

# CLICK & CONNECT >>>

ELGIN AREA CHAMBER

February 2026

## U-46's Dr. Suzanne Johnson Named a 'Superintendent to Watch' by National Group

School District U-46 Superintendent Dr. Suzanne Johnson was named to the National School Public Relations Association's (NSPRA's) list of "Superintendents to Watch." Each year, NSPRA recognizes superintendents with fewer than five years of experience who demonstrate dynamic, fast-paced leadership with strong communication at its core. The selection process was highly competitive, with a deep field of outstanding nominees, from which only 30 superintendents nationwide were selected. "These leaders understand that communication is not just about sharing information. It is about building relationships," said NSPRA Executive Director Barbara M. Hunter, APR. [CONTINUE READING](#)



### March Click & Connect Submissions

Promote your news, events, deals, and announcements in our next issue!

- **Deadline:** February 25
- **Submit to:** [post@elginchamber.com](mailto:post@elginchamber.com)
- **Cost:** FREE to all Elgin Area Chamber members

[CLICK HERE](#) to review submission specs and browse past issues.

### You get cookies, Girl Scouts gain confidence.

Best. News. Ever. The official Girl Scout cookie season for our local council, Girl Scouts of Northern Illinois, has started! Best of all, profits from every Girl Scout Cookie purchase stay local, helping Girl Scouts in our area test their limits, try new things, and grow confidence. You can purchase your favorite treats from, in a variety of ways:

[FIND COOKIES](#)

[BUY NOW](#)



# Schedule your 2026 Code Required Fire & Safety Service, Testing, & Inspections

**Plan your year, reserve the date and time that is best for your business, facility, campus or commercial building.**

The inspection, testing, and maintenance requirements for your building's fire and safety systems are critical to ensure the safety and code compliance of your facility. These requirements begin from the date of initial installation and are code required to continue at specific intervals throughout the lifespan of the devices and systems.

**More information - Code Requirements**

**Don't wait, call today: 847-695-5990**

Whether your current system needs repair, or if a new system is the best option, we are here to help. We install, service, inspect, repair, maintain and monitor fire alarm and fire suppression systems throughout Northern Illinois.

Our uniformed technicians are licensed, certified, factory trained and available 24/7 to work on a variety of manufacturer's equipment. Bundling all of your code required services is easy when you choose Fox Valley Fire & Safety, the one company that does it all.

**Contact Us Today**

**847-695-5990 [FoxValleyFire.com](http://FoxValleyFire.com)**



*The Authoritative Source for  
Code Required Fire & Safety Protection*



Elgin Area Chamber visit us at [elginchamber.com](http://elginchamber.com)



## Fire Alarm Systems and 24 Hour Monitoring

- Mass Notification
- Voice Evacuation
- Elevator Recall
- Area of Rescue
- Dampers
- Sensitivity Testing
- Fire Doors
- ERICES / BDA



## Fire Extinguishers

- Recharge
- Hydro Test
- Training Demonstrations
- Fire Hose



## Restaurant and Commercial Kitchen Fire Suppression Systems



## Sprinkler Service

• Dry Systems	• Backflow
• Wet Systems	• Fire Pump
• Antifreeze Loop	• Standpipe
• Fire Hydrant Flushing	



## Engineered Suppression

• FM200	• Sapphire
• C02	• Halon
• Pre-Action	• Deluge
• Foam	

## Emergency Lights

- Emergency Exit Signs
- Inverter Systems

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# JOIN US

Tuesday February 3<sup>rd</sup> at Noon and Thursday February 5<sup>th</sup> at 9 am

## Life in Business Webinar

You are invited to attend Life in Business, a complimentary workshop on business planning strategies designed specifically for entrepreneurs like you to address the sustainability of your business, your ability to retire comfortably, and the financial security of your family.

