



REPRESENTATIVE SCHOOL SPORT 2024



EVENT PROGRAM



5Rs response to concussion

The 5Rs is an easy to remember concussion management strategy to support the health and wellbeing of students of all ages.

Parents and carers can use the 5Rs to support the response of a suspected concussion.



Concussion is defined as “a form of mild-traumatic brain injury that occurs as a result of a direct impact to the head or the body that cause transmission of forces to the head and brain”. Early recognition is the key to successfully responding to and managing a concussion. Signs and symptoms may not show up until 24-48 hours after the head injury.



To protect the health and wellbeing of the competitor, medical advice states that the competitor is removed from play and monitored for signs and symptoms. The signs of concussion include: appearing dazed or stunned, repeating questions, confusion, drowsiness, headache, blurred vision, nausea, loss of balance or just does not seem right.



Any signs or symptoms should be assessed by a doctor. It is important that signs and symptoms are recorded. Doctors will need to know when each sign or symptom was noticed, how long it lasted and whether the sign or symptom was mild or severe.



Medical advice states that anyone who suffers a concussion needs complete physical and cognitive rest for at least 24-48 hours. This includes a break from exercise, use of computer screens, video games or study. Time away from school and sports should follow doctor's advice.



A gradual and staged return to school and sporting activities should be planned by the young person's doctor. This plan should be shared and followed by parents, carers, school staff and coaches.

NSW Primary Schools Sports Association

Swimming Championships



Thursday, 11 April 2024
and
Friday, 12 April 2024

Sydney Olympic Park Aquatic Centre

New South Wales Primary Schools Sports Association in conjunction with the
NSW Department of Education School Sport Unit





Acknowledgement of Country

New South Wales Primary Schools Sports Association would like to begin by acknowledging the Traditional Custodians of the land on which we gather for these championships. We pay respects to their Elders past and present and extend that respect to Aboriginal and Torres Strait Islander peoples here today. We strive to ensure every Aboriginal and Torres Strait Islander learner in NSW achieves their potential through education.

We meet for these championships on *Burramattagal* land. *Burramattagal* is thought to be derived from the Aboriginal word for 'place where the eels lie down' to breed (within the Parramatta River).

Welcome from the NSWPSSA President

Welcome to the 2024 NSW Primary School Sport Association Championships. We congratulate the students selected to represent their school, zone, and Association after participating in a series of pathway events. These activities align with the Personal Development/ Health/Physical Activity syllabus, emphasising the importance of fostering healthy and active lifestyles.

We encourage students and families to relish the experience both on and off the competition arena, urging competitors to forge friendships, explore host cities, and soak in the camaraderie. A heartfelt thank you to our dedicated teachers and school staff who volunteer their time, shaping the representative school sport pathway. Our gratitude is also extended to Principals for their unwavering support.

Acknowledgments also go to the NSW Department of Education and the School Sport Unit for their vital contributions and providing resources to conduct programs. Special appreciation to our Executive Officers, administrative staff, sport conveners, championship managers, local associations, and volunteer officials for making these championships a reality. Your efforts, from planning to execution, are truly commendable.

As we embark on the 2024 journey, let's remember that this Olympic year might be the beginning of dreams for students aspiring to represent Australia in the future. Enjoy the championships and the shared pursuit of sporting excellence!

Tracey McKinnier

President

NSWPSSA

Brighton-le-Sands Public School



Swimming Convener's Message

Welcome to the 2024 New South Wales Primary Schools Sports Association Swimming Championships which brings together the state's most talented young swimmers and students from all corners of NSW. The NSWPSSA Championships are a culmination of well over a thousand swimming carnivals. I cannot thank enough the hundreds of primary school teachers who selflessly volunteer their time to organise the school, zone and area swim meets. Without their hard work and expertise, the children competing over the next two days would not have had the opportunity to do so.

The NSWPSSA Swimming Championships have been the starting point for many outstanding swimming careers with many moving on to represent Australia at the highest level of competition. A look through the records of the championships is highlighted by names like Graham Wendeatt, Mark Kerry, Janelle Elford, Petria Thomas, Ellie Overton, Brooke Hanson, Adam Pine, Scott Miller, Justin Norris, Anna Windsor, Ky Hurst, Kenrick Monk, Craig Stevens and of course Ian Thorpe. It is very satisfying for everyone involved in NSWPSSA sport to see the success of these young people in their chosen sport. We have just under 11 weeks before the Paris Olympics where we hope to see our Australian swimmers taste victory on the world stage. Our next champions could be here over the next two days looking towards the Brisbane Olympics in 2032.

I would like to acknowledge the work of Helen Wood for her technical support at these Championships. I would also like to acknowledge the support of Margaret and the late Alan Gregson for their work over the years with the Disability Inclusion Officers who work tirelessly with our ever-growing multi-class swimmers. Their support of school swimming over the years is truly amazing. As always, we are fortunate to have the support of Swimming NSW. Their assistance with officials and expertise at not only this championship but at school, zone and area carnivals is greatly appreciated.

I would also like to thank Nicole Monk in her role as Assistant Swimming Convener, as she has an extensive swimming background. She is a great asset to me and the NSWPSSA organisation. A big thank you to Mr Jason Wilesmith, the NSWPSSA Executive Officer for all his work behind the scenes in this year's Championships.

Finally, congratulations to all competitors on reaching these championships, enjoy the experience and good luck at the Championships over the next two days. I am sure everyone will take away fond memories of competing at the 2024 NSWPSSA Swimming Championship.

Mark Holden
Swimming Convener
NSW Primary Schools Sports Association
Peakhurst South Public School





Livestreaming and results

Visit the NSW P.S.S.A website for livestreaming links and results for this event.

<https://app.education.nsw.gov.au/sport/>

Click on the calendar and scroll down to the NSW P.S.S.A Primary Swimming Championship event.

NOW AVAILABLE
ONLINE

Swimming Program & Heat Sheets



NSWPSSA

Swim Meet Mobile



Get the results for this event in real-time!
The results for this NSW P.S.S.A Swimming Championship will also available from your smartphone or tablet.

As soon as results are completed in our event's Meet Manager program they will appear in your App.

This APP is available to download free although you will need to purchase a monthly or yearly subscription through the Apple App Store (for iPhone/iPad) or the Google Play Store (for Android devices) in order to view the results. Search 'Swim Meet Mobile'.

NSWPSSA Office Bearers 2024

Role	Name	School
President	Mrs Tracey McKinnier	Brighton-Le-Sands PS
Senior Vice Present	Mr Ben Thomas	Avoca Beach PS
Vice President	Mr Mark Clemson	Tea Gardens PS
Vice President	Mr Les Daley	Murwillumbah PS
Vice President	Mrs Jayne Rixon	Dapto PS
Honorary Treasurer	Mr Glenn Hidson	Lansvale PS
Executive Officer	Mr Jason Wilesmith	NSW School Sport Unit
Swimming Convener	Mr Mark Holden	Peakhurst South PS
Asst. Swimming Convener	Ms Nicole Monk	Lidcombe PS

Competing Associations

Association	Abbreviation
Barrier	B
Combined Independent Schools	CIS
MacKillop	M
North Coast	NC
North West	NW
Polding	P
Riverina	R
South Coast	SC
Sydney East	SE
Sydney North	SN
Sydney South West	SSW
Sydney West	SW
Hunter	H
Western	W

Swimming Officials 2024

Role	Team Manager	School
Championship Director	Mark Holden	Peakshurst South PS
Assistant Championship Directors	Nicole Monk Jason Wilesmith	Lidcombe PS NSWPSSA Executive Officer
Chief Referee	John Williams Gwen Willmett	Swimming NSW Swimming NSW
Assistant Referees	Ann Pilkie	Swimming NSW
Judges of Strokes	Gwen Willmett John Williams Ann Pilkie Norbert Sernig	Swimming NSW Swimming NSW Swimming NSW Swimming NSW
Starter	Dean Vince	Swimming NSW
Announcers	Rebecca Wade Daniel Brown Ben Thomas	Sydney North SSA Executive Officer Sydney West SSA Executive Officer Avoca Beach PS
Marshals / Clerks of the Course	Warren Yee (I/C) Trent Reynolds Terry Willis Tracey Barnes Bob Harrison Mark Clemson	Rydalmere PS Western SSA Executive Officer Riverina SSA Executive Officer North Coast SSA Executive Officer Hunter SSA Executive Officer Tea Gardens PS
Check Starters	Lucy Newton Peter Yeo Julie Flaherty Gill Wishart Julianne Taylor	Narara PS North West SSA Executive Officer Glenbrook PS Flinders PS St Phillip Neri, Northbridge
Multi-Class Coordinators	Michelle Pigram Anthony Moyes Peter Cardy Joelle Bailey	Keiraville PS NSW School Sport Unit NSW School Sport Unit Sydney Catholic Schools
AOE	Gloria Weigmann	SDS
Chief Recorder	Helen Wood	SDS
SAT Operator & Scoreboard	Jo Wazny	SDS
Recorders / Secretariat Results / Computing	Jenny Warren Rob Cormack Cherry Smith Student Helpers	NSW School Sport Unit NSW School Sport Unit SDS Wyndham College
Web Results	Mandy Datt Michaela Davies	NSW School Sport Unit NSW School Sport Unit
Welcome and Programs	Glenn Hidson Les Daley Paul Faulkner Andrew Hooper	Lansvale PS Murwillumbah PS Bedgerabong PS Emu Heights PS
Dawn Fraser Room – Sign On	Chris Kellaway Matt Mee	NSW School Sport Unit NSW School Sport Unit

Swimming Officials 2024 continued

Role	Team Manager	School
Presentations	Tracey McKinnery Ross Hallaways Meegan Dignam Jayne Rixon Ann-Marie Miranda	Brighton-le-Sands PS Life Member South Coast SSA Executive Officer Dapto PS CSNSW Executive Officer
Timekeepers – Chief	Steve Clancy	NSW School Sport Unit
Timekeepers Assistants	Vicki Bennett Bronwyn Cook Renee Elmowy Page Patmore Nathan Hulands Anita Beattie Leanne Munk	Cambewarra PS Hurstville PS Carlton PS Hurstville PS Wyndham College CNSW CNSW
Timekeepers - Lane 0	Student Officials	Wyndham College
Timekeepers - Lane 1	Student Officials	Wyndham College
Timekeepers - Lane 2	Student Officials	Wyndham College
Timekeepers - Lane 3	Student Officials	Wyndham College
Timekeepers - Lane 4	Student Officials	Wyndham College
Timekeepers – Lane 5	Student Officials	Wyndham College
Timekeepers – Lane 6	Student Officials	Wyndham College
Timekeepers – Lane 7	Student Officials	Wyndham College
Timekeepers – Lane 8	Student Officials	Wyndham College
Timekeepers – Lane 9	Student Officials	Wyndham College
2024 NSW PSSA Team Management	Sandy Fenning Tony Kokegi Peta Haynes Kati Holt Jessica Errington	Nambucca Heads PS St Patrick's PS, Macksville St Christopher's Catholic School Harbord PS Ashbury PS
Professional Learning Team	Michael Kirwan Rochelle O'Connor	NSW School Sport Unit NSW School Sport Unit
Professional Learning Participants	Kylie Hughes Emma Zimmermann Mia Munro Ellie Barraclough Georgie Campbell Leigh Allen Daniel Lee Aiden McCann Olivia Mostaert Amanda El Masri Ashley Reddacliff Luisa Giles-Mott Allie Harcourt	Stroud Road Public School Tomaree Public School Fernleigh Public School Walcha Central School Murrumburrah Public School Sunshine Bay Public School Nicholson Street Public School Porters Creek Public School Woy Woy South Public School Blaxcell Street Public School Colyton Public School St Marys Public School Dunno West Public School

Association Team Managers 2024

Association	Team Manager	School
Barrier SSA	Coutney Barker	School of the Air Broken Hill
CIS	Carolyn Sparkes Lyndell Spackman Michelle Penn Alex Carrasco	CSSA Rouse Hill Anglican College Abbotsleigh Tweed Valley Adventist College
Hunter SSA	Jocelyn Flook Luke Simmons Vicky Schofield Meg Isbester	Belair PS Cessnock East PS Scone PS Glendale East PS
MacKillop CSNSW	Ilana Blazevic Rebecca Hanrahan Carolynne Daher	St Bernadette's, Castle Hill Mater Dei College, Camden St Joseph's, Enfield
North Coast SSA	Mark Whitney Jackie Nilon Jane Varcoe	Southern Cross PS Casino PS Kyogle PS
North West SSA	Andrew Watson Dale Scott Kate Frizell Emily Ryan	Newling PS Manilla CS Ben Venue PS Coonamble PS
Polding CSNSW	Olivia Edwards Julie-ann Thompson Meg Kelly	St John the Baptist, Freshwater Our Lady of Good Counsel, Forestville All Hallow's, Gulgong
Riverina SSA	Jackson Goman Winsome Cox Catherine Tobain Josh O'Callaghan	Parkview PS Koorinal PS Leeton PS Wagga PS
South Coast SSA	Naomi O'Neill Carl Jacobs Morgan Walsh Maddi Alderdice	Farmborough Rd PS Shell Cove PS Port Kembla PS Barrack Heights PS
Sydney East SSA	Mitch Peacock Julie Bernhardt Kurtis Smith Liane Sharpe	Kareela PS Brighton le Sands PS Oatley West PS Yowie Bay PS
Sydney North SSA	Stephanie DePalo Peta Mumford Kati Holt	Mosman PS Copacabana PS Harbord PS
Sydney South West SSA	Mandy Wells Kirsty Batros Dean Kellaway Gemma Trinder	NSW Teacher's Federation Glenfield PS Oran Park PS Revesby South PS
Sydney West SSA	Tracy Kemp Daniel Gorrie Elaine Cater Lauren Goodenough	Colyton PS Northmead PS Samuel Gilbert PS North Rocks PS
Western SSA	Amanda Thorpe Vanessa Faulkner	Warren PS Bedgerabong PS

