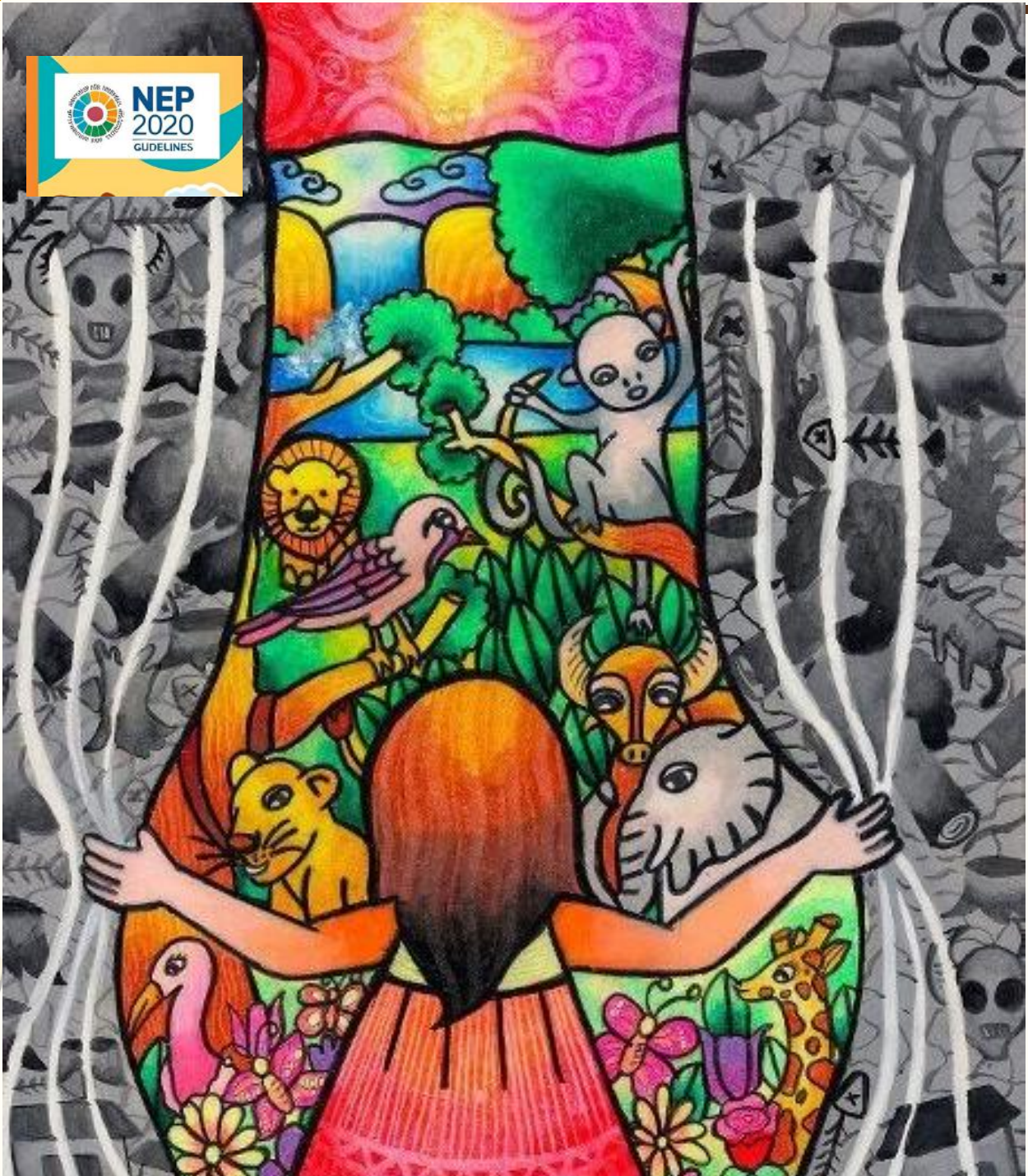


JUNE, 2025

STORIES IN THE INDIAN CONTEXT



STORY
Time



Dear Readers,

Fitting stories into the confines of a single issue is akin to trying to pour the Ganges into a teacup! How does one capture the vastness and power of storytelling within the pages of one edition? This very challenge confronted us while curating this special issue of our e-newsletter Adhyaapanam, centered on the theme "Developing Indian Ethos through Stories."

In the spirit of storytelling itself—boundless, imaginative, and transformative—we decided not to limit ourselves. Instead, we invite our readers to dive deep into a world of narratives that spark emotion, introspection, and connection. This edition stands as our institute's tribute to the vision of the National Education Policy (NEP) 2020, which places great emphasis on experiential learning, cultural rootedness, and holistic development.

Through this issue, our contributors explore storytelling from many lenses—how stories nurture emotional intelligence (E.Q.), instill core Indian values, and serve as bridges across diverse faiths, regions, and generations. From timeless parables to contemporary tales penned by our own alumni and students, each piece in this edition encourages reflection, empathy, and deeper understanding.

Stories have always been at the heart of Indian tradition—passed down orally, through epics, folklore, and spiritual texts. They have taught us morality, shaped our identities, and offered wisdom that transcends time. In the context of NEP 2020, storytelling becomes even more relevant—it promotes multilingualism, creative expression, critical thinking, and a values-based education.

We hope this edition ignites your imagination and reaffirms your belief in the power of stories to shape minds, build character, and cultivate a generation rooted in Indian ethos and equipped for a global future.

Happy reading and storytelling to one and all.


Vidhya Satish, PhD



TAKE A PEEK



From the Director's Desk -
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“The stories I heard” & “The stories I tell myself today”: Fostering EQ through Stories told the Indian Way

Dr. Vasundhara Kaul

Co-Founder, Carpediem EdPsych & Co-ordinator, SIES ICE,

From the hushed whispers of grandmothers narrating tales to the dramatic performances of Ramlila, stories have been the lifeblood of Indian culture, shaping young minds and instilling invaluable life lessons for generations. This tradition holds even greater significance today, offering a unique and powerful pathway to nurture emotional intelligence (EQ) in our children. For me, it serves as a nostalgic journey, revisiting the stories that shaped my understanding of emotions.

