



# Mabon fall Equinox

September 22, 2025

Starling,

This Mabon threshold is not meant to be rushed, but revered. It is a time to balance, to release, and to trust the turning of the seasons.

Surrender to gratitude, open to reciprocity, and let the harmony of light and dark remind you: you are always part of the whole.

xoxo,

Twin Stars

Virgo Eclipse • Libra Balance •

Mabon Harvest

# Threshold Magic

threshold magic lives

where endings &

beginnings meet



At the equinox threshold,  
where day and night stand in  
perfect balance, we are invited  
to release what no longer serves  
and step into sacred service



The Virgo Solar Eclipse cleanses  
old systems, calling us to reset  
daily rhythms and refine our  
devotion

Libra season mirrors the scales  
of cosmic balance, reminding us  
that harmony is found in  
reciprocity

Mabon, the Witches'  
Thanksgiving, celebrates  
harvest, gratitude, and the  
wisdom of transition into the  
dark half of the year

sept 21  
eclipse

sept 22  
mabon - libra szn

## keywords

- Virgo Eclipse
  - Devotion
  - Balance
- Sacred Service
  - Mabon
  - Harvest
- Reciprocity
- Crown Chakra
- Thresholds



# Astrology & Energy

## Virgo Eclipse



South Node New Moon Eclipse:

release & reset

Archetype: devotion, purification,  
sacred rhythms

Shadow: perfectionism, martyrdom,  
hyper-criticism, workaholism

Medicine: return to body, align  
service with soul

## Libra Season



Symbolism: The Scales - balance,  
fairness, justice

Element: Air - connection through  
communication and harmony

Modality: Cardinal - initiates  
relational energy

Ruler: Venus - beauty, diplomacy,  
aesthetics of fairness

Shadow: indecision,  
people-pleasing, avoidance of  
conflict

Seasonal Mirror: Equinox = balance  
of light and dark

# Mabon

## History of Mabon

Harvest Home: ancient Pagan festival at the autumn equinox - work, play, merriment before winter

Mabon ap Modron: Welsh myth of the Divine Child, hidden and reborn - symbol of threshold transformation

Modern Roots: added to the Neo-Pagan Wheel of the Year in the 1970s

Known as: Witches' Thanksgiving - a time of harvest gratitude and reciprocity

Pagan Pride: community gatherings grounded in 3 pillars - public ritual, education, and food drives



## Myth & Archetypes

Mabon ap Modron: taken at three nights old, hidden in darkness, freed at last - a tale of rebirth, hidden wisdom, and thresholds.

Equinox: day and night equal - liminal, potent power of balance.

Libra-Aries Axis: balance and reciprocity (Libra) vs. self (Aries) - harmony meets individuation.

# Rituals & Practices

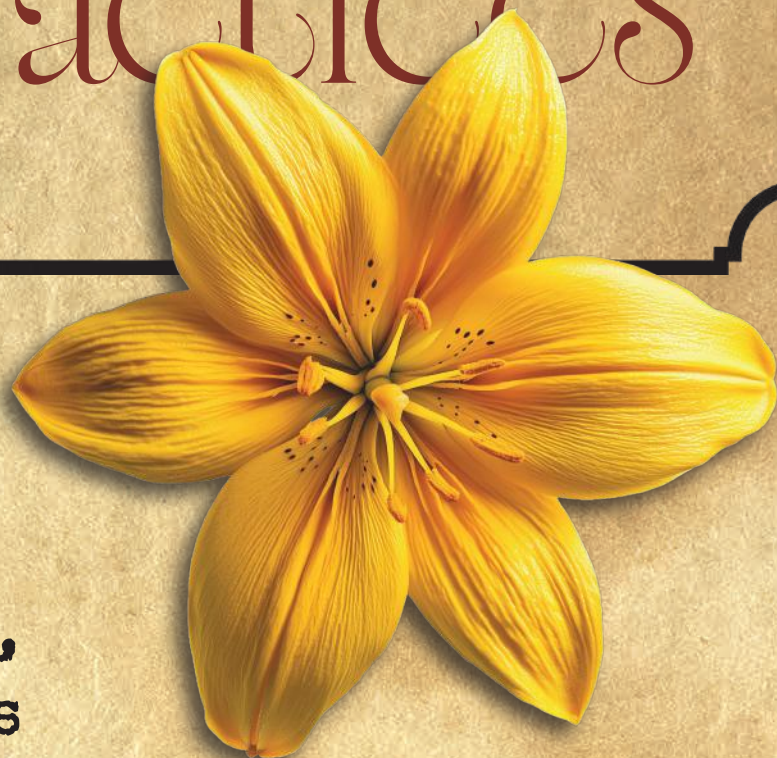
## Seasonal Acts

Prepare for Winter: organize, clear clutter, set intentions

Preserve Abundance: can, pickle, dry, freeze

Harvest Celebration: host a meal, roast nuts, apple-picking, wine/beer tasting

Outdoor Devotion: watch sunrise & sunset



## Crown Chakra Ritual

Sit at your altar with two candles or paired offerings - symbols of balance.

Breathe golden-white light into the crown of your head.

