



Veterans Adaptive Sports and Training (VAST)

◀ December			January 2026			February ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Azimuth Check Foundation Winter Mountain Hike, Tuckerman's Ravine	3 Azimuth Check Foundation Winter Mountain Hike, Tuckerman's Ravine
4 Azimuth Check Foundation Female Veterans Winter Mountain Hike, Arethusa Falls	5	6	7 Weekly VAST 59 Pineland Dr Hiking, Boccia, Ti Chi, Pepperball	8	9	10
11 Azimuth Check Foundation Learn to Ski Camp, Jackson, NH	12 Azimuth Check Foundation Learn to Ski Camp, Jackson, NH	13 Azimuth Check Foundation Learn to Ski Camp, Jackson, NH	14 Weekly VAST 59 Pineland Dr Hiking, Boccia, Tai Chi, Pepperball	15 Travis Mills Foundation Wheelchair Basketball	16	17
18	19	20 Travis Mills Foundation Wheelchair Basketball	21 Weekly VAST 59 Pineland Dr Skiing, Boccia Tai Chi, Hiking, Snowshoe	22	23	24 Maine Adaptive Sports Veterans No Boundaries Laser Rifles Boccia, Pepperball
25 Cannon MTN Military Appreciation, NH	26	27	28 Weekly VAST 59 Pineland Dr Skiing, Boccia Tai Chi, Hiking, Snowshoe	29 Cross Country Ski Outing with Loon Echo Land Trust Five Fields Farm, Brighton, ME	30	31

◀ January		February 2026				March ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Weekly VAST 59 Pineland Dr Skiing, Boccia Tai Chi, Hiking, Snowshoe	5 Monson, ME Winter Activities with Warrior Expeditions	6 Monson, ME Winter Activities with Warrior Expeditions	7 Monson, ME Winter Activities with Warrior Expeditions
8 Monson ,ME Winter Activities with Warrior Expeditions	9 Monson, ME Winter Activities with Warrior Expeditions	10	11 Weekly VAST 59 Pineland Dr Skiing, Boccia Tai Chi, Hiking, Snowshoe	12 VAST Biathlon Camp. Pineland Farms	13 VAST Biathlon Camp Pineland Farms	14 VAST Biathlon Camp Pineland Farms
15 VAST Biathlon Camp Pineland Farms	16 VAST Biathlon Camp Pineland Farms	17	18 Weekly VAST 59 Pineland Dr Skiing, Boccia Tai Chi, Hiking, Snowshoe	19 Travis Mills Foundation Wheelchair Basketball	20	21
22	23	24	25 Weekly VAST 59 Pineland Dr Skiing, Boccia Tai Chi, Hiking, Snowshoe Sit Ski Camp, AOEC	26 Paralyzed Vets Association, Sit Ski Camp at AOEC, Carrabassett Valley, ME	27 Paralyzed Vets Association, Sit Ski Camp at AOEC, Carrabassett Valley, ME	28 Paralyzed Vets Association, Sit Ski Camp at AOEC, Carrabassett Valley, ME

◀ February			March 2026			April ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2	3	4 Weekly VAST 59 Pineland Dr Little Lyford AMC, Greenville, ME Hut to Hut XC Ski Excursion	5 Little Lyford AMC, Greenville, ME Hut to Hut XC Ski Excursion	6 Little Lyford AMC, Greenville, ME Hut to Hut XC Ski Excursion	7 Little Lyford AMC, Greenville, ME Hut to Hut XC Ski Excursion	
8	9	10	11 Weekly VAST 59 Pineland Dr	12	13	14	
15 XC Ski and Snowshoe Adaptive Outdoor Education Center (AOEC), Carrabasset Valley, ME	16 XC Ski and Snowshoe AOEC Carrabasset Valley, ME	17 XC Ski and Snowshoe AOEC Carrabasset Valley, ME	18 Weekly VAST 59 Pineland Dr	19	20	21	
22	23	24	25 Weekly VAST 59 Pineland Dr	26	27	28	
29	30	31					

◀ March		April 2026				May ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Weekly VAST 59 Pineland Dr	2	3	4
5	6	7	8 Weekly VAST 59 Pineland Dr	9	10	11
12	13	14	15 Weekly VAST 59 Pineland Dr	16	17	18
19	20	21	22 Weekly VAST 59 Pineland Dr	23	24	25
26	27	28	29 Weekly VAST 59 Pineland Dr	30		