My childhood was filled with stories that I read and heard. I remember being mesmerised by tales of valour, like the courageous Rani Lakshmibai, whose bravery and sacrifice in the face of adversity instilled in me a deep sense of patriotism and resilience. Stories of her strategic brilliance and unwavering determination taught me very early on the concepts of leadership and the importance of standing up for what is right, even when the odds are stacked against you. This narrative was almost always narrated by my grandmother, who emphasised the need for us to show courage, have respect for ourselves, and understand the importance of fighting for justice. The image of Rani Lakshmi Bai riding into battle remains etched in my mind as a powerful example of strength and determination.



“The stories I heard” & “The stories I tell myself today”: Fostering EQ through Stories told the Indian Way

Contd....

Then there were the Panchatantra tales. I remember the story of The Lion Makers, where four friends set out on a journey. Three of them were highly learned but lacked common sense, while the fourth had practical wisdom but no formal education.

Along the way, the scholars found the bones of a dead lion and, using their knowledge, decided to bring it back to life. Just before they completed the lion's frame, the wise but "uneducated" friend quickly climbed a tree. As soon as the lion came to life, it devoured the three scholars, while the practical friend remained safe. The tale wasn't just entertaining—it subtly taught me that knowledge without wisdom can be dangerous, and practical intelligence often outweighs mere bookish learning.

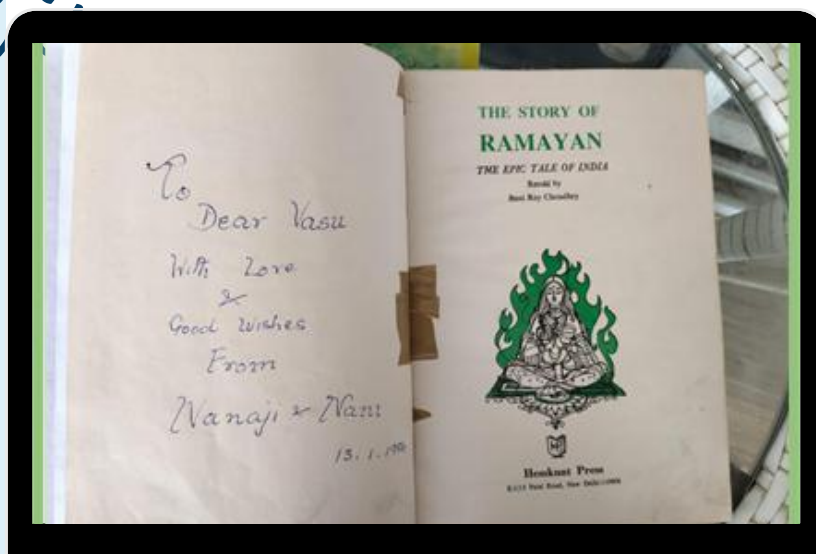
The folk tales of Kashmir, with their mystical elements and captivating narratives, transported me to a world of magic and wonder while simultaneously instilling values of kindness, honesty, and respect for nature. These stories, with their magical elements and talking animals, sparked my imagination and taught me about the interconnectedness of all living things. The Ramayana offered timeless lessons in resilience, integrity, and the importance of relationships. On one hand, it spoke about Rama's acceptance of exile, which demonstrated emotional regulation and grace under adversity. Moreover, it showcased Sita's endurance in captivity, which reflected her inner strength. Hanuman's unwavering devotion symbolised courage and loyalty, while Bharata's refusal to claim the throne showcased humility and ethical leadership.



“The stories I heard” & “The stories I tell myself today”: Fostering EQ through Stories told the Indian Way

Contd....

But what made these stories the most precious was how they came as gifts from my grandparents, who carefully chose them for the values they imparted. Through their storytelling, they passed down not just tales but wisdom—lessons in empathy, selflessness, and staying true to one’s values—that have stayed with me ever since, both as the actual books (a little torn and taped up due to excessive use) and metaphorically as the emotions that were always associated with these books.



These Indian stories were more than just entertainment; they were a foundation of values, creativity, and imagination that shaped my worldview. They instilled in me resilience and the ability to navigate through life’s complexities while fostering a deep appreciation for heritage and storytelling. What makes this connection even more special is that Bhutan, a nation known for prioritising happiness and holistic well-being, also recognises the richness of these tales. Many of these books were given to me as prizes during my early years of schooling there, reinforcing their importance beyond borders. It was a testament to how these narratives, deeply rooted in Indian culture, held universal appeal, imparting timeless lessons on character, resilience, and the deeper truths of life—lessons that continue to resonate across generations and cultures.

“The stories I heard” & “The stories I tell myself today”: Fostering EQ through Stories told the Indian Way

Contd.....

These stories, passed down through generations, are more than just narratives; they are a legacy of wisdom. Sharing these stories with our kids helps them develop emotional intelligence and navigate the world. We are weaving the same magic into their lives that was woven into mine, creating a tapestry of shared memories and timeless values. Let's continue this rich tradition, passing on the stories that shaped us, one captivating narrative at a time. India, a land where vibrant colours blend with ancient wisdom, possesses a wealth of storytelling traditions.

Emotional intelligence (EQ)—the ability to understand and manage our emotions and recognise and influence others' emotions—is a crucial skill for navigating the complexities of modern life. It empowers children to build healthy relationships, navigate challenging situations with resilience, and develop a strong sense of self. And what better way to cultivate EQ than through the captivating magic of storytelling, a practice deeply ingrained in the Indian ethos?

Here's how stories influence each EQ component:

Self-Awareness: The stories we tell ourselves shape who we are and what we think we can do. Personal narratives help individuals' reflection of their experiences, emotions, and reactions. Writing or sharing stories enables deeper self-understanding. A teacher sharing a story about when they overcame self-doubt can help students recognise their own emotional patterns.

Self-Management: You can remain happier by reshaping the stories you tell yourself. Stories showcase how characters handle challenges, frustrations, and impulses while demonstrating emotional control. For example, a story about a character learning to pause before reacting in anger can illustrate the power of emotional regulation.

