



CHILDREN'S HOMES QUALITY

The Lovin' Care™ Training Pathway

Hyperlinks are available throughout for easy access & booking!! Click this logo



The Lovin' Care™ Network

A community of residential childcare professionals, leaders, and adults with lived experience, committed to embedding love-led practice.

The goal is clear: Love must be a safe, visible, and vital part of everyday care.



Training pathway

Are you ready to embed Lovin' Care™ in your home?

Begin by checking if you are **READY:**

- **R**obust safeguarding culture in place
- **E**ngaged and enthusiastic leaders and staff
- **A**ttachment- and trauma-informed practice embedded
- **D**edication to continuous development
- **Yes**, we can! mindset



Training Pathway



- 1. Foundations for Lovin' Care™** - For Lovin' Care™ to thrive, it needs to be built on **strong and safe foundations**. These are not barriers, but the supports that give us confidence to love wisely and well.
- 2. Lovin' Care™ for Leaders: Creating the conditions** where Lovin' Care™ can safely flourish in homes
- 3. Lovin' Care™ for Adults: How to create environments where Lovin' Care™ can flourish** – email trainingenquiries@childrenshomesquality.com for a discussion and more information
- 4. Safe to Love: Embedding Lovin' Care™ Within Robust: Embedding Lovin' Care™ within a robust safeguarding framework**, exploring safe adults, boundaries, and defensible practice
- 5. Let's Talk Words: A care-experienced perspective on the language we use**, and how words can make Lovin' Care™ healing, connecting, and empowering
- 6. Delegation & Feedback Skills That Build People Up: This training session explores how to foster trust & growth** by mastering the skills of clear delegation and effective feedback.
- 7. Journey Beyond - Leaving Care, Interdependence, Priorities & Possibilities: A care-experienced perspective on leaving care**, independence, staying close, a critical time for young people.
- 8. Lovin' Care™ in Practice: Aligning with the Regulatory Framework: Understanding how regulations can evidence Lovin' Care™ and support safe and relational practice**
- 9. The Lovin' Care™ Network - Sustaining and embedding Lovin' Care™: FREE** quarterly virtual gathering open to anyone in residential childcare.
- 10. Consultancy support** – Tailoring organisational systems, policies, and practice to embed Lovin' Care™ effectively for support, **contact us** Lovincare@childrenshomesquality.com

Whether you start at the beginning or join partway through, each session offers insight and connection. The pathway is designed to meet you where you are!

1. Foundations for Lovin' Care™

For Lovin' Care™ to thrive, it needs to be built on **strong and safe foundations**. These are not barriers, but the supports that give us confidence to love wisely and well.

Teams benefit from having:

- **Safeguarding confidence** - Knowing how to keep children safe by applying policy, procedure, and practice together.
- **Attachment and trauma-informed practice** - Embedding approaches that recognise how children's past experiences shape the way they give and receive love.
- **Emotional safety** - Creating a culture where adults feel supported, confident, and permitted to love wisely without fear.

These foundations make Lovin' Care™ possible; they free us from fear, strengthen our practice, **and create a safe platform where love can flourish.**

Consider:

- **What strengths do we already have in these areas?**
- **Where could we grow further?**
- **What training or support would help us feel more confident?**

Email trainingenquiries@childrenshomesquality.com to discuss how we can support you at the very start of your journey.

2. Lovin' Care™ for Leaders - Creating the conditions where love can safely flourish in homes

This **virtual session is essential** for Registered Managers, Registered Service Managers, Responsible Individuals, and senior leaders. It explores how to create care environments where **mutually loving relationships between adults and children** can safely flourish, emotionally informed, regulation-aligned, and grounded in relational intelligence.

What we'll explore together:

- What are our fears around love and how do we honour, not silence, them?
- How can love transform the outcomes and sense of self for children in care?
- What does a culture that allows love to flourish look and feel like?
- How do we help children who have experienced abuse to feel safely loved?
- What support do staff need to love well and wisely?
- How do we build emotionally literate systems and processes that make love replicable, not risky?
- How can the **Children's Homes & Support accommodation regulations**, and the **SCCIF** framework actively support and evidence Lovin' Care™?

Why it matters:

- Leaders set the tone and culture in every home
- Without leadership permission, teams often feel unsafe to love openly
- Confident leaders can align love with regulation and inspection, moving beyond fear and defensiveness



3. Lovin' Care™ for Adults - How to create environments where love can flourish

This training is delivered **face-to-face to staff teams working** with children and young people, providing a safe place to learn more about Lovin' Care™ and how to actively apply this knowledge in their homes.