May 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6 Weekly VAST 59 Pineland Dr	7	8	9
10	11	12	13 Weekly VAST 59 Pineland Dr	14	15	16
17	18	19	20 Weekly VAST 59 Pineland Dr	21	22	23
24	25	26	27 Weekly VAST 59 Pineland Dr	28	29	30
31						

◀ May		June 2026				July ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1	2	3 Weekly VAST 59 Pineland Dr	4	5	6	
7 Fly Fishing Camp, AOEC, Carrabasset Valley, ME	8 Fly Fishing Camp, AOEC, Carrabasset Valley, ME	9 Fly Fishing Camp, AOEC, Carrabasset Valley, ME	10 Weekly VAST 59 Pineland Dr	11	12	13 Standby to Fly Initiative Benefit Match, Hampden, ME	
14 Standby to Fly Initiative Benefit Match, Hampden, ME	15	16	17 Weekly VAST 59 Pineland Dr	18	19	20	
21	22	23	24 Weekly VAST 59 Pineland Dr	25	26	27	
28	29	30					

◀ June		July 2026				August ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1 Weekly VAST 59 Pineland Dr	2	3	4	
5	6	7	8 Weekly VAST 59 Pineland Dr	9	10	11	
12	13	14	15 Weekly VAST 59 Pineland Dr	16	17	18	
19	20	21	22 Weekly VAST 59 Pineland Dr	23	24	25	
26	27	28	29 Weekly VAST 59 Pineland Dr	30	31		

◀ July		August 2026					September ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1	
2	3	4	5 Weekly VAST 59 Pineland Dr	6	7	8	
9	10	11	12 Weekly VAST 59 Pineland Dr	13	14	15	
16 Azimuth Check Foundation (ACF) Multi-day Hike, NH	17 ACF Multi-day Hike, NH	18 ACF Multi-day Hike, NH	19 Weekly VAST 59 Pineland Dr	20	21	22 Run For the Troops, Cycling Event, Andover, ME	
23 Run For the Troops, Cycling Event, Andover, ME	24	25	26 Weekly VAST 59 Pineland Dr	27	28	29	
30	31						

◀ August		September 2026					October ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2 Weekly VAST 59 Pineland Dr	3	4	5	
6	7	8	9 Weekly VAST 59 Pineland Dr	10	11	12	
13	14	15	16 Weekly VAST 59 Pineland Dr	17	18	19	
20	21	22	23 Weekly VAST 59 Pineland Dr	24	25	26	
27	28	29	30 Weekly VAST 59 Pineland Dr				

◀ September			October 2026			November ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1	2	3	
4 Maine Huts & Trails Flagstaff Hut, Kingsfield, ME Mtn Bike & Trike Camp	5 Maine Huts & Trails Flagstaff Hut, Kingsfield, ME Mtn Bike & Trike Camp	6 Maine Huts & Trails Flagstaff Hut, Kingsfield, ME Mtn Bike & Trike Camp	7 Weekly VAST 59 Pineland Dr	8	9	10	
11	12	13	14 Weekly VAST 59 Pineland Dr	15	16	17	
18	19	20	21 Weekly VAST 59 Pineland Dr	22	23	24	
25	26	27	28 Weekly VAST 59 Pineland Dr	29	30	31	

◀ October		November 2026				December ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2	3	4 Weekly VAST 59 Pineland Dr	5	6	7	
8	9	10	11 Weekly VAST 59 Pineland Dr	12	13	14	
15	16	17	18 Weekly VAST 59 Pineland Dr	19	20	21	
22	23	24	25 Weekly VAST 59 Pineland Dr	26	27	28	
29	30						

◀ November		December 2026				January ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2 Weekly VAST 59 Pineland Dr	3	4	5	
6	7	8	9 Weekly VAST 59 Pineland Dr	10	11	12	
13	14	15	16 Weekly VAST 59 Pineland Dr	17	18	19	
20	21	22	23 Weekly VAST 59 Pineland Dr	24	25	26	
27	28	29	30 Weekly VAST 59 Pineland Dr	31			