2024 Order of events

Thursday, 11 April 2024 – morning session

Alteration at the discretion of the Championship Manager should circumstances arise. Commencing time each day will be: Warm-up 8.00am – start no later than 9.30am

Event no.	Event type	Event name	Distance
1	Heats	Girls All Age Freestyle	100m
2	Heats	Boys All Age Freestyle	100m
3	Heats	Girls 8 years Freestyle	50m
4	Heats	Boys 8 years Freestyle	50m
5	Heats	Girls 9 years Freestyle	50m
6	Heats	Boys 9 years Freestyle	50m
7	Heats	Girls 10 years Freestyle	50m
8	Heats	Boys 10 years Freestyle	50m
9	Heats	Girls 11 years Freestyle	50m
10	Heats	Boys 11 years Freestyle	50m
11	Heats	Girls 12 years Freestyle	50m
12	Heats	Boys 12 years Freestyle	50m
13	Heats	Girls 13 years Freestyle	50m
14	Heats	Boys 13 years Freestyle	50m
43	Timed Finals	Girls Senior Breaststroke Multi-class	50m
44	Timed Finals	Boys Senior Breaststroke Multi-class	50m
45	Timed Finals	Girls Junior Breaststroke Multi-class	50m
46	Timed Finals	Boys Junior Breaststroke Multi-class	50m
15	Heats	Girls Junior Breaststroke	50m
16	Heats	Boys Junior Breaststroke	50m
17	Heats	Girls 11 years Breaststroke	50m
18	Heats	Boys 11 years Breaststroke	50m
19	Heats	Girls 12/13 years Breaststroke	50m
20	Heats	Boys 12/13 years Breaststroke	50m
39	Heats	Girls Junior Relay	4 x 50m
40	Heats	Boys Junior Relay	4 x 50m
59	Timed Finals	Girls All Age Relay	5 x 50m
60	Timed Finals	Boys All Age Relay	5 x 50m

Lunch approximately 40 minutes duration

Important reminders

Spectators are reminded that the pool deck is strictly reserved for competitors and NSWPSA officials only.

Marshalling Area is under the Western Grandstand for all competitors.

All warm-ups to be conducted under the direct supervision of team management.

2024 NSWPSSA Swimming Championships

Thursday, 11 April 2024 – afternoon session

Alteration at the discretion of the Championship Manager should circumstances arise.

Commencing time each day will be: Warm-up 8.00am – start no later than 9.30am

Event no.	Event type	Event name	Distance
39	Finals	Girls Junior Relay	4 x 50m
40	Finals	Boys Junior Relay	4 x 50m
47	Timed Finals	Girls Senior Freestyle Multi-class	50m
48	Timed Finals	Boys Senior Freestyle Multi-class	50m
49	Timed Finals	Girls Junior Freestyle Multi-class	50m
50	Timed Finals	Boys Junior Freestyle Multi-class	50m
1	Finals	Girls All Age Freestyle	100m
2	Finals	Boys All Age Freestyle	100m
3	Finals	Girls 8 years Freestyle	50m
4	Finals	Boys 8 years Freestyle	50m
5	Finals	Girls 9 years Freestyle	50m
6	Finals	Boys 9 years Freestyle	50m
7	Finals	Girls 10 years Freestyle	50m
8	Finals	Boys 10 years Freestyle	50m
9	Finals	Girls 11 years Freestyle	50m
10	Finals	Boys 11 years Freestyle	50m
11	Finals	Girls 12 years Freestyle	50m
12	Finals	Boys 12 years Freestyle	50m
13	Finals	Girls 13 years Freestyle	50m
14	Finals	Boys 13 years Freestyle	50m
15	Finals	Girls Junior Breaststroke	50m
16	Finals	Boys Junior Breaststroke	50m
17	Finals	Girls 11 years Breaststroke	50m
18	Finals	Boys 11 years Breaststroke	50m
19	Finals	Girls 12/13 years Breaststroke	50m
20	Finals	Boys 12/13 years Breaststroke	50m
21	Heats	Girls Junior Individual Medley	200m
22	Heats	Boys Junior Individual Medley	200m
23	Heats	Girls Senior Individual Medley	200m
24	Heats	Boys Senior Individual Medley	200m

2024 NSWPSSA Swimming Championships

Friday, 12 April 2024 – morning session

Alteration at the discretion of the Championship Manager should circumstances arise. Commencing time each day will be: Warm-up 8.00am – start no later than 9.30am

Event no.	Event type	Event name	Distance
61	Timed Finals	Girls Open Freestyle Multi-class	100m
62	Timed Finals	Boys Open Freestyle Multi-class	100m
25	Heats	Girls Junior Backstroke	50m
26	Heats	Boys Junior Backstroke	50m
27	Heats	Girls 11 years Backstroke	50m
28	Heats	Boys 11 years Backstroke	50m
29	Heats	Girls 12/13 years Backstroke	50m
30	Heats	Boys 12/13 years Backstroke	50m
51	Timed Finals	Girls Senior Backstroke Multi-class	50m
52	Timed Finals	Boys Senior Backstroke Multi-class	50m
53	Timed Finals	Girls Junior Backstroke Multi-class	50m
54	Timed Finals	Boys Junior Backstroke Multi-class	50m
31	Heats	Girls Junior Butterfly	50m
32	Heats	Boys Junior Butterfly	50m
33	Heats	Girls 11 years Butterfly	50m
34	Heats	Boys 11 years Butterfly	50m
35	Heats	Girls 12/13 years Butterfly	50m
36	Heats	Boys 12/13 years Butterfly	50m
37	Heats	Earl McGee Small Schools Relay	4 x 50m F/s
38	Heats	Peter Dobson Small Schools Relay	4 x 50m F/s
41	Heats	Girls Senior Relay	4 x 50m
42	Heats	Boys Senior Relay	4 x 50m

Lunch approximately 40 minutes duration

SPORTING CLASSIFICATION



Did you know?
Sporting classification can provide wonderful opportunities for students with disability to participate in competitive sport. Scan the QR code to find out about eligibility and to apply.




Results & championship information can be viewed online using this QR code



NSWPSSA

2024 NSWPSSA Swimming Championships

Friday, 12 April 2024 – afternoon session

Alteration at the discretion of the Championship Manager should circumstances arise.

Event no.	Event type	Event name	Distance
37	Finals	Earl McGee Small Schools Relay	4 x 50m F/s
38	Finals	Peter Dobson Schools Relay	4 x 50m F/s
41	Finals	Girls Senior Relay	4 x 50m
42	Finals	Boys Senior Relay	4 x 50m
55	Timed Finals	Girls Senior Butterfly Multi-class	50m
56	Timed Finals	Boys Senior Butterfly Multi-class	50m
57	Timed Finals	Girls Junior Butterfly Multi-class	50m
58	Timed Finals	Boys Junior Butterfly Multi-class	50m
21	Finals	Girls Junior Individual Medley	200m
22	Finals	Boys Junior Individual Medley	200m
23	Finals	Girls Senior Individual Medley	200m
24	Finals	Boys Senior Individual Medley	200m
25	Finals	Girls Junior Backstroke	50m
26	Finals	Boys Junior Backstroke	50m
27	Finals	Girls 11 years Backstroke	50m
28	Finals	Boys 11 years Backstroke	50m
29	Finals	Girls 12/13 years Backstroke	50m
30	Finals	Boys 12/13 years Backstroke	50m
31	Finals	Girls Junior Butterfly	50m
32	Finals	Boys Junior Butterfly	50m
33	Finals	Girls 11 years Butterfly	50m
34	Finals	Boys 11 years Butterfly	50m
35	Finals	Girls 12/13 years Butterfly	50m
36	Finals	Boys 12/13 years Butterfly	50m

Presentation of "The Gregson Trophy - Outstanding Multi-class Swimmer of the Meet"

Presentation of "Ron Jordan Trophy - Outstanding Swimmer of the Meet"

Note: Alteration at the discretion of the Championship Manager should circumstances arise.

Important reminders

Spectators are reminded that the pool deck is strictly reserved for competitors and NSWPSSA officials only.

Marshalling Area is under the Western Grandstand for all competitors.

All warm ups to be conducted under the direct supervision of team management.

Pool Warm up Lanes

- Refer to the following page for warm up procedures.
- A team manager must be on deck to supervise their competitors.
- During competition only competitors and officials are to be on the pool deck.
- The Leisure Centre is out of bounds. Access to this area will require an additional admission fee.

Warm Up Procedure for Competition Pool

- Please Note:**
- All lanes in the competition pool are circle swimming only, until 45 minutes prior to the advertised start time of the first session of the day, when the pool converts to the following diagram.
 - For relay swimmers the competition pool will be available for warm up between sessions

Competition Pool - Start/Finish End

0	1	2	3	4	5	6	7	8	9
15m Dive Sprint Only	25m Dive Sprint Lane	Circle Only (keep left)	Circle Only (keep left)	Circle Only (keep left)	Circle Only (keep left)	Circle Only (keep left)	Circle Only (keep left)	25m Dive Sprint Only	15m Dive Sprint Only
15m Dive Sprint Only	25m Dive Sprint Lane	Circle Only (keep left)	Circle Only (keep left)	Circle Only (keep left)	Circle Only (keep left)	Circle Only (keep left)	Circle Only (keep left)	25m Dive Sprint Only	15m Dive Sprint Only
0	1	2	3	4	5	6	7	8	9

Note: Competition Pool

- There is **no diving at all** until 45 minutes prior to the start of the session, and then diving is only allowed in those lanes marked to do so above.
- There is to be **no diving** in Circle Swimming Lanes and Turn Practice Lanes, entry to these lanes is to be feet first, from a sitting position

UTILITY POOL

- Until the first session of the day begins, all lanes in the Utility Pool are 'Circle Swimming Only', with feet first entry from a sitting position at all times.
- Once the first session has commenced, the Utility Pool will revert to the following:
 - Lane 0 – Multi Class use only
 - Lane 1 – 25m Dive Sprint Lane Only
 - Lane 2 – onwards will be Circle Swimming (no diving)

The Utility Pool is circle swimming only.

NSWPSSA Grandstand Seating – 2024

(not to scale - at SOPAC, associations on the top line will occupy the western side.)

Grandstand seating upper level (Western side)	CIS	Sydney North	Western & Barrier	South Coast	Hunter	North West
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The diving pool lanes will be available during the championship for warm up and warm down only under the supervision of team management.

Eyeline Marshalling Area Under Grandstand – Pool Deck

Spectators are reminded that the Pool deck is reserved for officials and competitors only at all times

Diving Pool

Competition Pool

Main Entry Concourse

Strictly Competitors & NSWPSSA Officials only on Pool Deck

VIP area (Pool Deck)

Grandstand seating upper level (Eastern side)	Polding	Sydney South West	Mackillop	Sydney West	Riverina
	Sydney East		North Coast		

Please note:

1. Marshalling Area is under the Western Grandstand
2. All warm ups to be conducted under the direct supervision of team management



- QR code link to
- program
 - results
 - souvenir apparel
 - NSWPSSA website

The Ron Jordan Trophy

Most Outstanding Swimmer of the Meet

This trophy is awarded to the able-bodied competitor with the best overall performance in individual events at the Meet.

Ron Jordans' long support of swimming commenced when his daughter started swimming. Ron was President of Swimming NSW for many years and helped forge the strong partnership between school swimming, and in particular, the NSWPSSA and Swimming NSW.

Ron, with Helen Wood, would travel the state with the electronic timing equipment supporting schools, zones, and areas with the technology needs to successfully run swimming events.

Ron was involved in school swimming for more than 30 years and was the recipient of a NSW PSSA Service award. He was a great advocate for swimming in general and a true friend of NSWPSSA Swimming.

