

Be a super SAVER

NOW ON!



SPAR
Individually Quick
FROZEN CHICKEN
MIXED PORTIONS
WITH BRINE BASED MIXTURE
2 kg
69⁹⁹ each
As good as the best for less

SPAR
Frozen Chicken
Mixed Portions
2 kg

69⁹⁹ each

As good as the best for less

SOURCE OF 9 VITAMINS
NEW FAMILY PACK
SPAR
GOLDEN
CORN FLAKES
1 kg
49⁹⁹ each

SPAR
Golden
Corn Flakes
1 kg

49⁹⁹ each

Hulett's
White Sugar
2.5kg
Hulett's
Est. 1892
White Sugar
2.5 kg
54⁹⁹
Save R7
WITH RewardsCARD

Hulett's
White Sugar
2.5 kg

54⁹⁹

Save R7
WITH RewardsCARD

Excella
Sunflower
Oil
2 litre
59⁹⁹
Save R20
WITH RewardsCARD

Excella
Sunflower
Oil
2 litre

59⁹⁹

Save R20
WITH RewardsCARD

DE
DOUWE EGBERTS
MEDIUM ROAST COFFEE
PURE GOLD
200 g
139⁹⁹ each

Douwe Egberts
Instant Coffee
200 g
Assorted

139⁹⁹ each

SAVER
TWIN PLY
TWINSAYER
TWIN PLY
Classic Fresh
9 Rolls | 2 Ply | 1350 Sheets
79⁹⁹ per pack

Twinsaver
Luxury
Toilet Tissue
2 ply
9s

79⁹⁹ per pack

VALUE pack
Cuddlers
comfort
50
Cuddlers
pants
124⁹⁹ per pack

Cuddlers
Value Pack
Disposable
Nappies
or Pants

Disposable
Nappies
Size 3 52s,
Size 4 50s,
Size 4+ 48s
or Size 5 44s

Pants
Size 3 34s,
Size 4 32s,
Size 5 30s
or Size 6 30s



More
flavour
& more
savings



Bulk Chicken
Fillets

64⁹⁹
per kg

SPAR
Rewards
More for You



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.

Specials available at selected SUPERSPAR and SPAR stores (excluding KWIKSPAR and SPAR Express stores) from 3 June to 9 June 2024 Only, while stocks last. We reserve the right to limit quantities. Prices include VAT. TV products available nationwide. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington or Keimoes area, the Lowveld or Belfast area. Errors and Omissions Excepted (E&OE).

SPAR



Bakers Selection

COUNTRY VALUE

SPAR Bakery



SPAR Bakery Dessert Topping Cake Assorted

59⁹⁹ each



SPAR Country Value Queenies 10s

24⁹⁹ per pack



SPAR Country Value Raisin Loaf

12⁹⁹ each



SPAR Bakery Rusks 1 kg Assorted

89⁹⁹ per pack

Fresh Produce

freshline



SPAR freshline Soft Citrus 1 kg

BUY 2 FOR **40⁰⁰**



SPAR freshline Bananas 750 g

16⁹⁹ per pack



SPAR freshline Avocados Ripe and Ready 2s

25⁹⁹ per pack



SPAR freshline Soup Greens 700 g

28⁹⁹ per pack



SPAR freshline Potatoes 2 kg

37⁹⁹ per pack

Butchers Best

YOUR BUTCHER

SPAR TENDER TASTY



SPAR Tender and Tasty Buffalo Chicken Wings BBQ / Peri-Peri

89⁹⁹ per kg



SPAR Your Butcher Beef Mince

84⁹⁹ per kg



Chicken Gizzards (Previously Frozen)

38⁹⁹ per kg



Ox Tail (Previously Frozen)

99⁹⁹ per kg

Delicious Made Easy



The FOOD STALL at SPAR



The Food Stall Pizza Range Assorted

85⁹⁹ each



FOR ONLY **35⁰⁰** per combo

GET THAT HEARTY AND HEALTHY TASTE OF HOME FROM YOUR FAVOURITE SPAR. TASTES JUST LIKE IPLATE LASE KHAYA.

Available at The FOOD STALL. Only at SPAR.

