

Loving life with little ones

FREE

toddle

about

W. Northants
Apr - Jun 2026

SPRING
EVENTS
What's On
Near You?

LAUGHTER &
PLAY: The Two
Ingredients For
Language

FATHER'S DAY
CRAFT

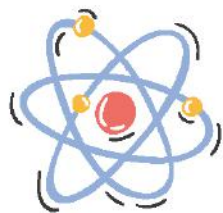
RAISING A
HAPPY EATER:
How To Help
Your Child

COMPETITIONS

WIN
A Family
Holiday to
Crealy worth
£500!

Everything Bump, Baby & Toddler Near You

Covering Northampton, Daventry, Towcester,
Brackley and surrounding areas



Wellingborough
School
Founded 1595

Mini Scientists
STAY & PLAY

For Nursery and Reception-aged children (aged 2+) and their parent or guardian. Join us for fun and engaging activities designed to spark curiosity and creativity.

Scan the QR code or book online



Book here



Monday 11th May
1:30-2:30pm

- Become a **mini scientist** and excavate Ice, experiment with a bubble wand, or explore magnetism.
- **Meet our friendly Nursery and Reception team** and explore our **welcoming environment**.



Play, Pretend and Explore at Little City Northampton!

Little City Northampton, a mobile role-play city for children aged 1–6, is quickly gaining popularity after launching in December 2025. The interactive setup features 10 bespoke play bays packed with toys, letting young visitors explore real-world roles such as doctors, shopkeepers, and builders. Designed to spark imagination and confidence, the pop-up city hosts flexible pay-as-you-go play sessions, birthday parties and engaging school workshops. Organisers say the aim is simple: child-led, hands-on fun that helps little learners explore big ideas.

Offer: 15% off using the discount code TODDLE at Little City Northampton
www.littlecityuk.com See P.7



St George's Day Celebrations!

Saturday 25th April, 11am-2.30pm – Northampton Market Square

Celebrate St George's Day at Northampton's Market Square, with free children's activities and family fun.

Drop by for themed crafts, facepainting and colouring, storytelling on a heritage red bus, plus Morris Dancing performances and a brass band. Kids can meet St George and his giant, friendly dragon and follow the Notable Northamptonian's trail around the town.

Visit the website for activity timings and to download a trail map.

www.northamptontowncouncil.gov.uk/st-georges-day See P.7



Toddler Time Designed By Early Years Experts!

Exploration is key when young minds are developing, and what better way to learn than through play in the wonderful Early Years setting at Northampton High School? Children aged 1-4 and their parents, grandparents and guardians are all invited to the monthly Little Explorers Stay and Play sessions to discover a range of craft and play activities designed by early years experts.

A full list of dates can be found on the school website:

www.northamptonhigh.co.uk/admissions/open-events See P.21

Pick Up Some Bargains This Spring!

Mum2mum market Daventry is a Baby & children's Nearly New Sale where parents and carers can buy top quality baby and children's toys, clothes, books and equipment at a fraction of the high street price from other families. They will have a room bursting with 1000's of pre loved baby and children's items , so don't miss out on picking up some nearly new bargains for your little ones.



Sunday 26th April 10am-12pm at Daventry Community Centre, Ashby Road, NN11 0QE
£2 adult entrance, kids under 16 are free
www.mum2mummarket.co.uk

Celebrating 30 Years at NLR!



This summer promises to be a special one at the Northampton & Lampport Railway as it celebrates its 30th anniversary.

Up-coming special events include: 3rd/4th May - Teddy Bear Weekend; 24th/25th May – PAW Patrol Weekend; 26th July – Kids for a Quid. A big 30th Anniversary Gala will also be staged over the August Bank Holiday weekend. Trains run most Sundays until 4th Oct. See website for full information, event details and online tickets. You can also follow them on Facebook, Instagram and X.

www.nlr.org.uk. See P.42



New Book Makes Bedtime Easy!

Bestselling author Smriti Halls and Supertato co-creator Sue Hendra have recently released a new children's book set to make bedtime easier for thousands of parents. *Bedtime For Little Digger* uses rhythmic text and charming, fun-filled illustrations to delight young vehicle fans while gently encouraging winding down and tidying toys away. Even little diggers need rest so they can wake bright and early, ready for a busy day ahead!

Available now at www.waterstones.com See P.23



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Join us this Summer term for £20 off all new enrolments - a Toddle About reader exclusive!

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Make A Splash With AquaLight Swim School!

Fun, nurturing swimming lessons for babies, toddlers and children. Build water confidence in a supportive, child-led environment with experienced teachers.

Offer: £20 OFF a full Summer Term booking (starting 9th May). New customers only. Call 01604 830405 and quote TODDLE ABOUT to book.

www.aqualight.co.uk See P.16

Summer Term Bookings Are Open!

Come and join Rhythm Time for the summer term! Fun, engaging and age-appropriate, Rhythm Time's award-winning classes are designed especially for babies, toddlers and pre-schoolers.

Each session is carefully structured to support early development through singing, real instruments, movement and imaginative play, all aligned with the EYFS framework. Classes are warm and welcoming, helping children build confidence and social skills while giving families the chance to connect.

Sessions take place on Tuesday mornings at Watford Village Hall, near Daventry. WhatsApp Anna on 07591 720345 to find out more.

Offer: First class free! Enter the code 1STFREEMO when booking onto our monthly payment plan.

www.rhythmtime.net/coventry-rugby. See P.39



Raise a Child of Character

Little Heroes delivers beautifully illustrated letters telling the true stories of history's greatest heroes, turning inspiring stories into lessons for life.

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Springtime Fun Family Days Out

MAKE THE
MOST OF SPRING WITH
THESE GREAT FAMILY-
FRIENDLY EVENTS



SHAKE OFF THOSE WINTRY BLUES AND ENJOY THE SPRING SUNSHINE WITH THESE FUN DAYS OUT!

BANDS IN THE PARK EVERY SUNDAY & BANK HOLIDAY MONDAYS

An easy, no-booking required, family afternoon. Bring a picnic blanket and enjoy some chilled family time listening to free live music. 2pm - 5pm
Cost: **FREE**

Abington Park Bandstand, NN3 3HN
www.northamptontowncouncil.gov.uk/bandsinthepark

ST GEORGES DAY 25TH APRIL 11AM - 2:30PM

Families are invited to join Northampton Town Council's St George's Day celebrations, with free children's activities, traditional Morris dancing and a brass band performance
Cost: **FREE**.

Northampton Market Square, NN1 2DL
www.northamptontowncouncil.gov.uk/st-georges-day

PLANT A SUNFLOWER AT CANONS ASHBY 2 - 4TH MAY 11AM - 2PM

Plant a sunflower seedling in a compostable pot to take home and grow at home! Come back later in the summer to see how big the sunflowers in the garden are getting.
Cost: **£1 per seedling, entrance fee applies.**

Canons Ashby, nr Daventry, NN11 3SD
www.nationaltrust.org.uk/visit/leicestershire-northamptonshire/canons-ashby

WOOF WAG FESTIVAL 16TH MAY 10AM - 4PM

Entrance to the Woof Wag Festival is free, making it the perfect opportunity to try something new, meet friends, explore the canine world, and create happy memories.

Cost: **FREE** entry, parking charges apply.
Wicksteed Park, Kettering, NN15 6NJ
www.woofwagfestival.uk

DELAPRE FOOD FESTIVAL 6TH - 7TH JUNE, 10AM - 5PM

Food and drink stalls, chef demos, street food, outdoor bars, masterclasses, tastings, cream teas, kids activities and live music.

Cost: **Family ticket prices vary, book early for discounts, under 5's go FREE**

Delapré Abbey, Northampton, NN4 8AW.
www.delaprefoodfestival.co.uk

MEDIAEVAL JOUST AT ROCKINGHAM CASTLE 21ST JUNE, 11AM - 4PM

Prepare for action packed day at Rockingham Castle. Take in a medieval fashion show, watch a terrifying ladder of swords display, and take the time to listen to the story-teller's fascinating medieval tales!

Cost: **check website for family prices.**

Rockingham Castle, Corby, LE16 8TH
www.rockinghamcastle.com

Details are correct at time of printing but may change.
Please check with the venue for up-to-date prices.



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 Party room & Under 3's area
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For more info & to book go to...

 www.beanzbarn.co.uk 

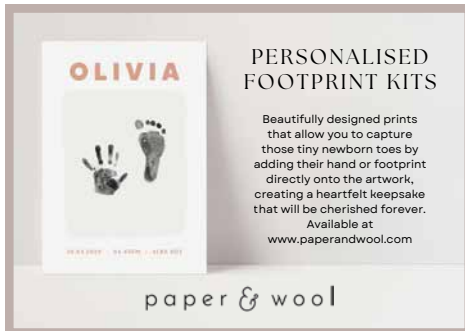


Mobile role play adventure for children in Northampton

LITTLE CITY

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<https://fbid.uk/LittleCityNorthampton>

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OLIVIA

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Available at www.paperandwool.com

paper & wool



FREE ENTRY!

ST GEORGE'S DAY CELEBRATIONS

 **NORTHAMPTON TOWN COUNCIL**

SATURDAY 25TH APRIL
 11am - 2.30pm
 Northampton Market Square

Find us on    

www.northamptoncouncil.gov.uk/st-georges-day

A young boy with brown hair, wearing a dark blue school sweater over a light blue collared shirt, is sitting and playing a yellow tambourine. He is looking off to the side with a focused expression. The background is a plain, light-colored wall.

WE TEACH THE FUTURE

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HOUSE**



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Limited Nursery places for 2026 available



WIN

Win an exciting 3-night short break at Crealy Theme Park & Resort this September for yourself and up to five others, including a stay in one of our luxury Hot Tub Lodges and unlimited entry to the Theme Park.

a Short Family Break to Crealy Theme Park & Resort, worth £500+

Holidaying with tots in peak seasons can be hard, but Crealy's off peak packages make the most of the quieter season and are designed to fit in with your little one's routine.

Crealy Theme Park and Resort is an award-winning family Theme Park located in the East Devon countryside, home to over 60 rides and attractions, animals, live shows and the UK's only Sooty Land - perfect for Tots. Crealy is also home to luxury Lodges, themed Glamping or Camping & Touring pitches.

Find out more at www.crealy.co.uk

Enter now at toddle.fun/crealy

Competitions closes midnight, Sunday 28th June 2026.

Terms and Conditions apply, see www.toddle.fun/crealy for details.



ACTIVITIES & EVENTS

APR - JUN SENSORY SCREENINGS

Arc Cinema, Daventry
Booking Required ✓

These sensory-friendly screenings feature a diverse selection of family-friendly films once a month.

These sensory-friendly screenings provide a safe and supportive space where guests of all ages and abilities can feel welcome and at ease. We understand that traditional movie screenings can be overwhelming for individuals with sensory sensitivities, so they've carefully curated these events to ensure a more comfortable and enjoyable experience for everyone.

(showings change monthly, check with Arc for up to date info)

The Arc Cinema, Mulberry Place, Daventry NN11 4GH
[f](https://www.facebook.com/ArcCinemaDaventry) ArcCinemaDaventry
www.daventry.arccinema.co.uk/whatson/sensory

APR - JUN SENSITIVE SESSIONS

Beanz Barn, Flore
Booking Required ✓

Beanz Barn is a forest and treehouse-themed softplay and café designed to spark imagination and bring families together.

Inspired by the charm of English woodlands, the space invites children up to the age of 10 to explore, climb, and play in a safe, engaging environment..

The 15:30 - 17:30 session on the 2nd and 4th Wednesdays of the month are SENSitive sessions. All are welcome, but we have limited capacity to create a calmer and quieter atmosphere.

Beanz Barn, Unit 1 Hollandstone Farm, Flore, NN7 4LP
[f](https://www.facebook.com/BeanzBarn) BeanzBarn
www.beanzbarn.co.uk

TODDLE MODELS

Winner



Oakley, 14 months old

Baby and Toddler Photo Competition Winner

Thank you to everyone who entered our New Year Toddle Models competition!

Congratulations to little Oakley who won a **Little Tikes Bundle of toys**, worth £129!

We received so many gorgeous entries - we hope you enjoy looking through them as much as we have and that this gives all our entrants a lovely keepsake.



Follow on socials: [@officiallittletikesuk](https://www.facebook.com/officiallittletikesuk)



Aaira, 13 months



Amber-Rose, 1 year



Arlo, 8 months



Aster, 11 months



Avery, 1 year



Calum, 4 years



Doll-Rose, 15 months



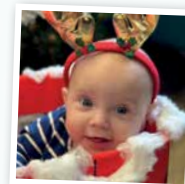
Elsie and Hallie,
5 years and 2 years



Eric, 3 years



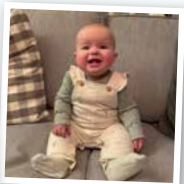
Esther, 3 months



Evelyn, 5 months



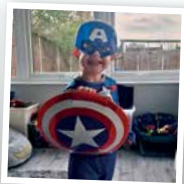
Florence, 8 months



Freya, 8 months



Harlow, 9 months



Haze, 2 years



Heidi, 2 years



Imogen, 2 years



Jayden, 19 months



Jazleen & Ayaan,
22 months & 4 years



Kaiya, 2 years



Willfred & Keziah,
2 years & 4 years



Lavinia-Rae, 4 years



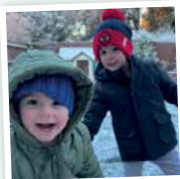
Louie, 7 months



Matilda, 6 months



Milo and Caleb,
4 years & 1 year



Myles & Henry,
4 years & 18 months



Noah, 3 years



Oaks, 15 months



Olivia, 3 years



Pearl & Fern,
5 years & 2 years



Rose, 5 years



Rowan, 1 year



Sofia, 3 months



Zack, 5 months



Zola, 1 year

COMPETITION

TODDLE MODELS

WIN A COMPACT FOLDING BE FUN BALANCE BIKE

Ready to get your little one rolling?

