

INSPIRE

Building Faith.
Strengthening Community.



What's Inside?

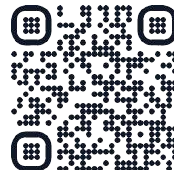
- Pastor's Desk
- Mission Reports
- Ministry Highlights
- Devotional
- Recipes
- Puzzles

BI-ANNUAL MAGAZINE

JULY - DECEMBER 2025

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Editor's word

Happy New Year Everyone and welcome to this edition of *Inspire*, a little bundle of *Joy, Faith, and Community* wrapped in paper and pixels. Every page in this magazine was created with one hope in mind: to spark something inside you. Maybe it's encouragement, perhaps curiosity, maybe a smile you didn't expect, or maybe a gentle reminder that God is closer than your next breath.

Church life is full of moments, some big and loud, others quiet and tucked away. *Inspire* exists to celebrate all of them. It's a place where testimonies come alive, ministries share their heartbeat, and stories of God's goodness ripple through our church family. It's also a space where we challenge one another to grow, to serve, and to remain rooted in Jesus as we journey together.

As you read, I pray you find something that speaks directly to you, like a whisper from the Holy Spirit saying, "This one is for you." Whether it's an article that lifts your spirit, a prayer that stirs your heart, or a story that reminds you of God's faithfulness, may this magazine be a breath of fresh inspiration.

We're a community filled with laughter, lessons, imperfections, victories, and grace, lots of grace. And through it all, Christ is weaving us together, shaping us into a family that shines His love in Moncton and beyond.

So take a moment, settle in, and enjoy what we've prepared just for you. May you be inspired to pray deeper, serve joyfully, love boldly, and walk confidently with Jesus this season.

With Joy,

Monique Wallace

Happy New Year Moncton Church Family and friends. As we embark this new year, it is my desire that you and I both will do so with a renewed sense of the nearness of our Lord's return and a rekindled ownership of the mission which God has given to His church. If you haven't read part 1 of this article as published in the July 2025 Edition of Inspire you will want to request a virtual copy of it so that the rest of this reading will be understood in context.

With the content of the gospel being the work of God in reconciling humanity to himself, allow me to



reflect on the compatibilities between the gospel and values, not necessarily a postmodern concept, inherent within postmodernity. When I think about reconciliation, the act of reuniting two estranged parties, two postmodern ideologies come to mind namely community and experience. In this subsection, I will reflect on the compatibility of both these concepts with the content of the gospel message.

I agree with Lesslie Newbigin that Western culture has proven to be perhaps the most resistant to the gospel.

¹However, I would add that postmodernists are less tolerant of religion than the message of the gospel. Community is a valued dimension of postmodern culture. Community is facilitated though social media, social networking, social justice advocacy, the arts, and various cultural and subcultural groups. Even in my own ministry context I have noticed how the young adults of our church often reach out to new young adults who attend our church, connect with them on social media and introduce them to youth study groups and small group ministries. According to Wahba, "communal life, cell groups etc. are at the center of church's life vs. membership." ²For them what matters is not whether someone is on the church books, but that all feel welcomed and part of the community of believers.

Community is central to who God is. Students of the Word will agree that God has always lived in community, Father, Son, Holy Spirit, and that having being made in his image we

ought to reflect him by living as a community of faith. Ronald Sider suggests that "Zacchaeus symbolizes Jesus' new community of forgiven sinners" and that we have been made "for community." ³From this perspective I suggest that the message of the gospel is comparable with the postmodern view on community. Communities are sustained because of a shared experience.

Public and private enterprise often measure the experience of clientele through customer service surveys or feedback forums. Experience is just as important in the secular world as it is in the religious world. According to Wahba, postmodernism places "great emphasis on experiencing fellowship with God and with one another." ⁴The Psalmist declared "Taste and see that the Lord is good; blessed is the one who

PASTOR'S DESK

Pastor David James

The Role of the Church: A Reflection on the Gospel, Church, and Postmodernism Part 2



takes refuge in him" (Psalm 34:8). God made humanity to dwell in community and to experience him through community. In the words of Craig Van Gelder, "We encounter the living God in the midst of our humanity. We encounter the Spirit of God dwelling in the midst of a people who are created and formed into a unique community."⁵ Community and positive experience within community are necessary fruits of reconciliation and must be emphasized with the gospel proclamation to Western culture. The Greek, *ekklesia* is a compound word derived from *ek* and *kaleo* meaning called out. It's no wonder 1 Peter 2:9 identifies God's people as "called out of darkness" and into fellowship with God in order to declare his praises. Indeed the church has been called out of the kingdom of this world and into the Kingdom of grace and commissioned with the privilege of partnership with God in reconciling the world to himself. Jesus often drew a crowd because of his ability feed the hungry with meager resources, heal the sick, raise the dead, and teach seasoned fisher men how to fish during the day. He was able to scratch where it itches through his practical discourses on the Kingdom and the principles that govern the lives of its citizens. Jesus knew his mission and set forth to accomplish it in the power of the Holy Spirit. What if the church could put aside its polarities toward a civic, activist, sanctuary, or evangelistic orientation? ⁶What if the church experienced a paradigm shift from passivism and consumerism toward incarnational Christianity? A faith that moves from the realm of private life and into the public

What if the church fully surrendered to the baptism of the Holy Spirit and became converted so that postmodernism could see our lifestyle and fellowship as complementing and not contrasting the message of the gospel? Imagine a church bursting at the seams because the community fills its buildings every day of the week for small group ministries based on specific needs or sphere for all to see and experience. interests in the community. Or where mentorship programs that aid the efforts of government and law enforcement in community development and curbing recidivism were facilitated. Imagine a church that listened to the community for once as a means of demonstrating presence, concern, and fellowship with the community. Imagine a church that boldly and unequivocally proclaimed and exemplified the gospel in a way that spoke to the felt needs of the surrounding community while maintaining the integrity of the gospel message, reconciliation between humanity and God and reconciliation of humans to each other. If with God all things are possible, then we can believe that with God dreams become realities. I wonder, could this dream become a reality for the Moncton Seventh- day Adventist Church?

1 Lesslie Newbigin, *Foolishness to the Greeks: The Gospel and Western Culture*, (Grand Rapids, Michigan: William B. Eerdmans Publishing Company, 1986), 3.

2 Wahba, "Lecture 6," 2.

3 Ronald J. Sider, *Good News and Good Works: A Theology for the Whole Gospel*, (Grand Rapids, Michigan: Baker Books, 1993), 57 - 58.

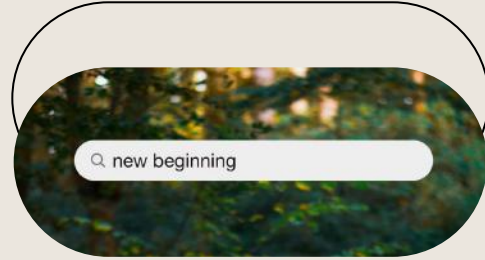
4 Wahba, *Postmodernity* 2, 2.

5 Craig Van Gelder, *The Essence of the Church: A Community Created by the Spirit*, (Grand Rapids, Michigan: Baker Books, 2000), 14, 15.

6 Wafik Wahba, "The Missional Church" (Lecture handout, *Gospel, Church, and Culture: Missional Leadership in the Postmodern World*, Tyndale Seminary, November 16, 2020), 1.