Fridge & Freezer Savings



SPAR Large Eggs 18s

52⁹⁹ per pack

As good as the best for less



Blue Ribbon White Sliced Bread 700 g

15⁹⁹ per pack



Stork Country Spread Tub 500 g

27⁹⁹ each



Parmalat Cheddar or Gouda Cheese 600 g

94⁹⁹ each



SPAR Full Cream Maas 2 kg

29⁹⁹ each



Parmalat Steri Stumpie Flavoured Milk 350 ml Assorted

13⁹⁹ each



McCain Frozen Vegetable or Stir Fry 250 g Assorted

BUY ANY 2 FOR **27⁰⁰**



SPAR Processed Meat Hamper 4.2 kg

139⁹⁹

Save R37 WITH Rewards CARD

As good as the best for less



SPAR Breakfast Fry Chicken or Smoked Viennas 1 kg

47⁹⁹ per pack



SPAR Frozen Chicken Head & Feet 1 kg

13⁹⁹

Save R5 WITH Rewards CARD



SPAR Frozen Chicken Necks 1 kg

24⁹⁹

Save R5 WITH Rewards CARD



Cadbury Oreo, Dairymilk, Caramello, Lunch Bar or Crunchie Ice Cream 480 ml

94⁹⁹ each



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We'll make every cent count

Pantry Essentials

COMBO DEAL

- 1 x SPAR Parboiled Rice 5 kg
- + 1 x SPAR Super Maize Meal 10 kg
- + 1 x SPAR Sunflower Oil 2 litre
- + 1 x SPAR Frozen Chicken Portions 4 kg

BUY ALL FOR 399⁰⁰

Bull Brand
Corned Meat
300 g
Assorted

29⁹⁹ each

Save R5 WITH RewardsCARD

Rhodes
Baked Beans
in Tomato Sauce
410 g

BUY 2 FOR **26⁰⁰**

Save R4 WITH RewardsCARD

Kellogg's
Instant Noodles
(Excl. Hot & Spicy)
5 x 70 g
Assorted

BUY ANY 2 FOR **60⁰⁰**

All Gold
Tomato Sauce
700 ml

34⁹⁹ each

Knorr
Aromat Seasoning
Refill Trio Pack
200 g
Assorted

BUY ANY 2 FOR **40⁰⁰**

Save R28 WITH RewardsCARD

Knorrox
Flavoured
Stock Cubes
24s
Assorted

BUY ANY 2 FOR **40⁰⁰**

Save R10 WITH RewardsCARD

SPAR
SUPER
MAIZE
MEAL

10 kg

84⁹⁹ each

SPAR Super Maize Meal 10 kg

Pasta Grande
Macaroni
or Spaghetti
500 g

13⁹⁹ each

Imana
Packet Soup
or Super-Sheba Stew Mix
45 g / 50 g
Assorted

BUY ANY 6 FOR **28⁰⁰**

Save R5

HINDS
CUSTARD
POWDER

125 g

10⁹⁹ each

Breakfast Favourites

Nescafé
Ricoffy Tin
(Excludes Mild
and Decaf)
250 g

54⁹⁹ each

Save R10 WITH RewardsCARD

Laager
Rooibos
Tagless
Tea Bags
80s

39⁹⁹ per pack

SPAR
Full Cream or
Low Fat
Long Life Milk
10 x 500 ml

99⁹⁹ per pack



Snacks and Beverages

Spartetta or
Twist
Soft Drinks
2 litre
Assorted

BUY ANY 2 FOR **30⁰⁰**

Save R4 WITH RewardsCARD

Cappy
100% Fruit
Juice
Blend
6 x 330 ml
Assorted

69⁹⁹ per pack

Reboost
Energy Drink
500 ml
Assorted

BUY ANY 2 FOR **16⁰⁰**

Save R4 WITH RewardsCARD

Rhodes
100% Fruit
Juice Blend
6 x 200 ml
Assorted

42⁹⁹ per pack

WITH RewardsCARD

Fusion
Dairy Blend
1 litre
Assorted

BUY ANY 2 FOR **20⁰⁰**

De Vries
Chocolate
Double Velvet
Biscuits
185 g

23⁹⁹ per pack

Bakers
Red Label
Cream
Biscuits
200 g
Assorted

BUY ANY 2 FOR **34⁰⁰**

Save R16 WITH RewardsCARD

Willards
Cheese Curlys
or Flings
150 g

BUY ANY 2 FOR **36⁰⁰**

Save R6 WITH RewardsCARD

The **SPAR & TOPS** you love, now online!

