

Afford MORE in 2024

Be 1 of 10 000 INSTANT winners!



Competition runs from 26 December 2023 to 6 February 2024



SPAR Long Life Full Cream, Low Fat or Fat Free Milk 6 x 1 litre

94⁹⁹ per pack

As good as the best for less



SPAR Full Cream Fresh Milk Jug 2 litre

28⁹⁹ each

As good as the best for less



Selati White Sugar 2.5 kg

49⁹⁹ each



Lancewood Cheddar, White Cheddar, Gouda or White Gouda Vacuum Packed Cheese 900 g

129⁹⁹ each



Clover Butro Full Cream Butter Spread Tub 500 g

74⁹⁹ each



Baby Soft Toilet Tissue 2 Ply 9s

79⁹⁹ per pack



Sunlight Auto 2in1 Washing Powder 2 kg or Auto Liquid 1.5 lt Assorted

62⁹⁹ each

Bulk Lamb Pack **129⁹⁹** per kg



SPAR Rewards More for You



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.

SC_SSR2608 1

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SPAR



Bakery Best Sellers



SPAR Bakery
White or Brown Wrap
6s

29⁹⁹ per pack

SPAR Bakery
Garlic Bread
330 g

29⁹⁹ each

SPAR Bakery
Hamburger or Hotdog Rolls
Brown or White 6's

BUY ANY 2 FOR 35⁰⁰

Fresh Savings



SPAR freshline
Potatoes
3 kg

59⁹⁹ per pack

SPAR freshline
Onions
2 kg

34⁹⁹ per pack

SPAR freshline
Family Salad Bowl
400 g

49⁹⁹ per pack

SPAR freshline
Ripe and Ready
Mango
2s

26⁹⁹ per pack

SPAR freshline
Plums
750 g

29⁹⁹ per punnet

Butchery Savings



SPAR
Tender and Tasty
Buffalo Wings
(BBQ or Peri-Peri)

89⁹⁹ per kg

SPAR
Tender and Tasty
Beef Espetada

149⁹⁹ per kg

SPAR
Tender and Tasty
Pork Neck Steak
Spicy or Sweet & Sticky

144⁹⁹ per kg

YOUR BUTCHER
Fresh Chicken
Star Pack
(4 Thighs & 4 Drumsticks)

74⁹⁹ per kg

YOUR BUTCHER
Beef Sirloin or Rump Steak

139⁹⁹ per kg

YOUR BUTCHER
Rooiberg Boerewors

99⁹⁹ per kg

Take-Away Savings

The FOOD STALL
at SPAR

Smart Chef
4 x Battered Hake Fillet and Chips 500 g

149⁹⁹ per combo

CHIKKA CHICKEN

CHIKKA WHOLE ROASTED CHICKEN
BBQ or Peri Peri

79⁹⁹ each

Delicious Butter-flavoured Chicken



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Afford more of your favourites



Clover
Cheddar,
Gouda or
Tussers
Vacuum Pack
Cheese
800 g

109⁹⁹
each

Fridge & Freezer Essentials

DOUBLE MONEY BACK
QUALITY GUARANTEED

SPAR
Marksbury
Cheese Slices
150 g

42⁹⁹
per pack

As good as the best for less

Lancewood
Processed
Cheddar or
Sweetmilk
Cheese Slices
175 g

27⁹⁹
per pack

Fairview
White Rock
Cheese
with Dried
Cranberry or
Glazed Fig
100 g

BUY ANY 2 FOR
66⁰⁰

Albany
Superior White
Sliced or Thick
Sliced Bread
700 g

17⁹⁹
each

Lancewood
Dip n Top
175 g
Assorted

25⁹⁹
each

Lancewood
Cream Cheese
230 g
Assorted

39⁹⁹
each

Parmalat
Fresh Cream
Cup
250 ml

26⁹⁹
each

President
Feta Cheese
400 g
Assorted

49⁹⁹
each

Flora
Regular or
Light
Medium Fat
Spread Tub
1 kg

57⁹⁹
each

Rama
70% Fat
Spread
Original
Brick
500 g

24⁹⁹
each

Clover
Bliss
500 g
Assorted

21⁹⁹
each

SPAR
Medium Fat
Smooth Yoghurt
6 x 75 g
Assorted

BUY ANY 2 FOR
26⁰⁰

As good as the best for less

SPAR
Individually Quick
FROZEN CHICKEN
MIXED PORTIONS
WITH BRINE BASED MIXTURE
4 kg