A FRESH START WITH GOD



January has a unique way of inviting us to pause. It feels like standing at the doorway of a brand-new chapter, holding a clean page with room for hope, courage, and renewal. But more than resolutions, more than goals, the new year is an opportunity to realign our hearts with God's purpose for our lives.

We don't step into a new year alone, we step in with Jesus. The One who knows our fears, our dreams, our weaknesses, and our potential walks ahead of us, preparing the path. He invites us to begin the year not just with ambition, but with surrender. Not just with plans, but with prayer.

A fresh start doesn't mean perfection.

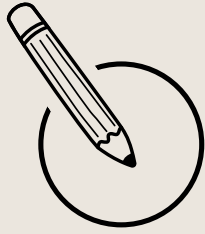
It simply means choosing daily to let Christ shape our thoughts, guide our decisions, and strengthen our character. It means allowing God to peel away old habits that no longer serve us, and nurture new ones that draw us closer to Him. Every sunrise is a reminder that His mercy is new, and so is our opportunity to grow.

*In the quiet moments of reflection, we're reminded that God often does
His greatest work in the small, unnoticed spaces of our lives.*

The conversations we choose to soften, the acts of kindness we offer without recognition, the moments we decide to trust instead of fear, these are the seeds that shape our year. When we allow God into these ordinary moments, they become extraordinary opportunities for transformation.

As you enter this new year, consider what God might be calling you to embrace. Maybe it's rest. Maybe courage. Maybe deeper prayer. Maybe reconciliation. Whatever it is, know that He is faithful to complete the work He begins in you.

Let this year be one of intentional living. One where you notice God's hand in small moments, value relationships more deeply, and live out your faith with boldness and joy. And may this new beginning be not just a calendar change, but a spiritual awakening.



THERE IS NO DREAM TOO BIG

or desire too small that He won't provide.

Keep on asking, and you will receive what you ask for. Keep on seeking, and you will find. Keep on knocking, and the door will be opened to you (see Matthew 7:7).

Instructions: Use the space below to write down all the areas where you need heaven's resources but have not been bold enough to ask.

DATE

GOD'S PROVISION

DATE	GOD'S PROVISION



12K TO LIGHT THE WAY
 IMPROVING OUR MEDIA MINISTRY
 Because someone, somewhere, needs to hear the message of hope.



SCAN ME TO DONATE
 SELECT 12K TO LIGHT THE WAY

2026 checklist

As we enter this new year with renewed faith,
it's a perfect moment to ask:

What simple choices can draw
me closer to Jesus in 2025?

Not pressure, filled resolutions, but daily practices
that invite peace, joy, and spiritual growth.

To begin the year with purpose, we've created a simple
New Year Checklist to guide your heart, your home, and your walk with God.

SPIRITUAL RENEWAL

- Start a daily prayer or devotional rhythm
- Choose a Bible verse to claim for the year
- Join or start a prayer group
- Commit to at least one service or ministry activity
- Practice weekly Sabbath rest with intention

PERSONAL GROWTH

- Read at least one book that inspires your spiritual or emotional health
- Learn something new (skill, hobby, class)
- Practice gratitude journaling
- Create healthier routines for sleep, exercise, or nutrition

COMMUNITY & CHURCH

- Invite someone to church or Sabbath School
- Volunteer in a ministry that matches your gifts
- Support a community initiative
- Be intentional about encouraging others in faith

RELATIONSHIPS

- Reconnect with someone you've lost touch with
- Forgive someone (or seek forgiveness where needed)
- Strengthen family worship or prayer time
- Do one random act of kindness every month

HOME & LIFE ORGANIZATION

- Declutter one area each month
- Create a monthly budget
- Organize your digital life (photos, files, passwords)
- Set realistic goals instead of overwhelming resolutions

Seek Ye First

Matthew 6:33

But seek first his kingdom and his righteousness, and all these things will be given to you as well.

What are the things we strive to attain in life? Most often, we passionately seek relationships, with a partner, a friend, or a family member. We aspire to secure the best jobs to lead a prosperous life, pursuing the finest in every aspect to ensure ongoing comfort.

However, did you know that there are times when it's more beneficial to remain still rather than to relentlessly pursue? Psalm 23:6 assures us, "Surely goodness and mercy shall follow you," emphasizing that they are not to be pursued by us. Similarly, Matthew 6:33 emphasizes that all things shall be added unto you, not chased by you. The only prerequisite is to seek first the kingdom of God. When we immerse ourselves in His word daily, lift our prayers to His name, and offer worship through beautiful songs, He reveals His faithfulness to those who love and follow Him. It becomes quite exhausting when we attempt to navigate everything on our own or insist on doing things our way. Save time, effort, and energy by putting your trust in the One who promises a better tomorrow in His name.

Do not wear yourself out today trying to accomplish what God Himself can do for you. "Look to the LORD and his strength; seek his face always" 1 Chronicles 16:11. Allow your light to shine through you today and witness the blessings that unfold in your path.

Prayer

Lord, it has been hard to let go of the control I have over my life. I have always thought and felt that I needed to do things on my own, so now I ask that you will help me to give it all over to you. Help me to seek your kingdom first and to wait patiently for you to work in my life. I know it will be hard but help me to stay focused on you in Jesus name amen.

Activity

1. What are the top priorities or goals you are currently striving to achieve in your life?
2. How does the Bible, specifically Psalm 23:6 and Matthew 6:33, influence your perspective on pursuing goals and relationships?
3. How can you incorporate daily practices like reading the Bible, praying, and worship to seek first the kingdom of God, as suggested in the devotional?
4. Reflect on a situation where you were trying to achieve something on your own. How might trusting God's timing and seeking His guidance have changed the outcome?
5. How can you encourage others to seek God's strength and trust in His plan, especially in challenging situations?

Magnify

A Day of Music, Worship, and Fellowship

By: Christopher Brivett

On October 4, 2025, after weeks of careful planning and organization, the Moncton SDA Music Department hosted a wonderful day of musical celebration under the theme “Magnify.”



Hosts: Sis. Novelette (left) & Sis. Deby (right)

As the day continued, we were delighted to welcome our sister churches from Charlottetown SDA in PEI and the group Elevated Praise from Nova Scotia, both of whom graced the program with their inspiring songs of worship. The morning service concluded with a spirit-filled sermon from Pastor David James, powerfully tying the day’s theme together. To close the service, the Moncton SDA Choir lifted our hearts with the anthem “Magnify.”

The morning service, hosted by Sisters Deby and Novlette, was filled with heartfelt praise and adoration to our Lord. We were blessed by musical offerings from our very own members, including the Children’s Choir, who beautifully sang “We Bow Down,” and Brother Luis Pineda, who rendered a touching flute piece titled “Because He Lives.”



Charlottetown SDA Church



Elevated Praise



Hosts: Bro. Gregory

Following the service, we enjoyed a wonderful potluck meal and had the opportunity to fellowship with our brothers and sisters in Christ. The evening program began with praise and worship, leading into a vibrant and uplifting Singspiration hosted by our very own Brother Gregory.



Moncton SDA Church Children's Choir



Sis. Leamie

In conclusion, Music Day was truly filled with spirit-led worship, inspiring music, and meaningful fellowship. As the Music Department, we remain committed to using our ministry to reach others, uplift hearts, and lead souls to Christ.