Topics covered include:

**01** Strategies to reward and retain top talent in your organization

**02** Business Succession

**03** Maximizing after-tax income to owners and their families



REGISTER WITH  
QR CODE

For additional information:  
amy@amyflota.com (847) 931-9221

Presented by Tyler Breed

CA Insurance License Number #4099677

Hosted By Amy True Flota

CA Insurance License Number #FO179075



Tyler Breed is a Financial advisor with Eagle Strategies LLC and an Agent for New York Life Insurance Company. Amy Flota\* is an Agent for New York Life Insurance Company



Eagle  
Strategies  
LLC



This seminar and sales presentation is for informational purposes only. This represents an understanding of generally applicable rules. New York Life Insurance Company, its agents or employees may not give legal, tax or accounting advice. Attendees should consult their own professional advisors prior to implementing any planning strategies. SMRU 510738 (exp. 4.1.2026)

True Insurance & Benefits is independently owned and operated from New York Life Insurance Company and its affiliates

## HOLIDAY INN & SUITES



MEET, STAY, AND DINE—ALL IN ONE LOCATION



### FULL DAY MEETING PACKAGE

- Meeting Room Rental of 8 Hours
- All Day Beverage Service
- Breakfast Buffet
- Morning or Afternoon Snack Break
- Lunch Buffet
- LCD Projector & Screen | 2 Flip Charts | Basic Meeting Room Materials
- \$85 Per Person\*\*

### HALF DAY MEETING PACKAGE

- Meeting Room Rental of 5 Hours
- Half Day Beverage Service
- Continental Breakfast
- Morning Snack Break
- Boxed Lunch Sandwich
- LCD Projector & Screen | Flip Chart | Basic Meeting Room Materials

\$45 Per Person\*\*

• Pet-friendly • EV charging • Pool • Fitness center • Wi-Fi • Dining on-site • Parking included

495 Airport Rd.  
Elgin, IL 60123

Phone: 847-717-8654  
Email: Mercedes@hichicagonw.com



## LAVELLE LAW

# breakfast BRIEFS

## New Year, New Employment Laws: Key Illinois Changes Effective 2026

February 18, 2026

7:45 AM - 9:00 AM

1933 N. Meacham Rd., Suite 127, Schaumburg, IL 60173

Join Lavelle Law for a focused seminar dedicated to the major new employment-related laws that took effect in Illinois on January 1, 2026. While over 280 new laws were enacted statewide, this session zeroes in on the critical updates that directly impact employers, workplace policies, hiring, and HR practices.



This is a free seminar but registration is required as seating is limited.  
Register via Eventbrite.

Kane County Animal Control has announced the 2026 dates for its popular low-cost, drive-through rabies vaccination and microchip clinics [Learn More](#)



# PAPA JOHNS

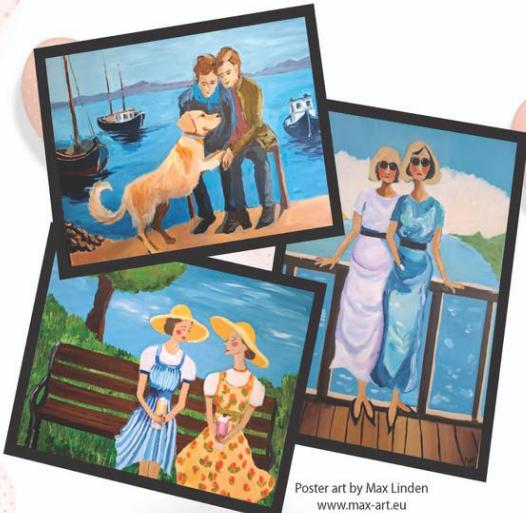
our regular-priced menu items.

**Promo code: ELGIN30**

1825 Larkin Ave, Elgin (847) 760-6464

**Posters make a great gift for Valentine's Day.  
Ask us about all of our large format options.**

We can print posters from your original art or photographs.



Poster art by Max Linden  
[www.max-art.eu](http://www.max-art.eu)



460 Briagate Dr. Suite 800 | South Elgin, IL 60177 | 847-289-9030 | [il231@minutemanpress.com](mailto:il231@minutemanpress.com)

Not applicable on custom or promotional products. May not be combined with other offers or discounts.  
Only valid at Minuteman Press, South Elgin.