Empathy: Listening to or reading stories from diverse perspectives helps build empathy by immersing the audience in another person's emotions. Stories about different cultures or struggles help readers develop a deeper emotional connection and understanding.

"The stories I heard" & "The stories I tell myself today": Fostering EQ through Stories told the Indian Way

Contd.....

Social Awareness & Relationship Management: The stories we tell ourselves about other people can often be based on our biases — the more we increase our awareness, the more we learn to accept others for who they are. Stories illustrate conflict resolution, teamwork, and communication skills in a relatable way. A story about a group of friends resolving a misunderstanding demonstrates the importance of clear communication.

And what better stories than the Indian ones – Indian stories are timeless in their ability to teach, inspire, and nurture emotional intelligence in children. Whether it's through the heroic struggles of mythological figures, the moral dilemmas in folktales, or the relatable emotions in contemporary literature, Indian stories provide a wealth of wisdom to assist young minds in navigating life with enhanced emotional awareness, empathy, and resilience.

As educators, you hold the key to shaping young hearts and minds. By integrating storytelling into your teaching methods, you make learning dynamic, engaging, and emotionally enriching. A well-chosen story has the power to ignite imagination, foster profound discussions, and cultivate a lifelong love for learning.

Use stories not just to teach lessons but to build emotional intelligence, instill values, and help children navigate life with confidence and kindness. Your storytelling can transform the classroom into a place where learning is not just about facts but about feeling, thinking, and growing together.



SHARING FEELINGS

with children communicates the message that it is okay to talk about feelings and that everyone has a range of different feelings.

Timeless Tales, Enduring Values: Building Indian Ethos Through Narratives



by Dr. Vidhya Satish, Director
SIES Institute of Comprehensive Education, Sion and Nerul

In India's vibrant and multicultural landscape, introducing children to culturally rich stories is a powerful way to instill moral values early in life. These narratives go beyond mere entertainment—they serve as a bridge to heritage, nurture empathy, and impart profound lessons that contribute to shaping young minds.

The Impact of Stories in Early Childhood

Storytelling has always been a cornerstone of Indian culture, passing down traditions, history, and ethics through generations. For young children, these tales create a strong foundation for understanding the world. Whether through the adventures of deities, noble heroes, or everyday figures, these stories reinforce essential virtues such as honesty, courage, kindness, and respect. For instance, the Ramayana imparts lessons on leadership, duty, and self-sacrifice, while the Mahabharata delves into themes of justice, morality, and the repercussions of one's choices. Moreover, storytelling has long served as an educational tool in India, playing a crucial role in fostering values, ethical reasoning, and critical thinking among learners.

Timeless Tales, Enduring Values: Building Indian Ethos Through Narratives

Advantages of Culturally Rich Stories

- Building Moral Values:** Indian stories, particularly those from the Ramayana, Mahabharata, and Panchatantra, are rich in ethical teachings. They instill virtues like truthfulness, kindness, and bravery, helping children understand the impact of their actions.
- Encouraging Cultural Appreciation:** Exposing children to stories from different Indian regions allows them to embrace the country's diverse traditions and customs, fostering inclusivity and respect for varied cultural backgrounds.
- Fostering Empathy and Understanding:** By engaging with narratives about historical and mythical figures—such as Raja Harishchandra and modern-day heroes—children learn compassion and gain insight into different life experiences.
- Enhancing Language and Thinking Skills:** Listening to culturally rich stories in multiple Indian languages strengthens linguistic abilities and cognitive development, expanding vocabulary while promoting imaginative thinking.
- Connecting to Heritage and Identity:** These stories help children appreciate their roots, nurturing a sense of belonging and pride in their cultural heritage.

Different Ways to Introduce Culturally Rich Stories to Children

1. **Storytelling Sessions** – Host regular sessions featuring Indian folktales, epics, and oral traditions to expose children to diverse narratives.
2. **Multimedia Engagement** – Utilize toys, audiobooks, animated films, and educational videos to make cultural storytelling interactive and accessible.
3. **Interactive Storytelling** – Incorporate puppetry, role-playing, and dramatization to create an immersive storytelling experience.
4. **Celebrating Culture through Stories** – Integrate storytelling into festivals, sharing narratives that highlight the meaning behind traditions and celebrations.
5. **Community and Family Involvement** – Encourage parents and local storytellers to share tales from their heritage, enriching children's perspectives while strengthening cultural ties.

Timeless Tales, Enduring Values: Building Indian Ethos Through Narratives

A few stories reflecting Indian Ethos is shared here.

The Power of Faith

Little Anna lived in a small Indian village. It was summertime and as always, the temperatures were soaring at 40 to 42 degrees in the day. As the summer months stretched, the heat became unbearable for all. Water levels dropped and it became very difficult for the villagers to get water for their basic needs. As months passed by there was no sign of the rain. It became hotter and hotter. The villagers said it is the harshest time for them. The drought was getting worse and unbearable. The villagers then decided that seeking the help of God is the only way out. They organized special prayers in the local church. The services were attended by the villagers daily. But there seemed to be no sight of the rain. Slowly, the villagers appeared to be disheartened and started losing hope. Yet the service continued.

At Anna's home, there was a great discussion about this. Anna then decided to go to church and pray. Her grandmom would always say that God listens to children's prayers for sure. The following day Anna left for the church. The service had begun, and everyone noticed that the moment Anna entered the church, they heard thunder, lightning and within few minutes, it started to rain. It poured for an hour and people were thrilled with the smell of the petrichor (the pleasant smell of rain when it hits the dry land). But they wondered, we have been praying for days and there was no sign of rain. Today, this child walks in and it starts to pour.

Just then, they realized and saw that Little Anna had carried an umbrella to the church. She was sure that when she came and prayed it would rain and that she needed an umbrella to reach home. None of them had brought an umbrella till then! This little girl taught everyone the power of her faith in the almighty. People understood that it is important to pray but it is more important to pray with faith.

Faith
and
Hope



Timeless Tales, Enduring Values: Building Indian Ethos Through Narratives



Ganesha and the Moon



One day, Kubera, the Lord of Wealth, invited Ganesha for a grand feast. The spread was lavish, filled with delectable sweets and delicacies. Ganesha thoroughly enjoyed the meal, indulging in modaks, ladoos, kheer, and pedas. After satisfying his appetite, he bid farewell to Kubera and set off for home, riding on his vahana, the mouse.

