

A Quarterly Guide to Parks and Recreation • Fairfax County Park Authority

Parktakes

Winter 2025

COOL VIBES
IN THE AIR



Winter Class Registration begins December 3
Winter Camp Currently Open



Ice Skating Lessons

AT FAIRFAX ICE ARENA



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- ★ Seven 30-minute lessons
- ★ Seven practice sessions
- ★ FREE skate rental

Only \$175*

* Weekend classes slightly higher

Tot 1/2 (Ages 3-6)—Beginner Level

Skills Learned: Marching While Moving, Swizzles

Day	Time	Cost	Begins	Age
Monday	5:35pm	\$175	Sept 9	3-6
Tuesday	6:40pm	\$175	Sept 10	3-6
Wednesday	6:40pm	\$175	Sept 11	3-6
Thursday	6:40pm	\$175	Sept 12	3-6
Saturday	10:05am	\$180	Sept 14	3-6

Tot 3/4 (Ages 3-6)—Prerequisite Tot 1/2

Skills Learned: Push & Glide, Swizzles, Stopping

Day	Time	Cost	Begins	Age
Tuesday	6:40pm	\$175	Sept 10	3-6
Saturday	9:30am	\$180	Sept 14	3-6

Ways to register for classes

- ☐ Online—fairfaxicearena.com (click Lessons tab)
- ☎ Over the phone call 703-323-1132
- 👤 In-person registration at Fairfax Ice Arena

Pre-Alpha Lessons (Ages 7-13)—Beginner Level

Skills Learned: One-Foot Glide, Fwd/Bkwd Swizzles

Day	Time	Cost	Begins	Age
Monday	6:10pm	\$175	Sept 9	7-13
Tuesday	7:15pm	\$175	Sept 10	7-13
Wednesday	7:15pm	\$175	Sept 11	7-13
Thursday	7:15pm	\$175	Sept 12	7-13
Saturday	10:40am	\$180	Sept 14	7-13

Pre-Alpha Lessons (14 & Up)—Beginner Level

Skills Learned: One-Foot Glide, Fwd/Bkwd Swizzles

Day	Time	Cost	Begins	Age
Tuesday	7:50pm	\$175	Sept 10	14 & Up
Tuesday	1:30pm	\$175	Sept 10	14 & Up
Thursday	7:50pm	\$175	Sept 12	14 & Up
Thursday	1:30pm	\$175	Sept 12	14 & Up
Saturday	11:15am	\$180	Sept 14	14 & Up

Alpha Lessons (Ages 7-13)—Novice Level

Skills Learned: Stroking, Crossovers, Stopping

Day	Time	Cost	Begins	Age
Tuesday	7:15pm	\$175	Sept 10	7-13
Saturday	10:05am	\$180	Sept 14	7-13

Alpha Lessons (Ages 14 & Up)—Novice Level

Skills Learned: Stroking, Crossovers, Stopping

Day	Time	Cost	Begins	Age
Tuesday	7:50pm	\$175	Sept 10	14 & Up
Saturday	11:15am	\$180	Sept 14	14 & Up

Call our Lesson Office today or visit us online for additional ice skating classes.

Register for Ice Skating Lessons in person or online at www.fairfaxicearena.com



PLEASE SCAN

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ADULT ICE HOCKEY LEAGUE AND CLINIC—REGISTER NOW!

PARKSIDE

The History of Parktakes by Cindy Fortuno, Parktakes Editor



Dear Parktakes Reader,

The Fairfax County Park Authority (FCPA) staff is proud to present the Winter 2025 issue of Parktakes! This issue is filled with holiday events and programs, health and wellness offerings, and stories about our history.

If you are a first-time reader or this is the 30th issue you've enjoyed, many of you may not know the history and process of publishing Parktakes. The first issue of Parktakes was published in the Winter of 1985. There have been 156 issues published, with only the Summer 2020 issue not going to print because of COVID. Throughout

the years, the format of the magazine has gone through improvements and changes, from a two-color publication on newsprint to the full color publication it is today. We print around 100,000 copies and distribute the magazine throughout Fairfax County, to our subscribers, libraries, county facilities, and FCPA sites, and have just as many e-subscribers.

Planning for Parktakes starts months, and in some cases, years before publishing. FCPA has worked hard to secure a printer that offers the best value and quality to our readers. For this issue, in the heat of summer in June, our hard-working site programmers had visions of snowflakes and the holidays as they planned our winter offerings. Dozens of FCPA staff play a critical role in publishing Parktakes – from securing a printer, to planning classes and events, to writing, proofreading, designing and distributing. In fact, by the time this issue gets to you, every department within the Park Authority has been involved.



Parktakes is the Park Authority's chief method to inform the public about classes and programs, particularly those with limited or no access to technology to view the listings online. Each issue includes an average of 4,000 programs. The number of customers requesting a printed copy increases by at least 5,000 each issue.

I have had the honor of being the Parktakes Editor for the last three years, after working on Parktakes for the last ten years as a designer and outside advertising manager. After growing up in Fairfax County and raising my own family going to parks, producing Parktakes is not only a job but a passion and the highlight of my career.

I hope you enjoy this issue of Parktakes Magazine!

Cindy Fortuno



**Cover: Burke Lake Golf Center in the snow.
Photo by Don Sweeney. For more information, turn to pg. 72.**

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Women in Parks—Past and Present



The Fairfax County Park Authority has been fortunate to have strong, admirable women as a significant part of our history. Women have had a huge influence shaping the Park Authority to what it has become today.

Ellanor C. Lawrence is one of these remarkable individuals from the past. Had it not been for her vision and appreciation of a dilapidated property in Western Fairfax County, Ellanor C. Lawrence Park would not exist. The history of the land holdings that is now ECL Park dates to 1727 and the property changed hands several times. The farm, now known as ECL Park, had sat abandoned and was significantly declining in the late 1920's to 1930s. In 1935 Ellanor C. Lawrence bought the property from the Machen heirs, and increased the land holding with the purchase of Cabell's Mill, Middlegate house and the surrounding 20 acres in 1942. Ellanor directed the renovation of the stone buildings at Walney and Middlegate. Being an avid gardener, Ms. Lawrence added extensive landscaping and flower beds. Though she and her husband did not live at the property full time, they used it as a weekend retreat and for family holiday gatherings from their primary residence in Washington, DC. When Ellanor passed away in 1969, she left the property to her husband with the stipulation that it be preserved for its cultural and natural resources by a public agency. In 1971, her husband Lawrence gifted the deed of the property that included 640 acres to the Fairfax County Park Authority in memory of Ellanor.



Adele Lebowitz was committed to seeing her vision of an all-inclusive playground a reality. Ms. Lebowitz was the widow of Mortimer Lebowitz, who founded the Morton's Department Store chain in Washington, DC. In 1997 Adele Lebowitz donated 18 acres of land to the Fairfax County Park Authority. Clemyjontri Park, named for her four children, opened in 2006 in McLean and features a fully accessible playground, carousel, swings, trails and a train.

Norma Hoffman has a similar story as Ellanor C. Lawrence. Starting in the mid-1980s, Norma fought to prevent construction of a four-lane highway through Huntley Meadows Park. She enlisted scientists and over 600 members of the community to form CASH (Citizen's Alliance to Save Huntley) to campaign to save the parkland. Because of her leadership, the project was halted when the Federal Government rescinded approval for the road. At the same time, she led the effort for Fairfax County to purchase Historic Huntley. She has advocated for funds to help preserve the house. She has served as a weekly volunteer at Huntley Meadows Park for over 30 years.



Today, for the first time in Park Authority history, most of the leadership positions are held by women. The three top leaders in the Directors Office are women: **Jai Cole**, Executive Director and **Sara Baldwin** and **Aimee Vosper** as Deputy Directors. Of the division directors, over half are women, with the same being for branch managers.

THE UNDERGROUND RAILROAD AND FAIRFAX COUNTY PARKS

Many visitors at Sully Historic Site and Riverbend Park may not realize that where they walk in these beautiful parks served as a part of the Underground Railroad.

In 1998, the National Underground Railroad Network to Freedom Act of 1998 was passed. As a result, the Network to Freedom was created to educate people about the history of enslaved people and their flight to freedom. There are currently over 700 Network to Freedom locations in North America, including two Fairfax County Park Authority sites: Sully Historic Site and Riverbend Park.



Sully Historic Site was designated as a member of the Network to Freedom in 2004 by the National Park Service. To become a member, the Fairfax County Park Authority had to produce original documents authenticating that enslaved individuals had escaped, such as advertisements and letters. Sully Historic Site had discovered supporting documents for two enslaved individuals, Godfrey and Ludwell, who had lived

there and sought freedom. Among the documents was an ad offering a \$50 reward for Godfrey, referring to him as property and a wanted individual with a reward for his return. The advertisement along with a portrait of Godfrey are on display on the first floor of the historic house at Sully.



Riverbend Park is the second location in the Park Authority designated by the Network of Freedom in 2011. In 1817 a man named Ellick was enslaved at the Conn house, situated on a hill overlooking the Potomac River and Conn's Ferry. Ellick was arrested for theft and held in Leesburg. When the authorities were transporting him back to his owners at the Conn House, he escaped from Conn's Ferry, now the site of the boat ramp at Riverbend Park. He was never seen again by his owners.

Park Authority historians and archaeologists continue to research and search for clues from the past so they can uncover untold stories and share them with the public. To learn more about these individuals and the role they had in the Network to Freedom, register for Sully's Historic House Tour. For details see page 77 in the History section or visit the Visitor Center at Riverbend Park during open hours listed on page 85 in the Nature section.



Park Authority Staff Share their Family Traditions

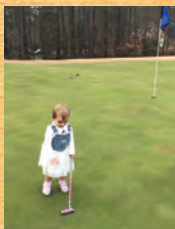
Park Authority staff celebrate the holidays in a variety of different ways, with some drawing on their family traditions and others creating new ways to celebrate with loved ones. Here is a small sampling of how they celebrate!



Emme Porter's family has a cherished holiday tradition of hitting the golf course together. Whether they are celebrating Thanksgiving in North Carolina with her in-laws or celebrating the holidays in Virginia, golf is always a highlight of their weekend festivities. Everyone, young and old, plays. Her daughters have been swinging clubs since they

could barely hold one! The winners have their choice of first pick of the desert table or not washing dishes, making their family outings a joyful blend of competition and quality time together. It's a wonderful way to celebrate gratitude while enjoying some exercise, fresh air and the beauty of the outdoors while making lasting memories.

John Rodgers embraces traditions from his mom's side of the family including stuffing with oysters for Thanksgiving, and making "Angels on Horseback" on Christmas morning, which are fried oysters wrapped in bacon. Though he hasn't quite mastered either recipe he attempts to make them annually! On New Year's Day they rise early



to find a new park and trail to hike, either in Virginia, West Virginia, or Maryland.

Ben Boxer shares that his holiday traditions include seeing a parade, taking a hike, playing football and decorating the tree.

Cindy Fortuno's holiday traditions are a blend of different sides of her family. Christmas Eve is a celebration of her mom's family from Sweden. Dinner includes traditional dishes from recipes passed down for generations and cookies she bakes with her mom and family about a week before Christmas. The family toasts on Christmas day with Coquito (Puerto Rican eggnog) and flan for dessert to celebrate her husband's Puerto Rican heritage. And to honor her dad's German roots, her two sons each get a German Nutcracker on Christmas Day, and the family eats pork on New Year's Day for good luck, a German tradition.



Sarah Oberther's family traditions also includes cookies, with her mom baking her famous cookies and the family gathering from near and far.

About 3 years ago **Roberta Korzen** says her family including her sister, nieces and nephews, started the tradition of baking cookies followed by Christmas Karaoke! They have a blast getting a sugar rush and then singing Jingle Bells at the top of their lungs, and despite their embarrassment, the kids and teens join in too!

Lunar New Year



Lunar New Year, also known as Chinese New Year or Spring Festival, is steeped in history and myths. The holiday is China's most important celebration, celebrated by families in an official week long public holiday.

The history of Lunar New Year dates back 3,500 years. Legend has it that a mythical beast named Nian ate livestock and crops on New Year's Eve. To stop Nian from his destruction, people would put food out on the eve of the new year. Overtime, the myth is that a wise man discovered Nian was scared of firecrackers and the color red. So started the tradition of people using red lanterns in their windows and setting off fireworks.

During the Tang, Song and Qing dynasties, more customs were added, including eating dumplings, and dragon and lion dances. These traditions have shaped the modern celebrations that take place today.

The Fairfax County Park Authority will honor the holiday by holding the third annual Lunar New Year Celebration on Saturday, February 8 from 6-8 p.m. at Twin Lakes Golf Course. Families are invited to enjoy performances, crafts, games, food, and to learn more of the history and traditions of the holiday.

WINTER '25 CALENDAR

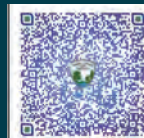
Classes, Events, Programs and Registration Dates

Experience the wonder of winter and celebrate the holidays in the Parks! Whether you are looking to experience an event steeped in history at Colvin Run Mill or an evening the whole family can enjoy at a nature center, the Park Authority has something for everyone.

Make sure to look throughout this issue of Parktakes at all of the sections so you don't miss anything!

Winter Sneak Peek – Registration is NOW OPEN for Select Events

- Children's Holiday Shopping at Historic Colvin Run, pg. 55
- Holiday on the Farm, pg. 55
- Santa at the Mill, pg. 56
- Sensory-Friendly Santa at the Mill, pg. 56
- Winter Wonderland Event at Burke Lake, pg. 55
- Little Acorns-Winter, pg. 86



View All Winter Sneak Peak Events and Classes online or look for this symbol in the magazine.

For Sneak Peek events visit <https://bit.ly/fcpa-wi25sneakpeek>

Sunday, December 1, 2024		
Letters to Santa	Oakmont Rec Center	pg. 3
Monday, December 2, 2024		
Getaway - Lewis Ginter Gardenfest of Lights	Green Spring Gardens Park	pg. 51
Friday, December 6, 2024		
Holiday on the Farm	Frying Pan Park	pg. 55
Holiday Lantern Tour	Colvin Run Mill	pg. 79
Saturday, December 7, 2024		
Winter Wonderland Event	Burke Lake Park	pg. 55
Holiday on the Farm	Frying Pan Park	pg. 55
Hot Cocoa Wetland Night Hike	Huntley Meadows Park	pg. 87
Holiday Lantern Tour	Colvin Run Mill	pg. 79
Children's Holiday Shopping	Colvin Run Mill	pg. 55
Sunday, December 8, 2024		
Winter Wonderland Event at Burke Lake	Burke Lake Park	pg. 55
Holiday Engineering Challenge	Hidden Oaks Nature Center	pg. 97
Children's Holiday Shopping	Colvin Run Mill	pg. 55
Friday, December 13, 2024		
Holiday on the Farm	Frying Pan Park	pg. 55
Flying Squirrel Campfire	Hidden Oaks Nature Center	pg. 90
Saturday, December 14, 2024		
Winter Wonderland Event	Burke Lake Park	pg. 55
Astronomy Festival	Turner Farm Park	pg. 88
Holiday on the Farm	Frying Pan Park	pg. 55
Santa at the Mill	Colvin Run Mill	pg. 56
Caroling Wagon Ride & Campfire	Ellanor C. Lawrence Park	pg. 91
Tea Rex Tea Party	Hidden Oaks Nature Center	pg. 89
Geminid Meteor Shower & Cocoa	Huntley Meadows Park	pg. 88
Candy Cane Mini Golf	Oakmont Rec Center	pg. 55
Sensory-Friendly Santa at the Mill	Colvin Run Mill	pg. 56
Sunday, December 15, 2024		
Winter Wonderland Event	Burke Lake Park	pg. 55
Santa at the Mill	Colvin Run Mill	pg. 56
Swimming with Santa	Spring Hill Rec Center	pg. 23
Family Wreath Making	Hidden Pond Nature Center	pg. 88
Sensory-Friendly Santa at the Mill	Colvin Run Mill	pg. 56
Wednesday, December 18, 2024		
Mason Tea	Historic Huntley	pg. 79
Friday, December 20, 2024		
Holiday on the Farm	Frying Pan Park	pg. 55
Saturday, December 21, 2024		
Winter Wonderland Event	Burke Lake Park	pg. 55
Family Skate Night	Franconia Rec Center	pg. 57
Holiday on the Farm	Frying Pan Park	pg. 55
Winter Solstice Evening Walk	Huntley Meadows Park	pg. 88
Sunday, December 22, 2024		
Winter Wonderland Event	Burke Lake Park	pg. 55
Wednesday, January 1, 2025		
First Sunrise Hike of the Year	Burke Lake Park	pg. 88
Saturday, January 11, 2025		
Snowflake Family Tea Party	Colvin Run Mill	pg. 78
Saturday, January 20, 2025		
MLK Service and Learning Day	Frying Pan Park	pg. 54
Sunday, February 2, 2025		
World Wetlands Day 50 th Anniversary Walk	Frying Pan Park	pg. 89
Sunday, February 8, 2025		
Lunar New Year Celebration	Twin Lakes Golf Course	pg. 56
Saturday, February 15, 2025		
Black History Month at the Meeting House	Frying Pan Park	pg. 78

KICK OFF 2025 WITH ADVENTURE: JOIN THE FIRST HIKE FAIRFAX PHOTO CONTEST!



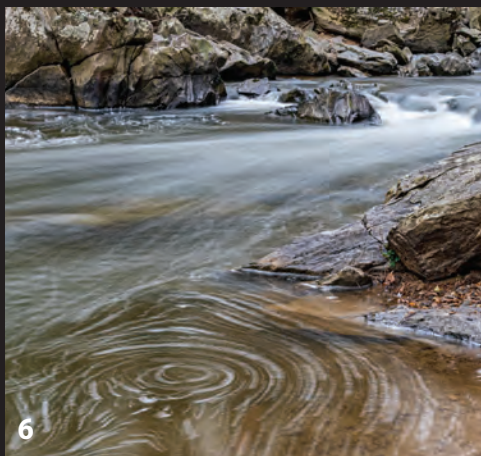
Start the New Year on the right foot with the 2025 First Hike Fairfax Photo Contest! Join the Fairfax County Park Authority and Park Foundation in celebrating another year of outdoor fun and creativity on Wednesday, January 1, 2025.

The First Hike Fairfax Photo Contest isn't just a way to welcome the new year — it's also a perfect opportunity to enjoy the natural beauty of Fairfax County's parks in winter and embrace your personal health and wellness goals. Whether you're hiking with family, friends or your four-legged companions, you'll be making memories while exploring the county's stunning winter landscapes and diverse wildlife.

Participating is simple. Head out for a scenic stroll in one of the Park Authority's 420 parks with more than 334 miles of trails. Capture a photo of your adventure and submit your best shot online by noon on Thursday, January 2, for a chance to win exciting FCPA prizes! Be sure to share your journey with the community on social media as well using #FirstHikeFairfax.

Photographers of all skill levels are encouraged to participate, with categories including Scenery/Landscapes, People, Wildlife and Pets. Just remember to follow all park rules and safety guidelines — photos depicting violations will be disqualified.

Contest rules, submission instructions, and planning tips are available online:
www.fairfaxcounty.gov/parks/first-hike



Park Authority Celebrates Rec-PAC as Program Migrates to NCS



Since 2001, Fairfax County Park Authority (FCPA) has been making the summer camp experience accessible to residents across the county through Rec-PAC (Pretty Awesome Children). The six-week, structured recreation program engages elementary school children in fun, weekly themed activities during the summer. Enthusiastic, trained staff and counselors lead participants in activities such as fitness, indoor

and outdoor games, team sports, nature, crafts, special events, talent shows, community service projects and play sessions.

This summer 10,962 children were registered to participate in Rec-PAC, which was hosted at 28 locations across Fairfax County. FCPA also was able to accommodate 113 access and inclusion requests for 27 kids participating.

Rec-PAC has a long history of significance with Fairfax County. The program's origins can be traced back to the summer playground program created in 1938. This program transformed into its more contemporary format in 1992 when the summer playground program was renamed Recreation-Pretty Awesome Children (Rec-PAC). FCPA began operating the program on August 27, 2001.

Since FCPA first began running the program, the numbers tell an impressive story — Rec-PAC has made a real difference in the community:

- 383,469 registered weeks of Rec-PAC
- 95,428 individual children served
- 170,495 scholarship weeks
- 33,629 individuals who received scholarships
- 3,836 Counselors in Training
- 278 lunch sites
- 70% families paid reduced fees
- \$55.43 average cost per child, per week
- 6,000+ staff worked for Rec-PAC

FCPA looks back fondly on the history of this meaningful program as it transitions over to Fairfax County Neighborhood and Community Services (NCS). Starting in 2025, this program will be operated by NCS under the name of "Camp Fairfax." This will allow the program to have more robust services provided, which will include field trips, free meals and more specialty activities.

Rec-PAC has flourished under the tremendous leadership of Mike Bonneville, who has served as Program Director for almost 20 years. He has been a valuable asset to the Park Authority. As the program migrates to NCS, Bonneville will continue to work with the program and keep the spirit of the "PAC" (Pretty Awesome Children) growing it into the future!

Stay tuned for more details about Camp Fairfax summer 2025 which will be found on www.fairfaxcounty.gov in the winter. If you have any questions about the upcoming program or this transition, please contact Mike Bonneville at michael.bonneville@fairfaxcounty.gov.



Fairfax County Celebrates Outstanding Volunteers at Appreciation Night



On July 18, Park Authority Board Chairman Kiel Stone, Executive Director Jai Cole and Fairfax County Board of Supervisors Chairman Jeff McKay hosted a Volunteer Appreciation Night as part of the Evenings on the Ellipse Summer Concert Series. The event featured a performance by The United States 257th Army Band and recognized 23 volunteers for their exceptional service to the county park system.

During Fiscal Year 2024, more than 9,700 volunteers provided 110,777 hours of service, valued at over \$3.7 million. These contributions are essential to the operation, preservation, and conservation of Fairfax County's parks. Each volunteer contributed in unique ways, from gardening and landscaping to assisting with fitness programs and nature education.

Park Authority Executive Director Jai Cole praised the volunteers, saying, "Our volunteers are the backbone of our efforts to create a more just, accessible park system, making important changes through programs and outreach. We ask a lot of our volunteers, and they gladly deliver."

Without their ongoing support, the Park Authority would be hard-pressed to achieve its mission to enrich quality of life for all members of the community through providing a healthy environment, preserving natural and cultural heritage, offering inspiring recreational experiences, and promoting healthy lifestyles.

List of Honored Outstanding Volunteers

Kate Anderson

Farmers Market Volunteer at
Green Spring Gardens

Kenneth Braswell

Golf Course Maintenance Assistant
at Greendale Golf Course

Dave Cox

Play Assistant Manager
at Twin Lakes Golf Course

Elizabeth Eisenberg

General Support Assistant
at Oakmont Rec Center

Howard Eisinger

Gardener at Sully Historic Site

Yuki Ellis

Horticulturalist, Planner and Gardener
at Burke Lake Golf Center

Marijke Gate

Nature Program Volunteer at Riverbend Park

Geri Herai

Gardening and Landscaping Volunteer
at Spring Hill Rec Center

Steven Johnson

Fitness Room Monitor at
Audrey Moore Rec Center

Karin Lehnigk

IMA Site Leader at Oakton Community Park

Wayne Lynch

Golf Course Marshal at Pinecrest Golf Course

Peggy Martz

Front Desk Associate at South Run Rec Center

Kim Munshower

Assistant Program Leader
at Hidden Oaks Nature Center

Sue Myracle

Adapted Aquatics Assistant
at South Run Rec Center

Sam Nehman

General Support Assistant
at Providence Rec Center

Bob Ochs

Roving Naturalist and Duck Box Monitor
at Huntley Meadows Park

Nicholas Pece

General Support Assistant
at George Washington Rec Center

Robin Rueger

Trail Volunteer at Franconia Rec Center and Park

Irma Ruiz

Front Desk Associate at Cub Run Rec Center

Kate Scheuer

Tea Host and Flower Arranger
at Green Spring Gardens and Historic House

Christine Seigo

Assistant Park Educator
at Ellanor C. Lawrence Park

Vijay Singh

Golf Course Starter and Marshal
at Laurel Hill Golf Club

Maureen Wolford

Native Plant Gardening Park Volunteer Team
Leader at Hidden Pond Park and Nature Center



ELEVATE YOUR GOLF GAME WITH CUSTOM CLUB FITTINGS

Unlock your golfing potential with year-round custom club fittings with Golf Fairfax. Dive into a personalized fitting session where advanced technology meets expert insight, helping even a novice golfer transform their game with custom-fitted clubs.

At Burke Lake Golf Center, fittings are easy to schedule and conducted in a relaxed, no-pressure environment that ensures a comfortable experience. Using cutting-edge launch monitors equipped with radar technology, swing speed and angles are analyzed to pinpoint the perfect club and shaft for each golfer's unique style.

Fittings take place at the range, offering a real-time experience to see the impact of a swing with custom fitted clubs. The ability to test the clubs at the range sets Burke Lake apart from other facilities that offer club fittings. Tim Carnahan, the Master Club Fitter at Burke Lake, explains, "The beauty of these fittings lies in the details. Adjustments to club grip size, shaft weight and club head design can dramatically enhance a golfer's swing." He emphasizes, "Understanding where you fit in the spectrum of golf equipment is crucial. Our goal is to refine your game and boost your consistency on the course."

Custom fittings are also available at the Eisman Golf Academy at Laurel Hill Golf Club. These fittings use the advanced TrackMan launch monitor to analyze swing and optimize club performance. "I start by assessing current equipment and explaining key metrics," says Nicholas Fusco, Master Club Fitter. "Even small adjustments, like grip size or lie angle, can significantly improve a golfer's game, enhancing distance and consistency."

Golf Fairfax also hosts custom fitting events throughout the year at all seven courses. Top brands like Titleist, Cleveland and PXG frequently host fitting sessions and demo days. For more information on upcoming custom club fittings and events, please visit www.fairfaxcounty.gov/parks/golf.



HIDDEN
GEM



Hidden Pond Nature Center



Hidden Pond is known as "A quiet woodland in Springfield." It's a neighborhood haven filled with natural wonders like splashing streams, walking trails and a quiet pond.

The property that makes up Hidden Pond had twenty owners since 1741 before it was purchased by the Fairfax County Park Authority in 1973. The first European-American to settle here was William Parker who acquired a grant from Thomas 6th Lord Fairfax, the Northern Neck Proprietor, in 1741 for 287 acres. By 1939 the property had been reduced to 100 acres and was sold to the McLaughlin family who put in the pond around 1943. After 1949, the Mansur family owned the property. They expanded the pond and built a house which is currently used as the park office.

Today, Hidden Pond Nature Center may appear to be another house on a cul-de-sac, but this house is surrounded by woods and water. You'll find an amphitheater, an education shelter, a playground and tennis courts. The park offers a broad range of public programs on nature topics. There are nature camps, school field trips and scout programs. The site also hosts birthday parties.



Every day, Park Authority lifeguards play a critical role as trained professionals who ensure our waterparks and pools are safe places for patrons. This summer, several lifeguards from two popular aquatic facilities were recognized with letters of commendation from the Fairfax County Fire and Rescue Department for their lifesaving actions in response to emergencies.

At Martin Luther King Jr. Pool, five lifeguards — Catherine Rainey, Aidan Halidou, Xavier Farrow, Danis Velasco-Torres, and Stephanie Delgado — were honored for their quick response to a resident in respiratory arrest. On June 17, the team found the resident unresponsive in the bathroom with shallow breathing. Thanks to their training, they recognized the symptoms and provided swift, decisive care until Emergency Medical Services arrived. Their immediate actions directly contributed to the individual's positive outcome.

Likewise, seven lifeguards at the Water Mine Family Swimmin' Hole – Sebastian Atoche-Diaz, James Johnson, Petra Muehlheuser, Daniel Hickey, Daria Weir, Alison Collque-Luizaga, and Jasmin Collgue-Luizaga — were also recognized for their rescue of a patron experiencing a medical emergency. The lifeguards immediately recognized the situation, removed the swimmer from the water, administered CPR and deployed the Automated External Defibrillator (AED). Their rapid response was critical to the patient's survival.

These individuals — and all of the Park Authority lifeguards — work tirelessly to keep our park guests safe. Their commitment to training and teamwork exemplifies the highest standards of service. Please join us in expressing our appreciation and admiration for their remarkable contributions!



Fairfax County Park Authority Board Members

Kiel Stone.....Chairman, Braddock
Marguerite F. Godbold.....Vice Chairman, Sully
Dr. Cynthia Jacobs Carter, Ed.D...Secretary, Franconia
Timothy B. Hackman.....Treasurer, Dranesville
William G. Bouie.....Hunter Mill
Linwood Gorham.....Mt. Vernon
Dr. Abena Aidoo Hewton, Ph. D.....Member-at-Large
Faisal Khan.....Member-at-Large
Ronald Kendall.....Mason
Ken Quincy.....Providence
Michael Thompson, Jr.....Springfield
JohnaToomey.....Member-at-Large

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Jai Cole.....Executive Director/CEO
Sara Baldwin.....Deputy Director/COO
Aimee L. Vosper.....Deputy Director/CBD

Parktakes Production Staff

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Advertising
Don Sweeney, Shirl Walley,
Jonae Guest, Kyle Williamson.....Photography
John Rodgers, Jennifer Croteau.....Graphic Design
Freeport Press.....Printing

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James R. Walkinshaw.....Braddock
James N. Bierman, Jr.....Dranesville
Rodney L. Lusk.....Franconia
Walter L. Alcorn.....Hunter Mill
Andres F. Jimenez.....Mason
Daniel G. Storck.....Mt. Vernon
Dalia A. Palchik.....Providence
Pat Herrity.....Springfield
Kathy L. Smith.....Sully

Park Authority Board meetings are open to the public.

For more information about dates and times, visit www.fairfaxcounty.gov/parks/board.

The Spring 2025 issue of Parktakes
will be available in late January.

About Parktakes

Advertising: Paid advertising included in Parktakes does not imply endorsement of the advertised goods, products or services by the Fairfax County Park Authority. To place an ad in Parktakes, contact Cindy Fortuno at cindy.fortuno@fairfaxcounty.gov.

Publication and Subscriptions: Free subscriptions are available for both printed and electronic formats through our registration office 703-222-4664 or by signing up online: www.fairfaxcounty.gov/parks/ptsubs.htm. Parktakes copies are also

available at all staffed park locations, county libraries and government centers.

Postage: Periodicals postage paid at Fairfax, Va. (USPS 010-296). POSTMASTER: Send address changes to FCPA/Parktakes, P.O. Box 4606, Fairfax, Va. 22038-4606.

Photos: The FCPA reserves the right to photograph and videotape all its activities, events, classes, programs and facilities for promotional purposes. Vehicle safety audio/video systems may record program

A Quarterly Magazine
Winter 2025 • Vol. 40/No. 1

participants when they are being transported in Park Authority vehicles.

Prices, hours, programs and services are subject to change without prior notice.



Fairfax County's programs, services and facilities are available to all citizens regardless of race, color, national origin, sex, age or disability. To request reasonable accommodations under the ADA, call 703-324-8563 or TTY Va. Relay 711.

VOLUNTEER & DONOR PROFILE

Sue Rowell



Sue Rowell's involvement with Clemyjontri Park and Chessie's Big Backyard began with her 15-year volunteering career at the former Northern Virginia Training Center (NVTC).

Many NVTC residents had severe mental and physical challenges. Just getting the residents out to wheelchair-accessible activities was difficult, but this inspired Sue to support Fairfax County Park Authority's Clemyjontri Park in McLean. The wheelchair-accessible Liberty Swing was installed there in 2010, with generous support through the Fairfax County Park Foundation (FCPF), from Sue and many others in the community.

After Sue's death in 2018, family and friends continued her legacy of giving back to the community for projects including the Clemyjontri Park Picnic Pavilion and the Lighthouse play feature at Chessie's Big Backyard at Franconia District Park.

"We feel a profound sense of purpose and comfort knowing that my mother's passion for helping others is embodied in these beautiful, accessible structures at Clemyjontri, Chessie's Big Backyard, and now with the Carousel animal we have sponsored named Minnie."

"My mother continues to inspire us, and I hope she will inspire you too. Please consider including The Fairfax County Park Foundation in your estate planning as well as donating personal property such as a vehicle," stated Debbie Frank.

WHAT IS THE PARK FOUNDATION AND WHAT DO THEY DO?

Simply put, the Fairfax County Park Foundation (FCPF) is the fundraising arm for the Fairfax County Park Authority (FPCA). FCPF raises private funds from individuals and businesses, obtains grants and creates partnerships to supplement tax revenue to meet the growing demand for park services, trails and open space. Specifically, FCPF provides funds for many FPCA programs and projects such as equity outreach programs including:

- The Wonder Wagon Mobile Nature Center and FPCA camps
- Educational features at the Woodlands Stewardship Education Center
- Community events like the Summer Entertainment Series, Earth Day Fairfax, Healthy Strides 5K/10K and the 4-H Fair & Carnival
- Environmental projects like the invasive management area program (IMA) and Meaningful Water Educational Experience (MWEE) programs
- Beautification projects like the new Moon Gate at Green Spring Gardens, Eakin Community Park, and trails

Learn more about FCPF and how your voluntary donation can help FPCA parks and programs by visiting www.fairfaxparkfoundation.org, emailing FairfaxParkFoundation@fairfaxcounty.gov or calling 703-324-8581.



To learn more about FCPF's car donation program, please visit www.fairfaxparkfoundation.org for more information.



PARKS at a Glance

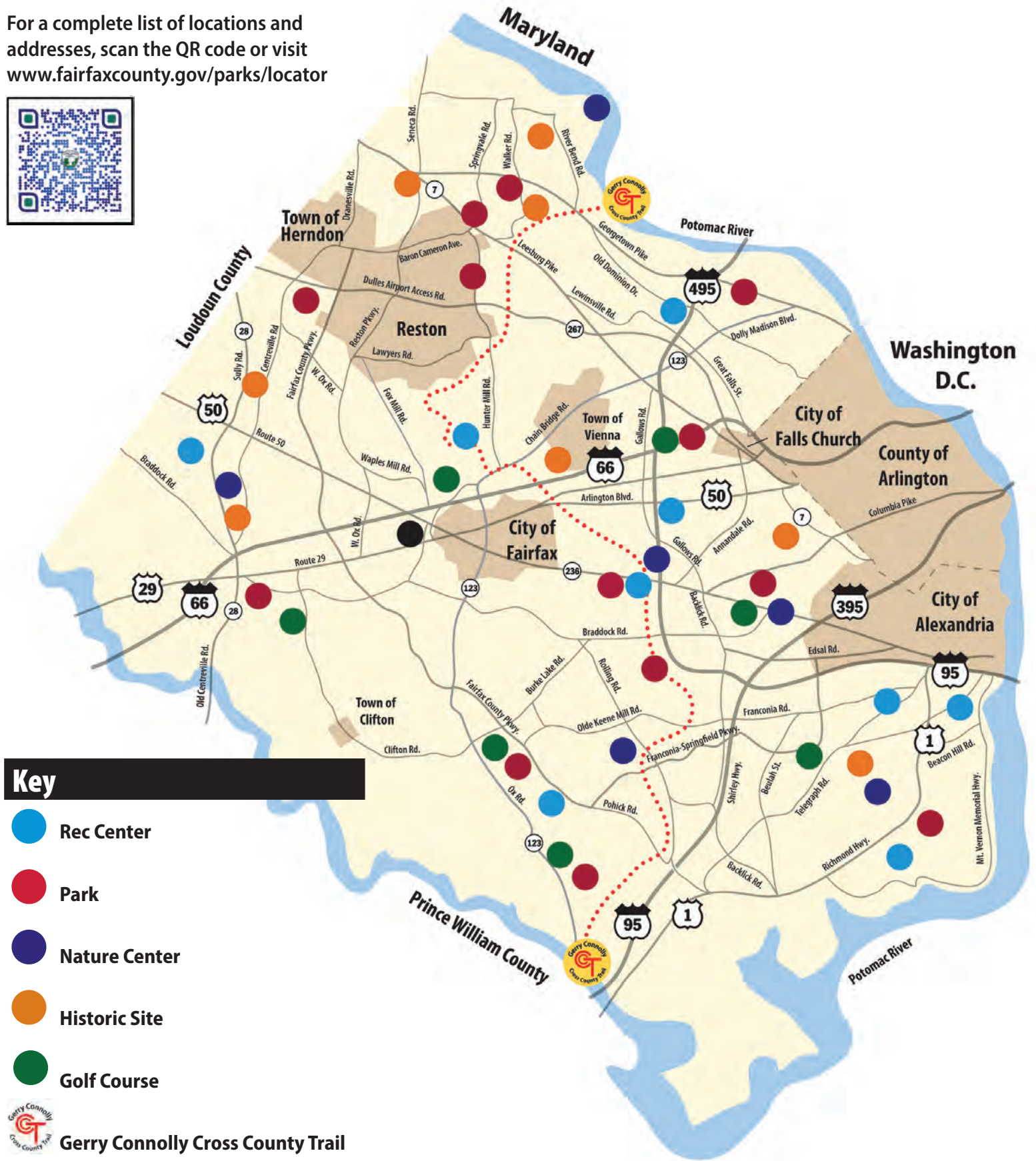
For more information, visit www.fairfaxcounty.gov/parks

Phone Number	Accessible Playground	Agriculture Field/Kitchen Garden	Basketball Courts (Indoors)	Basketball Courts (Outdoors)	Birthday Parties	Boating/Boat Rentals	Campgrounds	Carousel	Catering	Childcare Center	Demonstration Gardens	Disc Golf	Equestrian Facilities	Family Water Park	Farm	Fishing	Fitness Center	Fitness Trails	Food Service/Concession	Golf-Driving Cages/Indoor Range	Golf-Driving Range	Golf Lessons	Golf-Number of Holes	Golf-Par	Golf-Adapted Power Carts	Golf-Power Carts	Golf Pro Shop
Rec Centers																											
Audrey Moore	703-321-7081			●	●	●											●										
Cub Run	703-817-9407				●					●							●										
George Washington	703-780-8894				●																						
Franconia	703-922-9841			●	●	●		●									●										
Oakmont (formerly Oak Marr)	703-281-6501				●					●							●										
Providence	703-698-1351				●	●											●										
South Run	703-866-0566				●	●											●										
Spring Hill	703-827-0989			●		●											●										
Golf Courses																											
Burke Lake	703-323-1641																		●		●	●	18	54	●		●
Greendale	703-971-6170																		●			●	18	70	●	●	●
Jefferson	703-573-0443																		●				9	35	●	●	●
Laurel Hill	703-493-8849								●										●		●	●	18	71	●	●	●
Oakmont (formerly Oak Marr)	703-255-5390																				●	●	9	27	●		●
Pinecrest	703-941-1061																		●	●	●	●	9	35	●	●	●
Twin Lakes	703-631-9099								●										●		●	●	36	71	●	●	●
Major Parks																											
Burke Lake	703-323-6600					●	●	●	●			●					●		●	●							
Clemyjontri	703-388-2807	●							●																		
Jefferson District	703-573-0444				●	●													●								
Lake Accotink	703-569-3464				●	●	●	●									●		●								
Lake Fairfax	703-471-5414					●	●	●						●			●		●								
Laurel Hill	703-437-9101											●															
M. L. King Jr.	703-324-8732																										
Mason District	703-324-8700				●														●								
Nottoway	703-324-8700				●													●									
Nature and Historic Sites																											
Colvin Run Mill	703-759-2771										●																
Ellanor C. Lawrence	703-631-0013		●			●					●						●										
Frying Pan Farm	703-437-9101		●			●		●			●		●		●												
Green Spring Gardens	703-642-5173		●			●					●																
Hidden Oaks	703-941-1065					●					●																
Hidden Pond	703-451-9588					●					●																
Huntley Meadows	703-768-2525					●																					
Riverbend	703-759-9018					●	●										●										
Sully Historic Site	703-437-1794					●					●																
Turner Farm/Observatory	703-759-9018												●														

[illegible]

PARK LOCATIONS

For a complete list of locations and addresses, scan the QR code or visit www.fairfaxcounty.gov/parks/locator



Rec Centers

- 1 **Audrey Moore Rec Center**
8100 Braddock Road
Annandale 22003 • 703-321-7081
- 2 **Cub Run Rec Center**
4630 Stonecroft Blvd.
Chantilly 20151 • 703-817-9407
- 3 **George Washington Rec Center**
8426 Old Mt. Vernon Road
Alexandria 22309 • 703-780-8894
- 4 **Franconia Park & Rec Center**
6601 Telegraph Road
Franconia 22310 • 703-922-9841
- 5 **Mount Vernon Rec Center**
(Closed for Renovations until 2025)
- 6 **Oakmont Rec Center**
(formerly Oak Marr Rec Center)
3200 Jermantown Road
Oakton 22124 • 703-281-6501
- 7 **Providence Rec Center**
7525 Marc Drive
Falls Church 22042 • 703-698-1351
- 8 **Spring Hill Rec Center**
1239 Spring Hill Road
McLean 22102 • 703-827-0989
- 9 **South Run Rec Center**
7550 Reservation Drive
Springfield 22153 • 703-866-0566

Major Parks

- 10 **Braddock Park**
13241 Braddock Road
Clifton 20124 • 703-324-8702
- 11 **Burke Lake Park**
7315 Ox Road
Fairfax Station 22039 • 703-323-6600
- 12 **Clemyjontri Park**
6317 Georgetown Pike
McLean 22101 • 703-388-2807
- 13 **Frying Pan Farm Park**
2709 West Ox Road
Herndon 20171 • 703-437-9101
- 14 **Jefferson District Park**
7900 Lee Highway
Falls Church 22042 • 703-573-0443
- 15 **Lake Accotink Park**
7500 Accotink Park Road
Springfield 22150 • 703-569-3464
- 16 **Lake Fairfax Park**
1400 Lake Fairfax Drive
Reston 20190 • 703-471-5414
- 17 **Laurel Hill Central Green**
8780 Lorton Road
Lorton 22079 • 703-437-9101

Major Parks

- 18 **Martin Luther King, Jr. Park**
8115 Fordson Road
Alexandria 22306 • 703-324-8732
- 19 **Mason District Park**
6621 Columbia Pike
Annandale 22003 • 703-941-1730
- 20 **Turner Farm Park**
925 Springvale Road
Great Falls 22066 • 703-324-8702
- 21 **Wakefield Park**
8100 Braddock Road
Annandale 22003 • 703-321-7081
- 22 **Water Mine Family Swimmin' Hole**
1400 Lake Fairfax Drive
Reston 20190 • 703-471-5414

Nature Centers

- 23 **Ellanor C. Lawrence Park**
5040 Walney Road
Chantilly 20151 • 703-631-0013
- 24 **Green Spring Gardens**
4603 Green Spring Road
Alexandria 22312 • 703-642-5173
- 25 **Hidden Oaks Nature Center**
7701 Royce St.
Annandale 22003 • 703-941-1065
- 26 **Hidden Pond Nature Center**
8511 Greeley Blvd.
Springfield 22152 • 703-451-9588
- 27 **Huntley Meadows Park**
3701 Lockheed Blvd.
Alexandria 22306 • 703-768-2525
- 28 **Riverbend Park**
8700 Potomac Hills St.
Great Falls 22066 • 703-759-9018

Historic Sites

- 29 **Cabell's Mill**
5235 Walney Road
Centreville 20151 • 703-827-0609
- 30 **Clark House**
6332 Barcroft Mews Drive
Falls Church 22041 • 703-827-0609
- 31 **Colvin Run Mill**
10017 Colvin Run Road
Great Falls 22066 • 703-759-2771
- 32 **Dranesville Tavern**
11919 Leesburg Pike
Dranesville 20170 • 703-827-0609
- 33 **Great Falls Grange and Forestville Schoolhouse**
9818 Georgetown Pike
Great Falls 22066 • 703-827-0609

Historic Sites

- 34 **Nottoway Park & Hunter House**
9537 Courthouse Road
Vienna 22181 • 703-827-0609
- 35 **Stone Mansion & Stoneybrooke Park**
3900 Stoneybrooke Drive
Alexandria 22306 • 703-827-0609
- 36 **Sully Historic Site**
3650 Historic Sully Way
Chantilly 20151 • 703-437-1794

Golf Courses

- 37 **Burke Lake Golf Center**
6915 Ox Road
Fairfax Station 22039 • 703-323-1641
- 38 **Greendale Golf Course**
6700 Telegraph Road
Alexandria 22310 • 703-971-6170
- 39 **Jefferson District Golf Course**
7900 Lee Highway
Falls Church 22042 • 703-573-0443
- 40 **Laurel Hill Golf Club**
8701 Laurel Crest Drive
Lorton 22079 • 703-493-8849
- 41 **Oakmont Golf Center**
(formerly Oak Marr Golf Complex)
3136 Jermantown Road
Oakton 22124 • 703-255-5390
- 42 **Pinecrest Golf Course**
6600 Little River Turnpike
Alexandria 22312 • 703-941-1061
- 43 **Twin Lakes Golf Course**
6201 Union Mill Road
Clifton 20124 • 703-631-9372
- 44 **FCPA Headquarters**
12055 Government Center Parkway,
Suite 927, Fairfax 22035 • 703-324-8700

Visit www.fairfaxcounty.gov/parks/locator for more park locations and directions.

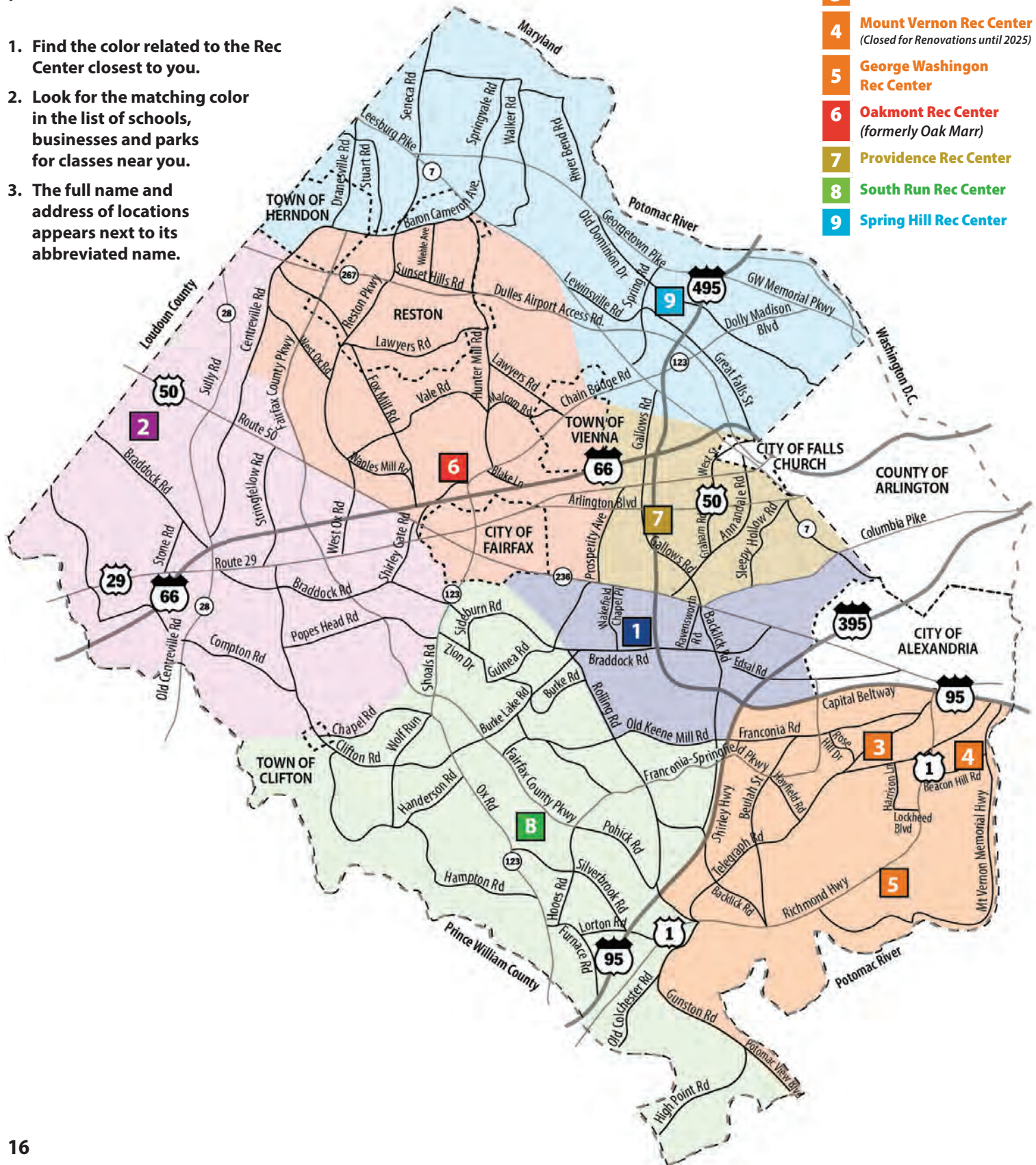


LOCATION ABBREVIATION GUIDE

Looking for conveniently located Park Authority classes in your Rec Center service area?

1. Find the color related to the Rec Center closest to you.
2. Look for the matching color in the list of schools, businesses and parks for classes near you.
3. The full name and address of locations appears next to its abbreviated name.

- 1** Audrey Moore Rec Center
- 2** Cub Run Rec Center
- 3** Franconia Rec Center
- 4** Mount Vernon Rec Center
(Closed for Renovations until 2025)
- 5** George Washington Rec Center
- 6** Oakmont Rec Center
(formerly Oak Marr)
- 7** Providence Rec Center
- 8** South Run Rec Center
- 9** Spring Hill Rec Center



Abbrv	Name	Address	City, Zip
1: Audrey Moore/Wakefield			
AnnandalePk	Annandale Park	4030 Hummer Rd	Annandale 22003
Camelot ES	Camelot Elementary	8100 Guinevere Dr	Annandale 22003
GrnSprGardn	Green Spring Gardens Park	4603 Green Spring Rd	Alexandria 22312
Hidden Oaks	Hidden Oaks Nature Center	7701 Royce St	Annandale 22003
LkAccotinkPk	Lake Accotink Park	7500 Accotink Park Dr	Springfield 22151
LittleRun ES	Little Run Elementary	4511 Olley Ln	Fairfax 22032
Olde Crk ES	Olde Creek Elementary	9524 Old Creek Rd	Fairfax 22032
Pinecrest GC	Pinecrest Golf Course	6600 Little River Tnpk	Alexandria 22312
Wkfld/Moore	Wakefield RECenter	8100 Braddock Rd	Annandale 22003
Woodson HS	Woodson High School	9525 Main St	Fairfax 22031

2: Cub Run

ArrowbrookPk	Arrowbrook Park	2351 Field Point Rd	Herndon 20170
CubRunREC	Cub Run Rec Center	4630 Stonecroft Blvd.	Chantilly 20151
ECLawrencePk	Ellanor C. Lawrence Park	5040 Walney Rd	Chantilly 20151
Floris ES	Floris Elementary School	2708 Centreville Rd	Herndon 20171
Frying Pan Pk	Frying Pan Park	2709 West Ox Rd	Herndon 20171
Patriot Park North	Patriot Park North	5425 Willow Springs School Rd	Fairfax 22030
Stone MS	Stone Middle School	5500 Sully Park Dr	Centreville 21020
SullyCommCtr	Sully Community Center	13808 Wall Rd	Herndon 20171
Sully	Sully Historic Site	3650 Historic Sully Way	Chantilly 20151
TwnLk Golf	Twin Lakes Golf Course	6201 Union Mill Rd	Clifton 20124

3-5: Franconia /Mt. Vernon /GW

Belle Vw ES	Belle View Elementary	6701 Fort Hunt Rd	Alexandria 22307
Bucknell ES	Bucknell Elementary	6925 University Dr	Alexandria 22307
FranconiaREC	Franconia Rec Center	6601 Telegraph Rd	Franconia 22310
GWREC	George Washington Rec Center	8426 Old Mount Vernon Rd	Alexandria 22309
Greendale Golf Co	Greendale Golf Course	6700 Telegraph Rd	Alexandria 22310
HistHuntley	Historic Huntley	6918 Harrison Ln	Alexandria 22306
HuntMdws	Huntley Meadows Park	3701 Lockheed Blvd	Alexandria 22306
Stone Mansion	Stone Mansion	3900 Stonybrooke Dr	Alexandria 22306
Waynewood ES	Waynewood Elementary	1205 Waynewood Blvd	Alexandria 22308

6: Oakmont (formerly Oak Marr)

Cunn Pk ES	Cunningham Park Elementary	1001 Park Street	Vienna 2210
FfxIceArena	Fairfax Ice Arena	3779 Pickett Rd	Fairfax 22030
Flint HI ES	Flint Hill Elementary	2444 Flint Hill Rd	Vienna 22181
Hunter House	Hunter House	9537 Courthouse Rd	Vienna 22181
LkFairfax Pk	Lake Fairfax Park	1400 Lake Fairfax Dr	Reston 20190
LdbyExFrOks	Lead by Example TKD	11226 Waples Mill Rd	Fairfax 22033
NottowayPk	Nottoway Park	9601 Courthouse Rd	Vienna 22181
Oakmont Golf Ctr	Oakmont Golf Center	3200 Jermantown Rd	Oakton 22124
Oakmont REC	Oakmont Rec Center	3200 Jermantown Rd	Oakton 22124
Oakton ES	Oakton Elementary	3000 Chain Bridge Rd	Oakton 22124
Wapls MI ES	Waples Mill Elementary	11509 Waples Mill Rd	Oakton 22124

Abbrv	Name	Address	City, Zip
7: Providence			
Clark House	Clark House	6338 Barcroft Mews Dr	Alexandria 22312
Fairhill ES	Fairhill Elementary	3001 Chichester Ln	Fairfax 22031
Jefferson Golf	Jefferson Golf Course	7900 Lee Hwy	Falls Church 22042
JRheeFlsCh	Jhoon Rhee Falls Church	1136 West Broad St	Falls Church 22046
MasonDistPk	Mason District Park	6621 Columbia Pike	Annandale 22003
NOVA Fencers	No. VA Fencers Club	3431-E Carlin Springs Rd	Falls Church 22041
Pine Spring ES	Pine Spring Elementary	7607 Willow Lane	Falls Church 22042
ProvREC	Providence Rec Center	7525 Marc Dr	Falls Church 22042
RndtreePk	Roundtree Park	3411 Casilear Rd	Falls Church 22042
Shrevewd ES	Shrevewood Elementary	7525 Shreve Rd	Falls Church 22043
Woodbrn ES	Woodburn Elementary	3401 Hemlock Dr	Falls Church 22042

8: South Run

BlkBlttFfx	Black Belt Academy Fairfax	10635 Braddock Rd	Fairfax 22032
BurkeLakeGolf	Burke Lake Golf	6915 Ox Rd	Fairfax Station 22039
Burke Lake Pk	Burke Lake Park	7315 Ox Rd	Fairfax Station 22039
Card Fst ES	Cardinal Forest Elementary	8600 Forrester Blvd	Springfield 22152
Hidden Pond	Hidden Pond Nature Center	8511 Greeley Blvd	Springfield 22152
Huntsman Lk	Huntsman Lake	9150 Dorothy Ln	Springfield 22153
Lk Mercer Pk	Lake Mercer Park	9500 Silverbrook Rd	Fairfax Station 22039
Laurel Hill GC	Laurel Hill Golf Course	8701 Laurel Crest Dr	Lorton 22079
LaurelHillPk	Laurel Hill Park	8400 Lorton Rd	Lorton 22079
OrngHunt ES	Orange Hunt Elementary	6820 Sydenstricker Rd	Springfield 22152
RollVallyW Pk	Rolling Valley West Park	6512 Sydenstricker Rad	Burke 22015
RoyalLakePk	Royal Lake Park	5344 Gainsborough Dr	Fairfax, 22032
Saratoga ES	Saratoga Elementary	8111 Northumberland Road	Springfield 22153
SoRunREC	South Run Rec Center	7550 Reservation Dr	Springfield 22153

9: Spring Hill

Clemyjontri	Clemyjontri Park	6317 Georgetown Pike	McLean 22101
ColvinRunMill	Colvin Run Mill	10017 Colvin Run Rd	Great Falls 22066
Dransvil Trvrn	Dranesville Tavern	11919 Leesburg Pk	Herndon 20171
FreedomH ES	Freedom Hill Elementary	1945 Lord Fairfax Rd	Vienna 22182
GrtFlsGrange	Great Falls Grange	9818 Georgetown Pk	Great Falls 22066
Lewinsville PK	Lewinsville Park	1659 Chain Bridge Road	McLean 22101
McLeanCntrlPk	McLean Central Park	1468 Dolley Madison Blvd	McLean 22102
RiverbendPk	Riverbend Park	8700 Potomac Hills St	Great Falls 22066
ScottsRnNat	Scotts Run Nature Preserve	7400 Georgetown Pk	McLean 22102
SpringHI ES	Spring Hill Elementary	8201 Lewinsville Rd	McLean 22102
SpHillREC	Spring Hill Rec Center	1239 Spring Hill Rd	McLean 22102
TurnerFarmPk	Turner Farm Park	925 Springvale Rd	Great Falls 22066



For a complete list of locations and addresses, scan the QR code or visit www.fairfaxcounty.gov/parktakes



Adapted Recreation Programs

Scan the QR code to go directly to the Parktakes Online Adapted Recreation Programs page.



ADA/Inclusion Support



In keeping with the Americans with Disabilities Act (ADA), Fairfax County is committed to giving all residents equal access to recreational opportunities. Park Authority activities, programs, camps and classes are inclusive, and reasonable accommodations are available for people with disabilities. ADA accommodations include sign interpreters, assistive listening devices, program modifications and inclusion support. To request accommodations, or for more information about adapted program opportunities, call 703-324-8727. The Park Authority makes every attempt to provide accommodations; however, fulfillment of requests received with less than 10 days notice cannot be guaranteed.

Facility Accessibility

The Fairfax County Park Authority offers parks and facilities that are accessible to all Fairfax County residents. For information on accessible features or issues associated with usage, call 703-324-8727 or visit www.fairfaxcounty.gov/parks/ada-inclusion.

Follow guidelines when registering

We suggest if it has been a month or longer since a student has participated in a swimming lesson, that they repeat the previous course completed. If you have any questions about which class is right for you or your child, please contact the Adapted Program Specialist at 703-324-8565. For safety reasons and to ensure customers get the maximum aquatic program benefits, the Park Authority reserves the right to remove students from an inappropriate class and either issue a refund or place them, when possible, in a class that better matches their ability.

Practice and Repetition are keys to success

Each student progresses at a different speed in learning aquatic skills. Students often repeat a level several times before developing the endurance and skill proficiency necessary for advancement. Repeating a level does not constitute failure; it is to be expected. Mastering skills takes time, practice, and patience.



Slides • Bubblers • Sprays • Lazy River • Open year-round
www.fairfaxcounty.gov/parks/reccenter/cub-run



Adapted Aquatics

Adapted One on One Swim Lessons

(3-18 yrs.) These swim lessons, for children with intellectual and developmental disabilities, target individual skill levels. With one-on-one swim lessons, an instructor can spend more time helping overcome obstacles which may require more time or dedication than a standard swim lesson. Children must leave parent willingly, be comfortable in the water, and be able to follow simple directions.

4AVF 8--30 minute lessons--\$347

Location	Day	Time	Code	Begin	\$
GWREC	Sa	9am	MHL.VSPT	1/4	4AVF
GWREC	Sa	9:35am	MHL.NQSV	1/4	4AVF
GWREC	Sa	10:10am	MHL.CSR3	1/4	4AVF
GWREC	Sa	10:45am	MHL.W7GZ	1/4	4AVF

THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

Stay up to date via



Web:

www.fairfaxcounty.gov/parks/parktakes



Social Media:

@FairfaxParks



Join our email list:

www.fairfaxcounty.gov/parks/parktakes



Adapted Swimming-Preschoolers

(3-5 yrs.) Through play and individual attention, preschoolers and their parents work on adjusting to a new environment. Focus is on entry and exit skills, water safety, blowing bubbles and arm and leg propulsion on the front and back. Parent participation is required.

4AE 7--30 minute lessons--\$111
4AF 8--30 minute lessons--\$127

Location	Day	Time	Code	Begin	\$
GWREC	Sa	11:40am	COA.4G49	1/4	4AF
OakmontREC	Sa	9:20am	COA.KQ93	1/4	4AF
SoRunREC	Sa	11:45am	COA.L332	1/4	4AE
SoRunREC	Su	12:15pm	COA.439X	1/5	4AE

Adapted Swimming 1

(6-12 yrs.) This is a learn-to-swim class designed for students with disabilities. Students engage in activities to overcome fear and gain basic swimming and water safety skills. Skills include entering and exiting the water safely, blowing bubbles, floating and the introduction of arm and leg action with assistance. Parent/caregiver participation may be required.

4AE 7--30 minute lessons--\$111
4AF 8--30 minute lessons--\$127

Location	Day	Time	Code	Begin	\$
CubRunREC	Su	2pm	E4B.4VXT	1/5	4AF
GWREC	Sa	12:20pm	E4B.CLRR	1/4	4AF
OakmontREC	Sa	10am	E4B.5N79	1/4	4AF
SoRunREC	Sa	9:05am	E4B.AGJN	1/4	4AE
SoRunREC	Su	12:55pm	E4B.ZMGB	1/5	4AE

Adapted Swimming 2

(6-12 yrs.) Prerequisite: Swimming 1 or equivalent skill proficiency. This is a learn-to-swim class designed for students with disabilities. Skills include floating on both front and back, gliding and swimming without assistance. Students should be comfortable entering the water on their own, blowing bubbles, and using their arms and legs to swim with assistance. Parent/caregiver participation may be required.

4AE 7--30 minute lessons--\$111
4AF 8--30 minute lessons--\$127

Location	Day	Time	Code	Begin	\$
CubRunREC	Su	2:35pm	6D7.KS2T	1/5	4AF
GWREC	Sa	1pm	6D7.X6WN	1/4	4AF
OakmontREC	Sa	10:40am	6D7.L9Y4	1/4	4AF
ProvREC	Su	11am	6D7.V8H9	1/5	4AF
SoRunREC	Sa	9:45am	6D7.2U6L	1/4	4AE
SoRunREC	Su	1:35pm	6D7.35BE	1/5	4AE

Adapted Swimming 3

(6-12 yrs.) Prerequisite: Swimming 2 or equivalent skill proficiency. This is a learn-to-swim class designed for students with disabilities. Skills include treading water, retrieving objects and swimming on both front and back without assistance. Students should be able to swim at least two body lengths without assistance. Parent/caregiver participation may be required.

4AE		7--30 minute lessons--\$111				
4AF		8--30 minute lessons--\$127				
Location	Day	Time	Code	Begin	\$	
GWREC	Sa	1:40pm	422.C6LN	1/4	4AF	
OakmontREC	Sa	11:20am	422.3XRB	1/4	4AF	
ProvREC	Su	11:35am	422.M4HQ	1/5	4AF	
SoRunREC	Sa	10:25am	422.L72G	1/4	4AE	

Learn to Swim Teens/Adults w/Disabilities

(13-Adult) Classes take place in depths of less than five feet. Skills include entering and exiting water, floating, gliding on front and back, breathing techniques, and using arms and legs to perform front crawl and elementary backstroke. Parent/caregiver participation may be required.

4AE		7--30 minute lessons--\$111				
4AF		8--30 minute lessons--\$127				
Location	Day	Time	Code	Begin	\$	
OakmontREC	Sa	12pm	03B.U7CT	1/4	4AF	
SoRunREC	Sa	11:05am	03B.R5LJ	1/4	4AE	

Adapted Intro to Basic Strokes

(8-Adult) Prerequisite: Students must be able to swim a minimum of 15 yards independently. This class is designed to prepare students with disabilities for more advanced competitive swimming and focuses on the basic steps and progressions of the four competitive strokes: front crawl, back crawl, breaststroke and butterfly.

4AN		6--45 minute lessons--\$96				
4AO		7--45 minute lessons--\$112				
4AP		8--45 minute lessons--\$130				
Location	Day	Time	Code	Begin	\$	
CubRunREC	Sa	2pm	E06.EYKU	1/4	4AO	
ProvREC	Su	12:15pm	E06.MX67	1/5	4AP	
SpHillREC	Sa	12pm	E06.C3BK	1/4	4AO	
Wkfld/Moore	Sa	12pm	E06.WVBC	1/4	4AN	

Adapted Lap Swim and Water Walking

(13-Adult) This class is designed for individuals with intellectual and developmental disabilities. Students receive personalized instruction focused on improving fitness and endurance through lap swimming or water walking.

4AP		8--45 minute lessons--\$130				
Location	Day	Time	Code	Begin	\$	
CubRunREC	Su	3:15pm	UM5.5M2V	1/5	4AP	

**PARKS ARE
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NATURE**

Visit a Nature
Center and
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wild side of
Fairfax.



Aqua Fitness-Individuals

w/Physical Disabilities

(13-Adult) Students with physical disabilities (cerebral palsy, spinal cord injury, MS, etc.) work at their individual ability levels as they pursue their personal fitness goals. Shallow water exercises and swim program improve body awareness and increase range of motion, flexibility and muscle tone. Wheelchair users welcome. Caretaker/family member participation may be required.

4AO		7--45 minute lessons--\$112				
4AP		8--45 minute lessons--\$130				
Location	Day	Time	Code	Begin	\$	
SpHillREC	Su	3:30pm	460.XQGS	1/5	4AO	
SpHillREC	Su	4:15pm	460.T9NF	1/5	4AO	
SpHillREC	Su	5pm	460.C8L7	1/5	4AO	
Wkfld/Moore	F	11am	460.PR42	1/10	4AP	

Swim Team Training/Intermediate Swimmers w/Disabilities

(8-Adult) Prerequisite: Swimmers must be able to swim 25 yards on their front and back. Prior competitive experience is not necessary. This is competitive training for swimmers who may want to participate in Special Olympics. Swimmers are coached in freestyle, backstroke, breaststroke and butterfly.

3AAB		20--55 minute lessons--\$314				
4AI1		19--55 minute lessons--\$298				
Location	Day	Time	Code	Begin	\$	
CubRunREC	Sa	3pm	C26.5FZZ	1/4	3AAB	
Franconia Rec	Sa	2pm	C26.B5FV	1/4	3AAB	
OakmontREC	Su	2pm	C26.3AJK	1/5	3AAB	
SpHillREC	Sa	1pm	C26.VPL9	1/4	3AAB	
Wkfld/Moore	Sa	2pm	C26.3F67	1/4	4AI1	

Swim Team Training/Adv Swimmers w/Disabilities

(8-Adult) Prerequisite: Swimmers must be able to swim 25 yards in the front and back while circle swimming with other swimmers. This is competitive training for swimmers who may want to participate in Special Olympics. Swimmers are coached in freestyle, backstroke, breaststroke and butterfly.

3AAB		20--55 minute lessons--\$314				
4AI1		19--55 minute lessons--\$298				
4AZ		8--55 minute lessons--\$135				
Location	Day	Time	Code	Begin	\$	
CubRunREC	Sa	4pm	B1D.8VNB	1/4	3AAB	
Franconia Rec	Sa	3pm	B1D.58PG	1/4	3AAB	
Franconia Rec	W	7pm	B1D.W88B	1/8	4AZ	
OakmontREC	Su	1pm	B1D.B4N8	1/5	3AAB	
OakmontREC	Su	3pm	B1D.PDQZ	1/5	3AAB	
SpHillREC	Sa	2pm	B1D.JWVX	1/4	3AAB	
Wkfld/Moore	Sa	1pm	B1D.T3TQ	1/4	4AI1	

Adapted Dance & Movement

Adapted Movement to Music

(13-Adult) Students enjoy practicing warm-ups, basic dance moves, cool-downs, expressive free movement using with like scarves and ribbons and other creative movements. This class will help students increase strength, improve flexibility, decrease muscle tension and boost coordination using movement to promote emotional, social and physical integration.

4EL		11--45 minute lessons--\$144				
Location	Day	Time	Code	Begin	\$	
SpHillREC	W	4pm	TL8.0U2V	1/8	4EL	

Volunteer Spotlight: STEPHANIE RENY

Greeter (and Unofficial Rec Center Ambassador!)



What first prompted you to get involved in volunteering with the Park Authority?

When I first came to the Rec Center to swim, one of the staff members gave me a tour and we got to talking about what I liked to do. I told her I liked being with people and making people smile and she suggested I think about volunteering.

In what different roles have you volunteered and for how long?

I greet people when they come in and get to know them as my friends. I also walk around the Rec Center and notice anything that might need to be reported. I have been volunteering for 22 years!

What does volunteering mean to you?

Being with society. Being in a safe environment. Especially after COVID there weren't as many programs for special people like me with Williams syndrome and other disabilities.

What is your favorite thing about volunteering?

Having loving friends that are nice and friendly and appreciate my specialness. I also love Volunteer Appreciation Week where we get goodies.

Adapted Recreation

Adapted Outdoor Opportunities

Adapted Park Explorers

(6-11 yrs.) See the best that our park has to offer with topics that fit your interests. Explore different features of the park with hands-on science and nature activities tailored to young people with disabilities. A different topic each month. Parents must be accessible during the program but are not required to register.

4B4 11--11 hour program--\$11

Location	Day	Time	Code	Begin	\$
ECLawrencePk	Sa	10am	206.6HXW	1/18	4B4
ECLawrencePk	Sa	10am	206.JB4L	2/8	4B4

Adapted Sports & Fitness

Adapted Sports and Fitness

(13-Adult) Designed for participants with mild intellectual disabilities who can participate in a class with a 4:1 ratio. Learn safe and proper sports skills while enjoying the benefits of fitness conditioning and teamwork through a variety of activities such as beach ball volleyball, sports and games and outdoor activities.

4EB 11--55 minute lessons--\$145

Location	Day	Time	Code	Begin	\$
ProvREC	T	5pm	5D9.R6G6	1/7	4EB
ProvREC	T	6:15pm	5D9.2AON	1/7	4EB

Adapted Basketball

(8-12 yrs.) This JST Athletics class is for individuals with mild intellectual and developmental disabilities. Emphasis on the development of basketball skills including dribbling, passing, and shooting.

DTVE 8--45 minute lessons--\$140

Location	Day	Time	Code	Begin	\$
SullyCommCtr	Su	12pm	SSI.H22Q	1/19	DTVE



Adapted Fitness Training

(13-Adult) Designed for students who have mild intellectual disabilities who can participate in a class with a 4:1 ratio. Learn fitness and wellness skills in a fun and social environment. Class may include weight room exercises, team games, yoga, swimming, outdoor activities and nutrition instruction. Students must be able to ambulate independently.

4EB 11--55 minute lessons--\$145

Location	Day	Time	Code	Begin	\$
OakmontREC	T	5pm	76F.Y1SY	1/7	4EB

Adapted Soccer

(6-8 yrs.) This JST Athletics class for individuals with mild intellectual disabilities provides basic instruction geared for beginning players. Emphasis is on development of soccer skills including kicking, dribbling and goal-keeping. Bring shin guards and a soccer ball.

Classes held at schools are indoors using soft soccer balls and do not require cleats.

DTVE 8--45 minute lessons--\$140

Location	Day	Time	Code	Begin	\$
SullyCommCtr	Su	1pm	G3K.KYZE	1/19	DTVE

Adapted Walking Soccer

(6-12 yrs.) This slow-paced Sanowar Fitness class is designed for individuals with intellectual disabilities. Class aims to increase cardiovascular health and develop balance, agility and coordination while learning developmental soccer skills.

DAVA 8--55 minute lessons--\$148

Location	Day	Time	Code	Begin	\$
Lemon Rd ES	Su	10am	6C3.N6TH	1/12	DAVA
LittleRn ES	Sa	9am	6C3.VL52	1/11	DAVA

Adapted Tae Kwon Do I

Class is designed for students with disabilities on the high-functioning end of the autism spectrum. Students learn basic kicking, punching, blocking and sparring skills and forms as they improve confidence and flexibility. Martial arts uniforms are required. Extra fee for belt testing.

DMVB 8--45 minute lessons--\$121

Location	Day	Time	Code	Begin	\$
(5-10 yrs.)					
LdbyExFrOks	Sa	3:30pm	A12.VMEX	1/11	DMVB
(10-17 yrs.)					
LdbyExFrOks	Sa	4:15pm	EEC.ZNXM	1/11	DMVB
(16-Adult)					
LdbyExFrOks	W	7:45pm	456.PTAG	1/15	DMVB

Adapted Yoga

(13-Adult) This class for individuals with intellectual disabilities focuses on basic yoga positions to improve strength, balance and flexibility and introduces breathing techniques for physical and mental relaxation. Please bring a mat. Parent/caregiver participation may be required.

4EB 11--55 minute lessons--\$145

4EL 11--45 minute lessons--\$144

Location	Day	Time	Code	Begin	\$
SoRunREC	Th	6:10pm	DOE.S5I4	1/9	4EL
SpHillREC	W	5pm	DOE.S9BI	1/8	4EB

ACCESS & INCLUSION SERVICES



Do you or your child need support through an accommodation?
We are here to help!
Scan the QR code to fill out the ADA Services and Accommodations Request Form or call
703-324-8565,
TTY VA Relay 711.



www.fairfaxcounty.gov/parks/accessible

Aquatics

Scan the QR code to go directly to the Parktakes Online Aquatics page.



Fairfax County Park Authority Aquatics offers something for all ages and swimming abilities. Monthly calendars listing pool hours are available at FCPA Rec Centers and online at www.fairfaxcounty.gov/parks.

Follow guidelines when registering

If it has been a month or longer since a student has participated in a swimming lesson, it is suggested that they repeat the previous course completed. If you have any questions about which class is right please contact the aquatics staff at your favorite Rec Center. For safety reasons and to ensure customers get the maximum benefits, the Park Authority reserves the right to remove students from a class and either issue a refund or place them, when possible, in a class that better matches their ability.

Practice and Repetition are keys to success

Each student learns at different speeds. Students often repeat a level several times before developing the endurance and skill proficiency necessary for advancement. Repeating a level does not constitute failure; it is to be expected. Mastering skills takes time, practice and patience.

Combining course levels

When enrollment is low, course levels may be combined to avoid class cancellations.

Pool Health Information

For more information about practicing healthy swim habits, please visit: www.fairfaxcounty.gov/parks/rules/pool/pool-health



Swim Classes for Children

Baby & Me Swim

(6 mos.-18 mos.) Register your baby for this class designed for babies and their parent(s), or other favorite adult who want to learn water adjustment and aquatic skills together in a fun environment. Learn how to enter and exit the water in a safe manner, feel comfortable in the water and explore submerging to the mouth, nose and eyes. Explore buoyancy on front and back, change body position and learn safety information. Two adults may participate with each child. Babies must wear tight-fitting swim diaper and plastic pants under bathing suit.

4AD	6--30 minute lessons--\$96
4AE	7--30 minute lessons--\$111
4AF	8--30 minute lessons--\$127

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9am	665.PB2B	1/4	4AF
CubRunREC	Sa	10:10am	665.A528	1/4	4AF
CubRunREC	Su	9am	665.AA7K	1/5	4AF
CubRunREC	Su	10:10am	665.EQDH	1/5	4AF
CubRunREC	T	10:30am	665.PFLC	1/7	4AF
Franconia Rec	Sa	9am	665.KV2W	1/4	4AF
Franconia Rec	Su	9:35am	665.FJE8	1/5	4AF
GWREC	M	10am	665.BPHG	1/6	4AF
GWREC	W	11:10am	665.LGOU	1/8	4AF
GWREC	Sa	9:05am	665.VIBJ	1/11	4AE
GWREC	Sa	10:15am	665.SIPK	1/11	4AE
OakmontREC	Sa	10am	665.84DL	1/4	4AD
OakmontREC	Su	10am	665.HJOA	1/5	4AF

OakmontREC	F	10:05am	665.PJ79	1/10	4AD
ProvREC	Sa	8:15am	665.VXTE	1/4	4AF
ProvREC	Su	9am	665.JJUX	1/5	4AF
ProvREC	Su	10:50am	665.QB5U	1/5	4AF
SoRunREC	Sa	10:25am	665.3Q4S	1/4	4AF
SoRunREC	Su	11:25am	665.ARIV	1/5	4AF
SoRunREC	M	11:15am	665.U6JO	1/6	4AF
SpHillREC	Sa	9:50am	665.4YK5	1/4	4AE
SpHillREC	Su	10:10am	665.0T1P	1/5	4AE
SpHillREC	M	10:05am	665.EING	1/6	4AF
SpHillREC	Th	6pm	665.E02F	1/9	4AF
SpHillREC	F	10:05am	665.MUXG	1/10	4AF
Wkfld/Moore	Sa	10:10am	665.UCVK	1/4	4AE
Wkfld/Moore	Sa	11:30am	665.07UV	1/4	4AE

Toddler & Me Swim

(19 mos.-2 yrs.) Register your toddler for this class designed for children and their parent(s) or other favorite adult(s) who want to learn water adjustment, basic swimming and safety skills in a fun environment. Up to two adults may participate with each child. Children not toilet trained must wear tight-fitting swim diapers and plastic pants under their bathing suit.