Speak aloud:

**Release:** name what you let go of

**Devotion:** declare the sacred service you now step into

**Threshold Act:** walk through a doorway, pausing to name what ends and what begins.

Wheels of Life: A User's Guide to the Chakra System  
a hymn to the Crown:

Through starry heavens ever climbing,  
matter's solid threads unbinding.  
Out beyond far Heaven's veil,  
the Father rules the starlit trail.

In patterns bright, perceived by sight,  
our thoughts turn over day through night,  
Through our thinking, ever link-ing,  
winding, weaving, wisdom's webs,  
Ancient patterns, flows and ebbs.

Auspicious Shiva, Lord of Sleep,  
your meditations bring us deep  
To ancient wisdom found within,  
a sacred place where we begin  
And ending, here we shall return;  
reconnected we have learned  
To know divinity inside and bring it forth  
with honored pride.

The key within our minds we hold,  
to mysteries we shall unfold;  
Gateway to the worlds beyond,  
In sacred space and peace we bond.



## Mabon Reflections

Use these prompts to deepen  
your practice:

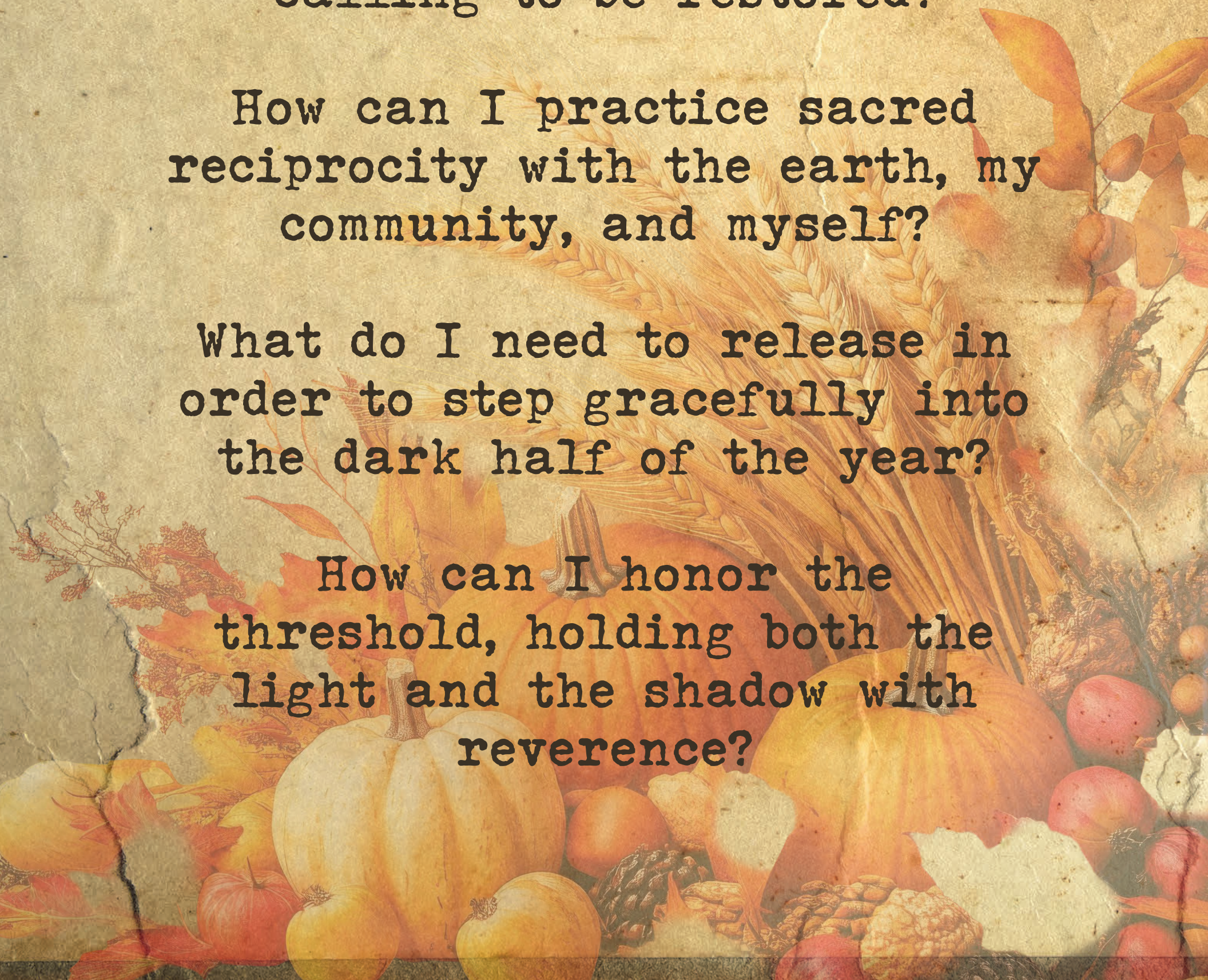
What am I harvesting with  
gratitude from this past  
season?

Where in my life is balance  
calling to be restored?

How can I practice sacred  
reciprocity with the earth, my  
community, and myself?

What do I need to release in  
order to step gracefully into  
the dark half of the year?

How can I honor the  
threshold, holding both the  
light and the shadow with  
reverence?





\*. Stay in the Circle .\*

We'd love to see your ritual!

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