

During your 12 month programme with LAES, you will be invited to attend the following workshops and information sessions. Each workshop will consist of one session of approximately 90 minutes. The topics are designed to help you make choices about the job sector you want to target and give you practical information and support. The workshops are delivered by the LAES Case Officers in a relaxed environment. Attendance at the workshops will be written into your personal progression plan and reviewed at your monthly appointments. These workshops will be in addition to your monthly appointments.

- Aspirations & Goals
- Values in the workplace
- Barriers to Employment
- Identifying Skills and Skills Gaps
- Job Market Opportunities
- Job Searching
- Welfare to Work
- Part Time Job Seekers Workshop
- Interview Skills



An Roinn Coimíre Sóisialaí
Department of Social Protection



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