On the journey back, a serpent suddenly crossed their path, startling the mouse. In panic, it scurried haphazardly, lost balance, and toppled over, causing Ganesha to fall with a thud. His stomach burst open, spilling all the sweets he had eaten. Watching this scene unfold, Chandra—the moon—burst into laughter, mocking Ganesha.

Angered by Chandra's ridicule, Ganesha took the serpent and tied it around his broken stomach. In his fury, he broke off his tusk and hurled it at the moon, shattering it into pieces. From that day, the moon disappeared completely, plunging the night into darkness. People longed for the moon and pleaded with Ganesha to restore it.

Moved by their pleas and displaying his inherent kindness, Ganesha agreed. However, he decreed that the moon would never be full every night—it would wax and wane, appearing completely only once a month, while disappearing entirely on another night. Grateful, Chandra thanked Ganesha, and the people rejoiced as the moon returned to the sky, following its new cycle.

This tale beautifully explains the phases of the moon while highlighting Ganesha's temper, wisdom, and compassion.



Timeless Tales, Enduring Values: Building Indian Ethos Through Narratives

The Man and the Dog

"The Man and the Dog" is a short Islamic story that instills moral values in children, nurturing their compassion for animals. The tale follows a weary traveler in the scorching desert, parched and desperate for water. After finally discovering a deep well and quenching his thirst, he encounters a dog struggling against dehydration. Moved by the animal's plight, he devises a way to help—using his shoe to draw water from the well and offering it to the suffering creature. His selfless act of kindness does not go unnoticed. Upon his passing, Allah grants him mercy, recognizing the purity of his heart through his compassion for the dog. The story serves as a timeless lesson in empathy and generosity.



Few Book Recommendations by Indian Authors

1. Ruskin Bond – The Blue Umbrella – A heartwarming story about kindness and generosity.
2. Sudha Murty – The Bird with Golden Wings – A collection of folk-inspired tales with moral lessons.
3. R.K. Narayan – Malgudi Days – Short stories capturing everyday life in India.
4. Deepanjana Paul – A Book for Puchku – A delightful story about a book-loving child.
5. Ashok Rajagopalan – Gajapati Kulapati (Series) – Fun stories about a friendly elephant.
6. Rajiv Eipe – Ammachi's Amazing Machines – A picture book introducing simple machines in a fun way.
7. Christy Shoba Sudhir – Maharani The Cow – A humorous take on a cow causing chaos in the streets.
8. Sandhya Rao – My Mother's Sari – A child's imagination turns a sari into magical objects.

Timeless Tales, Enduring Values: Building Indian Ethos Through Narratives

Recommendations for few Indian Publishers Specializing in Children's Books

- Karadi Path - renowned for its colorful picture books and engaging audiobooks that bring Indian heritage, folk stories, and traditional narratives to life.
- Tulika Books – Publishes diverse and inclusive children's stories.
- Puffin India – Offers books by renowned Indian authors.
- StoryWeaver – Provides free digital stories for children.
- GetLitt! – A platform featuring books by Indian authors for young readers.

In conclusion, Storytelling has been central to shaping Indian ethos, passing down values, wisdom, and cultural identity. These narratives connect generations, instilling moral principles and fostering a shared heritage. As India evolves, its ethos continues to be enriched by both traditional and modern stories, ensuring that its spirit remains deeply rooted in its storytelling legacy.

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Mythological Story of Mahabali and Vamana

Exploring the significance of Onam

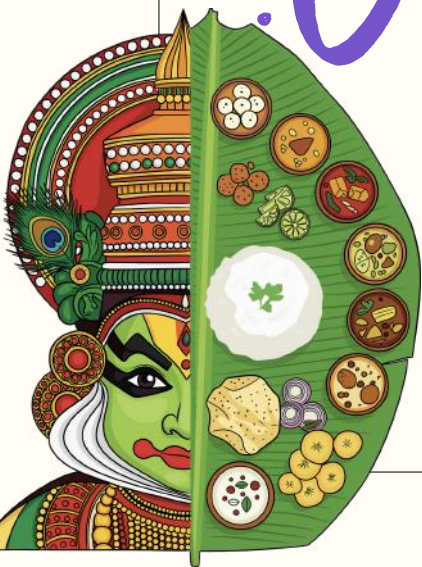
by Tessy Abraham, Student
SYDECCED - Batch of 2023-24

India is a land of Unity in Diversity. There are 28 states in India. Today, I am taking you to the southernmost state of India, Kerala, popularly called 'Gods Own Country'.

Long ago, a kindhearted King Mahabali ruled over Kerala. It was a period of abundance and prosperity. King Mahabali ensured that all his subjects were content and happy. The harvest was plenty, and people were very happy. There was no scarcity of anything.

The growing popularity of King Mahabali made all the Gods and Goddesses scared. They did not want King Mahabali to overrule them. So, all the Gods and Goddesses approached Lord Vishnu and pleaded for justice. Thus, Lord Vishnu came to the land of Kerala, disguised as a Young Brahmin boy, Vamana and met King Mahabali. The pious King Mahabali welcomed Vamana wholeheartedly and granted to fulfill all his desires. Vamana asked for just 3 feet of land. King Mahabali was surprised. "3 feet of land? Is that all you want? You can ask for anything and I will fulfill your desires. In my Land, there is no dearth of anything." Lord Vishnu wanted to bring down this pride that King Mahabali had. He had started thinking of himself equivalent to the Gods.

Onam



King Mahabali happily granted the wish of this young Brahmin boy, Vamana. As Vamana took his first step, he grew enormously big in size. His first step covered the entire earth, the second step covered the entire sky. King Mahabali realized his folly. To keep his promise, he bowed down his head before Vamana for the third step. Vamana took his original form of Lord Vishnu and offered to fulfill one last desire of King Mahabali. King Mahabali said, "O Lord Vishnu, please grant me a wish of visiting my subjects once a year." This wish was granted. Lord Vishnu placed his 3rd step on King Mahabali's head and pushed him down to Hell or Pataal loka (Netherworld). And that was the end of King Mahabali's rule. All the people in the Land of Kerala became very sad hearing this news.