Year	Student	School
1990	Peter Fisher	Bilgola Plateau PS
1991	Peter Fisher	Bilgola Plateau PS
1992	Belinda Gladstone	Matraville Soldiers Settlement PS
1993	Natasha Bowron	Clemton Park PS
1994	Ian Thorpe	Milperra PS
1995	Adrian Khaw	Cambridge Gardens PS
1996	Adrian Khaw	Cambridge Gardens PS
1997	Patrick Ivits	St John the Baptist, Woy Woy
1998	James Turnham	St Josephs, Port Macquarie
1999	Kenrick Monk	Marayong PS
2000	Kenrick Monk	Marayong PS
2000	Elise Kennedy	Matraville Soldiers Settlement PS
2001	Scott Ridley	Avalon PS
2002	Gemma Johnson	St Joseph's, Alstonville
2003	Alex Gohari	Mt Annan Anglican College
2004	Tegan Wills	Mimosa PS
2005	Djaran Smith	St Patrick's, Macksville
2006	Te Haumi Maxwell	Nazareth, Shellharbour
2007	Alexandra Sindinovic	Pleasant Heights PS
2008	Nicole Chen	PLC, Sydney
2009	Matthew Mensforth	Jewells PS
2010	Annie Pepper	St Catherine's, Singleton
2011	Chloe Yoo	Eastwood PS
2012	Jaimey Yeats	Abbotsleigh
2013	Justin Lee	Sydney Grammar, St Ives
2014	Anna Lee	St Joseph's Enfield
2015	Lydia Murray	Holy Cross Glendale
2016	Anna Lee	St Joseph's, Enfield
2017	Karl Albertyn	The Kings School
2018	Mila Lawrence	Mona Vale PS
2019	Joseph Kim	Thornleigh West PS

Year	Student	School
2020	n/a	Championship cancelled COVID-19
2021	Heidi Shumack	PLC, Sydney
2022	Jocelyne Melbourn	Collaroy Plateau PS
2023	Carter McGee	Shore

The Helen Wood Shield

Girls all age 5 x 50m freestyle relay

Helen Wood has been a stalwart of NSW PSSA Swimming for more than 30 years. Like most officials, she became involved when her children started swimming.

For many years Helen was the Swimming NSW - Competitions Director. She is passionate about swimming and supported the introduction of technology in school swimming. She, with Ron Jordan, travelled the state taking electronic timing and her technology skills to schools, zones and areas.

Helen was instrumental in the introduction of Meet Manager across the state not only for swimming but also athletics. She continues to provide her expertise at the NSWPSA State Swimming Championships each year.

Helen has been awarded a NSW PSSA Service Award for her contribution to NSW PSSA.

Year	Students	Regional Association	Time
2023	Elizabeth Chen, Jasmine Bochenek, Chloe Zhang, Charlotte Brown	Sydney East	2:50:31

The Ross Hallaways Shield

Boys all age 5 x 50m freestyle relay

Ross Hallaways has worked tirelessly to ensure the success of all sporting programs across NSW PSSA school sport.

Ross was the NSWPSA Swimming Convener from 2000-2009. During this time, he initiated and developed the participation of students with disability, the technology of the Meet Manager, increased event opportunities for swimmers and promoted the credibility and status of the state swimming championship.

His contribution to Swimming has been immense, holding the roles of team Manager and Manager in Charge of NSWPSA Swimming teams. He was the NSW Swim Team Manager at Pacific School Games over a period of twenty years.

In recognition of his service to Swimming Ross is a recipient of a NSWPSA Service Award, a School Sport Australia Service Award and Life Membership of the NSWPSA.

Year	Students	Regional Association	Time
2023	Harrison May, Edmund Jewell, Chris Song, Lewis Jewell, Harrison Ayer	CIS	2:41.06

The Gregson Shield

The Most Outstanding Swimmer with a Disability

Allan and Margaret Gregson's involvement in school sport in a voluntary capacity for in excess thirty years. Since 1992 they attended not only the NSWPSA state championships but also many regional championships to promote opportunities for students with disabilities. Their depth of understanding and commitment to all students is inspirational and has led to greater participation and increased opportunities for students with disabilities. Both Allan and Margaret Gregson were awarded the OAM for services to sport for athletes with disabilities and are true friends of school sport.

Year	Student	School
2009	Maddison Elliott	Bishop Tyrell Anglican
2010	Chad Bright	James Erskine PS
2010	Nicole Miro	Holy Family, Menai
2010	Maddison Elliott	Bishop Tyrell Anglican
2011	Nicole Miro	Holy Family, Menai
2012	Tiffany Thomas-Kane	Ravenswood
2013	Logan Fowler	OLQP, Greystanes
2014	Sarah Negus	St Patrick's Griffith
2015	Jasmine Greenwood	Sussex Inlet PS
2016	Jasmine Greenwood	Sussex Inlet PS
2017	McKinley Arnison	Evans River K-12
2018	Stephanie Bruzzese	St Vincent's Catholic, Ashfield
2019	Stephanie Bruzzese	St Vincent's Catholic, Ashfield
2020	n/a	Championship cancelled COVID-19
2021	Gemma Sellick	Balgowlah Heights PS
2022	Gemma Sellick	Balgowlah Heights PS
2023	Mia Hogan	St Patricks, Albury

Harold Hardwick Memorial Trophy

100 Metres Boys State Primary Schools Open Championship

The Harold Hardwick Memorial Trophy was inaugurated by the Union of Old Swimmers in 1960, in memory of Harold Hampton Hardwick, foundation President and Honorary Life Member who died March 22nd, 1959. Harold Hardwick established a worldwide reputation for sportsmanship and other admirable qualities, and his death was mourned by sportspeople throughout the English speaking world. One notable achievement was in 1911 when he represented Australia at the Festival of the Empire Games in London. He won not only Swimming Championships, but also the following night won the heavyweight boxing title, the only Australian successes at these first British Empire Games.

Year	Student	School
1960	Ross Lear	Abbotsford PS
1961	* Alan Funrey (110 Yards)	West Dubbo PS
1962	* Karl Byron (110 Yards)	Panania PS
1963	* Karl Byron (110 Yards)	Panania PS
1964	John Salter	Scone PS
1965	Robert Orren	Gosford PS
1966	Graham Wendeatt	Revesby PS

Year	Student	School
1967	Robert Williams	Balgowlah Heights PS
1968	Phillip Gray	Coonamble PS
1969	Raymond Yeo	Seven Hills West PS
1970	Ronald Melkerts	West Wollongong PS
1971	Mark Kerry	Wollongong PS
1972	Phillip Hartin	Gunnedah PS
1973	Michael Hawes	Woy Woy South PS
1974	Darren Bogg	Gladesville PS
1975	Kevin McKeague	Marsden Road PS
1976	Brad Johnson	Turrumurra PS
1977	Glenn Bell	Excelsior PS
1978	Darren Lucas	Padstow Heights PS
1979	James Hanson	Cronulla PS
1980	Paul Smetanin	Waniora PS
1981	Richard McMullen	Russell Vale PS
1982	Jason Reilly	Cronulla PS
1983	Jason McCarthy	Bonnet Bay PS
1984	Simon Polinsky	Murray Farm PS
1985	David Hodder	Forbes North PS
1986	Ty Dowker	Nelson Bay PS
1987	Luke Fisher	Wyrallah Road PS
1988	Luke Fisher	Wyrallah Road PS
1989	Tanian Goode	Cronulla South PS
1990	Peter Fisher	Bilgola Plateau PS
1991	Peter Fisher	Bilgola Plateau PS
1992	Stephen Gannon	Albion Park PS
1993	Mark Johnson	Kambora PS
1994	Ian Thorpe	Milperra PS
1995	Braden MacGregor	St Jame's, Banora Point
1996	Adrian Khaw	Cambridge Gardens PS
1997	Patrick Ivits	St John the Baptist, Woy Woy
1998	James Turnham	St Joseph's, Port Macquarie
1999	Kenrick Monk	Marayong PS
2000	Kenrick Monk	Marayong PS
2001	Matthew Lance	St James, Banora Point
2002	Matthew Watson	Ben Venue PS
2003	Alex Gohari	Mt Annan Anglican
2004	Luke Herzog	St Michael's, Baulkham Hills
2005	Djaran Smith	St Patrick's, Macksville
2006	Matthew Jepson	St Aloysius Prep
2007	Ryan Seymour	Elermore Vale PS
2008	Edward Marks	Trinity Grammar
2009	Matthew Mensforth	Jewells PS
2010	Oliver Moody	St Catherine's, Singleton
2011	Jesse Goodyear	Lucas Heights CS

Year	Student	School
2012	Leon MacAlister	Knox Prep
2013	Justin Lee	Sydney Grammar, St Ives
2014	Gabriel Gorgas	Sydney Grammar, St Ives
2015	Andy Lee	Trinity Grammar Prep
2016	Daniel Seo	Dundas PS
2017	Karl Albertyn	The Kings School (CIS)
2018	Brock Hepburn	Bateau Bay PS
2018	Brock Hepburn	Bateau Bay PS
2019	Jack Ryu	St Aloysius College
2020	n/a	Championship cancelled COVID-19
2021	Finn Morton	Knox Prep
2022	Max Moore	Lindfield East PS
2023	Carter McGee	Shore

Bill Findlay Perpetual Trophy

100 Metres Girls State Primary Schools Open Championship

Bill Findlay was a former Newcastle Sports Organiser like our current Association Executive Officers. He coordinated both Primary and Secondary sport throughout the Newcastle area from 1958 to 1970. He also managed many Newcastle Swimming and Athletic teams to competitions across the state. The Bill Findlay Trophy was donated by the Newcastle Regional Sports Organiser in 1971 in memory of Bill Findlay.

Year	Student	School	Result
1971	Leanne Nielson	Dungog PS	1:07.30
1972	Vicki Freeman	Macksville PS	1:08.90
1973	Debbie Regan	St Marys PS	1:06.30
1974	Ann-Maree Southwell	Lugarno PS	1:08.00
1975	Yvette Harrison	Cessnock PS	1:06.20
1976	Sandra Jenkins	Narellan PS	1:07.40
1977	Elizabeth Grant	Pymble PS	1:06.10
1978	Robyn Winnett	Tamworth South PS	1:07.24
1979	Susan Miller	Gunnedah South PS	1:07.24
1980	Daile Peters	Ryde East PS	1:06.00
1981	Linda Jesson	Earlwood PS	1:06.05
1982	Linda Jesson	Earlwood PS	1:05.61
1983	Susan Gallie	Dee Why PS	1:06.84
1984	Kym Johnson	South Tweed Heads PS	1:05.54
1985	Suzanne Collinson	Burraneer Bay PS	1:05.93
1986	Kelly McCallum	Mount St Thomas PS	1:05.36
1987	Leigh Habler	Malabar PS	1:03.75
1988	Phillipa Reeves	Hamilton PS	1:05.00
1989	Allison Forrester	Kemps Creek PS	1:04.47
1990	Jean Davis	Blakehurst PS	1:04.65
1991	Belinda Gladstone	Matraville Soldiers Settlement PS	1:05.95
1992	Belinda Gladstone	Matraville Soldiers Settlement PS	1:06.34
1993	Natasha Bowron	Clemtown Park PS	1:05.80
1994	Kate Mulligan	Oak Flats PS	1:06.75

Year	Student	School	Result
1995	Jacqueline McKenzie	Wingham PS	1:05.70
1996	Erin Touzell	St Marys, Toukley	1:06.22
1997	Nikki Bevan	St Josephs, Merewether	1:05.67
1998	Celeste Raanoja	Burraneer Bay PS	1:05.99
1999	Melissa Mitchell	JSHAA Primary	1:04.60
2000	Elise Kennedy	Matraville Soldiers Settlement PS	1:03.72
2001	Kimberley McCulloch	Warnervale PS	1:05.70
2002	Gemma Johnson	St Joseph's, Alstonville	1:04.57
2003	Kimberley Mitchell	Ravenswood	1:05.73
2004	Tegan Wills	Mimosa PS	1:03.20
2005	Kacey Pilgrim	Emmanuel Anglican	(Rec) 1:00.19
2006	Jessica Collins	St Josephs, Merewether	1:04.19
2007	Montana Perkins	St Phillip's CC, Waratah	1:04.89
2008	Emma Morgan	Cammeray PS	1:03.30
2009	Alessandra Colombini	Kincoppal, Rose Bay	1:04.56
2010	Annie Pepper	St Catherine's, Singleton	1:03.16
2011	Chloe Yoo	Eastwood PS	1:02.34
2012	Jaimey Yeats	Abbotsleigh	1:01.85
2013	Mariah Moshovis	All Saints GS, Belmore	1:04.50
2014	Bindi Ware	Banora Point PS	1:02.83
2015	Lydia Murray	Holy Cross, Glendale	1:00.46
2016	Anna Lee	St Joseph's, Enfield	1:01.81
2017	Collette Lyons	Cathedral Bathurst	1:03.74
2018	Olivia Wunsch	Holy Spirit, North Ryde	1:03.45
2019	Elina Napernikova	Baulkham Hills North PS	1:03:13
2020	n/a	Championship cancelled COVID-19	n/a
2021	Heidi Shumark	PLC, Sydney	1:02.59
2022	Jocelyn Melbourn	Collaroy Plateau PS	1:04.43
2023	Quin Neyland	St Catherines, Singleton	1:03.21

Ian Thomas Shield

Boys Senior 200m Individual Medley

Mr Ian Thomas was the President of the New South Wales Primary Schools Sports Association from 1973 – 1980, a period which witnessed tremendous growth in the NSWPSA. Ian Thomas as an educator, principal and president dedicated his career to ensure that the students always came first. He also served as the President of the then Australian Primary Schools Sports Association (School Sport Australia). His commitment to school sport was recognised with Life Membership of both the NSWPSA and SSA. In his retirement Ian Thomas has continued to support school sport and stills attends the major events each year.