159⁹⁹
each

WITH Rewards CARD

SPAR
Individually Quick
FROZEN CHICKEN
SISHEBO
THIGH & BREAST PORTIONS
WITH BRINE BASED MIXTURE
4 kg

179⁹⁹
per pack

As good as the best for less

SPAR
LIMITED EDITION
FAMILY VALUE HAMPER
42 kg

149⁹⁹
per pack

As good as the best for less

SPAR
BREAKFAST FRY
Chicken Viennas
1 kg

47⁹⁹
per pack

As good as the best for less

SPAR
Breakfast
Fry
Chicken or
Smoked
Viennas
1 kg

89⁹⁹
each

Rainbow
Simply
Chicken
Original
or Cheese
Viennas
1 kg

Natures Garden
Frozen
Cauliflower
or Broccoli
1 kg

49⁹⁹
per pack

Ola
Rich 'n
Creamy Ice
Cream
1.8 litre
Assorted

59⁹⁹
each

SPAR
Southern Fried
Chicken Strips,
Bites,
Fillets or
Wings
500 g

52⁹⁹
per pack

As good as the best for less

SPAR
Medium Fat
Maas
2 kg

25⁹⁹
each

As good as the best for less

DOUBLE MONEY BACK
QUALITY GUARANTEED

SPAR
Burst
Dairy Blend
2 litre
Assorted

21⁹⁹
each

As good as the best for less

The **SPAR & TOPS** you love, now online! **SPAR** **2U** DOWNLOAD NOW ON Available on the App Store GET IT ON Google Play

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Quench your craving for saving



Breakfast Essentials

Kellogg's All Bran Flakes
1 kg
74⁹⁹ each

Bokomo Corn Flakes
1 kg
49⁹⁹ each

Jacobs Krönung Instant Coffee
(Excl. Decaf or Refill Pack)
200 g Assorted
134⁹⁹ each

Nescafé Ricoffy Tin Coffee Granules
(Excl. Decaf)
750 g
114⁹⁹ each

WITH Rewards CARD

Laager Pure Rooibos
Tea Bags
80s
36⁹⁹ each

Trinco Tagless Teabags
100s
23⁹⁹ each

Pantry Essentials

Parmalat Vanilla Flavoured Custard
(Excl. Easygest)
1 litre
22⁹⁹ each

Glad Bake & Cooking Paper
5 meter
39⁹⁹ each

Golden Cloud Self Raising Wheat Flour
2,5 kg
49⁹⁹ each

Ace Super Maize Meal
5 kg
59⁹⁹ each

Ace Quick Cook Super Maize Meal
5 kg
62⁹⁹ each

Kellogg's Instant Noodles
5 x 70 g Assorted
25⁹⁹ per pack

SPAR Macaroni or Spaghetti
500 g
BUY ANY 2 FOR 28⁰⁰
As good as the best for less

SPAR Canola Oil
2 litre
69⁹⁹ each
As good as the best for less

SPAR Parboiled Rice
2 kg
32⁹⁹ each
As good as the best for less



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Be 1 of 10 000 INSTANT winners

26 December 2023 - 6 February 2024



STEP 1

Shop at your favourite SPAR store.

STEP 2

Swipe your new SPAR Rewards card and you could WIN instant FREE shopping!



