President. The size of the Board will reduce from a maximum number of 12 down to 9 and Board members will be restricted to the number of consecutive terms they may serve.

The reduced size of the Committee better reflects the Club's size, purpose and operation and will help future Committees with succession planning.

Priceline Pharmacy Classic - Kooyong

Our Kooyong Classic partner, IMG, has announced the first six players for the Priceline Pharmacy Classic. They are Fernando Verdasco, Feliciano Lopez, Alex Dolgopolov, Richard Gasquet, Gilles Simon and last year's winner Kei Nishikori.

The 2015 Priceline Pharmacy Classic sees a departure from the traditional Saturday final with the event now to start on Tuesday with the finals played on Friday. IMG, in conjunction with Kooyong, have created some exciting Member events during the Classic and an exciting ticket promotion with Thai Airlines.

I encourage all Kooyong Members to support your event by booking seats at the Classic and by joining in on the IMG special Member events.

On behalf of my Committee I would like to take this opportunity to wish all Members a safe and Merry Christmas and a Happy New Year.

Ian Hill President

A MESSAGE FROM THE CEO

shaping up as four great days of tennis at Kooyong with a strong field announced and also a number of Kooyong Member activities planned.

Members function this year another is planned for Tuesday 13th January 2015, while on Wednesday 14th January 2015, Kooyong Members are invited to the Woods & Whites Garden Party featuring wine tasting by the sponsor, Nepenthe.

Members purchasing tickets for the AAMI Classic. Kooyong Members taking that opportunity will be entered in to a Member only draw for a trip for two to Thailand including 4 nights accommodation, sponsored by Thai Airways.

of excellent corporate opportunities available. Go to the Club website at www.kooyong.com.au and follow the links for further information and ticketing details.

changes to the Club website and a number of further additions and enhancements will be introduced

again in February and booking forms are available online and around the Club for Members to participate in this increasingly

Our grass courts look superb as we open them for the season ahead. Members are enjoying excellent conditions and we look

At the end of another busy year at the Club, I extend to all Members best wishes for a wonderful Christmas and continuing great

Chris Brown

KOOYONG'S OMAR JASIKA WINS JUNIOR US OPEN TITLES

Kooyong Foundation Fitzgerald Scholarship star Omar Jasika has completed a brilliant comeback win to complete a rare US Open double in New York.

Jasika came back from the dead to upset French fifth seed Quentin Halys 2-6 7-5 6-1 to become the first player in 28 years to win both the boys' singles and doubles crowns at Flushing Meadows.

The 17-year-old joined countrymen Pat Cash (1982) and Bernard Tomic (2009) along with US Open men's champions Stefan Edberg (1983), Andy Roddick (2000) and Andy Murray (2004) on the junior singles honour roll.

"It hasn't really kicked in yet, but it feels unbelievable, like very honoured to be on one of the lists," Jasika said.

Jasika looked in trouble after two big double-faults led him to fall behind 5-4 in the second set before scaling the mountain in an incredible fightback on Show Court 17.

Halys, the reigning European champion and fifth seed, missed his chance to serve out the match as Jasika reeled off six straight games. During one unbelievable spell, the left-hander won

17 out of 18 points from 4-5 down to go 3-0 up in the deciding set.

"This week has been unreal for me. Just sticking in and hanging in got me through a few matches, so I kept it in my head and I hung in and kept fighting."

The victory completes a remarkable unbeaten 11-match campaign in New York for Jasika, who paired up with Japan's Naoki Nakagawa to secure the boys' doubles title on Saturday.

The teenager had to play both singles and doubles several times throughout the tournament and he refused to give up his dream of winning both titles.

Jasika said he started thinking about completing the double after defeating highly-rated American Jared Donaldson - who was awarded a wildcard into the

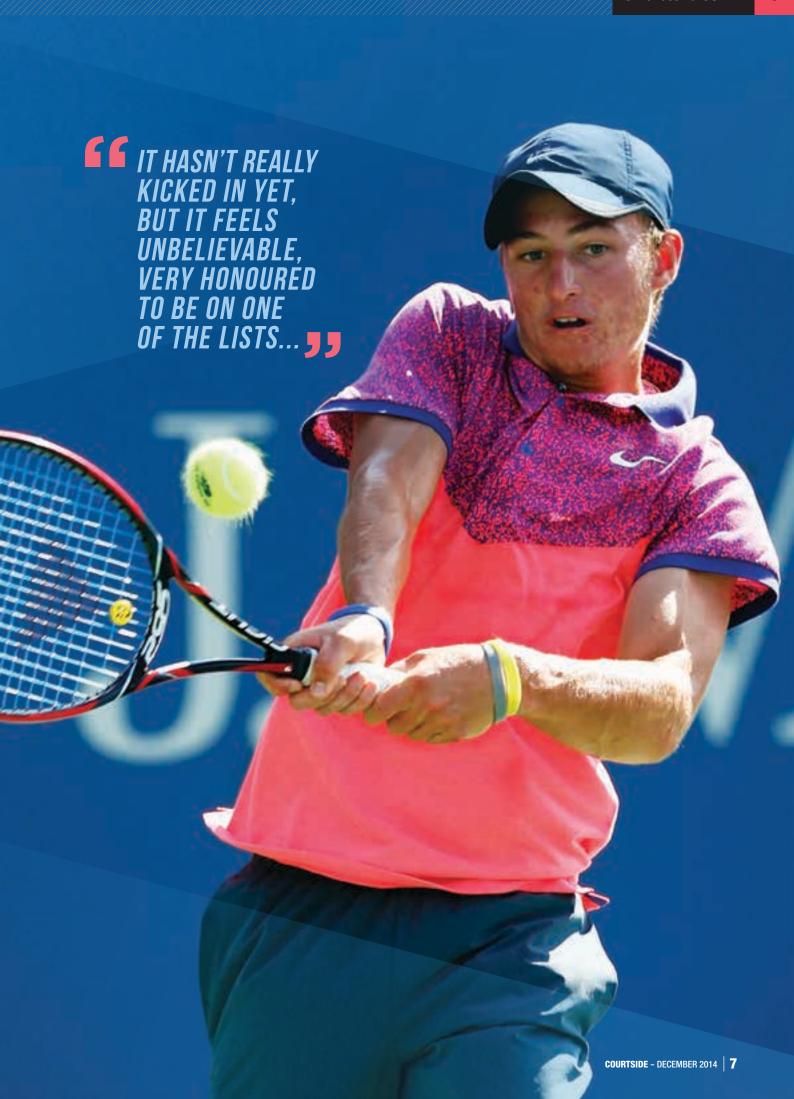
main draw and won 10 games off Gael Monfils - in the second round.

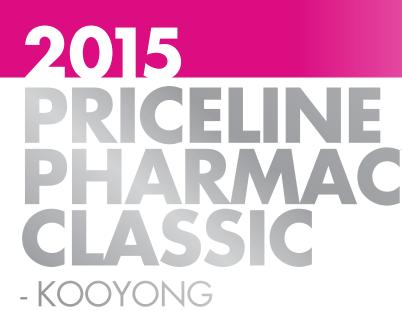
It is a wonderful achievement and one that outlines the important work the Kooyong Foundation is doing to support junior development in Australia.

Omar has been involved with the Foundation program since the start of 2010 and continues to receive support to help him reach his goals on the world stage.

For information regarding tax deductible donations please contact CEO, Chris Brown, on 9822 3333.







The Kooyong Classic is taking on a new look in 2015 with a slight change of dates and a new title sponsor set to shake things up.

The world class tennis remains and we are sure to see plenty of that at Kooyong again this January.

The event will now be held from Tuesday January 13th through to Friday January 16th where we will see the new champion crowned.

"This is a very exciting year for the tournament with new title sponsor Priceline Pharmacy coming on board and we are looking forward to evolving the partnership we began with them at the 2014 event," said Tournament Director Brian Cooney.

Stephen Roche, MD and CEO of API, Priceline Pharmacy's parent company, said they plan to celebrate their partnership with the event throughout January, promoting the benefits to Australians of being proactive about fitness and health.

"Sport is integral to a healthy active lifestyle and tennis appeals to Australians of all ages," said Roche.

"The Kooyong Classic is an iconic event on the Australian sporting calendar and we are proud to call it out as the Priceline Pharmacy Classic - Kooyong in 2015.'

"The tournament will form the focal point of many exciting activities through January that will deliver exceptional health and beauty offers for our millions of Priceline Sister Club Members across Australia," he said.

World number 5 and ATP World Tour Finals semi finalist, Kei Nishikori, returns in 2015 to defend the title he won last year when he defeated Tomas Berdych in a high quality final to emulate his coach, Michael Chang, who also lifted the trophy at Kooyong in preparation for the Australian Open.

After a huge year in which he reached a career high ranking and made his first Grand Slam final at the US Open, Nishikori will be hoping to continue that form into the new season.

Having reached the semi finals in Brisbane, Nishikori then made it through to the fourth round at the Australian Open before becoming the first player to win back to back titles at Memphis since Tommy Haas in 2006-07 by defeating Karlovic in the final.

He was in great form at the Miami Masters when he saved four match points to defeat Ferrer in the fourth round before beating Federer in three sets in the quarterfinal and having to withdraw from his semi final with Djokovic due to a groin injury.

He then went on to be the first Japanese player in the Open era to win a claycourt title when he defeated Santiago Giraldo in the

Barcelona final. He was the first non Spaniard to win the title in Barcelona for 12 years.

Nishikori reached his first ATP World Tour Masters 1000 final in Madrid the following week but unfortunately retired down 3/0 in the final set versus Nadal ending a brilliant 14 match winning streak.

This run moved him into the top ten and he became the first Asian player to reach the top ten since Paradorn Srichaphan in 2004.

He continued his great run of form into the grass court season where he made the semi finals at Halle where he fell to Federer and then made it to the fourth round at Wimbledon for the first time in six attempts, losing to Milos Raonic in four sets.

Nishikori became the first Asian male to contest a Grand Slam final at the US Open, beating three top 10 players en route to the final, where Marin Cilic proved to be too strong.

This helped him climb back into the top 10 before he lifted his third ATP World Tour title of a career best season when he won the title in Kuala Lumpur.

Nishikori then won his second Tokyo crown when he defeated Raonic in the final in three sets. It was his first time winning back to back ATP Tour finals.



At the ATP Tour Finals he was able to defeat Andy Murray before going down to Federer and then reached the semi finals when he defeated David Ferrer who had replaced Raonic for the final round robin match.