Moncton SDA Church Praise Team

A Fond Farewell and a Grateful Heart



By: Sue Delhunty

Gisèle and Pierre have been instrumental members of the Moncton Seventh-day Adventist Church for many years, blessing countless lives through their kindness, love, and unwavering support.

Through her work with apartment building complexes in Moncton, Gisèle was always helping people find housing and acquire furnishings that had been left behind. With a generous heart, she would often bring these items to church and share them with those in need. Pierre, alongside her, began the furniture ministry, faithfully helping newcomers



settle into their homes by ensuring they had what they needed. Together, they warmly welcomed many individuals, invited many into fellowship, and through their ministry, many came to know and love the Lord.

Their faith was not only lived out in service but also within their home. Gisèle and Pierre raised their children in the Christian faith, trusting God even during times of financial difficulty.



Through prayer and steadfast faith, God provided, allowing all three of their children to receive a Christian education. Today, two of their children serve as Adventist teachers, a true testament to God's faithfulness and their parents' devotion. Gisèle also served faithfully for many years as part of the head deaconess team, often stepping in as an assistant or leader. She carried out her responsibilities with dedication, organization, and a deep love for God's people. Her willingness to serve and support others left a lasting impact on all who worked alongside her.

As they now begin a new chapter as seniors, enjoying precious time with their grandchildren, we celebrate the legacy they leave behind. They are deeply missed, yet we are grateful for the blessing they have been to our church family.

We pray that as they join a church family in Nova Scotia, God will continue to use them mightily. May the Lord grant them strength, joy, and many happy years ahead, and may they bless their new church community just as richly as they have blessed ours.



Pen of Inspiration

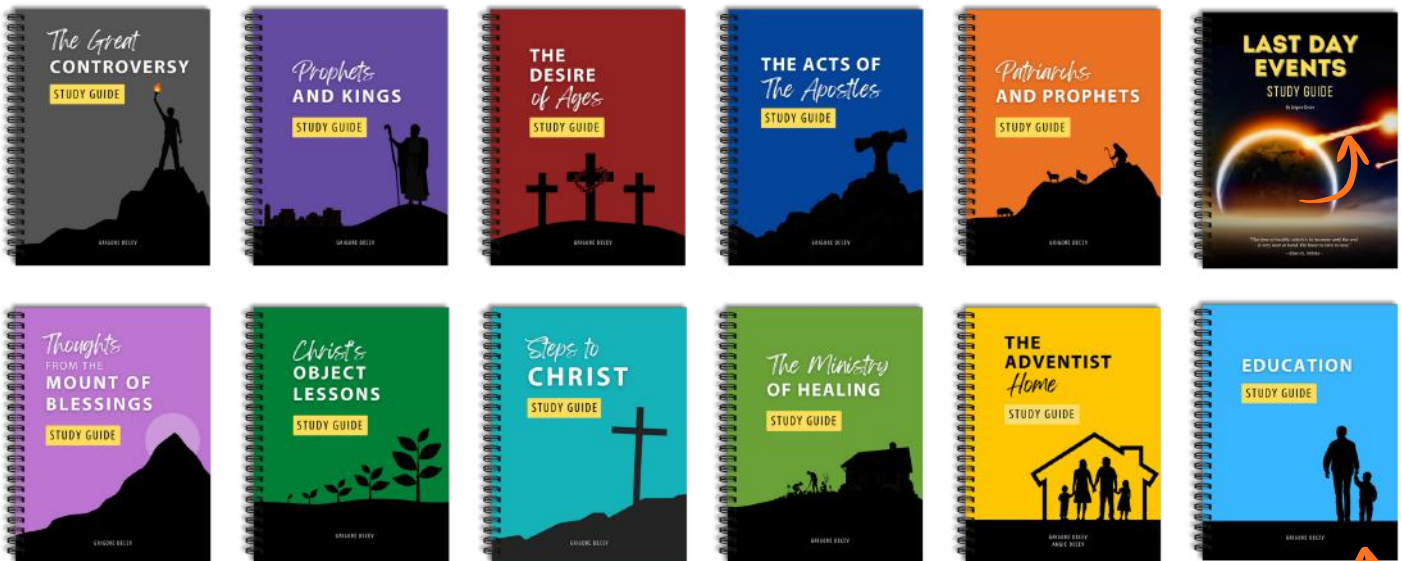
Pen of Inspiration is a ministry based in New Brunswick that seeks to encourage people to point people to gaze upon Jesus and prepare for the end times through the **study of the Bible** and the **writings of Ellen G. White**. We create social media content, Bible resources, and easy-to-use study guides. Give us a follow to be encouraged by daily Ellen G. White quotes and subscribe to our website to get your **free Steps to Christ digital study guide**.



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Education Study Guide is also available in Spanish ("Guía de estudio: La Educación")



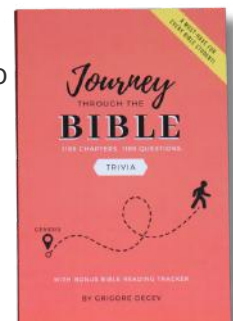
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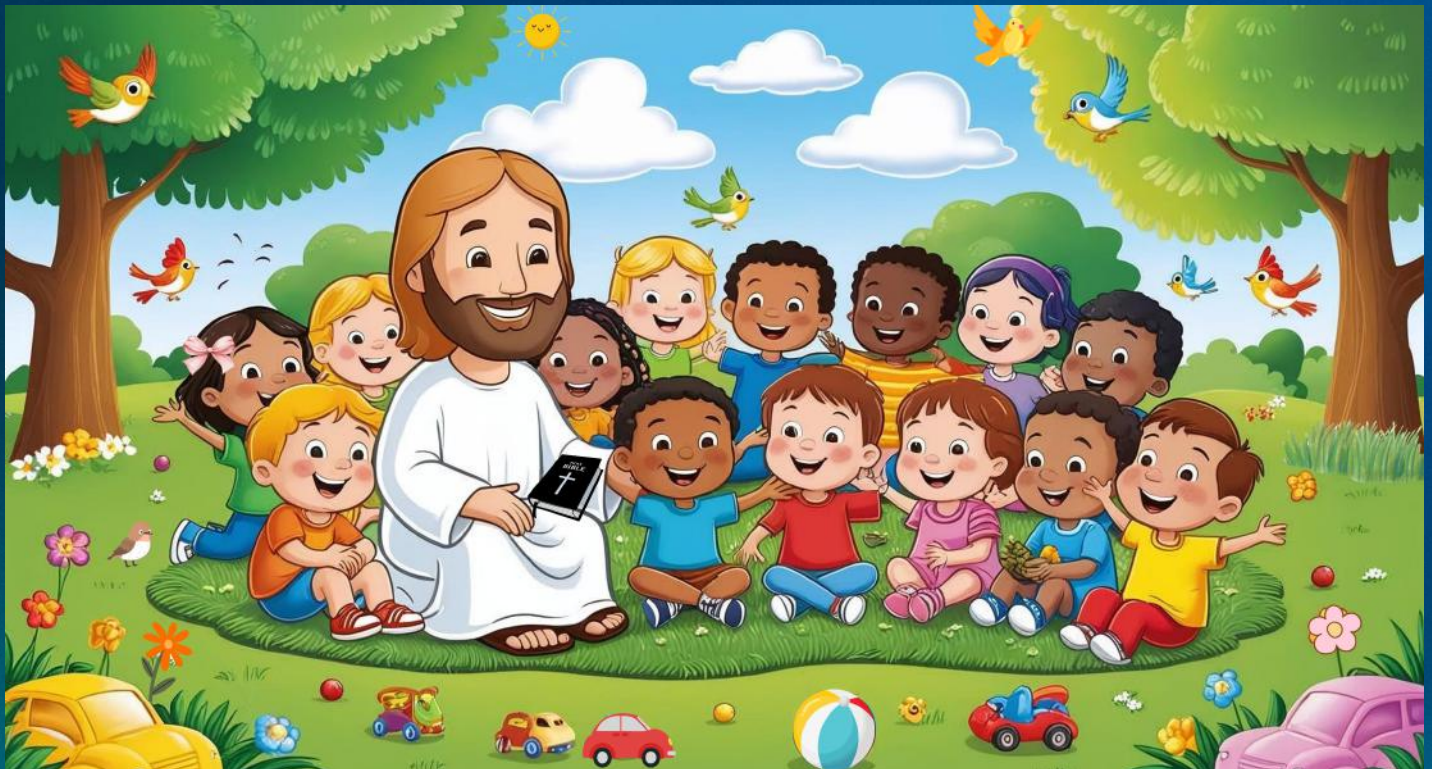
SPOT THE DIFFERENCE

