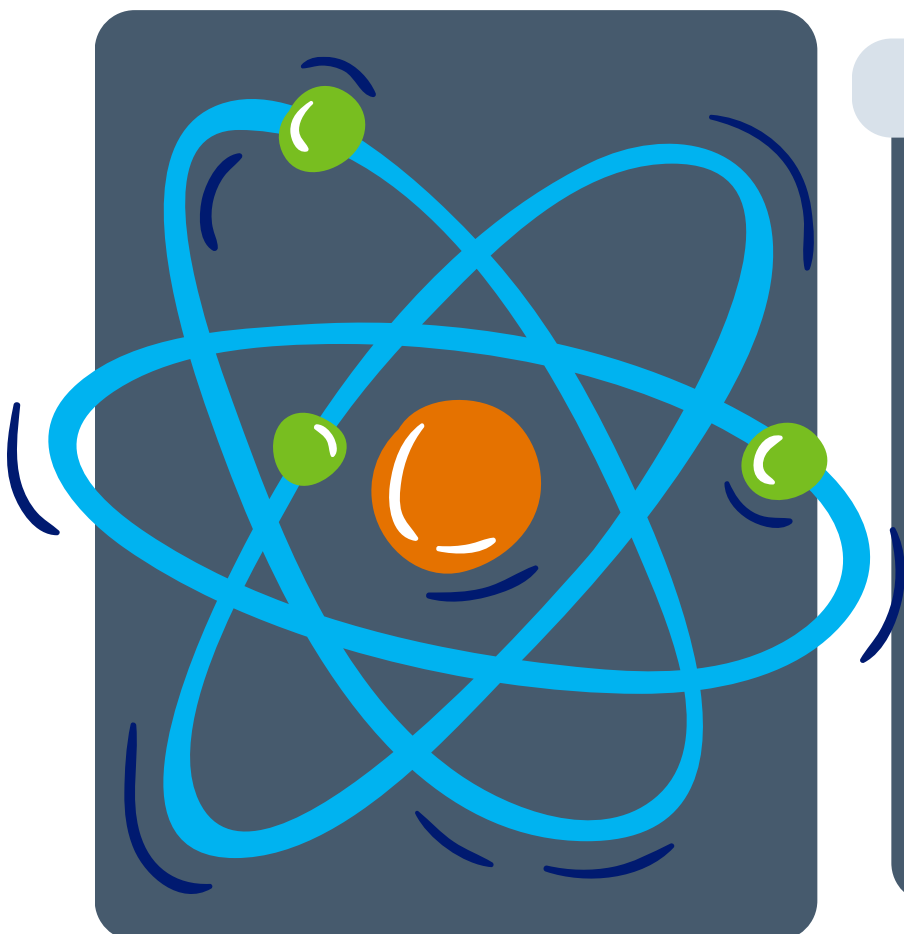


Navigating Post-Fellowship Career Paths

Choosing your post-fellowship path can be daunting. Whether you're considering an academic career, clinical practice, or a hybrid of both, it's important to balance your professional goals with personal considerations.

KEY FACTORS TO CONSIDER

- Geography (urban vs. rural, proximity to family, climate)
- Family (your partner's support, children's quality of life)
- Financials (student loan forgiveness, salary expectations, cost of living)



ACADEMIC CAREER TRACKS

- **Clinical Track:** Pure clinical practice without tenure. Ideal for those focused on patient care.
- **Traditional Track:** A blend of research, education, and clinical practice. Tenure is available depending on the institution.
- **Research Track:** Focused on basic or translational research, grant-funded projects, and limited clinical duties.

NEGOTIATING YOUR FIRST JOB



Compensation

Know what's expected of you in terms of productivity (RVUs, publications) and negotiate compensation based on realistic goals.

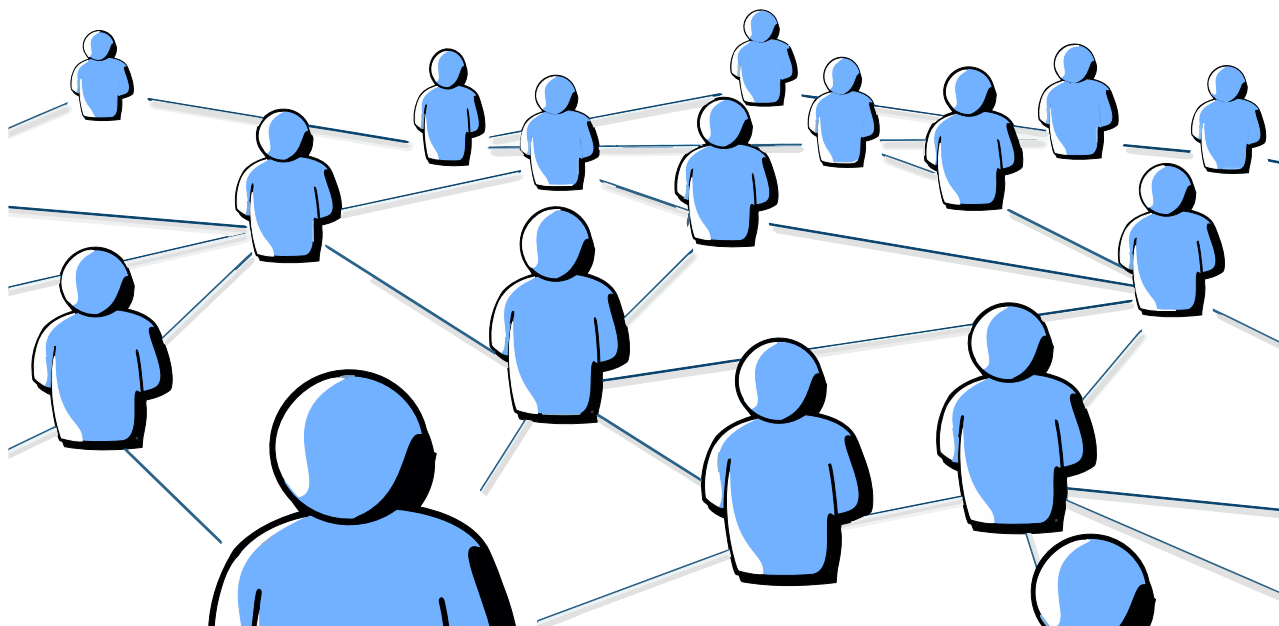


Time Management

Negotiate protected time for research or education early in your career. This is your best opportunity to secure dedicated time.

Resources

Depending on your track, ensure you have the right resources (e.g., research support, clinical assistants).



Conclusion:

Be honest with yourself about what you want from your career, and don't be afraid to ask mentors for help or to send out cold emails to potential employers. Networking is key to finding the right fit.