## BRIGHT, CLEVER IDEAS



for your 2026  
branding strategy



Commercial  
Graphic Design

Corporate Identity

Bilingual Production

Illustration/Rendering

Digital Design

Web Design

Editorial Design

Label & Packaging

Print & Promos

### CREATIVITY IN ACTION

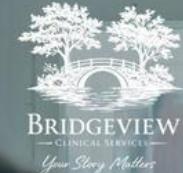
with more than 15 years of experience

### TRANSLATION SERVICES

English to Spanish and Spanish to English:

- General Translation of any written media
- Technical/specialized translations in the areas of: business, finance, health care, corporate, marketing, legal, travel, tourism, human resources, quality control and education.
- Presentations
- All kinds of advertisement pieces: fliers, posters, brochures, promos and more.

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## GROUP THERAPY THAT SUPPORTS REAL GROWTH

We create safe, skill-building spaces for children, teens, and adults to connect, heal, and grow together.



### CHILDREN'S GROUPS

We help kids build emotional awareness, communication skills, and confidence through play-based learning and support.



### TEEN GROUPS

Focused on DBT skills, peer support, and healthy coping strategies, our teen groups provide a safe space for self-discovery.



### ADULT SUPPORT GROUPS

Whether it's anxiety, relationships, or trauma recovery, our adult groups offer structure, connection, and compassionate guidance.



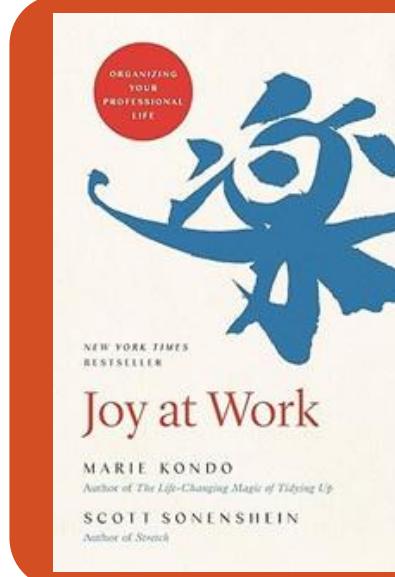
## Business Book of the Month / El Libro de Negocios del Mes

### Joy At Work / La felicidad en el trabajo

**Author:** Mario Kondo **Date of Publication:** 2020 **Publisher:** Little, Brown Spark

**Favorite Quote:** "We can truly spark joy in our work life only when we have put every aspect of it in order." / <<Solo podemos generar verdadera alegría en nuestra vida profesional cuando hemos puesto en orden todos los aspectos que la componen.>>

With 2026 underway, professionals are looking for a fresh start, yet, cluttered desks, overflowing inboxes, and scattered priorities can quickly derail all of that. Thankfully, Marie Kondo's Joy at Work, co-written with organizational psychologist Scott Sonenschein, offers a guide to reordering your workspace to support a more intentional and fulfilling work life. With her calm and encouraging voice, Kondo shows that it's not just about neatness, but about creating space for what truly matters. [CONTINUE READING](#)





**Program STARTS**  
February 23rd 2026

## Taking Charge of Your Career Path Starts with MCIP

*Manufacturing Careers Internship Program*  
Get PAID to Train for Your Future in Industrial Maintenance

- Earn While You Learn** - paid training during every program component
- 3-Week Boot Camp** - get prepped, confident and ready for your worksite
- Hands-On and Virtual Learning** - maintenance training provided by Waubonsee Community College
- Industry Credentials Included** - OSHA, Forklift & Smart Automation (SACA)
- Internship with Local Employer** - gain real-world experience

**PAID Training. Real Skills. Bright Future.**  
Limited Spots - Apply Today!

### IMPORTANT ANNOUNCEMENT!



The IRS will begin accepting tax returns on **January 26**

Contact us for assistance!