Tournament Director Brian Cooney said he was delighted to welcome Nishikori back to Kooyong for the Priceline Pharmacy Classic - Kooyong. "Kei is an incredibly popular player and plays a dynamic, fighting brand of tennis that Aussie fans love," said Cooney.

Spanish left hander Feliciano Lopez is a welcome addition to the Kooyong Classic field and is coming off a career best year having reached number 14 in the ATP rankings.

He started the year with a third round showing at the Australian Open but it was through the middle of the year that he started to really make his mark.

Lopez became the first left hander and Spaniard to reach the Queen's Club final since Nadal won in 2008 and at 31 was trying to become the oldest winner at Queen's since Tony Roche, at 33, beat McEnroe in 1978.

He eventually lost in three tie break sets to Dimitrov despite holding one match point.

He was able to retain the Eastbourne crown defeating Gasquet 7/5 in third for his fourth ATP World Tour title and in doing so became the first player since 2001 to reach consecutive grass court finals prior to Wimbledon when Hewitt and Johansson featured in back to back finals.

Lopez then went on to Wimbledon where he withstood 52 aces from Isner to reach the fourth round where he fell to Stanislas Wawrinka.

He reached the semi finals of the ATP World Tour Masters 1000 event in Toronto having beaten Berdych in the third round and Raonic in the quarterfinals but went down to Federer in the semi final before going on to make the third round at the US Open for the fifth straight year, one of six Spaniards to reach that stage.

In early October Lopez defeated Nadal in the second round at the Shanghai Masters 1000 event en route to the semi finals where he fell to Gilles Simon who will also play in the 2015 Kooyong Classic.

Simon, the world number 21, started the year with two huge battles at the Australian Open including saving 7 match points to win 16/14 in the fifth against Daniel Brands before beating Cilic in five sets and then going down to Tsonga in the third round.

He continued his run of long matches when he recorded the longest best of three match of the season, three hours and nineteen minutes, when going down to Nadal in the second round at the Rome ATP Masters 1000 event.

Simon then reached the semi finals in Nice where he lost to Federico Delbonis before making the third round at Roland Garros where he lost to Raonic 7/5 in the fifth set.

He also lost in the third round at Wimbledon

when facing Djokovic before recording a great win over Ferrer in the third round at the US Open before stretching Cilic to five sets.

He reached his second ATP World Tour semi final of the year in Tokyo where he lost to Raonic and then beat Wawrinka in the second round at the Shanghai Masters before going on to reach the final against Federer, who won the title in two tiebreak sets.

Another exciting addition to the field for the 2015 event is Alexandr Dolgopolov who is currently ranked number 23 in the world.

The unorthodox Ukrainian star reached the final of Rio de Janeiro where he lost to Nadal after beating Ferrer in the semi finals.

He then lost an epic five set encounter with Australia's rising star Nicholas Kyrgios at Wimbledon, finishing at 10/8, despite holding nine match points.

The Frenchman then reached the Washington semi finals where lost to Vasek Pospisil 7/5 in the third after beating Nishikori in the quarterfinals before heading to the US Open where he lost to countryman Monfils in the third round.

Another Kooyong favourite and the 2010 champion, Fernando Verdasco, rounds out the players announced for the 2015 event at this stage.

The world number 32 lost a five set encounter

THE KOOYONG CLASSIC IS AN **ICONIC EVENT ON THE AUSTRALIAN SPORTING CALENDAR...**

He followed that by reaching the semi finals. at Acapulco where he went down to Anderson in three sets.

He recorded the biggest win of his career at Indian Wells when he defeated Nadal 7/6 in the third set and then went on to reach the semi final against Federer where he went down in straight sets.

He served brilliantly in the second round of Wimbledon to defeat Benjamin Becker before losing to Dimitrov in five sets in the third round and then underwent knee surgery in mid July before returning to the ATP Tour in Tokyo.

Dolgopolov had a great win over Simon in Valencia before his year came to an end in the first round at the Paris Masters at the hands of Thiem and will be looking forward to getting 2015 off to a great start here in Melbourne.

The supremely talented Richard Gasquet is also a fantastic addition to the Kooyong Classic field and tennis fans will again enjoy watching the French star up close here at "the spiritual home of Australian tennis".

The smooth moving world number 27 is always a fan favourite in Australia where he reached the third round of the Australian Open before falling to Tommy Robredo last year.

He followed up his title win in Montpellier last year by making the final in 2014 where he went down to Monfils. It was his 21st ATP World Tour final.

He then lost to Ernest Gulbis in semi finals in Marseille before going down to Fernando Verdasco in third round of Indian Wells.

Gasquet then reached the third round at Roland Garros where he again went down at the hands of Verdasco before reaching the final at Eastbourne, going down to Lopez 7/5 in the third set.

with Teymuraz Gabashvili in the second round at this year's Australian Open.

He then broke a six match losing streak in title matches when defeated Nicolas Almagro for the Houston title. He became the 5th player over 30 years of age to win a title in 2014.

The Spaniard then beat Gasquet in the third round at Roland Garros before losing to Murray in the fourth round.

His year then started to gain momentum with two semi finals in three events starting in Bastad, losing to Pablo Cuevas, and again in Gstaad where he lost to Pablo Andujar.

He then recorded his 400th ATP Tour match victory with a five set win in the first round of the US Open before going down to Andrey Kuznetsov in the second round.

He made the quarterfinals in Stockholm where he lost to Bernard Tomic 7/6 in the third set before making a run to the third round at the Paris Masters where Ferrer proved too strong.

With six fantastic players announced and two more to be confirmed in coming weeks, it will be exciting to see the 2015 Priceline Pharmacy Classic – Kooyong tournament take shape across the new dates leading into the 2015 Australian Open.

Tickets are on sale now through Ticketmaster but members are encouraged to buy tickets via the link on the Kooyong website and for more information about the event, including future signings, go to the Kooyong Classic website www.kooyongclassic.com.au.





KOOYONG'S DESTANEE AIAVA SEES AUSTRALIA THROUGH TO SEMENAL

Kooyong Fitzgerald Scholarship holder Destane Aiava led Australia into the semi finals of the World Teams Championships in early August before being called up to the Junior Fed Cup side.

The showdown with the second seeded team from the Ukraine was always going to be a tough encounter after the Aussie side defeated the home country, the Czech Republic, to reach the last four.

After wins against Peru and Poland over the first two days, the Australian girls needed to keep that form going needed to keep that form going.

Jeannette Lin played another fantastic match to put the Australians up one rubber to love when she defeated her accomplished Czech opponent, Karolina Berankova, in straight sets 6/3 6/2.

"Jeanette Lin kicked us off with an emphatic win against a very accomplished Czech girl. She really stepped up and played a great match today to put us one up," said coach Craig Tyzzer.

Destance then stepped up to the plate in the number one position to again produce a sterling performance for her country when it was needed as she did battle with Lucia Kankova.

She got off to a great start to win the first set 6/2 and had one foot in the semi finals but the Czech girl wasn't finished yet as she fought back to win the second set 6/3 to send the match into a deciding set.

From there Destanee dominated as she reeled off six consecutive games to win the match 6/0 in the third set and put Australia into the semi finals.

"Destanee Aiva was next up against the No.1 Czech girl and she played a tremendously hard-fought match which featured well over two-and-a-half hours of quality hitting. Destanee finished really strong with a 6-0 third set win to put us through to the last four," said Tyzzer.

In the doubles, Destanee teamed up with Gabby Ruffels but the Czech girls clawed one back in a hard fought 7/6 4/6 6/4 victory.

The Australian girls again showed great courage in the semi final but they were unable to get past the Ukrainians.

Jeanette Lin fought hard to send the first set to a tiebreaker before Katarina Zavatska found a way to win the set and then went on to win the match 7/6 6/2.

Needing a win to keep the match alive, Destance fought for everything with her familiar tenacity and the first set against Dayama Yastremska went to a tiebreaker but it was the Ukrainian who found a way to win the set.

The 9/7 scoreline in the tiebreaker highlighted how close it was but the Ukrainian then took full advantage of her position to take out the match in straight sets to send her team through to the final 7/6 6/2 to play against the Russians who were the eventual champions.

Destance was then called into the Junior Fed Cup team alongside Kimberly Birrell and Seone Mendez in Mexico in late September.

In Group D play, Destance got the Australians off to a perfect start with a tough three set win over Mexico's Daniela Morales 2/6 7/6 6/4 before Birrell won her singles in straight sets and then teamed with Mendez to win the doubles.

The next day the Australians took on Ecuador and Destanee again got the team off to the perfect start with a grinding 7/6 7/6 win Camila Romero.

Mendez then had a short match when her opponent, Rafaella Baquerizo, retired at 5/4 in the first set to give the Australians the win. Mendez then teamed with Destanee to complete the clean sweep over the team from Ecuador.

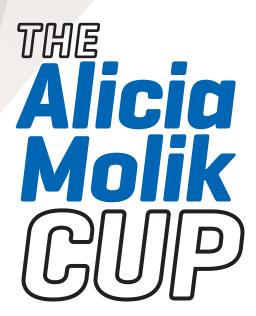
The final group match saw Australia take on Hungary and it was Mendez and Birrell playing the singles matches for the Aussies.

Unfortunately both girls lost close matches, Mendez in three sets and Birrell in two tight sets, so the Hungarians moved through to the semi finals after Destanee teamed up with Birrell to win the doubles 6/0 7/5.

The Australian girls ended up finishing 7th after losing to Japan but defeating Thailand in the following playoffs which is still a fantastic effort.

Congratulations to Destanee on her brilliant performances at both events in 2014!

We wish her luck for the trip to America in December to play in the Orangebowl.



The Kooyong Foundation will continue its support of junior tennis development when it hosts the Alicia Molik Cup on December 13 & 14.

The 12 and under teams event, featuring metropolitan associations and country regions, will again grace the courts at Kooyong in what is always a highlight for all the kids involved.

The 2013 event saw Waverley win a nailbiting final against the North Suburban Junior Tennis Association that was a draw before both teams had to be separated by multiple tiebreaks to decide the winner.

Teams are again likely to come from as far away as Warnambool, Swan Hill and Bairnsdale to be part of the action.

The finals will be played on Sunday afternoon and members are invited to come down and see some of the best junior players in Victoria.





The 50 year members' induction is one of the best events on the Kooyong calendar as we celebrate our newest additions to this exclusive group.

The memories were as fresh as if it was yesterday as many of the Club's 250 plus 50 year members gathered for a wonderful afternoon in late July.