Year	Student	School	Result
1996	Adrian Khaw	Cambridge Gardens PS	2:32.61
1997	Patrick Ivits	St John the Baptist, Woy Woy	2:39.31
1998	Aidan Taylor	Terrigal PS	2:37.22
1999	Kenrick Monk	Marayong PS	2:37.61
2000	Kenrick Monk	Marayong PS	2.29.98
2001	Peter Janzen	Ermington PS	2.32.41
2002	Dane Wassell	Caringbah North PS	2.35.59
2003	Alex Gohari	Mt Annan Anglican	2:35.28

Year	Student	School	Result
2004	Brady Casey	OLSS, Terrigal	2:36.63
2005	Djaran Smith	St Patrick's, Macksville	(Rec) 2:27.55
2006	Matthew Jepson	St Aloysius Prep	2:35.26
2007	Ryan Seymour	Elermore Vale PS	2:40.88
2008	Lorne Greenlaw	Ocean Shores PS	2:34.78
2009	Matthew Mensforth	Jewells PS	2:28.99
2010	Oliver Moody	St Catherine's, Singleton	2:28.35
2011	Jesse Goodyear	Lucas Heights Community School	2:38.26
2012	Tom Lockhart	Neutral Bay PS	2:32.37
2013	Justin Lee	Sydney Grammar, St Ives	2:29.27
2014	Ethan Hansen	Knox Prep	2:34.96
2015	Tyler Krenkels	Allambie Heights PS	2:32.49
2016	Daniel Seo	Dundas PS	2:29.74
2017	Karl Albertyn	The Kings School	(Rec) 2:27.20
2018	Hayden Hoang	Trinity Grammar	2:33.86
2019	Joseph Kim	Thornleigh West PS	2:30.92
2020	n/a	Championship cancelled COVID-19	n/a
2021	Luke Lee	Blaxcell Street PS	2:30.25
2022	Andre Labara	South Wagga PS	2:29.74
2023	Carter McGee	Shore	2:34.76

Geoff Falkenmire Shield

Girls Senior 200m Individual Medley

Mr Geoff Falkenmire was the Chairperson of the New South Wales Public Schools Sports Committee. As a representative of the Department of Education and Training, Mr Falkenmire was a strong advocate of the important role played by School Sport in the development of young students and athletes. A Life Member of the New South Wales Primary Schools Sports Association has continued to support School Sport.

Year	Student	School	Result
1996	Skye Bloffwitch	Erina Heights PS	2:40.96
1997	Nikki Bevan	St Joseph's, Merewether	2:36.65
1998	Kelly Graham	Green Point Christian	2:40.21
1999	Kristie Oliver	St Martin's, Davidson	2:37.70
2000	Elise Kennedy	Matrville Soldiers Settlement PS	2:40.12
2001	Angie Bainbridge	Redhead PS	2:39.05
2002	Gabi Sainsbury	Merewether Heights PS	2:38.98
2003	Virginia Ricketts	Green Valley PS	2:38.52
2004	Jessica Legge	Elermore Vale PS	2:33.95
2005	Kacey Pilgrim	Emmanuel Anglican	(Rec) 2:32.39
2006	Jessica Collins	St Joseph's, Merewether	2:40.95
2007	Montana Perkins	St Phillip's CC, Waratah	2:36.39
2008	Alexandra Sinadinovic	Pleasant Heights PS	2:34.99
2009	Amy Light	Neutral Bay PS	2:38.20
2010	Annie Pepper	St Catherine's, Singleton	2:36.37
2011	Chloe Yoo	Eastwood PS	2:34.39
2012	Jaimey Yeats	Abbotsleigh	2:36.35
2013	Mariah Moshovis	All Saints GS, Belmore	2:36.04
2014	Pia Lenarduzzi	Avalon PS	2:36.72

Year	Student	School	Result
2015	Lydia Murray	Holy Cross, Glendale	2:32.86
2016	Anna Lee	St Joseph's, Enfield	(Rec) 2:30.34
2017	Collette Lyons	Cathedral Bathurst	2:34.37
2018	Olivia Wunsch	Holy Spirit , North Ryde	2:37.40
2019	Elina Napernikova	Baulkham Hills North PS	2:35.36
2020	n/a	Championship cancelled COVID-19	n/a
2021	Heidi Shumark	PLC, Sydney	2:30.96
2022	Avery Koh	PLC, Sydney	2:37.95
2023	Charlotte Lim	PLC, Sydney	2:34.17

Earl Magee Trophy

Small Schools 4x50m Relay (less than 25 K-6 enrolments)

Mr Earl Magee had a significant impact on the lives of thousands of students throughout NSW. Appointed as a Liaison Officer and then the first Area Sports Organiser of the Western School Sport Association in 1958 Earl Magee dedicated his life to promoting opportunities for students particularly in the rural and isolated areas of the State. Earl Magee was awarded Life Membership of the NSWPSA and his work for the rural areas of NSW has ensured that all children have the opportunity to compete at the highest level. Earl in retirement continued to be a regular visitor to State and regional events and always delighted in witnessing the achievements of all students.

Year	School	Result	Student	Student
1993	Greenethorpe PS	2:32.70		
1994	Booligal PS	2:36.83	Abby Bunyon	Simon Bunyon
			Amy Ireson	Lauren Ireson
1995	Booligal PS	2:37.09	Abby Bunyon	Simon Bunyon
			Tim Ireson	Lauren Ireson
1996	St John's - Barradine	2:37.54	Cassandra Silver	Melissa Silver
			Shae Harris	Emma Cooney
1997	St John's - Barradine	2:33.52	Ashleigh Purdy	Emma Lavis
			Mary Maclean	Cassandra Silver
1998	Lovesdale PS	2:48.38	Sam Clifton	Lisa Kuschert
			Luke Kuschert	Timothy Hicks
1999	Goolmangar PS	2:48.94	Roseanne Simpkin	Belinda McNamara
			Laura St Ruth	Dennis Sumerton
2000	Milburong PS	2:43.15	Sarah McMicking	Vanessa Gollasch
			Matthew Gollasch	Daniel King
2001	Goonengerry PS	2:40.14	Robert Cooper	Michael Crumpton
			Sam Eglington	Damien Smee
2002	Bongongo PS	2:44.06	Will Luff	James Luff
			Clayton Freebond	Ben McDonald
2003	Hernani PS	2:35.08	Richard Goddard	Emma Goddard
			Jock Perkins	Laura Singleton
2004	Grong Grong PS	2:32.62 (Rec)	Jessica Gawne	Brittany Evans
			Sean Walsh	Thomas Charles
2005	Gum Flat PS	2:39.59	Clare Angel-Auld	Bradley Noble
			Ned Skehan	Indi Angel-Auld
2006	Rookhurst PS	2:41.64	Breyana Gambrill	Madeliene Stokes
			Jack Fox	Peter Lewis
2007	Rankin Springs PS	2:40.11	Sabrina Finch	Rebecca Vearing
			Ben Vearing	Damien Walker
2008	The Lagoon PS	2:36:02	Esther Inwood	Jed Betts
			Sarah Watterson	Jessica Watterson
2009	Ellerston PS	2:36:53	Jack Foley	Harry Foley
			Danny Grant	Tim Mitchell
2010	Corinella PS	2:41.16	Sam Ridley	Georgia Fay
			Skye Mickan	Simon Tooth
2011	Mallan PS	2:48.80	Claire Crawford	Stephanie Paddon
			Evelyn Crawford	Thomas Paddon

Year	School	Result	Student	Student
2012	Eurongilly PS	2:42.72	Andreas Shepherd	Zyon Shepherd
			Angus Herbert	Lachlan Hart
2013	Nymboida PS	2:35.34	Morgen Parkin	Matthew Parkin
			Shiann Broderick	Leah Kellerman-Davies
2014	Errowanbang PS	2:35.51	Kenzie Furner	Keegan Baker
			Jayden Baker	Imogen Drinkwater
2015	Bourke Walgett Distance Education	2:39.07	Tully Ritter	Harriet Morris
			Teddy Tonkin	Campbell Morris
2016	Bourke Walgett Distance Education	2:42.95	Ted Tonkin	Emily Tonkin
			Bridget Ritter	Campbell Morris
2017	Carinda PS (NW)	2:40.99	Alicia Burke	Hamish Lane
			Jordan McLellan	Myles McLellan
2018	Bourke Walgett Distance Education	2:33.86	Denzel Browning	Alice Finlayson
			Mac Finlayson	Ava Browning
2019	Jugiong PS	2:33.64	Samuel Elphick	Sam Manwaring
			Maurie Hyles	Monty Hyles
2020	n/a		Championship cancelled COVID-19	
2021	Binya PS	2:30.47 (R)	Max Conlan	Ella Rowney
			Tom Curran	Charles Kite
2022	North Star PS	2:35.33	Annabel McMaster	Thomas Crichlow
			Indya Doolin	Sophie McMaster
2023	Boomi PS	2:33.09	Madeline Brown	Walter Brown
			Sarah Walker	Ben Tootell

Peter Dobson Trophy

Small Schools 4x50m Relay (between 25 to 54 K-6 enrolments)

Mr Peter Dobson is synonymous with the New South Wales Primary Schools Sports Association and in particular the Sport of Swimming. Throughout his career Peter Dobson championed the significant role that school sport plays in a child's education. Peter was the New South Wales Primary Schools Sports Association Swimming Convener for a remarkable 27 Years. Peter also was the Regional Sports Organiser for the South Coast and in 1988 was appointed as the Swimming Coordinator of the 1988 Pacific School Games. He was awarded Life Membership of the NSWPSA in recognition of his work for the students of NSW. Since his retirement Peter is still involved in swimming as a teacher with the School Swimming Scheme. The Peter Dobson Trophy recognises his outstanding work in the Sport of Swimming.

Year	School	Result	Student	Student
1994	St Josephs - Warialda	2:31.37	Rena Coleman	Victoria Plain
			Amy Willis	Aimee Dean
1995	Croppa Creek PS	2:28.18	Jenny de Luca	Elizabeth Bartell
			Edwina Lord	Bradley de Luca
1996	Croppa Creek PS	2:28.49	Jenny de Luca	Elizabeth Bartell
			Katherine Hanson	Bradley de Luca
1997	Spring Ridge PS	2:27.85	Thomas Hubbard	Matthew Eather
			Andrew Wilmott	Ben Roland
1998	Spring Ridge PS	2:24.34	Thomas Hubbard	Sarah Hubbard
			Ben Ronald	Andrew Wilmott
1999	St Josephs - Warialda	2:20.85	Sam Egan	Christopher Kirkland
			Matthew Plain	Kate Smith
2000	Boomi PS	2:22.66	Tegan Lawrence	Emily Lawrence
2001	North Star PS	2:29.35	Cooper Carrigan	Andrew Carlisle
			Georgia Pearlman	James Pearlman
2002	St John's - Barradine	2:25.91	Kate Munsie	Jaimee Nixon
			Chloe Worrell	Kieren Hewson
2003	Mt St John's - Dorrigo	2:27.46	Simone Munns	Samantha Munns
			Sarah Marsden	David Grunsell
2004	Spring Ridge PS	2:32.89	Ella Shirley	Casey Fahey
			Jock Brownhill	Will Ranken
2005	Nundle PS	2:28.37	Hannah Murray	Tom Simson
			Taylor Shaw	Kayla Ryan
2006	Willowtree	2:25.5	Maddie Andrews	John Porch
			Zara Badgery	Logan Harris

Year	School	Result	Student	Student
			Caitlin Harris	Charles Scott
2007	Corinella PS	2:23.28	Sofie French	Liam Fay
			Sam Johnson	Will Ridley
2008	St Joseph's - Eugowra	2:24:13	David Delange	Bryce Park
			Larissa Pearsall	Jordan Squire
2009	Sacred Heart - Boggabri	2:20:70	Liam Donaldson	Pippy Donaldson
			Sam Donaldson	Brianna Nelson
2010	Sacred Heart - Boggabri	2:30.56	Hannah Breneger	Pippy Donaldson
			Sidney Doughty	Damien Maunder
2011	Sacred Heart - Boggabri	2:23.48	Hannah Breneger	Pippy Donaldson
			Liam Woods	Damien Maunder
2012	St Brendan's - Ganmain		Cameron Linsell	Blake Ryan
			Riley Corbett	Georgia Quinn
2013	Mt St John's - Dorrigo	2:26.99	Fox Darley-Brown	Hudson Hyatt
			Jordyn Guest	Libby Waugh
2014	North Star PS	2:31.84	Will Donaldson	Cleo Hardcastle
			Henry Hardcastle	Sophie Coleman
2015	St Johns, Trangie	2:28.03	Samuel Dugan	Archie Kater
			Maia Wake	Riley Wake
2016	St Johns, Trangie	2:23.26	Sam Dugan	Jessica Dodd-Simmons
			Maia Wake	Maia Wake
2017	Spring Hill PS	2:19.00	Finley Gutherson	Jordan Cox
			Liam McDonald	Joseph Stewart
2018	St Johns, Trangie	2:15.41 (Rec)	Coby Delboux	Phoebe Ferrari
			Angus Dugan	Maia Wake
2019	St Josephs, Mungindi	2:23.35	Elliott Sykes	Lachlan Goodman
			Annie Scriven	Tommy Tootell
2020	n/a		Championship cancelled COVID-19	
2021	Cumnock PS	2:19.28	Abby Armstrong	Charlie Duffy
			Angus O'Brien	Macey Armstrong
2022	Cumnock PS	2:24.13	Abby Armstrong	Dylan Whiting
			Angus O'Brien	Ryan Whiting
2023	Cumnock PS	2:29.17	Maddison Whiting	Oliver Flick
			Dylan Whiting	Abby Armstrong