It is believed that King Mahabali visits his people once a year. People rejoice and celebrate the arrival of King Mahabali. It is a festive atmosphere in Kerala. This is the Festival of Onam, the harvest festival. Onam is celebrated with great pomp and excitement all over Kerala.



It is a 10-day celebration, beginning with the 1st day called "attham". People decorate their homes with pookalam, flower petals arranged around Nilavilaku, a traditional lamp. They light lamps, singing traditional Onam songs called 'Onappattukal' and worship Vaman Vishnu Idols. More flowers are added to the floral design each day. Both men and women wear traditional clothes, cream colour 'kasavu mundu' by men and 'kasavu saree' with golden brocades by women. They also indulge in cultural programmes like 'Kaikottikali', 'Kathakali' and 'Pulikali'. The famous 'Vallamkali' or snake boat race is organized. Elephants are decorated with ornaments and grand processions are held. The final day marks "Tiruonam" –An elaborate feast called 'Onam Sadya', with over 26 traditional dishes is served in banana leaf. Families come together to enjoy the feast and remember the Good times when King Mahabali ruled over Kerala.

Happy Onam

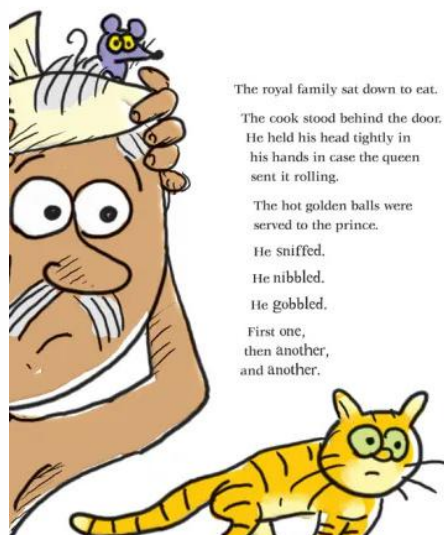
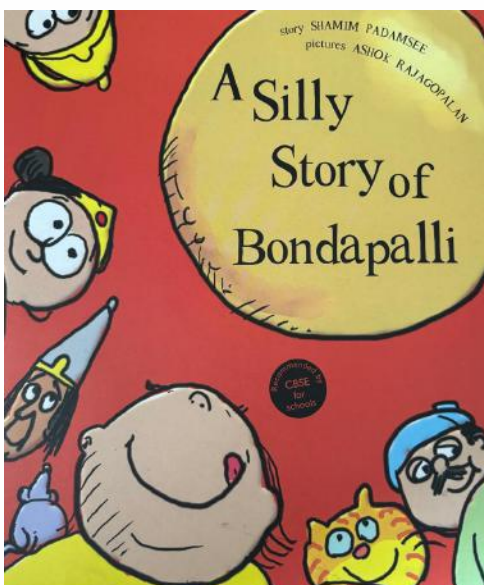


A Silly Story of Bondapalli by Shamim Padamsee
A Crispy Classic - Reviewed by Ms. Swetha Sivaraman
SYDECCEd, Batch of 2025-26

This story is exactly as the title suggests - silly ! It's a story about a young prince who is a very fussy eater - everyday he fussed "Don't want it !", much to the distress of the King and Queen. One day, accidentally the cook made bondas, and this changed everything. From then on, the royals and the commoners, bounce their way through life (quite literally!). This story by Shamim Padamsee is complemented by the witty and amusing illustrations by Ashok Rajagopalan.

As a story, it's just good fun - with no high morals or purpose. Indian culture is replete with stories that have no intention other than to make children have a big laugh - take for instance those lunch time or dinner time stories grandmothers tell their grandchildren - they wisely engage the children and magically make their meals disappear into their tummies !

Stories have always been at the heart of Indian tradition—passed down orally, through epics, folklore, and spiritual texts. They have taught us morality, shaped our identities, and offered wisdom that transcends time. In the context of NEP 2020, storytelling becomes even more relevant—it promotes multilingualism, creative expression, critical thinking, and a values-based education.



"Be-wo-n-da-ful!" he spluttered with his mouth stuffed.
"Yest Wonderful!" declared the king.
"Yest Wonderful!" shouted the delighted queen.
"No! He said BONDAdul!"
"These are bondas!"
With a sigh of relief the cook mumbled, "Y-yes...
b-b-bonda," and scurried back to the kitchen.





The Four Friends and the Hunter

Vidya Rao, Faculty - SIES ICE



In a big green forest, there lived four best friends: a gentle deer, a lovely little tortoise, a smart crow and a tiny rat. They shared a strong bond and were always there for one another.

One sunny day, a hunter laid a net to catch the deer and left. Unfortunately, the deer walked into the trap and couldn't get out. The deer trembled in fear, yet his friends remained near, ready to help.

The rat quickly started biting the ropes with his sharp teeth. The crow flew high into the sky to check on the hunter and warn others about his arrival. The tortoise inched forward, moving toward the hunter's path, prepared to stand in his way.

The approaching hunter saw the cute tortoise and thought of catching him. He let go of his weapon and ran after the tortoise instead. This delay gave the rat the chance to chew the ropes apart and rescue the deer. The deer joyfully jumped out of the trap and went into the forest to hide. The crow cawed loudly; picked the tortoise and flew away.

Disappointed the hunter left and the four friends happily came together, thanking each other for their alertness, courage and teamwork. They promised to stay together and use their combined intelligence and loyalty to overcome challenges.

(A Mitra Bheda Panchatantra story)



"The Smart Crow"

by Nitya Vijaykumar, Faculty - SIE ICE

Once upon a time, in a jungle there lived many birds like parrot, cuckoo, kingfisher, sparrow, woodpecker, swan, myna and peacock. A smart crow was one amongst them. Everyday, all the birds used to assemble on a big old tree and have a good conversation.

One day the king of birds, the Peacock announced that now it is time for him to take rest and decide his next successor. So, the king decided a day and asked all the birds to be present for the meeting.