Jesus is spending time with His happy friends in the park, but something has changed!

Can you find all **10** differences between the two pictures?

Once you're done, think about this:

What small kindness can you share with someone today just like Jesus shared joy with His friends?



Reaching the Moncton Region & Beyond!

God's Call

Jesus said "I must work the works of him that sent me, while it is day: the night cometh, when no man can work." (John 9:4). In the area of Moncton there is a vast field of work to be done. People everywhere are asking themselves questions and not knowing where to find answers. Unfortunately, many don't know that there will come a time when there will be a famine for hearing the words of the Lord for in Amos 8:11 it says: "Behold, the days come, saith the Lord GOD, that I will send a famine in the land, not a famine of bread, nor a thirst for water, but of hearing the words of the LORD:" That's why God exhorts us through Isaiah "Seek ye the LORD while he may be found, call ye upon him while he is near:" (Isaiah 55:6). Therefore, this initiative has been started in order to minister to those who have responded to this call to seek the Lord, but that may not know how or where to start, or that simply seek to be in the fellowship of fellow believers.



Where it all started!

Mission Report

Jesus said "I must work the works of him that sent me, while it is day: the night cometh, when no man can work." (John 9:4). In the area of Moncton there is a vast field of work to be done. People everywhere are asking themselves questions and not knowing where to find answers. Unfortunately, many don't know that there will come a time when there will be a famine for hearing the words of the Lord for in Amos 8:11 it says: "Behold, the days come, saith the Lord GOD, that I will send a famine in the land, not a famine of bread, nor a thirst for water, but of hearing the words of the LORD:" That's



Bible Study

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As we study more and more, it is a miracle that the visitors keep coming as we know that we are in a spiritual warfare, for we have heard testimonies from the visitors themselves that on some certain occasions they struggled to come. During the meetings, we usually start with a praise and testimony session, then we have song service and we've recently started having health nuggets. Afterward we get into the word, studying it, and giving time for visitors to ask questions and give comments as we go along. The sessions are then culminated by a free plant-based fellowship meal compiled by the members, giving us further opportunity to mingle with the visitors and to get to know more about them.



Song Service

Call to Action!



Bible Study

As we are about 6 months into this, we are praying that you keep us and the visitors in prayer that we all may grow closer to God and that those whom we are teaching will be able to teach others also! Let us continue to work together in reaching the Moncton region and beyond using Christ's method, for through this method alone we will reach true success! "Christ's method alone will give true success in reaching the people. The Saviour mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, 'Follow Me.'" (The Ministry of Healing page 143 par.3, Ellen White).



CULTURE MONTH - UNITY IN DIVERSITY

BY ELDER ANDRE HIBBERT

In the month of September, we had the opportunity to see the cultures of our members displayed in worship, food, fellowship, and friendships. There are so many things that make us different, ethnicity, language, food, culture, and nationality are just a few. Yet, these differences are what make us a unique church family. Throughout September, we saw Unity in Diversity on full display. As I reflected on the events of the month, there are two lessons I would like to share.

LESSON 1: OUR DIVERSITY IS A STRENGTH

Our congregation is a reflection of the wider community. The same diversity that exists in our church exists in our community. The vision behind Culture Month was not only to facilitate cultural expression in worship,



but also to create a space for people in our community to enjoy worship in a familiar cultural setting. At its core, this was an evangelistic initiative that called on our members to invite people from the community to come and share in this grand cultural celebration.

Why is our diversity our strength? The simple answer is that no one person can be all things to all people—but together, we can.



Paul exhorts us in 1 Corinthians 9:22: “To the weak I became weak, to win the weak. I have become all things to all people so that by all possible means I might save some.” The point here is that there are individuals in our community whom it may be easier for one person or group to reach than another. For example, a French-speaking member may be more effective in communicating with another French-speaking individual and, therefore,

more effective in sharing the gospel. Our community consists of many immigrants—people who are seeking connection and often look for

others with similar cultural expressions. This creates opportunities for the cultural groups within our church to bridge gaps, build relationships, show love, and ultimately invite others to follow Jesus Christ. We are stronger together. We can better impact our community because of our collective differences. We should never see these differences as barriers, but as bridges. There are still many in our community who need to share in the hope we have in Jesus. I challenge you to find ways to use your uniqueness as a strength in service to the Master.



LESSON 2: LOVE IS A LANGUAGE THAT TRANSCENDS DIVERSITY

It is amazing that despite our differences, we can come together as a family—to worship together, fellowship together, eat together, and play together.

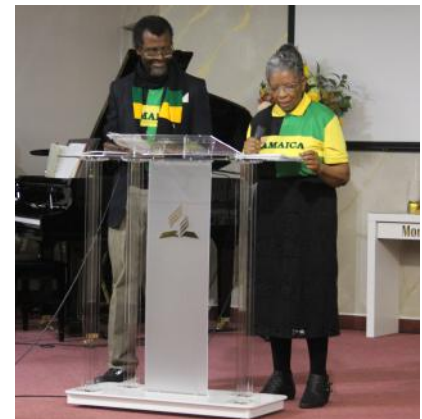
because it is unselfish and seeks the good of others. I pray that you will open your heart to this love, the love that led our Savior all the way to Calvary, the love that held Jesus on the cross as He laid down His life so that you, and the many people in our



Culture Month will become an annual event as we continue to strive for inclusiveness, a core value of our church. Plan to be a part of the celebration and expression of worship next year. May God bless your efforts as you answer the call to go and be a witness to the world.

At the core of our mission statement is the phrase, “Through love we reach...” We reach people by demonstrating love. This love should not exist only among members. While it is essential that we love one another within the body of Christ, it is equally important that we show this same love to our community. When we look at

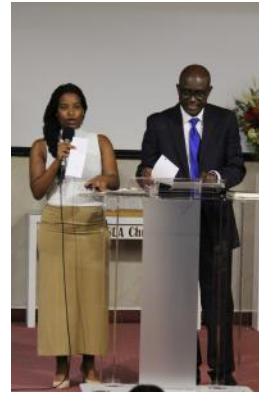
community, might have the opportunity to live. This love unites us. It does not focus on differences; instead, it sees the uniqueness of each person on the level ground at the foot of the cross. There is much work for us to do as a church, but we will only be successful when this contagious love fills our hearts and overflows like raging waters into our communities.



