



CRAIGLEITH
SKI CLUB

ALPINE PROGRAMS GUIDE

2023/24

TABLE OF CONTENTS

<u>Registration Information</u>	3
<u>Cancellation/ Change Policies</u>	4
<u>Guest Policy</u>	4
<u>Programs Guide Summary</u>	5-7
<u>Private Lessons</u>	8
<u>Snow School Programs- Ski/ Snowboard</u>	10
<u>Freestyle Programs</u>	21
<u>Race Programs</u>	25
<u>Adult Programs</u>	33
<u>Friday Training</u>	43

REGISTRATION INFORMATION

Registration Fee Structure & Policy

Registrations for Christmas, New Year's, and Weekend programs received after the November 15th deadline are subject to a 20% premium.

Registrations for Christmas, New Year's, and Weekend programs will **close** on December 1st.

After December 1st, the member will be placed on a waitlist.

Registrations for March Break Camps will open on February 1st.

Registrations received after the February 20th deadline are subject to a 20% premium.

Registrations for March Break Camps will **close** on March 1st.

After March 1st, the member will be placed on a waitlist.

Guest Waitlist for Christmas, New Year's, and March Break Camps

Members who have guests who wish to participate in these camps will be placed on a waitlist.

After December 1st we will contact the member to inform them if there is space for their guest(s) for Christmas and New Year's camps.

After March 1st we will contact the member to inform them if there is space for their guest(s) for March Break Camps.

All members' dues must be paid in full before program registrations can be processed.

[REGISTER HERE](#)

CANCELLATION/ CHANGE POLICY

Cancellation policy

If a member cancels participation in an Alpine Program on or before the cancellation deadline of December 15th, a cancellation fee of \$25.00 will be applied for each program. If a member cancels participation in an Alpine Program after the cancellation deadline, a cancellation fee of 20% of the program cost will be applied for each program. No credit will be extended for partial program participation except for valid medical claims. March Break Camp Cancellation: The cancellation deadline for March Break Camp is March 1st, 2024. After that time, a 20 % cancellation fee will be charged. Prior to March 1st, a \$25.00 cancellation fee will be applied for the cancellation of a March break camp.

Changing Alpine or Race Program Policy

If a member wishes to change/switch a program after the early registration deadline (November 15th) up until the program starting date, a \$25.00 administration fee will be charged per change/switch made. Programs changed/switched after the program has begun will be pro-rated by number of sessions attended and charged the full amount of the new program.

Guest Policy

If there is available space during Christmas, New Year's, or March Break camps, non-members may register in alpine programs. A \$65 additional fee will be applied per program. Please contact Snow School at ext. 235 for Snow School or Race at ext. 253 for Racing to be placed on a wait list. After registration is closed on December 1st, we will start to register guests if there is space available in the specific program.

PROGRAM GUIDE

**Click on the links below to view the information page*

Age Category	Ski Development Program	Race Program	Extended Race	Freestyle	Snowboard
U6	>Cubs >Craigies Club	n/a	n/a	n/a	n/a
U8	>U8 Ski Development >Combo Ski/Snowboard Program	n/a	n/a	n/a	>Snowboard Program >Combo Ski/Snowboard Program
U10	>U10 Multi Discipline All Mountain Ski Program >Combo Ski/Snowboard Program	>U10 Core Race	n/a	>Freestyle Program >GROMS Freestyle Ski Team	>Snowboard Program >Combo Ski/Snowboard Program >GROMS Freestyle Snowboard
U12	>U12 Multi Discipline All Mountain Ski Program >Combo Ski/Snowboard Program	>U12 Core Race	n/a	>Freestyle Program >GROMS Freestyle Ski Team	>Snowboard Program >Combo Ski/Snowboard Program >GROMS Freestyle Snowboard

PROGRAM GUIDE

**Click on the links below to view the information page*

Age Category	Ski Development Program	Core Race Program	Extended Race Program	Freestyle	Snowboard
U14	<ul style="list-style-type: none"> >U14 Multi Discipline All Mountain Ski Program >Combo Ski/Snowboard Program >Pro-In-Training (13 yr old + only) 	<ul style="list-style-type: none"> >U14 Core Race 	<ul style="list-style-type: none"> >U14 Extended Race 	<ul style="list-style-type: none"> >Freestyle Program >GROMS Freestyle Ski Team 	<ul style="list-style-type: none"> >Snowboard Program >Combo Ski/Snowboard Program >GROMS Freestyle Snowboard
U16	<ul style="list-style-type: none"> >Combo Ski/Snowboard Program >U16 Ski Saturday Only Program >Pro-In-Training 	<ul style="list-style-type: none"> >U16 Core Race 	<ul style="list-style-type: none"> >U16 Extended Race 	<ul style="list-style-type: none"> >Freestyle Program >GROMS Freestyle Ski Team 	<ul style="list-style-type: none"> >Snowboard Program >Combo Ski/Snowboard Program >GROMS Freestyle Snowboard
U19	n/a	<ul style="list-style-type: none"> >U16/U19 Core Race 	<ul style="list-style-type: none"> >FIS Extended Race 	n/a	n/a

PROGRAM GUIDE (Adult)

**Click on the links below to view the information page*

Age Category	Ski Development Program	Core Race Program	Extended Race Program	Freestyle	Snowboard
Adult	<ul style="list-style-type: none">>Group Ski Lessons>Form Your Own Group	<ul style="list-style-type: none">>Learn To Race Training>Adult Race Training>Fast and Female (Women only)>Adult Friday Gate Training>GDHL	n/a	n/a	<ul style="list-style-type: none">>Group Snowboard Lessons>Form Your Own Group Snowboard Lessons



P R I V A T E L E S S O N S

PRIVATE LESSONS

PRIVATE LESSONS - Reservations will open December 15th

Hone your ski or snowboard skills one-on-one with a C.S.I.A or C.A.S.I instructor. Whether you're just starting out or you're an expert looking for some pointers from the pros, private lessons are a great opportunity to learn fast.