4AD	6--30 minute lessons--\$96
4AE	7--30 minute lessons--\$111
4AF	8--30 minute lessons--\$127

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9:35am	FAB.28SU	1/4	4AF
CubRunREC	Sa	10:10am	FAB.3GQP	1/4	4AF
CubRunREC	Sa	10:45am	FAB.X8ZE	1/4	4AF
CubRunREC	Sa	11:20am	FAB.VAJP	1/4	4AF
CubRunREC	Su	9:35am	FAB.XAKH	1/5	4AF
CubRunREC	Su	10:10am	FAB.S3AF	1/5	4AF
CubRunREC	Su	10:45am	FAB.P458	1/5	4AF
CubRunREC	Su	11:20am	FAB.ZCCG	1/5	4AF
CubRunREC	T	10:30am	FAB.CNP8	1/7	4AF
Franconia Rec	Sa	9:35am	FAB.DNWT	1/4	4AF
Franconia Rec	Sa	10:45am	FAB.4KNW	1/4	4AF
Franconia Rec	Sa	11:55am	FAB.SQ8T	1/4	4AF
Franconia Rec	Su	9am	FAB.RJC6	1/5	4AF
Franconia Rec	Su	10:50am	FAB.Y9JX	1/5	4AF
Franconia Rec	Su	12pm	FAB.MHAT	1/5	4AF
GWREC	M	10:35am	FAB.JOIV	1/6	4AF
GWREC	Sa	9:40am	FAB.AC57	1/11	4AE
GWREC	Sa	10:50am	FAB.KFVS	1/11	4AE
OakmontREC	Sa	10:35am	FAB.L33Y	1/4	4AD
OakmontREC	Sa	11:45am	FAB.31J9	1/4	4AD
OakmontREC	Su	10:35am	FAB.8CJB	1/5	4AF
OakmontREC	Su	11:45am	FAB.QE1J	1/5	4AF
OakmontREC	F	10:05am	FAB.KSSI	1/10	4AD
ProvREC	Sa	8:50am	FAB.6SD0	1/4	4AF
ProvREC	Su	9:35am	FAB.JINM	1/5	4AF
ProvREC	Su	11:25am	FAB.LC4G	1/5	4AF
SoRunREC	Sa	11am	FAB.EFN4	1/4	4AF
SoRunREC	Su	9:40am	FAB.AUSB	1/5	4AF
SoRunREC	W	10:40am	FAB.3DW5	1/8	4AF
SoRunREC	F	11:15am	FAB.4BQL	1/10	4AF
SpHillREC	Sa	10:25am	FAB.MD3C	1/4	4AE
SpHillREC	Sa	11:35am	FAB.NKBS	1/4	4AE
SpHillREC	Su	9:35am	FAB.YMB9	1/5	4AE
SpHillREC	M	6:20pm	FAB.2QUQ	1/6	4AF
SpHillREC	M	10:05am	FAB.FFLZ	1/6	4AF
SpHillREC	Th	6:35pm	FAB.SHQ7	1/9	4AF
SpHillREC	F	10:05am	FAB.BXBN	1/10	4AF
Wkfld/Moore	Sa	9:35am	FAB.SN9J	1/4	4AE
Wkfld/Moore	Sa	10:55am	FAB.QVQW	1/4	4AE
Wkfld/Moore	Sa	12:05pm	FAB.9UJJ	1/4	4AE
Wkfld/Moore	Su	9:35am	FAB.2TAC	1/5	4AE
Wkfld/Moore	Su	10:55am	FAB.4UMY	1/5	4AE
Wkfld/Moore	Su	12:05pm	FAB.8A3P	1/5	4AE

THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

Stay up to date via



Web:

www.fairfaxcounty.gov/parks/parktakes



Social Media:

@FairfaxParks



Join our email list:

www.fairfaxcounty.gov/parks/parktakes



Preschooler & Me Swim

(3-5 yrs.) Register your preschooler for this class designed for children and their parents(s) or other favorite adult(s) who want to learn water adjustment, basic swimming and safety skills in a fun environment. Up to two adults may participate with each child. Children not toilet trained must wear tight-fitting swim diapers and plastic pants. This class is designed especially for children who have limited group social experience and are reluctant to leave their parents. All teaching is done through the adult. Skills: Same as Pee Wee Paddler 1.

4AD	6--30 minute lessons--\$96				
4AE	7--30 minute lessons--\$111				
4AF	8--30 minute lessons--\$127				
Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	10:45am	D6F.L6K2	1/4	4AF
CubRunREC	Su	10:45am	D6F.YUYG	1/5	4AF
Franconia Rec	Sa	11:20am	D6F.VV9A	1/4	4AF
Franconia Rec	Su	10:10am	D6F.QDSM	1/5	4AF
Franconia Rec	Su	11:25am	D6F.W593	1/5	4AF
GWREC	Sa	11:25am	D6F.HHY0	1/11	4AE
OakmontREC	Sa	11:10am	D6F.IFHA	1/4	4AD
OakmontREC	Su	11:10am	D6F.YLOR	1/5	4AF
ProvREC	Sa	9:25am	D6F.ABX3	1/4	4AF
ProvREC	Su	10:10am	D6F.KBM5	1/5	4AF
ProvREC	Su	12pm	D6F.W5FH	1/5	4AF
SoRunREC	Sa	9:35am	D6F.J10C	1/4	4AF
SoRunREC	Su	10:45am	D6F.SSWO	1/5	4AF
SpHillREC	Sa	11am	D6F.9V5E	1/4	4AE
SpHillREC	Su	10:45am	D6F.SB43	1/5	4AE
SpHillREC	M	11:15am	D6F.BU2V	1/6	4AF
SpHillREC	F	4:35pm	D6F.228E	1/10	4AF
Wkfld/Moore	Sa	9am	D6F.SKPF	1/4	4AE
Wkfld/Moore	Sa	12:40pm	D6F.TMBB	1/4	4AE
Wkfld/Moore	Su	9am	D6F.8BYH	1/5	4AE
Wkfld/Moore	Su	10:10am	D6F.VPH9	1/5	4AE
Wkfld/Moore	Su	11:30am	D6F.3LSG	1/5	4AE
Wkfld/Moore	Su	12:40pm	D6F.7S1S	1/5	4AE

One on One Swim Lessons

(3-Adult) Children must leave parent willingly, be comfortable in the water, and be able to follow simple directions. Private swim lessons are a great way to improve swimming skills and water safety techniques of any level. With one-on-one swim lessons, an instructor can spend more time helping overcome obstacles which may require more time or dedication than a standard swim lesson. Lessons are also available for adult swimmers. Senior discount does not apply to these lessons. See website for details and times.



Intro to Pee Wee Paddler

(2.5-3.5 yrs.) Intro to Pee Wee Paddler introduces 2-year 6 month to 3 year 6-month-old children to floating, kicking, paddling, submerging, and water safety skills in a unique setting designed to prepare the child for the next session of Pee Wee Paddler I once they turn 3 years 6 months. This class has a smaller instructor-student ratio with no more than 4 students allowed per instructor. Children must function well in a group setting without a parent. Non-potty-trained participants must wear swim diapers under swimsuit- no disposable or cloth diapers are allowed.

2IP3		8--25 minute lessons--\$127			
Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9:35am	AQI.PA80	1/4	2IP3
CubRunREC	Sa	10:40am	AQI.SXTE	1/4	2IP3
CubRunREC	Su	9:35am	AQI.M7C8	1/5	2IP3
CubRunREC	Su	10:40am	AQI.6M89	1/5	2IP3
SpHillREC	Sa	12pm	AQI.RNMI	1/4	2IP2
SpHillREC	Sa	12:30pm	AQI.5DLB	1/4	2IP2
SpHillREC	Su	11:25am	AQI.9IDP	1/5	2IP2

Pee Wee Paddler 1

(3-5 yrs.) Prerequisite: Child must leave parent willingly, be comfortable in the water, follow directions and function well in a group. When possible, children are grouped by ability. Class emphasizes helping children gain basic aquatic skills including entering and exiting the water safely, blowing bubbles with mouth and nose submerged, submerging under water. With assistance students learn to float and glide on front and back, rolling from front to back and back to front, swimming using arms and legs on front and back at least two body lengths. For safety reasons, flotation devices may be used. Flotation devices are used for all Pee Wee 1 classes at Wakefield/Audrey Moore and Franconia Rec Centers.

4AC	5--30 minute lessons--\$79				
4AD	6--30 minute lessons--\$96				
4AE	7--30 minute lessons--\$111				
4AF	8--30 minute lessons--\$127				
4ANF	8--30 minute lessons--\$196				
Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9am	4EC.ZCHC	1/4	4AF
CubRunREC	Sa	9:35am	4EC.FY25	1/4	4AF
CubRunREC	Sa	10:10am	4EC.3G54	1/4	4AF
CubRunREC	Sa	11:20am	4EC.YSZJ	1/4	4AF
CubRunREC	Su	9am	4EC.VMYP	1/5	4AF
CubRunREC	Su	9:35am	4EC.BROQ	1/5	4AF
CubRunREC	Su	10:10am	4EC.V790	1/5	4AF
CubRunREC	Su	11:20am	4EC.BARB	1/5	4AF
CubRunREC	T	5pm	4EC.SV98	1/7	4AF
CubRunREC	T	11:05am	4EC.YLM5	1/7	4AF
CubRunREC	Th	6:45pm	4EC.EUYN	1/9	4AF
Franconia Rec	Sa	9am	4EC.KQ8I	1/4	4AF
Franconia Rec	Sa	10:10am	4EC.FKHZ	1/4	4AF
Franconia Rec	Sa	12:30pm	4EC.XR27	1/4	4AF
Franconia Rec	Su	9am	4EC.JNHS	1/5	4AF
Franconia Rec	Su	10:50am	4EC.M77L	1/5	4AF
Franconia Rec	Su	12:35pm	4EC.FC9C	1/5	4AF
Franconia Rec	M/W	6pm	4EC.XMPH	1/6	4AF
Franconia Rec	T	6pm	4EC.YDSJ	1/7	4AF
Franconia Rec	Th	6pm	4EC.UQ6Y	1/9	4AF
Franconia Rec	F	5pm	4EC.WPMS	1/31	4AC
Franconia Rec	F	5:35pm	4EC.LEK5	1/31	4AC
Franconia Rec	M/W	6pm	4EC.6QJ4	2/3	4AF
GWREC	M	5:30pm	4EC.CVL1	1/6	4AF
GWREC	T	9:30am	4EC.7NAU	1/7	4AF
GWREC	W	9:30am	4EC.B633	1/8	4AF
GWREC	Th	9:30am	4EC.ZZF7	1/9	4AF

GWREC	Sa	9:05am	4EC.Z27J	1/11	4AE
GWREC	Sa	11:25am	4EC.IBX2	1/11	4AE
GWREC	Su	9:05am	4EC.I25H	1/12	4AE
OakmontREC	Sa	9am	4EC.C98K	1/4	4AD
OakmontREC	Sa	9:35am	4EC.93MU	1/4	4AD
OakmontREC	Sa	10:10am	4EC.LUXE	1/4	4AD
OakmontREC	Sa	11:20am	4EC.HYBC	1/4	4AD
OakmontREC	Sa	12:20pm	4EC.OONI	1/4	4AD
OakmontREC	Su	1:05pm	4EC.IXD7	1/5	4AF
OakmontREC	Su	9am	4EC.AG2G	1/5	4AF
OakmontREC	Su	9:35am	4EC.RGHM	1/5	4AF
OakmontREC	Su	10:10am	4EC.KGME	1/5	4AF
OakmontREC	Su	10:45am	4EC.X5Q7	1/5	4AF
OakmontREC	Su	12:20pm	4EC.234L	1/5	4AF
OakmontREC	M	5:45pm	4EC.TNA8	1/6	4AF
OakmontREC	T	5:40pm	4EC.LQSV	1/7	4AF
OakmontREC	W	5:40pm	4EC.8IB6	1/8	4AF
OakmontREC	Th	5:05pm	4EC.H133	1/9	4AF
OakmontREC	F	9:30am	4EC.VAJE	1/10	4AD
ProvREC	Sa	8:15am	4EC.VUJK	1/4	4AF
ProvREC	Sa	9:25am	4EC.Y8LL	1/4	4AF
ProvREC	Sa	11:40am	4EC.POWO	1/4	4AF
ProvREC	Su	9am	4EC.EW4Y	1/5	4AF
ProvREC	Su	10:10am	4EC.39ED	1/5	4AF
ProvREC	Su	12:25pm	4EC.1FXP	1/5	4AF
ProvREC	M	5:45pm	4EC.WWXZ	1/6	4AD
ProvREC	Th	6pm	4EC.WGK2	1/9	4AF
SoRunREC	Sa	9am	4EC.3LCU	1/4	4AF
SoRunREC	Sa	10:25am	4EC.OBJJ	1/4	4AF
SoRunREC	Sa	11:35am	4EC.K90H	1/4	4AF
SoRunREC	Su	8:30am	4EC.QULZ	1/5	4AF
SoRunREC	Su	9:05am	4EC.7H32	1/5	4AF
SoRunREC	Su	9:40am	4EC.19XO	1/5	4AF
SoRunREC	Su	11am	4EC.OEG3	1/5	4AF
SoRunREC	M/W	6:05pm	4EC.SOB7	1/6	4AF
SoRunREC	M	10:40am	4EC.J3KB	1/6	4AF
SoRunREC	T/Th	6pm	4EC.40QY	1/7	4AF
SoRunREC	W	11:15am	4EC.6X6D	1/8	4AF
SoRunREC	F	1pm	4EC.EJLV	1/10	4AF
SoRunREC	F	10:40am	4EC.S7YZ	1/10	4AF
SoRunREC	F	5:30pm	4EC.0GIS	1/31	4AC
SoRunREC	M/W	6:05pm	4EC.00EK	2/3	4AF
SoRunREC	T/Th	6pm	4EC.T0EX	2/4	4AF
SpHillREC	Sa	9am	4EC.WMIN	1/4	4AE
SpHillREC	Sa	9:35am	4EC.EQ42	1/4	4AE
SpHillREC	Sa	10:10am	4EC.22RT	1/4	4AE
SpHillREC	Sa	10:45am	4EC.4TP8	1/4	4AE
SpHillREC	Sa	11:20am	4EC.LJ8R	1/4	4AE
SpHillREC	Su	9am	4EC.FAHW	1/5	4AE
SpHillREC	Su	10:10am	4EC.EKT2	1/5	4AE
SpHillREC	Su	10:25am	4EC.RH3U	1/5	4AE
SpHillREC	Su	11:20am	4EC.XMD5	1/5	4AE
SpHillREC	M	5:10pm	4EC.4M48	1/6	4AF
SpHillREC	T	4:35pm	4EC.00I8	1/7	4AF
SpHillREC	W	4pm	4EC.RZXX	1/8	4AF
SpHillREC	W	7:10pm	4EC.7WLP	1/8	4AF
SpHillREC	Th	6pm	4EC.IQ9A	1/9	4AF
SpHillREC	F	6pm	4EC.8SVA	1/31	4AC
Wkfld/Moore	Sa	9am	4EC.TTDW	1/4	4AE
Wkfld/Moore	Sa	10:25am	4EC.XUDZ	1/4	4AE
Wkfld/Moore	Sa	12:35pm	4EC.FEOP	1/4	4AE
Wkfld/Moore	Su	9am	4EC.S9D3	1/5	4AE
Wkfld/Moore	Su	10:25am	4EC.6EDT	1/5	4AE
Wkfld/Moore	Su	12:35pm	4EC.24W5	1/5	4AE
Wkfld/Moore	M/W	6pm	4EC.L18A	1/6	4AE
Wkfld/Moore	M/W	6:35pm	4EC.T67V	1/6	4AE
Wkfld/Moore	T	6pm	4EC.LR3Z	1/7	4AF
Wkfld/Moore	T	6:35pm	4EC.UCY8	1/7	4AF
Wkfld/Moore	Th	6pm	4EC.07WD	1/9	4AF
Wkfld/Moore	Th	6:35pm	4EC.4VZZ	1/9	4AF
Wkfld/Moore	M/W	5:30pm	4EC.ITRP	2/3	4AE
Wkfld/Moore	M/W	6:05pm	4EC.8BUA	2/3	4AE
SpHillREC	F	4pm	33C.0K16	1/10	4ANF
SpHillREC	F	9:30am	33C.YOLT	1/10	4ANF

Pee Wee Paddler 1 en Espanol

(3-5 años) Prerrequisito: El niño debe dejar a sus padres voluntariamente, sentirse cómodo en el agua, seguir instrucciones y funcionar bien en grupo. Cuando es posible, los niños se agrupan por habilidad. La clase enfatiza ayudar a los niños a adquirir habilidades acuáticas básicas, incluida la entrada y salida del agua de manera segura, soplar burbujas con la boca y la nariz sumergidas, sumergirse bajo el agua. Con ayuda, los estudiantes aprenden a flotar y deslizarse hacia adelante y hacia atrás, rodando de adelante hacia atrás y de atrás hacia adelante, nadando usando brazos y piernas en la parte delantera y trasera al menos dos longitudes corporales. Por razones de seguridad, se pueden utilizar dispositivos de flotación. Los dispositivos de flotación se utilizan para todas las clases de Pee Wee 1 en los Centros Recreativos Audrey Moore y Franconia.

4AE 7--30 minute lessons--\$111
4AF 8--30 minute lessons--\$127

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	9am	3ZN.JMD6	1/4	4AE
Wkfld/Moore	Su	9am	3ZN.WXH4	1/5	4AE
Wkfld/Moore	T	6pm	3ZN.SCAA	1/7	4AF

Pee Wee Paddler 2

(3-5 yrs.) Prerequisites: Pee Wee Paddler 1 or equivalent skill proficiency. Class emphasizes helping children increase independence in their skill performance while continuing to increase comfort in the water. Skills include bobbing, floating and gliding on front and back with and without assistance, swimming on front and back at least three body lengths with and without assistance. Flotation devices may be used.

4AC 5--30 minute lessons--\$79
4AD 6--30 minute lessons--\$96
4AE 7--30 minute lessons--\$111
4AF 8--30 minute lessons--\$127
4ANE 7--30 minute lessons--\$172
4ANF 8--30 minute lessons--\$196

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9am	7D6.WKJB	1/4	4AF
CubRunREC	Sa	9:35am	7D6.U007	1/4	4AF
CubRunREC	Sa	10:45am	7D6.H30F	1/4	4AF
CubRunREC	Sa	11:20am	7D6.W1JS	1/4	4AF
CubRunREC	Su	9am	7D6.7UL5	1/5	4AF
CubRunREC	Su	9:35am	7D6.07AM	1/5	4AF
CubRunREC	Su	10:45am	7D6.KTNR	1/5	4AF
CubRunREC	Su	11:20am	7D6.Y948	1/5	4AF
CubRunREC	T	5:35pm	7D6.5P9E	1/7	4AF
CubRunREC	T	6:45pm	7D6.M09P	1/7	4AF
CubRunREC	T	11:40am	7D6.99A6	1/7	4AF
CubRunREC	T	12:50pm	7D6.EA0S	1/7	4AF
Franconia Rec	Sa	9am	7D6.QASJ	1/4	4AF
Franconia Rec	Sa	9:35am	7D6.M6DB	1/4	4AF
Franconia Rec	Sa	12:30pm	7D6.TNTG	1/4	4AF
Franconia Rec	Su	9am	7D6.FNRA	1/5	4AF
Franconia Rec	Su	9:35am	7D6.6E3B	1/5	4AF
Franconia Rec	M/W	6pm	7D6.ZDB9	1/6	4AF
Franconia Rec	T	6pm	7D6.FUM9	1/7	4AF
Franconia Rec	Th	6pm	7D6.EA7Y	1/9	4AF
Franconia Rec	F	5pm	7D6.QRU8	1/31	4AC
Franconia Rec	M/W	6pm	7D6.BLMZ	2/3	4AF
GWREC	M	6:05pm	7D6.4F2Y	1/6	4AF
GWREC	T	1:30pm	7D6.5EMF	1/7	4AF
GWREC	T	10:05am	7D6.P0D5	1/7	4AF
GWREC	W	1:30pm	7D6.50RL	1/8	4AF
GWREC	W	10:05am	7D6.KE7S	1/8	4AF
GWREC	Th	1:30pm	7D6.H780	1/9	4AF
GWREC	Th	10:05am	7D6.30SI	1/9	4AF
GWREC	Sa	9:40am	7D6.Z3NO	1/11	4AE



GWREC	Sa	10:50am	7D6.2SDC	1/11	4AE
GWREC	Su	9:40am	7D6.PV00	1/12	4AE
OakmontREC	Sa	9am	7D6.IEKU	1/4	4AD
OakmontREC	Sa	9:35am	7D6.TBAN	1/4	4AD
OakmontREC	Sa	11:55am	7D6.C5WE	1/4	4AD
OakmontREC	Sa	12:40pm	7D6.GIA4	1/4	4AD
OakmontREC	Su	9am	7D6.Y1FP	1/5	4AF
OakmontREC	Su	9:35am	7D6.3TZA	1/5	4AF
OakmontREC	Su	11:20am	7D6.ABOH	1/5	4AF
OakmontREC	Su	12:30pm	7D6.09ZA	1/5	4AF
OakmontREC	Su	12:55pm	7D6.7X0G	1/5	4AF
OakmontREC	M	6:20pm	7D6.G7B6	1/6	4AF
OakmontREC	T	5:05pm	7D6.IY3L	1/7	4AF
OakmontREC	T	5:40pm	7D6.4N8A	1/7	4AF
OakmontREC	W	5:40pm	7D6.FZWV	1/8	4AF
OakmontREC	Th	5:40pm	7D6.90QQ	1/9	4AF
OakmontREC	F	10:40am	7D6.NASY	1/10	4AD
ProvREC	Sa	8:50am	7D6.U356	1/4	4AF
ProvREC	Sa	9:25am	7D6.0LPZ	1/4	4AF
ProvREC	Sa	12:15pm	7D6.XHYD	1/4	4AF
ProvREC	Su	9am	7D6.WJJU	1/5	4AF
ProvREC	Su	9:35am	7D6.00NP	1/5	4AF
ProvREC	M	5:45pm	7D6.2Y3S	1/6	4AD
ProvREC	W	6pm	7D6.IHKS	1/8	4AF
ProvREC	Th	6:35pm	7D6.XMBK	1/9	4AF
SoRunREC	Sa	9am	7D6.XHGH	1/4	4AF
SoRunREC	Sa	9:50am	7D6.G5CY	1/4	4AF
SoRunREC	Sa	11am	7D6.96JS	1/4	4AF
SoRunREC	Su	9:05am	7D6.YXHV	1/5	4AF
SoRunREC	Su	10:10am	7D6.8H9J	1/5	4AF
SoRunREC	Su	11:05am	7D6.KDF9	1/5	4AF
SoRunREC	M/W	6:40pm	7D6.PL9X	1/6	4AF
SoRunREC	M	10:05am	7D6.OPGU	1/6	4AF

SoRunREC	T/Th	6:35pm	7D6.936D	1/7	4AF
SoRunREC	W	10:05am	7D6.RWD3	1/8	4AF
SoRunREC	F	1:35pm	7D6.UL4Q	1/10	4AF
SoRunREC	F	10:05am	7D6.9XHD	1/10	4AF
SoRunREC	F	5:30pm	7D6.H731	1/31	4AC
SoRunREC	F	6:05pm	7D6.VSE8	1/31	4AC
SoRunREC	M/W	6:40pm	7D6.IIRX	2/3	4AF
SoRunREC	T/Th	6:35pm	7D6.4AZH	2/4	4AF
SpHillREC	Sa	9am	7D6.X319	1/4	4AE
SpHillREC	Sa	9:35am	7D6.A7BX	1/4	4AE
SpHillREC	Sa	10:10am	7D6.860Y	1/4	4AE
SpHillREC	Sa	11:20am	7D6.OYJ1	1/4	4AE
SpHillREC	Su	9:35am	7D6.FHRB	1/5	4AE
SpHillREC	Su	10:45am	7D6.5RZP	1/5	4AE
SpHillREC	Su	11:55am	7D6.XPN2	1/5	4AE
SpHillREC	M	4:35pm	7D6.RWYP	1/6	4AF
SpHillREC	T	4:50pm	7D6.NSH4	1/7	4AF
SpHillREC	W	4:35pm	7D6.QBQB	1/8	4AF
SpHillREC	Th	4:50pm	7D6.QRTI	1/9	4AF
SpHillREC	F	4:35pm	7D6.JWGI	1/10	4AF
Wkfld/Moore	Sa	9am	7D6.VCGJ	1/4	4AE
Wkfld/Moore	Sa	10:25am	7D6.GFH8	1/4	4AE
Wkfld/Moore	Su	9am	7D6.RY54	1/5	4AE
Wkfld/Moore	Su	10:25am	7D6.UCHL	1/5	4AE
Wkfld/Moore	M/W	6pm	7D6.A7KI	1/6	4AE
Wkfld/Moore	M/W	6:35pm	7D6.DAVV	1/6	4AE
Wkfld/Moore	T	6pm	7D6.5779	1/7	4AF
Wkfld/Moore	T	6:35pm	7D6.BW1S	1/7	4AF
Wkfld/Moore	Th	6:35pm	7D6.1HNW	1/9	4AF
Wkfld/Moore	Th	6:35pm	7D6.R7PE	1/9	4AF
Wkfld/Moore	M/W	5:30pm	7D6.J4OW	2/3	4AE
Wkfld/Moore	M/W	5:30pm	7D6.VQK4	2/3	4AE
Wkfld/Moore	M/W	6:05pm	7D6.B36G	2/3	4AE
SpHillREC	F	10:40am	591.VCFM	1/10	4ANF
Wkfld/Moore	Sa	9am	591.F650	1/4	4ANE
Wkfld/Moore	Su	9am	591.T2H9	1/5	4ANE

Swim with Santa!

Sunday, December 15

Celebrate the holiday season with a festive-themed pool party and the opportunity to swim with Santa!

- 3 - 4 p.m. for children ages 1-6
- 4:30 - 5:30 p.m. for children ages 7-12
- \$10 per child

www.fairfaxcounty.gov/parks/reccenter/spring-hill

SPRING HILL Rec CENTER
 1239 Spring Hill Road, McLean

Pee Wee Paddler 2 en Espanol

(3-5 años) Requisitos previos: Pee Wee Paddler 1 o dominio de habilidades equivalentes. La clase enfatiza ayudar a los niños a aumentar la independencia en el desempeño de sus habilidades mientras continúan aumentando la comodidad en el agua. Las habilidades incluyen balancearse, flotar y deslizarse hacia adelante y hacia atrás con y sin ayuda, nadar hacia adelante y hacia atrás al menos tres longitudes de cuerpo con y sin ayuda. Se pueden utilizar dispositivos de flotación.

4AE	7--30 minute lessons--\$111
4AF	8--30 minute lessons--\$127

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	10:55am	E3T.JMNE	1/4	4AE
Wkfld/Moore	Sa	12:35pm	E3T.RAKS	1/4	4AE
Wkfld/Moore	Su	10:25am	E3T.ZQVD	1/5	4AE
Wkfld/Moore	Su	12:35pm	E3T.ED9M	1/5	4AE
Wkfld/Moore	T	6:35pm	E3T.TGZE	1/7	4AF

Pee Wee Paddler 3

(4-6 yrs.) Prerequisites: Pee Wee II or equivalent skill proficiency. Class emphasizes helping children gain basic swimming propulsive skills and increase endurance and distance without assistance or using flotation devices. Skills include jumping in chest deep water, submerging and holding breath five seconds, bobbing, treading water, swimming front crawl 10 yards, and on back five yards.

4AC	5--30 minute lessons--\$79
4AD	6--30 minute lessons--\$96
4AE	7--30 minute lessons--\$111
4AF	8--30 minute lessons--\$127
4ANE	7--30 minute lessons--\$172
4ANF	8--30 minute lessons--\$196

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9am	E4E.4F80	1/4	4AF
CubRunREC	Sa	9:35am	E4E.Y6WG	1/4	4AF
CubRunREC	Sa	10:10am	E4E.VVIE	1/4	4AF
CubRunREC	Sa	10:45am	E4E.7X5W	1/4	4AF
CubRunREC	Sa	11:20am	E4E.ESR8	1/4	4AF
CubRunREC	Su	9am	E4E.8A99	1/5	4AF
CubRunREC	Su	9:35am	E4E.9JFO	1/5	4AF
CubRunREC	Su	10:10am	E4E.ACNP	1/5	4AF
CubRunREC	Su	10:45am	E4E.TCNP	1/5	4AF
CubRunREC	Su	11:20am	E4E.MSAC	1/5	4AF
CubRunREC	T	6:10pm	E4E.X9D5	1/7	4AF
CubRunREC	T	12:15pm	E4E.YFK4	1/7	4AF
CubRunREC	Th	6:10pm	E4E.SSQM	1/9	4AF
Franconia Rec	Sa	9:35am	E4E.PDFQ	1/4	4AF
Franconia Rec	Sa	10:10am	E4E.77AP	1/4	4AF
Franconia Rec	Sa	12:30pm	E4E.LTFE	1/4	4AF
Franconia Rec	Su	9am	E4E.2RXV	1/5	4AF
Franconia Rec	Su	10:10am	E4E.BS55	1/5	4AF
Franconia Rec	M/W	6pm	E4E.GRXH	1/6	4AF
Franconia Rec	F	5:35pm	E4E.8476	1/31	4AC
Franconia Rec	M/W	6pm	E4E.U6XV	2/3	4AF
GWREC	M	6:40pm	E4E.RIDX	1/6	4AF
GWREC	T	2:05pm	E4E.E0VD	1/7	4AF
GWREC	T	10:40am	E4E.VUGY	1/7	4AF
GWREC	W	2:05pm	E4E.IYV7	1/8	4AF
GWREC	W	10:40am	E4E.XTQS	1/8	4AF
GWREC	Th	2:05pm	E4E.FOVP	1/9	4AF
GWREC	Th	10:40am	E4E.8695	1/9	4AF
GWREC	Sa	9am	E4E.FP9T	1/11	4AE
GWREC	Sa	10:15am	E4E.7QRV	1/11	4AE
GWREC	Su	10:15am	E4E.2DIU	1/12	4AE
OakmontREC	Sa	10:10am	E4E.L29D	1/4	4AD
OakmontREC	Sa	10:45am	E4E.GVGS	1/4	4AD
OakmontREC	Sa	12:30pm	E4E.S4Y1	1/4	4AD
OakmontREC	Su	1pm	E4E.SJX6	1/5	4AF

OakmontREC	Su	10:10am	E4E.ZJGE	1/5	4AF
OakmontREC	Su	11:55am	E4E.00SL	1/5	4AF
OakmontREC	Su	12:25pm	E4E.ONI9	1/5	4AF
OakmontREC	M	5:45pm	E4E.FC26	1/6	4AF
OakmontREC	T	6:15pm	E4E.NSUQ	1/7	4AF
OakmontREC	W	6:15pm	E4E.ZZET	1/8	4AF
OakmontREC	Th	6:15pm	E4E.SE4F	1/9	4AF
ProvREC	Sa	8:15am	E4E.6KS3	1/4	4AF
ProvREC	Sa	8:50am	E4E.OV67	1/4	4AF
ProvREC	Su	9:35am	E4E.B1IX	1/5	4AF
ProvREC	Su	10:10am	E4E.SIVK	1/5	4AF
ProvREC	T	6pm	E4E.P4HV	1/7	4AF
ProvREC	W	6:35pm	E4E.BSN2	1/8	4AF
ProvREC	Th	7:10pm	E4E.2R86	1/9	4AF
SoRunREC	Sa	9:50am	E4E.O9JD	1/4	4AF
SoRunREC	Sa	11:50am	E4E.QSPK	1/4	4AF
SoRunREC	Su	8:30am	E4E.P08M	1/5	4AF
SoRunREC	Su	10:50am	E4E.3MPU	1/5	4AF
SoRunREC	Su	11:35am	E4E.0TOO	1/5	4AF
SoRunREC	M/W	6pm	E4E.DNWF	1/6	4AF
SoRunREC	M	9:30am	E4E.7N92	1/6	4AF
SoRunREC	T/Th	7:10pm	E4E.KEOP	1/7	4AF
SoRunREC	W	9:30am	E4E.SNPP	1/8	4AF
SoRunREC	F	2:10pm	E4E.NH50	1/10	4AF
SoRunREC	F	9:30am	E4E.NW00	1/10	4AF
SoRunREC	F	6:40pm	E4E.WFQK	1/31	4AC
SoRunREC	M/W	6pm	E4E.PPLG	2/3	4AF
SoRunREC	T/Th	7:10pm	E4E.NZ2Z	2/3	4AF
SpHillREC	Sa	9am	E4E.6EA6	1/4	4AE
SpHillREC	Sa	10:25am	E4E.8VPK	1/4	4AE
SpHillREC	Su	9am	E4E.98AT	1/5	4AE
SpHillREC	Su	12:30pm	E4E.UL75	1/5	4AE
SpHillREC	M	4:35pm	E4E.4H16	1/6	4AF
SpHillREC	M	5:25pm	E4E.6SB9	1/6	4AF
SpHillREC	T	5:25pm	E4E.JBY3	1/7	4AF
SpHillREC	W	4:35pm	E4E.7C7X	1/8	4AF
SpHillREC	Th	5:25pm	E4E.8CKH	1/9	4AF
SpHillREC	F	5:10pm	E4E.VAQE	1/10	4AF
Wkfld/Moore	Sa	9am	E4E.NSX8	1/4	4AE
Wkfld/Moore	Sa	10:25am	E4E.TJOW	1/4	4AE
Wkfld/Moore	Su	9am	E4E.87LO	1/5	4AE
Wkfld/Moore	Su	10:25am	E4E.PWQ4	1/5	4AE
Wkfld/Moore	M/W	6pm	E4E.8FV5	1/6	4AE
Wkfld/Moore	M/W	6:35pm	E4E.PKZ8	1/6	4AE
Wkfld/Moore	Th	6pm	E4E.HKNC	1/7	4AF
Wkfld/Moore	T	6:35pm	E4E.RY8H	1/7	4AF
Wkfld/Moore	M/W	5:30pm	E4E.1T2A	2/3	4AE
Wkfld/Moore	M/W	6:05pm	E4E.IN6A	2/3	4AE
CubRunREC	M	5:35pm	667.33NS	1/6	4ANF
CubRunREC	M	7:20pm	667.05T4	1/6	4ANF
SpHillREC	Sa	11am	667.G6VB	1/4	4ANE
SpHillREC	T	4:15pm	667.8VX0	1/7	4ANF
SpHillREC	Th	4:35pm	667.J205	1/9	4ANF
SpHillREC	F	4pm	667.C2G9	1/10	4ANF
Wkfld/Moore	Sa	12:25pm	667.YFE3	1/4	4ANE
Wkfld/Moore	Su	12:35pm	667.CKYK	1/5	4ANE

Pee Wee Paddler 3 en Espanol

(4-6 años) Requisitos previos: Pee Wee 2 o dominio de habilidades equivalentes. La clase enfatiza ayudar a los niños a adquirir habilidades básicas de propulsión de natación y aumentar la resistencia y la distancia sin ayuda ni usar dispositivos de flotación. Las habilidades incluyen saltar en agua hasta el pecho, sumergirse y contener la respiración durante cinco segundos, balancearse, pisar el agua, nadar crol 10 yardas y boca arriba cinco yardas.

4AE	7--30 minute lessons--\$111
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Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	12pm	QPS.BVYE	1/4	4AE
Wkfld/Moore	Su	12pm	QPS.GSXX	1/5	4AE

Pee Wee Paddler 4

(4-6 yrs.) Prerequisite: Pee Wee Paddler 3 or equivalent skill proficiency. Class emphasizes helping students continue to improve their endurance and water treading skills, front crawl and back strokes. Skills include swimming front crawl 15 yards, elementary backstroke and back crawl five yards, diving (sitting and kneeling) from side of pool in deep water and treading water for 20 seconds.

4AD	6--30 minute lessons--\$96
4AE	7--30 minute lessons--\$111
4AF	8--30 minute lessons--\$127
4ANE	7--30 minute lessons--\$172
4ANF	8--30 minute lessons--\$196

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9:35am	198.BYKX	1/4	4AF
CubRunREC	Sa	11am	198.XV34	1/4	4AF
CubRunREC	Su	9:35am	198.PSU7	1/5	4AF
CubRunREC	Su	11am	198.9TD0	1/5	4AF
CubRunREC	T	5:35pm	198.HKDM	1/7	4AF
CubRunREC	T	12:50pm	198.CV05	1/7	4AF
Franconia Rec	Sa	10:10am	198.3QAE	1/4	4AF
Franconia Rec	Su	11:25am	198.6ARN	1/5	4AF
Franconia Rec	M/W	6:35pm	198.QNA6	1/6	4AF
Franconia Rec	M/W	6:35pm	198.TGAJ	2/3	4AF
GWREC	M	7:15pm	198.1QL1	1/6	4AF
GWREC	T	2:45pm	198.355N	1/7	4AF
GWREC	W	2:40pm	198.983E	1/8	4AF
GWREC	Sa	9am	198.S719	1/11	4AE
GWREC	Su	11:35am	198.3L3Z	1/12	4AE
OakmontREC	Sa	9am	198.U9U7	1/4	4AD
OakmontREC	Sa	11:30am	198.7KNP	1/4	4AD
OakmontREC	Su	1pm	198.JL2J	1/5	4AF
OakmontREC	Su	9am	198.YOPA	1/5	4AF
OakmontREC	M	6:20pm	198.TCJ3	1/6	4AF
OakmontREC	T	6:15pm	198.STB1	1/7	4AF
OakmontREC	W	6:15pm	198.NW50	1/8	4AF
OakmontREC	Th	5:40pm	198.EHVI	1/9	4AF
ProvREC	Sa	11:40am	198.79CW	1/4	4AF
ProvREC	Su	12:30pm	198.IFNM	1/5	4AF
ProvREC	T	6pm	198.M3K6	1/7	4AF
SoRunREC	Sa	11:40am	198.QG8B	1/4	4AF
SoRunREC	Su	10:15am	198.5Y3L	1/5	4AF
SoRunREC	Su	11:20am	198.RYVW	1/5	4AF
SoRunREC	T/Th	7:45pm	198.MPXI	1/7	4AF
SoRunREC	F	2:45pm	198.MKBA	1/10	4AF
SoRunREC	T/Th	7:45pm	198.XE2D	2/4	4AF
SpHillREC	Sa	10:45am	198.NJ77	1/4	4AE
SpHillREC	Su	9:50am	198.T23R	1/5	4AE
SpHillREC	Su	11:55am	198.PUNB	1/5	4AE
SpHillREC	M	5:45pm	198.SWKN	1/6	4AF
SpHillREC	M	6pm	198.WBBV	1/6	4AF
SpHillREC	W	5:10pm	198.X8WX	1/8	4AF
Wkfld/Moore	Sa	12pm	198.JMU7	1/4	4AE
Wkfld/Moore	Su	12pm	198.0385	1/5	4AE
Wkfld/Moore	M/W	6pm	198.AIGA	1/6	4AE
Wkfld/Moore	M/W	6:35pm	198.UXQ3	1/6	4AE
Wkfld/Moore	T	6pm	198.Q02U	1/7	4AF
Wkfld/Moore	Th	6:35pm	198.JN1Z	1/9	4AF
Wkfld/Moore	M/W	5:30pm	198.40GT	2/3	4AE
Wkfld/Moore	M/W	6:05pm	198.P22K	2/3	4AE
CubRunREC	M	6:45pm	9DB.Q498	1/6	4ANF
CubRunREC	W	5:35pm	9DB.2GGZ	1/8	4ANF
SpHillREC	Sa	12:30pm	9DB.BWUJ	1/4	4ANE
Wkfld/Moore	Sa	9am	9DB.Z7UH	1/4	4ANE
Wkfld/Moore	Sa	12:25pm	9DB.3BGN	1/4	4ANE
Wkfld/Moore	Su	9am	9DB.2TIF	1/5	4ANE
Wkfld/Moore	Su	12:25pm	9DB.XRXH	1/5	4ANE

Pee Wee Paddler 5

(4-6 yrs.) Prerequisite: Pee Wee Paddler 4 or equivalent skill proficiency. Class emphasizes helping students improve their swimming stroke mechanics and increase endurance. Skills include swimming front crawl and elementary backstroke 25 yards, back crawl 15 yards, breaststroke 10 yards, standing dives in deep water and treading water for 20 seconds.

4AC	5--30 minute lessons--\$79
4AD	6--30 minute lessons--\$96
4AE	7--30 minute lessons--\$111
4AF	8--30 minute lessons--\$127
4ANE	7--30 minute lessons--\$172
4ANF	8--30 minute lessons--\$196

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9am	631.5IUU	1/4	4AF
CubRunREC	Sa	11:35am	631.8ONP	1/4	4AF
CubRunREC	Su	9am	631.35Z3	1/5	4AF
CubRunREC	Su	11:35am	631.K9HB	1/5	4AF
CubRunREC	T	6:10pm	631.1GOK	1/7	4AF
Franconia Rec	Su	12pm	631.33B8	1/5	4AF
GWREC	Sa	9:35am	631.JIRH	1/11	4AE
GWREC	Su	12:30pm	631.91PI	1/11	4AE
OakmontREC	Sa	9:35am	631.Z100	1/4	4AD
OakmontREC	Sa	12:05pm	631.JI3C	1/4	4AD
OakmontREC	Su	9:35am	631.BQYS	1/5	4AF
OakmontREC	Th	6:15pm	631.HOAN	1/9	4AF
ProvREC	Sa	12:15pm	631.U5TK	1/4	4AF
SpHillREC	Sa	11:55am	631.51D2	1/4	4AE
SpHillREC	Su	12:30pm	631.8JD6	1/5	4AE
SpHillREC	M	6:35pm	631.6C7S	1/6	4AF
SpHillREC	Th	6:35pm	631.VWC2	1/9	4AF
SpHillREC	Th	8pm	631.8CZD	1/9	4AF
SpHillREC	F	5:45pm	631.V7UB	1/31	4AC
Wkfld/Moore	Sa	12pm	631.TJQA	1/4	4AE
Wkfld/Moore	Su	12pm	631.YIUL	1/5	4AE
CubRunREC	M	6:10pm	166.6FTZ	1/6	4ANF
SpHillREC	Sa	11:55am	166.BQL1	1/4	4ANE

Pee Wee Paddler 6

(4-7 yrs.) Prerequisite: Pee Wee Paddler 5 or equivalent skill proficiency. Class emphasizes improving swimming stroke proficiency and endurance. Skills include swimming front crawl, back crawl, elementary backstroke and breaststroke 25 yards, butterfly stroke 10 yards, and treading water for 30 seconds.

4AC	5--30 minute lessons--\$79
4AD	6--30 minute lessons--\$96
4AE	7--30 minute lessons--\$111
4AF	8--30 minute lessons--\$127
4ANF	8--30 minute lessons--\$196

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	10am	FC3.RTE8	1/4	4AF
CubRunREC	Su	10am	FC3.P290	1/5	4AF
Franconia Rec	Su	12:35pm	FC3.KSMX	1/5	4AF
GWREC	Su	1:05pm	FC3.2RYP	1/12	4AE
OakmontREC	Sa	10:10am	FC3.JQJK	1/4	4AD
OakmontREC	Su	10:10am	FC3.3FI2	1/5	4AF
OakmontREC	Su	12:25pm	FC3.YRIS	1/5	4AF
SpHillREC	Sa	12:30pm	FC3.4JBT	1/4	4AE
SpHillREC	W	6:35pm	FC3.5LRO	1/8	4AF
SpHillREC	Th	7:10pm	FC3.0UDZ	1/9	4AF
SpHillREC	F	7:10pm	FC3.2119	1/31	4AC
Wkfld/Moore	Sa	12:35pm	FC3.RJXY	1/4	4AE
Wkfld/Moore	Su	12:35pm	FC3.169D	1/5	4AE
CubRunREC	W	6:10pm	F47.B466	1/8	4ANF

Intro to Swimming for Children

(5-8 yrs.) Prerequisite: Children must be able to function in a group setting. Class emphasizes helping participants gain basic swimming and water safety skills and overcome fear of water. Skills include entering and exiting water safely, blowing bubbles through mouth and nose. With assistance students learn to float on front and back, glide on front and back, roll over from front to back and back to front and swim at

least two body lengths on front and back using arms and legs.

4AF 8--30 minute lessons--\$127

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	10:05am	DYK.WS71	1/4	4AF
CubRunREC	Sa	11:15am	DYK.HHZM	1/4	4AF
CubRunREC	Sa	9am	DYK.U2W3	1/4	4AF
CubRunREC	Su	9am	DYK.990K	1/5	4AF
CubRunREC	Su	10:05am	DYK.HESF	1/5	4AF
CubRunREC	Su	11:15am	DYK.2QW1	1/5	4AF
SpHillREC	Sa	11:55am	DYK.R3PL	1/4	4AE
SpHillREC	Su	11:55am	DYK.RW0J	1/5	4AE
SpHillREC	Su	12:30pm	DYK.74D9	1/5	4AE

Swimming 1 for Children

(6-12 yrs.) Prerequisite: Children must be able to function in a group setting. Class emphasizes helping participants gain basic swimming and water safety skills and overcome fear of water. Skills include entering and exiting water safely, blowing bubbles through mouth and nose. With assistance students learn to float on front and back, glide on front and back, roll over from front to back and back to front and swim at least two body lengths on front and back using arms and legs.

4AM	5--45 minute lessons--\$81
4AN	6--45 minute lessons--\$96
4AO	7--45 minute lessons--\$112
4AP	8--45 minute lessons--\$130
4APE	7--45 minute lessons--\$185
4APF	8--45 minute lessons--\$211

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9am	48D.NDHN	1/4	4AP
CubRunREC	Sa	9:50am	48D.R0SD	1/4	4AP
CubRunREC	Sa	10:40am	48D.V59W	1/4	4AP
CubRunREC	Su	9am	48D.2KRS	1/5	4AP
CubRunREC	Su	9:50am	48D.V8M3	1/5	4AP
CubRunREC	Su	10:40am	48D.DEXZ	1/5	4AP
CubRunREC	T	6:10pm	48D.E2L3	1/7	4AP
CubRunREC	Th	5:35pm	48D.FA91	1/9	4AP
Franconia Rec	Sa	10:45am	48D.A3G0	1/4	4AP
Franconia Rec	Sa	11:40am	48D.9C26	1/4	4AP
Franconia Rec	Su	9:35am	48D.4TPC	1/5	4AP
Franconia Rec	Su	11:20am	48D.B7FP	1/5	4AP
Franconia Rec	M/W	6:35pm	48D.KUCA	1/6	4AP
Franconia Rec	T	6:35pm	48D.HKSU	1/7	4AP
Franconia Rec	Th	6:35pm	48D.7TSQ	1/9	4AP
Franconia Rec	F	6:10pm	48D.WGM5	1/31	4AM
Franconia Rec	M/W	6:35pm	48D.AAW8	2/3	4AP
GWREC	W	5:30pm	48D.S138	1/8	4AP
GWREC	Sa	9:35am	48D.UKEU	1/11	4AO
GWREC	Su	9:05am	48D.2BJJ	1/12	4AO
OakmontREC	Sa	9am	48D.HRXJ	1/4	4AN
OakmontREC	Sa	11:35am	48D.N6T5	1/4	4AN
OakmontREC	Su	9am	48D.72J3	1/5	4AP
OakmontREC	Su	10:45am	48D.8KFR	1/5	4AP
OakmontREC	M	6:55pm	48D.CC4Z	1/6	4AP
OakmontREC	T	6:50pm	48D.H1KT	1/7	4AP
OakmontREC	W	6:50pm	48D.LUHT	1/8	4AP
OakmontREC	Th	6:50pm	48D.KPAF	1/9	4AP
ProvREC	Sa	10am	48D.JINP	1/4	4AP
ProvREC	Sa	10:50am	48D.2Q4W	1/4	4AP
ProvREC	Su	10:45am	48D.N7SE	1/5	4AP
ProvREC	M	6:20pm	48D.OV15	1/6	4AN
ProvREC	W	6pm	48D.S1E1	1/8	4AP
ProvREC	Th	6pm	48D.6TVK	1/9	4AP
SoRunREC	Sa	9am	48D.JBJL	1/4	4AP
SoRunREC	Sa	10:10am	48D.EUWD	1/4	4AP
SoRunREC	Su	9:20am	48D.82D4	1/5	4AP
SoRunREC	M/W	6:35pm	48D.4T9U	1/6	4AP
SoRunREC	T/Th	6pm	48D.CPTL	1/7	4AP

Keep Swimming at Oakmont's Swim Clinics



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www.fairfaxcounty.gov/parks/reccenter/oakmont



**OAKMONT
REC CENTER**

Aquatics

SoRunREC	M/W	6:35pm	48D.13PN	2/3	4AP
SoRunREC	T/Th	6pm	48D.WFMH	2/4	4AP
SpHillREC	Sa	9am	48D.VYIT	1/4	4AO
SpHillREC	Sa	12:10pm	48D.ZYGZ	1/4	4AO
SpHillREC	Su	9am	48D.QY9X	1/5	4AO
SpHillREC	Su	11am	48D.TBDW	1/5	4AO
SpHillREC	M	5:10pm	48D.1NRA	1/6	4AP
SpHillREC	T	6:50pm	48D.F8SR	1/7	4AP
SpHillREC	Th	5:10pm	48D.14M3	1/9	4AP
SpHillREC	Th/F	6:20pm	48D.WRHO	1/31	4AM
Wkfld/Moore	Sa	9:35am	48D.HVAB	1/4	4AO
Wkfld/Moore	Sa	11:10am	48D.HOXK	1/4	4AO
Wkfld/Moore	Su	3pm	48D.DXH1	1/5	4AO
Wkfld/Moore	Su	9:35am	48D.OVH6	1/5	4AO
Wkfld/Moore	Su	9:35am	48D.VQLC	1/5	4AO
Wkfld/Moore	Su	11:10am	48D.XLOK	1/5	4AO
Wkfld/Moore	M/W	7:15pm	48D.EOLC	1/6	4AO
Wkfld/Moore	T	7:10pm	48D.JLUY	1/7	4AP
Wkfld/Moore	Th	7:10pm	48D.L93H	1/9	4AP
Wkfld/Moore	M/W	6:45pm	48D.5FND	2/3	4AO
CubRunREC	M	7:15pm	E21.PRTY	1/6	4APF
CubRunREC	W	6:10pm	E21.RM14	1/8	4APF
Wkfld/Moore	Sa	9:35am	E21.XCW6	1/4	4APE
Wkfld/Moore	Su	9:35am	E21.GYF2	1/5	4APE

Swimming 1 for Children en Espanol

(6-12 años) Prerequisite: Los niños deben ser capaces de funcionar en un entorno grupal. La clase enfatiza ayudar a los participantes a adquirir habilidades básicas de natación y seguridad en el agua y a superar el miedo al agua. Las habilidades incluyen entrar y salir del agua de manera segura, soplar burbujas por la boca y la nariz. Con ayuda, los estudiantes aprenden a flotar de frente y de espaldas, a deslizarse de adelante y de atrás, a rodar de adelante hacia atrás y de atrás hacia adelante y a nadar al menos dos longitudes de cuerpo de adelante y de espaldas usando los brazos y las piernas.

4AO		7--45 minute lessons--\$112			
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	11:10am	V9B.1BYI	1/4	4AO
Wkfld/Moore	Su	11:10am	V9B.E7OT	1/5	4AO
Wkfld/Moore	T	7:10pm	V9B.F7ZK	1/7	4AP

Swimming 2 for Children

(6-12 yrs.) Prerequisite: Swimming 1 or equivalent skill proficiency. Class emphasizes increasing confidence and ability to perform skills with and without assistance or use of flotation devices. Skills include: jumping in chest deep water, blowing bubbles with face submerged under water, floating on front and back, gliding on front and back at least two body lengths, rolling over from front to back and back to front, swimming on front and back at least three body lengths using arms and legs and treading water.

4AM	5--45 minute lessons--\$81
4AN	6--45 minute lessons--\$96
4AO	7--45 minute lessons--\$112
4AP	8--45 minute lessons--\$130
4APE	7--45 minute lessons--\$185
4APF	8--45 minute lessons--\$211

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9am	F13.M82N	1/4	4AP
CubRunREC	Sa	10:40am	F13.7HRA	1/4	4AP
CubRunREC	Sa	11:30am	F13.LXMV	1/4	4AP
CubRunREC	Su	9am	F13.9U55	1/5	4AP
CubRunREC	Su	10:40am	F13.ZND8	1/5	4AP
CubRunREC	Su	11:30am	F13.9E9K	1/5	4AP
CubRunREC	T	7pm	F13.DCMY	1/7	4AP
CubRunREC	Th	6:25pm	F13.SOP9	1/9	4AP

Franconia Rec	Sa	10am	F13.9ZFP	1/4	4AP
Franconia Rec	Sa	10:45am	F13.7UZH	1/4	4AP
Franconia Rec	Su	9:35am	F13.A4FR	1/5	4AP
Franconia Rec	Su	11:20am	F13.GA3D	1/5	4AP
Franconia Rec	M/W	6:35pm	F13.LEAX	1/6	4AP
Franconia Rec	T	7:30pm	F13.VKVH	1/7	4AP
Franconia Rec	Th	6:35pm	F13.LLB8	1/9	4AP
Franconia Rec	F	6:10pm	F13.6BG2	1/31	4AM
Franconia Rec	M/W	6:35pm	F13.NDRG	2/3	4AP
GWREC	W	6:20pm	F13.VG29	1/8	4AP
GWREC	Sa	10:25am	F13.9QXG	1/11	4AO
GWREC	Su	9:55am	F13.NIKK	1/12	4AO
OakmontREC	Sa	9:50am	F13.L9BC	1/4	4AN
OakmontREC	Sa	10:45am	F13.OC37	1/4	4AN
OakmontREC	Su	9:50am	F13.J4UF	1/5	4AP
OakmontREC	Su	11:35am	F13.RZSN	1/5	4AP
OakmontREC	M	7:45pm	F13.KMAD	1/6	4AP
OakmontREC	W	6:50pm	F13.X3IO	1/8	4AP
OakmontREC	Th	6:50pm	F13.XO99	1/9	4AP
ProvREC	Sa	10am	F13.67Z8	1/4	4AP
ProvREC	Sa	10:50am	F13.M81X	1/4	4AP
ProvREC	Su	10:45am	F13.M4CZ	1/5	4AP
ProvREC	Su	11:35am	F13.I093	1/5	4AP
ProvREC	M	7:10pm	F13.P59W	1/6	4AN
ProvREC	T	6:35pm	F13.LLTY	1/7	4AP
ProvREC	W	6:50pm	F13.RZWS	1/8	4AP
ProvREC	Th	6:50pm	F13.X78P	1/9	4AP
SoRunREC	Sa	9:35am	F13.K0F7	1/4	4AP
SoRunREC	Sa	11:35am	F13.L5NS	1/4	4AP
SoRunREC	Su	8:30am	F13.KXV8	1/5	4AP
SoRunREC	Su	10:15am	F13.L003	1/5	4AP
SoRunREC	M/W	7:25pm	F13.0U44	1/6	4AP
SoRunREC	T/Th	6:50pm	F13.GEHP	1/7	4AP
SoRunREC	F	7:05pm	F13.OTBI	1/31	4AM
SoRunREC	M/W	7:25pm	F13.IISW	2/3	4AP
SoRunREC	T/Th	6:50pm	F13.39NR	2/4	4AP
SpHillREC	Sa	11am	F13.KNG6	1/4	4AO
SpHillREC	Su	9:50am	F13.HX63	1/5	4AO
SpHillREC	Su	11:30am	F13.HJLC	1/5	4AO
SpHillREC	T	5:10pm	F13.06NV	1/7	4AP
SpHillREC	W	5:10pm	F13.H251	1/8	4AP
SpHillREC	F	5:10pm	F13.FY71	1/10	4AP
Wkfld/Moore	Sa	9:35am	F13.7I9J	1/4	4AO
Wkfld/Moore	Sa	11:10am	F13.Z5TD	1/4	4AO
Wkfld/Moore	Su	3:50pm	F13.AUAJ	1/5	4AO
Wkfld/Moore	Su	9:35am	F13.NQ2R	1/5	4AO
Wkfld/Moore	Su	11:10am	F13.K7GC	1/5	4AO
Wkfld/Moore	T	7:10pm	F13.76U5	1/7	4AP
Wkfld/Moore	Th	7:10pm	F13.80VJ	1/9	4AP
Wkfld/Moore	M/W	6:45pm	F13.SET9	2/3	4AO
Wkfld/Moore	M/W	7:15pm	F13.GX1X	2/3	4AO
CubRunREC	M	6:25pm	B5F.9TM3	1/6	4APF
CubRunREC	W	7pm	B5F.9W4H	1/8	4APF
Wkfld/Moore	Sa	9:35am	B5F.PBV8	1/4	4APE
Wkfld/Moore	Su	9:35am	B5F.X94K	1/5	4APE

Swimming 2 for Children en Espanol

(6-12 años) Prerequisite: Natación 1 o competencia de habilidades equivalentes. La clase enfatiza el aumento de la confianza y la capacidad para realizar habilidades con y sin asistencia o uso de dispositivos de flotación. Las habilidades incluyen: saltar en el agua hasta el pecho, soplar burbujas con la cara sumergida bajo el agua, flotar por delante y por detrás, deslizarse por delante y por detrás al menos dos longitudes del cuerpo, rodar de adelante hacia atrás y de atrás hacia adelante, nadar de frente y de espaldas al menos tres longitudes del cuerpo usando brazos y piernas y pisando el agua.

4AO 7--45 minute lessons--\$112					
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	9:35am	Y3.PHAW	1/4	4AO

Swimming 3 for Children

(6-12 yrs.) Prerequisite: Swimming 2 or equivalent skill proficiency. Class emphasizes increasing endurance and independent swimming skills performance. Without assistance or flotation devices, students safely enter, exit, swim and tread water in deep water, tread water 15 seconds, push off in a streamlined position on front and back then flutter kick at least four body lengths. Skills also include rotary breathing, swimming front crawl, elementary backstroke and back crawl at least 15 yards.

4AM	5--45 minute lessons--\$81
4AN	6--45 minute lessons--\$96
4AO	7--45 minute lessons--\$112
4AP	8--45 minute lessons--\$130
4AQD	6--45 minute lessons--\$161
4AQE	7--45 minute lessons--\$189
4AQF	8--45 minute lessons--\$216

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9:50am	7E0.FBJU	1/4	4AP
CubRunREC	Sa	10:10am	7E0.QMYT	1/4	4AP
CubRunREC	Sa	11:30am	7E0.Z6DT	1/4	4AP
CubRunREC	Sa	12:10pm	7E0.ZWU0	1/4	4AP
CubRunREC	Su	9:50am	7E0.AGLK	1/5	4AP
CubRunREC	Su	10:10am	7E0.XTRV	1/5	4AP
CubRunREC	Su	11:30am	7E0.KVKL	1/5	4AP
CubRunREC	Su	12:10pm	7E0.LUGT	1/5	4AP
CubRunREC	T	6:45pm	7E0.CXWG	1/7	4AP
CubRunREC	Th	5:20pm	7E0.6WWG	1/9	4AP
Franconia Rec	Sa	11:40am	7E0.J7EW	1/4	4AP
Franconia Rec	Su	10:25am	7E0.HCPV	1/5	4AP
Franconia Rec	Su	12:10pm	7E0.L2LJ	1/5	4AP
Franconia Rec	M/W	7:25pm	7E0.JWKL	1/6	4AP
Franconia Rec	Th	7:30pm	7E0.C5G3	1/9	4AP
Franconia Rec	F	7pm	7E0.3EL2	1/31	4AM
Franconia Rec	M/W	7:25pm	7E0.7Y89	2/3	4AP
GWREC	W	7:10pm	7E0.TH5M	1/8	4AP
GWREC	Sa	11:15am	7E0.5M46	1/11	4AO
GWREC	Su	10:45am	7E0.K9CV	1/12	4AO
OakmontREC	Sa	10:40am	7E0.CLX1	1/4	4AN
OakmontREC	Sa	12:25pm	7E0.02X4	1/4	4AN
OakmontREC	Su	10:45am	7E0.FZLR	1/5	4AP
OakmontREC	Su	11:35am	7E0.75N5	1/5	4AP
OakmontREC	M	6:55pm	7E0.A7C3	1/6	4AP
OakmontREC	T	6:50pm	7E0.RLE1	1/7	4AP
OakmontREC	W	7:40pm	7E0.YUPB	1/8	4AP
ProvREC	Sa	10am	7E0.0QWA	1/4	4AP
ProvREC	Sa	10:50am	7E0.AZQ0	1/4	4AP
ProvREC	Su	11:35am	7E0.6AV2	1/5	4AP
ProvREC	M	6:20pm	7E0.2PR8	1/6	4AN
ProvREC	T	6:35pm	7E0.TL6G	1/7	4AP
ProvREC	Th	7:40pm	7E0.FCUR	1/9	4AP
SoRunREC	Sa	9am	7E0.Z2JK	1/4	4AP
SoRunREC	Sa	11am	7E0.NN17	1/4	4AP
SoRunREC	Sa	11:25am	7E0.APOM	1/4	4AP
SoRunREC	Su	9:20am	7E0.91RB	1/5	4AP
SoRunREC	Su	11:20am	7E0.55EL	1/5	4AP
SoRunREC	M/W	7:15pm	7E0.55MG	1/6	4AP
SoRunREC	T/Th	6pm	7E0.AHR5	1/7	4AP
SoRunREC	M/W	7:15pm	7E0.HK01	2/3	4AP
SoRunREC	T/Th	6pm	7E0.WNLV	2/4	4AP
SpHillREC	Sa	9:35am	7E0.JJWI	1/4	4AO
SpHillREC	Su	9am	7E0.C2LN	1/5	4AO
SpHillREC	Su	10:40am	7E0.GV36	1/5	4AO
SpHillREC	M	6:55pm	7E0.XQJD	1/6	4AP
SpHillREC	T	6pm	7E0.7TDZ	1/7	4AP
SpHillREC	W	5:45pm	7E0.DWT1	1/8	4AP
SpHillREC	Th	8pm	7E0.OHFV	1/9	4AP
SpHillREC	F	5:45pm	7E0.PPT2	1/31	4AM
Wkfld/Moore	Sa	9:35am	7E0.M8HE	1/4	4AO
Wkfld/Moore	Sa	11:10am	7E0.E1R9	1/4	4AO
Wkfld/Moore	Su	4:40pm	7E0.7BTB	1/5	4AO

Wkfld/Moore	Su	9:35am	7E0.ZP8T	1/5	4AO
Wkfld/Moore	Su	11:10am	7E0.QDC7	1/5	4AO
Wkfld/Moore	M/W	7:15pm	7E0.IR2	1/6	4AO
Wkfld/Moore	T	7:10pm	7E0.XUJS	1/7	4AP
Wkfld/Moore	Th	7:10pm	7E0.7BP5	1/9	4AP
Wkfld/Moore	M/W	6:45pm	7E0.FEC1	2/3	4AO
CubRunREC	M	7:35pm	COC.EYUK	1/6	4AQE
OakmontREC	Sa	10:45am	COC.9DNZ	1/4	4AQD
OakmontREC	Th	7:40pm	COC.QF11	1/9	4AQF
Wkfld/Moore	Sa	11am	COC.2R6V	1/4	4AQE
Wkfld/Moore	Su	10:25am	COC.QZCP	1/5	4AQE
Wkfld/Moore	M/W	7:15pm	COC.2SR5	1/6	4AQE
Wkfld/Moore	M/W	6:45pm	COC.2ZHV	2/3	4AQE

Swimming 3 for Children en Espanol

(6-12 años) Prerrequisito: Natación 2 o competencia de habilidades equivalentes. La clase enfatiza el aumento de la resistencia y el rendimiento de las habilidades de natación independiente. Sin asistencia ni dispositivos de flotación, los estudiantes entran y salen, nadan y pisan el agua de manera segura en aguas profundas, pisan el agua durante 15 segundos, se empujan en una posición aerodinámica hacia adelante y hacia atrás y luego revolotean al menos cuatro cuerpos largos. Las habilidades también incluyen respiración rotatoria, natación crol frontal, espalda elemental y crol hacia atrás al menos 15 yardas.

4AO 7--45 minute lessons--\$112

Location	Day	Time	Code	Begin	\$
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Wkfld/Moore	Su	9:35am	KE7.CTXC	1/5	4AO
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Swimming 4 for Children

(6-12 yrs.) Prerequisite: Swimming 3 or equivalent skill proficiency. Class emphasizes improving confidence, skill proficiency, distance and endurance. Skills include diving progression from side in deep water, swimming under water three body lengths, swimming front crawl, elementary backstroke, back crawl and breaststroke 25 yards, lap swimming techniques and safety and treading water for 30 seconds.

4AM 5--45 minute lessons--\$81

4AN 6--45 minute lessons--\$96

4AO 7--45 minute lessons--\$112

4AP 8--45 minute lessons--\$130

4AQD 6--45 minute lessons--\$161

4AQE 7--45 minute lessons--\$189

4AQF 8--45 minute lessons--\$216

Location	Day	Time	Code	Begin	\$
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CubRunREC	Sa	9am	A7C.C8CE	1/4	4AP
CubRunREC	Sa	10:35am	A7C.41SN	1/4	4AP
CubRunREC	Sa	11:50am	A7C.UENB	1/4	4AP
CubRunREC	Su	9am	A7C.6LF7	1/5	4AP
CubRunREC	Su	10:35am	A7C.55GX	1/5	4AP
CubRunREC	Su	11:50am	A7C.95S4	1/5	4AP
CubRunREC	T	7:35pm	A7C.H8ES	1/7	4AP
Franconia Rec	Sa	11:55am	A7C.WZQH	1/4	4AP
Franconia Rec	Su	10:25am	A7C.SYQW	1/5	4AP
Franconia Rec	M/W	7:25pm	A7C.W2ZS	1/6	4AP
Franconia Rec	T	6:35pm	A7C.XVAF	1/7	4AP
Franconia Rec	Th	7:30pm	A7C.YYFK	1/9	4AP
Franconia Rec	F	7pm	A7C.RSGE	1/31	4AM
Franconia Rec	M/W	7:25pm	A7C.DVNG	2/3	4AP
GWREC	T	5:30pm	A7C.A39V	1/7	4AP
GWREC	Sa	10:10am	A7C.LEYA	1/11	4AO
GWREC	Su	2pm	A7C.REML	1/12	4AO
OakmontREC	Sa	9am	A7C.9GFB	1/4	4AN
OakmontREC	Sa	11:40am	A7C.3ZC3	1/4	4AN
OakmontREC	Su	9am	A7C.459U	1/5	4AP



OakmontREC	M	6pm	A7C.JKCR	1/6	4AP
OakmontREC	T	6pm	A7C.8EN8	1/7	4AP
OakmontREC	W	6pm	A7C.8Y3L	1/8	4AP
ProvREC	Sa	9am	A7C.8QY8	1/4	4AP
ProvREC	Sa	11:50am	A7C.OSYR	1/4	4AP
ProvREC	Su	9am	A7C.66AL	1/5	4AP
ProvREC	Su	11:50am	A7C.9IC2	1/5	4AP
ProvREC	M	7:10pm	A7C.6R8N	1/6	4AN
ProvREC	T	7:25pm	A7C.SBAH	1/7	4AP
SoRunREC	Sa	9:50am	A7C.ZDR0	1/4	4AP
SoRunREC	Su	8:30am	A7C.N4QW	1/5	4AP
SoRunREC	Su	10:10am	A7C.C9ME	1/5	4AP
SoRunREC	M/W	6:10pm	A7C.BIFR	1/6	4AP
SoRunREC	T/Th	6:50pm	A7C.EFM1	1/7	4AP
SoRunREC	F	7:15pm	A7C.KVU7	1/31	4AM
SoRunREC	M/W	6:10pm	A7C.BV00	2/3	4AP
SoRunREC	T/Th	6:50pm	A7C.NSXX	2/4	4AP
SpHillREC	Sa	9:10am	A7C.U9OV	1/4	4AO
SpHillREC	Sa	12pm	A7C.BX18	1/4	4AO
SpHillREC	Su	10am	A7C.99EZ	1/5	4AO
SpHillREC	Su	12:20pm	A7C.0433	1/5	4AO
SpHillREC	M	6pm	A7C.KHEW	1/6	4AP
SpHillREC	T	8pm	A7C.ZN34	1/7	4AP
SpHillREC	Th	7:10pm	A7C.W070	1/9	4AP
SpHillREC	F	7:35pm	A7C.CAUT	1/31	4AM
Wkfld/Moore	Sa	10am	A7C.JQX4	1/4	4AO
Wkfld/Moore	Sa	12pm	A7C.7JYL	1/4	4AO
Wkfld/Moore	Su	10am	A7C.220X	1/5	4AO
Wkfld/Moore	Su	12pm	A7C.H05D	1/5	4AO
Wkfld/Moore	M/W	6pm	A7C.YHDD	1/6	4AO
Wkfld/Moore	T	6pm	A7C.9LD4	1/7	4AP
Wkfld/Moore	T	6pm	A7C.XIC7	1/9	4AP
Wkfld/Moore	M/W	5:30pm	A7C.ZUFM	2/3	4AO
CubRunREC	M	6:45pm	D76.A4JC	1/6	4AQF
CubRunREC	W	6:45pm	D76.MKIR	1/8	4AQF
OakmontREC	Sa	11:35am	D76.I7IU	1/4	4AQD
OakmontREC	Th	6pm	D76.LBQK	1/9	4AQF
Wkfld/Moore	Sa	11am	D76.10IN	1/4	4AQE
Wkfld/Moore	Su	10:25am	D76.ZKH4	1/5	4AQE

Swimming 5 for Children

(6-12 yrs.) Prerequisite: Swimming 4 or equivalent skill proficiency. Class emphasizes increasing endurance and swimming stroke proficiency. Skills include treading water one minute, swimming front crawl,

back crawl and breaststroke 50 yards, elementary backstroke 25 yards, open turns, circle swimming in lap lane, bi-lateral breathing for front crawl, butterfly arms and legs, breaststroke pull out and standard sculling 30 seconds.

4AW 5--55 minute lessons--\$84

4AX 6--55 minute lessons--\$102

4AY 7--55 minute lessons--\$118

4AZ 8--55 minute lessons--\$135

4ARD 6--55 minute lessons--\$165

4ARE 7--55 minute lessons--\$189

4ARF 8--55 minute lessons--\$216

Location	Day	Time	Code	Begin	\$
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CubRunREC	Sa	9:50am	D55.A78C	1/4	4AZ
CubRunREC	Sa	12:45pm	D55.KZ38	1/4	4AZ
CubRunREC	Su	9:50am	D55.GXXJ	1/5	4AZ
CubRunREC	Su	12:45pm	D55.GW4F	1/5	4AZ
Franconia Rec	Sa	11:55am	D55.ZBGS	1/4	4AZ
Franconia Rec	Su	10:55am	D55.XY22	1/5	4AZ
Franconia Rec	T	7:30pm	D55.TLPJ	1/7	4AZ
GWREC	T	6:20pm	D55.NCXG	1/7	4AZ
GWREC	Sa	11am	D55.SRCR	1/11	4AY
GWREC	Su	2:55pm	D55.4J4A	1/12	4AY
OakmontREC	Sa	9:50am	D55.3MIZ	1/4	4AX
OakmontREC	Su	9:50am	D55.CQD6	1/5	4AZ
OakmontREC	Su	11:50am	D55.2G09	1/5	4AZ
OakmontREC	M	6:50pm	D55.ZAKD	1/6	4AZ
OakmontREC	T	6:50pm	D55.ACEY	1/7	4AZ
OakmontREC	W	7:50pm	D55.HONG	1/8	4AZ
ProvREC	Sa	9:50am	D55.XKVV	1/4	4AZ
ProvREC	Su	9:50am	D55.HLKA	1/5	4AZ
ProvREC	W	7:10pm	D55.3OY8	1/8	4AZ
SoRunREC	Sa	10:25am	D55.AGU2	1/4	4AZ
SoRunREC	Su	8:30am	D55.C935	1/5	4AZ
SoRunREC	M/W	7pm	D55.HRYG	1/6	4AZ
SoRunREC	T/Th	7:40pm	D55.OP58	1/7	4AZ
SoRunREC	F	6:05pm	D55.WZCP	1/31	4AW
SoRunREC	M/W	7pm	D55.P3WI	2/3	4AZ
SoRunREC	T/Th	7:40pm	D55.SYMQ	2/4	4AZ
SpHillREC	Sa	10am	D55.1FED	1/4	4AY
SpHillREC	Su	9am	D55.I7JP	1/5	4AY
SpHillREC	Su	12pm	D55.DPHV	1/5	4AY
SpHillREC	M	6:50pm	D55.VORE	1/6	4AZ
SpHillREC	T	6pm	D55.9HIX	1/7	4AZ
SpHillREC	W	6pm	D55.46L4	1/8	4AZ
Wkfld/Moore	Sa	11am	D55.WE97	1/4	4AY

Aquatics

Wkfld/Moore	Su	11am	D55.F3YU	1/5	4AY
Wkfld/Moore	M/W	6:50pm	D55.JZEZ	1/6	4AY
Wkfld/Moore	T	6:50pm	D55.6VKI	1/7	4AZ
Wkfld/Moore	Th	6:50pm	D55.VCB8	1/9	4AZ
Wkfld/Moore	M/W	6:20pm	D55.YFL2	2/3	4AY
CubRunREC	W	7:35pm	HQJ.JMVQ	1/8	4ARF
OakmontREC	Sa	12:25pm	HQJ.3Y28	1/4	4ARD
OakmontREC	Th	6:50pm	HQJ.IXCW	1/9	4ARF
Wkfld/Moore	Sa	11:25am	HQJ.24WH	1/4	4ARE
Wkfld/Moore	Su	11:25am	HQJ.CZOT	1/5	4ARE

Swimming 6 for Children

(6-12 yrs.) Prerequisite: Swimming 5 or equivalent skill proficiency. Class continues to refine swim strokes and increasing endurance. Skills include swimming front crawl, back crawl and breaststroke 100 yards, sidestroke and butterfly 25 yards, an introduction in individual medley (IM), treading water for two minutes and flip turns.

4AW	5--55 minute lessons--\$84
4AX	6--55 minute lessons--\$102
4AY	7--55 minute lessons--\$118
4AZ	8--55 minute lessons--\$135

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9am	DF4.JXWL	1/4	4AZ
CubRunREC	Sa	10:50am	DF4.BK5Z	1/4	4AZ
CubRunREC	Su	9am	DF4.X9GJ	1/5	4AZ
CubRunREC	Su	10:50am	DF4.K6A3	1/5	4AZ
Franconia Rec	Sa	10:55am	DF4.N4LM	1/4	4AZ
Franconia Rec	Su	11:55am	DF4.PH4K	1/5	4AZ
GWREC	T	7:20pm	DF4.AS6Q	1/7	4AZ
GWREC	Sa	12pm	DF4.Q6Y9	1/11	4AY
GWREC	Su	4pm	DF4.HH41	1/12	4AY
OakmontREC	Sa	10:50am	DF4.COOP	1/4	4AX
OakmontREC	Su	10:50am	DF4.MMAC	1/5	4AZ
OakmontREC	M	7:50pm	DF4.MEGB	1/6	4AZ
OakmontREC	T	7:50pm	DF4.Q391	1/7	4AZ
OakmontREC	W	6:50pm	DF4.LBRA	1/8	4AZ
ProvREC	Sa	10:50am	DF4.29KH	1/4	4AZ
ProvREC	Su	10:50am	DF4.FTKY	1/5	4AZ
SoRunREC	Sa	10:40am	DF4.39X7	1/4	4AZ
SoRunREC	M/W	6pm	DF4.VTJL	1/6	4AZ
SoRunREC	T/Th	7pm	DF4.9U4G	1/7	4AZ
SoRunREC	M/W	6pm	DF4.2ZOE	2/3	4AZ
SoRunREC	T/Th	7pm	DF4.0P9V	2/4	4AZ
SpHillREC	Sa	11am	DF4.OVDD	1/4	4AY
SpHillREC	Su	11am	DF4.1TBF	1/5	4AY
SpHillREC	T	7pm	DF4.DN0G	1/7	4AZ
SpHillREC	W	7pm	DF4.TMEL	1/8	4AZ
SpHillREC	Th	8pm	DF4.SQTP	1/9	4AZ
SpHillREC	F	6:35pm	DF4.COQ5	1/31	4AW
Wkfld/Moore	Sa	12pm	DF4.CKH7	1/4	4AY
Wkfld/Moore	Sa	9am	DF4.Y9HC	1/4	4AY
Wkfld/Moore	Su	9am	DF4.9K5Y	1/5	4AY
Wkfld/Moore	Su	12pm	DF4.C36A	1/5	4AY
Wkfld/Moore	M/W	7:50pm	DF4.R5YE	1/6	4AY
Wkfld/Moore	T	7:50pm	DF4.Q9NE	1/7	4AZ
Wkfld/Moore	Th	7:50pm	DF4.80LY	1/9	4AZ
Wkfld/Moore	M/W	7:20pm	DF4.HCBY	2/3	4AY

Home School Learn to Swim Level 1 & 2

(7-17 yrs.) This course combines the learn-to-swim levels I & II and targets children who are home schooled, but is open to any child. Children work on basic swimming skills such as breathing, floating on front and back, and swimming on front and back.

4AP	8--45 minute lessons--\$130
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Location	Day	Time	Code	Begin	\$
CubRunREC	T	1:25pm	CAC.3B9E	1/7	4AP
SoRunREC	W	2:30pm	CAC.VVFM	1/8	4AP



Home School Learn to Swim Level 3 & 4

(6-17 yrs.) Prerequisite: Swimming 1 or skill proficiency to swim unassisted on front and back at least three body lengths using arms and legs, and to blow bubbles through mouth and nose with face submerged underwater at least three seconds. This course combines Swimming 3 & 4 skills and targets children who are home schooled but is open to any child with the appropriate skill level. For more information about skills taught in this class see descriptions for Swimming 3 and Swimming 4.

