

A photograph of the Pembroke College crest, which is a shield divided into four quadrants. The top-left quadrant is white with a red rose. The top-right quadrant is green with a white tree. The bottom-left quadrant is blue with a white lion. The bottom-right quadrant is red with a white lion. The crest is mounted on a stone wall above a wooden door, with green foliage visible on the left.

# Pembroke Academic, Personal & Professional Skills Hub

## Setting up for Success: Support, Mentoring and Inspiration

Pembroke was one of the first colleges in Oxford to have a dedicated Study Skills team. This year we are building on the success of our work over the past six years, with the launch of the **Pembroke Academic, Personal & Professional Skills Hub**. This hub offers all Pembroke Undergraduates lectures, workshops and 1:1 mentoring on the skills needed for a successful time at Pembroke and beyond.

- **Academic Skills**
  - e.g. Essay Writing, Reading & Note Taking, Revision & Exam Skills, Tackling Problem Sheets, Research Skills
- **Personal Skills**
  - e.g. Time Management & Combatting Procrastination, Goal Setting, Finding your Purpose, Avoiding Burnout, Cultivating Personal Resilience & Growth Mindset
- **Professional Skills**
  - e.g. Presentation Skills, Teamwork & Collaboration Skills, Innovation & Design Thinking, Project Management

## Dr Dyedra Morrissey



### Retained Lecturer in Study Skills (Sciences & Maths)

I have been one of Pembroke's two Retained Lecturers in Study Skills since MT 2019. Beyond Pembroke I work for the Saïd Business School as a lecturer, masters dissertation supervisor, examiner and 1:1 coach for an assortment of their graduate, executive and custom programmes (e.g. MBA, MSc in Major Programme Management, MSc in Financial Economics and the UK Gov's Major Projects Leadership Academy). Beyond Oxford, I have a portfolio career as a consultant and executive leadership coach to private, public and third sector organisations.

My own research focuses on Time Management and the reasons people and projects miss deadlines, especially looking at psychological biases that contribute to "The Planning Fallacy", the well-known phenomenon that people often underestimate the time it will take them to complete a task. I explore the reasons and possible solutions for this phenomenon in everyday-life and academic tasks but also for large-scale major programmes that have often been prone to time and cost over-runs.

Lastly, I have been a member of Pembroke for almost 15 years now, having matriculated in 2010 for my BA in Experimental Psychology, followed by an MSc in Psychological Research and my DPhil and then joining as a Retained Lecturer.

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## Dr Rob McMahon



### Retained Lecturer in Study Skills (Humanities & Social Sciences)

I read PPE at New College, then did the MPhil in Politics. I did my DPhil at Nuffield. I am a student of Political Science - with a US Government specialism. I have taught tutorials more or less consistently since 1996. I was a full-time Tutor at the University of Oxford in Politics from 2001 - 2004.

I continue to teach part-time alongside my main role - as Head of Politics at Radley College. I have published a number of books and articles about US Government. Importantly, in 1991 when I joined New College, there was no formal help available to those of us who - for whatever reason - felt they needed to make more of their tutorials, of their independent study, or of whatever it was they needed to do in their academic life.

When I saw the role of Lecturer in Study Skills advertised almost six years ago, I thought, "I think I could do that...". I can recall why I found elements of my studies to be hard. I can recall during my tutorial teaching thinking, or at least hoping, that I was doing a decent job of checking that my students had the help they needed. The role I have at Pembroke allows me to combine my experience as student with my experience as Tutor. I hope I can be of some help.

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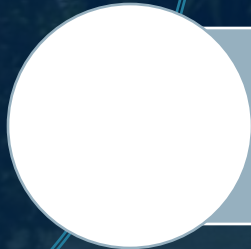
# How you can benefit from the Pembroke Academic, Personal & Professional Skills Hub



Tailored 1:1 Academic Skills mentoring – contact the Academic Office for self-referrals and any further questions



Attend our office hours (see term card) for drop-in sessions  
**NO booking or referral required – just pop in for a chat**



All **Pembroke Academic, Personal & Professional Skills Hub** events open to all Undergraduates (you can help us by spreading the word & sharing our term card with your friends)

For questions or 1:1 self-referrals email the Academic Office: [academic.office@pmb.ox.ac.uk](mailto:academic.office@pmb.ox.ac.uk)





HT week	Date	Time	Topic	Audience	Speaker	Venue
Week 1	Thu, 23 <sup>rd</sup> Jan	12-1pm	Setting up for Success in Hilary Term (Study & Life Skills)	All students	Dr Dyedra Morrissey	Harold Lee Room
Week 2	Thu, 30 <sup>th</sup> Jan	5:30-6pm	What is a Tutorial For?	All students	Dr Rob McMahon	Eccles Room
Week 3	Tue, 4 <sup>th</sup> Feb	5-6pm	Time Management & Overcoming Procrastination	All students	Dr Dyedra Morrissey	Eccles Room
Week 4	Thu, 13 <sup>th</sup> Feb	5:30-6pm	Reading and Note Taking Skills	All students	Dr Rob McMahon	Eccles Room
Week 5	Tue, 18 <sup>th</sup> Feb	5-6pm	Presentation Skills	All students	Dr Dyedra Morrissey	Eccles Room
Week 6	Tue, 25 <sup>th</sup> Feb	5-6pm	Revision & Exam Skills <b>(with tea, coffee &amp; doughnuts)</b>	<b>Sciences &amp; Maths</b>	Dr Dyedra Morrissey	Harold Lee Room
Week 6	Thu, 27 <sup>th</sup> Feb	5:30-6pm	Revision & Exam Skills <b>(with tea, coffee &amp; doughnuts)</b>	<b>Social Science &amp; Humanities</b>	Dr Rob McMahon	Allen & Overy Room
Week 7	Tue, 4 <sup>th</sup> Mar	5-6pm	Finding your Purpose & Goal Setting	All students	Dr Dyedra Morrissey	Eccles Room
Week 8	Thu, 13 <sup>th</sup> Mar	5:30-6pm	Preparing for the Easter Vac & Trinity Term	All students	Dr Rob McMahon	Eccles Room

## Pembroke Retained Lecturers in Study Skills

**Dr Rob McMahon** – Humanities & Social Sciences: [rkm@radley.org.uk](mailto:rkm@radley.org.uk)  
Office hours: Tue 1:30-2:15pm on Teams (further 1:1 sessions available)

**Dr Dyedra Morrissey** – Sciences & Maths: [dyedra.morrissey@pmb.ox.ac.uk](mailto:dyedra.morrissey@pmb.ox.ac.uk)  
Office hours: Thu 2-4pm, Pembroke Staircase 16 Room 5 (further 1:1 sessions available)

