



REPRESENTATIVE SCHOOL SPORT 2025



EVENT PROGRAM



5Rs response to concussion

The 5Rs is an easy to remember concussion management strategy to support the health and wellbeing of students of all ages.

Parents and carers can use the 5Rs to support the response of a suspected concussion.



Concussion is defined as “a form of mild-traumatic brain injury that occurs as a results of a direct impact to the head or the body that cause transmission of forces to the head and brain”. Early recognition is the key to successfully responding to and managing a concussion. Signs and symptoms may not show up until 24-48 hours after the head injury.



To protect the health and wellbeing of the competitor, medical advice states that the competitor is removed from play and monitored for signs and symptoms. The signs of concussion include: appearing dazed or stunned, repeating questions, confusion, drowsiness, headache, blurred vision, nausea, loss of balance or just does not seem right.



Any signs or symptoms should be assessed by a doctor. It is important that signs and symptoms are recorded. Doctors will need to know when each sign or symptom was noticed, how long it lasted and whether the sign or symptom was mild or severe.



Medical advice states that anyone who suffers a concussion needs complete physical and cognitive rest for at least 24-48 hours. This includes a break from exercise, use of computer screens, video games or study. Time away from school and sports should follow doctor's advice.



A gradual and staged return to school and sporting activities should be planned by the young person's doctor. This plan should be shared and followed by parents, carers, school staff and coaches.

NSW Combined High Schools
Sports Association

108th Annual Swimming Championship



Est. 1889

Sydney Olympic Park Aquatic Centre

Monday 7 April 2025 – Wednesday 9 April 2025

New South Wales Combined High School Sports Association in conjunction with
the NSW Department of Education School Sport Unit



<https://app.education.nsw.gov.au/sport/>

Acknowledgement of Country

New South Wales Combined High School Sports Association would like to begin by acknowledging the Traditional Custodians of the land on which we gather for these championships. We pay respects to their Elders past and present and extend that respect to Aboriginal and Torres Strait Islander peoples here today. We strive to ensure every Aboriginal and Torres Strait Islander learner in NSW achieves their potential through education. We meet for these championships on the traditional lands of the Wann clan, known as the Wann-gal. The lands of the Wann-gal stretched along the southern shore of the Parramatta River between Cockle Bay (Cadi-gal land) and Rose Hill (Burramatta-gal land)



Welcome message from Craig Stevens

Swimming Olympian and medallist
World championship swimmer and medallist
Commonwealth games swimmer and medallist
NSWPSSA swimming representative
NSWCHSSA swimming representative
NSWCHSSA blue award (swimming 1998)
Bonnet Bay and Loftus Public School
The Jannali and Endeavour Sports High School



Welcome to the 2025 New South Wales Combined High Schools Swimming Championships.

It was such a great experience for me growing up and participating in swimming championships offered in the public school system. School sport offered so many opportunities for myself and gave me so much motivation to perform both in and out of school.

Throughout my primary schooling I did well and reached the state championships winning medals. In high school my competitive swimming outside of school competition suffered and I was thinking whether or not to continue.

When I was 16 I was able to win a medal in the 800metres at the NSWCHSSA championships and that was a massive boost for me. It was the start of a new chapter in my swimming career. It pushed me to new levels. In year 11 and year 12 I was able to make it through to NSW all schools and then to the national school swimming championships where I was able to win medals.

The year after leaving school I was selected in my first Australian open swimming team at the 1999 Pan Pacific Championships. From there I competed at three World Championships, two Commonwealth Games and two Olympics. I was able to win medals at all major meets.

If not for the confidence I gained through participating in school sport championships and the friends I made in swimming through the public education programs I am sure I would not have achieved what I have.

I wish you all the best in your future endeavours and hope you compete in the right spirit, doing so fairly and in a way where you always do your best. Whether you win or just do a 'personal best' do so with good sportsmanship.

Good luck in your future sporting endeavours!

A handwritten signature in black ink, appearing to read 'Craig Stevens'.

Craig Stevens
Australian Olympian

Welcome message from NSWCHSSA President

Sport continues to play a fundamental role in shaping the Australian identity, particularly among today's youth. This influence extends well beyond the scope of Swimming, encompassing all sporting disciplines managed by the New South Wales Combined High Schools Sports Association (NSWCHSSA). The Association remains unwavering in its commitment to providing a broad range of sporting opportunities and activities to students across the state's public high schools.

For over 130 years, NSWCHSSA has been a cornerstone in offering competitive platforms at various levels, thank you to the dedicated efforts of educators who work tirelessly to nurture the athletic potential of their students. I wish to express my deepest gratitude to the principals, coaches, managers, parents, officials, and participants, whose steadfast contributions have been integral to the ongoing success of our championships. Your support, much of it voluntary, is invaluable and highly regarded.

The year 2025 holds particular significance as it marks multiple World Championships, fuelling the aspirations of many of our athletes who are determined to pursue this prestigious pathway. To these athletes, I offer my sincere encouragement and best wishes as they pursue their goals in both current and future endeavours.

It would be remiss of me not to acknowledge the dedication of our Executive Officers, whose tireless work has helped elevate NSWCHSSA sport to its esteemed position as one of Australia's leading programs. I also extend my thanks to the parents and students whose continued involvement and enthusiasm enrich our sporting community.

To all competitors, I encourage you to reflect upon the significance of your achievements to date. Reaching the NSWCHSSA level is a remarkable milestone that underscores your commitment and resilience. It is equally important to recognise the support networks that have enabled you to reach this distinguished level of competition. Congratulations on your achievements, and I wish you continued success as you move forward in your sporting journey.

In conclusion, I ask all individuals to consider this quote "we grow when we encourage others". Thank you and best of luck.

Simon Warren

President

New South Wales Combined High Schools Sports Association

Deputy Principal, Brisbane Water Secondary College



Welcome message from the NSWCHSSA Swimming Convener

It is with great pleasure and enthusiasm that I welcome you all to the 2025 NSW Combined High Schools Swimming Championship.

The annual New South Wales Combined High Schools swimming championship will continue the strong tradition that has been built in school swimming for over 100 years. During this time, we have witnessed many outstanding achievements, from a World Record (Graham Windeatt in 1971) to students gaining selection in Australian, World Championship and Olympic teams and going on to compete at those events with aplomb. Our history dates back as follows:

- The NSW Combined High Schools Amateur Athletics Association (boys only) swimming commenced in 1916.
- The Girls Secondary Schools' Sports Association (girls only) swimming commenced in 1919.
- Prior to these years swimming was conducted under the Public Schools' Amateur Athletics Association (PSAAA) from 1898.
- In 1975 the first NSW Combined High Schools Swimming Championship were held at the Drummoyne Olympic Pool.

Each year our swimming championship provides students with the opportunity to meet new people from different areas of New South Wales and develop lifelong friendships. It is an avenue for students to achieve their personal best in swimming whilst also providing a pathway for higher representation at a state and national level.

I am very pleased to continue to work with Swimming NSW. Their assistance with officials and expertise is invaluable. A huge thanks to Helen Wood, Gwen Willmett and all their helpers, for their untiring efforts in ensuring a successful championship meet.

The NSWCHSSA Championship are also fortunate in terms of the teachers who come along to officiate. In some cases, teachers have attended NSWCHSSA swimming for over 40 years. Our teachers and school support staff take time out of their busy year to be here, and we appreciate their professionalism and hard work in completing their roles. I would also like to acknowledge and thank the schools and Principals who release their staff to attend as officials; this ensures the continued success of our swimming championship.

I wish all our competitors the very best in their events throughout the 2025 New South Wales Combined High Schools swimming championships.

Jean Duma
Swimming Convener

New South Wales Combined High Schools Sports Association

Tooleybuc Central School



2025 NSWCHSSA Executive Team

Executive Officer	Jacky Patrick	School Sport Unit
President	Simon Warren	BWSC Umina Campus
Vice Presidents	Margot Brissenden	Koorungal High School
	Jacqui Charlton	Swansea High School
	Annalisa Reeves	Dapto High School
	Mark Skein	Canobolas Rural Technology High School
Treasurer	Brett Austine	Belmont High School

NSWCHSSA swimming convener history

Year	Convener	Year	Convener
1964	Doug Green	1965	Harry Bunton (Bankstown Boys)
1966	Harry Bunton (Bankstown Boys)	1967	Harry Bunton (Bankstown Boys)
1968	W (Bill) Barry (Manly Boys)	1969	W (Bill) Barry (Manly Boys)
1970	J Johnson (Sydney Tech)	1971	David Woods (Ryde)
1972	David Woods (Ryde)	1973	David Woods (Ryde)
1974	Dave Woods and Adrian Lees	1975	Dave Woods and Adrian Lees
1976	Dave Woods and Adrian Lees	1977	Ross Coggan (Homebush Boys)
1978	Ross Coggan (Homebush Boys)	1979	Ross Coggan (Homebush Boys)
1980	Peter Waterman (Tempe)	1981	Peter Waterman (Tempe)
1982	Peter Waterman (Tempe)	1983	Peter Waterman (James Cook Boys)
1984	Peter Waterman (James Cook Boys)	1985	Peter Waterman (James Cook Boys)
1986	Peter Waterman (James Cook Boys)	1987	Peter Campbell (Blacktown Boys)
1988	Peter Campbell (Blacktown Boys)	1989	Peter Campbell (Muirfield)
1990	Peter Campbell (Muirfield)	1991	Peter Campbell (Muirfield)
1992	David Beattie (Kincumber)	1993	David Beattie (Kincumber)
1994	David Beattie (Kincumber)	1995	David Beattie (Kincumber)
1996	David Beattie (Kincumber)	1997	David Beattie (Kincumber)
1998	David Beattie (Lisarow)	1999	Simon Warren (Lisarow)
2000	Simon Warren (Lisarow)	2001	Simon Warren (Lisarow)
2002	Simon Warren (Lisarow)	2003	Simon Warren (Lisarow)
2004	Simon Warren (Lisarow)	2005	Simon Warren (Lisarow)
2006	Simon Warren (Lisarow)	2007	Simon Warren (Lisarow)
2008	Simon Warren (Wyang)	2009	Simon Warren (Wyang)
2010	Simon Warren (Wyang)	2011	Simon Warren (BWSC Umina)
2012	Simon Warren (BWSC Umina)	2013	Michael Gibson (Lisarow)
2014	Michael Gibson (Lisarow)	2015	Simon Warren (BWSC Umina)
2016	Simon Warren (BWSC Umina)	2017	Jean Duma (Irrawang)
2018	Jean Duma (Tooleybuc Central)	2019	Jean Duma (Tooleybuc Central)
2020	Jean Duma (Tooleybuc Central)	2021	Jean Duma (Tooleybuc Central)
2022	Jean Duma (Tooleybuc Central)	2023	Jean Duma (Tooleybuc Central)
2024	Jean Duma (Tooleybuc Central)	2025	Jean Duma (Tooleybuc Central)

NSWCHSSA Grandstand Seating – 2025

(not to scale - at SOPAC, associations on the top line will occupy the western side.)

Grandstand seating upper level (western side)	Sydney South West	Riverina	Sydney West	Western	Sydney East
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The diving pool lanes will be available during the championship for warm up and warm down only under the supervision of team management.

Eyeline marshalling area under grandstand – pool deck
Spectators are reminded that the pool deck is reserved for officials and competitors only at all times



Diving Pool



Competition Pool

Main Entry

VIP area
(pool deck)

Strictly competitors & NSWCHSSA Officials only on pool deck

Eastern side Grandstand seating upper level Diving Spectators Area	North Coast	North West	South Coast	Sydney North	Hunter
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Dawn Fraser Room
Pool deck level

Please note:

At SOPAC associations on the top line will occupy the western side, associations on the bottom line will occupy the eastern side



QR code link to

- program
- results
- souvenir apparel
- NSWCHSSA website

Warm-up procedures

Swimmers will be permitted to warm-up in the competition pool from when gates open each day. The following procedures must be observed and the cooperation of all swimmers, coaches and parents is sought in this matter. The warm-up pool (diving pool) will be available throughout the day for use by swimmers.

However there is to be **no diving** in to the water or use of the boards.

Swimming championships – lane draw

The heat and lane draw will be based on the following:

Individual events: - Three (3) competitors per association

Relay events: - Three (3) school teams per association. Heats and lane allocations for all events will be organised based on the number of competitors/teams entering each event. Heats will be circle seeded.

Competition pool warm-up procedures

Lanes 1 and 2:	12, 13 and 14 years only	Dive start 25's at start end Turning practice at turn end
Lanes 3 and 4:	12, 13 and 14 years only	Lap swimming (keep to left)
Lanes 5 and 6:	15, 16 and 17+ years only	Lap swimming (keep to left)
Lanes 7 and 8:	15, 16 and 17+ years only	Dive start 25's at start end Turning practice at turn end
Lane 0:	All ages	These are set aside for sprint starts
Lane 9:	Multi class lane	

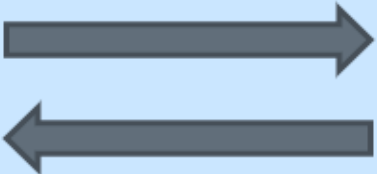
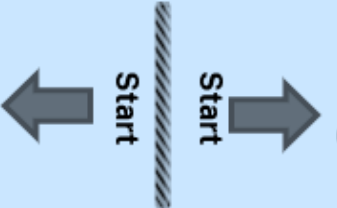
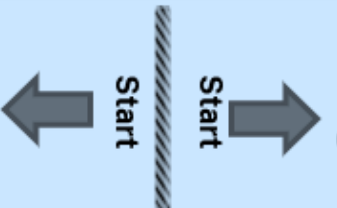

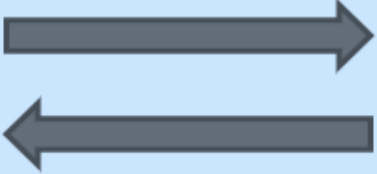
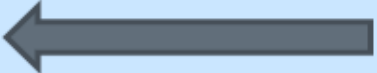
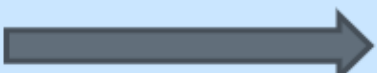
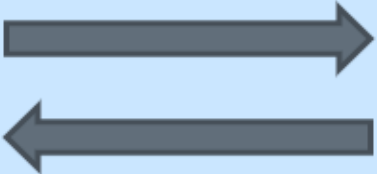

Competition pool

Start end					
Lane 0	Lanes 1 & 2	Lanes 3 & 4	Lanes 5 & 6	Lanes 7 & 8	Lane 9
All Ages	12-14 years	12-14 years	15-19 years	15-19 years	Multi Class
Dive Start sprints	Dive start 25's	Lap Swimming (no diving)	Lap Swimming (no diving)	Dive start 25's	Dive start 25's
Dive Start sprints	Turning Practice (no diving)	Lap Swimming (no diving)	Lap Swimming (no diving)	Turning Practice (no diving)	Turning Practice (no diving)
Turning end					

Diving pool – warm-up / cool down procedures

Marshalling
Area

Bathrooms

Lane 7 No Diving Feet First Swimming Lap Keep left	Lane 6 Relay Change Mode	Lane 5 Relay Change Mode	Lane 4 No Diving Feet First Swimming Lap Keep left	Lane 3 No Diving Feet First Swimming Lap Keep left	Lane 2 Dive Start No lap swimming	Lane 1 No Entry	Lane 0 Multi Class No Diving Feet First Swimming Circle
	Change 	Change 					
Lane 7 No Diving Feet First Swimming Lap Keep left	Lane 6 Relay Change Mode	Lane 5 Relay Change Mode	Lane 4 No Diving Feet First Swimming Lap Keep left	Lane 3 No Diving Feet First Swimming Lap Keep left	Lane 2 No Entry 	Lane 1 Dive Start No lap swimming	Lane 0 Multi Class No Diving Feet First Swimming Circle

2025 NSWCHSSA Swimming Officials

Meet Director	Jean Duma	Tooleybuc CS (NSWCHSSA Swimming Life Member)
Assistant Convener	Mekayla Everingham	Corowa HS
Referees	Gwen Willmetts ©	Swimming NSW (NSWCHSSA Swimming Life Member)
Judge of Strokes / Inspector of Turns	Ingrid Corcoran	Boorowa CS
	Leo Repeti	Swimming NSW
	Jeff Thompson	Swimming NSW
	Dominic Ursino	Five Islands Senior College
	Dean Vince	Swimming NSW
	John Williams	Swimming NSW (NSWCHSSA Swimming Life Member)
Starters	Chris Meehan ©	Swimming NSW
	John Owen	Swimming NSW
Announcer	Rachelle Burns	Irrawang HS
Recorder	Helen Wood ©	Swimming NSW (NSWCHSSA Swimming Life Member)
	Jenny Warren	SSU (NSWCHSSA Swimming Life Member)
	Cherry Smith	Swimming NSW (NSWCHSSA Swimming Life Member)
Quantum Electronics	Gloria Wiegmann	Swimming NSW
Marshals / Check Starters	James Mackinnon ©	Northlakes HS (NSWCHSSA Swimming Life Member)
	Lachlan Braddish	BWSC Umina Campus
	Julie Caddy	Merewether HS
	Evan Neate	Narara Valley HS
	Alison Sargeant	Tomaree HS
	Dimity Stewart	Tomaree HS
	David Von kotze	School Sport Unit
Chief Timekeepers	Kylie Adamson ©	Thomas Reddall HS
	Audine Bernand	Baulkham Hills HS
Timekeepers	Students	Greystanes HS
Student Liaison	Kerrie Barton	Greystanes HS (NSWCHSSA Swimming Life Member)
Presentations / Trophies	Cassie Hanrahan	Bathurst Office (NSWCHSSA Swimming Life Member)
	Melissa Pulsford	Callaghan College Wallsend Campus
Results / Publicity	Peter George	SSU (NSWCHSSA Swimming Life Member)
	Students	Greystanes High School
NSW Team Selection	Shelley Smith	BWSC Umina Campus
	Les Trist	SSU (NSWCHSSA Swimming Life Member)
Gate	Matt Mee	School Sport Unit (SSU)
	Chris Kelleway	School Sport Unit (SSU)
Live streaming	Darren Lang	School Sport Unit (SSU)
	Grant Parker	School Sport Unit (SSU)
Results	Liz Henson	School Sport Unit (SSU)
	Helen Christie	School Sport Unit (SSU)
	Mandy Datt	School Sport Unit (SSU)
	Millie Taylor	School Sport Unit (SSU)

2025 NSWCHSSA Diving Officials

Diving Officials	Sue Milford©	Lalor Park PS
	Brett Austine	Belmont HS
	Xanthe Lee	Killara PS
	Aileen Phelps	Lalor Park PS

Competing associations

Association	Colours
Sydney East	red / white / royal blue
Riverina	black / white
The Hunter	royal blue / gold
South Coast	aqua / yellow / navy
West Darling	maroon / white / yellow
North Coast	gold / green
Sydney North	black / red
Sydney West	blue / black / gold
Sydney South West	bottle green / white
Western	red / green
North West	sky blue / black

SPORTING CLASSIFICATION

Did you know?
Sporting classification can provide wonderful opportunities for students with disability to participate in competitive sport. Scan the QR code to find out about eligibility and to apply.





NSWCHSSA



website, results,
grandstand seating,
heat sheets

NSWCHSSA Swimming – Blues award winners

A Sporting Blue is the highest award that can be awarded in School Sport. Past winners include:

Year	Student	School
1957	Dick Thornett	Randwick
1961	Dave Woods	Drummoyne
1961	G Piper	Canberra
1961	J Dunn	Berkley
1961	M Tennysons	East Hills
1961	Michael Stephen-Jones	Balgowlah
1961	Ron Greenaway	Sydney Tech
1961	W Levis	Sydney Tech
1962	A Alexander	Bulli
1962	D Cavanagh	East Hills
1962	J Mitchell	Inverell
1962	John Byrom	East Hills
1962	John Stark	Chatswood
1962	John Vallely	Muswellbrook
1962	P Truscott	Gloucester
1962	Richard Ling	Manly
1962	Russell Phegan	Ibrox Park
1963	A Norley	Cleveland St
1963	Ian O'Brien	Wellington
1963	M Parker	Randwick
1963	R Watford	Cabramatta
1963	Russell Goodwin	Cleveland St
1963	S Sheaves	Ibrox Park
1963	William Ebsary	Nth Sydney
1964	David Moras	Meadowbank
1964	K Hudson	Kogarah
1964	Peter Reynolds	Gosford
1965	William Devenish	Westfields
1966	Graeme Dunn	Sydney
1966	Roger Jackson	James Ruse
1967	G Edwards	Punchbowl
1967	J Larson	Enmore
1967	Larry Brook	Randwick
1967	Leigh Emery	Vaucluse
1967	Peter Reid	Asquith
1967	Ron Bratton	Randwick
1969	Paul Jarvie	Albury
1970	Graham Windeatt	East Hills
1970	John O'Donnell	Parkes
1971	Brad Cooper	Homebush
1971	R Van Hamburg	Hunters Hill
1971	Shane Gould	Turramurra
1972	Gail Neale	Turramurra
1973	Robert Nay	Corrimal

Year	Student	School
1974	Peter Coughlan	Kotara
1974	Peter Dawson	Pittwater
1975	Carol Loveday	The Forest
1975	Joy Cary	Birrong
1975	Martin Hurst	Pittwater
1976	Jon Marshall	Narrabeen
1976	Mark Kerry	Wollongong
1976	Michelle Ford	St George
1978	Graeme Carroll	Asquith
1980	Tim Ford	Turramurra
1982	Adam Adair	Pittwater
1982	Neil Lawson	Maitland
1982	Wendy Bowie	Birrong
1983	Dale Peters	Malvina
1984	Gary Lord	Oak Flats
1985	M Petersen	Riverstone
1986	Kim Rutherford	Sydney Girls
1987	Janelle Elford	Peakhurst
1988	Anthony Brewin	Homebush
1988	Mark Ikin	Lisarow
1988	Susan Gallie	Cromer
1990	Johanna Griggs	Freshwater
1990	Melanie Dodd	Beacon Hill
1991	Elli Overton	St Ives
1991	Philip Bryant	Birrong Boys
1992	Petria Thomas	Mullumbimby
1992	Richard Upton	Barrenjoey
1993	Amber Scott	Ballina
1993	Emma McIntosh	Lisarow
1993	Joseph Mitchell	Jesmond
1993	Luke Fisher	Lismore
1994	Angie Kennedy	Ballina
1994	Steven Dewick	Woy Woy
1994	Steven Dewick	Woy Woy
1995	Brooke Hanson	Mackellar Girls
1995	Zane King	Galston
1996	Glen Sedgman	Swansea
1997	Ian Thorpe	East Hills Boys
1997	Lori Munz	Bomaderry
1997	Simon Cowley	Endeavour Sports
1998	Charlene Benzie	Hornsby Girls
1998	Craig Stevens	Endeavour Sports
1998	Kaine Love	Dapto

Year	Student	School
1999	Elka Graham	Mackellar Girls
1999	Jim Piper	Ingleburn
1999	Jonathon Newton	Ballina
2000	Andrew Burns	Greystanes
2000	Joshua Taylor	Terrigal
2000	Kirsten Thomson	Kirrawee
2001	Amanda Pascoe	Westfields
2001	Amanda White	Terrigal
2001	Andrew Richards	Westfields
2001	Peter Montgomerie	Asquith Boys
2002	James Hall	Woolgoolga
2002	Jarrad Kemp	Melville
2002	Nicole Davey	Oxley
2002	Stephanie Vance	Woolooware
2002	Tim Simpson	Melville
2002	Yvette Pilgrim	Northlakes
2003	Amanda Lee	Caringbah
2003	Greg Wilson	The Forest
2003	Kirk Palmer	Henry Kendall
2003	Sherrie Eadie	Minerva
2003	Stefanie Ryan	Ryde College
2004	Amanda Plescan	Greystanes
2004	Damien Narbeshuber	Minerva
2004	Jacqui Gilbert	Baulkham Hills
2004	Mitchell Patterson	Davidson
2004	Prudence Watt	Newcastle
2004	Reid Schofield	Terrigal
2005	Kelly Boxwell	Kirrawee
2005	Michael Hardy	Westfield Sports
2005	Shane Cross	Freshwater
2005	Stephanie Bentley	Westfield Sports
2006	Alana Ireland	Henry Kendall
2006	Geoffrey Eastwood	Coffs Harbour Snr College
2006	Michael Anderson	Bellingen
2006	Michelle Laauw	Heathcote
2006	Nathan Pickworth	Endeavour
2007	Daniel Arnamnart	Asquith Boys
2007	Fiona Connell	Port Macquarie
2007	Jared Goldthorpe	Matraville Sports
2007	Peter Leek	Colyton
2007	Sara Marson	Kingscliff
2008	Alex Kelshaw	Erskine Park

Year	Student	School
2008	Brianna McConville	Swansea
2008	Dylan Wyatt	Greystanes
2008	Kimberley Rashleigh	St Marys
2008	Nikesha Harding (MC)	Greystanes
2008	Richard Goddard	Dorrigo
2008	Sean Russ	Oatley
2008	Sian Lucas	Richmond
2008	Teigan Van Roosmalen	Terrigal
2009	Alex Patrulescu	Homebush Boys
2009	Jaiman Stack	Kirrawee
2009	Jessica Legge	Lambton
2009	Teneale Houghton	East Hills Girls
2010	Andrea Patrulescu	Strathfield Girls
2010	Andrew Kennedy	Cronulla
2010	Djaran Smith	Macksville
2010	Mariah Jones	Tweed River
2010	Michael Auprince	Oatley
2011	Brad Jones	Karabar
2011	Hannah Britton	Kadina
2011	Zoe Elkerton	Warilla
2012	Brandon Grochala	Picnic Point
2012	Ellysia Oldsen	Willyama
2012	Joshua Chapman..	Orara
2012	Nick Reekie	Kincumber
2013	Caitlyn Richardson	Engadine
2013	Jacob Hansford	Wyndham College
2013	Jodie Simson	Dennison College
2013	Joshua Alford	Monaro
2016	Aidan Yourell	Evans River
2016	Jesse Goodyear	Lucas Heights
2017	Rebekah Sefton	Castle Hill
2018	Alexander Quach	Hurlstone Ag
2018	Ashley van Rijswijk (MC)	Gadara
2018	Darcy Gilson (MC)	Albury
2018	Jordan Fitzgerald	Kellyville
2019	Bindi Ware	Banora Point
2019	Charlotte Brown	NBSC Mackellar Girls
2019	Kai Van Kool	Pittwater

Year	Student	School
2019	Vanya Kamenjas	Elderslie
2020	not awarded	COVID
2020	not awarded	COVID
2021	Bailey Crehan	Oak Flats
2021	Emily Jones	Glendale
2021	Kalyce Pressler	Willyama
2021	McKinley Arnison (MC)	Evans River
2021	Morgan Jean (MC)	Hastings Sec Coll Westport
2021	Ryley Twiss	Callighan College.Jesmond
2022	Alexander Foreman	Lisarow

Year	Student	School
2022	Ava Jankovic	Merewether
2022	Chelsea Jones	Woonona
2022	Darren Sisman	Endeavour Sports
2022	Lachlan Hanratty	Holsworthy
2022	Michelle Fawer	Kirrawee
2022	Remy Lennon	Cammeraygal
2023	Declan Budd	Davidson
2023	Krystal Jessen	Baulkham Hill
2023	David So	Cumberland
2023	Keysey Van Eldik	Merewether
2023	Koby Bujak-Upton	Barrenjoey

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A NSW Government website - Education

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School Sport Unit

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Procedures and guidelines ▼

Teacher resource hub ▼

School Sport Live Streaming

Watch all the action on the [NSW School Sport live streaming platform](#).