We're giving one lucky family the chance to kick-start their child's cycling journey - the fun, confident and completely stress-free way - with a **Be Fun Compact Folding Balance Bike**.

Designed to make those first wobbly steps on wheels feel natural and exciting, this balance bike helps little riders build confidence, coordination and independence from day one. No stabilisers. No pressure.

And when adventure time is over? It folds down in seconds - perfect for popping in the car, storing neatly at home, or taking along for family days out.

Because learning to ride should be simple, joyful and **FUN!**

Find out more at www.befunwheels.com



WORTH
£99

HOW TO ENTER:

Send us a photo of your little one having fun or enjoying some spring sunshine!

We will print as many entries as possible in the next magazine to give you a lovely keepsake.

Enter by **Sun 7th June 2026**.



ENTER AT:
www.toddle.fun/toddlemodels



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www.learningresources.co.uk/campfire-chatmallows



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Search YOBIB on Amazon



MY COMMUNICATION FLASH CARDS, £6.50

These bright, child-friendly communication cards are designed to support speech, emotions and daily needs. Featuring clear illustrations and simple phrases, they help children express feelings, make choices and communicate routines. Ideal for home, school and children with additional needs.

www.sngsensoryltd.co.uk



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Slipfree® shoes are soft, flexible, non-slip footwear designed to support safe, confident movement. With a barefoot feel and seriously grippy soles, they help protect feet from everyday hazards. With UPF 50+ sun protection, they're podiatrist approved for babies' first steps, designed to swim in, and perfect for all adventures.

www.slipfree.co.uk



THE BUSY BOX, £19.99

The Busy Box is a monthly, screen-free craft subscription designed to inspire creativity in young children. Each box includes eco-friendly, age-appropriate activities with clear instructions and a playful story element, helping parents enjoy meaningful, hands-on time with their children, while supporting early learning, fine motor skills and imagination at home.

www.thebusybox.co.uk

WIN THIS!

Scan to find out more and enter:



Raising A HAPPY EATER

HOW TO HELP YOUR CHILD BUILD A HEALTHY RELATIONSHIP WITH FOOD.

by *Alicia Eaton*



If you are parenting a child under five, you probably spend a surprising amount of time thinking about food. What to buy, what to cook, whether your child will eat it – and if they don't, what that might mean. It can feel exhausting.

But beyond nutrients and portion sizes, something far more important is happening during these early years. Your child is forming a relationship with food – one that will likely stay with them for life. Many of us can remember episodes from our own childhood that still shape the way we eat as adults.

Long before children understand ideas like healthy eating, they absorb the atmosphere around meals. They notice your tone of voice, how rushed or relaxed things feel, and whether food becomes a source of tension or enjoyment.

The reassuring part is that raising a happy eater is rarely about getting food exactly right. It is far more about helping children feel comfortable and unpressured, alongside a steady set of routines and habits. That is something most parents can offer, even on busy days.

TODAY'S FOOD WORLD IS DIFFERENT

Parents today are raising children in a very different food environment from the one many of us grew up in. Supermarkets offer endless choice, cafés are everywhere and food delivery apps mean everyone can eat something different at the touch of a button.

Alongside this, there is a constant cultural conversation about sugar, ultra-processed foods, allergies and weight. Even very young children pick up on this emotional backdrop.

They may not understand the language adults use,

but they understand when something feels not quite right. They notice when food becomes a source of worry and can sense when adults feel conflicted about eating.

One of the most helpful things we can do is simplify the emotional atmosphere around food and avoid using labels such as 'good' and 'bad'.

APPETITE IS ALLOWED TO CHANGE

One of the most common concerns I hear from parents is how unpredictable their child's appetite can seem. A toddler who eats enthusiastically one day might barely touch their food the next. They may love a food for weeks and then suddenly refuse it.

This fluctuation is normal. Young children's appetites vary depending on growth, sleep, activity and emotional state. Responding calmly to these phases helps far more than reacting with anxiety.

When children are coaxed or persuaded to eat more than they want, they begin to focus on adult expectations rather than their own internal cues. Over time, it becomes harder for them to recognise hunger and fullness.

Falling out of touch with your body's natural hunger signals is easily done and can lead to a child that pesters you for endless snacks, even when they're not genuinely hungry. This is not out of greediness, but more a response to tiredness, boredom or frustration.

So a happy eater is not a child who clears their plate every time, but one who gradually learns to recognise hunger, satisfaction and even occasional lack of appetite as normal.

AVOID TURNING FOOD INTO A REWARD OR A BATTLEGROUND

Many of us fall into the habit of using phrases that can have unintended consequences:

“Just three more bites.”

“You can have pudding if you finish.”

“Be good and eat your vegetables.”

They come from a place of care - we want our children to be nourished. But over time, these messages can create associations we did not intend. Food becomes something to earn or negotiate over. If dessert is framed as a prize and vegetables as an obstacle, we unintentionally elevate one and downgrade the other.

Keeping language neutral can make a big difference. Some families find it helpful to talk about “everyday foods” and “sometimes foods,” rather than good and bad foods. This keeps the tone practical and removes moral weight from eating.

THE POWER OF ROUTINE

Children feel safer when life is predictable, and eating is no exception. Regular mealtimes and planned snack times create a rhythm that reassures children food is coming again.

This alone should reduce frequent requests for snacks. Children who graze throughout the day often do not experience genuine hunger, which can make them seem fussy at mealtimes. Allowing gentle hunger to build helps them come to the table ready to eat and more open to new foods.

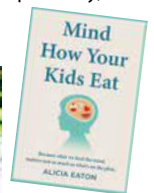
In France, children are taught that feelings of hunger are to be welcomed, for it means that you'll enjoy the next meal even more. So a little bit of patience is no bad thing.

SENSORY PREFERENCES MATTER

Some children may appear fussy, but their senses are still developing and it's not uncommon for them to experience sensory overwhelm. Strong reactions to smells, colours, textures and how food feels in the mouth are not unusual.

One child may prefer crunchy textures, another may dislike foods that are mixed together, while some need to explore food with their fingers before feeling ready to taste it.

Alicia Eaton is a Harley Street-based behaviour change psychotherapist with over 20 years' experience working with parents, children and teenagers. She's the author of Mind How Your Kids Eat, which explores how everyday habits and language shape children's long-term relationship with food.



When we view these reactions as sensory preferences rather than stubbornness, the mood around mealtimes can soften. Instead of asking, “How do I make my child eat this?”, we can ask, “How can I present this in a way that feels manageable?”

Small adjustments – separating foods, changing temperature or offering a familiar dip – can make a surprising difference.

SIMPLE WAYS TO HELP RAISE A HAPPY EATER

Keep the emotional atmosphere calm

Children eat best when they feel safe rather than watched or evaluated. Aim for connection at the table rather than control.

Trust fluctuating appetites

Toddlers rarely eat the same amount each day. Calm responses help them stay connected to hunger and fullness cues.

Avoid turning food into leverage

Using dessert as a reward or vegetables as a hurdle can create associations that last beyond childhood.

Create gentle structure around food

A predictable rhythm reassures children that food is coming and allows appetite to build naturally.

Respect sensory preferences

Texture, temperature and presentation matter more than many adults realise.

Model the desired relationship with food

Children learn more from what they observe than from what they are told.

Focus on the long game

No single meal shapes your child's eating habits. It is the small, repeated experiences over time that build curiosity and trust.

Early childhood is a powerful period for habit formation, but this does not mean parents have to get everything right. What matters most is the emotional pattern children experience repeatedly: calm meals, neutral language, recognition of internal hunger signals and a sense of connection at the table.

A happy eater is not a child who eats perfectly, but one who feels comfortable, curious and safe around food.

SALT DOUGH HANDPRINT BOWL



Turn little hands into a keepsake! A sweet, simple gift you and your child can make for Dad this Father's Day.

- YOU WILL NEED:**
- Small ovenproof bowl
 - Rolling pin
 - Salt Dough:
 - Acrylic paint
 - Sharp knife
 - 2 cups plain flour,
 - Mod Podge glue and sealer
 - 1 cup salt, 1 cup water

How to Make:

1. Mix flour, salt and water to make a stiff dough. If it's too sticky, add a little more flour.
2. Roll the dough to about 1cm thick. Press your child's hand firmly onto it to create a clear handprint.
3. Use a sharp knife to cut around the handprint. Smooth the edges with a damp finger.
4. Drape the dough over a small ovenproof bowl on a baking tray to form the bowl shape. Bake at 100°C for 2-3 hours until completely hard.
5. Once dry, paint your bowl and add a heart or design. Seal with Mod Podge to make it last forever.



Craft kindly supplied by Louise McMullen of Messy Little Monster, author of *Fun Painting Projects for Kids*. For more fun ideas visit www.messylittlemonster.com






Our Kids Love Water for Life!

Why Choose Aqualight

- ✔ **Small, Fun Classes:** We keep our classes small so every little swimmer gets plenty of attention.
- ✔ **Expert Teachers You Can Trust:** Aqualight teachers are fully qualified, highly trained, and passionate about helping swimmers feel confident, safe, and happy in the water.
- ✔ **Learn and Progress:** Our award-based programme helps your child grow from first splashes to confident swimming.
- ✔ **Family-Run Business, Not a Franchise!**

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Offering fun, dedicated swimming lessons across Northampton for babies, toddlers, pre-schoolers, and beyond.

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Email Us
info@aqualight.co.uk



CHEESE & CARROT STARS



Written by Annabel Karmel

The ultimate finger food for babies and toddlers alike, these soft veggie-packed stars from Annabel Karmel are the perfect lunch, dinner or nutritious snack for growing little ones.

Makes: 10-12 stars

Ingredients:

- 200g carrots, peeled and grated
- 2 eggs, beaten
- 50g Cheddar cheese, grated
- 4 tbsp self-raising flour
- 25g Parmesan cheese, grated

Method:

1. Preheat the oven to 180°C Fan.
2. Put the carrots in a clean tea towel, squeeze out as much liquid as possible.
3. Place in a bowl. Add the cheeses, eggs, flour and seasoning (for babies 12 months +)
4. Line a baking sheet with non-stick baking paper. Put a star cutter onto the sheet. Fill the cutter with the carrot mixture. Press down firmly. Remove the cutter and repeat.
5. Bake in the oven for about 15 minutes until lightly golden and set.

Looking for more recipe inspiration? Annabel's award-winning recipe app is home to 1,300+ simple and delicious ideas for the whole family, PLUS new recipes every week.

Start your FREE trial today!



CONFIDENT MUMS CLUB

RECLAIM YOUR SELF

The 6 week Confidence Reset for Mums.

Feeling overwhelmed or like you've lost yourself? This self-led program helps you rebuild identity, confidence and self-worth - without guilt or burnout.

Reclaim Your Self is 6 modules, practical tools and emotional test techniques. You'll learn how to feel grounded, clear and in control again...even on the busiest days.

Your reset starts here

Your identity matters

You deserve this

Visit the website for more information and resources available to access now.

www.theconfidentmumsclub.com

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Multi-disciplinary Health Clinic

Discover holistic healing with our team of osteopaths, physiotherapists, and wellness specialists offering treatments from massage to acupuncture, baby yoga, counselling, and much more!

Whether seeking pain relief, relaxation, or wellness support, our dedicated team is here for you and your little ones.

Contact us today & take the first step towards a healthier, happier you!

www.themapletreclinic.com

Laughter & Play

THE TWO KEY INGREDIENTS FOR LANGUAGE DEVELOPMENT

by Nicky McKeon



Let's be honest... When was the last time you got down on the floor and played with your child? And really played? When did you intently watch how your little one played with a toy and then joined in with their game, before introducing your rules of how to play?

The key to supporting positive language development is to laugh and play together every day - even if it is only for 5 minutes.

We know that children develop at different rates, but we also know that the best learning is offered with patience, curiosity and joint attention. In a world dominated by passive electronic devices, the essential ingredients to developing communication skills with your child is through person to person play, using facial expressions, shared awareness and unbridled happiness.

It doesn't have to be hard or expensive - here are some quick and easy ideas to make you both smile:

FLOURY LANGUAGE

A sieve, some flour and a piece of black card in a tray can capture a child's imagination and enrich their language so easily - think how the flour falling through the sieve could be snow, space dust, fairy dust. Drawing shapes in the fallen flour with your fingers can promote sensory joy and descriptive language ("soft", "cold", "like clouds") and knowing that there has to be a finish and tidy-up helps with transitioning from activities, following instruction and sequencing. Your simple commentary will model language and introduce new and exciting vocabulary.

STORY SOUNDTRACKS

A shared story book will help you child predict familiar and new situations ("Who's going to be hiding on the next page?") and expand memory

skills ("What did the caterpillar eat on Tuesday?")

Taking turns to offer instructions is a great way to demonstrate patience and develop resilience, in addition to modelling to your child how to ask for help ("Can you see the butterfly? I can't find it. Can you help me?") Making animal noises together during the story is a good way to check out if your child can produce all of their vowel sounds correctly ("Eeek! Squawk! Woof! Moo!")

BATH TIME BANTER

Ditch the bath toys for one night and replace with different sized spoons, measuring cups and plastic beakers. This provides a great opportunity to introduce comparative language (big / little, full / empty) and imaginative role play - who wouldn't want a frothy cappuccino at the Splash Cafe?

