



Play for Peace

Reflection

**What does
peace mean to
you?**

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Reflection

Share a personal story where you experienced or witnessed peace.

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Reflection

**How can
individuals
contribute to
peace in their
daily lives?**

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Reflection

**Describe a
moment when
you felt truly at
peace.**

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Reflection

**In your opinion
what are the
biggest barriers
to peace in the
world today?**

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Reflection

**How can
communities
work together
to build peace?**

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Reflection

What role does education play in promoting peace?

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Reflection

**How can we
use technology
to foster peace?**

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Reflection

What are some peaceful practices or traditions from your culture?

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Reflection

**How can we
promote peace
through art and
creativity?**

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Reflection

**What are some
successful
peacebuilding
initiatives you
know of?**

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Reflection

**How can we
address and
resolve conflicts
peacefully?**

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Reflection

**How can we
support refugees
and displaced
persons in their
quest for peace?**

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Reflection

What is the role of international organizations in maintaining peace?

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Reflection

**Why is gender equality a means to achieve peace?
How can we promote it?**

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Reflection

Why is it important to care for people's mental health when trying to build peace?

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Reflection

**How can
environmental
sustainability
contribute to
global peace?**

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Reflection

**How does
mental health
affect our ability
to live peacefully
with others?**

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Reflection

**Share a book or
movie
recommendation
that you think
promotes peace.**

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Reflection

Discuss the impact of social media on peace and conflict.

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Challenge

Do a 30-second dance from a culture you admire.

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Challenge

Describe your favourite traditional dish using only gestures—no words!

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Challenge

Teach someone a friendly greeting or peaceful statement in your mothertongue.

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Challenge

Imitate a famous landmark and let others guess what it is.

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Challenge

Share a tongue twister from your language and challenge others to say it.

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Challenge

**Draw your
country's flag
from memory—
no peeking!**

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Challenge

Tell a joke from your culture (or try to translate one!).

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Challenge

**Sing a line
from a song in
another
language.**

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Challenge

Act out a cultural custom or tradition and let others guess what it is.

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Challenge

**Tell a travel story
– but you can
only use sound
effects and hand
gestures!**

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Activity

Organize a peace walk near this hostel – invite fellow travellers to join!

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Activity

Create a peace mural or some other art piece and ask hostel staff if you can put it in a common area.

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Activity

**Write some
emails to local
leaders
advocating for
peace initiatives.**

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Activity

Organise a cultural exchange evening to promote understanding – why not ask our staff for support?

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Activity

When you're back home, why not start a peace group at your school or workplace, host workshops on conflict resolution and peacebuilding or develop peace education programmes for local school children.

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Activity

Organise a peace-themed movie night and discussion in the hostel – why not ask our staff for support?

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Activity

Why not post a selfie with this card or under our poster?

#SayHIforPeace

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Activity

Write a poem about peace and ask hostel staff to pin it up so other guests can read it.

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Activity

Create a vision board for a peaceful world – share it on social media!

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Activity

**Have a debate
with other hostel
guests on a
peace-related
topic.**

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Joke

**Why did the
suitcase start a
podcast?**

It had a lot of baggage
to unpack.

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Joke

What do you call
a bodybuilder
who lives
abroad?

A flex-pat!

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Joke

**Why did the
rucksack apply
for a job?**

It wanted to start
carrying its own
weight!

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Joke

What is a
backpacker's
favourite type
of story?

A moving tale.

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Joke

**What's a travel
influencer's
favourite exercise?**

Cross-fit – they
cross borders to
stay fit!

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Joke

**Which vegetable
has the most
stamps on its'
passport?**

A globe artichoke!

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Joke

**Why don't trains
ever get into
arguments?**

Because they
always stay on
track.

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Joke

**Why did the
passport get
promoted?**

Because it had a lot
of experience in
the field!

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Joke

**Why did the
travel influencer
bring a ladder
to the hostel?**

To take their content
to the next level!

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Joke

**Why don't
suitcases make
good secret-
keepers?**

Because they always get
carried away and tend
to spill everything!

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Joke

**Why did the
passport get
promoted?**

Because it had a lot
of experience in
the field!

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Quote

“In diversity there is beauty and there is strength.”

Maya Angelou

What's something beautiful you've learned from another culture?

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Quote

“Travel is fatal to prejudice, bigotry, and narrow-mindedness.”

Mark Twain

How has travel changed your perspective on people or cultures?