4AP	8--45 minute lessons--\$130
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Location	Day	Time	Code	Begin	\$
CubRunREC	T	2:15pm	8B2.3D1R	1/7	4AP
SoRunREC	W	1:40pm	8B2.E7GG	1/8	4AP

Home School Learn to Swim Level 5 & 6

(6-17 yrs.) Prerequisite: Swimming 4 or skill proficiency to enter deep water safely, tread water 30 seconds; swim front crawl, elementary backstroke and back crawl at least 25 yards, and breaststroke at least 15 yards. Class emphasizes helping students increase endurance and skill proficiency for Swimming 5 and Swimming 6 level skills.

4AZ	8--55 minute lessons--\$135
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Location	Day	Time	Code	Begin	\$
SoRunREC	W	12:30pm	A75.0W2M	1/8	4AZ

Home School Stroke & Swim

(9-17 yrs.) This class is for swimmers who can swim at least 25 yards non-stop on front and back. Class is designed to help swimmers improve techniques such as breathing, kicks, strokes and fitness level. Students are divided into groups by ability when possible.

4AX	6--55 minute lessons--\$102
4AZ	8--55 minute lessons--\$135

Location	Day	Time	Code	Begin	\$
CubRunREC	T	1:25pm	AFC.E4BF	1/7	4AZ
OakmontREC	F	10:30am	AFC.0S8C	1/10	4AX
SoRunREC	W	11:30am	AFC.7DNQ	1/8	4AZ

Swim Classes for Teens & Adults

Swimming 1 - Teens & Adults

(13-Adult) Class emphasizes helping students gain basic swimming and safety skills and overcome fear of water. Skills include entering and exiting water, floating on front and back, gliding on front and back, breathing techniques, rolling from front to back and back to front, swimming at least two body lengths on front and back using arms and legs.

4AX	6--55 minute lessons--\$102
4AY	7--55 minute lessons--\$118
4AZ	8--55 minute lessons--\$135

Location	Day	Time	Code	Begin	\$
CubRunREC	Su	8am	7D5.NXNP	1/5	4AZ
CubRunREC	M	8pm	7D5.K9TA	1/6	4AZ
CubRunREC	Th	7:15pm	7D5.4N30	1/9	4AZ
CubRunREC	F	12pm	7D5.WK7Y	1/10	4AZ
Franconia Rec	Sa	9am	7D5.IFH8	1/4	4AZ
Franconia Rec	M/W	7:10pm	7D5.3SHS	1/6	4AZ
GWREC	Th	7pm	7D5.HOU5	1/9	4AZ
ProvREC	M	8pm	7D5.L4LW	1/6	4AX
SoRunREC	M/W	8:05pm	7D5.5X8H	1/6	4AZ
SoRunREC	M/W	8:05pm	7D5.N4GS	2/3	4AZ
SpHillREC	Sa	11:50am	7D5.YBKG	1/4	4AY
SpHillREC	M	7:45pm	7D5.XFVG	1/6	4AZ
Wkfld/Moore	Su	3pm	7D5.QIXP	1/5	4AY
Wkfld/Moore	M/W	8:05pm	7D5.8SXI	1/6	4AY

Swimming 2 - Teens & Adults

(13-Adult) Prerequisite: Swimming 1 or skill proficiency to blow bubbles with face submerged at least three seconds, float on front and back at least three seconds, swim on front and back using arms and legs at least two body lengths. Class emphasizes performing skills without support or flotation devices. Skills include floating on front and back, swimming on front and back at least three body lengths and rolling over from front to back and back to front. Treading water is introduced.

4AY	7--55 minute lessons--\$118
4AZ	8--55 minute lessons--\$135

Location	Day	Time	Code	Begin	\$
CubRunREC	Su	8am	75A.ETCR	1/5	4AZ
CubRunREC	Th	7pm	75A.6ZMS	1/9	4AZ
CubRunREC	F	12pm	75A.BUE2	1/10	4AZ
Franconia Rec	Sa	10:55am	75A.Z3DM	1/4	4AZ
Franconia Rec	Su	12:10pm	75A.QE7S	1/5	4AZ
Franconia Rec	M/W	7:10pm	75A.FVHP	2/3	4AZ
GWREC	Th	8pm	75A.DXLV	1/9	4AZ
OakmontREC	T	7:40pm	75A.3GSU	1/7	4AZ
OakmontREC	W	7:40pm	75A.DGTN	1/8	4AZ
OakmontREC	W	10:30am	75A.4VJB	1/8	4AZ
ProvREC	T	7:25pm	75A.BSE3	1/7	4AZ
SoRunREC	T/Th	7:40pm	75A.MPVU	1/7	4AZ
SoRunREC	T/Th	7:40pm	75A.7WOR	2/4	4AZ
SpHillREC	Su	11:50am	75A.9QC2	1/5	4AY
SpHillREC	W	7:10pm	75A.VP2A	1/8	4AZ
Wkfld/Moore	Su	4pm	75A.FCZ4	1/5	4AY
Wkfld/Moore	M/W	7:35pm	75A.L74M	2/3	4AY

Swimming 3 - Teens & Adults

(13-Adult) Prerequisite: Swimming 2 or skill proficiency to swim unassisted on front and back at least three body lengths using arms and legs, and to submerge face in water for at least three seconds. Class emphasizes increasing endurance and independent swimming skills. Skills include rotary breathing, enter-



ing deep water safely, treading water 15 seconds, and swimming front crawl and elementary backstroke 15 yards, and swimming back crawl five yards without assistance or support.

4AY		7--55 minute lessons--\$118				
4AZ		8--55 minute lessons--\$135				
Location	Day	Time	Code	Begin	\$	
CubRunREC	Su	8am	346.HNRK	1/5	4AZ	
CubRunREC	Th	8pm	346.TSPC	1/9	4AZ	
CubRunREC	F	11am	346.BQIX	1/10	4AZ	
Franconia Rec	Sa	12:45pm	346.XNS6	1/4	4AZ	
OakmontREC	Su	10am	346.LKMZ	1/5	4AZ	
OakmontREC	M	7:45pm	346.YJPU	1/6	4AZ	
OakmontREC	W	11:30am	346.9CNX	1/8	4AZ	
OakmontREC	Th	7:40pm	346.WNCT	1/9	4AZ	
ProvREC	W	7:45pm	346.SLG7	1/8	4AZ	
SpHillIREC	T	7:40pm	346.43TE	1/7	4AZ	
Wkfld/Moore	Su	5:05pm	346.XSSI	1/5	4AY	
Wkfld/Moore	Su	5:05pm	346.SIOP	1/5	4AY	
Wkfld/Moore	T	8pm	346.HOKH	1/7	4AZ	

Swimming 4 - Teens & Adults

(13-Adult) Prerequisite: Swimming 3 or skill proficiency to safely enter deep water, rotary breathing, treading water 15 seconds, swimming front crawl and elementary backstroke 15 yards. Class emphasizes developing confidence, improving skill proficiency and increasing distance and endurance. Skills include diving from side in deep water, swimming under water, treading water 30 seconds; and swimming front crawl and elementary backstroke 25 yards; and back crawl and breaststroke 15 yards.

4AY		7--55 minute lessons--\$118				
4AZ		8--55 minute lessons--\$135				
Location	Day	Time	Code	Begin	\$	
CubRunREC	Su	8am	915.YP3B	1/5	4AZ	
CubRunREC	F	11am	915.CWL3	1/10	4AZ	
OakmontREC	Su	11am	915.VA2V	1/5	4AZ	
OakmontREC	M	9am	915.38PM	1/6	4AZ	
OakmontREC	Th	7:50pm	915.EKKR	1/9	4AZ	
Wkfld/Moore	Su	4pm	915.AUJ3	1/5	4AY	
Wkfld/Moore	Th	5:05pm	915.4JZ9	1/9	4AZ	

Swimming 5 - Teens & Adults

(13-Adult) Prerequisite: Swimming 4 or skill proficiency to enter deep water safely, tread water 30 seconds, and swim front crawl, elementary backstroke

and back crawl at least 25 yards; and breaststroke 15 yards. Class emphasizes helping students to increase endurance and skill proficiency for treading water one minute; and swimming front crawl, back crawl, elementary backstroke and breaststroke 50 yards. Butterfly and open turns are introduced.

4AY		7--55 minute lessons--\$118				
4AZ		8--55 minute lessons--\$135				
Location	Day	Time	Code	Begin	\$	
OakmontREC	Su	12pm	7CA.SICT	1/5	4AZ	
Wkfld/Moore	Su	5:05pm	7CA.SV8V	1/5	4AY	

Advanced Swimming

Stroke Mechanics 1

(6-12 yrs.) Prerequisite: Swimming 6 skill level; ability to tread water for one minute; continuously swim 50 yards freestyle, backstroke and breaststroke, and 15 yards butterfly. Student must wear a one-piece competitive-style swim suit and goggles. Students with long hair may be required to wear a swim cap. Class emphasizes refining freestyle, backstroke and breaststroke skills. Swimming drills are introduced, and lane etiquette is practiced.

4AHB		6--45 minute lessons--\$97				
4AHC		7--45 minute lessons--\$114				
4AHD		8--45 minute lessons--\$132				
Location	Day	Time	Code	Begin	\$	
CubRunREC	Sa	9am	2CS.YCYF	1/4	4AHD	
CubRunREC	Sa	11:20am	2CS.S7SU	1/4	4AHD	
CubRunREC	Su	9am	2CS.ECKU	1/5	4AHD	
CubRunREC	Su	11:20am	2CS.ZYMO	1/5	4AHD	
Franconia Rec	Sa	10am	2CS.2B94	1/4	4AHD	
Franconia Rec	Su	9am	2CS.KHAZ	1/5	4AHD	
GWREC	M	5:15pm	2CS.00EF	1/6	4AHD	
GWREC	Su	1pm	2CS.NOA6	1/12	4AHC	
OakmontREC	Sa	9:10am	2CS.D0F4	1/4	4AHB	
OakmontREC	Su	11:40am	2CS.HTN7	1/5	4AHD	
OakmontREC	T	6pm	2CS.VB61	1/7	4AHD	
OakmontREC	Th	6pm	2CS.VXYF	1/9	4AHD	
ProvREC	Sa	9am	2CS.435W	1/4	4AHD	
ProvREC	Su	9am	2CS.L04F	1/5	4AHD	
SoRunREC	Sa	9am	2CS.9AYZ	1/4	4AHD	
SoRunREC	Su	10:30am	2CS.YOUH	1/5	4AHD	
SoRunREC	M/W	8pm	2CS.0RPH	1/6	4AHD	
SoRunREC	M/W	8pm	2CS.T0EV	2/3	4AHD	
SpHillIREC	Sa	9:10am	2CS.NGD2	1/4	4AHC	
SpHillIREC	Su	9:10am	2CS.AV9M	1/5	4AHC	
SpHillIREC	M	6:10pm	2CS.RP47	1/6	4AHD	
SpHillIREC	T	6:10pm	2CS.GURW	1/7	4AHD	
Wkfld/Moore	Su	9am	2CS.741M	1/5	4AHC	

Stroke Mechanics 2

(6-14 yrs.) Prerequisite: Must have completed Stroke Mechanics 1 and be able to tread water for one minute and to swim freestyle, breaststroke, backstroke, and butterfly using proper techniques and timing, continuously swim 100 yards freestyle and backstroke, 50 yards breaststroke, and 25 yards butterfly. Student must wear a one-piece, competitive style swimsuit and goggles. Students with long hair are required to wear a swim cap. Class emphasizes refining and improving freestyle, backstroke and breaststroke skills focusing on USA Swimming standards. Interval training, relays, starts, turns and finishes are introduced.

4AHH		6--55 minute lessons--\$103				
4AHI		7--55 minute lessons--\$120				
4AHJ		8--55 minute lessons--\$138				
Location	Day	Time	Code	Begin	\$	
CubRunREC	Sa	9:50am	6D4.G9FL	1/4	4AHJ	
CubRunREC	Su	9:50am	6D4.0B1B	1/5	4AHJ	
Franconia Rec	Sa	9am	6D4.ENAZ	1/4	4AHJ	
Franconia Rec	Su	9:50am	6D4.PAH7	1/5	4AHJ	
GWREC	M	6:05pm	6D4.1SY9	1/6	4AHJ	
GWREC	Su	1:55pm	6D4.M8W6	1/12	4AHI	
OakmontREC	Sa	10am	6D4.10AC	1/4	4AHH	
OakmontREC	M	6pm	6D4.9N97	1/6	4AHJ	
OakmontREC	W	6pm	6D4.JKQ6	1/8	4AHJ	
ProvREC	Sa	9:50am	6D4.J0U4	1/4	4AHJ	
ProvREC	Su	9:50am	6D4.30ZA	1/5	4AHJ	
SoRunREC	Su	11:40am	6D4.NMON	1/4	4AHJ	
SoRunREC	T/Th	6pm	6D4.V7GK	1/7	4AHJ	
SoRunREC	T/Th	6pm	6D4.CTPK	2/4	4AHJ	
SpHillIREC	Sa	10am	6D4.30W5	1/4	4AHI	
SpHillIREC	Su	10am	6D4.T10K	1/5	4AHI	
SpHillIREC	M	7pm	6D4.1V1T	1/6	4AHJ	
SpHillIREC	T	7pm	6D4.KIDK	1/7	4AHJ	
Wkfld/Moore	Su	9:50am	6D4.N4TD	1/5	4AHI	

Stroke Mechanics 3

(9-15 yrs.) Prerequisite: Experienced swimmers who have completed Stroke Mechanics 2, can tread water for one minute and swim continuously at least 150 yards freestyle, 100 yards backstroke, 50 yards breaststroke, and 25 yards butterfly. Students must wear a one-piece, competitive style swimsuit and goggles. Students with long hair are required to wear a swim cap. Class emphasizes increasing swimming endurance and distances through interval training and pace clock use and further refines swim strokes, starts and turns. Individual Medley (IM) is introduced and practiced.

4AHH		6--55 minute lessons--\$103				
4AHI		7--55 minute lessons--\$120				
4AHJ		8--55 minute lessons--\$138				
Location	Day	Time	Code	Begin	\$	
CubRunREC	Sa	10:50am	E57.QNMO	1/4	4AHJ	
CubRunREC	Su	10:50am	E57.SFC2	1/5	4AHJ	
GWREC	M	7:05pm	E57.Q7ZH	1/6	4AHJ	
GWREC	Su	3pm	E57.X0XC	1/12	4AHI	
OakmontREC	Sa	11am	E57.27Z5	1/4	4AHH	
OakmontREC	T	6:50pm	E57.9R90	1/7	4AHJ	
OakmontREC	Th	6:50pm	E57.7IFC	1/9	4AHJ	
ProvREC	Sa	10:50am	E57.JTAP	1/4	4AHJ	
ProvREC	Su	10:50am	E57.K62V	1/5	4AHJ	
SoRunREC	Su	9:30am	E57.U76K	1/5	4AHJ	
SoRunREC	M/W	7pm	E57.A8VP	1/6	4AHJ	
SoRunREC	T/Th	8pm	E57.QWUW	1/7	4AHJ	
SoRunREC	M/W	7pm	E57.95JT	2/3	4AHJ	
SoRunREC	T/Th	8pm	E57.81ZE	2/4	4AHJ	
SpHillIREC	Sa	11am	E57.ZQLQ	1/4	4AHI	
SpHillIREC	Su	11am	E57.LGW1	1/5	4AHI	
SpHillIREC	W	6pm	E57.8E2J	1/8	4AHJ	
SpHillIREC	Th	6pm	E57.KU7W	1/9	4AHJ	

Aquatics

Stroke Mechanics 4

(11-18 yrs.) Prerequisite: Must have a high endurance level to swim an intense workout each class and be able to tread water for one minute, swim continuously 200 yards each freestyle and backstroke, 100 yards breaststroke, 50 yards butterfly, and 100 yards IM. Students must wear a one-piece, competitive-style swim suit and goggles. Students with long hair must wear a swim cap. Class emphasizes high-intensity interval workout and refines freestyle, backstroke, breaststroke, butterfly, starts, turns and finishes.

4AHH 6--55 minute lessons--\$103					
4AHI 7--55 minute lessons --\$120					
4AHJ 8--55 minute lessons--\$138					
Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	11:50am	2F3.FQLR	1/4	4AHJ
CubRunREC	Su	11:50am	2F3.L844	1/5	4AHJ
OakmontREC	Sa	12pm	2F3.QRIY	1/4	4AHH
OakmontREC	M	7pm	2F3.ZC53	1/6	4AHJ
OakmontREC	W	7pm	2F3.UPYL	1/8	4AHJ
ProvREC	Sa	11:50am	2F3.QKN9	1/4	4AHJ
ProvREC	Su	11:50am	2F3.CILM	1/5	4AHJ
SoRunREC	M/W	8pm	2F3.HJFH	1/6	4AHJ
SoRunREC	M/W	8pm	2F3.CEJY	2/3	4AHJ
SpHillREC	Sa	12pm	2F3.0655	1/4	4AHI
SpHillREC	Su	12pm	2F3.YKXP	1/5	4AHI
SpHillREC	W	7pm	2F3.R40D	1/8	4AHJ
SpHillREC	Th	7pm	2F3.D3GD	1/9	4AHJ
Wkfld/Moore	Su	11am	2F3.YA77	1/5	4AHI

Lap Swim

(13-Adult) This class focuses on increasing your physical endurance and swim distance. Workouts are designed to meet class abilities and to improve overall physical fitness through lap swimming. Students are also taught to design a personal workout and to use the pace clock.

4AX 6--55 minute lessons--\$102					
4AY 7--55 minute lessons--\$118					
4AZ 8--55 minute lessons--\$135					
Location	Day	Time	Code	Begin	\$
CubRunREC	Su	8am	41A.L8UK	1/5	4AZ
CubRunREC	T	8pm	41A.6SSD	1/7	4AZ
CubRunREC	Th	8pm	41A.YT5L	1/9	4AZ
CubRunREC	F	1pm	41A.ND2U	1/10	4AZ
OakmontREC	Sa	9am	41A.IWPO	1/4	4AX
OakmontREC	Su	9am	41A.DA4G	1/5	4AZ
OakmontREC	T	7:50pm	41A.Q9LL	1/7	4AZ
OakmontREC	W	11:30am	41A.R06Z	1/8	4AZ
SoRunREC	T/Th	9:30am	41A.KV2J	1/7	4AZ
SoRunREC	T/Th	9:30am	41A.PFD1	2/4	4AZ
SpHillREC	M	7:50pm	41A.OGYO	1/6	4AZ
SpHillREC	F	7:45pm	41A.LYQW	1/31	4AW
Wkfld/Moore	Sa	10am	41A.UA5J	1/4	4AY

Lap Swim Lite

(13-Adult) Prerequisite: Ability to swim at least 25 yards on front and back. This is the perfect class for people who want to start swimming laps or for those who have not been a lap swimmer for an extended time. Learn techniques needed to swim laps, improve swimming skills and proficiency, increase your confidence, endurance and distance swimming.

4AX		6--55 minute lessons--\$102			
4AZ		8--55 minute lessons--\$135			
Location	Day	Time	Code	Begin	\$
OakmontREC	M	10am	C96.MNOX	1/6	4AZ
OakmontREC	W	10:30am	C96.S79M	1/8	4AZ
OakmontREC	F	11:30am	C96.6SV7	1/10	4AX
SoRunREC	T/Th	10:30am	C96.WVMI	1/7	4AZ
SoRunREC	T/Th	10:30am	C96.0S8S	2/4	4AZ

Advanced Lap Swim

(13-Adult) The ultimate swimming workout that helps students refine strokes to increase efficiency, endurance and swim distance. Students are taught how to adjust their personal workout to keep interest and gradually increase their workout to make it more challenging.

4AX 6--55 minute lessons--\$102					
4AY 7--55 minute lessons--\$118					
4AZ 8--55 minute lessons--\$135					
Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	10am	85E.2506	1/4	4AX
OakmontREC	M	8pm	85E.EFXK	1/6	4AZ
OakmontREC	W	8pm	85E.TZJD	1/8	4AZ
OakmontREC	W	9:30am	85E.QOAX	1/8	4AZ
OakmontREC	F	9:30am	85E.QDB7	1/10	4AX
Wkfld/Moore	Sa	9am	85E.7FVQ	1/4	4AY

Swim Clinics

Butterfly & Breaststroke Clinic 1

(6-14 yrs.) Prerequisite: Ability to demonstrate arm and leg actions for both breaststroke and butterfly for six yards. Class emphasizes developing arm and leg actions for these strokes while coordinating timing and breathing. Starts and turns for these strokes are introduced.

4AO 7--45 minute lessons--\$112					
4AP 8--45 minute lessons--\$130					
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	10am	8DD.UXYW	1/5	4AO
Wkfld/Moore	Su	1:50pm	8DD.AKEV	1/5	4AP

Butterfly & Breaststroke Clinic 2

(7-18 yrs.) Prerequisite: Ability to swim 15 yards of butterfly and breaststroke with breathing technique. Clinic emphasizes refining butterfly and breaststroke to increase efficiency and swimming distances. Starts and turns for these strokes are reviewed.

4AX 6--55 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	12pm	2D5.HW3G	1/4	4AX
SpHillREC	Su	1pm	2D5.6KH6	1/5	4AY

Freestyle & Backstroke Clinic 1

(6-14 yrs.) Prerequisite: Ability to swim freestyle and backstroke 15 yards using arm and leg action. Class emphasizes backstroke elements using arm and leg actions while implementing breathing techniques. Starts and turns for these strokes are introduced.

4AO 7--45 minute lessons--\$112					
4AP 8--45 minute lessons--\$130					
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	10:50am	9D9.UKMR	1/5	4AP
Wkfld/Moore	Su	1pm	9D9.SB5S	1/5	4AO

Freestyle & Backstroke Clinic 2

(7-18 yrs.) Prerequisite: Ability to swim 25 yds. freestyle with side breathing and backstroke. Clinic emphasizes refining freestyle and backstrokes using drills to increase stroke proficiency. Starts and turns for these strokes are also reviewed.

4AX 6--55 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	11am	40A.BAKB	1/4	4AX
SpHillREC	Su	1pm	40A.J1JA	1/5	4AY



Saturday, November 2
2 - 4 p.m.
FREE! • Adults Only
Registration Required
3 Rec Centers:
Oakmont
Audrey Moore
Franconia

Take the plunge into aquatic fitness!
 Sample various styles and intensities
 of water exercise during this two-hour
 aquatic fitness showcase.



www.fairfaxcounty.gov/parks/reccenter/swimming



Swim Team Prep

Get the competitive edge and prepare for swim team season with this swimming skill tune up. This class helps swimmers who have swim-team experience and want to get their competitive skills and swimming strokes ready for the next swim team season.

4AO	7--45 minute lessons--\$112
4AY	7--55 minute lessons--\$118
4AZ	8--55 minute lessons--\$135

Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
CubRunREC	Su	4pm	E8D.HP55	1/5	4AZ
CubRunREC	Su	5pm	E8D.EMRM	1/5	4AZ
GWREC	Sa	11am	E8D.C13L	1/11	4AO
GWREC	Sa	12pm	E8D.K1BB	1/11	4AO
OakmontREC	Su	9am	E8D.9Y6Q	1/5	4AZ
OakmontREC	Th	7:50pm	E8D.4LHZ	1/9	4AZ
SoRunREC	Su	4pm	E8D.F89P	1/5	4AY
SpHillREC	W	8pm	E8D.FT1B	1/8	4AZ
Wkfld/Moore	Su	2:40pm	E8D.SCW9	1/5	4AY
(13-18 yrs.)					
CubRunREC	Su	4pm	246.5350	1/5	4AZ
CubRunREC	Su	5pm	246.UHLW	1/5	4AZ
SoRunREC	Su	5pm	246.XXMK	1/5	4AY

Aquatic Fitness

Options for aquatic exercisers:

Drop-In (or pay as you go)

- Best for the customer with a busy schedule or who wishes to try a new program.
- Daily drop-in rate to attend aquatic exercise classes, space permitting.

Aqua Exercise Flex Pass

- Allows entry into any Park Authority water exercise class, space permitting.
- Valid for four months from date of purchase, Aqua Exercise Flex Passes are sold at all Rec Centers and at www.fairfaxcounty.gov/parks/passesonline.htm in increments of 10, 20 or 30 visits.
- Pricing based on the per-class fee for coded classes. Senior pass rates are available. Early registration discounts and scholarships are not available for the Aqua Exercise Flex Pass.

Register for coded class listed in Parktakes

Registration guarantees a space in the class. Your class registration entitles you to only the class you registered for. Missed classes cannot be made up.

Aerobic Water Exercise

(13-Adult) This shallow-water class provides cardiovascular workout and increases muscle tone, strength and endurance.

4ABB	12--55 minute lessons--\$175
4ABC	13--55 minute lessons--\$186
4ABF	22--55 minute lessons--\$316
4ABG	24--55 minute lessons--\$344
4ABL	36--55 minute lessons--\$516
4ABN	10--55 minute lessons--\$144
4ABS	34--55 minute lessons--\$488

Location	Day	Time	Code	Begin	\$
CubRunREC	W	10am	3AD.GLGN	1/8	4ABB
GWREC	M/W/F	8:30am	3AD.7454	1/6	4ABL
OakmontREC	Su	4pm	3AD.TH09	1/5	4ABC
OakmontREC	W	9am	3AD.VLBC	1/8	4ABB
OakmontREC	Th	10am	3AD.FSYM	1/9	4ABB
OakmontREC	F	9am	3AD.VIPP	1/10	4ABN
ProvREC	Su	9am	3AD.6UDR	1/5	4ABC
ProvREC	M/W/F	7:30am	3AD.34PY	1/6	4ABS
ProvREC	M/W/F	10:30am	3AD.VVME	1/6	4ABS
ProvREC	T/Th	8:30am	3AD.VBMD	1/7	4ABG
ProvREC	T/Th	9:30am	3AD.X6HZ	1/7	4ABG
SoRunREC	M/W/F	9am	3AD.4IVM	1/6	4ABL
SoRunREC	T/Th	9am	3AD.7019	1/7	4ABG

SpHillREC	M/W/F	8:30am	3AD.ECGK	1/6	4ABL
Wkfld/Moore	M/W	09am	3AD.J2GX	1/6	4ABF
Wkfld/Moore	T/Th	09am	3AD.KZ2B	1/7	4ABG
Wkfld/Moore	Fri	09am	3AD.VNG4	1/10	4ABB

Advanced Water Aerobics

(13-Adult) This high-energy, cardio-intensive class uses water resistance to give you maximum fitness benefits. This program is for the experienced water aerobics student who wants a more intense workout and for anyone who wants to cross-train or enhance overall fitness.

4ABB	12--55 minute lessons--\$175
4ABN	10--55 minute lessons--\$144
4ABK	33--55 minute lessons--\$474

Location	Day	Time	Code	Begin	\$
OakmontREC	F	8am	40C.07TI	1/10	4ABN
SpHillREC	M/W/F	7:30am	40C.F8Y4	1/6	4ABK
SpHillREC	T	10am	40C.NFCV	1/7	4ABB

Arthritis Water Exercise

(13-Adult) Shallow-water exercises using water's buoyancy and resistance helps improve your overall range of motion, joint mobility and muscle strength. While this class is designed for students with arthritis, it is open to those who have other physical limitations.

4ABB	12--55 minute lessons--\$175
4ABG	24--55 minute lessons--\$344
4ABL	36--55 minute lessons--\$516
4ABS	34--55 minute lessons--\$488
4ABK	33--55 minute lessons--\$474

Location	Day	Time	Code	Begin	\$
CubRunREC	T/Th	9am	9E8.Z427	1/7	4ABG
Franconia Rec	M/W	9:05am	9E8.ME44	1/6	4ABG
GWREC	M/W/F	11:30am	9E8.88LY	1/6	4ABL
GWREC	T/Th	9am	9E8.U428	1/7	4ABG
GWREC	T/Th	10am	9E8.CEK7	1/7	4ABG
OakmontREC	Th	11am	9E8.KHME	1/9	4ABB
ProvREC	M/W/F	11:30am	9E8.7N1J	1/6	4ABS
ProvREC	T/Th	11:30am	9E8.68SK	1/6	4ABG
SoRunREC	M/W/F	10am	9E8.LETK	1/6	4ABL
SoRunREC	T/Th	10am	9E8.MMZF	1/7	4ABG
SoRunREC	T/Th	11am	9E8.ZFNB	1/7	4ABG
SpHillREC	M/W/F	10:40am	9E8.8RST	1/6	4ABK
Wkfld/Moore	T/Th	11:05am	9E8.B0ZZ	1/7	4ABG

Deep Water Exercise

(13-Adult) Prerequisite: Students must be able to swim 25 yards continuously. Take the plunge for a no-impact workout. You use a variety of deep water exercises and running techniques to get the maximum benefit from water's natural resistance.

4ABB	12--55 minute lessons--\$175
4ABC	13--55 minute lessons--\$186
4ABF	22--55 minute lessons--\$316
4ABG	24--55 minute lessons--\$344
4ABL	36--55 minute lessons--\$516
4ABS	34--55 minute lessons--\$488

Location	Day	Time	Code	Begin	\$
CubRunREC	T/Th	10am	B8B.9SDF	1/7	4ABG
GWREC	M/W/F	7:30am	B8B.SOCW	1/6	4ABL
GWREC	M/W/F	9:30am	B8B.G4K4	1/6	4ABL
GWREC	M/W/F	10:30am	B8B.4AUM	1/6	4ABL
GWREC	T/Th	5:05pm	B8B.QFNE	1/7	4ABG
GWREC	Su	1pm	B8B.9KG1	1/12	4ABB
OakmontREC	Su	5pm	B8B.0XTZ	1/5	4ABC
OakmontREC	M/W/F	9:10am	B8B.27JC	1/6	4ABS
OakmontREC	T/Th	9am	B8B.IP3I	1/7	4ABG
ProvREC	M/W/F	8:30am	B8B.DQOT	1/6	4ABS
ProvREC	T/Th	5:50pm	B8B.81YQ	1/7	4ABG
ProvREC	T/Th	6:50pm	B8B.1DVY	1/7	4ABG
SoRunREC	M/W/F	8am	B8B.60DT	1/6	4ABL
SoRunREC	T/Th	8am	B8B.6401	1/7	4ABG

SpHillREC	M/W/F	9:40am	B8B.H4CI	1/6	4ABL
SpHillREC	T	9am	B8B.CK0Y	1/7	4ABB
Wkfld/Moore	Su	11am	B8B.ABVO	1/5	4ABB
Wkfld/Moore	M/W	11am	B8B.AAFN	1/6	4ABF
Wkfld/Moore	T/Th	10:10am	B8B.Q739	1/7	4ABG

ABCs of Deep Water Training

(13-Adult) Deep water Aquatic Boot Camp (ABC) is a fast-paced, deep-water workout that targets cardio and core. Build strength, agility and balance while maximizing deep-water resistance by using aqua equipment. This high-intensity class uses a variety of equipment to target all muscle groups and combines short bursts using different movements as well as longer durations to build endurance. Prerequisite: can swim 25 yards continuously and confidently without stopping and can tread water for one minute without flotation assistance.

4ABS	34--55 minute lessons--\$488
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Location	Day	Time	Code	Begin	\$
OakmontREC	M/W/F	10:10am	4A8.23XZ	1/6	4ABS

Advanced Deep Water Exercise

(13-Adult) Prerequisite: Students must be able to swim 25 yards continuously. An excellent full-body workout that is more intense than the Deep Water Exercise class. This class is for the experienced deep water exerciser looking for a more challenging workout.

4ABB	12--55 minute lessons--\$175
4ABC	13--55 minute lessons--\$186
4ABG	24--55 minute lessons--\$344
4ABS	34--55 minute lessons--\$488

Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	10am	B79.V5SP	1/4	4ABC
Franconia Rec	Su	4:05pm	B79.S4VV	1/5	4ABB
Franconia Rec	T/Th	8am	B79.UK4P	1/7	4ABG
Franconia Rec	F	8am	B79.XTDM	1/10	4ABB
OakmontREC	M/W/F	8:10am	B79.4WRZ	1/6	4ABS
ProvREC	M/W/F	9:30am	B79.DV1D	1/6	4ABS

Aqua Fiesta

(13-Adult) Join the Party! Unete a la diversion! Get all the fun and benefits of a high energy aerobic workout with a combination of rumba, samba, merengue and salsa. Burn calories, tone your whole body and have a blast. Unete a la Fiesta! Diviertete y ponte en forma bailando en el agua con una combinacion de samba, merengue y salsa que te encantara. Quema calorías, entona todo tu cuerpo y disfruta mientras ejercitas tu cuerpo al maximo.

4ABB	12--55 minute lessons--\$175
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Location	Day	Time	Code	Begin	\$
Franconia Rec	Th	9:05am	XJN.664V	1/9	4ABB

Aqua Get Fit

(13-Adult) This class focuses on building strength, balance, and endurance using the water's buoyancy and support. Designed for those new to water exercise or those looking for a new fitness opportunity, this fun-filled class focuses on using aqua fitness to progress individual health goals.

4ABB	12--55 minute lessons--\$175
4ABG	24--55 minute lessons--\$344

Location	Day	Time	Code	Begin	\$
Franconia Rec	M/W	8am	2A9.9MS8	1/6	4ABG
Franconia Rec	T/Th	7:30pm	2A9.E72F	1/7	4ABG
Franconia Rec	F	9:05am	2A9.C3YC	1/10	4ABB



Hydro Pilates

(13-Adult) Experience the water's natural support and resistance while you increase your body's range of motion and challenge and strengthen core stability and control. Build abdominal and back strength, flexibility and muscle tone while maintaining core stabilization, posture alignment and balance.

4ABG 24--55 minute lessons--\$344						
Location	Day	Time	Code	Begin	\$	
SoRunREC	T/Th	12pm	7F0.AVVZ	1/7	4ABG	

Power Finning

(13-Adult) Prerequisite: Students must be able to swim 25 yds. continuously. Treat yourself to this unique workout designed to enhance cardiovascular fitness while strengthening and toning muscles. Students need to provide their own fins for a challenging workout utilizing fins, kickboards and float belts. Class is held in the deep end of the pool.

4ABB 12--55 minute lessons--\$175						
4ABC 13--55 minute lessons--\$186						
Location	Day	Time	Code	Begin	\$	
Franconia Rec	Sa	9am	83P.SF3H	1/4	4ABC	
Franconia Rec	M	7:35pm	83P.H3MU	1/6	4ABB	
GWREC	Th	10am	83P.RFD6	1/9	4ABB	

S'WET Deep

(13-Adult) S'WET Deep is an innovative aquatic training program that focuses on suspended work, reducing joint impact and optimizing muscle contractions through structured deep-water exercise and movements. This class is taught in deep water. Participants must be able to swim 25 yards continuously.

4ABB 12--55 minute lessons--\$175						
Location	Day	Time	Code	Begin	\$	
Franconia Rec	W	7:35pm	32R.RG4E	1/8	4ABB	

S'WET Shallow

(13-Adult) S'WET shallow combines muscle, strength, and high intensity interval training with advanced

cardio, plyometrics, unique equipment from around the world, and a splash of fun. S'WET offers an intense, athletic boot camp that is modifiable for all levels of experience and ability.

4ABB 12--55 minute lessons--\$175						
4ABG 24--55 minute lessons--\$344						
Location	Day	Time	Code	Begin	\$	
Franconia Rec	Su	3pm	NC7.P5PR	1/5	4ABB	
Franconia Rec	M/W	6:35am	NC7.B2NH	1/6	4ABG	
Franconia Rec	T	9:05am	NC7.E2SE	1/7	4ABB	
Franconia Rec	F	6:35am	NC7.LTPE	1/10	4ABG	

Water Walking

(13-Adult) This class is designed to improve muscle tone and aerobic fitness. Ideal for those who want the effects of walking without adding stress to muscles and joints. Instructors guide participants in different types of walking in water to benefit the entire body.

4ABB 12--55 minute lessons--\$175						
4ABF 22--55 minute lessons--\$316						
4ABG 24--55 minute lessons--\$344						
Location	Day	Time	Code	Begin	\$	
Franconia Rec	F	10:10am	7B5.EFCT	1/10	4ABB	
ProvREC	T/Th	10:30am	7B5.H3G4	1/7	4ABG	
Wkfld/Moore	M/W	10am	7B5.0G1V	1/6	4ABF	
Wkfld/Moore	F	10am	7B5.B4DK	1/10	4ABB	

Specialty Classes

Kayak Rolling

(13-Adult) Here's an opportunity for experienced students to practice skills in kayaks or C-1 canoes under the guidance of an instructor. Students must have prior experience before signing up for this course. Kayaks are not provided.

4KC 3--3 hour lessons without kayak--\$88						
Location	Day	Time	Code	Begin	\$	
Franconia Rec	Sa	6:15pm	4D7.NQKU	1/18	4KC	
Franconia Rec	Sa	6:15pm	4D7.YTC8	2/8	4KC	

Springboard Diving-Beginning

(6-Adult) Prerequisite: Must be able to swim at least 25 yards. Class is an introduction to the four main dive components: approach, takeoff, flight and entry. Students are also introduced to forward and back dives.

4AX 6--55 minute lessons--\$102						
4AY 7--55 minute lessons--\$118						
4AZ 8--55 minute lessons--\$135						
Location	Day	Time	Code	Begin	\$	
OakmontREC	Su	11am	5B5.XLGV	1/5	4AZ	
ProvREC	Sa	1:05pm	5B5.2NWM	1/4	4AZ	
Wkfld/Moore	Sa	1pm	5B5.WWOC	1/4	4AX	
Wkfld/Moore	Su	10am	5B5.VALO	1/5	4AY	

Springboard Diving-Intermediate

(6-Adult) Prerequisite: Must be able to swim at least 25 yards and have completed, or have skill level for Springboard Diving-Beginner. Class emphasizes developing the four main dive components: approach, takeoff, flight and entry and the four basic diving positions: layout, pike, tuck and free.

4AX 6--55 minute lessons--\$102						
4AY 7--55 minute lessons--\$118						
4AZ 8--55 minute lessons--\$135						
Location	Day	Time	Code	Begin	\$	
OakmontREC	Su	12pm	8A5.2KDT	1/5	4AZ	
ProvREC	Sa	2:05pm	8A5.KFNP	1/4	4AZ	
Wkfld/Moore	Sa	2pm	8A5.L9FJ	1/4	4AX	
Wkfld/Moore	Su	9am	8A5.SVBU	1/5	4AY	

Springboard Diving-Advanced

(6-Adult) Prerequisite: Must be able to swim at least 25 yards, and have completed or have skill level for Springboard Diving-Intermediate. Class emphasizes refining and improving the four main dive components: approach, takeoff, flight and entry, and the four basic dive positions: layout, pike, tuck and free. More advanced dives and flips are also introduced.

4AX 6--55 minute lessons--\$102						
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	Sa	3pm	535.YZT6	1/4	4AX	

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a Fairfax County Park Authority
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this Holiday Season!

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Valid at most Golf Pro Shops

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- Golf Fairfax Gift Card: Available at Golf Pro Shops

Activities, Classes, Camps, Food and Merchandise

Learn more at
www.fairfaxcounty.gov/parks/giftcards

Attractions

Scan the QR code to go directly to the Parktakes Online Attractions page.



Clemyjontri Park



**6317 Georgetown Pike
McLean, Va. 22101
703-388-2807
www.fairfaxcounty.gov/parks/clemyjontri**

- Fully accessible play-ground
- Two-acres
- Track rides
- Balance beams
- Swings
- Maze
- Carousel recessed to ground level
- Picnic pavilion with tables that accommodate wheelchairs
- Trackless train for children and adults

Hours

The park is open year-round from 7 a.m. to dusk. The carousel operates daily Memorial Day – Labor Day, 9:30 a.m.-1 p.m. Mon.- Fri.; 9:30 a.m.-6 p.m. weekends. Open weekends only in September and October, 9:30 a.m.-6 p.m.

The picnic pavilion may be reserved for a fee; additional picnic tables are available on a first-come, first-served basis.

Birthday Party Packages

What better place to celebrate than in your favorite park? With an array of birthday party options and star attractions, there's a party style to suit every child. For party particulars, check the listings at www.fairfaxcounty.gov/parks/parties or call the sites directly.

Audrey Moore Rec Center	703-321-7081
Burke Lake Park	703-323-6600
Cub Run Rec Center	703-817-9407
Ellanor C Lawrence Park	703-631-0013
Franconia Rec Center	703-922-9841
Frying Pan Park	703-437-9101
Green Spring Gardens	703-642-5173
George Washington Rec Center	703-780-8894
Hidden Oaks Nature Center	703-941-1065
Hidden Pond Nature Center	703-451-9588
Huntley Meadows Park	703-768-2525
Jefferson District Park and Golf Course	703-573-0443
Lake Accotink Park	703-569-0285
Lake Fairfax Park	703-471-5414
Oakmont Rec Center	703-281-6501
Pincrest Golf Course	703-941-1061
Providence Rec Center	703-698-1351
Riverbend Nature Center	703-759-9018
South Run Rec Center	703-866-0566
Spring Hill Rec Center	703-827-0989
Sully Historic Site	703-437-1794



Park Trails

If you live in Fairfax County, there's a good chance there's a nature trail close to your backyard. Let the Park Authority's Trail Buddy mapping tool be your guide. Visit www.fairfaxcounty.gov/parks/trails.

The Cross County Trail

Extending from Lorton in the south to Great Falls in the north, the 40-mile Gerry Connolly Cross County Trail runs through the heart of Fairfax County. The trail offers recreation, exercise, opportunities for contact with nature and history, and the "green" option of walking or biking instead of driving to work, to shopping centers or to Metro stations.

For GCCCT maps, visit www.fairfaxcounty.gov/parks/trails/cross-county-trail.

COME CHECK OUT THE NEW

Fairfax County Park Authority

INLINE SKATE RINK



- Roller Hockey
- Street Hockey
- Inline/Roller Skating Fun!

Make Reservations Online:
[www.fairfaxcounty.gov/parks/
lake-fairfax/skate-park](http://www.fairfaxcounty.gov/parks/lake-fairfax/skate-park)



More Family Fun

The Park Authority offers attractions for every age, including carousels, wagon and miniature train rides, an ice cream parlor and boating opportunities. For pricing, hours of operation and other details, call the parks listed below.

Burke Lake 703-323-6600	Boat rentals, carousel, mini golf, miniature train rides, ice cream parlor
Frying Pan Farm Park 703-437-9101	Farm animals, carousel, wagon rides, Country Store
Lake Accotink 703-569-3464	Boat and kayak rentals, carousel, mini golf, bike rentals, free fishing pole rentals
Lake Fairfax 703-471-5414	Boat and kayak rentals, free fishing pole rentals
Riverbend 703-759-9018	Boat and kayak rentals, free fishing pole rentals

Attractions and Amusements



Bike Rentals offered at Accotink Marina

Bike the trails at Lake Accotink Park — even if you didn't bring a bike! Through a partnership with Trails for Youth, Lake Accotink Park rents out bikes for older kids and adults. Each bike rents for \$10 per hour. Fee drops to \$5 per hour for each additional bike rented during the same time period. Helmets provided. Photo ID required for rental. For hours of operation, call 703-569-3464.



Mini-golf is the cross-generational game perfect for kids, parents and grandparents. Visit the sites listed below for a swing at great family fun. For additional mini-golf park attractions, fees and hours of operation, visit www.fairfaxcounty.gov/parks/minigolf.

Burke Lake Park

7315 Ox Road, Fairfax Station
703-323-6600

Oakmont Rec Center

3200 Jermantown Road, Oakton
703-281-6501

Jefferson Falls in Jefferson District Park

7900 Lee Highway, Falls Church
703-573-0444

Lucky Duck in Lake Accotink Park

It is right by the carousel for added fun!
7500 Accotink Park Road, Springfield
703-569-0285

Cub Run for Water Fun Year Round



Slides, a "river" current and other fun features turn the indoor leisure pool at Cub Run Rec Center into a water playground. Here the temperature is tropical for 12 months of the year, and parents never have to worry about kids getting sunburned! Rec Center admission includes the leisure pool.

For more information and hours, visit www.fairfaxcounty.gov/parks/reccenter/cub-run/leisure-pool or call 703-817-9407.



Celebrate your Birthday in the Parks!

Swing into Fun with Mini Golf

Burke Lake • Jefferson • Lake Accotink • Oakmont

Splash Around Year Round

Your Local Rec Center Pools & Party Rooms

Ride a Carousel or Train

Burke Lake • Clemjontri • Lake Accotink
Lake Fairfax • Frying Pan Farm Park

Bounce Around a Soft Playroom

Franconia Rec Center

For information, call the individual sites.
Attractions vary by site.

Come to the Parks for Picnics



Chances are there's a picnic-perfect park in your neighborhood. Sites offer exciting features for your next outdoor event. Attractions may include pedal boats, a carousel, an ice cream parlor, miniature golf, tennis, basketball, athletic fields, train rides, volleyball and nature trails. For information about our reservable areas, fees, amenities, availability and booking, visit www.fairfaxcounty.gov/picnics.

For help planning your event, email FCPApicnics@fairfaxcounty.gov or call 703-324-8732.



Unlock the Past with Discovery Baskets at Colvin Run Mill!



**Available Thursday-Sunday
11 a.m. - 4 p.m.**

Borrow one of these self-guided, kid-friendly baskets packed with hands-on fun! Baskets change with the seasons and might include:

Books • Puzzles • Sensory Toys

To reserve your Discovery Basket adventure in advance, call 703-759-2771 or check availability when you visit the general store.

Adults are needed to check out a basket.
Baskets may be unavailable during special events.



Camps

Winter Break and School Day Out Camps

IMPORTANT INFORMATION:

- Refunds/transfers must be requested at least 14 days prior to the camp/workshop start date. All but \$25 will be returned for those approved refunds. Refund/transfer requests made within 13 days of the start of the camp/workshop will only be approved for medical emergencies with doctor's note. Send requests to camps@fairfax-county.gov. DO NOT USE A REFUND REQUEST FORM.
- Emergency, Pick-Up Authorization and Code of Conduct forms must be completed and brought on the first day. These forms may be obtained in the Camp Parent Handbook on the camp webpage at <https://www.fairfaxcounty.gov/parks/sites/parks/files/assets/documents/camps/camp-forms-packet.pdf>
- Full-day camps: bring snack, lunch and drink daily.

THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

Stay up to date via



Web:
www.fairfaxcounty.gov/parks/parktakes



Social Media:
[@FairfaxParks](https://www.instagram.com/fairfaxparks)



Join our email list:
www.fairfaxcounty.gov/parks/parktakes



Art & Performing Arts

NEW! 3D Minecraft Masterpiece

(5-12 yrs.) Campers will join Kidcreate instructors to construct a 3D diorama of a Minecraft scene and create Minecraft characters to add to their diorama out of Model Magic® clay. Pack a nut-free snack and drink.

Location	Days	Time	Code	Dates	\$
Lake Fairfax	M	9am-12pm	4XG.ES8W	1/20	\$55



ACTION! Acting Adventures

(7-14 yrs.) Take center stage in this Moonlit Wings camp inspired by your favorite films and plays. Explore short skits, improv games, musical numbers and get in the spotlight. Bring swimsuit/towel for a pool break.

Location	Days	Time	Code	Dates	\$
Franconia Rec	Th-F	9am-4pm	Q7Z.KYD5	1/2-1/3	\$155
OakmontREC	M	9am-4pm	Q7Z.UJ15	1/20	\$79
OakmontREC	M	9am-4pm	Q7Z.4TOI	2/17	\$79
ProvREC	M	9am-4pm	Q7Z.HP95	1/20	\$79
SoRunREC	M	9am-4pm	Q7Z.OYF3	1/20	\$79
SpHillIREC	M	9am-4pm	Q7Z.YC2W	2/17	\$79
Wkfld/Moore	M	9am-4pm	Q7Z.3HSP	12/23	\$79
Wkfld/Moore	M	9am-4pm	Q7Z.Q1RF	1/20	\$79

ACTION! Broadway Camp

(7-14 yrs.) Put on a surprise showcase with new music and scripts inspired by Broadway hits like Wicked, Matilda and Aladdin. Moonlit Wings award-winning programs are jam-packed with acting, music, improvisation games and exciting theatrical surprises every day! Family/friends enjoy a mini performance. Rec Center camps should bring a swimsuit/towel for a pool break.

Location	Days	Time	Code	Dates	\$
Frying Pan Pk	Th-F	9am-4pm	Z18.MDCW	1/2-1/3	\$155
Franconia Rec	W	9am-4pm	Z18.72QC	1/29	\$79
Frying Pan Pk	W	9am-4pm	Z18.R7JM	1/29	\$79
GrnSprgGdns	W	9am-4pm	Z18.3C17	1/29	\$79
OakmontREC	M	9am-4pm	Z18.EEBI	12/23	\$79
ProvREC	M	9am-4pm	Z18.XG7D	2/17	\$79
ProvREC	Th-F	9am-4pm	Z18.70BM	12/26-12/27	\$155
SoRunREC	M	9am-4pm	Z18.CIDL	12/23	\$79
SoRunREC	M	9am-4pm	Z18.VWNQ	2/17	\$79
SpHillIREC	Th-F	9am-4pm	Z18.P2AW	12/26-12/27	\$155
Wkfld/Moore	M-Tu	9am-4pm	Z18.K5SZ	12/30-12/31	\$155
Wkfld/Moore	M	9am-4pm	Z18.FX2K	2/17	\$79

ACTION! Pop Star Spotlight

(7-14 yrs.) Explore singing and dancing to your favorite hits and act in original scenes and improved skits. Parents are invited to a mini performance on the last day. Moonlit Wings award-winning programs are jam-packed with acting, music, improvisation games and new theatrical surprises every day! Rec Center camps should bring a swimsuit/towel for a pool break.

Location	Days	Time	Code	Dates	\$
Franconia Rec	Th-F	9am-4pm	2BJ.WZJF	12/26-12/27	\$155
Frying Pan Pk	M-Tu	9am-4pm	2BJ.T7UM	12/30-12/31	\$155
GrnSprgGdns	Th-F	9am-4pm	2BJ.LYP1	1/2-1/3	\$155
ProvREC	M-Tu	9am-4pm	2BJ.678R	12/30-12/31	\$155
SoRunREC	M-Tu	9am-4pm	2BJ.XY45	12/30-12/31	\$155
SoRunREC	Th-F	9am-4pm	2BJ.BOWA	1/2-1/3	\$155
SpHillIREC	Th-F	9am-4pm	2BJ.2RY9	1/2-1/3	\$155

Beading Camp

(7-14 yrs.) Join Green Tea Ideas to make necklaces, wristbands, earrings and a wearable jewelry set for holidays. Rec Center camps may include an afternoon swim break. Supply fee of \$10 is due on the first day.

Location	Days	Time	Code	Dates	\$
SpHillIREC	M-Tu	9am-4pm	U7W.16ZJ	12/30-12/31	\$119
SpHillIREC	W	9am-4pm	U7W.GS0I	1/29	\$59
Wkfld/Moore	Th-F	9am-4pm	U7W.XDOW	1/2-1/3	\$119

Craftspace Craft Camps

(6-13 yrs.) Spend your days getting creative with fun, themed, hands-on craft projects! Kids will explore new techniques, make new friends, and enjoy a supportive environment where their artistic talents can shine. All materials are included.

Location	Days	Time	Code	Dates	\$
Craftspace	M	9am-4pm	YT4.H122	12/23	\$85
Craftspace	Th	9am-4pm	YT4.FYHN	12/26	\$85
Craftspace	F	9am-4pm	YT4.ULQD	12/27	\$85

Snowfallen Trails

Craftspace	M	9am-4pm	84W.M4MY	12/30	\$85
Craftspace	Tu	9am-4pm	84W.UJZP	12/31	\$85
Craftspace	Th	9am-4pm	84W.MPNK	1/2	\$85
Craftspace	F	9am-4pm	84W.IED9	1/3	\$85

Colors of Creativity

Craftspace	M	9am-4pm	I2W.NGQM	1/20	\$85
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School Fun

Craftspace	W	9am-4pm	6WY.EQX1	1/29	\$85
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Leaders & Legends

Craftspace	M	9am-4pm	BVY.QSGQ	2/17	\$85
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Second Sunday Workshop

Craftspace	Su	1pm-4pm	J47.GBH8	12/8	\$85
Craftspace	Su	1pm-4pm	J47.323T	1/12	\$85
Craftspace	Su	1pm-4pm	J47.28NU	2/9	\$85

NEW! Dazzling Dino Camp

(5-12 yrs.) With Kidcreate instructors, unleash your creativity bedazzling Tyrannosaurs Rex, Triceratops, and Diplodocus. Campers will craft their own sparkly prehistoric masterpieces out of clay and paint. Please pack a nut-free snack and drink.

Location	Days	Time	Code	Dates	\$
Lake Fairfax	W	9am-12pm	6NC.697F	1/29	\$55

Fine Arts Mediums Exploration

(5-12 yrs.) Join Mudskippers for creative fun while we explore different fine art mediums. Each day we will focus on pottery, painting, printmaking and sculpture. Learn how real artists create their portfolios with this diverse array of mediums and find your new favorite form of art!

Location	Days	Time	Code	Dates	\$
ProvREC	M	9am-4pm	4U9.EH9Y	12/23-	\$85
SpHillIREC	Th-F	9am-4pm	4U9.WP4P	1/2-1/3	\$169

Fashion Design with AI Sewing Camp

(8-12 yrs.) Boys and girls discover how fashion design works and how clothing lines are created using AI Technology. Learn fashion sketching plus basic hand and machine techniques to create an outfit and accessories for an 18" boy or girl doll or stuffed animal. Repeat campers can create a unique tote bag. A supply fee of \$35 is due on the first day for materials. No Camp January 1.

Location	Days	Time	Code	Dates	\$
Wkfld/Moore	M,Tu,Th,F	9am-4pm	130.36IL	12/30-1/3	\$345

NEW! Holiday Apron & Oven Mitt

Sewing Camp

(8-12 yrs.) Boys and girls discover how to draft and make a custom holiday apron and matching oven mitt as they learn basic hand and machine techniques. A supply fee of \$35 is due on the first day for materials.

Location	Days	Time	Code	Dates	\$
ProvREC	M	9am-4pm	IMG.0TEK	12/23	\$89
Wkfld/Moore	M	9am-4pm	IMG.Y54A	12/23	\$89

Holiday Donut & Cookie Pillow

Sewing Camp

(8-12 yrs.) Boys and girls learn basic hand and machine techniques, measuring, using patterns, fabric structure, maintenance and sewing machine operation. Design and decorate your favorite holiday donut or cookie out of fleece to make a fun pillow. A supply fee of \$35 is due on the first day for materials.

Location	Days	Time	Code	Dates	\$
Wkfld/Moore	Th-F	9am-4pm	V2U.DUC2	12/26-12/27	\$175



NEW! Holiday Pillow & Tote Bag

Sewing Camp

(8-12 yrs.) Campers will learn basic sewing skills including using the ruler, proper measuring and how to read a pattern. Course also covers sewing machine use and maintenance. Skills are used to create a variety of holiday pillow and tote bag projects. No previous experience necessary. Sewing machines and a sewing primer are provided. Supply fee of \$35 is payable to instructor. No Camp January 1.

Location	Days	Time	Code	Dates	\$
Oakmont	M,T,Th,F	9am-4pm	UXT.623X	12/30-1/3	\$345
ProvREC	Th-F	9am-4pm	UXT.QRIL	1/2-1/3	\$175

NEW! Inspired by Renowned

Artists Camp

(5-12 yrs.) Experience the thrill of recreating masterpieces by renowned artists like Banksy and Da Vinci in this Kidcreate camp. With a range of art materials and techniques, we will bring these iconic works to life. Campers will create a mesmerizing snow globe inspired by Van Gogh's Starry Night. Pack a nut-free snack, and drink.

Location	Days	Time	Code	Dates	\$
OakmontREC	Th-F	9am-12pm	9T3.6K9W	12/26-12/27	\$110

NEW! Messy Fun Clay Factory Camp

(5-12 yrs.) Unleash your child's imagination as they learn basic clay building techniques and create their own sparkly geode, a fun-filled tic-tac-toe game and a beautiful leaf-shaped pinch pot with a mosaic decoration. Join Kidcreate to embrace the messiness and join us for sculpting, shaping, and transforming clay into one-of-a-kind masterpieces. Please pack a nut-free snack and drink.

Location	Days	Time	Code	Dates	\$
OakmontREC	Th-F	1pm-4pm	XAO.KRPK	12/26-12/27	\$110

NEW! Mini Mania Camp

(5-12 yrs.) Join Kidcreate to create a series of microscopic masterpieces. We'll sculpt an itty bitty bowling set, a magnificent mini cake, and all kinds of other teeny tiny creations. Pack a nut-free lunch, snack, and drink.

Location	Days	Time	Code	Dates	\$
Lake Fairfax	M	1pm-4pm	ITS.750F	1/20	\$55

NEW! Mythical and Fairy Friends

(5-12 yrs.) Fairies and mystical creatures will inspire you at this magical camp with Kidcreate. Your camper will dream of swimming with mermaids, flying on the back of Pegasus and fighting a fire-breathing dragon. Model Magic, air-dry clay, paint, glitter, and other magical materials will help bring their dreams to life. Please pack a nut-free snack and drink.

Location	Days	Time	Code	Dates	\$
Lake Fairfax	M	1pm-4pm	77G.0J89	2/17	\$55
OakmontREC	M	1pm-4pm	77G.JEP4	2/17	\$55
ProvREC	M	1pm-4pm	77G.ATSY	2/17	\$55

NEW! Nailed it! Dazzling Masterpieces

(5-12 yrs.) Inspired by the hit TV show Nailed It!, Kidcreate will provide you with all the tools you need to create dazzling masterpieces. Sculpt a themed picture holder, design an adorable blinged out panda, and craft shimmering springtime blossoms. Pack a nut-free snack and drink.

Location	Days	Time	Code	Dates	\$
Lake Fairfax	W	1pm-4pm	P8W.8F01	1/29	\$55
SoRunREC	M-Tu	1pm-4pm	P8W.2EOP	12/30-12/31	\$110



Experience the holiday spirit
at historic Colvin Run Mill

Delight in the magic of yesteryears with joyful
activities that capture the essence of the holidays.

Holiday Lantern Tour

Friday-Saturday, December 6-7

Timeslots are 5:30 p.m. or 6:30 p.m. • \$12

Santa at the Mill

Saturday, December 14

Timeslots between 3-5:30 p.m. • \$10

Sunday, December 15

Timeslots between 2-4:30 p.m. • \$10

Children's Holiday Shopping

at Historic Colvin Run

Saturday-Sunday, December 7-8

Timeslots are between 11 a.m.-2:30 p.m. • \$7

Sensory-Friendly Santa at the Mill

Saturday, December 14

Timeslots between 12:30-2:15 p.m.

Sunday, December 15

Timeslots between 11:30 a.m.-1:15 p.m.

\$40 per group, up-to five in a group

Learn more at

www.fairfaxcounty.gov/parks/colvin-run-mill



NEW! Ode to Van Gogh Camp

(5-12 yrs.) Swirls of color, starry night skies and brightly colored sunflowers are just a few things that will inspire your young artist during this Kidcreate camp. We'll learn about Vincent Van Gogh as we create starry night globes and sunflower "impasto" paintings. Pack a nut-free snack, and drink.

Location	Days	Time	Code	Dates	\$
Lake Fairfax	Th-F	9am-12pm	AVZ.EULX	1/2-1/3	\$110

NEW! Pets & Puppies Camp

(6-12 yrs.) Your artists will explore exceptional projects inspired by innovative artists and pets in this Abrakadoodle camp. These colorful pets will soar into your hearts and homes as you have a PET-tastic time experimenting with painting, collage and sculpture.

Location	Days	Time	Code	Dates	\$
EC Lawrence	M	9am-4pm	6FM.97TE	2/17	\$75

NEW! Rainbowcorn Surprise Camp

(5-12 yrs.) Campers join Kidcreate instructors to embark on a whimsical journey as they sculpt and paint their very own adorable Rainbowcorn, blending imagination with vibrant colors. Pack a nut-free snack and drink.

Location	Days	Time	Code	Dates	\$
Lake Fairfax	Th-F	1pm-4pm	RFT.VH7F	1/2-1/3	\$110

NEW! Squishy Squishmallows

(5-12 yrs.) In this Kidcreate workshop, artists will create a clay version of their favorite Squishmallow using air-dry clay, paint, and other materials. Bring your Squishmallow so they can join in the fun! Please pack a nut-free snack and drink.

Location	Days	Time	Code	Dates	\$
Lake Fairfax	M	9am-12pm	42Q.YCQL	2/17	\$55
OakmontREC	M	9am-12pm	42Q.9Q52	2/17	\$55
ProvREC	M	9am-12pm	42Q.TYPG	2/17	\$55
SoRunREC	M-Tu	9am-12pm	42Q.9KWQ	12/30-12/31	\$110

NEW! Super Hero Doodlers Camp

(6-12 yrs.) In this Abrakadoodle camp, campers will create super-sized collages, capes and masks. Imagine superheroes and find your own creative superpowers!

Location	Days	Time	Code	Dates	\$
OakmontREC	M	9am-4pm	V55.6LSB	1/20	\$75

Ultimate Music Experience MiniCamp

(5-12 yrs.) Learn Now Music introduces campers to a variety of musical instruments and concepts through musical games, crafts, musical listening excerpts and related projects (a.m. session-piano and drum; p.m. session is guitar and violin). FREE instrument rentals are provided for in-camp use and at-home exploration during the camp week (rental agreement must be signed). Bring snack and lunch.

Location	Days	Time	Code	Dates	\$
OakmontREC	M-Tu	9am-1pm	YYG.UUGU	12/30-12/31	\$59
SpHillREC	M	9am-5pm	YYG.MCWB	12/23	\$59
SpHillREC	M	9am-5pm	YYG.C94W	1/20	\$59
SpHillREC	W	9am-5pm	YYG.N4Q9	1/29	\$59
SpHillREC	M	9am-5pm	YYG.AX5L	2/17	\$59

NEW! ZooTastic Art Camp

(6-12 yrs.) Coil clay to make spiral elephants and sluggish sloths with Abrakadoodle. Pinch clay pots to create bright tigers, mix the colors of a ferocious lion, press spots onto a leaf-eating giraffe.

Location	Days	Time	Code	Dates	\$
EC Lawrence	W	9am-4pm	P5F.T4H0	1/29	\$75
ProvREC	W	9am-4pm	P5F.F31C	1/29	\$75

Cooking**NEW! Baking Bootcamp**

(10-14 yrs.) Move beyond the basics and stretch your baking repertoire to include biscuits, muffins, cupcakes, fruit tarts and dessert sauces. Campers learn measurements and equivalents, and techniques like folding, whisking and rolling. Disclaimer: Tiny chefs reviews products for allergy warnings indicated on the label. Tiny chefs is not held liable for allergens not listed on product packaging, and environmental factors or cross-contamination. Tiny Chefs can accommodate some mild allergies based on our discretion. Examples of ingredients used in our camps: dairy, egg, wheat/gluten, soy, coconut, sesame. We cannot guarantee a completely allergen-free environment. Tiny chefs cannot substitute any ingredients.

Location	Days	Time	Code	Dates	\$
SoRunREC	W	9am-4pm	HXJ.R084	1/29	\$130

Cooking Savory & Sweets

(5-11 yrs.) Each day will feature a sweet treat that goes perfectly with dinner and one savory dish that's sure to become a family favorite. Join Baroody Camps to learn new baking skills like creaming, whisking and melting plus cooking skills such as stewing, stir-frying and sautéing.

Location	Days	Time	Code	Dates	\$
EC Lawrence	Th-F	9am-4pm	5S2.OUTZ	12/26-12/27	\$135
EC Lawrence	M	9am-4pm	5S2.Q1UK	12/23	\$69
SpHillREC	M	9am-4pm	5S2.LTBO	1/20	\$69



Saturday, December 14 . 3 - 7 p.m.
Tickets are \$12 per person

Santa's elves have decorated Oakmont Mini Golf with festive lights and holiday displays

- Meet Santa
- Hot Chocolate
- Sweet Treats and Goodies to Take Home
- Crafts
- Fun for All Ages

Learn more and get tickets:
www.fairfaxcounty.gov/parks/recenter/oakmont

OAKMONT REC CENTER
3200 Jermantown Rd. • Oakton

Cupcake Wars 2.0

(10-14 yrs.) The Tiny Chefs' version of Cupcake Wars has been so popular we have had to create a "sequel" to introduce new recipes and competitions. In Cupcake Wars 2.0 we have gathered cupcake recipes that double as breakfast foods or drinks, and that explore regional and international cuisines. On top of that we have included savory cupcakes! Campers will compete in rotating small groups and learn decorating techniques. Disclaimer: Tiny chefs reviews products for allergy warnings indicated on the label. Tiny chefs is not held liable for allergens not listed on product packaging, and environmental factors or cross-contamination. Tiny Chefs can accommodate some mild allergies based on our discretion. Examples of ingredients used in our camps: dairy, egg, wheat/gluten, soy, coconut, sesame. We cannot guarantee a completely allergen-free environment. Tiny chefs cannot substitute any ingredients.

Location	Days	Time	Code	Dates	\$
ProvREC	Th-F	9am-4pm	LM1.TOK9	12/26-12/27	\$249
SoRunREC	Th-F	9am-4pm	LM1.EXHW	12/26-12/27	\$249

NEW! Snack Attack Camp

(6-10 yrs.) Campers will push the limits on snacking and learn to prepare a variety of wholesome, delicious and unique nibbles. Chefs will prepare a variety of bite-sized munchies like Oatmeal Chocolate Chip Cookies, Homemade Pretzels, Black Bean Corn Salsa Nachos, Roasted Pepper Hummus with Homemade Pita Chips and more. Disclaimer: Tiny chefs reviews products for allergy warnings indicated on the label. Tiny chefs is not held liable for allergens not listed on product packaging, and environmental factors or cross-contamination. Tiny Chefs can accommodate some mild allergies based on our discretion. Examples of ingredients used in our camps: dairy, egg, wheat/gluten, soy, coconut, sesame. We cannot guarantee a completely allergen-free environment. Tiny chefs cannot substitute any ingredients.

Location	Days	Time	Code	Dates	\$
EC Lawrence	M	9am-4pm	AX0.DXHQ	1/20	\$130
ProvREC	M	9am-4pm	AX0.NARG	1/20	\$130

Nature & History**Cooking and Crafts Camp**

(8-12 yrs.) Get a little messy with history. Experience the 19th century as you make and eat a sweet or savory food. Practice traditional skills to make a craft and explore the historic house through games.

Location	Days	Time	Code	Dates	\$
ColvinRun	M	9am-4pm	CI2.DWSD	1/20	\$89

History Mystery Camp

(8-12 yrs) Help us solve a mystery in history! Search for clues, solve puzzles, break codes and explore the park to complete our mission. Learn the history of our farm and the people who lived here.

Location	Days	Time	Code	Dates	\$
Frying Pan Pk	M	9am-4pm	8BP.UOBJ	2/17	\$89

Winter Break on the Farm - Katydid

(5-10 yrs.) Campers will enjoy daily fact-check games about farms and nature, hiking, farm visits, and outdoor games (weather permitting) so dress for the weather. Indoor activities include building, arts and crafts, painting and board games. Bring lunch, snack and drink. Held in the Old Floris Schoolhouse on the farm. Call with questions 703-689-3104.

Location	Days	Time	Code	Dates	\$
Frying Pan Pk	Th-F	8:30am-4:30pm	1A8.03G1	12/26-12/27	\$195
Frying Pan Pk	M-T	8:30am-4:30pm	1A8.QCW9	12/30-12/31	\$195
Frying Pan Pk	Th-F	8:30am-4:30pm	1A8.2TV3	1/2-1/3	\$195

Camps

Winter Survival Camp

(6-8 yrs.) Learn to survive and have fun with nature's most challenging season. Campers will learn how humans, animals, and plants endure the cold and persevere during this wonder-filled adventure into winter wilderness.

Location	Days	Time	Code	Dates	\$
HiddenPndNC	Th-F	9am-4pm	ZHS.P602	12/26-12/27	\$165
HiddenPndNC	M-Tu	9am-4pm	ZHS.24NJ	12/30-12/31	\$165
HiddenPndNC	Th-F	9am-4pm	ZHS.SPXS	1/2-1/3	\$165

Winter Wildlife Rangers

(6-11 yrs.) Join our naturalists to learn about how animals prepare for winter by catching food, finding shelter and preparing to hibernate. Practice skills humans use to stay safe and warm when adventuring in the cold outdoors. Play games, enjoy hands-on activities and engage in cool experiments. No camp on January 1.

Location	Days	Time	Code	Dates	\$
HuntMeadwsPk	M	9am-4pm	R31.KSXX	12/23	\$69
HuntMeadwsPk	Th-F	9am-4pm	R31.IVAM	12/26-12/27	\$139
RiverbendPk	M,Tu,TH,F	9am-4pm	R31.EXVH	12/30-1/3	\$269

Outdoor Adventure

Junior Explorers Hiking Camp

(7-11 yrs.) Perfect for young nature enthusiasts, this outdoor adventure camp with Baroody Outside offers children a unique opportunity to explore the great outdoors, learn about nature, and build lasting friendships.

Location	Days	Time	Code	Dates	\$
GW Rec	Th-F	9am-4pm	E03.I880	12/26-12/27	\$235
Lake Fairfax	1/20	9am-4pm	E03.57BD	1/20	\$119



Survival Camp

(9-13 yrs.) Embark on a thrilling journey of wilderness exploration and self-sufficiency at Baroody Outside's Survival Camp! This immersive experience is designed to equip campers with essential skills and knowledge needed to thrive in the great outdoors. Guided by experienced instructors and fueled by a spirit of adventure, campers will engage in hands-on activities that encompass survival techniques, teamwork, and a deep connection to nature.

Location	Days	Time	Code	Dates	\$
GW Rec	M	9am-4pm	U9M.Z4FN	12/23	\$119

Sports

All Sports Camp with Alpha Sports

(7-11 yrs.) Want to try a sport but not sure which one? Learn the fundamentals of multiple sports including football, soccer and baseball with Alpha Sports.

Location	Days	Time	Code	Dates	\$
SullyCC	M-Tu	9am-4pm	5NV.BNPC	12/30-12/31	\$119

Basketball & Sports Winter Camp

(6-12 yrs.) A combination of positive, energetic and fundamentals-based coaching while maximizing the fun of real game action daily. Learn and refine skills with one-on-one basketball coaches. Rec Center campers should bring a swimsuit/towel for afternoon pool time if available.

Location	Days	Time	Code	Dates	\$
SpHillREC	M	9am-4pm	YNN.Y5U1	12/23	\$69
SpHillREC	Th-F	9am-4pm	YNN.R7ER	12/26-12/27	\$139
SpHillREC	M-Tu	9am-4pm	YNN.KGZA	12/30-12/31	\$139
SpHillREC	Th-F	9am-4pm	YNN.60DM	1/2-1/3	\$69
SpHillREC	W	9am-4pm	YNN.B119	1/29	\$69
SpHillREC	M	9am-4pm	YNN.ICSA	2/17	\$69
SullyCC	M	9am-4pm	YNN.00ZW	12/23	\$69
SullyCC	Th-F	9am-4pm	YNN.UKHM	12/26-12/27	\$139
Wkfld/Moore	Th-F	9am-4pm	YNN.A13J	12/26-12/27	\$139

Basketball & Pickleball Camp

(6-12 yrs.) This fun camp will focus on fundamentals and skills in both basketball and pickleball with one-on-one coaches. Campers will participate in drills and contests before playing daily games in each sport. The program will culminate with championship games. Bring a swimsuit/towel for afternoon pool time.

Location	Days	Time	Code	Dates	\$
SpHillREC	M	9am-4pm	XC2.PD50	1/20	\$69



JUNIOR GOLF FAIRFAX

Introduce your teen or child to golf with these Golf Fairfax offerings:

Discounts for Ages 5-17

- 35% off greens fees at all courses*
- One small bucket free at Burke Lake and Oakmont with the purchase of any-sized bucket

*Course availability varies

Play a Round for \$5 for Youth on Course Members

- At designated times and courses
- Through our partnership with Youth on Course and the Virginia State Golf Association

Orange Tee Club at Burke Lake

- Enjoy a family-friendly round with tees closer to the pin
- Supported by the Fairfax County Park Foundation

For more information visit

www.fairfaxcounty.gov/parks/golf/junior





Beginning Athletes

(6-12 yrs.) This JST Athletics camp gives your young athlete a chance to try several different sports: basketball, flag football, soccer, baseball and tennis.

Location	Days	Time	Code	Dates	\$
SpHillREC	M	9am-4pm	EKR.0BH4	1/20	\$59
Wkfld/Moore	M	9am-4pm	EKR.5KNG	12/23	\$59
Wkfld/Moore	Th-F	9am-4pm	EKR.OCWF	1/2-1/3	\$119

Challenger Core Soccer Camp

(6-12 yrs.) Challenger Sports has taken their popular British Soccer and TetraBrazil programs and integrated them into this unique international soccer experience. This camp highlights the global nature of the sport and provides young players with a variety of coaching styles, practices and influences that help them develop well-rounded skills. Camp is mainly outdoors, rain or shine. Everyone receives a ball and shirt. Campers should bring cleats. Rec Center camps include an afternoon swim break.

Location	Days	Time	Code	Dates	\$
Franconia Rec	W	9am-4pm	ODC.NCXN	1/29	\$65
SoRunREC	M	9am-4pm	ODC.CHL1	1/20	\$65

Dance Camp

(6-12 yrs.) Campers will love this Baroody dance camp where instructors teach choreography and movement using some of the most popular songs out today. Arts and crafts will also be incorporated as campers decorate props and shirts.

Location	Days	Time	Code	Dates	\$
Wkfld/Moore	M-Tu	9am-4pm	ULU.7RQI	12/30-12/31	\$129
Wkfld/Moore	Th-F	9am-4pm	ULU.ZGEO	1/2-1/3	\$129

Gymnastics Camp

(5 ½-12 yrs.) In this Metro Movement gymnastics camp, campers will build skills and learn to master the balance beam, bars, floor and vault. Bring swimsuit/towel for an afternoon swim break. A signed waiver is required to participate.

Location	Days	Time	Code	Dates	\$
Wkfld/Moore	M	9am-4pm	ESH.20HH	12/23	\$79
Wkfld/Moore	Th-F	9am-4pm	ESH.UFLA	1/2-1/3	\$159

Gymnastics & Cheer Camp

(5 ½-11 yrs.) Kids will learn jumps, stunts, cheers and a dance routine from former high school, collegiate, and pro cheerleaders in this Metro Movement Camp. Build skills using the balance beam, bars, floor and vault taught by USA Gymnastics Instructors. Bring swimsuit/towel for an afternoon swim break. A signed participation release is due on the first day.

Location	Days	Time	Code	Dates	\$
Wkfld/Moore	M-Tu	9am-4pm	9CE.IRZ7	12/30-12/31	\$159

Hoops & More: Basketball & Tennis

(6-12 yrs.) Players learn the fundamentals of basketball and tennis with JST Athletics. Develop a love for both sports as camp includes confidence-building drills and matches incorporating skills learned. Activities include dribble tag, hot-seat and ultimate knockout. Bring tennis racket, snack, lunch and water bottle. Campers should also bring swimsuit/towel for afternoon swim time break

Location	Days	Time	Code	Dates	\$
Wkfld/Moore	M-Tu	9am-4pm	57C.BWG6	12/30-12/31	\$119

Indoor Soccer: Futsal

(8-14 yrs.) Come play indoor soccer (futsal) with Brazilian United Soccer coaches. This game is played at a fast pace with a lot of touches on the ball. Campers will learn basic skills and strategies while having fun.

Location	Days	Time	Code	Dates	\$
SullyCC	Th-F	9am-4pm	44T.LHXN	1/2-1/3	\$130
Wkfld/Moore	Th-F	9am-4pm	44T.EGW1	12/26-12/27	\$130

Soccer Camp

(6-12 yrs) Join Baroody sports for fun games teaching soccer skills which will lead up to playing small-sided soccer game. Games will involve dribbling, ball control, passing, and shooting and will require individual 1 on 1 skills with some requiring team participation.

Location	Days	Time	Code	Dates	\$
Franconia Rec	M	9am-4pm	EYG.FKEA	2/17	\$69

Total Sports MiniCamp

(6-13 yrs.) In this camp directed by Coach Rich, play a variety of sports such as basketball, flag football,

soccer and track in this fast-paced, high-energy camp. Appropriate for boys and girls of all skill/experience levels. Camp includes a daily swim break.

Location	Days	Time	Code	Dates	\$
Franconia Rec	Th-F	9am-4pm	3F5.ADQ7	12/26-12/27	\$125
Franconia Rec	M-T	9am-4pm	3F5.M3VZ	12/30-12/31	\$125
Franconia Rec	Th-F	9am-4pm	3F5.ROUY	1/2-1/3	\$125

STEM (Science, Technology, Engineering & Math)

NEW! Battle of the Bots

(7-10 yrs.) Get ready for an action-packed adventure in robotics with iCode's Battle of the Bots camp! Campers will dive into the fascinating world of VEX robotics and hardware, experiencing the thrill of designing, building, programming and controlling their very own battle-bot.

Location	Days	Time	Code	Dates	\$
SoRunREC	M-Tu	9am-4pm	8H4.G064	12/30-12/31	\$149

Chemistry Creations

(6-11 yrs.) Want to create your own playdough or dip your fingers into a concoction that changes from a liquid to a solid? How about a dry ice bubble machine or volcanic lemon? Join Baroody Camps to test out a multitude of experiments and explore the wonderful world of science.

