

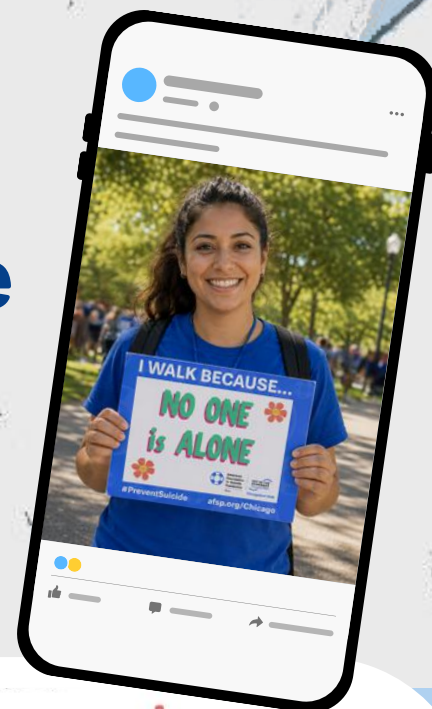


What's your why?

Print a poster,
share your why, and post on
the **@AFSPIL Facebook page**
by **JULY 31st** to qualify
for a **Happiness Project**
gift pack.

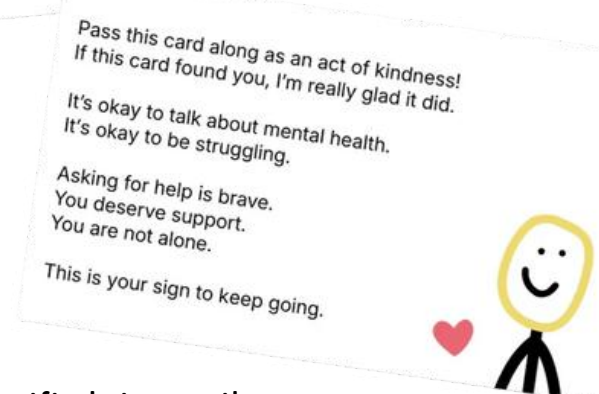


Scan to Print Poster



- **\$150 GIFT CARD** <<<
- **Chase the Sunrise T-Shirt**
- **Kindness Cards (pack of 50)**

Three qualifying participants will be randomly selected and notified via email.



**WALK
WITH US**
TO PREVENT SUICIDE
Out of the Darkness
Chicago Walk
October 3, 2026

afsp.org/Chicago



American
Foundation
for Suicide
Prevention
Illinois



Print poster & fill in your why.



ENGLISH

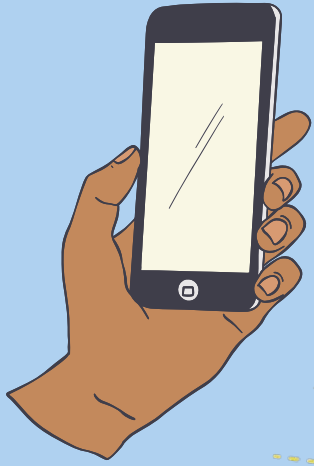


SPANISH

Scan to Print Poster

Scan to Print Poster

*Snap a photo & post it on
@AFSPIL Facebook page*



*or on any of our social
media platforms*



facebook



Talk away the dark

Talking is the first step to preventing suicide.



AFSP Illinois Chapter

You can even email:

chicago@afsp.org



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**OUT OF THE
DARKNESS**
Community Walks

*Together, our steps
create hope.*



**REGISTER
FOR FREE!**

WALK WITH US

TO PREVENT SUICIDE

Out of the Darkness Chicagoland Walk

Sat., October 3rd | 9AM
Montrose Harbor - Chicago

REGISTER. VOLUNTEER. DONATE.

afsp.org/Chicago

Join Us!

Presenting Sponsor

happiness
project



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for Suicide
Prevention**

Illinois