Small Schools Relay Records (as of April 2023)

Event	Record	School	Year
Earl Magee Relay	2:30.47	Binya PS	2021
Peter Dobson Relay	2:15.41	St Johns, Trangie	2018

Girls Records (as of April 2023)

Event	Record	Student	School	Year
All Age 100m Freestyle	1:00.19	Kacey Pilgrim	Emmanuel Anglican	2005
8 Years 50m Freestyle	33.46	Emerson Hoo	Botany PS	2022
9 Years 50m Freestyle	31.46	Emerson Hoo	Botany PS	2023
10 Years 50m Freestyle	30.12	Georgina Miller	Collaroy Plateau PS	2006
11 Years 50m Freestyle	28.98	Milla Lawrence	Mona Vale PS	2019
12 Years 50m Freestyle	27.85	Lydia Murray	Holy Cross, Glendale	2015
13 Years 50m Freestyle	30.06	Chloe Gaudry	Balgowlah PS	2022
Junior 50m Breaststroke	39.28	Keatyn Simpson	Lennox Head PS	2002
11 Years 50m Breaststroke	36.70	Mariah Moshovis	All Saints GS Belmore	2012
12/13 Years 50m Breaststroke	35.55	Keatyn Simpson	Lennox Head PS	2004
Junior 50m Backstroke	35.02	Milla Lawrence	Mona Vale PS	2018
11 Years 50m Backstroke	32.92	Milla Lawrence	Mona Vale PS	2019

Event	Record	Student	School	Year
12/13 Years 50m Backstroke	32.30	Jenna Coghill	Pymble Ladies College	2017
Junior 50m Butterfly	33.28	Alexandra Sinadinovic	Pleasant Heights PS	2006
11 Years 50m Butterfly	31.28	Milla Lawrence	Mona Vale PS	2019
12/13 Years 50m Butterfly	29.47	Lydia Murray	Holy Cross, Glendale	2015
Senior 200m Individual Medley	2:30.34	Anna Lee	St Joseph's, Enfield	2016
Junior 200m Individual Medley	2:46.27	Alexandra Sinadinovic	Pleasant Heights PS	2006
Junior 4 x 50m Relay	2:18.24	(8/9/10 Years)	Ascham School	2015
Senior 4 x 50m Relay	2:01.31	(11/12/13 Years)	PLC	2022
Juvenile 4 x 50m Relay	2:34.40	(8/9 Years)	GyMEA North PS	1975
Junior 4 x 50m Relay	2:20.60	(10/11 Years)	Ringrose PS	1975
All Age Medley Relay	2:27.40	-	North Sydney	1978
All Age 5 x 50m Relay	2:43.02	-	CIS	2003

Boys Records (as of April 2023)

Event	Record	Student	School	Year
All Age 100m Freestyle	1:00.34	Justin Lee	Sydney Grammar, St Ives	2013
8 Years 50m Freestyle	33.93	Kenrick Monk	Marayong PS	1996
9 Years 50m Freestyle	31.63	Kenrick Monk	Marayong PS	1997
10 Years 50m Freestyle	29.81	Carter McGee	Shore	2021
11 Years 50m Freestyle	28.22	Tane Bidois	Glenorie PS	2016
12 Years 50m Freestyle	27.61	Oliver Moody	St Catherine's, Singleton	2010
13 Years 50m Freestyle	27.72	Djaran Smith	St Patrick's, Macksville	2005
Junior 50m Breaststroke	39.72	Sunny Kito	Forestville PS	2022
11 Years 50m Breaststroke	36.57	Joseph Kim	Thornleigh West PS	2019
12/13 Years 50m Breaststroke	35.07	Djaran Smith	St Patrick's, Macksville	2005
Junior 50m Backstroke	34.65	Tane Bidois	Glenorie PS	2015
11 Years 50m Backstroke	31.70	Tane Bidois	Glenorie PS	2016
12/13 Years 50m Backstroke	31.56	Hayden Hoang	Trinity PS	2018
Junior 50m Butterfly	32.14	Lewis Jewell	The Scots College	2022
11 Years 50m Butterfly	30.89	Lewis Jewell	The Scots College	2023
12/13 Years 50m Butterfly	29.92	Jaxson Smith	St Peters	2019
Senior 200m Individual Medley	2:27.20	Karl Albertyn	The Kings Prep	2017
Junior 200m Individual Medley	2:41.90	Bo Chung	Haberfield PS	2018
Junior 4 x 50m Relay	2:13.63	(8/9/10 Years)	Knox Grammar Prep	2019
Senior 4 x 50m Relay	1:57.50	(11/12/13 Years)	Knox Grammar Prep	2021
Juvenile 4 x 50m Relay	2:34.20	(8/9 Years)	Connells Point PS	1976
Junior 4 x 50m Relay	2:18.50	(10/11 Years)	Gunnedah PS	1975
All Age Medley Relay	2:27.40	-	Met West	1977
All Age 5 x 50m Relay	2:39.43	-	CIS	2021

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NSWPSSA Service Award Recipients

Year	Recipient	Region / Association
	Peter Dobson	
	Peter Cox	
	Ron Jordan	
	Jean Cox	
	Helen Wood	
	Roz Abbey	Sydney North
	Glad Pye	
	Ina Melkert-Smith	
	Jim Pye	
	Margaret Kniha	
	John McIntosh	South Coast
2001	Marie Kelly	Sydney East
	Geoff Hook	
2001	Vicki Kingsnorth	Sydney North
	Leonie Dyson	
2001	Gary Balzola	Sydney North
2001	Cheryl Forbes	South Coast
2001	Rick Parsons	Sydney North
2005	Sharyn Wood	Sydney East
2005	Gay Stone	Western

Year	Recipient	Region / Association
2005	Andrew Wassell	Sydney East
2005	Kathy Molloy	Sydney North
2006	Peter Christie	South Coast
2011	Ross Hallaways	Sydney North
2011	Jennifer Warren	North Coast
2011	Anthony Sedgman	Hunter
2012	Mandy Wells	Sydney South West
2012	Michael Southwell	South Coast
2014	Margaret Gregson	Volunteer Multi Class
2014	Allan Gregson	Volunteer Multi Class
2014	Frank Urbancic	Sydney South West
2017	Vanessa Roach	Sydney North
2017	Patricia (Trish) Fox	Sydney North
2019	Neil Rogers	Sydney South West
2019	Mark Holden	Sydney East
2019	Tony Kokegai	Polding
2019	Robert Pugh	Sydney West
2019	Peta Haynes	MacKillop
2021	Winsome Cox	Riverina
2023	Andrew Watson	North West

NSWPSSA Swimming Honour Roll

The following sportspeople have represented the New South Wales Primary Schools Sports Association at a School Sport Australia event(s) and have progressed to the highest level in their chosen sport.

Adam Pine

Andrew Pasterfield

Angela Kennedy

Brooke Hanson

Chris Fydlar

Christina Thorpe

Craig Morgan

Craig Stevens

Elka Graham

Ellie Overton

Graham Windeatt

Ian Thorpe

Ilsa Konrads

Janelle Elford

Jasmine Greenwood

Jessica Abbott

Jessica Smith

Jim Piper

Johanna Griggs

John Konrads

Justin Norris

Kara Leo

Karen Moras

Kelly Tucker

Kenrick Monk

Kirsten Thompson

Ky Hurst

Leigh Habler

Michelle Ford

Natasha Bowron

Nicole Davey

Peter Leek

Petria Thomas

Philip Bryant

Scott Miller

Shane Gould

Simon Cowley

Simon Polinsky

Teigan Van Roosmalen

Teneale Houghton

Tiffany Thomas-Kane

Zane King



Livestreaming and results

Visit the NSWPSSA website for livestreaming links and results for this event.

<https://app.education.nsw.gov.au/sport/>

Click on the calendar and scroll down to the NSWPSSA Primary Swimming Championship event.

NSW Primary Schools Sports Association - Handbook

Section 5.14 – Swimming and Diving State Championship Rules: boys and girls

Amended 2022

5.14.1 Refer to General State Championship Rules.

5.14.2 Entries

(a) Each Association may nominate three (3) competitors per event. The maximum number of entries per Association team for the Multi Class events at the NSWPSSA Swimming Championships be three (3) per event. These entries must be submitted with the able bodied entries.

(b) Should there be a desire for additional entries, the special circumstances are to be stated when lodging entries.

(c) Substitutes may be allowed by the Championship Director at the recommendation of the relevant Sport Coordination Officer or Team Manager prior to the commencement of the championship.

(d) Entries are to be forwarded to the Swimming Convener or their delegate by the closing date.

(e) Swimmers in Multi-class events

Each swimmer in Multi-class events must have current classification documentation (national, provisional or review status) for their disability category.

The verification of classifications will be done against the Swimming Australia National Classification Masterlist and in conjunction with Paralympics Australia, Sports Inclusion Australia, Transplant Australia and Deaf Sports Australia.

Swimmers who do not have a classification prior to competition and fail to meet this requirement will be ineligible to compete at the NSWPSSA Swimming Championships.

All Intellectual and Hearing classifications should be completed prior to the state championships. Physical Impairment classifications requiring review will be conducted at the state championships (if classifiers available). Should a swimmer's classification be deemed ineligible at this time, he/she can still participate, but receives no percentages, and will not be eligible for placings, medals, records or team selection.

If a swimmer's classification changes during the championship, as a result of a classification review, the new classification will be used from that point in time for all future events being contested. If an event has already been completed, the former classification will be used to determine its results, placings and team selection.

Classification for Swimmers in Multi-class events is done by specific governing bodies. The classification categories and governing bodies are as follows:

Classification for Swimmers in Multi-class events

Classification category

Governing body

Intellectual

Sport Inclusion Australia

Physical

Swimming Australia

Vision

Paralympics Australia

Transplant

Transplant Australia

Hearing

Deaf Sports Australia

5.14.3 Program of events

The following individual events will be conducted:

All age 100 metre freestyle, 50 metre freestyle, breaststroke, backstroke and butterfly, 200 metre individual medley

In the 100 metre freestyle and 50 metre events, heats will be conducted in the morning session and finals in the afternoon session. Heats of the individual medley will be conducted on Day 1 and Finals on Day 2.

The following events will be held for multi-class competitors:

50 metre freestyle, breaststroke, backstroke and butterfly.

These events will be conducted in junior (8-10 years) and senior (11-13 years) divisions for boys and girls. These events will be multi-class timed finals with one event conducted in each session of the program.

Open MC 100 metre Freestyle.

This event will be conducted as an Open division for boys and an Open division for girls.

5.14.4 Qualifying times

Shall be issued by the convener each year.

5.14.5 Sections

The meet shall be conducted in sections for boys and sections for girls. The exception is the small schools relay, which is open to any pupil in that school.

5.14.6 Age groups

(a) Individual 50 metres freestyle events

8 years, 9 years, 10 years, 11 years, 12 years, 13 years.

(b) Form stroke 50 metre events

Junior: (8 years, 9 years, 10 years); 11 years; 12/13 years

(c) All age events

100 metres freestyle. (8 years to 13 years.

(d) Medley events

Junior 200 metres individual medley 8 -10 years. Boys and girls

Senior 200 metres individual medley 11- 13 years. Boys and girls

A competitor whose significant birthday occurs during the current year is eligible for that age event only. No competitor shall compete in more than one division except for all age events.

5.14.7 Relays

(a) The following 4 x 50 metre Freestyle relay events shall be held:

Junior boys, Junior girls, Senior boys, Senior girls

The Earl McGee Small Schools Relay

The Peter Dobson Schools Relay (association teams only)

Boys all age 5 x 50 m freestyle relay (association teams only)

Girls all age 5 x 50 m freestyle relay (association teams only)

(b) In each school based relay event a school may enter one team.

(c) Age groups for relays shall be:

(i) Senior – 11 years, 12 years, 13 years.

(ii) Junior – 8 years, 9 years, 10 years.



(iii) An Association may nominate a composite team in the boys and/or girls relays. A composite team may be entered from a Zone providing the total enrolment of the schools involved does not exceed two hundred and fifty (250) (K-6) pupils.

(iv) The Earl McGee Trophy

The Earl McGee Small Schools Relay is for teams of students from schools with a total school enrolment not exceeding twenty five (25). The combination of boys and girls in each team is to be decided by the individual school but all students must be enrolled in the same school.

The classification of the enrolment will be determined by the February Staff Return.