LESSON TIMES

9:00 am or 10:15 am or 11:30 am or 1:15 pm or 2:30 pm

MEETING AREA

Little John, Private Lesson Flag

One-hour Lesson

\$100 per hour

\$50 per hour for U3 skiers and U4 snowboarders (age as of December 31, 2023)

Level III Instructor

\$110 per hour

Level IV Instructor

\$125 per hour

NO FEE for additional person (MAX 2 if chairlift assistance is required) otherwise MAX of 3 HST is included. Price does not include lift ticket.

Please note: Multi-hour lessons are charged on a per hour basis.

Cancellations

Lessons not cancelled twenty-four hours before lesson time will be charged the full amount. A refund of 70% will be issued if lesson is cancelled more than 24 hours in advance. **Please note that the lesson is booked unless we contact you.**

Guests

Members can book their guests via the website or app. The member's account will be billed. If the guest is paying, we can take credit card or debit card payment in the administration office in The Depot.



CRAIGLEITH
ALPINE PROGRAMS

S N O W S C H O O L P R O G R A M S

U6 CUBS PROGRAM

ABILITY

UNABLE TO STOP AND TURN INDEPENDENTLY.

DESCRIPTION

This program is for kids that have never skied or not quite ready for the Craigies Club program (stopping and turning independently). Children will be placed in small groups and will work on the carpet until the group is comfortable with stopping and turning.

AGES - This program is available for children ages 3, 4 & 5. All ages as of Dec. 31st

MEET AT THE CARPET, CUBS FLAG

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	<ol style="list-style-type: none"> Saturday only- 10:00 – 12:00 & 12:45 – 2:45 Saturday AM & Sun AM - 10:00 – 12:00 Saturday Full day & Sun AM- Saturday 10:00 – 12:00 & 12:45 – 2:45 & Sunday 10:00 – 12:00 	<ol style="list-style-type: none"> \$836 \$836 \$1254 	<ol style="list-style-type: none"> \$1003 \$1003 \$1505
Holiday Camps			
Christmas Camp Dec 27th – 31st	<ol style="list-style-type: none"> AM only- 10:00 – 12:00 AM & PM- 10:00 – 12:00 & 12:45 – 2:45 	<p>\$232</p> <p>\$464</p>	<p>\$279</p> <p>\$557</p>
New Years Camp Jan 2nd – 5th (4 days)	<ol style="list-style-type: none"> AM only- 10:00 – 12:00 AM & PM- 10:00 – 12:00 & 12:45 – 2:45 	<p>\$186</p> <p>\$372</p>	<p>\$223</p> <p>\$446</p>
March Break Camp March 11th – 15th	<ol style="list-style-type: none"> AM only- 10:00 – 12:00 PM only- 12:45 – 2:45 	<p>\$232</p> <p>\$232</p>	<p>\$279 *AFTER FEB 20</p> <p>\$279 *AFTER FEB 20</p>

U6 CRAIGIES CLUB PROGRAM

ABILITY

THE CHILD MUST BE ABLE TO SKI UNASSISTED FROM THE LITTLE JOHN HALFWAY UNLOADING STATION WITH THE ABILITY TO FOLLOW THE LEADER AND STOP ON THEIR OWN.

DESCRIPTION

Children will be placed in small groups according to their skill set that was achieved in previous programs, while attempting to accommodate age similarities. In the event a child has not been enrolled with our programs in the past, an on-hill assessment will be performed over the first weekend to determine the appropriate group. The emphasis will be on developing their skills and confidence through lots of mileage, games, and fun!

AGES - This program is available for children ages 3, 4 & 5. All ages as of Dec. 31

MEET AT LITTLE JOHN, CRAIGIES CLUB FLAG

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	<ol style="list-style-type: none"> Saturday only- 10:00 – 12:00 & 12:45 – 2:45 Saturday AM & Sun AM - 10:00 – 12:00 Saturday Full day & Sun AM- Saturday 10:00 – 12:00 & 12:45 – 2:45 & Sunday 10:00 – 12:00 	<ol style="list-style-type: none"> \$836 \$836 \$1254 	<ol style="list-style-type: none"> \$1003 \$1003 \$1505
Holiday Camps			
Christmas Camp Dec 27th – 31st	<ol style="list-style-type: none"> AM only- 10:00 – 12:00 AM & PM- 10:00 – 12:00 & 12:45 – 2:45 	<ol style="list-style-type: none"> \$232 \$464 	<ol style="list-style-type: none"> \$279 \$557
New Years Camp Jan 2nd – 5th (4 days)	<ol style="list-style-type: none"> AM only- 10:00 – 12:00 AM & PM- 10:00 – 12:00 & 12:45 – 2:45 	<ol style="list-style-type: none"> \$186 \$372 	<ol style="list-style-type: none"> \$223 \$446
March Break Camp March 11th – 15th	<ol style="list-style-type: none"> AM only- 10:00 – 12:00 AM & PM- 10:00 – 12:00 & 12:45 – 2:45 	<ol style="list-style-type: none"> \$232 \$464 	<ol style="list-style-type: none"> \$279 *AFTER FEB 20 \$557 *AFTER FEB 20

U8 SKI PROGRAM

ABILITY- THE CHILD MUST BE ABLE TO SKI UNASSISTED FROM THE LITTLE JOHN HALFWAY UNLOADING STATION WITH THE ABILITY TO FOLLOW THE LEADER AND STOP ON THEIR OWN. PRIVATE LESSONS ARE AVAILABLE FOR THOSE WORKING TO ACHIEVE THIS GOAL.

DESCRIPTION

This well-rounded program is designed to create a fun filled learning environment and to improve their skiing techniques. Emphasis will be on general ski improvement, lots of mileage on varied terrain and an introduction to terrain park and gate training environments.