Together we will:

- Explore how to create environments where love can safely flourish
- Reflect on childhood experiences and what helps children feel loved
- Understand the fears and barriers that hold teams back from loving openly
- Learn how attachment, trauma, and safeguarding frameworks support Lovin' Care™
- Practice language change (*placement* → *home*, *contact* → *family time*)
- Grow confidence as safe adults: emotionally intelligent, child-centred, and relational

Why it matters:

- Children thrive when surrounded by consistent, loving relationships
- Love builds resilience, self-esteem, and identity
- When adults dare to love wisely, children feel safe, valued, and at home

Delivered face-to-face, booked individually with each home.



Email trainingenquiries@childrenshomesquality.com for a discussion and more information

4. **Safe to Love: Embedding Lovin' Care™ Within Robust Safeguarding**

Many people working in children's homes want to be more loving and relational, but fear their practice may be misinterpreted. This **virtual** session explores how to deliver Lovin' Care™ **within a robust safeguarding framework**, addressing fears, strengthening boundaries, and freeing adults to offer compassionate care with confidence.

Together we will:

- Explore the required qualities of a Safe Adult
- Distinguish between professional boundaries and unloving distance
- Reflect on how fear impacts judgement and safeguarding responses
- Plan defensible, evidence-based practice so that love can be offered safely

Why it matters:

- Fear and defensive practice can block connection with children
- Defensible practice protects both adults and children
- Safe adults make it possible for love and safeguarding to work together



5. Let's Talk Words - A care experienced perspective on the language we use

This **virtual** session is for professionals who want to align their practice with Lovin' Care™ by transforming the way we use words in homes and services. Through lived experience, it shows how language shapes identity, belonging, and self-worth and **how words can either build connection or cause harm.**

Together we will:

- Step into a young person's shoes to experience how everyday "care language" feels
- Understand how words impact self-perception, relationships, and aspirations
- Explore how recent policy shifts (Children's Social Care Implementation Strategy, Supported Accommodation Regulations) reinforce relational, love-led practice
- Practice therapeutic recording and develop principles for language that heals
- Reflect on their own practice and leave with tools to embed Lovin' Care™ through everyday words

Why it matters:

- Lovin' Care™ is more than actions; it is also the words we use
- Language can either reinforce stigma or make love safe, visible, and real
- By changing words, we change how children see themselves, their care, and their future



6. Delegation & Feedback Skills That Build People Up

This **virtual** session balances regulatory rigour with emotional intelligence, empowering leaders to delegate with trust and provide feedback that builds confidence, accountability, and relational safety.

Together we will

- Apply trust-based delegation using the 5Cs to build confidence, clarity, and ownership in teams.
- Use Situational Leadership to match support to staff skill and motivation.
- Give clear, compassionate, and accountable feedback using Radical Candor.
- Structure feedback using the SBI + Future Focus model to support emotional safety and growth.
- Strengthen relational leadership through reflective, trauma-informed practice.

Why it matters

- Children thrive when adults lead with clarity, consistency, and emotional attunement.
- Strong, supported teams create the stability that builds safety and trust
- When leaders develop their people with courage and care, children feel it in every moment of their day.



7. Journey Beyond - Leaving Care, Interdependence, Priorities & Possibilities - A care experienced perspective.

The transition from care to adulthood is critical, and traditionally focused on achieving 'independence.' However, recent shifts suggest that adopting 'interdependence'- valuing relationships and community support-could lead to better results. **The Supported Accommodation (England) Regulations 2023 establish quality standards to ensure adequate support during this transition.** This **virtual** session draws on lived experience to explore how we move from policy to practice. Unpacking legislation, entitlements, and the real meaning of interdependence, centering relationships as the cornerstone of positive transitions.

Together we will:

- Redefine Independence
- Embrace Interdependence
- Create practical Applications
- Develop an understanding of Legislation & Entitlements

Why it matters:

- Gain empathy and insight into care leavers' experiences.
- Critically evaluate the drawbacks of the independence model and the benefits of interdependence.
- Learn to implement interdependence-oriented practices in compliance with current regulations.
- Access tools for developing essential life skills in young people.



8. Lovin' Care™ in Practice: Aligning with the Regulatory Framework

This **virtual** session is for leaders and teams who want to understand how regulations can actively support Lovin' Care. It explores how to align everyday practice with regulatory expectations while keeping love at the centre.