(v) The Peter Dobson Trophy

The Peter Dobson Relay is for teams of students from schools with a total school enrolment of more than twenty five (25) pupils but not exceeding fifty four (54) pupils. The combination of boys and girls in each team is to be decided by the individual school but all students must be enrolled in the same school.

The classification of the enrolment will be determined by the February Staff return.

(d) Rules for all age 5 x 50m Freestyle Relays:

(i) Team to comprise one (1) swimmer from each of the following age groups 8, 9, 10, 11 and 12/13 years age group.

(ii) The events be run as timed finals.

5.14.8 Method of starting

Competitors shall be placed in their lanes and one half pace behind the starting position by the Check Starter.

The procedure will then be:

a). The start in Freestyle, Breaststroke, Butterfly and Individual Medley races shall be with a dive from the diving platform or the wall or a competitor may start in the water. On the long whistle from the Referee the swimmers shall move to their starting position and remain there. On the starters command they shall immediately take up a starting position with at least one foot at the front of the starting platform or the wall. The position of the hands is not relevant. Students starting in the water must have 2 feet on the wall and 1 hand on the backstroke bar.

When all swimmers are stationary, the Starter shall give the starting signal. (SW4.1).

b). The start in Backstroke races shall be from the water. At the Referee's first long whistle the swimmers shall immediately enter the water. At the Referee's second long whistle the swimmers shall return without undue delay to the starting position. When all swimmers have assumed their starting positions, the Starter shall give the command "Take your marks". When all swimmers are stationary, the Starter shall give the starting signal. (SW4.2)

c). The start in relay races shall be with a dive from the diving platform or the wall or a competitor may start in the water. For a swimmer starting in the water, the swimmers feet must be on the wall when the incoming swimmers hand touches the wall. The swimmer starting in the water must start on the left of the lane. If swimmer 2 starts in the water, swimmer 1 will not be able to gain an official time.

d). The starting signal shall be with a hooter or gun blast.

e). A one (1) start rule, in all events shall be used for these Championships.

(f) Any swimmer starting before the starting signal has been given, shall be disqualified and be withdrawn from the event (this is at the discretion of the referee). If the starting signal sounds before the disqualification is declared, the race shall continue and the swimmer or swimmers shall be disqualified upon completion of the race. If the disqualification is declared before the starting signal, the signal shall not be given, but the remaining swimmers shall be called back and start again. The Referee repeats the starting procedure beginning with the long whistle (the second one for backstroke) (SW4.3).

5.14.9 Finish

Competitors must remain in their lanes at the finish of each event until instructed to leave the water by the referee.

5.14.10 Finalists

Progress from Heats to Finals.

For Finals all available lanes shall be utilised.

Ten (10) lane pool – ten (10) fastest times through to finals

Nine (9) lane pool – nine (9) fastest times through to finals

Eight (8) lane pool – eight (8) fastest finals through to finals.

'A maximum of three (3) competitors per Association will be eligible to qualify for finals'.

5.14.11 Placegetters

(a) Placegetters in events will be awarded medallions at the conclusion of each event.

(b) The Harold Hardwick Memorial Trophy will be awarded to the Boys 100 metres Freestyle Champion.

(c) The Bill Finlay Memorial Trophy will be awarded to the Girls 100 metres Freestyle Champion.

(d) Ian Thomas Shield will be awarded to the Senior Boys 200m Individual Medley Champion.

(e) Geoff Falkenmire Shield will be awarded to the Senior Girls 200m Individual Medley Champion

(f) The Earl McGee Trophy will be awarded to the winner of the Earl McGee Small Schools Relay.

(g) The Peter Dobson Trophy will be awarded to the winner of the Peter Dobson Schools Relay.

(h) The Ron Jordan Trophy will be awarded to the competitor with the best overall performances in individual events. Swimmers are awarded points from 20 for first place on a sliding scale down to 1 point for tenth place (20, 15, 12, 10, 8, 6, 4, 3, 2, 1) for each final of an individual event they compete in. An additional 10 points will be awarded for setting a new record, or an additional 5 points for equalling a record, in an event. The establishing of a new record or equalling of a record may occur in a heat or final of an event, however the points will only be awarded once for each swimmer per event. (In the event of a tied point score, consideration will be given to the respective competitors' number of first placings and records broken).

(i) Placings for swimmers in Multi-class events will be determined using the Multi-Class Point Score system. All results in each Multi-class event will be converted to a score and the largest score wins, second largest second etc.

(j) The Gregson Trophy

At all NSWPSA Swimming Championships a trophy will be presented to the Outstanding Multi Class Swimmer of the Meet. The determination of the recipient of this trophy will be the same as for the Ron Jordan Trophy. i.e., Swimmers are awarded points from 20 for first place on a sliding scale down to 1 point for tenth place (20, 15, 12, 10, 8, 6, 4, 3, 2, 1) for their overall final placing in each Multi Class event (Open 100m freestyle, Junior/Senior 50m Freestyle, Backstroke, Breaststroke, Butterfly). An additional 10 points will be awarded for setting a new record, or an additional 5 points for equalling a record, in an event. The establishing of a new record or equalling of a record may occur in a heat or final of an event, however the points will only be awarded once for each swimmer per event. In the event of a tied score, consideration will be given to the respective competitor's number of first placings and records broken.

5.14.12 Withdrawals

All withdrawals from finals must be notified in writing to the Championship Director within thirty (30) minutes of the posting of the results for that event. Withdrawals after this time, or failure of a swimmer to report for a final, without documented medical evidence, will result in the withdrawal of the competitor from their next event (ie a heat or a final). The decision is left to the discretion of the Championship Director.

5.14.13

(i) Coaching

Once competitors are in the hands of the officials controlling the event they are not to receive any coaching or advice.

Penalty: Disqualification.

(ii) Pool deck policy

The NSWPSA undertakes, and will enforce a clear pool deck policy during the NSWPSA Swimming Championships. This applies to all spectators, coaches and competitors not actively engaged in the Championships and relates to the Competition, Marshalling and Warm up areas

5.14.14 Protests

All protests shall be in writing and lodged by a Team Manager (who must be a teacher) and given to the Championship Director within 30 minutes of the conclusion of the respective event. The protest shall initially be considered by the referee. If they reject the protest, they must state the reason for their decision in writing and give the decision to the Championship Director. The referee must also convey their decision to the protesting Team Manager.

The protesting Team Manager may appeal against the rejection to the Disputes Committee whose decision will be final. Their decision shall be in writing and given to the Championship Director who shall convey the decision to the protesting Team Manager.

If the protest is upheld then the result shall be amended to reflect the decision. Any prizes shall be awarded in accordance with the revised placings.

The Disputes Committee shall comprise the Championship Director, a member of the Executive of the NSWPSA and an assistant referee.

5.14.15 Touching the wall

In all events turn must be made from the wall and it is not permitted to take a stride or step from the bottom of the pool.

(a) Breaststroke

At the turn and at the finish of the race, the touch shall be made with both hands separated and simultaneously at, above, or below the water level. At the last stroke and at the finish an arm stroke not followed by a leg kick is permitted. The head may be submerged after the last arm pull prior to the touch, provided it breaks the surface of the water at some point during the last complete or incomplete cycle preceding the touch.

(b) Backstroke

Some part of the swimmer must break the surface of the water throughout the race. It is permissible for the swimmer to be completely submerged during the turn and for a distance of not more than 15 metres after the start and each turn. By that point the head must have broken the surface.

A swimmer shall swim upon his/her back throughout the race. The normal position on the back can include a roll movement of the body up to, but not including 90 degrees from horizontal. The position of the head is not relevant.

Upon the finish of the race and at the touch at the finish of the backstroke section in the Individual Medley, the swimmer must touch the wall on the back in his/her respective lane.

(c) Butterfly

At the turn and at the finish of the race, the touch shall be made with both hands separated and simultaneously at, above, or below the water level.

(d) Freestyle

When turning or finishing a race the swimmer is required to touch the wall of the pool or course with any part of the body, not necessarily the hand. However, at the finish of the race it is necessary for contact to be made with the wall of the pool. A hand touch is not obligatory.

5.14.16 Selection of state teams

With the exception of the years when the Pacific Schools Games are to be contested, where specific selection criteria apply, the following selection procedures for School Sports Australia Championships shall apply.

(a) All swimmers selected to represent the NSWPSA at School Sports Australia Championships must be turning ten (10), eleven (11), or twelve (12) in the year of competition.

(b) The first four placegetters in Age 50 metre freestyle and first three placegetters in all other events will be automatic selections in the NSWPSA Team. In the case of dead heats for the third place or fourth place (50 m Freestyle), a swim-off shall be conducted.

(c) All additional swim places (i.e. 100 metres Backstroke, Butterfly, Breaststroke, 200 metres Freestyle and 11 years 200 metre Individual Medley and 11 years 100m Freestyle) will be determined by team management. To compete in these events swimmers must be selected in the NSW Team from the NSWPSA Championships. Swimmers who are selected in the NSW Team will be invited to swim in these additional events based on times recorded on the Swimming Australia data base of times from 1st October of the previous year to the last day of the NSWPSA Swimming Championships of that year.

The first three (3) placegetters only in the Open 200m Individual Medley final and the Open 100m freestyle at the NSW PSSA Championships will be considered for selection in the NSW Team. Any 11yr old swimmer who swims or is a reserve for the Open 200m Individual Medley final or the Open 100m Freestyle at the NSW PSSA Championships may be selected in the NSW Team to compete in the 11 yrs 200m IM or the 11yrs 100m Freestyle at the SSA Championships. Any 12yr old swimmer who places 4th – 10th, as an 11yr old has finished 1st, 2nd, 3rd, in the Open 200m Individual Medley final or the Open 100m Freestyle at the NSW PSSA Championships may be selected to compete in the 12yrs 200m IM or the 12yrs Open 100 metres Freestyle at the SSA Championships provided they have already been selected in the team.

(d) 'A' Division relay teams, at SSA Championships, will be the four fastest available NSW swimmers in each age group and formstroke (Backstroke, Breaststroke, Butterfly and Freestyle) for the Medley Relay and the four placegetters in the Freestyle at the NSW PSSA Championships for the Freestyle Relay.

(e) Any competitor withdrawing from a Final at the NSW PSSA Championships for a reason other than documented medical reasons shall be precluded from selection in that relevant age event at the School Sport Australia exchange that year.

5.14.16 Selection of State Teams for Multi Class events

(f) A team of Multi Class swimmers, will be selected to represent NSW PSSA in the 10-12years division at the School Sport Australia Championships. The Multi Class swimmers will be selected on their overall performances at the NSW PSSA Championships. The first four (4) swimmers ranked by highest point score in the 50m Freestyle and three (3) swimmers ranked by highest point score in each other event will be selected to represent NSW PSSA at the SSA Meet. The swimmers are ranked on the points in each event in which they swim to determine the placings. The Multi Class swimmers will be allocated by the NSW team management to compete in any other selected events not contested at the NSW PSSA Championships. To compete in these events swimmers must be selected in the NSW Team from the NSW PSSA Championships. Swimmers who are selected in the NSW Team will be invited to swim in these additional events based on long course times recorded on the Swimming Australia data base of times from 1st October of the previous year to the last day of the NSW PSSA Swimming Championships of that year. Only the events for which times have been submitted will be taken into consideration.

Team management will allocate swimmers to compete in relay event.

5.14.17 Records

A swimming competitor equalling or bettering an existing record in a heat/final will be awarded a Record Certificate.

5.14.18 Event indicator

The event number and heat will be displayed for each event.

This is displayed on the main event board. Swimmers and team managers need to watch the main event board during the Championships to ensure swimmers are in the marshalling area on time. Swimmers shall be in the marshalling area at the beginning of the event 2 events prior to their event. (eg If a swimmer is in event 5, the swimmer needs to be in the marshalling area at the start of heat 1 of event 3).

5.14.19 Association seating

All competitors and spectators must sit in the allocated place. Each association sign will be attached to the rail on the grandstand. Offenders in out of bounds areas may be removed from the venue.

5.14.20 Order of events

The Championship Director reserves the right to alter the program should it be considered necessary.

5.14.21 Diving

(a) Springboard

Springboard Diving shall be conducted in the following categories

- 8 Years Boys and Girls
- 9 Years Boys and Girls
- 10 Years Boys and Girls
- 11 Years Boys and Girls
- 12/13 Years Boys and Girls

Dives may be performed from either the 1m and/or the 3m springboard.

8/9 Years Boys and Girls – 3 dives

1 dive @ 1.5 degree of difficulty or less
2 dives with no limit on degree of difficulty

10/11 Years Boys and Girls – 4 dives

2 dives @ 3.6 degree of difficulty or less
2 dives from 2 groups with no limit on degree of difficulty

12/13 Years Boys and Girls – 5 dives

3 dives from 3 groups @ 5.4 degree of difficulty or less
2 dives from 2 groups with no limit on degree of difficulty

(b) Platform

Platform Diving shall be conducted in the following categories

Open Boys
Open Girls

Dive Requirements for platform

4 dives

2 dives @ 3.6 degree of difficulty limit and
2 dives from 2 groups with no limit on degree of difficulty

Note: Divers must be aged 10, 11 or 12 in the year of competition to be eligible for School Sport Australia Championships

Dives may be performed from 5m platform only.

