

2022



CREATING
A C C E S S
TO TRANSFORM LIVES

YEAR IN REVIEW





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ABOUT GCSCORED, INC.

Organization's History, Mission, Programs & Operations

The Global Center for Systemic Change Outcomes Research, Evaluation & Development (GCSCORED, Inc.) as a female, black owned 501c3 non-profit organization has been in existence since 2013. Dr. Larrier, founding director of GCSCORED has over 30 years in the field of mental health, education and research and has utilized her vast experiences and expertise to birth and grow GCSCORED.

We all face challenges at home, school, work and in our communities, and these challenges are rooted and entwined in intra and interpersonal relationships. These challenges can become barriers to individuals forming supportive and healthy relationships with themselves and others.

GCSCORED specializes in Relationship Capacity Cultivation- this is the process of developing and strengthening the MARKERS™ that individuals in homes, schools, workplaces, communities, organizations, and institutions need to

survive, thrive, adapt, and grow in a fast-changing world. We accomplish this through our three divisions, the Institute for Social-Emotional Education(ISEE), the Listening Oasis Wellness Space(LOWS); and the Journal of Global Engagement and Transformation(JGET). These three divisions under GCSCORED are used to educate and equip individuals of all ages, stages, races, orientations, abilities, beliefs, languages and cultural practices with the social-emotional skills necessary to become conscious problem solvers and their own life coaches. Ultimately, people become empowered to be the best version of themselves.

The Cultivating SEEDS System (CSS®) Framework and the RUMERTIME Process® are GCSCORED's mechanisms to deliver social-emotional competencies to individuals at every developmental stage, across diverse settings, locally and globally.

PURPOSE

Building Relational Capacity in Individuals, Families, Organizations and Communities.

MISSION:

To Renew Minds, Transform Lives and Create Safer Communities.

WHY STATEMENT:

To help you become a Conscious Problem-Solver and an Empowered Life Coach.

VISION

Individuals of all ages living their best lives in resilient settings and societies where all individuals, institutions and communities are fully engaged and where “Every Piece Matters.”

President's Message



I give honor, praise, and glory to God for His goodness to my family, the hardworking GCSCORED team, and all our supporters, partners, and donors. I do not take God's goodness and your support, partnership, or donations for granted. I've come this far by faith, standing on His promises and daily walking out His plans for my life and the mission of GCSCORED.

2022 was a year of intentional relationship capacity cultivation. In relationship cultivation, as with gardening, the work of sowing, planting, nurturing, and harvesting can be arduous and lengthy. Yet when the correct essential growth elements are in place, the soil is nourished, and well-equipped gardeners or cultivators remain engaged and empowered, the challenges and

the days to harvest pale in comparison to the bounty of delicious fruits that result from the process of cultivation.

GCSCORED is committed to engaging, educating, equipping, and empowering individuals of all ages, stages, races, abilities, and other socio-demographic factors across the globe with effective and culturally responsive relationship capacity cultivation tools.

As I reflect on the partnerships we've established, and the cultivation sessions we've conducted this year, I can't help but feel a sense of satisfaction regarding the hundreds of individuals who've gained access to social-emotional education and wellness support because of GCSCORED's commitment to Renewing Minds, Transforming Lives, and Creating Safer Communities.

As I continue to reflect on 2022, I think about what Rodney Dale, the Assistant Chief Firefighter, said regarding the impact of GCSCORED's 10-week Wellness Champion training, "This training has made me think about my trauma for the first time and how these tools are helping me to have better relationships with others."

I think about Javion an 11-year-old African American male who participated in our RUMERTIME Family Summer Camp and wrote about how life-changing attending the camp has been for him and his family.

I think about Cassie who has been prescribed over 13 different types of medications and once she learned about and began practicing the RUMERTIME Process® she didn't need her medications any longer.

I think about Octavia who was able to stop smoking after years of trying to stop, once she began practicing the RUMERTIME Process® she was able to stop smoking.

I think about our partnership and cultivation training session work with South St. George Primary School in Grenada. I also think about our partnership with Broward County School Social Workers in Florida and here is what the leadership had to say, "this training should be mandatory for all mental health practitioners, actually everyone who works with people needs to be trained in this program."