Location	Days	Time	Code	Dates	\$
EC Lawrence	M-Tu	9am-4pm	6YD.3U13	12/30-12/31	\$135

Chess Winter Camp

(6-13 yrs.) All levels are welcome to learn and play chess with Magnus Chess Academy. Lessons range from overview of the rules to tournament strategies. Includes non-chess activities during breaks.

Location	Days	Time	Code	Dates	\$
Franconia Rec	Th-F	9am-4pm	IZU.2IVT	1/2-1/3	\$159
Franconia Rec	M-T	9am-4pm	IZU.NTJG	12/30-12/31	\$159
GW REC	M	9am-4pm	IZU.08A9	12/23	\$79
OakmontREC	M	9am-4pm	IZU.EL55	12/23	\$159
OakmontREC	Th-F	9am-4pm	IZU.NOLU	12/26-12/27	\$159
OakmontREC	M	9am-4pm	IZU.J8PW	2/17	\$79
ProvREC	Th-F	9am-4pm	IZU.FZOS	1/2-1/3	\$159
ProvREC	M	9am-4pm	IZU.7ARB	2/17	\$79
SoRunREC	M	9am-4pm	IZU.B13N	12/23	\$79
SoRunREC	Th-F	9am-4pm	IZU.MRDY	12/26-12/27	\$159
SoRunREC	M-Tu	9am-4pm	IZU.HS10	12/30-12/31	\$159
SoRunREC	Th-F	9am-4pm	IZU.GRSC	1/2-1/3	\$159
SoRunREC	M	9am-4pm	IZU.RCIC	1/20	\$79
SoRunREC	M	9am-4pm	IZU.4FCD	2/17	\$79
SpHillREC	M	9am-4pm	IZU.333W	12/23	\$79
SpHillREC	Th-F	9am-4pm	IZU.RSNJ	12/26-12/27	\$159
SpHillREC	M	9am-4pm	IZU.XWBL	1/20	\$79
Wkfld/Moore	M	9am-4pm	IZU.ACNE	12/23	\$7
Wkfld/Moore	Th-F	9am-4pm	IZU.27JT	12/26-12/27	\$159
Wkfld/Moore	M	9am-4pm	IZU.DWDX	2/17	\$79

Coding with Fun & Science Explorers

(6-12 yrs.) Spark your camper's curiosity and deepen appreciation for science through engaging and hands-on learning experiences. Campers become confident scientific thinkers by exploring the core principles of science. Stemtree instructors guide campers through individualized lessons and exciting experiments to embark on an unforgettable exploration of the scientific world.

Location	Days	Time	Code	Dates	\$
Franconia Rec	Th-F	9am-4pm	DOT.USSE	12/26-12/27	\$159
SoRunREC	Th-F	9am-4pm	DOT.1QXB	12/26-12/27	\$159
Wkfld/Moore	Th-F	9am-4pm	DOT.UMFB	12/26-12/27	\$159



Coding with Fun & Robo Run

(6-12 yrs.) Combine multimedia elements to create, develop and share computer programs that have interactive stories, animations, games, music and art. Hands-on activities reinforce key concepts and improve problem-solving skills. Robots are used to inspire campers to learn engineering, apply basic science, model construction, computer programming, problem-solving skills and knowledge to explore STEM concepts with Stemtree.

Location	Days	Time	Code	Dates	\$
ProvREC	W	9am-4pm	BKS.1UQM	1/29	\$79
ProvREC	M	9am-4pm	BKS.TNB8	2/17	\$79
SpHillREC	M	9am-4pm	BKS.ROYF	12/23	\$79
SpHillREC	W	9am-4pm	BKS.H4K6	1/29	\$79

NEW! Explore the Solar System

(5-8 yrs.) Learn all about the solar system in this Science Seed Camp. Campers will learn about the planets, orbiting, day and night and how shadows form. Space related crafts, games, free play, playground time, and story time completes the day.

Location	Days	Time	Code	Dates	\$
ProvREC	M	9am-4pm	XP6.LPMV	1/20	\$79
SpHillREC	M	9am-4pm	XP6.VVO6	2/17	\$79

NEW! Dasher, Dancer, Designer

(10-14 yrs.) Campers will explore the vital role of graphic design and its various applications while creating holiday messages in this iCode camp. Campers will showcase their designs in a final presentation, highlighting their growth and creativity and design skills.

Location	Days	Time	Code	Dates	\$
SoRunREC	Th-F	9am-4pm	LGF.2PX5	12/26-12/27	\$149
Wkfld/Moore	M	9am-4pm	LGF.04ZF	12/23	\$75

NEW! Ginger-neering Lab

(7-10 yrs.) Join iCode where campers will dive into the world of engineering, circuitry and design through exciting and festive activities. Build gingerbread houses that light up with LED circuit boards and create unique holiday cards using the same technology.

Location	Days	Time	Code	Dates	\$
ColvinRunMill	M	9am-4pm	GTQ.X6JC	2/17	\$75
SoRunREC	M-Tu	9am-4pm	GTQ.TEOG	12/23	\$75
Wkfld/Moore	Th-F	9am-4pm	GTQ.CDH6	12/26-12/27	\$149

LEGO WeDo 2.0: Aquatic Robotics

(7-12 yrs.) Using LEGO WeDo 2.0, campers will explore the exciting world of water-themed robotics as they build and program their own creations with Baroody Camps. From dams and other structures to sea creatures, campers will bring their aquatic ideas to life, while developing STEM and computer science skills, including the ability to understand the functions of sequencing, debugging, and loops.

Location	Days	Time	Code	Dates	\$
GWRec	M-Tu	9am-4pm	5GW.2M4N	12/30-12/31	\$139

LEGO WeDo 2.0: Jurassic Bots

(7-12 yrs.) Explore the prehistoric world of dinosaurs as build and program your own robots. Starting with a base robot model, campers will use their creativity and problem-solving skills to transform their models into a variety of dinosaur-themed robots in this Baroody camp. This course is designed to give children a challenge where critical thinking and inference will be emphasized.

Location	Days	Time	Code	Dates	\$
GWRec	Th-F	9am-4pm	17N.2ACW	1/2-1/3	\$139
SpHillREC	Th-F	9am-4pm	17N.KOGN	12/26-12/27	\$139

NEW! LEGO® SPIKE Robotics:

Great Adventure

(5-12 yrs.) In this Baroody camp, campers will follow instructions to create a sequence, break problems down into smaller parts, identify cause and effect, and understand simple loops. They will explore testing and debugging programs to ensure their programs work as intended. Campers will find ways of helping the main characters, and practice recounting an experience using relevant details, which will develop collaborative conversation skills.

Location	Days	Time	Code	Dates	\$
GWRec	Th-F	9am-4pm	LBJ.FDBU	12/26-12/27	\$139
Franconia Rec	M	9am-4pm	LBJ.OOFC	2/17	\$69

LEGO® SPIKE Robotics: Quirky Creations

(5-12 yrs.) Campers will explore the exciting world of peculiar contraptions as they build and code their own creations with Baroody Camps. From engine-powered seesaws to trash-eating robots, campers will bring their wildest ideas to life through hands-on projects using everyday themes. Campers will continue to develop their computational thinking skills, including the ability to create and follow sequences, identify cause and effect, understand simple loops and practice testing and debugging programs to ensure that their creations are ready for the world.

Location	Days	Time	Code	Dates	\$
Franconia Rec	M-Tu	9am-4pm	TOM.800P	12/30-12/31	\$139
GWRec	M	9am-4pm	TOM.JP39	2/17	\$69
Wkfld/Moore	Th-F	9am-4pm	TOM.9X5A	1/2-1/3	\$139

LEGO® SPIKE Prime: Life Hacks

(10-13 yrs.) Campers will develop effective problem-solving skills by breaking down problems into smaller parts in this Baroody camp. Using code, they will systematically identify and fix bugs, use conditions and compound conditions to program encoded devices then build a robot that helps them make life easier.

Location	Days	Time	Code	Dates	\$
GWRec	W	9am-4pm	KKD.LNEQ	1/29	\$69
SpHillREC	M	9am-4pm	KKD.3Q0T	2/17	\$69

NEW! Minecraft Creative Adventures

(5-12 yrs.) Campers in this Baroody Camp will explore the vast and customizable world of Minecraft using their imaginations to build and design their own structures and landscapes and share ideas as they work together to bring their creative projects to life. Campers will learn about the value of collaboration and the power of teamwork. No camp January 1.

Location	Days	Time	Code	Dates	\$
SpHillREC	M,Tu,Th,F	9am-4pm	4VT.HOLG	12/30-1/3	\$275

NEW! Minecraft Designer Camp

(7-10 yrs.) In this iCode camp, campers will engage in activities that blend creativity and design, using Minecraft as a tool to express their artistic vision. This camp is perfect for those who love art and want to explore new ways of making it.

Location	Days	Time	Code	Dates	\$
Wkfld/Moore	M	9am-4pm	OXQ.1W2K	1/20	\$75
Wkfld/Moore	W	9am-4pm	OXQ.1TSZ	1/29	\$75



Minecraft Engineering with LEGO

(5-7 yrs.) Venture into the world of Minecraft in our unique LEGO® experience. Build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Come explore the endless possibilities of LEGO® with a trained Play-Well instructor.

Location	Days	Time	Code	Dates	\$
Wkfld/Moore	Th-F	9am-12pm	ZNL.Z5AW	12/26-12/27	\$89

Minecraft Master Engineering with LEGO

(7-12 yrs.) Bring your favorite Minecraft adventures to life with our Play-Well instructors. In a Minecraft world powered by LEGO® resources, we will build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect our crossbow skills to stop the Wither from taking over.

Location	Days	Time	Code	Dates	\$
Wkfld/Moore	Th-F	1pm-4pm	Z4H.ID2H	12/26-12/27	\$89

Minecraft Survival

(10-14 yrs.) Embark on an adventure with iCode, where coding skills meet the excitement of Minecraft. Campers will design an original creative project, programming four unique tools for a survival backpack to aid them in navigating and thriving in the Minecraft world. Join us for a blend of creativity, coding and fun to enhance your Minecraft experience.

Location	Days	Time	Code	Dates	\$
Wkfld/Moore	Th-F	9am-4pm	UMM.2EOE	1/2-1/3	\$149

Pokemon Engineering with LEGO

(5-9 yrs.) With the Pokémon Championship approaching, join our enthusiastic Play-Well Instructors as we build and catch our favorite Pokémon, rescue Pikachu from Team Rocket, take a ride on the S.S. Anne to uncover rare and mystic Pokémon, and battle to see who will hold the title of Pokémon Master.

Location	Days	Time	Code	Dates	\$
SoRunREC	M	9am-4pm	WSE.YJRW	2/17	\$45

NEW! Python/Scratch Coding & Robo Fun

(6-12 yrs.) Students in this Stemtreet camp will code in either Python (grades 4 and up) or Scratch (grade 1-3) based on their grade levels. Scratch is a highly visual programming language suitable for very young students. Python is one of the most popular programming languages used in data sciences and machine learning. Robots are used to inspire campers to learn engineering, apply basic science, model construction, computer programming, problem-solving skills and knowledge to explore STEM concepts.

Location	Days	Time	Code	Dates	\$
ColvinRunMill	M	9am-4pm	ESS.WRYS	2/17	\$89
OakmontREC	Th-F	9am-4pm	ESS.ZHBC	1/2-1/3	\$159

NEW! Roblox Creator: Battle Royale

(7-10 yrs.) Campers will embark on a thrilling journey with iCode instructors to create their own multiplayer game where players compete to be the last one standing. This immersive experience is designed to teach core concepts in game design and computer science, making it perfect for budding developers and gaming enthusiasts alike.

Location	Days	Time	Code	Dates	\$
SoRunREC	W	9am-4pm	VQ6.OKAF	1/29	\$75
Wkfld/Moore	M-Tu	9am-4pm	VQ6.MP3P	12/30-12/31	\$149

Robo Fun & Build Your Own Circuit

(6-12 yrs.) Two camps in one with Stemtreet! Explore a wide range of concepts from electricity to electronics with hands-on activities and experiments. Robots

inspire young engineers to learn skills and apply science knowledge in computer programming, model construction, circuits and problem-solving.

Location	Days	Time	Code	Dates	\$
ColvinRunMill	M-Tu	9am-4pm	CJ5.4IT8	1/2-1/3	\$159
LakeFairfax	M-Tu	9am-4pm	CJ5.ZNVF	12/30-12/31	\$159

Science Potions & Explosions Camp

(5-12 yrs.) Join Baroody Camps to create "magic" potions and exciting chemical reactions that will blow your mind. Erupt a volcano, make indoor snow, grow crystals and blast a rocket into the air. Learn about the states of matter and how things change with mixtures, solutions and chemical reactions.

Location	Days	Time	Code	Dates	\$
SoRunREC	M	9am-4pm	99M.PTQS	12/23	\$69

NEW! Scratch Coding Camp

(7-12 yrs.) Scratch makes it easy for anyone to create their own interactive stories, games, and animations with help from Baroody instructors. With Scratch, campers bring their ideas to life using loops to repeat actions, control structures to make decisions, and variables to store and manipulate data. Campers will use operators to perform calculations and the pen tool to draw and create animations.

Location	Days	Time	Code	Dates	\$
Frying Pan Pk	M-Tu	9am-4pm	FOT.SC8I	12/30-12/31	\$139

STEM Adventures Camp

(5-12 yrs.) Join Baroody camps to delve into various aspects of STEM, exploring topics such as robotics, chemistry, coding, and game design. Our hands-on approach includes interactive experiments such as creating potions and crafting slime, as well as problem-solving activities like developing robotic contraptions. With an immersive and entertaining curriculum, your camper will develop essential skills, nurture their curiosity, and uncover the endless possibilities the STEM has to offer.

Location	Days	Time	Code	Dates	\$
ECLawrencePk	Th-F	9am-4pm	HYM.M2HW	1/2-1/3	\$139

YouTube Creator

(7-10 yrs.) Step into the world of digital storytelling with the YouTube Creator Camp led by iCode. Designed for aspiring content creators, this camp provides the perfect foundation to start your journey on the premier platform for reaching millions. Campers will learn how to use digital cameras, edit audio and video, and produce content that stands out.

Location	Days	Time	Code	Dates	\$
SoRunREC	Th-F	9am-4pm	3UJ.TUTC	1/2-1/3	\$149

Volatile Volcanoes

(5-8 yrs.) The Science Seed campers will learn how volcanoes form, the signs of an eruption and the tools scientists use to monitor volcanoes. We'll make and erupt volcanoes and more exciting experiments. Free play, playground time and story time fills out this fun camp day.

Location	Days	Time	Code	Dates	\$
ProvREC	W	9am-4pm	GGY.AOWF	1/29	\$79

Website Design Camp

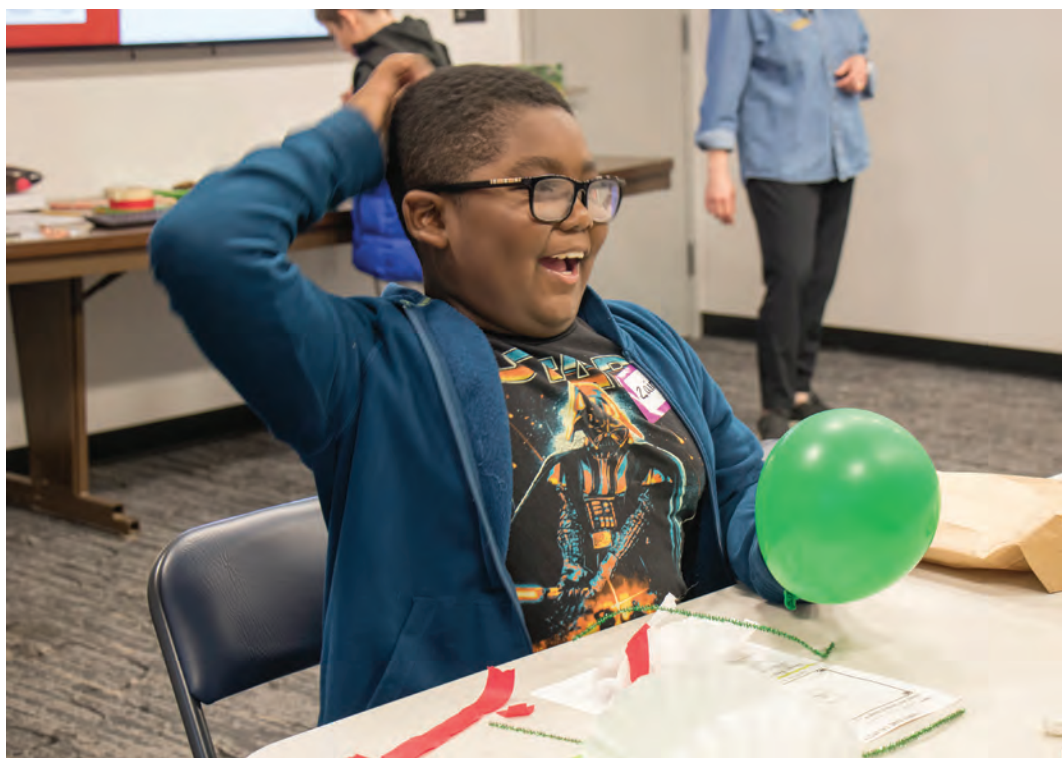
(7-12 yrs) Utilizing an intuitive website builder, campers will discover the fundamentals of website design, responsive layouts, and multimedia integration. Baroody instructors provide a supportive and hands-on learning environment, encouraging campers to develop their creativity and digital skills. Campers will design their own website, showcasing their unique interests and talents.

Location	Days	Time	Code	Dates	\$
Wkfld/Moore	M	9am-4pm	NYA.KOTP	12/23	\$69

Winter Wondercamp

(6-12 yrs.) Baroody's Winter Wondercamp celebrates all your favorite things about winter. From experimenting with snowstorms in a jar to designing your own snowflakes, campers will feel like they just left Bring swimsuit/towel for daily swim break.

Location	Days	Time	Code	Dates	\$
SpHillREC	M-Tu	9am-4pm	8LK.TOXT	12/30-12/31	\$139



Children's Corner

Scan the QR code to go directly to the Parktakes Online Children's Corner page.



Our specialized programs introduce babies and preschoolers to creative concepts and fun activities designed to promote coordination and social skill development. Classes and programs for preschoolers and older children also are listed in Nature, History and Gardening and other Parktakes sections. Some classes may have supply fees so check class descriptions for details. Any supply fees are payable to instructor at first class and are non-refundable.

THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

Stay up to date via



Web:

www.fairfaxcounty.gov/parks/parktakes



Social Media:

@FairfaxParks



Join our email list:

www.fairfaxcounty.gov/parks/parktakes



Art & Variety Classes

ABCs and 1-2-3s

(2-3 yrs.) Learning can be fun when teaching children their letters and numbers through hands-on crafts. Kids learn how to associate a sound with each letter and number from the craft they make in class. Parent must attend class with the 2- to 3-year-old age group. Additional supply fee payable to instructor.

4TA 10--45 minute lessons--\$114
4TC 8--45 minute lessons--\$97

Location	Day	Time	Code	Begin	\$
CubRunREC	W	10am	378.797M	1/15	4TC
Franconia Rec	Sa	9:15am	378.YAVV	1/4	4TA
Wkfld/Moore	Sa	9am	378.160G	1/11	4TA
Wkfld/Moore	Sa	10am	378.09J1	1/11	4TA
Wkfld/Moore	T	10am	378.Q72P	1/14	4TC
Wkfld/Moore	T	11am	378.B1TT	1/14	4TC



Abakadoodle Mini Doodlers

(3-6 yrs.) Ignite your child's imagination using real artists' materials, including watercolors, tempera paints, oil pastels, creative tools and more. Carefully designed lessons help children develop skills while enhancing creativity. A \$30-\$40 materials fee is due at first class (checks payable to Abakadoodle).

DTV1 10--45 minute lessons--\$186
DTVW 8--45 minute lessons--\$161

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	10:30am	498.T0SZ	1/11	DTVW
OakmontREC	W	11am	498.S8FJ	1/8	DTV1
SoRunREC	Sa	12:30pm	498.117S	1/11	DTVW
SoRunREC	T	11am	498.YETU	1/14	DTVW
SoRunREC	W	3:30pm	498.EUEX	1/15	DTVW
SpHillREC	Sa	2pm	498.96A4	1/11	DTVW
Wkfld/Moore	Th	2pm	498.E2TU	1/16	DTVW

Abakadoodle Twoosy Doodlers

(20-36 mos.) Little ones experiment with painting, gluing, sticking, printing and creating while developing fine-motor, language and self-help skills. This Abakadoodle class, for toddlers and their parents, inspires creativity while emphasizing an I-can-do-it spirit! A \$30-\$40 materials fee is due at first class (checks payable to Abakadoodle).

DTV1 10--45 minute lessons--\$186
DTVW 8--45 minute lessons--\$161

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9:30am	F2D.GA2T	1/11	DTVW
OakmontREC	M	10am	F2D.V7CO	1/6	DTVW
OakmontREC	M	11am	F2D.V3VJ	1/6	DTVW
OakmontREC	W	2pm	F2D.TJST	1/8	DTV1
OakmontREC	W	10am	F2D.LASY	1/8	DTV1
SoRunREC	Sa	11:30am	F2D.ZHL4	1/11	DTVW
SoRunREC	T	10am	F2D.C16D	1/14	DTVW
SpHillREC	Sa	1pm	F2D.TTVD	1/11	DTVW
SpHillREC	T	10am	F2D.WG9E	1/14	DTVW
Wkfld/Moore	Th	10am	F2D.OYYD	1/16	DTVW
Wkfld/Moore	Th	11am	F2D.ULIP	1/16	DTVW

Animal Antics

(2-5 yrs.) Children enhance fine and gross motor skills in this class featuring a different animal each week. Activities include animal crafts, animal songs, animal stories and acting like an animal.

4TA 10--45 minute lessons--\$114
4TC 8--45 minute lessons--\$97

Location	Day	Time	Code	Begin	\$
CubRunREC	Th	10am	0F1.P2J1	1/16	4TC
OakmontREC	T	3:30pm	0F1.T77Q	1/7	4TA
Wkfld/Moore	Sa	12pm	0F1.Q1IY	1/11	4TA

Art Adventures

(3-5 yrs.) Let your little one's imagination soar in our hands-on art class! We'll explore squishy clay, colorful paper, and build their motor skills with playful pottery and modeling projects. Supply fee payable to instructor at first class.

4TA 10--45 minute lessons--\$114

Location	Day	Time	Code	Begin	\$
Franconia Rec	F	1:30pm	ZFC.NIYR	1/10	4TA

Ceramic Creations

(3-5 yrs.) Young artists sculpt and create works of art using air dry clay. The entire creative process of sculpting with clay from idea set up, clean up and clay storage will be covered. An adult must participate with the child.

4TC 8--45 minute lessons--\$97

Location	Day	Time	Code	Begin	\$
CubRunREC	Th	5pm	Q3F.IXMG	1/16	4TC
CubRunREC	M	5pm	Q3F.YC10	1/13	4TC

Colors, Shapes & Numbers

(2-3 yrs.) Learning can be fun through hands-on crafts. Kids learn colors, shapes and number from the crafts, books or songs they use in class. Parent/caregiver participation required. Additional supply fee payable to instructor.

4TC 8--45 minute lessons--\$97

Location	Day	Time	Code	Begin	\$
CubRunREC	F	11am	950.1TYC	1/10	4TC

Crafty Kids

(3-5 yrs.) Children create arts-and-crafts projects that can be repeated at home using a variety of materials. Supply fee payable to instructor at first class.

4TA 10--45 minute lessons--\$114
4TC 8--45 minute lessons--\$97

Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	10:15am	4M6.80KN	1/4	4TA
CubRunREC	F	10am	4M6.BVA6	1/10	4TC

Kids Play for Preschoolers

(3-5 yrs.) Registration for our popular preschool is ongoing. This licensed program, which runs September - June, includes a theme-based curriculum packed with fun, engaging and educational activities. Children must be potty trained and of the appropriate age by Sept. 30. For more details, please call Franconia or Spring Hill Rec Centers.

Locations:

Franconia Rec Center 703-922-9841
Spring Hill Rec Center 703-827-0989

Developing DaVinci

(3-5 yrs.) Develop the DaVinci in your child. Children explore arts, music, science and inventing. Additional supply fee payable to instructor at first class.

4TA	10--45 minute lessons--\$114				
Location	Day	Time	Code	Begin	\$
OakmontREC	Th	4:30pm	BA3.KC05	1/9	4TA

Preschool Picassos

(2-5 yrs.) Children delight in exploring their artistic abilities through projects that build self-confidence and encourage self-expression. Class projects and art media progress with age. Additional art supply fee payable to instructor at first class.

4TA	10--45 minute lessons--\$114				
4TC	8--45 minute lessons--\$97				

Location	Day	Time	Code	Begin	\$
CubRunREC	W	11am	0A7.QQSS	1/15	4TC
Franconia Rec	F	2:30pm	0A7.XAMH	1/10	4TA
OakmontREC	M	10am	0A7.FIL2	1/6	4TC
OakmontREC	M	11am	0A7.YPK0	1/6	4TC
OakmontREC	F	10am	0A7.3AG2	1/10	4TA
OakmontREC	F	11am	0A7.ZM29	1/10	4TA
Wkfld/Moore	Sa	11am	0A7.I667	1/11	4TA

Preschool Prep

(2-3 yrs.) Get ready for preschool by working on socialization and fine and gross motor skills. Concepts such as sharing, taking turns, following directions, colors and counting are introduced through a variety of music, instruments, play equipment, dancing, singing and stories. Adult participation is required.

4TA	10--45 minute lessons--\$114				
Location	Day	Time	Code	Begin	\$
OakmontREC	T	4:30pm	2BC.7CTE	1/7	4TA

Story Corner

(3-5 yrs.) Explore childhood favorite books with our storytellers. They bring the love of children's books alive through flannel boards, puppets, props, movement activities and art projects. Any supply fee payable to instructor at first class.

4TC	8--45 minute lessons--\$97				
Location	Day	Time	Code	Begin	\$
CubRunREC	Th	11am	7F1.P3ZW	1/16	4TC

Tiny Tot Activity Time

Enjoy arts and crafts, songs, stories, puppets, circle time, and other activities related to the theme of the week with your child. Class includes fine and gross motor skills to enhance learning. Classes are held in the Schoolhouse in front of the carousel. A \$5 supply fee is due the first day of class. Parents and children can visit the farm after class on their own or with new friends. For info call 703-689-3104.

DTVM	8--45 minute lessons--\$135				
Location	Day	Time	Code	Begin	\$

(18-28 mos.)					
Frying Pan Pk	Th	9:30am	443.357A	1/16	DTVM
Frying Pan Pk	F	9:30am	443.TDSD	1/17	DTVM
(24-42 mos.)					
Frying Pan Pk	Th	10:30am	55F.X85Q	1/16	DTVM
Frying Pan Pk	F	10:30am	55F.GPVX	1/17	DTVM

Cooking Classes

Cooking around the World

(4-6 yrs.) In this class, offered by Tiny Chefs, students learn how to create the cuisines of multiple countries.

Cook up the fabulous flavors while learning some of the cooking techniques and ingredients which make them unique. Any supply fee payable to instructor at class. Not recommended for children with food allergies. Supply fee of \$15 payable at first class.

4TC	8--45 minute lessons--\$97				
DXVV	8--55 minute lessons--\$250				

Location	Day	Time	Code	Begin	\$
SoRunREC	Th	4:30pm	B2E.OC3G	1/16	DXVV
Wkfld/Moore	Th	10am	B2E.4SG0	1/16	4TC

Just Desserts

(3-5 yrs.) Students learn how to make some of their favorite desserts. From cupcakes, pudding and brownies to pancakes and ice cream, these easy recipes will make for fun cooking and yummy eating. Adult must participate with child. Supply fee payable to instructor at first class.

4TC	8--45 minute lessons--\$97				
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Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Th	11:15am	TDK.P4PM	1/16	4TC

Magic Kitchen

(4-6 yrs.) Children create colorful treats while learning basic baking skills. Additional supply fee payable to the instructor at first class.

4TA	10--45 minute lessons--\$114				
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Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	11:15am	1D4.Z5N1	1/4	4TA
OakmontREC	W	10am	1D4.SZYH	1/8	4TA
OakmontREC	W	11am	1D4.YP2T	1/8	4TA

Dance Classes

Baby Ballerinas

(2-4 yrs.) This class for the youngest pink ballerinas stretches their minds and feet. Adult must participate with child.

4TC	8--45 minute lessons--\$97				
DTVP	8--45 minute lessons--\$160				
DTVQ	10--45 minute lessons--\$169				
DTVR	8--45 minute lessons--\$112				

Location	Day	Time	Code	Begin	\$
Belle Vw ES	Sa	9:30am	B1C.Y2US	1/11	4TC
Belle Vw ES	Sa	11:30am	B1C.QJM5	1/11	4TC
Franconia Rec	Su	9:15am	YDT.YK3Z	1/5	DTVP
Franconia Rec	Th	9:30am	YDT.L12J	1/9	DTVQ
OakmontREC	Sa	9am	YDT.64AA	1/4	DTVR
OakmontREC	Sa	10am	YDT.A7JW	1/4	DTVR
Oakton ES	Sa	9:30am	YDT.ZP0G	1/11	DTVR
Oakton ES	Sa	10:30am	YDT.GEVF	1/11	DTVR
Orng Hnt ES	Sa	9am	YDT.N5UR	1/18	DTVR
Wkfld/Moore	T	10am	YDT.EV7Z	1/14	DTVR
SoRunREC	M	9:45am	YDT.UCR1	1/13	DTVR
SoRunREC	M	12:30pm	YDT.JP54	1/13	DTVR

Ballet & Acro

(4-5 yrs.) Children will learn basic tumbling and acro movement as well as ballet movements, terminology and flexibility.

DTVR	8--45 minute lessons--\$112				
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Location	Day	Time	Code	Begin	\$
OakmontREC	W	11am	I75.FKIE	1/8	DTVR
SoRunREC	Th	10:30am	I75.OT63	1/16	DTVR
Wkfld/Moore	W	12:15pm	I75.WK71	1/15	DTVR
Wkfld/Moore	F	1:45pm	I75.718H	1/17	DTVR

Ballet & Tap

Introduction to basic ballet and tap steps and movements. This is not a parent/child class.

DTVA	10--45 minute lessons--\$139				
DTVF	8--45 minute lessons--\$140				
DTVR	8--45 minute lessons--\$112				
DTVQ	10--45 minute lessons--\$169				

Location	Day	Time	Code	Begin	\$
(2-3 yrs.)					
Franconia Rec	Su	10:15am	5F8.KL4Y	1/5	DTVR
Franconia Rec	F	10:30am	5F8.82JJ	1/10	DTVR
OakmontREC	Su	10am	5F8.RCM1	1/5	DTVR
OakmontREC	Su	10:50am	5F8.REA1	1/5	DTVR
Orng Hnt ES	Sa	11am	5F8.SYLG	1/18	DTVR
ProvREC	Sa	9am	5F8.BKRA	1/4	DTVR
SoRunREC	Th	9:30am	5F8.R588	1/16	DTVR
SpHillREC	Su	9am	5F8.DROE	1/19	DTVF

(3-5 yrs.)					
CubRunREC	Su	2:35pm	AD3.TXGX	1/12	DTVF
Franconia Rec	M	10:20am	AD3.O4L7	1/6	DTVR
Franconia Rec	Sa	9:50am	AD3.EZXS	1/18	DTVF
Franconia Rec	Th	12:30pm	AD3.TZOW	1/9	DTVQ
OakmontREC	T	10:30am	AD3.HJLI	1/7	DTVQ
OakmontREC	W	10am	AD3.HT1D	1/8	DTVR
ProvREC	Sa	9:50am	AD3.8IQI	1/4	DTVA
SoRunREC	M	5pm	AD3.MZ86	1/13	DTVR
SoRunREC	Th	11:30am	AD3.YSBQ	1/16	DTVR
SoRunREC	W	11:30am	AD3.6M38	1/8	DTVQ
SpHillREC	Su	9:55am	AD3.ATJE	1/19	DTVF
Wkfld/Moore	Sa	9am	AD3.NKTC	1/11	DTVR
Wkfld/Moore	W	1:10pm	AD3.I74G	1/15	DTVR
Wkfld/Moore	T	11am	AD3.40W	1/14	DTVR

(4-5 yrs.)					
Orng Hnt ES	Sa	10am	6C5.VB8E	1/18	DTVR
SoRunREC	Su	12pm	6C5.31LP	1/12	DTVR

Combo Ballet & Hip Hop

(3-5 yrs.) Students learn the basic fundamentals of ballet and hip-hop as well as coordination, flexibility, and dance terminology.

DTVF	8--45 minute lessons--\$140				
DTVR	8--45 minute lessons--\$112				

Location	Day	Time	Code	Begin	\$
CubRunREC	Su	1:40pm	CMH.0G4S	1/12	DTVF
Franconia Rec	M	11:15am	CMH.OMHL	1/6	DTVR
Franconia Rec	F	5:10pm	CMH.ALZX	1/10	DTVR
OakmontREC	Sa	11am	CMH.886G	1/11	DTVR
ProvREC	Sa	10:40am	CMH.GM5A	1/4	DTVR
SoRunREC	M	1:45pm	CMH.J2NV	1/13	DTVR
SoRunREC	M	10:45am	CMH.QR70	1/13	DTVR

Hip Hop for Tots

(3-5 yrs.) Tots are introduced to basic hip hop steps and combinations. Class focuses on creativity, coordination, flexibility and fun. All moves are set to age-appropriate music.

4TA	10--45 minute lessons--\$114				
DTVF	8--45 minute lessons--\$140				
DTVQ	10--45 minute lessons--\$169				
DTVR	8--45 minute lessons--\$112				

Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	10:40am	370.2QFC	1/18	DTVF
GWREC	Sa	9:30am	370.KYGM	1/11	DTVR
ProvREC	Su	10:30am	370.B9W8	1/5	DTVR
OakmontREC	T	11:30am	370.K9IX	1/7	DTVQ
SoRunREC	Th	4:30pm	R55.RPK0	1/16	4TA
SpHillREC	Su	10:50am	370.FQ8D	1/19	DTVF
Wkfld/Moore	F	4:45pm	370.FVDJ	1/17	DTVR
Franconia Rec	Th	11:30am	370.NG65	1/9	DTVQ
SoRunREC	W	12:30pm	370.5D9U	1/8	DTVQ

Children's Corner

Intro to Ballet

Students are introduced to the basic movement elements to build a foundation for progression in ballet. Classes ignite students' imagination through creative games and stories while focusing on muscle development, coordination, music and fun.

4TA	10--45 minute lessons--\$114
4TC	8--45 minute lessons--\$97
DTVA	10--45 minute lessons--\$139
DTVF	8--45 minute lessons--\$140
DTVR	8--45 minute lessons--\$112

Location	Day	Time	Code	Begin	\$
(3-5 yrs.)					
Franconia Rec	Th	4:45pm	PMD.9Q46	1/9	DTVR
ProvREC	Su	9:30am	PMD.LW80	1/5	DTVA
ProvREC	W	5pm	PMD.TZOW	1/8	DTVF
SoRunREC	Su	9am	PMD.7U92	1/12	DTVR
SoRunREC	M	11:45am	PMD.CDY1	1/13	DTVR
(4-5 yrs.)					
Belle Vw ES	Sa	10:30am	1B1.HENX	1/11	4TC
SoRunREC	W	5pm	1B1.KB4Y	1/15	4TA

Lil Tap and Tu Tu's

(4-5 yrs.) Let your child develop an appreciation for the arts in this combination class that progresses from simple tap and ballet moves to more advanced steps. Techniques in placement and flexibility are covered. Tap and ballet shoes, leotard and tights may be needed.

4TA	10--45 minute lessons--\$114
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Location	Day	Time	Code	Begin	\$
SoRunREC	T	4:30pm	2A4.STTT	1/14	4TA

Little Dancers

(3 yrs.) Youngsters should put on their dancing shoes and get ready for fun in this dance class focusing on coordination, rhythm and creative play. Spring Hill classes taught by Reston Conservatory.

4TA	10--45 minute lessons--\$114
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Location	Day	Time	Code	Begin	\$
SoRunREC	T	3:30pm	A0A.S500	1/14	4TA

Drama & Music Classes

Let's Make Music

(2-5 yrs.) Discover the joy of family music. Mixed-age grouping encourages children to interact together in positive playful ways. Come sing, dance, play instruments and meet other families with young children. This is a parent-child interactive course.

4TA	10--45 minute lessons--\$114
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Location	Day	Time	Code	Begin	\$
Franconia Rec	Th	9:15am	962.6GZT	1/9	4TA
Franconia Rec	T	10:15am	962.UU07	1/7	4TA
OakmontREC	Th	3:30pm	962.353D	1/9	4TA
Wkfld/Moore	Sa	4pm	962.7G14	1/11	4TA



Celebrate the Holidays in the Parks!

Turn to the Events section for a schedule of events.

Tiny Tot Music & Movement

You and your toddler explore upbeat and mellow movements, major and minor song keys and a variety of genres, time signatures, and rhythms. Children and grown-ups sing, play percussive instruments, and dance with props such as parachutes, ribbons, and scarves as we learn to express ourselves through music. A \$5 supply fee is payable at first class. Classes are held in the Schoolhouse in front of the carousel.

DTVM	8--45 minute lessons--\$135
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Location	Day	Time	Code	Begin	\$
(18-30 mos.)					
Frying Pan Pk	T	9:30am	326.JHY3	1/14	DTVM
Frying Pan Pk	W	9:30am	326.FJPS	1/15	DTVM
(24-42 mos.)					
Frying Pan Pk	T	10:30am	71E.LM01	1/14	DTVM
Frying Pan Pk	W	10:30am	71E.01GD	1/15	DTVM

Martial Arts Classes

Little Ninjas

Kids develop gross motor skills and build self-confidence, attention span and listening skills in a fun learning environment. Martial arts uniforms are required. Extra fee for belt testing.

4TA	10--45 minute lessons--\$114
4TC	8--45 minute lessons--\$97
DMVE	10--30 minute lessons--\$107
DMVF	10--45 minute lessons--\$108

Location	Day	Time	Code	Begin	\$
(3 yrs.)					
LdbvExFr0ks	Sa	11am	943.TVPV	1/11	DMVE
(3-5 yrs.)					
BlkBltFFX	M	4:30pm	1B7.V2Y1	1/6	DMVE
BlkBltFFX	T	4:30pm	1B7.N1WT	1/7	DMVE
BlkBltFFX	W	4:30pm	1B7.LCBC	1/8	DMVE
(4-6 yrs.)					
CubRunREC	Su	10:15am	TSJ.LVLQ	1/12	4TC
OakmontREC	Sa	3pm	TSJ.PIDP	1/11	4TA
LdbvExFr0ks	Sa	11:30am	415.GWQF	1/11	DMVF
LdbvExFr0ks	T	6pm	415.3ZF3	1/14	DMVF
LdbvExFr0ks	W	4:30pm	415.6G1U	1/15	DMVF
LdbvExFr0ks	Th	6pm	415.FJXV	1/16	DMVF
LdbvExFr0ks	F	4:30pm	415.UMSH	1/17	DMVF
SoRunREC	Sa	11:15am	415.XKOK	1/11	DMVE

Little Ninjas II

(4-6 yrs.) Prerequisite: Little Ninjas I or equivalent. Uniforms are required.

4TA	10--45 minute lessons--\$114
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Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	4pm	4AF.09HO	1/4	4TA

Movement Classes

Blast Off for Babies

(18-24 mos.) Fun is guaranteed when you and your tiny tot blast off in our play environment. Children love the games, songs and fingerplays. A great way to introduce youngsters to interactive play. Adults must attend class. Socks required for everyone.

4TA	10--45 minute lessons--\$114
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Location	Day	Time	Code	Begin	\$
Franconia Rec	T	9:15am	ABC.HY23	1/7	4TA
Franconia Rec	Th	11:15am	ABC.SOWM	1/9	4TA
Wkfld/Moore	Sa	3pm	ABC.AWLW	1/11	4TA

Creative Movement

(2-3 yrs.) Students are introduced to basic dance elements such as body, time, space, energy and action in a fun, positive environment. Classes ignite students' imagination through creative games and stories, while focusing on muscle development, coordination, music and fun.

DTVQ	10--45 minute lessons--\$169
DTVF	8--45 minute lessons--\$140

Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	9am	C6B.CWSS	1/18	DTVF
Franconia Rec	Th	10:30am	C6B.MAW2	1/9	DTVQ
OakmontREC	T	9:30am	C6B.UPNQ	1/7	DTVQ
SoRunREC	W	10:30am	C6B.AQFD	1/8	DTVQ

Full Speed Ahead

(2-5 yrs.) In this fun Baroody Camps program the possibilities are endless will traverse obstacle courses and play unique games tangled up in song. Adults must join in the fun and be present throughout the classes. Socks are required, fun ones recommended.

DTVK	8--45 minute lessons--\$151
DTVQ	10--45 minute lessons--\$169

Location	Day	Time	Code	Begin	\$
CubRunREC	M	11am	01M.Z5OH	1/13	DTVK
SoRunREC	W	1pm	01M.VOVZ	1/15	DTVK
Wkfld/Moore	M	11am	01M.7R6W	1/13	DTVQ
Wkfld/Moore	W	11am	01M.OJR3	1/15	DTVQ
Wkfld/Moore	F	11am	01M.L04M	1/17	DTVQ



Santa has set up a special mailbox at Oakmont Rec Center.

Register for a time online to drop off your letter between 8 a.m. - 6 p.m. from December 1-16.

Children will receive in the mail:

- \$10/child
- ❄️ Response letter from Santa
- ❄️ Festive recipe
- ❄️ Holiday craft

To register, please visit www.fairfaxcounty.gov/parks/reccenter/oakmont



OAKMONT
REC CENTER

3200 Jermantown Rd. • Oakton

Funfit Tots

A high-energy, adult/child activity class that includes songs, stories, parachutes, games, balls, music and more. Develop coordination, muscle tone, balance, socialization and language skills. It is recommended that your child be walking. Adult participation is required.

DTVM 8--45 minute lessons--\$135

Location	Day	Time	Code	Begin	\$
(11 mos.-4 yrs.)					
SpHillIREC	Su	9:10am	61F.J95G	1/12	DTVM
SpHillIREC	Th	9:10am	61F.9CWK	1/16	DTVM
(1-2 yrs.)					
SpHillIREC	Su	10:05am	D21.BIPB	1/12	DTVM
SpHillIREC	Th	10:05am	D21.C08H	1/16	DTVM
(2-3 yrs.)					
SpHillIREC	Su	11am	504.JRNA	1/12	DTVM
SpHillIREC	Th	11am	504.78KT	1/16	DTVM

The Tot Spot

(2-5 yrs.) This fun Baroody Camps program fuses two things children love most, music and movement, in a variety of activities to make use of their imagination. Tots venture into a world of games and sound while participating in fan favorite activities such as parachute games, dancing and obstacle courses. Kids will have a blast developing their basic motor and social skills with peers throughout. Let's get those feet moving!

DTVK 8--45 minute lessons--\$151

DTVQ 10--45 minute lessons--\$169

Location	Day	Time	Code	Begin	\$
CubRunREC	M	10am	U04.J0HG	1/13	DTVK
Wkfld/Moore	M	10am	U04.6RUX	1/13	DTVQ
Wkfld/Moore	W	10am	U04.XJ3S	1/15	DTVQ
Wkfld/Moore	F	10am	U04.L3PQ	1/17	DTVQ



TotZone

(2-5 yrs.) Children love this best-of class combining Let's Make Music and Zoom Around the Room for a healthy dose of movement with songs and games. Activities include circle time, parachute, dancing, musical instrument exploration, obstacle courses and toddler games. Activities develop motor skills, balance, socialization and music appreciation.

4TC 8--45 minute lessons--\$97

Location	Day	Time	Code	Begin	\$
SoRunREC	T	10am	D66.L2W0	1/14	4TC
SoRunREC	T	11am	D66.RGNB	1/14	4TC

Zoom Around the Room

(2-5 yrs.) In this fun and safe environment, kids love the obstacle courses and creative games that are intermingled with songs and fingerplays. Adult must attend class. Socks required.

4TA 10--45 minute lessons--\$114

4TC 8--45 minute lessons--\$97

Location	Day	Time	Code	Begin	\$
CubRunREC	F	10am	A7B.KJMM	1/17	4TC
Franconia Rec	T	11:15am	A7B.3BLN	1/7	4TA
Franconia Rec	Th	10:15am	A7B.JAKH	1/9	4TA

Science & Nature

Dinosaurs Galore

(3-7 yrs.) Follow a naturalist as you and your child dig into dinosaurs and explore this prehistoric world. Children make a fossil to take home and dig for buried dinosaur bones. Reservations required.

R19C 1--1 hour program child--\$9

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	10am	871.VN7F	11/30	R19C
CubRunREC	Sa	11:30am	871.5UL2	11/30	R19C
CubRunREC	Sa	10am	871.RSL4	12/7	R19C
CubRunREC	Sa	11:30am	871.491Y	12/7	R19C
CubRunREC	Sa	10am	871.HQ0D	1/18	R19C

LEGO STEAM Park

(3-5 yrs.) Welcome to LEGO STEAM Park, where children investigate the world of early science, technology, engineering, art and math. Students construct parts of a STEAM theme park full of moving rides and fun games. As students return to the STEAM park, they will grow their understanding of gears, motion, measurement, and solving problems together in a fun and engaging way.

DTVK 8--45 minute lessons--\$151

Location	Day	Time	Code	Begin	\$
Franconia Rec	Su	10am	04B.SLCS	1/5	DTVK
Franconia Rec	Su	11am	04B.AWCP	1/5	DTVK

Nature Detectives

(3-5 yrs.) During this naturalist-led class, children and parents get the opportunity to explore the natural world through hikes, stories, songs, crafts and other hands-on activities. A \$5 cash supply fee payable at first class.

CTVH 4--55 minute lessons--\$58

Location	Day	Time	Code	Begin	\$
CubRunREC	T	11am	875.NX92	1/7	CTVH

Nature for Tiny Tots

(24-42 mos.) Children and their parent learn about plants, animals and their habitats through songs, crafts, and activities. Supply fee of \$5 is due to instructor at first class. Adult participation is required.

4SM 8--55 minute lessons--\$125

Location	Day	Time	Code	Begin	\$
HuntMdws	F	10am	08A.BU02	1/24	4SM

SAVE THE DATE!

Saturday, May 3, 2025 • 7:30 a.m.

Burke Lake Park • 7315 Ox Road, Fairfax Station

HEALTHY STRIDES
FANTASY FOREST
5K/10K

Mark your calendars to participate in a fun run, walk or roll in the 5K and a more competitive, fun run/walk in the 10K — both along the enchanting pathways of Burke Lake Park. Come wearing your favorite themed outfit and prepare to encounter some mythical creatures along the way.

Register now at
www.fairfaxcounty.gov/parks/healthy-strides
 Use the code **25HSPARKS** by January 1 for a \$5 early registration discount.

Celebrate your Birthday in the Parks!

www.fairfaxcounty.gov/parks/parties

Snapology Junior Builders

(4-6 yrs.) If your little learner likes to tinker, explore and create new thing this Snapology program provides students opportunities to build functional models of amusement park rides, boats, ramps, cars more using DUPLO® blocks. Students can explore animals and dinosaurs as they build on their sorting and counting skills while learning how to work as a team with other little engineers.

DTV9 8--55 minute lessons--\$186

Location	Day	Time	Code	Begin	\$
SpHillREC	W	4pm	BH3.F6Q4	1/15	DTV9
SpHillREC	W	10am	BH3.LJSA	1/15	DTV9

The Science Seed

(3-6 yrs.) This series of classes introduces children to science in fun, interactive and age-appropriate ways. Children will learn about geology, chemistry, biology and nature through activities to ensure that children build a foundation for a love of science and learning. Each class includes a note for the parents about what was taught and how lessons can be continued at home.

DTV9 8--55 minute lessons--\$186

Location	Day	Time	Code	Begin	\$
OakmontREC	M	4:30pm	YMM.969H	1/6	DTV9
ProvREC	Su	10am	YMM.T881	1/5	DTV9
SoRunREC	Su	10am	YMM.0836	1/12	DTV9
SoRunREC	Su	11am	YMM.57FS	1/12	DTV9
Wkfld/Moore	Sa	10am	YMM.6MKX	1/11	DTV9
Wkfld/Moore	Sa	11am	YMM.HRRI	1/11	DTV9



WINTER CAMPS
Keep the holiday fun going during Fairfax County Park Authority's winter camps.

Mark your calendars:

- December 23
- December 26-27
- December 30-31
- January 2-3
- January 20
- January 29
- February 17



Learn more and register today at www.fairfaxcounty.gov/parks/camps

Sports & Fitness

Beginning Athletes in Team Sports

(4-5 yrs.) This high-energy class introduces kids to a variety of sports including soccer, basketball and flag football, and an assortment of other activities. Kids have fun learning new sports while emphasizing teamwork.

DTV9 8--45 minute lessons--\$140
DTV9 8--45 minute lessons--\$151
DTVM 8--45 minute lessons--\$135

Location	Day	Time	Code	Begin	\$
Belle Vw ES	Sa	12pm	FC7.DS9T	1/11	DTV9
GWREC	Sa	12pm	FC7.K96A	1/11	DTVM
Oakton ES	Sa	9am	FC7.IK7L	1/4	DTV9

Basketball

Children learn basketball skills and techniques including passing, shooting, dribbling and other fundamentals. Adult participation required. Classes held at schools may be indoors.

DTVA 10--45 minute lessons--\$139
DTVD 10--55 minute lessons--\$139
DTV9 8--45 minute lessons--\$140
DTVI 10--45 minute lessons--\$143
DTVR 8--45 minute lessons--\$112
DTVQ 10--45 minute lessons--\$169

Location Day Time Code Begin \$

(4-5 yrs. with Adult)					
Flint HL ES	Su	9am	176.D841	1/5	DTVR
Franconia Rec	Sa	9:30am	176.LLYG	1/4	DTVI
Wkfld/Moore	Sa	10am	176.TSKA	1/11	DTVA
(4-6 yrs. Child Only)					
CubRunREC	Th	3:30pm	EFA.BT3K	1/16	DTV9
Oakton ES	Sa	9:50am	EFA.XZMG	1/4	DTV9
Orng Hnt ES	Sa	9am	EFA.TP7B	1/18	DTV9
SpHillREC	Su	9am	EFA.J00U	1/12	DTVD
SpHillREC	Th	5pm	EFA.TCYH	1/16	DTVD
SpHillREC	F	5:30pm	EFA.L9KA	1/17	DTVQ
Wkfld/Moore	Su	9am	EFA.R405	1/12	DTVQ
Wkfld/Moore	Su	11am	EFA.PEFO	1/12	DTVQ
Wkfld/Moore	M	5:30pm	EFA.TWR2	1/13	DTVQ

Soccer I

Kids kick into action in this class emphasizing coordination through skill development and teamwork. Athletic shoes required. Bring a ball. Classes held in the schools may be held indoors using soft soccer balls.

4SM 8--55 minute lessons--\$125
DTVD 10--55 minute lessons--\$139
DTV9 8--45 minute lessons--\$140

Location Day Time Code Begin \$

(3 yrs.)					
Hunt Vly ES	Su	9am	SFC.HL30	1/12	DTV9
Hunt Vly ES	Su	10am	SFC.JMWZ	1/12	DTV9
SoRunREC	Su	2pm	SFC.L474	1/12	DTV9
SoRunREC	W	2pm	SFC.PQOD	1/15	DTV9
(4-5 yrs.)					
CubRunREC	Th	2:30pm	39V.BZZU	1/16	DTV9
GWREC	Su	12pm	39V.5A6A	1/12	4SM
Hunt Vly ES	Su	11am	39V.SI08	1/12	DTV9
Lemon Rd ES	Su	12pm	39V.E98G	1/12	4SM
LittleRn ES	Sa	10am	39V.MCRQ	1/11	4SM
Lemon Rd ES	Su	11am	39V.IXN4	1/12	4SM
SoRunREC	F	9am	39V.H4M0	1/10	DTV9
SoRunREC	F	10am	39V.1N32	1/10	DTV9
SoRunREC	Su	3pm	39V.EYN4	1/12	DTV9
SpringHl ES	Sa	9am	39V.NDAF	1/11	4SM
Wkfld/Moore	Sa	2pm	39V.P5DT	1/11	DTVD
Wkfld/Moore	Su	2pm	39V.7HC1	1/12	DTVD

Challenger TinyTykes Soccer-Cubs

(2-3 yrs.) In these "Cubs" classes, soccer is used to help develop balance, agility, coordination, color recognition and numerical learning along with increasing confidence and social skills in a fun and relaxed environment. Focus is on core technical foundations, receiving the ball, passing, dribbling and more. These core foundations provide the building blocks for future success. Parent participation is preferred.

DTV9 8--45 minute lessons--\$140

Location	Day	Time	Code	Begin	\$
Franconia Rec	W	9:30am	EF0.DB9S	1/8	DTV9
Franconia Rec	Sa	9:15am	EF0.4T00	1/11	DTV9
Orng Hnt ES	Su	9am	EF0.VRZ5	1/12	DTV9
Orng Hnt ES	Su	11am	EF0.WS8D	1/12	DTV9
Orng Hnt ES	Su	12pm	EF0.5A4A	1/12	DTV9
SoRunREC	M	10am	EF0.2A1D	1/13	DTV9
SoRunREC	T	9am	EF0.IWGS	1/14	DTV9

Challenger TinyTykes Soccer-Lions

(3-4 yrs.) In these "Lions" classes, soccer is used to help develop balance, agility, coordination, color recognition and numerical learning. Children will increase confidence and social skills in a fun and relaxed environment. Focus is on the core technical foundations, receiving the ball, passing, and dribbling. Technical areas are also integrated such as differing foot surfaces for kicking, team play, shooting and throwing/catching.

DTVJ 8--55 minute lessons--\$156

Location	Day	Time	Code	Begin	\$
Franconia Rec	W	10:30am	38C.KSU2	1/8	DTVJ
Franconia Rec	Sa	10:05am	38C.UTHU	1/11	DTVJ
Orng Hnt ES	Su	10am	38C.ORN6	1/12	DTVJ
SoRunREC	M	10am	38C.11QX	1/13	DTVJ
SoRunREC	T	10am	38C.MFBB	1/14	DTVJ

Challenger International Soccer Academy

(4-6 yrs.) Players get to train with our coaches and work on core skills such as shooting, dribbling and passing while working on balance, coordination, agility and teambuilding. With no emphasis on winning, practices only have one goal--to develop and improve each player both on and off the field. Practices are taken from our age-specific developmental curriculum designed by experts from around the world.

DTVJ 8--55 minute lessons--\$156

Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	11:05am	E08.COHT	1/11	DTVJ

Future Soccer Stars

(4-6 yrs.) This class offered by Brazilian United introduces soccer to younger children in a playful environment that engages the imagination while teaching basic soccer techniques. Soccer is used as a tool for motor and cognitive development, ensuring a fun-filled experience!

CSV9 6--55 minute lessons--\$85

Location	Day	Time	Code	Begin	\$
WSprngfd ES	Sa	8am	V20.AHWM	1/11	CSV9
WSprngfd ES	Sa	10am	V20.2GLM	1/11	CSV9

Little Tennis I

(3-5 yrs.) Kids learn tennis basics and coordination through skill development and teamwork. Tennis shoes and racquets required.

DTVQ 10--45 minute lessons--\$169

Location	Day	Time	Code	Begin	\$
RollVly ES	Sa	9am	KUB.B9PY	1/11	DTVQ

Yoga for Tots

(18 mos.-3 yrs.) Class focuses on flexibility, body awareness and coordination. Designed to enhance the physical and mental well-being of children. Parent must participate with child.

4TA 10--45 minute lessons--\$114

Location	Day	Time	Code	Begin	\$
Franconia Rec	T	10am	1E3.IRMO	1/7	4TA

Tumbling & Gymnastics

Gymnastics with Parent

(18 mos.-3 yrs.) An adult must participate with the child for this fun-filled class for children interested in gymnastics that incorporates creative movement, listening skills, fun gross motor development and introduces youngsters floor exercises, and balance beam moves. Equipment varies at each site.

4TA 10--45 minute lessons--\$114
DTVP 8--45 minute lessons--\$160
DTVF 8--45 minute lessons--\$140
DTVQ 10--45 minute lessons--\$169

Location	Day	Time	Code	Begin	\$
Franconia Rec	T	11am	088.S37Q	1/7	4TA
Wkfld/Moore	Su	4pm	088.BERZ	1/12	4TA
Wkfld/Moore	Su	9am	088.9AE0	1/12	4TA
Wkfld/Moore	Su	10am	088.DLLX	1/12	4TA
Franconia Rec	Sa	9:15am	IBA.6MK9	1/4	DTVP
Franconia Rec	Su	10:15am	IBA.XA9Q	1/5	DTVP
OakmontREC	Sa	9am	IBA.PW8Q	1/4	DTVQ
ProvREC	Sa	9am	IBA.L9MP	1/4	DTVP
SoRunREC	T	4pm	IBA.SPCR	1/14	DTVP
SoRunREC	T	12pm	IBA.LA65	1/14	DTVP
SoRunREC	F	12pm	IBA.E1BK	1/17	DTVP
SoRunREC	Su	1pm	IBA.COLR	1/12	DTVP
SoRunREC	Su	2pm	IBA.HRCA	1/12	DTVP
SoRunREC	Sa	10:30am	IBA.8BXZ	1/11	DTVF
Wkfld/Moore	Sa	9am	IBA.TC26	1/11	DTVP
Wkfld/Moore	Sa	12pm	IBA.SK54	1/11	DTVP

Gymnastics for Preschoolers

An exciting challenge for children interested in gymnastics that incorporates creative movement, listening skills, fun gross motor development and introduces youngsters floor exercises, and balance beam moves. Equipment varies at each site.

4TA 10--45 minute lessons--\$114
4TC 8--45 minute lessons--\$97
DTVA 10--45 minute lessons--\$139
DTVF 8--45 minute lessons--\$140
DTVP 8--45 minute lessons--\$160
DTVQ 10--45 minute lessons--\$169

Location	Day	Time	Code	Begin	\$
(3-4 yrs.)					
CubRunREC	M	4:30pm	2B8.5DRU	1/13	4TC
CubRunREC	T	10am	2B8.HOXD	1/14	4TC
CubRunREC	W	5pm	2B8.PWUT	1/15	4TC
Franconia Rec	Sa	8:30am	2B8.J09X	1/4	4TA
OakmontREC	Sa	9:55am	BW0.8F6C	1/4	DTVQ
ProvREC	Su	1pm	BW0.P389	1/5	DTVQ
SoRunREC	Sa	11:30am	BW0.ZUHK	1/11	DTVF
(3-5 yrs.)					
Franconia Rec	T	12pm	E42.UA6U	1/7	4TA
Wkfld/Moore	Su	3pm	E42.GUKC	1/12	4TA
Wkfld/Moore	Su	11am	E42.7AGD	1/12	4TA
Wkfld/Moore	Su	12pm	E42.YZGV	1/12	4TA
Franconia Rec	Sa	10:15am	UR8.XX22	1/4	DTVP
Franconia Rec	Sa	12:20pm	UR8.PGJH	1/4	DTVP
Franconia Rec	Su	9:15am	UR8.I5G9	1/5	DTVP
OakmontREC	Sa	11:45am	UR8.PY7J	1/4	DTVQ

ProvREC	Sa	10am	UR8.BW5D	1/4	DTVA
SoRunREC	T	4:50pm	UR8.K06Y	1/14	DTVP
SoRunREC	T	12:50pm	UR8.WIOF	1/14	DTVP
SoRunREC	F	12:50pm	UR8.K33V	1/17	DTVP
SoRunREC	Su	11am	UR8.JYII	1/12	DTVR
Wkfld/Moore	Sa	1:50pm	UR8.2DOY	1/11	DTVP
Wkfld/Moore	Sa	10am	UR8.UMTI	1/11	DTVP
Wkfld/Moore	T	5pm	UR8.JKWT	1/14	DTVP
(4-5 yrs.)					
CubRunREC	M	5:20pm	094.HUMB	1/13	4TC
CubRunREC	T	10:30am	094.XI3E	1/14	4TC
CubRunREC	T	5pm	094.VB9Z	1/14	4TC
CubRunREC	W	6pm	094.F784	1/15	4TC
Franconia Rec	Sa	9:30am	094.KTH6	1/4	4TA
Franconia Rec	Sa	10:30am	094.EM42	1/4	4TA
OakmontREC	Sa	10am	M3Q.C7RN	1/4	DTVQ
SoRunREC	Su	12pm	M3Q.OERQ	1/12	DTVR
SoRunREC	Sa	12:30pm	M3Q.EY6D	1/11	DTVF
Wkfld/Moore	Sa	11am	M3Q.UIXG	1/11	DTVP

Tumbling

(4-6 yrs.) Children roll right into this stimulating class that introduces them to basic tumbling moves and skills. A great way to reinforce social concepts of taking turns and following directions with skill-oriented activities that enhance balance, strength and coordination.

4TA 10--45 minute lessons--\$114
4TC 8--45 minute lessons--\$97

Location	Day	Time	Code	Begin	\$
CubRunREC	T	11:30am	D57.X4XR	1/14	4TC
Wkfld/Moore	Su	1pm	D57.OV74	1/12	4TA

Family Skate & Dance Night

Strap on skates or dancing shoes on the following Saturdays for an all-around good time!

Halloween Costume Party
 Saturday, October 26 • 6 - 10 p.m.

Franconia Hold 'Em Skate and Dance Night (Country Night)
 Saturday, November 16 • 6 - 9 p.m.

Holiday and Ugly Sweater Skate and Dance Night
 Saturday, December 21 • 6 - 9 p.m.

Sports Jersey Night
 Saturday, January 25 • 6 - 9 p.m.

Battle of the Decades: 70s versus 80s
 Saturday, February 15 • 6 - 9 p.m.

Learn more and register at
www.fairfaxcounty.gov/parks/reccenter/franconia



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Dance

Scan the QR code to go directly to the Parktakes Online Dance page.



- All dance instructors have different teaching styles.
- Ballet classes require ballet attire (leotard, tights and appropriate shoes).
- For other classes, be sure to wear comfortable clothing. Any clothing requirements will be discussed at the first class.
- Check the listings for information on couples-only classes.
- Instructional aids, publications and tapes may be available for optional purchase in some classes.
- Some classes may have supply fees so check class descriptions for details. Any supply fees are payable at first class and are non-refundable.



THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

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Wake Up & Dance

(13-Adult) Start your day off with dance! course covers stretching, movement exercises and different styles of dance.

4PA 10--55 minute lessons--\$133

Location	Day	Time	Code	Begin	\$
Franconia Rec	W	6:30am	ZIH.OWDI	1/8	4PA

Ballet & Stretch

(13-Adult) For students who have danced before or those who wish to learn. This class is a unique combination of ballet fundamentals and stretching.

4PA 10--55 minute lessons--\$133

Location	Day	Time	Code	Begin	\$
Belle Vw ES	Th	7pm	61A.QK7V	1/16	4PA

Ballet I

Basic ballet fundamentals help develop self-confidence, posture and body awareness. It is recommended that students purchase shoes, leotard and tights after first session.

3PA 8--55 minute lessons--\$105
4PA 10--55 minute lessons--\$133
BPVF 6--55 minute lessons--\$102
CPVF 8--55 minute lessons--\$121
CPVL 8--55 minute lessons--\$165
CPVM 8--55 minute lessons--\$133
DPDA 8--55 minute lessons--\$96
DPVN 8--55 minute lessons--\$145

Location	Day	Time	Code	Begin	\$
(5-7 yrs.)					
Belle Vw ES	Sa	12:30pm	SSF.ZM3J	1/11	3PA
SoRunREC	W	6pm	SSF.4FR1	1/15	4PA
CubRunREC	Su	3:30pm	2BE.WY1A	1/12	CPVM
Franconia Rec	F	6:10pm	2BE.3UG3	1/10	CPVF
Franconia Rec	Sa	11:35am	2BE.4P20	1/18	DPVN
OakmontREC	Sa	1:15pm	2BE.J2I7	1/11	CPVF
OakmontREC	Su	9pm	2BE.G15W	1/5	CPVF
ProvREC	M	5:30pm	2BE.I0JW	1/6	BPVF
SpHillREC	Su	11:45am	2BE.9AWJ	1/19	CPVL
Wkfld/Moore	Sa	9:55am	2BE.D2FT	1/11	CPVF
Wkfld/Moore	T	5:30pm	2BE.TL3N	1/14	CPVF
(6-12 yrs.)					
Stone MS	Th	5:30pm	5KA.FFD1	1/9	DPDA
(8-12 yrs.)					
OakmontREC	Sa	3:15pm	VWV.QW8S	1/11	CPVF

Wkfld/Moore	F	6:45pm	VWV.VEAZ	1/17	CPVF
(10-14 yrs.)					
Stone MS	Th	6:30pm	96S.H2X0	1/9	DPDA
(13-Adult)					
Wkfld/Moore	T	8pm	63B.03M6	1/14	4PA
OakmontREC	Sa	2:15pm	6JT.037K	1/11	CPVF

Combo Ballet & Hip Hop

(5-8 yrs.) Students learn the basic fundamentals of ballet and hip-hop as well as coordination, flexibility, and dance terminology.

CPVF 8--55 minute lessons--\$121
DPVJ 10--55 minute lessons--\$151
4PA 10--55 minute lessons--\$133

Location	Day	Time	Code	Begin	\$
Franconia Rec	Th	5:45pm	NFK.27SF	1/9	CPVF
OakmontREC	Su	12:45pm	NFK.1T6B	1/5	CPVF
ProvREC	Sa	11:45am	NFK.P316	1/4	DPVJ
ProvREC	W	6pm	NFK.UG67	1/8	CPVF
SoRunREC	Th	5:30pm	FWO.040Z	1/16	4PA
Wkfld/Moore	F	5:45pm	NFK.8204	1/17	CPVF

Combo Dance & Tap

Students are introduced to dance forms such as ballet, jazz and tap.

4PA 10--55 minute lessons--\$133
CPVF 8--55 minute lessons--\$121
CPVL 8--55 minute lessons--\$165

Location	Day	Time	Code	Begin	\$
(5-8 yrs.)					
Franconia Rec	Su	11:05am	3A9.OFTA	1/5	CPVL
OakmontREC	Su	11:45am	3A9.MG54	1/5	CPVL
Orng Hnt ES	Sa	12pm	3A9.V2G7	1/18	CPVF
SoRunREC	Su	11am	3A9.K80A	1/12	CPVF
(6-12 yrs.)					
Belle Vw ES	Th	6pm	3EE.ROBI	1/16	4PA
SoRunREC	T	5:30pm	3EE.PF1M	1/14	4PA

Tap I

(13-Adult) Introduction to basic tap technique, counting and movement with music.

CPVF 8--55 minute lessons--\$121

Location	Day	Time	Code	Begin	\$
Franconia Rec	M	9:15am	XNE.VIC4	1/6	CPVF
Wkfld/Moore	T	11am	XNE.OB7B	1/14	CPVF

Tap II

(13-Adult) For students with some experience. A more complex class than Tap I.

4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
Franconia Rec	Su	7pm	D94.US6N	1/5	4PA

Tap Techniques

(13-Adult) Learn to be light on your feet through basic steps, tap combinations and routines. This adult tap dance class provides exercise, rhythm and fun.

4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
Franconia Rec	Su	6pm	C3B.VSD5	1/5	4PA

Street Jazz

(13-Adult) Street Jazz combines jazz, hip hop and funk. Students learn a new, upbeat choreo each week set to pop music influenced by jazz technique and street dance grooves.

CPVF	8--55 minute lessons--\$121				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	T	1:15pm	5MC.YD2L	1/14	CPVF

Hip Hop I

Get into the beat with the latest street dances. These routines are great for exercise, coordination, balance and flexibility.

CPVF	8--55 minute lessons--\$121				
DPVJ	10--55 minute lessons--\$151				
DPVK	10--55 minute lessons--\$182				
Location	Day	Time	Code	Begin	\$

(5-7 yrs.)					
GWREC	Sa	10:30am	209.CEXI	1/11	CPVF
ProvREC	Su	11:30am	209.NN3V	1/5	DPVJ
SoRunREC	Su	10am	209.A82A	1/12	CPVF
SoRunREC	M	6pm	209.G7CB	1/13	CPVF
SpHillREC	Th	5:30pm	209.ZASP	1/16	DPVK
Wkfld/Moore	Sa	11am	209.IMIU	1/11	CPVF
(8-13 yrs.)					
Franconia Rec	Th	6:45pm	085.WLBA	1/9	CPVF
GWREC	Sa	11:30am	085.1SD1	1/11	CPVF
OakmontREC	Sa	12pm	085.SJS6	1/11	CPVF
ProvREC	Su	12:30pm	085.OQ2B	1/5	DPVJ
SoRunREC	M	7pm	085.PUYQ	1/13	CPVF
SpHillREC	Th	6:30pm	085.OYAY	1/16	DPVK
Wkfld/Moore	Sa	12pm	085.5K5D	1/11	CPVF
(13-Adult)					
GWREC	Sa	12:45pm	5CF.Y3HZ	1/11	CPVF

Ballroom Dancing I

(13-Adult) This class introduces you to traditional American ballroom dance basics. Learn proper dance position and how to lead and follow. Dances include foxtrot, waltz, rumba and cha-cha. Each student must register.

2PA	6--55 minute lessons--\$80				
4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$

(Singles & Couples)					
OakmontREC	W	6:30pm	162.L0M2	1/8	4PA
SoRunREC	F	6pm	162.96DF	1/17	4PA
Wkfld/Moore	T	6:30pm	162.RPWD	1/14	4PA
(Couples only)					
Franconia Rec	Th	8:10pm	A6D.34NK	1/9	4PA
Frying Pan Pk	T	7pm	A6D.G9N6	1/7	2PA
SpHillREC	Su	3pm	A6D.KJ2V	1/12	4PA

Ballroom Dancing II

(13-Adult) Prerequisite: Ballroom I or equivalent. Each student must register.

2PA	6--55 minute lessons--\$80				
4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$

(Singles & Couples)					
SoRunREC	F	7pm	956.LX1F	1/17	4PA
Wkfld/Moore	T	7:30pm	956.GUUB	1/14	4PA
(Couples only)					
Franconia Rec	Th	8:10pm	25B.0L5H	1/9	4PA
Frying Pan Pk	T	7pm	25B.5Z9W	1/7	2PA

Ballroom Dancing III Couples only

(13-Adult) Prerequisite: Ballroom II or equivalent. Each student must register.

2PA	6--55 minute lessons--\$80				
4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$

Franconia Rec	M	8:10pm	F68.VVIO	1/6	4PA
Frying Pan Pk	T	8pm	F68.ZB8J	1/7	2PA

Ballroom Dancing IV (Couples)

(13-Adult) Prerequisite: Ballroom III or equivalent. Each student must register.

4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
Franconia Rec	M	8:10pm	DAD.DLWG	1/6	4PA

Line Dancing I

(13-Adult) This fun and exciting class combines low, moderate and high energy dance routines from different decades. No experience or partner necessary.

4PA	10--55 minute lessons--\$133				
DPVK	10--55 minute lessons--\$182				
Location	Day	Time	Code	Begin	\$

Wkfld/Moore	M	7pm	7D2.6XBQ	1/13	4PA
Wkfld/Moore	Th	6:30pm	7D2.HDVZ	1/16	4PA
OakmontREC	F	10am	W7D.07KE	1/17	DPVK
SpHillREC	T	11am	W7D.E0J1	1/14	DPVK
SpHillREC	F	5pm	W7D.TNFM	1/17	DPVK

Line Dancing II

(13-Adult) Prerequisite: Level I. Take your line dance skills up a notch with fun dances from many decades that include more complex choreography. Building on the skills learned in Level I, this class will improve agility, reaction time, and balance. No partner necessary.

4PA	10--55 minute lessons--\$133				
DPVK	10--55 minute lessons--\$182				
Location	Day	Time	Code	Begin	\$

Wkfld/Moore	M	8pm	6L5.6TIE	1/13	4PA
Wkfld/Moore	Th	7:30pm	6L5.IAGE	1/16	4PA
OakmontREC	F	9am	9Z4.3D6S	1/17	DPVK
SpHillREC	F	6pm	9Z4.I6EG	1/17	DPVK

East Coast Swing

(13-Adult) This vibrant, upbeat, rhythm dance belongs to the group of swing dance. It features a basic 6-count pattern with a variety of turns, spins and wraps. No prior experience needed. All students must register.

4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	4pm	QM4.HV04	1/11	4PA

West Coast Swing

(13-Adult) Danced to slower blues music, this slotted dance allows for more freedom and playfulness while dancing with your partner, especially for the women who do expressive swivel walks and hip swings. Singles are welcome, partners are recommended.

4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	3pm	FEF.RJSX	1/5	4PA
Wkfld/Moore	Sa	5pm	FEF.I4MM	1/11	4PA

West Coast Swing II

(13-Adult) Prerequisite: West Coast Swing I. Singles are welcome, partners are recommended. Each student must register.

4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	4pm	MD6.9CF7	1/5	4PA

Combo Swing and Salsa

(13-Adult) Learn the fiery steps of salsa and the smooth moves of East Coast Swing in a fun and energetic class. Students focus on building their confidence and rhythm in both styles. No partner needed.

3PA	8--55 minute lessons--\$105				
Location	Day	Time	Code	Begin	\$
Franconia Rec	Th	11am	MQB.WCLT	1/9	3PA

Hustle

(13-Adult) The Hustle is the partner version of disco dancing. This fusion of swing and disco is danced to the club hits from the 1970's through today.

4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	5pm	BI5.IJCS	1/5	4PA

Hustle II

(13-Adult) Students build on the basic hustle steps using syncopated timing, plus double turns, free spins and wraps.

4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	F	6:30pm	WIX.8I92	1/17	4PA

Country & Western Dancing I

(13-Adult) Learn the latest in basic country dancing in this fun, relaxed setting. Singles and couples welcome.

4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	3pm	706.MUFM	1/4	4PA

Country & Western Line Dancing Beginning I

(13-Adult) A variety of country and western line dances. Singles and couples welcome.

4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	4pm	607.A5KM	1/4	4PA
Frying Pan Pk	W	6pm	607.M12R	1/8	4PA
OakmontREC	Su	3pm	607.BV6J	1/5	4PA



Country & Western Line Dancing Beginning II

(13-Adult) Prerequisite: Country & Western Line Dance Beginning I or equivalent.

4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	5pm	C8C.1BU6	1/4	4PA
Frying Pan Pk	W	7:15pm	C8C.1RAS	1/8	4PA
OakmontREC	Su	4pm	C8C.QGVV	1/5	4PA

Country & Western Line Dancing Intermediate I

(13-Adult) Prerequisite: Country & Western Line Dancing Beginning II or equivalent.

4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	5pm	742.IMP1	1/5	4PA

Country & Western Line Dancing Intermediare II

(13-Adult) Prerequisite: Country & Western Line Dancing Intermediate I or equivalent.

4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	6pm	81E.6B60	1/5	4PA

Belly Dance I

(13-Adult) Join the fun and get in shape while learning the magic and mystery of the oldest dance form.

CPVF	8--55 minute lessons--\$121				
Location	Day	Time	Code	Begin	\$
Franconia Rec	F	9:30am	Y21.ISF8	1/10	CPVF
ProvREC	M	6:30pm	Y21.6M92	1/6	CPVF
ProvREC	F	12:20pm	Y21.XXP4	1/10	CPVF
Wkfld/Moore	T	6:30pm	Y21.SRY0	1/14	CPVF
SoRunREC	Th	12:35pm	Y21.OOV9	1/16	CPVF

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Latin Dancing I

(13-Adult) Learn the basic figures and turns from the three most popular dances at salsa clubs - salsa, merengue, and bachata. Also learn how to distinguish each dance's music and how to put a little bit of style into your dancing. For singles or couples, each student must register.

4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
SpHillIREC	Su	2pm	7BF.W6K0	1/12	4PA

Salsa I Singles & Couples

(13-Adult) Learn salsa basics and dance to current Latin hits. Each student must register.

4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
OakmontREC	W	7:30pm	375.NMN8	1/8	4PA
Wkfld/Moore	F	7:30pm	375.R1RS	1/17	4PA

Hula Dance-Beginning

(13-Adult) Learn basic hula foot and hand motions and incorporate them into dances. Students should wear loose-fitting skirts.

4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
SpHillIREC	Su	2pm	DA9.WD8I	1/12	4PA

Hula Dance-Intermediate

(13-Adult) Prerequisite: Hula I or equivalent. Wear loose-fitting skirts.

4PA	10--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
SpHillIREC	Su	3pm	FAF.ZV1G	1/12	4PA



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Photo by Tom Hennessy

Getaway - Lewis Ginter Gardenfest of Lights

(16-Adult) Get into the holiday spirit at the Gardenfest of Lights, which features beautiful botanic displays and more than a half million lights arranged in botanical themes throughout the gardens. Enjoy a delicious buffet dinner in the elegant Robins room to round out the festive occasion. Wear comfortable shoes and dress for the weather. Trip departs Green Spring Gardens at 2 p.m. and returns at 11 p.m. Includes motor coach and admission and buffet dinner. Trip cancellation deadline is November 18.

Location	Day	Time	Code	Date	\$
GrnSprGardn	M	2pm	1FE.SA0A	12/2	\$169

Philadelphia Flower Show

(16-Adult) The Philadelphia Flower Show is the nation's largest and longest-running horticultural event. It features stunning displays by some of the world's premier floral and landscape designers. Immerse yourself in the spectacular and decadent floral displays and the exciting, energetic and passionate side of flowers, gardens and horticulture. Bring a lunch or enjoy the atmosphere and food at the Reading Terminal Market located across the street. Trip includes motor coach and admission. March 3 trip departs Green Spring at 8 a.m. and returns at 8 p.m. March 5 trip departs at 10 a.m. and returns at 10 p.m. Trip cancellation deadline is February 16, 2025.