You can also find championship and gold medal match highlight packages from previous events under the 'Highlights' heading.

For a full list of live streamed events planned for 2025 please visit [Live streaming of events](#).

[Watch here](#)



Helpful tools

Event information

- [Calendar of events](#)
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- [Live streaming of events](#)
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Useful links

- [Teaching and learning resources](#)
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17 hours ago

NSWPSSA & NSWCHSSA Swimming and Diving Championships – Next Week!

We're excited to welcome students and families from across NSW to the Sydney Olympic Park Aquatic Centre for the 2024 NSWPSSA and NSWCHSSA Swimming and Diving Championships!

Adding to the excitement, two of Australia's Olympic stars will be joining us throughout the week.... See more

NSWCHSSA Swimming Life Members

Year	First name	Last name	Year	First name	Last name
2001	Ray	Elkin	2009	Simon	Warren
2001	Ron	Jordan	2010	Alicia	Burns
2001	John	MacIntosh	2011	Suzanne	Laver
2001	Helen	Wood	2012	Trevor	Bushell
2002	Alec	Adams	2012	Pauline	Corthorn
2002	Peter	Dawson	2013	Judy	Davies
2002	Peter	Newcomb	2013	Margaret	Kniha
2002	Glad	Pye	2013	Barry	Lovegrove
2002	Jim	Pye	2013	Kerry	O'Loughlin
2003	Robyn	Brettell	2013	Jenny	Warren
2003	Colin	Fisher	2013	Robert	Warren
2003	Richard	Gallie	2013	Valerie	Warren
2003	John	McQueen	2014	Rick	Allen
2003	Peter	Waterman	2014	Paul	Clarke
2004	Steve	Creenaune	2014	Allan	Gregson
2004	Greg	Stewart	2014	Margaret	Gregson
2004	Les	Trist	2014	Karen	Scanes
2005	Mark	Hume	2014	Karen	Watson
2005	Bruce	Killingworth	2015	Kerrie	Barton
2006	Ross	Fuller	2016	Wayne	Rice
2006	Peter	George	2016	Gwen	Ridge
2006	Peter	Moore	2017	Ross	Higgins
2006	Peter	Tomlin	2017	John	Newman
2006	Kelli	Warren	2017	Lisa	Poll
2007	Sunny	Bidner	2017	Heather	Rouen
2007	Cassie	Hanrahan	2017	Margaret	Spurway
2008	Bob	Greenwood	2018	Sarah	Maguire
2008	Derek	Hulme	2018	Ann	Pilkie
2008	Barb	Reynolds	2019	James	Mackinnon
2008	John	Williams	2019	Brett	Mckeown
2009	Col	Ridding	2021	Debra	Hanson
			2022	Jean	Duma

A selection of NSWCHSSA swimmers who have represented Australia at the Olympic Games in swimming

First name	Last name
Alex	Alexander
Daniel	Arnamnart
Angie	Bainbridge
Philip	Bryant
John	Byrom
Dyana	Calub
Jane	Comerford
Brad	Cooper
Lorraine	Crapp
Michelle	De Vries
John	Devitt
Steven	Dewick
Melanie	Dodd
Janelle	Elford
Michelle	Ford
Lisa	Forrest
Dawn	Fraser
Chris	Fydler
Stacey	Gartrell
Kasey	Giteau
Shane	Gould
Elka	Graham
David	Hawkins
Neville	Hayes
John	Henricks
Ky	Hurst
Angie	Kennedy
Mark	Kerry
Mark	Kerry
Ilsa	Konrads

First name	Last name
Jon	Konrads
Richard	Ling
Linda	McGill
Simon	McKillop-Davies
Scott	Miller
Kenrick	Monk
Gail	Neale
Nadine	Neumann
Justin	Norris
Ian	O'Brien
Elli	Overton
Russell	Phegan
Karen	Phillips
Adam	Pine
Jarrold	Poort
Peter	Reynolds
Murray	Rose
Ron	Sharpe
John	Stark
Trent	Steed
Nira	Stove
Petria	Thomas
Kirsten	Thomson
Ian	Thorpe
Jenny	Turrall
Richard	Upton
Ashley	Van Rijswijk
Josh	Watson
Carl	Wilson
Graham	Windeatt

Program of events - 2025

Note: the times listed are estimates, events may run prior to this published time. Competitors are encouraged to arrive 1 hour prior to this published time to ensure they do not miss their event.

Day 1 Session 1 - Monday 7 April 2025 - Starts at 08:30AM

Round	No.	Event	Starts at
Finals	1	Girls Open 800 Freestyle	08:30 AM
Finals	2	Boys Open 800 Freestyle	08:52 AM
Finals	3	Girls 12-15 50 Breaststroke Multi-Class	09:13 AM
Finals	4	Boys 12-15 50 Breaststroke Multi-Class	09:18 AM
Finals	5	Girls 16-19 50 Breaststroke Multi-Class	09:21 AM
Finals	6	Boys 16-19 50 Breaststroke Multi-Class	09:25 AM
Prelims	7	Girls 12 Year Olds 100 Breaststroke	09:30 AM
Prelims	8	Boys 12 Year Olds 100 Breaststroke	09:38 AM
Prelims	9	Girls 13 Year Olds 100 Breaststroke	09:46 AM
Prelims	10	Boys 13 Year Olds 100 Breaststroke	09:55 AM
Prelims	11	Girls 14 Year Olds 100 Breaststroke	10:04 AM
Prelims	12	Boys 14 Year Olds 100 Breaststroke	10:13 AM
Prelims	13	Girls 15 Year Olds 100 Breaststroke	10:20 AM
Prelims	14	Boys 15 Year Olds 100 Breaststroke	10:29 AM
Prelims	15	Girls 16 Year Olds 100 Breaststroke	10:36 AM
Prelims	16	Boys 16 Year Olds 100 Breaststroke	10:43 AM
Prelims	17	Girls 17-19 100 Breaststroke	10:49 AM
Prelims	18	Boys 17-19 100 Breaststroke	10:56 AM
Finals	19	Girls 12-15 100 Freestyle Multi-Class	11:02 AM
Finals	20	Boys 12-15 100 Freestyle Multi-Class	11:08 AM
Finals	21	Girls 16-19 100 Freestyle Multi-Class	11:12 AM
Finals	22	Boys 16-19 100 Freestyle Multi-Class	11:17 AM
Prelims	23	Girls 12 Year Olds 100 Freestyle	11:22 AM
Prelims	24	Boys 12 Year Olds 100 Freestyle	11:28 AM

Round	No.	Event	Starts at
Prelims	25	Girls 13 Year Olds 100 Freestyle	11:35 AM
Prelims	26	Boys 13 Year Olds 100 Freestyle	11:41 AM
Prelims	27	Girls 14 Year Olds 100 Freestyle	11:48 AM
Prelims	28	Boys 14 Year Olds 100 Freestyle	11:56 AM
Prelims	29	Girls 15 Year Olds 100 Freestyle	12:03 PM
Prelims	30	Boys 15 Year Olds 100 Freestyle	12:10 PM
Prelims	31	Girls 16 Year Olds 100 Freestyle	12:15 PM
Prelims	32	Boys 16 Year Olds 100 Freestyle	12:22 PM
Prelims	33	Girls 17-19 100 Freestyle	12:28 PM
Prelims	34	Boys 17-19 100 Freestyle	12:33 PM
-	-	Finish Time	12:38 PM

Day 1 Session 2 - Monday 7 April 2025 - Starts at 01:15 PM

Round	No.	Event	Starts at
Finals	35	Girls 12-15 50 Freestyle Multi-Class	01:15 PM
Finals	36	Boys 12-15 50 Freestyle Multi-Class	01:20 PM
Finals	37	Girls 16-19 50 Freestyle Multi-Class	01:25 PM
Finals	38	Boys 16-19 50 Freestyle Multi-Class	01:28 PM
Finals	7	Girls 12 Year Olds 100 Breaststroke	01:31 PM
Finals	8	Boys 12 Year Olds 100 Breaststroke	01:33 PM
Finals	9	Girls 13 Year Olds 100 Breaststroke	01:36 PM
Finals	10	Boys 13 Year Olds 100 Breaststroke	01:38 PM
Finals	11	Girls 14 Year Olds 100 Breaststroke	01:40 PM
Finals	12	Boys 14 Year Olds 100 Breaststroke	01:42 PM
Finals	13	Girls 15 Year Olds 100 Breaststroke	01:44 PM
Finals	14	Boys 15 Year Olds 100 Breaststroke	01:46 PM
Finals	15	Girls 16 Year Olds 100 Breaststroke	01:47 PM
Finals	16	Boys 16 Year Olds 100 Breaststroke	01:49 PM

Round	No.	Event	Starts at
Finals	17	Girls 17-19 100 Breaststroke	01:51 PM
Finals	18	Boys 17-19 100 Breaststroke	01:53 PM
Finals	23	Girls 12 Year Olds 100 Freestyle	01:55 PM
Finals	24	Boys 12 Year Olds 100 Freestyle	01:57 PM
Finals	25	Girls 13 Year Olds 100 Freestyle	01:59 PM
Finals	26	Boys 13 Year Olds 100 Freestyle	02:01 PM
Finals	27	Girls 14 Year Olds 100 Freestyle	02:02 PM
Finals	28	Boys 14 Year Olds 100 Freestyle	02:04 PM
Finals	29	Girls 15 Year Olds 100 Freestyle	02:05 PM
Finals	30	Boys 15 Year Olds 100 Freestyle	02:07 PM
Finals	31	Girls 16 Year Olds 100 Freestyle	02:09 PM
Finals	32	Boys 16 Year Olds 100 Freestyle	02:10 PM
Finals	33	Girls 17-19 100 Freestyle	02:12 PM
Finals	34	Boys 17-19 100 Freestyle	02:13 PM
Finals	39	Girls 12-15 200 IM Multi-Class	02:15 PM
Finals	40	Boys 12-15 200 IM Multi-Class	02:20 PM
Finals	41	Girls 16-19 200 IM Multi-Class	02:24 PM
Finals	42	Boys 16-19 200 IM Multi-Class	02:29 PM
Finals	43	Girls 12-14 400 IM	02:34 PM
Finals	44	Boys 12-14 400 IM	02:41 PM
Finals	45	Girls 15-16 400 IM	02:48 PM
Finals	46	Boys 15-16 400 IM	02:55 PM
Finals	47	Girls 17-19 400 IM	03:01 PM
Finals	48	Boys 17-19 400 IM	03:08 PM
-	-	Finish Time	03:19 PM

Day 2 Session 3 - Tuesday 8 April 2025 - Starts at 08:30 AM

Round	No.	Event	Starts at
Finals	49	Girls 12-14 400 Freestyle	08:30 AM
Finals	50	Boys 12-14 400 Freestyle	08:49 AM
Finals	51	Girls 15-16 400 Freestyle	09:01 AM
Finals	52	Boys 15-16 400 Freestyle	09:18 AM
Finals	53	Girls 17-19 400 Freestyle	09:37 AM
Finals	54	Boys 17-19 400 Freestyle	09:48 AM
Finals	55	Girls 12-15 50 Butterfly Multi-Class	09:59 AM
Finals	56	Boys 12-15 50 Butterfly Multi-Class	10:02 AM
Finals	57	Girls 16-19 50 Butterfly Multi-Class	10:03 AM
Finals	58	Boys 16-19 50 Butterfly Multi-Class	10:06 AM
Prelims	59	Girls 12 Year Olds 100 Butterfly	10:09 AM
Prelims	60	Boys 12 Year Olds 100 Butterfly	10:15 AM
Prelims	61	Girls 13 Year Olds 100 Butterfly	10:15 AM
Prelims	62	Boys 13 Year Olds 100 Butterfly	10:23 AM
Prelims	63	Girls 14 Year Olds 100 Butterfly	10:30 AM
Prelims	64	Boys 14 Year Olds 100 Butterfly	10:39 AM
Prelims	65	Girls 15 Year Olds 100 Butterfly	10:48 AM
Prelims	66	Boys 15 Year Olds 100 Butterfly	10:55 AM
Prelims	67	Girls 16 Year Olds 100 Butterfly	11:01 AM
Prelims	68	Boys 16 Year Olds 100 Butterfly	11:07 AM
Prelims	69	Girls 17-19 100 Butterfly	11:13 AM
Prelims	70	Boys 17-19 100 Butterfly	11:19 AM
Finals	71	Girls 12-15 50 Backstroke Multi-Class	11:25 AM
Finals	72	Boys 12-15 50 Backstroke Multi-Class	11:30 AM
Finals	73	Girls 16-19 50 Backstroke Multi-Class	11:35 AM
Finals	74	Boys 16-19 50 Backstroke Multi-Class	11:39 AM
Prelims	75	Girls 12 Year Olds 100 Backstroke	11:43 AM

Round	No.	Event	Starts at
Prelims	76	Boys 12 Year Olds 100 Backstroke	11:53 AM
Prelims	77	Girls 13 Year Olds 100 Backstroke	12:02 PM
Prelims	78	Boys 13 Year Olds 100 Backstroke	12:10 PM
Prelims	79	Girls 14 Year Olds 100 Backstroke	12:18 PM
Prelims	80	Boys 14 Year Olds 100 Backstroke	12:26 PM
Prelims	81	Girls 15 Year Olds 100 Backstroke	12:34 PM
Prelims	82	Boys 15 Year Olds 100 Backstroke	12:42 PM
Prelims	83	Girls 16 Year Olds 100 Backstroke	12:50 PM
Prelims	84	Boys 16 Year Olds 100 Backstroke	12:58 PM
Prelims	85	Girls 17-19 100 Backstroke	01:05 PM
Prelims	86	Boys 17-19 100 Backstroke	01:13 PM
-	-	Finish Time	01:20 PM

Day 2 Session 4 - Tuesday 8 April 2025 - Starts at 01:50 PM

Round	No.	Event	Starts at
Finals	87	Girls 12-14 200 IM	01:50 PM
Finals	88	Boys 12-14 200 IM	02:01 PM
Finals	89	Girls 15-16 200 IM	02:12 PM
Finals	90	Boys 15-16 200 IM	02:23 PM
Finals	91	Girls 17-19 200 IM	02:33 PM
Finals	92	Boys 17-19 200 IM	02:40 PM
Finals	59	Girls 12 Year Olds 100 Butterfly	02:50 PM
Finals	60	Boys 12 Year Olds 100 Butterfly	02:52 PM
Finals	61	Girls 13 Year Olds 100 Butterfly	02:55 PM
Finals	62	Boys 13 Year Olds 100 Butterfly	02:57 PM
Finals	63	Girls 14 Year Olds 100 Butterfly	02:59 PM
Finals	64	Boys 14 Year Olds 100 Butterfly	03:00 PM
Finals	65	Girls 15 Year Olds 100 Butterfly	03:02 PM

Round	No.	Event	Starts at
Finals	66	Boys 15 Year Olds 100 Butterfly	03:04 PM
Finals	67	Girls 16 Year Olds 100 Butterfly	03:06 PM
Finals	68	Boys 16 Year Olds 100 Butterfly	03:08 PM
Finals	69	Girls 17-19 100 Butterfly	03:09 PM
Finals	70	Boys 17-19 100 Butterfly	03:11 PM
Finals	93	Girls 12-15 100 Backstroke Multi-Class	03:13 PM
Finals	94	Boys 12-15 100 Backstroke Multi-Class	03:16 PM
Finals	95	Girls 16-19 100 Backstroke Multi-Class	03:19 PM
Finals	96	Boys 16-19 100 Backstroke Multi-Class	03:24 PM
Finals	75	Girls 12 Year Olds 100 Backstroke	03:28 PM
Finals	76	Boys 12 Year Olds 100 Backstroke	03:30 PM
Finals	77	Girls 13 Year Olds 100 Backstroke	03:33 PM
Finals	78	Boys 13 Year Olds 100 Backstroke	03:35 PM
Finals	79	Girls 14 Year Olds 100 Backstroke	03:38 PM
Finals	80	Boys 14 Year Olds 100 Backstroke	03:40 PM
Finals	81	Girls 15 Year Olds 100 Backstroke	03:42 PM
Finals	82	Boys 15 Year Olds 100 Backstroke	03:45 PM
Finals	83	Girls 16 Year Olds 100 Backstroke	03:47 PM
Finals	84	Boys 16 Year Olds 100 Backstroke	03:49 PM
Finals	85	Girls 17-19 100 Backstroke	03:51 PM
Finals	86	Boys 17-19 100 Backstroke	03:54 PM
-	-	Finish Time	03:56 PM

Day 3 Session 5 - Wednesday 9 April 2025 starts at 08:30AM

Round	No.	Event	Starts at
Finals	97	Girls 12 Year Olds 200 Freestyle	08:30 AM
Finals	98	Boys 12 Year Olds 200 Freestyle	08:42 AM
Finals	99	Girls 13 Year Olds 200 Freestyle	08:50 AM
Finals	100	Boys 13 Year Olds 200 Freestyle	08:59 AM
Finals	101	Girls 14 Year Olds 200 Freestyle	09:09 AM
Finals	102	Boys 14 Year Olds 200 Freestyle	09:19 AM
Finals	103	Girls 15 Year Olds 200 Freestyle	09:32 AM
Finals	104	Boys 15 Year Olds 200 Freestyle	09:42 AM
Finals	105	Girls 16 Year Olds 200 Freestyle	09:51 AM
Finals	106	Boys 16 Year Olds 200 Freestyle	10:01 AM
Finals	107	Girls 17-19 200 Freestyle	10:10 AM
Finals	108	Boys 17-19 200 Freestyle	10:19 AM
Prelims	109	Girls Open 200 Medley Relay	10:27 AM
Prelims	110	Boys Open 200 Medley Relay	10:39 AM
Prelims	111	Girls 12 Year Olds 50 Freestyle	10:50 AM
Prelims	112	Boys 12 Year Olds 50 Freestyle	10:53 AM
Prelims	113	Girls 13 Year Olds 50 Freestyle	10:57 AM
Prelims	114	Boys 13 Year Olds 50 Freestyle	11:01 AM
Prelims	115	Girls 14 Year Olds 50 Freestyle	11:04 AM
Prelims	116	Boys 14 Year Olds 50 Freestyle	11:09 AM
Prelims	117	Girls 15 Year Olds 50 Freestyle	11:13 AM
Prelims	118	Boys 15 Year Olds 50 Freestyle	11:18 AM
Prelims	119	Girls 16 Year Olds 50 Freestyle	11:22 AM
Prelims	120	Boys 16 Year Olds 50 Freestyle	11:26 AM
Prelims	121	Girls 17-19 50 Freestyle	11:30 AM
Prelims	122	Boys 17-19 50 Freestyle	11:33 AM

Round	No.	Event	Starts at
Prelims	123	Girls 12 Year Olds 200 Freestyle Relay	11:36 AM
Prelims	124	Boys 12 Year Olds 200 Freestyle Relay	11:45 AM
Prelims	125	Girls 13 Year Olds 200 Freestyle Relay	11:53 AM
Prelims	126	Boys 13 Year Olds 200 Freestyle Relay	12:02 PM
Prelims	127	Girls 14 Year Olds 200 Freestyle Relay	12:11 PM
Prelims	128	Boys 14 Year Olds 200 Freestyle Relay	12:21 PM
Prelims	129	Girls 15 Year Olds 200 Freestyle Relay	12:30 PM
Prelims	130	Boys 15 Year Olds 200 Freestyle Relay	12:39 PM
Prelims	131	Girls 16 Year Olds 200 Freestyle Relay	12:48 PM
Prelims	132	Boys 16 Year Olds 200 Freestyle Relay	12:57 PM
Prelims	133	Girls 17-19 200 Freestyle Relay	01:05 PM
Prelims	134	Boys 17-19 200 Freestyle Relay	01:14 PM
Finals	135	Mixed Open 200 Freestyle Relay Central Schools	01:22 PM
Finals	136	Mixed 12-19 8x75 Freestyle Relay 12x50	01:25 PM
Finals	137	Girls Open 200 Freestyle Relay Invitational Relay	01:33 PM
Finals	138	Boys Open 200 Freestyle Relay Invitational Relay	01:33 PM
-	-	Finish Time	01:33 PM

Day 3 Session 6 - Wednesday 9 April 2025 - Starts at 02:00 PM

Round	No.	Event	Starts at
Prelims	139	Girls 12-19 6x50 Freestyle Relay	02:00 PM
Prelims	140	Boys 12-19 6x50 Freestyle Relay	02:14 PM
Finals	109	Girls Open 200 Medley Relay	02:27 PM
Finals	110	Boys Open 200 Medley Relay	02:30 PM
Finals	123	Girls 12 Year Olds 200 Freestyle Relay	02:33 PM
Finals	124	Boys 12 Year Olds 200 Freestyle Relay	02:36 PM
Finals	125	Girls 13 Year Olds 200 Freestyle Relay	02:40 PM

Round	No.	Event	Starts at
Finals	126	Boys 13 Year Olds 200 Freestyle Relay	02:42 PM
Finals	127	Girls 14 Year Olds 200 Freestyle Relay	02:45 PM
Finals	128	Boys 14 Year Olds 200 Freestyle Relay	02:48 PM
Finals	129	Girls 15 Year Olds 200 Freestyle Relay	02:50 PM
Finals	130	Boys 15 Year Olds 200 Freestyle Relay	02:53 PM
Finals	131	Girls 16 Year Olds 200 Freestyle Relay	02:55 PM
Finals	132	Boys 16 Year Olds 200 Freestyle Relay	02:58 PM
Finals	133	Girls 17-19 200 Freestyle Relay	03:00 PM
Finals	134	Boys 17-19 200 Freestyle Relay	03:03 PM
Finals	111	Girls 12 Year Olds 50 Freestyle	03:05 PM
Finals	112	Boys 12 Year Olds 50 Freestyle	03:06 PM
Finals	113	Girls 13 Year Olds 50 Freestyle	03:08 PM
Finals	114	Boys 13 Year Olds 50 Freestyle	03:09 PM
Finals	115	Girls 14 Year Olds 50 Freestyle	03:10 PM
Finals	116	Boys 14 Year Olds 50 Freestyle	03:11 PM
Finals	117	Girls 15 Year Olds 50 Freestyle	03:12 PM
Finals	118	Boys 15 Year Olds 50 Freestyle	03:13 PM
Finals	119	Girls 16 Year Olds 50 Freestyle	03:14 PM
Finals	120	Boys 16 Year Olds 50 Freestyle	03:15 PM
Finals	121	Girls 17-19 50 Freestyle	03:16 PM
Finals	122	Boys 17-19 50 Freestyle	03:17 PM
Finals	139	Girls 12-19 6x50 Freestyle Relay	03:18 PM
Finals	140	Boys 12-19 6x50 Freestyle Relay	03:22 PM
-	-	Finish Time	03:26 PM