Through activities such as these, you can build a closer and more trusting relationship with your child and help to ensure that their language is developing in an appropriate way.

If you have any concerns regarding your child's speech and language development, speak to your Health Visitor or contact your nearest Independent Speech and Language therapist via the ASLTIP website (www.asltip.com). We're a friendly bunch and can always offer some top tips, ideas to support your child and some reassuring words for you.

But most importantly, have fun and play together every day!



Nicky McKeon is a qualified Speech and Language Therapist. She is a mum to teenagers with a background in commercial marketing and experience in early years and primary education. She is passionate about supporting children's communication development through fun, accessible approaches for families. www.asltip.com/members/nicky-mckeon



SPRINGTIME SPOTTER

CAN YOU COUNT UP ALL THE DIFFERENT THINGS IN OUR GARDEN?



CHEEKY CHARLIE HUNT!

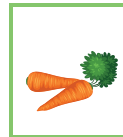
WE'VE HIDDEN CHARLIE, TODDLE ABOUT'S CHEEKY MASCOT, THROUGHOUT THE MAGAZINE!
CAN YOU COUNT HOW MANY TIMES HE APPEARS?

HOW MANY?

		<input type="text"/>		<input type="text"/>		<input type="text"/>		<input type="text"/>
		<input type="text"/>		<input type="text"/>		<input type="text"/>		<input type="text"/>

BEASTIE BITES

MATCH THE ANIMAL TO THEIR FAVOURITE FOOD!



ANSWERS ON P.43

More Than Morning Sickness



HYPEREMESIS GRAVIDARUM EXPLAINED: WHEN NAUSEA AND VOMITING IN PREGNANCY GO FAR BEYOND THE NORM.

Sickness in pregnancy is often a welcome sign in those early days when all the evidence you have is the two lines on a stick. The challenge for many of us is that the term morning sickness doesn't really scratch the surface of our experience and symptoms are rarely limited to mornings.

Pregnancy sickness is a spectrum condition which affects everyone differently. It ranges from periods of mild nausea or the odd vomiting episode right through to constant nausea and regular vomiting. In most cases, a few tweaks to diet and lifestyle can make things easier to manage and symptoms usually ease around 12 weeks.

But what about when those tweaks don't work? What about when the nausea is so intense it feels like it's crushing your soul? When vomiting comes regardless of whether you have eaten anything? When it's so violent you struggle to catch your breath? When the mere thought of food kicks off the awful cycle of vomiting again? What if you can't keep down even a sip of water - or your own saliva?

That's Hyperemesis Gravidarum (HG). It's an extreme form of nausea and vomiting in pregnancy that affects up to 4% of pregnancies and requires medical treatment. Although symptoms start in the early weeks, they often last far beyond the first trimester, with almost a quarter of women needing anti-emetic treatment throughout their entire pregnancy.

For those with a family history of HG, there is an increased risk, and once you've had it in one

pregnancy, there's around an 80% chance you'll experience it again. Which is a pretty tough pill to swallow. Literally. The good news is that a variety of treatments can be safely used in pregnancy.

The key differences between HG and typical pregnancy sickness are the severity of symptoms and the impact they have on women's and birthing people's physical and mental health. It's not uncommon for sufferers to say they feel like they are dying, as though their body is failing in front of their eyes, and yet they are reminded that they are lucky to be pregnant.

Therein lies the contradiction: the gap between expectation and reality. The difference between what is expected of pregnancy and the reality of an HG pregnancy is vast and can lead us to question our experience. If everyone feels this unwell, why aren't we talking about it more often? Or are we just weak because we can't cope when everyone else can? It's easy to see how this leads to isolation.

WHEN SHOULD I GET HELP?

Seek help as soon as you are struggling. If nausea and vomiting are impacting your ability to eat, drink or work, seek medical advice. There are medications that can help manage the symptoms.

The free helpline on **0800 055 4361** is available during office hours for empathy, expertise and support, or visit www.pregnancysicknesssupport.org.uk any time. HG is brutal, but you don't have to face it alone.



Pregnancy
Sickness
Support

Lindsay Salmon is Community & Engagement Manager at Pregnancy Sickness Support. Drawing on her lived experience of HG and a background in teaching, SEN and counselling, she is passionate about raising awareness, improving education, and amplifying the voices of the HG community.



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'1STFREEMO' when booking. Expires: 30/06/2026

FREE TRIALS

The following class providers offer
Free Trials as standard to new customers.

Please quote '**Toddle About**'
when booking.

Baby Sensory

northampton@babysensory.co.uk
www.babysensory.com/northampton

Cha Char Chimps

Use Code 'TODDLEABOUT'
www.ccchimps.com/location/towcester

Northampton County Lawn Tennis Club

Imineardscoaching@gmail.com
www.clubspark.lta.org.uk

Oncore Dance Academy

oncore@hotmail.co.uk
www.oncoredanceacademy.co.uk

All trials are subject to availability.

DAYS OUT

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TODDLE ABOUT BABY SHOW MK
25TH APRIL 2026

FREE ENTRY FOR ALL FAMILIES

www.toddle.fun/live-events/milton-keynes

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Expires 25/04/2026



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win!

DRAYTON MANOR THEME PARK COMPETITION

a Thomas the Tank Engine Adventure at Drayton Manor - worth £150!

The UK's best value theme park, **Drayton Manor**, is offering Toddle About readers the chance to win a **fun-filled family day out for four** to enjoy Europe's only Thomas Land – plus a private character meet and greet experience!

Thomas & Friends™ await at the Island of Sodor inside Thomas Land, featuring 25 toddler-friendly rides and a mini coaster, plus shows, entertainment and the chance to meet much-loved characters such as Sir Topham Hatt, Rusty and Dusty in a private meet and greet experience.

There's something for bigger kids too, with **access to the main theme park** also included with this incredible prize!

With only one prize up for grabs, don't miss the chance to win a fun-filled day out at Drayton Manor's Thomas Land.

Find out more at www.draytonmanor.co.uk.



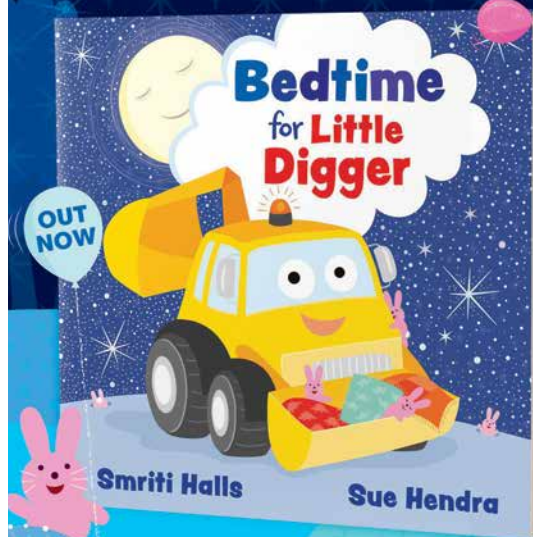
Enter at toddle.fun/thomas

Competition closes midnight on Sunday 14th June 2026.

T & C's apply, see www.toddle.fun/drayton for details.



Bedtime is about to get easier!



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& **SUPERMATE** co-creator
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FUTURE ME: BALLET DANCER, TRAIN DRIVER & ASTRONAUT BOOK BUNDLE, WORTH £23.97
MAGICCATPUBLISHING.CO.UK



TROLL IN A HOLE GAME, WORTH £12
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WOW! TOYS PIPPA'S PRINCESS CARRIAGE, WORTH £26.99
WWW.SMARTTOYSANDGAMES.CO.UK

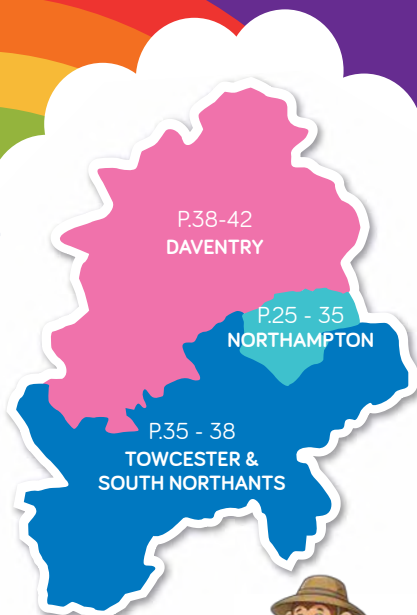


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Daily Activity Planner

Your local 'What's On Guide' for families with bumps - 5s in West Northamptonshire.



NORTHAMPTON AREA

MONDAY

PARENTS & TOTS

Chatterbox

Mount Pleasant Baptist Church, 147-155 Kettering Road, Northampton, NN1 4BS. 01604 516809. www.mountpleasantchurch.com.

Times: 9:30 - 11:15. **Ages:** 0 - 5 yrs.

Cost: £1.50 (*drop in*). **Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 6 Jul.

Duston Parent and Toddler Group

Duston Village Hall, Sycamore Road Duston, Northampton, NN5 6JS. 07717 873074.

Times: 10:00 - 12:00. **Ages:** 0 - 4 yrs 11 mths.

Cost: £2 (*book*). **Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 6 Jul.

Earls Barton Library

Broad Street, Earls Barton, NN6 OND. 0300 126 1000. www3.northamptonshire.gov.uk.

• **Stay & Play:** 14:15 - 15:15.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*). **Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 6 Jul.

Grange Park Parent and Toddlers Group

Grange Park Community Centre, School Lane, Grange Park, Northampton, NN4 5FZ.

Times: 10:00 - 12:00. **Ages:** 0 - 5 yrs. **Cost:** £3.50 (*drop in*). **Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 6 Jul.

Harlestone Play Group

Harlestone Village Hall, Harlestone, Northampton, NN7 4EH. 07876742634.

Times: 10:00 - 11:30. **Ages:** 0 - 4 yrs.

Cost: £2 (*drop in*). **Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 6 Jul.

Little Stars at St George's Church

St George's Church, Church Hill, Wootton, Northampton, NN4 6LQ. 07512662940.

• **Little Stars:** 9:30 - 11:00.

Ages: 0 - 3 yrs. **Cost:** Free (*drop in*). **Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 6 Jul.

Moulton Library

Moulton Community Centre, Reedings, NN3 7AX. www3.northamptonshire.gov.uk.

• **Stay & Play under 5s:** 13:00 - 15:00.

Ages: 0 - 5 yrs. **Cost:** Free (*book*). **Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 6 Jul.

Moulton Tots

Moulton Tots, Moulton Parish Church Centre Church Hill, Moulton, NN3 7SW. 01604495393. www.moultonchurch.co.uk.

Times: 10:00 - 11:30. **Ages:** 0 - 5 yrs. **Cost:** £3 (*drop in*). **Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 6 Jul.



The Toddle Inn, Carey Baptist Church

Carey Baptist Church, 34 West Street, Moulton, NN3 7SB. 01604 491966.
www.careybaptist.org.uk.

• **The Toddle Inn, Carey Baptist Church:**
13:30 - 14:40.

Ages: 0 - 4 yrs. **Cost:** £0.70 (drop in).

Dates: 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 6 Jul.

MUSIC & SIGNING

Music Bugs Northampton

Hardingstone, Hardingstone Village Hall, High Street, Northampton, NN4 6DA. 07811 771480.
www.musicbugs.co.uk.

• **Family Bugs:** 10:00 - 10:40 & 13:00 - 13:40.

Ages: 0 - 5 yrs.

• **Mini Bugs:** 11:00 - 11:40.

Ages: 6 mths - 2 yrs.

Cost: £7.50 (book).

Dates: 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 6 Jul.

SENSORY & DEVELOPMENT

Baby Sensory Northampton

The Baby Sensory Centre, Green Lodge Barn, Nobottle, Northampton, NN7 4HD. 07512 469881. www.babysensory.com.

Baby development classes inc. signing, massage, music & play

• **Baby Sensory (6 - 13mths):** 10:00 - 11:00.

• **Baby Sensory (0 - 9 mths):** 11:30 - 12:30.

• **Baby Sensory (0 - 13mths):** 13:00 - 14:00.

Dates: 13 Apr - 18 May & 1 Jun - 6 Jul.

Cost: £8 (book).

CREATIVE

Eat Sleep Bake Repeat

Summerfields, West Hunsbury, Northampton, NN4 9YN. 07457 410822.

www.Eat-sleep-bake-repeat.newzenler.com.

• **HOME ED CLASSES:** 13:30 - 14:15.

Ages: 2 - 8 yrs. **Dates:** 13 Apr - 11 May.

• **AFTER SCHOOL:** 16:30 - 17:15.

Ages: 4 - 11 yrs. **Dates:** 13 Apr, 27 Apr & 11 May - 18 May.

Weston Favell Library

Weston Favell Library, Unit 35, Weston Favell Shopping Centre, Northampton, NN4 8JZ.
www.westnorthants.gov.uk.

• **Explore a Story:** 10:30 - 11:00.

A short session with a story, craft and singing!

Ages: 2 - 5 yrs. **Cost:** Free (book).

Dates: 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 6 Jul.



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and get ready for a deliciously fun time with my weekly baking classes for kids!

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Wed 10am, 11.30am

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Mon 11.30am
Tues 11.30am

Afterschool classes
Mon 4.30pm
Fri 4.30pm

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and get ready for a deliciously fun time with my weekly baking classes for kids!