Location	Day	Time	Code	Date	\$
GrnSprGardn	M	8am	A19.UG2F	3/3	\$179
GrnSprGardn	W	10am	A19.3671	3/5	\$179



Day Trips & Tours Information & Policies

For departure and return schedules, weather related information and/or schedule changes, call the Tours Hotline at 703-324-8687 (324-TOUR) for recorded information. Email tours@fairfaxcounty.gov and automatically receive a list of upcoming tours or call the Program Coordinator at 703-324-5611 and leave your name and address.

Transportation: Transportation is either by chartered motor coach equipped with reclining seats and restroom or by a small bus or van. Arrive at your departure location 15 minutes before the scheduled departure time a location and do not wait for the bus inside businesses or nearby establishments. Call 703-222-4664 for additional details and tour reservations.

Bus Seating: Registered participants may select seats on a first-come first-served basis. Usually, two seats adjacent to the driver are reserved for the trip escort and a tour guide (if needed). The trip escort will try to accommodate requests for special seating when possible.

Age Parameters: All minors must be accompanied by an adult. Only children age 5 and older may travel by motor coach.

Alcohol: No kegs, opened cans or glass containers are allowed on the bus. No large coolers are allowed unless the cooler can be positioned on the back seat so that it does not take away a seat from any passen-

ger. Damage or spillage from a cooler can stain coach seat upholstery and compromise bus cleanliness and appearance.

Registration: Tour reservations may be made by phone at 703-222-4664, through Parktakes online at www.fairfaxcounty.gov/parks/parktakes, or completing the form in the back of Parktakes to register by mail or fax. Payment can be made by check, or by MasterCard, Visa or Discover. Registrations are accepted on, a first-come, first-served basis until the trip is filled.

Discounts: Early registration discounts apply only to tours first advertised in this issue of Parktakes. Senior discount fees do not apply to tours. The class scholarship policies also do not apply to tours.

People with Disabilities: Participants requiring ADA accommodations must call 703-324-8563 at least 10 business days in advance of the scheduled activity. TTY Va. Relay 711.

Cancellations: The FCPA reserve the right to cancel a trip due to low enrollment and/or other circumstances. If a trip is canceled, all registrants will be notified, and all fees will be refunded to your Parktakes account. Trips are not canceled due to inclement weather unless you are notified by phone. Call 703-324-TOUR (8687) for emergency weather instructions.

Refund Policy: Refunds, credits or transfers for

day trips are allowed up to 14 days prior to the trip date. Cancellation/refund requests received 13 or fewer days prior to the trip date will not be granted because of bus company and vendor deadlines. For trips requiring deposits, the deposit is nonrefundable. You can, however, substitute another person in your place.

The FCPA retains the right to decline, accept or retain any person as a member of a trip when such action is deemed to be in the best interest of the health, safety or general welfare of the tour group or the individual concerned.

Schedule times are approximate. Reasonable substitutions for some items included in the printed trip description may be necessary in certain cases. Refunds are not given for delays or changes in the itinerary due to weather, traffic, security delays, crowds, mechanical breakdown, or other factors beyond the Park Authority's control. FCPA is not liable for cost of tickets, meals or expenses due to schedule changes.

Confirmation and Itinerary: The week before a trip, you will receive an itinerary in the mail.

Departure/Return Location

Green Spring Gardens	4603 Green Spring Rd., Alexandria
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Equestrian and Farm

FCPA Equestrian Facilities

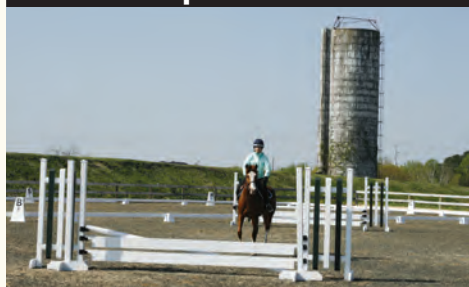
Frying Pan Farm Park



2709 West Ox Road, Herndon
www.fairfaxcounty.gov/parks/frying-pan-park
 703-437-9101

- Indoor and outdoor riding arenas
 - Jump equipment
 - Dressage ring
 - Cross-country course
 - Brand-new sound system
 - Horse shows
 - State-of-the-art barns with stalls for 150 horses.
- Due to the heavy use of indoor riding arena, please call for availability and cost. Frying Pan Farm Park does not have horses for rent. For show schedules, entry forms and rental details:
www.fairfaxcounty.gov/parks/frying-pan-park/equestrian

Laurel Hill Equestrian Center



9500 Furnace Road, Lorton

- Large, multi-purpose outdoor arena with all-weather footing
- Stadium jumps and dressage markers
- Trails for horse and bicycle riding
- Available dawn to dusk
- Private lessons, horse schooling and riding practice allowed
- Reservations are not required
- Use of the equestrian center is free of charge
- There are currently no horses for rent on the property

Scan the QR code to go directly to the Parktakes Online Equestrian & Farm page.



Turner Farm Park



925 Springvale Road, Great Falls
 703-437-8261

- Former dairy farm
- Almost 40 acres of open fields enclosed by perimeter fencing
- Open for general riding
- Novice-level, cross-country course
- Water, ditch and bank complexes
- Round pen
- Large multi-purpose outdoor arena
- All-weather footing
- Stadium jumps
- Dressage markers
- Reservations are not required
- Use of the equestrian center is free of charge
- Available dawn to dusk
- May be reserved for shows or events
- There are currently no horses for rent on the property

THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

Stay up to date via



Web:

www.fairfaxcounty.gov/parks/parktakes



Social Media:

@FairfaxParks



Join our email list:

www.fairfaxcounty.gov/parks/parktakes



Equestrian

Horseback Riding-Beginner

(8-14 yrs.) For the student who has never taken lessons and wants to learn the basics. Student weight must not exceed 200 lbs.

DHAF 8--45 minute lessons--\$799

DHAI 7--45 minute lessons--\$699

BHAE 5--45 minute lessons--\$499

Location	Day	Time	Code	Date	\$
Frying Pan Park M		6pm	15F.6MHP	1/6	DHAF
Frying Pan Park M		7pm	15F.A920	1/6	DHAF
Frying Pan Park T		6pm	15F.848G	1/7	DHAI
Frying Pan Park T		7pm	15F.OSAC	1/7	DHAI
Frying Pan Park Th		6pm	15F.OYHD	1/9	BHAE
Frying Pan Park Th		7pm	15F.BLMP	1/9	BHAE

Horseback Riding Advanced Beginner

(8-14 yrs.) Prerequisite: Students must have taken Horseback Riding Beginning for three consecutive sessions. Riders will build on skills learned in level I. Student weight must not exceed 200 lbs.

DHAF 8--45 minute lessons--\$799

Location	Day	Time	Code	Date	\$
Frying Pan Park W		6pm	GR4.G923	1/8	DHAF
Frying Pan Park W		7pm	GR4.Ø8LB	1/8	DHAF

Therapeutic Horseback Riding

(4-Adult) Class is open to new and returning students and is for riders with developmental, emotional, neurological and physical disabilities. Therapeutic riding contributes positively each rider's well-being, teaching safe and effective horsemanship in a group setting. Each lesson is tailored to the rider's abilities and focuses on development of balance, gross and fine motor skills, confidence and communication. Student weight must not exceed 200 lbs. A medical form is required by SPIRIT for participation.

DHAF 8--45 minute lessons--\$799

DHAI 7--45 minute lessons--\$699

BHAE 5--45 minute lessons--\$499

Location	Day	Time	Code	Date	\$
Frying Pan Park M		6pm	1F7.GØJZ	1/6	DHAF
Frying Pan Park T		6pm	1F7.G8CE	1/7	DHAI
Frying Pan Park W		6pm	1F7.6SMØ	1/8	DHAF
Frying Pan Park Th		6pm	1F7.4NCY	1/9	BHAE

Therapeutic Horseback Riding II

(4-Adult) Prerequisite: Students must have taken Therapeutic Horseback Riding I for three consecutive sessions. Advancement is based on the rider's abilities, needs and personal progress. Each lesson is tailored to the rider's abilities. Student weight must not exceed 200 lbs. A medical form is required by Spirit for participation.

DHAF 8--45 minute lessons--\$799

DHAI 7--45 minute lessons--\$699

BHAE 5--45 minute lessons--\$499

Location	Day	Time	Code	Date	\$
Frying Pan Pk	M	7pm	JJJ.P6K7	1/6	DHAF
Frying Pan Pk	T	7pm	JJJ.91NK	1/7	DHAI
Frying Pan Pk	W	7pm	JJJ.OQIV	1/8	DHAF
Frying Pan Pk	Th	7pm	JJJ.YFHD	1/9	BHAE

Kidwell Farm at

Frying Pan Farm Park

2709 West Ox Road, Herndon

703-437-9101

www.fairfaxcounty.gov/parks/fryingpanpark

Down on the Farm

Meet draft horses, chickens, peacocks, rabbits, sheep, goats, cows and pigs at Kidwell farm, Frying Pan Farm Park's 1930s era working farm. Pet the friendly farm animals, take a wagon ride or watch the farm hands at work. At the Kidwell Farm House, you can take a tour to see how farm families lived in the 1930s. Kidwell Farm is open daily from 9 a.m. to 5 p.m. More information about the park's historic schoolhouse, blacksmith shop and meeting house is available on the web. Groups are welcome, fees may apply. Field trip programs can be requested from the website. Call for tour information.

The Country Store

703-435-3710

Located in the former Vocational Agriculture Shop (c.1920), the Frying Pan Country Store is a one-stop shop with something for everyone - books of all kinds, toys, snacks and drinks, decorative items for the home and unique gifts.

Hours:

Monday-Thursday 10 a.m.-2 p.m.

Friday-Sunday 10 a.m.-4:30 p.m.

Child and Parent Programs

Animal Tea Party

(4-7 yrs.) Join us for a cozy tea party on the farm! Bring your favorite stuffed animal, help us decorate for the party and read a story. We will enjoy drinks and cookies in a special environmentally friendly tea set and meet one of our animals.

1--1 hour program

Location	Day	Time	Code	Date	\$
Frying Pan Pk	Sa	11am	M3W.TGXH	1/18	\$10/child
Frying Pan Pk	Sa	2pm	M3W.OK20	1/18	\$10/child
Frying Pan Pk	Sa	11am	M3W.JHZI	1/25	\$10/child
Frying Pan Pk	Sa	2pm	M3W.V4Z2	1/25	\$10/child

MORE CLASSES ONLINE:

www.fairfaxcounty.gov/parks/parktakes



Little Hands on the Farm

Join us to learn about a different element of farm life each week. Children learn about a different part of the farm each session. Other activities can include story time, crafts and introductory level farm chores. One adult must attend with each child. Please limit one parent to attend with each child.

1--45 minute program

Location	Day	Time	Code	Date	\$
(2-3 yrs.)					
Frying Pan Pk	M	9:45am	58A.NESA	2/10	\$10/child
Frying Pan Pk	M	9:45am	58A.URPQ	2/24	\$10/child
(3-5 yrs.)					
Frying Pan Pk	M	11am	100.BRXX	2/10	\$10/child
Frying Pan Pk	M	11am	100.Y6W8	2/24	\$10/child

Children's Programs

Farm Skills - Wool Crafting

(7-14 yrs.) Sheep are important animals to livestock farmers as they can provide milk, meat, and fiber. Learn to wash fleece by hand and discover how to prepare wool for spinning by using a drum carder. Then make a hand spun wool bracelet or felted wool flower. One adult must accompany each registered child in this program.

1--1 hour program

Location	Day	Time	Code	Date	\$
Frying Pan Pk	Th	3:45pm	18C.80TL	2/6	\$10/child

Holiday ON THE FARM

Fridays and Saturdays • December 6-7, 13-14 or 20-21
4:30-7:30 p.m.
\$15 (online) \$20 (at the door)

Celebrate the holidays at Frying Pan Farm Park!

The evening includes:

- Wagon Rides
- Food
- Campfires
- Indoor Activities
- Animal Interactions
- Visits with Santa

Frying Pan Farm Park
www.fairfaxcounty.gov/parks/frying-pan-park
 2709 West Ox Road, Herndon
 703-437-9101



Farm Skills - Dairy

(7-14 yrs.) Come learn about dairy cows on one of the last working dairy farms in Fairfax County. See our cow get milked and help them get fed. Learn about the history of dairy farming and the process to make milk into dairy products.

1--1 hour program

Location	Day	Time	Code	Date	\$
Frying Pan Pk	Th	3:45pm	V35.88MR	2/27	\$10/child

Family/All Ages

MLK Service and Learning Day

(4-Adult) Introduce your young ones to Martin Luther King, Jr. Day at the Frying Pan Farm Park Visitor Center. Learn about Martin Luther King, Jr. and the importance of giving back to our community. Rotate through stations to hear about the Civil Rights Movement, participate in a service project and reflect on the power of community cooperation. All participants must be registered.

1--Free Program

Location	Day	Time	Code	Date	\$
Frying Pan Pk	M	10:30am	F2C.5K3U	1/20	Free

Valentine's Day Tractor Wagon Rides for Families

Saturday, February 15 • 11 a.m.-2:30 p.m.
\$100 per family (up to ten people) • 1 hour
Reservations required

(All Ages) Celebrate Valentine's Day weekend a private tractor powered wagon ride around the park for just your family. After your ride, enjoy a campfire with a bottle of sparkling cider and sampling of chocolates. Registration is for a group of up to 10 people.

Teen/Adult Programs

Caring for our Birds - Wild and Domestic

(14-Adult) Help us celebrate National Bird Day by taking a tour of our farm to learn about the challenges of caring for domesticated birds and how farms impact and are impacted by wild birds. We will identify local species, learn the difference between

invasive vs. native birds and explore how our farmers ensure the best care for our domestic birds, as well as helping wild species. Participants will also find out ways they can help conserve local wild bird species in their own community.

1--1 hour program

Location	Day	Time	Code	Date	\$
Frying Pan Pk	Su	1pm	70U.IN99	1/5	\$12/ea.

Historic Radios on the Farm

(14-Adult) Few things changed the life of the farm family more than the radio did in the 1920's. Join us for a tour through history using the sounds of our antique radios. Learn how the radio impacted farmers, how they changed family life and listen to famous moments in radio history.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
Frying Pan Pk	Sa	11am	SND.VR40	1/11	\$14/ea.

Digging Up History

(12-Adult) Join us to explore how farming has shaped the land we live on today, read the stories in our soil and the science behind it all. This program will include a walk-and-talk tour of the farm, so please wear a comfortable pair of walking shoes.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
Frying Pan Pk	Su	1pm	N67.KL27	2/16	\$14/ea.



Celebrate the Holidays in the Parks!

Turn to the Events section for a schedule of events.



BLACK HISTORY MONTH & MLK DAY OF SERVICE

Embark on a journey of cultural richness and historical significance this Black History Month with our engaging programs across Fairfax County Parks. Events are for all ages.

MLK Service and Learning Day

Monday, January 20 • 10:30-11:30 a.m.
Frying Pan Farm Park • Free

Paths of Freedom Seekers

Thursday, January 23
or Sunday, February 23 • 3-4 p.m.
Ellanor C. Lawrence Park • \$8

Black History Month at the Meeting House

Saturdays: February 1 or 15 • 12-3 p.m.
Frying Pan Farm Park • Free

Enslaved Lives and the Legacy of Slavery

Monday, February 3 • 10-11 a.m.
Thursday, February 27 • 1-2 p.m.
Historic Huntley • \$12

Remembering Metilda - Growing Up Enslaved

Saturday, February 22 • 1-2 p.m.
Colvin Run Mill • \$8

Visit www.fairfaxcounty.gov/parks/topics/black-history-month for details



Holiday Events in the Parks!



Holiday on the Farm

Fridays & Saturdays, December 6-21
4:30 - 7:30 p.m.

Frying Pan Farm Park

\$15 per person • 1 hour event

Reservations recommended

(All Ages) Come celebrate the holidays at Frying Pan Farm Park with an evening of wagon rides, indoor activities, food, animal interactions, campfires and visits with Santa. Passes are \$15 per

person online and \$20 per person day of at the gate.

Each pass includes one wagon ride along the light show route, no additional wagon rides will be sold at the event. The ticket also includes a trackless train ride and a carousel ride, the carousel is for children 12 and under. Walking is not permitted on the wagon route, for safety. No refunds, unless event is cancelled. Limited activity tickets available day of event at the park. Online presale registration ends one day before day of the event. Bring the whole family and see the farm in a festive way.



Winter Wonderland Event at Burke Lake

Saturdays & Sundays, December 7-22

11 a.m.-5 p.m.

Burke Lake Park

\$15 per person online

\$20 at the event



Online Registration recommended

(2-Adult) All aboard for a train ride on the Holiday Express. Take a spin on the Carolers Carousel, play Gingerbread Man Golf or warm yourself by the fire and cook s'mores as you usher in your holidays. Families will enjoy a visit with Santa, hot chocolate and candy canes. There are two options to purchase passes for the event- \$15 pass on sale through the Thursday before the event or passes can be purchased day of event for \$20. Passes can be picked up at ice cream parlor the day of the event. No refunds, unless event is cancelled. Children aged 10 and younger must be accompanied by an adult registered for the same ride package. Children younger than 2 ride free but must pay for other activities. Limited activity tickets available day of event at the park. Online registration ends two days before day of the event.



1--6 hour pass

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	11am	B7A.PC8F	12/7	\$15/ea.
BurkeLakePk	Su	11am	B7A.AXJE	12/8	\$15/ea.
BurkeLakePk	Sa	11am	B7A.90P8	12/14	\$15/ea.
BurkeLakePk	Su	11am	B7A.N94J	12/15	\$15/ea.
BurkeLakePk	Sa	11am	B7A.H7EQ	12/21	\$15/ea.
BurkeLakePk	Su	11am	B7A.U7WI	12/22	\$15/ea.

Children's Holiday Shopping at Historic Colvin Run

Saturday & Sunday, December 7-8

11 a.m. - 3:30 p.m.

Colvin Run Mill

\$7 per child • 1 hour event

Reservations required



(5-12 yrs.) No peeking, it's a surprise. Children are accompanied by a secret shopper to assist them with purchasing holiday gifts at the Colvin Run Mill General Store. Assistants help wrap and tag gifts. Cost of gifts not included. Adults may tour the site and visit the Miller's House exhibit while waiting. For a full list of times and to register, visit Parktakes online, or call the site directly.

Winter Sneak Peek – Registration is NOW OPEN for Select Events

- Children's Holiday Shopping at Historic Colvin Run, pg. 55
- Holiday on the Farm, pg. 55
- Santa at the Mill, pg. 56
- Sensory-Friendly Santa at the Mill, pg. 56
- Winter Wonderland Event at Burke Lake, pg. 55
- Little Acorns-Winter, pg. 86



View All Winter Sneak Peek Events and Classes online or look for this symbol in the magazine. Visit <https://bit.ly/fcpa-wi25sneakpeek> for Sneak Peek events.



Candy Cane Mini Golf

Saturday, December 14 • 3 - 6:45 p.m.

Oakmont Rec Center

\$12 per person,

Reservations recommended

(2-Adult) Come to Oakmont and play mini golf with Mrs. Claus. Santa's Elves have set up festive Christmas lights and other holiday displays for all ages to enjoy. There will be hot chocolate, treats, crafts and fun for all ages. For more information call 703-281-6501.

Scan the QR code to go
directly to the Parktakes
Online Events page.



Santa at the Mill

Saturday & Sunday, December 14-15
\$10 per person

Registration required



(3-Adult) Experience old-fashioned holiday fun at Colvin Run Mill. Visit Santa in the Mill, tour the Miller's House decorated for the holidays, roast a marshmallow, and enjoy cocoa. Festive music and children's crafts complete the experience. Most families spend about an hour at this event.

1--1 hour event

Location	Day	Time	Code	Date	\$
ColvinRunMill	Sa	3pm	1ED.YFCL	12/14	\$10/ea.
ColvinRunMill	Sa	3:30pm	1ED.N1IN	12/14	\$10/ea.
ColvinRunMill	Sa	4pm	1ED.UQLU	12/14	\$10/ea.
ColvinRunMill	Sa	4:30pm	1ED.LJHS	12/14	\$10/ea.
ColvinRunMill	Sa	5pm	1ED.PTGH	12/14	\$10/ea.
ColvinRunMill	Sa	5:30pm	1ED.WMXH	12/14	\$10/ea.
ColvinRunMill	Su	2pm	1ED.OEVC	12/15	\$10/ea.
ColvinRunMill	Su	2:30pm	1ED.2MRP	12/15	\$10/ea.
ColvinRunMill	Su	3pm	1ED.4RWØ	12/15	\$10/ea.
ColvinRunMill	Su	3:30pm	1ED.PC2S	12/15	\$10/ea.
ColvinRunMill	Su	4pm	1ED.Ø5QW	12/15	\$10/ea.
ColvinRunMill	Su	4:30pm	1ED.RYOL	12/15	\$10/ea.



Sensory-Friendly Santa at the Mill

Saturday & Sunday, December 14-15
12:30 p.m. - 2:15 p.m. (Sat.)
11:30 a.m. - 1:15 p.m. (Sun.)



\$40 per family (up to 5 people)
Reservations required

(3-Adult) At this sensory-friendly event, children with disabilities and their families can experience old-fashioned holiday fun at Colvin Run Mill in a quiet and calm environment. Families will have 15 minutes to visit Santa in the mill, and we will offer holiday crafts. Families may also visit the historic house and general store. The cost is for a whole family or friend group of up to 5 people. For a full list of times and to register, visit Parktakes online, or call the site directly.



Astronomy Festival

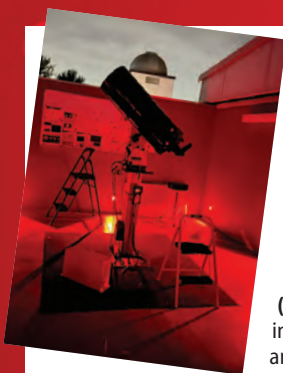
Saturdays:
December 14, January 18, February 15
\$10 per person
Registration required

(3-Adult) Enjoy activities including guided star gazing, looking through the telescope, and listening to ancient stories about the constellations around the campfire. Participate in other activities and games

throughout the evening. Hot chocolate included with price of registration. Canceled if raining or snowing.

1--2 hour 30 minute event

Location	Day	Time	Code	Date	\$
TurnerFarm	Sa	5pm	4DF.52VD	12/14	\$10/ea.
TurnerFarm	Sa	5pm	4DF.8KW7	1/18	\$10/ea.
TurnerFarm	Sa	5:30pm	4DF.X92D	2/15	\$10/ea.



Lunar New Year Celebration

Saturday, February 8
6-8 p.m.
Free, Registration required

(3-Adult) Join us for an enchanting evening filled with live performances, dazzling demonstrations and mouthwatering bites from local food trucks. Children must be accompanied by a registered adult.

1--2 hour event

Location	Day	Time	Code	Date	\$
Twin Lakes GC	Sa	6pm	ADF.CØTD	2/8	FREE



SAVE THE DATE!

Saturday, April 26, 2025

10 a.m. - 4 p.m.

Sully Historic Site

3650 Historic Sully Way, Chantilly



Family Skate & Dance Night

Strap on skates or dancing shoes on the following Saturdays for an all-around good time!

Halloween Costume Party
Saturday, October 26 • 6 - 10 p.m.

Franconia Hold 'Em Skate and Dance Night (Country Night)
Saturday, November 16 • 6 - 9 p.m.

Holiday and Ugly Sweater Skate and Dance Night
Saturday, December 21 • 6 - 9 p.m.

Sports Jersey Night
Saturday, January 25 • 6 - 9 p.m.

Battle of the Decades: 70s versus 80s
Saturday, February 15 • 6 - 9 p.m.

Learn more and register at
www.fairfaxcounty.gov/parks/reccenter/franconia



**FRANCONIA
REC CENTER**

THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

Stay up to date via



Web:

www.fairfaxcounty.gov/parks/parktakes



Social Media:

@FairfaxParks



Join our email list:

www.fairfaxcounty.gov/parks/parktakes



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Letters to Santa	Oakmont Rec Center	pg. 3
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Hot Cocoa Wetland Night Hike	Huntley Meadows Park	pg. 87
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Holiday Engineering Challenge	Hidden Oaks Nature Center	pg. 97
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Geminid Meteor Shower & Cocoa	Huntley Meadows Park	pg. 88
Candy Cane Mini Golf	Oakmont Rec Center	pg. 55
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First Sunrise Hike of the Year	Burke Lake Park	pg. 88
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Black History Month at the Meeting House	Frying Pan Park	pg. 78

WINTER WONDERLAND

BURKE LAKE PARK





Saturdays & Sundays
December 7-8, 14-15, and 21-22 • 11 a.m.-5 p.m.
 \$15 in advance online • \$20 at door

Holiday Express Train Rides • Caroler's Carousel
Gingerbread Man Golf
S'mores • Hot Chocolate • Candy Canes!

Burke Lake Park
 7315 Ox Road, Fairfax Station
 703-323-6600

For registration information, visit
www.fairfaxcounty.gov/parks/burke-lake






MAPLE SYRUP BOIL DOWN
Sundays: January 26, February 2 or 8
Register for a program at:
11 a.m. • 12:30 p.m. • 2 p.m.

- Bundle up by the fire and learn how maple syrup is made
- Learn why trees produce sap and see how we collect sap by tapping those trees
- Watch as the sap is boiled down to tasty syrup
- Try delicious maple syrup on cornbread made with Colvin Run Mill grains
- Visit the mill, the Miller's House exhibit and the general store

COLVIN RUN MILL
www.fairfaxcounty.gov/parks/colvin-run-mill
 10017 Colvin Run Road, Great Falls
 703-759-2771





Thanksgiving Weekend

JOIN US FOR THE ANNUAL NVHG ART & CRAFT SHOW!

NOV 29 - DEC 1, 2024
 FRIDAY - SATURDAY 10 am to 5 pm
 SUNDAY 11 am to 4 pm



ENTRANCE FEE \$3.00
 (for all three days)
 Kids under 12 Free
FREE PARKING

Vienna Community Center
 120 Cherry Street SE, Vienna, VA 22180
www.nvhg.org

NVHG SUPPORTS SCHOLARSHIPS FOR RISING COLLEGE STUDENTS IN THE ARTS

 NorthernVirginiaHandcraftersGuild

McLean Art & Crafts Festival

Jured Show Since 1982






DECEMBER 6-8, 2024

Friday*	Saturday	Sunday
10am - 7pm	10am - 6pm	10am - 4pm

McLean Community Center
 1234 Ingleside Ave
 McLean, VA 22101

ADMISSION: \$5
 - Good for all 3-days
 - 12 and under free
 - Free Parking

***HAPPY HOUR EVENT: \$15**
 Friday 4pm - 7pm + 3 day show admission

Purchase Now



Exercise and Physical Fitness

Scan the QR code to go directly to the Parktakes Online Exercise and Physical Fitness page.



Whether you pay the daily Rec Center admission fee or purchase a longer-term pass, your admission entitles you to a variety of drop-in classes and specialty classes for an additional registration fee.

Rec Center Membership Pass

- No initiation fee. Convenient pass options available. Visit <http://go.usa.gov/5TK> for a list of rates.
- More than 300 drop-in fitness classes per week. Visit <http://go.usa.gov/52S> to see the list.
- Access to all Rec Center fitness centers fully equipped with strength equipment and a variety of cardiovascular machines.
- Pass privileges also include use of pools and admission to selected special events.
- Visit www.fairfaxcounty.gov/parks/passes for more information.

Personal Training

Our trainers' expert guidance and education can remove obstacles and help you reach your potential by:

- Using the latest training techniques to overcome plateaus and jumpstart your workout.
- Providing accountability and motivating you on the fast track to your desired results.
- Helping with a specific illness, injury or conditions.
- Providing sports-specific training to improve your performance.

Small-group and private lessons in Pilates/reformer, yoga, TRX suspension training, and sports-specific conditioning available. For more information, visit <http://go.usa.gov/5Tg> or call your local Rec Center.



Group Muscular Strength & Conditioning

Body Sculpting

(13-Adult) A lighter total body workout open to all levels of participants, this class focuses on general muscle conditioning.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
OakmontREC	Th	8am	8B3.2WFO	1/9	4EB	

BODYPUMP

(13-Adult) BODYPUMP is the original barbell class that strengthens your entire body. Challenge all of your major muscle groups by using the best weight-room exercises like squats, presses, lifts and curls. Senior discount does not apply to these lessons.

4ECA 11--55 minute lessons--\$165						
Location	Day	Time	Code	Begin	\$	
ProvREC	M	6pm	A90.B8IL	1/6	4ECA	
ProvREC	W	6pm	A90.QYOF	1/8	4ECA	
SoRunREC	Sa	8am	A90.Y27K	1/4	4ECA	
SoRunREC	M	7pm	A90.ZOZQ	1/6	4ECA	
SoRunREC	W	7pm	A90.KUTG	1/8	4ECA	

Fitness for Seniors

(60 yrs.+) Class is designed to help students build greater strength, flexibility and cardiovascular endurance by using weights, bands and low-to moderate-intensity aerobics.

4EB 11--55 minute lessons--\$144						
4EC 22--55 minute lessons--\$286						
Location	Day	Time	Code	Begin	\$	
CubRunREC	T	8am	1A0.2G5R	1/7	4EB	
CubRunREC	T	12pm	1A0.YT6B	1/7	4EB	
CubRunREC	T	1pm	1A0.UHW3	1/7	4EB	
OakmontREC	T	8am	1A0.MI8Z	1/7	4EB	
OakmontREC	F	8am	1A0.VXHN	1/10	4EB	
ProvREC	T/Th	8:30am	1A0.9CVW	1/7	4EC	
SpHillREC	T	12pm	1A0.TBCH	1/7	4EB	
SpHillREC	F	11am	1A0.RGK4	1/10	4EB	

Fitness for Women

(16-Adult) Unlock your full potential and embrace a healthier, more confident you in this class. This dynamic program is designed specifically to cater to the unique fitness needs and goals of women, offering a balanced mix of strength training, cardiovascular exercises, and flexibility routines.

4ED 11--55 minute lessons--\$146						
Location	Day	Time	Code	Begin	\$	
OakmontREC	T	8am	41C.FL1T	1/7	4ED	
SpHillREC	Su	5pm	41C.2DQ1	1/5	4ED	

Kettlebell Training

(16-Adult) Kettlebell training is an excellent way to burn fat while building strength and power with just the right amount of controlled, explosive movement. Learn how to safely execute kettlebell technique and how to make appropriate modifications that work every major muscle group.

4ED 11--55 minute lessons--\$146						
Location	Day	Time	Code	Begin	\$	
SpHillREC	T	7pm	81F.6COY	1/7	4ED	

Pickleball Conditioning

(60 yrs.+) Improve your game and learn how to reduce the risk of injuries related to this popular sport. Exercises presented will help improve your agility, balance, strength, coordination, and range of motion.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
SpHillREC	W	1pm	FJE.J1FT	1/8	4EB	

Stay Active/Independent for Life-Standing

(55 yrs.+) Stay Active and Independent for Life (SAIL) is a twelve-week evidenced-based strength, balance and fitness program designed to help students with balance issues or a history of falls. Class meets twice weekly with a certified SAIL instructor who leads exercises to improve overall fitness while focusing on improving balance. Exercise is done standing up.

4EVA 24--55 minute lessons--\$284						
Location	Day	Time	Code	Begin	\$	
ProvREC	T/Th	10am	E98.U173	1/7	4EVA	

THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

Stay up to date via



Web:

www.fairfaxcounty.gov/parks/parktakes



Social Media:

@FairfaxParks



Join our email list:

www.fairfaxcounty.gov/parks/parktakes



Exercise and Physical Fitness

Total Body Conditioning

(60 yrs.+) For students who want to add variety to their exercise program. Improve agility, balance and coordination, while increasing muscular endurance and strength.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
OakmontREC	M	12pm	F0C.V7ZU	1/6	4EB	
OakmontREC	T	9:30am	F0C.LNUR	1/7	4EB	
OakmontREC	W	12pm	F0C.QIC5	1/8	4EB	
OakmontREC	Th	10am	F0C.OQXW	1/9	4EB	

TRX Suspension Training

(13-Adult) TRX suspension training uses individual body weight, gravity and suspension tools in an exciting way to get a whole new workout. Senior discount does not apply to these lessons.

4ECA 11--55 minute lessons--\$165						
Location	Day	Time	Code	Begin	\$	
SoRunREC	Th	7pm	35C.G3BR	1/7	4ECA	
SpHillREC	Su	3:30pm	35C.G8P6	1/5	4ECA	
Wkfld/Moore	M	9am	35C.FHQV	1/6	4ECA	
Wkfld/Moore	T	9am	35C.TE53	1/7	4ECA	
Wkfld/Moore	W	7pm	35C.FG63	1/8	4ECA	
Wkfld/Moore	Th	7pm	35C.UZ51	1/9	4ECA	

Weight Training

These classes are a great introduction to weight-training and combine educational topics (from safety, tips, and techniques to muscle groups and workout planning) with hands-on practice to learn proper form. Exercises and equipment covered will vary by location, with modifications presented for a variety of ages and abilities.

3EX		8--55 minute lessons--\$132			
4EX		11--55 minute lessons--\$181			
Location	Day	Time	Code	Begin	\$
(Co-ed. 16-Adult)					
SpHillREC	Sa	9am	BB2.E5VQ	1/4	4EX
(Ladies only 16-Adult)					
SoRunREC	Sa	3pm	9EA.H7PD	1/4	3EX
SoRunREC	Su	9am	9EA.Z4DW	1/5	3EX
SpHillREC	F	12pm	9EA.T1SN	1/10	4EX
(Co-ed. 60 yrs.+)					
SpHillREC	Th	12pm	503.0UBR	1/9	4EX

Weight Training for Teens

(12-15 yrs.) Learn proper equipment use, techniques and safety along with stretching, strength and endurance exercises. Students who complete a final test are issued a weight room pass (to be used with admission) that entitles them to use the weight room without adult supervision.

4EW 5--55 minute lessons--\$85						
Location	Day	Time	Code	Begin	\$	
CubRunREC	Sa	10am	E8B.ZIEK	1/18	4EW	
OakmontREC	W	4pm	E8B.F469	1/8	4EW	
ProvREC	W	4pm	E8B.Z7BE	1/8	4EW	
ProvREC	W	4pm	E8B.HI1I	2/19	4EW	
SoRunREC	Sa	4pm	E8B.A6T9	1/4	4EW	
SoRunREC	Su	10am	E8B.I4M9	1/5	4EW	
SoRunREC	Sa	4pm	E8B.G4AY	2/15	4EW	
SoRunREC	Su	10am	E8B.71RP	2/16	4EW	
SpHillREC	M-F	4pm	E8B.1LAS	12/16	4EW	
SpHillREC	Su	5pm	E8B.YPF3	1/5	4EW	
SpHillREC	W	4pm	E8B.CU8E	1/8	4EW	
SpHillREC	Su	5pm	E8B.XVHT	2/16	4EW	
SpHillREC	W	4pm	E8B.9WIC	2/19	4EW	
Wkfld/Moore	M	5pm	E8B.HDLF	1/6	4EW	
Wkfld/Moore	M	5pm	E8B.MFW1	2/10	4EW	

Weight Training for Teens II

(12-17 yrs.) Prerequisite: Weight Training for Teens. Expand your knowledge of cables, dumbbells, weight plates, benches and bars to enhance your skills and technique with more challenging exercises.

4EW 5--55 minute lessons--\$85						
Location	Day	Time	Code	Begin	\$	
SpHillREC	M-F	5pm	9A8.J5M5	12/16	4EW	

Free Weight Training

(16-Adult) Learn proper techniques, safety and stretches to give you a great workout using free weights. This class focuses the upper body.

4EW 5--55 minute lessons--\$85						
Location	Day	Time	Code	Begin	\$	
SoRunREC	Sa	5pm	52C.0EZN	1/4	4EW	
SoRunREC	Sa	5pm	52C.45V3	2/15	4EW	
SpHillREC	T	10am	52C.Y6Y7	1/7	4EW	
SpHillREC	T	10am	52C.IHIG	2/18	4EW	

Group Aerobic Exercise

Aerobics II

(60 yrs.+) This class is for the older adult who is beyond beginner but not quite advanced. Muscle strengthening with hand weights, low impact, moderate intensity aerobics and stretching are taught.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
OakmontREC	F	9:30am	C1D.M62P	1/10	4EB	

Barre Workout

(13-Adult) This class incorporates ballet exercises, barres and light weights to help you tone and define your muscles. Learn the secrets of dancers for a totally toned body. Barre techniques class highly recommended prior to this program. Socks required.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
OakmontREC	M	7am	3BF.NP14	1/6	4EB	
SoRunREC	Sa	8am	3BF.005B	1/4	4EB	
SoRunREC	W	9:30am	3BF.S9T6	1/8	4EB	
SpHillREC	Sa	10am	3BF.10HN	1/4	4EB	

Cardio Kickboxing

(13-Adult) This high-energy cardio class tones your entire body plus teaches you self-defense tactics. No contact required.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
ProvREC	T	7pm	7C5.C12U	1/7	4EB	
ProvREC	Th	7pm	7C5.WDA9	1/9	4EB	
SoRunREC	T	6:30pm	7C5.J2K2	1/7	4EB	

NOW HIRING AND TRAINING LIFEGUARDS



- No prior training or experience required.
- Training provided after employment offer.
- Positions available at all Rec Centers and the Water Mine.
- Pay range starts at up to \$15.29 per hour.

www.fairfaxcounty.gov/parks/reccenter/jobs



Meet Ryan Ross Wellness Coordinator

Ryan Ross has joined the Fairfax County Park Authority (FCPA) as a Wellness Coordinator overseeing the Healthy Strides program. With a degree in Kinesiology from the University of Maryland and certification as a personal trainer, group exercise instructor and nutrition coach, he brings a passion for community health and wellness.

Five Tips for Getting Active in Rec Centers from Ryan Ross

- 1. Try a drop-in fitness class.** FCPA offers more than 300 drop-in fitness classes each week. Explore the schedule to diversify your fitness routine.
- 2. Sign up for a Fitness Center orientation or Personal Training.** Contact the Fitness Director at your local Rec Center to schedule a fitness center orientation and learn how to use our equipment. Personal training sessions also are available for purchase for additional support with your fitness goals.
- 3. Swim or join an aquatics fitness classes.** Water-based exercise is proven to decrease depression and improve moods and an excellent option for individuals with arthritis. Our Rec Centers offer lap lanes for free swim and drop-in aquatics fitness classes.
- 4. Get involved in sports.** Physical activity refers to all movement including sports. Rec Centers offer a variety of sports lessons, leagues and open gym times for all ages. Some have gyms where you can play pick-up basketball, volleyball and pickleball.
- 5. Register for an exercise class.** Exercise comes in many forms — martial arts, dance or other alternative ways to get active. Rec Centers offer several martial arts-based programs for all ages to learn self-defense and a wide variety of dance classes.

Cycle Spin

(13-Adult) Ride your way to a stronger, leaner body. This group exercise program using stationary spin bike for a great cardio workout. Please bring a water bottle and towel to class.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
ProvREC	M	5:30pm	EUJ.ILGU	1/6	4EB	
SoRunREC	Sa	9am	EUJ.Q9HL	1/4	4EB	
SoRunREC	Su	3:45pm	EUJ.SF4H	1/5	4EB	
SoRunREC	T	6pm	EUJ.2AYT	1/7	4EB	
SoRunREC	Th	6:30am	EUJ.060V	1/9	4EB	

Gentle Cardio

(13-Adult) This class is easy on the joints. Low impact aerobics offers an exciting, moderate intensity workout without any jumping. Class may include light body sculpting with hand weights or floor work at the end.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
CubRunREC	Th	12pm	GN4.E83P	1/9	4EB	

Zumba

(13-Adult) Dance themes combined with dynamic music turn fitness into a party! Maximize caloric output and tone your body using easy-to-follow dance steps. All levels welcome.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
SoRunREC	Sa	9am	69F.WFPO	1/4	4EB	
SoRunREC	M	8pm	69F.26M4	1/6	4EB	
SoRunREC	W	8pm	69F.4YPX	1/8	4EB	
Wkfld/Moore	F	9am	69F.V8CG	1/10	4EB	

Zumba Gold

(60 yrs.+) Class features the same great Latin music and dance styles as Zumba but at a slower pace. This is a safe, easy way to do a great total body workout.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
ProvREC	M	10:30am	8F6.XQ3W	1/6	4EB	
ProvREC	W	10:30am	8F6.1M3R	1/8	4EB	
ProvREC	F	11am	8F6.1N55	1/10	4EB	
SpHillREC	Th	10am	8F6.QEY8	1/9	4EB	
Wkfld/Moore	Th	9am	8F6.QR3I	1/9	4EB	

Alternative Exercise

Awareness through Movement-Pain Free Joints

(13-Adult) Learn gentle Feldenkrais lessons to foster joint health in a safe, non-strenuous and non-inflammatory manner.

4EE 11--1 hour 25 minute lessons--\$215						
Location	Day	Time	Code	Begin	\$	
ProvREC	Th	2:15pm	5H9.8AEV	1/9	4EE	

Baby & Me Yoga

(Adults) This class is designed for caregivers and babies ages 6 weeks through crawling. Classes provide the opportunity to practice yoga with your baby and build community while doing poses that allow you to connect to your breath, body, and little one.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
CubRunREC	W	11am	BC3.K8W6	1/8	4EB	



Balance and Beyond

(55 yrs.+) Certified balance and mobility specialists help you enhance mobility, strength and flexibility. Advanced techniques from the FallProof fall prevention program are incorporated to improve overall wellness.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
OakmontREC	W	11am	FDD.IJUF	1/8	4EB	
ProvREC	Th	1pm	FDD.093H	1/9	4EB	
Wkfld/Moore	T	1:30pm	FDD.12JV	1/7	4EB	
Wkfld/Moore	Th	11am	FDD.8B05	1/9	4EB	

Bones for Life

(13-Adult) Learn safe weight-bearing exercises to increase and maintain bone health. This class uses impact exercises designed to reduce stress on vulnerable joints while building bone strength, balance and overall health.

4EE 11--1 hour 25 minute lessons--\$215						
Location	Day	Time	Code	Begin	\$	
ProvREC	Th	3:45pm	519.EGXY	1/9	4EE	

Creative Balance

(Adults) This class will help participants regain and improve balance skills and move with more ease, agility, and confidence. With fun music, simple physical games, props and challenges, you'll get social and have fun while addressing a wide range of factors involved in balance, from foot stability to core strength.

3EB 8--55 minute lessons--\$104						
4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
ProvREC	T	12:30pm	WBB.WXJO	1/7	3EB	
SpHillREC	M	11am	WBB.8PQA	1/6	4EB	

SAVE THE DATE!

Saturday, May 3, 2025 • 7:30 a.m.

Burke Lake Park • 7315 Ox Road, Fairfax Station

HEALTHY STRIDES
FANTASY FOREST
5K/10K

Mark your calendars to participate in a fun run, walk or roll in the 5K and a more competitive, fun run/walk in the 10K — both along the enchanting pathways of Burke Lake Park. Come wearing your favorite themed outfit and prepare to encounter some mythical creatures along the way.

Register now at www.fairfaxcounty.gov/parks/healthy-strides

Use the code **25HSPARKS** by January 1 for a \$5 early registration discount.

Exercise and Physical Fitness

Chair Yoga

(13-Adult) This gentle yoga class is for those who are unable to get up and down off the floor or who want the extra support of a chair. Students coordinate breath with movement and perform stretches, relaxation techniques and meditation/concentration exercises while using a chair for support.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
OakmontREC	Th	1pm	ED6.W4RL	1/9	4EB	
SoRunREC	T	3:05pm	ED6.2MNY	1/7	4EB	
SoRunREC	Th	11:15am	ED6.T2PD	1/9	4EB	
Wkfld/Moore	M	1pm	ED6.TAMU	1/6	4EB	
Wkfld/Moore	T	10am	ED6.6PAI	1/7	4EB	

Gentle Yoga

(13-Adult) Gentle stretches, yoga postures and breathing techniques increase flexibility and strength for those desiring a slower pace. This gentle practice may be suitable for individuals returning from illness or injury or those with physical challenges.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
CubRunREC	W	9am	21C.407U	1/8	4EB	
ProvREC	T	5:30pm	21C.GJU2	1/7	4EB	
SoRunREC	T	2pm	21C.NASK	1/7	4EB	
SoRunREC	Th	10am	21C.GG7E	1/9	4EB	
Wkfld/Moore	T	6pm	21C.WOCH	1/7	4EB	

Hatha Yoga I

(13-Adult) Learn basic yoga postures as you gain more strength and flexibility while using different breathing techniques. This class is designed to help improve your posture and bring you relaxation. Please bring a mat and towel to class.

4EB 11--55 minute lessons--\$144						
4EE 11--1 hour 25 minute lessons--\$215						
Location	Day	Time	Code	Begin	\$	
Franconia Rec	Su	10:30am	C21.WN2B	1/5	4EB	
Franconia Rec	M	6pm	C21.4HI5	1/6	4EB	
Franconia Rec	F	10:30am	C21.TE73	1/10	4EB	
OakmontREC	Su	10:30am	C21.9H9Y	1/5	4EE	
OakmontREC	M	9:30am	C21.04SM	1/6	4EB	
OakmontREC	T	6pm	C21.261C	1/7	4EE	
OakmontREC	Th	10:15am	C21.MWOM	1/9	4EE	
OakmontREC	F	12pm	C21.KWRP	1/10	4EB	
ProvREC	Th	5:30pm	C21.PM96	1/9	4EB	
SoRunREC	Su	5pm	C21.2M5M	1/5	4EB	
SoRunREC	M	5:45pm	C21.TWR5	1/6	4EB	
SoRunREC	T	8pm	C21.G1VU	1/7	4EB	
SoRunREC	T	9am	C21.3F9C	1/7	4EE	
SoRunREC	W	7pm	C21.G296	1/8	4EB	
SoRunREC	W	10:30am	C21.LF41	1/8	4EB	
Wkfld/Moore	T	12pm	C21.W6QT	1/7	4EE	
Wkfld/Moore	W	7pm	C21.00HN	1/8	4EE	

Hatha Yoga II

(13-Adult) Prerequisite: Hatha Yoga I or equivalent. Please bring a mat and towel to class.

4EB 11--55 minute lessons--\$144						
4EE 11--1 hour 25 minute lessons--\$215						
Location	Day	Time	Code	Begin	\$	
CubRunREC	Th	7pm	19F.AONG	1/9	4EB	
OakmontREC	Th	6pm	19F.ZH22	1/9	4EE	
Wkfld/Moore	Th	7pm	19F.X60U	1/9	4EE	

Hatha Combo

(13-Adult) Focus on basic yoga postures in this multi-level class. Practice includes varying levels with modifications to postures based on student experience. Please bring a mat and towel to class.

4EB 11--55 minute lessons--\$144						
4EE 11--1 hour 25 minute lessons--\$215						
Location	Day	Time	Code	Begin	\$	
Frying Pan Pk	M	7pm	F3F.0R3Z	1/6	4EE	
Wkfld/Moore	T	10:30am	F3F.P8RM	1/7	4EB	
Wkfld/Moore	F	11am	F3F.8PXN	1/10	4EB	

Gentle Pilates

(13-Adult) Loosen the joints and spine and create new movement opportunities gently in a class designed to support special needs and abilities of the practitioner. Use basic Pilates principles, working from the inside out and integrating mind, breath and body to leave this class renewed and reinvigorated.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
OakmontREC	W	3:30pm	F82.53IZ	1/8	4EB	
OakmontREC	F	7am	F82.L01U	1/10	4EB	

Pilates

(13-Adult) Practice classical exercise sequences based on Pilates method. Focus on core control, alignment and breathing to properly execute exercises that strengthen and lengthen the body.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
CubRunREC	W	5pm	16E.208J	1/8	4EB	
Franconia Rec	W	5:30pm	16E.JI6H	1/8	4EB	
OakmontREC	W	9am	16E.89HX	1/8	4EB	
SoRunREC	Th	6pm	16E.NBBF	1/9	4EB	
SoRunREC	F	7pm	16E.0F90	1/10	4EB	
SpHillIREC	T	10am	16E.950P	1/7	4EB	
SpHillIREC	Th	10am	16E.CR6Y	1/9	4EB	

Gentle Pilates Allegro Reformer

(13-Adult) Pilates lessons on a special apparatus that provides various resistance levels within a full range of motion. These gentle lessons help loosen the joints and spine and create new movement opportunities, balance, and flexibility in a class designed to support the special needs and abilities of the practitioner. Senior discount does not apply to these lessons.

4EAA 11--55 minute lessons--\$234						
Location	Day	Time	Code	Begin	\$	
SpHillIREC	Sa	11am	78C.SW9W	1/4	4EAA	
SpHillIREC	F	11am	78C.1QJX	1/10	4EAA	
SpHillIREC	F	12pm	78C.BEX4	1/10	4EAA	

Pilates Allegro Reformer Lessons

(13-Adult) Pilates lessons on a special apparatus that provides various levels of resistance within the full range of motion. Private lessons stretch and strengthen your entire body and help you develop body muscle balance, flexibility, agility and bone density. Intro to Pilates Mat recommended. Senior discount does not apply to these lessons.

4EAA 11--55 minute lessons--\$234						
Location	Day	Time	Code	Begin	\$	
CubRunREC	Sa	11am	08E.QP3R	1/4	4EAA	
CubRunREC	Su	9:30am	08E.T07M	1/5	4EAA	
CubRunREC	Su	10:45am	08E.KU28	1/5	4EAA	
CubRunREC	M	6pm	08E.SOGY	1/6	4EAA	
CubRunREC	M	9:45am	08E.OBX9	1/6	4EAA	
CubRunREC	T	5:45pm	08E.QNPE	1/7	4EAA	
CubRunREC	T	9am	08E.34V0	1/7	4EAA	
CubRunREC	T	10am	08E.E7DT	1/7	4EAA	
CubRunREC	T	11am	08E.0QJ0	1/7	4EAA	
CubRunREC	F	10am	08E.Y2CM	1/10	4EAA	
CubRunREC	W	11am	08E.5R5E	1/8	4EAA	
Franconia Rec	Su	5:30pm	08E.4P1K	1/5	4EAA	
Franconia Rec	M	6:30pm	08E.KLQ4	1/6	4EAA	
Franconia Rec	T	5:30pm	08E.8VIF	1/7	4EAA	
Franconia Rec	W	6:30pm	08E.ES6Z	1/8	4EAA	
Franconia Rec	W	10am	08E.L7IG	1/8	4EAA	
Franconia Rec	Th	4pm	08E.T4SZ	1/9	4EAA	
ProvREC	Su	9am	08E.EUM3	1/5	4EAA	
ProvREC	M	10:30am	08E.306A	1/6	4EAA	
ProvREC	T	6pm	08E.ZRFN	1/7	4EAA	
ProvREC	T	10am	08E.11MS	1/7	4EAA	
ProvREC	T	11am	08E.LWUK	1/7	4EAA	
ProvREC	W	10:30am	08E.M5PS	1/8	4EAA	
ProvREC	Th	5:30pm	08E.N6A4	1/9	4EAA	
ProvREC	Th	10:30am	08E.YLHR	1/9	4EAA	
ProvREC	Th	11:30am	08E.XH0L	1/9	4EAA	
SoRunREC	M	6pm	08E.240Y	1/6	4EAA	
SoRunREC	W	10am	08E.TE0X	1/8	4EAA	
SpHillIREC	Sa	9am	08E.2K16	1/4	4EAA	
SpHillIREC	W	6pm	08E.V7VN	1/8	4EAA	
SpHillIREC	W	7pm	08E.AMNS	1/8	4EAA	
SpHillIREC	Th	6pm	08E.PQJE	1/9	4EAA	



HEALTHY STRIDES

Programs for your health and wellness

Learn more:
www.fairfaxcounty.gov/parks/healthy-strides

30 DAYS FOR \$30!



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Pilates Allegro Reformer Lessons II

(13-Adult) Pilates lessons on a special apparatus that provides a workout with complex exercise variations and longer sets. The movements develop coordination, strength and flexibility while the concentration required improves the mind-and-body connection. Prerequisite: Pilates Allegro Reformer I. Senior discount does not apply to these lessons.

4EAA 11--55 minute lessons--\$234						
Location	Day	Time	Code	Begin	\$	
CubRunREC	T	7pm	5B6.0IQ5	1/7	4EAA	
CubRunREC	Th	5:45pm	5B6.1K8J	1/9	4EAA	
Franconia Rec	Th	7:30pm	5B6.0N78	1/9	4EAA	
ProvREC	T	5pm	5B6.0524	1/7	4EAA	
SpHillREC	M	6:30pm	5B6.J5NR	1/6	4EAA	
SpHillREC	M	7:30pm	5B6.G98Z	1/6	4EAA	
SpHillREC	T	8am	5B6.6H4V	1/7	4EAA	
SpHillREC	T	9am	5B6.4Y5V	1/7	4EAA	
SpHillREC	W	8am	5B6.UY06	1/8	4EAA	
SpHillREC	W	9am	5B6.EP8C	1/8	4EAA	
SpHillREC	W	10am	5B6.ZKL2	1/8	4EAA	
SpHillREC	F	10am	5B6.QCAK	1/10	4EAA	

Pilates Allegro Reformer Para Principiante

(13-Adulto) En estas clases se realizaran ejercicios basicos en un aparato que tiene varios niveles de resistencia. Las clases se enfocaran a fortalecer tus musculos de todo el cuerpo y mejorar tu flexibilidad y balance. Los descuentos de seniors no aplican en estas clases.

4EAA 11--55 minute lessons--\$234						
Location	Day	Time	Code	Begin	\$	
CubRunREC	Sa	1pm	YJF.8236	1/4	4EAA	
CubRunREC	Sa	12pm	YJF.LYZK	1/4	4EAA	

Pilates Allegro Reformer & Tower

(13-Adult) Prerequisite: Pilates Allegro Reformer I or Pilates Mat. This full-body workout uses Allegro Reformers and Towers, mat work and props. Lessons enhance core strength, flexibility, neuromuscular coordination and balance. Improve body awareness as you learn the essentials of working on the towers. Senior discount does not apply to these lessons.

4EAA 11--55 minute lessons--\$234						
Location	Day	Time	Code	Begin	\$	
SpHillREC	Sa	10am	A40.IZGN	1/4	4EAA	
SpHillREC	Th	7pm	A40.ZZJA	1/9	4EAA	

Pilates Allegro Reformer Jumpboard

(13-Adult) This exciting express format adds aerobic elements to your Pilates reformer program through the use of a jumpboard attachment. Participants will also perform a variety of additional strength and stability exercises. Students should be able to do level 2 class work.

4EAA 11--55 minute lessons--\$234						
4EAC 11--30 minute lessons--\$117						
Location	Day	Time	Code	Begin	\$	
CubRunREC	M	5pm	719.T9NI	1/6	4EAA	
SpHillREC	W	11am	719.WIHM	1/8	4EAC	

Mat Fusion

(13-Adult) Looking for a safe and effective way to improve flexibility, endurance and muscle tone? Mat fusion encompasses the Eastern philosophy of yoga, the holistic approach of Pilates and the application of floor-based exercise techniques.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
SoRunREC	T	7pm	34B.1DZJ	1/7	4EB	

Meditation

(13-Adult) Focus and calm your mind with breathing exercises that release tension. Centered mindfulness relaxes the physical body for overall wellbeing, concentration and positive energy.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
CubRunREC	T	8:30pm	7C4.RXVS	1/7	4EB	

Prenatal Yoga

(Adults) Designed for the pregnant body, mind, and soul. Students learn modified postures for comfort and stability as well as tools to use throughout pregnancy and labor such as appropriate breathing techniques and meditations.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
CubRunREC	W	10am	ZIF.YROX	1/8	4EB	

Tai Chi I

(13-Adult) Tai Chi promotes flexibility, balance and physical control. This low-impact mind/body class is based on ancient Chinese exercises to increase energy flow while decreasing stress.

4EB 11--55 minute lessons--\$144						
DEBA 8--55 minute lessons--\$106						
Location	Day	Time	Code	Begin	\$	
CubRunREC	T	5pm	ED9.8AIG	1/7	4EB	
Franconia Rec	W	6pm	ED9.RPX9	1/8	4EB	
Frying Pan Pk	Th	8pm	ED9.92G1	1/9	DEBA	
GrnSprGardn	M	12:15pm	ED9.AP4T	1/6	DEBA	
OakmontREC	M	4:30pm	ED9.CWLT	1/6	4EB	
OakmontREC	T	8pm	ED9.D9TN	1/7	4EB	
ProvREC	M	1pm	ED9.CEEP	1/6	4EB	
ProvREC	W	1pm	ED9.EXEG	1/8	4EB	
SpHillREC	Sa	9am	ED9.2RMO	1/4	4EB	
SpHillREC	M	7pm	ED9.V35X	1/6	4EB	

Tai Chi II

(13-Adult) Tai Chi I strongly recommended.

4EB 11--55 minute lessons--\$144						
DEBA 8--55 minute lessons--\$106						
Location	Day	Time	Code	Begin	\$	
CubRunREC	T	7pm	630.1EVQ	1/7	4EB	
Franconia Rec	Th	6pm	630.06RG	1/9	4EB	
GrnSprGardn	M	11am	630.YDJS	1/6	DEBA	
OakmontREC	M	5:30pm	630.T58I	1/6	4EB	
ProvREC	M	2pm	630.0ZM7	1/6	4EB	
ProvREC	W	2pm	630.TUXT	1/8	4EB	
SpHillREC	Sa	10am	630.MXY7	1/4	4EB	
SpHillREC	M	8pm	630.EBAA	1/6	4EB	

Tai Chi III

(13-Adult) Tai Chi II strongly recommended.

4EB 11--55 minute lessons--\$144						
Location	Day	Time	Code	Begin	\$	
CubRunREC	T	6pm	156.6WNU	1/7	4EB	
Franconia Rec	Th	7pm	156.7T32	1/9	4EB	
OakmontREC	M	3:30pm	156.HOU5	1/6	4EB	
ProvREC	W	3pm	156.T14A	1/8	4EB	

MORE CLASSES ONLINE:

www.fairfaxcounty.gov/parks/parktakes



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Exercise and Physical Fitness



Tai Chi Yang Style

(13-Adult) Learn six choreographed forms of Tai Chi consisting of 108 postures that are often described as “moving meditation.” Traditional martial arts warm-up exercises are included in all classes. Please bring a water bottle, mat and towel to class.

4EB	11--55 minute lessons--\$144					
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	Su	9:30am	LLG.PP2L	1/5	4EB	
Wkfld/Moore	Su	10:30am	LLG.OXII	1/5	4EB	
Wkfld/Moore	W	7pm	LLG.YEWN	1/8	4EB	

Therapeutic Yoga

(Adults) Therapeutic yoga can help manage a variety of health conditions by addressing both physical and emotional challenges. This trauma-sensitive class combines a physical practice of breathing and poses with meditation and deep relaxation. Please bring a yoga mat, block, and strap as well as your favorite blanket for deep relaxation.

4ED	11--55 minute lessons--\$132					
Location	Day	Time	Code	Begin	\$	
SpHillREC	T	5:30pm	MA7.2YLK	1/7	4ED	

Vinyasa Yoga

(13-Adult) This active, flowing yoga style incorporates breath-synchronized movements, allowing poses to flow from one to another. Class helps develop strength, flexibility and body and breath awareness while leaving the body energized and the mind at peace.

4EE	11--1 hour 25 minute lessons--\$215					
Location	Day	Time	Code	Begin	\$	
OakmontREC	M	6:30pm	308.N79U	1/6	4EE	
SpHillREC	M	1pm	308.F6VF	1/6	4EE	

Yin Yoga

(13-Adult) Yin Yoga incorporates seated and supine postures that are held for longer periods (1-5 minutes each), targeting connective tissues, joints, and fascial networks. In this relaxing class, you will stretch all major muscle groups to help improve flexibility, regain range of motion, reduce pain, and prevent injuries. It will also help calm the mind, reduce stress, activate the parasympathetic nervous system and improve concentration. Bring a mat and a towel to class.

4EE	11--1 hour 25 minute lessons--\$215					
Location	Day	Time	Code	Begin	\$	
SpHillREC	Th	6pm	KXS.R1KE	1/9	4EE	

Yoga for Gardeners

(16-Adult) This class features a gentle introduction to the Vinyasa method which helps participants increase the strength, flexibility and endurance necessary for gardening. Class held indoors.

DEBA	8--55 minute lessons--\$106					
Location	Day	Time	Code	Begin	\$	
GrnSprGardn	M	9:30am	6E6.DTXX	1/6	DEBA	

Yoga for Golfers

(13-Adult) Classes focus improving flexibility, swing rotation, posture awareness and balance. Your stamina improves and risk of injury decreases.

4EA	5--55 minute lessons--\$67					
Location	Day	Time	Code	Begin	\$	
Pinecrest GC	Sa	9am	835.ZIV2	1/4	4EA	

FAIRFAX COUNTY PARK AUTHORITY

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Availability by location.

Available at all Park Authority Rec Centers and online at www.fairfaxcounty.gov/parks/passes

AUDREY MOORE, Annandale • CUB RUN, Chantilly • GEORGE WASHINGTON, Alexandria • FRANCONIA, Alexandria
OAKMONT, Oakton • PROVIDENCE, Falls Church • SOUTH RUN, Springfield • SPRING HILL, McLean

Yoga for Stress Management

(13-Adult) The stress of everyday life can create body tension and stiffness and can also affect mood and energy level. This class combines yoga postures and stretching with breathing and relaxing meditations restoring positive energy and renewing an overall sense of wellness.

4EE 11--1 hour 25 minute lessons--\$215

Location	Day	Time	Code	Begin	\$
SpHillREC	Su	5pm	D01.JRYW	1/5	4EE

Yoga Groove

(13-Adult) Chill out vinyasa style in this upbeat class that fuses classic yoga poses and flows with popular music. Movement, music and breath are used to open the body's energy centers so energy can flow freely through the body. No previous yoga or dance experience needed.

4EB 11--55 minute lessons--\$144

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	M	7pm	49D.00DQ	1/6	4EB

Outdoor Classes

Outdoor Running for Fitness

(13-Adult) Master the basics of running to reduce your chances for injury. This class builds confidence, improves your form and increases your fitness. Beginners welcome! Class takes place outdoors.

4EB 11--55 minute lessons--\$144

Location	Day	Time	Code	Begin	\$
SoRunREC	Sa	8:30am	EC2.R0ZT	1/4	4EB

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- Aqua Flex Passes get you drop-in entry into aquatics exercise classes.
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Virtual Classes



Virtual Chair Yoga

(13-Adult) This gentle yoga class is for those who are unable to get up and down off the floor or who want the extra support of a chair. Students coordinate breath with movement and perform stretches, relaxation techniques and meditation/concentration exercises while using a chair for support. This class will be delivered online using Microsoft Teams or Zoom. Class registrants will be emailed a link to the class meetings prior to the start of class.

4EB 11--55 minute lessons--\$144

Location	Day	Time	Code	Begin	\$
Virtual FCPA	T	3:05pm	IY.ZEHH	1/7	4EB
Virtual FCPA	Th	11:15am	IY.HCZA	1/9	4EB

Virtual Pilates

(13-Adult) Practice classical exercise sequences based on Pilates method. Focus on core control, alignment and breathing to properly execute exercises that strengthen and lengthen the body. This class will be delivered online using Microsoft Teams or Zoom. Class registrants will be emailed a link to the class meetings prior to the start of class.

4EC 22--55 minute lessons--\$286

Location	Day	Time	Code	Begin	\$
Virtual FCPA	T/Th	8:30am	IS8.3N2A	1/7	4EC

Virtual Wall Pilates

(Adults) This simple and gentle form of exercise for beginners and seniors offers a safe and effective way to get your body moving. Virtual Wall Pilates is a low-impact exercise that is great for strengthening, stretching and balance. The only equipment

needed is a wall and mat. The wall is used for resistance and support in a variety of different poses and movements. Link will be emailed prior to first class.

4EB 11--55 minute lessons--\$144

Location	Day	Time	Code	Begin	\$
Virtual FCPA	F	11:15am	32X.UFCA	1/10	4EB

Virtual Tai Chi I

(13-Adult) Tai Chi promotes flexibility, balance and physical control. This low-impact mind/body class is based on ancient Chinese exercises to increase energy flow while decreasing stress. This class will be delivered online using Microsoft Teams or Zoom. Class registrants will be emailed a link to the class meetings prior to the start of class.

4EB 11--55 minute lessons--\$144

Location	Day	Time	Code	Begin	\$
Virtual FCPA	M	1:15pm	XF2.Z00Z	1/6	4EB

Virtual Tai Chi II

(13-Adult) Build on the movements learned in Tai Chi I for a longer sequence of movement patterns for better flexibility and balance. Tai Chi I recommended. This class will be delivered online using Microsoft Teams or Zoom. Class registrants will be emailed a link to the class meetings prior to the start of class.

4EB 11--55 minute lessons--\$144

Location	Day	Time	Code	Begin	\$
Virtual FCPA	M	12pm	MXS.C390	1/6	4EB

Fine Arts and Crafts

Scan the QR code to go directly to the Parktakes Online Fine Arts page.



Some classes may have supply fees so check class descriptions for details. Any supply fees are payable at first class and are non-refundable.

THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

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Audrey Moore Rec Center Pottery Lab



Open pottery lab is offered for experienced potters who want extra time to work on their project.

Save by purchasing a 12-hour lab pass:
\$50 for current students
\$150 for non-students.

Clay is \$34 for a 25-pound bag, firing fee included with purchased clay.

We only fire pieces that were made with clay issued by the Rec Center.

Open Pottery Lab Hours:

Sunday: 10 a.m. – 1 p.m.

Monday: 9 a.m. - Noon

Friday: 9 a.m. - Noon

Friday: 6 p.m. – 9 p.m.

Call Audrey Moore Rec Center at 703-321-7081 to confirm lab hours on given days. Lab closed on holidays.



Drawing

Composition in Art

(Adults) Students learn the rules and theories of composition through pictures and exercises, then will apply these concepts to their own artwork. Topics include the rule of thirds, the golden ratio and elements of composition. Class is for all skill levels.

4FB 10--1 hour 25 minute lessons--\$188

Location	Day	Time	Code	Begin	\$
OakmontREC	Th	11am	WFJ.5B7A	1/9	4FB

Art Above & Beyond

(6-12 yrs.) This mixed-media class offers a variety of fun projects including drawing and painting. Supply fee payable to instructor at first class.

4FA 10--55 minute lessons--\$125
4FB 10--1 hour 25 minute lessons--\$188

Location	Day	Time	Code	Begin	\$
OakmontREC	T	4:30pm	EB5.MJAQ	1/7	4FB
Wkfld/Moore	M	5:30pm	EB5.UAZ4	1/13	4FA

Colorful Art by Abrakadoodle

(6-12 yrs.) Young artists will create colorful paintings, imaginative drawings, and unique sculptures using watercolors, modeling compounds and paints. Practice "masking" while painting an abstract forest. Students will take an imaginary tour to New England and paint lighthouse scenes.

DFVW 8--55 minute lessons--\$173

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	11:30am	PRL.TVG9	1/11	DFVW
SoRunREC	W	5pm	PRL.E9HW	1/15	DFVW
SoRunREC	Sa	1:30pm	PRL.7C25	1/11	DFVW
SpHillREC	T	5pm	PRL.YR5P	1/14	DFVW
Wkfld/Moore	Th	5pm	PRL.M7BL	1/16	DFVW

Discover Drawing I

This course teaches fundamental drawing skills through various techniques and projects. Students need to bring an 11"x14" sketch pad and two drawing pencils (HB & 6B). Supply fee payable to instructor at first class.

4FB 10--1 hour 25 minute lessons--\$188
DFGB 8--1 hour 25 minute lessons--\$145

Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
Wkfld/Moore	F	5pm	D6A.4NMK	1/17	4FB
Wkfld/Moore	F	6:45pm	D6A.VIYO	1/17	4FB
(13-Adult)					
OakmontREC	T	10am	B34.BHD5	1/7	4FB
Woodson HS	T	7pm	B34.RHIY	1/14	DFGB

Drawing with Color

(16-Adult) Class focuses on drawing fundamentals, such as lines, angles, and shading from light to dark shades as well as developing an eye for forms, shapes and details. Students learn to present the speed of action using by lines, colors and motions. Color values, saturations and temperature, warm light and cool shadow will also be covered.

4FB 10--1 hour 25 minute lessons--\$188

Location	Day	Time	Code	Begin	\$
OakmontREC	Th	12:30pm	D7E.KNAO	1/9	4FB

Creating Comics

Students learn about various aspects of drawing and creating comics, such as emotive faces, anatomy, character development, and important elements in sequential storytelling. This Baroody Camps class is geared towards those interested in creating their own personal comic books. The program, developed and taught by pro comic book creator Arsia Rozegar (credits include Marvel's Iron Man, The Incredible Hulk and X-Men) delves into the hands-on fun of creating sequential art that is not limited to the super-hero genre. Any supply fee payable to instructor at first class.

DFVR 8--55 minute lessons--\$137

Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
RollValley ES	Sa	9am	7KT.GKBY	1/11	DFVR
Woodson HS	T	6:30pm	7KT.D1DE	1/14	DFVR
(13-Adult)					
RollValley ES	Sa	10am	LEH.ZQS2	1/11	DFVR
Woodson HS	T	7:30pm	LEH.OKUO	1/14	DFVR

Drawing & Investigating Owls

(16-Adult) Learn about owl adaptations as you draw owl feathers, eggs, talons, skulls and taxidermy mounts. Go on a hike to learn about owl habitats, then dissect your own owl pellet to figure out what owls eat and draw some of the bones. Your choice of watercolor, colored pencil or ink pens.

DFAB 1--2 hour 25 minute lesson--\$25

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	9am	ØLE.RF3U	12/7	DFAB

REGISTER ONLINE:



Mindful Drawing

(13-Adult) Learn to use drawing and meditation to improve attention, observation and connection to nature. Focus on breathing, mindful awareness and basic drawing skills in a peaceful outdoor setting (weather permitting). Learn how drawing in nature can calm your spirit. Bring your sketchbook and supplies; paper and pencils will also be available for use.

DFAH 1--2 hour lesson--\$21

Location	Day	Time	Code	Date	\$
HuntMdws	Sa	10am	365.K45X	12/28	DFAH

Sketching along the Lakeside

(13-Adult) Walk with a naturalist by the lakeside and learn techniques and tips for drawing the natural world. Gain a better understanding of how to utilize different sketching and observational skills. Bring the medium of your choice to the class.

DFAH 1--2 hour lesson--\$21

Location	Day	Time	Code	Date	\$
LkAccontPk	Su	1pm	9DM.NXNR	2/23	DFAH

Creative Art Workshop-Soft Pastels

(13-Adult) Explore various painting techniques designed to enhance your artistic skills. We will focus on acrylic, soft pastels, and painting on a photo. Supply fee of \$10 per session payable to instructor.

DFAL 1--2 hour lesson--\$49

Location	Day	Time	Code	Begin	\$
OakmontREC	Su	3:30pm	7S9.VPSN	1/26	DFAL



Painting

Discover Painting

(13-Adult) This course provides a basic introduction painting fundamentals. Students learn basic painting skills and techniques to create simple works of art. Practical exercises include simple sketching, use of color theory and application and basic composition.

4FB 10--1 hour 25 minute lessons--\$188

Location	Day	Time	Code	Begin	\$
OakmontREC	T	11:45am	E9E.MGNV	1/7	4FB
OakmontREC	F	1pm	E9E.CA2D	1/10	4FB

Intermediate Watercolor

(Adults) Prerequisite: Introduction to watercolor. Build on skills learned Introduction to Watercolor. Focus is on more advanced techniques and composition concepts. Students use brush strokes and create three dimensional pieces. By the end of the course, students begin to apply techniques that are more tailored to each artist's imagination, tastes and goals.

3FB 8--1 hour 25 minute lessons--\$150

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	M	2:30pm	C45.EI7Q	1/13	3FB
Wkfld/Moore	M	10am	C45.8KXO	1/13	3FB

Advanced Watercolor

(Adults) Prerequisite: Intermediate Watercolor instructor approval. Course offers a focused study on combining the various techniques learned previous level classes, applying more advanced composition, and constructively evaluating and improving a painting.

3FB 8--1 hour 25 minute lessons--\$150

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	M	12:30pm	UXA.CFBP	1/13	3FB

Watercolor Painting I

(Adults) Students are introduced to watercolor techniques and color basics. Concepts such as wet on wet, dry watercolor, color layering and blending are explored. Supply fee payable at first class.

DFGA 8--2 hour 25 minute lessons--\$239

Location	Day	Time	Code	Date	\$
Frying Pan Pk	W	9:30am	BC7.3Z0V	1/8	DFGA

Watercolor Painting II

(Adults) Prerequisite: Watercolor Painting I or equivalent. Continue sharpening basic skills and techniques. Develop brush styles and individual approaches to projects and exercises. Students need to bring supplies to class.

DFGA 8--2 hour 25 minute lessons--\$239

Location	Day	Time	Code	Date	\$
Frying Pan Pk	W	9:30am	9E5.0HCC	1/8	DFGA

Workshop - Hand-Bound

Watercolor Journal

(16-Adult) Make a hand-bound journal by sewing signatures together filled with watercolor paper and various types of paper. Then create a unique cover and add other special touches to some inside pages. Your journal will be a unique treasure ready to be filled with drawings, paintings or writing. It will be special, but it is made to be used often.

DFAK 1--6 hour lesson--\$107

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	9:30am	Y1S.QTNQ	2/15	DFAK

Watercolor Workshop - Color with Sargent

(16-Adult) John Singer Sargent was a master of color. Artist and instructor Dawn Flores presents a history of Sargent's life and work, then shows you how to copy Sargent's techniques and create your own compelling piece inspired by his use of color. A supply list will be emailed before class. Bring a lunch.

DFAK 1--6 hour lesson--\$107

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10am	WQ7.ZX6H	3/29	DFAK

Watercolor Workshop - Snowy Tree Cards

(16-Adult) Create multiple holiday cards, gift tags and small paintings of colorful snowy scenes in time for the holidays and beyond with the direction of artist and instructor Marni Maree. Use these one-of-a-kind creations to decorate packages, decorate your house or to give as gifts.

DFAK 1--6 hour lesson--\$107

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	9:30am	K49.UUFW	12/7	DFAK

Watercolor Workshop - Yippee Yupo!

(16-Adult) Forget everything you know about painting on paper and enjoy the spontaneity of painting on a plastic surface such as yupo. Artist Marni Maree will teach you how to create various textures as you paint and 'unpaint' your subject using your regular watercolor supplies. A supply list will be emailed before class. Bring a lunch.

DFAK 1--6 hour lesson--\$107

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	9:30am	Z89.JF83	1/11	DFAK

Watercolor Workshop-Watercolor from the Beginning

(16-Adult) You will learn everything you need to build a strong foundation in getting started in watercolor. Learn detailed information on paper, paint and brushes explained clearly and demonstrated with helpful visual aids. Practice mixing colors, learn how to do basic washes and find out about special techniques unique to watercolor. A supply list will be emailed before class. Bring a lunch.

DFAK 1--6 hour lesson--\$107

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10am	7IL.9G66	2/22	DFAK

Landscape Painting

(16-Adult) Students will use design elements such as lines, shapes, values and spatial relation, to create landscape paintings. Students construct and deconstruct landscapes from realism to abstract. Bring watercolor paper and water-based medium watercolors or acrylics. Additional supply list provided before start of class.

3FB 8--1 hour 25 minute lessons--\$150

Location	Day	Time	Code	Begin	\$
OakmontREC	M	1pm	A39.PVCO	1/6	3FB

Landscape Painting with Pastels

(13-Adult) Learn the basis of creating landscapes using this unique medium. This class will introduce color blending, texture, harmony and balance techniques. Supply fee of \$30 is payable at the first class.

4FB 10--1 hour 25 minute lessons--\$188

Location	Day	Time	Code	Begin	\$
OakmontREC	Th	4:30pm	9RN.N393	1/9	4FB

Fine Arts and Crafts

Mixed Media Painting

(13-Adult) In this mixed media class students create works using basic techniques in acrylic, ink, watercolor and pastels. Supply fee of \$30 payable to instructor at first class.

4FB	10--1 hour 25 minute lessons--\$188				
Location	Day	Time	Code	Begin	\$
OakmontREC	Th	2pm	MOK.FWBR	1/9	4FB

Creative Art Workshop-Acrylics

(13-Adult) Explore different painting techniques designed to enhance your artistic skills. We will focus on acrylic, soft pastels, painting on a photo and more. Supply fee of \$10 per session payable to instructor. Focus of this session is acrylics.

DFAL	1--2 hour lesson--\$49				
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	3:30pm	2CY.OOTN	3/9	DFAL

Fun with Acrylics

(13-Adult) Class introduces you to acrylics in a fun and pressure-free way. Learn to make simple paintings using acrylic paints on canvas as you explore color, texture, composition and design. Supply fee of \$30 payable to instructor at first class.