I challenge you to start with one person—no matter the apparent differences that exist. Through love, we can break down those barriers.

Jesus’ earthly ministry, we see clearly that love fueled His work. John 3:16 reminds us: “For God so loved the world that He gave His only Son, that whoever believes in Him should not perish but have eternal life.” This is the love we are called to have for our community. This kind of love is contagious







CHILDREN'S CHURCH

By: Amy Horsley

Jeremiah 29:11

"For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you a future and a hope."

Our focus was on World Day of Prayer, statistics show that 4 out of every 10 children worldwide have been forcibly displaced with their families and had to seek refuge elsewhere.

Children around the world face many risks like poverty, hunger, lack of clean water, being separated from their parents, no access to health care, and no education. Some suffer from physical abuse, psychological trauma, and sexual violence.

In the face of it all God's promise found in Jeremiah 29:11 is so uplifting that he wants to bring peace and well-being to his people.

The Children participated in an interactive activity to show that every situation they may encounter there is always a scripture in the Bible they can turn to and know that God is with them no matter what the situation is.

We talked about hope and how we all want to go to heaven. Pointing out as God said in Jeremiah he wants to give us that hope. As Adventists our name points to the reason for our hope because we await the second coming of Jesus.

The children were asked to do a Read, do and think exercise John 14:2 "I go to prepare a place for you. If I go and prepare a place for you I will come again and receive you unto myself; That where I am there you may be also."

They were asked to build a house from blocks and then think about the special home God is building for them.

That God is preparing this special home in heaven so that we can be with him someday.

Thinking what it will look like and what is the best part of being with Jesus.

Our takeaway friendship mission had 10 different points how to be a good friend such as Write an encouraging note, prayer for a friend, invite a friend to play, read a bible verse with a friend.

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HAPPY Birthday



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July 13



Nashara Dawkins
July 27



Danika Leblanc
August 30



Theresa Ritchie
August 30



Job Chavit
September 18



Nicole St. Marthe
September 29



Jaliel Brown
September 30



Kerry James
October 16



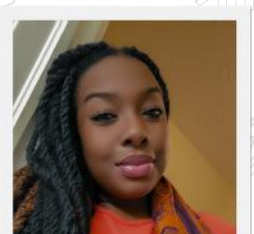
Andre Hibbert
October 16th



Karen Chavit
November 28



Delmas Brown
November 30



Monique Wallace
December 26



Rafael Vasquez
December 27

HAPPY BIRTHDAY

HAPPY BIRTHDAY

Cold-Weather Comfort:



Hearty Lentil & Vegetable Stew

A simple, nourishing stew that brings warmth and comfort on cold days. Packed with plant-based protein and vegetables, this meal is both filling and budget-friendly. Perfect for family dinners or meal prep.

Key ingredients: Lentils, carrots, celery, potatoes, tomatoes, onion, garlic

Serving idea: Enjoy with whole-grain bread for a hearty winter meal.



Creamy Butternut Squash Soup

Smooth, comforting, and naturally sweet with a cozy winter feel.

Key ingredients: Butternut squash, vegetable broth, garlic, onion, coconut milk

Seasonal tip: Add a dash of nutmeg or cinnamon for warmth.



Golden Milk (Turmeric Latte)

A soothing, caffeine-free drink that calms the body and spirit. Ideal for quiet evenings or devotional time.

Key ingredients: Almond or oat milk, turmeric, cinnamon, ginger, honey or maple syrup.

Pause. Breathe. Let warmth settle your spirit.



Winter Green Smoothie

A refreshing yet grounding smoothie that keeps nutrients flowing even when fresh foods feel scarce in winter.

Key ingredients: Spinach, banana, apple, flaxseed, almond milk

Seasonal tip: Add fresh ginger or cinnamon for warmth.

Warm Meals & Nourishing Drinks

<p>Serves: 4-6</p> <p>Ingredients</p> <ul style="list-style-type: none">• 1 cup dried lentils (green or brown), rinsed• 1 tbsp olive oil• 1 onion, chopped• 2 carrots, sliced• 2 celery stalks, chopped• 2 potatoes, diced	<p>Time: ~45 minutes</p> <ul style="list-style-type: none">• 1 can diced tomatoes• 4 cups vegetable broth• 2 cloves garlic, minced• 1 tsp paprika• 1 tsp dried thyme• Salt & pepper to taste	<p>Instructions</p> <p>Heat olive oil in a large pot over medium heat. Sauté onion, carrots, and celery for 5 minutes until softened. Add garlic, paprika, and thyme; stir for 30 seconds. Add lentils, potatoes, tomatoes, and vegetable broth. Bring to a boil, then reduce heat and simmer 30-35 minutes, until lentils are tender. Season with salt and pepper. Serve warm.</p>
<p>Serves: 4</p> <p>Ingredients</p> <ul style="list-style-type: none">• 1 medium butternut squash, peeled and cubed• 1 tbsp olive oil• 1 onion, chopped• 2 cloves garlic, minced• 4 cups vegetable broth	<p>Time: ~40 minutes</p> <ul style="list-style-type: none">• ½ cup coconut milk• Salt & pepper to taste• Optional: pinch of nutmeg or cinnamon	<p>Instructions</p> <p>Heat olive oil in a pot over medium heat. Sauté onion until soft, about 5 minutes. Add garlic and cook 30 seconds. Add squash and vegetable broth; bring to a boil. Reduce heat and simmer 20-25 minutes, until squash is tender. Blend until smooth (immersion blender or regular blender). Stir in coconut milk and season to taste. Add spices if desired.</p>
<p>Serves: 1-2</p> <p>Ingredients</p> <ul style="list-style-type: none">• 2 cups almond or oat milk• 1 tsp ground turmeric• ½ tsp cinnamon• ¼ tsp ground ginger (or fresh grated)• 1-2 tsp honey or maple syrup	<p>Time: ~10 minutes</p>	<p>Instructions</p> <p>Add all ingredients to a small saucepan. Heat gently over medium-low, whisking often. Do not boil—warm until steaming. Pour into a mug and enjoy warm.</p>
<p>Serves: 1</p> <p>Ingredients</p> <ul style="list-style-type: none">• 1 cup spinach• 1 banana• 1 apple, chopped• 1 tbsp ground flaxseed• 1 cup almond milk• Optional: pinch of cinnamon or fresh ginger	<p>Time: ~5 minutes</p>	<p>Instructions</p> <p>Add all ingredients to a blender. Blend until smooth and creamy. Taste and adjust liquid or sweetness if needed. Serve immediately.</p>

At Calvary

By Hallel

William R. Newell, once a troubled youth, was admitted to Moody Bible Institute through the persistence of his father. He later became a devoted pastor and teacher. Overwhelmed by the message of Christ's sacrifice, Newell wrote the words of the hymn, between classes, on the back of an envelope. The hymn reflects the truth found in Isaiah 53:6 and 1 Peter 2:24, reminding us of Christ's atoning work.



Dreaming of a City

By Hallel Extended Group

“Dreaming of a City” was written by David Phelps and released in 2001. The song is inspired by the biblical promise of heaven as a real, prepared place (Hebrews 11:10; Revelation 21) and was written to encourage believers who are weary, grieving, or longing for something better than this world offers. It speaks to the assurance that beyond pain, loss, and struggle, there is a heavenly city built by God—a place of peace, reunion, and eternal rest.