Classes are held in my home kitchen in West Hunsbury

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Home Ed classes
Mon 11.30am
Tues 11.30am

Afterschool classes
Mon 4.30pm
Fri 4.30pm

eat-sleep-bake-repeat.newzenler.com/classes

DANCE & DRAMA

Oncore Dance Academy

Oncore Studios, Footshape House, Kingsthorpe Road, Northampton, NN2 6HT. 07971 824 759 or 07894 667 333.

www.oncoredanceacademy.co.uk.

• **Baby Ballet:** 16:15 - 17:00.

Free trial class. Quote 'Toddle About' when booking.

Ages: 3 - 4 yrs.

• **Pre-Primary 1 Ballet:** 17:00 - 17:45.

Ages: 4 - 5 yrs.

Dates: 13 Apr - 18 May & 1 Jun - 6 Jul.

PHYSICAL FUN

Northampton Gymnastics Academy

10 North Portway Close, Round Spinney Industrial Estate, Northampton, NN3 8RQ.
01604 461242.

• **Explore & Play @ NGA:** 9:30 - 11:00.

Swing, jump, bounce and enjoy gym equipment!

Ages: 0 - 5 yrs. **Cost:** £6.50 (book).

Dates: 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 6 Jul.

SWIMMING

Aqualight Swim School - Headlands

Headlands Primary School, Bushland Road, Northampton, NN3 2NS. 01604 830405.
www.aqualight.co.uk.

- **Toddler 12–24 months:** 9:30 - 10:00.
- **Pre School 2–3 years:** 10:00 - 10:30 & 11:00 - 11:30.
- **Pre School 3–4 years:** 10:30 - 11:00, 11:30 - 12:00 & 12:00 - 12:30.

Cost: £13.99 (*book*).

Dates: 13 Apr - 4 May & 11 May - 6 Jul.

SEND ACTIVITIES

Autism East Midlands

Kingsthorpe Baptist Church, High Street, Northampton, NN2 7BD. 01909506678.
www.autismeastmidlands.org.uk.

- **FAMILY SUPPORT HUB:** 16:00 - 19:00.

Cost: Free (*book*). **Dates:** 4 May, 8 Jun & 6 Jul.

TUESDAY

PARENTS & TOTS

Duston Library

Duston Library, Pendle Road, Northampton, NN5 6DT. 0300 126 7000.
www.westnorthants.gov.uk.

- **Rhymetime:** 10:30 - 11:00.

Introduce your children to rhymes and songs

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*).

Dates: 14 Apr - 7 Jul.

Mini Springers

The Life Centre, 9 Tower Street, Northampton, NN1 2SN. 01604 630457.

Times: 9:30 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £1 (*drop in*).

Dates: 14 Apr - 19 May & 2 Jun - 7 Jul.

Moulton Library

Moulton Community Centre, Reedings, Moulton, NN3 7AX.
www3.northamptonshire.gov.uk.

- **Stay & Play under 1s:** 9:30 - 11:30.

Ages: 0 - 1 yrs.

- **Construction Club Tuesday:** 13:30 - 15:30.

Ages: 1 - 5 yrs.

Cost: Free (*book*).

Dates: 14 Apr - 7 Jul.

St Gregory's Toddler Group

St Gregory's Catholic Church, Birchfield Road East, Abington, Northampton, NN3 2HS.
01604 713015.

Times: 9:30 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £0.50 (*drop in*).

Dates: 14 Apr - 19 May & 2 Jun - 7 Jul.

The Spring Charity

The Spring Charity - Annex Community Centre, Spring Lane, Northampton, NN1 2JW.
07465231663. www.thespringcharity.org.

- **Stay and Play:** 9:00 - 11:00.

Ages: 0 - 5 yrs. **Cost:** £1 (*drop in*).

Dates: 14 Apr - 19 May & 2 Jun - 7 Jul.

Toddle In

St Giles Church Centre, St Giles Terrace, Northampton, NN1 2BN. 01604 628623.
stgilesnorthampton.org.uk.

- **St Giles Toddle In:** 10:00 - 11:00.

Parent and Tots group with crafts, play and singing.

Ages: 0 - 4 yrs. **Cost:** Free (*drop in*).

Dates: 14 Apr - 19 May & 2 Jun - 7 Jul.

Quinton House School

Upton Hall, Upton Lane, Northampton, NN5 4UX. 01604 752050.

www.quintonhouseschool.co.uk.

- **Prep school open morning:** 9:00 - 12:30.

Cost: Free (*book*). **Dates:** 21st April.

MUSIC & SIGNING

Boogie Beans

Wootton Community Centre, Curtlee Hill, Wootton, Northampton, NN4 6ED. 07766 731542. www.boogiebeans.com.

Times: 10:00 - 11:00. **Ages:** 0 - 5 yrs.

Cost: £5 (*book*).

Dates: 14 Apr - 19 May & 2 Jun - 7 Jul.

Cha Char Chimps - Northampton

Parklands Community Centre (Tuesdays), Devon Way, Northampton, NN3 6DX. 07917683330.
www.ccchimps.com.

- **Parklands:** 10:00 - 11:00.

Dates: 14 Apr - 19 May & 2 Jun - 7 Jul.

Hunsbury Library

Overslade Close, Hunsbury, NN4 0RZ. 01604 702691. www.northamptonshire.gov.uk.

- **Rhymetime:** 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (*book*).

Dates: 14 Apr - 7 Jul.

Music Bugs Northampton

Hardingstone, Hardingstone Village Hall, High Street, Northampton, NN4 6DA. 07811 771480.
www.musicbugs.co.uk.

- **Family Bugs:** 10:00 - 10:40. **Ages:** 0 - 5 yrs.

- **Baby Bugs:** 11:00 - 11:40. **Ages:** 0 - 10 mths.

Cost: £7.50 (*book*).

Dates: 14 Apr - 19 May & 2 Jun - 7 Jul.

Sing and Sign - Towcester, Daventry & Northampton

Wootton Community Centre, Curtlee Hill, Wootton, Northampton, NN4 6ED. 07506257073. singandsign.co.uk.

• **Babies - (6-14 month):** 14:00 - 14:45.
Signing Baby class - develop communication pre-speech
Ages: 6 mths - 1 yrs 2 mths. **Cost:** £8.50 (book).
Dates: 21 Apr - 30 Jun.

SENSORY & DEVELOPMENT

Baby Sensory Northampton

The Baby Sensory Centre, Green Lodge Barn, Nobottle, Northampton, NN7 4HD. 07512 469881. www.babysensory.com.

Baby development classes inc. signing, massage, music & play

• **Baby Sensory (6 - 13mths):** 10:00 - 11:00.
 • **Baby Sensory (0 - 6mths):** 11:30 - 12:30.
 • **Baby Sensory (0 - 13mths):** 13:00 - 14:00.

Ages: 0 - 6 mths. **Cost:** £8 (book).
Dates: 14 Apr - 19 May & 2 Jun - 7 Jul.

Wootton Community Library

Wootton Community Centre, Curtlee Hill, Wootton, Northampton, NN4 6ED. 01604 526363. www.woottonparishcouncil.gov.uk.

• **Storytime:** 11:15 - 11:35.
Storytime for pre-school children and their grown ups
Ages: 0 - 4 yrs. **Cost:** Free (drop in).
Dates: 14 Apr - 7 Jul.

DANCE & DRAMA

Oncore Dance Academy

Oncore Studios, Footshape House, Kingsthorpe Road, Northampton, NN2 6HT. 07971 824 759 or 07894 667 333.

www.oncoredanceacademy.co.uk.

• **Baby Ballet:** 10:00 - 10:45.
Free trial class. Quote 'Toddle About' when booking.

Ages: 3 - 4 yrs.
Dates: 14 Apr - 19 May & 2 Jun - 7 Jul.

PHYSICAL FUN

Northampton Gymnastics Academy

10 North Portway Close, Round Spinney Industrial Estate, Northampton, NN3 8RQ. 01604 461242. www.facebook.com.

• **Explore & Play @ NGA:** 10:30 - 12:00 & 13:00 - 14:30.

Swing, jump, bounce and enjoy gym equipment!
Ages: 0 - 5 yrs. **Cost:** £6.50 (book).
Dates: 14 Apr - 19 May & 2 Jun - 7 Jul.

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SWIMMING

Aqualight Swim School - Headlands

Headlands Primary School, Bushland Road, Northampton, NN3 2NS. 01604 830405. www.aqualight.co.uk.

• **Toddler 12-24 months:** 10:00 - 10:30.
 • **Pre School 2-3 years:** 10:30 - 11:00.
 • **Baby Swimming 6-12 months:** 11:00 - 11:30.

Cost: £13.99 (book).
Dates: 14 Apr - 5 May & 12 May - 7 Jul.

Aqualight Swim School - Fairfields

Fairfields School, Trinity Avenue, Northampton, NN2 6JN. 01604 830405. www.aqualight.co.uk.

• **4+ Beginners: Stanley 1-3:** 17:30 - 18:00.

4+ Beginners with parent

Ages: 4 - 6 yrs. **Cost:** £14.99 (book). **Dates:** 14 Apr - 5 May & 12 May - 7 Jul.

SEND ACTIVITIES

DEAF CONNECT Northampton

Spencer Dallington Community Centre, Tintern Avenue, Northampton, NN5 7BZ. 07875140561. www.deafconnect.org.uk.

• **Coffee Morning - Last Tuesday of each month:** 10:00 - 12:00.

Cost: Free (book).
Dates: 28 Apr, 26 May & 23 Jun.

WEDNESDAY

PARENTS & TOTS

Chatterbox

Mount Pleasant Baptist Church, 147-155 Kettering Road, Northampton, NN1 4BS. 01604 516809. www.mountpleasantchurch.com.

Times: 9:30 - 11:15. **Ages:** 0 - 5 yrs. **Cost:** £1.50 (*drop in*). **Dates:** 15 Apr - 20 May & 3 Jun - 8 Jul.

Earls Barton Library

Broad Street, Earls Barton, NN6 0ND. 0300 126 1000. www3.northamptonshire.gov.uk.

• **Play and Learn for Under 5s:** 10:30 - 12:00.

Ages: 0 - 5 yrs. **Cost:** Free (*book*). **Dates:** 15 Apr - 8 Jul.

Emmanuel Family Tots

Emmanuel Church, Weston Favell Centre,, Billing Brook Road, Northampton, NN3 8JR. 07812508711.

Times: 10:00 - 11:30. **Ages:** 0 - 5 yrs. **Cost:** £1 (*drop in*). **Dates:** 15 Apr - 8 Jul.

Moulton Library

Moulton Library, Moulton Community Centre, Reedings, Moulton, NN3 7AX. www3.northamptonshire.gov.uk.

• **Stay & Play under 5s:** 9:30 - 11:30.
• **Storytime:** 10:00 - 10:30. **Ages:** 0 - 5 yrs.

Cost: Free (*book*). **Dates:** 15 Apr - 8 Jul.

Moulton Tots

Moulton Parish Church Centre Church Hill, Moulton, NN3 7SW. 01604495393. www.moultonchurch.co.uk.

Times: 9:30 - 11:00. **Ages:** 0 - 5 yrs. **Cost:** £3 (*drop in*).

Dates: 15 Apr - 20 May & 3 Jun - 8 Jul.

Northampton High School

Northampton High School, Newport Pagnell Road, Hardingstone, Northampton, NN4 6UU. 01604 765765. www.northamptonhigh.co.uk.

• **Stay and Play:** 10:15 - 11:15.

Ages: 1 - 3 yrs. **Cost:** Free (*book*). **Dates:** 22 Apr, 20 May & 10 Jun.

Rainbow Tots - toddler group

The Salvation Army, 8 Tower Street, Northampton, NN1 2SN. 01603 624841. www.salvationarmy.org.uk.

Times: 10:30 - 12:00. **Cost:** £1.50 (*book*). **Dates:** 15 Apr - 20 May & 3 Jun - 8 Jul.

St Peter's Church Tiny Tots and Mum and Baby group

Church Hall, 76 High Street, Weston Favell, Northampton, NN3 3JX. 07742587128. www.achurchnearyou.com.

• **Mums, Baby and Tots group:** 13:30 - 15:00.
Ages: 1 mths - 5 yrs. **Cost:** £1 (*drop in*). **Dates:** 15 Apr - 20 May & 3 Jun - 8 Jul.

Storehouse Church

Lodge Farm Community Centre, Crestwood Road, Northampton, NN3 8JJ. 07853 765517. www.storehousechurch.co.uk.

• **Tiny Tadpoles:** 9:30 - 11:00.
Ages: 0 - 5 yrs. **Cost:** £2 (*drop in*). **Dates:** 15 Apr - 20 May & 3 Jun - 8 Jul.

Upton Tots

The Elgar Centre, 1 High St, Upton, NN5 4EN. www.gracechurchupton.com.

Times: 10:00 - 11:30. **Ages:** 0 - 5 yrs. **Cost:** £3 (*drop in*). **Dates:** 15 Apr - 20 May & 3 Jun - 8 Jul.

MUSIC & SIGNING

Hunsbury Library

Overslade Close, Hunsbury, NN4 0RZ. 01604 702691. www.northamptonshire.gov.uk.

• **Babytime:** 10:30 - 11:30.
Ages: 0 - 1 yrs. **Cost:** Free (*drop in*). **Dates:** 15 Apr - 8 Jul.

Music Bugs Northampton

Moulton Community Centre, Sandy Hill Lane, Reedings, Northampton, NN3 7AX. 07811 771480. www.musicbugs.co.uk.

• **Family Bugs:** 10:00 - 10:40. **Ages:** 0 - 5 yrs.
• **Mini Bugs:** 11:00 - 11:40. **Ages:** 6 mths - 2 yrs.
• **Baby Bugs:** 12:00 - 12:40. **Ages:** 0 - 10 mths.
Cost: £7.50 (*book*).

