



Veterans Adaptive Sports and Training (VAST)

◀ May		June 2026					July ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1	2	3 Weekly VAST 59 Pineland Dr Biking	4	5	6	
7 Fly Fishing Camp, AOEC, Carrabasset Valley, ME	8 Fly Fishing Camp, AOEC, Carrabasset Valley, ME	9 Fly Fishing Camp, AOEC, Carrabasset Valley, ME	10 Weekly VAST 59 Pineland Dr Biking	11	12	13 Standby to Fly Initiative Benefit Match, Hampden, ME	
14 Standby to Fly Initiative Benefit Match, Hampden, ME	15	16 Cycling Sebago Lake State Park Casco 10-1pm	17 Weekly VAST 59 Pineland Dr Biking	18 Azimuth Check Foundation Deep Sea Fishing Hampton, NH	19	20	
21 Widow Sons' VAST Fundraiser Iron Tails Saloon, Acton, ME	22	23 Maine Veterans Home South Paris, ME VAST Activities	24 Weekly VAST 59 Pineland Dr Biking	25	26 Cycling Mtn. Division Trail Windham 10-1	27	
28	29	30					



Veterans Adaptive Sports and Training (VAST)

◀ June		July 2026					August ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1 Weekly VAST 59 Pineland Dr Bocce, Hiking, Tai Chi, Wheelchair Basketball	2	3	4	
5	6	7 Maine Veterans Home South Paris, ME VAST Activities	8 Weekly VAST 59 Pineland Dr Archery, Bocce, Hiking, Tai Chi	9	10 Azimuth Check Foundation Female Veterans Hike NH	11 ACF Female Veterans Hike Bear Camp Center, Tamworth NH	
12 ACF Female Veterans Hike Bear Camp Center, Tamworth NH	13	14	15 Weekly VAST 59 Pineland Dr Archery, Bocce, Hiking, Tai Chi	16	17	18	
19	20	21	22 Weekly VAST 59 Pineland Dr Archery, Bocce, Hiking, Tai Chi Cycling at AMC Medawisla Hut, Greenville, ME	23 Cycling at AMC Medawisla Hut, Greenville, ME	24 Cycling at AMC Medawisla Hut, Greenville, ME	25	
26	27	28	29 Weekly VAST 59 Pineland Dr Archery, Bocce, Hiking, Tai Chi	30	31		



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◀ July		August 2026					September ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1	
2	3	4	5 Weekly VAST 59 Pineland Dr Archery, Bocce, Hiking, Tai Chi	6	7	8	
9	10	11	12 Weekly VAST 59 Pineland Dr Archery, Bocce, Hiking, Tai Chi	13 Maine Veterans Home South Paris, ME VAST Activities	14	15	
16 Azimuth Check Foundation (ACF) Multi-day Hike, NH	17 ACF Multi-day Hike, NH	18 ACF Multi-day Hike, NH	19 Weekly VAST 59 Pineland Dr Archery, Bocce, Hiking, Tai Chi	20	21	22 Run For the Troops, Cycling Event, Andover, MA	
23 Run For the Troops, Cycling Event, Andover, MA	24	25	26 Weekly VAST 59 Pineland Dr Archery, Bocce, Hiking, Tai Chi	27	28	29	
30	31						



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◀ August		September 2026					October ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2 Weekly VAST 59 Pineland Dr	3 Maine Veterans Home South Paris, ME VAST Activities	4	5	
6	7	8	9 Weekly VAST 59 Pineland Dr	10	11	12	
13 ACF Cycling on Northern Rail Trail, NH	14 ACF Cycling on Northern Rail Trail, NH	15 ACF Cycling on Northern Rail Trail, NH	16 Weekly VAST 59 Pineland Dr	17	18	19	
20	21	22	23 Weekly VAST 59 Pineland Dr	24	25	26	
27	28	29	30 Weekly VAST 59 Pineland Dr				



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◀ September		October 2026					November ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1	2	3	
4 Maine Huts & Trails Flagstaff Hut, Kingsfield, ME Mtn Bike & Trike Camp	5 Maine Huts & Trails Flagstaff Hut, Kingsfield, ME Mtn Bike & Trike Camp	6 Maine Huts & Trails Flagstaff Hut, Kingsfield, ME Mtn Bike & Trike Camp	7 Weekly VAST 59 Pineland Dr	8	9	10	
11	12	13	14 Weekly VAST 59 Pineland Dr Moosehead area, ME Activities TBD	15 Moosehead area, ME Activities TBD	16 Moosehead area, ME Activities TBD	17 Moosehead area, ME Activities TBD	
18	19	20	21 Weekly VAST 59 Pineland Dr	22	23	24	
25	26	27	28 Weekly VAST 59 Pineland Dr	29	30	31	



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◀ October		November 2026					December ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2	3	4 Weekly VAST 59 Pineland Dr	5	6	7	
8	9	10	11 Weekly VAST 59 Pineland Dr	12	13	14	
15	16	17	18 Weekly VAST 59 Pineland Dr	19	20	21	
22	23	24	25 Weekly VAST 59 Pineland Dr	26	27	28	
29	30						



Veterans Adaptive Sports and Training (VAST)

◀ November		December 2026					January ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2 Weekly VAST 59 Pineland Dr	3	4	5	
6	7	8	9 Weekly VAST 59 Pineland Dr	10	11	12	
13	14	15	16 Weekly VAST 59 Pineland Dr	17	18	19	
20	21	22	23 Weekly VAST 59 Pineland Dr	24	25	26	
27	28	29	30 Weekly VAST 59 Pineland Dr	31			