Boys records

Current April 2024

Event	Time	Year	Competitor
800 Freestyle			
Open	8:22.41	2008	Tom Harris (Gunnedah)
400m Freestyle			
17-19 Years	4:03.41	2017	Jesse Goodyear (Lucas Heights)
15-16 Years	4:08.15	2018	Charlie Hawke (Merewether)
12-14 Years	4:19.27	2011	Ryan Leonard (Toronto)
200m Freestyle			
17-19 Years	1:53.75	2010	Andrew Kennedy (Cronulla)
16 Years	1:54.21	2004	Kenrick Monk (Quakers Hill)
15 Years	1:57.91	2003	Kenrick Monk (Quakers Hill)
14 Years	2:00.52	1996	Ian Thorpe (East Hills)
13 Years	2:06.23	2010	Ryan Leonard (Toronto)
12 Years	2:10.24	2009	Ryan Leonard (Toronto)
100m Freestyle			
17-19 Years	51.91	2009	Alex Patrulescu (Homebush Boys)
16 Years	52.74	2002	Kirk Palmer (Henry Kendall)
15 Years	53.90	2008	Nathaniel Romeo (Narrandera)
14 Years	55.60	2011	Ryan Leonard (Toronto)
13 Years	57.21	2011	Vincent Dai (Cherrybrook)
12 Years	1:00.56	2019	Lachlan Smith (Pennant Hills)
50m Freestyle			
17-19 Years	23.13	2024	Joel Fleming (Great Lakes)
16 Years	24.00	2014	Matthew Wilson (Winmalee)
15 Years	24.46	2024	Jacob Whitton (The Ponds)
14 Years	25.12	2022	Lachlan Davies (Balgowlah Boys)
13 Years	26.01	2011	Vincent Dai (Cherrybrook)
12 Years	27.19	2019	Lachlan Smith (Pennant Hills)
100m Backstroke			
17-19 Years	56.58	2007	Daniel Arnamnart (Asquith)
16 Years	58.24	2005	Daniel Arnamnart (Asquith)
15 Years	59.47	2004	Daniel Arnamnart (Asquith)
14 Years	1:01.20	2013	Jacob Sansom (Camden Haven)
13 Years	1:04.82	2012	Jacob Sansom (Camden Haven)
12 Years	1:07.99	2009	Ryan Leonard (Toronto)

Event	Time	Year	Competitor
100m Breaststroke			
17-19 Years	1:03.96	1997	Simon Cowley (Endeavour)
16 Years	1:05.77	1996	Simon Cowley (Endeavour)
15 Years	1:06.75	2010	Tomas Elliott (Gosford)
14 Years	1:10.24	2011	Ryan Leonard (Toronto)
13 Years	1:12.77	2010	Ryan Leonard (Toronto)
100m Butterfly			
17-19 Years	56.21	2010	Jaimen Stack (Kirrawee)
16 Years	57.36	2002	Greg Wilson (The Forest)
15 Years	58.48	2005	Lachlan Staples (Kincumber)
14 Years	1:00.52	1999	Henry Lee (Homebush)
13 Years	1:02.16	1998	Henry Lee (Homebush)
12 Years	1:05.49	2009	Ryan Leonard (Toronto)
400 Individual Medley			
17-19 Years	4:34.96	1991	Phillip Bryant (Birrong)
15-16 Years	4:39.71	2018	Charlie Hawke (Merewether)
12-14 Years	4:49.16	2024	Luke Chen (Manly)
200m Individual Medley			
17-19 Years	2:07.93	2009	Daniel Tranter (Westfields Sports)
15-16 Years	2:11.46	2011	Sho Nishimoto (Chatswood)
12-14 Years	2:15.51	2024	Luke Chen (Manly)
12 x 50 Freestyle			
Mixed	5:31.10	2019	Cronulla HS
6 x 50 Freestyle			
12-19 Years	2:43.58	2023	Balgowlah Boys HS
4 x 50 Freestyle			
17-19 Years	1:38.26	2023	Epping Boys HS
16 Years	1:42.88	2010	Kingscliff HS
15 Years	1:44.43	2019	Narrabeen SHS
14 Years	1:47.70	2021	Gosford HS
13 Years	1:54.63	2016	North Sydney Boys HS
12 Years	2:06.63	1999	Woolgoolga HS
4 x 50 Medley			
200 Medley	1:52.93	2023	Epping Boys HS
4 x 50 Central			
Mixed	1:56:50	2019	Warren CS

Boys Multi-class records

Current 2024

12-15 Years 50m Backstroke

Michael Auprince	Peakhurst	S9	33.24 (721 pts)
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16-19 Years 50m Backstroke

Damien Narbeshuber	Minerva	S14	31.23 (867 pts)
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12-15 Years 100m Freestyle

Declan Budd	Davidson	S14	59.83
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16-19 Years 100m Freestyle

Declan Budd	Davidson	S14	55.46 (669 pts)
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12-15 Years 50m Butterfly

Declan Budd	Davidson	S14	30.25
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16-19 Years 50m Butterfly

Declan Budd	Davidson	S14	26.88 (662pts)
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12-15 Years 50m Freestyle

Michael Kilduff	Syd Distance Ed	S14	26.24 (819 pts)
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16-19 Years 50m Freestyle

Declan Budd	Davidson	S14	26.10 (pts)
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12-15 Years 50m Breaststroke

Lachlan Hanratty	Sir Joseph Banks	S14	37.06 (404 pts)
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16-19 Years 50m Breaststroke

Lachlan Hanratty	Holsworthy	S14	34.93
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12-15 Years 100m Backstroke

Liam Togher	Davidson	S9	1:16.08 (484 pts)
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16-19 Years 100m Backstroke

Aiden Yourell	Evans River	S10	1:08.51 (657 pts)
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12-15 Years 200m Individual Medley

Declan Budd	Davidson	S14	2:42.50
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16-19 Years 200m Individual Medley

Darren Sisman	Endeavour	S14	2:23.18 (706 pts)
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Girls records

Current April 2024

Event	Time	Year	Competitor
800m Freestyle			
Open	8:52.72	1996	Danielle Woods (Kirrawee)
400m Freestyle			
17-19 Years	4:20.89	1987	Janelle Elford (Peakhurst)
15-16 Years	4:24.33	2018	Jessica Madden (Port Hacking)
12-14 Years	4:26.11	2013	Rachel Wood (Brisbane Water)
200m Freestyle			
17-19 Years	2:03.72	2014	Sophie Taylor (Riverside Girls)
16 Years	2:05.10	2009	Zoe Diamond (Hurlstone Ag)
15 Years	2:05.33	2011	Ami Matsuo (Willoughby Girls)
14 Years	2:07.70	2010	Ami Matsuo (Willoughby Girls)
13 Years	2:09.23	1990	Phillipa Reeves (Newcastle)
12 Years	2:15.70	1989	Phillipa Reeves (Newcastle)
100m Freestyle			
17-19 Years	56.55	2019	Charlotte Brown (Mackellar Girls)
16 Years	57.51	2009	Zoe Diamond (Hurlstone Ag)
15 Years	56.53	2011	Ami Matsuo (Willoughby Girls)
14 Years	59.04	2010	Ami Matsuo (Willoughby Girls)
13 Years	59.64	2011	Emily Rosskelly (Oak Flats)
12 Years	1:02.31	2003	Amy Bannatyne (Model Farm)
50m Freestyle			
17-19 Years	26.30	2010	Mariah Jones (Tweed River)
16 Years	26.02	2012	Ami Matsuo (Willoughby Girls)
15 Years	26.20	2011	Ami Matsuo (Willoughby Girls)
14 Years	26.99	2024	Hannah Huisman (Mackellar Girls)
13 Years	27.35	2011	Emily Rosskelly (Oak Flats)
12 Years	28.77	2022	Ava Hepburn (Tuggerah Lakes)
100m Backstroke			
17-19 Years	1:03.52	2008	Fiona Connell (The Hills Sports)
16 Years	1:04.83	2009	Kirstie Meertens (Model Farms)
15 Years	1:06.25	2010	Ellysia Oldsen (Willyama)
14 Years	1:06.41	2017	Emily Jones (Glendale)
13 Years	1:07.19	1999	Anna Campbell (Ballina)
12 Years	1:10.51	2009	Lucy Tabrett (Belmont)

Event	Time	Year	Competitor
100m Breaststroke			
17-19 Years	1:11.80	2007	Erin Malone (Kirrawee)
16 Years	1:11.31	2024	Isabelle Raw (Albury)
15 Years	1:08.93	2024	Sienna Toohey (Albury)
14 Years	1:11.58	2023	Sienna Toohey (Albury)
13 Years	1:14.21	2016	Jasmine Tran (Moorebank)
12 Years	1:17.62	2015	Jasmine Tran (Moorebank)
100m Butterfly			
17-19 Years	1:02.01	2012	Brigitte Fenske (Kiama)
16 Years	1:02.28	2018	Bindi Ware (Banora Point)
15 Years	1:02.53	2018	Emily Jones (Glendale)
14 Years	1:04.41	2017	Emily Jones (Glendale)
13 Years	1:05.13	2016	Mikaela Short (Oxley)
12 Years	1:08.91	2003	Gabi Sainsbury (Merewether)
400m Individual Medley			
17-19 Years	4:52.35	2019	Jessica Madden (Port Hacking)
15-16 Years	4:58.15	2018	Jessica Madden (Port Hacking)
12-14 Years	5:08.38	2006	Jessica Legge (Lambton)
17-19 Years	2:16.95	2019	Charlotte Brown (Mackellar Girls)
15-16 Years	2:21.11	2018	Charlotte Brown (Mackellar Girls)
12-14 Years	2:24.41	2019	Tylah Crabtree (Lismore)
12 x 50 m Freestyle Relay			
Mixed	5:31.10	2019	Cronulla HS
12-19 Years	2:55.56	2009	Willoughby Girls HS
4 x 50 Freestyle Relay			
17-19 Years	1:54.35	2014	Willoughby Girls HS
16 Years	1:53.94	2010	Willoughby Girls HS
15 Years	1:55.67	2011	Woolooware HS
14 Years	1:57.01	2018	Coffs HarbourHS
13 Years	2:00.12	2023	Endeavour Sports HS
12 Years	2:07.94	1995	Woolooware HS
4 x 50m Medley Relay			
Open	2:02.65	2007	Kingscliffe High

Girls Multi-class records

Current April 2024

12-15 Years 50m Backstroke Jasmine Greenwood	Shoalhaven	S9	36.60 (776 pts)
16-19 Years 50m Backstroke Prue Watt	Newcastle	S13	35.86 (752 pts)
12-15 Years 100m Freestyle Jasmine Greenwood	Shoalhaven	S9	1:07.19 (745 pts)
16-19 Years 100m Freestyle Prue Watt	Newcastle	S13	1:04.71 (753 pts)
12-15 Years 50m Butterfly Jasmine Greenwood	Shoalhaven	S9	33.52 (840 pts)
16-19 Years 50m Butterfly Nicole Taylor	Murrumbidgee	S15	31.73 (pts)
12-15 Years 50m Freestyle Jasmine Greenwood	Shoalhaven	S9	30.54 (791 pts)
16-19 Years 50m Freestyle Teneale Houghton	East Hills Girls	S15	29.35 (707 pts)
12-15 Years 50m Breaststroke Jasmine Greenwood	Shoalhaven	S9	38.82 (699 pts)
16-19 Years 50m Breaststroke M Springett-Kelly	Inner Sydney	SB6	50.31 (538 pts)
12-15 Years 100m Backstroke Lily Bright-Taylor	Murrumbidgee	S10	1:20.23 (553 pts)
16-19 Years 100m Backstroke Nicole Taylor	Murrumbidgee	S15	1:16.64 (620 pts)
12-15 Years 200m Individual Medley Jasmine Greenwood	Shoalhaven	S9	2:48.79 (672pts)
16-19 Years 200m Individual Medley Nicole Taylor	Murrumbidgee	S15	2:43.30 (pts)

Multi Class events

Swimming is the only sport that combines the conditions of limb loss, cerebral palsy (coordination and movement restrictions), spinal cord injury (weakness or paralysis involving any combination of the limbs) and other Physical and Intellectual disabilities into a Multi Class competition format.

Within each disability classification, classes are allocated depending on the severity of the disability (the lower the number the more severe the disability).

Classes 1-10 - are allocated to swimmers with a Physical Class.

Classes 11-13 - are allocated to swimmers with a Visual Class.

Class 14 - is allocated to swimmers with an Intellectual Class.

Class 15 - is allocated to swimmers with a Hearing Impairment.

Class 16 - is allocated to swimmers with an Organ or Bone Transplant.

Each class is also allocated a prefix that denotes which stroke the individual is swimming.

S denotes – Freestyle, Backstroke and Butterfly.

SB denotes – Breaststroke.

SM denotes – Individual Medley.

Competitors compete in a Multi-Disabled format where each swimmer competes against a recognised Australian Standard Time for his or her classification. For this reason, the swimmer who finishes first in the race may not be the actual winner, as individual times are compared and calculated against their relative Australian Standard Time.



Livestreaming

This event is livestreamed.

**QR code through to our
livestreaming library or follow
this link to our website:**

<https://app.education.nsw.gov.au/sport/NSWCHSSA>

Championship results

Year	Combined	Points	Girls Assoc.	Points	Boys Assoc	Points
1980	North Sydney	774 pts	North Sydney	393 pts	North Sydney	381 pts
1981	North Sydney	695 pts	North Sydney	397 pts	St. George	298 pts
1982	North Sydney	846 pts	St. George	428 pts	North Sydney	506 pts
1983	Met East	991 pts	Met East	570 pts	North Sydney	591 pts
1984	Met East	936 pts	Met East	559 pts	North Sydney	434 pts
1985	Met East	780 pts	Met East	478 pts	North Sydney	579 pts
1986	Met East	1942 pts	Met East	1102 pts	Met North	44 pts
1987	Met North	862 pts	Met East	476 pts	Met North	536 pts
1988	Met North	1017 pts	Met North	428 pts	Met North	589 pts
1989	Met North	915 pts	Met North	483 pts	Met North	432 pts
1990	Met North	837 pts	Met North	507 pts	Hunter	344 pts
1991	Met North	821 pts	Met North	474 pts	North Coast	419 pts
1992	Met North	869 pts	Met North	501 pts	North Coast	454 pts
1993	Met North	931.5pts	Met North	437 pts	North Coast	407 pts
1994	Met North	1017pts	Met North	500pts	Met North	517 pts
1995	Met North	1107 pts	Met North	603 pts	Met North	504 pts
1996	Met North	1486 pts	Met North	886 pts	Met North	600 pts
1997	Sydney North	1479 pts	Sydney North	738 pts	Sydney North	741 pts
1998	Sydney North	1387 pts	Sydney North	685 pts	Sydney North	702 pts
1999	Sydney North	1618 pts	Sydney North	893 pts	Sydney North	725 pt
2000	Sydney North	1431 pts	Sydney North	751 pts	Sydney North	680 pts
2001	Sydney North	1368 pts	Sydney East	797 pts	Sydney North	720 pts
2002	Sydney North	1346 pts	Sydney East	734 pts	Sydney North	730 pts
2003	Sydney North	1411 pts	Sydney North	705 pts	Sydney North	706 pts
2004	Sydney North	1491 pts	Sydney East	714 pts	Sydney North	952.5 pts
2005	Sydney North	1539 pts	Hunter	712 pts	Sydney North	945 pts
2006	Sydney North	1330 pts	Sydney East	703 pts	Sydney North	764 pts
2007	Sydney East	314 pts	Sydney East	682 pts	Sydney East	632 pts
2008	Sydney North	1272 pts	Sydney North	624 pts	Sydney East	663 pts
2009	Sydney North	1699 pts	Sydney North	903 pts	Sydney North	796 pts
2010	Sydney North	1530 pts	Sydney North	846 pts	Sydney East	816 pts
2011	Sydney North	1778 pts	Sydney North	786 pts	Sydney East	991 pts
2012	Sydney North	1613 pts	Sydney East	897 pts	Sydney North	887 pts
2013	Sydney North	1929 pts	Sydney East	1009 pts	Sydney North	944 pts
2014	Sydney North	1810 pts	Sydney North	964 pts	Sydney North	836 pts
2015	Sydney North	1913 pts	Sydney North	926 pts	Sydney North	987 pts
2016	Sydney North	1564 pts	Sydney North	894 pts	Sydney East	941 pts
2017	Sydney North	1708.5 pts	Sydney North	806.5 pts	Sydney East	984pts
2018	Sydney East	1632 pts	Sydney North	844 pts	Sydney East	783 pts
2019	Sydney North	1850 pts	Sydney North	744 pts	Sydney North	1064pts
2020	COVID-19	COVID-19	COVID-19	COVID-19	COVID-19	COVID-19
2021	Sydney North	2036 pts	Sydney North	1247 pts	Sydney North	789 pts
2022	Sydney North	2185 pts	Sydney North	1353 pts	Sydney East	816 pts
2023	Sydney North	2036.5pts	Sydney East	808 pts	Sydney North	1339 pts
2024	Sydney North	1480 pts	Sydney East	550 pts	Sydney North	966 pts

Girls trophy winners

W H Hellings Memorial Trophy for Girls Point Score

From 1938 to 1964 this was awarded to the school gaining the most points in the Championships. In 1965 the format of the Championships was changed from that of school participation to one of Zone or Region / Area teams. From 1971 this trophy has been for the winning Girls Region / Area team.

Year	School	Year	School
1938	Fort Street Girls HS	1939	Fort Street Girls HS
1940	Sydney Girls HS	1941	Sydney Girls HS
1942	No Championship held	1943	Sydney Girls HS
1944	Sydney Girls HS	1945	Sydney Girls HS
1946	Sydney Girls HS	1947	Sydney Girls HS
1948	Sydney Girls HS Dover Heights Girls High	1949	Sydney Girls HS, Dover Heights Girls, Hornsby Girls School, Tamworth High School and Wollongong High
1950	Cessnock HS		
1951	Cooks Hill Girls HS		
1952	Sydney Girls HS		
1954	Burwood Girls HS and Newcastle Girls HS	1953	Dover Heights Girls High
1957	Newcastle Girls HS	1955	Burwood Girls HS
1958	Dover Heights Girls High	1956	Telopea Park HS and Newcastle Girls HS
1960	Belmont HS	1959	Bulli HS
1962	Wauchope HS	1961	Belmont HS
1964	Sydney Girls HS	1963	Gosford HS
1966	Eastern Suburbs Zone Team	1965	Newcastle Regional Team
1968	Eastern Suburbs Zone Team	1967	Eastern Suburbs Zone Team
1970	Metropolitan West Region	1969	Eastern Suburbs Zone Team
1972	Newcastle Region	1971	North Sydney Region
1974	St. George Region	1973	Newcastle Region
1976	North Sydney Region	1975	North Sydney Region
1978	North Sydney Region	1977	North Sydney Region
1980	North Sydney Region	1979	North Sydney Region
1982	St. George Region	1981	North Sydney Region
1984	Metropolitan East Region	1983	Metropolitan East Region
1986	Metropolitan East Region	1985	Metropolitan East Region
1988	Metropolitan North Region	1987	Metropolitan East Region
1990	Metropolitan North Region	1989	Metropolitan North Region
1992	Metropolitan North Region	1991	Metropolitan North Region
1994	Metropolitan North Region	1993	Metropolitan North Region
1996	Metropolitan North Region	1995	Metropolitan North Region
1998	Sydney North Area	1997	Sydney North Area
2000	Sydney North Area	1999	Sydney North Area
2002	Sydney East Area	2001	Sydney East Area
2004	Sydney East Region	2003	Sydney North Area
2006	Sydney East Region	2005	Hunter Region
2008	Sydney North Region	2007	Sydney East Region
2010	Sydney North Region	2009	Sydney North Region
2012	Sydney East Region	2011	Sydney North Region
		2013	Sydney East Region

2014	Sydney North Region	2015	Sydney North Region
2016	Sydney North Region	2017	Sydney North Region
2018	Sydney East SSA	2019	Sydney North SSA
2020	COVID-19	2021	Sydney North SSA
2022	Sydney East SSA	2023	Sydney East SSA
2024	Sydney East SSA		

Boys' trophy winners

Sir Henry Rawson Challenge Cup

Awarded to perpetuate the memory of Bernard Bede (Barney) Kieran Champion Swimmer of the world, born 1886, died 1905, aged 19 years and 2 months. The Trophy is awarded to the winner of the 17+ years 200m, 400m or 800m Freestyle event, in rotation.

Year	Student	Time	Year	Student	Time
1922	Alan Penfold (Nth Sydney) 200yds	02:20.2	1923	M. Campbell (Nth Sydney) 200yds	03:00.0
1924	Victor Moore (Nth Sydney) 300yds	04:15.4	1925	G. Pont (Drummoyne) 440yds	06:30.0
1926	J. Baratt (Lismore) 880yds	12:48.0	1927	Noel Ryan (Sydney Tech) 220yds	02:40.0
1928	Noel Ryan (Sydney Tech) 440yds	05:40.0	1929	L. Cannaway (Ultimo CTS) 220yds	:46.40
1930	Andrew Schmidt (Fort St) 220yds	02:42.8	1931	Asher Hart (Sydney Tech) 440yds	05:28.6
1932	Ivor Wyatt (Sydney) 880yds	11:52.0	1933	Ivor Wyatt (Sydney) 220yds	02:34.6
1934	Arthur Burg (Fort St) 440yds	05:37.0	1935	Cecil Walsh (Sydney Tech) 880yds	12:19.2
1936	Alan Fidler (Newcastle) 220yds	02:30.2	1937	Alan Fidler (Newcastle) 440yds	05:27.0
1938	George Swinbourne (Sydney Tech) 880yds	12:03.4	1939	Ken Baret (Sydney) 220yds	02:41.0
1940	Kenneth Baret (Sydney) 440yds	05:33.0	1941	Dara Drewett (Sydney Tech) 880yds	12:21.2
1942	J. Campbell (Orange) 220yds	02:31.8	1943	R. Champman (Sydney Tech) 440yds	5:21.70
1944	John Ashley (North Sydney) 880yds	11:55.0	1945	Bruce Bourke (Canterbury) 220yds	02:32.5
1946	J. Bartlett (Newcastle) 440yds	05:45.7	1947	T. Barnett (Wollongong) 880yds	11:47.9
1948	William Brady (Homebush) 220yds	02:31.0	1949	Frank Jordon (Homebush) 440yds	05:24.9
1950	David Anderson (Homebush) 880yds	11:08.5	1951	Barry Darke (Sydney Tech) 220yds	02:21.5
1952	Jon Henricks (Fort St) 440yds	05:02.6	1953	Jon Henricks (Fort St) 880yds	10:22.3
1954	Jon Henricks (Fort St) 220yds	02:17.4	1955	J. Rowley (Wollongong) 440yds	05:14.6
1956	B. Elliott (Homebush) 880yds	10:29.8	1957	Richard Thornett (Randwick) 220yds	02:25.1
1958	Jon Konrads (Sydney Tech) 440yds	04:45.5	1959	Jon Konrads (Sydney Tech) 880yds	10:02.0
1960	Neville Hayes (James Cook) 220yds	02:12.4	1961	Mark Tessions (East Hills) 440yds	04:49.9
1962	Russell Phegan (Ibrox Park) 880yds	09:48.6	1963	Russell Phegan (Ibrox Park) 220yds	02:08.9
1964	Russell Phegan (Ibrox Park) 400m	04:38.4	1965	William Devenish (Westfields) 800m	09:16.8
1966	William Devenish (Westfields) 200m		1967	William Devenish (Westfields) 400m	04:24.8
1968	William Devenish (Westfields) 800m	09:03.2	1969	Graham Windeatt (East Hills) 200m	02:05.5
1970	Graham Windeatt (East Hills) 400m	04:12.7	Australian & State Junior Record		
1971	Graham Windeatt (East Hills) 800m	08:28.6	World, Australian & New South Wales Record		
1972	Brad Cooper (Homebush) 200m	01:59.3	1973	R. Yeo (Grantham) 400m	04:25.5
1974	Peter Dawson (Pittwater) 800m	08:48.5	1975	Peter Dawson (Pittwater) 200m	01:59.3
1976	Mark Kerry (Wollongong) 400m	04:11.0	1977	Greg Lightfoot (Picnic Point) 800m	09:04.0
1978	Graeme Carroll (Asquith) 200m	02:03.0	1979	Tim Ford (Turramurra) 400m	04:18.2
1980	Tim Ford (Turramurra) 800m	08:42.7	1981	Brad Johnson (Turramurra) 200m	02:02.1
1982	S. Cameron (Parkes) 400m	04:15.2	1983	Ben Gathercole (Killarney Hts) 800m	08:48.1
1984	Gary Lord (Oak Flats) 200m	01:58.7	1985	Peter Tonks (Wallsend) 400m	04:23.5

1986	Mat McQuade (Killarney Hts) 800m	08:54.2	1987	Jon Robinson (Narrabeen) 200m	02:04.1
1988	1988 Mat McQuade (Killarney Hts) 400m	04:09.1	1989	Mat McQuade (Killarney Hts) 800m	8:31.10
1990	Steven Rosa (Whitebridge) 200m		1991	Phillip Bryant (Birrongo Boys) 400m	04:05.3
1992	Richard Upton (Barrenjoey) 800m	08:53.7	1993	Joseph Mitchell (Jesmond) 200m	02:00.3
1994	Alex Phillips (Newcastle) 400m	04:09.6	1995	Grant Cleland (Grantham) 800m	08:48.5
1996	Ben Connell (St Marys Senior) 200m	01:58.9	1997	Craig Stevens (Endeavour Sp) 400m	04:09.4
1998	Craig Stevens (Endeavour Sports) 800m	08:26.3	1999	Peter Thew (Tweed River) 200m	01:59.4
2000	Michael Legge (Lambton) 400m	04:10.3	2001	Dane Ashley (Crestwood) 800m	08:43.4
2002	Jarrad Kemp (Melville) 200m	02:00.0	2003	Daniel Mendes (Endeavour) 400m	04:04.9
2004	Chris Watkins (West Wallsend) 800m	08:26.8	2005	Michael Hardy (Westfields) 200m	01:57.0
2006	Nick Milnes (Nowra) 400m	04:07.4	2007	Tom Harris (Gunnedah) 800m	08:34.4
2008	Dylan Wyatt (Greystanes) 200m	01:56.1	2009	Alex Patrulescu (Homebush) 400m	04:05.4
2010	Heath Winning (Merewether) 800m	08:54.2	2011	Nicholas Rispoli (Penn Hills) 200m	01:58.0
2012	Jacob Hansford (Wyndham) 400m	04:07.6	2013	Joshua Attard (Normanhurst) 800m	08:39.0
2014	Caleb Hansford (Wyndham Coll) 200m	01:55.5	2015	Daniel StGeorge (Smith Hill) 400m	04:10.9
2016	Jesse Goodyear (Lucas Heights) 800m	08:51.0	2017	Samuel Harris (Port Macquarie) 200m	01:57.2
2018	Alex Quach (Hurlstone Ag) 400m	04:12.0	2019	Nicholas Middleton (Sylvania) 800m	8:38:00
2020	COVID-19		2021	Adam McCarthy (Mt Annan) 200m	1:57.21
2022	Remy Lennon (Camberaygal) 400m	04:11.6	2023	Daniel O'Donnell (Greystanes) 800m	08:59.0
2024	Cameron Gawn (Hunter) 200m	01:57.44			