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Quote

**“An eye for an eye
will only make the
whole world blind.”**

Mahatma Gandhi

Can you think of a time when
forgiveness has helped
resolve a conflict?

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Quote

**"If we have no peace,
it is because we have
forgotten that we
belong to each other."**

Mother Teresa

How can we remind others of
our shared humanity?

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Quote

**“The more we sweat
in peace, the less we
bleed in war.”**

Vijaya Lakshmi Pandit

What small gesture can
you offer today to
promote peace?

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Quote

“You cannot shake hands with a clenched fist.”

Indira Gandhi

What helps you open up to dialogue when you're feeling defensive or angry?

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Quote

**"I raise up my voice—
not so I can shout, but
so that those without a
voice can be heard."**

Malala Yousafzai

How can we help amplify
the voices of those who
are often unheard?

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Quote

"I am no longer accepting the things I cannot change. I am changing the things I cannot accept."

Angela Davis

What's one injustice you feel compelled to speak out about or take action on?

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Quote

"It isn't enough to talk about peace. One must believe in it. And it isn't enough to believe in it. One must work at it."

Eleanor Roosevelt

What does "working at peace" look like in your everyday life?

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Quote

"The most common way people give up their power is by thinking they don't have any."

Alice Walker

What's one way you can use your voice or actions to create change?

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Quiz

Who won the Nobel Peace Prize in 2020?

The World Food Programme (WFP), for its efforts to combat hunger and promote peace in conflict affected areas.

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Quiz

What is the significance of the International Day of Peace?

It is observed every year to strengthen the ideals of peace, both within and among all nations and peoples.

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Quiz

Which organization was founded to promote global peace after World War II?

The United Nations (UN), established in 1945.

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Quiz

Name a famous peace activist.

Examples include Mahatma Gandhi, Martin Luther King Jr., Malala Yousafzai, Wangari Maathai, Desmond Tutu, Mother Teresa, Leymah Gbowee, Nelson Mandela...

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Quiz



Which ancient symbol, often associated with peace and harmony, is found in many cultures and resembles a spiral or knot?

The Celtic knot or Triskelion, depending on the culture.

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Quiz

Which country is known for its policy of neutrality and peace?

Switzerland

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Quiz

What is the Peace Corps, and what do they do?

It is a U.S. volunteer program that sends Americans abroad to work on social and economic development projects, promoting peace and friendship.

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Quiz

How many countries are members of the United Nations?

As of when this game was developed, there are 193 member states in the UN.

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Quiz

What is the purpose of the United Nations Security Council?

To maintain international peace and security, including authorizing peacekeeping missions and imposing sanctions.

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Quiz

Who was the youngest ever Nobel Peace Prize laureate?

Malala Yousafzai, awarded in 2014 at the age of 17.

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Cultural

What's the most surprising food you've ever tasted while traveling?

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Cultural

Have you ever
accidentally broken
a cultural custom?
What happened?
What did it teach
you?

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Cultural

What's a traditional celebration or festival you've experienced in another country?

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Cultural

What's a word or phrase in another language that you love and why?

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Cultural

What's the most unusual or beautiful greeting you've encountered in another culture?

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Cultural

Have you ever
learned a dance or
song from another
culture? Share the
story – or
demonstrate your
skill!

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Cultural

What's a cultural tradition you wish more people knew about?

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Cultural

What's the most memorable meal you've had abroad, and who were you with?

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Cultural

What's a souvenir
you brought
home that has a
special story
behind it?

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Cultural

What's a local custom or etiquette rule that surprised you the most?

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Cultural

If you could
instantly master
one language,
which would it be
and why?

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Cultural

What's a piece of clothing or fashion from another culture you've tried or admired?

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Cultural

What's a myth,
legend, or folktale
from another
culture that
fascinated you?

Play for Peace



Cultural

Have you ever participated in a cultural ceremony or ritual? What was it like?

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Cultural

**What's a dish from
your culture you'd
love to share with
the world?**

Play for Peace



Cultural

What's a place
you visited that
changed the way
you see the world?

Play for Peace



Cultural

What's a cultural misunderstanding you've had that turned into a funny or meaningful moment?

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Cultural

What's a song
from another
country that
always lifts your
mood?

Play for Peace



Cultural

What's a custom or value from another culture that you've adopted in your own life?

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Cultural

If you could host a dinner with people from three different cultures, who would you invite and what would you serve?

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