

KOSHY

Student
Guide



KEIO CHUTOBU
ESS CAMP
JULY 2023

Name:

Day 1:

Bus activities:

- I spy;
- Sentence chain;
- Chatting with students (basic introductions of KOSHY Staff).

Afternoon activities (upon arrival):

- Room allocation;
- Opening ceremony;
- Staff intro skit;
- Splitting into teams (blue/red);
- Team Spirit (T-shirts, designing the team flag etc.).
- Introduction to Skits and skit preparation (choosing a topic and initial rehearsals).

Team activities (evening):

- Capture the flag;
- Ultimate frisbee.

DINNER

Evening activities:

- Dragon tails;
- Bath time;
- Pajama Party, movies & snacks.

BEDTIME

Day 2:

WAKE-UP BREAKFAST

Morning hike and outdoor games in English.

LUNCH

Afternoon activities:

- Body Language and Pronunciation practice;
- Skit creation;
- Word Wolf;
- Sports, games, and free time activities.

DINNER

Evening activities:

- Skit finalization and performance;
- SURPRISE EVENING ACTIVITY!

BEDTIME

Day 3:

WAKE-UP BREAKFAST

Room inspection & checkout;
Marco - Polo;
Diary check and correction;
Commemorative photos & survey;
Return to Tokyo.

NOTES:

Activities given on this page are for reference only and may change depending on the weather and/or availability of facilities at the hotel.

Wake-up – 07.00

Breakfast – 07.30-08.30

Lunch – 12.00-12.45

Dinner – 18.00-19.00

Bedtime – 22.00

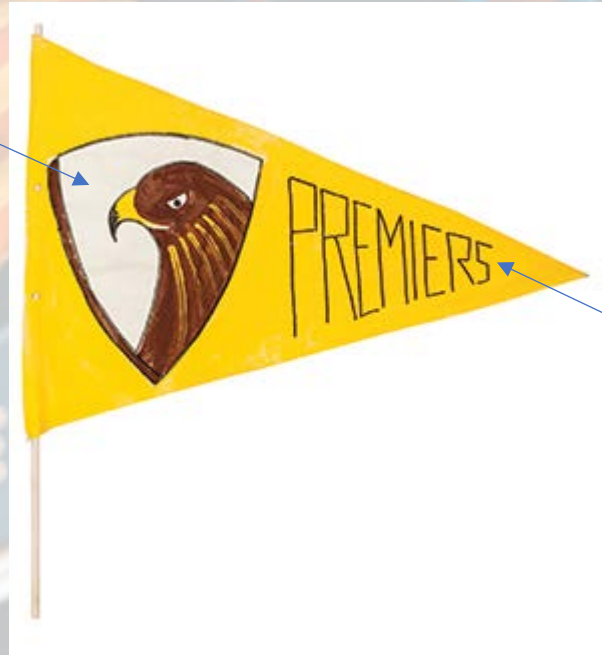
Meal times are subject to change and are at the discretion of the hotel. Neither Keio nor Koshy have any control over the quality / quantity / contents of meals. In case where a meal time is changed, the wake-up time and bedtime will be adjusted as well.

Participation in Study Periods (Team Spirit, Skits, Body Language, Pronunciation Practice) is mandatory. Participation in all other games and activities is highly encouraged, but ultimately voluntary.

Daily homework in the form of a diary entry is mandatory.

Team Spirit!

As a team, it's important for you to feel a connection with your teammates. The best way to do this is to make, together with everybody, something that will represent the spirit of your team – a Team Flag!



Team Logo

Team Name

Go ahead and design your own team flag!

The logo should be a picture of something that you all like, something you all feel represents your team spirit the best. It can be an animal, an object, or anything else!

As for your team's name, you should choose something short, but easy to remember.

Finally, every team needs a chant! A chant is a short song that should make your team feel more powerful. Here is an example:

*We're fired up, we're sizzling hot,
We've got the heat; we will not stop!
Gooooo [team name]!*

Try to make a chant for your team!