Eyeline Knockout Champions (12x50)

Year	School	Time	Year	School	Time
1996	St George Girls/Sydney Tech		1997	Woollooware HS	
1998	Alstonville HS		1999	Woollooware HS	
2000	Terrigal HS	05:36.8	2001	Terrigal HS	05:35.4
2002	Kingscliff HS	05:37.5	2003	Kingscliff HS	05:31.7
2004	Kingscliff HS	05:35.1	2005	Westfields Sports HS	05:33.4
2006	Westfields Sports HS	05:39.3	2007	Kingscliff HS	05:37.3
2008	Westfields Sports HS	05:40.3	2009	Kingscliff HS	05:41.7
2010	Kingscliff HS	05:39.6	2011	Woollooware HS	05:41.5
2012	Winmalee HS	05:42.7	2013	Winmalee HS	05:35.3
2014	Winmalee HS	5:31.18(R)	2015	Hills Sports HS	05:39.0
2016	Gosford HS	05:38.4	2017	Gosford HS	5:37:01
2018	Cronulla HS	05:32.0	2019	Cronulla HS	5:31:10
2020	COVID-19	n/a	2021	Cronulla HS	5:32.54
2022	Cronulla HS	05:37.4	2023	Northern Beaches College	5:32:41

School trophy winners

Year	Combined	Boys	Girls
1981	Picnic Point HS	Picnic Point HS	Kotara HS
1982	Kotara HS	Port Hacking HS	Kotara HS
1983	Peakhurst HS	Pittwater HS	St George Girls HS
1984	Peakhurst HS	Kirrawee HS	Peakhurst HS
1985	Oak Flats HS	Lambton HS	Oak Flats HS
1986	Tweed River HS	Killarney Heights HS	Sydney Girls HS
1987	Peakhurst HS	Narrabeen HS	Peakhurst HS
1988	Tweed River HS	Woolooware HS	East Hill Girls HS
1989	Tweed River HS	Killarney Heights	Newcastle HS
1990	Tweed River HS	Port Macquarie HS	Newcastle HS
1991	Port Macquarie HS	Port Macquarie HS	Mackellar Girls HS
1992	Port Macquarie HS	Port Macquarie HS	Mackellar Girls HS
1993	Ballina HS	Port Macquarie HS	Ballina HS
1994	Ballina HS	Port Macquarie HS	Ballina HS
1995	Westfields Sports HS	Port Macquarie HS	Mackellar Girls HS
1996	Westfields Sports HS	Port Macquarie HS	Westfields Sports HS
1997	Kingscliff HS	Port Macquarie HS	Kingscliff HS
1998	Endeavour Sports HS	Endeavour Sports HS	Mackellar Girls HS
1999	Endeavour Sports HS	Terrigal HS	Endeavour Sports HS
2000	Endeavour Sports HS	Endeavour Sports HS	Endeavour Sports HS
2001	Terrigal HS	Terrigal HS	Westfields Sports HS
2002	Westfields Sports HS	Westfields Sports HS	Westfields Sports HS
2003	Kingscliff HS	Grafton HS	Kirrawee HS
2004	Kingscliff HS	Westfields Sports HS	Kingscliff HS
2005	Kingscliff HS	Westfields Sports HS	Kirrawee HS
2006	Kirrawee HS	Westfields Sports HS	Kirrawee HS
2007	Kirrawee HS	Westfields Sports HS	Kirrawee HS
2008	Westfields Sports HS	Westfields Sports HS	Kirrawee HS
2009	Westfields Sports HS	Westfields Sports HS	Hurlstone Agricultural HS
2010	Kirrawee HS	Kirrawee HS	Elderslie HS
2011	Elderslie HS	Cherrybrook HS	Elderslie HS
2012	Winmalee HS	Winmalee HS	Elderslie HS
2013	Woolooware HS	Woolooware HS	Engadine HS
2014	Hills Sports HS	Hills Sports HS	Woolooware HS
2015	Hills Sports HS	Cronulla HS	Hills Sports HS
2016	Cronulla HS	Cronulla HS	Castle Hill HS
2017	Cronulla HS	Cronulla HS	Port Hacking HS
2018	Merewether HS	Merewether HS	Port Hacking HS
2019	Cronulla HS	Cronulla HS	Cronulla HS
2020	COVID-19 -	-	
2021	Narrabeen HS	Warners Bay HS	Narrabeen Sports HS
2022	Cronulla HS	Balgowlah Boys HS	Kirrawee HS
2023	Merewether HS	Balgowlah Boys HS	Merewether HS
2024	Albury HS	Carlingford HS	Albury HS

NSWCHSSA Swimming Championship rules

Amended 2023

4.21 Swimming - NSWCHSSA Championship

Refer NSWCHSSA Handbook [“State championships” – Section 2.9.](#)

4.21.1 Championship events

The following events are contested:

(a) Freestyle

Distance	Age division
800 metres	Boys open (seeded timed final) Girls open (seeded timed final)
400 metres	Boys 12-14, 15-16, and 17-19 years (seeded timed final) Girls 12-14, 15-16, and 17-19 years (seeded timed final)
200 metres	Boys 12, 13, 14, 15, 16, and 17-19 years (seeded timed final) Girls 12, 13, 14, 15, 16, and 17-19 years (seeded timed final)
100 metres	Boys 12, 13, 14, 15, 16, and 17-19 years Girls 12, 13, 14, 15, 16, and 17-19 years
50 metres	Boys 12, 13, 14, 15, 16, and 17-19 years Girls 12, 13, 14, 15, 16, and 17-19 years

(b) Form strokes (backstroke, breaststroke, and butterfly)

Distance	Age division
100 metres	Boys 12, 13, 14, 15, 16, and 17-19 years Girls 12, 13, 14, 15, 16, and 17-19 years

(c) Individual medley

Distance	Age division
400 metres	Boys 12-14, 15-16, and 17-19 years (seeded timed final) Girls 12-14, 15-16, and 17-19 years (seeded timed final)
200 metres	Boys 12-14, 15-16, and 17-19 years (seeded timed final) Girls 12-14, 15-16, and 17-19 years (seeded timed final)

(d) Medley relay

Distance	Age division
4 x 50 metres	Boys open Girls open

(e) Freestyle relay

Distance	Age division
4 x 50 metres	Boys 12, 13, 14, 15, 16, and 17-19 years Girls 12, 13, 14, 15, 16, and 17-19 years
6 x 50 metres	Boys all age Girls all age
12 x 50 metres	Mixed "any age" 6 boys and 6 girls
4 x 50 metres	Central Schools 2 boys/2 girls 17-19 years

Note:

(i) All relays are school based only.

(ii) 6 x 50 metres boys and girls "All Age" relays are to contain 1 (one) swimmer only from each of the six age groups and can swim in any order.

(iii) A swimmer may compete in only 1 (one) age 4 x 50 metre freestyle relay at their own or at a higher age group.

Events – age divisions – strokes – distances for boys & girls

An 'x' represents events available to both boys and girls in that age group.

Individual events

Age group / events	50 free	100 free	200 free	400 free	800 free	100 fly	100 breast	100 back	200 IM	400 IM
12 years	x	x	x	-	-	x	x	x	-	-
13 years	x	x	x	-	-	x	x	x	-	-
14 years	x	x	x	-	-	x	x	x	-	-
Junior 12 - 14 years	-	-	-	x	-	-	-	-	x	x
15 years	x	x	x	-	-	x	x	x	-	-
16 years	x	x	x	-	-	x	x	x	-	-
Inter 15 - 16 years	-	-	-	x	-	-	-	-	x	x
17 - 19 years	x	x	x	x	-	x	x	x	x	x
Open	-	-	-	-	x	-	-	-	-	-

Multi class events

Each event below is offered for both boys and girls/
All Multi Class events will be timed finals using seeded heats.

Age group / events	50 free	100 free	50 fly	50 breast	50 back	100 back	200 IM
12 - 15 years MD	x	x	x	x	x	x	x
16 - 19 years MD	x	x	x	x	x	x	x

Relay events

Each event below is offered for both Boys and Girls with the exception of those stated as mixed teams. All teams are School Based Teams.

12 x 50m State-wide Freestyle Relay (6 boys and 6 girls, any age, swim in any order, one team per association)

6x 50m All Age Freestyle Relay (MUST contain 1 swimmer from each age group 12, 13, 14, 15, 16, 17-19, swim in any order). This event is offered as a separate girls and boys event.

Central schools 4 x 50m freestyle relay shall consist of six (6) competitors (includes 2 reserves) and must comprise two boys and two girls of any age from 12 - 19 years. Competitors must be enrolled at the central school of nomination.

Age group / events	4 x 50m freestyle relay	4 x 50m medley relay	6 x 50m freestyle relay	12 x 50m freestyle relay
12 years	x	-	-	-
13 years	x	-	-	-
14 years	x	-	-	-
15 years	x	-	-	-
16 years	x	-	-	-
17 - 19 years	x	-	-	-
Open	-	x	One swimmer from each age group	6 boys and 6 girls of any age
Central schools	2 boys / 2 girls	-	-	-

4.21.2 Trophies

The following trophies are completed for each year:

Parkes Family Trophy – Most outstanding performance.

(a) Boys

Sprint Trophy – 17-19 years 50 metres freestyle.

Shield – 17-19 years 100 metres freestyle.

The Sir Harry Rawson Challenge Cup – 17-19 years – alternates each year from 200 metres freestyle, 400 metres freestyle and 800 metres freestyle.

Conveners Trophy – All Age 6 x 50m relay.

(b) Girls

Sprint Trophy – 17-19 years 50 metres freestyle.

Rose Bowl Trophy – 17-19 years 100 metres freestyle.

Girls 200 metres Freestyle Trophy – 17-19 years.

Girls Backstroke Trophy – 17-19 years 100 metres.

Girls Breaststroke Trophy – 17-19 years 100 metres.

Girls Butterfly Trophy – 17-19 years 100 metres.

Girls 200 metres Individual Medley Trophy – 17-19 years.

Girls 400 metres Individual Medley Trophy – 17-19 years.

Girls 800 metres Freestyle Trophy.

W.H. Hellings Memorial Trophy – girls association point score.

Conveners Trophy – All Age 6 x 50m relay.

(c) Boys and Girls

Eyeline state-wide trophy - 12 x 50 m relay.

(d) School trophies

(i) Champion School (Aggregate).

(ii) Champion Co-Educational School (Aggregate).

(iii) Champion Boys School (Aggregate).

(iv) Champion Girls School (Aggregate).

4.21.3 Starting times

(a) Where possible, the first events scheduled each day for both heats and finals will commence at 8:30am.

(b) Appointed championship officials will report for duty/briefing half an hour prior to the start time of the first event.

4.21.4 Championship rules

(a) These championship will be conducted under the rules of FINA, with exceptions noted in these by laws.

(b) Relays

(i) School relay teams (4 x 50 metres)

Shall consist of six (6) competitors whose names shall be listed and submitted electronically with the association team. Any four of the six nominated may compete in either heats or final.

(ii) School relay teams all age (6 x 50 metres)

Shall consist of six competitors, one swimmer from each of the six age section and can swim in any order. Six competitors one from each age section shall be listed, plus up to six reserves one from each age section may be listed and submitted with the association team. Only one competitor of the two nominated in each age section may compete in either heats or finals.

(iii) Relay registration forms

School relay teams must produce a completed form to the association team managers for submission via the "Meet Manager" program.

(iv) All relay competitors must be the correct age.

Penalty – disqualification.

(v) In relay events, schools are permitted to enter up to a maximum of two (2) teams per event provided they have qualified in accordance with the NSWCHSSA rules of entry. In the situation where a school has two (2) teams which qualify for a particular event, each team must remain independent of each other without any transfer of personnel for the duration of the meet.

(vi) All relay orders must be finalised prior to the start of the session. Relay order may not be changed after the session start.

(c) Out of bounds

Any area deemed as out of bounds will be described in the championship program. Offenders, competitors or otherwise, will be asked to leave the pool. All spectators must remain in the grandstand.

(d) Limitation of events

A competitor may enter any number of individual events. This includes being able to compete in both individual medleys – the 200 metre and 400 metres.

Different events:

- (i) One medley relay
- (ii) One freestyle age relay and
- (iii) One freestyle all age relay
- (iv) One state-wide relay.

(e) Marshalling

There will be limited marshalling calls. Competitors must report to the marshalling area as soon as their events are called. If competitors have not reported they will risk elimination from their event. Substitutes must report to marshalling.

(f) Method of starting

(i) The check starter shall place competitors in their respective starting positions for the events. Students may start on the block, beside the block or in the water to help prevent incidents and accidents caused by diving. The referee will give out a long drawn out crescendo of the whistle to alert the officials and spectators and also to call the competitors to their positions in preparation to begin the race. Students starting in the water must have 2 feet on the wall and 1 hand on the backstroke bar. In the case of backstroke events competitors must start in the water. On receiving the command "take your marks", all competitors must remain stationary until the signal to start is given.

(ii) In the case of relays. For a swimmer starting in the water, The swimmers feet must be on the wall when the incoming swimmers hand touches the wall. The swimmer starting in the water must start on the left of the lane. If swimmer 2 starts in the water, swimmer 1 will not be able to gain an official time.

(g) False starts

"One start" rule will apply, Swimmers who false start may be disqualified.

(h) Coaching

Once competitors are in the marshalling area, they are not to receive any coaching or advice. Penalty – disqualification.

(i) Timekeepers

"Automatic Officiating Equipment" shall be used to determine times and places. Where possible, three (3) manual buttons per lane shall be used for timekeepers to record the times in each lane.

(j) Judging

Competitors must remain in their lanes at the completion of an event until "whistled out" by the referee.

(k) In distance events

Competitors who, in the opinion of the state convener / championship manager or their appointees, are not likely to be placed, must withdraw from the water when instructed to do so.

(l) Protests

All protests shall be lodged by the association team manager in writing to the referee within twenty minutes of the conclusion of event. Protests shall be dealt with by the swimming committee. The referee is the sole arbitrator in points of law.

(m) Age section

The meet shall be conducted in six (6) age groups per sex for able-bodied athletes: 17-19 years, 16 years, 15 years, 14 years, 13 years and 12 years. The championship will be conducted in two (2) age groups per sex for Multi-Class athletes: 16-19 years, 12-15 years.

A competitor must swim in their age group determined by their age as at 31 December in the year of competition. (Refer NSWCHSSA Handbook "student eligibility" -). When an event is not offered in each age group, competitors must compete at the nearest age above. "Open" events are open to competitors from any of the age groups.

(n) Point score

First 12, second 10, third 8, fourth 6, fifth 5, sixth 4, seventh 3, eighth 2, ninth 1, tenth 1.
In all cases, these points are doubled for relays.

(o) Champions

(i) School

The school gaining the greatest aggregate of points in all age groups shall be declared the champion school.

(ii) Association

The association gaining the greatest total in all age groups shall be declared the champion association.

(iii) Age championship points

The swimmer gaining the greatest total number of points in their age/sex group shall be declared the age champion. Provision exists to include points gained in events not offered in each age group (ie. 800m Freestyle, 400m Freestyle, Individual Medley).

(p) Perpetual trophies

All trophies must be returned to the NSWCHSSA office by the end of February each year.

(q) Costume

Competitors must compete in an approved costume as per FINA / Swimming Australia regulations.

(r) Representation of associations

Entries:

(i) Individual events

Three (3) per association with the exception of 400m individual medley. A maximum of two (2) swimmers per association can be nominated, with the exception of a swimmer whose nominated time would have placed them fifth or above at the previous year's championship. Swimmers must have met the qualifying time as set by the meet director. There will be a maximum of two (2) heats at the state championship.

(ii) Relay events

Three (3) per association. (Note: all relays are school based only).

(iii) Association may enter a 4th swimmer in an event, provided that the nominated swimmer equals or betters the time of the 5th place getter at the previous year's championship. This time must be achieved at the appropriate association swimming championship.

(iv) Where an association has chosen a swimmer(s) in their team to compete at the NSWCHSSA Swimming Championship, and that swimmer has indicated an alternate pathway for NSW All Schools selection, the association may make a request to the Swimming Convener to add additional swimmer(s) to their team to compete in the events that the alternate pathway swimmer(s) is competing.

The number of additional swimmer(s) per event, would be based on the number of swimmer(s) in that event who will be taking the alternate pathway.

(v) All entries to be confirmed with the convener by 6:00pm the day prior to the championship. No additional entries will be accepted after this date without prior approval from the convener.

(s) Competitor withdrawal

(i) A competitor withdrawing from an individual final must do so in writing, through an association team manager, to the state convener / championship manager within fifteen minutes of the posting of event results.

(ii) Any competitor who withdraws after this time may be scratched from all other individual finals.

(t) Swimming caps

(i) Individual events

If a swimming cap is worn it must be an association swimming cap.

(ii) Relay events

Where swimming caps are worn all team members must wear either the association swimming cap or the school swimming cap. All team members wearing swimming caps must wear the identical cap.

(u) Swimming committee

Shall consist of the following:

(i) State convener.

(ii) The championship referee.

(iii) A NSWCHSSA executive committee member.

(iv) An association sports coordination officer.

(v) A association team manager.

Members (iv) and (v) must be from different associations. The state convener shall be the chairperson.

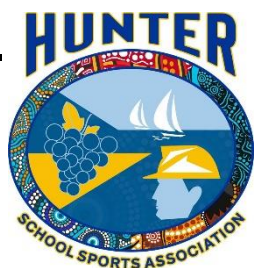
Any protests, appeals and judicial problems will be dealt with by the swimming committee, where necessary.



Livestreaming

**This event is livestreamed.
QR code through to our
livestreaming library or follow
this link to our website:**

<https://app.education.nsw.gov.au/sport/NSWCHSSA>



Hunter SSA

royal blue / gold

Team Managers

Steven Edwards, Whitebridge High School

Kylie Hill, Muswellbrook High School

Matthew Simpson, Morisset High School

Jacqui Charlton, Swansea High School

Team competitors

First Name	Last Name	School	First Name	Last Name	School
Holly	Bamford	Lambton HS	Cooper	Chaplin	Kotara HS
Alex	Banga	Newcastle HS	Patrick	Chapman	Cardiff HS
Emmett	Bartlett	Lambton HS	Tyler	Clark	Hunter Sports HS
Toby	Beker	Kotara HS	Kai	Clinton	Warners Bay HS
Teo	Bendinelli	Merewether HS	Ayla	Collins	Whitebridge HS
Thomas	Benson	Lambton HS	Mikos	Costa	Merewether HS
Ivy	Berry	Warners Bay HS	Millie	Coxon	Lambton HS
Liam	Blair	Warners Bay HS	Riley	Craft	Toronto HS
Oliver	Blatchford	Whitebridge HS	India	Davidson	Whitebridge HS
Huw	Bloomfield	Merewether HS	Zoe	Davis	Warners Bay HS
Beau	Boettcher	Hunter Sports HS	Zac	Denham	Whitebridge HS
Eli	Borg	Swansea HS	Alannah	Dimmock	Whitebridge HS
Jed	Borg	Swansea HS	Sienna	Downey	Toronto HS
Thomas	Boyle	Merewether HS	Tyler	Downey	Toronto HS
Jemma	Brown	Warners Bay HS	Georgia	Farrell	Lambton HS
Riley	Brown	Great Lakes College	Gabriel	Farrow	Merewether HS
Ryan	Brown	Great Lakes College	Ben	Figueira	Lambton HS
Marlie	Bruce	Hunter Sports HS	Oliver	Findlaw	Hunter Sports HS
Torbin	Bryant	Whitebridge HS	Alex	Fulton	Glendale HS
Matilda	Butler	Warners Bay HS	Eli	Gardiner	Hunter Sports HS
Mason	Cadogan	Hunter Sports HS	Cameron	Gawn	Toronto HS
Xanthe	Calov	Merewether HS	Jordan	Gellatly	Warners Bay HS
Millicent	Campbell	Lambton HS	Aleksander	Gillon	Hunter Sports HS
Lincoln	Catchpole	Merewether HS	Takumi	Golvers	Callaghan College
Tom	Chalmers	Swansea HS	Evie	Grainger	Maitland HS

First Name	Last Name	School	First Name	Last Name	School
Sam	Gretencord	Newcastle HS	Alex	Lundy	Toronto HS
Jemma	Grieve	Warners Bay HS	Jake	Lundy	Toronto HS
William	Griffiths	Whitebridge HS	April	Maloy	Toronto HS
Jessica	Groenendyk	Newcastle HS	Naresh	Mansfield	Merewether HS
Zahli	Hac	Kotara HS	Kaylee	Mason	Maitland Grossmann HS
Ellena	Halloran	Merewether HS	Lily	McClelland	Hunter Sports HS
Sophie	Hamilton	Warners Bay HS	Caitlin	McDonald	Dungog HS
Chace	Harrison	Swansea HS	Georgia	McDonald	Dungog HS
Nate	Hawkins	Lambton HS	Elise	McGregor	Merewether HS
Flynn	Hearne	Hunter Sports HS	Jake	McGregor	Merewether HS
Asha	Hoetzer	Swansea HS	Andrew	Mell	Singleton HS
Sunny	Hoffman	Whitebridge HS	Alex	Morgan	Whitebridge HS
Marcus	Houlker-Te Tai	Lambton HS	Lara	Morgan	Whitebridge HS
Amelia	Hunter	Lambton HS	Charlie	Morris	Kotara HS
Nate	Hunter	Hunter Sports HS	Ella	Mounter	Lambton HS
Sophia	Hunter	Lambton HS	Hanna	Mounter	Lambton HS
Hayden	Huttley	Merewether HS	Annabelle	Movigliatti	Hunter Sports HS
Phoenix	Irvine	Hunter Sports HS	Louie	Movigliatti	Hunter Sports HS
Annika	James	Lambton HS	Grace	Mueller	Warners Bay HS
Ruby	Johns	Swansea HS	Liam	Mulhearn	Lambton HS
Annabelle	Johnston	Tomaree HS	Damon	Murdoch	Swansea HS
Eleanor	Karsten	Kotara HS	Dylan	Nelson	Lambton HS
Reuben	Karsten	Kotara HS	Blake	Ngaheu	Hunter Sports HS
Charlotte	Kelly	Maitland HS	Cailin	Ngaheu	Lambton HS
William	Kembrey	Merewether HS	Ashriq	Nur Rizal	Merewether HS
Maeve	Kent	Whitebridge HS	Ethan	O'Neil	Lambton HS
Zali	Kiernan	Kotara HS	Harry	O'Neil	Merewether HS
Sonny	King	Whitebridge HS	Gabrielle	Parmeter	Whitebridge HS
Abby	Leach	Toronto HS	Lewis	Pati	Hunter Sch of PA
Sophia	Lee	Great Lakes College	Ayla	Pearce	Merewether HS
Charlie	Legge	Warners Bay HS	Ashton	Penny	Whitebridge HS
Max	Liang	Merewether HS	Claudia	Pepper	Merewether HS
Olivia	Lorenz	Merewether HS	Kaitlin	Perry	Gloucester HS