AGES - This program is available for children ages 6 and 7. All ages as of Dec. 31

MEET AT SOUTH LODGE SKI LOCKERS, U8 FLAG

**Please note that the rate posted includes the mandatory athletic fundraiser donation of \$25.00*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	<ol style="list-style-type: none"> Saturday only- 10:00 – 12:00 & 12:45 – 2:45 Saturday & Sun - 10:00 – 12:00 & 12:45 – 2:45 	<ol style="list-style-type: none"> \$856 \$1634 	<ol style="list-style-type: none"> \$1028 \$1961
Holiday Camps			
Christmas Camp Dec 27th – 31st	<ol style="list-style-type: none"> Daily- 10:00 – 12:00 & 12:45 – 2:45 	\$432	\$518
New Years Camp Jan 2nd – 5th (4 days)	<ol style="list-style-type: none"> Daily- 10:00 – 12:00 & 12:45 – 2:45 	\$346	\$415
March Break Camp March 11th – 15th	<ol style="list-style-type: none"> AM only- 10:00 – 12:00 AM & PM- 10:00 – 12:00 & 12:45 – 2:45 	\$216 \$432	\$259 *AFTER FEB 20 \$518 *AFTER FEB 20

U10 MULTI DISCIPLINE ALL MOUNTAIN SKI PROGRAM

DESCRIPTION

This exciting Program is designed to develop a broad base of skiing skills. Get a taste of it all. Focused on developing solid ski skills this program will allow you to explore the mountain and all it has to offer, from short & long turns on groomed runs & moguls to gate training, cross track and the terrain park, our specially trained instructor/coaches will set the pace for safe and fun terrain-based development.

AGES - This program is available for children ages 8 to 9yrs old. All ages as of Dec. 31

MEET AT NATIONAL,U10 FLAG

**Please note that the rate posted includes the mandatory athletic fundraiser donation of \$25.00*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	<ol style="list-style-type: none"> Saturday only- 9:30 – 12:30 & 1:15 – 3:15 Saturday & Sun- 9:30 – 12:30 & 1:15 – 3:15 	<ol style="list-style-type: none"> \$940 \$1777 	<ol style="list-style-type: none"> \$1128 \$2132
Holiday Camps			
Christmas Camp Dec 27th – 31st	<ol style="list-style-type: none"> Daily- 9:30 – 12:30 & 1:15 – 3:15 	\$486	\$583
New Years Camp Jan 2nd – 5th (4 days)	<ol style="list-style-type: none"> Daily- 9:30 – 12:30 & 1:15 – 3:15 	\$389	\$467
March Break Camp March 11th – 15th	<ol style="list-style-type: none"> AM only- 9:30 – 12:30 AM & PM- 9:30 – 12:30 & 1:15 – 3:15 	<ol style="list-style-type: none"> \$194 \$486 	<ol style="list-style-type: none"> \$233 *AFTER FEB 20 \$583 *AFTER FEB 20

SNOWBOARD PROGRAM

DESCRIPTION

Classes will be divided according to ability level - from "Beginner" up to Advanced - and will include intro classes for freestyle and carving for those who are interested. We will do a ride-off the first day to divide classes into ability levels. **Must be able to ride independently from Mid-station Little John.** Classes must have a minimum enrollment of 5 students. **We recommend private lessons for first timers.**

AGES - This program is available for children ages 4 to 15. All ages as of Dec. 31

MEET AT LITTLE JOHN, SNOWBOARD FLAG

**Please note that the rate posted includes the mandatory athletic fundraiser donation of \$25.00*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	<ol style="list-style-type: none"> Saturday only- 9:30 – 12:30 & 1:15 – 3:15 Saturday & Sun- 9:30 – 12:30 & 1:15 – 3:15 Saturday & Sunday AM only- 9:30 – 12:30 	<ol style="list-style-type: none"> \$949 \$1898 \$1139 	<ol style="list-style-type: none"> \$1139 \$2277 \$1367
Holiday Camps			
Christmas Camp Dec 27th – 31st	<ol style="list-style-type: none"> Daily- 9:30 – 12:30 & 1:15 – 3:15 AM Only- 9:30 – 12:30 	<ol style="list-style-type: none"> \$486 \$270 	<ol style="list-style-type: none"> \$583 \$324
New Years Camp Jan 2nd – 5th (4 days)	<ol style="list-style-type: none"> Daily- 9:30 – 12:30 & 1:15 – 3:15 AM Only- 9:30 – 12:30 	<ol style="list-style-type: none"> \$389 \$233 	<ol style="list-style-type: none"> \$467 \$280
March Break Camp March 11th - 15th	<ol style="list-style-type: none"> AM & PM- 9:30 – 12:30 & 1:15 – 3:15 AM ONLY- 9:30 – 12:30 	<ol style="list-style-type: none"> \$486 \$270 	<ol style="list-style-type: none"> \$583 *AFTER FEB 20 \$324 *AFTER FEB 20

COMBO PROGRAM

DESCRIPTION

This combined skiing and boarding program provides an opportunity to improve both your skiing and boarding skills. Groups will have the opportunity to snowboard for half the program and ski for the other half.

Note: Combo participants will start on snowboards. Participants must be able to ski and snowboard independently from the halfway station on Little John and ride the chairlift. Private lessons are available for first timers.

Call Squire John's at Craigeleith for equipment rental, if required.

AGES - This program is available for children ages 6 to 15. All ages as of Dec. 31

MEET AT LITTLE JOHN, COMBO FLAG

**Please note that the rate posted includes the mandatory athletic fundraiser donation of \$25.00*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th – March 3rd	1. Saturday & Sun- 9:30 – 12:30 & 1:15 – 3:15	1. \$1848	1. \$2217
Holiday Camps			
Christmas Camp Dec 27th – 31st	1. Daily- 9:30 – 12:30 & 1:15 – 3:15	\$486	\$583
New Years Camp Jan 2nd – 5th (4 days)	1. Daily- 9:30 – 12:30 & 1:15 – 3:15	\$389	\$467
March Break Camp March 11th – 15th	1. DAILY- 9:30 – 12:30 & 1:15 – 3:15	\$486	\$583 *AFTER FEB 20

U12 MULTI DISCIPLINE ALL MOUNTAIN SKI PROGRAM

DESCRIPTION

This exciting Program is designed to develop a broad base of skiing skills. Get a taste of it all. Focused on developing solid ski skills this program will allow you to explore the mountain and all it has to offer, from short & long turns on groomed runs & moguls to gate training, cross track and the terrain park, our specially trained instructor/coaches will set the pace for safe and fun terrain-based development.

