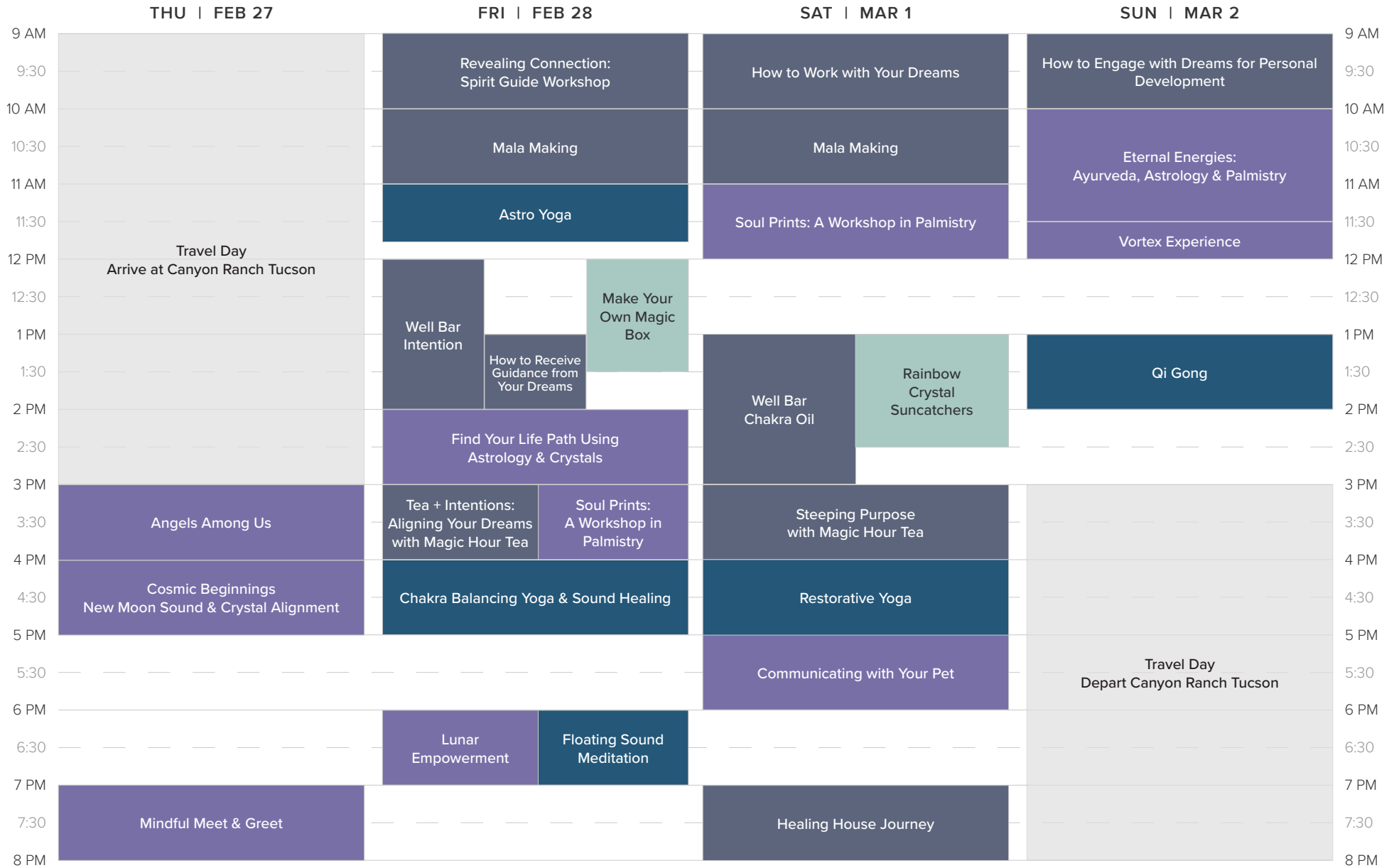


# ILLUMINATE *A Mystic Soul Event*

- Movement
- Arts + Crafts
- Metaphysical
- Special Event



## Thursday

3-3:50 p.m. | **Angels Among Us:** Do guardian angels exist? And what role do they play in our lives? A Canyon Ranch clairvoyant will discuss angel energy in the modern age.

4-5 p.m. | **Cosmic Beginnings New Moon Sound + Crystal Alignment:** Embrace the new moon in Pisces — a time for new beginnings, intuitive insights, and emotional healing. Experience alchemy crystalline sound healing and crystal meditation to align with Pisces' creative energy and set transformative intentions.

7-8 p.m. | **Mindful Meet + Greet:** Connect with Metaphysical experts and like-minded seekers, explore spiritual insights, and discover transformative experiences. A perfect space to deepen your journey or share in collective energy.

## Friday

9-10 a.m. | **Revealing Connection - Spirit Guide Workshop:** Join medium Cindy Luffred for a transformative workshop to unlock the language of the universe, spirit guides, and departed loved ones. Learn to interpret signs and strengthen your connection through guided meditation and personalized support.

10-11 a.m. | **Mala Making:** Join Satya Scainetti, Founder of Satya Jewelry, for this powerful workshop where you'll tap into what you're trying to manifest in your life. Create your own mala bracelet to use for a daily meditation practice.

11-11:45 a.m. | **Astro Yoga:** Align your body and spirit with the energy of the stars, incorporating astrology insights to deepen your practice and enhance your personal growth in a peaceful, empowering environment.