The 19 new inductees for 2014 were Michael Correll, Peter Norman, David Mattei, Montague Bonwick, Lewis Dundas, Janet Derham, Fran Graham, Neville Bertalli, Robert Williams, Mick Brown, Louine Paterson, Helen McGuinness, Colin Barraclough, Maurice Pitard, David Corrigan, Neville Clark, Carmel Hughes, Phillip Wooldridge and Allan Galvin.

KLTC President Ian Hill was on hand to present each inductee with their 50 year member tie or scarf

as well as their new membership card, gold embossed, to signify their standing at this great Club.

The stories shared on the day also epitomise what Kooyong has been to so many over such a long time and it continues to provide so much enjoyment for members in all its varying aspects.

From tennis, squash, billiards, bridge, the gym and pool and just socially, Kooyong has something for everyone and provides so much to its members.

Congratulations to all 19 new inductees and we hope you enjoy the Club for many years to come!



Our 50 Year Member inductees recounted their favourite memories of their time spent at Kooyong.





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NEWCOMBE MEDAL

THE AUSTRALIAN TENNIS **AWARDS WILL BE PRESENTED** IN LATE NOVEMBER AND IT'S **GREAT TO SEE FOUR KOOYONG** MEMBERS NOMINATED.

Coaching Excellence - Club.

Fed Cup finals while also being the highest ranked junior in her age group

doubles titles, has shot him to stardom the world.

His senior results since the US Open have been exemplary and he now lhas a career high senior ITF ranking of 558.

Glenn's win in the 55's at the World Championships along with continuing to hold the world number one

coach at Willison Park and his

Newcombe Medal!



Kooyong had several Members compete in the recent Super Seniors **World Championships** held in Antalya in Turkey.

Ann Fotheringham's effort, pictured above, to make the final of the 80's singles and nearly win the title was fantastic.

In the final, Ann played the top seed, Ilse Michael, from Germany and she won the first 6/4 before Ilse fought back to win the second set with the same scoreline.

This sent the final into a match tiebreaker and unfortunately for Ann it was the German who came out on top 4/6 6/4 10/4.

Ann also made the quarterfinals of the doubles event.

Former world champion Andrew Rae also made a great run through the 60's singles event where he reached the semi finals

before bowing out at the hands of Spanish number four seed Javier Lazcano-Hernandez.

He also reached the quarterfinals of the doubles with Michael Collins.

Two-time Club Champion Dennis Maddern also reached the third round in the 60's singles.

In the 70's singles, Hayden Rees reached the third round before going down to the second seed from Germany Peter Adrigan while also making it to the quarterfinals of the doubles with his German partner Karl Schaefer.

Heather Barwick also reached the second round of the 70's singles while also making it through to the semi finals of the doubles with Judy Hancy.

Congratulations to all our members on their recent performances at the World Championships!



The AGM was held in the Kooyong Room on Wednesday 29th October 2014 and was well attended.



President, Ian Hill welcomed the Members present and reported on another excellent year at Kooyong. He outlined the activities that had taken place during the year, which included the completion of a feature pathway, fences and other features around the grass courts. He also noted the addition of cardio equipment within the gym, which was added during the year.

The annual report also outlined the activities of Members across all areas of sport and the achievements of many who have gone on to make great achievements on the sporting world stage.

Treasurer Joe Dicks reported on the excellent financial results achieved in the 2013/2014 year and noted the strong financial position of the club.

The nominations for Committee were confirmed and the President congratulated Joe Dicks on his

appointment as Treasurer and Margot McCluskey, Fiona Law and Richard Kennett on their election to Committee, each for three years.

The meeting then considered a Special Resolution to adopt new Rules to govern the club.

Vice President, Peter Carew noted the reasons for the proposed changes to include compliance with changes in the Incorporated Associations Act, which governs incorporated bodies including Kooyong, and other recommendations deemed to provide best practice for governing the club.

Among the changes considered by the Members were the recommendations to adopt a new structure for the Committee, which will reduce the Committee size from a maximum of twelve to nine.

After discussion, the meeting moved unanimously to adopt the Rules.



It was with some trepidation that we sat down at our table in the Kooyong Room at Kooyong on Thursday 16 October as we sought to win the Inter Clubs Wine Challenge for a second successive year.

Sixteen teams from Kooyong Lawn tennis Club, Royal South Yarra Lawn Tennis Club, the Australian Club, the RACV Club and University House were set to test their palates over two brackets of wine - a bracket of four whites and a second bracket of four reds. Teams have 20 minutes for each bracket to identify the grape variety, country of origin, region, vintage and to write a tasting note on each wine. These notes are scored by a panel made up of the Food and Beverage Managers from each of the clubs.

Following last year's win, Kooyong hosted the evening and the wines were selected by Patrice Renaudin. This year Kooyong had three teams competing - up from two teams last year and one team in previous years.

Patrice set some interesting challenges with the wines and after the first bracket of white wines, the field was led by a team from University House with the Australian Club in second place the Kooyong Classiques in third place.

As was the case in 2013, the Classiques were able to come from behind to score



From left: Rob Peebles, Patrice Renaudin, David Marcun, Marie & Greg Baker and Bob Welch

a narrow win from the Australian Club with University House in third place. The team scored a near perfect 19.5 out of 20 on the last wine - a 2012 Leconfield Coonawarra Cabernet Sauvignon - that enabled the narrow win. Kooyong's winning team comprised Rob Peebles, David Marcun, Robert Welch, Marie & Greg Baker.

The other two Kooyong teams also performed well and finished in the middle of the field. These teams were the "En tout cas" with Ken Wheat, Will Derham, Stephen Jelbart. Andrew Francis and Jenny Sullivan and the "Koots" of Geoff Pullen, Marg Bristow, Cathie & Tony Hancy, Elwyn & Anthony Nania.

Our thanks go to Patrice Renaudin for his untiring support, for fostering our interest in wine and giving us the opportunity to train our palates in our training sessions leading up to the event. Thanks also go to Bert Armstrong who did an admirable job hosting the evening.

Our 2014 win means that Kooyong will once again host the event in 2015.

We would be delighted to welcome other Kooyong members to the event and we ask that you register your interest with Patrice, Kooyong's Food & Beverage manager (patrice@kooyong.com.au).

We look forward to challenging our palates again in 2015.

Greg Baker



Being Sun Smart on the courts this Summer

Members are reminded to be SunSmart this summer to ensure they don't damage their skin or put themselves at risk of skin cancer.

RATIONALE

A balance of ultraviolet radiation (UV) exposure is important for health.

Too much UV from the sun can cause sunburn, skin damage, eye damage and skin cancer. Australia has one of the highest rates of skin cancer in the world. Two in three Australians will develop some form of skin cancer before the age of 70.

People often experience sunburn and skin damage when playing or watching sport due to extended periods exposed to high levels of UV without appropriate sun protection.

Too little UV from the sun can lead to low vitamin D levels. Vitamin D is essential for the development and maintenance of healthy bones and muscles, and for general health.

SUN PROTECTION MEASURES

(1) CLOTHING

- Sun-protective clothing should be worn at all times.
- Tops/jerseys should be made from UPF (UV protection factor) 50+ material and have long sleeves and a collar.
- Tops/jerseys should be loose fitting and lightweight.
- Where clothes do not provide adequate sun protection, participants are reminded to apply SPF 30 or higher sunscreen to all exposed skin and wear covering clothing whilst not on the courts.

(2) SUNSCREEN

- SPF 30 or higher broad spectrum, water resistant sunscreen is promoted. People with naturally very dark brown or black skin (not a tan or olive skin) may not need to wear sunscreen.
- Participants are encouraged to apply sunscreen 20 minutes before training or playing and to reapply every two hours or immediately after toweling dry.

- Sunscreen should be stored below 30°c and replaced once it is past the use-by date.
- Participants are encouraged to apply a generous amount of sunscreen (the equivalent of one teaspoon per limb).

③ HATS

 Wide-brimmed or bucket style hats are advised to be worn. Caps and visors do not provide adequate sun protection to the face, ears and neck and are not recommended.

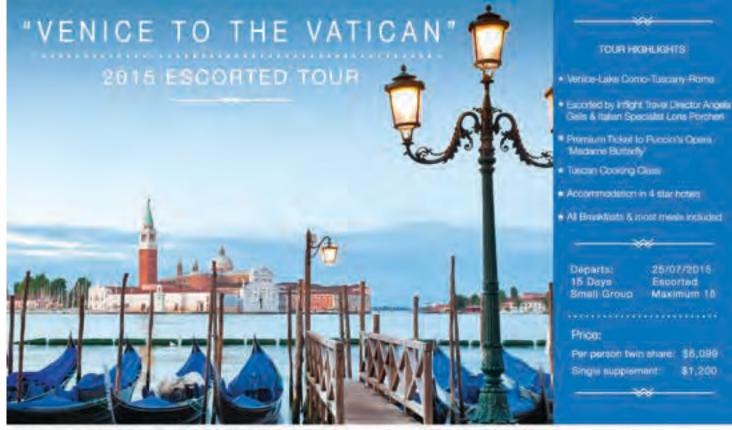
(4) SHADE

• When not actively playing or between individual events, participants should rest in shaded areas.

(5) SUNGLASSES

• Participants are advised to wear sunglasses that meet the Australian standard (ASNZS 1067:2003).

Please visit www.sunsmart.com.au for more information about protecting your skin when playing on the courts this summer.



Contact Edwina Vesely (Kooyong member) for further details and a copy of the itinerary.

Terms and conditions apply, please see your inflight Travel consultant. inflight Travel contact details; edwina@inflightravel.com.au

call the office on 98278975



Visit us at Shop 6,145 Canterbury Road , Toorak, 3142

STAY PLAY & DINE

AT PORTSEA GOLF CLUB





Kooyong Members can enjoy special opportunities at Portsea Golf Club.

The club is located at the tip of the Mornington Peninsular in beautiful Portsea only a 90 minute drive from Melbourne CBD.

The acclaimed championship course is well renowned, and the new clubhouse offers excellent accommodation and dining.

Kooyong Members may enquire about the special discounts available whilst visiting Portsea Golf Club.

STAY, PLAY & DINE BOOKINGS

T: (03) 5981 6100

E: hotelfo@portseagolf.com.au

MEMBERSHIP ENQUIRIES

T: (03) 5981 6151

E: office@portseagolf.com.au

Grass Tennis Courts

It is a great time of year when grass court tennis returns to Kooyong.

Work carried out during winter provided excellent preparation for the grass courts and a bout of late warm weather assisted greatly in readying them for reopening in November. Based on the conditions at the season opening, Members are looking forward to enjoying another bumper season.