DOWNLOAD NOW ON



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It's time to save even more

1 x Sasko
Cake Wheat Flour
5 kg
+ 1 x White Star
Super Maize Meal
5 kg
+ 1 x Spekko
Parboiled Rice
5 kg



BUY ALL 3 FOR **199⁰⁰**
Save R81 WITH Rewards CARD

Combo deals

COMBO DEAL

SPAR
1 x French, Chillior Garlic Polony 1 kg
+
1 x SPAR Large Eggs 18s
+
1 x SPAR Bakery Brown Bread 700 g
+
1 x SPAR Individually Wrapped Cheddar or Gouda Cheese Slices 200 g
+
1 x SPAR Daily Spread Tub 500 g
+
1 x SPAR Yoghurt 6 x 75g Assorted

BUY ALL FOR **140⁰⁰**
WITH Rewards CARD

COMBO DEAL

1 x Sunfoil Sunflower Oil 750 ml
+ 1 x SPAR Pilchards in Tomato or Chilli Sauce 400 g
+ 1 x SaveMor Baked Beans 410 g
+ 1 x Nola Mayonnaise Tangy or Original (Excl. Squeeze Bottle)
+ 1 x Pasta Grande Macaroni or Spaghetti 500 g

BUY ALL FOR **110⁰⁰**

COMBO DEAL

1 x SPAR Full Cream Milk 1 litre
+ 1 x Selati Golden Brown Sugar 2 kg
+ 1 x Bokomo Weet-Bix 450 g
+ 1 x Frisco Original or Granules Instant Coffee Tin 250 g
+ 1 x Joko Tagless Teabags 100s

BUY ALL FOR **189⁰⁰**

Homecare Essentials

Pro Wash Washing Powder 2 kg or Auto Liquid 1.5 litre Assorted **52⁹⁹** each

Surf Hand Washing Powder 2 kg **49⁹⁹** each

Sunlight Dishwashing Liquid Refill 750 ml **24⁹⁹** each

Sunlight Laundry Bar 400 g / 500 g Assorted **38⁰⁰** BUY ANY 2 FOR **Save R8** WITH Rewards CARD

Twinsaver Toilet Tissues 1 ply 8s **49⁹⁹** per pack

Personal Care Essentials

Dawn Cream or Lotion for Male or Female 400 ml Assorted **22⁹⁹** each

Shower to Shower Anti-Perspirant Roll on for Male or Female 50 ml Assorted **16⁹⁹** each

Mentadent P Toothpaste 100 ml Assorted **23⁹⁹** each

Listerine Cool Mint or Milder Taste, Fresh Burst, Smartrince Mint or Smartrince Berry Base Range Mouthwash 500 ml **69⁹⁹** each

Lil-lets Essentials Scented or Unscented Sanitary Pads 8s **20⁰⁰** BUY ANY 2 FOR

Lil-lets Essentials Scented or Unscented Pantliners 100s **35⁹⁹** each

Purity Cream of Maize 400 g Assorted **21⁹⁹** each

Purity Baby Cereal 200 g / 250 g Assorted **22⁹⁹** each

SCAN ME

THURSDAYS ARE HAPPY NAPPY DAYS at SPAR

DOWNLOAD THE FREE SPAR2U APP

SPAR Rewards deals: Maximum 10 per customer. While stocks last.

SPAR: • BIRCHGATE • BLOEMHOF • BONANZA • BOTHAVILLE • CROSS • CRYSTAL GATE • CULLINAN • DANIELSKUIL • DANVILLE • DELAREYVILLE • DELMAS • DELTA • DERICKS • DIAS • DOUGLAS • EAST LYNNE • FERRYVALE • FLORA PARK • GHANDI SQUARE • GOLDFIELDS • GREENHILLS • HARTSWATER • HEIDELBERG • HILLBROW • KALAHARI • KISMET • KLOPPER PARK • KROONDAL • LIME ACRES • LEONDALE • NABOOMSPRUIT • NOORDWYK • NYLSTROOM • ORCHARDS • POST OFFICE • PRIESKA • RANDJESPARK • REITZ • ROOSVILLE • SAFI • SCHWEIZER RENEKE (Ex GG) • SETARIA • SILVERTON • SIMUNYE • SOUTPANSBERG • SPARTAN • STRUBENSVALE • THE PALMS • THREE MONKEYS • VENTERSBURG • VREDE • WARRENTON • WESSELBRON • WOLMORANSTAD • ZEEDERBERG
SUPERSPAR: • BALFOUR • BELA BELA • BENONI • BERTRAMS • BETHAL • BOKSBURG • CHRISTIANA • ERMELO • GROBLERSAL MALL • KATHU • KRIEL • KURUMAN • MARBLE HALL • MOKOPANE • MOGOL (Onverwacht) • POSTMASBURG • PLATINUM PARK • PRIMROSE • RANDFONTEIN • SILVERPLAACE • SOUTHERN • SUN VILLAGE • THABAZIMBI • THORNHILL • V.C. • VOLKSRUST • VRYBURG

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Let's chat 0860 313 141

Say "hello" to get specials, store details, SPAR Rewards & more!
For more info: www.spar.co.za or Find us on /myspar