Dates: 15 Apr - 20 May & 3 Jun - 8 Jul.

SENSORY & DEVELOPMENT

Baby Sensory Northampton

The Baby Sensory Centre, Green Lodge Barn, Nobottle, Northampton, NN7 4HD. 07512 469881. www.babysensory.com.

Baby development classes inc. signing, massage, music & play

• **Baby Sensory (0 - 13mths):** 10:00 - 11:00 & 13:00 - 14:00.
• **Baby Sensory (0 - 6mths):** 11:30 - 12:30.

Cost: £8 (*book*). **Dates:** 15 Apr - 20 May & 3 Jun - 8 Jul.



DANCE & DRAMA

Oncore Dance Academy

Oncore Studios, Footshape House, Kingsthorpe Road, Northampton, NN2 6HT. 07971 824 759 or 07894 667 333.

www.oncoredanceacademy.co.uk.

• **Groovy Movers (Oncore):** 16:15 - 17:00.

Free trial class. Quote 'Toddle About' when booking.

Ages: 3 - 5 yrs.

• **Junior Street Dance:** 17:00 - 17:45 & 17:45 - 18:30.

Ages: 4 - 5 yrs.

Dates: 15 Apr - 20 May & 3 Jun - 8 Jul.

PHYSICAL FUN

Northampton Gymnastics Academy

10 North Portway Close, Round Spinney Industrial Estate, Northampton, NN3 8RQ. 01604 461242. www.facebook.com.

• **Explore & Play @ NGA:** 10:00 - 11:30.

Swing, jump, bounce and enjoy gym equipment!

Ages: 0 - 5 yrs. **Cost:** £6.50 (book).

Dates: 15 Apr - 20 May & 3 Jun - 8 Jul.

SWIMMING

Aqualight Swim School - Headlands

Headlands Primary School, Bushland Road, Northampton, NN3 2NS. 01604 830405. www.aqualight.co.uk.

• **Toddler 12-24 months:** 9:30 - 10:00.

• **Pre School 2-3 years:** 10:00 - 10:30.

• **Pre School 3-4 years:** 10:30 - 11:00.

Cost: £13.99 (book).

Dates: 15 Apr - 6 May & 13 May - 8 Jul.

Aqualight Swim School - Fairfields

Fairfields School, Trinity Avenue, Northampton, NN2 6JN. 01604 830405. www.aqualight.co.uk.

• **4+ Beginners: Stanley 1-3:** 16:30 - 17:00 & 17:00 - 17:30.

4+ Beginners with parent

Ages: 4 - 6 yrs. **Cost:** £14.99 (book).

Dates: 15 Apr - 6 May & 13 May - 8 Jul.

THURSDAY

PARENTS & TOTS

Abbey Centre Baptist Church Baby & Toddler Group

Abbey Centre Baptist Church, Overslade Close, Hunsbury, Northampton, NN4 0RZ. 01604 767568. www.abbeycentre.org.uk.

Times: 9:30 - 11:30. **Ages:** 0 - 4 yrs. **Cost:** £2

(drop in). **Dates:** 16 Apr - 23 Apr, 14 May - 21 May, 11 Jun - 25 Jun & 9 Jul.

Kislingbury & Upton Community Church

Kislingbury & Upton Community Church, Mill Lane, Kislingbury, NN7 4BB. 07432881576. www.kucc.co.uk.

• **Kizzle Tots and Babies:** 10:00 - 12:00.

Contact totsgroup@kucc.co.uk for updates and bookings

Ages: 0 - 5 yrs. **Cost:** £3 (drop in).

Dates: 16 Apr - 21 May & 4 Jun - 9 Jul.

Moulton Library

Moulton Community Centre, Reedings, Moulton, NN3 7AX.

www3.northamptonshire.gov.uk.

• **Sling Library Thursday:** 10:00 - 11:30.

Ages: 1 - 5 yrs. **Cost:** Free (book).

Dates: 16 Apr - 9 Jul.

St Matthew's Minis

St Matthew's Church Hall, 27A The Drive, Kingsley, Northampton, NN1 4RY. 01604 791251. www.stmatthews-northampton.org.uk.

Times: 9:45 - 11:30. **Ages:** 0 - 5 yrs. **Cost:** £1.50

(drop in). **Dates:** 16 Apr - 21 May & 4 Jun - 9 Jul.

Sunbeams

Duston United Reformed Church, Main Road, Duston, NN5 6JF. 07751522303.

Times: 9:30 - 11:30. **Ages:** 0 - 4 yrs. **Cost:** £1

(drop in). **Dates:** 16 Apr - 21 May & 4 Jun - 9 Jul.

The Spring Charity

Annex Community Centre, Spring Lane, Northampton, NN1 2JW. 07465231663. www.thespringcharity.org.

• **Stay and Play:** 9:00 - 11:00.

Ages: 0 - 5 yrs. **Cost:** £1 (drop in).

Dates: 16 Apr - 21 May & 4 Jun - 9 Jul.

Toddlers Group

Park Avenue Methodist Church, Park Avenue North, Northampton, NN3 2HT. 01604 633436. www.parkavenue.org.uk.

Times: 13:15 - 15:00. **Ages:** 0 - 4 yrs.

Cost: £1 (drop in).

Dates: 16 Apr - 21 May & 4 Jun - 9 Jul.

MUSIC & SIGNING

Music Bugs Northampton

Hardingstone, Hardingstone Village Hall, High Street, Northampton, NN4 6DA. 07811 771480. www.musicbugs.co.uk.

• **Family Bugs:** 10:00 - 10:40 & 11:00 - 11:40.

Ages: 0 - 5 yrs. **Cost:** £7.50 (book).

Dates: 16 Apr - 21 May & 4 Jun - 9 Jul.

EXPLORE & PLAY @NGA*Gymnastics for all under 5s*

Sessions run Monday - Friday mornings at the Northampton Gymnastics Academy
10 NORTH PORTWAY CLOSE, ROUND SPINNEY INDUSTRIAL ESTATE, NN3 8RQ



TO BOOK ONLINE SCAN THE QR CODE OR VISIT:
www.bookwhen.com/exploreandplaynga

[f / NorthamptonGymnasticsAcademy](https://www.facebook.com/NorthamptonGymnasticsAcademy)

SENSORY & DEVELOPMENT**Baby Sensory Northampton**

The Baby Sensory Centre, Green Lodge Barn, Nobottle, Northampton, NN7 4HD. 07512 469881. www.babysensory.com.

Baby development classes inc. signing, massage, music & play

- **Baby Sensory (0 - 13mths):** 10:00 - 11:00 & 13:00 - 14:00.
- **Baby Sensory (0 - 6mths):** 11:30 - 12:30.

Cost: £8 (book).

Dates: 16 Apr - 21 May & 4 Jun - 9 Jul.

CREATIVE**Weston Favell Library**

Weston Favell Library, Unit 35, Weston Favell Shopping Centre, Northampton, NN4 8JZ. www.westnorthants.gov.uk.

- **Baby Bounce:** 10:00 - 10:30.

Ages: 6 mths - 1 yrs. **Cost:** Free (book).

Dates: 16 Apr - 9 Jul.

**PHYSICAL FUN****Little Kickers Northampton Daventry & Rugby**

Moulton Community Centre, Sandy Hill, Reedings, Moulton, Northampton, NN37AX. 01327 705915. www.littlekickers.co.uk.

- **Little Kickers**

Pre-school football classes from 18months

Times: 9:30 - 10:10. **Ages:** 1 ½ - 2 ½ yrs.

Times: 10:20 - 11:05. **Ages:** 2 ½ - 3 ½ yrs.

Times: 11:10 - 11:55. **Ages:** 3 ½ - 5 yrs.

Dates: 16 Apr - 9 Jul & 16 Apr - 25 Jun.

Cost: £8.50 (book).

Northampton Gymnastics Academy

Northampton Gymnastics Academy, 10 North Portway Close, Round Spinney Industrial Estate, Northampton, NN3 8RQ. 01604 461242. www.facebook.com.

- **Explore & Play @ NGA:** 10:00 - 11:30.

Swing, jump, bounce and enjoy gym equipment!

Ages: 0 - 5 yrs. **Cost:** £6.50 (book).

Dates: 16 Apr - 21 May & 4 Jun - 9 Jul.

SWIMMING**Aqualight Swim School - Headlands**

Headlands Primary School, Bushland Road, Northampton, NN3 2NS. 01604 830405. www.aqualight.co.uk.

- **Pre School 2-3 years:** 9:30 - 10:00.

- **Pre School 3-4 years:** 10:00 - 10:30.

- **Toddler 12-24 months:** 10:30 - 11:00 & 11:00 - 11:30.

Cost: £13.99 (book).

Dates: 16 Apr - 7 May & 14 May - 9 Jul.

Aqualight Swim School - The Beehive

The Beehive, Harborough Road, Kingsthorpe, Northampton, NN2 8LR. 01604 830405. www.aqualight.co.uk.

- **Baby Swimming 4-8 months:** 9:15 - 9:45 & 11:15 - 11:45.

- **Baby Swimming 0-4 months:** 9:45 - 10:15 & 11:45 - 12:15.

- **Baby Swimming 6-12 months:** 10:15 - 10:45 & 10:45 - 11:15.

Cost: £14.99 (book).

Dates: 16 Apr - 7 May & 14 May - 9 Jul.

Aqualight Swim School - Barry Road

Barry Road Swimming Pool, 2 4-2 Covington Street, Northampton, NN1 5JU. 01604 830405. www.aqualight.co.uk.

- **Stanley 4-5 parent guardian in the water:** 16:00 - 16:30 & 16:30 - 17:00.

Stanley 4-5 with parent

Ages: 4 - 5 yrs. **Cost:** £13.99 (book).

Dates: 16 Apr - 7 May & 14 May - 9 Jul.



FRIDAY

PARENTS & TOTS

Earls Barton Library

Earls Barton Library, Broad Street, Earls Barton, NN6 0ND. 0300 126 1000.

www3.northamptonshire.gov.uk.

• **Rhymetime:** 14:30 - 15:00.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 17 Apr - 3 Jul.

Moulton Library

Moulton Library, Moulton Community Centre, Reedings, Moulton, NN3 7AX.

www3.northamptonshire.gov.uk.

• **Bounce and Rhyme (0-1 yrs):** 13:15 - 13:45.

• **Rhymetime (0 - 5 yrs):** 14:00 - 14:30.

• **Homework Club (4 - 10 yrs):** 15:00 - 16:30.

Cost: Free (book). **Dates:** 17 Apr - 3 Jul.

Toddle In

St Giles Church Centre, St Giles Terrace, Northampton, NN1 2BN. 01604 628623.

www.stgilesnorthampton.org.uk.

• **St Giles Toddle In:** 10:00 - 11:00.

Parent and Tots group with crafts, play and singing.

Ages: 0 - 4 yrs. **Cost:** Free (drop in).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

Quinton House School

Upton Hall, Upton Lane, Northampton, NN5 4UX. 01604 752050.

www.quintonhouseschool.co.uk.

• **Whole school open morning:** 9:00 - 12:30.

Cost: Free (book). **Dates:** 24th April



MUSIC & SIGNING

Hunsbury Library

Overslade Close, Hunsbury, NN4 0RZ.

01604 702691. www.northamptonshire.gov.uk.

• **Rhymetime:** 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (book).

Dates: 17 Apr - 3 Jul.

Music Bugs Northampton

Pineham Barns Primary School, Dragonfly Way, Pineham, Northampton, NN4 9FF. 07811 771480. www.musicbugs.co.uk.

• **Family Bugs:** 10:00 - 10:40. **Ages:** 0 - 5 yrs.

• **Baby Bugs:** 11:00 - 11:40. **Ages:** 0 - 1 yrs.

Cost: £7.50 (book).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

Cha Char Chimps - Northampton

Wootton Community and Sports Centre (Fridays), Curtlee Hill, Northampton, Northampton, NN4 6ED. 07917683330. www.ccchimps.com.

• **Wootton Community Centre:** 10:00 - 11:00.

Dates: 17 Apr - 3 Jul.

SENSORY & DEVELOPMENT

Baby Sensory Northampton

The Baby Sensory Centre, Green Lodge Barn, Nobottle, Northampton, NN7 4HD. 07512 469881. www.babysensory.com.

• **Baby Sensory (0 - 9 mths):** 11:30 - 12:30.

• **Baby Sensory (0 - 13mths):** 10:00 - 11:00.

Baby development classes inc. signing, massage, music & play

Cost: £8 (book).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

Wootton Community Library

Wootton Community Centre, Curtlee Hill, Wootton, Northampton, NN4 6ED. 01604 526363. www.woottonparishcouncil.gov.uk.

• **Rhymetime:** 11:00 - 11:30.

Rhymetime baby and toddler singing session.

Ages: 0 - 4 yrs. **Cost:** Free (drop in).

Dates: 17 Apr - 3 Jul.

CREATIVE

Eat Sleep Bake Repeat

Summerfields, West Hunsbury, Northampton, NN4 9YN. 07457 410822.

www.Eat-sleep-bake-repeat.newzenler.com.

• **AFTER SCHOOL:** 16:30 - 17:15.

Ages: 4 - 11 yrs. **Dates:** 17 Apr.

Weston Favell Library

Unit 35, Weston Favell Shopping Centre, Northampton, NN4 8JZ.

www.westnorthants.gov.uk.

• **Rhyme Time:** 10:00 - 10:30.