AGES - The U12 programs are available for children ages 10 & 11. All ages as of Dec. 31

MEET AT NATIONAL, U12 DEVELOPMENT FLAG

**Please note that the rate posted includes the mandatory athletic fundraiser donation of \$25.00*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	<ol style="list-style-type: none"> Saturday only- 9:30 – 12:30 & 1:15 – 3:15 Saturday & Sun- 9:30 – 12:30 & 1:15 – 3:15 	<ol style="list-style-type: none"> \$940 \$1825 	<ol style="list-style-type: none"> \$1128 \$2190
Holiday Camps			
Christmas Camp Dec 27th – 31st	<ol style="list-style-type: none"> Daily- 9:30 – 12:30 & 1:15 – 3:15 	\$500	\$600
New Years Camp Jan 2nd – 5th (4 days)	<ol style="list-style-type: none"> Daily- 9:30 – 12:30 & 1:15 – 3:15 	\$400	\$480
March Break Camp March 11th – 15th	<ol style="list-style-type: none"> AM only- 9:30 – 12:30 AM & PM- 9:30 – 12:30 & 1:15 – 3:15 	\$292 \$500	\$350 *AFTER FEB 20 \$600 *AFTER FEB 20

U14 MULTI DISCIPLINE ALL MOUNTAIN SKI PROGRAM

DESCRIPTION

This exciting Program is designed to develop a broad base of skiing skills. Get a taste of it all. Focused on developing solid ski skills this program will allow you to explore the mountain and all it has to offer, from short & long turns on groomed runs & moguls to gate training, cross-track and the terrain park, our specially trained instructor/coaches will set the pace for safe and fun terrain-based development.

AGES - The U14 programs are available for children ages 12 & 13. All ages as of Dec. 31

MEET AT BASE OF NATIONAL, U14 DEVELOPMENT FLAG

**Please note that the rate posted includes the mandatory athletic fundraiser donation of \$25.00*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	<ol style="list-style-type: none"> Saturday only- 9:30 – 12:30 & 1:15 – 3:15 Saturday & Sun- 9:30 – 12:30 & 1:15 – 3:15 	<ol style="list-style-type: none"> \$842 \$1874 	<ol style="list-style-type: none"> \$1011 \$2248
Holiday Camps			
Christmas Camp Dec 27th – 31st	<ol style="list-style-type: none"> Daily- 9:30 – 12:30 & 1:15 – 3:15 	\$513	\$616
New Years Camp Jan 2nd – 5th (4 days)	<ol style="list-style-type: none"> Daily- 9:30 – 12:30 & 1:15 – 3:15 	\$410	\$492
March Break Camp March 11th – 15th	<ol style="list-style-type: none"> AM only- 9:30 – 12:30 AM & PM- 9:30 – 12:30 & 1:15 – 3:15 	\$292 \$513	\$350 *AFTER FEB 20 \$616 *AFTER FEB 20

U16 SKI SATURDAY ONLY PROGRAM

DESCRIPTION

Emphasis will be on general ski improvement, lots of mileage on varied terrain, terrain park and gate training environments. This program is designed to create a fun learning environment for participants to improve their skiing skills. **Minimum 5 Participants required to run program.**

AGES - The U16 programs are available for children ages 14 & 15. All ages as of Dec. 31

MEET AT THE BASE OF NATIONAL, DEVELOPMENT FLAG

**Please note that the rate posted includes the mandatory athletic fundraiser donation of \$25.00*

Program	Program Options	Early Bird	After Nov 15
U16 Saturday Only Jan 6th - March 3rd	1. Saturday Only- 11:30 – 3:30	1. \$727	1. \$872
Holiday Camps			
Christmas Camp Dec 27th – 31st	1. Daily- 11:30 – 3:30	\$389	\$467
New Years Camp Jan 2nd – 5th (4 days)	1. Daily- 11:30 – 3:30	\$311	\$373
March Break Camp March 11th – 15th	1. DAILY- 11:30 – 3:30	\$389	\$467 *AFTER FEB 20

PRO IN TRAINING

DESCRIPTION

Pro in Training is for individuals looking to continue in programs and gain important skills and knowledge that will help them develop into Instructor or Coach. This program is designed to continue ski improvement through a variety of terrain and activities. It will also include content and information from the Level 1 CSIA Instructors course and Entry Level CSCF Coach course. Upon completion, participants are eligible to take a 1-day exam and upon successful completion will become CSIA Level 1 certified. Exam fee not included in program price.

AGES - The Pro in Training program is available for children ages 13, 14 & 15. All ages as of Dec. 31

MEET AT THE BASE OF NATIONAL, PIT FLAG

**Please note that the rate posted includes the mandatory athletic fundraiser donation of \$25.00*

Program	Program Options	Early Bird	After Nov 15
Pro In Training Jan 6th - March 3rd	1. Saturday and Sunday - 11:30 – 3:30	1. \$1582	1. \$1899



F R E E S T Y L E P R O G R A M S

FREESTYLE SKI PROGRAM

DESCRIPTION

This program is for individuals that want to focus a little more on Freestyle skiing in the terrain park. Skiers should be competent parallel skiers. Twin tips will be required for entry into this program. This program does not require travel. We require a minimum of 5 participants to allow this program to run.