MUSIC DAY

O COME LET

ADOR

HYMN

MORNING SESSION 10:45AM **AFTERNOON CONCERT 3:30**

My Life is in Your Hands

By Charlottetown SDA

The song was written by Kirk Franklin and released in 1997 during a season when he was wrestling with uncertainty, pressure, and the weight of leadership and life. Rather than writing from a place of triumph, Franklin wrote the song as a prayer of surrender, choosing to trust God even when outcomes were unclear. The lyrics reflect a deliberate decision to place fear, future, and identity fully in God's care.



How Great Thou Art

By Given Grace

How Great Thou Art is a Swedish poem written by Reverend Karl Boberg in 1886. It was inspired by a dramatic thunderstorm followed by calm skies and birdsong. Deeply moved, he wrote a nine-stanza poem that eventually became the well-known hymn we sing today.



The Midnight Cry

By Given Grace

How Great Thou Art is a Swedish poem written by Reverend Karl Boberg in 1886. It was inspired by a dramatic thunderstorm followed by calm skies and birdsong. Deeply moved, he wrote a nine-stanza poem that eventually became the well-known hymn we sing today.



Pastor Samuel Sinnanainar

US
RE
NS



Speaker
PS. SAMUEL SINNANAINAR

OPM



Music Day Hosts



Given Grace Kids



Charlottetown Group



TESTIMONIAL

Grace Greater Than Grief

A Journey Through Loss, Healing, and God's Unfailing Love

In July 2024, my sister suddenly became ill and was rushed to the ICU. Days later, she was diagnosed with cancer and died five (5) weeks later in August 2024. This sudden loss shattered me in ways I did not know were possible. The grief hit deeper than I expected, and every day felt like a battle I was not sure I could endure. I believed I was coping after the burial, but the full weight of my grief did not surface until I boarded the plane from Jamaica back to Canada in October 2024. In the months that followed, I tried to carry on, but the pain of her death was overwhelming. If anyone had asked me in January 2025 whether I would be in church week after week worshipping, smiling, or even engaging without breaking down, I would have honestly said no because those early months were intensely difficult.

As the reality of her passing settled in, I found myself sinking into a deep depression. I did not want to go anywhere or see anyone, and even the thought of attending church filled me with anxiety. I avoided people who might ask how I was doing, and I could not bear hearing songs that reminded me of my sister's death. My heart felt unbearably heavy, and my spirit was crushed.

During those darkest days, I could not even pray. I was angry, confused, and emotionally exhausted. Yet, even in my silence, God did not abandon me. He surrounded me with people who prayed for me when I could not pray for myself. They checked in consistently, offering encouragement and quiet support during moments when I felt weakest. Their care was intentional and timely, and I know many others prayed as well. I felt those prayers carrying me when I could no longer stand on my own.

Although my circumstances had not changed by April 2025, something within me began to shift. My heart felt ready to reach out to God again. One day, I prayed and asked Him to intervene, and He did.

In May 2025, a friend invited me to attend a program led by Pastor Antunes. Even though I struggled with the decision, I chose to go. Those sessions marked a turning point in my healing.

Week by week, God gently made it easier for me to return to church and reengage. What once overwhelmed me gradually lost its hold on my spirit.

Still, the early months after my sister's passing were marked by intense grief. Even the thought of speaking about her brought me to tears. My mind was consumed with memories, and I could not say her name without breaking down. The pain felt relentless, as though every memory reopened a wound that refused to heal.

Over time, slowly, and in God's perfect timing, something began to change. I can now talk about my sister without crying. I can remember her with peace, even when emotions arise. Where I once felt overcome, I now experience gratitude for the time we shared. This does not mean the sadness is gone; grief does not simply disappear. However, it no longer controls me. I can speak of her, honor her memory, and even smile when I recall the beautiful moments of her life. This is a true testament to God's promise in Psalm 147:3, which says that He heals the broken-hearted and binds up their wounds.

Matthew 5:4 says, "Blessed are those who mourn, for they will be comforted". That promise became deeply personal to me. God's comfort did not minimize my pain; instead, it met me in my sorrow, holding it with compassion and



By: Theresa Ritchie

restoring my heart step by step. As healing took place, the fear I once carried began to fade. I realized that isolation and despair were attempts of the enemy to keep me broken. But God had greater plans for my life. He is the God who comforts us in all our troubles so that we, in turn, can comfort others (2 Corinthians 1:3-4).

Today, I stand stronger than I ever imagined not because the pain is gone, but because God's grace has been greater than my grief. His mercy has been my anchor. I hold firmly to the hope promised in Scripture, a future where God will wipe every tear from our eyes and where there will be no more death or sorrow (Revelation 21:4). My prayer is that God will continue to bless me, favor me, and use my story to build His kingdom, bringing hope to someone who may feel as lost as I once did.

A Moment to Reflect

Grief does not follow a timeline. Some days we are strong, and other days the weight feels unbearable. If you are mourning, know that God is near to the brokenhearted and be patient with your healing.

A Prayer for the Brokenhearted

Lord,
Be close to those whose hearts are heavy today.
Carry those who are weary, comfort those who mourn, and restore hope one gentle step at a time.
Amen.



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GIVEN GRACE

CONTINUING THE MISSION THROUGH MUSIC

By: Ivory Sesbino



What began as simple fellowship after Sabbath services has grown into a meaningful ministry of love and music. The Given Grace choir was formed during regular potlucks, Bible study, and sundown worship shared among church members. When the group was invited to sing during a church concert, they began practicing more intentionally, and soon realized their ministry needed a name. After prayerful discussion, the name Given Grace was chosen, reflecting both their purpose and their gratitude to God.

Today, Given Grace's mission goes beyond singing. The choir is committed to sharing love, joy, and hope through music, especially with the elderly. Each visit is an opportunity to remind individuals that they are remembered, valued, and never forgotten, by the church and by God. Music becomes a bridge, touching hearts in ways words alone often cannot.

The choir regularly visits nursing homes and private residences, offering more than just songs. Members come with open hearts, sharing smiles, stories, Bible verses, and encouragement. These visits often include children, whose presence brings added joy to residents and creates moments of deep connection across generations.

Given Grace's first visit took place last November at Grass Home Nursing Home in Riverview. Since then, the choir has continued visiting monthly and, earlier this year, was also blessed to share a song service at Shannex Gordon Hall.

Currently, the group serves both Grass Home and Shannex Moncton, spending 45 minutes to an hour at each visit sharing music and messages centered on God's love.

Guided by the words of Mark 16:15 "Go throughout the whole world and preach the gospel to all mankind"—the choir sees this ministry as their way of sharing the gospel. Through familiar hymns and heartfelt songs, residents are often seen singing along, reminiscing, and even shedding tears. Each response serves as a reminder of the power of music and the comfort it brings.

Through every song they sing, Given Grace hopes to warm hearts, uplift spirits, and reflect God's unchanging love to the elderly and the wider community.