A fun interactive singing session. First come first served.

Ages: 1 - 5 yrs. **Cost:** Free (book).

Dates: 17 Apr - 3 Jul.

PHYSICAL FUN

Little City Northampton

St Peter and St Pauls Parish Rooms, Ashburnham Road, Northampton, NN3 2HT. 07356274175. www.pbbl.uk.

• **Little City Play Session:** 9:30 - 10:45.

Imaginative play for little ones

Ages: 1 - 6 yrs. **Cost:** £8.95 (book).

Dates: 10 Apr, 8 May & 12 Jun - 12 Jun.

Little City Northampton - Duston

Duston Village Hall, Sycamore Road, Duston, Northampton, NN5 6JR. 07356274175. www.pbbl.uk.

• **Little City Play Session:** 9:30 - 10:45.

Imaginative play for little ones

Ages: 1 - 6 yrs. **Cost:** £8.95 (book).

Dates: 24 Apr, 22 May & 26 Jun - 26 Jun.

TINY TOTS TENNIS

Come join the FUN learn about the game and develop fundamental skills aimed at 2½ 5 years.

Friday: 1:30 - 2.15pm (term time).

Saturday: 9:15 - 10am

Limited spaces available.

To book, please contact:

Laura Mineards: 07766 557 122

*Northampton County Lawn Tennis Club,
54b Church Way, Weston Favell, Northampton.*

lauramineards@yahoo.co.uk

Little City Northampton

Great Doddington Memorial Hall, High Street, Great Doddington, NN29 7TQ. 07356274175. www.pbbl.uk.

• **Little City: 9:30 - 10:45.**

Ages: 1 - 6 yrs. **Cost:** £8.95 (book).

Dates: 1 May & 5 Jun - 5 Jun.

Northampton County Lawn Tennis Club

54B Church Way, Weston Favell, Northampton, NN3 3BX. 07766557122. www.clubspark.lta.org.uk.

• **Tiny Tots Tennis: 13:30 - 14:15.**

Ages: 2 ½ - 5 yrs. **Cost:** £5 (drop in).

Dates: 10 Apr - 3 Jul.

Northampton Gymnastics Academy

Northampton Gymnastics Academy, 10 North Portway Close, Round Spinney Industrial Estate, Northampton, NN3 8RQ. 01604 461242.

• **Explore & Play @ NGA: 10:00 - 11:30.**
Swing, jump, bounce and enjoy gym equipment!

Ages: 0 - 5 yrs. **Cost:** £6.50 (book).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

SWIMMING

Aqualight Swim School - Barry Road

Barry Road Swimming Pool, 2 4-2 Covington Street, Northampton, NN1 5JU. 01604 830405. www.aqualight.co.uk.

• **Pre School 3-4 years: 9:30 - 10:00 & 10:30 - 11:00.**

Pre School swimming

• **Stanley 4-5 parent guardian in the water: 16:00 - 16:30 & 16:30 - 17:00.**

Ages: 3 - 4 yrs. **Cost:** £13.99 (book).

Dates: 10 Apr - 8 May & 15 May - 3 Jul.

Aqualight Swim School - Fairfields

Fairfields School, Trinity Avenue, Northampton, NN2 6JN. 01604 830405. www.aqualight.co.uk.

• **4+ Beginners: Stanley 1-3: 16:30 - 17:00 & 17:00 - 17:30. 4+ Beginners with parent**

• **Toddler 12-24 months: 17:30 - 18:00 & 18:00 - 18:30.**

Cost: £14.99 (book).

Dates: 10 Apr - 8 May & 15 May - 3 Jul.

Fun, friendly and interactive music classes for children aged newborn to 5 years

Come and play with our puppets, scarves, bobbies, pom poms, parachutes and percussion instruments plus lots, lots more!

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or visit our website

Hardingstone, Moulton & Pineham, Northampton

Birthday parties also available
lesley@musicbugs.co.uk

www.musicbugs.co.uk



Aqualight Swim School - Headlands

Headlands Primary School, Bushland Road, Northampton, NN3 2NS. 01604 830405. www.aqualight.co.uk.

• **Toddler 12-24 months: 11:45 - 12:15.**

• **Baby Swimming 6-12 months: 11:15 - 11:45.**

Cost: £13.99 (book).

Dates: 10 Apr - 8 May & 15 May - 3 Jul.

SATURDAY

SENSORY & DEVELOPMENT

Kingsthorpe Community Library

Welford Road, Kingsthorpe, Northampton, NN28AG. 03001267000. www.facebook.com.

• **Craft Club: 12:30 - 14:00.**

Ages: 5 - 99 yrs. **Cost:** Free (drop in).

Dates: 2 May, 6 Jun & 4 Jul.

CREATIVE

Eat Sleep Bake Repeat

Summerfields, West Hunsbury, Northampton, NN4 9YN. 07457 410822.

www.Eat-sleep-bake-repeat.newzenler.com.

• **Saturday Kitchen: 10:00 - 10:45 & 11:30 - 12:15.**

Ages: 2 - 11 yrs.

Dates: 25 Apr.

DANCE & DRAMA

Oncore Dance Academy

Oncore Studios, Footshape House, Kingsthorpe Road, Northampton, NN2 6HT. 07971 824 759 or 07894 667 333.

www.oncoredanceacademy.co.uk.

• **Baby Ballet: 9:00 - 9:45.**

Free trial class. Quote 'Toddle About' when booking.

Ages: 3 - 4 yrs.

• **Pre-Primary 1 Ballet: 9:45 - 10:30.**

Ages: 4 - 5 yrs.

• **Tip Tap Toe Beginners Tap: 10:30 - 11:15.**

Ages: 4 - 5 yrs.

Dates: 18 Apr - 16 May & 6 Jun - 4 Jul.



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LittleKickers Northampton, Daventry & Rugby

PHYSICAL FUN

Northampton County Lawn Tennis Club

Northampton County Lawn Tennis Club, 54B Church Way, Weston Favell, Northampton, NN3 3BX. 07766557122. www.clubspark.lta.org.uk.

• **Tiny Tots Tennis:** 9:15 - 10:00.

Ages: 2 ½ - 5 yrs. **Cost:** £5 (drop in).

Dates: 11 Apr - 4 Jul.

SWIMMING

Aqualight Swim School - Barry Road

Barry Road Swimming Pool, 2 4-2 Covington Street, Northampton, NN1 5JU. 01604 830405. www.aqualight.co.uk.

• **Pre School 3–4 years:** 12:00 - 12:30.

Pre School swimming

• **4 plus Beginners Stanley 1–3 with parent:** 13:00 - 13:30 & 14:00 - 14:30.

• **Stanley 4–5 parent guardian in the water:** 12:30 - 13:00, 13:30 - 14:00, 14:30 - 15:00, 15:15 - 15:45 & 15:45 - 16:15.

Cost: £13.99 (book).

Dates: 11 Apr - 2 May & 16 May - 4 Jul.

Aqualight Swim School - The Beehive

The Beehive, Harborough Road, Kingsthorpe, Northampton, NN2 8LR. 01604 830405.

www.aqualight.co.uk.

• **6–12 months:** 8:30 - 9:00.

• **8–12 months:** 9:00 - 9:30, 9:30 - 10:00 & 10:00 - 10:30.

• **4–8 months:** 10:30 - 11:00 & 11:30 - 12:00.

• **0–4 months:** 11:00 - 11:30.

Cost: £14.99 (book).

Dates: 11 Apr - 2 May & 16 May - 4 Jul.

Aqualight Swim School - Fairfields

Fairfields School, Trinity Avenue, Northampton, NN2 6JN. 01604 830405. www.aqualight.co.uk.

• **18–24 months:** 8:30 - 9:00, 10:30 - 11:00 & 11:00 - 11:30.

• **2–3 years:** 9:00 - 9:30 & 11:30 - 12:00.

• **12–18 months:** 9:30 - 10:00 & 10:00 - 10:30.

Cost: £14.99 (book).

Dates: 11 Apr - 2 May & 16 May - 4 Jul.

Aqualight Swim School - Headlands

Headlands Primary School, Bushland Road, Northampton, NN3 2NS. 01604 830405.

www.aqualight.co.uk.

• **2–3 years:** 9:00 - 9:30, 10:00 - 10:30 & 11:30 - 12:00.

• **3–4 years:** 9:30 - 10:00, 10:30 - 11:00 & 11:00 - 11:30.

Cost: £13.99 (book).

Dates: 11 Apr - 2 May & 16 May - 4 Jul.

SUNDAY

SENSORY & DEVELOPMENT

Kidslingo Spanish Northants, Towcester & Olney

Caroline Chisholm School, Wooldale Rd, Northampton, NN4 6TP. 07772536338.

www.kidslingo.co.uk.

Times: 9:00 - 9:30. **Ages:** 1 ½ - 4 yrs 11 mths.

Times: 9:40 - 10:10. **Ages:** 4 - 7 yrs.

Times: 10:20 - 10:50. **Ages:** 3 - 5 yrs.

Times: 11:05 - 11:45. **Ages:** 7 - 11 yrs.

Cost: £5 (book).

Dates: 19 Apr - 17 May & 7 Jun - 5 Jul.

PHYSICAL FUN

Little Kickers Northampton Daventry & Rugby

Kingsthorpe College, Boughton Green Road, Northampton, NN2 7HR. 01327 705915.

www.littlekickers.co.uk.

• **3 ½ - 5 yrs:** 8:30 - 9:15, 9:25 - 10:10, 10:20 - 11:05 & 11:15 - 12:00.

• **1 ½ - 2 ½ yrs:** 8:30 - 9:10, 9:30 - 10:10.

• **2 ½ - 3 ½ yrs:** 8:30 - 9:15, 10:20 - 11:05, 11:15 - 12:00.

• **5-7 yrs:** 9:25 - 10:10, 10:20 - 11:05 & 11:15 - 12:00.

Dates: 12 Apr - 28 Jun & 12 Apr - 21 Jun.

Cost: £9.50 (book).

SWIMMING

Aqualight Swim School - Barry Road

Barry Road Swimming Pool, 2 4-2 Covington Street, Northampton, NN1 5JU. 01604 830405. www.aqualight.co.uk.

- **Stanley 4-5 parent guardian in the water:** 8:30 - 9:00, 9:00 - 9:30, 9:30 - 10:00, 10:00 - 10:30 & 11:30 - 12:00.
- **Pre School 3-4 years:** 10:30 - 11:00.
- **4 plus Beginners Stanley 1-3 with parent:** 11:00 - 11:30.

Cost: £13.99 (book).

Dates: 12 Apr - 3 May & 17 May - 5 Jul.

Aqualight Swim School - Fairfields

Fairfields School, Trinity Avenue, Northampton, NN2 6JN. 01604 830405. www.aqualight.co.uk.

- **Toddler 12-24 months:** 8:30 - 9:00.
- **4+ Beginners: Stanley 1-3:** 9:00 - 9:30 & 11:30 - 12:00.
- **Pre School 3-4 years:** 9:30 - 10:00 & 11:00 - 11:30.
- **Pre School 2-3 years:** 10:00 - 10:30 & 10:30 - 11:00.

Cost: £14.99 (book).

Dates: 12 Apr - 3 May & 17 May - 5 Jul.

SOUTH NORTHANTS AREA

MONDAY

MUSIC & SIGNING

Towcester Library

Towcester Library, The Forum, Moat Lane, Towcester, NN12 6AD. 0300 126 7000. www.westnorthants.gov.uk.

- **Bounce & Rhyme:** 10:00 - 10:30.

Ages: 0 - 1 yrs. **Cost:** Free (book).

Dates: 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 6 Jul.

Cha Char Chimps - Towcester

Mondays - Syresham Village Hall, Main Road, Syresham, NN13 5HE. www.cccchimps.com.

- **Cha Char Chimps (0-5yrs):** 10:00 - 11:00. **Cost:** £8
- **Baby Chimps:** 11:30 - 12:30.

Ages: 0 - 1 ½ yrs. **Dates:** 13 Apr - 6 Jul.

PHYSICAL FUN

Beanz Barn

Unit 1 Hollandstone Farm, High Street, Flore, NN7 4LP. 01604 345964. www.beanzbarn.co.uk.

- **Soft Play Sessions:** 10:00 - 12:00, 12:30 - 14:30 & 15:30 - 17:30.

Prices vary according to age and timing of session

Ages: 0 - 5 yrs. **Cost:** £10 (drop in).

Dates: 13 Apr - 6 Jul.

Fun Spanish for children 0-11 y
Venue classes & online
 We bring languages to life through amazing adventures. Come and be a pirate for the day, visit the circus or explore a world of magical creatures.
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kidsingo.co.uk/area/spanish-classes-northampton-and-towcester-alley/

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Makaton Friendly

TUESDAY

PARENTS & TOTS

Litchborough Play Time Group

Litchborough Village Hall, Northampton Road, Litchborough, NN12 8JA. 01327 830364.

Times: 9:30 - 11:30. **Ages:** 0 - 4 yrs. **Cost:** £2 (drop in). **Dates:** 14 Apr - 19 May & 2 Jun - 7 Jul.

MUSIC & SIGNING

Brackley Library

Manor Road, Brackley, NN13 6AJ. 0300 126 7000. www.westnorthants.gov.uk.

- **Rhymetime:** 10:00 - 10:30 & 11:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free (book).

Dates: 14 Apr - 7 Jul.

Towcester Library

Towcester Library, The Forum, Moat Lane, Towcester, NN12 6AD. 0300 126 7000. www.westnorthants.gov.uk.

- **Explore-a-Story:** 11:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free (book).