4FB	10--1 hour 25 minute lessons--\$188				
DFGB	8--1 hour 25 minute lessons--\$145				
Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9am	4VW.IAFH	1/11	DFGB
OakmontREC	T	2pm	4VW.6ZDZ	1/7	4FB
SoRunREC	W	6:30pm	4VW.VY9Q	1/15	DFGB
Wkfld/Moore	T	7pm	4VW.FZM5	1/21	DFGB

Fun with Acrylics II

(13-Adult) Prerequisite: Fun with Acrylics I or equivalent. Class builds on skills previously learned and introduces more advanced concepts. Supply fee of \$30 payable to instructor at first class.

DFGB	8--1 hour 25 minute lessons--\$145				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Th	7pm	VOF.59C3	1/16	DFGB

Master Studio Oil or Acrylics

(Adults) Prerequisite: Introduction to Oil or Acrylics. Build on skills acquired in Introduction to Oil or Acrylics. Class provides experienced artists focused art time and an opportunity to work independently with mentorship support from the teacher and their peers. Students learn to finesse their skills, evaluate technique options, plan pieces and make stronger decisions on how to start, progress and complete their own unique art pieces.

4FC	10--1 hour 55 minute lessons--\$249				
Location	Day	Time	Code	Begin	\$
ProvREC	W	9am	HQ6.2ADX	1/8	4FC

Pottery

Ceramic Creations

(6-8 yrs.) Young artists sculpt and create works of art using air dry clay. The entire creative process of sculpting with clay from idea to set-up, clean up and clay storage will be covered.

3FA	8--55 minute lessons--\$101				
Location	Day	Time	Code	Begin	\$
CubRunREC	Th	6pm	7SZ.4BTK	1/16	3FA



Clay Makers

(6-12 yrs.) Lean the magic of clay by creating jewelry for mom, animals in the wild, a garden of flowers and bugs, keychain emojis or new additions to an old mug. The possibilities are endless in this Baroody Camps program. Students will use their clay craft tool kit to tackle projects to see how creative they can be. Materials are included in the price of the class.

DFVR	8--55 minute lessons--\$137				
Location	Day	Time	Code	Begin	\$
LittleRn ES	Th	5:30pm	OAQ.N9LK	1/16	DFVR
Orng Hnt ES	W	5:30pm	OAQ.P4WR	1/15	DFVR
RollValy ES	Sa	11:15am	OAQ.T9BK	1/11	DFVR

Pottery for Children

Introduction to clay and the pottery-making process using hand-building methods. Make pinch pots and learn coiling, slab work techniques, painting, glazing and firing.

DFP3	10--1 hour 25 minute lessons--\$212				
Location	Day	Time	Code	Begin	\$
(6-9 yrs.)					
Wkfld/Moore	Sa	9am	Q7L.0R19	1/11	DFP3
(9-12 yrs.)					
Wkfld/Moore	Sa	10:45am	AZ5.0FX6	1/11	DFP3

Pottery for Teens

(13-17 yrs.) Create beautiful pots and clay forms using simple tools and the pottery wheel. Explore hand building with the three most common forms of creating hand-built pots: pinch pot, coiling, and slab techniques. Then paint, glaze and kiln fire your pieces. Bring hand tools to the first class meeting or purchase a set during class.

DFP1	10--1 hour 55 minute lessons--\$282				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	12:45pm	D8C.8XAE	1/11	DFP1

Pottery I

(16-Adult) Introduction to the potter's wheel with emphasis on clay preparation, centering, firing and glazing. Attendance at first class is essential. Class fee includes 25 lbs. of clay and three hours of lab time. Bring hand tools to the first class meeting or purchase a set during class.

DFP2	10--2 hour 55 minute lessons--\$382				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Su	3pm	A6F.5X97	1/12	DFP2
Wkfld/Moore	M	1pm	A6F.4Z0Z	1/13	DFP2
Wkfld/Moore	M	6pm	A6F.T71Q	1/13	DFP2
Wkfld/Moore	T	1pm	A6F.KN1L	1/14	DFP2
Wkfld/Moore	Th	1pm	A6F.MGNP	1/16	DFP2
Wkfld/Moore	Th	9am	A6F.TVNM	1/16	DFP2

Pottery II

(16-Adult) Prerequisite: Pottery I. Refine and develop your clay preparation, throwing, trimming and glazing skills. Attendance at first class is essential. Class fee includes 25 lbs. of clay and three hours of lab time. Bring hand tools to the first class meeting or purchase a set during class.

DFP2	10--2 hour 55 minute lessons--\$382				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	3pm	54E.YJ6D	1/11	DFP2
Wkfld/Moore	T	6pm	54E.SIYW	1/14	DFP2
Wkfld/Moore	W	6pm	54E.EU10	1/15	DFP2
Wkfld/Moore	W	9am	54E.IQWU	1/15	DFP2

Pottery - Handbuilding

(16-Adult) Introduction to intermediate instruction using pinch, slab and coil methods to create either functional or abstract pieces. Glazing and techniques for textures and other decorations are included. Class fee includes 25 lbs. of clay and three hours of lab time.

DFP2	10--2 hour 55 minute lessons--\$382				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	T	9am	BE7.PBQC	1/14	DFP2
Wkfld/Moore	Th	6pm	BE7.Z4A3	1/16	DFP2

Digital Photography

(13-Adult) There's more to photography than just using the automatic setting. Topics include your camera's controls, resolution, flash, composition, stop motion and close ups. Course includes weekly assignments with reviews. Software and printing are also covered. Any supply fee is payable to instructor at first class.

4FC	10--1 hour 55 minute lessons--\$249				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	W	7pm	F54.WVEW	1/15	4FC
Wkfld/Moore	Th	9:30am	F54.SPD6	1/16	4FC

Photography-Get Off Auto & Intro to Lighting

(10-Adult) Picking up your camera and exploring new photographic opportunities will motivate and inspire you to grow as a photographer. This workshop will take you safely and directly to shooting portraits, basics of posing, manipulating available light (including natural light). This simplistic workflow and knowledge of your camera will give you the confidence and motivation to explore new horizons and capture beautiful memories. The course will also touch on some principles of landscape and macro photography.

CFEB	1--4 hour lesson--\$63				
Location	Day	Time	Code	Date	\$
SpHillREC	F	5pm	PWF.8WFL	2/21	CFEB
SpHillREC	F	5pm	PWF.SI4B	3/14	CFEB

Paper

Artistic Lettering for Journals & Art Projects

(16-Adult) Jazz up your projects, nature and travel journals with clever and beautiful lettering. Participants will experiment and create their own lettering projects. Topics covered include: design, and simple ways to create: brush pen calligraphy, illuminated capitals, and creating your own decorative letters and titles. Experiment with markers, gel pen, colored pencil and watercolor letters.

4FL	2--2 hour lessons--\$49				
Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	9:30am	Z56.60V3	1/11	4FL

Paper Quilling Greeting Cards

(8-Adult) Create beautiful greeting cards using paper quilling techniques. Quilling, also known as filigree, is the art of coiling strips of paper rolls and then shaping them into beautiful works of art. Supply fee payable to instructor at first class.

DFAR	1--3 hour lesson--\$41				
Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	2pm	4ZV.TL4B	3/1	DFAR

Paper Quilling Heart Frame

(8-Adult) Discover how to turn simple looking paper strips into beautiful works of art. Whether you are a beginner or have some experience, this workshop is perfect for anyone who loves crafts and want to try something new. Students learn how to roll, shape, and glue strips to create intricate designs, then use these techniques to make and decorate heart picture frames. Supply fee of \$30 payable to instructor at class.

DFAR	1--3 hour lesson--\$41				
Location	Day	Time	Code	Begin	\$
ProvREC	Sa	2pm	VQB.GVR8	2/8	DFAR

Paper Quilling Snowflake Frame

(8-Adult) Discover how to turn simple looking paper strips into beautiful works of art. Whether you are a beginner or have some experience, this workshop is perfect for anyone who loves crafts and want to try something new. Students learn how to roll, shape, and glue strips to create intricate designs, then use these techniques to make and decorate snowflake picture frames. Supply fee of \$30 payable to instructor at class.

DFAR	1--3 hour lesson--\$41				
Location	Day	Time	Code	Begin	\$
Oakton ES	Sa	2pm	8T0.1LR0	1/25	DFAR

Knitting and Sewing

Knitting

(13-Adult) Master knitting basics. Students learn knitting techniques and terminology and how to choose materials.

4FC	10--1 hour 55 minute lessons--\$249				
4FG	5--1 hour 25 minute lessons--\$93				
Location	Day	Time	Code	Begin	\$
CubRunREC	F	11:30am	8AD.WW9F	1/17	4FG
ProvREC	W	10am	8AD.50RD	1/8	4FC

Knitting II

(13-Adult) Prerequisite: Knitting I.

4FC	10--1 hour 55 minute lessons--\$249				
4FG	5--1 hour 25 minute lessons--\$93				
Location	Day	Time	Code	Begin	\$
CubRunREC	F	10am	FD8.H86E	1/17	4FG
ProvREC	T	10am	FD8.EANB	1/14	4FC

Quilting-All Levels

(13-Adult) Learn modern quilt construction basics. Subjects covered include fabric and thread selection, rotary cutting methods and piecing methods. Also included are instructions for finishing a quilt including sandwiching, quilting and binding. This is an ongoing class with students at all stages of their project.

DFCC	10--2 hour 25 minute lessons--\$290				
Location	Day	Time	Code	Begin	\$
Frying Pan Pk	Th	12:30pm	285.V75Q	1/9	DFCC

Sewing 101

(12-Adult) In this class offered by My Last Gift Sewing Institute, students learn basic sewing skills including using the ruler, proper measuring and how to read a pattern. Course also covers sewing machine use and maintenance. Skills are put to use creating a variety of projects. No previous experience necessary. Sewing machines and a sewing primer are provided. Supply fee of \$35 is payable to instructor at first class and includes kits for creating pillow and tote bags (or other projects if student has made these already).

DFVC	4--2 hour 25 minute lessons--\$219				
Location	Day	Time	Code	Begin	\$
OakmontREC	M	6:30pm	3B2.80SF	1/13	DFVC
Wkfld/Moore	W	6:30pm	3B2.ND6I	1/15	DFVC

Sewing 102

(12-Adult) Prerequisite: Sewing 101 or equivalent. In this class offered by My Last Gift Sewing Institute, students build on skills learned in Sewing 101 to create more advanced projects including neck pillows and backpacks. Sewing machines and a sewing primer are provided. Supply fee of \$35 is payable to instructor at first class and includes project kits.

DFVC	4--2 hour 25 minute lessons--\$219				
Location	Day	Time	Code	Begin	\$
OakmontREC	M	6:30pm	EEE.CRR1	2/17	DFVC
Wkfld/Moore	W	6:30pm	EEE.DQVM	2/12	DFVC

Sewing 103

(12-Adult) Prerequisite: Sewing 102 or equivalent. In this class, offered by My Last Gift Sewing Institute, students build on skills learned in Sewing 102 to make a variety of more advanced hand and machine sewing projects. Sewing machines and a sewing primer are provided. Supply fee of \$35 is payable to instructor at first class and includes project kits.

DFVC	4--2 hour 25 minute lessons--\$219				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	W	6:30pm	85C.V055	3/12	DFVC

Sewing Workshop-Alterations

(9-Adult) Prerequisite: Machine Fundamentals workshop. In this program by My Last Gift Sewing Institute, you learn techniques for altering garments such as hemming by hand or machine, taking in/letting out waistlines, shortening sleeves and changing buttons. Skills covered include measuring using a ruler and tape measure, using commercial patterns, hand and

machine sewing and fabric structure. Supply fee of \$15 is payable to instructor at the workshop.

DFVD	1--3 hour lesson--\$69				
Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	1pm	912.YOAB	1/25	DFVD
Oakmont REC	Sa	9:30am	912.DZGB	3/8	DFVD
Oakmont REC	Sa	1pm	912.DBHM	3/8	DFVD
Wkfld/Moore	Sa	1pm	912.6LWM	1/11	DFVD
Wkfld/Moore	Sa	9:30am	912.JRW7	2/8	DFVD
Wkfld/Moore	Sa	9:30am	912.H77I	3/22	DFVD

Sewing Workshop-Home Decor

(9-Adult) Prerequisite: Machine Fundamentals workshop. In this program, offered by My Last Gift Sewing Institute, learn techniques for creating decor for your room or home such as pillow shams, curtains, pillow cases and pillows. Skills include measuring using a ruler and tape measure, using commercial patterns, hand and machine sewing and fabric structure. Supply fee of \$15 is payable to instructor at the workshop.

DFVD	1--3 hour lesson--\$69				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	1pm	EDC.EMXY	2/8	DFVD
Wkfld/Moore	Sa	1pm	EDC.P36C	3/22	DFVD

Sewing Workshop-Machine Fundamentals

(9-Adult) In this workshop, offered by My Last Gift Sewing Institute, students will learn about sewing machines including threading, bobbin-winding and placement, parts of the machine, how to make a buttonhole and basic stitches. This class is not a prerequisite for all sewing classes, but is a great course for those interested in learning how to sew. Bring your machine to class or use one of ours. Supply fee of \$15 is payable to instructor at the workshop.

DFVD	1--3 hour lesson--\$69				
Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	9:30am	E49.LAYG	1/25	DFVD
Wkfld/Moore	Sa	9:30am	E49.3ALI	1/11	DFVD

Other Opportunities

Gifts to Go Workshop

(5-10 yrs.) Children create gifts for friends or family. Students can also create their own wrapping paper or use ours so presents can be taken home ready to be given. Bring a 4"x6" photo to be used for one of the gifts. All materials are included.

DFAR	1--3 hour lesson--\$41				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	1pm	HDL.DG7Z	12/14	DFAR
Wkfld/Moore	Sa	9am	HDL.18HW	12/14	DFAR

Winter Wreath Workshop

(16-Adult) Create a beautiful winter wreath to take home for your front door after Green Spring staff demonstrate the dazzling possibilities. Greens, forms, ribbon and cones included with the supply fee. Bring pruners and light work gloves if you have them. Please register for program and supply fee.

RG39	1--1 hour 30 minute lesson--\$44				
Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	1:30pm	YIB.1SCX	12/14	RG39
GrnSprGardn	Sa	10:30am	YIB.03FE	12/14	RG39



Gardening

Scan the QR code to go directly to the Parktakes Online Gardening page.



Green Spring Gardens



4603 Green Spring Road, Alexandria
703-642-5173

www.fairfaxcounty.gov/parks/green-spring

Visit Green Spring Gardens for ideas and inspiration for gardening. Gardens feature trees, shrubs, vines, perennials, annuals, bulbs and vegetables that grow well in our region.

- Themed gardens
- Private garden tours
- Art exhibits
- Nature walks
- Horticulture Center
- Glasshouse
- Library
- Plant Shop
- Event rental space
- Gift Shop

To book a private garden tour, call 703-941-7987. Cost is \$12 per person for a group of two to 19; \$10 per person for a group of 20 or more.

Visit the Gate Plant Shop (closes October 30) and choose from a nice selection of shrubs, perennials, and ornamental grasses (many of which are native to our region). Mid to late Spring we also offer annuals and tender perennials that provide highlights to containers and garden beds. Friends of Green Spring (FROGS) receive 10% off in the plant shop. For more information, call Green Spring Gardens at 703-642-5173.

Hours and Admission:

Horticulture Center open Monday-Saturday, 9 a.m.-4:30 p.m. and Sunday, 12-4:30 p.m.

Garden Gate Plant Shop open Monday-Saturday, 9:30 a.m.-3:30 p.m. and Sunday, 12:30-3:30 p.m. (closes October 30)

Gift Shop open Monday-Saturday, 9 a.m.-4 p.m. and Sunday, 12-4 p.m.

Park grounds open dawn to dusk daily

Events

Washington Gardener Seed Exchange

(Adults) Washington Gardener Magazine is co-hosting the annual seed exchange at Green Spring Gardens with lectures and a face-to-face seed swap. Bring your extra seeds to swap and leave with a bag full of seeds, new garden friends, and expert planting advice. \$15 for verified Friends of Green Spring members and Washington Gardener subscribers; \$20 for guests.

1--4 hour program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	12:30pm	C1E.V8FH	2/1	\$15/ea.
GrnSprGardn	Sa	12:30pm	C1E.J02F	2/1	\$20/ea.



THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

Stay up to date via



Web:

www.fairfaxcounty.gov/parks/parktakes



Social Media:

@FairfaxParks



Join our email list:

www.fairfaxcounty.gov/parks/parktakes



Child and Parent Programs

Garden Sprouts Winter - Nature Playgroup (3-5 yrs.) Your preschooler will enjoy nature-themed activities and crafts while you meet other playgroup parents one Monday a month. Through games, songs, activities and a garden walk, we will explore seasonal topics. Kids must be accompanied by a parent or guardian who does not need to register for the program.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
GrnSprGardn	M	10:30am	DC0.SX6A	12/9	\$12/child
GrnSprGardn	M	10:30am	DC0.KG6K	1/13	\$12/child
GrnSprGardn	M	10:30am	DC0.WHTU	2/10	\$12/child
GrnSprGardn	M	10:30am	DC0.U3F1	3/10	\$12/child

Family/All Ages

All attendees, including parents, must be registered for the program.

Family Fun - Excellent Evergreens

(4-Adult) Learn about the wonderful world of evergreen trees and plants that really stand out this time of year. Enjoy a seasonal walk through the gardens and make an evergreen craft to decorate your home.

1--1 hour program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Su	1pm	4FD.Z1TW	12/8	\$10/ea.

Family Fun - Glasshouse Exploration

(5-Adult) Escape the cold winter weather and transport yourself to the tropics. Explore our glasshouse and learn about their history as well as the plants in our collection and their warm native environments. Create your own mini glasshouse with seeds to take home.

1--1 hour program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	1pm	01L.M5X9	1/25	\$10/ea.

Garden Artists - Winter Bird Feeder Mobile

(5-Adult) Branches may be bare, but your garden can still be a place for birds to thrive. Create a natural bird feeder mobile out of pinecones, it even doubles as an art piece! Hang it in your garden and watch the birds flock.

1--1 hour program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10:30am	GAV.EEFQ	2/22	\$10/ea.

Garden Exploration - Migration or Hibernation

(5-Adult) Discover how the animals of Green Spring survive the cold of winter by either hibernating or migrating. Join one of our educators for a walk around the park as we search for signs of spring.

1--1 hour program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	1pm	4YM.LHE8	3/8	\$8/ea.

REGISTER ONLINE:





Adult Programs

Garden Talk - Easy Garden Makeover Tips

(16-Adult) Do you have an area of your garden that you want to plan or rework? Are you tired of your current landscape design or lack of one? Does your landscape meet your needs? With a little bit of knowledge, planning and effort you can brighten your garden with dazzling color. Extension Master Gardener docents lead you through this "do-over" class to help you determine your needs and rethink your garden space to better match your style.

1--1 hour program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10:30am	EJ0.HSSK	1/25	\$12/ea.

Garden Talk - Spice It Up with Herb Gardening

(16-Adult) Bring out the best in your cooking with herbs grown in your own garden. You'll be amazed at the difference it can make, adding fragrance and flavor to your recipes. Join Extension Master Gardeners to learn how to plan, plant and harvest them in your garden or in a container that look as good as they taste.

1--1 hour program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10:30am	A4P.W62F	2/8	\$12/ea.

Starting from Scratch with Seeds

(16-Adult) Grow flowers, vegetables and herbs from seed and expand your garden. Be inspired by Green Spring staff members as they discuss potting mixes, containers, seed treatments, lighting, fertilization, watering, seed sources and timing. Then take home a few seeds to start your own collection.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10am	J1V.KQFD	2/8	\$23/ea.

Late Winter Garden Beauties and Their Care

(16-Adult) Take a guided walk through some of the gardens at Green Spring with curatorial horticulturist Brenda Skarphol and learn about lovely native and non-invasive non-natives in this eagerly anticipated season. Get design ideas that work well in this season. Eco-friendly care and garden tasks for the season will be highlighted.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10am	VC5.8WWQ	3/1	\$19/ea.

Intro to Tree and Shrub Pruning

(16-Adult) Did your hydrangea fail to bloom? Nervous about shaping your specimen tree? Green Spring Gardens staff will teach you about timing, tools and techniques for pruning common woody plants to keep them healthy and looking their best. Dress for the weather.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10am	7CT.FY4M	3/8	\$23/ea.

Garden Talk - Winning Plants for Containers

(16-Adult) Whether its flower pots, hanging baskets or window boxes, container gardens are beautiful, easy and rewarding for winter gardening. Learn how to create a dazzling display with eye-catching colors of perennials and annuals. Join Extension Master Gardener docents to gain information and inspiration for your container.

1--1 hour program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10:30am	DOC.DWRB	3/15	\$12/ea.

Harry Allen Winter Lecture Series

Winter Lecture-Green Spring Goes to Great Dixter

(16-Adult) Join us for a behind the scenes look at the amazing planning and work that goes into creating one of Britain's most iconic gardens—Great Dixter. Green Spring Gardens staff Judy Zatsick and Parker Jennings will share photos and notes from a weeklong symposium they attended at Dixter in September. Known for brilliant and artistic plant combinations, incredible horticulture skills and vision, Head Gardener Fergus Garrett offers four symposia each year to share his expertise. Judy and Parker attend lectures and work in the gardens. Learn tips and tricks from one of the world's greatest gardeners. You can expect to see a little bit of Dixter in Green Spring's gardens this year!

1--1 hour program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Su	1:30pm	CZR.31AT	1/19	\$15/ea.

Winter Lecture - Pleasure Gardens

(16-Adult) Green Spring historian Debbie Waugh explores the social phenomenon of the 18th century pleasure garden. These vast landscaped entertainment spaces, originating in London and later adopted in America, offered a host of attractions - refined and risqué - set amid ornamental gardens, arbors and pavilions. At night, many became disreputable venues for scandal, intrigue and worse.

1--1 hour program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Su	1:30pm	R33.38T8	1/26	\$15/ea.

Winter Lecture - The Future of Composting

(16-Adult) The Fairfax County Park Authority (FPCA) teams up with Future Acres Urban Farming to give you the 411 on composting. Learn how to drop off your food scraps at the FPCA's 10 Farmers' Markets and meet the company responsible for turning it into nutrient-dense compost! Dave Littere, owner of Future Acres, shares what happens to your food scraps after they leave the Farmers Market, the various methods of composting that you can do at home and what the future of composting holds. Another way that you can

be part of the solution to food waste management.

1--Project Fee

Location	Day	Time	Code	Date	\$
GrnSprGardn	Su	12:30pm	A8K.23EZ	2/2	\$15/ea.

Winter Lecture-Gardens in the Age of Jumping Worms

(16-Adult) Researcher Jordan Thompson will dive into the impacts of the invasive Asian jumping worms on soil health and garden ecosystems. Learn about the unique challenges these worms pose to soil structure, nutrient cycling and plant growth and get practical advice and actionable steps to preserve your garden in the face of this growing threat.

1--1 hour program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Su	1:30pm	K07.9K57	2/9	\$15/ea.

Winter Lecture-Rethinking the Invasive Plant Issue

(16-Adult) Join the conversation with JC Raulston Arboretum director, Mark Weathington, as we assess what is a native plant and what plants are truly invasive. Mark shares his insights into these complicated issues and proposes ideas about where we should be focusing our time, energy and money. Exclusionary ecology cannot put the genie back in the bottle, so let's rethink our approach to invasive plants to achieve realistic, optimum outcomes.

1--1 hour program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Su	1:30pm	PSO.QN87	2/16	\$15/ea.



Volunteers Needed!



The Invasive Management Area (IMA) Volunteer Program is a community-based project designed to reduce invasive plants on our parklands.

To learn more visit
www.fairfaxcounty.gov/parks/invasive-management-area



Golf

Scan the QR code to go directly to the Parktakes Online Golf page.



Burke Lake Golf Center

6915 Ox Road
Fairfax Station

703-323-1641

<https://bit.ly/fcpa-blgc>

- 18-hole, par-3 course, 2,843 yards.
- Putting green and chipping area.
- Burke Lake Golf Academy group and private lessons: 703-324-9719.
- Short game holes from 90-200 yards.
- Clubhouse offers food service, clubs and golf supplies.
- Pull carts and clubs are available for rent.
- Two-level driving range with 64 hitting stations; 24 are heated and covered.



Greendale Golf Course

6700 Telegraph Road, Alexandria
703-971-3788

<https://bit.ly/greendalegc>

- 18-hole regulation, par-70 course, 6,237 yards.
- Bermuda grass fairways and several water hazards.
- Practice putting green.
- Clubhouse offers food service and golf supplies.
- Power carts, golf clubs and pull carts are available for rent.
- Private golf lessons and outing packages are available.



Jefferson District Golf Course

7900 Route 29, Falls Church
703-573-0444

<https://bit.ly/jeffersongc>

- 9-hole, par-35 executive course, 2,415 yards.
- Practice putting green and chipping area.
- Great walking course for all ages.
- Clubhouse offers food service and golf supplies.
- Pull carts and power carts are available for rent.
- Additional features: 18-hole miniature golf course, lighted basketball and tennis courts.



Laurel Hill Golf Club

8701 Laurel Crest Drive, Lorton
703-493-8849

<https://bit.ly/laurelhillgc>

- 18-hole, par-71 championship course, 7,102-yards.
- 30-station driving range.
- Putting green, chipping area and practice bunkers.
- Power carts and golf clubs are available for rent.
- Clubhouse offers food service, event catering and golf supplies.
- Instruction for all levels including juniors, through Eisman Golf Academy, call 703-919-3056.
- Classes and camps for ages 7-18 through The First Tee of Greater Washington DC, call 202-479-2588.



Oakmont Golf Center

3136 Jermantown Road
Oakton, Va. 22124
703-255-5390

<https://bit.ly/oakmontgc>

- 9-hole, par-3 course, 1,456-yards.
- Large practice area for chipping, putting and sand shots.
- Lighted, 78-station driving range with sand bunker and grass tees.
- Covered and heated driving range stations allow for practice in all weather conditions.
- Everybody Golf School offers private and group lessons: 703-255-5396.
- Additional instruction for ages 7-18 through The First Tee: 202-479-2588.



Pinecrest Golf Course

6600 Little River Turnpike
Alexandria, Va. 22312
703-941-1061

<https://bit.ly/pinecrestgc>

- 9-hole, par-35 executive course, 2,462 yards.
- Putting green and 10-outdoor practice nets.
- Indoor practice bays and TrackMan 4 golf simulator.
- Clubhouse offers food service and golf supplies.
- Pinecrest Golf Academy offers private and group lessons: 703-941-1061.
- Golf clubs, pull carts and power carts are available for rent.



Twin Lakes Golf Course

6201 Union Mill Road
Clifton, Va. 20124
703-631-9099

<https://bit.ly/twin-lakes-gc>

- Two courses; two golf experiences; one location.
- The Oaks Course, 18-hole, par-71, 6,715 yards.
 - The Lakes Course, 18-hole, par-72, 6,695 yards.
 - Putting green, chipping area and driving range.
 - Clubhouse offers food service, special event catering, clubs and golf accessories.
 - Eisman Golf Academy offers private and group lessons: 703-919-3056.



Golfers, please note:

Cart rental and greens fees vary by site. Call the course of your choice for information. Metal golf spikes are prohibited at all Fairfax County Park Authority golf courses. Senior and Junior rate availability varies by course.

Junior Golf Fairfax

Golf Fairfax is committed to encouraging juniors, ages 5-17*, to learn, practice, play and enjoy the game. Golf is an excellent family sport that promotes good manners, builds friendships and can be enjoyed for a lifetime. Members receive discounted greens fees and range balls at all courses. Classes, camps and lessons are also available.

To learn more, call the course of your choice. *Minimum age for course play at Greendale is six. Minimum age for course play at Laurel Hill and Twin Lakes is eight.

USGA handicap service offered

Handicap services are provided at Greendale, Jefferson, Pinecrest, Twin Lakes, Burke Lake, Oakmont and Laurel Hill golf courses. The hands-on system allows you to enter your own scores and get an updated handicap, which you receive twice monthly. The Handicap Index is computed under the USGA Handicap System. By enrolling, you are eligible to participate in Virginia State Golf Association events. Handicap services are available year-round. Contact any Park Authority golf course for more information.



Golf Classes

Starting New at Golf (SNAG)

(5-7 yrs.) Course covers basic golf elements in a modified form for kids. Children have fun using larger and more colorful clubs to increase confidence and coordination. All equipment is provided. Athletic shoes are recommended. Classes at Pinecrest are held indoors.

4GB 5--55 minute lessons--\$152					
Location	Day	Time	Code	Begin	\$
Pinecrest GC	Sa	12pm	C5A.8ZZT	1/4	4GB
Pinecrest GC	Su	2pm	C5A.LBMA	1/5	4GB
Pinecrest GC	Su	12:30pm	C5A.LIH2	1/5	4GB
Pinecrest GC	Sa	1:30pm	C5A.6T3U	2/15	4GB
Pinecrest GC	Sa	2:30pm	C5A.YGU6	2/15	4GB
Pinecrest GC	Su	2pm	C5A.C3B2	2/16	4GB

SNAG II

(5-7 yrs.) Prerequisite: SNAG I. Students review and expand upon fundamentals learned in SNAG I using additional training aids to reinforce proper technique. All equipment is provided and athletic shoes are recommended.

4GB 5--55 minute lessons--\$152					
Location	Day	Time	Code	Begin	\$
Pinecrest GC	Sa	1:30pm	D71.KA48	1/4	4GB
Pinecrest GC	Su	12:30pm	D71.JK11	2/16	4GB

**REGISTER
ONLINE:**



Fan us on Instagram
www.instagram.com/fairfaxparks/

THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

Stay up to date via



Web:
www.fairfaxcounty.gov/parks/parktakes



Social Media:
[@FairfaxParks](https://www.instagram.com/fairfaxparks/)



Join our email list:
www.fairfaxcounty.gov/parks/parktakes



GOLF PASS SALE

NOVEMBER 16-29, 2024

**25%
OFF**
15 ROUNDS

**20%
OFF**
10 ROUNDS

**10%
OFF**
5 ROUNDS

Discounts apply to regular weekend and weekday rates at Burke Lake, Greendale, Jefferson, Oakmont, Pinecrest and Twin Lakes golf courses. Purchase in Pro Shops.

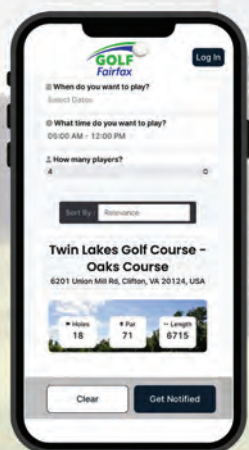
SENIORS (65+):

Buy 15 rounds and only pay for 14 rounds.
www.fairfaxcounty.gov/parks/golf



Be the First to Know When Tee Times Open Up!

Try our New Virtual Tee Time Waitlist and Assistant



Receive real-time text and email alerts when the tee time you want becomes available.

Sign up in 30 seconds at fairfaxcounty.noteefy.app



Junior Get Golf Ready I

(7-12 yrs.) This PGA-developed class introduces students to golf in a fun and friendly environment. Class focuses on fundamentals and step-by-step drills. Topics include grip, stance, target and balance. Range balls are included in the class fee and loaner clubs are available.

4GB 5--55 minute lessons--\$152

Location	Day	Time	Code	Begin	\$
Pinecrest GC	Sa	10:30am	8C0.EBQM	1/4	4GB

Junior Get Golf Ready II

(7-12 yrs.) Group lessons covering additional rules, course etiquette, club grip, putting, stance and golf swing. Range balls are included in the class fee and loaner clubs are available.

4GB 5--55 minute lessons--\$152

Location	Day	Time	Code	Begin	\$
Pinecrest GC	Sa	10:30am	265.SZHF	2/15	4GB

Get Golf Ready I

(13-Adult) This PGA-developed class introduces game fundamentals to new golfers. Grip, stance, set up and ball position are taught for putting, chipping and iron play along with hitting tee shots with hybrids and woods. A basic knowledge of golf equipment is included. Range balls are included, and loaner clubs are available. Final class may be held on the golf course.

4GB 5--55 minute lessons--\$152

Location	Day	Time	Code	Begin	\$
Pinecrest GC	Su	11am	AEE.CIYB	1/5	4GB
Pinecrest GC	Sa	12pm	AEE.OKJC	2/15	4GB

Get Golf Ready II

(13-Adult) Prerequisite: Get Golf Ready I. This course covers advanced topics for beginning golfers. Aim and alignment are introduced to putting, chipping and iron shots, and hybrids and woods are hit without a tee. Range balls are included in the class fee, and loaner clubs are available. The final class may be held on the golf course.

4GB 5--55 minute lessons--\$152

Location	Day	Time	Code	Begin	\$
Pinecrest GC	Su	11am	F2A.FG2F	2/16	4GB

Golf Skills & Drills

(Adults) This class is for the golfer whose swing has suffered over time. Golf specific exercises and drills focus on the most common faults golfers experience with their swings. This will help you understand how to get your swing back! We will swing clubs, but you don't need your full bag. Just bring a wedge and one or two of your favorite clubs.

4GB 5--55 minute lessons--\$152

Location	Day	Time	Code	Begin	\$
Pinecrest GC	Sa	9am	PMN.9Y34	2/15	4GB



Available at
GOLF FAIRFAX
Golf Courses

GOLF TOURNAMENTS



Fall Festival Scramble

SUNDAY, OCTOBER 20 | 9 A.M.
PINECREST GOLF COURSE

A festive wrap-up event to end your 2024 golf season!

- Teams of two players compete in a 9-hole scramble format
- Three age divisions: adult/junior 7-12, adult/junior 13-17 and adult/adult
- Prizes for first, second and third place teams in each division and closest to the pin
- \$110 per team, lunch and carts included
- To register call 703-941-1061



TURKEY CUP

THURSDAY, NOVEMBER 21 | 9:30 A.M.
GREENDALE GOLF COURSE

12th Annual Turkey Cup, winners bring home Thanksgiving dinner and dessert

- Tournament format is a two-player captain's choice
- Prizes for first and second place per division and closest to the pin
- Registration closes Thursday, November 14
- Cost is \$130 per team and includes lunch, greens fee and power cart
- To register call 703-971-6170



Golf-Long Game Lessons

Course focuses on the clubs used in the long game such as irons, hybrids, fairway woods and drivers. Range balls are included in the class fee and loaner clubs are available.

4GC		4--55 minute lessons--\$128			
Location	Day	Time	Code	Begin	\$
(Co-ed 7-12 yrs.)					
Burke Lake GC	Su	2pm	32C.HS6F	1/5	4GC
Burke Lake GC	M	5pm	32C.UJOL	1/6	4GC
Burke Lake GC	T	5pm	32C.P23C	1/7	4GC
Burke Lake GC	T	6pm	32C.KTLM	1/7	4GC
Burke Lake GC	Su	2pm	32C.QEMA	2/9	4GC
Burke Lake GC	M	5pm	32C.2YKY	2/10	4GC
Burke Lake GC	T	5pm	32C.JDKY	2/11	4GC
Burke Lake GC	T	6pm	32C.TDMV	2/11	4GC
(Ladies only 13-Adult)					
Burke Lake GC	Sa	2pm	AB2.YUNC	1/4	4GC
Burke Lake GC	Su	1pm	AB2.YGTI	1/5	4GC
Burke Lake GC	W	2pm	AB2.T9XG	1/8	4GC
Burke Lake GC	W	5pm	AB2.03D8	1/8	4GC
Burke Lake GC	Sa	2pm	AB2.6XFK	2/8	4GC
Burke Lake GC	W	2pm	AB2.FEIM	2/12	4GC
Burke Lake GC	W	5pm	AB2.UQHW	2/12	4GC
(Co-ed 13-Adult)					
Burke Lake GC	Sa	3pm	49C.C7UG	1/4	4GC
Burke Lake GC	Sa	4pm	49C.MX7Y	1/4	4GC
Burke Lake GC	M	6pm	49C.ET7D	1/6	4GC
Burke Lake GC	W	6pm	49C.9LYB	1/8	4GC
Burke Lake GC	Sa	3pm	49C.E1ZQ	2/8	4GC
Burke Lake GC	Sa	4pm	49C.DEAC	2/8	4GC
Burke Lake GC	M	6pm	49C.WFK2	2/10	4GC
Burke Lake GC	M	7pm	49C.H99A	2/10	4GC
Burke Lake GC	W	6pm	49C.H79A	2/12	4GC

Golf-Long Game Lessons Parent/Child

(7-17 yrs.) Both the parent and the child participate. Course focuses on the clubs used in the long game such as irons, hybrids, fairway woods and drivers. Range balls are included in the class fee and loaner clubs are available.

4GF 4--55 minute lessons--\$155						
Location	Day	Time	Code	Begin	\$	
Burke Lake GC	Su	3pm	F86.VNGT	1/5	4GF	
Burke Lake GC	Su	4pm	F86.P11W	1/5	4GF	
Burke Lake GC	Th	5pm	F86.IFAL	1/9	4GF	
Burke Lake GC	Th	6pm	F86.D4KB	1/9	4GF	
Burke Lake GC	Su	1pm	F86.1ECR	2/9	4GF	
Burke Lake GC	Su	3pm	F86.ZKLC	2/9	4GF	
Burke Lake GC	Su	4pm	F86.1RM6	2/9	4GF	
Burke Lake GC	Th	5pm	F86.8K9V	2/13	4GF	
Burke Lake GC	Th	6pm	F86.5KQ4	2/13	4GF	

Golf-Wedge & Short Irons

(13-Adult) Course focuses on improving shots that will lower your score such as pitch shots, flop shots, 60 yards and in, as well as the distances for each shot type. Range balls are included in the class fee and loaner clubs are available.

4GC 4--55 minute lessons--\$128						
Location	Day	Time	Code	Begin	\$	
Burke Lake GC	Su	11am	D23.JIS4	1/5	4GC	
Burke Lake GC	Su	12pm	D23.9R1Z	1/5	4GC	
Burke Lake GC	T	1pm	D23.PGQL	1/7	4GC	
Burke Lake GC	T	12pm	D23.96ZA	1/7	4GC	
Burke Lake GC	W	1pm	D23.5080	1/8	4GC	
Burke Lake GC	Su	11am	D23.KUUK	2/9	4GC	
Burke Lake GC	Su	12pm	D23.NDUN	2/9	4GC	
Burke Lake GC	T	1pm	D23.8D06	2/11	4GC	
Burke Lake GC	T	2pm	D23.LE66	2/11	4GC	
Burke Lake GC	T	12pm	D23.SXB0	2/11	4GC	
Burke Lake GC	W	1pm	D23.MRQC	2/12	4GC	



Volunteer Spotlight:

DAVE COX

Twin Lakes Golf Course



What first prompted you to get involved in volunteering with the Park Authority?

I started volunteering at Twin Lakes Golf Course in 2013. It was a way of giving back to the community, meeting new folks who also enjoyed golf and being outdoors.

In what different roles have you volunteered and for how long?

I have had numerous roles during my tenure at Twin Lakes Golf Course including Tee Coordinator (4 years), Starter (4 years), and Assistant Play Manager (3 years). Currently I work as the Course Manager on one of two 18-hole courses at Twin lakes and assist the Play Manager as needed. My primary responsibility is to assist golfers as they move through the course to facilitate an appropriate pace of play.

What does volunteering mean to you?

I like helping people and making sure that everyone enjoys their time at Twin Lakes. It is also a great way to bond with fellow volunteers.



Every Body Golf School

Teaching the game of a lifetime

Head Golf Professionals: Noel Jablonski, LPGA • George Danielson, PGA
3136 Jermantown Road • Oakton, VA 22124



Lesson Information

- **Lessons taught** by the area's most experienced team of PGA, LPGA, and USGTF professionals year round.
- **Gift Certificates** are available for purchase at everybodygolf.com
- **Club fitting** available for Callaway and PXG
- Loaner clubs available upon request.
- Two easy ways to register:
Online at www.everybodygolf.com
Call us at 703-255-5396

Oak Marr 2025 Winter Schedule

Beginning Golf 1 For Adults

Students learn the basic skills needed to play golf. Grip, stance, full swing, putting, chipping, and pitching are taught, as well as etiquette and rules. Six 50-minute sessions on six consecutive weeks. Fee: \$140 plus range balls.

Day	Time	Start Date
Saturday	12:05 PM	February 8
Sunday	12:05 PM	February 9

Accelerated Beginning Golf 1 For Adults

Students learn the basic skills needed to play golf. Grip, stance, full swing, putting, chipping, and pitching are taught, as well as etiquette and rules. Six 50-minute sessions TWICE A WEEK FOR THREE CONSECUTIVE WEEKS. Fee: \$140 plus range balls.

Day	Time	Start Date
Sat- Sun	1:05 PM	Feb 8 OR March 8

Beginning Golf 2 For Adults

This class reviews golf fundamentals: grip, stance, and swing. This class also reviews various shots: fairway clubs, tee shots, and short game. PREREQUISITE: Beginning Golf 1 or equivalent experience. Fee: \$140 plus range balls.

Day	Time	Start Date
Saturday	11:05 AM	February 8

Adult/Junior Beginning Golf

This class covers all the basic skills of golf including grip, stance, full swing, chipping, and putting. Rules and etiquette are also taught. A great course for any beginning adults and juniors. AGES 8 and UP. Six-50 minute lessons on 6 consecutive weeks. Class is limited to 10 students. Fee: \$140 plus range balls.

Day	Time	Start Date
Sunday	3:05 PM	February 9

Intermediate Golf for Adults

This four week class features an intermediate level review of fundamentals, and most typical golf shots. Prerequisite: Beginning Golf 2 or equivalent experience. Four- 50 minute lessons on four consecutive weeks. Fee: \$125, plus range balls.

Day	Time	Start Date
Sunday	11:05 AM	February 23

Beginning Junior Golf

Limited to 10 students, this class is designed to help junior golfers learn the basics of the game including rules and etiquette, the short game and full swing. Four 50-minute sessions on four consecutive weeks. Fee: \$95, includes range balls.

Day	Time	Start Date
Saturday	2:05 PM	February 22
Sunday	2:05 PM	February 23

Intermediate Junior Golf

This four-week class is designed for the young golfer who has taken our basic junior program. This class will be limited to 8 students to allow the instructor to work more closely with each child on specific, individual needs. Four 50-minute sessions on four consecutive weeks. Fee: \$110 includes range balls.

Day	Time	Start Date
Saturday	3:05 PM	February 22

Gift Certificates make great holiday gifts.

To purchase a gift certificate, visit our website, www.everybodygolf.com, or call 703-255-5396.

● Two easy ways to register: Online at www.everybodygolf.com or by phone at 703-255-5396.

History

Scan the QR code to go directly to the Parktakes Online History page.



Colvin Run Mill Historic Site

10017 Colvin Run Road • Great Falls
703-759-2771

www.fairfaxcounty.gov/parks/colvinrunmill

Now a beautiful, wooded park, Colvin Run Mill Historic Site preserves and interprets Fairfax County's agricultural and industrial history. The buildings here were the center of the Colvin Run community throughout the 19th and early 20th centuries. The water-powered Colvin Run Mill was essential to the local farming community and the Colvin Run General Store was where people shopped, gathered, and conducted business.

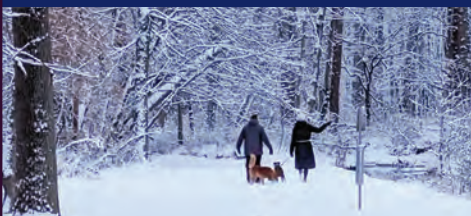
- Take a self-guided walk and see Colvin Run Mill's exterior, including the 20-foot waterwheel
- Join a docent-guided Mill Tour to explore this still-operational example of early American mass production
- Family-friendly Discovery Baskets
- Visit the 200-year-old Miller's House and replanted gardens to experience 1800s home life
- Shop in the c. 1910 Colvin Run General Store, where you can see exhibits, purchase CRM-ground grains and other gift items
- Recreational and educational activities for all ages
- Thematic tours, classes, camps, school programs and special events
- On the National Register of Historic Places and the Virginia Landmark Register

Hours and Admission

General Store open Thursday-Sunday,
Please visit the website for hours of operation

Miller's House open Thursday-Sunday,
11 a.m.-4 p.m.

Weather Procedure



For weather-related closings or cancellations, visit
www.fairfaxcounty.gov/parks/weather
or call the FCPA inclement weather hotline

703-324-8661



Ellanor C. Lawrence Park and Walney Visitor Center

5040 Walney Road • Chantilly
703-631-0013

www.fairfaxcounty.gov/parks/eclawrence

The Walney Visitor Center features natural and cultural exhibits and a hands-on area to introduce the public to the past farmland and present parkland.

- Historic structures and foundations: dairy foundation, spring house, icehouse foundation and smokehouse
- Gardens
- Kid-friendly red wagon sandboxes
- Self-guided historic grounds tour

Hours and Admission

Winter hours for Walney Visitor Center are 11 a.m.-4 p.m. Monday, Wednesday-Sunday (Winter hours are from Saturday after Thanksgiving through March 23. Programs meet at the Walney Visitor Center unless otherwise noted. Grounds open dawn to dusk.



Historic Green Spring

4603 Green Spring Road • Alexandria
703-941-7987

www.fairfaxcounty.gov/parks/green-spring/historic-house

Families occupied the 1784 Historic House until the mid-20th century when Green Spring became a public garden. Features include:

- Historic House and garden
- Lectures
- English tea programs
- Tasting parties
- Workshops
- Changing art exhibits
- Historic photo exhibit and informational videos
- On the National Register of Historic Places
- Listed on the Virginia Landmarks Register
- Tea-themed items for purchase

Hours and Admission

Historic House is open Wednesday-Sunday,
Noon-4:30 p.m. Grounds open dawn to dusk daily.



Historic Huntley

6918 Harrison Lane • Alexandria
703-768-2525

www.fairfaxcounty.gov/parks/historic-huntley

The Huntley Villa, built circa 1825 and connected to the Mason family, is listed on the National Register of Historic Places and the Virginia Landmark's Register. Historic Huntley is a three-acre park containing the Federal style villa, a brick privy, an icehouse, root cellar, an additional residence and cultural landscape features. The grounds at Historic Huntley are open dawn to dusk from March through November.

Huntley Meadows Park

3701 Lockheed Blvd. • Alexandria
703-768-2525

www.fairfaxcounty.gov/parks/huntley-meadows



Sully Historic Site

3650 Historic Sully Way • Chantilly
703-437-1794

www.fairfaxcounty.gov/parks/sully

The 1794 home of Northern Virginia's first congressman, Richard Bland Lee, combines aspects of Georgian and Federal architecture. Guided tours highlight the early 19th century Lee family, the enslaved community, and other families who lived here before it became a park in 1959. Features include:

- Historic house
- Original outbuildings
- Slave quarter cabin
- Heirloom garden
- Squirrel's Nest gift shop
- Accredited by the American Alliance of Museums
- On the National Register of Historic Places
- Listed on the Virginia Civil Wars Trail
- Part of the Underground Railroad Network to Freedom

Hours and Admission

Please visit the website for hours of operation

THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

Stay up to date via



Web:

www.fairfaxcounty.gov/parks/parktakes



Social Media:

@FairfaxParks



Join our email list:

www.fairfaxcounty.gov/parks/parktakes



Child and Parent Programs

History Tots

(1-3 yrs.) Bring your toddler to explore history through sight, sound, smell and touch. Program includes indoor and outdoor activities. Adults must be able to participate with children. A different topic every month.

1--45 minute program

Location	Day	Time	Code	Date	\$
ECLawrencePk	W	10am	BHL.ETR8	1/15	\$10/child
ECLawrencePk	W	10am	BHL.NBD5	2/12	\$10/child

Family/All Ages

DIY Holiday Ornaments

(6-Adult) Try making holiday ornaments inspired by history. Get inspired by history and nature to create festive decorations for your home. All materials provided. Children must be accompanied by a registered adult.

1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrencePk	Su	2pm	WPK.EXY0	12/8	\$9/ea.

Snowflake Family Tea Party

(3-Adult) Bring your child to the mill and celebrate winter with this snowflake-themed tea party. You'll enjoy tea, savory and sweet treats, along with a winter craft and 19th century games. Children must be accompanied by a registered adult.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
ColvinRunMill	Sa	1pm	XS3.3CC0	1/11	\$15/ea.



Paths of Freedom Seekers

(8-Adult) Listen to stories of African Americans who were forced to live and work on this farm. Reflect on individuals' stories of resistance and survival. Learn how enslaved communities and freedom seekers have forged a path of resiliency throughout American history.

1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrencePk	Th	3pm	QYM.271N	1/23	\$8/ea.
ECLawrencePk	Su	3pm	QYM.C0MF	2/23	\$8/ea.

Maple Syrup Boil Down

(6-Adult) The sap is rising and the maple trees are tapped. Bundle up to brave the weather, and watch and learn as sap is boiled down into delicious, sweet syrup over an open fire. Sample the delicious combination of maple syrup over cornbread, made from Colvin Run cornmeal. While supplies last. This is an outdoor event, please dress appropriately.

1--45 minute program

Location	Day	Time	Code	Date	\$.
ColvinRunMill	Su	11am	8GQ.YZLA	1/26	\$8/ea.
ColvinRunMill	Su	12:30pm	8GQ.ZBF0	1/26	\$8/ea.
ColvinRunMill	Su	2pm	8GQ.BR0H	1/26	\$8/ea.
ColvinRunMill	Su	11am	8GQ.LY3K	2/2	\$8/ea.
ColvinRunMill	Su	12:30pm	8GQ.NXUA	2/2	\$8/ea.
ColvinRunMill	Su	2pm	8GQ.05KW	2/2	\$8/ea.
ColvinRunMill	Sa	11am	8GQ.QWSX	2/8	\$8/ea.
ColvinRunMill	Sa	12:30pm	8GQ.JPAT	2/8	\$8/ea.
ColvinRunMill	Sa	2pm	8GQ.XZAK	2/8	\$8/ea.

Making Ice & Ice Cream at Walney

(4-Adult) Crank ice cream as you discover how ice was harvested and stored in this 19th century farm. Try using ice tongs. Children must be accompanied by a registered adult.

1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrencePk	Su	2pm	AC3.17GD	1/26	\$9/ea.
ECLawrencePk	Sa	2pm	AC3.5FJN	2/22	\$9/ea.

Black History Month at the Meeting House

(All Ages) In honor of Black History Month, the Frying Pan Baptist Meetinghouse will be open Saturday, February 1 and Saturday, February 15 from Noon-3 p.m. Interpretive signage will be posted throughout the site about the Black History of the Meeting House and stories of the people from the community. Registration is free; but registration is required.

1--free program

Location	Day	Time	Code	Date	\$
Frying Pan Pk	Sa	12pm	RQH.WHE0	2/1	Free
Frying Pan Pk	Sa	12pm	RQH.ZEIF	2/15	Free

Queen of Hearts Tea Party

(3-Adult) Bring your child to the mill and celebrate Valentine's Day with this heart-themed tea party. We'll have tea, savory and sweet treats and play 19th century parlor games. Children must be accompanied by a registered adult.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
ColvinRunMill	Sa	1pm	YRW.AY4X	2/1	\$15/ea.

Spy Craft

(7-Adult) Explore the lives of the men and women during the Revolutionary War who passed along secrets and information and the technology they used in dangerous times. Try your hand at a little spy craft to take home.

1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrencePk	Su	3pm	1EF.01S1	2/9	\$9/ea.
ColvinRunMill	Sa	10am	1EF.D6R0	2/15	\$9/ea.

Unlock the Past with Discovery Baskets at Colvin Run Mill!



Available Thursday-Sunday
11 a.m. - 4 p.m.

Borrow one of these self-guided, kid-friendly baskets packed with hands-on fun! Baskets change with the seasons and might include:

Books • Puzzles • Sensory Toys

To reserve your Discovery Basket adventure in advance, call 703-759-2771 or check availability when you visit the general store.

Adults are needed to check out a basket.
Baskets may be unavailable during special events.



Drill like a Soldier

(6-Adult) Our Continental Army, formed in 1775, was created from colonial volunteers. Farmers and tradespeople learned to follow directions, march and fight as one unit. Join us as we practice drilling and talk about the Army's struggles and successes around the campfire.

1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrencePk	Sa	2pm	5XV.7CFG	2/15	\$8/ea.

Teen/Adult Programs**Mason Tea**

(Adults) Enjoy an afternoon tea circa 1830 much as Betsey Mason would have with the gleam of polished silver and proper tea etiquette. Sample a menu of tasty treats appropriate to the period in an historic setting as you brush up on your tea history. Includes a tour of Historic Huntley.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
HistHuntley	W	1pm	87A.M2ML	12/18	\$35/ea.

Secrets, Spies, Sputnik and Huntley

(Adults) Take a stroll with us on the less-visited side of the park to uncover the history of spies, espionage and how the Cold War struggle between the US and the USSR shaped Huntley and the Fairfax County we know today. Meets at South King Highway entrance includes a 2.4 mile walk over flat terrain.

1--2 hour program

Location	Day	Time	Code	Date	\$
HuntMdws	Th	1pm	F8B.IW77	12/19	\$10/ea.
HuntMdws	Th	1pm	F8B.VDAN	1/9	\$10/ea.

Enslaved Lives and the Legacy of Slavery

(Adults) Join a historian for a tour of Huntley that examines the relationship of the Mason family to slavery and recovers insights into the lives of the Humphrey family and other enslaved people whose labor maintained Mason wealth and social status.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
HistHuntley	M	10am	BF1.8J16	2/3	\$12/ea.
HistHuntley	Th	1pm	BF1.RKP3	2/27	\$12/ea.

Tea and Chocolates

(Adults) Indulge in all things chocolate and tea. Then enjoy a tour that includes the romantic view from Historic Huntley. May be canceled in case of inclement weather.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
HistHuntley	F	1pm	F59.WKVO	2/14	\$35/ea.

**Remembering Metilda--
Growing Up Enslaved**

(14-Adult) Come learn about Metilda, an enslaved 14 year old girl who came to live at Colvin Run Mill. Discuss her life at the mill and the house. Examine what history tells us about the lives of enslaved children, their work, and their families.

1--1 hour program

Location	Day	Time	Code	Date	\$
ColvinRunMill	Sa	1pm	Z09.OCZY	2/22	\$8/ea.

Historic Green Spring Tea Programs

A traditional British afternoon tea served in the Historic House follows each tea program. Full tea includes finger sandwiches, pastries, and scone with cream and jam. Programs are by reservation only. Call 703-941-7987, TTY 703-324-3988. Tea program cancellation policy: Full refund will be issued up to two weeks prior to event. Thereafter, a \$15 cancellation fee will apply to each reservation. No refund can be given within 72 hours (3 working days) of a tea.

**On Christmas Day in History**

Saturday and Sunday, December 7-8 • 1-3 p.m.
\$45 (lecture + tea)

(Adults) Learn how December 25 came to be celebrated as the symbolic birth date of Jesus Christ. Hear about historic happenings that have taken place on Christmas Day ever since, from momentous world events to simple acts of humanity that reflect the spirit of the season.

Feel the Burn

Sunday, January 12 • 1-3 p.m.

\$40 (lecture + tea); \$18 (lecture only);

(Adults) For many, a new year means a new fitness regimen. Explore changing attitudes towards physical fitness throughout history and discover fitness fads and fashions from the past. From the beneficial to the bizarre, changing workout trends have hooked generations of exercisers seeking the body beautiful.

Grand Romantic Gestures

Sunday, February 9 • 1-3 p.m.

\$40 (lecture + tea); \$18 (lecture only)

(Adults) Expressions of love have taken many forms throughout the centuries, from the sublime to the ridiculous. As Valentine's Day approaches, explore some history-making grand romantic gestures that went far beyond cards and flowers.

Stolen History

Sunday, February 23 • 1-3 p.m.

\$40 (lecture + tea); \$18 (lecture only)

(Adults) Throughout history, artifacts have been plundered from their countries of origin. Hear about cultural treasures stolen by souvenir-takers, relic smugglers and antiquities traffickers, past and present. Consider the significance of looted artifacts, whether they have been preserved or purloined and the arguments for giving them back.

Historic Tours**Colvin Run Mill Tour**

Saturdays and Sundays, December-February
11 a.m., 12 p.m., 1 p.m. and 2 p.m.

\$10 per person, \$8 Seniors/Students/Children
(5-15 yrs.)

1 hour tour, Reservations Recommended

(All Ages) Enjoy a tour of historic Colvin Run Mill built c.1811. The Mill is a tribute to industrial and mechanical innovation, and to the working people who made it happen. Learn the importance of the Mill to the multifaceted, surrounding community. Explore why our operational, water-powered gristmill is a prime example of how people, technology, and society rely upon each other for survival and success. See how the miller continues to make flour and cornmeal today. The tour covers the main grinding floor and the basement, including the gear pit. This tour is ADA compliant. Private tours available upon request. Please contact the site for details. Grain products ground at the Mill are available for purchase in our General Store year round! Individual tour tickets available at Parktakes online.

Holiday Lantern Tour

Friday and Saturday, December 6-7,
Tours begin at 5:30 p.m. and 6:30 p.m.

Reservations required, 1 hour, 30 minute tour
\$12 Adult, \$10 Senior/Student/Youth,
Under 5 yrs. Free

(12-Adult) Tour beautiful Colvin Run by candlelight. Discover how different a 200 year old mill looks at night and visit the miller's house decorated for the holidays. Learn how families of the mill spent the winter months and enjoy some holiday treats. Space is limited. Space is extremely limited. Tour tickets available at Parktakes online

**Sully Historic House Tour**

Saturdays, December-February, 11 a.m., 1 p.m.
and 3 p.m.

\$10 per adult, \$8 Seniors/Students/Children
(5-15 yrs.)

45-minute tour, Reservations Recommended

(All Ages) Enjoy a 45-minute tour of the 1794 dwelling, built for Richard Bland Lee, Northern Virginia's first Congressman. The story includes his family, political career and the life of the enslaved community that supported Sully. Accredited by the American Alliance of Museums, Sully is on the National Register of Historic Places and is part of the National Park Service Underground Railroad Network to Freedom. Private tours available upon request. Please contact the site for details. Individual tickets are available at Parktakes online.

Ice Skating

Scan the QR code to go directly to the Parktakes Online Ice Skating page.



Ice skating classes:

- Offered at Fairfax Ice Arena.
- Students should report 15 minutes before class and be ready to go on the ice at class time.
- Prior to the first class, students should attend a public session to become accustomed to the ice and to determine proper skate fitting.
- Recommended clothing is a sweater or jacket, knit hat, gloves or mittens and warm, comfortable slacks.
- Ice skating classes include free admission to public skating sessions equal to the number of classes. All group-lesson students are entitled to free rental skates for use during lessons and practice sessions.
- Although there are no equipment requirements except as noted in Hockey 1 and up, head protection (hockey or biking helmets), knee and elbow protection are strongly recommended.

THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

Stay up to date via



Web:

www.fairfaxcounty.gov/parks/parktakes



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Skating Tots

Snowplow Sam 1

(4-6 yrs.) This class helps students develop preliminary coordination and strength necessary for ice skating. Students must be able to work in a group setting without direct parental supervision and be able to listen to and follow instructions. Skating skills include falling safely, marching in place, marching forward, marching then gliding on two feet, dipping in place and other skills geared towards balance, movement and coordination. Helmets are required.

DIAA 7--30 minute lessons--\$154

Location	Day	Time	Code	Begin	\$
FfxIceArena	M	5:35pm	8A6.ZSTC	1/13	DIAA
FfxIceArena	T	1:30pm	8A6.3M53	1/14	DIAA
FfxIceArena	T	6:40pm	8A6.QQ96	1/14	DIAA
FfxIceArena	W	6:40pm	8A6.C624	1/15	DIAA
FfxIceArena	Th	1:30pm	8A6.612B	1/16	DIAA
FfxIceArena	Th	6:40pm	8A6.127W	1/16	DIAA
FfxIceArena	Sa	8:55am	8A6.S4EN	1/18	DIAA

Tot 1

(4-6 yrs.) For children who have not had organized skating instruction. Students work on standing and falling properly, getting up properly and marching in a standing position.

DIAA 7--30 minute lessons--\$154

Location	Day	Time	Code	Begin	\$
FfxIceArena	M	5:35pm	9B3.6GHA	1/13	DIAA
FfxIceArena	T	1:30pm	9B3.8Z3N	1/14	DIAA
FfxIceArena	T	6:40pm	9B3.84C1	1/14	DIAA
FfxIceArena	W	6:40pm	9B3.917Q	1/15	DIAA
FfxIceArena	Th	1:30pm	9B3.96V7	1/16	DIAA
FfxIceArena	Th	6:40pm	9B3.PL46	1/16	DIAA
FfxIceArena	Sa	8:55am	9B3.XZTV	1/18	DIAA

Beginning Skating – Youth

Basic 1

(7-13 yrs.) For students who have never skated before, this class helps students develop preliminary coordination and strength necessary for ice skating. Students learn basic elements which provide a solid foundation for more advanced skills. Skating skills include falling safely, sitting on ice and standing up, marching in place, marching forward across the ice, marching then gliding on two feet, forward two-foot glide, dipping in place, forward swizzles, backward wiggles, beginning snowplow stop on two feet or one foot and other skills geared towards balance, movement and coordination. Helmets are required.

DIAA 7--30 minute lessons--\$154

Location	Day	Time	Code	Begin	\$
FfxIceArena	M	6:10pm	7AC.HOPZ	1/13	DIAA
FfxIceArena	T	7:15pm	7AC.L932	1/14	DIAA
FfxIceArena	W	7:15pm	7AC.EDOU	1/15	DIAA
FfxIceArena	Th	7:15pm	7AC.16JL	1/16	DIAA
FfxIceArena	Sa	9:30am	7AC.YYHQ	1/18	DIAA

Pre-Alpha

(7-13 yrs.) For those who have not had organized skating instruction. Students work on standing and falling properly, getting up properly and marching in a standing position.

DIAA 7--30 minute lessons--\$154

Location	Day	Time	Code	Begin	\$
FfxIceArena	M	6:10pm	E65.YY37	1/13	DIAA
FfxIceArena	T	7:15pm	E65.TU6S	1/14	DIAA
FfxIceArena	W	7:15pm	E65.I9YA	1/15	DIAA
FfxIceArena	Th	7:15pm	E65.MHGW	1/16	DIAA
FfxIceArena	Sa	9:30am	E65.Y7SS	1/18	DIAA

Beginning Skating – Teens/Adults

Adult 1

(14-Adult) For students with some skating ability who have had no organized skating instruction. This class by Fairfax Ice Arena helps students develop preliminary coordination and strength necessary for ice skating. Students learn basic skills such as falling and recovery, forward marching, forward two-foot glide, forward swizzles, one forward swizzle/one backward swizzle, dip and other skills geared toward balance, movement and coordination.

DIAA 7--30 minute lessons--\$154

Location	Day	Time	Code	Begin	\$
FfxIceArena	T	7:50pm	GCH.KRQ8	1/14	DIAA
FfxIceArena	Th	7:50pm	GCH.AKFX	1/16	DIAA
FfxIceArena	Sa	11:15am	GCH.PSKN	1/18	DIAA

Pre-Alpha

(14-Adult) For those who have not had organized skating instruction. Students work on gliding, forward and backward swizzles, backward wiggles and one-foot glides.

DIAA 7--30 minute lessons--\$154

Location	Day	Time	Code	Begin	\$
FfxIceArena	T	7:50pm	C52.G3KB	1/14	DIAA
FfxIceArena	Th	7:50pm	C52.ARNI	1/16	DIAA
FfxIceArena	Sa	11:15am	C52.BZQ2	1/18	DIAA



Ice Skating Lessons

AT FAIRFAX ICE ARENA



BEGINNER LEVEL SKATING CLASSES

TOTS, CHILDREN, TEENS AND ADULTS

7-Week Program including:

- ★ Seven 30-minute lessons
- ★ Seven practice sessions
- ★ FREE skate rental

Only \$175*

* Weekend classes slightly higher

Ways to register for classes

- 📄 Online—fairfaxicearena.com (click Skating Lessons tab)
- ☎ Over the phone call 703-323-1132
- 👤 In-person registration at Fairfax Ice Arena

Tot 1/2 (Ages 4-6)—Beginner Level

Skills Learned: Marching While Moving, Swizzles

Day	Time	Cost	Begins	Age
Monday	5:35pm	\$175	Dec 2	4-6
Tuesday	6:40pm	\$175	Dec 3	4-6
Wednesday	6:40pm	\$175	Dec 4	4-6
Thursday	6:40pm	\$175	Dec 5	4-6
Saturday	8:55am	\$180	Dec 7	4-6
Saturday	10:05am	\$180	Dec 7	4-6
Monday	5:35pm	\$175	Dec 16	4-6
Tuesday	6:40pm	\$175	Dec 17	4-6
Wednesday	6:40pm	\$175	Dec 18	4-6
Thursday	6:40pm	\$175	Dec 19	4-6
Saturday	8:55am	\$180	Dec 21	4-6
Saturday	10:05am	\$180	Dec 21	4-6
Monday	5:35pm	\$175	Jan 13	4-6
Tuesday	6:40pm	\$175	Jan 14	4-6
Wednesday	6:40pm	\$175	Jan 15	4-6
Thursday	6:40pm	\$175	Jan 16	4-6
Saturday	8:55am	\$180	Jan 18	4-6
Saturday	10:05am	\$180	Jan 18	4-6
Monday	5:35pm	\$175	Jan 27	4-6
Tuesday	6:40pm	\$175	Jan 28	4-6
Wednesday	6:40pm	\$175	Jan 29	4-6
Thursday	6:40pm	\$175	Jan 30	4-6
Saturday	8:55am	\$180	Feb 1	4-6
Saturday	10:05am	\$180	Feb 1	4-6

Pre-Alpha Lessons (Ages 7-13)—Beginner Level

Skills Learned: One-Foot Glide, Marching While Moving, Swizzles

Day	Time	Cost	Begins	Age
Monday	6:10pm	\$175	Dec 2	7-13
Tuesday	7:15pm	\$175	Dec 3	7-13
Wednesday	7:15pm	\$175	Dec 4	7-13
Thursday	7:15pm	\$175	Dec 5	7-13
Saturday	9:30am	\$180	Dec 7	7-13
Saturday	10:40am	\$180	Dec 7	7-13
Monday	6:10pm	\$175	Dec 16	7-13
Tuesday	7:15pm	\$175	Dec 17	7-13
Wednesday	7:15pm	\$175	Dec 18	7-13
Thursday	7:15pm	\$175	Dec 19	7-13
Saturday	9:30am	\$180	Dec 21	7-13
Saturday	10:40am	\$180	Dec 21	7-13
Monday	6:10pm	\$175	Jan 13	7-13
Tuesday	7:15pm	\$175	Jan 14	7-13
Wednesday	7:15pm	\$175	Jan 15	7-13
Thursday	7:15pm	\$175	Jan 16	7-13
Saturday	9:30am	\$180	Jan 18	7-13
Saturday	10:40am	\$180	Jan 18	7-13
Monday	6:10pm	\$175	Jan 27	7-13
Tuesday	7:15pm	\$175	Jan 28	7-13
Wednesday	7:15pm	\$175	Jan 29	7-13
Thursday	7:15pm	\$175	Jan 30	7-13
Saturday	9:30am	\$180	Feb 1	7-13
Saturday	10:40am	\$180	Feb 1	7-13

Pre-Alpha Lessons (Ages 14 & Up)—Beginner Level

Skills Learned: One-Foot Glide, Marching While Moving, Swizzles

Day	Time	Cost	Begins	Age
Tuesday	7:50pm	\$175	Dec 3	14 & Up
Wednesday	7:50pm	\$175	Dec 4	14 & Up
Thursday	7:50pm	\$175	Dec 5	14 & Up
Saturday	11:15am	\$180	Dec 7	14 & Up
Tuesday	7:50pm	\$175	Dec 17	14 & Up
Wednesday	7:50pm	\$175	Dec 18	14 & Up
Thursday	7:50pm	\$175	Dec 19	14 & Up
Saturday	11:15am	\$180	Dec 21	14 & Up
Tuesday	7:50pm	\$175	Jan 14	14 & Up
Wednesday	7:50pm	\$175	Jan 15	14 & Up
Thursday	7:50pm	\$175	Jan 16	14 & Up
Saturday	11:15am	\$180	Jan 18	14 & Up
Tuesday	7:50pm	\$175	Jan 28	14 & Up
Wednesday	7:50pm	\$175	Jan 29	14 & Up
Thursday	7:50pm	\$175	Jan 30	14 & Up
Saturday	11:15am	\$180	Feb 1	14 & Up

Call our Lesson Office today or visit us online for additional ice skating classes.

Register for Ice Skating Lessons in person or online at www.fairfaxicearena.com



PLEASE SCAN

Fairfax Ice Arena • 3779 Pickett Road, Fairfax, VA 22031 • 703-323-1132 • fairfaxicearena.com



ADULT ICE HOCKEY LEAGUE AND CLINIC—REGISTER NOW!



Martial Arts

Scan the QR code to go directly to the Parktakes Online Martial Arts page.



For yoga, meditation, Pilates, Qigong and Tai Chi classes, see the alternative exercise listings in the Exercise and Fitness section.

For martial arts classes:

- Testing, conducted on and off site for an additional fee, may be required to advance to the next martial arts level. Testing dates are announced at the start of class.
- Uniforms are required for classes at all locations. Uniforms may be purchased through any source and may be available from the instructor for a separate fee. Since specific uniforms may be mandatory for testing/advancement in certain classes, it is recommended that you check with the instructor before buying.
- Separate fees may be charged for tournaments, protective gear and belts, if required for advancement.



Aikido & Self Defense Beginning

Japanese concept of circular motion to neutralize an attacker's power by moving with it. Defense against grabbing, choking and striking attacks are covered. Emphasis is on techniques that are effective without causing serious or permanent injury to the attacker.

4MB	10--1 hour 25 minute lessons--\$189				
4MG	10--1 hour 55 minute lessons--\$251				
Location	Day	Time	Code	Begin	\$
(10-17 yrs.)					
SpHillREC	Su	2:30pm	0KJ.1X38	1/12	4MB
(13-Adult)					
SoRunREC	Sa	4pm	78D.82NY	1/11	4MG

Aikido & Self-Defense Intermediate

(13-Adult) Prerequisite: Aikido and Self-Defense Beginning or permission of instructor.

4MB 10--1 hour 25 minute lessons--\$189					
Location	Day	Time	Code	Begin	\$
SpHillREC	Su	4pm	CF6.RBWW	1/12	4MB

Aikido-Jo

(13-Adult) This traditional Japanese martial art focuses on using a wooden staff (jo) as a weapon that is an integral part of Aikido training, complementing empty-hand techniques. The Jo staff is used for spearing, hitting, or deflecting a strike from an opponent. While similar to jodo in that both styles involve fencing techniques, the styles differ in the overall nature of and strategies that are used.

4MB 10--1 hour 25 minute lessons--\$189					
Location	Day	Time	Code	Begin	\$
SpHillREC	Su	5:30pm	1V2.H9YV	1/12	4MB

Japanese Swordsmanship

(13-Adult) Students learn the ancient samurai sword arts stances, postures and movements, including iaijutsu sword-drawing and cutting techniques and paired-student kenjutsu exercises. Equipment is provided for beginning students.

4MA 10--55 minute lessons--\$126					
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Su	5pm	90A.PWVL	1/12	4MA
Wkfld/Moore	W	8pm	90A.FLN1	1/15	4MA

Jodo-Japanese Staff

(13-Adult) Class focuses on the Japanese marital art of jodo, uses a 50-inch hardwood staff and is based on the Shindo Muso Ryu martial tradition. Class covers basic jodo techniques as well as a series of interactive drills and kata that comprise the art. All levels welcome and all equipment provided.

3MA 8--55 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$
CubRunREC	Su	10am	60E.TSBO	1/12	3MA

Jujitsu-All Levels

(13-Adult) Self-defense typified by grab escapes, throwing and submission holds.

4MB 10--1 hour 25 minute lessons--\$189					
Location	Day	Time	Code	Begin	\$
ProvREC	Su	3:30pm	E32.3XG2	1/5	4MB

Jung Su Beginning

(6-Adult) Martial art that combines tang soo do, jujitsu and kickboxing. Learn a wide range of skills that cover blocking, striking, kicking, grappling, sparring, weapons defense and traditional armed fighting.

3MA 8--55 minute lessons--\$102					
4MA 10--55 minute lessons--\$126					
Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	11am	28A.XD70	1/11	3MA
Wkfld/Moore	Sa	10am	28A.3YGV	1/11	4MA

Jung Su Intermediate

(8-Adult) Prerequisite: Jung Su Beginning. For yellow and green belt students only. This continuation of learning covers blocking, striking, kicking, grappling and sparring concepts.

4MA 10--55 minute lessons--\$126					
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	M	6pm	10K.G0ZS	1/13	4MA
Wkfld/Moore	W	6pm	10K.EPWA	1/15	4MA

Jung Su Advanced

Prerequisite: Jung Su Beginning or equivalent.

3MB	8--1 hour 25 minute lessons--\$151				
4MB	10--1 hour 25 minute lessons--\$189				
Location	Day	Time	Code	Begin	\$
(6-Adult)					
CubRunREC	Sa	11am	563.6BFX	1/11	3MB
(8-Adult)					
Wkfld/Moore	Sa	11am	3BJ.13G4	1/11	4MB
Wkfld/Moore	M	7pm	3BJ.SCJR	1/13	4MB
Wkfld/Moore	W	7pm	3BJ.N3ZU	1/15	4MB

MORE CLASSES ONLINE:
www.fairfaxcounty.gov/parks/parktakes

THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

Stay up to date via



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@FairfaxParks



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Qualified instructors needed to teach children's classes

Contact Jennifer Braun 703-324-5540 or e-mail instructors@fairfaxcounty.gov.



Karate I

Designed to help you learn self-defense, gain confidence, and build leadership and independence.

4MA	10--55 minute lessons--\$126
DMVF	10--45 minute lessons--\$111

Location	Day	Time	Code	Begin	\$
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(6-12 yrs.)

OakmontREC	Su	3pm	27A.BUJJ	1/5	4MA
SoRunREC	Sa	1pm	27A.CWGD	1/11	4MA
BlkBitFFX	M	5:30pm	4XF.I6UW	1/6	DMVF
BlkBitFFX	T	5:30pm	4XF.AS13	1/7	DMVF
BlkBitFFX	W	5:30pm	4XF.IEYD	1/8	DMVF
BlkBitFFX	Th	5:30pm	4XF.P3Z9	1/9	DMVF
BlkBitFFX	F	4:45pm	4XF.G1I9	1/10	DMVF

(13-Adult)

FlorIS	Th	7pm	996.OWCL	1/14	4MA
ProvREC	Su	1pm	996.CBSR	1/5	4MA
SoRunREC	Sa	1pm	996.ZVID	1/11	4MA
BlkBitFFX	T	7:45pm	LYL.UX10	1/7	DMVF
BlkBitFFX	Th	7:45pm	LYL.DD4U	1/9	DMVF

Karate II

(6-Adult) Prerequisite: Karate I or equivalent.

4MA	10--55 minute lessons--\$126
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Location	Day	Time	Code	Begin	\$
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Franconia Rec	Sa	11am	964.R49K	1/4	4MA
SoRunREC	Sa	2pm	964.DP2Y	1/11	4MA

Karate III

(6-Adult) Prerequisite: Karate II or equivalent.

4MA	10--55 minute lessons--\$126
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Location	Day	Time	Code	Begin	\$
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SoRunREC	Sa	3pm	B94.XM39	1/11	4MA
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Karate for Families

(6-Adult) This class gives family members an opportunity to participate together. Students learn self-defense, gain confidence and build leadership and independence. Each student must register individually.

3MA	8--55 minute lessons--\$102
4MA	10--55 minute lessons--\$126

Location	Day	Time	Code	Begin	\$
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Franconia Rec	Sa	10am	D2F.XGEH	1/4	4MA
Franconia Rec	Sa	12:30pm	D2F.80JX	1/4	4MA
Franconia Rec	M	7pm	D2F.DUBG	1/6	4MA
Franconia Rec	T	6:30pm	D2F.LLDQ	1/7	4MA
Franconia Rec	W	7:30pm	D2F.NHDT	1/8	4MA
Franconia Rec	F	7pm	D2F.OEQH	1/10	4MA
Frying Pan Pk	Th	7pm	D2F.HBYO	1/9	3MA
ProvREC	Su	12pm	D2F.4VW0	1/5	4MA


Okinawan Goju Ryu Karate

(13-Adult) Class focuses on teaching proper goju ryu technique with applications rather than extensive physical training. Kihon (basics), kata (forms) and bunkai (applications) are covered. Sparring is introduced as an option for interested students.

3MA	8--55 minute lessons--\$102
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Location	Day	Time	Code	Begin	\$
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CubRunREC	Su	11am	8E5.KMNT	1/12	3MA
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Fan us on Instagram
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Okinawan Kenpo Karate

(13-Adult) Students learn traditional methods and develop connections to the Okinawan Masters of kenpo while gaining increased confidence, sense of community and knowledge of practical self-defense techniques. No prior experience is necessary.

3MB	8--1 hour 25 minute lessons--\$151
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Location	Day	Time	Code	Begin	\$
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SullyCommCtr	Su	10:30am	5XR.VULO	1/12	3MB
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Shotokan Japanese Karate I

(6-Adult) Learn self-defense through techniques such as blocking, punching, striking and kicking in combination with other related movements.

4MA	10--55 minute lessons--\$126
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Location	Day	Time	Code	Begin	\$
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SpHillREC	Sa	8am	31A.A502	1/11	4MA
SpHillREC	Sa	10am	31A.QV6U	1/11	4MA
SpHillREC	M	7pm	31A.9HOI	1/13	4MA
SpHillREC	W	6pm	31A.40CQ	1/15	4MA

Shotokan Japanese Karate II

(6-Adult) Shotokan Japanese Karate I strongly recommended.

