# Millwarra Primary School's NEWSLETTER

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Website:

www.millwarraps.vic.edu.au



Warburton East Campus Woods Point Road, East Warburton Phone 5966 2065

Facebook:

www.facebook.com/Millwarra

Email: Email:

millwarra.ps@education.vic.gov.au millwarra.ps.warburton@education.vic.gov.au

Compass: https://millwarraps-vic.compass.education

Thursday 10th October 2024

Issue 16



## Principal's Report

Dear Families,

Wow! We are back in full swing, ready to complete our final term for 2024. We hope you all had the opportunity to enjoy the school holidays.

A friendly reminder, our Grades 3-6 students have Orienteering at Maroondah Dam on Thursday 24<sup>th</sup> October. Information for this excursion is available on Compass. Please log in and approve and pay through the office.

This year's School Production is fast approaching, and our students have been busy practising. The Quest for the Country Crown performance will be held at our Millwarra Community Building, Millgrove Campus on Tuesday 29<sup>th</sup> October at 6.30pm. The information regarding costumes has been discussed in practices, or can be found in the Newsletter and Facebook event. A BBQ dinner will be available to purchase from 5.30pm. If you would like to purchase tickets for our School Production, please fill out the order form which will be sent home Monday. Tickets for seats will be issued as ticket orders are received.

We are excited to re-offer our students the opportunity to participate in a Swimming Program at the Yarra Centre, Yarra Junction. We will be commencing our whole school swimming program in November for 5 days. Warburton East campus will be attending 11<sup>th</sup>–15<sup>th</sup> November and Millgrove campus 25<sup>th</sup>–29<sup>th</sup> November. Forms have been sent home, or you can confirm student attendance using Compass. Payment of \$10 cash is required by 24<sup>th</sup> October.

Our staff have organised some special excursions, see 'Dates to Remember' below for information.

Afterschool Clubs are back next week and Kinder Gym is starting on Wednesday. See our <u>Facebook</u> for more information or contact Ms Clarke.

Rod is currently on leave, on Grandfather duties in Houston. Please see Skye Clarke or Nicole Hajder to answer any questions or queries. We will be having a Curriculum Day on Monday 4<sup>th</sup> November, this will be a pupil free day.

Skye and Nicole

### **DATES TO REMEMBER**

Day	Date	What Is Happening		
Term 4				
Sun	20th Oct	Millgrove Expo		
Thurs	24 <sup>th</sup> Oct	Grade 3-6 Orienteering		
Mon	28th Oct	Production Full-Dress Rehearsal Day at Millgrove		
Tues	29 <sup>th</sup> Oct	Production Night SAVE THE DATE		
Fri	1st Nov	ALL Students, F-6 - First Aid in Schools,		
		Training by St John Ambulance		
Mon	4 <sup>th</sup> Nov	Staff Professional Development Day – First Aid –		
		Student Free Day.		
Tues	5 <sup>th</sup> Nov	Cup Day – Public Holiday		
Mon-Fri	11 <sup>th</sup> – 15 <sup>th</sup> Nov	Swimming Program for our Warby East Campus		
Thurs	14 <sup>th</sup> Nov	Glasses for Kids coming to both campuses		
Wed – Fri	20 <sup>th</sup> -22 <sup>nd</sup> Nov	Grades 3–6 Camp – Wangaratta		
Mon-Fri	25 <sup>th</sup> – 29 <sup>th</sup> Nov	Swimming Program for our Millgrove Campus		
Thurs	5 <sup>th</sup> Dec	ScienceWorks – Whole School Excursion		
Tues	10 <sup>th</sup> Dec	State-Wide Transition Day – K to F & 6 to 7		
Mon	16 <sup>th</sup> Dec	Grade 6 Graduation Night		
Thurs	19 <sup>th</sup> Dec	Rush HQ – Whole School Excursion		
		Special Retirement Afternoon Tea at Millgrove after		
		excursion 2:45pm		
		Last Day of Term 4 - for students		
	a oth To	Normal Campus finishing time		
Fri	20 <sup>th</sup> Dec	Curriculum Day – <mark>Student Free Day</mark>		

Have You Received These Notices or Compass notifications?

Notices are generally up on our Forms and Notices Website page
and can be replied to via Compass. Or they are hosted on Compass to approve.

To view notices, please click the blue, underlined link above.