The work carried out around the grounds in 2013 has presented the courts, gardens and surrounds in superb condition for the start of the summer. A view from the clubhouse tells us how good it is to have grass court tennis back at Kooyong for the season.

As in the past, the opening of the grass allows us to turn our attention over the summer to the en tout cas courts following another heavy period of winter use.

Several of the en tout cas courts had maintenance carried out during the year to maintain conditions but there is more substantial work underway late in the year including a rebuild of courts 32 & 33. The scope of that is more extensive than earlier works and will allow us to measure the effectiveness of the alternative programs for future maintenance.

IBG Insurance Brokers

Free Insurance Program Health **Check for Kooyong Lawn Tennis Club Members**

We can advise & arrange a broad range of general insurance including:

- Retail, Office & Business Packages
 - Construction & Warranty
 - Public & Products Liability
 - Home Building & Contents
 - Farm Packages
- D&O & Professional Indemnity
 - Corporate Travel
- · Industrial Risks; Marine Cargo, Freight & Hull Liability
 - Private, Commercial & Fleet Motor AFSL No. 32671

Ronnie Schwarz ANZIIF (Mem), GAICD, MBA, B. Com

Email: ronnie@ibgroup.com.au

Phone (03) 9813 3633 www.ibgroup.com.au



Campbell Dickinson

Commercial Leasing and Property Manager

Campbell is an experienced and successful sales manager whose back ground includes a diverse range of industry sectors, particularly in the Commercial Real Estate and the Sporting industry.

With 14 years in Commercial Property Management, Cam has a demonstrated ability to build enduring relationships with clients and tenants built on trust, integrity and rapport.

Campbell has a high level of honesty and a personal approach to your property requirements and will deliver the results you want.

His background in the tennis industry as a coach for many years has given him great people skills which come as an invaluable asset to our team here at Ross-Hunt Real Estate.

Campbell is a high-level tennis player having been Kooyong Club Champion on two occasions and has been on the Board of Kooyong Lawn Tennis Club since 2007. He enjoys the outdoors, fitness and general well-being.

So for all your commercial property management requirements with a positive personal approach give Campbell a call on 0422 646 071 or email campbelld@rosshunt.com.au.

2315 CLUB CHAMPIONSHIPS

The Club Championships are always a highlight of the year at Kooyong with nearly 500 members taking part in this year's event we are looking forward to breaking through that barrier in 2015.

The event will be held over the weekends on February14th, 15th, 21st and 22nd with February 28th and March 1st available if needed.

The Club Championships will now also be run using Tennis Australia's Tournament Planner software so to enter online you will need to go to http://tournaments.tennis.com.au and search for 'Kooyong' which should bring up the home page for this event.

To enter online you will also need to have setup an account with your My Tennis number and if you don't have this number you can contact Daniel at the club to find out what your number is or to get it setup.

Once you have an account you will be able to enter online and all the draws and times will be seen via this website which will also allow us to update the draws live as matches finish.

This year's event saw the Men's Open title go to a first time winner in Matthew Carroll while the Ladies Open title was taken out for the second consecutive time by Kate Antosik.

Matthew Carroll will attempt to defend his title and the likes of David Bidmeade, Daniel Byrnes, Andrew Coelho or even 9-time winner Jay Salter could be there to make his life difficult throughout the event.

The next tier of players like Matthew Nickels, James Gardner, Daniel Nickels, Mike Vaughan, Dexter Bonet, David Hough and Ned Whittaker will be looking to take the next step to start beating the Club's established stars.

In the Ladies Open Singles it was Kate Antosik who won her second consecutive title earlier this year and it will be interesting to see if we have the same final featuring Brigitte Beck again in 2015.

Molly Polak continues to make semi finals so she is always a chance to break through next year or could we see someone like Destanee Aiava, Annabelle Andrinopoulos, Kate Valos, Alana Parnaby, Danielle McIntyre or Laura Langmead (McNamara) take out the title.

The next generation of Samyuktha Rajagopalan, Stephanie Serafidis, Vivian Fidantsis, Yiota Nicolaou, Madeleine Bailey and Alexandra Bailey continue to develop and will be hoping to take that next step in 2015.

The Club Championships also caters for all standards of players at the Club so you are sure to find an event to suit your ability across the 46 events on offer.

From A Grade to D Grade and the social doubles events, the Kooyong Club Championships provides all members with an opportunity to play on the Club's famous grass courts and to meet and socialise with other members along the way.

Enter the 2015 event to be involved in Australia's largest Club Championships and enjoy the great atmosphere around the Club when the grasscourts are all in play.





Teams are readying themselves for the third season of the Asia Pacific Tennis League and the big names keep rolling in as the league's popularity continues to rise.

Australia's top players have already signed up to play in the Victorian Conference so we are sure to see plenty of world class tennis when it gets underway on the 28th of November in Frankston for the women and Dingley for the men.

The Kooyong teams will be underdogs in the coming season with some outstanding teams being entered so far.

On the women's side of things, the Bayside Thunder look to be the early favourites with Storm Sanders, Daria Gavrilova, Arina Rodionova and Tammi Patterson in their line up while MCC have also recruited strongly with the addition of Zuzana Zlocohova, Katherine Westbury and Masa Jovanovic all added to an already strong Premier League team.

Koovong's girls won't be without a chance with the addition of former US Open Junior finalist Anett Kontaveit together with the likes of long time member Sally Peers, rising star Destanee Aiava, College star Belinda Woolcock, Club Champion Kate Antosik as well as Alana Parnaby, Annabelle Andrinopoulos, Molly Polak, Brigitte Beck and Laura Langmead.

The men's conference looks extremely close across the entire competition but Royal South Yarra's renaissance at the top level has continued with a very strong side named for this year's event. A side containing Luke Saville, Alex Bolt, Dane Propoggia and Adam Hubble look to have all bases covered but there's also a Dingley side containing Sam Groth, James Lemke and Joe Sirianni to contend with while Tennis World's young team comprising of Junior US Open champion Omar Jasika, Blake Mott and Daniel Guccione along with older cousin Chris Guccione are also a dangerous proposition.

Kooyong's men will be hoping to overcome all of these hurdles to again head to the finals at Melbourne Park with last year's unbeaten star Rubin Statham headlining a talented side that

includes Andrew Whittington, John Peers, Daniel Byrnes, Andrew Coelho, Marc Polmans, David Bidmeade and Mitch Burman.

The competition will head to Yarrawonga in Round 2 for a tennis showpiece in country Victoria while the men will also travel to Tasmania in Round 4 as the league expands to the Apple Isle now with the inclusion of the Tasmanian Devils.

Get down to Kooyong on the 12th of December at 6.30pm to see all of the women's teams battle it out in the final round of conference play before the final is played on the 14th of December at 1.00pm at the National Tennis Centre.



From left: Richard Yang, Daniel Byrnes, Marc Polmans, David Bidmeade, Sally Peers, Alana Parnaby, Adriana Szili and Kate Antosik represented the Club in Yarrawonga.

▶ Men's Pennant

FOUR FLAGS ON THE TROT

The men's Pennant season was again a success on the back of another great win from the Club's Men's Grade 1 Open Doubles team winning its fourth consecutive flag.

Two straight sets wins in the first two rubbers set up the victory for the Kooyong side against a very tough Grace Park team.

Wes Horskins and Chris Costas defeated Jason Lindeman and Steve Myers 7/5 6/4 while captain Chris Straford and Steve Gay showed their class to defeat John Hammond and Colin Davis 6/3 6/4.

Four straight flags is a wonderful effort and everyone involved with the team over the past few years is to be congratulated.

Congratulations to this year's team of Chris Straford, Steve Gay, Wes Horskins, Peter Owen, Chris Costas, Claude Gattino, Phillip McCall, Tyrone Berger, Ken Cooper and Ilmar Mutli on a great season!

In Grade 1 and 2, the Club's teams found the going tough but these three young teams were able to gain some much needed experience against some very good opposition and will be much better prepared for the 2015 season.

The Club's Grade 3 teams showed there is a lot to like about the next generation of players developing at the Club with both teams reaching the finals.

Connor Di Marco's team reached the Tier 2 semi finals going down to a strong and experienced team from Maccabi but had a fantastic year considering four of the boys travelled through Europe during the season.

Jeremy Taylor, Connor Di Marco, Greg Polmans, Cody Gunn, Josiah Roach, Chase Ferguson and Antony Guan all played their part in a very successful year.

In the same grade. Peter Ikosidekas' team also reached the top four of their section but lost in the semi finals to the eventual Grade 3 champions from Carmelite.

Andres Urrego-Varon's season was a highlight for this team as he took on

every challenge put in front of him with great success.

The Club's three Grade 5 teams were all in the mix come finals time with Dean Seeley's team going down to the eventual Grade 5 champions, Overport Park, in the semi finals while Harrison Young's team of rising stars won through to the Tier 2 finals after finishing second on the ladder before bowing out at the hands of St Mary's Greensborough.

Bryce Mitchelson's Grade 5 team finished third on the ladder but won their semi final to move through to the Tier 2 finals where they defeated Macleod before running into a red hot Overport Park side in the Grade 5 semi final.

The Club also had a young team in Grade 7 captained by Thomas McKay and despite missing their number one player through injury for most of the season the side finished a respectable sixth.

In Grade 9, Greg Seers' team finished just six points outside the top four despite

some great wins throughout the season while Lachlan McAndrew's Grade 10 team of youngsters finished third and played off for a spot in the Tier 2 finals but were unfortunately knocked out at that point.

In the Men's Open Doubles, outside of Chris Straford's flag winning side, Ric Mitchell's side finished a very respectable fourth in Grade 1 while the Club also fielded 3 teams in the Masters 50+ competition.

In the Masters 50+ A Grade competition both Graeme Heath and Gordon Hammet's teams reached the finals by finishing third and fourth respectively but unfortunately they were knocked out in the semi finals.

In the B Grade, Doug Bell's team had a tough season and finished in seventh spot.

Congratulations to all of our teams on a great year and we look forward to the 2015 Tennis Victoria Pennant season!



➤ Women's Pennant

BIG WIN FOR GRADE 1 WOMEN

Kooyong's Grade 1 women's team, captained by Kate Antosik, brought the flag back to the Club after a fantastic season.

After defeating Alana Parnaby's Grade 1 team in the Tier 2 semi final, Antosik's team went on to defeat the reigning premiers, Delahey Rec, in a great final.

