



Different themes; One objective

READ & GROW

Interesting books...

Accomplished authors...

Meaningful perspectives

EVERY MONTH.

Block your calendar!

Wednesday, 25 February 2026 (6 pm – 7.15 pm)

MMA MANAGEMENT CENTER

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PADDY UPTON
THE
Barefoot
Coach

LIFE-CHANGING
Insights from Coaching
the World's Best
Cricketers

Paddy is a thought leader. He brings a unique and relevant approach to cricket, and life!

—RAHUL DRAVID

Paddy's book is an inspiring and unique way of approaching life, career, death and, most importantly, all the levels—JACQUES KALLIS



5:30 PM *Registration & High Tea*

6:00 PM *Welcome Address*
Gp Capt R Vijayakumar (Retd), VSM
Executive Director, MMA

Discussion on the theme of the book
The Barefoot Coach: Life-Changing Insights from Coaching the World's Best Cricketers by Paddy Upton

Dr CA Sangeeta Shankaran Sumesh
The Gain Enabler

In conversation with Special Invitees

Mr Avinash
Global CFO, Alldigi Tech Limited

Mr Viswanathan Hariharan
Director-HR and Head of Business Services, VIVA-IT

Reflections from previous editions of Read & Grow

7:15 PM *Vote of Thanks*



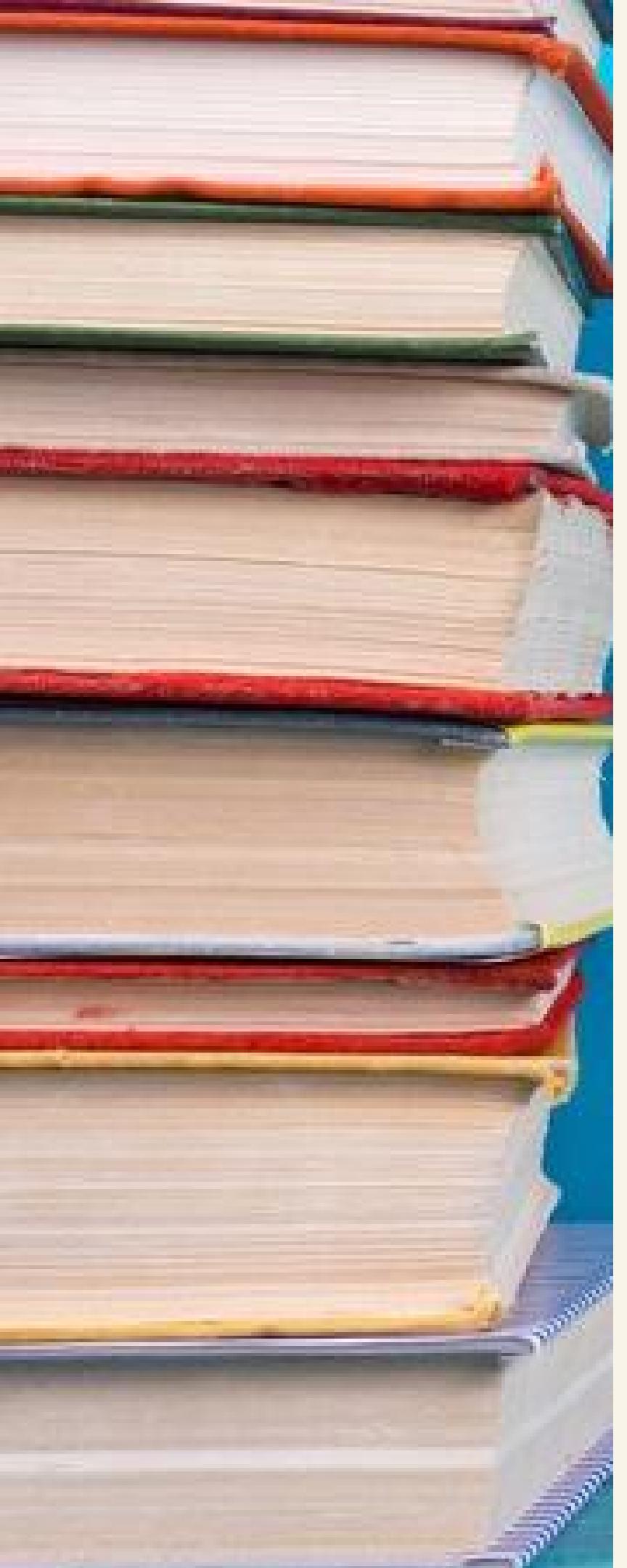
Dr CA Sangeeta Shankaran Sumesh

Sangeeta is a Chief Financial Officer turned Business & Leadership Coach, enabling leaders to grow on purpose, performance, and profits.

An Independent Director on Corporate Boards, Sangeeta is on a mission to serve Corporate leaders & teams to shine and succeed. She brings 30 years of rich experience working with various Corporates.

A recipient of many awards, Sangeeta is a Chartered Accountant, Management Accountant, completed executive education from Harvard Business School, and obtained a Doctorate from the Swiss School of Business & Management. She's a credentialed Coach from the International Coaching Federation (PCC), TEDx & Global Professional Speaker and Bestselling Author of "What The Finance", "Get High" & "Where's The Moolah?".





Avinash

Avinash has over 24+ years of experience in the various gamut of Finance and Accounts with leading organizations such as ITC Limited, Maruti Suzuki India Limited and Wipro Limited. He is a CA Rank Holder, MBA in International Business and ACMA and CGMA from CIMA, London. He is currently working as Global CFO for Alldigi Tech Limited and its US and Philippines subsidiaries



Viswanathan Hariharan

Viswanathan Hariharan is a Masters in Human resource Management from Pondicherry University and has PGDPM from National Institute of HRD. He has more than 2 decades experience in the realm of Human resources with primary focus on Talent Acquisition and Talent Management aligning the function with business Strategy. His experience range across IT, Logistics and Knowledge Services.

He has been involved in culture building activities in one of his earlier organisations based on Panchattva model which is now cherished and put to use for Organizational Development. Has good hands-on experience in hiring at all levels especially leadership hiring, designing and rolling out Performance Management systems, spearheading L & D function, managing large HR teams and positioning HR as strategic business partner. Handling workshops on Interviewing Techniques on a case to case basis. Rich experience liasoning with premier E Schools and B Schools to tap the right talent as part of Campus placements.

Currently working as Director-HR and Head of Business Services with VIVA-IT with primary focus on HR Strategy and managing Domestic Sales



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