AGES - This program is available for children ages 8 to 14yrs old. All ages as of Dec. 31

MEET AT SOUTH LODGE DECK, FREESKI FLAG

**Please note that the rate posted includes the mandatory athletic fundraiser donation of \$25.00*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	<ol style="list-style-type: none"> Saturday only- 9:30 – 12:30 & 1:15 – 3:15 Saturday & Sun- 9:30 – 12:30 & 1:15 – 3:15 	<ol style="list-style-type: none"> \$954 \$1828 	<ol style="list-style-type: none"> \$1144 \$2194
Holiday Camps			
Christmas Camp Dec 27th – 31st	<ol style="list-style-type: none"> Daily- 9:30 – 12:30 & 1:15 – 3:15 	\$486	\$583
New Years Camp Jan 2nd – 5th (4 days)	<ol style="list-style-type: none"> Daily- 9:30 – 12:30 & 1:15 – 3:15 	\$389	\$467
March Break Camp March 11th - 15th	<ol style="list-style-type: none"> Daily- 9:30 – 12:30 & 1:15 – 3:15 	\$486	\$583 *AFTER FEB 20

GROMS FREESTYLE SKI TEAM

DESCRIPTION

This program is for individuals interested in Freestyle skiing and training in the terrain park. Emphasis will also be on developing general ski & freestyle ski technique. The program will include 3 rail jams at Escarpment Clubs (restrictions permitting). Skiers should be comfortable in the park environment and competent parallel skiers. Twin tips will be required for entry into this program. We require a minimum of 5 participants to allow this program to run. Program description is subject to change based on enrollment numbers. Friday Training is available at \$80.00/session.

AGES - This program is available for children ages 8 to 15yrs old. All ages as of Dec. 31.

MEET AT SOUTH LODGE DECK, FREESKI FLAG

**Please note that the rate posted includes the mandatory athletic fundraiser donation of \$25.00*

Program	Program Options	Early Bird	After Nov 15
27 Day Program Dec 27th – 31st Jan 2nd – Jan 5th Jan 6th – Mar 3rd	1. 9:30 – 12:30 & 1:15 – 3:15	1. \$2800	1. \$3360

GROMS FREESTYLE SNOWBOARD TEAM

DESCRIPTION

This program is for individuals interested in Freestyle snowboarding and training in the terrain park. Emphasis will also be on developing general snowboard and freestyle snowboarding technique. Snowboarders should be comfortable in the park environment and competent riders. The program will include 3 rail jams at Escarpment Clubs. We require a minimum of 5 participants to allow this program to run. Friday Training is available at \$80.00/session. Program description is subject to change based on enrollment numbers.

AGES - This program is available for children ages 8 to 15yrs old. All ages as of Dec. 31.

MEET AT SOUTH LODGE DECK, FREESKI FLAG

**Please note that the rate posted includes the mandatory athletic fundraiser donation of \$25.00*

Program	Program Options	Early Bird	After Nov 15
27 Day Program Dec 27th – 31st Jan 2nd – Jan 5th Jan 6th – Mar 3rd	1. 9:30 – 12:30 & 1:15 – 3:15	1. \$2800	1. \$3360



RACE PROGRAMS

U10 RACE PROGRAM

DESCRIPTION

'Skier Essentials' in the [LTAD](#) (long term athlete development).

The focus of the U10 racing program is continuing to form the foundation of skiing and learning the sport. There is a focus on challenging the participants with racing skills and drills while skiing a large variety of terrain. All athletes will be expected to ski on all Club terrain including all V-hill area runs and be able to load/unload all Club chairlifts. The coaching emphasis will be on the development of a fun, challenging atmosphere with a high priority on mileage and variability. Athletes will be grouped according to their skills/age which will be assessed during Christmas Camp and the first weekend of the Weekend Program.

AGES - This program is available for children ages 8 to 9yrs old. All ages as of Dec. 31

MEET AT NATIONAL,U10 FLAG

**Please note that the rate posted includes the mandatory fundraiser donation of \$25. AOA Fees are not included in the cost below. Communication will be sent out after registration with instructions and links to register with AOA. This is mandatory for race participation.*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	1. Saturday & Sun - 9:30 – 12:30 & 1:15 – 3:15	1. \$1777	1. \$2132
Holiday Camps			
Christmas Camp Dec 27th – 31st	1. Daily- 9:30 – 12:30 & 1:15 – 3:15	\$486	\$583
New Years Camp Jan 2nd – 5th (4 days)	1. Daily- 9:30 – 12:30 & 1:15 – 3:15	\$389	\$467
March Break Camp March 11th - 15th	1. Daily- 9:30 – 12:30 & 1:15 – 3:15	\$486	\$583 *AFTER FEB 20

U12 RACE PROGRAM

DESCRIPTION

'Learn to Train' in the [LTAD](#) (long term athlete development).

The U12 Program is designed specifically for 10- and 11-year old's who show a keen inclination towards racing and demonstrate very strong skiing skills. The program aims to elevate each individual's technical skill level through increased volume of skiing, diversity on and off snow experiences including "age and stage" appropriate physical and mental training and the introduction to a structured competition. The technical model of this program is firmly based on Alpine Canada Alpin's AIM2WIN document with participation in limited number of competitions on the schedule for this age group. Some additional educational opportunities are to be made available throughout the season in the form of introduction to dryland training, ski tuning and nutrition clinics. Speed suits, GS or SL suits are allowed in this age category.

AGES - This program is available for children ages 10 to 11yrs old. All ages as of Dec. 31

MEET AT NORTH LODGE, U12 FLAG

**Please note that the rate posted includes the mandatory fundraiser donation of \$25. AOA Fees are not included in the cost below. Communication will be sent out after registration with instructions and links to register with AOA. This is mandatory for race participation.*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	1. Saturday & Sun - 9:30 – 12:30 & 1:15 – 3:15	1. \$1825	1. \$2190
Holiday Camps			
Christmas Camp Dec 27th – 31st	1. Daily- 9:30 – 12:30 & 1:15 – 3:15	\$500	\$600
New Years Camp Jan 2nd – 5th (4 days)	1. Daily- 9:30 – 12:30 & 1:15 – 3:15	\$400	\$480
March Break Camp March 11th - 15th	1. Daily- 9:30 – 12:30 & 1:15 – 3:15	\$500	\$600 *AFTER FEB 20

U14 RACE PROGRAM

DESCRIPTION

'Train to Train' in the [LTAD](#) (long term athlete development).