The list goes on and on.

Today, in the sunset of 2022, I assess the garden entrusted to me. I gather the baskets of fruits(successes and failures) and seeds(potentials, plans, and projects), and I remain poised to move into the garden of 2023 being a wiser, and more reflective relationship cultivator and leader of relationship cultivators.

With God's goodness and grace, I look forward to 2023 when GCSCORED celebrates its 10th anniversary. I look forward to you joining the GCSCORED family in our year-long celebration as we look back over the gardens that God has entrusted to us over the past 10 years and look forward to many more years as relationship cultivators.

Thank you for being a relationship cultivator, supporter, partner, learner, advocate, and champion in 2022. Regardless of the stage of relationship cultivation that you feel competent at, or the tools that you use for cultivating your relationships at home, school, work, or in the community, we look forward to you joining us in celebrating GCSCORED's 10th anniversary in 2023.

Rumerizingly Yours,
Yvonne Murray-Larrier, Ph.D., LPC, NCC,
Founding President of GCSCORED

Board of Directors

<p>Yvonne Larrier Founding President</p>	<p>Geneva Fleming Vice President</p>	<p>Catherine Luces Caribbean Director</p>
<p>Walter Murray CFO</p>	<p>Nephtalie Eugene Business Development/ Social Media Consultant</p>	<p>Carolyn Gentle-Genitty Higher Education Consultant</p>
<p>Calisha Hyacinth Purcell Charles Eastern Caribbean Director</p>	<p>Anna Maria St. Juste Programs & Administrative Coordinator</p>	<p>Arline Edwards-Joseph Director of Educational Services</p>
<p>Vanessa Kelleybrew Clinical Mental Health Consultant</p>	<p>Monica Allen Public Health Consultant</p>	<p>Denise Nduwku School Counseling Consultant</p>

A photograph of a person sitting on the grass, wearing a white t-shirt and blue jeans. They are holding a small green plant with soil in their hands. The background is a blurred green field.

Goal # 1

To increase access to the de-stigmatized and de-mystified problem-solving strategy RUMERTIME Process® so that individuals in diverse settings locally and globally can become conscious problem solvers and empowered life coaches as they acquire healthy social-emotional MARKERS®.

Goal # 2

To Engage, Educate, Equip, and Empower individuals to effectively utilize relationship cultivation skills as they renew their minds, transform their lives, and create safer communities.

What is Wellness?

Wellness is a choice of lifestyle marked by a balance of body, mind and spirit.

SEFA® Training for RUMERTIME Prevention Intervention Specialists (RPISSs)

Social-Emotional First Aid® (SEFA®) is a culturally-responsive five-step problem-solving training course that educates, equips and empowers participants to Recognize, Understand, Manage, Express and Reflect on their Thoughts, Interactions, Mindsets, and Emotions as it relates to self, others and life situations

The poster for the SEFA 4 Me course features a blue and yellow color scheme with wavy patterns. At the top left is the logo for the Institute for Social Emotional Education (ISEE), a division of GC SCORED. The title 'My Story SEFA 4 Me' is written in a white, cursive font. Below the title, a list of course benefits is provided: '+Each module Activities', '+Course Facilitators Support available', '+Access to our RUMERTIME Guided Activity Journal', '+Certificate of Full Immersion', '+Unlimited access to our Listening Oasis', and '+Access to our SEFA 4 Me Community'. The course details '5 Modules' and '3 Weeks Course' are listed, along with the price 'Buy \$125.99'. A 'Get Started' button is located at the bottom right. Three Polaroid-style photos are overlaid on the poster, showing a person sitting on a stage with lights, a person standing on a stage, and a person sitting on a stage. The GC SCORED logo with the tagline 'Every Piece Matters' is at the bottom right.

INSTITUTE FOR SOCIAL EMOTIONAL EDUCATION
A DIVISION OF GC SCORED

My Story

SEFA 4 Me

A course focused on your own story.