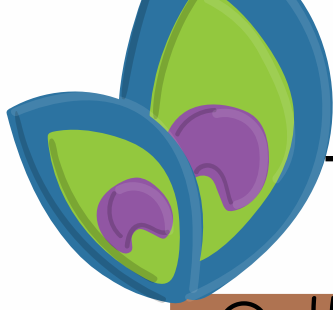


On that day all the birds met at their regular meeting place, the big old tree. They began looking and admiring one another. The smart crow was also looking at them and thought, I am no less than the other birds. I wish I could become the king at least for a day.

Thinking this, the crow looked here and there. The other birds flapped their wings and flew to the meeting spot but the crow was still sitting. As he looked down, he saw many feathers had fallen down from the wings of the birds as they flapped their wings before flying.

Now the crow got a superb idea. He collected all the different feathers and attached them to his wings and soon he became a beautiful bird. Wasting no time, he flew to the meeting spot. All were waiting for the king's arrival and as the crow entered all the birds looked at him and were surprised to see such a beautiful bird. The king of birds, the peacock was also surprised as he had never seen such bird in the jungle. After a long discussion the new bird was declared as the king. The crow felt very proud of himself, for he had achieved what he wanted to. Now as it was late and time for sunset. The new king's speech was put on hold till the next day. The crow was relaxed and happy that his wish had come true.

The following day, every bird was there to listen to the new monarch. However, uh ho! When the king crow opened his mouth, a loud caw sound was heard, and everyone became perplexed. They slowly looked at their feathers and their new king, the crow. The birds removed their feathers one by one and exclaimed, "Now, who is that?" It's a crow. Despite knowing who the crow was, he did not feel guilty since he was self-assured and resolute, and his quick thinking allowed him to fulfill his dream of "Being the bird king for a day."



The Peacock Who Came to Lunch

by Ms. Dorit Samant



In the heart of a sunny little village called Sundarpur, nestled between rolling green fields and winding dusty paths, lived a curious boy named Aarav and his clever, ever-smiling Dadi. Their home was simple but filled with warmth—a cozy clay-walled house with bright blue windows, a squeaky old swing on the porch, and a garden bursting with life.

Tall mango trees offered sweet shade and juicier fruit, while marigold flowers bloomed like little suns, nodding their golden heads in the breeze. But the true ruler of the garden was Raja—their bossy, loud, and somewhat dramatic rooster—who took his job of guarding the garden very seriously. Too seriously, if you asked anyone but Raja.

One fine afternoon, the sun shimmered like melted gold, and the smell of Dadi's famous aloo parathas drifted out from the kitchen window, making Aarav's stomach rumble.

He was just about to sneak a bite when —FLAP! FLAP! FLOOF!

A strange sound fluttered through the air.. Aarav paused, head tilted. That didn't sound like Raja. He rushed outside and gasped.



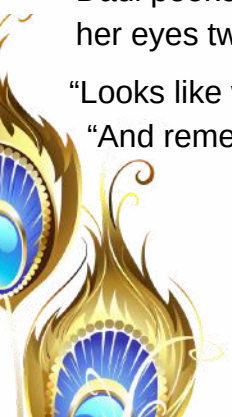
There, perched gracefully on the garden swing, was the most magnificent peacock he had ever seen. Its feathers glowed in the sunlight—sapphire, emerald, gold, and deep violet—all fanned out in a dazzling display. It looked like a rainbow had taken a nap in their garden.

"Dadi! Dadi!" Aarav called, eyes wide. "There's a peacock in our garden!"

Dadi peeked out of the kitchen, wiping her hands on her dupatta. When she saw the peacock, her eyes twinkled.

"Looks like we have a very special guest today, beta," she said.

"And remember—Atithi Devo Bhava—a guest is like God!"





Aarav blinked. "But Dadi... do peacocks even eat parathas?"

Dadi laughed, the sound like temple bells on a breezy morning. "Let's find out!"

Together, they prepared a tiny plate with one warm paratha, torn gently into pieces, and some fresh cucumber slices from their garden. Aarav set it on the grass and stepped back.

The peacock tilted its head, clearly suspicious. It gave the plate a long, skeptical look.

But then—it took a delicate step forward, plucked a piece of paratha, and gave a soft, delighted squawk. Aarav beamed.

Just then—BWAWWWK!

Raja stormed in, feathers ruffled, chest puffed out like a balloon.

"This is MY garden!" he squawked, flapping furiously. "No freeloaders allowed!"

The peacock didn't move. Calm as a cool breeze, it slowly opened its tail feathers until the garden was glowing with color. The sun caught every feather just right, and for a moment, it looked like magic had spilled onto the grass.

Raja skidded to a stop. His eyes widened. He'd never seen anything so... so... fancy

"Err... Welcome, honored guest," he mumbled, suddenly much less puffed-up, and tiptoed away like a chicken on roller skates.

Aarav giggled so hard he nearly spilled the chutney. "Looks like Raja just learned Atithi Devo Bhava the hard way!"





So, the four of them sat together for lunch: Aarav, Dadi, the glorious peacock, and a very polite, slightly embarrassed Raja.

And when the sun dipped low and the sky turned peach-pink and lavender, the peacock stood, gave a graceful bow, and with a swoosh of wings, soared into the sky—feathers sparkling one last time in the evening light.

Aarav waved with both hands. “Come back soon! Next time, we’ll make methi paratha!”