Skits

A skit is a short, 1-minute conversation between 2 or more people. It should focus on emotion, body language, and intonation.

Here is an example of a skit popular at American summer camps:

The Invisible Bench

This skit needs 3 or more people.

- Person #1: Walks on stage and squats down as if he is sitting on a bench that is invisible.
- Person #2: Walks up to #1.
- Person #2: "Whatcha doin'?"
- Person #1: "Just sitting on this invisible bench."
- Person #2: "Can I join you? "
- Person #1: "Sure."
- Person #2: Sits down next to #1.
- Person #3: Comes on stage and repeats the dialog.

Each new person comes on and repeats, making a long line of campers sitting on the bench. Last person walks up to the line of campers.

- Last person: "What are you guys doing?"
- All people: "Just sitting here on this invisible bench."
- Last person: "No you aren't. I moved the bench over there." (*Points*)

All the sitting people fall down.

Now it's your turn:

Skit topic:

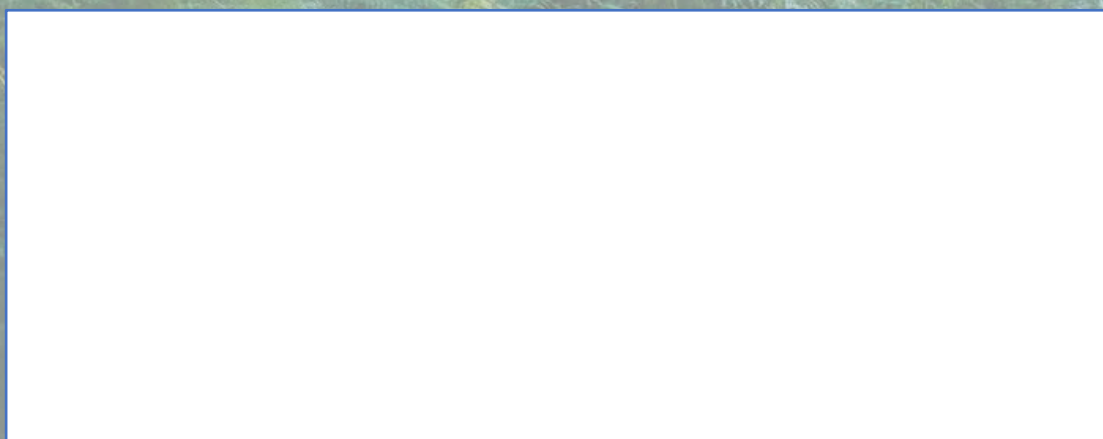
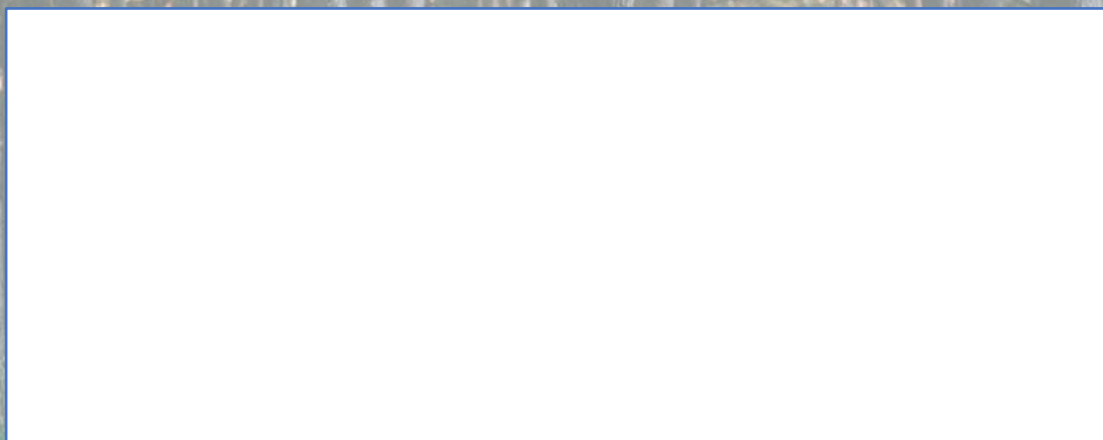
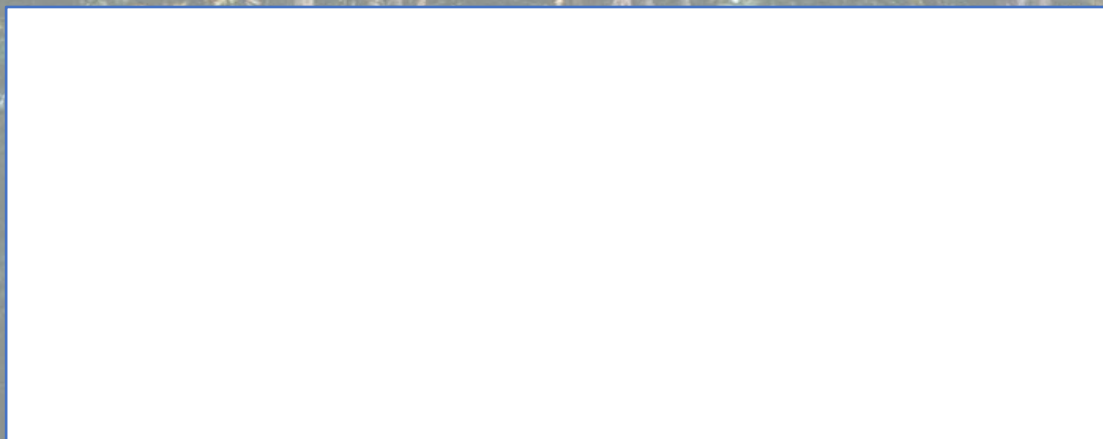
Characters:

Skit text:

TH; V vs. B pronunciation:

PATH	MATH	PASS	MESS	BATH
BUS	THAT	MONTH	MOTH	BIRTH
THIRTEENTH	VERY	BERRY	THIGH	VAN
BAN	VASE	BASE	VEIN	BRAIN

Where do we put our tongue to say *TH*? How about *V* and *B*? Draw a picture!



Body language!

Stressful situations:

In which of these situations would you feel most stressed if you were in a foreign country? Why?

You are waiting for the bus, and a stranger starts talking to you. They ask how long you have been waiting and obviously want to start small talk.

You are at a restaurant, and the staff brings you the wrong order.

You are at the airport, and the security officer is asking you a question but you don't understand what they are asking.

You are at a supermarket, and you accidentally hit another person with your cart.

Your roommate at the dorm introduced you to some of their friends, but you don't like them because they make you feel uncomfortable and smell bad.

How would you behave in these situations?

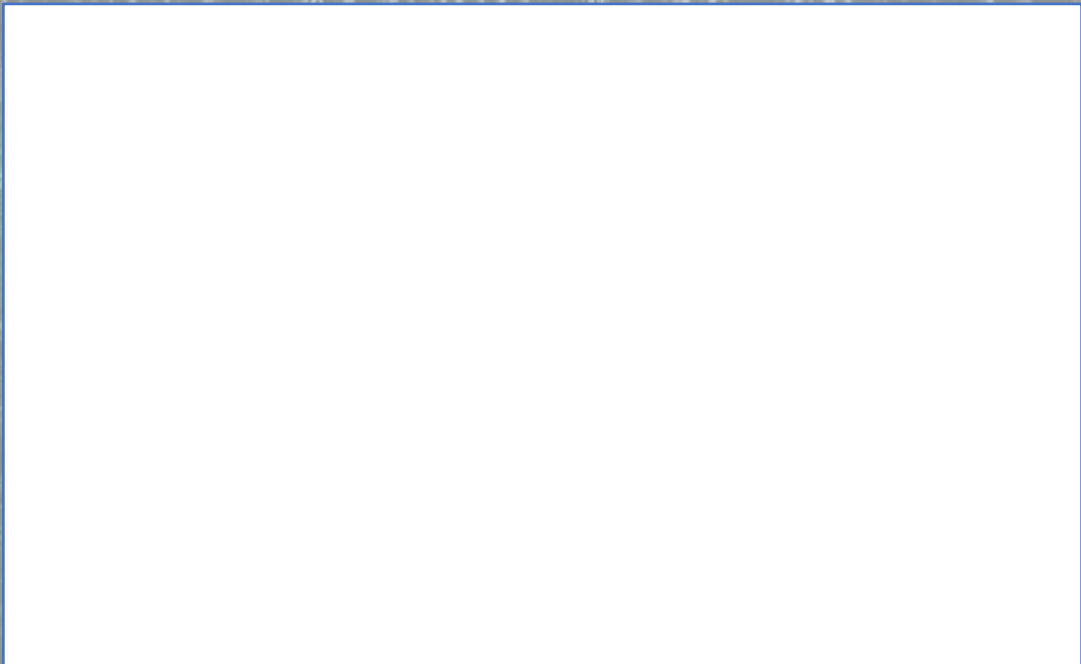
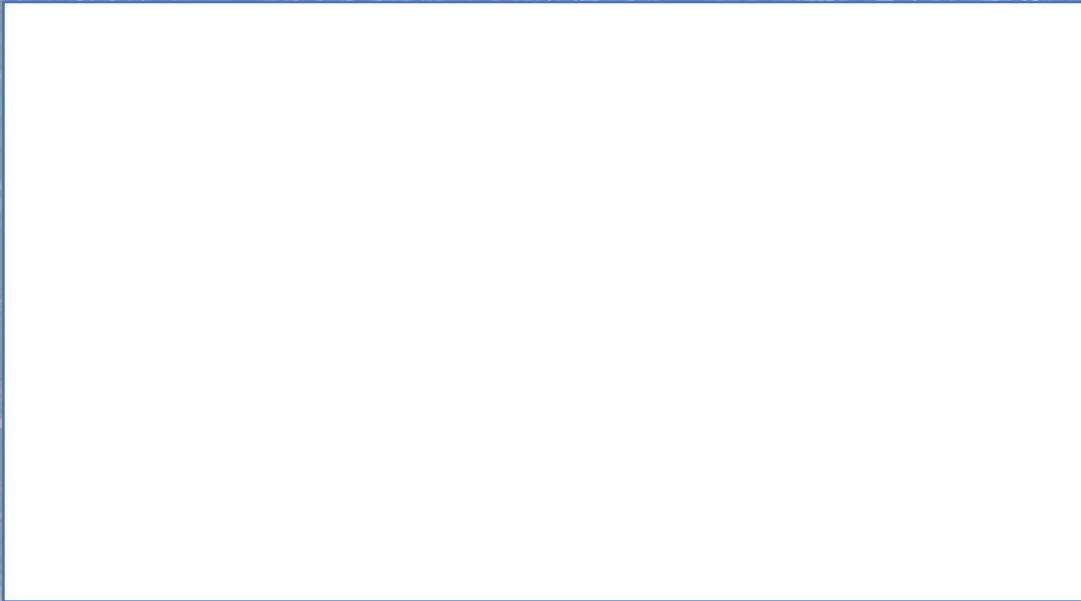
Now you should think of a new situation with a partner. Write down the conversation:

Dialogue:

R vs. L; Ah vs. Uh pronunciation:

ROLLERCOASTER	TORONTO	LORRY	REALLY	RABBIT
DRAG	DRUG	PAT	PATH	TRAP
MAN	MEN	BET	BATH	RYE
LIE	RIGHT	LIGHT	BAT	MAT

Where do we put our tongue to say *R* and *L*? Draw a picture!