First Name	Last Name	School	First Name	Last Name	School
Zali	Pettifer	Kotara HS	Bronte	Swift	Toronto HS
Ethan	Pham	Merewether HS	Ivy	Taraskenko	Lake Munmorah HS
Darcy	Picken	Newcastle HS	Ryan	Taylor	Kotara HS
Lachlan	Plant	Lambton HS	Billy	Threadgate	Rutherford HS
Andy	Porter	Newcastle HS	Flynn	Trethan	Whitebridge HS
Layla	Potter	Warners Bay HS	Alexa	Tsiaousis	Lambton HS
Charlie	Potts	Maitland HS	Evangelia	Tsiaousis	Lambton HS
Stella	Potts	Maitland HS	Kosta	Tsiaousis	Lambton HS
James	Pyne	Merewether HS	Blair	Turkington	Swansea HS
Ivy	Radnidge	Lambton HS	Tully	Van	Hunter Sports HS
Murphy	Ralston	Great Lakes College	Brianna	Varley	Hunter Sports HS
Paterson	Reid	Lambton HS	Vivian	Vilain	Merewether HS
Arlia	Retzlaff	Newcastle HS	Penny	Vogt	Merewether HS
Zoe	Rhodes	Warners Bay HS	Cameron	Waite	Cardiff HS
Haileigh	Robb	Morriset HS	George	Walters	Hunter Sports HS
Arlo	Roberts	Merewether HS	Lilly	Walters	Merewether HS
May	Robertson	Merewether HS	Taylor	Ward	Toronto HS
Amelia	Robinson	Lambton HS	William	Ward	Kotara HS
Emmerson	Rodd	Lambton HS	Piper-Jade	Wardrop	Lake Munmorah HS
Lachlan	Rodd	Lambton HS	Toby	Wasik	Newcastle HS
Alexis	Scott	Tomaree HS	Jacinta	Watts	Merewether HS
Imogen	Shakespeare	Lambton HS	Mya	Weiley	Taree HS
Malachi	Sharpe	Irrawang HS	Amelia	Wells	Merewether HS
Sidney	Shedden	Hunter River HS	Ethan	Wenham	Rutherford HS
Finn	Smith	Lambton HS	Beau	Wheeler	Irrawang HS
Isaac	Smith	Hunter Sch of PA	Pippa	Wildermuth	Merewether HS
Kye	Smith	Warners Bay HS	Brody	Williams	Hunter Sports HS
Mia	Smith	Warners Bay HS	Kaili	Williams	Swansea HS
Harry	Song	Merewether HS	Maddison	Willis	Warners Bay HS
Jeremy	Song	Lambton HS	Cooper	Wing	Mount View HS
Alice	Spadari	Merewether HS	Claudia	Youman	Merewether HS
Charlotte	Sullivan	Warners Bay HS	Khai	Zenith	Hunter Sports HS
Gabriela	Swierczynski	Wingham HS	Lillian	Zhao-Wilson	Merewether HS



North Coast SSA

gold / green

Team Managers

Larissa Atkins, Macksville High School

Rhiannon Hamilton, Warren Central School

Trista Vallentine, Alstonville High School

Jennifer Pearce, Coffs Harbour High School

Team competitors

First Name	Last Name	School
Coby	Alexander	Maclean
Cody	Anderson	Evans River K12
Fraser	Appo	Kingscliff
Flynn	Apthorpe	HSC Port Macquarie
Jude	Aspden	Toormina
Keira	Bailey	Orara
Darcie	Baldwin	HSC Port Macquarie
Karter	Banks	Woolgoolga
Lola	Barclay	Coffs Harbour
Ivy	Barker	Toormina
Jude	Bateman	Coffs Harbour
Marshall	Bellamy	Woolgoolga
Giorgia	Bendetti	Byron Bay
Holly	Bilsborough	Toormina
Imogen	Bilsborough	Toormina
Kai	Blackman	Toormina
Fletcher	Bridgeman	Toormina
Lily	Bright-Taylor	Toormina
Mahlia	Brown	Maclean
Freya	Bryant	Byron Bay
Katy	Bryant	Casino
Thomas	Buckby	HSC Westport
Ben	Burgess	Maclean
Ian	Burgess	Maclean
Riley	Burgess	Coffs Harbour SC
Chase	Burke	Maclean
Jett	Burke	Maclean

First Name	Last Name	School
Jacqueline	Button	TRSC Richmond River
Laila	Button	TRSC Richmond River
Malyn	Byrne	Woolgoolga
Kai	Carmichael	Maclean
Zahli	Carmichael	Maclean
Brodie	Carter	HSC Westport
Lennox	Casper	Woolgoolga
Georgie	Cass	Camden Haven
Zahara	Cawley	Toormina
Ava	Christiansen	Kingscliff
Samuel	Christiansen	Kingscliff
Gracie-Rose	Clare	Byron Bay
Brayden	Clark	Macksville
Isabella	Cooper	Casino
Aliyah	Cormack	Camden Haven
Indianna	Courte	Maclean
Billy	Covington	Coffs Harbour
Archer	Craggs	Evans River K12
Mitchell	Custance	Woolgoolga
Claire	Cuthbertson	Coffs Harbour
Grace	Cuthbertson	Coffs Harbour
Amy	Dart	Coffs Harbour SC
Annabelle	Davey	HSC Port Macquarie
Rose	Davison	Woolgoolga
Ella	Dudgeon	Woolgoolga
Max	Earle	Maclean
Mikkila	Eggins	Toormina

First Name	Last Name	School
Bailey	Ehsman	Woolgoolga
Lucas	Ehsman	Woolgoolga
Mitchell	Ensby	Woolgoolga
Poppy	Ensby	Woolgoolga
Amber	Field	Melville
Michael	Foley	HSC Port Macquarie
Phoebe	Fuller	Evans River K12
Shae	Fuller	Evans River K12
Emere	Gaskin	Camden Haven
Lachlan	Gault	Woolgoolga
Vann	Geerligs	Woolgoolga
Beau	George	Coffs Harbour SC
Etienne	Giuliani	Camden Haven
Maximilian	Green	Byron Bay
Stevi	Grissell	Casino
Coen	Groth	Toormina
Finn	Groth	Toormina
Xanthia	Gumm	Banora Point
Paiten	Hampson	Casino
Ella	Hancock	Woolgoolga
Seeana	Harre	Woolgoolga
Otis	Harrigam	Woolgoolga
Ryan	Harris	HSC Westport
Ethan	Hayes	Kingscliff
Henry	Hoppe	Woolgoolga
Rylah	Hopper-Buckland	Melville
Alyvia	Hudson	Evans River K12
Gia	Hudson	HSC Port Macquarie
Zali	Huls	Orara
Minabella	Hutton	Toormina
Ruby	James	Woolgoolga
Layla	Jaquin	Orara
Henry	Jenner	Maclean
Oscar	Jessup	HSC Westport
Emily	Johnson	Toormina
Isobel	Keane	Grafton

First Name	Last Name	School
Edward	Kearney	Toormina
Chloe	Keep	Casino
Luna	Kellet	Grafton
Kai	Kelly	HSC Port Macquarie
Emmaleigh	Keogh	Casino
Lawson	King	Byron Bay
Otto	Knight	Toormina
Ky	Kratzmann	Maclean
Eve	Little	Byron Bay
Zoe	Lloyd	Toormina
Christian	Lovell	Maclean
Gus	Malony	Woodenbong
Hadley	March	Woolgoolga
Joel	Mavin	Melville
Annalee	McCann	Grafton
Marni	McCarron	Camden Haven
Sienna	McConnell	Coffs Harbour
Toby	McDonald	Woolgoolga
Savannah-Grace	Mcilveen	Toormina
Gracie	McLennan	Maclean
Lara	Mcmillan	Coffs Harbour SC
Freya	Meade	Maclean
Kessler	Merchant	Tweed River
Ashley	Mitcham	Nambucca Heads
Sarah	Mitchell	HSC Port Macquarie
Ella	Moar	Grafton
Charlie	Morrison	Coffs Harbour SC
Stanley	Morrison	Coffs Harbour SC
Jessamine	Motio-Robson	Maclean
Chloe	Murphy	Toormina
Mitchell	Newton	Coffs Harbour SC
Tasmyn	Norris	Maclean
Tess	Nugent	Woolgoolga
Ziggy	O'Brien	Maclean
Maddison	O'Leary	Coffs Harbour SC
Pearl	Owen	Grafton

First Name	Last Name	School
Khloe	Pepper	Woolgoolga
Jax	Perrie	Byron Bay
Lucy	Peters	Maclean
Tyrone	Pitcher	Woodenbong
Odis	Platt	Kingscliff
Charlie	Pretty	HSC Westport
Albie	Prosser	Byron Bay
Danica	Rae	Maclean
Sophie	Ralph	Toormina
Ava	Richardson	HSC Port Macquarie
Isabella	Rooks	Maclean
Hayden	Ryder	Melville
Ada	Shaw	Woodenbong
Clay	Shaw	Woodenbong
Isla	Shaw	Woodenbong
Tirren	Shields	Ballina Coast
Haylan	Skibba	Woolgoolga
Mackenzie	Skinner	Alstonville
Zoe	Snape	Maclean
Dougal	Somerville	Kingscliff
Jesse	St Leon	Toormina
Megan	Stait	Grafton
Owen	Stevens	Toormina
Wyatt	Stevens	Toormina
Frankie	Supple	Melville

First Name	Last Name	School
Keeley	Sutton	Macksville
Kayliana	Swann-Pfitzner	HSC Port Macquarie
Tom	Taylor	Woolgoolga
Ellis	Thompson	Maclean
Kyan	Thompson	Maclean
Andrea	Thomson	South Grafton
Milla	Thorburn	Maclean
Michael	Tinker	Camden Haven
Estelle	Turnbull	Melville
Eva	Wasmer	Byron Bay
Ivy	Watling	Grafton
Lexi	Weiley	Coffs Harbour SC
Iylah	Weller	Woolgoolga
Isla	Wenham	Kyogle
Mia	Weston	Woolgoolga
Krista	Wezenberg	Kingscliff
Sophie	Wheelahan	Kingscliff
Mai'ana	White	Grafton
Ruby	Whitelaw	Camden Haven
Hayden	Whyte	Maclean
Molly	Williams	Toormina
Taylor	Williams	Toormina
Dusty	Wolfe	Maclean
Tlarnnee	Yole	Orara
Abbie	Yourell	Evans River K12



North West SSA

sky blue / black

Team Managers

Rozina Broderick, Narrabri High School

Karen Cooper, Tenterfield High School

Team competitors

First Name	Last Name	School
Iosefa	Afoa	GS Kidd Memorial School
Mary	Arandale	Glen Innes HS
Aidan	Arkit	Armidale College
Willow	Austin	Quirindi HS
Samual	Baillie	Armidale College
Nikola	Barac	Bingara CS
Blair	Bartlett	Oxley HS
Sophia	Bradley	Coolah CS
Jayden	Bush	Farrer MAHS
Pip	Collins	Narrabri HS
Darcie	Crane	Gunnedah HS
Bailey	Crispin	Inverell HS
Makai	Davis	Coonabarabran HS
Addison	Dixon	Bingara CS
Alexander	Edmonds	Tenterfield HS
Chelsea	Edmonds	Tenterfield HS
Tayah	Everson	Tenterfield HS
Henry	Fester	Farrer MAHS
Owen	Fleming	Coonabarabran HS
Ethan	Foster	Farrer MAHS
Mia	Freebairn	Coonabarabran HS
Cooper	Galton	Farrer MAHS
Lilly	Gilbody	Armidale College
Jack	Grace	Armidale College
Amaya	Greene	Armidale College
Tyler	Hadfield	Coonabarabran HS
Harry	Hancock	Coolah CS
Chloe	Hanson	Coolah CS

First Name	Last Name	School
Beau	Hill	Armidale College
Ricky	Hird	Quirindi HS
Darcy	Husband	Glen Innes HS
Rory	Husband	Glen Innes HS
Tahlia	Husband	Glen Innes HS
Isabel	Irwin	Inverell HS
Sophie	Irwin	Inverell HS
Jorja	Jamieson	Quirindi HS
Liam	Johnson	Bingara CS
James	Karavas	Coonabarabran HS
Dakota	Kerr	Glen Innes HS
Harley	Kerr	Glen Innes HS
Pippa	Koch	Tenterfield HS
Valentyn	Lavea	Tenterfield HS
Andre	Leculier	Narrabri HS
Grace	Mabbot	Glen Innes HS
Hollie	Manning	Armidale College
Jasmine	Manning	Armidale College
Mitchell	Maybury	Farrer MAHS
Stevi	McClennan	Inverell HS
Sienna	McConnell	Glen Innes HS
Katie	McCowen	Tenterfield HS
Flynn	McFarlane	Farrer MAHS
Ava	McIlwain	Inverell HS
Chelsea	McIntyre	Glen Innes HS
Emma	McIntyre	Glen Innes HS
Ivy	Miller	Bingara CS
Ruby	Miller	Bingara CS
Cameron	Mooney	Walcha CS

First Name	Last Name	School
Isabella	Mooney	Walcha CS
Tulloch	Morgan	Farrer MAHS
Harry	Mudford	Farrer MAHS
April	Neppl	Inverell HS
Eily	O'Connell	Armidale College
Hunter	O'Connell	Walcha CS
Sophie	O'Connell	Armidale College
Blair	Parker	Tenterfield HS
Olivia	Partridge	Inverell HS
Layla	Pay	Inverell HS
Annalise	Potter	Tenterfield HS
Charlotte	Potter	Tenterfield HS
Campbell	Reynish	Farrer MAHS
Lily	Richard	Coolah CS
Zoe	Richard	Coolah CS
Bailey	Rickard	Tamworth HS
Lachlan	Rickard	Oxley HS
Sophie	Rindfleish	Coolah CS
Nathan	Ross	Walcha CS

First Name	Last Name	School
Jessie	Sandison-Welch	Quirindi HS
Beau	Sharpe	Tenterfield HS
Reagan	Sharpe	Tenterfield HS
Ava	Smith	Narrabri HS
Campbell	Smith	Walcha CS
Oliver	Sobbel	Oxley HS
Bella	Stainforth	Coonabarabran HS
Jedd	Stanford	Wee Waa HS
Sophie	Stewart	Armidale College
Harry	Strijland	Armidale College
Thomas	Tarrant	Tenterfield HS
Oscar	Thomson	Farrer MAHS
Claire	Vasta	Tenterfield HS
James	Walker	G S Kidd Memorial School
Cooper	Ward	Glen Innes HS
Payten	Ward	Glen Innes HS
Ryan	Warnock	Farrer MAHS
Jessica	Wellings	Walcha CS
Makayla	Wishart	Glen Innes HS



Riverina SSA

black / white

Team Managers

Kellie Goman, Leeton High School

Ian Groth, Temora High School

Michelle Rathjen, Young High School

Belinda Graham, Young Public School

Team competitors

First Name	Last Name	School	First Name	Last Name	School
Monty	Alexander	Murray HS	Imogen	Christmas	Temora HS
Poppy	Barnes	Hay War Memorial HS	Elka	Connolly	Deniliquin HS
Mae	Bassingthwaight	Albury HS	Tayliah	Coughlan	Leeton HS
Amelia	Bates	Yanco Agricultural HS	Addison	Cowie	Murrumbidgee Regional Griffith
Lucas	Bellette	Corowa HS	Abby	Crawford	Tumut HS
Harper	Block	Temora HS	Monique	Cummins	Young HS
Evangeline	Boots	Leeton HS	Amelia	Datson	Albury HS
Ainslie	Bray	Temora HS	Angus	Davis	Young HS
Finn	Bridgeman	Albury HS	Brydie	Davis	Young HS
Harry	Bridgeman	Albury HS	Aaron	de Haan	Coolamon HS
Oscar	Bridgeman	Albury HS	Ollie	Dellwo	Deniliquin HS
Huntah	Brooker	Yanco Agricultural HS	Matilda	Dunford	Young HS
Sarah	Bruner	Temora HS	Sarah	Dyason	Coolamon HS
Emmerson	Buchegger	Coolamon HS	Dominic	Edwards	Yanco Agricultural HS
Rhyla	Bunyan	Hay War Memorial HS	Elise	Edwards	Murrumburrah HS
Mia	Carruthers	Murrumbidgee Regional Wade	Reegan	Edwards	Wagga Wagga HS
Zoe	Carter	Yanco Agricultural HS	Stella	Ettershank	Barham HS
Jack	Charles	Murrumbidgee Regional Wade	Andrew	Fattore	Coleambally HS
Aleesia	Chisholm	Barham HS	Baylee	Fisher	Albury HS
Alexander	Chisholm	Barham HS	Alexis	Ford-Lillie	Leeton HS
			Madelyn	Ford-Lillie	Leeton HS
			Harry	Furner	Murrumbidgee Regional Griffith

First Name	Last Name	School	First Name	Last Name	School
Siena	Gay	Albury HS	Taya	Kennedy	Yanco Agricultural HS
Soham	Ghosh	Murrumbidgee Regional Wade	Elsbeth	Kerr	Hay War Memorial HS
Oliver	Gilson	Albury HS	Katherine	King	Albury HS
Ben	Golder	Yanco Agricultural HS	Chelsea	Kite	Temora HS
Jessica	Golder	Yanco Agricultural HS	Kian	Knight	Tumut HS
Alexander	Graham	Albury HS	Billy	Lawrence	Temora HS
Claire	Graham	Young HS	Tayla	Lawrence	Koorungal HS
Josh	Graham	Young HS	Jake	Lawton	Yanco Agricultural HS
Sophia	Graham	Albury HS	Marshall	Lees	Corowa HS
Audrey	Grange	Murrumburrah HS	Corbin	Longford	Leeton HS
Spencer	Gray	Koorungal HS	Felicity	Lyell	Albury HS
Claire	Green	Yanco Agricultural HS	Jessie	MacDonald	Hillston HS
Max	Hall	Albury HS	Patrick	Madden	Yanco Agricultural HS
Jack	Harrison	Leeton HS	Harrison	Maher	Barham HS
Laura	Hatty	Yanco Agricultural HS	Sam	Manwaring	Murrumburrah HS
Cooper	Heinrich	Temora HS	Frida	Mathers	Barham HS
Willow	Heinrich	Temora HS	Charlie	Maybury	Yanco Agricultural HS
Maya	Hill	Murrumburrah HS	Benjamin	Mayor	Temora HS
Charlie	Hindmarsh	Gundagai HS	Charli	McCann	Yanco Agricultural HS
Mikayla	Howe	Murrumburrah HS	Georgia	McCormack	Ariah Park HS
Elisa	Hudson	Albury HS	Rhyder	McCrae	Temora HS
Liam	Hutchinson	Albury HS	Archie	McDonald	Barham HS
Kobe	Jeffriess	Leeton HS	James	McDonald	Barham HS
James	Johnson	Yanco Agricultural HS	Meg	McDonald	Barham HS
Isaac	Jones	Yanco Agricultural HS	Natalie	McDonald	Narrandera HS
Oliver	Just	Albury HS	Olivia	McKenzie	Yanco Agricultural HS
Harry	Keane	Wagga Wagga HS	Eddie	McPherson	Billabong HS
Daisy	Kelly	Leeton HS	Jack	Miller	Leeton HS
Chelsea	Kennedy	Finley HS	Ruby	Miller	Leeton HS

First Name	Last Name	School	First Name	Last Name	School
Nate	Mingay	Murrumbidgee Regional Wade	Neve	Scholz	Billabong HS
Violet	Muller	Temora HS	Elyse	Shea	Young HS
Laylah	Murray	Albury HS	Parker	Smith	Yanco Agricultural HS
Kobi	Nancarrow	Murrumbidgee Regional Wade	Larissa	Sorensen	Yanco Agricultural HS
Miley	O'Brien	Yanco Agricultural HS	Matthew	Stevens	Tumut HS
Eden	O'Connell	Albury HS	Lane	Stewart	Murrumbidgee Regional Griffith
Max	Parmenter	Murrumbidgee Regional Wade	Nathaniel	Stimson	Yanco Agricultural HS
Harper	Pauls	Leeton HS	Lennard	Stone	Coolamon HS
Hayden	Payne	Coleambally HS	Hamish	Stout	Yanco Agricultural HS
Elsie	Pendergast	Yanco Agricultural HS	Patrick	Stuart	Tumut HS
Abbee	Piggott	Temora HS	Leland	Swift	The Rock HS
Lucy	Potter	Temora HS	Savannah	Swift	The Rock HS
Alex	Pound	Coleambally HS	Hugh	Tagliapietra	Yanco Agricultural HS
Damon	Pound	Coleambally HS	Maddix	Thompson	Leeton HS
Hannah	Pound	Coleambally HS	Archie	Toohey	Albury HS
Jessie	Pound	Coleambally HS	Jed	Toohey	Albury HS
Freya	Rae	Albury HS	Sienna	Toohey	Albury HS
Isabelle	Rae	Albury HS	Nicholas	Tukuniu	Albury HS
Cohen	Rathjen	Young HS	Rylee	Tukuniu	Albury HS
Jed	Reichel	Albury HS	Nathan	Vearing	Yanco Agricultural HS
Georgia	Reid	Temora HS	Madeline	Vine	Coolamon HS
Swimmer 1	Riverina	Barham HS	James	Walker	Albury HS
Darby	Robertson	Murrumbidgee Regional Griffith	Monique	Weckert	Temora HS
Alana	Scholz	Billabong HS	Ben	Williment	Murrumbidgee Regional Griffith



South Coast SSA

aqua / navy / yellow

Team Managers

Paul Creighton, Dapto High School

Jayne Creighton, Kiama High School

Ashley Lewis, Kiama High School

Taylor Garner, Dapto High School

Team competitors

First Name	Last Name	School	First Name	Last Name	School
Benjamin	Agnew	Figtree HS	Levi	Bulger	Yass HS
Indiana	Aikman	Albion Park HS	Catriona	Burns	Wollongong PAHS
Matilda	Aikman	Albion Park HS	Rylan	Byrnes	Bega HS
Hudson	Alchin	Kiama HS	Ivy	Canham	Batemans Bay HS
Phoenix	Anderson	Kanahooka HS	Victoria	Capecci	Moss Vale HS
Xavier	Anderson	Dapto HS	Reegan	Caple	Nowra HS
Jaxson	Andrews	Woonona HS	Bethany	Carriage	Kanahooka HS
Tyler	Andrews	Woonona HS	James	Cavanagh	Yass HS
Archer	Barnes	Kiama HS	Bodhi	Charlton	Ulladulla HS
Jai	Barron	Nowra HS	Ella	Chiswick-Smitnicks	Kiama HS
Annie	Bate	Smiths Hill HS	Heidi	Cliff	Kiama HS
Harper	Beaton	Warilla HS	Kade	Cochrane	Eden HS
Bianca	Bee	Corrimal HS	Ryland	Coelho	Illawarra Sports HS
Skye	Bell	Warilla HS	Keanu	Cook	Illawarra Sports HS
Darcy	Benson	Woonona HS	Boyd	Cross	Kiama HS
Allegra	Beretov	Wollongong HS	Mungo	Cullen	Smiths Hill HS
Amelia	Blinco	Braidwood HS	Tommy	Darragh	Kiama HS
Molly	Boundy	Nowra HS	Charlotte	Davies	Ulladulla HS
Isobel	Bourke	Wollongong PAHS	Eloise	Davies	Ulladulla HS
Andrew	Bouwens	Wollongong PAHS	Harry	Davies	Ulladulla HS
Zoe	Brakenridge	Woonona HS	Marnie	Davis	Smiths Hill HS
Isabella	Breen	Mulwaree HS	Sage	Dawson	Wollongong PAHS
Joshua	Bright	Illawarra Sports HS	Jake	Deery	Yass HS
Theodore	Brown	Wollongong PAHS	Liana	Deery	Yass HS
Freya	Bryant	Ulladulla HS	Baxter	Devine	Warilla HS
Lincon	Bryant-Waterhouse	Bomaderry HS			

First Name	Last Name	School	First Name	Last Name	School
Ethan	Doherty	Yass HS	Hugo	Hoffman	Bowral HS
Jacob	Donev	Wollongong PAHS	Josie	Hudson	Braidwood HS
Carter	Dorge	Woonona HS	Archie	Hull	Woonona HS
Dakota	Doust	Dapto HS	Ava	Humphry	Corrimal HS
Kaylee	Douven	Yass HS	Finn	Ireland	Ulladulla HS
Trae	Douven	Yass HS	Isobel	Ireland	Ulladulla HS
Brodie	Doyle	Yass HS	Harrison	Jenkins	Bulli HS
Maddison	Dumughn	Albion Park HS	Kyra	Johnson	Wollongong PAHS
Samantha	Egan	Bulli HS	Noah	Johnson	Warilla HS
Alec	Eimbach	Smiths Hill HS	Tahlia	Johnson	Wollongong PAHS
Mack	Elliott	Warilla HS	Paige	Johnston	Wollongong PAHS
Zayn	Everitt	Kiama HS	Madison	Jones	Woonona HS
Danivel	Fernandez	Wollongong PAHS	Asha	Kalsow	Albion Park HS
Yoland	Figgis	Wollongong PAHS	Brooklyn	Keith	Ulladulla HS
Isaac	Fisher	Illawarra Sports HS	Cameron	Keyes	Jindabyne HS
Jimmy	Fisher	Woonona HS	Audrey	King	Smiths Hill HS
Suvi	Flore-Quirk	Ulladulla HS	Sienna	King	Keira HS
Amelia	Flores	Kanahooka HS	Misha	Kodak	Smiths Hill HS
Brooklyn	Flores	Kanahooka HS	Manolis	Kokogiannakis	Smiths Hill HS
Luke	Forrester	Ulladulla HS	Ivan	Kovalevskiy	Smiths Hill HS
Lily	Forster	Smiths Hill HS	Odette	Krizsan	Figtree HS
Elsie	Foster	Ulladulla HS	Eddison	Laird	Kiama HS
Joshua	Gillett	Oak Flats HS	Ethan	Lappan	Wollongong PAHS
Liam	Gough	Smiths Hill HS	Evan	Lappan	Wollongong PAHS
Maxim	Gueorguiev	Smiths Hill HS	Nicolas	Laurenson	Five Islands SC
Oliver	Gurling	Braidwood HS	Sienna	Lawlor	Albion Park HS
Adham	Hammoda	Smiths Hill HS	Flynn	Lawrence	Wollongong PAHS
Jack	Hancock	Woonona HS	Kayden	Lee	Ulladulla HS
Isabella	Harrison	Bomaderry HS	Micah	Leimbach	Illawarra Sports HS
Kalani	Hay	Nowra HS	Logan	Leppala	Warilla HS
Jessica	Helm	Oak Flats HS	Lucas	Liu	Smiths Hill HS
Lochie	Helms	Ulladulla HS	Joe	Livissianos	Jindabyne HS
Remy	Helms	Ulladulla HS	Mason	Lockard	Bomaderry HS
Addie	Hinds	Yass HS	Evie	Loemker	Corrimal HS
Elouise	Hinds-Salter	Jerrabomberra HS	Isadora	Lourenco	Bulli HS
Ayla	Hoar	Narooma HS	Amelia	Lukes	Bomaderry HS