The U14 Program is designed for 12-13-year old's who are looking at developing their entry level ski racing skills. The focus is on the FUN-damentals of ski training and racing, skill development, and progressive introduction to competition. Different tools are used to enhance the learning experience, with extensive use of free skiing and specially designed environments. Video and timing are also part of our tools. A professional group of coaches will utilize current Alpine Canada coaching techniques to ensure a productive and successful season for all athletes. Team building and getting to know other ski areas and racers is an integral part of the program.

AGES - This program is available for children ages 12 to 13yrs old. All ages as of Dec. 31

MEET AT NORTH LODGE, U14 FLAG

**Please note that the rate posted includes the mandatory fundraiser donation of \$25. AOA Fees are not included in the cost below. Communication will be sent out after registration with instructions and links to register with AOA. This is mandatory for race participation.*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 7th - March 5th	1. Saturday & Sun - 9:30 – 12:30 & 1:15 – 3:15	1. \$1874	1. \$2248
Holiday Camps			
Christmas Camp Dec 27th – 31st	1. Daily- 9:30 – 12:30 & 1:15 – 3:15	\$513	\$616
New Years Camp Jan 2nd – 5th (4 days)	1. Daily- 9:30 – 12:30 & 1:15 – 3:15	\$410	\$492
March Break Camp March 11th - 15th	1. Daily- 9:30 – 12:30 & 1:15 – 3:15	\$513	\$616 *AFTER FEB 20

U16 RACE PROGRAM

DESCRIPTION

'Learn to Race' in the [LTAD](#) (long term athlete development).

The U16 program is designed for 14-15-year-old athletes and is similar to the U14 programs. Overall, U16 athletes are focused on racing and training as they prepare for U19/FIS competition.

*PLEASE NOTE: 15-year-old athletes are subject to HST..

AGES - This program is available for children ages 14 to 15yrs old. All ages as of Dec. 31

MEET AT NORTH LODGE, U16 FLAG

**Please note that the rate posted includes the mandatory fundraiser donation of \$25. AOA Fees are not included in the cost below. Communication will be sent out after registration with instructions and links to register with AOA. This is mandatory for race participation.*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	1. Saturday & Sun - 9:30 – 12:30 & 1:15 – 3:15	1. \$1947	1. \$2337
Holiday Camps			
Christmas Camp Dec 27th – 31st	1. Daily- 9:30 – 12:30 & 1:15 – 3:15	\$533	\$640
New Years Camp Jan 2nd – 5th (4 days)	1. Daily- 9:30 – 12:30 & 1:15 – 3:15	\$427	\$512
March Break Camp March 11th - 15th	1. Daily- 9:30 – 12:30 & 1:15 – 3:15	\$533	\$640 *AFTER FEB 20

U14 EXTENDED RACE

DESCRIPTION

The program is targeted for 70 days, including camps. The preseason camp in the fall is mandatory for this program and kicks off the on-snow activities. Training locally begins in Early December and includes Christmas holidays. Training is based on a 3 -4 day/week schedule. Thursday night, and Fridays are the typical mid-weekday training sessions. There will be some travel during the season for various events. Some events will require qualification, such as the O-Cup Finals. A comprehensive race and training schedule will be made available once the Provincial race calendar has been set by Alpine Ontario (AOA). *Spring Camp is optional

AGES - This program is available for children ages 12 and 13yrs old. All ages as of Dec. 31.

Program Registration Opens May 15th. Deadline to Register June 15th

**Please note that the rate posted includes the mandatory fundraiser donation of \$25. AOA Fees are not included in the cost below. Communication will be sent out after registration with instructions and links to register with AOA. This is mandatory for race participation.*

Head Coach	Program Overview Link	Deposit	Rate
Benoit Lalonde	U14 Extended Program Overview	\$250 deposit	\$5890

U16 EXTENDED RACE

DESCRIPTION

The program is targeted for 80 days, including camps. The preseason camp in the fall is mandatory for this program and kicks off the on-snow activities. Training locally begins in Early December and includes Christmas holidays. Training is based on a 3 -4 day/week schedule. Thursday night, and Fridays are the typical mid-weekday training sessions. There will be some travel during the season for various events. Some events will require qualification, such as the O-Cup Finals. A comprehensive race and training schedule will be made available once the Provincial race calendar has been set by Alpine Ontario (AOA). *Spring Camp is optional

AGES - This program is available for children ages 14 and 15 yrs old. All ages as of Dec. 31.

Program Registration Opens May 15th. Deadline to Register June 15th

**Please note that the rate posted includes the mandatory fundraiser donation of \$25. AOA Fees are not included in the cost below. Communication will be sent out after registration with instructions and links to register with AOA. This is mandatory for race participation.*

Head Coach	Program Overview Link	Deposit	Rate
Mary-Beth Hemphill	U16 Extended Program Overview	\$250 deposit	\$6590

FIS EXTENDED RACE

DESCRIPTION

The program is targeted for 80 days, including camps. The preseason camp in the fall is mandatory for this program and kicks off the on-snow activities. Training locally begins in Early December and includes the Christmas holidays. Training is based on a 3 -4 day/week schedule. Wednesday + Thursday nights, and Fridays are the typical mid-weekday training sessions. There will be some travel during the season for various events. Some events will require qualification, such as the Quebec FIS races, which may depend on the athlete's FIS points. A comprehensive race and training schedule will be made available once the Provincial race calendar has been set by Alpine Ontario (AOA). *Spring Series Camp (East or West) is optional.

Program Registration Opens May 15th. Deadline to Register June 15th.

**Please note that the rate posted includes the mandatory fundraiser donation of \$25. AOA Fees are not included in the cost below. Communication will be sent out after registration with instructions and links to register with AOA. This is mandatory for race participation.*

Head Coach	Program Overview Link	Deposit	Rate
Bebe Zoricic	FIS NZ Extended Program Overview	\$250 deposit	\$6990



ADULT PROGRAMS

ADULT GROUP SKI LESSONS

DESCRIPTION

All levels of skiers are encouraged to come out and participate in this program. From the beginner skier working on gaining confidence and eliminating the snow-plow to the advanced skier wishing to fine tune their skills (plus that wide range of intermediates in between!), there is a class to suit your needs.

Note: Minimum of 5 required to run a group lesson.