**Due Back** 

/ <b>*</b>				
	Breakfast Program b			
All Students	Warburton East Campus Tuesday and Thursday	Millgrove Campus Tuesday and Friday		
	2025 Booklists	See Compass email on the steps how to order and for the links to your payment options. A Booklist, for each child is listed, when you open the link. For more information, please contact the office.	Between 10 <sup>th</sup> Oct & 24 <sup>th</sup> Nov	
	Glasses for Kids	Free Eye Screening and free glasses if required. Return permission forms.	Tues 15 <sup>th</sup> Oct	
	Swimming Program	\$10 cash, paid directly to school. Complete permission on Compass or send slip back.	by 24 <sup>th</sup> Oct	
	Production Tickets	Ticket Order form going home on Monday14th Oct. See Facebook event for Costumes or see in Newsletter	Seating allocated when purchasing tickets	
Grades 3 – 6 Students	Orienteering	Check Compass, to approve your child participating. Money to be paid by cash to the school, or by direct debit. CSEF available. \$13	Tues 22 <sup>nd</sup> Oct	
	Bike Ed	Information on <u>Compass</u> regarding Friday mornings Bike Ed		

# Student Awards

- Annabelle, F/1/2S, for demonstrating excellent leadership on Footy Day and being a team player.
- **Chloe**, F/1/2S, for consistently putting in her best efforts during all Production rehearsals.
- **David,** 3/4B, for honesty and responsibility, locking up the gym on the weekend.

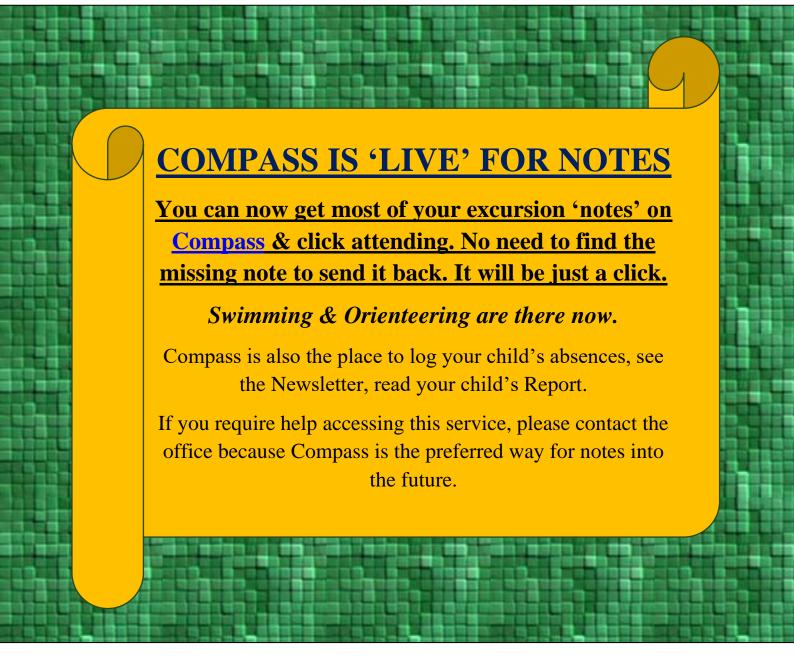








Reminder, we are a SunSmart school, and students need to wear sunscreen and hats on days when the UV is 3 or higher. We generally apply at recess, unless students have outdoor activities earlier in the morning. If your child needs a specific Sunscreen, or a sensitive type, please send it in. Otherwise, the school will provide the sunscreen.



## SWIMMING PROGRAM - TERM 4!

We are excited to be able to offer Millwarra students the opportunity to participate in a Swimming Program at the Yarra Centre, Yarra Junction.

\*\*We will be commencing our **whole school** swimming program for 5 days in November. The dates for each campus are listed below – **Warburton East Campus:** Mon 11<sup>th</sup> Nov to Fri 15<sup>th</sup> Nov. **Millgrove Campus:** Mon 25<sup>th</sup> Nov to Fri 29<sup>th</sup> Nov.

The program will only cost \$10.00, cash only, which includes entry, a 60-minute lesson each session & bus transportation.

Notes are now live on <u>Compass</u> – you can send the paper slip back with the cash, or click approved <u>Compass</u> and send the cash in to the Office.

A reminder note, with more information will go out in the week before.

## 2025 Booklists

As we are introducing a new system for parents to purchase their child's booklist items for 2025. All parents will be placing and purchasing their OWN orders via a link through Office National, Ross Office Supplies. This information was sent to everyone in a notice through <a href="COMPASS">COMPASS</a>, on Monday 7<sup>th</sup> October.