- +Each module Activities
- +Course Facilitators Support available
- +Access to our RUMERTIME Guided Activity Journal
- +Certificate of Full Immersion
- +Unlimited access to our Listening Oasis
- +Access to our SEFA 4 Me Community

5 Modules
3 Weeks Course
Buy \$125.99

[Get Started](#)

GC SCORED
Every Piece Matters

“As Air is to Life, so are Social-Emotional Competencies to Relationships. They are like the air we breathe”

-(Dr. Yvonne Larrier, 2017)



Engagement Numbers for 2022

RUMERTIME: Social Emotional Education & Wellness Support

APPROXIMATELY
3500+ individuals

Wellness
Champion
Trainees:

180
individuals

70
individuals

Fully trained
Wellness
Champions

Supervision Hours:

approx. 2000 hours
of supervision
conducted

COUNTRIES:

- » Antigua & Barbuda
- » Bangladesh
- » Barbados
- » Canada
- » Chad
- » Columbia
- » Dominica
- » Dubai
- » England
- » Ghana
- » Grenada
- » India
- » Indonesia
- » Jamaica
- » Kenya
- » Kuwait
- » Malawi
- » Mexico
- » Mozambique
- » Nepal
- » Nigeria
- » Pakistan
- » Saint Lucia
- » Saint Vincent & the Grenadines
- » South Africa
- » South Korea
- » Trinidad & Tobago
- » Uganda
- » Ukraine
- » United States
- » Venezuela
- » Zimbabwe

Approx hours of SEWS:

5000 hrs

JANUARY 2022

- 2 ARC Podcasts in January.
 - TOPICS-Empathy Expressed in Everyday Experiences.
 - MLK DAY - Access RUMERTIME Conversations Podcast.
 - Collaboration with CREDO Foundation Trinidad& Tobago.
 - Proposals submitted to several organizations, such as Caribbean Development Bank.
 - Collaboration with Center for Community Justice, Elkhart, Indiana.
 - Collaboration with West Penn Sports and Culture Organization-Trinidad & Tobago.
 - Collaboration with Trinidad and Tobago Community Police Unit.
 - Collaboration with Embassy of Grenada to the United States of America.
-

FEBRUARY 2022

- ARC Podcasts - RUMERTIME Conversations (2nd & 4th Monday).
 - SEFA Training-Broward County School Social Workers.
 - Creation of Sowing SEEDS with my TIME Elementary to High School Instructional Video Series.
 - Black History Month Awareness- Cultivating Cultural Responsiveness Webinar.
 - Webinar-Cultivating Cultural Responsiveness in Diverse Places & Spaces.
 - Proposals submitted to organizations such as: UNESCO, Massy, etc.
 - The Journal of Global Engagement & Transformation (JGET) was added to EBSCO Host.
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MARCH 2022

- ARC Podcasts (2nd & 4th Mondays from noon to 1p.m).
- SEFA training for Nigeria Wellness Champion Trainees.
- Helping the Helper to Help: Vicarious Trauma Training (Trinidad & Tobago Community Police).
- Promotion and Advertising of RPIC and Wellness Champion Training Sessions.
- Plan International Proposal submitted to work with young women in Malawi.
- Multiple grant proposals submitted.
- Collaboration with PSI Giansanti in Florida.
- Dr Larrier delivered Keynote address with Broward County School Social Workers
- Incorporation of GCSCORED Eastern Caribbean in Grenada