4MA	10--55 minute lessons--\$126
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Location	Day	Time	Code	Begin	\$
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SpHillREC	Sa	8am	454.4HNT	1/11	4MA
SpHillREC	Sa	9am	454.EHFC	1/11	4MA
SpHillREC	M	7pm	454.XLX3	1/13	4MA
SpHillREC	T	7pm	454.6VZA	1/14	4MA
SpHillREC	W	7pm	454.DENQ	1/15	4MA

Shotokan Japanese Karate III

(6-Adult) Shotokan Japanese Karate II strongly recommended.

4MA	10--55 minute lessons--\$126
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Location	Day	Time	Code	Begin	\$
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SpHillREC	Sa	8am	3E5.2MKP	1/11	4MA
SpHillREC	Sa	9am	3E5.RT5Z	1/11	4MA
SpHillREC	M	7pm	3E5.E8H0	1/13	4MA
SpHillREC	T	7pm	3E5.IQPW	1/14	4MA
SpHillREC	W	7pm	3E5.J9W2	1/15	4MA

Traditional Karate Uechi-Ryu

Success by complete discipline, physical defense, high personal standards, respect for others, positive attitude, confidence, leadership and control.

4MA	10--55 minute lessons--\$126
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4MB	10--1 hour 25 minute lessons--\$189
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Location	Day	Time	Code	Begin	\$
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OakmontREC	Sa	5pm	9CF.S3MV	1/11	4MA
OakmontREC	Su	4pm	9CF.110M	1/5	4MA
SoRunREC	Sa	10:15am	9CF.OA9S	1/11	4MA

(13-Adult)

Waynewd ES	M	7:30pm	889.U9UL	1/6	4MB
Waynewd ES	W	7:30pm	889.7H83	1/8	4MB

Kendo

Traditional art of Japanese fencing using a bamboo sword-shinai.

4MA	10--55 minute lessons--\$126
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Location	Day	Time	Code	Begin	\$
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SpHillREC	T	7:15pm	3F3.KWDD	1/14	4MA
Franconia Rec	F	7pm	48C.91V8	1/10	4MA

Kendo II

(8-Adult) Prerequisite: Kendo I or equivalent.

4MB	10--1 hour 25 minute lessons--\$189
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Location	Day	Time	Code	Begin	\$
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SpHillREC	T	7:15pm	357.VT8F	1/14	4MB
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Kung Fu

(6-Adult) This traditional northern-style utilizes the empty hand, kicking and weapons training of Chinese Martial Arts. Additional fee for class t-shirt and pants.

4MA	10--55 minute lessons--\$126
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Location	Day	Time	Code	Begin	\$
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SpHillREC	Sa	10am	9DF.SOR6	1/11	4MA
SpHillREC	Th	7pm	9DF.MPNN	1/16	4MA

Kung Fu II

(6-Adult) Prerequisite: Kung Fu I. This traditional northern-style utilizes the empty hand, kicking and weapons training of Chinese Martial Arts. For beginners to intermediate levels of white to green sash. Additional fee for class t-shirt and pants.

4MA	10--55 minute lessons--\$126
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Location	Day	Time	Code	Begin	\$
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SpHillREC	Sa	9am	CA6.8B5L	1/11	4MA
SpHillREC	T	7pm	CA6.2XZT	1/14	4MA
SpHillREC	Th	7pm	CA6.FY6V	1/16	4MA

Kung Fu III

(6-Adult) Prerequisite: Kung Fu II. For intermediate and advanced green to black sash students with continued training on long fist and short hand and northern kicks, as well as weapons training in staff, broadsword, straight sword and spear. Sparring and light contact drills offered as preparation for tournament competition.

4MA	10--55 minute lessons--\$126
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Location	Day	Time	Code	Begin	\$
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SpHillREC	Sa	8am	9TG.IZ8E	1/11	4MA
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Martial Arts

Kung Fu MMA

(13-Adult) This class focuses on challenging conditioning and skills in the standing and ground arena. Tactics include versatility in punching, kicking and counters as well as options in common clinch and ground positions. Some safety equipment required.

4MA	10--55 minute lessons--\$126				
Location	Day	Time	Code	Begin	\$
SpHillREC	Th	8pm	8K6.F20A	1/16	4MA

Indonesian Kung Fu

(13-Adult) Unique combination of Chinese gungfu and Indonesian pentjak silat offers a modern hybrid of the fighting arts. Training includes single- and multiple-attacker exercises, forms, solo drills, weapons and body conditioning.

4MB	10--1 hour 25 minute lessons--\$189				
Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	11am	6B2.SKYD	1/4	4MB
SoRunREC	Th	7pm	6B2.30Y1	1/16	4MB

Tae Kwon Do I

Korean martial art that teaches traditional self-defense techniques including kicking, punching, blocking, sparring and forms through individual and partner training. These classes may be taught by our private vendor partners.

3MA	8--55 minute lessons--\$102				
4MA	10--55 minute lessons--\$126				
CMVF	8--45 minute lessons--\$89				
DMVF	10--45 minute lessons--\$111				

Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
BlkBltFFX	M	5:30pm	6MJ.J9QG	1/6	DMVF
BlkBltFFX	T	5:30pm	6MJ.8HIP	1/7	DMVF
BlkBltFFX	W	5:30pm	6MJ.8FKK	1/8	DMVF
BlkBltFFX	Th	5:30pm	6MJ.N4N1	1/9	DMVF
BlkBltFFX	F	4:45pm	6MJ.HTGW	1/10	DMVF
JRheeFlsCh	T	4:45pm	6MJ.TOSH	1/14	CMVF
JRheeFlsCh	W	6pm	6MJ.DGQE	1/15	CMVF
JRheeFlsCh	F	5:30pm	6MJ.REJE	1/17	CMVF
LdbyExFrOks	T	4:30pm	6MJ.PND6	1/14	DMVF
LdbyExFrOks	W	6pm	6MJ.GK17	1/15	DMVF
LdbyExFrOks	Th	4:30pm	6MJ.EX2K	1/16	DMVF
LdbyExFrOks	F	5:15pm	6MJ.74A3	1/17	DMVF
Legacy Mart	M	5:15pm	6MJ.4JIK	1/13	CMVF
Legacy Mart	W	6:15pm	6MJ.XD1T	1/15	CMVF
SoRunREC	Sa	12pm	6MJ.MZCC	1/11	DMVF

(6-Adult)					
CubRunREC	Su	11am	31F.EHN5	1/12	3MA
CubRunREC	W	7:15pm	31F.SVIP	1/15	3MA
Frying Pan Pk	Th	6pm	31F.P2XS	1/9	3MA
OakmontREC	T	7pm	31F.KQSS	1/7	3MA
SpHillREC	M	5:30pm	31F.11LY	1/13	4MA
LdbyExFrOks	Sa	12:15pm	BAZ.1W9D	1/11	DMVF
(13-Adult)					
BlkBltFFX	T	7:45pm	FM7.3Y6Q	1/7	DMVF
BlkBltFFX	Th	7:45pm	FM7.FQ17	1/9	DMVF
JRheeFlsCh	M	7:45pm	FM7.BXX1	1/13	CMVF
Legacy Mart	Su	1:15pm	FM7.GPVF	1/12	CMVF
Legacy Mart	Th	7pm	FM7.PTOG	1/16	CMVF
LdbyExFrOks	W	6:45pm	FM7.FZ3Q	1/15	DMVF
LdbyExFrOks	F	6:45pm	FM7.JUG3	1/17	DMVF

Tae Kwon Do II

(6-Adult) Prerequisite: Tae Kwon Do I or equivalent.

3MB	8--1 hour 25 minute lessons--\$151				
4MC	20--55 minute lessons--\$251				
Location	Day	Time	Code	Begin	\$
CubRunREC	Su	12pm	2B9.MDEZ	1/12	3MB
SpHillREC	M/W	6:30pm	2B9.2EZ8	1/13	4MC

Tae Kwon Do III

(6-Adult) Prerequisite: Tae Kwon Do II or equivalent.

4MC	20--55 minute lessons--\$251				
Location	Day	Time	Code	Begin	\$
SpHillREC	M/W	7:30pm	B14.B2TU	1/13	4MC

Martial Arts for Seniors

(55 yrs.+) Basic martial arts techniques are introduced in this non-contact class. Movements are designed to help improve balance and strength.

DMVD	8--55 minute lessons--\$130				
Location	Day	Time	Code	Begin	\$
OakmontREC	M	6pm	2IF.WOQD	1/6	DMVD
Wkfld/Moore	Th	6:30pm	2IF.L52Q	1/16	DMVD



Submit your photos and win prizes!
www.fairfaxcounty.gov/parks/first-hike

Shoshinkan Martial Arts

(13-Adult) Learn principles, techniques and self-defense applications of traditional Karate, Kobudo (weapons) and Jujitsu.

4MB	10--1 hour 25 minute lessons--\$189				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Su	4:30pm	ESD.39DV	1/12	4MB
Wkfld/Moore	Th	6:30pm	ESD.GRWB	1/16	4MB

Self-Defense for Women I

(13-Adult) Learn proper use of strategy and tactics to defend yourself against attack. Course covers physical and psychological training, environmental awareness, verbal strategies, use of weapons and empty-handed defense.

4MF	5--1 hour 25 minute lessons--\$97				
DMVD	8--55 minute lessons--\$130				
Location	Day	Time	Code	Begin	\$
OakmontREC	M	7pm	UBC.GTV3	1/6	DMVD
SoRunREC	Sa	4pm	UBC.28T2	1/11	DMVD
Wkfld/Moore	Th	7:30pm	UBC.08GA	1/16	DMVD
SoRunREC	T	7pm	158.AN1C	1/14	4MF

Self-Defense for Women II

(13-Adult) Prerequisite: Self-Defense for Women I or equivalent.

4MF	5--1 hour 25 minute lessons--\$97				
Location	Day	Time	Code	Begin	\$
SoRunREC	T	7pm	077.W40U	2/25	4MF

Lead By Example Tae Kwon Do

GAIN CONFIDENCE, DISCIPLINE & RESPECT

Top Rated Martial Arts School for 25 Years!

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11226 Waples Mill Road
 Fairfax, VA 22030
703-273-1100
www.LeadByExampleTaeKwonDo.com

Nature

Scan the QR code to go directly to the Parktakes Online Nature page.



All park and nature center hours are located online by visiting www.fairfaxcounty.gov/parks/holiday-hours. Park grounds are open dawn till dusk daily.

Burke Lake Park



7315 Ox Rd. • Fairfax Station
703-323-6600

www.fairfaxcounty.gov/parks/burkelake
Park grounds are open dawn till dusk daily.

Cub Run Rec Center



4630 Stonecroft Blvd. • Chantilly
703-817-7081

www.fairfaxcounty.gov/parks/reccenter/cub-run

Ellanor C. Lawrence Park and Walney Visitor Center



5040 Walney Rd. • Chantilly
703-631-0013

www.fairfaxcounty.gov/parks/eclawrence
The Walney Visitor Center features live animals, natural and cultural exhibits and a hands-on area for young visitors highlighting the past farmland and present parkland. Features include:

- Historic structures and foundations: dairy foundation, Spring house, Icehouse foundation and Smokehouse
- Gardens
- Meadow
- Woodland trails
- Kid-friendly red wagon sandboxes

Hidden Oaks Nature Center



7701 Royce Street • Annandale
703-941-1065

www.fairfaxcounty.gov/parks/hiddenoaks
Located in Annandale District Park, the Hidden Oaks Nature Center is nestled among woodland trails and creeks with a pond, gardens and a butterfly-themed playground nearby. Center features include:

- Nature Playce outdoor exploration center
- Self-guided interpretive trail
- Live animal displays
- Interactive urban woodlands exhibit
- Meeting rooms reservable for private functions

Visit the Winged Wonders wall to compare your "wingspan" to that of wild animals and take a photo next to the woodland wildlife tree sculpture.

Hidden Pond Nature Center



8511 Greeley Blvd. • Springfield
703-451-9588

www.fairfaxcounty.gov/parks/hidden-pond
Beautiful scenery, extensive woodland trails and abundant wildlife supported by Pohick Creek surround Hidden Pond Nature Center. Features include:

- Nature center exhibits
- Nature trail
- Pond
- Tot playground
- Picnic shelter

Huntley Meadows Park and Visitor Center



3701 Lockheed Blvd. • Alexandria
703-768-2525

www.fairfaxcounty.gov/parks/huntley-meadows
One of the Park Authority's largest parks (1,500 acres), Huntley Meadows offers some of the best wildlife watching around! Features include:

- Wetland boardwalk
- Interpretive trail
- Observation platforms
- Visitor Center
- Forests, meadows, streams and ponds
- Auditorium
- Exhibits

Lake Accotink Park



7500 Accotink Park Rd. • Springfield
703-569-0285

www.fairfaxcounty.gov/parks/accotink

Lake Fairfax Park



1400 Lake Fairfax Drive • Reston
703-471-5415

www.fairfaxcounty.gov/parks/lakefairfax
Lake Fairfax Park has 476 acres of parkland. Features include:

- Campgrounds
- Skate park
- Pump track
- Hiking and biking trails
- Athletic fields

Riverbend Park



8700 Potomac Hills St. • Great Falls
703-759-9018

www.fairfaxcounty.gov/parks/riverbend
Fairfax County Park Authority's only riverfront park has 418 acres of forest, meadows and ponds. Nature highlights include:

- Extraordinary river views
- Spectacular wildflowers and birds
- 10+ miles of trails
- Potomac Heritage Trail
- Canoe and single/tandem kayak rentals available
- Fishing
- Visitor Center with snack bar, gift shop and exhibits

Woodlands Stewardship Education Center



5301 Walney Rd. • Chantilly
www.fairfaxcounty.gov/parks/eclawrence/woodlands-stewardship-education-center

The Woodlands Stewardship Education Center is a gateway to nature and stewardship. Features include:

- LOOP- Learning Observational Outdoor Pod self-guided exploratory learning space
- Access to Big Rocky Run Trail
- Meadow and Walney pond
- Larger than life size eastern box turtle sculpture

THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

Stay up to date via



Web:

www.fairfaxcounty.gov/parks/parktakes



Social Media:

@FairfaxParks



Join our email list:

www.fairfaxcounty.gov/parks/parktakes



Child and Parent Programs

Child must be accompanied by an adult for all child and parent programs.

Little Acorns-Winter

(2-5 yrs.) Youngsters and their accompanying adult begin sharing nature's wonders in this interactive class. Experiences include: meeting animals, stories, games and outdoor exploration. Dress for the weather. Quiet infants welcome. Topics covered are: 12/2 Mammals, 12/9 Evergreens, 12/16 Twinkle Little Star, 1/6 Polar Animals, 1/13 Snow, 1/27 Nature in Winter, 2/3 Groundhogs, 2/10 Animal Sweethearts, 2/24 Desert Discovery.



1--45 minute program

Location	Day	Time	Code	Date	\$
HiddenOaks	M	9:45am	392.0L9C	12/2	\$10/child
HiddenOaks	M	11am	392.DBZ9	12/2	\$10/child
HiddenOaks	M	9:45am	392.OAEO	12/9	\$10/child
HiddenOaks	M	11am	392.HCC3	12/9	\$10/child
HiddenOaks	M	9:45am	392.WHB4	12/16	\$10/child
HiddenOaks	M	11am	392.68TW	12/16	\$10/child
HiddenOaks	M	9:45am	392.ULQM	1/6	\$10/child
HiddenOaks	M	11am	392.DCKF	1/6	\$10/child
HiddenOaks	M	9:45am	392.3IYH	1/13	\$10/child
HiddenOaks	M	11am	392.2V56	1/13	\$10/child
HiddenOaks	M	9:45am	392.UQFM	1/27	\$10/child
HiddenOaks	M	11am	392.5KZM	1/27	\$10/child
HiddenOaks	M	9:45am	392.2HG6	2/3	\$10/child
HiddenOaks	M	11am	392.D7PG	2/3	\$10/child
HiddenOaks	M	9:45am	392.A4PD	2/10	\$10/child
HiddenOaks	M	11am	392.5W8L	2/10	\$10/child
HiddenOaks	M	9:45am	392.HGAY	2/24	\$10/child
HiddenOaks	M	11am	392.09VV	2/24	\$10/child



Animal Pajama Party

(3-7 yrs.) Put on your pajamas and come to the nature center to hear bedtime stories, meet animals and wish goodnight to the center's live animals. Bring your favorite stuffed animal with you. One adult only per registered child.

1--45 minute program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	6:30pm	6CC.E2MI	12/15	\$10/child
HiddenOaks	Sa	6:30pm	6CC.UOXC	2/8	\$10/child

Caribbean Reef Puppet Show

(3-7 yrs.) Join an octopus, ray, shark, lobster and all their friends in this undersea adventure. After the show, play a game, sing songs and make a craft.

1--45 minute program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	2pm	4C7.D6NG	1/5	\$10/child

Nature Tots

(1-3 yrs.) Bring your toddler to explore nature through sight, sound, smell and touch. Programs include indoor and outdoor activities. Adult must be able to participate with children. A different amazing topic every month.

1--45 minute program

Location	Day	Time	Code	Date	\$
ECLawrncePk	W	10am	SYX.Z8U9	1/8	\$10/child
ECLawrncePk	W	10am	SYX.XU06	2/5	\$10/child

Winter Sneak Peek – Registration is NOW OPEN for Select Events

- Children's Holiday Shopping at Historic Colvin Run, pg. 55
- Holiday on the Farm, pg. 55
- Santa at the Mill, pg. 56
- Sensory-Friendly Santa at the Mill, pg. 56
- Winter Wonderland Event at Burke Lake, pg. 55
- Little Acorns-Winter, pg. 86



View All Winter Sneak Peak Events and Classes online or look for this symbol in the magazine. Visit <https://bit.ly/fcpa-wi25sneakpeek> for Sneak Peek events.

Nature Quest

(3-6 yrs.) Be a part of the long-running naturalist program designed for preschool-age explorer. From field to stream and everything in between, children learn about many of our local animal species hands-on and in the field. Program topics vary each week.

4--1 hour programs

Location	Day	Time	Code	Date	\$
HiddenPond	Th	11:30am	741.201U	1/9	\$32/child

Mr. Weather Bear

(2-5 yrs.) With the help of Mr. Bear, learn about the weather with a felt-board story, bubble play, an ice cube race and songs.

1--1 hour program

Location	Day	Time	Code	Date	\$
Riverbend Pk	Su	1pm	20B.AP93	1/19	\$10/child

Dino Puppet Show & Activities

(4-8 yrs.) Dinosaurs once roamed all the Earth in places far and near. Enjoy a puppet show and crafts along with fun fossil facts.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	1pm	C97.7MUG	1/26	\$10/child
HiddenOaks	Su	2:30pm	C97.6VQ5	1/26	\$10/child



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Winter Discoveries at Green Spring Gardens

Join our expert horticulturists and discover a world of tips and insights to cultivate your gardens at home!

Green Spring Goes to Great Dixter
Sunday, January 19 • 1:30-2:30 p.m. • \$15

Pleasure Gardens
Sunday, January 26 • 1:30-2:30 p.m. • \$15

The Future of Composting
Sunday, February 2 • 12:30-1:30 p.m. • \$15

Gardens in the Age of Jumping Worms
Sunday, February 9 • 1:30-2:30 p.m. • \$15

Rethinking the Invasive Plant Issue
Sunday, February 16 • 1:30-2:30 p.m. • \$15

Washington Gardener Seed Exchange

Saturday, February 1 • 12:30-4:30 p.m.
\$15 for Friends of Green Spring members and Washington Gardener subscribers
\$20 for guests

Bring your extra seeds to swap and leave with a bag full of seeds, new garden friends and expert planting advice.

Green Spring Gardens
4603 Green Spring Rd, Alexandria
www.fairfaxcounty.gov/parks/green-spring

Skiing Penguins and Snowman Fun

(3-9 yrs.) Create fun crafts and activities. Build and race penguins and create a snowman.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	2pm	B24.1DJH	2/2	\$10/child

Otter-ly Wonderful

(2-5 yrs.) Preschoolers and their grown-ups explore the fun-filled world of sea and river otters, through stories, crafts and activities.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	11:30am	467.Y7YQ	2/9	\$10/child

Children's Programs**Santa's Critters & Craft**

(2-12 yrs.) Come meet Santa and his merry band of critters. Bring your camera to take a picture with Jolly Saint Nick, his elves and their animal friends.

1--1 hour programs

Location	Day	Time	Code	Date	\$
HiddenPond	Sa	10am	5BF.TILW	12/7	\$10/child
HiddenPond	Sa 1	1:30am	5BF.4N2J	12/7	\$10/child

Make Your Own Pinecone Birdfeeders!

(4-9 yrs.) Help feed your feathered friends this winter by making and taking home your very own pinecone bird feeder. Find out what familiar bird calls are as we discuss common birds you may see visit your feeder.

1--1 hour program

Location	Day	Time	Code	Date	\$
Riverbend Pk	Su	11am	942.7363	12/8	\$10/child
Riverbend Pk	Su	11am	942.HME9	2/9	\$10/child

Homeschool at the Pond

(7-11 yrs.) This program is based on the popular Pohick Rangers series geared to meet some homeschool science requirements. Topics vary. Meets every other week.

4--1 hour 30 minute lessons

Location	Day	Time	Code	Date	\$
HiddenPond	T	1pm	8A7.48G1	1/7	\$54/child

Science and Nature Explorers

(5-7 yrs.) Supplement your child's science education. Students will participate in science experiments and activities exploring the Virginia science standard of learning, as they relate to nature and the outdoors. This program focuses on grades K to 1.

4--1 hour programs

Location	Day	Time	Code	Date	\$
HiddenPond	W	4:30pm	555.525Z	1/8	\$32/child

Feeding Day

(4-13 yrs.) Join a naturalist as they demonstrate how we feed our site display animals. Make a birdfeeder to take home and use. Search for worms and insects and assist in serving dinner. Children must be accompanied by an adult.

1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawncPk	Sa	10am	605.3CPQ	1/11	\$10/child
ECLawncPk	Su	10am	605.PNNX	2/23	\$10/child

Animal C.S.I.

(7-9 yrs.) Practice your detective skills on a fictitious case on the demise of Rocky Raccoon. Learn how forensic scientists use clues from nature, including tracks, insects, and soil evidence, to determine if Dougie Dog is to blame. Learn about the science of fingerprints and following the evidence in this engaging program.

3--1 hour programs

Location	Day	Time	Code	Date	\$
HiddenOaks	T	4pm	5FP.NEPZ	1/14	\$24/ea.

Nature DIY Valentines

(6-12 yrs.) Nothing says "I love you" more than a homemade card. Use natural materials to create your own card just in time for the holiday. Materials will be provided for cards that kids can make. Stay for a little while, or the whole time.

1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawncPk	Sa	2pm	RR5.F1E2	2/8	\$9/child

Family/All Ages

Child must be accompanied by an adult also registered in the program.

Winter Bird Walk

(4-Adult) Take a hike through the woods with a naturalist to listen and look for the park's winter avian residents and migrants. Find out what birds do to survive the winter weather.

1--1 hour program

Location	Day	Time	Code	Date	\$
LkAccontPk	Su	3:30pm	4F9.XJPM	12/1	\$8/ea.
BurkeLakePk	Sa	10:30am	4F9.5GM3	1/4	\$8/ea.
ECLawncPk	Su	9:30am	4F9.Y9TW	1/5	\$8/ea.
LkAccontPk	Su	10am	4F9.9RKL	1/19	\$8/ea.
Riverbend Pk	Su	10am	4F9.RZIP	1/19	\$8/ea.
ECLawncPk	Sa	10am	4F9.26E3	2/15	\$8/ea.
Riverbend Pk	Su	10am	4F9.IAQB	2/16	\$8/ea.
LkAccontPk	Su	4pm	4F9.JIN6	2/23	\$8/ea.

Corn Grinding & Clay Pottery

(4-Adult) Learn how the Powhatan Native Americans used the plants and animals for their medicine, grocery store and clothing. Immerse yourself in a way of life 400 years ago. Grind corn, make a clay pot, master corn darts and go on a guided tour to see the park from the perspective of a Virginia Indian.

1--2 hour program

Location	Day	Time	Code	Date	\$
HuntMdws	W	1pm	147.ZUSE	12/4	\$12/ea.
HuntMdws	W	1pm	147.2H9F	2/5	\$12/ea.

Snake and Turtle Feeding

(4-Adult) Enjoy a brief presentation and demonstration by our animal caretaker staff. At least one snake, two turtles and a toad will be fed.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Th	6:30pm	EFC.3FGE	12/5	\$7/ea.
HiddenOaks	W	2pm	EFC.PFYN	1/29	\$8/ea.

Wonderful Winter Wildlife

(4-Adult) Read a story book about animals and their unique adaptations that help them survive the cold

winters. Then bundle up and take a hike to look for signs of winter wildlife or play an outdoor game based on the theme of the story.

1--1 hour program

Location	Day	Time	Code	Date	\$
Riverbend Pk	Sa	2pm	LGI.PK26	12/7	\$8/ea.
Riverbend Pk	Sa	2pm	LGI.0AG8	1/4	\$8/ea.
Riverbend Pk	Sa	2pm	LGI.D506	2/1	\$8/ea.

Hot Cocoa Wetland Night Hike

(4-Adult) Sip hot cocoa and join a naturalist for a special winter wonder wetland tour after dark. We will look for signs and listen for sounds of beavers, owls, deer and other nocturnal winter animals. Participants are encouraged to bring their own mug to help us reduce waste.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
HuntMdws	Sa	3:45pm	756.C5X0	12/7	\$10/ea.
HuntMdws	Su	4:15pm	756.E8TA	1/19	\$10/ea.
HuntMdws	Sa	4:30pm	756.9EU2	2/1	\$10/ea.
HuntMdws	F	4:30pm	756.756K	2/7	\$10/ea.

Naturally Crafted

(5-Adult) Using found natural objects and recycled materials we will craft unique pieces of art for you and your family to take home and proudly display. Materials included in price.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
Riverbend Pk	Su	1pm	Q2B.Q0N5	12/8	\$12/ea.
Riverbend Pk	Su	1pm	Q2B.58GS	2/9	\$12/ea.

Family Owl Outing

(6-Adult) Discover the secret world of owls. Learn what makes these raptors excellent night predators with a presentation followed by a trail hike to hopefully hear or spot one of Huntley's resident owls.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
HuntMdws	Su	4:30pm	A78.BW1D	12/8	\$9/ea.

Animal Feeding

(3-Adult) It's dinner time at the nature center and worms and insects are on the menu. Help our naturalist care for and feed the nature center's animals.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenPond	W	4:30pm	46D.RIZH	12/11	\$8/ea.
HiddenPond	W	4:30pm	46D.T0YG	1/15	\$8/ea.
HiddenPond	W	4:30pm	46D.C4IX	2/12	\$8/ea.
HiddenPond	W	4:30pm	46D.1XTF	2/26	\$8/ea.

Geminid Meteor Shower & Cocoa

(5-Adult) Join park naturalists for a special opportunity to be in the park after dark and delight in the magic of the geminid meteor shower. Peer through the telescope and enjoy an astronomy talk with a park naturalist. Bring a yoga mat or blanket and find a comfortable spot on the boardwalk to gaze at the night sky while you sip hot cocoa. Bundle up and space out with us on this crisp winter evening.

1--2 hour program

Location	Day	Time	Code	Date	\$
HuntMdws	Sa	8pm	TBM.B80X	12/14	\$12/ea.

Family Wreath Making

(All Ages) Make your own seasonal wreath out of vines decorated with greens, cones, dried flowers and ribbons. Register one adult to reserve the supplies for yourself and/or your family. One wreath per registrant. Please register another adult per additional wreath.

1 Supply Kit

Location	Day	Time	Code	Date	\$
HiddenPond	Su	1pm	980.NWKN	12/15	\$25/kit
HiddenPond	Su	3:30pm	980.QHV6	12/15	\$25/kit

Winter Solstice Evening Walk

(5-Adult) Celebrate the first day of winter and shortest day of the year with a Park Naturalist for an outing into the forest and wetland at sunset on this December evening. We will look and listen for signs of nocturnal wildlife.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
HuntMdws	Sa	4pm	8CF.PEK4	12/21	\$9/ea.

Twilight Boardwalk Stroll

(6-Adult) Join a park naturalist for a guided walk along the forested paths to the wetland and experience the park as it transitions from day into night. Watch and listen for nocturnal residents such as weavers and owls.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
HuntMdws	Sa	4:30pm	343.1RTG	12/28	\$10/ea.
HuntMdws	Sa	4:30pm	343.YVVT	1/11	\$10/ea.
HuntMdws	Sa	4:30pm	343.KXZX	2/8	\$10/ea.

First Sunrise Hike of the Year

(4-Adult) Take a hike with a naturalist in the early morning to view the stunning first sunrise of the year as it crests over the lake. Rejuvenate as you walk along the park trails and signal in the new year.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	W	6:30am	NAU.2EWN	1/1	\$8/ea.

First Sunset Hike of the Year

(4-Adult) Take a hike with a naturalist in the evening to view the stunning first sunset of the year as it sets over the lake. Rejuvenate as you walk along the park trails and signal in the new year.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	W	4:30pm	MMU.TSST	1/1	\$8/ea.

Penguins and Polar Bears

(2-Adult) Through trail activities, learn more about penguins, polar bears and other animals who enjoy the chilly temperatures. The entire program is outdoors.

1--1 hour program

Location	Day	Time	Code	Date	\$
Riverbend Pk	Su	1pm	ECD.9X00	1/5	\$7/ea.
Riverbend Pk	Su	1pm	ECD.4BEA	2/2	\$7/ea.



Fireside Family Fun

(3-Adult) Bring a cozy blanket or sleeping bag and huddle up by the fireplace to listen to a winter-themed story while you sip on hot cocoa. Then create a cool craft based on the theme of the story.

1--1 hour program

Location	Day	Time	Code	Date	\$
Riverbend Pk	Sa	3pm	3KP.H3PB	1/11	\$9/ea.
Riverbend Pk	Su	3pm	3KP.XU9D	2/2	\$9/ea.
Riverbend Pk	Sa	3pm	3KP.3H4M	2/22	\$9/ea.

Animal Adaptations

(4-Adult) Many animals have unusual physical and behavioral adaptations that enable them to get a meal or to keep from being a meal. Compare and contrast the adaptations of deer, owls, squirrels and turtles in this variation on a popular school field trip. Program is outdoors.

1--1 hour program

Location	Day	Time	Code	Date	\$
LkAccontkPk	Sa	3pm	1R3.VFB5	1/18	\$8/ea.

Birds Around Us

(4-Adult) Beaks, feathers, nests and talons are examined to explore the avian world that surrounds us. Find out about bird life cycles, migration patterns and adaptations that make these creatures fascinating.

1--1 hour program

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Su	11am	6ED.6BP0	1/19	\$8/ea.
LkFairfaxPk	Su	11am	6ED.NXIQ	2/9	\$8/ea.

Dye It Up

(5-Adult) Learn to make and use natural dyes to transform your white shirts into colorful masterpieces. Fairfax County prohibits foraging in county parks, so this class will focus on identifying plants that can be made into dye and teaching the steps of the dying process. Please bring your own white t-shirt or other white fabric to the class.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
LkAccontkPk	Su	12pm	ZFY.Y84Z	1/19	\$12/ea.

Owl Walk and Talk

(4-Adult) Enjoy a late afternoon walk to learn why winter is the best time to go owl-ing. During a story reading, learn to identify local owl calls, discover why owls are nicknamed flying tigers of the night and enjoy a woodland stroll.

1--1 hour program

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Su	5:30pm	7X8.EMT4	1/26	\$8/ea.
HiddenOaks	Sa	5pm	7X8.94LD	2/1	\$8/ea.
LkFairfaxPk	Su	5:30pm	7X8.BXF7	2/16	\$8/ea.

Home Made Bird Feeders

(2-Adult) Bring a clean, empty, plastic bottle to make a bird feeder. We discuss tips for feeding birds and learn to identify common birds that visit home bird feeders. Dress for the weather and bring binoculars.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	11am	420.TPJO	2/1	\$8/ea.

ASTRONOMY FESTIVAL

Enjoy a cosmic adventure under the stars with Fairfax County Parks captivating astronomy festivals!

Saturday, December 14 ✧ 5 - 7:30 p.m.
Saturday, January 18 ✧ 5 - 7:30 p.m.
Saturday, February 15 ✧ 5:30 - 8 p.m.

\$10 per person
 Turner Farm Park Observatory
 925 Springvale Road, Great Falls

www.fairfaxcounty.gov/parks/astronomy



Feed the Birds Day

(4-Adult) Come celebrate National Feed the Birds Day! Explore various bird species, bird calls, learn what they eat and do during the winter. Create a feeder to bring home.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	10:30am	XDG.K0VV	2/2	\$12/ea.

Birds of Prey

(5-Adult) Join a naturalist to learn about what makes birds of prey, also known as raptors, different from other birds. Participate in activities and discussions about how these fierce hunters have adapted to their environment and why they are essential creatures in our ecosystem. The class will end with a walk to search for signs of raptors all around us.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	1pm	ZBZ.TYKS	2/9	\$8/ea.

Tea Rex Tea Party

(4-Adult) Join us for a ferociously fun tea party highlighting Cretaceous creatures, a puppet show and a sit down tea.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	2pm	5RQ.CT27	12/14	\$15/ea.

How to Say "Be Mine" in the Animal World

(3-Adult) Animals communicate in many ways. Learn how to express your affection in chimpanzee, toad, and wolf on this outdoors Valentine's Day walk and talk.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	10:30am	Q4J.U437	2/16	\$8/ea.

All Things Frozen Tea Party

(4-Adult) Join the naturalist as she shares stories

about animals that enjoy being chilly including penguins and polar bears plus others that can get through the cold. Come dressed as your favorite frozen friend. Enjoy a sit down tea with china cups, treats and snow crafts. Contact the nature center one week prior with any dietary restrictions.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	1pm	8C1.IZU7	2/22	\$15/ea.

Scavenger Hunt Adventure at the Lake

(4-Adult) Join a naturalist to learn about various nature topics that relate to the lake depending on the season. Then go on a scavenger hunt adventure to find different related objects around the lake and collect a small themed prize.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	10:30am	GZ6.NN0V	2/23	\$8/ea.

Older Family Programs

Winter Waterfowl Hike

(8-Adult) Hike with a naturalist to search winter waterfowl along the Upper Potomac River. Bring binoculars and spotting scopes.

1--2 hour program

Location	Day	Time	Code	Date	\$
Riverbend Pk	Su	10am	259.OYFQ	1/5	\$10/ea.
Riverbend Pk	Su	10am	259.Q1B4	2/2	\$10/ea.

Foraging for Wild Edibles

(9-Adult) With every season there are different blooms, leaves, roots, seeds and mushrooms that you can identify and eat. Learn how to eat from the forest safely and ethically as you join a Naturalist on a walk by the Lake.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	10:30am	8Y3.BJ4F	1/18	\$10/ea.

Invasive Plant Identification Walk

(8-Adult) Identify some of Fairfax County's common invasive plant species. Explore ways to lessen these plants around your home.

1--1 hour program

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Su	2pm	660.39DQ	1/19	\$8/ea.
BurkeLakePk	Su	10:30am	660.VW09	1/26	\$8/ea.
LkFairfaxPk	Su	12pm	660.WLFC	2/23	\$8/ea.

World Wetlands Day 50th Anniversary Walk



(12-Adult) We will celebrate the park's 50th anniversary with a presentation about the history of environmentalism and a naturalist guided walk through the forested trails and wetland boardwalk.

1--2 hour program

Location	Day	Time	Code	Date	\$
HuntMdws	Su	1pm	54I.9843	2/2	\$9/ea.

Winter Stream Life

(8-Adult) Explore Walney Creek with a naturalist to meet some of the small creek critters (macroinvertebrates) that call it home. Learn why so many different types of macroinvertebrates are active in winter streams. The naturalist will demonstrate winter collecting and participants can help pick, sort and learn to identify these magnificent critters.

1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawncPk	Sa	1pm	9A6.VQ81	2/1	\$8/ea.

Adult Programs

Full Moon Meditation

(Adults) Take time to set intentions for the next month while engaging in mindfulness practices under the full moon along the Potomac River. A variety of techniques such as breathwork, gentle stretches and purposeful movement will be used. Please bring your own yoga mat or camping chair. Appropriate for all skill levels.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
Riverbend Pk	Su	5pm	8EC.86MP	12/15	\$12/ea.
Riverbend Pk	M	5:30pm	8EC.AZRZ	1/13	\$12/ea.
Riverbend Pk	W	6pm	8EC.006S	2/12	\$12/ea.

Volunteer Spotlight:

Lauren Crum and Shelley Deutch

Oakton Community Park Volunteer Team



As an outgrowth of the Greater Oakton Community Association, the Oakton Community Park Volunteer Team formed in Spring 2021 for the purpose of collaborating with the Fairfax County Park Authority (FCPA) on enhancements to Oakton Community Park. The park is the present-day setting for the historic Oakton Schoolhouse. The Oakton Community Park Volunteer Team organizes volunteers to support special events, present educational programs, install and maintain plantings and conduct invasive management activities in coordination with FCPA.

Lauren Crum and Shelley Deutch have co-led the Oakton Community Park (OCP) Volunteer Team (PVT) through its formation and they continue serving today. In the role of PVT lead, they both serve as the PVT's point of contact with FCPA to coordinate volunteer activities and ensure alignment with FCPA Natural and Cultural Resource Management Plans, program guidelines, maintenance standards and volunteer management guidelines.

What first prompted you to get involved in volunteering with the Park Authority?

Lauren: We noticed that the grass was overgrown in our small local park and it was not being used by the community. Shelley and I reached out to FCPA's Area Operations and Invasive Management teams to see if they could help us mow the grass more frequently and help clear the wooded area that was full of invasive plants. That led to a great partnership where residents work closely with IMA. Finally, we invited everyone to a community festival that we call Oakton Day in the Park because we were trying to get the community interested in the Park. The Park is now used widely by the community.

Shelley: We — the Greater Oakton Community Association — were also really intrigued by the historic 1897 schoolhouse located in OCP. The schoolhouse used to be the original part of Appalachian Outfitters, a well-loved sporting goods store that was the most visible marker of Oakton, located at the intersection of Hunter Mill and 123. One could always tell they'd reached Oakton when they spotted the big red canoe that hung from its exterior wall! The schoolhouse was moved to OCP when the park was created in 2005. It is beautifully restored and maintained, but we dream of the time it can once again serve as a community gathering place, as it did in the early 1900s. The Park Authority has kindly allowed us to open it for special occasions, but we are now working on an agreement that will allow us to open it more often, and we are exploring ways to introduce water and sewer to the park that will make it more useful yet.

What does volunteering mean to you?

Lauren: It means I am using my time, energy and skills to build a better community.

Shelley: What a great explanation. I have nothing to add!

National Bird Day & Bagels

(16-Adult) Celebrate National Bird Day and join a Park Naturalist to assist with the Christmas Bird Count by learning how to identify different bird species found in the forest and wetland habitats. We will tally different species we find and end the program with complementary bagels and coffee.

1--3 hour program

Location	Day	Time	Code	Date	\$
HuntMdws	Su	8am	669.OPEY	1/5	\$15/ea.

Wetland at Dusk Walk

(Adults) Join park naturalists for a relaxing stroll through the park's forest and wetland paths. Look and listen for wildlife settling down or waking up during the transition of day to night.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
HuntMdws	F	4:15pm	F3C.6XEM	1/17	\$10/ea.

Drawing and Learning about Bones

(16-Adult) Learning about bones, skeletons and skulls can really improve your drawings of animals. Discover how to simplify the drawing of bones by working on toned paper using a combination of thin black markers, white gel pens and colored pencils. Watercolor options will be discussed.

2--2 hour programs

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	9:30am	BF0.EUKD	2/8	\$40/ea.

Couples Evening at the Nature Center

(Adults) Enjoy a peaceful adults only visit to the nature center for Valentine's Day. Meet animals and learn about their dating and mating habits. An activity and a special treat complete your nature-themed holiday celebration. Each attendee must register individually.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
HiddenOaks	F	7pm	5J6.C3P3	2/14	\$12/ea.

Campfire Programs

Children must be accompanied by an adult also registered in the campfire program.

To Build a Fire

(4-Adult) Learn the science and art of building a fire and then test your skill with primitive fire bows and modern fire-making techniques. Use your new skills to roast some s'mores at the end.

1--1 hour program

Location	Day	Time	Code	Date	\$
Riverbend Pk	Sa	12pm	9DC.M5DD	12/7	\$10/ea.
Riverbend Pk	Sa	12pm	9DC.ISM0	1/4	\$10/ea.
Riverbend Pk	Sa	12pm	9DC.8JVT	2/1	\$10/ea.

Flying Squirrel Campfire

(4-Adult) Enjoy an evening around the campfire, toasting marshmallows over the embers and learn about flying squirrels that live in our area. Cancelled in case of inclement weather.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	F	7pm	4F5.7PI3	12/13	\$8/ea.
HiddenOaks	Sa	7pm	4F5.0INP	1/11	\$8/ea.
HiddenOaks	Su	7pm	4F5.4VBG	2/23	\$8/ea.



Caroling Wagon Ride & Campfire

(4-Adult) Join us in song and exploration on a wagon ride. Warm up with refreshments at the campfire.

1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrencePk	Sa	2pm	6B4.3V1T	12/14	\$9/ea.
ECLawrencePk	Sa	3:30pm	6B4.80RP	12/14	\$9/ea.

Full Moon Nature Hike & Campfire

(6-Adult) Enjoy nature's tranquil beauty and the night sky under a full moon. Your naturalist guide points out signs of creatures that glide, fly and tiptoe through the woods in the dark. Enjoy a campfire after the hike with s'mores provided.

1--1 hour 30 minute campfire

Location	Day	Time	Code	Date	\$
LkAccontPk	Su	5:30pm	193.1600	12/15	\$10/ea.
Riverbend Pk	F	6pm	193.MD8Y	1/10	\$10/ea.
LkAccontPk	W	6:30pm	193.570K	2/12	\$10/ea.
Riverbend Pk	F	6pm	193.DYUG	2/14	\$10/ea.

All About Owls Campfire

(4-Adult) Barred owls inhabit our stream valley parks. Learn to identify these owls from other native owls while enjoying the campfire. Toast marshmallows over the embers. Canceled in case of inclement weather.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	7pm	232.VNWA	12/22	\$8/ea.

Campfire Night Hike - Predators at Night

(4-Adult) Enjoy a night hike to learn about nocturnal hunters. Listen to taped calls of owls and coyotes and possibly catch a glimpse of them in the forest. End the evening with s'mores round the campfire.

1--1 hour campfire-\$8

1--1 hour 30 minute campfire--\$10

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Sa	5pm	02D.9R4C	1/4	\$10/ea.
BurkeLakePk	Sa	5pm	02D.3LEY	1/25	\$10/ea.
ECLawrencePk	Sa	6pm	02D.NOE6	2/8	\$8/ea.
LkFairfaxPk	Su	5:30pm	02D.EXNQ	2/9	\$10/ea.
LkFairfaxPk	M	5:30pm	02D.IU4F	2/17	\$10/ea.

Campfire Fridays

(5-Adult) Join us for an evening campfire the whole family can enjoy. Explore the wonders of our natural world through nature walks, interactive activities and animal presentations. Includes s'mores. Topics vary by date.

1--1 hour campfire--\$8

1--1 hour 30 minute campfire--\$10

Location	Day	Time	Code	Date	\$
LkAccontPk	F	5:30pm	546.J3VJ	1/10	\$8/ea.
HiddenPond	F	6pm	546.P25N	1/17	\$10/ea.
LkFairfaxPk	F	5:30pm	546.9T9Q	1/31	\$10/ea.
LkFairfaxPk	F	6pm	546.VQHX	2/7	\$10/ea.
HiddenPond	F	6pm	546.G7Q0	2/21	\$10/ea.
LkFairfaxPk	F	5:30pm	546.1GRH	2/28	\$10/ea.
LkAccontPk	F	6:30pm	546.NJTR	2/28	\$8/ea.

Campfire Saturdays - Stargazing

(3-Adult) Enjoy a stroll along the lake shores and learn about the constellations, their stories and other night-sky features. Our astronomical naturalist will identify the stars and will have some telescopes to use. The program concludes with a campfire. S'mores ingredients provided.

1--1 hour 30 minute campfire

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	5pm	395.LFZ7	1/11	\$10/ea.
LkFairfaxPk	Sa	5:30pm	395.YFPN	2/1	\$10/ea.
BurkeLakePk	Sa	5:30pm	395.JR5H	2/15	\$10/ea.
LkFairfaxPk	Sa	5:30pm	395.5EML	2/22	\$10/ea.

Vernal Pool Ventures Campfire

(4-Adult) Vernal pools are one of our parks most fascinating and elusive ecosystem. Join us after hours as we hike the trails and search for signs of new amphibian life. Learn about the life cycle and early development of local amphibians. Hike the trails at night and end with roasting s'mores over a campfire.

1--1 hour 30 minute campfire

Location	Day	Time	Code	Date	\$
ECLawrencePk	Sa	5:30pm	721.5A2E	3/1	\$10/ea.

Sketch Hike Programs

Winter Trees and Landscapes

Sketch Hike

(12-Adult) Join park naturalist and artist Margaret Wohler on a walk through the park to learn about the techniques of drawing winter trees and landscapes. Drawing supplies included.

1--2 hour program

Location	Day	Time	Code	Date	\$
HuntMdw	Su	10am	FC1.AYPP	12/8	\$15/ea.

Signs of the Beaver Sketch Hike

(12-Adult) Join artist and naturalist Margaret Wohler to learn about Huntley's nocturnal engineers by studying and drawing the tracks and traces they leave behind. We will learn about the lives of beavers, have a little basic drawing instruction and then go hiking to find signs of beaver activity. All art materials provided.

1--2 hour program

Location	Day	Time	Code	Date	\$
HuntMdw	Su	10am	W7C.7M66	1/12	\$15/ea.

Poetry in Nature Sketch Hike

(10-Adult) Come enjoy a little creative time in the wild through poetry and drawing outdoors! Join naturalist and artist Margaret Wohler as we combine writing exercises and basic drawing skills to create a field page filled with images and words describing the Huntley wetlands and woods. Families are welcome. All drawing materials will be provided.

1--2 hour program

Location	Day	Time	Code	Date	\$
HuntMdw	Sa	10am	MDS.ECJW	1/25	\$18/ea.

World Wetlands Day Sketch Hike

(10-Adult) Celebrate World Wetlands Day by joining park naturalist and artist Margaret Wohler on a hike to learn about the vital role wetlands play while identifying plants and animals. Learn drawing techniques to enhance your wetland observation skills. Drawing supplies included.

1--2 hour program

Location	Day	Time	Code	Date	\$
HuntMdw	Su	10am	YF6.WU00	2/2	\$15/ea.

Lichens Sketch Hike

(10-Adult) What happens when a fungus and an algae take a lichen to each other? Join local artist and naturalist, Margaret Wohler, to learn all about this hybrid organism, identify those greenish patches seen on trees and rocks and learn how to draw the textures defining lichen colonies.

1--2 hour program

Location	Day	Time	Code	Date	\$
HuntMdw	Sa	10am	830.3RAV	2/15	\$18/ea.

Sketching along the Lakeside

(13-Adult) Walk with a naturalist by the lakeside and learn techniques and tips for drawing the natural world. Gain a better understanding of how to utilize different sketching and observational skills. Bring the medium of your choice to the class.

1--2 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	10am	NYJ.MKAA	2/22	\$18/ea.

Outdoor Recreation

Scan the QR code to go directly to the Parktakes Online Outdoor Rec page.



Burke Lake Park

7315 Ox Road • Fairfax Station
703-323-6600

www.fairfaxcounty.gov/parks/burkelake

Burke Lake's expansive park offers a wide range of activities for all ages.

- Boating
- Fishing (*Va. fishing license required*)
- Camping
- Trails
- Mini golf
- Volleyball
- Miniature train
- Carousel
- Ice cream parlor
- Picnic areas with grills
- Playgrounds
- Disc golf course

Sailboats, gasoline motors, kayaks (unless used for fishing) and swimming are prohibited. Park grounds and restrooms are open daily, closed only on Dec. 25. Rowboat rentals available. For hours and fees, visit the website or call the park.



Lake Accotink Park

7500 Accotink Park Road • Springfield
703-569-0285

www.fairfaxcounty.gov/parks/accotink

Nestled in Springfield, Lake Accotink is a hidden gem bursting with fun for the whole family!

Pavilion shelters and picnic areas with grills may be reserved by calling 703-324-8732. Sailboats, gasoline

- Boating
- Fishing (*Va. fishing license required*)
- Trails
- Picnic areas with grills
- Bike rentals
- Kayak and pedal boat rentals
- Playground
- Mini Golf
- Carousel

motors, swimming, paddleboarding and windsurfing are prohibited. Park grounds are open year-round. For facility hours and fees, visit the website or call the park.



Lake Fairfax Park

1400 Lake Fairfax Drive • Reston
703-471-5415

www.fairfaxcounty.gov/parks/lakefairfax

Home of the Water Mine Family Swimmin' Hole, Lake Fairfax is for outdoor lovers of all ages!

- Boating
- Fishing (*Va. fishing license required*)
- Camping
- Trails
- Picnic areas with grills
- Athletic fields
- Skate park
- Pump track
- Boat rentals
- The Water Mine Family Swimmin' Hole (*Open through Sept 2.*)

Pavilion shelters and picnic areas with grills may be reserved by calling 703-324-8732. Sailboats, gasoline motors, electric-powered boats and swimming in the lake are prohibited. For hours and fees, visit the website or call the park.



Riverbend Park

8700 Potomac Hills Street • Great Falls
703-759-9018

www.fairfaxcounty.gov/parks/riverbend

A park steeped in Native American history, Riverbend Park is a tranquil setting on the Potomac River that offers outdoor recreation and wildlife.

- Boating
- Fishing (*Va. or Md. fishing license required*)
- Trails
- Forest
- Meadows
- Kayak and canoe rentals
- Boat launch
- Riverside picnic areas with grills
- River view observation deck
- Visitor center

Fishing bait and tackle, rod rentals and snacks are available at the visitor center. Grounds open from 7 a.m. to dusk. A boat launch is provided for kayaks, canoes and jon boats (\$5 per boat or \$40 for annual launch pass).



The Fairfax County Park Authority has a variety of beautiful outdoor facilities available for your next event! For information about our reservable areas, fees, amenities, availability and booking, visit www.fairfaxcounty.gov/parks/picnics

For help planning your event, email FCPApicnics@fairfaxcounty.gov or call 703-324-8732.



THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

Stay up to date via



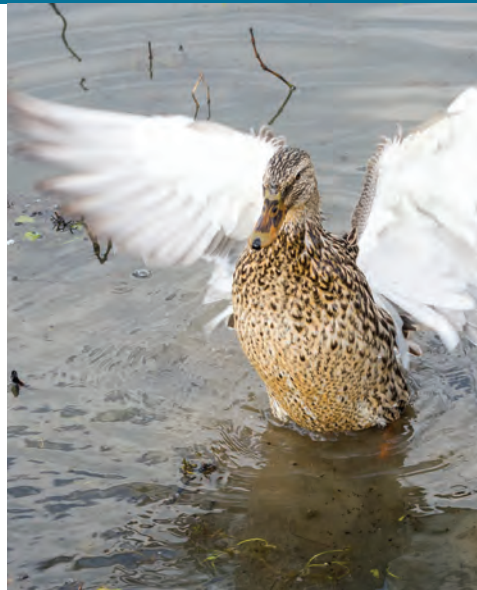
Web:
www.fairfaxcounty.gov/parks/parktakes



Social Media:
@FairfaxParks



Join our email list:
www.fairfaxcounty.gov/parks/parktakes



Birding Programs

Birding for Beginners

(12-Adult) Learn about the park's birds and basic identification skills. This program for beginners starts with a bird identification discussion. Children ages 12 - 16 must be accompanied by a registered adult.

1--3 hour program

Location	Day	Time	Code	Date	\$
HuntMdws	Su	8am	A4F.R133	12/22	\$19
HuntMdws	Su	8am	A4F.11UF	1/26	\$19
HuntMdws	Su	8am	A4F.K892	2/16	\$19

Birding at Huntley

(12-Adult) Over 200 species of birds have been identified in the forests, meadows, and wetland habitats of Huntley Meadows Park. Each season brings new feathered residents, for brief or extended stays. Grab your binoculars and join a park naturalist on your next birding adventure. All skill levels welcome.

1--3 hour program

Location	Day	Time	Code	Date	\$
HuntMdws	W	8am	SSY.XTSD	1/8	\$19
HuntMdws	W	8am	SSY.4UKM	2/19	\$19

Other Programs

Geocaching Adventures (8-Adult)

(8-Adult) Join us for a tour of caches throughout Fairfax County. Hunt for hidden treasures throughout our park system using a GPS. Join one class or sign up for them all. Equipment provided.

1--2 hour lesson

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	1pm	K98.OENK	1/12	\$16

Basic Bike Maintenance

(10-Adult) Learn essential bike maintenance skills in this hands-on class. Students master the art of changing a tire, adjusting brakes and ensuring your bike is road ready. Discover important safety tips for both you and your bike. Bring your own bike and get ready to hit the road with confidence!

4BM 4--55 minute lessons--\$74

Location	Day	Time	Code	Date	\$
ProvRec	W	1:15pm	ETQ.YH11	1/15	4BM

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Alexandria, Va. 22312
703-941-1061

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Lorton, Va. 22079
703-493-8849

- 30-station practice range
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- Target greens at varying distances



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Clifton, Va. 20124
703-631-9099

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GOLF

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Oakton, Va. 22124
703-255-5390

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- LED Lights
- Mat and natural-grass tees



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Performing Arts

Scan the QR code to go directly to the Parktakes Online Performing Arts page.



Please note:

- All instructors have different teaching styles.
- Wear comfortable clothing. Any clothing requirements will be discussed at the first class.
- All music classes are group instruction.
- Music books or any other instructional aids are available for purchase at the first class.
- Students must have their own guitar, banjo or harmonica for use in class.
- Piano students need to have access to a piano for practice out of class.
- Some classes may have supply fees so check class descriptions for details. Any supply fees are payable to instructor at first class and are non-refundable.

THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

Stay up to date via



Web:

www.fairfaxcounty.gov/parks/parktakes



Social Media:

@FairfaxParks



Join our email list:

www.fairfaxcounty.gov/parks/parktakes



Weather Procedure



For weather-related closings or cancellations, visit www.fairfaxcounty.gov/parks/weather or call the FCPA inclement weather hotline **703-324-8661**



Drama Classes

Act Up! Aloha Adventure Island

(7-14 yrs.) Young actors explore short scenes inspired by popular stories with comedy, drama and hilarious improv games in this Moonlit Wings program. Students sharpen speech, stage presence and teamwork through theatre. Parents are invited to a mini-performance during the final class.

DPVD	7--1 hour 25 minute lessons--\$138				
Location	Day	Time	Code	Begin	\$
CubRunREC	Th	7pm	KSY.YF12	1/30	DPVD
Franconia Rec	M	7pm	KSY.68DA	1/27	DPVD
OakmontREC	Su	11:30am	KSY.PO0D	1/26	DPVD
ProvREC	Sa	11:30am	KSY.EX01	1/18	DPVD
SoRunREC	T	7pm	KSY.V6Y0	1/28	DPVD
SpHillREC	Th	7pm	KSY.USXL	1/30	DPVD
Wkfld/Moore	Sa	3:30pm	KSY.M7NU	1/25	DPVD

All Star Drama Club

(7-14 yrs.) Young performers will dive into new lessons with fresh scripts of comedy, drama and hilarious improv games with Moonlit Wings' Drama Club. Sharpen speech, stage presence, and teamwork through theatre. Parents are invited to a mini performance during the final class.

DPVD	7--1 hour 25 minute lessons--\$138				
Location	Day	Time	Code	Begin	\$
CubRunREC	Th	5:30pm	UN4.QXWS	1/30	DPVD
Franconia Rec	M	5:30pm	UN4.3C09	1/27	DPVD
FryingPanPK	Sa	10am	UN4.6SVZ	1/25	DPVD
OakmontREC	Su	10am	UN4.2APP	1/26	DPVD
ProvREC	Sa	10am	UN4.I2MI	1/18	DPVD
SoRunREC	T	5:30pm	UN4.WDMU	1/28	DPVD
SpHillREC	Th	5:30pm	UN4.BTHV	1/30	DPVD
Wkfld/Moore	Sa	2pm	UN4.2E6W	1/25	DPVD

Music Classes

Dynamic Drums

(6-12 yrs.) Students are introduced to the drum and participate in an ensemble music group in this Learn Now Music class. A \$20 supply fee for rental instrument and music is payable before class starts online at <https://learnnowmusic.com/updatepayment/>

CPVK	8--55 minute lessons--\$194				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	T	7pm	KXM.MX3D	1/14	CPVK

Guitar I

Learn to play, tune and care for your guitar. Students must furnish their own instrument. Any supply fees are payable to instructor at first class.

3PPA	8--55 minute lessons--\$102				
4PPA	10--55 minute lessons--\$127				
Location	Day	Time	Code	Begin	\$

(6-10 yrs.)

CubRunREC	Su	12pm	DFD.GFUY	1/12	3PPA
SoRunREC	Sa	9:15am	DFD.8MR2	1/11	4PPA
Wkfld/Moore	M	6pm	DFD.LOYC	1/13	4PPA

(10-Adult)

CubRunREC	Su	12pm	128.CXQ0	1/12	3PPA
OakmontREC	T	6pm	128.BT2X	1/7	3PPA
SoRunREC	Sa	9:15am	128.F834	1/11	4PPA
SoRunREC	M	5:30pm	128.5EMO	1/13	4PPA

(16-Adult)

Wkfld/Moore	M	8pm	1BF.U44Q	1/13	4PPA
CubRunREC	T	10:30am	1BF.DKRD	1/14	4PPA

MORE CLASSES ONLINE:

www.fairfaxcounty.gov/parks/parktakes

Guitar II

Prerequisite: Guitar I or equivalent.

3PPA	8--55 minute lessons--\$102
4PPA	10--55 minute lessons--\$127

Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
CubRunREC	F	5pm	641.HUZF	1/17	3PPA
SoRunREC	Sa	10:15am	641.OSAX	1/11	4PPA
Wkfld/Moore	M	7pm	641.KVOS	1/13	4PPA
(10-Adult)					
CubRunREC	F	5pm	030.ZA16	1/17	3PPA
SoRunREC	Sa	10:15am	030.80A5	1/11	4PPA
(16-Adult)					
ProvREC	T	9:30am	19X.XQUJ	1/14	3PPA

Groovy Guitar

(6-12 yrs.) Students will be introduced to the guitar and participate in an ensemble music group in this Learn Now Music class. A \$20 supply fee for rental instrument and music is payable before class starts at <https://learnnowmusic.com/updatepayment/>.

CPVK	8--55 minute lessons--\$194
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Location	Day	Time	Code	Begin	\$
OakmontREC	W	7pm	UKT.IKV5	1/8	CPVK

Rock Guitar

(10-Adult) An introduction to rock-and-roll guitar playing. Students learn rock guitar and improvisation basics. Beginners encouraged. Students should supply their own instruments. Those with electric guitars should bring a portable amplifier.

3PPA	8--55 minute lessons--\$102
4PPA	10--55 minute lessons--\$127

Location	Day	Time	Code	Begin	\$
CubRunREC	F	6pm	189.DNHV	1/17	3PPA
SoRunREC	M	6:30pm	189.PNEY	1/13	4PPA

Piano-Beginning I

Group instruction. Learn fundamentals including reading music and keyboard skills. Students must have access to piano or keyboard for practice. A supply fee of \$10-\$15 payable to instructor at first class.

3PPA	8--55 minute lessons--\$102
DPPA	8--55 minute lessons--\$97

Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
Little Run ES	Sa	1pm	69C.6PQB	1/11	DPPA
Little Run ES	Sa	11am	69C.JOR3	1/11	DPPA
Saratoga ES	M	5pm	69C.VTHG	1/13	DPPA
(10-Adult)					
Little Run ES	Sa	10am	A86.LVFC	1/11	DPPA
Saratoga ES	M	7pm	A86.KMVV	1/13	DPPA
(16-Adult)					
ProvREC	Th	11:10am	NK6.W07V	1/16	3PPA



Celebrate the Holidays in the Parks!

Turn to the Events section for a schedule of events.

Piano-Beginning II

Group instruction for students who have some piano experience. Improve fundamentals including reading music and keyboard skills. Students must have access to piano or keyboard for practice. A supply fee of \$10-\$15 payable to instructor at first class.

3PPA	8--55 minute lessons--\$102
DPPA	8--55 minute lessons--\$97

Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
Little Run ES	Sa	2pm	A0C.3DA2	1/11	DPPA
Little Run ES	Sa	12pm	A0C.5BUX	1/11	DPPA
Saratoga ES	M	6pm	A0C.3ZHV	1/13	DPPA
(10-Adult)					
Little Run ES	Sa	3pm	LSN.22DW	1/11	DPPA
Saratoga ES	M	8pm	LSN.EHOT	1/13	DPPA
(16-Adult)					
ProvREC	Th	10:10am	91D.3NVO	1/16	3PPA

Poppin Piano

(6-12 yrs.) Students will be introduced to the piano and participate in an ensemble music group in this Learn Now Music class. A \$20 supply fee for rental instrument and music is payable before class starts online at <https://learnnowmusic.com/updatepayment/>.

BPVK	6--55 minute lessons--\$141
CPVK	8--55 minute lessons--\$194

Location	Day	Time	Code	Begin	\$
OakmontREC	W	6pm	KCZ.RB6E	1/8	CPVK
SoRunREC	F	6pm	KCZ.UT95	1/17	BPVK
SpHillREC	M	6pm	KCZ.06TL	1/6	CPVK
Wkfld/Moore	T	6pm	KCZ.81VX	1/14	CPVK

Ukulele

(10-Adult) Learn music Aloha style. Class covers instrument playing basics including chord progressions, single-note playing and right-hand strumming techniques. Numerous styles are taught. Students must bring their own instrument.

3PPA	8--55 minute lessons--\$102
4PPA	10--55 minute lessons--\$127

Location	Day	Time	Code	Begin	\$
ProvREC	T	11:30am	A61.P6F8	1/14	3PPA
SpHillREC	Su	12pm	A61.BUH7	1/12	4PPA

Ukulele II

(10-Adult) Prerequisite; Ukulele I or equivalent.

4PPA	10--55 minute lessons--\$127
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Location	Day	Time	Code	Begin	\$
SpHillREC	Su	1pm	3F1.YY39	1/12	4PPA

Virtual Piano I

Group instruction. Learn fundamentals including reading music and keyboard skills in this online class. Students must have access to piano or keyboard for practice. We will email the Microsoft Teams link for the class as well as the information to purchase the required piano book which will cost about \$10.

DPPA	8--55 minute lessons--\$97
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Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
Virtual FCPA	Sa	10am	JTQ.333Y	1/4	DPPA
Virtual FCPA	Th	5pm	JTQ.GD60	1/9	DPPA
(10-Adult)					
Virtual FCPA	Sa	9am	WZX.VEN0	1/4	DPPA
Virtual FCPA	Th	7pm	WZX.4DNB	1/9	DPPA

Virtual Piano II

Group instruction for students who have some piano experience. Improve fundamentals including reading music and keyboard skills. Students must have access to piano or keyboard for practice. We will email the Microsoft Teams link for the class as well as the information to purchase the required piano book which will cost about \$10.

DPPA	8--55 minute lessons--\$97
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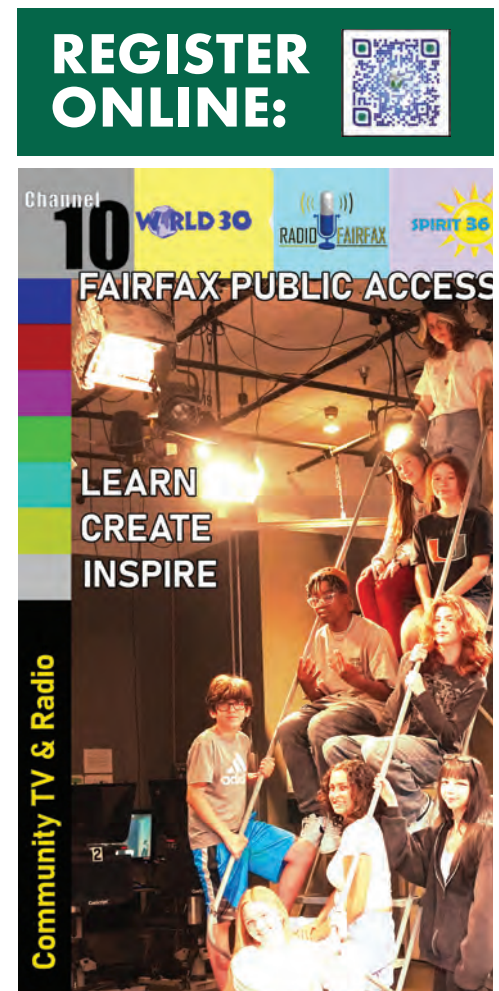
Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
Virtual FCPA	Th	6pm	BHQ.WTBG	1/9	DPPA
(10-Adult)					
Virtual FCPA	Th	8pm	COU.QBU6	1/9	DPPA

Viva Violin

(6-12 yrs.) Students will be introduced to the violin and participate in an ensemble music group in this Learn Now Music class. A \$20 supply fee for rental instrument and music is payable before class starts online <https://learnnowmusic.com/updatepayment/>.

BPVK	6--55 minute lessons--\$141
CPVK	8--55 minute lessons--\$194

Location	Day	Time	Code	Begin	\$
SoRunREC	F	7pm	Q1M.X2JL	1/17	BPVK
SpHillREC	M	7pm	Q1M.UQ19	1/6	CPVK



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Science/Technology

Scan the QR code to go directly to the Parktakes Online Science/Technology page.



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THANK YOU FOR YOUR FEEDBACK

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Astronomy Programs

Courses are held rain or clear skies in the Roll-Top Observatory at Turner Farm Park. Advance registration required, no walk-in registration available. Instruction for programs are provided by volunteers of the Analemma Society.

Exploring the Inner Planets

(8-Adult) The inner planets Mercury, Venus, Earth and Mars, plus Earth's Moon, all have mostly rocky compositions compared to the outer gas giant planets. Of the inner planets, likely only Earth has the conditions to support life. Examining handheld globes of the planets, we will explore their similarities and differences and find out why life is unique to Earth. The program includes observing of planets and the night sky in telescopes, weather permitting.

FEE B	1--1 hour program--\$8					
Location	Day	Time	Code	Date	\$	
TurnerFarm	T	7:30pm	MX6.610F	1/14	FEE B	

Exploring the Moon

(8-Adult) The Moon is as old as the Earth, and its surface is marked by craters and lava flows billions of years old. Explore these lunar features through a high-powered telescope and learn about their origins. See where the Apollo lunar landings occurred and discuss what the astronauts found. Class meets rain or shine with alternate viewing sessions available for cloudy days.

FEE B	1--1 hour program--\$8					
Location	Day	Time	Code	Date	\$	
TurnerFarm	M	7:30pm	54A.VKHR	12/9	FEE B	

Introduction to Astronomy

(8-Adult) This course provides a general introduction to some fundamentals of astronomy and the universe. We will discuss the basic types of astronomical objects from the small to the large, the motions of planets and stars, and interesting phenomena in the night sky. A classroom discussion is followed by an observatory session with telescopes, weather permitting.

FEE B	1--1 hour program--\$8					
Location	Day	Time	Code	Date	\$	
TurnerFarm	Th	7:30pm	C83.ZOUN	12/19	FEE B	
TurnerFarm	W	7:30pm	C83.2HWB	2/26	FEE B	

Introduction to Telescopes

(8-Adult) For those who are new to using a telescope or contemplating purchasing one, this course goes into introductory basics of astronomy, observing the sky and what you need to know to setup and use your telescope. Class will provide hands-on use of telescopes and observing objects in the sky in the Roll-Top Observatory if the weather allows. Attendees can bring their own telescope for assistance and advice.

Fee AK	1--1 hour 30 minute program--\$12					
Location	Day	Time	Code	Date	\$	
TurnerFarm	W	7:30pm	58B.YUYP	1/8	Fee AK	

Meteorites-Exploring Visitors from Space

(8-Adult) This class is an introduction to meteorites as we explore what they are and where they come from. Participants will be able to examine actual meteorites including specimens from the Moon and Mars. A discussion is followed by an observatory session with telescopes, weather permitting. The course will be held in the Roll-Top observatory classroom at Turner Farm Park. Instruction for this program is provided by volunteers of the Analemma Society.

FEE B	1--1 hour program--\$8					
Location	Day	Time	Code	Date	\$	
TurnerFarm	M	7:30pm	C90.TKM0	1/6	FEE B	

Nebulas, Star Clusters & Galaxies, Oh My!

(8-Adult) We are familiar with the stars and planets that we can see when the Sun sets. However, the night sky contains many wonders that are visible with binoculars or modest telescopes. This fun and interactive presentation is designed as an introduction to the most common of these astronomical "deep sky" objects. After the class, look through the telescopes in the observatory, weather permitting.

FEE B	1--1 hour program--\$8					
Location	Day	Time	Code	Date	\$	
TurnerFarm	M	7:30pm	C98.3XZE	2/24	FEE B	

New Astronomy - NextGen Electronic Telescopes

(8-Adult) Electronically Assisted Astronomy (EAA) combines traditional optical telescopes with modern electronic sensors and imaging technology. This allows amateurs to visualize the night sky in ways rivaling professional observatories from a few decades ago. The instructors will cover examples of this emerging and relatively inexpensive field.

FEE B	1--1 hour program--\$8					
Location	Day	Time	Code	Date	\$	
TurnerFarm	W	7:30pm	7KK.VMDI	2/19	FEE B	

Night Sky Tour at the Roll-Top Observatory

(8-Adult) Take a tour of planets, constellations, stars, nebulas and galaxies in the night sky at Turner Farm Observatory Park using telescopes or just your eyes. In case of inclement weather, we will discuss and show images of objects that could be observed in clear skies. No knowledge of astronomy is needed.

FEE B	1--1 hour program--\$8					
Location	Day	Time	Code	Date	\$	
TurnerFarm	T	7:30pm	S84.D6GF	12/17	FEE B	
TurnerFarm	M	7:30pm	S84.2GG7	1/27	FEE B	
TurnerFarm	M	7:30pm	S84.J9U6	2/10	FEE B	

Planet Adventure Night

(6-Adult) This program is a tour of the planets and moons of our Solar System which are viewable in the current night sky. The classroom discussion is followed by an observatory session of planets and the stars beyond in telescopes, weather permitting. No knowledge of astronomy is needed, just an interest in learning about the universe.

FEE B	1--1 hour program--\$8					
Location	Day	Time	Code	Date	\$	
TurnerFarm	W	7:30pm	8PM.2FJJ	12/4	FEE B	
TurnerFarm	M	5:30pm	8PM.F53C	1/20	FEE B	

Telescope Observing for Beginners

(8-Adult) This course covers the basics of observing the night sky and objects with a telescope and astronomy resources. Class will provide hands-on observation with telescopes weather permitting. Attendees can bring their own telescopes to use and receive assistance. Supplements the "Introduction to Telescopes" class but can be taken independently.

FEE B 1--1 hour program--\$8						
Location	Day	Time	Code	Date	\$	
TurnerFarm	M	7:30pm	12U.G127	2/3	FEE B	

Science Programs

Holiday Engineering Challenge

(6-10 yrs.) Celebrate the season with an engineering challenge with a holiday twist. Think like an engineer to solve this fun holiday themed challenge.

FEE Y 1--1 hour program--\$10						
Location	Day	Time	Code	Date	\$	
HiddenOaks	Su	2pm	ØY7.5QMI	12/8	FEE Y	

Homeschool Science-Introduction to Ornithology

(6-12 yrs.) Explore how bird adaptations allow birds to live in their chosen ecosystem. Study the parks collection of preserved specimens. Afterwards, make observations and explorations using field tools to learn identification and classification.

STAA 1--2 hour program--\$14						
Location	Day	Time	Code	Date	\$	
HuntMdws	M	1pm	F32.YP11	1/13	STAA	

Homeschool Science-Vertebrate Classification

(6-12 yrs.) How does an animals body covering, like fur, feathers or scales, help it to survive? Learn the how mammals, reptiles, amphibians, birds and fish are classified. We use outdoor exploration, observation and lab skills to explore this topic.

STAA 1--2 hour program--\$14						
Location	Day	Time	Code	Date	\$	
HuntMdws	M	1pm	85D.D6MZ	2/10	STAA	

Homeschool-Sketching through History & Science

(6-12 yrs.) Did you know that 100 years ago, most field scientists were accomplished artists? Without portable cameras, biologists needed a way to capture their discoveries, and art was their tool. Study the techniques used in making a field sketch page, learn some basic drawing skills, and get to know the stories of long ago explorers and scientists. A field sketch kit is included.

STAA 1--2 hour program--\$14						
Location	Day	Time	Code	Date	\$	
HuntMdws	F	1pm	B8Ø.SMZH	12/20	STAA	

Mysterious Space

(7-Adult) Chase away Winter boredom by going on an interactive space adventure that includes an activity, puzzles, and a craft.

FEE AJ 1--1 hour program--\$10						
Location	Day	Time	Code	Date	\$	
HiddenOaks	Sa	6:30pm	LRH.L5LD	1/25	FEE AJ	

Outdoor Science Lab at Huntley

(6-Adult) Explore the exciting world of science with fun hands-on experiments, activities, and challenges. Enrich your understanding of various science and engineering topics using scientific investigations, observations, and lab skills with the guidance of a park naturalist. Each outdoor class will focus on a different science theme. Check session notes for details. All supplies included. Children must be accompanied by a registered adult.

FEE AK 1--1 hour 30 minute program--\$12						
Location	Day	Time	Code	Date	\$	
HuntMdws	W	1pm	JDI.HØSR	12/11	FEE AK	

Valentines Day Science

(5-Adult) Does Valentine's Day make you think of electricity, chemistry, magnetism, candy? This year share the love with your family while we explore those topics and more with hands-on Valentine's day science.

FEE AJ 1--1 hour program--\$10						
Location	Day	Time	Code	Date	\$	
HiddenOaks	Th	6pm	GYM.6R1V	2/13	FEE AJ	

Winter Engineering Challenge

(6-10 yrs.) Celebrate the cold with an engineering challenge with a seasonal twist. Think like an engineer to solve this fun winter themed challenge.

FEE Y 1--1 hour program--\$10						
Location	Day	Time	Code	Date	\$	
HiddenOaks	Su	1pm	5L5.BTVB	1/12	FEE Y	

Technology Programs

3D Modeling & Printing

(8-14 yrs.) Students experience the excitement of using computer aided design, 2D and 3D modeling processes, design thinking and 3D printing and produce a digital object. This Youth Technology Network class is perfect for students with no prior experience. All materials and equipment are provided.

DXV7 4--1 hour 25 minute lessons--\$207						
Location	Day	Time	Code	Begin	\$	
SpHillREC	M	5pm	RDS.UTMF	2/3	DXV7	

3D Printing Basics with Parent

(6-12 yrs.) Designed especially for young curious minds, this course introduces children and their parent to 3D printing. Through fun and age-appropriate activities, students the basics of 3D design and witness their creations come to life as tangible objects. From custom toys to personalized backpack tags, this class is an exciting adventure of creativity and technology. No prior experience needed. A laptop or tablet, Fairfax County library card and an email address are required. There will be a \$15 materials fee.

CXVL 5--55 minute lessons--\$98						
Location	Day	Time	Code	Begin	\$	
ProvREC	Sa	3pm	Z2W.8D11	1/11	CXVL	
ProvREC	Su	2pm	Z2W.XX00	1/12	CXVL	



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Help Fairfax County preserve our tangible past by partnering with us to care for our historic resources.

The Resident Curator Program is designed to preserve historic properties by offering long-term leases to qualified tenants who agree to rehabilitate and maintain these historic resources. In return, curators pay no rent as long as they continue to meet the terms of their contract.

3D Printing Basics

(13-Adults) Whether you're a curious beginner or an enthusiast eager to explore the latest technology, this hands-on course will take you on a captivating journey. Expert instructors will guide you through understanding the basics of 3D printing to creating and printing your own designs. Unleash your creativity and be amazed at the endless possibilities of this innovative and transformative technology. No prior experience required. A laptop or tablet with mouse and an email address are required. A Fairfax County library card number is recommended. There will be a \$15 materials fee.

4XF 5--1 hour 25 minute lessons--\$88					
Location	Day	Time	Code	Begin	\$
ProvREC	Sa	4pm	IIS.TE6A	1/11	4XF

Animation using Minecraft

In this Cybertek Academy class students are introduced to basic 2D and 3D animation techniques using Minecraft characters and stages. Kids expand their perception, observation, and timing skills, as well as exercise their imagination and storytelling by studying motion in reality, then apply these skills to animation. Students learn how animators work by completing a variety of short animation exercises and projects.

DXVG 6--55 minute lessons--\$173					
Location	Day	Time	Code	Begin	\$

(6-10 yrs.)					
Oakton ES	Sa	9:30am	2XP.L47V	1/11	DXVG
SpringHI ES	W	5:30pm	2XP.RX8H	1/15	DXVG
(10-14 yrs.)					
Oakton ES	Sa	10:30am	8KL.YBBB	1/11	DXVG
SpringHI ES	W	6:30pm	8KL.PPNH	1/15	DXVG

Battle Robots

(7-12 yrs.) Learn engineering strategies for building sturdy structures using unique RoboThink bricks, and then apply that knowledge to build multiple robots for a variety of friendly competitions. You'll have a blast as you play robot soccer, compete in robot relay races, and complete dozens of other fun challenges in this RoboThink program.