First Name	Last Name	School	First Name	Last Name	School
Beckham	Lulia	Illawarra Sports HS	Ethan	Osborne	Smiths Hill HS
Ivy	Lynch	Bulli HS	Owen	Oswald	Kiama HS
Nyla	Lynch	Bulli HS	Macey	Owen	Albion Park HS
Declan	Mackay	Smiths Hill HS	Maximus	Owen	Smiths Hill HS
Cameron	Mackinnon	Figtree HS	Ruby	Owen	Albion Park HS
Anna	Markovits	Ulladulla HS	Kayd	Palmer	Kiama HS
Zoe	Marsh	Corrimal HS	Noah	Papandreas	Smiths Hill HS
Henry	Mathies	Kiama HS	Emily	Payne	Monaro HS
Bella	Mawbey	Albion Park HS	Kendall	Payne	Kiama HS
Ruby	Mc Bain	Eden HS	Patricia	Peleckyte	Smiths Hill HS
Tyson	McArthur	Kiama HS	Aliyn	Perry	Wollongong PAHS
Logan	McIntosh	Illawarra Sports HS	Jed	Phillips	Wollongong PAHS
Lara	McLelland	Yass HS	Ruby	Phillips	Wollongong PAHS
Lucy	McLelland	Yass HS	Jayla	Puljak	Warilla HS
Fergus	Meandl	Ulladulla HS	Sen	Re	Bega HS
Hamish	Mearns	Kiama HS	Harvey	Ring	Kiama HS
Ashton	Mekisic	Illawarra Sports HS	Mason	Ring	Kiama HS
Kaleb	Miles	Moruya HS	Byron	Ritchie	Ulladulla HS
Xavier	Miles	Moruya HS	Zachary	Roger	Albion Park HS
Lucas	Morgan	Woonona HS	Evangeline	Rogers	Warilla HS
Tyler	Morgan	Woonona HS	Emily	Rolfe	Keira HS
Chloe	Muir	Smiths Hill HS	Ethan	Rule	Illawarra Sports HS
Harry	Muir	Smiths Hill HS	Sia	Ryan	Wollongong HS
Malakai	Nave	Bega HS	Jay	Scanlon	Bungendore HS
Arwyn	Newton	Smiths Hill HS	Maddison	Sedgwick	Woonona HS
Andrew	Nguyen	Smiths Hill HS	Felicity	Shannon	Yass HS
Kaleb	Nicholls	Keira HS	Robert	Shannon	Smiths Hill HS
Sophia	Nio	Karabar HS	Alani	Sims	Warilla HS
Ciara	Nixon	Corrimal HS	Kobe	Sims	Warilla HS
Jarvis	Nixon	Corrimal HS	Bensen	Sisia	Braidwood HS
Dean	Nutland	Illawarra Sports HS	Stella	Smith	Keira HS
Xavier	O'Connor	Kiama HS	Alexander	Smyth	Wollongong PAHS
Benjamin	Officer	Kanahooka HS	Maximus	Smyth	Keira HS
Olivia	Oke	Nowra HS	Roxanne	Stancourt	Smiths Hill HS
Mackenzie	O'Malley	Keira HS	Jasmine	Stove	Queanbeyan HS
Lily	O'Neill	Warilla HS	Grace	Thornton	Wollongong HS

First Name	Last Name	School	First Name	Last Name	School
Olivia	Tregear	Wollongong HS	Amelia	Washington	Smiths Hill HS
Ava	Tsakiris	Bungendore HS	Connor	Watt	Albion Park HS
Thomas	Tutor Jones	Ulladulla HS	Mikayla	Whant	Corrimal HS
Matthew	Ursino	Smiths Hill HS	Ariana	Wiecek	Warilla HS
Lucas	Vassiliades	Smiths Hill HS	Lillian	Wiecek	Warilla HS
Amber	Virgo	Karabar HS	Alex	Wilkinson	Woonona HS
Alana	Vujic	Wollongong HS	Skye	Williams	Figtree HS
Lila	Wagner	Smiths Hill HS	Eddie	Wilson	Ulladulla HS
Cody	Walker	Illawarra Sports HS	Pearl	Wilson	Ulladulla HS
Cooper	Walsh	Warilla HS	Xavier	Wilson	Oak Flats HS
Dylan	Walsh	Figtree HS	Albert	Wollen	Wollongong HS
Imogen	Walsh	Warilla HS	Kaja	Wolter	Bulli HS
Jayden	Wang	Smiths Hill HS	Bonnie	Wrigglesworth	Warilla HS
Mila	Ward	Kiama HS	Sienna	WU	Bega HS
			Gordon	Zhang	Smiths Hill HS



Sydney East SSA

red / white / royal blue

Team Managers

Alicia Burns, Endeavour Sports High School

Dianne Maddern, Cronulla High School

Jennifer Cravern, Lucas Heights Community School

Ben Hodgson, Cronulla High School

Team competitors

First Name	Last Name	School
Kirana	Agung Anom	Lucas Heights HS
Aiva	Alejo	St George Girls HS
Tara	Arnautoric	Kirrawee HS
Sophie	Attwells	Kirrawee HS
Sophie	Aungle	Endeavour Sports HS
Piper	Bamford	Endeavour Sports HS
Cadell	Barnes	Woollooware HS
Jemima	Barsoum	Endeavour Sports HS
Lucca	Bennett	Newtown HSPA
Jess	Best	St George Girls HS
Rada	Bhummisri	Balmain HS
Ilva	Bigatton	Cronulla HS
Iris	Bochenek	Sydney Girls HS
Jasmine	Bochenek	Caringbah HS
Charlotte	Bowmer	Cronulla HS
Jake	Boyle	Endeavour Sports HS
Zoe	Bransky McKenna	Kirrawee HS
Caleb	Brown	Sydney Secondary College
William	Brownlie	Sydney Technical HS
Archie	Buckley	Randwick HS
Victoria	Bui	Sydney Girls HS

First Name	Last Name	School
Alicja	Burzynska	Kirrawee HS
Charlie Hugo	Byrne	Rose Bay Secondary College
Alex	Chappell	Sydney Technical HS
Keira	Chatterton	Sydney Secondary College
Emma T	Chen	Sydney Girls HS
Ivan	Chen	Blakehurst HS
Lin	Chen	Randwick HS
Will	Chen	Caringbah HS
Maddison	Chesher	Randwick HS
Charmaine	Cheung	Sydney Girls HS
Heli	Childs	Blackwattle Bay HS
Ansley	Chng	Inner Sydney HS
Daniel	Cho	Sydney Technical HS
Jacqueline	Choi	Sydney Girls HS
Max	Christensen	Cronulla HS
Teodor	Cibula	Endeavour Sports HS
Aslan	Cimen	Sydney Technical HS
Jacinta	Clarke	Leichhardt HS
Abbie	Clay	GRC Oatley HS
James	Clennell	Randwick HS
Dylan	Cooper	Endeavour Sports HS
Lincoln	Cooper	Endeavour Sports HS

First Name	Last Name	School
Anna	Corbett	Endeavour Sports HS
William	Corbett	Endeavour Sports HS
Ryder	Cowling	Inner Sydney HS
Joanne	Dai	St George Girls HS
Ryan	Dai	Caringbah HS
William	Daniels	Sydney Technical HS
Olivia	Davies	Menai HS
Maclaren	Derwent	Endeavour Sports HS
James	Dewey	Sydney Technical HS
Bae	Doble	Endeavour Sports HS
George	Doulkeridis	GRC Hurstville
Hilary	Dries	Sydney Secondary College
Isabella	Du	St George Girls HS
Max	Dzarasov	Caringbah HS
Angus	Eaton	Kirrawee HS
Ryan	Emenudai	Caringbah HS
Sophia	Fei	Sydney Girls HS
Mira	Ford	Sydney Secondary College
Tristan	Gabriel	Endeavour Sports HS
Susan	Gao	Sydney Girls HS
Amber	Genge	Engadine HS
Olivia	Genge	Engadine HS
Koby	Gibson	Caringbah HS
Joel	Glasson	Endeavour Sports HS
Elise	Green	Balmain HS
Ria	Gulia	Strathfield Girls HS
Nicholas	Hajjar	Caringbah HS
Mika	Harbour	Randwick High HS
Raf	Harris	Randwick High HS
Claire	Hau	Sydney Secondary College
Ruby	Hawkes	Blackwattle Bay HS

First Name	Last Name	School
Niamh	Higley	Rose Bay Secondary College
Amelia	Ho	Strathfield Girls HS
Matthew	Hoang	Sydney Technical HS
Jamie	Hong	Leichhardt HS
Karen	Hu	Blakehurst HS
Sara	Hu	Blakehurst HS
Bethany	Hughes	GRC Penshurst Girls HS
Wilson	Huo	Sydney Technical HS
Il-Ung	Hwang	Sydney Technical HS
Minttu	Jaaskelainen	Blackwattle Bay HS
Jacqui	Jackson	The Jannali
Jasmine	Jackson	Endeavour Sports HS
Feitong	Jai	Kogarah HS
Harry	Jameison	Sylvania HS
Charlie	James	Sydney Girls HS
Bert	Jamieson	Sylvania HS
Jaime	Jeffree	Port Hacking HS
Sophia	Jiang	Sydney Girls HS
Kathryn	Jordan	Sydney Girls HS
Margaret	Jordan	Sydney Girls HS
Choa	Jung	Newtown HSPA
Nicholas	Kasnur	Sydney Technical HS
Ibrahim	Kassem	Sydney Technical HS
James	Kelso	South Sydney HS
Chloe	Kim	St George Girls HS
Eva	King	Endeavour Sports HS
Felix	Knowles	Inner Sydney HS
Helena	Kramer	Inner Sydney HS
Dechen	Lama	Sydney Technical HS
Imogen	Lancaster	Kirrawee HS
Joanne	Lau	Strathfield Girls HS

First Name	Last Name	School
Indi	Laurie	Randwick HS
Karissa	Lay	Randwick HS
Keziah	Lay	Randwick HS
Eileen	Lee	Sydney Girls HS
Francesca Yun'Yi	Lee	Newtown HSPA
Julian	Lee	Menai HS
Lachlan	Lee	Lucas Heights HS
Matthew	Lee	Inner Sydney HS
Ivy	Lewis	Engadine HS
Reef	Lewis	Cronulla HS
Cathy	Ling	St George Girls HS
Oliver	Locker	Gymea HS
Felix	Lonergan	Caringbah HS
Emily	Lu	St George Girls HS
Henry	Luo	Sydney Technical HS
Hanthyony	Ma	Blakehurst HS
Joe	Macassey	Randwick HS
Winter	Marlew	Newtown HSPA
Sarah	Marshall	Kirrawee HS
Sienna	Marzic	Endeavour Sports HS
Jaswinder	Matsuo	Balmain HS
Luca	Maunz	Cronulla HS
Aidan	McClymont	Marrickville HS
Chloe	McCormack	Endeavour Sports HS
Lucinda	McCoy	Lucas Heights HS
Otto	McDonald	Sydney Secondary College
Daniel	McLauchlain	Gymea HS
Jesse	McLaughlin	Randwick HS
Ty	McLellan	Endeavour Sports HS
Jennifer	Mcpartland	Strathfield Girls HS
Kobi	Mead	Kirrawee HS

First Name	Last Name	School
Sienna	Mead	Kirrawee HS
Lawson	Meagher	Endeavour Sports HS
Aleece	Mejias	Engadine HS
Madaleine	Mejias	Engadine HS
Sienna	Melville	GRC Peakhurst
Brodie	Moore	Heathcote HS
Evie	Moore	Heathcote HS
Max	Murphy	Caringbah HS
Naoto	Nakamura	Randwick HS
Olive	Neely	Newtown HSPA
Ivy	Nguyan	Kirrawee HS
Ashleigh	Nguyen	St George Girls HS
Flynt	Nguyen	Caringbah HS
Bella	Nguyen Dinh	Kirrawee HS
Oakley	Nobbs	Kirrawee HS
Olivia	Nolan	EndeavourSports HS
Yuuri	Obuchi	Randwick HS
Hunter	Olney	Menai HS
Hugo	Pagella Guthrie	Newtown HSPA
Zane	Panckhurst	Endeavour Sports HS
Lorenzo	Paonessa	Inner Sydney HS
Jade	Peace	Endeavour Sports HS
Zaiden	Peters	Cronulla HS
Ryder	Pittams	Endeavour Sports HS
Xavier	Porteous	Inner Sydney HS
Lincoln	Potter	Endeavour Sports HS
Jordan	Prince	Endeavour Sports HS
Maxim	Ramsay	Randwick HS
Alexander	Ranken	Gymea HS
Lachlan	Reid	SydneyTechnical HS
Patrick	Richards	Menai HS


First Name	Last Name	School
Ava	Richardson	Endeavour Sports HS
Lily	Ricketts	Endeavour Sports HS
Matthew	Ricketts	Endeavour Sports HS
Kaitlyn	Rogers	Randwick HS
Jacob	Rujikiatkamjorn	Sydney Technical HS
Zaria	Sanchez	Balmain HS
Justin	Sangrung	Sydney Technical HS
Nicholas	Santo	Sydney Secondary College
Ayane	Sasa	Blakehurst HS
Reito	Sasa	Blakehurst HS
Clementine	Saunders	Sydney Girls HS
Alexander	Scerri	Matraville Sports HS
Fletcher	Sellick	Cronulla HS
Thomas	Sheekey	Gymea HS
Zimo	Shi	Endeavour Sports HS
Reva	Shrestha	Blakehurst HS
Alice	Simsek	Endeavour Sports HS
Tara	Singhal	Sydney Secondary College
Ruslan	Smirnov	Sylvania HS
Alisara	Smith	Sydney Girls HS
Atticus	Smith	Randwick HS
Isabelle	Smith	Endeavour Sports HS
Jacob	Smith	Dulwich HS
Amelie	Springett-Kelly	Inner Sydney HS
Lissha	Steel	St George Girls HS
Amelie	Stevens	Endeavour Sports HS
Laila	Stevens	Endeavour Sports HS
Han	Stubbings	Caringbah HS
Fiona	Su	St George Girls HS
Freya	Sweatman	Newtown HSPA

First Name	Last Name	School
Jackson	Swingler	Port Hacking HS
Audrey	Tan	St George Girls HS
Lynn	Tang	St George Girls HS
Nathan	Tao	Sydney Technical HS
Larissa	Taylor	The Jannali
Harrison	Towle	Cronulla HS
Scarlett	Tracy	Kirrawee HS
Rikki	Tran	Sydney Technical HS
Talia	Truong	Randwick HS
Max	Trushin	Tempe HS
Will	Tull	Kirrawee HS
Bronti	Turner-Burns	Endeavour Sports HS
Roger	Tuy	Sydney Technical HS
Jennifer	Tzikas	Endeavour Sports HS
Heath	Underwood	Newtown HSPA
Jason	Van Ryn	Caringbah HS
Elliot	Verghis-Knight	Inner Sydney HS
Edward	Vo	Caringbah HS
Lennox	Wade	Endeavour Sports HS
Frank	Wang	Caringbah HS
Jovial	Wang	Blakehurst HS
Marcus	Wang	Sydney Technical HS
Evelyn	Watts	Randwick HS
Grace	Webber	GRC Peakhurst
Isaak	West	Gymea HS
Robbie	Whaites	Caringbah HS
Marcus	Winning	Cronulla HS
Mya	Wong	GRC Peakhurst
Purisa	Wongpanyathaworn	Randwick HS
Abigail	Wood	Kirrawee HS
Kylie	Wood	Kirrawee HS

First Name	Last Name	School
Samuel	Woodland	Randwick HS
ash	Wooldridge	Cronulla HS
Jayden	Wu	Sylvania HS
Olivia	Xie	Sydney Girls HS
Hailee	Xu	Tempe HS
Julia	Xu	St George Girls HS
Canberra	Yamasaki	Endeavour Sports HS

First Name	Last Name	School
Jolin	Yan	Sydney Girls HS
Maya	Yan	Sydney Girls HS
Alexander	Yang	Sydney Technical HS
Cleaver	Yeldon	Randwick HS
Vaughn	Yeldon	Randwick HS
Harper	Yin	Sydney Girls HS
Jamie	You	GRC Hurstville
Carolyn	Yu	Caringbah HS
Andrew	Yung	Sydney Technical HS

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School Sport Unit

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NSW Combined High Schools Sports Association


NSW Combined High Schools Sports Association provides opportunities for secondary students to participate in competitive sport at the state level and above.



Est. 1889

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NSWCHSSA

website, results, grandstand seating, heat sheets



Sydney North SSA

black / red

Team Managers

Tony Nelson, Narrabeen Sports High School

Lauren Wilson, Narrabeen Sports High School

Stephen Kayes, Epping Boys High School

Team competitor

First Name	Last Name	School	First Name	Last Name	School
Thomas	Abernethy	Balgowlah Boys HS	Noah	Cassell	Cromer HS
Matias	Adamec	Brisbane Water College	Jacob	Chalmers	Balgowlah Boys HS
Tiana	Aramoana	Brisbane Water College	Alina	Chen	Hornsby Girls HS
Mateus	Aride Duarte Martin	Balgowlah Boys HS	Luke	Chen	Manly HS
Jade	Atkinson	Mackellar Girls HS	Nathan	Cheng	Chatswood HS
Nathan	Au-Yeung	Normanhurst Boys HS	Nathan	Cho	Normanhurst Boys HS
Evelyn	Baker	Riverside Girls HS	Felicia	Choe	Cheltenham Girls HS
Jayden	Bang	Epping Boys HS	Nathaniel	Chong	North Sydney Boys HS
Michael	Bao	Normanhurst Boys HS	Alicia	Chung	North Sydney Girls HS
Charli	Barbour	Freshwater HS	Ryan	Clancy	Chatswood HS
Sebastian	Barron	St Ives HS	Sophie	Clues	Narrabeen Sports HS
Brody	Becker	Wyong HS	Mathieu	Cole	Pennant Hills HS
Ashleigh	Beilby	Kincumber HS	Eisha	Collier	Pittwater HS
Michelle	Bode	St Ives HS	Olivia	Corr	Willoughby Girls HS
Susanna	Bos	Riverside Girls HS	Sarah	Couroumah	Willoughby Girls HS
Natasha	Boss	Pittwater HS	Flynn	Cox-Gallagher	Hunters Hill HS
Jude	Bourne	Hunters Hill HS	Elisha	Cuthbert	Freshwater HS
Declan	Budd	Davidson HS	Marcus	Da Xu Primdal	Ku-Ring-Gai HS
Aaron	Bunn	Cherrybrook HS	Lucas	Dai	North Sydney Boys HS
Leo	Burda	Epping Boys HS	Struan	Daly	Chatswood HS
Luke	Burn	Balgowlah Boys HS	Kayla	Daniell	Killara HS
Jack	Bustos	Balgowlah Boys HS	Chase	Darbin	St Ives HS
Joo Sung	Byon	North Sydney Boys HS	Lachlan	Davies	Balgowlah Boys HS
Aaliyah	Campbell	Terrigal HS	Orly	Dawkins	Mackellar Girls HS
Vincent	Canning	Turramurra HS	Jacob	De Martin	Ashfield Boys HS
Grace	Carroll	Kincumber HS	Lisa	Derz	Mackellar Girls HS

First Name	Last Name	School	First Name	Last Name	School
Ella	Ding	Cheltenham Girls HS	Chloe	Hall	Brisbane Water College
Lucas	Ding	North Sydney Boys HS	Julia	Hall	Brisbane Water College
Myah	Dixon	Tuggerah Lakes College	Rylee	Hamilton	Mackellar Girls HS
Jocelyn	Donald	Cheltenham Girls HS	Chloe	Hankin	Brisbane Water College
Ryan	Dongol	Homebush Boys HS	Jye	Hardy-Smith	Kincumber HS
Jennifer	Dou	North Sydney Girls HS	Max	Heighington	Brisbane Water College
Hamish	Doube-Mcleod	Ryde Secondary College	Bradley	Honor	Galston HS
Benjamin	Doumit	Fort Street HS	Hana	Horii	Mackellar Girls HS
Jade	Downs	Terrigal HS	Ivy	Howarth	Terrigal HS
Eloise	Dryden	Riverside Girls HS	Marli	Hoyland	Brisbane Water College
Angelina	Du	Gosford HS	Haylee	Hsu	Willoughby Girls HS
Angharad	Eatough	Willoughby Girls HS	AidAn	Hu	Chatswood HS
Connor	Edge	Mosman HS	Ryan	Hu	Chatswood HS
Dulcie	Elcoate	Terrigal HS	Hannah	Huisman	Mackellar Girls HS
Alina	Fan	Cheltenham Girls HS	Lewis	Hunziker	Killarney Heights HS
Cynthia	Fan	North Sydney Girls HS	Jonne	Hutton	Balgowlah Boys HS
Kai	Farrington	Freshwater HS	Claudia	Indge	Burwood Girls HS
Amelie	Fayle	Willoughby Girls HS	Jenitha	Iomira	Carlingford HS
Lorenzo	Fontana Piccio	Mosman HS	Logan	James	Chatswood HS
Emmett	Fortis	Narara Valley HS	Miranda	Jiang	North Sydney Girls HS
Cyrus	Fosberg	Tuggerah Lakes College	Molly	Jiang	St Ives HS
Roman	Fosberg	Tuggerah Lakes College	Isla	Jordan	Mackellar Girls HS
Brenden	Fu	Fort Street HS	Liam	Jordan	Balgowlah Boys HS
Shiori	Fujikawa	Chatswood HS	Daye	Jung	Willoughby Girls HS
Thomas	Garcia	Ryde Secondary College	Simon	Jung	St Ives HS
Abbey	Gibbons	Ku-Ring-Gai HS	Cameron	Kan	Cherrybrook HS
Samuel	Gleeson	Chatswood HS	Susanna	Kang	Cheltenham Girls HS
Isaac	Graham	Epping Boys HS	Dominik	Keil	Mosman HS
Haylie	Green	Henry Kendall HS	Emmanuel	Keith	North Sydney Boys HS
Zahra	Green	Terrigal HS	Will	Kerr	Turramurra HS
Max	Gu	Killara HS	Zachery	Kim	Carlingford HS
Rishik	Gulia	Homebush Boys HS	Summer	Klein	Kincumber HS
Christopher	Guo	Manly HS	Victoria	Korzh	Cherrybrook HS
Chloe	Gutel	Killarney Heights HS	Leo	Kozlinski	Balgowlah Boys HS
Adelle	Ha	Killara HS	Harlei	Kricak	Tuggerah Lakes College
			Chloe	Kwak	North Sydney Girls HS

First Name	Last Name	School	First Name	Last Name	School
Odin	Lam	North Sydney Boys HS	Cleo	Maubourget	Mackellar Girls HS
Zoe	Lancaster	Mackellar Girls HS	Jett	May	Brisbane Water College
Alex	Lang	Killara HS	Henry	McGavin	Henry Kendall HS
Chloe	Larymore	Asquith Girls HS	Sebastian	McLeod	Balgowlah Boys HS
Justin	Law	Davidson HS	Sophia	Mills	Barrenjoey HS
Kenneth	Law	Ashfield Boys HS	Noah	Mohamed	Ashfield Boys HS
Edward	Lee	North Sydney Boys HS	Seren	Morgan	Mackellar Girls HS
Eileen	Lee	Cheltenham Girls HS	Liam	Morrison	Chatswood HS
Kyle	Lee	North Sydney Boys HS	Bridget	Mulcahy	Brisbane Water College
Fionn	Lehane	Balgowlah Boys HS	Jemma	Murata	Willoughby Girls HS
Charli	Lehmann	Mackellar Girls HS	Annika	Neville	Mackellar Girls HS
Skye	Lewis	Riverside Girls HS	Carly	Neville	Mackellar Girls HS
Kevin	Li	Epping Boys HS	Alexander	Newton	Balgowlah Boys HS
Edwin	Liang	St Ives HS	Sean	NG	Carlingford HS
Tye	Liang	Gosford HS	Ally	Nguyen	Riverside Girls HS
Josephine	Liddell	Tuggerah Lakes College	David	Nigel	Ashfield Boys HS
Juliette	Liell	St Ives HS	Daniel	Oh	Turramurra HS
Alisha	Lien	St Ives HS	Sahara	O'Keeffe	Tuggerah Lakes College
Erica	Liu	Hornsby Girls HS	Ethan	Ormond	Balgowlah Boys HS
Oliver	Liu	Normanhurst Boys HS	Guy	Ormond	Balgowlah Boys HS
Aimee	Lockie	Brisbane Water College	Eadie	O'Sullivan	Tuggerah Lakes College
Kathleen	Loh	Cherrybrook HS	Sofia	Palamarchuk	Riverside Girls HS
Daniel	London	Pennant Hills HS	Jacob	Park	Carlingford HS
Emma	Long	Mackellar Girls HS	Tanya	Parker	Asquith Girls HS
Mila	Lovrinovic Kaic	Willoughby Girls HS	Lena	Parsons	Willoughby Girls HS
Aiden	Lu	North Sydney Boys HS	Alannah	Paul	Pittwater HS
Lucas	Lu	Mosman HS	Makayla	Pedersen	Barrenjoey HS
Hiks	Luke	Killara HS	Tahlia	Penney	Pittwater HS
Phoenix	Ly	Galston HS	Mai	Petherbridge	Chatswood HS
Benji	Lynas	Turramurra HS	Christoffer	Pham	Carlingford HS
Harvey	MacLennan	Carlingford HS	Amelie	Plumb Osorno	Pittwater HS
Ciara	Maguire	Mackellar Girls HS	Eadie	Quantick Barnes	Hunters Hill HS
Emmett	Malan	Epping Boys HS	Caitlin	Rich	Pittwater HS
Tina	Manojlovic	Killara HS	Dara	Robinson	Balgowlah Boys HS
Alexia	Mantle	Concord HS	Maya	Rogers	Mosman HS
Sadie	Martin	Kincumber HS	Samantha	Rosenfeld	Ryde Secondary College