Dates: 14 Apr - 7 Jul.

Cha Char Chimps - Towcester

Greens Norton Community Centre, Towcester Road, Greens Norton, NN12 8BL. www.cccchimps.com.

- **Main Chimps:** 10:00 - 11:00. **Cost:** £8 (book).

Dates: 14 Apr - 7 Jul.

SENSORY & DEVELOPMENT

Hartbeeps Kettering

Desborough Youth Centre, Desborough,
Kettering, NN14 2LZ. 07506700451.
www.hartbeeps.com.

- **Happy House:** 9:45 - 10:30. **Ages:** 15 mths - 5 yrs.
 - **Baby Beeps:** 10:50 - 11:35. **Ages:** 7 - 15mths.
 - **Baby Bells:** 12:00 - 12:45. **Ages:** 2 - 7 mths.
- Cost:** £8 (book). **Dates:** 14 Apr - 19 May & 2 Jun - 7 Jul.

CREATIVE

Little Lambs Baby & Toddler Group

St Nicholas Church, Church Lane, Potterspury,
Towcester, NN12 7PU.

- **Little Lambs Babies & Toddlers:** 9:00 - 11:15.
- Ages:** 1 - 4 yrs. **Cost:** Free (drop in).
Dates: 14 Apr - 19 May & 2 Jun - 7 Jul.

PHYSICAL FUN

Beanz Barn

Unit 1 Hollandstone Farm, High Street, Flore,
NN7 4LP. 01604 345964. www.beanzbarn.co.uk.

- **Soft Play Sessions:** 10:00 - 12:00, 12:30 - 14:30 & 15:30 - 17:30.

Prices vary according to age and timing of session

Ages: 0 - 5 yrs. **Cost:** £10 (drop in). **Dates:** 14 Apr - 7 Jul.

WEDNESDAY

PARENTS & TOTS

Little Fishes Playtime

Baptist Church, Waynflete Close, Brackley, NN13
6AE. www.brackleybaptist.org.uk.

Times: 9:15 - 11:00. **Ages:** 0 - 4 yrs.
Cost: Free. **Dates:** 15 Apr - 20 May & 3 Jun - 8 Jul.

Tots @ TVC

Tove Valley Centre, Northampton Road,
Towcester, NN12 7AH. Jane: 07713034845.

Times: 9:30 - 11:00. **Ages:** 0 - 4 yrs. **Cost:** £2
(drop in). **Dates:** 15 Apr - 20 May & 3 Jun - 8 Jul.

MUSIC & SIGNING

Road Library

Road Library, High Street, Road, Northampton,
NN7 2NW. 0300 1261000.

- **Rhymetime:** 11:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free. **Dates:** 15 Apr - 8 Jul.

Rhythm Time

Barchester - Juniper House Care Home,
Candleford Close, Brackley, NN13 6JZ
www.rhythmtime.net

- **Family Class:** 10:30 - 11:10.

Ages: 0 - 4 yrs. **Cost:** £3 (book).



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(FOR 2-3 YEAR OLDS COMPLETELY ABLE TO WORK)

WE HAVE SOME SPACES!

EVERY WEDNESDAY IN TERM TIME 10:45-11:30AM

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EACH HALF TERM, OUR RISING 3S ADVENTURES ARE INSPIRED BY POPULAR CHILDREN'S BOOKS! FROM THE CHEEKY FUN OF ALIENS LOVE UNDERPANTS TO THE MAGICAL WORLD OF THE GRUFFALO, WE BRING STORIES TO LIFE THROUGH EXCITING ACTIVITIES, IMAGINATIVE PLAY, AND THEMED LEARNING.

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TO ENQUIRE - GLKGymnastics@outlook.com

SENSORY & DEVELOPMENT

Hartbeeps Kettering

Thrapston Plaza, Cosy Nook, Thrapston, NN14
4PS. 07506700451. www.hartbeeps.com.

- **Happy House (15mths - 5yrs):** 9:45 - 10:30.
 - **Baby Beeps (7 - 15mths):** 10:50 - 11:35.
 - **Baby Bells (2 - 7mths):** 12:00 - 12:45.
- Dates:** 15 Apr - 8 Jul. **Cost:** £8 (book).

PHYSICAL FUN

Beanz Barn

Unit 1 Hollandstone Farm, High Street, Flore,
NN7 4LP. 01604 345964. www.beanzbarn.co.uk.

- **Soft Play Sessions**

Prices vary according to age and timing of session

Times: 10:00 - 12:00, 12:30 - 14:30 & 15:30 - 17:30. **Ages:** 0 - 5 yrs. **Dates:** 15 Apr - 8 Jul.

Cost: £10 (drop in).

GLK GYMNASTICS

Bugbrooke Community Centre, Camp Close,
Bugbrooke, Northampton, NN7 3RW. 07565
878908. www.glkgymnastics.com.

- **Rising 5's:** 10:00 - 10:45. **Ages:** 3 - 5 yrs.
- **Rising 3's:** 10:45 - 11:30. **Ages:** 1 - 3 yrs.

Cost: £7 (book).

Dates: 15 Apr - 20 May & 3 Jun - 8 Jul.

SEND ACTIVITIES

Beanz Barn

Unit 1 Hollandstone Farm, High Street, Flore, NN7 4LP. 01604 345964. www.beanzbarn.co.uk.

- **Soft Play Sessions** *Quieter sessions, less busy. Prices vary according to age and timing of session*

Times: 15:30 - 17:30. **Ages:** 0 - 5 yrs.

Dates: 2nd & 4th Wednesdays each month.

Cost: £10 (*drop in*).

THURSDAY

PARENTS & TOTS

Denton Village Tots

Denton Village Hall, Vicarage Lane, Denton, Northampton, NN7 1DT.

Times: 9:30 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £2.50 (*drop in*).

Dates: 16 Apr - 21 May & 4 Jun - 9 Jul.

Tove Benefice - St Bartholomew's

St Bartholomew's Church, Church View, Greens Norton, NN12 8DL. 01327 350459.

www.tovebenefice.org.uk.

- **Tots Own Tea and Toast:** 9:00 - 10:30.

Our parent and child group for under 5's

Ages: Pregnancy - 5 yrs. **Cost:** Free (*drop in*).

Dates: 16 Apr - 21 May & 4 Jun - 9 Jul.

Tove Benefice - St Lawrence

St Lawrence Church, Moat Lane, Towcester, NN12 6YY. 01327 350459.

www.tovebenefice.org.uk.

- **Little Sprouts:** 9:30 - 11:00.

Parent and child group for under 5's

Ages: Pregnancy - 5 yrs. **Cost:** Free (*drop in*).

Dates: 16 Apr - 21 May & 4 Jun - 9 Jul.

MUSIC & SIGNING

Brackley Library

Brackley Library, Manor Road, Brackley, NN13 6AJ. 0300 126 7000. www.westnorthants.gov.uk.

- **Explore A Story:** 10:00 - 10:30.

Ages: 0 - 5 yrs. **Cost:** Free (*book*).

Dates: 16 Apr - 9 Jul.

Cha Char Chimps - Towcester

Thursdays - Whittlebury Village Hall, High Street, Whittlebury, NN12 8XJ.

www.ccchimps.com.

- **Main Chimps:** 10:00 - 11:00.

Ages: 0 - 5 yrs. **Cost:** £8 (*book*)

Dates: 16 Apr - 9 Jul.

Sing and Sign - Towcester

Pattishall Parish Hall, 44 School Road, Astcote, Towcester, NN12 8NN. 07506257073.

www.singandsign.co.uk.

- **Toddlers 13-30 months:** 8:30 - 9:20.
- **Babes Classes - up to 6 months:** 12:00 - 12:30.
- **Babies - 6-14 month:** 13:30 - 14:20.

Singing Baby class - develop communication pre-speech

Ages: 6 mths - 1 yrs 2 mths. **Cost:** £8.50 (*book*).

Dates: 16 Apr - 9 Jul.

Towcester Library

The Forum, Moat Lane, Towcester, NN12 6AD. 0300 126 7000. www.westnorthants.gov.uk.

- **Rhymetime:** 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free. **Dates:** 16 Apr - 9 Jul.

PHYSICAL FUN

Beanz Barn

Unit 1 Hollandstone Farm, High Street, Flore, NN7 4LP. 01604 345964. www.beanzbarn.co.uk.

- **Soft Play Sessions:** 10:00 - 12:00, 12:30 - 14:30 & 15:30 - 17:30.

Prices vary according to age and timing of session

Ages: 0 - 5 yrs. **Cost:** £10 (*drop in*).

Dates: 16 Apr - 9 Jul.

FRIDAY

PARENTS & TOTS

Silverstone Tiggers

Silverstone Methodist Chapel, Murswell Lane, Silverstone, NN12 8UT.

- **Tiggers:** 9:15 - 11:00.

Ages: 0 - 5 yrs. **Cost:** £2 (*drop in*).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

MUSIC & SIGNING

Cha Char Chimps - Towcester

Tove Valley Centre, Towcester, Northampton Road, NN12 7AH. www.ccchimps.com.

- **Main Chimps (0-5yrs):** 10:00 - 11:00.

Cost: £8 (*book*)

- **Baby Chimps (0-1½yrs):** 11:30 - 12:30.

Cost: £8.50 (*book*)

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

SENSORY & DEVELOPMENT

Hartbeeps Kettering

Orlingbury Village Hall, Orlingbury, Kettering, NN14 1JH. 07506700451. www.hartbeeps.com.

- **Happy House:** 9:45 - 10:30.

Ages: 15 mths - 4 yrs 11 mths.

- **Baby Beeps:** 10:50 - 11:35. **Ages:** 7 - 15mths.

- **Baby Bells:** 12:00 - 12:45. **Ages:** 2 - 7 mths.

Cost: £8 (*book*).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul

PHYSICAL FUN

Beanz Barn

Unit 1 Hollandstone Farm, High Street, Flore, NN7 4LP. 01604 345964. www.beanzbarn.co.uk

• **Soft Play Sessions:** 10:00 - 12:00, 12:30 - 14:30 & 15:30 - 17:30.

Prices vary according to age and timing of session

Ages: 0 - 5 yrs. **Cost:** £10 (drop in).

Dates: 10 Apr - 3 Jul.

Little City Northampton

Roade Village Hall, Bailey Brooks Lane, Northampton, NN7 2LS. 07356274175. www.pbbl.co.uk

• **Little City Play Session:** 9:30 - 10:45.

Imaginative play for little ones

Ages: 1 - 6 yrs. **Cost:** £8.95 (book).

Dates: 17 Apr, 15 May & 19 Jun - 19 Jun.

SEND ACTIVITIES

DEAF CONNECT Northampton

Harpole Youth Club, Larkhall Lane, Northampton, NN5 7BZ. 07875140561. www.deafconnect.org.uk

• **Family Fun Time Session - Twice a Month, Alternate Fridays:** 17:00 - 19:00.

Cost: £3 (book).

Dates: 10 Apr, 24 Apr, 8 May, 22 May, 5 Jun, 19 Jun & 3 Jul.

SATURDAY

MUSIC & SIGNING

Sing and Sign - Towcester

Pattishall Parish Hall, 44 School Road, Astcote, Towcester, NN12 8NN. 07506257073. www.singandsign.co.uk

• **Toddlers 13-30 months:** 10:15 - 11:00.

Ages: 14 mths - 2 ½ yrs. **Cost:** £7.50 (book).

Dates: 11 Apr, 25 Apr - 16 May & 6 Jun - 4 Jul.

Towcester Library

The Forum, Moat Lane, Towcester, NN12 6AD. 0300 126 7000. www.westnorthants.gov.uk

• **Saturday Crafts:** 10:30 - 12:00.

Ages: 3 - 11 yrs. **Cost:** Free (drop in).

Dates: 18 Apr - 4 Jul.

PHYSICAL FUN

Beanz Barn

Beanz Barn, Unit 1 Hollandstone Farm, High Street, Flore, NN7 4LP. 01604 345964. www.beanzbarn.co.uk

• **Soft Play Sessions:** 10:00 - 12:00, 12:30 - 14:30 & 15:30 - 17:30.

Prices vary according to age and timing of session

Ages: 0 - 5 yrs. **Cost:** £10 (drop in).

Dates: 11 Apr - 4 Jul.

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www.swimworks.co.uk



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SUNDAY

PHYSICAL FUN

Beanz Barn

Beanz Barn, Unit 1 Hollandstone Farm, High Street, Flore, NN7 4LP. 01604 345964. www.beanzbarn.co.uk

• **Soft Play Sessions:** 10:00 - 12:00, 12:30 - 14:30 & 15:30 - 17:30.

Prices vary according to age and timing of session

Ages: 0 - 5 yrs. **Cost:** £10 (drop in).

Dates: 12 Apr - 5 Jul.



DAVENTRY AREA

MONDAY

MUSIC & SIGNING

Boogie Beansies

Daventry Community, Centre Ashby Road,
Daventry, NN11 9QD. 07766 731542.
www.boogiebeansies.com.

Times: 10:00 - 11:00. **Ages:** 0 - 5 yrs.

Cost: £5 (book).

Dates: 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 6 Jul.

Daventry Library

Daventry Library, The Abbey Centre, St John's
Square, Daventry, NN11 4XG. 0300 126 7000.

• **Bounce and Rhyme:** 11:00 - 11:45.

Ages: 0 - 1 yrs. **Cost:** Free (drop in).

Dates: 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 6 Jul.

Rhythm Time

Watford Village Hall, Station Road, Watford,
Northampton, NN6 7UY. 07591720345.
www.rhythmtime.net.