Together we will:

- Understand how the Children's Homes Regulations, Supported Accommodation Standards, and SCCIF framework connect to Lovin' Care™
- Identify how regulations can evidence love-led practice, not just restrict it
- Distinguish between defensive compliance and defensible, relational practice
- Build confidence to demonstrate love-led care to Ofsted, commissioners, and external scrutiny
- Explore how regulatory frameworks can create safe, consistent environments where love can flourish

Why it matters:

- Regulations are not barriers; they provide a framework that protects and evidences Lovin' Care™ in practice
- Confident leaders and teams show how safety and love work hand in hand
- Moving beyond compliance creates homes where love is expected, not exceptional



9. Lovin' Care™ Network

Click the title or the flyer to sign up!!

CHI Lovin' Care™ Network

MAKE CARE INCREDIBLE – WITH LOVE PART OF THE DEAL

A free virtual gathering for anyone working in or alongside residential childcare who is passionate and courageous about creating love-led homes.

OUR PURPOSE

- Sharing real stories, research, and relational practices
- Celebrating progress and learning from homes across the sector
- Developing an understanding of how regulatory frameworks support Lovin' Care™
- Identifying shared barriers and solutions
- Building a collective voice to influence wider systems and policy

Above all, the network serves to elevate the voices of those who care and to

MEET YOUR LEAD FACILITATOR



Carla Keyte brings over 20 years' experience in residential childcare with a proven track record of embedding love-led, trauma-informed, relational approaches into everyday practice. She leads with clarity, compassion, and purpose, turning compliance into connection, placing love firmly at the heart of care.

The goal is clear : Love must be a safe, visible, and vital part of everyday care.



Reserve your spot [HERE](#) or scan the QR code

[Click here to explore The Lovin' Care™ Pathway](#)

The Network is a **free, quarterly virtual** gathering open to anyone in residential childcare. It offers space to:

- Reflect, recharge, and reimagine practice
- Share stories, research, and learning
- Celebrate progress across the sector
- Build a collective voice to influence systems and policy

To deepen and embed change, we also provide:

- **Leadership coaching** – supporting managers and leaders to sustain confidence and resilience
- **Consultancy support** – tailoring organisational systems, policies, and practices to embed Lovin' Care™ effectively
- **Why it matters:** Embedding Lovin' Care™ is not a one-off event; it requires ongoing courage, reflection, and support.

10. Consultancy support

Embedding Lovin' Care™ is a journey, not a tick-box and our consultancy support honours that.

On a needs-led basis, we offer compassionate, courageous guidance to help organisations tailor systems, policies, and everyday practice so that loving care becomes not just visible but lived.

Whether it's co-designing trauma-informed induction pathways, refreshing safeguarding language, or gently challenging culture through reflective supervision, we walk alongside teams with kindness and clarity.

Rooted in CHQ values, we lead with love, model ethical practice, and hold space for the brave conversations that make real change possible.

For support, contact us Lovincare@childrenshomesquality.com

Outcomes of the Pathway

By following the training pathway, organisations will:

- Build confident leaders who align safety, regulation, and Lovin' Care™
- Equip staff as Safe Adults who love consistently and wisely
- Transform language and recording into tools of healing and dignity
- Strengthen safeguarding so love is safe and defensible
- Use regulation to evidence and protect Lovin' Care™
- Sustain change through the Network, coaching, and consultancy

For children, this means:

- Homes where they feel safe, seen, and valued
- Adults who dare to love them wisely and consistently
- Lasting relationships that build resilience, identity, and self-esteem
- A care journey rooted in love, not just compliance



**Lovin' Care™ is already alive in many homes,
through inclusive language, relational
leadership, and intentional culture-building!**

CHILDREN'S HOMES QUALITY

**Lovin' Care™ is not just a feeling; it's a
leadership practice. Attendees are seeking
ways to express love professionally, safely, and
consistently!**





**Scan or click the QR to
find all our virtual
Lovin' Care™ sessions
on Eventbrite!**

Lovin' Care™

**Virtual sessions can be commissioned directly,
especially for groups of up to 14, making it more cost-
effective and adaptable for leaders or staff teams.
Email trainingenquiries@childrenshomesquality.com
to learn more**

Children's Homes Quality (CHQ)

- **FREE virtual networks**
- Regulation 44 Visitors
- Children's Homes & Supported Accommodation Consultants
- Reflective Supervision
- Audits and Mock Inspections
- Independent Investigations
- Pre-Registration Supportand more

Why? To support children's homes in providing the best possible care. [Want to know more?](#)



Scan or click the green QR code or email information@childrenshomesquality.com

Scan or click the blue QR code to view ALL of our virtual sessions on Eventbrite!!



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