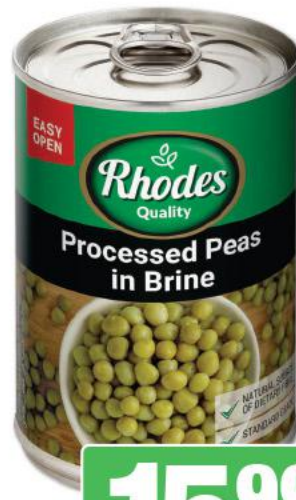
Exclusive to SPAR Rewards customers

Stock Up Essentials



Rhodes Chakalaka Hot & Spicy or Mild & Spicy 400 g

BUY ANY 2 FOR **38⁰⁰** WITH RewardsCARD



Rhodes Processed Peas in Brine 410 g

15⁹⁹ each Save R6 WITH RewardsCARD



Rhodes Cream Style Sweetcorn 420 g

BUY 2 FOR **38⁰⁰** WITH RewardsCARD



Robertson's Braai and Grill BBQ or All in One Spice 200 g

15⁹⁹ each



Knorr Sauce or Gravy 38 g / 43 g Assorted

BUY ANY 2 FOR **26⁰⁰**



Maggi Chilli, Sweet Chilli, Chilli BBQ or Chilli Garlic Sauce 375 ml

26⁹⁹ each



Steers Sauce or Salad Dressing 375 ml Assorted

26⁹⁹ each



Wellington's Tomato Sauce 700 ml

29⁹⁹ each



All Gold Smooth Apricot or Apricot & Peach Jam 900 g

37⁹⁹ each



SPAR Tomato & Onion Mix 410 g

16⁹⁹ each As good as the best for less



SPAR Beetroot Sliced or Grated 780 g

29⁹⁹ each As good as the best for less



SPAR Corned Meat 300 g Assorted

24⁹⁹ each As good as the best for less

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It's a whole lot more!

That's Why We SHOP at **SPAR**

It's not just

Pringles Potato Chips 95 g / 100 g Assorted

FOR ONLY

BUY ANY 2 FOR

60⁰⁰

WITH RewardsCARD

Snacks & Beverage Deals



Beacon All In One 62 g, Niki 46 g, Nosh 56 g, Black Cat Peanut Caramel 56 g, Jelly Tots White Chocolate Bar 48 g or TV Bar 47 g

BUY ANY 3 FOR **28⁰⁰**



Mister Sweet or Manhattan Gums, Jellies or Fruit Pastilles 125 g Assorted

19⁹⁹ each



SPAR Candy Coated Peanuts or Speckled Eggs 125 g

25⁹⁹ per pack
As good as the best for less



SPAR Choc Creams Biscuits 200 g Assorted

21⁹⁹ per pack
As good as the best for less



Bakers Eet-Sum-Mor Biscuits 200 g Assorted

23⁹⁹ each



Willards Cheas Naks 5s, Big Korn Bites 5s, Cheese Curls 4s or Jumping Jack Popcorn 4s Strip Assorted

BUY ANY 2 FOR **28⁰⁰**

Willards Cheas Naks 135 g Assorted

BUY ANY 2 FOR **24⁰⁰**



SPAR Scoops Maize Flavoured Snack 100 g Assorted

14⁹⁹ each
As good as the best for less



Fusion Dairy Blend 1 litre Assorted

BUY ANY 2 FOR **20⁰⁰**



Brookes Oros Orange Squash 5 litre

89⁹⁹ each



Go Sports Drink 500 ml Assorted

BUY ANY 2 FOR **18⁰⁰**



Fanta, Sprite or Stoney Regular Only (Excl. Coca-Cola Regular, Light, Sugar Free, No Sugar, No Caffeine, Fanta Zero, Sprite Zero and Stoney Zero) 2.25 litre

BUY ANY 2 FOR **44⁰⁰**



Cappy 100% Fruit Juice Blend 1.5 litre Assorted

26⁹⁹ each



Liqui-Fruit 100% Fruit Juice Blend 1 litre Assorted

24⁹⁹ each



Monster Energy Drink 500 ml Assorted

BUY ANY 2 FOR **30⁰⁰**



aQuellé Still Water 5 litre

21⁹⁹ each

SPAR

Talk OF THE Table

SPAR BRINGS VALUE TO YOUR TABLE

Talk of the Table is here to celebrate that unique offering each and every SPAR has. Pop in to your nearest SPAR and see what's on offer in your community. Take your pick from daily savings, exclusive promotions or perhaps that *delectable* delectable you wish to treat yourself with.

Available now at a SPAR near you.