The notice is specific to your Campus and to your child's Grade level. The ordering window, is **between Monday 7<sup>th</sup> October and Monday 25<sup>th</sup> November.** Late orders will be accepted by Office National, Ross Office Supplies but will incur a \$15 late fee and may not be available by the start of Term 1, 2025.

If you require any further information re your child's Booklist, please contact the Office at either Campus.



Please make sure students are at school and on time for Production Practice on Mondays.

We are now doing whole school Practices at Millgrove Campus in preparation. We will transport classes to and from within the school day.

Tickets will go on sale Monday 14th October. Seating allocated at purchase.

Please follow our Facebook event for updates - click Going or Interested to stay connected.



# Transition Tuesday

Tuesday, was another fun Transition Day for our 2025 Foundation students. Everyone had a wonderful time. We look forward to seeing more new friends soon.



We had the kinder kids at school. Casey painted a beautiful J for jelly fish, it looked like tie-dye. Annabelle, F/I/2S



#### FREE SMILE SQUAD DENTAL!

For the rest of 2024, Smile Squad are excited to be able to invite the students from our school to access our Smile Squad Hub in Lilydale at 18-22 Lakeview Drive in Lilydale.

FREE DENTAL

SMILE
SQUAD

The Smile Squad Hub will allow all students from our school wishing to participate in the Smile Squad program to register and book for their free Smile Squad dental check- up treatment during the December/January school holidays, any additional treatment can be booked at our Ferntree Gully or Ringwood EACH locations.



The Glasses for Kids program will be visiting this school to provide eligible students with **FREE** vision screening, then testing and glasses (as required)

service. Please
make sure you
have returned
your consent
forms by
15<sup>th</sup> October, at
the latest, to take
advantage of this
great offer.

This is a FREE

Contact the Office for more information.



# Recycling in Grade 3/4B

Off we went on a mini excursion to Millgrove Licensed Grocers. We walked there! Thank you to Yan and Lilly, from Millgrove Licensed Grocers, who always greet us with a happy and friendly smile.

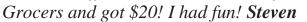


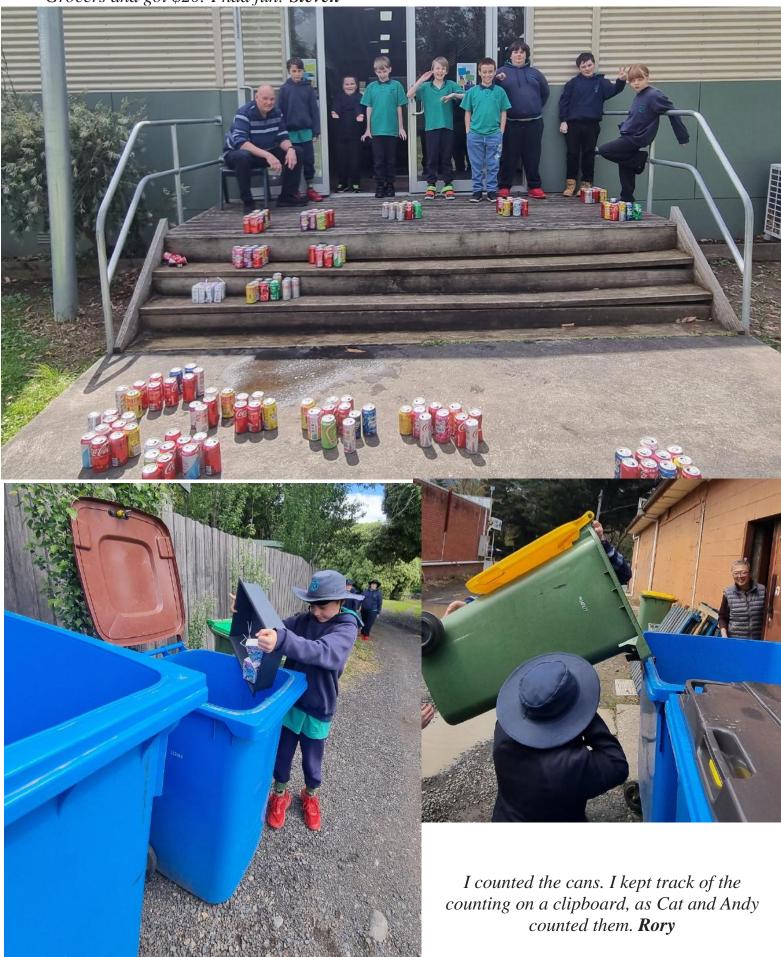
It was fun that we got \$20 for our Recycling. So, if you put the bottles in the bin in a shop thing at the back of the store, you get money for free. On the back at the bottle, it says 10c, some don't. *Jack* 