Belinda Woolcock, at home on a break from College in America, starred in the final with an upset win over Viktorija Rajicic 6/1 6/3 that set the tone for the day.

Kate Antosik won her singles over Melissa Esguerra 6/4 in the third set while Molly Polak defeated Branka Potkonjak 5/7 6/4 6/0.

Annabelle Andrinopoulos went down in a tight encounter with Monica Rajicic 3/6 6/2 2/6 at number two for Kooyong's only loss of the day as they went on to dominate the doubles to secure the win.

Woolcock and Polak won 6/1 6/2 against Viktorija Rajicic and Potkonjak while Antosik and Laura Langmead proved to be too good for Monica Rajicic and Esquerra 6/4 7/5 to seal the victory.

Congratulations to the team of Belinda Woolcock, Annabelle Andrinopoulos, Kate Antosik, Molly Polak, Laura McNamara, Brigitte Beck, Laura Rabinovich and Catherine Louis on a fantastic season!

Alana Parnaby's Grade 1 team had a great season finishing second on the ladder and winning their semi final against Royal South Yarra No 2 to make the Tier 2 finals.

Also in Grade 1, Stephanie Serafidis' young team had a really solid first season in the top grade having won Grade 2 last year and finished in sixth position.

This team gained plenty of experience and will continue to improve as we head into 2015.

In Grade 2, the Club fielded three teams with two of those being young and talented and one team of experienced players that continue to give themselves a chance to play finals year after year.

Kate Francis' team again made the finals following a solid season where they finished fourth but there they ran into the eventual Grade 2 champions Geelong.

Melanie Kempson's team of youngsters were extremely competitive throughout the season and the experience they gained this year will help them moving into next season while Cindy Tamber's team were just nine points outside the top four after the final round with the washout in Round 14 proving costly in the end.

In Grade 3, Jade Sheary's team had a great season to finish second on the ladder but they unfortunately fell in the semi finals to Tennis World.

Sophia Storch showed she will be one to

watch in the future with an impressive performance in the finals.

Zoe Potter's Grade 4 team showed huge improvement across the season and, despite finishing eighth, were extremely competitive against some of the better sides.

There's plenty of upside in this team and hopefully we see these girls continue to develop their games next season.

In Grade 6, Angela Woodruff's team finished in fourth place in a six team section so they unfortunately just missed the finals.

Congratulations to all of our women's teams on another great Pennant season!





Belinda Woolcock



It's been another successful season of **Junior Competition tennis** at Kooyong with 18 teams representing the club and many of them in contention to make the finals as we approach the final round.

On Saturday mornings, the Club has four teams competing across the two sections available.

In Section 1, Oliver Lucas' team is currently in fourth spot on the ladder while Tom Langford's team is just one spot behind them in fifth position.

Unfortunately both teams will miss the finals in this six team section where only the top two teams playoff in the grand final.

Both teams have continued to grow across the season, highlighted by the win of Tom Langford's young team against the second placed side from Port Melbourne in round 9.

In Section 2, the Club's two young teams have both shown themselves to be very competitive at this level and look likely to play finals.

Lachlan Main's team is currently in fourth spot on the ladder while Ruby Seymour's team sits just one spot ahead of them in third place.

It would be great to see both teams play finals.

On Sunday mornings, Kooyong has 14 teams playing including four teams in the top three sections.

These four teams are all capable of winning flags this season as they all sit near the top of their respective ladders.

In Section 1, Kooyong's two teams currently sit in first and third on the ladder and will be looking to repeat the efforts of last season where two Kooyong teams played each other in the grand final.

James Goller's team currently sit on top of the ladder and a win in the final round will ensure they stay there while Jack Geason's team is in third spot and could still drop out of the top four depending on results from round 14.

Fingers crossed both teams are able to make the all Kooyong final a reality for the second consecutive season.

In Section 2, Kristofer Hyde's team have taken all before them as they strive to move up to Section 1 next season.

The team currently sits on top of the ladder and seem to have an edge over their opponents as they head into the finals.

Alex Savage's Section 3 team is another on a mission to win the flag this season and they look likely to finish anywhere from top to third on the ladder as the finals approach.

With a win over the top side already under their belt during the season, this team could win a much deserved flag in the weeks to come.

In Section 5, Nicholas Farmer's team have jumped back inside the top four at the right time of the season and look likely to play the top side in the semi finals.

This team has been extremely competitive throughout the season and an upset wouldn't surprise.

The Club has two teams in a very competitive Section 6 and Matthew Tingate's team is just out of reach of finals with one round to play while Lucy Slobom's team has the chance to sneak into the top four with a win in the last round.

Fingers crossed results also go their way in other matches in round 14.

In Section 8, the Club also has two teams and Camilla Kaufman's team unfortunately won't be playing finals

CLUB CHAMPIONSHIPS

The Club Championships will be played in February again in 2015 and we'd love to see all of our junior players compete in this tournament played on the grass courts.

Kids on the waiting list are allowed to play in the Under 12, 14 and 16 events while members can play in any event they choose whether it be a senior or under age event.

This is a great opportunity to compete against your peers and show you belong in a higher section while also enjoying the chance to play on the grass courts.

The entry form was sent out with Courtside or you can enter online via http://tournaments.tennis.com.au or please contact the Club for more information.

THE CEDRIC MASON GUP



It was another fantastic day to celebrate junior tennis when Royal South Yarra again hosted the Cedric Mason Cup in early October.

Seven teams of junior players from each Club took part in the round robin event which is always a highlight for the kids from both clubs.

It's been a healthy rivalry and that went up a notch this year when Royal South Yarra won the trophy back after it being in Kooyong's grasp for the past three years.

The day is all about the social interaction between the two clubs and the kids love being involved so it was great to see everyone enjoy the day.

Thanks to Jarrad Wright and Tony Joubert from Royal South Yarra for organising the day and we look forward to hosting the event in 2015.

but their second half of the season has been very promising while Jude Hine's team looks set to be a big challenger for the flag.

With one round to go they sit in second place but play the top side so they may finish on top of the ladder if their first meeting is anything to go by.

Seamus Synnott's Section 9 team have had a great season and can't lose top spot with one round to play.

They've been dominant all season and it would be great to see them win the flag.

In Section 11, Jonathon Kinsella's team will miss the finals but have had a solid season with most players having come up from Section 14 after winning the flag last season.

Eliza Szwarcberg's Section 13 team sits just two points outside the top four and another win over Kings Park in the final round will see them playing finals.

In Section 17, this team of youngsters captained by Dustin Feldman have been terrific all season and are yet to drop a match.

They deserve to win a flag after the season they've had so fingers crossed everything goes to plan while in Section 18 the Club's first time players, captained by Sophie Courtney, have been learning the ropes and will be much better for the experience next season.

Hopefully we can celebrate all of the successes together at the upcoming Parent & Child round robin and presentation night.

Congratulations to all of the players and their parents for another wonderful season of Junior Competition representing Kooyong!

SENIOR PENNANT

The Club is now starting to see quite a few kids transition from our junior teams into Tennis Victoria's Pennant competition played between late April and August each year.

Any junior players playing in the top sections of the Junior Competition who feel like they are ready to play Senior Pennant can contact Daniel at the Club for more information on 9822 3333.

PENNANT PROFILES

CODEY **GUNN**

AGE 14

Grade: 3

Australian Ranking: 430

Play L/H or R/H: Right handed

Tennis Achievements: Played for Australia in the Youth Cup in India, played in Europe ETA's in July and August of this year. Recent runner up AMT bronze event. Finalist Tennis Victoria Athlete of the Year and looking forward to the December Showdown.

➤ Most admired sportsperson/why?

Rafael Nadal because he is extremely humble and never boasting about his achievements, and an awesome competitor.

➤ Greatest influence on tennis career/why?

My dad because he showed me how to play tennis at a young age and works with me to achieve my goals. Dad has been a huge influence in my tennis life as a coach and my number 1 supporter. I love it that dad's not just about tennis but takes me fishing, diving and we do cool stuff away from tennis.

➤ Greatest sporting moment witnessed?

While I was on a holiday in New York I got the opportunity to go to a Mets game (baseball). The crowd was fun.

➤ What goals have you set for yourself in tennis?

My number one goal in tennis is to be the best, and it would be great to make it to the top ten best tennis players in the world. I would love to win a grand slam and hopefully it's the Aussie Open.

➤ What do you enjoy most about pennant tennis?

I enjoy pennant because it is a tough match every week against all different ages and you get to play as a team.

➤ If you weren't a tennis player what would you be?

I think I would try to be an AFL footy player as I love playing footy.

➤ What do you do outside tennis?

Outside tennis I love to go fishing, running, and catching up with friends. Going diving with dad is pretty fun as well.

➤ How much time do you spend developing your tennis each week?

I do about 40% of my training off court and 60% on court and approximately about 12-14 hours of tennis specific training and match play a week. In my program I also have rest days and times when there is no tennis.

➤ Sacrifices required to play tennis at a high level?

The time I get to spend watching TV or sit on the couch. Waking up early in the mornings to go gym or be at the courts. Weekends and holiday time at tournaments, but tournaments are fun as many of my mates are at events and we catch up and kick the footy in between matches.

CONNOR DI MARCO

AGE 14

Grade: 3

Australian Ranking: 332

Play L/H or R/H: Right handed

Tennis Achievements: Selected for the Australian Young Stars Tennis Europe Tour, 2 Doubles Nationals Titles, National Singles Finalist, represented Victoria in U12 Teams Event and twice at the Bruce Cup, winning U16 Kooyong Club Championships.

➤ Most admired sportsperson/why?

Zlatan Ibrahimovich (soccer player for Paris St Germain) he is a freak at soccer and is always a team player. Even though he has heaps of talent he still trains and works hard to stay one of the best players in the world.

➤ Greatest influence on tennis career/why?

Paul Vassallo (my coach). Paul has coached me since I was 4 years old. He always challenges me and pushes me to be the best I can be.

Greatest sporting moment witnessed?

I went to the World Cup in 2006 and whilst I was only 6 years old I still remember sitting in the stands with my family when Australia drew against Croatia to make it through to the play offs. I remember the roar of the crowd and singing Advance Australia Fair and then celebrating afterwards with all the other Australians.

➤ What goals have you set for yourself in tennis?

I would like to continuously improve my ranking and make it to the top 100 players in the world. My goal is to play Grand Slam tennis and one day play Davies Cup for Australia.

➤ What do you enjoy most about pennant tennis?

I really enjoy the team environment of pennant tennis; it's not very often in tennis you get to play as a team. I also like being able to catch up with my friends.