EDUCATION MINISTRY

By. Natalie Nurse

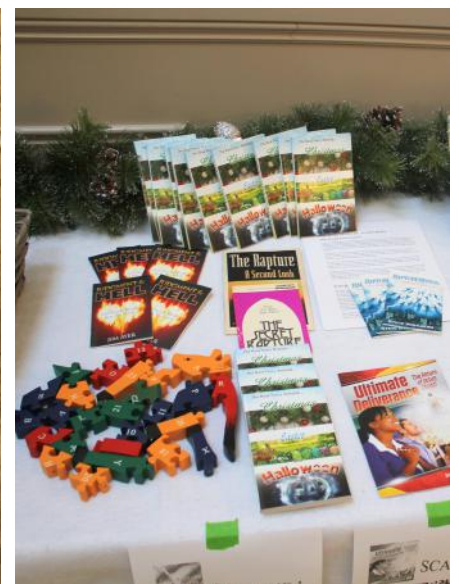
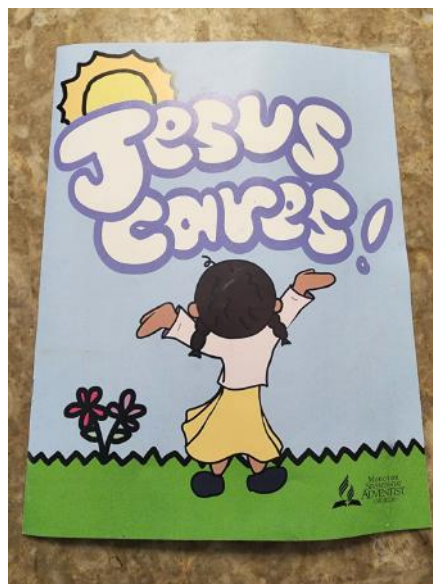
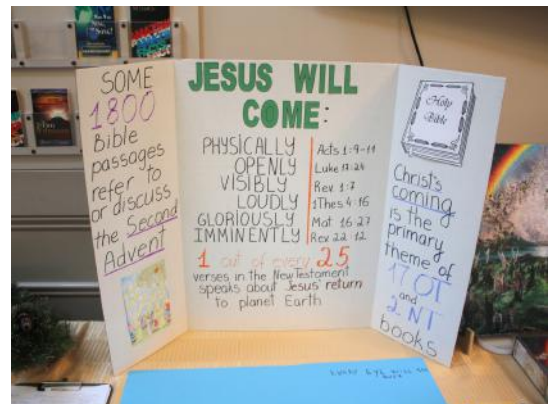
Welcome to the Education Ministry.

We aim to inspire and promote Adventist Christian education for our children, youth and to families within our church and to our community.

Here at the Moncton SDA church, our ministry covers topics such as our fundamental beliefs and other biblical truths through booths and through spoken word on assigned days. We also provide a holistic approach in the promotion of Adventist Christian education. If you require further information about any of our Maritimes schools, or any of our online Adventist schools, or our colleges and universities, please feel free to contact me at education.moncton@gmail.com May the Lord bless you as you invest in Christian education for your child and prepare them for heaven.

We offer free colouring books to all interested children! Please contact education.moncton@gmail.com for your free copy.

Colouring book designed and formulated by the Education Ministry team.



Bible Study Corner

Question. Hope. Discovery

Bible Question of the Month

Did God Create the Devil?

Where did evil come from?

If God is good, loving, and powerful, why does suffering exist in the world?

These are questions many people quietly wrestle with sometimes for years. One of the most common questions is whether God created the devil, and if so, how that fits with a God of love. The Bible presents a clear and thoughtful picture: God did not create evil, nor did He design anyone to rebel. Scripture shows that God created beings with freedom of choice because love cannot exist without it.

**“You were perfect in your ways from the day you were created, till iniquity was found in you.”
Ezekiel 28:15**

This verse reminds us that rebellion was not part of God’s original plan. Evil began when a created being chose pride over trust and self over God.

The Bible invites us not just to ask what happened, but why it matters. Understanding the origin of evil helps us better understand God’s character, His patience with humanity, and His plan to one day end pain, suffering, and sin forever.

Want to explore this question more deeply?

Visit: amazingfacts.org Search: Did God Create the Devil?

Want to Go Deeper? Explore the Bible at Your Own Pace

If this question sparked your curiosity, you’re not alone. Many people want to understand the Bible better but don’t know where to start, or worry it might feel overwhelming.

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A Question to Reflect On

What questions about faith, life, or God have you been carrying, but never asked out loud? The Bible welcomes honest questions. God is not threatened by our curiosity, He invites it.

The Troubled Christian

Psalms 34:19

**The righteous person may have many troubles,
but the Lord delivers him from them all;**

Have you ever sat and pondered all the troubles you've experienced on your Christian journey? Have they ever been so overwhelming that you began to wonder what you may have done wrong to end up in such situations?

Have you ever questioned God about the struggles in your life? Why does doing what is right not always result in good things happening? You go to church, take part in what you can, try to be kind to others, read your Bible, and pray constantly, so why does it still feel like you are fighting battles every day? Why does living this life sometimes feel so burdensome?

Scripture says "many are the troubles and burdens of those that follow me, but I the Lord knows how to deliver you out of them all" (paraphrased). We should not be surprised, depressed, or defeated by the trials we face. Instead, we can face them with confidence, knowing that Someone greater is fighting our battles for us.

This may be easier said than done, but every trial presents an opportunity to build trust and strengthen our faith in the Lord. No matter what you have faced in the past, or what may come your way today or in the future, do not be dismayed, God will take care of you.

How should I respond to my troubles?

- I can ask God for his peace
- I can thank God knowing that he is with me
- I can trust that God is in control of everything

Prayer

Dear Lord, thank you for your message. You know the problems I face each day so I ask you to be my strength, be my shield. Whenever I question you about the things I encounter, please help me to build my faith and trust in you. Please continue to fight my battles for me I pray, in Jesus name, amen.

Activity

1. What troubles are you currently facing that you need the Lord's intervention with? Grab a piece of paper and list them out.
2. Say this Prayer.
Lord, I need your help with... (read your list). Give me the strength to carry on. Amen.

TESTIMONIAL

When Faith Meets the Word

By: Cassandra Murray

Are you carrying a burden that feels too heavy, a problem that seems too big, or a situation that looks impossible? Let me tell you this: we serve a God who is more than able. He is an almighty God who sees you, hears you, and cares deeply about everything you are going through.

No matter what you are facing today, God is able to fix it, because He is God. There is nothing too hard for Him, nothing beyond His power, and nothing outside His authority.

One morning, I woke up very early because I had a problem that I desperately needed God to solve. I was tired, but I made the decision to get up and pray. I was so sleepy that I fell asleep while praying, but God still met me there. While sleeping, I had a dream and in that dream I saw “Matthew 8.”

When I woke up, I felt energized and eager to discover what Matthew 8 was all about, because I know God speaks to us through His Word. And as I read, I realized that Matthew 8 is a powerful reminder that Jesus meets people right where they are, broken, sick, afraid, and in need, and He responds with compassion, authority, and power.

Read Matthew 8: 1-27

Matthew 8 simply tells me that it doesn't matter what problems I have; I only need to have faith in God. He is a miracle worker.

Just one touch from God and you can be healed. Not only His touch, He can speak to you and make you whole. It doesn't matter how big our problems are; He has authority and power over every circumstance, even the winds and the waves obey Him.

What is Faith?

Hebrews 11:1-3

1 Now faith is the substance of things hoped for, the evidence of things not seen.

2 For by it the elders obtained a good report.

3 Through faith, we understand that the worlds were framed by the word of God, so that things which are seen were not made of things which do appear.