## Fs PRO 2.0

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**THE HIGHLANDS**

#### What's an Entry-Level Industrial Maintenance Role?

- Assist with basic machine repair and upkeep
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- Support experienced technicians on the job
- Build Skills that lead to higher-paying technical careers

Are you 18-24 yrs old?    Out of school?    Do you live in Kane County?

Phone Number:  
224-545-0765

Email:  
[contact@bcsillinois.org](mailto:contact@bcsillinois.org)



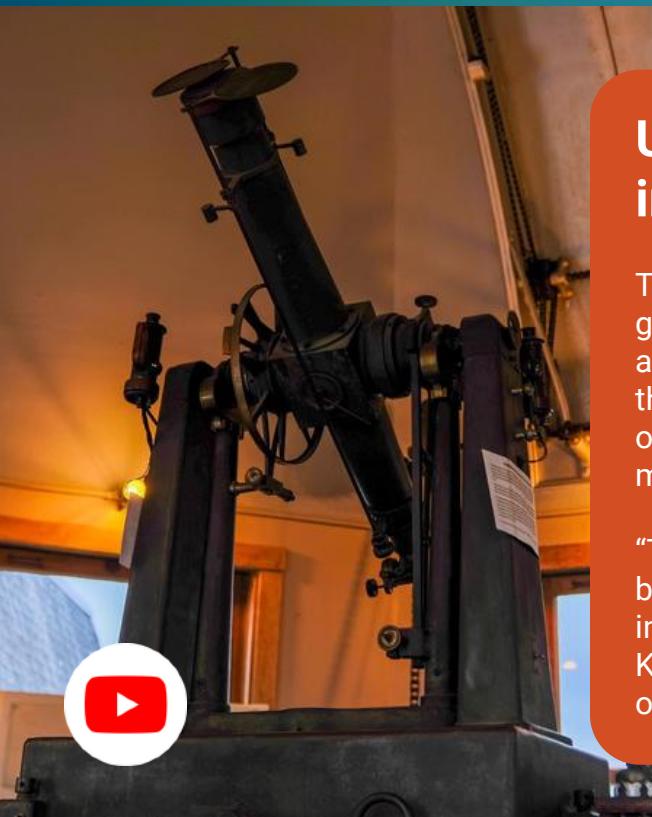
GET STARTED



WAUBONSEE  
COMMUNITY COLLEGE



Business and Career Services provides equal access to all job seekers. MCIP is funded through a Workforce Innovation and Opportunity Act (WIOA) grant awarded by the Kane County Office of Community Reinvestment.



## U-46 Planetarium & Observatory Inducted into Alliance of Historic Observatories

The School District U-46 Planetarium & Observatory, where generations of students have gazed at the stars while learning about Earth's place in space, is now recognized as a member of the Alliance of Historic Observatories (AHO). The international organization is dedicated to preserving and advancing the world's most significant historic astronomical sites.

"The U-46 Planetarium & Observatory is a special treasure for us, but now we know others across the globe recognize its importance as well," said Planetarium teacher Joseph Kellenberger. "Students who come here get to experience a part of history and add to the legacy of the facility." [Continue Reading](#)



## Castle Connolly Top Doctors® Names OrthoIllinois as #2 Orthopedic Practice in Illinois



Castle Connolly Medical, Ltd., America's trusted source for identifying Top Doctors, has selected OrthoIllinois for inclusion in its highly selective list of Castle Connolly Top Orthopedic Practices in Illinois in its 2026 Castle Connolly Accolades.