MEET AT BASE OF NATIONAL, ADULT FLAG

**Please note that the rate posted includes the mandatory fundraiser donation of \$25. Additional HST will be applied.*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	<ol style="list-style-type: none"> Saturday only- 10:15 – 11:45 Sunday only - 10:15 – 11:45 	<ol style="list-style-type: none"> \$515 \$515 	<ol style="list-style-type: none"> \$618 \$618
Holiday Camps			
Christmas Camp Dec 27th – 31st	<ol style="list-style-type: none"> Daily- 10:15 – 11:45 	\$271	\$325
New Years Camp Jan 2nd – 5th (4 days)	<ol style="list-style-type: none"> Daily- 10:15 – 11:45 	\$217	\$260

ADULT GROUP SNOWBOARD LESSONS

DESCRIPTION

Snowboarders are encouraged to come out and participate in this program, from beginners, working on gaining confidence up to the advanced snowboarder wishing to gain more confidence. Minimum of 5 required to run a group lesson.

Note: Minimum of 5 required to run a group lesson.

MEET AT Little John, Snowboard Flag

**Please note that the rate posted includes the mandatory fundraiser donation of \$25. Additional HST will be applied.*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	<ol style="list-style-type: none"> Saturday only- 10:00 – 12:00 Sunday only- 10:00 – 12:00 	<ol style="list-style-type: none"> \$515 \$515 	<ol style="list-style-type: none"> \$618 \$618
Holiday Camps			
Christmas Camp Dec 27th – 31st	<ol style="list-style-type: none"> Daily- 10:00 – 12:00 	\$271	\$325
New Years Camp Jan 2nd – 5th (4 days)	<ol style="list-style-type: none"> Daily- 10:00 – 12:00 	\$217	\$260

ADULT FORM YOUR OWN GROUP SKI LESSONS

DESCRIPTION

This is a great opportunity to get together with friends with **similar** abilities. This is a group rate for a maximum of 10 per class for 2 hours for 9 weeks. Request an instructor or let us match your group with one of our seasoned instructors.

We will make every effort to match you with the instructor you request, however, this is based on the availability of that instructor. Please assign one person from your group to complete the registration online.

Each participant will be billed individually on their account once the registration has been confirmed by the Adult Snow School Supervisor.

MEETING AREA To be determined by group.

**Please note that the rate posted includes the mandatory fundraiser donation of \$25 per participant. Additional HST will be applied.*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	<ol style="list-style-type: none"> Saturday only- 10:00 – 12:00 Sunday only - 10:00 – 12:00 	<ol style="list-style-type: none"> \$2567 \$2567 *rate divided by number of participants	<ol style="list-style-type: none"> \$3081 \$3081 *rate divided by number of participants

ADULT FORM YOUR OWN GROUP SNOWBOARD LESSONS

DESCRIPTION

This is a great opportunity to get together with friends with **similar** abilities. This is a group rate for a maximum of 10 per class for 2 hours for 9 weeks. Request an instructor or let us match your group with one of our seasoned instructors.

We will make every effort to match you with the instructor you request, however, this is based on the availability of that instructor. Please assign one person from your group to complete the registration online.

Each participant will be billed individually on their account once the registration has been confirmed by the Adult Snow School Supervisor.

MEETING AREA To be determined by group.

**Please note that the rate posted includes the mandatory fundraiser donation of \$25 per participant. Additional HST will be applied.*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	<ol style="list-style-type: none"> Saturday only- 10:00 – 12:00 Sunday only - 10:00 – 12:00 	<ol style="list-style-type: none"> \$2567 \$2567 *rate divided by number of participants	<ol style="list-style-type: none"> \$3081 \$3081 *rate divided by number of participants



A D U L T R A C E P R O G R A M S

ADULT LEARN TO RACE

DESCRIPTION

If you have ever wanted to ski in a racecourse, this program is designed for you. Your goal may be to learn how to race, enter the club championships or participate in the adult racing league. Approximately 80 percent of your time will be focused on technique and 20 percent skiing through racing environments tailored for your skiing ability.

MEET AT TOP OF NATIONAL CHAIR

**Please note that the rate posted includes the mandatory fundraiser donation of \$25. Additional HST will be applied.*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	<ol style="list-style-type: none"> Saturday only- 9:30 - 11:30 Sunday only - 9:30 - 11:30 	<ol style="list-style-type: none"> \$678 \$678 	<ol style="list-style-type: none"> \$814 \$814
Holiday Camps			
Christmas Camp Dec 27th – 31st	<ol style="list-style-type: none"> Daily- 9:30 - 11:30 	\$362	\$434
New Years Camp Jan 2nd – 5th (4 days)	<ol style="list-style-type: none"> Daily- 9:30 - 11:30 	\$289	\$347

ADULT RACE TRAINING

DESCRIPTION

Improve your racing skills by participating in this program. Your coaches will tailor a training program to reflect your ability and work with you to improve your ski technique and how to apply those skills in a racecourse. Expect to spend about 80 percent of your time skiing through racecourses with the balance focused on improving your technique. Giant Slalom and Slalom environments will be set. Protective equipment is recommended for Slalom. **A closed-ear helmet is mandatory for both events.**

Please Note: For safety & quality reasons, we have restricted the number of participants to 35 per session.

MEETING AREA- Training Hill - schedule will be emailed indicating discipline and hill space.

**Please note that the rate posted includes the mandatory fundraiser donation of \$25. Additional HST will be applied.*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	<ol style="list-style-type: none"> Saturday only- 9:30 - 11:30 Sunday only - 9:30 - 11:30 	<ol style="list-style-type: none"> \$678 \$678 	<ol style="list-style-type: none"> \$814 \$814
Holiday Camps			
Christmas Camp Dec 27th – 31st	<ol style="list-style-type: none"> Daily- 9:30 - 11:30 	\$362	\$434
New Years Camp Jan 2nd – 5th (4 days)	<ol style="list-style-type: none"> Daily- 9:30 - 11:30 	\$289	\$347

FAST AND FEMALE

SKI RACE TRAINING FOR WOMEN ONLY

DESCRIPTION

If you like skiing and racing with your female friends, this program is for you. The Program is designed for female skiers and racers who wish to improve their skiing and race results or want to have fun skiing with a group. You will ski with a coach focusing on technique and skiing through courses tailored for the skiing ability of the group. **A closed-ear helmet is required.**

Please Note: we require a minimum of 5 to offer the program.