First Name	Last Name	School	First Name	Last Name	School
Anthony	Ruff	Killarney Heights HS	Isabel	Varthakavi	North Sydney Girls HS
Emily	Ruff	Killarney Heights HS	Scarlet	Vickery	Mackellar Girls HS
Michael	Ruff	Chatswood HS	Jasper	Vu	Cherrybrook HS
Max	Ryan	Balgowlah Boys HS	Antony	Walczak	Fort Street HS
Natalie	Ryan	Mackellar Girls HS	Max	Walters	St Ives HS
Kody	Ryland-Adair	Epping Boys HS	Albert	Wang	North Sydney Boys HS
Milla	Sablina	North Sydney Girls HS	Chloe	Wang	North Sydney Girls HS
Jessica	Sainsbury	St Ives HS	Eason	Wang	Turramurra HS
Thomas	Scholtens	Cromer HS	Justin	Wang	Chatswood HS
Hayley	Schultz	Cherrybrook HS	Matthew	Wang	Cherrybrook HS
Bianca	Schutt	Mackellar Girls HS	Gustavus	Warner	Balgowlah Boys HS
Heath	Schutt	Balgowlah Boys HS	Jake	White	Epping Boys HS
Camille	Searcy	Cheltenham Girls HS	Michael	Williams	Pennant Hills HS
Roy	Shadbolt	Balgowlah Boys HS	Joshua	Wilson	Balgowlah Boys HS
Junxi	Shen	St Ives HS	Madeleine	Wilson	Cherrybrook HS
Charlie	Shin	Cheltenham Girls HS	Samuel	Wilson	Balgowlah Boys HS
Archie	Skinner	Cammeraygal HS	Phoenix	Woods	Pittwater HS
Alexander	Song	North Sydney Boys HS	Charlotte	Xu	Hornsby Girls HS
Si Young	Song	Carlingford HS	Bijun	Yan	Hornsby Girls HS
Bree	Spalding	Erina HS	Evonnie	Yao	Cheltenham Girls HS
Sienna	Spiteri	Riverside Girls HS	Laurie	Ye	North Sydney Boys HS
Makeytah	Starkey	Brisbane Water College	Isabelle	YI	Burwood Girls HS
Felix	Stephens	Balgowlah Boys HS	Kaitlyn	YI	Burwood Girls HS
Millie	Stone	Terrigal HS	Allie	Yoo	Balgowlah Boys HS
Lucy	Stritzker	Mackellar Girls HS	Junsang	Yoo	Carlingford HS
Ethan Sun	Sun	Carlingford HS	Harry	Yu	Normanhurst Boys HS
Lily	Swane	Mackellar Girls HS	Jared	Yu	Epping Boys HS
Emily	Symonds	Freshwater HS	Joyce	Yu	Willoughby Girls HS
Vincent	Tai	Manly HS	Kimberley	Yu	North Sydney Girls HS
Misho	Tanankhakorn	Riverside Girls HS	Olivia	Yu	Willoughby Girls HS
Pipi	Te Pania	Mackellar Girls HS	Rex	Yu	Normanhurst Boys HS
Michiru	Tokuhara	Willoughby Girls HS	Eva	Zhang	Hornsby Girls HS
Chloe	Truong	Cheltenham Girls HS	Horatio	Zhang	Fort Street HS
Elvie	Van Der Kraan	Freshwater HS	Sophia	Zhang	North Sydney Girls HS
Gideon	Van Vuuren	Cromer HS	Preston	Zhou	North Sydney Boys HS



Sydney South West SSA

bottle green / white

Team Managers

Tayla McSweeney, Elizabeth Macarthur High School

Ashley Newham, Dorchester School

Tara Thode, Westfields Sports High School

Caitlin Smith, Ambarvale High School

Team competitors

First Name	Last Name	School
Anaya	Ahmad	East Hills Girls HS
Selin	Alca	Westfields Sports HS
Zane	Alkhatib	East Hills Boys HS
Thomas	Altmann	Macquarie Fields HS
Azaan	Asim	Macquarie Fields HS
Alannah	Back	Picnic Point HS
Deevaj	Bajracharya	East Hills Boys HS
Addison	Barnes	Picton HS
Aidan	Barnes	Elizabeth Macarthur HS
Levi	Barnes	Picton HS
Tom	Barton	East Hills Boys HS
Vidushi	Bashyal	Macquarie Fields HS
Sakura	Bello	Hurlstone Agricultural HS
Cameron	Beynon	East Hills Boys HS
Alivia	Bird	Mount Annan HS
Jack	Blake	East Hills Boys HS
Michael	Boghossian	Macquarie Fields HS
Cohen	Bromley	Elizabeth Macarthur HS
Torah	Bromley	Elizabeth Macarthur HS
Freya	Broughton	Westfields Sports HS
Marli	Broughton	East Hills Girls HS

First Name	Last Name	School
Koby	Buck	Sir Joseph Banks HS
Noah	Bui	Hurlstone Agricultural HS
Zavier	Butler-Sumanis	Elizabeth Macarthur HS
Neve	Byrne	Picton HS
Caitlyn	Cai	Macquarie Fields HS
Lucy	Caldwell	Holsworthy HS
Annabel	Cao	Hurlstone Agricultural HS
Avaneesh	Chavan	Hurlstone Agricultural HS
Kimmi	Chiem	Bonnyrigg HS
Tommi	Chiem	Bonnyrigg HS
Mavis	Chin	Canley Vale HS
Benjamin	Collins	Holsworthy HS
Bronte	Conomos	Elderslie HS
Evelyn	Craig	Hurlstone Agricultural HS
Abigale	Crawford	Mount Annan HS
Emily	Crawford	Mount Annan HS
Harrison	Crawhall	Picton HS
Lachlan	Crawhall	Picton HS
Alicia	Crosbie	Picnic Point HS
Classje	Curtis	Hurlstone Agricultural HS

First Name	Last Name	School
Drew	Davies	Holsworthy HS
Charlotte	Davis	Elderslie HS
Summer	Davis	Picton HS
Blake	Davison	Picton HS
Max	De	Bonnyrigg HS
Antonio	De Meo	Oran Park HS
Chloe	Dening	Holsworthy HS
Catherine	Do	Bonnyrigg HS
Lucas	Donohoe	Picton HS
Jack	Dougherty	Oran Park HS
Riona	Endo	Westfields Sports HS
Kobe	Erickson	Elizabeth HS Macarthur
Jakub	Fenik	East Hills Boys HS
Kacper	Fenik	East Hills Boys HS
Ella	Flood	Westfields Sports HS
Abby	Freeman	Holsworthy HS
Olivia	Friend	Picnic Point
Marli	Fullagar	East Hills Girls HS
Riley	Galea	Picton HS
Miriam	Gauld	Holsworthy HS
Rishi	Gill	Hurlstone Agricultural HS
Tahlia	Greene	Westfields Sports HS
Abigail	Green-Rice	Picnic Point HS
Ethan	Ha	Hurlstone Agricultural HS
Abraham	Hadri	Airds HS
Karen	Hang	Canley Vale HS
Zaarib	Haque	Hurlstone Agricultural HS
Zach	Harrison	Ingleburn HS
Ashley	Heng	Canley Vale HS
Celina	Ho	Macquarie Fields HS

First Name	Last Name	School
Alex	Hoang	Sefton HS
Lucas	Huang	Hurlstone Agricultural HS
Jaimee	Hugo	Hurlstone Agricultural HS
Khloe	Hunter	Picnic Point HS
Jordan	Huynh	Macquarie Fields HS
Daphne	Hwang	Prairiewood HS
Riley	Ingleton	Camden HS
Bodhi	Jackson	Oran Park HS
Phoenix	Jackson	Oran Park HS
Edwin	Jiang	Hurlstone Agricultural HS
Ella	Johnson	Elderslie HS
Noah	Johnson	Elderslie HS
Akaysha	Jones	Westfields Sports HS
Roy	K Arora	Macquarie Fields HS
Hara	Kang	Sefton HS
Oliver	Kasparian	Hurlstone Agricultural HS
Ethan	Keats	Picton HS
Zaylan	Kendall	Elizabeth Macarthur HS
Jasmine	Khatab	East Hills Girls HS
Arianna	King	Elderslie HS
Bryton	Lam	Canley Vale HS
Richard	Lam	Macquarie Fields HS
William	Lam	Hurlstone Agricultural HS
Panuwat	Lapudomsap	Macquarie Fields HS
Lyon	Le	Prairiewood HS
Emmersyn	Lean	Westfields Sports HS
Ivan	Lee	Canley Vale HS
Lionel	Li	Hurlstone Agricultural HS
Layla	Little	Picton HS

First Name	Last Name	School
Hayley	Lorimer	Holsworthy HS
Jessica	Lorimer	Holsworthy HS
Ethan	Lui	Hurlstone Agricultural HS
Erika	Luu	Canley Vale HS
Cooper	Ly	Canley Vale HS
Tracie	Lynch	East Hills Girls HS
Valerie	Lynch	East Hills Girls HS
Yoon Ji	Ma	Sefton HS
Gwen	Mackaway	Elderslie HS
Charlie	Maher	Elizabeth Macarthur HS
Matthew	Mai	Prairiewood HS
Melissa	Mai	Prairiewood HS
Arshan	Maskey	Sefton HS
Cate	McCarthy	Mount Annan HS
Aidan	McDonald	Holsworthy HS
Lachlan	McDonald	Holsworthy HS
Haylie	McFarlane	Picnic Point HS
Blake	McLear	Elizabeth Macarthur HS
Callie	McLeod	Picton HS
Hayden	Millard	Elizabeth Macarthur HS
Aiden	Miller	Picnic Point HS
Layla	Morrisby	Picton HS
Troy	Morrisby	Picton HS
Joshua	Morrison	Bonnyrigg HS
Marco	Naidovski	East Hills Boys HS
Nirvan	Nalwa	Macquarie Fields HS
Shreeya	Nepal	Macquarie Fields HS
Hayden	Nguyen	Sefton HS
Jacintah	Nguyen	Bonnyrigg HS
Kelsey	Nguyen	Hurlstone Agricultural HS

First Name	Last Name	School
Namkhoa	Nguyen	Sefton HS
Alexia	Nicotra	East Hills Girls HS
Analise	Nicotra	East Hills Girls HS
Hana	Okubo	East Hills Girls HS
Edward	Ong	Prairiewood HS
Iraa	Pandit	Hurlstone Agricultural HS
Puttapoom	Panngam	Canley Vale HS
Fletcher	Paterson	Holsworthy HS
John	Penney	Holsworthy HS
Lyna	Phan	Prairiewood HS
William	Phan	Ambarvale HS
Levi	Phone	Sefton HS
Cooper	Pirie	Holsworthy HS
Anagha	Rao	Macquarie Fields HS
Annalise	Realph	Elderslie HS
Aidan	Reece	Liverpool Boys HS
Jane	Reynish	Hurlstone Agricultural HS
Aidan	Richards	Picton HS
Jaxon	Richards	Airds HS
Harry	Rogers	Picton HS
Moana	Saumamao	Campbelltown Performing Arts HS
Talia	Saumamao	Macquarie Fields HS
Hayley	Saunders	Elderslie HS
Jayden	Schipp	Holsworthy HS
Jairus	Semesi	Leumeah HS
Davitah	Seneviratne	Hurlstone Agricultural HS
Bivaan	Shakya	Macquarie Fields HS
Julie	Sharma	Macquarie Fields HS
Milie	Sharma	Macquarie Fields HS
Maddison	Sharp	Picton HS

First Name	Last Name	School
Tamara	Skoric	Bonnyrigg HS
Brodie	Smith	Picton HS
Nicholas	Spyropoulous	Bonnyrigg HS
Prisha	Srinivasan	Hurlstone Agricultural HS
Lincoln	Stanislas	Elizabeth Macarthur HS
Ella	Su	Casula HS
Jayden	Su	Casula HS
Charlotte	Sultana	Westfields Sports HS
Lachlan	Swain	Elizabeth Macarthur HS
Krish	Swami	Hurlstone Agricultural HS
Cooper	Tamayo	Elizabeth Macarthur HS
Narrah	Tamayo	Elizabeth Macarthur HS
Isaac	Tang	Cabramatta HS
Gloria	Tau Liili	Westfields Sports HS
Lisa	Teakebayashi	Westfields Sports HS
Amelia	Thompson	East Hills Girls HS
Poppy	Thompson	Holsworthy HS
Alena	Timofeeva	East Hills Girls HS
Panayoti	Totsis	Cecil Hills HS
Raymond	Tran	Hurlstone Agricultural HS

First Name	Last Name	School
Edmond	Trang	Fairvale HS
Michelle	Truong	Hurlstone Agricultural HS
Thomas	Valassis	Picnic Point HS
Henry	Vo	Bonnyrigg HS
Keira	Vo	Westfields Sports HS
Vijay	Vo	Hurlstone Agricultural HS
Filip	Vujanic	Bonnyrigg HS
Cooper	Wade	Elderslie HS
Poppy	Wallace	Hurlstone Agricultural HS
Sean	Wang	Sefton HS
Alexis	Weeden	Elderslie HS
Lincoln	White	Elizabeth Macarthur HS
Shelby	Whiting	Holsworthy HS
Emily	Williams	Picton HS
Izabel	Williams	Elderslie HS
Breanna	Woodward	Camden HS
Roger	Xu	Sefton HS
William	Zak	Oran Park HS
Raymond	Zhang	Hurlstone Agricultural HS
Samuel	Zhang	Hurlstone Agricultural HS
Stephanie	Zhang	Hurlstone Agricultural HS



Sydney West SSA

blue / black / gold

Team Managers

Peta Swanson, Crestwood High School

Julie Letters, Penrith High School

Tayla Wright, Hawkesbury High School

Aleasha Morgan, Riverstone High School

Team competitors

First Name	Last Name	School	First Name	Last Name	School
Tahlia	Allen	Greystanes HS	Thomas	Cartman	Blaxland HS
Rina	An	Castle Hill HS	Li Quain	Chan	Baulkham Hills HS
Dhruv	Andral	Parramatta HS	Tahlia	Chapman	Richmond HS
Dylan	Arnold	Colo HS	Isabella	Chau	Castle Hill HS
Emily	Arslan	Northmead HS	Holly	Chesterman	Glenwood HS
Vidyut	Arulraj	Melonba HS	Natalie	Cheung	Crestwood HS
Jack	Barry	St Marys Senior HS	Isaac	Chevalier	Girraween HS
Alba	Baxter	Cranebrook HS	Liam	Chie	Jamison HS
Hansh	Beeham	The Ponds HS	Jessie	Chung Tin Wan	Castle Hill HS
Jishnu	Bhattacharjee	Parramatta HS	Stephanie	Clarence	Glenwood HS
Charlotte	Blackman	The Hills Sports HS	Jackson	Clarke	Melonba HS
Isabella	Bolton	St Marys Senior HS	Jasper	Cook	Springwood HS
Emma	Borg	St Marys Senior HS	Leila	Cook	Rouse Hill HS
Daniel	Borges Yokokura	Melonba HS	Isla	Corin	The Hills Sports HS
Nate	Bourke	Springwood HS	Amy Anna	Csizmadia	Castle Hill HS
Maya	Bryant	The Ponds HS	Dulcie	Cull	Colo HS
Evie	Bullock	St Marys Senior HS	Yiyang	Dai	Castle Hill HS
Nikola	Buric	Glenwood HS	Lachlan	Daly-Monk	Glenmore Park HS
Aaron	Cai	James Ruse Agricultural HS	Arizona	Dando	Kingswood HS
Benjamin	Camp	Jamison HS	Jacob	Davidt	Kingswood HS
Poppy	Capewell	Springwood HS	Patrick	Dawson	Melonba HS
Jayden	Carlisle	Glenwood HS	Xavier	de Santa Brigida	Glenwood HS
Riley	Carlisle	Glenwood HS	Saarth	Deo	Castle Hill HS
			Patel	Dhanashree	Greystanes HS

First Name	Last Name	School	First Name	Last Name	School
Chand	Dhatt	Rouse Hill HS	Ivan	He	James Ruse Agricultural HS
Ella	Dickson	Crestwood HS	Lucas	He	James Ruse Agricultural HS
Mia	Dobson	Greystanes HS	Scarlett	Heslop	The Hills Sports HS
Nicolas	Dore	Glenwood HS	Eloise	Hill	Colo HS
Callum	Dunlop	The Ponds HS	Chanuli	Hiththatiya	Castle Hill HS
Liam	Edgley	Cranebrook HS	Lisa	How	Crestwood HS
Molly	Ellender	Greystanes HS	Ronnie	Hu	James Ruse Agricultural HS
Michayla	Espie	Kingswood HS	Jessica	Huo	James Ruse Agricultural HS
Lucinda	Fairall	The Hills Sports HS	Zoe	Hwang	James Ruse Agricultural HS
Justin	Fang	James Ruse Agricultural HS	Roman	Hyde	Jamison HS
Matthew	Fang	James Ruse Agricultural HS	Bailey	Irwin	The Ponds HS
Grace	Fawcett	Blaxland HS	Dylan	Irwin	The Ponds HS
Samantha	Fitzgerald	Seven Hills HS	Jamie	Irwin	The Ponds HS
Jaiden	Geng	Crestwood HS	Brandon	Jennings	Kellyville HS
Bella	Glissan	Castle Hill HS	Chloe	Jin	Castle Hill HS
Elise	Goder	Glenwood HS	Tadhg	Johns	Richmond HS
Diego	Goncalves deMedeiros	The Ponds HS	Vedaant	Kar	The Ponds HS
Hariharan	Gopalarajah	Baulkham Hills HS	Skarla	Karimi	The Hills Sports HS
William	Gu	James Ruse Agricultural HS	Cianna	Kelly	Greystanes HS
Justin Xuan	Guo	James Ruse Agricultural HS	Mehnaaz	Khaliqi	Rouse Hill HS
Ray	Guo	James Ruse Agricultural HS	Aiden	Kim	Baulkham Hills HS
Nathan	Hall	Blaxland HS	Boa	Kim	James Ruse Agricultural HS
Mia	Hampton	The Hills Sports HS	Daniel	Kim	Baulkham Hills HS
Zoe	Hampton	The Hills Sports HS	Harang	Kim	Girraween HS
Ben	Hand	Quakers Hill HS	Leeah	Kim	Crestwood HS
Joshua	Hand	Quakers Hill HS	Rihu	Kim	Girraween HS
Rochelle	Hartawan	Castle Hill HS	Yoobin	Kim	James Ruse Agricultural HS
Juoon	Hathiyari	The Ponds HS	Luke	Kuhner	St Clair HS
Coralie	Havea	Merrylands HS	Marley	Lang	Greystanes HS

First Name	Last Name	School	First Name	Last Name	School
Charlotte	Lawrence	The Hills Sports HS	Julian	Nie	The Ponds HS
Mia	Lawrence	The Hills Sports HS	Ben	O'Donnell	Greystanes HS
Gideon	Lee	The Ponds HS	Karla	O'Neill	Rooty Hill HS
Irene	Lee	Glenwood HS	Yana	Padmani	Blacktown Girl HS s
Jihoon	Lee	Cumberland HS	Shlok	Pagar	Parramatta HS
Rinoa	Lee	Greystanes HS	Vansh	Panirwala	The Ponds HS
Aurora	Lin	Castle Hill HS	Francis	Park	Kellyville HS
Tiffany	Lin	Castle Hill HS	Meia	Paul	Seven Hills HS
Rohnan	Lindsay	Model Farms HS	Elise	Pauni	The Hills Sports HS
Makayla Wan Yi	Loh	Crestwood HS	Liana	Pesle	Blaxland HS
Shivam	Mahajan	Girraween HS	William	Petrie	Springwood HS
Clara	Malinic	The Hills Sports HS	Siwat	Phairintrapha	Castle Hill HS
Nikita	Malinic	The Hills Sports HS	Zhi Hao	Phang	Kellyville HS
Riley	Marcellino	James Ruse Agricultural HS	Tegan	Pickering	Blaxland HS
Hannah	Marshall	Rouse Hill HS	Delia	Pintilie	The Hills Sports HS
Armaan	Massali-Singh	Kellyville HS	Yonalee	Polwaththa Gallage	Rooty Hill HS
Ethan	Mateo	The Hills Sports HS	Aaron	Qu	Girraween HS
Riley	Mateo	The Hills Sports HS	Annisia	Quee	Castle Hill HS
Lindsey	Mathew	Greystanes HS	Levi	Racker	The Ponds HS
Lily	McGuiness	The Ponds HS	Oneth	Ranasinghe	Girraween HS
Piper	McGuiness	The Ponds HS	Kiara	Reid	The Ponds HS
Elizabeth	McShane	Castle Hill HS	Addison	Roden	Kingswood HS
Chelsea	Mealey	The Hills Sports HS	Bryony	Rudd	Glenmore Park HS
Taneeka	Mealey	The Hills Sports HS	Evie	Saliba	Colo HS
Liana	Meredith	St Marys Senior HS	Ace	Sanchez	The Ponds HS
Miranda	Miller	Seven Hills HS	Hannah	Saunders	Muirfield HS
Maxene	Mojica	Rooty Hill HS	Lucas	Saunders	Muirfield HS
Zayan	Mor	The Ponds HS	Andrew	Schuetrumpf	Blaxland HS
Sarah	Morphett	Nepean HS	Taylor	Serafin	The Hills Sports HS
Ryan	Murdoch	Colo HS	Lachlan	Sheather	Springwood HS
Archer	Nelson	The Ponds HS	Jay	Shrestha	The Hills Sports HS
			Jesh	Shrestha	Quakers Hill HS

First Name	Last Name	School	First Name	Last Name	School
Unish	Shrestha	The Hills Sports HS	Billi	Watson	Colo HS
Liam	Sikorski	Castle Hill HS	Tate	West	The Hills Sports HS
Pareena	Singh	Castle Hill HS	Elijah	Whitton	The Ponds HS
Makayla	Skarstrom	Windsor HS	Jacob	Whitton	The Ponds HS
Grace	Skelton	The Hills Sports HS	Knox	Williams	Jamison HS
Marissa	Small	The Hills Sports HS	Luke	Williams	Quakers Hill HS
Harrison	Stevens	Springwood HS	Mikaylah	Wilson	Kingswood HS
Eric	Stewart	Kellyville HS	Estella	Wong	The Ponds HS
Enli	Su	James Ruse Agricultural HS	Euan	Woods	Blaxland HS
FangPeng	Sun	James Ruse Agricultural HS	Jesse	Worley	Cranebrook HS
Daniel	Sutton	Jamison HS	Anneliese	Xerri	Windsor HS
Ethan	Szlavits	Doonside HS	Steven	Xin	Baulkham Hills HS
Henry	Templeman	Winmalee HS	Grace	Xu	James Ruse Agricultural HS
Samantha	Terry	Greystanes HS	Jonathan	Yang	James Ruse Agricultural HS
Delinda	Thompson	Mitchell HS	Nee (Tam)	Yeo	Girraween HS
Diesel	Thompson	Rooty Hill HS	Alicia	Yi	James Ruse Agricultural HS
Summer	Thompson	Rooty Hill HS	Akim	Yuldashev	Girraween HS
Shubh	Trivedi	Girraween HS	Rachael	Yung	Castle Hill HS
Ernest	Tse	Castle Hill HS	Angelina	Zhang	James Ruse Agricultural HS
Xander	Tuthill	The Hills Sports HS	Rachel	Zhang	James Ruse Agricultural HS
Kaylen	Tweedie	Wyndham College	Stephanie	Zhang-Kilgarritt	Blaxland HS
Mara	Tweedie	Seven Hills HS	Daniel	Zheng	Baulkham Hills HS
Shiona	Vassallo	Richmond HS	Clara	Zhou	James Ruse Agricultural HS
Celine	Voon	Model Farms HS	Patrick	Zhu	James Ruse Agricultural HS
Ethan	Voon	Model Farms HS	Roy	Zhuo	Parramatta HS
Lachlan	Wallis	Castle Hill HS	Yi Sen	Zhuo	Glenwood HS
Aaron	Wang	James Ruse Agricultural HS			
Alec	Wang	Cumberland HS			
Isabella	Wang	James Ruse Agricultural HS			



Western SSA

red / green

Team Managers

Karin Morgan, Dubbo School of Distance Education

Rhiannon Hamilton, Warren Central School

Krista Morrissey, Narromine High School

Team competitors

First Name	Last Name	School
Kayla	Apps	Boorowa HS
Casey	Armour	Boorowa HS
Anderson	Ball	Parkes HS
Joshua	Ball	Parkes HS
Thomas	Ball	Parkes HS
Wade	Barter	Forbes HS
Abigail	Bembrick	Forbes HS
Violet	Birchall	Dubbo College
Philomene	Borsato	Mudgee HS
Ky	Bortolazzo	Denison College, Bathurst High Campus
Breanna	Boyd	Warren HS
Kye	Brotherton	Narromine HS
Chloe	Brougham	Dunedoo HS
Henry	Brougham	Dunedoo HS
Noah	Brown	Forbes HS
Sophie	Button	Canobolas Rural Technology HS
Eve	Casey	Cowra HS
Brodie	Cashman	Denison College
Alister	Chase	Mudgee HS
Oscar	Christensen	Dunedoo HS
Emjay	Clark	Dubbo College
Obike	Coghlan	Mudgee HS
Liam	Coopes	Denison College, Bathurst High Campus