OrthoIllinois has ranked second highest in the state of Illinois among Orthopedic practices and is a Top Five medical practice. Castle Connolly Accolades recognize health systems, hospitals, and physician practices that demonstrate

excellence in delivering high-quality healthcare through their top-ranked Castle Connolly Top Doctors. Castle Connolly Accolades are awarded to institutions based on the number of Top Doctors nationwide, by state, and across major metropolitan areas. [Continue Reading](#)



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10+ year Injection Mold Exp.  
Drug test (4/panel)  
Interview

**MATERIAL HANDLER**  
10pm-6am \$18  
Drug test (4/panel)  
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**HAMPSHIRE**

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\$17/hr  
Scan/Call for details

**CALENDAR ROLL MACHINE OP.**  
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\$17/hr  
Scan/Call for details

**ELGIN**

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Scan/Call for details

**ELECTRICAL ASSEMBLER**  
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**LIGHT WAREHOUSE CLERK**  
7am-3:30pm \$18  
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Forklift experience  
Any powder industry experience

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# NESBITT AUTO REPAIR

## COMPLETE CAR CARE

Every Tuesday is Senior Citizens Day  
Every Thursday is Ladies Day.

COME IN ON YOUR DAY TO RECEIVE:

- **FREE 23-Point Vehicle Inspection**
- **FREE Tire Rotation (A \$30 Value!)**
- **\$10 OFF Any Synthetic or Full Synthetic Oil Change**

Contact Us

**847-888-8800**



Visit Our Website  
[Nesbittauto.com](http://Nesbittauto.com)

Connect with the heart of our business community. [Join the Elgin Area Chamber](#)

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\* Exclusions Apply. Cannot be combined with other offers. May not be applied to prior service. Must be presented at time of service. No Cash value. EXP 02/28/26

**ELGIN SYMPHONY ORCHESTRA**

**TICKETS START AT \$20**  
Student tickets - \$10. Ask about our Free Youth Tickets for children ages 17 and under.

**SATURDAY • 7:30 PM**  
**FEBRUARY 7**

**SUNDAY • 2:30 PM**  
**FEBRUARY 8**

Pre-Concert Talks begin one hour before each concert

THE HEMMENS CULTURAL CENTER  
DVOŘÁK *Othello*  
BARBER Violin Concerto  
BRAHMS Symphony No. 3

**GENEVA LEWIS PLAYS BARBER**

Chad Goodman, conductor  
Geneva Lewis, violin

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**5th Annual Healthcare Heroes**  
 valentine's day card drive

This Valentine's Day, let's show extra appreciation for those working in health care. State Representative Suzanne Ness and State Representative Anna Moeller are collecting valentines and notes of gratitude to share with health care workers who serve our community.

Accepting Handmade/Homemade cards until Friday, Feb. 6th

**Collection Sites**

 **State Representative Suzanne Ness**  
 District Office  
**Drop off**  
 20 S. Grove St. #103  
 Carpentersville, IL 60110

**Organized by**


Representative Suzanne Ness

 **State Representative Anna Moeller**  
 District Office  
**Drop off**  
 164 Division St. #103  
 Elgin, IL 60102



Representative Anna Moeller

Thank you to Larkin Floral  
 for providing flowers!

**LARKIN FLORAL**  
HOUSE OF FLOWERS

For questions, please contact us at [info@repsnessill66.com](mailto:info@repsnessill66.com) or call (224)-484-8620.

# DIRECT ACCESS TO CARE\*

## WITHOUT THE EXTRA STEPS

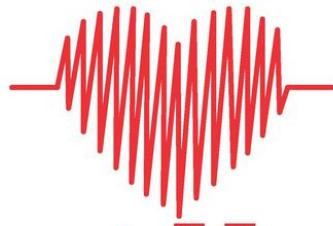
\*Most insurance plans do not require a referral. Contact our office to verify your plan requirements.

Same-day appointments available.

 16 LOCATIONS  18 FOOT & ANKLE DOCTORS

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# Heart Health

## SCREENING

**SERVICES OFFERED:**

Blood Pressure Screenings • Stroke Risk Assessments • Body Composition Analysis  
 Glucose and Total Cholesterol Testing (appointments are required due to limited time frame and supplies)  
 Diet/Nutrition Education • Education on all topics will be available

**CALL (630) 483-5665 TO SCHEDULE CHOLESTEROL TESTING**

**SATURDAY, FEBRUARY 28**  
 9:00 A.M. - NOON

**Hanover Township Senior Center,**  
 240 Illinois Rte. 59, Bartlett, IL 60103

In partnership with



Walk-ins are welcome for the non-invasive screenings. For cholesterol screenings,  
 call Hanover Township to make your appointment: (630) 483-5665