➤ If you weren't a tennis player what would you be?

If I weren't a tennis player I would definitely be a soccer player. I played junior soccer as well and really enjoyed it.

➤ What do you do outside tennis?

I like to do anything that involves sport, I like to go to the soccer and watch Melbourne Victory, go to the Footy and watch Hawthorn and hang out with my friends.

➤ How much time do you spend developing your tennis each week?

I currently spend about 16 hours a week.

➤ Sacrifices required to play tennis at a high level?

I often miss out on going to my friends parties if I have a match the next day, I'd also like to play many other sports but it's hard to fit them in with my tennis commitments. The hardest sacrifice is sleep. I often train late and then get up to hit really early in the morning.



Midweek Ladies REPORT



Kooyong was well represented in various ladies' midweek competitions, with 12 teams playing in three different associations across three days.

In the Midweek Eastern Metropolitan Region Ladies' Tennis Association (don't think their name is long enough!) on a Tuesday, Bridget Laird captained a side in the A1 Grade while Moira Righetti captained an A2 Grade side. Unlike Bayside Regional Tennis Association (BRTA) and Waverley & District Tennis Association (WDTA) which play February-June and July-December, M.E.M.R.L.T.A. seasons are March-August and August-March. After eight rounds, Bridget's side is in 6th place, just two points outside the top four. Moira's side is in 4th place on 10 points. M.E.M.R.L.T.A. play right up until 16 December.

In BRTA on a Tuesday, Steph Fry captained a section 1 team. Her side will finish on top, currently 10.5 points clear with one round to play! Kooyong will play the winner of the Coatesville v Black Rock preliminary final at Stella Maris on 25 November.

Kooyong had four teams play in BRTA on a Wednesday. In section 1, Fiona Medina's side finished 4th but unfortunately lost their semi final v Stella Maris.

In section 2, Detje Marcel's side finished 3rd. Unfortunately they lost their semi final v Stella Maris.

In section 3, Kate Wraith-Bell's side also finished 3rd. Her side defeated St Pats Mentone in the preliminary final, qualifying for the Grand Final v Stella Maris, which was played on 19 November. It was a hard fought match, with Kooyong victorious 3 rubbers 6 sets 49 games to 1 rubber 4 sets 52! Congratulations to the whole team: Di Synnott, Kate Wraith-Bell, Jane Lennon, Priscilla Kiernan, Jo Rush and Janine Ross (pictured above).

In section 4, Merryn Olive's side finished 5th, narrowly missing out on the finals.

In BRTA on a Thursday, Kooyong had two teams compete in Section A. Jo O'Donoghue's side finished 4th, unfortunately missing out on finals in the six team section. In the last round, Jo's side knocked the other Kooyong side out of finals contention, captained by Sue Lester.

In section 1, Sally McIlraith's side unfortunately missed finals, finishing in 6th place.

Kooyong had two teams compete in WDTA on a Thursday. In A Reserve 2, Sarah Cudlipp's side unfortunately narrowly missed out on a finals berth, finishing in 5th place.

In B Special 1, Jayne Pitard's side qualified for the finals, finishing 2nd. She will play Clarinda in a semi final on 20 November.

Congratulations to everyone who played in various midweek competitions and we wish you all the best for the rest of this season and beyond.

CRÉCHE NEWS

Magic, Santa & Important News from the Crèche

What more could you ask for on a Sunday morning? The Kooyong Children's Christmas party was enjoyed by everyone that attended. Channel 9's WB resident musician was a smash with a professional magic show for the children as was Santa who called in to say hello.

Thank you to my fellow committee members, Rachael Brownell, Melissa McCulloch, Tanya Fryc and Lisa Kelly for organising the Christmas party. Super mums to say the least. I would also like to thank the Club for their help in making the day a great success.

Kooyong is such a special Club - I am delighted that nearly all committee members have decided to continue for one more year. If you are using the crèche in 2015 please introduce yourself as we need new committee members in future years. Even fleeting participation would be welcome. It is the perfect way to see if you are interested in being on the committee in 2016. Please contact Stephen Lucas at the club anytime to talk about what is involved, or to the committee members.

Please note that the Crèche closes on Friday 19th December 2014 and reopens on Monday 2nd February 2015. Pick up your Registration at the pro shop for 2015. They need to be filled out every year (even for existing families).



Have a magical and safe summer.

Rachael Ralph

President of the Crèche Committee

Pro Shop

KLTC Merchandise -

check out the new Kooyong summer range.

See the latest summer tennis fashion from Lacoste, Head, Wilson, Nivo, Bette & Court, and gym attire from Virus, Open To Play, Running Bare, 2XU, racquets & racquet bags. Kooyong VIP Member cards available also.

SPECIAL

KOOYONG POLO'S

1 FOR \$69 2 FOR \$120



SPECIAL



Virus Action Sport Performance **FULL RANGE AVAILABLE**

RESTRINGING - 24 HOUR TURNOVER

On site service with the most up to date technology

BRAND NEW RANGE OF *HEAD*, WILSON, *BABOLAT* AND VOLKL RACQUETS

Use our demo programme to trial a large range of racquets so our Qualified Staff can help select a racquet to best suit your game.

Enquiries:

Phone - 9038 7141 Email - proshop@kooyongltc.asn.au

Hours of business:

Monday to Thursday 9.00am to 7.00pm, Friday 9.00am to 5.00pm, Saturday 10.00am to 4.00pm Sunday 10.00am to 2.00pm

KOOYONG INTERNATIONAL TENNIS ACADEMY

ALL THE STAFF AT THE KOOYONG INTERNATIONAL TENNIS ACADEMY WOULD LIKE TO THANK EVERYONE WHO HAS PARTICIPATED IN A LESSON, HOLIDAY CLINIC, LADIES CLINIC, OR SQUAD!

It has been a very successful year where we have seen many fantastic results starting from the 3 year olds just starting out and hitting their first ball over the net in our Hotshots program to Codey Gunn mixing it with Europe's best in Europe and jumping from 608 in Australia to 340 in 3 months, as a 13 year old.



NEW PROGRAMS NEXT YEAR:

- ► The development of a new Player Performance Excellence Program that will be at the cutting edge of player development. This program will include morning training, after school and for those available during the day. We have limited places and details will be provided in coming weeks
- ► Before School Squad training programs to enable players to get more involved in their tennis and greater flexibility with courts and singles play.
- ► Monday morning fitness and tennis. Next year we are looking to try something a little different and a bit of fun by introducing a Monday morning workout clinic! This will be run on centre court from 10:00am - 11:15am with the emphasis on fitness and fun! Music, fitness stations and of course lots of hitting will be the order of the morning to start your week on a high! This will be open to all males and females and will include a lot of match play at the end with appropriate groupings
- ► A senior daytime program for those who have time off during the day and want to train with like-minded people who are currently playing seniors tournaments or are looking to get involved in some.

Our Holiday Clinics are up and ready to book via our website and try bookings! Due to the Australian Open being a week later this year we will be running 2 clinics in December and 4 in January! Please go to www.kooyongtennisacademy.com.au and follow the link to book in.

Glenn Busby has managed to once again have a very successful year on tour again. He won the Australian Tennis Seniors Individual Championships, Oceania Seniors Claycourt Championships, 45th International Championships of Italy, 34th ITF International World Individual Championships and also the Teams event and the XXXIX Seniors International de Porto Alegre in Brazil.

This meant Glenn has finished off the year as World No. 1 again. Glenn has also been nominated for most outstanding 35+ Tennis Senior at Tennis Australia's Newcombe Medal awards night which will be held in late November.

Glenn continues to stay very disciplined with his training and is an amazing role model for anyone involved at KITA and Kooyong Lawn Tennis Club.

He has just sent through this news from Brazil, "Playing here in Brazil this week has been an amazing experience and challenge. The courts are slower than the clay in Europe, the balls seem to stay in the air a lot longer and the sliding just feels so soft under your feet. This is where young players carve out a game plan of patience, consistency and mental toughness. It's such an advantage the young South American and European players have in their game development and structure of how to control the ball and play the right shot at the right time, compared to our hardcourt training. Off to Argentina next week and finally Chile before coming home and imparting the things I have learnt, even at this age, on our younger ones."

Once again have a good break and look forward to another fantastic vear in 2015.

LADIES SQUASH CLUB **CHAMPIONSHIPS**

Kooyong's Ladies Squash **Club Championships was** held in October with the both semi finals being an absolute treat featuring four of Australia's best squash talents.



From left: Selena Shaikh, Victoria Leow, Christine Nunn & Sarah Cardwell.

Former Australian Junior Champion and Australian representative in this year's Commonwealth games in Glasgow, Sarah Cardwell, was seeded number one.

Having recently played in the USA championships, she was ready to go and faced off with fourth seed Victoria Leow who is rising up the ranks quickly having just returned from Perth where she was runner up in the under 19 Australian Junior Championships and officially ranked number 2 in Australia.

Sarah lived up to her seeding in the semi final as she defeated Victoria in an entertaining and competitive match but her experience certainly showed.

In the second semi final it was number two seed Christine Nunn, the recently crowned New South Wales Open champion playing against Selena Shaikh, the number three seed and former Australian Junior Team captain.

Christine continued her great recent form which includes being unbeaten in A2 Pennant this season to win another

great semi final and setup a mouth watering title decider.

The final was an epic match with both players fighting for every point but in the end, after more than an hour of world class squash, Christine Nunn won her first Club Championship title at Kooyong to continue her run of good form.

Having moved to Melbourne from Canberra to work with Sarah Fitz-Gerald, Christine is already seeing big improvements in her game and is more relaxed about her matches.

"Having a bit more of a balance and feeling like I'm achieving in other areas of my life has really made a big difference. It's allowed me to relax a bit more on court," said Christine.

"The idea was teaching me to hit the ball better, and do some things I wasn't doing before. I used to have a very flat swing, but with these changes I'm able to get behind it and spin it, and cut it," she said.

Congratulations to Christine on her first Club Championship title!

SARAH CARDWELL'S

COMMONWEALTH GAMES EXPERIENCE

Personally I got to play in the individual event and unfortunately lost to Canada's Samantha Cornett (World ranked 31) but was happy with my performance, she was just too good.

On a team note, we got a bronze and two golds in the doubles events. Kasey Brown & Cameron Pilley got bronze in mixed, Rachael Grinham & Dave Palmer got gold in mixed, then Cameron Pilley & Dave Palmer got gold in the men's doubles!

Australia topped the medal tally for squash thanks to these doubles performances.