5.14.22 Swimsuits

- (i) Swimsuits worn by competitors shall be non-transparent and conform with the following design:
- (ii) Men's swimsuits are limited to one(1) suit that covers as most the body surface from hips to knee. Swimsuits may not extend above the waist or below the knee.
- (iii) Women's swimsuits are limited to one(1) suit that is of 'open back' and 'open shoulder' designs that may extend down to the knee. Swimsuits may not extend below the knee.
- (iv) No zippers or fastening devices are allowed except for a waist tie.
- (v) Swimsuits must be of textile material and must not contain any non-textile material such as polyurethane or neoprene.
- (vi) Any swimmer can request to wear modified or alternate swimwear, as long as this is presented to the Competition Manager or Meet Referee prior to the swimmer's first session of competition.
- (vii) All swimmers are eligible for a Record if they wear approved modified or alternative swimwear.
- (viii) Swimmers may choose a swimwear style that covers additional body surface including the legs, arms and/or head.
- (ix) If approved within the rule, there is no limit to the number of pieces the swimwear may be made from and swimmers may wear additional layers over a traditional swimsuit.
- (x) Swimwear which the Competition Manager or Meet Referee believes would be capable of unfairly enhancing a swimmer's performance will not be permitted.

Swimwear which the Competition Manager or Meet Referee believes would cause a safety risk will not be permitted.

Swimming caps

Individual events/relay events

If swimming caps are to be used, Association swimming caps ONLY may be worn.

Penalty – disqualification.

Multi-Class Events

Important information

Multi-Class swimmers can compete at Zone, Association and State Swimming Championships with a provisional classification. If selected in the NSWPSA Swimming Team to compete at the School Sport Australia Championships they must by the time of that event have a full and certified classification.

Multi-Class (MC) events see swimmers with a range of disabilities, competing in the same race. In order to compete in MC competition swimmers must have an eligible classification. The classification is required prior to the NSWPSA Swimming Championships. Athletes who fail to meet this requirement will be ineligible to compete at the NSWPSA Swimming Championships.

Event results are determined using the Multi-Class Point Score (MCPS) system. **The winner of the race is not always the swimmer who touches the wall first but the competitor who posts the highest point score.** Swimmers may be granted certain exceptions to the normal swimming rules in order to compete fairly. This allows for meaningful and fair competition for all swimmers.

The Multi-Class Point Score System provides a simplified way for swimmers and coaches to measure and compare performances for swimmers with an eligible classification. The MCPS uses a base time in each class for each contestable event and uses a calculation to determine a matrix of times which correlates to a point score. The MCPS is used across all aspects of Multi-Class swimming events to determine the Multi-Class event result.

The DoE School Sport Unit believe that by introducing a multi-class format to competitions, whereby emphasising the enjoyment and personal improvement factors in sport rather than winning, will assist to increase the standard of performance that is required to win an event, thus increasing the prestige and value of the performance and title that is won.

Multi-Class events are offered for Senior (11, 12, 13) and Junior (8, 9, 10) divisions and all events are judged as timed finals. Multi-Class competitors must meet the following criteria:

Types of Disability and Classifications

Functional Disability

There are 10 classes S1 - S10 with S1 being the most profound. Competitors must have a physical loss of more than 10%. Competitors must hold a current National Review (NR) Classification from Swimming Australia in order to be eligible to compete and eligible for selection.

Visually Impaired

There are 3 classes S11, S12, S13. Classification should be made through a Medical Practitioner or the Vision Australia. Visual acuity of 6/60 or less and a visual field of less than 20.

Hearing Impaired

There is one classification S15 (AU2). Competitors must have a current audiogram signifying a loss of more than 55 decibels in the better ear

Intellectual Disability

There is one classification, S14. Competitors must be receiving some form of special education support and have an IQ less than 75 as measured by a WISC III, WPPSI - R or Stanford Binet; 4th Edition.

Transplant

There is one classification S16

Swim Meet Mobile



Get the results for this event in real-time!
The results for this NSW PSSA Swimming Championship will also be available from your smartphone or tablet.

As soon as results are completed in our event's Meet Manager program they will appear in your App.

This APP is available to download for free although you will need to purchase a monthly or yearly subscription through the Apple App Store (for iPhone/iPad) or the Google Play Store (for Android devices) in order to view the results. Search 'Swim Meet Mobile'.

A promotional graphic for NSW PSSA merchandise. It features a collection of items including a blue and white striped flag, a blue long-sleeved shirt, a black and blue wetsuit, blue shorts, blue socks, a blue water bottle, and a blue baseball cap. The NSW PSSA logo is visible on several items. To the right is the NSW P.S.S.A. crest. A large QR code is positioned on the right side, with the text 'NSWPSSA' below it. The background is light blue with the text 'NOW AVAILABLE ONLINE' and the URL 'https://app.education.nsw.gov.au/sport/NSWPSSA'.



Livestreaming and results

Visit the NSW PSSA website for livestreaming links and results for this event.

<https://app.education.nsw.gov.au/sport/>

Click on the calendar and scroll down to the NSW PSSA Primary Swimming Championship event.

NSW Public Schools Sporting Legends - Swimming

NSW schools have produced some of the world's greatest ever swimmers.

In this year's PSSA and CHS State Swimming Championships Programs we are highlighting three of the best ever, true legends of Australian Sport. Like you, they participated in local school sporting events, progressing to State Championships and then, from these humble beginnings, went on to become household names.

DAWN FRASER. AC, MBE.
(Birchgrove Public and Leichhardt High Schools)

Dawn was born in 1937 and attended Birchgrove Public and Leichhardt High School. Harry Gallagher invited Dawn to join the "Golden Dolphins" who trained at the Elkington Park Pool (now called the Dawn Fraser Baths) when she was 14 years old.

Dawn Fraser won eight Olympic medals (4 Gold) and six Commonwealth Gold medals. She held the World 100m Freestyle record for 15 years....an amazing statistic.



Dawn was the first of only three swimmers in Olympic history to have won Gold medals for the same event in three successive Olympics (1956, 1960, 1964). In 1962 she did what had previously been considered impossible...becoming the first woman to swim 100m in less than 60 seconds (58.9 seconds). Dawn was named 'Australian of the Year' in 1964. In 1999, she was named The World's Greatest Living Female Water Sports Champion. Dawn Fraser is one of our greatest ever Australians.

SHANE GOULD. AM. MBE. (Miranda Public, Epping North Public and Turrumurra High Schools)



At 15 years of age, at the 1972 Munich Olympics while still attending Turrumurra High School, Shane won three Gold medals, setting a world record in each race. She also won a Silver and Bronze medal. Gail Neall also from Turrumurra High won a Gold medal at these Olympics in the 200m Butterfly. A remarkable achievement for Turrumurra High.

Shane Gould is the first person, male or female to hold every freestyle world record from 100m to 1500m, as well as the 200m Individual Medley at the same time - an extraordinary achievement. Shane retired from competitive swimming at a young age, and in 2018, at 62 years of age became the oldest person ever to win the television show *SURVIVOR*. Shane still competes successfully in Masters swimming events and is regarded worldwide as one of Australia's finest ever swimmers.

IAN THORPE. AM. (Milperra Public and East Hills Boys High Schools).

At the age of 14, Ian Thorpe became the youngest male ever to represent Australia. His victory in the 400m freestyle in the 1998 World Championships made him the youngest ever individual male World Champion.

After smashing the 400m World Record in 1999 along with a number of other outstanding performances over the next three years, Thorpe was named 'World Swimmer of the Year' on three separate occasions. In quick succession Thorpe broke the 200m and 400m Freestyle records time after time, as well as being part of world record breaking relay teams.

In the 2000 Sydney Olympics, Ian won Gold in the 400m Freestyle, 4 x 100m freestyle, 4 x 200m freestyle, as well as Silver in the 200m freestyle and 4 x 100 medley. Ian has won a total of 37 Gold medals across Olympic Games, Commonwealth Games, World Championships and Pan Pacs.

A former 'Young Australian of the Year', Ian supports a range of charities and is acknowledged as one of the greatest male swimmers of all time.



History of school sport

Prior to the establishment of the competitive school sport program in 1889, (which was prior to the commencement of the modern Olympic Games in 1896), most schools conducted games, dancing, gymnastics and rhythmic movement programs for students.

Schools also implemented both internal sporting programs and arranged competitive matches against other local schools. Many country schools travelled long distances to ensure young people experienced the challenges, benefits and enjoyment provided by competitive sporting opportunities.

In 1889, the NSW Public Schools Amateur Athletic Association was formed by a group of dedicated teachers to co-ordinate school sport in NSW. For the first 25 years the one single event that took pride of place on the calendar was the Annual Sports Carnival which took place at the Sydney Cricket Ground and the Sydney Showground (formerly Agricultural Grounds and now Fox Studios) at Moore Park.

Crowds of 40,000 – 50,000 spectators would gather to watch 12,000 students participating in events that included sprinting, walking, sack races and throwing a cricket ball, along with military type drill competitions. From these humble beginnings school sport has evolved into the current program that is organised by the NSW Primary Schools Sports Association and the NSW Combined s Sports Association. These organisations now offer over 60 state championships and 80 knockout competitions; involving over 300,000 students annually.

The timeline below reflects the place of school sport in the history of NSW and Australia and how public school sport graduates have progressed to represent their state and country in some of the major sporting events held globally over the past 130 years.

1889 Formation of the school sport program as we know it today	
Victor Trumper Cricket Crown Street Public School	Selected in the 1889 Australian team that toured England. Considered one of the most naturally talented cricketers to have played the game. At the 1895 NSWPSAAA Annual Sports Carnival, Trumper won the fielding / throwing of a cricket ball competition.
Herbert (Dally) Messenger Rugby Union/ Rugby League) Double Bay Public School	Considered one of the greatest ever players in either Rugby Union or Rugby League. Messenger played 2 Rugby Union tests and 7 Rugby League tests. Transferred from Rugby Union to Rugby League to become a professional player.
Harold Hardwick Swimming Fort St Model School	All Schools Swimming Championships Gold Medallist 1905. Stockholm Olympic Games (1912) - Gold medallist 4 x 200m freestyle relay. Department of Education- Director of Physical Education (ret 1953).
Fanny Durack Swimming Crown Street Public School	From 1910 – 1918, Fanny was considered the world’s greatest female swimmer over all distances. Won a Gold Medal at the Stockholm Olympic Games for the 100m freestyle
1914 – 1918 The First World War	
Andrew ‘Boy’ Charlton Swimming Manly Village Public School	Attended three Olympic Games – 1924, 1928 and 1932, winning a total of five medals including one Gold.
1929 – 1939 Great Depression	
Sir Donald Bradman Cricket Bowral Public School	Acknowledged as the greatest cricketer of all time. His extraordinary achievements lifted the nation during the Great Depression. After World War II, at 37 years of age Bradman returned to Test Match cricket in the 1945-46 series against England and again for the 1947-48 Invincibles Tour of England. Bradman’s presence in these matches again raised the spirits of Australia.
1939 – 1945 The Second World War	
Ken Rosewall (MBE) (AM) Tennis Rockdale Public School	Won his first Australian Open Tennis Championship in 1953, repeating this effort in 1955, 1971 and 1972. He also won the French Open in 1953 and 1968, US Open winner 1956 and 1970. In all he won 23 Tennis majors including 8 grand slam singles.
Arthur Buchan Rugby Sydney Technical HS	Selected for the 1946 Wallabies. Played 10 Rugby tests for Australia. Also became Deputy Director General, NSW Department of Education.
Marjorie Jackson-Nelson (AC)(CVO)(MBE) Athletics (Track) Coffs Harbour and Coerwull Public Schools, Lithgow High	1952 Helsinki Olympic Games, won 2 sprinting Gold Medals. Became Governor of South Australia.