The first thing Andy asked us to do is put the cans into groups of 10 to see how many cans we had. We then put all the empty Primas in groups together as well as the plastic bottle and glass bottles. Then we counted everything and put them separately into different bins and then took them all to the shop in Millgrove. When we cashed it all in, we made \$20. It was excellent! I really enjoyed it. *Jake* 



Yesterday, our class had cans, glass and Primas. We put them into groups of 10. We straightened some cans. We also had crushed cans and 1 leftover Prima. Then, we sorted them into different containers, and after lunch we took them to the Millgrove Licensed

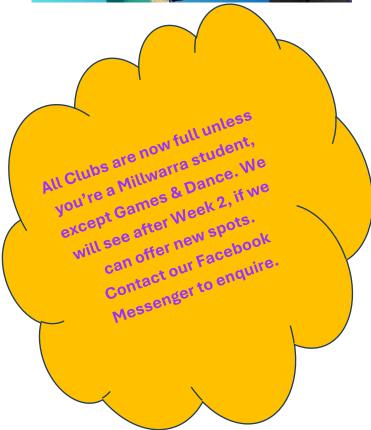




# Millwarra's \$5 Afterschool Clubs

at the Millgrove Campus





# That's Afterschool Care for \$5 an afternoon, until either 4.30 or 4.45.

Clubs are open to all local students if space available. Millwarra students have priority. Please send us a message if you're interested in joining 1 or more of the Clubs in Term 4.

Please let us know if your child had been coming, but no longer will, so we can offer the place to another child, as there is a waiting list. Contact us to join the Waiting List.

# Our Afterschool Clubs have been so successful.

Thank you to our Millwarra families for supporting them. We've also been able to allow local kids to join too.

Starting in Term 4, ALL Millwarra students will receive a free pass to attend an Afterschool Club once per term, through 2025 too.

They just need to nominate with Ms Clarke which one & when, ahead of time to stay under our max. numbers per group.

\*All Millwarra students this year and in 2025 are eligible.



# MILLWARRA & GLITZ'S KINDER GYM LAUNCH WAS A GREAT

LAUNCH WAS A GREAT SUCCESS

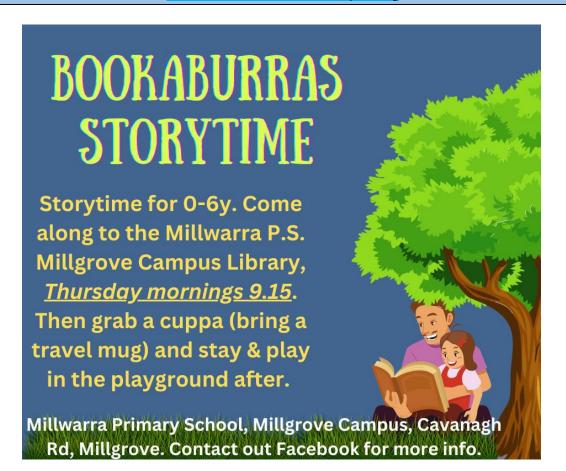
THE 2.10 WEDNESDAY SESSION IS NOW FULL!

THERE ARE JUST A COUPLE OF PLACES AVAILABLE IN
THE 1.15-2PM SESSION.

THOSE THAT HAVE JOINED, PLEASE COMPLETE PRE-PAYMENT BY THE END OF THE WEEK TO SECURE YOUR SPOT. SESSIONS START NEXT WEEK!

## Community News & Advertising

All information is correct at time of publishing





#### Thunderstorm asthma

If you are allergic to ryegrass pollen, you need to be taking preventive asthma treatment well before springtime thunderstorms and pollen season.

Most adults and adolescents with asthma need preventive medication all year – not just a blue/grey puffer for asthma symptoms.



© 2022 National Asthma Council Australia

Disclaimer: It is important to note that information contained in this fact sheet is not intended to replace professional medical advice. Any questions regarding a medical diagnosis or treatment should be directed to a medical practitioner.

nationalasthma.org.au asthmahandbook.org.au

#### What is thunderstorm asthma?

Thunderstorm asthma is when asthma symptoms are caused by ryegrass pollen allergy during springtime thunderstorms.