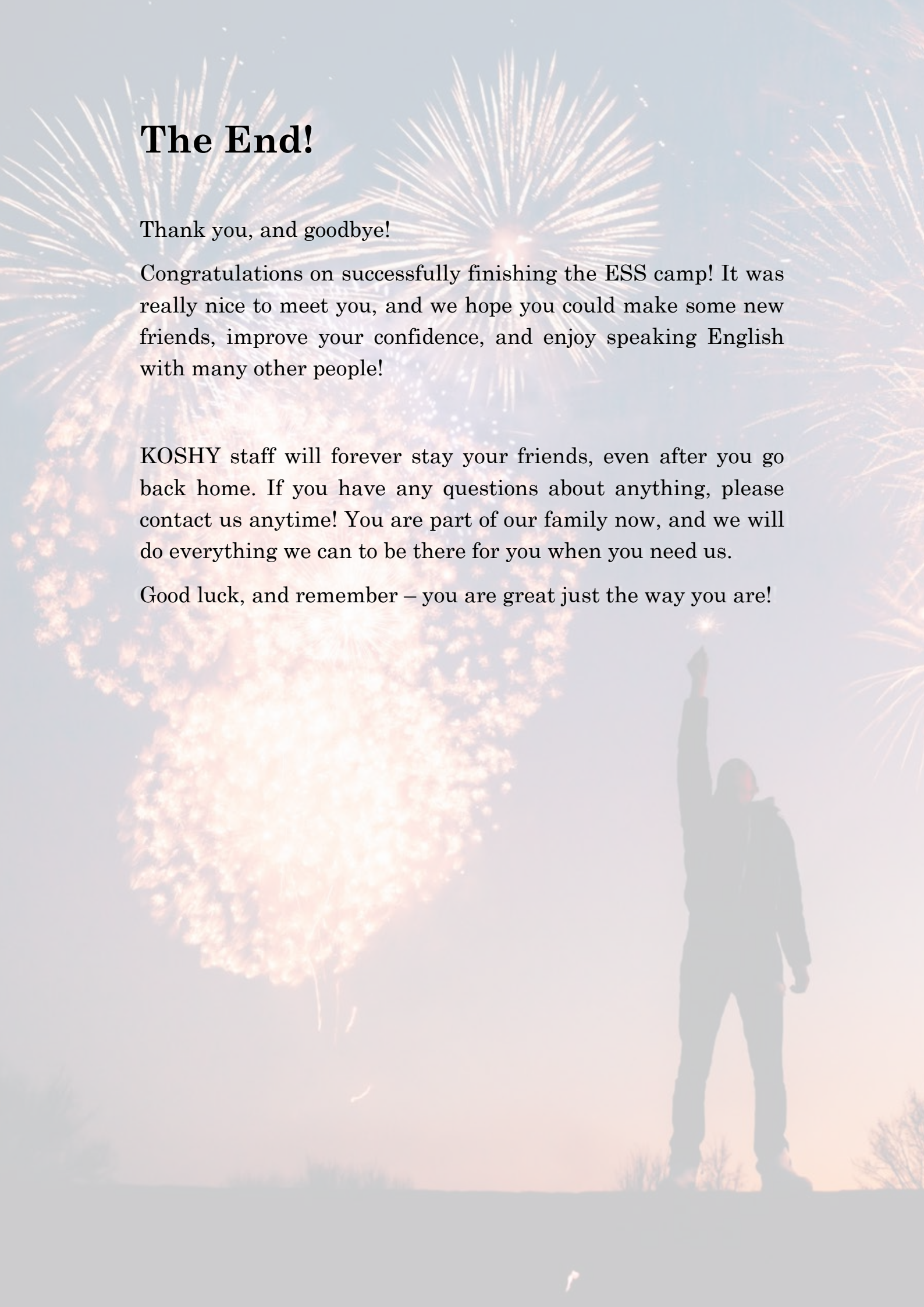
The End!

Thank you, and goodbye!

Congratulations on successfully finishing the ESS camp! It was really nice to meet you, and we hope you could make some new friends, improve your confidence, and enjoy speaking English with many other people!

KOSHY staff will forever stay your friends, even after you go back home. If you have any questions about anything, please contact us anytime! You are part of our family now, and we will do everything we can to be there for you when you need us.

Good luck, and remember – you are great just the way you are!



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