DXVZ 8--55 minute lessons--\$212					
Location	Day	Time	Code	Begin	\$
ColvinRun ES	F	5:30pm	R8R.IW3N	1/17	DXVZ
Oakton ES	W	5:30pm	R8R.T5J7	1/15	DXVZ
SpringHI ES	Sa	10am	R8R.JTK5	1/11	DXVZ

Coding & Game Design with Scratch

Students learn programming concepts using a drag-and-drop platform in the MIT-developed Scratch program. Students use pre-made art or create their own, then program them to walk, talk and interact with objects while learning logic and visual programming then create a simple 2D video game in this Cybertek Academy class.

DXVG 6--55 minute lessons--\$173					
Location	Day	Time	Code	Begin	\$
(6-10 yrs.)					
LittleRn ES	Sa	9:30am	7F9.KRPN	1/18	DXVG
Wapls MI ES	Th	5:30pm	7F9.LMVE	1/23	DXVG
(10-14 yrs.)					
LittleRn ES	Sa	10:30am	C3A.OJMC	1/18	DXVG
Wapls MI ES	Th	6:30pm	C3A.MTJ7	1/23	DXVG



Coding in Minecraft

In this Cybertek Academy class, students use a custom mod called "Computercraft" to program robots called "Turtles" inside the world of Minecraft. Students utilize problem-solving skills to program their robots to complete various tasks and objectives such as automatically building, mining, and crafting items and structures. Students are introduced to programming using if-then-else statements, for-while loops, and implementing their own functions using Lua, a simple scripting language.

DXVG 6--55 minute lessons--\$173					
Location	Day	Time	Code	Begin	\$
(6-8 yrs.)					
Orng Hnt ES	Su	9:30am	9CC.TI1H	1/12	DXVG
SoRunREC	Sa	2pm	9CC.CHHH	1/11	DXVG
Woodbrn ES	W	6:15pm	9CC.60IZ	1/22	DXVG
(8-13 yrs.)					
Orng Hnt ES	Su	10:30am	71A.SKA8	1/12	DXVG
SoRunREC	Sa	3pm	71A.2SSS	1/11	DXVG
Woodbrn ES	W	5pm	71A.L320	1/22	DXVG

Electronics w/Minecraft Redstone

(6-12 yrs.) In this class offered by STEM exCEL, students explore electronics in a virtual world with essentially infinite resources. Using Minecraft's wire system called Redstone, students can build constructs representing real-world electrical circuits and simple computer projects. Students gain an initial understanding of circuitry, electronics and electrical theory to understand virtually how real circuits, switches, bread boards, etc. are used. Any supply fee payable to instructor at first class.

DXVF 6--55 minute lessons--\$145					
Location	Day	Time	Code	Begin	\$
SoRunREC	Su	11:30am	4F8.1JUR	1/26	DXVF
SpHillREC	Su	1:15pm	4F8.ZMD9	1/26	DXVF

Engineering Design Process

(8-14 yrs.) In this Youth Technology Network course students learn about the engineering design process. Using virtual reality system and software applications, students study, develop, and solve a real-world problem.

DXV8 6--55 minute lessons--\$216					
Location	Day	Time	Code	Begin	\$
Franconia Rec	T/Th	5pm	G1Y.E6CS	2/4	DXV8

eSports Class

(11-17 yrs.) In this interactive gaming class gamers are in a classroom setting where they can learn and gain tips from others plus receive coaching on strategic game play. Participants will make new friends, have fun playing games and feel safe in an inclusive environment. This session features the Nintendo Switch platform with various games.

4XH 8--1 hour 25 minute lessons--\$141					
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	F	6pm	3AK.LYSQ	1/17	4XH

Game Development & Python

(9-12 yrs.) In this iCode program students learn foundational concepts in computer skills, programming, game development and robotics with extra exposure to patterns, sequencing and logical thinking that results in an improved ability to solve problems. Students work through coding basics, digital design using Roblox Studio, program design, game theory and design, electronics programming and drone operations and handling.

DXVZ 8--55 minute lessons--\$212					
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	12pm	7M9.51I2	1/11	DXVZ

Intro to Game Design

(6-12 yrs.) In this STEM exCEL class, students learn the fundamentals and concepts of game design with a real game engine. Students will design and build their game from the ground up while learning 2D game art and programming logic.

DXVF	6--55 minute lessons--\$145				
Location	Day	Time	Code	Begin	\$
ProvREC	Sa	1pm	766.CQ23	1/25	DXVF

Java & Game Development with Video Editing

(11-14 yrs.) In this iCode program students learn foundational concepts in computer skills, programming, game development and robotics with extra exposure to patterns, sequencing and logical thinking that results in an improved ability to solve problems. Students learn the basics of object-oriented programming and create a program using a Java environment as well as editing videos and performing video edits for game design.

DXVZ	8--55 minute lessons--\$212				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	1pm	7EP.M4KO	1/11	DXVZ

Junior Lego Robotics & Engineering

(5-8 yrs.) This SciGenius class combines the exciting world of LEGO with programming. Students work in teams through a series of challenges to program and manipulate their own robots. Skills are enhanced across science, engineering, technology and coding through project-based activities. The unique combination of the LEGO brick, classroom-friendly software

and inspiring, standards-based science projects results in a resource that builds students' confidence.

DXVR	8--55 minute lessons--\$182				
Location	Day	Time	Code	Begin	\$
GWREC	Th	5:30pm	8CV.E289	1/9	DXVR
SpHillREC	T	5:30pm	8CV.9H7Q	1/14	DXVR
SpHillREC	W	5:30pm	8CV.U357	1/15	DXVR

Lego Amazing Amusement Park

(6-12 yrs.) Get ready for a thrilling ride with Lego SPIKE Robotics: Amazing Amusement Park! In this Baroody Camps course students explore the exciting world of amusement parks as they build and code their own attractions. From Ferris wheels to spinning teacups, wild ideas come to life through hands-on projects using everyday themes. As they work on their projects, students develop computational thinking skills, including the ability to create and follow sequences, identify cause and effect, and understand simple loops, followed by testing and debugging programs to ensure that their creations are ready for the amusement park.

DXVL	10--55 minute lessons--\$176				
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	11:10am	32L.PA8X	1/5	DXVL
Wkfld/Moore	Th	6:30pm	32L.ECTS	1/16	DXVL

LEGO Aquatic Bots

(5-8 yrs.) Make LEGO® WeDo 2.0 AquaBots in this Baroody Camps robotics class. Each day students build and code a different water-themed robot using LEGO® gears, pulleys, axles, motors and sensors. Make boats, seaplanes, ocean explorers and robotic denizens of the deep.

DXVE	8--55 minute lessons--\$141				
DXVL	10--55 minute lessons--\$176				
Location	Day	Time	Code	Begin	\$
GWREC	F	6pm	XZ7.DU0G	1/10	DXVE
OakmontREC	Su	10am	XZ7.SVDY	1/5	DXVL
SoRunREC	F	6pm	XZ7.CAYU	1/17	DXVE
Wkfld/Moore	Th	5:30pm	XZ7.Z4H7	1/16	DXVL

LEGO Spike Quirky Creations

(5-7 yrs.) In this Baroody Camps program, students develop engineering design skills as they investigate ways of defining problems, brainstorming solutions, and testing and refining prototypes. Students then refine their problem-solving skills as they create a solution to a problem that has constraints, and improve on others' ideas while building fun and out of the ordinary creations.

DXVL	10--55 minute lessons--\$176				
Location	Day	Time	Code	Begin	\$
OakmontREC	W	5:30pm	TML.119N	1/8	DXVL

LEGO WeDo 2.0 JurassicBots

(8-11 yrs.) In this Baroody Camps class students revive the prehistoric world by building dinosaur themed robots with walking mechanisms. They will learn how to convert rotational motion into translational motion, increase force with levers, gears and belt drives, and work with motion and tilt sensors. The robots will be animated using special programming software. In every lesson young engineers will build and learn about a different dinosaur robot, each with a unique functionality.

DXVE	8--55 minute lessons--\$141				
Location	Day	Time	Code	Begin	\$
SoRunREC	Su	3pm	CHO.CX4G	1/12	DXVE

LEGO WeDo Space & Aviation

(8-11 yrs.) In this Baroody Camps class students use LEGO bricks and kid-friendly software to build a different type of aircraft each week. Young engineers will build aircraft, helicopters and spacecraft robots with walking mechanisms, convert rotational motion into translational motion, and increase force with levers, gears and belt drives and use special programming software, to bring their projects to life.

DXVE	8--55 minute lessons--\$141				
DXVL	10--55 minute lessons--\$176				
Location	Day	Time	Code	Begin	\$
OakmontREC	W	6:30pm	VB5.3GP7	1/8	DXVL
SoRunREC	Th	6pm	VB5.062Q	1/16	DXVE
Wkfld/Moore	Th	7:30pm	VB5.UMBV	1/16	DXVL

Minecraft Modding by Cybertek

In this Cybertek Academy class, students learn to create their own custom gameplay items and elements using MCreator and Minecraft. Students also learn to create artwork for various items, and implement them into the game with custom behaviors. Design your own custom blocks, weapons, food, biomes and more.

DXVG	6--55 minute lessons--\$173				
Location	Day	Time	Code	Begin	\$
(6-9 yrs.)					
Hayfield ES	Th	5:30pm	OKC.6FA8	1/23	DXVG
WhiteOak ES	F	5:30pm	OKC.5KE4	1/24	DXVG
(10-14 yrs.)					
Hayfield ES	Th	6:45pm	ZDB.AWTE	1/23	DXVG
WhiteOak ES	F	6:45pm	ZDB.1BMA	1/24	DXVG

Minecraft Programming

(6-12 yrs.) In this Stem exCEL Minecraft Programming class students learn important problem-solving and design skills with Command Block and Redstone. Coding concepts are instructed for all kinds of amazing projects that include flying machines, large-scale rollercoasters, and water elevators.

DXVF	6--55 minute lessons--\$145				
Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	1pm	TRE.GAGM	1/25	DXVF
Wkfld/Moore	Sa	1pm	TRE.TAFE	1/25	DXVF

Roblox Game Design

(6-12 yrs.) This Stem exCEL Roblox Game Design class teaches students learn how to create an obby, as well as game design concepts with the popular game engine Roblox Studio. Students create amazing 3D games while learning about 3D modeling and programming logic.

DXVF	6--55 minute lessons--\$145				
Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	1pm	JYR.U8G1	1/25	DXVF
ProvREC	Su	1pm	JYR.YZ1Y	1/26	DXVF

RoboPetz

(7-12 yrs.) Students unleash their creativity and construct a variety of animal robots in this RoboThink program. Using mainboards, DC motors, gears and axles, students gain programming skills while creating captivating pet robots.

DXVZ	8--55 minute lessons--\$212				
Location	Day	Time	Code	Begin	\$
Camelot ES	T	5:30pm	8VG.16GM	1/14	DXVZ
FrnkSher ES	Th	5:30pm	8VG.FF0J	1/16	DXVZ
Kings Pk ES	T	5:30pm	8VG.YR1P	1/14	DXVZ
Shrwwood ES	Th	5:30pm	8VG.SCA4	1/16	DXVZ

Valentine's Day in Fairfax County Parks



Nature DIY Valentines
Saturday, February 8 • 2 - 3 p.m.
Ellanor C. Lawrence Park • \$9

Valentines Day Science
Thursday, February 13 • 6 - 7 p.m.
Hidden Oaks Nature Center • \$10

Valentine's Day Tractor Wagon Rides for Families
Saturday, February 15
Choose times between 11 a.m. - 2:30 p.m.
Frying Pan Farm Park • \$100 per family

Visit www.fairfaxcounty.gov/parks/event-highlights for details.

Snapology Engineering

(7-14 yrs.) Students learn about mechanical movement and simple machines in this Snapology class. LEGO bricks are used to build various machines and contraptions, then the models are used to test out concepts and play games.

DXV1 8--55 minute lessons--\$227

Location	Day	Time	Code	Begin	\$
WSprngfd ES	Sa	9:30am	F7W.5NEY	1/11	DXV1

Snapology Robotics

(7-14 yrs.) Students will build a variety of robots in this Snapology program. Using sensors and mechanical components students will work in teams to program their machines, experimenting with speed and power to solve engineering challenges.

DXV1 8--55 minute lessons--\$227

Location	Day	Time	Code	Begin	\$
WSprngfd ES	Sa	10:45am	SPO.QEYM	1/11	DXV1

STEM Inventions

(7-12 yrs.) Students in this RoboThink program use cutting-edge hardware to create a range of creations that have shaped history. From the water mill to the conveyor belt, young inventors will unleash their inventing potential.

DXVZ 8--55 minute lessons--\$212

Location	Day	Time	Code	Begin	\$
Fairhill ES	M	5:30pm	ZHV.F2PN	1/13	DXVZ
FreedomH ES	W	5:30pm	ZHV.YBS1	1/15	DXVZ
Lemon Rd ES	M	5:30pm	ZHV.BGV6	1/13	DXVZ
Wstbriar ES	W	5:30pm	ZHV.QBNO	1/15	DXVZ

Stemtree Coding

(6-12 yrs.) This Stemtree program teaches students to create and develop computer programs (games, stories, etc.) instead of playing them. Students learn

computer programming concepts in a fun and interactive way by combining media elements to create and share stories, animations, games, music and more and using basic reasoning and problem solving skills. They also create their own computer programs to implement computer games and combine multiple topics (Science, Engineering, Teamwork).

DXVN 8--55 minute lessons--\$190

Location	Day	Time	Code	Begin	\$
SpHillREC	Sa	10:30am	525.P10C	1/11	DXVN

Stemtree Robo-Fun

(6-12 yrs.) This Stemtree program uses robots to inspire students to learn engineering, apply their basic science, model construction, computer programming and problem-solving skills and knowledge to explore STEM concepts.

DXVN 8--55 minute lessons--\$190

Location	Day	Time	Code	Begin	\$
SpHillREC	Sa	11:45am	LD7.TVFD	1/11	DXVN

WeDo Robotics

(5-8 yrs.) In this Baroody Camps class, students use a curriculum powered by LEGO Educational group which includes fun robotics projects using LEGO bricks to build robots. Projects help students improve their math, physics and engineering skills while having a ton of fun.

DXVR 8--55 minute lessons--\$182

Location	Day	Time	Code	Begin	\$
SoRunREC	Su	2pm	GW9.8MPP	1/12	DXVR





Lunar New Year Celebration

Saturday, February 8 • 6-8 p.m.

Twin Lakes Golf Course • Free, registration required

Get ready for an unforgettable night for an enchanting evening filled with:

- Live performances
- Mouthwatering bites from local food trucks

- Dazzling demonstrations





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Scouts

Scan the QR code to go directly to the Parktakes Online Scouts page.



Complete most or all requirements to earn your scout badges with Fairfax County Parks. Programs are offered at Rec Centers, nature centers and historic sites. Some sites offer flexible scheduling for programs by request. To inquire please contact the site directly or complete a program request form on our scouting main page. Early registration discount and out-of-county fees do not apply.



BSA Scouts are required by Scouting BSA to bring a blue card signed by their Scoutmaster to any merit badge program. Scouts are encouraged to have completed all prework before the start of class.

Pre-work and program details available at www.fairfaxcounty.gov/parks/scouts. Scouts unable to complete all requirements may receive partial credit from their merit badge counselor.

THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

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Scouts by Request

We are keeping up with the latest scout program changes. View our newest by-request programs at www.fairfaxcounty.gov/parks/scouts



Girl Scout Programs

Daisy Girl Scouts (5-7 yrs.)

Outdoor Art Maker

1--1 hour lesson including supplies

Location	Day	Time	Code	Date	\$
LkAccontkPk	Sa	3:30pm	437.RCZE	1/25	\$8

Shapes in Nature

1--1 hour lesson

Location	Day	Time	Code	Date	\$
LkAccontkPk	Sa	4pm	P3M.ANGP	2/1	\$8

Space Science Explorer

1--1 hour lesson

Location	Day	Time	Code	Date	\$
Riverbend Pk	F	5:30pm	A15.L6WS	12/6	\$7
Riverbend Pk	F	6pm	A15.W62C	1/31	\$7

Start Your Journey - Between Earth & Sky

1--2 hour lesson

Location	Day	Time	Code	Date	\$
CubRunRec	W	9am	ØE3.F2NW	1/29	\$14

Brownie Girl Scouts (7-9 yrs.)

Design with Nature

1--1 hour lesson

Location	Day	Time	Code	Date	\$
LkAccontkPk	Sa	2:30pm	DBX.VF4D	2/1	\$8

Eco Friend

1--1 hour lesson

Location	Day	Time	Code	Date	\$
LkAccontkPk	Sa	1:30pm	EE9.ETBG	1/11	\$8

Letterboxer

1--1 hour 30 minute lesson

Location	Day	Time	Code	Date	\$
CubRunRec	M	3pm	A4C.NSTE	1/20	\$11

Trail Adventure

1--1 hour lesson

Location	Day	Time	Code	Date	\$
LkAccontkPk	Sa	12:30pm	UDU.J6YN	2/22	\$8

Space Science Adventurer

1--1 hour lesson--\$7

1--1 hour 30 minute lesson--\$11

Location	Day	Time	Code	Date	\$
Riverbend Pk	F	6:30pm	6Ø8.6GLM	1/3	\$11
BurkeLakePk	Su	10:30am	6Ø8.RMLY	1/19	\$7
Riverbend Pk	F	6:30pm	6Ø8.W6YL	2/28	\$11

Junior Girl Scouts (9-11 yrs.)

Animal Habitats

1--1 hour 30 minute lesson

Location	Day	Time	Code	Date	\$
LkAccontkPk	Sa	3pm	4C3.YCP9	1/11	\$11
BurkeLakePk	Su	1pm	4C3.KVZQ	2/2	\$11
CubRunRec	T	4:30pm	4C3.XQ7S	2/4	\$11

Detective

1--1 hour 30 minute lesson

Location	Day	Time	Code	Date	\$
ECLawrencePk	Su	2pm	DB7.Y093	1/12	\$11

Space Science Investigator

1--2 hour lesson

Location	Day	Time	Code	Date	\$
TurnerFarm	Su	5pm	WVX.C9CR	1/12	\$14
TurnerFarm	Sa	6pm	WVX.84V1	2/22	\$14

Trail Adventure

1--1 hour lesson

Location	Day	Time	Code	Date	\$
LkAccontPk	Sa	2pm	R41.K1RA	2/22	\$8

Cadette Girl Scouts (11-14 yrs.)

Babysitter

1--3 hour lesson

Location	Day	Time	Code	Date	\$
CubRunRec	Sa	9am	684.A03V	11/23	\$23
CubRunRec	M	1pm	684.YS9P	1/6	\$23
CubRunRec	M	9am	684.8U6N	2/17	\$23

Night Owl

1--2 hour lesson

Location	Day	Time	Code	Date	\$
LkAccontPk	Sa	5pm	F93.VZSG	1/11	\$14
Riverbend Pk	Sa	6pm	F93.RV0Y	2/1	\$14

Science of Happiness

1--2 hour lesson

Location	Day	Time	Code	Date	\$
HiddenOaks	W	6pm	49H.378Z	2/5	\$14

Trailblazing

1--1 hour 30 minute lesson

Location	Day	Time	Code	Date	\$
LkAccontPk	Sa	3:30pm	E85.HZN5	2/22	\$11

Woodworker

1--1 hour 30 minute lesson including supplies

Location	Day	Time	Code	Date	\$
ColvinRunMill	W	10am	7D9.I0KN	1/29	\$12

Speciality Scout Programs

Campfire Safety for Girl Scouts

(5-Adult) Learn how to safely build and enjoy a campfire, learn fire safety skills and receive the Smokey Bear Pledge certificate. Enjoy a brief woodland walk and toast marshmallows. Children must be accompanied by adult.

1--1 hour lesson

Location	Day	Time	Code	Date	\$
LkAccontPk	Sa	5pm	AC7.IBZ9	1/18	\$8
LkAccontPk	Sa	5:30pm	AC7.FTP9	2/1	\$8
LkFairfaxPk	Sa	2pm	AC7.Y244	2/15	\$8

Dark Sky Patch

(5-9 yrs.) This patch will help you understand the importance of dark skies and how you can protect this resource. You will learn about light pollution, see the effect of light pollution yourself, learn how you can make changes to reduce light pollution, and share what you have learned with others. This program was made possible by support from the Fairfax County Park Foundation. Patch included.

1--1 hour 30 minute lesson

Location	Day	Time	Code	Date	\$
Riverbend Pk	Sa	6pm	5ZY.1M7W	1/11	\$11
ECLawrencePk	F	5pm	5ZY.N251	2/7	\$11

Skills for Scouts - Fire Building

(10-Adult) This program covers common badge requirements and serves as good practice for Scouts BSA rank requirements.

1--1 hour 30 minute lesson

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Sa	1pm	XSL.6MPM	2/1	\$11

American Heritage Girls

Tenderheart (6-9 yrs.)

Fire Safety

1--1 hour lesson

Location	Day	Time	Code	Date	\$
LkAccontPk	Sa	5pm	LCO.ELW9	1/25	\$8

Explorer (9-12 yrs.)

Fire Safety & Firebuilding

1--1 hour lesson

Location	Day	Time	Code	Date	\$
LkAccontPk	Sa	5:30pm	1FF.C9AL	2/22	\$8

BSA Scout Programs

Cub Scout Bear (8-9 yrs.)

Fur, Feathers and Ferns-Bear Adventure

1--1 hour 30 minute lesson

Location	Day	Time	Code	Date	\$
ECLawrencePk	Su	9:30am	40B.K4QT	2/2	\$11

Cub Scout Webelos (9-10 yrs.)

Into the Wild-Webelos Elective

1--1 hour 30 minute lesson

Location	Day	Time	Code	Date	\$
ECLawrencePk	Sa	3pm	3A7.2ILG	1/25	\$11

Into the Woods-Webelos Elective

1--1 hour 30 minute lesson

Location	Day	Time	Code	Date	\$
Riverbend Pk	Su	1:30pm	717.K2ZD	2/23	\$11

Merit Badges (11-17 yrs.)

Animal Science

1--2 hour Merit Badge

Location	Day	Time	Code	Date	\$
Frying Pan Pk	Sa	2pm	647.AN27	2/8	\$24

Astronomy

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
TurnerFarm	Sa	4:30pm	2FE.L7ME	1/4	\$48
TurnerFarm	Sa	4:30pm	2FE.PZKT	2/8	\$48

Bird Study

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
Riverbend Pk	Sa	10am	BCB.7VHK	2/22	\$48



FIRST HIKE FAIRFAX
New Year's Day

Submit your photos and win prizes!
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Camping

1--5 hour Merit Badge

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Sa	10am	642.13PY	1/11	\$60
LkFairfaxPk	Sa	10am	642.LLMØ	2/22	\$60

Chemistry

1--4 hour Merit Badge supplies included

Location	Day	Time	Code	Date	\$
HuntMdws	F	10am	A71.H9XA	1/3	\$50
HiddenOaks	Sa	12:30pm	A71.CEVR	1/18	\$50

Citizenship in the Community

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	8:30am	FEØ.T3Q1	1/19	\$48
HistHuntley	M	10am	FEØ.T5GK	1/20	\$48
ECLawrncePk	W	10am	FEØ.BR89	1/29	\$48
HiddenOaks	Su	8:30am	FEØ.V2DZ	2/16	\$48

Citizenship in the Nation

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	1pm	38A.S8DD	1/19	\$48
HiddenOaks	Su	1pm	38A.68UB	2/16	\$48
HistHuntley	M	10am	38A.Ø243	2/17	\$48



IMA
INVASIVE MANAGEMENT AREA

Eagle Project by Annabelle Lu



The Invasive Management Area (IMA) Volunteer Program is a community-based project designed to reduce invasive plants on our parklands. This program gives volunteers an opportunity to connect with like-minded people while taking care of natural resources. Through IMA, you'll protect the plants and wildlife of Fairfax County's forests while spending time outdoors, meeting new people and restoring natural habitats.

Annabelle Lu, for her Eagle Project with Troop 55, rescued 57 trees and restored habitat by invasive removal.

She did a great job of educating her volunteers & encouraging them to go home, look for invasives in their own yards and communities, and talk to others about the problem invasive plants cause by reducing wildlife habitat.



Citizenship in the World

1--5 hour Merit Badge

Location	Day	Time	Code	Date	\$
HuntMdws	M	10am	DDB.GØTW	12/30	\$60
HiddenOaks	M	12pm	DDB.PNAS	1/20	\$60
HiddenOaks	M	12pm	DDB.FSWG	2/17	\$60

Communication

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	1pm	5BE.BY9K	12/7	\$48
HiddenOaks	Su	9am	5BE.VDJG	1/5	\$48
Riverbend Pk	M	12pm	5BE.MIJI	1/20	\$48
HiddenOaks	Sa	1pm	5BE.ØVFK	2/15	\$48

Environmental Science

1--5 hour Merit Badge

Location	Day	Time	Code	Date	\$
HuntMdws	Sa	10am	FFA.NE9S	12/21	\$60
LkFairfaxPk	Sa	10am	FFA.W92C	1/25	\$60
ECLawrncePk	Sa	10am	FFA.LCØ2	2/22	\$60

Farm Mechanics

1--3 hour Merit Badge

Location	Day	Time	Code	Date	\$
Frying Pan Pk	Sa	10am	767.HZWJ	2/8	\$36

First Aid

1--5 hour Merit Badge

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	10am	869.R3W5	12/8	\$60
HiddenOaks	Sa	10am	869.YDF6	1/4	\$60
HuntMdws	W	10am	869.S811	1/29	\$60

Geology

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
CubRunRec	F	12pm	5E3.AQ6Q	11/29	\$48

Mammal Study

1--2 hour Merit Badge

Location	Day	Time	Code	Date	\$
HiddenOaks	F	2pm	16Ø.XBGI	1/3	\$24
Riverbend Pk	Su	10am	16Ø.UHTM	2/23	\$24

Metalwork

1--4 hour Merit Badge supplies included

Location	Day	Time	Code	Date	\$
Frying Pan Pk	Sa	9am	FC8.M18I	2/22	\$75

Mining in Society

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
Riverbend Pk	W	12pm	ØC6.1MXS	1/29	\$48

Nature Study

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
CubRunRec	M	12pm	C84.NP12	2/17	\$48

Oceanography

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
CubRunRec	W	12pm	A5E.2MQM	11/27	\$48
HiddenOaks	F	9am	A5E.QJKØ	1/3	\$48
CubRunRec	W	12pm	A5E.5HSG	1/29	\$48
LkFairfaxPk	Su	10am	A5E.MKXX	2/16	\$48

Reptile & Amphibian

1--3 hour Merit Badge

Location	Day	Time	Code	Date	\$
Riverbend Pk	Sa	10am	EAC.2488	1/11	\$36

Soil & Water Conservation

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
HuntMdws	Sa	10am	ØA1.T3RB	2/22	\$48

Space Exploration

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
Riverbend Pk	M	12pm	92C.HL34	2/17	\$48

Sustainability

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
HuntMdws	Sa	10am	435.ØBNH	1/18	\$48
Riverbend Pk	Sa	10am	435.Ø9IH	2/8	\$48

Sports and Leagues

Scan the QR code to go directly to the Parktakes Online Sports page.



Golf facilities, classes and tournaments are listed in the Golf section.

THANK YOU FOR YOUR FEEDBACK

Fairfax County Park Authority is making improvements to the camp and class registration process.

Stay up to date via



Web:

www.fairfaxcounty.gov/parks/parktakes



Social Media:

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Beginning Athletes

Kids love this high-energy class that introduces them to a variety of sports and activities each week including soccer, basketball and flag football. Have lots of fun with teamwork as you learn new sports.

DSV1 8--55 minute lessons--\$152
DSVF 8--55 minute lessons--\$148

Location	Day	Time	Code	Begin	\$
(6-8 yrs.)					
GWREC	Sa	12:50pm	FOZ.QTHK	1/11	DSVF
(6-12 yrs.)					
Belle Vw ES	Sa	11am	JEE.FL5M	1/11	DSV1

HEALTHY STRIDES

Programs for your health and wellness

Learn more:
www.fairfaxcounty.gov/parks/healthy-strides



Basketball I

Children learn basketball skills and techniques including passing, shooting, dribbling and other fundamentals. Class includes scrimmages to reinforce teamwork.

4SA 10--55 minute lessons--\$168
4SM 8--55 minute lessons--\$133
DSV1 8--55 minute lessons--\$152
DSVF 8--55 minute lessons--\$148
DSVK 10--55 minute lessons--\$163
DSVR 10--55 minute lessons--\$192
DSVT 10--55 minute lessons--\$177

Location	Day	Time	Code	Begin	\$
(6-8 yrs.)					
GWREC	Su	9am	AL1.GUOK	1/12	4SM
Flint HL ES	Su	9:50am	OF7.MOMB	1/5	4SM
Franconia Rec	Sa	10:30am	OF7.4282	1/4	DSVK
Franconia Rec	Su	9:30am	OF7.65XW	1/5	DSVK
GWREC	Sa	9am	OF7.F6QU	1/11	DSV1
Oakton ES	Sa	10:40am	OF7.A7RE	1/4	DSVF
Orng Hnt ES	Sa	10am	OF7.1UQN	1/18	DSV1
SpHillREC	Sa	11am	OF7.12WT	1/11	4SA
SpHillREC	Th	6pm	OF7.L2RD	1/16	4SA
SpHillREC	F	6:30pm	OF7.PFYR	1/17	DSVR
SullyCommCtr	Su	2pm	OF7.TADN	1/12	DSV1
Wkfld/Moore	Sa	11am	OF7.LHX0	1/11	4SA
Wkfld/Moore	Su	10am	OF7.H4J8	1/12	DSVT
Wkfld/Moore	M	6:30pm	OF7.WTHR	1/13	DSVR
Wkfld/Moore	Th	5:30pm	OF7.D82Y	1/16	DSVR

(8-10 yrs.)					
Franconia Rec	Su	10:30am	134.4WMT	1/5	DSVK
Franconia Rec	M	5:30pm	134.67YV	1/6	DSVK
GWREC	Sa	10am	134.8AZG	1/11	DSV1
Orng Hnt ES	Sa	11am	134.FDKE	1/18	DSV1
SpHillREC	Sa	12pm	134.57M4	1/11	4SA
SpHillREC	Th	7pm	134.T8A2	1/16	4SA
SpHillREC	F	7:30pm	134.7C3S	1/17	DSVR

SullyCommCtr	Su	3pm	134.1KXK	1/12	DSV1
Wkfld/Moore	Sa	12pm	134.1QVA	1/11	4SA
Wkfld/Moore	M	7:30pm	134.2F3J	1/13	DSVR
Wkfld/Moore	Th	6:30pm	134.27FA	1/16	DSVR
(11-13 yrs.)					
Franconia Rec	M	6:30pm	188.XG5V	1/6	DSVK
GWREC	Sa	11am	188.4M3F	1/11	DSV1
Orng Hnt ES	Sa	12pm	188.NUIP	1/18	DSV1
SpHillREC	Sa	1pm	188.K1YN	1/11	4SA
Wkfld/Moore	Sa	1pm	188.Q9EY	1/11	4SA
Wkfld/Moore	Th	7:30pm	188.IJWU	1/16	DSVR

Basketball II

Learn a variety of offensive and defensive strategies in this intermediate class.

4SA 10--55 minute lessons--\$168
4SM 8--55 minute lessons--\$133
DSVF 8--55 minute lessons--\$148

Location	Day	Time	Code	Begin	\$
(6-8 yrs.)					
SpHillREC	Su	12pm	Z8E.LWK8	1/12	4SA
GWREC	T	5:30pm	JP5.XUD3	1/7	4SM
(8-10 yrs.)					
Flint HL ES	Su	10:50am	919.ZGZE	1/5	4SM
GWREC	Sa	1:55pm	919.4NVO	1/11	DSVF
SpHillREC	Su	1pm	919.DNZD	1/12	4SA
GWREC	T	6:30pm	J88.XNL6	1/7	4SM
GWREC	Su	10am	J88.TOLD	1/12	4SM
(10-12 yrs.)					
Oakton ES	Sa	11:40am	680.GKB9	1/4	DSVF
GWREC	T	7:30pm	2P5.7053	1/7	4SM
GWREC	Su	11am	2P5.DPHQ	1/12	4SM

Basketball III

Learn to move without the basketball on offense. Practice different defensive and offensive sets in this advanced class.

4SA 10--55 minute lessons--\$168
4SM 8--55 minute lessons--\$133

Location	Day	Time	Code	Begin	\$
(8-12 yrs.)					
SpHillREC	T	5pm	988.FQDY	1/14	4SA
(12-14 yrs.)					
GWREC	W	6:30pm	94C.ZU1B	1/8	4SM

Basketball Training/Girls

Students learn basketball skills and techniques including passing, shooting, dribbling and other fundamentals. Class includes scrimmages to reinforce teamwork.

4SM 8--55 minute lessons--\$133
4SA 10--55 minute lessons--\$168

Location	Day	Time	Code	Begin	\$
(8-12 yrs.)					
GWREC	M	6:30pm	924.EPTU	1/6	4SM
(13-18 yrs.)					
GWREC	W	7:30pm	X10.INS3	1/8	4SM
SpHillREC	Su	11am	924.EFCE	1/12	4SA

Basketball Training/Girls II

(11-14 yrs.) Prerequisite: Level I or equivalent. Students learn advanced skills as well as offensive and defensive strategies. Class includes scrimmages to reinforce teamwork.

4SA 10--55 minute lessons--\$168
4SM 8--55 minute lessons--\$133

Location	Day	Time	Code	Begin	\$
GWREC	M	7:30pm	SX4.GPDI	1/6	4SM
SpHillREC	Su	10am	SX4.Y2T6	1/12	4SA
SpHillREC	T	6pm	SX4.XCE3	1/14	4SA

Basketball Shooting Clinic

(10-16 yrs.) Shooting is the most essential skill in basketball. With modern offenses geared towards five perimeter players, shooting has become paramount on all teams at all levels. Focus will be on reworking shooting mechanics for maximum accuracy, developing a lightning-quick release and discovering the mindset and training required to become a better shooter.

DSVU 4--1 hour 25 minute lessons--\$111

Location	Day	Time	Code	Begin	\$
Flint HL ES	Su	11:50am	3LV.KMDE	1/5	DSVU
Flint HL ES	Su	11:50am	3LV.7LDR	2/2	DSVU
SphillIREC	Sa	2pm	3LV.JJ3B	1/11	DSVU
SphillIREC	Sa	2pm	3LV.1QBC	2/8	DSVU
Wkfld/Moore	Su	12:15pm	3LV.WR1B	1/12	DSVU
Wkfld/Moore	Su	12:15pm	3LV.ZYBE	2/9	DSVU

Game Time Basketball

(5-6 yrs.) This U6 league introduces 5- and 6-year-olds to basketball and teaches them the rules and basic game fundamentals.

DSVK 10--55 minute lessons--\$163

Location	Day	Time	Code	Begin	\$
Franconia Rec	F	5:30pm	A55.611N	1/10	DSVK

Game Time Basketball

This co-ed class is a perfect complement to skill-building basketball classes and camps and focuses on core team concepts, game strategies, and basketball fundamentals. Class incorporates full-court game play.

DSVK 10--55 minute lessons--\$163

Location	Day	Time	Code	Begin	\$
Franconia Rec	F	6:30pm	097.L257	1/10	DSVK
Franconia Rec	F	7:30pm	45C.590P	1/10	DSVK

Coach Rich's Full Court Basketball League

(7-13 yrs. Co-ed) This full-court 5-on-5 basketball league will be held on Saturdays, with extensive playing time guaranteed for each player. Our staff will provide all of the coaching and officiating. This program is appropriate for all levels of play. Upon registration, you will be contacted with further information regarding schedules and important dates.

DSV9 10--2 hour 15 minute lessons--\$197

Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	12pm	FMX.Y3G6	1/4	DSV9

Co-ed Basketball League

These U6 and U7 leagues introduce students to basketball and teaches them the rules and basic game fundamentals. Fee includes uniform shirt.

DSV2 8--55 minute lessons--\$197

Location	Day	Time	Code	Begin	\$
(5-6 yrs.)					
GWREC	W	5:30pm	086.ONON	1/8	DSV2
SphillIREC	Sa	9am	086.DTVA	1/11	DSV2
(6-7 yrs.)					
GWREC	M	5:30pm	403.2EYA	1/6	DSV2
SphillIREC	Sa	10am	403.SUNZ	1/11	DSV2

Beginning Fencing

(9-13 yrs.) Known as the physical game of chess, fencing provides a physical and mental workout for

students of all athletic abilities. This course primarily uses the foil, a light sport weapon, and introduces the sabre (modern equivalent of the cavalry sword) and epee (modern equivalent of the rapier). An equipment fee of \$49 is payable at the first class.

DSVC 6--55 minute lessons--\$87

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	W	6pm	D7D.6AOF	1/22	DSVC

Intermediate Fencing

(9-Adult) This class offers a continuation program for students who have completed the VAF Beginning Fencing class or have previous fencing experience. Students will learn and utilize advanced techniques and strategies, and be introduced to competitive bout using electronic equipment. An equipment fee of \$49 is payable at first class.

CPVH 7--55 minute lessons--\$103**DSVC 6--55 minute lessons--\$87**

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Th	7pm	PZQ.OLQZ	1/23	CPVH
Wkfld/Moore	W	7pm	PZQ.LHMG	1/22	DSVC

Intro to Sport Fencing

(8-14 yrs.) This class introduces students to the sport of Olympic. Students learn how to fence and referee all three disciplines of sport fencing: foil, sabre and epee. No previous experience needed. Equipment can be rented from the instructor for \$49 or purchased for \$199 with payment due after first class.

CPVH 7--55 minute lessons--\$103

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Th	6pm	TSB.9LVG	1/23	CPVH

Flag Football

Students learn the fundamentals of football in an upbeat and engaging environment. Focus in on throwing, catching, and route running, as well as offensive and defensive positional techniques. Learn to compete in a positive sports environment while developing teamwork and sportsmanship.

DSV1 8--55 minute lessons--\$152

Location	Day	Time	Code	Begin	\$
(8-11 yrs.)					
Belle Vw ES	Sa	9am	N49.7DKV	1/11	DSV1
(12-14 yrs.)					
Belle Vw ES	Sa	10am	LED.PK7T	1/11	DSV1

Gymnastics for Girls

(5-7 yrs.) Skill-oriented class includes strength work, conditioning, beam, bars, floor and vault.

DSVL 8--55 minute lessons--\$173

Location	Day	Time	Code	Begin	\$
Franconia Rec	Su	11:05am	COF.ZJ2V	1/5	DSVL
SoRunREC	T	5:40pm	COF.BVOU	1/14	DSVL
Wkfld/Moore	Sa	2:45pm	COF.FFT8	1/11	DSVL
Wkfld/Moore	T	5:50pm	COF.EWZ9	1/14	DSVL
Wkfld/Moore	W	5:30pm	COF.U1SW	1/15	DSVL
SoRunREC	Su	3pm	COF.U0A1	1/12	DSVL



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Gymnastics I

Introduction to gymnastics through floor exercise, balance beam, uneven bars, vaulting and springboard jumping. Low student-to-teacher ratio enhances the learning process.

4SM	8--55 minute lessons--\$133
DSV1	8--55 minute lessons--\$152
DSVK	10--55 minute lessons--\$163
DSVL	8--55 minute lessons--\$173

Location	Day	Time	Code	Begin	\$
(6-9 yrs.)					
ProvREC	Su	2pm	8D7.TQAN	1/5	DSVK
SoRunREC	Su	4pm	8D7.4SF3	1/12	DSV1
Wkfld/Moore	Sa	3:45pm	8D7.EZ87	1/11	DSVL
Wkfld/Moore	T	6:50pm	8D7.V14U	1/14	DSVL
(6-12 yrs.)					
CubRunREC	T	5:55pm	0D9.JWAJ	1/14	4SM
CubRunREC	T	6:55pm	0D9.U7EU	1/14	4SM
CubRunREC	M	6:15pm	0D9.MRQZ	1/13	4SM
CubRunREC	M	7:10pm	0D9.9HUS	1/13	4SM
CubRunREC	W	7pm	0D9.W7YD	1/15	4SM
Franconia Rec	Sa	1:15pm	JBN.TX7A	1/4	DSVL
Franconia Rec	Sa	11:15am	JBN.SJKE	1/4	DSVL
Franconia Rec	M	5:05pm	JBN.NZK6	1/6	DSVL
SoRunREC	Sa	2:30pm	JBN.7TVH	1/11	DSVL
SoRunREC	Sa	1:30pm	JBN.09C9	1/11	DSVL
SoRunREC	Su	5pm	JBN.8BUY	1/12	DSVL
Wkfld/Moore	W	6:30pm	JBN.ORBA	1/15	DSVL

Gymnastics II

(6-12 yrs.) Prerequisite: Gymnastics I.

DSVL	8--55 minute lessons--\$173
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Location	Day	Time	Code	Begin	\$
Franconia Rec	Su	12:15pm	ZA4.KAVK	1/5	DSVL
Franconia Rec	M	6:05pm	ZA4.TIKK	1/6	DSVL
Wkfld/Moore	W	7:30pm	ZA4.FV1G	1/15	DSVL

Pickleball 1

(Adults) Pickleball is a fun, easy-to-learn, mini tennis-like game that combines elements of tennis, badminton, table tennis and racquetball. In this indoor class students learn basic pickleball skills and how to play doubles while being active and improving fitness. Paddles and balls provided.

DSP1	8--55 minute lessons--\$139
BPV1	5--55 minute lessons--\$97
DPV1	10--55 minute lessons--\$192
DVP2	8--55 minute lessons--\$153

Location	Day	Time	Code	Begin	\$
Indoor Classes					
Franconia Rec	T	9am	TTX.QD5R	1/7	DSP1
Franconia Rec	Th	9am	TTX.X3E9	1/9	DSP1
ProvREC	T	10am	TTX.V1LH	1/7	DSP1
Wkfld/Moore	M	9:30am	TTX.6NOI	1/13	DSP1
Wkfld/Moore	M	12:30pm	TTX.TURU	1/13	DSP1
Wkfld/Moore	T	12:30pm	TTX.KREH	1/14	DSP1
Wkfld/Moore	W	11:15am	TTX.6H0D	1/15	DSP1
Wkfld/Moore	Th	12:30pm	TTX.8TON	1/16	DSP1
Wkfld/Moore	F	9:30am	TTX.Q8UV	1/17	DSP1
Wkfld/Moore	F	12:30pm	TTX.43W4	1/17	DSP1
Franconia Rec	Su	1pm	B60.KFU3	1/5	DPV1
Franconia REC	Sa	9am	B60.JKTT	1/4	DPV1
Lees Cnr ES	Sa	9am	B60.03PG	1/11	DVP2
SpHillREC	M	9am	B60.EQI9	1/6	DPV1
SpHillREC	W	9am	B60.Q19W	1/8	DPV1
SpHillREC	Th	9am	B60.IUUN	1/9	DPV1
SpHillREC	Th	11am	B60.P4P5	1/9	DPV1

SullyCommCtr	Su	4pm	B60.BSSW	1/12	DVP2
SullyCommCtr	T	10am	B60.KOJ3	1/14	DVP2
SullyCommCtr	W	10:30am	B60.W04A	1/15	DVP2

Outdoor Classes

Wkfld/Moore	M	10:30am	DZV.HHVR	2/10	BPV1
Wkfld/Moore	F	10:30am	DZV.EZWA	2/14	BPV1

Indoor Pickleball 1 Coached Play

(Adults) Participants rally with other players alongside a certified coach in this indoor program. Individuals benefit from varied play and timely coaching for boosting their pickleball game and fun. Beginners focus on learning basic strokes and rules.

DPV1	10--55 minute lessons--\$192
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Location	Day	Time	Code	Begin	\$
SpHillREC	M	11am	GD0.S5Q0	1/6	DPV1

Pickleball 2

(Adults) Prerequisite: Pickleball I. This indoor class focuses on improving essential skills including dinks, volleys, forehands, backhands and the serve. Doubles strategy is introduced. Paddles and balls provided.

BPV1	5--55 minute lessons--\$97
DPV1	10--55 minute lessons--\$192
DSP1	8--55 minute lessons--\$139
DVP2	8--55 minute lessons--\$153

Location	Day	Time	Code	Begin	\$
Indoor Classes					
Franconia Rec	T	10am	REP.3AFD	1/7	DSP1
Franconia Rec	Th	10am	REP.OWFC	1/9	DSP1
ProvREC	T	11am	REP.OIKT	1/7	DSP1
Wkfld/Moore	F	1:30pm	REP.IT2L	1/17	DSP1
Wkfld/Moore	M	1:30pm	REP.89WV	1/13	DSP1
Wkfld/Moore	M	10:30am	REP.CBST	1/13	DSP1
Wkfld/Moore	T	1:30pm	REP.JE3B	1/14	DSP1
Wkfld/Moore	W	12:15pm	REP.6A9Q	1/15	DSP1
Wkfld/Moore	Th	1:30pm	REP.ZN85	1/16	DSP1
Wkfld/Moore	F	10:30am	REP.1P5F	1/17	DSP1
Franconia Rec	Su	2pm	QJ3.GU2V	1/5	DPV1
Franconia Rec	Sa	10am	QJ3.34RH	1/4	DPV1
Lees Cnr ES	Sa	10am	QJ3.LUXB	1/11	DVP2
SpHillREC	M	10am	QJ3.UW6G	1/6	DPV1
SpHillREC	W	10am	QJ3.0L27	1/8	DPV1
SpHillREC	W	11am	QJ3.AG42	1/8	DPV1
SpHillREC	Th	10am	QJ3.ZYP8	1/9	DPV1
SpHillREC	F	9am	QJ3.11PC	1/10	DPV1
SpHillREC	F	11am	QJ3.3ZQ1	1/10	DPV1
SullyCommCtr	Su	5pm	QJ3.NPAT	1/12	DVP2
SullyCommCtr	F	10am	QJ3.A5LQ	1/10	DVP2
SullyCommCtr	F	11am	QJ3.H570	1/10	DVP2
SullyCommCtr	Su	5pm	QJ3.C261	1/12	DVP2
SullyCommCtr	T	11am	QJ3.WLZQ	1/14	DVP2
SullyCommCtr	T	12pm	QJ3.8GAI	1/14	DVP2
SullyCommCtr	Th	10am	QJ3.2TK2	1/16	DVP2
SullyCommCtr	Th	11am	QJ3.0MHH	1/16	DVP2

Outdoor Classes

Wkfld/Moore	M	11:30am	8RX.H5W7	2/10	BPV1
Wkfld/Moore	F	11:30am	8RX.3B6X	2/14	BPV1



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www.fairfaxcounty.gov/parks/reccenter/jobs

Indoor Pickleball 2 Coached Play

(Adults) Prerequisite: Pickleball 2. Participants rally with other players alongside a certified coach in this indoor program. Students should know the basic strokes. Individuals benefit from varied play and timely coaching for boosting their pickleball game and fun with the focus on developing consistency.

DPV1	10--55 minute lessons--\$192
DSP1	8--55 minute lessons--\$139

Location	Day	Time	Code	Begin	\$
Franconia Rec	Su	4pm	JAE.P6WS	1/5	DPV1
ProvREC	T	12pm	UP5.BXZN	1/7	DSP1
SpHillREC	M	12pm	JAE.OYR9	1/6	DPV1

Pickleball 3

(Adults) Prerequisite: Pickleball II. Class focuses on Doubles strategy and execution.

BPV1	5--55 minute lessons--\$97
DPV1	10--55 minute lessons--\$192
DSP1	8--55 minute lessons--\$139
DVP2	8--55 minute lessons--\$153

Location	Day	Time	Code	Begin	\$
Indoor Classes					
Franconia Rec	T	11am	NMX.RKLL	1/7	DSP1
Franconia Rec	Th	11am	NMX.IU1X	1/9	DSP1
Wkfld/Moore	M	2:30pm	NMX.L5ZQ	1/13	DSP1
Wkfld/Moore	M	11:30am	NMX.T6UT	1/13	DSP1
Wkfld/Moore	T	2:30pm	NMX.OKXW	1/14	DSP1
Wkfld/Moore	Th	2:30pm	NMX.67PK	1/16	DSP1
Wkfld/Moore	F	2:30pm	NMX.GL8W	1/17	DSP1
Wkfld/Moore	F	11:30am	NMX.J3OY	1/17	DSP1
Franconia Rec	Su	3pm	UQP.QHK3	1/5	DPV1
Franconia Rec	Sa	11am	UQP.WN18	1/4	DPV1
Lees Cnr ES	Sa	11am	UQP.L52X	1/11	DVP2
SpHillREC	W	12pm	UQP.0263	1/8	DPV1
SpHillREC	Th	12pm	UQP.1L8T	1/9	DPV1
SpHillREC	F	10am	UQP.CS9W	1/10	DPV1
SpHillREC	F	12pm	UQP.BUT4	1/10	DPV1
SullyCommCtr	F	12pm	UQP.KEC2	1/10	DVP2
SullyCommCtr	Su	7pm	UQP.UV7B	1/12	DVP2
SullyCommCtr	W	11:30am	UQP.ZUUR	1/15	DVP2
SullyCommCtr	Th	12pm	UQP.UYMI	1/16	DVP2

Outdoor Pickleball

Wkfld/Moore	M	12:30pm	NUB.RSAQ	2/10	BPV1
Wkfld/Moore	F	12:30pm	NUB.KQ2D	2/14	BPV1

Pickleball 3 Coached Play

(Adults) Prerequisite: Pickleball 3. Participants rally with other players alongside a certified coach in this indoor program. Individuals benefit from varied play and timely coaching for boosting their pickleball game and fun. Focus is on executing strokes with increasing consistency.

DPV1	10--55 minute lessons--\$192
DSP2	5--55 minute lessons--\$87

Location	Day	Time	Code	Begin	\$
Indoor Class					
SpHillREC	M	1pm	20X.FYKI	1/6	DPV1
Outdoor Class					
Wkfld/Moore	T	10am	UZS.TGEH	2/11	DSP2

Outdoor Pickleball Skills & Drills

(Adults) In this outdoor class students focus on one skill per class, then play to reinforce that particular technique. Students should have some pickleball experience.

DSP2	5--55 minute lessons--\$87
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Location	Day	Time	Code	Begin	\$
Wkfld/Moore	T	11am	VYE.4ZL3	2/11	DSP2

Outdoor Senior Pickleball I

(65 yrs.+) This outdoor, slower paced class focuses on basic pickleball skills and how to play doubles while being active and improving fitness. Paddles and balls provided.

BPV1 5--55 minute lessons--\$97						
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	W	10:30am	W14.B2W9	2/12	BPV1	
Wkfld/Moore	Th	10:30am	W14.YEJC	2/13	BPV1	

Outdoor Senior Pickleball II

(65 yrs.+) Prerequisite: previous pickleball class or experience. This outdoor, slower paced class focuses on improving essential skills including dinks, volleys, forehands, backhands and the serve. Doubles strategy is introduced. Paddles and balls provided.

BPV1 5--55 minute lessons--\$97						
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	W	11:30am	NGG.9H4N	2/12	BPV1	
Wkfld/Moore	Th	11:30am	NGG.H6XD	2/13	BPV1	

Indoor Small Group Pickleball I

(15-Adult) Bounce-Boom Racquet Sports uses innovative teaching techniques focused on eye tracking, movement and ball striking skills in a fun learning environment with a low student to instructor ratio. These key skills minimize errors, boost consistency and help you learn quicker. Level 1 players learn the fundamentals, scoring and develop a lifelong love of the game. Student-Instructor ratio 5:1.

CSV1 6--55 minute lessons--\$149						
Location	Day	Time	Code	Begin	\$	
SpHillRec	T	9am	BHK.ZYWM	1/14	CSV1	
SpHillRec	T	9am	BHK.VBPQ	2/25	CSV1	

Indoor Small Group Pickleball II

(15-Adult) Bounce-Boom Racquet Sports uses innovative teaching techniques focused on eye tracking, movement and ball striking skills in a fun learning environment with a low student to instructor ratio. These key skills minimize errors, boost consistency and help you learn quicker. Level 2 players learn important match-play skills that will improve results in open play and tournaments. Student-Instructor ratio 5:1.

CSV1 6--55 minute lessons--\$149						
Location	Day	Time	Code	Begin	\$	
SpHillRec	T	10am	B32.BHHQ	1/14	CSV1	
SpHillRec	T	10am	B32.AEQL	2/25	CSV1	

Indoor Small Group Pickleball III

(15-Adult) Bounce-Boom Racquet Sports uses innovative teaching techniques focused on eye tracking, movement and ball striking skills in a fun learning environment with a low student to instructor ratio. These key skills minimize errors, boost consistency and help you learn quicker. Level 3 players will increase power and accuracy while learning advanced match-play techniques and tactics. Student-Instructor ratio 5:1.

CSV1 6--55 minute lessons--\$149						
Location	Day	Time	Code	Begin	\$	
SpHillRec	T	11am	3NO.FMHQ	1/14	CSV1	
SpHillRec	T	11am	3NO.8CMB	2/25	CSV1	

Ping Pong

Students are introduced to ping pong grips, positions and basic strokes. Students practice exercises and games to improve hand-eye coordination. Students may bring their own paddles, or an official supply set is available for purchase from instructor for \$25.

4SM 8--55 minute lessons--\$133					
Location	Day	Time	Code	Begin	\$
(8-12 yrs.)					
SpHillREC	Sa	2pm	393.6ZVK	1/11	4SM
(13-Adult)					
SpHillREC	Sa	3pm	AAF.GEGF	1/11	4SM

Soccer I

Basic instruction geared for beginning players. Emphasis is on soccer skill development including kicking, dribbling and goal-keeping. Bring shin guards and a soccer ball. Classes held at schools are indoors using soft soccer balls.

4SA 10--55 minute lessons--\$168					
4SM 8--55 minute lessons--\$133					
DSV1 8--55 minute lessons--\$152					
Location	Day	Time	Code	Begin	\$
(6-8 yrs.)					
GWREC	Su	1pm	29D.TDUG	1/12	4SM
Hunt Vly ES	Su	12pm	29D.HJU8	1/12	DSV1
Lemon Rd ES	Su	1pm	29D.17GL	1/12	4SM
LittleRn ES	Sa	11am	29D.8WBE	1/11	4SM
SpringHl ES	Sa	10am	29D.X4DI	1/11	4SM
Wkfld/Moore	Sa	3pm	29D.CSUW	1/11	4SA
Wkfld/Moore	Su	3pm	29D.GYBZ	1/12	4SA
(8-12 yrs.)					
GWREC	Su	2pm	F64.LSFZ	1/12	4SM
Lemon Rd ES	Su	2pm	F64.Z5GV	1/12	4SM
LittleRn ES	Sa	11am	F64.5D16	1/11	4SM
SpringHl ES	Sa	11am	F64.8WW4	1/11	4SM
Wkfld/Moore	Sa	4pm	F64.7ZZT	1/11	4SA
Wkfld/Moore	Su	4pm	F64.V1H3	1/12	4SA

Soccer II

Prerequisite: Soccer I. Bring shin guards and a soccer ball. Classes held at schools are indoors using soft soccer balls.

4SM 8--55 minute lessons--\$133					
Location	Day	Time	Code	Begin	\$
(6-8 yrs.)					
Lemon Rd ES	Su	3pm	580.SXC8	1/12	4SM
LittleRn ES	Sa	12pm	580.8UU7	1/11	4SM
SpringHl ES	Sa	12pm	580.73QI	1/11	4SM
(8-12 yrs.)					
Lemon Rd ES	Su	3pm	DA0.MH8R	1/12	4SM
LittleRn ES	Sa	12pm	DA0.BN80	1/11	4SM
SpringHl ES	Sa	12pm	DA0.C980	1/11	4SM

Indoor Soccer Clinic

Experience authentic indoor soccer training led by an experienced international Brazilian United coach. Enhance skills, including footwork, soccer techniques, tactics, physical abilities and mental sharpness. Methodology goes beyond soccer, promoting overall well-being, improving soft skills and developing core abilities.

DSVC 6--55 minute lessons--\$87					
Location	Day	Time	Code	Begin	\$
(6-10 yrs.)					
WSprngfd ES	Sa	9am	P60.FB5B	1/11	DSVC
WSprngfd ES	Sa	11am	P60.AITI	1/11	DSVC
(11-14 yrs.)					
WSprngfd ES	Sa	12pm	XE8.9HYX	1/11	DSVC

Challenger International Soccer**Academy**

(6-9 yrs.) Players get to train with our coaches and work on core skills such as shooting, dribbling and passing while working on offensive and defensive 1v1 scenarios and receiving the ball. With no emphasis on winning, practices only have one goal-to develop and improve each player both on and off the field at their own pace. Practices are taken from our age-specific developmental curriculum designed by experts.

DSVJ 8--1 hour 15 minute lessons--\$184						
Location	Day	Time	Code	Begin	\$	
Franconia Rec	Sa	12:05pm	D59.HLST	1/11	DSVJ	

Small Goal Soccer

(6-8 yrs.) In this class Sanowar Fitness introduces students to Small Goal Soccer which is played five-on-five using smaller goals. Students build skills and self-confidence in a fun environment.

DSVR 10--55 minute lessons--\$192						
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	Sa	5pm	816.9572	1/11	DSVR	
Wkfld/Moore	Su	5pm	816.NA1L	1/12	DSVR	

Tennis Beginning I

(5-8 yrs.) An introduction to the basics: forehand and backhand drive, serve, footwork, rules, scoring and court etiquette. Emphasis is on correct form. Students need a tennis racquet and 2 cans of balls.

DSV1 8--55 minute lessons--\$152						
DSVR 10--55 minute lessons--\$192						
Location	Day	Time	Code	Begin	\$	
RollValy ES	Sa	10am	MKL.GB6V	1/11	DSVR	
RollValy ES	Sa	11am	MKL.XM4X	1/11	DSVR	
RollValy ES	Sa	12pm	MKL.ESOA	1/11	DSVR	
SpHillREC	Sa	2:30pm	MKL.JD6L	1/18	DSV1	
SpHillREC	Sa	3:30pm	MKL.MB80	1/18	DSV1	

Tennis Fundamentals-Indoors

(Adults) Keep up with your tennis skills during cold winter months. Class includes skill development, stroke improvement, video and tennis drills. Students need a tennis racquet and 2 cans of balls.

4SM 8--55 minute lessons--\$133						
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	T	9am	CC6.DPUX	1/14	4SM	
Wkfld/Moore	T	10am	CC6.AOC8	1/14	4SM	
Wkfld/Moore	T	11am	CC6.WZLW	1/14	4SM	
Wkfld/Moore	W	9am	CC6.CR1R	1/15	4SM	
Wkfld/Moore	W	10am	CC6.OYL3	1/15	4SM	
Wkfld/Moore	Th	9am	CC6.C5Z1	1/16	4SM	
Wkfld/Moore	Th	10am	CC6.BZMT	1/16	4SM	
Wkfld/Moore	Th	11am	CC6.FQ8W	1/16	4SM	

Volleyball

Learn basic volleyball skills through drills and games. Class covers scoring, serving, bumping, spiking and team play.

DSVR 10--55 minute lessons--\$192						
DSVT 10--55 minute lessons--\$177						
Location	Day	Time	Code	Begin	\$	
(8-12 yrs.)						
SpHillREC	M	5:40pm	8D1.Z4IL	1/13	DSVT	
SpHillREC	W	5:40pm	8D1.5VT8	1/15	DSVT	
Wkfld/Moore	M	6pm	8D1.K9PF	1/13	DSVT	
Wkfld/Moore	T	6:30pm	8D1.PNMS	1/14	DSVR	
(12-17 yrs.)						
Wkfld/Moore	M	7pm	BA8.QQ9A	1/13	DSVT	
Wkfld/Moore	M	8pm	BA8.FXPD	1/13	DSVT	
Wkfld/Moore	T	7:30pm	BA8.BHOL	1/14	DSVR	

Scan the QR code to go directly to the Parktakes Online Xtras page.



Bridge I

(13-Adult) Designed for beginning players and for students who would like to improve. Stresses bidding and basic defense. This course provides an excellent brush-up for players returning to the game.

4XC	10--1 hour 55 minute lessons--\$255
4XL	8--1 hour 55 minute lessons--\$205

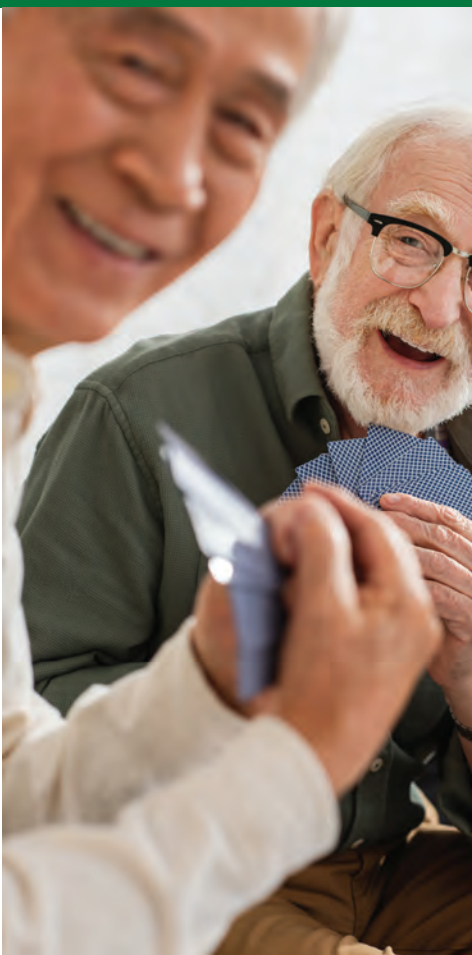
Location	Day	Time	Code	Begin	\$
OakmontREC	T	10:30am	DF7.VCLL	1/7	4XL
ProvREC	M	6pm	DF7.QQ1	1/6	4XC
ProvREC	M	10:30am	DF7.8MH7	1/6	4XC
SoRunREC	M	7pm	DF7.V4GI	1/13	4XC

Bridge II

(13-Adult) Further develop your defensive bridge skills. Designed for students with bridge knowledge. Learn to be offensive on defense. Sessions include a review of basic Standard American Bidding System.

4XC	10--1 hour 55 minute lessons--\$255
4XL	8--1 hour 55 minute lessons--\$205

Location	Day	Time	Code	Begin	\$
OakmontREC	T	1pm	70C.46PA	1/7	4XL
ProvREC	M	1pm	70C.QPIW	1/6	4XC
SoRunREC	Su	1pm	70C.QZV2	1/12	4XC



Brush-Up Bridge

(13-Adult) Not for beginners. Must be playing bridge and want to update your skills. Modern Standard American opening bids and responses are emphasized. After demonstration hands, class shuffles and deals.

4XC		10--1 hour 55 minute lessons--\$255			
Location	Day	Time	Code	Begin	\$
SoRunREC	Su	3pm	615.CNL7	1/12	4XC
SoRunREC	M	1pm	615.NOUG	1/13	4XC


Chess by Magnus Chess Academy

(6-12 yrs.) Learn chess with Magnus Chess Academy (formerly Silver Knights)! They've taught 100,000 children to play, including state and national champions, but most students are beginners looking to learn a new skill and have fun. Class time is divided between lessons and practice games. Lessons range from the basic rules to advanced tournament strategies. Students will have the opportunity to play in tournaments. All chess supplies provided. All skill levels are welcome.


DXVE 8--55 minute lessons--\$147					
Location	Day	Time	Code	Begin	\$
CubRunREC	W	6pm	2PM.9K1H	1/15	DXVE
Franconia Rec	T	6:30pm	2PM.KK6D	1/7	DXVE
GWREC	Th	6:30pm	2PM.OE0Z	1/9	DXVE
OakmontREC	Th	6pm	2PM.NRVB	1/9	DXVE
SoRunREC	M	6pm	2PM.2NDQ	1/13	DXVE
SPHIIIREC	M	6pm	2PM.QS1E	1/6	DXVE
Wkfld/Moore	M	6:30pm	2PM.OSP4	1/13	DXVE

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18. Signature and Title of Editor, Publisher, Business Manager, or Owner		Date
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IMPORTANT REGISTRATION INFORMATION

REGISTER BY DECEMBER 13 AND SAVE \$8*

REGISTRATION
STARTS 9 A.M.
DECEMBER 3

FIVE EASY WAYS TO REGISTER

ONLINE	PHONE	FAX	MAIL	IN PERSON
				
<p>www.fairfaxcounty.gov/parks/parktakes</p> <p>Browse online listings, check class enrollment and register.</p>	<p>703-222-4664 Monday – Friday, 9 a.m. – 4 p.m.</p> <p>Please have class activity codes handy when you call.</p>	<p>703-631-2004 Registration processing begins December 3 for faxed forms. Forms received prior to that date will be processed starting December 3. Due to volume, we cannot confirm fax receipt. Allow 3-5 days for processing.</p>	<p>Send completed forms to FCPA/Parktakes P.O. Box 4606 Fairfax, Va. 22038 Mailed registration processing begins December 3. Forms received prior are held until that date. Allow 3-5 days for processing.</p>	<p>Monday - Friday, 9 a.m. - 4 p.m.</p> <p>Walk-in registration begins December 16. Visit our Walk-in Registration Office in the Herrity Building, 12055 Government Center Parkway Suite 105.</p>

CAN'T FIND YOUR ACCOUNT?

How do I Create an Account?

- Go to the Parktakes Online website, and click the Create Account button in the upper right corner.
- Fill in the New Customer form.
- After completing the form, click on Create Account.

How do I Recover my Account?

- Go to the Parktakes Online website, and click the Login button on the top right of the screen. Follow the on-screen link to Recover Your Account. Then, simply enter your email address in the field. Check your inbox for a message with a temporary password. You can then use your email address and temporary password to log in, create a new password and update your information.
- If your email address is not on file, you will receive a message stating the email address you entered in the system is not found or is invalid. If you are unable to reset your password, you may need to add an email address to your account. For assistance, email PTOnline@fairfaxcounty.gov.

IN THE EVENT OF BAD WEATHER

The Park Authority follows Fairfax County Government closures, rather than public school closures.

- Classes held at school locations may be canceled, even when classes at Rec Centers and other Park Authority and Government locations are running. To check for weather related cancellations, visit www.fairfaxcounty.gov/parks or call the Park Authority inclement weather information line: 703-324-8661.
- Cancellation information is also communicated via local TV and radio stations and Fairfax County government cable channels 16 and 21.
- Cancellations for classes held at vendor locations are made independently. Please call the location where the class is being held.
- For tour cancellation information, call 703-324-8687.

HOLIDAY CLOSINGS

Any exception to regular schedules will be announced by the instructor at the first class.

CLASS TRANSFERS

Call for transfer options before the second class meets.

CONFIRMATION

Confirmations are sent by email to customers who register online. To check your registration status, click on Your

Account then Your Signups at Parktakes online or call 703-222-4664. Refunds are not given for a missing/lost/not received confirmation.

REFUNDS

- FCPA will automatically post a full credit to your account when a class or program is canceled in its entirety. If the FCPA cancels individual meetings due to inclement weather or other circumstances, your account will be credited at the end of the program session for any classes not made up.
- A full refund will be issued when a class or program is changed by FCPA, and it is impossible for the customer to continue with the class.
- Refunds or class credits are not issued for missed individual meetings for classes, camps, workshops, programs, or trips due to personal schedule conflicts or illness.**

When a customer cancels a registration, the following fees apply per registration:

Classes

- Request received 14 or more days prior to the start date - full refund.
- Request received 13 or fewer days prior to the start date - \$15 processing fee applied.
- Request received on class start date - refund minus cost of one class and \$15 processing fee.
- Request received after start date - prorated refund based on number of classes and \$15 processing fee.
- Requests for refunds must be submitted prior to the end of the session.

Camps/Workshops

- Transfer and refund requests must be received 14 days prior to the camp start date. A \$25 processing fee per session will be deducted.
- Request received 13 or fewer days prior to the start date - no refund.

Day Trips and Tours

- Request received 14 or more days prior to the trip date - full refund.
- Requests received 13 or fewer days prior to the trip date - no refund.

SENIOR DISCOUNTS

Fairfax County and Fairfax city residents age 65 or older get a 35% discount. This applies to CODED activities only. Not included: Day Trips and Tours, Pilates lessons, FallProof, gravity lessons, per family fees and programs priced \$45 or less.

*Early registration discount

Does not apply to activities without catalog ID's, events, re-advertised tours, scout programs, camps, camp extended care, per family fees or classes priced \$45 or less.

SCHOLARSHIPS AND PUBLIC ASSISTANCE

Scholarships for one coded class per quarter are available for dependent children of Fairfax County residents who receive public assistance. **A \$15 processing fee applies for each scholarship class** and is refundable only if Fairfax County cancels the program. Students must pay any supply fees. **Note:** No scholarships are offered for camps, workshops, day trips/tours, vendor-provided programs, FallProof, TRX or Pilates Allegro lessons.

Required documentation: A verification letter from the assisting agency must accompany the scholarship request form and include eligibility dates and the name of the family member who will receive the scholarship. Eligible forms of public assistance are:

- Medicaid
- TANF
- Free lunch verification from Fairfax County Public Schools
- WIC
- Head Start
- FAMIS
- SNAP (food stamps)

REGISTER FOR SCHOLARSHIPS:

Complete a scholarship eligibility form at www.fairfaxcounty.gov/parks/scholarships and submit it online, by fax or by mail. Once you receive a scholarship confirmation receipt to your account, you may register for classes via phone, fax, mail, in person or online at www.fairfaxcounty.gov/parks/parktakes.

Seniors and Adults with Disabilities

Senior adults and adults with disabilities who meet the following income guidelines are eligible to receive a scholarship for one class per quarter:

- \$16,700/one person
- \$22,500/family of 2
- \$28,300/family of 3
- \$34,100/family of 4
- \$39,900/family of 5
- \$45,700/family of 6

For each additional person, add \$5,800 to determine maximum annual income for eligibility.

Mail: FCPA/Parktakes, PO Box 4606, Fairfax, Va. 22038-4606 • Phone: 703-222-4664 • Fax: 703-631-2004
Subscribe to Parktakes! It's FREE! ☐ Mail Parktakes to street address below. ☐ I want to consider the environment. Send Parktakes to my e-mail address.



Fairfax County is committed to giving all residents equal access to recreation and leisure opportunities. Reasonable accommodations and inclusion opportunities are provided in accordance with the Americans with Disabilities Act in all Park Authority programs, classes and camps. ADA accommodations include sign interpreters, assistive listening devices, program modifications and inclusion support. Call 703-324-8565 or TTY: Va. Relay 711 at least 10 working days in advance of the date services are needed.

CN - Staff use only#

PLEASE PRINT

☐ Check if change of address

Primary Account Holder		Date of Birth		Gen-der		1ST CHOICE Activity Code		2ND CHOICE Activity Code	
Street		City		State		Zip		Apt.	
Phone #s		Home		Work		Cell			
Email									
Participant's Name (last, first)		Date of Birth Month/Day/Year		Gen-der		1ST CHOICE Activity Code		2ND CHOICE Activity Code	
SAMPLE, JOEY		3/15/13		M		38C.D5A7		38C.D5E4	
		/ /							
		/ /							
		/ /							
		/ /							
		/ /							
PAYMENT INSTRUCTIONS									
1 Total Listed Fee(s): For all 1st choice programs									
2 Fairfax County Senior Discount (classes with activity code): Multiply line 1 by 0.35 to calculate 35% senior discount. Do NOT round off cents. Write result in line 3. Only residents of Fairfax County and Fairfax City age 65 or older are eligible. Not included: Day Trips and Tours, Plates lessons, FallProof, Gravity lessons or classes priced \$45 or less. See senior discount section on next page.									
3 SUBTOTAL Line 1 minus line 2									
4 Early Registration Discount per Class: Deduct \$8 for each activity code submitted (postmarked if mailed) by early registration date. Does not apply to programs without catalog ID, re-advertised tours, scout programs or classes priced \$45 or less.									
5 SUBTOTAL Line 3 minus line 4									
6 Deduct House Account Credit: Deduct any credits received on this line									
7 Out-of-County Registration Fee: Add \$15 per catalog ID for activities priced \$46 and up; add \$2 for programs priced \$45 or less.									
8 Class Scholarship Donation: Add any amount you wish to donate. Fairfax County Park Foundation will send written confirmation of a tax deductible donation of \$10 or more.									
9 TOTAL (PAY THIS AMOUNT): Total lines 5-8. Pay this amount. Make checks payable to FCPA. A \$50 fee will be charged for returned checks.									

SCHOLARSHIP REQUEST			
Requires \$15 processing fee per class • Check one:			
<input type="checkbox"/> Income-Eligible Senior or Income-Eligible Disabled Adult		<input type="checkbox"/> Public Assistance Recipient (attach verification)	
See scholarship information on next page. Signature is required.			
Signature		CN-Staff use only#	
PAYMENT METHOD			
Check one:			
<input type="checkbox"/> Credit Card (Check type)		<input type="checkbox"/> VISA <input type="checkbox"/> DISCOVER	
#:			
Exp. Date:		Zip:	
Signature			
<input type="checkbox"/> Cash (walk-in only)		<input type="checkbox"/> Check enclosed \$ #:	
<input type="checkbox"/> Use House Account Credits (if credits don't cover full cost of registration, use any payment method listed above for balance due)			
One household per registration form, please. Additional registration forms may be photocopied or downloaded from the Park Authority web page, www.fairfaxcounty.gov/parks and search "registration form"			

ACE

ADULT AND
COMMUNITY
EDUCATION

Offering courses in:

- Apprenticeship
- Business
- Culinary
- Driver Education
- CPR and First Aid
- ESOL
- Floral Design
- Health & Medical
- Information Technology
- K-12 Enrichment
- Professional Workplace Skills
- Real Estate
- Test Preparation
- Trade and Industrial
- World Languages, K-Adult

and many more!

**Contact us if you need more
information about classes or if
you are interested in teaching
for ACE**

ACEOnline@fcps.edu

aceclasses.fcps.edu



We're hiring to fill positions in all areas of the Park Authority

For available employment opportunities, visit
www.fairfaxcounty.gov/parks/jobs-internships

If you have questions, please email
FCPAJOBS@fairfaxcounty.gov



joinFCPA
@ fairfaxparks

Fairfax County is an Equal Opportunity Employer and
a proud Virginia Values Veterans (V3)-certified organization.



WINTER WONDERLAND BURKE LAKE PARK



Saturdays & Sundays
December 7-8, 14-15, and 21-22 • 11 a.m.-5 p.m.
\$15 in advance online • \$20 at door

Holiday Express Train Rides • Caroler's Carousel
Gingerbread Man Golf
S'mores • Hot Chocolate • Candy Canes!

Burke Lake Park
7315 Ox Road, Fairfax Station
703-323-6600

For registration information, visit
www.fairfaxcounty.gov/parks/burke-lake



Grow your Legacy in Fairfax County parks!

Create a legacy of parks and green space for future generations by including the Fairfax County Park Foundation (FCPF) in your gift plans.

Join the FCPF Legacy Circle

"Fairfax County's Park system is diverse, with Rec Centers and historic properties; riverfront and lakefront parks; rolltop observatory and facilities for active athletics – in urban and rural settings. There is something for everyone!"

We especially appreciate the ability to be refreshed in beautiful rolling hills and forests and along stream valleys. There are many ways to help. In addition to leveraging regular contributions to the Park Foundation through a corporate matching grant program, we have made provision in our estate planning to help sustain the meaningful stewardship that is necessary so that those who follow will have the same opportunities and enjoyment."

- Tim and Lesley Hackman



Fairfax County Park Foundation

There are many simple ways to enrich your parks.

- Include FCPF in your Will or Trust to bequeath:
 - Monetary funds
 - Appreciated Stocks, Bonds & Mutual funds
 - Real estate
 - Gifts resulting from an Estate Settlement
- Name FCPF as a beneficiary of your:
 - Retirement account
 - Life Insurance policy
 - Certificate of Deposit
 - Brokerage or Bank account
 - Donor-advised fund

(Consult with your tax or legal advisor to determine benefits for you and your family.)

Future generations will appreciate your thoughtful gift planning today!



Fairfax County Park Foundation
Tax ID #54-2019179

703-324-8581 • parkfoundation@fairfaxcounty.gov



Parktakes

Fairfax County Park Authority
12055 Government Center Parkway, Suite 927
Fairfax, VA 22035-5500



A Fairfax County,
Virginia, publication



MAKING MEMORIES AT THE ALDEN

“L’CHAIM II: A TRIBUTE TO THE JEWISH LEGACY OF BROADWAY (AND CHRISTMAS)”

SUNDAY, DEC. 15, 2 P.M.

“L’Chaim II” traces the history of musical theater with the parallel history of Jewish Americans. But mostly, it’s great music sung by great singers.



“IT’S A JAZZY CHRISTMAS!”

SATURDAY, DEC. 21, 7 P.M.

Saxophonist Lil’ Maceo, gospel violinist Eric Taylor and an unbelievable lineup of soloists join a stellar jazz band for an evening that will make your holidays absolutely unforgettable.



A!

COLLAGE DANCE COMPANY: “RISE PROJECT”

SATURDAY, JAN. 18, 7 P.M.

Dr. King’s powerful “Mountaintop Speech,” which was delivered the day before he died, is the backdrop for this full-length neoclassical ballet.



To view the full season and purchase tickets, visit:

aldentheatre.org

The Alden at the McLean Community Center
1234 Ingleside Avenue, McLean Va. 22101
703-790-0123, TTY 711

**FREE
Parking**



McLean
Community
Center
The Center of It All



SCAN ME