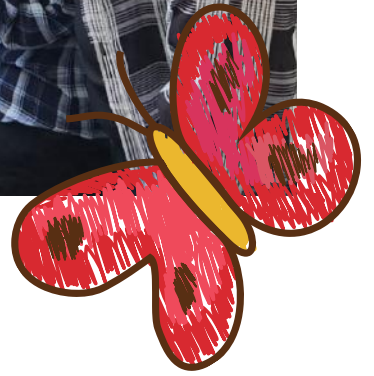
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**Classroom learning of ICT with
Shri. Pankaj Patil**



9th May, Workshop on Enhancing Your Self-Esteem by Dr Vidhya Satish at Nerul



14th May, Festival Presentation @ Nerul Independence day

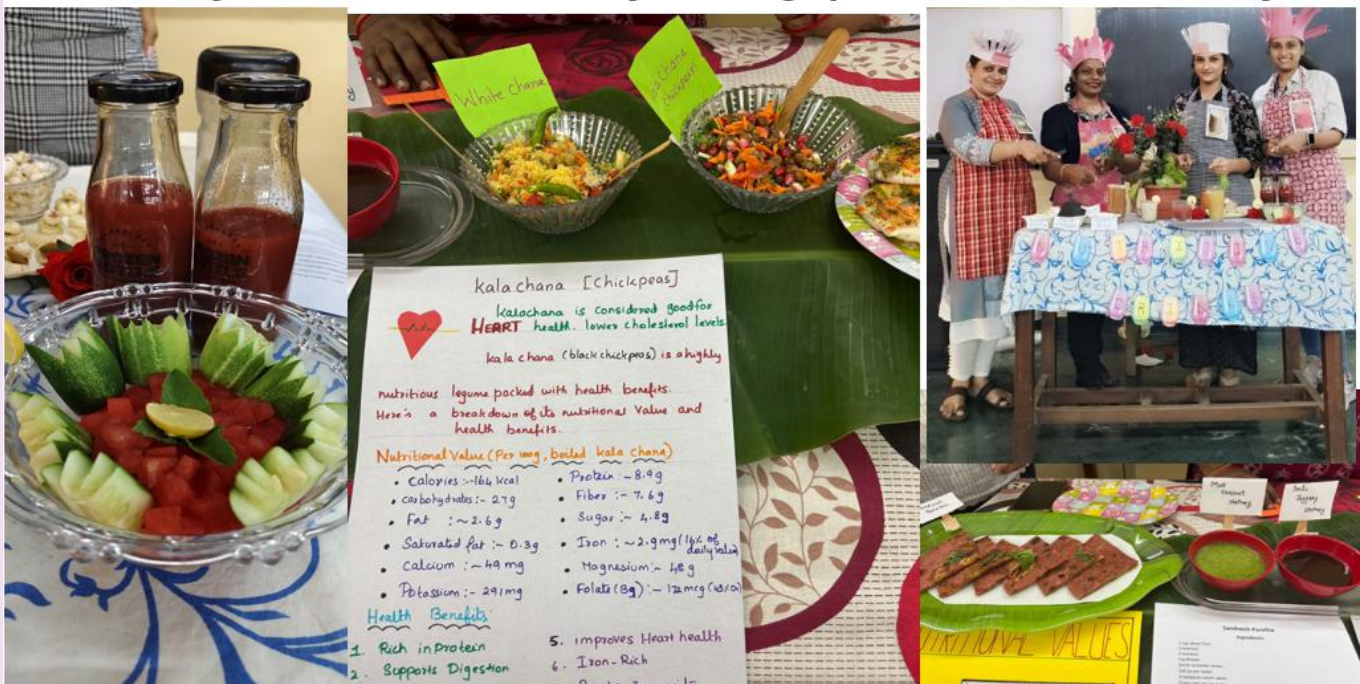


Diwali

15th May – Food Mela – a visually enticing spread



15th May – Food Mela - a visually enticing spread – Nutritious & tasty



<https://heyzine.com/flip-book/8fb2d149ee.html>

17th May – Adhyaapanam Launch & circulation of e-newsletter as flipbook

- Latest issue of our e-newsletter Adhyaapanam focusing on Developing Indian Ethos through Stories.
- <https://heyzine.com/flip-book/8fb2d149ee.html>



20th May – HDFC course mobilization at an NGO in Mankhurd by Ms. Kavitha K & Ms. Nitya V K



Orientation to Teacher Training Program @ 13th June





1st Terminal Exam - Nerul



ADMISSIONS

2025 - 26

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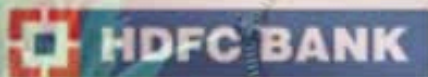




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Dr. VIDHYA SATISH

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SIES INSTITUTE OF COMPREHENSIVE EDUCATION ANNOUNCES ONLINE PROGRAMMES IN:

COUNSELLING:

- **Certificate in Counselling(CC):** Explores the various areas of Counselling and includes essential self-development sessions.
Eligibility: Class XII Pass, **Duration: 14 sessions, 2 hours, Once a week online.**
- **Advance Certificate in Counselling(ACC):** Aimed to orient students on few concepts and areas of Counselling at an advanced level after the completion of the Certificate Course in Counselling.
Eligibility: Class XII pass/Certificate in Counselling/Experience in the field of Counselling or Education, **Duration: 10 sessions, 2 hours, Once a week, online.**

NEURO-LINGUISTIC PROGRAMMING (NLP):

- **Empowers Educators and Stakeholders** to foster Growth Mindsets and wellbeing.
Open to Educators and Student Teachers, **Duration: 30 hours online.**

POST GRADUATE DIPLOMA IN EARLY CHILDHOOD EDUCATION (PGDECE ONLINE):

- The course offers opportunity for those interested to receive formal training in **Early Childhood Education** from the comfort of their home and paced at their convenience.
Eligibility: Graduate from any stream, **Duration: 1 year online**

SPECIAL EDUCATION

- **Certificate Course in Mainstreaming Children with Special Education Needs (Online SEN Under RTE).** The course offers a deeper understanding of inclusion or inclusive practices and equips the learner with knowledge and skills to address the needs of a mixed-ability classroom.
Open to Educators, Parents, Caregivers & other Professionals, **Duration: 4 months online and 3 virtual contact classes.**
- **SEN Bridge Course in Teaching Students with Learning & Behaviour Difficulties (Online SEN Bridge):** The course helps to develop competency to create remedial therapy plans (IEPs) and gain a deeper understanding of strategies suitable for children with special educational needs (academic and behaviour difficulties).
Open to Masters students (Psychology, Education and other related fields) or participants who have completed course I (SEN), **Duration: 3 months online and comprehensive virtual contact program.**
- **Self-Learning Certificate Course in Understanding Emotional & Behaviour Difficulties (SLCC UEBD),**
Open to Educators, Parents, Caregivers & other Professionals, **Duration: 30 hours online.**
- **Self-Learning Certificate Course in Decoding the Autism Spectrum Disorder (SLCC DASD),**
Open to Educators, Parents, Caregivers & other Professionals, **Duration: 30 hours online.**
- **Professional Development Certificate Course in Differentiated Instruction for Inclusive Classrooms (PDCC DIIC),**
Open to Educators, Parents, Caregivers & other Professionals, **Duration: 3 months online.**
- **Professional Development Certificate Course in Positive Behaviour Management of Children of all ages: A Caregiver's Toolkit (PDCC P BMC),**
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SELF LEARNING CERTIFICATE COURSES