First Name	Last Name	School
Shadae	Crisp Zager	Boorowa HS
Tahlia	Crowley	Dubbo College
Harrison	De Montemas	Carenne HS
Lakyn	Dowton	Wellington HS
Hayden	Dunn	Forbes HS
Bethany	Eagles	Forbes HS
Lilly	Eagles	Forbes HS
Alana	Elsom	Gilgandra HS
Jethro	Fenton	The Henry Lawson HS
Kate	Forbes	Parkes HS
Phoebe	Forbes	Parkes HS
Daisy	Forde	The Henry Lawson HS
Dylan	Forde	The Henry Lawson HS
Chelsea	Gallagher	Dunedoo HS
Emily	Gallaher	Kandos HS
Isabelle	Gillette	Cobar HS
Zac	Harding	Dubbo College
Bailee	Harper	Denison College, Bathurst High Campus
Lochlan	Hawksworth	Peak Hill HS
Jack	Haycock	Yeoval Central School
Boston	Hayne	Dunedoo HS
Hadlie	Henson	Denison College
Patrick	Holleman	Mudgee HS

First Name	Last Name	School
Ella	Howard	Dubbo College
Tanesha	Hudd	Lake Cargelligo Central School
Penny	Hughes	The Henry Lawson HS
Sophie	Hughes	The Henry Lawson HS
Isaac	Hutton	Lake Cargelligo Central School
Evan	Jacques	Denison College
Dana	Janssen	Denison College, Bathurst High Campus
Xanthe	Johnson	The Henry Lawson
Liam	Justice	Dubbo College
William	Kelly	Boorowa HS
Henry	Knight	Cobar HS
Savannah	Latu	Parkes HS
Marshall	Leese-Caines	Narromine HS
Marley	Loader	The Henry Lawson HS
Sarah	Long	Dubbo College
Maddie	Marks	Warren HS
Maddison	Martin	The Henry Lawson HS
Sophie	McAneney	Dubbo College
Kalisha	McCauley	Orange HS
Ella	McDonald	Lithgow HS
Declan	Mcgregor	Dubbo College
Anderson	McMahon	Forbes HS
Tyler	McManus	Lithgow HS
Ella	Mitton	The Henry Lawson HS
Felcity	Moller	Anson St Special School
Ryleigh	Molloy	Dubbo College
Jaxon	Morrissey	Narromine HS
Skye	Morrissey	Narromine HS
Rebecca	Moxey	Forbes HS
Shane	Moxey	Forbes HS

First Name	Last Name	School
Annabelle	Moxon	Orange HS
Blake	Moxon	Orange HS
Halle	Negus	Denison College, Bathurst High Campus
Lila	Nelson	Orange HS
Lucy	Neville	Canowindra HS
Bosco	Ng	West Wyalong HS
Quincy	Ng	West Wyalong HS
Shelby-Rose	Nugent	Anson St Special School
Charlotte	Orr	Parkes HS
Karla	Osborne	Forbes v
Mila	Patyuk	Boorowa HS
Charlie	Peychers	Denison College
Isabella	Piper	Boorowa HS
Kirsten	Piper	Boorowa HS
Ayla	Pittock	Dubbo College HS
Sahraya	Poulson-Jones	Narromine HS
Blake	Price	Parkes HS
Tristen	Pye	Boorowa HS
Kayla	Reakes	Dubbo College
Sophia	Reid	Orange HS
Utah	Renshaw	Denison College, Bathurst High Campus
Abigail	Roberts	Orange HS
Collette	Robertson	Lake Cargelligo Central School
Harry	Robinson	The Henry Lawson HS
Eleanor	Rodgers	Forbes HS
Chelsea	Rossler	Denison College, Bathurst High Campus
Cody	Russell	Yeoval Central School
Addison	Ryan	Canowindra HS
Marlee	Ryan	Canowindra HS

First Name	Last Name	School
Thomas	Sanderson	Trundle HS
Matilda	Sanson	Lake Cargelligo Central School
Molly	Sanson	Lake Cargelligo Central School
Amielia	Sayers	Warren HS
Emmy	Scotson	Warren HS
Baxter	Sheehan	The Henry Lawson HS
Natalie	Sheehan	The Henry Lawson HS
Lachlan	Simeonidis	Denison College, Bathurst High Campus
Marcus	Skinner	Parkes HS
Meg	Skinner	Parkes HS
Annabelle	Smith	Boorowa HS
Isabella-Maree	Smith	Lake Cargelligo Central School
Haylee	Stanbury	Canowindra HS
Jed	Sunderland	Narromine HS
Ronnie	Tandy-Bell	Wellington HS
Harry	Taylor	Warren HS
Ivy	Taylor	Boorowa HS
Mylee	Taylor	Boorowa HS

First Name	Last Name	School
Molly	Temple	Gilgandra HS
Ava	Thornberry	Canowindra HS
Lisbeth	Toole	The Henry Lawson HS
Ryan	Toole	The Henry Lawson HS
Jock	Townsend	Forbes HS
Josie	Townsend	Forbes HS
Locky	Veigel	Forbes HS
Grace	Walker	Warren HS
Joey	Walker	Warren HS
Olivia	Walsh	Dubbo College
Ruby	Walsh	Dubbo College
Harper	Watson	Canowindra HS
Brooklyn	Whalan	Denison College
Abby	Williams	Orange HS
Flynn	Wolfe	Denison College, Bathurst High Campus
Riley	Wood	Anson St Special School
Matilda	Wylie	Denison College, Bathurst High Campus
Billy	Zerafa	Forbes HS



West Darling SSA

maroon / white / yellow

Team Managers

Rachel Harvey, Willyama High School/Menindee Central School

Team competitors

First Name	Last Name	School
Zachery	Barrett	Willyama HS
Ellie	Bevan	Willyama HS
Sienna	Bevan	Willyama HS

First Name	Last Name	School
Cohen	Clavel	Willyama HS
Amani	Coorey	Willyama HS
Veniece	Coorey	Willyama HS
Samuel	Harvey	Willyama HS



NSWCHSSA



website, results,
grandstand seating,
heat sheets

**Visit the
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- **Livestreaming of events**
- **Championship program**
- **Event results**
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NSW Public Schools Sporting Legends - Swimming

NSW schools have produced some of the world's greatest ever swimmers.

In this year's PSSA and CHS State Swimming Championships Programs we are highlighting three of the best ever, true legends of Australian Sport. Like you, they participated in local school sporting events, progressing to State Championships and then, from these humble beginnings, went on to become household names.

DAWN FRASER. AC, MBE. (Birchgrove Public and Leichhardt High Schools)

Dawn was born in 1937 and attended Birchgrove Public and Leichhardt High School. Harry Gallagher invited Dawn to join the "Golden Dolphins" who trained at the Elkington Park Pool (now called the Dawn Fraser Baths) when she was 14 years old.

Dawn Fraser won eight Olympic medals (4 Gold) and six Commonwealth Gold medals. She held the World 100m Freestyle record for 15 years....an amazing statistic.

Dawn was the first of only three swimmers in Olympic history to have won Gold medals for the same event in three successive Olympics (1956, 1960, 1964). In 1962 she did what had previously been considered impossible...becoming the first woman to swim 100m in less than 60 seconds (58.9 seconds). Dawn was named 'Australian of the Year' in 1964. In 1999, she was named The World's Greatest Living Female Water Sports Champion. Dawn Fraser is one of our greatest ever Australians.



SHANE GOULD. AM. MBE. (Miranda Public, Epping North Public and Turramurra High Schools)



At 15 years of age, at the 1972 Munich Olympics while still attending Turramurra High School, Shane won three Gold medals, setting a world record in each race. She also won a Silver and Bronze medal. Gail Neall also from Turramurra High won a Gold medal at these Olympics in the 200m Butterfly. A remarkable achievement for Turramurra High.

Shane Gould is the first person, male or female to hold every freestyle world record from 100m to 1500m, as well as the 200m Individual Medley at the same time - an extraordinary achievement. Shane retired from competitive swimming at a young age, and in 2018, at 62 years of age

became the oldest person ever to win the television show *SURVIVOR*. Shane still competes successfully in Masters swimming events and is regarded worldwide as one of Australia's finest ever swimmers.

IAN THORPE. AM. (Milperra Public and East Hills Boys High Schools).

At the age of 14, Ian Thorpe became the youngest male ever to represent Australia. His victory in the 400m freestyle in the 1998 World Championships made him the youngest ever individual male World Champion.

After smashing the 400m World Record in 1999 along with a number of other outstanding performances over the next three years, Thorpe was named 'World Swimmer of the Year' on three separate occasions. In quick succession Thorpe broke the 200m and 400m Freestyle records time after time, as well as being part of world record breaking relay teams.

In the 2000 Sydney Olympics, Ian won Gold in the 400m Freestyle, 4 x 100m freestyle, 4 x 200m freestyle, as well as Silver in the 200m freestyle and 4 x 100 medley. Ian has won a total of 37 Gold medals across Olympic Games, Commonwealth Games, World Championships and Pan Pacs.

A former 'Young Australian of the Year', Ian supports a range of charities and is acknowledged as one of the greatest male swimmers of all time.



History of school sport

Prior to the establishment of the competitive school sport program in 1889, (which was prior to the commencement of the modern Olympic Games in 1896), most schools conducted games, dancing, gymnastics and rhythmic movement programs for students.

Schools also implemented both internal sporting programs and arranged competitive matches against other local schools. Many country schools travelled long distances to ensure young people experienced the challenges, benefits and enjoyment provided by competitive sporting opportunities.

In 1889, the NSW Public Schools Amateur Athletic Association was formed by a group of dedicated teachers to co-ordinate school sport in NSW. For the first 25 years the one single event that took pride of place on the calendar was the Annual Sports Carnival which took place at the Sydney Cricket Ground and the Sydney Showground (formerly Agricultural Grounds and now Fox Studios) at Moore Park.

Crowds of 40,000 – 50,000 spectators would gather to watch 12,000 students participating in events that included sprinting, walking, sack races and throwing a cricket ball, along with military type drill competitions. From these humble beginnings school sport has evolved into the current program that is organised by the NSW Primary Schools Sports Association and the NSW Combined s Sports Association. These organisations now offer over 60 state championships and 80 knockout competitions; involving over 300,000 students annually.

The timeline below reflects the place of school sport in the history of NSW and Australia and how public school sport graduates have progressed to represent their state and country in some of the major sporting events held globally over the past 130 years.

1889 Formation of the school sport program as we know it today	
Cricket Victor Trumper Crown Street Public School	Selected in the 1889 Australian team that toured England. Considered one of the most naturally talented cricketers to have played the game. At the 1895 NSWPSAAA Annual Sports Carnival, Trumper won the fielding / throwing of a cricket ball competition.
Rugby Union/ Rugby League) Herbert (Dally) Messenger Double Bay Public School	Considered one of the greatest ever players in either Rugby Union or Rugby League. Messenger played 2 Rugby Union tests and 7 Rugby League tests. Transferred from Rugby Union to Rugby League to become a professional player.
Swimming Harold Hardwick Fort St Model School	All Schools Swimming Championships Gold Medallist 1905. Stockholm Olympic Games (1912) - Gold medallist 4 x 200m freestyle relay. Department of Education- Director of Physical Education (ret 1953).
Swimming Fanny Durack Crown Street Public School	From 1910 – 1918, Fanny was considered the world's greatest female swimmer over all distances. Won a Gold Medal at the Stockholm Olympic Games for the 100m freestyle

1914 – 1918 The First World War		
Swimming Andrew ‘Boy’ Charlton Manly Village Public School		Attended three Olympic Games – 1924, 1928 and 1932, winning a total of five medals including one Gold.
1929 – 1939 Great Depression		
Cricket Sir Donald Bradman Bowral Public School		Acknowledged as the greatest cricketer of all time. His extraordinary achievements lifted the nation during the Great Depression. After World War II, at 37 years of age Bradman returned to Test Match cricket in the 1945-46 series against England and again for the 1947-48 Invincibles Tour of England. Bradman’s presence in these matches again raised the spirits of Australia.
1939 – 1945 The Second World War		
Tennis Ken Rosewall (MBE) (AM) Rockdale Public School		Won his first Australian Open Tennis Championship in 1953, repeating this effort in 1955, 1971 and 1972. He also won the French Open in 1953 and 1968, US Open winner 1956 and 1970. In all he won 23 Tennis majors including 8 grand slam singles.
Rugby Arthur Buchan Sydney Technical HS		Selected for the 1946 Wallabies. Played 10 Rugby tests for Australia. Also became Deputy Director General, NSW Department of Education.
Athletics (Track) Marjorie Jackson-Nelson (AC)(CVO)(MBE) Coffs Harbour and Cooerwull Public Schools, Lithgow High		1952 Helsinki Olympic Games, won 2 sprinting Gold Medals. Became Governor of South Australia.
1956 Melbourne Olympic Games		
Athletics (Track) Betty Cuthbert (MBE) (AM) Ermington Public School / Parramatta Domestic Home Science School		Triple Athletics Gold medallist in Melbourne (100m, 200m, and 4 x 100m relay) Gold medal in Tokyo (1964) in the 400m.
Swimming Dawn Fraser Birchgrove Public School /Leichhardt High		Won her first 100m Gold Medal at the Melbourne Olympics. Subsequently won Gold Medals in Rome 1960 and Tokyo 1964. (one of only three swimmers to win the same event at three Olympic Games)
Tennis Lew Hoad Glebe Public School		Won the Australian Open Tennis Championship in 1956. Won 4 major Tennis titles and was a part of 3 Davis Cup victories.
Rugby Union/ Rugby League Arthur Summons Homebush Boys HS	Rugby League Norm Provan Willoughby PS Crows Nest PS Technical College	Arthur Summons along with Norm Provan immortalised on the trophy presented to the winners of the NRL Grand Final. The trophy was modelled off the photo taken by John O’Grady after 1963 Grand Final.

Motor Racing Sir Jack Brabham Hurstville Boys HS	In 1959 won his first of 3 Formula 1 World Motor Racing Championships. The first Australian ever to win the world title.
Surfing Bernard (Midget) Farrelly Manly Village Public School	Won the 1964 inaugural World Surfing Championships. Considered a pioneer of surfing in Australia.
Squash Heather McKay Queanbeyan West Public School Queanbeyan HS	In 1962 won her first British Open (at that time considered the World Championship) and then held this title for 15 consecutive years.
1969 Neil Armstrong becomes the first man to walk on the moon	
Tennis Evonne Goolagong (MBE) (AO) Barellan CS Willoughby Girls HS	Won her first Wimbledon title in 1971. In total Evonne won 7 grand singles titles.
1972 Munich Olympic Games	
Swimming Graham Windeatt East Hills Boys HS	At the 1971 NSWCHSSA Swimming Championships Graham broke the World 800m freestyle record. He went onto represent Australia at the 1972 Munich Olympic Games where he won a silver medal in the 1500m.
Swimming Shane Gould Miranda Public School, Epping North Public School Turramurra HS	Shane competed at the Munich Olympic Games while a student at Turramurra HS winning 3 Gold medals, 1 silver and 1 bronze. Gail Neall also from Turramurra High also won a gold medal in the 200m Butterfly. What an extraordinary double.
Water Polo David Woods Birchgrove Public School Drummoyne Boys HS	David represented at the 1972 Munich Olympic Games and the 1976 Montreal Olympic Games. He also represented at 2 World Championships and coached the Australian Women's team which included his daughter Taryn, whilst son Gavin has represented Australia in Water Polo at 4 Olympic Games. David was President of the NSWCHSSA from 1984 until 1991.
1980 Moscow Olympics	
Swimming Michelle Ford St George Girls HS	At the 1980 Moscow Olympics Michelle won the Gold medal in the 800m freestyle and a Bronze medal in the 200m Butterfly
Inaugural Rugby League Immortals announced in 1991	Rugby League immortals include Bob Fulton (Unanderra Public School and Dapto HS) Reg Gasnier (Sydney Technical HS)

1983 Australia II wins the Americas Cup	
Cycling Kevin Nichols Grafton/South Grafton HS	Captain of the 1984 cycling team that competed at the Los Angeles Olympic Games. Was a member of the Gold Medal winning Pursuit team.
Rugby and Netball Mark, Gary, Glen and Marcia Ella La Perouse Public School Matraville HS	The Ella family came to prominence when Mark, Gary and Glen Ella represented Australia in Rugby Union and were part of the 1984 Grand Slam winning team. In 1986 Marcia Ella represented Australia in Netball against New Zealand.
Football Craig Johnston Booragul HS	Scored a goal for Liverpool in their 3-1 victory over Everton in the 1986 FA Cup Final. A pioneer for Australian players securing contracts to play Football overseas.
Netball Anne Sargeant Forestville PS / Killarney Hts HS	Australian Netball player. Represented from 1978 until 1988, captaining the team for 6 years.
Cricket Steve and Mark Waugh Panania Public School East Hills Boys HS	Steve and Mark were both awarded CHS cricket Blues in 1984. In 1983 Steve won a CHS Soccer Blue and the President's Award. The twins represented the Australian Cricket team with distinction with Steven captaining the team in 57 test matches and 106 One Day Internationals.
Athletics Kerry Saxby AM Ballina HS	Elite race walker whose career spanned 1980 and 1990's. Kerry won 2 Commonwealth Games Gold Medals and set 32 world records during her career.
Surfing Layne Beachley AO Balgowlah Heights Public School Mackellar Girls HS	In 1990 Layne won the first of her 7 World Surfing titles. Layne inducted into the Australian Sports Hall of Fame in 2011.
1991 World Wide Web goes public	
Hockey Alyson Annan Macquarie Fields PS & HS	In 1996, Alyson won her first of two Olympic Gold medals in Atlanta. She also won two World Cup Golds and four Champions Trophy Golds. Alyson represented Australia in 228 international matches.
2000 Sydney Olympic Games	
Swimming Ian Thorpe Milperra Public School East Hills Boys HS	At the 2000 Sydney Olympics Ian won Gold Medals and set 2 World Records in swimming. In total won 5 Gold Medals and 11 World Championships.
Basketball Lauren Jackson Thurgoona Public School Murray HS	The Sydney 2000 Olympic Games were her first Olympic Games. Lauren has subsequently has played in 3 more Olympics; 2004, 2008 and 2012

Water Polo Debbie Watson Mackellar Girls HS	Captained gold medal winning Australian Women's Water Polo team (other team members were Taryn Woods (Fort Street), Bronwyn Mayer (Hunters Hill), Yvette Higgins (Riverside Girls) and Simone Hankin (Picnic Point)
Paralympic Athlete Kurt Fearnley Blayney Public School Blayney HS	At the Sydney 2000 Olympic Games he won 2 silver medals). In total Kurt competed at 5 Olympic games winning 3 Olympic Gold medals.
Football Tim Cahill Bexley Nth / Annandale Nth PS Tempe and Kingsgrove HS	Tim has represented Australia on 104 occasions, scoring 50 goals. He has had a stellar career playing for various overseas and Australian teams.
Snowsports Torah Bright Cooma North Public School	Torah won an Olympic Gold medal in the Half Pipe at the 2010 Vancouver Winter Olympic Games.
Australian Rules John Longmire Corowa PS / Corowa HS	After a successful playing career, John coached the Sydney Swans to the AFL Premiership flag in 2012 Grand Final.
Sailing James Spithill Pittwater HS	Youngest ever skipper to win the America Cup in 2010. He defended this title in 2013. Was the helmsman of Comanche which won the Sydney to Hobart in 2017.
Cricket Steven Smith Alfords Point Public School Menai HS	Steven Smith is considered one of the most outstanding cricketers of any era. He was appointed as Australian Cricket Captain in 2015. Steven joins a number of Australian Cricket Captains to graduate from NSW Public Schools. Others include Bill Brown (Petersham PS), Sir Donald Bradman (Bowral PS), Arthur Morris (Canterbury Boys HS), Ian Craig (North Sydney Boys HS), Richie Benaud (Jugiong PS and Parramatta HS), Bob Simpson (Earlwood PS and Tempe HS), Allan Border (North Sydney BHS), Mark Taylor (Chatswood HS), Steven Waugh (Panania South PS and East Hills Boys HS), Adam Gilchrist (Deniliquin PS and Kadina HS), Michael Clarke (Marsden Rd PS and Westfields Sports) and Brad Haddin (Karabar HS)

School sport - for parents

Welcome and thank you for attending these championships and supporting your child. Parents, caregivers, coaches, teachers and volunteers play a significant role in the motivation and development of young people.

Due to the regularity of contact and the influence parents and caregivers have as role models for young people, they particularly have an opportunity to shape the behaviours, enthusiasm and respect young people demonstrate in their sporting endeavours.

Please find below some suggestions that might enhance the enjoyment of all those involved in the school sporting pathway.

1. Enjoy the journey.

Sport is a journey that provides physical, social and emotional benefits for children. Enjoyment and having fun with friends is their greatest reward. You also share in this enjoyment.

2. It's better if the first question you ask your child is "did you enjoy it?" rather than "did you win?"

Not every child is going to become a champion but every child has the opportunity to continue enjoying sport through coaching, managing or supporting.

3. Model good behaviours and never accept poor sportsmanship from your child or their coach.

Children learn more by seeing than hearing, particularly from people they care about. No matter what the circumstances, be someone they can admire and respect. Parents aren't judged on their child's accomplishments, however parents are often held responsible for their child's behaviour.

4. Your child's results should not affect your mood.

Never get upset after an event where results don't go the way of your child.

5. Give your child space to grow and mature.

All children are different. Accept your child for who they are. Fault finding makes the child question their self-worth. Letting a child know how much you care about them makes them proud and builds resilience.

6. Focus on the processes rather than the outcomes.

Parents should understand that the best athletes focus on the process, because the result is often out of their control.

7. Avoid going over the top about your child's talent.

Every sport has talented athletes, but for various reasons they do not always reach the pinnacle.

8. Encourage good attitudes.

Good attitudes carry over into all aspects of life.

9. Support the coach, especially in public and in front of your child.

If there is a disagreement, settle it privately. Negatively discussing other parents or coaches in front of your child can be detrimental. No matter how private conversations are, they can become public very easily.

10. Build good relationships with other parents.

Parents of your children's friends will often become your friends.

11. You should not compare your child's journey to another child's journey.

Children mature at different rates. All children are different. Try to understand your child's views of the world around them.

12. If your child makes mistakes, let them experience the consequences of their actions.

This is how they learn and grow and become independent, resourceful and confident. Set-backs and failures are opportunities for improvement. Explain to your child that continued effort, practice and learning are the keys to success.

13. Recognise your child's results don't define you.

Your child's success or disappointment does not change other parents' views of you.

14. Develop your child's strengths.

Help your child to identify their strengths and develop them. These children experience success, become inspired, confident and resilient

PLAYERS, TEACHERS, COACHES AND SPECTATORS CODE

YOUNG PEOPLE INVOLVED IN SPORT
HAVE A RIGHT TO PARTICIPATE IN A
SAFE AND SUPPORTIVE ENVIRONMENT

- 
- The goals of the game are to have fun and improve skills.
 - Be modest in success and generous in defeat.
 - Play for the fun of it.
 - Play by the rules and always respect the decisions of officials.
 - Make no criticism either by word or gesture.
 - Deliberately distracting or provoking an opponent or player is not acceptable or permitted in any sport.
 - Be a good sport. Applaud good performance and efforts from all individuals and teams. Congratulate all participants on their performance regardless of the game's outcome.
 - Condemn unsporting behaviour and promote respect for opponents.
 - Condemn the use of violence in any form.
 - Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
 - Ensure any use of social media about or around this event/team/management is responsible and appropriate.
 - Place the safety and welfare of the participants above all else.
 - All school sports events are alcohol and smoke free zones.

For more information and results of all events, please see
<https://app.education.nsw.gov.au/sport>



Respect · Resilience · Relationships

AUSTRALIAN FOOTBALL · CRICKET · BASKETBALL · NETBALL · BOWLS
ROWING · SAILING · TOUCH · FOOTBALL · SWIMMING · DIVING · WATERPOLO
HOCKEY · TENNIS · BASEBALL · SOFTBALL · VOLLEYBALL · ATHLETICS
TRIATHLON · GYMNASTICS · GOLF · FOOTBALL · RUGBY LEAGUE
RUGBY · AUSTRALIAN FOOTBALL · CRICKET · BASKETBALL · NETBALL
BOWLS · ROWING · SAILING · TOUCH · FOOTBALL · SWIMMING · DIVING
WATER POLO · HOCKEY · TENNIS · BASEBALL · SOFTBALL · VOLLEYBALL
ATHLETICS · TRIATHLON · GYMNASTICS · GOLF · FOOTBALL · RUGBY
RUGBY LEAGUE · AUSTRALIAN FOOTBALL · CRICKET · BASKETBALL
DIVING · WATER POLO · HOCKEY · TENNIS · BASEBALL · SOFTBALL
VOLLEYBALL · ATHLETICS · TRIATHLON · AUSTRALIAN FOOTBALL · RUGBY
NETBALL · BOWLS · ROWING
TOUCH · FOOTBALL · DIVING · SWIMMING
HOCKEY
ATHLETICS