Thunderstorm asthma can happen suddenly to people in spring or summer when there is a lot of grass pollen in the air and the weather is stormy.

Spring thunderstorm weather can cause pollen grains to burst into tiny pieces and the wind then blows them around us. When people with pollen allergy breathe in these tiny pieces of pollen, they can get deep inside the lungs and trigger an asthma attack.

#### More about asthma symptoms

People who wheeze and sneeze with hay fever from pollens during spring can sometimes get thunderstorm asthma even if they haven't had asthma before.

On Monday 21 November 2016, the combination of thunderstorms and pollen caused an asthma disaster in Victoria. Thousands of people suddenly had asthma attacks and found it hard to breathe. Because so many people needed urgent asthma treatment at one time, it was hard for ambulance and hospital emergency rooms to help everyone.

From that terrible event we learned that thunderstorm asthma can affect people living in city or country areas, even if they've never had asthma. We also learned that some groups of people are much more likely to get thunderstorm asthma.

#### Thunderstorm asthma



#### Who gets thunderstorm asthma?

You could have thunderstorm asthma if you are outside in gusty wind just before a thunderstorm on a day when there is a lot of pollen in the air AND you are allergic to ryegrass pollen.

#### This includes:

- people with asthma whose symptoms get worse in springtime
- · people with asthma who are allergic to grass pollen
- · people with asthma who get hay fever in springtime
- people with springtime hay fever, even if they have not been told they have asthma.

This means people with asthma and springtime hay fever need extra protection to avoid thunderstorm asthma if they are in a region with a lot of grass pollen.

The season for pollen and thunderstorms depends on where you are in Australia. In Victoria and NSW (most of south-eastern Australia) this is usually between September and December.

#### How to stay safe

#### Before springtime

Keep taking your asthma medicines prescribed by your doctor. Most adults and adolescents with asthma need more protection than just a blue/grey puffer.

Medicines that contain inhaled corticosteroids help protect people from severe asthma attacks. Australian research shows that these kinds of asthma treatments might also protect you from severe thunderstorm asthma.

These medicines include preventer inhalers that you use every day, and some inhalers that you take just when you have symptoms.

If you only use a blue-grey puffer, you may need more protection before the pollen and thunderstorm season. Ask your doctor to check your asthma.

Make sure you have a written asthma action plan that is up to date. If not, ask your doctor to write one.

#### **During springtime**

Always carry your reliever inhaler.

Stay up to date with pollen counts and weather forecasts during spring and early summer so you know if a storm is coming.

Just before and during storms with wind gusts, get inside a building or car with the windows shut and the air conditioner switched to recirculate/recycled.

## People with allergic rhinitis (hay fever) but not asthma

People with springtime hay fever should also avoid being outside in gusty wind during a spring thunderstorm in a place where there is ryegrass pollen in the air (most of south-eastern Australia).

Effective treatment is available for hay fever, but we don't know if it can protect people from thunderstorm asthma.

Talk to your doctor about which treatment is best for you.

#### More about asthma symptoms

nationalasthma.org.au/understanding-asthma/what-is-asthma

#### Need more information?

Visit the National Asthma Council Australia's website nationalasthma.org.au

# Millgrove Community Open Day

CFA - MRAG - Expo - The Dreaming Space

A day full of FREE entertainment & music info about becoming a resilient township





Petting Zoo Face Painting Family Games Sausage Sizzle Sun 20 October 2024 10am-3pm

Millgrove Memorial
Park and CFA

Fire Preparedness
Community Plan 2024
Local Businesses
Community Services









### Millwarra's Afterschool Clubs

Games Club with Cat

Screen free, board games, card games, chess, Lego & more.

Mondays 3.30-4.30pm

Just \$5 per child

Prep to 96 students. \*Millwarra students only.

Term 4, 2024

\*Contact us via Facebook messenger or email Ms Clarke if you'd like more information or you'd like to enrol a child/children in an Afterschool Club.



\*\*Gymnastics & Craft full, unless a Millwarra student. But you can join the waiting list\*\*

Watch our Facebook for dates, cancellations, etc.



Developmental Gymnastics
Wednesdays 3.45-4.45pm

Tust \$5 per child

Prep-6 students.









Senior Students Sewing/Craft with

Jayne (94-8) &

Craft for Juniors with Charlie (F-93).

Thursdays 3.45-4.45pm. Just \$5

Previous participants, now in Yr7 or Yr8 may join.