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ALM

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BALDING

 DR. NATASHA  
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 DR. JOHN  
THOMETZ

1795 Grandstand Pl., Elgin 60123



**Sweeten your Valentine's Day with a selection of handcrafted treats made to celebrate love in every bite!**

I'm offering a special Valentine's menu featuring something for everyone — including gluten-free, keto, and vegan options. You'll also find custom decorated sugar cookies and delicate, flavor-packed macarons that make perfect gifts or dessert table showstoppers. The deadline to place orders is February 8, and availability is limited, so be sure to secure your spot as soon as possible. To browse the Valentine's Day menu or ask any questions, please call Daria at 312-610-9033. **Let's make this Valentine's Day extra delicious!**

## Join us for the 2026 Fellowship Housing Gala!



On Saturday, March 7, 2026, celebrate hope and transformation at Belvedere Events & Banquets in Elk Grove Village. Enjoy an elegant evening featuring fine dining, a cocktail hour, silent and live auctions, wine pull, and inspiring entertainment. Your presence helps empower at-risk single moms and their children as they build stability, confidence, and a brighter future. Together we can change the future for generations to come. Registration closes February 22, 2026. **More information at [bit.ly/fhgala26](http://bit.ly/fhgala26)**

**Pallet to Palate**

**EVENT MARCH 31**

**Call for Vendors & Sponsors**

Are you a chef, vendor, restaurant owner, or community leader who would like to be part of our annual tasting event and fundraiser, Pallet to Palate? Join us as a featured vendor or sponsor and help us fight hunger while creating an unforgettable evening!

**DEADLINE TO PARTICIPATE IS SUNDAY, MARCH 1**  
Visit [foodforgreaterelgin.org/p2p](http://foodforgreaterelgin.org/p2p)

 Supporting  
**FOOD FOR  
GREATER ELGIN**

**ST-MARY  
SCHOOL  
of ELGIN**



**ENROLL  
NOW**

**Currently accepting registration for the  
2026-2027 school year.**

Imagine a place where **stellar academics** meet **small class sizes**, giving your child the personalized attention they deserve. St. Mary Catholic School offers a exceptional educational journey right here in Elgin.



**Call Principal Norman at 847-695-6609 today**

for more information and to schedule your personal tour!



**GOING ONCE,  
GOING TWICE**

**ELEVATE YOUR NEXT  
FUNDRAISER WITH  
AUCTIONEER STEVE THOREN**

Hi, I'm Steve Thoren, and my passion is turning your fundraising event into a record-breaking success to fuel your mission.

**My Clients Love Me. Here's Why:**

- Proven Results:** I consistently raise more funds per item than other auctioneers.
- High Retention:** Clients book and retain me year after year because they see the direct impact on their fundraising goals.
- Mission-Focused:** Every bid is driven by my commitment to your cause.

**Is Your Gala Ready for the Next Level?**

**Book with  
Steve  
Today!**

**Steve Thoren**  
Fundraising Auctioneer  
Ph. 847-840-7319  
Email: [steve@raisingpaddles.com](mailto:steve@raisingpaddles.com)

**SOLD**



School of Rock Elgin is now enrolling for the Spring Season. We teach drums, vocals, guitar, bass and keyboards. Help your child build confidence and join the band. Join our performance program today. Final performance will be June 2026 at a local venue. Sign up for a free trial and visit our school to see our state of the art facilities. We are located at 353 S Randall Rd in Elgin. PH 847-449-8068

[Elgin.schoolofrock.com](http://Elgin.schoolofrock.com)



## 2026 INTERNSHIP OPPORTUNITIES

### Elgin Illinois

#### Such an easy decision

In Elgin, we support our businesses. We back them too. It's why the Elgin Development Group exists - to provide solutions to challenges businesses face.