• **Baby Class:** 10:45 - 11:15.

Ages: 2 - 13 mths. **Cost:** £7.01 (book).

Dates: 12 Apr - 5 Jul.

PHYSICAL FUN

Little Kickers Northampton
Daventry & Rugby

Daventry Leisure Centre, Lodge Road, Daventry,
NN11 4FP. 01327 705915. www.littlekickers.
co.uk.

• **Little Kickers 1½ - 2½yrs:** 9:20 - 10:00.

• **Junior Kickers 2½ - 3½ yrs:** 10:10 - 10:55.

• **Mighty Kickers 3½ - 5yrs:** 11:05 - 11:50.

Cost: £7.49 (book).

Dates: 13 Apr - 22 Jun.

SWIMMING

Turtle Tots Daventry and Rugby

Mercury Daventry Court Hotel, Sedgemoor Way,
Daventry, NN11 0SG. 07972772922.
www.turtletots.com.

• **Turtle Tots:** 10:00 - 14:00.

30 min sessions

Ages: 3 mths - 4 yrs. **Cost:** £14 (book).

Dates: 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 6 Jul.

RHYTHM TIME

Fun music classes
for the under 5's

- Rugby
- Coventry
- Bedworth
- West Northants

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TUESDAY

PARENTS & TOTS

Brixworth Library

Brixworth Library, Sprattton Road, Brixworth,
NN6 9DS. 0300 126 7000.
www.westnorthants.gov.uk.

• **Explore a Story:** 10:00 - 10:30.

Interactive story time with activities

Ages: 0 - 4 yrs. **Cost:** Free (drop in).

Dates: 14 Apr - 19 May & 2 Jun - 7 Jul.

Holy Cross Church

Holy Cross Church Daventry, 12 Abbey Court,
Daventry, Nn11 4bp. 07369214054.

• **Baby and Toddler Group:** 9:00 - 10:30.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 14 Apr - 19 May & 2 Jun - 7 Jul.

Long Buckby Little Rascals

Long Buckby Baptist Church, Market Place,
Long Buckby, NN6 7RR. 01327 842587.
www.longbuckbybaptist.org.uk.

Times: 9:00 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (drop in).

Dates: 14 Apr - 19 May & 2 Jun - 7 Jul.

MUSIC & SIGNING

Daventry Library

Daventry Library, The Abbey Centre, St John's Square, Daventry, NN11 4XG. 0300 126 7000.

• **Rhythmetime:** 10:15 - 10:45.

Ages: 1 - 4 yrs. **Cost:** Free (*drop in*).

Dates: 14 Apr - 7 Jul.

Rhythm Time

Watford Village Hall, Station Road, Watford, Northampton, NN6 7UJ. 07591720345.

www.rhythmtime.net.

• **Toddler Class:** 10:00 - 10:30. **Ages:** 1 - 3 yrs.

• **Baby Class:** 11:00 - 11:30. **Ages:** 2 - 13 mths

Cost: £7.01 (*book*).

Dates: 14 Apr - 19 May & 2 Jun - 7 Jul.

Sing and Sign - Towcester, Daventry & Northampton

Cedar Grove Clinic, Daventry, 1 8 High March, High March Industrial Estate, Daventry, Nn11 4HB. 07506257073. singandsign.co.uk.

• **6 - 14 months:** 10:15 - 11:00. **Cost:** £8.50

• **0 - 6 months:** 11:40 - 12:10. **Cost:** £7 (*book*).

Dates: 21 Apr - 30 Jun.

SENSORY & DEVELOPMENT

Baby Sensory Daventry & Rugby

Willoughby Park, Onley Grounds Equestrian Complex, CV23 8AJ. www.babysensory.com.

• **Baby Sensory (7 - 13mths):** 9:45 - 10:45.

• **Baby Sensory (0 - 6 mths):** 11:30 - 12:30.

• **Baby Sensory (0 - 13mths):** 13:15 - 14:15.

Cost: £8 (*book*). **Dates:** 21 Apr - 30 Jun.

WEDNESDAY

PARENTS & TOTS

Brixworth Library

Brixworth Library, Spratton Road, Brixworth, NN6 9DS. 0300 126 7000.

www.westnorthants.gov.uk.

• **Rhyme Time:** 10:30 - 11:00.

Introduce rhymes and songs to your child

Ages: 1 mths - 4 yrs. **Cost:** Free (*drop in*).

Dates: 15 Apr - 20 May & 3 Jun - 8 Jul.

SENSORY & DEVELOPMENT

Baby Sensory Daventry & Rugby

Willoughby Park, Onley Grounds Equestrian Complex, CV23 8AJ. www.babysensory.com.

• **Baby Sensory (0 - 13mths):** 9:45 - 10:45.

• **Baby Sensory (0 - 6 mths):** 11:30 - 12:30.

• **Baby Sensory (7 - 13mths):** 13:15 - 14:15.

Cost: £8 (*book*). **Dates:** 15 Apr - 8 Jul.

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For **Daventry & Rugby** classes:
Call: Lauren on **07849777705**
Email: rugby@babysensory.co.uk
Classes: Monday to Thursday
 Willoughby Park, Onley Grounds Equestrian Complex, CV23 8AJ

For **Northampton** classes:
Call: Danielle on **07342247346**
Email: northampton@babysensory.co.uk
Classes: Daily, Monday to Friday
 at The Baby Sensory Centre, Nobottle, NN7 4HD

We've done the research; so you can enjoy the fun...

www.babysensory.co.uk

THURSDAY

PARENTS & TOTS

Brixworth Library

Spratton Road, Brixworth, NN6 9DS. 0300 126 7000.

• **Under Ones Fun:** 10:30 - 12:00.

Session for babies to explore and learn through play

Ages: 0 - 1 yrs. **Cost:** Free (*drop in*).

Dates: 8 Jan - 12 Feb & 26 Feb - 26 Mar.

Byfield Baby & Toddler Group

Byfield Village Hall, The Green, Byfield, NN11 6WT.

Times: 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £2 (*drop in*).

Dates: 16 Apr - 21 May & 4 Jun - 9 Jul.

Welton Playgroup

Welton Village Hall, High Street, Welton, Daventry, NN11 2JP.

• **Playgroup:** 9:30 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free (*book*).

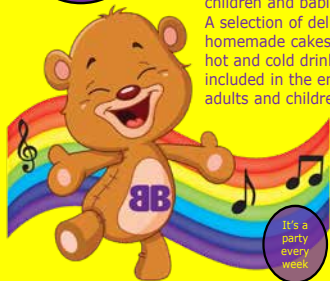
Young Children's Entertainment Group

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Prices start from £5.50 for 1 adult and 1 child

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Boogie Beans

Booking Required. Please visit our website for session information and bookings.

Tel: 07766 731542 / 07828 182452 Email: info@boogiebeans.com
www.boogiebeans.com



FRIDAY

PARENTS & TOTS

Brixworth Library

Brixworth Library, Spratton Road, Brixworth, NN6 9DS. 0300 126 7000.

www.westnorthants.gov.uk.

- **Pre-School Play:** 10:00 - 11:30.

Under 5s learning through play

Ages: 1 mths - 4 yrs. **Cost:** Free (book).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

Stay & Play

Long Buckby Community Centre, 41 Station Road, Long Buckby, NN6 7QB.

Times: 9:30 - 11:30. **Ages:** Pregnancy - 5 yrs.

Cost: £1 (drop in).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

Timken Tots

Mayfield Park Sports Club, Royal Star Drive, Timken, Daventry, NN11 9FZ.

www.facebook.com.

Times: 10:00 - 12:00. **Ages:** 0 - 4 yrs. **Cost:** £1.50

(drop in). **Dates:** 17 Apr - 22 May & 5 Jun - 3 Jul.

Welford Babes and Tots

Welford Community Centre, West Street Playing Fields, Welford, NN6. 07891 287626.

- **Welford Babes & Tots:** 9:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** £2 (drop in).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

MUSIC & SIGNING

Boogie Beans

Daventry Town Football Club, Browns Road, Daventry, NN11 4NS. 07766 731542.

www.boogiebeans.com.

Times: 10:00 - 11:00. **Ages:** 0 - 5 yrs. **Cost:** £5 (book). **Dates:** 16 Apr - 21 May & 4 Jun - 9 Jul.

Daventry Library

Daventry Library, The Abbey Centre, St John's Square, Daventry, NN11 4XG. 0300 126 7000.

- **Preschool Play:** 9:30 - 11:00.

Ages: 0 - 4 yrs. **Cost:** Free (drop in).

Dates: 16 Apr - 9 Jul.

SWIMMING

Turtle Tots Daventry and Rugby

Mercure Daventry Court Hotel, Sedgemoor Way, Daventry, NN11 0SG. 07972772922.

www.turtletots.com.

- **Turtle Tots:** 11:00 - 14:00. 30 min sessions

Ages: 3 mths - 4 yrs. **Cost:** £14 (book).

Dates: 16 Apr - 21 May & 4 Jun - 9 Jul.

SWIMMING

Turtle Tots Daventry and Rugby

Holiday Inn Rugby, Northampton M1 J18, Crick, NN6 7XR. 07972772922. www.turtletots.com.

- **Turtle Tots:** 10:00 - 12:00.

30 min sessions

Ages: 3 mths - 4 yrs. **Cost:** £14 (book).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

SATURDAY

MUSIC & SIGNING

Boogie Beans

Daventry Brass Band Hall, Daneholme Close, Daventry, NN11 0PN. 07766 731542. www.boogiebeans.com.

Times: 10:30 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £5 (drop in).

Dates: 18 Apr, 2 May, 16 May, 13 Jun & 27 Jun.





PHYSICAL FUN

Flourish360 - Flourish kids

Ecton Village Hall, 78A High Street, Ecton, NN6 0QB. 07850281390. www.flourish360.co.uk.

• **Easter trail and Popping pots:** 13:30 - 14:15.

Ages: 3 - 11 yrs. **Cost:** £9 (book). **Dates:** 11 Apr.

SWIMMING

Turtle Tots Daventry and Rugby

Holiday Inn Rugby, Northampton M1 J18, Crick, NN6 7XR. 07972772922. www.turtletots.com.

• **Turtle Tots:** 9:00 - 11:30.

30 min sessions

Ages: 3 mths - 4 yrs. **Cost:** £14 (book).

Dates: 18 Apr - 16 May & 6 Jun - 4 Jul.

Turtle Tots Daventry and Rugby

Staverton Park Hotel, Daventry Road, Daventry, NN11 6JT. 07972772922. www.turtletots.com.

• **Turtle Tots:** 10:00 - 14:00.

30 min sessions

Ages: 3 mths - 4 yrs. **Cost:** £14 (book).

Dates: 18 Apr - 16 May & 6 Jun - 4 Jul.

SUNDAY

OTHER

Northampton and Lamport Railway

Pitsford and Brampton Station, Pitsford Road, Chapel Brampton, Northampton, NN6 8BA. 01604 820327 (Telephone manned on operating days - recorded message at other times). www.nlr.org.uk.

• **Steam Train Rides:** 9:45 - 15:45.

Your ride on the train lasts about 50 minutes.

Cost: £8 (drop in).

Dates: 12 Apr, 26 Apr & 31 May - 28 Jun.

• **Teddy Bear Weekend:** 9:45 - 15:45.

Ages: 0 - 99 yrs. **Cost:** £8.50 (book).

Dates: 3 May.

• **Vintage Transport Day:** 9:45 - 15:45.

Ages: 0 - 99 yrs. **Cost:** £6.50 (book).

Dates: 10 May.

• **PAW Patrol Weekend:** 9:45 - 15:45.

Ages: 0 - 99 yrs. **Cost:** £9 (book).

Dates: 24 May.

Rugby Mum2Mum Market

Daventry Community Centre, Ashby Road, Daventry, NN11 0QE.

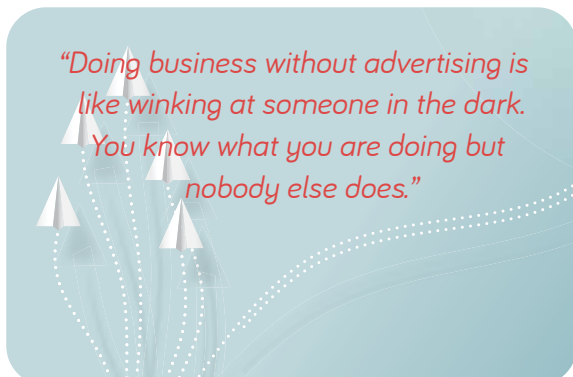
www.mum2mummarket.co.uk.

• **Daventry - 26th April 2026**

Nearly New Stalls: 10:00 - 12:00.

Dates: 26 Apr.

Cost: £2 adult entrance, kids under 16 are free



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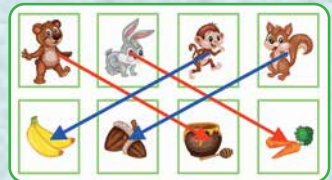
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SPRATTON HALL

Northamptonshire



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OPEN MORNING

Friday 8th May 10am - 12pm

"Parents often tell me that the best thing about Spratton Hall is seeing their children coming home with a smile on their face every day. From the moment your child starts at Spratton Hall, their happiness becomes our top priority and we want to ensure that they always have the best childhood possible and experience the best educational and enrichment opportunities.

The best way to see everything that we have to offer your child is to visit us. We have open mornings twice a year, but I am always delighted to give parents a private tour and to answer any questions you may have about starting their Spratton Hall journey in person."

Simon Clarke
Headmaster



Book your visit and find out more
Sprattonhall.com | 01604 847292