APRIL 2022

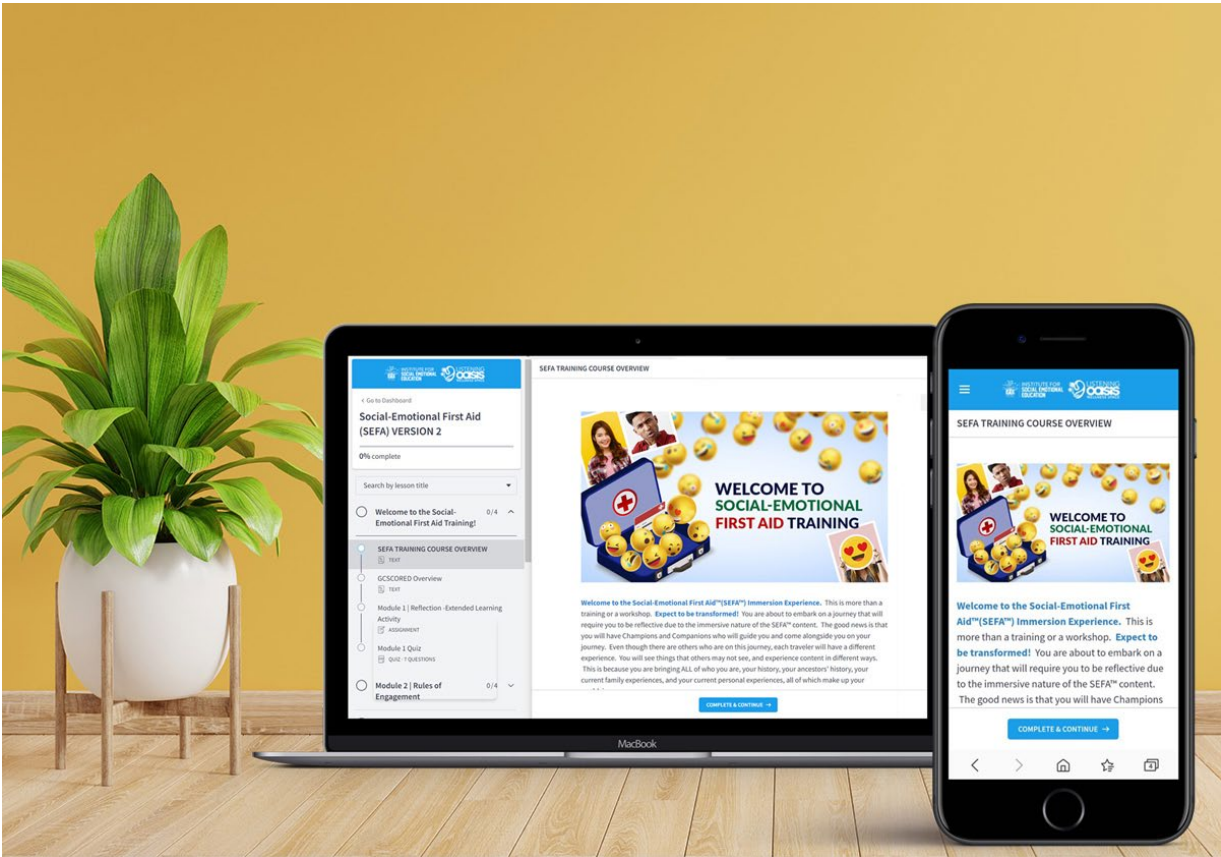
- ARC Podcast 2nd and 4th Mondays.
 - Collaboration with Hugs Jamaica.
 - Commencement of Wellness Champions training -(22 persons from Nigeria, Malawi and across the Caribbean.
 - Social-Emotional Wellness Support Meeting with EncourageHers international group.
 - Meeting with NOHS and Partnership with NOHS.
 - Creation of SEFA Training for Survivors and Thrivers of COVID-19.
 - Proposals submitted.
 - Promotion of Summer Camp and opening of Registration Process.
-

MAY 2022

- SEFA One Day Virtual Workshop.
 - Submission and acceptance of manuscript Title: The Intersection of Diversity, Equity, and Inclusion and Social-Emotional Competencies by Journal of Business & Social Science Review (JBSSR).
 - Dr. Larrier was a panelist with the Civil Rights Heritage Center on the topic: Racism is a Health Crisis: Intersections of Mental Health & Public Safety.
 - Dr. Geneva Fleming and Dr. Larrier registered to present at (virtually) NOHS- National Organization for Human Services.
 - Walden University Field placement site agreement.
 - DEI blogs shared on GCSCORED website and LinkedIn.
 - Broward County SPARKS program completers receive SEFA training certificates.
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JUNE 2022

- Expanded SPARKS program with Broward County. Includes all Broward County School Social Workers.
- SEFA One Day Training.



JULY 2022

- RFSC Virtual 2022.
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AUGUST 2022

- Video recordings of RUMERTIME Instructional Tools.
 - Back to School Campaign launched.
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SEPTEMBER 2022

- Global group connection with CCJ.
- Zimbabwe, Chad, Nigeria, South Korea, Bangladesh, Mozambique, Mexico, Indonesia, Ukraine, Columbia, Nepal.
- Face to Face Training with Broward County Sparks Program.
- ARC Podcast Back to School Special Edition.
- Back to School Campaign continues.