#### Our Free and Confidential Services Include:

Fast Track Permitting  
International Trade  
Workforce Development  
Business Retention, Expansion &  
Relocation  
Resources for Budding Entrepreneurs



**EDG**  
A Division of the Elgin Area Chamber  
ELGIN DEVELOPMENT GROUP

#### Let's talk business

Contact Us at 847-741-5663  
[elgindvelopment.com](http://elgindvelopment.com)



## Unsure Where to Start with Workforce Development?

The Alignment Collaborative for Education and the Northern Kane County Regional Vocational System partner with companies to build talent pipelines while giving back to schools and the community. We design high school internship programs aligned to your needs, connecting you with skilled, motivated students across all areas of your business or industry. We offer over 10 career pathways and have the right future-ready worker for you. In as little as 60 summer internship hours, you can identify future employees.



Nancy Coleman ([colemanace@align4edu.org](mailto:colemanace@align4edu.org))

Terry Stroh ([terry.stroh@central301.net](mailto:terry.stroh@central301.net))



**MONDAY** - \$12 MONTE CRISTO  
**TUESDAY** - \$12 CHICKEN TENDERS  
**WEDNESDAY** - \$12 CHEESEBURGERS  
**THURSDAY** - \$12 CHICKEN WRAP  
**FRIDAY** - ALL YOU CAN EAT FISH FRY!  
**SATURDAY** - PRIME RIB  
**SUNDAY** - KIDS EAT FREE

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**HAPPY HOUR: MONDAY - FRIDAY**

**3PM - 5PM**

**½ PRICED APPETIZERS**  
**\$4 DOMESTIC DRAFFTS**  
**\$5 WELL YOU CALL IT MIXERS**

PSSTTT - DON'T FORGET TO JOIN US FOR ST. PATRICK'S DAY!!!





## STOP SCROLLING. This month hits different.

February at Cuttingo Engraving LLC is about love that lasts and game day that goes hard. From custom heart photo slates and acrylic keepsakes to Super Bowl party cups, cigar accessories, and bar gifts, we turn moments into memories.

Valentine's gifts that mean something.  
Super Bowl gear that shows up big.

If it's personalized, it's better.  
If it's custom, it's Cuttingo.

Love louder.  
Celebrate harder.  
Customize everything.



**Fredie and Alex**

**Cuttingo Engraving LLC.**  
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Watch our interview [here](#)



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INFORMATIONAL WORKSHOPS

**FEBRERO/FEBRUARY**

<b>5</b>	CREA UN CURRÍCULUM QUE DÉ RESULTADO CREATE A RESUME THAT WORKS	5 - 6 PM	CARPENTERSVILLE	<b>ANTHONY GASCA</b> OUTREACH MANAGER
<b>12</b>	CUIDADO FAMILIAR CON APOYO ECONÓMICO FAMILY CAREGIVING WITH FINANCIAL SUPPORT	5 - 6 PM	ELGIN	<b>OKSANA KRUSHELNYTSKA</b> ESAH
<b>19</b>	ELIGIENDO LA CARRERA ADECUADA CHOOSING THE RIGHT CAREER PATH	5 - 6 PM	CARPENTERSVILLE	<b>ANTHONY GASCA</b> OUTREACH MANAGER
<b>21</b>	PRIMEROS AUXILIOS PARA LA SALUD MENTAL MENTAL HEALTH FIRST AID	9 AM - 3 PM	HANOVER PARK	<b>Kenneth Young Center</b> CENTRO DE INFORMACION & KENNETH YOUNG CENTER
<b>26</b>	TUTELA PARA TUS HIJOS GUARDIANSHIP FOR YOUR KIDS	5 - 6 PM	ELGIN	<b>LAW HESSELBAUM</b> Estate   Retirement   Probate   Tax <b>FAVIOLA RAMIREZ</b> ATTORNEY