DECODING THE AUTISM SPECTRUM DISORDER

Program Structure

- 30 hours Online Certificate Courses (Maximum Access: 60 days)
- Batches start every month

*Open to Educators, Parents, Caregivers
& all other Professionals for Self-Learning*



Registration Fees: 5,000/- per course registration

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SELF LEARNING CERTIFICATE COURSES

UNDERSTANDING EMOTIONAL & BEHAVIOUR DIFFICULTIES

Program Structure

- 30 hours Online Certificate Courses (Maximum Access: 60 days)
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POSITIVE BEHAVIOUR MANAGEMENT OF CHILDREN OF ALL AGES: A CAREGIVER'S TOOLKIT

Program Structure

- 3 months Online Certificate Courses
- Batches: March-May & October-December
- Comprehensive Virtual Contact Program

*Open to Educators, Parents, Caregivers and all other professionals
who want to work with children in inclusive environments*



Registration Fees: 7,000/- per course registration



CERTIFICATE COURSE

**MAINSTREAMING CHILDREN WITH SPECIAL EDUCATION
NEEDS (SEN) UNDER RIGHT TO EDUCATION**

PROGRAM STRUCTURE:

- COURSE DURATION- 4 MONTHS
- FEES - RS. 10,000
- ONLINE COURSE
- THREE CONTACT SESSIONS
- ADMISSIONS ARE OPEN
- CONTACT - 96194 48882 / 9833 436395
- EMAIL - advice@sies.edu.in

MODULES COVERED:

1. Special Education Needs
2. Laws & Provisions
3. SEN in the General Education Classroom Development
4. High Incidence Disorders
5. Identifying a student's need: Psycho educational Assessment and Interpretation
6. Classroom management of Students with Disabilities
7. Implementing Inclusive Education in the Classroom and School

ASSIGNMENT TYPES:

- ❖ MCQ
- ❖ CASE STUDY
- ❖ APPLICATION BASED TEST

ADMISSIONS - CERTIFICATE COURSES IN COUNSELLING



SIES INSTITUTE OF COMPREHENSIVE EDUCATION
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CERTIFICATE IN COUNSELING TOPICS

1. **Orientation and Developing Sensitivity**
2. **Introduction to Counseling and Guidance**
3. **Optimizing Listening Skills**
4. **Educational Counseling**
5. **Vocational Counseling**
6. **Psychological Testing**
7. **Good Parenting and Child Counseling**
8. **Learning Disability**
9. **Child Sexual Abuse**
10. **Counseling LGBTQ Population**
11. **Marital Counseling**
12. **Maintaining your own Mental Health**
13. **Rational Thinking in Difficult Times**
14. **Time Management**

(Please note topics are subject to change based on the needs of the group)

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- ☐ *Teacher Education*
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- ☐ *Special Education*
- ☐ *Short Term Courses in Counselling*
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► NERUL CAMPUS :

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Nerul, Navi Mumbai - 400 706.

☎ 61196458

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Website : www.siesice.edu.in

Teacher Education

- ✓ **Diploma in Early Childhood Care & Education (DECCed) - Affiliated to University of Mumbai**
 - ❖ Duration : 2 Years
 - ❖ Eligibility - 45% in Std XII and above
- ✓ **Diploma in Early Childhood Education (DECE) (Conducted in Sion & Nerul Campus)**
 - ❖ Duration : 1 Year
 - ❖ Eligibility - Std XII and above
- ✓ **Post Graduate Diploma in Early Childhood Education (PGDECE) (Conducted in Sion & Nerul Campus)**
 - ❖ Duration : 1 Year
 - ❖ Eligibility - Graduates from any discipline

Counselling

- ✓ **Post Graduate Diploma in Counselling (PGDC) - Affiliated to University of Mumbai**
 - ❖ Duration : 1 Year
 - ❖ Eligibility - Graduate with Psychology, Human Development, BSW, B.Ed.
- ✓ **Post Graduate Diploma in Guidance & Counselling (PGDGC)**
 - ❖ Duration : 1 Year
 - ❖ Eligibility - Graduates from any discipline
- ✓ **Short Term Courses in Counselling**
 - ☐ Certificate in Counselling (CC) - 15 Sessions
 - ❖ Eligibility - Minimum XII Pass & above
 - ☐ Advance Certificate in Counselling (ACC) - 10 Sessions
 - ❖ Eligibility - Should have completed CC Course or Degree in Psychology

Special Education

- ✓ **Post Graduate Diploma in Special Education (PGDSE)**
 - ❖ Duration : 1 Year
 - ❖ Eligibility - Graduates from any discipline
- ✓ **Online Certificate Course in Mainstreaming Children with Special Education Needs (Online SEN Course)**
 - ❖ Duration : 6 Months
 - ❖ Eligibility - Undergraduates & Graduates, School Teachers, Parents
- ✓ **Online Certificate Course in Teaching Students with Learning & Behaviour Difficulties (Online SEN Bridge Course)**
 - ❖ Duration : 3 Months
 - ❖ Eligibility - Should have completed SEN Course or P. G. Degree in Psychology

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- P. G. Diploma in Early Childhood Education (PGDECE), Sion & Nerul
- Diploma in Early Childhood Education (DECE), Sion & Nerul

COUNSELLING

- University of Mumbai affiliated P.G. Diploma in Counselling (PGDC), Sion
- P. G. Diploma in Guidance & Counselling (PGDGC), Sion

SPECIAL EDUCATION

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- Mainstreaming Children with Special Education Needs (Online SEN Under RTE)
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Thank
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The End!



Thank you for reading!