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Homecare made a breeze

Household Essentials



Handy Andy
All Purpose
Cream
750 ml
Assorted

26⁹⁹ each



Jik
Bleach
750 ml
Assorted

19⁹⁹ each



Finish
Quantum or
Powerball
Dishwasher
Tablets
50s / 56s

179⁹⁹ each

WITH Rewards CARD



Mr Muscle
Bath or Kitchen
Cleaner
Trigger
500 ml
Assorted

37⁹⁹ each



Doom
Insecticide
Spray
300 ml
Assorted

36⁹⁹ each



Tuffy
Interleaved
Budget Refuse Bags
750 mm x 950 mm
20s

35⁹⁹ each



Ariel
Clean & Bright
Hand Washing
Powder
2.7 kg

109⁹⁹ each



Sunlight
Fabric
Conditioner
Refill
500 ml
Assorted

21⁹⁹ each



Raid
Liquid
Electric
Refill
33 ml

39⁹⁹ each



Kiwi
Shoe Polish
100 ml
Assorted

34⁹⁹ each



Energizer
Batteries
Max AA
or AAA
8s

99⁹⁹ per pack

Pet Essentials



Whiskas
Crunchy Trio
Treat
55 g
Assorted

BUY ANY
2 FOR
90⁰⁰



Canine Cuisine
Dog Food
5.5 kg / 6 kg
Assorted

259⁹⁹ each



Boss
Canned Dog
Food
775 g/820 g
Assorted

BUY ANY
2 FOR
50⁰⁰



Marltons
Semi Moist
Treats Tub
500 g
Assorted

59⁹⁹ each

Pool Essentials



Poolbrite
Monthmate
Super Plus
Floater
1.5 kg

119⁹⁹ each



Poolbrite
Month Mate
Granular
2.25 kg

189⁹⁹ each

Braai Essentials



Lion
Firelighters
12s

24⁹⁹ per pack



Etosha
Triquettes
4 kg

69⁹⁹ per pack

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IT'S TIME TO **SHAKE THINGS UP** WITH



BUY ANY OF THESE **PARTICIPATING PRODUCTS** AND GET AN **ADDITIONAL STICKER** FOR YOUR **COLLECTOR CARD!**

 SPAR Margarine Brick 500g +1	 Parmalat Cheese 600g +1	 Nature's Garden Mixed Vegetables 1kg or Stir Fry 700g +1	 SPAR Breakfast Muesli 750g +1	 REHIDRAT Sachets 6x14g +1	 SPAR Purr-fect Dry Cat Food 2kg +1	 Coca-Cola or Schweppes Core Range 1 litre +1	 Roses Tonic Mixers 6 x 200 ml +1
 HTH Floater 1.6kg +1	 SPAR Foam Bath 2 litre +1	 SPAR Dishwash It Liquid 750ml +1	 Duracell Alkaline Mainline AA or AAA 8s +1	 Danone Yogi Sip Drinking Yoghurt Assorted 250g +1	 Red Bull Energy Drink 6 x 335 ml +1	 Coca Cola Sugar Free or Diet Range 2.25 litre +1	 Pepsi Max Range 1 litre +1

Swipe your **Rewards** card and get **one extra sticker!**

SAVE UP TO 75%

THESE OFFERS VALID 18 DECEMBER 2023 TO 14 JANUARY 2024.

Family Essentials

 SPAR Germex Hand Wash or Sanitiser 250 ml Assorted 29⁹⁹ each As good as the best for less	 Mentadent P Toothpaste 100 ml Assorted 22⁹⁹ each	 Dettol Wet Wipes 10s Assorted 15⁹⁹ per pack	 Dettol Hand Wash Refill 200 ml Assorted 35⁹⁹ per pack	 Nivea Silver Protect Shower Gel for Men or Women 500 ml Assorted 62⁹⁹ each
 Organics Shampoo or Conditioner 1 litre Assorted 69⁹⁹ each	 Vaseline Petroleum Jelly 250 ml Assorted 38⁹⁹ each	 Revlon Body Spray for Men or Women 90 ml/120 ml Assorted 26⁹⁹ each	 Brut Male Deodorant 120 ml Assorted 32⁹⁹ each	 Stay Free Maxi Pads With Wings 8s/10s Assorted 16⁹⁹ per pack

Baby Savings

 Purity 3rd Foods 200 ml Assorted BUY ANY 2 FOR 30⁰⁰	 Rhodes Squish Fruit or Vegetable Puree 110 ml Assorted BUY ANY 3 FOR 30⁰⁰ WITH RewardsCARD
 Cuddlers Comfort Jumbo Pack 159⁹⁹ per pack	

Midi 3 70s, Junior 5 56s, Maxi 4 66s, Maxi 4+ 60s, or Mini 2 66s

Medicine Essentials

 Panado Paracetamol Tablets 24s 29⁹⁹ per pack	 Calpol Pain and Fever Relief Tablets 24s 37⁹⁹ per pack
 Panado Paediatric Syrup 100 ml Assorted 57⁹⁹ each	 One-Day Flu Cure 100 ml 67⁹⁹ each
 Rennie Antacid Tablets 24s 35⁹⁹ per pack	

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Let's chat **0860 313 141**

Say "hello" to get specials, store details, SPAR Rewards & more!

For more info: www.spar.co.za or Find us on



AVAILABLE **FREE** ON