REGISTRO PREFERIDO PERO NO REQUERIDO  
REGISTRATION PREFERRED BUT NOT REQUIRED

1885 LIN LOR LANE, ELGIN, IL 60123  
6900 BARRINGTON RD. HANOVER PARK, IL 60133  
3036 WAKEFIELD DR, CARPENTERSVILLE, IL 60110  
1551 COMMERCE DRIVE, ELGIN, IL 60123

ESCANEA EL CODIGO QR PARA REGISTRARSE  
SCAN QR CODE TO REGISTER

**(847) 695-9050**  
[www.centrodeinformacion.org](http://www.centrodeinformacion.org)

**FEBRERO/FEBRUARY 5, 12, 19, 21, 26**



## Register TODAY! Marklund's Inaugural Run, Walk & Roll- Elgin on April 26th!

Be part of something new and inspiring in our community! Join the Inaugural Run, Walk & Roll 5K/1 Mile- Elgin, an event for everyone. Whether you race or cheer from the sidelines, you'll help kick off a fun, inclusive community tradition. Register or donate to support a great cause and make history with us. <https://p2p.onecause.com/rwrelgin/>

Marklund is a nonprofit organization serving children and adults with profound disabilities and special healthcare needs. Proceeds from this event support life-enhancing programs and services for individuals with complex medical and developmental needs.

**Scouting America**  
Three Fires Council

**BIG GAME**  
FUNDRAISER  
PREORDER NOW FOR FEB 8TH KICKOFF



Support Scouting America Three Fires Council and Camp Big Timber and let us feed the players at your Big Game Party!

Ribs, Pulled Pork, Sausage AND MORE starting at \$15 per meal!

**Pickup available at  
Camp Big Timber on  
Sunday, February 8th  
from 3-5 pm**

[www.ThreeFiresCouncil.org/BigGameBBQ](http://www.ThreeFiresCouncil.org/BigGameBBQ)



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**Book by March 31, 2026**

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Less stinky kisses. More happy tail wags 😊🐶🐱

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60  
YEARS  
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## WALK4ANIMALS&5K APRIL 26TH

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BBB  
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As of  
12/27/2025

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All Our Fine Frames**

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Card image shown is illustrative and may vary from the card you receive.



Scan to learn more.  
[cafcu.org/greenlight](http://cafcu.org/greenlight)

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FOR BEHAVIORAL HEALTH**  
Leading Individuals to a Healthier Life

## WINTER COAT DRIVE

Help Keep Our Community Warm

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As winter temperatures drop, many individuals and families in our community are in need of warm winter coats.

We are accepting  
New or gently used winter gear for both children and adults

### Drop-Off Information

Ecker Center For Behavioral Health | 1845 Grandstand Pl, Elgin, IL 60123  
Monday - Friday | 8 AM - 5 PM  
2nd Floor - Reception or Leave Coats by Coat Rack

Your donation can help someone stay warm, safe, and healthy this winter.  
Thank you for supporting our community!

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Elgin Area Chamber visit us at [elginchamber.com](http://elginchamber.com)



Pencak Silat Workshop

Saturday, February 14th, 11:00a

Discover Pencak Silat, an Indonesian, full-body, fighting form combining strikes, kicks, grappling, and throwing.

You will be introduced to basic techniques and principles and begin to recognize the underlying advantages and disadvantages of the motion rather than memorizing specific techniques. Wear something comfortable. Knowing how to fall is not required but it helps.

Workshop is open to all skill and experience levels. Suggested for adults and mature youth. \$40 per person.

Minimum participants required



**BRING A FRIEND!**



Qigong Meditation

Saturday, February 21st 11:00a

Qigong is a free-form Chinese martial art with plentiful, non-movement and meditative ways to practice it. Sifu Jason will introduce or refamiliarize you to the art of Qigong and lead you in peaceful and meditative practices and movement exercises. Invite a friend to join you as you relax and learn about your internal channels, Kan and Li, through Qigong Meditation. The workshop is open to all skill levels. \$40 per person.

Pre-registration is preferred but drop-ins are always welcome. 847-888-8866 or email [southelginbudokan@att.net](mailto:southelginbudokan@att.net).

**Visit Our Calendar**