



# usefulvision

## January - February - March 2026

Activities for visually impaired children  
across the North East



[www.usefulvision.org.uk](http://www.usefulvision.org.uk)

Part of **Healthworks**  
the community health charity



# Events at a glance...

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**Sunday 11th January: Elswick Pool –  
Splash Party**

**Saturday 14th February: Valentine Silent  
Disco**

**Tuesday 17th February: Little Barn of Calm**

**Thursday 19th February: Larry Lanes  
Bowling**

**Saturday 28th February: A morning in the  
life of a Firefighter**

**Saturday 14th March: Percy Jackson at  
Hippodrome**

**Saturday 28th March: Life Centre**

# How to book

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Get in touch with our friendly team via one of the following options.

**CALL:** 0191 272 4244

**EMAIL:** [usefulvision@hwn.org.uk](mailto:usefulvision@hwn.org.uk)

**ONLINE:** [usefulvision.org.uk/events](http://usefulvision.org.uk/events)

Once you have booked you will receive a confirmation email.

[www.usefulvision.org.uk](http://www.usefulvision.org.uk)



# Elswick Pool Splash Party

**Sunday 11 January**

**Arrival: 12.30pm**

**Prompt start: 12.45pm  
to 2.45pm**

**Get Active /Family Fun**

**All ages**

We will have exclusive use of the pool including the inflatable and pool rings for a whole hour, before heading upstairs where children are welcome to join us for a cold buffet. The pool has a beach entrance, changing bed, water wheelchair, hoist and is suitable for all.

**Elswick Community Pool and Gym, Elswick  
Park, Beech Grove Road, Newcastle Upon  
Tyne, NE4 6RS**

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# Elswick Pool Splash Party

11 Jan

Please note Strict water safety ratios apply:

- All under 8's, weak or non-swimmers: Parent/carer must be within arm's reach at all times. 2 children:1 adult ratio.
- Children 9-12 years: parent/carer must remain in the water and always maintain visual contact.
- Children 13 years and over: must be checked on by a parent/carer regularly.



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# Valentine Silent Disco

14 Feb

**Saturday 14 February**

**Arrival 12noon**

**Prompt start 12.30pm  
to 2pm**



**Family Event – Early  
Booking is advised**

**All Ages**

Join the Useful Vision team and get your dancing shoes on with our amazing silent disco. Sing your heart out like no one is watching with your headphones on.

Suitable shoes must be worn.

**The Lemington Centre, Tyne View,  
Newcastle Upon Tyne, NE15 8RZ**

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# Little Barn of Calm

17 Feb

**Tuesday 17 February**

**Arrival 9.45am**

**Prompt start 10am to 12noon**



**Skills Workshop – Very limited spaces**

**All ages**

Escape to Little Barn of Calm, nestled on a small farm in the heart of the picturesque Derwent Valley. Here, the stunning landscapes and tranquil atmosphere create a true sanctuary.

Limited parking spaces – off street parking

**Field Heads Farm, Castleside, Consett,  
County Durham DH8 9AT**

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# **Larry Lanes Bowling**

**19 Feb**

**Thursday 19 February**

**Arrival 11.15am**

**Prompt start 11.30am  
to 1.30pm**

**(Bowl 11.30am to 12.30pm then light  
refreshments 12.30pm to 1.30pm**



## **Get Active - All ages**

By popular demand...join us at Larry's Lanes for an exclusive game of family bowling. Ramps will be available to use on all lanes and everyone can wear their own flat, closed toe shoes/trainers to bowl. Children are welcome to join their friends for a light bite afterwards with a selection of Larry's Lanes light refreshments.

**Larry's Lanes, 14 The Front, Seaton Carew,  
Hartlepool. TS25 1BS**

[www.usefulvision.org.uk](http://www.usefulvision.org.uk)



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# Morning in the life of a firefighter

**Saturday 28 February**

**28 Feb**

**Arrival 10.45am**

**Prompt start 11am to  
12.30pm**



## **Skills workshop - All ages**

Come along and join Useful Vision to find out about the morning in the life of a firefighter. There will be a chance to look in the fire engines, around the fire station and meet fire fighters who will guide us through their morning routines.

**West Hartford Community Fire Station,  
West Hartford Business Park, Cramlington,  
Northumberland NE23 3JP**

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# Percy Jackson Musical at Hippodrome

**Saturday 14 March**

**Arrival Time: 11.45am**

**Touch Tour 12-1pm**

**Show starts 2pm**

**Family Fun - All ages**

Useful Vision would like to invite you to The Percy Jackson Musical show and an exclusive touch tour. Limited wheelchair accessible seats available. Please advise your requirements when booking.

**Darlington Hippodrome, Parkgate,  
Darlington DL1 1RR**

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# Life Centre Expedition

**Saturday 28 March**

**Arrival Time: 10.15am**

**Prompt start 10.30am**



## **Family Fun / Skills Workshop - All ages**

Join Useful Vision at The Centre for Life for a fun packed day and full access to the whole centre!

**Life Science Centre,  
International Centre for Life, Times Square,  
Newcastle upon Tyne NE1 4EP**

[www.usefulvision.org.uk](http://www.usefulvision.org.uk)



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# Cancellation Policy

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All Useful Vision activities are provided free of charge to families, thanks to the generosity of our funders. We pay for all activities in advance and are unable to receive refunds once bookings are confirmed.

We understand that plans can change, and we always do our best to fill any cancelled spaces. If you need to cancel, please let us know as soon as possible.

If you cancel within 24 hours of the activity and we are unable to fill your place you may be asked to contribute towards the cost of the session.

To cancel please text or call 07544301166 or email [usefulvision@hwn.org.uk](mailto:usefulvision@hwn.org.uk)

# Non-attendance Policy

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We appreciate that unexpected circumstances can arise, however, we have recently experienced a high number of families not attending activities without prior notice.

As a result we are introducing a non-attendance fee. If you do not attend the activity and have not cancelled in advance you will be invoiced for the full cost of the unused session.

We reserve the right to withdraw advance booking privileges to those who regularly and/or frequently cancel at the last minute or do not attend.

This helps us make sure all families have fair access to activities and that valuable charity funds are not wasted.

# Support Useful Vision

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At Useful Vision, we're proud to offer free, accessible and confidence-building activities for children and families across the North East. Everything we do is designed to help visually impaired children have fun, make friends and enjoy new experiences in a safe, supportive environment.

If you enjoy taking part in our events, please consider [making a small donation](#).

Every penny makes a real difference - helping us continue to provide exciting activities, family days out, skills sessions and events in the months and years ahead.

With your support, we can keep creating memorable moments and opportunities for children to shine. Thank you for being part of the Useful Vision community.

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**usefulvision**

**0191 264 1959**

**[www.usefulvision.org.uk](http://www.usefulvision.org.uk)**

**[usefulvision@hwn.org.uk](mailto:usefulvision@hwn.org.uk)**

**The Lemington Centre,**

**Tyne View,**

**Newcastle, NE15 8RZ**

**Explore and book a  
Useful Vision activity**



**Support Useful Vision**



**[www.healthworksne.org.uk](http://www.healthworksne.org.uk)**