Noon-1:30 p.m. | **Make Your Own Magic Box:** Discover your personal magic by learning basic magical practices and creating a spell box. The class covers candle magic, herbal mixes, crystals, the five elements, and moon phases. Supplies for a wishing spell will be provided. Join us for a charmed afternoon.

Noon-2 p.m. | **WELL Bar Intention:** Create Your Own Wellness Intention Blend choose from: Balance, Calm, Detox, Immune Boost, Recover, Renew, or Rest.

1-1:50 p.m. | **How to Receive Guidance from Your Dreams:** Everyone dreams — but most of us are unaware that dreams can be used to receive inner guidance. Machiel Klerk will reveal techniques to unlock the power of your dreams to remember, interpret, and receive dream guidance to reach your full potential.

2-2:50 p.m. | **Find Your Life Path Using Astrology and Crystal Energy:** Learn how astrology offers guidance about your life path and how to use crystal and gemstone alignment to activate your purpose.

## Friday (cont.)

3-3:50 p.m. | **Soul Prints - A Workshop in Palmistry:** Join this interactive workshop to explore the ancient art of palmistry. Learn to read the lines and shapes in your palms, revealing insights into your personality, life path, and spiritual journey. If you created a print at our Meet & Greet, please bring it.

3-3:50 p.m. | **Tea + Intentions - Aligning Your Dreams:** Join us for a transformative tea ceremony to align with your dreams. Through mindful rituals and intention-setting, clear energetic blocks and manifest your desires, creating a solid foundation to bring your dreams to life.

4-4:45 p.m. | **Chakra Balancing Yoga & Sound Healing:** In this gentle Yin chakra balancing practice, experience the vibrational healing of crystal bowls moving through and around you.

6-6:50 p.m. | **Floating Sound Meditation Clinic:** Experience inner transformation through guided meditation and sound healing while floating on a relaxing airbed through our pool.

6-7 p.m. | **Lunar Empowerment:** Join us for a moonlit journey where you'll write a heartfelt letter to someone who stirs deep emotions. Share your words aloud, if desired, then release the past by burning the letters, transforming pain into freedom.

## Saturday

9-9:50 a.m. | **How to Work with Your Dreams:** Learn to work with your dreams to achieve your desires. Machiel Klerk will provide practical tools to help you work with your dreams and manifest your goals to create positive change and make your dreams a reality.

10-11 a.m. | **Mala Making:** Join Satya Scainetti, Founder of Satya Jewelry, for this powerful workshop where you'll tap into what you're trying to manifest in your life. Create your own mala bracelet to use for a daily meditation practice.

11-11:50 a.m. | **Soul Prints - A Workshop in Palmistry:** Join this interactive workshop to explore the ancient art of palmistry. Learn to read the lines and shapes in your palms, revealing insights into your personality, life path, and spiritual journey. If you created a print at our Meet & Greet, please bring it.

1-2:30 p.m. | **Rainbow Crystal Suncatchers:** Enjoy a simple yet rewarding moment of creative expression by stringing beads and crystals to create your own suncatcher and take a piece of sunshine with you from your Tucson experience.

## Saturday (cont.)

1-3 p.m. | **WELL Bar Chakra Oil:** Create your own chakra gemstone anointing oil and use a chakra guide to determine your energy focus.

3-3:50 p.m. | **Steeping Purpose with Magic Hour Tea:** Embrace the fleeting beauty of each moment through three gratitude practices: presence, impermanence, and the lessons we learn. Enjoy a transformative ritual that fosters mindfulness, clarity, and creative purpose.

4-4:45 p.m. | **Restorative Yoga:** Experience deep relaxation for healing and rejuvenation. Bolsters and props will be used for gentle, supported poses.

5-5:50 p.m. | **Communicating with Your Pet:** A Canyon Ranch clairvoyant reveals ways to intuitively read your pet's mind and mood. Plus, use meditation to discover your animal spirit guide.

7-8 p.m. | **Healing House Journey:** Join us for a transformative experience using music and healing frequencies to elevate your vibration, promoting relaxation and inner harmony.

## Sunday

9-9:50 a.m. | **How to Engage with Dreams for Personal Development:** Learn to communicate with your dreams and ask meaningful questions. Machiel Klerk will provide tools to help you work with your dreams to achieve personal development, healing, and growth as you transform limiting beliefs.

10-11:20 a.m. | **Eternal Energies- Ayurveda, Astrology + Palmistry:** Explore Ayurveda, astrology, and palmistry in this holistic class. Learn about your dosha and its influence on your health — plus, your birth chart and palmistry will offer deeper insights into your personality and life purpose for greater self-awareness.

11:30 a.m.-Noon | **Vortex Experience:** Experience a transformative journey with Metaphysical Expert Hapi Hara. Discover a sacred vortex on our property and learn to harness its powerful energies for personal transformation.

1-1:45 p.m. | **Qi Gong:** This ancient art uses breath to strengthen internal organs and gentle movement to calm the mind.



### TRUNK SHOWS

Satya

Magic Hour Teas

Crystals with Hapi Hara

Adoratherapy

### ONE-ON-ONES

Cindy Luffred:  
Revealing Soul

Adoratherapy  
Aura Photos

### RECOMMENDED SERVICES

Angel Card Reading

Handwriting Analysis

Vedic Astrology

Clairvoyant Reading

Udvertana Massage

Balanced Energy

Chakra Balancing  
Massage