OCTOBER 2022

- Dr. Larrier gave graduation speech with XYConnexion.
- Launched It's My Story| SEFA 4 ME Course at ISEE.
- Donation of CSS Framework materials to the South St George Government School in Grenada.
- ARC Podcasts (2nd & 4th Mondays).
- Recognition of Suicide Awareness Month.



It is well known that **MENTAL HEALTH** is a taboo topic in communities of **COLOR** both locally and globally.

HELP ERASE THE STIGMA!
Help break down barriers for those seeking help!

www.everypiecematters.com



It is well known that suicide rates among the LGBTQ+ community are rising.

Help erase the stigma! Help break down barriers to those seeking help!

The Listening Oasis Wellness Space(LOWS) can support you without stigmatizing you.

BREAKING BARRIERS

www.everypiecematters.com/lows



NOVEMBER 2022

- Giving Tuesday Campaign.
- Recognition of 16 days of Activism.
- ARC Podcast with Naomi Cills.
- Recognition of International Stress Awareness Day Nov 2nd.



GC SCORED
Every Piece Matters

2022 **WORLD Mental Health**

Make Mental Health & Well-Being for All a Global Priority
www.everypiecematters.com

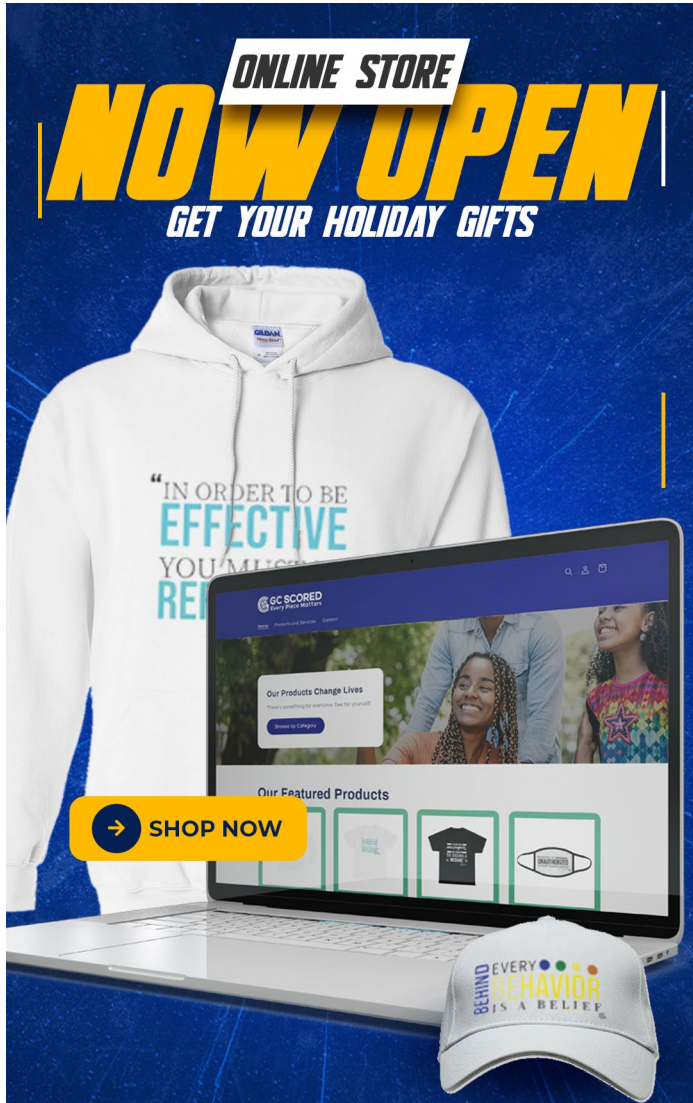


Help give access
to the world



DECEMBER 2022

- Launch of our 10 year Anniversary events.
- Launch of the GCSCORED Shopify Store.





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www.everypiecematters.com/isee
GCSCORED.MYSHOPIFY.COM



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YEAR IN REVIEW