MEET AT TOP OF NATIONAL CHAIR

**Please note that the rate posted includes the mandatory fundraiser donation of \$25. Additional HST will be applied.*

Program	Program Options	Early Bird	After Nov 15
WEEKEND PROGRAM Jan 6th - March 3rd	<ol style="list-style-type: none"> Saturday only- 9:30 - 11:30 Sunday only - 9:30 - 11:30 	<ol style="list-style-type: none"> \$678 \$678 	<ol style="list-style-type: none"> \$814 \$814
Holiday Camps			
Christmas Camp Dec 27th – 31st	<ol style="list-style-type: none"> Daily- 9:30 - 11:30 	\$362	\$434
New Years Camp Jan 2nd – 5th (4 days)	<ol style="list-style-type: none"> Daily- 9:30 - 11:30 	\$289	\$347

GDHL

GOING DOWNHILL LEAGUE

DESCRIPTION

One of the club's oldest traditions, the Going Down Hill League (GDHL) is Craighleith's adult racing house league. The season offers a series of 7 weekend races in January and February with your choice of individual or team scoring. If you're new to the club or just curious as to what racing is all about, the GDHL is a great way to meet people and experience ski racing. Racers have a wide range of ages and abilities. As long as you are 18 and can get down a racecourse, you're eligible! For many more details covering various aspects for the GDHL please visit www.gdhl.org.

Besides the races, there is a social Calcutta evening in early January and a banquet to close the season. All racers and other members are invited to attend these events. GDHL'ers of all abilities can be found at the bar or patio after a race, enjoying a well-deserved refreshment. The GDHL community is a great place to meet like-minded members that are new or tenured, young in age or young at heart, highly skilled or new to the sport.

The 2024 Season Is Projected To Include:

- At least 2 Giant Slalom Races
- At least 2 Slalom Races
- Dual Slalom
- Evening Race under the lights
- Super G
- GOOD TIMES

****Training is not included in your GDHL fee. If you're interested, check out the [Adult Programs page](#)****

Please note that the rate posted **includes the mandatory **fundraiser donation of \$25**. Additional HST will be applied.*

Program	Program Options	Early Bird	After Nov 15
35 & Under (18 +)	All events and the schedule will be sent to registered participants and will be available on www.ghdl.org Saturday or Sunday race events	\$80	\$100
36 & Over	All events and the schedule will be sent to registered participants and will be available on www.ghdl.org Saturday or Sunday race events	\$220	\$260



FRIDAY TRAINING

JUNIOR FRIDAY TRAINING

DESCRIPTION

Friday Training gives the athlete an opportunity to gain some extra mileage and is a supplement to the regular 9 week program. **To ensure proper ratios and provide quality coaching, your attendance must be confirmed via online registration ONLY by WEDNESDAYS.** NO registrations will be accepted after Wednesday.

Please note that Friday Training is for students that can ski at a **high level** and want to advance their skills further. This training is not for students learning ski basics or not able to ski all the hills Craigleith has to offer. We also ask that students can ride the chairlift safely without an adult and can reach the bar. This is due to the fact that Fridays are quieter at the club and there isn't always an opportunity to ride the chair with an adult.

AGES- For ages 6-18 yrs

**MEETING AREA- U8- SOUTH LODGE SKI LOCKERS
U10- BASE OF NATIONAL
U12 and Up- NORTH LODGE**

*HST to be applied to athletes 15 years and older

****Minimum of 5 required to run each age group***

Program	Schedule	Rate Per Day
Available FRIDAYS from Jan 12th - March 1st	9:30 – 12:30, 1:15-3:15	\$80

FREESTYLE TERRAIN PARK FRIDAY TRAINING

DESCRIPTION

Friday Training gives the athlete an opportunity to gain some extra mileage and is a supplement to the regular program. **To ensure proper ratios and provide quality coaching, your attendance must be confirmed via online registration ONLY by WEDNESDAYS.** NO registrations will be accepted after Wednesday.

Please note that Friday Training is for students that can ski/ snowboard at a **high level** and want to advance their skills further. This training is not for students learning ski basics or not able to ski all the hills Craigleith has to offer. We also ask that students can ride the chairlift safely without an adult and can reach the bar. This is due to the fact that Fridays are quieter at the club and there isn't always an opportunity to ride the chair with an adult.

AGES- For ages 6-15 yrs

MEETING AREA- SOUTH LODGE BACK DECK

*HST to be applied to athletes 15 years and older

***Minimum of 5 required to run**

Program	Schedule	Rate Per Day
Freestyle Ski- Available FRIDAYS from Jan 12th - March 1st	9:30 – 12:30, 1:15-3:15	\$80

ADULT FRIDAY RACE TRAINING

DESCRIPTION

We will be offering 4-hour on-hill clinics every Friday beginning January 12th, 2024. The program will run a morning session beginning at 9:30 a.m. and an afternoon session at 12:30 p.m. You may purchase a full-day or a 2-hour half-day session. The focus will be on gate training and technical skill development through training and drill courses. Training will be conducted by top-level C.S.I.A/C.S.C.F Coaches. Helmets are mandatory when training gates. ATTENDANCE MUST BE CONFIRMED BY WEDNESDAY PRIOR - NO DAY OF REGISTRATIONS WILL BE ACCEPTED.

MEETING AREA- Training Hill - schedule will be emailed indicating discipline and hill space

*HST to be applied to athletes 15 years and older

***Minimum of 5 required to run**

Program	Schedule	Rate Per Day
Available FRIDAYS from Jan 12th - March 1st	AM Session- 9:30 – 11:30 FULL DAY- 9:30- 11:30, 12:30- 2:30 PM Session- 12:30-2:30	\$80 \$103 \$80