1956 Melbourne Olympic Games		
Betty Cuthbert (MBE) (AM) Athletics (Track) Ermington Public School / Parramatta Domestic Home Science School	Triple Athletics Gold medallist in Melbourne (100m, 200m, and 4 x 100m relay) Gold medal in Tokyo (1964) in the 400m.	
Dawn Fraser Swimming Birchgrove Public School /Leichhardt High	Won her first 100m Gold Medal at the Melbourne Olympics. Subsequently won Gold Medals in Rome 1960 and Tokyo 1964. (one of only three swimmers to win the same event at three Olympic Games)	
Lew Hoad Tennis Glebe Public School	Won the Australian Open Tennis Championship in 1956. Won 4 major Tennis titles and was a part of 3 Davis Cup victories.	
Arthur Summons Rugby Union/ Rugby League Homebush Boys HS	Norm Provan Rugby League Willoughby PS Crows Nest PS Technical College	Arthur Summons along with Norm Provan immortalised on the trophy presented to the winners of the NRL Grand Final. The trophy was modelled off the photo taken by John O'Grady after 1963 Grand Final.
Sir Jack Brabham Motor Racing Hurstville Boys HS	In 1959 won his first of 3 Formula 1 World Motor Racing Championships. The first Australian ever to win the world title.	
Bernard (Midget) Farrelly Surfing Manly Village Public School	Won the 1964 inaugural World Surfing Championships. Considered a pioneer of surfing in Australia.	
Heather McKay Squash Queanbeyan West Public School Queanbeyan HS	In 1962 won her first British Open (at that time considered the World Championship) and then held this title for 15 consecutive years.	
1969 Neil Armstrong becomes the first man to walk on the moon		
Evonne Goolagong (MBE) (AO) Tennis Barellan CS Willoughby Girls HS	Won her first Wimbledon title in 1971. In total Evonne won 7 grand singles titles.	
1972 Munich Olympic Games		
Graham Windeatt Swimming East Hills Boys HS	At the 1971 NSWCHSSA Swimming Championships Graham broke the World 800m freestyle record. He went onto represent Australia at the 1972 Munich Olympic Games where he won a silver medal in the 1500m.	
Shane Gould Swimming Miranda Public School, Epping North Public School Turrumurra HS	Shane competed at the Munich Olympic Games while a student at Turrumurra HS winning 3 Gold medals, 1 silver and 1 bronze. Gail Neall also from Turrumurra High also won a gold medal in the 200m Butterfly. What an extraordinary double.	
David Woods Water Polo Birchgrove Public School Drummoyne Boys HS	David represented at the 1972 Munich Olympic Games and the 1976 Montreal Olympic Games. He also represented at 2 World Championships and coached the Australian Women's team which included his daughter Taryn, whilst son Gavin has represented Australia in Water Polo at 4 Olympic Games. David was President of the NSWCHSSA from 1984 until 1991.	
1980 Moscow Olympics		
Michelle Ford Swimming St George Girls HS	At the 1980 Moscow Olympics Michelle won the Gold medal in the 800m freestyle and a Bronze medal in the 200m Butterfly	
Inaugural Rugby League Immortals announced in 1991	Rugby League immortals include Bob Fulton (Unanderra Public School and Dapto HS) Reg Gasnier (Sydney Technical HS)	
1983 Australia II wins the Americas Cup		
Kevin Nichols Cycling Grafton/South Grafton HS	Captain of the 1984 cycling team that competed at the Los Angeles Olympic Games. Was a member of the Gold Medal winning Pursuit team.	
Mark, Gary, Glen and Marcia Ella Rugby and Netball La Perouse Public School Matraville HS	The Ella family came to prominence when Mark, Gary and Glen Ella represented Australia in Rugby Union and were part of the 1984 Grand Slam winning team. In 1986 Marcia Ella represented Australia in Netball against New Zealand.	

Craig Johnston Football Booragul HS	Scored a goal for Liverpool in their 3-1 victory over Everton in the 1986 FA Cup Final. A pioneer for Australian players securing contracts to play Football overseas.
Anne Sargeant Netball Forestville PS / Killarney Hts HS	Australian Netball player. Represented from 1978 until 1988, captaining the team for 6 years.
Steve and Mark Waugh Cricket Panania Public School East Hills Boys HS	Steve and Mark were both awarded CHS cricket Blues in 1984. In 1983 Steve won a CHS Soccer Blue and the President's Award. The twins represented the Australian Cricket team with distinction with Steven captaining the team in 57 test matches and 106 One Day Internationals.
Kerry Saxby AM Athletics Ballina HS	Elite race walker whose career spanned 1980 and 1990's. Kerry won 2 Commonwealth Games Gold Medals and set 32 world records during her career.
Layne Beachley AO Surfing Balgowlah Heights Public School Mackellar Girls HS	In 1990 Layne won the first of her 7 World Surfing titles. Layne inducted into the Australian Sports Hall of Fame in 2011.
1991 World Wide Web goes public	
Alyson Annan Hockey Macquarie Fields PS & HS	In 1996, Alyson won her first of two Olympic Gold medals in Atlanta. She also won two World Cup Golds and four Champions Trophy Golds. Alyson represented Australia in 228 international matches.
2000 Sydney Olympic Games	
Ian Thorpe Swimming Milperra Public School East Hills Boys HS	At the 2000 Sydney Olympics Ian won Gold Medals and set 2 World Records in swimming. In total won 5 Gold Medals and 11 World Championships.
Lauren Jackson Basketball Thurgoona Public School Murray HS	The Sydney 2000 Olympic Games were her first Olympic Games. Lauren has subsequently has played in 3 more Olympics; 2004, 2008 and 2012
Debbie Watson Water Polo Mackellar Girls HS	Captained gold medal winning Australian Women's Water Polo team (other team members were Taryn Woods (Fort Street), Bronwyn Mayer (Hunters Hill), Yvette Higgins (Riverside Girls) and Simone Hankin (Picnic Point)
Kurt Fearnley Paralympic Athlete Blayney Public School Blayney HS	At the Sydney 2000 Olympic Games he won 2 silver medals). In total Kurt competed at 5 Olympic games winning 3 Olympic Gold medals.
Tim Cahill Football Bexley Nth / Annandale Nth PS Tempe and Kingsgrove HS	Tim has represented Australia on 104 occasions, scoring 50 goals. He has had a stellar career playing for various overseas and Australian teams.
Torah Bright Snowsports Cooma North Public School	Torah won an Olympic Gold medal in the Half Pipe at the 2010 Vancouver Winter Olympic Games.
John Longmire Australian Rules Corowa PS / Corowa HS	After a successful playing career, John coached the Sydney Swans to the AFL Premiership flag in 2012 Grand Final.
James Spithill Sailing Pittwater HS	Youngest ever skipper to win the America Cup in 2010. He defended this title in 2013. Was the helmsman of Comanche which won the Sydney to Hobart in 2017.
Steven Smith Cricket Alfords Point Public School Menai HS	Steven Smith is considered one of the most outstanding cricketers of any era. He was appointed as Australian Cricket Captain in 2015. Steven joins a number of Australian Cricket Captains to graduate from NSW Public Schools. Others include Bill Brown (Petersham PS), Sir Donald Bradman (Bowral PS), Arthur Morris (Canterbury Boys HS), Ian Craig (North Sydney Boys HS), Richie Benaud (Jugiong PS and Parramatta HS), Bob Simpson (Earlwood PS and Tempe HS), Allan Border (North Sydney BHS), Mark Taylor (Chatswood HS), Steven Waugh (Panania South PS and East Hills Boys HS), Adam Gilchrist (Deniliquin PS and Kadina HS), Michael Clarke (Marsden Rd PS and Westfields Sports) and Brad Haddin (Karabar HS)

School sport - for parents

Welcome and thank you for attending these championships and supporting your child. Parents, caregivers, coaches, teachers and volunteers play a significant role in the motivation and development of young people.

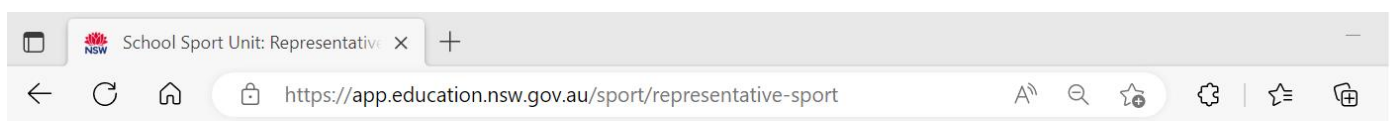
Due to the regularity of contact and the influence parents and caregivers have as role models for young people, they particularly have an opportunity to shape the behaviours, enthusiasm and respect young people demonstrate in their sporting endeavours.

Please find below some suggestions that might enhance the enjoyment of all those involved in the school sporting pathway.

- 1. Enjoy the journey.**
 - Sport is a journey that provides physical, social and emotional benefits for children. Enjoyment and having fun with friends is their greatest reward. You also share in this enjoyment.
- 2. It's better if the first question you ask your child is "did you enjoy it?" rather than "did you win?"**
 - Not every child is going to become a champion but every child has the opportunity to continue enjoying sport through coaching, managing or supporting.
- 3. Model good behaviours and never accept poor sportsmanship from your child or their coach.**
 - Children learn more by seeing than hearing, particularly from people they care about. No matter what the circumstances, be someone they can admire and respect.
 - Parents aren't judged on their child's accomplishments, however parents are often held responsible for their child's behaviour.
- 4. Your child's results should not affect your mood.**
 - Never get upset after an event where results don't go the way of your child.
- 5. Give your child space to grow and mature.**
 - All children are different. Accept your child for who they are. Fault finding makes the child question their self-worth. Letting a child know how much you care about them makes them proud and builds resilience.
- 6. Focus on the processes rather than the outcomes.**
 - Parents should understand that the best athletes focus on the process, because the result is often out of their control.
- 7. Avoid going over the top about your child's talent.**
 - Every sport has talented athletes, but for various reasons they do not always reach the pinnacle.
- 8. Encourage good attitudes.**
 - Good attitudes carry over into all aspects of life.
- 9. Support the coach, especially in public and in front of your child.**
 - If there is a disagreement, settle it privately.
 - Negatively discussing other parents or coaches in front of your child can be detrimental
 - No matter how private conversations are, they can become public very easily.
- 10. Build good relationships with other parents.**
 - Parents of your children's friends will often become your friends.
- 11. You should not compare your child's journey to another child's journey.**
 - Children mature at different rates. All children are different. Try to understand your child's views of the world around them.
- 12. If your child makes mistakes, let them experience the consequences of their actions.**
 - This is how they learn and grow and become independent, resourceful and confident.
 - Set-backs and failures are opportunities for improvement. Explain to your child that continued effort, practice and learning are the keys to success.
- 13. Recognise your child's results don't define you.**
 - Your child's success or disappointment does not change other parents' views of you.
- 14. Develop your child's strengths.**
 - Help your child to identify their strengths and develop them. These children experience success, become inspired, confident and resilient.

Visit the School Sport Unit website

For information about your association, the NSW school sport calendar and results of championships across the state, visit the School Sport Unit website.



A NSW Government website - Education

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School Sport Unit

About us

Representative sport

Swimming and water safety

Premier's Sporting Challenge

Disability and inclusion

Policy and guidelines

Teacher resource hub

[Home](#) > [Representative sport](#)

Representative school sport

Parents, teachers, and students can browse Schools Sports Associations to find representative sport events and results for students aged 8 to 19 years old.



Sport associations

Association level

- > [Hunter](#)
- > [North Coast](#)
- > [North West](#)
- > [Riverina](#)
- > [South Coast](#)
- > [Sydney East](#)
- > [Sydney North](#)
- > [Sydney South West](#)
- > [Sydney West](#)
- > [Western](#)
- > [Barrier](#)
- > [West Darling](#)

State and National level

- > [NSW Primary Schools Sports Association](#)
- > [NSW Combined High Schools Sports Association](#)
- > [School Sport Australia](#)

School Sport history

- > [School Sport history](#)
- > [Australian Representatives](#)

Event information

- > [View calendar](#)
- > [Find events](#)
- > [Find results](#)
- > [Find names in results](#)
- > [Find my school's sporting associations](#)

Upcoming events

NOTES

PLAYERS, TEACHERS, COACHES AND SPECTATORS

CODE

YOUNG PEOPLE INVOLVED IN SPORT
HAVE A RIGHT TO PARTICIPATE IN A
SAFE AND SUPPORTIVE ENVIRONMENT



- The goals of the game are to have fun and improve skills.
- Be modest in success and generous in defeat.
- Play for the fun of it.
- Play by the rules and always respect the decisions of officials.
- Make no criticism either by word or gesture.
- Deliberately distracting or provoking an opponent or player is not acceptable or permitted in any sport.
- Be a good sport. Applaud good performance and efforts from all individuals and teams. Congratulate all participants on their performance regardless of the game's outcome.
- Condemn unsporting behaviour and promote respect for opponents.
- Condemn the use of violence in any form.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
- Ensure any use of social media about or around this event/team/management is responsible and appropriate.
- Place the safety and welfare of the participants above all else.
- All school sports events are alcohol and smoke free zones.

For more information and results of all events, please see
<https://app.education.nsw.gov.au/sport>



Respect · Resilience · Relationships

AUSTRALIAN FOOTBALL · CRICKET · BASKETBALL · NETBALL · BOWLS
ROWING · SAILING · TOUCH · FOOTBALL · SWIMMING · DIVING · WATER POLO
HOCKEY · TENNIS · BASEBALL · SOFTBALL · VOLLEYBALL · ATHLETICS
TRIATHLON · GYMNASISTICS · GOLF · FOOTBALL · RUGBY LEAGUE
RUGBY · AUSTRALIAN FOOTBALL · CRICKET · BASKETBALL · NETBALL
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DIVING · WATER POLO · HOCKEY · TOUCH · FOOTBALL · BASKETBALL
VOLLEYBALL · ATHLETICS · TRIATHLON · AUSTRALIAN FOOTBALL · SWIMMING
NETBALL · RUGBY · GOLF · BASEBALL · SOFTBALL
RUGBY LEAGUE · TENNIS · GYMNASISTICS · GOLF
BASKETBALL · NETBALL · AUSTRALIAN FOOTBALL · RUGBY
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ATHLETICS · SOFTBALL · HOCKEY