The finals day (3rd of August) was the most inspiring experience for me. Seeing our flag raised, singing our

anthem, and seeing Australian uniforms on the podium gave me shivers.

I wore my Kooyong necklace [that the club gave me] with pride all the time... I hope it got on TV at some stage!

After the finals day I have been more inspired than ever, and am already fired up for the 2018 Gold Coast Commonwealth Games!

So from me, a huge thank you to everyone at Kooyong for their support!

AUSTRALIAN JUNIOR SQUASH CHAMPIONSHIPS

Earlier this month Kooyong scholarship holder Sam Eitemai won the Under 19s Boys division of the 2014 **Australian Junior Squash** Championships.

Held at The Terrace Squash Centre in Perth, number 1 seed Ejtemai defeated number 2 seed New South Welshman Rohan Toole 11-6 11-4 11-7. Sam only dropped one set for the tournament, in the semi final against number 4 seed Solayman Nowrozi.

Previously Sam won the Under 17s Boys division in 2013 and the Under 15s Boys division in 2011, a fantastic achievement.

Fellow scholarship holder and number 2 seed Victoria Leow made the final of the Under 19s Girls division, defeating number 3 seed from Queensland Samantha Calvert 2-11 11-5 11-2 11-6 in her semi final.

Unfortunately Victoria lost the final to another Queenslander, number 1 seed Lakeesha Rarere, 11-9 9-11 11-5 11-5.

Another scholarship holder, Jason Holmes, upset number 3 seed Jon Van Der Kreek in an epic round 2 clash of the Under 17s Boys division, 16-14 11-5 4-11 5-11 12-10.

In a severe test of his fitness, Jason played another 5-set epic in the quarter finals, losing out to number 6 seeded Queenslander Nicholas Calvert 11-5 9-11 11-6 2-11 11-9.

While Jason was participating at the Junior Squash Championships, the 2014 Community Sport and Recreation Awards were held at the Melbourne Cricket Ground.

Jason was fortunate enough to win the Young Volunteer of the Year Award, which, according to the Department

of Transport, Planning and Local Infrastructure website, recognises the exceptional contribution made by a volunteer under the age of 25 to the Victorian sport and active recreation community.

According to the Squash Australia website, Jason, who was born legally blind in one eye, has been coaching and mentoring junior squash players at the Westerfolds Sport Centre and introduced squash to his high school. The award was accepted by Squash & Racquetball Executive Director, Fiona Young.

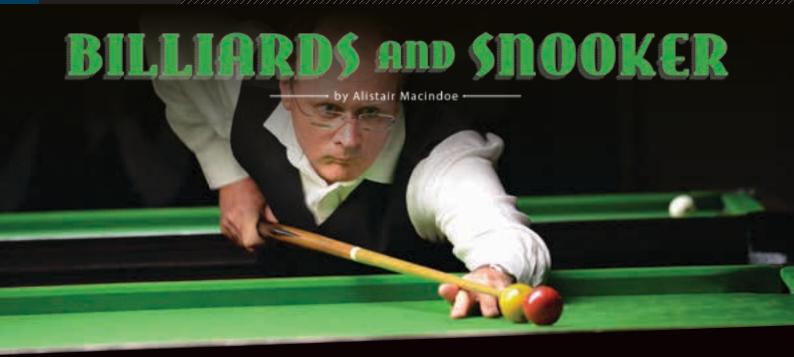
"The award is well deserved recognition for Jason's significant work in

developing junior squash as well as providing some great positive profile for the sport. These awards showcase the fantastic work being done at grassroots level by a wide range of volunteers and are highly respected," said Fiona.

Tate Norris, ranked number 1 in Victoria and now number 5 in Australia, finished 5th in the Under 15 Boys division of the Junior Squash Championships.

Tate lost his quarter final 11-5 11-4 11-7 to number 3 seed Jack Hudson. In the 5th v 6th play off Tate defeated Brody Di Bella 9-11 11-4 11-7 11-8.





2014 A Grade Billiards

The A Grade billiards team is cruising in third position on the ladder and will be involved in the finals in late November. The highlight of the season was provided by one of our opponents Eric Worsley. who plays for Cheltenham.

In a magnificent display of billiards in all its phases, Eric made 29 cannons in a row during a break of 68, easily the best run I have witnessed in over forty years of playing billiards. Then during a break of 48 later in the match, he played the all-around game, top of the table play, and the lucrative but very hard to play Postman's Knock form of top of the table play.

The exhibition of Complete Billiards brought to mind the glory days of billiards of the 1930's, when people like Australia's greatest ever sportsman Walter Lindrum were making long runs of close cannons. Thank you, Eric!

Kooyong relinquishes the Sandringham-Kooyong Cup - narrowly!

In September Kooyong travelled to Sandringham for the annual social snooker match, now in its eleventh year. In a 12 frame match, Kooyong was leading 6-5, and was three points up in the final frame with under a minute left on the clock. Regrettably a snooker was laid by Sandringham, and Kooyong failed to hit the red off two cushions by about 2mm, thus incurring a 4 point penalty.

The bell went with Kooyong one point adrift. In the deciding 16-hand frame, Sandringham won convincingly, and thus regained the trophy. As always the evening was great fun.

Victorian Billiards Championship

Kooyong has made another strong showing in this championship. Don Richter lost in the last 8, David Pitt and Alistair Macindoe (pictured) lost in the last 16, while Simon Fortune lost narrowly in the last 32.

Bridge Club

The annual Kooyong Bridge Congress was held in November, with more than 100 participants of whom 26 were KLTC members.

KLTC was well represented in the final standings, with our Monday Director Stephen Lester finishing second and Penny Blankfield and Sue Read a highly creditable seventh.

Bridge Lessons

The enthusiastic group which commenced bridge lessons in March has progressed well throughout the year and are now playing in our regular duplicate sessions (Monday afternoons and Tuesday evenings).

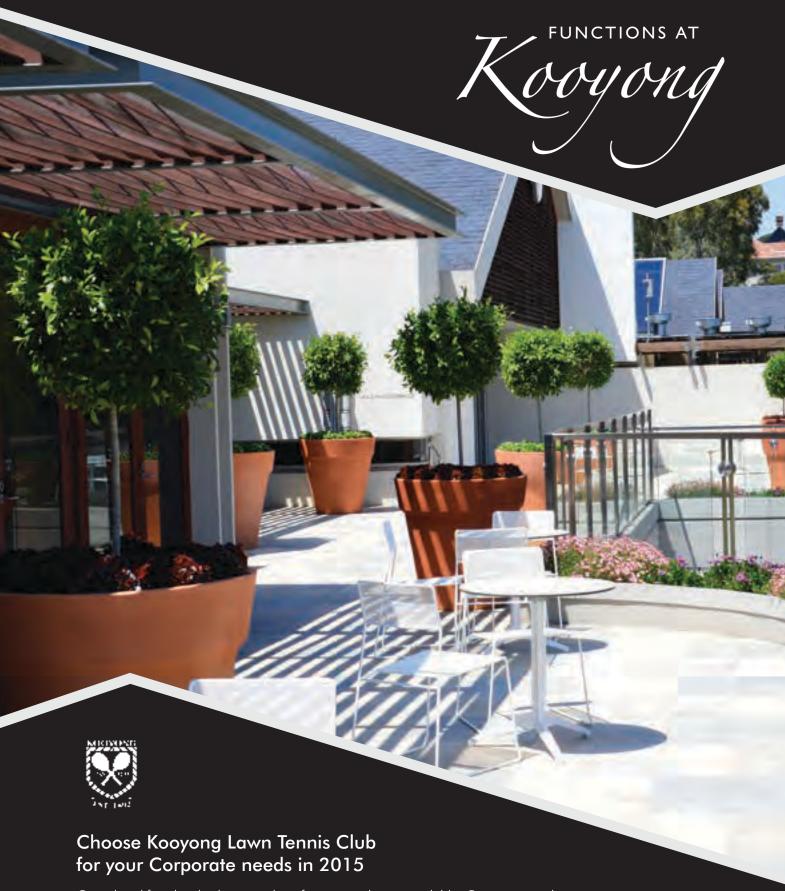
The 2015 beginner programme will be run by Stephen Lester commencing 13th April.

Stephen will also run a short programme of workshops for more experienced players on Monday mornings from 9th February.

Rob Nurse President



from Bridge Club President Rob Nurse for being the best KLTC pair at the 2014 Kooyong Bridge Congress



Great breakfast, lunch, dinner and conference packages available. Contact us to discuss a personally tailored event. Featuring modern facilities, exceptional service and great catering options, Kooyong is the perfect place to host your next corporate event in style.

Contact our Functions Manager, Rachael Whitelaw on **9822 3333** or **rwhitelaw@kooyong.com.au** for more information.

A night of masked glamour and dancing

Members' and guests embraced the theme of our Dinner Dance, Carnivale Masquerade by frocking up in some stunning masquerade masks and costumes. The night was kicked off by the Barbara Warren-Smith Dancers with a spectacular floorshow that set the mood for the evening. The great music from Mike and the Party Band kept Members' and guests enthused on the dance floor until well after our expected closing time.

There was some amazing prizes donated for the raffle in support of the Kooyong Foundation Junior Sporting Development and the Social Committee is incepted to Kooyong Lawn Tennis Club, Tennis Australia, Oscar & Coelho Hair Salon Hawthorn, Tania Stokes Design, Callisters Pharmacy Kooyong, Monsoon Landscaping, Barbara Warren-Smith Dance Studio, Croutons Kooyong, The Brow Bar South Yarra, Kooyong Pro Shop, Kooyong International Tennis Academy, The Lone Hydrangea Kooyong and the Kooyong Gymnasium for their generous prize donations.

We greatly appreciate the help and assistance received from all Kooyong Staff on the floor and behind the scenes who helped make our functions and events this year a resounding success.

We hope you will join us at our last function for the year, Jazz on the Terrace on Sunday 7 December, a friendly and festive afternoon scirce and a great opportunity to share in a good time with fellow members and guests as we head into the festive

Please mark these dates in your diary for 2015. Register your email address with KLTC to receive notification and updates on our events and functions throughout the year:

6 February 2015: Friday Night Tennis & BBQ,

20 February 2015: Happy Hour Drinks

22 March 2015: Longest Lunch

19 April 2015: RSY v KLTC Social Tennis Cup.

24 May 2015: Mixed Doubles Round Robin

7 August 2015: Happy Hour Orinics

29 August 2015; Annual Black Tie Dinner Dance

11 October 2015: JJ Tennis Tournament Mixed Doubles

6 December 2015: Christmas Function

Best wishes for a safe and happy festive season from the Social Committee: Jenny Silvers, Rowan Harris, Frankie Katz, Janet Wainwright, Kat Benyon and Tanya Fryc.