How do we have faith?

Romans 10:17 - So then faith cometh by hearing, and hearing by the word of God.

What is the Word of God?

All Scripture from the Bible, when God literally speaks to us and God Himself is the Word, and we see that in John 1: 1 & 14

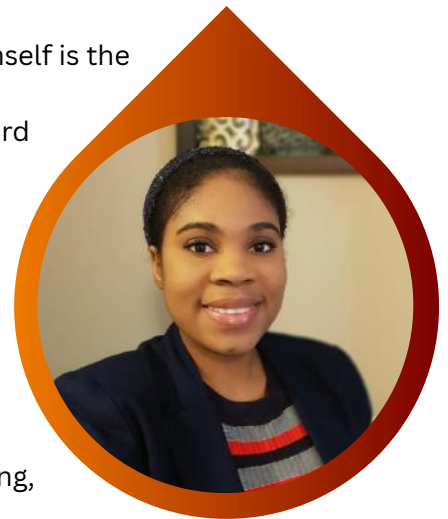
1 In the beginning was the Word, and the Word was with God, and the Word was God.

14 And the Word was made flesh, and dwelt among us, (and we beheld his glory, the glory as of the only begotten of the Father,) full of grace and truth.

Who do we have faith in?

Hebrews 11:6 – But without faith it is impossible to please Him: for he that cometh to God must believe that He is, and that He is a rewarder of them that diligently seek Him.

Matthew 21:22 – And all things, whatsoever ye shall ask in prayer, believing, ye shall receive.



Dear Pastor

Dear Pastor,

I've been fervently praying about a personal issue for years, seeking God's guidance and intervention. Despite my efforts, praying, fasting, and seeking counsel, nothing has changed. I feel spiritually drained and question whether God hears me. Attending church and participating in worship feels hollow, as if I'm going through the motions. Is it wrong to feel this way? How do I rekindle my faith when I feel abandoned and unheard?

Sincerely,
Fading Faith

Dear Fading Faith,

Let me begin by stating that you are not alone. I have also felt abandoned and unheard by God. However, experience has taught me that God's delay in answering my prayers, regardless of how simple or significant, does not indicate His denial of my requests or petitions. Secondly, it is not wrong to feel the way you do; however, I do encourage you to submit those feelings to God in prayer. Jesus also felt abandoned by God the Father and His disciples in the hours and moments before His death on the cross as recorded in Matthew 26:36-46, and Matthew 27:45-46. Jesus understood the discouragement that often results when we pray but it seems that God does not produce results in answer to our prayers, so He encouraged His disciple to pray and not give up (Luke 18:1-8). Persisting in prayer is evidence of your faith in God, and the biblical definition of faith suggests that it is the belief for the future despite current realities and disappointed deadlines (Hebrews 11:1). In short, the best way for us to rekindle faith is to persist in communion with God, through prayer, the scriptures and our faithful witness.

Regards,
Pastor David James

Have a question for Pastor? Leave an anonymous letter under the media room door or send an email to communications.moncton@gmail.com.

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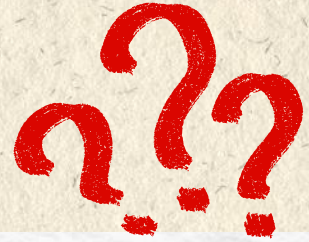
✉ monique_wllce@yahoo.com

The Inspire Connection Challenge

This week, step out of your comfort zone and get to know someone new at church!

Smile, say hello, and complete as many of these challenges as you can.

- ✓ Smile at three people you don't usually talk to.
- ✓ Say "Good morning" or "Happy Sabbath" to five people.
- ✓ Learn something new about two church members.
- ✓ Sit beside someone new during worship.



Now... ask a few of these fun questions 📌

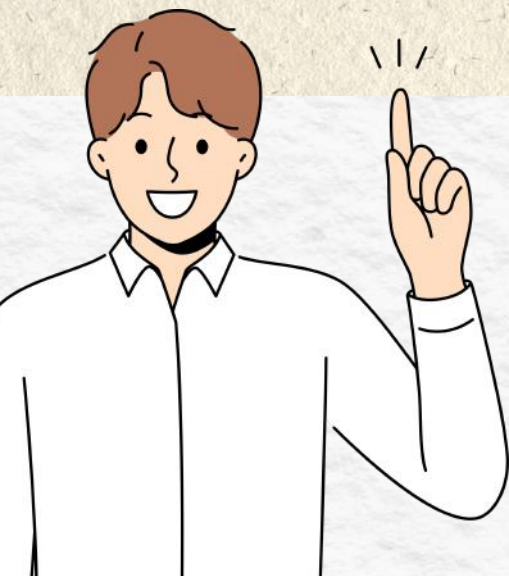
Fun + Easy Questions to Ask

- How many siblings do you have?
- Are you a morning person or a night owl?
- Summer ☀️ or Winter ❄️?
- Coffee ☕ or Tea 🍵?
- What's your favorite Bible story?
- If you could travel anywhere, where would you go?
- What's your favorite food after church?
- Hymns 🎵 or Praise songs 🎸?
- What's one hobby you enjoy?
- What's your favorite thing about our church?
- If you had a free day, how would you spend it?
- Cats 🐱 or Dogs 🐶?



Bonus Mini-Challenges

- **Compliment someone sincerely.**
- **Pray with one person.**
- **Learn someone's name and use it again later.**
- **Invite someone to sit with you at lunch.**



Every hello opens a door.

Every smile builds a bridge.

Every conversation makes our church feel more like home.

Let's connect, laugh, and grow together, because church is more than a building; it's a family. When we smile, speak, and listen, we create space for friendship and belonging.

A simple hello can change someone's day. Let's be a church where everyone feels seen, known, and loved.

Kids Activity Corner

Grab your Bible, think carefully, and have fun completing the challenges below.

Finish the Verse Challenge

- We ___ **LOVE** ___ because he first ___ **LOVED** ___ us.
- “The Lord is my _____; I shall not _____.”
- “I can do all _____ through _____ who strengthens me.”
- “Trust in the Lord with all your _____.”
- “Let your _____ shine before others.”

Bible Scavenger Hunt

Find and write the verse that talks about:

- God’s love _____ “For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. John 3:16 _____
- Courage _____
- Forgiveness _____
- Rest _____
- Helping others _____

Bible Word Builder

Use the letters in **INSPIRATION** to build as many Bible-related words as you can!

Example: SIN, SON, NATION

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____



Thank You for Reading!

We're so glad you took the time to read this edition of **INSPIRE**. It's our joy to share stories, events, and encouragement with you throughout the year. We pray it continues to uplift and inspire your walk with God.

"Let your light so shine before men, that they may see your good works and glorify your Father in heaven."

~ Matthew 5:16 (NKJV)

Want to Get Involved?

Do you enjoy writing, photography, or graphic design? Are you passionate about sharing God's work through communication?

We're always looking for creative, committed individuals to join the magazine team.

If you're interested in assisting with future issues, please contact: Sis. Monique Wallace, Communications Director

Advertising Opportunities

We offer ad space for local businesses, services, and ministries.


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Please contact Sis. Monique Wallace for the cost of adverts.

Stay tuned for more details on how you can promote your business or initiative while supporting church communications.

MONCTON SEVENTH DAY ADVENTIST

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