Cindi Damian





Il Memorial Tennis Day Sunday 12 October 2014 Mixed Doubles Round Robin

On a glorious spring day with the trimperature perfect for fennes, 70 Members and Guilla rocked up for play both on and off the court with the after party held in the Sir Norman Brookel Room

Alles Messery and Strendy Kent (Inlany the Interly) were Paramed worse is doubles pair Voir Ferra on Vision and Sum each group. Conystolations positi



Royal Children's Hospital Auxiliary

As we approach the end of year 2014, our Auxiliary looks back on another very successful year fundraising for the Royal Children's Hospital here in Melbourne.

Our calendar of activities including the AAMI Classic, Ladies Doubles Grass Tournament, Card Days together with Phyllis George's wonderful stall which raises \$400 to \$500 on each day, our Christmas in July Luncheon and finally concluding with a great trivia night in October altogether resulted in a grand total for the hospital of around \$16,000. A great effort!

The Royal Children's

Hospital Melbourne

Grand total raised for the hospital

Special thanks to all my Committee who give their best to ensure a great end result and to all our Kooyong friends for their continuing support.

Last, but by no means least, my congratulations must go to our CEO at Kooyong, Chris Brown, for his great assistance, likewise Executive Chef Chris Goulding and all the staff at Kooyong for their great support in the staging of our events, without which we would be unable to function.

Finally, I would just like to wish you, one and all, a very safe and happy Christmas and New Year and I look forward to join with you in 2015 for another great year of fundraising.

Marie Devereux President

P.S. Please support the Priceline Pharmacy Classic 13th – 16th January 2015.



Wine XFOOD

SOCIETY

THANK YOU TO THE KOOYONG TEAM

On behalf of the Wine & Food Society committee and members, a very heartfelt 'Thank You' to all the Kooyong Team for their enthusiasm and commitment with our functions during this year.

Special acknowledgement to Patrice Renaudin - his dedication and expertise is legendary! Rachael Whitelaw and the Functions Department were outstanding with their attention to detail, as well as all those working behind the scenes.

We greatly appreciate the amazing passion and creativity of Chris Goulding and his culinary colleagues. The positive energy of everyone working together provided exceptional service for all Wine & Food Society events held at Kooyong throughout the year.

Thursday 9 October

- Il Duca Restaurant in East Melbourne

Il Duca's owners: Ralph, Dominic and David ensured their reputation was met to create a warm and hospitable dining experience, built on 30 years of tradition, service and gastronomy.

Members and guests enjoyed a banquet that paid homage to the unmistakable southern Italian generosity of their ancestors. It Duca and the Athenaeum Club were two offsite venues chosen for 2014.

Thursday 27th November & 4th December - End of Year Function in the Racquet Club

Apologies to members who were unable to join us on your preferred date, due to being fully booked. This year we trialed two separate dates to meet demand.

On 27th November Ben Portet, Winemaker and 'young gun' of the wine industry in Yarra Valley, entertained guests.

On 4th December, Dominique Portet, a 'father' of the industry provided wisdom and insight for everyone. A truly delicious menu with excellent matching wines was enjoyed by all - another very memorable night!

Monday 8th December - Annual General Meeting

All financial members of the Wine & Food Society are warmly invited to attend our AGM to be held at KLTC, commencing 8pm. Light refreshments will follow conclusion of the meeting.

2015 Diary Dates

In the New Year, a list of future functions will be highlighted on the Members' Notice Board and also on the Kooyong Website under Members Groups, Wine & Food Society.

We hold five functions each year, at Kooyong and different venues of interest arranged by the committee, with guests able to attend as numbers allow. To avoid disappointment, please ensure you reply early to functions.



Membership of Wine & Food Society

The Society is very active - we have attracted considerable interest over recent years with membership almost doubling. Details of our activities and membership application forms can be found on the KLTC website under Members Groups, Wine & Food Society.

WFS Commitee

A special 'Thank You' to committee members: Cindi Damian, Robin Daubeny, Milton Dickins, Margot McCluskey, Peter Nolan, Sarah Patterson, Marie Pernat and Graham Schmidt for their support throughout the year.

Each person contributes to the success of all our functions. On behalf of all members, your commitment of time, energy and expertise is greatly appreciated.

We look forward to welcoming you to another exciting year in 2015 of great wine, food and camaraderie with fellow members, guests and friends.

Best wishes to one and all for the joy of the festive season - we hope the New Year is filled with good health, peace, success and much happiness!

Christine Johnson President



Entrée

Antipasto of cured meats Mixed grilled seafood Herb & garlic focaccia

Main Course (choice of)

Cotaletta di Pollo

Crumbed chicken breast with salsa verde dressing

Bistecca ai ferri

Chargrilled porterhouse steak with truffle butter

Filleto di Pesce

Pan seared fillet of Barramundi, lemon & olive oil

Costoletto di Maile

Pork Ribeye with caramelized apple

Stinco di Agnello

Lamb shanks braised in red wine & root vegetables

Pasta Misto

Chefs' selection of three pastas & sauces

Dessert (trio of)

Lemon & ricotta flan Tiramisu Gelato

Coffee & Chocolates

Wines

Macedon Ridge Sparkling NV (Mt. Macedon)

Petaluma Riesling 2013 (Clare Valley)

Simon Hackett Chardonnay 2013 (Adelaide Hills)

Zema Estate Shiraz 2009 (Coonawarra)

Elio Perrone Barbera d'Asti DOCG 2012 (Piemonte, Italy)



Health Club

In this edition of Health Club News, we are introducing a new enthusiastic personal trainer. We also have some testimonials from members on why they love training at Kooyong Health Club.

JEREMY MUSSO

Ever since I was a little kid I have had a keen eye on the sport and fitness industry, I now can't wait to help our members set and achieve fitness goals inside this gym. I have a good understanding in the different training methods required for different members, especially footballers and cricketers on how to help them improve in their functionality as I have been playing the two sports for numerous years. Nothing would make me happier than to see a member reach their goals that they have worked hard to achieve!



EVA BOULTON

Abs! Do I have any? It seemed not as I began my first session with Petrina. my very own Personal Trainer at Kooyong Gym. Not that Petrina was asking

too much of me at my first session five months ago. But my abs had been lying dormant for many years. Tennis muscles were the only ones that I had developed it seemed.

Gently, one session per week, Petrina has been guiding my body to achieve a good balance of strength and fitness, all without pain and suffering. And yes, I now can do the abs exercises, the strength and resistance routines etc. Let's see where Petrina takes me in the next five months.



EVA BOULTON & PETRINA DA GAMA

Thanks Petrina for your understanding and appropriate program for the relevant needs of an 'older woman'.

GERALDINE NICHOLS

I have been training with Petrina for 4 weeks; my goal is to have muscle definition. I find her very knowledgeable and very personable. She explains the mechanics behind each exercise and makes the session interesting and challenging. She is encouraging and a great motivator. I look forward to my training session each week.

PETER SEYMOUR

Benefits of training with Petrina have been an improvement of overall fitness and muscle tone. Management of my diabetes has also improved. Changing the program gives great variety which helps motivation.

PHILIPPE & ELIZABETH ZIMET

Petrina has managed to engage us and create diversity and fun during our training sessions. We look forward to our exercise routines with her and the next challenge she has developed.

DEE MILNE

I don't just like training at KLTC gym, I love it! Kooyong offers much and its gym is no exception. It is an excellent facility in a superb environment which is complemented by a diverse range of instructors and programs available. All of this, thanks to the competent staff on hand and under the guidance and direction of Mike Kull.

KAREN INGE

We all know how important it is for our health and vitality to be physically active and to keep fit. So this year I decided to embark on a strength training program to help preserve and perhaps even gain some muscle mass. I knew I couldn't do it alone as I have tried several times before and I would either give up or get injured. My husband George suggested that I ask Michael Kull to do some personal training with me which I have done. I must say that coming to Kooyong 2 to 3 times a week for most of this year has made a real difference to my strength and overall well being. Michael even tells me that he is starting to see some real definition in my arms which is a great thing coming into Summer. And the best thing ... no injuries so far!

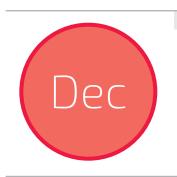
The gym is a great environment to train in. Everyone is so welcoming and you can share a laugh with other members as we struggle through another session. I love the view and now really have a true appreciation of the year round work of the ground staff who get these fabulous grass courts in such perfect condition. So thankyou to Michael and his team.

Members interested in weight loss, strength and conditioning, injury rehabilitation, general fitness, or personal training. Contact Health Club Manager Michael Kull on 0419 003 762 / 9822 3333.

DIARY DATES

KOOYONG LAWN TENNIS CLUB

DIARY DATES 2014/2015



MONDAY

SUNDAY

New Members' Night

Wine & Food Society **Christmas Function**

Social Committee Jazz on the Terrace

MONDAY

TUESDAY

THURSDAY

Wine & Food

Society AGM

Bridge Club End of Year Dinner

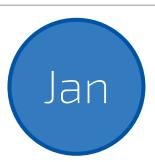
Christmas Day **Buffet Lunch**

WEDNESDAY

Monday Bridge

Christmas Party

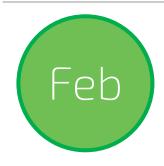
New Year's Eve in the Racquet Club



TUESDAY

FRIDAY

Priceline Pharmacy Classic - Kooyong



FRIDAY

FRIDAY

Social Committee

Tennis & BBQ

14th, 15th, 21st, 22nd, 28th AND 1st March

KLTC Club Championships

Social Committee Happy Hour Drinks

SATURDAY

21_{st}

Young Members Day on the Club



22nd

Social Committee Longest Lunch







TENNIS IS HOME KOOYOG

KEI NISHIKORI RICHARD GASQUET FERNANDO VERDASCO FELICIANO LOPEZ ALEXANDR DOLGOPOLOV GILLES SIMON

Purchase your tickets from the KLTC website via the members link

KLTC MEMBERS ONLY SPECIAL

Win a trip for 2 to Thailand

As a KLTC member, by purchasing a ticket to the Priceline Pharmacy Classic via the unique members link on the KLTC website, you are automatically placed in the draw to win a trip for 2 to Thailand including 4 nights accommodation. See www.kooyong.com.au for more details on how to enter.











